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Fairfax CONNECTION

Eye On the Ball

SPORTS, PAGE 16

Junior wide receiver/free safety Alex Young of Fairfax High School leaps for the ball during a recent practice.



Virginia GOP Sees Red

NEWS, PAGE 3

Area Man Charged In Md. Hit And Run

WEEK IN FAIRFAX,
PAGE 4



PHOTO BY ROBBIE HAMMER/THE CONNECTION HOME SALES, PAGE 13 ♦ SPORTS, PAGE 16 ♦ FAITH, PAGE 21 ♦ CLASSIFIED, PAGE 23

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EnergyShare
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Not without a Fight GOP grassroots groups push for candidates in 'battleground' state.

BY DEREK B. JOHNSON
THE CONNECTION

This is the second of two stories about the November election and the efforts of grassroots organizations to get the vote out. To read the first story, visit www.connectionnewspapers.com

“Fight to keep Virginia red” is a phrase that can be heard often when attending Republican fund raisers and events throughout Fairfax County. It has become a rallying cry for a host of grassroots organizations and a reflection of the party’s loosening grip in the Old Dominion State, which has voted solidly Republican since the 1960s.

In what promises to be another close presidential race, grassroots political organizations form the front lines of the conflict for many state and national campaigns looking to better understand the issues and needs of local residents. In return, grassroots organizations like the City of Fairfax Republican Committee (CFRC) and Republican Women of Clifton (RWC) say their local candidates benefit from the increased political awareness brought on by

“When you talk to them about John McCain, they’ll think ‘OK, what else is going on?’”

— Jim Kaplan, chairman, City of Fairfax Republican Committee

big nationalized races.

“When we’re out and it’s just a state race, or the only race is a delegate race, people aren’t always aware there’s something going on,” said Jim Kaplan, chairman of the City of Fairfax Republican Committee. “When you talk to them about [Republican presidential candidate] John McCain, they’ll think ‘OK, what else is going on?’ It also

helps with recruitment of volunteers.”

Kaplan said his organization, made up entirely of volunteers, have been going door to door educating residents, handing out literature as well as coordinating with candidates’ campaigns.

As Election Day approaches, the FCRC will ramp up its activities, culminating in a “72-hour plan” whereby they will coordinate with

county and state officials on how to best use their resources to maximize Republican turnout starting three days before voters go to the polls on Tuesday, Nov. 4.

“Here’s what we’re doing: we are working closely with those candidates to help them understand the Northern Virginia market,” said Terrie Rollins, president of the Republican Women of Clifton. “For example, we have traffic issues that might not be so prevalent south of us. We meet with [the



PHOTO BY DEREK B. JOHNSON/THE CONNECTION

Bonnie Fite, chair of the Republican Women of Clifton’s public relations committee, left, chats with former club President Elizabeth Schultz, right, and her husband Brian Schultz, middle.

campaigns] and say ‘Here are some of the problems we’re facing, what does John McCain or [U.S. Senate candidate] Jim Gilmore offer to help?’ We understand how the different areas are set up.”

THREE RACES remain firmly on the minds of GOP officials in Fairfax County. In the

11th Congressional District, newcomer Keith Fimian (R) is running against chairman of the Board of Supervisors Gerry Connolly (D). In the Senate race, former governors Jim Gilmore (R) and Mark Warner (D) will battle to replace Sen. John

SEE LOCAL GOP, PAGE 21

Foster’s Grille Opens in Old Town Fairfax

Burger joint brings fast-casual dining to revitalized downtown.

BY STEVE HIBBARD
THE CONNECTION

Foster’s Grille is a fast-casual, family style restaurant that is now open in the newly revitalized downtown City of Fairfax at Old Town Village Fairfax. The franchise restaurant offers a menu of old fashioned charburgers (\$7.99), grilled hot dogs (\$5.95), chicken sandwiches (\$8.95) and simple salads — all reasonably priced in a family-friendly environment.

“We try to keep simple,” said owner Troy Fontillas, 37, of Leesburg. “Each individual fills out their own ticket, they can customize their menu the way they want.”

Walk-in GMU students can order 12 buffalo wings with ranch and blue cheese for \$8.99 or by the piece for 55 cents. Also available is Nancy’s Garden salad for \$5.99

[WWW.CONNECTIONNEWSPAPERS.COM](http://www.connectionnewspapers.com)



PHOTO BY STEVE HIBBARD/THE CONNECTION

Marvin Guirola, left, Ashley Carey and Troy Fontillas at the newly opened Foster’s Grille in Old Town Village Fairfax.

or \$8.99 with grilled chicken, fried chicken or buffalo chicken.

Famous for its “Too Big for Two Hands,” half-pound, open-flamed charburgers, Foster’s manager Ashley Carey, 24, said “It’s

so much food, our burger, that you have to cut it in half.”

She says the Foster’s grilled hot dog is “a huge hot dog and it’s grilled over the open flamed. It’s really good.”

To Go

Foster’s Grille
Located in the Old Town Village Fairfax,
10427 North St., #102,
Fairfax.

Hours: Sunday-Thursday, 11-9 p.m.; Friday and Saturday, 11-10 p.m.
www.fostersgrille.com
fairfax@fostersgrille.com
703-591-0070

To go with the burgers, Foster’s offers eight different draft beers — from Foster’s Australian beer to Sam Adams to Blue Moon. “A lot of people like the beer with their wings and their burger,” said Fontillas.

The menu is not set in stone. “We’re just trying to deliver good, fresh, quality food, fast in an upbeat, energetic concept to make sure the customer is satisfied,” said Fontillas. “Our customers know how to modify their menu to really cater to how they want their meals prepared.”

The fresh, hand-cut fries are made from Idaho potatoes, freshly cut each morning. “We get the starch out of them, drain the water and fry them fresh,” said Fontillas, who started his career in the IT field but always dreamed of starting his own restaurant.

“It’s really a laid back feel,” said Fontillas, referring to the exposed ceiling, brick walls, video games and the NASCAR car hanging from the ceiling — a model of the one they sponsor at Old Dominion Speedway in Manassas. “We got music going, we got the

SEE OLD TOWN, PAGE 9

Driver Charged in Fatal Crash

Michael Dean Eaton, a Fairfax-area man, turned himself in to Maryland State Police in connection with a fatal hit and run crash that occurred on Interstate 270 shortly before midnight, on Aug. 21.

According to a Maryland State Police release, a family of four from Twinsburg, Ohio and their dog were traveling in their gold, 1995 Jeep Grand Cherokee southbound on Interstate 270 when a silver 2005 Range Rover slammed into their rear just south of Interstate 370.

In the Jeep Cherokee, William J. Warr Jr., 53; front seat passenger Angela T. Warr, 45; and backseat passengers Jasmine Warr, 10, and Cortavia Harris, 11, were all injured in the crash. Jasmine Warr was transported to Shady Grove Adventist Hospital in Rockville, Md., where she died as a result of her injuries. William and Angela Warr were transported to Suburban Hospital, also in Rockville, where they were treated for non-life threatening injuries. Harris was transported by helicopter to Children's Hospital where she remains in stable condition. The dog, a black Labrador retriever, was ejected from the car during the collision.

All the windows of the Jeep Cherokee were smashed when investigators reached the scene, and it is unknown how the dog was thrown outside the vehicle, according to police officials. It was later discovered by a concerned citizen and transported to the Metropolitan Emergency Animal Clinic in Rockville, where it later died from its injuries.

The release goes on to say that the driver of the silver Range Rover continued driving for another mile before stopping, exited the vehicle and fled on foot. Elena Russo, spokesperson for the Maryland State Police, said crash team investigators determined that Eaton was traveling at a high rate of speed.

"The crash team is out there investigating this, that's what they do on a daily basis. Based on the damage and skid marks and everything else, they determined [the driver] was going at a high rate of speed," said Russo.

On Aug. 22, at 2:30 p.m., Eaton, 32, of the 4700 block of Bideford Square in Fairfax, turned himself in at the Rockville Barracks after police identified him as the driver of the car and the likely suspect. The car had been leased to Eaton's mother.

According to Russo, Eaton surrendered himself to authorities at the same time police were filing the necessary paperwork to issue a warrant for his arrest. Eaton was driving on a suspended driver's license in Virginia and had no license in the State of Maryland. He is currently awaiting an initial appearance before a court commissioner.

According to Fairfax County court records, Eaton has previously been found guilty in absentia for a number of traffic violations over the past six years, including speeding and failure to obey a traffic sign. In 1999, he was convicted of driving while intoxicated in the City of Fairfax.



Michael Eaton

Police Photo

— DEREK B. JOHNSON

Woman Robbed in Office

City of Fairfax Police are searching for a suspect in the robbery that occurred Monday, Aug. 25, in the parking lot of an office building on 4117 Chain Bridge Road.

According to a City of Fairfax Police release, at approximately 9:50 a.m., a woman, 65, was walking toward a bank located inside the building to make a deposit for her employer. The release goes on to say that a man described as a black male, 5-foot 5-inches tall with a medium build, short hair and wearing jeans and a dark-colored shirt, approached her from behind and knocked her to the ground. After grabbing a pouch containing an undisclosed amount of money, the suspect fled on foot. The woman was taken to a hospital and treated for minor injuries before being released. Anyone with information relating to robbery to call Crime Solvers at 703-591-8477.

NEWS

Toast of Old Town

Wine House offers tastings of 500 wines from all over the world.

BY STEVE HIBBARD
THE CONNECTION

The newly revitalized City of Fairfax has a new level of sophistication with the opening of the Wine House at Old Town Village on North Street. The wine-tasting room and restaurant offers 500 hand-selected wines from around the world — from \$10 to \$100 per bottle — paired with a light European menu.

Since it opened April 20, the restaurant now has a two-hour wait on the weekends. "The focus is on the hand-selected wines that we promote that you don't find in mainstream supermarkets," said owner Michael Pearce, 37, originally from New Zealand. The wine comes from every major wine country — France, Spain, South America, Argentina, even Uruguay.

Customers sit at high wooden tables in a casual atmosphere sipping \$6 glasses of reds or whites. A sampling of bottled wines at retail prices include Palomero at \$119.99 from Spain; Frogmore Creek from Australia/New Zealand for \$32.99; Williamsburg Viognier from Virginia at \$23.99; and Blacksberg Pumphouse Shiraz from South Africa for \$23.99.

Pearce has 20 years in the wine biz. He owned his own restaurant in New Zealand and was the beverage manager on a cruise ship where he oversaw the wine service and ran the bars. He also worked in wineries in New Zealand and worked in the Napa Valley for two years. His runs the Wine House with wife Jackie.

"We wanted to make wine an experience, so this place was designed to look like the inside of a cellar," said wine director Jennifer Rogaliner, 24. "So everything we do here is to enhance your enjoyment of wine."

The staff offers a decanting service, a chilling service and a table service.

"We're trying to take the pretence away from wine as it's meant to be enjoyed. ... It's a little bit of education and lots of fun," said Rogaliner.

"Instead of going for the big brands, we look for other brands that are not so well known," said Rogaliner, who graduated from the International Culinary Institute of Baltimore. "The selection we have we feel is the best representation of what's available for each wine growing region. ... There are wines that are out there that are a good value for the money."

The sommelier and chefs have worked together to create a four-course evening tasting menu this summer that pairs wines with seasonal foods. For example, the Domaine Pabiot Single Vineyard (\$8/glass) goes nicely with the artisanal four-cheese sampler with crisps for \$13.

For the second course, try the Coteaux d'Aix en Provence 2006 (\$9/glass) paired with midsummer heirloom tomato salad with basil puree and fresh mozzarella for \$12. The third course includes Celler Cecilio Negre (\$10/glass) with wild mushroom risotto with leeks, basil puree and citrus creme fraiche for \$15. The fourth course offers Paolo Scavino Rosso de Tavola (\$12/glass) paired with pan-seared jumbo sea scallops with wine house beurre blanc sauce, Yukon gold potatoes and braised greens for \$19.

"Our menu reflects the seasonable bounty of what's going on right now," said executive chef Kenneth C. Hughes, who was trained in California French and Napa Valley cooking. "The sea scallops are nice right now. The heirloom tomatoes are very nice. Those are seasonable delights."

With menu and the wine pairings, he said that he takes into consideration the fruit and flavor profiles as well as the acidity of the wines. "We try to have a complimentary experience. We try to put it together as best as possible so it's a dynamic, complimentary thing."

SEE WINE HOUSE, PAGE 5

"The focus is on the hand-selected wines that we promote that you don't find in mainstream supermarkets."

