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JULY 3, 2008

Folkerts Elected Chairwoman

School Board selects new leadership for a period of transition.

BY MICHAEL LEE POPE
GAZETTE PACKET

During one recent School Board meeting, the interim personnel director made a recommendation to the interim superintendent that the school system should hire an interim principal at T.C. Williams High School. It was a revealing moment about the drastic changes that are taking place in the school system, culminating this week in the departure of former Chairwoman Claire Eberwein who officially stepped down from her position as an elected official on Monday. When School Board members convened Tuesday morning for their annual organization meeting, they selected Yvonne Folkerts as their new chairwoman, and Sheryl Gorsuch was selected as vice chairwoman.

"In terms of a policy goal for the next year, I would say that creating a strategic plan will be our biggest goal," she said after the unanimous vote Tuesday morning. "That's something we've all said we wanted."

Unanimity has been in short supply on the School Board. Since their election in 2006, the current School Board members have

"I think the board is beginning to pull itself together and work more harmoniously."

— Connie Ring,
former School Board chairman

Executive Director of Information and Outreach Amy Carlini photographs the School Board, with newly installed Chairwoman Yvonne Folkerts sitting in the center.

often found themselves deeply divided over a number of issues. The disagreements culminated last year, when former Chairman Arthur Peabody told former Superintendent

Rebecca Perry that a majority of board members were interested in finding a new superintendent. Peabody later described the meeting as a "courtesy call," but the four minority members described the process as overly secretive and potentially illegal. Folkerts was one of the five majority members who voted to oust Perry.

"I was disappointed that she was part of the group of five that excluded the rest of the School Board," said Alexandria businessman Jack Taylor, who supported Folkerts during the 2006 campaign. "As of right now, I probably wouldn't be one of

SEE NEW LEADERSHIP, PAGE 31

City And Mirant Reach Agreement

\$34 million escrow account to pay for pollution controls.

BY CHUCK HAGEE
GAZETTE PACKET

At 11:30 p.m. on June 30, 2008, a historic agreement was reached by the Mirant Community Monitoring Group that just may end the philosophical gridlock between Mirant and Alexandria over the operation of the company's

Potomac River Generating Station.

But, their action did not make it a done deal. The agreement had to be ratified by City Council, the State Air Pollution Control Board, and the State Department of Environmental Quality (VDEQ). The first of those entities, Alexandria City Council, voted unanimously to accept the agreement during a special session the evening of July 1.

"This night has been a long time in coming. We heard of many health problems from residents over the years. But they were only stories until a definitive study was undertaken by Elizabeth Chimento and Poul Hertel," said Alexandria Vice Mayor Redella

"Del" Pepper in opening the Monitoring Group's four hour session. She, along with Councilman Paul Smedberg, chaired the Monday night meeting.

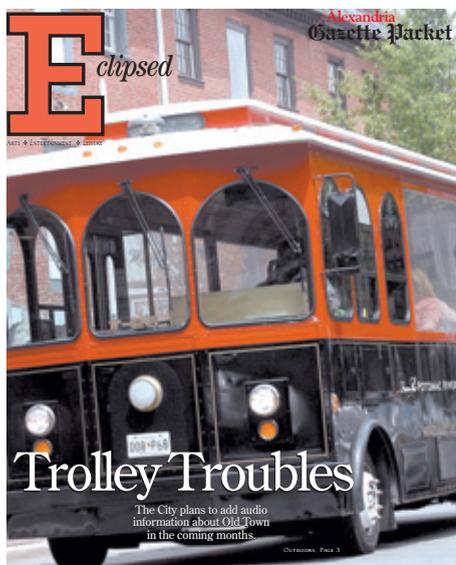
"It looks like the proposal we have before us might really help to clear up some of this matter. But, I want to emphasize this is not the end. We still want the plant to close. But, I believe this is a step in the right direction," she said.

"As much as we all might want the plant to go away tomorrow that's not going to happen. But, this agreement will go a long way in getting the plant cleaned up in the

SEE AGREEMENT, PAGE 4



PHOTO BY MICHAEL LEE POPE/GAZETTE PACKET



Trolley Troubles

The City plans to add audio information about Old Town in the coming months.

CHUCK HAGEE, PAGE 3



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Summer Campaigns Launch

Special elections have notoriously low turnouts, especially ones that take place in the dead of summer. Last year, for example, when former Vice Mayor **Andrew Macdonald** unexpectedly resigned, voters went to the polls in a low-turnout July election in which Democrat **Justin Wilson** narrowly beat out Republican **Bill Cleveland**. Only 9,000 of the 80,000 registered voters showed up for that election, which was citywide.

For a second consecutive summer, Alexandria will once again face a summertime special election. This year voters will select a replacement for former School Board Chairwoman **Claire Eberwein**, who resigned her position last month to move to Austria with her family. Because School Board members represent districts, only voters in the centrally located "District B" will be able to participate in the Aug. 12 special election. Alexandria Registrar **Tom Parkins** said he expects about 1,200 of the 30,000 registered voters in the District B to participate.

"Absentee voting will be very important in this election because so many people have summer vacations," said Parkins. "It's important for voters to know that they can already apply for their absentee ballot now."

Potential candidates have until July 14 to file with the registrar's office. At press time, only one candidate had filed the necessary paperwork — educational consultant **Elynn Simons**, who ran an unsuccessful campaign for School Board in 2006. Absentee voting will begin on July 18, with the mail-in deadline on Aug. 5 and in-person absentee voting available through Aug. 9.

Another Monitoring Group

Now that the city has reached a settlement in its longstanding dispute with the Mirant coal-fired power plant on the Potomac River, city leaders have moved their attention west. Over the last month, anger has been building over Norfolk Southern's decision to quietly convert an old truck transferring operation into an ethanol loading facility. Yet opinions have been divided over how to mobilize against Norfolk Southern, the powerful Fortune 500 company that operates an ethanol loading facility less than 1,000 feet from Tucker Elementary School. In a letter to council members, Cameron Station Civic Association President **Ingrid Sanden** said that her board was opposed to the formation of a "monitoring group" patterned after the one created to oversee the fight against Mirant.

"This resolution seems to try to appease the community by creating opportunities for 'input' but doesn't hold the council or city staff responsible for taking actions to shut this facility down permanently," she wrote in a June 23 letter to elected officials.

The City Council unanimously created the monitoring group last week over Sanden's objections, carving out representative positions for area residents, businesses leaders and school officials. Mayor **Bill Euille** is expected to appoint members of the group, which will be formally known as the Norfolk Southern Ethanol Transloading Community Monitoring Group.

"You have to use every tool in the tool box," said Vice Mayor **Del Pepper**. "Having a forum such as this is one way of keeping the conversation going and lead to the action that the community wants."

Economy Still Sluggish

The city's economy continues to slow, although budget officials note that Alexandria remains sound compared to many other regions of the country. The city's unemployment rate is 2.4 percent, which is higher than last year but lower than the national unemployment rate of 5.5 percent. Real-estate sales for the first four months of 2008 showed a decline of 38 percent from the first four months of 2007 while the average sales price has decreased by 5.3 percent.

"Given national job losses and poor consumer confidence, it appears that the national economic slowdown may have turned into a recession during the last calendar quarter," wrote City Manager **Jim Hartmann** in his monthly financial report released last week. "While the city economy is not in a recession, it is influenced by national and regional economics."

— MICHAEL LEE POPE

Limiting Alcohol Sales in Arlandria

City officials move forward with a plan to ask Arlandria retailers to voluntarily limit alcohol sales.

BY MICHAEL LEE POPE
GAZETTE PACKET

Several months from now, Arlandria shoppers might not be able to get a six pack of beer after 11 p.m. Even though Virginia law allows most retailers to sell beer and wine until midnight, city officials have been working on a plan to ask Arlandria business owners to voluntarily limit sales as a deterrent to crime. The success of the endeavor now rests with on two 7-Eleven franchise owners in Arlandria, the only retailers who have yet to agree to a proposal supported by the Alexandria Police Department.

"We're hoping that they will be receptive," said Deputy Planning Director Rich Josephson, who is leading the city's effort to seek voluntary compliance. "At this point, we are still trying to contact the two franchise owners."

Back in 2006, police officials suggested that the City Council members limit alcohol sales to 10 p.m. at one particular Arlandria retailer known as "24 Express." When council members considered the convenience store's special-use permit application, a lengthy debate emerged about the best way to discourage crime while maintaining a sense of fairness. Mayor Bill Euille suggested a compromise limiting alcohol sales at 24 Express to 11 p.m. and encouraging other businesses to voluntarily agree to similar limitations. Then nothing happened.

City officials dropped the ball, and 24 Express operated for two years under restrictions that other Arlandria alcohol retailers didn't have to worry about. Earlier this year, the owners of 24 Express filed an application to allow the locally owned convenience store to operate under the same conditions as their neighbors. The Planning Commission unanimously recommended abandoning the 11 p.m. restriction and allowing the store to keep the same kind of hours as its neighbors. But council members decided to make another attempt to request that all Arlandria alcohol retailers voluntarily limit sales to 11 p.m.

"I honestly don't think this is fair," said Councilman Ludwig Gaines, the only member to vote against maintaining the unequal restrictions for 24 Express. "I feel for this small business owner, who is being used as a wedge to force compliance with other businesses that are much larger and national in scale."

MOST ARLANDRIA alcohol retailers have already agreed to voluntary limitations, and the City Council ended up deferring the issue through the summer to allow time for all the Arlandria businesses to have an opportunity to agree with the voluntary restrictions. In addition to 24 Express, the CVS drug store and the Giant supermarket have both indicated they would be willing to cooperate in a crime-reduction strategy of limiting beer and wine sales to

11 p.m. But the city's planning department is still waiting to hear from franchise owners for the 7-Eleven on Glebe Road and the 7-Eleven on Mount Vernon Avenue as to whether they would be willing to participate a voluntary agreement to limit alcohol sales.

"We can't string this business along indefinitely," said Mayor Euille before voting to defer making a decision on the issue until after the summer recess. "We've got to make a decision to do it or not do it."

Efforts to stem crime in Arlandria dates back to 2006, when police Capt. Eddie Reyes was appointed "Arlandria area commander" and put in charge of coordinating city services and crime prevention efforts. But crime statistics show a mixed picture for the neighborhood tucked between Del Ray and the Arlington border. Incidents of violent crime have gone down slightly since Reyes was appointed Arlandria area commander, decreasing from 149 in 2006 to

141 in 2007. The largest decrease in that category has been aggravated assault, which has decreased from 32 in 2006 to 20 in 2007. Other statistics have seen an increase, with instances of disorderly conduct rising from 46 in 2007 to 59 in 2007. Reyes said that understanding the statistics has to take into account the rising number of patrols moving through Arlandria on a regular basis.

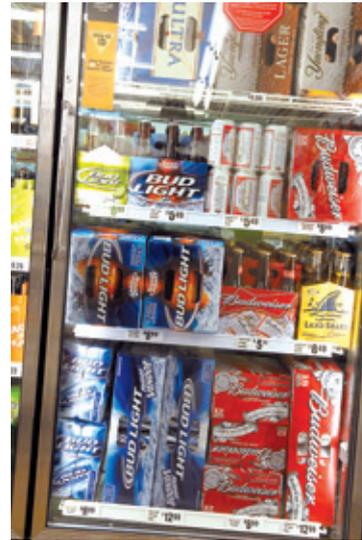
"Most people don't report disorderly conduct, so that's mostly something an officer would identify," said Reyes in May after the City Council launched the renewed effort in Arlandria. "So the increasing numbers we see with disorderly conduct are a direct result of having more officers on the street."

WHEN THE ISSUE was before City Council last week, Police Chief David Baker personally testified in

favor of limiting alcohol sales in Arlandria. He said that increased patrolling in Arlandria has had some success in combating street crime, yet he said that limiting alcohol sales in the neighborhood could be beneficial to the city's ongoing efforts to reduce crime in the area. He explained to council members that the 24 Express presents its own set of challenges that are different from CVS, Giant or 7-Eleven. "The 24 Express is a place where people end up," said Police Chief David Baker. "Folks don't go to the CVS to buy alcohol and end up hanging out at the CVS."

In addition to limiting alcohol sales in Arlandria, city officials are trying other ways to help the neighborhood. Several high-ranking officials have already launched an alcohol abuse prevention program in the area, with the Community Services Board leading the way. Michael Gilmore, the board's executive director, told City Council members last week that he has already launched an effort to fund a study to identify the specific needs of Arlandria.

"In order to have an effective prevention and treatment program in Arlandria, we need to work with that population to determine what the needs are," said Gilmore. "We've already addressed the possibilities of funding with some foundations where we would present a proposal for a planning grant to help us do that job of research. We think we would need three clinicians and at least one adult-prevention worker there."



Stores in Arlandria are being asked to participate in a voluntary limitation of alcohol sales.

City And Mirant Reach Agreement

FROM PAGE 1

short run,” said William Skrabak, chief, Environmental Quality Division, Alexandria Transportation & Environmental Services Administration.

“There are basically only two paths we can take at this point — accept this settlement agreement or not accept it. The later means going back to the Air Board and taking out chances. The City believes this agreement is better than what we would end up with if we went back to the Air Board,” Skrabak told Monitoring Group members and the audience filling City Hall’s Sister Cities Room.

The proposed agreement was developed by City representatives, elected and staff, including City Attorney Ignacio Pessoa, and representatives of Mirant, with Air Board member Bruce C. Buckheit serving as the primary broker. “I asked for this process to happen. I wanted to be involved individually — not representing the Air Board — but myself,” Buckheit said.

“This night has been a long time coming.”

—Alexandria Vice Mayor Redella “Del” Pepper

As one who has negotiated and litigated many disputes involving environmental matters, Buckheit very much favors the negotiation process. “Successful conclusions of these kinds of matters are brought about much more frequently by negotiation than litigation. In negotiations usually both parties gain some degree of success. In court cases sometimes you win and sometimes you lose.”

“In my judgement this is a good settlement for both the company and the community. It provides a sufficient amount of money to get the job done,” he said.

THE \$34 MILLION Mirant will invest for pollution control will be deposited into an interest bearing escrow account. Upon completion of the project, any balance remaining “shall be used for additional air pollution controls” at the plant or “air quality enhancement at other City locations,” according to the agreement.

Mirant is obligated to deposit the \$34 million into the escrow account within 35 days of the issuance the stack merge permit. If either the permit or the dispersion credits are appealed or challenged in litigation “neither the City nor Mirant shall have any obligation under this agree-



ment” and that obligation shall become effective only after the permit is issued.

As noted by Buckheit several times during the Monitoring Group’s meeting, “The Air Board can only enforce the laws as they are written. It can not negotiate settlements like this.”

That was buttressed by Pessoa who said, “Based on what the Air Board could do based on these facts we’ve concluded this is the best deal possible for the City.”

Based on a question from Monitoring Group member Chimento concerning the elimination of downwash, Maureen Barrett, City consultant on the Mirant controversy, said, “the stack merge will not completely do away with downwash. It will improve it but not eliminate it.”

While giving his support to the negotiated agreement, Hertel said, “We appreciate what the City has done in negotiating this agreement, but never forget that this is all about health concerns. We can’t negotiate health issues. However, this is a superior agreement compared to what we might have gotten otherwise.”

Although he was not able to attend the Monitoring Group meeting, State Delegate David Englin (D-45), who has testified at several Air Board meetings, submitted a statement praising the agreement and the work that went into creating it but also added his voice to that of Chimento and Hertel that this was not the end of efforts to close the plant.

“While this is a step in the right direction, I want to stress that our efforts to ensure our community’s health and safety — and indeed the health and safety of surrounding communities and beyond — do not end with this agreement,” Englin said.

“It is important that we as a community remain vigilant and engaged so we ensure proper follow through on the requirements of this proposal and so we can continue to hold the plant and DEQ accountable. We cannot allow this proposed agreement to diminish our continued diligence on this

Mirant Agreement

Mirant will invest \$34 million for pollution control capital improvements at the plant to reduce emissions of both PM2.5 and PM10 particulates.

Mirant will be allowed to complete its stack merge and operate up to five boilers upon issuance of a two-stack permit by the Air Board. That permit will contain limits that are more stringent than the permit proposed by the Virginia Department of Environmental Quality in December 2007.

Interim PM2.5 limits are expected to be in compliance with National Ambient Air Quality Standards (NAAQS) starting in 2009 based on expected reduction in background concentrations and by allowing dispersion credits for the stack merge.

The City will determine the scope of the “Project” and the manner in which the \$34 million is spent based on an engineering study to assess the best pollution controls including baghouses and other state-of-the-art controls. Up to \$2 million of the \$34 million will be used to improve controls on fugitive sources.

The City will have full involvement along with Mirant on the selection of the Engineer, the control technology to be installed, and

issue,” he said.

Englin also cautioned others, who might feel the agreement concedes too much, to not let “the perfect become the enemy of the good on an issue of such immediate concern to people suffering the ill effects of emissions from the plant.”

That was echoed by Chimento. “I endorsed the agreement based on the fact that it offers far more than we could have gotten had we gone directly to the Air Board. This agreement provides full protection for all criteria pollutants,” she said.

Mirant also viewed the agreement and vote by City Council as a win-win. “The City Council’s approval of this agreement is an important step forward in meeting the region’s growing electricity demand and protecting the environment. We commend the city staff for their hard work and commitment over the past weeks, and the City Council for its thoughtful consideration of

the contractor that installs the controls. Mirant will provide access to the City to monitor implementation and testing of the controls.

Following the Engineer establishing the schedule for installation of the pollution controls, any delays by either Mirant or the City will require the respective party to bear the consequences of such delay or pay a penalty. Disputes over this element of the agreement will be resolved by litigation or arbitration. All other disputes under this agreement will be resolved via mediation.

Mirant will establish a process to resolve community complaints with direct City involvement.

If there are no challenges to the 2-stack permit, Mirant will dismiss its challenges to the Air Board’s permit ruling and the City’s request for documents.

