

Centreville ❖ Clifton ❖ Little Rocky Run

CENTRE VIEW

SOUTHERN EDITION



AUG. 14-20, 2008 "FRESH" 25 CENTS NEWSSTAND PRICE

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En Route to a New Interchange

Route 28/Willard Road project is moving along.

BY BONNIE HOBBS
CENTRE VIEW

It'll be another year before the Route 28/Willard Road interchange in Chantilly is completed, but work is moving along and providing future hope for smoother, less-congested travel here.

Willard is the eighth of 10 interchanges being built under the

"The new bridge will go where the existing intersection was."

— Rick Miller,
VDOT construction manager

Route 28 Public-Private Partnership Act (PPTA) in both Fairfax and Loudoun counties. Six interchanges built this way — including the one at Route 28 and Westfields Boulevard — have opened to traffic since 2002. And three of the four remaining are now under construction.

Currently, the intersections are

where the congestion occurs, so removing the traffic lights will turn Route 28 into a limited-access, through road.

"It will definitely improve traffic on Route 28 because you won't have the constant stop-and-start," said Rick Miller, Route 28 PPTA construction manager for VDOT. "North-south traffic on Route 28 will be free-flowing."

Willard will be a single-point diamond interchange. Instead of having loops going up to the bridge, there'll be ramps coming up and tying into the bridge. And a traffic light at the top of the ramp will control traffic flow there.

The first work done on the project was the construction of a detour, shifting Willard's alignment sideways, a bit to the south, so that workmen may construct the bridge over Route 28.

"THE NEW BRIDGE will go where the existing intersection was," said Miller. "The old signal has been removed and a temporary one put in, a couple hundred feet south of it."

The detour opened June 12 and, since then, said Miller, "We've been working on drainage items, storm pipes, utility relocations and general excavating and grading for the new bridge and the approaches on both sides."

SEE ROUTE 28, PAGE 7

Teen Dies in Car Crash

Police are investigating a fatal crash that occurred on Friday, Aug. 8 on Bull Run Post Office Road at 1:05 p.m. A 1998 BMW 318, operated by a 19-year-old Centreville-area man, was traveling west on the road when it crashed into a tree. The driver was able to exit the vehicle but the passenger, a 15-year-old Centreville-area boy, was pronounced dead at the scene. The deceased has been identified as Cameron Dudley of 6293 Fairfax National Way. This investigation is ongoing.

Anyone with information is asked to contact Crime Solvers by phone at 1-866-411-TIPS(8477), e-mail at www.fairfaxcrimesolvers.org or text "TIP187" plus a message to CRIMES(274637) or call Fairfax County Police at 703-691-2131.



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Sisters Courtney (left) and Ashley Tern look over the fresh apricots and Shiro plums.

Bountiful Harvest Locally

Whole Foods' parking lot hosts farmers market.

BY BONNIE HOBBS
CENTRE VIEW

Vine-ripened tomatoes, homemade soap and lip balm, almond amaretto creamed honey, fresh flowers, sweet-potato bread and Japanese maple trees — all these things and more can be found at the farmers market outside the Fair Lakes Whole Foods store.

The store isn't connected to the market, except to provide area vendors a free place to sell their wares. Hours are Wednesdays, from 3:30-7 p.m., and Sundays, 9 a.m.-1 p.m.

Todd and Shaundra Riggleman of Little Rocky Run came on a recent Sunday with their son Ian, 3. "We come every other week," said Todd. "Today we got peaches, nectarines and a scone. The produce is excellent and so much better than in a store because it's ripened on the plant, instead of being transported for hundreds of miles."

"I like supporting our local farmers," added Shaundra, a chemistry teacher at Chantilly High. "And our son is a seasonal eater. For example, he won't eat blueberries unless they're in season, and

SEE FRESH, PAGE 9



Todd and Shaundra Riggleman of Little Rocky Run with son Ian, 3, enjoy shopping at the farmers market outside Whole Foods.

What a few of our clients have to say...

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—Mark Anderson & Sarah Moore

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ROUNDUPS

Centreville Man Killed in Crash

A 26-year-old Centreville man was killed when he lost control of the 2001 Honda motorcycle he was riding on Saturday, August 9 shortly after 1 a.m. According to the police report, the rider was traveling north in the 2900 block of Fairview Park Drive when his motorcycle struck a curb. The rider was ejected and his body struck a tree. Ryan Andrew Hoffa of 14239 Beddingfield Way was transported to Inova Fairfax Hospital where he was pronounced dead.

This is the thirteenth fatal crash in Fairfax County in 2008. It is the second fatal crash this year involving a motorcycle. At this time last year, there had been 30 fatal crashes resulting in 35 fatalities.

Police Seek Intruder

A 21-year-old Centreville woman was sexually assaulted by an intruder in the 14000 block of Illuminati Way on Friday, Aug. 8. The victim was sleeping when she was awakened by a man, who threatened her with a knife, about 2:15 a.m. He sexually assaulted her and fled. The victim was treated at Inova Fairfax Hospital for non life-threatening injuries.

Anyone with information is asked to contact Crime Solvers by phone at 1-866-411-TIPS/8477, e-mail at www.fairfaxcrimesolvers.org or text "TIP187" plus a message to CRIMES/274637 or call Fairfax County Police at 703-691-2131.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections, Thursday, Aug. 14 and 21, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. They'll make sure the carseat is correct for the child's age, height and weight, the child is securely placed in the seat, and the seat is properly installed in the vehicle.

No appointment is necessary. But residents should install the child safety seats themselves, so technicians may properly inspect and adjust them, as needed. Call (703-814-7000, ext. 5140) to confirm dates and times.

Shelter To Host 'Petstock '08'

The Fairfax County Animal Shelter will celebrate "Three Days of Pets, Love and Adoption" at its first annual Petstock '08, a special adoption event being held at its Fairfax facility. The three-day festival will be held Friday, Aug. 15, 12 - 7 p.m.; Saturday, Aug. 16, 10 a.m. - 5 p.m., and Sunday, Aug. 17, 12 - 4 p.m.

Join the shelter for music and merriment and meet some of the animals available for adoption. To view animals currently available for adoption, visit <http://www.fairfaxcounty.gov/police/animalservices/> and click on "view animals available for adoption."

The Fairfax County Animal Shelter is located at 4500 West Ox Road in Fairfax. For more information, call the Fairfax County Animal Shelter at 703-830-1100.

Fund-Raiser at Bonefish Grill

Women from Little Rocky Run will participate in October in the Nike Women's Half Marathon in San Francisco to raise money for the Leukemia & Lymphoma Society. Two of them are also motivated by particular neighbors affected by cancer.

Crysta Fischer will run/walk in honor of Bill Kiser, 38, who succumbed to Hodgkins, June 29, after a 2 1/2-year battle. Sereina De La Rosa is participating on behalf of Steve Kruse, 39, a neighbor who was diagnosed this spring with CML (chronic myeloid leukemia), a blood cancer.

But before the event in San Francisco, a fund-raiser is slated locally. This Saturday, Aug. 16, from 11 a.m.-1 p.m., Bonefish Grill in Centre Ridge is hosting a lunch in Kiser's memory. It's open to the public and reservations are not needed; just purchase tickets at the door and pay in cash or check.

SEE ROUNDUPS, PAGE 4

NEWS

Supervisors Approve Land Swap

Park to gain better access.

BY BONNIE HOBBS
CENTRE VIEW

It's official: Two private owners and the Fairfax County Park Authority can go ahead and swap their parcels of land. The county Board of Supervisors approved the deal last Monday, Aug. 4.

"There was no controversy," said Supervisor Michael R. Frey (R-Sully). "The WFCCA [West Fairfax County Citizens Association Land-Use Committee] had supported it," and so had the county Planning Commission.

The land he referred to is comprised of three contiguous parcels in Centreville. They're off Old Centreville Road, near the Burger King and Braddock Road, and by the Little Rocky Run community. Altogether, they're about three acres.

Initially, the privately owned northernmost and southernmost parcels were earmarked for residential development at 16-20 homes per acre. And the plot of land between them was designated as park land.

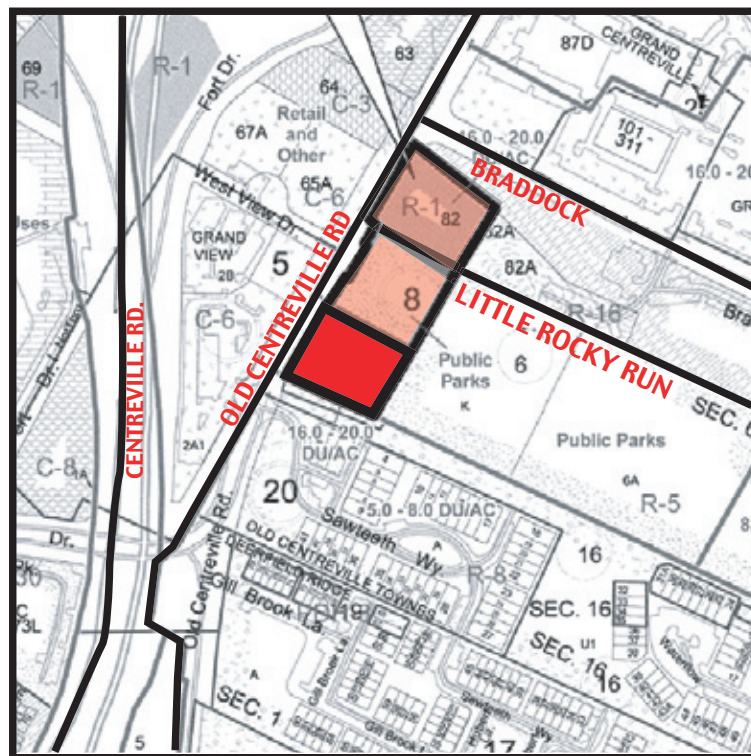
BUT A MARCH 2007 amendment to the county's Comprehensive Plan made it possible for the northernmost two acres to be instead developed for office use, and the southernmost acre, for park land. That action laid the foundation for an exchange of the privately owned land with the county Park Authority.

