



Oak Hill ❖ Herndon

Children's CONNECTION

VERIFIED
AUDIT CIRCULATION
APPROVED

PRSR STD
U.S. POSTAGE
PAID
ELKTON, MD
PERMIT #31

ATTENTION POSTMASTER:
TIME SENSITIVE MATERIAL.
REQUESTED IN HOME 12-31-08

Mayumi Shill,
Grade 8,
Herndon
Middle School



ALL NEW CHEVY TRAVERSE



"Precise fit-and-finish quality inside and out was top of mind during the design phase of Traverse. From the hoodline and grille to the rear and side doors, and from the instrument panel to the seat stitching, no detail has been overlooked."

EPA EST.
24
MPG HWY.



HIGHEST POSSIBLE RATING FOR FRONTAL AND SIDE-IMPACT CRASH TESTS — FIVE STARS¹

'09 CHEVY TRAVERSE FWD LS

CURRENT NON-GM LESSEES WITH AN EXPIRING LEASE

\$27,640 RED TAG PRICE

-\$3,750 TOTAL CASH BACK

\$23,890 RED TAG PRICE²
AFTER ALL OFFERS OR LESS

HURRY! OFFER ENDS JANUARY 5.

IT'S EVERYTHING YOU'VE EVER WISHED FOR...AND THEN SOME.

2 YEARS³ WITH TURN-BY-TURN NAVIGATION

2 YEARS³ XM

2 YEARS³ NO-COST SMARTCARE MAINTENANCE⁴ BY Goodwrench TECHNICIANS

The best coverage in America

100,000 mile/5-year

Whichever comes first. See dealer for details.

- Transferable Powertrain Limited Warranty
- Roadside Assistance Program
- Courtesy Transportation Program

ChevyFirst.com



DRIVE WITH TOTAL CONFIDENCE

¹ Side-impact crash test rating is for a model tested with standard head-curtain side-impact air bags (SABs). Government star ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.safercar.gov). ² Current non-GM lessees with leases ending on or before 6/30/09. Includes all applicable offers. Tax, title, license, dealer fees, and optional equipment extra. Not available with special GMAC finance rates. At participating dealers only. Take delivery by 1/5/09. See dealer for details. ³ Take delivery by 1/5/09. Residency restrictions apply. Visit onstar.com for details and system limitations. Turn-by-Turn Navigation not available in all areas. XM subscription required after two years. Go to gm.xmradio.com. SmartCare Maintenance is for two years or 30,000 miles, whichever comes first. ⁴ Go to goodwrench.com for details. The XM name and related logos are registered trademarks of XM Satellite Radio Inc. The names, emblems, slogans, vehicle body designs, and other marks appearing in this document are the trademarks and/or service marks of General Motors Corporation, its subsidiaries, affiliates, or licensors. ©2008 GM Corp. Buckle up, America! 1-800-950-2438 or chevy.com

CHILDREN'S CONNECTION



Sheena Okai, Ms. Simanski's art class, Herndon Middle School



Kevin Baldwin, Ms. Simanski's art class, Herndon Middle School



Jonathan Ericson, Grade 8, Herndon Middle School, Mr. Torrenzano's art class

Welcome

Dear Readers:

This week, the Herndon Connection turns over its pages to the youth and students of its communities.

We asked principals and teachers from local schools to encourage students to contribute their words, pictures and photos for our annual Children's Issue.

The response this year was enormous. While we were unable to publish every piece we received, we did our best to put together a paper with a fair sampling of the submitted stories, poems, drawings, paintings, photographs and other works of art.

We appreciate the extra effort made by school staff to gather the materials during their busy time leading up to the holidays. We'd also like to encourage both schools and parents to mark their 2008 calendars for early December, the deadline for submissions for next year's Children's Connection. Please keep us in mind as your children create spectacular works of art and inspiring pieces of writing in the coming year.

The children's issue is only a part of our year-round commitment to cover education and our local schools. As always, the Connection welcomes letters to the editor, story ideas, calendar listings and notices of local events from our readers. Photos and other submissions about special events at schools are especially welcome for our weekly schools pages.

Our preferred method for material is e-mail, which should be sent to mclean@connectionnews-papers.com, but you can reach us by mail at 7913 Westpark Drive, McLean VA 22102 or by fax at 703-917-0991. Call 703-917-6428 with any questions.

EDITOR KEMAL KURSPAHC
Connection interns Janelle L. Plummer and Danielle Landau provided valuable editorial assistance in putting together this year's Children's Issue.



Martha Goughnour, Grade 8, Herndon Middle School, Mr. Torrenzano's art class



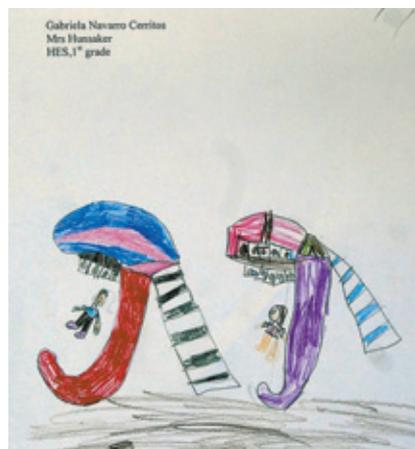
Pongdanai Pumpaburi, Grade 8, Herndon Middle School, Mr. Torrenzano's art class



Landforms, By Joseph Parodi, Grade 2, Herndon Elementary

Landforms go up and down and all around.
 In water and land, under a marching band.
 Inside planets, inside stars.
 Landforms go almost everywhere.
 — Joseph Parodi, Mrs. Bell's class

My best gift was my doll. Her name is Emma. My mom got her for my birthday. It is my favorite doll. Everyday I play with her.
 — Claire Jonas, Grade 1, Mrs. Bell's class, Herndon Elementary



My favorite place to go is to the park, because I like to play on slides. By Gabriela Navarro Cerritos, Grade 1, Mrs. Hunsaker's class, Herndon Elementary School.

My best friend is Yasha. Yasha is my friend, because when I was a new girl he talked to me and played with me.
 — Linzy Rivera, Grade 1, Mrs. Bell's class, Herndon Elementary

My favorite place to go is to the beach, because I build a sandcastle. And I swim in the water with my cousins. We rented our own house.
 — Olivia Ausnehmer, Grade 1, Mrs. Hunsaker's class, Herndon Elementary

Candy canes
 Holidays
 Red ribbons on the presents
 Icicles
 Snow and
 Tiny presents
 Me and my family slowly watch
 As the
 Snow falls.
 — Keni Poafpybitty, Grade 2, Mrs. Bell's class, Herndon Elementary School

I love Christmas.
 You love Christmas.
 We all love Christmas too.
 Because I get presents.
 — Sammy DeMar, Grade 2, Mrs. Bell's class, Herndon Elementary

The Day that I Broke My Arm

On Tuesday, I was walking home from school on the walkway with Adam and Nadim and my brother. Nadim and I said, "Let's race. Then we ran like Cheetahs racing for their food. Suddenly I tripped. I hit my right arm. It stung like wasp and bees stinging and stinging me. I was crying like tears from the sky. I got

up. I couldn't twist my right arm. I was in pain. I came home and I said, "I broke my right arm." My parents didn't believe me. Neither did my brother. I felt Riley sad like a baby crying. At last we finished dinner. I went upstairs. I went to bed but couldn't sleep. At last at 1:00 I fell asleep. The next day I couldn't write that well at social studies. I came to the office after they called me down and my mom was waiting for me. Me and my mom Emily went to a hospital. When we got there I had to wait in a special room.

It had a cool fish tank in it. Then somebody came to get me to take some x-rays of my arm. Can you believe it? I really did break my arm!

Ian Dermott Smith, 9
Grade 3
Teacher: Susan Shahidi

Wave

One day at the Rehoboth Beach I walked into the water. Look! A giant wave! I panicked. Maybe it looks big out in the ocean but when it gets closer it will get smaller. I'll go over the wave. I almost yelled for help. I did not. The life-guard might think I'm drowning. So I just stood there trying to think of what to do. I finally chose to go under. "Here I go!" GULP. I took a breath of air. I went

down, down, down, to the bottom. I tried to grab sand with my toes on the bottom. I pushed up and soared like superman. I could feel the cold water rushing through my hair. I squinted. I started to float up. I popped out of the water and started to swim. "Swim faster! More waves are coming!" I was afraid that a wave would hit me from behind. I stood up. I did not realize I was one foot away from the sharp rocks. "OW! OW! OW!" I ran across the beach and leaped the last step ... I headed straight for the sand, sat down and buried my feet in the sand to stop the pain in my feet. I stood up limping over to my mom and dad eager to tell them.

