



# Congressional Action

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What's Ahead  
For 2009

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WAYS TO  
HAVE FUN

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U.S. Rep. Gerry Connolly (D-11) thanks his wife, Cathy, for her support during his recent campaign for Congress during an open house in the Longworth House Office Building on Tuesday following his official swearing-in to the U.S. Congress.

PHOTO BY ROBBIE HAMMER/THE CONNECTION CALENDAR, PAGE 8 ♦ SPORTS, PAGE 10 ♦ CLASSIFIED, PAGE 12

## PROGRAM FOR KIDS

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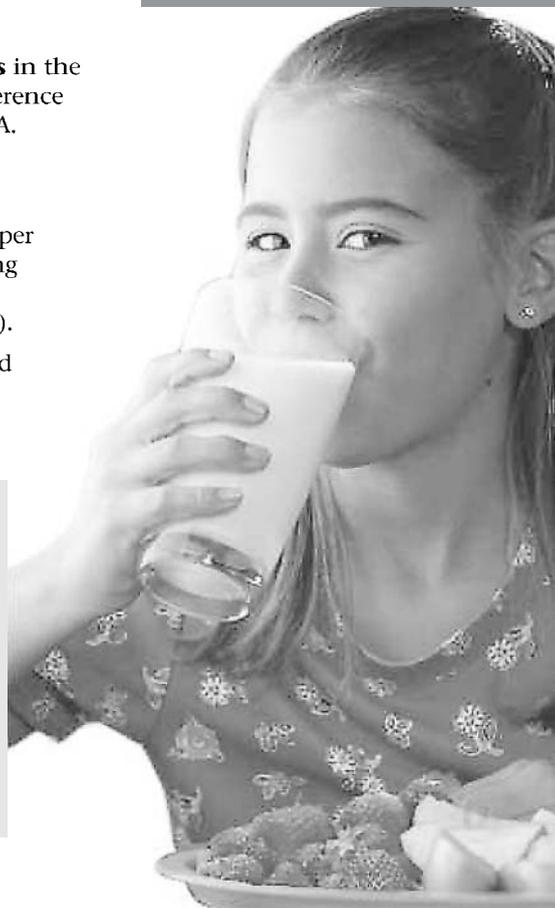
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Simple Nutrition and Physical Activity ages 12-15



## NEWS



### Old Times and New Year

As part of the City of Fairfax's First Night Celebration on Jan. 31, the Fairfax Spotlight on the Arts organization hosted a 1930s Hard Times Depression-Era swing dance at Old Town Hall. Great Harvest Bread Company of Burke donated bread for a charity bread line and Metro Silver Diner of Fairfax donated soup for a soup kitchen. Head Over Heels dance company even presented a Charleston performance. Guests were encouraged to dress in vintage clothing with prizes awarded to the best outfits. The Fairfax City Swing Band played big band hits from the 1930s and kept everyone dancing into the New Year.

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## Budget Concerns Cloud Outlook for '09

**Budget, downtown redevelopment top list of priorities for city in next year.**

BY DEREK B. JOHNSON  
THE CONNECTION

The year 2008 was one of change for Fairfax County, as residents helped vote Sen. Barack Obama (D-Ill.) to the White House, lost their board chairman to Congress and dealt with a faltering economic situation that melted down into a full-blown recession. A look ahead will reveal some of the top issues expected to affect the Fairfax area in 2009.

Budget concerns top the list of almost every government body at the local, county and state level. The latest figures released by Fairfax County estimate a budget shortfall of over \$650 million for 2010 fiscal year, set to begin in June 2009. On Feb. 23 the county Board of Supervisors is expected to review an early draft of a plan to balance the budget. By law, the Commonwealth of Virginia cannot spend over budget like the federal government. Supervisor Sharon Bulova (D-Braddock) said a reduction in library hours, a reduction in money given to non-profit organizations and examine opportunities for consolidation among



In 2008, the City of Fairfax approved plans to build the Sherwood Community Center at Van Dyck Park.

agencies and departments, though she declined to give an example, citing the early nature of the process.