Mirant will install equipment to monitor emissions within 12 months of permit issuance and provide data to the City for at least one year after that.

Mirant will provide all five minute Sulfur Dioxide monitored data from ambient monitors since April 2007 to the City.

It also spelled out a series of limits to be part of the 2-stack merge permit.

this important agreement,” said Robert Driscoll, CEO, Mirant Mid-Atlantic.

“The PRGS will continue to operate in a manner that meets national air quality standards and will meet emissions limits even more stringent than those required by either state or federal law. The long overdue stack merge improvement, combined with upgraded particulate matter controls, enhanced dust suppression and emission limits at the plant, will ensure that this facility continues to run as cleanly as possible,” Driscoll said.

After a lengthy executive session following the staff and consultant presentations and audience questions, Monitoring Group “found on balance, the public health and environmental benefits outweigh the risks of proceeding under the agreement,” according to Pessoa. They unanimously recommended City Council’s approval which occurred the following night.

Jones Point Park Re-Opening Set For 2011

There will be no lighting of the fields or parking lot.

BY CHUCK HAGEE
GAZETTE PACKET

Jones Point Park should be open once again for public use by the Spring of 2011. That's the date construction of the new facilities and redesigned park is scheduled for completion.

"The tree survey needs to be updated and we need to make sure that all elements of the newly designed park are accessible to everyone."

—Kate Barrett, landscape architect.

That timeline was reported to the Woodrow Wilson Bridge Neighborhood Task Force at their June 17 meeting by Kate Barrett, landscape archi-

tect, George Washington Memorial Parkway, National Park Service. "We are pretty well on schedule. We expect to have the notice out to the selected contractor by the fall of 2009," she said.

"Most of the remaining issues pertain to design details and trees. The tree survey needs to be updated and we need to make sure that all elements of the newly designed park are accessible to everyone," Barrett said.

She also verified that the two athletic fields, as described in the approved design, a small field north and a larger field south of the new bridge, remain as planned. There will be no lighting of the fields or the parking lot, according to Barrett. However, there will be a light for the new comfort station due to its potential use by bridge personnel, she clarified.

When it came to reporting on the continuing construction of the bridge project, Alexander Lee, community relations manager, WWB Project, informed Task Force members that with the new Telegraph Road Interchange project in full swing, "We are now in construction over the entire seven and a half miles of the

project." The Interchange element of the project is not scheduled for completion until 2013.

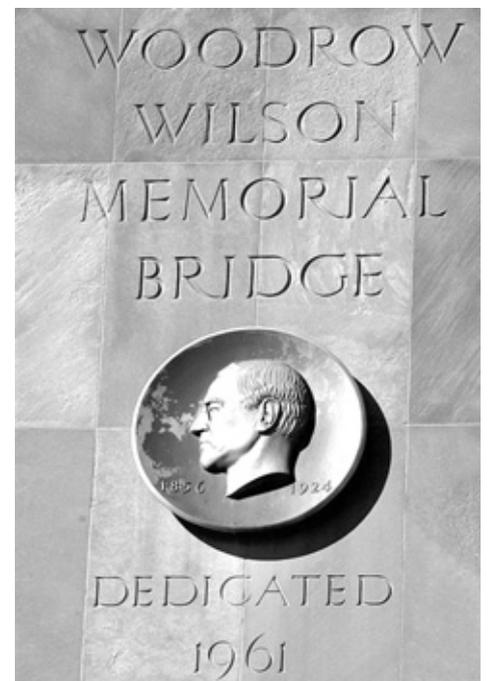
"The Church Street ramp has been open to traffic and it is taking some of the pressure off the Route 1 north ramp. The bridge project itself is now 97 percent complete," Lee said.

However, those hoping to use the new pedestrian/bike path across the new bridge are going to have to wait until early 2009, according to Lee. "The problem is that there are construction requirements on the Maryland side of the bridge that prevent that path from being used any sooner," he said.

Three traffic lanes in each direction on the bridge will be open later this summer, according to Lee. That will be followed by five lanes each way coming on line in late fall. Local and through lanes separation will be in place by the end of November, Lee reported.

City Engineer Emily Baker reported to the Task Force on the Freedmen's Cemetery Memorial design competition and the development of the future Witter Athletic Field.

Freedmen's Cemetery: The design review period closed on Wednesday, June 18. Public comments received will now be reviewed by the design committee in making their decision on the winning entry. That should



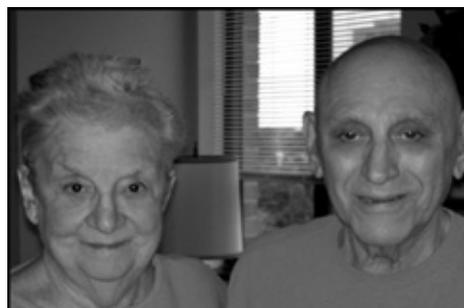
be accomplished by July or August, according to Baker. The winning design creator will receive a \$10,000 award with the two runners up receiving \$5,000 and \$2500 respectively.

Witter Fields: The letting of the contract and groundbreaking for this facility, which is part of the WWB Project settlement agreement, is expected by next summer.

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SCHOOLS

Every Little Cent Counts

Local schools collect donations of pocket change to help raise money for blood cancers.

BRITTNEY FERGUSON
THE GAZETTE PACKET

Throughout local schools in Alexandria and Arlington, children have been collecting pocket change to raise money for leukemia, lymphoma and myeloma. The fundraiser is cleverly named Pennies for Patients after the coin donations that are collected and the program is provided through The Leukemia and Lymphoma Society.

It is a national fundraiser that makes millions of dollars a year by coins that local community schools collect over a three week period. The program, Pennies for Patients, teaches children valuable lessons while still providing to be an exceptional fundraiser.

The schools can register to participate in the fundraiser through The Leukemia and Lymphoma Society's website by school administrators or students over 14, as their website suggests.

The schools and leadership programs are then sent a curriculum packet as specified by Erin Walker, the Campaign Coordinator of the Northern Virginia and D.C. Chapter of The Leukemia and Lymphoma Society, which includes collection jars and lessons from coin counting and the history of the coins to educational information on the disease. And the schools can pick and chose which lesson plans they want to use within the curriculum.

Walker fervently stated "The program's mission is to increase caring, community, and compassion." However when asked what lesson she thinks the program instills she said "no matter their age, they can learn to make a difference."

Upon asking Principal Sharon Aldredge of Woodley Hills Elementary School what she felt the fundraiser instilled in the children, she said "most importantly in this world you should leave a mark that will benefit others." Later continuing "the smallest thing you can do can have a significant impact. They need to know, as children, they can leave an impact."

SCHOOL NOTES

Send announcements to the Alexandria Gazette Packet, by e-mail to gazette@connectionnewspapers.com. Deadline is Thursday at noon for the following week's paper. Photos are encouraged. Call Rebecca Halik at 703-917-6407 with questions.

T.C. Williams High School class of 1973 will have their 35th reunion from July 25-27 at Hilton Mark Center, 5000 Seminary Road. Call Vicki Warren at 770-396-7783

"Community and service" are already a big part of the curriculum at Jefferson Middle School said Principal Sharon Monde. Also specifying they do "a lot of things to help the kids give back in the community that they live [in]." She also went on later to say the children "truly are learning a lesson. It has made them more compassionate."

Since the fundraiser works so closely with the community, each year one hero, such as a cancer patient or survivor, is selected to represent each region but some schools are influenced to participate by people within their community. Principal Marjorie Myers of Francois Scott Key Elementary School stated "Earlier this year we lost a child to brain cancer and this had to do with the type

of program that would help raise money for the disease." Karen Spees, a counselor at Jamestown Elementary School and co-coordinator of the fundraiser at the school, pointed out "Certain kids knew a teacher, student, or parent in the community that had it [cancer]."

Spees also went on to say "We are always trying to help others. Our student

government does a lot of fundraisers within the community." In fact, when asked how long Jamestown Elementary School has participated in Pennies for Patients she said "Well, we have done it for years." Principal Darren Reed of Cora Kelly School for Math,

"Each classroom maintains a collection jar."

— **Principal Darren Reed of Cora Kelly School for Math, Science, & Technology**

Schools who participated

Alexandria Country Day School, Alexandria,	\$1,953.45
Woodley Hills Elementary School, Alexandria (Mount Vernon area),	\$863.00
Mt. Vernon Community School, Alexandria,	\$1,238.47
Browne Academy, Alexandria,	\$3,377.69
Cora Kelly School for Math, Science, and Technology, Alexandria,	\$1,318.38
Mt. Vernon Woods Elementary School, Alexandria (Mount Vernon Area),	\$624.66
William Ramsay Elementary School, Alexandria,	\$630.00
John Adams Elementary School, Alexandria,	\$300.00
Ss Stephen's & Agnes School, Alexandria,	\$75
Jamestown Elementary School, Arlington,	\$2,808.66
Francois Scott Key Elementary School, Arlington,	\$1,308.54
Jefferson Middle School, Arlington,	\$3,043.30
Ashlawn Elementary School, Arlington,	\$1,389.31
Washington-Lee High School, Arlington,	\$2,389.03
Barrett Elementary School, Arlington,	\$1,164.04
Long Branch Elementary School, Arlington,	\$701.81
Patrick Henry Elementary School, Arlington,	\$49.42

or Jodi Finn at 703-627-3769 for information.

Alexandria Archaeology will be hosting an **archaeology camp** for kids this summer, and registrations are being accepted now. Campers will learn professional excavating, recording, and artifact-processing methods as they help uncover Alexandria's buried past while protecting historical resources. The camp is open to children ages 12 through 15. There are two one-week

sessions, which run from Monday, July 21 through Friday, July 25, and from Monday, July 28 through Friday, Aug. 1. The camp day starts at 9 a.m. and ends at 3:30 p.m., and campers supply their own drinks, snacks and lunch. Camp costs \$350 per session and some scholarships are available. Space is limited to just 15 campers per session and a non-refundable deposit of \$100 is required to hold a slot. Each camper will receive a commemorative T-shirt. For more information or to register for camp, visit

www.AlexandriaArchaeology.org or call 703-838-4399.

Two Alexandria City Public Schools (ACPS) volunteers received recognition at the recent Northern Virginia District PTA Meeting and Awards Dinner. **Mimi Carter**, immediate past president and current fundraising co-chairperson of the Mount Vernon Community School PTA, received the 2008 Northern Virginia District PTA Volunteer of the Year award at the annual event, which took

place on April 17.

T.C. Williams High School volunteer **Brooksie Koopman** was nominated for the Secondary Volunteer of the Year award for her dedication to the T.C. Williams PTSA over the past 11 years. Koopman has served as co-editor of the Parent Handbook and co-chair for the Committee on Community Programs. A familiar face on the All Night Grad Committee, she is appreciated for her efforts to improve lighting around the perimeter of the school.



PROVIDED BY JEFFERSON MIDDLE SCHOOL

Aidan Pond, holds 2008 Pennies for Patients certificate while his sister Lily Pond holds last year's 2007 Pennies for Patients plaque for raising over \$1,000.00

Science, & Technology explained their Student Council Association has done it for several years and it is a tradition.

Each school has a different way of organizing and participating in the fundraiser. For instance, some schools do the program through specific leadership programs such as Cora Kelly School for Math, Science, and Technology's Student Council Association, Francois Scott Key Elementary School's Character Rocks, or through the school as a whole.

These schools then select a financial goal and start the collection process. The money is donated and collected by each individual child and then brought into the school

where "each classroom maintains a collection jar," said Reed.

The children, however, "do not go out into the community" to collect the money says Principal Sharon Aldredge "They [the children] rely on parents; some kids bring in their own allowance." She also said that before the children start to collect "we talk to them to go around to people they know."

At the end of the program, the money is counted. Jamestown Elementary School's Student Government Association counted the money with the help of Commerce Bank. "They invited them to come with the money," said Spees and "let the kids use all their money counters for free." The students of Jamestown Elementary School collected and counted 1,887.63 in their coin donations.

Walker stated the fundraiser "has been in the D.C. area for 7 years, but nationally for 17 years." She said that within this area "368 schools took part in the fundraiser this year...which is the largest number we have had." She added that the Northern Virginia and D.C. area schools raised "395,000.in coins.

When asked where the money goes, Walker stated three different areas: research funding, local patient services, and education. She said "The pennies, nickels, dimes, and quarters all add up to make a difference."

Communities Sacrifice for Beltway Expansion

Five-year project comes with tree loss, traffic and noise.

BY JULIA O'DONOGHUE
GAZETTE PACKET

Like many local mountain bike enthusiasts, Kathy Levy is making frequent trips to Wakefield Park this summer.

Levy and her two sons live in Vienna but regularly drive to the park, just outside the Capital Beltway near Annandale, because of its trails. Wakefield offers some of the only trails for mountain bikers near the core of the Washington metropolitan area.

"It is the only place to do technical riding that is close in," said Levy.

The park, located at 8100 Braddock Rd., is home to several mountain bike events during the summer. A mountain bike Web site, www.trails.com, refers to Wakefield as the "local stronghold" and "sweet spot" of the Northern Virginia off-road bike scene.

But at least a portion of the mountain bike trails will succumb to the expansion of the Capital Beltway, set to start this month.

Virginia Department of Transportation (VDOT) and its private partner, Fluor-Transurban, will permanently close some trail areas to add four "high occupancy toll" (HOT) lanes to Interstate 495.

THE BIKE TRAIL is one item in long list of community amenities that the HOT lanes project could affect. The construction will force clearing of almost every tree within 50 feet of the Beltway on both sides. Sound walls that protect residential neighborhoods from Beltway noise will come down, possibly for several years, and the criteria for replacement is still unclear. And traffic along the Beltway will slow as construction moves forward.

The Fairfax County Board of Supervisors sent a list of dozens of issues it would like VDOT to address before kicking off the construction later this month. Many residents are up in arms already about trees VDOT and Fluor-Transurban have cut down, even though aside from "prep" work, and the actual project has not even started.

"That was the tip of the iceberg of a project that has been pretty non-controversial to date because of a lack of information. We are going to start hearing from more people," said supervisor Jeff McKay (Lee), who is head of the county board's transportation committee.

THE HOT LANES project is set to expand the Beltway from eight to 12 lanes, with two new toll lanes in each direction from the Springfield interchange to just north of the Dulles Toll road near the American Legion Bridge.

Buses, motorcycles, emergency vehicles and cars with three people or more would use the HOT lanes for free. All other motorists can opt to pay a toll that will vary by the level of congestion to travel in the new lanes.

The lanes will cost an estimated \$1.4 billion in total, with Virginia paying for approximately \$400 million and the federal government covering \$587 million through a grant. Fluor-Transurban, an Australian company, will provide the rest of the financial backing in exchange for being able to collect and keep all the HOT lanes tolls for the more than 50 years.

The project is appealing for some people because it could allow for mass transit, buses, to move along the Beltway, although the project does not provide any transit or busses.

"I am not an enormous proponent of the concept of HOT lanes to begin with but we have to have mass transit on the Beltway," said McKay.

The highway expansion also comes with \$250 million worth of upgrades to the Beltway's aging infrastructure. VDOT and Fluor-Transurban have committed to replacing more than 50 bridges and overpasses, replacing and adding new sound walls, and upgrading 12 of the interchanges along the HOT lanes stretch of the Beltway.

BUT EVEN PEOPLE who support the HOT lanes expect the project's construction to cause a lot of pain over the next several years.

"I do think the pay off is going to be worth it in the end but that end is a long way out," said supervisor John Foust (Dranesville), who represents McLean, Great Falls and Herndon. According to VDOT spokesperson Steve Titunik, in general, all the trees within 50 feet of the Beltway on either side will be taken down.

"Is it going to be severe? Yeah. Are we going to take down a lot of trees? Yeah," he said.

The VDOT official added that his agency was committed to reforestation. Fairfax supervisors have also requested officials remove as few trees as possible and develop a plan for landscaping.

"You cannot take all the trees out and have the Beltway bare to the community," said supervisor Sharon Bulova (Braddock.)

Trees are apparently the only things that



Cars on the Capital Beltway are easily seen from sections of Wakefield Park's bike trails. Some of the same trails will be impacted when the Virginia Department of Transportation starts expanding the Capital Beltway this month.

separate Wakefield from the beltway, according to Bulova whose district includes the park. She said it is unacceptable that the park could be left with potentially no barrier between it and the highway.

Wakefield includes walking paths, a portion of the cross-county trail, softball fields, a turf field and the Audrey Moore Recreation Center with an indoor pool on its grounds. It is one of the most popular parks in the system, according to Winnie Shapiro, Braddock representative on the county park authority board.

"I think people are going to be shocked by the tree loss," said Shapiro.

More noise pollution could also be a problem for Wakefield and communities adjacent to the Beltway. In some cases, sound walls that abut residential backyards will have to come down before the new ones can be installed.

"It is great that better and new sound walls are going to be installed, but can you install the new ones sooner rather than later?" said Bulova.

BUT THE HOT lanes could have the most dramatic effect on local traffic patterns and congestion.

According to Titunik, officials plan to start work on every single interchange and bridge along the portion of the Beltway that includes the HOT lanes at the same time.

"While work may be going on at all the bridges, some bridges will have more work than others," he said.

Construction will stop and no lanes will be closed on the Beltway between approximately 5 a.m. and 9 a.m. and 3:30 p.m. and 8 p.m.

But motorists who are trying to cross over the Beltway between Braddock Road and Route 123 may see more severe impacts than Beltway commuters. Some bridges could have lane closures for long stretches, said Titunik.

He added that motorists living in this area should consider alternative driving routes. Some supervisors fear the effect on neighborhoods of thousands of commuters seek-

ing alternative routes.

"The only realistic way to avoid the Beltway is to cut through neighborhoods," said Foust.

UNLIKE a state road project, the public-private partnership allows VDOT and Fluor-Transurban to start on construction before the entire project's design is complete.

County officials and the public have not had much advance notice of new aspects of the HOT lanes plans and sometimes they don't have enough time to adequately respond to new information.

