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Columbia Pike was turned into a boulevard of music Saturday afternoon when the annual Columbia Pike Blues Festival was celebrated.

Time for The Blues

COMMUNITY PAGE 10

inside

FESTIVALS
Enjoy The Best Outdoors

Arlington's 'Arts at Pines' offers music, dance and food in a summertime arts festival.



Graduation Day

NEWS, PAGE 3, 6, 7

To Smoke Or Not

NEWS PAGE 9

PHOTO BY LOUISE KRAFFT/THE CONNECTION

CALENDAR, PAGE 14 ♦ CLASSIFIED, PAGE 22

Five Years of Happiness



For the fifth straight year, Zaman Sher of Brown's Arlington Honda has just won Honda's award for highest sales volume in the mid-Atlantic. How did he do it? Simple: by listening to customers and doing everything possible to help them out. Come see how Zaman and the gang will help you buy happy AND save happy!

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GRADUATION DAY



David Elliot and Amanda Martindale chat before participating in their graduation ceremony from Yorktown High School.



Noah Aldonas, representative valedictorian speaker, speaks during his graduation ceremony as a member of the Class of 2008.



Courtney Ziegler and Samantha Zito gives Frances Meadows some assistance with her graduation garb prior to the start of their graduation ceremony.



PHOTOS BY ROBBIE HAMMER/THE CONNECTION

Yorktown High School seniors enter the DAR Constitution Hall for the Class of 2008 graduation ceremony on June 19.

367 Graduate from Yorktown



The Yorktown High School Class of 2008 graduated 367 seniors during the school's graduation ceremony at the DAR Constitution Hall on June 19.

PROFILE

Warren Brown Puts CakeLove on Paper

BY GREG PATTON
THE CONNECTION

Warren Brown is a busy man. The founder of CakeLove is opening his bakery's sixth location later this year, is engaged with a wedding planned for October, and has just come out with a book, *CakeLove: How to Bake Cakes from Scratch*. The lawyer-turned-baker agreed to sit down and answer a few questions during a recent stop on his book tour in Shirlington where a CakeLove bakery is located.

So you got through law school, you were a government litigator—and cooking was always just in the background?

In the background, but also really in the foreground in a lot of ways, because I would end up in the kitchen doing something elaborate three or four times a week, whether it was for breakfast, or serving lunch on the weekends—friends coming over, just doing a lot of things. What I discovered was, it's a very easy way to share time and have company over, because I love entertaining. Well, that's the thing, I don't actually love entertaining, but I love cooking.

What made you decide to make this your day job instead of practicing law?

The reality that I couldn't do both. The reality that I had to make a choice. There's freedom and liberty in making a choice. Since I have, I've really excelled and been able to not just be at peace but really grow. The problem was, How am I going to pay for anything? How do I pay the rent, how do I buy the ingredients, how do I actually find the resources to make it happen; and secondly, how do we even know that customers are going to keep coming or come at all? Those are answers that no one can provide, really just time will provide.

How did your family take it when you told them you were going to be a baker instead of a lawyer?

They were supportive in general. You know, it took some convincing and persuading by way of showing them what I have, what my plan is, what the product is, and my energy and interest level. I took my time, and I think I approached the subject with them in a way where I said, 'This is what I'm thinking of doing and what I would like to do, what do you think of it?' and waited for their reply. And then, the next time I

saw them, I brought a cake. I guess they just saw from the beginning how much I liked it, and they also have a lot of faith in me. I knew I could do it, too, but knowing you can do it and doing it are two really different things.

Why did you settle on baking as opposed to any other form of art?

I tried different kinds of art. I used to draw a lot with oil pastels, a lot with chalks, did a lot with poetry..... I did try, and worked and enjoyed, and I think I've made some pretty interesting stuff with art, and I probably would have continued if I felt like I'd had a better foundation to work with. But I suppose when I looked at it, and I was really looking to make strides with something, I noticed that cooking was something I naturally excelled at.

You make European buttercream and American cake. Explain that.

The difference with cake is, typically European cake is like a sponge cake. It's a very low amount of butter relative to the sugar, flour, and eggs. It's a foam-style cake where you're whipping air into the eggs and sugar, then you fold in the flour, then you fold in a little bit of butter. In American cake, you

cream the butter and sugar, very slowly incorporate air into the butter and sugar, and then add in eggs, flour, and some kind of milk item. There's a lot more moisture in there from the milk, and the result is that the cake has a great ability to be a platform for supporting other flavors—frostings and fruit fillings.

Buttercreams, there's a lot for that. Essentially, it's American buttercreams, and then European ones. Europeans are Italian, French, Swiss—several different ways. The one we make the most is Italian meringue buttercream. American buttercream is butter whipped together with confectioner's sugar, add in milk, sometimes cream—some kind of liquid dairy agent, until it's smooth. Confectioner's sugar is ground up so finely that when you bite into it, it just passes right through your mucous membrane and gives you a sugar rush. I don't think it tastes that good. It's just so sickeningly sweet that it's too much to handle. We don't go with that one.

You're interested in what goes on at the molecular level in your food. Can you explain that for someone who doesn't know anything about cooking science?

SEE CAKE, PAGE 11



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BUSINESS



Ali Abdhussain and Soo Yeo smile while working at McDonalds this past May. In celebration of their 20th anniversary, Virginia Commerce Bank employees helped raise money for the Ronald McDonald House.

Bank Celebrates 20 Years

The bank decided to mark its anniversary by working with local charities.

BY GREG ROSENSTEIN
GAZETTE PACKET

Anniversaries are typically celebrated with cake, balloons and presents. Virginia Commerce Bank had other ideas. Rather than throw a party for their 20th anniversary this May, Virginia Commerce Bank decided to give back to the community that has helped them throughout the years. All 26 Northern Virginia branches chose charitable organizations to work with, ranging from the Ronald McDonald House to the Alexandria Animal Welfare League.

"We figured the celebration is really how much the community has helped us as a company grow," Robin Coracci, senior vice president of Retail Administration and Marketing for VCB, said. "We really felt we owed the community for their continued support over the years. It was just our way of truly giving back."

Dan Marks, branch manager for VCB on King Street in Alexandria, said it was a great opportunity to help local residents in need.

"It was really good to take time out and volunteer to help the less fortunate," Marks said. "We wanted to remind everyone what a community bank is all about."

SINCE VCB originally opened on May 16, 1988, the company decided to devote the entire month of May towards community outreach. Some branches joined together for a particular cause. Most of the Alexandria banks partnered with the non-profit "Rebuilding Together Alexandria," an organization that provides free repairs to homes in need of assistance.

A group of employee volunteers worked on the home of a 76 year-old widow who raised five chil-

dren in a three-bedroom townhouse in Alexandria. The workers helped fix a leaky roof, the interior hand-rail to the stairs and the front walkway among other repairs.

"There were safety issues but it was also the ability to have her to live in place—not to have to have her feel she had to go to a retirement home," Bob McCoy, a senior vice president and regional manager, said. "We were able to give her the ability to at least extend those years in her house more safely and comfortably. That is a good feeling."

Katharine Medina, Executive Director of "Rebuilding Together Alexandria," said the organization would not be able to achieve what they set out to do without the help of volunteer groups such as VCB.

"For many years Virginia Commerce Bank has financially supported us," Medina said. "But this year they sent volunteers to help work on a house. Without volunteer teams like Virginia Commerce Bank we would not be able to give the services we provide to homeowners that allow them to stay in their homes."

Employees from the Alexandria, Arlington and Newington branches worked with "Christmas in May," in which they helped a single mom with four children move and settle into a new apartment. As the workers were about to leave at the end of the day, the six year-old boy said, "I have been having a really rough time lately and I cannot begin to thank you for all of these wonderful blessings."

Other services provided by VCB include work with the Cystic Fibrosis Foundation, the Loudon Abused Women's Services and the Fair Oaks Manor Care.

Steve Reeder, executive vice president of retail management, said it was important to give back to a community that has supported them all these years.

"It is very fulfilling and worthwhile for our employees to support different organizations," Reeder said. "The stronger our communities are the better place it is to live and to do business. The satisfaction that you make from helping other people who are less fortunate is like no other."



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GRADUATION DAY

Washington-Lee Graduates 387 Students



A family member waits for their graduate with a flower outside of the DAR Constitution Hall.



Washington-Lee graduates-to-be, listens to speakers and classmates during their graduation commencement.



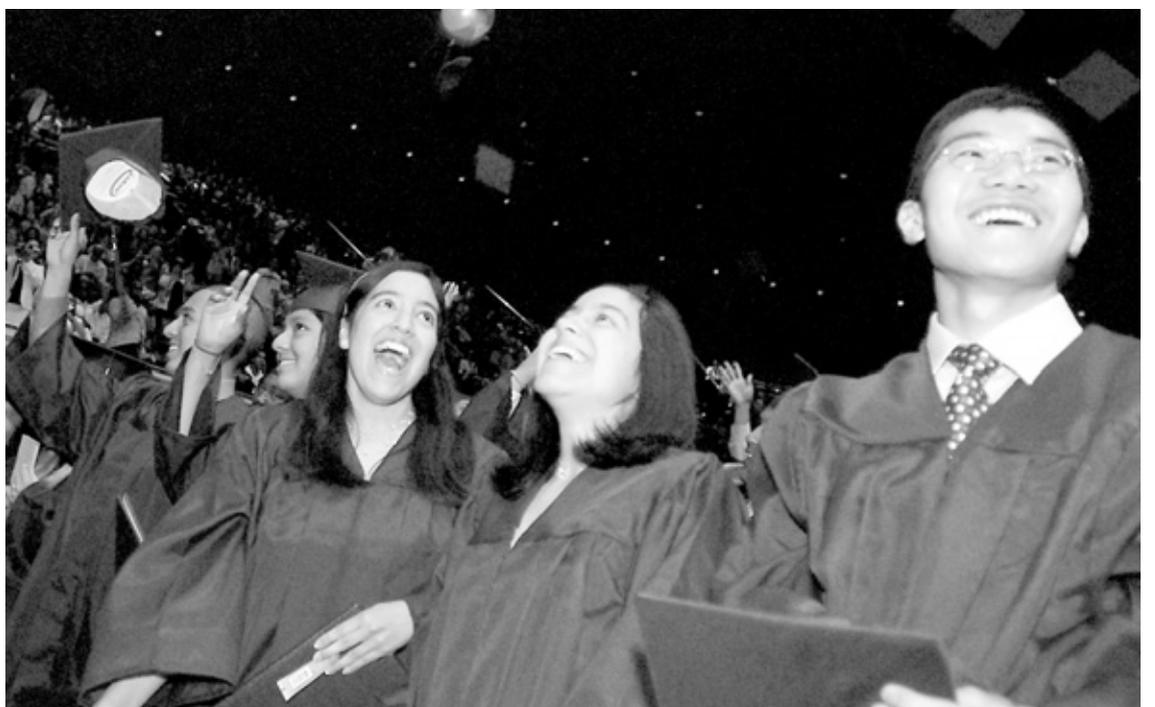
Devon Lynch and Lauren Mathae congratulate each other following their graduation from high school on June 19 at the DAR Constitution High School.



Imani Tate gives the valedictory address during her high school graduation last week from Washington-Lee High School.



Yosief Yohannes waits with his fellow seniors for Washington-Lee High School Class of 2008 Commencement Program on June 19 at DAR Constitution Hall.

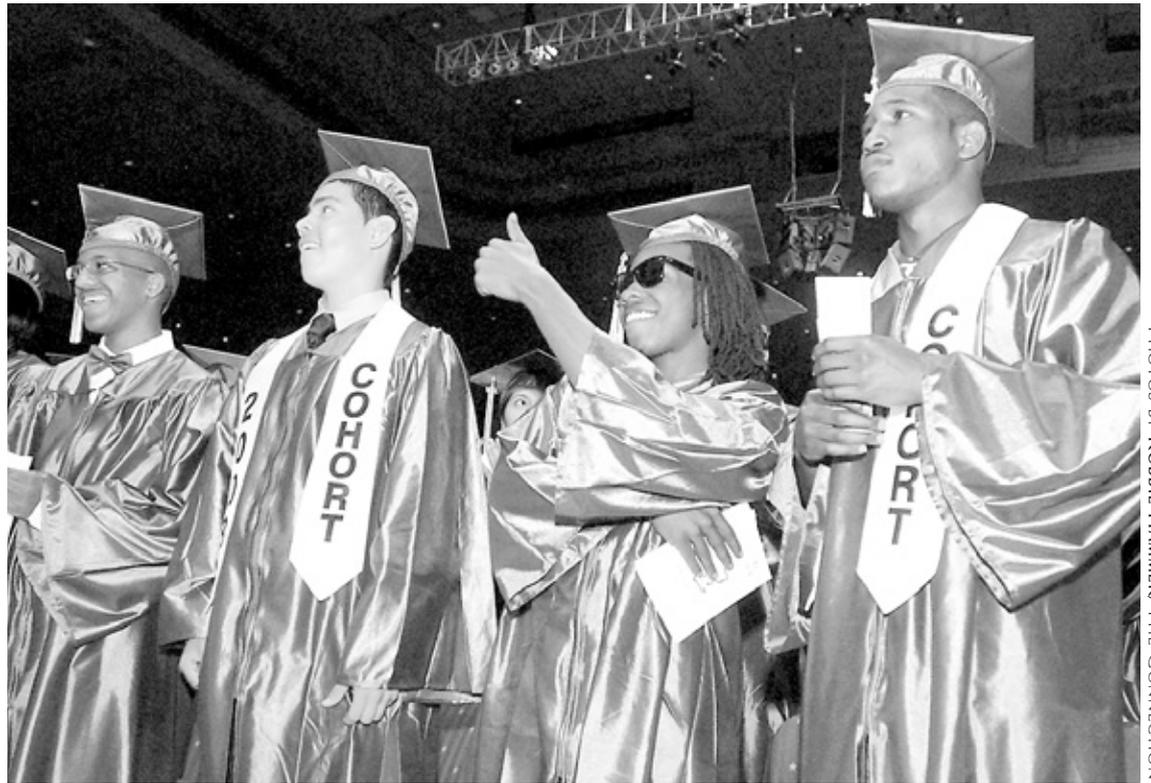


Several Washington-Lee graduates start to celebrate their graduation from high school.

