

The World's Music

COMMUNITY, PAGE 13

Ricardo Lemvo & Makina Loco meld the sounds of Cuba and the Congo producing 'must dance to Salsa' music. The Planet Arlington Music Festival was celebrated Saturday



Back to School

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Preparing for the Worst

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inside

E A Hole Sport In One
Miniature golf continues to be a family favorite.

Potomac River Chorale Performs

It's something the whole family can enjoy!

Area Miniature Golf Courses

Back to School

Preparing for the Worst

PHOTO BY LOUISE KRAFFT/THE CONNECTION CALENDAR, PAGE 10, 11 ❖ CLASSIFIED, PAGE 16

BACK TO SCHOOL

The New Principal In Town

Campbell Elementary's students aren't the only ones excited about the first day of school.

BY DAVID SCHULTZ
THE CONNECTION

Some school principals may be known for being disciplinarians, but Sandy

Lochhead-Price tries to make her students feel at ease.

Lochhead-Price is the new principal at Campbell Elementary School in South Arlington. Last week, she held an open house to introduce

herself to the school's community of students and parents.

Five-year-old Leo Dudley is also a newcomer to the school. He'll be beginning first grade this week. But last week, Leo was not excited

to begin his academic career.

Leo hid behind his mother Katherine's leg, wearing his emotions on his face. Lochhead-Price sought out the Dudleys and introduced herself. "He's shy," Leo's mother said, apologizing for her son's lack of a response.

Lochhead-Price bent down to Leo's level and spoke directly to him. "Remember, I'm new here too," she said. "I feel kind of shy too."

LOCHHEAD-PRICE begins her tenure as principal at Campbell Elementary School this week. This is her first time serving as the prin-

incipal of a school. Previously, she was an assistant principal at Barcroft Elementary School. Before that, she was a teacher at Campbell.

Lochhead-Price is taking over the school from Jan Atkinson, who announced her retirement earlier this year. Atkinson, a longtime

SEE PRINCIPAL, PAGE 8



PHOTO BY DAVID SCHULTZ/THE CONNECTION

Five year old Leo Dudley is shy upon meeting his new principal, Sandy Lochhead-Price.

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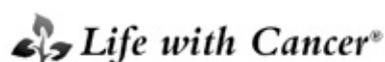
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BACK TO SCHOOL



Nathan Humphries, 5, and his sister Rebecca, 8, are waiting for the bus to take them to Drew Model School.



Tori Bayer with her daughter Josephine, 3, and Rob Aeschbach with his son Iain, 4, dropped their children off at Randolph on the first day of classes.

Gunston assistant principal Dr. Monica Ronche awaits her students on the first day of school. "I'm as excited as they are," she said.



PHOTOS BY DAVID SCHULTZ/
THE CONNECTION



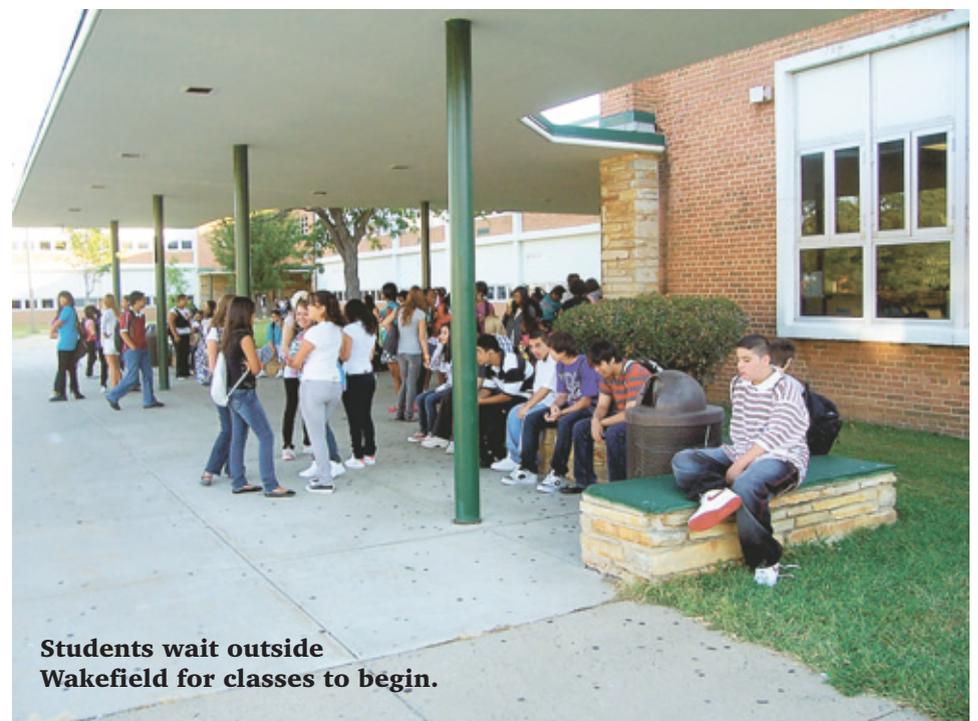
Jose Moreno raises the flag at Gunston Middle School on the first day of classes.



School psychologist Kathy Heer greets students as they enter Randolph for the first day of classes.



Chelse Rowe greets her fellow seventh grader Cynthia Mendoza on the first day of classes at Gunston.



Students wait outside Wakefield for classes to begin.

COMMUNITY

Preparing For The Worst

Northern Virginia hospitals upgrade their disaster response systems.

PHOTO COURTESY EMBASSY.ORG

BY DAVID SCHULTZ
THE CONNECTION

Planning for a disaster in Washington D.C. became a top priority after the Sept. 11 attacks. But those who focus only on the federal city when planning for a disaster are missing the point, Dr. Dan Hanfling said.

“The attack on the Pentagon was in Northern Virginia,” Hanfling said. “Of the five anthrax cases, three were diagnosed in Northern Virginia. If you tease out the details of what happened, it wasn’t Washington D.C. that was attacked. It was Northern Virginia.”

Hanfling is the director of emergency management and disaster medicine for Northern Virginia’s Inova Hospitals. He is also involved with the Northern Virginia Hospital Alliance, a group that advocates for emergency preparedness in local hospitals.

“When the real thing happens and you’ve got professional people who are well-educated, it all just kicks into gear.”

— Greg Brison,
director of emergency management,
Inova Alexandria Hospital

The group was created by a coalition of 12 Northern Virginia hospitals shortly after the Sept. 11 attacks. The hospitals pool their resources to plan for a major disaster, natural or non-natural, in the region.

“Northern Virginia has the Pentagon and a number of CIA facilities ... We see ourselves as a target in and of itself,” said Zachary Corrigan, executive director of the alliance.

It’s this kind of coordinated effort, not just among hospitals but among cities, counties and states, that is crucial to preparing for a major catastrophic event, local emergency management officials said. “If there’s another major emergency like 9/11, it doesn’t impact just one jurisdiction,” Fairfax County spokesperson Brian Worthy said. “It had an impact on all the jurisdictions regionally. That’s why the region is taking a very coordinated response.”

EARLIER THIS MONTH, the U.S. Department of Homeland Security



PHOTO COURTESY ZACHARY CORRIGAN

Northern Virginia Hospital Alliance head Zachary Corrigan

gave a nearly \$60 million grant to Washington-area jurisdictions for medical and law enforcement projects to detect and responds to terrorist attacks.

Almost \$4 million of that grant will go to area hospitals to increase their ability to handle large surges of patients. With this grant, local hospitals will be able to treat 300 critically injured patients with no external help for three days after a disaster. The grant will go towards purchasing surplus medical supplies and towards devising a staffing plan in the event of a disaster. Corrigan said that making a plan to have enough doctors and nurses on call for a potential disaster is the most difficult part of disaster planning for hospitals.

The grant will also go towards upgrading the region’s ability to handle large num-



Virginia Hospital Center will increase its ability to handle disasters as a result of a recent DHS grant.

bers of burn victims, Corrigan said. Corrigan said that the burn unit at Washington Hospital Center in the District is the only dedicated burn unit in the region.

