

# Into the Woods

"E" PAGE 14

## Learning In Japanese

NEWS, PAGE 3

Herndon's Runnymede Park will be the site of NatureFest 2008 on Sunday, Sept. 21, from 1 to 5 p.m. Activities for adults and children will include live animals and demonstrations on natural resources available at the park.



## Helping With 'Junk'

NEWS, PAGE 3

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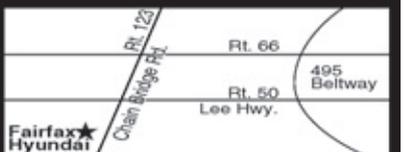
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PHOTO COURTESY OF PATRICIA SHEEHY

**Fox Mill Elementary School Principal Patricia Sheehy visited the Golden Pavilion, Rokuon-Ji Temple in Kyoto, during a tour of Japan for educators who administer Japanese language education.**

## Extra Mile, Some Labor

**Local entrepreneur strives to meet a need of area's underprivileged.**

BY MIRZA KURSPAHIC  
THE CONNECTION

**W**hen Collin Wheeler, 24, tells his friends he is the president of his own company, a regular response he receives is, "You have a college degree, why are you dealing with junk?" Wheeler started his own business, 123Junk, in January of this year and business has been growing ever since.

The business is simple, thus the numbers in the name 123Junk; customers decide they want to get rid of things from their homes, including large furniture pieces. The company — comprising Wheeler, who is responsible for marketing, advertisement and customer relations, two full time workers and a couple of part time workers — then charges the customers per truck space their "junk" takes up. Wheeler said the junk industry is still developing, but competition exists in the area from companies such as 1-800-GOT JUNK and College Hunks Hauling Junk.

**"There is a couple of families, we've furnished their entire homes. It's pretty rewarding."**

**— Collin Wheeler, 123Junk President**

SEE IMMERSION,  
PAGE 7

SEE EXTRA MILE, PAGE 9

## Immersion Program Reinforced

**Fox Mill principal tours Japan to learn country's culture and language education.**

BY MIRZA KURSPAHIC  
THE CONNECTION

**F**ox Mill Elementary School fifth grader Rushi Patel has lived in the United States his entire life, mostly in the Herndon-Reston area. Although his family does not stem from Japan, Patel communicates with his teachers and classmates in Japanese half of each school day.

"If I go to Japan one day, I will be able to understand people and get directions," said Rushi, a Japanese Immersion program student at Fox Mill. The school initiated the program 15 years ago and Principal Patricia Sheehy said some former students have gone on to

**"If I go to Japan one day, I will be able to understand people and get directions."**

**— Rushi Patel, Fox Mill Elementary School 5<sup>th</sup> Grader**

work in the Peace Corps, an English language teaching program in Japan or businesses that have contracts in Japan.

However, the immersion program does not teach students Japanese language, rather the curriculum for the first half of the day is taught in Japanese. Sheehy said about a third of Fox Mill's 675 students are enrolled in the Japanese Immersion program. "Even the

## Homeschoolers Create Group Opportunities To Learn

**Reasons for homeschooling vary in Herndon-Reston area.**

BY MIRZA KURSPAHIC  
THE CONNECTION

**R**eston resident Cathleen Wolcott spent a little more than a year at Herndon High School before opting out of public schooling. Her grades freshman year and early as a sophomore suffered, her report card was marked with Ds, but Wolcott managed As and Bs on every test and quiz taken at Herndon.

"I'm an auditory learner and I have vi-

sual memory," said Wolcott, adding that she learns by listening to a teacher and then drawing to remember the lesson. "I got in trouble for doodling a lot," she said. "It's just how I learn."

"The teachers pretty much ignored her IEP (Individualized Education Program)," said Dawn Walker, Wolcott's mother. Walker said the grades were also based in large part on missed homework assignments, something she said required organizational skills. Walker added that it was documented that

Wolcott needed special help in those skills.

Two years later, Wolcott is a 17-year-old homeschooled high school student. Her social life has not suffered, she said, since she has left Herndon High. She still sees her friends from Herndon High at parties and her responsibilities have accelerated, even though she gets to get up at 9. "I'm so busy now," said Wolcott, who also

**"Every school year I go to tons of activities."**

**— Joshua Roberts, Vienna homeschool student**

works part time, does fencing and is dual enrolled at Northern Virginia Community College where she takes 12 credits. Next year she hopes to transfer to Virginia Commonwealth University.

"Forget AP (Advanced Placement) classes and take the real thing," said Walker, regarding Wolcott's dual enrollment in college.

SEE HOMESCHOOLERS, PAGE 4

## Arrest Made in Stabbing Case

The police arrested Fredy Zuniga-Casceres, 27, of no fixed address on Tuesday, Sept. 8. Zuniga-Casceres was charged with burglary and malicious wounding stemming from an incident that took place on Aug. 20. Herndon Police had found a 40-year-old woman that had been stabbed in the upper torso after responding to a call around 11 p.m. on that night. The woman was treated at INOVA Fairfax Hospital and later released. Zuniga-Casceres is being held at the Fairfax County Adult Detention Center without bond.

## Reston GOP To Host Stewart

The Republican Club of Greater Reston will host as its guest speaker Corey Stewart, the Prince William County Board of Supervisors chairman on Friday, Sept. 19, at 7:30 p.m. The meeting will take place at Reston Community Center at Lake Anne in Reston. Attendees are encouraged to bring snack or dessert to share. All are welcome. For more information call 703-904-0428.

## Obama Reston-Herndon Office

The Democratic Party of Virginia will host a grand opening on Saturday, Sept. 20, from 1 to 4 p.m., of the Reston-Herndon office for Presidential candidate Barack Obama. The "Campaign for Change" office is located at 462 Herndon Parkway, Suite 102, in Herndon. For more information contact ccurrie@vaobamaforchange.com or call 571-839-0671.

## Wheel 2 Work

The Northern Virginia Regional Park Foundation is hosting Wheel 2 Work on Saturday, Sept. 20, from 10 a.m. to 2 p.m. at the Town of Herndon Square on Elden Street, in front of Old Town Hall off the Washington and Old Dominion Trail. The Herndon Police Department, the Fairfax Department of Transportation, the Herndon Parks and Recreation Department and area bike shops will distribute maps and answer routing and safety questions for people who wish to find best routes to ride to work. The event will also include presentations on riding safely on the trail and surrounding roads and proper equipment fitting and routing. Water bottles, helmets and a grand prize from The Bike Lane will be given away.

## Foreclosure Meeting

Dranesville District Supervisor John Foust will host a foreclosure information meeting for homeowners and renters on Thursday, Sept. 25, starting at 6:30 p.m. The meeting will be held at the Herndon Neighborhood Resource Center, located at 1086 Elden Street. The meeting is free, but registration is required as seating is limited. Call 703-471-5076 TTY 711 to register or for more information.

## ADAMS PEACE Gathering

The All Dulles Area Muslim Society (ADAMS) will hold the 7<sup>th</sup> Annual Interfaith PEACE Gathering at the ADAMS Center in Sterling on Saturday, Sept. 27, from 4:30 to 8:30 p.m. The gathering is held in remembrance of the victims of the World Trade Center and Pentagon attacks. Interfaith groups will be represented and speaking at the event. ADAMS will also be honoring local Police and Fire Departments for their continuous community service.

## Tourney To Help Families

JJ Deli is organizing the McLean, Langley, O'Connell Golf Tourney 2008 to benefit military families staying at The Fisherhouse. See [www.fisherhouse.org](http://www.fisherhouse.org) for information.

Cost is \$100 which includes 18 holes with cart, range balls, lunch, prizes, award-winning BBQ dinner, Cash bar. At least one player per foursome must be alumni.

The fund-raising tournament takes place Oct. 2, at the Herndon

SEE WEEK, PAGE 8

# Homeschoolers Learn Together

FROM PAGE 3

**WOLCOTT IS ALSO** involved in the Odyssey of the Mind group for homeschooled students that meets on Thursday afternoons at the Neighborhood Resource Center in Herndon. Odyssey of the Mind is a competitive activity that seeks to develop creative problem solving skills through teamwork. Herndon resident Max Leon-Guerrero, 16, is on Wolcott's team. He left Westfield High School halfway through the school year last year. Leon-Guerrero likes homeschooling for a number of reasons and does not miss Westfield where he could not get on the football team with so many students interested in the same activity. "You can work at your own pace. If you have a question you don't have to wait a long-time for an answer and there is no set schedule. It [an assignment] has to be done by the end of the day," he said. Leon-Guerrero plays football on a Herndon Optimists team now.

"It's really fun, but it's really noisy and hard to hear," said Joshua Roberts, 13, of Vienna, after finishing an hour-long Odyssey of the Mind session at the Neighborhood Resource Center. Odyssey of the Mind is not the only activity Roberts is involved in either. "Every school year I go to tons of activities," he said. His favorites are tennis, karate and track. "I do all sorts of groups," said Roberts.

Tami Conklin, the coordinator of the homeschoolers' Odyssey of the Mind group, said she hopes the group that meets at the Neighborhood Resource Center would enter four or five teams in competition later in the academic year. Conklin, a Herndon resident, has three children. The oldest, six-year-old Zachary, is homeschooled. Conklin decided on homeschooling Zachary for religious reasons for the most part. "We are free to discuss things at home that we would not be free to discuss at school," she said about the decision to homeschool.

Carryn Woollard, also a Herndon resident, is homeschooling her 14-year-old daughter Sierra for religious reasons also. "We rarely are home," said Woollard. She said Sierra plays in a homeschool band and is a member of a Hispanic dance company. Because of a more flexible schedule, she has been able to perform at the State Department and has traveled the country doing volunteer work through Generation Joshua Student Action Teams, designed for young people to help pro-life political candidates. "She does a lot of volunteer work," said Woollard.

Reston resident Lisandrea Wentland said she chose homeschooling for her five-year-old son Logan because she can customize his education according to his needs. She said Logan has a 13-year-old's vocabulary and reads at a 5<sup>th</sup> grade level. If he was enrolled in a school, she said, "He would be a part of introductory reading in Kindergarten, which we feel would be a condescending, and boring, environment for him. It's so much easier to individualize his education at home and keep pace with his intense intellect and curiosity."

**PARENTS OF HOMESCHOOLERS** opted out of public education and private schools for different and multiple reasons. Their typical days are as different as their reasons. The Conklins get up at 5 a.m. and start school an hour later. For the next two hours or so, Tami Conklin teaches reading, writing and math. "The rest of the day we do social stuff," she



PHOTO BY MIRZA KURSPAHIC/THE CONNECTION

**Max Leon-Guerrero and Sierra Woollard discuss their Odyssey of the Mind problem with teammates and coach Ritzya Mitchell.**

said, which includes playgroups, book clubs and trips to museums and science centers. "Last year we went to see the Pope. There is no shortage of things to do," said Conklin.

The Wentlands rise at 9 a.m. and do not follow curriculum. On most days Logan is exposed to experiential learning, for example taken to a park to learn about nature. Wentland said that is the best way for her five-year-old son to learn. "I lay back and let it happen," she said. Before coming to Odyssey of the Mind on Thursday afternoon, Sept. 11, the Wentlands spent two hours ice-skating at SkateQuest in Reston. "We want to shatter those misconceptions about homeschooling," said Wentland, referring to assumptions that homeschooled students do not experience extra-curricular activities.

"When we learn about government, we take a trip downtown," said Walker. Recently Walker and Wolcott visited the Supreme Court.

On Thursdays and Fridays, Wentland brings Logan to the Neighborhood Resource Center. Thursday is Odyssey time and Friday is co-op time, where a group of homeschoolers from Herndon and Reston put their children through a day of classes. Wentland teaches an American Sign Language class. The students in her class range in age from four to 16.

