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Solomon Miller, 11, and Joel Salzman, 11, play in the rain of Hurricane Hanna following their performance at the Reston Multicultural Festival with their school ensemble.

Rainy Ending

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PHOTO BY ROBBIE HAMMER / THE CONNECTION

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Hanna Adjusts Triathlon

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PHOTOS BY ROBBIE HAMMER/THE CONNECTION

The 25th Annual Reston Triathlon was held on Sunday morning in Reston, with the swimming portion being replaced by an extra 2.5 mile run at the start. More photos at www.connectionnewspapers.com.

Run, Bike, Run



Sergey Zhigunov of Reston gets some quick energy while he and Jeffrey Wolfe of Herndon transition from the first stage to the second stage of the annual triathlon in Reston on Sunday morning.



Kim Baldwin of Reston, a student at South Lakes High School, volunteers her Sunday morning to help at the annual Reston Triathlon.

Reston Triathlon adjusts to hurricane's aftermath by substituting the swimming portion with an extra run.



Robert Thomas of Reston concentrates on the cycling stage of the 25th Annual Reston Triathlon.

Fostering Next Generation of Givers

Community rally for the homeless attracts young athletes.

BY MIRZA KURSPAHIC
THE CONNECTION

Reston Interfaith staff and clients will take to the basketball court with some of the sport's most influential figures of the past and present when they participate in Hoops for Homeless, a Freddie Mac-sponsored event that benefits nonprofits fighting homelessness. Wendell Byrd, former long-time coach of the South Lakes High School basketball team and teacher at Hutchinson Elementary School, will coach Reston Interfaith's team in the three-on-three tournament at the Verizon Center. In the meantime, Earvin "Magic" Johnson, a former basketball great, and Gilbert Arenas, Washington Wizards guard, will promote the nonprofit that fights homelessness in our region.

"Times are tough right now," said Kerrie

Wilson, Reston Interfaith CEO. "Times are tough for everybody." She said Reston Interfaith was grateful to be selected as one of the nonprofits that will benefit from the event. Last year's Hoops for Homeless netted \$900,000 for six participating nonprofits, including Reston Interfaith.

"This allows us to raise money for the programs right here in our community," said Wilson of the participation in this year's Hoops for Homeless, which will take place at the Verizon Center in downtown Washington, D.C., on Saturday, Sept. 13.

TO RAISE awareness of homelessness in the region, and to raise support for those who will represent Reston Interfaith during Saturday's event in downtown Washington, D.C., Reston Interfaith held a community rally for the homeless on Sunday, Sept. 7, at Southgate Community Center.

"By being here, you are helping fight homelessness," said Wilson at the rally. She said 35 percent of the homeless in the region are children and that she was encouraged to see the "kids" who took an active part in the rally to promote the fight against homelessness. South Lakes High School's boys and girls basketball teams took to the



PHOTO BY MIRZA KURSPAHIC/THE CONNECTION

Reston Interfaith CEO Kerrie Wilson and Reston Interfaith Hoops for the Homeless team captain Greg White welcome the South Lakes basketball players to the courts at Southgate Community Center.

courts at Southgate Community Center, challenging each other in shooting drills and other basketball skills.

Darryl Branch, the South Lakes High School boys basketball coach, said his players understood the importance of giving back to the community. They understood, he said, that there are people in their community who are less fortunate than they are. "We want to encourage them to give back," said Branch about the players. "They realize you get satisfaction from helping out someone."

With elementary school students present at the rally, and looking up to the high school basketball players, Branch said his players acted as role models. "They [the South Lakes players] feel good that these elementary school kids look up to them," said Branch. He added that seeing the high school players participate in a charitable rally would leave an impression on the elementary school students, some of whom may become South Lakes basketball players in the future. As a result, the players and their fans are building a tradition of giving back to the community that Branch

SEE HOMELESS, PAGE 16

Matthews Appointed To State Board

Gov. Tim Kaine appointed Reston Association CEO Milton Matthews to the Virginia Common Interest Community Board on Aug. 28. The board is charged with developing regulations to implement the professional community manager licensing regime.

ARCH Planning Meeting

The Alliance of Reston Clusters and Homeowners (ARCH) will meet with county staff regarding the planning process and documents for Reston's planning on Wednesday, Sept. 10, at 7 p.m. The meeting will take place at Supervisor Catherine Hudgins's (D-Hunter Mill) North County offices at 12000 Bowman Towne Drive.

AAUW Brunch Set

The American Association of University Women, Reston/Herndon Branch, is having a "Blue Jeans Brunch" on Saturday, Sept. 13, from 10 a.m. to 1 p.m. The brunch will be held at the Herndon Fortnightly Library on 768 Center Street. The Branch will introduce its 2008-2009 programs. All are invited to attend at no charge. For more information call Fran Lovaas at 703-318-9628 or Marilyn Silvey at 703-860-5141.

Chalk for Peace at Hunters Woods

Hunters Woods Elementary School of Arts and Sciences will participate in the 3rd Annual Chalk4Peace during the school week of Sept. 15-19. On Saturday, Sept. 20, from 9 to 12 p.m., the school is inviting the Reston community to the final day of celebration. Images of what peace means will be drawn on the sidewalks at school using sidewalk chalk and pastels. The theme is "What does peace mean to you?" Refreshments will be available.

R4 Collection Day

Reston Town Center will host the R4 Collection Day: Reduce, Reuse, Recycle, Reston on Wednesday, Sept. 17 from 1 to 4 p.m. In an effort to increase awareness and provide options for disposal, items that can be diverted from landfill will be accepted for collection at the Reston Town Center Pavilion. Reston Town Center is partnering with Clean Fairfax, The Bike Lane, Lions Club of Reston, Office Shredding, Turtle Wings, The Home Depot, Reston Interfaith and REACT for this event. For more information, or to see a list of collection items, visit www.restontowncenter.com.

Reston GOP To Host Stewart

The Republican Club of Greater Reston will host as its guest speaker Corey Stewart, the Prince William County Board of Supervisors chairman on Friday, Sept. 19, at 7:30 p.m. The meeting will take place at Reston Community Center at Lake Anne in Reston. Attendees are encouraged to bring snack or dessert to share. All are welcome. For more information call 703-904-0428.

Congressional Candidates To Attend Forum

A forum for candidates running for a congressional seat representing Virginia's 8th District will debate on Reston Community Television, Channel 28, on Monday, Sept. 29 at 8 p.m. Incumbent Jim Moran (D) and challenger Mark Ellmore (R) will make opening statements, field questions from a panel of community journalists and ask one another a question. The 2008 forum is sponsored by the Reston Citizens Association and Reston Impact.

NEWS

Looking to the Future

Southview Baptist Church celebrates 30th anniversary.

BY MIRZA KURSPAHIC
THE CONNECTION

On Oct. 7, 1977, 22 members of Herndon's First Baptist Church met to form a new church in a growing community, which was then known as South Reston, today known as Fox Mill. The first services of the new church were held at Hunters Woods Elementary School in January 1978 and 10 years later the church moved to its current location.

This past Sunday, Sept. 7, Southview Baptist Church celebrated 30 years of existence in the community, something its pastors say is increasingly more rare for a faith community. "It indicates something special," said senior pastor William Attaway, adding that on average churches these days last about six or seven years before folding.

"Average church life is not that long," said Rob Petrini, the church's Minister for Youth and Worship. "Continuity is a pretty rare thing."

However, it is not just Southview's durability that pleases Attaway, he is grateful for the congregation's attitude. "I enjoy watching how the folks here have a ministry, not only within the walls, but out in the community also," said Attaway. He cited the church's work with local nonprofits, including helping FACETS (Fairfax Area Christian Emergency and Transitional Services, Inc.) in its mission to serve the area's impoverished population with school drives and other projects. Attaway said in participating in such projects, the congregation has retained an understanding of what a faith community is all about. "For 30 years we've continued to do that," he said. "Many churches exist just to exist, this one doesn't."

In an average church, said Petrini, 15 percent of the church does 80 percent of the work. "It is not like that here, the majority does the work," he said.

WHILE THE CONGREGATION celebrated the 30 years of existence, its leadership concentrated on what lies ahead for Southview. "What are we going to do in the next 30 years," Attaway said is the question he would pose to the congregation. "I believe the best is ahead of us," he said. A measure of that

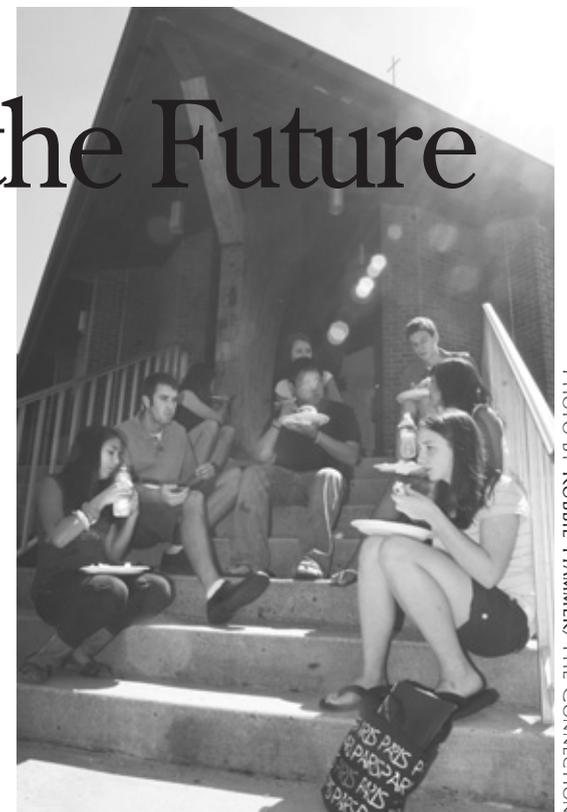


PHOTO BY ROBBIE HAMMER/THE CONNECTION

Members of the Southview Baptist Church help to celebrate the 30th Anniversary of the Reston church.

"Many churches exist just to exist, this one doesn't."

— William Attaway, Southview Baptist Church senior pastor

belief is the recently added English classes for the public. In the spring of this year, Attaway said about 25 people from 14 different nations attended the classes at Southview.

