

Potomac ALMANAC

VERIFIED
AUDIT CIRCULATION
APPROVED

ATTENTION POSTMASTER:
TIME SENSITIVE MATERIAL.
REQUESTED IN HOME 10-2-08

A CONNECTION
NEWSPAPER

PRSR STD
U.S. POSTAGE
PAID
MARTINSBURG, WV
PERMIT #86

Potomac's Gentle Giant

SPORTS, PAGE 12

Pedaling Path To Safety

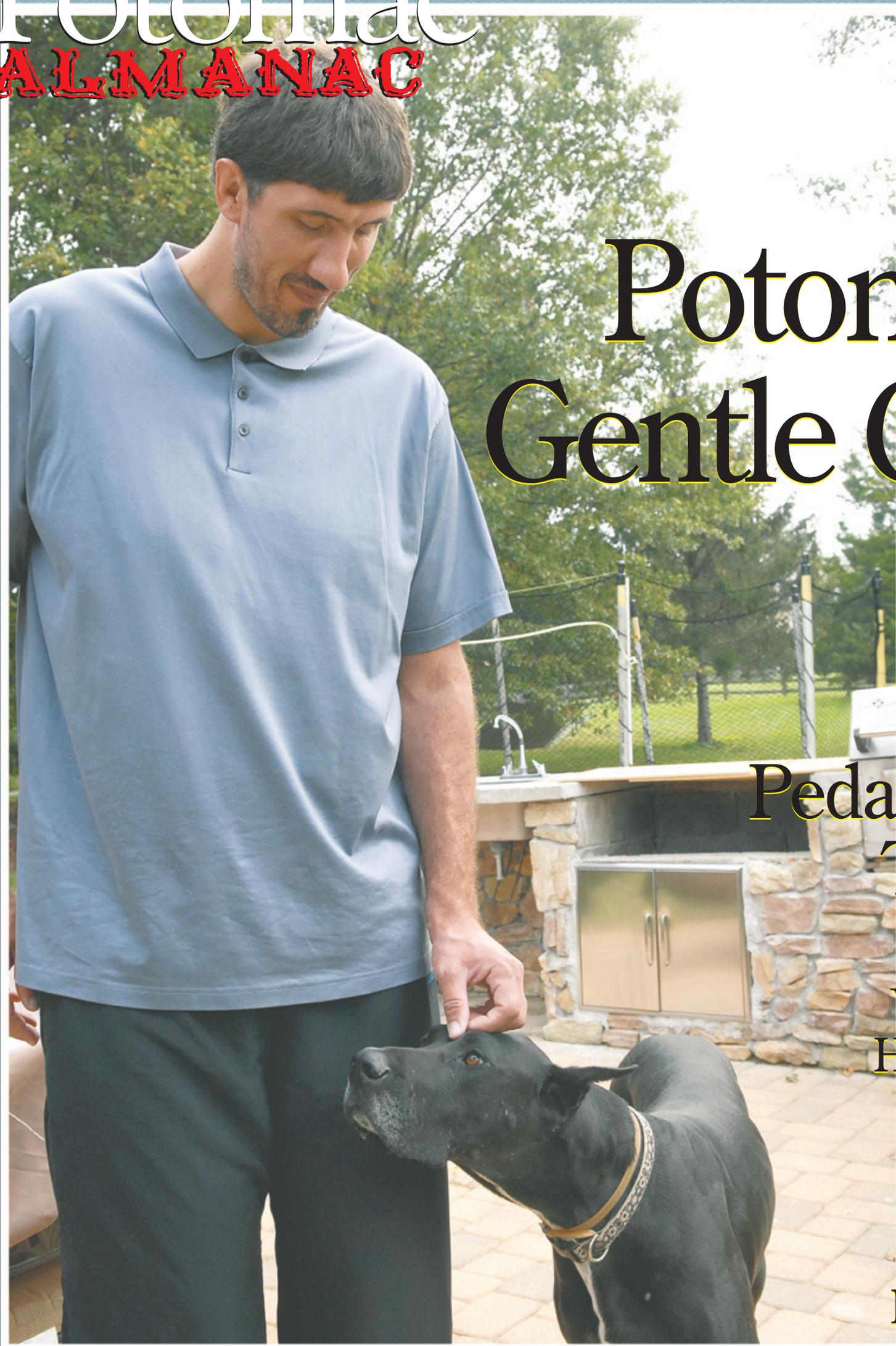
NEWS, PAGE 3

Victim Recalls Home Invasion

NEWS, PAGE 3

In the Fight against Breast Cancer

HEALTH, PAGE 15



Former NBA star Gheorghe Muresan with his Great Dane.

CALENDAR, PAGE 10 ♦ SCHOOLS, PAGE 14 ♦ REAL ESTATE, PAGE 13 ♦ CLASSIFIED, PAGE 18

PHOTO BY LOUISE KRAFFT/ALMANAC

Anti-Abortion Protester at Churchill

A woman handing out anti-abortion flyers last week at Winston Churchill High School did so peacefully and was not arrested, according to Montgomery County Police. The woman, who police did not identify since there were no charges involved, held a sign and passed out flyers to students who wanted them as they showed up for school on Thursday, Sept. 25, said Officer Tenesha Jensen, a police spokesperson.

"It wasn't much to it, it was just a lady,

this is her thing, this is what she does, she goes from one public high school to another," Jensen said. School officials thought that the woman, who was on the sidewalk in front of the school, was on school property so the educational facilities officer — a police officer on hand at each county high school — asked the woman to move across the street, which she did. It is unclear whether or not the sidewalk in front of the school qualifies as school property, Jensen said.

"From what I understand some parents were upset but that was just by the mere nature of her being there," Jensen said. The

woman has shown up elsewhere in the county at BCC and Blair High Schools so far this year.

"Its kind of like she makes her rounds but from what I understand there's never any trouble," said Jensen.

Proposed Village PNC Drive-Through ATM

A meeting will be held on Thursday, Oct. 2 to get community input and feedback on a proposal by PNC Bank in Potomac Village

to expand their walk-up ATM in the parking lot adjacent to Potomac BP service station into a drive-through banking facility. The meeting will be held in the multi-purpose room of the Potomac Community Center at 11315 Falls Road at 7 p.m.

Two Public Meetings On Home Invasions

Montgomery County Police will host a public meeting on Monday, Oct. 6 from 7:30

SEE TWP, PAGE 4

LET'S TALK Real Estate



by Michael Matese

BE INSECT FREE WHEN SELLING YOUR HOME

BE INSECT FREE WHEN SELLING YOUR HOME

There might be some kind of small, leggy creature that finds its way into your home. If home remedies like ionized boric acid don't work, paying a professional exterminator will be money well spent.

Some standard sales agreements require that a property be inspected before the closing and treated for termite infestation, if necessary. It is a good idea to check for wood-boring insects such as termites or carpenter ants as soon as you sign a listing agreement, so that they don't become an issue of contention in the sale. Also, ask the home inspector to inform you if there are any signs of dry rot, mold or mildew that group in damp, dark areas, appearing as a brownish-black fungus growth on walls and wood surfaces and alerting you to possible structural damage.

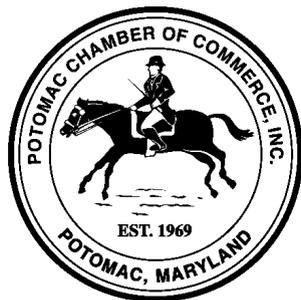
Some insects may not physically damage the house, but their presence may reduce its chances of selling for top dollar. If a prospective buyer sees spider webs while touring the house or sees an ant trail, it could seriously undermine their ability to fully appreciate your house.

For professional advice on all aspects of buying and selling real estate, call:

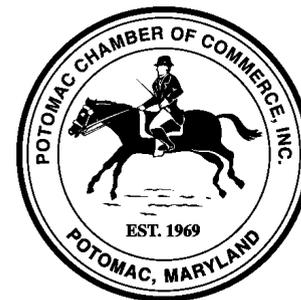
MICHAEL MATESE
Washington Fine Properties

301-806-6829

Michael.Matese@wfp.com



The Potomac Chamber of Commerce
P.O. Box 59160
Potomac, MD 20859



October 18th 2008

Potomac Day is Coming!

Be Sure to Join Us!



"COMMUNITY" IS OUR MIDDLE NAME!



STEEPED IN TRADITION



5K, Parade, Car Show, Kids Festival, etc...

For more information, go to www.PotomacChamber.org and click on "Potomac Day"

Too Much Fun To Be Had!

Sign Up Today!

The Potomac Chamber of Commerce, Inc.

For more information, please contact Jennifer Matheson

pcc@potomacchamber.org

or 301-299-2170

POTOMAC ALMANAC
www.potomacalmanac.com



PHOTO BY AARON STERN/THE ALMANAC

A biker makes her way along the on-road bike lane on MacArthur across from the Captin's Market. The proposed bike path project would add another bike lane on the Westbound lane of MacArthur and a designated pedestrian/bike path alongside and removed from the eastbound lane.

Saved?

Sprinkles lease to be renewed by Zuckerman Gravely; PNC Bank looks to expand walk-up ATM to drive-through facility.

BY AARON STERN
THE ALMANAC

Two months after the management company that leases space in the Potomac Village shopping center told store owner Tom Orban that his lease would not be renewed next spring and that the decision was final, Zuckerman Gravely officials have reversed course.

Last week on Tuesday Orban got a call from the management company telling him the news.

"I was very happy and surprised," said Orban. Though the final details of a new lease need to be worked out and Orban said he has not seen a draft contract yet, he said

SEE VILLAGE, PAGE 5

A Path to Safety

BY AARON STERN
THE ALMANAC

A proposed bike lane project on MacArthur Boulevard between Cabin John and Glen Echo is awaiting a green light from the County Executive. The \$7.8 million project would narrow driving lanes, widen the existing bike lane on the road's southern shoulder, and create a designated pedestrian-biker path beside and separate from the road.

"It's been a long time coming," said Burr Gray, president of the Cabin John Citizens Association. Many residents of Cabin John and other surrounding communities sup-

port the project not just because of the improved access and safety the project would provide for pedestrians and bikers, but because narrowing the lanes for cars is expected to force drivers to travel more slowly and cautiously.

The 2.6 mile project would run from the I-495 overpass to the intersection of MacArthur and Oberlin Avenue. Driving lanes would be narrowed from 11 feet to 10 feet while the overall road surface would be widened two feet, the combination allowing for three-foot wide bike lanes running in either direction. An 8-foot wide shared use path designed for pedestrians and slower bikers would run beside the eastbound lane of MacArthur, separated by five

Proposed MacArthur sidewalk and bike path project could begin construction next summer.

feet of grass, said Holger Serrano, deputy chief of the Montgomery County Department of Transportation.

Currently a path for pedestrians and bikers runs along that shoulder, sometimes a part of the road and sometimes separate from it. The result is a situation that is not safe for pedestrians or bikers, said Jack Cochrane, the head of Montgomery Bicycle Advocates.

"A lot of people commute [by bicycle] on MacArthur and a lot of people have expressed concern over safety in commuting during rush hour," Cochrane said.

SEE PATH TO SAFETY, PAGE 8

Potomac Day Ahead

Potomac Day is Saturday, Oct. 18. The annual events includes a parade, 5k Run, free children's rides, car show, and a business fair. To register or for more information, see <http://www.potomacchamber.org/index.php/events>.

Victim of 'Isolated' Home Invasion Suspects Connection

Home invasion victim thinks his case is related to the others, police say otherwise.

BY AARON STERN
THE ALMANAC

Police continue to investigate a series of six home invasions in and around Potomac that began last September and have primarily targeted elderly residents between age 70 and 90. The first incident in the series of break-ins — a series that turned violent early last month with the death of Mary Frances Havenstein, 63, of Seven Locks Road — occurred Sept. 17, 2007.

The next day Jesus Lizarazo, then 65, was

at his home on Marseille Drive with his 84-year-old mother-in-law when two men in work clothes knocked on his front door. They told him they were there to fix his dryer, so he opened the door just a crack to tell them that they had the wrong house. The two men forced open that cracked door and in seconds had covered Lizarazo's eyes, nose and mouth with tape and he lay on the floor with his wrists and ankles bound with an electrical cord on the floor, a gun pressed against his head. The intruders put

SEE INVASIONS, PAGE 9

Thwarted Invasions?

Detectives from the Montgomery County Police Department are investigating an attempted residential burglary that occurred on Wednesday, Sept. 24, in the 4900 block of Asbury Lane in Bethesda. At this time detectives do not know if this incident is related to the series of home invasion robberies targeting older residents that have occurred in Montgomery County and Washington, D.C. within the past year and the Sept. 4 homicide of Mary Havenstein. The victim in the most recent incident is a 70-year-old woman who lives alone.

The incident occurred during the evening hours on Sept. 24. The victim was in bed when her house alarm went off. The victim reset her audible alarm system and then went back to bed. When she awoke the next morning she discovered that the basement door locks were damaged, and called police. Nothing was miss-

ing from the home.

Detectives can not be certain if this incident is related to the suspect targeting older community members, however it does serve as a reminder about the importance of immediately notifying police for any suspicious activity. Police again ask the community's help in making certain that older residents are aware that these incidents have occurred, targeting older residents in the community, and letting them know that police want to be called to investigate anything suspicious.

Montgomery County Police will provide an opportunity for the public, elderly residents in particular, to learn about safety tips to prevent home break-ins as the investigation continues. On Monday, Oct. 6, from 3 - 6 p.m., a meeting will be held at the Davis Library (lower level

SEE THWARTED, PAGE 9

THIS WEEK IN POTOMAC

FROM PAGE 2

to 9 p.m. at Walt Whitman High School auditorium to update the public on the ongoing investigation into at least six home invasions that have targeted elderly residents, particularly women, in the past year. Mary Frances Havenstein was killed during a home invasion last month that is believed to be linked to at least five other related and similar incidents during which elderly residents, usually between the ages of 70 and 90 years old have been bound while their homes have been robbed. Police Chief Tom Manger and officers of the Montgomery County Police Department will brief the community on the status of the Police Department's efforts and to answer questions from the audience. The school is located at 7100 Whittier Boulevard in Bethesda.

Earlier that day the Montgomery County Police Department is hosting an event to educate seniors about being safe in their homes. There will be presentations about locks, windows, alarm systems, landscaping, reporting suspicious activity, and when it is appropriate to call the police. There will be informational table displays and more. The event is free and all seniors are encouraged to attend. For additional information, contact Officer Dana Matthis at 301-657-0119. The meeting will be held Monday, Oct. 6 from 3 to 6 p.m. at the Davis Library, 6400 Democracy Blvd., Bethesda.

Forum on Canal Breach

The Chesapeake & Ohio Canal National Historical Park and the C&O Canal Trust will host a community forum on Saturday, Oct. 4, at 9:30 a.m. to address issues related to the breach in the canal near Old Angler's Inn. The forum will take place on the canal just downstream of the breach. Parking is available across the street from Old Angler's Inn restaurant which is located at 10801 MacArthur Blvd. Kevin Brandt, superintendent, C&O Canal NHP, and Matthew Logan, president, C&O Canal Trust, will be on hand to provide the public with information about how the breach will affect visitors' use of the area and how the initial and long-term repairs will be undertaken.