GRADUATION DAY



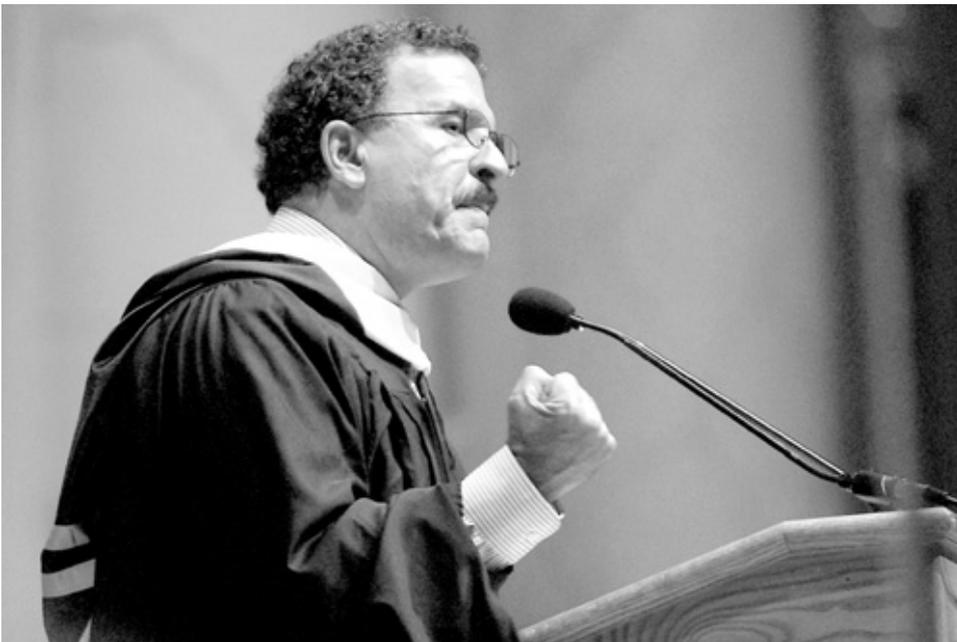
Breeanna Roseboro is congratulated by a friend prior to her high school graduation from Wakefield High School on June 19 at the DAR Constitution Hall.



PHOTOS BY ROBBIE HAMMER/THE CONNECTION

Wakefield Celebrates Graduation

Wakefield seniors look around for friends and family while they march in for their graduation exercise at the DAR Constitution Hall.



Wakefield seniors chose Alan Beitler, minority achievement coordinator, as their faculty speaker for their graduation ceremony.



Evan O'Neal shows off a little air guitar during the graduation ceremony from Wakefield High School on June 19.



Wakefield senior Evan O'Neal joins his fellow graduates in a few seconds of jubilation during their graduation from high school.



Officially graduates of Wakefield High School, seniors start to celebrate after receiving their diplomas during the school's graduation commencement.

OPINION

Hoping for Something Special

Special session in search of transportation solutions begins this week in Richmond.

Snatching defeat from the jaws of victory, the Virginia Supreme Court overturned an unlikely and hopeful transportation funding plan passed by the Virginia General Assembly earlier this year.

At the same time, funding for rail to Dulles has hit several bumps that could derail the project.

EDITORIALS But at the beginning of this week, members of the General Assembly were back in Richmond, supposedly to produce a plan that would replace the \$300 million or more that the now defunct plan would have raised.

Gov. Timothy M. Kaine has made some sensible proposals, but the forces of “no, never, no taxes” say they will scuttle many if not all of the possible sources of new revenue to pay for transit, roads and other transportation improvements.

Kaine points out that Dulles Airport and the Port of Virginia are responsible for an estimated 375,000 jobs and \$895 million in state revenue. “These are our two most valuable con-

nections with the global economy, but they depend upon a network that will allow easy movement of people and goods to and from these critical transportation hubs,” Kaine said at the opening of the special session Monday.

Here’s what he proposes:

- ❖ Raising the annual vehicle registration fee by \$10 and increasing the sales tax on automobiles from 3 to 4 percent. Virginia’s auto title tax would still be significantly below the national average.

- ❖ Fix the regional packages by imposing a 1 percent regional sales tax on goods other than food, medicine or automobiles.

- ❖ A grantors’ tax on property sale proceeds — 25 cents for each \$100 in value to create a Transportation Change Fund, with 75 percent of the revenue going for new transit strategies

and 25 percent dedicated to projects for economic development. This would support public transit, carpooling, teleworking, etc.

These add up to a sensible proposal, and would provide money needed for maintenance as well as dedicated funding for Metro.

Meanwhile, if you’re sitting in traffic, higher gas prices might be the future source of some relief. Finally, with a clear economic motivation, perhaps some real alternatives will arise, some plan that calls for something other than millions people with jobs getting into cars one person at a time and heading to and from work at about the same time every weekday.

We can only hope that new technologies and new approaches developed over the next decade or two will provide less need to clog the roadways.

Without Basics

Electrical storms have left many people without electricity in Fairfax, Loudoun, Arlington and Alexandria in the past few weeks, most of us for brief periods, but some for a couple of days at a time.

Across the river in Montgomery County, hundreds of thousands of people lived without drinkable water for a couple of days.

Being without either or both serves as a reminder that ordinary events (rather than terrorism) also require a little preparedness.

Recommended: Three days worth of non-perishable food and water for everyone in your household, plus flashlights, a battery powered radio and extra batteries. What’s in your storage cupboard?

COMMENTARY

Help Wanted: Snow Jobs Available

Job seekers need to be wary of Internet scammers.

BY EDWARD JOHNSON

Desperate people do desperate things. The fallout that can result from losing a job is wrought with examples of rational people making irrational decisions. That’s because losing a job equates to more than simply a loss of income. The adverse consequences can quickly pile up and become insurmountable. Even though the ability to earn money may be on pause, you cannot put a pause on monthly bills. In short notice, an uncertain future becomes reality. Add in a troubled economy, a high unemployment rate and the ease by which unscrupulous businesses can hide behind a fake web site and you have the job-scammer’s perfect storm.

In a recent report on job searching, The Conference Board noted that in 2007, 73 percent of job seekers reported using online resources. While the Internet has made searching for jobs easier, it also provides an opportunity for ID thieves and schemers to take advantage of eager — and unsuspecting — job seekers.

The Better Business Bureau (BBB) provides the following guidance to help people spot the most common red flags associated with online

job search scams:

Red Flag #1: Employer e-mails are full of grammatical and spelling errors

Most online fraud is perpetrated by scammers located outside the U.S. Their first language usually isn’t English and this is often evident in their poor grasp of the language that can include poor grammar and the misspelling of common words.

Red Flag #2: E-mails purporting to be from job posting Web sites claiming there’s a problem with a job hunter’s account

After creating a user account on sites like Monster.com or Careerbuilder.com, a job hunter might receive an e-mail saying there has been a problem with their account or they need to follow a hyperlink to install new software. Such phishing e-mails are designed to convince readers to click a link within the message to fix the issue, but actually take them to a Web site that will install malware or viruses on their computer.

Red Flag #3: An employer asks for extensive personal information such as social security or bank account numbers

Some job seekers have been surprised to learn they’ve gotten a job without having to do a single interview. However, when the employer then asked for personal information in order to fill out the necessary paperwork sus-

pensions were raised — and rightly so. Regardless of the reason or excuse given by the employer, a job applicant should never give out his or her Social Security or bank account numbers over the phone or e-mail.

Red Flag #4: An employer offers the opportunity to become rich without leaving home

While there are legitimate businesses that allow employees to work from home, there are also many scammers trying to take advantage of senior citizens, stay-at-home moms, students and injured or handicapped people looking to make money at home. Job hunters should use extreme caution when considering a work-at-home offer and always research the company with the BBB first at www.dc-easternpa.bbb.org.

Red Flag #5: An employer asks for money upfront

Aside from paying for a uniform, it is rarely advisable for an applicant to pay upfront fees or make a required purchase to get a job. Most recently, the BBB uncovered a scam where job hunters were told they had to pay \$64.50 for a background check before they could be considered for a cleaning job. Predictably, after paying for the background check, the job seeker never heard from the company again.

Edward Johnson is president and CEO of the Better Business Bureau serving the greater metro Washington, D.C. region.

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NEWS DEPARTMENT:
To discuss ideas and concerns, call: 703-917-6431
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Web Site:
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Mary Anne Weber
Editor, 703-917-6431

David Schultz
Reporter, 703-226-1652

Rebecca Halik
Editorial Asst., 703-917-6407

Eric Gilmore
Sports Editor, 703-917-6438
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Editor & Publisher:
Mary Kimm
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mkimm@connectionnewspapers.com

Editor in Chief:

Steven Mauren

Managing Editors

Steve Hibbard, Michael O’Connell, Kemal Kurspahic

Photography:

Robbie Hammer, Louise Krafft, Craig Sterbutzel

Art/Design:

Zohra Aslami, Kevin Cooper, Geovani Flores, Laurence Foong, John Heinly, John Smith, Stu Moll, Tam Nguyen, Wayne Shipp

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NEWS

PHOTO BY MICHAEL LEE POPE/THE CONNECTION



More restaurants are joining voluntary programs even as government-led efforts are faltering.

Smoldering Hope

As government-led efforts fail, voluntary smoking bans are on the rise.

BY MICHAEL LEE POPE
GAZETTE PACKET

Ask Eric Jones how many years he smoked, and you're likely to get a curt answer: "Too many." Jones said he would bum cigarettes from anyone who happened to be around, an on-again-off-again habit that was controlled partially by his environment. If people were smoking around him, Jones was likely to light up. And like many smokers, Jones found himself working in an environment where smoking is commonplace. About two years ago, he took a position as one of the managers of Capital City Brewing in Shirlington.

"I just woke up one day and decided to quit," said Jones after a recent lunch rush at the restaurant. "It's just healthier this way."

"We are finding that the public is really driving this issue."

— **Richard Cole, chief of Arlington's Environmental Health Bureau**

Jones is not alone. His employer has also given up smoking. Starting on July 1, Capital City Brewing will become a no-smoking establishment, joining about 300 of Arlington's 700 restaurants that have self-identified as a smoke-free environment. In Alexandria 120 out of 360 restaurants have voluntarily banned smoking. Yet even as more and more establishments decide to go smoke-free on their own, government-led initiatives have fizzled in recent days.

"It clearly is going to take some persistence," said Sen. Mary Margaret Whipple (D-32) shortly after her statewide smoking ban passed the Senate but died in the House. "We know that we've got our work cut out for us in the House of Representatives."

PERHAPS THE MOST creative government-led proposal to ban smoking was unveiled last year by Alexandria Mayor Bill Euille, who suggested a plan to use the city's zoning authority. If bars and restaurants failed to give up smoking, under the mayor's plan, they would lose their special-use permit. Restaurant owners balked, and City Council members deferred the issue under a rare "reenactment clause" that would force another vote to finalize the plan. Alexandria officials said the reenactment clause was a stalling plan that would give surrounding jurisdictions a chance to form a regional approach. But the regional approach never happened, and now City Council members are planning to recess for the summer without taking action on the plan — essentially killing the proposal by letting it fade into oblivion.

"It will not become effective," said Alexandria City Attorney Ignacio Pessoa. "At least not at this point in time."

Meanwhile, voluntary efforts to ban smoking have taken off in recent years. And government officials have been encouraging the use of voluntary bans even as regional and statewide efforts have faltered. Since 2005, the Alexandria government has offered a "Smoke-Free Dining Program" that offers incentives for participation, such as publicity in advertisements of restaurants participating in the voluntary program. The program started with 75 participating restaurants and has since doubled its membership roster. Arlington offers a "FitArlington Smoke-Free Restaurant Guide" that lists the name and phone number of participating smoke-free establishments, and county officials say they are constantly updating the list when they find out more restaurants have voluntarily gone smoke free.

"We are finding that the public is really driving this issue," said Richard Cole, chief of Arlington's Environmental Health Bureau. "Many of these businesses on the list have decided that going smoke-free is a good business decision."



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All listings due by Monday at 3 p.m.



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COMMUNITY



Columbia Pike

Columbia Pike held its annual Blues Festival on Saturday afternoon supported by the Columbia Pike Revitalization Organization. Music, food and fun was the order of the day with the music provided by Roomful of Blues, Memphis Gold Bank, Melanie Mason, Danny Blew & The Blues Crew along with others.



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Plays the Blues



Critics' Convention Puts Local Theater on Stage

BY GREG PATTON
THE CONNECTION

Theater critics from across the country attended the 2008 American Theatre Critics Association (ATCA) Conference last week from June 17 to 22, taking in shows and getting a taste of what the area's theater community has to offer.

The critics saw performances of "Carmen" by Synetic Theater in Rosslyn, "The Visit"

by Signature Theatre in Shirlington, and "The Mystery of Irma Vep" by Arena Stage, currently in a temporary space in Crystal City while their home in southwest Washington is renovated. They also attended performances in Maryland and the District.

Critics also attended presentations and discussions on various aspects of theater, including business management and developing regional companies.

ATCA is the organization that recom-

mends the Tony Award for Regional Theatre. The conference was hosted by theater critic Brad Hathaway and done in partnership with the Helen Hayes Awards, with additional funding provided by the Shakespeare Theatre Company.

Synetic's production of "Carmen" was "brilliant," said Cynthia Allen of New York City. "One of the most brilliant things I've seen in a long time. It should definitely go on tour."

Frankie Mora of San Diego said, "La Jolla Playhouse put on a production of Carmen last year, and it didn't hold a candle to this."

The state of theater in the area also drew raves from the critics. The best part of the conference was "getting to see a wide array of talent, and the wide array of the theater in this area," said William Hirschman of Fort Lauderdale, Fla. "It's just breathtaking. It's amazing how collaborative and supportive most theaters are."

Cake Love Opens Sixth Bakery in Arlington

FROM PAGE 4

I like to think in terms of the smallest units. I like to imagine myself in the bowl as the mixer is going around, and get a sense of how the ingredients are bonding and coming together with one another. A cake batter is all the ingredients in there mixing around air. As I think myself into the bowl, I feel like I can get an idea of how much more of anything I can add. How much dairy agent can I add before I overwhelm the starch's capacity to absorb moisture and give structure to the cake? I like to think at that level, and watching cartoons when I was a kid actually helps me to imagine that, because you have to have some basis for your

imagination. So I guess CakeLove is the way it is because of Smurfs.

What's your favorite cake?