Petrini came to Southview Baptist in April 2007 after years of ministry in Australia and Italy before coming to the United States. He said he appreciates Southview's original members for their vision. Thirty years ago, he said, "Fox Mill wasn't even here," but the visionaries decided to plant a church in the area anticipating its need.

"It's a very unique part of the country, it's real busy," said Petrini of today's Fox Mill community. "You've got people here who work pretty intense jobs, yet they still have time to dedicate to the church," he said.

Petrini said Southview consists of approximately 200 members. "We're definitely a community church, so we're not going to become a mega church," said Petrini, adding that Southview's values are based on a need to teach and disciple. He added that the church would continue to look to future projects in order to remain active. Although it may be unusual to say in light of a 30-year anniversary, Petrini said, "It's not about the tradition." He added, "More of interest, to most of us I think, is where we are going."

Gathering of Area Lions

The Reston Lions Club was host to other clubs in its zone at its regular meeting on Sept. 3 at the China Star Restaurant in Reston. State tax regulations, district events and reports were discussed. Officers from the participating clubs, from left, are Jim Vertrees, South Riding; Todd Horting, Sterling; Jim Ryan, Reston, and William Alkire, Great Falls.



PHOTO BY GERRY WASHBURN/RESTON LIONS CLUB



The Traveling Players' Middle School Ensemble presents "The Doctor in Spite of Himself" by Moliere during the 8th Annual Reston Multicultural Festival on Sept. 6. The festival was cut short due to the rain brought by Hurricane Hanna.



Area children try a variety of activities at the Multicultural Festival.

Hurricane Brings Early End to Festival

PHOTOS BY ROBBIE HAMMER
THE CONNECTION



Hurricane Hanna brought heavy rain to the northern Virginia area on Saturday, cancelled many events and caused hazardous road conditions.

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Fun after the Rainfall

A photo taken in the common area behind a home in Moterey Estates on Saturday, Sept. 6, as tropical storm Hanna passed through the area. Neighborhood children found a drainage ditch that was flooded and made the best of it with floats and sleds. Pictured, from left, are: Trey Venable, Max Miller, Grace Cahoon, Emily Hudenburg, Erin Persil, Annie Goll, Stephen Persil, Jonah Goll, Emma Cahoon, Thomas Miller, Jarrett Gulakowski, and Brennan Gulakowski.

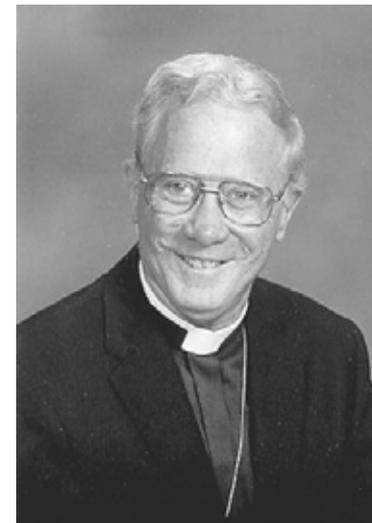
New Pastor at Christ the Servant

The members of Christ the Servant Lutheran Church in Reston recently called the Rev. Dr. Phillip Carl as their new pastor. A Service of Installation for him will be held at the church on Sunday, Sept. 14, at 3 p.m.

Pastor Carl earned a bachelor's degree in English from Carthage College in Kenosha, Wisc. He worked as a high school English teacher while attending seminary at Hamma School of Theology at Wittenberg University in Springfield, Ohio and earning his master's of divinity degree. He also received a master's of theological studies degree from Hamma. Pastor Carl went on to complete a doctorate of ministry degree from Trinity Lutheran Seminary in Columbus, Ohio.

In addition to serving in parishes, Pastor Carl has worked at a home for senior citizens. He has also been involved in outdoor ministry programs.

Pastor Carl and his wife Marilyn will celebrate their 35th anniversary at the end of December. They are natives of Ohio and most recently lived in northeastern Ohio where Pastor Carl served his call



The Rev. Dr. Phillip Carl

to Advent Lutheran Church.

Christ the Servant Lutheran Church was formed in 1975 and is part of the Evangelical Lutheran Church in America (ELCA). The church is located in the Hunters Woods Shopping Center adjacent to the Reston Community Center. Christ the Servant is one of the original sponsoring religious organizations of Reston Interfaith and continues to participate in community outreach efforts. Sunday worship is at 10 a.m. with Sunday School for all ages at 9 a.m.

Keeping On Track After Performing in 'Les Misérables'

Reston teen prepares for new challenges after impressing on national stage.

BY MIRZA KURSAHIC
THE CONNECTION

As most high school seniors do, Sally Horton is applying to colleges and enjoying her final year with classmates she has known since seventh grade. The Reston resident who attends Oakcrest School in McLean, is a tennis player, a National Honor Society member and a ballet dancer and teacher, among other things.

However, it is her knack for acting and singing that earned her a spot on a national stage as she landed a role in the ensemble cast of the musical "Les Misérables" for all 13 performances at the Wolf Trap National Park for the Performing Arts. The run ended on Sunday, Sept. 7.

"I had five performances this weekend and today I have to come to school," said Horton the follow-



PHOTO BY MIRZA KURSAHIC/THE CONNECTION

Sally Horton

ing day. "It's hard," she said. However, she added, "I just keep going."

Some of the Oakcrest School faculty and staff attended one of the performances at Wolf Trap. Anne Miller, the chorus director at the school, said Horton was wonderful. "Her ability to become the role has really advanced with her age," said Miller. "When she steps on that stage, she becomes the role. She is just very talented, a natural talent combined with the willingness to work hard," said Miller.

Horton was one of 18 teenagers selected for the ensemble cast for all 13 performances from Aug. 29

to Sept. 7. "I've always loved performing," said Horton, but added that she had always been shy to perform for an audience. The shyness, however, went away when she stepped on a stage in a musical in ninth grade, she said. "The fact that you can just get on stage and sing" is fun, she said. "When you're performing for a crowd you're singing them something to enjoy," said Horton.

"She refers to herself as shy," said Ellen Cavanagh, the head of school at Oakcrest. "I would say she is unassuming."

WHILE HORTON SPENT the late part of this summer preparing for the 13 performances at Wolf Trap, she spent the previous summer in a different arena. She was a part of an international selection that headed to Scotland to study ballet with the Russian Ballet Society. She also teaches ballet for two weeks each summer to children ages four to 10 at Margaret Haddad's studio in Great Falls. "Teaching ballet has helped me so much," said Horton. She said teaching younger dancers the basics of ballet improves her dancing skills, which in turn improve her ability to act on stage. "The

intricate details get rejuvenated," said Horton. "Also, I love working with the kids."

While the time spent on stage at Wolf Trap was fascinating to Horton, as was the time spent in Scotland last summer, she is not looking to the past. She will perform in a fall show, The Miracle Worker, with Gonzaga College

"When you're performing for a crowd you're singing them something to enjoy."

— Sally Horton, Reston resident

High School's Dramatic Association. A week after the curtains are closed on that show, Horton will take part in the Nutcracker production with Haddad's ballet studio.

In the meantime Horton will continue to attend school, earn results on the tennis courts and apply to colleges, where she would like to continue participating in the performing arts. "New York has always fascinated me," she said about her college choices. "I'm also looking into Australia, because that's where my family is from."

Cavanagh said Horton has proven over the years that she has

the ability to juggle her many responsibilities and be effective in all she does. "She is obviously talented," said Cavanagh. "She is a quiet, but a very deep, person."

HORTON'S CONFIDENCE, said Cavanagh, has grown each year since the Reston resident enrolled at Oakcrest in seventh grade. She said that confidence is a result of the experience she gets at Oakcrest, the experience of the relationships between the students with each other and the students with the staff and faculty. "We provide them with that opportunity to discover themselves," said Cavanagh. "She's just come right up."

Although she is moving on to new challenges, Horton is also taking in the experience of having performed on a national stage. While the cast of "Les Misérables" traveled to New York for preview shows at West Point, Horton said the magnitude of performing at Wolf Trap was far greater, in large part because the stage is located in the community where her friends and family could see her perform. Her parents saw the show twice.

"It's kind of embarrassing how proud they are of me," she said.

CRIME

Activities reported by the Reston district of the Fairfax County Police Department through Sept. 5.

MALICIOUS WOUNDING/ARREST

1300 block of Lake Fairfax Drive. Police are investigating a malicious wounding that left two people injured on Saturday, Aug. 30. Officers were called to Lake Fairfax Park at 6:30 p.m. for a stabbing. An investigation determined a large group was attending a family reunion. An argument arose between several women and two were cut with a knife. A 28-year-old Alexandria-area woman was transported to Inova Fairfax Hospital and treated for non life-threatening injuries. A 23-year-old Reston woman had minor injuries and refused medical attention at the scene. A 25-year-old Washington D.C. woman was transported to the Fairfax County Adult Detention Center and charged with drunk in public. A 19-year-old woman from Dale City was taken into custody on an outstanding warrant from a neighboring jurisdiction. The investigation is ongoing.

RCTV SCHEDULE

For more information about the shows and channel, and to see many of these shows in their entirety, visit www.rctv28.com.

THURSDAY/SEPT. 11

9:30 a.m. Body Quest Pilates
10 a.m. Strength Advantage
11:30 a.m. Real Estate Showcase
4:30 p.m. Real Estate Showcase
6:30 p.m. Arnette Report
7 p.m. Life with Connie
7:30 p.m. Eyes on Reston – Asian Festival
8 p.m. Toastmasters
8:30 p.m. Swingtime
9 p.m. Yoga with Cynthia
9:30 p.m. Business Focus
10 p.m. Defend Yourself
10:30 p.m. Where's MJ

FRIDAY/SEPT. 12

11:30 a.m. Real Estate Showcase
4:30 p.m. Real Estate Showcase
7 p.m. Just Another Sports Show
8 p.m. Reston Community Center Board of Directors Meeting

SATURDAY/SEPT. 13

8:30 a.m. Arts Council
9 a.m. Yoga – Yoga 360
9:30 a.m. Body Quest Pilates
10 a.m. Defend Yourself
10:30 a.m. Strength Advantage
11 a.m. Guitar Instruction
11:30 a.m. Just Another Sports Show
4:30 p.m. Real Estate Showcase
6 p.m. The Community of All People
6:30 p.m. Arnette Report
7 p.m. Toastmasters

LARCENIES

11000 block of Burywood Lane. Realty signs stolen from residence.
10000 block of Colvin Run Road. Two rings stolen from residence.
2300 block of Freetown Court. License plates stolen from vehicle.
11500 block of Glade Drive. Moped stolen from residence.
1400 block of North Point Village Center. Wallet stolen from business.
11500 block of North Shore Drive. Wallet stolen from business.
11600 block of Stockbridge Lane. Two mountain bikes stolen from residence.
11600 block of Stoneview Square. Bicycle stolen from residence.
11800 block of Sunrise Valley Drive. Two cases of beer stolen from business.
12000 block of Sunrise Valley Drive. Laptop computer stolen from business.