"More and more people are turning to the county for help," said Bulova. "We need to work smarter and trying to prioritize what our greatest needs are."

**THE CITY OF FAIRFAX** has its own budget woes to deal with. After undergoing a round of cuts to get under this year's threshold, the city faces a shortfall of \$12 million-15 million for the 2010 fiscal year. Mayor Robert Lederer sits on the city's budget committee and said that he envisioned

**"My viewpoint has always been we can't tax our way out of this problem."**

— Mayor Robert Lederer

the current economic climate getting worse before it got better.

"My viewpoint has always been we can't tax our way out of this problem," he said.

Still both Lederer and City Council member Steve Stombres said that everything is in on the table in regards to balancing the books, including a measure that would re-

sult in a higher real estate tax rate. Lederer said he favored a model in which every dollar accounted for in tax increases must be complemented by a dollar in cut spending.

Stombres said raising the real estate tax rate on falling housing prices would help to counteract some of the tax revenue the city has been losing. He said the council would have to be careful and the rates should be designed to ensure that residents only continue to pay their real estate taxes at 2008-levels.

SEE BULOVA, PAGE 6

## Connolly Sworn In

**Freshman congressman to serve on budget, foreign affairs and reform committees.**

Former Fairfax County Board of Supervisors chairman Gerry Connolly (D) was sworn in as a new member of the U.S. House of Representatives on Tuesday, Jan. 6.

Connolly won Virginia's 11th Congressional District election in November and takes over for 14-year Republican incumbent Tom Davis, who did not run for re-election. He will represent most of central and southern Fairfax, as well as parts of Prince William County, on Capitol Hill.

Connolly expects to serve on three House committees, even though the bulk of representatives, especially freshman, are members of just two.

**THE NEW** congressman will join the committees on foreign affairs, oversight and

government reform, and the budget.

Connolly will be only freshman on either the foreign affairs or budget committees but has professional experience that has prepared him for both assignments, he said.

He developed and oversaw government budgets as a member of the Fairfax County Board of Supervisors for 13 years. Before entering public life, Connolly worked in the field of international relations for 25 years, including 10 years as a staff member to the U.S. Senate Committee on Foreign Relations.

Connolly considers his assignment to the foreign affairs committee an asset, since nearly 30 percent of residents in Virginia's 11th Congressional District are foreign born.

"My district is global in its perspective,"

**"My district is global in its perspective."**

— U.S. Rep. Gerry Connolly (D-11)



U.S. Rep. Gerry Connolly (D-11) poses with Speaker of the House Nancy Pelosi, family members and friends for a photo as he marks his first day as a congressman at the U.S. Capitol on Tuesday evening.

he said.

Several of Connolly's constituents may also have an interest in his seat on the government reform committee, which has oversight over federal employees and contractors. Before leaving office, Davis was the ranking Republican on the government reform committee.

As a committee member, Connolly expects to be an advocate for federal employees and contractors, whose value and professionalism can sometimes be overlooked by members of congress from other parts of the country, he said.

— JULIA O'DONOGHUE

# Just for Fun

Connection begins list of fun activities to add to brand new calendar.

## Art-Center formally known as...

**The Workhouse Arts Center**  
9601 Ox Road  
Lorton

[www.workhousearts.org](http://www.workhousearts.org)

The Workhouse Arts Center opened its doors in Lorton in 2008. Located on the grounds of the former Washington, D.C. prison, the state-of-the-art facility provides a visual and performing arts studios, exhibition spaces and engaging art education programs for the community. The Workhouse provides a home for more than 150 of the region's finest professional and emerging artists to express their creativity and their works. They offer classes, exhibitions, visual performances, a Kids Zone and a Body and Mind program. Call for more information about classes and events, 703-495-0001.