Rachel Dennis, 8
Grade 3
Teacher: Susan Shahidi

Door

Open
Close
Open
Close
"Ow — got my finger"

Katherine Henriquez
Grade 4
Teacher: Melanie Bukartek

Tooth

Carrots
Apples
It's almost there
I just want it to clean

Ricardo Benavides
Grade 4
Teacher: Melanie Bukartek



Jordan Killian, first grade, teacher Anne Nagy.



Elizabeth Pater, sixth grade, teacher Anne Nagy.



Kaila Hogan, fifth grade, teacher Anne Nagy.



Caitlin Smith, second grade, teacher Anne Nagy.



Haneen Abdelhaq, fourth grade, teacher Anne Nagy.



Sydney Green, kindergarten, Ms. Katie Compton's class.



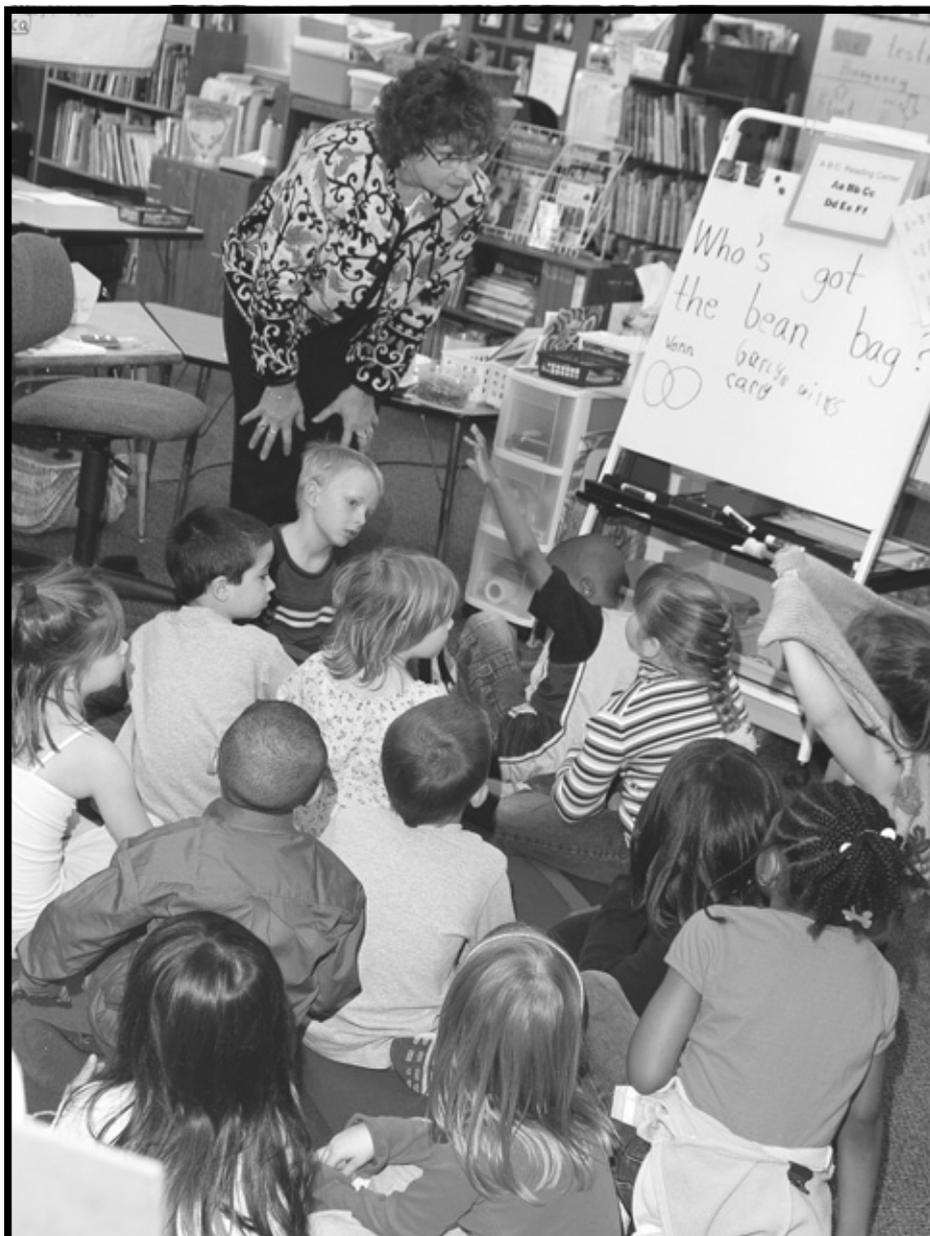
Braden Golomb, "I Like My Turtle," kindergarten, Ms. Pat Smith's class.



Ben McCroder, third grade. Ms. Cheryl Sears' class.



Christine Chuang, kindergarten, Ms. Pat Smith's class.



Fairfax County Public Schools Budget Cuts Are They Educationally Sound?

Fairfax County Public Schools are making major cuts in vital areas that will directly affect your child. Next year the children will go to school with an increase of class size, less staff and fewer programs to support their educational needs. All instructional staff will be heavily impacted. Students will have less individual help. Facilitating learning will become more difficult. Parents, imagine how your life would change if triplets were added to your family and your income reduced.

The Superintendent and the School Board have made many of these cuts, but need to continue to look for other ways to trim the budget that does not directly affect your child's classroom instruction and education. Tell the School Board that the cuts must come from non school-based positions, programs and items.

The Fairfax County Federation of Teachers urges you to become involved by making calls and sending emails to School Board Members and the Board of Supervisors. Even if you do not have children, your community will be affected with this erosion of the school system. Our message must be heard to save the quality of the education we provide to all of our students in Fairfax County. Your children's future depends upon it.

- **Public Budget Hearing: January 21 & 27**
Register January 9, 2009 at fcps.edu/schlbld
- **Email School Board Members at fcps.edu**
- **Email Board of Supervisors at fairfaxcounty.gov/government/board**
- **Visit FCFT.org for more detailed contact information**

A well-educated child is a successful child.

Fairfax County Federation of Teachers, 7011 Calamo St, #101, Springfield VA 22150; 703-451-6840



Let's Party at-
FROZEN ROPES™

Have your birthday at Frozen Ropes and experience the fun and excitement!

FROZEN ROPES T-SHIRT FOR EACH GUEST
LARGE INDOOR TURF FIELD
LIVE HITTING & THROWING CONTESTS
"CLUBHOUSE" PARTY ROOM

BASEBALL-SOFTBALL TRAINING CENTER

10% OFF
Mention this Ad

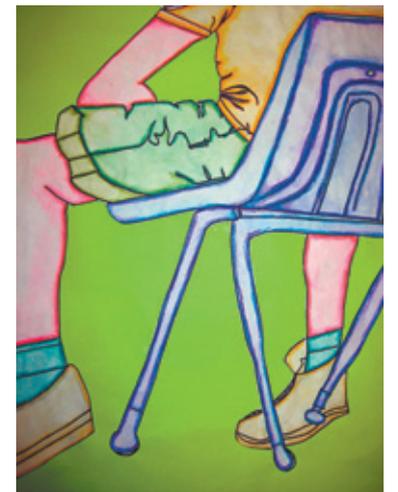
Frozen Ropes Chantilly
4080-F Walney Rd
Chantilly, VA 20151
(703) 378-9090
Frozenropes.com/chantilly

ART GALLERY

RACHEL CARSON MS



Hillary Liu, eighth grade,
Karon Pease's art class.