"At this point, the HOT lanes project is ready to go and we are only now getting detailed information about the impacts to [Wakefield] park," said Shapiro.

Not even Foust, the local supervisor, found out about VDOT's plan to clear acres of trees across from Cooper Middle School before it had already happened. Several community members said the lack of communication has made them skeptical of how VDOT will hand similar situations in the future.

"When overnight, they clear an area across from a middle school, that kind of thing makes you lose trust. We would have worked with them in good faith to come up with another solution," said McLean resident Mary Anne Hilliard.

McKay and county chairman Gerry Connolly have set up an ad hoc committee to meet regularly with VDOT about the HOT lanes project and strengthen the lines of communication between the agency and local government. Titunik also acknowledged that some mistakes had been made at the beginning of the project.

But supervisor Pat Herrity (Springfield) noted that the HOT lanes have come a long way since the original VDOT design to widen the Beltway in 2002.

The project cost has dropped from \$3 billion and the number of homes impacted has been reduced from 300 to eight.

Fluor-Transurban's innovative design has also reduced the amount of parkland affected by the project from 20 acres to less than nine acres, he said.

What Are HOT Lanes?

The Beltway plan calls for the addition of two additional outside lanes in each direction, then dedicating the two inside lanes as "High Occupancy Toll" Lanes, or HOT Lanes. These expanded lanes will function in part like carpool lanes, free for cars with three or more people in the vehicles. But the HOT lanes will also be open to vehicles with one or two occupants for a fee. The toll rate will vary based on traffic congestion, with the price rising to keep traffic flowing in the HOT lanes. The contractors, Fluor and Transurban, will collect and keep the toll revenue, but have yet to finalize many specifics, including how tolls will be collected or methods of enforcement.

For the unabridged story, maps and more photos, see www.ConnectionNewspapers.com

OPINION

Children and Teens at Risk

Summer in the suburbs shouldn't mean biking, skateboarding head injury.

No typical Northern Virginia parent would knowingly expose his or her children to, say, a virus that had a low but significant chance of causing brain damage.

We are affluent, educated, hyper-involved parents. We worry about who might be contacting our children in cyberspace, about stranger abductions, water quality, salmonella, even about whether a system of lower grades might be hurting teenagers. There is nothing, it would seem, that we would not do to protect our children.

So why is it that during summer in the suburbs you see a steady stream of children of all ages flying up and down the rolling hills of their communities on bikes and skateboards and scooters, but often not a helmet in site?

Thousands of children and teens each year sustain a major brain injury in Virginia, and the consequences can be devastating.

Bicycling injuries account for a very large percentage of the injuries, and while wearing a bicycle helmet reduces the risk of brain injury by approximately 90 percent, according to a Virginia survey, only half of Virginia's children between 5 and 15 always wear their helmets. Casual observation would lead one to believe helmet use is a lot lower than 50 percent.

A nationwide study found that only 24 percent of U.S. children regularly wear a helmet when riding a bike, and that passing and enforcing local ordinances requiring children to wear helmets significantly increased the rate.

Most of us have seen television reports

Protect Their Brains

The Brain Injury Association of Virginia, www.biav.net, recommends:

Always wear a helmet:

- * when riding a bike, scooter, motorcycle, or horse;
- * when playing football, ice hockey, baseball, or softball;
- * when skating, skiing, or snowboarding.

HELMET SAFETY

- * A bicycle helmet should fit comfortably and snugly.
- * The helmet should sit level on the head about two finger widths above the eyebrows.
- * The side adjuster buckles should form a "V" directly under the ear lobe.
- * Only two fingers should fit between the chin and strap.
- * Helmets should be labeled as meeting the Consumer Product Safety Commission standard for bicycles.
- * Replace any helmet that is more than five years old, and always replace a helmet after a crash.

recently about the after effects of head injuries in soldiers injured in Iraq. But if your child crashes while he or she is riding a bike or skateboard without a helmet, you could be living with the same outcome.

CDC estimates that at least 5.3 million Americans, approximately 2 percent of the U.S. population, currently need lifelong help to perform activities of daily living as a result of a head injury.

The two age groups at highest risk for

brain injury are children under 4 years old, and 15-to-19 year olds.

And it's good practice: Telling your 10-year-old he or she must wear might not be comfortable or fun at first, but it paves the way for discussions about driving safety and other risks when they're teenagers.

— MARY KIMM,

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Citizens Outraged over National Park Service Actions

A few years back the Mount Vernon Estate announced a major expansion and construction program designed to exhibit archives unseen by the public that would attract added visitors to learn about our first President. This expansion projected longer visits and therefore additional parking requirements. Concurrently, the National Park Service (NPS) wanted to eliminate the overflow parking on the Mount Vernon Traffic Circle. Many plans were circulated and some members of the Mount Vernon Council of Citizens Associations (MVCCA) became concerned that options were being considered to bypass the Mount Vernon Traffic Circle with concomitant increase in commuter traffic on the George Washington Memorial Parkway.

With rumors flying and tempers short, the Mount Vernon Supervisor wisely created a Stakeholder Participation Panel (SPP) with membership from the MVCCA, neighboring Citizen Associations, as well as advisory participation by representatives of the Federal Highway Administration, the Mount Vernon Estate, and the NPS. This effort was to ensure that the voice of the affected citizenry would be heard. Against

all odds, the negotiations ended with a compromise to which all attendees could subscribe. The Mount Vernon Estate accepted about half of the required additional parking by placing those spaces behind the Estate wall; the NPS agreed to enlarge the lot on the west side of the Parkway, far enough away from the nearest residential neighborhood; the emergency parking on the Mount Vernon Traffic Circle was to be eliminated; and lastly the quest for a by-pass was squelched.

As the SPP prepared for what was considered to be its final meeting, the NPS displayed their plans for the enlarged parking lot; it showed its general configuration with screening along the Western lot boundary, as it approached the Mount Vernon Highway, VA Route 235. Specific parking spaces were not shown since the NPS wanted some leeway to rearrange parking spaces in an effort to save as many trees as possible. Since the NPS was deemed to be a steward of natural resources the citizenry trusted their intentions.

Time passed. The Mount Vernon Estate completed its construction as well as its parking expansion behind their wall on time. The NPS on the other hand, with a

change of leadership in charge of the George Washington Memorial Highway, faced delays. Early this year, the contract for the expanded Western Lot was finally approved and construction commenced.

To our horror, we witnessed the clear-cutting of trees throughout the expanded lot, including the removal of trees which served as a screen and buffer along VA Route 235. The SPP immediately reconvened and requested an explanation, since prior plans had provided no indications of a clear-cutting operation. NPS representatives explained that the plans which showed screening along VA Route 235 never intended to imply that the existing trees would be retained, since a retaining wall, required to protect the lower level lot, precluded the retention of trees in the residual space between the road and the retaining wall; only shrubbery was deemed appropriate in that space. A very polite on-site meeting with working-level NPS personnel was indeed very informative but failed to quell our concerns.

A letter was formulated, under a MVCCA letterhead, to the Acting Superintendent of the George Washington Memorial Parkway, requesting a quick re-examination of the

existing plan and the need for the replacement of trees along VA Route 235. However, we failed to receive even the courtesy of a response. Our subsequent appeal to the Supervisor caused him to follow-up on our letter, with a detailed optional plan for tree plantings, to the NPS. While he did receive a response, the NPS maintained that the project was too far along to institute any changes.

We, as citizen representatives on the SPP and on behalf of the residential neighbors of the Mount Vernon Estate are outraged at the 'imperial' posturing by the National Park Service leadership. The current NPS leadership does not appear to be concerned with the wishes and needs of the affected citizenry.

They fail to understand the reason for their existence is to serve the public, not to dictate their ideas, without question. We had believed that the NPS would be a true steward for the retention of trees within our Nations Capitals Parkland. We are deeply disappointed to see that this is not true!

FRANK COHN
CHAIR, SPP
MOUNT VERNON

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LETTERS

Dropout Crisis is Nationwide

To the Editor:

Graduation is all about celebrating the accomplishments of those awarded a diploma. And for the hundreds of TC Williams seniors from the Class of 2008, the raucous celebration at the Patriot Center June 20 was testimony to the fact that it takes a family, a school, many teachers and the help of the entire community to graduate a child from high school ready for college, work and life.

The Packet was right to point out in "Those Who Didn't Get a Diploma," that far too many of Alexandria's public high school students are not graduating in four years. Many reasons beyond the reach of the schools and teachers drive down our graduation rate. And Alexandria is not alone. Our country is today facing a dropout crisis. More than one million American high school students drop out of school every year. That's one student every 26 seconds, making the national high school graduation rate a dismal 70 percent. For African-American students barely half will graduate with their class, while less than 60

percent of Hispanic students will graduate on time.

All our students deserve to bask in the graduation celebration spotlight – but they need our help and they need it now. When a student drops out of high school, it affects everyone – business, government, communities and family. If the School Board is serious about addressing Alexandria's dropout crisis they should follow the example of cities all over the country and convene a Dropout Summit that involves all aspects of the community. Go to www.americaspromise.org to access summit planning guidelines. To invest in children now, means more diplomas in the future.

Patti Reilly
Alexandria

Preserving Wetlands

To the Editor:

Wetlands profoundly benefit the lives of every American.

They control floods and erosion, hold and cleanse water, and give us places to hunt, fish and enjoy the outdoors. What's more, wetlands provide habitat for many thousands of plant, fish and wild-

life species.

Yet we continue to let our last — and best — wetlands slip through our hands. In fact, we lose an average of 80,000 acres of natural wetlands each year.

A series of recent rollbacks in legal protections now threaten to accelerate our nation's already appalling rate of wetlands loss. Leadership is needed to restore federal protections that are crucial to maintaining clean water and healthy wetlands.

To sign an online petition to help save the wetlands, visit www.petitionsite.com/takeaction/573485811?z00m-15393478#.

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Sangria Now Legal

Once harassed by regulators, La Tasca becomes site of legalization party.

BY MICHAEL LEE POPE
GAZETTE PACKET

The bar at La Tasca is now lined with six large glass containers filled with various kinds of Sangria, just like it was on that cold December day in 2006 when regulators showed up and made the restaurant dump them all out. That was when agents with the Virginia Department of Alcoholic and Beverage Control unexpectedly showed up as part of a crackdown on illegal Sangria — banned under legal codes promoting temperance and maintaining the government's monopoly on distilled spirits. Department officials slapped the restaurant with a \$2,000 fine and word quietly spread to this newspaper about the Sangria crackdown.

When a reporter for the *Alexandria*

"I'd like to thank the *Alexandria Gazette Packet*. I would have never known about this unless the newspaper contacted me to explain what had happened at La Tasca."

— Del. Adam Ebbin (D-49)

Gazette Packet approached Del. Adam Ebbin (D-49) for his reaction to the crackdown, the legislator vowed to introduce legislation during the following session of the General Assembly. Ebbin kept his word, and the legislation sailed through the legislature with minimal opposition. Members of the General Assembly even received a letter from the ambassador from Spain supporting the legislation. This week, Sangria finally became legal and the glass containers returned to the bar at La Tasca.

"I'd like to thank the *Alexandria Gazette Packet*," said Ebbin after raising a toast with his first glass of legal Sangria. "I would have never known about this unless the newspaper contacted me to explain what had happened at La Tasca."

SANGRIA FINALLY became legal at the stroke of midnight Tuesday morning, and La Tasca was ready with a new menu restoring its signature selection of Sangrias. The restaurant now offers 12 different varieties of the traditional Spanish cocktail, served by the glass or in a carafe. Six of those twelve varieties now beckon from large glass containers on the bar — the same containers that were once dumped in the alley behind the restaurant at the behest of state alcohol regulators.

"It sells itself just by sitting there on the bar," said Shana McKillop, manager of La Tasca. "People like to see what they are drinking."

Tuesday night's Sangria legalization party was a culmination of sorts. But for many attendees the fight was only just beginning. Hospitality industry lobbyist Tom Lisk said his organization would be fighting efforts



La Tasca manager Shana McKillop, left, and Del. Adam Ebbin (D-49) take their first sip of legal Sangria Tuesday night.

by state officials to regulate Internet advertising of ABC licensees, which he described as an unconstitutional limitation on freedom of speech. And Del. Brian Moran (D-46) said that the conservative Republicans who voted against the Sangria Legalization Act of 2008 would be creating other prob-

lems as the transportation special session creeps forward.

"It seems the Republicans are living in a different era," said Moran, who is widely expected to launch a campaign for governor this summer. "They prefer dirt roads and alcohol prohibition."

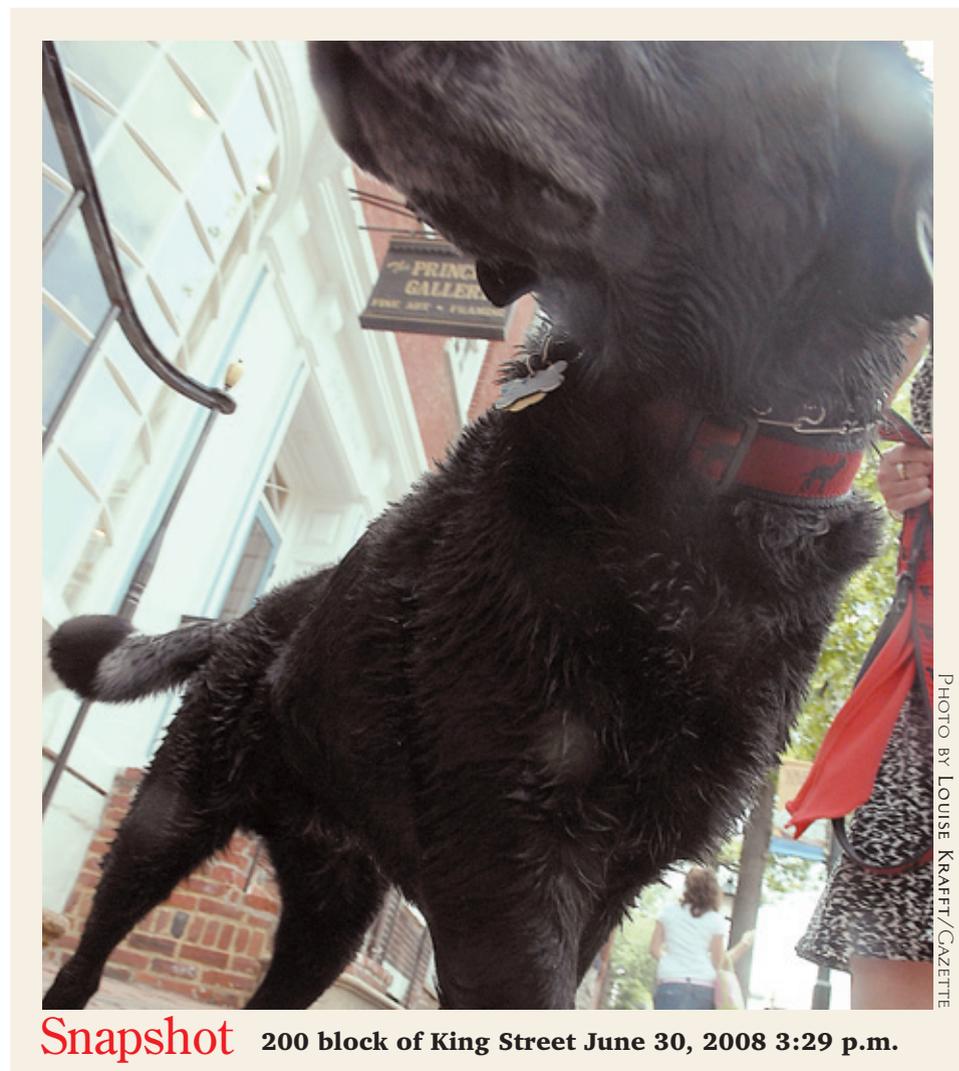


PHOTO BY LOUISE KRAFT/GAZETTE

Snapshot 200 block of King Street June 30, 2008 3:29 p.m.

Freedom Will Ring July 4

Independence Day weekend will be the last chance for Mount Vernon Estate visitors to see the full-size replica of the Liberty Bell. On loan from the Providence Forum until July 7 it is housed in a special tent just off the Bowling Green and rung every hour.

July 4 from 8 a.m. to 5 p.m. there will be a host of activities at the Estate including military reenactments, patriotic music by the National Concert Band of America, a special wreathlaying ceremony, free birthday cake for everyone while it lasts, and photo opportunity visits throughout the day by "General and Mrs. Washington."

The schedule of events is as follows:
9:45 a.m. - Military reenactors assemble for inspection by "General Wash-

ington" on the Bowling Green, where the Declaration of Independence will be read.

10 a.m. - A procession to George Washington's Tomb for a special wreath laying ceremony.

11 a.m. - The annual Red, White and Blue Concert by the Concert Band of America, an 80-member company of retired musicians from each of the U.S. Armed Forces, playing patriotic favorites.

1 p.m. - A Revolutionary War military demonstration by the First Virginia Regiment on the Bowling Green.

All July 4th activities are included in the regular admission of \$13 adults; \$12 seniors; \$6 children (6-11); Children five and under are free.

LIFE

Celebrate History of Politics



Obama Fel-
lows: Mark
Iscoe, Megan
Jones, David
Mossoba, Will
Pralle and
Karen Blevins.

PHOTOS BY LOUISE KRAFFT/
GAZETTE PACKET



Judy Lowe stands next to a banner of political buttons that she has collected from campaigns over the years. Judy's daughter made the banner that the buttons are pinned to. The buttons and more memorabilia was up for sale in the silent auction before the dinner last Friday evening.



Dorthea Peters.



Andy Rosenberg.



State Senator Patsy Ticer and Vice Mayor Del Pepper.



Former Virginia State Delegate Marian Van Landingham and Rep. John Conyers (D-Michigan.).

Democrats held their annual Jefferson Jackson Day Dinner at the Mark Hilton Hotel Friday evening, June 27.

