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Reston **CONNECTION**

Greater Reston Arts Center
Northern Virginia Fine Arts Festival
May 17 & 18 • 10 am - 6 pm

Art Fills Town Center

NEWS, PAGE 3

Thousands of people attended last weekend's Northern Virginia Arts Festival in Reston Town Center to see the work of 185 participating artists.

OPINION, PAGE 8 ♦ FAITH, PAGE 16 ♦ REAL ESTATE, PAGE 17 ♦ SPORTS, PAGE 18 ♦ CLASSIFIEDS, PAGE 20

PHOTO BY LEAH KIEFF/THE CONNECTION



\$105 Million Solution?

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Pedaling To Work

NEWS, PAGE 5

MAY 21-27, 2008 ♦ VOLUME XXII, NUMBER 21

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NEWS

RESTON CONNECTION EDITOR STEVEN M. MAUREN
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"We come every year, love the artwork, love the people and we love how willing they are to share their art," said Susan Klotz, of Herndon.



"We like to come every year it's a great celebration of Reston and art," said Nina Redlin of Reston.

Art Fills Town Center

Annual festival attracts thousands of visitors.

BY LEAH KIEFF
THE CONNECTION

Thousands of people came to the Reston Town Center this weekend to see the work of 185 artists participating in this year's Northern Virginia Arts festival. Every year since 1991 Greater Reston Art Center has helped organize the event. Two different live entertainment venues featured many different genres of music.

"What's nice about the festival is it draws high quality artists and GRACE does a great job putting it together."

— Connie Slack of Reston

"The festival helps us to meet our mission of enriching community life; a lot of people who may never go to a museum or gallery get to see art in a more accessible way and get to interact with the artists," said Joanne Bauer, the exhibition director of GRACE.

For local artist Ann Marie Williams of Reston, a first-time participant, GRACE has been "important in my life because it has introduced me to art

patrons in Reston and all their events have been top notch. A lot of areas don't have an organization like GRACE that highlights the fine arts," she said.

This year more than 800 artists applied. In the fall their work was judged for entrance into the festival. The work is judged again at the festival and there are 12 awards presented: GRACE gives 11 and Glenn Davis, a local collector, gives the 12th.

Elaine Rader of Blue Ridge, Ga., a second-time participant, said, "I applied because I know it's a well juried, high quality art show. Its reputation precedes it." Rader continued, "when I came here in '98, there wasn't half these buildings here, the growth is really impressive."

EIGHT OF THE FESTIVAL'S artists are participating in GRACE's mentoring program in the local schools. The community-school cooperation is evident in the number of Herndon High School students volunteering at the event.

The art teacher at Herndon High School, Eileen Murphy, serves on the board of GRACE and several of her students were volunteering in the children's activities. Senior Herndon High art student Kitty Sitterson, one of the volunteers, said GRACE is important because "it's free, so you can just walk in and see any kind of art and the people there will just walk up to you and talk to you and get you involved and it's important to have that in the Reston/Herndon area."

SEE ART. PAGE 12

Ann Marie Williams, of Reston, Mixed Media, said this was her "first time participating but I've attended before."



\$105 Million Solution?

Local transportation leaders discuss funding options for rail station access improvements.

BY MIRZA KURSPAHIĆ
THE CONNECTION

While rail advocates are looking to improve the rail extension project and receive funding to bring metro out to Dulles Airport and into Loudoun County via Reston, local communities are grappling with planning for the arrival of future metro stations. In Reston, the Reston Metrorail Access Group (RMAG) now has a set of conclusions as to what improvements are needed to manage access to the two future stations at Wiehle Avenue and Reston Parkway.

"It was key to identify projects that would make the transit project work."

— Catherine Hudgins,
Hunter Mill District Supervisor

"It was key to identify projects that would make the transit project work," said Fairfax County Supervisor Catherine Hudgins (D-Hunter Mill). She said that transportation needs and priorities in the Reston community are now identified, which gives Fairfax County a list of projects the Reston community desires to have completed.

Appointed by Fairfax County, RMAG was a 21-member task force that included transit, bicycle and pedestrian advocates as well as planners and other members of the community to assist Vanasse Hangen Brustlin (VHB), the project consultants, in identifying accessibility issues and needed improvements. "I am impressed with the way we came up with the list [of improvements]," said Hudgins. "The community was on board."

"I thought the consultant did a very good job," said Bruce Wright, a Reston resident and bicycling advocate who was on the task force. "I thought they listened to what the community was telling them were priorities."

SEE \$105 MILLION, PAGE 4

WEEK IN RESTON

RA Pool, Tennis Passes On-line

Reston Association is encouraging members to not wait in line, but to buy on-line, their pool and tennis passes for the 2008 season. Passes can be purchased by visiting www.reston.org and clicking on the "Shopping and Assessments" link to the left of the homepage. Everyone ages 1 and up visiting Reston's pools and tennis courts needs to have a 2008 RA Pool and Tennis Pass. Passes can also be purchased in person at the Reston Association main office, 1930 Isaac Newton Square, in Reston. Call 703-435-6530 for more information or visit www.reston.org.

AAUW Reviews Legislative Session

The Reston-Herndon branch of the American Association of University Women (AAUW) will host a review of the 2008 Virginia General Assembly session. State Sen. Janet Howell (D-32) will host the review on Thursday, May 22, at the Reston Regional Library, starting at 6:45 p.m.

The meeting will also honor Reston-Herndon branch member Ruby Joyce, recognizing her 50 years of membership in AAUW. The meeting is open to the public. Guests will include members of the Vienna Area Branch of AAUW and the National Council of Negro Women – Reston Dulles Section. For more information contact Carol Van Evera at 703-759-5543 or cvanevera@cox.net.

Instrument Petting Zoo

Reston Community Orchestra is sponsoring an Instrument Petting Zoo where children are encouraged to hear, touch and learn about the instruments in the orchestra. A concert will accompany the event, with the theme "It's All About Youth!" No admission fee will be charged, although good-will contributions will be accepted. The concert is the final program of RCO's 20th Season and will be held at 4 p.m. on Sunday, May 25, in the main hall of the Reston Community Center at Hunters Woods, 2310 Colts Neck Road in Reston. Young talent, including South Lakes High School students, will also play at the free concert and a professional ensemble, the Washington Saxophone Quartet, will make an appearance.

Public Art Forum

The Initiative for Public Art — Reston (IPAR) will hold a public forum on public art on Thursday, May 29 from 7 to 10 p.m. at Reston Community Center's CenterStage, 2310 Colts Neck Road. A reception will be held at 6:30 p.m. The "Imagine Art Here" forum is a step in stimulating a community-wide discussion about the role that public art can play in urban community life. It is the first public event associated with the Master Plan for Public Art that IPAR is developing. Guest speakers will include Angela Adams — public art administrator, Arlington County Cultural Affairs — artist Larry Kirkland and urban design experts Todd Bressi and Meridith McKinley.

Football Hall of Fame Raffle for HHS

The Herndon High School PTSA is raffling off a football hall of fame package to benefit the school's All Night Grad Party. The package includes four tickets to the induction ceremony — the honorees include Redskins Art Monk and Darrell Green — four tickets to the game, four tickets to the Football Hall of Fame, three night hotel stay and two lunches and two dinners for four. "The tickets are really hard to come by," said Ann Marie Ruskin, the Herndon High School PTSA President.

The tickets for the raffle are \$10 each or \$25 for three. They can be purchased on the Herndon All Night Grad Party Web site at <http://herndonang.googlepages.com>. The deadline to buy the tickets is June 1. Visit the Web site for the rules. The drawing will take place on June 11 at the Herndon High School Senior Night. The Hall of Fame festival in Canton, Ohio, will take place Aug. 1 to Aug. 4.

NEWS

Looking for \$105 Million

FROM PAGE 3

THE LIST of improvements, however, also came with a list of costs associated with constructing those improvements. The VHB team concluded that in 2007 dollars, an estimated total of \$105,130,800 would fund the capital costs associated with the two stations' access management. Capital costs included almost \$70 million for roadway improvements, more than \$27 million for pedestrian and bicyclist improvements and almost \$8 million for vehicles — more buses — and facilities — garage space — in transit improvements. An additional \$15,248,575 annually would fund a feeder bus system between the two stations.

"It is going to be difficult," said Wright of finding the funds needed for the improvements. "I don't have a good answer for that. I don't know how it's all going to be funded." Wright said he assumed some sort of a bond issue would be required.

Hudgins admitted she was sticker-shocked after seeing the amounts, but said the challenges of finding funds could be met. RMAG chair Patti Nicoson said the idea is to place the list into the county's comprehensive plan and she and other advocates are planning meetings with the county's planning and transportation commissions. "The reason why we want to get them [the improvements] into the plan is there will be a lot of redevelopment," said Nicoson. "We could include improvements as part of a proffer package." Nicoson said there are properties on either side of the Dulles Toll Road that are undergoing plans for development, including Fairfax County's property near the future Wiehle Avenue station. The developers will want to have direct access to metro stations because, as studies have shown, direct access to metro stations increases the rent the tenants are willing to pay. Nicoson said the Urban Land Institute found rents increased by 15 percent when direct access to metro was provided.

Hudgins also said new development along the future metro line and near the stations could help pay for some of the improvements. The list of needed improvements RMAG and VHB developed will help county staff when looking into conditions for new development. "When a new development comes on, we now have a list with an infrastructure need that needs to be addressed," said Hudgins.

Nicoson added that new development is not the only possible source of funding for the improvement projects. She said federal grants for pedestrian improvements, special tax districts and community development associations could be established. She added that Virginia Department of Transportation (VDOT) representatives have been meeting quarterly with Reston's transportation advocates to discuss transportation priorities and possible avenues to fund them.

NICOSON ALSO broke down some of the costs associated with the RMAG study. She said one of the major expenses is \$42 million for another crossing over the Toll Road, one that would connect Soapstone Drive to the Wiehle Avenue Station. There is a thought behind the project to dedicate the crossing to transit — bus — as well as bicycle and pedestrian users. "RMAG thought that was a high priority item and it would do a lot to mitigate the traffic"

PHOTO FROM THE DULLES CORRIDOR METRORAIL PROJECT



Sketch of the planned Wiehle Avenue station.

near the Wiehle Avenue station, said Nicoson. Other projects of high priority on RMAG's list include a set of intersection improvements, including the intersection of Sunrise Valley Drive with Reston Parkway. Under the current intersection design, cars making a right turn off of Sunrise Valley Drive onto Reston Parkway can do so at high speeds. However, tightening the intersection would make the motorists slow down and pay attention to pedestrians before making that right turn.

Some of the smaller projects suggested for access management are more feasible than, for example, the \$42 million Toll Road crossing, said Nicoson. One such project, one that RMAG found to be a priority, is a \$2 million project to create a grade separation for the W&OD Trail at Wiehle Avenue, the most accident-prone intersection for bicyclists in Fairfax County.

"There's a high crash rate there," said Wright. "Grade separated option is the best, but it is also costly," he said. Wright added that other solutions are possible to improve the intersection, including double traffic lights. Another option is to strengthen the crosswalk laws in Virginia and the enforcement at the intersection.

AN EXAMPLE of a project that is not of highest priority is creation of dedicated bus lanes on Sunset Hills Road. It would be nice to have that, said Nicoson, but the \$8 million project is not considered a high priority by RMAG.

The final VHB report looked at estimated projections of the Reston community in the year 2030. It recognizes that "some level of vehicular congestion in the area is unavoidable and that the safety and convenience of the other modes [of transportation] should be considered more important than reducing the level of congestion." The report goes on to state that many of the projects listed in the metro access management plan are necessary regardless of whether those stations are ever built. "Despite the obstacles presented to the Dulles Rail extension as a project, many of the projects detailed in this report should still be pursued by Fairfax County," states the VHB report.

"A lot of the projects are needed whether or not rail comes online," said Wright.

For more information, or to access the study, visit the Fairfax County Department of Transportation's Web site at http://www.fairfaxcounty.gov/fcdot/sam_study.htm.

NEWS

Pedaling to Work

Participation continues to grow at bike commuting event.