New German Chocolate. Without the coconut. The frosting is particularly soft. I think it's a fun construction of cake. It's very liberal, I suppose, because there's no frosting on the sides. And it's not too overwhelming—when you get to the end of the cake, you're not faced with a whole slab of frosting. I guess I like cake more than I like frosting. So yeah, the NGC. Plus, it makes me think of Prince and the New Power Generation.

What made you want to write the book?

My interest in getting people into the kitchen, and offering out cake as a means for them to break through some of the barriers to baking that a lot of people have. I always said, 'I can cook, but I can't bake,' and I know I hear that a lot. What I learned is, it's not as hard to bake as you might expect.

You've got the blessing of Oprah, which carries a lot of currency in this world. What was that like for you?

It was great. Meeting Oprah was very much a highlight of my life, and very much a feeling of validation, that what I had done was the right choice and that someone of that stature was recognizing me. It was an incredibly satisfying feeling.

What would you want to say to your former self, the lawyer, or to someone like you who's up baking at night?

I'd tell him to get a lot of sleep, get focused on what you want, and make all the moves to get it.

FAITH

Know of something missing from our Faith Notes? Send it to The Arlington Connection, e-mail it to arlington@connectionnewspapers.com. Deadline is 2 p.m. the Thursday before publication. Call Rebecca Halik at 703-917-6407 with any questions. Photos are welcome.

Buddhist general program classes are held Mondays, from 7-8:30 p.m. at The Griffin Center, 3800 Fairfax Drive, Suite 5. They last for 90 minutes, and involve introductory lectures and meditations. \$12 contribution. For more information, go to www.meditation-dc.org, or 202-986-2257.

“One Hundred Years of St. George’s Episcopal Church: Growth of A Church Community In the Turbulent 20th Century” has been published as part of the church’s centennial year. The booklet is well illustrated, and contains stories from many St. Georgians, as well as chronological and personal history gathered from the church’s archives and from interviews. Copies are available from St. George’s, 915 N. Oakland St., Arlington 22203.

Mount Olivet United Methodist Church, 1500 N. Glebe Road, introduces “The Well,” through energetic and contemplative music led by worship band, relevant, thematic preaching, opportunities for questions about God and faith, time to connect with others and weekly communion. Contact Pastor Brad, bmcullen@mtolivet-umc.org, 703-527-3934 or www.mtolivet-umc.org.

Faith, Food and Fellowship - Clarendon UMC, 606 N. Irving, offers twice monthly mid-week worship, meal and program on the 2nd and 4th Thursday of the month. The worship service

with inspirational music begins at noon, a hot meal follows at 12:30 p.m., and a program runs from 1-1:45 p.m. For (more information, contact the church at 703-527-8574.

The Vajrayogini Buddhist Center continues to hold classes in Buddhist thought and meditation on Monday nights from 7-8:30 p.m. at the Griffin Center, 3800 Fairfax Drive in Arlington (Suite 5). Beginners to Buddhism and meditation are invited to learn how Buddhist philosophy can help people cope with today’s stressful times. Cost is a \$10 donation. Visit www.meditation-dc.org.

The Arlington Metaphysical Chapel, 5618 Wilson Blvd., Arlington, offers lessons, classes and other activities for bettering life. Call 703-276-8738 or visit www.arlingtonmeta.com or e-mail info@arlingtonmeta.com for event information.

St. Ann’s Youth Group hosts a Tuesday Night Drop-In Night every Tuesday from 6:30-9:30 p.m. The church hopes to make it a great space to do homework, listen to music, play on the computer, hang out, chat, watch movies, or maybe some TV shows and most importantly, just be in a communal sort of way. No need to be formal about it, just stop on in as time permits. Contact Toni at stannsyouthminister@yahoo.com with any questions.

Compline at St. Mary’s Episcopal Church every Sunday at 9 p.m. Join for a sung, candle-lit service of meditation and prayer led by the St. Mary’s choir. All are welcome. St. Mary’s Episcopal Church; 2609 N. Glebe Road. Visit www.stmarysarlington.org or 703-527-6800.

VOLUNTEER OPPORTUNITIES

Know of something missing from our volunteer listings? E-mail arlington@connectionnewspapers.com. Deadline is noon the Thursday before publication. Call Rebecca Halik at 703-917-6407. Visit www.connectionnewspapers.com for more volunteer opportunities.

Guiding Eyes for the Blind needs puppy raisers who are willing to open their homes to Labrador Retriever puppies until they are old enough to be professionally trained as guide dogs, usually 16-18 months. Training and guidance provided by local experienced counselors. Volunteer puppy raisers provide love and affection, behavior training and socialization experiences. Call 703-242-2232 or visit gebdominion.org. To complete an application, visit volunteer.guidingeyes.org.

Potomac Conservancy offers outdoor hands-on volunteer opportunities to improve water quality in the Potomac River watershed. Participate in Potomac Conservancy’s signature project Growing Native by collecting tree seeds in the fall and planting trees along streams and the Potomac River in the spring. Volunteers can also help clean up trash, remove invasive plants or take part in large-scale tree planting activities. All volunteer opportunities are offered on a seasonal basis. For more information, visit the Growing Native and Potomac Conservancy Web sites at www.growingnative.org and www.potomac.org.

Volunteers are the backbone of a successful **Covenant Partner** in the Fuller Center for Housing (TFCH). Need

members to join the Volunteer Recruitment Committee. The committee needs to develop a recruitment plan that includes an inventory of duties that volunteers can perform, both in the office and in the field and a list of potential sources. There are many volunteer opportunities for anyone interested in assisting in this wonderful organization. For Volunteer Recruitment we are seeking people with good communication skills, access to the internet and some time available during the week to return telephone calls and emails. Visit www.fullercenter.org for more.

Doorways for Women and Families provides a safe, weekly, confidential domestic violence support group. The support group helps current and former victims of domestic violence share feelings, thoughts and information to make healthy life choices and end abuse. Call 703-237-0881. Meetings are held Tuesdays.

The Parkinson’s Disease Support Groups (Patient Discussion, Carepartners and Wilber McBay Exercise Program) meet weekday mornings at the Cherrydale Baptist Church, 3910 Lorcom Lane, Arlington. The Parkinson Foundation (PFNCA) invites persons with PD and their carepartners. Interested participants must call ahead. Contact Leon Paparella at 202-966-4450 for more information.

The Women’s Center offers **counseling and educational programs** at St. Charles Borromeo Catholic Church at 3304 N. Washington Blvd., Arlington. Visit www.thewomenscenter.org or call Vittoria Grant, LPC, Program Manager at

703-281-4928 ext. 402. Call 703-281-4928 ext. 300 for our Spanish-speaking hotline.

The **Animal Welfare League of Arlington** will offer Pet Loss Support Group meetings at the animal shelter at 2650 South Arlington Mill Drive on the second Tuesday and fourth Wednesday of each month at 6:30 p.m. beginning in January. Call the League at 703-931-9241 x246 or visit www.awla.org.

Volunteer Emergency Families For Children (VEFC) needs volunteers willing to open their homes and provide short term (1-21 days) emergency shelter to local children who are victims of abuse, neglect, etc. Volunteers can choose the age, gender, and length of stay for each placement. Call 703-969-3795 or email MMiller@VEFC.org. Visit us on the web at: www.VEFC.org.

The Greater Chesapeake and Potomac Blood Services Region of the American Red Cross is seeking **volunteers to assist its blood collections staff** at blood drives and blood donor centers. To register for training, call the American Red Cross Volunteer Office at 1-800-272-0094, ext 1, or e-mail karlofft@usa.redcross.org.

“Voices of Children” Volunteer Project. This volunteer opportunity requires: a commitment to 8 weekly therapeutic groups for two hours; an interest in learning about group work with children; lots of patience and a sense of humor. Contact the Arlington County Volunteer Office at 703-228-1760 or visit www.volunteersolutions.org/acvo.

The Opera Guild of Northern Virginia needs **help archiving historical documents** and organizing the history of the guild. Contact the Arlington County Volunteer Office at 703-228-1760 or visit www.volunteersolutions.org/acvo.

Four to six volunteers are needed to **tutor Latino day laborers** on basic English. Many of the day laborers who come to the Shirlington Employment & Education Center (SEEC) are looking for work, but do not speak or understand English. Contact the Arlington County Volunteer Office at 703-228-1760 or visit www.volunteersolutions.org/acvo.

The Auxiliary of the Virginia Hospital Center-Arlington, 1701 N. George Mason Drive, has openings for volunteers in a variety of patient services, daytime and weekends. Call June Breen at 703-620-2944.

Become a **Travelers Aide Mobile Guide** (Circuit Rider) at Ronald Reagan Washington National Airport. Volunteer detectives in good physical shape who enjoy traveling and travel issues are needed. As a volunteer you will receive training, resource information and complimentary parking in Airport Garages during Travelers Aid shift time. Call 703-417-3975 or E-mail TravelersAidDCA@mwa.com to learn more about mobile guide airport volunteering.

The Carlin, an independent living facility for seniors located near Ballston Common, has a variety of opportunities for volunteers. Specific needs include assistance with our newsletter, particularly art work; helping to organize a Walking Club for people with limited mobility; a line dance organizer; and someone with medical experience to do blood pressure checks. Call Diane Downey, volunteer coordinator, at 703-243-4300.

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DAILY EUCHARIST:

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All Are Welcome!



PARISH WEBSITE:
www.rc.net/arlington/stann

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Churches-Catholic

St. Agnes Catholic Church... 703-525-1166
Cathedral of St. Thomas More... 703-525-1300
Our Lady of Lourdes... 703-684-9261
Our Lady Queen of Peace Catholic... 703-979-5580
St. Ann Catholic Church... 703-528-6276
St. Charles Catholic Church... 703-527-5500
See Ad at Left

Church of Christ

Arlington Church of Christ... 703-528-0535

Church of God-Anderson, Indiana

Church of God... 703-671-6726

Churches-Episcopal

St. Andrew Episcopal Church... 703-522-1600
St. George Episcopal Church... 703-525-8286
St. Johns Episcopal Church... 703-671-6834
St. Mary Episcopal Church... 703-527-6800
St. Michael S Episcopal Church... 703-241-2474
St. Paul Episcopal Church... 703-820-2625
St. Peter’s Episcopal Church... 703-536-6606
Trinity Episcopal Church... 703-920-7077

Churches Lutheran(ELCA)

Advent Lutheran Church... 703-521-7010
Faith Lutheran Church... 703-525-9283
German Lutheran Church... 703-276-8952
Resurrection Lutheran Church... 703-532-5991

Churches Lutheran(Missouri, Synod)

Our Savior Lutheran Church... 703-892-4846

Churches-Nazarene

Arlington First Church of the Nazarene... 703-525-2516

Church- Brethren

Church of The Brethren... 703-524-4100

Churches-Baptist

Arlington Baptist Church... 703-979-7344
Cherrydale Baptist Church... 703-525-8210
First Baptist of Ballston... 703-525-7824
Mt. Zion Baptist Church... 703-979-7411

Churches -Baptist-Free Will

Bloss Memorial Free Will Baptist Church... 703-527-7040

Churches- Presbyterian

Arlington Presbyterian Church... 703-920-5660
Church of Covenant ... 703-524-4115
Clarendon Presbyterian Church... 703-527-9513
Little Falls Presbyterian Church... 703-538-5230
Trinity Presbyterian Church... 703-536-5600
Westminster Presbyterian ... 703-549-4766

Presbyterian Church in America Churches

Christ Church of Arlington... 703-527-0420

Churches- Unitarian Universalist

Unitarian Universalist Church of Arlington
703-892-2565

Churches-United Methodist

Calvary United Methodist... 703-892-5185
Cherrydale United Methodist... 703-527-2621
Chesterbrook United Methodist... 703-356-7100
Clarendon United Methodist... 703-527-8574
Community United Methodist... 703-527-1085
Mt. Olivet United Methodist... 703-527-3934
Trinity United Methodist... 703-356-3312
Walker Chapel United Methodist... 703-538-5200

Churches- United Church of Christ

Bethel United Church of Christ... 703-528-0937
Rock Spring Congregational United Church of Christ... 703-538-4886

Synagogues - Conservative

Congregation Eitz Hayim... 703-979-4466

Synagogues - Orthodox

Fort Myer Minyan... 703-863-4520
Chabad Luvavitch of Alexandria-Arlington
... 703-370-2774

Synagogue - Reconstructionist

Kol Ami, the North Virginia Reconstructionist Community...
571-271-8387

Metaphysical

Arlington Metaphysical Chapel... 703-276-8738

Assemblies of God

Arlington Assembly of God... 703-524-1667
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To highlight your Faith Community call Karen at 703-917-6468



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ARTS ♦ ENTERTAINMENT ♦ LEISURE

FESTIVALS

Enjoy The Best Outdoors

Arlington's "Arts al Fresco" offers music, films and food in a summer-long arts festival.

BY GREG ROSENSTEIN
THE CONNECTION

The idea behind Arlington's "Arts al Fresco" is pretty simple: give people the chance to listen to some of the world's top musicians, watch films never before seen on the big screen and taste popular cuisine from a variety of cultures. Oh, and it's all summer long.

The mostly free outdoor arts series, lasting from May 15 to September 25, has been going on for more than 18 years and hopes to attract audiences of all ages.

"It has really been known as a signature of Arlington," Jim Byers, Director of Marketing for Arlington Cultural Affairs, said. "It is great because of the variety of offerings and the fact that it has been offered in areas all over town."

One of the main events for Arts al Fresco will be "Slapsticon," a silent comedy film festival entering its sixth year. The program will be held at the Spectrum theatre at 1611 North Kent St. and will take place from Thursday, July 17 until Sunday, July 20.

With such rare films as "The 3 Stooges" television commercials and outtakes to the first ever W.C. Fields film, Slapsticon is a festival like no other.

"Some of the films we show probably have not been seen on a screen in over 50 years," Richard Roberts, the programmer for Slapsticon. "It is a good chance to show some good genuine laughs from an era that really doesn't exist anymore. We do this because nobody else does."

Robert Farr, founder of Slapsticon, said an added bonus would be the live piano accompaniment that will be playing in the background of all 90 films being shown.

"That to silent movies is exciting in itself," Farr said of the accompaniments. "The pianists have no music to look at and for 90 percent of the films, they are seeing it for the first time. That is a lost art."

A four-day pass for the festival is \$99, with daylong passes \$30 and half-day passes \$16.