Cabin John Fire Open House

The Cabin John Park Volunteer Fire Department will host its annual Open House on Sunday, Oct. 5 from 11 a.m. to 4 p.m. The annual event will feature a simulated car extrication and fire safety demonstrations and tips and gives children the opportunity to get a close up and hands on look at the fire trucks and other equipment that the men and women of the station use to put fires out in and around Potomac. The Cabin John Park Volunteer Fire Department Station 10 is located at 8201 River Road, Bethesda.

Presidential Debate On Jewish Issues

On Sunday, Oct. 5 at 9:30 am, Congregation B'nai Tzedek, 10621 South Glen Road, Potomac, will feature a debate about the presidential candidates' position on the issues of concern to the Jewish Community. State Del. Brian J. Feldman, will represent Obama's platform and Ari Storch, national political director for the Jewish Coalition of the McCain-Palin Campaign, will represent the McCain platform. The debate will be moderated by Alan Elsner, a senior editor of Reuter's Washington, D.C. bureau. Topics of discussion will include the impact of the Christian Right, Iran's influence in the middle-east and globally, and the candidates' support for Israel. The debate is free and open to the community. For information, contact Jamie Perkins at 301-299-0225 or jperkins@bnaitzedek.org.

Advisory Board Opening

Currently, there is an opportunity to serve on the Advisory Board for the Montgomery Cares Program. The deadline for application is Oct. 10. For a complete list of vacancy announcements for boards, committees, and commissions through the following link.

http://www.montgomerycountymd.gov/apps/exec/vacancies/pr_list.asp

NEWS



Members of the Regency Estates Citizens Association and neighborhood gather around Del. Brian Feldman as he cuts the ribbon on the new whirl playground piece in the Highland Stone Park on Post oak Road on Sunday, Sept. 18.

New Equipment at Highland Stone

The age old joy of spinning around on a hot metal platform and holding on for dear life has come to the Highland Stone Park on Post oak Road.

The Regency Estates Citizens Association and Century 21 Realtors Teri Levine and Colleen Winters teamed up to purchase a new playground whirl at the neighborhood recreation hotspot, and the new equipment was unveiled in a ribbon-cutting ceremony that featured state Del. Brian Feldman and sunny, perfect weather on Sunday, Sept. 18.

"We had a lovely day, it was just beautiful," said Richard Blumstein, president of the Regency Estates Citizens Association.

The initiative began when Winters and Levine approached Blumstein last winter and asked to do something for the community. Blumstein knew of a

group of parents that met regularly at the park and wanted additional playground equipment to foster their activities. The agents donated \$350 from each home sale in Regency Estates and donated \$1,450 in all. The citizens association augmented that with \$1,100 from their treasury, which paid for both the acquisition and the installation by the Maryland National-Capital Park and Planning Commission, which oversees the park. The planning commission's Parviz Izadjoo was instrumental in working out the details, said Blumstein.

Blumstein said that 30 or so people showed up for the ceremony and that he hopes many, many more children will find enjoyment in the new equipment.

"The kids love to push it around and hop on, hop off," said Blumstein. "It's a lot of fun."

— AARON STERN

Church Offers Tasty Tradition

For 24 years the parishioners of Saints Peter and Paul Antiochian Orthodox Christian Church have been putting their best family recipes up for public sampling, and this year's festival will mark a full quarter century.

The church's 25th Annual Bazaar doesn't get under way for three more weeks, but the preparations have been going on already. The amount of time it takes to cook and prepare all of the traditional Middle Eastern food to serve to the community for three straight days requires as much. The women of the church spent two recent weekends getting the food ready, and typically that means agreeing on which precise recipe passed down from generations above should be used to make the kibbee, cakes of minced meat and spices wrapped in flaky golden dough and baked to a golden crisp. Everything from kibbees, shawarma, hummos, falafel, and spinach pies will be sold at the parish on River Road, but so will crafts, jewelry and other artwork, and games, raffles, music and dancing will be on hand for children and parents alike.

"It's a tradition in the neighborhood," said Sharon Constantine, a church member.

The 25th annual Saints Peter and Paul Antiochian Orthodox Christian Church is located at 10620 River



Women from the Saints Peter and Paul Antiochian Orthodox Christian Church on River Road have been working on the food preparations for next month's 25th annual fall bazaar since in recent weekends. The wide-ranging traditional Middle Eastern food will be frozen until the bazaar.

Road, about a mile north of Potomac Village. The annual fall bazaar will be held on Friday and Saturday Oct. 17 and 18 from 11 a.m. to 9 p.m. and Sunday Oct. 19 from noon to 6 p.m. For more information on the bazaar or on the church itself, visit www.peterpaul.net.

Village PNC Seeks Drive-Through

FROM PAGE 3

that he hopes to finalize the agreement in the coming weeks.

"We're thrilled to hear it," said longtime Sprinkles customer Ginger Silvers. She and her husband Howard have been coming to Sprinkles since it opened in 1989 and were alarmed when they learned this summer that Sprinkles, like many other locally-owned stores before it, could be on its way out of Potomac Village. "I think it's Potomac's gain," Silvers said.

James Rich of Zuckerman Gravelly did not specify the basis for the decision.

"There's no simple answer. The owners evaluated a couple of options for the space including other ice cream stores ... and ultimately made a decision," said Rich. Rich denied next-door PNC Bank's rumored interest in the Sprinkles space, as did PNC officials last month. Meanwhile, a public meeting is scheduled for Thursday, Oct. 2 at the Potomac Community Center at 7 p.m. to garner community input on a proposed expansion of PNC's walk-up ATM to a drive-through facility in the Potomac Village parking lot next to Potomac BP service station.

SPRINKLES CUSTOMERS have been relieved by news of the management company's change of heart.

"I think it's really great. I know my kids



A notice for a public hearing regarding the proposed expansion of the PNC Bank walk-up ATM in Potomac Village to a drive-through facility.

PHOTO BY ARON STERN/THE ALMANAC

really enjoy coming here and we were really disappointed when we heard they were going to close," said Sean Darragh as he sat with his three sons in Sprinkles on Sunday afternoon.

Liam Darragh, 9, said he felt "terrible" when he heard Sprinkles might close.

When word got out in late July that Sprinkles could be on its way out of Potomac Village, a public backlash ensued. A petition was circulated around the Village garnering over 300 signatures opposing the potential closure, posters of support were

made by local children and taped up around the store and on its façade, two Facebook Sprinkles support groups totaling more than 800 members were started, and many people sent letters to Zuckerman Gravelly opposing the closure of the store.

Many lamented the closure of Sprinkles itself, but others decried what they saw as the changing nature of Potomac Village from a community hub with locally owned and operated shops to a commercial center filled with banks and national chain pharmacies and food services.

"The ownership made a decision that they think is the right decision and I think it certainly allies with the concerns with the community and I think everybody wins."

— James Rich, Zuckerman Gravelly Management

On Sunday afternoon, Sept. 28, Hoover sixth-grader Connor Quigley stood outside of Sprinkles surveying customer satisfaction for a school project. He recalled how when he heard the news about Sprinkles this summer he made a poster supporting Sprinkles that represented his Potomac Swim Club.

"I knew I had to do something about it," he said. He said he was relieved when he heard that Zuckerman Gravelly officials had reversed their position regarding Sprinkles "because I sort of think there's too many banks in Potomac Village. They took away the movie store [Rocky's Video closed last summer] and they were going to take away Sprinkles, the only ice cream store in the Village."

"We certainly understood the community's support for Sprinkles," Rich said. "The [Zuckerman Gravelly] ownership made a decision that they think is the right decision and I think it certainly allies with the concerns with the community and I think everybody wins."

Watza Network?
Personalized, In-Home Computer Help



Bob Mann
10+ Years Experience

- PC Hardware & Software Repair and Upgrades
- Virus and Spyware Removal
- Wireless & Wired Network Expertise
- Router/Firewall/Broadband Setup
- Home of the WATZA Private Label Never-Fail Router
- Even Laser and Inkjet Printer Repair

Free Initial Consultation • Free Estimates • Satisfaction Guaranteed!

Call 301-495-3390
 email: bob@watzanetwork.com
 web: www.watzanetwork.com

Watzanetwork? is a service of WATZA, LLC.

Is Your Fireplace Ready for Fall?

Come see the area's largest selection of fireplace products!!

Enjoy your fireplace without all the work!

- No carrying wood
- No lighting
- No damper worries
- Easy flame control by remote
- Beautiful efficient Heat
- No tending
- No clean-up!

Evening Fyre Gas Logs are 99.9% efficient and you never lose heat through your chimney.

#1 In Safety

Come to the Fireplace Experts!!
 Sales • Warranty Service • Installation
 Family Owned and Operated Since 1957
 We put safety first




EFVG18 Vent Free Gas Logs By R. H. Peterson

Save 10%*
 On Anything in Our Showroom!

*Must present ad to redeem. Limit one per household. In-stock items only. Cannot be combined with any other offer or previous purchase. Offer expires 10/19/08

NFI NATIONAL FIREPLACE INSTITUTE ACCREDITED

THE **Fire Place**
 EVERYTHING FOR THE FIREPLACE AND BARBECUE

Washington Gas Approved

#1 in Safety and Efficiency

301.990.6195
 WWW.WASHINGTONFIREPLACE.COM

Serving the Washington Metropolitan Area Since 1957

16165 Shady Grove Road • Shady Grove Plaza • Gaithersburg, MD 20877

= ROBERT BERNARD =
 JEWELERS

FALL SALE

20-40% OFF EVERYTHING



WE BUY GOLD & DIAMOND JEWELRY
 Expert Jewelry & Watch Repair
 1079 Seven Locks Road • Potomac, MD 20854
 Potomac Woods Plaza (next to Freshgo)
 301.838.9696

Love Is in the Air

BY CISSY FINLEY GRANT
THE ALMANAC

He was the 2007 senior golf champion at Congressional Country Club and runner-up in 2008. Is there any wonder that he chose the club's formal dining room to pursue an even more important goal in his life?

There was an impromptu, important business, dinner meeting called on the 17th of September at Congressional. Bill Murphy, president of Murphy Insurance Group, McLean, Va., set it up, but there was a hitch. One of the six principals involved, Devereaux Bonfils Raskauskas, was not immediately available. She was at the Potomac Hunt Club planning a future event.

"He called to tell me about the meeting and insisted I was needed," she recalled. **GETTING AROUND** Getting from Potomac Hunt's Barnesville clubhouse, to her house in Darnestown, followed by a quick change suitable for a business dinner at Congressional, takes a bit more than an hour's notification, but she did it.

Murphy was very considerate and met her at her home. Unfortunately, en route to Congressional there was a telephone call (ah, the blessed cell phones!) from his assistant telling him the meeting was cancelled.

After all the hustle and bustle, and they were nearing the club anyway, dinner was sounding pretty good. No point in their not enjoying an evening out.

ONCE SEATED in the dining room, and cocktails ordered, Devereaux noticed, "His two drinks disappeared in a hurry. Then he got all serious. Then, he asked The Question. I thought he was kidding. But, when he pulled out the big, black box and had tears in his eyes, I knew he was serious. I didn't even look before I said, 'yes,'" she confessed. After opening the box she admitted a very exciting "yes, yes!" ensued. There, nestled in the black velvet, was an exquisite diamond engagement ring, the gorgeous stone once worn as a necklace by Murphy's mother.

The must-attend business dinner part of the evening was one big hoax Murphy planned, complete with arranging to have his assistant call at precisely the right moment. After all, timing is everything.

Vicki Crawford, a good friend of Devereaux's, certainly subscribes to the timing philosophy. She was at a 2006 Christmas party when she met Murphy, through a mutual friend. Having sized him up she thought he would be a good person for Devereaux to know and later e-mailed him, included a picture, and advised him that Devereaux was the woman on the left. "Check out the legs!" she added. He e-mailed her back saying, "I will take it from here."

"I knew nothing about any of this. Vicki, after meeting Bill, just thought this was a match made in heaven and pursued it," Devereaux admitted.

NOT ONE to rush into things, Murphy, a 59-year-old attractive bachelor, two months later, casually



CISSY FINLEY GRANT (2007) PHOTO
Bill Murphy, left, takes time out from golf to attend a trail ride party organized by Devereaux Raskauskas.

walked into The Surrey, a Potomac gift and saddlery shop, where Devereaux, the daughter of James R. Bonfils, of Washington, and the late Mrs. Bonfils, is business manager. "He came in here to check me out," she said, adding, "After that the staff nick-named him 'Cold Call.'"

Nevertheless it took him another two weeks to arrange a luncheon date at Old Anglers Inn. It was in March, she arrived with her dog and they dined al fresco. Outside, in March? Hot date. Regular dates followed for the couple, she a business graduate from Georgetown University, an endurance rider and hunt club member and he a scratch (no handicap) golfer and avid tennis player.

A Cohasset, Mass., native, Murphy first indulged in serious golf at nearby Hatherly Country Club. He has never lost his love for the sport. His interest continued at Rollins College, where he is now a member of the board of directors. In 1995 he was the Washington-Metropolitan Mid-Amateur Champion. When asked if he was going to learn how to ride a horse, he first responded, with an emphatic, "No." This was followed soon after with, "It's a possibility."

There has been no date set for the wedding yet. "I sort of like the whole engagement thing right now," said Devereaux, previously married and a mother of three adult children. "Besides, I have 16 horse shows to plan between now and next spring," she added.

One last note: As the couple was leaving Congressional's dining room, Murphy saw a table of friends nearby. "He took me over to introduce me and did so as 'my fiance.' They were in shock. Bill was trying the word out for size," she laughingly concluded.



Potomac Village Garden Club vice president Linda Rieger models the club's Potomac Maryland cloth shopping bag that will be on sale for \$15 at the Potomac House Tour, this Saturday and Sunday. The black bag has reinforced straps, a striped cloth liner, and a black-eyed Susan embroidered on its front.

PHOTOS BY
AARON STERN/
THE ALMANAC

Black-Eyed Susans For the Environment

Paper or plastic? For environmental reasons, Linda Rieger would prefer that neither is chosen. More than 500 billion plastic shopping bags get thrown away each



year, and fewer than one percent of those are ever reused or recycled, said Rieger, vice president of the Potomac Village Garden Club.

"A lot of people think, 'oh, I'll take them back,' but they don't," Rieger said.

The solution to the paper or plastic question is cloth, and as far as Rieger is concerned, not just any cloth. Her club recently designed a Potomac and Maryland-themed cloth bag that shoppers can either use to fill up with groceries or other goods, or in which they can carry around their other cloth bags.

"People have got to get into a routine of carrying some cloth bags with them that are reusable," Rieger said.

The black canvas bag is embroidered with the words 'Potomac' and 'Maryland' framing a black-eyed Susan, the Maryland state flower, and the interior of the bag has a black-

and-white cotton liner that gives the overall appearance of a higher end accessory.