VEHICLE THEFTS

2000 block of Golf Course Drive. 2008 Honda Civic.

7:30 p.m. Guitar Instruction
8 p.m. Dogs Best Friend
9:30 p.m. Eyes on Reston – Asian Festival

SUNDAY/SEPT. 14

9 a.m. A New Living Way
9:30 a.m. Body Quest Pilates
10 a.m. Strength Advantage
11:30 a.m. Just Another Sports Show
4 p.m. A New and Living Way
4:30 p.m. Real Estate Showcase
5:30 p.m. Guitar Instruction
6 p.m. RCC News & Views
6:30 p.m. Connecting with Supervisor Hudgins
7 p.m. Strength Advantage
7:30 p.m. Business Focus
8 p.m. Reston Impact: Integrity in Government—Bunny Greenhouse
9 p.m. Health Focus
9:30 p.m. Where's MJ
10 p.m. Latin Profiles

MONDAY/SEPT. 15

11:30 a.m. Real Estate Showcase
4:30 p.m. Real Estate Showcase
6 p.m. The Community of All People
7 p.m. Strength Advantage
7:30 p.m. Defend Yourself

TUESDAY/SEPT. 16

9:30 a.m. Body Quest Pilates
11:30 a.m. Real Estate Showcase
4:30 p.m. Real Estate Showcase
6:30 p.m. Health Focus
7 p.m. Update On ...
7:30 p.m. Virginia Legislative Report with Del. Ken Plum: Jeanne L. Smooth, Esq., Tahiri Justice Center -

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OPINION

Our Neighbors Are Struggling

Whether or not you call it a recession, more families in Northern Virginia are seeking help with food, medicine, housing and more.

Two years ago, a busy day at Share's food pantry in McLean meant serving about seven families. Last Wednesday, 21 families showed up for food, writes Connection reporter Mike DiCicco.

In fact, demand for food from Share continues to rise, with a 20 percent increase between July and August of this year.

Meanwhile, funds for Share's family assistance program are going almost entirely toward warding off evictions and utility shut-offs, with some money paying for medications. In the last fiscal year, Share spent more than \$102,000 on family assistance, up 50 percent from the previous fiscal year.

Non-profits that help the needy in Northern Virginia are seeing a dramatic increase in demand, needy families and individual finding

their way to food pantries to stave off hunger, seeking help to acquire school supplies for their children, needing money to forestall an eviction or having the phone or electricity in their home turned off.

EDITORIAL "People used to come here for food. Now they're coming for everything," said Therese Dyer-Caplan of Share.

Northern Virginia's economy is buffered by the presence of the federal government and the many private contractors that earn billions of dollars a year in government business. But the downturn has arrived, as local governments well know, with the drop in home values squeezing local budgets.

But housing costs, rising food costs and soaring gas prices are pushing many families in Northern Virginia to the brink of homelessness. Some families are forced to choose between

enough food, gas in the car to get to work and medication. These are the working poor families of our region, who turn to charities, hoping that with a little bit of help they can make it through to the next paycheck.

The rising costs of food and gas are also hampering efforts of local non-profits to provide services. Organizations are facing significant increases in demand, while their money and supplies buy less than they did last year.

Pick an organization near you, and send them money, call and offer to volunteer, donate food, or contribute in any other way.

Help

Here is a partial listing of local organizations that help the needy, every one is facing intense and increasing demand for services.

- ♦ Reston Interfaith, 703-787-3100
- ♦ Herndon-Reston FISH (For Immediate Sympathetic Help), 703-391-0105
- ♦ FACETS, 703-352-5090
- ♦ Northern Virginia Family Service, Oakton, 703-385-3267
- ♦ Shelter House, www.shelterhouse.org, operates two homeless shelters in Fairfax County, in Centreville and Seven Corners. 571-522-6800

Plum Center for Lifelong Learning

On Sept. 4, the Fairfax County School Board named one of its centers the Plum Center for Lifelong Learning recognizing Del. Kenneth R. Plum as "a skilled, effective, and highly respected director of Adult and Community Education," who "developed Fairfax County's adult education program from a small initiative to a world-class program with unparalleled breadth and depth." According to the resolution passed unanimously by the School Board, "this center will serve as a classroom campus for adult and community education in order to meet the essential lifelong learning needs of the community." Following are Plum's remarks to the School Board.

To paraphrase a recent nominee for President of the United States, it is with profound gratitude and great humility that I thank you for the great honor you have bestowed upon me and my family in naming the Plum Center for Lifelong Learning. I could not be more honored.

When this great honor was mentioned to me as a possibility a few months ago, I was especially pleased to learn that I did not have to be dead for it to happen.

Just think! Now our region has the Washington Monument, the Jefferson High School for Science and Technology, George Mason University, and the Plum Center for Lifelong Learning.

Let me tell you what the name means to me. First, Plum will always have an asterisk beside it in my mind. And the asterisk will footnote the dozens of creative men and women who contributed to putting together one of the largest and certainly the best public school adult and community education program in the nation. For almost 30 wonderful years I held position titles that suggested that I was manager of the program; the truth is that I was the enabler. Time would certainly not permit me to name all those individuals with whom I worked, and I would certainly invariably leave someone out for there were so many. While

my name is on the building, I read it as the leader of a team of professionals that were dedicated, innovative, entrepreneurial, and caring and who made my career with Fairfax Schools one that I truly loved.

For the remainder of the Center name, Lifelong Learning, I commend you, the School Board and the Superintendent, for agreeing to this language. "Lifelong learning" means to me that an education is not the simple acquisition of facts and information at a point in time but is the development of skills of creative thinking and problem solving that will help our students to survive in a future world about which we only know is that it will be characterized by change.

In my nearly 30 years with the system, I worked with and sometimes around many school boards and superintendents. I always said and still believe that the first responsibility of a public school adult education program and of a lifelong learning center is to assist the regular school in its mission of educating chil-

LETTERS TO THE EDITOR

Congressional Debate on Cable

To the Editor:

Your editorial in the Sept. 3-9, 2008, edition stated that political debates are important for voters to get to know the candidates. The Reston Citizens Association (RCA) could not agree more. That is why RCA has for a decade now co-sponsored debates with Reston Impact on Comcast Channel 28 prior to the November elections. Every year the debate features local candidates for election and local newspaper reporters who initiate and pose the questions.

The format is excellent for voters to com-

pare candidates' positions. Each candidate must answer identical questions in turn. The reporters who ask the questions start with each candidate in turn. At the end, the candidates have the opportunity to direct a question against each other.

For the congressional election on Nov. 4, the debate will be cablecast live on Monday, Sept. 29 at 8 p.m. on Channel 28. The candidates for the 8th Congressional district are the incumbent, James Moran, and his challenger, Mark Ellmore. RCA urges Reston voters to watch the hour-long debate and learn from the process.

It is my hope that the Plum Center for Lifelong Learning can serve as a model for raising the educational level of adults and children and increasing support for public education in our community.

Most humbly I once again thank you.

— KENNETH R. "KEN" PLUM

pare candidates' positions. Each candidate must answer identical questions in turn. The reporters who ask the questions start with each candidate in turn. At the end, the candidates have the opportunity to direct a question against each other.

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Marion Stillson
President, Reston Citizens Association

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OPINION

Getting Reston Moving Again

BY JACK KENNY
PAST PRESIDENT, REPUBLICAN CLUB
OF GREATER RESTON

Congrats to the Friends of Reston on their notable achievement to collect the funds to finance the Walker Nature Education Center. This singular achievement represents a milestone in the development of Reston as a community on the move. It has been at least a long, 10-year effort with a number of hurdles.

There was significant resistance to the proposal that the association fund the project out of members' dues that led to the formulation of the Friends of Reston. Reality set in when a serious look at what was required led to virtually doubling the cost of construction several years back. Hats off to the Friends of Reston for their leadership and energy to do the heavy lifting.

The fun work begins, hiring an architect (building a "green" structure will be a significant challenge), selecting a contractor, supervising the construction, working through the punch down list, passing the county inspections, procuring the equipment; e.g., desks, chairs, telephones, computers (?), display cases, etc., moving into the facility, developing the curricula (it is an education center) and lesson plans, materials, and supplies. As Robin Smyers, president of RA states, "It will become a lifelong treasure: one that will benefit the community".

However, there is more to do. We have thus far accumulated a stack of studies on further defin-

ing and meeting the recreational needs of our members. Two initiatives have been advanced: a covered, year-round tennis facility and a covered, year-round Olympic swimming facility. There is also the need for a permanent headquarters, the need for which may come upon us sooner than we expect.

Locations appear to be the major stumbling block. Most frequently mentioned is a mega-structure at Brown's Chapel providing tennis courts, a swimming pool and community center. They may even throw in a 20,000 ft. sq. headquarters facility. First, let us get our arms around the costs and ideas. The RA Board should move expeditiously to seeking alternative ideas and cost estimates. Doubtless, it will take a members' referendum to vote the financing package.

The United States Tennis Association (USTA) has pledged \$50,000 toward the tennis facility. Tennis is one of the most popular sports in Reston. There are a number of programs and competitive matches for different ages. There is an expressed need for more year-round swimming facilities. The one pool at the Reston Community Center located in south Reston just does not come anywhere near to meeting the demand for youth to master swimmers programs not to mention an Olympic development program.

After years of just maintaining our facilities, we need to get on a roll to develop our recreational facilities. Let's consider the Nature House a start to get Reston moving again.