ANOTHER INTERESTING EVENT is the 3rd Annual Planet Arlington World Music Celebration on August 30 from 4 p.m. to 10 p.m. at the Netherlands Carillon beside the Iwo Jima Memorial. The free musical event features artists from around the world

including Lebanese vocalist Tania Saleh, Congolese-Angolan salsa musician Ricardo Lemvo and Chinese erhuist Yang Ying.

"Arlington is one of the most diverse communities in our region...we wanted something that really spoke to that," Byers said. "It is a program that focuses on exploring issues of globalization, the environment and immigration through the lens of arts and humanities. All of the artists and participants speak from a desire to create a



The Reflex is part of Wednesdays at Waterview and will perform on Aug. 6. Visit www.arlingtonarts.org for more.

"Casino Royale" is just one of the James Bond series that will be shown as part of the James Bond Festival. There are two festivals in Arlington.



connection across boarders."

Jon Palmer Claridge, Director of Programming for Arlington Cultural Affairs, said a major attraction to the festival will be the beautiful venue in which it is located.

"I think it is one of the great concert locations in the United States," Palmer Claridge said. "You look through the stage and see the Washington Monument, Lincoln Memorial and the Capital lined up in a row. It is one of the greatest views you can possibly imagine."

THE ROSSLYN JAZZ FESTIVAL will be held on Saturday, September 6 from 12:30 to 7: p.m. at Gateway Park and is free

to the public. Headlined by 2008 Juno Award honoree Holly Cole, the winner of Canada's best Jazz album, this year's lineup has a variety of today's top jazz artists. Other musicians performing include pianist Lafayette Gilchrist, harmonica player Frederic Yonnet and the Grammy-winning salsa band, Spanish Harlem Orchestra.

"The Rosslyn Jazz Festival really is a wonderful place because the site at Gateway Park is very intimate," Palmer Claridge said. "We were able to get a wide-range of really terrific artists. Lafayette is really taking jazz piano into some new areas and I thought it would be a great idea to give the audience an artist they might not have heard and somebody who is doing exciting things."

OTHER EVENTS of Arts al Fresco include a James Bond film festival, Farmer's and Artist's Markets and Heritage concerts.

Byers said the variety of entertainment options will cater to the needs of all attendees.

"I am hoping Arlingtonians will respond to the concert series as they have in years past," Byers said. "There really is something for everyone."

For more information, visit www.arlingtonarts.org.

All Events

This is just a fraction of the events available. Visit www.arlingtonarts.org for the full listing of events.

James Bond Film Festival: Begins at dusk and free

* "From Crystal City with Love" Mondays at 18th and Bell Streets

* June 30: The Man With the Golden Gun

* July 7: The Spy Who Loved Me

* July 14: Moonraker

* July 21: For Your Eyes Only

* July 28: Octopussy

* Aug. 4: A View to a Kill

* Aug. 11: The Living Daylights

* Aug. 18: License to Kill

* Aug. 25: GoldenEye

* Sept. 1: Tomorrow Never Dies

* Sept. 8: The World Is Not Enough

* Sept. 15: Die Another Day

* Sept. 22: Casino Royale

* "Once is Never Enough" Fridays in Rosslyn at Gateway Park, N. Lynn Street and Lee Highway

* June 27: The Spy Who Loved Me

* July 11: Moonraker

* July 18: For Your Eyes Only

* July 25: Octopussy

* Aug. 1: A View to a Kill

* Aug. 8: GoldenEye

* Aug. 15: Tomorrow Never Dies

* Aug. 22: Die Another Day

Arlington County Fair: Aug. 6-10 at Thomas Jefferson Community Center, 3501 S. 2nd St. Free

Rosslyn Jazz Festival: Saturday, Sept. 6 1-7 p.m. at Gateway Park, N. Lynn Street and Lee Highway

Planet Arlington World Music Celebration: Aug. 30, 4-10 p.m. at Netherlands Carillon/Iwo Jima Memorial

Slapsticon: July 17-20 at Rosslyn Spectrum 1611 N. Kent St.

Cultural Celebrations:

* **Folklore Dance Anniversary:** June 29 3-8 p.m. at Thomas Jefferson Theatre. Free.

* **Mongolian Festival:** July 13, noon-6:30 p.m. at Barcroft Park. Free

* **Columbia Celebration:** July 12, 6 p.m. at Theatre One at Gunston, cost.

* **Peru Celebration:** July 27, noon-6 p.m. at Gunston Middle School. Free.

* **Bolivian Independence Day Concert:** Aug. 3, 5-10 p.m. at Thomas Jefferson Theatre

* **Ecuadorian Festival:** Aug. 3, noon-6 p.m. at Barcroft Park

* **Vietnamese Children's Festival:** Sept. 14, noon-4 p.m. at Thomas Jefferson Community Center, Free

Taste of the Pike: Sept. 20, noon-7 p.m. at Arlington Mill Community Center

Lubber Run Amphitheatre, N. 2nd and Columbus Streets, 8 p.m. and free.

* June 27: Movie "Rain"

* June 28: Washington Balalaika Society

* July 5: Opera Theatre of Northern Virginia

* July 6: Opera Theatre of Northern Virginia

* July 13: Kista Tucker Dance Company

* July 18: Saffron Dance: Shimmy

* July 19: A Capella Festival with the Tone Rangers

* July 20: Hexagon Stars and Gripes Forever

CALENDAR

Know of something missing from our community entertainment calendar? Send it to *The Arlington Connection*, e-mail it to arlington@connectionnewspapers.com. Deadline is 2 p.m. the Thursday before publication. Call Rebecca Halik at 703-917-6407 with any questions. Photos are welcome.

ONGOING:

The **Arlington Farmers' Market** takes place on Saturdays from 9 a.m.-noon year round. Located at the intersection of N. Courthouse Road and N. 14th Street. Visit www.arlingtonfarmersmarket.com for more on the market and vendors.

Potomac Overlook Regional Park, 2845 Marcey Road, presents "Unlocking the Secrets of Our Living Planet: A Guided Hike at Potomac Overlook" at 2 p.m. on **alternating Saturdays and Sundays**. \$3/person and reservations can be made at Potomac@nvrpa.org or 703-528-5406.

Weekly Farmers Markets are set to return May 30 to Ballston's Welburn Square, between N. Stuart & N. Taylor Streets across from the Ballston Metro station. The markets will operate every Friday from 11 a.m. to 3 p.m. through Oct. 17, except for July 4. For directions and further information, visit www.ballstonfarmersmarket.blogspot.com or call 703-528-3527.

Hear music on "**Wednesdays at Waterview**" from July 9 through Aug. 20 from Waterview Terrace, 1919 N. Lynn St. in Rosslyn. Enjoy happy hour concerts from 5:30-8 p.m. Enjoy **Rosslyn Restaurants &**

Rhythms on Fridays from 5-6:30 p.m. at Tivoli Restaurant, Sundays from 7-8:30 p.m. at Piola and Mondays from 5-6:30 p.m. at Café Asia. Free.

There are concerts in **Welburn Square** on Fridays along with Friday nights at Lubber Run Amphitheatre.

There are **James Bond Film Festivals** on Mondays in Crystal City and Fridays in Rosslyn through September.

For more information on all of these events and more visit www.arlingtonarts.org or 703-228-6966.

WEDNESDAY/JUNE 25

Movie Watch. Watch "Show Boat" at 2 p.m. at Aurora Hills Senior Center, 735 S. 18th St. Free. 703-228-5722 to register.

Story Hour. 11 a.m. at Aladdin's Lamp Children's Books, 2499 N. Harrison St., Suite 10. Free. For children ages 2-6. 703-241-8281.

Music Performance. The Airmen of Note will perform at 8 p.m. at the Air Force Memorial, One Air Force Memorial Drive. Free. Visit www.usafband.af.mil or 202-767-5658.

Beekkeeping for

Teens. 9 a.m. at Fort C.F. Smith Park, 2411 N. 24th St. Teens age 12-17 can learn about these hives and get hands sticky. \$5/person. Registration required, 703-243-4342.



Barbeque Luncheon. 1 p.m. at Lee Senior Center, 5722 Lee Highway. Enjoy lunch and bingo. \$6/person. Registration required, 703-228-0555.

Movie Watch. 2 p.m. at Aurora Hills Senior Center, 735 S. 18th St. Watch

"Show Boat." Free. Registration required, 703-228-5722.

Wet-and-Wild Stories. 4 p.m. at Westover Library, 1800 N. Lexington St. Listen to stories and see animals from Alonso Abugattas. Tickets available the day before. Free. 703-228-7692.

Wet-and-Wild Stories. 7 p.m. at Columbia Pike Library, 816 S. Walter Reed Drive. Listen to stories and see animals from Alonso Abugattas. Tickets available the day before. Free. 703-228-7692.

Movie Discussion. 7:30 p.m. at Shirlington Library, 4200 Campbell Ave. Discuss romantic comedies from the 1960s to today. Free. 703-228-6546.

THURSDAY/JUNE 26

Rock at the Row. 7 p.m. at the Pentagon Row Plaza. Hear music by Brother Shamus, enjoy food samples, giveaways and more. Free. Visit www.pentagonrow.com or 703-413-6691.

Civil War Discovery. 10 a.m. at Fort Ethan Allen Park, 3829 N. Stafford St. Children ages 8-12 can learn how to use a cipher disc and then use the flags to send messages. \$5/person. Registration required, 703-243-4342.

Wet-and-Wild Stories. 1:30 p.m. at Aurora Hills Library, 735 S. 18th St. Listen to stories and see animals from Alonso Abugattas. Tickets available the day before. Free. 703-228-7692.

Wet-and-Wild Stories. 3:30 p.m. at Central Library, 1015 N. Quincy St. Listen to stories and see animals from Alonso Abugattas. Tickets available the day before. Free. 703-228-7692.

FRIDAY/JUNE 27

Story Time. 10:30 a.m. at Kinder Haus



Clare and the Reasons answered questions about her band and the upcoming performance at IOTA on Sunday, June 29. For the answers, visit www.connectionnewspapers.com and click on Arlington.

Toys, 1220 N. Filmore St. With the lively Ms. Laura. Join for great stories such as "Where the Wild Things Are" and "If You Give a Mouse a Cookie." To register: 703-527-5929.

Stop In For Stories. 10 a.m. or 11 a.m. at Central Library, 1015 N. Quincy St. Free. Stories, songs and more for all ages. 703-228-5946.

Music Performance. The Concert Band and Singing Sergeants will perform at 8 p.m. at the Air Force Memorial, One Air Force Memorial Drive. Free. Visit www.usafband.af.mil or 202-767-5658.

Film Watch. 8:30 p.m. at Lubber Run Amphitheatre, N. 2nd and N. Columbus Streets. Watch "Rain." Free. Visit www.arlingtonarts.org or 703-228-1850.

Naturalists' Collectors Club. 4 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Children ages 11-13 can learn about nature and take home a gem. \$5/person. Registration required, 703-228-3403.

Photography Workshop. 7 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Adults can take this three session class and learn how to take photos of nature. \$105. Registration required, 703-228-3403.

Bat Campfire. 8 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Families can enjoy campfire activities with special guests, treats and more. \$3. Registration required, 703-228-4747.

Staged Reading. 8 p.m. at Gunston Theatre One, 2700 S. Lang St. Enjoy a reading of "Stunt Girl." Visit

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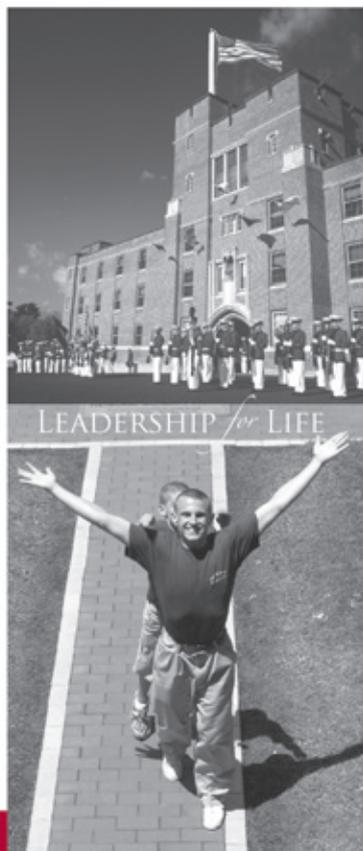
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SATURDAY/JUNE 28

Story Hour. 11 a.m. at Aladdin's Lamp Children's Books, 2499 N. Harrison St., Suite 10. Free. For children ages 2-6. 703-241-8281.

Movie Under the Stars. 7-11 p.m. at Thomas Jefferson Center. Families welcome. Free.

Songs for Tots. 11 a.m. at Shirlington Library, 4200 Campbell Ave. Children ages 2-6 can enjoy stories and songs. Free. 703-228-0322.

What's Eating You? Noon at Long Branch Nature Center, 625 S. Carlin Springs Road. Families with children ages 5 and up can learn about the many foods that animals eat and how they eat them. Free. Registration required, 703-228-6535.

Celebrate Pollinators Workshop. 1-4 p.m. at Central Library, 1015 N. Quincy St. Adults and teens 16 and up can learn how to attract pollinators and can swap plants. Free. 703-228-6535.

Maps and Compass. 3-5 p.m. at Lacey Woods Park, 1200 N. George Mason Drive. Families with children ages 7 and up can learn how to read a map and compass. \$5. Registration required, 703-525-0168.



Creepy Crawlies. 3 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Families with children ages 5 and up can learn about creepy critters and meet some. Free. Registration required, 703-228-6535.

Firefly Campfire. 7 p.m. at Long Branch Nature Center, 625 Carlin Springs Road. Families can enjoy campfire activities, guests, treats and more. \$3. Registration required, 703-228-6535.

Stories of the Constellations Campfire. 7:15 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Families can enjoy campfire activities, guests, treats and more. \$3. Registration required, 703-228-6535.

Staged Reading. 8 p.m. at Gunston Theatre One, 2700 S. Lang St. Enjoy a reading of "Stunt Girl." Visit www.americancentury.org or 703-998-4555.

Music Performance. 8 p.m. at Lubber Run Amphitheatre, N. 2nd & N. Columbus Streets. Hear music from the Washington Balalaika Society. Free. Visit www.balalaika.org or 703-228-1850.

SUNDAY/JUNE 29

Staged Reading. 2:30 p.m. at Gunston Theatre One, 2700 S. Lang St. Enjoy a reading of "Stunt Girl." Visit www.americancentury.org or 703-998-4555.