By MIRZA KURSPAHC
THE CONNECTION

Reston resident Reid Kiser sat by his bicycle and opened up a huge map to read. It was the first time Kiser laid eyes upon the first-ever Fairfax County Bicycle Map, showing most of the county's existing bike routes. They include preferred and less preferred streets and roads and primary and secondary trails, distinguished from each other by type of surface and stream crossings.

"It's great," said Kiser. "This is really nice. It's good to have something in hard copy." Kiser works from home, so he is not a bike commuter. However, he gets on the bike to go on coffee and lunch breaks or to meet people nearby. "I work from home, but I always ride my bike around," he said.

Kiser joined other bicycle enthusiasts at the Reston Town Center Bike to Work Day on Friday, May 16. Bruce Wright, a bicycle commute advocate and di-



Reston resident Reid Kiser examines the first Fairfax County Bicycle Map during the Bike to Work Day event at Reston Town Center on Friday, May 16.

rector of Fairfax Advocates for Better Bicycling (FABB), said the Reston event, in its seventh year, has grown each year. This year more than 500 bicyclists signed up for the Bike to Work event, compared to 350 last year. "We've expanded every year, this

SEE BIKE COMMUTING, PAGE G

Tapping into Bike Friendly Market

Bicycle store set to open in Reston Town Center.

By MIRZA KURSPAHC
THE CONNECTION

Anew bicycle store is coming to Reston Town Center with a target opening date in July. According to Todd Mader, owner of The Bike Lane, said Reston was chosen because it's a bike-friendly market.

"We are really aware of the bicycle scene in Reston," said Mader, who owns a The Bike Lane store off of Old Keene Mill Road in Burke. Mader added that the store sponsors some of the bicycle events that take place in Reston Town Center, about two or three events per year. "We are very excited to be coming to Reston," he said about the opening of the second location in Reston.

The attention devoted to the customer, not the product sold, is what differentiates The Bike Lane from area bike stores, especially national chains, according to Mader. "A two-store operation is different from nationwide chains," he said. "Being able to serve your customers with a high level customer service and knowledgeable staff is our goal," said Mader.

"The store will be a really nice SEE BIKE STORE, PAGE 13



Bill Hellwig, right, and Chris Harris will be a part of The Bike Lane's Reston team when the new store opens in Reston Town Center in July.



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Fresh World Serves Up Favorable First Impressions

International supermarket opens at Tall Oaks.

By MIRZA KURSPAHC
THE CONNECTION

Tall Oaks Village Center seemed different on Saturday morning, May 17. There was a sense of liveliness and vibrancy as drivers struggled to find a parking space for their car. Others lined up against the curb hoping to load trunk loads of groceries.

"It's quite a few people," said Dave Murray, carrying two or three shopping bags of his own. "I've never seen so much activity over here and I've been here for a long time," said Murray, who had just made his first trip to the new international supermarket at Tall Oaks Village Center. Murray wondered whether the people crowding the parking lot on Saturday morning were locals or whether they came from elsewhere.

Fresh World, a subsidiary of Super Ee, opened its doors on Friday morning, May 16, promising second-to-none produce and international selection and fresh seafood. Murray, who lives within a mile of the village center, said Fresh World was strong in the vegetable department and fish and pretty good in the meat department. Also, he said, the aisles with Asiatic noodles and Hispanic foods were well stocked. "I don't see any weakness," said Murray, adding that he would come back for another shopping experience and decide whether his first impression was the correct one.

"FIRST IMPRESSION, it's good. It's cheaper than Giant," said Madhulika Singh, who works at the Animal Clinic of Tall Oaks. She said the supermarket carries all of the products the clinic needs. "It's very convenient for us," said Singh. "I can get the supplies here," she said.

Kasey Loch, who lives across the street from the village center, said she was satisfied with the variety the supermarket offers. She was also impressed with the \$0.99



The parking lot at Tall Oaks Village Center is full on the first weekend since the Fresh World International Supermarket opened.

gallon of milk and that she could get 20 limes for \$1. She said the Tall Oaks Center has been dead since she moved across the street in January. She was not surprised with the numbers of people visiting the center on Saturday morning. "I kind of expected to see so many people," said Loch.

Sandy Coppage, Loch's mother, came from Fairfax to visit her daughter and to check out the new store. "If offers an incredible selection," said Coppage. "This parking lot has not seen this many cars since you have lived here," she told her daughter.

"IT'S A RELIEF," said Fairfax County Supervisor Cathy Hudgins (D-Hunter Mill) about the store's opening. Hudgins attended a pre-opening party on Thursday night, May 15, and said she was impressed with the available selection of international foods. However, it was the snack aisles that really caught her eye, she said. Hudgins added she was excited about the prospects of what the grocery store could mean to a center that

has had vacancy issues with a number of retail spaces. During a community meeting in late November 2007, John Bone, the vice president for property management at Atlantic Realty Company, estimated that 92 percent of the retail space at the center was occupied. Some of the vacant space, however, had been vacant for years.

Besides the economic benefits of a new anchor at the village center, Hudgins was excited about the social benefits of the new supermarket. "It's a way to meet people, to get to know people," she said.

"It's an absolutely gorgeous supermarket," said Robin Smyers, Reston Association President and board of directors representative for the Lake Anne/Tall Oaks district. "The quality is unbelievable," said Smyers. In particular, Smyers was impressed with the fresh seafood offered at the market. She said the supermarket carried live tilapia and eels, will carry live crabs and lobsters are soon to come. "Fresh seafood, well you can't get much more fresh than that," she said.



Kasey Loch, right, who lives across the street from Tall Oaks Village Center, brought her mother Sandy Coppage from Fairfax for a grocery shopping visit on Saturday morning.



Madhulika Singh loads up the groceries she bought at the new store on Saturday morning, May 17, a day after Fresh World International Supermarket opened.

Growth Seen in Bike Commuting

FROM PAGE 5

year by more than ever," said Wright. He added that gas prices might be affecting ridership as people realize that biking is an effective mode of transportation.

"We are now making sure that biking is a transportation alternative," said Fairfax County Supervisor Cathy Hudgins (D-Hunter Mill). She said the bike map would play an important role in promoting bicycling as that alternative.

Wright considered the county's map an exciting development for bicycle users. He added that the map was printed as a first edition and the county is hoping for input from bikers to help edit the maps for a larger distribution. "It is not perfect," he said of the current edition. Over the next 60 or so days, the county will accept input from bike riders about the necessary changes.

"Your input will be really beneficial to them," said Wright as he addressed bicycle enthusiasts at the Bike to Work event on Friday.

Reston Association president Robin Smyers said she is now employed in Reston and hopes to use a bicycle for her two-mile commute. "I am actually going to try to be like you and commute to work," said Smyers. She told those gathered at Friday's event that they are role models and an inspiration to her and other people considering bicycling as a commute alternative.

Friday's event included a raffle drawing and a bicycle inspection station. The Fairfax County Bicycle Maps were handed out. For more information, or to submit input for the map, visit www.fairfaxcounty.gov/fcdot/bike, e-mail bicycleprograms@fairfaxcounty.gov or call 703-324-BIKE/2453.



Bruce Wright, a leading bicycle advocate in Reston, addresses the cyclists participating at the seventh Bike to Work Day at Reston Town Center on May 16.

SCHOOLS



"Are You Smarter Than a Fifth-Grader?" Fifth-graders from Forest Edge Elementary challenged the Tall Oaks at Reston Assisted Living seniors in a game of "Are You Smarter Than a Fifth-Grader." The event was arranged by activity director, Jocelyn Jackson and assistant principal, Roberta Sherman. Two groups of six competed against each other, picking categories from first grade all the way through fifth grade and ending with the million-dollar question. The final score was 10 to 10. Both students and residents were amazed by the results and eagerly asked when the next match would be.

SCHOOL NOTES

School Notes are for awards and achievements, as well as special events. Send information to schools@connectionnewspapers.com or call 703-917-6434. Deadline is Friday.

Nine Sunrise Valley Elementary students were among the 2,500 students competing in the 2008 National Burt Lerner Elementary K-6 Chess Championship last weekend. The following team members played seven rounds of chess in three days: Shicheng Zhao, Shirley Burt, Annika Lee, Paul Tudan, Oliver Gainer, Jarret Lee, Nikhil Ramachandran, Shiling Zhao, and Nitin Ramachandran.

Melissa Vedder, a fourth-grade teacher at Forest Edge Elementary School in Reston, has been named the 2007-2008 Teacher of the Year by the school's PTA.

Staff members nominated Vedder in the fall, and more than 200 members of the PTA community voted on her and the other two finalists (Nicole Zalkind — a third-grade teacher, and Jennifer Kenney — a special education teacher) this spring.

Vedder was presented the award by PTA President Jeannie Johns during the Teacher Appreciation Week luncheon hosted by the PTA on Monday, May 5th.

Vedder has taught at the school for nine years in grades 1-4. She lives in Herndon with her husband Jim and her two children, Olivia and Mitchell.

News from South Lakes High ♦ The Senior Recital for Choir and Orchestra will take place Wednesday, May 21 at 7 p.m. in the Chorus Room.

♦ South Lakes' Showdown 2008 Volley Boys Game is Thursday, May 22. The freshmen boys will take on the sophomore boys, followed by the junior boys taking on the senior boys in the second match.

♦ The Spring Sports Banquet is Wednesday, May 28 at 6:30 p.m. in the gym.

♦ The Friday Night Live Variety Show is Friday, May 30 at 7 p.m. in the Little Theater.

♦ The Relay for Life is Saturday, May 31 through Sunday, June 1.

Public Art in Reston will take place Thursday, May 29, from 7-10 p.m., at Reston Community Center at Hunters Woods. This new initiative is seeking members interested in drawing up a master plan to place artwork in public places in Reston. Students, take advantage of this opportunity to be involved in the selection of artwork planned for our community and schools! See www.fairfaxtimes.com/news/2007/nov/27/reston-begins-work-public-art-model for more info.

All Fairfax County's 24 high schools have been designated among the most demanding public schools in the country and are featured in the 2008 Newsweek-Washington Post list of 1,358 top U.S. high schools, found at www.newsweek.com. The 1,358 schools represent the top 5 percent of high schools nationwide.

Rankings for Fairfax County Public

Schools are: Oakton High School, 103; Centreville High School, 104; Chantilly High School, 122; South County Secondary School, 139; Herndon High School, 141; Westfield High School, 144; Madison High School, 148; Robinson Secondary School, 214; West Potomac High School, 216; West Springfield High School, 244; Marshall High School, 248; Fairfax High School, 252; Stuart High School, 322; Falls Church High School, 383; South Lakes High School, 515; Edison High School, 746; Lee High School, 791; Hayfield Secondary School, 796; Mount Vernon High School, 855; and Annandale High School, 938.

The Challenge Index measures public high schools' ability to challenge their students. A school's ranking is determined by dividing the number of Advanced Placement (AP), International Baccalaureate (IB), or Cambridge tests given by a school to all its students by the number of seniors who graduated in May or June. The index is designed to identify schools that challenge average students.



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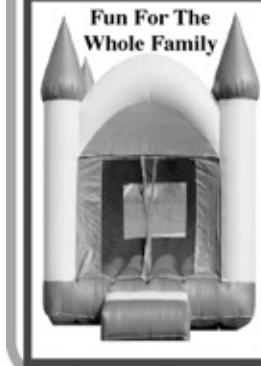
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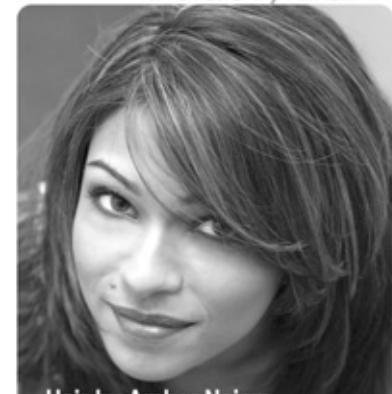
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OPINION

Remembering on Memorial Day

Local families turn grief into service.

Ami Neiberger-Miller of Sterling lost her brother, U.S. Army Specialist Christopher Neiberger, in August 2007 when he was killed by a roadside bomb while serving in Baghdad, Iraq. He was 22 years old when he died.

