

Veterans' Stories

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Grant Ichikawa, right, and Terry Shima, members of the Japanese American Veterans Association, salute the American flag as the South Lakes High School Junior ROTC unit presents the colors at a seminar on Friday, Nov. 7. Ichikawa and Shima spoke to the South Lakes students about their experiences as Japanese Americans fighting for the United States in World War II.



EVERY DAY

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Fighting for All Americans

Japanese American veterans describe their fight in World War II.

BY MIRZA KURSPAHIC
THE CONNECTION

Grant Ichikawa, 89, still remembers the first night he spent in an internment camp on the West Coast with his father, mother, and younger brother and sister. The year was 1942 and Ichikawa was in his early 20s.

"My first night was the lowest night of my life," said Ichikawa. "Our family of five shared a horse stall with a family of three," he said. "I remember laying on a mattress filled with hay, smelling horse manure and wondering what I did wrong. I was a loyal American."

When the opportunity to prove his loyalty came about, Ichikawa volunteered for the United States Army.

"When I put on that uniform I became whole again."

— Grant Ichikawa, Japanese American veteran

a country that was treating them in an inhumane way at the time.

Ichikawa's service to the U.S. mili-

tary proved invaluable. He served with the Military Intelligence Service in the Asian Pacific, translating commands and diaries of Japanese forces. He said the enemy operated in the open, assuming that all Japanese Americans were either interned or fighting in the European theatre.

Ichikawa's service in the Asian Pacific also included talking with Japanese soldiers about surrendering to American forces. In one such event, Ichikawa talked a Japanese Army lieutenant colonel into surrender. "You have to understand," said Ichikawa, "surrender was not in the Japanese military vocabulary." He noticed the discipline the Japanese unit practiced after the Americans distributed food to a starved surrendered force. None of them ate until their commanding officer took the first bite of his ration. "I often wondered what would have



VETERANS DAY
2008

From left, Bob Smith, a South Lakes High School teacher and a veteran, Terry Shima and Grant Ichikawa salute the American flag before the seminar begins.

happened if there was no linguist there at that time," said Ichikawa.

WHILE ICHIKAWA helped translate documents and interrogate enemy combatants at the frontline in the Asian Pacific, Terry Shima, now 85, fought in Europe as part of the 100th Battalion, "The Purple Heart Battalion," later incorporated into the 442nd Infantry Regimental Combat Team. The unit paid heavy tolls in Europe, coming back from the war as one of the most decorated units in the U.S. military history. The unit sustained heavy losses when it was deployed to help save the Lost Battalion, a unit encircled by German troops. One company of 180 men returned from the fight

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Service: A Family Tradition

In or out of uniform, family gives back.

BY MIRZA KURSPAHIC
THE CONNECTION

Although she has never worn a uniform of any of the branches of the United States Armed Forces, Kathleen Driscoll McKee is well aware of the sacrifices the nation's men and women in the military make for their fellow Americans. She is a granddaughter, a daughter, a wife, a mother, a sister and an aunt of a United States military officer.

"I'm very proud of all the people in my life for the service they have performed," said Driscoll McKee. However, it was at times a challenge to be so steeped in military tradition. Driscoll McKee went to four different high schools and lived in 28 different places by the time she was 21 years old. "There were huge periods of absence," she said, recalling her father's missions at sea. The Navy pilot's daughter learned the importance of being patient while waiting for her father's return

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Michael McKee and his wife Kathleen in front of their Reston home.

Solution for Unwanted Parking?

Residents along Soapstone Drive hear county's plans for walkway.

BY MIRZA KURSPAHIC
THE CONNECTION

Ruth Gee has lived along Soapstone Drive for the last 16 years. She remembers being able to walk on the side of the road in a safe manner, when no trucks or cars would park there. However, since people started parking there about 10 years ago and driving faster on the road, she has not been able to enjoy her strolls along Soapstone.

"I want a place to walk without putting my life in danger," said Gee.

"The issue is the safety of the children going to the center for drinks," said Jenevieve Lenz, referring to students from nearby South Lakes High and Langston Hughes Middle schools and neighborhood children that visit the commercial center with the 7-Eleven store located off of Soapstone Drive.

In addition to safety concerns, Lenz said the drivers of the parked trucks and cars along Soapstone dump "massive amounts of stuff" on the side of the road, left for residents to clean or for storms to drain into Snakeden Branch.

In efforts to improve pedestrian safety along Soapstone Drive, Fairfax County's Department of Public Works and Environmental Services (DPWES) is considering options for building a walkway between South Lakes Drive and Glade Drive. Staff has surveyed some of the local population to weigh citizen priorities in constructing a walkway and the county has retained a consultant to conduct a feasibility study for the project. "We're just trying to gather as much information as possible," said Shanna Adams, of the DPWES staff. At this moment, said Adams, there are no plans or proposed designs for the

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"If the design is appropriate, the problem could take care of itself."

— Sloan Wiesen, area resident

Police Seek Assistance

Fairfax County Crime Solvers is asking for public's assistance in locating Rafael Villagomez, 32, wanted in connection with an attempted armed robbery and abduction on Oct. 4 in the Fox Mill Giant. Villagomez, of no fixed address, has outstanding warrants for robbery and the use of a firearm in the commission of a felony. He is 5 feet 11 inches tall and weighs 150 pounds. He has brown eyes and black hair and is known to frequent Elden Street in the Town of Herndon.

An investigation into the crime has led to the arrest of Anthony Michael Handy, 21, of Sterling. He was transported to the Fairfax County Adult Detention Center and charged with robbery.

Anyone with information on Villagomez's whereabouts is asked to contact Fairfax County Crime Solvers by phone at 1-866-411-TIPS(8477), e-mail at www.fairfaxcrimesolvers.org or text "TIP187" plus the message to CRIMES(274637). A \$1,000 cash reward will be paid for information that leads to an arrest. Callers never have to give their names or appear in court.

Reston Community Orchestra

The Reston Community Orchestra opens its 2008-2009 season on Sunday, Nov. 16, at 4 p.m. at the Reston Community Center at Hunters Woods. The theme of this season of free concerts is "Remembering Papa Haydn," and the emphasis on the Nov. 16 concert will be "Little Known Masterpieces." The concert features a husband and wife, violin and viola, duo "Marcolivia." For more information visit www.restoncommunityorchestra.org.

'Story of a Painting'

Chez Nous Reston Salon Evening's November meeting presents "The Story of a Painting: Glimpsing the Work of a Conservator" with guest speaker Sarah Fisher, Director of the Conservation Department at the National Gallery of Art. The event will be held in Reston on Thursday, Nov. 20, from 7 to 10 p.m. Tickets are \$30 and include wine and buffet and must be paid in advance. To receive an Evite with further information e-mail najwa@NMSEnterprises.com.

LINK Seeks Used Winter Coats

The Sterling United Methodist Church will host the LINK Used Winter Coat Distribution on Nov. 22. Donated coats can be dropped off at the church, 304 East Church Road, from Nov. 16 to 22, 8:30 a.m. to 4:30 p.m. Coats do not need to be new, but do need to be in good condition and clean. A record 600 families have registered for this year's LINK Thanksgiving Food and Used Coat distribution event, comprising 1,269 adults and 1,619 children. Other winter garments are also welcome, including hats, mittens, scarves and sweatshirts. Contact a LINK representative for more information via e-mail at HolidayFoodBasket@LINKAgainstHunger.org.

Thanksgiving Charity Outreach

Nation Children, a nonprofit organization committed to helping low income families make a transition to self-dependency, is holding a charity outreach on Nov. 26 at Reston Community Center at Lake Anne, from 11 a.m. to 8 p.m. The organization will be giving out clothing, shoes and accessories to children needing them on daily basis. It will also give out food items such as turkeys, vegetables and fruits. The event will be open to all but priority will be given to social service referrals. For more information visit www.nationchildren.org or call 703-463-9698.

FISH Holiday Food, Gift Boxes

Herndon-Reston FISH, Inc., is seeking non-perishable food donations for the Thanksgiving and December food boxes. Volunteers are welcome to help collect, sort, pack and deliver food boxes on Nov. 17-20 and Dec. 15-18 at 11484 Washington Plaza West, Room 140, in Reston. To donate food and gifts, request food pickup or volunteer, contact Holiday Coordinator Robyn Kampf at 571-926-8019 or rkhkampf@gmail.com.

NEWS



Michael McKee was a U.S. Marines Corporal between 1955 and 1958.



Captain Michael McKee of the 101st Airborne Division "Screaming Eagles" before his first paratrooper jump at Fort Campbell, Ky., in December of 1961.



PHOTOS COURTESY OF MICHAEL MCKEE

First Lieutenant Michael McKee of the 101st Airborne Division "Screaming Eagles" before his first paratrooper jump at Fort Campbell, Ky., in December of 1961.

Service: A Family Tradition

FROM PAGE 3

home.