MONDAY/JUNE 30

Golf Tournament. 1 p.m. at International Country Club, 13200 Lee Jackson Highway, Fairfax. Benefits Catholic Charities of the Diocese of Arlington. \$275 includes lunch, driving range, golf cart, goody bag and more. To register or assist as a sponsor or donor, call 703-841-3835. Information is also available at www.ccgolffairfax.org and www.cdda.net.



Story Time. 10:30 a.m. at Kinder Haus Toys, 1220 N. Filmore St. With the lively Ms. Laura. Join for great stories such as "Where the Wild Things Are" and "If You Give a Mouse a Cookie." To register: 703-527-5929.

Drop in Story Time. 4 p.m. at Shirlington Library, 4200 Campbell Ave. Children age 2 and up can enjoy story time. Free. 703-228-6545.

Book Event. 7 p.m. at Central Library, www.CONNECTIONNEWSPAPERS.COM

1015 N. Quincy St. Pat Creed will discuss "Firefight: Inside the Battle to Save the Pentagon on 9/11." Free.

Magic Show. 3:30 p.m. at Arlington Mill Community Center, 4975 Columbia Pike. Joe Romano presents "Books! The Magic is Real." Free, but tickets required. 703-228-7692.

TUESDAY/JULY 1

Baseball Movie. 7 p.m. at Shirlington Library, 4200 Campbell Ave. Watch "Bull Durham." Free.

Book Discussion. 7:30 p.m. at Shirlington Library, 4200 Campbell Ave. Discuss "When the Elephants Dance" by Tess Uriza Holthe. Free. 703-228-0322.

WEDNESDAY/JULY 2

Music Performance. The Airmen of Note will perform at 8 p.m. at Air Force Memorial, One Air Force Memorial Drive. Free. Visit www.usafband.af.mil or 202-767-5658.

Teen Wii Event. 2 pm. at Central Library, 1015 N. Quincy St. Stop in for a game of tennis on the Wii. Singles, doubles or teams. Free. 703-228-5946.

Gemstone Club. 2:30 p.m. or 4 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Children ages 7-11 can learn about rubies and take home something for their collection. \$5/person. Registration required, 703-228-3403.

Ones: Amazing Immigrants. 3:30 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Children ages 6-9 can learn about hummingbirds, porcupines and cougars. \$2/person. Registration required, 703-228-6535.

THURSDAY/JULY 3

Rock at the Row. 7 p.m. at the Pentagon Row Plaza. Hear music by King Cadillac, enjoy food samples, giveaways and more. Free. Visit www.pentagonrow.com or 703-413-6691.

Baseball Movie. 1 p.m. at Shirlington Library, 4200 Campbell Ave. Watch "A League of Their Own." Free.



Book Discussion. 11 a.m. at Shirlington Library, 4200 Campbell Ave. Discuss "When the Elephants Dance" by Tess Uriza Holthe. Free. 703-228-0322.

Stop in for Stories. 10 a.m. or 11 a.m. at Central Youth Services, 1015 N. Quincy St. All ages can drop in for stories, songs and more. Free. 703-228-5946.

SEE CALENDAR, PAGE 16

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STAGE

Ridiculous Performance

BY BRAD HATHAWAY
THE CONNECTION

Ridiculous! That's what the current offering at Arena Stage's temporary space in Crystal City is. Ridiculous!

Of course, it helps that it is supposed to be ridiculous. It is, after all, the best known play by Charles Ludlam, the late founder of The Ridiculous Theatre Company, a company on the fringe of the avant-garde. Ludlam wrote and starred in the play in 1984.

"The Mystery of Irma Vep" was his most outlandish send-up of pop culture as seen through the lenses of Hollywood. From Hitchcock ("Rebecca") to William Wyler ("Wuthering Heights"), with a slight stopover

in Egypt for a visit with a mummy, the plot is completely secondary to the assembly of puns, predictable lines and gags.

It doesn't make much sense, which is precisely the point. The more you know of old movies, English melodramas and "Penny Dreadfuls," the more gags you will get. Not all are that dated, however. The show throws in more modern targets of parody and adds a series of sounds ranging from Bernard Herrmann's screeching violins from "Psycho" to the two-note sound that has become famous on television's "Law and Order" (which actor Dann Florek, who plays Captain Cragan on the "Law and Order SVU" spin off, called "the doink-doink," a term that stuck since no one could figure out a better way to describe it.)

Two prodigiously talented actors who excel at the zany side of comedy, Brad Oscar and J. Fred Shiffman, constitute the entire cast. Oscar, with his Tony Award nomination for the mad Nazi in "The Producers" and his subsequent success in the

lead role in that block-buster, is the better known of the two nationwide. Shiffman, however, has the lengthier list of local credits after seven seasons at Arena Stage and many appearances at other local houses. He has no fewer than three Helen Hayes Awards.

Together, the two play seven roles, each with a costume more outlandish than the one that goes before. Oscar in particular sports a wardrobe that would put Scarlet O'Hara of "Gone With The Wind" to shame. His gowns while playing "Lady Enid

Hillcrest" get so flamboyant that he is finally reduced to breaking apart the wall of the set and then backing out to make his exit, accompanied by the

Where and When:

"The Mystery of Irma Vep" plays through July 13 at the temporary space of Arena Stage at 1800 S. Bell Street in Crystal City. Performances are Tuesday - Sunday evenings and matinee performances on Saturday - Sunday and selected Wednesdays. Tickets are \$47 - \$66. Call 202-448-3300 or visit www.arenastage.org.

beep-beep-beep a truck has to make when shifted into reverse.

Not to be outdone in the drag department, Shiffman's dour dress and wild wig as the maid/housekeeper of Hillcrest Manner recalls the mysterious, super-polite control freaks who lorded over the occupants of the manor houses on the moor in those black and white mystery romances of the 1930s (think "Wuthering Heights").

Ridiculously zany comedy is at its best when the performers give the impression that they are having as much if not more fun than the audience. Early in the run, Oscar and Shiffman haven't quite developed the rapport that allows such an impression to permeate the piece and they seem to still be concentrating on the task of quick changes in costume and character. As the run continues through July 13, the bond between them should build and each will be freed from the logistical concerns through the confidence that multiple successful performances can give.

CALENDAR

FROM PAGE 15

FRIDAY/JULY 4

4th of July Parade. 10 a.m. at Barcroft Community House, 800 S. Buchanan St. Features the National Guard, Fire Department and a unicyclist juggler. Enjoy a bbq and ceremony.

Music Performance. The Airmen of Note will perform at 8 p.m. at Air Force Memorial, One Air Force Memorial Drive. Free. Visit www.usafband.af.mil or 202-767-5658.

SATURDAY/JULY 5

Music Performance. Rick Whitehead Jazz Trio will perform at 8 p.m. at Extra Virgin Restaurant, 4053 Campbell Ave. Visit www.extravirginva.com or 703-998-8474.

Music Performance. Hear selections from "Don Pasquale," "Hansel and Gretel" and more at 8 p.m. at Lubber Run Amphitheatre, N. 2nd & N. Columbus Streets. Free. Visit www.novaopera.org or 703-228-1850.

Garage Sale and Flea Market. 7 a.m.-1:30 p.m. at I-66 at N. Quincy St. Browse books and more. Visit <http://civitan.net/arlington>. Free.

SUNDAY/JULY 6

Music Performance. Hear selections from "Don Pasquale," "Hansel and Gretel" and more at 8 p.m. at Lubber Run Amphitheatre, N. 2nd & N. Columbus Streets. Free. Visit www.novaopera.org or 703-228-1850.

Family Movie. 2 p.m. at Shirlington Library, 4200 Campbell Ave. Watch "Ratatouille." Free. 703-228-0322.

MONDAY/JULY 7

Preschool Story Time. 10 a.m. at Shirlington Library, 4200 Campbell Ave. Listen to a variety of stories. Free. 703-228-0322.

Drop In Story Time. 4 p.m. at Shirlington Library, 4200 Campbell Ave. All ages. Free. 703-228-0322.

Get Caught Reading. 1:30 p.m. at Glencarlyn Library, 300 S. Kensington St. Join Storyteller Megan Hicks for "Story Splash." Free, but tickets required. 703-228-7962.

Get Caught Reading. 4 p.m. at Cherrydale Library, 2190 N. Military Road. Join Storyteller Megan Hicks for "Story Splash." Free, but tickets required. 703-228-7962.

SPORTS

Kouril Holding a Winning Hand

Kouril breaks hand, but still gave Yorktown baseball a boost.

BY ERIC J. GILMORE
THE CONNECTION



COURTESY PHOTO

Once Steven Kouril returned, Yorktown won 17 straight.



2008 Senior Send-Off

As this year's class of graduating seniors prepare for the next phase of their lives, the Connection Newspapers would like to take one more look at the student-athletes that made a difference, on and off the field, during their four years of high school. Honorees were chosen for a variety of reasons – whether to highlight the top athletes in our area one last time, to shine light on an athlete who may have been overlooked during their time in school, to praise those whose success on the field was matched by their success in the classroom, or just to tell a story that needs to be told.

Special thanks to Robbie Hammer, Craig Sterbutzel, John C. Marcario, Nicolas A. LaMont, Michael Garcia, Andrew Dodson, Greg Rosenstein, John Smith and the entire production staff at the Connection Newspapers.

—PAUL FROMMELT, ERIC J. GILMORE, RICH SANDERS

Westfield: Mike Glennon, Kelsey Maloney
Centreville: Brienne Pease, Drake Diamond
Chantilly: Christina Patton, Ian Mills
Madison: A.J. Cybulski
Oakton: Ashley Kimener, Joe LoRusso
Fairfax: Carlos Perez, Emily Ferguson
Lake Braddock: Melanie Akwule, Shane Halley
W.T. Woodson: Mike Muldoon
Robinson: Katherine Yount, Derek Bui
South County: Jesse Beal
West Springfield: Jeff Haeuptle, Brittany Klippstein
Hayfield: Daniel Mills, Erica Guevara
R.E. Lee: Clint Bronder, Brittany Gropp
Edison: Tara White, Ademola Titcombe
West Potomac: Kelly Carmichael, Elizabeth Crowe
Mount Vernon: Beverly Hoath, Bryan Bahr
T.C. Williams: Cara Donley, Carlos Canales
Wakefield: Ben Huff, Maddie Torres
Washington-Lee: Daniel Abecia, Natalie Dahlstrom
Yorktown: Maggie Dean, Steven Kouril
Bishop O'Connell: Eric Kurtzke, Katie Walls
Bishop Ireton: Nick and David Weber, Colleen McFadden
St. Stephen's & St. Agnes: James Williams, Annie Taylor
Episcopal: Zach Glubiak, Trina Brady
Marshall: Samantha Sulser
McLean: David Roffman
Langley: Alex Meadows
Herndon: Marra Hvozdovic
South Lakes: Santos Cerda
Broad Run: Kelly Smith
Potomac Falls: Uche Onyeador
Park View: Samantha Louk
Stone Bridge: Kevin Elliott
Dominion: Dee Dee Fryer
Briar Woods: John Maghamez

For two years during the basketball season, Steven Kouril had a nagging high ankle sprain. So when the recent Yorktown graduate didn't make the varsity team as a senior, possibly because of fear of further injury, he immediately went out for the indoor track team.

Running as part of the 400-meter relay team in the season-opening track meet, what did he do? He again tweaked his ankle, though the Patriots still won the event.

"When he called me from the field, he told me he hurt his ankle," said Gail Kouril, Steven's mother. "When I asked him how he did in the race, he said, 'well, I won the race.' That was typical for Steven because if he got hurt, he'd make sure he did his best job along the way."

A few months later, the seemingly snake bitten senior dove for a baseball in pre-season drills. His glove hand got awkwardly caught underneath his body, and before the season had even started, Yorktown was without its star centerfielder.

"That was a bummer," Steven Kouril said. "We hadn't played a game yet so I had to watch all of the non-district schedule pass me by."

As Steven Kouril missed the first three weeks, the Patriots dropped games to Oakton and Chantilly, both regional stalwarts. But a midweek loss to T.C. Williams was especially tough to endure, especially

knowing he likely could have helped his team generate much-needed offense.

"It was tough to watch," Steven Kouril said.

He returned against Washington-Lee on April 9, and the Patriots didn't look back. Yorktown earned a 4-1 home victory against Edison to capture its second straight district title five weeks later. More importantly, it was a Northern Region-best 17th straight win, and ensured the Patriots as the only team in National District history to finish the regular season and district tournament without a loss.

"It wasn't the strongest year for the National District," said Steven Kouril, who earned all-region honors. "Doing something that so many previous guys couldn't accomplish, it's something I'm going to remember the rest of my life. Too bad we couldn't finish it off in the region, but it was a big deal to us."

Yorktown was blasted in the Northern

Region tournament, in embarrassing fashion at home to Robinson — a game where the Patriots didn't even advance a runner to third base.

"It's always more fun to win," Gail Kouril said. "But anything can happen in baseball."

EVEN THOUGH he had opportunities to play baseball in college, Steven Kouril deduced early on that he'd rather attend a prestigious academic school rather than continue to chase the dream. Following the eldest brother Geoff, who graduated in 2007 and is now a civil engineer, Steven Kouril will enroll at the University of Virginia next season.

"That was his first job," Gail Kouril said. "Above all, academics came first. He likes to do well. If he puts his mind to it, he's going to do the best that he can."

Though he's somewhat anxious about finding a major, the National Honor Society and Spanish National Honor Society member, hasn't completely given up on baseball, whether that means joining a club team or the varsity as a walk-on, though both are considered long shots.

"I know that I don't want to miss that opportunity," Steven Kouril said. "I don't think I'd be able to sleep at night knowing that I at least didn't give it a shot. I never really explored playing baseball in college."

Kouril, who the Yorktown athletic officials said "is a role model for younger players as well as a respected friend of his peers," said that donning the graduation gown and cap during last week's ceremony was a little odd.

"It was bittersweet," Steven Kouril said. "It was maybe the last time I'll see all of my friends and classmates in the same place. It wasn't what I imagined. It was a little weird...I didn't realize what an important day it is because you may never see some of those people again."

Dean of The House Yorktown senior headed to play lacrosse at Christopher Newport.

BY ERIC J. GILMORE
THE CONNECTION

As the fourth of six children, and the third daughter of Clifford and Mischelle Dean, Maggie Dean probably had an interesting time adjusting to having to be the senior leaders in both field hockey and lacrosse throughout her senior season.

Heck, in both sports, she has more sisters than she did classmates. But Maggie Dean rolled on, transforming her quietly competitive leadership skills into an undefeated district regular season and district title in girls lacrosse.