"By using this bag they're saying, 'I'm on board, I want to save the environment,'" Rieger said.

The bags will go on sale this weekend at the St. Francis Potomac House and Garden Tour, and again the following weekend on Saturday, Oct. 11 at the Potomac Library as the Garden Club holds a plant sale simultaneously with the library's book sale. Proceeds from the \$15 bags go to recoup the money the club spent to produce them, and excess revenues will go to sprucing up the garden in front of the Potomac Library, which the Potomac Village Garden Club maintains.

"It's a limited edition, so people had better come get them before they run out," Rieger said.

— AARON STERN

PETS



Champ

Champ is a male, 10-year-old, 8 lbs., neutered Chihuahua. Champ is a nice adult boy looking for a new home and, being a small dog, has many good years left to delight any future owner. He's housebroken, has manners and is a typical Chi, loving to be cuddled and properly feisty. Champ would be an easy, ideal pet for an older owner or an apartment dweller.



Ty

Partnership for Animal Welfare (PAW) is an all-volunteer, not-for-profit group. To adopt an animal, volunteer or make a tax-deductible donation, visit www.paw-rescue.org, call 301-572-4729 or write to PAW, P.O. Box 1074, Greenbelt, MD 20768.

Ty is a female, 11-week-old, spayed, DSH kitten. Ty and her four siblings were rescued by a PAW volunteer, along with their one-year-old mom, and all are friendly, playful kittens. Ty is a very social kitty and races to greet you and loves toys. Ty loves pets and will purr contently on an adopter's lap.

WORKSHOPS

Your Dog's Friend, a non-profit organization that educates and supports dog owners, has set its schedule for this fall. Free workshops will be held at Potomac and Wheaton community centers through Nov. 16.

Dog training classes, using positive, rewards-based methods, will be run, for a fee, at the National Lutheran Home in Rockville. These include Puppy Kindergarten, Basic Manners, and Dog Training for Kids. The fee for these classes helps support Your Dog's Friend's other free services. Dog owners can find more information and register for the workshops and dog training classes by going to www.yourdogsfriend.info or calling 301-983-5913.

This fall's workshops will include:

- ❖ The Emotional Life of Dogs, Saturday, Oct. 4; 2-4 p.m. at the Potomac Community Center, 11315 Falls Road.
- ❖ What if My Dog Bites Santa?, Saturday, Nov. 15; 2-4 p.m. at the Potomac Community Center, 11315 Falls Road.
- ❖ Bring on the Doggy Police (when neighbors just can't seem to get along), Saturday, Oct. 18, 2-4 p.m. at the Wheaton Community Center, 11711 Georgia Ave.



"I'm proud to carry on our six generation tradition of compassionate, personalized service."

— William A. Pumphrey

The Pumphrey family started a tradition of quality, value, and personalized service over 150 years ago. Today, we carry on this proud legacy. Whether burial or cremation is preferred, our complete range of custom services, including an on-site crematorium, is designed to turn difficult times into cherished memories.

In a time when many funeral homes are owned by corporations, we're proud to say that we remain a local family-owned business. Our locations are staffed with experienced and compassionate funeral directors.

Please call or visit our website and you will find pre-arrangement options, obituaries, grief resources and seminars, personalized service options, staff introductions and directions with maps.

ROBERT A. Pumphrey
FUNERAL HOMES
 Family owned since 1854

Bethesda-Chevy Chase, Inc.
 (301) 652-2200
 7557 Wisconsin Ave.
 Bethesda, MD 20814

Rockville, Inc.
 (301) 762-3939
 300 W. Montgomery Ave.
 Rockville, MD 20850



SELECTED Independent FUNERAL HOMES®
 Member by Invitation

www.pumphreyfuneralhome.com



You're Invited

NIGHT OF BEAUTY SEMINAR
THURSDAY, OCTOBER 16TH

Learn how to reverse the effects of aging and sun damage with our minimal to no downtime cosmetic procedures, including the new Fraxel re:pair™. Live testimonials from actual patients!

6 - 8 pm. Space is limited. RSVP early.
 Register at www.dermskin.com or 301-530-8300
 Attendees receive special discounts!

Dermatology
 & clinical skin care center



DERMEDI SPA

You could win a **\$500 Gift Certificate** and other prizes!
 Refreshments served.

6410 Rockledge Drive, Suite 201, Bethesda, MD 20817

THE POTOMAC CHAMBER OF COMMERCE
 PRESENTS THE 2ND ANNUAL
POTOMAC DAY CLASSIC CAR SHOW

50/50 Raffle

Saturday, October 18th
 10:00 am - 2:00 pm

Silent Auction

A \$20.00 per car registration fee, proceeds going toward:



Sponsored by:



Sun Control Systems

Judged

Show

with Awards Ceremony

Complete registration and mail by 10/10/2008 to:
 Potomac Chamber of Commerce, Inc.
 PO Box 59160
 Potomac, MD 20859

Limited Space Available!

Bring the family:
 Food, fun, and games for all ages
 Live Music!
 50/50 Raffle
 Silent Auction

Questions? Please contact us:
 202-438-3553
potomacdaycarshow@yahoo.com

County Project Pedals Path to Safety

FROM PAGE 3

MACARTHUR BOULEVARD is a popular thoroughfare for bikers but right now bikers in the westbound lanes must share the road with cars or they must break a cardinal rule of biking and pedal against the flow of traffic in the designated bike path — inches from bikers passing in the opposite direction.

“It’s just a disaster,” said Cochran.

The public input phase for the project ended last month and a hearing examiner will weigh the feedback, then make a recommendation to the County Executive, who will then decide whether or not to go ahead with the project, said Serrano. The decision could be finalized in roughly 60 days, Serrano said, which would put project on schedule to begin work in the fall of 2010 and finish in the summer of 2011.

With any luck the completed undertaking would make the road safer for all of its users as well as decrease what is often a tense situation between bikers and drivers, said Serrano.



PHOTO BY ARON STERN/THE ALMANAC

A proposed project along MacArthur Boulevard would provide dedicated on-road bike lanes between I-495 and Oberlin Avenue and enhance a separate mixed use path along the southern side of the road.

DRIVERS OFTEN get annoyed when they are stuck behind cyclists or packs of cyclists, and cyclists in turn have reported drivers who tailgate, pass too closely, and cut back in sharply, said Cochran.

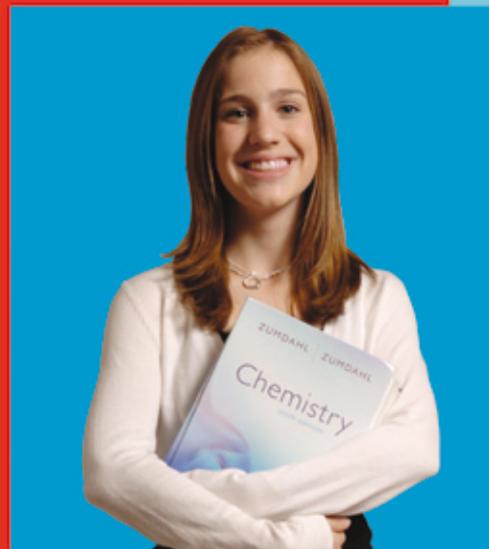
“Unfortunately there is a big friction between the drivers and the cyclists,” Serrano said. “It does get to be in certain areas a little nasty, they yell at each other sometimes.”

As cars slow to make lefthand turns to exit MacArthur into the surrounding neighborhoods to the north of MacArthur the cars behind them often swerve right onto the shoulder, jeopardizing bikers and pedestri-

ans, said Gray, and he hopes the project will make the road a safer place for everyone who uses it.

“That’s the thing that’s really important to our community,” said Gray.

Speak. Declare. Debate. Share.



“**MADEIRA GIRLS** have something to say”

If your daughter is looking for an academic environment where she can really develop her sense of self and her unique abilities, we encourage your family to attend one of the following Open Houses:

- Sunday, October 5 • 1:00 p.m.
- Monday, November 10 • 9:00 a.m.
- Sunday, December 7 • 1:00 p.m.

Please contact the Admissions Office at 703.556.8273 for program details or to arrange an alternate time to visit.

We look forward to seeing you.

THE MADEIRA SCHOOL

The boarding and day school for girls in grades 9–12.

8328 Georgetown Pike • McLean, VA 22102
www.madeira.org

Victim Sees Connection to Series of Home Invasions

FROM PAGE 3

his mother-in-law in a closet, and over the next 45 minutes rifled through his home stealing the valuables they could, including a safe that held extra cash and jewelry. Later he learned that they had cut feeds from a security alarm and camera.

“I said why are you doing this to me and he said ‘Because we’re hungry.’”

— Jesus Lizarazo

“I said ‘why are you doing this to me,’” Lizarazo recalled, “and he said ‘because we’re hungry.’”

After the two men left Lizarazo was able to free himself and call police. Police cars and news vans descended upon his home, helicopters circled overhead. Detectives debriefed Lizarazo and his mother-in-law and began their investigation, updating him periodically until finally that correspondence went silent after four

months.

MEANWHILE A SERIES of home invasions that police have consistently said are unrelated to Lizarazo’s continued; as Lizarazo followed the investigations in the news he was convinced that the police were wrong, that the men who robbed him were the same that have invaded homes in Potomac, Bethesda, Chevy Chase, and Northwest D.C.

An attempted burglary in Bethesda last week is also being investigated with the possibility of being linked to the deadly home invasions, but police continue to say that Lizarazo’s incident was isolated and unrelated, which Lizarazo doubts. After he heard of Havenstein’s death, Lizarazo thought he might hear from the police but when he didn’t he went to them, copying The Almanac on an email to the lead detective on the case, who then confirmed to Lizarazo that his investigation was ongoing and was still being viewed as unrelated.

“I still think it is probably very related,” Lizarazo said. Police have indicated that they are exploring the possibility that there might be a link to neighborhood lawn or work crews in the invasion series investigation, and Lizarazo said he was told the same thing about his case. Police have also said that the closest description they have of a suspect — a description that police are not pushing hard, not wishing to narrow the investigation — is of a male with a light complexion in his mid-20s, roughly 5’5” to 5’8” tall with a medium build, who is possi-

Thwarted Invasions?

FROM PAGE 3

community room) at 6400 Democracy Boulevard in Bethesda. All Montgomery County residents are asked to look out for older neighbors, remain on alert to anything or anyone suspicious in their communities, and call police should anything out of the ordinary occur.

Anyone with information or reports of suspicious activity in this case is encouraged to call the Major Crimes Division of the Montgomery County Police Department at 240-773-5070. A \$5,000 reward is being offered for by the Victims’ Rights Foundation for information leading to an arrest and/or indictment.

bly Hispanic.

“It’s not possibly, it’s for sure, because they spoke to me in the Spanish,” said Lizarazo. The physical descriptions matched, both men spoke Spanish fluently, Lizarazo said, and from the brief look he got at them he believes they are Central American perhaps Mexican or Guatemalan.

It isn’t that the detectives investigating the series of home invasions and the detective working Lizarazo’s case never spoke to one another, in fact they did compare notes, said police spokesperson Lucille Baur. But the detectives continue to believe that there are enough dissimilarities between them that they are unrelated. Lizarazo said he was told that physical evidence from his case and the others is not believed to match. The home invasion

series investigation has focused on a single suspect and they are believed to have occurred mostly during the day; both details conflict with Lizarazo’s case, though the incident on Picasso Lane in Potomac occurred around 8 a.m. and police indicated at a public meeting late last month that they still did not know when Havenstein was attacked.

AND LIZARAZO believes that there likely was more than one man involved in the other cases as well. In both Havenstein’s case and the incident on Picasso Lane, the car of the victim was missing from the home when police responded and later found abandoned in on the other side of the county.

“It couldn’t be only one person because the person on Seven Locks, there’s no way to get down there [late at night]... he would have had to get a ride down there,” Lizarazo said. “He stole the car from the lady — someone must have take him over there.”

That police continue to maintain that his case is unrelated when he believes so strongly that it is concerns him, and if indeed his intruders are the same men responsible for Havenstein’s death — men still not caught — their professionalism concerns him too.

“They seemed to me ... to be very professional in how they were doing it,” Lizarazo said. “The first thing the guy did was to put his hand in his pocket and get his latex gloves on and [get] the tape on my face and my eyes so I couldn’t see anything.”

BULLETIN BOARD

To submit an item for the Civic Calendar, e-mail almanac@connectionnewspapers.com or fax the submission to 703-917-0991. Deadline is Thursday at noon two weeks prior to the event. For questions, call 703-917-6451.

SATURDAY/OCT. 4

Family Pizza Party. Join other families affected by cancer for a make-your-own pizza party at The Wellness Community, 5430 Grosvenor Lane, Suite 100, Bethesda, from 12-2 p.m. Call 301-493-5002 or e-mail twcdc@thewellnesscommunity.org for reservations.

THURSDAY/OCT. 9

Exercise Class. Join Kym Sevilla as she leads people affected by cancer in discussion and exercises that will enhance awareness of posture and alignment at The Wellness Community, 5430 Grosvenor Lane, Suite 100, Bethesda. 10-11 a.m.; free. Call 301-493-5002 or e-mail twcdc@thewellnesscommunity.org.

FRIDAY/OCT. 10

Breast Cancer Recovery Forum. A discussion on lymphedema precautions, healthy lifestyle modifications and returning to

exercise. Comfortable clothing is recommended as participants will sample breathing and posture exercises. Held at The Wellness Community, 5430 Grosvenor Lane, Suite 100, Bethesda, from 12-2 p.m. Call 301-493-5002 or e-mail twcdc@thewellnesscommunity.org for reservations.

MONDAY/OCT. 13

Election Program. The League of Women Voters will explain state and local issues on the November 2008 ballot at the monthly meeting of the Montgomery County Civic Federation in the first-floor auditorium of the

County Council Office Building, 100 Maryland Avenue, Rockville (free parking in adjacent garage), 7:45-10 p.m. See www.montgomerycivic.org.

TUESDAY/OCT. 14

Breast Cancer Forum. Dr. Sandra Swain of the Washington Cancer Institute at Washington Hospital Center will discuss the newest treatments for advanced breast cancer and a panel will discuss quality of life issues at The Wellness Community, 5430 Grosvenor Lane, Suite 100, Bethesda, from 5:30-7:30 p.m. Call 301-493-5002 or e-mail twcdc@thewellnesscommunity.org

for reservations.

WEDNESDAY/OCT. 15

Sailing with the MCSA. Join members of the Montgomery County Stroke Association and the Chesapeake Region Accessible Boating aboard specially designed sailboats at Sandy Point State Park Marina, 1100 E. College Parkway, Annapolis at 3 p.m. \$25/person, make check payable to Chesapeake Region Accessible Boating. For reservations, call Phoebe Pfaehler at 301-330-5391. RSVP by Oct. 1.

Build Your Community

Support Your Local Businesses.