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POLITICS

Rally for National Candidates

State Del. Ken Plum (D-36), his wife Jane and their family hosted a cookout at Temporary Road Pavillion in Reston on Sunday evening, Sept. 7, for volunteers and supporters of Democratic presidential candidate U.S. Sen. Barack Obama. Jane Plum said the gathering was for “everybody who’s got a common interest in this November’s election.”

Ken Plum said the simple math of the upcoming presidential election makes Virginia, and Northern Virginia in particular, an important area. “The way things look right now, we don’t have 270 [electoral college] votes” needed to win the presidential race, he told about 100 Obama supporters gathered. He said U.S. Sen. John McCain certainly does not have 270 votes, but that Virginia plays an important role in determining which of the two candidates will reach the 270 mark first. “We assume here in Northern Virginia an awesome responsibility of electing the next president,” said Ken Plum.

To ensure Obama’s victory, Ken Plum said the supporters should adhere to a multi-pronged strategy that includes financial donations. In addition, he said, “Don’t underestimate the value of talking to people.” Ken Plum suggested the supporters talk to their neighbors, co-workers and fellow church members about their choice in this



Alayna Brumberg, not yet two years old, came to the Democrats rally for presidential candidate U.S. Sen. Barack Obama, and congressional candidates Mark Warner and Jim Moran, on Sunday, Sept. 7, with state Del. Ken Plum (D-36) and Anne Goldstein.

year’s election. “It really is imperative that we make this discourse a priority for the next couple of months,” said Ken Plum. He added that the supporters could probably say that Obama will be the next president of the United States, but need to be able to say that it is so because of the 13 electoral votes from Virginia. “And they are in his column because of the hard work of people in Northern Virginia,” he said.

— MIRZA KURSPAHIC

H
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SCHOOLS



New Tech Lab Unveiled

At the Academy of Christian Education (ACE) on Friday, Sept. 5, technology instructor Jennifer Lee's students anticipated getting to work in their new Technology Lab with 28 new Mac Books, as she demonstrated how they'll "learn to use technology, to use technology to learn."

PHOTOS BY CAROL NAHORNIK

ACE students Matthew Suder and Janay Bingham helped with the ribbon-cutting honors at their school's new Technology Lab that opened Friday, Sept. 5. The ceremony was led by ACE administrators Eva Russell and Donna Strater, with the assistance of Hunter Mill Supervisor Cathy Hudgins and Greater Reston Chamber of Commerce President Penny Pompei.



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THINGS TO DO

Send announcements to reston@connectionnewspapers.com or call 703-917-6451. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/SEPT. 11

C-Note Sale Exhibition Reception. Greater Reston Arts Center's annual fund-raiser, 6-8 p.m. includes a silent auction of additional works. Online preview of available art at www.restonarts.org

Author's Night. At 7 p.m., Ellen Crosby will discuss and sign her new book "The Bordeaux Betrayal" at Barnes and Noble in Reston.

SUNDAY/SEPT. 14

Concert. The Georgetown Phantoms will perform at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon, at 3 p.m. Admission is \$15 adults, \$10 students, children 9 years old or younger are free.

MONDAY/SEPT. 15

Jazz performance. Reston resident Miles Stiebel will be at Blues Alley, the jazz supper club, at 1073 Wisconsin Ave., NW, Washington, D.C. at 8 p.m. and 10 p.m. Tickets at www.bluesalley.com.

Book Club. Reston's Used Book Shop, 7:30 p.m., 703-435-9772.

WEDNESDAY/SEPT. 17

Author's Night. At 7 p.m., David Louis Edelman will talk about his new science fiction thriller, volume 2 of the Jump 225 Trilogy, "Multireal" at Barnes and Noble in Reston.

SATURDAY, SEPT. 20

Bluegrass Concert. Sunrise will perform at Holy Cross Lutheran Church at 1090 Sterling Road, Herndon at 7:30 p.m. Admission is \$12.

SUNDAY/SEPT. 21

NatureFest 2008. Event spotlights plants and wildlife of Runnymede Park, a 58-acre natural park, is located in the 100 block of Herndon Parkway, 1-5 p.m. Parking and admission are free. Call Town Forester John Dudzinsky at 703-435-6800, or go to frp.web.org for more information.

TUESDAY/SEPT. 23

Author's Night. At 7 p.m., Stephen Ruffa will be discussing his new book, "Going Lean: How the Best Companies Apply Lean Manufacturing Principles to Shatter Uncertainty, Drive Innovation, and Maximize Profits" at Barnes and Noble in Reston.

FRIDAY/SEPT. 26

Semi-Annual Used Book Sale. Special collection of used books. 10 a.m.-5 p.m. Cosponsored by the Friends of the Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700. All ages.

SEE CALENDAR, PAGE 13



Bill Folsom and Keith Tomlinson discuss release of "The Butterflies of Meadowlark."



Mona Miller places a butterfly onto Chloe Arana's hand.

Butterflies Come Home

PHOTOS BY SUSANNA TISA/THE CONNECTION

Meadowlark Gardens is butterfly habitat for native species.

BY SUSANNA TISA
THE CONNECTION

Urban sprawl in Northern Virginia has driven away nature's most fragile and beautiful creature, the butterfly. In the 1990s, only about 20 species were recorded in the area and populations were dwindling rapidly. Since then, at Meadowlark Gardens in Vienna, Keith Tomlinson's vision for an ecologically diverse habitat has attracted over 30 additional species of native butterflies that were feared gone for good.

Tomlinson joined Meadowlark 10 years ago, with a background as an interpretive naturalist, and he manages the park's collections. "My focus was to make an important transition in the nature collection to become more sophisticated and diverse," said Tomlinson. "This plant diversity promotes ecological stability, and the return of the butterflies has demonstrated this fact in an unexpected way."

Local geography and biology plays an important part in the garden's layout. The Potomac River Valley garden is highly localized, which means that butterflies can find familiar host and nectar plants clustered together. "There is a long term evolutionary relationship between the butterflies and these plants," Tomlinson said. "Once they find these plants again, and there is relative safety from ravaging deer and predators, the butterflies will stay and multiply." Nectaring plants provide food and host plants are where butterflies lay their

Butterfly Tours

Tours conducted by Mona Miller take place — weather permitting — on Sundays at 3 p.m. through the end of September and resume again in the spring. For more information, call 703-255-3631.



Mona Miller leads visitors through Meadowlark's butterfly gardens.

eggs.

RESIDENT PHOTOGRAPHER William Folsom has been taking pictures of butterflies at Meadowlark Gardens for as long as he can remember. Folsom authored a book on butterfly photography for shutterbugs and is currently working on "Butterflies of Meadowlark," a hardcover book that features photographs of the existing and reintroduced species of butterflies observed in the park. "I have been involved with this project since Keith joined and I enjoy going out to record and count butterflies. When the Potomac River Valley garden was being created, I observed a Dusky Wing female eagerly laying eggs in the flats that were waiting to be planted. The call of these native plants to the butterflies was unmistakable," Folsom said.

The Experimental Meadow was another ambitious project, where it took vision to leave a large area fallow and plant "weeds" that are butterfly host plants like Turtlehead for the rare Baltimore Checkerspot and Milkweed for the Monarch. Folsom pointed out that while these plants are not ornamental, they are real-time observatories for

the sequence of life. "When the monarchs migrate here from Mexico, they lay their eggs on the milkweed plants. The leaves become lacy and curled up. When the milkweed is stripped bare, you know the caterpillars have survived and created another generation of beautiful butterflies," he said.

BREEDING BUTTERFLIES for release into the park is also a part of the Meadowlark program, supported by Herndon resident Mona Miller. "I got interested in butterflies about 16 years ago when my son's teacher asked me to bring some butterflies out of my yard to his school. My extensive breeding program has allowed us to reintroduce and sustain populations in the park that would otherwise have difficulty taking hold," said Miller.

Since 2002, Miller has conducted a butterfly garden tour each summer Sunday from spring through fall. She starts the tour by showing visitors a butterfly chrysalis and a large caterpillar, along with eggs attached to the back of a leaf and tiny monarch caterpillars that had just emerged. Visitors can

SEE PARK, PAGE 14

CALENDAR



GRACE Reception

The Greater Reston Arts Center will host a reception on **Thursday Sept. 11, from 6-8 p.m.** to celebrate the life and vision of John Bessey through his exhibition of "Trees" and recognize the artists who have donated works of art to GRACE's annual C-Note Sale fund-raiser. "Trees" is a selection of photographs about nature by John Bessey (1949-2008).

FROM PAGE 12

Open Mike Night. Reston's Used Book Shop, 7:30 p.m., 703-435-9772.

SATURDAY/SEPT. 27

Semi-Annual Used Book Sale.

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Artist Demonstration. Reston Art Gallery & Studios at Lake Anne, 10 a.m. - 12 p.m. Featured artist: Gail Axtell-Beading.

Stream Restoration Walk. Explore Reston's watersheds and learn about the stream restoration project along Snakeden Branch from 10 a.m.-12 p.m. Wear waterproof shoes or boots, long pants and bug spray. Meet at the Hunter's Woods Village Center, 2310 Colts Neck Road, Reston, on the path near Rite Aid and Wachovia Bank. 703-435-7986.

Barktoberfest. Enjoy this festival for pet lovers which includes live music, treats, games and pets for adoption. Held at the outdoor amphitheater at Melodee Music, 46077 Lake Center

SEE CALENDAR, PAGE 14

FOOD & DRINK

The **Sept. 13** program for the **Moonlight Cabaret** at the Café Montmartre in Lake Anne Plaza will focus on songs about food and drink. Between songs, guests will participate in song quizzes and sing-a-longs. A special visit will be made by Carnac The Magnificent to mystify cabaret goers. The music and dancing begin at 7:30 p.m. A mix of ballroom, Latin, swing, and disco music will provide for a variety of dancing with tunes from the 1930s to the 1980s. At 8:45 p.m. the 60-minute Cabaret portion of the show begins.