"It really helped me out that I had been playing on varsity for four years," the recent Yorktown graduate said. "It was cool to be a senior who could help out the younger people."

Dean, one of only two seniors for fourth-

year head coach Robin Steinberg, finished her career as a repeat All-Northern Region selection.

"We had a lot of young talent," Dean said, even citing starting goalkeeper Libby Kane, who had never picked up a lacrosse stick prior to the season. "It wasn't bad — it was actually a lot of fun. We had some really good surprising players."

Scoring three goals, she was the difference in a 12-9 midseason win over district rival Falls Church, who Yorktown again defeated in the district championship.

"We ended up being a lot stronger than we thought even though we lost a couple games early," Dean said. "We had gone from the beginning of the season in losing to winning our district games by a lot. Going back into the regionals, it was different."

A usually defensive minded midfielder, Dean relished in taking on the brunt of the offensive load, even if the Patriots failed to

emerge from the first round of the Northern Region tournament.

"I was trying to score more this year," Dean said. "I like to play both ends of the field."

The goals, and non-stop motor eventually caught the eye of Division III Christopher Newport and then-coach Kwame Lloyd, who has since taken over Vermont.

Dean, not knowing initially that she wanted to play college lacrosse, visited the Newport News, Va. school and was immediately hooked. She will join 2007 grads Chrissy Rogers (West Springfield), Danielle Guessford (Mount Vernon), along with a core of Northern Virginia natives.

The Captains posted a 13-6 record in 2008, the highest win total in the eight-year history of the women's lacrosse program at CNU, and recently promoted interim coach Carolyn Raveia to the head position.

SEE DEAN, PAGE 20

SPORTS

A Cool Cavalier in The Boat

Injury derails senior season, but Abecia keeps looking forward.

BY ERIC J. GILMORE
THE CONNECTION

Showing a hint of humility in his baritone voice, Daniel Abecia admits that his senior crew season didn't quite go as planned. While Abecia downplayed the disappointment over the phone late Monday evening, he still spoke proudly of his modest four-year career as a rower on Washington-Lee's illustrious crew program.

During a typical practice midway through the season, and days after a poor performance in the Charlie Butt Regatta, named after the famed Washington-Lee coach and the catalyst for building the Generals program, Abecia knew something was awry.

In his second year on the boys varsity eight boat, Abecia was on the bow, typically reserved for the most technical rower and the main one responsible for maintaining balance and direction. The team was struggling internally, grasping desperately to try to maintain their breakthrough 2007 performance when the boat surprisingly finished third at the Virginia State Regatta.

But during the practice Abecia, one of five returning rowers from the 2007 squad, couldn't get comfortable. Hours later, he was diagnosed with testicular torsion, a painful medical emergency prevalent in adolescents. The freak injury, known as the "winter syndrome," is when the spermatic cord that provides the blood supply to a testicle is twisted and cuts off the blood supply. Abecia underwent successful emergency surgery and was shelved for six weeks, thus unexpectedly ending his crew career.

"It was a sense of helplessness and a bit of nostalgia," said Abecia. "I realized how much crew had become a part of me. I've been doing it since eighth grade with the same guys, who had become my best friends. I felt like I betrayed them in some way. It was rough."



Daniel Abecia was in the first varsity eight boys boat for consecutive years.

The team was forced to adjust by calling up another rower from the second varsity eight team, who then had to be replaced by a kid from the third team and so forth.

"Because of [my injury], they had to reseat everybody," Abecia said. "It was a domino effect on the whole team and I felt the blame."

But while he may have internalized the guilt, Abecia still had a standout season, setting personal records of just over seven minutes in individual 2k races. He may row at the University of Virginia, where he's headed to next season, but also spoke frankly about expectations away from the Potomac River.

"They are like a little bit of a legitimate cult," Abecia said.

Abecia, who is of Brazilian decent, also swam for four years, though he admits it was just to stay in shape for crew. In the National District meet, the Washington-Lee boys finished sixth (out of seven), but the four-year swimmer placed. His finished 16th in the 100-meter breaststroke (1:20.93), contributing a single individual point. As a junior, he was the second leg of the 200-meter medley relay and 400-meter freestyle relay.

"I was never the star," Abecia admitted. "That ship has sailed."

He does enjoy soccer, and taught himself tennis, and both are potential sports that he's eyeing on the club level in college.

SEE COOL CAVALIER, PAGE 21

Getting Back on Track

Dahlstrom overcomes back injury, stars in three sports at W-L.

BY ERIC J. GILMORE
THE CONNECTION

Natalie Dahlstrom didn't spend her freshman sports season inside a gym or on the field. Instead, after being diagnosed mysteriously with stress fractures in her back, the recent Washington-Lee graduate bounced between rest and physical therapy.

It wasn't where a motivated Dahlstrom wanted to be confined. And it didn't take long. Once healthy following a year-long hiatus,

the 5-foot-8 brunette returned with a vengeance, eventually balancing volleyball, basketball and soccer with a demanding international baccalaureate curriculum.

"That's the biggest deal about Natalie is that she gets pounded down, but she gets up and keeps going," said Ava Dahlmstrom, Natalie's mother.

During her senior season, Natalie Dahlstrom wasn't without setbacks, starting in September when she was diagnosed with mononucleosis. Even though she

SEE ON TRACK, PAGE 20



Natalie Dahlstrom was voted W-L's team MVP as a senior.

Torres Tears Through Wakefield

A decade removed from Peru, recent Warrior grad never imagined current path.

BY JOHN C. MARCARIO
SPECIAL TO THE CONNECTION

When Madelaine Torres moved from Peru to the United States in 1998 she didn't speak English, disliked American food and was unsure how she would adjust to the culture change. Over a decade later, Torres shone as a student athlete at Wakefield and is continuing her academic career at Virginia Tech in the fall.

"I definitely did not see myself where I am today when I moved here," Torres said. Her family moved from Peru to live the American dream and because Torres mother's family lives in the United States, she said.

The dual-sport athlete won numerous awards in field hockey and lacrosse. She was selected as the team's most valuable player for three years in lacrosse, along with three consecutive all-National District honors.

Torres continued her success to the field hockey team being named team MVP all four years and snagging three first team district honors her last three years.

Her favorite sport of the two was lacrosse because it was quicker and had more open space. She started playing both sports around eighth grade because she wanted to get out of the middle school mold. It was then when seniors of the Wakefield varsity programs noticed her talents and said she would become a star.

The now 18-year-old was a

standout in the classroom too, being named to the Principal's Honor Roll nearly every semester of her high school career. Students who make the list earn a 3.7 grade point average or higher.

Torres also mentored at Wakefield and did Peruvian Folklore dancing. Despite her many talents, she believes people don't realize how much of a well-rounded person she is.

"I do it all. People think I am either the fun girl or the sports girl but people are surprised I do cultural dancing, volunteer work and get good grades. I am underestimated," Torres said.

Her fellow lacrosse teammate and close friend, senior and William & Mary bound Daisy Diaz, has seen both sides of Torres.

"Off the field she is very goofy and silly and always laughing and has a smile on. On the field she is intense and is one of the most driven people," Diaz said.

Torres' journey through the Arlington County public school system is a big reason she was able to adapt to everyday American life she said.

"Getting interaction with diversity and different cultures and playing sports really helped," said Torres, who noted that her parents originally wanted her to attend private school. The halls of Wakefield also taught Torres many life lessons that she said she will never forget.

While at Virginia Tech, Torres plans on majoring in economics, but will not pursue an athletic career. After gradating from college she hopes to work for the World Bank.

Huff Is An Atypical Athlete

BY JOHN C. MARCARIO
SPECIAL TO THE CONNECTION

Ben Huff was a tri-sport athlete at Wakefield High School. Huff excelled on the golf course, played tennis and was part of the school's first non-varsity sport hockey team. Huff was not your typical Warrior athlete though as he was enrolled in the H-B Woodlawn Secondary Program, an alternative all-county public school in Arlington. Accord-

ing to the school's Web site, "the central focus of the system is student choice. Students make choices in three general areas, use of time and personal behavior, educational goals and school governance." The school does not have a sports program and thus allows students to play at their home school. For Huff, that was Wakefield.

"It was kind of fun to have two schools you felt part of," Huff said.

SEE HUFF, PAGE 21

CRIME

The following reports come from the Arlington police department. For the most up-to-date crime reports, visit www.Co.Arlington.Va.Us/police and click on daily crime report.

ATTEMPTED ROBBERY-ARREST, 900 block S. Buchanan St. On June 15, at approximately 1:30 p.m., two suspects approached a couple in an attempt to rob them. The couple, however, ran away. Officers in the area witnessed the encounter and arrested the two suspects. Brian Goodwin, 19, and Jason Garza, 19, both of Arlington, were charged with attempted robbery.

ARMED ROBBERY, 800 block of N. Ivy St. At approximately 11:37 p.m. on

June 14, three women were walking down the street when two men approached. One of the suspects was armed with a gun. They took the victims' purses and fled on foot.

ROBBERY, 1100 block of S. Hayes St. At approximately 6:30 p.m. on June 14, a 15-year-old boy was approached by a group of juveniles who forcibly took a gold necklace. The victim was not injured.

MALICIOUS WOUNDING, 4100 block of S. Columbia Pike. At approximately 2:18 a.m. on June 14, a 47-year-old man was waiting for a ride when he observed 4 subjects slashing tires on vehicle in a parking lot. The victim yelled at the suspects and one of them slashed the victim's arm with an

unknown object.

BURGLARY-ARREST, 1500 block of N. Glebe Road. At 1:50 a.m. on June 11, police responded to a church for an alarm. When officers found the building open, a K9 unit searched the property. A suspect was located inside. Johannes Hailu, 28, of Falls Church, was charged with burglary and held on a \$2,500 bond.

BURGLARY, 2700 block of Clarendon Blvd. Between 2:30 a.m. and 3:30 a.m. on June 13, an unknown subject broke into a business. Police were called when a passerby saw the front door had been damaged. Various electronic items were stolen. There is no suspect description.

BURGLARY, 5100 block of N. Lee

Highway. Between 9:50 p.m. and 11:30 p.m. on June 15, someone entered a retail store and took money from the cash register.

BURGLARY, 5100 block of N. Lee Highway. Between 11 p.m. and 11:30 p.m. on June 14, an unknown person broke into a retail store and took money from the cash register.

BURGLARY, 500 block of S. Wayne St. Between 5:30 p.m. and 7:30 p.m. on June 15, someone entered a residence through an open door and took a laptop computer.

BURGLARY 06/12/08, 700 block of N. Wayne St. Between 4:30 p.m. on June 11 and 9 a.m. on June 12, someone entered the workout and theater

rooms in an apartment building and took a TV and projector.

BURGLARY, 4200 block of S. 12th Road. On June 17, between 9 a.m. and 12:30 p.m., an unknown subject entered a residence and destroyed property. There is no suspect description.

COMMERCIAL BURGLARY, 2000 block of S. Jefferson Davis Highway. Between 5 p.m. on June 11, and 7 a.m. on June 12, an unknown subject broke into a business and stolen computer equipment. There is no suspect description.

COMMERCIAL BURGLARY, 2100 block of N. Glebe Road. On June 13, at 2:30 a.m., an alarm alerted police to a break in at a restaurant. No items were taken and there are no known suspects.

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Breaking Through Walls

Bishop O'Connell senior set to run at South Carolina.

BY ANDREW DODSON
SPECIAL TO THE CONNECTION

Bishop O'Connell's head cross country and track coach, Cindy Walls, brought her daughter to numerous races after she was born, so it was expected that Katie would run one day also.

"She is a great athlete," Cindy Walls said. "She is a very good softball and basketball player, but she runs because she loves it."

Running requires a certain kind of love. Who would run countless laps around a track, sprint hill workouts, or endure mud filled cross country courses just to have something to do? Katie Walls did all of that and it landed her a spot on the University of South Carolina cross country and track team beginning next fall.

Walls will study marketing at South Carolina's Moore School of Business.

While her personal records of 5:17 in the mile, 11:40 in the two-mile, and 19:27 in the five-kilometer are impressive enough, her family and friends say her leadership is her greatest quality.

Megan Fitzpatrick will be a senior at Bishop O'Connell next year and has trained with Walls for the past three years.

"Katie has done some fantastic things for the team," Fitzpatrick said. "Each year at our running camp she always organized special activities for the week to get our team ready for the cross country season."

Fitzpatrick also said that as soon as Katie Walls finished any of her races, she was always quick to run out onto the course or the side of the track to

cheer for the rest of her teammates.

"I've learned so much from her," Fitzpatrick said. "She helped turn an individual sport into a team sport. Her personal accomplishments, to her, aren't as important as her team."

At South Carolina next year, Walls will run six-kilometer races compared to five-kilometer for cross country and will more than likely run the 5,000 and 10,000 meters on the track—a large leap from the 1,600 and 3,200 meter races, but she is ready for the challenge.

"I think I will like the longer distance on the track," Katie Walls said. "It will get to a point where you just need to stay tough because it will be easy to lose focus."

Staying tough is all too familiar to Katie Walls though. Breaking 5:20 in the mile is a large milestone for female milers. The 5:20 barrier equals 80-seconds per lap for four laps and Katie Walls has run slightly under that pace three times.

On the cross country course, Walls remembers racing at Great Meadows in The Plains, Va. during a heavy rain. It was the only race where Walls' mother told her just to go out, run safe, and have fun, but the recent O'Connell grad took a different approach and though the time may not have re-

flected the performance, she said it was one of her best races.

"When water is ankle deep, mud is everywhere, and you see someone taking a complete wipeout, it makes it challenging to run," Katie Walls said.

For the summer, Walls trains with O'Connell's boy's distance coach Lewis Butler. She will progressively up her mileage to keep pace with South Carolina's summer workouts. Walls hopes to run a few road races this summer for fun and to stay in a competitive mindset, but most importantly she wants to stay healthy for the next stage of her career at the NCAA Division I level of distance running.



Katie Walls

Kurtzke Keeps It In The Family

O'Connell wrestler sees familiar faces, headed to Notre Dame.

BY ERIC J. GILMORE
THE CONNECTION

Over 30 years ago, the O'Connell wrestling mat had a ragtag pair of grapplers, trying to make a name for themselves. All these years later, the same faces are still affiliated with the Knights program, just in largely different capacities.