— Michael Pearce, owner



To Go

The Wine House
3950 University Drive, Suite 212
Fairfax, VA 22030
Phone: 703-352-2211
Toll Free: 1-877-703-3520
Hours: Lunch, daily, 11:30 a.m.-
2:30 p.m.; dinner,
Monday-Thursday, 5:30-9:30 p.m.;
Friday and Saturday, 5:30-10 p.m.;
Sunday, 5:30-9 p.m.; Wine Store, 11
a.m. to closing.
www.winehouseonline.com

The Wine House staff, from left, owner Michael Pearce, executive chef Kenneth C. Hughes and Wine Director Jennifer Rogaliner.

NEWS

Wine House

FROM PAGE 4

Pearce said they rotate the food whenever the mood strikes. "Whenever the chef sees something really exciting, they'll pair up with a wine. We just like good tasty food, and we like sharing different things."

"We're trying to move into a tasting room-type of experience," said Rogaliner. "To be more adventurous to try more smaller types of plates. We're not really a restaurant. I see us as a tasting room."

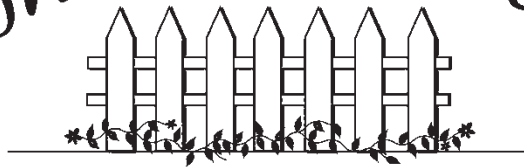
Hughes says his regular customers appreciate high-quality dining in Fairfax. "A lot of regulars really appreciate what we're doing. When it's done correctly and things fall into place, it's very gratifying to us," said Hughes.

"The food definitely fits the season. It's perfect for tonight," said customer Lisa Ariail of Fairfax, who ordered the heirloom tomato salad.

The Wine House is throwing a Black and White charity auction/dinner on Thursday, Sept. 25 for 40 people to benefit Our Daily Bread. The \$150 dinner is from 7-8 p.m. and \$50 champagne reception is from 8:30-10 p.m.

Coming Soon...

The Picket Fence

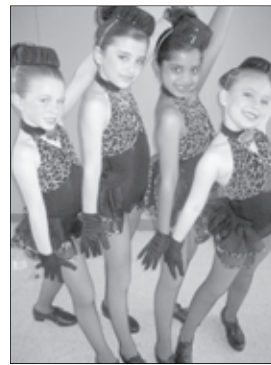


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www.internationalchildrensfestival.org

The Arts Council of Fairfax County presents the International Children's Festival 2008



Arts Council of Fairfax County
Connecting culture through the arts

PEOPLE

Getting To Know ...

Brenna Dolan, who took part in Baltimore's Fashion Week.

By ESTHER PAK
THE CONNECTION

Brenna Dolan is a rising ninth grade student who has walked the hallways every day at Robinson Secondary School in Fairfax. However, On Aug. 12-15, Dolan walked the runway at the inaugural Baltimore's Fashion Week. The event took place at the War Memorial Building in Baltimore, Md., and featured the newest designs of nine Baltimore's designers.

Brenna is a graduate of Barbizon Modeling School and is represented by L&M Modeling, but she is also experienced in the pageant arena. She first became involved in pageants at age 9, when she received some mail about the National American Miss pageant.

"At first, my mom and I laughed about it, but we realized that it wasn't a beauty pageant. It was a scholarship pageant based on poise, confidence and most of all, the interview," wrote Brenna in an e-mail to The Connection. She has been a resident of the Kings Park neighborhood in Fairfax for 12 years.

What is your most memorable pageant-memory to date?

My most memorable memory was when I was crowned Miss Virginia Jr. Pre-Teen 2003. I remember standing on the stage with bubbles floating from the ceiling and tears steaming down my face while I was being crowned. I love watching the video of me walking forward completely stunned that I had won.

How were you able to participate in Baltimore's Fashion Week?

My agent sent me an e-mail about an audition for fashion week back in November, and I was immediately interested.

What was your favorite aspect about being a part of Fashion Week?

There is no comparison for the feeling I get when I'm walking the runway in front of hundreds of people. You don't even see the audience because you're so focused on not tripping and just showing



Brenna Dolan models an outfit during Baltimore's Fashion Week.

off the garment you're modeling. It's so thrilling, and I can't wait to get back up there.

Did the event present any challenges?

PROFILE The only challenge was driving to Baltimore almost every weekend for fittings and rehearsals. I had to miss many swim meets and the first week of volleyball practice.

Favorite outfit you modeled for Fashion Week?

My favorite outfit was a dress made by LT Dickens. It was a gorgeous gold strapless dress with a low-waisted bubble skirt.

Do you see yourself pursuing modeling as a career?

Yes. I hope to sign with Elite model management or Ford models and possibly go international. "America's Next Top Model" is also an option.

Hobbies and extracurricular activities?

I play volleyball for my school on the freshman team. I take ballet, tap and pointe classes and swim during the summer. I also enjoy doing community service, being a Girl Scout and swing dancing for fun.



Katie Schmehl, 14, swims for the Sleepy Hollow Swim Team.

Katie Goes for Gold

With support of teammates, girl realizes dream of competition.

By CIARA RICHARDS
THE CONNECTION

On Monday, July 21, Katie Schmehl of Falls Church realized her long-time dream of swimming with the Sleepy Hollow Swim Team. She swam in a B meet at the Forrest Hollow pool.

Katie, 14, has physical disabilities, is non-verbal and has balance and mobility issues. She also has moderate to severe intellectual disabilities.

Katie's 12-year-old sister Tori swims for Sleepy Hollow Recreation Association every summer. For years, Katie has watched Tori go to practice twice a week and participate in the meets and has always hoped to join her sister on the team.

"Katie wants to do everything her sister does," said Tricia Schmehl, the girls' mother. "She has been really pushing this for the past three to four years."

Katie first competed on the Friday before the meet at Forrest Hollow. The team was having a reverse meet, where the parents swam while the children played the role of the parents and coaches. Katie was asked if she wanted to swim as well. As a result, Katie's first competition was against adults.

Katie was then asked if she wanted to swim at the meet on the following Monday, and she indicated that she did.

ON MONDAY, Katie's dream became a reality as the swim coaches, parent representatives and other members of the teams all helped to allow her to participate in the meet.

"Not only did they help us put her in, but they also rallied and really encouraged her," said Tricia Schmehl. She described how the cheers erupted as Katie was lifted out of the pool.

"This really improved and expanded her relationship with the kids at the pool," said Tricia Schmehl. She described how the experience allowed the children to see that Katie was not so different and that she could do the same things that they could.

Following the meet, Katie was presented with an award at the award ceremony for the team. "The parents and kids went nuts clapping. It was really overwhelming to see the support," said Tricia Schmehl. "Katie was so shocked, she had a big smile on her face."

"It was the highlight of the summer for us," Tricia Schmehl said. "My husband and I are still talking about it."

"It was the highlight of the summer for us."

— Tricia Schmehl

VIEWPOINTS

What's been the most memorable moment for you from the Beijing Olympics?



"Watching gymnastics, during the team events, when the gymnast missed sticking her landing."
Robey Manno, Burke



"Usain Bolt winning the 100 meters and 200 meters."
Everett Eberhardt, Fairfax



"Probably like everybody else, Michael Phelps."
Al Galberth, Burke

— MICHAEL O'CONNELL

HEALTH & FITNESS

Health notes are for support groups, exercise classes, blood drives and similar events open to the public at no or minimal cost. Send notes to the Connection at south@connectionnewspapers.com or call 703-917-6459. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

GriefShare. Thursdays, 7-9 p.m. Seminar and support group for people grieving a loss. Each of 13 sessions includes a video and small group discussion. Join any time; new series begins Sept. 4 through Dec. 4 (excluding Nov. 27). Child care provided on request. Sydenstricker United Methodist Church Agape House, 7230 Sydenstricker Road, Springfield. To reg-

ister, call 703-451-9021, 703-569-1595 or 703 644-0959.

General Bereavement Support Group, a support group for those who have experienced the death of a significant person in their lives. Free. HAVEN of Northern Virginia, 4606 Ravensworth Road, Annandale. Beginning Wednesday, Sept. 17, from 7:30-9 p.m. and will meet every Wednesday evening for 6 weeks. For information, call 703-941-7000, or visit www.havenofnova.org.

EZ8 Women's Running Camps will begin Sept. 2 at Burke Lake Park for an eight-week program. Beginner to Intermediate female runners are invited to register in advance for one of two

camp meetings three times per week. Call 703-586-5037 or visit www.ez8chicks.com.

Substance Abuse Recovery Support. For support in dealing with a substance abuse issue, come to the Natural Horizons Wellness Center, 10640 Main St., Suite 300, Fairfax, on Tuesday, Sept. 9 from 6-7 p.m. for an overview on the holistic substance abuse program and how it can provide support on road to recovery. Limited space; call 703-246-9355 to reserve.

Burke Internal Medicine, 5631 Burke Center Parkway, offers free health evaluations for individuals ages 55 and over who have no current health cover-

age. Included in the offer is a free cholesterol screening, blood pressure screening, diabetes screening, personal risk assessment and consultation. To make an appointment, call Dr. Nabil Andrawis or Dr. Nashwa Gabra at 703-250-5171.

The Northern Virginia Chronic Fatigue Syndrome and Fibromyalgia Support Group offers a support group the third Saturday of every month from 2-4 p.m. at the Mason Government Center, 6507 Columbia Pike, Annandale. Open to anyone interested in CFC, FM, Mitral Valve Prolapse Syndrome/Dysautonomia and orthostatic intolerance. Free; free parking. No stairs to climb. Refrain from wearing

scented products. For more contact Elly Brosius at 703-968-9818, cfsupportowner@yahoo.com or visit www.geocities.com/cfsnova.

The Ostomy Support Group of Northern Virginia, LLC monthly meeting, Sept. 7, 1:30-3:30 p.m.. Physicians' Conference Center, INOVA Fairfax Hospital, 3300 Gallows Road, Fairfax. "Meet & Eat" begins 1:30 p.m., program begins at 2 p.m. Speaker: Bruce Frishman, President, New Hampshire Pharmacy & Medical Equipment. Topics include relationship between health insurance/benefits and ostomy supplies coverage and latest ostomy products. Call 703-802-3457 or visit www.ostomysupportofnova.org.

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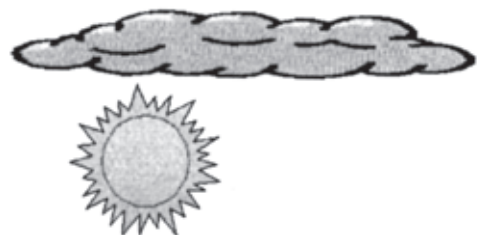
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2008



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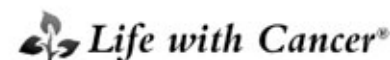
Falls Church, VA 22042

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Highlights include:

- Keynote address by actor and cancer survivor Richard Roundtree
- Presentation on survivorship and advocacy by national healthcare leader and cancer survivor Connie Curran
- "Healing with Humor," presented by Lyn Hester
- Sessions on current initiatives at Inova Cancer Services, employment and insurance issues, complementary and alternative therapies, and much more

To register, call 703-750-8812



OPINION

Prepare To Vote in November

Make plans now for Tuesday, Nov. 4.

You will want to vote on Tuesday, Nov. 4. You'll want to be part of choosing the next president. In Virginia, you'll also choose a new U.S. senator to replace retiring John Warner (R), and you'll also vote in a contest for the U.S. House of Representatives.

To vote, you'll need to be registered. The deadline to register to vote or update your address for the Nov. 4 election is Monday, Oct. 6.

Your vote has never counted as much as it could this fall. While Virginia has voted reliably for the Republican candidate for president for more than a generation, with hundreds of thousands of new voters, many in Northern Virginia, and Democrats winning recent statewide elections, both political parties are actively working in Virginia right now.

You'll also need to plan to spend some time at your polling place, because there is likely to be record turnout for this hotly contested election. When you go to vote, allow enough time to wait in line. Come prepared with identification, and know your rights.

Virginia voters are asked to show some form of identification when they go to the polls to vote—voter registration card; Virginia driver's license; social security card; any identification card issued by a federal, state or local government agency; or any employer identification card with a photograph.

But if you arrive at the polls without identification, you can still vote by signing a statement affirming your identity. Exception: If this is the first time you vote since registering to vote by mail, and if you did not include a copy of your ID with your application, and do not bring ID with you to vote, you cannot sign the affirmation statement; you can still vote, ask for and fill out a provisional ballot.

EXCERPTS from the State Board of Elections:

As a Virginia Voter, you have the following rights:

❖ To be treated with courtesy and respect by the election officials

❖ To vote if you have registered at your current address at least 29 days before Election

Day.

