

Works Sunday

NEWS, PAGE 3

Residents of the Hunters Woods Fellowship House listen as Imam Daoud Nassimi recites verses from the Koran on Sunday, Aug. 17. About 60 residents attended an interfaith meditation session and lunch on Sunday afternoon, a project in the scope of Works Sunday, a day of community service.



PHOTO BY MIRZA KURSPAHIC / THE CONNECTION OPINION, PAGE 8 ♦ REAL ESTATE, PAGE 15 ♦ FAITH, PAGE 14 ♦ CLASSIFIEDS, PAGE 16

inside



Skate Park: Something For All Ages

NEWS, PAGE 3

Minker's Impact Recalled

NEWS, PAGE 3

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Projects Benefit Less Fortunate

Works Sunday volunteers discuss importance of day.

BY MIRZA KURSPAHIC
THE CONNECTION

Izzy Simpkins stood over the table making sandwiches and packing lunches with three other women. She would not have stood out within the group except for one obvious thing, she was younger than the others gathered around the table.

The 11-year-old Ashburn Village resident joined some 25 volunteers at the Herndon Friends Meeting on Spring Street on Sunday, Aug. 17, to help pack 140 lunches for the clients of Reston's Embry Rucker Community Shelter. "I wanted to help homeless people," said Izzy of her decision to dedicate some of her Sunday afternoon to help make and pack the lunches. "We are so fortunate and it would be good of us to give back," she said of joining her family and others in helping with the project. It was Izzy's first time participating and

she said she would definitely be back again. "I liked it. People here were nice," she said.

Izzy was not the only child participating in the project. Her brother and a handful of other children assisted in

making and packing lunches, sorting through the food and cleaning up after it was over. "I think it's great for kids to do this project," said Susan Huebsch, a Reston resident who is a member of the Herndon Friends Meeting and the co-chair of Sunday's project. "They get to see hands on that a simple project makes a difference," said Huebsch, who participated in the project for the fourth time on Sunday. "They understand people get hungry and need to eat."

THE PROJECT at Friends Meeting in Herndon was one of many in the Reston and Herndon community that took place as part of Works Sunday, a series of community service projects that serve the underprivileged in the area. It is an effort conceived from area faith communities that come together to better the general community through the projects.

"One thing I like about Works Sunday is how people from all different faiths come together," said Huebsch. She said

"They get to see hands-on that a simple project makes a difference."

— Susan Huebsch, Reston resident



From left around the table, Anna McCormally, Melanie Stanley, Izzy Simpkins and Kristin Yost prepare lunches for clients of the Embry Rucker Community Shelter at the Herndon Friends Meeting as part of Works Sunday.

the projects are very local and their impact is immediate. It took 45 minutes to pack 140 lunches for the Embry Rucker Shelter. Reston Interfaith, the shelter's operator, hands out about 60 lunches per day, rendering Sunday's project as about two days worth of lunches for the shelter.

Nearby, at Herndon's First Baptist Church on Elden Street, volunteers conducted free health screenings from 1 to 4 p.m. Jim Ryan, Herndon resident and president of the Reston Lions Club, managed the tests at the club's van that held three to four sight and hearing checking units in it. "It's just community service," said Ryan. "There's a lot of people who need glasses or hearing aids and they don't even know they need them," he said.

Linda Soller, a member of the First Baptist congregation, said the church is located centrally, which made it a great location for the screenings. She said the congregation felt very strongly that it is important to provide community service and to help other churches provide the same service. "We are very excited to be doing this," she said.

PHOTO BY MIRZA KURSPAHIC/THE CONNECTION

Minker's Impact Recalled

Reston resident served as minister, educator, war hero.

BY MIRZA KURSPAHIC
THE CONNECTION

The day after Japan mounted a surprise attack on Pearl Harbor, 18-year-old Ralph L. Minker, Jr., joined the military. The Delaware native would rise to become a top-rated pilot, flying the B-17 Bomber 37 times on combat missions over Germany. At the age of 20, he ranked as a captain and was the youngest pilot in the Lucky Bastards' Club bomber group.

"He was a hero, but he would never see himself as a hero," said Harry Butowski, Minker's friend and Reston resident who is a history professor at George Mason University. "He saw himself as an American who was called on to serve, and he did serve. He lived an honorable and a full life," said Butowski. "Everyone who knew him loved him."

Minker died on Aug. 5 at the Sunrise of Reston Town Center assisted living facility after a 13-year battle with Alzheimer's Disease. Minker, a 28-year resident of Reston and a

"He taught me what unconditional love meant."

— Sandra O'Connell, Ralph Minker's wife

SEE MINKER, PAGE 4

Skate Park: Something for All Ages

Skateboarding enthusiasts support Herndon recreation proposal.

BY MIRZA KURSPAHIC
THE CONNECTION

By day, Evan Phillips works at the State Department. When he is off the shift, Phillips visits area skateboarding parks, taking pleasure in an activity he has pursued for decades.

"I've been skating since I was eight," said Phillips, a 34-year-old Oak Hill resident. Skateboarders of all ages — children, teenagers and adults — visit area skate parks often, including the one in Arlington. Phillips said 30 to 40 adults are at the Arlington park on any given Sunday morn-

ing. "We don't ever talk about work, it's really a fun setting," he said.

Jon Mengenhauser, a 43-year-old Reston resident, said he used to skateboard a lot in his younger days. He picked it up again after taking his daughter to a skate park because she wanted to try the activity. Now Mengenhauser skates twice a week and hopes he and his daughter will be able to do so in a community closer to home than Arlington.

The Town of Herndon has set aside \$175,000 for construction of a skate park in the community, with the idea of providing another recreational use without tak-

ing away another use. Phillips was one of about 20 skateboarding advocates — skaters of varied ages and their parents — who participated in a meeting on Thursday night, Aug. 14, with the Town's Parks and Recreation Department staff, discussing options for a site for the future park.

Patti Hurst, a 41-year-old Justice Department attorney from Arlington, said it is important that Herndon builds a good skate park. Hurst began skateboarding two years ago and said she would visit the Herndon park even though she had a skateboard park in Arlington. "Skaters go places," said Hurst, adding that they look for new courses much

"We could do something positive with that park."

— Karen Anderson, Herndon resident

like skiers and snowboarders look for new terrain. "If you got a great park, people like me will travel to your park," said Hurst, adding that the economic benefits of such a facility would speak for themselves. "There is a lot of commerce that takes place around an attractive recreational facility," said Hurst.

OF THE THREE OPTIONS considered for the skate park in Herndon on Thursday night, the skateboard

SEE SOMETHING, PAGE 5

Festival Seeking Volunteers

The Reston Multicultural Festival is seeking volunteers. The event will take place on Saturday, Sept. 6, at Lake Anne Plaza. Volunteer hours are from 10:30 a.m. to 5:30 p.m. Volunteers must be 13 or older, or accompanied by an adult if younger than 13.

The Multicultural Festival is an all-day celebration of international cultures that brings together thousands of people to dance, eat and celebrate diversity. Contact Ha Brock, the volunteer coordinator, for more information at 703-435-7986.

Mixed Media Art Exhibition

Arlene Laird and Patri Bschorr, mixed media artists, will present their work through Aug. 31 at the Reston Community Center at Lake Anne Jo Ann Rose Gallery. They will meet with the visitors on Saturday, Aug. 23, from noon to 3 p.m. in the gallery for a reception. Laird attended The Academy of Fine Arts in Philadelphia. Bschorr is a self-taught artist who lives in Delaplane, Va., where she raises alpacas. The gallery is located at 1609-A Washington Plaza and is open Monday through Saturday from 9 a.m. to 10 p.m. and on Sundays from 9 a.m. to 9 p.m. For more information call Gloria Marrow at 703-476-4500 ext. 3012.

Giving Circle's Grant Cycle Open

The Giving Circle of HOPE, a Reston-based organization that provides help to nonprofits in Northern Virginia, has opened its 2008 grant cycle. Grant guidelines and applications are available at www.givingcircleofHOPE.org or can be requested at givingcircle@hotmail.com. The applications are due Sept. 1. Grants of \$1,000 to \$5,000 will be awarded to organizations in December. Since inception in January 2004, the Giving Circle has given more than \$200,000 to 23 nonprofit organizations in Northern Virginia.

RCP Call for Audition

Reston Community Players are conducting an audition for "Forbidden Broadway" under the direction of Andy Regiec. The auditions will be held on Friday, Sept. 5, at 7:30 p.m. and Saturday, Sept. 6, at 2:30 p.m. The performances will take place Nov. 8 - 23. The Players are seeking four to six performers, ages 20 to 50. Those auditioning are asked to prepare a comic song of 16 bars and to dress to move. The auditions will take place at Lindsay Peterson Hall, 266 Sunset Park Drive, at the Sunset Business Park in Herndon. For more information visit www.restonplayers.org or call 703-435-2707.

Jaguar's Concours d'Elegance

The Nation's Capital Jaguar Owners Club will host the 44th Annual Concours d'Elegance in partnership with Rosenthal Jaguar Land Rover of Vienna on Sunday, Sept. 7, on Market Street in Reston Town Center. The judged Jaguar car show will present every vintage from the 1927 Swallow to the 2008 XF. Registration and vehicle preparation will take place between 8 and 10 a.m. followed by an opening ceremony. The award ceremony will take place from 3 to 4 p.m.

Oktoberfest Back in Reston

The Greater Reston Chamber of Commerce is bringing Oktoberfest back to Reston on Oct. 10 and 11 at the main pavilion at Reston Town Center. The event will feature fall brews and traditional Oktoberfest foods from area restaurants, as well as live entertainment. Restaurant participation and sponsorship opportunities are limited. Contact the Greater Reston Chamber of Commerce for more information at 703-707-9045 or visit www.restonchamber.org.

Business Counseling Offered

Fairfax County Economic Development Authority will send representatives to Hunter Mill District Supervisor Catherine Hudgins' office. For more information visit www.fairfaxcountyEDA.org or call 703-790-0600.

Minker's Impact Recalled

FROM PAGE 3

United Methodist minister, was 84 years old.

"He seemed to have an impact on everyone that he met," said Sandra O'Connell, Ashburn resident and Minker's wife. "He had the greatest smile in the world," said O'Connell. "He could always make me laugh." She said Minker leaves a legacy of total acceptance, always embracing people. "He taught me what unconditional love meant," she said.

"I will remember him as just a wonderful gentleman, a tremendously warm person," said Butowski. He also said Minker would embrace anyone who came to him. "People could just gather around him because of that smile and because of that warm personality," said Butowski. "He was a great asset to our country and our local community."

O'CONNELL SAID Minker's role as a pastor was the dominant role of his life. Having attended the Boston University School of Theology with Dr. Martin Luther King, Jr., Minker was active in the civil rights movement and participated in the march as a pastor when King delivered his "I Have A Dream" speech. "He was always a maverick pastor," said O'Connell of Minker's ministerial career. "He was doing things in the '50s and '60s that were ahead of his time."

Butowski said that Minker chose to continue his service to country and community when he became a pastor. "He was a man of courage," said Butowski. "He worked for civil rights. He had a great sense of what was fair and what was right." Minker served nine congregations in the Baltimore-Washington area during his ministerial career. He also worked with James Rouse to design the first interfaith center in Columbia, Md. He retired from that career in 1989 and became a member of the United Christian Parish in Reston. The Alzheimer's diagnosis came in 1995. Both O'Connell and Butowski said Minker was completely open with people about the diagnosis. He participated in educational programs about the disease. Minker also continued to serve the community. "Even at the end he would volunteer," said O'Connell. He would sort books at the Reston Library after Alzheimer's took away his other abilities. "He contributed continually," said O'Connell. "His very last act was to donate his brain to research," she said. "He wanted to make a difference for others, not himself."

