



From left, Share Inc. past President Victor Kimm, Vice President Therese Dyer-Caplan and President Randy Glantz stand among the empty shelves in the local charity's reserve pantry.

Share Inc.'s Empty Pantry

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Long Walk

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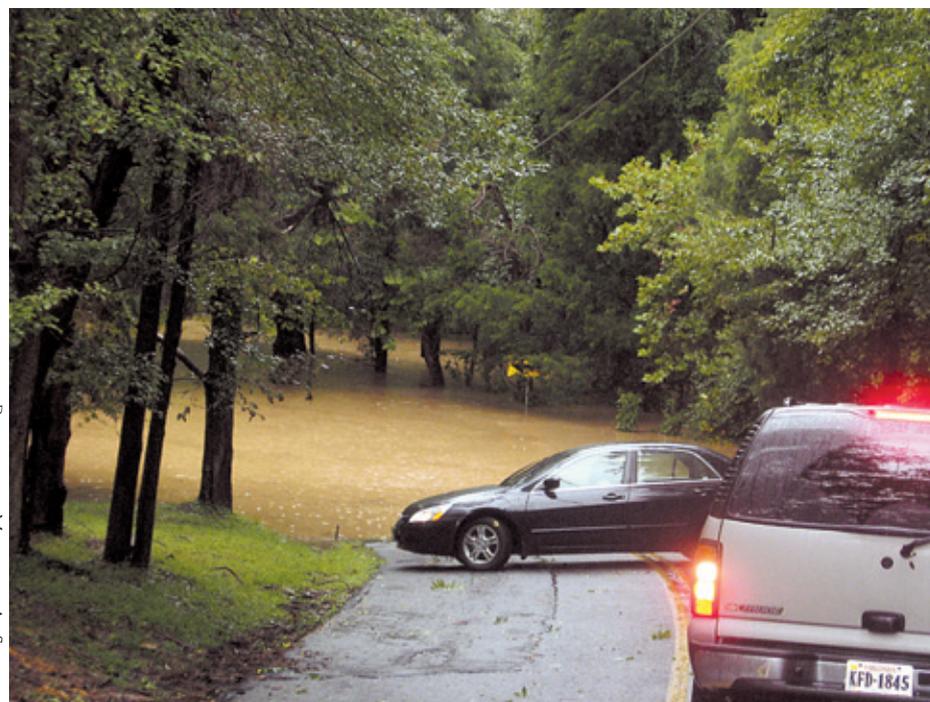
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Hanna Hits Area, Goes Away



Leesburg Pike was closed to traffic at Difficult Run around 4 p.m. In this photo, only a roof of the car can be seen surrounded by water.



Leigh Mill Road at the wooden bridge crossing was closed to traffic following the storm Saturday afternoon.

PHOTOS BY MICHAEL A. SHULER

10th District Point of View: Energy

Wolf, Feder both promote “comprehensive” strategy for savings, conservation.

BY JULIA O'DONOGHUE
THE CONNECTION

**This is the first in a four part series about candidates views and opinions on some of the largest issues facing the United States and federal government in the next term.*

LANGLEY RESIDENT Charlie Cuevas acknowledges that resolving the United States energy issues is not as easy as some people may think.

“They could put up all the windmills they want in the Shenandoah Valley. But how are they going to get the energy here? Is anyone going to want a big power line running through their backyard? I don’t think so,” said Cuevas, as he pumped gas at the BP on corner of Old Dominion Drive and Old Chain Bridge Road in McLean.

Still, Cuevas would like to see the government promote more fuel efficient vehicles and prohibit the building of “gas guzzlers.” He drives a Honda Accord, a sedan which Cuevas said gets excellent gas mileage.

He also added: “We have got to get alternative energy sources.”

AS GASOLINE and heating prices climb, more residents have formed strong opinions on what should be done to combat the skyrocketing cost of energy. Almost everyone has felt the impact of rising gasoline prices,



Frank Wolf



Judy Feder

which has made everything from purchasing dinner to the daily commute more expensive.

Some people are also concerned about the United States dependence on oil – a significant amount of which comes from other countries – and its implications on national security. Others said the United States needs to wean itself off of fossil fuels because of a connection to global warming.

Both Rep. Frank Wolf (R-10) and his Democratic opponent Judy Feder said they have heard about rising energy costs from residents of the 10th congressional district. Wolf and Feder face each other in the general election Nov. 4.

“People are tremendously concerned about the rise in gas prices. The prices of gas and food are rising faster than their incomes,” said Feder, the former dean of Georgetown University’s Public Policy Institute who also ran against Wolf in 2006.

Both candidates said they support a “comprehensive” approach to energy policy that includes looking at the use of wind, solar, coal and nuclear energy as well as new drilling opportunities for the United States.

“We should no longer send \$700 billion [for oil] outside this country,” said Wolf.

IN A RECENT interview, Wolf criticized both President George Bush (R) and the Speaker of the U.S. House of Representatives, Nancy Pelosi (D-Ca.), for not calling Congress back into session to deal with the energy issue.

“Everything should have an up or down vote,” said Wolf.

Wolf has been a co-sponsor of the “New Manhattan Project for Energy Independence” legislation. The original Manhattan Project was set up to recruit scientists to produce an atomic bomb during World War II. The “New Manhattan Project” would award competitive prizes to the first individual or group who reach the bill’s seven energy goals.

The goals are doubling Corporate Average Fuel Economy (CAFE) standards to 70 miles per gallon while keeping vehicles affordable; cutting home and business energy usage in half; making solar power work at the same cost of coal; making the production of biofuels cost-competitive with gasoline; safely and cheaply storing carbon emissions from coal-powered plants; safely store or neutralize nuclear waste; produce useable electricity from nuclear fusion re

SEE RACE, PAGE 7

VIEWPOINTS

What did you like most about two parties’ conventions?

— ANDREW JOHNSON

Amy Pullman, McLean, Pediatrician



I watched some of both conventions. I thought the best comment was Al Gore saying that although he believed in recycling, he didn’t believe in it that much — a joke at how he didn’t want another four years of an Republican administration. I found it to be very funny.

As for the Republican Convention, I think that McCain’s selection of Palin was genius and it showed in her speech. He was able to salvage the evangelical vote and reenergize their party.

Audrey O’Neill, Vienna, Homemaker



The real highlight for me was the introduction of Sarah Palin. She was outstanding and everyone really got to know her after days of wondering who she was. I liked Hillary, but Palin showed herself to be feminine, have a great sense of humor, and not take herself too seriously; Hillary didn’t appeal in that way. Giuliani’s and Romney’s speeches were impressive as well.

Share Inc.'s Empty Pantry

With food reserves wiped out and demand for all services at historic high, local charity struggles on.

BY MIKE DICICCO
THE CONNECTION

“People find it an amazing oxymoron — McLean in hunger,” said Therese Dyer-Caplan, vice president of Share Inc., the charitable organization that serves the McLean and Great Falls area.

In late April, the Connection ran a story about the difficulties Share was experiencing in meeting unusually high demands. Since then, the organization’s pantries have been filled by Boy Scout and Post Office food drives, only to promptly be emptied. Shelves in the reserve pantry are now almost entirely bare.

“There are more than 500 bags of food a month going out of here,” past president Victor Kimm said. “That’s way up from previous years.” Meanwhile, Dyer-Caplan said, the cost of each of those bags has gone up due to rising food prices.

Two years ago, a busy day at Share’s food pantry meant serving about seven families, said Dyer-Caplan. Last Wednesday, 21 families showed up. She said users of the pantry have learned they need to get there early if they want hard-to-come-by items like detergent. “Every time I open the door, there’s a line,” she said.

Kimm said usage of the food pantry is continuing to rise, with a 20 percent increase between July and August of this year.

Meanwhile, funds for Share’s family assistance program are going almost entirely toward warding off evictions and utility shut-offs, with some money paying for medications, Kimm said. In the last fiscal year, more than \$102,000 was spent on family assistance, up 50 percent from the previous fiscal year.

FOOD CERTIFICATES for Thanksgiving, Christmas and Easter dinners were up 10 percent during the most recent holidays, and last December, the holiday gift program served 25 percent more households than previously. Those numbers are expected to rise again this year. In the summer of 2007, Share provided school supplies to 143 students. Last month, 197 students came to the organization for supplies. Kimm said this is also the first time Share has had a waiting list for furniture, and the list is growing.

He said the charity had continued to maintain the same level of service throughout the surge in demand, in part by dipping into reserve funds for the first time.



Behind Share Inc. President Randy Glantz, Vice President Therese Dyer-Caplan and past President Victor Kimm, the shelves in the charity’s reserve pantry are bare.

Help Out

Items most needed by Share Inc. include breakfast cereals, canned fruit, juices, grape or strawberry jelly, rice, sugar, flour, pasta, cooking oil, shampoo, conditioner, toothpaste, toothbrushes, dish detergent, laundry detergent, diapers, paper towels and toilet paper. Money and gift certificates, clean used clothes, and furniture are also needed, as are volunteers.

Food certificates and nonperishable food items can be brought to the Share rooms around the side of McLean Baptist Church, 1367 Chain Bridge Road. During off hours, donations can be left in the box outside the door to the rooms. Checks can be sent to Share Inc., PO Box 210, McLean, Virginia 22101. Call Share at 703-284-2179 or contact Victor Kimm at 703-356-8451, or Robin Chandler at 703-790-5243 or cchandl@aol.com. To learn more about Share Inc., visit www.shareofmclean.org.