During that time, Driscoll McKee witnessed the camaraderie that exists among military families. "From an early age I learned what the black car coming down your street meant," she said. She also learned the proper procession for military funerals. However, another characteristic of military family life she learned is that of celebrating life together. When the lives of the near and dear ones are on the line, she said, families learn to value that life more. Driscoll McKee said parties and traditions within the military community are unparalleled. "There is a certain level of vitality you don't see in civilian life," she said.

"YOU COULD EASILY say she had more time in the military than I had," said Michael McKee, Kathleen's husband. Michael McKee's most memorable moments in his 10-and-a-half-year military service include his graduation from Ranger school and his first jump with the paratroopers. The number one lesson learned during that time, he said, is discipline. "That carried right through in every job I've had," said Michael McKee, including professorial jobs at some of nation's prestigious colleges such as Purdue University, and teaching history at South Lakes and Langley High Schools. Michael McKee was not the only one in his family to serve the United States in a uniform. His father, uncle and brother were all a part of either the armed forces or the nation's intelligence community.

As military service and veterans have come to mean so much to the McKees, they reserve a special place in their hearts for Veterans Day. Each Nov. 11 Michael McKee takes a trip to the Vietnam Veterans Memorial in Washington, D.C., before heading to the "Screaming Eagles" memorial at Arlington Cemetery, where he meets with other veterans who have served in the 101st Airborne Division. "We should always remember those who fight abroad as well as those who fight at home," he said, alluding to the wounded soldiers who are back in the country after being injured on military

duty. Michael McKee is a supporter of the Wounded Warriors Program at Walter Reed Army Medical Center.

Kathleen Driscoll McKee has a more simple way of observing Veterans Day. "I say a prayer in the 11th hour and the prayer is always a prayer for world peace," she said.

DRISCOLL MCKEE urges everyone to take a minute and thank a veteran on Nov. 11, but she also urges everyone to exercise the rights the veterans had helped secure for the nation, for example the right to vote. She said she has a real problem with those who do not exercise that right. "You can't ask people to defend your right and then not exercise it," she said.

While many uniforms hang on the McKee family tree, both Kathleen and Michael continue to serve the community in non-military ways. Michael McKee is enthusiastic about his role as the president of the Reston Community Orchestra, speaking with great pride about the organization's upcoming season. Kathleen Driscoll McKee spends most nights attending one meeting or another as a member of the Reston Association Board of Directors. She does not fail to remind the community about any veterans-related issues or dates to remember. In her latest effort, Driscoll McKee is asking Reston Association staff to assess the possibility of a program of collect-

"I'm very proud of all the people in my life for the service they have performed."

— Kathleen Driscoll McKee, RA Board member

"We should always remember those who fight abroad as well as those who fight at home."

— Michael McKee, Reston Community Orchestra President

ing flags from Reston residents, which would then be properly disposed of. "It's a great service RA could perform for the community," said Driscoll McKee.

Fighting for All Americans

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with 17 soldiers and another with only eight, but the mission was deemed a success.

The primary motivation for the heroic rescue, said Shima, was "you don't leave your buddy behind." Shima said members of the Purple Heart Battalion were also among the first to reach and liberate prisoners at Dachau, the famed Nazi concentration camp.

When asked at another school assembly why he volunteered in the U.S. military forces, Shima said he was mad and that he wanted to prove his loyalty. "We were the only ethnic minority that went to war to prove that they were loyal," said Shima.

The Japanese American soldiers who returned home did not always receive the best welcome. "When they returned home, their chest full of medals, they returned to camps," said Shima. He said many would not be served in bars or barbershops. "That is the way things were during World War II," said Shima.

However, that all changed when President Harry Truman welcomed a unit of returning Japanese American soldiers at the lawn of the White House on a rainy day in 1945. According to Shima, Truman told the troops, "You fought the enemy abroad and you fought prejudice at home and you have won." Shima said, "Japanese Americans in World War II settled the question of loyalty once and for all."

SHIMA SAID that a congressional commission on wartime relocation concluded in 1980 that the internment of Japanese Americans was not necessary and a presidential apology followed in 1988. The National Japanese American Memorial to Patriotism in Washington, D.C., was dedicated in November of 2000. "That memorial is a reminder that what happened to Japanese Americans in World War II cannot happen to another ethnic group," said Shima. "I know it's hard for me to un-



PHOTO BY MIRZA KURSPAHIC

Kathy Thompson, South Lakes High School Orchestra director, left, flew helicopters for the United States armed forces.

derstand what the country went through in World War II," said South Lakes Principal Bruce Butler, speaking of the value of the presentations Shima and Ichikawa

gave to the school's students at a seminar on Friday, Nov. 7. "What these gentlemen did for this country is very special and very important," said Butler.

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BULLETIN BOARD

To have community events listed in the Connection, send to reston@connectionnewspapers.com or call 703-917-6449 with questions. Deadline is Friday.

THURSDAY/NOV. 13

LWV Meeting. The League of Women Votes of the Fairfax Area is holding its November meeting at 12106 Stirrup Road, Reston, at 9 a.m. The topic is the restoration of civil rights of felons in Virginia. Call 703-860-0512.

OPINION

Veterans Day

Time to remember that we are still fighting two wars, that many thousands have died or been wounded, and that our veterans deserve the best possible care on their return.

Army 1st Lt. Thomas J. Brown, a George Mason University graduate and Burke resident, died just over one month ago on Sept. 23, 2008, while serving in Iraq. His unit came under small arms fire, and Brown, 26, died from his wounds. Brown, a leader who often insisted on riding in the lead vehicles of convoys, the ones most likely to be targeted in an attack, was three weeks away from completing his tour of duty. Among family and friends left behind were his twin brother Timothy.

Nov. 11 marks Veterans Day, a day to honor all veterans, living and dead.

But our thoughts turn to the more than 4,100 U.S. service members who have died in Iraq and more than 600 who have died in Afghanistan since 9/11. Here in Northern Virginia, many local families bear the personal sacrifice that comes with this loss.

Ami Neiberger-Miller of Sterling lost her brother, U.S. Army Specialist Christopher Neiberger, in August 2007 when he was killed by a roadside bomb while serving in Baghdad, Iraq. He was 22 years old when he died.

Many local people have responded to their loss by reaching out and helping others. Since her brother's death, Neiberger-Miller has devoted herself to the Tragedy Assistance Program for Survivors (www.taps.org), which provides peer-based emotional support and other services for families of the fallen.

Scott Kirkpatrick, 26, died on Aug. 11, 2007, in Arab Jabour, Iraq. Kirkpatrick, who graduated from Park View High School in Sterling, and also considered Herndon and Reston as his hometowns, was a champion slam poet. His father, Ed Kirkpatrick, calls him the "warrior poet," and he and his wife help injured vets at Walter Reed through the Yellow Ribbon fund (www.yellowribbonfund.org).

Beth and Michael Belle of Vienna are mother and stepfather of U.S. Marine Lance Cpl. Nicholas Kirven, who, at age 21, was killed in Afghanistan in 2005 during a firefight in a cave with insurgents. He enlisted while still in high school after 9/11. Beth Belle was notified that her son had died on Mother's Day.

Xiomara Mena and Rafael Anderson of Vienna are mother and brother of U.S. Army Cpl. Andy Anderson, age 24, who was killed by enemy fire during combat operations in Iraq. Xiomara Mena is described as the unofficial "mayor" of the section of Arlington National Cemetery where her son is buried; she is at the cemetery every day.

More than 30,000 soldiers have been wounded in Iraq and Afghanistan. More than a million soldiers have served in Iraq and Afghanistan in that time, with their lives forever changed by that experience.

Those serving are there because of their sense of duty to the rest of us, to put their lives

EDITORIAL

on the line to defend the country. They join more than 24 million men and women, veterans, who have made great sacrifice in serving in the military.

A good place to start in showing respect for those now serving would be to provide them with the equipment and services they need while they are there and the services they will need when they get home, including impeccable, first-class health care.

HERE ARE the names of some of the local men and women who have died in Iraq and Afghanistan. We repeat these names several times a year to honor their service and to keep their memories in our consciousness.

If you know of someone who should be included in this list, or if you would like to share how you are honoring the memory of a family member or friend lost, or about the progress of someone injured, please let us know.

❖ Staff Sgt. Jesse G. Clowers Jr., 27, of Herndon, died when an improvised bomb exploded near his vehicle in Afghanistan on Aug. 12, 2007.

❖ Jonathan D. Winterbottom, 21, of Falls Church, died in Iraq on May 23, 2007, of wounds inflicted when an "improvised explosive device" exploded near his vehicle.

❖ Nicholas Rapavi, 22, of Springfield, died Nov. 24, 2006, of wounds suffered during combat in Anbar province in Iraq.

❖ Army Cpl. Andy D. Anderson, 24, was killed on Tuesday, June 6, 2006. He and another member of the 46th Engineer Battalion were killed when their camp in Ar Ramadi, Iraq, came under "indirect enemy fire during combat operations," according to Department of Defense documentation. He had been a respected football and basketball player at J.E.B. Stuart High School and had proposed to his high-school sweetheart about three weeks before he was killed.