POTOMAC ALMANAC

THE CONNECTION to your community

www.potomacalmanac.com

Blinds For Le\$\$

Window Coverings

For Personal Shop At Home Service

Call Ellen Goodman

703-938-8304

HunterDouglas

THE Fashion for windows

Great Savings per window

\$100 Rebate per Luminette® Privacy Sheer Up to 10 - Offer ends 12/15/08

\$50 Rebate per Silhouette® Window Shading Up to 10 - Offer ends 12/15/08

FREE LiteRise® with Duette® Shades or Applause® Honeycomb Shades. Offer ends 11/25/08

- Duette® Shades
- Silhouette® Shadings
- Country Woods®
- Mini Blinds
- Vertical Blinds
- Pleated Shades
- Luminette®
- Vignette®

A TOTALLY RAD SMILE

www.radsmile.com

RAD ORTHODONTICS

SPECIALIZING IN ADULTS & CHILDREN

301 299 3993

invisalign

Straight teeth. No braces™

Dr.Rad is a premier provider of invisalign, meaning he is in the top 5% of providers in the world!

- So invisible, you'll be the only one that knows.
- No braces. Nothing to hold you back.
- Proven results behind great smiles.

Rad Orthodontics

10122 RIVER ROAD - SUITE 210 | POTOMAC MD

CALENDAR

To have community events listed free in *The Potomac Almanac*, send mail to 7913 Westpark Drive, McLean, VA 22102, e-mail to almanac@connectionnewspapers.com, or fax to 703-917-0991. Deadline is Friday at noon for the following week's paper. Photos and artwork encouraged. Unless otherwise noted, all events are in Potomac. For more information, call 703-917-6451.

FRIDAY/OCT. 3

Halloween Time. Decorate your own wood door hanger and assemble a friendly ghost to keep them company for the holiday. Enjoy songs, games and story time with Perfect Parties by Terrye at the Cabin John Mall Atrium, 11325 Seven Locks Road, Potomac, 9:30 a.m.

Adventure Theatre Gala. Join Adventure Theatre at the Bumper Car Pavilion in Glen Echo Park to welcome Tony-nominated writer Dick Scalan to their annual gala. Costumer Mary Lou Semans will be honored as well. Call 301-634-2270 or visit www.adventuretheatre.org.

Contra Dance. The Friday Night Dancers presents traditional American dancing including contra dances, square dances, and waltzes at the Spanish Ballroom in Glen Echo Park. Contra dance lesson from 7:30-8:15 p.m., dance from 8:30-11:30 p.m. to live music. \$9/person. E-mail fdncontra@yahoo.com.

1964...The Tribute. Celebrate 1964 at the Music Center at Strathmore Concert Hall, 5301 Tuckerman Lane, North Bethesda, at 8 p.m.

SATURDAY/OCT. 4

Taste of Bethesda. From 11 a.m.-4 p.m. with more than 50 restaurants

SEE CALENDAR, PAGE 11

This Belongs To Daddy

Potomac House Tour features personal garages, motorcycle and car collections.

Potomac Country House Tour

This year, the 53rd annual Potomac House Tour on Oct. 4 and 5 will have a surprise for the guys: very large, very spacey, very personal second garages. These "personal" garages featured on the tour may show a trend that reflects the role that some hobbies play in the design and building of the family home.

Ask Frank Bell of Bell Builders and a long time motorcycle rider why he built his personal garage and he will answer: "That part out there, away from the noise, the homework and the TV — that is my playpen," he said. "I am the father of three daughters

and this is where I escape."

That garage serves as a stable for his three brilliantly polished, sleek-as-a-cat motorcycles of various speeds and sophistication, and is a place where, he said, testoster-

The Potomac Country House Tour will be held Oct. 4 and 5.

For more information: call Carol Jarvis 301-299-4296

Tickets \$20 pre-event and \$25 on day of tour will be on sale at St. Francis Episcopal Church 301-365-2055.

www.stfrancispotomac.org
The \$60,000 proceeds from the 2007 tour benefited numerous local, regional and worldwide charities.

Activities at the church: Artisan boutiques, 11-5, and lunch, 11:30 – 2 p.m. House tour: 12 to 5 p.m.



Frank Bell in his "playpen" with his toys and a mural of his life and passion for motorcycles and cars.

one reigns and he can putter on the engines. Or, if not out riding his 800-pound, hand-built, modified replica of a 1949 Harley Davidson, he may just sit in a chair (made of a recycled motorcycle seat) with a long string of sticky fly-paper flapping above him and a mural showing his love affair with motorcycles and cars behind him, and read the latest cycle mag all day if he wants to.

A little distance away in the other garage, the attached one,

Bell keeps another treasure: his shiny, red, 1966, Volvo P1800, sports car. It sits there, like a trembling racehorse in the gate. It is drivable and he uses it.

Frank Bell and his wife Jocelyn are not alone. Hot rod heavens – and male havens – abound on this year's House Tour, as do spectacularly luxurious and refined homes whose beauty extends beyond the garage.

— CAROLE DELL

Get a **great massage** that fits your busy **schedule** and **budget**.

Nothing compares to how you'll feel after a great massage by a professional, licensed Massage Therapist. With convenient locations and evening and weekend hours, Massage Envy fits perfectly into your busy life. Finally, a great massage for every body.

Massage Envy

12266 Rockville Pike
Rockville, MD 20852
240-221-0078
Located in Federal Plaza

\$ **49***

INTRODUCTORY 1-HOUR
MESSAGE SESSION

GIFT CERTIFICATES AVAILABLE

*Valid for first one hour session which consists of a 50-minute massage and time for consultation and dressing. Prices subject to change. Rates and services may vary by location. Additional local taxes and fees may apply. © 2007 Massage Envy Limited, LLC.

Franchises Available
Massageenvy.com

Convenient Hours. Open 7 Days:
M-F 8am-10pm, Sat 8am-6pm, Sun 10am-6pm

CALENDAR

FROM PAGE 10

and four stages of multi-cultural entertainment, at Bethesda's Woodmont Triangle.

Conversation Club. Join in practicing and improving your spoken English with the help of volunteers leading discussions from 3-5 p.m. at the Potomac Library, 10101 Glenolden Drive. Registration not required.

Ride to Thrive. The Northern Virginia Therapeutic Riding Program will host the "Ride To Thrive" Polo Classic at the Summerhill Farm, 18411 Beallesville Road, Poolesville, from 1:30-6 p.m. Tickets: \$125/each; set of two/\$200. Tickets can be purchased at www.rideto thrive.org.

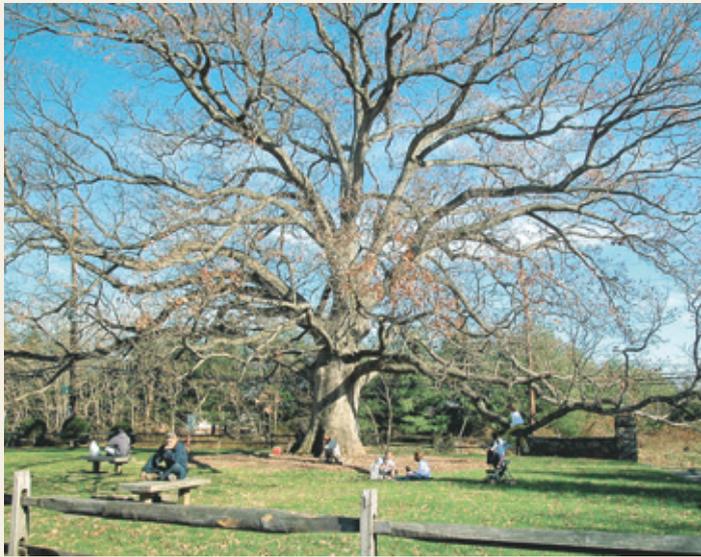
Swing Dance. Washington Swing Dance committee presents a swing dance with the All Star Jam Band and introductory dance lesson at the Spanish Ballroom in Glen Echo Park. Beginner swing lesson from 8-9 p.m., dancing from 9 p.m.-12 a.m. \$15/person. E-mail wscvvolunteer@hotmail.com.

Climb Wall Weekend. Put your skills to the test as you climb Discovery Creek Children's Museum Climb Wall at Glen Echo Park from 10 a.m.-2:30 p.m. Also, view the Forest Tales exhibit, explore trails and do arts and crafts. Ages 4-9. Free for members and children under 2, \$5/nonmembers. Visit www.discoverycreek.org or call 202-488-0627.

SUNDAY/OCT. 5

Voices of the River. Acacia Sears will perform at the River Center at Lockhouse 8, C&O Canal National Historical Park, 7906 Riverside Ave.

SEE CALENDAR, PAGE 12



Travilah Oak Day

The Travilah Oak at the Potomac Oak Center at the corner of Glen and Travilah Roads in Potomac is a white oak estimated in 1975 by the Maryland Forest Service to be 275 year old. Its life has involved a lot of history, and this year on Saturday, Oct. 11, from 12 - 4 p.m., the community will celebrate its birthday with the 7th annual Travilah Oak Day. Plans for the festival include hay rides, pony rides, the Maryland National Park mounted police demonstrating crowd control, scarecrow building, a pumpkin decorating contest, an opportunity to participate in a group painting of the Travilah Oak, traditional American music played by the Martin family, antique fire engines, magic, talks on tree conservation, a lion dance, and hands-on nature arts & crafts activities. The festivities will end with birthday cake and a group tree hug.

POTOMAC 5K

Saturday, October 18th
8:00am (Registration 7:30am)
(Northwest corner River & Falls Roads, Potomac Village)

Telephone (301) 299-2170
(Potomac Chamber of Commerce)

This race benefits a local charity each year.

Refreshments after the race
Trophies for top finishers
Long Sleeve Jerseys
\$20.00 PRE-REGISTRATION
\$25.00 on the day of the race

Proudly Sponsored by:
Dr. Tris Kruger &

**Shady Grove
Adventist Hospital**

FITNESS FIRST
HEALTH CLUBS

Make checks payable to:
Potomac Chamber of Commerce
and mail to:
Potomac Chamber of Commerce, Inc.
PO Box 59160
Potomac, MD 20859-9160
Only Direct Registration accepted

For more information go to:
www.potomacchamber.org
and click on "Potomac Day"

50-75% OFF ALL POTS
25 Trailer Loads
60% OFF
Plastic & Concrete Pots

25% OFF ALL TREES
SHRUBS & PERENNIALS

Fountains, Benches, Statuary, Hosts, Herbs, Annuals, Roses, Orchids, Bonsai

Free Estimate
patios, walls walkways paver driveways and so much more.

Cravens Nursery
LANDSCAPE DESIGN
FREE W/MIN PURCHASE

Pansies & Mums

50% OFF ALL Baskets Wicker & More
35% OFF
Arborvitae, Yews Blue Spruce

Hardwood Mulch 3 cu. ft. ...\$2.99
FREE BUTTERFLY BUSHES BUY 1, GET 3 FREE

Open 9-6 7 Days

9023 Arlington Blvd., Fairfax, VA
CravensNursery.com
2 miles west of I-495 on Rt. 50 (Vienna Metro)
703-573-5025

ENJOY!

350 Artisans
Unique gifts
Shopping with friends
Specialty foods
Children's shows

DON'T MISS! Pet Parade on Saturday!

Sugarloaf Crafts Festival

OCT 10, 11, 12, 2008
Montgomery Co. Fairgrounds
Gaithersburg, MD (I-270 AT EXIT 11)
Fri. & Sat. 10-6, Sun. 10-5

DISCOUNT TICKETS, show info., exhibitor lists, directions and more at:

SugarloafCrafts.com
800-210-9900

Potomac Village Deli Catering

Breakfast • Lunch • Dinner Catering
301.299.5770

365 Days A Year • From Drop Off To Full Service

-Serving The Entire Metro Area-

FREE Cookie / Brownie Platter
With Any Catering Of 20 People Or More
Not Valid With Any Other Offer. Must Mention Coupon At Time Of Order. Expires 6/30/09

100% Customer Satisfaction Guaranteed
Serving Our Communities Since 1975

www.potomacvillagedeli.com

Umberto's

"A favorite for three generations!"

Early Bird Special
20% OFF
Total Bill
3 - 5 pm
7 Days A Week
Offer Expires 10/15/08

10% OFF
Total Bill
Good Anytime
Excludes Lunch Buffet
Offer Expires 10/15/08

"Tucked away in the back corner of Cabin John Shopping Center like a secret you want to keep to yourself"

7745 Tuckerman Lane
Cabin John Shopping Center
Potomac, MD
301.983.5566

11230 Grandview Ave.
Wheaton, MD 20902
301.962.8888

Butler's Orchard 28th Annual

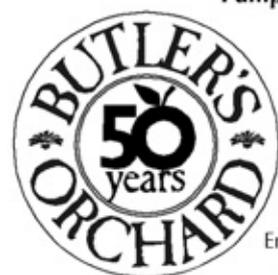
Pumpkin Festival

Weekends
in October
plus
Columbus Day



Admission: \$10 per person; under age 2 free –
Includes Hayride, Mazes, Pumpkinland, Wildcat Run Slide, Hayloft, Barnyard Buddies, Pedal Tractors, Pumpkin Coach, Inflatable Farm Train, Tube Slide & new Rubber Ducky Derby. Add'l fee for pony rides, face painting, kids' crafts.

Pick your own Pumpkins (\$) sizes up to 80 lbs!
Live Music noon - 4 • Country Food Vendors
Pumpkin Cannon (\$) See website for schedule
Pumpkin Polls - Cast your vote early!



www.ButlersOrchard.com

Call 301-972-3299 for recorded information.
Enjoy a country outing in the midst of suburbia
we're east of Germantown, just off Route 27.

Providing good, green fun and local produce for more than 57 years



SATURDAY,
October 4th
11:00 a.m. & **SUNDAY,**
October 5th
5:00 p.m.

Potomac Country House Tour
12 noon to 5 p.m.

Family Heirlooms & Collections
Striking 28,000 sq.ft. Mansion
Antique Cars
Custom Motorcycles
Green Ideas Through Landscaping

ARTISAN BOUTIQUES
Christmas Shop

Enjoy lunch & homemade desserts
From the St. Francis bakers
11a.m. to 5 p.m. St. Francis Hall

Tickets are available at St. Francis
Church office and at retail outlets
throughout the county

\$20 Advance Purchase • \$25 on Tour Days
Proceeds benefit charities and aid organizations

St. Francis Episcopal Church
10033 River Road, Potomac, Md 20854
301-365-2055

Visit our website for more information:
www.stfrancispotomac.org

FROM PAGE II

Cabin John, 2-3 p.m. Contact Potomac Conservancy's River Center Coordinator, Bridget Chapin, at chapin@potomac.org or 301-608-1188, x213, or go to www.potomac.org.

Waltz Dance in the Spanish Ballroom at Glen Echo Park begins at 3 p.m. with a half-hour introductory Waltz workshop followed by 2-1/2 hours of social dancing. Admission is \$8 per person. Call 202-238-0230.

Contra and Square Dancing. The Folklore Society of Greater Washington presents traditional American dancing with a focus on New England-style contra dances at the Bumper Car Pavilion at Glen Echo Park. Beginner lesson at 7 p.m., followed by called dances to live music from 7:30-10:30 p.m. Visit www.fsgw.org. \$12/nonmembers, \$9/FSGW members.

