

# Helping Students In Need

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Ashley Heck has volunteered for Kids R First for more than seven years. The nonprofit will serve 14,000 students on free and reduced lunches in 85 schools in the upcoming school year.

## 'No' to No Loitering

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## Keeping Rail On Track

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**‘No’ on No Loitering**  
Town Attorney advises against loitering ordinance.

Richard Kaufman, the Town of Herndon Attorney, recommended against the adoption of a loitering ordinance that would have effectively dismissed day laborers off of two Herndon streets.

The ordinance would have prohibited loitering — defined as “to stand idle, to loaf, to saunter, to delay, to linger, to lag behind, or to walk about aimlessly in a place, at a time, or in a manner not usual for law-abiding individuals” — on portions of Elden Street and Alabama Drive, where many day laborers seek work. It is based on a law passed in Virginia’s General Assembly this year, which prohibits loitering in public right-of-ways when it poses a public safety hazard and signs against it are posted.

Kaufman’s memo to Mayor Stephen DeBenedittis and the Town Council states: “I would not recommend use of this street loitering ordinance against normal day workers or group of day workers.” Kaufman concluded that the

2008 law is unconstitutional. One of the main reasons why loitering ordinances are invalidated in courts, he wrote, is that they “violate due process of law or free expression rights because they are so vague that the public does not know what is illegal or are so broad that even innocent conduct is rendered illegal.”

In addition, Kaufman wrote, “No loitering ordinance would prevent or eliminate the day worker site. The individuals who wait for work are not loitering.”

Kaufman suggested that the Town Council should seek an amendment to the 2008 law during the next General Assembly session that would render it constitutional. He offered to draft the bill “to remove the legally troublesome word ‘loitering’ and focus on specific behaviors that cause public safety hazards in streets.”

The mayor and Town Council waived confidentiality rights in order to release Kaufman’s memo to the public.

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PHOTOS BY MIRZA KURSPAHIC/THE CONNECTION

**Kids R First and Wal Mart volunteers celebrate the \$2,000 donation the corporation awarded to the Reston nonprofit**

## Volunteering To Provide School Supplies

**Kids R First will serve 14,000 students in 85 area schools this year.**

BY MIRZA KURSPAHIC  
THE CONNECTION

**A**shley Heck was only entering seventh grade when she first decided to volunteer with Kids R First, helping the Reston-based nonprofit organization purchase, organize and distribute school supplies to children on free and reduced lunches in area schools. The recent Dominion High School graduate has not missed a single opportunity to continue helping the organization, volunteering countless hours each summer since then.

"I thought it was actually kind of fun," said Heck of her first experience with Kids R First. "I just came to help out and they were nice and they were funny," she said. The Virginia Commonwealth University-bound student said her work helping the nonprofit with its mission of helping children of low-income families start a school year with supplies has definitely helped prepare her for the future.

For her efforts, Kids R First awarded Heck its Community Service Award at her graduation ceremony in June, accompanied by a college scholarship.

Prior to departing for Richmond this summer, Heck joined other volunteers at Langston Hughes Middle School on Wednesday, Aug. 6, to sort through the school supplies collected for the upcoming school year. Susan Ungerer, founder of Kids R First, said the nonprofit is serving more children than ever this year. About 14,000 students will receive school supplies as a result of the nonprofit's efforts. "We are helping more kids this year," said Ungerer. "We are expanding our service area, but also helping more kids within that," she said, a sign of the economic slowdown. Students in 85 schools in Reston, Herndon, Sterling, Ashburn, Centreville, Chantilly and specific neighborhoods in other areas of Northern Virginia will be handed supplies. In addition, the organization is also giving out \$45,000 in mini-scholarships through December through its College and Career Bound Program.

**ANOTHER CHALLENGE** resulting from the current economy is the rising cost of school supplies. Last year, said Ungerer, every dollar the organization spent to buy the supplies equaled between \$3 and \$4 of the supplies' fair market value. This year, a dollar buys about \$3 of supplies. However, community involvement and support are



**Kids R First volunteer Clara Johnson and board member Pat Orend prepare school supplies for students in Reston's Sunrise Valley Elementary School.**

helping offset some of the additional expenses incurred. "We're having greater involvement from the community," said Ungerer, urging area residents to stay involved in helping the organization achieve its mission in the future. "People have been wonderful," she said. "They see the huge

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## Seeking Continued Support

**Rail to Dulles advocates redouble efforts to ensure federal funding.**

BY MIRZA KURSPAHIC  
THE CONNECTION

**W**ith the construction contract renegotiated at the end of July, Rail to Dulles advocates are preparing to submit the paperwork requesting full funding of \$900 million from the federal government for the extension's completion. They are calling on continued advocacy from area's political and business leaders, to ensure the federal funds are granted.

"Nothing in our democracy is accomplished without a strategic vision that is able to capture broad support," said Norman Mineta, a former U.S. Secretary of Transportation, addressing area leaders and rail advocates at a luncheon that focused on the future of the Dulles Corridor on Wednesday, Aug. 6.

James Bennett, president and CEO of the Metropolitan Washington Airports Authority (MWAA), said the renegotiated contract with Dulles Transit Partners, coupled with the federal approval for the project to move into final design, were all positive indicators. The construction of the extension is now planned to start next March. However, Bennett said, it is not a certainty that the federal government will release all of the \$900 million for the project. Bennett called for continued advocacy to get the money.

"We haven't secured it yet," said Leo Schefer, president of the Washington Airports Task Force. "And it is fairly fragile," he said. "If we have people who want to rock the boat, we'll have to work even harder."

**"If we have people who want to rock the boat, we'll have to work even harder."**

**— Leo Schefer, President, Washington Airports Task Force**

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### Get Involved

To learn more about Kids R First, visit <http://kidsrfirst.org>.

## Citizens Police Academy

The fourteenth session of the Herndon Citizens Police Academy will begin on Sept. 3. The program is designed to educate citizens concerning police operations within the Town of Herndon. It will meet on Wednesdays through Nov. 19, from 6 to 9 p.m.

The 12-week course presents an opportunity to experience police work and includes ride-alongs with officers, a trip to the firing range and a tour of the Fairfax County Adult Detention Center. Topics include criminal and narcotics investigations, community policing, traffic enforcement, firearms training, police K-9, crime scene investigation, general district court information and overviews on gang activity.

Participants must be 18 years of age or older. Town residency is not a requirement for participation. Applications may be downloaded at [www.herndon-va.gov](http://www.herndon-va.gov) and are also available at the Herndon Police Department or by contacting SPO D.L. Morgan at 703-435-6881 ext 2394 or by e-mail at [dexter.morgan@herndon-va.gov](mailto:dexter.morgan@herndon-va.gov).

## Homeownership Classes

The Virginia Housing Development Authority (VHDA) and local nonprofits are offering free homeownership classes in Northern Virginia throughout the month of August. They cover credit issues, personal finances, home inspections and roles of lenders and real estate agents. To become eligible for VHDA loans, a VHDA homeownership class must be completed. Classes will be offered in Herndon on Aug. 13 and Aug. 20, from 6:30 to 9:30 p.m. at the Northern Virginia Association of Realtors-Herndon Service Center, located at 520 Huntmar Park Drive. Call the Homeownership Education Hotline at 888-643-2696.

## Under the Stars on Saturdays

The "Music Under the Stars" summer concert series has moved to one Saturday a month and will feature "Trout Fishing in America," a Grammy-nominated family folk and storytelling group, on Aug. 16. The concert will begin at 7:30 on the Town Green, 777 Lynn Street in Herndon, and is free to the public.

## DemocracyFest in Dulles

The 5<sup>th</sup> Annual DemocracyFest, a political festival for liberal activists, will be held Aug. 16 and 17 at Holiday Inn Washington Dulles International Airport Hotel. Speakers for this year's event include Gov. Howard Dean, Jeffrey Feldman, Jim Dean, Charlie Grapski, Nathan Gonzalez, Ellen Garneau, Jen Sorensen, Scott Goldstein, Rep. Marcia Moody and Bernadette Vadurro. For more information visit <http://www.democracyfest.net> or call 802-483-4330.

## Giving Circle's Grant Cycle Open

The Giving Circle of HOPE, a Reston-based organization that provides help to nonprofits in Northern Virginia, has opened its 2008 grant cycle. Grant guidelines and applications are available at [www.givingcircleofHOPE.org](http://www.givingcircleofHOPE.org) or can be requested at [givingcircle@hotmail.com](mailto:givingcircle@hotmail.com). The applications are due Sept. 1. Grants of \$1,000 to \$5,000 will be awarded to organizations in December. Since inception in January 2004, the Giving Circle has given more than \$200,000 to 23 nonprofit organizations in Northern Virginia.

## Homes Tour Recreated

Herndon's civic groups are teaming up to bring back the Herndon Homes Tour as the Holiday Homes Tour of Herndon. Organizations participating in the tour will be asked to identify a house, decorate it for the holidays and provide tour guides for it. The Cultivating Community Initiative and the Herndon Dulles Visitor's Center will handle the tour's advertising, marketing and coordination.

Service clubs who would like more information on participation in the Tour can contact Connie Hutchinson at the Herndon Dulles Visitor's Center at 703-HERNDON. The tour will take place on Dec. 6, the traditional first Saturday of December, and the cost of the tickets will be \$10 in advance or \$15 on the day of the tour.