Oktoberfest Reston will be held at

the Reston Town Center Pavilion, 11900 Market Street, Reston, on Friday, **Oct. 10** and Saturday, Oct. 11, 3 p.m. until 11 p.m. both days. Admission and parking are free. Food and drink will be available in exchange for tickets purchased onsite; each item ranging from \$1 - \$5 in value. A portion of ticket proceeds benefit INCspire, the business incubator program of the Greater Reston Chamber of Commerce.

Participating restaurants include: Clyde's of Reston, Il Fornaio, M&S Grill, McCormick and Schmick's Seafood, Market Street Bar & Grill, and Vie de France.

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CALENDAR

FROM PAGE 13

Plaza, Sterling, the festival runs from 12 – 6 p.m., with free admission.

Concert. Bill Emerson & the Sweet Dixie Band are playing at the Frying Pan Farm Park Visitor Center, 2709 West Ox Road, Herndon at 8 p.m. \$15 pre-paid reservations are recommended. Call 703-437-9101 for details.

Art Fest. The 8th Annual GWAC Youth Art Fest will be held at the Reston Town Center Pavilion, 11900 Market St., Reston. The Fest brings together professional artists, artisans and performers to share their work and talent with our youth and their families. The art competition is open to all youths K - 12. Visit

www.YouthArtFest.com or call 703-268-5626 for more information.

SUNDAY/SEPT. 28

C-Note Sale. Greater Reston Arts Center's annual fund-raiser. Online preview of available art at www.restonarts.org

Semi-Annual Used Book Sale. Special collection of used books. Noon-3:30 p.m. Cosponsored by the Friends of the Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700. All ages.

MONDAY/SEPT. 29

Fund-Raising Tournament. Herndon United Methodist Church hosts 2nd Annual Drive for Missions Golf Tournament at 9 a.m. at the Herndon Centennial Golf Course to benefit its "Volunteers in Mission" groups. The entry fee is \$100 per person. See www.herndonumc.org.



Smooth Jazz violinist and Reston resident Miles Stiebel will be performing at Blues Alley, the jazz supper club, at 1073 Wisconsin Ave., NW, Washington, D.C. on Monday, Sept. 15. Shows are at 8 p.m. and 10 p.m. Tickets may be purchased at www.bluesalley.com. Visit www.milesstiebel.com

ART

Grand opening of the ArtSpace Herndon gallery with exhibit of **Plein Air Paintings**, through **Sept. 28**, at ArtSpace Herndon at 750 Center St., Herndon. Free.

Greater Reston Arts Center will present a selection of photographs about trees by **John Bessey** (1949-2008) through **Sept. 28**. For more information, call GRACE at 703-471-9242, and visit www.restonarts.org.

Reston Triathlon 25th Anniversary Exhibit through Sept. 14,

Wednesdays through Sundays, 12 – 5 p.m., Reston Museum at Lake Anne. See the history of the acclaimed Reston Triathlon race depicted with photos, equipment, T-shirts, maps, and posters. www.restontriathlon.org

The Greater Reston Arts Center's annual C-Note Sale is Sunday, **Sept. 28**, open for art preview at 11 a.m. with light brunch provided, and sale starting at 1 p.m. GRACE will display the available works through Saturday, Sept. 27 from 11 a.m. until 5 p.m.



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Park Preserves Species

FROM PAGE 12

stroke the soft green caterpillar, which rears up for a closer look and leaves a small brown present on Miller's palm.

Children are invited to participate in the release of butterflies into the park. Chloe Arana and her mother Heather came from Loudoun County to participate in the tour on a sunny and warm afternoon, the kind butterflies favor. Arana was fascinated by the colorful creature Miller placed in the palm of her hand. "It tickles," she

giggled, while the butterfly paused briefly before taking flight into the sky.

Wending her way through the park, Miller stooped down to point out the even smallest specimens fluttering over the grass. The garden maintenance staff is acutely aware of how butterflies are affected by human activities. "By raising lawnmower blades and cutting the grass at least three inches high," said Miller, "we have preserved clover, which is the favorite nectaring plant for the Eastern Tail Blue."

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Planning for Reston's Future

With stakeholder meetings almost finished, county prepares for development plan process.

BY MIRZA KURSPAHIĆ
THE CONNECTION

Richard Newlon is a Reston resident concerned with preserving what he and his colleagues on the Reston As-

sociation Design Review Board call the essence of Reston. As Fairfax County planners meet with organizations in the community regarding Reston's future development goals, Newlon is concerned the input from the community

might not mean all that much. "We could probably write the final report today," said Newlon regarding the revisions to Reston's plan that will guide the community's development for de
SEE RESTON FUTURE, PAGE 17

REAL ESTATE NOTES

Send announcements to reston@connectionnewspapers.com or 7913 Westpark Drive, McLean VA 22102. Call 703-917-6449 with questions.

Weichert Realtors will offer free career seminars in the following area locations. Call to confirm reservations:

Herndon: first and third Monday at 5:30 p.m. and Tuesdays at 1 p.m., 13001 Worldgate Drive, Herndon. Call Jennifer Cerda at 703-709-0101. **Reston:** Wednesdays, 1 p.m. and 6 p.m. at 1760 Reston Parkway, #111, Reston. Call Bev Feitshans at 703-264-0000.

Reston Home Tour. Go on a self-conducted tour of five private homes in Reston, plus a chef demonstration at Linden Springs on Saturday Oct. 18 from 10 a.m.-5 p.m. Tickets and information available at the Reston Museum by calling 703-709-7700 and at www.restonmuseum.org.

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*Pictorial Feature

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Ashburn					
20285 Beechwood Ter., #200	\$179,900	Sat. & Sun 12-4	Linda Vane	REO	703-256-7648
44374 Sunset Maple Dr.	\$399,000	Sun 1-4	Theodora Metin	Weichert	202-256-2163
Hamilton					
16629 Swanbourne Dr.	\$849,900	Sat & Sun 11-5	Michael Severin	Keller Williams	571-223-2236
Leesburg					
42041 Brightwood Ln.	\$660,000	Sun 1-4	Bridget Allen	Weichert	540-454-0943
138 Burrell Pl., SE	\$549,000	Sun 1-4	Lisa Thurston	RE/MAX	703-652-5773
816 Cattail Ln., NE	\$335,000	Sun 1-4	Kimberly Darwaza	RE/MAX	703-250-8500
902 Octorora Pl., NE	\$599,900	Sun 1-4	Brenda Miller	Keller William	703-815-5700
19154 Ranleigh Ter.	\$399,000	Sun 1-4	Dina Azzam	RE/MAX	703-547-1449
896 Rhonda Pl., SE	\$499,900	Sun 12-4	Pravin Pania	Arne	703-742-0401
Purcellville					
18257 Oak Ridge Dr.	\$725,000	Sat 1-4	Cyndi Bauer	Long & Foster	703-726-3433
37162 Rivermill Way	\$699,000	Sun 1-4	Joy Thompson	Long & Foster	540-338-1350
Round Hill					
* This listing is our pictorial feature this week.					
35648 Glencoe Ct.	\$1,299,000	Sun 1-4	Gloria Stiltner	Prudential	703-431-8107
25 Jackson Ave.	\$369,900	Sat. 12-3	Danielle Dojczak	Century 21	540-955-2500
Sterling					
20360 Brentmeade Ter.	\$399,000	Sun 1-4	Catherine McCambridge	Samson	703-885-1582
117 Coffee Tree Ct.	\$359,000	Sun 1-4	John McCambridge	Samson	703-885-1582
204 Gordon St.	\$312,900	Sat & Sun 12-4	Linda Vane	REO	703-256-7648
46342 Sheel Ter.	\$389,999	Sun 1-4	Heather Elias	Weichert	703-777-3977
Fairfax County					
Herndon/Oak Hill					
1309 Dulles Pl	\$185,900	Sat & Sun 12-4	Phillip Chernitzer	REO	703-256-7648
888 Station St	\$615,000	Sun 1-4	Julie Hertel	Long & Foster	703-669-4380
Reston					
1602 Apricot Ct	\$439,000	Sun 1-4	Wayne Evans	Long & Foster	703-375-8410
1504 Church Hill Pl., #1504	\$319,000	Sun 1-3	Sheri Danel	Long & Foster	703-759-9190
11394 Fairway Dr	\$528,000	Sun 12-4	Agnes Rainey-McDonald	Avery-Hess	703-802-8200
1369 Garden Wall Cir., #714	\$359,000	Sun 3-5	Sheri Daniel	Long & Foster	703-759-9190
12007 Meadow Ct	\$849,990	Sun 1-4	Irene Schiffman	Weichert	703-593-7848
1338 Park Garden Ct	\$545,000	Sun 12-4	Marnie Schaar	Long & Foster	703-509-3107

To add your Realtor represented Open House to these weekly listings, please call Lauri Swift or Winslow Wacker

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or E-Mail the info to Lauri@connectionnewspapers.com

All listings due by Tues at 10 am.



PHOTOS BY MIRZA KURSPAHIC/THE CONNECTION



Members of the South Lakes High School boys basketball team play at the Reston Interfaith Community Rally for the homeless at Southgate Community Center.

Lachelle Wallace, a senior on the South Lakes girls basketball team, practices free throws prior to a competition against the boys team at the community rally for the homeless on Sunday, Sept. 7.



The Jetz, a Southgate Community Center-based cheerleading team performs at Reston Interfaith's community rally for the homeless on Sunday, Sept. 7.



Wendell Byrd and Kerrie Wilson talk basketball at the community rally held on Sunday, Sept. 7. Byrd, former longtime South Lakes High School basketball coach and Hutchinson Elementary School teacher, is one of the celebrity coaches for Reston Interfaith's team that will compete in Hoops for the Homeless, a Freddie Mac-sponsored event that will take place at the Verizon Center on Saturday, Sept. 13.

Community Rallies for Homeless

FROM PAGE 3

hopes would last a lifetime. The rally also featured performances from cheerleading squads. Thomasina Ross, a director for the Jetz All Star Cheer and Dance squad that was

started at Southgate Community Center, said it was important to participate in Sunday afternoon's community rally. Helping promote the fight against homelessness with their routine, said Ross, helps the cheerleaders develop leadership skills that will last long after they retire the pompoms.

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NEWS

Who Determines Reston's Future?