He had projected a \$25,000 shortfall for this fiscal year.

“People used to come here for food. Now they’re coming for everything,” said Dyer-Caplan, who runs the food pantry, noting that people were asking for gas cards and pharmacy gift cards, which the pantry does not offer. She said she was also watching people make difficult choices, such as the woman who recently talked to her about weighing food against medication.

“From what I’ve read, it’s a similar situation at food banks around the country,” Share President Randy Glantz said.

All the while, donations have been up. Dyer-Caplan said the organization has been conducting aggressive outreach campaigns at local schools and churches and recently put together a PowerPoint presentation to explain its needs and services, ef-

forts that were not necessary in years past. “The nice thing about that, though, is that this is such a generous community,” she said, adding that the typical response to her appeals for help was: “We just didn’t know things were so difficult.”

TEMPLE RODEF SHALOM will be making special pleas to its congregants on behalf of Share during the High Holy Days in October, and Lewinsville Presbyterian Church will be helping out, probably soliciting donations at Giant and Safeway, on Sept. 27, Dyer-Caplan said. The Share truck will be parked at St. Luke’s United Methodist Church’s Fun Fair on Sept. 20. The Women’s Club of McLean collected donations at its recent fashion show, and the Greater McLean Chamber of Commerce will be hosting a half-day program to improve communication between nonprofit organizations and McLean businesses. And Safeway, Marvelous Market and Claude Moore Farm continue to donate food. Dyer-Caplan said neighborhood, swim teams and Girl Scouts had also been holding food drives.

Also, Glantz said, the organization has more than twice the number of people volunteering that it did a few years ago.

And Kimm said the charity had begun to work with the schools’ PTAs and community service committees.

“We’ve been talking about trying to institutionalize year-round drives for food,” Glantz said, adding that a year-round approach would make sense, since it looks like the need will be year-round.

McLean Icon Relocates

McLean Hardware Store, established in the McLean community in 1948, will celebrate a grand reopening at its new location at 1445 Chain Bridge Road on Saturday, September 13.

“The lease on the old building was running out and the new location is a better space and it has a better parking situation,” said Kevin Cannon, the store manager. Cannon said the grand reopening celebration will feature giveaways of some products as well as demonstration of products available in the store.

Even though it has changed hands three or four times, McLean Hardware Store remains a family-owned business, said Cannon. The store hours are Monday through Saturday, 8 a.m. to 6 p.m. and Sunday 10 a.m. to 4 p.m. For more information call 703-356-5496 or e-mail at mcleanhardware@verizon.net.

SCC to Discuss Community Issues

All community members are invited to attend the first Safe Community Coalition (SCC) meeting of the new school year on Thursday, Sept. 11 at 7:30 p.m. at the McLean Community Center. MPO Darryl Stokley of the McLean Police Department will address the group, followed by a discussion of community issues. The SCC will also discuss program planning for the school year, grant allocations to schools, and continued outreach to the schools and the community. There will also be an election of a new member of the Board of Directors.

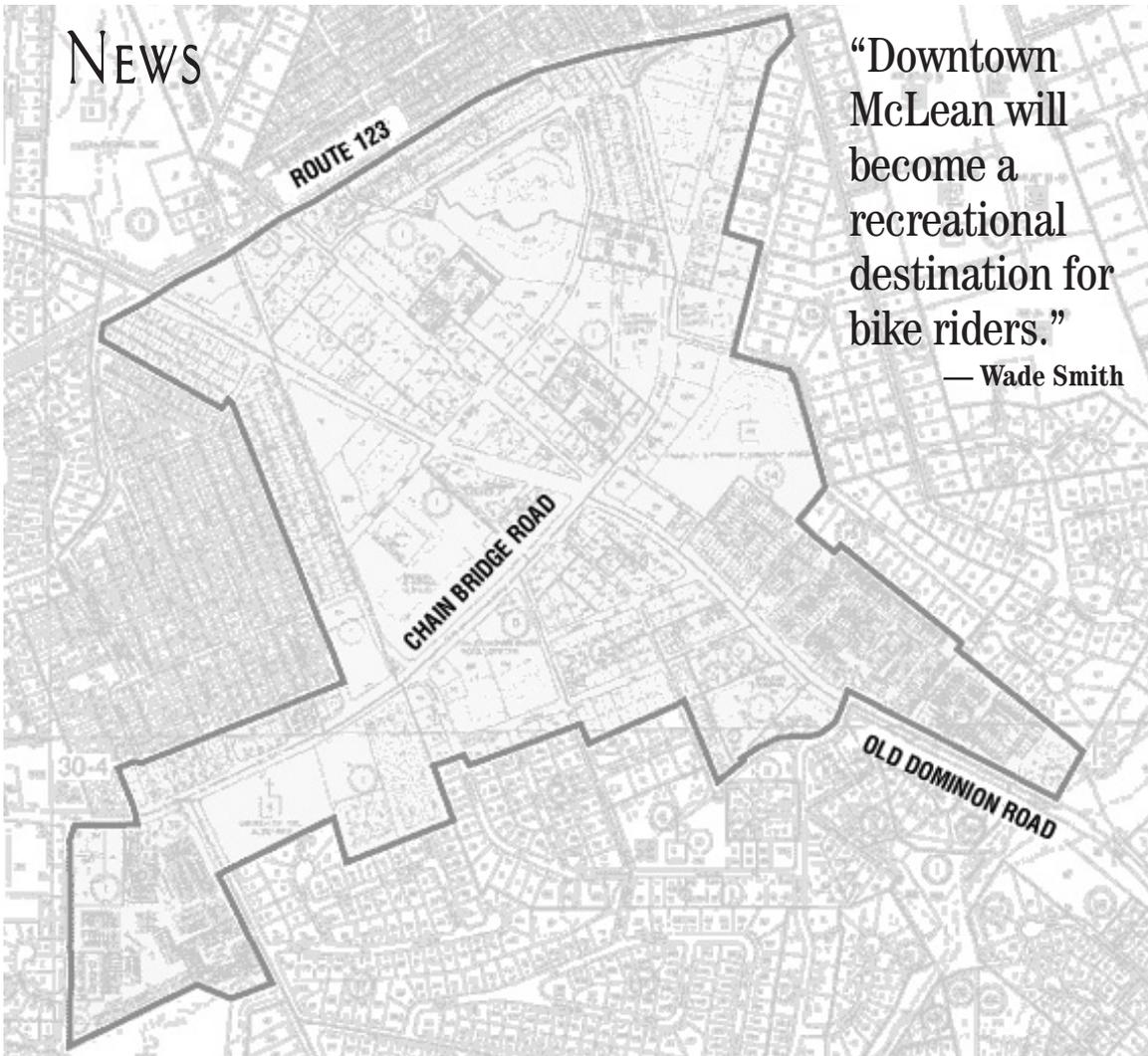
There will also be the opportunity to learn more about available volunteer positions, including program leader, grant researcher - writer, program assistant, marketing and fundraising.

No Arrests Made In Alcohol Sting

McLean District police officers assigned to the Neighborhood Patrol Unit conducted alcohol stings at several locations in the McLean, Falls Church and Fairfax areas of Fairfax County on Friday, Sept. 5. This operation is part of the department’s ongoing Youth Alcohol/Business Compliance Enforcement Campaign. The operation is conducted using underage Fairfax County Police cadets, dressed in plain clothes, who attempt to purchase alcoholic beverages. The cadets are instructed to give their true ages if asked by the clerk.

Twenty-four locations were entered, with no illegal sales of alcohol and no arrests made.

The stings were conducted using two teams consisting of one plain clothes officer, one officer in uniform and one cadet.



“Downtown McLean will become a recreational destination for bike riders.”

— Wade Smith

The newly formed McLean Pedestrian Task Force will work to open up the McLean Community Business District (CBC), pictured here, to walkers and bikers.

Team Begins Long Walk

Pedestrian Task Force sets out to bring walkers, bikers downtown.

BY MIKE DICICCO
THE CONNECTION

A group of McLean residents has begun the long work of opening up the downtown area to walkers and bikers. The McLean Pedestrian Task Force held its first meeting last Thursday, Sept. 4 at

the McLean Governmental Center. “Getting around McLean either on bike or by foot is too difficult,” Supervisor John Foust (D-Dranesville) said as he opened the orientation meeting, adding that getting around the area by means other than car travel could also be dangerous and was especially problematic for anyone pushing a stroller or using a wheelchair.

The task force he assembled consists of 14 local residents, three county staffers and two members of Foust’s staff, although not everyone was present for the initial meeting.

FOUST tasked the group with

laying out the problems with the local sidewalk and trail grid and coming up with a plan to address them through specific projects. He said projects could be funded through the county’s recently enacted additional commercial industrial tax, which is to be used exclusively to fund transportation improvements, including sidewalks and trails. “What we’re doing is not a wasted effort,” Foust assured. “It will get funded.”

There is no timetable for the task force’s work.

Asked what their priorities were by task force Chairman Doug

SEE PEDESTRIAN, PAGE 15

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Preparing for the Worst

Northern Virginia hospitals upgrade their disaster response systems.

By DAVID SCHULTZ
THE CONNECTION

Planning for a disaster in Washington D.C. became a top priority after the Sept. 11 attacks. But those who focus only on the federal city when planning for a disaster are missing the point, Dr. Dan Hanfling said.