Sunday Blues. Blues dance in the Bumper Car Pavilion at Glen Echo Park, from 7-11 p.m. featuring live music. A 1-1/2 hour dance workshop, taught by Donna Barker and Mike Marcotte, begins at 7 p.m. No partner required. Admission for the workshop and dance is \$17 (7-11 p.m.); or \$12 for the dance only (8:30-11 p.m.). E-mail dbarker@glenechopark.org.

Just Like a Girl. The Writer's Center, 4508 Walsh St., Bethesda, hosts editor and publisher of GirlChild Press, Michelle Sewell and other as they read from the just published anthology "Just Like a Girl," from 2-4 p.m.

Climb Wall Weekend. Put your skills to the test at Discovery Creek Children's Museum Climb Wall at Glen Echo Park from 10 a.m.-2:30 p.m. Also, view the Forest Tales exhibit, explore trails and do arts and crafts. Ages 4-9. Free for members and children under 2, \$5/nonmembers. Visit www.discoverycreek.org or call 202-488-0627.

MONDAY/OCT. 6

Raising Responsible Children: Teaching Accountability Through Chores and Allowance. Learn how to gain children's cooperation with chores, institute plans for allowances, and set limits that hold children accountable, from 7-9 p.m. at White Oak Library, 11701 New Hampshire Ave, Silver Spring.

TUESDAY/OCT. 7

Join a Park Naturalist. At the Cabin John Regional Park playground to explore what's happening outside. No registration required. For 1-12 years, 11 a.m.-noon, free.

Chinese Book Club. Join in a Chinese book discussion in the Chinese language from 7-9 p.m. at the Potomac Library, 10101 Glenolden Drive. Registration not required.

Tiny Tot Tuesdays. The Puppet Co. presents "Teddy Bear's Picnic" designed for the youngest theater patrons (ages 0-4), 10:30 and 11:30 a.m. \$5/person. Reservations recommended; call 301-320-6668 or visit www.thepuppetco.org.

WEDNESDAY/OCT. 8

Catere Fiesta. Celebrate Hispanic Heritage Month at Glen Echo Park by learning about the three cultures that shaped its music: Indigenous, European, and African. Performances at 10 and 11:30 a.m. Recommended for all grades. Tickets: \$12, children 12 and under; \$15 for adults. Call 301-634-2270 or visit www.adventuretheatre.org.

DOYLE
NEW YORK

**WE INVITE YOU TO
AUCTION IN NEW YORK**

**WEDNESDAY, OCTOBER 15
IN GEORGETOWN
BY APPOINTMENT ONLY**

Doyle New York's specialists in Georgetown are available to discuss the appraisal, sale or purchase of a single object or an entire collection.

**JEWELRY
WATCHES
PRINTS
PHOTOGRAPHS
BOOKS
COINS
STAMPS
FURNITURE
DECORATIONS**

Please call Reid Dunavart
at 202-342-6100 or email
DoyleDC@DoyleNewYork.com

1915 S Panama-Pacific \$50 Gold Round
Sold for \$162,000

DOYLE NEW YORK
3256 PROSPECT ST NW
WASHINGTON, DC 20007
DOYLENEWYORK.COM



YMCA Youth & Family Services
www.ymcawashdc.org

Suburban Hospital
www.suburbanhospital.org



So Sexy, So Soon: The New Sexualized Childhood

Diane Levin is Professor of Education at Wheelock College in Boston where she has been involved in training early childhood professionals for over twenty-five years. An internationally recognized expert, Levin helps professionals and parents understand and counteract the harmful effects of violence, media and commercial culture on children. Dr. Levin has authored eight books and has published extensively in early childhood and education journals as well as in the popular press. Her latest book, *So Sexy, So Soon: The New Sexualized Childhood*, is due to be released fall 2008.



\$20/person, \$30/couple

Fee waivers available.
CEUs available (2 hours) \$15 fee:
University of Maryland
Professional Studies and
Maryland Board of Social Work
Examiners (Category II);
Maryland State Office of Child
Care: Core of Knowledge areas
of Child Development and
Community.

All proceeds fund the
prevention services of YMCA
Youth & Family Services.
Traducción al Espanol
disponible Reasonable disability
accommodations available on
request. Please contact Pam
Mintz at (301) 229-1347 by
October 15. &

Wednesday,

October 29, 2008

Suburban Hospital Auditorium
6:30 pm **Registration**

(Please allow time for parking)

7 - 9 pm Seminar

8600 Old Georgetown Rd., Bethesda, MD

Registration Recommended

301-896-3939 option 2

soc@suburbanhospital.org

ALMANAC The Gazette *Altogether* PRINTING *Washington Parent*

HOME SALES

08/06/08 ~ 08/29/08

Address	BR	FB	HB	...	Postal City	Sold Price	Type	Lot	AC	Subdivision
10100 NORTON RD	9	7	2		POTOMAC	\$2,355,000	Detached	2.00		RIVER OAKS FARM
8806 BEL AIR PL	6	5	2		POTOMAC	\$2,075,000	Detached	2.01		POTOMAC FALLS
11604 LUVIE CT	5	5	2		POTOMAC	\$2,050,000	Detached	1.23		MERRY GO ROUND FARM
8809 POTOMAC STATION LN	6	5	3		POTOMAC	\$1,980,000	Detached	2.14		POTOMAC OUTSIDE
11716 LAKE POTOMAC DR	6	6	2		POTOMAC	\$1,960,000	Detached	4.76		BEALLMOUNT GROVE
9737 BEMAN WOODS WAY	5	4	1		POTOMAC	\$1,425,000	Detached			AVENEL
10113 SORREL AVE	5	5	2		POTOMAC	\$1,350,000	Detached	0.75		POTOMAC VILLAGE
7 CLOVERBROOKE CT	5	4	1		POTOMAC	\$1,235,000	Detached	0.39		PINEY GLEN VILLAGE
8908 ABBEY TER	4	4	1		POTOMAC	\$1,200,000	Detached	0.25		AVENEL
11409 ROUEN DR	4	2	1		POTOMAC	\$1,075,000	Detached	0.36		LAKE NORMANDY ESTS
11902 SEVEN LOCKS RD	6	4	1		POTOMAC	\$1,050,000	Detached	0.21		REGENT PARK
10620 BEECHKNOLE LN	4	3	1		POTOMAC	\$955,000	Detached	0.29		POTOMAC GLEN
11200 TILDENCREST CT	4	3	1		POTOMAC	\$950,000	Townhouse	0.09		POTOMAC CREST
12472 ANSIN CIRCLE DR	4	3	1		POTOMAC	\$925,000	Townhouse	0.03		WHEEL OF FORTUNE
12406 OVER RIDGE RD	5	3	1		POTOMAC	\$925,000	Detached	0.33		COPENHAVER
9032 COPENHAVER DR	5	3	1		POTOMAC	\$912,500	Detached	0.33		COPENHAVER
9209 COPENHAVER DR	4	3	1		POTOMAC	\$867,000	Detached	0.27		COPENHAVER
10528 TYLER TER	5	3	2		POTOMAC	\$837,000	Detached	0.23		BELLS MILL VILLAGE
1702 SUNRISE DR	4	3	1		POTOMAC	\$824,000	Detached	0.25		HORIZON HILL
18 OLD CREEK CT	5	3	0		POTOMAC	\$805,000	Detached	0.21		FALLSMEAD
8715 CAMILLE DR	5	3	1		POTOMAC	\$805,000	Detached	0.45		OLDFIELD
8809 HARNESSTRL	5	2	1		POTOMAC	\$769,000	Detached	0.28		FOX HILLS
1095 PIPESTEM PL	5	3	0		POTOMAC	\$735,000	Detached	0.23		FALLSMEAD
11121 HURDLE HILL DR	4	2	1		POTOMAC	\$722,500	Detached	0.26		FOX HILLS
9025 WANDERING TRAIL DR	4	2	1		POTOMAC	\$715,000	Detached	0.30		POTOMAC COMMONS
9817 BROOKFORD RD	4	2	1		POTOMAC	\$700,000	Detached	0.44		GLEN OAKS
2302 HENSLowe DR	5	3	1		POTOMAC	\$697,500	Detached	0.21		ORCHARD RIDGE
8805 POSTOAK RD	4	2	1		POTOMAC	\$680,000	Detached	0.19		HIGHLAND STONE
13318 SUNNY BROOKE PL	3	3	1		POTOMAC	\$672,500	Townhouse	0.05		PINEY GLEN VILLAGE
8002 POSTOAK RD	4	2	1		POTOMAC	\$650,000	Detached	0.26		REGENT PARK
2 BENT PINE CT	4	2	1		POTOMAC	\$640,000	Detached	0.29		HORIZON HILL
5 GREENLANE CT	4	2	1		POTOMAC	\$625,000	Detached	0.44		REGENCY ESTATES
11501 REGENCY DR	4	2	1		POTOMAC	\$625,000	Detached	0.27		REGENCY ESTATES
418 WATTS BRANCH PKWY	4	2	1		POTOMAC	\$620,000	Detached	0.26		FALLSWOOD
12205 RED CHURCH CT	4	3	0		POTOMAC	\$599,000	Detached	0.36		GLEN PARK
7601 HEATHERTON LN	3	2	2		POTOMAC	\$560,000	Townhouse	0.08		INVERNESS KNOLLS
7703 HEATHERTON LN	3	2	2		POTOMAC	\$515,000	Townhouse	0.05		INVERNESS KNOLLS

Copyright 2008 Metropolitan Regional Information Systems, Inc.
For more information on MRIS, visit www.mris.com.
To search for a home online, visit www.HomesDatabase.com.

HEALTH NOTES

To have an item listed free in 7913 Westpark Drive, McLean VA 22102, e-mail to almanac@connectionnewspapers.com, or fax to 703-917-0991. Deadline is Thursday at noon for the following week's paper. Photos encouraged. Unless otherwise noted, all events are in Potomac.

The Jewish Social Service Agency (JSSA) is hosting a **workshop on Internet safety for children and teens with deaf parents** Thursday, Oct. 2, at JSSA, 200 Wood Hill Road, Rockville, time to be announced. Learn protection strategies and practical tips to keep Internet users safe. Pre-registration required, call 301-309-2597 (TTY) or

301-838-4200 (voice).

Mystic Harmony will perform in a free concert on Saturday, Oct. 4, 4 - 6 p.m. at The Wellness Community, 5430 Grosvenor Lane, Suite 100 Bethesda. Call 301-493-5002. All programs at The Wellness Community are provided free of charge to people with cancer and their loved ones. See www.wellnesscommunitydc.org.

The Jewish Social Service Agency (JSSA) is hosting a **monthly group called "You and Your Aging Holocaust Survivor Parents"** Mondays,

Oct. 6, Nov. 3 and Dec. 1, 7-8 p.m. at JSSA, 6123 Montrose Road, Rockville. Learn about the aging process and the specific ways that memories of the Holocaust impacts the life of you and your parents. Call 301-816-2647 to register.

The Jewish Social Service Agency (JSSA) is hosting a **support group parents of children with Asperger's Autism** on the first Tuesday of every month, Oct. 7-Jan. 6, 7-8:15 p.m. at JSSA, 200 Wood Hill Road, Rockville Share coping strategies, develop networks and gain support. Call 301-816-2633 to register.

CALENDAR

FROM PAGE 12

THURSDAY/OCT. 9

Community Pumpkin Patch. The community pumpkin patch is open from Oct. 11-31 at North Bethesda United Methodist Church, 10100 Old Georgetown Road, Bethesda. Regular hours are Monday-Saturday, 11 a.m.-8 p.m., Sunday 12 p.m.-8 p.m. Call 301-530-4342.

Literary Luncheon Series. The Friends of the Montgomery County Library's 21st annual Literary Luncheon Series will kick off with author-journalist Fergus M. Bordewich at 11:30 a.m. at Strathmore Hall Arts Center in the Mansion, 10701 Rockville Pike, North Bethesda. Luncheon to follow. \$25/lecture and lunch, \$20 lecture only. FOLMC members: \$22/lunch, \$18 lecture only.

FRIDAY/OCT. 10

Contra Dance. The Friday Night Dancers presents traditional American dancing including contra dances, square dances, and waltzes at the Spanish Ballroom in Glen Echo Park. Contra dance lesson from 7:30-8:15 p.m., dance from 8:30-11:30 p.m. to live music. \$9/person. E-mail fncontra@yahoo.com.

Swing Dance. A swing dance with the Boilermaker Jazz Band and

introductory dance lesson at the Bumper Car Pavilion in Glen Echo Park. Beginner swing lesson from 8-9 p.m., dancing from 9 p.m.-12 a.m. \$13/person. E-mail dbarker@glenechopark.org.

SATURDAY/OCT. 11

The Bethesda Artist Market returns to sell fine art and crafts by local

artists with live music playing throughout the day. Held at the Bethesda Place Plaza, the Market is free to the public and is open 10 a.m.-5 p.m.

Origami History. Origami expert Marcia Mau will give a presentation on the history of origami at St. James Episcopal Church, 11815 Seven Locks Road, 10 a.m.-noon, free. www.potomaccraftsmenguild.org

The lessons your child learns at The Little Gym will fill you both with pride:
How to reach higher.
How to listen better.
How to tackle challenges with confidence and a smile.



They always leave a little taller.

Now enrolling for fall.... call to schedule FREE INTRO CLASS.

POTOMAC: Potomac Woods Plaza • tigpotomacmd.com • 301-294-4840

dance	cheerleading	camp	birthday parties	parents' survival night
parent/child classes	preschool/kindergarten gymnastic	grade school gymnastics	karate	sports skills development



Serving Washington DC & Maryland With Quality Service Since 1976

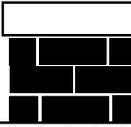
LICENSED BONDED

Winston's

CHIMNEY SERVICE

INSURED CERTIFIED

Winston's is a Complete Chimney Company
Providing Our Customers with Chimney Cleaning, Service, Repairs, Relinings & Free Estimates



301-571-8546 or 202-CHIMNEY

Members of: The Better Business Bureau & National Chimney Guild
Recommended by: Home Connections & Washingtonian Magazine




\$20.00 OFF

Our Regular \$199.00
Fireplace Cleaning & Inspection

wood stoves extra • valid for one chimney • with this coupon cannot be combined with any other offers • expires 12-1-08

SAVE 10%

Any Quoted
Repair Estimate

with this coupon • cannot be combined with any other offers • expires 12-1-08

SPECTACULAR OPEN HOUSES

October 4th & 5th



Call Specific Agents to Confirm Dates & Times.