❖ To seek help from the election officials if you are unsure about anything relating to the voting process.

❖ To be given a demonstration of how the voting equipment works.

❖ To enter the full name of a write-in candidate if the candidate of your choice is not on the ballot (except in party primaries).

❖ To have a ballot brought to your vehicle instead of entering the polling place if you are 65 years of age or older, or if you are disabled.

❖ To have an officer of election or other person help you vote if you are physically disabled or unable to read or write. Blind voters may have any person assist them. Other voters may have anyone who is not their employer or union representative assist them.

❖ To vote even if you have no identification with you at the polling place. You must sign the "Affirmation of Identity" statement before voting if you have no ID.

❖ To vote a Provisional Ballot if your status as a qualified voter is in question, and to be present when the Electoral Board meets to determine if your ballot will be counted. See "Provisional Ballots" below.

❖ To bring your minor child (age 15 or younger) into the voting booth with you to observe you vote.

❖ To vote if you are in line by 7 p.m. when the polls close.

❖ To cast an absentee ballot if you are qualified to vote absentee.

❖ To register to vote absentee in Virginia if you are a U.S. Citizen overseas and your last residence in the U. S. was in Virginia, or you are a Virginia resident away in the military.

IF YOU FEEL your voting rights have been violated or that you may have witnessed an election law being broken, it is important to report the incident before the polls have closed, preferably while you are still there. Contact the State Board of Elections at 1-800-552-9745, or via e-mail at info@sbe.virginia.gov.

The Voter Registrar will investigate your case

ting married. I didn't need to go back for emotional reasons. I made the decision to stay put.

My priorities were my children. They both had been tested with above average IQ's. How was I to educate them? I had no money. I was raised in a large family. My mother did not work, my father worked in a factory. There was no extra money to be had there. I had to weigh my options. The programs that Fairfax County had to offer for gifted children at that time were excellent. The programs in Connecticut were not as intense.

My son, Luke, stayed in the pub-

lic schools he was attending. They gave him accelerated work and allowed me to take him out of school for plays and educational events. He graduated from Thomas Jefferson High School before it became technical. Luke has a few masters' degrees. He is currently getting another one in counseling. He wants to counsel addicts. He works his business online.

My son, Arnold, was admitted to the Fairfax County gifted and talented special schools. He was bused there everyday. It was out of the area where we lived. For high school, he applied to Thomas Jefferson High School for Science

Register, Vote

The deadline to register to vote or update your address for the Nov. 4 election is Monday, Oct. 6. To register to vote, download a form from:

http://www.sbe.virginia.gov/cms/Forms_Publications/Index.html

Fill it out and mail it to your local elections office. You can also register in person during business hours, or pick up a form in a library or other public places.

After you register, you will receive confirmation and a voting card in the mail. You can call the elections office to verify that you are registered.

Fairfax County Office of Elections
12000 Government Center Parkway, Suite 323

Fairfax, Virginia 22035-0081
703-222-0776 phone
703-324-2205 fax
703-324-4700 for 24-hour recorded information

To find your polling place, go to www.sbe.virginia.gov and click on "voter information."

Polling places will be open from 6 a.m. to 7 p.m. on Election Day.

and may be able to resolve the problem immediately.

If you still believe your voting rights may have been violated or may be violated, you have 10 days to file a formal complaint with the State Board of Elections.

Don't forget that you also have responsibilities as a voter, including:

❖ To treat the election officials with courtesy and respect.

❖ To keep your voter registration information up-to-date with your current address.

❖ To ask for help if you do not know how to use the voting equipment or have other questions about the voting process.

❖ To check your ballot for correctness before casting it. Once your ballot is cast, you cannot be given another ballot even if you think you voted incorrectly.

❖ To ask the election official to call the General Registrar's office before you leave the polling place if you have problems regarding your eligibility to vote or the casting of your ballot.

and Technology as if he were applying to prep school. This was the same facility from which Luke graduated. He passed the test and was admitted. Even today he questions, "How did I get in there?" Well, Fairfax County had prepared him. He graduated from Thomas Jefferson and went on to the University of Virginia.

When my husband talks about Fairfax County raising taxes I say, "Pay them, they educated my sons." Not only am I a Democrat, but I will vote for Barack Obama in November.

Louise Putnam
Fairfax

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What's Life All About

To the Editor:

I am a Democrat because I value education. I believe that is one of the domestic programs Democrats fund heavily.

I was widowed in 1975. At the time, I was raising two sons. Luke was born in 1963 and Arnold was born in 1973. I had to make an important decision. Should I return to Connecticut where I had parents and siblings? Or, should I stay put in Fairfax County? I am an independent person. I had lived away from Connecticut before get-

LETTERS

DINING

Old Town Eatery

FROM PAGE 3

TVs ... lots of kids come here with their families."

The secret of Foster's is its simplicity — the motto is to "Keep it fast, keep it clean, keep it simple," Carey said. "That's why we have the ticket system, simple menu. It's fast. Not too extravagant."

The lemonade is made with fresh-squeezed lemons (\$1.75). The hand-scooped, extra-thick milk shakes come in three flavors: chocolate, vanilla and strawberry for \$3.50. "I love the food. I just love the concept ... There's something about Foster's Grille that's magical," said Carey.

Daily specials for \$7.95 include Southwest Chicken on Mondays, with grilled chicken, provolone, grilled onions, BBQ and hot sauce with lettuce tomato and mayo. Tuesdays are Philly Cheesesteaks with grilled onions, provolone and tomato and mayo. Wednesdays are Buffalo chicken with hot sauce with lettuce, tomato and mayo. Thursdays are provolone grilled chicken with grilled mushrooms, grilled onions, lettuce, tomato and mayo. Fridays are Fried Fish Sandwich with beer-battered cod with tartar sauce on the side, lettuce and tomato.

But if you wanted to eat Tuesday's special on a Thursday, Fontillas said they'll prepare it for you.

Cookies are \$1 in chocolate chip, peanut butter, and sugar cookie flavors. Other desserts include yellow cake with chocolate frosting, chocolate cake with chocolate frosting (\$2.50/slice), and three flavors of ice cream — chocolate, vanilla and strawberry.

With 30 Foster's Grilles nationwide by the end of 2008, the chain has local franchises in Vienna, Ashburn and Manassas.

"We try to 'wow' the customer. We want them to come here and feel the wow experience," said Fontillas, who is excited to be in the newly revitalized downtown Fairfax. "I'm hoping now with this whole new development, people have a place to go, to spend an evening out."

"I've always called Foster's my second home, my happy place," said Carey, who has worked with Foster's for five years. "I love the food. I just love the concept."

Home Care NEWS

Presented by
Laura & Michael
Pierce, CSA



ACCOMMODATING COMMODES

A portable toilet is a device that substitutes for a regular toilet. There are two general categories of substitutes: a commode seat or bedside commode, and a hand-held device like a bedpan or urinal. These devices can be useful when a doorway or a bathroom is too narrow for a walker or wheelchair. When a person has limited mobility, portable toilets can answer a late night urge or solve the problem of frequent elimination. A bedside commode can be placed close to a bed or on the floor for easy use when there is no convenient access to a bathroom. Some commodes have drop-down arms and are of an adjustable height to accommodate an individual's needs.

A portable commode is essential for someone with limited mobility. **COMFORT KEEPERS** is here to assist those elderly in need of help with their daily tasks that they may maintain a sense of control and independence. We specialize in customizing home care for each client's individual needs. We are located at **10721 Main St., Ste. 100, Fairfax.** Please call **703.591.7117**. Office hours: are M - F 9 - 5 and our care services are available 24/7. Comforting Solutions for In-Home Care. We employ only the most dependable, caring, and friendly staff. We are an affordable alternative that allows you to remain in your own home.



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CALENDAR

FAIRFAX CONNECTION ASSISTANT EDITOR PAULA FRIEDRICH
703-917-6459 OR FAIRFAX@CONNECTIONNEWSPAPERS.COM

To have community events listed, email southcalendar@connectionnewspapers.com or call 703-917-6459 with questions. Deadline for calendar listings is two weeks prior to event.

THURSDAY/AUG. 28

Russian Cultural Heritage Night. Traditional Russian music played on traditional instruments such as the balalaika. 7:30 p.m. Ossian Hall Park, 7900 Heritage Drive, Annandale. Free. Visit www.fairfaxcounty.gov/parks/performances.

Teen Cinema. Chill with a movie and popcorn. Age 12-18. 6:30 p.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Call to register 703-644-7333.

FRIDAY/AUG. 29

Sandra Y. Johnson. Jazz singer; winner of second place at the 2006 & 2007 Billie Holiday Vocal Competitions. 7:30 p.m. Royal Lake Park, 5344 Gainsborough Drive, Fairfax. Free. Call 703-324-7469 or visit www.fairfaxcounty.gov/parks/performances

Friday Flicks. Bring lunch and enjoy videos. Age 1-6 with adult. 11:30 a.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Call to register 703-644-7333.

SATURDAY/AUG. 30

Neighborhood Plant Clinic. The Fairfax County Master Gardeners Association gives tips and strategies. 10 a.m.-1 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Call 703-978-5600.

SUNDAY/AUG. 31

Book Signing and Model Trains.

12-5 p.m. HO, N scale and Lego trains will be running, plus "The Train to Maine," a story of a family's summer train vacation along the east coast, will be signed by children's author and illustrator Rebecca Harrison Reed of Clifton. One of the story's characters, a train conductor, will be on hand with giveaways. Adults \$2, children \$1. Fairfax Station Railroad Museum, 11200 Fairfax Station Rd., Fairfax Station. Call 703-425-9225 or visit www.fairfax-station.org.

Potomac Hosta Club. 12 p.m. Picnic, Hostas auction and plant exchange. Heather Hills Nurseries at 8111 Ox Road, Fairfax Station. New members always welcome. For more information, call 703-866-2211 or visit hostaclub@gmail.com.

MONDAY/SEPT. 1

Labor Day Car Show. 10 a.m.-3 p.m. Street rods, customs, antiques, muscle cars, classics and more. Food and music, prizes and trophies. All proceeds benefit Life with Cancer. On the streets of Historic Clifton. Call Jim Chesley, 703-830-2129.

Labor Day Picnic. St. Mary of Sorrows Church is hosting its annual Labor Day Picnic on the church grounds. Open to all. 10:20 a.m.-5 p.m. This will begin a year long celebration commemorating St. Mary's founding 150 years ago. Live bands, historic reenactors, 1850s games, rides, raffle and bingo. Food, crafts and baked goods for sale. Located at the intersection of Fairfax Station Road and Route 123 in Fairfax. 703-978-4141.

Book Signing and Model Trains. 12-5 p.m. HO, N scale and Lego trains, plus "The Train to Maine" will be signed by children's author and illustrator Rebecca Harrison

Reed of Clifton. Adults \$2, children \$1. Fairfax Station Railroad Museum, 11200 Fairfax Station Rd., Fairfax Station. Call 703-425-9225 or visit www.fairfax-station.org.

TUESDAY/SEPT. 2

Teen Book club. 7 p.m. Read, talk, snack and make friends. Call for this month's title. Burke Centre Library, 5935 Freds Oak Road, Burke. Call 703-249-1520.

Neighborhood Plant Clinic. 10 a.m.-1 p.m. Fairfax Master Gardeners Association gives tips and strategies. Adults. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Call 703-644-7333.

Inova Blood Drive. 1:30-7 p.m. Photo ID required, appointments preferred. Call 1-866-256-6372. Adults. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Call 703-644-7333.

THURSDAY/SEPT. 4

Monkey Tales. 10:30 a.m. Stories and activities about monkeys. Age 13-23 months with adult. Burke Centre Library, 5935 Freds Oak Road, Burke. Call 703-249-1520.

Genealogy Databases. 7 p.m. Search for ancestors using the library's genealogy databases. Age 13 and up. City of Fairfax Regional Library, 10360 North St., Fairfax. Call 703-293-6227.

FRIDAY/SEPT. 5

The National Capital Area Chapter of The Leukemia & Lymphoma Society invites area sailors and power boaters to the Leukemia Cup Regatta. 12 p.m. The National Capital Area Chapter Honorary

SEE CALENDAR, PAGE 11



Sandra Y. Johnson, a local jazz singer and winner of second place at the 2006 and 2007 Billie Holiday Vocal Competitions, sings in a free concert on Friday, Aug. 29 at Royal Lake Park in Fairfax.