## Something for Arts Sake

**Spotlight on the Arts**  
City of Fairfax

In April, the City of Fairfax is transformed to an arts mecca thanks to the annual Spotlight on the Arts festival. The festival includes art exhibits, dramatic presentations and musical performances at several venues in the city and at George Mason University and the Annandale campus of Northern Virginia Community College. For more, call 703-352-ARTS.

## Climb at Burke Racquet

**Burke Racquet & Swim Club**  
6001 Burke Commons Road  
Burke

The Burke Racquet & Swim Club has a state-of-the-art indoor climbing wall, and a challenging one at that. After a rigorous climb, there are also tennis and racquetball courts to get out some aggression. Non-members can climb the wall for \$12. Call 703-250-1299 for more information.

## Catch a Game at GMU

**Patriot Center**  
4500 Patriot Circle  
Fairfax  
703-993-3000

Located on the campus of Northern Virginia's George Mason University, the Patriot Center seats 10,000. Tickets may be purchased at the Patriot Center box office, which is open Monday-Thursday 10 a.m.-7p.m. and Friday-Saturday, 10 a.m.-5:30 p.m. Tickets are also available at all Ticketmaster outlets, including all Hecht's departments stores and all Kemp Mill and

Tower Records stores, and by calling Ticketmaster at 703-573-SEAT or 202-397-SEAT. Tickets may also be purchased online at [www.ticketmaster.com](http://www.ticketmaster.com). Group sales discounts are offered for most of the family entertainment presentations and some concerts at the Patriot Center. For more information on group sales discounts, contact Washington Sport & Entertainment at 202-661-5061.

## Recreate at Oak Marr Rec Center

**Oak Marr Rec Center/Oak Marr Golf Complex**  
3200 Jermantown Road  
Vienna

The center, located in Oakton, has an Olympic-sized pool, a spa, a mini "beach" area, and a diving complex. The facility also has two racquetball courts, volleyball courts, and a highly equipped fitness center. Next to the rec center is the Oak Marr Golf Complex. This site provides private and group lessons year round. There are clinics, special events, and junior programs offered at this site. The park includes a large indoor recreation center and a miniature golf course. Cost of admissions is \$8.50 for adults and \$5.50 for children. Call 703-281-6501 for more information.

## Swim at South Run

**South Run RECenter**  
7550 Reservation Drive  
Springfield

South Run RECenter features a 25-by-25-yard heated indoor pool that has two diving boards and a wading area. The RECenter also has a natatorium with a poolside spa, outdoor sun deck, and a full locker room with saunas. After having some fun in the water, guests at the RECenter can also enjoy the racquetball/wallyball courts and the fitness center. Call 703-866-0566 for more information about the RECenter.

## Skate With Class

**Wakefield Skate Park**  
8100 Braddock Road  
Annandale

[www.co.fairfax.va.us/parks/skatepark](http://www.co.fairfax.va.us/parks/skatepark)  
Wakefield Skate Park offers a variety of classes for young athletes to learn basic skills and expand their current repertoire of moves and tricks.

Located at the Audrey Moore RECenter, Wakefield offers aggressive



Mural art by Matthew McCullum, on the exterior of The Workhouse Arts Center in Lorton.



Springfield artist Marni Maree works on a piece of art at the Workhouse Art Center.

inline skating and a safe approach to rails and ramps, skateboarding classes that range from novice boarders to those with significant experience and BMX/Freestyle bike camps that teach jumps, gaps and grinds. Safety equipment is available for rent at the park for a small fee. Call 703-321-7081 for more information.

## Toss a Hole-in-One

**Disc Golf**  
Burke Lake Park  
7315 Ox Road  
Fairfax Station

Burke Lake Park features an 18-hole golf course and a renovated miniature golf course. But there's also the opportunity to play golf without swinging a single club. The park features an 18-hole disk golf course, located in the woods around the park. It's B.Y.O.F. (Bring Your Own Frisbee), and the object is to toss the disk into a hanging basket (i.e. the "hole"). Call 703-323-1641 for more information.