“If we had hundreds of burn patients,” he said, “Non-burn centers will have to provide burn care for an extended time. We’re going to be training clinicians who don’t do burn care to do a level of burn care for three days.”

Treating burn victims efficiently is crucial, Corrigan said. “When it comes to burn and trauma, the first three days of care will really define what the patient’s life looks like,” he said, “Not only for the next week but for years.”

The Homeland Security money will also provide new software will allow emergency rooms to track the real-time location of

ambulances from every hospital in the region. According to a DHS statement, ERs will be able to monitor the treatment capacities at every local hospital.

“If you have a major incident,” Worthy said, “You’d probably need more than one hospital to respond so that would require coordination.”

THE DHS funding is much needed throughout the Washington region, but especially here in Northern Virginia, Hanfling said. A terrorist attack in Washington D.C. presents a unique set of challenges for this area, he said.

“If you look at any risk modeling with respect to WMD and pick your favorite cor-

SEE PREPARATIONS, PAGE 5

Day By Day

Dr. John Sverha was at Virginia Hospital Center, then known as Arlington Hospital, when the Sept. 11 attacks occurred at the Pentagon. He said that he and his colleagues were able to handle the surge of victims effectively thanks to a well-rehearsed disaster plan and extra staff who came in that day to lend a hand.

But the situations that really challenge his ER are days with severe weather, Sverha, the head of the hospital’s emergency medicine department, said. Earlier this year, an ice storm brought 90 patients into his ER within three to four hours.

“We were very busy, there were a lot of people scurrying around,” he said. “An ice storm is something that is known to create an extremely busy emergency department, almost exponentially more than a snow storm. We always get on edge when we hear that there might be freezing rain. We really go into a different mode.”

Disaster planning is important for any hospital. But the issues that most ERs deal with on a day-to-day basis don’t involve catastrophic events.

Virginia Hospital Center’s emergency room is often at capacity with patients spilling over into the waiting room, Sverha said. “Our goal is to have our waiting room empty as much as possible,” he said.

Inova Fair Oaks Hospital’s Dr. Douglas Smith said that the biggest challenge for his ER is the changing nature of the medical business.

Because many patients who need emergency psychiatric care don’t have insurance and can’t pay their medical bills, ERs across the country have eliminated many of their beds for psychiatric patients, Smith, Inova Fair Oaks’ chief of the emergency department, said.

“Psychiatric hospitals are closed because they don’t pay,” he said. “There just aren’t enough psych beds so getting [patients] somewhere is challenging.”

He also said that getting specialists to treat patients in an ER is difficult because many specialist doctors are in private practice. “Every time you see a laser center, that’s an ophthalmologist that’s not working in a hospital,” Smith

said. “That’s the business of outpatient surgery.”

The issues that Inova Fair Oaks faces are unique because of its suburban location, Smith said. “This is a higher-end hospital because of the community we’re in,” he said. “We don’t have a lot of homeless or IV drug users.”

Inova Alexandria Hospital faces these issues differently than its Fair Oaks counterpart, according to Dr. Martin Brown, the chief of emergency medicine at the Alexandria hospital.

Brown said that getting a specialist to his ER is fairly easy because Inova Alexandria is such a large hospital. While it doesn’t have its own psychiatric ward, Brown said that treating psychiatric patients is not too difficult because they can be easily transferred to a new psychiatric facility at Inova Mount Vernon Hospital.

According to Brown, the biggest challenge facing the Inova Alexandria ER is a lack of beds. “There are times when the hospital is crowded and patients who need to be upstairs are still waiting for a bed,” he said. “We have a task force looking at that.”

COMMUNITY

N. Va. Hospitals Ramp Up Disaster Preparations

FROM PAGE 4

ner in downtown D.C., all of the conventional wisdom suggests that the bad stuff goes north and east," Hanfling said. "The citizens of D.C. will be fleeing to Northern Virginia."

This means that Northern Virginia Hospitals, especially the Virginia Hospital Center in Arlington and Inova Alexandria Hospital, will be the first responders to a major disaster in the area.

Currently, Inova Alexandria hospital has the ability to handle a surge of up to 127 patients over its normal capacity, according to Greg Brison, the director of emergency management at Inova Alexandria. "That's a third more than when we have a full house," Brison said. "We can do that in 30 min-



PHOTO COURTESY: INOVA

Dr. Dan Hanfling, director of emergency management and disaster medicine for Inova Hospitals

"It wasn't Washington D.C. that was attacked. It was Northern Virginia."

— Dr. Dan Hanfling, director of emergency management and disaster medicine, Inova Hospitals

utes."

He also said that if Inova Alexandria's water supply is cut off, which happened during Hurricane Isabel in 2003, the hospital has fresh drinking water on site that will last for 24 hours. "We try to be

self-sufficient so we don't have to contact FEMA," Brison said.

BRISON was at Inova Alexandria during the Sept. 11 attacks. After the Virginia Hospital Center, formerly known as Arlington Hospital, quickly filled up with victims, Inova Alexandria began to see a surge of patients.

Despite undergoing such a catastrophic event, Brison said that the doctors and nurses of Inova Alexandria worked with an eerie calm that day.

"It was quiet here," he said. "There wasn't any panic ... When the real thing happens and you've got professional people who are well-educated, it all just kicks into gear."

The attacks of Sept. 11 changed the way health officials in this area and throughout the country think about planning for emergencies. But Hanfling said that emergency planners are also learning from more recent disasters.

"Think about the Astrodome after Katrina or the Superdome during Katrina," he said. "There was no formal way of taking care of people there." As a result of Hurricane Katrina and its ensuing public health crisis, the Northern Virginia Hospital Alliance is working with government officials to secure public space for medical care in the event of a large-scale disaster, Hanfling said.

He also said that doctors and policy makers are beginning to have conversations about what level of care should be expected in these types of situations after several medical ethics scandals that emerged from Katrina.

"As doctors, we're on the front lines," Hanfling said. "We're put in the untenable situation of having to make real time decisions of life or death ... The medical community writ large needs to be on the same page with regards as to how we're making those decisions."

While Hanfling acknowledged that this is a controversial topic, he said that it must be discussed before a disaster rather an afterwards or during. "We need to explore on our own terms what [it] might look like," he said. "Better to open that can of worms now."

VIRGINIA HOSPITAL CENTER

*Town name: Arlington
*ER Capacity: 28 primary beds, eight express care areas
Note: Formerly known as Arlington Hospital

INOVA ALEXANDRIA HOSPITAL

*Town name: Alexandria
*ER Capacity: 36 beds

INOVA FAIRFAX HOSPITAL

*Town name: Falls Church
*ER Capacity: 42 adult beds, 12 pediatric beds

INOVA HEALTHPLEX

*Town name: Springfield
*ER Capacity: 12 beds

INOVA FAIRFAX HOSPITAL FOR CHILDREN

*Town name: Falls Church
*ER Capacity: 12 pediatric beds

INOVA EMERGENCY CARE CENTER

*Town name: City of Fairfax
*ER Capacity: 7 beds

RESTON HOSPITAL CENTER

*Town name: Reston
*ER Capacity: 30 beds

INOVA EMERGENCY CARE CENTER

*Town name: Reston
*ER Capacity: 7 beds

INOVA LOUDOUN HOSPITAL

*Town name: Leesburg
*ER Capacity: 15 beds

INOVA LOUDOUN HOSPITAL

*Town name: Lansdowne
*ER Capacity: 18 beds, 11 pediatric beds

Note: ER Capacity lists the number of beds each ER has under normal circumstances. ERs have the ability to surge above capacity in the event of a disaster.

Brown also said that a new wing that is currently under construction will add more space to his ER, which currently treats 150 patients a day. This new part of the building is badly needed, Brown said, because "The demand for emergency services continues to increase."



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Going To Denver

Arlington Democrats take in the drama and the pageantry at last week's convention.

BY DAVID SCHULTZ
THE CONNECTION

The floor of the Pepsi Center in Denver was completely packed and Kevin Wolf was starting to feel uncomfortable. He was trying to get back to his seat but he could barely move through the standing-room-only crowd of exuberant Democrats.