"He was wickedly funny and empathetic," Neiberger-Miller says, remembering her brother. "In many ways, I feel like I was just beginning to know the man he was becoming."

As we approach the seventh Memorial Day since the beginning of military operations in Iraq and Afghanistan, we recognize that here in Northern Virginia, many local families bear the personal sacrifice that comes with the loss of life there. More than 4,075 U.S. military members have been killed in Iraq and more than 500 more have died as a result of operations in Afghanistan since Sept. 11, 2001.

Many local people have responded to their loss by reaching out and helping others. Since her brother's death, Neiberger-Miller has devoted herself to the Tragedy Assistance Program for Survivors (www.taps.org), which provides peer-based emotional support and other services for families of the fallen.

Scott Kirkpatrick, 26, died on Aug. 11, 2007 in Arab Jabour, Iraq. Kirkpatrick, who graduated from Park View High School in Sterling, and also considered Herndon and Reston as his hometowns, was a champion slam poet. His father, Ed Kirkpatrick, wrote: "Those of us who are already struck by this loss must add the numbers of those who are wounded [to those who have died]. That far greater number and the pain associated with it goes unnoticed and yet it is the one that is most alive around us. My wife and I try to help those at Walter Reed through the Yellow Ribbon Fund (www.yellowribbonfund.org). It was my son's wish that we help the families and soldiers who come back wounded and we try to do all we can to honor him and his last wish." Many of Kirkpatrick's friends also work to raise funds for the Yellow Ribbon Fund.

Beth and Michael Belle of Vienna are mother and stepfather of U.S. Marine Lance Corporal Nicholas Kirven, who, at age 21, was killed in Afghanistan in 2005 during a firefight in a cave with insurgents. He enlisted while still in high school after 9/11. Beth Belle was notified that her son had died on Mother's Day. She also has a special bond with the mother of the soldier buried next to her son at Arlington National Cemetery; both mothers lost their sons on the same day. The other mother lives in Connecticut, so Beth brings extra flowers and tends to her son's grave, as well as Nicholas'. They also hold an annual golf tournament to

raise funds for scholarships they distribute to remember Nicholas.

Xiomara Mena and Rafael Anderson of Vienna are mother and brother of U.S. Army Corporal Andy Anderson, age 24, who was killed by enemy fire during combat operations in Iraq. Rafael will soon deploy to Afghanistan with his National Guard unit (and with his twin brother

EDITORIAL Randy). Xiomara Mena is described as the unofficial "mayor" of the section of Arlington National Cemetery where her son is buried; she is at the cemetery every day.

More than 30,000 soldiers have been wounded in Iraq and Afghanistan. More than a million soldiers have served in Iraq and Afghanistan in that time, with their lives forever changed by that experience.

Those serving in Iraq and Afghanistan are there because of their sense of duty to serve the rest of us, to put their lives on the line to defend the country. They join more than 24 million men and women, veterans, who have made great sacrifice in serving in the military.

A good place to start in showing respect for those now serving would be to provide them with the equipment and services they need while they are there, and the services they will need when they get home, including impeccable, first class health care, and an expanded GI Bill that will provide a college education for every veteran who is so inclined.

HERE ARE the names of some of the local men and women who have died in Iraq and Afghanistan. We repeat these names several times a year to honor their service and to keep their memories in our consciousness.

If you know of someone who should be included in this list, or if you would like to share how you are honoring the memory of a family member or friend lost, or about the progress of someone injured, please let us know.

♦ Staff Sgt. Jesse G. Clowers Jr., 27 of Herndon, died when an improvised bomb exploded near his vehicle in Afghanistan on Aug. 12, 2007.

♦ Jonathan D. Winterbottom, 21, of Falls Church, died in Iraq on May 23, 2007 of wounds inflicted when an "improvised explosive device" exploded near his vehicle.

♦ Nicholas Rapavi, 22, of Springfield, died Nov. 24, 2006 of wounds suffered during combat in Anbar province in Iraq.

♦ Army Cpl. Andy D. Anderson, 24, was killed on Tuesday, June 6, 2006. He and another member of the 46th Engineer Battalion were killed when their camp in Ar Ramadi, Iraq came under "indirect enemy fire during combat operations," according to Department of Defense documentation. He had been a re-

spected football and basketball player at Jeb Stuart High School and had proposed to his high school sweetheart about three weeks before he was killed.

♦ Airman 1st Class LeeBernard E. Chavis, 21, was killed Oct. 14, 2006 by sniper fire in Iraq, trying to protect civilians from a roadside bomb.

♦ Spc. Robert Drawl Jr., 21, who graduated from T.C. Williams High School in 2003, was killed by a bomb in Kunar, Afghanistan, on Aug. 19, 2006.

♦ Capt. Shane R. M. Mahaffee, 36, a 1987 graduate of Mount Vernon High School, died May 15, 2006. He was a lawyer, married, with two children. His parents live in Alexandria.

♦ Maj. William F. Hecker III, a 1987 graduate of McLean High School, was killed in action in An Najaf, Iraq, Jan. 5, 2005.

♦ Ayman Taha, 31, of Vienna, was killed Dec. 30, 2005, when an enemy munitions cache he was prepping for demolition exploded.

♦ Army Capt. Chris Petty of Vienna was killed Jan. 5, 2006.

♦ George T. Alexander Jr., the 2,000th soldier to be killed in Iraq, was literally born into the Army here in Northern Virginia, at DeWitt Army Hospital at Fort Belvoir. Alexander died at Brooke Army Medical Center in San Antonio, Texas, Oct. 22, 2005, of injuries sustained in Samarra, Iraq, Oct. 17.

♦ On Nov. 5, 2005, Lt. Col. Thomas A. Wren, 44, of Lorton, died in Tallil, Iraq.

♦ Marine Capt. Michael Martino, 32, of the City of Fairfax, died Nov. 2, 2005, when his helicopter crashed in Iraq.

♦ Fairfax Station resident Pfc. Dillon Jutras, 20, was killed in combat operations in Al Anbar Province of Iraq Oct. 28, 2005.

♦ Laura M. Walker of Oakton was killed on Aug. 18, 2005, in Kandahar, Afghanistan.

Among other local lives lost: Tavon Lee Hubbard, 24, of Reston; Alexander Wetherbee, 27, of McLean; Jeff Taylor, 25, of Clifton; Nathan B. Bruckenthal, 24, of Herndon; Sharon T. Swartworth, 43, of Mount Vernon; Jim Blankenbecler, 40, of Mount Vernon; Jim Adamouski, 29, of Springfield; DeForest L. Talbert, 22, of Alexandria; Marine Cpl. Binh N. Le, 20, of Alexandria; Russell Verdugo, 34, of Alexandria. Army Capt. Mark N. Stubbenhofer, 30, from Springfield; Marine Gunnery Sgt. Javier Obleas-Prado Pena, 36, from Falls Church; Marine Sgt. Krisna Nachampassak, 27, from Burke; Army Staff Sgt. Nathaniel J. Nyren, 31, from Reston; Marine Lance Cpl. Tenzin Dengkhim, 19, from Falls Church; Navy Chief Joel Egan Baldwin, 37, from Arlington.

— MARY KIMM,
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THE CONNECTION

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OPINION

Another Fork Inn the Road

By KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

I grew up on Crooked Run that connects River Road and Comertown Road near the Town of Shenandoah in Page County, Virginia. I am not sure if Crooked Run was the name of the road or the creek it ran beside, but with the heavy rains of spring they became as one as the creek got up into the road. Sometime after the water subsided a road scraper would come by and scrape the sand and rocks into something that resembled a road. A few years after I left the area the road bed was raised and asphalt was laid on it. Those were my first experiences with the then Virginia Department of Highways that operated under the Byrd Machine's "pay as you go" system of financing.

Virginia is at a fork in the road in its financing of a transportation system that can serve the prosperous state the Commonwealth has become. The General Assembly that was in a state of denial of the problem for many years and that has been bobbing and weaving in its refusal to respond to it in recent times has been called back into special session on June 23 by Governor Kaine to deal with the problem.

The issue of course is how to pay for transportation improvements. But consideration needs to be given to the cost of doing nothing. Based on a Texas Transportation Institute study in 2007, 81 percent of all peak-period travelers in Northern Virginia are trapped in congestion sitting nearly 127,400,000 hours per year in delay wasting 91,000,000 gallons



of gasoline. The cost of congestion in Northern Virginia is estimated by the Institute to be \$2,331,000,000 each year.

The unwillingness of the General Assembly to act in a responsible way to deal with transportation needs has resulted in the already inadequate primary, secondary and urban funds being reduced by 44 percent and the Six-Year Improvement Program being reduced by \$1.1 billion.

At the same time, Virginia as the 12th most populated state is the ninth wealthiest. The national state average gasoline tax is 47 cents per gallon including the 18.4 cent federal tax. Virginia's combined federal-state gas tax at 38 cents is 11th lowest in the nation and was last raised in 1987. The average state retail sales and use tax is 6.02 cents on the dollar. Virginia's rate at 5 cents is tied for fifth lowest in the nation. The average state motor vehicles sales tax is 4.58 percent. In Virginia the tax is 3 percent, tied for third lowest in the country.

As the Northern Virginia Transportation Alliance observed recently, "maintaining a reputation as a low tax state is important. Maintaining a reputation as a state lacking the political will to invest in building and maintaining fundamental transportation infrastructure is a prescription for economic disaster."

Virginia's political leaders are at an important fork in the road. The SEE TRANSPORTATION, PAGE 11

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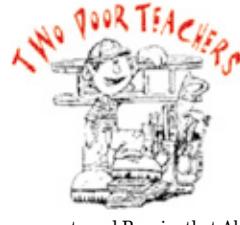
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OPINION

School Board Responds on Budget

The mantra “location, location, location,” really means “schools, schools, schools.” Ours must continue to be the best.

BY DAN STORCK, CHAIRMAN AND
PHILLIP NIEDZIELSKI-EICHNER,
BUDGET CHAIR
FAIRFAX COUNTY SCHOOL BOARD

A member of the Fairfax County Board of Supervisors was recently quoted as saying that whatever amount the county government transfers to the school system, “it is never enough.”

This view belies the financial pressures the School Board faces just to continue to operate an excellent school system that benefits all county residents by attracting and keeping businesses and a workforce that are the foundations of our dynamic economy and high property values.

It is true — as parents, students, and others have told the School Board in testimony, e-mails, and phone calls during the months-long process which led to our final vote on May 22 — that many residents would prefer a school system that spends much more than we do. What parent does not want his or her child in a class of 18 students (the exception), rather than one of 25+ students (the norm)?

But Fairfax County Public Schools has prided itself for decades on its ability to provide an excellent education to a large number of children with widely differing needs at the lowest cost possible. We are nothing if not cost-effective, as any comparison of per-pupil costs with other comparable school systems in the region reveals: nearly \$1,300 less per student than Montgomery County, and over \$5,000 less per student than Falls Church City.

OUR STAFF and the School Board work daily to achieve the best value for the taxpayer. This means that we must sustain a high-performing and highly diverse school system for the least amount of investment. This year, we had made \$33 million in cuts before we submitted our budget to the Board of Supervisors, including millions saved by delaying a maintenance program for an aging infrastructure.

Federal and state unfunded mandates, and a shortfall in local resources, means that we must make further cuts, not in “frills,” but in basic, ongoing costs. We will spend \$22 million, more than half the increase in school funding from the

county, simply to educate the estimated 3,500 additional children who will arrive in our schools this fall. We have done much to reduce demand for commodities to offset increasing costs; buses need fuel, however, and diesel prices are up 70 percent over last year. Fixed costs (such as state pensions) cannot be cut back. Reducing employee compensation below market rates could undermine our long-range ability to attract and retain employees who make excellence possible. It has been difficult to produce a budget that does not require that we “eat our seed corn” by making reductions that will make it more difficult to recover momentum in future years.

EXCELLENT SCHOOL SYSTEMS (like excellent companies) do not sustain their high-caliber performance by standing still, and 21st century needs are different from those of the last century. Expansion of all-day kindergarten and elementary school foreign language to a few schools was intended to signal sustained commitment to these initiatives, similar to the County’s continued funding of set-asides for new affordable housing and storm water management initiatives.