# Helping Neighbors

The 13<sup>th</sup> Annual Works Sunday will take place this week, with people of a variety of religious backgrounds coming together to help less fortunate residents. This year's event offers volunteer opportunities in 18 projects, which include health services, food donations and home maintenance among others.

"The purpose really is neighbors helping neighbors," said Barb Gouldey, a Reston resident who is co-chairing two service projects, a Health Fair in partnership with the Jeanie Schmidt Free Clinic at Herndon's First Baptist Church on Sunday, Aug. 17, and preparing a hot breakfast at Embry Rucker Community Shelter on Saturday, Aug. 16.

"It is finding opportunities to help neighbors and acting on it," said Gouldey, a member of the Herndon-



PHOTO CONTRIBUTED

**Some local residents, including state Del. Ken Plum (D-36), install a walkway at one of the Gabriel Homes in Herndon during the 2006 Works Sunday.**

## Works Sunday Projects and Beneficiaries

- ❖ Herndon Neighborhood Resource Center – new backpacks, school supplies and underwear for elementary school children collection
- ❖ Fairfax County Abused Women's Shelter – gift cards collection
- ❖ Herndon Harbor House Lunch – bring food
- ❖ Hunters Woods Fellowship House – Lunch, Interfaith Meditation and Sing-along
- ❖ Lake Anne Fellowship House – Protestant Worship Service, Lunch
- ❖ Filling Backpacks for Needy Children – Friday, Aug. 15, 1 – 5 p.m. at different locations
- ❖ Embry Rucker Community Shelter – Hot Breakfast on Saturday, Aug. 16, and Bag Lunches, bring supplies and participate in Game Night on Sunday, Aug. 17
- ❖ Food Drive for Reston Interfaith – local stores
- ❖ Health Fair for All Ages – need medical professionals and other volunteers for health checks and instructions
- ❖ Gabriel Homes Maintenance – residences for adults with intellectual disabilities
- ❖ Nursing Home Concerts – Sunday, Aug. 17, at Tall Oaks and Sunday, Aug. 24, at Sunrise Assisted Living
- ❖ Jeanie Schmidt Free Clinic – Supper for volunteers on Thursday, August 14
- ❖ Laurel Learning Center – New underwear and socks and used clothing for children

All projects take place on Sunday, Aug. 17, unless otherwise noted. For more information, including information about specific projects and their chairs, visit <http://workssunday.org>.

based Holy Cross Lutheran church. She said that Christian, Jewish, Muslim and other religious communities participate in this event, but that it is not limited to people who belong to congregations. "We are encouraging all people to get involved," said Gouldey.

Gouldey said area residents could help Works Sunday achieve its goals through participation.

"If [community residents] notice people doing things that are of service, they should participate," said Gouldey. To participate or to learn about specific projects, she suggested that those who wish to participate in a project contact a project co-chair. For more information on the projects, the co-chairs' numbers or to get involved, visit the event's web site at <http://workssunday.org>.

— MIRZA KURSPAHIC

# Shooting in Herndon

## Victim, 14-year-old Maryland boy, released from hospital.

Herndon Police officers responded to a call that a 14-year-old male had been shot between 9:30 and 9:45 p.m. on Sunday night, Aug. 10, in the 1000 block of Saber Lane.

According to Lieutenant Jeff Coulter of the Herndon Police Department, a vehicle had passed a group of people standing on the street and several shots were fired toward the group. A bullet hit a 14-year-old Maryland boy in the lower leg. He was taken to the INOVA Loudoun Hospital, where he was later released. The police are asking the public's assistance in locating a late 1990s greenish model of a Toyota Camry. No further details on the vehicle were available.

Coulter said the police have enlisted the help of the Northern Virginia Gang Task Force, although he stopped short of saying the incident was gang related. He said several of the people standing in the group that was targeted are known to have been involved in gang activity previously. Coulter added that police are working with about half-a-dozen witnesses, but was not sure whether they all were standing in the group that was shot at. He said not all of the group members were adolescents, some were in their mid-to-late 20s.

The incident may be linked to an altercation that took place earlier in the 1000 block of Elden Street.

"It wasn't a fight, apparently it was an exchange of words," said Coulter about the initial altercation. "We're not too sure of the timeline," he said, adding that the shooting took place "not too long after."

Anyone with information is asked to call the Herndon Police Department at 703-435-6846.

— MIRZA KURSPAHIC

# Group Demands Clean Energy

District constituents present petition to Wolf.

BY MIRZA KURSPAHIC  
THE CONNECTION

**N**ikki Jean, an 18-year-old college student from Sterling, is tired of talking about solutions for a cleaner environment, so she is taking action. The environment, she said, is a top priority issue facing Americans and the world.

"A lot of my friends talk to me about these issues, but not a lot of people do something about it," said Jean. She joined a handful of advocates from MoveOn, a liberal political action committee, on Thursday afternoon, Aug. 7, to present a petition on energy policy to U.S. Rep. Frank Wolf's (R-10) office in Herndon. As she stood in front of the congressman's Herndon office, Jean carried a sign that read, "GOP: Grand Oil Party." "I think it's really important for young people to get involved," said Jean, a student at Christopher Newport University. "We need to look towards cleaner energy," she said. Jean added that wind and solar energy should be encouraged and developed and water energy further studied.

Herndon resident David McCracken presented the petition, which he said was signed by more than 730 10<sup>th</sup> District constituents, to staff at Wolf's Herndon office. The group delivering the petition called on Republican congressmen, including Wolf, to support energy solutions that will benefit American citizens, not oil company executives. Their demand includes criticism of the plan to drill for oil offshore, which Wolf supports.

"Everything has to be on the table," said Daniel Scandling, Wolf's chief of staff. "We have to look at every option," he said. Scandling added that Wolf's energy plan includes legislation that emphasizes clean energy and alter-

native sources, and offshore drilling is a component of the comprehensive plan that would decrease the nation's dependence on foreign oil. "That's the key here, you have to have a comprehensive plan that looks at everything so we become less dependent on foreign oil," said Scandling.

"**WE GET NOTHING** out of the plan to drill offshore," said McCracken. "Seven hundred thirty of his [Wolf's] constituents have signed a petition that we need to get away from using oil," he said. "We gotta do something better than the same old stuff."

The petition, a part of a nationwide MoveOn campaign, calls for commitment to produce 100 percent of America's electricity from "cheap, clean renewable energy sources, like solar and wind, within 10 years."

Mike Honig, another member of the group presenting the petition, said he supported the 10-year plan, which he attributed to former Vice President and Democratic presidential candidate Al Gore. "It's a difficult, but achievable, goal," said Honig, a business development executive at Herndon-based Results Software. He said the plan would address problems associated with using fossil fuels while also creating jobs and encouraging innovation. "It's important to me because the state of economy, as well as national security, hinge on these very issues," he said of his support for the energy plan.

Wolf's Web site holds more information on his stance regarding energy issues. The energy legislation he co-sponsored in the Congress includes the American Energy Act, which seeks to increase energy supply, improve conservation and efficiency and promote alternative and renewable energy

technologies. For more information visit <http://wolf.house.gov/?sectionid=205&sectiontree=7,205>.



PHOTO BY MIRZA KURSPAHIC/THE CONNECTION  
**Herndon resident David McCracken and Nikki Jean of Sterling join a handful of other MoveOn advocates to present a petition on energy policy to U.S. Rep. Frank Wolf (R-10) at the congressman's Herndon office on Thursday, Aug. 7.**

## BUSINESS NOTES

Send information to [herndon@connectionnewspapers.com](mailto:herndon@connectionnewspapers.com) or call 703-917-6449. Deadline is Friday. Photos/artwork welcome.