As a result, the park land can be added to the existing Old Centreville Road Park to improve public access to it. And permitting office use to be consolidated on two adjacent parcels, allows for the creation of one, larger office development, instead of two small ones.

It also gives access to the park behind the Little Rocky Run townhouses. The Park Authority's Master Plan for Old Centreville Road Park includes a ballfield, tot lot, playground and parking. But — mainly due to access problems and because the park doesn't have any on-site parking — the plan was never implemented.

Bo Hwan Suk and Sun Ok Suk, the private land-

owners, intend to have a CPA and a dentist open practices in a building on the office portion of the land. They've also promised to provide the Park Authority with 45 parking spaces on the lot east of the office site, plus 10 spaces on the exchange property.



SOURCE: FAIRFAX COUNTY DEPARTMENT OF PLANNING AND ZONING

The pink areas will be office use, and the red area will be park land.

"It will allow us to fully utilize Old Centreville Road Park."

— Michael R. Frey,
Sully District supervisor

FURTHERMORE, they've agreed to fund the road improvements needed on Old Centreville Road from the Burger King to the fire station. They'll add turning lanes that will make driving in that vicinity much easier for local residents.

Overall, said Frey, it's a terrific plan for the community. "It will finally allow us to fully utilize the Old Centreville Road Park," he

said. "And we'll start now trying to get some money to do the fields when they finish the parking and stormwater management."

He said using the land parcels in this manner also makes for a "good, transitional use" for the property. "It's right across from the fast-food restaurant, the bank and some other commercial uses and sort of transitions to the multifamily homes."

Besides that, said Frey, "It's going to bring about major road improvements and clean up that section of Old Centreville Road. So I think there's a real, community benefit and everybody wins."

Suspects Sought in Convenience Store Robbery

Fairfax County Police officers responded to a reported robbery at the Prime Mart at 4300 Chantilly Shopping Center just before 10 p.m. on Thursday, Aug. 7.

The clerk was behind the counter when a suspect entered the store. He pointed a handgun

at the clerk and demanded money as two other suspects entered the store. The clerk handed over an undisclosed amount of money and the suspects fled. There were no injuries.

All three suspects were described as black, with their faces covered. Two were wearing ball

caps and one wore a knit cap.

Anyone with information is asked to contact Crime Solvers by phone at 1-866-411-TIPS(8477), e-mail at www.fairfaxcrime-solvers.org or text "TIP187" plus a message to CRIMES(274637) or call Fairfax County Police at 703-691-2131.

ROUNDUPS

FROM PAGE 3

WFCCA Land-Use Meeting

The West Fairfax County Citizens Association (WFCCA) Land-Use Committee will meet Tuesday, Aug. 19, in the Sully District Governmental Center. It's at 4900 Stonecroft Blvd. in Chantilly.

WFCM Is Collecting Backpacks

Western Fairfax Christian Ministries (WFCM) is conducting a backpack drive for children in need attending schools in Centreville, Chantilly and Clifton. "We have 870 requests from a total of 24 elementary, middle and high schools," said WFCM's Pam Ryan, coordinating the effort. "The backpack drive is part of our overall, School Outreach program."

Anyone wishing to help may drop off backpacks at WFCM headquarters at 13981 Metrotech Drive in Chantilly, between Midas Muffler and Backyard Grill. WFCM is collecting them through August. Monetary donations, payable to WFCM, with "backpacks" written on the memo line of checks, may be sent to: WFCM, P.O. Box 220802, Chantilly, VA 20153.

Blood Donations Are Sought

The Inova Blood Donor Center in the Centremed I Building on Route 29 in Centreville (across from the Centreville Multiplex Cinemas) is in urgent need of blood donations — especially O positive or negative, as well as A and B. They're accepted Tuesday-Friday, noon-8 p.m., and Saturday, 8 a.m.-2 p.m.

For an appointment to give blood, call 703-322-1970, or drop in at your own convenience.

Role Models for Children

Volunteers are needed throughout Northern Virginia to be positive role models for children who currently have an incarcerated parent. Mentors meet with children two hours per week. Weekly meetings are supplemented by monthly group recreational activities. The only qualification required is a desire to help a child in need.

To sign up for the mentor training session at the Center for Multicultural Human Services in Falls Church, call Ellen Klene, Volunteer Program manager, at 703-533-3302, ext. 107, or see www.cmhs.org.

Problems with Wildlife?

In his Sully District newsletter for July, Supervisor Michael R. Frey (R-Sully) advises neighborhoods having problems with wildlife to contact the Humane Society of the United States (HSUS), Humane Wildlife Decisions Division. Its services include animal removal, deodorizing to discourage return, installation of animal proofing for entry and exit holes, and customer education regarding follow-up.

HSUS has wildlife biologists on staff and abides by strict health and safety standards. In addition, its staff members are trained in humane, urban-wildlife control. HSUS may be reached at 1-866-9HUMANE or at humaneservices@humanesociety.org.

Text or E-mail Crime Tips

With the recent creation of its new Web site, www.fairfaxcrimesolvers.org, Fairfax County Crime Solvers has tapped into the latest technology available for receiving anonymous tips. Now, besides phoning, tipsters may also give information via texting or e-mail:

- ❖ Call 1-866-411-TIPS/8477 and follow the voice prompts to Fairfax County.
- ❖ Go to www.fairfaxcrimesolvers.org and click on the secure link to communicate back and forth.
- ❖ Text "TIP187" plus your message to CRIMES/274637.



PHOTO BY MIRZA KURSPAHIC/CENTRE VIEW

Volunteers from Kids R First and Wal Mart Fair Lakes store celebrate the \$2,000 donation the corporation awarded to the Reston nonprofit.

Supplying Students in Need

Kids R First will serve 14,000 students in 85 area schools this year.

BY MIRZA KURSPAHIC
THE CONNECTION

Ashley Heck was only entering seventh grade when she first decided to volunteer with Kids R First, helping the Reston-based nonprofit organization purchase, organize and distribute school supplies to children on free and reduced lunches in area schools. The recent Dominion High School graduate has not missed a single opportunity to continue helping the organization, volunteering countless hours each summer since then.

"I thought it was actually kind of fun," said Heck of her first experience with Kids R First. "I just came to help out and they were nice and they were funny," she said. The Virginia Commonwealth University-bound student said her work helping the nonprofit with its mission of helping children of low-income families start a school year with supplies has definitely helped prepare her for the future. For her efforts, Kids R First awarded Heck its Community Service Award at her graduation ceremony in June, accompanied by a college scholarship.

PRIOR TO DEPARTING for Richmond this summer, Heck joined other volunteers at Langston Hughes Middle School on Wednesday, Aug. 6, to sort through the school supplies collected for the upcoming school year. Susan Ungerer, founder of Kids R First, said the nonprofit is serving more children than ever this year. About 14,000 students will receive school supplies as a result of the nonprofit's efforts.

"We are helping more kids this year," said Ungerer. "We are expanding our service area, but also helping more kids within that," she said, a sign of the economic slowdown. Students in 85 schools in Reston, Herndon, Sterling, Ashburn, Centreville, Chantilly and specific neighborhoods in other areas of Northern Virginia will be handed supplies. In addition, the organization is also giving out \$45,000 in mini-scholarships through December through its College and Career Bound Program.

Another challenge resulting from the current economy is the rising cost of school supplies. Last year, said Ungerer, every dollar the organization spent to buy the supplies equaled between \$3 and \$4 of the supplies' fair market value. This year, a dollar buys about \$3 of supplies. However, community involvement and support are helping offset some of the additional expenses incurred. "We're having greater involvement from the community," said Ungerer, urging area residents to stay involved in helping the organization achieve its mission in the future. "People have been wonderful," she said. "They see the huge need" Kids R First is fulfilling.

Aside from individuals who help the nonprofit through volunteer hours and donations, Kids R First has come to rely on corporate sponsorships to reach its goals. About 25 associates from Wal Mart's Fair Lakes store joined Kids R First volunteers at Langston Hughes on Wednesday, helping organize boxes of school supplies. The store also donated \$2,000 to the organization during the day. Todd Lam, the store's assistant manager, said the company's participa-

Get Involved

To learn more about Kids R First, visit <http://kidsrfirst.org>.

"We are expanding our service area, but also helping more kids within that."

— Susan Ungerer,
Kids R First founder

SEE WORKING, PAGE 15

WWW.CONNECTIONNEWSPAPERS.COM

NEWS

Hold Pepperoni, Pass Checkbook

Sun Trust eyeing old Pizza Hut site for new bank.

BY BONNIE HOBBS
CENTRE VIEW



Artist's rendition of the proposed, new Sun Trust Bank in the Greenbriar Town Center.

No, Sun Trust Bank isn't offering free pizzas with new checking accounts, but it is looking at the former site of a Pizza Hut as a place for construction of a new branch.

Jonathan Bondi, project manager, planning, with Bowman Consulting, presented the details, last Tuesday night, Aug. 5, to the Springfield District/Fairfax Center Land-Use Committee. The matter needs Fairfax County's approval because Sun Trust must obtain a special-exception permit for its drive-through window.

Sun Trust already operates a bank in Chantilly's Greenbriar Town Center, where the Pizza Hut once thrived. But that restaurant is now closed, and Sun Trust wants to demolish its building and relocate its bank to a new facility on that spot.

"It's about a half-acre site, and we're proposing a 3,200-square-foot bank — which is approximately the size of the Pizza Hut building," said Bondi. "We're expecting to have 19 parking spaces. Four handicap spaces will be along the front of the building, and seven and eight spaces along the sides."

Sun Trust plans a two-lane drive-through with five, car-stacking spaces per window. There'll also be an underground, stormwater-management vault. Said Bondi: "We're not increasing the impervious area or runoff of the site."

Customers will enter from the Route 50 service drive, and Sun Trust will provide a 5-foot-wide, concrete sidewalk along that service road, plus handicap ramps. However, it's requested a waiver of the county requirement that it also build part of a trail, and land-use committee member Sherry Fisher objected.

"I don't see why this should be waived," she said. "If each developer built a piece of the countywide trail system, we'd get it all done."