"They are very helpful," said Conklin about the teens that are in the same class with much younger students.

"They are living a more realistic life," said Woollard about the students' age difference. "I doubt that when they are 30 years old and have a job that they will be sitting in an office with 25 other 30-year-olds," she said.

The students are also diverse in race and religion. "We purposed to be in that diversity," said Wentland, adding that diversity is a reality in the Herndon and Reston area. She said that while she teaches her children Christian values at home, it would be "sheltering" to not expose them to the community's diversity. About 27 students participated in the first day of co-op on Friday, Sept. 5.

**HOMESCHOOL TEACHERS** also do not lack in  
SEE HOMESCHOOLERS, PAGE 7

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# CRIME

Activities reported Sept. 8-14, according to the Herndon Police Department:

## BURGLARY

**300 Block Reneau Way.** An 18 year old male of Falls Church was arrested for burglary, grand larceny, petit larceny and destruction of property, Sept. 12.

**1100 Block Bicksler Drive.** Several miscellaneous items were stolen from a residence, Sept. 9.

**700 Block Palmer Drive.** A bicycle was stolen from a garage of a residence, Sept. 12. The bicycle was recovered later in the day by officers.

## LARCENY

**300 Block Linden Court.** Two juvenile subjects attempted to steal items from a vehicle and were apprehended by the owner, Sept. 11.

**1100 Block Dublin Place.** Two bicycles were stolen from the backyard of a residence, Sept. 8.

**700 Block Cordell Way.** Two subjects were attempted to steal a motorcycle, Sept. 12.

**700 Block Dranesville Road.** Several items were reported stolen from a construction site, Sept. 9.

**400 Block Madison Forest Street.** A purse was stolen from an unsecured vehicle between Sept. 9 and Sept. 10.

**600 Block Adams Street.** A vehicle was broken into and a DVD player was stolen between Sept. 10 and Sept. 11.

**800 Block Jackson Street.** Two bicycles were stolen from the garage of a residence between Sept. 10 and Sept. 11.

**1000 Block Elden Street.** Shoplifting was reported, Sept. 12.

**1000 Block Elden Street.** A straw dispenser was stolen from a business, Sept. 12.

## ASSAULT

**1200 Springtide Place.** A 36 year old male of Reston was arrested for assault, Sept. 14.

**100 Block Herndon Mill Circle.** The victim reported being cursed at by another driver, Sept. 8.

**900 Block Branch Drive.** The victim was assaulted by an acquaintance, Sept. 10.

**1000 Block Elden Street.** The victim reported being assaulted by an acquaintance, Sept. 11.

## NARCOTICS VIOLATIONS

**400 Block Elden Street.** A 48 year old male of Burke was charge with two misdemeanors in violation of sale of the methamphetamine precursors ephedrine and pseudoephedrine, Sept. 8.

**700 Block Lynn Street.** A 37 year old male of Ashburn was arrested for violations of dispense controlled drug with out a license, sell or distribute schedule IV drug, and five related misdemeanor charges.

## ROBBERY

**1000 Block Elden Street.** The victim reported on Sept. 10 that he was robbed at gunpoint by three unknown subjects on Sept. 6.

## FRAUD

**1000 Block Elden Street.** The victim reported his debit card was stolen and several unauthorized purchases were made, Sept. 12.

## 287(g) ENFORCEMENT

The table below provides statistical data in relation to the Town of Herndon's Memorandum of Agreement (MOA) with Immigration and Customs Enforcement (ICE). A detainer is generally obtained when the investigation, or ICE authorization, calls for detention. Detainees are held in the Fairfax County Adult Detention Center and eventually processed through the federal court system. Final disposition of these cases is under the purview of ICE.

| 2008 Investigations | Detainers Issued |
|---------------------|------------------|
| January             | 15 4             |
| February            | 17 5             |
| March               | 16 12            |
| April               | 12 6             |
| May                 | 21 10            |
| June                | 2 0              |
| July                | 27 12            |
| August              | 44 11            |
| Year to Date        | 154 60           |

## HCTV SCHEDULE

HCTV-23 Herndon Community Television on Verizon FiOS Cable-channel 42 and Cox Communications Channel 23. Tune in to the video web pages on either channels for updates. Call Jan Tirrell at 703-689-2323. HCTV is also looking for volunteers, training is provided.

### THURSDAY/SEPT. 18

7 a.m. Jazzercise  
8 a.m. Army News Watch  
9 a.m. Travel TV  
10 a.m. Vintage HCTV-World of Flowers 2  
11 a.m. Guitar Instruction 1  
Noon Jazzercise  
1 p.m. Something Different 2008  
2 p.m. Fate of the Stallion  
3 p.m. Army News Watch  
4 p.m. Concert: Dave Valentin  
6 p.m. Jazzercise  
6:30 p.m. Army News Watch  
7 p.m. Travel Television  
7:30 p.m. Jimmy' Old Town Tavern  
Open Mike Night  
9 p.m. Guitar Instruction 1  
10 p.m. Vintage HCTV -World of Flowers 2

### FRIDAY/SEPT. 19

7 a.m. Jazzercise  
7:30 a.m. The Reading Lady  
8 a.m. King Henry Show  
9 a.m. My Health, My Medicare  
9:30 a.m. Small Green Domicile  
10 a.m. Buffalo Soldiers-The Colors of Ft. Bayard

11 a.m. Something Different 2008  
Noon Jazzercise  
1 p.m. Travel Television  
2 p.m. NatureFest 2007  
3 p.m. King Henry Show  
4 p.m. Concert: Village Jazz  
6 p.m. Jazzercise  
6:30 p.m. The King Henry Show  
7 p.m. Jimmy's Old Town Tavern  
Open Mike Night  
8:30 p.m. Guitar Instruction 8  
9:30 p.m. Woody's Western Theater

### SATURDAY/SEPT. 20

7 a.m. Jazzercise  
8 a.m. Music and the Spoken Word  
9 a.m. The Reading Lady  
9:30 a.m. King Henry Show  
10 a.m. Guitar Instruction 8  
10:30 a.m. Guitar Instruction 1  
11 a.m. Fate of the Stallion  
Noon Jazzercise  
12:30 p.m. Jimmy's Old Town Tavern  
Open Mike Night  
2 p.m. Classic Antique Auto Show  
3:30 p.m. Music and the Spoken Word  
4 p.m. Concert: Frank Vignola  
6 p.m. Jazzercise  
6:30 p.m. Inside Herndon  
7 p.m. Guitar Instruction 8  
7:30 p.m. Guitar Instruction 1  
9 p.m. Travel TV  
9:30 p.m. Music and the Spoken Word  
10 p.m. Jimmy's Old Town Tavern  
Open Mike Night

SEE HCTV, PAGE 13



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# OPINION

## Candidate Appearances Are Educational

Also, in support of changing the grading system, and delaying a decision on purchase of second headquarters building.

As it turned out, a local Fairfax park was probably the best venue for last week's rally for John McCain and Sarah Palin, given the size of the crowd that turned out to see them (<http://www.connectionnewspapers.com/article.asp?article=319474&paper=73&cat=104>).

But we disagree with members of the school board and others who claimed it was inappropriate for Superintendent Jack Dale to allow the rally to take place at Fairfax High School.

One of the school board's goals for students includes to "Know and practice the duties, responsibilities, and rights of citizenship in a democratic society, be respectful and contributing participants in their school, community, country, and world," and "understand the purpose, role, and means of interaction with the different levels of government."

What could be more educational for students that watching the logistics and politics of a presidential campaign? We'd like to see the policy amended to allow political events on school property as long as students are able to interact and learn from the process.

Both major party candidates are delivering a critical message in Virginia right now: Every vote counts.

**ON TWO OTHER ISSUES**, we agree with recent recommendations from the executive board of the Fairfax County Council of PTAs.

❖ The council wants the Fairfax County School Board to delay action on the purchase of a second headquarters building until after public hearings, although at this point, no public hearings have been discussed or scheduled. The FCCPTA leadership correctly said that the school system briefings on the topic "haven't reached enough people or offered clear, well-

publicized opportunities for comment."

❖ It seems like a no-brainer that the grading system in Fairfax County should not penalize students, who work as hard as students elsewhere. The current system requires a 94 percent, rather than 90 percent, to qualify for an A, and fails to give the same extra weight for advanced coursework. This leaves Fairfax students at a disadvantage compared to students from other school systems, whose weighted grade point averages can often top 4.0.

EDITORIALS

While college admissions offices say this probably does not affect admissions, it almost certainly does put county students at a disadvantage for merit scholarships.

There is no advantage or educational benefit to the current grading scale, and it should be changed.

**FAIRFAX SCHOOLS** are making progress towards a workable and affordable way to move high school start times later, a move that is long overdue. We urge the board to continue this progress, and press ahead to have the change in place by September 2009.

See <http://www.sleepinfairfax.org/> for more.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

## Tune in Debates

Voters will have several opportunities to see candidates for U.S. House of Representatives and Senate in action in the next few weeks. The choices are important for Northern Virginia, with the retirement of long-time U.S. Sen. John Warner and U.S. Rep. Tom Davis, both powerful advocates for Northern Virginia's interests and needs.

The League of Women Voters of the Fairfax Area and the Fairfax Community Access Channel (FCAC) are co-sponsoring televised debates for two of the congressional races, which will be broadcast live on Fairfax channel 10. They will also be available live on the Internet at: <http://easylink.playstream.com/winlive/insidescoop.wvx>

U.S. Rep. Jim Moran (D) and 8th district challengers Mark Ellmore (R) and Independent Green candidate J. Ron Fisher will face off next Monday, Sept. 22, from 7 to 8 p.m.

The debate between Gerald Connolly (D), Keith Fimian (R) and Independent Green Joseph Oddo, candidates for the 11th district, will be held at the same time on Monday, Oct.

6.

Viewers can call in or e-mail questions until the mid-point of the broadcast to 571-749-1166 or [debate@FCAC.org](mailto:debate@FCAC.org).

Incumbent Frank Wolf decline to participate in a Fairfax League debate; but Wolf and his opponent, Democrat Judy Feder, will appear together at the Prince William Committee of 100 forum on Thursday, Oct. 16 at 7:45 at the Four Points by Sheraton in Manassas.

Prince William Committee of 100 forum will also host the 11th Congressional Candidates, Gerry Connolly and Keith Fimian, this Thursday, Sept. 18 at the Montclair Country Club. E-mail [secretarycommitteeof100@yahoo.com](mailto:secretarycommitteeof100@yahoo.com) or call 703-577-3123.

The candidates for U.S. Senate, Mark Warner (D) and Jim Gilmore (R) will debate this Thursday, Sept. 18 at a sold out Fairfax County Chamber of Commerce event. The debate will be broadcast live on Channel 8 at 10 a.m. and will be rebroadcast before the election.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

## FISH Seeks Gala Fling Sponsors

Herndon-Reston FISH (Friendly Instant Sym pathetic Help), Inc., announces its contract with the Crowne Plaza Dulles Airport Hotel, 2200 Centreville Road, Herndon, for the next FISH Fling Gala and Fund-raiser, scheduled for Saturday, May 9, 2009. FISH invites sponsorships for this event, which will celebrate the 40th anniversary of FISH, and encourages the community to save the date on their calendars.

The majority of Herndon-Reston FISH clients are the working poor and the working middle class, who are able to make ends meet until an event occurs to cause a financial crisis — such as an illness or job loss. The rise in foreclosures, food prices, and gasoline prices has



**Marcia Di Trapani, FISH President, and Jay Bhalla, Crowne Plaza, director of catering, review contract for FISH Fling 40th Anniversary for May 9, 2009.**

resulted in the need for FISH volunteers to raise more funds to meet the needs of more people.

FISH receives revenues for its Family Assistance Program from The Bargain Loft (thrift shop in Herndon), grants, churches, corporations, individual donors, and the annual FISH Fling.

