

1,800 Trees

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PHOTO BY MIRZA KURSPAHIC / THE CONNECTION OPINION, PAGE 6 ❖ REAL ESTATE, PAGE 11 ❖ SPORTS, PAGE 12 ❖ CLASSIFIEDS, PAGE 13

'Sound Of Music' At HHS

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Veterans Continue To Serve

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Employees from the Herndon office of Level 3 Communications helped plant 1,800 trees at Rachel Carson Middle School on Friday afternoon, Nov. 7.

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WEEK IN HERNDON

Police Seek Assistance

Fairfax County Crime Solvers is asking for public's assistance in locating Rafael Villagomez, 32, wanted in connection with an attempted armed robbery and abduction on Oct. 4 in the Fox Mill Giant. Villagomez, of no fixed address, has outstanding warrants for robbery and the use of a firearm in the commission of a felony. He is 5 feet 11 inches tall and weighs 150 pounds. He has brown eyes and black hair and is known to frequent Elden Street in the Town of Herndon.

An investigation into the crime has led to the arrest of Anthony Michael Handy, 21, of Sterling. He was transported to the Fairfax County Adult Detention Center and charged with robbery.

Anyone with information on Villagomez's whereabouts is asked to contact Fairfax County Crime Solvers by phone at 1-866-411-TIPS(8477), e-mail at www.fairfaxcrimesolvers.org or text "TIP187" plus the message to CRIMES(274637). A \$1,000 cash reward will be paid for information that leads to an arrest. Callers never have to give their names or appear in court.

Seminar: Immigration Compliance

The Dulles Corporate College in conjunction with Northern Virginia Community

College is offering "The Nuts and Bolts of Immigration Compliance: Does Your Company Have The Right Tools" on Friday, Nov. 14, 9 a.m.-noon at the Northern Virginia Community College Reston Center, 1831 Wiehle Avenue, Reston.

Learn about the Department of Homeland Security's electronic verification system (E-Verify), DHS's Social Security Number No-Match rule, and general I-9 compliance. This seminar will be taught by an I-9 compliance attorney, Dawn Lurie of Greenberg Traurig, LLP.

Tuition is \$165 per person. Register at <http://www.nvcc.edu/loudoun/continuing/DCC.asp> or call the Workforce Development Office at the NOVA Loudoun Campus at 703-450-2551.

LINK Used Winter Coat Distribution

The Sterling United Methodist Church will host the LINK Used Winter Coat Distribution on Nov. 22. Donated coats can be dropped off at the church, 304 East Church Road, from Nov. 16 to 22, 8:30 a.m. to 4:30 p.m. Coats do not need to be new, but do need to be in good condition and clean. A record 600 families have registered for this year's LINK Thanksgiving Food and Used Coat distribution event, comprising 1,269 adults and 1,619 children. Other winter garments are also welcome, including hats,

SEE WEEK IN HERNDON, PAGE 4



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PHOTOS BY MIRZA KURSPAHIC/THE CONNECTION

Legionnaires of American Legion Post 184 listen as Dave Kirby, the Post's commander, gives thanks to veterans.

Community Observes Veterans Day

About 30 people gathered on the Herndon Town Green on Tuesday morning, Nov. 11, to give thanks to all veterans who served in the United States military forces. The American Legion, Wayne M. Kidwell, Post 184, in cooperation with the Town of Herndon, organized the event.

Dave Kirby, the Post's commander, also gave a special thanks to the veterans who are serving in the wars in Iraq and Afghanistan. He also urged those present to acknowledge veterans. "At least once today, hug a veteran," said Kirby.

Former Herndon Mayor Richard Thoesen was the guest speaker at the observance. Thoesen is a Vietnam veteran who served in the U.S. Army Medical Service Corps. Thoesen and Kirby together laid wreaths at the Veterans Memorial on the Town Green and Kirby reminded the crowd to visit the Avenue of Flags at Herndon's Chestnut Grove Cemetery.

— MIRZA KURSPAHIC



Dave Kirby, Commander of American Legion Post 184, addresses those gathered at the Veterans Day observance on Tuesday, Nov. 11.



Dave Kirby, Commander of American Legion Post 184, left, and former Herndon Mayor Richard Thoesen lay the memorial wreaths at the Veterans Memorial on the Herndon Town Green. See related story, page 10.



Members of the Herndon High School Navy Junior ROTC posted and retired the Colors at Tuesday's observance.

Koger Pleads Guilty

Herndon man still faces attempted capital murder charges.

BY KEN MOORE
THE CONNECTION

Jeffrey Scott Koger admitted to embezzling approximately \$3 million from 400 homeowner associations using 140 bank wire transfers, according to statement of facts filed Monday, Nov. 10 with his plea agreement in federal court in Alexandria.

Koger, 39 of Oak Hill, embezzled the money and invested funds in personal accounts and businesses he was involved in, including: \$733,000 in Jordan's 8 restaurant on Capitol Hill; \$374,960 to pay a contractor to remodel his Oak Hill house and the Tri-Fitness, Inc. facility in Annandale; \$40,000 for a

More

See past coverage of the Koger investigation at www.ConnectionNewspapers.com.

down payment on a 2005 Chevrolet Corvette convertible; \$60,000 for a down payment on a house in New Mexico; and \$56,668 for windows and doors for his home.

Koger was the former chief financial officer of his father's real estate management firm, Koger Management Group, which filed for bankruptcy in July 2007. Robert Koger, the father, reported to the Fairfax City Police in November 2006 that he believed his son Jeffrey Koger had embezzled \$800,000, kicking off the investigation.

Koger pleaded guilty Monday, Nov. 10 in federal court in Alexandria to wire fraud and income tax evasion.

Koger, already jailed in Fairfax County Adult Detention Center on other charges, waived prosecution by indictment and consented that his plea agreement could continue Monday.

U.S. District Court Judge Leonie M. Brinkema is currently scheduled to sentence Koger in February.

He faces a maximum penalty of 25 years in prison, \$500,000 in fines and full restitution, according to Acting U.S. Attorney Dana J. Boente.

"The defendant took various actions to conceal his scheme from the homeowners' associations and their auditors," according

SEE KOGER, PAGE 5

WEEK IN HERNDON

FROM PAGE 2

mittens, scarves and sweatshirts. Contact a LINK representative for more information via e-mail at HolidayFoodBasket@LINKAgainstHunger.org.

Coppermine Boundary Meetings

Fairfax County Public Schools (FCPS) will hold two town meetings to solicit input in determining boundaries for a new elementary school under construction at the Coppermine site in Herndon, located on River Birch Drive. The new school will feature 32 classrooms and serve students in grades K-6. Schools involved in the boundary study include Floris, Herndon, Hutchinson, McNair and Oak Hill Elementary schools. The town meetings are scheduled for 7 p.m. on Thursday, Nov. 13, at Carson Middle School and Wednesday, Dec. 10, at Franklin Middle School.

FISH Collects for Holiday Food and Gift Boxes

Herndon-Reston FISH, Inc., is making an earnest appeal to the community for non-perishable food donations for the Thanksgiving and December food boxes. The goal is to provide food for 650 people, about 200 families, for each of the two months. Donations are also needed to buy a \$10 grocery store gift certificate for each box. Gift donations are requested for children, from infants to teenagers, for the December food and gift boxes. Gift cards are preferable for the teens.

Volunteers are welcome to help collect, sort, pack and deliver food boxes on Nov. 17-20 and Dec. 15-18 at 11484 Washington Plaza West, Room 140, in Reston. To donate food and gifts, request food pickup or volunteer, contact Holiday Coordinator Robyn Kampf at 571-926-8019 or rhkampf@gmail.com. Tax-deductible donations can be made to Herndon-Reston FISH, Inc., 336 Victory Drive, Herndon, VA 20170. Please indicate the check is for the holiday baskets.