However, Kris Abrahamson, with Fairfax County staff, explained that Sun Trust doesn't have frontage along Route 50, so it's an impossible request.

"They have nowhere to connect a trail there," she said. "But they're increasing the sidewalk width from

4 feet to 5 feet to accommodate ADA [Americans with Disabilities] requirements. So it'll actually be better and safer to walk or bike along the service drive."

All in all, said Abrahamson, Sun Trust has "pretty much addressed our main concerns." Although the new structure won't be a complete, LEEDS-certified building, she said the county will ask for certain, energy-efficient elements in the building. "Paint, light, plumbing fixtures — that sort of thing," added Bondi.

Emerson Cale, president of the Greenbriar Civic Association, asked if there will be a continuous walkway "all along there," and Bondi said yes — and a foot wider than it is now. Sun Trust anticipates having 15 full-time employees there, and Cale wondered if there'd be enough parking for them.

But Bondi reassured him that "they won't all be in the building at the same time — probably just five or six — so the 19 spaces accounts for customers and employees, as well. The county requires only 13 spaces for patrons."

He said Sun Trust is currently working on its site plan and, if all goes well, expects completion of the new bank in mid-fall 2009. Land-use committee member Claudette Ward said she has "absolutely no problem with this application" and the panel then voted its unanimous approval.

The matter goes next to the county Planning Commission on Sept. 11 and to the Board of Supervisors on Sept. 22.

"We're proposing a 3,200-square-foot bank."

— Jonathan Bondi, project manager

WORTH NOTING

To have community events listed in Centre View, mail to 7913 Westpark Drive, McLean, VA 22102, e-mail to centreview@connectionnewspapers.com or fax to 703-917-0991. Call Steve Hibbard at 703-917-6434.

THURSDAY, AUG. 14

Mothers First — Chantilly/Centreville is a nonprofit support organization dedicated to helping women who have chosen to alter their careers to raise their children at home. Meetings are first and third Thursdays at 10:15 a.m. at the Centreville Regional Library, 14200 St. Germain Dr., Centreville. Contact 703-827-5922 or www.mothersfirst.org.

"Attack of the B Movies" will be

held every Thursday at 7 p.m. at Fairfax Corner 14, Showcase Cinemas. Admission is \$5 for the double feature presentations. The Fairfax Corner 14: Cinema de Lux is located at 11900 Palace Way, Fairfax. Call 703-502-4060.

- ❖ 8/14 — "Gorgo" / "Teenagers from Outer Space"
- ❖ 8/21 — "The Brain That Wouldn't Die" / "First Spaceship on Venus"
- ❖ 8/28 — "Devil Girl from Mars" / "Robot Monster"

THURSDAY, AUG. 14

The Childtime Learning Center — located at 14275 Braddock Road — will be hosting a blood drive on Thursday, Aug. 14 from 1-6:30 p.m. The drive is in honor of one of its 2-year-old students, Fabio Valencia,

who was recently diagnosed with leukemia. Appointments can be made in advance by calling Heather Smith at 703-980-7485 and drop-ins are welcome. Furthermore, anyone who donates will be entered in the Inova Blood Donor Services "Make it a Lifesaving Summer" drawing for a variety of prizes including a Caribbean cruise, big screen television and much more. For more information, contact Childtime of Centreville or Inova Blood Donor Services at 1-866-256-6372.

The monthly meeting of New Horizon Bass Anglers will take place on Thursday, Aug. 14 at 7 p.m. at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. The featured speaker will be

SEE WORTH NOTING, PAGE 10

Northern Virginia Magazine's
★ ★ ★ 50 BEST BARGAIN RESTAURANTS ★ ★ ★

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OPINION

Watch for Motorcycles (and Bikes and Peds)

More people are walking, bicycling and biking; let's be careful out there.

There are so many good reasons to get out of your car. Gas costs a fortune. Traffic is nearly unbearable. The weather is beautiful. Bicycling and walking are good exercise. Driving less reduces pollution and is better for the environment.

Particularly as gas prices soar, many people are turning to their two-wheeled friends, be it bicycle or motorcycle, for lower cost transportation.

Motorcycle sales have spiked, quadrupling in recent years with more than a million motorcycles sold in 2006.

But bicyclists and motorcycle riders are vulnerable on the roads. Motorcycles are sometimes hard to see in traffic, and drivers of larger

vehicles must be on the lookout.

Since June, there have been at least eight motorcycle fatalities in the Washington area. Last weekend, a 26-year-old Centreville man was killed when he lost control of the 2001 Honda motorcycle he was riding, according to police reports.

In 2007 there were 2,601 motorcycle crashes which resulted in 126 deaths and 2,284 injuries in Virginia.

For motorcycle riders, the keys to survival are wearing an approved helmet and protec-

tive clothing, taking safety courses, practicing in a controlled setting and riding defensively.

For drivers of larger vehicles, allow a motorcyclist plenty of room, including the full width of a lane, and more following distance. A motorcycle can stop faster than a car. And motorcyclists may need to react quickly to road and traffic conditions such as potholes, gravel, wet or slippery surfaces, pavement seams, railroad crossings, and grooved pavement — road conditions which are minor annoyances to cars pose major hazards to motorcyclists.

EDITORIAL

Justin Spring, Bronze Medal

Justin Spring, 24 and a graduate of Lake Braddock, helped lift the U.S. men's gymnastic team to an Olympic bronze medal on Monday night (Virginia time) in Beijing.

Spring had exceptional performances on the high bar and parallel bars.

His triple somersault for his dismount from the high bar brought elation to his teammates. NBC changed plans to televise the team competition as it became clear that the U.S. expectedly had a shot at a medal. But here at the Connection, we think any local

that makes the Olympic team is worth watching, with or without being in contention for winning a medal.

In early July, when he was named to the team Spring spoke with Connection reporter Eric Gilmore:

"The only way I can explain it is that I love my life right now," Justin Spring said. "It's been a dream come true."

We'd guess that's all the more true today, and that many, many local people can share in his success.

International Cappies Presents 'Anasazi'

BY STEVE EINHORN
ROBERT E. LEE HIGH SCHOOL

Produced by Judy Bownes and Jane Strauss, "Anasazi" is a beautifully spiritual musical with book and lyrics by William Strauss and music by Peter Kater. Directed by Glen Hochkeppel, "Anasazi" was the last production performed by this summer's Cappies International Theater (CIT). CIT brings together talented Cappie award-winning teens from around the U.S. and Edmonton and Ottawa, Canada.

Following the Hopi tribe and their conflicts that outside human forces pose, "Anasazi: The Pahaana of the Prophecy," focuses on the greed of humanity and the sacrifices we should make for love. As seen in the musical, Bill Strauss poured his heart and soul into a masterpiece filled with hope, life, and love that reminds us all that when everything else is gone, "Love will go on."

The enthusiasm, chemistry, and talent of the entire cast was evident as the all-star actors effortlessly belted out 32 songs. Performance numbers such as the cute "Power Lines," the sassy "Hey Butterfly," the tear-inspiring "Love Goes On" and the enchanting harmonies of "Miracles of Love" were most memorable amongst songs

beautifully pieced together to create soothing and exotic tones.

THE OPENING NUMBER "Golden Dawn" started off the show nicely showcasing the vocal talents of Jake Zumoff who portrayed the tribal leader, Pa'a, with dignity and wisdom. Playing the leading lovers, Max Lebeuf as Qalee and Katie Ryerson as Becca brought excellent chemistry and harmonies that charmed the audience into their interesting romance. Sarah Byrd as Lolma brought an excellent sensibility to her character showing her obvious understanding of her complexities while also showcasing a brilliant voice. As her sister, Kim Ness as Taawi, and her lover Zach Mays as Griffin, brought life to the young newlywed couple who, although they come from different places, feel as if they've known each other a thousand years.

Sarah Swire strutted across the stage with a captivating and engaging stage presence that made sure you always knew she was there as the center of attention. Combined with her dastardly schemes to get what she wants and the combination of her singing voice and dazzling dance moves, Swire, brought to the show a vivacious villain. What's a villain without the bumbling sidekicks? Chris Weschler and Ian Geldart comically played Prescott and

Winslow — the epitome of badly dressed, tough talking flunkies.

ROUNDING OUT the cast nicely was Rueben Schwartz, a chanting Hopi spirit Kachina, and the rest of the ensemble who danced and sang into the hearts of the audience. Letting the show go on without a hitch, Sarah Stephens efficiently moved set pieces on and off stage while sound was nearly flawless. Combining the colorful make-up (Mimi Lynch with the assistance of Katy Summerlin) with the perfect costuming (Sara Lavenhar), complex lighting (Ashley McCusker), and a vibrant set (Sarah Stephens), "Anasazi" was as appealing to the eye as it was to the ear.

In a world where greed and crimes are considered a normal part of everyday life, "Anasazi" proves that although we struggle with tribulations and trials we face, love will always win out. I have no doubt that the late Bill Strauss would have been proud of the tremendous dedication, pro-



Zach Mays, Kim Ness, Sarah Byrd. Reuben Schwartz in the background.

fessionalism, and talent that his beloved high school actors and technicians showed while performing the entertaining "Anasazi."

Cappies International Theater is a three-week program where winning Lead Cappie winners from around the U.S. and Canada, along with Cappie winners, nominees, and honorees from the National Capital Area come together and perform two shows. For more information and photos, see: www.cappies.com/cit.

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Route 28/Willard Road Project Advancing

FROM PAGE 1

Regarding the configuration of the new interchange, Willard Road will go over Route 28, and northbound and southbound ramps will tie into the bridge. In addition, the bridge will be wide enough to accommodate a

crete anchor point in the middle where the beams will meet," said Miller. "It provides support because, otherwise, it's tough to support such a long opening."

Shirley Contracting Inc. is the overall general contractor responsible for the project. At any given time, anywhere from 50-300 people are out there working on it.

This is the second phase of the Route 28 project. The at-grade intersections between I-66 and Route 7 at Willard, Frying Pan Road, Nokes Boulevard and the Center for Innovative Technology (CIT)/Innovation Drive will all be removed. Work has already begun on Frying Pan and Nokes, and VDOT anticipates starting the CIT project sometime this summer.