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CALENDAR

FROM PAGE 10

Skipper, Tyler McDille, will be participating in the Regatta in his first experience outside his home since he was diagnosed with a rare form of leukemia when he was 8 months old. One-Design and PHRF style boats welcome. Races will take place throughout the day. Spectator boats will be available to take people out, \$10 per person. Registration fees vary per boat. Old Dominion Boat Club, 1 King Street, Alexandria. Call Loree Lipstein at 703-960-1100, or visit www.leukemicup.org/nca.

Lunch Bunnies. 12 p.m. Bring lunch and listen to stories. Birth-5 with adult. Kings Park Library, 9000 Burke Lake Road, Burke. 703-978-5600.

Photo Display. Burke resident and photographer Barry Westergreen will be displaying his work 10 a.m.-7 p.m., at the Sugarloaf Craft Festival, Prince William County Fairgrounds, 10624 Dumfries Road, Manassas. 410-528-5400.

SATURDAY/SEPT. 6

Book Signing. Ellen Posner has written a book of poetry, and in her effort to pay it forward, she has decided to donate all sales of her book, minus the printing costs, to Capital Hospice, which helped the author's mother during her final days. She will be having a book signing at the Burke Starbucks on Burke Center Parkway from 11 a.m.-2 p.m. Burke Starbucks, 5749 Burke Center Pkwy, Burke.

4Paws Rescue Team Cat Adoptions. 12-4 p.m. Fairfax Petco at 10708 Lee Highway, Fairfax.

Microsoft Excel. 2:30 p.m. Introduction to creating

SEE CALENDAR, PAGE 12

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 12 pm: Blues Rock by The Jones
 1 pm: Free Range Rock by Catfish Jones
 2 pm: Contemporary Dance by Joan Izzo Academy
 3 pm: Country & Blue Grass by Jana Leigh Band
 4 pm: Andes Music by Mystic Warriors
 5 pm: Metal Alternative by Shrine of the Silver Monkey

Other Activities:
 Parade 10-11 am;
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 NEW! Public Safety Displays and Plays at St. John's Church;
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CALENDAR

FROM PAGE 11

spreadsheets. Age 13 and up. City of Fairfax Regional Library, 10360 North St., Fairfax. 703-293-6227.

Neighborhood Plant Clinic. 10 a.m.-1 p.m. Fairfax County Master Gardeners Association gives tips and strategies. Kings Park Library, 9000 Burke Lake Road, Burke. Call 703-978-5600.

John Bannon, Artist Demonstration. 12-3 p.m., at Green Acres Community Center, 4401 Sideburn Road, Fairfax.

SUNDAY/SEPT. 7

Northern Virginia Regional Park Authority Dog Days. 12-4 p.m. Participating parks include Bull Run Water Park in Centreville, Downpour Water Park at Algonkian Regional Park in Sterling, Great Waves at Cameron Run Regional Park in Alexandria, Pirate's Cove at Pohick Bay Regional Park in Lorton and Upton Hill Regional Park in Arlington. Admission is \$5 per dog. Dog owners must fill out a liability waiver and dog must have a current license and rabies vaccination. For more information, including directions to any of the facilities, visit www.nvrpa.org.

AARP Dulles Chapter hosts a Classic Car Show, from 10 a.m.-3 p.m. in downtown Herndon near the Municipal Center and Town Hall. The Car Show proceeds will provide scholarship support to Nurse Practitioners specializing in Geriatric Nursing at George Mason University. Free admission, auction, raffles, food and more. To register your car, become a sponsor for this event or for more information email president@aarpdulles.org or visit www.AARPDulles.org/classic.

Neighborhood Plant Clinic. 12-3 p.m. Fairfax Master Gardeners Association gives tips and strategies. Adults. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Call 703-644-7333.

Folksinger Joe Jencks will be joined by Grammy Award winner Jon Carroll in a concert 7 p.m., at Accotink Unitarian Universalist Church, 10125 Lakehaven Court, Burke. Suggested contribution of \$10 at the door. Visit www.accotinkuuc.org.

Christian Rock Band Chasen performs a free concert 11 a.m., at Jubilee Christian Center, 4650 Shirley Gate Road, Fairfax. 703-383-1170 or visit www.jccag.org.

MONDAY/SEPT. 8

9/11 Remembrance Ceremony following morning session of the Board of Supervisors' regular meeting, approximately 12 p.m., at the 9/11 Memorial Grove behind the Government Center, 12000 Government Center Parkway, Fairfax. Rain site will be the Government Center Forum. Visit www.fairfaxcounty.gov/news/2008/161.htm.

The Ashley Fister Cole Foundation sixth annual Driving for Surviving Melanoma Charity Golf Classic. 1 p.m. at Stonewall Golf Club on Lake Manassas, 15601 Turtle Point Drive, Gainesville. All net proceeds from this year's tournament will help fund the trial study programs at the University of Texas' MD Anderson Cancer Center. Play golf with free-range balls, a cart, greens fee, lunch, unlimited beverages on the course and dinner, \$175. Hole sponsors with signs and a message on one of the tee boxes, \$200. Visit www.ashleyfistercolefoundation.org.

Calling all Guys. 7 p.m. Book discussion group for boys. Call for title. Age 9-12 with adult. Kings Park Library, 9000 Burke Lake Road, Burke. Call 703-978-5600.

Neighborhood Plant Clinic. 6:30-9 p.m. Fairfax Master Gardeners Association gives tips and strategies. Adults. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Call 703-644-7333.

Adult summer Reading Program Closing Celebration. 7 p.m. Join for book discussions, refreshments and prizes. Adults. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Call 703-644-7333.

TUESDAY/SEPT. 9

Firefight: Inside the Battle to Save the Pentagon on 9/11 book signing. 7:30 p.m. Authors Patrick Creed and Rick Newman discuss their book "Firefight: Inside the Battle to Save the Pentagon on 9/11." Books will be available for sale and signing. Fairfax County Government Center, Board Auditorium, 12000 Government Center Parkway, Fairfax. Free; registration not required, call 703-324-8428.

eAudiobooks. 7 p.m. Learn to download audiobooks and podcasts to MP3 players, iPods and computers. Adults. Burke Centre Library, 5935 Freds Oak Road, Burke. Call 703-249-1520.

Fairfax Bibliophiles Book Collecting Group. 7:15 p.m. Adults. City of Fairfax Regional Library, 10360 North St., Fairfax. Call 703-293-6227.

Neighborhood Plant Clinic. 10 a.m.-1 p.m. Fairfax Master Gardeners Association gives tips and strategies. Adults. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Call 703-644-7333.



The Potomac Hosta Club will host a picnic, hosta auction and plant exchange on Sunday, Aug. 31, at Heather Hills Nurseries in Fairfax Station. Bring a dish to share and a plant to swap. New members are always welcome.

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Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	Date Sold
3431 FAWN WOOD LANE	4	5	2	FAIRFAX	\$1,250,000	Detached	0.9	07/29/08	
3869 LEWISTON PL	5	5	1	FAIRFAX	\$962,500	Townhouse	0.091965	07/30/08	
3503 TREATY OAK CT	3	3	1	FAIRFAX	\$600,000	Detached	0.298439	07/31/08	
13224 CORALBERRY DR	4	3	1	FAIRFAX	\$525,000	Detached	0.482094	07/31/08	
3304 SPRING LAKE CT	3	3	0	FAIRFAX	\$495,000	Detached	0.333861	07/31/08	
10120 SCOUT DR	4	2	1	FAIRFAX	\$490,000	Detached	0.257966	07/30/08	
3576 UNIVERSITY DR	4	4	0	FAIRFAX	\$474,900	Detached	0.395822	07/31/08	
10109 CAVALRY DR	4	2	1	FAIRFAX	\$469,000	Detached	0.224977	07/29/08	
4828 HERON NECK LN	3	3	1	FAIRFAX	\$455,000	Townhouse	0.072199	07/29/08	
3707 JOHN BARNES LN	4	3	0	FAIRFAX	\$442,500	Detached	0.332163	07/31/08	
10401 FOREST AVE	4	1	1	FAIRFAX	\$412,000	Detached	0.23191	07/31/08	
12551 SWEET LEAF TER	3	3	1	FAIRFAX	\$410,106	Townhouse	0.038935	07/28/08	
3209 ADAMS CT	5	3	1	FAIRFAX	\$410,000	Townhouse	0.050505	07/28/08	
4000 NICHOLAS CT	3	2	2	FAIRFAX	\$399,000	Townhouse	0.060009	07/25/08	
4026 LAKE GLEN RD	3	3	1	FAIRFAX	\$391,500	Townhouse	0.043618	07/31/08	
10405 COURTHOUSE DR	4	3	1	FAIRFAX	\$385,000	Townhouse	0.038246	07/31/08	
4330 CANNON RIDGE CT #R	3	2	0	FAIRFAX	\$365,000	Garden 1-4 Floors		07/30/08	
12814 MIDDLETON LN	3	2	0	FAIRFAX	\$345,000	Detached	0.211983	07/28/08	
3774 SUDLEY FORD CT	2	2	0	FAIRFAX	\$290,000	Townhouse	0.026056	07/31/08	
12258 FORT BUFFALO CIR #508	2	2	0	FAIRFAX	\$265,000	Garden 1-4 Floors		07/31/08	
11122 ROCK GARDEN DR	2	1	1	FAIRFAX	\$206,500	Townhouse		07/31/08	
9467 FAIRFAX BLVD #203	2	1	0	FAIRFAX	\$160,000	Garden 1-4 Floors		07/29/08	
12918B GRAYS POINTE RD#12918B	1	1	0	FAIRFAX	\$152,000	Garden 1-4 Floors		07/28/08	
9467 FAIRFAX BLVD #304	2	1	0	FAIRFAX	\$149,700	Garden 1-4 Floors		07/31/08	
9463 FAIRFAX BLVD #301	2	1	0	FAIRFAX	\$138,000	Garden 1-4 Floors		07/30/08	

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AROUND TOWN

The Greater Springfield Chamber of Commerce will host a black-tie Membership Gala on Friday, Oct. 3 at the Waterford at Springfield. The gala will provide an opportunity for businesses to learn about the Chamber and give current members another venue to make and develop business connections and relations with area business owners and executives. Gala tickets are \$125 per guest. Call to reserve, 703-923-7611. For more

about the Greater Springfield Chamber of Commerce visit www.springfieldchamber.org.

CUE Bus now accepts SmartTrip cards. The plastic cards are sold by Metro for Metrorail and MetroBus fares and Metrorail parking lot payments. Fares are automatically deducted from the card, with no need for tickets or change. For information, visit www.wmata.com/riding/smarttrip.cfm or call 888-SMARTTRIP.

TaxiAccess is a new transportation service that is available to Fairfax County residents with disabilities. TaxiAccess provides subsidized taxi transportation service to county residents who are registered users of MetroAccess. Users may purchase up to eight coupon booklets per year for \$10 each. Fairfax County Department of Transportation at 703-324-1172, TTY 711 Monday-Friday, 8 a.m.-4:30 p.m. Visit www.fairfaxcounty.gov/fcdot/taxiaccess.htm.