Spirit of Giving Open House

The annual Spirit of Giving Open House at JJ Deli to help the wounded soldiers at Walter Reed and their families at Fisher House will take place on Sunday, Dec. 7, starting at 1 p.m. JJ Deli is located at the Herndon Centennial Golf Course. Items needed this year include sweatshirts, sweatpants, T-shirts, men's boxers, ladies' underwear, men and ladies pajamas, winter hats, gloves, deodorant, lotion, body wash and gift cards for Walmart and Target. The deli will collect donations from Dec. 1-14. For more information e-mail JJdeli@cox.net.

Business Counseling At Supervisor's Office

Fairfax County Economic Development Authority will send representatives to several Board of Supervisors' offices once a month to offer free on-site, one-on-one counseling to anyone who wants to start or expand a business in Fairfax County or learn about other business services. Dranesville District Supervisor John Foust's office is one of the host locations. For more information visit www.fairfaxcountyEDA.org or call 703-790-0600.

Homes Tour Recreated

Herndon's civic groups are teaming up to bring back the Herndon Homes Tour as the Holiday Homes Tour of Herndon. Organizations participating in the tour will be asked to identify a house, decorate it for the holidays and provide tour guides for it. The Cultivating Community Initiative and the Herndon Dulles Visitor's Center will handle the tour's advertising, marketing and coordination.

Service clubs who would like more information on participation in the Tour can contact Connie Hutchinson at the Herndon Dulles Visitor's Center at 703-HERNDON. The tour will take place on Dec. 6, the traditional first Saturday of December, and the cost of the tickets will be \$10 in advance or \$15 on the day of the tour.

NEWS



PHOTO BY MIRZA KURSPAHIC/THE CONNECTION

The trees planted at Rachel Carson Middle School will serve a variety of purposes when they mature.

New Trees at Carson

Partnership provides 1,800 native trees for Rachel Carson Middle School.

BY MIRZA KURSPAHIC
THE CONNECTION

It may become a little more difficult to find Rachel Carson Middle School when driving down McLearen Road in the future. A partnership between Fairfax County Public Schools, Fairfax ReLeaf and corporate sponsors has resulted in 1,800 trees planted on the school's four-acre plot. Some of the trees will screen the school from the road leading to Route 28.

"We aimed big and brought out 1,800 trees," said Taylor Beach, executive director of Fairfax ReLeaf, an organization with the mission of increasing native tree canopy in Fairfax County. Beach coordinated the efforts of two corporate sponsors — RISO, Inc., a digital printing company that donated the trees, and employees from the Herndon office of Level 3 Communications who provided the labor — for the tree planting on Friday, Nov. 7 at Rachel Carson Middle School. All of the trees are native to the area and included Virginia Pine, Red Maple, and Dogwood species.

Aside from screening the school from McLearen Road, the trees will play an important financial role for county schools. "The trees don't need maintenance," said Beach. The more lawn space the trees occupy, the less resources county schools spend on maintaining those parcels.

"This project is taking about three to four acres out of mowing," said Dale Taylor of Fairfax County Public Schools (FCPS) facilities maintenance division. "We wholly support it, we encourage it," said Taylor. He added that, in addition to lowering FCPS maintenance costs, the project helps the county meet

its tree canopy goals. Taylor said FCPS would continue to look for opportunities to conduct similar projects at other schools.

THE TREES WILL also serve as an educational tool, according to Beach and others involved in the Nov. 7 planting. "Even though this is a corporate effort, the students will learn from it," said Taylor. "The students will hear about it, they will talk about it," he said.

No students participated at the planting on Friday afternoon, but James McGlone of the state Department of Forestry said the trees are a valuable educational tool. "These trees will provide a place for teachers to bring kids here and tie this into school lessons," said McGlone, an urban forest conservationist.

McGlone also discussed other valuable aspects of the tree planting. They create habitats for animals and insects necessary to help local residents grow their plants. The trees also improve air and water quality. According to McGlone, a fully grown oak tree retains 10,000 gallons of storm water that would end up in local streams and contribute to erosion problems.

While the trees stand to benefit the school system and Rachel Carson Middle School's students, the corporate sponsors stand to benefit from the event itself. "This will increase camaraderie in the office," said Ed-

ward Morche of Level 3 Communications. More than 40 employees from the company's Herndon office participated in Friday's planting. Morche said there is a more concerted effort across the company to get involved in community projects.

"We want to help replenish the trees," said Tina Maier of RISO. She said RISO is a printing company that recognizes the impact the industry has on the environment. Maier said the company adheres to environment-friendly policies, such as producing soy-based ink and using recycled paper. The company launched a partnership with the Arbor Day Foundation to plant 100,000 trees. "We made a commitment to try to rebuild the environment," said Maier.

"We aimed big and brought out 1,800 trees."

— Taylor Beach, Fairfax ReLeaf executive director



Early Voters

Second graders at Herndon Elementary School held their own mock election Friday, Oct. 31. Before they could head to the polls, students had to fill out their own voter registration cards. The second grade teachers taught the students how the election process works from the primaries to Inauguration Day. On Oct. 31, students stepped into the voting booth, closed the curtain and cast their ballot in secret. They received their "I Voted" sticker after they stepped out of the booth.

Koger Pleads Guilty to Embezzlement

FROM PAGE 3

to agreed upon statement of facts. "If the defendant received a complaint that money was missing from a particular homeowners' association account, he would provide a false explanation."

Koger also evaded \$775,273 in federal income taxes by failing to file personal income tax returns from 2003-2006, according to the Internal Revenue Service. In 2005, Koger received taxable income of more than \$810,257.

The IRS, Secret Service, FBI, Fairfax City, Fairfax County and Alexandria City police departments investigated the case, which is being prosecuted by Assistant

U.S. Attorney Jack Hanly and Trial Attorney Caryn Mark, of the Department of Justice's Tax Division.

KOGER ALSO FACES three counts of attempted capital murder of police officers, two counts of aggravated maiming and five counts of use of a firearm in the commission of felonies in Fairfax County courts.

According to police reports and testimony at Koger's preliminary hearing in June, Koger stopped his 1990 Jeep Cherokee behind a taxicab stopped at a traffic light at the corner of Seminary Road and North Beauregard Street in Alexandria in the early morning of Feb. 2, 2008.

Koger got out of his Jeep, walked to the taxi driver's window, and fired several shots into the cab. The driver was seriously injured.

Koger shot two other men in another car, who escaped him by driving to the Fairfax County Police Station on Franconia Road.

Koger eventually fled in his Jeep

to elude a Virginia State trooper. Koger crashed into a traffic control box in front of Springfield Shopping Mall, and got out of his car with a firearm in his hand.

When Koger fired his weapon, the trooper and Washington Metropolitan Transit Authority officers shot back, hitting Koger in the midsection. He was hospitalized with life-threatening injuries, but recovered.

In August, Koger's defense attorney, Peter D. Greenspun, filed notice of Koger's possible intent to claim the insanity defense.

At Koger's preliminary hearing, Greenspun asked the trooper if Koger said anything after crashing his car.

"The only thing he said out loud was, 'Help me, they're coming to get me,'" the trooper testified.

Koger faces more than three life terms in prison if convicted in Fairfax County Circuit Court.

His trial on those charges is currently scheduled for February, after his sentencing hearing in federal court.

BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com or call 703-917-6449 with questions. Deadline is Friday.

THURSDAY/NOV. 13

LWV Meeting. The League of Women Votes of the Fairfax Area is holding its November meeting at 12106 Stirrup Road, Reston, at 9 a.m. The topic is the restoration of civil rights of felons in Virginia. Call 703-860-0512.

TUESDAY/NOV. 18

Congregation Beth Emeth Hazak Chapter, 12523 Lawyers Road, Herndon, hosts Rabbi Steve to speak about Jewish medical ethics at 1 p.m. There is no cost and light refreshments are served. Call 703-860-4515, ext. 127.

THURSDAY, NOV. 20

The MOMS Club of Herndon will be hosting its monthly meeting on from 10 - 11:30 a.m. at St. Timothy's Episcopal Church, 432 Van Buren St., Herndon. This month's topic is "Financial Planning for Families" with guest speaker Rebecca Hall from Ameriprise Financial Services. Open to Herndon (zip codes 20170 and 20171) stay-at-home.