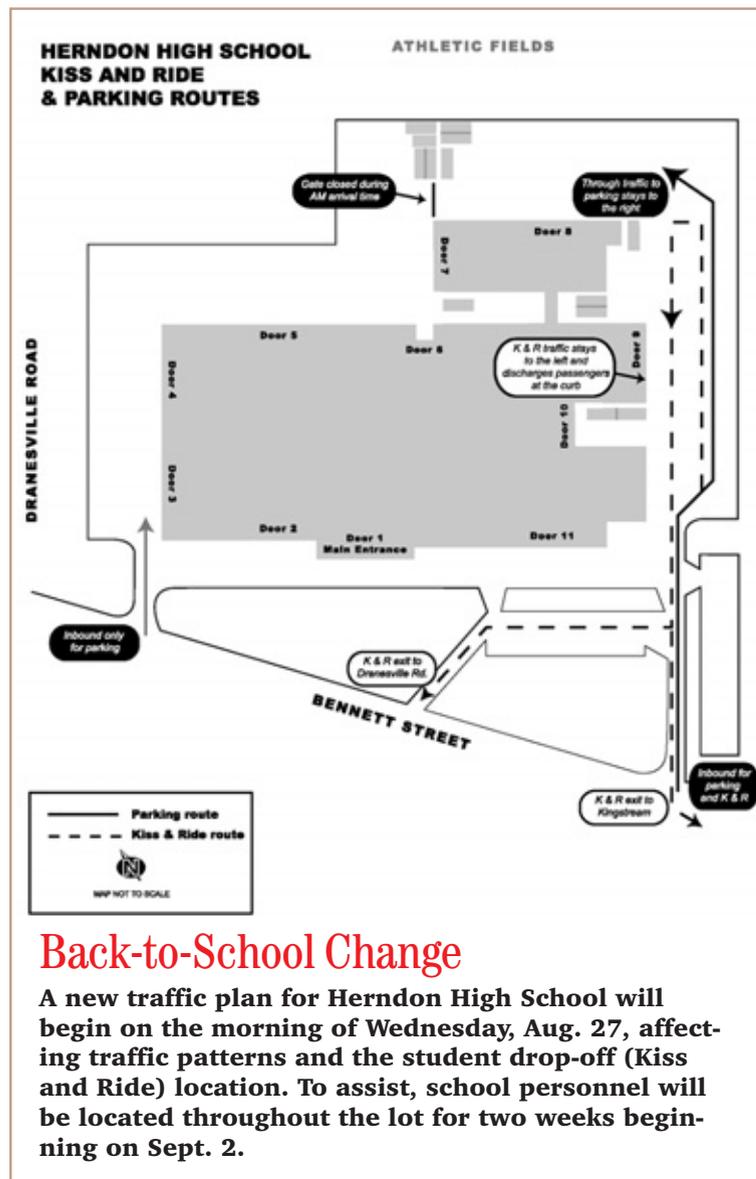
**Northwest Federal Credit Union Foundation** held a free money management seminar for college students on Aug. 6 to teach college students how to manage their money on a student budget, how to avoid credit card debt, the basics of checking products, ATM usage tips and fees and more.

Foundation Executive Director Linda Rogus and Communications Officer Shannon Tackett headed up the seminar, attended by 48 students and their parents. For more information on the Money Management 101 seminar, contact Shannon Tackett at [stackett@nwfcu.org](mailto:stackett@nwfcu.org) or 703-709-8900 ext. 6463. The NWFCU Foundation is a 501(c) (3) organization that operates independently of the credit union.

**Dulles Regional Chamber hosts its Newsmaker Luncheon** on Tuesday, Sept. 16, 11:30 a.m.-2 p.m. at the Washington Dulles Airport Marriott. Dr. Robert

Templin, president of Northern Virginia Community College, will speak on "Workforce Solutions In a Challenging Economy." Pre-paid registration is required by Wednesday, Sept. 10. Register online at [www.dullesregionalchamber.org](http://www.dullesregionalchamber.org). For more information, contact the Chamber at 571-323-5304

**Dulles Regional Chamber** repeating events: the **executive board** meets **every second Monday** at noon in the Chamber office, 730 Elden St., Herndon; **board meeting every third Tuesday**, 7:45-9 a.m., at FGM Inc., 12021 Sunset Hills Road, Reston; **Better Business luncheon** 11:45 a.m.-1:30 p.m. **every second Tuesday**, at the Sheraton Reston; a **mixer every third Thursday**, 5:30-7:30 p.m., locations vary each month; **breakfast and power networking**, 7:45-9:30 a.m. **every fourth Thursday** at the Holiday Inn Select — Dulles Expo Center, Chantilly; **Chamber 101**, a new/prospective member orientation, **every third Wednesday**, 11:45 a.m.-1:30 p.m., ITT Technical Institute, Chantilly.



## Back-to-School Change

**A new traffic plan for Herndon High School will begin on the morning of Wednesday, Aug. 27, affecting traffic patterns and the student drop-off (Kiss and Ride) location. To assist, school personnel will be located throughout the lot for two weeks beginning on Sept. 2.**

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# OPINION

## Watch for Motorcycles (and Bikes and Peds)

More people are walking, bicycling and biking; let's be careful out there.

There are so many good reasons to get out of your car. Gas costs a fortune. Traffic is nearly unbearable. The weather is beautiful. Bicycling and walking are good exercise. Driving less reduces pollution and is better for the environment.

Particularly as gas prices soar, many people are turning to their two-wheeled friends, be it bicycle or motorcycle, for lower cost transportation.

Motorcycle sales have spiked, quadrupling in recent years with more than a million motorcycles sold in 2006.

But bicyclists and motorcycle riders are vulnerable on the roads. Motorcycles are sometimes hard to see in traffic, and drivers of larger

vehicles must be on the lookout.

Since June, there have been at least eight motorcycle fatalities in the Washington area. Last weekend, a 26-year-old Centreville man was killed when he lost control of the 2001 Honda motorcycle he was riding, according to police reports.

In 2007 there were 2,601 motorcycle crashes which resulted in 126 deaths and 2,284 injuries in Virginia.

For motorcycle riders, the keys to survival are wearing an approved helmet and protec-

tive clothing, taking safety courses, practicing in a controlled setting and riding defensively.

For drivers of larger vehicles, allow a motorcyclist plenty of room, including the full width of a lane, and more following distance. A motorcycle can stop faster than a car. And motorcyclists may need to react quickly to road and traffic conditions such as potholes, gravel, wet or slippery surfaces, pavement seams, railroad crossings, and grooved pavement — road conditions which are minor annoyances to cars pose major hazards to motorcyclists.

### Justin Spring, Bronze Medal

Justin Spring, 24 and a graduate of Lake Braddock, helped lift the U.S. men's gymnastic team to an Olympic bronze medal on Monday night (Virginia time) in Beijing.

Spring had exceptional performances on the high bar and parallel bars.

His triple somersault for his dismount from the high bar brought elation to his teammates. NBC changed plans to televise the team competition as it became clear that the U.S. expectedly had a shot at a medal. But here at the Connection, we think any local

that makes the Olympic team is worth watching, with or without being in contention for winning a medal.

In early July, when he was named to the team Spring spoke with Connection reporter Eric Gilmore:

"The only way I can explain it is that I love my life right now," Justin Spring said. "It's been a dream come true."

We'd guess that's all the more true today, and that many, many local people can share in his success.

## International Cappies Presents 'Anasazi'

BY STEVE EINHORN  
ROBERT E. LEE HIGH SCHOOL

Produced by Judy Bownes and Jane Strauss, "Anasazi" is a beautifully spiritual musical with book and lyrics by William Strauss and music by Peter Kater. Directed by Glen Hochkeppel, "Anasazi" was the last production performed by this summer's Cappies International Theater (CIT). CIT brings together talented Cappie award-winning teens from around the U.S. and Edmonton and Ottawa, Canada.

Following the Hopi tribe and their conflicts that outside human forces pose, "Anasazi: The Pahaana of the Prophecy," focuses on the greed of humanity and the sacrifices we should make for love. As seen in the musical, Bill Strauss poured his heart and soul into a masterpiece filled with hope, life, and love that reminds us all that when everything else is gone, "Love will go on."

The enthusiasm, chemistry, and talent of the entire cast was evident as the all-star actors effortlessly belted out 32 songs. Performance numbers such as the cute "Power Lines," the sassy "Hey Butterfly," the tear-inspiring "Love Goes On" and the enchanting harmonies of "Miracles of Love" were most memorable amongst songs

beautifully pieced together to create soothing and exotic tones.

**THE OPENING NUMBER** "Golden Dawn" started off the show nicely showcasing the vocal talents of Jake Zumoff who portrayed the tribal leader, Pa'a, with dignity and wisdom. Playing the leading lovers, Max Lebeuf as Qalee and Katie Ryerson as Becca brought excellent chemistry and harmonies that charmed the audience into their interesting romance. Sarah Byrd as Lolma brought an excellent sensibility to her character showing her obvious understanding of her complexities while also showcasing a brilliant voice. As her sister, Kim Ness as Taawi, and her lover Zach Mays as Griffin, brought life to the young newlywed couple who, although they come from different places, feel as if they've known each other a thousand years.

Sarah Swire strutted across the stage with a captivating and engaging stage presence that made sure you always knew she was there as the center of attention. Combined with her dastardly schemes to get what she wants and the combination of her singing voice and dazzling dance moves, Swire, brought to the show a vivacious villain. What's a villain without the bumbling sidekicks? Chris Weschler and Ian Geldart comically played Prescott and

Winslow — the epitome of badly dressed, tough talking flunkies.

**ROUNDING OUT** the cast nicely was Rueben Schwartz, a chanting Hopi spirit Kachina, and the rest of the ensemble who danced and sang into the hearts of the audience. Letting the show go on without a hitch, Sarah Stephens efficiently moved set pieces on and off stage while sound was nearly flawless. Combining the colorful make-up (Mimi Lynch with the assistance of Katy Summerlin) with the perfect costuming (Sara Lavenhar), complex lighting (Ashley McCusker), and a vibrant set (Sarah Stephens), "Anasazi" was as appealing to the eye as it was to the ear.

In a world where greed and crimes are considered a normal part of everyday life, "Anasazi" proves that although we struggle with tribulations and trials we face, love will always win out. I have no doubt that the late Bill Strauss would have been proud of the tremendous dedication, pro-



Zach Mays, Kim Ness, Sarah Byrd. Reuben Schwartz in the background.

fessionalism, and talent that his beloved high school actors and technicians showed while performing the entertaining "Anasazi."