COMMUNITY

Girl Scouts Focus On 'Dream Catcher'

Campers enjoy the outdoors while making a cultural journey

By Chuck Hagee
Gazette

Fort Hunt Park, home to one of the nation's most secret clandestine intelligence operations of World War II, was a beehive of activity last week as a sea of red, green, purple and other color bandannas could be seen from the old battlements to the Park Police stables. They covered the heads of more than 150 Girl Scouts and Brownies on their annual day camp adventures which dates back to 1955.

An activity of the Girl Scout Council of the Nation's Capitol, one half to two thirds of the campers come from the Mount Vernon/Fort Belvoir area, with other large contingents from Alexandria, Arlington and across Northern Virginia, according to Camp Director Jeanne Rexroad, who, in her other life, is the Alexandria Fire Department's Communications Supervisor.

"Our camp is exceptional and available to many girls who could not otherwise afford it. We have the advantage of being able to use a portion of a National Park at no charge. Other groups have to pay for their camp space," she said.

Rexroad is a third generation participant in the camp. "My older sister and I went when we were girls and so did my daughters. This year, each of us have a granddaughter attending the camp," Rexroad said.

"We normally have about 200 girls attend throughout the week. But, this year we have

been hit with a lot of stomach flu and many had to stay home," she said.

"We welcome all girls, whether they are presently members of Girl Scouts or not. Our goal is to accommodate those who want to attend and have special needs. We also offer "camperships" to those that can't afford the cost," Rexroad explained.

The normal cost for the week is \$70 except for campers from fourth to eighth grade who participate in an overnight trip to Colestrip Girl Scout Camp in Stafford County. Their cost is \$100 for the week.

The total volunteer staff is composed of both stay-at-home moms and working/professional mothers, including military officers, who take time off from their jobs to make the camp a reality every summer, according to Rexroad. "Some of the girls come every summer of their Girl Scout career and some of us love it so much we keep coming back — even when our children are grown," she said.

THIS YEAR'S THEME of "Dream Catcher" focused on Native American history and culture. "We hope that campers will learn about real American Indians as well as recognize that sometimes our preconceived ideas about people can be unfair," Rexroad said.

To help in that quest she called upon her nephew, Tim Harper of Chesapeake Beach, MD. With a Northern Cheyenne heritage, Harper is very knowledgeable about Native American peoples. He goes by the name "Running Wolf" when participating in Native American activities.

A retired 20 year veteran of the U.S. Army, Harper served in the Gulf War as well as spent nine of his 20 years in Hawaii where

SEE SCOUTS, PAGE 21



PHOTOS BY LOUISE KRAFT/GAZETTE

Tim Harper "Running Wolf" performs a few traditional dances for the campers.



Each group of scouts take turns performing musical skits that they worked on throughout the week.



Lakota Indian Rachel Morgan concludes the performance with a tradition women's dance.

Keeping us Healthy and Happy

BY DAISY MAE DEL RAY

I have been plagued by hot spots for the past few summers. I am allergic to something in the grass that makes me itch and get little red blisters on my stomach. This year I got treated with a homeopathic remedy and I am so much better. My success gave me the idea to ponder on and share with you some ideas on how you can look after our physical, mental and emotional health. Keeping us happy and young at heart takes effort. Here are 10 tips that will help you do that.

1. Feed us a wholesome diet. It must be hard for you to know what is good for us. Read and understand the ingredients in what you buy and look for products where the meat has a name like, beef, and chicken and lamb. We need vegetables and whole grains in our diet. Please talk to your pet food provider and your vet to find out what is the best diet for each animal family member. We need plenty of fresh water too. Not too many treats (read those ingredient labels too). I'll bet you didn't know that dry cat food is not as good for your cat as wet food. Forget that crunchie treats clean their teeth, they don't. You humans don't eat crackers to clean your teeth. What else don't you know about nutrition???

2. Vitamins can play an important role in your pet's health. Check the labels or provide supplements to make sure we get plenty of anti-oxidants and all the other breed and species requirements. Check with a holistic vet or your pet food provider for specifics. Age and condition will be influencing factors. My person pays attention to

my coat, my hair, my eyes, and my skin condition.

3. Exercise – Keep us moving. We need plenty of exercise to prevent obesity and to keep our

joints, heart and lungs in good working order. Be cautious when it is hot and the pollution levels are high. If it is too hot and dangerous for you or the pavement is too hot for you to run on bare feet, it is bad for us too. One caution, don't overdue it when your pet is just starting an exercise program. Keep ages, condition and breed recommend levels of exercise in mind.

4. Vaccine caution. There are risks associated with over-vaccination. Some are required by law and the rest depend on the condition of the animal. Discuss vaccinations with your vet. I have a titer test every year. This is a simple blood antibody test that will tell you if your pet is still protected by the last series of vaccines.

5. Veterinarian check-ups are really important. Develop a good relationship with your vet and decide together on when check-ups should be. Between visits pay close attention to changes in behavior and do a body check at least weekly for bumps and sores and cuts, etc. Be a partner with your pet's health provider. Look into health insurance to help with major expenses and the unexpected.

6. Teeth care – Periodontal disease is a real problem if not dealt with early. It can



cause pain, gingivitis, tooth loss and infections that can spread to the kidney's heart or other organs. I have a tooth brush and my teeth are brushed daily. My favorite toothpaste is chicken flavored. I also get organic carrots and apples to crunch on and the occasional raw knuckle bone. These help clean my teeth and give my jaw a good work out. There are some products you can use as an anti-bacterial spray if you laughed when I said use a toothbrush.

7. Take caution when using chemical pest controls. If you can, use natural products for prevention of fleas and mosquito repellent. What is recommended for dogs may not be safe for cats. Read the labels. Talk to your vet about your specific pet. Use flea combs, frequent brushing and do not use any product counter to the very specific recommendations for that product. Older, very young and sick animals may not be good candidates for some of these medications.

8. Good hygiene, especially in the Washington area is critical. Many of my friends have allergy problems. Daily grooming, bathing and a healthy diet will all help keep your pet's coat and skin healthy. I like an oatmeal and aloe shampoo because I have that allergy to something in the grass. Because I am a service dog I need a bath every month to stay sweet smelling and shiny.

9. Keep our minds sharp. We need to be

around others. People and other animals and new places and situations keep us sharp and interested. I do some agility training and most of my dog friends have been to obedience school. Basta, our cat, can do some amazing tricks and she has a video on birds that she just loves to watch. Just like most people, we get bored easily and if you don't provide some appropriate toys we will find out own, like your best shoes or new chair.

10. Lavish us with love and attention. Two of my favorite things are massage and Reiki. Just think how much you love a massage, especially after exercising. Massage soothes stiff joints and improves circulation and it feels so good. Reiki I love because of my aging bones and the allergy I have. Let me tell you a little about Reiki. I know about Reiki because my human is a Reiki practitioner and she has a number of animal clients. Reiki is the practice of using energy to facilitate healing. A Reiki practitioner is attuned to this energy on a level that enables them to channel it through their hands and facilitate healing. Reiki is very soothing and it calms me down and I love the warm touch of hands on the places where I feel sore. One of my neighbors, a greyhound has a seizure disorder that, in spite of medication, was manifesting in at least a seizure a day. Regular Reiki treatments have reduced the number of seizures and Avery is feeling much better. Massage and Reiki are only two of the many alternative, holistic health treatment that are being used to improve the lives of pets and humans. Read more about them.

Keep your tail high and your feet dry.

MILITARY NOTES

Marine Corps Pfc. Christopher M. Counts, son of Mary J. and Kenneth L. Counts of Alexandria, recently completed 12 weeks of basic training at Marine Corps Recruit Depot, Parris Island, S.C., designed to challenge new Marine recruits both physically and mentally.

Army Pvt. David P. Selby has graduated from basic combat training at Fort Jackson, Columbia, S.C.

He is the grandson of Marian Selby of Alexandria, and Catherine Barber of John St., Suitland, Md. Selby is a 2004 graduate of Thomas Edison High School, Alexandria.

Navy Seaman Jermie D. Harris, a 2000 graduate of West Potomac High School, recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, Ill.

Paul Chenevert has been promoted to the rank of captain in the U.S. Army National Guard. Chenevert, an infantry operations officer with 19 years of military service, is assigned to the 29th Infantry Division, Fort Belvoir, Fairfax, Va.

His wife, Michelle, resides in Alexandria. The captain graduated in 1989 from Catholic High School, Baton Rouge, La., and received a bachelor's degree in 1996 from Louisiana State University, Baton Rouge.

Marine Corps **Pvt. Geoffrey L. Hughes**, son of Vicki L. and John V. Hughes of Alexandria, recently completed 12 weeks of basic training at Marine Corps Recruit Depot, Parris Island, S. C.

Alexandria resident **Patricia Bayliss Owens** '62 was awarded the Alumni Medallion from the William and Mary Alumni Association

Marine Corps Pvt. Taytra T. Todd, daughter of Georgia T. Todd of Alexandria, recently completed the Marine Corps Basic Enlisted Supply Course. Todd is a 2006 graduate of The Potomac School of Mc Lean, and joined the Marine Corps in July 2007.

Army National Guard Spec. Joshua A. Price has returned to 116th Brigade Special Troop Brigade, National Guard Station, Fredericksburg, Va., after being deployed to an overseas forward operating base in support of Operation Iraqi Freedom.

Price, a cannon crewmember with two years of military service. He is the son of Andrea K. and Eugene R. Price of Alexandria and received an associate degree in 2006 from Norwich University, Northfield.

Army 2nd Lt. Gabriel L. LaMois has graduated from the Army Basic Officer Leader Course at Fort Benning, Columbus, Ga. LaMois' parents, Loyd M. and Eve L. LaMois, live in Alexandria. In 2003, the lieutenant graduated from Bishop Ireton High School, Alexandria, and received a bachelor's degree in 2007 from Virginia Commonwealth University.

Navy Seaman Apprentice **Pattama M. Intavong**, a 1998 graduate of T. C. Williams High School, recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, Ill.

HEALTH NOTES

E-mail announcements to gazette@connection-newspapers.com. Deadline is Thursday at noon for the following week's paper. Photos and artwork encouraged. Call Rebecca Halik at 703-917-6407 with questions.

The **Alexandria Mental Health Family Support Group** of NAMI/FOCUS is open to all dealing with mentally ill family members suffering from depression, bipolar or schizophrenia. Meetings are held the second Wednesday of each month from 7:30-9:30 p.m. at the Alexandria Mental Health Office, Community Service Board Clubhouse, 4480 King St. Contact J. Gulka, Facilitator, 571-451-0773.

Capital Hospice is starting a Grief Support Group at the Hollin Hall Senior Center on Mondays, from 2-3 p.m. to talk with others who have also had losses. Carol Mansfield of Capital Hospice will facilitate. Call Senior Center at 703-4573 or sign up on their Bulletin Board.

Yoga in Daily Life, 2402 Mount Vernon Ave., offers classes for people of all ages and physical ability.

Meditation classes also offered. Free trial class the first week of each session for newcomers - next session begins Aug. 4. Drop-ins welcome anytime. Lunchtime Yoga classes held on Wednesdays 12:15-12:50 p.m. Visit <http://www.yogaindailyifeus.org/> for complete class schedule or call 703-299-8946.

The **Alexandria Health Department** announces new hours for its HIV Testing Clinic, effective immediately. The HIV Testing Clinic is available every Wednesday from 1 p.m. to 3 p.m., and every Thursday from 9 a.m. to 10:30 a.m. and

5 p.m. to 6:30 p.m.

The clinic, located at the main Health Department Building, 4480 King St., offers free, anonymous and confidential testing. For more information about the HIV Testing Clinic or other HIV/AIDS services, contact Nechelle Terrell, HIV/AIDS Coordinator, at 703-838-4400, ext. 305.

Dr. John Albrigo, orthopedic surgeon, will discuss hip and knee replacements that are minimally invasive, Monday, July 28 at 7 p.m., Inova Alexandria Hospital, 4320 Seminary Road. To attend, visit www.inova.org and click on "Health Info & Classes" or call Inova HealthSource 703-750-8800.

Dr. Stefano Agolini, board-certified surgeon, will discuss new options for hernia repair, Wednesday, July 30 at 7 p.m., Inova Alexandria Hospital, 4320 Seminary Road. To attend, visit www.inova.org and click on "Health Info & Classes" or call Inova HealthSource 703-750-8800.

Dr. Corey Wallach, orthopedic surgeon, will present "Treatment for Neck Pain", Thursday, July 31 at 7 p.m., Inova Alexandria Hospital, 4320 Seminary Road. To attend this free lecture, contact Inova HealthSource at 703-750-8800 or visit www.inova.org and click on "Health Info & Classes."

Body in Balance Center, 1423 N. Powhatan St., offers fusion flow for parents and babies, a class specifically designed for parents with babies who are crawling and beginning to walk as well as pre-crawlers. Classes are offered Thursdays at 11 a.m. and Saturdays 11:30 a.m. \$20.00 drop in fee or 6 class pass for \$90.00. Visit www.bodyinbalancecenter.com or 703-518-4434.

Creative Movement for Kids 2.5-4

THE BODY IN BALANCE CENTER



Thursdays 10:00 - 10:45

Summer Session 2: July 17th - August 7th



Our 4 week session fee is \$80.00

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TAYLOR RUN

LANDSCAPE PAINTERS

In 1913 two painters, Charles Seaton and Winfield Scott Clime, met while painting landscapes; other artists joined them as time passed, and in 1919 they organized the Landscape Club of Washington, D.C.

Many shows followed, some at the Arts Club, some at the Corcoran, some at the Alexandria Public Library.

Now known as the Washington Society of Landscape Painters, the group has sent 21 paintings now on display at the Athenaeum. Actually, they sent 70. Twig Murray chose the 21 on display. The show will be on view until Aug. 10.

GALLAGHER PARTY

Seanna and Ike Gallagher gave a party to celebrate the graduation from high school of their daughter Erin. Most of Park Road turned out to congratulate Erin.

ANNIVERSARY

June 25, 1983 the Alexandria Society for the Preservation of Black Heritage and the Alumni Association of Parker-Gray High School dedicated the Alexandria Black History Resource Center, now called the Black History Museum.

Last week an overflow crowd gathered to mark the 25th anniversary. I spotted several people who were there 25 years ago: Donna and Mel Bergheim, Harry Burke, and Lillian Patterson, among others, and I remembered important founders no longer with us, like Annie B. Rose.

Everyone was thrilled by the remarkable voice of Kimberley Young, daughter of Odell Young, who graduated from Parker-Gray in 1962. When she sang "Wade in the Water" the room was breathless.

Vice-mayor Del Pepper, Councilmen Paul Smedberg and Tim Lovain, and former Councilmember Joyce Woodson, were in the crowd.

—LOIS KELSO HUNT

VOLUNTEERS

Send volunteer notices to gazette@connectionnewspapers.com or call Rebecca Halik with any questions 703-917-6407.

The Alexandria Tutoring Consortium (ATC) needs tutors! Call 703-549-6670 or e-mail atc@opmh.org to learn how you can give a child the gift of reading. Visit www.alexandriatutors.org to learn more.

United Community Ministries Backporch Thrift Store is looking for volunteers to help accept donations, sort and price items and place on store floor. Contact Betsy Damitz, volunteer coordinator at 703-768-7106, ext. 328.

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"Pleasant attitude and personal attention – took my concerns seriously." —Mary

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NEW HOME!

\$50K INCENTIVE

1220 N. Pegram Street
\$1,408,000

Elegant Executive Residence!

Absolutely the best luxury home opportunity in Alexandria! Spectacular "in-town" estate is loaded with custom features, including: open bright & airy floor plan, high ceilings, five bedrooms, five and a half baths, upgraded kitchen and baths, stunning master suite, three car garage, custom brick exterior and finished walk-out lower level. Prime location on approximately half acre elevated lot overlooking wooded valley. Special \$50,000 incentive to purchaser. Call for details! We invite comparison - before you purchase any home in this price range, you owe it to yourself to see this stunning property!



OPEN SUN!

9101
Peartree Lndg
\$879,000
Classic Colonial!
Gorgeous Pool!
\$90,000 Price
Reduction! Stately
Georgian Colonial
in prime location

on quiet cul-de-sac just off the GW Parkway. Many special features include: three finished levels, bright & open floor plan, stunning master suite and oversized two car garage. Spectacular open kitchen/family room leads to gorgeous back yard with custom pool. Pristine condition! Open Sun 1-4pm. S GW Pkwy, past estate, R Peartree Lndg.



NEW LISTING!

1715 Kingsgate
Ct #302
\$389,925
*Stunning Two
Level Condo!*

An exceptionally bright upper level Devonshire model - it even has a view of the Washington Monument from the bedroom! High ceilings, spacious great room with fireplace, two master suites, upgraded trim detail, spacious kitchen and deck. Super convenient location in highly sought after Kingsgate community.



4212
Dandridge Terr
\$665,000
*Classic Center
Hall Colonial!*

Spacious home with four large bedrooms including master suite with private bath, open kitchen/family room, granite counters in kitchen, updated baths, replacement thermal pane windows, hardwood floors, walk-out lower level and oversized 2 car garage. Prime location on large fenced lot on quiet cul-de-sac in Southwood.



NEW LISTING!

2505
Crest Street
\$489,725
Rare Bargain!

Very attractive Braddock Heights rambler with all brick exterior, spacious updated kitchen, replacement thermal pane windows & large attic. Gorgeous setting on beautiful fenced lot convenient to everything! Live in Alexandria's premier single family neighborhood for less than the cost of a townhouse!



NEW LISTING!

7707-D Haynes
Point Way
\$349,000
*Kingstowne
Area!*

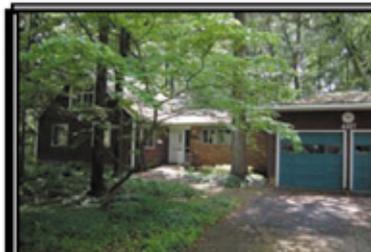
Popular Cypress model with bright, open floor plan and a truly stunning custom decor. Numerous custom features include: gas fireplace, light wood laminate floors, sun room, dual master suites, custom closets, two parking spaces, extra storage. Convenient first floor location allows for private, fenced courtyard. Particularly fabulous property at remarkably reasonable price!