MINKER'S WORLD WAR II service is recalled in a book published in 2005, "An American Family in World War II." It contains 800 letters between Minker and his family in Delaware during the war. Butowski, who teaches World War I and II at GMU, said the 800-plus letters transported him back to the war years. "His letters are absolutely unique," said Butowski, because they constitute a conversation, a back and forth between Minker and his family in Delaware. "It [the conversation] really brings home the true impact of that war," said Butowski. The book has recently been adopted by Fairfax County and Loudoun County public schools as primary source material in teaching of World War II. The GMU professor often brought Minker into his classes to speak to the students about his experiences in World War II. Butowski said the stories Minker told captivated audiences of all ages. "The guy is almost like Forest Gump," said Butowski. He recounted Minker's experiences that included landing back in the United States on the day of Japan's



PHOTO BY JASON HARTKE/THE CONNECTION

Ralph L. Minker, Jr., was inducted into the Delaware Aviation Hall of Fame in 2004. With the help of his wife and a friend, he published a book that includes 800 family letters during his time in World War II.

capitulation, meeting famous Hollywood actors, being in the presence of Princess Elizabeth and Winston Churchill and meeting Jimmy Doolittle, an Air Force combat general, a well-respected commander among military pilots.

Minker's daughter, Janet Minker of Bethesda, however, remembers her father as something other than a minister, educator or war hero. "My father was an avid gardener throughout his life, taking particular enjoyment in hybrid roses," said Janet Minker. She said that love for gardening was passed on to her and she and her father would often engage in conversations about the flowers. Ralph Minker's mother once had in her Wilmington, Del., garden. "Today in my garden I have many plants that he gave me from his cuttings and they continue to flourish and remind me of his special joy," said Janet Minker.

Ralph Leland Minker, Jr., was born June 16, 1924, in Wilmington, Del., to the late Rev. Ralph Minker, Sr., and Ruth Edna Jones Minker. He married and divorced Peggy Ann Reynolds, who died in 2003. Sisters Shirley Minker Hunsberger and Bernice Minker Pettit also preceded him in death. Minker is survived by Sandra O'Connell, wife of 28 years, daughter Janet Minker, son Ralph L. Minker III and three grandsons.

The interment of ashes with full military honors will be held on Oct. 28 at Arlington National Cemetery. To learn more about Minker's life, visit the "An American Family in World War II" web site at <http://www.bluehenchick.com>.

"He was a great asset to our country and our local community."

— Harry Butowski, Ralph Minker's friend

Something for All Ages

FROM PAGE 3

ing enthusiasts supported building a park at Trailside Park, on the corner of the Washington and Old Dominion Trail and Crestview Drive. The other options were a strip of land by Coral Road and a parking lot on Station Street in downtown Herndon. Some of the goals in choosing a site were to build the park 300 feet or more from residences, have it be visible and have parking at the site.

"We want it accessible, we want it visible and we want it safe," said Cynthia Hoftiezer of the Town of Herndon Parks and Recreation Department. She said other options for the site could still be developed, but the conversation with the skate park supporters led to no new sites proposed, given the goals stated for building the park. Hoftiezer added that the Town also explored building a portable park, leasing underutilized parking lots or using the space at the old police station, all of which proved ineffective. She also said that one of the goals, as currently stated, is to build a 7,000 to 10,000 square-foot park.

"I'd be uncomfortable with anything smaller than 12,000 square feet," said Karen Anderson, a mother of skateboarders. She said the size is important for the safety of the skaters. A smaller park would crowd a lot of people together. "If you're going to have a skate park you need to have a safe skate park," said Anderson.

"It needs to be bigger," said skateboarder Ben Wilson, a 14-year-old rising freshman at Herndon High School.

"A bigger park is definitely safer," said Sean Warsing, a Herndon resident since 1982 and an active skater. He supported the Trailside Park site because it was accessible and near other Town of Herndon parks. The new skate park would also promote beneficial use of the park. "I've lived here since 1982 and Trailside Park has been the same since 1982," said



Oak Hill resident Evan Phillips is a frequent visitor to the Arlington skate park.

PHOTO CONTRIBUTED

the police consider the park a high drug traffic area, but Hoftiezer said the Parks and Recreation Department did not receive any numbers to suggest there is more crime in the park than anywhere else in the community. Vice Mayor Connie Hutchinson said part of the reason for the higher crime at the park is that it is secluded and anything that could be done to open the park up would be helpful.

"The thing about skate parks is they are unbelievably family friendly," said Anderson. "We could do something positive with that park."

THE PARKS AND Recreation Department will make a presentation to the Herndon Town Council at its work session on Sept. 16, updating it on the skate park developments. In the meantime, Anderson and other skateboard activists will continue to work toward securing the park. She said her sons and other skaters needed a place to go. She had received a phone call from a Herndon Police officer after one of her sons was skating downtown.

"It is sad when a Herndon Police officer calls your house only because your son was skating," said Heather Woodall, Ben Wilson's mother.

The group also considered at the meeting forming a 501(c)3 organization to collect grant money and tax deductible donations for the skate park to add to the Town's \$175,000 funding. "We should diligently explore private funding," said Mengershouser, adding that Herndon is in a wealthy county with many corporate headquarters. He added that he and other advocates have reached out to the grassroots skateboarding community throughout the country to find examples of how their communities have built skateboarding parks.

"If you got a great park, people like me will travel to your park."

— Patti Hurst, Arlington resident

Warsing.

Hoftiezer said the advantages of building a skate park at Trailside Park were that its topography was conducive to a skateboard park, it was near the Washington & Old Dominion Trail, it is an existing park and has decent street visibility. The disadvantages were that it is already a well used park — and the town does not want to replace another use — it is not quite 300 feet from residences and building a skate park would require cutting down some trees and shrubbery.

"It's well used, but look what it's used for — gang activity," said Warsing. Anderson said

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PEOPLE

Hail to the Redskins

“SkinsPrz” displays massive collection of ‘Skins memorabilia.

BY PAUL FROMMELT
THE CONNECTION

The exterior of Dennis Greene’s home offers few hints of what lies inside. In a quiet Oak Hill neighborhood, Greene’s home fits in nicely with the other well-manicured lawns on his street.

Yet a peek inside his garage shows the first sign of what makes the Greene household extraordinary. The garage walls are painted burgundy and gold — colors synonymous with the Washington-Metro area’s premier sports franchise — the Washington Redskins.

Inside the garage, a BMW sports the license plate, “SKNS PRZ.”

Greene is the Redskins’ president of business operations, a title he has held since last October. A member of the Redskins’ staff since 2001, Greene’s home is the epitome the term, “taking your work home with you.”

Once inside Greene’s home, a picture of the Greene family decked out in Redskins jerseys greets guests. Dennis, wife Lynne, son Michael, 16, and daughter Stephanie, 12, all smile brightly while wearing burgundy and gold. Even family dog Touchdown sports a jersey. Above it hangs a serigraph of a 2006 LeRoy Neiman painting, No. 6 of 200, showing the Redskins playing the New York Giants — a gift from Redskins’ owner Daniel Snyder.

IT’S NOT UNTIL guests reach the basement, however, that the level of Greene’s devotion to the ‘Skins becomes clear. The lower level of the Greene household is home to one of the largest collection of Redskins memorabilia this side of Redskins Park.

“This isn’t memorabilia, it’s more obsessive,” said Lynne Greene.

Game-worn signed jerseys hang in frames on the wall, including those of quarterback Jason Campbell, tight end Chris Cooley and running back Clinton Portis, along with

Redskin greets Sonny Jurgensen and Darrell Green.

The Redskins’ familiar trademark logo is everywhere, from carpets and pool tables, to bottle openers and wine bottles.

“This was not a purposeful plan. This just kind of evolved. In the beginning, it was just stuff,” said Lynne Greene. “But once we had enough stuff, it became something.”

It started quietly enough, with a Jeff George signed photo here and a Patrick Ramsey jersey there. Throughout the years, however, the frequency of Dennis Greene bringing home something to add to the collection increased.

“It started evolving and I started getting so much of it,” said Dennis Greene.

Eventually it got to the point where he said, “We have enough stuff that we can actually make this pretty cool.”

Added Michael: “He would bring home stuff randomly. Over time, this kind of just built up.”

The children’s toys were tucked away in a closet and the walls became burgundy and gold — with a lighter yellow paint added to accent walls at the request of Lynne Greene. Shelves were built to accommodate

Greene’s ever-growing collection of signed game balls.

The family pool table was given a Redskins’ makeover, complete with balls depicting the Redskins’ logo and rival Dallas Cowboys’ star logo.

“They always lose, whoever plays with the Cowboys [balls],” assured Michael.

“I told him that he could have the basement,” said Lynne Greene. “If it was up to him, he would probably have the whole house.”

It’s tough for Michael, who is entering his junior year at Oakton High School, to pick a favorite piece of memorabilia. Two that immediately come to mind, however, involve former Redskins safety Sean Taylor, who was murdered on Nov. 27 last year. He points out a framed black and white Taylor jersey. Taylor signed his name and included a personalized greeting inside of the No. 21 on the back.

Michael had an opportunity to interview the media-shy Taylor and was wearing the limited edition jersey.

“Where did you get that,” Lynne Greene remembered Taylor asking Michael. It was the first time that the Pro-Bowl safety had seen his jersey in those colors.

Michael also points to a pair of Michael Jordan Nike cleats that Taylor wore, and was subsequently fined for, during a Dec. 10, 2006 game against the Philadelphia Eagles.

TAYLOR ALSO

had a hand in one of Dennis Greene’s favorite pieces of memorabilia.

During a Dec. 5 game against the Cowboys in 2006, Taylor returned a blocked field goal into Dallas’ territory to set up Redskins kicker Nick Novak’s game-winning field goal. While Novak owns the ball that he sent through the uprights, Dennis Greene displays the first ball that Novak kicked — which didn’t count because the Cowboys had called timeout before the snap.

“They froze the kicker and it went through and that is the ball that I got,” said Dennis Greene. “I still think that it is really special. It’s not as special but it is still cool.”

He also points out a signed Cooley jersey, complete with grass stains. Inside the frame shows pictures of Cooley wearing the jersey during the game.

“If you open it up, you can smell it. It is unbelievable how it smells,” said Dennis



PHOTOS BY LOUISE KRAFT/CONNECTION

Dennis Greene and son Michael enjoy a game of billiards with a Redskins’ touch.

Greene with a laugh.

FOR LYNNE GREENE, picking her favorite piece of memorabilia is easy — it’s a team signed ball that she won at the Redskins’ Christmas party in 2006.

“It is my favorite football,” she said.

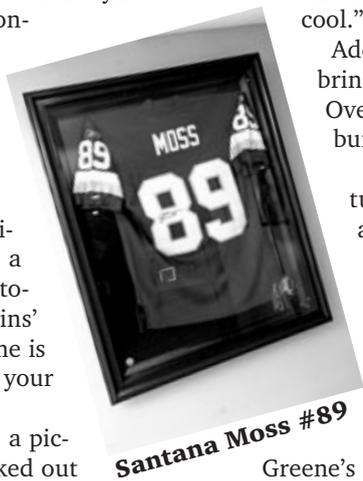
The entire 2006 team signed the ball — including owner Dan Snyder, who wrote, “Dennis, you are a stud. Love, Dan.”

Another favorite of Lynne Greene’s is a picture of her standing between Redskin offensive linemen Jim Molinaro and Ray Brown. “[Dennis] thought it was really funny how big they were compared to me. So I took my shoes off and he snapped a picture,” she said.

Other framed pictures sit on the shelf, including Dennis Greene with Snyder and Dennis Greene with Super Bowl-winning quarterbacks Joe Montana and Peyton Manning — another favorite.

As for plans for future Redskins memorabilia, Dennis Greene already has his No. 55 Jason Taylor jersey ready to be signed. Taylor, the Redskins’ big defensive acquisition during the off-season, has already been deemed worthy of hanging in Greene’s basement.

“The order is already in,” said Dennis Greene.



Santana Moss #89



Chris Cooley #47

REAL ESTATE NOTES

Send announcements to reston@connectionnewspapers.com or 7913 Westpark Drive, McLean VA 22102. Call 703-917-6451 with questions.

Helen Yeh has joined the Coldwell Banker Residential Brokerage and the Kitty Bernard Team sales force in the Reston Town Center office. Yeh began her career as an investor in real estate and a partner with a small real estate development firm for both residen-



Helen Yeh

tial and commercial properties. Prior to her real estate career, she spent years in the banking and mortgage finance industry and served as a professional leader in the Chinese community. Contact Yeh at 703-707-2084, or visit www.cbmove.com.