## Catch a Delicious Bass

**Fountainhead Regional Park**  
10875 Hampton Road  
Fairfax Station  
[www.nvrpa.org/fountainhead.html](http://www.nvrpa.org/fountainhead.html)

Fountainhead Regional Park features a series of bass fishing contests throughout the year. Fifteen spring, summer and fall tournaments are scheduled to culminate

with an invitation-only finale in the fall. Call 703-250-9124 for information about the tournaments and the park.

## Work on Your Triple Axel

**Fairfax Ice Arena**  
3779 Pickett Road  
Fairfax  
[www.fairfaxicearena.com](http://www.fairfaxicearena.com)

Fairfax Ice Arena features ice skating lessons and both free and private skating parties. During the week it costs between \$5.75-\$7 to skate, depending on the age of the skater. Rates are slightly higher on the weekend. Skates can be rented for \$2.75. Hockey skates can be rented for \$3.50. The arena also hosts skating classes for different levels of experience throughout the year. Call 703-323-1132 for more information.

## Go for the Glory

❖ **Glory Days of Burke**  
9526-C Old Keene Mill Road  
Burke

❖ **Glory Days Grill**  
9459 Lorton Market St.  
Lorton

This neighborhood sports bar features half-price appetizers every night after nine, Wing Night on Wednesday and a friendly, sports-oriented atmosphere. A high-definition, big-screen TV adorns the front wall and Washington's finest sports teams are always on. Pick from a full rack of ribs, Glory Days' own unique burger choices or one of close to a dozen beers on tap.

## Get Out Your Bike Pump

**Tour de Lee**  
Beulah Park adjacent to Lane Elementary School  
Springfield

Each October, Supervisor Jeff McKay (D-Lee) sponsors the Tour de Lee bicycle event. More of an opportunity to tour the trails and streets of the Lee District than an ac

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# CRIME

Activities reported by the City of Fairfax police department through Jan. 2.

## ASSAULT

**9500 Block of Main St. / Bus Stop.**  
On Dec. 20, at 10:30 a.m., the victim reported that he was standing near the bus stop when an unknown man, for no apparent reason, approached him and punched him in the face and then fled the scene. The suspect is described only as an Asian male, in his early 40s, 5 feet 11 inches in height, weighing about 180 pounds. The victim refused medical treatment for his minor injury.

## EMBEZZLEMENT

**4080 Jermantown Road / Kmart.**  
On Dec. 20, at 7:48 p.m., the loss prevention manager reported that he discovered that an employee had been stealing merchandise and cash from the business since August. Investigation into the case by the Patrol Division led to the arrest of Arslan Arshad, 20, of the 4300 block of San Carlos Drive, Fairfax. Arshad was charged with embezzlement and transported to the Fairfax County Adult Detention Center.

**3759 Pickett Road / Fair City Auto Body and Paint.** On Dec. 24, at 2:29 p.m., the owner reported that between June 30 and Oct. 1 a former employee had embezzled a large sum of money from the business bank account.

## LARCENY

**10330 Layton Hall Drive / Layton Hall Apartments Parking Lot.**  
On Dec. 26, between 11 a.m.-2 p.m., unknown person(s) gained entry into a locked vehicle and stole cash.



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\*\*\* \*Every Night after 9PM. Dine in only. Items from appetizer section apply.\*\*\*



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# Locals Lift a Heavy Load for Charity

**Lift-A-Lot-A-Thon at training facility raises funds for Side-Out Foundation.**

BY JASON MACKEY  
THE CONNECTION

Allan Kehrer first met Sarah Walls when the two worked together at another personal training facility, much like the one where the two convened last Saturday for the Student Athlete Performance Training Center's Lift-A-Lot-A-Thon.