As he was trying to maneuver around, Wolf felt a bump on his hip. He turned around to see what happened and there, lying on the floor, was veteran NBC newscaster Andrea Mitchell.

"I had just flattened her," he said. "I didn't see her and I just plowed right over her."

Wolf immediately reached down to help her back up. "She looked stunned and angry at first," he said. "But then, after realizing it was an accident, she said 'Don't worry. It happens all the time.'"

"That was my brush with greatness," Wolf said. "A literal brush with greatness."

"I want to be an idealistic person again and Obama makes me feel that that's possible."

— Maureen Markham

WOLF was a part of a group of people from Arlington who got the chance to travel to Denver last week for the Democratic National Convention. As a part of the Virginia delegation to the convention, Wolf and his fellow Arlingtonians got a front row seat for the dramatic events of last week.

They saw the unexpected appearance of the ailing U.S. Sen. Ted Kennedy (D-Mass.), the radically centrist speech of former Virginia Governor Mark Warner (D), the symbolic move of U.S. Sen. Hillary Clinton (D-N.Y.) to suspend a roll call vote and the massive, 80,000 person rally where U.S. Sen. Barack Obama (D-Ill.) gave his acceptance speech.

Wolf, a longtime political operative who has been an organizer for the Obama in Virginia since the campaign's inception, described the four-day convention as the most "intense, exciting, extraordinary political events I've ever seen."

County Board Member Jay Fiset (D) was also a part of the Virginia delegation to the convention. He said that the entire convention was a series of cres-

dos that lead up to Thursday night's acceptance speech at Invesco Field.

"It was like six hours of a combination of a musical and political concert," Fiset said. "It was really being a part of history."

THE VIRGINIA delegation was treated like royalty throughout the week, convention goers said.

Because Virginia is a battleground state in this year's election, they were given a prime space on the convention floor, right behind the delegation of Obama's home state of Illinois. While many convention goers stayed at hotels on the outskirts of the city, the Virginia delegation stayed at the Crowne Plaza, a downtown Denver hotel just a few blocks from the Pepsi Center.

All week, the Virginians had face-to-face access to Democratic heavy hitters such as Warner, Virginia Governor Tim Kaine (D) and U.S. Sen. Jim Webb (D-Va.). "Webb and Kaine and Warner each came and spoke to our breakfasts at different mornings," Wolf said. "They were hanging out with the delegation and chatting with people."

Arlington Democrat Maureen Markham said that Virginia's battleground state status is the reason the delegation was lavished with attention. "Virginia's going to vote for the Democratic president this year for the first time since 1964," she said. "That's very exciting."

MARKHAM has been active in Democratic politics at the local, state and national levels for years and was active early on in the Obama campaign in Virginia. Despite having no official role at this year's convention, she decided that she had to make the trek to Denver.

"It was so special to me that I decided long ago that I was going one way or another," she said. "As an older person, I felt like it's easy over the years to get negative and cynical ... I want to be an idealistic person again and Obama makes me feel that that's possible."

Markham was able to stay at the Crowne Plaza with her fellow Virginians and was saw the speeches each night by borrowing credentials. But due to long lines at the security checkpoint, she missed one of the convention's most dramatic moments.

On Wednesday, as the Democrats took a roll call vote of the delegates, Clinton walked onto the floor and made a motion for Obama to be nominated unanimously, a symbolic act that signaled a thawing of relations between the former rivals.

While this was going on, Markham was standing outside, going through security. After hearing loud cheering coming from the convention hall, she called her friend and fellow Arlington Democrat Voncille Hines to see what was going on.

"Just when I called, that happened,"

"It was really being a part of history."

— County Board Member
Jay Fiset (D)



Arlington Democrats Kevin Wolf (right) and Alfonso Lopez pose for a photo at the 2008 Democratic National Convention.

Markham said. "So I was almost there."

THE CONVENTION was not all dramatics, however. On Tuesday night, Warner gave a serious, subdued keynote address that got mixed reviews in the national press the following day.

The Arlingtonians who attended the convention said that the tone of Warner's speech was misinterpreted. Any expectations that he was going to give a fiery, partisan speech were unfounded, they said.

"He wasn't the guy to do red meat," Fiset said. "That's not Governor Warner. I hope no one expected that from him."

"I completely understood why he couldn't throw out the red meat that some of the other speakers did," Wolf said, adding "He doesn't have the soaring oratory of Barack Obama, but who does?"

Virginia's current governor, Tim Kaine, also gave a speech at the convention on Thursday night at Invesco Field. Before the speech, Wolf said, a political action committee was handing out buttons and t-shirts that featured an orange smiley face with a cocked eyebrow, a parody of Kaine's notoriously animated facial features.

"I got a few buttons," he said. "People would come up and say 'I'll buy your button.' ... I said 'If it's that important, I'll give it to you.'"

THE CONVENTION goes from Arlington said that they were overwhelmed by the historical significance and the sheer spectacle of the event. But Markham said she might have to re-watch all the convention on TV so she can put everything into context.

"We usually talk about the Washington bubble back home," she said. "This was the Denver bubble ... Usually at home you're watching TV and you're hearing the commentary and stuff. In this case we weren't. We were making the event, we weren't observing."

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4710 30TH ST S #A2	1	2	0		ARLINGTON	\$409,000	Garden 1-4 Floors		07/18/08
3835 9TH ST N #406W	2	1	1		ARLINGTON	\$400,000	Hi-Rise 9+ Floors		07/21/08
1600 OAK ST #429	1	1	1		ARLINGTON	\$395,000	Hi-Rise 9+ Floors		07/22/08
5073 9TH ST S	2	3	0		ARLINGTON	\$390,000	Townhouse	0.019995	07/18/08
3835 9TH ST N #PH2E	1	1	0		ARLINGTON	\$357,500	Hi-Rise 9+ Floors		07/21/08
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750 DICKERSON ST #6	2	1	0		ARLINGTON	\$155,000	Mid-Rise 5-8 Floors		07/22/08
1121 ARLINGTON BLVD #611	0	1	0		ARLINGTON	\$152,500	Hi-Rise 9+ Floors		07/23/08
5215 10TH PL S	1	1	0		ARLINGTON	\$150,000	Duplex	0.068871	07/23/08
5353 COLUMBIA PIKE #401	2	2	0		ARLINGTON	\$147,800	Mid-Rise 5-8 Floors		07/23/08
4600 FOUR MILE RUN DR #1209	0	1	0		ARLINGTON	\$107,000	Hi-Rise 9+ Floors		07/19/08

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BACK TO SCHOOL

New Principal At Campbell Elementary

FROM PAGE 2

educator in Arlington Public Schools, had served as principal of Campbell for two years. "She had been around for a long time," Campbell's assistant principal Karen Anselmo said. "She had put her time in."

When Atkinson left, school officials wanted to replace her with someone who was familiar with Campbell, which parents and administrators say can be an idiosyncratic school at times. Founded in 1994 with many of its original staff members still there, Campbell features a more open style of instruction than traditional elementary schools.

None of Campbell's classrooms have desks. This allows the students to be grouped by their level of development and academic achievement rather than their age. "Within one grade level there's a huge amount of difference," Campbell parent Gail Siddle said.

Lochhead-Price said that Campbell's instructional system can bewilder substitute teachers who are not used to the school's highly organized chaos. "The kids are not centered on one person in the center of the room," she said.

The school also features a teaching method known as looping, in which second graders moving onto third grade get to keep the same teacher. This provides more continuity for students, Anselmo said.

Having a new principal who understands Campbell's quirks is a great benefit, said Terri Ferinde Dunham, the school's PTA president. "She has incredible breadth and depth," she said. "She knows about test scores but she's also personable ... You're always nervous when you have a new principal but this is more than you could have hoped for."

LOCHHEAD-PRICE came to the Washington area from New Hampshire. She received her master's degree from George Washington University and took an internship with Arlington Public Schools. She's been in the system ever since.

As the parent of a three year old and a ten month old, Lochhead-Price was able to relate to many of the harried parents who came through her door last week with multiple children in tow. Even though she has only been at Campbell for a few months, she has already gained the trust of many parents.