"The attack on the Pentagon was in Northern Virginia," Hanfling said. "Of the five anthrax cases, three were diagnosed in Northern Virginia. If you tease out the details of what happened, it wasn't Washington D.C. that was attacked. It was Northern Virginia."

Hanfling is director of emergency management and disaster medicine for Northern Virginia's Inova Hospitals. He is also involved with the Northern Virginia Hospital Alliance, a group that advocates for emergency preparedness in local hospitals.

The group was created by a coalition of 12 Northern Virginia hospitals shortly after the Sept. 11 attacks. The hospitals pool their resources to plan for a major disaster, natural or non-natural, in the region.

"Northern Virginia has the Pentagon and a number of CIA facilities. ... We see ourselves as a target in and of itself," said Zachary Corrigan, executive director of the alliance.

It's this kind of coordinated effort, not just among hospitals but among cities, counties and states, that is crucial to preparing for a major catastrophic event, local emergency management officials said.

"If there's another major emergency like 9/11, it doesn't impact just one jurisdiction," Fairfax County spokesperson Brian Worthy said. "It had an impact on all the jurisdictions regionally. That's why the region is taking a very coordinated response."

EARLIER THIS MONTH, the U.S. Department of Homeland Security gave \$60 million to Washington-area jurisdictions for medical and law enforcement projects to detect and respond to terrorist attacks.

Almost \$4 million of that grant will go to area hospitals to increase their ability to handle large surges of patients. With this grant, local hospitals will be able to treat 300 critically injured patients with no external help for three days after a disaster. The grant will go towards purchasing surplus medical supplies and towards devis-



PHOTOS COURTESY INOVA

The emergency department at Inova Fairfax Hospital

ing a staffing plan in the event of a disaster. Corrigan said that making a plan to have enough doctors and nurses on call for a potential disaster is the most difficult part of disaster planning for hospitals.

Inova Fairfax Hospital has the biggest ER in Northern Virginia, said James Sides, disaster preparedness coordinator there. "We're using those funds regionally to fund burn and trauma training. One of our ongoing projects is to really create a capacity to deal with large-scale burn and trauma across the region. We all work together to really figure out what our needs are at each facility and then across the region."

"Being such a large hospital makes it easier [to plan for disasters]," Sides said. "We play a key role in the region. We would be one of the main facilities to receive patients especially since we're the only Level 1 Trauma center in Northern Virginia," meaning Fairfax Inova would receive the most serious trauma patients.

The grant will also go towards upgrading the region's ability to handle large numbers of burn victims, Corrigan said. Washington Hospital Center in the District has the only dedicated burn unit in the region.

"If we had hundreds of burn patients," he said, "non-burn centers will have to provide burn care for an extended time. We're going to be training clinicians who don't do burn care to do a level of burn care for three days."

"When it comes to burn and trauma, the first three days of care will really define what the patient's life looks like," he said. "Not only for the next week but for years."

THE HOMELAND Security money will also provide new software to allow emergency rooms to track the real-time location of ambulances from every hospital in the region. According to a DHS statement, ERs will be able to monitor the treatment capacities at every local hospital.

"If you have a major incident," Worthy said, "You'd probably need more than one hospital to respond so that would require coordination."

"If you look at any risk modeling with respect to WMD and pick your favorite corner in downtown D.C., all of the conventional wisdom suggests that the bad stuff goes north and east," Hanfling said. "The citizens of D.C. will be fleeing to Northern Virginia."

This means that Northern Virginia Hospitals, especially the Virginia Hospital Center in Arlington and Inova Alexandria Hospital, will be the first responders to a major disaster in the area.

Currently, Inova Alexandria hospital has the ability to handle a surge of up to 127 patients over its normal capacity, according to Greg Brison, the director of emergency management at Inova Alexandria. "That's a third more than when we have a full house," Brison said. "We can do that in 30 minutes."

He also said that if Inova Alexandria's water supply is cut off, which happened during Hurricane Isabel in 2003, the hospital has fresh drinking water on site that will last for 24 hours. "We try to be self-sufficient so we don't have to contact FEMA," Brison said.

BRISON was at Inova Alexandria during the Sept. 11 attacks. After the Virginia Hospital Center, formerly known as Arlington Hospital, quickly filled up with victims, Inova Alexandria began to see a surge of patients.

"It was quiet here," he said. "There wasn't any panic. ... When the real thing happens and you've got professional people who are well-educated, it all just kicks into gear."

The attacks of Sept. 11 changed the way health officials in this area and throughout the country think about planning for emergencies. But Hanfling said that emergency planners are also learning from more recent disasters.

"Think about the Astrodome after Katrina or the Superdome during Katrina," he said. "There was no formal way of taking care of people there." As a result of Hurricane Katrina and its ensuing public health crisis, the Northern Virginia Hospital Alliance is working with government officials to secure public space for medical care in the event of a large-scale disaster, Hanfling



Dr. Hanfling



Corrigan

COURTESY PHOTO

Ice Storms and Other Challenges

Dr. John Sverha was at Virginia Hospital Center, then known as Arlington Hospital, when the Sept. 11 attacks occurred at the Pentagon. He said that he and his colleagues were able to handle the surge of victims effectively thanks to a well-rehearsed disaster plan and extra staff who came in that day to lend a hand.

But the situations that really challenge his ER are days with severe weather, Sverha, the head of the hospital's emergency medicine department, said. Earlier this year, an ice storm brought 90 patients into his ER within three to four hours.

"We were very busy, there were a lot of people scurrying around," he said. "An ice storm is something that is known to create an extremely busy emergency department, almost exponentially more than a snow storm. We always get on edge when we hear that there might be freezing rain. We really go into a different mode."

Disaster planning is important for any hospital. But the issues that most ERs deal with on a day-to-day basis don't involve catastrophic events.

Virginia Hospital Center's emergency room is often at capacity with patients spilling over into the waiting room, Sverha said. "Our goal is to have our waiting room empty as much as possible," he said.

Inova Fair Oaks Hospital's Dr. Douglas Smith said that the biggest challenge for his ER is the changing nature of the medical business.

Because many patients who need emergency psychiatric care don't have insurance and can't pay their medical bills, ERs across the country have eliminated many of their beds for psychiatric patients, Smith, Inova Fair Oaks' chief of the emergency department, said.

"Psychiatric hospitals are closed because they don't pay," he said. "There just aren't enough psych beds so getting [patients] somewhere is challenging."

He also said that getting specialists to treat patients in an ER is difficult because many specialist doctors are in private practice. "Every time you see a laser center, that's an ophthalmologist that's not working in a hospital," Smith said. "That's the business of outpatient surgery."

The issues that Inova Fair Oaks faces are unique because of its suburban location, Smith said. "This is a higher-end hospital because of the community we're in," he said. "We don't have a lot of homeless or IV drug users."

Inova Alexandria Hospital faces these issues differently than its Fair Oaks counterpart, said Dr. Martin Brown, the chief of emergency medicine at the Alexandria hospital.

Brown said that getting a specialist to his ER is fairly easy because Inova Alexandria is such a large hospital. While it doesn't have its own psychiatric ward, Brown said that treating psychiatric patients is not too difficult because they can be easily transferred to a new psychiatric facility at Inova Mount Vernon Hospital.

According to Brown, the biggest challenge facing the Inova Alexandria ER is a lack of beds. "There are times when the hospital is crowded and patients who need to be upstairs are still waiting for a bed," he said. "We have a task force looking at that."

Brown also said that a new wing that is currently under construction will add more space to his ER, which currently treats 150 patients a day. This new part of the building is badly needed, Brown said, because "The demand for emergency services continues to increase."

said. Doctors and policy makers are beginning to have conversations about what level of care should be expected in these types of situations after several medical ethics scandals that emerged from Katrina.

"As doctors, we're on the front lines," Hanfling said. "We're put in the untenable situation of having to make real time decisions of life or death ... The medical community writ large needs to be on the same page with regards to how we're making those decisions."

Race Focuses on Energy Issues

FROM PAGE 3
action.

The bill also sets aside funding for businesses, researchers and groups that want to work toward achieving the goals. In an interview, Wolf said he thought the bill would probably result in "job creation" for a region like Northern Virginia, which is a leader in innovative technology.

WOLF has supported the "Virginia Outer Continental Shelf Act," which would allow Virginia's Governor to ask for waiver to drill to explore for natural gas and crude oil off the coast of the commonwealth. If successful, Wolf supports using money gained from drilling off the Virginia shore to help cover commonwealth's transportation costs. The congressman has also supported drilling in the Arctic National Wildlife Refuge in Alaska. On a personal level, the congressman owns and drives a Ford Escape, a hybrid sports utility vehicle.

IF ELECTED, Feder said she would "put everything on the table," including investigating the

development of "cleaner coal" and safer nuclear options. Like Wolf, the McLean resident would also consider drilling off the shore of the United States.

The challenger disagrees with Wolf and opposes drilling in the Arctic National Wildlife Refuge (ANWR.)

Feder is in favor of ending what she calls "tax breaks" for oil companies and having the government reinvest that revenue in renewable energy sources, like wind and solar, and in tax credits for consumers choosing greener energy sources.

She said the government also has to provide oversight to make sure market speculation is not driving up the cost of gasoline for Americans.

FEDER, like Wolf, said a federal investment in renewable energy is likely to bring jobs and investment to the 10th congressional district, given the large number of high tech businesses in the area.