Hanna Borojeni,
eighth grade,
Karon Pease's art class.

small change
Since 1981

1/2 price winter sale
starts sat. jan 3rd
@ 10 AM!

on clothes, shoes, books, videos and toys
for babies – teens and mothers-to-be

lake anne plaza • reston, virginia
(703) 437-7730

tuesday - saturday 10-5
www.smallchangeconsignments.com

WORDS

God's Painting

I fell down on a large tree trunk in between the trail unable to move any further. "Come on," cried my best friend, Josephine "It's not much further! We need to get there before dawn!" I groaned and hoisted myself up. "This better be good," I grumbled "otherwise I'm going to kill you for waking me up at 5 in the morning." I trudged up the trail shivering in the -23 degree weather when I heard, "There it is! Come on, it's almost time!" I sighed and ran the rest of the way, over taking Josephine, and at the same time hoping silently to myself that there was a place to sit up there. As I got to the top of the hill I spotted a boulder nearby and cheered happily that my wish came true. I sat down to wait for Josephine when suddenly I saw a bright light break through the horizon. "Cue the sun" I said to myself silently chuckling at my own joke. My laugh stopped short when I glanced down and saw the large meadow in front of me. As the sunlight hit the grass the dew gleamed with the intensity of a thousand diamonds. I stood, paralyzed by the beauty of it all, not wanting to lose the moment. A burst of wind hit me from the front as if wanting to be the only one to take in this miracle. I closed my eyes for a moment and abruptly opened them again. The sun had risen and I caught the sight if the dew shimmering into nothingness. I stared for a moment hoping with my heart that it would come back. This time my wish was ignored. Head slumped I began to turn around when I saw something in the sky. I turn back only to see a beautiful rainbow being painted into the sky with the most magnificent colors. I have seen rainbows before but this was the queen of all rainbows, painted with the richest of colors. Josephine came running behind me saying, "See! I told you it was pretty!" I unwillingly turned around from God's painting and said "You mean the rainbow? Nah! I've seen better."

Puja Ghotkar
Rachel Carson MS
Seventh Grade
Leigh Toweson

An Everyday Miracle

White stars fading in the night,
A bright sliver of the moon
hanging in the deep blue sky.
Everything still and silent.

SEE RACHEL CARSON, PAGE 7

Pediatric & General Dentistry

Children love our entertainment center with video games.

NEW! LASER procedure for fillings.
Many pediatric patients can be treated without novocaine!

- Bleaching
- Nitrous Oxide
- Invisalign
- Special Needs Patients
- Cosmetic Restorations
- IV Sedation Available

Howard Mitnick, DDS
Nooshin Monajemy, DDS
Heidi Herbst, DDS, FAAPD
21475 Ridgetop Circle, Sterling, VA
703-444-3710
www.sterlingVAsmiles.com

Dental Care with The Gentle Touch!

There will NEVER be another chance to acquire a new or certified used Family of Steinway piano at this pricing ever again.

THREE DAYS, 81 PIANOS, STEINWAY-DESIGNED MODELS STARTING AT UNDER \$4,000.

FACTORY PRICE INCREASE TAKES EFFECT JANUARY 1ST, 2009.

ALSO: FINAL CLOSEOUT LIQUIDATION OF EVERY KAWAI IN-STOCK THIS WEEKEND

We're liquidating every piano in stock from world renowned piano maker KAWAI, and there won't be a better opportunity again to get pricing that will never be repeated on an instrument of this quality. Each piano comes with a ten year manufacturer's warranty. Grands and uprights in many styles available.

Save up to 50%

FREE DELIVERY on any piano purchased by 6pm this Sunday

JORDAN Kitt's music www.jordankitts.com

Open: Mon-Fri 10-8, Sat 10-6, Sun 11-6

8500 Lee Highway, Fairfax (703) 573-6070
Sugarland Crossing, Rte 7, Sterling (703) 450-5398

IN THEIR WORDS

RACHEL CARSON MS

FROM PAGE 7

Eyes trained on the horizon,
Capturing the slightest change,
Essence of gold rose slowly,
Expectation in the air.
The grand morning sentinel
Of canyon and mountain both,
Heralded the coming of
Color, happiness, and warmth.
Bands of color expanded,
Streaks of orange, red and gold
Marbled sky of bright light and
Clouds made up of lavender.
A bright sunray broke out through
Morning silence and blue sky,
Bringing life to sleeping world,

Waking up the green haven.
Morning savior rises high
An everyday miracle.

Lauren Huang
Eighth Grade

My Friend

I have a friend,
Who is magnificent.
He shines like the sun,
Yet is as dark as night.
He is hidden,
Yet obvious.
He is infinite,

Yet he is very small.
He is popular,
Yet he is disliked.
He is fire,
He is water,
He is ice.
He is anger,
He is rage,
He is war.
Yet, he is gentle and calm,
Peaceful and serene.
His name?
Truth.

Monica Hanratty, 12
Seventh Grade
Teacher: Mrs. Toweson

SAVINGS ARE IN THE FORECAST

GE Profile™ Appliances

Update your kitchen or laundry room now & receive a bonus rebate* when you purchase multiple eligible GE Profile™ Appliances

Purchase 2 Appliances

Get \$100

Purchase 3 Appliances

Get \$200

Purchase 4 Appliances

Get \$300

Purchase 5 Appliances

Get \$500



GE® Built-In Dishwasher
• QuietDesign™ sound package
• QuietPower™ motor
• HotStart™ option
\$249
GSD2400N



GE Profile™ Energy Save® Refrigerator with External Dispenser PFSS5NJW

GE® 30" Free-Standing Electric Range



• Self-Clean Oven
• Super-Large Oven Capacity
• QuickSet III Oven Controls
JBP23DNWW
\$399



GE® 18.2 Cu. Ft. Top-Freezer Refrigerator
• Spillproof Glass Shelves
• Upfront Temperature Controls
GTS19GB5WW

\$549⁰⁰



GE® 25.0 Cu. Ft. Side-By-Side Refrigerator with Dispenser
• Upfront Electronic Dial Temperature Controls
• Adjustable Spill Proof Glass Shelves
GSH25JFT

\$999⁹⁵



GE® 3.2 Cu. Ft. Super Capacity Washer
• Rotary electromechanical controls
• Two pulse wash/spin speeds
WDSR21205

\$349⁹⁵



GE® 5.8 Cu. Ft. Extra-Large Capacity Electric Dryer
• Auto Dry
• DuraDrum
DBLR333EEWW

\$349⁹⁵

STERLING APPLIANCE

Financing for GE Appliances for qualified applicants. Sterling Appliance Service Contracts, Sales, Service & Parts Counter on all brands.

Serving Loudoun & Neighboring Counties for over 30 Years.

STERLING

Rte. 7 & Dranesville Rd. • Giant/McDonald's Shop. Ctr.

703-450-5453



LEESBURG

Battlefield Shopping Center

703-771-4688



Consignment Shop

Winter Specials
Jan 2nd thru Feb 28th

(703) 787-5700

Bring in this Ad & receive 20% off any item not on sale

See our current 75% off Rack!

20% off selected tops!

Tues-Wed
11-5pm

**LAKE ANNE PLAZA
RESTON, VA**

Fri 11-5
Sat 10-5
Sun 10-5

Authorized Agent of *Karastan*

**ROBERTS CARPETS
ORIENTAL RUG CO.**
Same Location Since 1969

Horizon Collection Carpet
from Mohawk

Select Xtra Life Carpet
Continuous Filament Nylon

\$2.11 Sq. Ft. Installed
w 6lb Pad

**Semi-Gloss Solid
Hardwood Flooring**
Franklin Collection

2" wide by 3/4" thick,
20 year warranty

\$4.99 Sq. Ft.
Plus labor

681 Spring Street, Herndon • Under same ownership for 45 years
Around the corner from the Ice House • Across the street from the Fire Station
Same block as Jimmy's Tavern

Hours: Mon, Tues, Thurs & Fri: 9-6
Wed: 9-5 • Sat: 10-3
703-471-7120
All work done by our Employees

MasterCard
VISA

INSTITUTE
of
INSPECTION
CLEANING
and
RESTORATION
CERTIFICATION

Your Hometown Website



**You Say It ...
You Share It**

www.hometowndirect.com

Share Your Life

Anniversary? Birth? Competitive Win? Post it here in our new ANNOUNCEMENTS section for FREE!

Share Your Event

Craft Show? Book Signing? Parade? Fundraiser? Post it here in our EVENTS section for FREE!

Find A Business

Need a Dentist? Heating Contractor? Doctor? Lawyer? Find what you need. It's HERE!

Find A Friend

Searching for a residential listing? An address? Phone number? It's HERE!