"You'll have a great year; I'm confident of that," she told one parent who was unsure about their child's new teacher.

Lochhead-Price's colleagues are impressed with her performance as principal so far. "Sandy brings great knowledge about early childhood," Anselmo said. "She's young, she's energetic. She has drive and passion."

Mary Gore, the school's librarian, knew Lochhead-Price when she was a teacher at Campbell. Gore said that she is very mindful of how things were done under previous administrations and is not too quick to make sweeping changes. "She wants to know what is already in place," Gore said.

Nivvi Tareen is the second and third grade teacher at Campbell. She was a part of the committee that selected Lochhead-Price for this position. "It's nice to be in a setting that she's familiar with," Tareen said.

Lochhead-Price agreed. She said that she's been able to be successful at her new job because she has the "historical context" from having been at the school previously.

ARLINGTON OPEN HOUSES

Open Saturday, September 6 & Sunday, September 7, 2008*

22204					
1415 S Barton St #251	\$315,000	Sun 1-4pm	Christina Wood	Long & Foster	202-714-9817
2134 Lowell St S	\$725,000	Sat 12-3pm	Ken Gehris	Housepad.com Realtors	866-534-3726
22205					
5850 15th Rd N	\$692,500	Sun 1-5pm	Charilyn Cowan	McEneaney	703-599-5000
5738 15th St N	\$615,000	Sun 1-4pm	Ann Mikesell	Long & Foster	703-522-0500
22207					
3512 N Dinwiddie St	\$1,598,275	Sun 1-4 pm	Kevin Love	Re/Max Allegiance	703-807-1986
4813 20th St N	\$945,000	Sun 1-4pm	Therese Cox	Long & Foster	202-237-8007
2235 Upton St N	\$1,499,000	Sun 1-4pm	Christine Rich	Long & Foster	703-284-9394
2710 Joyce St S	\$689,000	Sun 1-4pm	David Doderer	RE/MAX Allegiance	703-362-1178
2100 Taylor St N7	\$1,050,000	Sun 1-4pm	Megan McMorrow	Long & Foster	703-522-0500
22209					
1424 12th St N #D	\$679,000	Sun 1-4pm	Kelly Tierney	RE/MAX Distinctive	703-241-2131
22213					
6940 Fairfax Dr #304	\$384,900	Sun 1-4pm	Bonnie Gisriel-Magerer	GM Home Realty	571-203-0003

For an Open House Registration Form, call Deb Funk at 703-518-4631 or e-mail debfunk@connectionnewspapers.com
 All listings due by Monday at 3 p.m.

*Call agents to confirm date & time

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ARTS ♦ ENTERTAINMENT ♦ LEISURE

Potomac River Chorale Performs

Matthew Irish is a local musician who created the choral group Potomac River Chorale. He is part of the local military chorus and hand selected the members of his chorale. He and the rest of the chorale will perform on Sept. 14 at Old Presbyterian Meeting House in Alexandria.

How did you get your start in music and how long have you been performing?

Personally, I have been singing in choirs since I was a small child. Whether it was in church or at school, I have always been involved in choral music. The choral group that I have created, called the "Potomac River Chorale," is a brand-new 24-voice mixed chorus in the region.

If applicable, How were your musicians chosen?

As a member of a local military chorus, I know many professional vocalists in the area, both military and civilian. There was no need to audition the singers that I selected since I had already performed alongside each of them. I knew they were fully qualified to be part of the chorus I dreamed of creating. I am convinced they are the top choral musicians in the area.

What is it that you love about performing?

I love choral music because it is so deeply personal. The sounds that are produced come directly from within each musician. I also love the camaraderie it takes to create choral music. Each member with a section makes an individual contribution, but it is through the combination of those individual voices working as team that magical harmonies are made.

SEE MUSIC, PAGE 12

LEISURE

A Hole Sport In One

Miniature golf continues to be a family favorite.

BY ERIC J. GILMORE
THE CONNECTION

Maybe it's the menagerie of dinosaurs and elephants, fire pits and waterfalls, jokers and gargoyles, pirates and explorers, loopy-loos and right angles. Perhaps it's the rainbow hued balls littering the links, or merely the ridiculous addicting challenge of staying on par.

What draws us, as humans, to miniature golf, one of the staples?

More than its more professional uncle, the sport — or is it? — transcends age, gender and social background. The winding courses, often impossible to follow even with a map, are a destination for families, vacationers and couples. Heck, it's even spurned a professional industry.

Locally at TopGolf, located across the road from Edison High School and a favorite for professionals playing hooky, the Kingstowne golf complex has 36 holes spread over two 18-hole courses. The two par-60 courses are of varying degree of difficulty and possibly more importantly, both are themed, one catering to the mountains and the other a desert theme.

According to Terry Fife, the general manager of TopGolf USA, the golf complex accounts for approximately 6-8 percent of

the total revenue. During the summer, the peak season, Kingstowne brings in 1,200-1,400 mini-golfers weekly.

"It's certainly a small piece of the pie, but it's also a very important piece as well," Fife said. "Our numbers have been consistent if not better this year over previous years both at the facility itself and in mini-golf. We're not seeing a decline."

However, economics are different throughout the miniature golf landscape, as exemplified by Herndon-based Woody's Golf Range, where owner Woody Fitzhugh maintains a driving range, putting green, batting cages and miniature golf course. His "Perils of the Lost Jungle" course includes

stoned-faced statues, snakes, alligators, treasure hunters and a T-Rex. Woody's is one of the most expensive courses (a regular round costs \$9.25), but is also interactive and has more attractions.

But Fitzhugh, who opens his course in mid-May and closes once school restarts, likens the experience to a movie — the better the theatre, the higher consumers are willing to spend. It translated to a record season in 2007, but with approximately 700 weekly visitors this summer, his numbers are down.

"I don't know whether last year was exceptionally good because of the weather or whether the economy has slowed down a little bit," said Fitzhugh.

"It's something the whole family can enjoy."

— Terry Fife, TopGolf USA

his summer home in Pinehurst, N.C. In 1926, New York City's first outdoor miniature golf course was built on a skyscraper roof.

A year later, businessman Garnet Carter built a miniature golf course on Lookout Mountain in Tennessee to attract patrons to his hotel and full-length course. After a while, the miniature course had become so popular, more people wanted to play on it than on the regulation greens, and eventually tramped the miniature grounds. Carter eventually discovered an artificial surface.

In short, miniature golf was no longer miniature.

By the fall of 1930, more than 25 million



A golfer walks across the 'green' at TopGolf USA in Kingstowne.

PHOTOS BY ROBBIE HAMMER/GAZETTE

people were miniature golf fans and 50,000 mini-golf courses littered the landscape. The fad died off briefly, but experienced a re-birth in the baby-boom 1950s.

In some respects, however, miniature golf is as popular as ever; there are several trade associations: the US ProMiniGolf Association, the Miniature Golf Association, the Professional Miniature Golf Association and the World Minigolf Sport Federation among them. There's even a pro circuit, with Master's and U.S. Open events that attract players from around the world.

Miniature golf may not show up as an ESPN primetime special — the national championship was aired for four years, I promise — but the game is still played by millions every year with approximately 5,000 miniature golf courses throughout the country.

"First and foremost, it's something the whole family can enjoy. Realistically, there aren't too many activities where that's true," Fife said. "It's something the parents can look forward to because they can bring their children as well."



A selection of putters

Area Miniature Golf Courses

Name	Address	Phone Number
TopGolf USA	6625 S. Van Dorn St., Alexandria	703-960-8719
Cameron Run	4001 Eisenhower Ave., Alexandria	703-534-3437
Upton Hill	6060 Wilson Blvd., Arlington	703-631-0550
Centreville Mini-Golf	6206 Multiplex Drive, Centreville	703-250-9124
Fountainhead	10875 Hampton Road, Fairfax	703-573-0444
Jefferson Falls	7900 Lee Highway, Falls Church	703-430-8337
Woody's	11801 Leesburg Pike, Herndon	703-339-6104
Pohick Bay	6501 Pohick Bay Drive, Lorton	703-281-6501
Oak Marr	3200 Jermantown Road, Oakton	703-339-3122
IronWood	8581 Cinder Bed Road, Springfield	703-569-0285
Lucky Duck	7500 Accotink Park Road, Springfield	

CALENDAR

Know of something missing from our community entertainment calendar? Send it to *The Arlington Connection*, e-mail it to arlington@connectionnewspapers.com. Deadline is 2 p.m. the Thursday before publication. Call Rebecca Halik at 703-917-6407 with any questions. Photos are welcome.