NEW LISTING!

8620
Curtis Ave
\$495,000
*Large Home!
Small Price!*

This is one of Mount Vernon's most exciting opportunities! Spacious four bedroom home in great condition with large room sizes, gorgeous hardwood floors, three full baths, master suite with private bath, eat-in kitchen, masonry fireplace and full walk-out lower level. Prime location on exceptionally large lot convenient to everything!



4417
Tarpon Lane
\$550,000
Huge Potential!

This exceptionally spacious home was custom built to capitalize on the natural beauty of its wooded grounds. Fabulous open floor plan and large room sizes provide bright, airy environment. Five bedrooms include three, including MBR, on the main level. Stunning 18x12 upper level room with cathedral ceiling provides unique artist's studio or home office. Oversize two car garage. Walk to community Marina.



2215
Cavendish Dr
\$545,000
*Fabulous
Stratford
Property!*

Cape Cod features a bright and open floor plan and exceptionally spacious rooms! Features include: custom sun room, hardwood floors on two levels, four bedrooms (two on main level), eat-in kitchen, thermal windows, covered parking and gorgeous fenced level lot. Sparkling move-in condition! Super value!



4307
Sheridan's Point
\$939,000
*Georgian
Colonial!*

Large Price Reduction! Classic Colonial in prime Mount Vernon location. Home has a combination of location, size and features typically only available in \$1,000,000+ homes! 3 finished levels, open kitchen/family room, stunning master suite, dramatic sun room overlooking private fenced yard. Stately updated home is in pristine condition.



903
N. Quaker Lane
\$1,190,000
Chapel Hill!

This distinctive property combines the character of the original home with a stunning, bright open sun room addition. Spacious rooms, a greenhouse and separate cottage ideal for guest house or office. Premier setting on gorgeous 0.74 acre grounds! Subject to third party approval.

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NO CONDO FEES
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\$295,000

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Lovingly maintained, this condo really shines! Offers great space, lots of light, updated bath, hardwood floors and bright kitchen. Belle View community features pool, tot lots, tennis courts, picnic areas, retail shops, grocery and dining. Enjoy easy access to the Mt. Vernon Trail, Belle Haven Marina and the quick commute to all that Old Town has to offer. A Must See!
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Alexandria/Old Town
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CHECK OUT THE ROSES...
at this commercial property in sought after Old Town location. Circa 1890 building boasts 3 finished levels with flexible floor plans. Private offices reception area, conference rooms, kitchenette and 1.5 baths plus the details of an older building, high ceilings, brick walls and large windows. A great value!

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EMILY CAPELLI 703.472.1282
ANN LOGSDON 703.568.8433



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6155J Edsall Road



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Fabulous 2 bedroom, 2 bath, Light-Filled, Brick End Unit in Quiet Heart of Old Town Greens. Beautiful Hardwood Floors, Unique "Deux Tablx Dans Une" Kitchen, Garage, Pool and Tennis Courts. To View 700A Norfolk Prior to Open House Call Philip G. Matyas at 703-518-8727.

700A Norfolk Lane



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Alexandria/The Royalton
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Visit www.brianandjery.com



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\$615,000

QUINTESSENTIALLY URBAN-CHIC CONDOMINIUM
Located just 2 blocks to King St Metro & steps from all the shops & restaurants. Over 1,300 SF of living space, large MBR, 2 full baths & den. Lavishly updated: hardwood/stone flooring, custom carpeting, chef's kitchen & white marble bathrooms. Wood burning FP for autumn/winter, large balcony for spring/summer & year round convenience of garage parking. Shown by appointment.

1600 Prince Street



MICHAEL MANUEL 703.615.6317



Historic Mt. Vernon
\$949,000

GRIST MILL WOODS GEM
Stunning 5 BR, 4.5 BA Bal-moral Model overlooks Washington's historic gristmill from the grand deck or the half-arched-window sunroom. Show room perfect, gourmet granite/stainless kitchen, 2-story family room, custom upgrades/paint, main level library, hardwood floors & huge finished lower level with workshop & walk-out to beautiful yard.

5423 Grist Mill Woods Way



JAN MUNNINGHOFF 703.201.3730



Springfield/Saratoga
\$499,900

SET ON A CUL-DE-SAC!
Beautifully cared for split level with 2 car garage—screened porch off dining room is perfect for spring and fall evenings. 4 BRs, 2.5 Bas—Must see to appreciate all the updates done by owners! Immaculate and ready for you! EZ commute and close to transportation! Near Fort Belvoir! Prettiest street in Saratoga!

7906 Larrick Court



LOUISE DEVERS 703.795.9944



Alexandria
\$339,990

CLASSIC SEARS BUNGALOW WITH UPDATES & NICE YARD
Excellent location close to restaurants, shopping, Huntington Metro, Beltway & Old Town. This excellent example of yesterday craftsmanship is just listed. Lovely hwdw flrs on main level w/dramatic color scheme. ML also includes 2BR/1.5B. The front porch leads to the LR, DR & updated kit w/beautiful cabinets & upgraded appl. The LL consists of a laundry room, Fam. Rm, full bath & large storage spaces. Outside, is a large corner lot w/front & rear yards, an original Sears garage & plenty of space for entertaining or play.

2903 Groveton Street



BRIAN HONG & JERY BEAMER 703.929.5764
Visit www.brianandjery.com



Alexandria
\$995,000

PORTO VECCHIO WATERFRONT
Spacious with high ceilings, 7th floor unit (2,245SF) with river views from all rooms! 3 bedrooms, 4 full tile baths, fireplace and open terrace. 24 hr. desk, limo service, pool, tennis, exercise and party rooms. Just reduced—priced below appraisal. Treat yourself to this rare opportunity!

1250 S. Washington St. #705



FRANCENA ALVAREZ 804-690-1618



Cleveland Park
\$1,280,000

STUNNING...
4 level Colonial with 6 bedrooms & 4.5 renovated baths. Features include: Chef's kitchen with SS & granite, fabulous 2 level addition creates banquet sized dining room that leads to charming garden & slate patio. Luxury master suite with spa bath & sitting room. Basement has in-law suite, large living room has vaulted ceilings. Great space for entertaining!

3842 Macomb Street NW



PATRICIA LANDAETA 202.390.2793



Marina Towers Old Town Alexandria
\$414,900

JUST LISTED WATERVIEW FROM EVERY ROOM! Watch the boats go by in the 2 BR, 2 FB, 1,195 SF. Totally updated, tons of closets, huge master bedroom. Open floor plan, glass walled LR with 14' glass balcony. HOA inc. all utilities. Fitness center, Convenience Store, 24/7 front desk, security, plenty of off street parking, waterfront pool/deck/grill area. Private access to bike path. Bus stop at corner to DC/Metro. Close to everything. 1 stop light into DC.

501 Slaters Lane #910



DELAINE CAMPBELL 703.518.8740



Alexandria
\$369,000

NEWLY UPDATED RIVER FARMS TOWNHOME
Lovely classic brick Townhome in popular community. UPDATED & REDUCED! Special features include: New ceramic tile in kitchen, gleaming wood cabinets, new countertops, new appliances, gleaming hardwood floors, separate dining room, large recreation room, wet bar, fireplace, multi-level deck, Hot tub, herb garden and more! 3 BR, plus den/study, 2FB, 2HB.

2763 Carter Farm Court



FRANKI ROBERTS 703.898.0840



Alexandria
\$1,189,000

CLASSIC ELEGANCE
Enjoy Potomac River vistas from this lovely 3 bedroom end unit garage Townhouse in superb location across from Founder's Park! Reconfigured as a 2 BR, this spacious home features gracious rooms, beautiful updates, pretty garden, high ceilings, custom cabinetry, built-ins, 2 fireplaces, family room, garage & one additional outdoor assigned space. Stroll to everything Old Town offers!

416 N. Union Street



PAT TIERNEY 703.850.5630



Alexandria/Kingstowne
\$549,900

THE KING'S CROWN JEWEL
Fabulous 3 bedroom, 2 full bath, 2 half bath, Dunwich Square townhome SHOWS BETTER than when it was the model home. Updated kitchen granite counter tops, custom floor tile, hardwood floors, brand new carpet throughout, 2 wood burning fireplaces, grand 2-story foyer with circular staircase, garage with storage ARE A MUST SEE!

6031 Westcott Hills Way



PHILIP G. MATYAS 703.518.8727



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Sharon Edwards
(703) 408-8144

ALEX/QUAKER HILL - \$549,900

Stylish Hilltop Townhome - 12 Arell Court

Sunny & pristine end unit. 3Lv/3BR/3.5BA quiet retreat with fabulous view from the deck. Large chef's kitchen for entertaining, hwd floors, huge family room w/fireplace. Custom moldings, freshly painted, new carpet. **A MUST SEE!**



ALEXANDRIA CITY
\$340,000
BEAUTIFUL!

This fully renovated 2BR/1BA top floor corner unit is 2 blocks from the Potomac River in peaceful North Old Town. Secured

building has intercom, W/D in unit, off-street parking, gorgeous kitchen with granite & SS appliances, faux wood blinds thru-out.

Marcy Covarrubias (703) 772-6569



Cristin Patti
(703) 638-8395

ARLINGTON

\$209,000 - NEWLY RENOVATED!

1 bedroom, 1 bathroom, open layout with walk out to patio, lots of light, beautiful kitchen has stainless steel, granite countertops and backsplash. Very close to Pentagon, I395, Shirlington & DC.



Sharon Edwards
(703) 408-8144

OLD TOWN ALEXANDRIA - \$279,900

Light & Airy Corner Unit

Bring Reasonable Offers . . . Seller Motivated!

Enjoy the peaceful ambience of a warm Tuscan Villa while living in the heart of historic Old Town. Jr.1BR w/stainless appl, granite, cherry cabinets, custom paint, crown moldings and BA w/soaking tub.



Carl Shearer
202-669-1377

SE QUADRANT OF OLD TOWN

\$649,000 - 425 GIBBON ST

Recently renovated 3BR/2.5BA brick semi-detached home has a large white kitchen with breakfast room addition and refinished wood floors thru-out.

Conveniently located 1 block to Safeway, 2 blocks to Balducci's on a lovely tree-lined street.

View at: www.425Gibbon.com



Daron Keller
(703) 395-5871

ALEXANDRIA CITY

\$700,000

YOUR CUSTOM HOME HERE!

The only build-able Residential Lot left in Old Town! Price includes BAR approved plans. Ready to build & accessorize to your specifications.



FALLS CHURCH
\$349,000

This home is on a quiet street close to everything you will ever need. Only a short walk to Loehmann's Plaza and

transportation to DC. Enjoy the Spring time in the comfort of the rear solarium. Fresh, clean and bright this beautiful home is move in ready and ready to move!!

Jim Crowe (703) 856-8244



FALLS CHURCH
\$650,000
HUGE LOT!

This 3BR/3BA rambler nestled on a large prime lot in heart of Falls Church is ready for your updates.

Open rear porch & eat-in kitchen. LR boasts brick fireplace, large picture window & hardwood floors, partially finished basement, plenty of storage space.

Norma Stratton (703) 966-0756



ARLINGTON
\$750,000
TRUE OASIS!

Storybook, one-owner, Cape full of charm w/3 lvls, 4/5 BR, 2 Full & 2 Half BA., 2 fireplaces, and a side load garage deep enough for 2 cars. Great yard! A true oasis with its very own creek. Located in Williamsburg Village, a very special neighborhood in Arlington. An opportunity to build equity for today's buyer.

Norma Stratton (703) 966-0756



ALEXANDRIA
\$489,000
EUROPEAN FLAIR!

1229 Portner Rd

Wow! 2 bedroom, 1 bathroom on 2 levels with fireplace. Lovingly renovated & updated thru-out.

Kitchen walls have been removed, offering a wonderful open airy level. French doors lead to a private garden.

Virtual tour at www.BobSkinnerhomes.org
Bob Skinner (703) 585-6683



ALEXANDRIA CITY
\$569,900
IDEAL LOCATION
535 Tobacco Quay

Beautiful 2BR/2BA townhouse located 2 blocks from the Potomac River & Founders Park in the heart of Old Town. Kitchen renovated in 2007 including opening walls. High-end materials, appliances, hardwood floors thru-out. Living room fireplace & private garden.

View at: www.bobskinnerhomes.org
Bob Skinner (703) 585-6683



ARLINGTON
\$849,900

ELEGANT TOWNHOME
6535 Washington Blvd

Built in 2005, this 3 bedroom 3.5 bathroom, end townhome is located across from EFC METRO. Quality construction thru-out, 2400 sq.ft on 3 levels, wonderful open floor plan is great for entertaining. Deck off kitchen/Fam. Room. Main level Rec. Room w/13 ft ceilings & gas FP overlooks professionally landscaped fenced garden.

View at: www.BobSkinnerhomes.org
Bob Skinner (703) 585-6683



COMMUNITY

Girl Scout Day Camp Adventures

FROM PAGE 14

he studied that culture as well. "I started doing Native American craft work about 18 years ago and then got into Native American dancing about 12 years ago," Harper said.

Harper lectured about Native American culture, displayed his hand crafted clothing and taught Native American dances to the campers throughout the week. During the closing ceremonies on Friday, he and Rachel Morgan of Alexandria, whose heritage is Lakota, put on a demonstration of Native American dances dressed in authentic attire.

The various units of campers selected a Native American people to study and then share what they had learned with others during the week. "This is a terrific experience for the girls. It is fun and education at the same time," said Stacy Sangster, a volunteer leader from the Mount Vernon area.

Sherry Parmley, has been a volunteer troop leader at Fort Belvoir for five years. She heads up a Cadet Unit composed of Middle School aged girls.

"I love doing this. I do all the activities to help them earn their badges every year. I would encour-



Camp director Jeanne Rexroad takes a break before the afternoon program begins at Ft. Hunt Park.

age any child to participate. It's a great program," Parmley said.

Some of the activities involved with earning the badges this year included learning how to utilize the sun as a compass; use sign language to communicate between people who speak different languages; and how to develop natural dyes to color clothing.

During closing ceremonies Friday, campers acted out original skits and received special recognition for art they had created. Campers range in age from first graders to middle school students.

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july 10
august 14
september 11

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by the WAAC Band!

&
FREE Popcorn & info about
participating locations.

July 10th, 6 - 9pm

Outside in Market Square
301 King St., Alexandria, VA 22314

for details visit:
secondthursdays.blogspot.com

This monthly event is made possible through the support of the Alexandria Marketing Fund.



Have a Star-Spangled Day!!!
Happy Fourth of July
Rex Reiley
RE/MAX Allegiance
703-768-7800x123



Alex/Stratford \$669,400
8424 Porter Lane
Lg Beautiful Cape Cod-Gramercy Model w/ 5BRs, 4BAs & 2 Fpls. 3 finished lvls including main lvl Master BR & MBA plus an office. UL boasts 4BRs & full bath. Beautiful updated country kit w/hdwd flrs & lovely breakfast rm plus a separate formal dining rm. Lower lvl offers a fam rm, den, full bath, 2 lg utility/workshop areas & walk out to a spectacular .34 acre lot backing to woods & Little Hunting Creek. Location, size & beautiful landscaping give this home outstanding curb appeal & value!



Alex/Van Dorn \$394,500
4862 Eisenhower Ave #168
Exchange at Van Dorn's former model & largest unit@1284Sq Ft w/2BRs plus a den! Top of the line-granite counters & maple cabinets in kit & both bath-er tile flrs in kit, baths & foyer-G.E. profile SS appliances-walk-in closets in both BRs. Wood flrs in LR, DR & den-Spacious plus prime location: Walk .5 mile to VanDorn Metro, Metro bus to Van Dorn & Eisenhower Metro-Quick access to 495, Kingstown Towne Ctr & Cameron Run Regional Pk-This is a 10!



Alex/Mt. Vernon \$390,000
8280 Jake Place
Great price on this beaut 3lvl, brick frt T/H w/3BR, 2.5BAs, gas FPL + garage. Agents*this home has the optional 3 lvl bump-out which adds 400 SQ FT LIVING SPACE! Huge, luxurious, MBR suite & spa bath w/separate shower & soaking tub. Meticulously maintained w/upgraded carpets. Hdwd flrs in kit,dr,fam rm plus a 2 tiered deck. Great location: 5 mins to Ft. Belvoir, 10 mins to Metro & Alex!



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How to Get Your Alexandria People, Event and Business News into the Alexandria Gazette Packet

Business Notes • Business People • People Page

The Alexandria Gazette Packet contains notes and news briefs about local businesses, people and events every week. While we cannot guarantee that every person, business or event about which we receive information will appear in the paper, here is the information we need for your news to be considered. We welcome photographs of successful, recent events and people whose accomplishments or awards are submitted. Be sure everyone in the photograph is identified.

What is News? Awards; community service; celebrations; anniversaries; obituaries; career promotions; new initiatives; major accomplishments; new locations; special events such as: scouting award ceremonies; nonprofit fundraisers; concerts; exhibits and shows; classes; seminars; book signings; youth sports notices, activities and awards; service club notices; religious notices, etc.

Your release must include:

- Name of Person, and Business, Organization or Event
- Address of the Business, Organization or Event
- Day of the Week, Date and Time of Event
- Name and Phone Number for More Information
- Three Paragraphs Describing Your News...Who, What, Where, When and Why

Please submit your calendar information at least two weeks before your event. Clear photographs from similar previous events are always welcome. All events should be open to the public. We give first priority to free events. Send listings to:

Alexandria Gazette Packet Calendar,
7913 Westpark Drive, McLean, VA 22102.
Or Fax to 703-917-0991. For more information,
call 703-917-6444.