FROM PAGE 11

ades to come. He said today's final draft would include "hugely intensified densities up and down the 267 corridor," which would include some mixed use developments. He also said that if the county authors the final report, at some point it will be "revenue-driven." Newlon added, "I'm trying to keep everything designed by planners, not by developers." If he is wrong, he said, "I'll be the first to say, 'Gee, I'm sorry.'"

THE COUNTY PLANNERS will participate in the final of the series of "stakeholder" meetings on Wednesday night, Sept. 10, when they discuss the process regarding the plan review with the Alliance of Reston Clusters and Homeowners (ARCH). Gerald Volloy, the ARCH president, said the plan review is an opportunity to discuss not only the planning documents, but also the ordinances that derive from them and the processes that guide them. "Approximately 45 years ago Bob Simon put together a master plan for Reston," said Volloy. "I hope that 30 years from now, then residents of Reston, will look at the [revised] plan with the same pride" today's residents have in Simon's original vision.

The county planners held a series of meetings this summer with Reston organizations including Reston Association, Reston Association's Design Review Board, the Reston Planning and Zoning Committee and Reston Citizens Association. Fairfax County Supervisor Catherine Hudgins (D-Hunter Mill) said the purpose of the meetings is to discuss what belongs in the planning process before the process begins.

"The purpose is to make sure we hear from as many groups as possible and find how to include [their views] in the process," said Hudgins. She said she is looking to form a task force, which she hopes is not too large, that will be representative of Reston's population to develop recommendations for the plan's revision.

Arthur Hill, Reston Planning and Zoning Committee vice chairman, said that while the stakeholder meetings are important, a larger community meeting would be beneficial in order to hear input from community members who may not be part of community committees.

Marion Stillson, president of Reston Citizens Association (RCA), said the organization is paying close attention to the meetings and has initiated a Stakeholders Committee. Members of the RCA board are present at every county staff meeting and are keeping track of the issues raised. "We're filling in an issues chart so we have some objective way of measuring what issues were brought up by what group," said Stillson.

NEWLON SAID A TASK force that is planned after the input from stakeholder meetings is sifted would be better than nothing, as it would develop "some kind of a white paper," but it would be challenging to implement the task force's recommendations or to have them be heard. What Newlon would like to see is a process similar to how Reston was originally planned.

See www.connectionnewspapers.com for full story.



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Tuesday, September 30 Family Service 9:00am Adult Service 11:00am Tashlich 4:00pm	Thursday, October 9 Tot Service 9:00am Family Service 9:00am Adult Service 11:00am Afternoon Service 2:30pm Yizkor 4:00pm Neilah 5:00pm

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SPORTS

Herndon Handles Rival South Lakes, 27-6

Hornets improve to 2-0 with football win.

BY RICH SANDERS
THE CONNECTION

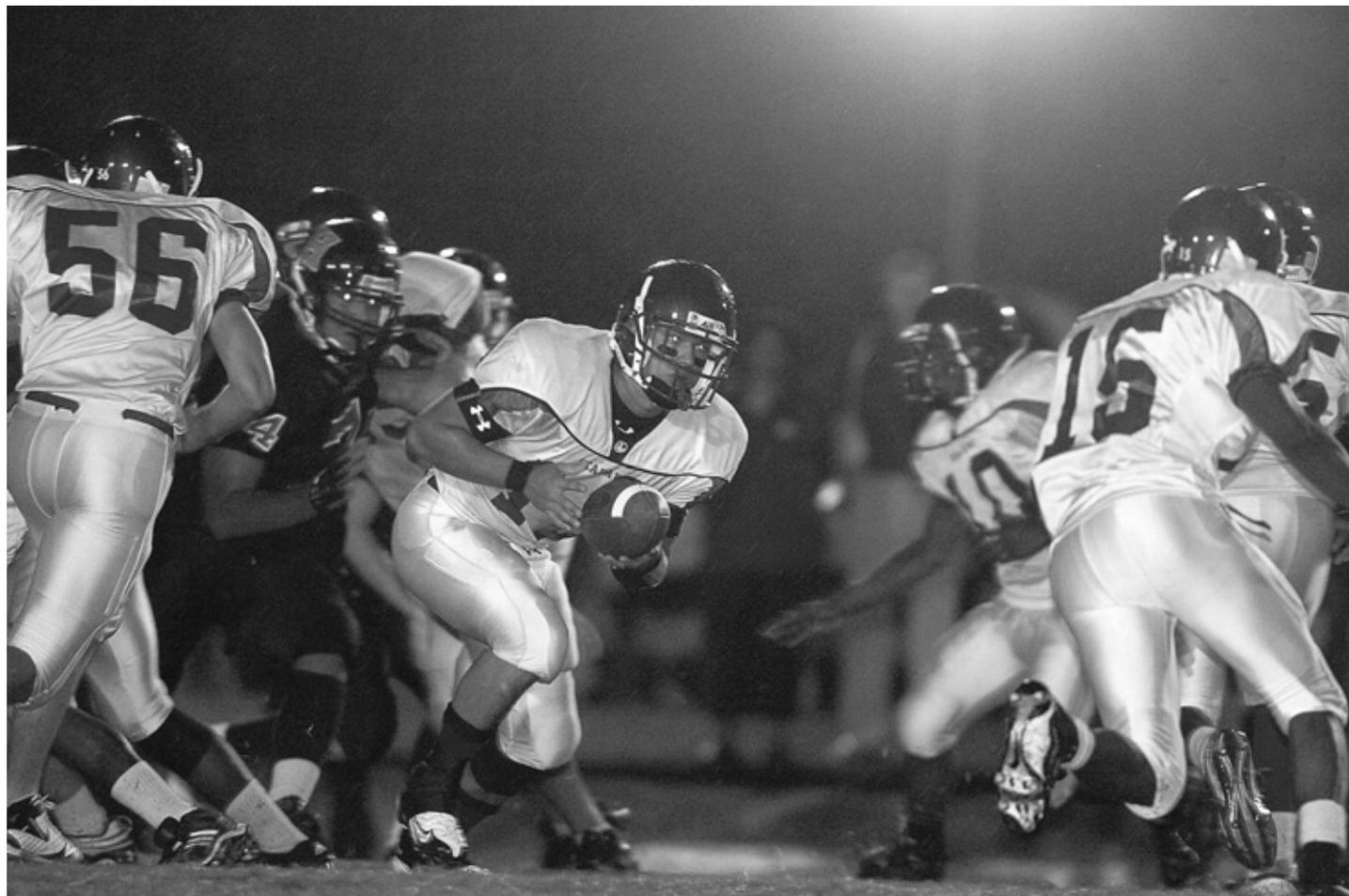
It is not often that high school football teams receive pep talks from the opposing team's head coach following games. But that was the case last Friday night following Herndon High's 27-6 win over visiting South Lakes at the annual Baron Cameron Bowl game.

Moments following the cross-town rival contest, both teams gathered at midfield for brief ceremonies. There, the winning Hornets were presented with the showcase bowl trophy, given to the game's yearly winner. Herndon, by winning on Friday, earned the right to retain the prized possession for at least another year.

It was during the postgame ceremonies that both of the game's head coaches addressed the opposing team members. Herndon coach Joe Sheaffer, whose Hornets improved to 2-0 with the early season win, encouraged the South Lakes players to continue to work hard. He told the 0-2 Seahawks he was impressed with their offensive game plan, which is geared more towards the running game after having been more of an aerial attack in recent seasons. Sheaffer also mentioned to the South Lakes squad how impressed he was with how hard the Seahawks played throughout the game.

South Lakes coach John Ellenberger, meanwhile, told the Herndon team it had played a solid all-around game.

THE RIVALRY between the two teams is, in fact, a friendly one. But it is also one in which both programs give their all in hopes of garnering a victory. For much of Friday night's game, the contest was a close one as the home team Hornets held just a 13-6 lead after three quarters. But Herndon



South Lakes played Herndon in the annual Baron Cameron Bowl game last week on Friday.

"I've been in games [with Herndon] where it was 40-0. Our guys played well tonight."

— South Lakes coach John Ellenberger

broke the game open in the fourth quarter with two touchdowns, both coming on runs from Austin Moore (9 and 6 yards, respectively).

Herndon's large, enthusiastic crowd cheered the Hornets on loudly throughout the night. South Lakes' visiting fans, also large in number, gave their players a morale boost as well with their strong backing.

The Hornets were thrilled to come out on top.

"It's a pride thing," said Sheaffer. "We really still look at this game as a good rivalry. We have lots of respect for those guys. They played their [tails] off."

Herndon junior quarterback Zack Ozycz, who completed eight-of-14 passes for 75

yards, two TDs and an interception, said he enjoys going up against the Seahawks from Reston.

"South Lakes has always been a fun game for us," said Ozycz, who threw a first quarter 12-yard scoring strike to Nick Impellizzeri (5 catches, 47 yards), and a four yard touchdown toss to Jake Stewart in the second quarter. "We love to play those guys."

The signal caller, a part-time starter last year as a sophomore, said the Hornets are playing as a team early on this autumn.

"We're all coming together," he said. "When I make a mistake, my [offensive] line is there to back me up."

ELLENBERGER SAID the game with Herndon has often been a lopsided affair in past years. But he was pleased with the way his team kept the game close much of

the way last week.

"There have not been many years at half-time where the score was only 13-6," said Ellenberger. "I've been in games [with Herndon] where it was 40-0. Our guys played well tonight."

One downer for South Lakes came when sophomore running back Ja'Juan Jones (15 carries, 77 yards, 1 TD) suffered a separated shoulder in the third quarter. Jones, the week before, had rushed for close to 200 yards in a loss to Heritage.

"That took the wind right out of our sails," said Ellenberger, of the injury to Jones.

Herndon rushed for 227 yards against South Lakes. The Hornets' top ball carriers were Zach Leach (69 yards) and Moore (63).

Herndon plays at Langley this Friday night, while South Lakes will be at Falls Church.

Herndon Volleyball Red Hot To Start Season

Hornets win their own early season Herndon Invitational event.

BY RICH SANDERS
THE CONNECTION

A year ago, the Herndon High girl's volleyball team had one of the better squads in the Northern Region. Even so, coach Pat Smith's Hornets did not qualify for the 16-team region playoffs. That was because Herndon (10-5 record in '07)

lost a first round playoff match in the brutally tough Concorde District Tournament and, therefore, did not advance to regionals.