Even with advanced technology, education remains a people business. Eighty-seven percent of our budget goes to employee compensation. Significant reduc-

tions mean fewer employees or limiting compensation; next year’s budget does both: reduces numbers of teachers and limits their compensation to below competitive levels. As attractive as our school system has been for the best teachers and employees, our competitive edge continues to erode as area school systems and other employers intensify their recruitment of these same personnel.

A more rigorous management system is in place, which is strengthening performance accountability. We have much more to do; for example, we will soon conduct a top-to-bottom program review of effectiveness and cost. As bad as this year’s revenue situation is, next year’s looks worse, but we cannot afford to lose our winning edge. The CEO of Volkswagen of America, which recently moved its headquarters to Fairfax County, identified our school system as the number one reason for selecting our community. He said, “The school system is just perfect.”

We greatly appreciate the community’s support, and we value our partnership with the Board of Supervisors. Cost-effective investment that produces quality and high performance translates into college and/or jobs for students and sustained value for homeowners.

And, for forward-focused businesses, the mantra “location, location, location,” really means “schools, schools, schools.”

In Virginia: Tax Not the Fattest of Cats

BY JOHN LOVAAS
CIVIC LEADER AND RESTON IMPACT PRODUCER/HOST

It must be May in Virginia — the legislature has completed its annual ritual of non-accomplishment, the Commonwealth’s budget cannot meet the basic needs of its citizens, and the governor is calling another “special session” to deal with this year’s crisis — transportation.

The nub of the problem again this year is a shortage of funds to pay for central functions of government — transportation. Now, understand, that Virginia gentlemen and ladies are certainly not discussing “transportation” in any modern, say post gas-guzzling automobile kind of way that would focus resources on more efficient modes of mass transit — or even healthy bicycling. No, they mean more good ol’ Virginia roads. No need to change a failed formula now.

THE POSTURING FACTORS pretty much agree on that. And they are in complete agreement on one other point: those most able to pay must not be asked to do so, certainly not proportionately. Republican or Democrat, avoiding burdening the wealthiest (also the founts of campaign cash and favors) has become an absolute among the politicians.

The Republicans control the House of

Delegates — their party position is simple: no taxes, never! Kill funding for public schools, medical care for the indigent and other programs not directly serving royalty.

INDEPENDENT PROGRESSIVE The savings can buy many miles of roads and a bridge or two for Republican SUVs! Led by Governor Kaine, many Democrats propose to pay for roads with a sales tax increase, a tax which falls disproportionately on lower income folks. The sales tax is regressive as hell. Although a Democrat, Tim Kaine is the new kind. He is a no-taxes-on-those-who-can-most-afford-it-and-benefit-the-most kind. He is the guy who eliminated the wealth estate tax, the fairest of them all. Our own Senator Howell, so good on human services projects, went along and is the guy’s kindred spirit on regressive taxing.

A NEW FACTION of Democrats has surfaced, favoring an increase in the tax on gasoline to pay for roads. This is potentially a dangerous departure from SUV worship. It would bring Virginia’s gas tax more into line with others, encourage people to use less oil, and encourage growth of more efficient alternatives. Its only attraction for folks like Senate Majority Leader Dick Saslaw, a gas station owner himself, is that it is also somewhat regressive. Nonetheless,

if adopted at a meaningful level it would be a big public policy plus. What am I thinking? This is Virginia after all!

It seems no career pols dare to suggest the right thing — i.e., restoring a modicum of progressive taxation, beginning with restoring the wealth estate tax and adjusting the tax code to sharply increase the rates on those making over \$200,000 per year, especially unearned income. Real taxes for these folks have dropped dramatically in recent years while their incomes soared. Meanwhile, taxes on middle and lower income folks have increased a little, while their incomes have been flat or worse. When tax rates were more equitable, some people accumulated great wealth, although not the obscene levels we see today. And, the

middle class grew and prospered. Not anymore in America, and certainly not in the Old Dominion!

THE GOOD NEWS this week is the opening of the Fresh World grocery store, replacing Giant at Tall Oaks Village Center. This is a refreshing new kind of store with real international flair plus the basic stuff we all need. Owners Charles and Kenneth Kim from right here in Fairfax County have introduced a real gem of a store. At first glance, it also seems more than competitive price wise. A tip of the progressive’s hat to the Kim brothers and to the community energizers like Tara Coonin Winfree, Robin Smyers and Mike Miller who along with David Ross helped make it happen!

LETTERS TO THE EDITOR

Legal vs. Illegal

To the Editor:

John Lovaas (May 14 issue) deplores the absence of “good public policy” in reference to immigration. He effectively berates the citizens of Herndon for having reelected, as he elegantly puts it, the “anti-immigrant crowd.” Down with democracy, eh John! Mr Lovaas tiresomely employs the word “immigrants” six times without the qualifier

“illegal.” There is an economic need for more immigrants, he says. No doubt, but perhaps he could tell us what he would do to halt the flow of illegals when this flow is sufficient economically even for Mr Lovaas and illegals refuse to stop flowing. What is sovereignty worth if a nation is unable to decide how many immigrants it wants?

All legal immigrants, welcome!

Harry Locock
Reston

OPINION

Back to Transportation

FROM PAGE 9

Governor has a plan that has the potential of solving the problem. The House Republicans say no way. The Senate wants to rewrite it. I am committed to working for a plan that we can get passed. You can be

sure that this leader is not going to go back to Crooked Run. I want to help solve the problem.

Send your suggestions for the special transportation legislative session to me at kenplum@aol.com.

BULLETIN BOARD

To have community events listed in the Connection, send to reston@connectionnewspapers.com or call 703-917-6449 with questions. Deadline is Friday.

WEDNESDAY/MAY 21

Covenants Committee Meeting.

The Covenants Committee reviews the maintenance violations cases on a monthly basis. 7-8 p.m. at Reston Association Main Office, 1930 Isaac Newton Square, Reston. Call 703-435-6506.

Award Ceremony. State Senator Janet Howell will be the keynote speaker at OAR of Fairfax County, Inc.'s annual volunteer awards reception at 6:30 p.m. at the Waterford at Fair Oaks. Call 703-246-3033; e-mail: info@oarfairfax.org; web site: www.oarfairfax.org.

THURSDAY/MAY 22

Regular Board of Directors Meeting. Monthly meeting of the Board of Directors where formal action is taken on policy issues pertinent to the Association; Member Comments are received; and staff, committee and community presentations are made. 7 p.m. at the Reston Association Main Office, 1930 Isaac Newton Square, Reston. Call 703-435-6512.

WEDNESDAY/MAY 28

2nd Annual Pedestrian & Bicycling Summit.

The Pedestrian & Bicycling Summit is an opportunity to hear progress reports on major bicycling and walking improvements along with presentations about walking and bicycling in Reston. The event will run from 7-9 p.m. at the North County Government Center, Community Room, 12000 Bowman Towne Drive, Reston. Call 703-435-6530.

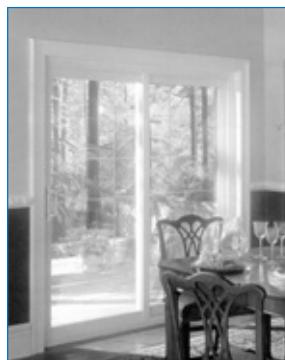
THURSDAY/MAY 29

Outreach Meeting. This is the public's night to talk about the issues on their mind. What can RA do to help your cluster and condo be successful. Meet at the Reston Association Main Office, 1930 Isaac Newton Square, Reston. Call 703-435-6503.

Imagine Art Here. The Initiative for Public Art - Reston (IPAR) is holding a public forum on public art at CenterStage at the Reston Community Center, 2310 Colts Neck Road, Reston, 6:30-10 p.m. The forum will be a key step in stimulating a community-wide discussion about the role that public art can play in urban places and community life. It will include guest speakers and public discussion. Contact Leila Gordon, Reston Community Center, or e-mail info@publicartreston.org.

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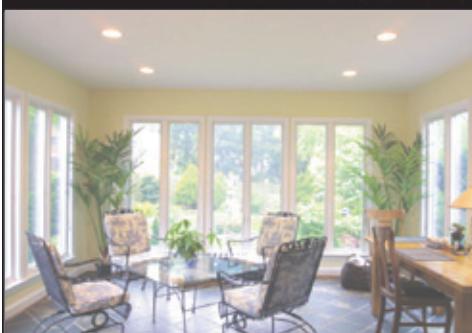
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COMMUNITY

Crowds Respond to Art in Town Center

FROM PAGE 3

"Green Scene" was the theme for the Children's Tent. The tent featured stations such as recycled beading, in which children use magazine clippings and string to create jewelry, a station with organic play dough, and several other stations with environmentally friendly children's activities.

Ann Barbieri of Reston, a 15th time participant, describes why she keeps coming back to the festival: "I get to see old friends, teachers who taught my kids in Kindergarten and occasionally, I sell something. I get to connect with everyone I've ever known, I look forward to it every year."

Connie Slack of Reston, who has been a participant in every one of the festivals shares similar sentiments: "It's just like a family block party. You can see all your friends you haven't seen. A lot of wonderful people come out who are truly interested in art. It's fun



Nancy Novick, of Reston, Oil Painting, said, "I've been participating since way back when it was just a few booths."

and has a great atmosphere. What's nice about the festival is it draws high quality artists and GRACE does a great job putting it together."

As many people greeted each other by name, the sense of community shone through. Nancy Novick, a Reston resident and artist in the festival, greeted two men



Alison Sigethy, of Alexandria, Glassworks, said, "I actually have a studio at the Torpedo Factory and many of the artists from there participate. I have a good friend who said you gotta do this and so I applied."

she knew by name and asked them to stop by later to talk. Novick has been participating since "way back when it was just a few booths." She

said, "I like the sense of community and things to do. We used to have this t-shirt that said live, work, play."

Synagogue Donates to Shelter

Funding helps pay for dental services.

Congregation Beth Emeth in Herndon donated funds to support Embry Rucker Community Shelter's medical needs on Friday, May 16.

"Every donation is appreciated," said Shana Eubanks, the assistant director at the Embry Rucker Community Shelter. The Congregation Beth Emeth donation will support the shelter's dental services and emergency supplies, said Eubanks. She said some of the clients have been able to receive dental work through a Fairfax County contract with a dental group. However, the contract is not large enough to meet the need for dental, and other medical, services at the shelter. "This is a great supplement to the contract we already have," said Eubanks.

The donation marked the second time in two years that the synagogue donated funds for medical support at the shelter. "This is part of our community," said Barbara Waldman, the synagogue's vice president. Vade Bolton, chairman of the Reston Interfaith board of directors and Congregation Beth Emeth member, said one of the avenues through which the synagogue tries to identify the needs of the community is through Reston Interfaith.

— MIRZA KURSPAHIĆ

Barbara Waldman, vice president of the Congregation Beth Emeth in Herndon presents a check to Shana Eubanks, assistant director of the Embry Rucker Community Shelter, on behalf of the synagogue on Friday May 16. In the middle is Vade Bolton, chairman of the Reston Interfaith board of directors and a Congregation Beth Emeth member.



PHOTO BY MIRZA KURSPAHIĆ/THE CONNECTION

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NEWS

New Store

FROM PAGE 5

addition to the Reston community," said Bill Hellwig, one of The Bike Lane's staff member's planned to run the Reston store. Hellwig said the store would probably open in early July. The building is still under construction, but the bottom floor is ready to go, he said. Hellwig added that the Reston location is hoping to achieve LEED certification, a designation that the project is environmentally responsible. Hellwig said bamboo floors and recycled countertops would adorn the bicycle store.

Chris Harris, who will also be helping out at the Reston location, said that he has noticed a lot more interest in bicycling in the Washington, D.C., area in recent years. In the last year alone, he said, interest in bicycling has increased. He cited Washington's plans to introduce public-use bicycles in the city, to encourage a bicycle-sharing program as some cities in Europe have done for years.

The Bike Lane's location in Reston will be at 11943 Democracy Drive in Reston Town Center. Visit thebikelane.com for more information.