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OPINION

Veterans Day

Time to remember that we are still fighting two wars, that many thousands have died or been wounded, and that our veterans deserve the best possible care on their return.

Army 1st Lt. Thomas J. Brown, a George Mason University graduate and Burke resident, died just over one month ago on Sept. 23, 2008, while serving in Iraq. His unit came under small arms fire, and Brown, 26, died from his wounds. Brown, a leader who often insisted on riding in the lead vehicles of convoys, the ones most likely to be targeted in an attack, was three weeks away from completing his tour of duty. Among family and friends left behind were his twin brother Timothy.

Nov. 11 marks Veterans Day, a day to honor all veterans, living and dead.

But our thoughts turn to the more than 4,100 U.S. service members who have died in Iraq and more than 600 who have died in Afghanistan since 9/11. Here in Northern Virginia, many local families bear the personal sacrifice that comes with this loss.

Ami Neiberger-Miller of Sterling lost her brother, U.S. Army Specialist Christopher Neiberger, in August 2007 when he was killed by a roadside bomb while serving in Baghdad, Iraq. He was 22 years old when he died.

Many local people have responded to their loss by reaching out and helping others. Since her brother's death, Neiberger-Miller has devoted herself to the Tragedy Assistance Program for Survivors (www.taps.org), which provides peer-based emotional support and other services for families of the fallen.

Scott Kirkpatrick, 26, died on Aug. 11, 2007, in Arab Jabour, Iraq. Kirkpatrick, who graduated from Park View High School in Sterling, and also considered Herndon and Reston as his hometowns, was a champion slam poet. His father, Ed Kirkpatrick, calls him the "warrior poet," and he and his wife help injured vets at Walter Reed through the Yellow Ribbon fund (www.yellowribbonfund.org).

Beth and Michael Belle of Vienna are mother and stepfather of U.S. Marine Lance Cpl. Nicholas Kirven, who, at age 21, was killed in Afghanistan in 2005 during a firefight in a cave with insurgents. He enlisted while still in high school after 9/11. Beth Belle was notified that her son had died on Mother's Day.

Xiomara Mena and Rafael Anderson of Vienna are mother and brother of U.S. Army Cpl. Andy Anderson, age 24, who was killed by enemy fire during combat operations in Iraq. Xiomara Mena is described as the unofficial "mayor" of the section of Arlington National Cemetery where her son is buried; she is at the cemetery every day.

More than 30,000 soldiers have been wounded in Iraq and Afghanistan. More than a million soldiers have served in Iraq and Afghanistan in that time, with their lives forever changed by that experience.

Those serving are there because of their sense of duty to the rest of us, to put their lives

EDITORIAL

on the line to defend the country. They join more than 24 million men and women, veterans, who have made great sacrifice in serving in the military.

A good place to start in showing respect for those now serving would be to provide them with the equipment and services they need while they are there and the services they will need when they get home, including impeccable, first-class health care.

HERE ARE the names of some of the local men and women who have died in Iraq and Afghanistan. We repeat these names several times a year to honor their service and to keep their memories in our consciousness.

If you know of someone who should be included in this list, or if you would like to share how you are honoring the memory of a family member or friend lost, or about the progress of someone injured, please let us know.

❖ Staff Sgt. Jesse G. Clowers Jr., 27, of Herndon, died when an improvised bomb exploded near his vehicle in Afghanistan on Aug. 12, 2007.

❖ Jonathan D. Winterbottom, 21, of Falls Church, died in Iraq on May 23, 2007, of wounds inflicted when an "improvised explosive device" exploded near his vehicle.

❖ Nicholas Rapavi, 22, of Springfield, died Nov. 24, 2006, of wounds suffered during combat in Anbar province in Iraq.

❖ Army Cpl. Andy D. Anderson, 24, was killed on Tuesday, June 6, 2006. He and another member of the 46th Engineer Battalion were killed when their camp in Ar Ramadi, Iraq, came under "indirect enemy fire during combat operations," according to Department of Defense documentation. He had been a respected football and basketball player at J.E.B. Stuart High School and had proposed to his high-school sweetheart about three weeks before he was killed.

❖ Airman 1st Class Lee Bernard E. Chavis, 21, was killed Oct. 14, 2006, by sniper fire in Iraq, trying to protect civilians from a roadside bomb.

❖ Spc. Robert Drawl Jr., 21, who graduated from T.C. Williams High School in 2003, was killed by a bomb in Kunar, Afghanistan, on Aug. 19, 2006.

❖ Capt. Shane R. M. Mahaffee, 36, a 1987 graduate of Mount Vernon High School, died May 15, 2006. He was a lawyer, married, with two children. His parents live in Alexandria.

❖ Maj. William F. Hecker III, a 1987 graduate of McLean High School, was killed in action in An Najaf, Iraq, Jan. 5, 2005.

❖ Ayman Taha, 31, of Vienna, was killed Dec. 30, 2005, when an enemy munitions cache he was prepping for demolition exploded.



❖ Army Capt. Chris Petty of Vienna was killed Jan. 5, 2006.

❖ George T. Alexander Jr., the 2,000th soldier to be killed in Iraq, was literally born into the Army here in Northern Virginia, at DeWitt Army Hospital at Fort Belvoir. Alexander died at Brooke Army Medical Center in San Antonio, Texas, Oct. 22, 2005, of injuries sustained in Samarra, Iraq, Oct. 17.

❖ On Nov. 5, 2005, Lt. Col. Thomas A. Wren, 44, of Lorton, died in Tallil, Iraq.

❖ Marine Capt. Michael Martino, 32, of the City of Fairfax, died Nov. 2, 2005, when his helicopter crashed while flying in support of security operations in Iraq.

❖ Fairfax Station resident Pfc. Dillon Jutras, 20, was killed in combat operations in Al Anbar Province of Iraq Oct. 28, 2005.

❖ Laura M. Walker of Oakton was killed on Aug. 18, 2005, in Kandahar, Afghanistan.

Among other local lives lost: Tavon Lee Hubbard, 24, of Reston; Alexander Wetherbee, 27, of McLean; Jeff Kaylor, 25, of Clifton; Nathan B. Bruckenthal, 24, of Herndon; Sharon T. Swartworth, 43, of Mount Vernon; Jim Blankenbecler, 40, of Mount Vernon; Jim Adamouski, 29, of Springfield; DeForest L. Talbert, 22, of Alexandria; Marine Cpl. Binh N. Le, 20, of Alexandria; Russell Verdugo, 34, of Alexandria. Army Capt. Mark N. Stubenhofer, 30, from Springfield; Marine Gunnery Sgt. Javier Obleas-Prado Pena, 36, from Falls Church; Marine Sgt. Krisna Nachampassak, 27, from Burke; Army Staff Sgt. Nathaniel J. Nyren, 31, from Reston; Marine Lance Cpl. Tenzin Dengkhim, 19, from Falls Church, Navy Chief Joel Egan Baldwin, 37, from Arlington.

ON VETERANS DAY, we also honor those who served in World War I (a dwindling number), World War II, Korea and Vietnam, as well as those who have served the nation in times of peace.

If you have a story you'd like to share, about your own military service or that of a family member, we'd like to hear from you.

— MARY KIMM,

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THE CONNECTION

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OPINION

'Foreigner' Entertains at Oakton

BY ALEX RIEHLE
THOMAS EDISON HIGH SCHOOL

Don't want to talk? Pretend you can't speak English! So begins Oakton High School's brilliant comedy, "The Foreigner," by Tom Shue. This play has been awarded Best Off Broadway show awards as well as being one of the most popular American shows to be ever put on The West End in London.

Life is hard for Charlie Baker, an extremely shy science fiction magazine editor who doesn't think he has a personality and hates to talk to people. Good friend Froggy LeSueur organizes a three-day getaway to a lodge in a stereotypical

hick town in backwoods Georgia. To make sure that Charlie isn't pressured to talk, Froggy tells innkeeper Betty that Charlie is a foreigner. Hilarity ensues as Charlie meets the other guests at the lodge, becomes wrapped up in their respective dramas, and eventually finds himself.