Walls, who owns SAPT and works as a strength trainer at nearby George Mason University, donated all proceeds from the event to the Side-Out Foundation, a local nonprofit started by Burke resident and Annandale volleyball coach Rick Dunetz.

When Walls asked Kehrer to participate in the charity event to raise money for breast cancer patients, he gladly obliged. He had seen his share of money-raising races or walks but never an event that focused so heavily on Kehrer's passion: weight training.

"It's more fun to participate in something like this," said Kehrer of the Lift-A-Lot-A-Thon, which featured a mix of monster truck tire flipping, farmer's walks, pushups, pull-ups and vertical jumps. "This is a higher-caliber thing, and it'll gather more attention from a different group of people."

According to Walls, 45 people partici-



**Nate Tincher, a graduate of George Mason University, tries to do as many pushups as he can in 60 seconds during the first-annual Lift-A-Lot-A-Thon last Saturday.**

ipated in the daylong event. Around \$2,000 was raised for breast cancer patients, with teams of two rotating in and out of the facility every 20 or 30 minutes.

**LOCATED** at 3831 Pickett Road down Main Street from W.T. Woodson High School, SAPT prides itself on improving athletic and intellectual success in youth, amateur, Division I and professional athletes. Most attendees at the facility are high school students and most live in Fairfax County.

Walls not only thought of the Lift-A-Lot-

A-Thon as an opportunity for some extra training but also a chance for her 18-month-old business to have a positive impact on the community.

"Besides, just lifting weights and getting stronger, what we do here is about a little bit more than that," Walls said. "The goal is to see if we can do this the first time and see if we can build upon it and make it larger for the future."

Nate Tincher graduated from George Mason University last year and trains at SAPT as a hobby. Like Kehrer, he enjoys



**Allan Kehrer, left, and Ryan Walls team to flip a monster truck tire during the Student Athlete Performance Training Center's Lift-A-Lot-A-Thon last Saturday.**

**"It'll gather more attention from a different group of people."**

—Allan Kehrer

powerlifting and was more than happy to help out a good friend and a worthy cause.

"[Walls] told me about it, and I just decided to join up," Tincher said. "I had a friend whose mom had breast cancer and passed away, so I was really just coming to help out."

## Bulova, Herrity Square Off in Feb. 3 Special Election

FROM PAGE 3

"That is something I think people would generally agree to. The debate would be if and how far we would go above that," said Stombres. "I'm very sensitive to the fact that when people are balancing their own check book, how much do we want to ask them to increase their taxes?"

**PLANS TO** build a community center in the City of Fairfax have undergone scrutiny all throughout 2008. At a December 2008 meeting, the City Council approved plans. Most of the legwork is done, with groundbreaking expected to begin at some point next year.

"The council has totally signed off on a vision for the community center," said Lederer. "Now it's in the hands of the architects, staff and the contractors."

In 2008, Fairfax County history commissioners Mary Lipsey and Lynne Garvey-Hodge founded the Fairfax County Cemetery Preservation Association. Inspired to action after an incident of vandalism at Marshall Family Cemetery in Burke, the

association aims to locate, catalogue, preserve and maintain the over 400 private cemeteries peppered throughout Fairfax County. Many old family cemeteries do not show up on today's county maps, and Garvey-Hodge said they are currently working on developing a survey which they hope will help them locate more.

**"When people are balancing their own check book, how much do we want to ask them to increase their taxes?"**

— Steve Stombres, Fairfax City Council member

"I see this as a tremendous undertaking that will require significant community support. We will need to hear from residents, particularly, if they know of or have a cemetery on their property or in the vicinity of their property," she said.

The redevelopment of downtown Fairfax has been promised for decades. The wait may get longer in the face of a recession

that city leaders say is making it difficult to attract local business owners. Stombres said city officials could help the process along, but that ultimate relief may have to wait until economic conditions improve.