Find Community Resources

Local clubs, government resources, sports, hotlines, places of worship, arts, culture, It's your community. It's HERE!

Reston • Herndon • Eastern Loudoun

A Place Called Reston directory is now being delivered

www.hometowndirect.com

New Town Publications

703-471-6666

11440 Isaac Newtown Sq North • Reston, Va 20910

info@newtownpublications.com

FLORIS ELEMENTARY SCHOOL



From Joan Hussey's
Art Classes at Floris Elementary



IF YOU...

... could travel anywhere in the world, where would you go?

By SANIKA LAWATE, 4TH GRADE
If I could go anywhere, I would go to the Himalayan Mountains because I like to stay in a quiet place. The Himalayans also like to be quiet. I also love to do yoga and the Himalayans' do it too. I also want to be alone for a while. When I go there, I will explore the land. This is where I would like to go!

By ALISON CHU, 4TH GRADE
If I could travel anywhere in the world, I would travel to China because I was born in China, so I want to see what my hometown is like now. I also want to see the Tiananmen Square. I really want to visit my relatives and friends in the city I was born in, Hong Kong too. Plus, I think that there are a lot of fun places in China, so I would like to see as many as I can. There are also a lot of stores in Hong Kong so I might buy a souvenir. Finally, I really would love to visit Beijing, the capital of China. This is why I want to visit Hong Kong, China, my birthplace.

By ELENI PETERSEN, 4TH GRADE
I would go to Australia because there are a lot of animals in Australia. Animals are a favorite of mine. There are also a lot of fish. If I went I would go to the ocean or the beach and surf or boogie board there. With all of the oceans and animals! There are a lot of oceans and beaches because it has water on every side. It is not considered an island because it is too big. That is why I want to go to Australia!

...could own a restaurant, which one would you own and why?

By JUHI SHARMA, 4TH GRADE
FLORIS ELEMENTARY SCHOOL
The one that I would like to own is Taco Bell because I always eat there. A lot of people eat there

because it is not expensive. It is always crowded. They get so many people to eat there because they sell tacos and burritos. I think a lot of people love eating at Taco Bell. I hope you can try eating at Taco Bell.

BEN NEUBAUER, 4TH GRADE
FLORIS ELEMENTARY SCHOOL
If I could own a restaurant it would be McDonalds. I would have McDonalds because I like their chicken and burgers. I also would want to have McDonalds because my dad likes it, and my brother likes their chicken. One other reason I would want to own McDonalds is because they get a lot of business, and I could earn a lot of money to buy things. I would also like to own McDonalds because I could get red box movies all the time. I really wish I could own McDonalds.

...could invent an ice cream flavor, what would it be?

By KYLE KANODE, 4TH GRADE
If I could invent an ice cream flavor, it would be Halloween ice cream. The first ingredient would be black cherry ice cream the second ingredient would be orange sherbet ice cream. And the third ingredient would be 12 chocolate chips. When you get it, it should look like a purplish and orange mint and when you put the chocolate chips on the ice cream it should look like a jack-o-lantern. When you taste it, you will taste cherry. That is what Halloween ice cream is.

...had a million dollars to spend, what would you spend it on?

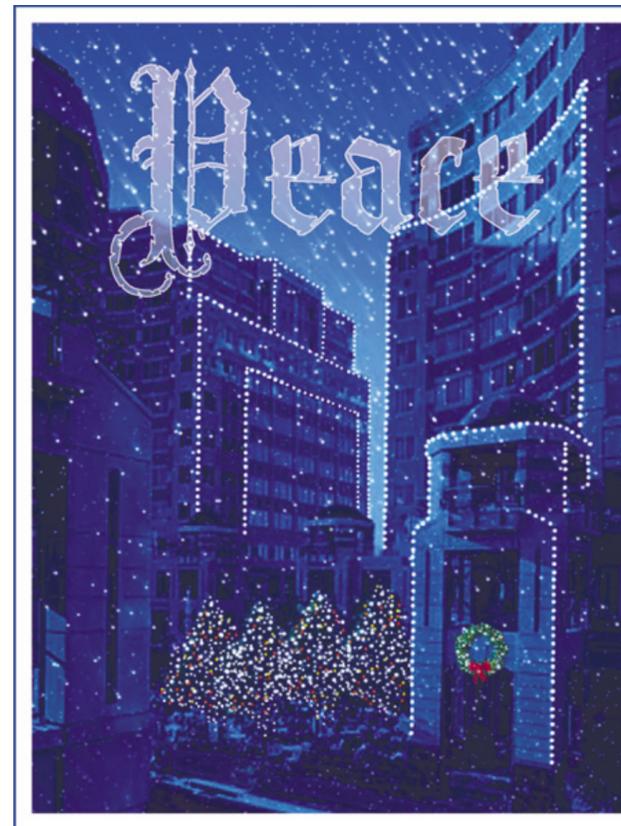
By HAIDE ALI, 4TH GRADE
FLORIS ELEMENTARY SCHOOL
If I had one million dollars I would buy a computer and a video game. Then I could go on the computer whenever I wanted. When I come back

from school I could play on my video game. Then I would but a ticket to Disney world to live there. Then I could go on the rides whenever I wanted to go on them. If only I had one million dollars.

By ELIZA DARNELL, 4TH GRADE
FLORIS ELEMENTARY SCHOOL
I would spend money on a cell phone because I just think it's good to have a cell phone if you get lost, and it's cool!

By BRIANA CARTER, 4TH GRADE
If I had a million dollars, I would spend it on a private jet so I can go anywhere in the world. I can visit my grandma, grandpa, aunt, uncle... any relative! I would also like a huge mansion with 100 floors and an elevator. On each floor there will be 90 rooms. I would also like an indoor pool, bigger than a train. With a diving board. I would like a yacht too. So I can sail across the ocean. Every year I would like to go to Africa on my private jet. When I get off, I would come out with million packs of food and million bottles of water. I give them food and water because I like to help the hungry. If I had a million dollars, that is what I would spend it on.

By CHET PETERSON, 4TH GRADE
If I had a million dollars I'll buy a limo to ride in because you don't need to drive it. If I had a million dollars I'll buy a robot to do my families chores. If I had a million dollars I'll buy a Ferrari, flying car and a jetpack. If I had a million dollars I'll buy a tub of popcorn and cotton candy and sour patch kids. If I had a million dollars I'll buy a soda machine or an icy machine of every flavor in the world. If I had a million dollars I'll give the poor \$100. If I had a million dollars I'll buy a Xbox, PS2, Nintendo 360, Wii to play when I'm bored. If I had a million dollars I'll buy \$100 pina colodas to drink in the summer. If I had a million dollars I'll buy a hot tub. If I had a million dollars I'll give it to my family.



May peace,
good health, and joy
be with you
throughout
the Holiday Season
and the New Year.

Ken and Jane Plum

*In These Tough Economic Times
The Safest Investment Is In Your Child's Future*

Prayer and values are shared daily
Over 100 area educators have children presently enrolled
A nurturing community who educates the mind, body and soul
Over 50 years of providing a quality education

Information Session for Eighth Graders
Sunday, January 11
1:00 pm

BISHOP DENIS J. O'CONNELL HIGH SCHOOL

www.bishopoconnell.org

**School of FINE ART
HUNTER FOREST**
Small Classes-Individual Attention
Children, Teens, Adults-Workshops
Continuous Enrollment

Now Enrolling for Summer Program 2009

For a Brochure, Call
703-255-9075
2020 Adams Hill Road, Vienna
Email: hunforestart@aol.com



German Lopez Bonilla,
2nd grade

MCNAIR ELEMENTARY



Cynthia Borawski,
5th grade

COMMUNITIES OF WORSHIP

**GOOD SHEPHERD
LUTHERAN CHURCH**
Making more and better disciples of Christ
Now in our new location
1133 Reston Avenue, Herndon, VA 20170
Sunday Worship: 8:00 and 11:00 am
Sunday School: 9:30 am
Church Office: 703.437.5020
Preschool: 703.437.4511
www.gslcva.org