FISH will be working throughout the year to attract donors and sponsors for the 40th Anniversary of FISH. Local businesses are encouraged to become sponsors of Herndon-Reston FISH, Inc., a 501 (c) (3) organization. For more information, visit [www.HerndonRestonFISH.org](http://www.HerndonRestonFISH.org). Donations may be made to FISH at 336 Victory Drive, Herndon, VA 20170, or contact President Marcia Di Trapani at 703-391-0105 or email [hrfish@gmail.com](mailto:hrfish@gmail.com).

## LETTER 'Keeping The Pride'

To the Editor:

We would like to thank the Herndon High School Marching Band for "Keeping the Pride" during the annual Tag Day 2008 fundraiser. These fabulous students and volunteers led by Pat Tamaccio were undaunted by the rains from Hannah. Their enthusiasm was immeasurable for support of this project. We would also like to thank Giant grocery stores in Reston, Herndon, and Sterling for sharing their stores with us. Finally we send thanks to the Herndon/Reston community for their gracious reception and donations.

**Dresden Drake Scott**  
Herndon High School Band  
Parents Association

## THE CONNECTION

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# Immersion Program Reinforced

FROM PAGE 3

Pledge of Allegiance is spoken in Japanese," said Sheehy.

"We don't teach Japanese, we teach concept, math and science, in Japanese," said Nahoko Nakayama, a teacher of 15 years at Fox Mill Elementary School. "Language is a tool," she said.

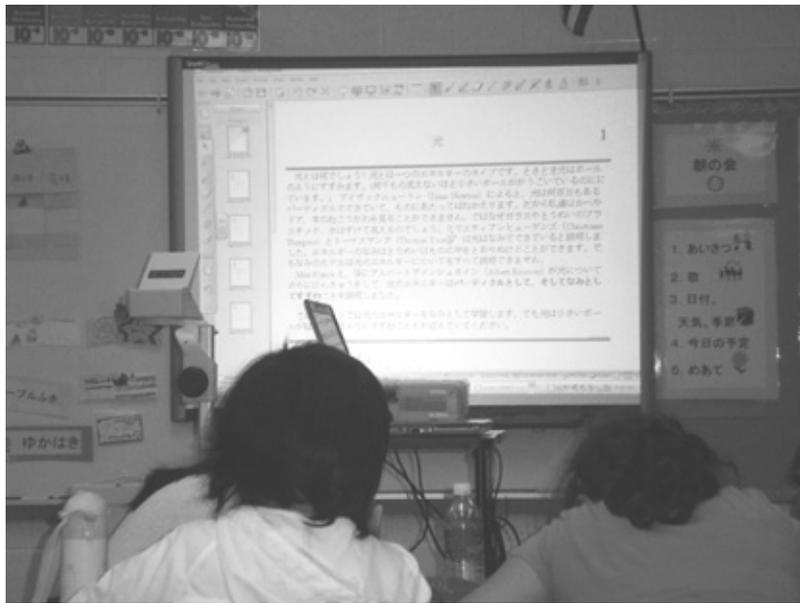
Nakayama is a native Japanese speaker, as are all of the other teachers in the program. Sheehy said many of the teachers in the program acquired teaching certifications in Japan before coming to the United States and acquiring teaching certifications in Virginia. Nakayama immigrated to the United States in 1991.

This year she is teaching first graders. Her students have only been exposed to the language for two weeks.

"AT FIRST they have no clue" what she is saying to them, said Nakayama. She said they copy her movements and begin by conversing with her. "I model a lot," she said, adding that early lessons also include a lot of music and dancing. Then, she said, her goal is to have the students converse with one another. Nakayama has taught at all grade levels since arriving to Fox Mill 15 years ago. "Eventually they pick it up," she said.

Rushi has no problem following his teacher's instructions, he said. He can respond to the teacher when asked to do so and is able to communicate with his classmates in Japanese. Also, he said, he finds it easy to switch from Japanese to English language once the Japanese immersion part of the day is completed and he goes to classes taught in English.

To promote cultural understanding of Japan and to deepen the understanding of Japanese language education, the Japan Foundation, part of the Japanese Embassy, invited 26 educators from across the United States for a two-week tour of the East Asian



A morning 5<sup>th</sup> Grade class at Fox Mill Elementary School is taught a math lesson in Japanese. The overhead projector displays Japanese characters.

PHOTO BY MIRZA KURSPAHIC / THE CONNECTION

nation. Sheehy was one of the participants.

"It was a combination of both cultural exposure as well as academic," said Sheehy. The group visited schools as well as temples in Tokyo, Kyoto and Shimoda. Professors from American and Japanese universities and institutions also presented lectures on teaching. Sheehy said she would repeat the tour in a heartbeat. She said the best part of the tour was "Not so much the pedagogy, but more so gives me the appreciation of Japanese culture."

Sheehy said the tour reinforced what the educators at Fox Mill thrive to accomplish in terms of combining language and cultural understanding of Japan. The art and music teachers, for example, teach lessons on Japanese art and music even though they are not part of the Immersion program. Also, the school hosts events that feature Japanese food and entertainment. Hallway signs are printed in Japanese as well as in English. The idea behind it all, said Sheehy, is to expose children to another language early. Even if they choose not to pursue Japanese language in the future, she said, research shows that learning another language at a young age makes it easier for a child to learn a different language in the future.

# Homeschoolers Gather To Learn

FROM PAGE 4

qualifications, according to the parents gathered for Odyssey of the Mind on Thursday, Sept. 11. "Most of us are highly degreed people," said Woollard. Conklin holds a bachelor degree in math and works part time as a tutor for tutor.com. Wentland is halfway to completing a master's degree in education. She also works a part time job as an editor, copywriter and researcher. Other parents, said Wentland, teach in other environments, including area colleges. "Most of the ladies doing this have master's degrees," said Walker.

Homeschooling in the Herndon-Reston area is not limited to the families who participate in Thursday and Friday programs at the Neighborhood Resource Center. "It's huge," said Walker of the area's homeschooling community. Conklin said she is grateful to the center for hosting Thursday's Odyssey of the Mind program, but that she hopes churches, for example, could open their doors so the program could expand with a larger space. "There are more

people who want to join," she said. Conklin added that people who participate in the Odyssey of the Mind program found the information online.

According to Wentland, the Homeschoolers of Herndon-Reston (HHR) Yahoo group, one of the groups in the area, had 114 members as of Sept. 11. She said families sometime belong to more than one group and activities may or may not be organized through one of those groups. The Odyssey of the Mind is not a function of the HHR group, but a "Not Back To School" picnic at Frying Pan Park held on Saturday, Sept. 13, was.

Wentland is not proposing attracting more students out of the public schools. "Homeschooling is our choice. It's what's best for our family," she said. However, homeschool families tend to find one another by coincidence, said Wentland, adding that she hoped the "underground of homeschooling families," which is hundreds strong in the Herndon-Reston area, could continue growing a cohesive fellowship.

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## WEEK IN RESTON

FROM PAGE 4

Centennial Golf Course, 909 Ferndale Ave., Herndon.  
Golf Committee representatives include: Bobby Williams, McLean, class of '77; Jeff Johnson, McLean, class of '77; Jimmy Whittaker, McLean, class of '76; Jackie Johnson (Carrera), McLean, class of '80; Doug Megill, Langley, class of '79, and Pat Bergmann. Bishop O'Connell, class of '80.

Remit forms/ checks to Jackie Johnson: 1412 Cuttermill Ct., Herndon, VA 20170 . Drop off/pick up registration forms at JJ Deli.

Any questions: email [JJDel@cox.net](mailto:JJDel@cox.net). Hole sponsorships are available. Early Registrants are entered for a special prize.

## Business Counseling

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## Homecoming Parade

The Herndon Homecoming Parade will take place on Oct. 18 at 9:30 a.m. This year's theme is "Music." The annual event includes entries from all area schools, civic organizations and businesses. The parade will start at the intersection of Sterling Road and Elden Street. It will head toward the Town Hall Square, take a left turn on Lynn Street and end at Center Street. To register, request an application at [HerndonParade@aol.com](mailto:HerndonParade@aol.com) or by calling John Mosesso at 703-948-4545.

## NEWS

# Winners in Plein Air Art Competition

**H**erndon's new community art center, ArtSpace Herndon, celebrated its grand opening over Labor Day Week end with a Paint Herndon Plein Air Competition. Twelve local, regional, and nationally known artists competed for \$2,500 in cash prizes donated by Coldwell Banker Residential Brokerage of Reston.

The ArtSpace Herndon Plein Air Collection will remain on exhibit until Sunday, Sept. 28 and all paintings are available for sale. ArtSpace Herndon is located at 750 Center Street; gallery hours are Tuesday through Saturday, 10 a.m. to 2 p.m., Sunday 1 p.m. to 3 p.m. and by appointment.

The Plein Air competition was judged as an "artist choice," with each participating artist voting on the paintings that were created between Friday and Sunday evening. First place was awarded to "Virginia Farm," by **Jim Lamb**. The Plein Air Artistic Excellence Award was earned by "Sunday Morning," by **Ned Mueller**. The Appreciation of Excellence Award in Plein Air Painting went to "Federal Street, Middleburg, Virginia" by **Denise Dumont**.

In addition to the main competition, ArtSpace also sponsored a Quick Sketch Competition on Labor Day Monday. Over 25 artists painted in and around Herndon between 11 a.m. and 3 p.m., competing for prizes donated by local businesses.

**Morgan Samuel Price** won the grand prize for "Bruce Visits Herndon." He received \$150 of shipping supplies and postage from Mailbox It on Center Street. **Ned Mueller** won first prize for "Holiday Chores." He received a \$100 gift certificate to Jerry's Artarama. **Diane Johnson** won second prize for "Home Sweet Home." She received a necklace worth over \$75 donated by Brushstrokes and a \$25 gift certificate to Tortilla Factory. **Christine Lashley** won honorable mention for "Painting on the Green" and received a \$25 gift certificate from Herndon Florist and a \$25 gift certificate to Tortilla Factory.



**Jim Lamb, winner of first place in the Paint Herndon Plein Air Competition for "Virginia Farm," pictured from left with Richard Downer, HFCA board member, and Andy Higgins and Mark Pergerson of Coldwell Banker Residential Brokerage in Reston. More photos at [www.connectionnewspapers.com](http://www.connectionnewspapers.com).**

The Youth Outdoor Painting Grand Prize went to **C. Lashley**. **Meg Carroll** won Most Original, **Fiona Muir** won the GR8 Prize, and **Grace Wehman** won the prize for Most Colorful. Most of these young artists live in greater Herndon area. They received a variety of prizes including art supplies donated by local artist Pat Macintyre, a gift certificate from Herndon Florist, gift certificates donated by Dairy Queen, and FM scanners donated by Bark & Bubbles.

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# Extra Mile and Some Labor

FROM PAGE 3

"I don't think there is any way we can't continue to grow," said Wheeler, a lifelong Herndon resident and 2002 graduate of Chantilly High School. 123Junk was doing two jobs per week when it first started in January, then in the April-May period calls for service increased a great amount. "In the summer, it just exploded," said Wheeler. Throughout the summer, said Wheeler, 123Junk was doing 15 jobs per week.

Wheeler decided to go into the business on his own after spending more than a year working for a local moving company. As a sales consultant, he often heard from customers asking whether the moving company offered a service to haul away the things they did not want to keep. "One out of every two or three houses was asking for that," said Wheeler. After the company's president decided he did not want to start a division to offer the service, Wheeler took \$6,000 of his own money, bought a truck from his uncle and started 123Junk. "I bought a truck and some ads and I was pretty much flat broke," said Wheeler. Six months after starting the business, Wheeler bought a brand new truck, in excess of \$25,000.

