

# The Arlington Connection

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## Helping Children Grieve

MEMORIAL DAY PAGE 3

At 10:45a.m. on Sunday morning over 200 red, white and blue balloons carrying notes to family and friends who have died in the Iraq War, were set free in the sky in Crystal City

Nearly Done  
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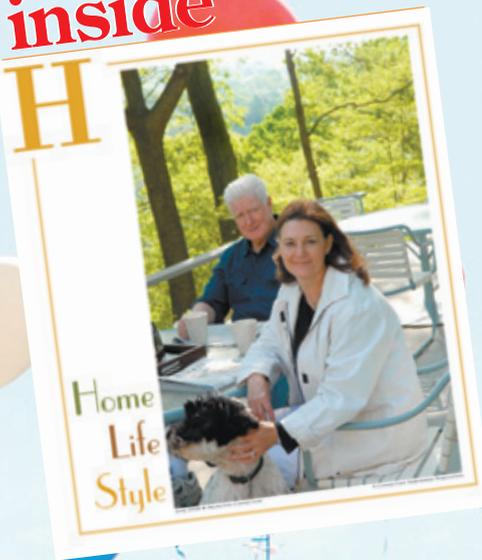


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## SCHOOLS



PHOTO BY DAVID SCHULTZ/THE CONNECTION

The 2008 inductees into the Yorktown Hall of Fame were given plaques honoring their accomplishments.

# Homecoming

A group of Yorktown alumni return to be inducted into the school's hall of fame.

BY DAVID SCHULTZ  
THE CONNECTION

When Greg Garcia was attending Yorktown High School back in the mid-'80s, he never imagined he'd be inducted into the school's hall of fame.

"I thought if anything, if there had been a wall of infamy, I would have ended up on that," said Garcia, an Emmy award-winning television writer and creator of the series "My Name Is Earl."

But last week, in the auditorium of his alma mater, he was immortalized among astronauts, senators and other distinguished Yorktown alumni. The last time Garcia had set foot in the auditorium, he said, was more than 20 years ago when, for his senior prank, he released a bag full of mice during a student performance of "Grease."

"It's very exciting," he said after receiving the honor. "My parents are very proud. I think they invited more people to this than they did to my wedding."

GARCIA was one of seven people inducted into the Yorktown hall of fame last week. This year's inductees ran the gamut from poets and journalists to musicians and CEOs.

Upon accepting their awards, many took a tongue-in-cheek approach to their acceptance speeches.

"It's a great relief to know that your attendance record doesn't count against your Hall of Fame induction," National Review editor Rich Lowry, class of '86, said. "I don't remember a damn thing I learned here," managing editor of CNBC Business News Tyler Mathison, class of '72, said. "Not a damn thing."

But beneath this irreverence, the

Yorktown inductees showed great appreciation for their school. Children's book author Elisa Carbone, class of '71, said that her time in high school was greatly influential on her work.

"What inspired me to write in the first place was because I wanted to say something to young people," she said. Carbone also mentioned that one of her books was set in the halls of Yorktown High.

THE HALL OF FAME inductions were organized by a group of Yorktown alumni who continue to feel a connectedness with their school.

"We have a love for our school that is second to none," Melody Miller, class of '63, said. "After 40 years, it was inevitable that we would have some distinguished graduates."

The 2008 inductees will be alongside some of the better known residents in the County's recent history. CBS news anchor Katie Couric, the late U.S. Sen. Paul Wellstone, Olympic gold medal swimmer Tom Dolan, and David Charlesbois, the pilot of the hijacked airplane that flew into the Pentagon on Sept. 11, 2001, are all enshrined in Yorktown's Hall of Fame.

Despite all the star power in the Yorktown auditorium last week, the real guest of honor was Sarah Jane Knight, a social studies teacher at Yorktown from 1961 to 1992. After receiving a standing ovation from the crowd, Knight accepted an honorary Hall of Fame plaque.

Receiving the plaque "brought back such wonderful memories of the 30 years at the school," she said. "All of my students, whenever I see them, it's a wonderful thing no matter what they're doing ... I hope they would all be successful at whatever they chose and that they would be good citizens."

# MEMORIAL DAY

## Families Remember Loved Ones Lost

**TAPS Survivor Seminar brings families from across the country.**

BY MIKE DICICCO  
THE CONNECTION

This year, Memorial Day was a four-day affair for Sterling resident Ami Neiberger-Miller, who spent the long weekend and the preceding Friday arranging interviews and herding families around Arlington, Washington, D.C. and National Harbor, Md. She was helping to coordinate the 14<sup>th</sup> annual National Survivor Seminar sponsored by TAPS, the Tragedy Assistance Program for Survivors. Hundreds of families who had lost a loved one to military service came from across the country to the Double Tree Hotel in Crystal City for the event.

For a good part of the weekend, children and parents were separated, and the approximately 300 children and teens were broken into age groups and paired with mentors who are on active duty with the military. "By spending time with their mentors, they're rebuilding their sense of connection with the military community," said Neiberger-Miller. Also, she said, it was especially good for children who had lost their father or older brother to "have someone they can horse around with and ride on their shoulders."

The children's Good Grief camp is an attempt to help children and teens work through the pain of their loss through a variety of activities, from serious discussions to

a Saturday-night party. Among the weekend's events were a wreath-laying ceremony, a National Symphony Orchestra concert, a Marine Corps Band parade and a "balloon release," during which all of the children released balloons into the sky carrying messages to the loved ones they had lost.

"It's nice to be with other people who've had that same experience, so you don't feel left out," said Brice Landstreet of Rock Hill, S.C., as he toured the monuments and military memorials on the National Mall with other 11- and 12-year-olds and their mentors Saturday afternoon. Brice said the sense of belonging was the biggest reason he had come back for his third seminar. "The mentors are really nice and you just meet some new friends," he added.

"They're not holding in their anger. They're getting it out and talking about it and relaxing and having fun at the same time," said Brice's mentor, Duaine Martin of Fort Carson, Colo. Martin said he had come to his first Good Grief camp this year looking for a chance to give something back to the community, and he said he had enjoyed getting to know the children, "seeing them smile and trying to make them laugh."

Alicia Siebert of Jacksonville, N.C. had previously attended a TAPS camp that traveled to D.C. and Las Vegas, and she said she enjoyed seeing new sights and touring museums and monuments. "Sometimes we have to sit

in circles, but we also do fun things," she said. "Circles are boring."

**HER MENTOR, JAMES HAMILTON**, who is stationed with the Army Honor Guard at Fort McNair in D.C., said he first mentored last year after his son's stepfather was killed in Iraq. "I wanted to do whatever I could," he said. "And I had to come back. I love it." When he helps to bury soldiers in Arlington Cemetery, he is not allowed to thank the families for their sacrifice, he said, noting that TAPS gives him a chance to show his appreciation.

"I get as much out of these camps as the kids do," said Hamilton. "I lost a couple of friends in the war myself." He said he would continue to mentor at the seminars "every year that I'm able to walk or get here." Last year, he was one of two members of his company who came. This year, he convinced the company to let him bring 16 men in spite of the busy Memorial Day schedule.

One of those was Ryan Stahl, who happened to be mentoring Hamilton's son, Austin. "These kids, a lot of the younger ones, they lost their positive male role model early in life," said Stahl. "I want to – not fill that but show them they can look up to other people too."

"It's just kind of fun and energetic," said Austin, who came from Fort Hood, Texas. Although Stahl said he had been fairly quiet over the weekend, Austin said he liked "when we all talk about our feelings and stuff like that." However, he said the monument tour was his favorite activity so far.

Sandra Drew of Herndon said her daughter had been too old to attend Good Grief camp and her son had preferred his own network of friends for support when their father died in Bosnia in 1995. She, however, took solace in the company of "other people who were dealing with the same things I was dealing with," she said at a banquet at the Gaylord National Resort and Conference Center Saturday evening.

Her husband, Nelson Drew, an Air Force colonel and military and political affairs officer on the National Security Council, had been traveling over Mount Igman to Sarajevo when the road gave way under his armored car. He and two others were killed. He had been working to negotiate a cease-fire to end the Bosnian War and is



PHOTOS BY LOUISE KRAFFT/CONNECTION

**Belle, the therapy dog, greets some of the seven year olds who have joined the workshop.**

credited with helping to lay the foundation for the Dayton Peace Accords that followed. "I believe he knew that this was what he was to be doing," said Drew.

In addition to her husband's military and diplomatic prowess, Drew said he had been "a great father." An image that she'd had in her head over the weekend, she said, was a memory of him "sitting on the couch with our then-18-month-old daughter, and he's got a book in his hand, reading to her, and she's got a book in her hand, upside-down, reading along."

Drew said she now attended TAPS seminars to reunite with old friends and to help newcomers. "It's a nice way to spend a weekend, coming here and remembering why we have Memorial Day," she said.

Neiberger-Miller said that after she contacted TAPS she had immediately been paired with a woman who had lost her younger brother about three years before

Neiberger-Miller's brother was killed, and she found they had many of the same concerns, such as worrying about their parents. She

**"It's nice to be with other people who've had that same experience, so you don't feel left out."**

— Brice Landstreet, almost 11

pointed out that the suddenness of an active-duty death is devastating not only to the parents and children of the deceased. "I certainly never thought my brother would die before I would," she said. "I never thought I would have to stand there with my parents and watch them bury their son."

He was 22 when he died.

### Online

To learn more about the Tragedy Assistance Program for Survivors, visit [www.taps.org](http://www.taps.org).