Barring an extremely rainy or snowy winter, Miller estimates construction of the Willard Road interchange to take about 18 months. "The sooner we can get rid of these grade-separated inter

SEE ROAD PROJECT, PAGE 11

Details

For more information about these projects — as well as project updates and news of traffic alerts and lane closures — see VDOT's Web site at www.28freeway.com.

preliminary construction of the bridge," said Miller. "We started with the abutment on the west side." The abutments are the big walls on which workmen will place the steel beams on both ends of the bridge.

"We've also started pouring the concrete footers for the center pier — the con-

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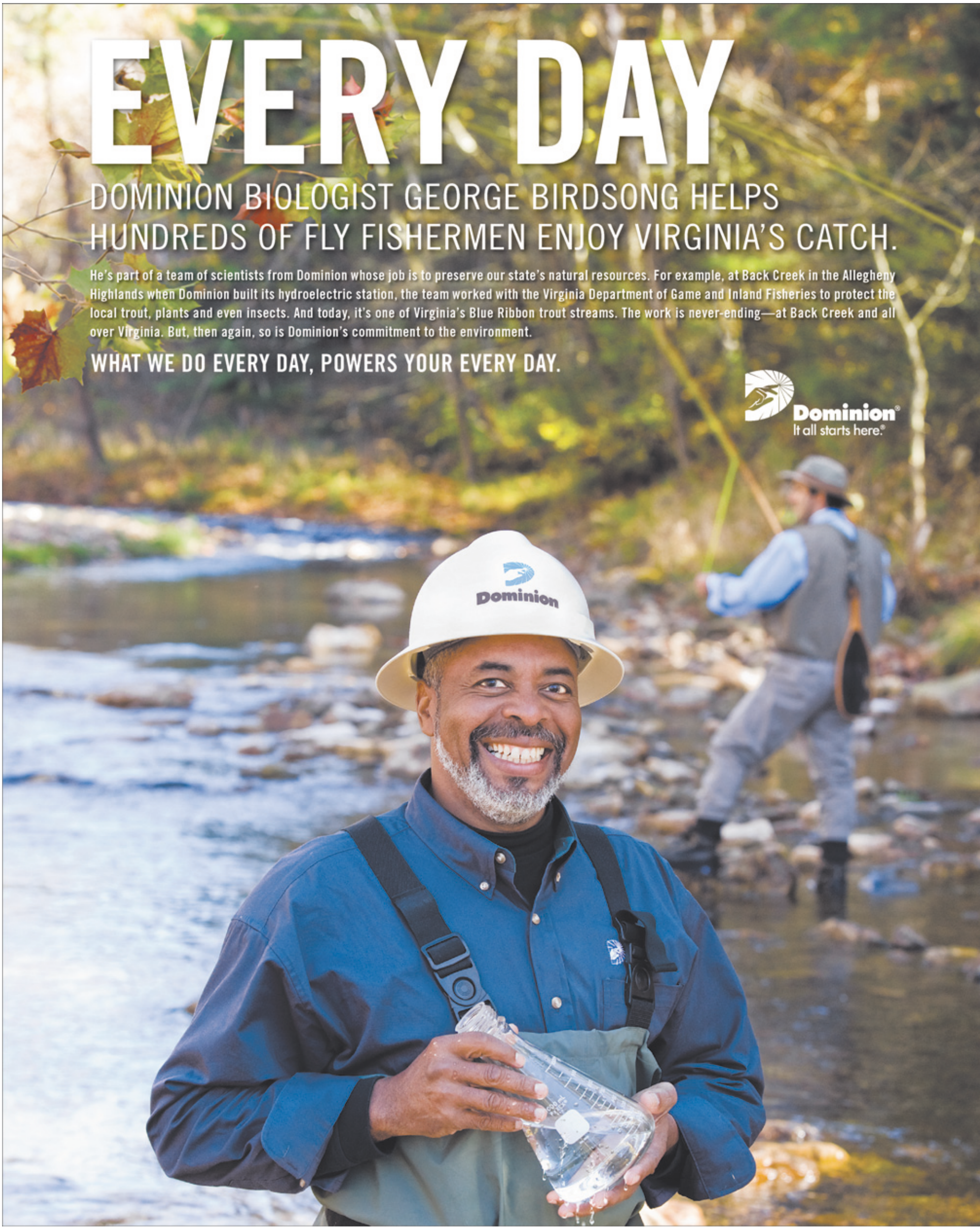
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Fresh Fruits, Vegetables at Farmers Market

FROM PAGE 1

“... it’s fun to see all the fresh food.”

— **Jared Winick**

he’s not interested in strawberries unless it’s spring.”

Holding an armful of tall lilies at the Wollam Gardens stand, Ellen Deeb of Oakton said she visited the market because she “bought flowers here before and they’re spectacular. When these lilies open up, they’re phenomenal.”

In fact, she comes to this farmers market regularly. “Three weeks ago, I bought a bouquet of fresh-cut flowers for my sister-in-law, and she said they lasted a long time and were so bright and beautiful,” said Deeb. “Also, the honey products are fantastic. I bought the honey, lip balm and the honey-granola bars. They taste so good and have excellent ingredients. And all of these things would make good gifts, too.”

FAIR OAKS RESIDENT Brent Bunn brought his sons Coleman, 7, and Chris, 4. “They wanted something fun and different to do this morning, and this is convenient,” said Bunn. Coleman said he liked the flowers the best “because they look and smell good.” Chris’s favorite thing was the bread because he liked how it tasted. Then they headed off to buy some fresh fruit.

Fairfax resident Priscilla Tern of Fairfax brought her daughters Courtney, 8, and Ashley, 9. “We like the fresh fruit and vegetables,” said Tern. She, too, believes it’s important to support local farmers, and she enjoys “giving the girls a feel of buying things from the open market.”

Jared Winick, formerly of Fair Lakes, said he and his family came to this farmers market “all the time, last

summer,” and, even though they’ve moved to Falls Church, they returned to the market to shop. “I bought corn and peaches today,” he said. “It’s better than what you get at supermarkets and it’s fun to see all the fresh food.”

Fair Oaks’s Glenna Babst was also a repeat customer. “I’m buying corn,” she said. “I was here last year and the corn was excellent, so I came back again. I’d recommend this market to others because, if you like fresh, homegrown produce, it’s a good thing.”

Offering that produce was Toigo Farms of Shippensburg, Pa. Vendor Janine Dihel had an array of fruits and vegetables on display, plus samples of peaches, nectarines and cantaloupe for munching. Customers purchased several varieties of tomatoes, plus peppers, corn, regular and white peaches, Shiro plums (sweet inside, with tart skin) apricots, melons and nectarines.

Tridero cluster tomatoes on the vine are \$3.99/pound; cherry tomatoes, \$5/pint; and smaller Tridero tomatoes, \$7/quart. Sweet, yellow corn is 75 cents/ear; \$4.50/half dozen; or \$8/dozen. Peaches and yellow nectarines are \$2.50/pound; and white nectarines are \$6/quart. Dihel also offered two types of pasta sauce for \$6-\$7.50/jar, plus apple or pear butter for \$4/jar.

Also for sale are apple sauce and apple-cranberry sauce, three kinds of salsas and 28-ounce jars of bourbon peaches. “They cost \$12 and are great on pound cake, vanilla ice cream or waffles,” said Dihel. In September, she’ll add a large selection of crisp, crunchy apples to the mix. She believes people like shopping at farmers markets because “they’re afraid of imported foods and too many herbicides and fungicides.”

MEANWHILE, at Grace’s Pastries, the owner’s niece, Clara Nsenkyire, sold bread, turnovers and scones. “We’re known for our sweet bread — including our carrot loaf, zucchini loaf, cranberry-orange-apple, sweet potato, pumpkin and banana breads,” she said. “And one of the best sellers is the



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Brothers Coleman (left) and Chris Bunn of Fair Oaks have fun at the farmers market.

fresh ginger bread. People say it helps settle the stomach, and it’s the best dessert with lemon sorbet.”

Nsenkyire said one of the secrets that makes the sweet breads taste so good is that they’re made with applesauce as a sweetener, and just a little sugar, “so they’re moist and healthy.”

Grace’s also offers breakfast and sandwich loaves. They include sourdough, French, Italian, Portuguese, seven-grain, whole-wheat crunch with sunflower seeds, and organic whole wheat with raisins and apricots. Added Nsenkyire: “We also have cinnamon bread, cinnamon-apple and raisin bread, and they’re all very good for French toast.”

Customers may also buy raspberry, chocolate-chip, cranberry or blueberry scones. “And my aunt, Grace Banahene, makes the best apple turnovers,” said Nsenkyire. “She puts chunks of apple in the filling,” explained Nsenkyire’s sister Jennifer. “They’re low in sugar, but tasty, crispy and homemade.” Pastries are \$2 each; sweet breads, \$5.50; and sandwich and breakfast breads, \$5-\$6.50.

Lindsay Brinckmeyer of Centre Ridge was at the market for the first time. “I was shopping at Whole Foods and stopped by,” she said. “I like participating in buying locally grown products.”

She purchased a jar of tulip poplar honey from vendor Shirley Dean of Bees ‘N Blossoms, of Providence Forge, Va. “She gave me samples, and this had a different, new type of flavor, and I liked that,” said Brinckmeyer. “I might also buy some cranberry bread. I would definitely recommend this market because it’s neat to see what’s being made and grown locally, and it’s fresh.”

At Bees and Blossoms, Dean offered everything from regular and creamed honeys, to herbal honeys, jellies, pollen tea bags, granola cereal and bars, soaps, lip balm and

hand cream. A 24-ounce jar of clover or wildflower honey is \$11.50, with varietal honeys, \$13.75. Creamed honeys, 20-ounces each, sell for \$16.75 and come in plain, spiced, almond amaretto, roasted pecan and toasted coconut flavors. Lavender, lemon thyme or rosemary honeys, 16-ounces each, cost \$13.75.