**WHERE WHEELER** claims to differ from the competition is in taking extra time to determine what pieces of "junk" the company had collected are still in good condition. He then contacts local charities that put him in touch with families that are in need of furniture and makes drops for them. He also provides receipts to his customers so they can claim tax deductions.

"There is a couple of families, we've furnished their entire homes," said Wheeler. "It's pretty rewarding."

"He goes the extra mile," said Aaron Sawyer, manager of The Closet in Herndon. Wheeler makes drops at The Closet and The Bargain Loft as well as to individual families. "He gives us an opportunity to salvage what we can without cost," said Sawyer.

"We've seen the need from different ministries here in the church," said the Rev. Martha Real of the Floris United Methodist Church about the charitable service Wheeler provides. Wheeler is a member of Floris UMC and Real said he often contributes to the projects with the ministries. "He is just a nice young man," said Real. "He seems to have a real heart for the community."

Marcia Di Trapani, president of Herndon-Reston FISH (Friendly Instant Sympathetic Help), which runs the Bargain Loft, said the organization estimated last year's non-cash giving, which included furniture, at \$2,246. The amount does not represent the need in the community for the service Wheeler offers, said Di Trapani, because the estimates are based on what the Bargain Loft would charge for the furniture, not its true value. "If he can fill that need in some way, that is great," said Di Trapani. She added, "One person's junk is another person's treasure."

Wheeler said that it is not only the receiving families that might see the furniture as treasure. "No one wants to see their stuff go to junk, their once worldly trea-



PHOTO BY MIRZA KURSPAHIC/THE CONNECTION

**Herndon resident Collin Wheeler, 24, is president of Junk123.**

sure," said Wheeler. While the charitable work is done out of good intentions, Wheeler has also kept his entrepreneurial sense. Although it costs him extra time, labor and gas for the miles driven to sort out and deliver the pieces that are in good condition, he is also saving money by not taking the pieces to the landfill for \$57 per ton. Wheeler does not charge the recipients of the donated goods. "There is no reason for me to charge them," he said, adding, "What goes around comes around."

**THE REASON** Wheeler is confident business will continue to grow is that the state of economy could not impact the industry a great amount. He said that, although unfortunate, foreclosures bring business to the junk companies, as they are often called upon to empty the foreclosed homes, which the Realtors are eager to place back on the market. Another solemn source of business, said Wheeler, comes from estates of people who have died. Their descendants go through the late person's possessions and keep what they want, then they call the hauling companies. "Those are the best jobs from the donation standpoint," said Wheeler.

While Wheeler plans to get 123Junk to a point where he can franchise the company, his immediate concerns are to plan for the anticipated slowdown in business as cooler months approach. In the meantime, he will continue to rely on networking, word-of-mouth and personal referrals to keep the business going strong. He attributes his family's connections in the area to the success of his business in the early months. "Neighborhood stay-at-home moms are the best marketing friends you can have," said Wheeler. He has also teamed up with local moving companies who often refer their clients to him for hauling purposes.

Sawyer is one of the people helping spread the word about the young Herndon entrepreneur. "It's very commendable, what he does," said Sawyer. "Just to see a kid not just think about himself. We didn't solicit him, he came on his own to see if he can be a part of it."

To learn more about Wheeler and 123Junk, visit <http://123junk.com>.

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Herndon Fortnightly Library

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AARP Divided We Fail Town Hall Meeting

7:00 - 8:30 p.m.

Tysons-Pimmit Regional Library

7584 Leesburg Pike, Falls Church, 22043

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Centreville Regional Library

14200 Saint Germain Dr., Centreville, 20121

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The town hall meetings are open to the public.

Light refreshments will be provided.

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These events are cosponsored by Alzheimer's Family Day Center, Arc of Northern Virginia, Graceful Care, Inc., Northern Virginia Urban League, NoVA HealthFORCE, Shepherd's Center of Oakton-Vienna and Virginia Association of Personal Care Assistants.

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# Herndon Runners Shine at Fork Union

Sherry's cross country squads earn first place finishes at early invitational.

BY RICH SANDERS  
THE CONNECTION

Most cross country teams from the Northern Virginia area missed out on early season invitational meet action two weekends ago due to the rainy weather. Many of the Fairfax County school teams were scheduled to compete at the annual Monroe Parker Invitational at Burke Lake Park. And a few others were tabbed to take part at the Great Meadows races at the Plains.

But Herndon High had neither of those competitions on its venue. Instead, both the Hornets' boys and girls' teams took part in the Fork Union Military Academy meet (Fork Union, Va., near Charlottesville). The event did not have the expected large field of teams on either the boys or girls sides as a result of a handful of schools dropping out because of the recent hurricane watch. Still, 10 boys' teams were represented and 14 girls' teams.

It turned out to be a great day for the Herndon boys and girls, as both squads captured first place finishes at Fork Union. In past years, Herndon coach Pete Sherry has taken his teams to the Virginia Tech Invitational for their early season invitational fix. But that event is no longer taking place. So Sherry elected to take his team to Fork Union.

So why would Sherry not just have his teams stay at home and compete at either the Monroe — which was re-scheduled for this past Tuesday — or the Great Meadows



Herndon High sophomore cross country runner Carly Kulik is among the large number of girls' runners back from last year's region title team.

PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

meets?

"I like to take the kids away the first weekend," said the coach. "We stay overnight. It's good for team-bonding."

**THE HERNDON GIRLS**, the defending Northern Region champions, anticipated a strong showing at Fork Union, and the Hornets received exactly that.

"We were expected to win and we did," said Sherry.

The Herndon girls have all of their top runners back from last year's team. As a young team in the fall of 2007, the Hornets surpassed expectations by garnering the region crown and going on to a solid fifth place finish at states. This year's team will be looking for similar success.

"They're all back," said Sherry, of the flux

of talented girls he has on his current roster. "Now, the expectations are to [once again] be at the state meet, and maybe to win the state meet. They're all healthy and they've all come back in good shape."

The Herndon team's top runner, senior Hiruni Wijayarathne, was the first place individual finisher at the Fork Union meet. She finished well ahead — more than a minute — of the second place finisher. Meanwhile, Herndon runners Jessica Wilds (a senior, third place overall), sophomore Carly Kulik (fourth), senior Laura Ortel (fifth) and sophomore Carolyn Hennessey all finished among the top seven finishers.

Of Wijayarathne's dominating showing at Fork Union, Sherry expressed no surprise at all.

"That was expected," he said. "She's not

only one of the best [high school] runners in the state, but one of the best in the country. That's a fact. There are only five or six [girls] in the state who can run with her. Her goal is to win the state."

During track season of her junior year, Wijayarathne finished first in the state in the two mile race. In cross country last year, she finished second in the region and seventh in the state.

**THE HERNDON BOYS**, in taking first place at the Fork Union meet, had outstanding outings from senior Todd Van Luling (second place overall) and junior Jack Jasper (third). The team's next top finisher was junior Alex Anthony, 12th overall.

"I felt they would run very well," said Sherry, regarding Van Luling and Jasper's races. "They were aggressive and that was good to see. They pushed the pace."

Sherry said there were originally supposed to be 30 boys' teams competing at the Fork Union meet. But that number dropped significantly as teams elected not to make the trip to Fork Union because of the weather concerns.

"I was hoping for a top five finish," said Sherry, of his pre-meet thoughts regarding his boys' team in a full field. Herndon, in what turned out to be a 10-team boys' event, finished first ahead of second place Spotswood High (Penn Laird, Va.).

A year ago, the Herndon boys finished fifth in the always-tough Concorde District, barely failing to qualify for the 16-team region meet field. This year, Sherry anticipates his team will qualify for regionals. The top four teams from the Concorde will advance to regionals. Sherry said the teams to beat in the district are Oakton and Robinson.

Last weekend the Herndon boys and girls teams were slated to participate at the Brentsville Relays. And this upcoming Saturday, the Hornets will take part in the Oatlands Invitational, another large, early season event that takes place in Leesburg.

## Field Hockey Tourney To Resume on Saturday

Rain forced annual showcase event to be postponed.

BY RICH SANDERS  
THE CONNECTION

One day of the annual Herndon Invitational Field Hockey Tournament got into the books two weeks ago before rainy weather forced postponement of second day action.

The tournament, hosted by Herndon High School and now in its 14<sup>th</sup> year, is scheduled to resume this Saturday morn-

ing. Third round games action will begin at 8 a.m. The finals will take place later in the day at about 1 p.m. Twelve teams are taking part in this year's event.

The host Herndon team, in first day action of its own tournament on Sept. 5, defeated Marshall in overtime before losing to Lake Braddock, 2-0, later in the day.

"We were very excited to beat Marshall in overtime," said Herndon coach Phyllis Pearce. "And [the girls] played excellent against Lake Braddock."

On Saturday when the tournament resumes, Herndon is scheduled to play Mount Vernon in its first game. Its opponent in the second round will be determined based on the outcome of other games. In a pre-season scrimmage a few weeks ago, the Hor-

nets lost to the Majors, 3-0.

Pearce said her 2008 team has a good blend of experience and younger players.

"We have a good mix," she said. "This team has a little more energy than I've had in the past. I've been very encouraged."

Herndon's team tri-captains this fall are seniors Liv Mann (link position), Jamie Skrocki (center) and Hailey O'Brien (center back).

"They've [shown] leadership and enthusiasm on and off the field," said Pearce, of the trio.

Other key members on this year's squad include senior center forward Abby Jones, a good distributor of the ball, junior left wing Carly Mann, one of the team's best goal scorers, and senior right wing Shan-

non Murphy.

Herndon's non-tournament wins have come over Stuart, 1-0, and local rival South Lakes, 3-0. Last week, the Hornets (3-3) lost a tough 2-1 game to visiting Yorktown in drizzling, wet conditions.

"It was a tremendous game," said Pearce, of the one-goal setback to the Patriots. "We had many opportunities to win the game and many fastbreak [chances]."

In action this week, Herndon was scheduled to play at T.C. Williams on Tuesday before meeting Fairfax High at home on Wednesday. And, of course, action at the Herndon Tournament is set to begin again on Saturday.

# Saxons Grind Out Win Over Herndon

**Khan's fourth quarter field goal boosts Langley football to 10-7 triumph.**

BY RICH SANDERS  
THE CONNECTION

In an early season matchup between two good high school football teams, the Langley High Saxons got the better of the interior play and defeated visiting Herndon, 10-7, last Friday night.

Langley improved to 2-1 with the win. The Saxons broke a 7-7 tie with just over eight minutes remaining in the fourth quarter when sophomore kicker Farhan Khan, a first year football player, booted a 32-yard field goal. The three-pointer held up for Langley, which won for the second straight week following a week one loss at Chantilly.

"He made it easy," said Howerton, of Khan's field goal that was true as gold.

Khan, a Langley High soccer player in the spring, expressed interest in coming out for football in early June. His strong leg impressed the Langley coaching staff and he became the team's top kicker.

"He's a new kid for us, a sophomore with a real strong leg," said Howerton. "He's a

soccer player who had never played football before. The kid doesn't say a word and doesn't seem to get nervous at all."

**PAVING THE WAY** to the win for Langley was its outstanding play across the offensive line. The Saxons won the battle of the trenches throughout the game and ultimately wore down the Hornets' defense.

Langley senior running back David Helmer carried the ball 37 times for 180 yards, with a first quarter touchdown run from a yard out.

For the game, Langley ran 60 offensive plays and earned 19 first downs to Herndon's seven. It was a game of outstanding ball control for the Saxons' offense.

"Especially in the second half," said Howerton, of his team's ability to keep the ball. "We had it the whole time and the [Herndon] kids were getting pretty tired. Our ability to handle them up front, especially at the end of the game, wore them down a little bit." Of Helmer's big rushing game, Howerton said, "The kid's a tough kid. He's a state championship wrestler. He's not very fast, but he runs up in there, twists and turns and keeps his legs moving."