"What grows in Loudoun are businesses that are developing 21st century technologies. ... The Route 28 corridor has attracted

that kind of industry. We should play a leadership role [in developing renewable energy resources] right here in the 10th district," said Feder.

As member of congress, Feder said she would make sure the 10th congressional district got a fair share of the federal government's investment in renewable energy.

"That would create jobs and promote our tech industry. It has not been adequately pursued," she said.

As the 10th District representative, Feder would also pursue mass transit funding, which is an important part of a sustainable development strategy.

"That there is no mass transit in the 10th district is really pretty astounding. It is the job of a member of congress to make it clear that the 10th district needs a good part of [the transit funding]," said Feder. Wolf, who has been in Congress since the early 1980s, has been the major congressional backer of the extension of Metro rail to Dulles Airport and beyond. But Feder frequently criticizes the congressman for not being able to get the project launched.

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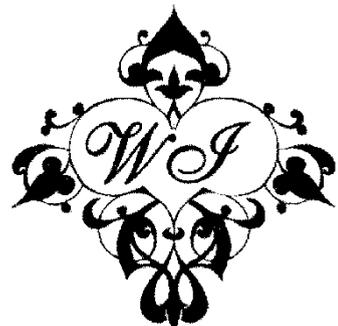
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OPINION

Our Neighbors Are Struggling

Whether or not you call it a recession, more families in Northern Virginia are seeking help with food, medicine, housing and more.

Two years ago, a busy day at Share's food pantry in McLean meant serving about seven families. Last Wednesday, 21 families showed up for food, writes Connection reporter Mike DiCicco.

In fact, demand for food from Share continues to rise, with a 20 percent increase between July and August of this year. Meanwhile, funds for Share's family assistance program are going almost entirely toward warding off evictions and utility shut-offs, with some money paying for medications. In the last fiscal year, Share spent more than \$102,000 on family assistance, up 50 percent from the previous fiscal year.

Non-profits that help the needy in Northern Virginia are seeing a dramatic increase in demand, needy families and individual finding their way to food pantries to stave off hunger, seeking help to acquire school supplies for their children, needing money to forestall an eviction or having the phone or electricity in their home turned off.

"People used to come here for food. Now they're coming for everything," said Therese Dyer-Caplan of Share.

EDITORIAL

Northern Virginia's economy is buffered by the presence of the federal government and the many private contractors that earn billions of dollars a year in government business. But the downturn has arrived, as local governments well know, with the drop in home values squeezing local budgets.

Help

Here is a partial listing of local organizations that help the needy, every one is facing intense and increasing demand for services.

- ❖ SHARE of McLean, www.shareofmclean.org, 703-284-2179
- ❖ Reston Interfaith, 703-787-3100
- ❖ Herndon-Reston FISH (For Immediate Sympathetic Help), 703-391-0105_
- ❖ Food for Others, Food for Others, www.foodforothers.org, Fairfax, 703-207-9173
- ❖ FACETS, 703-352-5090
- ❖ Northern Virginia Family Service, Oakton, 703-385-3267
- ❖ The Good Shepherd Alliance, Inc., 20684 Ashburn Road, Ashburn, 703-724-1555
- ❖ Our Daily Bread, 10777 Main Street #320, Fairfax, 703-273-8829
- ❖ Shelter House, www.shelterhouse.org, operates two homeless shelters in Fairfax County, in Centreville and Seven Corners. 571-522-6800
- ❖ Committee for Helping Others (CHO), Vienna, 703-281-7614

But housing costs, rising food costs and soaring gas prices are pushing many families in Northern Virginia to the brink of homelessness. Some families are forced to choose between enough food, gas in the car to get to work and medication. These are the working poor families of our region, who turn to charities, hoping that with a little bit of help they can make it through to the next paycheck.

The rising costs of food and gas are also hampering efforts of local non-profits to provide services. Organizations are facing significant increases in demand, while their money and supplies buy less than they did last year.

Pick an organization near you, and send them money, call and offer to volunteer, donate food, or contribute in any other way.

Explaining Virginia's 'Blue Trend'

McLean delegate to Democratic Convention reflects on her party's ticket.

The Connection has asked one area delegate to the Democratic and Republican national conventions to respond to the same set of questions on presidential campaign. The McLean delegate to the Democratic National Convention Kristin Cabral has sent her responses; the Vienna delegate for the Republican National Convention has not yet responded.

Q: What was for you the single most exciting moment of the convention?

A: The most exciting moment for me was listening to Obama's speech at the stadium. The Virginia delegation was seated just behind the front-and-center Illinois delegation, and we were only about a dozen rows away from the front of the podium. Obama's speech of substance and inspiration, coupled with my closeness to the action, made the moment very exciting.

Q: What was Virginia delegation's most valuable contribution to the convention?



Kristin Cabral outside of Invesco Field (a.k.a. Mile High Stadium) holding up the shirt given to the delegation by Gov. Timothy Kaine which features the symbol for "Moving Virginia Forward."

A: Our most valuable contribution was to highlight Virginia's new status as a swing state. Delegates from other states wanted to know why Virginia, a usually red state, is "in play." We happily explained our blue trend with the state-wide victories of Gov. Warner, Gov. Kaine, and Senator Webb — all of whom bring the same kind of lead-



Kristin Cabral of McLean pictured at the Democratic National Convention.

ership that Obama will bring. They are all leaders who work across party lines to get things done, instead of engaging in the same old partisan bickering.

Q: What do you see as greatest advantages of your party's ticket?

A: The greatest advantage of the Democratic ticket is that they have the judgment and temperament to lead. They have experience making rational decisions. Also, they both understand that after eight

years of President Bush, it is time for a change where the needs of the average citizen will be addressed first and foremost. The Democrats' policies will make life better for Americans by improving the economy, diversifying our energy sources, expanding health care, and strengthening our national security by improving our image in the world. Democrats get what middle-class families are going through.

SEE CABRAL, PAGE 9

THE CONNECTION

www.ConnectionNewspapers.com

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McLean

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Q&A

Cabral Discusses Convention

FROM PAGE 8

Q: Sen. Obama vs. Sen. McCain: why is your candidate a better choice?

A: Senator Obama is the better choice because he will bring change to a Washington that has been shabbily run by a Republican administration. He will responsibly bring our troops home from Iraq, and he will bring back fiscal discipline to government. He is not beholden to special and powerful interests. McCain, however, will bring four more years of the same bad Bush policies.

Q: Gov. Palin vs. Sen. Biden: Who is a better vice-presidential pick and why?

A: Senator Biden is the better pick based upon his wealth of experience on both the foreign and domestic policy fronts. As the chair of the Senate Foreign Relations Committee, he is an expert on foreign affairs. Also, he is a crime-fighter who has been instrumental in creating community-oriented policing and combating violence against women. Overall, he has spent over 35 years in the Senate fighting for the disadvantaged and the average person.

Q: Why is your party's ticket better for Northern Virginians than the other?

A: Northern Virginia is a progressive and forward-looking place. We have one of the most educated workforces, and we are a world leader in technological innovation. We are also becoming more diverse and urbanized every day. Senator Obama is a leader who brings us up to speed with our future, rather than linger in the past. He understands the need to continue our successes, such as excellent schools, and the need for improvements, such as infrastructure and transportation.

Q: What will you and your party do to win Virginia?

A: The Obama campaign and the Democratic Party are working very hard to win Virginia. Over 50 offices across the Commonwealth have opened where volunteers, such as myself, can come to phonebank or canvass. We have also registered many new voters. There is a lot of grassroots work that is underway.

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BULLETIN BOARD

To have community events listed in the Connection, send to mclean@connectionnewspapers.com. Deadline is Friday.

TUESDAY, SEPTEMBER 16

Back Pack Safety Program for children, parents and teachers, presented by spine and wellness expert, Dr. Brandon Lemuel, owner of PalmerCare Chiropractic-Vienna. Did you know that over 7,000 children are taken to the emergency room every year for back pack-related spinal injuries? Most these injuries can be prevented. Plan an evening for your family to stop by Patrick Henry Library located at 101 Maple Avenue East in Vienna, from 7-8 p.m. Bring your back pack with

you that evening and the books you carry in it. Free. Call 703-319-1212 or contact drbrandon@palmercare.com for more information.

Mamie Eisenhower Republican Women's Club Meeting, with Lt. Gov. Bill Bolling, 11:30 a.m. Army-Navy Country Club, 3315 Old Lee Highway, Fairfax. 703-323-0939.

WEDNESDAY/SEPT. 17

A Fairfax County Economic Development Authority (FCEDA) representative will be in Dranesville District Supervisor John Foust's office once a month to offer free on-site, one-on-one counseling to anyone who wants to start a business in

Fairfax County, expand an existing business in the county, or learn about other business services. These sessions are scheduled for the third Wednesday of every month at 2 p.m. at the McLean Governmental Center, 1437 Balls Hill Road in McLean. Contact Julie Ide at 703-356-0551 or visit http://www.fairfaxcountyedea.org/services_and_resources.htm, or Jatinder Kaur at 703-790-0600 or jkaur@fceda.org.

Northern Virginia Republican Business Forum Breakfast, with RNC Deputy Chairman Frank Donatelli. Tysons Corner Marriott, 8028 Leesburg Pike, Vienna. \$35. 703-922-6768.

HEALTH NOTES

Health notes are for support groups, exercise classes, blood drives and similar events open to the public at no or minimal cost. Send information to mclean@connectionnewspapers.com. Deadline is Friday.