Also popular are the 8-ounce honey jellies for \$7.75-\$8.75 in flavors including honey and spiced cider, Concord grape, strawberry, spiced tomato and red or white wine. The honey granola cereal sells for \$7.25 and comes in honey and peanut; cranberry, cherry and apricot; and strawberry, peach and pecan. And the homemade granola bars, also in various flavors, including peanut butter, and honey pistachio with apricots, are \$3.25 each.

“We stress that we sell local, raw honey,” said Dean. “It’s never been heated. We collect it from the hives, strain it and put it into containers. The creamed honey is great on waffles, pancakes, ice cream or in pie fillings. We also sell honey-and-lemon cough soother, and the honey jellies are wonderful. They’re pure honey and juice, and they’re lower in calories than most jellies because there’s no sugar added. And later in the season, we’ll have coffee-and-rum honey jelly.”

ANOTHER VENDOR is Kristie Basta of Wollam Gardens Fine-Cut Flowers, of Jefferson, Va. Her colorful and fragrant stand offered lilies, lisianthus, zinnias, sunflowers, Echinacea cones and basil with tiny, purple leaves.

Also available is mountain mint, with small, white flowers, and both it and the basil may be used for cooking. Individual, floral stems are \$1/two, \$3/stem or \$10/four stems for lilies and lace-cap hydrangeas. Bouquets range from \$5-\$20.



Vendor Shirley Dean of Bees ‘N Blossoms sells everything from honey and granola to lip balm and soap.

HEALTH

To have health news listed in Centre View, mail to 7913 Westpark Drive, McLean, VA 22102, e-mail to centreview@connectionnewspapers.com or fax to 703-917-0991. Photos, especially color, are encouraged. Deadline is one week before publication. Call Steve Hibbard at 703-917-6434 with any questions.

The Fair Oaks Parkinson Foundation Support Group meets monthly on the fourth Saturday, from 10 a.m. -12 p.m. at Sunrise at Fair Oaks, 3750 Joseph Siewick Drive, Fairfax. The Parkinson Foundation welcomes PD patients and family members. Free. Support Group leader is Bill Robbins 703-830-3823. Go to www.ParkinsonFoundation.org.

The Centreville chapter of Take Off Pounds Sensibly (TOPS) Club meets Thursday evenings at the Centreville Presbyterian Church 15040 Lee Highway, Centreville, Room 204. TOPS is a non-profit, non-commercial weight loss support group open to anyone seven years of age and older. At \$24 per year, this is an affordable, supportive program for weight loss and weight maintenance. Weigh-in is from 6:15-7 p.m. with the meeting starting at 7:10 p.m. For more information, call Susan at 703-392-7937 or visit www.tops.org.

WORTH NOTING

FROM PAGE 5

Walter Froh, who will be presenting "Technique Specific Jigs". During this seminar, he will be covering the differences and uses of "Flipping", "Football", "Grass", "Swimming", "Finesse" and "Shakey Head" jig styles. Email cetaylor2@verizon.net, or call 703-887-8399

FRIDAY, AUG. 15

Swing Dances are held every Friday night at the Dulles Hilton in the Red Fox Room with Sue and Gary Caley. Drop-in beginner lesson included in price of admission from 8:30-9 p.m. Live music from 9 p.m. to midnight. Cost is \$15. All ages welcome, large dance floors, air conditioned. Hilton Washington Dulles Hotel, 13869 Park Center Road, Herndon.
• Aug. 15 — Rockin Bones.


SATURDAY, AUG. 16

5th Annual DemocracyFest. Political festival for liberal activists. Aug. 16-17 at the Holiday Inn in Dulles, VA. For more information, or to purchase tickets, visit <http://www.DemocracyFest.net>
Audiences set sail with a true son-of-the-seas, Pirate Jack on Saturday, Aug. 16 at E.C. Lawrence Park. His colorful costuming, energy and mastery of traditional instruments have hoisted sails and spirits from Sea World and Disneyland to the Chesapeake on the original Bounty. This musical sea voyage explores the ports and lifestyles of those who sailed the seas of the 1800s. Their diversity of culture is revealed through the songs they sang.
A fund-raising lunch will be held to raise money for Little Rocky Run resident **Crysta Fischer**, who is training with Team in Training to run/walk the Nike Women's Marathon in San Francisco on Oct. 19, to benefit The Leukemia & Lymphoma Society. Saturday, Aug. 16 from 11 a.m.-1 p.m. at Bonefish Grill, 6315 Multiplex Drive, Centreville. The price is \$25/adult and \$10 for children 12 and younger.

SEE WORTH NOTING, PAGE 11


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No man has a good enough memory to make a successful liar.
—Abraham Lincoln

Road Project Moving Along

FROM PAGE 7

sections, the sooner we can make a big difference in traffic flow," he said. "Our current schedule is to have all these interchanges done by fall of 2009."

ANOTHER REASON that these intersections are able to be built, at all, is because of the establishment of the special, Route 28 Tax District, more than 20 years ago. Then, in October 2006, they received a further boost from the Fairfax County Board of Supervisors.

At that time, the board authorized county staff to move forward with a Route 28 Tax District contract amendment that provided a combination of grant and loan money from the state to construct the interchanges.

The board also authorized the sale of Fairfax County Economic Development Authority (EDA) Route 28 Tax District revenue bonds for additional funding. These actions accelerated the road improvements by at least five years from their original estimates.

Meanwhile, area residents and motorists are look-



Traffic is heavy on Route 28 at the Willard Road intersection at lunchtime.

PHOTO BY BONNIE HOBBS/CENTRE VIEW

ing forward to someday getting some traffic relief on Route 28, courtesy of the Willard Road interchange. And VDOT has its eye on the even larger picture. Said Miller: "Once all these interchanges are completed and operational, it'll be a straight shot from Fairfax all the way up to Route 7."

For further information about these projects — as well as project updates and news of traffic alerts and lane closures — see VDOT's Web site at www.28freeway.com.

WORTH NOTING

FROM PAGE 10

Open to the public! Go to <http://pages.teamtraining.org/nca/nikesf08/cfischer>

The Starlight Cinema Family Drive-In Movie series will be shown at the parking lot of the Trinity Office Building, 5875 Trinity parkway, Centreville. Gates open at 6 p.m., pre-movie activities start at 7:30 p.m., films are shown at dark. Go to <http://www.fairfaxcounty.gov/parks/performances/>

♦ **"Harry Potter, The Order of the Phoenix"** — This film follows the darkest year yet for the young wizard. Harry Potter has to battle the Ministry of Magic as they seize more power at Hogwarts and refuse to believe that the evil Voldemort has returned. Harry's overwhelming school work, changes in the Quiddich team and the increased threat from his nemesis make for his most challenging year.

AUG. 16-17

Sully Historic Site will be hosting a Civil War Encampment on Aug. 16-17. There will be both Confederate and Federal soldier re-enactors, and artillery & infantry demonstrations. Civilian re-enactors recreate the daily experiences of Northern Virginia residents during the early years of the Civil War. Play historic games and enjoy music on the lawn performed by local duo, Evergreen Shade. On Saturday, see a parade of 19th century fashions and learn what you need to be a re-enactor. Call 703-437-1794 or by email: Briget.mcardle@fairfaxcounty.gov.

WEDNESDAY, AUG. 20

Learning for Retirees. Registration for the Fall 2008 term of the Osher Lifelong Learning Institute (OLLI) begins Wednesday, Aug. 20. OLLI is a nonprofit membership organization affiliated with George Mason

University, providing academic courses and cultural opportunities for retirees and active older adults in Fairfax, Reston, and eastern Loudoun. Call 703-503-3384 or email olli@gmu.edu to request a catalog. For complete information, see the web site: www.olli.gmu.edu.

Chick-fil-A at Fair Oaks Mall hosts "Family Night" every Wednesday from 5-7 p.m. Every week there is a free, different activity to entertain children of all ages. Call 703-279-1883 or email at CFAEVENTS@aol.com.

♦ Aug. 20 — Mr. Don's Sing Along!
♦ Aug. 27 — Face Painting!

THURSDAY, AUG. 21

Mothers First — Chantilly/Centreville is a nonprofit support organization dedicated to helping women who have chosen to alter their careers to raise their children at home. Meetings are first and third Thursdays at 10:15 a.m. at the Centreville Regional Library, 14200 St Germain Dr., Centreville. Contact 703-827-5922 or www.mothersfirst.org.

SATURDAY, AUG. 23

The Food Allergy & Anaphylaxis Network's (FAAN) Walk for Food Allergy: Moving Toward a Cure, will take place Saturday, Aug. 23 at 9 a.m. at Bull Run Regional Park. The park is located at 7700 Bull Run Drive, Centreville. Registration for the Walk for Food Allergy in all cities is online at www.foodallergywalk.org.

The Fairfax Symphony Orchestra's OTO Brass Quintet will perform Saturday, Aug. 23 at E.C. Lawrence Park. "OTO Brass Quintet" is the Fairfax Symphony Orchestra's introduction to five of the brass instruments that add brilliance to an orchestra's sound.

The Starlight Cinema Family Drive-

In Movie series will be shown at the parking lot of the Trinity Office Building, 5875 Trinity parkway, Centreville. Gates open at 6 p.m., pre-movie activities start at 7:30 p.m., films are shown at dark. Go to <http://www.fairfaxcounty.gov/parks/performances/>

♦ **Saturday, Aug. 23 — Transformers** — Based on the cartoon from the 1980s, this action adventure pits the Autobots against the evil Decepticons. When the two intergalactic races wage war, they choose Earth as their battleground. A show is on the way as the machines change shape between cars, trucks, planes and other technological creations.

SUNDAY/AUG. 24

The Republican Women of Clifton are hosting their 1st Annual BBQ and Candidate Meet and Greet on Sunday, Aug. 24. Rain or shine from 4-7 p.m. Meets at 6900 Clifton Road. All further details can be found on www.CliftonGOP.com.