*Cappies International Theater is a three-week program where winning Lead Cappie winners from around the U.S. and Canada, along with Cappie winners, nominees, and honorees from the National Capital Area come together and perform two shows. For more information and photos, see: [www.cappies.com/cit](http://www.cappies.com/cit).*

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Kids R First volunteers sift through boxes of school supplies at Langston Hughes Middle School in Reston on Wednesday, Aug. 6. The nonprofit will serve 14,000 students on free and reduced lunches in 85 schools in the upcoming school year.

## Helping Students in Need

FROM PAGE 3

need” Kids R First is fulfilling.

Aside from individuals who help the nonprofit through volunteer hours and donations,

**“I thought it was actually kind of fun. I just came to help out and they were nice and they were funny.”**

— Ashley Heck, Kids R First volunteer

our community,” said Lam.

E.R. Anderson, Wal Mart’s regional media di-

Kids R First has come to rely on corporate sponsorships to reach its goals. About 25 associates from Wal Mart’s Fair Lakes store joined Kids R First volunteers at Langston Hughes on Wednesday, helping organize boxes of school supplies. The store also donated \$2,000 to the organization during the day. Todd Lam, the store’s assistant manager, said the company’s participation in the project fits into its community involvement mission. “We want to help underprivileged children in

rector, said 2008 marked the 10<sup>th</sup> year the company has been involved with Kids R First projects. “It’s important to be a part of the community,” she said. Anderson said that Wal Mart’s involvement is also important because of the economic environment, which may persuade people from contributing to organizations such as Kids R First. “These are tougher times,” she said.

Another company who sent volunteers to Langston Hughes on Wednesday is JK Moving & Storage, a family-owned company operating in the area for more than 25 years. It became involved with Kids R First last year, helping the nonprofit store and then distribute its supplies to the schools and students it serves. “It’s a good way to give back,” said Jennifer Hoyer, a marketing director at JK. “I think it’s a great organization,” she said of Kids R First. The company has conducted several pickups and drop-offs for the nonprofit this year and Hoyer said she hoped it could help Kids R First expand its operations to serve schools in other parts of the Washington metropolitan area.

Meanwhile, Kids R First will continue to operate with the help of its trusty volunteers, such as Heck. “Oh I’ll be back,” she said. “They were worried I was going to leave and not come back, but I’ll be back.”

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# CALENDAR

Send announcements to herndon@connectionnewspapers.com or call 703-917-6451. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

## WEDNESDAY/AUG. 13

### Strolling musical entertainment.

Merchants of Worldgate Centre host The Gypsy Strings, 6:30 p.m. to 8:30 p.m., rain or shine. Worldgate Center is located at the corner of Elden Street and Worldgate Drive, in Herndon.

### Annual Volunteer Appreciation

**Cookout.** Reston Association will thank its volunteers with a poolside cookout from 4-7 p.m. at the Glade Pool, 11550 Glade Drive, Reston. Enjoy carnival style food, music, games, great door prizes and more. RSVP by Aug. 1 to Ha Brock, 703-435-7986 or via email to habrock@reston.org.

**Ice Cream for Books** at the Reston Regional Library, 11925 Bowman Towne Drive, Reston, 7:15 p.m. Call 703-689-2700. Family program.

**Wine & Cheese Tastings.** A selection of international wines and cheeses. 6-8 p.m. at Market Street Bar & Grill Patio. \$30 per person. Reservations at 703.925.8250.

## THURSDAY/AUG. 14

**Farmer's Market Fun Day** will run from 10:30 - 11:15 a.m. Cincopation presents "Carnival Of Animals," a narrated story with musical accompaniment, at the Town Green, 777 Lynn St., Herndon. Free. Visit www.herndon-va.gov.

**Farmers' Market** from 8 a.m. - 12 p.m. at 765 Lynn St., Herndon. Visit www.herndon-va.gov.

**Baby Signs.** Come meet Beebo the Baby Signs Bear, hear stories, and learn some simple signs at the Herndon Fortnightly Library, 768 Center St., Herndon, 10:30 a.m. Call 703-437-8855. Age 6-24 months with adult.

**Lutindo!** Stomp those feet and clap along with Ssuuna, as he presents traditional African music, dance and stories at the Reston Regional Library, 11925 Bowman Towne Drive, Reston, 7 p.m. Call 703-689-2700. Cosponsored by the Friends of the George Mason Regional Library. All ages.

**Friends' Book Discussion** at the Reston Regional Library, 11925 Bowman Towne Drive, Reston, 7:30 p.m. Call 703-689-2700. Ask for title. Adults. No registration is required.

**Take a Break Concert.** Mystic Warriors will perform at the Lake Anne Village Center, 1609 Washington Plaza, Reston, from 7-9 p.m. Call 703-476-4500.

## FRIDAY/AUG. 15

**Kiddie Open Gym,** 10:30-11:45 a.m. Bring toddlers and enjoy open play, tumbling on the mats, and kiddie basketball. Don't forget to pick up the calendar on the first day and a prize after each visit. Play with parent. Ages - Walking - 5. Drop in Rate -

## Shelter To Host 'Petstock '08'

The Fairfax County Animal Shelter will celebrate "Three Days of Pets, Love and Adoption" at its first annual Petstock '08, a special adoption event being held at its Fairfax facility. The three-day festival will be held Friday, Aug. 15, 12 - 7 p.m.; Saturday, Aug. 16, 10 a.m. - 5 p.m., and Sunday, Aug. 17, 12 - 4 p.m.

Join the shelter for music and merriment and meet some of the

animals available for adoption. To view animals currently available for adoption, visit <http://www.fairfaxcounty.gov/police/animalservices/> and click on "view animals available for adoption."

The Fairfax County Animal Shelter is located at 4500 West Ox Road in Fairfax. For more information, call the Fairfax County Animal Shelter at 703-830-1100.



## In Performance

**Trout Fishing in America will be performing at the Town Green on Saturday, Aug. 16, 7:30-9 p.m. as part of the town's Music Under The Stars free concert series.**

\$4. 5 Visit Pass - \$17. At the Herndon Community Center, 814 Ferndale Ave., Herndon. Visit [www.herndon-va.gov](http://www.herndon-va.gov).

**Friday Night Live** will be from 6:30-10:30 p.m. on the Herndon Town Green, 777 Lynn St., Herndon. Gonzo's Nose will perform. Call 703-481-6133.

**Dance.** Save the last dance for this Teen Summer Series Summer Jam, 8-11 p.m. Dance to the tunes and beats of DJ Deluxe. Bring a school supply for free admission and a chance at a raffle drawing, otherwise admission cost is \$3. All collected donations will go to Reston Interfaith to benefit students in the local area. Located at the Reston Teen Center, 12196 Sunset Hills Road, Reston. Call 703-435-6577.

**Totally Trucks.** Bring the children and check out all the big trucks that Reston Association uses. The first 250 children in each session will receive a truck coloring book and construction helmet. No Reservations required. All ages welcome to attend. The first session will begin at 9:30 a.m. and end at 10:30 a.m. The second session will begin at 11 a.m. and end at noon. Located at Reston Association's Central Services Facility, 12250 Sunset Hills Road, Reston. Call 703-435-6577.

## SATURDAY/AUG. 16

### Reston Concerts on the Town.

Baaba Seth — Afro-beat, reggae, rock — at Reston Town Center Pavilion, 7:30 - 10 p.m., free.

**Music Under The Stars.** Trout Fishing in America to perform free concert at 7:30 p.m. at Herndon Municipal Center, Stage on the Green, 777 Lynn St., Herndon.



**Civil War Weekend Encampment will be held Aug. 16-17 at the Sully Historic Site, 3650 Historic Sully Way in Chantilly. Admission is \$7 for adults, \$5 for seniors and children. For more information, call 703-437-1794.**

### Civil War Weekend Encampment.

At Sully Historic Site, 3650 Historic Sully Way in Chantilly from 10 a.m. until 4 p.m. Admission is \$7 for adults, \$5 for seniors and children. 703-437-1794.

**Butterfly Count.** Join the Reston Association for their annual butterfly count throughout Reston's natural areas, 9:30 a.m. - 12 p.m. Meet local butterfly experts, learn tips on identification and have fun while helping obtain important information. Visit [www.reston.org](http://www.reston.org).

**Sushi Classes.** Learn to make sushi at Obi Sushis at 2 p.m. All materials provided. \$50 per person. Adults only. Call 703-766-7874 for reservations.

## SUNDAY/AUG. 17

**Acoustic Jam.** Bring an instrument or come by the Frying Pan Farm Park, 2709 Ox Road, Herndon, Country Store from 1-4 p.m. and enjoy a free, drop-in session. For Call 703-437-9101.

**The Reston Heights** Concerts on the Square feature Big Hillbilly Bluegrass, from 5-7 p.m. Located in Reston Heights at 11750 Sunrise Valley Drive the concerts are free and open to the public. Light refreshments are offered, bring a lawn chair or blanket.

**Civil War Weekend Encampment.** At Sully Historic Site, 3650 Historic Sully Way in Chantilly from 10 a.m. until 3 p.m. Admission is \$7 for adults, \$5 for seniors and children. 703-437-1794.

## TUESDAY/AUG. 19

**Children's Show.** Safari Bingo will perform at the Lake Anne Village Center, 1609 Washington Plaza, Reston from 11-11:30 a.m. call 703-620-5554. Free.