**Each child participating in the weekend program was escorted by a mentor. The mentors this year are all active duty military. The notes written by the children to their departed family members are tied carefully to the strings of the balloons.**

# College Student's Killer Convicted

After her tragic death, Michelle Gardner-Quinn's friends and family try to keep her memory alive.

BY DAVID SCHULTZ  
THE CONNECTION



Michelle Gardner-Quinn

Last Friday in Rutland, Vt., Brian Rooney was convicted of the 2006 rape and murder of 21-year-old Michelle Gardner-Quinn, a native of Arlington who was attending the University of Vermont.

At the same time, 1,500 miles away, a group of 18 volunteers were planting sunflowers in New Orleans. The volunteers were with the Michelle's Earth Foundation, an environmental advocacy group created following Gardner-Quinn's death.

"I think she'd be smiling with us," said Gail Fendley, a friend of the Gardner-Quinns

who is actively involved in Michelle's Earth Foundation. "She's with us. We can feel it."

**THE VIOLENT DEATH** of Gardner-Quinn, a graduate of H-B Woodlawn Secondary Program, in October of 2006 sent shock waves throughout Arlington.

She had gone missing during parent's weekend at the University of Vermont and, after an exhaustive six-day search, her body was discovered on the side of a rural

Burlington, Vt. road.

Shortly thereafter, Rooney was apprehended and charged with aggravated murder. After a trial fraught with delays, a Rutland jury found him guilty after deliberating for less than six hours. According to Rutland District Court manager Laurie Canty, the crime comes with a mandatory sentence of life without parole. Fendley was in Vermont watching the trial. "There was an overwhelming feeling of relief and vindication and, for some of us, the assurance that the person who killed Michelle will never ever harm another woman again," she said. "We're just trying to move on."

**FENDLEY'S SON**, Ian Wilson, met Gardner-Quinn at a summer camp and remained close for years afterwards. When the verdict against Rooney was announced, Wilson was with the Michelle's Earth volunteers in New Orleans' ninth ward planting sunflowers.

"He had no need to be up here," Fendley said. "He's going to keep her alive in a different way."

The volunteers were planting sunflowers in New Orleans not only to beautify an area

## Get Involved

For more information on the Michelle's Earth Foundation, visit their Web site at [HYPERLINK "http://www.michellesearth.org" www.michellesearth.org](http://www.michellesearth.org)

still recovering from Hurricane Katrina but also to improve the environment, something that Gardner-Quinn felt strongly about.

After the hurricane, some of the soil in New Orleans contained high amounts of lead. Through a process called phytoremediation, sunflowers can absorb the lead in the soil and make it usable for future generations.

"Every time I see a sunflower, I will think about the young woman that the wonderful volunteers have planted the sunflowers for," Dr. Howard Mielke, who has studied lead contamination in New Orleans, said. "The sunflowers are a living memorial."

Fendley believes that the Michelle's Earth Foundation is not only helping to keep her memory alive but is also giving meaning and purpose to those that Gardner-Quinn left behind. "This has been so devastating to us," she said. "But we're not going to let this define our lives."

# Pentagon Memorial Nearing Completion

Family members of those who died are invited to tour the almost finished memorial.

BY DAVID SCHULTZ  
THE CONNECTION

For Jonathan Fisher, coming here never gets any easier. His father, Gerald Paul "Geep" Fisher, was a defense contractor who died at the Pentagon in the Sept. 11 terrorist attacks.

**"It hurts every time you drive by or you see it on television."**  
— Jonathan Fisher

Since then, Fisher, a McLean resident who is also a defense contractor, has been to the Pentagon many times. But, almost seven years later, the emotions of that terrible day have yet to fade.

"There's a lot of unanswered questions," he said. "It hurts every time you drive by or you see it on television ... [But] you just have to do it."

Last week, Fisher returned to the site of his father's death for a preview of the memorial to the 184 people that perished on that fateful day. The Pentagon Memorial, which began construction in June of 2006, is scheduled to be dedicated on Sept. 11 of this year.

"When we dedicate this memorial," Jim Laychak, president of the Pentagon Memorial Fund, said, "It will be a historic day."

**LAYCHAK** has been the prime organizer behind the establishment of a memorial to the victims of the attack on the Pentagon.

For Laychak, a consultant who has taken a leave of absence from his job to manage the fund, creating the monument is personal. His brother, David, was one of the victims of the Sept. 11 attacks.

Laychak began the fund in 2003 and, thus far, has raised more than \$19 million for the memorial, almost all of which came from private donors. Since February of this year, the Pentagon Memorial Fund has increased by \$3 million thanks to several large corporate donations.

Thanks to the efforts of Laychak and many others, the Pentagon Memorial Fund

PHOTO BY DAVID SCHULTZ/  
THE CONNECTION

**Jonathan Fisher, with his wife Alexis, came to a preview of the memorial that honors the victims of the Sept. 11 attack on the Pentagon.**



is now within sight of the \$22 million it will need to complete construction of the memorial.

"We have come a long way in a very short amount of time," he said. "We still have a ways to go, but I'm confident we'll get there."

**THE MEMORIAL** itself, located on the southwest side of the building, is an austere tribute to those who lost their lives in the attacks.

One hundred eighty four polished gran

## More

The Pentagon Memorial Fund is a non-profit organization established by the families of those who were killed at the Pentagon on Sept. 11, 2001. The organization's mission is to provide funds for the construction and maintenance of a memorial at the Pentagon. For more information visit [www.pentagonmemorial.org](http://www.pentagonmemorial.org).

# The Elephant In The Room

An Arlington author examines suicide through the eyes of a young person.

BY DAVID SCHULTZ  
THE CONNECTION

**D**r. Millie Osborne, the medical director of Arlington County's Behavioral Health Care Services and an assistant clinical professor of psychiatry and Behavioral Sciences at George Washington University, has been helping people recover from mental illness for over 20 years. She also is the mother of four children. Recently she gave a talk about suicide at the Beatley Library in Alexandria based on her new book. "The Inner World of a Suicidal Youth: What Every Parent and Health Professional Should Know," is an examination of Electra, a college student whose ongoing psychological turmoil leads her to commit suicide.

Osborne wrote the book after being given Electra's diary by members of her extended family who found them after she died. The result is a rare bird's-eye view into the mind

of a deeply troubled young person.

In an interview Osborne talked about why her book is relevant now, what could have been done to help Electra and why society needs to change the way it thinks about suicide.

**Tell me about your book.**

Suicide is the elephant in the room that no one wants to talk about. As a result of all the stigma around it, the rates aren't getting any better. They're getting worse. Young people, in particular, are attempting suicide more. My goal in writing the book is [to] follow a young lady through adolescence as she goes through college. The young lady has a lot going for her. The point is to show how on the surface people can appear as though they're fine. We have to look beneath the surface to try to understand young people.

**How did you find these diaries?**

Her family found them and sent them to me. A lot of people ask me if she was a patient of mine. She was not ... Even if a patient had given me permission to do something like this, I would have felt that was too intrusive.

**What did you learn through the writing of this book.**

I learned a lot of what I already knew. I've been a psychologist for many years so



Dr. Millie Osborne

PHOTO COURTESY MILLIE OSBORNE

In general, people have a kind of tunnel vision in terms of suicide. One of the insights that I hope to bring to the community is just how complex this can be. A lot of people want to believe that if you're depressed you become suicidal. But most people who are depressed do not try to kill themselves. What Electra does for the community is that she presents multiple facets to this lethal condition, facets that even the most seasoned psychiatrist wouldn't have the opportunity to see.

**How did you get involved in this area of study?**

I started out in family practice. In attempting to treat basic hypertension and diabetes, I found that a lot of my patients had other issues that contributed to their illnesses but needed another level of understanding and treatment. I switched to psychiatry ... I've always loved people and wanted to help them. It's second nature to me. And I've always loved children.

**Could anything have been done to prevent Elektra's suicide?**

I know a lot could have been done. But, that said, what was done at the time was based on how we understand suicide ... One of the things I've noticed is that the therapists are trained to do therapy in a certain

SEE ELEPHANT, PAGE 13



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Directions: The National Mall, between the National Gallery of Art and the Air and Space Museum. Nearest Metro stops: Archives-Navy Memorial, Smithsonian and L'Enfant Plaza.

# OPINION

## Memorial Day

As workers complete the planned Pentagon Memorial which will be dedicated on Sept. 11, a more modest five-sided monument stands in the midst of Arlington Cemetery. The names of all those who died in the Pentagon or on flight 77 are engraved on its sides. Some of those who died that day are also buried nearby.



PHOTO BY MARY ANNE WEBER

## Call for Father's Day Photos

Every year at this time, the Connection puts out the call for photographs of fathers and their children, grandfathers and their children and grand children.

Father's Day is Sunday, June 15, and once again the Connection will publish a gallery of Father's Day photos.

Send in photos as soon as possible, includ-

ing names of everyone in the picture, the date the picture was taken, the ages of the children and sentence or two about what is happening and where the photograph was taken. Be sure to include your town name and neighborhood.

We prefer digital photos, but we also accept prints. We will do our best to return hard cop-

ies of photos that include a self-addressed-stamped envelope for that purpose, but please do not send us any photos that cannot be replaced.

Send photos to The Connection, Father's Day Photo Gallery, 7913 Westpark Drive, McLean, VA 22102. Or e-mail them to photoArl@connectionnewspapers.com.

## Print Editions Now Available on Web Site

A new feature on the Connection Web site, www.connectionnewspapers.com, allows readers to access pdf copies of the actual newspaper for each of our 18 weekly editions, plus our five monthly HomeLifeStyle sections.

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or all of our papers each week on your computer. If one of your children has been featured in the paper, any relative or friend anywhere in the country can see the page exactly as it appeared in the newspaper.