Alexandria Gazette Packet
www.connectionnewspapers.com

The City of Alexandria, in partnership with other regional organizations, invites residents to attend a "Build Your Own Rain Barrel" workshop on Saturday, July 12 from 9:30 a.m. to 11:30 a.m. at the Francis C. Hammond Middle School, 4646 Seminary Drive. Registration for this workshop is required. Visit www.arlingtonenvironment.org/barrel.htm to register online. For more information about the Rain Barrel Workshops, contact Jesse Maines, Office of Environmental Quality, Department of Transportation and Environmental Services, at 703-519-3400, ext. 166.

Seniors 50 years of age and over are eligible to enter the 2008 Northern Virginia Senior Olympics to be held Sept. 20-Oct. 2. Registration information is available now at local senior centers, community centers, senior residences or by calling 703-228-3600, ext. 9996. They can also be downloaded online at www.novaseniorolympics.com. Registration deadline is Sept. 5.

The City of Alexandria's Department of Transportation and Environmental Services announces new permit and fee amounts effective July 1. These rates are comparable to other municipal jurisdictions in the surrounding area. For more information, contact the Department of Transportation and Environmental Services at 703-838-4324 or visit www.alexandriava.gov/tes.

The City of Alexandria is nearing the end of removing debris resulting from recent storms. City crews are currently removing trees, limbs and branches that have fallen into City



Members of the Alexandria Harmonizers chorus were putting the final polish on their vowel-matching, stage presence and uniform shoes this week before they depart for the Barbershop Harmony Society's 70th Annual Convention and quartet competition in Nashville, Tenn. The group of 80 singers will compete July 4 in Nashville against 28 other choruses from throughout the U.S., Germany and Sweden. Directed by Joseph Cerutti, the Alexandria Harmonizers have won 15 international chorus medals, including four first place finishes, during their 60-year history. Upon returning from Nashville, the chorus will entertain local audiences at Fort Ward Park on July 24 and Market Square on Aug. 22.

streets and public rights of way. It is anticipated that storm cleanup will be completed by the first week of July.

Trees growing on private property that have fallen on private property are the responsibility of the homeowner.

Debris should be bundled and placed curbside for pick up on your normally scheduled refuse collection day. Brush materials must be bundled in lengths no longer than four feet, and weigh no more than 70 pounds per bundle. Branches or brush pieces should not be larger than 2 to 3 inches in diameter, and should not include logs or stumps. Debris should not block fire hydrants. For more information about refuse collection, please call the City's Solid Waste Division at 703.519.3486.

If a City tree has fallen onto private property, notify the City at 703.838.4999 for removal. If a tree falls onto City streets, or is blocking streets and/or highways, contact the Alexandria Police Department at 703.838.4444.

There is a pet calendar contest to benefit the Animal Welfare League of Alexandria. All pets are eligible and all entries will appear in the calendar. \$25/pet, which includes one calendar. Entry deadline is Aug. 22. Visit www.alexandrianimals.org or 703-838-4774.

Nonprofit organizations and other grantseekers in Alexandria looking for funding sources now have access to a valuable new collection of resources through Alexandria Library. The Foundation Center's core collection includes *The Foundation Directory Online* and *Foundation Grants to Individuals Online*. All four Alexandria Library branches have access to the two databases through their catalog computers. The complete Cooperating Collection of print and electronic resources is held at the Barrett Library, located at 717 Queen St. For more information visit www.alexandria.lib.va.us.

The City of Alexandria has partnered with Alexandria City Public Schools to obtain a grant for \$70,000 to retrofit approximately 40 school buses with clean air technology that reduces pollutants emitted by diesel engine school buses. For more information about the Retrofit Grant Program,

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Good Shepherd Catholic Church
Mass Schedule

Saturday Evening
5:00 pm; 6:30 pm (en Español)

Sunday
7:30; 9:00; 10:30 am; 12:00 Noon
2:00 pm (en Español)

Weekdays
(Mass or Communion Service)
9:00 am (followed by Rosary)
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Sundays (Sept.-July) during 9:00 am Mass (English)
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Sunday at 9:00 am Mass

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ALEXANDRIA CHURCH OF CHRIST...703-836-3083
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NATIVITY LUTHERAN CHURCH-ELCA...703-768-1112
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SAINT APHRAIM SYRIAC...201-312-7678
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AGUDAS ACHIM CONGREGATION...703-998-6460
- SYNAGOGUES-ORTHODOX**
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- SYNAGOGUES- REFORM**
BETH EL HEBREW CONGREGATION...703-370-9400
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ALEXANDRIA II WARD...703-549-9891
COLONIAL II SINGLES WARD...703-313-6249
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SHILOH BAPTIST...703-683-4573
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VICTORY TEMPLE...703-370-2233
PLYMOUTH HAVEN BAPTIST...703-360-4370

CHURCHES-BRETHREN
GRACE BRETHREN CHURCH...703-548-1808
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ALEXANDRIA BULLETIN

FROM PAGE 22

please contact Erica Bannerman, Department of Transportation and Environmental Services, at 703-838-4334 or David Rose, Alexandria City Public Schools, at 703-461-4169.

The **Substance Abuse Prevention Coalition of Alexandria** (SAPCA) invites youth (6th – 12th grades) and adults who live in the City of Alexandria or work with Alexandria youth to complete a short online survey that asks for perceptions and opinions about youth substance abuse in our community. Incentives are provided for youth participants, and adult survey partici-

pants have access to recent statistics on youth substance abuse in Alexandria. Community members are asked to complete one of the seven questionnaires, which are all available at alexandriava.gov/sapcasurvey and can be completed in about 10-15 minutes.

The **4Paws Rescue Team** is allowed to keep foster cats at the Petco in Alexandria to increase their chances of finding a loving home. Petco volunteers are asked to commit to one evening or morning each week to care for 2-4 cats. Currently are in dire need of Friday, Saturday and Sunday morning volunteers (until noon), but volunteers for other shifts are encouraged to apply as

well. (If interested, contact info@fourpaws.org or by phone at 703-715-6369.

The Northern Virginia Review is accepting entries for the next issue, slated for publication in March 2009. The Review, an annual journal of essays, fine art, photography, poetry and short stories, accepts submissions from residents of the Northern Virginia and the greater Washington metropolitan area.

People may submit two essays, two works of fiction, three pieces of artwork and four poems, with a limit of five items per person. The deadline for entries is Sept. 18. Additional guidelines can be found at <http://www.nvcc.edu/>

depts/nvreview/nvr-submit.htm. Contact Managing Editor Steve Drasner at sdrasner@nvcc.edu.

Alexandria Library now offers its patrons a chance to write their own reviews of almost all of the Library holdings (books, movies, music, and other materials) on the Alexandria Library Web site online catalog at www.alexandria.lib.va.us. Visit www.alexandria.lib.va.us. Contact Mark Schwartz at 703-519-3498, or e-mail mschwartz@alexandria.lib.va.us.

Community Partners for Children's fourth annual baby supply drive is underway. The following Alex-

andria drop off locations will have donation baskets and containers at their businesses. The items collected during the drive will be donated to four local non-profit groups that help struggling families: Casey Clinic, Alexandria Neighborhood Services in Arlandria, Center for Alexandria's Children and the Northern Virginia AIDS Ministry (NOVAM).

- * A Show of Hands, 2204 Mt. Vernon Ave.
- * Burke & Herbert Bank, 306 E. Monroe Ave.
- * Caboose Café, 2419 Mt. Vernon Ave.
- * Chinquapin Rec. Center, 3210 King St.

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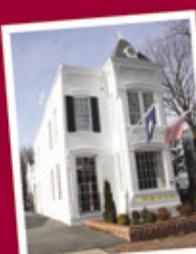
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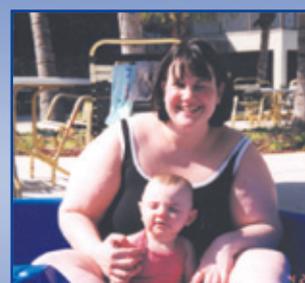


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Working at...The Garden Contessa

Keeping Shop is a regular feature of the Gazette Packet. To qualify, retail shops should be locally owned or operated; new, expanding, celebrating a significant anniversary or doing something otherwise newsworthy. To nominate your business or another business, contact Mary Ann Weber, editor, Gazette Packet, maweber@connectionnewspapers.com.

Business name: Contessa's Garden and Gift, LLC
Gardening Business is called: The Garden Contessa and serves Beverly Hills, Del Ray, Rosemont, Park Fairfax and Fairlington. We specialize in perennial garden bed design, pots, urns and window boxes. We employ three staff members at The Garden Contessa.
Address: 1906 Mount Vernon Avenue, Alexandria, VA 22301 - in the heart of Del Ray - located right next door to the Post Office
Years at this address: New business, opening March 1, 2008
Years in business: 90 days
Telephone: 703-548-1882
E-mail address: Penny@TheGardenContessa.com
Web site: www.TheGardenContessa.com

Owner:
 Penny Spinney

Short bio:

Hometown, Marshalltown, Iowa
 Oldest child of Irish Catholic family, father had his own business, architect and builder

Education:

Mount Mercy College, Cedar Rapids, Iowa

Previous Experience:

Worked for Ann Donahue at Reunions in Fairlington Center for 8 years and traded as an antique dealer on eBay for 5 years

Why did you choose this particular business?

I have been collecting since early 20's when I lived as a single gal in Mother's hometown of Boston, Mass. Also spent many summers on Cape Cod attending es-

tate sales, garage sale and boot sales.

Why did you choose to work for yourself rather than as an employee for someone else?

I have worked in the airline industry, the hotel industry, the association business and the government. Always in leadership positions. Taking risks is a part of everyday life particularly if you have high goals. This risk is just another one in my career and the challenge to operate with my own money, instincts and my own ideas and talents is the culmination of a ten year dream.

What have you learned from being in business?

You have freedom to make your own decisions but you also have all the responsibility. No employee is going to work as hard as you do. Don't expect that. Give your business everything you have, every day.

Share an anecdote of a challenging or humorous experience or biggest surprise learned from working your business

:My biggest surprise was finding out how many people are willing to help you along the way. Especially friends who own businesses themselves. They are always there



PHOTO BY NINA TISARA

Penny Spinney, Contessa's Garden and Gift, keeps a "Looking For" on things her customers would like to purchase and calls them when they come into the shop.

to listen, to encourage and to compare notes and ideas.

What have been the advantages and/or disadvantages of operating a business in Alexandria?

Alexandria (city) needs to promote the shops in Del Ray more. We are a shopping and eating destination. Old Town is not the only game in town.

Description of services and/or products:

We offer a one-stop shopping experience. We sell products, but we also sell a friendly

and engaging shopping experience. We get to know our customers and take notes on things that they would like to purchase. (we keep a looking for file) We call our customers when these items come to our store. We provide a place to enter our customers on a mailing list so that we can send out mailers for sales and promotions. If you make a purchase and it is a gift you will leave with it ready to give, all wrapped and looking very inviting

Professional affiliations/associations:

Member - Del Ray Business Association

BUSINESS NOTES

Send announcements to the Gazette, by e-mail to gazette@connectionnewspapers.com. Deadline is Thursday at noon for the following week's paper. Photos and artwork encouraged. Call Rebecca Haliks at 703-917-6407 with questions.

Veteran Alexandria attorneys **Lonnie C. Rich and Edward S. Rosenthal** have formed a new full-service law firm, Rich Rosenthal Manitta Dzubin & Kroeger, LLP (RRMDK). The new firm's offices are located in the historic Torpedo Factory Office Building at 201 North Union Street, Suite 140.

RRMDK practice areas include family law; wills, trusts and estates; business organization, transactions and litigation; federal and state criminal defense and appeals; and civil liberties and constitutional law. Rich and Rosenthal, former partners in the law firm of Rich Greenberg Rosenthal & Costle, LLP (RGRC), each bring more than 30 years experience to the new firm. Former RGRC associates, Lana M. Manitta, Richard F. Dzubin and Shannon L. Kroeger, have joined RRMDK as partners.

Rich received his J.D. from the Uni-

versity of Memphis Law School in 1974. His primary practice areas include wills, trusts and estate planning; business affairs; real estate and land use matters; and employment. Additionally, Rich served on the Alexandria City Council from 1991 to 2000.

Edward Rosenthal graduated from the Georgetown University Law Center with his J.D. in 1976. Rosenthal has broad experience in civil litigation; criminal defense; personal injury; and appellate advocacy.

Lana Manitta received her J.D. from the Georgetown University Law Center in 1998. Her practice areas include criminal defense and family law.

Richard Dzubin graduated from the University of Richmond School of Law with his J.D. in 1999. His practice areas include commercial, criminal and civil litigation, including personal injury. Additionally, Dzubin serves as general counsel for the Alexandria Chamber of Commerce.

Shannon Kroeger received a J.D. from the University of Richmond in 2000. She concentrates in the area of family law and domestic relations

Contact Rich Rosenthal Manitta Dzubin & Kroeger, LLP at 703.299.3440 for additional information on the firm, its partners, and services.

The U.S. Conference of Mayors and the National Association of Realtors® (NAR) have designated the **City of Alexandria as one of six Ambassador Cities for 2008**. The City and the Northern Virginia Association of Realtors® (NVAR) were chosen for their partnership in providing homeownership education for low- and moderate-income City residents and City and school workers, and for their foreclosure prevention education initiative. As one of the six Ambassador Cities, Alexandria will hold public events throughout 2008 that will highlight the success of its partnership with NVAR. In addition, NVAR will receive a \$5,000 grant to help promote the initiative.

The **Woodrow Wilson Bridge Project** was awarded civil engineering's highest award as it took home the 2008 Outstanding Civil Engineering Achievement Award from the American Society of Civil Engineers

(ASCE). The ASCE award recognized Wilson Bridge Project's significant contributions to the civil engineering profession, singling out for particular praise the project's innovative and extensive environmental program and its keen sensitivity to travelers and local communities.

The **Alexandria Sanitation Authority (ASA)** recently became only the 20th wastewater agency in the Nation and the first in the State of Virginia to be certified and admitted to the prestigious National Biosolids Partnership environmental management program. The Partnership plans to hold a celebratory event in Alexandria, in early July.

The **Industrial Development Authority** of the City of Alexandria authorized the issuance of \$64,000,000 in revenue bonds to fund the American Society of Clinical Oncology (ASCO)'s purchase of a new headquarters building. The proceeds of the Bonds will be used by ASCO to acquire and fully equip a new five-floor office condominium at Carlyle Overlook, located at 2318 Mill Road.

The **Virginia Paving Company's** recycling program was named the 'Most Outstanding Business Program for 2008' by the Virginia Recycling Association (VRA). VRA is the leading resource of recycling information for the general public, the Virginia General Assembly and local governments. The Alexandria branch of the Virginia Paving Company, which employs 175 people, provides smooth surfaces in and around the City of Alexandria and on projects such as the new Woodrow Wilson Bridge, the Springfield Interchange, I-395, and the Beltway.

DaVita Franconia Centre, in Alexandria, a dialysis center, has been awarded the Divisional Wall of Fame prize for its Wall of Fame themed "Franconia's Castle of Life." DaVita utilizes the DaVita Wall of Fame as part of its effort to build a caring community throughout its centers. The Wall of Fame is a collection of pictures and facts about teammates and patients grouped around a fun theme along a highly-visible wall in the clinic. Winners were selected from hundreds of entries.

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SPORTS

Verdin On Verge of Dream

Despite major surgery, local swimmer competing at Olympic Trials.

BY ERIC J. GILMORE
GAZETTE PACKET

Emily Verdin will once again lunge from the Omaha, Neb. starting block on Friday, this time in the Super Bowl of swimming. Surrounded by the nation's most elite swimmers, the Mount Vernon native will swim the 200-meter backstroke, her signature event, gunning for a top-two finish to represent the United States in the 2008 Summer Olympics.

Verdin, given her prior times, is seeded in the mid-70s, and realistically has little shot of making the team. But just being there, especially with her prior physical obstacles, is extraordinary enough.

"Making the trials has always been a dream, and just being here and being able to go best times — it's pretty awesome," Verdin said on Tuesday.

Verdin, the middle child of Peter and Patty Verdin, developed a hip abnormality as a newborn, a symptom known as septic hip, when too much friction in the joint causes structural abnormalities. She spent much of her first month in the hospital, and had a brace on her leg during her baptism.

But the hip healed, and though it developed abnormally, Verdin still maintained a normal lifestyle, playing basketball and soccer. The athletic drive flourished mostly in the pool, when she followed older sister, Erica, as a standout swimmer for the Potomac Valley Swimming Association.

Verdin moved on to Thomas Jefferson, and it was there that she decided to focus full-time on swimming. As a junior, she shattered the Virginia state record in the 200-meter individual medley (2:19.61), helping the Colonials to the girls state title.

DECIDING WHERE TO attend college, Princeton pursued the molecular and cell biology major hard, but Cal came calling. With her older sister already playing lacrosse there, she couldn't resist the allure to the Bears, an elite swimming school.

"I knew I had so much more potential," Verdin said about when she was a senior at Thomas Jefferson. "I couldn't have imagined having the experiences I've had over the past four years since I was a senior in



PHOTO COURTESY OF CAL MEDIA RELATIONS



Verdin will be a senior at Cal next season.

Emily Verdin is one of three siblings, all of which earned Division I scholarships in separate sports.

college. It's been a whole new environment."

During her freshman season, she was an honorable mention All-American in the 200-yard back, placing 15th nationally (55:13). But the hip trouble became a nuisance, especially after kick-heavy exercises. She tried to compensate, by strengthening her legs, but the grinding force on her hip was too much to maintain. She first tried therapy, which sometimes caused her to miss class, but it became evident that wasn't a long-term solution.



Verdin recovered from surgery to swim at the U.S. Olympic Trials.

So she decided to seek surgical help. She received advice from her orthopedic surgeon father, along with specialists across the country, all of whom had trouble identifying the root of the injury. She settled on Tacoma, Wash.-based Keith Mayo, who performed the surgery in October 2005.