❖ Airman 1st Class Lee Bernard E. Chavis, 21, was killed Oct. 14, 2006, by sniper fire in Iraq, trying to protect civilians from a roadside bomb.

❖ Spc. Robert Drawl Jr., 21, who graduated from T.C. Williams High School in 2003, was killed by a bomb in Kunar, Afghanistan, on Aug. 19, 2006.

❖ Capt. Shane R. M. Mahaffee, 36, a 1987 graduate of Mount Vernon High School, died May 15, 2006. He was a lawyer, married, with two children. His parents live in Alexandria.

❖ Maj. William F. Hecker III, a 1987 graduate of McLean High School, was killed in action in An Najaf, Iraq, Jan. 5, 2005.

❖ Ayman Taha, 31, of Vienna, was killed Dec. 30, 2005, when an enemy munitions cache he was prepping for demolition exploded.



❖ Army Capt. Chris Petty of Vienna was killed Jan. 5, 2006.

❖ George T. Alexander Jr., the 2,000th soldier to be killed in Iraq, was literally born into the Army here in Northern Virginia, at DeWitt Army Hospital at Fort Belvoir. Alexander died at Brooke Army Medical Center in San Antonio, Texas, Oct. 22, 2005, of injuries sustained in Samarra, Iraq, Oct. 17.

❖ On Nov. 5, 2005, Lt. Col. Thomas A. Wren, 44, of Lorton, died in Tallil, Iraq.

❖ Marine Capt. Michael Martino, 32, of the City of Fairfax, died Nov. 2, 2005, when his helicopter crashed while flying in support of security operations in Iraq.

❖ Fairfax Station resident Pfc. Dillon Jutras, 20, was killed in combat operations in Al Anbar Province of Iraq Oct. 28, 2005.

❖ Laura M. Walker of Oakton was killed on Aug. 18, 2005, in Kandahar, Afghanistan.

Among other local lives lost: Tavon Lee Hubbard, 24, of Reston; Alexander Wetherbee, 27, of McLean; Jeff Kaylor, 25, of Clifton; Nathan B. Bruckenthal, 24, of Herndon; Sharon T. Swartworth, 43, of Mount Vernon; Jim Blankenbecler, 40, of Mount Vernon; Jim Adamouski, 29, of Springfield; DeForest L. Talbert, 22, of Alexandria; Marine Cpl. Binh N. Le, 20, of Alexandria; Russell Verdugo, 34, of Alexandria. Army Capt. Mark N. Stubenhofer, 30, from Springfield; Marine Gunnery Sgt. Javier Obleas-Prado Pena, 36, from Falls Church; Marine Sgt. Krisna Nachampassak, 27, from Burke; Army Staff Sgt. Nathaniel J. Nyren, 31, from Reston; Marine Lance Cpl. Tenzin Dengkhim, 19, from Falls Church, Navy Chief Joel Egan Baldwin, 37, from Arlington.

ON VETERANS DAY, we also honor those who served in World War I (a dwindling number), World War II, Korea and Vietnam, as well as those who have served the nation in times of peace.

If you have a story you'd like to share, about your own military service or that of a family member, we'd like to hear from you.

— MARY KIMM,
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THE CONNECTION

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OPINION

Revitalization Is Long Overdue

BY ROBERT E. SIMON
FOUNDER OF RESTON

Last week I attended a meeting, open to concerned citizens to hear and respond to a presentation of a Fairfax County staff report on revitalization of Lake Anne. This event was the latest in the long continuation of meetings scheduled over time to involve our community in the Lake Anne revitalization project.

I left this meeting quite frustrated. Please stay with me for the following history of this endeavor and you will understand my frustration ...

In 1997 the Reston Community Reinvestment Corporation was incorporated as a 501 (c) (3) to enable stake holders in Lake Anne to pursue studies of solutions for shaping a better future for this historic property. The year 2005 saw the preparation of an economic and market analysis and focus groups to discuss this analysis. The focus groups were followed by a design charrette. In 2006 all of the material so far produced was made available to the consulting firm, Basile Baumann Prost & Associates, Inc. to work with Conklin Constantin Architects LLP and the Lake Anne Design Guideline Technical Advisory Panel (TAP) to develop draft design guidelines and plan amendment text for the Lake Anne Village Center. This effort was completed and produced "Recommendations for Draft Comprehensive Plan Text and Urban Design Guidelines" on March 28, 2007. It took until December of

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OPINION

Is Your 401K Safe?

By JACK KENNY
 PAST PRESIDENT, REPUBLICAN CLUB OF GREATER RESTON

Recall the word “stagflation.” Recall the stagnant economy days of Jimmy Carter and interest on house mortgages were above 18 percent. From that situation arose the 401K plan. The idea was to get people’s money out of the mattresses by offering them some tax advantages for their retirements. What was badly needed was a large influx of relatively cheap money into the “loanable” pool. The 401K program did the job. It worked. As retirement savings were freed up, money to lend became plentiful. Competition dropped interest rates back down to their single-digit level and the economy started moving again. It worked so well, Congress created some new plans and started tinkering with the rules and regulation.

We now have a similar situation developing. We hear talk of a huge economic stimulus plan. This time it will be different. The money will be borrowed from other countries and we will go further in debt. The United States Congress, with its profligate spending ways needs capital to stimulate the economy.

Surprise, the venerable and wildly successful 401k plan is being threatened. The incoming Democratic Congress is eyeing the \$80 billion in “tax breaks” they calculate belongs to them to spend. They use the spin term “it costs the government” as though the government has a prior right to that money that you earned and really belongs to you. Or even more dangerous, the term “investment” is another Congressional spin on your money. This new Congress is looking for more ways to get their hands deeper into our pockets.

Most people have 401Ks with their employer. Employers match or contribute a portion of each employee’s contribution to their 401K contribution, In return the employer can use that money to conduct their business — providing the capital to expand their business and invest in new facilities. 401K contributions provide a

SEE 401K PLANS, PAGE 11

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Upcoming Events

Children’s Flea Market



Saturday, November 15
 9:00 a.m. - 12:00 p.m.
 RCC Hunters Woods

Diabetes Awareness Forum

Presented by The Reston Chapter of The Links, Incorporated



Saturday, November 22
 10:30 a.m. - 12:30 p.m.
 Free
 RCC Hunters Woods

Family Turkey Bowl



Saturday, November 22
 3:15 p.m. - 5:15 p.m.
 \$15 (R) • \$20 (NR)
 Bowl America Dranesville

Thanksgiving Food Drive



Volunteer Event
 Thursday, November 27
 10:00 p.m. - 12:00 p.m.
 RCC Hunters Woods

 **CenterStage Performances**



Doug Varone and Dancers

Wednesday, November 19
 8:00 p.m.
 \$16 (R) • \$24 (NR)

Jasmine Muhammad

Thursday, November 20
 8:00 p.m.
 \$10 (R) • \$15 (NR)



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LETTERS

Restoration Disaster

To the Editor:

With little involvement by its residents, Reston has received the so-called "gift" of a comprehensive stream "restoration" project that has been presented in a positive light as cost-free. The Board of Supervisors has even "honored" Reston for the undertaking, which is apparently a pilot project for much to follow elsewhere in Fairfax County.

Anyone who has recently walked the length of the Snakeden Branch Stream, the first site treated, may think otherwise. It extends from Reston Parkway eastwards past Hunters Woods Center and under Soapstone Drive to Lake Audubon, and a tributary extending from the Reston Golf Course down to Snakeden is the most recent area to be, yes, assaulted.

To see truckloads of mature tree-trunks being driven away (where to? – for whose benefit?) is sickening. To view the vast areas of cleared open space where previously there was the thick vegeta

SEE LETTERS, PAGE 13

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OPINION

New Draft Plan Fails Lake Anne

BY JOHN LOVAAS

CIVIC LEADER AND RESTON IMPACT PRODUCER/HOST

After four years and untold thousands of taxpayer dollars for consultants, Fairfax County's new draft Comprehensive Plan for Lake Anne unveiled Nov. 6 was a disappointment. Thankfully, residents stood up and said so at Supervisor Hudgins's community meeting to present the draft.

Why disappointing? To begin with, the study of Lake Anne's "revitalization" has gone on over four years without result. It began with a promise of modest changes to promptly revitalize Washington Plaza's economy for merchants who have labored there for 10 to 20 years, prospering in spring and summer, and suffering through the cold, lonely months of November to March. But, what was unveiled by county staff was a plan for massive density, unresponsive to the county's 2005 economic analysis of the problem to be addressed and even more unresponsive to the wishes of the community. Furthermore, the artists' renderings introduced at the meeting suggest a plan that would result in death to existing businesses and to the Reston Farmers Market.