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Centreville/Clifton					
12405 Shari Hunt Grove	\$999,977	Sun 15	Meyers & McCabe	Abe Campaign	703-310-7991
11612 Henderson Road	\$749,900	9/7-14	Wolf Run	Jennifer Pogoda	571-218-7889
12210 Henderson Road	\$749,000	9/7-14	Wolf Run	Diane Lenahan	703-283-7328
12801 Chestnut	\$1,325,000	Sun 14	Remax	Dennis Hogge	703-850-0280
Fairfax					
3227 HIGHLAND LN	\$649,000	Sun 124	Keller Williams	Debbie Harvey	703-330-2222
5969 COLCHESTER RD	\$1,399,900	Sun 122	Ikon	Amelia Iriarte	703-658-3999
11335 ARISTOTLE DR #5-215	\$329,900	Sun 123	Century 21	Danielle Dojcek	540-955-2500
10618 GOLDENEYE LN	\$589,750	9/7-14	RE/MAX	Sandra Mason	703-522-1940
11326 ARISTOTLE DR #4-103	\$230,000	Sun 14	ERA	Lana Hartmann	703-359-7800
4205 TRUMBO CT	\$499,900	Sun 14	Weichert	Denise Massihi	703-934-0400
Fairfax Station/Laurel Hill					
11715 Winterway Lane	\$1,375,000	9/7-14	Wolf Run	Sandy Lovett	571-247-2616
7009 Sylvan Glen Lane	\$1,050,000	9/7-14	Wolf Run	Diane Lenahan	703-283-7328
11229 September Lane	\$625,000	9/7-14	Wolf Run	Diane Lenahan	703-283-7328
Vienna					
9145 BOIS AVE	\$845,000	Sun 14	Long & Foster	Lilian Jorgenson	703-790-1990
9840 PALACE GREEN WAY	\$1,025,000	9/7-14	Samson	Nancy Futrell	703-896-5057
8869 ASHGROVE HOUSE LN	\$645,000	Sun 15 & 9/7-15	A La Carte	Adam Beslove	703-929-7909

To add your **FREE** Realtor Open House listing, call:

Springfield/Kingstowne, Burke, Fairfax Station/Laurel Hill
Contact: **Tammy Johnson 703-868-1461**
tjohnson@connectionnewspapers.com

Chantilly/Oak Hill, Centreville/Clifton, Fairfax
Contact: **Karen Washburn**
kwashburn@connectionnewspapers.com
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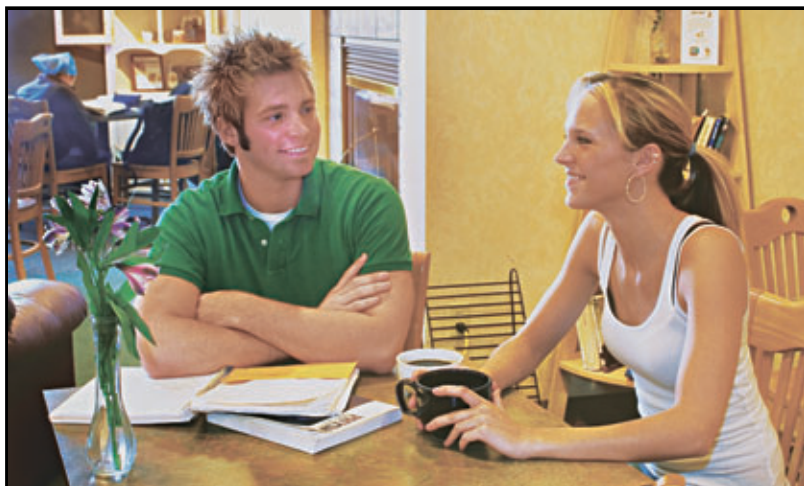
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FINANCE AND BUSINESS

The Financial Education Center for Women Entrepreneurs

conducts several classes at the Community Business Partnership, 7001 Loisdale Road, Suite C, Springfield. Limited scholarships available for all classes. 703-768-1440 or visit www.cbponline.org.

Financial Planning for Separation and Divorce.

Thursday, Sept. 11 from 7-10 p.m. \$55 non-members, \$45 members. This seminar covers all financial components of the property settlement agreement from preparing documents for an attorney to the signing of the agreement. Investment & Resource Planning Associates, 10600 Arrowhead Drive, Suite 310, Fairfax. Call 703-281-2657 or visit www.thewomenscenter.org.

PAINTING & DRAWING

Art Classes. Springfield Art Guild and Lorton Arts Foundation member Maureen Wolford teaches classes that focus on enhancing and refining basic drawing and painting techniques involving color, perspective and shading. Materials include watercolor, tempera, pastel, acrylic and oil; machine sewing, beginner needlepoint, architecture, art history and more also explored. Ages 8 to adult, flexible schedules. Call Maureen at 703-455-4473 or visit www.lifethroughart.com.

Art Classes in Burke. Classes are available for children 5-8, 8 and up or teens/adults in drawing and

watercolor painting. All classes meet at the Ponds Community Centre, Burke Centre. Drawing Plus Color for 5-8-year olds and art lessons for 8 and up are on Tuesdays or Saturdays. Art Workshop & Chinese Brush Painting for teens/adults are Saturday mornings from 10:30 a.m.-12:30. Class sessions vary from 7-10 weeks. 703-250-6930 or www.geocities.com/czeitlinschneier.

SPORTS

Skating Lessons. Skater's Quest of Fairfax gives free skate lessons with a qualified professional, at Dick's Sporting Goods, 12501 Fair Lakes Circle, Fairfax. www.skatersquest.com or www.freeskatelesson.com.

LPGA-USGA Girls Golf of Northern Virginia

offers golf clinics for girls throughout the Northern Virginia area. All girls rising grades 1 through 12 are invited. Parents and girls may register online at www.GirlsLoveGolf.com. Contact Elena Melchert at 703-475-4163 or Elena@GirlsLoveGolf.com.

PARENTING

MamaStroll stroller exercise classes at Springfield Mall. Mothers can work out with their babies **Mondays and Wednesdays** at 8 a.m., **Tuesdays and Thursdays** at 9 a.m. First class free. Meet at Macy's Court. Visit www.mamastroll.com.

Mommy & Me. The Jewish Community Center of Northern Virginia offers Mommy & Me classes for children 3-months-old to 2-years-old. Circle time, singing, games, crafts, story time and more. Class locations include Fairfax and Springfield. 703-537-3064 or e-mail LaurieA@jccnv.org.



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Welcome to the 2008 Connection Pigskin Preview. In this special section, you will find team breakdowns, as well as a glance around the region, a recap of last year's standings and predictions for some week one match-ups. For a complete look at the football landscape, visit our Web site at www.connectionnewspapers.com

Special thanks to Robbie Hammer, Craig Sterbutzel, Louise Krafft, Stuart Moll and John Smith.

—ERIC J. GILMORE, MARK GIANNOTTO AND RICH SANDERS



2008 PIGSKIN PREVIEW

Fairfax Rebels

Head Coach: Chris Haddock, second year.
Career Record: 2-8
2007 Record: 2-8 overall, 0-6 Concorde District
Returning Starters: seven offense, six defense



Key Losses: RB/DB Peter Miller; OL/DL Will Ferguson; DB C.J. Robertson.

Top Returners: QB Abdul Amin, Sr., 5-10, 180; RB/FS Alex Price, Sr., 6-0, 190; OL Ian Davies, Sr., 6-1, 210; FB/LB Chris Regensburg, 5-10, 185.

Must win: Week Six, Oct. 3 at Herndon

Fun Fact: The Fairfax haven't had a winning season in nine years, but current Westfield coach Tom Verbanic was highly successful before moving over to Westfield. In 11 years atop the Rebels, he accumulated an 82-35 record.

Aspect to Watch: Fairfax should be much improved over last season with 13 starters returning, which includes the quarterback and running back. The season opening 35-0 loss to W.T. Woodson took air out of the Rebels sails last season, before they grabbed big wins over the National District. Fairfax will be out for revenge in week one this season.

Robinson Rams

Head Coach: Mark Bendorff, 12th year.

Career Record: 106-25

2007 Record: 6-6 overall, 2-4 Concord District (lost in Div. 6 semifinals)

Returning Starters: 5 offense/4 defense.

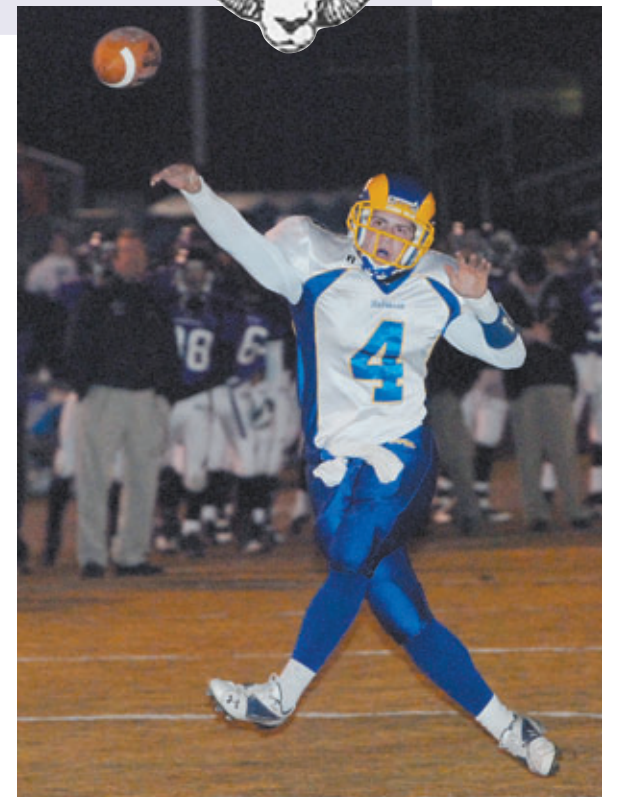
Key Losses: RB/ATH Peter Ferrara; DL Logan Perryman; DL Derek Qadir; Rafiq Quadir

Top Returners: QB Timmy Meier, Sr., 5-11, 185; FB Alex Murray, Sr., 5-10, 195; LB Brian Laiti, Jr., 6-4, 200; RB/DB Wynton Fox, Sr., 5-7, 170; DE Ryan Holder, Sr., 6-2, 215

Must win: Week Six, Oct. 3 vs. Centreville

Fun Fact: With Westfield, Robinson was recently named one of the top-20 programs of the decade within Virginia. It won the state championship in 2001 and went again in 2004. Over the past decade, coach Mark Bendorff is 79-17.

Aspect to Watch: The schedule. Without a doubt, Robinson has the toughest slate in the Northern Region, taking on Lake Braddock, West Springfield and Stone Bridge in non-district games. With Oakton much improved, it's going to be tough to muster wins arguably the toughest district in the state.



SPORTS: PIGSKIN PREVIEW

W.T. Woodson Cavaliers

Head Coach: Trey Taylor, third year.

Career Record: 10-10

2007 Record: 5-5 overall, 4-3 Liberty District.

Returning Starters: seven offense, eight defense.

Key Losses: TE/LB Travis Mueller; OL/DL Jack Dunn; OL/DL Marty Selgas.

Top Returners: WR/DB Max Waizenegger, Sr., 6-0, 170; WB/DB Sam Burt, Sr., 6-0, 190; RB/FS Colin Dempsey, Jr., 5-9, 160; RB/LB James Johnson, Jr., 5-11, 190; FB/LB Jake Sweeney, Sr., 6-1, 210;

Must win: Week One, Aug. 29 vs. Fairfax

Fun Fact: W.T. Woodson lost to South Lakes, 7-2, in the 2002 Div. 5 Northern Region final. Dating back to 1967, the nine combined points rank as the lowest scoring Northern Region final ever.

Aspect to Watch: The Cavaliers are trying to take another step in Trey Taylor's third season. It finished with a solid 5-5 record for the second straight year, but with the starting quarterback, running back and two talented wide receivers returning, how much can of a jump can W.T. Woodson make?



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SPORTS: PIGSKIN PREVIEW

PIGSKIN PROGNOSTICATORS: **Week One**

Each week, **The Connection's Pigskin Prognosticators** select winners from the top five prep games.

GAMES OF THE WEEK

1. W. Springfield at Stone Bridge
2. Oakton at Madison
3. Westfield at South County
4. Mount Vernon at T.C. Williams
5. West Potomac at Centreville
6. W.T. Woodson at Fairfax
7. Lee at Edison
8. Robinson at Lake Braddock
9. Alabama vs. Clemson
10. ECU vs. Virginia Tech

WEEK NINE SCHEDULE:

Games played Thurs., Aug. 28
 Hayfield at Marshall, 7:30 p.m.
 Annandale at McLean, 7:30 p.m.
 Lee at Edison, 7:30 p.m.
 Falls Church at Jefferson, 6:30 p.m.
 Broad Run at Wakefield, 7:30 p.m.
 Robinson at Lake Braddock, 7:30 p.m.
 Games played Fri., Aug. 29
 Oakton at Madison, 7:30 p.m.
 Wilson (D.C.) at Yorktown, 7:30 p.m.
 W.T. Woodson at Fairfax, 7:30 p.m.
 Mount Vernon at T.C. Williams, 5 p.m.
 George Mason at J.E.B. Stuart, 7:30 p.m.
 Washington-Lee at Dominion, 7:30 p.m.
 Heritage at South Lakes, 7:30 p.m.
 Westfield at South County, 7:30 p.m.
 West Potomac at Centreville, 7:30 p.m.
 West Springfield at Stone Bridge, 7:30 p.m.