TUESDAY/AUG. 26

It's time for all Westfield Bulldogs, fans, parents and the extended community to bring their appetites and help support the school at the Bulldog Barbecue. The barbecue will be held, rain or shine, On Tuesday, Aug. 26, from 5 to 8:30 p.m. at Westfield High School, 4700 Stonecroft Blvd. in Chantilly. WHS students, their families, and the surrounding community are invited. While the barbecue is the school's primary fund-raising event for the academic, theater, athletic, choral and music booster groups, and the PTSA, students can also pick up their student schedules and back-to-school packets, P.E. uniforms, buy lunch cards, pay class dues, reserve their school yearbooks and enjoy performances by WHS students.

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Chantilly/Oak Hill, Centreville/Clifton, Fairfax

Contact: **Karen Washburn**
kwashburn@connectionnewspapers.com

All listings due by Mon. at 3pm.

Students from the Chantilly High Music Department will be sponsoring their annual "Tag Day" on Saturday, Sept. 13 from 9 a.m. to 1 p.m. During this event, band, choral and orchestra students from Chantilly High School will be canvassing local neighborhoods requesting tax-deductible cash donations in support of the many outstanding music programs offered at Chantilly High.

In return for donations, supporters will receive a "tag" or donation receipt that can be exchanged for two tickets to one of several fall concerts offered by the music department. This is the biggest fund-raiser of the year for the Music Department and donations go a long way towards keeping music education alive and growing in the community.

For more information, contact Becky Green at 703-689-3209.

A student from Chantilly High School spent this week planning a mission to Mars at the Virginia Aerospace Science and Technology Scholars Academy at NASA's Langley Research Center in Hampton, Va. Chantilly High School rising senior Shawn Mittal was one of 43 students who took part in the VASTS Academy July 27 to Aug. 1 hosted by NASA Langley in a partnership with the Virginia Space Grant Consortium. Prior to the academy, Mittal completed a three-month interactive online program that challenged him to help create a plan for sustaining a human presence on Mars. Mittal worked with a team that dealt with a specific challenge of operating an outpost on the red planet. Mittal and his teammates also built, programmed and tested robots, toured NASA labs and facilities, and interacted with NASA researchers, scientists and astronaut D. Thomas Jones. Mittal said

that that the program was a good opportunity to get first-hand experience working with NASA engineers.

Stone Middle School will hold its Panther Prep Night on Wednesday, Aug. 27 from 4-7 p.m. At that time, parents will be able to purchase student uniforms, fill out forms, sign up for BlackBoard and get their child's schedule.

Stone Middle School will hold its Back-to-School Night Wednesday, Sept. 10 at 6:45 p.m. It's for both grades 7-8, and parents will be directed where to go after they arrive.

Willow Springs Elementary will hold an Open House on Thursday, Aug. 28 from 1-3 p.m. It's for new and returning students to meet their teachers and see where their classrooms are.

Willow Springs Elementary will hold its Back to School nights Monday, Sept. 15 for grades K, and 4-6, and Tuesday, Sept. 16 for grades 1-3. Both events start at 7 p.m.; parents will meet in the lobby and then go to their children's classrooms.

Pleasant Valley Preschool is currently enrolling for the 2008/09 school year. This is a cooperative preschool with classes available for 3- and 4-year-olds. The school is located in the Greenbriar Community Center, 4615 Stringfellow Road, Fairfax. Call 703-378-6911 or visit the Web site at www.pleasantvalleypreschool.com.

Prior to reporting to school, every student entering the sixth grade in Fairfax County Public Schools during the 2008-09 school year is required to

receive a booster dose of the tetanus, diphtheria, acellular pertussis (Tdap) vaccine if at least five years have passed since the last dose of tetanus toxoid-containing vaccine (DTP, DTaP, DT, or Td) was administered. Effective with the 2006-07 school year, Virginia law requires that students cannot begin school in the fall without documentation of having had the Tdap booster or having had a tetanus-containing vaccine within the past five years.

Each student who is 11 years old should get the Tdap immunization, and his or her parent or guardian should provide documentation to the school as soon as possible. The Tdap booster vaccine can be obtained from a pediatrician's office or from the Fairfax County Health Department. Fairfax County Health Department clinics will administer the vaccine at no charge on Mondays and Wednesdays from 8 a.m. to 3:30 p.m., on Tuesdays from 10 a.m. to 6 p.m., and on Fridays from 7:30 a.m. to noon at the following locations:

◆ Herndon-Reston Clinic, 1850 Cameron Glen Drive, Suite 100, Reston, 703-481-4242.

◆ Springfield Clinic, Cary Building, first floor, Suite A100, 8136 Old Keene Mill Road, Springfield, 703-569-1031.

◆ Joseph Willard Health Center, 3750 Old Lee Highway, Fairfax, 703-246-7100.

A student receiving the vaccine at a Fairfax County health clinic must be accompanied by a parent or guardian and should bring the current immunization record with him or her to the clinic.

Visit <http://www.fairfaxcounty.gov/hd/hdclinicsite.htm> for up-to-date information on clinic times and locations.

Questions should be directed to the public health nurse at the neighborhood school.

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Chantilly American Wins 10-11 State Title

The Chantilly American All-stars defeated West Springfield 10-0 in four innings to claim the Virginia State 10-11 year old title. Chantilly American cruised through both the district and state tournaments, winning both championship games in four innings.



PHOTO CONTRIBUTED

Stingrays are CSL Blue Division Champs

The Armfield Farm boys 13-14 medley relay team consisting of Harlan Mantelli, Matt Louis, Brady Caslavka and James Kovach celebrates after winning their event. Not only did their victory help defeat Chantilly National by a narrow margin of 14 points, but they broke Armfield Farm's own pool record for the event. Armfield Farm ended their season as the CSL Blue Division champs.



PHOTO CONTRIBUTED

Bluehens Win SYA Middle School Championship

On Aug. 6, the SYA Bluehens won the Middle School SYA league championship, 59-53. With the win, the Bluehens finished 12-1 on the season and avenged their only loss of the summer. The Bluehens were coached by Doug Sawitzky. Pictured, top row, from left, Coach Doug Sawitzky, Mike Bowanko, Nate Robertson, Daniel Frick, Joon Cho, Zain Khan, Ethan Kalcheff. Bottom row, from left, Badri Salih, Mike Sullivan, Nick Collins, David Verguard.



PHOTO BY MICHAEL K. BOHN/CENTRE VIEW

Price Wins Senior Amateur

In the 2008 Northern Virginia Senior Amateur at Arlington's Washington G&CC, John Price from Chantilly won on the second play-off hole. After a first round 75, Price closed with a smooth second round 68, despite windy conditions. He finished in a tie with Sterling's Bob Gardner, both at 143. Tied for third were Peter Jacobi, Bill Stout, and Stan Williams, all from Arlington.

Vigotsky Wins Four-Ball Tourney

Westfield golf coach wins event at Belle Haven.

BY MICHAEL K. BOHN
CENTRE VIEW

business consultant, he also coaches the golf team at Westfield High School.

Belle Haven Country Club in Alexandria hosted the ninth annual Holden Cup on Aug. 4-5. An eclectic group of amateurs and professionals played a combined one-day pro-am and a two-day pro event. The tournament raised \$85,000 for the Prevent Cancer Foundation. Alexandria resident and Belle Haven member Charlie Holden sponsors the event, which has raised a total of \$500,000 since 2000.

Centreville amateur Tim Vigotsky teamed with Wayne DeFrancesco, PGA, to win the pro-am four-ball competition. They won on the second play-off hole after tying Faber Jamerson, PGA, and Michael Williams from Falling River CC in Appomattox, VA.

"It was sweet to both win in my old neighborhood and play such an outstanding golf course," said Vigotsky, who grew up in the Mount Vernon area. Vigotsky, who sees DeFrancesco two or three times annually for swing tune-ups, plays to a plus-three at the Robert Trent Jones GC in Gainesville, VA. A

RICK SHULLER, PGA Teaching Professional at Swader's Sports Park in Petersburg, VA, won the pro tournament for the second straight year. He shot a 6-under, 71-67-138 to tie Roanoke's Chip Sullivan, PGA, at the end of regulation. On the first play-off hole, Schuller sank a twenty-foot birdie putt to win the \$5,400 first prize.

"I went 6-under in the first seven holes," Schuller said, describing his final round. "Although I doubled the eighth and ninth, I birdied sixteen and seventeen to get into the play-off."

Sullivan, the PGA director of golf at Ashley Plantation GC in Roanoke, VA, won the 2007 national club pro championship. That win garnered him exemptions into six PGA Tour events, and he has made the cut in three of his first five starts. His latest was the Reno-Tahoe Open, which finished August 3, the day before the Holden Cup. Tied for tenth after his third round 65, he struggled to a final round 78 and a T49.

FAITH

Lord of Life Lutheran Church is holding ESL Classes Tuesdays and Thursdays, starting Sept. 30 through Dec. 11. For Basic, Intermediate and Advanced. Everyone is welcome. Registration is Tuesday, Sept. 23 from 7-9 p.m. Cost is \$10, and \$25 for the book. Lord of Life Lutheran Church is at 5114 Twinbrook Road, Fairfax. Call 703-323-9500. Go to: www.lordoflife.lutheran.com

Unity Life Center. The Rev. Terry Dearnore's "Prosperity" series in August. Service and Youth Ed, Sundays 10 a.m., Unity Life Center, 14088-C Sullyfield Circle, Chantilly. Call 703-263-7645 or visit www.unitylife.org.

"The Body is My Temple Camp" to jump start your brain for back-to-school. Different learning styles accessed and Brain Gym exercises taught in a fun, move your body, inspirational Unity way. Camp info: Aug. 18-22, 8:30-11:30 am, \$125, instructors Brain Gym certified, Unity Life Center, 14088-C, Sullyfield Circle, Chantilly, contact Unity Life Center 703-263-7645 or Deborah Dillard 703-815-9073.

Congregation Yad Shalom of Centreville provides a variety of programs in a traditional format with a

modern flair. It openly invites inquiries about participation in these activities by the community. There are a number of activities for the family for the new year:

❖ Summer is almost over. Ask about the K-2 Hebrew school for the children. Check out the extensive variety of educational opportunities with the congregation.

❖ The holidays are just around the corner. Call Yad Shalom - join us for services and celebrate the New Year!