## THURSDAY/AUG. 21

**Children's Show.** Rainbow the Clown will perform at the Lake Anne Village Center, 1609 Washington Plaza, Reston from 11-11:30 a.m. call 703-620-5554. Free.

**Take a Break Concert.** IONA — traditional Pan-Celtic — will perform at the Lake Anne Village Center, 1609 Washington Plaza, Reston, from 7-9 p.m. Call 703-476-4500.

## SATURDAY/AUG. 23

**Reston Concerts on the Town.** Big Joe & the Dynafloes — New Orleans swing, jazz, jump blue — at Reston Town Center Pavilion, 7:30 - 10 p.m., free.

**Book signing.** Herndon resident Jake Ziemba will be reading excerpts from his first novel, "The Yukon Glory," 2 p.m., at Reston's Used Book Shop in Lake Anne. For more information on the event, call 703-435-9772.

## SUNDAY/AUG. 24

**23rd Annual Reston Century Bike Tour.** 6 a.m. registration, Reston Town Center Pavilion & W&OD Trail. Riders can select from three routes of approximately 30, 63 and 100 miles. Post-ride party in the Pavilion with food and music for participating cyclists. Friends and family can join the festivities for a fee. Rain or shine. See [restonbikeclub.org](http://restonbikeclub.org).

## MONDAY/AUG. 25

**Auditions.** The Reston Choral will be auditioning all voice parts 6:30- 9 p.m. at the Lake Anne Community Center, 1609 N. Washington Plaza, Suite A, Reston. To schedule an audition time, visit [www.restonchorale.org](http://www.restonchorale.org) or call 703-834-0079.

## TUESDAY/AUG. 26

**Children's Show.** Kid Comic will perform at the Lake Anne Village Center, 1609 Washington Plaza, Reston from 11-11:30 a.m. call 703-620-5554. Free.

**Summer Horse Show Series.** Watch a free horse show that starts at 4 p.m. See local talent competing in jumping and flat classes. The cost for competitors is \$12 per class. Call Frying Pan Farm Park, 2709 Ox Road, Herndon, at 703-437-9101.

**"Back to School" Family Fun Night.** Hosted by Chick-fil-A of 12160 Sunset Hills Road, Reston, 5-8 p.m. Jansport Backpack raffle. Entertainment including Mr. Skip, a music and movement entertainer and face painting makeovers.

**Auditions.** The Reston Choral will be auditioning all voice parts 6:30- 9 p.m. at the Lake Anne Community Center, 1609 N. Washington Plaza, Suite A, Reston. To schedule an audition time, visit [www.restonchorale.org](http://www.restonchorale.org) or call 703-834-0079.

**INOVA Blood Drive.** 12 - 7:30 pm, beside Reston Town Center Pavilion. Schedule appointments at 1-866-256-

SEE CALENDAR, PAGE 9



## 'Fairylend Detective Agency'

It's not always "happily ever after" in Fairylend as Detective Jack Sprat (Phil Reid) and Tinkerbell (Leah Daily) solve crimes in "The Fairylend Detective Agency," by the Elden Street Players' Theater for Young Audiences. Next performances are Saturday, Aug. 16 at 11 a.m. and 2 p.m., and Sunday, Aug. 17 at 11 a.m. and 2 p.m. All performances are at the Industrial Strength Theater, 269 Sunset Park Drive, Herndon. Tickets are \$7 general admission. For reservations or information call 703-481-5930, option 3, or visit the Web site at [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

# CALENDAR

FROM PAGE 8

6372 or inova.org/donateblood.

## TUESDAY/AUG. 27

**Meet Me at the Movies.** Senior Movie Day, 10 a.m. (Doors open at 9:30 a.m.), Reston Town Center Multiplex Cinema. Reston Association presents "The Namesake." Refreshments and door prizes provided prior to the movie. Free to those 55+. 703-435-6530.

### Complimentary Cake Tastings.

Sample moist, dense cakes and award-winning candies, 1-3 p.m. at Edibles Incredible!, 11917 Freedom Drive, Reston Town Center. 703-709-8200. ediblesincredible.com

## THURSDAY/AUG. 28

**Children's Show.** Malcolm the Magician will perform at the Lake Anne Village Center, 1609 Washington Plaza, Reston from 11-11:30 a.m. call 703-620-5554. Free.

**Sampling Night.** Free samples of the flower of the month, "Virginia's Finest" gourmet treats, and hand made chocolates. 5 - 8 p.m. Lake Anne Florist & Chesapeake Chocolates.

**Take a Break Concert.** Marty Nau Quartet — bebop jazz — will perform at the Lake Anne Village Center, 1609 Washington Plaza, Reston, from 7-9 p.m. Call 703-476-4500.

## SATURDAY, AUG. 30

**Porsche Club Car Show.** Display of vintage Porsches, 9 a.m. - 3 p.m., Reston Town Center Pavilion

**Chartered bus trip.** Cheer the Nats to victory over the Atlanta Braves. Call 703-435-6577 to register. Bus pick up location: Reston Association, 1930 Isaac Newton Sq. \$32/RA members and \$36/non-members.

## MONDAY/SEPT. 1

**Jazz & Wine Festival.** Jazz artists, Virginia wineries, fine arts and food, noon-6 p.m., in historic downtown Herndon. See www.herndon-va.gov.

## SATURDAY/SEPT. 6

**Reston Multicultural Festival.** Entertainment, displays, activities, fashion shows, food, arts & crafts. 11 a.m.-5 p.m. at Lake Anne Plaza and parking area. Free. Farmers Market



## Story with Music

**Cincopation performs on the Herndon Town Green Aug. 14, at 10:30-11:15 a.m. Free.**

will be located on upper parking area for this day.

### Bluegrass Concert Series. ALL4HYM

(www.all4hym.com) Show time at 7:30 p.m., doors open at 6:30 p.m., reservations: 703-435-8377; admission: \$12, at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon.

## SUNDAY/SEPT. 7

**Classic Car Show.** 10 a.m. - 3 p.m. in Downtown Herndon near the Municipal Center and Town Hall. To register a car, email president@aarpdulles.org. Proceeds will provide scholarship support to Nurse Practitioners specializing in Geriatric Nursing at George Mason University. Free for spectators. Auction, raffles and food.

## THURSDAY/SEPT. 11

**C-Note Sale Exhibition Reception.** Greater Reston Arts Center's annual fund-raiser, 6-8 p.m. includes a silent auction of additional works. Online preview of available art at www.restonarts.org

## FRIDAY/SEPT. 26

**Semi-Annual Used Book Sale.** Special collection of used books. 10 a.m.-5 p.m. Cosponsored by the Friends of the Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700. All ages.

## SATURDAY/SEPT. 27

**Semi-Annual Used Book Sale.** Special collection of used books. 10 a.m.-4:30 p.m. Cosponsored by the Friends of the Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700. All ages.

## SUNDAY/SEPT. 28

**C-Note Sale.** Greater Reston Arts Center's annual fund-raiser. Online preview of available art at www.restonarts.org

**Semi-Annual Used Book Sale.** Special collection of used books. Noon-3:30 p.m. Cosponsored by the Friends of the Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700. All ages.

## THURSDAY/OCT. 2

**Original Sewing & Quilt Expo.** At Dulles Expo & Conference Center, 10 a.m. - 6 p.m. General admission is \$10 per day at the door. Children under 12 are admitted free.

## FRIDAY/OCT. 3

**Original Sewing & Quilt Expo.** At Dulles Expo & Conference Center, 10 a.m. - 6 p.m. General admission is \$10 per day at the door. Children under 12 are admitted free.

## SATURDAY/OCT. 4

**Original Sewing & Quilt Expo.** At Dulles Expo & Conference Center, 10 a.m. - 5:30 p.m. General admission is \$10 per day at the door. Children under 12 are admitted free.

## SUNDAY/OCT. 12

**The Reston Heights Concerts** on the Square feature New Line Brass Band, from 5-7 p.m. Located in Reston Heights at 11750 Sunrise Valley Drive the concerts are free and open to the public. Light refreshments are offered, bring a lawn chair or blanket.

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## ART

Sunset Hills Montessori School's PTA is seeking artisans and crafters for their **2nd Annual Fine Arts and Crafts Show** that will be held **Saturday, Sept. 20**. In addition to gaining exposure and making some money, artists can feel good in knowing that they will also be contributing to a good cause as all registration fees will be used to construct a new library for the students of Sunset Hills Montessori School. Entries will be accepted until **Sept. 5** or the show fills whichever happens first. Booth space prices range from \$75- \$125 depending on location. Download an application at www.sunsethillsmontessori.com or contact Heather Briggs at hkswann@hotmail.com or Navara Jordan at nljevents@yahoo.com.

**The Paint Herndon Plein Air Competition & Art Exhibit**, to be held **Aug. 29-Sept. 1**. Artists are invited to participate in "Paint Herndon" visit

www.ArtSpaceHerndon.org. Work of competition artists will hang in ArtSpace gallery for one month. Preview art exhibit is free to public.