The density proposed was only slightly less than that proposed by county consultants in a March 2007 report. The new draft bore no resemblance whatsoever to findings of the county's own economic analysis of April 2005. Also, the draft calls for doubling new residential density (to levels exceeding Town

Center's core) and more than doubling commercial and retail densities that residents proposed in a 2006 community charette. And, the draft ignores a Citizens' Alternative plan responsive both to the economic study and residents wishes with half the density. The Alternative would truly revitalize Lake Anne—with up to 950 new condos, 100,000 square feet in new office space and 50,000 s.f. in new retail adjacent to the Plaza.

County renderings displayed at the meeting showed new retail along North Shore Drive, distant from the Plaza. The glitzy new (chain?) stores could attract desired new traffic not to, but away from our historic Plaza. Instead of being "revitalized, existing merchants would likely be lonely year around and go out of business altogether.

Residents were not fooled. One merchant who spoke up complained about the county's glacial processes. Afterward, he acknowledged the concept displayed would indeed mean death for the Plaza's existing businesses.

Other residents, including a Lake Anne area cluster president, said it looked like a plan to enhance county revenues, not to revitalize Lake Anne.

Both he and a prominent Lake Anne Realtor felt the county clearly was not listening to the residents. If fact, Lake Anne residents have spoken repeatedly for moderate new density. Their Citizens Alternative would revitalize Lake Anne and respond to both the needs and wishes of the community.

Why not accomplish the stated objectives and do the right thing, too?

INDEPENDENT
PROGRESSIVE

“

MADEIRA GIRLS
have something
to say

I never thought of myself as athletic before I came to Madeira. I've always done ballet, but I never really played any sports. Still, the first thing I did freshman year was try out for the JV soccer team. I was petrified. But the next day I had friends. My parents called it an overnight transformation.

Now I'm really into long-distance running. I know the cross-country course so well. I never get tired of running around Madeira. I go through the Big Woods behind the horse pasture, which means running up a lot of hills. Then I run up Meyer House Road, toward the Potomac River, and then loop up to Little Woods, which puts me right near the soccer fields. Running is such a mental release.

I enjoy working hard. I don't skimp on my homework. I always do the extra assignment. Running gives me balance, so do my friends and mixing music CDs. I have a lot of drive. Both of my parents are engineers, so I think I get it from them. They are so curious about everything, and they instilled in me that sense of wonder.

When I was thirteen, my dad started reading Stephen Hawking to me. I now love the ideas of modern physics. The idea that time is relative, it is not constant. You could be sitting in class, maybe a little tired, and time is slow. One minute seems like an hour. But when I am really engaged in a class discussion, or when I'm running, time flies by.

After college, I would really like to work in international aid. If I could study international relations, with a concentration in nonviolence and peace studies, and combine that with astrophysics, well, I'd be a happy girl. I think I could make it work.

”

Kate



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OPINION

The Mother of Presidents

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

Virginia has the distinction of having the most men born within her borders to become president of the United States. The "Mother of Presidents" produced four of the first five presidents: Washington as the first and then skipping to Jefferson, Madison, and Monroe as third to fifth. Harrison and Tyler were presidents nine and 10 respectively. Woodrow Wilson whose parents lived in Staunton briefly when he was born went on to be the 28th president elected in 1912. We have not had a Virginia-born president since that time, nor have we had a Virginian as candidate for president.

Virginia had not been a player in presidential politics for many years until this historic election. For many it seemed improbable that we could actually be a battleground state. After all, we had not voted for a Democratic President since Lyndon Johnson in 1964. Johnson snookered Senator Harry



F. Byrd, leader of the political machine that controlled Virginia during the period, into endorsing him. Byrd, who was a Democrat in name only, regretted the endorsement and split with President Johnson on most Great Society measures. Before that Harry Truman had carried the state with less than 50 percent of the vote in 1948 when Strom Thurmond of the Dixiecrat Party got 10 percent of the Virginia vote. Segregationist George Wallace got 24 percent of the Virginia vote in 1968. Democratic candidate George McGovern got just 30 percent of the Virginia vote in 1972, and Michael Dukakis got 39 percent in 1988. In his winning campaigns of 1992 and 1996 Bill Clinton got 41 and 45 percent of the Virginia vote respectively.

All these numbers highlight further the remarkable win by Barack Obama in Virginia. He polled over

155,000 votes more than McCain and won with 52 percent of the vote. Northern Virginia voters provided the winning margin. Barack Obama would have been elected president without winning the Old Dominion, but the good news is that Virginia that had elected the first African American governor contributed to electing the first African American president. For that accomplishment all Virginians can be proud and most especially the army of volunteers amassed by the Obama campaign.

Virginia cannot add Barack Obama to her list of presidential sons, but considering his 11 visits to the Commonwealth during the campaign we should consider him an adopted son. Jane and I stood just three rows of people from the podium in Manassas along with about 80,000 other people the night before the election when Barack Obama made his final appearance of the campaign. We could not be more proud of him or of our native state.

Please share your election reflections with me at kenplum@aol.com.

401K Plans

FROM PAGE 8

huge amount to the nation's economy — some \$3 trillion. Democrat tax and spenders are drooling to get their hands on that money.

The plan is to repeal any tax advantages on 401Ks and spend the \$80 billion. As a matter of fact, the \$410k law requires an annual withdrawal from your 401K or you pay a tax penalty.

Without the tax advantages, companies have no incentive nor do the people to participate in the 401K program. There goes about \$3trillion out of the loanable pool of money. There goes the source of money that funds a growing economy and back to stagflation.

The Roth IRA's will be next! What will the Democrats do with your money? That thought alone should make you wonder if you should withdraw what you have, pay the penalty and sew it up in your mattress!

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OPINION

Revitalize

FROM PAGE 7

that year to acknowledge the receipt of these recommendations and for the production of "Lake Anne Comprehensive Plan Amendment Process," a chart with 13 boxes in four colors, the key to which indicated Consultant Activities, County Activities, Public Information Opportunities and Review by Organized Entities. So far in this year, my calendar indicates I have been to 12 meetings devoted to committee and public information activities. There have been many other meetings held that I did not attend and even more are scheduled.

Little of the discussion at this latest meeting dealt with the next step that must be taken to move revitalization forward, viz: passage of a comprehensive plan amendment. Additionally, most of the discussion about details of site plans for buildings to be built and parking spaces and amenities to be provided was irrelevant to achieving that goal. Such details will all have to be provided and be subject to county and civic organizations review before building permits are issued. It is counterproductive to bring up such details at this stage.

Despite my frustrations, I urge concerned citizens to respect the process. They will have plenty of opportunities to promote their special interests after the comprehensive plan is amended and before building permits are issued. Let us all press for speedy amendment of the comprehensive plan implementing the original concepts for the area. It is the necessary next step toward the long overdue revitalization of Lake Anne.

Robert E. Simon
Founder

PEOPLE NOTES

Milton Matthews was appointed by Gov. Tim Kaine to serve on the Virginia Common Interest Community Board on Aug. 28. Matthews has been Reston Association's CEO since the fall of 2004 and has an extensive background in city management, administration, operations and finance for communities ranging in size from 23,000 to over 1 million.

Erin Neff of Reston was deployed Nov. 3 to begin work on her first service project of the year with the National Civilian Community Corps (NCCC), an AmeriCorps program. Neff arrived at NCCC's Southwest Region Campus in Denver and began training on Oct. 6 for 10 months of full-time service with AmeriCorps NCCC.

As a Corps Member, Neff will be responsible for completing a series of six-to-eight-week-long service projects as part of a 10- to 12-person team.

LETTERS

FROM PAGE 9

tion of our woods is devastating. The scale of what has been done is unimaginable, and pictures posted on the Reston Association's Web site do not begin to convey the reality. In the whole of Reston, thousands of trees are to be removed.

What we have been left with is a wide, shallow stream-bed lined with rectilinear one-ton, non-native rocks (to slow down the pace of water), dotted with a number of pools of stagnant water (they don't drain for many days and are a sure mosquito source), flanked on either side by a 20-foot or more empty space – and that is not counting the wide parallel access road bulldozed for passage of the heavy machinery needed to wreak such havoc.

Plantings done in these areas bear no relation to the native vegetation. We will not live to see the woods restored to anything resembling what they were. This is not restoration but re-design — the use of the term is a misleading euphemism for destruction.

What's more, basic causes of our streams' deterioration have not been addressed. Proper investment needs to be made in storm-water management from major sources such as the irresponsibly rebuilt Hunters Woods Center and the Reston South Park and Ride lot. Without this there is no guarantee that a few years from now the pre-"restoration" situation will not recur. Meanwhile, we know of no guarantee, especially in the present economic climate,

that the Northern Virginia Stream Restoration Bank or Wetland Studies and Solutions, Inc., carrying out the project will continue to exist and that Reston will not be left holding the bill.

A hearing of the Design Review Board to approve the next stage of the project — scheduled for December in the upper reaches of the Glade Stream Valley — was set for, of all days, Election Day, when many of us were occupied at the polls late into the evening. Only a few of the residents living adjacent to the Glade received a copy of the application. Following a petition, the review has now been set for Dec. 16 at 7 p.m.