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### LETTERS TO THE EDITOR

## Tree-cutting at Cooper: Preview of Thing to Come

To the Editor:

I'm sorry but it is hard to believe that VDOT did not rush to clear the land across from Cooper Middle School for a staging area for HOT Lane construction before local citizens or public officials could do anything about it ["Tree-Cutting Alarms Neighbors," May 14-20]. For those who haven't driven by there suffice it to say it's a jarring sight to see hundreds of trees gouged out of the ground. That drastic action sets the tone for things to come and is in keeping with how this boondoggle came about in the first place.

I remember reading about the proposal years ago and thinking that the idea was so ridiculous and unworkable that no public official would go for it. Silly me. The next thing I know an agreement was signed to build it and now construction has begun.

Supervisors John Foust and Gerry Connolly and state lawmakers were right to step in and promise monitoring of the project but more is required. It should be stopped before more abominations like that done to the land across from Cooper take place and our public officials should step up to the plate.

There are so many reasons why. As has been reported by those able to pry information from VDOT and Fluor/Transurban, the project requires demolishing and rebuilding

overpasses along the route. The full meaning of this will become clear when the Beltway turns into a parking lot and homeowners along the way are treated to years of construction mayhem and noise pollution on behalf of a private company that won't tell us much about how they plan to run the enterprise, how much they will charge, or prove that it will benefit us.

**ONE INNOVATION** will apparently see some homeowners being asked to help pay for sound barriers along the widened beltway. We have learned that a promised use of the HOT Lanes by public transit will probably not be feasible until 2020 and even that will be minimal. We have also learned traffic going from the HOT lanes

into Maryland will merge with the rest of the beltway traffic at Rt.193 just before the American Legion Bridge. To avoid a back up at the merge point, traffic volume will apparently be regulated by raising the price for using the HOT lane. Does this sound like something that will reduce traffic woes? I guess it's acceptable if everyone suffers.

The prices for the HOT lanes will be posted and presumably drivers will have a few moments to ponder whether to get on or not. Won't this slow traffic down? Won't it slow down when the HOT lane is suddenly closed when traffic on it goes below 45 mph? Accessing the lanes will require a transponder to collect tolls different from EZ Pass.

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To discuss ideas and concerns, call: 703-917-6431  
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arlington@connectionnewspapers.com  
Web Site:  
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**Mary Anne Weber**  
Editor, 703-917-6431

**David Schultz**  
Reporter, 703-226-1652

**Rebecca Halik**  
Editorial Asst., 703-917-6407

**Eric Gilmore**  
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Mary Kimm  
703-917-6416

mkimm@connectionnewspapers.com

### Editor in Chief:

Steven Mauren

### Managing Editors

Steve Hibbard, Michael O'Connell,

Kemal Kurspahic

### Photography:

Robbie Hammer, Louise Krafft,  
Craig Sterbutzel

### Art/Design:

Zohra Aslami, Kevin Cooper,  
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### Production Manager:

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**CIRCULATION: 703-917-6481**  
Circulation Manager:  
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## H-B Woodlawn Top High School In Va.

According to an annual ranking of the nation's high schools by Newsweek, H-B Woodlawn Secondary Program is the best in Virginia and 16<sup>th</sup> in the country.

Washington-Lee High School ranked 64<sup>th</sup> in the nation, Yorktown High School came in at 74<sup>th</sup> and Wakefield was ranked 420<sup>th</sup>. All four Arlington public high schools were in the top two percent of schools in the nation.

"We believe it is vital to ensuring a rich and rigor-

ous curriculum that we give all of our students access to advanced learning opportunities, such as AP and IB courses, and that we provide them the encouragement and assistance needed to ensure their success," Arlington Superintendent Robert Smith said in a statement. "While we recognize and appreciate that the Challenge Index does not capture all of the elements of a good school, we believe that the degree of challenge given students represents one very important measure of a school's quality."

## 9/11 Memorial Nearing Completion

FROM PAGE 4

ite benches, one for each of the victims, are arranged on the two-acre site. The benches are placed in order of age, from oldest, 71-year-old John D. Yamnicky, to youngest, three-year-old Dana Falkenberg.

Each bench will have the name of the victim

**"When we dedicate this memorial, it will be a historic day."**

— Pentagon Memorial Fund president Jim Laychak

it represents etched onto its side. Beneath each of the benches will be a small pool of illuminated water.

"It's kind of soothing, like waves," Fisher's wife, Alexis said. "It's a nice design," Fisher

added. "It's not too flashy which is good."

**SEEING** the nearly completed memorial reminded Fisher that "There's some place I can go to and some place I can actually pull strength from. Even though it is very upsetting to come to this location, it's still a very nice feeling that there are so many people that have put so much time and energy and money into such a worthwhile site." At the preview last week, Fisher walked around the memorial until he found the bench with his father's name on it. As nearby construction workers worked busily around him, he stroked the smooth granite finish and stared at his father's name, deep in thought. "I don't know what keeps me coming back," he said. "This was the place where the last moments that my father was alive... This is the closest I can be to that point. It's very hard to explain."

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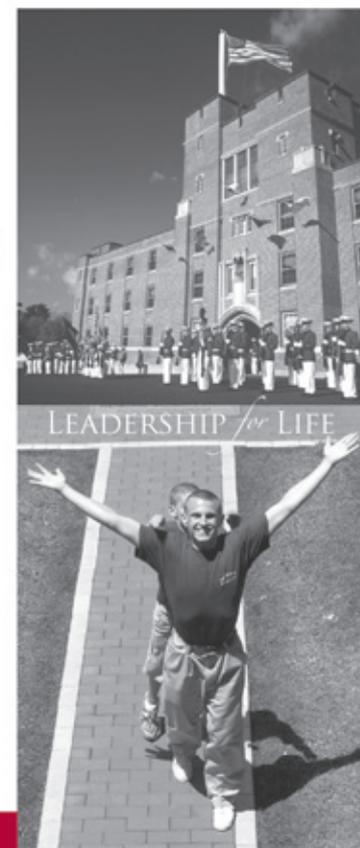
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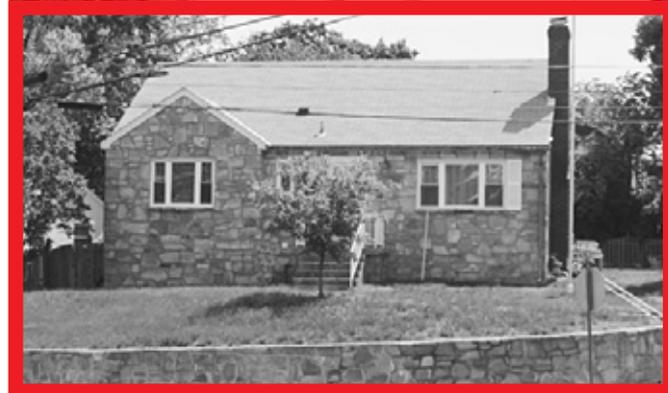
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# E

ARTS ♦ ENTERTAINMENT ♦ LEISURE

## Pub Life Explored

Keegan Theatre explores fate of famed institution.

BY BRAD HATHAWAY  
THE CONNECTION

It may be hard to imagine Ireland without its famed pubs. It would be even harder to imagine Irish theater without them, for the image of the Irish wrapping palms around pints is indelibly etched on the consciousness of anyone who attends an Irish play from time to time.

The Keegan Theatre, a company that started out in Arlington and has developed strong ties to all things Irish (including being the only American theater company that annually tours the Emerald Isle) is presenting the American premiere of a play by Owen McCafferty that taps into the problem Irish pubs are having.

### Where and When

The Keegan Theatre's production of "Closing Time" plays through June 7 at Theatre on the Run, 3700 South Four Mile Run Drive. Performances are Thursday - Saturday at 8 p.m. with a matinee on Sunday, June 1 at 3 p.m. Tickets are \$15 - \$20. Call 703-892-0202 or log on to [www.keegantheatre.org](http://www.keegantheatre.org).

With the increasing affluence of the Irish people, they have many new options for their free time and they are spending less and less time sitting in pubs knocking back a brew or a shot. As a result, many pubs are going out of business. The BBC reported last year on the decline in pub licenses and the closings among rural pubs, especially in the Republic of Ireland where smoking has been banned in pubs.

McCafferty's play isn't set in a rural pub or even in the Republic of Ireland. It takes place in a small bar in a hotel in Belfast in

SEE PLAY PAGE 14

# Life On Two Wheels

A local bike event highlights the area's cycling amenities.

BY DAVID SCHULTZ  
THE CONNECTION

In recent years, both Arlington County and the City of Alexandria have taken strides to make their respective communities more friendly to cyclists.

They have created hundreds of miles of dedicated bike lanes, repaved existing bike trails and installed dozens of bike racks, all in an effort to make the area more amenable to cyclists.

"Arlington and Alexandria are both well-positioned to be heavy bike usage communities," Alexandria City Council Member Rob Krupicka (D) said. "I think we're better than most right now."

Now Arlington and Alexandria will be teaming up to host the fourth annual Community Bike Ride as a way to show that, in this area, cycling can be a practical substitute to driving.

"With the increase in gas

### Participate

The 2008 Arlington & Alexandria Community Bike Ride is taking place on Saturday, June 7. Check in for the event begins at 7 a.m. at 2121 Crystal Drive in Arlington, two and a half blocks from the Crystal City Metro Station.

Riders can go on the 23-mile Community Tour route, which goes along trails and streets, or the eight-mile Family Ride route, which goes only on trails. There will also be food, music and other entertainment at the finish line in Crystal City after the race.