**Paint Herndon Quick Sketch & Finale** occurs **Monday, Sept. 1**, at 11 a.m. Artists of all ages are welcome to join this light-hearted event at ArtSpace Herndon 750 Center St., Herndon. Bring paints, pencils, pastels or even crayons to check-in. Cost is \$10 for each artist. Create a new piece of artwork on this day and return it to the Herndon Old Town Hall green by 3 p.m. for judging and the opportunity to win prizes. The artwork of three winners will be chosen to hang in the gallery. Awards event at 6 p.m. at ArtSpace Herndon. Exhibit and awards event free to the public.

Grand opening of the ArtSpace Herndon gallery with exhibit of **Plein Air Paintings**, from **Sept. 1-28**, at ArtSpace Herndon at 750 Center St., Herndon. Free.

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21620 Merion St.	\$425,000	Sun 1-4	Jodie Vaughn	Exit	703-771-8268
21001 Starflower Way	\$900,000	Sun 1-4	Kristi Stavrou	Long & Foster	703-728-7797

#### Broadlands

21497 Glebe View Dr.	\$729,900	Sun 1-4	Jeanne Syracuse	Weichert	703-726-3909
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#### Hamilton

16629 Swanbourne Dr.	\$979,900	Sat 11-5	Michael Severin	Keller Williams	571-223-2236
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#### Leesburg

1154 Keokuk Ter., NE #28	\$424,000	Sun 1-4	J. Jordan	Weichert	703-655-6665
678 Gateway Dr., SE #906	\$140,000	Sat 12-4	Nihal Beidas	Long & Foster	703-790-1990

#### Purcellville

36608 Innisbrook Cir.	\$619,000	Sun 12-3	Sharon Buchanan	RE/MAX	571-333-5000
36684 Innisbrook Cir.,	\$599,995	Sat 1-4	Margaret Kraft	Prudential	540-338-9757
400 Maple Ave.	\$425,000	Sun 1-4	Marcy Cantatore	Weichert	540-338-2024

#### Round Hill

9 Hampton Rd	\$415,000	Sun 1-4	Esther Kilgour	Prudential	540-338-4171
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#### Sterling

20727 Waterfall Branch Ter.	\$387,212	Sun 1-4	Dina Azzam	RE/MAX	703-547-1449
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#### Stone Ridge

42055 Pepperbush Pl.	\$549,900	Sun 1-4	Bruce Anderson	Re/Max	703-862-2782
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### Fairfax County

#### Herndon

2460 Cypress Lane	\$649,900	Sun 1-4	Ronald Layton	Remax	703-421-1433
12007 Meadowville Ct	\$849,990	Sun 1-4	Irene Schiffman	Weichert	703-593-7848
3200 Navy Dr	\$1,225,000	Sun 1-4	Robert Samson	Samson	703-378-8886
13482 Stanton Pl.	\$314,000	Sun 1-4	Sharon Zareski	Remax	703-499-1759

#### Reston

11733 Arbor Glen Way	\$524,900	Sun 2-5	Ann Romer	Weichert	703-938-8380
1717 F Ascot Way	\$367,000	Sat 12-7	John Farhat	Farhat	704-537-7113
1504 Church Hills Pl	\$329,000	Sun 1-3	Sheri Daniel	Long & Foster	703-437-3800
2645 Fox Mill Rd	\$655,000	Sun 1-4	Carla Zegarra	Long & Foster	703-437-3800
1369 Garden Wall #714	\$359,000	Sun 3-5	Sheri Daniel	Long & Foster	703-759-9190
11181 Longwood Grove	\$899,900	Sun 1-4	Margaret Holler	Long & Foster	703-437-3800
11770 Sunrise Valley, #422	\$269,900	Sun 1-4	Carlos Miro	Long & Foster	703-478-3800
11115 Timberhead Ct	\$549,900	Sun 1-4	Mark Ruckstahl	Samson	703-282-2040

To add your Realtor represented Open House to these weekly listings, please call Lauri Swift or Winslow Wacker

703-821-5050 or E-Mail the info to Lauri@connectionnewspapers.com  
All listings due by Tues at 10 am.

## FAITH

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to herndon@connectionnewspapers.com or call 703-917-6449. Deadline is Friday.

**Northern Virginia Hebrew Congregation**, invites new And prospective members to its Annual Open House Ice Cream Social on **Sunday, Sept. 7**, from 2 until 4 p.m. in the Social Hall. Enjoy an ice cream sundae, meet and speak with Rabbi Robert A. Nosanchuk, Cantor Irena Altshul, Religious School Director Moshe Ben-Lev, Preschool Director Fran Gibbs, Temple Administrator Fay Weiss, and other temple leaders. Families are welcome. 1441 Wiehle Avenue, Reston, VA

20190. For more information, call 703-437-7733 or visit www.nvhcreston.org.

**Every Wednesday** at 12:15 p.m., **St. Timothy's Episcopal Church**, 432 Van Buren St. in Herndon, offers a lunch-time **Healing and Holy Communion service**. This half-hour service is offered to all and allows people an opportunity to worship during the work week when they may be away from their regular church. All baptized Christians are welcome to receive the Sacrament, and all who have not been baptized may receive a blessing at the Altar rail. Call the church Mondays-Fridays, 9 a.m.-3 p.m., at 703-437-3790 or visit www.saint-timothys.org.

**Knitters** needed the **first and third Wednesdays** of the month at 7 p.m. at **St. Timothy's Episcopal Church**, 432 Van Buren St., Herndon. The church's Shawl Ministry is offering free knitting instruction while providing shawls, blankets and other knitted items for people in need. No cost and yarn can be provided. E-mail shawl@saint-timothys.org or visit the Pastoral Care page at www.saint-timothys.org.

Non-denominational **Christian businessmen** meet for prayer, Biblical discussion and fellowship **every Friday** at 7 a.m. at Anita's, 1051 Elden St., Herndon and **every Thursday** at noon at 555 Grove St, Ste. 200, Herndon. Call 703-795-1257.

## HEALTH NOTES

Send announcements to the Connection, to herndon@connectionnewspapers.com or call 703-917-6449. Deadline is Friday.

"**Dream Free**" picnic for parents of children with epilepsy, Saturday, **Aug. 23**, 9 a.m.-1:30 p.m. Lake Fairfax Park, Canopy G, 1400 Lake Fairfax Drive, Reston. Cost per family \$45, per person \$15. Bring a side dish. To register, contact Dana at 703-698-0229 or danadouglass@cox.net

The **2008 Northern Virginia Senior Olympics** will be held **Sept. 20-Oct. 2**. Participants must be 50 years of age as of Dec. 31, 2008 and reside in one of the sponsoring Northern Virginia jurisdictions. Among the 25+ events offered for competition are track and field, swimming, card games, shuffleboard, tennis, golf, horseshoes, pickleball, table tennis, basketball, board games, bowling,

miniature golf, eight ball pool and more. New events this year are diving, racquetball, ice skating and scrabble.

Registration forms are available at local senior centers, senior residences or by calling 703-228-3600, ext. 9996. They can also be downloaded at www.novaseniorolympics.com. The deadline for registration is **Sept. 5**. Registration fee is \$10 which includes one event; additional events are \$1.

**HAVEN of Northern Virginia**, 4606 Ravensworth Road, Annandale, is offering a free bereavement support group. The group will begin Wednesday, **Sept. 17**, from 7:30 - 9 p.m. and will meet every Wednesday evening for 6 weeks. For information, call 703-941-7000, visit www.havenofnova.org, or e-mail havenofnova@verizon.net

**TOPS Club, Inc. (Take Off**

**Pounds Sensibly**), a nonprofit weight loss support group, meets **every Tuesday** at St. Timothy's Episcopal Church, 432 Van Buren St., Herndon. Weigh-ins begin at 6 p.m., with meetings at 6:30. Visit www.tops.org for more information

**Mothers of Toddlers Support Group**. Meets the **first Thursday** of each month 10am in the Community Room at the Reston YMCA, 12196 Sunset Hills Road. Call 703-689-9240.

**Peer support group for survivors of clergy abuse** and others affected by the abuse, on the **last Wednesday** of every month at 7 p.m., in the downstairs meeting room at the Dolley Madison Library, 1244 Oak Ridge Road, McLean. Meetings are sponsored by Voice of the Faithful-Northern Virginia affiliate. Contact Ellen Radday at 703-538-6128.

**New Mothers Support Group**. Meets the **first and third Tuesdays** of each month, at 10-11:30 a.m., in the Community Room at the Reston YMCA, 12196 Sunset Hills Road, Reston. Call 703-689-9240.

**Bereavement Support Groups**. Three groups, sponsored by Haven of Northern Virginia. The **Suicide Survivors Group** meets the **first Tuesday** of every month, 7:30-9 p.m. The **Widow/Widower Support Group** meets the **first and third Thursday** of every month, 2-3:30 p.m. and the second and fourth Tuesday of every month, 7:30-9 p.m. Call 703-941-7000

## MILITARY NOTES

Army Sgt. **Kevin P. McMahon** has graduated from basic combat training at Fort Jackson, Columbia, S.C. He is the son of Patrick and Deborah McMahon of Peaceful Stream Drive, Lansdowne, Va., and grandson of Anthony and Arlene McMahon of Lindsay Road, Carnegie, Pa. McMahon graduated in 2003 from Herndon High School, Va., and received a bachelor's degree in 2007 from Virginia Polytechnic Institute And State University, Blacksburg.