Having seen the total lack of control of the Reston Association over the way in which this company has carried out its job so far, we cannot countenance a continuation of the project in our neighborhood. This kind of work should be done with the utmost sensitivity and a minimum of machinery. This company's interest seems to be to blow up the size of the project at our expense and to its profit. To do nothing would be much better than to address the problem by destroying our woods.

It is time Reston's residents woke up to what is happening. They should have a look at Snakeden, register with RA as affected parties, and express their opposition on Dec. 16.

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NEWS

Police Charge Man in Murder

Fairfax County Police charged Evan D. Gargiulo, 22, of the 1700 block of Port Place in Reston, with the murder of taxicab driver Mazhar Nazir, 49 of Falls Church.

Police discovered Nazir dead inside his taxicab in the 8400 block of Greensboro Drive in Tysons Corner on Sunday, Nov. 2. Nazir died from a single gunshot wound to his head, according to autopsy results.

Gargiulo, a recent graduate of Pennsylvania State University,

turned himself into Fairfax County Police at the Reston District station on Tuesday, Nov. 4 about 5:30 p.m. Police charged Gargiulo with murder and use of a firearm in the commission of a felony.

On Nov. 3, an anonymous caller contacted the Fairfax County Police Department's Crime Solvers Unit and said Gargiulo committed the murder. On Nov. 4, detectives interviewed the caller, who told police that Gargiulo attended a Halloween costume party on Nov. 1 and Nov. 2, dressed in a wetsuit, a neoprene diver's jacket, neo-

prene diver's boots and a blond wig, according to Fairfax County Circuit Court documents.

Police filed search warrants last week in Fairfax County Circuit Court last week to permit them to search Gargiulo's residence in the 1700 block of Port Place in Reston as well as his 2007 Nissan Sport Utility vehicle.

Gargiulo's preliminary hearing is scheduled in Fairfax County General District Court for Dec. 22, 2008.

— KEN MOORE

Walkway Solution for Unwanted Parking?

FROM PAGE 3

walkway.

"PUT A CURB along the side and build a sidewalk where everyone is parking," said Vicky Hamilton, an area resident for 21 years. She said she has seen people engage in strange, and at times, illegal activity on the side of Soapstone, including a man who sets up a shop to fix cars in the area. She said the area, which was once beautiful, has come to resemble a chaotic scene and an embarrassment to the homeowners when they have guests.

Hamilton's suggestion was met with approval from several other residents attending an informational meeting on the walkway project on Wednesday night, Nov. 5. "If the design is appropriate, the problem could take care of itself," said Sloan Wiesen, area resident and Realtor. Building the walkway on the road's right-of-way would take away the unwanted parking along the side of the road while preserving the trees planted beyond the area. Designing the walkway in the right-of-way, said Wiesen, would also help the county avoid having to go through a land acquisition process. "Keep the trees and get rid of the cars," said Wiesen.

Najwa Saad, a resident who lives near Ridge Heights Road, warned that information should be gathered from as many residents who live in clusters off of Soapstone Drive as possible. "It's important to get direct feedback from people who live there," said Saad. "Do they park out there," she said. One of the issues brought up in the meeting was that some of the renters in the clusters, including Shadowood, along the road might be parking there to avoid paying a parking fee in the clusters' lots. Shadowood Condominium, built in 1974, is one of Reston's hardest hit neighborhoods in terms of foreclosures. Fifteen properties were foreclosed between January 2007 and February 2008.

Another issue that was brought up is that some of the clusters built in the 1970s were built for one-car households. The parking inside those clusters might not be adequate to support the needs of families that have more than one car.

"WE REALLY ARE trying to find a solution," said Fairfax County Supervisor Catherine Hudgins (D-Hunter Mill). She said the county's consideration of the Large Area Community Parking District for Reston could be a start to getting rid of some of the

trucks parked along Soapstone Drive.

Dave Edwards, Reston Association's Transportation Advisory Committee co-chair, said the dialogue at Wednesday's meeting should have concentrated on the walkway, not the parking. "The parking matter is an enigma, and it will need to be addressed," said Edwards. "But you need a walkway."

Paul Sgambati, an engineer with Kimley-Horn and Associates — the county's consultant for the feasibility study — presented some of the findings of the survey distributed to clusters along Soapstone Drive that would touch the proposed walkway and clusters just to the north and to the south. Sgambati said the response to the survey was "tremendous," with about 300 surveys mailed back and 80 or 90 completed through the county's Web site.

Sgambati said 80 percent of the respondents do not park on Soapstone Drive and about 75 percent either walk or bicycle along the road. Improving pedestrian facilities was pretty important to the respondents, while 47 percent of them said conditions for pedestrians were very poor. Preservation of trees was also of importance, as was removing the parking.

County staff will present walkway alternatives that will consider public input, traffic and pedestrian safety to the community in a meeting, estimated to take place in the January-February timeframe. While the cost of the project is not known yet, the county has secured \$1.3 million in funding with the help of a federal grant for the project. Randall Flowers of the DPWES said that, on average, it takes about three years to complete a walkway project, but that the feasibility study will provide more information on necessity to address possible delaying factors, including utility relocations, drainage and land acquisition.

Meanwhile, Gee just wants a place to take a safe stroll. "Whatever you do, please let us have a sidewalk on at least one side of the road," said Gee.

More

See map of proposed Soapstone Drive walkway at www.connectionnewspapers.com.

Comments

Written comments pertaining to the project can be sent to: Shanna Adams, P.E., Fairfax County Department of Public Works and Environmental Services, 12100 Government Center Parkway, Suite 449, Fairfax, VA 22030 or shanna.adams@fairfaxcounty.gov.



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For event information, ticket sales or reservations to premium events, e-mail tef@jlnv.org or visit www.jlnv.org/theenchantedforest

All proceeds benefit the mission of the Junior League of Northern Virginia, a nonprofit tax-exempt organization under Section 501(c) of the Internal Revenue Code.

CALENDAR

Send announcements to reston@connectionnewspapers.com or call 703-917-6451. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnews-papers.com.

THURSDAY/NOV. 13

Author Signing. Edward M. Lerner, will be at the Barnes and Noble Spectrum Center, 1851 Fountain Drive, Reston, to sign copies of his latest book "Fools' Experiments," at 7 p.m.

SUNDAY/NOV. 16

Holiday Preview Party. Shop for green gifts and see limited edition holiday value sets from Origins at the Reston Town Center. Call 703-481-1956.

Reston Orchestra. The Reston Community Orchestra initiates its 21st season of free concerts at 4 p.m. at Hunters Woods Village Center, 2310 Colts Neck Road, Reston. Visit www.reston.org

MONDAY/NOV. 17

Broomball. Free lessons for the new Broomball leagues forming this season at Reston Town Center Ice Skating Pavilion at 7 p.m. No skating skills required; ages 18 and older. Call 703-709-6300.

Book Club. The Book Club will meet at 7:30 p.m. in Reston's Used Book Shop in the Lake Anne Village Center, 1609 Washington Plaza. Call 703-435-9772.

WEDNESDAY/NOV. 19

Seminar Series. Learn how to train during the winter from tips on cross-training activities at the Potomac River Running at Reston Town Center, 7:30-8:30 p.m. Call 703-674-6357.

THURSDAY/NOV. 20

Farmer's Market. Last day to shop for locally grown produce, meats, cheeses, beverages and more at the Reston Town Square, 11900 Market St. 3:30-7 p.m. Visit www.smartmarkets.org.

Release Celebration. Beaujolais Nouveau's executive chef, Marty Ticar presents Beaujolais inspired dishes and Beaujolais Nouveau wine offerings at Mon Ami Gabi in Reston Town Center from 5-10 p.m. Call 703-707-0233.

SATURDAY/NOV. 22

HOLIDAY BAZAAR. LANK's Annual holiday bazaar features local crafters

and vendors offering a variety of gift items. LANK School, 12021 North Shore Drive, Reston. 10 a.m. - 5 p.m. Free.

Enchanted Forest. Stroll through a whimsical forest of nearly 300 theme-decorated trees and handmade gingerbread homes while enjoying crafts and entertainment. All proceeds benefit the Junior League of Northern Virginia's mission and community programs. 10 a.m.-5 p.m. Call 703-848-2884, visit www.jlrv.org or e-mail tef@jlrv.org for tickets.

Bluegrass Concert. The Blue Moon Cowgirls are playing at the Weekend Bluegrass Concert Series at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Doors open at 6:30 p.m., show at 7:30 p.m. Tickets: \$12; call 703-435-8377.

SUNDAY/NOV. 23

Enchanted Forest. Stroll through a whimsical forest of nearly 300 theme-decorated trees and handmade gingerbread homes while enjoying crafts and entertainment. All proceeds benefit the Junior League of Northern Virginia's mission and community programs. 10 a.m.-3 p.m. Call 703-848-2884, visit www.jlrv.org or e-mail tef@jlrv.org for tickets.

MONDAY/NOV. 24

Spy Museum. Join the Reston Association for a trip to the International Spy Museum in Washington, DC. Bus pick-up at Hunter Woods Shopping Center, Thoreau Place and Lake Anne Fellowship House at 9 a.m. \$25/Reston residents; \$30/non-residents. Call 703-435-6577 to register.