ART LISTING:

See "Art at the Library" at Central Library, 1015 N. Quincy St., through Sept. 30. Art by Noah Williams, George Van Dyke and Sherrill Anne Gross. Free. 703-228-5996.

The Arlington Artists Alliance "Fall Colors Art Show" will be at the Gallery at Convergence, 1801 N. Quaker Lane from Oct. 1 through Dec. 1. Free. Visit www.arlingtonartistsalliance.com for more.

Paintings and drawings of Teresa Oaxaca will be on display at the Rosslyn Spectrum Theater, 1611 N. Kent St. through Sept. 30. Oaxaca, a 2005 graduate of H-B Woodlawn in Arlington, is a classically-trained realist painter who studied in Italy and Norway under living masters utilizing the atelier method of the Renaissance.

ONGOING:

Customers at Dogma Dog Bakery in Arlington can "vote" by choosing dog treats named for their favorite presidential contender. A weekly tally of sales will be kept above the counter.

The Arlington Farmers' Market takes place on Saturdays from 9 a.m.-

noon year round. Located at the intersection of N. Courthouse Road and N. 14th Street. Visit www.arlingtonfarmersmarket.com for more on the market and vendors.

The Columbia Pike Farmers Market is located in Pike Park, corner of S. Walter Reed Drive and Columbia Pike. Open Sundays through November from 9 a.m.-1 p.m. Free.

Potomac Overlook Regional Park, 2845 Marcey Road, presents "Unlocking the Secrets of Our Living Planet: A Guided Hike at Potomac Overlook" at 2 p.m. on alternating Saturdays and Sundays. \$3/person and reservations can be made at Potomac@nvrpa.org or 703-528-5406.

Weekly Farmers Markets at Ballston's Welburn Square, between N. Stuart & N. Taylor Streets across from the Ballston Metro station. The markets will operate every Friday from 11 a.m. to 3 p.m. through Oct. 17, except for July 4. For directions and further information, visit www.ballstonfarmersmarket.blogspot.com or call 703-528-3527.

Enjoy Rosslyn Restaurants & Rhythms on Fridays from 5-6:30 p.m. at Tivoli Restaurant, Sundays from 7-8:30 p.m. at Piola and Mondays from 5-6:30 p.m. at Café Asia. Free.

There are concerts in Welburn Square on Fridays along with Friday nights at Lubber Run Amphitheatre.

There are James Bond Film Festivals on Mondays in Crystal City and Fridays in Rosslyn through September.

For more information on all of these events and more visit

www.arlingtonarts.org or 703-228-6966.

Connect with people and the great outdoors with "Meet Me on Sunday...at Potomac Overlook!" series. The event takes place on Sunday afternoons between 1:30 p.m. and 3:30 p.m. at Potomac Overlook Regional Park located at 2845 N. Marcey Road, Arlington. For more information, contact Potomac Overlook Regional Park at 703-528-5406 or potomac@nvrpa.org.

WEDNESDAY/SEPT. 3

Performance. Isabella Chester will perform at Lebanese Taverna Restaurant, 5900 Washington Blvd., from 10:30-11:30 a.m. Free. Visit www.lebanesetaverna.com or 703-841-1502.

Adult Bird Walk. 8:30-11 a.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Adults can take an informal walk through the parks in search of birds. Free. 703-228-6535 to register.

Wild Ones: Do Animals Have Homework?

3:30 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Children ages 6-10 can learn about the animals that need to be taught skills to survive. \$3/child. 703-228-3403 to register.

Lost Songs of Broadway. 8:30 p.m. at Signature's ARK Theatre, 4200 Campbell Ave. \$30/person. Hear music by Will Gartshore, Kimberly Sherbach and more. Visit www.signature-theatre.org or 703-573-7328.

www.signature-theatre.org or 703-573-7328.

THURSDAY/SEPT. 4

Music Production. 4 p.m. at Thomas Jefferson Community Center, 3501 S. 2nd St. Teens can learn the process of making music. Free. 703-228-7783.

Dance Performance. Karen Reedy Dance company will perform at 6 p.m. on the John F. Kennedy Center for the Performing Arts Millennium Stage. Free. Visit www.reedydance.com for more.

Lost Songs of Broadway. 8:30 p.m. at Signature's ARK Theatre, 4200 Campbell Ave. \$30/person. Hear music by Will Gartshore, Kimberly Sherbach and more. Visit www.signature-theatre.org or 703-573-7328.

Centennial of Military Aviation. Enjoy a day-long open house at Fort Myer. Celebrate the 100-year anniversary. Free. Visit www.fmnc.army.mil or 703-696-3283.

Author Signing. 11 a.m. at Barnes & Noble, 2800 Clarendon Blvd. Patricia Santana will sign copies of "Ghosts of El Grullo." Free.

Shakin' and Quakin'. 1 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Children ages 6-12 can learn about the earth forces through

games, crafts and more. \$2/child. Registration required, 703-338-6535.

and 9:30 p.m. at Signature's ARK Theatre, 4200 Campbell Ave. \$30/person. Hear music by Will Gartshore, Kimberly Sherbach and more. Visit www.signature-theatre.org or 703-573-7328.

Tiny Tot. 10 a.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Children ages 18-35 months can learn about nature through songs, crafts and more. \$3/child. Registration required, 703-228-6535.

SATURDAY/SEPT. 6

Music Performance: Rosslyn Jazz Festival 1-7 p.m. at Gateway Park, N. Lynn Street and Lee Highway

Centennial of Military Aviation. Enjoy a day-long open house at Fort Myer. Celebrate the 100-year anniversary. Free. Visit www.fmnc.army.mil or 703-696-3283.

Lost Songs of Broadway. 7:30 p.m. and 9:30 p.m. at Signature's ARK Theatre, 4200 Campbell Ave. \$30/person. Hear music by Will Gartshore, Kimberly Sherbach and more. Visit www.signature-theatre.org or 703-573-7328.

Author Signing. 11 a.m. at Barnes & Noble, 2800 Clarendon Blvd. Patricia Santana will sign copies of "Ghosts of El Grullo." Free.

Civitan Garage Sale and Flea Market. 7 a.m.-1:30 p.m. at garage built over I-66 at N. Quincy Street. Browse a variety of items including books, dvds and more. Free. 202-646-4507.

Shakin' and Quakin'. 1 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Children ages 6-12 can learn about the earth forces through

games, crafts and more. \$2/child. Registration required, 703-338-6535.

Back to School Campfire. 7 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Families can enjoy guests, treats and more. \$3/person. Registration required, 703-228-3403.

Touch of Miracles. 7-11 p.m. at Arlington Arts Center, 3550 Wilson Blvd. Benefits the Children's Hospital and the AASuccess Internship Fund. Visit www.aasuccess.org for tickets.

TUESDAY/SEPT. 9

Opening Reception. 7 p.m. at Central Library, 1015 N. Quincy St. See paintings by Noah Williams and more. Free. 703-228-5996.

Birding Trip to Bombay Hook. 7 a.m.-5 p.m. at Lubber Run Center, 300 N. Park Drive. Adults can search for birds at Bombay Hook National Wildlife Refuge. \$25/person. Registration required, 703-228-3403.

Tiny Tot. 10 a.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Children ages 18-35 months can learn about nature through songs, crafts and more. \$3/child. Registration required, 703-228-6535.

Book Discussion. 1:30 p.m. at Culpepper Garden Senior Center, 4435 N. Pershing Drive. Discuss "You Remind Me of Me" by Dan Chaon. Free. 703-228-7762.