"I think as winter turns to spring in '09, you'll see the city encouraging folks to make sure we have attractive leasing rates that

we're doing all the things we can do to promote the city of Fairfax," said Stombres. "A lot of [companies] are downsizing rather than expanding."

Lederer said improving the attractiveness of the downtown area to local investors was key. That includes increasing the city's parking capacity, the commissioning of live entertainment on the streets every Friday and the continuation of seasonal mainstays like the Chocolate Lover's Festival in February and the Wine Festival in October. One change happening downtown over the next month that residents may

notice is the disassembling of various utility and power lines as they are moved underground and out of sight from the public.

"That's one of the big things that the community has not seen yet that's going to make a huge impact on [the appearance] of downtown Fairfax," said Lederer.

For the first time in six years, Fairfax County will have a new chairman of the Board of Supervisors after Gerry Connolly (D-At large) was elected to represent Virginia's 11th Congressional District in November. Two county supervisors, Pat Herrity (R-Springfield) and Bulova have been nominated by their respective parties. Independent Green candidate Carey Campbell is also on the ballot. The special election to replace Connolly has been scheduled for Feb. 3.

If either Bulova or Herrity wins, a special election to fill the vacated seat on the Board of Supervisors would be scheduled for March 10. The winner of that race would have less than three weeks to prepare for a crucial county budget meeting scheduled for May 30.

# For the Fun of It

FROM PAGE 4

tual race, the event includes a 1.5-mile fun ride for families and longer 15- and 30-mile rides for serious bicyclists. For more, visit [www.fairfaxcounty.gov/lee/CalendarofEvents/tDL.htm](http://www.fairfaxcounty.gov/lee/CalendarofEvents/tDL.htm).

## Neighborhood Rivals

❖ **Robinson Secondary School**  
5035 Sideburn Road  
Fairfax

❖ **Lake Braddock Secondary School**  
9200 Burke Lake Road  
Burke

One might argue that this rivalry lost its luster when Robinson switched from the Patriot to Concorde District, but don't tell anyone associated with the Lake Braddock-Robinson rivalry that. When these two Northern Region powers get together – no matter the sport – it always makes for an entertaining event.

## Roll a Turkey

**Bowl America**  
615 Guinea Road  
Burke  
[www.bowl-america.com](http://www.bowl-america.com)

One of the premiere bowling chains in the nation has multiple locations in the Northern Virginia area. Each site offers state-of-the-art scoring equipment and plenty of lanes. More importantly, there's beer by the pitcher. Call 703-425-9303 for Burke, 703-273-7700 for Fairfax, and 703-354-3300 for Alexandria.

## Stallions-Hawks Split

❖ **South County Secondary School**  
8307 Silverbrook Road  
Lorton

❖ **Hayfield Secondary School**  
7630 Telegraph Road  
Alexandria

When South County Secondary school

opened its doors in 2005, several of Hayfield Secondary School's top athletes were forced to switch schools. It's a point that's not lost on coaches and players at Hayfield. Every time these two meet, still, it's always a treat.

## Slime Away

**Slugfest**  
Hidden Pond Nature Center  
8511 Greeley Blvd.  
Springfield  
703-451-9588

Anti-slug "protester" Captain Salty often tries — but always fails — to quench this annual celebration for lovers of all things sluglike. Slugfest, a popular tradition at Hidden Pond, is in September and features events such as a slime toss, slug races, a slug play and, of course, the slimy creatures themselves.

## Stick an Oar in the Water

**Kayaking with NVCT**  
Fountainhead Regional Park,  
Fairfax Station  
Pohick Bay, Lorton  
Mason Neck, Lorton

## Bull Run Marina, Clifton

All through the summer, the Northern Virginia Conservation Trust offers kayaking trips at several locations along the Potomac River and Occoquan Reservoir. A naturalist is on hand to illuminate the flora and fauna along the shore. Kayaking equipment is provided, but participants are asked to bring water and sunscreen and wear appropriate attire. Registration is required and a fee is collected to cover expenses. Contact Whitney Bailey at 703-354-5093 or [wbailey@nvct.org](mailto:wbailey@nvct.org).