This play was defined by all the actors' convincing characterizations, jubilant energy, and superb comedic timing. Though a difficult show for a high school to present because of the number of accents involved, the cast met the challenge gracefully.

Christopher North seemed to understand his role Charlie personally, and gave a believable performance to both of his characters'

extremes — the shy, introverted side, and the side that dramatically acts out stories in a made up language. Betty, played by Julie Kann, brought her character to life with heaps of energy and a consistent accent.

One supporting role stood out and greatly added to the performance with precise comedic timing. Ellard Simms (Alfred Anderson), a young, dim-witted family member who quickly befriends Charlie, left the audience roaring every time he was on stage. Anderson stayed completely in character and engaged the audience as he haplessly gets taken advantage of.

The tech element also greatly enhanced the show, with a beautiful set, designed by Anthony Schiavo, that fit perfectly with the setting, complete with a bearskin wall hanging. Make-up (Allison Hicks, Patrick Fulghum) successfully transformed a teenager into an old lady.

This was a hard show to put on, but Oakton performed commendably and completely deserved the roaring laughter and standing ovation they received.

CAPPIES REVIEW

HCTV SCHEDULE

HCTV-23 Herndon Community Television on Verizon FiOS Cable-channel 42 and Cox Communications Channel 23. Tune in to the video web pages on either channels for updates. Call Jan Tirrell at 703-689-2323. HCTV is also looking for volunteers, training is provided.

THURSDAY/NOV. 13

7 a.m. Jazzercise
8 a.m. Army News Watch
9 a.m. Travel TV
10 a.m. Vintage HCTV- Hook, Line and Sinker (Dec. 1991)
11 a.m. Guitar Instruction 9
Noon Jazzercise
1 p.m. Across the Aisle
3 p.m. Army News Watch
4 p.m. Concert: Neil Harp and Rick Franklin
6 p.m. Jazzercise
6:30 p.m. Army News Watch
7 p.m. Travel Television
7:30 p.m. AARP Classic Antique Auto Show
9 p.m. Guitar Instruction 9
10 p.m. Vintage HCTV- Hook, Line and Sinker (Dec. 1991)

FRIDAY/NOV. 14

7 a.m. Jazzercise
7:30 a.m. The Reading Lady
8 a.m. King Henry Show
9 a.m. Road to Recovery in the United States-Past, Present and Future
10 a.m. AARP Classic Antique Auto Show
11 a.m. Something Different 2008
Noon Jazzercise
12:30 p.m. W&OD-Railroad
1 p.m. Travel Television
1:30 p.m. My Health, My Medicare
2 p.m. W&OD-Regional Parks
3 p.m. King Henry Show
4 p.m. Concert: Catfish Hodge
6 p.m. Jazzercise
6:30 p.m. The King Henry Show
7 p.m. Jimmy's Old Town Tavern
Open Mike Night
8:30 p.m. Guitar Instruction 9
9:30 p.m. Woody's Western Theater-Jesse James Rides Again Pt 6

SATURDAY/NOV. 15

7 a.m. Jazzercise
8 a.m. Music and the Spoken Word
9 a.m. The Reading Lady
9:30 a.m. King Henry Show
10 a.m. Guitar Instruction 8
10:30 a.m. Guitar Instruction 9

Noon Jazzercise
12:30 p.m. The Abita Springs Opry Show
5 p.m. AARP Classic Antique Auto Show
6 p.m. Jazzercise
6:30 p.m. Music and the Spoken Word
7 p.m. Travel Television
7:30 p.m. Vintage HCTV- Hook, Line and Sinker (Dec. 1991)
SEE HCTV, PAGE 9

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CALENDAR

Send announcements to herndon@connectionnewspapers.com or call 703-917-6451. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/NOV. 13

Author Signing. Edward M. Lerner, will be at the Barnes and Noble Spectrum Center, 1851 Fountain Drive, Reston, to sign copies of his latest book "Fools' Experiments," at 7 p.m.

SUNDAY/NOV. 16

Holiday Preview Party. Shop for green gifts and see limited edition holiday value sets from Origins at the Reston Town Center. Call 703-481-1956.

Reston Orchestra. The Reston Community Orchestra initiates its 21st season of free concerts at 4 p.m. at Hunters Woods Village Center, 2310 Colts Neck Road, Reston. Visit www.restoncommunityorchestra.org.

MONDAY/NOV. 17

Broomball. Free lessons for the new Broomball leagues forming this season at Reston Town Center Ice Skating Pavilion at 7 p.m. No skating skills required; ages 18 and older. Call 703-709-6300.

Book Club. The Book Club will meet at 7:30 p.m. in Reston's Used Book Shop in the Lake Anne Village Center, 1609 Washington Plaza. Call 703-435-9772.

WEDNESDAY/NOV. 19

Seminar Series. Learn how to train during the winter from tips on cross-training activities at the Potomac River Running at Reston Town Center, 7:30-8:30 p.m. Call 703-674-6357.

THURSDAY/NOV. 20

Farmer's Market. Last day to shop for locally grown produce, meats, cheeses, beverages and more at the Reston Town Square, 11900 Market St. 3:30-7 p.m. Visit www.smartmarkets.org.

Release Celebration.

Beaujolais Nouveau's executive chef, Marty Ticar presents Beaujolais inspired dishes and Beaujolais Nouveau wine offerings at Mon Ami Gabi in Reston Town Center from 5-10 p.m. Call 703-707-0233.

SATURDAY/NOV. 22

HOLIDAY BAZAAR. LANK's Annual holiday bazaar features local crafters and vendors offering a variety of gift items. LANK School, 12021 North Shore Drive, Reston. 10 a.m. - 5 p.m. Free.

Enchanted Forest. Stroll through a whimsical forest of nearly 300 theme-decorated trees and handmade gingerbread homes while enjoying crafts and entertainment. All proceeds benefit the Junior League of Northern Virginia's mission and community programs. 10 a.m.-5 p.m. Call 703-848-2884, visit www.jlnv.org or e-mail tef@jlnv.org for tickets.

Bluegrass Concert. The Blue Moon Cowgirls are playing at the Weekend Bluegrass Concert Series at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Doors open at 6:30 p.m., show at 7:30 p.m. Tickets: \$12;



Bluemoon Cowgirls

The Blue Moon Cowgirls are playing at the Weekend Bluegrass Concert Series at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon on Saturday, Nov. 22. Call 703-435-8377.

call 703-435-8377.

SUNDAY/NOV. 23

Enchanted Forest. Stroll through a whimsical forest of nearly 300 theme-decorated trees and handmade gingerbread homes while enjoying crafts and entertainment. All proceeds benefit the Junior League of Northern Virginia's mission and community programs. 10 a.m.-3 p.m. Call 703-848-2884, visit www.jlnv.org or e-mail tef@jlnv.org for tickets.

MONDAY/NOV. 24

Spy Museum. Join the Reston Association for a trip to the International Spy Museum in Washington, DC. Bus pick-up at Hunter Woods Shopping Center, Thoreau Place and Lake Anne Fellowship House at 9 a.m. \$25/Reston residents; \$30/non-residents. Call 703-435-6577 to register.

Broomball. Free lessons for the new Broomball leagues forming this season at Reston Town Center Ice Skating Pavilion at 7 p.m. No skating skills required; ages 18 and older.



Norman Davis, owner of The Sweet Life, Inc., a custom-design cakery in Annandale, will appear on the main stage at the Junior League of Northern Virginia's eighth annual The Enchanted Forest holiday extravaganza Saturday, Nov. 22, 3-4 p.m..

Call 703-709-6300.

TUESDAY/NOV. 25

Blood Drive. INOVA Blood Drive from 12-7:30 p.m. beside the Reston Town Center Pavilion, 11900 Market St. Schedule appointments at 1-866-256-6372 or inova.org/donateblood.