Northern Virginia Epilepsy Group, a support group for teens and adults meets **every Wednesday** 7-8 p.m. at Falls Church High School, Entrance 1, Room 100, 7521 Jaguar Trail, Falls Church. Free. Sponsored by the Epilepsy Foundation of Virginia, for additional information, call Dana at 703-425-6660.

Balance and Beyond. Persons with Parkinson's Disease who can walk unassisted are invited to join a balance class that meets weekly on **Wednesdays** at 1:15 p.m., at the Vienna Community Center, 120 Cherry St. S.E. The classes are sanctioned by the Parkinson Foundation for the National

Capital Area (PFNCA) and are led by a certified instructor of the American Senior Fitness Association. Call Cheryl Bartholomew at 703-281-1560. To register, call 703-255-6360 and specify the "Balance and Beyond" class.

The Parkinson's Foundation offers weekly support groups (previously located at the Providence Recreation Center) for patients and caregivers. They meet **every Tuesday** at 10 and 11 a.m., at the Lewinsville Senior Center, 1609 Great Falls St., McLean. Call 703-891-0821.

Vienna Weight Watchers. Meetings at the Vienna Community Center, 120 Cherry St., S.E., Vienna are **every Tuesday** from noon-1:15 p.m. Cost is \$150 for 12 weekly luncheon sessions, payable in advance. Call 703-255-6350.

Vienna Community Center has **open gym for ages 17 and under,**

3:30-5 p.m. Monday, Wednesday and Friday. Call ahead to check on availability.

Heart and Sole. Persons with Parkinson's Disease are invited to join an exercise class that meets weekly on **Fridays and Tuesdays** at 12:30 p.m., at the Vienna Community Center, 120 Cherry St. S.E., Vienna. Care partners and family members are welcome to come and assist the PD patient. Call Cheryl Bartholomew at 703-281-1560. To register, call 703-255-6360 and specify the "Heart and Sole" class.

Body and Soul fitness classes recently began. Contact instructor for more information on individual classes; visit www.bodyandsoul.org for more classes. New students receive 15 percent discount. At McLean Bible Church, 8925 Leesburg Pike, McLean, on **Mondays and Fridays**, 9:45-11:15 a.m., free childcare, call Mary Ward at 703-754-3722.

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PHOTO BY JEANNE C. ROSENBAUM

A member of Conservatorio Profesional de Danza "Fortea" of Madrid, Spain helps a young Festival attendee try using castanets at the 2007 International Children's Festival.

CALENDAR

Send announcements to vienna@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/SEPT. 11

My Favorite Highway, We Shot the Moon and Mercy Mercedes. Rock. 7 p.m. \$15. Jammin Java, 227 Maple Ave. E., Vienna. Call 703-255-1566 or visit www.jamminjava.com.
Bat Basics. 7-8:30 p.m. Learn about the importance of bats. \$5 per child; children 12 and up Reservations required. Cub Run Rec Center, 4630 Stonecroft Blvd., Chantilly. 703-8127-9407.
Astronaut Tom Jones and Military Historian Bob Dorr, authors of "Hellhawks! The Untold Story of the American Fliers Who Savaged Hitler's Wehrmacht." 11:30 a.m.-1 p.m. at the 2941Restaurant, 2941 Fairview Park, Falls Church. Sponsored by the Vienna-Tyson's Regional Chamber of Commerce, 513 Maple Ave. West, Vienna. Register rs6.net/tn.jsp.

FRIDAY/SEPT. 12

John Eddie. Rock. 9:30 p.m. \$15. Jammin Java, 227 Maple Ave. E., Vienna. Call 703-255-1566 or visit www.jamminjava.com.
Bluegrass music by Jimmy and Moondi. 6:30 p.m. Free; bring a lawn chair or blanket for seating. the Vienna Town Green, 144 Maple Ave., E., Vienna. Call 703-255-6360 or visit www.viennava.gov.

SATURDAY/SEPT. 13

The 38th annual International Children's Festival. Sept. 13 and Sept. 14, from 10 a.m.-4 p.m. The 2008 Festival will showcase musicians, dancers, and martial artists from China, Finland, Ghana and Jordan and will feature the Canadian percussionists ScrapArtsMusic. Four stages around the park offer entertainment by more than 20 groups from this region. Tickets available online or at the gate; \$12 for adults, \$10 for children and seniors. Weekend passes are \$18 for adults, \$15 for children and seniors. Admission is free for children 2 years and under. Wolf Trap National Park for the Performing Arts. Visit www.internationalchildrensfestival.org.
ZNA Koi Show. 10 a.m.-4 p.m. See some of the most beautiful fish in the world along with a special Bonsai display and demonstration. Vendors for koi ponds, fish and plants will be present. Free. Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna. Call 703-255-3631
Secret Agent 23 Skidoo. Children's rock and 'kid-hop'; 10:30 a.m. Tickets \$8. **Steve Forbert.** Acoustic/roots, 7 p.m. Tickets \$20. **Future and Can't Hang.** Rock, 10 p.m. Tickets \$10. All at Jammin Java, 227 Maple Ave. E., Vienna. 703-255-1566 or visit www.jamminjava.com.
The American Association of University Women will hold an open house from 10:30 a.m. to 12:30 p.m. at Patrick Henry Library, 101 Maple Ave. E., Vienna. Drop by for coffee, bagels, and conversation about upcoming branch programs and special interest groups. Free. Call 703-938-1581 or visit www.aauwofva.org/branches/vienna.
The Claude Moore Colonial Farm: An 18th Century Wedding. 2 p.m. Come celebrate with the colonial farm family. Witness an 18th century style wedding ceremony. Dance with the bride and groom, and taste the traditional wedding cake. Great family activity. \$3 adults, \$2 children and senior citizens; complimentary admission with Farm membership. Weather permitting; call 703-903-9330 day of event. Explore expanded Gatehouse Shop, featuring educational materials and unique gifts. For information on programs, events and membership please visit www.1771.org. The Claude Moore Colonial Farm, 6310 Georgetown Pike, McLean. Call 703-442-7557.
The American Institute of Architects Northern Virginia Chapter workshop: How To Work With An Architect. McLean architect Randall Mars, AIA, discusses how to plan the ideal new home or renovation. How to find an architect, to communicate needs and ideas, and what to expect. Free. 10 a.m., at AIA Northern Virginia, 205 South Patrick Street, Alexandria. Registrations requested. E-mail reservations@aianova.org or call 703-549-9747.

Welcoming Special Guests

Children from Shelter House attend the International Children's Festival.

BY SUSANNA ROSENBAUM
ARTS COUNCIL OF FAIRFAX COUNTY

For Sarah Schultz, one of the most enjoyable aspects of her job as development coordinator for Shelter House, a non-profit organization providing emergency housing and supportive services in Fairfax County, is finding in-kind donations for the children and families she serves.

"Financial donations make the work of Shelter House possible, but nothing puts a bright smile on the face of a 10-year-old like a surprise trip to the theater," she said. Theater and the arts were formative elements in Schultz's own childhood, and she has fond memories of attending the International Children's Festival at Wolf Trap with her mother and sisters year after year.

When she contacted the Arts Council of Fairfax County, which has been producing this Festival for 38 years, to request a donation of tickets, Schultz was thrilled to learn that complimentary tickets, as well as gift bags and snacks, were available through the Arts Council's Special Guests Program. Each year, the Arts Council reaches out to over 60 service organizations reaching under-served or at-risk communities to invite over 3,000 children and families to attend the Festival as their special guests. Among those attending the International Children's Festival for the first

time this weekend will be some of the smiling Shelter House faces that Schultz loves.

For Schultz, the Festival affords children something beyond the fun of hands-on arts activities, roving entertainers, an Arts & Technology pavilion, and continuous performances on four stages throughout the park — it offers a wider view of the world. The diversity of Fairfax County and even of the children currently staying with Shelter House, some of whom come from Africa and Europe, is mirrored on the Festival stages.

As a child, Schultz was extremely shy and she credits the arts with helping her to become more out-going. "Normally, I would hide behind my mother's skirt," she said. But at the International Children's Festival, she saw dynamic young performers — including children her own age — and their enthusiasm touched her. "I remember the dancers coming out into the meadow and dancing with crowd. And all of a sudden I was dancing with them."

Schultz is excited to return to the International Children's Festival this weekend, once again with her mother, who brought her there for the first time many years ago, and also with her own seven-year old daughter and the children of Shelter House.



2008 International Children's Festival

The International Children's Festival is a youth-oriented festival dedicated to performing, visual, and interactive arts, held each September at Wolf Trap National Park for the Performing Arts in Vienna. The 2008 International Children's Festival will take place during the week of September 8th with the public Festival on Saturday and Sunday, Sept. 13 - 14 at Wolf Trap.

To learn more: about Shelter House, visit www.ShelterHouse.org; about the International Children's Festival, visit www.InternationalChildrensFestival.org.

Ice Cream Making. 4 p.m. Help hand-crank, and sample the results for \$1 per cup. Colvin Run Mill, 10017 Colvin Run Road, Great Falls. 703-759-2771.

Warren Brown, author of CakeLove. Discussion and book signing by local celebrity baker. 5 p.m. Barnes & Noble Booksellers, 7851 Tysons Corner Center, McLean. 703-506.2937 or www.bn.com.