Child care available at all services

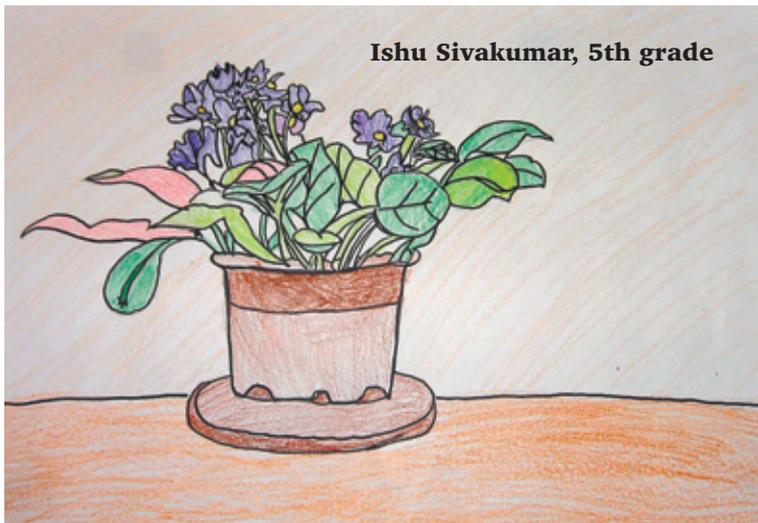
Progressive & Welcoming
**ST. ANNE'S
EPISCOPAL
CHURCH- Reston**
Sunday Communion Services
7:45 a.m. 9:00 a.m.
11:15 a.m. 5:00 p.m.
The Rev. James Papile, Rector
The Rev. Jacqueline Thomson
The Rev. Denise Trogdon
703-437-6530
www.stannes-reston.org
1700 Wainwright Dr., Reston
Child care provided at later morning services

**Community of ALL People
United Church of Christ**
Meeting at the Reston Community Center
1609-A Washington Plaza
Lake Anne Village Ctr., Reston, VA
703-758-0527
capucc21@gmail.com
Sundays 3:00 PM
"A Progressive Community of Believers
Seeking to serve the inclusive Christ"
Ministry Team
Reverend Graylan Scott Hagler
Reverend Noemi Parrilla-Mena
Minister Mary Barrino-Smith

**To Highlight your Faith Community
Call Winslow at
703-917-6473**



Rena Jornales, 2st grade



Ishu Sivakumar, 5th grade

**A Spooky Poem
About Halloween**

BY SHRESTA BANGARU,
3RD GRADE

Scary costumes, scary pumpkins
Get some candy and have some fun!
When you go out you can run, run,
run!
You go trick-or-treating when there is
no sun
Different costumes everywhere
Looking here and there
Ring the bell, get some candy,
Fill your basket up with candy
Give out treats and get more candy
Halloween is here!

**YOGA! FREE SAMPLE CLASSES
JANUARY 3RD TO 9TH**

We Offer Yoga Classes for:

- Adults • Teens
- Kids • Prenatal
- Breast Cancer Survivors

THE HEALTH ADVANTAGE YOGA CENTER, Inc.
Yoga and Personal Development

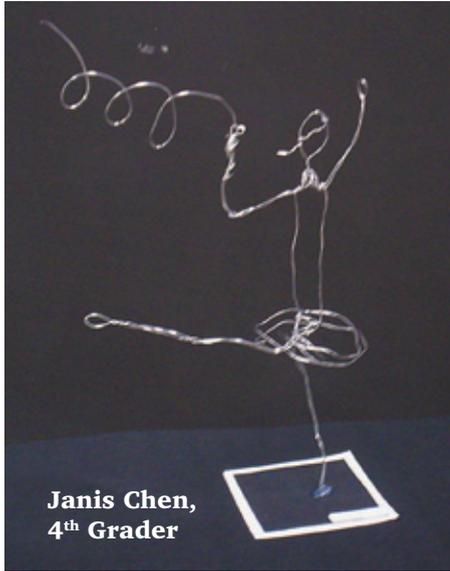
1041 STERLING ROAD, SUITE 202
HERNDON, VA 20170

VISIT OUR WEBSITE OR CALL FOR A BROCHURE
WWW.HEALTHADVANTAGEYOGA.COM

Director,
Susan Van Nuys
in Side Angle Pose

CALL: 703-435-1571
FAX: 703-435-1572

OAK HILL ELEMENTARY SCHOOL



Janis Chen,
4th Grader



Briana Edwards



Anirudh Ryali



Anusha Saga

20 to 30% OFF

Affordable Home Heating!

- Heat Pump Replacements
- Gas Furnace Replacements
- Whole House Humidifiers

Guaranteed Up to 10 Years!

(703)450-9600

Our 33rd Year



Visit Us at www.DavesAir.com

Hours away, Worlds Apart...

beautiful beaches
spectacular sunsets
where two lovers
become one forever,
and we've made it easy.



come share our secrets
January 10th and 11th

outerbanksweddingweekend.com



Dog Waste

Not just a nuisance, but a serious health threat to your family, your dog, and the environment!

Having a Poo Bare Lawn will:



- Provide a Cleaner, Safer, and Healthier environment for your family and dog.
- Protect our water supplies from bacteria and parasite-laden runoff.
- Show your community that you are a responsible dog owner.
- Free up more of your time.

Holiday Gift
Certificates Available!

Poo Bare, LLC

Dog Waste Removal Service

www.poobare.com

Residential & Commercial services available
Locally owned and operated.

571-436-1444

"Keeping Your Lawn Poo Bare"

ACTIN' UP CHILDRENS THEATRE

Terlene D. Terry-Todd/Artistic Director

Class/Fee Schedule:

All classes take place at the Rehearsal Hall

Winter Spring Session: January 14 – May 3, 2009* (\$210)

Actin' Up I: Wednesdays 5p – 6p

Adult/Teen Jazz Class: Wednesdays 6:30p – 7:30p

Actin' Up II: Thursdays 5p – 6p

Winter Spring Session: January 14 – May 3, 2009* (\$320)

Actin' Up Repertory Company: Thursdays 6p – 7:30p



Registration:
Saturday, January 10, 2009
10a - 12 noon

The Rehearsal Hall
264 Sunset Hills Rd
Herndon VA, 20170

More Information: 703-430-8768
actinuptheatre@gmail.com

FOX MILL ELEMENTARY SCHOOL



Emma Bulger, 3rd Grade



Rachel Taylor, 2nd Grade



Shawn Wang, 6th Grade

Winter World

BY ALEXA FEZUK, 3RD GRADE
Snowflakes falling from the sky,
Landing softly at midnight.
A couple inches on the ground.
Waiting for more snow to fall.
Dreaming about the next day.

Snow

BY ANNA WORKOSKY, 3RD GRADE

FOX MILL ELEMENTARY SCHOOL

Snow, snow,
Falling down.
Here it comes,
To the ground,
Covering houses,
Dressed in white,
Come on,
Let's have a snowball fight.

Friends Together

BY MEGAN ALISON, 3RD GRADE

FOX MILL ELEMENTARY SCHOOL

The friends, the friends,
They play together.
The friends, the friends,
They sing together.
The friends, the friends,
They fight together.
The friends, the friends,
They live together.

Winter

BY MADDIE YOUNG, 3RD GRADE

FOX MILL ELEMENTARY SCHOOL

White fluff on the ground.
Snowflakes falling from the sky.
A fresh breath of air.
New Year's joy on your chest.
Jump in the snow and you'll glow.

Silvery Sparkling Winter

BY NOZOMI HUNTER, 3RD GRADE

Look outside!
It looks so beautiful.
It's silvery,
It's sparkling
It's winter!
The pond is frozen,
The snow is fluffy,
It's time to have lots and lots of fun!
It's winter!

My Tree, My Friend

A SONG BY MEAGHAN MCINTYRE, 5TH GRADE

Oh cherry tree, Oh cherry tree,
I remember the first time I met thee.

It was spring, and your blossoms were
in full bloom, as I could see.

Now it is winter, the flowering days
are long gone but still we were together,
just you and me.

The weather is warming, spring is
coming, your buds will sprout.

I will then be in the backyard, playing
underneath you, with a smile on my
face-not a pout.

Lovely Night

BY TANVI HALDANKAR, 3RD GRADE

How lovely is the white night.
When the first snow covers the trees.
How nice is the cold winter,
When the evening arrives.
The familiar outdoors,
Are covered in dust.
How nice are the cold, snowy, winter
months.