WEDNESDAY/NOV. 26

Senior Movie Day. Reston Association presents a feature film at 10 a.m. at the Multiplex Cinema, Reston Town Center, 11900 Market St. Refreshments and door prizes provided prior to the movie. Free to those 55+. Call 703-435-6530.

FRIDAY/NOV. 28

Holiday Celebration. Celebrate the Holidays at Reston Town Center, 11900 Market St. Stores open at 8 a.m.; run with Alan Webb, U.S. record-holder for fastest mile; 11

a.m., Reston Holiday Parade; 12:30-4:30 p.m., visits with Santa; 6 p.m., tree lighting; 6:30-10 p.m., horse-drawn carriage rides. Visit www.restontowncenter.com.

Carol Sing-Along. The Reston Chorale will perform at 6 p.m. at the Reston Town Center in front of the tree on Market Street. Free. Visit info@restonchorale.org.

Reston Holiday Parade. The Reston Town Center presents the 18th annual Reston Holiday Parade 11:00 AM, launching the festive season with Macy's-style balloons, musical groups, dancers, antique cars and more in a one-hour parade along Market Street.

SATURDAY/NOV. 29

Visit Santa. Visit Santa and take photos with him on next to M&S Grill on Democracy St. at the Reston Town Center, 10 a.m.-6 p.m.

Artist Demos. Artist demos will be shown at the Reston Art Gallery and Studios in Lake Anne Village Center, 1609 Washington Plaza, 10 a.m.-12 p.m. Call 703-481-8156.

SUNDAY/NOV. 30

Visit Santa. Visit Santa and take photos with him on next to M&S Grill on Democracy St. at the Reston Town Center, 10 a.m.-6 p.m.

MONDAY/DEC. 1

Creation Station. A workshop for children entitled "The Shapes of Sound" will be held in the Reston Arts Center in Reston Town Center from 3:30-5 p.m. Call 703-471-9242 to register.

TUESDAY/DEC. 2

Explore More! The Greater Reston Arts Center Learning Center at Reston Town Center has self-guided tours and art activities for children during gallery hours. \$3/art bucket restocking fee for individuals; \$5/groups. Call 703-471-9242 for reservations.

WEDNESDAY/DEC. 3

Holiday Mini-Book Sale. Friends of the Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700.

THURSDAY/DEC. 4

Holiday Mini-Book Sale. Friends of the Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700.

SEE CALENDAR, PAGE 9

WWW.CONNECTIONNEWSPAPERS.COM

CALENDAR

FROM PAGE 8

Art Exhibition. Meet the artists and see Lee Gainer's work "The Thought That Counts" and Huguette Roe's "Recycle Series" on exhibit at the Greater Reston Arts Center in Reston Town Center, 6-8 p.m. Call 703-471-9242 or visit www.restonarts.org.

THURSDAY/DEC. 5

Holiday Mini-Book Sale. Friends of the Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700.

Visit Santa. Visit Santa and take photos with him on next to M&S Grill on Democracy St. at the Reston Town

THEATER

"Secrets of a Soccer Mom," Elden Street Players at the Industrial Strength Theatre, 8 p.m., Thursday, **Nov. 13**; 8 p.m., Friday, **Nov. 14**; 8 p.m., Saturday, **Nov. 15**. See eldenstreetplayers.org.

"The Fisherman and His Wife," Theater for Young Audiences, Elden Street Players at the Industrial Strength Theatre, 11 a.m. and 2 p.m., Saturday, **Nov. 15**; 2 p.m., Sunday, **Nov. 16**. See eldenstreetplayers.org.

"Forbidden Broadway," Reston Community Players at CenterStage of the Reston Community Center, 8 p.m., Friday, **Nov. 14**; 2:30 p.m., Saturday, **Nov. 15**; 8 p.m., Saturday, **Nov. 15** (sign interpretation); 2:30 p.m., Sunday, **Nov. 16**; 8 p.m., Friday, **Nov. 21**; 2:30 p.m., Saturday, **Nov. 22**; 8 p.m., Saturday, **Nov. 22**, and 2:30 p.m., Sunday, **Nov. 23**. See www.restonplayers.org. Tickets: \$17-

HCTV SCHEDULE

FROM PAGE 7

and Sinker (Dec. 1991)
9 p.m. Road to Recovery in the United States-Past, Present and Future
10 p.m. Jimmy's Old Town Tavern Open Mike Night

SUNDAY/NOV. 16

8 a.m. Music and the Spoken Word
9 a.m. Cornerstone Connection
10:30 a.m. David Young - A Musical Journey
12 p.m. Vintage HCTV- Hook, Line and Sinker (Dec. 1991)
1 p.m. Music and the Spoken Word
1:30 p.m. Guitar Instruction 8
2 p.m. Guitar Instruction 9
2:30 p.m. Classic Antique Auto Show
3 p.m. Travel Television
4 p.m. The Abita Springs Opry Show
8:30 p.m. AARP Classic Antique Auto Show
9:30 p.m. Woody's Western Theater-Jesse James Rides Again Pt 6

MONDAY/NOV. 17

7 a.m. Jazzercise
8 a.m. NASA Connects
9 a.m. Something Different
10 a.m. Small Green Domicile
10:30 a.m. Buffalo Soldiers-The Colors of Ft. Bayard
Noon Jazzercise
12:30 p.m. Woody's Western Theater-Ghost of Zorro Pt 109
3 p.m. NASA Connects-The Right Ratio
4 p.m. Concert: Al Williams & Friends
6 p.m. Jazzercise
6:30 p.m. NASA Connect-The Right Stuff
7 p.m. W&OD-Railroad
8 p.m. W&OD-Regional Parks

TUESDAY/NOV. 18

7 a.m. Jazzercise

Center, 10 a.m.-6 p.m.

SATURDAY/DEC. 6

Holiday Celebration. Lake Anne is celebrating the holidays with a petting zoo, entertainment, ornament making and a visit from Santa at Lake Anne Village Center in Reston. 11 a.m.-1 p.m. Free. Visit lakeanneplaza.com for details.

A Seasonal Celebration. The Reston Chorale will perform 6 p.m. and 8 p.m. at the Reston Community Center. \$20 adults, \$15 seniors and youth. Visit www.restonchorale.org.

Bluegrass Concert. Dead Men's Hollow will play the Weekend Bluegrass Concert Series at Holy Cross Lutheran Church, 1090 Sterling

20; call 703-476-4500.

"The Sound of Music," Herndon High School Theatre Department, at Herndon High School, 7:30 p.m., Thursday, **Nov. 13**; 7:30 p.m., Friday, **Nov. 14**; 7:30 p.m., Saturday, **Nov. 15**; 2 p.m., Sunday, **Nov. 16**.

"Rumors." The South Lakes High School Theatre Arts Department will present Neil Simon's comedy farce. Show times are at 7 p.m. on **Nov. 20-21**, and 2 p.m. and 7 p.m. on Saturday, **Nov. 22** in the Little Theatre. Tickets are \$6 presale and \$8 at the door.

To purchase tickets for any of these shows or for more information, go to www.sltheatrearts.com, or call 703-715-4589.

"Anne of Green Gables," Theater for Young Audiences, Elden Street Players at the Industrial Strength Theatre, 7:30 p.m., Friday, **Dec. 12**; 2:30 p.m.

Road, Herndon. Show starts at 7:30 p.m., doors open at 6:30 p.m. Tickets: \$12; call 703-435-8377.

Holiday Mini-Book Sale. Friends of the Reston Regional Library, 11925 Bowman Towne Drive, Reston. 703-689-2700.

Visit Santa. Visit Santa and take photos with him on next to M&S Grill on Democracy St. at the Reston Town Center, 10 a.m.-6 p.m.

5K Run. The Girls on the Run Reindeer Romp 5k begins at 9:30 a.m. at Reston Town Center. The run celebrates the conclusion of the Girls on the Run season.

Registration information and fees found at www.girlsontherunofnova.org or 703-989-9234.

and 7:30 p.m., Saturday, **Dec. 13**; 2:30 p.m., Sunday, **Dec. 14**; 7:30 p.m., Friday, **Dec. 19**; 2:30 p.m. and 7:30 p.m., Saturday, **Dec. 20**; 2:30 p.m., Sunday, **Dec. 21**. See eldenstreetplayers.org.