MONDAY/SEPT. 8

Music Production. 4 p.m. at Thomas Jefferson Community Center, 3501 S. 2nd St. Teens can learn the process of making music. Free. 703-228-7783.

Arlington History Bike Tour. Meet 9 a.m. at Ballston Metro Station. Bring lunch and water and bike anywhere from 1-23 miles visiting Four Mile Run, rose gardens and more. \$2/nonmember. 703-243-0179.

Book Discussion. 7 p.m. at Central Library, 1015 N. Quincy St. Discuss "In Spite of the Gods: The Strange

Rise of Modern India" by Edward Luce. Free. 703-228-5945.

Book Discussion. 7 p.m. at Westover Library. Discuss "The Diagnosis: A Novel" by Alan Lightman. Free. 703-228-5261.

THURSDAY/SEPT. 11

Music Performance. The Levine School of Music's New Horizons Band will host an open house for new members and have a "play-in." 3 p.m. at Westover Baptist Church, 1125 N. Patrick Henry Drive. Free. Prospective members should bring instrument.

Author Event. 7 p.m. at Shirlington Library, 4200 Campbell Ave. Discuss "Touching History: The Untold Story of the Drama that Unfolded in the Skies Over America on 9/11" by Lynn Spencer. Free. 703-228-0322.

Author Talk. 12:30 p.m. at Culpepper Garden Senior Center, 4435 N. Pershing Drive. Veronica Li will talk about "Journey Across the Four Seas: A Chinese Woman's Search for Home." Free.

WEDNESDAY/SEPT. 10

Tiny Tot. 10 a.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Children ages 18-35 months can learn about nature through songs, crafts and more. \$3/child. Registration required, 703-228-6535.

Gemstone Club: Sapphire. 2:30 p.m. or 4 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Children ages 7-11 can learn about these gems and take one home. \$5/person. Registration required, 703-228-3403.

Monarch Magic. 3:30 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Preschoolers can learn about the life cycle and life of the monarch butterfly. \$3/child. Registration required, 703-228-6535.

FRIDAY/SEPT. 12

Stop in for Stories. 10 a.m. or 11 a.m. at Central Youth Services, 1015 N. Quincy St. All ages can stop in for crafts, songs, stories and more. Free.

Latin American Harp Festival. 7:30 p.m. at Rosslyn Spectrum, 1611 N. Kent St. Hear harpists from Venezuela, Colombia and Paraguay. \$30/adult; \$25/student/senior. Visit www.teatrodela luna.org or 703-548-3092.

Monarch Magic. 1:30 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Preschoolers can learn about the life cycle and life of the monarch butterfly. \$3/child. Registration required, 703-228-6535.

Bald is Beautiful. 7 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Families can enjoy a campfire about Birds of Prey. \$3/person. Registration required, 703-228-6535.

Fabulous Fungi Campfire. 7 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Families can learn about different types of fungus. \$3/person. Registration required, 703-228-3403.

SATURDAY/SEPT. 13

Book Discussion. 11 a.m. at Barnes & Noble, The Market Common, 2800 Clarendon Blvd. The authors will discuss "The Pentagon: The Untold Story of the Wartime Race to Build the Pentagon-And to Restore it Sixty Years Later." Free. 703-248-8251.

Latin American Harp Festival. 7:30 p.m. at Rosslyn Spectrum, 1611 N. Kent St. Hear harpists from Venezuela, Colombia and Paraguay. \$30/adult; \$25/student/senior. Visit www.teatrodela luna.org or 703-548-3092.

Fall Plant Sale. 1-3 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Adults can browse

through a variety of different plants. 703-228-6535.

Are There Rocks in Your Head? 1 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Children ages 4-6 can enjoy Carol Shield's book, activities and more. Free. 703-228-3403.

Fall Flowers and Fungi Hike. 2-4 p.m. at Gulf Branch Nature Center, 3608 N. Military Road. Adults can explore wildflowers and fungi. \$3/person. 703-228-4747.

Goldfish Grab. 4:30 p.m. at Long Branch Nature Center, 625 S. Carlin Springs Road. Children ages 6-10 can learn where the gold fish came from and try catching one. \$3/child. Registration required, 703-228-6535.

Gourmet S'mores Campfire. 7 p.m. at Long Branch Nature Center, 3608 N. Military Road. Families can learn about different types of fungus. \$3/person. Registration required, 703-228-3403.

Model Soldier Show. 9 a.m.-5 p.m. at NoVa Community College, 8333 Little River Turnpike, Annandale. Browse through model soldiers by U.S. and international artists. \$7/adult, children free. 703-938-6361.

SUNDAY/SEPT. 14

Vietnamese Children's Festival. Noon at Thomas Jefferson Center Gym, 3501 S. 2nd St. Free. 240-602-8441.

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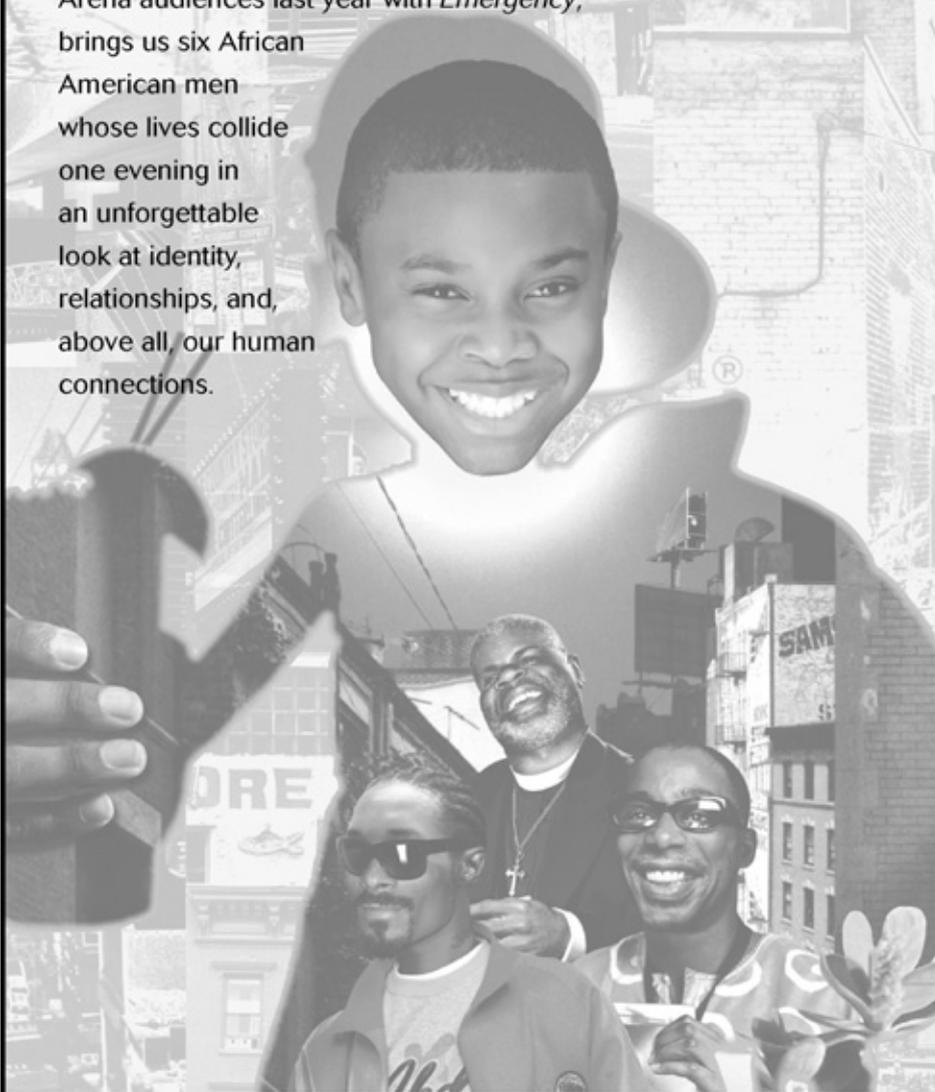
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MUSIC

Local Performance

FROM PAGE 9

What is your best memory when it comes to music?