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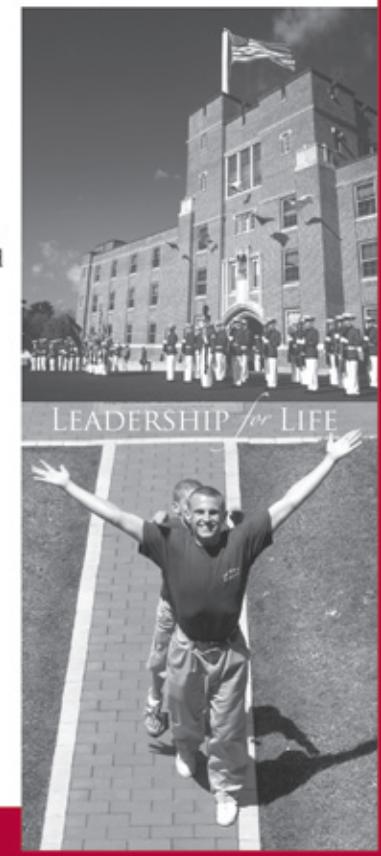
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ARTS ♦ ENTERTAINMENT ♦ LEISURE

THINGS To Do

Send announcements to reston@connectionnewspapers.com or call 703-917-6449. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/MAY 22

Family Fun. Chick-fil-A of Reston will host a Family Fun Night. Come enjoy family-friendly entertainment, free giveaways and our famous Chick-fil-A cow at 12160 Sunset Hills Road, Reston. Contact Christy McFerren, Marketing Director at 703-955-2267.

American Senior Idol. Join friends and neighbors to celebrate Older Americans Month at Reston Community Center, 2310 Colts Neck Road, Hunters Woods, Reston. This year's celebration will highlight local musical talent. Exhibitors specializing in aging issues will be on-hand for participants to visit with and gather information. Call 703-390-6157.

Farmers' Market. Enjoy fresh food and produce at the Herndon Farmer's Market, 8 a.m. - 12 p.m. at 765 Lynn St., Herndon. Visit www.herndon-va.gov.

Preschool Storytime. Age 3-6 at the Reston Regional Library, 11925 Bowman Towne Drive, Reston, 10:15 and 11 a.m. Call 703-689-2700.

Spanish Chats. Informal refresher for people who want to practice Spanish at the Reston Regional Library, 11925 Bowman Towne Drive, Reston, 7 p.m. Adults. No registration is required. Call 703-689-2700.

SEE CALENDAR, PAGE 15



The Ravel Dance Studio of Reston will be performing the ballet "Coppelia" at the Reston Community Center Stage, 2310 Colts Neck Road, Reston, Friday, May 23 at 7:30 p.m. Tickets are \$15 for adults and \$12 for children. Call 703 437-9664 to purchase tickets or email Rhall1006@aol.com to reserve tickets.

Kayakers' Paradise

Some look for more challenging waters.

BY EMILY DILLINGER
THE CONNECTION

Local kayaking is no longer limited to the select intrepid group of middle-aged men daring enough to tackle Great Falls. In fact, the Falls is about the only area where one will encounter any sort of major rapids. Bill Yates, a veteran kayaker who first picked up a paddle at the age of 15, doesn't find this area of the Potomac adventuresome enough for his tastes. On the other hand, kayak buddies Tom Day and Bob Babcock from Reston enjoy long trips down the river, where they can camp out for a day or two. And William Renius of Great Falls prefers to kayak solo, enjoying the time where he can just "chill out."

Yates, from Great Falls, began paddling in his home state of New York. "I've been paddling since I was 15. My first trip was from New York City to the Canadian border," he said. "Most of the kayaking I like to do is a little adventuresome. I go over rocks, severe currents. I like to go different places."

AROUND HERE, Yates visits the upper Potomac in West Virginia. "The rest of the Potomac River, there's nothing there. It's one bulkhead after another." His favorite spot to kayak is the Hudson River, where there are extreme currents and great mountain views.

Renius, on the other hand, calls himself "a flat water kayaker." He first began his river adventures with his daughter, who was 4 at the time, when the two would float down the Potomac in an inflatable raft. He bought his first inflatable kayak five years later, and then a hard-shell kayak two years after that.

"In general, I kayak on the stretch of the Potomac between Great Falls Dam and Seneca Falls," said Renius. He puts his kayak in the river near his house in Great Falls, paddles over to the C&O Canal, goes upstream in the C&O Canal, and then downstream in the Potomac River.

"I kayak to chill out, for pleasure. The nice thing about the Potomac is there's not a soul around, except for maybe a few other kayakers." Renius enjoys eating the fruit along the C&O Canal. "They have wild persimmons that ripen in the fall, and blackberries."

The wildlife along the Canal also intrigues him. "In the summer, the turtles all line up in a row on these half sunken logs. And if you get too close to them, they very slowly flop into the river."

Then there's Babcock, who lived in Minnesota, and claims everyone in Minnesota was "born with paddles in their hands." He started out canoeing, and made the transition to kayaking about 10 years ago. Babcock developed a liking for the sturdier kayak, and soon had everyone in his family try it. "Everybody tried [kayaking], even my



PHOTO BY ROBBIE HAMMER/THE CONNECTION

Area kayakers take advantage of warm and sunny weather in the region to kayak the Potomac River at Great Falls on Saturday morning.

mother-in-law in a wheelchair!"

Babcock maintains that the Potomac River is the best place you can go to in the area. "You can paddle upstream and downstream

More Information

For more information about local kayaking and lessons, visit www.potomacpaddlesports.com and www.canocruisers.org, featuring a message board to connect with other local kayakers.

easily," he said. "I like to do downriver trips, and camp for one or two nights anywhere off shore."

Like Yates, Babcock likes to venture farther up the river to West Virginia. "Paw Paw Bends in West Virginia is really nice," he offered, as well as areas along the Shenandoah and Rappahannock Rivers, where he once kayaked 60 miles.

Day, from Reston, has been kayaking in

Virginia for about five years. He, too, started out canoeing. Day enjoys having company when kayaking. "My wife and I have gone out and been camping on the river," he said.

FOR THE MOST PART, all four agree that one should always bring drinking water and an air cushion when kayaking. And, from experience, Renius suggests bringing a life jacket. "I've been given a ticket once for kayaking without wearing a life jacket," he said. "And then I was given a warning because I had a baby life jacket just for show."

As for other words of wisdom, Day suggests to take kayaking slowly. "Try a simple river like the Potomac near the D.C. area. You can kayak at any place, like Fletcher's Boathouse under Key Bridge. They even give lessons down there."

"Kayaking is not as scary as it sounds," said Babcock. "It seems to be this intense sport done over water falls. But it doesn't have to be like that."

CALENDAR

FROM PAGE 15

Games on the Green. Celebrate National Backyard Games Week with stories and games on the Town Green, 777 Lynn St., Herndon, 11 a.m. Age 3-5 with adult. Call 703-437-8855.

FRIDAY/MAY 23

Friday Night Live. Black Sheep will perform on the Herndon Town Green, 777 Lynn St., Herndon, from 6:30 – 10:30 p.m. Free. Call 703-481-6133.

Bluegrass. Mama Tried will perform at 8 p.m. at the Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Tickets are \$12. Call 703-435-8377.

SATURDAY/MAY 24

Golf. A Customer Appreciation Day/Golf Tournament, will take place at the Herndon Centennial Golf Course, starting at 8:30 a.m. A fun day for all golfers will include prize drawings, golf shop sales, on course contest and more. Make a tee time and enjoy the fun. Call 703-435-6864.

RA Weed Warriors Program. Reston's native ferns, wildflowers, and trees are under attack by invasive exotic plants like English ivy, Japanese honeysuckle and bamboo. Spend a few hours in Reston's beautiful parkland rescuing forests every 4th Saturday of each month from 10 a.m. – 12 p.m. This month return to Twin Branches Nature Trail to remove the aggressive Bamboo from one of the nicest, shaded woods in Reston. Meet at the end of Barton Hill Road in Reston. Call Ha Brock at 703-435-7986.

Free Saturday Morning Concerts, every Saturday, 11:30 a.m. – 1 p.m. at Lake Anne, Plaza Fountain, in front of Reston's Used Book Shop. Presented by Friends of Lake Anne. This week's performers are J&B Blues Project. Visit www.lakeanneplaza.com or call 703-464-5559.

Children's Art Workshop. Free make-and-take projects, themed for the seasons, with artist Pat Macintyre at the Reston Museum, 1639 Washington Plaza N., Reston, 10 a.m. – 12 p.m. This week will be Tropical adventure: build a beach, wear a hula skirt and. Call 703-709-7700.

SUNDAY/MAY 25

Spring Bird Walks. All levels of birders are welcome to help find birds in some of Reston's natural areas, 7:30 – 10:30 a.m. at Sunrise Valley Wetlands, 12700 Sunrise Valley Drive, Reston. Watch the changing of the seasons and watch the birds do their thing. Leader will be Carolyn Williams, Director of the Northern Virginia Bird Survey. Call 703-435-6510.

Orchestral Concert. The Reston Community Orchestra (RCO) will present a free Family Concert "All About Youth," as the final program of its 20th Season. It will be held at 4 p.m. in the main hall of the Reston Community Center at Hunters Woods, 2310 Colts Neck Road in Reston. The program will include the Saint-Saens Cello Concerto with South Lakes High School senior, Alexander Pettingell as soloist.

MONDAY/MAY 26

Memorial Day. A memorial day observance will be held at Chestnut Grove Cemetery, 831 Dranesville Road, Herndon at 10 a.m. Contact American Legion, Post 184, Commander David Kirby, 703-481-6198.

WEDNESDAY/MAY 28

Historical Meeting. The Herndon Historical Society will meet at 7:30 p.m. at the Herndon Depot, Old Train Depot, 717 Lynn St., Herndon. Call Carol Bruce, 703-437-7289.

Senior Movie Day. The Reston Association, in cooperation with the Reston Town Center Multiplex Cinemas, presents "Meet Me at the Movies". Join them on the fourth Wednesday of each month. Refreshments and door prizes are provided prior to the movie. Check out http://www.reston.org/parks_rec/_p_special_events.html or call 703-435-6577. Doors open at 9:15 a.m., Showtime is at 10 a.m. This month movie will be "Music & Lyrics."

The Herndon High School Orchestras, directed by Bette Gavinski, will perform contemporary and classical selections at their spring concert in the Herndon High School auditorium. The concert will begin at 7 p.m. Admission is free, and all are welcome. Visit



"Narrative Paintings on the History of the Blues" are on display at the Greater Reston Arts Center, 12001 Market St., Suite 103, Reston, through June 14. Gallery hours are 11 a.m. – 5 p.m., Tuesday to Saturday. Visit www.restonarts.org.

www.herndonorch.org.

THURSDAY/MAY 29

Golf. The Dulles Regional Chamber Festival Golf Tournament will be at 11:30 a.m. at the Herndon Centennial Golf Course. Call 571-323-5300.

Tot Trip. The Great County Farm Tot Trip will be from 9 a.m. - 2:30 p.m. Spend the day visiting the animal barn yard, the goat tree house, the kid corral and lil' farmers barnyard play areas. Take a hayride to the u-pick fields to pick fresh strawberries if available. Enjoy four mazes, the two-acre farm play area, the tractor tire mountain, swings, 60 foot slide, tunnels and more. Trip includes transportation in 15 passenger van, lunch, admission to farm, and berry picking. Ages 3-5. \$15 per person, children must be accompanied by a paying adult. Call 703-787-7300.

Farmers' Market. Herndon hosts a farmers' market every Thursday from 8 a.m. - 12 p.m. through Oct. 23 at 765 Lynn St., Herndon.

Spanish Chats. Informal refresher for people who want to practice Spanish at Reston Regional Library, 11925 Bowman Towne Drive, Reston, 7 p.m. Adults. No registration is required. Call 703-689-2700.