Sherry Morrison has joined the Coldwell Banker Residential Brokerage Reston as a sales associate.

COMMUNITY NOTES

English classes for adults sponsored by ESL and Immigrant Ministries will be offered in 17 locations in Northern Virginia. Childcare is available at some locations. Registration begins **Sept. 2**. A \$20 processing fees is requested. Scholarships are available. Check www.eslim.org for class locations and schedules or call 703-841-0292 and leave a message. Calls will be returned in English, Spanish, Korean, or Vietnamese.

Children’s art workshops at the Reston Museum, 1629 Washington Plaza, 10 a.m.-noon **every Saturday**. Free make and take projects, themed for the seasons, with artist Pat Macintyre. Call 703-709-7700.

Run, jog or walk with Body by Geoff, **every Saturday**, 8 a.m. Free. Meet at Body By Geoff, 1609 Washington Plaza, Reston. Call 703-464-5559.

SCHOOL NOTES

Daniela S. Guernica, a resident of Reston, has recently been named to the dean’s list at Boston University for the spring semester.

Marymount University’s Reston Center is now enrolling for fall. Marymount’s Reston Center accommodates the schedules of adult learners with evening and Saturday classes. For more information, call 703-284-5902.

CRIME

Activities reported by the Reston district of the Fairfax County Police Department through Aug. 13.

MALICIOUS WOUNDING/ ARREST
2400 block of Jefferson Way. An ongoing dispute between two co-workers left one injured on Thursday, Aug. 7. Police were called at 8:20 p.m. for an assault with a weapon. Officers located the victim, a 33-year-old Herndon-area man, inside his home tending to his injury. The victim was transported to Inova Reston Hospital for treatment of his non life-threatening injuries.

The suspect responded to the hospital and met with officers. Officers determined the suspect and victim had an ongoing dispute at work. The suspect reportedly approached the victim outside his home and struck him in the head with an object. A 24-year-old Potomac Falls man was transported to the Fairfax County Adult Detention Center and charged with malicious wounding.

ROBBERY/ SIMPLE ASSAULT
Parcher Avenue/ Jenson Place. Police were called at 11:44 p.m. on Friday, Aug. 8, for a robbery. An investigation determined two Herndon-area victims, 19 and 16 years old, were walking near Parcher Avenue and Jenson Place around 11:15 p.m. when a group of five males approached them. Two of the suspects assaulted the two victims and took personal items from them.

The suspects fled and the victims went nearby for help. The victims had minor injuries that did not require medical treatment. Two of the suspects were described as black, in their teens. They were both about 5 feet 10 inches tall with medium builds.

PEEPING/ ARREST
2000 block of Royal Fern Court. Police arrested a man on Saturday, Aug. 9 after they observed him peeping into the window of an apartment. Officers were initially called at 10:10 p.m. by the victim, a 53-year-old Reston woman. The victim saw a man outside her window. The officers located a suspect outside the apartment but he fled when the officers approached. He was located nearby a short time later and taken into custody. A 46-year-old Reston man was transported to the Fairfax County Adult Detention Center and charged with peeping.

BURGLARY OF DWELLING
2100 block of Monaghan Drive. The residents of a home in the 2100 block of Monaghan Drive were startled by an intruder on Wednesday, Aug. 13. The 23-year-old man and 51-year-old woman were upstairs at 12:07 a.m. when they heard a group of about six males arguing in their backyard. Shortly after, they heard a loud crash in their home. The victims walked to the stairs and saw an unknown man inside their home. The suspect unlocked the front door and walked out. No one was injured. An investigation determined the suspect forced open the rear gate and then smashed the basement sliding glass door. He entered the home through the shattered door and exited out the front. Nothing was taken. The suspect was described as Hispanic, in his teens. He was about 5 feet 9 inches tall and 175 pounds. He was wearing a black tank top, jeans and a black baseball cap.

BURGLARY
1900 block of Limb Tree Lane. Police were called to a home in the 1900 block of Limb Tree Lane at 1:16 p.m. on

Wednesday, Aug. 13 for a reported burglary. A neighbor arrived home and heard an alarm sounding from the house next door. Upon looking further, she realized the front door was standing open and two men were leaving the house in a car. The vehicle was not located. The suspects could only be described as possibly Hispanic. The car was a small gray vehicle.

BURGLARY/ ARREST
1700 block of Clubhouse Road. Three juveniles were apprehended for breaking into a country club. On Wednesday, Aug. 13 at 3 a.m. police responded to an alarm at the Hidden Creek Country Club, located at 1711 Clubhouse Road. Officers found an open door and discovered that someone entered the building. A vehicle was seen leaving the club a short time later. Police stopped the vehicle and determined the three teenage boys inside were reportedly responsible for entering the club. Officers also located alcohol inside the car. Two 17-year-old Herndon-area boys were charged with underage possession of alcohol and released to their parents. Petitions will be obtained for burglary on each teen. A 16-year-old boy from Hempstead, New York was transported and held at the Fairfax County Juvenile Detention Center where a petition for burglary was obtained. Nothing was taken from the club.

LARCENIES
2300 block of Birch Run Circle. Key and gold chain stolen from residence.
2000 block of Edmund Halley Drive. Two laptop computers, DVD burner and camera stolen from business.



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OPINION

Local Olympians

Kudos to them, every one, for being there.

Lost somewhere in the quest for gold and medal counts and world records of the Olympics is appreciation for the effort and talent it takes to qualify, to go, to be an Olympian, whether or not an athlete comes home with a medal of any color.

Last week, we celebrated Justin Spring of Burke who contributed to U.S. winning bronze in men's team gymnastics.

We're proud of Kate Ziegler of Great Falls, who showed wisdom beyond her years in interviews after she failed to make the finals of either of her two events. The 20-year-old George Mason University student was disappointed, but smiled and said: "Even though I had disappointing swims, I still am an Olympian. ... I went to the Olympics. I'm going to enjoy my experience. This is ... the end of this four-year chapter, but I feel like I'm just ... beginning on my way."

Ziegler's best event actually isn't even an Olympic sanctioned race. The four-time world record holder shattered Janet Evans' 18-year world record time by 10 seconds in the 1,500 in October 2007. (The 1,500 is only for men

in the Olympics.)

Two McLean High graduates, Giuseppe Lanzone and Sam Stitt, are both members of the U.S. Rowing Team and are rowing in the Olympic Games in Beijing, China.

The two were McLean Highlander rowing team members during the spring of 2000. The Highlanders finished undefeated that season and earned several medals in several major regattas.

Lanzone, an All-Met rower that season, went on to row collegiately at the University of Washington. Stitt, meanwhile, competed in the sport at Rutgers University. Lanzone came to the United States from Peru and eventually became a U.S. citizen.

These two young men spent 10 years of hard work in hopes of making the 2008 Olympics' Team.

Kara Lawson, who enjoyed a standout career at West Springfield and who was named among the Connection's Top-100 Athletes of all time, is on U.S. Women's Olympic basketball team.

Lawson, a 5-foot-10 guard for the WNBA's

Sacramento Monarchs, will make her first Olympic appearance. She is a Tennessee graduate.

At West Springfield, she led the Spartans to the 1997 and 1998 Virginia Class AAA state crowns and perfect 30-0 seasons. In college, she led the Lady Vols to a 126-17 (.881) record, four Southeastern Conference (SEC) regular season titles, the 2000 SEC Tournament crown, and four NCAA Tournaments where UT advanced to the 2001 Sweet Sixteen, 2002 Final Four and 2000 and 2003 championship games.

And Northern Virginia will be represented by at least two athletes in Beijing this year. Tyler Byers of Sterling and Josh George of Herndon were the first two American finishers in the wheelchair division of the L.A. Marathon in March, making them automatic competitors in the marathon event of the Paralympics, which will follow the Olympic games in September.

If you know of local Olympic athletes we've failed to mention (and we're sure there are), please let me know.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM,
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EDITORIAL

COMMENTARY

Undertaking Rocketrek To Inspire Youth

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

Oklahoma City hosted the annual Southern Legislative Conference (SLC) that I attended last month. As with any host city, Oklahoma City showed off its best from its Native

American and Cowboy heritage to its present modern development. One of the conference speakers, John B. Herrington, epitomized the Oklahoma story. Herrington is a Native American member of the Chickasaw Nation and is the first Native American to fly and walk in space. On Aug. 13, 2008,

Herrington starts his latest adventure, Rocketrek, a 4,000-mile bicycle ride from Cape Flattery, Washington, to Cape Canaveral, Florida. The purpose of his trip is to encourage students to study science, technology, engineering, and mathematics (STEM).

Herrington, a retired United

States Navy Commander and NASA astronaut, is a very engaging speaker, and he explained to the assembled legislators at SLC the motivation for his Rocketrek journey. Although he now has a bachelor of science degree in applied mathematics and a master of science degree in aeronautical engineering, he graduated from high school in 1976 as a less than average student with few goals in life. His major interest was rock climbing at which he apparently excelled. A person who became interested in him encouraged him to go to college, and he received his first degree seven years after finishing high school. He went on to Aviation Officer Candidate School and was designated a Naval Aviator in 1985. He logged over 3,800 flight hours in over 30 different types of aircraft.

Herrington joined NASA and the space program in 1996. He flew on the Endeavour as part of the 16th Shuttle mission to visit the International Space Station. He logged over 330 hours in space including about 20 hours walking in space. Retired now, he has turned his attention to motivating young people to develop personal goals and aspirations and to understand the value of studying the STEM courses. Already this coun

SEE ROCKETREK, PAGE 9



Preschool Earns National Accreditation

United Christian Parish Preschool located on North Shore Drive in Reston is one of the first early childhood programs to earn accreditation from the National Association for the Education of Young Children (NAEYC). "We're proud to have earned the mark of quality from NAEYC, and to be recognized for our commitment to reaching the highest professional standards," said Jane Plum, director of the Preschool. For over 30 years United Christian Parish has offered part-day preschool for children ages 2 to 5 in 2, 3 or 4 day/week classes. The church offers reduced fees to families who are unable to afford the full cost of preschool.

THE CONNECTION

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NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-917-6444
Fax: 703-917-0991
e-mail:
reston@connectionnewspapers.com
Web Site:
www.ConnectionNewspapers.com

Steven M. Mauren
Editor ♦ 703-917-6451
smauren@connectionnewspapers.com

Matthew Razak
Assistant Editor ♦ 703-917-6457
mrazak@connectionnewspapers.com

Mirza Kurspahic
Community Reporter
703-917-6452
reston@connectionnewspapers.com

Julia O'Donoghue
Education and Politics
703-917-6433

Nicholas Horrock
Business and Transportation Editor
nhorrock@aol.com

Ken Moore
Courts & Projects
703-917-6417

Rich Sanders
Sports Editor ♦ 703-917-6439
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Production Manager:
Jean Card

CIRCULATION: 703-917-6480
Circulation Manager:
Linda Pecquex

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OPINION

Class Acts: Monk and Green

BY JACK KENNY
PAST PRESIDENT, REPUBLICAN CLUB OF GREATER RESTON

Several weekends ago, in Canton, Ohio, the stands were wall-to-wall burgundy and gold, and the roar of the crowd threatened to send the stadium to shaking. "Hail to the Redskins" was sung repeatedly and with gusto, and the mere sight of Art Monk and Darrell Green started the whole cycle again. The sight of Michael Irvin drew boos. As the youngsters and reality show contestants say, "It was on!"

That was the scene a couple of weeks ago Saturday in Canton, Ohio when Darrell Green and Art Monk were inducted into the Professional Football Hall of Fame. Darrell getting the nod in his first year of eligibility, and Art Monk having to wait a little longer, and both being seen again as the class act we have always known them to be — which is so much of why I like these guys so much, especially in this day and age of spoiled brat athletes.