My best memory of a choral event was performing on stage at Lincoln Center's Avery Fisher Hall before thousands of choral musicians and receiving their heartfelt adulation.

Where is your favorite place to play, either publicly or personally?

Anywhere with at least a little reverb. St. Paul's Episcopal Church Rock Creek Parish in Washington, D.C., is a great place for singing. So is the other St. Paul's Church on K Street. In general, churches tend to be better suited for chamber choirs, groups with less than 30 members.

Best compliment about a performance?

We haven't performed yet. Sorry!

What is your favorite piece of music and why?

Gosh, just one? That nearly impossible to say. What got me hooked on choral music was Johannes Brahms' "Ein deutsches Requiem." I learned it as a freshman in high school, and it moved me down through my bones in ways I had never experienced. I

also love the spiritual "Give Me Jesus," which the Potomac River Chorale" will perform in our upcoming concert.

Who would you love to play with? Why?

I would love for the Potomac River Chorale to get the chance to perform with a local symphony orchestra at some point in the future. I think it's just about every choral director's dream to perform with an orchestra or some form of instrumental ensemble.

Describe your sound:

Rich, clean, and finessed.

Biggest musical influences:

Most of my choral music mentors directed me to the philosophies of the late Robert Shaw. He was meticulous with his direction and felt that no two notes should be the same. Incidentally, he conducted a performance of Brahms' "Ein deutsches Requiem," which I attended as a freshman in high school (mentioned in a question above).

Favorite place to play in Alexandria?

Since this is our first concert, I'd have to say the Old Presbyterian Meeting House!

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There are three kinds of people in the world: those who make things happen, those who watch things happen, and those who wonder what happened.

—Ace Harder



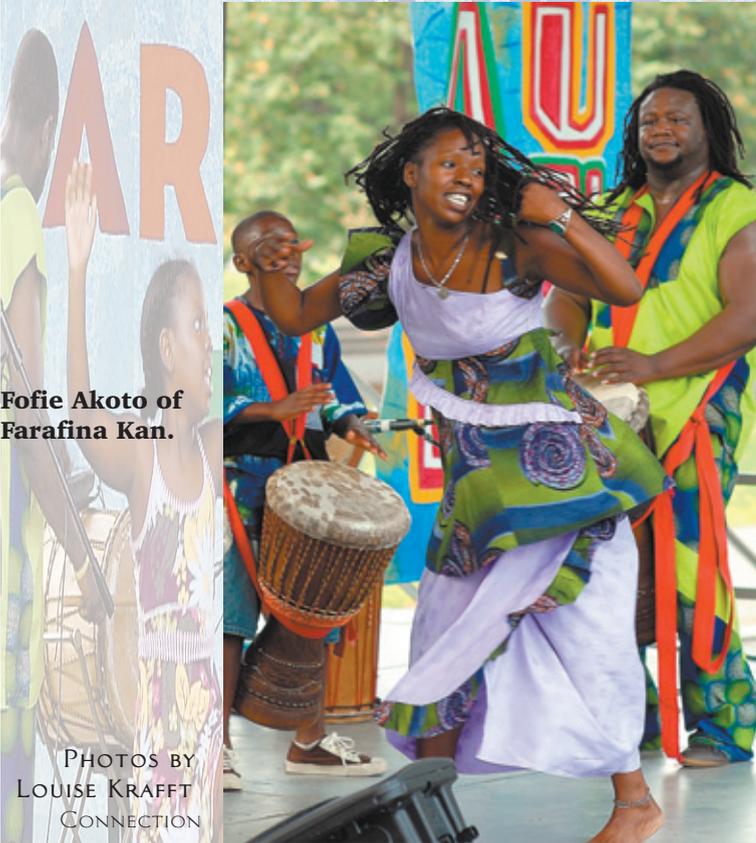
COMMUNITY



The young girls watch as the dancing begins.

Listening to the World's Music

Planet Arlington World Music Festival 2008 was celebrated Saturday in Arlington at the Netherlands Carillon.



Fofie Akoto of Farafina Kan.

PHOTOS BY LOUISE KRAFFT CONNECTION



Farafina Kan, the West African music and dance group opens the show on the World Playground stage.

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SENIOR LIVING

OTHER ITEMS

Arlington's Office of Senior Adult Programs is a unit of the Dept. of Parks, Recreation and Cultural Resources. OSAP coordinates the activities at the County's six seniors centers, senior programming at community centers and operates the Senior Adult Travel office. Arlington residents, 55 years of age and older, can access all the activities by registering with OSAP and paying an annual fee of \$15. For more information and a registration application, call 703-228-4744.

WEDNESDAY/SEPT. 3

Walking Club. The Walking Club of Arlington for adults (55+) will walk around Lake Anne, Reston, 9:30 a.m. Cost is \$3; newcomers welcome. Group leaves from Culpepper Garden Senior Center, 4435 N. Pershing Drive, 703-228-4403.

Art Class. Oil painting classes for adults (55+) begin 10 a.m. - noon, Culpepper Garden Senior Center, 4435 N. Pershing Drive, Arlington. Taught by Larry Isham; \$24 for four two-hour sessions. Call to sign up, 703-228-4403.

Games. Wii games at Langston-Brown Senior Center, 9:30 a.m., 2121 N. Culpepper St., Arlington. Both physical and mental workout for adults (55+). No fee; newcomers welcome. Details, 703-228-5321.

Workshop. Friendly crafters workshop, 11:30 a.m., Culpepper Garden Senior Center, 4435 N. Pershing Drive, Arlington. Share a hobby with other crafters. Drop-in; newcomers welcome; no fee. Details, 703-228-4403.

Music Performance. Local musician Fred Brooks will entertain seniors 11 a.m., Walter Reed Senior Center, 2909 S. 16th St., Arlington. No fee; newcomers welcome. For more information, 703-228-0955.

Social Club. The Happy Hearts Social Club for adults (55+) will hold a business meeting at noon, Langston-Brown Senior Center, 2121 N. Culpepper St., Arlington. Brown bag lunch. For more information, 703-228-5321.

Registration Deadline. Register for mental workout with cranium crunches for adults (55+) to be held, Fri., Sept. 5, 11 a.m., Culpepper Garden Senior Center, 4435 N. Pershing Drive, Arlington. No fee; newcomers welcome. Call for information and to register, 703-228-4403.

Baseball Game. Arlington seniors will attend a Washington Nationals vs. Philadelphia Phillies baseball game. Cost is \$52. Call Arlington Senior Adult Travel, 703-228-4749. Registration required.

THURSDAY/SEPT. 4

Driving Safety. AARP's two day driver safety class for adults (55+), and Fri., Sept. 5, 10 a.m. - 3 p.m., Aurora Hills Senior Center, 735 S. 18th St., Arlington. Cost is \$10. Participants must attend both days to receive certificate, which could reduce insurance premiums. Call to register, 703-228-5722.

Dancing Class. Intermediate level line dancing class, for adults (55+), 10 a.m., Thomas Jefferson Community Center, 3501 S. 2nd St. Drop-in; \$3.50 per class. Details, 703-228-4745.

Video Visit. Video visit to Australia, 10:15 a.m., Walter Reed Senior Center, 2909 S. 16th St. Host Flor Fiallos leads discussion. No fee; newcomers welcome. Details, 703-228-0955.

Workshop. South American maracas workshop for adults (55+), 9:30 a.m., Langston-Brown Senior Center, 2121 N. Culpepper St., Arlington. Also create Amerindian bags. No fee; newcomers welcome. Call to register, 703-228-5321.

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September 13
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The Arlington Youth Group will be hosting a spaghetti dinner fundraiser.
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see our website for details

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Worship 10:30 a.m.
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SPORTS

A Marathon That Has No End

Arlington resident races in marathons to raise money for friends with cancer.

BY MARK GIANNOTTO
THE CONNECTION

Alice Till knew her friend Debby was in for a struggle after she was diagnosed with chronic myelogenous leukemia (CML) in 2001.

For years, Till had worked in pharmaceutical research, so she understood just how bleak survival rates can be for patients, despite recent revelations about miracle drugs. And just as Till feared, the forecast became even worse in 2003 as Debby began to lose her battle with the deadly cancer.