Dick Martin, the retiring O'Connell principal after 44 years in Catholic education, had an 11-year stint as wrestling coach when he watched Bill Carpenter and Bob Kurtzke hit the mats.

All these years later, Carpenter is now the long-time head coach, while Bob Kurtzke, now a neurologist in Reston just watched his eldest son, Eric Kurtzke recently finalize a standout four-year wrestling career.

Eric Kurtzke followed Carpenter's sons, Reed and Jeremy Carpenter, both of whom were O'Connell wrestling stars. Reed, now a 25-year-old high school

coach, holds the Virginia state record for career victories, recording a gaudy 210-17 record with 122 pins. Though Eric Kurtzke fell short of Reed Carpenter's high school record, he did accomplish an O'Connell rarity — winning the state tournament for four consecutive years.

"It was a big honor because not a lot of people have done that from O'Connell or any other school really," Eric Kurtzke said.

Starting at 112 pounds before moving up to the 125-pound class as a sophomore and eventually 140 pounds as a junior and senior, Eric Kurtzke displayed a quiet determination few have achieved over the past 30 years in O'Connell singlets.

"His wrestling coach (Bill Carpenter) probably said it best," Bob Kurtzke said. "He said, 'Eric doesn't say a lot with his words. He just gets the job done.'"

The recent O'Connell graduate struggled — by his own accords — both as a junior and senior because of wear-and-tear injuries. During his junior season at a tri-meet at St. Stephen's & St. Agnes, Eric Kurtzke was dueling with an opponent from rival Paul VI. Even though he doesn't remember exactly how or when it happened, the nimble Knight banged his shoulder on his opponent's knee.

SEE KURTZKE, PAGE 21

Dean of The House

FROM PAGE 17

ACCORDING TO her father, Clifford Dean, Maggie Dean's competitive desire is derived from her sense of family.

"It was a blast watching Maggie," Clifford Dean said. "She's always been quietly competitive. As a lacrosse player, she has great field sense, and she's used to having to be a team player."

Maggie Dean, who was also a field hockey captain and one of only four seniors for a mediocre Patriot team that bowed out in the district semifinals and regional opening round, teamed with younger sister Elizabeth Dean, yet another sister, who will be a Yorktown senior next season.

"It definitely makes me more flexible because there's a million things going on at once," Maggie Dean said about her family. "But at times it does get

a little hectic. I've always loved it. You really learn a lot about yourself...It's fun to have a big family where you can bring your friends home and there's a lot going on."

While she's busy looking back, she eager to head three hours southeast, and finally get college underway.

"It felt like high school had been a long journey, and it feels good to be done with school," Maggie Dean said. "It was bittersweet. It was sad and exciting all at the same time."

For her father, watching last week's graduation allowed for a sense of reflection and modest pride.

"She's worked really hard and achieved a lot so I'm happy to see her graduate," Clifford Dean said. "It's another milestone in her life and another achievement. It's time to turn the page and move on to the next thing."

Getting Back on Track

FROM PAGE 18

felt healthy enough to contribute, she missed the first month of the season because fatigue would quickly set in.

The senior-laded team, with only two underclassmen, lost their first four matches of the season and eventually finished 7-11, good enough for fourth in the district.

But basketball was her better draw, even though the team failed to win a game during her junior season. Joining the varsity as a junior, she endured the miserable 0-22 season, but did gather individual accolades, winning the team's most improved award.

This season, armed with three capable coaches instead of the constant carousel that marred the previous two years, Natalie Dahlstrom, a co-captain, helped the Generals to a 6-19 record. A 50-48 victory over fifth-seeded Stuart in the district tournament ensured Washington-Lee's first regional berth in several years, but the season highlight was a 20-point midseason victory over Falls Church to halt the 36-game losing streak.

"It wasn't like we won by a point," Natalie Dahlstrom said. "We blew them away, which was pretty nice. It had always happened to us and I guess that was the game that turned everything around."

Natalie Dahlstrom capped her athletic career off with soccer, where she was a captain and voted

the team's most valuable player. Unlike volleyball, Washington-Lee had a new coach and a young team, forcing Natalie Dahlstrom, the center midfielder, into a leadership role. The team bowed out in the semifinals of the district tournament, and then in the first round of regionals.

THE 4.0-PLUS STUDENT had to divvy up her time with IB classes, National Honor Society and Key Club, and along with three sports,

Natalie Dahlstrom had little time to spare. But she wouldn't have had it any other way.

"It was really hard. I don't think I had a social life during most of these seasons," Dahlstrom said. "I would go to practice to get away from school. It was my one time where I could have a break and let my en-

ergy out. Then I would have to go home and study for tests. Sports were a big commitment, but it was a good commitment because it's something I really love doing so it wasn't painful."

She will attend Boston College next season and plans to major in education.

"I've always loved Boston," Natalie Dahlstrom said. "I applied not really thinking I would get in, but I applied and said, 'wow, I can actually go here.' It was pretty random, but I'm so excited."

As the youngest, Natalie Dahlstrom follows her brother Pe

SEE DAHLSTROM, PAGE 21

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SPORTS

Dahlstrom Back on Track

FROM PAGE 20

ter Dahlstrom, who played lacrosse at Ohio University and a sister, who attends college in Switzerland in traveling far from home when selecting a school

"She seems close, so oh gosh, all I have to do is jump in the car and drive 10 hours," Ava Dahlstrom said. "With her outlook, she's on to the next thing."

She's so excited about it that you don't want to be sad."

For Natalie Dahlstrom, though, graduating from Washington-Lee hasn't quite resonated.

"I've been out of school for a week, and it really hasn't sunk in," said Natalie Dahlstrom, who will soon leave for a trip to Scotland, England and France with several Washington-Lee teachers. "I haven't accepted it yet."

A Cool Cavalier in The Boat

FROM PAGE 18

SETTLING ON U-Va. wasn't easy for the recent Washington-Lee grad who touted almost a 4.2 grade point average. As one of the 56 international baccalaureate students and the vice president of the school's National Honor Society, Abecia had to balance a rigorous class schedule with multiple sports.

Academics were the biggest part of high school for me," Abecia said. "I was with a bunch of people that were as intellectually stimulated as I am."

Advanced physics and calculus classes were the

norm, and it reaped rewards when he was admitted to George Washington and William & Mary with financial aid incentive-based packages. But Abecia connected with Charlottesville and the Cavaliers and will start classes in the fall.

"I see a road ahead and it's a potentially bright future, but looking back, it's also emotional," Abecia said upon reflecting on his recent graduation. "It's difficult to explain. There was a lot of blood, sweat and tears, lots of joy and laughter. It's multi-faceted. I can definitely say that so far, high school has been the best time of my life."

Huff Is An Atypical Athlete

FROM PAGE 18

H-B is a selective program as students are enrolled after being selected in a lottery.

Huff will take his athletic talents to the College of William & Mary in the fall. He will major in economics or graphic design and hopes to work for an oil scouting land company upon graduation. Huff said he has spoken with the Tribe coaching staff, and he plans on walking on the Tribe's golf team. His handicap is six.

The 18-year-old Alexandria native's true passion is hockey as he has played the fast-paced sport for nearly nine years. Huff played on Howard County's Howard Huskies for a number of years and then took

his talents to Wakefield and Washington-Lee's combined club team this past year. "It was fun but it was a little below my skill level," said Huff, who plays goalie. While at William and Mary he will also be part of the college's hockey team.

Off the athletic field, Huff was a member of the National Honor Society and sang in the school's choir.

Huff was the team captain on Wakefield's golf team and snagged an 8th place finish this year at the National District tournament, advancing to the Northern Region tournament where he had the second best district score but failed to make the Virginia AAA state tournament.

Kurtzke Keeps It In The Family

FROM PAGE 20

"It was a freak accident," Eric Kurtzke said. "I tore my labrum and damaged the nerve so I couldn't move my arm. It got better and it wasn't a major tear. I got back into wrestling season before it was done."

He won the state tournament, but had to medically default for the national prep tournament. He then continued into lacrosse season despite the nagging pain.

"He didn't complain about the shoulder injury," Bob Kurtzke said. "He wasn't himself, but he never made excuses. He did what he could do."

During his senior season, Eric Kurtzke again hurt himself, but played through the pain. He finished second in the Washington Catholic Athletic Conference championships for the second year in a row, losing 15-0 in technical fall to Dematha's Matt Dugan. Eric Kurtzke rebounded with his fourth consecutive state championship, before finishing seventh at the national prep tournament.

The knee, which was full of fluid after a season of grinding holds, prevented him from playing lacrosse as a senior. The O'Connell grad, in an interview over the phone on Monday evening, admitted that he "couldn't really run."

"He's quiet," Bob Kurtzke said. "He doesn't talk

much either about his accomplishments or what he's going to do. Generally speaking, if he says he's going to do something or there's something in front of him, he just does it."

THE O'CONNELL male student-athlete award winner will attend the University of Notre Dame, much like his father, where he hopes to play club lacrosse.

"It seems like it's a coincidence," Eric Kurtzke said of following his father. "That's where I wanted to go in the first place. I've been there before and like the campus and atmosphere."

Regarding graduation, where his dad participated as an alumnus, the eldest of four had mixed feelings.

"I'm glad to be going on and sad to leave the high school friends behind," Eric Kurtzke said. "I felt good about it so it was a good day."

But at O'Connell, and especially in the wrestling program, the Kurtzke family were happy to have some recognizable faces.

"It's a nice community, and there's a lot of continuity," Bob Kurtzke said. "People were important to me as a kid are still [at O'Connell]. Dick Martin would tease me, saying that 'Eric is a better wrestler than you were.' There's no argument there."

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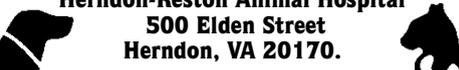
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TO QUALIFY: Familiarity with school curricula and operation. Knowledge of and ability to learn and apply teaching methods and techniques, ability to develop, revise and implement curriculum-based, educational programs for all levels. Strong and effective oral and written communication and organizational skills. Demonstrated ability to work with all levels of staff, general public, and volunteers. Demonstrated ability to work both independently and collaboratively as a contributing team member in a fast-paced and changing work environment. Preferred: knowledge of education techniques, degree in history. Required: valid driver's license and instructor/teaching experience at a variety of levels. **SCHEDULE VARIABLE: AVAILABILITY DURING MONTHS OF SEPTEMBER-JUNE REQUIRED. EXTENSIVE DAY TRAVEL IS REQUIRED FOR THIS POSITION. SALARY:** \$20-\$22 per hour (in the Northern Virginia Pay Area) and training opportunities, up to 750 hours per year. Please note that the salary rate of \$20-\$22 per hour is based on a residence address specifically located in the Northern Virginia Pay Area that includes the counties of Fairfax, Arlington, Prince William and Loudoun, and the cities of Alexandria, Fairfax, Falls Church, Manassas, and Manassas Park. Applicants applying for this position with a residence outside of the Northern Virginia pay area will be applying for a position at the Virginia pay area salary rate of \$15.07 per hour. Candidates selected for this position will be reimbursed actual mileage to commute from their residence to Northern Virginia schools up to a maximum of 100 miles per day. This maximum mileage limit is more than sufficient to cover the commuting costs to be incurred by residents living in the Northern Virginia Pay Area. Candidates outside of the Northern Virginia Pay Area applying for this position should give careful consideration to the maximum daily mileage limits.

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Prescription For Pain Re-lief



By KENNETH B. LOURIE

I've often wondered, as I get older and wider, and have to take more prescription medications as a direct result, if there is some kind of practical, safe and sensible recyclable-type option concerning all the various and unused prescription medications still bottled up in my (and in so many other's, too, I'm sure) medicine cabinet. It just seems like such a waste of good and effective medicine — not to mention money — to allow these medications to sit idly by, ignored mostly, and not doing what the pharmaceutical companies intended them to do.

Obviously I'm aware that prescription medications, new or used (or rather unused) are prescribed for a specific medical reason/patient and as such are hardly as donatable/usable as an unopened jar of mayonnaise or a canned good, as an example of some of the items collected for good will. But if condiment makers can create a blend of mustard and mayonnaise (dijonaise), certainly the pharmaceutical companies or the creative minds at the F.D.A. (Food and Drug Administration) can devise a system, a secondary-type market, where prescription medications bought and paid for by person "x" can somehow be recertified/requalified as a 100 percent reusable option for those less able to pay. I mean, we recycle trash, can't we find a way to recycle health and welfare products, too? Granted, this task is fraught with danger and regulatory reflux but what greater good is there than to provide aid and comfort to your own citizens — and fellow countryman — at a time when more and more of them, it seems, need it (the aging of the population) and an increasing percentage of them can't afford it; medications that is, to ease their troubled minds and insufficient incomes? If, as a country/planet, we are becoming an ever-greening/carbon footprint-type populace, and we're motivated to "save the trees," as but one example of the hundreds of selfless acts of compassion witnessed on a daily basis, can't we at least attempt to save/conservate the beneficiaries of all these other "conservation" efforts, too, the actual people themselves? I mean, it's only human, to save the humans, even if corporate America is involved, right? Despite the fact that corporations are entities (things, not individuals), they are in fact made up of human beings who know full well the trials and tribulations of their fellow man. It's getting them to take care of it that's the problem. If we could somehow devise a system that would enable corporate America to turn the problem into a solution, and a profitable one at that, thousands, if not millions of their fellow citizens (perhaps even some of their fellow shareholders) could benefit. And what better story to market than one that advances the causes and minimizes the concerns of an entire generation (the Baby Boomers), a generation that will dominate, demographically speaking, for decades yet to come?

Who among us doesn't have bottles of prescription medications, some unopened even, accumulating dust, and serving no particular — and current — purpose other than taking up space? Certainly there has to be a better and more useful end for these potentially life saving, and at the very least, life changing medications, than a flush. Our best and brightest have researched and tested, and mass-produced solutions to hundreds if not thousands of conditions/problems, everything from angina to xenophobia, problems that are symptomatic of the times in which we all live. Let's not allow their good work and good deeds to go undone. Why not find a way to "treat" every American with the respect and dignity he — or she — deserves? America is a wealthy country. Unfortunately, many of its citizens are not. So let's find a way to share that wealth, medically speaking. Now that would be a prescription worth paying for.