Wetlands at Sunset. Enjoy a leisurely stroll around the Sunrise Valley Wetland, 7-9 p.m. at 12700 Sunrise Valley Drive, Reston. Bring a flashlight, binoculars, or any other nature detective tool with you to experience your natural surroundings. This is a great time of year to experience the diversity of nature. Fee: \$3/RA members, \$5/non-members. Call 703-435-6530 or visit www.reston.org.

FRIDAY/MAY 30

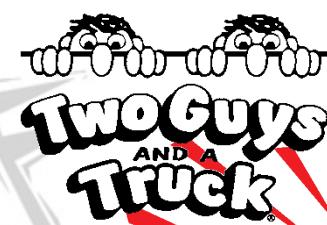
Campfire Fun. Join RA for an evening around the campfire to sing some old time favorites and make s'mores from 6:30-8:30 p.m. at WNEC Campfire Ring, Soapstone Drive, Reston. For ages 55 and up. There will be song sheets but feel free to bring requests and guitar to play along. Seating will be available or bring a chair. Space is limited to 30. Call 703-435-6530 to register.

Friday, May 30, 10:30 AM

Mother Goose Time. Interactive storytime session for parent and child at Herndon Fortnightly Library, 768 Center St., Herndon, 10:30 a.m. Birth-23 months with adult. Call 703-437-8855.

SATURDAY/MAY 31

Spinal Health Fair. The Spinal Research Foundation is hosting the first annual "We've Got Your Back" 4-mile race, 2-mile fun walk and Spinal Health Fair during National Osteoporosis Awareness Month. Shawn Springs and Reed Doughty of the Washington Redskins will serve as honorary co-chairs. The start, finish and Spinal Health Fair will be located at 1831 Wiehle Ave. in Reston. Race/walk participants can register online www.spinerf.org. Entry fees are \$25 for registration and \$30 for race day registration. Children 12 & under are free. To register for the race visit the race Web site at www.spinerf.org or email race@spinerf.org.



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Summer Schedule

May	2 2U (U2 tribute band)+Rise & Fall
9 Mr. Greengenes	16 Gonzo's Nose
23 Black Sheep	30 No Friday Night Live! (Herndon Fest.)
June	6 Love Seed Mama Jump
13 Dr. FU+Seven from Sunday	20 Crowded Streets
27 Burnt Sienna	4 Hyjinx (Fireworks viewing+Band plays 'til 11:00 p.m.)
July	11 Kristin & the Noise
18 Jah Works (Reggae)	25 B2B (Jimmy Buffett Beach Band)
22 Drop Dead Sexy+Everyone But Pete	1 Monster Band+Cheap Date
8 JunkFood+Fools & Horses	8 责任感
15 The Reflex	15 The Reflex
22 Drop Dead Sexy+Everyone But Pete	22 责任感

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HEALTH

Send announcements to the Connection, to reston@connectionnewspapers.com or call 703-917-6449. Deadline is Friday.

Learn how to stay happy and healthy this summer using the wisdom of **Chinese Medicine**. Presented by Sharon Crowell, RN and licensed acupuncturist.^o Friday evening **May 30**, 6:30-7:30 p.m., 443 Carlisle Drive, Herndon. Call Sharon for more details at 703-623-8340 or visit www.acupunctureinva.com.

Mothers of Toddlers Support Group. Meets the **first Thursday** of each month 10am in the Community Room at the Reston YMCA,

12196 Sunset Hills Road. Call 703-689-9240.

Peer support group for survivors of clergy abuse and others affected by the abuse, on the **last Wednesday** of every month at 7 p.m., in the downstairs meeting room at the Dolley Madison Library, 1244 Oak Ridge Road, McLean. Meetings are sponsored by Voice of the Faithful Northern Virginia affiliate. Contact Ellen Radday at 703-538-6128.

New Mothers Support Group. Meets the **first and third Tuesdays** of each month, at 10-11:30 a.m., in the Community Room at the Reston YMCA,

12196 Sunset Hills Road, Reston. Call 703-689-9240.

Bereavement Support Groups. Three groups, sponsored by Haven of Northern Virginia. The **Suicide Survivors Group** meets the **first Tuesday** of every month, 7:30-9 p.m. The **Widow/Widower Support Group** meets the **first and third Thursday** of every month, 2-3:30 p.m. and the second and fourth Tuesday of every month, 7:30-9 p.m. Call 703-941-7000

Lupus Support Group meets the **second and fourth Thursday** of each month, at 12:00 p.m., call ahead to determine location. Call 703-689-9240.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com or call 703-917-6449. Deadline is Friday.

Northern Virginia Hebrew Congregation recently began a support group, "When You Lose a Loved One," for congregants and members of the community who are in grief after the recent death of a loved one. The facilitated group, open to members of the community who are seeking bereavement support in a Jewish context, will continue to meet on the **first and third Tuesdays** of each month at 7 p.m. at Northern Virginia Hebrew Congregation,

1441 Wiehle Ave., Reston. For more information, contact the synagogue at 703-437-7733 or info@nvhcreston.org.

Every Wednesday at 12:15 p.m., **St. Timothy's Episcopal Church**, 432 Van Buren St. in Herndon, offers a lunchtime **Healing and Holy Communion service**. This half-hour service is offered to all and allows people an opportunity to worship during the work week when they may be away from their regular church. All baptized Christians are welcome to receive the Sacrament, and all who have not been baptized may receive a blessing at the Altar rail. Call the church Mondays-Fridays, 9 a.m.-3 p.m., at 703-437-3790 or visit www.saint-timothys.org.



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 1249 WOODBROOK CT 3 . 3 . 1 RESTON \$623,000 Townhouse 0.077043 04/15/08
 1602 POPLAR GROVE DR 2 . 2 . 0 RESTON \$310,000 Townhouse 0.022544 04/15/08
 1206 WEATHERSTONE CT 3 . 2 . 1 RESTON \$420,000 Townhouse 0.045317 04/16/08
 2242 COCQUINA DR 3 . 1 . 1 RESTON \$249,900 Detached 0.066919 04/17/08
 11428 HOLLOW TIMBER CT S 3 . 3 . 1 RESTON \$620,000 Townhouse 0.081244 04/17/08
 1504 SUMMERCHASE CT #A 2 . 2 . 0 RESTON \$190,000 Garden 1-4 Floors 04/17/08
 12001 MARKET ST #442 2 . 2 . 0 RESTON \$336,000 Garden 1-4 Floors 04/18/08
 11236 CHESTNUT GRV SQ #261... 3 . 2 . 0 RESTON \$275,000 Garden 1-4 Floors 04/18/08
 11517 MAPLE RIDGE RD 3 . 2 . 1 RESTON \$405,000 Townhouse 0.028627 04/18/08
 2050 COBBLESTONE LN 3 . 2 . 1 RESTON \$465,000 Detached 0.102801 04/18/08
 1629 YORK MILLS LN 4 . 2 . 1 RESTON \$510,000 Detached 0.24371 04/18/08
 1569 INLET CT 4 . 2 . 1 RESTON \$485,000 Townhouse 0.044881 04/21/08
 2157 POND VIEW CT 3 . 2 . 2 RESTON \$410,000 Townhouse 0.03781 04/21/08
 1668 PARKCREST CIR #3C/301 ... 2 . 1 . 0 RESTON \$236,000 Garden 1-4 Floors 04/22/08
 11906 BARREL COOPER CT 3 . 2 . 2 RESTON \$225,000 Townhouse 0.0323 04/22/08
 11426 FAIRWAY DR 3 . 2 . 2 RESTON \$499,900 Townhouse 0.060882 04/23/08
 11000 RING RD 4 . 3 . 0 RESTON \$545,000 Detached 0.435606 04/23/08
 11648 IVYSTONE CT #01/001 ... 3 . 2 . 1 RESTON \$285,000 Townhouse 04/23/08
 2328 HUNTERS SQUARE CT 3 . 2 . 1 RESTON \$349,000 Townhouse 0.03214 04/23/08
 11558 HEMINGWAY DR 4 . 3 . 1 RESTON \$650,000 Townhouse 0.051997 04/23/08
 1658 HARVEST GREEN CT 2 . 1 . 1 RESTON \$285,000 Townhouse 0.024564 04/23/08
 11414 LINKS DR 2 . 1 . 1 RESTON \$320,000 Townhouse 0.054683 04/24/08
 1607 GREENBRIAR CT 4 . 3 . 1 RESTON \$618,500 Townhouse 0.07461 04/24/08
 11925 TRAVISTOCK CT 3 . 2 . 1 RESTON \$325,000 Townhouse 0.03214 04/24/08
 12000 MARKET ST #484 2 . 2 . 0 RESTON \$427,000 Mid-Rise 5-8 Floors 04/25/08
 1448 YELLOWWOOD CT 5 . 2 . 1 RESTON \$387,000 Townhouse 0.070638 04/25/08
 1705 LAKE SHORE CREST DR#14 ... 2 . 2 . 0 RESTON \$305,000 Garden 1-4 Floors 04/25/08
 1344 PARK GARDEN LN 3 . 2 . 1 RESTON \$540,000 Townhouse 0.066483 04/25/08
 1719F ASCOT WAY #1719F 2 . 2 . 0 RESTON \$245,000 Garden 1-4 Floors 04/28/08
 2244 COPERSMITH SQ 2 . 1 . 1 RESTON \$230,000 Townhouse 0.026286 04/28/08
 2436 CLOUDCROFT SQ 3 . 2 . 2 RESTON \$219,900 Townhouse 0.029568 04/28/08
 2221 DOUBLE EAGLE CT 3 . 2 . 2 RESTON \$385,000 Townhouse 0.041965 04/28/08
 1354 PARK GARDEN LN 4 . 3 . 1 RESTON \$541,500 Townhouse 0.059848 04/28/08
 11918 CROSSWIND CT 3 . 2 . 1 RESTON \$327,000 Townhouse 0.030372 04/28/08
 12004 TALIESIN PL #12 2 . 2 . 0 RESTON \$275,000 Garden 1-4 Floors 04/29/08
 11783 INDIAN RIDGE RD 4 . 2 . 1 RESTON \$455,000 Townhouse 0.055716 04/29/08
 11658 STONEVIEW SQ #98/2B ... 2 . 2 . 0 RESTON \$157,000 Garden 1-4 Floors 04/29/08
 11813 BRETON CT #11 2 . 1 . 0 RESTON \$199,900 Garden 1-4 Floors 04/29/08
 1614 HARVEST GREEN CT 2 . 1 . 1 RESTON \$300,000 Townhouse 0.023829 04/29/08
 1380 HERITAGE OAK WAY 3 . 2 . 2 RESTON \$520,000 Townhouse 0.057231 04/29/08
 1374 NEW BEDFORD LN 4 . 3 . 1 RESTON \$1,015,000 Detached 0.319192 04/29/08
 11655 GAS LIGHT CT #11655B... 2 . 1 . 0 RESTON \$230,000 Garden 1-4 Floors 04/30/08
 11800 SUNSET HILLS RD #515 ... 2 . 2 . 0 RESTON \$325,000 Hi-Rise 9+ Floors 04/30/08
 1576 MOORINGS DR #4A/11B... 2 . 1 . 1 RESTON \$265,000 Garden 1-4 Floors 04/30/08
 10900 EQUESTRIAN CT 4 . 2 . 1 RESTON \$795,000 Detached 1.23152 04/30/08
 1860 STRATFORD PARK PL #310... 2 . 2 . 0 RESTON \$384,900 Garden 1-4 Floors 04/30/08
 2006 LAKEWINDS DR 4 . 3 . 1 RESTON \$640,000 Townhouse 0.058907 04/30/08
 11168 BEAVER TRAIL CT #0 1 . 1 . 0 RESTON \$244,000 Garden 1-4 Floors 04/30/08
 11216 HANDLEBAR RD 4 . 4 . 1 RESTON \$725,000 Detached 0.999151 04/30/08
 2486 FREETOWN DR 4 . 3 . 1 RESTON \$535,000 Detached 0.348944 04/30/08
 1585 BRASS LANTERN WAY 3 . 3 . 1 RESTON \$560,000 Townhouse 0.074495 04/30/08
 1269 WILD HAWTHORN WAY 3 . 2 . 1 RESTON \$493,000 Townhouse 0.036134 04/30/08
 1641 SIERRA WOODS DR 3 . 2 . 2 RESTON \$339,000 Townhouse 0.050826 04/30/08
 1270 WOODBROOK CT 3 . 3 . 1 RESTON \$590,000 Townhouse 0.075482 04/30/08
 1459 WATERFRONT RD 5 . 3 . 1 RESTON \$980,000 Detached 0.167746 04/30/08

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To search for a home online, visit www.HomesDatabase.com.