This fall season, the Hornets are hoping to take things a step further by not only qualifying for regionals, but also being a contender for the region title.

Certainly, Herndon has gotten off to a good start this season.

The Hornets opened the schedule off with a victory in four games (27-25, 20-25, 29-27, 25-20) over defending region champion Langley earlier last week.

"It was very exciting and very gratifying to beat a team that had done so well against us in recent years," said Smith, Herndon's veteran coach. "I think Langley is a very, very strong team. I think they missed a few

more [chances] than we did, and that's what matches come down to."

Then last Saturday, the Hornets captured their own early season Sixth Annual Herndon Invitational. There, Herndon went a perfect 5-0. In early tournament pool play action, the Hornets won matches over South County, Edison and Broad Run. That advanced Smith's squad to the round of four where it defeated Hayfield in a semifinals

SEE HORNETS, PAGE 19

PIGSKIN PROGNOSTICATORS: Week Three

Each week, **The Connection's Pigskin Prognosticators** select winners from the top prep games.

GAMES OF THE WEEK

1. Yorktown at West Potomac
2. W. Springfield at Robinson
3. South County at Edison
4. Oakton at T.C. Williams
5. Herndon at Langley
6. Chantilly at Annandale
7. South Lakes at Falls Church
8. Fairfax at Washington-Lee
9. Ohio State at USC
10. Saints at Redskins

WEEK THREE SCHEDULE:

Games played Fri., Sep. 12
 Centreville at Lee, 7:30 p.m.
 Chantilly at Annandale, 7:30 p.m.
 Fairfax at Washington-Lee, 7:30 p.m.
 Herndon at Langley, 6:30 p.m.
 W. Springfield at Robinson, 7:30 p.m.
 Hayfield at Westfield, 7:30 p.m.
 Jefferson at Mount Vernon, 7:30 p.m.
 Wakefield at Madison, 7:30 p.m.
 Stuart at Lake Braddock, 7:30 p.m.
 South County at Edison, 7:30 p.m.
 Yorktown at West Potomac, 7:30 p.m.
 Stone Bridge at Marshall, 7:30 p.m.
 W.T. Woodson at Mclean, 7:30 p.m.
 South Lakes at Falls Church, 7:30 p.m.
 Game played Sat., Sep. 12
 Oakton at T.C. Williams, 1:00 p.m.



Jason Mackey

Sports Editor

Last Week: 8-2

Season: 8-2

Percentage: 80%

1. West Potomac
2. W. Springfield
3. Edison
4. Oakton
5. Langley
6. Chantilly
7. South Lakes
8. Fairfax
9. Ohio State
10. Saints



Mark Giannotto

Sports Editor

Last Week: 8-2

Season: 8-2

Percentage: 80%

1. West Potomac
2. W. Springfield
3. Edison
4. Oakton
5. Herndon
6. Chantilly
7. Falls Church
8. Fairfax
9. USC
10. Redskins



Rich Sanders

Sports Editor

Last Week: -4

Season: 6-4

Percentage: 60%

1. West Potomac
2. W. Springfield
3. Edison
4. Oakton
5. Langley
6. Chantilly
7. South Lakes
8. Fairfax
9. USC
10. Saints

Last Week's Results

Thursday's games

Edison 35, W. Springfield 34
 Fairfax 23, Marshall 7

Friday's games

Centreville 36, T.C. Williams 7
 Hayfield 35, Wakefield 21
 Herndon 27, South Lakes 6
 Langley 28, Jefferson 21
 Lake Braddock 23, Woodson 22
 Oakton 37, Annandale 7
 South County 27, Falls Church 7
 Stone Bridge 49, Robinson 7
 Stuart 30, Mclean 14
 W. Potomac 26, Mount Vernon 7
 Westfield 26, Lee 13
 Yorktown 23, Madison 7
 Chantilly 42, Washington-Lee 0

Sunday's games

O'Connell 34, Ireton 0

The Connection Top 10

1. Stone Bridge
2. Chantilly
3. Oakton
4. Westfield
5. Edison
6. W.T. Woodson
7. West Potomac
8. Robinson
9. Yorktown
10. Centreville

2008 Standings

Liberty District

School	District	Overall
Langley	1-0	1-1
Stone Bridge	0-0	2-0
Marshall	0-0	1-1
W.T. Woodson	0-0	1-1
Madison	0-0	0-2
McLean	0-0	0-2
South Lakes	0-0	0-2
Jefferson	0-1	1-1

Concorde District

Chantilly	0-0	2-0
Herndon	0-0	2-0
Oakton	0-0	2-0
Westfield	0-0	2-0
Centreville	0-0	1-1
Fairfax	0-0	1-1
Robinson	0-0	1-1

Patriot District

West Potomac	0-0	2-0
Annandale	0-0	1-1
Hayfield	0-0	1-1
Lake Braddock	0-0	1-1
South County	0-0	1-1
Lee	0-0	0-2
T.C. Williams	0-0	0-2
W. Springfield	0-0	0-2

National District

Edison	0-0	2-0
Yorktown	0-0	2-0
Mount Vernon	0-0	1-1
J.E.B. Stuart	0-0	1-1
Washington-Lee	0-0	1-1
Falls Church	0-0	0-2
Wakefield	0-0	0-2

Hornets Win Early Season Herndon Invitational

FROM PAGE 18

match before winning its title match encounter over Heritage (Leesburg). Heritage finished as the tournament runner-up, ahead of third place Broad Run (Ashburn).

"I was really impressed with how consistently they played all day long," said Smith, of the five wins over the course of one day. "It is a lot of volleyball. I think the level of play this year from all of the teams was pretty good play. Heritage and Broad Run are from Loudoun County and they have really strong programs."

At the Herndon Invitational a year ago, the host Hornets finished second behind champion Stone Bridge High.

This year's tournament MVP was Herndon High junior Steph Drahozal, a middle blocker. Participating team coaches selected the all-tournament team.

"She's very effective in the middle," said Smith, of Drahozal's play. "She was very consistent at the net, blocked well, placed her shots and served well."

Herndon's other representative on the eight-member all-tournament team was senior Jessica Strother. "Her blocking is so effective and her defense is great," said Smith, of Strother. "She's a strong hitter."

HERNDON'S TEAM captains this season are Strother and senior setter Mandy Roth. Mandy's older sister, former Hornet player Megan, is currently playing volleyball at Christopher Newport University in the Tidewater area.

"Mandy plays with confidence and she is so athletic," said Smith, of her co-captain. "She's very, very quick and she's a gamer, very competitive. She gets in games and is never lacking of effort."

Other key Herndon players include junior middle blocker Hannah Vick, a first year varsity player and the team's tallest player, and junior outside hitter Kelly Madden.

Of Vick's game, coach Smith said, "She's doing a great job and hitting in the middle for us."

Madden is coming off an '07 season in which a stress fracture in her foot caused her to miss three weeks of the varsity season. "This year, she is healthy and strong and playing all around," said Smith.

Two players who were members of the Herndon JV team last year are likely going to make big impacts on the varsity this season: junior Jasmine Johnson, an outside hitter, and senior Emily Jones, who will play the libero defensive position.

Herndon was scheduled to play matches this week against South Lakes on Monday and Robinson on Tuesday. This upcoming

weekend, the Hornets will compete at the Mayor's Cup, an annual outdoor sand tournament played at the beach in Rehoboth Beach in Delaware. The non-high school sanctioned event is a great team bond-builder, according to Smith, who has taken her squad to the Mayor's Cup for the past seven years.

Smith said her team benefited greatly from a team building experience at the Hemlock Site in Clifton on Aug. 13. The Hornets' freshmen, JV and varsity teams attended the one-day program in which team members participated in team-building exercises.

"It was good for the girls and gave them a chance to work together off the volleyball court too," said Smith.

Smith's assistant coaches this season are Brad Wright and Scott Smith, her son and the freshmen head coach.

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Preparing for the Worst

Northern Virginia hospitals upgrade their disaster response systems.

By DAVID SCHULTZ
THE CONNECTION

Planning for a disaster in Washington D.C. became a top priority after the Sept. 11 attacks. But those who focus only on the federal city when planning for a disaster are missing the point, Dr. Dan Hanfling said.

"The attack on the Pentagon was in Northern Virginia," Hanfling said. "Of the five anthrax cases, three were diagnosed in Northern Virginia. If you tease out the details of what happened, it wasn't Washington D.C. that was attacked. It was Northern Virginia."

Hanfling is director of emergency management and disaster medicine for Northern Virginia's Inova Hospitals. He is also involved with the Northern Virginia Hospital Alliance, a group that advocates for emergency preparedness in local hospitals.

The group was created by a coalition of 12 Northern Virginia hospitals shortly after the Sept. 11 attacks. The hospitals pool their resources to plan for a major disaster, natural or non-natural, in the region.

"Northern Virginia has the Pentagon and a number of CIA facilities. ... We see ourselves as a target in and of itself," said Zachary Corrigan, executive director of the alliance.

It's this kind of coordinated effort, not just among hospitals but among cities, counties and states, that is crucial to preparing for a major catastrophic event, local emergency management officials said.

"If there's another major emergency like 9/11, it doesn't impact just one jurisdiction," Fairfax County spokesperson Brian Worthy said. "It had an impact on all the jurisdictions regionally. That's why the region is taking a very coordinated response."

EARLIER THIS MONTH, the U.S. Department of Homeland Security gave \$60 million to Washington-area jurisdictions for medical and law enforcement projects to detect and respond to terrorist attacks.

Almost \$4 million of that grant will go to area hospitals to increase their ability to handle large surges of patients. With this grant, local hospitals will be able to treat 300 critically injured patients with no external help for three days after a disaster. The grant will go towards purchasing surplus medical supplies and towards devis-



PHOTOS COURTESY INOVA

The emergency department at Inova Fairfax Hospital

ing a staffing plan in the event of a disaster. Corrigan said that making a plan to have enough doctors and nurses on call for a potential disaster is the most difficult part of disaster planning for hospitals.