Potomac					
10702 Muirfield Dr.	\$419,000	Sat/Sun 1-4	Michelle Meyer	Weichert	301-718-4100
14000 River Rd.	\$2,975,000	Sun 1-4	Sylvia Biggar	W.C. & A.N. Miller	301-299-2345
9800 Tibron Ct.	\$1,649,000	Sun 1-4	Leslie Friedson	Long & Foster	301-469-4700
North Potomac					
453 Highland Ridge Ave.	\$541,000	Sat 1-4	Sharon Lewin-Holder	Exit Right	301-362-4500
4620 Park Ave., #711E	\$324,000	Sun 2-4	Diana Manzanera	Long & Foster	301-907-7600
Bethesda					
8911 Battery Pl. #31	\$519,000	Sun 1-4	Thomas Hennerty	NetRealtyNow	703-286-7253
5212 Falmouth	\$1,395,000	Sun 1-3	Sherry Davis	Washington Fine Properties	202-944-5000
4801 Hampden Ln. #103	\$899,900	Sun 2-4	Allan Chaudhuri	WC & AN Miller	301-765-6110
4822 Hampden Ln	\$799,000	Sun 1-3	Sherry Davis	Washington Fine Properties	202-944-5000
10648 Montrose Ave. #2A	\$315,000	Sun 1-3	Mary Boland	Washington Fine Properties	202-243-1624
8309 Quarry Manor Terr.	\$1,799,000	Sat/Sun 12-5	John Pobiak	Maryland Home Realty	301-440-4805
8207 River Quarry Pl.	\$1,299,990	Sat/Sun 12-5	John Pobiak	Maryland Home Realty	301-440-4805
8219 River Quarry Pl.	\$1,549,990	Sat/Sun 12-5	John Pobiak	Maryland Home Realty	301-440-4805
10401 Sandringham Ct.	\$1,950,000	Sun 1-4	Sylvia Biggar	W.C. & A.N. Miller	301 299-2345

To add your Realtor-represented Open House to these weekly listings, please call Kenneth Lourie

703-821-5050 or E-Mail the info to

Klourie@connectionnewspapers.com

All listings due by Monday at 3 pm.

See www.ConnectionNewspapers.com on Saturday for open houses after deadline.



THE Fourth Presbyterian SCHOOL

Faith • Virtue • Knowledge



- *New Pre-K-Grade 8 facility opening fall 2009*
– 9,250 square-foot gymnasium; athletic fields
– 3,160 square-foot media center
– Adding Grade 7 in fall 2009, Grade 8 in fall 2010
- *Safe, nurturing Christian environment*
- *High-quality, exceptional faculty and academics*
- *Small classes set in a 32-acre wooded campus*

Drop-In Open Houses from 9 am – 1 pm
October 7 | November 6 | December 2
January 13 | February 5

301.765.8132 • www.fourthschool.org

SCHOOLS

To have an item listed mail to 7913 Westpark Drive, McLean VA 22102, e-mail to almanac@connectionnewspapers.com, or fax to 703-917-0991. Deadline is Thursday at noon for the following week's paper.

Michael Zarchin, principal of **Thomas W. Pyle Middle School**, is the winner of this year's Mark Mann Excellence and Harmony Award. Montgomery County Public Schools gives the award annually to an administrator who has shown an exceptional ability to encourage academic excellence, positive human relations, and strong community outreach. The award is named in honor of Dr. Mark Mann, former principal of Parkland Junior High School, who died in 1988.

The **Academy of International Studies** is conducting a search for parent and community volunteers to work with the classes of 2011 and 2012 International Studies Academy members on their yearly research projects. The mentor meets with the student once a week

or every other week at Churchill throughout the first semester. The meeting time would be approximately 10:45 a.m. to 11:45 a.m. during lunch. If interested, email contact information to Wendy_A_Tilles@mcpsmd.org, and specify area of expertise.

Washington Episcopal School invites parents to an **open house** for a question/answer session and tour Thursday, **Oct. 16** at 9 a.m. The school is located at 5600 Little Falls Parkway, Bethesda. Contact the Office of Admission at 301-652-7878, admissions@w-e-s.org or visit www.w-e-s.org.

The **Holton-Arms School** will host its fall open house on Sunday, **Nov. 16**, from 2 - 5 p.m. Registration is at 2 p.m., followed by a welcome from the Head of School Susanna Jones at 2:15 p.m. The Open House is free and open to the public. For more information call 301-365-5300 or go to www.holton-arms.edu.

FAITH NOTES

To have an item listed free in *The Potomac Almanac*, send mail to 7913 Westpark Drive, McLean VA 22102, e-mail to almanac@connectionnewspapers.com, or fax to 703-917-0991. Deadline is Thursday at noon for the following week's paper. Photos encouraged. If you have any questions, call 703-917-6451.

St. Luke's Episcopal Church will hold its annual Blessing of the Animals on Sunday, **Oct. 5** at two services, 8 - 10 a.m. The church is located at 6030 Grosvenor Lane, Bethesda. For more information, see www.stlukesbethesda.org

Rockville Presbyterian Church welcomes all Presbyterians for Sunday School, worship service, refreshments and fellowship after worship. They also provide comfort and solace with spiritual support and organized funeral services. Located at 215 West Montgomery Ave., Rockville. Call 301-762-3363.

Shalem Institute offers a guided mid-day **Prayer Peace Circle**, on Wednesdays from noon-12:45 p.m. in the Shalem Meditation Room & Library, 5430 Grosvenor Lane, Suite 140, Bethesda. For more information, contact 301-897-7334 or visit www.shalem.org.



POTOMAC CHAMBER OF COMMERCE
PO Box 59160, Potomac, MD 20859
Phone: 301-299-2170 Fax: 301-299-4650

The Potomac Chamber of Commerce needs your help in its search for nominees for the following categories:

- Citizen of the Year**
- Businessperson of the Year**
- Youth of the Year**

I bet YOU know who one of these deserving individuals could be!

THE DEADLINE IS OCTOBER 3, 2008

These awards are given annually by the Potomac Chamber of commerce and the winners will be featured in the Potomac Day Parade on October 18th. They will also be presented with plaques at the Awards Banquet in November.

This year's Awards Committee consists of Fred Goldman, Attorney at Law; Andrea Alderdice, W.C. & A.N. Miller Realtors and Jennifer Matheson, Resturant Zone, Inc.

Rules for nominations are as follows: The Businessperson and his or her company must work or do business in Potomac and be a member of the Potomac Chamber of Commerce; The Citizen of the Year can be a private individual or organization in the 20854 zip code area that has benefited the community; and the Youth of the Year must reside or go to school in the 20854 zip code area.

Please mail or fax your entries to the Potomac Chamber of Commerce, Inc. **THE DEADLINE IS OCTOBER 3, 2008**. The committee and the Chamber's Board of Directors will vote on the nominees on or about October 6.

Please visit www.Potomacchamber.org for further guidelines or call the Chamber directly.

Thank you!

Pre-School Open House
Wednesday, Oct. 8, 2008

The Best of Two Worlds!

Give your child the gift of a second language at the German School Washington, D.C.
Ages 2 1/2 - 5
Open House Dates: Dec. 10, 2008 & March 11, 2009
9 am - noon
Campus Tours available on request:
registrar@dswash.org, 301-365-4400
www.dswashington.org

Pre-School DEUTSCHE SCHULE WASHINGTON D.C. GERMAN SCHOOL Open House



ADMISSIONS OPEN HOUSE
Sunday, November 2 - 2-4 p.m.

ONE-HOUR INFORMATION SESSIONS
Thursday, October 16 - 9-10 a.m.
Thursday, December 11 - 9-10 a.m.

ADMISSIONS OFFICE: 301-320-1067

SCHOLAR-ATHLETE-ARTIST-CITIZEN

Discover one of the premiere boys schools in the D.C. Capital Area!

LONDON SCHOOL is an independent, non-sectarian, college-preparatory DAY SCHOOL for boys in GRADES 3-12 which offers a multi-dimensional experience in ACADEMICS, the ARTS, ATHLETICS and CHARACTER EDUCATION, with emphasis on the values of perseverance, honor, teamwork and fair play.

LONDON SCHOOL - 6101 WILSON LANE, BETHESDA, MARYLAND - www.london.net

HEALTH

Generations Raising Awareness and Hope

Women asked to help in fight against area's epidemic of breast cancer.

BY SHARON ALLEN GILDER
THE ALMANAC

Lakewood Country Club's ballroom was the setting Sunday, Sept. 21, for an event focused on a Washington area epidemic, breast cancer. In an effort to raise awareness and hope, 14 Montgomery County women rallied 140 of their family and friends for Brunch & Brem to hear keynote speaker, Dr. Rachel Brem, director of the Breast Imaging and Intervention Center at George Washington University Medical Center.

Daughters accompanied mothers, granddaughters escorted grandmothers and friends joined friends creating a multi-generational montage from teens to octogenarians. Event planner Jody Goldkind donated her services to set the room's landscape ablaze with orange. Local artist Ellen Gordon explained the reason for the festive fall hue. "Orange is a universal color of healing. In color therapy, orange is used to raise energy and increase immunity. It is associated with the flow of energy through the entire being." Goldkind opened the morning with a ceremonial candle lighting and said, "I light this candle in memory of many and in honor of all."

Brem asked her audience, "Raise your hand if you have not been touched in some way by breast cancer." When no hands were raised she added, "There is nobody who hasn't been touched by this."

If caught in its earliest stage when the cancer is not found in lymph nodes or has not traveled to other organs, there is a 95 percent cure rate. Women in underserved communities who are uninsured or underinsured are at greatest risk. The Washington area has the highest death rate from breast cancer in the country. In an effort to reduce that rate, Brem directs GW's outreach vehicle, a Mammovan, that visits African American, Asian and Latino communities in areas where women normally "fall through the cracks" due to lack of medical care and insurance. The van also visits corporate sites.

BREM'S IMPACT has spawned a foundation in her name. Brem Foundation to Defeat Breast Cancer arose from a grassroots effort in 2004 answering Brem's call for a costly MRI assisted biopsy device. The MRI

was critical for proper diagnosis. Since its birth, and due to Brem's leadership, the foundation purchased the MRI and a molecular imaging camera for breast specific gamma imaging (BSGI). The device is the only one of its kind in the Washington, D.C. area. BSGI is nuclear medicine at its best answering a very different question about breast cancer. Rather than, "what does it look like?" BSGI answers, "How does it function." Brem said, "One out of 10 women has another cancer site that can't be found without this imaging. This technology is so important because breast tissue is white and breast cancer is white. Without BSGI it's like trying to find a specific cloud in a cloud-filled sky."

Thanks to "bomber technology," doctors can diagnosis with a needle biopsy instead of a knife. Brem was the principal investigator in the Missiles to Medicine program involving digital or computer-aided technology. Developed after the military model for guiding missiles, the technology aids radiologists examining breast films in determining what is friend or foe.

BREM FOUNDATION president, Sue Apple told the gathering, "Today is a special gift. It is the gift of empowerment. When you get a call from a family member or friend telling you they've had a questionable mammogram and your heart just drops, it won't drop anymore. You'll know exactly what to do." She reminded the women of the gift from their hostesses, "These women care enough about you to get you here today." She added, "The bottom line is give us your money. We have an unusual model; 100 percent of every dollar the foundation gets from you goes to the mission." Professional services, overhead, non-program expenses and time are donated by dedicated Rachel's Angels. The Biopsy Fund, Research Coordinator and the latest technology are driving forces for the foundation's mission. Apple announced the foundation's CFCNCA #33112 and encouraged federal employees to consider Brem Foundation as their designated charity.

Brem stressed the importance of being sure the radiologist reading a mammogram is reading breast film 90 percent of the time. She said, "It is critical for women to ask who is interpreting their breast films, to be sure



Lea Frydman with Dr. Rachel Brem.

the radiologist predominantly reads mammography film, not elbows and knees, and to know if digital mammography is being used. You need to take empowerment of your own health and ask those questions. Chance favors the prepared mind and we're all benefactors of that."

Barbara Wallach, who had never attended a Brem event said, "Dr. Brem was very informative and I am going to switch to her. My mother was diagnosed with breast cancer at age 60. I will receive a more thorough exam since she's so breast specific."

Jennifer Non spoke for the younger generation: "It was a very inspiring morning and the information I learned made me realize that I need to start researching my family history and looking into getting tested sooner rather than later. It's also nice to know that Dr. Brem is only a phone call away should I be one of the many people who need her help in the future."

Guest Nina Cardillo said, "It's enlightening for sure. I learned a lot and that was exciting for me."

Potomac resident Jane Gelbard added, "I'm so taken with how passionate Dr. Brem is about this. She puts everything in layman's terms so this big, scary thing is more manageable. It's important to spread the word and branch to other people."

REFLECTING ON Brem Foundation and its humble roots, hostess Ellen Chanin said, "It takes a support system to make something bigger than it is and to grow. This is an opportunity to help women help themselves. I set myself up with good care. Some women don't do it or can't afford to do it. I'm all for supporting this foundation be-

cause it ultimately helps all of us. It seems more and more we're hearing about this and it's so scary and unknown."

Ruth Frenkel added she felt, "It's unfortunate Congress does not find this cause very important and does not supply enough funding for breast cancer research. It's worth lobbying for more because there's not enough."

Brem Foundation is committed to its mission to advance diagnosis, treatment, research and education and make a difference for all women. Brem's numerous published research studies help women globally. Sue Apple's mother, Hinda Lapkoff, said, "I'm very impressed with Dr. Brem. I think that any woman who has a

problem and goes to her will have the best possible care." Her sentiments were echoed by Norma Harrison who attended with her daughter, Rebecca Mandir, "It's worth it to take the trip down to GW. Because she only does breast radiology, she reads the films and I feel she's the best in the area."

Potomac resident Virginia Merchant said, "This was such a worthwhile affair. It was a very interesting program. Dr. Brem is most knowledgeable and a great speaker."

Brem underscored that "every woman deserves focused, compassionate care. Women in need can't wait. If it's your problem, it's my emergency." She expressed heartfelt thanks to her mother, "For giving me the tools and inspiration to be able to do this work." Brem's mother, Lea Frydman, said of her daughter, "I'm very proud of her. There is no limit, no boundaries to what she is doing. If we have more doctors like Rachel, I think very soon, a cure will be found. She brings a lot of awareness to women."

For more information visit www.bremfoundation.org

"After the verb 'To Love,' 'To Help' is the most beautiful verb in the world."

— Bertha Von Suttner

FINE ARTS

The Photoworks gallery is open every Sunday and Wednesday, 1-8 p.m., and during all scheduled classes and workshops at, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo.

An exhibition of photographs by Jim Sherwood and Don Fear is in show **through Oct. 19**. Call 301-229-7930 or visit www.glenechophotoworks.org.

The **Bethesda Art Walk** and tour is scheduled for Friday, **Oct. 10** followed by the **Bethesda Artist Market** on Saturday, Oct. 11 from 10 a.m.-5 p.m. On the Bethesda Art Walk, all galleries are open from 6-9 p.m. and the tour will begin at 6:30 p.m. Attendees can meet their guide at the Bethesda Metro Center located at the corner of Old Georgetown Road and Wisconsin Avenue. Bethesda Art Walk tours are free.

Glassworks is the D.C. area's first glass school located in Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. When classes are not in session, the studio is open for visitors to observe glassblowing and view the work of resident artist Rick Sherbert. Call 301-229-4184 or visit www.ricksherbertglass.com.