Howerton is determined to have his offense become more versatile than season's past when the Saxons were looked upon as strictly a grinding, running team that rarely passed the ball. But the coach said he has a strong passing quarterback in senior Danny

Pritchett and would like to throw the ball 20 times a game.

"This is the best quarterback we've had," said Howerton. "We can throw the ball and we have some receivers." With its ground game in strong fashion against Herndon, however, Pritchett needed to throw the ball just 14 times, completing 10 of the passes for 84 yards and an interception.

**HOWERTON** was disappointed his team did not score more points against Herndon. He said his team moved the ball deep into Langley territory on a few occasions, only to be hurt by drive-stalling penalties. For the game, Langley was penalized 10 times.

"Penalties hurt us the most," said Howerton, who said his team will have to clean up its game this Friday night when the Saxons open up their Liberty District schedule at home against Marshall. "The 10 penalties were pretty costly. We had penalties inside the 20 a couple of times."

Herndon (2-1) came into the game with wins over Park View and South Lakes under its belt. But in the low scoring affair against Langley, the Hornets could score only one touchdown, that coming on a one yard scoring run by junior quarterback Zack Ozycz in the second quarter. Herndon will be looking to get back on the winning track this Friday night when it opens up its Concorde District schedule with a home game against Centreville.

# Fast Start For Oakton

**Cougars improve to 3-0 with win over T.C. Williams.**

BY RICH SANDERS  
THE CONNECTION

It has already been quite a turn around season for the Oakton High football team, which improved its record to 3-0 last Saturday afternoon with a 39-23 win over host T.C. Williams in Alexandria.

The Cougars, who were a 5-5 team last year, won their first two games this autumn over host Madison, 21-14, and visiting Annandale, 37-7, before defeating the Titans. They will look to make it four in a row when they travel to Fairfax High for their Concorde District opener against the Rebels this Friday night.

**OAKTON COACH** Joe Thompson said his team struggled offensively in the win over Madison, but turned it around in the lopsided triumph over the Atoms.

"I think we played very well in the [first two] games on defense and special teams," said Thompson, who led the Oakton program to the state AAA title in 2005. "Offensively we didn't play that well against Madison. We had first game jitters and Madison's defense played well. Against Annandale we moved the ball well all game. Our defense made a couple of great stops near the goal line in the first half [against Annandale]. In the second half, our special teams pinned them deep [in Atoms' territory]."

"Winning [both games] was a big confidence boost," said Thompson, whose 2007 team a year ago started off 0-2 before scrapping for its first win over T.C. "Every game is a big game for us."

Oakton has five senior captains whom Thompson is expecting to lead

SEE COUGARS, PAGE 12

# Oakton Names Alexander Girls' Soccer Coach

**T.C. Williams grad is former Falls Church High coach.**

BY RICH SANDERS  
THE CONNECTION

For Brooke Alexander, competing in sports is about having fun and playing with a passion. That is the mindset she will bring as the new head coach of the Oakton High girls' varsity soccer team this spring.

Alexander, the former head soccer coach

at Falls Church High, was officially named the new Cougars' coach on Sept. 1. She looks forward to helping turn the fortunes around for a program that has struggled in recent seasons.

"The last couple of seasons have been a little tough for them record-wise," said Alexander, who replaces Edward Brown at the helm of the program. "I want to help improve the program and the morale."

Alexander worked at Falls Church High

from 2001 through 2006 as a Spanish teacher. There, she was head coach of both the varsity girls' field hockey and girls' soccer teams from 2003 through 2005.

This fall, Alexander is the Oakton High girls' JV field hockey coach. The Cougars' varsity is under the leadership of head coach Liz McManus.

Alexander's hopes for the Oakton soccer program are for her players to gain a new sense of joy in playing the sport.

SEE NEW COACH, PAGE 12

**"My main philosophy is if it is not fun, it's not soccer."**

— Brooke Alexander

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## NEWS

# New Coach for Oakton Girls' Soccer

FROM PAGE II

"My main philosophy is if it is not fun, it's not soccer," she said. "I want to still make soccer fun without losing the competitive edge."

Alexander said she grew up in the Northern Virginia area playing youth soccer within the prestigious Washington Area Girls Soccer League (WAGS). She said her enjoyment as a youth player lost a little luster over the years.

"My experience was that it got a little crazy and intense for some girls, myself included," said Alexander, indicating that the sport was taken so seriously that a pure love of the game was lost at times.

Alexander played her high school soccer at T.C. Williams un-

der former Titans' coach Ian Lewis. She graduated from the Alexandria city school in 1996 before going on to attend the University of Virginia, where she graduated with a degree in English in 2000.

Just recently, Alexander earned a master's degree at Wake Forest University. She is currently a guidance counselor at Oakton.

Oakton girls soccer finished 6-8 under Brown last spring. Brown was head coach of the program for two years before stepping down following last season.

Oakton director of student activities Pete Duperrovzel is excited with the addition of Alexander to the coaching staff. "She's a major upgrade to the program and she will be here in the building," said Duperrovzel.



Brooke Alexander

# Cougars Football Improves to 3-0

FROM PAGE II

the Cougars this fall. Those players are linebackers Jack Tyler and Joey McCallum, running back Trey Watts and quarterbacks Chris Coyer and Ryan Harris. Overall, the Cougars have a large group of seniors back in the line-up this season.

"Our senior class has done a great job," said Thompson. "At least 18 came back as returning starters. They're a much more focused team with that experience. You can't go anywhere without real senior leadership."

The coach, as was the case throughout much of last season, has selected to use both of his quarterbacks in games, rotating them in and out depending on the flow of the contest.

"CHRIS AND RYAN are both phenomenal athletes," said Thompson. "Chris is a little bit bigger and Ryan has a little more lateral quickness. They're

both great football players."

Thompson said his two signal callers have put the team ahead of their own individual success or accolades.

"You're asking them to give up individual goals," said Thompson, of the game plan which calls for both QBs to split time at the position. "Not once have they complained about their roles."

When one of the two players is at the quarterback position, the other plays at a running back-slot position in the Cougars' offense. So, both are constantly on the field when Oakton has the ball.

In the win over T.C. on Saturday, Coyer had a huge game, rushing the ball 12 times for 137 yards and two touchdowns, and completing six of 10 passes for 69 yards. Watts ran for two scores and also caught a touchdown pass for Oakton, which overcame a 10-0 halftime deficit by scoring 13 points in the third quarter and 26 in the fourth.

## HEALTH NOTES

Send announcements to the Connection, to [herndon@connectionnewspapers.com](mailto:herndon@connectionnewspapers.com) or call 703-917-6449. Deadline is Friday.

**HAVEN of Northern Virginia**, 4606 Ravensworth Road, Annandale, is offering a free bereavement support group. The group will begin Wednesday, **Sept. 17**, from 7:30 - 9 p.m. and will

meet every Wednesday evening for 6 weeks. For information, call 703-941-7000, visit [www.havenofnova.org](http://www.havenofnova.org), or e-mail [havenofnova@verizon.net](mailto:havenofnova@verizon.net)

Learn **Brain Gym Basics**, free, on Friday, **Sept. 19** at Traditional Acupuncture of Northern Virginia, 443 Carlisle Drive in Herndon. Call Sharon,

703-623-8340 for more information.

**TOPS Club, Inc. (Take Off Pounds Sensibly)**, a nonprofit weight loss support group, meets **every Tuesday** at St. Timothy's Episcopal Church, 432 Van Buren St., Herndon. Weigh-ins begin at 6 p.m. Visit [www.tops.org](http://www.tops.org) for more information

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# REAL ESTATE

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Eleven companies from Herndon and Reston will showcase their products and services at the **Remodeling & Home Décor Show**, at the Dulles Expo Center on **Sept. 26-28**.

Participating businesses include: A-1 Concrete Leveling Inc., Herndon; Woodstone Studio, Herndon; Communications, Herndon; & Stools, Herndon; Euro Stone Craft, Herndon; Nova Lighthouse, Herndon; 92 Blessings, Reston; Driveway Impressions, Reston; Laverder Hill Interiors, Reston; My Green Cottage, Reston, and Preferred Siding Inc., Reston.

Admission is \$10 for adults; \$3 for children ages 6 to 12; free for ages 5 and under. For more information, including how to purchase discount tickets, visit [www.capitalhomeshow.com](http://www.capitalhomeshow.com).

**Weichert Realtors** will offer free career seminars in the following area locations. Call to confirm reservations:

**Herndon:** first and third Monday at 5:30 p.m. and Tuesdays at 1 p.m., 13001 Worldgate Drive, Herndon. Call Jennifer Cerda at 703-709-0101.

**Reston:** Wednesdays, 1 p.m. and 6 p.m. at 1760 Reston Parkway, #111, Reston. Call Bev Feitshans at 703-264-0000.

## HCTV SCHEDULE

FROM PAGE 5

### SUNDAY/SEPT. 21

- 8 a.m. Music and the Spoken Word
- 10:30 a.m. David Young - A Musical Journey
- 12 p.m. Vintage HCTV-World of Flowers
- 1 p.m. Guitar Instruction 8
- 1:30 p.m. Guitar Instruction 1
- 2 p.m. Antique Classic Auto Show
- 3:30 p.m. Music and the Spoken Word
- 5 p.m. Travel Television
- 6:30 p.m. Music and the Spoken Word
- 7 p.m. Jimmy's Old Town Tavern Open Mike Night
- 8 p.m. Guitar Instruction 8
- 8:30 p.m. Guitar Instruction 1
- 9:30 p.m. Woody's Western Theater

### MONDAY/SEPT. 22

- 7 a.m. Jazzercise
- 8 a.m. NASA Connects
- 9 a.m. My Health, My Medicare
- 9:30 a.m. Temple Hall Farm
- 10:30 a.m. Something Different 2008
- Noon Jazzercise
- 12:30 p.m. Woody's Western Theater
- 2 p.m. Fate of the Stallion
- 3 p.m. NASA Connects
- 4 p.m. Concert: The Fabulous Hubcaps
- 6 p.m. Jazzercise
- 6:30 p.m. NASA Connect
- 7 p.m. Classic Antique Auto Show

### TUESDAY/SEPT. 23

- 7 a.m. Jazzercise
- 8 a.m. The Reading Lady
- 9 a.m. Fate of the Stallion
- 10 a.m. Across the Aisle
- 11 a.m. Gang Task Force Presentation
- 12 p.m. Jazzercise
- 12:30 p.m. King Henry Show
- 1 p.m. Buffalo Soldiers-The Colors of Ft Bayard
- 2 p.m. Small Green Domicile
- 2:30 p.m. Inside Herndon
- 4 p.m. Concert: Trout Fishing in America
- 6 p.m. Jazzercise
- 6:30 p.m. Inside Herndon
- 7 p.m. Herndon Town Council Public Hearing (LIVE)