Kenneth Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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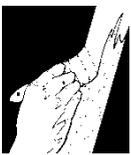
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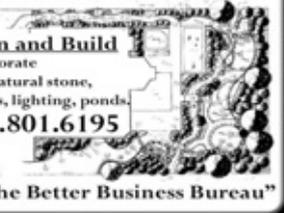
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In execution of a Deed of Trust from Ronald J. Sneijder
and Edwin H. Aguilera, dated February 23, 2007, and recorded
March 6, 2007, in Deed Book 4075 at page 782 among the
Land Records of Arlington County, Virginia, the undersigned
substitute trustee will offer for sale at public auction at the front
entrance of the Judicial Center for Arlington County, at 1425 N.
Courthouse Road, Arlington, Virginia, on

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21 Announcements 21 Announcements

**TRUSTEE'S SALE
OF VALUABLE
IMPROVED REAL ESTATE**
Improved by the premises known as
3816 Steppes Court, #B, Falls Church, Virginia

21 Announcements 21 Announcements

**TRUSTEE'S SALE
OF VALUABLE
IMPROVED REAL ESTATE**
Improved by the premises known as
814 Leigh Mill Road, Great Falls, Virginia

**Tuesday, July 8, 2008
At 10:30 a.m. Eastern Daylight Savings Time**
The following property being the property contained in said
Deed
of Trust, described as follows:

In execution of a Deed of Trust from Abdelouahad
Gharife and Zineb Gaoui, dated April 17, 2006, and recorded
April 18, 2006, in Deed Book 18381 at page 1723 among the
Land Records of Fairfax County, Virginia, the undersigned substitute
trustee will offer for sale at public auction at the front entrance
of the Judicial Center for Fairfax County, at 4110 Chain Bridge
Road, Fairfax, Virginia, on

In execution of a Deed of Trust from Fahraneh S. So-
rabian, also known as Farzaneh S. Hashemi and Shawn So-
rabian, dated February 23, 2006, and recorded March 1, 2006,
in Deed Book 18249 at page 934 among the Land Records of
Fairfax County, Virginia, the undersigned substitute trustee will
offer for sale at public auction at the front entrance of the Judicial
Center for Fairfax County, at 4110 Chain Bridge Road,
Fairfax, Virginia, on

Lot 12, Block 3, Forest Park Addition to Waycroft, as the same
appears duly dedicated, platted and recorded in Deed Book
379 at page 452, among the Land Records of Arlington County,
Virginia.

Commonly known as 4904 N. 16th Street, Arlington, Virginia
22205.

TERMS OF SALE: A deposit of \$100,000.00 or ten
percent (10%) of the sale price, whichever amount is less, in
the form of cash or its equivalent will be required of the pur-
chaser at the time and place of sale; the balance of the pur-
chase money being due and payable within fifteen (15) days
after sale, time expressly being of the essence, with interest at
the rate of 4.875 percent per annum from date of sale to date
of settlement. Provided, however, that if the holder of the se-
cured promissory note is the successful bidder at the sale, no
cash deposit shall be required, and part of or the entire indebt-
edness, including interest and costs, secured by the Deed of
Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and
stand the risk and cost of resale.

Sale shall be made subject to all existing easements
and restrictive covenants as the same may lawfully affect the
real estate. Sale is further subject to mechanic's and/or materi-
alman's liens of record and not of record. The property will be
sold subject to all conditions, covenants, restrictions, rights of
redemption of federal lienholders or encumbrances, and agree-
ments of record affecting the same, if any.

In the event the undersigned trustee is unable to con-
vey to the purchaser good title, then purchaser's sole and ex-
clusive remedy shall be in the refund of the deposit paid at the
time of sale.

The subject property and all improvements thereon will
be sold in "as is" condition without warranty of any kind. Pur-
chaser shall be responsible for any and all building and/or zon-
ing code violations whether of record or not of record, as well
as for all unpaid and enforceable homeowners' or condomini-
um owners' association dues and assessments, if any. Pur-
chaser also shall be responsible for obtaining possession of the
property at

his/her expense. Purchaser shall assume the risk of loss and
shall be responsible for any damage, vandalism, theft, destruc-
tion, or the like, of or to the property occurring after the time of
sale. Conveyance will be by special warranty deed. Convey-
ancing, recording, transfer taxes, notary fees, examination of title,
state stamps, and all other costs of conveyance are to be at the
expense of purchaser. State and local taxes, public charges,
and special or regular assessments, if any, shall be adjusted to
the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the
right: (i) to waive the deposit requirement; (ii) to approve or dis-
approve the creditworthiness of any bidder and/or purchaser;
(iii) to withdraw the property from sale at any time prior to ter-
mination of the bidding; (iv) to extend the time for bidding; (v)
to reject any or all bids; (vi) to postpone or set over the date or
time of sale; and (vii) to extend the period of time for settlement
hereunder.

Additional terms and conditions of sale may be an-
nounced at the time of sale.

DAVID N. PRENSKY
Substitute Trustee

FOR INFORMATION CONTACT:
David N. Prenskey
Chasen & Chasen
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**Tuesday, July 1, 2008
At 11:34 a.m. Eastern Daylight Savings Time**

The following property being the property contained in said
Deed

of Trust, described as follows:

Unit 3816-B, STEPPES OF BARCROFT CONDOMINIUM
Tax Map No. 061-4-32-3816B

Commonly known as 3816 Steppes Court, #B, Falls Church,
Virginia 22041.

TERMS OF SALE: A deposit of \$25,000.00 or ten per-
cent (10%) of the sale price, whichever amount is less, in the
form of cash or its equivalent will be required of the purchaser
at the time and place of sale; the balance of the purchase mon-
ey being due and payable within fifteen (15) days after sale,
time expressly being of the essence, with interest at the rate of
6.25 percent per annum from date of sale to date of settle-
ment. Provided, however, that if the holder of the se-
cured promissory note is the successful bidder at the sale, no
cash deposit shall be required, and part of or the entire indebt-
edness, including interest and costs, secured by the Deed of
Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and
stand the risk and cost of resale.

Sale shall be made subject to all existing easements
and restrictive covenants as the same may lawfully affect the
real estate. Sale is further subject to mechanic's and/or materi-
alman's liens of record and not of record. The property will be
sold subject to all conditions, covenants, restrictions, rights of
redemption of federal lienholders or encumbrances, and agree-
ments of record affecting the same, if any.

In the event the undersigned trustee is unable to con-
vey to the purchaser good title, then purchaser's sole and ex-
clusive remedy shall be in the refund of the deposit paid at the
time of sale.

The subject property and all improvements thereon will
be sold in "as is" condition without warranty of any kind. Pur-
chaser shall be responsible for any and all building and/or zon-
ing code violations whether of record or not of record, as well
as for all unpaid and enforceable homeowners' or condomini-
um owners' association dues and assessments, if any. Pur-
chaser also shall be responsible for obtaining possession of the
property at

his/her expense. Purchaser shall assume the risk of loss and
shall be responsible for any damage, vandalism, theft, destruc-
tion, or the like, of or to the property occurring after the time of
sale. Conveyance will be by special warranty deed. Convey-
ancing, recording, transfer taxes, notary fees, examination of title,
state stamps, and all other costs of conveyance are to be at the
expense of purchaser. State and local taxes, public charges,
and special or regular assessments, if any, shall be adjusted to
the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the
right: (i) to waive the deposit requirement; (ii) to approve or dis-
approve the creditworthiness of any bidder and/or purchaser;
(iii) to withdraw the property from sale at any time prior to ter-
mination of the bidding; (iv) to extend the time for bidding; (v)
to reject any or all bids; (vi) to postpone or set over the date or
time of sale; and (vii) to extend the period of time for settlement
hereunder.

Additional terms and conditions of sale may be an-
nounced at the time of sale.

DAVID N. PRENSKY
Substitute Trustee

FOR INFORMATION CONTACT:
David N. Prenskey
Chasen & Chasen
Suite 500
5225 Wisconsin Avenue, N.W.
Washington, D.C. 20015
(202) 244-4000

**Tuesday, July 1, 2008
At 11:36 a.m. Eastern Daylight Savings Time**

The following property being the property contained in said
Deed

of Trust, described as follows:

Tax Map No. 013-1-01-0085

Commonly known as 814 Leigh Mill Road, Great Falls, Virgini-
a 22066.

TERMS OF SALE: A deposit of \$300,000.00 or ten per-
cent (10%) of the sale price, whichever amount is less, in the
form of cash or its equivalent will be required of the pur-
chaser at the time and place of sale; the balance of the pur-
chase money being due and payable within fifteen (15) days
after sale, time expressly being of the essence, with interest at
the rate of 9.75 percent per annum from date of sale to date of
settlement. Provided, however, that if the holder of the se-
cured promissory note is the successful bidder at the sale, no
cash deposit shall be required, and part of or the entire indebt-
edness, including interest and costs, secured by the Deed of
Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and
stand the risk and cost of resale.

Sale shall be made subject to all existing easements
and restrictive covenants as the same may lawfully affect the
real estate. Sale is further subject to mechanic's and/or materi-
alman's liens of record and not of record. The property will be
sold subject to all conditions, covenants, restrictions, rights of
redemption of federal lienholders or encumbrances, and agree-
ments of record affecting the same, if any.

In the event the undersigned trustee is unable to con-
vey to the purchaser good title, then purchaser's sole and ex-
clusive remedy shall be in the refund of the deposit paid at the
time of sale.

The subject property and all improvements thereon will
be sold in "as is" condition without warranty of any kind. Pur-
chaser shall be responsible for any and all building and/or zon-
ing code violations whether of record or not of record, as well
as for all unpaid and enforceable homeowners' or condomini-
um owners' association dues and assessments, if any. Pur-
chaser also shall be responsible for obtaining possession of the
property at his/her expense. Purchaser shall assume the risk of
loss and shall be responsible for any damage, vandalism,
theft, destruction, or the like, of or to the property occur-
ring after

the time of sale. Conveyance will be by special warranty
deed. Conveyancing, recording, transfer taxes, notary fees,
examination of title, state stamps, and all other costs of con-
veyance are to be at the expense of purchaser. State and lo-
cal taxes, public charges, and special or regular assessments,
if any, shall be adjusted to the date of sale and thereafter shall
be assumed by the purchaser.

The undersigned trustee unconditionally reserves the
right: (i) to waive the deposit requirement; (ii) to approve or dis-
approve the creditworthiness of any bidder and/or purchaser;
(iii) to withdraw the property from sale at any time prior to ter-
mination of the bidding; (iv) to extend the time for bidding; (v)
to reject any or all bids; (vi) to postpone or set over the date or
time of sale; and (vii) to extend the period of time for settlement
hereunder.

Additional terms and conditions of sale may be an-
nounced at the time of sale.

DAVID N. PRENSKY
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5225 Wisconsin Avenue, N.W.
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21 Announcements 21 Announcements 21 Announcements

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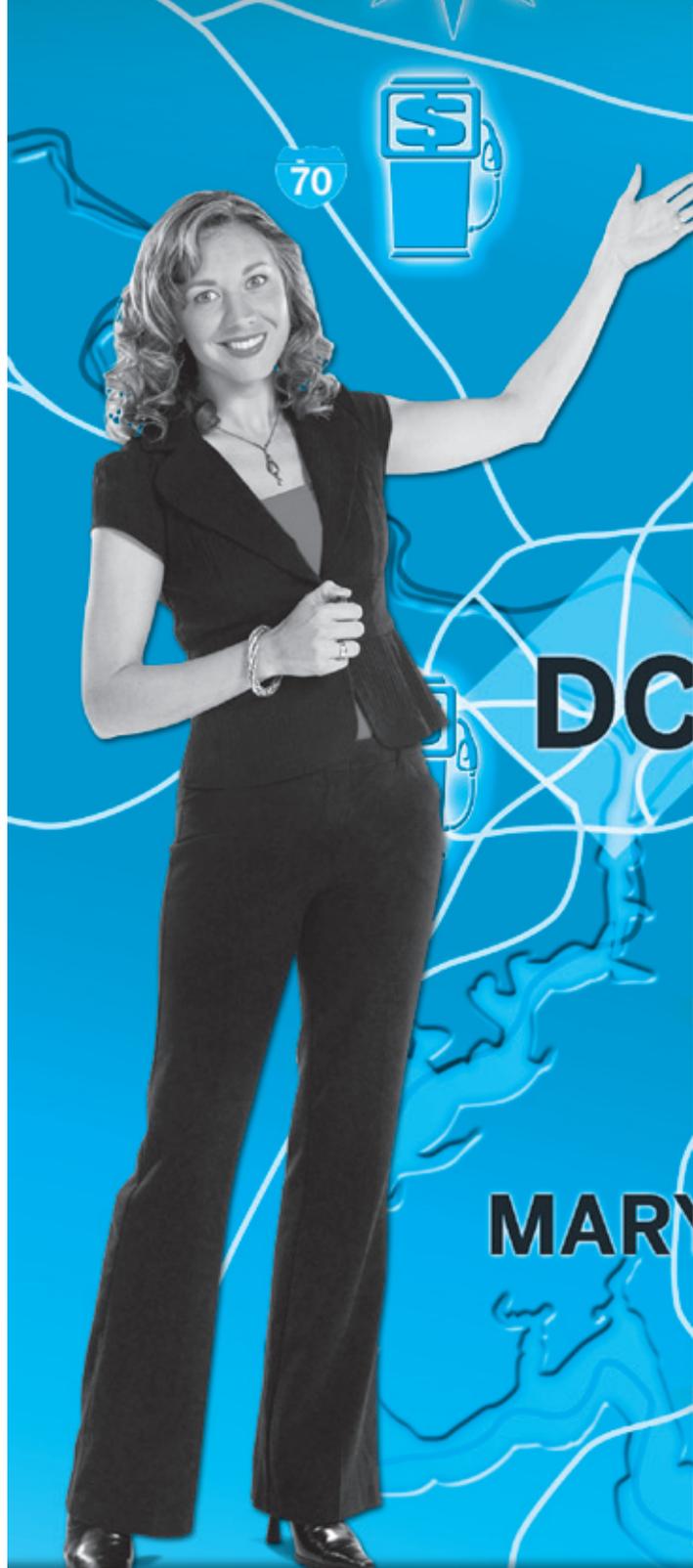
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He's part of a team of scientists from Dominion whose job is to preserve our state's natural resources. For example, at Back Creek in the Allegheny Highlands when Dominion built its hydroelectric station, the team worked with the Virginia Department of Game and Inland Fisheries to protect the local trout, plants and even insects. And today, it's one of Virginia's Blue Ribbon trout streams. The work is never-ending—at Back Creek and all over Virginia. But, then again, so is Dominion's commitment to the environment.

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