Craig Sterbutzel

Sports Photographer

Last Week: 0-0

Season: 0-0

Percentage: 0%

1. Stone Bridge
2. Oakton
3. Westfield
4. T.C. Williams
5. Centreville
6. W.T. Woodson
7. Edison
8. Robinson
9. Alabama
10. ECU



Mark Giannotto

Sports Editor

Last Week: 0-0

Season: 0-0

Percentage: 0%

1. W. Springfield
2. Oakton
3. Westfield
4. T.C. Williams
5. West Potomac
6. W.T. Woodson
7. Edison
8. Robinson
9. Alabama
10. ECU



Rich Sanders

Sports Editor

Last Week: 0-0

Season: 0-0

Percentage: 0%

1. Stone Bridge
2. Madison
3. Westfield
4. T.C. Williams
5. West Potomac
6. W.T. Woodson
7. Edison
8. Robinson
9. Clemson
10. Virginia Tech

Northern Region Div. 6 Power Points — 2007 Final

1.	Westfield	33.0
2.	Chantilly	31.0
3.	West Springfield	30.9
4.	Lake Braddock	28.7
5.	West Potomac	28.4
6.	Centreville	27.3
7.	Robinson	27.0
8.	South County	26.9
9.	Langley	26.8
10.	Oakton	26.1
11.	Herndon	25.5
12.	W.T. Woodson	25.1
13.	T.C. Williams	23.9
14.	Annandale	22.9
15.	Fairfax	20.9

Northern Region Div. 5 Power Points — 2007 Final

1.	Stone Bridge	31.7
2.	Madison	29.0
3.	Edison	28.8
4.	Marshall	25.8
5.	Mount Vernon	24.7
6.	Yorktown	24.0
7.	South Lakes	21.5
8.	Lee	21.1
9.	Washington-Lee	20.9
10.	Wakefield	18.9
11.	Falls Church	19.7
12.	McLean	19.2
13.	Hayfield	19.2
14.	Jefferson	18.5
15.	Stuart	16.4

2007 Final Standings

School	District	Overall
Stone Bridge	7-0	14-1
Madison	5-2	9-3
Langley	5-2	6-4
Marshall	4-3	8-4
W.T. Woodson	4-3	5-5
South Lakes	2-5	3-8
McLean	1-6	2-8
Jefferson	0-7	1-9

School	District	Overall
Westfield	6-0	15-0
Chantilly	4-2	8-3
Centreville	3-3	6-5
Oakton	3-3	5-5
Herndon	3-3	5-5
Robinson	2-4	6-6
Fairfax	0-6	2-8

School	District	Overall
West Springfield	6-1	10-3
Lake Braddock	6-1	8-3
South County	5-2	6-5
West Potomac	4-3	8-4
T.C. Williams	3-4	4-6
Annandale	2-5	4-6
Lee	2-5	2-9
Hayfield	0-7	1-9

School	District	Overall
Edison	6-0	10-3
Mount Vernon	5-1	6-5
Yorktown	4-2	5-6
Washington-Lee	3-3	4-6
Wakefield	2-4	2-8
Falls Church	1-5	3-7
J.E.B. Stuart	0-6	0-10



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SPORTS: PIGSKIN PREVIEW

Northern Region at a Glance

CONCORDE DISTRICT

Westfield

The **Westfield Bulldogs** used 48 seniors — 21 of who were starters — to earn its second Division 6 state title in four years, defeating Woodbridge, 42-14, which completed a perfect 15-0 season. The Bulldogs were downright dominant, beating its opponents by an average of 29.4 points, while allowing only 8.8 points per game and recording five shutouts. Head coach Tom Verbanic, who is 69-6 over the past six years, will look to junior quarterback Danny Fenyak to replace Mike Glennon, who is now playing at NC State. The Bulldogs also have to replace receiver Johnny Pickett (Ball State). But with Tyler Barfield, an all-region lineman, returning and one of the top junior varsity teams in the area, Westfield should be poised for another solid season.



Chantilly

The **Chantilly Chargers** have something to prove this season after getting ousted by Robinson in the first round of the Division 6 playoffs, just a year removed from a state championship appearance. The Chargers have to replace senior quarterback/safety Austin Decker and linebacker Mike Quigg, but have two solid Division I recruits in running back Torrian Pace and Issac Sine. Pace, clocked at 4.47 seconds in the 40-yard dash, averaged 10.9 yards per carry en route to 12 touchdowns while sharing with three other backs a year ago. This season, he and Sine, a 6-foot-3, 218-pound linebacker, will have to lead a young crop if the Chargers want to make a third-consecutive playoff berth.



Oakton

The **Oakton Cougars** are now three years removed from the 2004 Division 6 state title, and frankly, there has been a two-year hangover. After having eight Division I players graduate in 2006, Oakton struggled to a 5-5 record in 2007, losing to Madison and Annandale to open the season. The offense should be strong with Ryan Harris and Chris Coyer, both solid senior quarterbacks, returning along with all-district selection Trey Watts in the backfield. Senior Jack Tyler, a 6-foot-2, 215-pound linebacker who has 193 career tackles, will help to anchor the defense, while 6-foot-5 all-region punter/tight end Wade Reynolds also returns. Oakton should be undefeated heading into a home game against Chantilly in week six.



James Robinson

The **James Robinson Rams** made five-straight regional title game appearances, winning the state championship in 2001 and losing in 2004. But ever since joining the Concorde District four years ago, the Rams have lost 12 times compared



to just five losses in the previous five years. Robinson still made the playoffs last season, their ninth time in the past 11 seasons, but squandered a late lead to West Springfield. Robinson is still hopeful with quarterback Timmy Meier and running back Alex Murray both returning after starting last season. The schedule is again brutal with Lake Braddock, West Springfield and Stone Bridge littering the non-district schedule.

Centreville

The **Centreville Wildcats** ended a two-year playoff drought, but squandered a 12-point lead over West Springfield with less than six minutes remaining in the region quarterfinal. It was only the second time the Wildcats relinquished 15-plus points all season. But 2008 will be different as defensive coordinator Mike Skinner went to Stone Bridge and assistant Roy Ferri was hired at Stuart. Second-year coach Gerry Pannoni has to replace first-team all-region standouts Darryl Hamilton (Richmond) and Donnell Carpenter defensively, but senior defensive end Mike Upham is a nice start. Senior David Toth and junior Cam Walter are vying for the starting quarterback slot, while third-year starter Luke Bowanko, who has committed to the U-Va., will again anchor the offensive line. The biggest questions are at the skill positions, where Pannoni is considering playing freshmen.



Herndon

The **Herndon Hornets** were one of the hottest teams at the end of the 2007 season, winning four of five (the lone loss was against Westfield) after starting the season 1-4. The Hornets, who had their a non-winning season for the first time in five years, have now adjusted to second-year coach Joe Sheaffer's schemes and should again vie for a playoff slot. Junior Zach Ozycz will again command the offense, a job he won late last season. On the ground, junior tailback Devin Thompson replaces Desmond Seifu and Chris Winston, while junior fullbacks Austin Moore and Sam Grother will also be counted on.



Fairfax

To say the **Fairfax Rebels** have struggled of late would be an understatement. The Rebels haven't had a winning season in nine years, and since joining the Concorde District three years ago, Fairfax hasn't sniffed a victory. In fact, it's given up 30 points per game since 2005, and was outscored 218-28 within the district in 2007. A sliver of hope for second-year coach Chris Haddock is that he returns 13 starters, including senior quarterback Abdul Amin, running back Alex Price and 6-foot-4, 285-pound Josh Patterson. And the Rebels face Washington-Lee and Falls Church — the two teams they collected wins against last season — again this year.



LIBERTY DISTRICT

Stone Bridge

The **Stone Bridge Bulldogs** might be better in 2008, one year after a 14-1 Division 5 state championship season in 2007. Jeron Gouveia (Virginia Tech) is gone, but the Bulldogs are reeling out Division I prospects. Zach Thompson recently committed to Wake Forest, the same destination of linebacker Mike Olson. Defensive end Brian Slay (N.C State) and tackle David Wang (Virginia Tech) have also committed. Quarterback Patrick Thompson, Zach's twin and son of head coach Mickey Thompson, will command the offense and will likely look to Daniel Allen to fill the void created by Goveia and Kareem Alexander at running back. Back-to-back home games against West Springfield and Robinson to open the season will be a quick litmus test on whether the Bulldogs can repeat.



James Madison

The **James Madison Warhawks** put together a solid 9-3 season in 2007 and qualified for the Northern Region Div. 5 playoffs, where they defeated South Lakes in a quarterfinals round postseason affair. Madison then lost to Edison in the semifinals. Over the course of the regular season in the Liberty District, only state champion Stone Bridge proved to be better than the Warhawks, who have been a perennial playoff team under head coach Gordon Leib. Senior Linebacker Derek Geary and massive tight end Harry Kehs will be counted on for senior leadership.



Langley

The **Langley Saxons** had a winning season for the second time in the past six years, and sixth-year coach John Howerton is giddy about the prospects for 2008. Langley, who moves up to Division 6, returns seven starters offensively, including senior quarterback Danny Pritchett and running backs Derek Eklund and David Helmer. The line is anchored by mammoth offensive linemen Scott Jones and Garrett Moore, both of who are being recruited by Division I schools. The defense returns four starters, but will be without four first-team all-district standouts from 2007. Non-district games against Chantilly and Oakton could determine whether the Saxons will be a playoff-bound team for the first time since 2004.



George Marshall

The **George Marshall Statesmen** won eight games last season, making the playoffs for the first time since 1993. The Statesmen advanced to the Division 5 semifinal, before bowing out to eventual state champion Stone Bridge. It culminated a five-year pattern of Marshall improving after going winless in coach J.T. Biddison's first season. But the Statesmen are likely to take a step back, only returning five starters. Third-year quarterback Harold Sweet will be relied upon heavily, especially with



its top two rushers from last season gone. Marshall will have to mature quickly if it wants to edge out Fairfax in week two.

W.T. Woodson

The **W.T. Woodson Cavaliers** finished last season on a sour note after losing a Week 10 game to powerhouse Stone Bridge, 45-7. Overall, the Cavaliers, under coach Trey Taylor, finished a respectable 5-5. Incumbent starter Gabe Thomas and transfer Connor Reilly are vying for the starting quarterback slot, and both are likely to see time under center. The backfield returns, as does all-district wide receiver Max Waizenegger.



South Lakes

The **South Lakes Seahawks** had a superstar last season in A.J. Price (Penn State), a solid receiver in Thomas Mayo (Concorde University) and a dependable quarterback in Scott Reed. But all have graduated from the 3-7 Division 5 playoff team from 2007. So fifth-year coach John Ellenberger has to revamp his pass-happy offense with fresh faces, including junior quarterback Ray Howard, senior running backs Brandon Price and Justin Zeller and senior tight end Quintin Fortes. The Seahawks need to shore up their offense, which gave up 300-plus points for the fourth-straight season.



McLean

The **McLean Highlanders** finished with two wins in 2007 for the second-straight year, but have a reason to be hopeful in first-year coach Jim Patrick, son of former Mount Vernon coach Bruce Patrick. McLean will transform into a triple-option offense, likely to be keyed by either Riley Beiro or Will Hecht at quarterback and seniors Kyle McColgan and Michael Shipley in the backfield. The defense, which gave up 20 points in each of the team's eight losses last season, should be improved with five starters returning. As a Division 5 team, inching out early season non-district victories over J.E.B. Stuart and Washington-Lee will be pivotal.



Thomas Jefferson

The **Thomas Jefferson Colonials** had another tough season in 2007, winning only one game. They were getting outscored by 260 points and lost seven games by at least three touchdowns, including an embarrassing 56-6 loss to W.T. Woodson. The prospects don't look good for third-year coach Tim Puvogel, who is 3-17 in two seasons and failed to get a first-team all-district representative last season. But Jefferson returns 11 starters, including seniors Evan Burch and Mike Howard, leaving enough experience to provide at least a couple of wins. A season-opening win at home against Falls Church is crucial.



A Coaching Establishment

Long-tenured coaches are rare — but highly successful.

BY ERIC J. GILMORE
THE CONNECTION

Twenty-eight seasons ago, Vaughn Lewis, Mike Skinner, Dale Eaton and Gerry Pannoni were all neophyte Groveton assistants serving under Chip Armstrong, a then-recent high school graduate. It was so long ago that Lewis, the last coach at Groveton before it merged with Fort Hunt to form West Potomac in 1985, had to dig out the championship plaque just

“It has gone from rock ‘em sock ‘em with who is bigger, stronger football to spreading it out, throwing the football more and trying to create running space.”

—Vaughn Lewis, Edison head coach

to jog his memory of who his boss was.

Being a full-time high school football coach is a job that is an annual commitment. So it's hard to blame Lewis, who has been coaching for more than a quarter-century, for blending seasons together.

“We were all coaching together,” Lewis said of his colleagues who all became successful head coaches. “That was special because we were all fairly young.”

A mere generation later, Lewis and many of the “old guard” are still around, having transitioned from eager assistants and coordinators into

seasoned head coaches. But more than seniority and even more than X's and O's, the few remaining Northern Virginia treasures have continued to hover on the sidelines on Friday nights.