## REAL ESTATE NOTES

Send announcements to herndon@connectionnewspapers.com or call 703-917-6449 with questions. Deadline is Friday.

**Weichert Realtors** will offer free career seminars in the following area locations. Call to confirm reservations:

**Herndon:** first and third Monday at 5:30 p.m. and Tuesdays at 1 p.m., 13001 Worldgate Drive, Herndon. Call Jennifer Cerda at 703-709-0101. **Reston:** Wednesdays, 1 p.m. and 6 p.m. at 1760 Reston Parkway, #111, Reston. Call Bev Feitshans at 703-264-0000.

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10:00 a.m. Holy Communion  
(Children's Chapel & Nursery Provided)  
5:00 p.m. Contemporary Service  
The Rev. James Papile, Rector  
The Rev. Jacqueline Thomson  
703-437-6530  
www.stannes-reston.org  
1700 Wainwright Dr., Reston



**Community of ALL People United Church of Christ**

Meeting at the Reston Community Center  
1609-A Washington Plaza  
Lake Anne Village Ctr., Reston, VA  
703-758-0527  
capucc21@gmail.com

**Sundays 3:00 PM**

"A Progressive Community of Believers Seeking to serve the inclusive Christ"  
Ministry Team  
Reverend Graylan Scott Hagler  
Reverend Noemi Parrilla-Mena  
Minister Mary Barrino-Smith



To Highlight your Faith Community

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# SPORTS

## SUMMER SPORTS ROUNDUP

**L**ocal swimming sensation **Kate Ziegler** of Great Falls was scheduled to swim in the preliminary races of the women's 800-free event this Thursday at the Olympic Games in Beijing. Her hopes will be to qualify for Friday night's finals (U.S. time).

Ziegler, a Bishop O'Connell High graduate who is participating in her first Olympic Games, experienced a downer earlier this week when she did not qualify for the finals in the 400-free event.

Ziegler, age 20 and a student at George Mason University, holds several world record marks in the 1,500-free event. The 1,500, however, is not an Olympic swimming event.



PHOTO BY ROBBIE HAMMER/THE CONNECTION  
**Kate Ziegler**

In the 400-free event, Ziegler needed to finish among the top eight to advance to the finals. But she was unable to do so in Sunday's preliminaries. However, she still has the opportunity to put together a strong showing in the upcoming 800-free event.

**The Chantilly Lace'97** 11-under division team (year of birth 1997) will be holding try-outs for the 2008-09 season this Saturday (Aug. 16 at) Franklin Farm Park (a.k.a. Dave Denne Field) in Herndon (view google map). Try-outs will be from 10 a.m. to noon. For more information, visit: [www.chantillysoftball.org/lace97.html](http://www.chantillysoftball.org/lace97.html)

**The Reston Triathlon** Association is pleased to announce the upcoming 24th Reston Triathlon, a major Reston sports event which first began in September of 1984.

For the last 24 years, the race has been held on the first Sunday in September fol-



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

**The Herndon Braves recently concluded their summer collegiate baseball season within the Cal Ripken Senior league. The local nine played their home games at Herndon High School. Their season officially ended on July 29 with a 7-3 playoff loss to the Maryland Redbirds at Four Mile Run Park in Alexandria.**

lowing the Labor Day weekend. The race directors are grateful to the History Museum at Lake Anne Village Center for granting the Triathlon space from Aug. 3 through Sept. 15 to exhibit many photos, memorabilia, and trophies of one of the most successful and enduring sports events in Northern Virginia. All are invited to visit this exhibit. The History Museum hours are: Tuesdays (2:30 to 5 p.m.); and Wednesdays through Saturdays (noon to 5 p.m.).

Over the years, the race has involved a one mile swim in Lake Audubon, a twenty two and three-tenths miles bicycle course on rolling Reston roads and a 10 K run on shaded Reston pathways. The only part of the course that has been changed over the 24 years is the bike course due to increased congestion of Reston roads.

Many triathletes who were participants in the early races remember when the bicycle course included a two loop bike ride on a narrow Hunter Mill Road, followed by the steep ascent up Hunter Station Road and then a trek over the two lane portion of Lawyers Road before it widened to four lanes. Since 1995, to the delight of many triathletes, that long uphill ride of Hunters Station Road was removed and replaced by a three loop course within Reston proper.

The popularity of the race has increased from its humble beginnings with only 200 registrants for its first race in 1984. Now with the availability of online registration, the Triathlon Association has to turn away hopeful triathletes when registration reaches capacity on the first day of registration. At one time, the race seemed to be

confined to mostly Reston area residents, but with the popularity of the race (especially in the last 10 years) triathletes who participate come from all over Northern Virginia and also from all over the country.

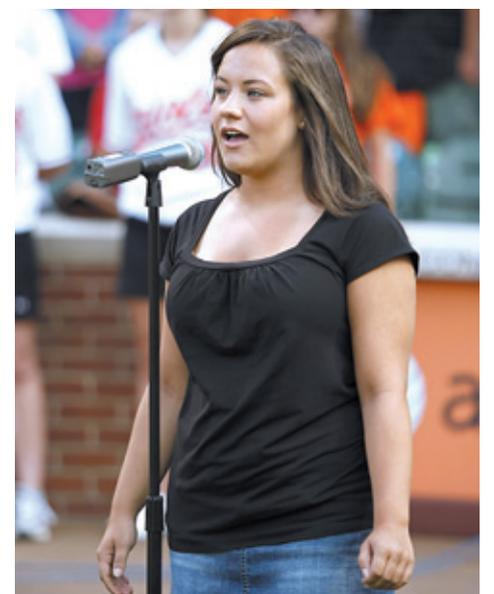
Plans are underway to make the upcoming September 2008 Triathlon a special commemoration of its 25th year.

—Abbie Edwards

**The Northern Virginia** Senior Olympics will be held Sept. 20-Oct. 2. for adults 50-and-over. Opening Day will take place at the Thomas Jefferson Community Center (3501 S. 2nd St., Arlington) on Saturday, Sept. 20. Welcome ceremonies will be held at 10:30 a.m., followed by track and field events. Registration is \$10, which includes one event; additional events are \$1. Registration forms will be available in June at senior centers and senior residences or by calling 703-228-3600, ext. 9996. Also online at [www.novaseniorolympics.com](http://www.novaseniorolympics.com). Registration deadline is Sept. 5.

**The Northern Virginia** Football Officials Association (NVFOA) is seeking new members for its 2008 training class who can become on-field game officials and electronic clock operators for games at the youth, middle school, and high school levels throughout the Metropolitan area. NVFOA is the sole supplier of football officials to all high schools in the Virginia counties of Arlington, Fairfax, Prince William, Loudoun, and Fauquier. It also supplies officials to numerous private schools in Northern Virginia, Maryland and the Dis-

trict of Columbia. For those who have the time to commit, NVFOA has the resources to teach and develop football officials. NVFOA seeks men and women who have reached the age of 18 and who have a desire to be a part of the most exciting and popular scholastic game in America. Information and application forms are available at [www.NVFOA.com](http://www.NVFOA.com), or by contacting commissioner Dennis Hall by phone at 540-837-1316 or by email at [commissioner@nvfoa.com](mailto:commissioner@nvfoa.com).



COURTESY PHOTO

**Allison Troyano of Northern Virginia sang the National anthem prior to the Baltimore Orioles' home game versus the Texas Rangers on July 1.**

# EMPLOYMENT

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**Director Special Education School (Springfield)**  
Private day school in Virginia seeks energetic leader with proven ability in the management of instruction, personnel, and programming for students with learning and emotional disabilities (with no acting out behaviors) in grades 7-12. This 12-month position requires eligibility for Virginia licensure in special education, master's degree in education or closely related field, five years successful classroom experience, and expertise in at least one major area of the curriculum. A detail oriented, team player who is creative and a quick thinker a plus! Please fax resume to 703-913-0089

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# EMPLOYMENT

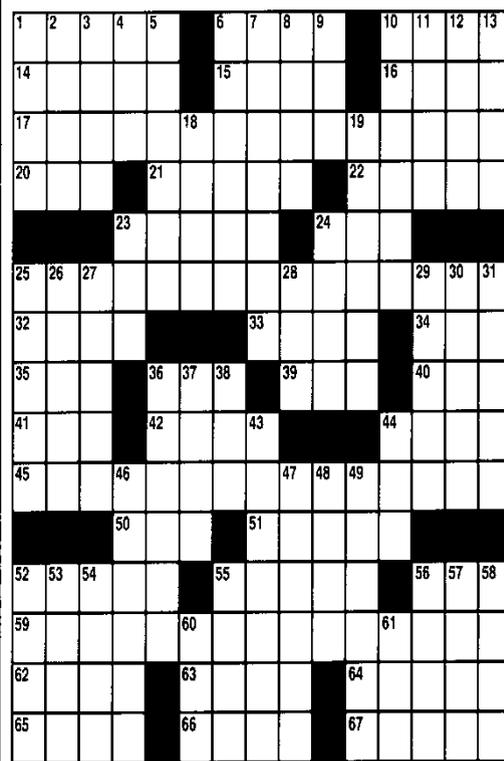
703-917-6464

ZONE I AD DEADLINE:  
TUESDAY 4 P.M.