"Shining City," Elden Street Players at the Industrial Strength Theatre, **Jan. 23-Feb. 14**. See eldenstreetplayers.org.

"Brooklyn Boy," Reston Community Players at CenterStage of the Reston Community Center, 8 p.m., Friday, **Jan. 23**; 8 p.m. Saturday, **Jan. 24** (sign interpretation); 8 p.m., Friday, **Jan. 30**; 8 p.m., Saturday, **Jan. 31**; 2:30 p.m., Sunday, **Feb. 1**; 8 p.m., Friday, **Feb. 6**, and 8 p.m., Saturday, **Feb. 7**. See www.restonplayers.org.

"Hansel & Gretel," Theater for Young Audiences, Elden Street Players at the Industrial Strength Theatre, **Jan. 31-Feb. 15**. See eldenstreetplayers.org.



**Featuring the
Children's Science Center
The Sheraton Reston
November 22-23, 2008**

Saturday: 10 a.m.-5 p.m., Sunday: 10 a.m.-3 p.m.

**A Holiday Extravaganza
for the Entire Family!**

Stroll through a whimsical forest of theme-decorated trees and gingerbread homes, available for silent auction. Be one of the first people to learn about the Children's Science Center's arrival to Reston in 2009. A wide variety of vendors also offer ample opportunity to get a head start on your holiday shopping.

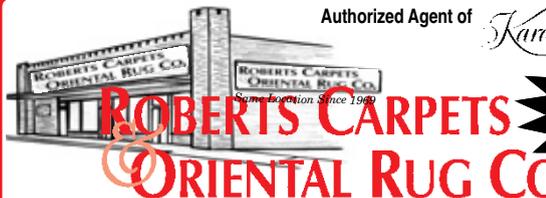
Meet Norm Davis as seen on the Food Network.

General admission tickets (\$12 per child, \$7 per adult) include access to the forest and a wide variety of entertainers and events, including face painters, magicians, Polar Express Train and crafts.

For event information, ticket sales or reservations to premium events, e-mail tef@jlnv.org or visit www.jlnv.org/theenchantedforest

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NEWS



Commander David Kirby of the Herndon/Reston American Legion Post 184, observes 2-minutes of silence at 11 a.m. during last year's Veterans Day Ceremony in Herndon.



Dennis Husch salutes during the Posting of Colors at last year's Veterans Day Ceremony in Herndon.



Town Council member William Tirrell, a retired United States Navy commander, salutes after laying a wreath at the Veterans Memorial in Herndon at last year's Veterans Day Ceremony.

PHOTOS BY ROBBIE HAMMER/THE CONNECTION

Continued Service

Councilmen apply lessons from military to government leadership.

BY MIRZA KURSPAHIC
THE CONNECTION

Although they come from different personal and professional backgrounds, Councilmen Dennis Husch, Bill Tirrell and Dave Kirby share one common element in their histories. All three are veterans of the United States military forces.

They are grateful to have had the experience serving in the armed forces and acknowledge military service is comparable to their service on the Herndon Town Council. "You're giving to your country and you're giving to your local government," said Kirby who enlisted in the Air Force in 1967. He said the two biggest lessons learned from the four years he served in the Air Force are discipline and maturity. "No matter what I do, the i's are dotted and the t's are crossed," said Kirby, a third year council member and a third year commander of the American Legion Post 184, serving Herndon and Reston areas.

TIRRELL CREDITS learning to take direction and to give direction in his 20 years in the Navy, 1968 to 1998, for his successes in the last 20 years. "The ability to absorb information and make decisions" is one of the lessons he applies to his work as a council member, currently in his seventh term.

Husch said his four years in the

Army uniform, 1967 to 1971, and six years out of uniform taught him patience and that showing leadership does not mean making everybody happy, valuable lessons for his 15 years of service on the council.

THE THREE VETERANS on the Herndon Town Council all agree that Nov. 11, Veterans Day, is a time to reflect on the freedoms the nation has and to honor those who fought for those freedoms.

"It's the heritage of my father and his father and my brothers," said Tirrell about Veterans Day. "It's the heritage of the country." He said that clergymen did not win the freedom of religion for the nation, nor did newsmen win the freedom of the press, but that it was the nation's military veterans who secured those freedoms.

"It [Veterans Day] serves as an opportunity to look at that soberly," said Tirrell. "Whether people have served or not served in the military they should thank those who have potentially put their lives on the line for us to have what we have," he said. "Take a minute and thank a vet."

Kirby echoed Tirrell's thoughts that the veterans are the one who secured freedoms Americans enjoy. "Freedom isn't free," said Kirby.

"It's an opportunity to pause and say thank you to all the people who are in uniform and to those who were," said Husch about Veterans Day.

"It's an opportunity to pause and say thank you to all the people who are in uniform and to those who were."

— Dennis Husch, Herndon Town Council Member

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CRIME

The Herndon Police Department reported the following activities through Nov. 9.

ABDUCTION ARREST

1200 Block Elden Street. A 28-year-old male of Herndon was arrested for abduction, No. 4.

ROBBERY

1000 Block Crestview Drive. The victim reported being robbed by two unknown subjects described as a Hispanic male and a white male, both wearing long black jackets with hoods over their heads. The suspects reportedly fled the scene in a black four door vehicle, Nov. 6.

FRAUD

600 Block Elden Street. A 55-year-old male of Leesburg was arrested on two counts of prescription fraud and possession of a controlled substance, Nov. 3.

ASSAULT

1100 Block Bicksler Drive. The victim reported being assaulted by an acquaintance, Nov. 7.

1200 Block Elden Street. The victim was assaulted by an unknown subject, Nov. 8.

600 Block Dulles Park Court. The victim was assaulted by an unknown subject, Nov. 8.

1000 Block Elden Street. The victim reported being assaulted by an acquaintance, Nov. 8.

SCHOOL NOTES

Junior **Elliot Dean** has been promoted to the top leadership ranks of the Air Force Junior ROTC detachment at Randolph-Macon Academy. He is the son of Jim and Carol Dean of Herndon.

Elliot was awarded the position of Hotel Flight Sergeant with the rank of cadet technical sergeant. He is a member of the Academy's cross country, track and honor guard teams. Only students with records of strong academics and leadership abilities are eligible for the Academy's cadet officer and non-commissioned officer ranks.

The **Montessori School of Herndon** will be holding an **open house** Saturday, **Nov. 15**, 10 a.m.-12 p.m. The faculty and staff will be available to give information about the Montessori method of education and about the enrollment process. Call 703-437-8229 or visit www.montessori-va.com.

Nia Robertson of Oakton High School was named a semifinalist for the 2009 National Achievement Program in an academic competition for Black-American high school students.

FAITH NOTES

Jone Johnson Lewis will share ideas and practices to help accomplish inner and outer peace Sunday, **Nov. 16**, 10 a.m., at the Northern Virginia Ethical Society, 225 Nutley St. N.W., Vienna. Free. Visit www.esnv.org or call 703-437-3161.

Congregation Beth Emeth Hazak Chapter, 12523 Lawyers Road, Herndon, hosts prominent speakers and entertainers on the **third Tuesday of each month**, Sept.-June at 1 p.m. There is no cost and light refreshments are served. Call 703-860-4515, ext. 127. The guest list is as follows:

Nov. 18: Rabbi Steve, Jewish Medical Ethics

Dec. 16: Laura Shulman, Religious Diversity in the US

Jan. 27: Rabbi Leonard Cahan, Jewish Marriage Customs

Newsmaker Luncheon:

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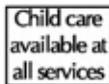
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When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses visit www.ConnectionNewspapers.com, click the Real Estate links on the right side.

Call Specific Agents to Confirm Dates & Times.