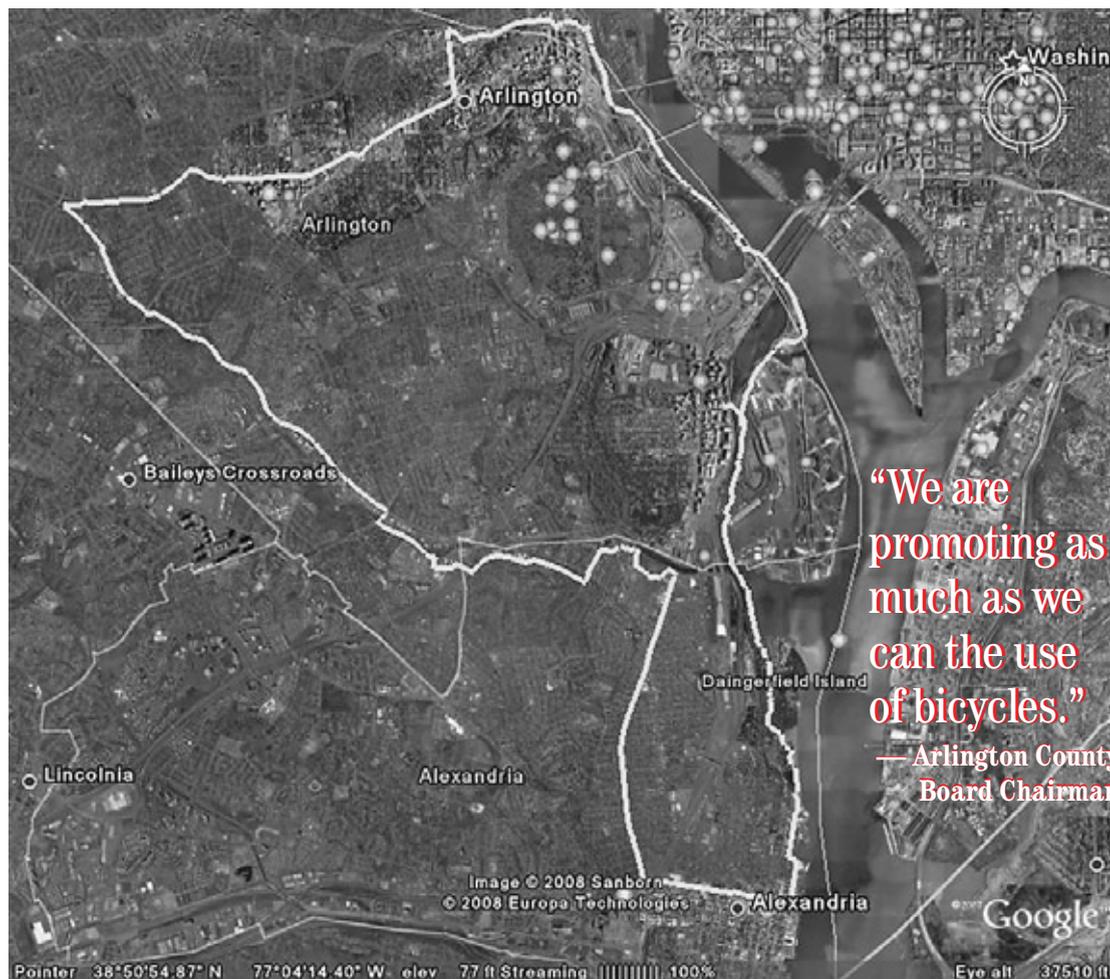
For more information, visit the Washington Area Bicyclist Association at [www.waba.org](http://www.waba.org).

prices and focus on the environment, people are starting to see the bike as a viable means of transportation," Chantal Buchser of the Washington Area Bicyclist Association said. "If you're just running up to the grocery store, you don't need to take your car."

**THE COMMUNITY** Bike Ride began in Arlington in 2005 as a way to encourage bike use in the County. "It's to show people how they can get around by bike," Buchser said. Her organization, the Washington Area Bicyclist Association, is organizing the event.

She said that Arlington and Alexandria are both exemplary in what they offer to cyclists. One of the most helpful things for cyclists, Buchser said, are the detailed maps that show the bike routes of the area. "They have great maps," she said. "If you know you want to get from point A to point B you can get there using the maps."

Arlington County Board Chairman Walter



"We are promoting as much as we can the use of bicycles."

— Arlington County Board Chairman

### The 23-mile Community Tour goes to Rosslyn, East Falls Church, Del Ray and Old Town Alexandria.

Tejada (D) said that the Community Bike Ride is an important part of the effort to encourage bike usage in the area. "We are promoting as much as we can the use of bicycles," he said. "Not just as an alternative means of transportation. It's also healthy."

Last year, the City of Alexandria joined in the act. "We have some very involved advocates here in town who knew of the Arlington ride and we all felt like a ride done jointly by the jurisdictions would be good for people," Yon Lambert, a manager in the City's transportation department, said. "[It] would help us show the connectivity particularly, between the trail systems"

"It's nice to have a partner like Arlington who can show us the way in some areas," Krupicka said.

The focus of this year's event, organizers said, is to show participants how easy it is to travel between the City and the County on a bicycle. Combining the two jurisdictions was a natural, Arlington County bike expert Paul DeMaio said, because they share several trails and dozens of routes.

"Alexandria and Arlington are so similar," he said. "If we were to do the ride separately it would just be duplicative of all the work."

**THIS YEAR'S** Community Bike Ride starts and ends in Crystal City, an area that is trying to project a cyclist-friendly image.

"We're very excited to be the main host," said Angie Fox, the president of the Crystal City BID, a group that promotes the area's businesses. "It's a showcase for the active side of Crystal City."

"We have the lovely Mount Vernon Trail that gets heavily used here," Fox's colleague Maurisa Turner-Potts said. "We have open spaces and dedicated bike lanes."

This year's bike ride offers two routs for cyclists to choose from. One is an eight-mile course that goes up and down the Mount Vernon Trail, which runs alongside the Potomac River from Rosslyn to Mount Vernon. DeMaio said that this course is for "younger individuals or maybe people who haven't been on a bicycle in a while."

The other course offered is a 23-mile tour around the Arlington and Alexandria area. It goes from Crystal City up to Rosslyn, out to the East Falls Church neighborhood, along the Washington & Old Dominion Trail, down through Del Ray and into Old Town Alexandria before finishing back up to Crystal City.

But make no mistake, event organizers said: this is not a race. Rather, it is a chance to get a scenic tour of the area while discovering all Arlington and Alexandria has to offer cyclists.

DeMaio said, a crew of police escorts will be at the front of the pack and "No one is allowed to pass them. If anything, the police will be the winner."

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# CALENDAR

Send items by e-mail to [arlington@connectionnewspapers.com](mailto:arlington@connectionnewspapers.com). Deadline is 2 p.m. the Thursday before publication. Call Rebecca Halik at 703-917-6407 with any questions.

**ONGOING:**  
The **Arlington Farmers' Market** takes place on Saturdays from 9 a.m.-noon year round. Located at the intersection of N. Courthouse Road and N. 14<sup>th</sup> Street. Visit [www.arlingtonfarmersmarket.com](http://www.arlingtonfarmersmarket.com) for more on the market and vendors.

**Potomac Overlook Regional Park**, 2845 Marcey Road, presents "Unlocking the Secrets of Our Living Planet: A Guided Hike at Potomac Overlook" at 2 p.m. on **alternating Saturdays and Sundays**. \$3/person and reservations can be made at [Potomac@nvrpa.org](mailto:Potomac@nvrpa.org) or 703-528-5406.

**Arlington's David M. Brown Planetarium**, 1426 N. Quincy St., presents "Larry, Cat in Space" through **Sunday, June 15**. Enjoy a heartwarming story about a cat who takes a trip to the moon to be with his owner. Show times are Fridays & Saturdays at 1:30 p.m. and Sunday matinees at 1:30 p.m. & 3 p.m. Admission is \$3 for adults and \$2 for seniors & children 12 and younger. For further information, call the Planetarium office at 703-228-6070.

**Weekly Farmers Markets** are set to return May 30 to Ballston's Welburn Square, between N. Stuart & N. Taylor Streets across from the Ballston Metro station. The markets will operate every Friday from 11 a.m. to 3 p.m. through Oct. 17, except for July 4. For directions and further information, visit [www.ballstonfarmersmarket.blogspot.com](http://www.ballstonfarmersmarket.blogspot.com) or call 703-528-3527.

Hear music on "Wednesdays at **Waterview**" from July 9 through Aug. 20 from Waterview Terrace, 1919 N. Lynn St. in Rosslyn. Enjoy happy hour concerts from 5:30-8 p.m. Enjoy **Rosslyn Restaurants & Rhythms** on Fridays from 5-6:30 p.m. at Tivoli Restaurant, Sundays from 7-8:30 p.m. at Piola and Mondays from 5-6:30 p.m. at Café Asia. Free.

There are concerts in **Welburn Square** on Fridays along with Friday nights at Lubber Run Amphitheatre. There are **James Bond Film Festivals** on Mondays in Crystal City and Fridays in Rosslyn through September. For more information on all of these events and more visit [www.arlingtonarts.org](http://www.arlingtonarts.org) or 703-228-6966.

**THURSDAY/MAY 29**  
**Music Production.** Teens can learn about the production of urban music at 4 p.m. at Thomas Jefferson Community Center, 3501 S. 2<sup>nd</sup> St. Free. Register at 703-228-7783.  
**Meet Author D.J. MacHale.** 4 p.m. at Aladdin's Lamp Children's Books, 2499 N. Harrison St., Suite 10. D.J. MacHale will introduce his newest book from the Pendragon series. Call to register. Ages 10 and up. 703-241-8281.  
**Music Performance.** The Washington-Lee High School band will perform at 7 p.m. at Mount Olivet United Methodist Church, 1500 N. Glebe Road. Free.