As they prepared to speak, all I could think of was yesteryear ... Darrell Green, the fastest man in the NFL, playing 295 games for the Redskins, streaking down the field to stop Tony Dorsett and Eric Dickerson, the "hurdle" punt return against Chicago, and the last play stop against Minnesota that sent the 'skins to the 1988 Super Bowl ... Art Monk effortlessly making defenses pay with his precise

routes, team leadership, and a willingness to do everything he could to win — a quiet, respect-inspiring team leader.

They seem to be two very different men. One tall, one not. One bursting with energy and a quote; one quiet and dignified. Art Monk came from a big school in the Northeast, and Darrell from a small school in Texas. They are a study in contrasts, teammates walking arm and arm into immortality.

But as they spoke, I realized they are not so different. Both men were introduced by their sons, both of whom clearly revere their fathers. Both men spoke lovingly of their families, their teammates, and the many people who gave their time to put them on that stage. Both spoke of faith, teamwork, consistent and unbending effort.

Art and Darrell were not alone on that stage. They were joined by the memory of the Hogs, the Over the Hill Gang, the Fun Bunch, and the hundreds of people who showed them a kindness. They celebrated those they love; they did not speak ill of their opponents, or re-fight old grudges. It was quite a sight for all those Redskin fans who made RFK rock and urged on our guys to wins over various teams whose names are simply to obnoxious to think about. Simply put they were the class acts they have always been.

Congratulations Art and Darrell. You made us proud to be Redskins fans, and your example reminds us that the lessons of consistent excellence you embody apply not only to professional athletics, but to all we do.

Many thanks to state Sen. Ken Cuccinelli, our next Attorney General who did the work here.

A DIFFERING POINT OF VIEW

LETTERS TO THE EDITOR

Check the Facts

To the Editor:

Shocked! When I read that "I hear a rumor ... about our Hunter Mill supervisor. Less than a year into her third term, Hudgins is said to have told friends she will not seek another term and may quit before the term ends." (John Lovaas, Reston Connection, Aug. 13-19)

Lovaas then implied that Supervisor Hudgins has chosen as her "heir apparent, a faithful planning commissioner ..."

Shocked, sort of! I called Supervisor Hudgins and she said there was "No truth" to Mr. Lovaas' report. She wasn't as shocked as I was by this report. After all I, too, should be used to Mr. Lovaas' attacks and misrepresentations about Supervisor Hudgins.

Since he writes weekly in The Connection, don't you, as editor, have some responsibility to ask Lovaas to check his sources? You might want to protect the reputation of the Connection and do some fact checking on his future diatribes.

Lovaas is on a mission to unseat Supervisor Hudgins. The Connection should not be let itself be the means by which he does it.

Linda A. Singer
Reston

Rocketrek

FROM PAGE 8

try faces a shortage of engineers, scientists, and mathematicians. Virginia has a legislative study under way to increase enrollment in STEM.

Rocketrek will take Herrington on his bicycle to schools of Native Americans along the way and to schools involved in the NASA Explorers program. Follow his journey on www.rocketrek.net and encourage young people you know to do the same. They can participate in his journey by tracking his daily trek on Google Earth, watching trip video, and solving science problems related to the trek.

Not everyone can become a rocket scientist, but we need to ensure that everyone achieves his or her potential. Sometimes it takes an encouraging word to point someone in the right direction or to encourage that person to seek higher goals. Herrington is a role model for young people interested in science and technology. And he is a role model for other adults to be helpful to young people as well.

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All residents, age 18 and older, of Small District 5 are eligible to run for a seat on the RCC Board of Governors. From the Preference Poll results, the Fairfax County Board of Supervisors will appoint three Reston residents to the RCC Board for three-year terms.

Candidates must register by September 10, 2008 at 8:00 p.m. Candidate Handbooks and Candidacy Forms will be available starting September 1, 2008 at RCC Lake Anne, and online at www.restoncommunitycenter.com.

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ARTS ♦ ENTERTAINMENT ♦ LEISURE

Illness Inspires First Novel

Lifelong Herndon resident draws on personal feelings for 1970s horror story.

BY MIRZA KURSPAHIC
THE CONNECTION

A rare disease forced Jake Ziemba to drop out of college and quit his job at the age of 18. The lifelong Herndon resident did not allow the bout with the disease to have absolute control of his life, he used the newfound free time to exercise his passion for writing and completed his first novel.

"I really enjoy the challenge of writing," said Ziemba, now 21. "It's very cerebral. You have to construct a story and keep it interesting for the reader." He said writing was something he could do without leaving his house, which was important as he struggled through

a fight with Paroxysmal Nocturnal Hemoglobinuria (PNH), a bone marrow failure disease that causes blood clots and restricts mobility. "It would be very painful" to leave the house, said Ziemba. When he was diagnosed with PNH, Ziemba had already been



Jake Ziemba will be reading from "The Yukon Glory" on Saturday, Aug. 23, at Reston's Used Book Shop in Lake Anne.

SEE AUTHOR, PAGE 12



Carmen Stull, vice president for development, Women's Committee for the National Symphony Orchestra (NSO); Edith Chhin, wife of the Cambodian Deputy Chief of Mission to the U.S.; Linda Gaa, wife of the Philippine Ambassador to the U.S.; Nunung Kuncorowati, wife of the Indonesian Ambassador to the U.S. and Luis Florendo, Filipino American designer.



Camille Beers of Camille Beers Design Studio has designed her version of an "East meets West bedroom."

PHOTOS BY LOUISE KRAFT/THE CONNECTION

Design Show To Benefit NSO

Reston designer Camille Beers selected to participate.

Beyond Dragons — an east-west fusion of interior design, presented by the Women's Committee for the National Symphony Orchestra — was announced last week at a luncheon at the Kennedy Center. The design show will be held this year at the Chevy Chase Women's Club on Oct. 22-26. Ten local designers will be featured. Feng Shui, table settings, Ikebana and window treatments are some of the workshops and demonstrations already scheduled for the five-day show. The

Embassy of Japan is tentatively planning a Tea Ceremony.

Area designers include Camille Beers, Reston; Sally Steponkus, Washington, D.C.; Liz Levin, Washington, D.C.; Sandra Meyers, Rockville Md.; Shannon Munn, Springfield; Janet Morais and Anna Bimba, Manassas; Luis Florendo, Baltimore Md.; Karen Luria and Mary Beth Schepp, Alexandria; Tracy Morris, Washington D.C. and Ian Simpson of Smith & Hawken in Chevy Chase Md.

In addition to the Women's Committee and the designers; members of the ASEAN

Women's Circle are participating with this year's show. This non-profit organization is composed of wives of ASEAN ambassadors and diplomats, and female diplomats from the 10 ASEAN (Association of Southeast Asian Nations) embassies. The 10 ASEAN nations are: Brunei, Cambodia, Indonesia, Laos, Malaysia, Myanmar, Philippines, Singapore, Thailand, and Vietnam.

For more information on the upcoming show visit www.kennedy-center.org/celebrations.

THINGS TO DO

Send announcements to reston@connectionnewspapers.com or call 703-917-6451. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/AUG. 21

Children's Show. Rainbow the Clown will perform at the Lake Anne Village Center, 1609 Washington Plaza, Reston from 11-11:30 a.m. call 703-620-5554. Free.

Take a Break Concert. IONA — traditional Pan-Celtic — will perform at the Lake Anne Village Center, 1609 Washington Plaza, Reston, from 7-9 p.m. Call 703-476-4500.

SATURDAY/AUG. 23

Reston Concerts on the Town. Big Joe & the Dynafloes — New Orleans swing, jazz, jump blue — at Reston Town Center Pavilion, 7:30 – 10 p.m., free.

Book signing. Herndon resident Jake Ziemba will be reading excerpts from his first novel, "The Yukon Glory," 2 p.m., at Reston's Used Book Shop in Lake Anne. For more information on the event, call 703-435-9772.

SUNDAY/AUG. 24

23rd Annual Reston Century Bike Tour. 6 a.m. registration, Reston Town Center Pavilion & W&OD Trail. Riders can select from three routes of approximately 30, 63 and 100 miles. Post-ride party in the Pavilion with food and music for participating cyclists. Friends and

family can join the festivities for a fee. Rain or shine. See restonbikeclub.org.

MONDAY/AUG. 25

Auditions. The Reston Chorale will be auditioning all voice parts 6:30–9 p.m. at the Lake Anne Community Center, 1609 N. Washington Plaza, Suite A, Reston. To schedule an audition time, visit www.restonchorale.org or call 703-834-0079.

TUESDAY/AUG. 26

Children's Show. Kid Comic will perform at the Lake Anne Village Center, 1609 Washington Plaza, Reston from 11-11:30 a.m. call 703-620-5554. Free.

Summer Horse Show Series. Watch a free horse show that starts at 4 p.m. See local talent competing in jumping and flat classes. The cost for competitors is \$12 per class. Call Frying Pan Farm Park, 2709 Ox Road, Herndon, at 703-437-9101.

"Back to School" Family Fun Night. Hosted by Chick-fil-A of 12160 Sunset Hills Road, Reston, 5-8 p.m. Jansport Backpack raffle. Entertainment including Mr. Skip, a music and movement entertainer and face painting makeovers.

Auditions. The Reston Chorale will be auditioning all voice parts 6:30–9 p.m. at the Lake Anne Community Center, 1609 N. Washington Plaza, Suite A, Reston. To schedule an audition time, visit www.restonchorale.org or call 703-834-0079.

INOVA Blood Drive. 12 - 7:30 pm, beside Reston

Town Center Pavilion. Schedule appointments at 1-866-256-6372 or inova.org/donateblood.

TUESDAY/AUG. 27

Meet Me at the Movies. Senior Movie Day, 10 a.m. (Doors open at 9:30 a.m.), Reston Town Center Multiplex Cinema. Reston Association presents "The Namesake." Refreshments and door prizes provided prior to the movie. Free to those 55+. 703-435-6530.

Complimentary Cake Tastings. Sample moist, dense cakes and award-winning candies, 1-3 p.m. at Edibles Incredible!, 11917 Freedom Drive, Reston Town Center. 703-709-8200. ediblesincredible.com

THURSDAY/AUG. 28

Children's Show. Malcolm the Magician will perform at the Lake Anne Village Center, 1609 Washington Plaza, Reston from 11-11:30 a.m. call 703-620-5554. Free.

Sampling Night. Free samples of the flower of the month, "Virginia's Finest" gourmet treats, and hand made chocolates. 5 – 8 p.m. Lake Anne Florist & Chesapeake Chocolates.

Take a Break Concert. Marty Nau Quartet — bebop jazz — will perform at the Lake Anne Village Center, 1609 Washington Plaza, Reston, from 7-9 p.m. Call 703-476-4500.

SATURDAY, AUG. 30

Porsche Club Car Show. Display of vintage

SEE CALENDAR, PAGE 11

CALENDAR

FROM PAGE 10

Porsches, 9 a.m. - 3 p.m., Reston Town Center Pavilion

Chartered bus trip. Cheer the Nats to victory over the Atlanta Braves. Call 703-435-6577 to register. Bus pick up location: Reston Association, 1930 Isaac Newton Sq. \$32/RA members and \$36/non-members.

MONDAY/SEPT. 1

Jazz & Wine Festival. Jazz artists, Virginia wineries, fine arts and food, noon-6 p.m., in historic downtown Herndon. See www.herndon-va.gov.

SATURDAY/SEPT. 6

Reston Multicultural Festival. Entertainment, displays, activities, fashion shows, food, arts & crafts. 11 a.m.-5 p.m. at Lake Anne Plaza and parking area. Free. Farmers Market will be located on upper parking area for this day.

Bluegrass Concert Series. ALL4HYM (www.all4hym.com) Show time at 7:30 p.m., doors open at 6:30 p.m., reservations: 703-435-8377; admission: \$12, at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon.

SUNDAY/SEPT. 7

Classic Car Show. 10 a.m. -3 p.m. in Downtown Herndon near the Municipal Center and Town Hall. To register a car, email president@aarpdulles.org. Proceeds will provide scholarship support to Nurse Practitioners specializing in Geriatric Nursing at George Mason University. Free for spectators. Auction, raffles and food.