The Art Glass Center at Glen Echo exhibits continually in the Art Glass Cen-

ter Gallery. These exhibits feature the work of resident artists Diane Cab, Christine Hekimian, Bev and Zayde Slep, and Bobbi Vischi. All exhibited work is made at the Art Glass Center Studio. The Art Glass Center also produces other exhibits featuring resident artists, faculty, students and invited artists. The gallery and studio are open to the public on the weekends and by appointment. Contact Bobbi Vischi at BBVischi@comcast.net.

Glen Echo Pottery. Glen Echo Pottery maintains ongoing exhibits in the Glen Echo Pottery Gallery in Glen Echo Park, 7300 MacArthur Blvd., Glen Echo.

These feature a special selection of work by resident artists, instructors and students. Every Saturday and Sunday from noon to 5 p.m. Call 301-229-5585 or visit www.glenechopottery.com.

SPORTS

Potomac's Gentle Giant

Fifteen years after he arrived in the Washington area, former NBA star Gheorghe Muresan has made Potomac his home.

BY MARK GIANNOTTO
THE ALMANAC

On the outside, it's a nondescript, two-story yellow house with a large yard, similar in stature to the many other houses that wind along Glen Road in Potomac. It's only on the inside that this house takes on the form that none other in this area can replicate.

This is the home of former pro basketball player and Potomac's resident giant, Gheorghe Muresan, who stands 7-foot-7 tall.

And it's a perfect illustration into who exactly Gheorghe Muresan is since on the outside — especially in Muresan's case — looks can be deceiving. Spend a minute with the big man and it's clear the only thing giant about him is his heart.

“He’s just a regular kind of guy, he’s just bigger than everybody else — and a lot nicer, probably too.”

— Frank Hawkins



Gheorghe Muresan is at ease living in his Potomac house nowadays. He first arrived in the Washington, D.C. area 15 years ago and has now made it his home.

“He’s just a regular kind of guy, he’s just bigger than everybody else — and a lot nicer, probably too,” said writer Frank Hawkins, who has teamed with Muresan and his longtime friend and trainer, Nick Morar, to write *The Boy’s Fitness Guide*, which is out in stores now. “What has struck me about Gheorghe is his kindness and his interest in people. He just really wants to help people.”

MURESAN, NOW 37, first arrived in America in 1993 from Romania after being drafted by the Washington Bullets. He played seven seasons in the NBA, establishing himself as not only the tallest player in the league, but at one point maybe it’s most promising. Muresan’s best season came in 1995 when he averaged more than 14 points and nine rebounds a game, while being named the NBA’s Most Improved Player.

Now 15 years later, Muresan is a different person in a different frame of mind than when he was a spectacle on the basketball court. He’s married to wife Lilliana. And while he still plays basketball to stay in shape, Muresan says his greatest joy comes from playing soccer with his two children, 10-year-old Gheorghe and eight-year-old Victor.

“Fifteen years, you change,” said Muresan, who walks with a slight limp these days after his pro basketball career was cut short in 2000 due to chronic foot and back injuries. “You don’t want to stay the same for 15 years. You get much older, you get more organized, more responsibility with the kids, and I think most change I get was when I have my first son ... Everything about what I do is about the kids now. For me, it’s the most important part of my life.”

Aside from the book, Muresan currently heads up the Giant Basketball Academy, which holds clinics year round, and acts as more than just a figurehead. Muresan says he makes it a point to attend and teach at most of his clinics. During the NBA season, he also works for the Washington Wizards as a suite ambassador schmoozing with VIPs at the Verizon Center.

Muresan still pays attention to what’s happening on the court as well. He said he’s impressed with the way 7-foot-6 Houston Rocket center Yao Ming has improved every season and like the rest of the metropolitan area, Gheorghe is waiting to see if Gilbert Arenas will get healthy again. As for helping D.C.’s team on the



PHOTOS BY LOUISE KRAFFT/THE ALMANAC

Gheorghe Muresan retired from the professional basketball in 2000 and is co-author of the book, “The Boy’s Fitness Guide,” which is out in stores now. He also runs the Giant Basketball Academy and works for the Washington Wizards as a suite ambassador during the team’s season.

bench in the future, Muresan will leave that to the experts.

“They have a lot of coaches, they don’t need my tips there,” said Muresan in his Romanian accent.

IT’S ONLY WHEN he arrives home from his many forays in public life that people get a glimpse of the real Gheorghe Muresan.

He’s all too familiar with the stares at the supermarket or when he decides to walk down the street, so rather than be bitter about it, Muresan embraces it.

Any visitor to the Muresan residence can hear Muresan’s booming voice down the front hallway and his two dogs, one of which is an appropriately sized Great Dane. And when the apprehensive newcomer enters, Muresan makes sure to do something reassuring, like putting his arm around a shoulder, to set everyone at ease.

He moved to Potomac four years ago, but realized a lot sooner that this was where he felt most comfortable.

While first playing with the Bullets, Muresan was living in Crofton, Md. when a friend from Potomac invited him to visit. Almost immediately he became infatuated with the amount of green in the area.

“Most of the time, I like to be outside looking at the green stuff, I like the nature,” Muresan said. “I could stay here the rest of my life.”

His home is completely dedicated to the well being of everyone in his family beside himself. There are no adjusted archways or giant doors for Muresan to walk through — he’s gotten used to ducking his head to get into rooms — or large trophy rooms celebrating his celebrity for any visitor to see.

But there is a tree house Muresan helped build for his children. There is a nearly com-

pleted basketball court for his children to play on. And there’s even a jumbo-sized bicycle so Muresan can ride around the yard, chasing young Gheorghe and Victor.

“For a guy as well known as he is, that singular focus on helping people and his kindness ... is something you just don’t see,” said Hawkins.

SEE ATHLETE, PAGE 17

Fitness Guide

Although it may seem silly to think of a 7-foot-7 giant like Gheorghe Muresan, who oftentimes was the slowest player on the basketball court during his NBA career, providing fitness tips for youngsters, Muresan has a simple rebuttal.

He may not appear physically fit but he’s been getting pointers from the experts for years now.

“I work out under the trainers, and good trainers, for 15 years,” Muresan said. “Those trainers [are the reason] I played in the NBA.”

Muresan, alongside his longtime friend and trainer, Nick Morar, and writer Frank Hughes are currently promoting “The Boy’s Fitness Guide,” a book providing expert coaching for youths trying to get and stay physically fit.

The book provides various training programs, specific exercises and nutritional advice straight from the experts Muresan and his teammates depended on to stay in shape during his playing career.

“When I see kids that play sports, they react different than kids that don’t play sports,” said Muresan, who added he encourages his own children to exercise and eat right every day. “This book is for my kids, their friends, and every kid.”

Muresan will be holding a book signing for children ages 8 to 18 at the Barnes & Noble in Tyson’s Corner on Oct. 4 from 1 - 3 p.m. He will also lead them through some exercises and answer questions.

SPORTS

Churchill To Rename Stadium Friday

During halftime at this Friday's Homecoming football game against Blake, Churchill High School will officially rename its stadium after two of the school's coaching legends.

The stadium, which was unnamed prior to this year, will be called Shepherd Stadium at Danver Field in honor of Churchill football coach Fred Shepherd and soccer coach Henry Danver.

SPORTS BRIEFS

Shepherd coached the Bulldogs during their most successful era, leading the team for 27 years. During that time his record was 208-80-1. Shepherd won the school's only two state titles in football, made it to the state finals eight times, won 14 regional championships, and captured 13 county titles.

More than 200 of Shepherd's players went on to play college football and nine made it all the way to the NFL, most recently Dhani Jones, who now plays linebacker for the Cincinnati Bengals.

Danver coached soccer at Churchill for 23 years and was most notably one of the pioneers that pushed for girl's soccer to be included as a varsity sport in high school. During his time at the school, Danver coached both the boy's and girl's soccer teams to a combined record of 419-130-32. With the boy's team he won five state titles, eight regional championships, and 10 county titles. He led the girl's team to six division championships and three county titles.

As part of the homecoming festivities there will also be a pre-game reception at Churchill open to all alumni and former staff.

— MARK GIANNOTTO

Whitman Soccer Off To Fast Start

The Whitman girl's soccer team improved its record to 6-1 this season with a 5-1 win over Richard Montgomery last Friday.

The Vikings' Jenny Feldt, Kat Barth, Retha Cofed, and Alex Berg all scored goals, while keeper Hannah Meyer made several key saves, not allowing a goal before being replaced in the second half. Whitman has allowed just two goals against so far this season.

The Vikings will look to keep up its recent success when they play at Northwest this Wednesday and at Wootton next Tuesday.

Churchill Volleyball Clinic And Fund-raiser

The Churchill volleyball team, led by coach Amanda Cook, will hold two events in the upcoming week to help support the team. The Churchill volleyball clinic will be held on Friday, Oct. 3 from 3 - 5 p.m. Boys and girls 4th grade and up are welcome to come. Show up at any time during the two hours. Clinic is free and any donations will go to the Churchill Volleyball program. Register on site. Contact Amanda Cook for more details at 407-221-6274 or Amanda_Cook@mcpsmd.org. Also, Churchill's DiG Pink Breast Cancer Awareness game will be on Friday, Oct. 10 at 6:30 p.m. against Northwood High School. The team will be raising funds for breast cancer through a bake sale, raffle, and donations. It will also acknowledge those who have survived breast cancer. Don't forget to wear pink to the game.

Athlete as Author

FROM PAGE 16

Just because he loves his family doesn't mean Muresan's mind won't linger from time to time to the life he once led. He says what he misses most about pro basketball is the excitement, the traveling, and his teammates.

But it's these old memories that make him appreciate just how far he's come over the

years.

"I'm not crazy, I don't cry, but sometimes I miss the action," said Muresan. "But I think I have more than I expect to have. I never expect to play in the NBA. I never expect to be here. ... I cannot ask for anything better than I have right now. No way. I don't even want anything better. I don't ever dream of even this."

PEOPLE NOTES

Nahid Maleki, DDS, MS, of Potomac, an orthodontist practicing in Washington, D.C., has been elected to represent the Middle Atlantic Society of Orthodontists (MASO) on the American Association of Orthodontists' (AAO) Board of Trustees. The AAO is the oldest and largest dental specialty organization in the world. In 2006, Dr. Maleki received MASO's Gerard A. Devlin Memorial Award for Distinguished Service, the organization's most prestigious service award. She is a member of Omicron Kappa Upsilon, an honorary dental society and is listed in Who's Who in the East and Who's Who in American Education.

Ellis Berne, Potomac resident and professor at Strayer University's Rockville Campus, was honored with the Faculty of Excellence Award at the university's commencement. Berne, who teaches a variety of business and general studies courses, was given the award for establishing an exceptional rapport with students through superior teaching.

Masami Onishi of Potomac was accredited in Floral Design by the American Institute of Floral Designers (AIFD). Onishi was one of only 73 successful candidates out of 142 who participated in AIFD's Accreditation Evaluation Session in Chicago.

The Surrey

Potomac
Since 1953

It's Coming. Be Ready. We Are!



Barbour Is Here

Quilted jackets for men and women
Wind and rain proof oilskin jackets for both
Shirts and sweaters from the sports collection
Woolly scarves
Ladies' vests and hats
Men's ties and hats

10107 River Road
Potomac, MD.
301-299-8225

Mon. Fri. 9:30-7:00
Thurs. 9:30-8:00
Sat. 9:30-6:00
Sun. 12:00-5:00

CONNECTION Photo Galleries

Now!
1,000s
of pictures
of sports,
gradua-
tions,
current
events
and
more—
never
published,
but posted
on the
Web. Free
for evalua-
tion, avail-
able for
prints.



Connection
Newspapers.com

The Potomac Tennis and Fitness Club



**Now That It's Fall –
Lose Your Summer Weight!
Fitness Memberships Available**

Oct. 15th and Receive First Months Membership Dues Free
(Up to \$75. Junior Memberships \$49)

Personalize Your Workout to fit your needs. **30 minute sessions with Brian Ricketts, NSPA Certified personal trainer.** 15 years experience. (Fitness membership not required). Convenient, comfortable, private atmosphere. Like working out in your own home.

- Increase strength
- Increase flexibility
- Strengthen weak joints
- Loose weight & feel great
- State of the Art Precor Cardio Equipment



For Information Call (301) 983-1450

The Potomac Tennis & Fitness Club
10800 Potomac Tennis Lane • Potomac, MD

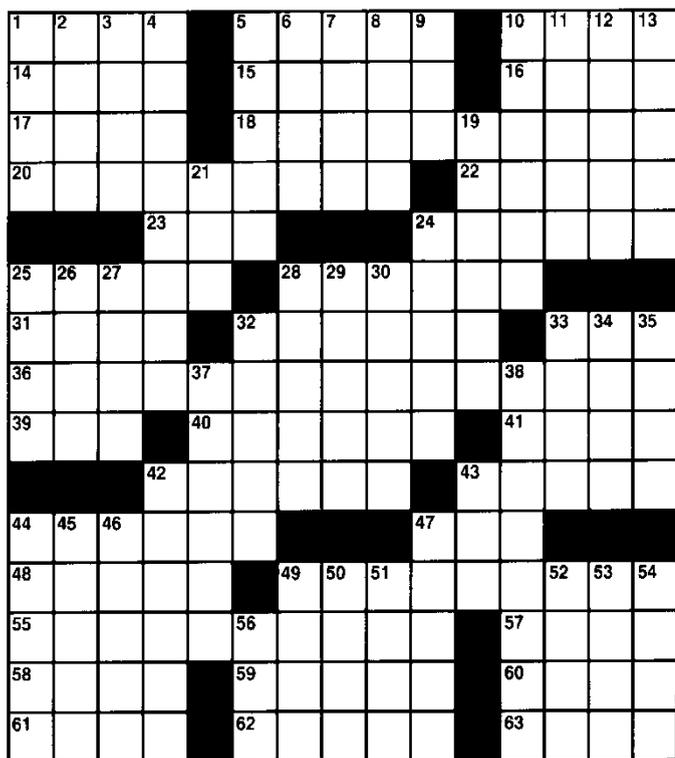
(located next to Manor Care Nursing Home & Falls Road Golf Course)

www.potomactennis.com

NEW YORK TIMES CROSSWORD

Edited by Will Shortz

No. 0331-5



Puzzle by Patrick Jordan

- ACROSS**
- 1 Unforeseen difficulty
 - 5 Dwelling
 - 10 Gauguin or Cézanne
 - 14 Soybean dish
 - 15 Like lymphatic tissue
 - 16 "Giant" author Ferber
 - 17 Get
 - 18 Start of a joke
 - 20 Response to 18-Across
 - 22 Big name in computers
 - 23 Bell and Barker
 - 24 Less slovenly
 - 25 Smooth in motion
 - 28 Move down the computer screen
 - 31 Right on the map
 - 32 Deli sausage
 - 33 Short punch
 - 36 With 49- and 55-Across, response to 20-Across
 - 39 Miscalculate
 - 40 Made invalid
 - 41 Wife in "Finnegans Wake"
- DOWN**
- 12 Last word in a wrestling match?
 - 13 Adbul-Jabbar, 1975-89
 - 19 Kato of Simpson trial fame
 - 21 Bit
 - 24 One for whom all roads lead to roam
 - 25 Honor with a party
 - 26 Actor Bert
 - 27 Conniver
 - 28 Miss Hawkins of Dogpatch
 - 29 Half of a famous outlaw duo
 - 30 Japanese noodle dish
 - 32 Insomniac's annoyance
 - 33 Folk singer Mitchell
 - 34 12-Down partner
 - 35 Tops
 - 37 Tear off with force
 - 38 Talked, talked, talked
 - 42 Collection plate amounts
 - 43 Outward flow
 - 44 Cheer with beer
 - 45 Bellybutton type
 - 46 British bishop's headdress
 - 47 Angry
 - 49 Sixth-century date
 - 50 Sound at Old MacDonald's
 - 51 At some prior point
 - 52 Filigree
 - 53 Milan moola
 - 54 Many a campaign tactic
 - 56 Hanes competitor
 - 42 Serving dish
 - 43 Gives off
 - 44 Hot as a pistol, e.g.
 - 47 "Big Blue"
 - 48 Makes a cardigan, say
 - 49 See 36-Across
 - 55 See 36-Across
 - 57 Seasick sailor's support
 - 58 Yorkshire river
 - 59 Gill of country music
 - 60 Light brown
 - 61 Sediment
 - 62 Protected by levees
 - 63 Honeybunch

ANSWER TO PREVIOUS PUZZLE



SEE YOUR NAME IN PRINT!