Matthias Goetz paintings on canvas and acrylic glass, 12-6 p.m. Historic Pleasant Grove, at 8641 Lewinsville Road, McLean. 703-992 9612

SUNDAY, SEPTEMBER 14

Amadeus Concerts, under the direction of A. Scott Wood, opens its 28th season with "Viva La Voce," an afternoon of songs and arias from well-loved operas. Four award-winning soloists, hosted by Frank Conlon, Amadeus pianist-in-residence. Sungji Kim, Soprano; Lena Seikaly, Mezzo-Soprano; Richard Novak, Tenor; and Jay Jung, Baritone. 4 p.m. at St. Francis Episcopal Church, 9220 Georgetown Pike, Great Falls, VA 22066. Admission: \$25, including post-concert refreshments and a chance to meet the performers. Students 17 and under free. Call 703-759-5334 or visit www.amadeusconcerts.com.

ZNA Koi Show. 10 a.m.-4 p.m. See some of the most beautiful fish in the world along with a special Bonsai display and demonstration. Last year's senior koi judge came from Japan, and the fish on display came from throughout the east coast. Vendors for koi ponds, fish and plants will be present. Free. Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna. Call 703-255-3631.

The Old Dominion Chrysanthemum Society will present a one-hour descriptive program by Past President of the Potomac Lily Society, Jack Roe, discussing selection, growing, and exhibiting the true Lilies. Also, there will be an introduction of the lily bulbs available for the next growing season. At the Falls Church Community Center, 223 Little Falls Street, Falls

Church, at 2:30 PM. Free Admission and Refreshments. Call Jim Dunne 703-560-8776.
Songwriters Circle, featuring Luke Brindley, Anthony Fiacco, Shane Hines and Todd Wright. Acoustic. 7 p.m. \$10. Jammin Java, 227 Maple Ave. E., Vienna. Call 703-255-1566 or visit www.jamminjava.com.

MONDAY/SEPT. 15

Summers with Lincoln book signing. 7:30 p.m. Local author and West Springfield High history teacher James Percoco, presents his third book "Summers with Lincoln," as Richard Byrd Library unveils its new We the People bookshelf. Richard Byrd Library, 7250 Commerce Street, Springfield. Free, adults; registration required, call 703-451-8055.

Potomac Valley Shetland Sheepdog Club. 7:30 p.m. Free, open to the public. Following a short business meeting, Virginia Torsch Blöse will give a presentation on Disaster Planning for Pets, including planning for hurricanes and other types of disasters such as what to do in case of a fire. Refreshments. Bring your dog and meet other Sheltie owners and breeders. Prospective Shetland Sheepdog owners are also welcome. In the meeting room of the Dunn Loring Firehouse, 2148 Gallows Road, Dunn Loring. www.PotomacValleySSC.com.

Nature Snoopers: Monarchs in the Meadow. 2:30-3:30 p.m. Tag Monarchs and track their flight. \$4 per child. Suitable for age 5-6. Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. 703-631-0013.

TUESDAY/SEPT. 16

Kyle Patrick and Jess Ruben, with Chelsea Lee. Pop/acoustic. 7:30 p.m. \$10. Jammin Java, 227 Maple Ave. E., Vienna. Call 703-255-1566 or visit www.jamminjava.com.

Michael Scott will read and sign "The Magician" at 7 p.m. at Borders Fairfax. Call 703-359-8420. After fleeing Ojai, Nicholas, Sophie, Josh, and Scatty emerge in Paris, home for Nicholas Flamel. For Flamel, the Prophecy is becoming more clear.



Susan La Mont, "Flowers of the Valley," oil on linen, 48" x54", painted in 2008.

McLean Artist Exhibits in Centreville

McLean resident Susan La Mont is currently showing 37 realist oil paintings at the Washington Technology Park in Centreville. The exhibit is called "A Wide Angle View" and includes subject matter from still life and landscape to cityscape, figures in interiors, and social commentary.

The show runs through the end of September, and the building is open Monday through Friday from 10 a.m. to 6 p.m. The address is 15010 Conference Center Drive in Westfields Corporate Center, Centreville.

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Pedestrian Friendly Ideas

FROM PAGE 5

Potts, who also chairs the McLean Planning Committee, members generally agreed that a main concern would be connecting existing stretches of sidewalk.

Scott Southworth said he found the area of Holmes Place and Old Dominion Drive to be dangerous and fraught with speeders, and he suggested that some traffic-calming measures be taken there.

Molly de Marcelus said she would like to see the trails around Pimmit Run integrated into the plan, and Bob Nagel said he lived too far from downtown to walk there but that he and his neighbors would like an easy way to bike to the area.

Potts wondered how large a radius should be considered, and the consensus was that a broad area should be connected to the business center.

Marlene Severson suggested that there should be walkways from McLean and Langley high schools and Cooper Middle School to the downtown area, saying she would like her children to be able to bike from school to their music lessons at Music and Arts and then

home. Southworth said he wanted to see bike routes north to Great Falls and south to the W&OD Trail.

Wade Smith said people would bike from five or six miles around, given the opportunity and some better attractions. "Downtown McLean will become a recreational destination for bike riders," he said.

THE GROUP could focus on a few anchors, such as the high schools and middle school and the McLean Community Center, to lay out a basic skeleton for the pedestrian system, Rob Jaffe suggested.

After some discussion, the team was broken down into four sub-groups, each dealing with a specific topic — sidewalks, pedestrian safety, streetscapes and trails.

Chris Wells, the county's pedestrian program coordinator, told group members they should also decide where they might want amenities such as street art or wider sidewalks for social walking.

In places where no right-of-way existed for walkways, Wells said, the construction of sidewalks could depend on future redevelopment. If there were such a site

where the task force wanted to put, for example, street art and an arterial walkway, they might want to work to convince the property owner to relinquish the necessary right-of-way. "It is very challenging, retrofitting an older, built-out, urban environment like this," he said, warning that the team might not be able to get everything it wanted.

Although nominations from the region for changes to the county's Comprehensive Plan were due in the summer, Foust said he thought he could submit any necessary plan changes for downtown McLean as out-of-turn amendments because it is an official revitalization area.

After the meeting, Foust said the task force was part of the fulfillment of his campaign promise to work on creating a revitalized, pedestrian friendly business center. Some of the members were people he knew, while others had approached him at spring meetings on the topic of creating a Main Street downtown and had offered to help with any revitalization efforts, "and I kept their names," he said.

CRIME

MCLEAN DISTRICT STATION (DISTRICT 3)

LARCENIES

- 2800 block of Annandale Road.** Money stolen from school.
- 1700 block of Baldwin Drive.** Bicycle and scooter stolen from residence.
- 2800 block of Gallows Road.** Gym bag stolen from vehicle.
- 2900 block of Gallows Road.** Tool bag stolen from business.
- 2000 block of International Drive.** Purse stolen from business.
- 2800 block of Juniper St.** Catalytic converter stolen from vehicle.
- 9300 block of Lee Highway.** Bicycle stolen from residence.
- 8300 block of Leesburg Pike.** Camera stolen from residence.
- 7500 block of Leesburg Pike.** Purse stolen from vehicle.
- 9600 block of Symphony Meadow Lane.** License plates stolen from vehicle.
- 7200 block of Tyler Ave.** GPS stolen from vehicle.
- 8000 block of Tysons Corner Center.** Wallet stolen from business.

VEHICLE THEFTS

- 1400 block of Chain Bridge Road.** 2002 Honda Accord.
- 7400 block of Nigh Road.** 1989 Ford F250.
- 7700 block of Tremayne Place.** 2000 Lincoln Town Car.

FAIR OAKS DISTRICT STATION (DISTRICT 8)

LARCENIES

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7336 Howard Ct	\$424,987	9/10-5/8 & Sun 1-4	Arada Suwadee Grantz	Weichert	703-821-8300
6512 Roosevelt St	\$474,900	Sun 1-4	Roz Drayer	Prudential	703-720-5560
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1632 Morrill Ct	\$749,900	Sun 1:30-4:30	Cecelia Lofton	Weichert	703-821-8300
1015 Northwoods Trl	\$1,295,000	Sun 1-4	Theodora Metin	Weichert	202-256-2163
6636 Hazel Ln	\$1,895,000	Sun 1-4	Margaret Hamaker	K.D. Hamaker	703-533-1188
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To add your Realtor represented Open House to these weekly listings, please contact
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VIEWPOINTS

What did you like most about two parties' conventions?

— ANDREW JOHNSON

Joe O'Neill, Vienna, Accountant



Palin really impressed me as well. She introduced herself to people in a powerful way, and it was under a lot of pressure too. She handled herself very well. I also really enjoyed Romney's speech.

Heather Perry, McLean, Homemaker



We watched both conventions and I was most impressed, by far, by Sarah Palin's speech. I was literally in tears. It's great to have a woman who represents so much about what being a mother is in the mix. She brings a whole new light to the whole process, one that not a lot of people were expecting.

Kareem Farah, McLean, Student



I really liked Barack Obama's speech.

Paula Donovan, Great Falls, Therapist



First off, seeing Ted Kennedy come out was truly inspirational. It was a reminder of everything he has done for the country, and I'm glad to see that he is well. I was also very impressed with Mark Warner's speech. Obama's speech was definitely the biggest highlight for me though. It was amazing, and I was in awe with his ability to handle it with so many different agendas. He was able to connect with so many people.