ART

Sunset Hills Montessori School's PTA is seeking artisans and crafters for their **2nd Annual Fine Arts and Crafts Show** that will be held **Saturday, Sept. 20**. Entries will be accepted until **Sept. 5** or the show fills whichever happens first. Booth space prices range from \$75- \$125 depending on location. Download an application at www.sunsethillsmontessori.com or contact Heather Briggs at hkswann@hotmail.com or Navara Jordan at nljevents@yahoo.com.

The Paint Herndon Plein Air Competition & Art Exhibit, to be held **Aug. 29-Sept. 1**. Artists are invited to participate in "Paint Herndon" visit www.ArtSpaceHerndon.org. Work of competition artists will hang in ArtSpace gallery for one month.

Preview art exhibit is free to public.

Mandarin Oriental, Washington D.C., in association with **Galerie Brigitte** of Reston, presents an exclusive exhibit of modern lacquer, Vietnamese paintings, "Blending Traditions: Contemporary Lacquer by Duong Sen." The Gallery, located on the ballroom mezzanine level of Mandarin Oriental, Washington D.C., will run the exhibit **now through February 2009**.

There are daily viewing hours from 10 a.m. - 5:30 p.m. when the room is not scheduled for a private function. Call 202-554-8588.

The artwork is available for purchase through Galerie Brigitte and inquiries can be made by calling 703-860-2345 or visiting online at www.galeriebrigitte.com.

THURSDAY/SEPT. 11

C-Note Sale Exhibition Reception. Greater Reston Arts Center's annual fund-raiser, 6-8 p.m. includes a silent auction of additional works. Online preview of available art at www.restonarts.org

FRIDAY/SEPT. 26

Semi-Annual Used Book Sale. Special collection of used books. 10 a.m.-5 p.m. Cosponsored by the Friends of the Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700.

SATURDAY/SEPT. 27

Semi-Annual Used Book Sale. Special collection of used books. 10 a.m. - 4:30 p.m. Cosponsored by the Friends of the Reston Regional Library.

SUNDAY/SEPT. 28

C-Note Sale. Greater Reston Arts Center's annual fund-raiser. **Semi-Annual Used Book Sale.** Special collection of used books. Noon-3:30 p.m. Cosponsored by the Friends of the Reston Regional Library.

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Author's Illness Inspires His First Novel

FROM PAGE 10

fighting it for two years.

The time spent writing, instead of studying or working, resulted in "The Yukon Glory," Ziemba's first novel that tells a story of a late 1970s America battling an energy shortage crisis and a pandemic flu that breaks down the government. The story is told through four vampires heading from California to New York on a train. They are portrayed as ill people who depend on human blood for survival, rather than supernatural beings.

"I definitely did feel like a burden some time," said Ziemba about his parents' and friends' efforts to keep him as comfortable as possible during his fight with PNH. "Vampires have to feed on other people to survive," he said, and he felt that way many times during the four-year bout with PNH. He said a lot of his writing inspiration is drawn from pre-Dracula vampire myths in which vampires are feared, but there is also an element of pity for them. "There is still an element of humanity," said Ziemba.

"The Yukon Glory," said Ziemba, is an end-result of research he conducted on history of plagues. He said the pandemic cycle lasts some 60 to 70 years and the last one should have hit in the 1970s. "We are seriously overdue," said Ziemba. "I'm putting it back

Meet the Author

Jake Ziemba will be reading from his book, "The Yukon Glory," at Reston's Used Book Shop, 1623 Washington Plaza, at the Lake Anne Village Center on Saturday, Aug. 23. The event will begin at 2 p.m. For more information call 703-435-9772.

on track."

ZIEMBA'S PASSION for writing is not news to people who have known him for years. "He was just a phenomenal writer," said Connie Casserly, Ziemba's journalism teacher his senior year at Herndon High School. She said Ziemba always displayed sophistication in his writing and thinking and would often go to see her and talk about writing during his illness.

Even as a high school student, said Casserly, "His writing was mature beyond his years." She said Ziemba has always been able to identify the human struggle and able to do so with a wry sense of humor. She remembers that Ziemba started the He Said She Said column in the high school's newspaper, written from a chauvinistic point of view, and obviously not written by a chauvinist. The students loved reading the column, recalled Casserly. "It was hysterical," she said.

Perhaps most impressive of Ziemba's qualities is his perseverance, said Casserly. "The fact that he wrote a book while he was really ill just blows me away," she said. Casserly added that writing a book is one milestone, but getting it published adds another level of frustrations and necessity for that perseverance. "Going through getting published is so extremely difficult," said Casserly. While many of her students are great writers, she said, she only knows a few who would put up with the "agony" of getting published.

Another person familiar with Ziemba's writing is John Waggoner, a family friend and writer for USA Today. "I had seen some of Jake's writing for the school newspaper, but didn't really realize how serious he was about writing until he handed me a manuscript of his novel," wrote Waggoner in an e-mail. "I was incredibly impressed and insanely jealous," he wrote. "At his age, I could barely write a 10-page thesis, much less a work of fiction."

Waggoner, who is also impressed that Ziemba wrote a good part of his novel while fighting a rare illness, remembers him as more than a writer. Waggoner's son Nate is a good friend of Ziemba's and played in a band with him. "Jake's smart, funny and brave, too," said Waggoner. "His long ordeal with his bone marrow transfusion re-

ally was quite harrowing," wrote Waggoner. "Also, he's just a really good writer."

AFTER A WEEK of chemotherapy to kill his own bone marrow, Ziemba underwent an experimental stem cell transplant, extracted from his older brother, in January of 2007. Complications followed, but he prevailed again and has been PNH free for more than a year. He is dedicating a \$1 from every copy of "The Yukon Glory" sold to the PNH Foundation.

Ziemba is also working on his next novel, although that one is in its early stages. He plans on writing a science fiction novel on topics of bio-ethics and genetic engineering. He has also re-enrolled in school and is back at his old job at Frequent Flyer Express, a print shop in Sterling.

Ziemba said his goal for "The Yukon Glory" is for the readers to enjoy themselves. "I hope they get some of the joy from reading it that I had from writing it," he said.

Ziemba will be reading excerpts from "The Yukon Glory" and signing copies of the book in Reston's Used Book Shop, 1623 Washington Plaza, at the Lake Anne Village Center on Saturday, Aug. 23. The event will begin at 2 p.m. For more information call 703-435-9772. Copies of the novel are available for sale on www.amazon.com.



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Approximately 200 people turned out for U.S. Rep. Frank Wolf's (R-10) forum on Lyme disease, Aug. 5.



PHOTO BY JULIA O'DONOGHUE/ THE CONNECTION

Lyme Disease on the Rise

Surge in cases in western Fairfax.

BY JULIA O'DONOGHUE
THE CONNECTION

Zoe Schelonko looked as perky as any other 16-year-old girl during a recent lunch interview at Neisha Thai in Tysons Corner. The Ashburn teenager with chin length, dyed red hair chatted about how much she hates gym class and likes the trendy British clothing store H&M.

So it was hard to believe that the teenager had been confined to her home for the past four years.

Schelonko said she has chronic Lyme disease, an illness that can seem "invisible" to onlookers. She has not attended school full-time since the sixth grade.

Jennifer Duncan, a Great Falls resident, said she and two daughters all have Lyme disease. Like Schelonko, her older daughter used a wheelchair during a portion of her sophomore year of high school. Her younger daughter has a difficult time participating in after-school activities because attending a full day of school wears her out, Duncan said.

"In the beginning, I wouldn't complain because people didn't believe me. They thought I was a hypochondriac," said Schelonko, of the sickness that caused head and joint aches in early elementary school.

Sam Shor, a Reston doctor who specializes in infectious diseases and spoke at Wolf's forum, said he has successfully treated patients with chronic fatigue/chronic Lyme disease by keeping them on antibiotics prescribed for Lyme over a longer period of time.

"This is real phenomena. There are people who have an illness that warrants treatment," said Shor, who is hoping to find money to study chronic Lyme disease treatment further.

The 16-year-old has been known to use a wheelchair while hanging out with friends at the mall or an amusement park. Standing up for long periods of time exhausts her.

"She was home bound for most of sixth grade and, in seventh grade, she tried to go to school but only lasted seven weeks," said Schelonko's mother, Brenda, at a recent support group meeting organized by members of the National Capital Lyme and Tick-Borne Disease Association.

Zoe Schelonko is far from the only person with Lyme disease complications in the area.

APPROXIMATELY 200 people, many with Lyme disease, attended U.S. Rep. Frank Wolf's (R-10) forum on Lyme disease earlier this month.

A few animal hospitals are also reporting a high rate of Lyme disease in dogs. The Great Falls Animal Hospital routinely tests dogs for Lyme and said approximately 30 to 35 come back positive for exposure.

Lyme disease is generally contracted in Virginia through a deer tick, according to officials from Fairfax and Loudoun counties. The deer tick generally attaches itself to deer, which can then bring infection to residents and their pets when they wander into backyards and gardens.

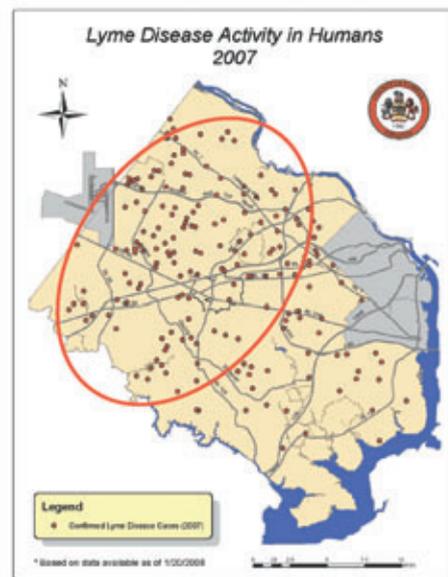
"Think of the deer as a tick Metro system. It is better than the Metro system because the deer can take ticks all over the county," said Jorge Arias, with the Fairfax County Health Department.

In Fairfax, the rate of confirmed Lyme disease cases rose from about 4.5 per 100,000 residents in 2006 to over 12 per 100,000 residents in 2007, Arias said.

In Loudoun, the number of reported Lyme disease cases rose from 29 in 1999 to over 500 in 2007, said Dr. David Goodfriend, director of the Loudoun County Health Department.

"Lyme is expanding into Northern Virginia and becoming more of an endemic," said Arias, during a presentation.

Most people who are contracting Lyme disease in Fairfax County live on the west-



COURTESY OF FAIRFAX COUNTY HEALTH DEPARTMENT

Residents in western Fairfax County reported more cases of Lyme disease last year.

ern side of the county. In Fairfax, Arias also said females are infected at a rate higher than males.

In Loudoun County, approximately 75 percent of the people infected picked up Lyme disease on their own property. About 25 percent thought they got the disease from a tick originally on their pet, Goodfriend said.

"The number of chronic Lyme sufferers in Loudoun County continues to increase. Interventions taken to date have not blunted this trend," Goodfriend said.

Some local elected officials are taking action. The Loudoun County Board of Supervisors recently voted to allocate more resources to Lyme disease prevention. Wolf, who represents both Loudoun and Fairfax counties, has co-sponsored legislation that would raise awareness and promote education about the disease.

SOME LOCALS with Lyme disease said they hope area doctors gain more expertise about the illness. Several said they were

Preventing Lyme Disease:

Courtesy of the Fairfax County Health Department

- ❖ Dress to Protect Yourself – Tie back long hair and wear a hat; wear long, loose, light-colored clothing; tuck pant legs into socks.
- ❖ Always Wear Insect Repellent – Sprays with DEET and oil of lemon mixtures work against ticks.
- ❖ Avoid Tick Habitats – avoid low lying vegetation; avoid forests and woodlands where deer are present; stick to the middle of trails; avoid tall grass and brush.
- ❖ Perform Regular Tick Checks – Look immediately and several hours after field activities; check in hidden and hairy areas; use a friend or mirror to check hard to see areas.
- ❖ Protect Your Pet – Use a treated collar; use a spot treatment; consult your veterinarian; beware of Lyme disease in dogs.
- ❖ Make Your Yard A Tick Free Zone – create a sunny, dry area; remove leaf litter and tall grass; lay down wood chips and gravel; keep playground equipment and decks away from yard edge and trees; use fences.
- ❖ Use Chemical Control – Use a spray with permethrin to control ticks in your yard, apply for the first time in late March, April or May. Reapply as directed.
- ❖ Discourage Deer – Remove plants that attract deer; plant deer resistant plants; construct physical barriers to deer – deer can jump eight feet but will not jump over a fence they can't see over.