Be the first person to fax in the correct crossword puzzle answers each week, and we'll put your name here! Fax the completed puzzle, with your name, the puzzle number, and the time and date of the fax, to the Crossword Puzzle Desk, fax #703-917-0998! The winner of puzzle #0330-5 is:

Meredith G. Williams

Note: Due to space limitations, the crossword may not appear from time to time. In that case, you may look on our Web site: www.connectionnewspapers.com and click on the "Print Editions" button. It should appear in a newspaper from a different Classifieds zone.

EMPLOYMENT

ZONE 5: POTOMAC
AD DEADLINE: TUESDAY 11 A.M. • 301-983-1900

Ladies Apparel

SALES PERSON

Part-time • Top Salary
Excellent working conditions.
Flexible hours. No nights/Sundays.
Requirements: retail clothing experience, energetic, mature, pleasant personality, fluent English
Call Mrs. Shipe Between 11am & 4pm
MAE'S DRESS BOUTIQUE
703-356-6333 • McLean, Virginia

SNOWPLOW CONTRACTORS

Looking for snowplow contractors with equipment to service commercial properties. Call 410-421-9557, 9am - 4pm.

TELEPHONE
A great opportunity to **WORK AT HOME!**
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

CRIMINAL JUSTICE

Train for a career in Criminal Justice at **Westwood College**. Call 888-605-2244. today to receive your free **Career Success Kit!**
www.westwood.edu/locations

MC DEAN
BUILDING INTELLIGENCE

Open Positions:

Building Operations Manager
Project Accountants
and
Electricians

Seeking Licensed or Non Licensed Electricians with 5-7 years **commercial** experience to work in the Maryland, Virginia and DC area.
Qualified candidates should send their resume to leslie.anderson@mcdean.com. Or call anytime and leave a message: 571-262-1695

NANNIES BY NATURE
Cared by kids. Trusted by parents.

Nannies needed to start ASAP,
\$15-\$20/hr, legal, drive.
703-779-7999
nanniesbynature.com

HOME & GARDEN

POTOMACALMANAC.COM CONTRACTORS.COM
AD DEADLINE: MONDAY NOON • 301-983-1900

CLEANING	LANDSCAPING	LANDSCAPING	LANDSCAPING
<p>A CLEANING SERVICE Since 1985/Ins & Bonded Quality Service at a Fair Price Satisfaction Guaranteed Comm/Res. MD VA DC acleaningserviceinc.com 703-892-8648</p>	<p>GARDENER Energetic Gardener, speaks French & English. Weeding, Planting, Edging, Mulching, Maintenance. Potomac references. 301-980-8258</p>	<p>An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them. -Werner Heisenberg</p>	

ASPHALT	ASPHALT	TREE SERVICE	TREE SERVICE
<p>Pete's Driveways www.PetesDriveways.com</p>		<p>Patuxent Hollow Landscapes 301-854-5175 TREE SERVICES Landscaping & Design Services Also Available! FREE ESTIMATES On Preservation Assessments, Pruning, & Tree Removals. Call US. We're Nice Phollow@msn.com or PatuxentHollow.Com Insured, Tree Expert License #1169 Fellers!</p>	

ELECTRICAL	ELECTRICAL	ROOFING	ROOFING
<p>I.A. Electric ELECTRICAL SERVICE 301-655-4244 Commercial/Residential • 20 Years Experience Master Electrician • Insured and Bonded BEST RATES in Montgomery County! RECEIVE A \$20 DISCOUNT with this ad on minimum of \$150!</p>		<p>Since 1981 VA License #2705 023803 SHINER ROOFING Siding and Gutters • ROOFING • DOORS • SIDING & TRIM • GUTTERS • WINDOWS • REPAIRS 703-560-7663 ShinerRoofing.com/Connection</p>	

MASONRY	MASONRY	CALIBER ROOFING
<p>Blackrock Stone New and repair, walls, mailboxes, columns, housefronts, fireplaces, patios, walks, stoops, brickpavers, bobcat work. Family owned and operated 20 yrs exp RJ Cooley Lic. Ins. 301-540-3127</p>		<p>• Cedar Shakes • Shingles • Repairs • Reroofs • Flat Roofs Licensed & Bonded 703-968-9871</p>

ZONE 5:
• POTOMAC

CLASSIFIED

301-983-1900
ZONE 5 AD DEADLINE:
MONDAY NOON

116 Childcare Avail. 116 Childcare Avail. 116 Childcare Avail.

A Sensible Child Care Solution

- US Govt. Designated Program with 20 Years of Experience
- Large Online Selection of Carefully Screened Au Pairs
- Lowest Average Weekly Cost. All Inclusive!
- Local Support Throughout the Year
- Culturally Enriching Family Experience

Winner of the Au Pair of the Year Award 2007

www.euraupair.com
800-618-2002

eurAuPair
International Child Care Program

21 Announcements 21 Announcements 21 Announcements

High Speed Internet for ALL of rural America!

Available Nationwide
Surf at least 10x faster than dial-up
Equipment only \$49.00!!! after mail-in rebate

Hurry Promotion ends soon!
1-866-697-5992

SkyWay USA
www.skywayusa.com

Promo code: SVACRN
\$19.95* month

*For first three months. \$10 additional /mo for remainder of 12 month agreement

21 Announcements 21 Announcements 21 Announcements

Log Cabin & 10 Acres! **\$149,900** only

One day only Saturday, Oct. 11th!

- Surrounded by 690,000 AC Natl. Forest
- Private access to trophy trout river

Save \$10,000 GUARANTEED!

Only 30 Priority Reservations Available!
1-877-777-4837

21 Announcements 21 Announcements 21 Announcements

THE CONESTOGA SOLUTION

Your Life, Your Business... Our Buildings.

Comprehensive Post-Frame Construction
Residential • Commercial • Equestrian • Agricultural

CONESTOGA Buildings

1-877-434-3133 www.conestogabuildings.com

3 RE for Rent

UPDATED SFH 4B/3B (Fair Oaks) Updates: kitchen, baths, wood floors, closets, siding & windows. FR w/FP. Garage, fenced yard. Community tennis courts. Pool incl for '09. 5 min to FO Mall, Fairlakes and 66. Walk to schools/shops. 703-893-7083

26 Antiques

We consign/pay top \$ for antique/semi antique furn. including mid century & danish modern Teak furniture, sterling, mens watches, painting/art glass, clocks, jewelry, costume jewelry, etc. Call Schefer Antiques @ 703-241-0790.

29 Misc. for Sale

FLUTE Gemeinhart solid silver flute \$500. Call Lisa 571-633-0682

Hardwood Artisans Twin Loft bed, solid oak w/ upgrade English Oak stain (looks great with antiques) Solid hardwood decking (no slats), allows for young children-college age and easier to make. 5 step ladder allows for small children. Perfect condition, 2 years old, retails for \$1725 new www.hardwoodartisans.com. For Sale \$600, phone 703-868-1461

21 Announcements 21 Announcements

Designated
"Qualified in Submarines"
JOIN

UNITED STATES
SUBMARINE VETERANS

Call: **Submarine Veterans Northern Virginia Base**
Steve Jaeger
703-696-5354
Treasurer@USSVINOVA.org

Do not wish to be anything but what you are, and try to be that perfectly.
-St. Francis de Sales

21 Announcements 21 Announcements 21 Announcements

AUCTION Construction Equipment & Trucks

Friday, October 10, 8 AM • Richmond, VA
3600 Deepwater Terminal Road • **HUGE 700+ Lots Expected!**

Over 400 lots already consigned for the State of Virginia!
Plus Dominion VA Power, Progress Energy, Sunbelt Rentals and Others!

Highlights: Equipment '06 JD 350DLC, '03 CAT 320CL, '04 Kubota KX161-3, CAT 977L & 935B, CAT D6, '95 CAT D5H, CAT 12E, '94 JD 544G, (2) Case 580 Super L, '04 Extec Trommel Screen, '04 Takeuchi TL 130 & '02 Bobcat 864, Bobcat 743, '01 Vermeer V-5800, Plus More Excavators, Loaders, Dozers, Graders, Trenchers, Compactors, Asphalt Eq., Forklifts, Utility Tractors & Attachments, Forestry Eq., Chippers, Grinders, Air Compressors, Welders, Generators, Landscaping Eq. Trucks '99 Peterbilt 379 T/A, '98 IHC 4900 50' Bucket, '95 IHC 4900 Digger Derrick '00 Mack RD688S Quad-Axle Dump, '02 Mack CH613 Tri-Axle Dump, '97 Ford L9000 T/A Dump, (3) '97 GMC 3500 S/A Dumps, '91 & '86 Bridge Inspection Trucks, '97 IHC 4700 Service, '05 Ford F150XL Pickup, Plus More Road Tractors, Buckets, Dumps, Box, Rollback, Flatbed & Stakebody, Specialty, Vans, Service, Pickups, SUV's, Autos, Trailers, Snow Removal Eq., PLUS MUCH MORE!

ON-SITE & ONLINE BIDDING AVAILABLE
visit motleys.com
The auction is just a click away!

804.232.3300
VAAL #16 NCAL # 5914 SCAL # 3898

MOTLEY'S AUCTION & REALTY GROUP
INDUSTRIAL DIVISION
Auctioneers • Appraisers • Brokers

21 Announcements 21 Announcements 21 Announcements

Donate Your Car!
Rated One of the Top Charities in America™

1-888-909-SONG(7664)

FREE TOWING • ANY CONDITION • 24 HR P/U
BOATS ACCEPTED • TAX-DEDUCTIBLE • IRS RECOGNIZED & DMV COMPLIANT

Providing Personalized Songs for Seriously Ill Children
www.songslove.org

Se Habla Español

Featured on 60 Minutes and NBC Nightly News!

21 Announcements 21 Announcements 21 Announcements

IS IT TIME TO PAINT?
MAKE THIS YOUR LAST TIME!!!

That's right, never paint again after applying liquid siding to your home.

The Original **LIQUID SIDING**

- ECO-FRIENDLY
- ENERGY SAVINGS
- 25 YR LABOR AND MATERIAL WARRANTY

15% OFF WITH THIS AD

CALL 1-888-NEVERPAINT AND NEVER PAINT AGAIN
LIQUID SIDING OF MARYLAND LLC • 904 LEEDS AVE, BALTIMORE MD 21229

"Don't Know From Adam"



By KENNETH B. LOURIE

There's so much I don't know, that not knowing from whom or from where I don't know it is largely irrelevant to me. Nor is it a matter of blame. I take full responsibility for what it is that I don't know. But knowing what I don't know and being open and admitting it is a good quality, I've been told. But neither do I remember who told me that. I only remember being told.

"A man has to know his limitations," you may recall Clint Eastwood/"Dirty Harry" saying to a "punk, hunh?" But in keeping with the theme of this column, I can't remember exactly in which "Dirty Harry" movie it was said. I can only remember that it was said, and quite famously, and repeatedly, so much so that it has become part of popular culture. And it's become part of my culture as well. I don't go around saying it, mimicking Clint in the process, I simply embrace it, intellectually, as an explanation for the many shortcomings I possess.

Ironically though, I believe I take a certain amount — and type — of pride in not knowing, and knowing that I don't know. As such, I rarely reach beyond my grasp. Nor do I bite off more than I can chew (figuratively speaking. Literally speaking, I do all the time, just ask my wife. No, don't ask my wife, she'd rather not be reminded). And more often than not, I will look before I leap. Somehow, somewhere, with the help of so many others, especially my parents, I suppose I have learned my lessons, thankfully.

The kinds of lessons that may not be reflected in the content of these columns, nor might they be apparent if you spend any amount of time with me. And for all I know, this knowledge may be a figment of my imagination and not really obvious to anyone with whom I have conversations or business dealings. However, since this perception is already in my head, it might be difficult to convince me otherwise.

But knowing that — and admitting it — might yet prove noteworthy. If I know that I'm not always right, and I know how much there is that I don't know, and I know my limitations, then I may know a lot more than I think I know. And "Adam" whoever he is or was, is also someone I don't know and even if I did know who Adam was — or is, I certainly wouldn't blame him for any of my shortcomings. On the other hand, "Adam" is just part of an expression whose knowledge may or may not have something to do with the Garden of Eden, but that's something else that I don't know. But I don't mind that I don't know. It's just another log on that what-I-don't-know fire which blazes internally and it looks like, eternally, too.

But so what? What's in a name, what's in a number? It's all about what's in your head, anyway. What I don't know won't hurt me unless I'm too stubborn to admit it. And I may be lots of things, but stubborn is not one of them. That's something else I know. And now you know, for better or worse.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

99¢ LARGE CHEESE PIZZA TUESDAYS

TRY TOPPING THIS DEAL!

Buy any Large Pizza and Get
a Second Large for Only 99¢*

EVERY TUESDAY!

POTOMAC PIZZA.

www.potomacpizza.com

Dine-in, Carry-out, Delivery & Catering

Serving Our Communities Since 1978



*Not valid with other offers • Toppings extra • Tuesdays from 4–9 p.m.
Dine-in and carry-out only • No coupon necessary



CHEVY CHASE CENTER

301 951 1127

19 Wisconsin Circle
Chevy Chase, MD 20815

POTOMAC PROMENADE

301 299 7700

9812 Falls Road
Potomac, MD 20854

TRAVILLE VILLAGE CENTER

301 279 2234

9709 Traville Gateway Drive
Rockville, MD 20850

KENTLANDS MARKET SQUARE

301 977 9777

625 Center Point Way
Gaithersburg, MD 20878