A lowlight for me would have to be Palin's speech. As a woman, I was embarrassed by her nasty and mean comments about Obama.

SCHOOL NOTES

Send School Notes to vienna/mclean/greatfalls@connectionnewspapers.com. Deadline is Friday.

Katrina M. Gumbinner, homeschooled in Great Falls, has been named as a 2009 National Merit scholarship semifinalist.

William M. Brumas and Jennifer H. Suh, both of Langley High School, have been named as 2009 National Merit scholarship semifinalists.

Paul Capp, Anthony M. Charles, Zachary B. Charles, Adam N. Scott, Athreya J. Tata and Miles A. Zinni, all of McLean High School, have been named as 2009 National Merit scholarship semifinalists.

Rachel Lauren Brown of Great Falls, a senior majoring in religious studies and history, has been named to the spring 2008 dean's list at the University of Rochester, Rochester N.Y. Brown is the daughter of Steven and Beth Brown.

Several students from Fairfax County high schools have been named finalists in the 2007-08 Virginia High School League Writing, Photo, Design Contest. Winners will be announced at the 2008 VHSL Championship Journalism Workshop, Oct. 18 and 19, in Richmond. The finalists include:

Newspaper staff of McLean High School, in the Editorials category.

Bonnie Fishel of Madison High School and **Dan Copans** of Madison

SEE SCHOOLS, PAGE 17

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SCHOOLS

FROM PAGE 16

High School in the Bylined Personal Opinion, Column category.

Marguerite Schauer of McLean High School, and **Dan McEnrue** and **Ben Chun** of Madison High School in the Review category.

Tehrim Umar of Langley High School and **Cranley Lockhart** of McLean High School in the Photo: News, Feature category.

Talia Roth of McLean High School in the Photo: Sports category.

Annie Kim of Madison High School in the Front Page Layout category.

Stephanie Browning of Langley High School in the Advertising category.

Group AAA Yearbook:

Oakton High School in the Concept Packaging category.

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Starshine Theater of Great Falls is now enrolling its Fall Performing Arts Workshops for ages 1-18 years. The full-production play for ages 6-18 is the Greek classic, "The Odyssey." All enrolled students receive speaking roles and leads in song, dance and action scenes. Rehearses in Great Falls and performs in late January. Contact Patricia Budwig for additional classes. 703-790-9050 or StarshineTheater@aol.com.

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FAITH

Faith Notes are for announcements and events in the faith community. Send to mclean@connectionnewspapers.com. Deadline is Friday.

Homecoming & Anniversary Celebration. Shiloh Baptist Church celebrates 135 years of ministry. Sunday, Sept. 14: 11 a.m. - Homecoming Worship Service; 3:30 p.m. - Anniversary Worship Service, Guest Preacher Rev. Todd A. Brown, Pastor, First Baptist Church of Chesterbrook. Dr. Robert F. Cheeks, Jr., Pastor, Shiloh Baptist Church, 8310 Turning Leaf Lane, McLean. 703-893-8982. www.sbcmclean.org.

Alpha for Teens. Each week the youth will meet together for a meal, a talk on topics such as, "Who is Jesus?", "Why Did Jesus Die?", "How Can I Be Sure of my Faith?" and "Does God Still Heal Today?", followed by small group interaction. Sunday Evenings Beginning Sept. 14, 5 p.m. Praise Service 5 p.m., Dinner 6 p.m., Alpha for Teens 6:30 p.m. Contact Pastor Eric Song, 703-356-3312. **Trinity United Methodist Church**, 1205 Dolley Madison Blvd. McLean. www.umtrinity.org.

St. Luke's United Methodist Church Food Drive. Donate non-perishable food and toiletries for a local food bank. Drop off items Saturday, Sept. 20, between 10 a.m.-1 p.m. at St. Luke's United Methodist Church, 7628 Leesburg Pike, Falls Church (one mile east of Tysons Corner Mall). 703-893-9220.

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SPORTS

PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION



Langley lost to Herndon High in its first match (pictured) of the new season before bouncing back with a victory over Jefferson.



FILE PHOTO

Former Mount Vernon High baseball coach Jim Linza is the newest member within the McLean High activities' office.

Langley Volleyball is Younger

Saxons coming off region championship season.

BY RICH SANDERS
THE CONNECTION

The Langley High girls' volleyball team graduated seven players from last year's Northern Region championship squad that went all the way to the Virginia State AAA finals. But the Saxons, despite the numerous losses to graduation, still have lots of talented players on this year's roster.

LANGLEY COACH Susan Shifflett said it might take a while before this year's younger, less experienced varsity squad comes into its own. But once the Saxons do get more experience playing together and gain a better comfort level as the season moves on, she believes her squad will be a cohesive unit with good potential.

"We have a lot of work to do," said Shifflett. "We're young, but they are very talented individuals. They need to learn my system. It will take half a season [to come around]."

Following its first six matches, Langley was a steady 4-2. The Saxons had a good showing at the recent 40-team Showcase Tournament at the Convention Center in Richmond Aug. 29-30. There, they competed in the second division field of teams where they won three of their four matches. They opened with a victory over Douglas Freedom High (Richmond), and then defeated a Lynchburg area school in their next match. Langley lost its third match to First



Saxon coach Susan Shifflett has a younger squad on the floor this season.

Colonial (Virginia Beach) in five games before wrapping up its trip with a win over Ocean Lakes, another Virginia Beach team.

The large tournament field in Richmond consisted of such teams as Deep Run (Glen Allen), Princess Anne (Virginia Beach) and Cox (Virginia Beach). At last year's state finals, Langley fell to Deep Run.

With all of the vast talent of teams in Richmond, it was an outstanding opportunity for Langley to go up against some top-notch competition before the start of the upcoming Liberty District schedule.

"It had the best teams in the state," said Shifflett, of the early season tournament. "They were all there."

Shifflett said teams were seeded at the tournament based on last year's success and this year's returning experience. Overall, Langley went into the tourney seeded 20th overall of the 40 teams.

Key returning players for Langley this season include seniors Logan Sebastian (outside hitter) and Mattie Gray (opposite). Both are serving as Saxon co-captains this season. Also, talented players such as junior setter Elyse Richardson, sophomore Audrey Dotson, a standout player in the middle, and Kathryn Caine are back in the line-up.

Sebastian, who is tabbed to play the sport at the University of Delaware next school year, earned First Team All-District honors for the Saxons in 2007. Richardson, meanwhile, was a Second Team selection.

THERE IS A NATURAL pressure for this year's Langley team to succeed after the success the Saxons had a year ago when they defeated Chantilly in the region finals.

"I think they realize there is a lot of pressure this year because of how well we did [last year]," said Shifflett. "But we're feeding off last year's success."

The Langley program has been among the best in the region for numerous years. The Saxons have qualified for regionals nine of the past 10 years. And Langley has qualified for state tournaments in both 1999 and last year.

In a match on Sept. 2, Langley opened its region schedule with a loss to visiting Herndon in four games (25-27, 25-20, 27-29 and 20-25). Herndon (7-0 record), a member of the Concorde District, is considered one of the better teams in the region this season. Last weekend, the Hornets took first place in their own eight-team Sixth Annual Herndon Invitational.

Linza Joins Highlanders

Popular local sports figure will work under Highlander AD Herman.

BY RICH SANDERS
THE CONNECTION

Those who have followed Northern Region baseball over the years will probably recognize the new face in the McLean High School activities office these days.

That face belongs to Jim Linza, the former Mount Vernon High baseball coach and one of the leaders of the local baseball coaching fraternity.

Linza will work under Tom Herman, the McLean High Director of Activities, and alongside Kathy Veoni, administrative assistant in the office.

"Those are the two I work with day-in and day-out," said Linza, who began his new duties at the beginning of the school year. "They're fun to be with. We have a good, young group of coaches [at McLean] that I've met so far."

Linza, a Madison High graduate, was an assistant baseball coach at Robinson High the past two years (2006-'07). Prior to that, he was at the helm of the Mount Vernon High baseball program from 2001 through 2005. There, he led the Majors to three national District titles.

This past summer, Linza helped coach his son's team within the Vienna Little League. His son's name is Jimmie Linza. The first

SEE HIGHLANDERS, PAGE 20

SPORTS

AREA ROUNDUP

McLean High School announced the hiring of new assistant director of student activities **Jim Linza**. Linza comes to McLean from Robinson High. He received his Master degree from George Mason University in Educational Leadership.

Kristen Haynor (Madison High School graduate) scored her team's lone goal as the University of Mary Washington (Fredericksburg) women's field hockey team lost to No. 17 ranked Lynchburg, 5-1, on Sept. 3. The collegiate game took place in Lynchburg. Mary Washington, with the loss, fell to 0-2. Haynor, an Oakton resident, scored on assists from Emma Jones and Sarah Pierson with 13:06 left in the game. Mary Washington sophomore goalie Chrissy Bowdren (Fairfax Station/Robinson High) had five saves for the Eagles.

McLean Youth Soccer's REAL McLean (boys U-16) team won the Classic Division of the OBGC Capital Cup Labor

Day Tournament in Columbia, Md. The team posted an undefeated record with four wins, allowing only one goal during the tournament. The REAL is coached by Matt Leiva and plays in Div. 2 of the National Capital Soccer League (NCSL).

McLean Youth Basketball is seeking experienced adults willing to coach a select/travel team for the upcoming winter season. Interested persons should contact Jeff Goettman at JGoettman@cameronblue.com or Gerry Megas at gerrymegas@aol.com.