Signs and Symptoms of Lyme Disease

Courtesy of the Loudoun County Health Department

- ❖ Early Signs
(Three to 30 days after infection)
 - ❖ Flu-like feelings – headache, stiff neck, fever, muscle aches and fatigue
 - ❖ Erythem Migrans rash – starts as a small, reddish bump about one-half inch in diameter but expands outward.
- ❖ Late Manifestations
(Days to Months Later)
 - ❖ Bell's palsy
 - ❖ Meningitis
 - ❖ Shooting pains
 - ❖ Changes in heart rhythm
 - ❖ Recurrent joint swelling
 - ❖ Arthritis

sent to multiple specialists — including neurologists, orthopedic surgeons and psychiatrists — before a correct diagnosis.

There is some national controversy over whether "chronic" Lyme disease exists.

Many residents infected with Lyme disease and a handful of local doctors have argued that Lyme disease can be a chronic, long-term illness.

But some mainstream medical organizations, including the Infectious Disease Society of America, do not believe people suffer from Lyme disease over a period of months or years after they have been treated.

"My original infectious disease doctor told me that if you aren't better after four weeks of treatment, you don't have Lyme disease," said Duncan, who disagrees.

"Lyme is expanding into Northern Virginia and becoming more of an endemic."

— Jorge Arias, Fairfax County Health Department

"Think of the deer as a tick Metro system ... the deer can take ticks all over the county."

— Jorge Arias, Fairfax County Health Department

COMMUNITY

RCTV SCHEDULE



Experiences from War Brigadier General Michael "Mike" DeArmond, USAF (Retired) spoke to the Reston Lions Club at its meeting Wednesday, Aug. 6, at the China Star Restaurant in Reston. He shared with the members some of his experiences as a jet fighter pilot during the Korean and Vietnam Wars and as a prisoner of war in North Korea. From left are Gerry Washburn, program chairman; DeArmond, and James Ryan, club president. DeArmond's talk was sponsored by the Northern Virginia Chapter of the Korean War Veterans Association of which DeArmond of Clifton and Washburn of Herndon are members.

For more information about the shows and channel, and to see many of these shows in their entirety, visit www.rctv28.com.

THURSDAY/AUGUST 21

9:30 a.m. Body Quest Pilates
10 a.m. Strength Advantage
11:30 a.m. Real Estate Showcase
4:30 p.m. Real Estate Showcase
6:30 p.m. Arnette Report
7 p.m. Life with Connie
7:30 p.m. Eyes on Reston
8 p.m. Toastmasters
8:30 p.m. Swingtime
9 p.m. Yoga with Cynthia
9:30 p.m. Business Focus
10 p.m. Defend Yourself
10:30 p.m. Where's MJ

FRIDAY/AUGUST 22

11:30 a.m. Real Estate Showcase
4:30 p.m. Real Estate Showcase
7 p.m. Just Another Sports Show^o

SATURDAY/AUGUST 23

9:30 a.m. Body Quest Pilates
10 a.m. Defend Yourself
10:30 a.m. Strength Advantage
11 a.m. Guitar Instruction
11:30 a.m. Just Another Sports Show
4:30 p.m. Real Estate Showcase
6 p.m. The Community of All People
6:30 p.m. Arnette Report
7 p.m. Toastmasters
7:30 p.m. Dogs Best Friend
8 p.m. Guitar Instruction

SUNDAY/AUGUST 24

9:30 a.m. Body Quest Pilates
11:30 a.m. Real Estate Showcase
4 p.m. A New and Living Way
4:30 p.m. Real Estate Showcase
5:30 p.m. Guitar Instruction
6 p.m. RCC News & Views
6:30 p.m. Connecting with Supervisor Hudgins

7 p.m. Strength Advantage
7:30 p.m. Business Focus
8 p.m. Reston Impact: Integrity in Government — The Reston Example
9 p.m. Health Focus
9:30 p.m. Where's MJ

MONDAY/AUGUST 25

11:30 a.m. Real Estate Showcase
4:30 p.m. Real Estate Showcase
6 p.m. The Community of All People
7 p.m. Strength Advantage
7:30 p.m. Defend Yourself

TUESDAY/AUGUST 26

9:30 a.m. Body Quest Pilates
11:30 a.m. Real Estate Showcase
4:30 p.m. Real Estate Showcase
6:30 p.m. Health Focus
7 p.m. Update On ...
7:30 p.m. Virginia Legislative Report with Del. Ken Plum: State of the Commonwealth
8 p.m. Your Dog's Best Friend
8:30 p.m. Swingtime
9 p.m. Yoga with Cynthia
9:30 p.m. Eyes on Reston
10 p.m. Reston Impact: Tourism Next Door & Tunnel is not Over

WEDNESDAY/AUGUST 27

9 a.m. Yoga with Cynthia
10 a.m. Defend Yourself
11:30 a.m. Real Estate Showcase
4:30 p.m. Real Estate Showcase
6 p.m. The RCC News & Views
6:30 p.m. Guitar Instruction
7 p.m. A New and Living Way
7:30 p.m. Connecting with Supervisor Hudgins
8 p.m. Update On ...
8:30 p.m. Reston Impact: Flowers, Chocolate and Wine
9:30 p.m. Eyes on Reston
10 p.m. Latin Profiles
10:30 p.m. Virginia Legislative Report with Del. Ken Plum: State of the Commonwealth
Visit www.rctv28.com to see many of these shows in their entirety online.

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11313 STONES THROW DR	5	4	1		RESTON	\$1,310,000	Detached	0.583035	07/11/08
11417 PURPLE BEECH DR	4	3	1		RESTON	\$1,250,000	Detached	0.34938	07/11/08
11592 NEWPORT COVE LN	5	3	1		RESTON	\$805,000	Detached	0.331497	07/28/08
10913 HUNTER GATE WAY	4	3	1		RESTON	\$800,000	Detached	0.347245	07/07/08
11921 TRIPLE CROWN RD	4	2	1		RESTON	\$750,000	Detached	0.489991	07/08/08
11109 LAKE CHAPEL LN	4	3	1		RESTON	\$710,000	Townhouse	0.040909	07/25/08
12165 TRYTON WAY	3	2	2		RESTON	\$695,000	Townhouse	0.064669	07/28/08
10904 WILDER POINT LN	5	3	2		RESTON	\$650,000	Detached	0.657048	07/25/08
11912 RIDERS LN	4	4	1		RESTON	\$645,000	Detached	0.352043	07/15/08
11412 HOLLOW TIMBER CT	4	3	1		RESTON	\$640,000	Townhouse	0.088912	07/25/08
11965 GREY SQUIRREL LN	5	3	1		RESTON	\$640,000	Detached	0.569444	07/25/08
2530 BRENTON POINT DR	3	3	1		RESTON	\$635,000	Townhouse	0.10101	07/08/08
1325 SUNDIAL DR	3	2	1		RESTON	\$630,000	Townhouse	0.06141	07/18/08
2505 FOXCROFT WAY	4	2	1		RESTON	\$600,000	Detached	0.500964	07/23/08
12144 CHANCERY STATION CIR	3	3	1		RESTON	\$600,000	Townhouse	0.038889	07/25/08
1830 FOUNTAIN DR #1207	2	2	1		RESTON	\$580,000	Hi-Rise 9+ Floors		07/25/08
12204 DARK STAR CT	4	3	0		RESTON	\$575,000	Detached	0.321281	07/22/08
2414 SWEETBAY LN	5	3	0		RESTON	\$550,000	Detached	0.303145	07/17/08
2443 BRUSSELS CT	3	2	1		RESTON	\$542,000	Detached	0.375275	07/25/08
11218 FAIRWAY DR	4	2	1		RESTON	\$525,000	Detached	0.367837	07/01/08
2308 CAVESSON CT	4	2	1		RESTON	\$515,000	Detached	0.246511	07/25/08
1614 GREENBRIAR CT	3	2	1		RESTON	\$505,000	Detached	0.116506	07/10/08
11756 GREAT OWL CIR	4	3	1		RESTON	\$500,000	Townhouse	0.074151	07/07/08
11900 MOSS POINT LN	3	3	0		RESTON	\$500,000	Detached	0.185216	07/24/08
1625 GREENBRIAR CT	4	2	1		RESTON	\$450,000	Detached	0.121832	07/09/08
12608 THUNDER CHASE DR	5	2	1		RESTON	\$442,000	Detached	0.317608	07/18/08
11500 FAIRWAY DR #204	2	2	0		RESTON	\$425,000	Mid-Rise 5-8 Floors		07/28/08
1706 RANDOM STONE CT	3	3	1		RESTON	\$423,000	Townhouse	0.03719	07/21/08
1860 STRATFORD PARK PL #402	2	2	1		RESTON	\$409,900	Garden 1-4 Floors		07/07/08
11635 HUNTERS GREEN CT	4	3	1		RESTON	\$402,000	Townhouse	0.045523	07/23/08
2149 POND VIEW CT	3	2	2		RESTON	\$395,000	Townhouse	0.03781	07/03/08
2021 WINGED FOOT CT	3	2	1		RESTON	\$385,000	Townhouse	0.040404	07/15/08
12001 MARKET ST #126	2	2	0		RESTON	\$383,000	Garden 1-4 Floors		07/10/08
11336 HEADLANDS CT	3	2	1		RESTON	\$375,000	Townhouse	0.05691	07/21/08
2215 GLENCOURSE LN	3	2	2		RESTON	\$375,000	Townhouse	0.05877	07/25/08
2442 ALSOP CT	3	2	1		RESTON	\$360,000	Townhouse	0.03214	07/15/08
11112 HARBOR CT #1112	2	2	1		RESTON	\$350,000	Garden 1-4 Floors		07/11/08
2024 GOLF COURSE DR	3	3	1		RESTON	\$347,000	Townhouse	0.033815	07/11/08
1904 WINTERPORT CL	3	2	1		RESTON	\$339,000	Townhouse	0.038522	07/10/08
11223 SILENTWOOD LN	2	2	1		RESTON	\$338,000	Townhouse	0.030005	07/17/08
11910 SLOANE CT	3	2	2		RESTON	\$335,000	Townhouse	0.03214	07/25/08
12001 MARKET ST #342	2	2	0		RESTON	\$333,000	Garden 1-4 Floors		07/18/08
12001 MARKET ST #381	2	2	0		RESTON	\$324,800	Mid-Rise 5-8 Floors		07/15/08
11500 MAPLE RIDGE RD	3	1	1		RESTON	\$324,000	Townhouse	0.025666	07/09/08
1646 FIELDTHORN DR	2	2	0		RESTON	\$320,000	Townhouse	0.028627	07/21/08
2220 CARTWRIGHT PL	2	1	1		RESTON	\$307,500	Townhouse	0.026286	07/11/08
1806 IVY OAK SQ #43	3	2	1		RESTON	\$307,000	Townhouse		07/10/08
11760 SUNRISE VALLEY DR#115	2	2	0		RESTON	\$305,000	Hi-Rise 9+ Floors		07/29/08
1961 BELMONT RIDGE CT	2	2	0		RESTON	\$299,900	Townhouse	0.021465	07/15/08
2458 RIDGESHAMPTON CT	3	1	2		RESTON	\$290,000	Townhouse	0.02314	07/16/08
1630 FIELDTHORN DR	2	2	0		RESTON	\$270,000	Townhouse	0.02376	07/09/08
12000 MARKET ST #434	1	1	0		RESTON	\$270,000	Garden 1-4 Floors		07/11/08
2241 LOVEDALE LN #F	2	2	0		RESTON	\$265,000	Garden 1-4 Floors		07/22/08
2384 HUNTERS SQUARE CT	4	2	1		RESTON	\$255,000	Townhouse	0.023875	07/18/08
11557 ROLLING GREEN CT #200	2	2	0		RESTON	\$252,500	Garden 1-4 Floors		07/18/08
11721B SUMMERCHASE CIR #B	2	2	0		RESTON	\$250,000	Garden 1-4 Floors		07/14/08
2364 ANTIQUA CT	4	3	1		RESTON	\$249,000	Townhouse	0.029408	07/01/08
1500E SUMMERCHASE CT#1500E	2	2	0		RESTON	\$245,000	Garden 1-4 Floors		07/17/08
1929B VILLARIDGE DR #1929B	2	2	0		RESTON	\$240,000	Garden 1-4 Floors		07/24/08
1958A VILLARIDGE DR #1958A	2	1	0		RESTON	\$225,000	Garden 1-4 Floors		07/25/08
12000 MARKET ST #280	1	1	0		RESTON	\$220,000	Garden 1-4 Floors		07/29/08
11816 BRETON CT #12B	2	1	0		RESTON	\$215,650	Garden 1-4 Floors		07/08/08
12001 MARKET ST #T29	1	1	0		RESTON	\$204,000	Hi-Rise 9+ Floors		07/03/08
11775 STRATFORD HOUSE PL#101	1	1	0		RESTON	\$192,000	Garden 1-4 Floors		07/17/08
1724 LAKE SHORE CREST DR #4	1	1	0		RESTON	\$185,000	Garden 1-4 Floors		07/03/08
2467 PYRENEES CT	3	3	1		RESTON	\$181,000	Townhouse	0.036272	07/07/08
11629 STONEVIEW SQ #79/11C	3	2	0		RESTON	\$172,500	Garden 1-4 Floors		07/25/08
1951 SAGEWOOD LN #515	2	2	0		RESTON	\$170,000	Mid-Rise 5-8 Floors		07/15/08
2285 EMERALD HEIGHTS CT	2	2	0		RESTON	\$170,000	Townhouse	0.025253	07/29/08
1426 NORTHGATE SQ #26/2A	1	1	0		RESTON	\$142,000	Garden 1-4 Floors		07/01/08
2321 FREETOWN CT #24/11C	3	1	0		RESTON	\$140,000	Garden 1-4 Floors		07/18/08
1951 SAGEWOOD #222	1	1	0		RESTON	\$135,000	Mid-Rise 5-8 Floors		07/28/08
2204 CASTLE ROCK SQ #04/2B	2	2	0		RESTON	\$125,000	Garden 1-4 Floors		07/15/08
223111C CASTLE ROCK SQ#31/11C	3	2	0		RESTON	\$122,200	Garden 1-4 Floors		07/28/08
11650 STONEVIEW SQ #90/21C	3	2	0		RESTON	\$120,000	Other		07/29/08