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- 519 North Armistead Street, Unit T-2, Alexandria 2/1/1005sf Condo. For info call: Robert Clark, 703-827-0075
- 3218 Groveton Street, Alexandria; 1/2/658sf. For info call: Rhonda Richardson, 703-218-9804
- 5226 Saint Genevieve, Alexandria; 2/2/1350sf Townhome. For info call: Frank Prindle, 703-859-6876
- 4203 Sonia Court, Alexandria; 4/3/2320sf. For info call: Jean Aboi, 703-400-9633
- 6300 Stevenson Ave. Unit # 420, Alexandria; 1/1/749sf High-rise Condo. For info call: Casey O'Neal, 703-824-4800
- 3918 Gallows Road, Annandale. For info call: Sherry York, 703-682-5435
- 6346 Pine View Court, Burke; 3/2.5/1512sf Townhome. For info call: Phil Chernitzer, 703-256-7648
- 5841 Parakeet Drive, Burke; 3/2/1040sf. For info call: David Moore, 703-786-7197
- 10171 Mosby Woods Drive, Unit 102, Fairfax 2/1/984sf Condo. For info call: Charlie Nucciarone, 703-823-9541
- 8002 Chanute Place 8, Falls Church 2/1040sf Condo. For info call: Frederick Johnson, 301-537-0195
- 408 Pickett Lane, Herndon; 4/2/1571sf on 0.25 +/- Acres. For info call: Cindy Lancaster, 703-438-3131
- 9121 Aspenpark Court, Lorton 3/2/1120sf. For info call: Charles Einsmann, 703-978-8844
- 7745 Matisse Way, Springfield; 3/1/1122sf Townhome. For info call: Iris Graves, 703-986-5752
- 6111 Hanover Avenue, Springfield; 3/1/1404sf. For info call: A Racquel Sharpton, 703-680-9550
- 5955 Joffa Place, Springfield; 3/2.5/1636sf. For info call: Phil Chernitzer, 703-256-7648



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*\*Pictorial feature of the week*

**Call Specific Agents to Confirm Dates & Times.**

### Loudoun County

|                              |           |          |                     |                |              |
|------------------------------|-----------|----------|---------------------|----------------|--------------|
| 20285 Beechwood Ter., #200   | \$179,900 | Sat 12-4 | Linda Vane          | REO            | 703-256-7648 |
| 609 Diskin Place Leesburg    | \$549,000 | Sun 1-4  | Weichert Robin Hill |                | 703-927-6667 |
| 105 Peyton Rd. Potomac Falls | \$499,900 | Sun 1-4  | Weichert            | Debbie McGuire | 703-406-9009 |

### Broadlands

|                            |             |          |                |                     |              |
|----------------------------|-------------|----------|----------------|---------------------|--------------|
| 42717 Ridgeway Dr.         | \$849,888   | Sat. 1-4 | Joseph Doman   | Keller William      | 703-815-5700 |
| Hamilton38068 Colonial Hwy | \$649,900   | Sun 1-4  | Margie Jensen  | Long & Foster       | 703-431-7633 |
| 94 Adams Dr., NE #52       | \$124,900   | Sat 12-4 | Mark Gaetjen   | RE/MAX 703-255-9700 |              |
| 43410 Cloister Pl.         | \$1,749,000 | Sun 1-4  | Eileen Summers | Long & Foster       | 703-759-9190 |
| 529 Fortress Cir., SE      | \$579,000   | Sun 1-5  | H. Cronin      | Weichert            | 703-760-8880 |
| 40881 Spectacular Bid Pl.  | \$999,900   | Sun 1-4  | JoWilla Beck   | RE/MAX 703-771-2345 |              |
| 23255 Watson Rd.           | \$537,900   | Sat 12-4 | Mark Gaetjen   | RE/MAX 703-255-9700 |              |

### Purcellville

|                  |             |         |                       |                 |              |
|------------------|-------------|---------|-----------------------|-----------------|--------------|
| 20012 Unison Rd. | \$1,495,000 | Sun 1-4 | Mary Chatfield-Taylor | Thomas & Talbot | 540-454-6500 |
|------------------|-------------|---------|-----------------------|-----------------|--------------|

*\*Pictorial feature of the week*

### Sterling

|                         |           |          |               |                     |              |
|-------------------------|-----------|----------|---------------|---------------------|--------------|
| 204 Gordon St.          | \$312,900 | Sat 12-4 | Linda Vane    | REO                 | 703-256-7648 |
| 100 Maple Ave.          | \$133,900 | Sat 12-4 | Mark Gaetjen  | RE/MAX 703-255-9700 |              |
| 46342 Sheel Ter.        | \$389,999 | Sun 1-4  | Heather Elias | Weichert            | 571-233-5491 |
| 207 St. Johns Sq., #207 | \$157,900 | Sat 12-4 | Mark Gaetjen  | RE/MAX 703-255-9700 |              |

### More OPEN HOUSES FOR 9-20 & 9-21

#### Herndon

|                         |            |         |                          |                 |              |
|-------------------------|------------|---------|--------------------------|-----------------|--------------|
| 1309 Dulles Pl          | .\$185,900 | Sat 1-4 | Philip Chernitzer        | REO             | 703-256-7648 |
| 13515 Huntsfield        | \$469,900  | Sun 1-4 | David Lloyd              | Weichert        | 703-527-3300 |
| 2408 Hay Rake Ct        | \$379,900  | Sun 1-4 | Sheryl Lambson           | Keller Williams | 703-535-3610 |
| 13221 Pleasant Glen Ct. | \$549,000  | Sun 1-4 | Srinivas Anamololu Trust |                 | 703-961-9280 |
| 12100 Richland Ln.      | \$979,000  | Sun 1-4 | Mary Ball                | Prudential      | 703-272-2326 |
| 888 Station St.         | \$615,000  | Sun 1-4 | Julie Hertel             | Long & Foster   | 571-243-5952 |
| 13200 Tuckaway Dr.      | \$650,000  | Sun 1-4 | Mary Ball                | Prudential      | 703-272-2326 |

#### Reston

|                          |           |         |                      |            |              |
|--------------------------|-----------|---------|----------------------|------------|--------------|
| 1830 Fountain            | \$650,000 | Sun 1-4 | Ray Wedell           | Weichert   | 703-855-7299 |
| 12084 Kinsley Place      | \$775,000 | Sun 1-4 | Ray Wedell           | Weichert   | 703-855-7299 |
| 1320 Park Garden Ln.     | \$574,900 | Sun 1-4 | Paddy Murphy         | Remax      | 703-757-5769 |
| 11115 Timberhead Ct.     | \$549,900 | Sun 1-4 | Mark Ruchstahl       | Samson     | 703-282-2040 |
| 1262 Wedgewood Manor Way | \$624,900 | Sun 1-4 | Doris Leadbetter     | Remax      | 703-757-5760 |
| 1242 Vintage Place       | \$439,900 | Sun 1-4 | Stephanie Czajkowski | Avery Hess | 703-492-6500 |

To add your Realtor represented Open House to these weekly listings, please call Lauri Swift or Winslow Wacker

**703-821-5050** or E-Mail the info to

**Lauri@connectionnewspapers.com**

All listings due by Monday at 3 pm.



ARTS ♦ ENTERTAINMENT ♦ LEISURE

### THINGS TO DO



**Robert Young of Community Gardens is one of the Reston Town Square Farmers' Market's vendors who will be participating in Thursday, Sept. 18's "Meet and Shop" at the corner of Market and Explorer streets from 5-7 p.m. Rain date is Oct. 2. See [www.smartmarkets.org](http://www.smartmarkets.org).**

Send announcements to [herndon@connectionnewspapers.com](mailto:herndon@connectionnewspapers.com) or call 703-917-6451. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

#### THURSDAY, SEPT. 18

**"Meet and Shop."** Reston Town Square Farmers' Market, 5-7 p.m. meet vendors, enjoy live jazz, corner of Market and Explorer streets.

#### FRIDAY, SEPT. 19

**"Gallery Talk by Tricia Ratliff** on the Paint Herndon Plein Air Art Exhibit at ArtSpace Herndon, 750 Center Street, 7:30-8:30 p.m. Call 703-956-6590 for more information. Free. Collectors and galleries welcome.

#### SATURDAY, SEPT. 20

**Bluegrass Concert.** Sonrise will perform at Holy Cross Lutheran Church at 1090 Sterling Road, Herndon at 7:30 p.m. Admission is \$12.

**Karate Championship.** The 10<sup>th</sup> Worldgate Challenge Karate Championship will be held at the Worldgate Sport and Health Club, 13037 Worldgate Drive, Herndon. Registration runs 7:30 a.m.-1 p.m. and competition begins at 9 a.m. Contact Barbara Kurland at 703-929-1450.

**2nd Annual Arts and Crafts Show.** Sunset Hills Montessori School, 11180 Ridge Heights Road from 10a.m.-5p.m.

#### SUNDAY/SEPT. 21

**NatureFest 2008.** Event spotlights plants and

SEE CALENDAR, PAGE 13

# Honey, Reptiles and Water

## NatureFest 2008 takes place this weekend.

BY MIRZA KURSPAHC  
THE CONNECTION

**S**nakes, bugs, trees and plants will dominate the happenings at Herndon's Runnymede Park on Sunday afternoon, Sept. 21. Dubbed one of Northern Virginia's premier nature events, NatureFest 2008 will be held at the park highlighting its and the area's natural resources and ecosystems.

"It's our big annual event for the Town as far as environmental awareness is concerned," said John Dudzinsky, the Town of Herndon forester. "It's gotten more popular every year," he said.

David Swan, president of the Friends of Runnymede Park, estimated that about 1,000 people would visit the park during the four-hour event on Sunday, including 400 to 500 children. "It's free, it's fun, it's just a fantastic event," said Swan.

The theme for this year's NatureFest is "Runnymede Park: A Park for All Seasons." The organizers promise a diversity of live animals at the event, including farm animals, reptiles, bats, butterflies and birds of prey. Swan said one of the activities is the catching, tagging and releasing of monarch butterflies at the park. There will also be a demonstration sampling the water from the stream at the park.

"You can learn anything from how to make honey to how to recycle," said Dudzinsky of the planned activities. "You'll learn about different wildlife," as well as domesticated animals brought from Frying Pan Park, added Dudzinsky.

Children will earn free cookies for completing visits to 11 of the 14 nature stations.

**"It's our big annual event for the Town as far as environmental awareness is concerned."**

**— John Dudzinsky,  
Town of Herndon  
Forester**



PHOTO BY MIRZA KURSPAHC/THE CONNECTION

**The Native Plant Project at Runnymede Park. The park will be the site of NatureFest 2008 on Sunday, Sept. 21, from 1 to 5 p.m. Activities for adults and children will include live animals and demonstrations on natural resources available at the park.**

Dudzinsky said the event is perfect for local Boy and Girl Scouts. "For any scout groups, it's a good way for them to check off a lot of different requirements," said Dudzinsky. "I encourage everybody to come out," he said.

Runnymede Park is located in the 100 block of Herndon Parkway. Parking and ad-

mission are free. Parking will be available at the park or at the Herndon Police Station, located at 397 Herndon Parkway, a third of a mile from the park. Free shuttle service from the police station will be provided. For more information visit the Friends of Runnymede Park web site at <http://frpweb.org>.

### ART

Oak Hill artist **Jill Poyerd**, will be exhibiting her painting entitled "Wishing for Spring" in the Virginia Watercolor Society's 29th Annual Juried Exhibition being held **Sept. 22- Nov. 1** in Roanoke. Poyerd is one of 80 artists featured in this year's show as selected by juror, Donna Watson, a nationally recognized, award-winning artist. This year's exhibit will be held at The Shenandoah Club in Roanoke and is open to the public. Show hours are Monday-Saturday, 2-5 p.m. Visit [www.jpwatercolors.com](http://www.jpwatercolors.com) for more on Jill Poyerd.

The 8th Annual **GWAC Youth Art Fest** will be held on Saturday **Sept. 27** at the Reston Town Center Pavilion, 11900 Market St., Reston. The Fest brings together professional artists, artisans and performers to share their work and talent with youth and their families. The art competition is open to all youths K - 12. Visit [www.YouthArtFest.com](http://www.YouthArtFest.com) or call 703-268-

5626 for more information.

**Gail Axtell-Beading** will have an **artist demo** at the Reston Art Gallery, 11400 Washington Plaza, on Saturday, **Sept. 27**, 10 a.m.-12 p.m. Call 703-481-8156 for details.

Grand opening of the ArtSpace Herndon gallery with exhibit of **Plein Air Paintings**, through **Sept. 28**, at ArtSpace Herndon at 750 Center St., Herndon. Free.