Broomball. Free lessons for the new Broomball leagues forming this season at Reston Town Center Ice Skating Pavilion at 7 p.m. No skating skills required; ages 18 and older. Call 703-709-6300.

TUESDAY/NOV. 25

Blood Drive. INOVA Blood Drive from 12-7:30 p.m. beside the Reston Town Center Pavilion, 11900 Market St. Schedule appointments at 1-866-256-6372 or inova.org/donateblood.

WEDNESDAY/NOV. 26

Senior Movie Day. Reston Association presents a feature film at 10 a.m. at the Multiplex Cinema, Reston Town Center, 11900 Market St. Refreshments and door prizes provided prior to the movie. Free to those 55+. Call 703-435-6530.

and 2:30 p.m., Sunday, **Nov. 23.** See www.restonplayers.org. Tickets: \$17-20; call 703-476-4500.

"The Sound of Music," Herndon High School Theatre Department, at Herndon High School, 7:30 p.m., Thursday, **Nov. 13**; 7:30 p.m., Friday, **Nov. 14**; 7:30 p.m., Saturday, **Nov. 15**; 2 p.m., Sunday, **Nov. 16**.

"Rumors." The South Lakes High School Theatre Arts Department will present Neil Simon's comedy farce. Show times are at 7 p.m. on **Nov. 20-21**, and 2 p.m. and 7 p.m. on Saturday, **Nov. 22** in the Little Theatre. Tickets are \$6 presale and \$8 at the door. To purchase tickets for any of these shows or for more information, go to www.sltheatrearts.com, or call 703-715-4589.

THEATER

"Secrets of a Soccer Mom," Elden Street Players at the Industrial Strength Theatre, 8 p.m., Thursday, **Nov. 13**; 8 p.m., Friday, **Nov. 14**; 8 p.m., Saturday, **Nov. 15**. See eldenstreetplayers.org.

"The Fisherman and His Wife," Theater for Young Audiences, Elden Street Players at the Industrial Strength Theatre, 11 a.m. and 2 p.m., Saturday, **Nov. 15**; 2 p.m., Sunday, **Nov. 16**. See eldenstreetplayers.org.

"Forbidden Broadway," Reston Community Players at CenterStage of the Reston Community Center, 8 p.m., Friday, **Nov. 14**; 2:30 p.m., Saturday, **Nov. 15**; 8 p.m., Saturday, **Nov. 15** (sign interpretation); 2:30 p.m., Sunday, **Nov. 16**; 8 p.m., Friday, **Nov. 21**; 2:30 p.m., Saturday, **Nov. 22**; 8 p.m., Saturday, **Nov. 22**,

RCTV SCHEDULE

For more information about the shows and channel, and to see many of these shows in their entirety, visit www.rctv28.com.

THURSDAY/NOV. 13

9:30 a.m. Body Quest Pilates
10 a.m. Strength Advantage
11:30 a.m. Real Estate Showcase
4:30 p.m. Real Estate Showcase
6:30 p.m. Arnette Report
7 p.m. Life with Connie
7:30 p.m. Eyes on Reston
8 p.m. Toastmasters
8:30 p.m. Swingtime
9 p.m. Yoga with Cynthia
9:30 p.m. Business Focus
10 p.m. Defend Yourself
10:30 p.m. Where's MJ

FRIDAY/NOV. 14

11:30 a.m. Real Estate Showcase
4:30 p.m. Real Estate Showcase
7 p.m. Just Another Sports Show

SATURDAY/NOV. 15

8:30 a.m. Arts Council
9 a.m. Yoga
9:30 a.m. Body Quest Pilates
10 a.m. Defend Yourself
10:30 a.m. Strength Advantage
11 a.m. Guitar Instruction
11:30 a.m. Just Another Sports Show
1 p.m. Reston Tennis - Simon Cup Finals
4:30 p.m. Real Estate Showcase
6 p.m. The Community of All People
6:30 p.m. Arnette Report
7 p.m. Toastmasters
7:30 p.m. Guitar Instruction
8 p.m. Dogs Best Friend
9:30 p.m. Eyes on Reston

SUNDAY/NOV. 16

9 a.m. A New Living Way
9:30 a.m. Body Quest Pilates
10 a.m. Strength Advantage
11:30 a.m. Just Another Sports Show
4 p.m. A New and Living Way
4:30 p.m. Real Estate Showcase
5:30 p.m. Guitar Instruction
6 p.m. RCC News & Views
6:30 p.m. Connecting with Supervisor Hudgins
7 p.m. Strength Advantage
7:30 p.m. Business Focus
8 p.m. Reston Impact: Russian Delegation in Reston
9 p.m. Health Focus
9:30 p.m. Where's MJ
10 p.m. Latin Profiles

MONDAY/NOV. 17

11:30 a.m. Real Estate Showcase
4:30 p.m. Real Estate Showcase
6 p.m. The Community of All People
7 p.m. Strength Advantage
7:30 p.m. Defend Yourself

TUESDAY/NOV. 18

9:30 a.m. Body Quest Pilates
11:30 a.m. Real Estate Showcase
4:30 p.m. Real Estate Showcase
6:30 p.m. Health Focus
7 p.m. Update On ...
7:30 p.m. Virginia Legislative Report with Del. Ken Plum: "Opening the Door to a Brighter Future"
8 p.m. Your Dog's Best Friend
8:30 p.m. Swingtime
9 p.m. Yoga with Cynthia
9:30 p.m. Eyes on Reston
10 p.m. Reston Impact: Reston Real Estate—Coming Back?

WEDNESDAY/NOV. 19

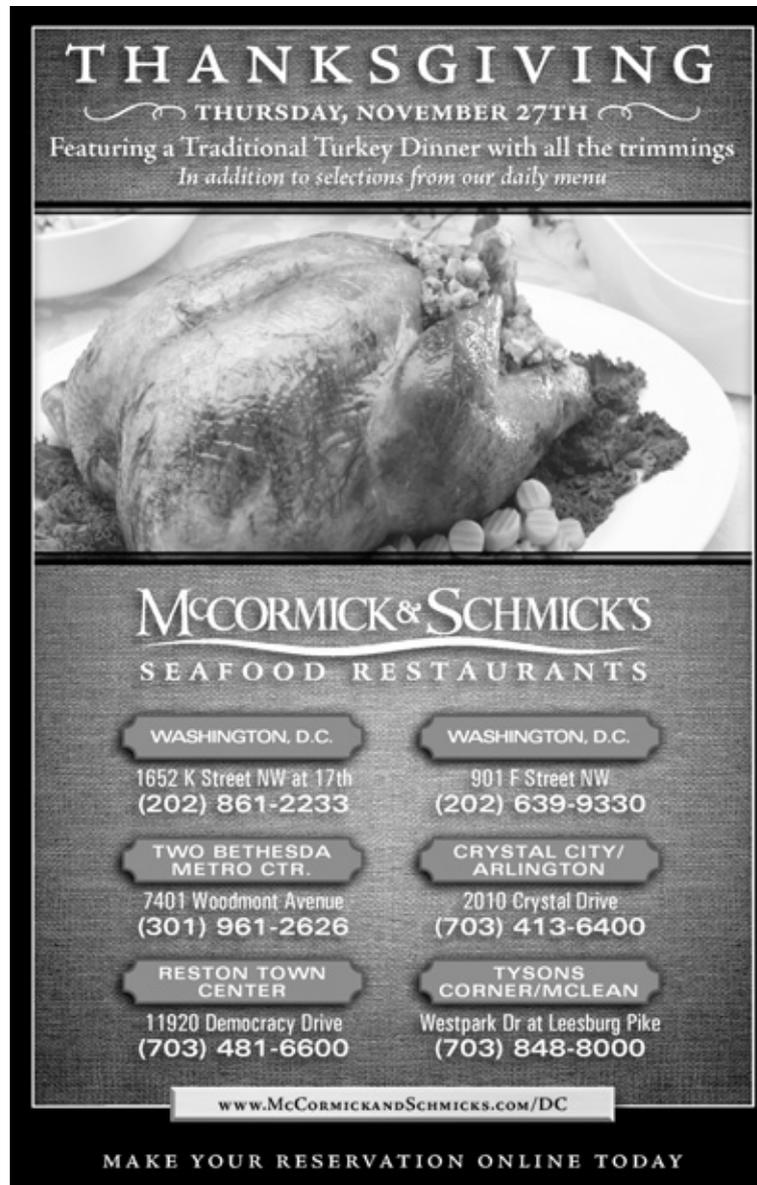
9 a.m. Yoga with Cynthia
10 a.m. Defend Yourself
11:30 a.m. Real Estate Showcase
4:30 p.m. Real Estate Showcase



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SPORTS

Seahawks Could Not Break Through in '08

But South Lakes still had some bright moments.