**FRIDAY/MAY 30**  
**Zumba.** 5:30 p.m. at Lubber Run Center, 300 N. Park Drive. Teens can have fun while learning a new dance. Free. 703-228-4727.  
**Story Time.** 10:30 a.m. at Kinder Haus Toys, 1220 N. Filmore St. With the lively Ms. Laura. Join for great stories such as "Where the Wild Things Are" and "If You Give a Mouse a Cookie." To register: 703-527-5929.  
**Music Performance.** The Washington-Lee High School Jazz Band performs at a Jazz Festival at 7 p.m. at Kenmore Middle School, 200 S. Carlin Springs Road. Jazz students from several Arlington schools, including both Washington-Lee High School and Kenmore Middle School, perform during this evening of jazz.  
**Stop In For Stories.** 10 a.m. or 11 a.m. at Central Library, 1015 N. Quincy St. Free. Stories, songs and more for all ages. 703-228-5946.

**Tofu Temptations.** 1:30 p.m. at Aurora Hills Senior Center, 735 S. 18<sup>th</sup> St. Franklin Fung Chow demonstrates healthy Chinese recipes with tofu. Free, but registration required, 703-228-5722.  
**Party on the Potomac.** 7-9 p.m., middle and high schoolers can cruise along the Potomac with a pizza buffet, music, games and more. Drop off/pick up at Thomas Jefferson, Langston or Gunston community centers. \$55/person. 703-228-4711.  
**Bug Huggers Campfire.** 8-9:15 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Families of all ages can enjoy campfire activities, treats and more. \$3/person. Registration required, 703-228-3403.

**SATURDAY/MAY 31**  
**Wine Tasting.** 7-9 p.m. at Our Savior Lutheran Church, 825 S. Taylor St. Benefits Arlington Food Assistance Center. \$35/person by visit [www.osva.org/info/wine.html](http://www.osva.org/info/wine.html) or 703-892-4846.  
**Story Hour.** 11 a.m. at Aladdin's Lamp Children's Books, 2499 N. Harrison St., Suite 10. Free. For children ages 2-6. 703-241-8281.  
**Things That Go.** 1 a.m. at Aladdin's Lamp Children's Books, 2499 N. Harrison St., Suite 10. "Hush Little

**Movie Discussion.** 1 p.m. at Shirlington Library, 4200 Campbell Ave. Discuss "Snow Falling on Cedars." Free. 703-228-6321.  
**Crossing Guards.** 1 p.m. at Walter Reed Community Center, 2909 S. 16<sup>th</sup> St. Learn about crossing guards. Free. 703-228-0955.  
**Uniting Arlington.** 7 p.m. at Central Library, 1015 N. Quincy St. Enjoy a panel discussion on the cultural education of Arlington. Free. 703-243-0431.

**Digger** by Ellen Olson-Brown and "Red Truck" by Kersten Hamilton. Free. For children ages 2-6. 703-241-8281.  
**Yard Sale.** St. Peter's bi-annual yard sale will be from 9 a.m.-1 p.m. at 4250 N. Glebe Road. Browse through a variety of goods, sports equipment and more. There will be a hotdog lunch. Free.  
**5k For Congo Women.** 8 a.m. at Bon Air Park, 850 N. Lexington St. Raise funds and awareness for the women of Congo. \$15/person. Walk or run the race. 703-536-9798.  
**Birds Abound.** 10 a.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Families with children ages 7 and up can learn about migratory birds, learn a dance and play games. Free. Registration required, 703-228-6535.  
**Bike Class.** 1 p.m. at Central Library, 1015 N. Quincy St. Learn how to be a responsible bike rider. Free. 202-518-0524.  
**Puppet Workshop.** 3 p.m. at Shirlington Library, 4200 Campbell Ave. Transform common household items into a small marionette puppet. Children ages 4-12. Registration recommended. Free. 703-228-0322.  
**May Café.** 7-11 p.m. at Thomas Jefferson Community Center. Enjoy playing basketball, using the track and more in the open gym and playing games in the open game room. Free. 703-228-7781.  
**Music Performance.** 7 p.m. at Cassatt's Kiwi Café, 4536 Lee Highway. Hear music by Two Guys with Glasses. Free.  
**Yard Sale.** 9 a.m.-noon at St. Mark's United Methodist Church, 2425 N. Glebe Road. Browse through displays, clothing, games, books and more. Free.

**SUNDAY/JUNE 1**  
**Music Performance.** Hear music by Bach at 4 p.m. at Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. Free. 703-892-2135.  
**WalkArlington.** 3-5 p.m. in the Dominion Hills Neighborhood. Guided walk will be led by J. Walter Tejada. Begins and ends at Mace Park. Free. Visit [www.walkarlington.com](http://www.walkarlington.com) for more.  
**Green Living Home and Garden Tour.** 1-5 p.m. in Arlington. Browse homes and gardens that have environmental friendly features. \$5/donation. Visit [www.arlingtonenvironment.org](http://www.arlingtonenvironment.org) or 703-228-6406 for a list of homes.  
**Author Event.** 2 p.m. at Central Library, 1015 N. Quincy St. Jeff Yeager will discuss his book "The Ultimate Cheapskate's Road Map to True Riches." Free. Copies will be available. 703-228-6321.

**MONDAY/JUNE 2**  
**Golf Tournament.** SCAN hosts the 12<sup>th</sup> annual tournament at Westfields Golf Course in Clifton. Proceeds benefit SCAN. \$100/person includes clinic, dinner and golfing. Visit [www.scanva.org](http://www.scanva.org).  
**Drop In Story Time.** 4 p.m. at Shirlington Library, 4200 Campbell Ave. Story time for children ages 2 and up. Free. 703-228-6535.  
**Story Time.** 10:30 a.m. at Kinder Haus Toys, 1220 N. Filmore St. With the lively Ms. Laura. Join for great stories such as "Where the Wild Things Are" and "If You Give a Mouse a Cookie." To register: 703-527-5929.  
**Rusted Root Summer Top.** 7-9 p.m. at Ri-Ra Irish Pub, 2915 Wilson Blvd. Learn how to create this item. \$70 for all classes. RSVP to [Danielle@knti-a-8080.com](mailto:Danielle@knti-a-8080.com).  
**Games.** 1:30 p.m. at Langston Branch Gym, 2121 N. Culpepper St. Players of all levels can play in-door volleyball. Free. 703-228-4745.  
**Drop in Story Time.** 4 p.m. at Shirlington Library, 4200 Campbell Ave. Children age 2 and up can enjoy story time. Free. 703-228-6545.  
**Movie Series.** 7:30 p.m. at Signature Theatre, 4200 Campbell Ave. Watch "Cabaret (1972)." Free. 703-228-6545.

**TUESDAY/JUNE 3**  
**Birding: Flag Ponds & Battle Creek Cypress Swamp.** 7 a.m.-4 p.m. at Lubber Run Center, 300 N. Park Drive. Adults can search for a variety of birds. \$20/person. Registration required, 703-243-4342.

**WEDNESDAY/JUNE 4**  
**Story Hour.** 11 a.m. at Aladdin's Lamp Children's Books, 2499 N. Harrison St., Suite 10. Free. For children ages 2-6. 703-241-8281.  
**Summer Bird Walk.** 8:30-11 a.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Adults can take an informal walk in search of resident birds. Bring binoculars. Free. 703-228-6535.  
**Gemstone Club.** 2:30 p.m. or 4 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Children ages 7-11 can learn about pearls and then take a gemstone home. \$5/child. Registration required, 703-228-3403. SEE CALENDAR. PAGE 16



Everclear is the headline band at this year's Crystal City Rocks Concert on Sunday, June 8 from 2-6 p.m.

**CRYSTAL CITY ROCKS**  
Rock Concert featuring Everclear  
Opening Band: Flip Like Wilson

Join us for a rockin' time at the 4th Annual Crystal Rocks! Sunday, June 8 2-6 PM  
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Bring your blanket and your rhythm!  
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Or to mail photo prints, send to:  
The Arlington Connection, "Me and My Dad Photo Gallery,"  
7913 Westpark Dr. • McLean, VA 22102  
Photo prints will be returned to you if you include a stamped, self-addressed envelope, but please don't send us anything irreplaceable.

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Free. Rain or Shine.  
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June 8 Her Majesty's Secret Service (1968)  
June 15 Diamonds Are Forever (1971)  
June 22 Live and Let Die (1973)  
June 29 The Man with the Golden Gun (1974)  
July 7 The Spy Who Loved Me (1977)  
July 14 Moonraker (1979)  
July 21 For Your Eyes Only (1981)  
July 28 Octopussy (1983)  
Aug 4 A View to a Kill (1985)  
Aug 11 The Living Daylights (1987)  
Aug 18 License to Kill (1989)  
Aug 25 GoldenEye (1995)  
Sept 1 Tomorrow Never Dies (1997)  
Sept 8 The World Is Not Enough (1999)  
Sept 15 Die Another Day (2002)  
Sept 22 Casino Royale (2006)

## SPORTS

# Yorktown Heading Into Final Four

## Patriots boys soccer will face Stone Bridge.

By ERIC J. GILMORE  
THE CONNECTION

In the regular season, Yorktown's boys soccer team lost four games, all of which were early in the season. The Patriots dropped a non-district overtime game to Jefferson, the defending state champions and others to Westfield and Robinson.