The Langley High women's crew team has a new head coach. Matt

Fanny will lead the Saxon women this upcoming spring. Fanny rowed, managed and coached at Drake University in Des Moines, Ia., and later coached the men's and women's teams at West Virginia University. To learn more about the Langley crew team, parents and students can attend the Crew Information Night, on Wednesday, Oct. 1 at 7:30 p.m. in the Langley High library, or visit the website at www.langleycrew.com.



PHOTO COURTESY/REAL MCLEAN BOYS

McLean Youth Soccer's REAL McLean (boys U-16) team won the Classic Division of the OBGC Capital Cup Labor Day Tournament in Columbia, Md. The team posted an undefeated record with four wins, allowing only one goal during the tournament. The REAL is coached by Matt Leiva and plays in Div. 2 of the National Capital Soccer League (NCSL).

McLean Highlanders Welcome Linza

FROM PAGE 19

name of young Jimmie is spelled in tribute to Jimmie Foxx, baseball star of the past and current member of the Hall of Fame.

Linza recently completed his Masters degree in Administration from George Mason University.

"My administration degree was kind of geared towards sports," he said.

As the assistant director of student activities, Linza will help coordinate travel plans for the McLean High sports teams and help

create future team schedules as well.

During his past coaching days at Mount Vernon High, Linza spearheaded the creation of the Alexandria City Baseball Tournament in 2002. The annual baseball tournament, held over spring break, originally was exclusively for Alexandria-addressed teams such as T.C. Williams, West Potomac, Hayfield, Edison and Mount Vernon. Ultimately, it has turned into an invitational with teams from outside of Alexandria invited as well. Linza, with the help of West Potomac High baseball coach Jim Sullivan, will continue to help run the invitational

this spring. His duties in regards to the tournament will include scheduling, putting together the tournament bracket and lining up umpires.

Linza's love of baseball also reaches to the professional level as an associate scout for the Kansas City Royals. He has held the position with the American League organization since 2003.

He helped the Royals land local product Sean McCauley (Osborn High graduate in Manassas) in the June 2007 first year player draft.

McCauley is currently finishing up his

second year in the Royals' organization. A catcher, he played for Idaho Falls (rookie advanced league) in the '07 season.

"It's fun," said Linza, of having his hand in pro baseball. "Sean did all of the work [to get drafted]. All I did was report to the [organization] and they drafted him."

The Royals' General Manager is Dayton Moore, a South Lakes High graduate.

For now, look for Linza to be involved in the McLean Highlanders' sports scene. His love of sports and the local high school athletic scene will most certainly rub off on those around him.

PIGSKIN PROGNOSTICATORS: Week Three

Each week, **The Connection's Pigskin Prognosticators** select winners from the top prep games.

GAMES OF THE WEEK

1. Yorktown at West Potomac
2. W. Springfield at Robinson
3. South County at Edison
4. Oakton at T.C. Williams
5. Herndon at Langley
6. Chantilly at Annandale
7. South Lakes at Falls Church
8. Fairfax at Washington-Lee
9. Ohio State at USC
10. Saints at Redskins

WEEK THREE SCHEDULE:

Games played Fri., Sep. 12
 Centreville at Lee, 7:30 p.m.
 Chantilly at Annandale, 7:30 p.m.
 Fairfax at Washington-Lee, 7:30 p.m.
 Herndon at Langley, 6:30 p.m.
 W. Springfield at Robinson, 7:30 p.m.
 Hayfield at Westfield, 7:30 p.m.
 Jefferson at Mount Vernon, 7:30 p.m.
 Wakefield at Madison, 7:30 p.m.
 Stuart at Lake Braddock, 7:30 p.m.
 South County at Edison, 7:30 p.m.
 Yorktown at West Potomac, 7:30 p.m.
 Stone Bridge at Marshall, 7:30 p.m.
 W.T. Woodson at McLean, 7:30 p.m.
 South Lakes at Falls Church, 7:30 p.m.
 Game played Sat., Sep. 12
 Oakton at T.C. Williams, 1:00 p.m.



Jason Mackey

Sports Editor

Last Week: 8-2

Season: 8-2

Percentage: 80%

1. West Potomac
2. W. Springfield
3. Edison
4. Oakton
5. Langley
6. Chantilly
7. South Lakes
8. Fairfax
9. Ohio State
10. Saints



Mark Giannotto

Sports Editor

Last Week: 8-2

Season: 8-2

Percentage: 80%

1. West Potomac
2. W. Springfield
3. Edison
4. Oakton
5. Herndon
6. Chantilly
7. Falls Church
8. Fairfax
9. USC
10. Redskins



Rich Sanders

Sports Editor

Last Week: -4

Season: 6-4

Percentage: 60%

1. West Potomac
2. W. Springfield
3. Edison
4. Oakton
5. Langley
6. Chantilly
7. South Lakes
8. Fairfax
9. USC
10. Saints

McLean Football Loses at Stuart

The McLean High football team fell to 0-2 last Friday night with a 30-14 loss at non-district opponent Stuart in Falls Church.

The Raiders led McLean 18-6 at halftime. The Highlanders' first half touchdown came on a 15-yard scoring catch by Riley Beiro from quarterback Will Hecht.

McLean, under first year head coach Jim Patrick, opened the season two weeks ago with a 49-19 home loss to Annandale. The Highlanders will be looking to earn their first win this Friday night when they host W.T. Woodson.

Langley, meanwhile, won its first game of the young season last Friday night over Jefferson, 28-21, to improve to 1-1. Coach John Howerton's Saxons had opened the season with a loss at Chantilly.

Langley is set to host 2-0 Herndon this Friday night. The Hornets are coming off an impressive 27-6 home win over South Lakes. The week prior, Herndon was a week one winner over non-region foe Park View.

In other local high school football action last week, Oakton High improved its record to 2-0 with a convincing 37-7 home win over Annandale.

The Atoms (1-1) had won at McLean convincingly the week before in a week one contest, but were never in control against coach Joe Thompson's Cougars, who led 10-0 at halftime and 24-0 after three quarters. Oakton junior running back Trey Watts scored three touchdowns, two of those coming on passes from senior quarterback Chris Coyer. Also for Oakton, senior QB Ryan Harris tossed a touchdown pass to senior Jay Young from 40 yards out. Harris also ran for a score.

Oakton will travel to T.C. Williams in Alexandria for a 1 p.m. game this Saturday afternoon.

Madison High (0-2) lost at Yorktown last Friday night, 23-7. The Warhawks, who lost to Oakton in their season opener two weeks ago, will look to get into the victory column this Friday night when they host Wakefield High, a National District team from Arlington. The Warriors (0-2) lost to Hayfield, 35-21, last week.

Marshall High fell to 1-1 on the season with a 26-7 loss at Fairfax last Friday. The Statesmen, who defeated Hayfield in their season opener two weeks ago, led the home team Rebels 7-0 at halftime. But Fairfax scored 13 points in both the third and fourth

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21 Announcements 21 Announcements

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In execution of a Deed of Trust from Joseph Michael Russell, dated January 19, 2005, and recorded January 24, 2005, in Deed Book 16907 at page 1908 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on

Tuesday, September 23, 2008 at 12:15 p.m.

the following property being the property contained in said Deed of Trust, described as follows:

Lot 158, Section 3, Belvedere as the same appears duly dedicated, platted and recorded in Deed Book 969 at page 138, among the Land Records of Fairfax County, Virginia.

Commonly known as 6474 Oakwood Drive, Falls Church, Virginia 22041.

In execution of a Deed of Trust from Ronald J. Sneijder and Edwin H. Aguilera, dated February 23, 2007, and recorded March 6, 2007, in Deed Book 4075 at page 782 among the Land Records of Arlington County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Arlington County, at 1425 N. Courthouse Road, Arlington, Virginia, on

Friday, September 12, 2008 At 1:55 p.m.

the following property being the property contained in said Deed of Trust, described as follows:

Lot 12, Block 3, Forest Park Addition to Waycroft, as the same appears duly dedicated, platted and recorded in Deed Book 379 at page 452, among the Land Records of Arlington County, Virginia.

Commonly known as 4904 N. 16th Street, Arlington, Virginia 22205.

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TERMS OF SALE: A deposit of \$29,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 4.870 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the right: (i) to waive the deposit requirement; (ii) to approve or disapprove the creditworthiness of any bidder and/or purchaser; (iii) to withdraw the property from sale at any time prior to termination of the bidding; (iv) to extend the time for bidding; (v) to reject any or all bids; (vi) to postpone or set over the date or time of sale; and (vii) to extend the period of time for settlement hereunder.

Additional terms and conditions of sale may be announced at the time of sale.

DAVID N. PRENSKY
Substitute Trustee

FOR INFORMATION CONTACT:
David N. Prenskey
Chasen & Chasen
Suite 500
5225 Wisconsin Avenue, N.W.
Washington, D.C. 20015
(202) 244-4000

TERMS OF SALE: A deposit of \$100,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 4.875 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

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Washington, D.C. 20015
(202) 244-4000

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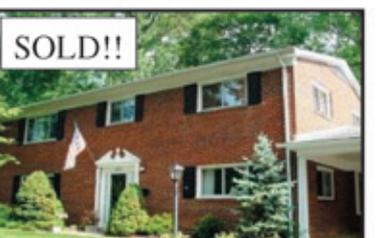
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