BY RICH SANDERS
THE CONNECTION

A year ago, the South Lakes High football team got a taste of the Northern Region postseason when it qualified for the Div. 5 playoffs despite a 3-7 record. The Seahawks had benefitted from an expanded playoff format that allowed eight teams to compete in the Div. 5 tournament. And even though South Lakes lost its first round playoff game at those 2007 playoffs, it had gained momentum just in being able to call itself a playoff team.

South Lakes was hoping to take the next step this fall season. But instead, the Seahawks posted just a 2-8 record and did not qualify for the extended season.

"It was crushing," said South Lakes coach John Ellenberger, of the disappointment of the two-win campaign. "We were hoping to make the playoffs again."

South Lakes' wins this season came over Liberty District opponent McLean and non-district rival Falls Church. The Seahawks struggled with several injuries to key players, hurting their chances of finishing with a better record.

But there were bright spots to the South Lakes season. The team's running game on the offensive side of the football was quite successful as the Seahawks gained over 1,700 yards total on the ground. The team's top running backs were sophomore Ja'Juan Jones (702 yards, 7 touchdowns) and senior Brandon Price (457, 6 TDs).

Jones put together his strong season despite missing four games with an injury. He



South Lakes' defense tries to converge on Herndon quarterback Zack Ozycz during a regular season game at South Lakes.

and Price both earned Second Team All-Liberty District honors.

Price was most effective on sweep type plays around the outside. A third-year varsity player, Price was a receiving threat out of the backfield and a dangerous player in the open field. He holds South Lakes' all-time record for longest touchdown run (99 yards). That occurred when he was a sophomore in a game against Falls Church.

Another talented back who missed lots of time (5 games) due to an injury this season was senior Will Johnson, who ran for 255 yards in the Seahawks' win over Falls Church.

EVEN WITH all the injuries to its skill position players, South Lakes had success running the ball. The prior year, coach Ellenberger's team relied more on the pass-

ing game because of the personnel he had that dictated such a game plan. But going into this season, the coach loved the look of his group of running backs. As a result, South Lakes ran the run-oriented "Wing T" attack.

"We had a bunch of real good skill kids," said Ellenberger, of his running backs. "So we decided to put [the Wing T] in. We can run the ball real well. It was our bright spot."

South Lakes also received solid play at quarterback where senior Justin Zeller, a transfer student from Oakton, made the most of his one season with the program. Zeller, a team captain who passed for 431 yards and two touchdowns on the season, emerged as a team leader from the start.

"He was a great leader for us and a great asset for the team," said Ellenberger, of

Zeller. "He was great for us, a real good kid who loves to compete."

South Lakes' top defensive players included Quintin Fortes, a senior defensive end, and junior linebacker Josh Anderson, a transfer student from Langley High.

Fortes, who made Honorable Mention All-District, was a speed rusher who caused havoc in opposing teams' backfields.

"He likes to get off the edge [on pass rushing] and is real athletic," said Ellenberger, of Fortes. "He's real athletic and was going up against real good competition [in the district]."

Fortes recently was offered a Div. 2 football scholarship to play at Cowan University (N.C.). He is still in the decision-making process and receiving feelers from other schools.

Anderson earned Second Team honors at linebacker in his first season with the Seahawks.

"We had a bunch of real good skill kids. So we decided to put [the Wing T] in. We can run the ball real well."

— South Lakes Football Coach John Ellenberger

"He's really, really tough and was a great linebacker for us," said Ellenberger, of Anderson. "He had an excellent year for us and reads [offensive] keys real well."

Also putting together a good season for South Lakes was junior Kevin Ball, a two-way player at tackle.

Cougars Ready for QB Renner and Spartans

Herndon's winning season ends with playoff loss to Westfield.

BY RICH SANDERS
THE CONNECTION

The Oakton High football team (11-0), the top seed of the eight-team, Northern Region Div. 6 (larger schools) playoffs, handled visiting South County High, 30-13, in a first round game last Friday night.

As a result, coach Joe Thompson's Cougars will host West Springfield High in a semifinals game this Friday night. The high-scoring Spartans, who are led by standout quarterback Bryn Renner, are coming off last week's 72-47 playoff triumph over W.T. Woodson.

"They're scary in the fact that they are so good offensively," said Thompson, of the

Spartans. "They score a lot of points and pressure you to do the same."

Last week, Oakton continued its perfect season on into the playoffs with its decisive win over South County. First quarter touchdown runs by running back Trey Watts (10 carries, 85 yards) helped the Cougars build a 14-0 lead. The home team still held a 14-7 halftime lead before breaking the contest open with 16 third quarter points to jettison them ahead, 30-7.

"We played well in all areas of the game," said coach Thompson. "On our opening drive we scored and that gave us confidence. We got up two scores in the first quarter and that kind of settled us."

Jonathan Meadows (17 carries, 101 yards) ran for two touchdowns during the

third quarter. Oakton also earned a two-point safety in the quarter as well.

Oakton quarterback Chris Coyer completed 6-of-11 passes for 75 yards and also ran for 119 yards on 15 carries.

The Cougars will have their work cut out in slowing down West Springfield and quarterback Renner, who was 20-of-31 for 273 yards passing against Woodson, while also running for two touchdowns.

Thompson is not sure it is even possible to hold the North Carolina-bound Renner completely in check.

"I haven't seen anyone shut him down in two years."

— Oakton Football Coach Joe Thompson, on slowing down West Springfield QB Bryn Renner

"I haven't seen anyone do it," said Thompson. "My guess is to hold the ball [on offense] and keep it away from him. I haven't seen anyone shut him down in two years."

HERNDON HIGH'S football season came to an end last Friday night when the Hornets lost at Westfield, 41-22, in a first round Div. 6 playoff game.

With the loss, Herndon saw its season end at 6-5. Westfield, meanwhile, next advances to a semifinals game against Chantilly this Friday night.

"I think our effort was pretty good," said

SEE PLAYOFF, PAGE 19

ZONE I: • RESTON
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EMPLOYMENT

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ZONE I AD DEADLINE:
TUESDAY 4 P.M.

A Pill Worth Swallowing



By KENNETH B. LOURIE

Understanding that as a salesman by profession, it is very easy for me to be sold, what I heard on a radio show this morning nevertheless caught my attention. The program seemed to be about vitamin/nutrient supplements and the miraculously positive effects the specific supplement being discussed has, according to opinions, studies, university research, the host, the guest, etc.

The information and presentation of said information was so clear and concise and so free from hyperbole, and made so much logical sense that I was almost one of the first 100 callers to call in after the radio program had aired and receive my free sample as well as my free gift and only have to pay for shipping and handling, a nominal fee, I'm sure, given the fact that I was receiving "free" stuff.

But as easily swayed as I am, I resisted the temptation, or rather avoided an accident since I was driving at the time and would have had to multi-task (do two things at once); therefore, I decided to focus on the wheel (driving) and for the time until I arrived home, neglect the well. (Increased focus and concentration were two of the benefits of this supplement, by the way. Yet another pair of improvements/enhancements likely attributable to this enzyme-type "bio-available" combination super pill.)

Listening and learning, as I so often do, since I know so little about so much, this supplement sounded too good to be true. But if a product is in fact good, shouldn't it be promoted as good? Have we become so skeptical — and cynical (or shall I simply speak for myself?) — that something that sounds too good to be true is as bad as something that is so bad it is barely promoted at all?

What if this pill/supplement is as effective as its proponents say it is? What if this pill is even half as effective as its proponents say it is? From what I heard discussed in the 20 minutes or so that I was listening this particular Sunday morning, I'd have to be stupid to ignore the findings and miss their message.

This pill wasn't exactly the fountain of youth but it sure sounded like a pill of rejuvenation: improvements in skin, reduction of wrinkles, increased energy and stamina, enhanced focus and concentration, facilitates weight loss, improves digestion and circulation, strengthens the immune system, etc. Moreover, this pill is

constructed/designed in a vegetable-type form that further increases its absorption into the body to more effectively — and efficiently — work internally to do what its designers/creators say it does. WOW!

Since salesmen are so easily sold, and we know it, sometimes we are not at all open to the pitch. We are afraid that we'll say yes too quickly (instinctively almost) and in our haste will commit to something that not only will cost us at the beginning but also cost us in the middle and at the end, too. It may be a good cause or a good product and/or service, but occasionally it's not and the risk/reward might not be worth the dollars that eventually won't make any sense.

Still, if there were a pill that could sharpen our judgment and increase our sales, that would be a pill with not only a future, but a present as well. I even have a pharmaceutical-type name for it: Celmor.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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TRUSTEE'S SALE
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Improved by the premises known as
2625 Viking Drive, Herndon, Virginia

In execution of a Deed of Trust from Robert Thompson and Amy Beth Thompson, dated April 29, 2005, and recorded May 2, 2005, in Deed Book 17238 at page 1788 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on

Tuesday, November 18, 2008 At 11:00 a.m.

the following property being the property contained in said Deed of Trust, described as follows:

Lot 314, Section 4, Fox Mill Estates, as the same appears duly dedicated, platted and recorded in Deed Book 3802 at page 498, among the Land Records of Fairfax County, Virginia.