Highly ranked in the preseason, Yorktown took its lumps. But those trials and tribulations are reaping benefits now that the Patriots enter into the region Final Four at Yorktown on Wednesday.

The Patriots racked up wins in the National District, finishing undefeated.

Spearheaded by ultra-talented National District Player of the Year Alex Herrera, a junior midfielder, Yorktown barely edged Fairfax, the Concorde's fourth-seeded representative, 2-1, at home in the first round. Like some of the previous losses, the Patriots, especially as the favorites, couldn't disperse their

# Yorktown, W-L Baseball Bounced

## Patriots' 17-game streak snapped, season finished.

By ERIC J. GILMORE  
THE CONNECTION

Heading into the first round of the region baseball tournament, Yorktown hadn't lost since starting 1-3.

The only problem was that Robinson didn't care. The Rams blanked the Patriots, 5-0, on Friday at Greenbrier Park to unceremoniously terminate a highly decorated season, the school's best since it equaled its 18-5 record in 2002.

Despite becoming the first-ever team to finish undefeated throughout the National District, the Patriots couldn't handle Robinson's pitching.

The Patriots won their first district title since 2004,

# Yorktown Softball Upset, Season Over

## Patriots blasted by Westfield.

By ERIC J. GILMORE  
THE CONNECTION

For Yorktown softball team, a record-setting season came to a sudden halt as Westfield pounded out six runs in the top of the seventh on Friday to oust the Patriots, 10-3, from the region tournament.

Heading into the game, the Patriots had won a school-record 19 games, including 17 consecutively. Yorktown sifted through the dis-

trict, punctuated the season with a district title.

So naturally, the Patriots expected to down the Bulldogs. Only it didn't happen that way. Down a run, Yorktown came unraveled in the top half of the final frame, allowing multiple bunts. Westfield second baseman Susan Slusher opened the inning with a bunt single, and two more bunts sandwiched an infield single, all of which scored runs. Westfield salted away three more runs, including a base-clearing triple by freshman shortstop Jess McNamara.

Even in defeat, the Patriots' senior class end their careers as the opponent in regulation. Instead, Yorktown used a Herrera goal in the second sudden-death overtime to notch the win. Maybe it was a wake-up call, but the Patriots survived and for National District Coach of the Year David Wood, that was enough in getting to Lake Braddock, an overachieving Patriot District team, in the second round.

**IN THE REGION** quarterfinal, Yorktown scored the first two goals — the first behind Herrera — to earn an opportunity with Stone Bridge in the regional semifinal. The Patriots used solid performances by goalie C.J. Bartholomew and senior leader David Grebb, also an all-district basketball standout, to tally the win. Bartholomew had six saves, while Grebb assisted on senior forward Kurt Freemyer's eventual game-deciding goal late in the second half.

Meanwhile, Stone Bridge, the Patriots semifinal opponent, edged past Herndon, 1-0, on Thursday. The Bulldogs (16-1-1) won the Liberty District, before falling to Jefferson in the tournament championship.

The semifinal winner is guaranteed a spot in the state playoffs.

The region final is at 7:30 p.m. on Friday at Yorktown.

the same year Yorktown last went to the regional semifinals.

**THE GENERALS**, who finished one game below .500, had the same fate, losing on the road to Oakton, 8-2, on Friday. Washington-Lee, making its sixth straight region tournament appearance, kept the Cougars at bay for the first four innings.

With right-hander senior J.P. Morgan on the mound, the Generals were down a run heading into the fifth, when the Cougars exploded for seven runs. Oakton pitcher/first baseman Bret Williams pelted a grand slam in the fifth.

W-L rallied with two runs in the top of the seventh.

The Generals finished with its second losing season in the past three years, but should be poised for a strong season in 2009, with second-team all-district sophomores Karl Lendenmann and Tom Edwards returning.

winningest class in school history. Over the past four years, the Patriots have compiled a 63-25 record.

In addition, Hanafin has been named the team's MVP over the past three seasons, while Yorktown touted first-team all-district selections at five positions. Junior Hannah Bauman was selected as the National District Pitcher of the Year, while first-year head coach Al Richardson was the district's Coach of the Year.

The semifinals of the Northern Region tournament will take place at South County on Wednesday, while the finals are scheduled for 6:30 p.m. Friday at Yorktown.

## HIGH SCHOOL ROUNDUP

# Smith First in Triple Jump at Region Track Meet

Yorktown senior Jaclyn Smith continued her triple jump dominance, winning the event at the Northern Region track meet held over the weekend at Lake Braddock. After earning top honors in the National District meet last week, Smith won the triple jump with a personal-best leap of 38 feet, 11 3/4 inches.

Smith cleared more than a foot from meet-best leap (37-5) during the districts, where she also won the 400. At the outdoor region meet last year, Smith finished fourth in the triple jump and third in the 400-meters.

This year, Centreville's Jordan Grant, who finished third in the 200 and fourth in the 100, edged Smith in the 400-meter event. Smith ran a meet-best and personal-record 57.09 in the preliminaries, but had a 56.52 time to finish second in the 400-meter final. Both of Smith's finishes automatically qualified her for the state meet, which will take place May 30-31 at Todd Stadium in Newport News, Va.

Yorktown freshman Lena Negri finished sixth in the 400-meters, running a 59.7. She also finished 13th in the high jump. Washington-Lee's Kim Sue Grant was ninth in the triple jump and 11th in the high jump.

For the boys, Yorktown's Ross Cortes was 10th in the high jump, and Washington-Lee's Joe Pricone was eighth in the shot put. Luke Malley ran a personal-best (4:37.74) to finish 14th in the 1,600, just ahead of Yorktown's Dylan McGowan (4:39.32).

As a team, the Yorktown girls topped the Arlington schools, finishing 15th. The Washington-Lee boys finished with a single point, good enough for 23rd.

According to www.milestat.com, the Yorktown girls are seeded 29th heading into the state meet. Smith, who was the team's outdoor MVP last season and indoor MVP this season, will likely be the Patriots' only point-getter. At the indoor state meet in March, she finished fourth in the triple jump and eighth in the 300-meters.

# Richardson Re-named as Wakefield's Girls Basketball Coach

Former Wakefield girls varsity basketball coach Marcia Richardson was hired to the same spot she had for seven years, from 1993-1999, the school announced recently.

During her previous stint at the south Arlington school, Richardson replaced current director of student activities Noel Deskins. It was only natural that after a two-year teaching hiatus in Maryland, where she served as head coach at Maderia, the longtime physical education teacher matriculated back to where she started.

Richardson was named the National District Coach of the Year for the 1995-1996 season, the last time the Warriors won a district title.

During a standout career at the University of Maryland, Richardson was a three-time ACC Women's Basketball Champion and the 1982 ACC Tournament MVP, which went to the NCAA Final Four. She currently ranks third on Maryland's all-time scoring list with 1,630 points, and was recently selected to the ACC's 50th Anniversary Women's Basketball team.

Upon graduating, Richardson briefly worked as an assistant to then-George Mason head coach Jim Lewis, who now coaches at T.C. Williams. Richardson briefly lived in Raleigh, N.C., where she worked as a gardener. She's currently a teacher at Wakefield and was an assistant for Peter Stephan at West Potomac last season. Originally from Rocky Mount, N.C., she replaces Devaughn Drayton, who resigned as head coach after three years. The Warriors finished with just two wins in 2007-2008.

Wakefield is also currently seeking varsity coaches in field hockey, girls' lacrosse and volleyball.

# Yorktown Crew Finishes Sixth at Nationals

Though Gonzaga won the boys senior eight petite final at the Scholastic Rowing Association of America Nationals in Oak Ridge, Tenn., Yorktown finished sixth — its highest finish in many years.

In the first round heats, the Patriots placed second to St. Mary's (Detroit, Mich.), finishing ahead of eventual winner Gonzaga, who Yorktown had never previously defeated.

In another qualifying round, the Patriots boat again finished second, losing to Central Catholic (Pittsburg, Pa.) by a fraction of a second. In that race, Yorktown beat Westfield, St. Albans, and W.T. Woodson.

During the semi-final race, the Patriots finished third, edging both fourth-place Thomas Jefferson and sixth-place McLean, guaranteeing them a spot in either the petite or second-level finals.

As the top-seed in the petite finals and occupying lane three, the Yorktown boat finished sixth — its slowest time of the regatta.

"It was real shame the season had to end as it did," said Patriot boys head coach Andy Bacas, according to the team's Web site. "The kids rowed their hearts out here at nationals and it hurts to lose to people we had bested head-to-head in the earlier rounds. The heat, the sun, and the hard racing to prove themselves worthy against schools we had never beaten before this weekend, took their toll, physically and emotionally."

In the same meet, Washington-Lee's freshmen girls eight reached the semifinals, finishing sixth nearly 20 seconds behind heat-winner Mount St. Joseph's (Baltimore, Md.). The Generals freshmen boat had won the last three local competitions.

In the girls' senior eight races, T.C. Williams finished third in the petite final, while Robinson placed sixth.

"The kids had already proved themselves prior to that last row," Bacas also said, taking blame for the lackluster final row. "We will learn from all this and be better for it next year."

# HEALTH

## The Elephant In The Room

FROM PAGE 5

way. The psychiatrists they are trained to assess and maybe start them on medication. But very often there is so much more to the picture that we don't see in a professional setting. This [book] is a bird's-eye view that experts don't get to see.

### What should every parent know about looking out for warning signs in their children?

I don't think it's that the parents don't pay attention. The community is agatekeeper:

teachers, parents, therapists, psychiatrists. The prevention of suicide isn't on one individual. If a parent has a suicidal youth, it isn't on that one parent.