**Greater Reston Arts Center** will present a selection of photographs about trees by **John Bessey** (1949-2008) through **Sept. 28**. For more information, call GRACE at 703-471-9242, and visit [www.restonarts.org](http://www.restonarts.org).

**The Greater Reston Arts Center's annual C-Note Sale** is Sunday, **Sept. 28**, open for art preview at 11 a.m. with light brunch provided, and sale starting at 1 p.m. GRACE will display the avail-

able works of art beginning Tuesday, Sept. 2 during gallery hours, Tuesday through Saturday from 11 a.m. until 5 p.m.

C-Note tickets are now on sale, \$150 each, available by phone at 703-471-9242, and in person at GRACE. Images of C-Note Sale art are also now online for preview at [www.RestonArts.org/support/C-Note2008.htm](http://www.RestonArts.org/support/C-Note2008.htm).

Artist **Shinji Turner-Yamamoto** is installing a large dead dogwood tree inside the **Greater Reston Arts Center Gallery**, 12001 Market St., Suite 103, where it will stretch across the room as if asleep. Along the trunk and branches, he will plant tiny fern seedlings which will grow and carpet the tree with lush, new growth. In an adjacent space he will exhibit related works on paper. The **opening is Saturday, Oct. 11, 5-7 p.m.**, and the exhibit will be on display from **Oct. 10- Nov. 14**. Visit [www.restonarts.org](http://www.restonarts.org).

# CALENDAR

FROM PAGE 12

wildlife of Runnymede Park, a 58-acre natural park, is located in the 100 block of Herndon Parkway, 1-5 p.m. Parking and admission are free. Call Town Forester John Dudzinsky at 703-435-6800, or go to [frp.web.org](http://frp.web.org) for more information.

**Oktober fest.** Vinifera - Oktober fest Grill and Beer Garden featuring: sour beef and dumplings, braised red cabbage, grilled bratwurst with spicy German mustard herb spaetzle, Reston Heights — in front of the Sheraton Reston and The Westin Reston Heights — 5-7 p.m., with Heidi und Heimat Echo Band.

## TUESDAY/SEPT. 23

**Author's Night.** At 7 p.m., Stephen Ruffa will be discussing his new book, "Going Lean: How the Best Companies Apply Lean Manufacturing Principles to Shatter Uncertainty, Drive Innovation, and Maximize Profits" at Barnes and Noble in Reston.

## THURSDAY/SEPT. 25

**Semi-Annual Used Book Sale.** Special collection of used books. 10 a.m.-5 p.m. Cosponsored by the Friends of the Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700. All ages.

## FRIDAY/SEPT. 26

**Semi-Annual Used Book Sale.** Special collection of used books. 10 a.m.-5 p.m. Cosponsored by the Friends of the Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700. All ages.

**Open Mike Night.** Reston's Used Book Shop, 7:30 p.m., 703-435-9772.

## SATURDAY/SEPT. 27

**Semi-Annual Used Book Sale.** Special collection of used books. 10 a.m.-4:30 p.m. Cosponsored by the Friends of the Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700. All ages.

**Artist Demonstration.** Reston Art Gallery & Studios at Lake Anne, 10 a.m. - 12 p.m. Featured artist: Gail Axtell-Beading.

**Stream Restoration Walk.** Explore Reston's watersheds and learn about the stream restoration project along Snakeden Branch from 10 a.m.-12 p.m. Wear waterproof shoes or boots, long pants and bug spray. Meet at the Hunter's Woods Village Center, 2310 Colts Neck Road, Reston, on the path near Rite Aid and Wachovia Bank. 703-435-7986.



**Sonrise will perform at Holy Cross Lutheran Church's Weekend Bluegrass Concert Series on Saturday, Sept. 20 at 7:30 p.m. Ralph Sellers (mandolin), Eddie Haynes (upright bass), Larry Jett (banjo), and Victor Jordan (guitar) are Sonrise. Admission is \$12. The church is located at 1090 Sterling Road, Herndon. Reservations: 703-435-8377.**

**Barktoberfest.** Enjoy this festival for pet lovers which includes live music, treats, games and pets for adoption. Held at the outdoor amphitheater at Melodee Music, 46077 Lake Center Plaza, Sterling, the festival runs from 12-6 p.m., with free admission.

**Concert.** Bill Emerson & the Sweet Dixie Band are playing at the Frying Pan Farm Park Visitor Center, 2709 West Ox Road, Herndon at 8 p.m. \$15 pre-paid reservations are recommended. Call 703-437-9101 for details.

**Art Fest.** The 8th Annual GWAC Youth Art Fest will be held at the Reston Town Center Pavilion, 11900 Market St., Reston from 1-6 p.m. The Fest brings together professional artists, artisans and performers to share their work and talent with our youth and their families. The art competition is open to all youths K - 12.

Visit [www.YouthArtFest.com](http://www.YouthArtFest.com) or call 703-268-5626 for more information.

**Harvest Fall Festival.** A fun day for the whole family, from noon to 4 p.m. at the Temporary Road Pavilion in Reston at the intersection of North Shore Drive and Temporary Road. Games for the children, free hotdogs, lemonade, cottoncandy and helium balloons, free clothing give away and sports activities. Free and is open to the public, hosted by Harvest Christian Fellowship of Reston. 703-834-8100.

## SUNDAY/SEPT. 28

**C-Note Sale.** Greater Reston Arts Center's annual fund-raiser. Online preview of available art at [www.restonarts.org](http://www.restonarts.org)

**Semi-Annual Used Book Sale.** Special collection of used books. Noon-3:30 p.m. Cosponsored by the Friends of the Reston Regional Library, 11925 Bowman Towne Drive,

Reston. 703-689-2700. All ages.

## MONDAY/SEPT. 29

**Fund-Raising Tournament.** Herndon United Methodist Church hosts 2nd Annual Drive for Missions Golf Tournament at 9 a.m. at the Herndon Centennial Golf Course to benefit its "Volunteers in Mission" groups. The entry fee is \$100 per person. See [www.herndonumc.org](http://www.herndonumc.org).

## TUESDAY/SEPT. 30

**Adventure Tots.** Children 3-4-years old are invited to celebrate apples at the Loudoun Heritage Farm Museum at Claude Moore Park, 21668 Heritage Farm Lane, Sterling, from 9:30-11 a.m. Help make and then sample cider, play "apple" games and listen to stories about apples. \$5/residents, \$8/non-residents, registration required (#9011018-9A). Call 703-390-6163.

## THURSDAY/OCT. 2

**Original Sewing & Quilt Expo.** At Dulles Expo & Conference Center, 10 a.m. - 6 p.m. General admission is \$10 per day at the door. Children under 12 are admitted free.

**McLean, Langley, O'Connell Golf Tourney 2008.** To benefit military families staying at The Fisherhouse. See [www.fisherhouse.org](http://www.fisherhouse.org). Cost is \$100. Tournament takes place at the Herndon Centennial Golf Course, 909 Ferndale Ave., Herndon. Any questions: email [JJDeli@cox.net](mailto:JJDeli@cox.net).

## FRIDAY/OCT. 3

**Original Sewing & Quilt Expo.** At Dulles Expo & Conference Center, 10 a.m. - 6 p.m. General admission is \$10 per day at the door. Children under 12 are admitted free.

## SATURDAY/OCT. 4

**"Light The Night."** The Leukemia & Lymphoma Society's National Capital Area Chapter invites children, adults, and seniors to participate in this fund-raising walk beginning at 5:30 p.m. at the Reston Town Center. To register, call 703-960-1100, or visit [www.lightthenight.org/nca](http://www.lightthenight.org/nca).

**Original Sewing & Quilt Expo.** At Dulles Expo & Conference Center, 10 a.m. - 5:30 p.m. General admission is \$10 per day at the door. Children under 12 are admitted free.

**Jazz and Blues Fest.** Enjoy a full afternoon of free live music on the plaza with four live bands from 12-6 p.m. at Lake Anne Plaza, 1609 Washington Plaza, Reston. Visit [www.lakeanneplaza.com](http://www.lakeanneplaza.com).

## SUNDAY/OCT. 5

**Family Concert.** Cathy and Marcy, Grammy-winning children's music artists, are playing at Hunter Mill Country Day School, 2021 Hunter Mill Road, Vienna at 4 p.m., with ground opening at 2 p.m. Tickets are \$8/advance, \$10/day of show. Visit [www.rockinthehill.com](http://www.rockinthehill.com).

## SUNDAY/OCT. 12

**The Reston Heights Concerts on the Square** feature New Line Brass Band, from 5-7 p.m. Located in Reston Heights at 11750 Sunrise Valley Drive the concerts are free and open to the public. Light refreshments are offered, bring a lawn chair or blanket.

## SATURDAY/OCT. 18

**Halloween Family Fun Day.** Come in costume and enjoy a puppet show, magic show and candy and prizes for free from 1-3 p.m. at the Reston Community Center at Lake Anne, 1609 Washington Plaza. For children up to 8 years of age with adult guardian.

## SATURDAY/OCT. 25

**Fall Fun at Lake Anne.** Enjoy entertainment and trick-or-treating for free at the Lake Anne shops, 1609 Washington Plaza from 12-4 p.m.

## WEDNESDAY/OCT. 29

**Book Signing.** Fairfax author Michael Sullivan will have a Q&A discussion and book signing at Barnes and Noble- Spectrum Center, 1851 Fountain Drive, Reston at 7 p.m. Call 703-437-9490.



**Framed lino cut by Mary Marks, entitled "String Beans" is one of 200 works of art available in annual C-Note Sale at the Greater Reston Arts Center on Sunday, Sept. 28. Every C-Note ticket-holder will receive a piece of art, each ranging in value from \$150 to over \$700, all donated by artists in support of GRACE.**



**Also part of GRACE's C-Note Asale is an acrylic painting (20" x 20") by Joan Kelly, entitled "Summer Relaxation."**

# EMPLOYMENT

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localizado en el Westin Reston Heights está ahora contratando coajeros para la Jornada de la Tarde, Cocineros y Mesero/as. Un bono se \$500 al firmar el contrato. Favor llamar a Dianna al 703-234-3504, también puede enviar su resume por fax o e-mail. Fax:703-234-3523, email: [dianna.abilmona@crestlinehotels.com](mailto:dianna.abilmona@crestlinehotels.com). o puede aplicar en persona en el 11750 Sunrise Valley Dr., Reston, VA 20191

## ADMINISTRATIVE ASSISTANT

Small Sterling electrical contracting firm is looking for an experienced, full-time Administrative Assistant. Must be highly organized, dependable, possess excellent phone skills and be familiar with Excel and Microsoft Word. Responsibilities include accounting (accounts payable and receivable), scheduling and general administrative duties. Excellent benefits include paid vacation and holidays, health and dental insurance, retirement plan and competitive salary.  
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[mpreston@midatlanticpower.com](mailto:mpreston@midatlanticpower.com)

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# EMPLOYMENT

## NEWS

# Children's Festival Takes Over Wolf Trap

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Two days of performances showcase performing arts of the world.

BY DONNA MANZ  
THE CONNECTION

The sun was strong, the sky heavenly blue, and the costumes of the world were colorful and authentic. Such was the opening day of the annual International Children's Festival, held every year since 1971 at Wolf Trap National Park for the Performing Arts. The festival, produced by the Arts Council of Fairfax County in conjunction with the National Park Service, draws performers from throughout the Washington, D.C. area and from around the world.

**"This event is a place where the community can be exposed to the diversity within it."**

— Ragyi Sinha **"I KNEW CATHERINE**

**SHOUSE** as a friend," said Christina Heimlich, co-founder of the children's festival. "She came over to my house one day with another friend, sat on the sofa, and said to me, 'I would like to do something especially for children.'