## NEW YORK TIMES CROSSWORD

Edited by Will Shortz

No. 0323-1



Puzzle by Nathaniel Weiss

### ACROSS

- 1 Ayatollahs' predecessors
- 6 Gunslinger's command
- 10 "Oh, my!"
- 14 Hooded snake
- 15 Othello's false friend
- 16 "I'm — you!"
- 17 Start of a quip
- 20 Summer shirt, informally
- 21 Mallards' homes
- 22 Metric volume
- 23 Place for a 45
- 24 Cinch, as a deal
- 25 Part 2 of the quip
- 32 Son of Venus
- 33 Stiff denial
- 34 Old polit. cause
- 35 Dosage unit
- 36 Caribbean music
- 39 Ovine utterance
- 40 A major, maybe
- 41 Hydrocarbon suffix
- 42 Paris recreation area
- 44 Lucy's partner
- 45 Part 3 of the quip
- 50 Entanglement

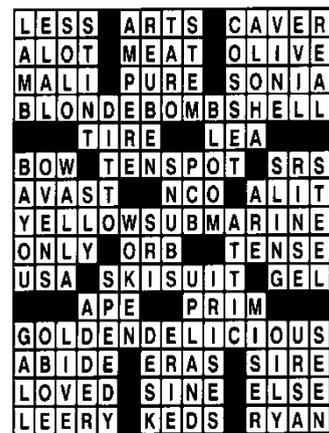
- 51 Encumbrances and bears it
- 52 One who grins
- 55 Greek S
- 56 Biol., e.g.
- 59 End of the quip
- 62 Novelist Waugh
- 63 Tallow source
- 64 Words before sight and mind
- 65 Entanglement
- 66 Stumbles
- 67 Query before "Here goes!"

### DOWN

- 1 "Out!"
- 2 Balderdash
- 3 Strong of body and mind
- 4 Charlemagne's realm: Abbr.
- 5 Early Greek lyric poet
- 6 1934 quintuplet
- 7 Forcefully stuff, as a throat
- 8 Turkish generals
- 9 Took the trophy
- 10 Chin beard
- 11 — and for all
- 12 Move
- 13 Place for a run
- 18 Warner Bros. creation

- 31 "Don't mince words!"
- 36 Oration
- 37 Henry Kissinger biographer Marvin
- 38 Canine cry
- 43 Thickness
- 44 Radio staff, for short
- 46 On/off —
- 47 Tourist attractions
- 48 Prefix with spherical
- 49 Captivate
- 52 Defraud
- 53 It may be spun
- 54 Half of binary code
- 55 Disparagement
- 56 — good example
- 57 Oaf
- 58 Conjectural
- 60 Ethnic suffix
- 61 "So — me!"

### ANSWER TO PREVIOUS PUZZLE



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The winner of puzzle #0322-1 is:

**Jane Beard**

Note: Due to space limitations, the crossword may not appear from time to time. In that case, you may look on our Web site: [www.connectionnewspapers.com](http://www.connectionnewspapers.com) and click on the "Print Editions" button. It should appear in a newspaper from a different Classifieds zone.

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# A Friend, Indeed



By KENNETH B. LOURIE

Sometimes it takes visits from old friends to show you that who you thought you were, you actually are. The kinds of friends who were there for you — and with you — at the beginning. The kinds of friends who know where you came from and now, in person, and after years of multiple long distance phone calls, can see where you've gone. The kinds of friends whose opinions you respect, whose loyalty you admire and whose friendship you cherish. It's when these kinds of friends speak that you should listen. And listen I did in late June when my oldest, and best friend from High School (Newton South High School, Class of '76, Newton, Ma.), Cary and his wife, Mindy, flew into Reagan National for a two-day visit, our first face to face since February 2002, (2'02'02) the date of their youngest son, Jordan's, Bar Mitzvah, and the reason for our last trip to Boston/Needham.

Though Cary and I didn't attend any of the same schools before high school, soon after we met in 10th grade, we became instant friends. And over these last 35 years, our friendship has evolved and matured and sustained itself through our respective marriages and no divorces, deaths of family and friends, occasional disease (nothing too serious, though, thank God!), the birth of their three sons, the purchase of our first homes and many other highs and lows and successes and failures too numerous and typical to mention. Through it all, we've always been a phone call away. But due to Cary and Mindy's initiative this year (their "summer tour," as they called it), "a phone call away" was not going to suffice. And so airline reservations and hotel accommodations were made on a mutually convenient weekend for the Sneider's return trip to Washington, D.C., their first since the '90s, while attending what was then, a semi-annual Candy Show (Cary's in the candy business), held that year in the old Convention Center. And though I had been in Boston many times previously to visit (three High School reunions, two Boston Celtic basketball games, three Sneider Bar Mitzvahs), we had never just had a normal-type weekend without some kind of event dominating.

This visit, however, during the second to last weekend in June, was not dominated by anything. It was simply about two old friends, and their wives, hanging out; no agenda, no schedule, no timetable, no nothing — just time together. And believe me, it was time well spent. And though the weekend (Friday afternoon and evening) got off to a bumpy start with Cary experiencing some air travel-related nausea that had him indisposed through dinner, the rest of the weekend saw two friends reconnect, in person, and gave us an opportunity to tell our tales and walk our respective walks and find out if who we think we are is still someone with whom, after all these years and life's experiences, the other would find amusing, agreeable, acceptable and stimulating quite frankly, and we did (in my opinion, anyway; his too, he's just not in print to confirm it). In short, it was like old times, 35 years later, in the blink of an eye, and nothing had changed. Best friends then, best friends now. What a weekend!

*Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.*

# NEWS

# Keeping Rail on Track

FROM PAGE 3

**THE RENEGOTIATED** contract with Dulles Transit Partners schedules the construction of Phase I, to Wiehle Avenue in Reston, from March 2009 to July 2013 at the cost of \$1.6 billion. The new contract, said Bennett, provides certainty for the schedule of the project's construction, as well as its cost.

Fairfax County Supervisor John Foust (D-Dranesville), an outspoken critic of the initial contract with Dulles Transit Partners, said he has not had a chance to review the renegotiated contract. However, he said, fundamental concerns exist, including the lack of bidding on the project and some open-ended issues, including costs for sub-contracting. "I suspect I will continue to have these concerns," said Foust. He said the contract seems to be "the best deal we can get" and that "we'll just have to be extremely vigilant" in its execution.

Foust also expressed disappointment that a tunnel option for Tysons

**"Nothing in our democracy is accomplished without a strategic vision that is able to capture broad support."**

— Norman Mineta, former U.S. Secretary of Transportation

Corner is not being at least evaluated as an alternative. "I still am very concerned about the fact we'll be elevating it through Tysons," he said of the project. "All over the world they are putting these systems under urban centers." Bennett could not provide an exact date for the completion of Phase II, through Dulles Airport and out to Ashburn, of the rail extension. He said the probable date is in 2016 or 2017. He said the cost estimates for the completion of the project have not changed. "We're still holding on to those original cost estimates," he said.

Foust said he would like to have a definite date, but is not concerned that one is not provided yet. He said much more detail about Phase II is needed before a construction schedule could be set. However, what does concern him is that the special tax district that would help pay for that part of the extension has not been established yet. Also, he said, if construction costs have escalated for Phase I of the project, then there should not be an assumption that Phase II costs will remain unchanged. "I don't know if that is realistic," said Foust.

**THOSE GATHERED** at Wednesday's luncheon listened as Mineta compared



PHOTO BY MIRZA KURSAHIC/THE CONNECTION

**U.S. Rep. Frank Wolf (R-10) discusses the future of Dulles Corridor at Wednesday's luncheon dedicated to the topic.**

the Dulles Corridor and surrounding area of the future, to the past and present. Some 30 years ago, he said, Dulles Corridor consisted of four lanes, all of them leading to the airport, and Route 28 was a two-lane country road. The two corridors comprised 4 percent of the Washington region's economy. "Reston was still an interesting experiment," said Mineta, and Tysons Corner was a shopping center attached to a parking lot.

Today, said Mineta, the two corridors account for 25 percent of the region's economy. Introducing the rail system to the Dulles Corridor, he said, would link its present and future companies, universities and research facilities with resources and markets worldwide.

"Transit and highway improvements can offer people the mobility and freedoms" by offering a choice.

Without a transit system in the corridor, Mineta said, its residents and employees would not be served well. The current highway system was established to meet 20<sup>th</sup> century needs. "Today's transportation systems are, quite frankly, failing the American people," said Mineta, adding that Dulles Corridor is at the cutting edge of the change that is required to meet 21<sup>st</sup> century needs.

"Without a doubt, transportation is key to generating and enabling economic growth," said Mineta. "Transportation is thus the key to both our economic success as well as our quality of life."

U.S. Rep. Frank Wolf (R-10) said he believes he will live to take his grandchildren to Dulles Airport on the rail line. "It will be a renaissance in this region," he said of the extension project. "This will be important for economic development, jobs, quality of life, moms and dads who will get up and take that train to D.C., Tysons" and other communities on the rail line. Wolf said Rail to Dulles would prove that the Washington area is one of the best places in the world to live and do business.

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