Still Snow

BY SARAH MCKINLEY, 3RD GRADE

Still, still,
Still snowing.
Like the rain of a spring shower,
Bitter as chocolate,
Pretty as silk,
At night it is very still snow.

Horses

BY DEJA ALLEN, 3RD GRADE
I am very fond of horses,
And I ride them,
And I feed them,
And I hug them, too!

Winter Night

BY KAITLYN O'CONNOR, 3RD GRADE

Lovely snowflakes fall
Freezing icicles at night
Trees and plants covered with snow
And whiteness everywhere.
The snow begins to melt.
I see the water twinkle.
Even though it is cold,
I will miss the snow at night.

Quiet Snowflakes

BY ALINA GHOBADI, 3RD GRADE

On a quiet night,
The first snow flake falls, quietly.
The red cars turn white.
The green grass turns white.
The first snowflake twinkles very
bright.
The first snowflake falls on a quiet
night.

A Winter Wonderland
BY LAUREN MACDONALD, 3RD GRADE

Winter,
First snow,
Like a blanket.
It covers a forest with whiteness.
Lovely, beautiful snowflakes,
Spinning through the dark.
There is peace everywhere.

MASON NATION
2006 NCAA Final 4

GEORGE MASON VS. OLD DOMINION

Saturday, Jan. 10 at 2 pm

Armed Forces Day Sponsored by the U.S. Army

Halftime performance by New Guard America Drill Team

George Mason Presents VALU BALL The most affordable fun around!

For Tickets Call 703-573-SEAT or visit ticketmaster.com

ZONE I: • RESTON
• HERNDON • LOUDOUN

EMPLOYMENT

703-917-6464
ZONE I Ad DEADLINE:
TUESDAY 4 P.M.

ZONE I: • RESTON
• HERNDON • LOUDOUN

CLASSIFIED

703-917-6400
ZONE I Ad DEADLINE:
MONDAY NOON

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

Experienced & Dynamic RN
If You Want to Become a Partner in the
Business Expansion of a Home
Health Care Agency in Fx Co
Call: 703-340-8570

21 Announcements 21 Announcements

Designated
"Qualified in Submarines"
JOIN

Call: Submarine Veterans
Northern Virginia Base
Steve Jaeger
703-696-5354
Treasurer@USSVINOVA.org

101 Computers

HDI
EASY COMPUTER SOLUTIONS
FOR INDIVIDUALS
& SMALL BUSINESSES
JENNIFER O. SMITH
COMPUTER CONSULTANT
➢ TRAINING
➢ INSTALLATION
➢ TROUBLE-SHOOTING
➢ LET US TAME THAT BEAST FOR YOU
Serving Area Since 1995
(703) 765-2222
JSMITHHDI@aol.com

15 Getaways

Enjoy warm beach waters
past Labor Day
Extend your beach season
into the fall with soothing
and warmer ocean waters
at this Sunset Beach, NC
vacation home. Furnished 3
or 4 bdrm, 2 bath, \$525,000.
Newly remodeled, bright
and airy beach island home
on a secluded area of the is-
land surrounded by views of
the canal, marsh and ocean
inlet. Sit on one of the newly
built front porches (1
screened) and capture a
gorgeous sunrise with your
morning coffee or unwind
with friends in the evening
on the back deck and experi-
ence stunning sunset views.
Whether you're looking for
an investment property with
excellent rental history, a
vacation home on a unique
island, or a little bit of both,
this is the house for you.

SALES REP NEEDED
No Experience Needed
800-517-6989

EARN PAID TIME OFF!
CNA's/Companions/Live - Ins
Needed immediately to help with daily
meals, errands, chores, laundry, etc.
Flexible schedules - work when you
want. Paid training, double time for hol-
idays. PT/FT. Call now 703-766-4019.

21 Announcements 21 Announcements 21 Announcements

Donate Your Car!
Rated One of the Top Charities in America!
1-888-909-SONG(7664)
FREE TOWING • ANY CONDITION • 24 HR P/U
BOATS ACCEPTED • TAX-DEDUCTIBLE • IRS RECOGNIZED & DMV COMPLIANT
Providing Personalized Songs
for Seriously Ill Children
www.songsoflove.org
Se Habla Español
Featured on 60 Minutes and NBC Nightly News!

INV. ADV./FIN. PLANNER
Investment advisor seeks motivated indi-
vidual, experienced business develop-
ment. Work independently, identify
prospective clients, wealth management.
College degree and 2 yrs exp in similar
role. Fax resume to 703-834-0647 or
gamco50@gmail.com. EOE

CNA'S/COMPANIONS
Become a Joy in a Senior's Life
Immediate Positions Available
• Weekly Pay • Vacation Pay
• Merit Increases • Over time Pay
• Need Own Car
Call for interview
Old Dominion Home Care
10366-C Democracy Lane, Fairfax, VA 22030
703-273-0424

BEST CHILDCARE JOBS!
F/T, P/T, On-Call, Top Salaries
No Fees, Must be 21, Legal & Drive
References Req'd
703-838-2100
White House Nannies, Inc

M.C. DEAN
BUILDING INTELLIGENCE
M.C. Dean, Inc. is currently looking for talented
Communication Technicians for large infrastruc-
ture build outs in the MD, VA and DC area.
The Communication Technicians will be responsi-
ble for splicing, testing, terminating and trouble-
shooting copper cable; terminating and testing
fiber optics, grounding and bonding; reading plans
and specifications.
Requirements:
• High School Diploma
• 2-5 years of experience in the
communications industry;
• BICSI Installer certification is a plus.
Qualified candidates should submit their resume to
recruiting@mcdean.com or via fax to 703-463-2904.

Lighthouse
Healthcare, Inc.
Happy Holidays!
Physical Therapists,
Occupational Therapists,
Speech Therapists and RNs
Lighthouse Healthcare will now be serving
the communities of Reston, Herndon, Great
Falls, Vienna and Oakton.
Call 703-550-1400 or e-mail resume to
ejohnson@lhihome.com.
Don't wait! This is a great opportunity for
professionals to join a growing home health-
care agency that has a reputation for provid-
ing exceptional patient care and high
employee satisfaction. We care as much
about you as we do our patients!

21 Announcements 21 Announcements 21 Announcements

SAVE 50% ON YOUR HEATING BILL THIS WINTER!
One Time Only Factory Direct Sale SAVE \$100's
AS SEEN AND HEARD ON POPULAR TV AND RADIO PROGRAMS
iHeater Quartz Infrared Heating System
IH-1000
• Safely and efficiently heats wall to wall, for Pennies a day!
• Puts money in your pocket every month
• Heats up to 1000 Sq. Ft. for \$1/Day
• Lifetime Air Filter
• Factory Warranty
• Safe for kids and pets
• Cannot start fires
• Heats multiple rooms
• Save \$1000's on your heating bill
**REG. PRICE \$379
NOW ONLY \$279**
ONLY \$279 and FREE Shipping (while supplies last)
Call Now to order 1-800-469-0456
Phones busy? Order online 24-7 www.BestPriceHeater.com
iHeater
Environmentally Safe • Energy Efficient

RN/LPN ON CALL (Northern Virginia Area)
Alternative Administrator needed to fill in as needed for In-
home Health Care Company. The Ideal candidate must have
training and direct experience in the health care industry, and
have current license in the state of Virginia. This person will
be directly responsible but not limited to; new client set
up/assessments, care plans, implementation of policies and
procedures. Ideal job for nurse looking to get back into the
health care field or perfect for stay at home mom.
Please fax cover letter and resume to 410-583-0018 or
emai: Jill.Phillips@bbsihq.com

Internships Available
Unusual opportunity to learn
many aspects of the newspa-
per business. Internships
available in reporting, photog-
raphy, research, graphics.
Opportunities for students,
and for adults considering
change of career. Unpaid. Call
John Lovaas, 703-917-6405 or
email internship@connection
newspapers.com

21 Announcements 21 Announcements 21 Announcements

Two Brands. Endless Options.

Dutchway Pole Barns www.dutchwaypolebarns.com
www.conestogabuildings.com
20th Anniversary
1-877-434-3133
Selling Confidence With Every Building.