The recovery meant that she was bedridden for eight weeks, thus forcing her to take the semester off of swimming and school.

"Having swimming really helped me after my surgery because it gave me a goal and something to work towards," Verdin said. "Even when I was hurting or having a rough time getting around, I never really thought that I couldn't get back. It was just a matter of when."

THE NEXT SEASON, Verdin was healthy again, finishing ninth nationally in the 100 back (55:13) and 10th in the 200 back (1:57.25). As a team, Cal finished fifth.

And now 32 months removed from surgery, she's at the U.S. Olympic trials. She swam the 100 back on Monday, and though she didn't qualify for Beijing, she was content with her effort.

"My coach says, 'there's something enchanting about the Olympic Trials, just having the word Olympic in front of everything'" Verdin said. "It's a career milestone. It's a really good feeling personally. It's been hard and it's something no one else can understand unless you go through it yourself, but it's been worth it."

For her family, who will soon uproot to Seattle, Wash. and will send their youngest, Peter, to play baseball at the University of Georgia next season, seeing Emily Verdin persevere has been satisfying enough.

"Most kids after that hip operation would have just thrown in the towel," said mother Patty Verdin, a former gymnast at the University of Michigan. "That's a miracle in itself."

CSL & NVSL SWIM REPORT

Record Breakers

Chase Club's Ellyn Baumgardner broke the Colonial Swim League's first record of the year, racing to a 33.31 seconds finish in the 15-18 girls 50-meter breaststroke. Baumgardner broke her own record, which she set last year. Brothers Ricky and Michael Herrmann each broke CSL records on June 28 for Barrington. Ricky broke the 15-18 boys 50-yard backstroke with a time of 26.50. Michael matched his older brother's accomplishment by breaking the 13-14 boys 50-yard backstroke with a time of 27.87.



James Murphy of Little Rocky Run set a new Northern Virginia Swim League record in the 9-10 boys 50-meter freestyle with a time of 30.16 for the first NVSL record of the new season. Janet Hu of Mosby Woods broke two NVSL records on June 22, breaking the girls 11-12 50-yard backstroke record with a time of 29.21 and the girls 11-12 50-yard butterfly record with a time of 26.84. In the same meet, Howe Wang broke the 11-12 boys 50-yard breaststroke NVSL record with a time of 31.97. The next week, Hu set the 11-12 girls 50-meter backstroke NVSL record and the 11-12 girls 50-meter butterfly NVSL record against Riverside Gardens. Hu now holds 12 NVSL records. On June 28, Hunter Mill's Sean Fletcher set the boys 15-18 boys 50-meter butterfly NVSL record with a time of 25.49. Fletcher has now set 10 NVSL records during his career.

—PAUL FROMMELT

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NVSL DIVISION LEADERS

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SPORTS

Baseball Is Back In Town

Aces offer a Major League alternative.

BY ERIC J. GILMORE
GAZETTE PACKET

Daniel Bifano, a towering 6-foot-3, 240-pound right handed pitcher, struck out nine Silver Spring-Takoma Thunderbolts on Tuesday at Four Mile Run Park, giving the Alexandria Aces a 12-4 victory — it's sixth of the season.

Bifano was assisted by his summer teammate last season, John Skaggs, who was one of three Aces to tally multiple hits. Only Bifano, who is a junior at California State University — Monterey Bay, and Skaggs, a sophomore at Wayne State in Michigan, were teammates last season in Hawaii.

Such is the life of the wood-bat summer college baseball. The pair, along with 29 others, traveled across the country to be part of

Alexandria's inaugural season in the Cal Ripken, Sr. Collegiate Baseball League, a Baltimore, Md.-based wooden bat league comprised of college players.

"It's fun meeting new guys and playing summer ball is a lot of fun," said Bifano, a Carmel, Calif. native. "I've never been out this far before — it's a new opportunity and a new team."

The players spend their summers free of charge with host families, most of which have younger children. Virtually all of the players had never met their host family before settling in for the summer.

"It's kind of awkward at first, but you get used to it," Bifano said. "The people are really nice here — [my host family] are awesome people. They make it easy to be here. Without host families, we wouldn't be a very successful league."

THE ACES are the first Alexandria-based baseball team since the Alexandria Dukes, the Carolina League franchise that is now the Potomac Nationals. The Dukes

were formed in 1978, and through their six-year existence, served as affiliates of the Seattle Mariners and Pittsburgh Pirates.

With the construction of G. Richard Pfitzner Stadium in nearby Woodbridge, Va., the Dukes became the Prince William Pirates, and later morphed to what is now the Potomac Nationals, the high-A affiliate of the Washington Nationals.

So Alexandria was left without a team for 25 years, when the fourth-year Cal Ripken, Sr. Collegiate Baseball League was seeking an eighth franchise, Alexandria fit the criteria.

"We're always looking to find good communities to expand to, and I think this is an ideal spot. We're real excited about having a team here," said Alex Thompson, the league's executive director. "Obviously, there are a lot of rooms for growth so the possibilities are endless."

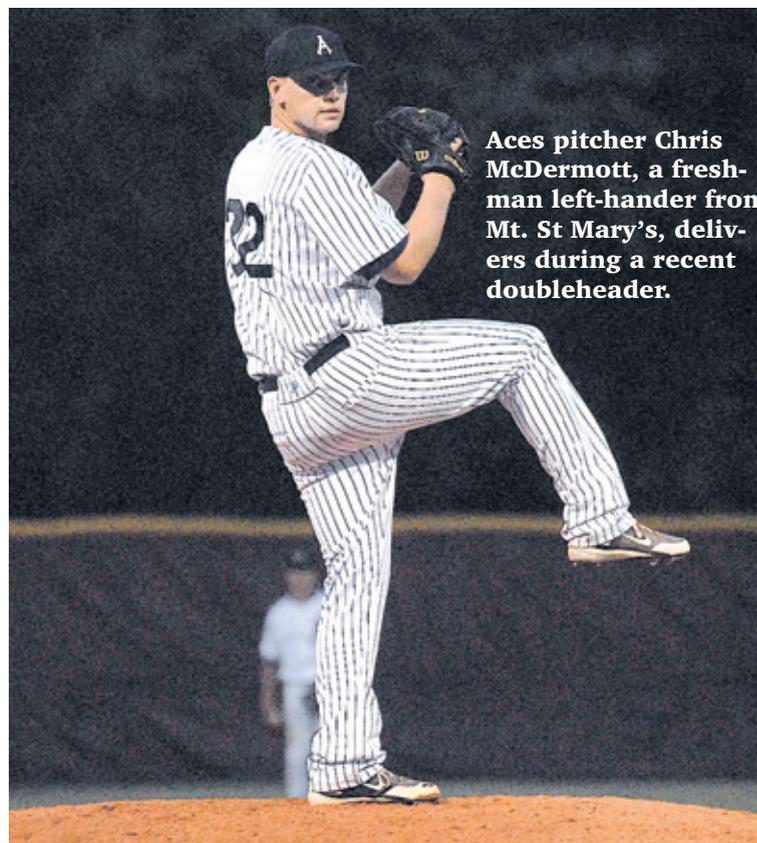
Other teams in the league include Rockville, the defending champions, along with the Express Bethesda Big Train, College Park Bombers, Herndon Braves, Silver Spring-Takoma Thunderbolts, Maryland Redbirds and Youse's Maryland Orioles. Alexandria was founded in June 2007, and on June 6, 2008, played its first game against the Herndon Braves — a 10-0 loss — at Four Mile Run Park.

"We're happy to carry on the tradition here," Thompson said. "We try to find communities that have a rich baseball atmosphere to begin with, and obviously Alexandria has that with the Dukes. We're hoping we can do the same thing, and bring the same energy about baseball."

The league, similar to the Valley Baseball League and Coastal Plain League, along with the renowned Cape Cod League offer an alternative to families looking for cheap, summer fun. Tickets \$5 for adults and \$3 for children.

"It's not like Major League baseball, and it's really not even like minor league baseball because it's even more intimate," Thompson said. "The kids stay with families in the community. The kids are on the field in between innings and after the game, the players interact with the kids so it's much more of an intimate setting."

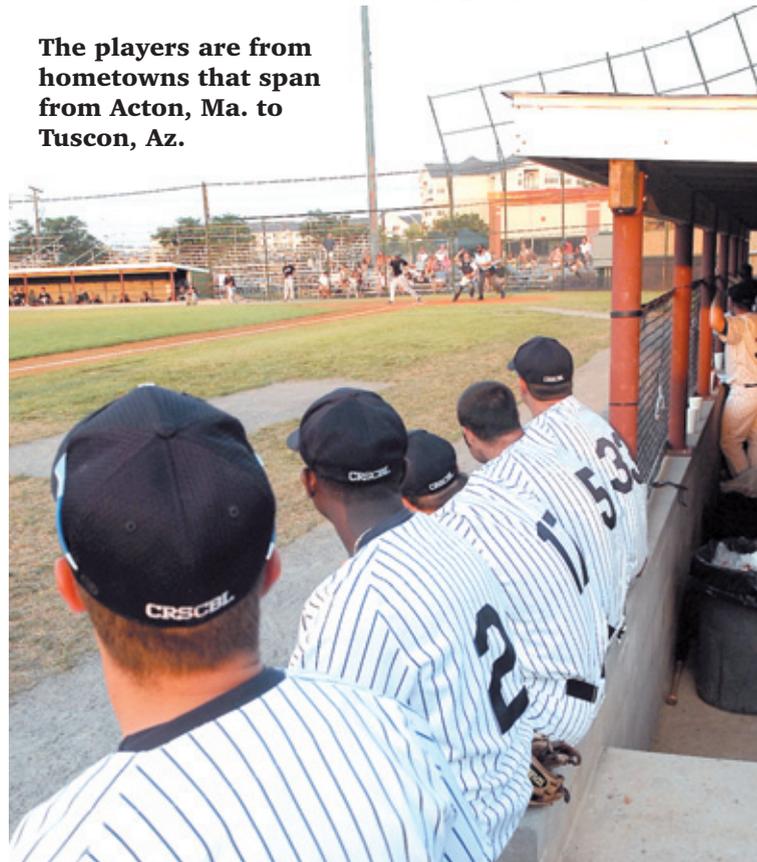
WITH THE PROFESSIONAL teams using the wood bats, playing in summer leagues provides an opportunity for players to hone their skills, while auditioning for scouts. Thirty-one current of former players were drafted in the



Aces pitcher Chris McDermott, a freshman left-hander from Mt. St Mary's, delivers during a recent doubleheader.

PHOTOS BY LOUISE KRAFFT/GAZETTE PACKET

The players are from hometowns that span from Acton, Ma. to Tuscon, Az.



recent Major League amateur draft, which provides the league an opportunity to advertise the chance to see possible professionals before they make it to the major leagues.

"[The wooden bats] have a smaller sweet spot on the barrel," said Springfield, Ga. native Josh Wilson, who is also a sophomore at Armstrong Atlantic. "It's a little heavier, but it's not that much different."

With 42 games squeezed into a two-month schedule, the players actually have little downtime.

"It's not as catastrophic as many people think," said Aces manager Eric Williams. "The kids adapt to each other, to the host family and to the environment. This environment is a little difficult for a lot of

them because they come from areas where getting from Point A to B is relatively easy, but this is a little different. You throw in a little traffic and a one-way street and it can get pretty hectic."

The schedule purposely mirrors a professional league, which can cause headaches for the coaches trying to balance winning with personal improvement.

"You're trying to find the fine line between pushing too hard and not enough," said Herndon head coach Chris Smith. "You want to take it serious, but at the same time you have to realize that many of them have played more games in college than they did in all of high school, and then they're having this on top of it...it's baseball — it's not rocket science."

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309 HOLLAND LN #339	1	1	0	ALEXANDRIA	\$330,000	Garden 1-4 Floors		05/20/08	
1222 POWHATAN ST	2	2	0	ALEXANDRIA	\$390,000	Townhouse	0.03	05/20/08	
2181 JAMIESON AVE #2106	2	2	0	ALEXANDRIA	\$555,000	Hi-Rise 9+ Floors		05/20/08	
120 WALNUT ST E	3	3	0	ALEXANDRIA	\$890,000	Detached	0.09	05/21/08	
4870 EISENHOWER AVE #308	1	1	0	ALEXANDRIA	\$227,500	Garden 1-4 Floors	0.00	05/21/08	
27 CARRIAGE HOUSE CIR	2	2	1	ALEXANDRIA	\$420,000	Townhouse	0.03	05/21/08	
702 OWEN ST N	3	2	1	ALEXANDRIA	\$490,000	Detached	0.28	05/21/08	
107 CAHILL DR	3	2	2	ALEXANDRIA	\$550,000	Townhouse	0.04	05/21/08	
307 YOAKUM PKWY #821	2	2	0	ALEXANDRIA	\$230,000	Hi-Rise 9+ Floors		05/21/08	
234 EVANS LN	2	2	0	ALEXANDRIA	\$310,000	Townhouse	0.05	05/21/08	
20 REED AVE	2	1	0	ALEXANDRIA	\$260,000	Semi-Detached	0.06	05/21/08	
119 CLIFFORD AVE	3	2	2	ALEXANDRIA	\$624,900	Detached	0.08	05/21/08	
4646 KNIGHT PL	3	2	1	ALEXANDRIA	\$610,000	Townhouse	0.05	05/21/08	

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Legal Notices

Legal Notices

Legal Notices

NOTICE OF SUBSTITUTE TRUSTEE'S

SALE OF REAL PROPERTY LOCATED AT

6234 QUANDER ROAD, ALEXANDRIA, VIRGINIA 22307

SALE TO BE HELD AT 4110 CHAIN BRIDGE ROAD, FAIRFAX, VIRGINIA 22030

JULY 11, 2008

AT 10:00 A.M.

In execution of the Deed of Trust dated August 9, 2004, and recorded in Deed Book 16387, Page 2016, among the land records of Fairfax County, Virginia (collectively, the "Deed of Trust"), securing The Washington Savings Bank, F.S.B. (the "Noteholder"), default having occurred in the payment of the debt secured thereby, and being instructed to do so by the Noteholder, the undersigned Substitute Trustees will offer for sale the property described below at public auction on the front steps of the Fairfax County Courthouse located at 4110 Chain Bridge Road, Fairfax, Virginia 22030 on July 11, 2008, beginning at 10:00 a.m.

The real property encumbered by the Deed of Trust that will be offered for sale by the Substitute Trustees is generally known as 6234 Quander Road, Alexandria, Fairfax County, Virginia 22307 and is described in more detail in the Deed of Trust and as follows:

PARCEL 2, containing 2.183 acres, more or less, of the subdivision of the PROPERTY OF ELIZABETH J. QUANDER, as the same appears duly dedicated, platted and recorded in Deed Book 1785, Page 264, among the land records of Fairfax County, Virginia.

LESS AND EXCEPT all of that lot or parcel of land containing 8,750 square feet more particularly described as follows:

Beginning at a corner of Parcel 2 of the subdivision of the Residue of the property of Elizabeth J. Quander in the southwesterly line of Quander Road (Route #630) and running thence with a line of said parcel S.44 degrees, 22' 50" W. 160.0 feet to another corner of said parcel thence running through the parcel N. 0 degrees, 37' 10" W. 98.99 feet and N. 44 degrees 22' 50" E. 90.00 feet to a point in the line of Quander Road, thence with the line of said road S. 45 degrees 37' 10" E. 70.00 feet, to the point of the beginning.

TERMS OF SALE

ALL CASH. The property will be offered for sale "AS IS, WHERE IS" and will be conveyed by Substitute Trustees' Deed (the "Substitute Trustees' Deed") subject to all encumbrances, rights, reservations, conveyances, conditions, easements, restrictions, and all recorded and unrecorded liens, if any, having priority over the Deed of Trust, as they may lawfully affect the property.

The Substitute Trustees and the Beneficiary disclaim all warranties of any kind, either express or implied for the property, including without limitation, any warranty relating to the zoning, condition of the soil, extent of construction, materials, habitability, environmental condition, compliance with applicable laws, fitness for a particular purpose and merchantability. The risk of loss or damage to the property shall be borne by the successful bidder from and after the date of the time of the sale. Obtaining possession of the property shall be the sole responsibility of the successful bidder (the "Purchaser").

A bidder's deposit of \$25,000.00 (the "Deposit") by certified or cashier's check may be required by the Substitute Trustees for such bid to be accepted. The Substitute Trustees reserve the right to prequalify any bidder prior to the sale and/or waive the requirement of the Deposit. Immediately after the sale, the successful bidder shall execute and deliver a memorandum of sale with the Substitute Trustees, copies of which shall be available for inspection immediately prior to the sale, and shall deliver to the Substitute Trustees the Deposit and the memorandum of sale. The balance of the purchase price, together with interest at 8.5% per annum from the date of sale to the date of settlement, shall be paid by the Purchaser. Settlement shall occur within ten (10) days after the sale date, TIME BEING OF THE ESSENCE with regard to the Purchaser's obligation.

Settlement shall take place at the offices of Venable LLP, 8010 Towers Crescent Drive, Suite 300, Vienna, Virginia 22182. Purchaser shall pay all past due real estate taxes, rollback taxes, water rents, water permit renewal fees (if any) or other municipal liens, charges and assessments. The Purchaser shall also pay all settlement fees, title examination charges, title charges and title insurance premiums, all recording costs (including the state grantor's tax and all state and county recordation fees, clerk's filing fees and transfer fees and taxes), auctioneer's fees and/or bid premiums, and reasonable attorneys' fees and disbursements incurred in the preparation of the deed of conveyance and other settlement documentation.

The Purchaser shall be required to sign an agreement at settlement waiving any cause of action it or they may have against the Substitute Trustees, and/or the Beneficiary for any condition with respect to the property that may not be in compliance with any federal, state or local law, regulation or ruling including, without limitation, any laws, regulation and ruling relating to environmental contamination or hazardous wastes. Such agreement shall also provide that if notwithstanding such agreement, a court of competent jurisdiction should permit such a claim to be made, such agreement shall serve as the overwhelming primary factor in any equitable apportionment of response costs or other liability. Nothing herein shall release, waive or preclude any claims the Purchaser may have against any person in possession or control of the property.