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For more information on MRIS, visit www.mris.com.
To search for a home online, visit www.HomesDatabase.com.

BUSINESS NOTES

The Dulles Regional Chamber of Commerce and Greater Reston Chamber of Commerce present the Annual Global Networking Mixer, "A Salute to Asia," Aug. 21, 5:30 - 7:30 p.m. at the Sheraton Reston, 11810 Sunrise Valley Drive, Reston. For more information contact the Chamber at 571-323-5304. Cost is \$20 - member, \$30 - non-member.

PetSmart's newest store, located at 11860 Spectrum Center in Reston, officially opens Aug. 30.

Access National Bank of Reston has launched payroll services through a partnership with Employer Services Online (ESO). ESO offers a full suite of Web-based payroll and Human Resource services called EmployeeMax.

www.CONNECTIONNEWSPAPERS.COM

FORCED REAL ESTATE AUCTION

Thursday August 21st: 11 AM

NO. 1: (1.6± ac.) unique wooded land on Broad Run

Lake zoned CR1 - visibility from RT. 7, Located on Cul-De-sac - Lakeside Dr, Potomac Falls, Va near Dulles Town Centre and the new "One Loudoun" Community.

STARTING BID \$50,000

NO. 2: Class "A" Office building unit. In prestigious office complex. Like-New 2425 Sq.Ft. Fully built out 2006 Chantilly, VA. Ideal for Dr., Lawyer, CPA, or other Businesses.

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PLUS ENTIRE CONTENTS OF OFFICE INCLUDING:

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Location: 4229 Lafayette Center Drive, #1800, Chantilly, VA
Directions: Frm Rt 50W Turn left on pleasant Valley Rd. Then Right on Lafayette Center Dr.

Viewing / Inspection: Thursday August 7th + 14th: LAND: 1-2PM, OFFICE 3:30 - 4:30 PM
Final Inspection & Registration: Thursday August 21st: 10 AM

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Aldie					
24130 Lenah Woods Pl.	\$799,900	Sun 1-5	Ann Hogan	Weichert	703-726-3909
24106 Mercers Crossing Ct.	\$864,900	Sun 1-4	Lori Hall	Long & Foster	703-968-7000
Ashburn					
19919 Alexandras Grove Dr.	\$565,000	Sun 1-4	Melissa Dabney	Long & Foster	703-938-4200
23077 Oglethorpe Ct.	\$1,180,000	Sun 1-4	Thomas Reidy	Long & Foster	703-631-3200
21510 Tithables Cir.	\$649,000	Sun 1-4	Barbara Dugger	Weichert	703-980-9024
Broadlands					
21388 Shady Woods Ter.	\$359,900	Sun 1-4	Steve Grimes	Realty 2000	703-772-2270
Hamilton					
16629 Swanbourne Dr.	\$849,900	Sat & Sun 11-4	Joan DeSantis	Sampson	800-323-9267
Leesburg					
42041 Brightwood Ln.	\$660,000	Sun 1-3	Bridget Allen	Weichert	540-454-0943
20400 Crimson Pl.	\$899,900	Sun 1-4	Julie Hertel	Long & Foster	571-243-5952
1154 Keokuk Ter., #28	\$424,000	Sun 1-4	J. Jordan	Weichert	703-655-6665
108 Loudoun St., SW	\$1,750,000	Sun 12-4	Anna Greves	TMG Consultants	703-346-5727
40802 Woodside Pl.	\$550,000	Sun 12-4	Steven Sebeck	RE/MAX	571-209-1030
Potomac Falls					
105 Peyton Rd.	\$499,900	Sun. 1-4	Debbie McGuire	Weichert	703-406-9009
46721 Ashmere Sq.	\$475,000	Sun 1-4	Vivian Lyons	Weichert	703-406-9009
Sterling					
1105 Greenthorn Ave.	\$255,000	Sun 1-4	Ana Racanelli	Long & Foster	703-968-7000
Fairfax County					
Herndon					
13113 Bradley Farm Dr.	\$575,000	Sun 1-4	Joseph Fernandez	Long & Foster	703-435-5568
Reston					
1610 Chimney House	\$214,900	Sat 10-1	Ellen Moyer	Remax	703-298-6444
1369 Garden Wall Cir., #714	\$359,000	Sun 3-5	Sheri Daniel	Long & Foster	703-759-9190
1372 Northgate Sq.	\$322,900	Sat 1-4	Pegis Gehin-Chirix	PIR, Inc.	703-825-7010
11408 Running Cedar Rd.	\$529,000	Sun 1-4	David Young	Keller Williams	703-785-7473
11603 Windbluff Ct.	\$314,900	Sun 1-4	Sloan Wieser	Weichert	703-264-0000

To add your Realtor represented Open House to these weekly listings, please call Lauri Swift or Winslow Wacker

703-821-5050 or E-Mail the info to
Lauri@connectionnewspapers.com
All listings due by Tues at 10 am.

Well Done



By KENNETH B. LOURIE

Not that anybody in a position of decision-making or public relating is listening to me, lowly middle class consumer that I am, but I think I owe the oil companies an apology. As much as I have complained about and criticized their grotesque profits in print (occasionally) and in conversation (frequently), their most recent record-setting quarterly profits have turned me completely around. With the numbers, and variety, of businesses reeling from the high cost of oil (up 72 percent in the last year, as of Aug. 8), and with bankruptcies, foreclosures, store closings, unemployment and inflation all increasing, and with even the possibility of some governments going to a four-day work week to reduce the financial pressures on their thousands of employees, dominating the headlines, a direct result of increased energy costs (as well as all the other collateral costs on down and across the food chain, metaphorically speaking), why is it that the companies who actually import the oil, who themselves have to absorb this unprecedented increase in the cost of their doing business, and who, I would imagine, spend more money on energy costs than most other companies do, are the ones least effected by the escalating costs of these goods and their related services? It has to be management and their business acumen.

When all/everybody else is failing and you are not, it must be a direct result of your brains and perhaps a little brawn. Running a multi-billion dollar company with hundreds of thousands employees spread across nearly the entire universe (that we know of), with offices, platforms, drills, rigging, vehicles, equipment, hardware, software, etc., everywhere, and it all needing to be integrated into some kind of organized business plan that allows for everyone to be paid: management, employees, contractors, sub-contractors, vendors, insurers, attorneys, accountants, public relations and advertising people, researchers and developers and of course, stockholders and bond holders; and have products brought to market in a timely and efficient manner, and still make a profit, even after the main component of their business — oil, has increased by an amount totally out of their control — a 100 percent increase in one year until this most recent fall back, is nothing short of miraculous and worthy of, at the very least, a PBS-type documentary explaining how a company/industry could thrive under such extraordinary and excruciatingly difficult — and challenging — circumstances. Circumstances that have cut so many of their fellow business owners down to the quick.

A quick that has seen many blue chip, blue bloods; some of the best and the brightest, in America and abroad, devastated, suffering indignities and financial losses never before imagined, not just millions or even hundreds of millions, but in some board rooms, losses calculated to be in the billions. That's the real "b" word in today's economy.

But somehow the oil companies muster on, encountering the same fossil fuel-related increases as everyone else, yet still posting record profits. We shouldn't be questioning their success; we should be celebrating it. If only the rest of us could learn, even just a little bit, from the oil companies' success, I'm sure the world would be a much better place, what's left of it anyway.

Kenny Lourie is an Advertising Representative for The Almanac & The Connector Newspapers.

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4 RE for Sale

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29 Misc. for Sale

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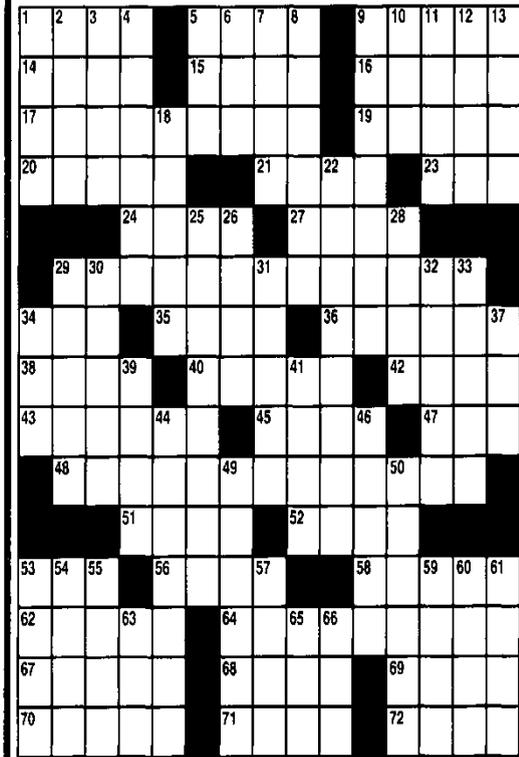
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NEW YORK TIMES CROSSWORD

Edited by Will Shortz

No. 0324-1



Puzzle by Nancy Salomon

ACROSS

- London Fog, e.g.
- Multigenerational story
- Betray, in a way
- Up to the task
- Zippo
- Play hard to get
- Sage lands?
- Torments
- Barfly's roost, perhaps
- "... blackbirds, baked in —"
- Professional suffix
- Do a post-laundry job
- Poet — St. Vincent Millay
- Joe's lands?
- de mots (pun)
- Feds
- Looked with desire
- Makes a scene?
- Largest Cornhusker city
- Have on
- Hotel Bible
- Peewee people
- One of the "Little Women"

- Dieters' lands?
- Last name in cruelty
- Took note of
- Pal, rapper-style
- Spot in the Senate
- Arab emirate
- Sly character
- Bad lands?
- Sticker in the winter
- Superior's inferior
- Gold medalist Lipinski
- Insinuate
- Dummy
- Command to a boxer

- Words from Wordsworth
- Catbird seat?
- On high
- Star worship
- Stand buy
- Consider
- Once again
- Mr. Rhodes of Rhodes scholarships
- Better
- Biters
- Hate the thought of
- Tailor's joints
- Bender

- Like some humor
- Uses a Singer
- Crossed fingers symbolize it
- Somewhat
- Like rye, usually
- Kidded around
- Full-price payers
- Sailor's stir
- Gallop
- Forget about
- Dangerous charger
- Go sailing
- Gillette product
- Brit's interjection
- Emmy winner Arthur
- Free
- Speedwagon

ANSWER TO PREVIOUS PUZZLE

SHAHS DRAW GOSH
COBRA IAGO ONTO
AKLEPTOMANIACIS
TEE PONDS STERE
PHONO ICE
SOMEONEWHOHELPS
AMOR NOTI ERA
RAD SKA BAA KEY
ANE PARC DESI
HIMSELFASHEJUST
WEB LIENS
STOIC SIGMA SCI
CANTHELPHIMSELF
ALEC SUET OUTOF
MESH ERS READY

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The winner of puzzle #0323-1 is:

Shirley Carpenter

Note: Due to space limitations, the crossword may not appear from time to time. In that case, you may look on our Web site: www.connectionnewspapers.com and click on the "Print Editions" button. It should appear in a newspaper from a different Classifieds zone.