Inova Fairfax Hospital has the biggest ER in Northern Virginia, said James Sides, disaster preparedness coordinator there. "We're using those funds regionally to fund burn and trauma training. One of our ongoing projects is to really create a capacity to deal with large-scale burn and trauma across the region. We all work together to really figure out what our needs are at each facility and then across the region."

"Being such a large hospital makes it easier [to plan for disasters]," Sides said. "We play a key role in the region. We would be one of the main facilities to receive patients especially since we're the only Level 1 Trauma center in Northern Virginia," meaning Fairfax Inova would receive the most serious trauma patients.

The grant will also go towards upgrading the region's ability to handle large numbers of burn victims, Corrigan said. Washington Hospital Center in the District has the only dedicated burn unit in the region.

"If we had hundreds of burn patients," he said, "non-burn centers will have to provide burn care for an extended time. We're going to be training clinicians who don't do burn care to do a level of burn care for three days."

"When it comes to burn and trauma, the first three days of care will really define what the patient's life looks like," he said. "Not only for the next week but for years."

THE HOMELAND Security money will also provide new software to allow emergency rooms to track the real-time location of ambulances from every hospital in the region. According to a DHS statement, ERs will be able to monitor the treatment capacities at every local hospital.

"If you have a major incident," Worthy said, "You'd probably need more than one hospital to respond so that would require coordination."

"If you look at any risk modeling with respect to WMD and pick your favorite corner in downtown D.C., all of the conventional wisdom suggests that the bad stuff goes north and east," Hanfling said. "The citizens of D.C. will be fleeing to Northern Virginia."

This means that Northern Virginia Hospitals, especially the Virginia Hospital Center in Arlington and Inova Alexandria Hospital, will be the first responders to a major disaster in the area.

Currently, Inova Alexandria hospital has the ability to handle a surge of up to 127 patients over its normal capacity, according to Greg Brison, the director of emergency management at Inova Alexandria. "That's a third more than when we have a full house," Brison said. "We can do that in 30 minutes."

He also said that if Inova Alexandria's water supply is cut off, which happened during Hurricane Isabel in 2003, the hospital has fresh drinking water on site that will last for 24 hours. "We try to be self-sufficient so we don't have to contact FEMA," Brison said.

BRISON was at Inova Alexandria during the Sept. 11 attacks. After the Virginia Hospital Center, formerly known as Arlington Hospital, quickly filled up with victims, Inova Alexandria began to see a surge of patients.

"It was quiet here," he said. "There wasn't any panic. ... When the real thing happens and you've got professional people who are well-educated, it all just kicks into gear."

The attacks of Sept. 11 changed the way health officials in this area and throughout the country think about planning for emergencies. But Hanfling said that emergency planners are also learning from more recent disasters.

"Think about the Astrodome after Katrina or the Superdome during Katrina," he said. "There was no formal way of taking care of people there." As a result of Hurricane Katrina and its ensuing public health crisis, the Northern Virginia Hospital Alliance is working with government officials to secure public space for medical care in the event of a large-scale disaster, Hanfling



Dr. Hanfling



Corrigan

COURTESY PHOTO

Ice Storms and Other Challenges

Dr. John Sverha was at Virginia Hospital Center, then known as Arlington Hospital, when the Sept. 11 attacks occurred at the Pentagon. He said that he and his colleagues were able to handle the surge of victims effectively thanks to a well-rehearsed disaster plan and extra staff who came in that day to lend a hand.

But the situations that really challenge his ER are days with severe weather, Sverha, the head of the hospital's emergency medicine department, said. Earlier this year, an ice storm brought 90 patients into his ER within three to four hours.

"We were very busy, there were a lot of people scurrying around," he said. "An ice storm is something that is known to create an extremely busy emergency department, almost exponentially more than a snow storm. We always get on edge when we hear that there might be freezing rain. We really go into a different mode."

Disaster planning is important for any hospital. But the issues that most ERs deal with on a day-to-day basis don't involve catastrophic events.

Virginia Hospital Center's emergency room is often at capacity with patients spilling over into the waiting room, Sverha said. "Our goal is to have our waiting room empty as much as possible," he said.

Inova Fair Oaks Hospital's Dr. Douglas Smith said that the biggest challenge for his ER is the changing nature of the medical business.

Because many patients who need emergency psychiatric care don't have insurance and can't pay their medical bills, ERs across the country have eliminated many of their beds for psychiatric patients, Smith, Inova Fair Oaks' chief of the emergency department, said.

"Psychiatric hospitals are closed because they don't pay," he said. "There just aren't enough psych beds so getting [patients] somewhere is challenging."

He also said that getting specialists to treat patients in an ER is difficult because many specialist doctors are in private practice. "Every time you see a laser center, that's an ophthalmologist that's not working in a hospital," Smith said. "That's the business of outpatient surgery."

The issues that Inova Fair Oaks faces are unique because of its suburban location, Smith said. "This is a higher-end hospital because of the community we're in," he said. "We don't have a lot of homeless or IV drug users."

Inova Alexandria Hospital faces these issues differently than its Fair Oaks counterpart, said Dr. Martin Brown, the chief of emergency medicine at the Alexandria hospital.

Brown said that getting a specialist to his ER is fairly easy because Inova Alexandria is such a large hospital. While it doesn't have its own psychiatric ward, Brown said that treating psychiatric patients is not too difficult because they can be easily transferred to a new psychiatric facility at Inova Mount Vernon Hospital.

According to Brown, the biggest challenge facing the Inova Alexandria ER is a lack of beds. "There are times when the hospital is crowded and patients who need to be upstairs are still waiting for a bed," he said. "We have a task force looking at that."

Brown also said that a new wing that is currently under construction will add more space to his ER, which currently treats 150 patients a day. This new part of the building is badly needed, Brown said, because "The demand for emergency services continues to increase."

said. Doctors and policy makers are beginning to have conversations about what level of care should be expected in these types of situations after several medical ethics scandals that emerged from Katrina.

"As doctors, we're on the front lines," Hanfling said. "We're put in the untenable situation of having to make real time decisions of life or death ... The medical community writ large needs to be on the same page with regards to how we're making those decisions."

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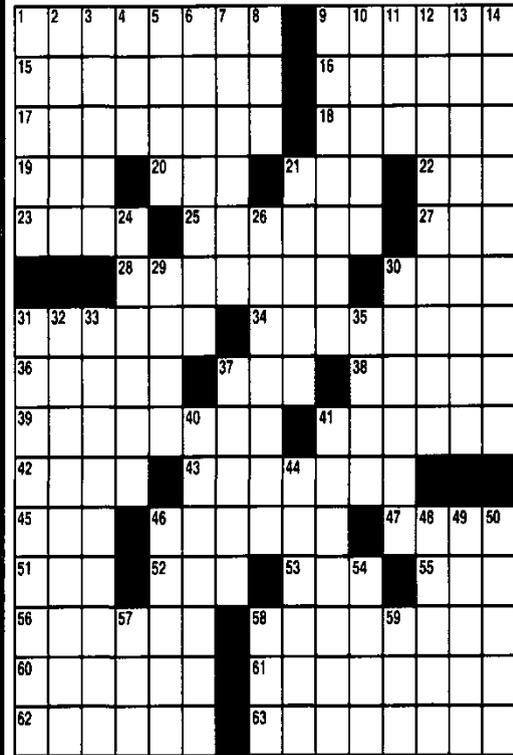
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Edited by Will Shortz

No. 0327-1



Puzzle by Rich Norris

ACROSS

- 1 "Psssst!" source
- 9 Checks (out)
- 15 Presence
- 16 Husk-wrapped dish
- 17 Simulate
- 18 Shadowy
- 19 One abroad
- 20 Poetic period
- 21 E-mail address ending
- 22 James's follower
- 23 Top
- 25 Deserts
- 27 Coll. course
- 28 "She's the One" actress
- 30 Big name in Dixieland
- 31 Breakfast order
- 34 1862 battle site
- 36 Irritates
- 37 Loser in the Seven Years' War: Abbr.
- 38 Vacation locale with 3,500-year-old ruins
- 39 Like some wells
- 41 Ease
- 42 Neckwear piece

- 43 Wink: Var.
- 45 Affect, with "to"
- 46 They take panes
- 47 Distressed cry
- 51 Arctic explorer John _____
- 52 "____ Woman" (1975 hit)
- 53 Tiny bit
- 55 Struggle
- 56 Like Federal tax laws
- 58 It's binding
- 60 Puts on
- 61 Made an aqueduct, maybe
- 62 They have sharp tongues
- 63 Bucks

- 8 "____, smile not at my sullen brow": Byron
- 9 Kind of union
- 10 "Caligula" playwright
- 11 Overseer of U.S. govt. money
- 12 Sponges
- 13 Involved
- 14 Some local politicians
- 21 Broad collars
- 24 Accessed, with "into"
- 26 Firm
- 29 1987 Costner role
- 30 "Hiroshima" author, 1946
- 31 Unwanted growth
- 32 Oxide of cerium, yttrium, etc.
- 33 Station wagon, in England
- 35 Tracy Marrow, familiarly
- 37 Mrs. Gorbachev
- 40 Muddled
- 41 Ristorante order
- 44 Ordinairiness
- 46 Strength
- 48 Rudimentary seed
- 49 Bell Atlantic employee
- 50 City ENE of Manchester
- 54 Judge's seat, in law
- 57 Biographical bit
- 58 Mil. titles
- 59 Shatner's "____War"

ANSWER TO PREVIOUS PUZZLE

B I D E D P A N A M A S
 F I R E S U P A G I L I T Y
 A P O S T L E W O N O V E R
 D O N K E Y K O N G J R
 S D I E R S A S A N A
 S C A L P C H A T E M
 P O R T S O F E N T R Y
 R O S S E A P O C O N O S
 T I M E E X P O S U R E
 E N E Y E W L U S T Y
 S K E W S L E M W E E
 I N F I N I T E J E S T
 C O L L E E N S O S U E M E
 A N I M A T E S T A N Z I A S
 R E T A K E S E I G E N

DOWN

- 1 Cancel
- 2 Button site
- 3 Crackling sounds
- 4 Live
- 5 Exclamation of surprise
- 6 "Surprised by Joy" autobiographer
- 7 Some appliances

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