That's when Till, a 64-year-old Arlington resident, found out about the inaugural NIKE women's marathon in San Francisco, an event that donates all its proceeds to leukemia research through the Leukemia and Lymphoma

Society. "It's never over," Till says of her commitment to the cause. "It's not just a one marathon thing. These people with the disease, it's a lifetime marathon."

Now five years later, Till is still speed walking her way to help find a cure, and will participate in her 10th overall marathon, returning to where her initiative began at the Nike Women's Marathon in San Francisco on October 19. Thanks to several corporate sponsors, as well as numerous other individual supporters, Till has now raised close \$129,000 in her fundraising efforts over the years.

In its five years of existence, the Nike women's marathon has collected close to \$60 million for leukemia research. Till hopes this year, she can collect \$22,000 in donations, which will put her over the \$150,000 mark for the past five years.

"It's never over," Till says of her commitment to the cause. "It's not just a one marathon thing. These people with the disease, it's a lifetime marathon."

The Nike marathon is just one of many events sponsored by Team in Training (TNT), a sports training program created by LLS. In exchange for fundraising dollars, participants are provided with training clinics, certified coaches, as well as travel and accommodations during their event weekend. Money raised goes toward blood cancer research, patient services and advocacy.



Alice Till race walking at the 2006 Nike Women's Marathon. She will compete in the 2008 Nike Women's Marathon on October 20.

FROM ALICE TILL

Help support Alice Till

Alice Till is still short of her goal to raise \$150,000 for the Leukemia and Lymphoma Society. If you would like to sponsor Alice in the Nike Women's Marathon this October, please send a check payable to The Leukemia and Lymphoma Society to Alice Till at 1116-C N. Taylor Street, Arlington, VA 22201 or visit her website at <http://pages.teamintraining.org/nca/nikesf08/atill>.

Till knows it's no coincidence the personal-best time came in the same race that her friend, Debby, was able to attend and cheer from the finish line. Debby underwent a successful bone marrow transplant in 2006, and is currently cancer free. Till said seeing her friend at the race was "one of the most exciting and heart-warming things in my life."

It's success stories like these that make Till, who will turn 65 in December, continue to walk her way towards a cure. She says as long as her legs work, she plans to continue her training with TNT and participate in marathons.

This year, Till has made a colleague suffering from stage three multiple myeloma her honorary teammate when she

racess in October.

"I really want to encourage other women who are middle aged to go out and do something," Till said. "People assume at my age you can't really do anything to help or that they can't complete a marathon, but I'm proof it can be done. And it really helps out those that need it most."

"It's not just a one marathon thing. These people with the disease, it's a lifetime marathon."

—Alice Till

Society.

Although Till, an avid racewalker, had participated in a marathon earlier in her life, she had not continued her training. But with a friend in need and an opportunity to fundraise for the cause literally at her feet, Till knew exactly what she needed to do.

"I just thought to myself, 'Come on, Alice. If Debby can go through another round of chemotherapy treatments and several blood transfusions

FOOTBALL ROUNDUP

Yorktown Winners

The Yorktown Patriot football team opened its season with a 27-6 victory over non-league opponent, Wilson High School (DC).

Junior Charles Banks led the way for the Patriots returning an interception for a touchdown while playing linebacker on defense and rushing for 106 yards and a touchdown as a running back on offense. Banks's rushing touchdown came as a result of him recovering a fumble.

Just as versatile was Patriot senior Kyle Toulouse, who

lined up at quarterback, running back, punt returner, and defensive back over the course of the game. All told, Toulouse rushed for 94 yards, caught a pass for 13 yards, and completed two of three passes, including a touchdown pass to junior Mike Veith, while behind center.

Yorktown plays another non-district home game next week when it faces Madison.

Broad Run Defeats Wakefield

The Wakefield Warriors football team weren't as fortunate in its season-opener against Broad Run, los-

ing 31-6.

Broad Run's defense held the Warriors to just 84 total yards of offense, and six Wakefield running backs finished with negative rushing yards as the Spartans jumped out to an insurmountable 31-0 lead.

The Warriors were able to salvage some pride in the fourth quarter after wide receiver Johnathan Ford caught a 24-yard touchdown pass from quarterback Andre Allen. Ford was one of Wakefield's lone bright spots with seven receptions for 69 yards.

The Warriors will look to rebound when it travels to Hayfield next week.

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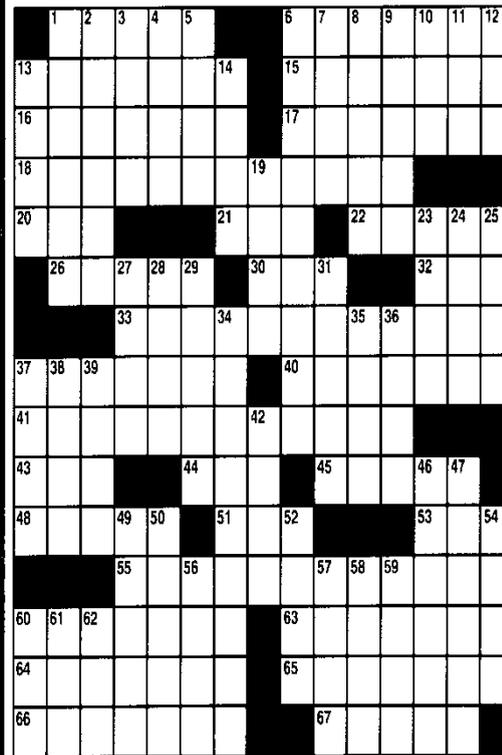
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NEW YORK TIMES CROSSWORD

Edited by Will Shortz

No. 0326-1



Puzzle by Brendan Emmett Quigley

ACROSS

- 1 Sat tight
- 6 Boaters' relatives
- 13 Excites
- 15 Gymnast's need
- 16 Matthew, for one
- 17 Disarmed
- 18 Nintendo arcade game of the 80's
- 20 Cold war proj.
- 21 Medevac destinations, briefly
- 22 Yoga posture
- 26 Token of victory
- 30 When doubled, a dance
- 32 Pro —
- 33 Places where customs are important
- 37 Roosevelt Island's locale
- 40 Pennsylvania resort area
- 41 Photographic technique
- 43 Helm heading
- 44 Bow wood
- 45 Robust
- 48 Depicts unfairly
- 51 The Eagle, e.g.
- 53 Like a Burnisian mouse

- 55 Poor Yorick was a fellow of this, said Hamlet
- 60 "The Thorn Birds" novelist McCullough
- 63 Flippant response to a rebuke
- 64 Not dead
- 65 Ballade's trio
- 66 New shoots
- 67 1967 Chemistry Nobel

- 23 Abbr. that often precedes a colon
- 24 Agrippina's slayer
- 25 Tan and others
- 27 Vaulted room
- 28 Word before face or heart
- 29 Head honcho
- 31 In conflict with, with "of"
- 34 Relatives of rulers
- 35 Almond
- 36 Denials
- 37 Triptick abbrs.

DOWN

- 1 Rifle supports
- 2 Like some of Chekhov's writings
- 3 Study furniture
- 4 Tasso's patron
- 5 As is fitting
- 6 Loan sources
- 7 Enthralled
- 8 Kind of warrior
- 9 Then: Fr.
- 10 Year in Basil II's rule
- 11 Had a little lamb
- 12 Neighbor of Turk.
- 13 Passing things
- 14 Chow alternative
- 19 Tolkien creatures

ANSWER TO PREVIOUS PUZZLE

OCT	AMPS	PANTS
ALE	DIETS	ALAMO
KAN	EXTRA	COZEN
LIABLE	ANYTHING	
EMCEED	ITISA	
YSER	BEGAN	PEZ
	LEASH	NIECE
ANNIE	GETYOURGUN	
DOING	SEETV	
DRX	ETHAN	IMAM
	SERIO	ORNATE
YOU	CANDO	LOGGER
MOTES	ATOOT	NAM
CHANT	LEDGE	USA
ASHES	REYS	MEN

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