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FAITH

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com or call 703-917-6451. Deadline is Friday.

Northern Virginia Hebrew Congregation, invites new and prospective members to its Annual Open House Ice Cream Social on **Sunday, Sept. 7**, from 2 until 4 p.m. in the Social Hall. Enjoy an ice cream sundae, meet and speak with Rabbi Robert A. Nosanchuk, Cantor Irena Altshul, Religious School Director Moshe Ben-Lev, Preschool Director Fran Gibbs, Temple Administrator Fay Weiss, and other temple leaders. Families are welcome. 1441 Wiehle Avenue, Reston, VA 20190. For more information, call 703-437-7733 or visit www.nvhcreston.org.

Join **Shoreshim for Jewish Erev Rosh Hashanah Services** on Monday, **Sept. 29** from 7:30 p.m. to 9:30 p.m. in Reston. Shoreshim services are free and open to whoever would like to attend. Call Shoreshim at 703-923-3424 or e-mail info@restonshoreshim.org for location. Babysitting will be provided for children who do not wish to attend the service.

Join **Shoreshim for Jewish Rosh Hashanah Services and a Childrens' Service** on Tuesday, **Sept. 30** from 10 a.m. to noon in Reston. Shoreshim services are free and open to whoever would like to attend. Call Shoreshim at 703-923-3424 or e-mail info@restonshoreshim.org for location.

Join **Shoreshim for Jewish Erev Yom Kippur Services** on Wednesday, **Oct. 8** from 7:30 p.m. to 9:30 p.m. in Reston. Shoreshim services are free and open to whoever would like to attend. Call Shoreshim at 703-923-3424 or e-mail info@restonshoreshim.org for location.

HEALTH NOTES

Send announcements to the Connection, to reston@connectionnewspapers.com or call 703-917-6451. Deadline is Friday.

"Dream Free" picnic for parents of children with epilepsy, Saturday, **Aug. 23**, 9 a.m.-1:30 p.m. Lake Fairfax Park, Canopy G, 1400 Lake Fairfax Drive, Reston. Cost per family \$45, per person \$15. Bring a side dish. To register, contact Dana at 703-698-0229 ordanadouglass@cox.net

The **2008 Northern Virginia Senior Olympics** will be held **Sept. 20-Oct. 2**. Participants must be 50 years of age as of Dec. 31, 2008 and reside in one of the sponsoring Northern Virginia jurisdictions. Among the 25+ events offered for competition are track and field, swimming, card games, shuffleboard, tennis, golf, horseshoes, pickleball, table tennis, basketball, board games, bowling, miniature golf, eight ball pool and more. New events this year are diving, racquetball, ice skating and scrabble. Registration forms are available at local senior centers, senior residences or by calling 703-228-3600, ext. 9996. They can also be downloaded at www.novaseniorolympics.com. The deadline for registration is **Sept. 5**. Registration fee is \$10 which includes one event; additional events are \$1.

HAVEN of Northern Virginia, 4606 Ravensworth Road, Annandale, is offering a free bereavement support group. The group will begin Wednesday, **Sept. 17**, from 7:30 - 9 p.m. and will meet every Wednesday evening for 6 weeks. For information, call 703-941-7000, visit www.havenofnova.org, or e-mail havenofnova@verizon.net

TOPS Club, Inc. (Take Off Pounds Sensibly), a nonprofit weight loss support group, meets **every Tuesday** at St. Timothy's Episcopal Church, 432 Van Buren St., Herndon. Weigh-ins begin at 6 p.m., with meetings at 6:30. Visit www.tops.org for more information

Mothers of Toddlers Support Group. Meets the **first Thursday** of each month 10am in the Community Room at the Reston YMCA, 12196 Sunset Hills Road. Call 703-689-9240.

Peer support group for survivors of clergy abuse and others affected by the abuse,

Babysitting will be provided for children who do not wish to attend the service.

Join **Shoreshim for Jewish Yom Kippur Services** on Thursday, **Oct. 9** from 10 a.m. to noon in Reston. Shoreshim services are free and open to whoever would like to attend. Call Shoreshim at 703-923-3424 or e-mail info@restonshoreshim.org for location. Babysitting will be provided for children who do not wish to attend the service.

Every Wednesday at 12:15 p.m., **St. Timothy's Episcopal Church**, 432 Van Buren St. in Herndon, offers a lunch-time **Healing and Holy Communion service**. This half-hour service is offered to all and allows people an opportunity to worship during the work week when they may be away from their regular church. All baptized Christians are welcome to receive the Sacrament, and all who have not been baptized may receive a blessing at the Altar rail. Call the church Mondays-Fridays, 9 a.m.-3 p.m., at 703-437-3790 or visit www.saint-timothys.org.

Knitters needed the **first and third Wednesdays** of the month at 7 p.m. at **St. Timothy's Episcopal Church**, 432 Van Buren St., Herndon. The church's Shawl Ministry is offering free knitting instruction while providing shawls, blankets and other knitted items for people in need. No cost and yarn can be provided. E-mail shawl@saint-timothys.org or visit the Pastoral Care page at www.saint-timothys.org.

Non-denominational **Christian businessmen** meet for prayer, Biblical discussion and fellowship **every Friday** at 7 a.m. at Anita's, 1051 Elden St., Herndon and **every Thursday** at noon at 555 Grove St, Ste. 200, Herndon. Call 703-795-1257.

on the **last Wednesday** of every month at 7 p.m., in the downstairs meeting room at the Dolley Madison Library, 1244 Oak Ridge Road, McLean. Meetings are sponsored by Voice of the Faithful-Northern Virginia affiliate. Contact Ellen Radday at 703-538-6128.

New Mothers Support Group. Meets the **first and third Tuesdays** of each month, at 10-11:30 a.m., in the Community Room at the Reston YMCA, 12196 Sunset Hills Road, Reston. Call 703-689-9240.

Bereavement Support Groups. Three groups, sponsored by Haven of Northern Virginia. The **Suicide Survivors Group** meets the **first Tuesday** of every month, 7:30-9 p.m. The **Widow/Widower Support Group** meets the **first and third Thursday** of every month, 2-3:30 p.m. and the second and fourth Tuesday of every month, 7:30-9 p.m. Call 703-941-7000

Diabetes Support Group meets the **fourth Wednesday** of the month, at 7:30 p.m., on the Reston Hospital Center campus in the Pavilion, 1850 Town Center Drive, Suite 307. Call 703-689-9100.

CTS Partners in Health continues to offer free **Friday night lectures** on health and wellness topics. 6:30 p.m. at 443 Carlisle Drive in Herndon. Call 703-435-4553 for more information.

The **Epilepsy Foundation** sponsors support groups and classes for adults diagnosed with seizure disorders, caregivers, and parents of children of all ages with seizure disorders. Free. Call Dana at 703-425-6660 or visit www.abilitiesnetwork.org. **Reston Epilepsy Group** meets the **first Tuesday** of each month from 7 to 8:30 p.m. at North County Government Center, Hunter Mill District Supervisors Office, 12000 Bowman Towne Drive.

Spiritual Support Group. Designed for oncology patients or those dealing with major illnesses.

The non-denominational support group meets in the Radiation Therapy Department in the Pavilion on the Reston Hospital Center campus, 1850 Town Center Parkway on the **first Tuesday** of the month, at 6:30-7:30 p.m. Call 703-689-9325.

TrafficFlex Flexes Muscles

Great Falls resident expands company throughout D.C. region, plans to conquer new territory.

TrafficFlex expanded its traffic information services to cover the D.C. metropolitan area and include streaming video on its Web site last month, but founder and owner Larry Greenfield said that was only the beginning. After working out any bugs while covering D.C., the Great Falls resident plans to set up shop in each of the other 30 worst traffic areas in the country by the end of the year.

The novelty of Greenfield's company is that it brings its users traffic information from people in traffic. "It's a conference call. What we do is we host a conference call," he said. Callers simply share information about the traffic they are in at the moment, and the conversation is managed by a host, who moves it along from one topic to the next.

THE MORE SIGNIFICANT the situation, the more likely it is that someone on the line will have information, Greenfield said. "We found it doesn't take that many people. If you have three different people on there talking about the same event, someone has something to pass on." The call is also free.

Greenfield said the teleconference model offers more details and greater accuracy than radio traffic reports. "One of the things we found is that people don't trust traffic reports," he said, noting that the radio is not always up-to-the-minute. But when using TrafficFlex, "you're hearing people who are in it." The fact that the conversation is only concerned with traffic allows for more details, while it also lets users ask clarifying questions, he said. "It's live and it's real-time and it's interactive. That's why it's better than radio."

He also noted that even traffic navigation software could not tell the user whether an alternate route was worth taking, which TrafficFlex users often can. "We consider ourselves a very robust complement to all those other tools people have," he said.

Greenfield started the company in 2006 and, until late last month, it only covered the Route 7 and Dulles Toll Road corridor. He said there will still only be one line and one host until call volume justifies dividing the D.C. area into regions. While the Potomac River would provide a "natural fault line" for dividing the area, he said, "Let's let the users decide where they want those splits to come."

THE VIDEO now offered through the



Great Falls resident Larry Greenfield plans to expand his human-powered traffic information business throughout the country.

TrafficFlex Web site lets viewers watch the host and listen in on the conversation but is not interactive. The purpose, Greenfield said, is to let people check in on traffic and figure out their routes before leaving home or office. Live video is available during morning and evening rush hours.

Mike Mosteller has been using TrafficFlex since shortly after its inception. "At that time, I was commuting 200 miles round-trip," he said. In March, he retired from his job at the Department of Defense, which had required him to drive to the Pentagon from his home 20 miles northwest of Winchester. "When you're doing the D.C. commute, you can have something happen in one lane of the Toll Road and your two-hour commute turns into a four-hour commute," he said.

While Mosteller was usually ahead of most commuters heading into D.C. and often functioned as the eyes and ears for TrafficFlex, he said the service had helped him avoid some major traffic jams. "And if there wasn't much going on, I would strike up a conversation," he said, noting that the call could alleviate the boredom of his long drive.

Now that his commute is down to an 80-mile round-trip and doesn't include the Dulles Toll Road, he said, he calls in less frequently. Nonetheless, he said the new video component could prove useful on occasions when he drives into D.C. "Before I leave the house in the morning, I usually check my e-mail, so that would be one quick step," he said.

— MIKE DICICCO

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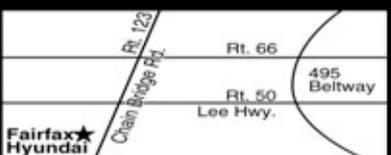
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