A mother [once] told me that her son doesn't talk to her. Part of the message that I tried to convey to her is that just because we're parents to our kids doesn't mean we need to think of ourselves as lone rangers. If your son won't talk to you, there's somebody he'll talk to. She could bring her son [to a local community services center] and there

people there who will engage him and then eventually she can be pulled into the discussion. Many people try to experience trouble in isolation.

### How did the writing of this book affect you emotionally?

It was very hard to write because I really wanted to get in the head of a young person. And she was very successful. She went to an Ivy League school. To see how successful she could be on the outside and how tortured she could be on the inside was striking.



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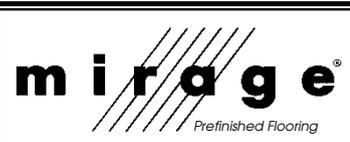
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## STAGE

# Play Portrays Pub Life

FROM PAGE 9

Northern Ireland - but the trend is hitting there as well. As the owner of the establishment contemplates shutting down, his few regulars sit watching the news on TV (and discussing the death of Charlton Heston). As local audiences learned last year when Keegan produced McCafferty's "Mojo Mickybo," the playwright captures the language of his home country with an uncanny touch.

For this new production, the co-artistic directors of Keegan's "New Island Project" which specializes in smaller works, Eric Lucas and his wife Kerry Waters Lucas, both direct and appear in the show. He's one of the pub's regulars who's not above sneaking behind the bar to add to his pint when left alone. She's the owner's wife who works as a barmaid and is tempted to take off to escape the atmosphere of failure in her husband's world.

Playing the owner/proprietor is Bruce Rauscher, who is discovered at the start of the play with his head on his arm, slumped over a table where he passed out from too much drink the night before. (The drool puddle on his sleeve attests both to his unconscious state and to the attention to detail of the production.)

Ian LeValley and Mark A. Rhea are the other men in the bar - LeValley as a customer honest enough to put the payment in the till whenever he pours himself a shot and Rhea as a neighbor who is handicapped by the effects of a gunshot wound to the head on the mean streets of Belfast.

As can be expected from this cast at this theater, the acting is expressive, well conceived and highly entertaining. This is especially true of Rhea who stretches his skills to handle a part that is quite different from many of the roles he has taken in the past. He's marvelous in this one.

Brad Hathaway reviews theater in Virginia, Washington and Maryland as well as Broadway, and edits Potomac Stages, a website covering theater in the region ([www.PotomacStages.com](http://www.PotomacStages.com)). He can be reached at [Brad@PotomacStages.com](mailto:Brad@PotomacStages.com).

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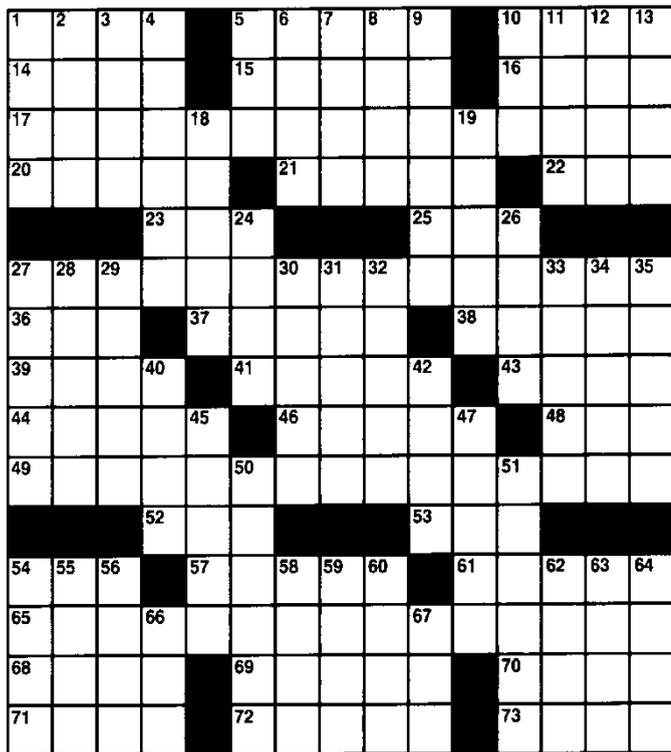
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# NEW YORK TIMES CROSSWORD

Edited by Will Shortz

No. 0310-6



Puzzle by Wesley R. Johnson

## ACROSS

- 1 Center of an old-fashioned roast
- 5 Old Jewish scholars
- 10 Kid
- 14 Fully fit
- 15 Coin being replaced by the euro
- 16 Got down
- 17 What boxer #1 did
- 20 Got up
- 21 More wily
- 22 Political grp. since 1854
- 23 Umbrella part
- 25 Launch of 1986
- 27 What boxer #2 was
- 36 Slice of history
- 37 "— so right!"
- 38 "Li'l" guy
- 39 Othello's betrayer
- 41 Dishonest sort
- 43 Actor Morales
- 44 Bloodhound's guide
- 46 "A Garden of Earthly Delights" author
- 48 Pipe joint

- 49 What boxer #2 then had to do
- 52 Late Cabinet Secretary Brown
- 53 White House souvenir
- 54 Draft org.
- 57 Schiller's "— Joy"
- 61 Swindler's name, possibly
- 65 What the boxers and fans now do
- 68 "What a shame!"
- 69 Certain fur
- 70 Say — (deny)
- 71 "— No Angels" (Bogart flick)
- 72 Studio stock
- 73 "Go ahead!"

## DOWN

- 1 Scroogeisms
- 2 Life preserver?
- 3 Kind of flute
- 4 Like some Christians
- 5 Union in a 1955 merger
- 6 Ringling —
- 7 Wail
- 8 Hostile to
- 9 Machination

- 31 Trick's alternative
- 32 Moor
- 33 Remove stitches from
- 34 Football Hall-of-Famer Greasy —
- 35 Bird's sound
- 40 — about (near)
- 42 Hoard
- 45 — a kind (pair)
- 47 Recipe direction
- 50 Protected from the elements
- 51 Back from flying
- 54 "Pygmalion" dramatist
- 55 Only
- 56 Practice in the ring
- 58 Art Deco name
- 59 London's — Gallery
- 60 Hurler Hershiser
- 62 Classic Langston Hughes poem
- 63 Play opener
- 64 Whisky amount
- 66 Opp. of WNW
- 67 E.M.T. destinations

## ANSWER TO PREVIOUS PUZZLE



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The winner of puzzle #0309-6 is:

# Charles Stackhouse

# CALENDAR

FROM PAGE 11

**Wild Ones: Bloodsuckers.** 3:30 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Children ages 6-9 can learn about the animals that stalk for blood, play games and more. \$2/child. Registration required, 703-228-6535.

## THURSDAY/JUNE 5

**Music Performance.** The Washington-Lee Music Department presents its Spring Concert at 7 p.m. at Kenmore Middle School, 200 S Carlin Springs Road. The Washington-Lee Symphonic and Concert Bands, Chorus, and Orchestra perform at this annual event.

**Q&A.** Bring your lunch and enjoy an informal discussion with Lucy Bowen McCauley at 1-2 p.m. at Signature Theatre, 4200 Campbell Ave. Free. Visit [www.signaturetheatre.org](http://www.signaturetheatre.org) for more.

**Walking Group.** 10 a.m. at Virginia Square Metro. Take a walk around the community. Free. 703-228-0072.

**Tiny Tot.** 10 a.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Children ages 18-35 months with adult can learn about nature through walks, stories and more. \$3/child. Registration required, 703-228-6535.

**Using a Camera.** 1 p.m. at Walter Reed Community Center, 2909 S. 16th St. Learn how to use a digital camera. Free. 703-228-0955.

**Evening Walkers.** 6:30 p.m. at Clarendon Metro. Take a walk through the community. Free. 703-228-0072.

## FRIDAY/JUNE 6

**Zumba.** 5:30 p.m. at Lubber Run Center, 300 N. Park Drive. Teens can have fun while learning a new dance. Free. 703-228-4727.

**Music Performance.** The Airmen of Note will perform at 8 p.m. at the Air Force Memorial, One Air Force Memorial Drive. Free. Visit [www.usafband.af.mil](http://www.usafband.af.mil) or 202-767-5658.

**Story Time.** 10:30 a.m. at Kinder Haus Toys, 1220 N. Filmore St. With the lively Ms. Laura. Join for great stories such as "Where the Wild Things Are" and "If You Give a Mouse a Cookie." To register: 703-527-5929.

**Stop In For Stories.** 10 a.m. or 11 a.m. at Central Library, 1015 N. Quincy St. Free. Stories, songs and more for all ages. 703-228-5946.

**Middle School Dance.** 7-11 p.m. at Walter Reed Community Center. \$5/person. Live DJ. Bring student id.

**Theater Performance.** Families can watch "Tom

Sawyer an American Legend with Music" at 7:30 p.m. at St. Andrew's Episcopal Church, 4000 Lorcom Lane. \$10/play or \$20/play and dinner beforehand. 703-538-6357 for dinner reservations.

**Stop in for Stories.** 10 a.m. or 11 a.m. at Central Youth Services. All ages can enjoy stories, songs, crafts and more. Free. 703-228-5946.

**Real Reptiles Campfire.** 7 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Families can enjoy campfire activities including animal guests, snacks and more. \$3/person. Registration required, 703-228-6535.

## SATURDAY/JUNE 7

**Songs and Dances of Polynesia.** 1 p.m. preshow reception with auction at Rosslyn Spectrum Theatre, 1611 N. Kent St. Features cultures of Hawaii, Samoa and more. \$20/adult; \$15/senior, student and child. 301-919-7905.