There is no instruction manual for high school football coaches, though they appear to all be a similar breed — tough-nosed, no-nonsense, fear-striking massive men. But aside from their ear-piercing whistles, the tutoring of teenagers and demand for discipline, all have done what quality coaches do. Gain respect. And win.

Bruce Hanson, the Yorktown head coach since 1981, epitomized his coaching passion when his Patriots squeaked through another win over archrival Washington-Lee at the conclusion of the 2007 regular season. Hanson's loyal assistants had already carpooled over to his house, ready to decompress and dissect film, and yet the Northern Region's longest-tenured coach was still conversing candidly with two local sports-writers among sweaty socks.

“We're hoping to get back up,” Hanson said Monday, reiterating the same message he made before bowing out to Lewis' senior-laden Edison team in the 2007 playoffs.

A few weeks earlier, Lewis' Eagles had overpowered Washington-Lee, a district foe during a cold, sputtering November rainstorm. Lewis, and his ever-supporting wife — an absolute essential — were the last two to be pried from the field, ignoring the miserable weather to chat more Northern Region football.

THE GAME HAS EVOLVED. But it's clearly still dominated by experience. Any of the long-tenured head coaches, West Springfield's Bill Renner, Annandale's Dick Adams, Robinson's Mark Bendorf and Westfield's Tom Verbanic, along with Hanson and Lewis, will admit the schemes vary drastically from the mid-to-late 1980s when wishbone and traditional triple-option offenses were the norm, as teams tried



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Westfield coach Tom Verbanic will have to rebuild after completing Westfield's second undefeated state championship run in 2007.



Gerry Pannoni heads into year two at Centreville, but is no stranger to the area.

to overpower opponents with muscle and brute force.

“The main change (since I started coaching in the area) is the game itself has changed a lot,” Lewis said. “It has gone from rock ‘em sock ‘em with who is bigger, stronger football to spreading it out, throwing the football more and trying to create running space.”

The spread schemes, which accentuates athletes' speed in space, is the rage as West Springfield, Westfield and T.C. Williams now employ varying degrees of pass-happy offenses.

“It all depends on how your kids fit,” Lewis said. “We still ran the I-formation five years ago because we had a 225-pound tailback and some big boys in the trenches... The last four years we've had more athletes on the squad. It's only been the past five years we've gone spread or no huddle.”

COACHES CARRY CREDIBILITY, especially the ones that have lingered. In the two Northern Region final games last season, there were nearly 80 years worth of head coaching experience, with Renner (Mount Vernon, Langley and West Spring-

field) facing Verbanic (Fairfax, Westfield) and Mickey Thompson (Park View/Sterling, Stone Bridge) clashing with Lewis (Groveton, Edison and Jefferson) for the third straight season.

Lewis' former Groveton assistant, Mike Skinner, took Centreville to four straight Northern Region title games, winning a Group AAA Division 6 state championship in 2000. He was the defensive coordinator for his former Frostburg State teammate Pannoni last season, before jumping to Stone Bridge to Thompson in the off-season.

“We all went our separate ways,” Lewis said of his former Groveton staff. “Gerry (Pannoni) and I are the only ones left coaching now.”

Thompson, winner of two of the past three Northern Region Division 5 titles and the defending state champion, has been coaching in the area since 1990, and has another loaded roster expected to repeat as state champs.

Annandale's Dick Adams won back-to-back Division 6 state titles in 1993 and 1994, while Robinson's Mark Bendorf (1997 and 2000) and Westfield's Tom Verbanic (2004 and 2007) also have two state titles. Bendorf and Verbanic's schools were recently named among the top-20 programs of the past decade.

ASK ANY COACH, including McLean's Jim Patrick, who is in his first year, and he'll admit that hiring a quality staff is essential. Some coordinators may be coaches waiting in the wings, but if history is any indication, the fraternity isn't ready to initiate many new members.

But Lewis and Hanson, and the entire crop will eventually have to step aside, clearing a path for assistants that could represent the next generation of soon-to-be established coaches.

“I enjoy what I do and I'm very proud of what we accomplished at Edison and you can't accomplish unless you've got great assistants under you,” Lewis said. “Having been an assistant at Groveton, I know that.”

That part, at least, he does remember.



West Springfield should be one of the best teams in the Northern Region this season.

Local GOP Groups Prepare for November Election

FROM PAGE 3

Warner (R), who is retiring at the end of his term in 2008. In the presidential race, Sens. John McCain (R) and Barack Obama (D) are both campaigning to replace George W. Bush.

In two of those three races, the candidates face an uphill battle. Gilmore trails Warner 59-33 in the latest Rasmussen poll, and internal polling released by Connolly's campaign showed Fimian trailing 52-21. The presidential race is far closer, with McCain and Obama in a statistical tie, 45-45, according to Rasmussen polling. However, the Virginia went for Bush 54-45 in 2004 and has voted to elect the GOP nominee in 12 of the last 13 presidential elections, often by similar margins.

Becky Stoeckel, Chairman of the 11th Congressional District Republican Committee said that certain factors, like not having an incumbent running and demographic changes in Northern Virginia, could help to explain some of those tightening factors.

"Well as you know, in '04 we had an incumbent president, she said. "Virginia was not perceived as a battleground state. I think it might have been a little bit easier then, with an incumbent."

Kaplan said he has noticed the change from past election cycles.

"I do think [the changes] are real, I think there's a change of people coming into Northern Virginia," he said. "We've seen a growth in technology jobs and contracting jobs. A lot of new people who are coming from urban areas. A lot of people are leaving because they can't afford to live in Fairfax County anymore."

Stoeckel rejected the notion, however, that a broader shift is occurring in Virginia politics, saying that other than the Northern Virginia area, the state remains solidly conservative.

"There's been a perception of a demographic shift in Virginia. That we're now a battleground state, that [people] think we're up for grabs. I personally don't think that's the case," she said.

Likewise, Kaplan said he was not overly concerned, judging by what he's seen in Fairfax.

"I recognize polls show that in generic votes for Congress or president, Democrats seem to win. When you put names on the ballots, McCain is tied or up. So what I see in the city is we're not voting the generics,

we're voting for the people," he said.

Meet and greets serve a vital role in connecting the community to their Republican candidates, according to Rollins. Surrogates from the McCain and Fimian campaigns were in attendance, along with a host of officials, including Supervisor Pat Herry (R-Springfield) and John Brownlee, a candidate for the Republican Attorney General nomination, a race that will take place next year.

Rollins said that the more local the races are, the more impact organizations like hers can have on the outcome.

"People can feel and touch a local candidate easier than they can a national candidate. We have Keith [Fimian] come to our meetings. We've talked with him. On a national scale, it's a little harder to do that," she said.

The RWC, started in 2006, has around 110 members and, according to Rollins, that number is rising. Throughout the next 70 days, her organization will host meet and greet events like the Aug. 24 barbecue and also staff phone banks for each of the three

candidates. Like the CFRC, they are coordinating with other organizations in order to provide assistance when and where they need it, including sending volunteers over to support other grassroots, county and state branches of the GOP election apparatus. "We may get only 24 hours notice for an event," said Bonnie Fite, chair of the RWC's Public Relations Committee. "I know I've responded to some of them. We have to be flexible too."

They're also actively getting involved in the Internet, creating election blogs and running a special edition of their newsletter focused solely on introducing voters to John McCain. Rollins said the organization is experimenting with social networking sites like Facebook and Myspace to get their message across as well.

TRAFFIC AND the Iraq war are two issues that are squarely on the minds of Clifton voters, according to Fite.

"We have seen traffic just get horrendous. For my work I can choose when I go places, and I'll purposely avoid rush hour," she said.

On the Iraq war, she said Virginia's high military population will play a factor was well.

"There's a ton of military folks and so the war is really a hot button issue and people care very much about it."

"People can feel and touch a local candidate easier than they can a national candidate."

— Terrie Rollins, president, Republican Women of Clifton

FAITH NOTES

Ekoji Buddhist Temple Seminar on Everyday Nembutsu Practice. Saturday, Aug. 30, from 12-4 p.m. Free seminar and lecture with guest speaker Rev. Harry Bridge from the Lodi Buddhist Church; light lunch provided. The Ekoji Buddhist Temple, 6500 Lake Haven Lane, Fairfax Station. Call 703-239-0500 or visit www.ekoji.org.

St. Marks Coptic Orthodox Church is hosting an Egyptian Bazaar, on Saturday Sept. 20 and Sunday Sept. 21, from 11 a.m.-5 p.m. Egyptian food and music, children's games and rides; car wash; antique furniture; jewelry and imported goods for sale. Church and school tours available. St. Marks Coptic Orthodox Church, 11911 Braddock Road, Fairfax. Call 703-591-4444.

ESL Program at St. George's UMC. English as a second language classes are offered from 7-9 p.m. on Tuesdays and Thursdays, at St. George's United Methodist Church, 4910 Ox Road, Fairfax. Registration is on Sept. 2 at 7 p.m. with classes from Tuesday, Sept. 9 through Nov. 20. 703-385-4550.

Community Fun Day will be Saturday, Sept. 6 from 12-5 p.m. at St. Stephen's United Methodist Church, 9203 Braddock Road, Burke, between Rolling and Guinea Roads. Free pony rides, a giant slide, face painting, games, food and more. 703-978-8724.

Family Movie Night. Saturday, Sept. 6. Preschool show at 8:15 p.m., family film at 9 p.m. Movie is free; popcorn and lemonade will be available. Bring lawn chairs and blankets. Springfield United Methodist Church, 7047 Old Keene Mill Road, Springfield. 703-451-2375.

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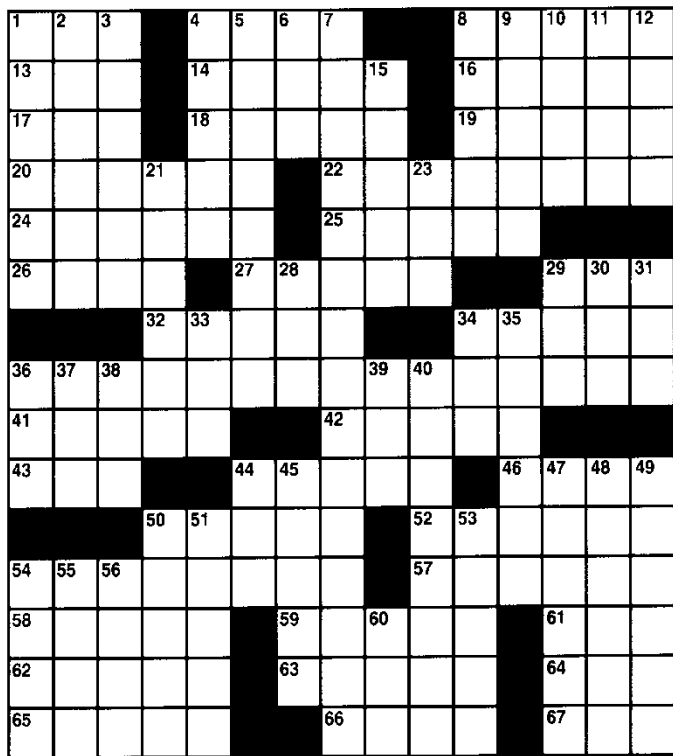


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- 30 Old French coin
- 31 Meditative thought
- 33 Hosp. scan
- 34 Fanatic
- 35 With 21-Down, composer of 36-Across
- 36 Combine
- 37 Hide-hair link
- 38 Rule out
- 39 Its anagram is a synonym of itself
- 40 Winemaking science
- 44 Ocean flier
- 45 Word with bore or wave
- 47 Selleck TV role
- 48 Not troubled
- 49 36-Across star
- 50 Brouhaha
- 51 Bridge positions
- 53 Some school methods
- 54 1979 disco classic
- 55 Circus cries
- 56 Kings Peak locale
- 60 Jonson work

ACROSS

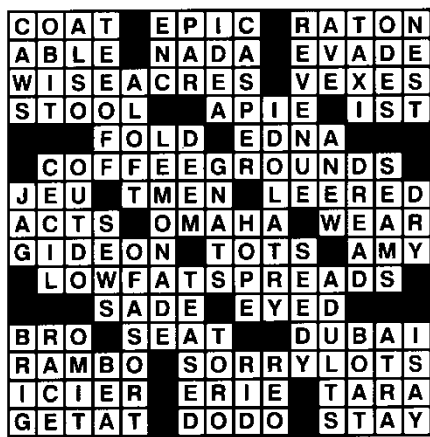
- 1 Natl. Adopt-a-Dog Month
- 4 Concert gear
- 8 Knickerbockers
- 13 Malted drink that's not a malted
- 14 Experiences losses
- 16 Budget alternative
- 17 U.S. 36 crosses it
- 18 Accessory
- 19 Defraud
- 20 Obligated
- 22 With 54-Across, hit from 36-Across
- 24 Hosted
- 25 "— far, far better thing . . ."
- 26 North Sea feeder
- 27 Got off the ground
- 29 Popular candy
- 32 Tether
- 34 Heiress, maybe
- 36 Broadway premiere of 1946
- 41 Active

- 42 "Must—" (NBC slogan)
- 43 1939 Bogart title role
- 44 Actor Hawke
- 46 Mosque V.I.P.
- 50 Comical introduction
- 52 In the rococo style
- 54 See 22-Across
- 57 Weyerhaeuser Co. employee
- 58 Specks
- 59 On — (carousing)
- 61 "Platoon" setting
- 62 Canticle
- 63 Mantelpiece
- 64 I.O.C. member
- 65 Remains
- 66 Baseball's Ordoñez et al.
- 67 Blokes

DOWN

- 1 36-Across surname
- 2 What adjusters adjust
- 3 Playing card combo
- 4 Designer Simpson

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OPINION

Education Begins Before College

Better Business Bureau offers advice for college bound students and their parents.