"The name of my dance school was the International School of Dance, so I told her, 'Why don't we call it the International Children's Festival?'"

"Our students were the first performers on the Filene Stage," said Heimlich, now 90 years old and still actively involved in the dance arts.

Four stages set among the rolling greens and woods of Wolf Trap, including Filene Center and the aptly-

### SCHOOL NOTES

Upcoming **Herndon High School** dates:  
**Sept. 18**, HHS Back to School Night, 6 p.m.  
**Sept. 23**, Seniors meet with counselors  
**Sept. 23-24**, Underclassmen Yearbook Pictures (during English classes)  
**Sept. 23-24**, District Golf Tournament  
**Sept. 27**, Showcase of Bands  
**Sept. 30**, First Quarter Interims sent home  
**Oct. 2**, Senior Parent Information Night, 7 pm  
**Oct. 3**, Senior Night - Football, Cheer, Dance Teams, Marching Band  
**Oct. 4**, SAT Test

**Oakton High School** Back to School Nights will be Wednesday, Sept. 17, 7-10 p.m. (Grades 9 & 10) and Thursday, Sept. 25, 7-10 p.m. (Grades 11 & 12).

Student musicians from **Herndon High School** and **Rachel Carson Middle School** will perform at the Virginia Music Educators Association conference in November in Hot Springs.

The Carson Middle School Advanced Women's



PHOTO BY DONNA MANZ/THE CONNECTION

From left, **Suvritt Ramanand, Ragyi Sinha, Bandana Singh, Ramanand Singh, and Dinesh Bhat** of Herndon cheer on family member, **Anjori Sinha**, dancing with the Nriyaki dance group.

named Theatre-in-the-Woods, featured continuous performances by adults and children, from Northern Virginia to points international, among them China, Finland, Ghana, and Jordan. Bolivian, Indian, Brazilian, Irish, and Mexican cultural performances entertained over two days. From any place on the Wolf Trap grounds, the pulsating, rhythmic sounds of Caribbean and African percussion floated through the air.

The U.S. Park Police horse patrol was an attraction in itself, as children stopped to pet the horses.

"I'm really looking forward to seeing the exciting dancers," said 12-year-old Suvritt Ramanand of Herndon, whose sister performed with the Indian dance group, Nriyaki.

A family member, Ragyi Sinha, 22, looks at the dance and music festival from a cultural angle. "This event is a place where the community can be exposed to the diversity within it," she said. "There's a lot of people who don't know just how diverse our community is. Someone coming here might find a hidden liking to something new."

Chorus, directed by Amy Moir, and Herndon High School Vocal Jazz Group, directed by Jim and Dana Van Slyke, will be participating.

The 7<sup>th</sup> annual **Recycling Roadshow** will be at Herndon High School 10 a.m.-3 p.m. on Saturday, **Oct. 25**.

Old T.V. and computer monitors, bicycles, clothing, and other large, recyclable electronics and accessories will be collected.

Visit [www.fairfaxcounty.gov/dpwes/recycling/calendar.htm](http://www.fairfaxcounty.gov/dpwes/recycling/calendar.htm).

**Oakton High School** has three finalists in the 2008 Virginia High School League (VHSL) Writing, Photo and Design Contest. **Chris Weil** is nominated in the "In the News" category and **Matt Johnson** and **Erica Wohleben** are finalists in the "Features" category. Oakton High School is a finalist in the Concept Packaging category as well. Winners will be announced at the 2008 VHSL Championship Journalism Workshop, running Oct. 18-19 in Richmond.

Mariachi Los Amigos is made up of musicians from as far away as California and Arizona, and as close by as Vienna. June Welch, a violinist who lives in Vienna with her husband and two children, has been playing mariachi music for 19 years. "We play somewhere every weekend," said Welch.

Savannah McBride of McLean squeezed between Beauty and the Beast for a photograph. She came to the festival last year and says she likes the instrument petting zoo, in the global art and rhythm tent, the most.

**THE CHILDREN'S FESTIVAL** originated as a one-day event for local children's performing groups. With more than 70 sponsors and more than 700 volunteers, the festival is well-equipped to accommodate the hundreds and hundreds of families from Maryland, Virginia, and Washington who immerse themselves in a day of international cultural performances.

"We hoped that, eventually, the festival would grow bigger and bring in people from other countries," said Heimlich. "Yes, it really has grown."

### FAITH NOTES

**Oakbrook Church** in Reston — across Reston Parkway from Home Depot — will begin distribution of non-perishable food at its new Food Pantry scheduled to open in early September. The church seeks donations of dried beans, rice, pasta and healthy cereals. To contribute, drop off the donation during office hours: Tuesday - Friday, 9 a.m. to 2 p.m. If the doors are locked, leave donations under the front awning. Call 703-437-4900.

Join **Shoreshim** for **Jewish Erev Rosh Hashanah Services** on Monday, **Sept. 29** from 7:30 p.m. to 9:30 p.m. in Reston. Shoreshim services are free and open to whoever would like to attend. Call Shoreshim at 703-923-3424 or e-mail [info@restonshoreshim.org](mailto:info@restonshoreshim.org) for location. Babysitting will be provided for children who do not wish to attend the service.

**Free English Classes** are held at **Washington Plaza Baptist Church**, 1615 Washington Plaza West, on Lake Anne Plaza, Reston. Visit [www.washingtonplazachurch.com](http://www.washingtonplazachurch.com)

# Barreling Through in Burtonsville



By KENNETH B. LOURIE

Knowing as little as I do about the future price of a barrel of oil, and by association, the future price of a gallon of gasoline and home heating oil, commodities with which I am financially very familiar — and impacted, I can only guess as to their future level. As such, the present is what matters to me. And to that end, I am now reading financial news updates on the web, specifically as it relates to oil, trying to anticipate its price fluctuations. It's almost as if, not being able to beat them, perhaps I can join them, in some small way, at least as far as this Joe Schmoe is informed.

And so, I now pay attention to international — or national events — that might affect oil production and/or its transportation, gasoline stocks/supplies/inventory, monetary exchange rates, the weather and of course, the actual price at the pump. When the per gallon price is higher than it was previously, I try to buy less; when the price at the pump is lower, I try to buy more. I guess you could say it's my way of dollar cost averaging. And though I certainly realize, that in spite of my best intentions, buying less gas per trip because the price is high is only going to result in my returning sooner to those very same pumps rather than later, still it's mind over matter. If I think I'm spending less, maybe I actually am. (Any port in a storm, I suppose.)

Granted, it's all very delusional because gasoline, and to a lesser degree, home heating oil, is not exactly a voluntary purchase. In fact, it's practically mandatory. For without it, you're going nowhere — literally, and if you're at home, and it's winter, you're freezing too. Talk about adding insult to injury. So you have to buy it, or else; with cash, credit or debit, and let the other chips (bills) fall where they may. And though oil and other fossil fuel-type commodities may not be as crucial as food, water and clean air, try living without it. Not only will the effects not be pretty, they'll be downright painful, and not just at the pump, either.

And so this morning, I had my wife, Dina, call me as she drove by our local gas station to give me a price-per-gallon update. Yesterday (Aug. 30) the per gallon price for the mid-grade my car requires was \$3.43, a recent low. I knew I should have filled up then, what with Hurricane Gustav churning and strengthening in the Gulf, but since I had groceries — frozen food and ice cream, in particular, I couldn't risk the time it would have taken, sitting in line at the gas station with my perishables maybe perishing, so I drove on home, regretting my decision by not really second guessing it. And unfortunately for me and my flowing cash, I paid for it, eventually.

Dina called and told me the price was now \$3.57 per gallon, 14 cents higher. Certainly not Earth-shattering (or even mind-numbing), but 4.1 percent higher than it was the day before. And though I can absorb the increase, I'd rather not. I don't know if it's my advancing age but, the older I get, the more difficult it is to do with less. And with respect to the dollars on the barrel head, the less I have, the more careful I am spending it.

I realize it's only money, but the oil companies have plenty of it already. I'm just trying to find a way to keep more of it for myself, however pointless it sometimes seems.

*Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.*

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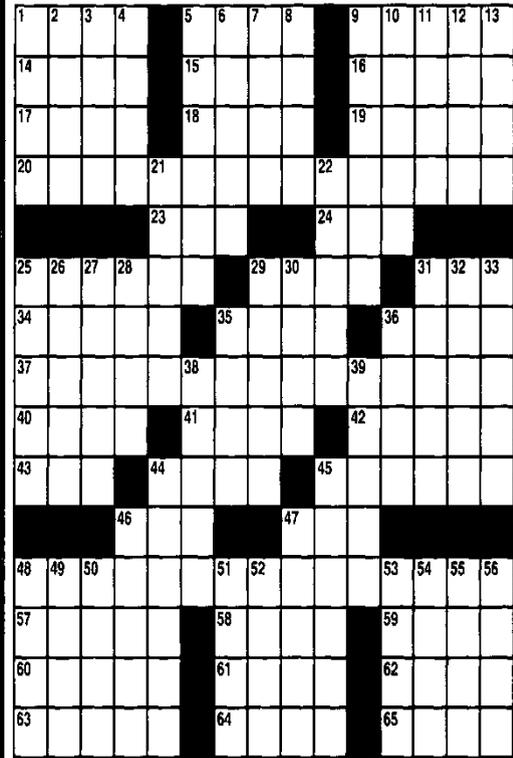
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Edited by Will Shortz

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Puzzle by Bill Ballard

**ACROSS**

- Where Picassos hang in N.Y.C.
- Baby buggy
- Popular jeans
- During
- Four-star review
- Defendant's excuse
- Honored lady
- Portent
- St. Kitts and \_\_\_\_\_ (Caribbean nation)
- Fashion slogan in the business world
- Brooch
- What's left after deductions
- Palestinian chief Yasir
- Trot or canter
- Concert music blaster
- Childbirth
- "Schindler's \_\_\_\_\_"

- Pianist Myra
- Bruins' sch.
- "\_\_\_\_\_ ho!"
- Surgery sites, for short
- Son of Seth
- Food wrappers and such on the street
- Slump
- Response to a bad call
- Catch phrase for the avid mailgoer
- Approvals
- Dinghy propellers
- College in New Rochelle
- Leader after Indian independence
- Soothing agent
- Runs (for)
- Carpenter's device
- Educator Horace
- Helper: Abbr.

- One who gives the silent treatment?
- Summer quaffs
- Loss's opposite
- \_\_\_\_\_ Novarro, 1926 Ben Hur
- Allege
- Kind of room
- Surgical instrument
- Vote into office
- On the qui \_\_\_\_\_
- Wading bird
- Snake sound
- The fifth tire
- Togetherness

- Notwithstanding, informally
- Pinker than pink
- Bottomless pit
- Watch chains
- Cyndi Lauper's "\_\_\_\_\_ Just Want to Have Fun"
- On a deck, perhaps
- No longer on deck?
- Purple shade
- Snoop
- Kooky
- It's for the birds
- Mushrooms, e.g.
- State sch. in Athens
- Completely consumes
- Start to untie
- \_\_\_\_\_ whale
- "Don Juan" poet
- In \_\_\_\_\_ (together)
- Toe's opposite
- Worker welfare org.
- Rich soil
- Kind of land
- Woman who can carry a tune
- French kings
- Handy bills
- History

**ANSWER TO PREVIOUS PUZZLE**

SPRAYCAN SCOPES  
CHARISMA TAMALE  
ROLEPLAY UMBRAL  
UNE EEN EDU ABE  
BEST WASTES SOC  
ANISTON HIRT  
CREPES ANTIETAM  
RASPS RUS CRETE  
ARTESIAN LESSEN  
BEAD NICTATE  
GET SASHES YOWL  
RAE IMA DAB VIE  
ARCANE LIGATURE  
STAGES TUNNELED  
SHREWS SMACKERS

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**Jim Davis**

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