CAREGIVERS
ANOVA SENIOR KARE (Reston Va. based) is looking for the best of
the best. Do you want to go home at the end of your shift knowing
you made a difference in the life of a family? If so, you may meet the
qualifications to be an ANOVA SENIOR KARE caregiver. Are you the
kind of person who's trustworthy enough to become part of someone's
family? Are you ready for more than the next job, are you ready for a
career? ANOVA SENIOR KARE is looking for Caregivers & CNA's
with several years of experience in home care or another caring field.
Must have valid drivers license and dependable car. Some agencies
want warm bodies, we want warm hearts. Call us today for a personal
interview and to learn about our competitive compensation, benefits
and flexible schedules. Call 703-621-4825, option 5.

Nothing is too
small to know,
and nothing too
big to attempt.
-William Van Horne

26 Antiques

We consign/pay top \$ for
antique/semi antique furn.
including mid century &
danish modern Teak
furniture, sterling, mens
watches, painting/art glass,
clocks, jewelry, costume
jewelry, etc. Call Schefer
Antiques @ 703-241-0790.

3 RE for Rent

2 BR/2.5 BA -
Condo in Brambleton
Fireplace and 1 car garage
Rent includes: TV/water/
cable/internet \$1650/
Available immediately,
Pets welcome
703-200-9591

Employers:
Are your
recruiting ads
not working in
other papers?

Try a better
way to fill
your
employment
openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

THE CONNECTION
to your community
703-917-6464
Fax 703-917-0992
E-mail: classified
@connectionnewspapers.com
Great Papers • Great Readers
Great Results!

Gumming Up the Future



By KENNETH B. LOURIE

With respect to the importance one gives their teeth; their appearance, their color, their together-ness, their bite, etc., I have been very lucky. Lucky in that doing little, other than brushing regularly, visiting (I use that term loosely) my dentist semi annually — at a minimum, and wearing braces as a child, has resulted in a lot of nothing. Thank God! Nothing as in, as of age 54, other than the standard and reasonably expected cavities and crowns, I have had no extractions (wisdom teeth or otherwise) and no root canals; in fact, I've had no periodontal work at all and no dental plates, partial or otherwise as well; nothing really to complain about, all potential dental procedures considered.

However, during my most recent dental appointment, my dentist, Dr. Janowitz and my long-time hygienist, Sandy, both gave me the word, words, actually; unless I floss and "sulkabrush" my teeth and gums and the spaces in and all around my wisdom teeth, I will be in for periodontal pain and suffering (and that doesn't even include the cost). Now whether the pain and suffering would be permanent, or just chronic — or whether it would be merely temporary, so long as the pain management — Novocain, gas, pills, paste, gel, etc. — works, was not discussed, but the message was nonetheless made very clear: take care of your teeth or your teeth will take care of you, to the tune of years of discomfort and thousands of dollars. The former being something I don't want and the latter being something I don't have (dental insurance notwithstanding and/or not reimbursing beyond a \$1,000 maximum, that is).

And so I got the message, loud and clear, along with a "goodie" bag filled with the usual amenities — dental floss, toothbrush, mouthwash, sulkabrush, etc., that it's time to finally accept what's good for my gums/teeth and integrate their care into my daily routine. Otherwise, the warning shot fired across my forehead by my team of dental professionals will have served no productive purpose other than as fodder for a not-healthy and not-fit column. And since teeth don't exactly regrow, though they certainly can be replaced (for a substantial price), it would seem prudent that I care for what God has given me and try to avoid what man and machinery can provide in their absence.

Given all that we can't control concerning our own health and welfare, it seems foolish to not try and control what little we can control. And though dental is not as life threatening as medical, dental still significantly contributes to one's overall health and well being, and being well is its own reward. And despite the fact that you can't spend your health, you can certainly spend a lot of money trying to maintain it. Moreover, if maintenance of your health, and by association, your teeth and gums, is somehow, somewhere, within your reach, you should grab it and understand that what's been given to you can certainly be taken, especially if you act as if it can't.

It's said that fame is fleeting. Heck, good health is fleeting. Just because you feel good — or look good today, means nothing so far as tomorrow's health is concerned. Nothing is guaranteed. Well, not exactly nothing. If I don't follow my dentist's orders, my teeth and gums will be in worse condition in six months than they are now. And that's a guarantee I can take to the bank (because I'll need the money) and to the periodontist.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

HOME & GARDEN

703-917-6400

ZONE I Ad DEADLINE:
MONDAY NOON

ZONE I: • RESTON
• HERNDON • LOUDOUN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

<p>ASPHALT</p> <p>Need to Fix Your Driveway? Call 703.582.2110</p> <p>Asphalt, Concrete and Brick Residential and Commercial Resurfacing, Repair, Resealing Sidewalks, steps, Patios 7AM - 11PM • 7 Days/wk Check Out my website Pete's Driveways www.PetesDriveways.com</p>	<p>ASPHALT</p> 	<p>CLEANING</p> <p>A CLEANING SERVICE Since 1985/Ins & Bonded Quality Service at a Fair Price Satisfaction Guaranteed Comm/Res. MD VA DC acleansingserviceinc.com 703-892-8648</p>	<p>CLEANING</p> <p>ENGLISH-SPEAKING ONE-WOMAN HOUSECLEANING. 14 Years Experience. Honest, reliable, loves animals. Reasonable rates. 703-855-3302</p>	<p>GUTTER</p> <p>PINNACLE SERVICES, • GUTTER CLEANING • SMALL REPAIRS • SCREENING • POWER WASHING 703-802-0483 GROUP RATES AVAILABLE FREE EST.</p>	<p>LANDSCAPING</p> <p>ANGEL'S TREE & HEAVY TRASH HAULING • Mulch • Clean-up Grounds • Leaf Removal 703-863-1086 New#- 571-312-7227</p>
<p>GUTTER</p>	<p>GUTTER</p>	<p>IMPROVEMENTS</p> <p>STRONG PACE CONSTRUCTION 15 Yrs Class A VA Lic.</p> <p>• Additions • Kitchens • Basements • Comm Offices • Decks • Painting • Drywall • Windows & Wood Repairs 703-644-5206 • 703-750-0749</p>		<p>HAULING</p> <p>ANGEL'S TRASH HAULING Construction Debris, Residential, Office & Tree Removal 703-863-1086 New#- 571-312-7227</p>	<p>MULCH</p> <p>OAK FIREWOOD Full Cord Guaranteed to Burn or money back Beware of truckloads or racks 703-327-4224 703-568-8014 cell Curtis Neil</p>
<p>GUTTER</p> <p>Metro Gutter Clean/Install/Repair • Wood Replace & Wrapping • Pressure Washing • Chimney Sweeping & Repair 20 YEARS EXP. 703-354-4333 metrogutter.com</p>		<p>EMERGENCY ROOF REPAIRS • Gutters • Basement Waterproofing • Paint-Interior/Exterior 703-203-7483 Davis Contracting Refs Avail (VA Finest) Lic. Ins.</p>		<p>AL'S HAULING Junk & Rubbish Concrete, furn., office, yard, construction debris Low Rates NOVA 703-360-4364</p>	<p>PAINTING</p> <p>PATRIOT PAINTING www.PatriotPainting.net Deep Winter Discounts Free Est. • Satisfaction Guar. Lic./Ins. Int./Ext. 703-502-7840 Cell 571-283-4883</p>
<p>HANDYMAN</p> <p>PINNACLE SERVICES, Inc. • LEAF REMOVAL • GUTTER CLEANING 703-802-0483 GROUP RATES AVAILABLE FREE EST</p>		<p>IMPROVEMENTS</p> <p>R.N. CONTRACTORS, INC. Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting We Accept All Major Credit Cards Licensed, Insured, Bonded • Free Estimates Phone: 703-887-3827 Fax: 703-803-3849 E-mail: rncontractorsinc@yahoo.com</p>		<p>IMPROVEMENTS</p> <p>The HANDYMAN A DIVISION OF NURSE CONSTRUCTION HOME INSPECTION LIST REPAIRS, CERAMIC TILE, PAINTING, DRYWALL, CARPENTRY, CUSTOM WOOD REPAIR, LT. PLUMBING & ELECTRICAL, POWER WASHING Since 1964 We Accept VISA/MC 703-441-8811</p>	<p>ROOFING</p> <p>Roofing & Siding (All Types) Soffit & Fascia Wrapping New Gutters Chimney Crowns Leaks Repaired No job too small 703-975-2375</p>
<p>HANDYMAN</p> <p>Hand and Hand Handyman General Remodeling Residential & Commercial Specializing in: Kitchen/Bathroom/Basement Remodeling Plumbing • Electrical • Custom Carpentry Doors Windows • Hardwood Floors Crown Molding • House Cleaning Interior/Exterior Painting • Brick/Stone Work Ceramic Tile • Decks, Fences, Patios HOA Maintenance, Granite Counter Tops Realtors Work and Much More Licensed and Insured Serving Northern Virginia 703-296-6409</p>		<p>LANDSCAPING</p> <p>A&S Construction • Basement Finishing • Retaining Walls • Patios • Decks • Porches (incl. screened) • Erosion & Grading Solutions • French Drains • Sump Pumps • Driveway Asphalt Sealing 703-863-7465 LICENSED</p>		<p>LANDSCAPING</p> <p>A&S LANDSCAPING Planting • Mulching • Sodding Patios • Decks • Retaining Walls Fall Clean-Up • Drainage Solutions 703-863-7465</p>	<p>LANDSCAPING</p> <p>ANGEL'S TREE & HEAVY TRASH HAULING • Mulch • Clean-up Grounds • Leaf Removal 703-863-1086 New#- 571-312-7227</p>
<p>IMPROVEMENTS</p> <p>HOME REMODELING KITCHENS, BATHS, TILE, TRIM, INT. ALTERATIONS, all HOME REPAIRS! Steve's Remodeling LIC. • INS. BONDED Call Steve Paris OWNER OPERATED (703) 830-5681 - 703-932-0270 30 YEARS EXPERIENCE • FREE ESTIMATES</p>		<p>LANDSCAPING</p> <p>A&S LANDSCAPING Fall Cleanup • Planting • Mulching • Sodding • Patios • Decks • Retaining Walls • Drainage Solutions 703-863-7465</p>		<p>PAINTING</p> <p>FALL SPECIAL 10% to 20% OFF All Services</p> <p>Nuance Painting Inc. Family Owned and Operated Serving Northern Virginia for Over a Decade Winner of American Painting Contractors Residential Top Job Award Residential and Commercial Services • Interior and Exterior Painting • Faux Finishing • Drywall Hanging, Finishing and Repairs • Interior Moldings Crown-Chair Rail-Shadow Boxing • Exterior Trim Repair/Replacement • Decks cleaned and Sealed • General Contractor Services • For Evaluation and Consultation Call 703-437-3037 Licensed Insured On the web at www.nuancepainting.com We Accept VISA MASTERCARD DISCOVER</p>	
<p>IMPROVEMENTS</p> <p>M. C. Lynch Home Improvement Family Owned & Operated Rotten Wood, Wind Damage, Trims, Windows, Doors, Deck, Stairs, Vanity, Basement Framing, Garbage Disposal, Painting, Power Wash, Siding Repairs. Licensed, Bonded, Insured 703-266-1233</p>		<p>LAWN SERVICE</p> <p>J.E.S Services LANDSCAPE & CONSTRUCTION • Patios • Walkways • Retaining Walls • Drainage Problems • Landscape Makeovers Call: 703-912-6886 Free Estimates</p>		<p>PAINTING</p> <p>ROOFING</p> <p>St. Joseph's Roofing, Inc. "For the discerning homeowner set on getting their roof right" 10% OFF tree removal service Licensed, Bonded, Insured • Class A #020751A FREE Estimates! 703-716-7663 100's of local references at WWW.SJROOF.COM</p>	