For further information and/or directions, contact the Congregation at 703-579-6079, or visit the Web site at www.yadshalom.com.

Lay-led, short, fun, interactive services will be held for Rosh Hashanah and Yom Kippur. Rosh Hashanah services will be on Monday, Sept. 29 from 6-7 p.m. Morning services will be on Tuesday, Sept. 30, and Wednesday, Oct. 1 from 9 a.m.-11 a.m. Yom Kippur services will be on Wednesday, Oct. 8, from 6-7 p.m. Morning services will be on Thursday, Oct. 9 from 9 a.m.-11 a.m. The cost for all the services is \$18/adult and children under 13 are free. All services will be held at Little Rocky Run Rec. Center #3, 13900 Stonefield Drive, Clifton. Hear the shofar, dip apples in honey, taste the round challah, sing, pray and reflect. RSVP and payment due by Sept. 21 to Congre-

gation Yad Shalom, P.O. Box 1557, Centreville.

Questions to yadshalom@yadshalom.com or 703-579-6079. Congregation Yad Shalom's Shalom Jewish Children's High Holiday Services are open to all in the community.

Gospel singer-composer Andre de Villiers of South Africa will perform in a free concert on Sunday, Aug. 17 at 6 p.m., at Jubilee Christian Center. Also, there will be a free picnic at the church on Aug. 17, following the 11 a.m. Worship Service. 4650 Shirley Gate Rd., Fairfax. Call 703-383-1170. www.jccag.org.

Wellspring Church welcomes Pastor Richard Thayer for this week and Aug. 17. Thayer is a hospice chaplain, and former pastor for Wellspring and for the Reston United Christian Parish. Wellspring's Sunday worship is at 11 a.m., at the chapel on Route 29, 13510 Lee Highway, Centreville. The chapel is on the north side of Route 29, west of the Lee Highway-Union Mill Rd. intersection.

Sunday School for children meets during the worship hour. Following worship there is a fellowship hour with fair trade coffee and treats, and visitors are welcome.

The Immigration Forum group will

have a planning meeting on Tuesday, Sept. 9 at the Centreville Library. Check the Web site, wellspringucc.org, or call Sara Little at 703-257-4111 for information on this and other special events.

Wellspring United Church of Christ is thoughtful, prayerful, justice-seeking, and Open and Affirming to seekers of all backgrounds. Worship is informal.

Jubilee Christian Center announces a revised schedule for Wednesday evenings in August. There will be no Wednesday evening service on Aug. 20. The regular Wednesday evening service and family activities will resume on Aug. 27 at 7:15 p.m. Jubilee Christian Center is located at 4650 Shirley Gate Rd., Fairfax. Call 703-383-1170. See www.jccag.org.

Lord of Life Lutheran Church is hosting an Open House at its new facility at 13421 Fair Lakes Dr, Centreville, 10 a.m. -noon, Aug. 16 and 23. The community is invited to tour the building and learn about programs and ministries.

❖ Aug. 16 — free car wash;
❖ Aug. 23 — free hot dogs and snow cones;
Go to www.lordoflifelutheran.com.

"Brethren In Harmony," A Male a cappella Christian Barbershop Sound,

will be held on Sunday, Aug. 17 at 6 p.m. at Oakton Baptist Church of Chantilly. The church is located at the corner of Sullyfield Circle and Route 50 in Chantilly. A freewill offering will be received. Call 703-631-1799.

DivorceCare is a 13-week, Christ-centered, divorce recovery program which helps participants face the emotional, physical, and spiritual challenges of separation and divorce and moves toward the rebuilding of lives. The class is limited to 12 people and will be held at Centreville United Methodist Church on Sunday nights from 7 - 8:30 p.m., beginning on **Aug. 31**. The leader is Richard Focht (703-802-1095). The cost is \$15 for the workbook.

Lord of Life Lutheran Church's second location, 13421 Twin Lakes Dr., Clifton, is now open. Everyone is invited to worship services at 10 a.m. on Sunday. Call the church office at 703-323-9500 or go to www.lordoflife.lutheran.com.

Shalom Jewish Children is a fun, hands-on Jewish educational program for young children based on experiential learning. Each session is about Jewish holidays, values and celebrations. Meets

SEE FAITH, PAGE 15

Communities of Worship
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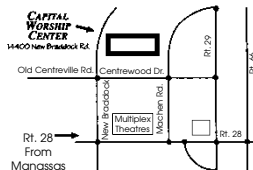
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Clifton Baptist Church...703-263-1161

Second Baptist Church...703-830-1850

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Ox Hill Baptist Church...703-378-5555

BIBLE

Chantilly Bible Church...703-263-1188

Community Bible Church...703-222-7737

CATHOLIC

St. Andrew The Apostle Catholic Church...703-817-1770

St. Clare of Assisi Catholic Church...703-266-1310

St. Paul Chung Catholic Church...703-968-3010

St. Timothy Catholic Church...703-378-7461

St. Veronica Catholic Church...703-773-2000

CHRISTIAN SCIENCE

Christian Science Society...703-818-8914

CHURCH OF CHRIST

Centreville Church of Christ...703-815-0617

Fairfax Church of Christ...703-631-2100

CONTEMPORARY CATHOLIC

One Spirit Catholic Community...703-818-8080

FAITH

FROM PAGE 14

in Centreville at the Rocky Run Recreation Center. Contact Gloria Pioso at yadshalom@yadshalom.com or call 703-579-6079.

❖ These are the days when Shalom Jewish Children will be followed by Shabbat services at 10 a.m. Visit www.yadshalom.com for updates, directions, details, and membership information. Shalom Jewish Children is free for members of Congregation Yad Shalom.

Craft Vendors are needed for Centreville United Methodist Women's Bazaar scheduled for Saturday, Nov. 8 from 9 a.m. to 3 p.m. at the church, 6400 Old Centreville Road; contact psbyers@verizon.net.

Attention Crafters: Saint Timothy School in Chantilly has openings for its Craft Fair on Saturday, Nov. 22. Download an application and registration form at www.sainttimothyschool.org. Call Karen Yee at 703-803-0460.

Temple Beth Torah is a Reform Jewish congregation and member of the Union of Reform Judaism (URJ) that meets at St. John's Episcopal Church in Centreville. Religious school is held at the Goddard School in Chantilly. The

congregation offers the Northern Virginia Jewish community services that provide numerous spiritual, educational, support and social opportunities including religious school for member children age 3 through Bar/Bat Mitzvah and confirmation. The congregation welcomes all members of the community to attend any of its services or events. Call 703-263-2252 or visit www.BethTorah.net.

Recovery and Support Care Groups at New Life: Passion for Community in cooperation with New Life Christian Church has an ongoing recovery and support groups for people suffering with various addictions, destructive and dysfunctional behaviors, or who just need some support. These groups are a safe place to receive support and healing. Contact Lucy Martinez at 703-222-8836.

❖ Recovery Connection (12-step group), Sunday's at 9:30 a.m. at Westfield High in Chantilly;

❖ Food Freedom (a women's group; 12-step group), Sunday's at 9:30 a.m. at Westfield High in Chantilly;

❖ Single Mom's support Group, Saturday's at 9:30 a.m. in Centreville (call for location);

❖ Authentic Masculinity Men's Group, Thursday's at 7:30 p.m. in Chantilly (call for location).

Working To Provide School Supplies

FROM PAGE 4

tion in the project fits into its community involvement mission. "We want to help underprivileged children in our community," said Lam.

E.R. Anderson, Wal Mart's regional media director, said 2008 marked the 10th year the company has been involved with Kids R First projects. "It's important to be a part of the community," she said. Anderson said that Wal Mart's involvement is also important because of the economic environment, which may persuade people from contributing to organizations such as Kids R First. "These are tougher times," she said.

Another company who sent volunteers to Langston Hughes on Wednesday is JK Moving & Storage, a family-owned company operating in

the area for more than 25 years. It became involved with Kids R First last year, helping the nonprofit store and then distribute its supplies to the schools and students it serves. "It's a good way to give back," said Jennifer Hoyer, a marketing director at JK. "I think it's a great organization," she said of Kids R First. The company has conducted several pickups and drop-offs for the nonprofit this year and Hoyer said she hoped it could help Kids R First expand its operations to serve schools in other parts of the Washington metropolitan area.

Meanwhile, Kids R First will continue to operate with the help of its trusty volunteers, such as Heck. "Oh I'll be back," she said. "They were worried I was going to leave and not come back, but I'll be back."

"I thought it was actually kind of fun. I just came to help out and they were nice and they were funny."

— Ashley Heck, Kids R First volunteer

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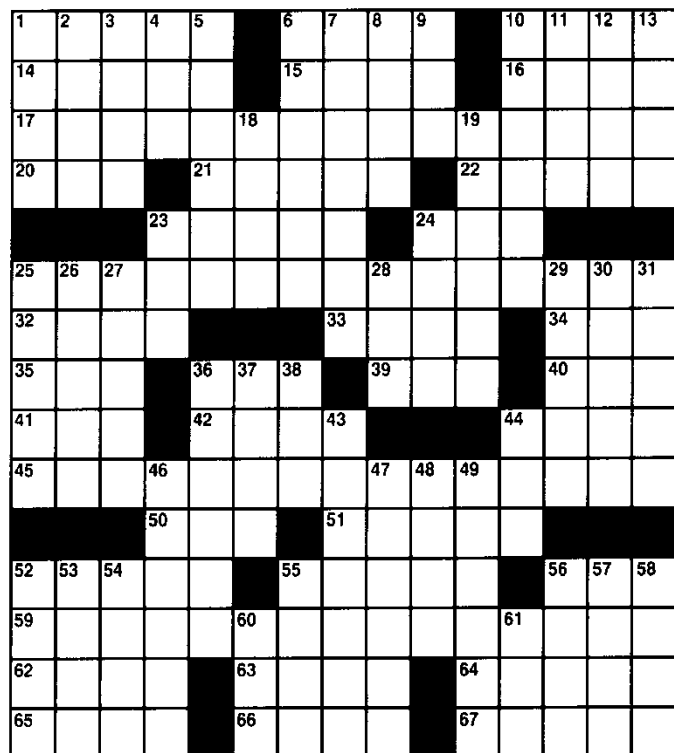
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NEW YORK TIMES CROSSWORD

Edited by Will Shortz

No. 0323-4



Puzzle by Nathaniel Weiss

ACROSS

- 1 Ayatollahs' predecessors
- 6 Gunslinger's command
- 10 "Oh, my!"
- 14 Hooded snake
- 15 Othello's false friend
- 16 "I'm _____ you!"
- 17 Start of a quip
- 20 Summer shirt, informally
- 21 Mallards' homes
- 22 Metric volume
- 23 Place for a 45
- 24 Clinch, as a deal
- 25 Part 2 of the quip
- 32 Son of Venus
- 33 Stiff denial
- 34 Old polit. cause
- 35 Dosage unit
- 36 Caribbean music
- 39 Ovine utterance
- 40 A major, maybe
- 41 Hydrocarbon suffix
- 42 Paris recreation area
- 44 Lucy's partner
- 45 Part 3 of the quip
- 50 Entanglement

- 51 Encumbrances
- 52 One who grins and bears it
- 55 Greek S
- 56 Biol., e.g.
- 59 End of the quip
- 62 Novelist Waugh
- 63 Tallow source
- 64 Words before sight and mind
- 65 Entanglement
- 66 Stumbles
- 67 Query before "Here goes!"