RCTV SCHEDULE

For more information about the shows and channel, and to see many of these shows in their entirety, visit www.rctv28.com.

THURSDAY/MAY 22

9:30 a.m. Body Quest Pilates
 10 a.m. Strength Advantage
 11:30 a.m. Real Estate Showcase
 4:30 p.m. Real Estate Showcase
 6:30 p.m. Arnette Report
 7 p.m. Life with Connie
 7:30 p.m. Everyday Heroes
 8 p.m. Toastmasters
 8:30 p.m. Swingtime
 9 p.m. Yoga with Cynthia
 9:30 p.m. Business Focus
 10 p.m. Defend Yourself
 10:30 p.m. Where's MJ

FRIDAY/MAY 23

11:30 a.m. Real Estate Showcase
 4:30 p.m. Real Estate Showcase

7 p.m. Reston Association Board of Directors Meeting Taped May 22nd

SATURDAY/MAY 24

9:30 a.m. Body Quest Pilates
 10 a.m. Defend Yourself
 10:30 a.m. Strength Advantage
 11 a.m. Guitar Instruction
 11:30 a.m. Just Another Sports Show
 4:30 p.m. Real Estate Showcase
 6:30 p.m. Arnette Report
 7 p.m. Toastmasters
 7:30 p.m. Dogs Best Friend
 8 p.m. Guitar Instruction

SUNDAY/MAY 25

9:30 a.m. Body Quest Pilates
 11:30 a.m. Real Estate Showcase
 4 p.m. A New and Living Way
 4:30 p.m. Real Estate Showcase
 5:30 p.m. Guitar Instruction
 6 p.m. RCC News & Views
 6:30 p.m. Connecting with Supervisor

Hudgins
 7 p.m. Strength Advantage
 7:30 p.m. Business Focus
 8 p.m. Reston Impact Rescuing Reston's Watershed (Streams)

MONDAY/MAY 26

11:30 a.m. Real Estate Showcase
 4:30 p.m. Real Estate Showcase
 7 p.m. Strength Advantage
 7:30 p.m. Defend Yourself

TUESDAY/MAY 27

9:30 a.m. Body Quest Pilates
 11:30 a.m. Real Estate Showcase
 4:30 p.m. Real Estate Showcase
 6:30 p.m. Health Focus
 7 p.m. Update On ...
 7:30 p.m. Virginia Legislative Report with Del. Ken Plum, Oxford House - "Opportunity for a New Life"

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Call Specific Agents to Confirm Dates & Times.



Ashburn	22791 Milltown Farm Ct.	\$689,000	Sat & Sun 12-5	Nisha Kaur	Vienna Realty	571-212-1855
Chantilly	43349 Royal Burkedale St.	\$639,900	Sun 1-4	Caroline Walgren	Prudential Carruthers	703-599-0227
Herndon	2408 Hay Rake Ct.	\$379,900	Sun 1-4	Sheryl Lambson	Keller Williams	703-535-3610
	2930 Timber Wood Way	\$450,000	Sun 1-4	Angela Mitchell	Long & Foster	703-264-7877
	13315 Point Rider Ln.	\$500,000	Sun 1-4	John McCambridge	Samson	703-430-4234
Leesburg	110 Old English Ct.	\$948,000	Sat & Sun 2-4	Michelle Rickwald	Keller Williams	703-801-7284
	123 Roy Ct., SE	\$549,900	Sun 1-4	Julie Hertel	Long & Foster	571-243-5952
Oak Hill	2615 Meadow Hall Dr.	\$678,900	Sun 1-4	Elena Pehrkon	McEneaney	703-790-9090
Reston	1712 Abercromby Ct., #L	\$234,000	Sun 1-4	Michele Queri	Weichert	703-406-0199
	2229 Gunsmith Sq.	\$370,000	Sun 1-4	Jill Mayers	Long & Foster	703-437-3800
Sterling	413 North York Rd.	\$299,000	Fri 1-4	Margit Klivington	RealtyToWeb.Com	703-391-7450

To add your Realtor represented Open House to these weekly listings, please call Lauri Swift or Winslow Wacker

<p

Seahawks Well Represented in All-District Honors

Reed, Impellizzeri, Cerdá among Seahawks to earn First Team accolades.

BY RICH SANDERS
THE CONNECTION

South Lakes High senior Scott Reed was recently named to the First Team All-Liberty District baseball team as a catcher.

Reed got a base hit in each of the Seahawks' regular season baseball games this spring. For the season, Reed batted .491 with two home runs and 20 RBIs. He had 27 hits, including nine doubles and two triples, and carried an on-base percentage of .515.

HIGH SCHOOL NOTEBOOK

South Lakes, coached by Galvin Morris, saw its season end last week with a first round district tournament loss to Marshall, 4-3.

Stone Bridge, the No. 1 seed in the tournament, ended up winning the title, downing two-time defending champion Madison in Monday's finals, 10-0. The Bulldogs got a complete game, one-hit outing from senior right handed pitcher Ty Weaver (8-0) in the victory over the Warhawks.

Along with Reed earning First Team accolades for South Lakes, teammate Noah Sweet also made First Team as an outfielder.

Sweet, a senior, batted .339 with a home run, four doubles and 18 runs scored. He was one of the Northern Region's top defensive outfielders.

Herndon High baseball player Chris Medina, a junior, was named to the All-Concorde District First Team as an outfielder. Medina batted .400 this spring with a homer, two triples, four doubles and 18 RBIs. He scored 18 runs and carried an onbase percentage of .492.

Junior Katy Impellizzeri (At-Large selection), meanwhile, represented the South Lakes High girls' softball team, on the All-District First Team.

Three other South Lakes players were named to the Second Team. Those players were Nina Rodriguez, Allison Whitlock and Carrie Herring.

South Lakes' season ended last week with a first round Liberty District tournament loss to Stone Bridge. The Bulldogs ultimately loss to Langley in the finals on Monday night.

The South Lakes High boys' soccer team lost its first round Liberty District play-off game at Langley last week. The Seahawks had a good season overall as they



PHOTO COURTESY/SOUTH LAKES BASEBALL

Scott Reed of South Lakes' baseball team put together one of the best hitting seasons of any player in the Northern Region this spring.

finished fifth in the regular season district standings.

The following South Lakes players were recently named to the All-Liberty District Team: senior captain Santos Cerdá (First Team Offense); senior captain Mohammed Ahmed (Second Team Midfield); and senior captain Alex Stom (Second Team Defense). Also for South Lakes, Dennis Alfaro, Kyle King, Ashvin Sinnathamby and Kofi Lewis each made Honorable Mention All-Liberty District.

Herndon High boys' soccer player Anatole Doak scored a late game-winning goal for the Hornets in their 1-0 Concorde District semifinals win over Fairfax last week.

Seventy-seven minutes had past and the Hornets and Rebels were still tied at 0-0. Fairfax's goal keeper had made several crucial saves to keep his team in the game at that point. But in the 78th minute, Doak pounded home a loose ball from four yards out to push Herndon into Saturday's district finals against Westfield, which was a 2-1 semifinals winner over Robinson.

Doak's game-winner against Fairfax started with a foul just outside of Fairfax's penalty box. Christian McLaughlin and teammate Alex Darwiche talked it over at the point of the foul, and then Christian headed into the box. Darwiche placed a well-struck ball to Christian (12 goals, 15 assists on the season) as he was running across the goal mouth. Fairfax's goalie was up for the ini-

tial save, but could not hold on to the shot. Anatole (5 goals, 4 assists) was there to hammer home the rebound before a Fairfax defender could clear the ball out.

Herndon's Sean Murnane, despite having three or four defenders shadowing him all night, got behind Fairfax's defense on several occasions throughout the game, but could not seem to solve the heroics of the Fairfax keeper.

On the other side of the field, Hornet defenders Chris Geyer, Eric Meyers, Luke Merrill, Sol Mourtaza and goalie Alex Stopa earned Herndon's first shutout since April 2. The back four did a tremendous job keeping their shape and working as a unit to shut Fairfax's dynamic striker down and not give him a clean look at the goal.

Diego Herrera and Ed Hernandez did a great job coming off the bench, playing in the midfield and striker roles, respectively. Both contributed some quality minutes when their number was called to step in and play.

On a side note, Christian McLaughlin was named Virginia's Gatorade Player of the Year last week.

The following is a listing on this spring's district champions across the Northern Region:

BASEBALL

Concorde: Chantilly High School (Chantilly 5, Oakton 3)
Liberty: Stone Bridge High School (Stone

Bridge 10, Madison 0)

Patriot: Lake Braddock Secondary School (Lake Braddock 12, West Springfield 8)

National: Yorktown High School (Yorktown 4, Edison 1)

SOFTBALL

Concorde: Robinson Secondary School (Robinson 4, Herndon 2)

Liberty: Langley High School (Langley 9, Stone Bridge 8)

Patriot: South County Secondary School (South County 2, West Springfield 1)

National: Yorktown High School (Yorktown 9, Mount Vernon 4)

GIRLS SOCCER

Concorde: Robinson Secondary School (Robinson 2, Westfield 1)

Liberty: Madison High School (Madison 3, McLean 2)

Patriot: West Springfield High School (West Springfield 2, South County 1)

National: Yorktown High School (Yorktown 2, Mount Vernon 0)

BOYS SOCCER

Concorde: Herndon High School (Herndon 1, Westfield 0)

Liberty: Thomas Jefferson High School (Jefferson 2, Stone Bridge 0)

Patriot: T.C. Williams High School (T.C. Williams 3, West Springfield 0)

National: Yorktown High School

SPORTS

HIGH SCHOOL NOTEBOOK

FROM PAGE 18

(Yorktown 1, Wakefield 0)

GIRLS LACROSSE

Concorde: Robinson Secondary School (Robinson 14, Chantilly 13)
Liberty: Stone Bridge High School (Stone Bridge 14, Woodson 11)
Patriot: Annandale High School (Annandale 11, West Springfield 10)
National: Yorktown High School (Yorktown 9, Falls Church 6)

BOYS LACROSSE

Concorde: Chantilly High School (Chantilly 9, Oakton 7)
Liberty: Langley High School (Langley 8, Woodson 3)
Patriot: Annandale High School (Annandale 7, Lake Braddock 6 OT)
National: Falls Church High School (Falls Church 10, Yorktown 6)

BOYS TRACK

Concorde: Westfield High School
Liberty: South Lakes High School
Patriot: West Potomac High School
National: Edison High School

GIRLS TRACK

Concorde: Westfield High School
Liberty: Stone Bridge High School
Patriot: Lake Braddock Secondary School
National: Edison High School

PHOTO BY CRAIG STERBUTZEL/THE CONNECTION



South Lakes senior pitcher Jordan Foster was one of her team's better players.



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

South Lakes' Will Johnson (11), a junior midfielder, was part of a Seahawks' squad that put together one of the program's best seasons in school history this spring.

SPORTS ROUNDUP

The **South Lakes High** boys' basketball program is excited to offer six, one-week camps throughout the summer for boys and girls age groups from rising 4th grade up to rising 11th grade. Each session will stress individual and team offense and defense, shooting, ball handling and rebounding, among other lessons. Free throw shooting and one-on-one competitions are also a part of the camp schedule. Camp enrollment is limited in number; applications accepted on a first come, first served basis. Cost is \$125 per player. The camp will take place at Langston Hughes Middle School. There is online signup at: www.seahawksbooster.com/boysbasketballcamp.htm

The **Reston Rapids95**, a rising U13 girls travel soccer team playing in WAGS, is seeking players that are interested in a competitive, yet fun, soccer environment. The team is coached by Tim Pease and Harry Klaff. Tim and Harry have been coaching soccer in Northern Virginia for over six years. Tim holds a USSF E License. The team is professionally trained by Holly O'Hora from Golden Boot Soccer. The Rapids will be holding tryouts at Lake Fairfax Park in early June. For more information, contact team manager Pam Jensen at 703-967-3101 or via e-mail at restonrapids95@netzero.net. For more information on the team and its accomplishments check out their website at <http://eteamz.active.com/restonrapids95>.