If any Purchaser fails for any reason to complete settlement as provided above, the Deposit shall be forfeited and applied to the costs of the sale, including Trustees' fees, and the balance, if any, shall be delivered to the Beneficiary to be applied by the Beneficiary against the indebtedness secured by and other amounts due under the Deed of Trust in accordance with the Deed of Trust or applicable law or otherwise as the Beneficiary shall elect. There shall be no refunds. Such forfeiture shall not limit any rights or remedies of the Substitute Trustees or the Beneficiary with respect to any such default. If the property is resold, such re-sale shall be at the risk and the cost of the failing bidder, and the failing bidder shall be liable for any deficiency between its bid and the successful bid at the re-sale as well as the costs of conducting such re-sale. Immediately upon conveyance by the Substitute Trustees of the property, all duties, liabilities and obligations of the Substitute Trustees, if any, with respect to the property so conveyed shall be extinguished, except as otherwise provided by applicable law.

/s/ Henry F Brandenstein, Jr.

Substitute Trustee

/s/ Jessica L. Sartorius

Substitute Trustee

FOR INFORMATION CONTACT:

Lauren T. Coapstick, Esq.

Venable LLP

8010 Towers Crescent Drive, Suite 300

Vienna, Virginia 22182

(703) 760-1638

Legal Notices

In Memoriam

Mrs. Eleanor Massie
 May 18, 1941 - June 13, 2001



Mom, It has been now 7 years.
 Mom it's still so hard to say goodbye, but I truly know you're in a better place.
 Love always,
 Your devoted son
 Billy T. Massie

ABC LICENSE

ADNY Company LLC trading as Olde Towne Gourmet Market, 904 King Street, Alexandria, VA 22314 is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a wine and beer off premise license to sell or manufacture alcoholic beverages. Dessye Ayal-Sew, Owner

Legal Notices

LEGAL NOTICE

AT&T intends to file an application to collocate cellular telecommunications antennas at 105 North Union Street, Alexandria, Virginia 22314. AT&T is publishing this notice in accordance with Federal regulation 37CFR1.1301 et seq, the National Environmental Policy Act and the Advisory Council on Historic Preservation 36 CFR 800. The project referenced as "Swift Alley - Torpedo Factory" will consist of the collocation of antennas on the existing 45-foot tall smokestack located on the rooftop of the Torpedo Factory building. A 1.7-foot tall lightning rod will be placed on top of the smokestack. A 22.8-foot by 11.4-foot equipment platform with a screen wall to match the facade will be placed on the rooftop of the building adjacent to the smokestack. The power and telephone lines will extend from the 2nd and 3rd floor electrical and telephone rooms to the equipment on the roof. Parties interested in submitting comments or questions regarding any potential effects of the proposed facility on Historic Properties may do so in writing by contacting Louis Deal, AT&T, at 7150 Standard Drive, Hanover, Maryland 21076 or c/o markos9@atcassociates.com.

Legal Notices

TRUSTEE'S SALE

OF VALUABLE

IMPROVED REAL ESTATE

Improved by the premises known as

3647 Edison Street, Alexandria, Virginia

In execution of a Deed of Trust from Michael D. Patterson, dated August 19, 2005, and recorded August 23, 2008, as Instrument numbered 050029052 among the Land Records of the City of Alexandria, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Court House for the City of Alexandria, at 520 King Street, Alexandria, Virginia, on

Tuesday, July 8, 2008

at 9:30 a.m. Eastern Daylight Savings Time

the following property being the property contained in said Deed

of Trust, described as follows:

Lot 36, Block 3, Section 3, HuMe Springs as the same appears duly dedicated, platted and recorded in Deed Book 312 at page 16, among the Land Records of the City of Alexandria, Virginia.

Commonly known as 3647 Edison Street, Alexandria, Virginia 22305.

TERMS OF SALE: A deposit of \$15,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 5.75 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and

shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the right: (i) to waive the deposit requirement; (ii) to approve or disapprove the creditworthiness of any bidder and/or purchaser; (iii) to withdraw the property from sale at any time prior to termination of the bidding; (iv) to extend the time for bidding; (v) to reject any or all bids; (vi) to postpone or set over the date or time of sale; and (vii) to extend the period of time for settlement hereunder.

Additional terms and conditions of sale may be announced at the time of sale.

DAVID N. PRENSKY
 Substitute Trustee

FOR INFORMATION CONTACT:

David N. Prenskey

Chasen & Chasen

Suite 500

5225 Wisconsin Avenue, N.W.

Washington, D.C. 20015

(202) 244-4000

EMPLOYMENT

PHYSICAL THERAPIST

Needed in sports rehab clinic in Old Town Alexandria. Looking for experienced, hands-on, and energetic therapist who is looking to grow and learn. Email resume to drseanwoods@cox.net or call 703-739-0456.

HOUSEKEEPER

Goodwin House Bailey's Crossroads is seeking part-time housekeepers. Previous housekeeping experience in a Health Care environment preferred. Must be able to read, write and follow instructions in English. Visit our HR office M-F from 9am-4pm. 3440 South Jefferson St, Falls Church, VA 22041. 703-578-7205.



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Director Special Education School (Springfield)

Private day school in Virginia seeks energetic leader with proven ability in the management of instruction, personnel, and programming for students with learning and emotional disabilities (with no acting out behaviors) in grades 7-12. This 12-month position requires eligibility for Virginia licensure in special education, master's degree in education or closely related field, five years successful classroom experience, and expertise in at least one major area of the curriculum. A detail oriented, team player who is creative and a quick thinker a plus! Please fax resume to 703-913-0089

Education

INSTRUCTORS

The Jamestown-Yorktown Foundation seeks skilled **OUTREACH EDUCATION INSTRUCTORS (OIoNV)** for positions based in Northern Virginia to present hands-on, educational history programs to students in the upper Northern Virginia area. Will work with a variety of ages, abilities and grade levels. Will teach in Fairfax County, Arlington County, Alexandria City, Prince William County, Falls Church City, Manassas City, Manassas Park City and parts of Loudoun County school districts.

For a full job description and to apply: Log onto www.jyf.virginia.gov and submit your application no later than **5:00 p.m. on Friday, July 18** for a training session beginning September 10-19, 2008. For more information call our job line at (757) 988-3107 or call (757) 253-5233. Background check required. EEO/AA/ADA

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EXPERIENCED, KIND CNA OR HHA

Alex, I-395/Quaker Lane. Make life special for my dad while I work. 5-6 mo. assignment. Dog in home. Refs, bkgnd check req. No cell phone addicts. 703-850-9363.

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Relâche Spa is located in the Gaylord National Resort and Convention Center, the cornerstone of the exciting new National Harbor project, situated on the banks of the Potomac across the Woodrow Wilson Bridge.

Education

INSTRUCTORS

The Jamestown-Yorktown Foundation seeks skilled **OUTREACH EDUCATION INSTRUCTORS (OIoNV)** for positions based in Northern Virginia to present hands-on, educational history programs to students in the upper Northern Virginia area. Will work with a variety of ages, abilities and grade levels. Will teach in Fairfax County, Arlington County, Alexandria City, Prince William County, Falls Church City, Manassas City, Manassas Park City and parts of Loudoun County school districts.

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Full time travel agents with solid experience selling cruise-tours especially in Alaska. Opportunity for large income (base salary + commissions) with benefits. No cold calls - we provide quality leads for upscale Holland America products. 38 years in business, located on the river in Old Town Alexandria. Fax resume to 703-684-7060.

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New Leadership

FROM PAGE 1

her supporters because of how she handled the Perry situation. If she become less adversarial, I might change my mind."

SUPPORTERS OF Folkerts describe her as a thoughtful and well-organized leader. Before her election to the School Board in 2006, she organized a capital campaign at Westminster Presbyterian Church that eventually raised \$5 million. Former School Board Chairman Connie Ring described Folkerts as someone who is "willing to listen," and he said her unanimous election to lead the board could be an indication that last year's divisions were beginning to heal.

"I think the board is beginning to pull itself together and work more harmoniously," said Ring, who contributed \$200 to Folkerts during the last election cycle. "It's certainly a positive sign that she was elected unanimously."

Folkerts received a bachelor's degree in journalism from Eastern Illinois University before launching an 18-year career in journalism, public relations and association management. She eventually retired from the working world to become a stay-at-home mom and president of the MacArthur Elementary School parent-teacher association. In 2006, she was elected to the School Board with 3,460 votes. Her husband, Brian Folkerts, is a registered lobbyist for Kraft Foods and a former lobbyist for Altria, makers of Marlboro cigarettes.

"It's been a tumultuous few years, so I hope this next year will be smoother," said Marianne Hetzer, president of the PTA Council. "At this point, the number-one priority of the School Board members should be getting a strategic plan in place, one that they can all agree on."

OBITUARY

Margaret Hartley Smith Timpano

Margaret Hartley Smith Timpano, 94, of Richmond, died on June 18. Born in Bedford, Pa. in 1914, she was a 1932 graduate of Bedford High School and in 1942 married Angelo J. Timpano of Kane, Pa. A resident of Alexandria from 1952 to 2001, she was a homemaker and a member of the Kate Waller Barrett Chapter of the National Society Daughters of the American Revolution. A loving mother and grandmother, whose life revolved around her children and grandchildren, she was preceded in death by her husband and is survived by six children, J. Thomas Timpano of Round Hill, Va.; Richard P. Timpano of Herndon; Anne Timpano of Fredericksburg; Frank H. Timpano of Montpelier, Va.; Michael V. Timpano of Potomac Falls, Va.; Mary Beth Kordek of Virginia Beach; and by seven grandchildren, Anthony, Christina, Katherine, Steven, Kevin, Elizabeth and Brian.

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21 Announcements

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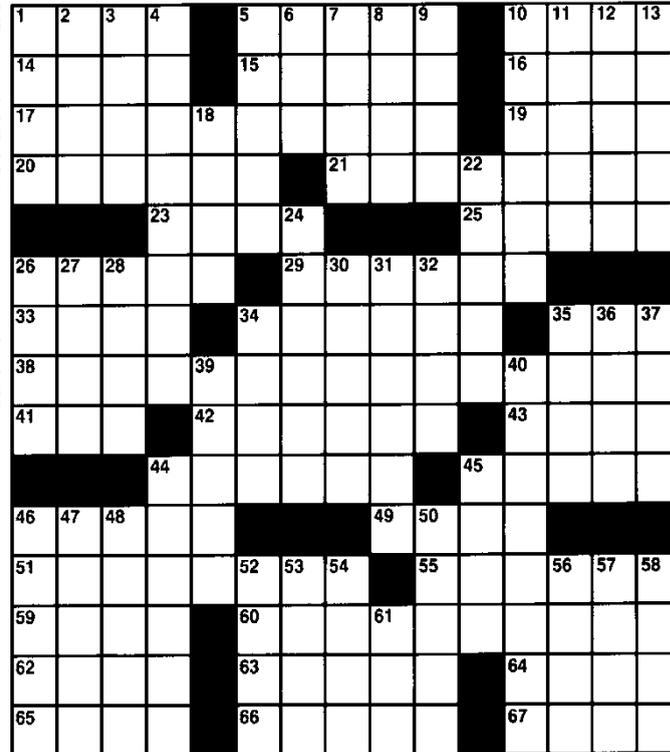
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NEW YORK TIMES CROSSWORD

Edited by Will Shortz

No. 0316-3



Puzzle by Fred Piscop

ACROSS

- 1 Golf peril
- 5 South African author Alan
- 10 Impoverished
- 14 Latvia's capital
- 15 TV's Morgenstern
- 16 Witty Bombeck
- 17 Bartender's supply, squashed flat?
- 19 Jack-o'-lantern feature
- 20 Plunder
- 21 Working with a dragnet
- 23 Carpe —
- 25 Actress Taylor of "The Nanny"
- 26 Apportioned, with "out"
- 29 Car safety device
- 33 Take in
- 34 Total, as an effort
- 35 G.I. address
- 38 Some scams, squashed flat?
- 41 Nile slitherer
- 42 Gladiatorial sites
- 43 Bona fide
- 44 Trattoria gadget

DOWN

- 11 Utah's Hatch
- 12 "Mother —" (old standard)
- 13 Outfielder's asset
- 18 Pound sterling, informally
- 22 Vindictive anger
- 24 Gong hitter
- 26 Intro to physics?
- 27 Shuckers' units
- 28 Junket
- 30 Actress Graff
- 31 "Hail Mary" counter
- 32 Tampa Bay players, in headlines
- 45 — Domingo
- 46 Zeno, notably
- 49 Actor Montand
- 51 Game with sticks
- 55 Brings a smile to
- 59 No longer mint
- 60 Meteorologist's study, squashed flat?
- 62 Catchall abbr.
- 63 Pacific nation since 1968
- 64 The life of Riley
- 65 January song ender
- 66 Muddleheaded
- 67 Common flag feature

- 34 Taj Mahal home
- 35 "Right on!"
- 36 Bog stuff
- 37 Capital on a fjord
- 39 Pusher's pursuer
- 40 Crossword solvers' smudges
- 44 Elasticized garment
- 45 Top Four matchup
- 46 Turns on an axis
- 47 Delicious
- 48 Neptune's realm
- 50 Empty spaces
- 52 Yemen's capital
- 53 P.D.Q., on "ER"
- 54 Six-foot avians
- 56 "Vamoose!"
- 57 Socialite Maxwell
- 58 Nostradamus, for one
- 61 Assayer's specimen

ANSWER TO PREVIOUS PUZZLE



SEE YOUR NAME IN PRINT!

Be the first person to fax in the correct crossword puzzle answers each week, and we'll put your name here! Fax the completed puzzle, with your name and the puzzle number, to the Crossword Puzzle Desk, fax #703-917-0998!

The winner of puzzle #0315-3 is:

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Role Models Right in Your Backyard

The Washington Glory professional softball team gives young fans something to aspire to.

BY PAUL FROMMELT
GAZETTE PACKET

li Keohohou sits down in a folding chair along the right field foul line and signs autographs for a crowd of eager fans. The Washington Glory first baseman, who just an hour earlier blasted a home run over the left field fence in the Glory's 10-0 win over the Chinese Taipei national team at the Westfield Softball complex in Chantilly, smiles as she chats with the young girls huddled around her. This scene is a common one after home games for fans of the Glory, a National Pro Fastpitch team in its second year of existence.

"When I was growing up, when I went to an Orioles game, you could come back with 15 autographs. You can't do that anymore," said Washington Glory owner Paul Wilson. "That is what I love about this league. It is highly accessible and it is something that the ladies want to do."

THE REIGNING NPF Cowles Cup champions are in the midst of seven-game home stand against Chinese Taipei and the fellow NPF team, the Chicago Bandits. On Tuesday night, the Glory avenged a 3-2 extra-inning loss on Monday against Chinese Taipei by



pouring on 10 runs in the first four innings to earn the victory. Along with

Keohohou's homer, second baseman Courtney Bures hit her fifth home run of the year and center fielder LaDonia Hughes went 2-for-4 with four RBIs. Glory pitchers Sarah Pauly and Taryne Mowatt combined for the shutout, allowing two hits over seven innings of work.

"We feel really good where we are at," said head coach Carie Dever-Boaz, whose team has also played the Venezuela national team and Team U.S.A this season. "We believe that the whole time, we have a target on our back. Last year, nobody knew us. This year, everyone is gunning for us. We have to bring our best game every time. That is what we working on doing."

Dennis Wince, co-head coach of the Vienna Stars 12U team, brought his daughter and a few of his players to watch the game on Monday night.

"It is a great chance to get out and see these girls play at the highest levels. It really inspires my daughter. It inspires my team," he said. "It truly inspires the girls on my team to play harder and to want to do well at not only sports, but in life. Having them there as female role models is important."

The team is aware of who is watching them.

"It is really important for the young girls in our country to have a good positive role model in a professional sport," said Dever-Boaz. "I



The Washington Glory's mascot, Gloria the K9.

think our girls take a lot of pride in that and they have done a really good job reaching out to the girls."

LAST MONTH, the Glory and PONY Baseball and Softball announced a partnership to host "Glory Dream Builders Tournaments" as well as teaming up to offer clinics and specialized instruction for players and coaches. The Glory has also created a nonprofit organization, named "Champions for Children," which will reach out to disadvantaged and at-risk youth around the area.

"These ladies want to impart the knowledge," said Wilson. "It is all part of giving back. It was the reason that we wanted to bring the team here, give more exposure to softball in the area as well as giving them the level of role model that is accessible."

Midway through their second season, the Glory have started to see their fan base grow.

"Last year, when it started out, you kind of looked around and wondered if it was going to survive," said Glory announcer and play-by-play man Jarrod Wronski. "When you start the season drawing 200 and you end the season drawing 2,000, it shows that the growth is there."

Bures, who grew up in Haymarket, VA, has witnessed the Glory's raise in popularity locally.

"When I come back home, everybody knows about the Glory," she said.

So, after every home game, the Glory pull out their folding chairs and sign autographs, no matter how large the crowds get.

"That is one of our top priorities, being role models for the kids. They are our fan base," said Bures. "We were just like them. We were all little girls playing ball and we all wanted somebody to look up to."



PHOTO BY CRAIG STERBUTZEL/GAZETTE PACKET

The Glory celebrate as Courtney Bures steps on home plate after hitting a home run against Chinese Taipei on Tuesday night.



Courtney Bures, who grew up in Haymarket, had four RBI's on Tuesday.



Shortstop Amber Jackson

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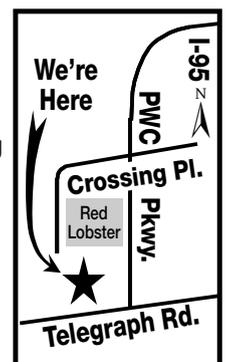
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