**Story Hour.** 11 a.m. at Aladdin's Lamp Children's Books, 2499 N. Harrison St., Suite 10. Free. For children ages 2-6. 703-241-8281.

**Strawberry Festival.** 4-7 p.m. at Bethel United Church of Christ, 4347 Arlington Blvd. Enjoy strawberry shortcakes, ice cream, hot dogs and more. Visit [www.bethelUCCVA.org](http://www.bethelUCCVA.org) for more.

**Theater Performance.** Families can watch "Tom Sawyer an American Legend with Music" at 1:30 p.m. or 8 p.m. at St. Andrew's Episcopal Church, 4000 Lorcom Lane. \$10/play or \$20/play and dinner beforehand. 703-538-6357 for dinner reservations.

**Gone Fishing.** 6-11 a.m., meet at Ranger Station, 601 N. Manchester St. Bring a snack and money for bait. Adults and families with children ages 12-17. \$8/person. Registration required, 703-525-0168.

**Garage Sale and Flea Market.** 7 a.m.-1:30 p.m. at I-66 and N. Quincy St. Browse through a variety of items with proceeds benefiting Civitans. Free. 202-646-4507.

**Ice Mountain Foray.** 8 a.m.-5 p.m., adults and teens 16 years and older can explore Ice Mountain. Meet at Lubber Run, 300 N. Park Drive. \$25/person. Bring water and a bag lunch. Registration required, 703-228-6535.

**Arlington and Alexandria Bike Ride.** 8 a.m.-noon. Enjoy a 25-mile or 7-mile community bike ride. Start and finish close to the Crystal City Metro and Mount Vernon Trail. \$18/adult; \$34/family. 703-228-5027.

**Roosevelt Island Stroll.** 9-10:30 a.m., families with children ages 12 and up can take a casual stroll, learn about the history of the island and search for wildlife. Bring binoculars. Meet at Roosevelt Island. Free. 703-228-3403.

## LETTERS TO THE EDITOR

FROM PAGE 6

This could also require drivers to take their hands off the wheel to make any adjustments that are necessary.

Then there's the revenue, the majority of which will go to a private company. Virginia taxpayers will share in the revenue but we're not allowed to know exactly how much or when. The information is proprietary and not subject to the Freedom of Information Act. That pays for the road but what about the impact on the public. We've already seen the Balls Hill Road debacle. Yes, traffic can be bad on the beltway but will construction of privately owned HOT lanes compensate us for the years of traffic chaos and construction? Is there a cost/benefit analysis of all this? And does anyone think the project will be completed on time? Does the Springfield interchange ring a bell? And we're still paying more than \$400 million of the expected construction bill.

**MANY MAY REMEMBER** the project in Maryland that widened I-270. I remember it because I sat daily in bumper-to-bumper traffic trying to get from my home in Great Falls to my workplace in Rockville. After thousands sat in traffic with me here for

years can anyone see an equal amount of improvement? Traffic still backs up to Tysons and beyond just about every night. Add to that hundreds of cars coming off the HOT lane and you can guess the result.

Then there's the secrecy surrounding the negotiation of terms for the project. What do opponents of the no-bid agreement for construction of the rail to Dulles think of this? We don't know the terms of favorable federal loans that Fluor/Transurban is getting, we don't know how toll revenue will be collected and we don't know how infractions will be treated.

This project should have been stopped a long time ago but many of our public officials are skilled at keeping projects under the radar until its too late for anything other than a lawsuit. If that's what it takes fine.

At the very least VDOT should be required to put the home telephone numbers of everyone involved in approving this mess on signs posted along the construction route. That way when I'm driving on the beltway to my mother's house in North Springfield I'll have a sympathetic someone to talk to. Then I'll ask my mother to call them.

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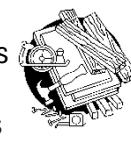
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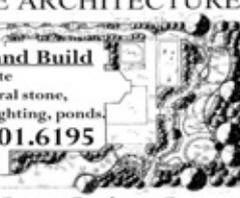
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An optimist is a guy that has never had much experience.  
- Don Marquis.

## Makes Sense To Me

By KENNETH B. LOURIE



As the price of oil goes up, up, up, my ability to maintain my "normal" lifestyle (what there is of it) goes down, down, down. The collateral damage to the international, national, local and extremely local (meaning my house) economies caused by oil's continuing price escalation continues to cascade onto a multiplicity of other goods and services. Aside from all the obvious energy-related industries and products, the price of food, more so even than merely the transporting of it to market, is being felt up and down the food chain; from seeding and planting to growing to harvesting to packaging; the pressure, the pain is more than simply at the pump. And ultimately all this discomfort will be passed along to the consumer as reflected in many of the products available for sale at your local supermarket.

What are we consumers to do? Do we pay more to eat less? Or do we try, somehow, to eat more while paying less? I have chosen the latter. Who wouldn't prefer to pay less while eating more? I definitely do and so too does a co-worker of mine. And how do I know this? I know this because I was asked to do something — with her — that hurts no one, yet could help the two of us and the families we consumer advocate for, really significantly. The question asked of me was if I'd be interested in exchanging — with one another — our unused manufacturer's coupons ("Red Plum," "Smart Source," "Valassis," "PG," etc.) typically inserted into the Sunday newspapers.

As many of you know, presumably, there are dollars — and some cents — in them th'ar editions. And those dollars can be well spent, especially if they (the coupons) are for products (and to a much lesser degree, services) that one would be buying anyway, and multiples of, if you had the cash flow and/or the storage to accommodate the overflow. And since these manufacturer's coupons are usable only once, having seconds and thirds in hand could allow a consumer to buy in a more modest bulk than they might otherwise buy; without adversely effecting the family's budget disproportionately, shall we say, to all the other demands on those very same dollars.

Given the fact that such "couponing" has always been a consuming passion of mine, I was delighted to receive the offer, and flattered as well. So delighted in fact, that I neglected to tell my co-worker that I will have two complete sets of these same Sunday coupons to hand over as I already have a similar arrangement with my mother. (She really can't be bothered clipping coupons anymore. I clip them for her, however, and use them for either one of us, as the case may be. Subsequently — and quite coincidentally — I later learned that my co-worker likewise has already been exchanging coupons with her mother, too.)

And so it appears, that at the end of the day (or night) the two of us will have tripled/quadrupled our cache of coupons. All of which means that the two of us will be spending significantly less money on food/household products/pet supplies, etc., this summer/fall than we would have otherwise, thereby enabling our respective families to have a bit of extra money. And who couldn't benefit from a bit of extra money? (Other than Exxon/Mobil, Shell, Chevron, Gulf, BP, etc., that is.)

Moreover, given the recession/non recession-type lack of growth that our national/local economy is experiencing it would seem to be extremely prudent and practical planning to maintain a similar lack of growth as concerns our own personal costs of living and so our coupon exchange has begun.

If the Federal Government's supply and demand, laissez-faire-type attitude with respect to the price of a barrel of crude oil persists, then I have limited other options, practically speaking, other than to coupon exchange. Nor can I worry about whether these ends will justify the means. I only know it's a means to an end.

*Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.*

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## MEMORIAL DAY

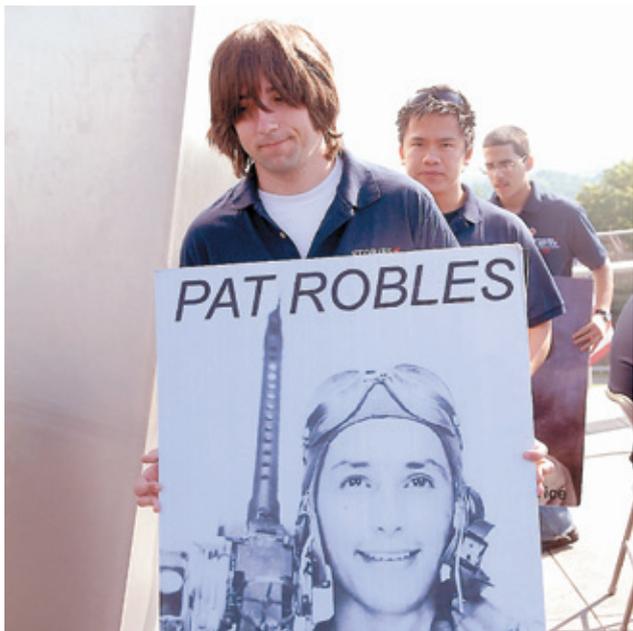
# Honoring Those Who Died



A wreath honoring all service men and women in the United States Air Force sits beneath the Memorial in Arlington.



Kartik Venkatraman, a representative from the Stories of Service Organization ( [www.stories-of-service.org](http://www.stories-of-service.org) ) welcomes the students who came to Washington and Arlington for Memorial Day and tells the story of the mission of the project. Connect with the Veterans who are around you, gather their stories and submit them so that they will be remembered.



Pat Robles, also of the U.S. Air Force and the Air Corp during World War II is represented by a student participating in the Stories of Service project.



Students from around the country participating in the Stories of Service pose for a moment at the transom in the Air Force Memorial before heading down to the Mall for the annual parade.



The flags fly high in the wind at the newly created service memorial overlooking the Pentagon.



Mrs. Juanita Harris, the wife of a deceased Tuskegee Airman, presents a wreath at the Air Force Memorial.

The Air Force Association with the Air Force Sergeants Association held a wreath laying ceremony at the United States Air Force Memorial in Arlington on Memorial Day morning at 9 a.m.

PHOTOS BY LOUISE KRAFFT/CONNECTION