Commonly known as 2625 Viking Drive, Herndon, Virginia 20171.

TERMS OF SALE: A deposit of \$50,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 6.50 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the right: (i) to waive the deposit requirement; (ii) to approve or disapprove the creditworthiness of any bidder and/or purchaser; (iii) to withdraw the property from sale at any time prior to termination of the bidding; (iv) to extend the time for bidding; (v) to reject any or all bids; (vi) to postpone or set over the date or time of sale; and (vii) to extend the period of time for settlement hereunder.

Additional terms and conditions of sale may be announced at the time of sale.

DAVID N. PRENSKY
Substitute Trustee

FOR INFORMATION CONTACT:
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Herndon High receiver Nick Impellizzeri (85) makes a play during the Hornets' regular season win over Westfield. During Herndon's more recent playoff loss to the Bulldogs last week, the junior wideout caught five balls for 69 yards.

Playoff Loss for Herndon

FROM PAGE 16

Herndon coach Joe Sheaffer. "We had a great week of practice."

But Herndon could not defeat a Westfield team it had beaten during the regular season. Three weeks ago, Herndon celebrated its grandest moment of the season when it defeated Westfield, 29-28, on a homecoming Saturday afternoon. But the Hornets, who were 6-2 following that win, lost the following two weeks against Robinson and Oakton to close out the regular season on a down turn. Both setbacks were lopsided affairs. And Herndon could not turn things around in its playoff meeting against Westfield.

The Bulldogs (9-2) took control of the action early on by building a 14-0 first quarter lead and taking a 28-6 lead into half-time. The Hornets had no answers for stopping Westfield running back Jordan Anderson, who rushed for 279 yards and four touchdowns on 24 carries. The senior sensation opened the game's scoring with a 65-yard touchdown run in the first quarter.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com or call 703-917-6449. Deadline is Friday.

Jone Johnson Lewis will share ideas and practices to help accomplish inner and outer peace Sunday, **Nov. 16**, 10 a.m., at the Northern Virginia Ethical Society, 225 Nutley St. N.W., Vienna. Free. Visit www.esnv.org or call 703-437-3161.

Congregation Beth Emeth Hazak Chapter, 12523 Lawyers Road, Herndon, hosts prominent speakers and entertainers on the **third Tuesday of each month**, Sept.-June at 1 p.m. There is no cost and light refreshments are served. Call 703-860-4515, ext. 127. The guest list is as follows:

Nov. 18: Rabbi Steve, Jewish Medical Ethics
Dec. 16: Laura Shulman, Religious Diversity in the US

Jan. 27: Rabbi Leonard Cahan, Jewish Mar-

Herndon's first half touchdown came on a 63-yard scoring catch by senior Zach Leach, on a ball thrown by senior Chris Medina. Leach finished the game with four catches for 83 yards and the touchdown. Also for the Hornets, junior wide receiver Nick Impellizzeri caught five balls for 69 yards and a touchdown. His scoring catch came in the fourth quarter from 52 yards out on a pass from quarterback Zack Ozycz.

Ozycz, a junior, completed 13-of-20 passes for 144 yards and led the Hornets in rushing with 83 yards on 10 carries.

This season marked the first since 2003 in which Herndon qualified for the postseason. The '03 Herndon team also fell to Westfield in the playoffs.

Sheaffer said he was pleased overall with his team's season, but disappointed that the Hornets did not play better over the final three weeks.

"There's a little bit of a bad taste because of how we played at the end of the season," said Sheaffer. "I just wish we had played a little better down the stretch."

riage Customs

Feb. 17: Rabbi David Kalendar, The Jews of Uganda

March 17: Dr. Louis Blumen, Jewish Medieval Medicine

April 21: Steven Gross, The Holocaust in Hungary

May 19: Speaker from Embassy of Israel

June 16: Year-end Luncheon

Every Wednesday at 12:15 p.m., **St. Timothy's Episcopal Church**, 432 Van Buren St. in Herndon, offers a lunch-time **Healing and Holy Communion service**. This half-hour service is offered to all and allows people an opportunity to worship during the work week when they may be away from their regular church. All baptized Christians are welcome to receive the Sacrament, and all who have not been baptized may receive a blessing at the Altar rail.

Call the church Mondays-Fridays, 9 a.m.-3 p.m., at 703-437-3790 or visit www.saint-timothys.org.



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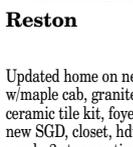
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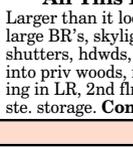
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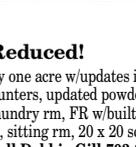
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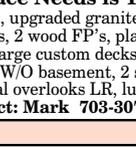
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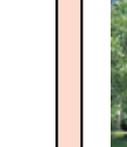
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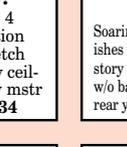
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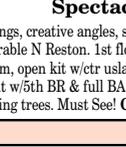
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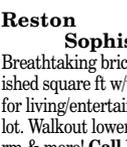
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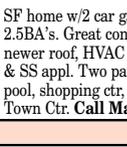
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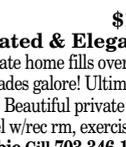
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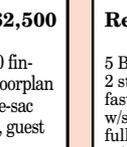
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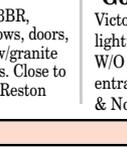
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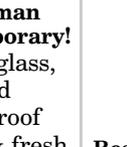
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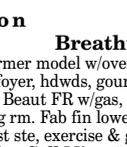
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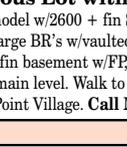
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Mary Miceli



Vicki McMahon



Cathy Lanni



Nadya Efremov



Anita Lasansky
Branch Manager



Terry Atherton



Diane Bird



Ian Bird



Christine
Blandford



Aquina Buehrig



Carole Burnett



Lisa Carlisle



Sam Collins



Jacqueline Dailey



Missy Edmondson

LONG & FOSTER

Reston North Hills Office

1675 Reston Parkway • Reston, VA • 703-435-4900



Reston **\$259,900**
Walk to Everything!
 Light-filled corner unit w/2 master BR/2 full BA. Newly installed SS appliances + gleaming granite counters. Updated windows, flooring. HVAC, light fixtures, paint & more. Walk to shopping, rec facilities, commuter bus. Call Terry 703-861-0538



Reston **\$575,000**
New England Charm!
 4BR, 2.5BA, FR bumpout, fully fin W/O, upgrades throughout inc. sunny kit w/SS appl, maple cabinets, silestone counters, gleaming hdwds, updated baths, roof, walkway. Lovely deck overlooks fenced backyard. Call Terry 703-861-0538



Broadlands
\$324,990
Lovely Maintained!
 3BR, 2.5BA light-filled TH, w/high ceilings, convenient garage, maple flrs, main level FR, all carpets '08, huge mstr BR w/vaulted ceiling & 2 closets, inviting lower lvl rec rm w/built-in entertainment ctr & FP. Priv deck overlooks trees w/patio below. Great Broadlands schools, amenities & Greenway access. Call Terry 703-861-0538



Leesburg **\$2,500,000**
One-of-a-Kind on a 35 Acres!
 Stately brick colonial on 14.96 wooded acres w/4 fin lvls, 6BR, 5.5BA, 6FP in main house, + 1BR in carriage house. Crestron automation, 10 ft ceilings, hdwds, heated pool/spa, 2 decks, party patio w/built-in BBQ + 2nd full kit in lower lvl. Sale inc 20 ac fenced equestrian lot next door. Call Terry for your private showing. 703-861-0538



Reston **\$669,500**
Reduced!
 Updated home on nearly one acre w/updates inc kitchen w/maple cab, granite counters, updated powder rm, ceramic tile kit, foyer, laundry rm, FR w/built-in bookcases, new SGD, closet, hdwds, sitting rm, 20 x 20 screened porch, 2 stone patios. Call Debbie Gill 703-346-1373



Reston **\$290,000**
Fantastic & Bright!
 Two master suite condo overlooking pool, clubhouse & courtyard! LR/DR como w/gas FP in LR! Upgraded neutral carpet & pad & kit w/hdwds. GE profile appliances. Corian w/maple cabinets, + hostess counter. Hdwd foyer w/crown molding. Great for commuting, entertaining & shopping. Call Debbie Gill 703-346-1373



Reston **\$1,062,500**
Sophisticated & Elegant!
 Breathtaking brick estate home fills over 4600 finished square ft w/upgrades galore! Ultimate floorplan for living/entertaining! Beautiful private cul-se-sac lot. Walkout lower level w/rec rm, exercise rm, guest rm & more! Call Debbie Gill 703-346-1373



Reston **\$899,000**
Breathtaking!
 5 BR former model w/over 4700 fin SF Stunning 2 story foyer, hdwds, gour kit w/granite & breakfast rm. Beaut FR w/gas, sunlit library, MBR ste w/sitting rm. Fab