Herndon

11656 Gilman Lane	\$769,999	Sun 12-4	Peter Burke	Weichert	703-264-000
12007 Meadowville Ct.	\$825,000	Sun 1-4	Irene Schiffman	Weichert	703-593-7848

Reston

2040 Beacon Heights Dr.	\$965,000	Sat 1-4	Eva Klivington	Realtor to Web	703-391-7450
11618 Old Brookville	\$649,888	Sun 1-4	Mark Wilson	Long & Foster	703-307-1934
13100 Meadow Hall Ct.	\$700,000	Sun 1-4	Debbie Tecza	Long & Foster	703-437-4500

Loudoun County

Ashburn

20582 Broanax Pl.	\$675,000	Sun 1-4	Sarah Armstrong	Weichert	703-726-3909
42939 Chesterton St.	\$286,500	Sun 1-4	Gwendolyn Nelson	Avery-Hess	703-802-8200
43313 Dovetail Pl.	\$564,500	Sun 1-4	Jacqueline Lawlor	Jack Lawlor	703-726-9444
21102 Mossy Glen Ter.	\$334,900	Sun 1-4	Kuljeet Chabbewal	Weichert	703-726-3909

Leesburg

43410 Cloister Pl.	\$1,499,000	Sun 2-4	Eileen Summers	Long & Foster	703-244-3190
609 Diskin Pl., SW	\$549,000	Sun 1-4	Robin Hill	Weichert	703-927-6667
859 Santmyer Dr., SE	\$499,000	Sun 1-4	Sally Zatkoff	Weichert	703-753-3828

Lovettsville

*54 Broad Way	\$259,900	Sun 1-3	Kathryn Shipley	RE/MAX	703-314-5539
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Sterling

46342 Sheel Ter.	\$375,000	Sun 1-4	Heather Elias	Weichert	571-233-5491
21223 Edgewood Ct.	\$784,000	Sun 12-4	Deborah Gorham	Long & Foster	703-581-9005

To add your Realtor represented Open House to these weekly listings, please call Lauri Swift or Winslow Wacker
703-821-5050 or E-Mail the info to Lauri@connectionnewspapers.com
All listings due by Monday at 3 pm.

Cougars Capture State Cross Country Crown

Oakton boys erase last year's bad memories.

BY RICH SANDERS
THE CONNECTION

A year ago, the Oakton High boys' cross country team saw its season of high expectations end in bitter disappointment with a fourth place finish at the state championships. But that heartache is all but forgotten now following the Cougars' first place showing at last Saturday's state AAA championships. The postseason event took place at the Great Meadows course in The Plains.

"I thought we had the best team we ever had, and I think the guys knew it," said Oakton coach Phil Tiller, of last year's squad that did not quite live up to expectations. "We ran into two major injuries, which just kind of killed our shots. [This year] there was nothing else that we would accept. There was nothing else that would've felt good. Taking first today with 71 points was a real accomplishment. The pack was fantastic. They peaked right at the right time. I was really proud of them."

Oakton, with its 71 points, finished ahead of second place Albemarle County (117 points) of Charlottesville, third place Douglas Freeman (149) of Richmond and fourth place Mountain View (151) of Stafford in the team standings. Jefferson High, last year's state champion and, like Oakton, a member of the Northern Region, finished seventh overall. And another Northern Region team, Lake Braddock, was eighth.

The team title was the first for Oakton since 2005.

"We had that run in 2005 and it was very, very special for us," recalled Tiller. "It was



The Oakton High boys' cross country team earned the Northern Region championship two weeks ago before capturing a state title last Saturday.

our first team title, and I knew that this one would feel great as well."

OAKTON DID not have a single runner finish in the top eight overall. But the Cougars placed four in the top 30. Junior Andrew McCullen, who two weeks ago finished third overall at the Northern Region championships, took ninth overall at states with a time of 15 minutes, 55 seconds. Oakton's second through fourth finishers, senior Neal Hendricks (17th overall, 16:13), junior Patrick Fulghum (20th, 16:17) and senior Chris Weil (26th, 16:29), each contributed mightily to Oakton's team title.

Other solid runs for the Cougars came from senior Karlan Cruz (39th place), senior Dante Morales (49th) and junior Matt

Woodside (57th).

"I had a real good feeling when our No. 4 [Chris Weil] had an outstanding race today, and he just came across and had an enormous smile on his face," said Tiller. "He threw down the hammer, and I just had this feeling that we're going to get it done today."

Following the race, there was that mixed feeling of anticipation and total helplessness as the final team scores were being totaled up.

"We weren't sure and I didn't want the kids to enjoy anything without knowing that score, especially since we knew that anything other than first — as bad as it sounds — was going to feel like a disappointment for this team," said Tiller. "We set the bar

high, we wanted to do it, and we accomplished it. When the scores were counted down [during post race awards ceremonies], that's kind of when we knew it for sure."

TILLER, WHOSE BOYS captured the region title at Burke Lake Park two weeks ago, had a terrific showing from top runner McCullen at states on Saturday.

"A lot of [our success] was Andrew," said Tiller. "He was one of the two [major injuries] last year. He was a phenomenal sophomore last year, and a real piece of the puzzle. He was one of the ones who was injured at the district meet last year, and we lost him for the entire year. ... Our

team crumbled when we lost him because when you lose it at the district and you're 13 days away from a state championship, you don't really have a lot of time to regroup and get moving."

The coach said McCullen worked hard to come back from his injuries this year. But it was not easy.

"We had that run in 2005 and it was very, very special for us. It was our first team title, and I knew that this one would feel great as well."

— Oakton Cross Country Coach Phil Tiller

SEE OAKTON PAGE 15

Cougars Ready for QB Renner and Spartans

Herndon's winning season ends with playoff loss to Westfield.

BY RICH SANDERS
THE CONNECTION

The Oakton High football team (11-0), the top seed of the eight-team, Northern Region Div. 6 (larger schools) playoffs, handled visiting South County High, 30-13, in a first round game last Friday night.

As a result, coach Joe Thompson's Cougars will host West Springfield High in a semifinals game this Friday night. The high-scoring Spartans, who are led by standout quarterback Bryn Renner, are coming off last week's 72-47 playoff triumph over W.T. Woodson.

"They're scary in the fact that they are so good offensively," said Thompson, of the Spartans. "They score a lot of points and pressure you to do the same."

Last week, Oakton continued its perfect season on into the playoffs with its decisive win over South County. First quarter touchdown runs by running back Trey Watts (10 carries, 85 yards) helped the Cougars build a 14-0 lead. The home team still held a 14-7 halftime lead before breaking the contest open with 16 third quarter points to jettison them ahead, 30-7.

"We played well in all areas of the game," said coach Thompson. "On our opening drive we scored and that gave us confidence. We got up two scores in the first quarter and that kind of settled us."

Jonathan Meadows (17 carries, 101 yards) ran for two touchdowns during the third quarter. Oakton also earned a two-point safety in the quarter as well.

Oakton quarterback Chris Coyer completed 6-of-11 passes for 75 yards and also ran for 119 yards on 15 carries.

The Cougars will have their work cut out in slowing down West Springfield and quarterback Renner, who was 20-of-31 for 273 yards passing against Woodson, while also running for two touchdowns.

Thompson is not sure it is even possible to hold the North Carolina-bound Renner completely in check.

"I haven't seen anyone do it," said Thompson. "My guess is to hold the ball [on offense] and keep it away from him. I haven't seen anyone shut him down in two years."

HERNDON HIGH'S football season came to an end last Friday night when the Hornets lost at Westfield, 41-22, in a first round Div. 6 playoff game.

With the loss, Herndon saw its season end at 6-5. Westfield, meanwhile, next advances

to a semifinals game against Chantilly this Friday night.

"I think our effort was pretty good," said Herndon coach Joe Sheaffer. "We had a great week of practice."

But Herndon could not defeat a Westfield team it had beaten during the regular season. Three weeks ago, Herndon celebrated its grandest moment of the season when it defeated Westfield, 29-28, on a homecoming Saturday afternoon. But the Hornets, who were 6-2 following that win, lost the following two weeks against Robinson and Oakton to close out the regular season on a down turn. Both setbacks were lopsided affairs. And Herndon could not turn things around in its playoff meeting against Westfield.