All Star Legacy Cheer & Dance will be holding their annual cheer and dance try-

outs May 19-23. Located near Dulles Airport, All Star Legacy is a year round competitive cheer and dance program that has teams that compete locally as well as teams that travel nationwide.

For more information call 703-444-6002 or visit the Web site at www.allstarlegacy.com.

Registration is open for the Reston Youth Association (RYA) Fall 2008 Football and Cheerleading programs. The RYA programs are open to youth ages 6-to-16 in Reston and the surrounding areas. The fee is \$100 for those registered by June 30. Financial assistance is available. No experi-

What's on the Web?

READ ABOUT WEEK 8 IN HERNDON RESTON YOUTH LACROSSE.
www.CONNECTIONNEWSPAPERS.COM

ence is needed and league rules require full player participation regardless of ability or experience. There are three levels of play in each weight class based on age, weight, and experience. Games will be played on the new turf fields at Lake Fairfax Park. Obtain information on the RYA programs and register online at www.restonseahawks.org. Registration forms are available at the Reston Library, Community Center and YMCA. For questions call the RYA Hotline at 703-620-2019 or send an email to vp@restonseahawks.com.

Irvin Greene, Chairperson of the **South Lakes Sports Hall of Fame** and Scholarship Program Committee, is proud to announce this year's Inductees into the Sports Hall of Fame. Established in 2006 to honor those people whose contributions helped create and sustain Seahawk pride and sportsmanship, the Hall welcomes the following:

John Broaddus, Administrator
Alice Gooley, Coach
Troy Allen, Athlete
Jerome Scott, Athlete
Samantha Sybert, Athlete
Gabrielle Tapscott, Athlete
George Lynch, M.D., Physician

The Inductees will be honored at a banquet to be held at the Hidden Creek Country Club at 6 p.m. on June 6. For ticket information, contact Elizabeth Knapp. Tickets are \$60. A portion of the proceeds will go to the Hall of Fame Scholarship Program.

The **Sterling Tigers**, a U12 Girls WAGS travel team (rising U13 in Fall 08), is looking to add two additional players to their roster for the Fall 2008 season, when the roster will be expanded for 11 vs 11 play. The coaching staff includes a former NCSL Div. 1 and WAGS Div. 1 State Champion Coach. The team's trainer is a former professional player with over 20 years of experience who holds a USSF C license. Find out why players come here to play, and stay! Players who would like to try out with the Tigers or learn more about the team should contact Coach Rob Abbott at 703-304-8013 or rsa420@yahoo.com.

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Reston, Va. Co. that provides In-Home Care to Seniors is looking for a Care Giver Coordinator. Person should be self motivated and enjoy multi tasking. Responsibilities include: interviewing, training, coordinating schedules, recruiting and a variety of administrative duties. Experience in Home Care, Medical Field or CNA License desired. Excellent compensation to include benefits, 401(K) and health. Must have valid driver's license, dependable car and pass screening. Forward resume to **1-410-583-0018** or deb.hopkins@bbsihq.com.

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NEWS

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Local and national insurance companies partner with police and Reston Interfaith to promote child safety in cars.

BY MIRZA KURSPAHC
THE CONNECTION

Collaboration between Reston Interfaith, the police and insurance companies resulted in about 35 child car seats given away to local Latino families on Saturday morning, May 17. Herndon-based Owens-Griffin Agency, a contractor with Nationwide Insurance, partnered with Reston Interfaith to find the clients who would benefit from the seat giveaway.

"We know the need in our community for car seats," said Minnie Orozco, Reston Interfaith coordinator for the Emergency and Self Sufficiency Program.

"A high percentage of children getting hurt or dying in crashes is because of improper seat installation or no seat," said Don Owens, owner of Owens-Griffin Agency on Station Street in Herndon.

Nationwide secured the seats and held bilingual workshops to teach proper installation and use of the child seats. Before Nationwide partnered with its local agents, Owens-Griffin, it had collaborated with Ford Motor Company, the National Latino



"We know the need in our community for car seats."

— Minnie Orozco,
Reston Interfaith
program coordinator

Children's Institute and the National Highway Traffic Safety Administration for a grant to support the car seat program. The purpose of the program, said Juan Rubio of Nationwide, is "not only to give the seats away, but to make sure they are installed correctly."

The installation part of the program brought in another partner, the local police departments. Police officers from the Reston District Station were at the giveaway event on Saturday morning, inspecting the new seats and installing them for the Reston Interfaith clients benefiting from the event. Police officers also helped with the previously held workshop to teach the clients about child seats.

Orozco said a lot of the clients did not know how to properly use the seats. She said a common piece of knowledge the clients did not know about car seats was what seats are appropriate for what age.

"The workshops help people realize the importance of child safety," said Rubio.

According to National Highway Traffic Administration statistics, vehicle crashes are the leading cause of death for Latinos under the age of 44. They are also the third leading cause of death for Latinos of all ages, behind heart disease and cancer. Child seats reduce the risk of death in crashes by 71 percent for infants and by 54 percent for children ages 1 to 4.



Fatima Caballero, 19 months old, sits in an old child car seat while her family waits for a new seat to be inspected and installed at Saturday morning's safety promotion event.

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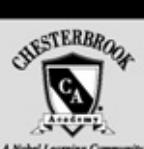
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Power to the People — Not!

By KENNETH B. LOURIE



Some of you print-media readers may have noticed some recent, full page, four color advertising (expensive) in The Washington Post extolling the virtues and explaining the various economic-type causes and effects of why gas/oil costs what it costs — to us consumers, of America's Oil and Natural Gas Companies, an attempt no doubt to stem the rising hostile tide against these gauging Goliath's; a more difficult challenge I cannot imagine; spinning the record quarterly profits of these mega-monopolies into some sort of yarn of reasonability.

But I have to admit, I think I'm beginning to see the light that their shining in my eyes.

I don't believe that we consumers, as uneducated and selfish as we are, can really and truly appreciate the difficulties — and regulations — under which these Oil and Natural Gas Companies exist. Do you have any idea how much risk — financial, business, insurance, manpower, tax, among many other types I'm sure I'm too ill informed to even mention — that these companies must endure to bring their products to market?

Of course you don't. All you know is that the price of gasoline and home heating oil (not to mention all the other goods and services that are likewise effected by the escalating price of oil) has not only gone through your roof but your piggy bank, your wallet, your available credit card balance and ultimately through your bank account, what's left of it anyhow. Sherman's March to the Sea near the end of the Civil War was a relative tea party compared to the dividing and conquering of the American consumer. Granted, there's not the death and destruction now that there was in 1865, but neither were there the millions of Americans adversely effected in their pursuit of life, liberty and happiness as there are now.

That being said, I still think I'm being naive and narrow minded in my understanding of the bigger picture. I have to realize that guaranteeing the future of America doesn't come cheaply, nor does it happen by wishing or hoping it so. It takes sacrifice, commitment, foresight and of course, money. And money, particularly paper money doesn't grow on trees (although it is made from trees). Money comes from hard work; blood, sweat and tears. Moreover, it is not given, it has to be earned.

Well, the Oil and Natural Gas Companies of America are certainly doing their share; they're earning it all right, by the billions every single day. And if it were not for their forward thinking, their research and development, their strategic investment planning, their deep well drilling, their efforts at finding affordable methods for extracting usable oil from tar sands and oil shale, their understanding of the international currency exchange markets and their overall experience as well, dealing with not only the independence but the interdependence of the world's economies and the part that oil and gas goods and services plays in it, then I fear America's future would not look nearly so bright.

I just hope that when all the propaganda is said and done, we'll still be able to afford the electricity that will illuminate the light so that we can see if the pill we've been given is real or if it's merely a profitable placebo.

Perhaps the Oil and Natural Gas Companies do know what they're advertising about. If not, it could be a cold day in Hell, for all of us.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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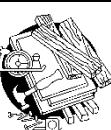
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21 Announcements

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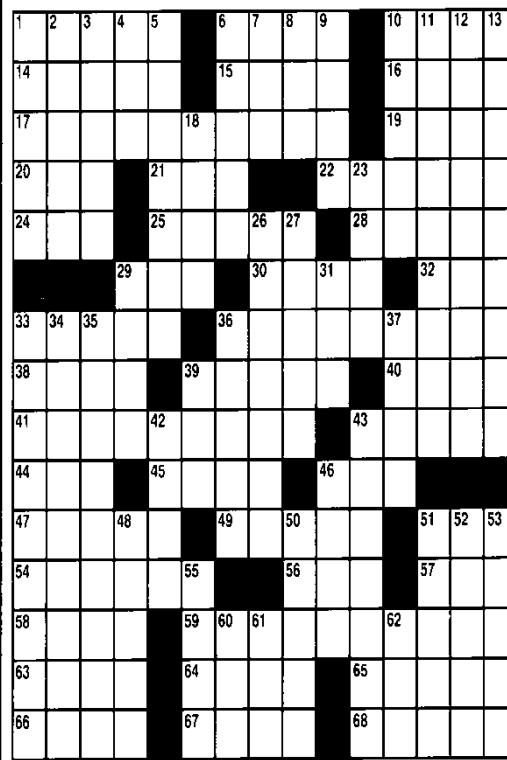
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THE CONNECTION
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NEW YORK TIMES CROSSWORD

Edited by Will Shortz

No. 0309-1



Puzzle by Harvey Estes and Nancy Salomon

ACROSS

- 1 Went airborne briefly
6 Sitcom set in Korea
10 Weary workers' exclamation
14 Eskimo home
15 Division word
16 "— Rock" (Simon & Garfunkel hit)
17 Musician at a dance?
19 Egyptian cobras
20 Vitamin bottle info
21 Delaney of "N.Y.P.D. Blue"
22 Address part
24 Shade of blond
25 "No" vote from a horse?
28 Funky musical genre, for short
29 Rock singer — Bon Jovi
30 Julie in "Doctor Zhivago"
32 Needlefish
33 Jack who ate no fat
36 "What's your sign?" for example?
- 2 "Holy smokes!"
3 Leader of Islam
4 Washington wheeler-dealer
5 Bun
6 Dolphins' home
7 Whichever
8 Sault — Marie
9 — d'oeuvre
10 Miss America's prize
11 Internal combustion device
12 Obstacle
13 Basketball strategy
38 The hunted
39 Person's home
40 Peruvian native
41 Booze for a 50's bash?
43 Fraternity man
44 Time of anticipation
45 Opening amount
46 Shoe part that may pinch
47 Gads about
49 Hells Canyon state
51 Modus operandi
54 Treat badly
56 "Praise be to —!"
57 — brisk pace
58 Spring feature
59 Critique of an all-night teen dance?
63 Beheaded Boleyn
64 "Terrible" czar
65 MacLeod of "The Love Boat"
66 Relay segments
67 Superman's alter ego
68 Secluded valleys
- DOWN
- 1 The Scales

ANSWER TO PREVIOUS PUZZLE

ELBE	ASTRO	AHAB
REEL	ROWER	ROLE
OVAL	OFFICE	IOTA
DENIM	ASTO	SPOT
ELOPED	TOSSES	
	SNOB	ASKEW
RARE	BEASTS	IRE
ARI	CIRCLES	RMN
INN	LETTER	STAT
DOGMA	WRAP	
FOYT	GOOK	INONE
OUCH	ROUNDTABLE	
ISLE	EMBER	CRAM
LEER	ESTES	HAYS

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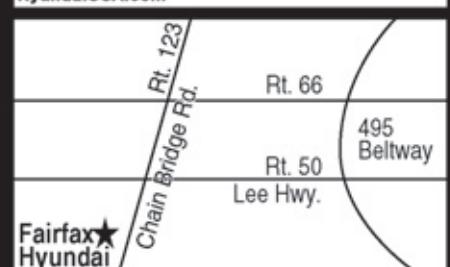
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