EVERY DAY

DOMINION LINEMAN DENNIS McDADE HELPS TURN
“DON’T WALK” INTO “WALK” ALL OVER VIRGINIA.

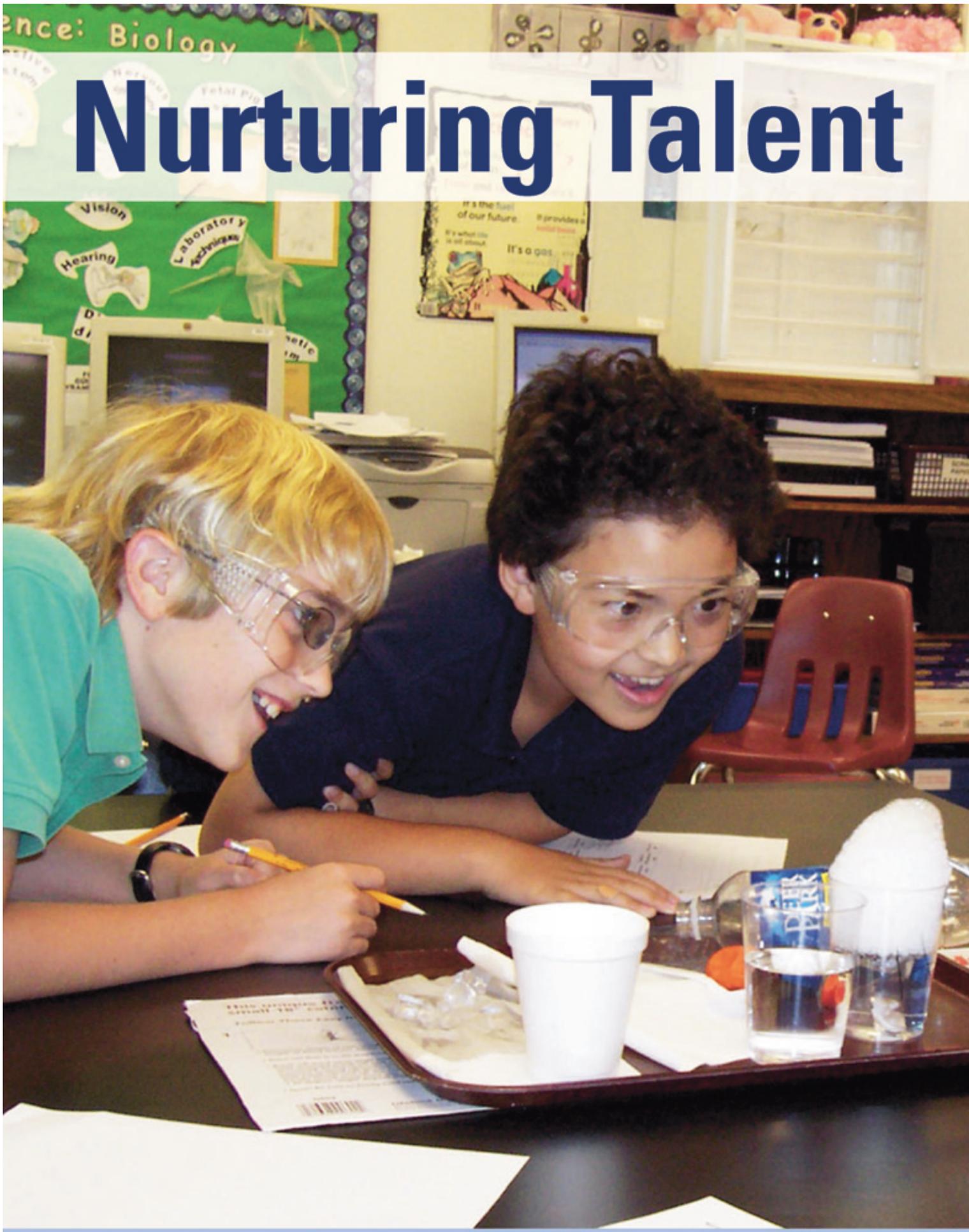
At Dominion, we’re leading the way to a brighter energy future. It takes a balanced mix of new energy sources to ensure that we have the reliable electricity we’ll need as Virginia continues to grow. Using a combination of wind power, clean coal, emissions-free nuclear energy and clean-burning natural gas—along with conservation—Dominion’s plan will help strengthen our economy, keeping our businesses growing and communities vibrant. It’s a strong step in the right direction for Virginia.

WHAT WE DO EVERY DAY, POWERS YOUR EVERY DAY.



Dominion
It all starts here.

www.dom.com



Nurturing Talent



Our Next
Open
House is
Jan. 6th!



Accelerated Programs

The award-winning Nysmith School nourishes minds with a caring environment and daily science, computers, foreign language and logic. Most importantly, subjects can be accelerated to reach the full potential of every child.



Private Tours Daily.
Call Today. Limited Space.
(703) 435-7711.
www.Nysmith.com