The Bulldogs (9-2) took control of the action early on by building a 14-0 first

SEE HERNDON, PAGE 15

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ZONE I AD DEADLINE:
TUESDAY 4 P.M.

A Pill Worth Swallowing



By KENNETH B. LOURIE

Understanding that as a salesman by profession, it is very easy for me to be sold, what I heard on a radio show this morning nevertheless caught my attention. The program seemed to be about vitamin/nutrient supplements and the miraculously positive effects the specific supplement being discussed has, according to opinions, studies, university research, the host, the guest, etc.

The information and presentation of said information was so clear and concise and so free from hyperbole, and made so much logical sense that I was almost one of the first 100 callers to call in after the radio program had aired and receive my free sample as well as my free gift and only have to pay for shipping and handling, a nominal fee, I'm sure, given the fact that I was receiving "free" stuff.

But as easily swayed as I am, I resisted the temptation, or rather avoided an accident since I was driving at the time and would have had to multi-task (do two things at once); therefore, I decided to focus on the wheel (driving) and for the time until I arrived home, neglect the well. (Increased focus and concentration were two of the benefits of this supplement, by the way. Yet another pair of improvements/enhancements likely attributable to this enzyme-type "bio-available" combination super pill.)

Listening and learning, as I so often do, since I know so little about so much, this supplement sounded too good to be true. But if a product is in fact good, shouldn't it be promoted as good? Have we become so skeptical — and cynical (or shall I simply speak for myself?) — that something that sounds too good to be true is as bad as something that is so bad it is barely promoted at all?

What if this pill/supplement is as effective as its proponents say it is? What if this pill is even half as effective as its proponents say it is? From what I heard discussed in the 20 minutes or so that I was listening this particular Sunday morning, I'd have to be stupid to ignore the findings and miss their message.

This pill wasn't exactly the fountain of youth but it sure sounded like a pill of rejuvenation: improvements in skin, reduction of wrinkles, increased energy and stamina, enhanced focus and concentration, facilitates weight loss, improves digestion and circulation, strengthens the immune system, etc. Moreover, this pill is

constructed/designed in a vegetable-type form that further increases its absorption into the body to more effectively — and efficiently — work internally to do what its designers/creators say it does. WOW!

Since salesmen are so easily sold, and we know it, sometimes we are not at all open to the pitch. We are afraid that we'll say yes too quickly (instinctively almost) and in our haste will commit to something that not only will cost us at the beginning but also cost us in the middle and at the end, too. It may be a good cause or a good product and/or service, but occasionally it's not and the risk/reward might not be worth the dollars that eventually won't make any sense.

Still, if there were a pill that could sharpen our judgment and increase our sales, that would be a pill with not only a future, but a present as well. I even have a pharmaceutical-type name for it: Celmor.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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**TRUSTEE'S SALE
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2625 Viking Drive, Herndon, Virginia

In execution of a Deed of Trust from Robert Thompson and Amy Beth Thompson, dated April 29, 2005, and recorded May 2, 2005, in Deed Book 17238 at page 1788 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on

Tuesday, November 18, 2008 At 11:00 a.m.

the following property being the property contained in said Deed of Trust, described as follows:

Lot 314, Section 4, Fox Mill Estates, as the same appears duly dedicated, platted and recorded in Deed Book 3802 at page 498, among the Land Records of Fairfax County, Virginia.

Commonly known as 2625 Viking Drive, Herndon, Virginia 20171.

TERMS OF SALE: A deposit of \$50,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 6.50 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the right: (i) to waive the deposit requirement; (ii) to approve or disapprove the creditworthiness of any bidder and/or purchaser; (iii) to withdraw the property from sale at any time prior to termination of the bidding; (iv) to extend the time for bidding; (v) to reject any or all bids; (vi) to postpone or set over the date or time of sale; and (vii) to extend the period of time for settlement hereunder.

Additional terms and conditions of sale may be announced at the time of sale.

DAVID N. PRENSKY
Substitute Trustee

FOR INFORMATION CONTACT:
David N. Prenskey
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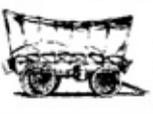
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-St. Francis de Sales

21 Announcements

SPORTS

Oakton Takes Championship

FROM PAGE 12

"He didn't start training again until June," said Tiller. "He was in the pool, he was on the bike. He was missing training and it was very, very difficult. He jogged around the sidelines with me last year [at states], watching this team take fourth, and I know he felt disappointed, angry, and he used that as motivation to come back to where he was."

HENDRICKS, Oakton's second best finisher at states and 11th overall, gave his team a great lift.

"He is one of our captains and was part of our real strong top two runners," said Tiller. "His leadership was there."

A year ago, Hendricks finished seventh overall at states as a junior. Tiller said Hendricks, who was sixth overall at regionals a few weeks ago, is a team-first competitor.

"It's tough when you go from being the guy that everyone assumes is going to be the best [on the team this year], so when you go into the summer of your senior year you feel like, 'Maybe I should win. Maybe I should be second or third in the whole state.' And when things aren't going your way it's difficult, but he's put the team first," said Tiller.

Tiller is thrilled that Oakton was able to bring home another state crown.

"Two state titles in four years is really good, and last year I can't tell you how angry and disappointed we were to be in that situation [of not winning]," said Tiller. "We had such a good team and we really had

some good results. Joe LoRusso [who was fifth at the 2007 state meet] was a captain of that team, and we had so much firepower up front."

Winning the state crown this season wipes away last year's disappointment of falling short at states.

"I think, finally, the team can finally swallow that and say 2007 was 2007 and now it's over," said Tiller. "The ['07] state meet is gone and we can put the '08 on the side of the school and remember it forever."

THE OAKTON GIRLS finished fifth overall in their state AAA girls' championship race. The Cougars, who were second overall at the recent region championships, scored 153 points to land fifth at states. The girls' team champion was Midlothian High (72 points), which finished ahead of second place Maggie Walker Governor's School (126) of Richmond, third place Thomas Jefferson (126) and fourth place Ocean Lakes (146) of Virginia Beach. Finishing behind fifth place Oakton were fellow Northern Region teams Lake Braddock and Robinson, sixth and seventh place, respectively.

Oakton senior Becca Kassabian finished 16th overall to lead Oakton, while teammate Lanie Smith, a junior, was 18th.

Herndon High was well represented at the state meet by sophomore Carolyn Hennessey and senior Todd Van Luling. Hennessey (18:52) finished ninth place overall in the girls' race, and Van Luling (16:28) was 25th in the boys' race.

Jason Mackey contributed to this story.

Playoff Loss for Herndon

FROM PAGE 12

quarter lead and taking a 28-6 lead into halftime. The Hornets had no answers for stopping Westfield running back Jordan Anderson, who rushed for 279 yards and four touchdowns on 24 carries. The senior sensation opened the game's scoring with a 65-yard touchdown run in the first quarter.

Herndon's first half touchdown came on a 63-yard scoring catch by senior Zach Leach, on a ball thrown by senior Chris Medina. Leach finished the game with four catches for 83 yards and the touchdown. Also for the Hornets, junior wide receiver Nick Impellizzeri caught five balls for 69 yards and a touchdown. His scoring catch came in the fourth quarter from 52 yards out on a pass from quarterback Zack Ozycz.

Ozycz, a junior, completed 13-of-20 passes for 144 yards and led the Hornets in rushing with 83 yards on 10 carries.

This season marked the first since 2003 in which Herndon qualified for the postseason. The '03 Herndon team also fell to Westfield in the playoffs.

Sheaffer said he was pleased overall with his team's season, but disappointed that the Hornets did not play better over the final three weeks.



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Herndon High receiver Nick Impellizzeri (85) makes a play during the Hornets' regular season win over Westfield. During Herndon's more recent playoff loss to the Bulldogs last week, the junior wideout caught five balls for 69 yards.

"There's a little bit of a bad taste because of how we played at the end of the season," said Sheaffer. "I just wish we had played a little better down the stretch."

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