BY EDWARD JOHNSON

Sending a child off into the world of higher learning can be an apprehensive time for all concerned. For students and parents alike, it is bittersweet. It is every parent's hope that with the new found independence, their child will embrace academia, learn, grow and put into practice the everyday life skills they have been taught. As the days draw closer to an empty nest, parents often impart words of wisdom. Some financial advice may also be in order.

Last year alone, approximately 2 million students graduated from high school and headed to college. While most were equipped with bedding and books, many were ill equipped on the subject of financial literacy. According to a 2007 survey by Charles Schwab, fewer than half of teens considered themselves knowledgeable on how to budget money (41 percent), how to pay bills (34 percent) or how credit card interest and fees work (26 percent).

To help build a foundation of sound financial habits, the Better Business Bureau (BBB) offers the following advice for parents to bestow on their college bound children:

♦ Be responsible with credit cards.

According to a U.S. Public Interest Research Group (U.S. PIRG) survey, two out of three college students report having a credit card, of which about two-thirds are responsible for paying their monthly bill. Overall, freshmen responsible for their own cards had average credit card balances of \$1,301. While having a credit card is an important first step for a college student to start building a credit history, parents need to stress the importance of using credit responsibly. This includes having a minimal number of credit cards, paying off the balances every month and keeping a reign on spending.

♦ Start saving money now, even if it's just a small amount every month.

Developing good saving habits early on will help a college student reap the ben-

efits throughout his or her life. Aside from the inherent benefits of saving money, starting early means taking advantage of what Albert Einstein described as one of the most powerful forces in the universe: compound interest. For example, if a freshman saves \$50 every month and puts it into a high interest savings account or money market account that earns 5 percent interest, by graduation they will have saved more than \$2,660 including dividends.

♦ Pay your bills on time.

U.S. PIRG found that more than 40 percent of college students who managed their own credit cards had paid bills late or paid at least one over-the-limit fee. Credit card companies often charge late fees

as high as \$40. Add to that any accruing interest, which can be upwards of 30 percent, and college students will quickly see how much can be lost by not paying a bill on time and in full. Aside from the immediate benefits of paying bills on time — specifically, reducing needless spending on fees and interest charges — it is an important way for college students to begin building a healthy credit report.

♦ Guard your personal information.

When comparing the age demographics of ID theft victims in the U.S., young adults between the ages of 18 and 24 were the second highest age group at risk for fraud according to an annual survey by Javelin Strategy and Research. Javelin also found that, in cases where the victims knew how their ID was stolen, 79 percent of the time it was stolen by someone they had contact with. Therefore, preventing ID theft is important both online and offline. Parents should encourage their students to shred unnecessary documents that include personal information such as social security or bank account numbers and keep a close watch over credit and debit cards and checkbooks.

Edward Johnson is president and CEO of the Better Business Bureau serving the greater Metro Washington, D.C. region.

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Senior Facilities Fair, Saturday, Sept. 20 from 9 a.m.-12 p.m. at St. Stephen's United Methodist Church. Learn more about the offerings of eight senior living facilities. St. Stephen's United Methodist Church, 9203 Braddock Road, Burke, between Rolling and Guinea Roads. Call 703-978-8724.

The 2008 The Northern Virginia Senior Olympics is Sept. 20-Oct. 2, with

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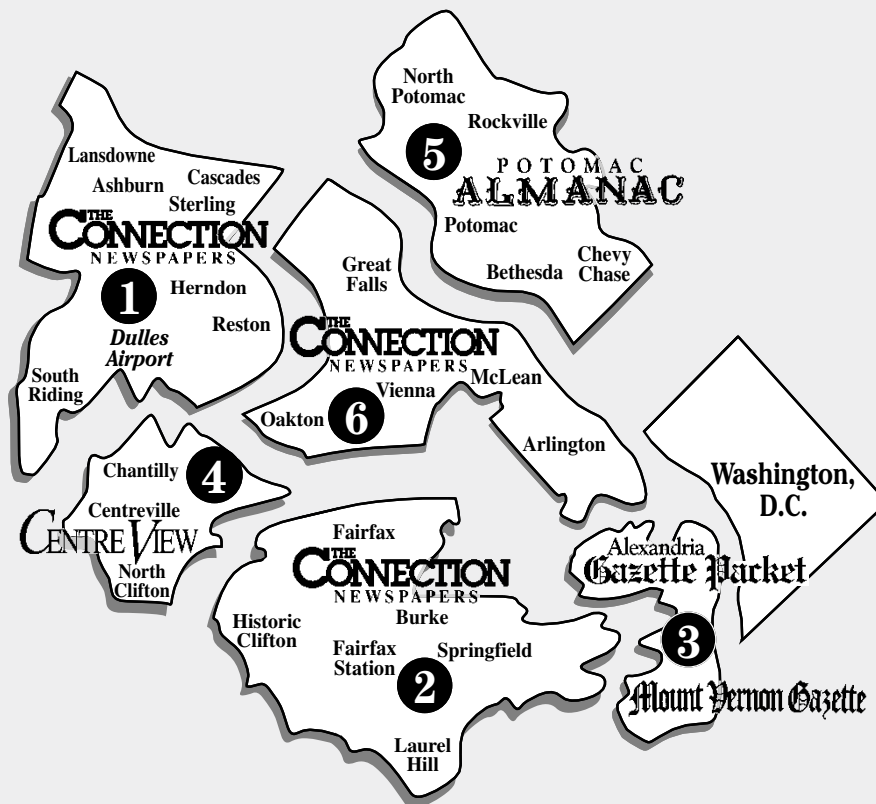
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In execution of a Deed of Trust from Santos Alfaro, dated December 5, 2007, and recorded December 10, 2007, in Deed Book 19694 at page 2031 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on
Wednesday, September 10, 2008 at 12:30 p.m.

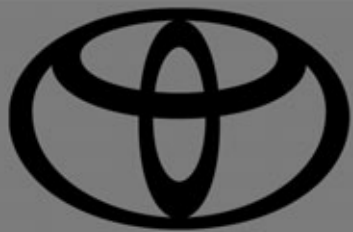
the following property being the property contained in said Deed of Trust, described as follows:
Tax Map No. 107-4-11-12-C
Commonly known as 9556 Hagel Circle, Lorton, Virginia 22079.
TERMS OF SALE: A deposit of \$20,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 6.25 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.
Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.
Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.
In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.
The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.
The undersigned trustee unconditionally reserves the right: (i) to waive the deposit requirement; (ii) to approve or disapprove the creditworthiness of any bidder and/or purchaser; (iii) to withdraw the property from sale at any time prior to termination of the bidding; (iv) to extend the time for bidding; (v) to reject any or all bids; (vi) to postpone or set over the date or time of sale; and (vii) to extend the period of time for settlement hereunder.
Additional terms and conditions of sale may be announced at the time of sale.
DAVID N. PRENSKY
Substitute Trustee
FOR INFORMATION CONTACT:
David N. Prenskey
Chasen & Chasen
5225 Wisconsin Avenue, N.W. #500
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(202) 244-4000

2 Apartments
Woodbridge. Basement Apt in SFH. Pvt ent, mini-kitchen, pvt bath, DR, LR, theater room. Ideal for 55+. \$1250/mo incl util. 301-803-9186

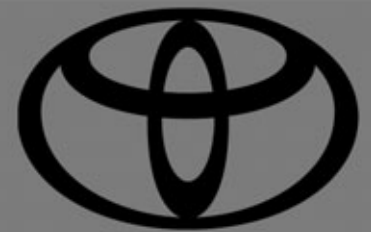
Woodbridge. Master BR, soaking tub, shower room, 2 walk-in closets, \$850 incl util. 703-680-2666.

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Woodbridge. 6 BR Retirement Home. Have space for your loved one. Breakfast, lunch, snacks, dinner, medication, doctor visits and recreation. Please call 703-864-9638.**29 Misc. for Sale****PIANOS 1/2 Price**
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\$250 KING Pillow Top Mattress & Box set (3pc)-Brand New, Never Used w/warranty. (Retail \$500+) Deliverable 571-926-1990**7 PC Cherry Sleigh Bedroom set** - Brand new in boxes, Worth \$1200+ (Can help deliver) Asking \$575 571-926-1990**Gasolier**--Fabulous 19th century 6-arm fixture with new wiring, polish and lacquering, and original glass shades. \$1,350.00 **Victorian brass plant stand** \$75.00. **Wine decanter**-Beautiful 1960s cut glass 8 \$85.00. **Gilt frame and print**-19th century \$125.00. 703-425-1556**Power Recliner** liftchair, petite size, never used, worth \$1,000 \$650 firm 703-266-2223**QN Pillow Top Mattress & box set** Brand new in plastic w/warranty! Can deliver. (Worth \$300+) MUST SELL \$150 571-926-1990**101 Computers**
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FOR 36 MONTHS****



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LE 5SPD AUTO**

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Bonnie Brae
\$599,000
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With 4 BRs, 2.5 BAs this serene home backs to beautiful 15 acre Woodglen Lake. Perfect for entertaining and family gatherings the open floor plan includes conversation pit with brick-surround fire-place and windows, separate dining rm, living rm, kitchen and family rm. Large LL offers w/o to patio and backyard. Updates include new flooring and new light fixtures throughout. Close to VRE, transportation, schools, and shopping.

LR and DR. Ceramic tile backsplash, Bosch DW, cook-top and wall oven in Kit. W/O French Doors in FR. Huge MBA w/ Sep tub and shower. Fin LL with Rec Rm, full BA, 2nd laundry area and storage. The ample windows allow natural light to pour in. Terrific location in great community - easy access to all amenities!



Spacious
Burke
Colonial
\$629,000

Gorgeous Colonial w/ 4 BRs and 3.5 BAs, Hrdwd flrs in Foyer,

LR and DR. Ceramic tile backsplash, Bosch DW, cook-top and wall oven in Kit. W/O French Doors in FR. Huge MBA w/ Sep tub and shower. Fin LL with Rec Rm, full BA, 2nd laundry area and storage. The ample windows allow natural light to pour in. Terrific location in great community - easy access to all amenities!

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3/4 acre fenced yard perfect for anything! 2 decks! Beautifully maintained 4 bedroom, 2 full & 2 half bath home. Spacious rec room, computer/den room and store room on lower level. Very generous room sizes throughout. A rare find at this price!

Spacious rec room, computer/den room and store room on lower level. Very generous room sizes throughout. A rare find at this price!

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deck w/hot tub. Walkout Bsmt w/Rec Rm, BR & BA. Pella windows & entry door. Pond view from updated baths. Roof, siding, HVAC replaced.
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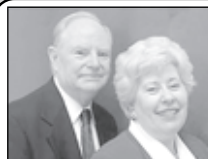
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finished. 5/6 bedrooms 5.5 baths, 10' ceilings, 6 fireplaces, 3- car garage, huge updated kitchen, banquet sized dining room, sunroom, library, grand foyer with Waterford chandelier.
See this property at www.GraingerTeam.com



Clifton/Frosty Meadows
\$975,000
Excellent Value!
Charming
Colonial with Swimming Pool in serene setting on 5 acres! Total privacy yet very

close to Historic town of Clifton. 5BR, 4BA, 3 fireplaces. All new Kitchen with Granite counters and upgraded appliances. Fully finished walkout lower level with 5th bedroom/den, full bath, & rec.
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Springfield
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Elegant Living

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