DOWN

- 1 "Out!"
- 2 Balderdash
- 3 Strong of body and mind
- 4 Charlemagne's realm: Abbr.
- 5 Early Greek lyric poet
- 6 1934 quintuplet as a throat
- 7 Forcefully stuff, as a throat
- 8 Turkish generals
- 9 Took the trophy
- 10 Chin beard
- 11 _____ and for all
- 12 Move
- 13 Place for a run
- 18 Warner Bros. creation

- 19 Resort island off Naples
- 23 Word in a price
- 24 Whit
- 25 "The Terminator" woman
- 26 Yemeni's neighbor
- 27 E-mail need
- 28 Play _____ with (damage)
- 29 Belgian composer Guillaume
- 30 Newspapers, with "the"
- 31 "Don't mince words!"
- 36 Oration
- 37 Henry Kissinger biographer Marvin
- 38 Canine cry
- 43 Thickness
- 44 Radio staff, for short
- 46 On/off _____
- 47 Tourist attractions
- 48 Prefix with spherical
- 49 Captivate
- 52 Defraud
- 53 It may be spun
- 54 Half of binary code
- 55 Disparagement
- 56 _____ good example
- 57 Oaf
- 58 Conjectural
- 60 Ethnic suffix
- 61 "So _____ me!"

ANSWER TO PREVIOUS PUZZLE



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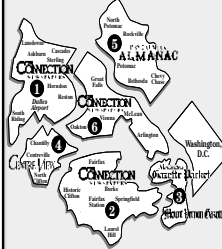
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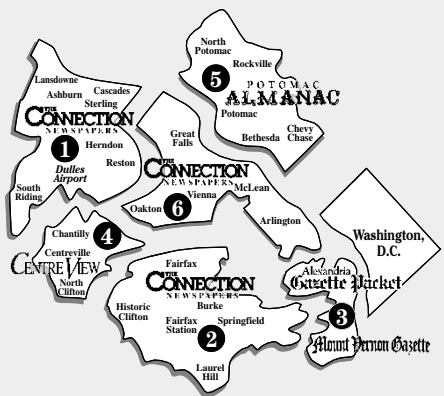
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A Friend, Indeed



By KENNETH B. LOURIE

Sometimes it takes visits from old friends to show you that who you thought you were, you actually are. The kinds of friends who were there for you — and with you — at the beginning. The kinds of friends who know where you came from and now, in person, and after years of multiple long distance phone calls, can see where you've gone. The kinds of friends whose opinions you respect, whose loyalty you admire and whose friendship you cherish. It's when these kinds of friends speak that you should listen. And listen I did in late June when my oldest, and best friend from High School (Newton South High School, Class of '76, Newton, Ma.), Cary and his wife, Mindy, flew into Reagan National for a two-day visit, our first face to face since February 2002, (2'02'02) the date of their youngest son, Jordan's, Bar Mitzvah, and the reason for our last trip to Boston/Needham.

Though Cary and I didn't attend any of the same schools before high school, soon after we met in 10th grade, we became instant friends. And over these last 35 years, our friendship has evolved and matured and sustained itself through our respective marriages and no divorces, deaths of family and friends, occasional disease (nothing too serious, though, thank God!), the birth of their three sons, the purchase of our first homes and many other highs and lows and successes and failures too numerous and typical to mention. Through it all, we've always been a phone call away. But due to Cary and Mindy's initiative this year (their "summer tour," as they called it), "a phone call away" was not going to suffice. And so airline reservations and hotel accommodations were made on a mutually convenient weekend for the Sneider's return trip to Washington, D.C., their first since the '90s, while attending what was then, a semi-annual Candy Show (Cary's in the candy business), held that year in the old Convention Center. And though I had been in Boston many times previously to visit (three High School reunions, two Boston Celtic basketball games, three Sneider Bar Mitzvahs), we had never just had a normal-type weekend without some kind of event dominating.

This visit, however, during the second to last weekend in June, was not dominated by anything. It was simply about two old friends, and their wives, hanging out; no agenda, no schedule, no timetable, no nothing — just time together. And believe me, it was time well spent. And though the weekend (Friday afternoon and evening) got off to a bumpy start with Cary experiencing some air travel-related nausea that had him indisposed through dinner, the rest of the weekend saw two friends reconnect, in person, and gave us an opportunity to tell our tales and walk our respective walks and find out if who we think we are is still someone with whom, after all these years and life's experiences, the other would find amusing, agreeable, acceptable and stimulating quite frankly, and we did (in my opinion, anyway; his too, he's just not in print to confirm it). In short, it was like old times, 35 years later, in the blink of an eye, and nothing had changed. Best friends then, best friends now. What a weekend!

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.



PHOTO BY BONNIE HOBBS/CENTRE VIEW

Flower vendor Kristie Basta (left) with Ellen Deeb, buying lilies.

Harvest in a Parking Lot

FROM PAGE 9

"The flowers you see at grocery stores come all the way from California or Hawaii or another country," said Basta. "But at a farmers market, you know they're local. And in our case, our flowers are cut one or two days before the market, so they're very fresh."

Henry Eastwood of Washington, Va., sold Japanese maples and dwarf plants of conifers, plus some deciduous plants such as dawn redwood and ginkgo biloba — which has leaves shaped like stylized hearts, with scalloped outer edges.

The maples come in different shades of red, green, yellow, orange, maroon and purple. "We also have one called a dancing peacock because the leaves change color several times — even after they've fallen from the trees, so they're pretty cool," said Eastwood.

His business is done mainly by mail order; call 540-675-1234, and plants cost \$30-\$150. "When we sell the plants, they're already acclimated to this area, so they'll grow well, right away and won't take years to re-

establish themselves," he said. "We also take in a much-larger root mass since we dig them by hand."

This is Eastwood's first year at the farmers market and he's pleased with Whole Foods' attitude toward the vendors. "The store is so supportive and the people are gracious," he said. "They even come out and bring us fruit and water. They're like a wonderful neighbor."

Darcy Whitlock of Blacksburg came to the market with her parents, Dan and Debbie Williams of Gainesville. "I'm excited," said Whitlock. "I hope this catches on. We've gotten nectarines, corn, apple-cinnamon bread and heirloom-tomato Bloody Mary mix for Dad."

"I wish I knew this was here, earlier," said her mother. "I love farmers markets because things are fresh, not processed." Besides that, said her dad, "It's a great idea because it's a pleasant alternative to going grocery shopping. And sometimes, you can find things you can't find in the stores." Added Whitlock: "As good as things are in Whole Foods, it's nice to be able to buy things out here, too."



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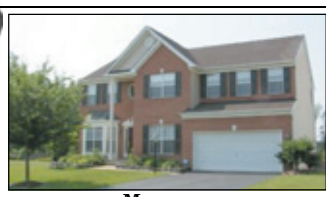


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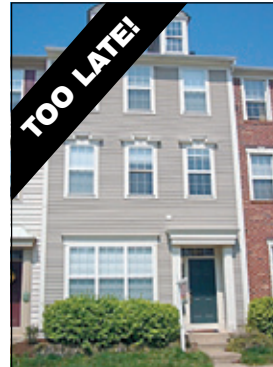
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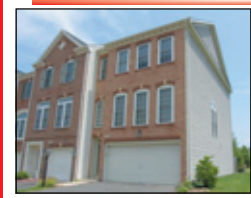
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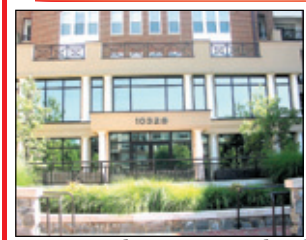


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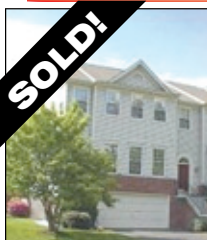
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3 BR, 2 1/2 BA Split Level Newer Roof, AC, Windows Semi-Rem. Kitchen & Sec. System Enc. Sun Room w/Hot Tub Din., Fam., & Rec. Room Pets - C-B-C **\$1,850/mo - Avail. 7-1-08**



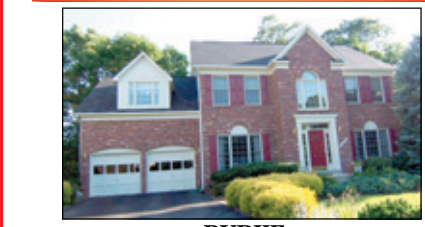
Providence Square

Spectacular 2BR/2BA condo in Fairfax City. Upscale elevator bldg w/garage parking. Unit has gourmet kitchen, hardwoods, fireplace, huge dining/living/sitting area w/view of tall trees & blue skies. Close to shopping, bus route.
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Fairfax

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