## Ride with 3,000 Bikers

**Ride of the Patriots**  
Patriot Harley-Davidson  
9739 Fairfax Blvd.  
Fairfax  
703-352-5400

On Memorial Day weekend, over 3,000 motorcyclists line up on Fairfax Boulevard in Fairfax before heading to the Pentagon to join the annual Rolling Thunder ride into Washington, D.C. Sponsored by Patriot Harley-Davidson and the Fairfax Harley Owners Group (H.O.G.), the ride honors the

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**Home Care NEWS**

Presented by  
Laura & Michael  
Pierce, CSA

**BLOOD PRESSURE MONITOR**

Measuring blood pressure at home and keeping a record of the data will show the patient and his or her doctor how much blood pressure changes during the day. A doctor can use the information to see how well medication is working to control the high blood pressure. In measuring blood pressure at home, a patient can use either an aneroid monitor or a digital monitor. The aneroid monitor has a dial gauge that is read by looking at a pointer. The cuff is inflated by hand by squeezing a rubber bulb. Digital monitors have either manual or automatic cuffs, and the blood pressure reading flashes on a small screen. The type of monitor chosen can match the patients needs.

Home medical aids, such as this blood pressure monitor, are a source of safety and offer a degree of independence. At **Comfort Keepers**, our trained, bonded, and insured staff can provide home care, ranging from running errands and companionship to nutrition and dietary management. Our office is located at **10721 Main St., Ste. 100, Fairfax. 703.591.7117**. Office hours: M-F 9-5 and our care services are available 24/7. *Comforting Solutions for In Home Care.* The quality of our services is due to the excellence of our caregivers. Sometimes all you need is a little assistance.

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# CALENDAR

FAIRFAX CONNECTION ASSISTANT EDITOR PAULA FRIEDRICH  
703-917-6459 OR FAIRFAX@CONNECTIONNEWSPAPERS.COM

To have community events listed, email southcalendar@connectionnewspapers.com or call 703-917-6459 with questions. Deadline for calendar listings is two weeks prior to event.

## THURSDAY/JAN. 8

**JP McDermott**, 8 p.m. at The Old Town Hall, 3999 University Drive, Fairfax. Free swing lesson at 7:30 p.m. Admission \$10. 703-424-1745 or www.headoverheelsdance.com.

**Puppy Tales**, 10:30 a.m. Stories about puppies. Age 13-23 months with parent. Burke Centre Library, 5935 Freds Oak Road, Burke. 703-249-1520.

**Teen Book Chat**, 7:30 p.m. Mother-daughter book group. Pride and Prejudice by Jane Austen. Call to register. Age 12-16 with adult. Kings Park Library, 9000 Burke Lake Road, Burke. 703-978-5600.

**Independent Living Exercise Class**, 12 p.m. Reduce falls, improve balance and build strength. Pohick Regional Library, 6450 Sydenstricker Road, Burke. 703-644-7333.

**Altan**. Irish jigs and ballads. 8 p.m. at The Barns. Tickets \$24. Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. 1-877-WOLFTRAP.

## FRIDAY/JAN. 9

**Lavay Smith & Her Red Hot Skillet Lickers**. 8 p.m. Swing dance of the 1940s and '50s at The Barns. Tickets \$22. Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. 1-877-WOLFTRAP.

**U. S. Navy Sea Chanters Classical Chorus**. 8 p.m. at the Old Town Hall, 3999 University Drive, Fairfax. Free. 703-352-ARTS.

**U. S. Marine Band Sousa Season Opener**. 7:30 p.m. at George Mason University's Center for the Arts, 4373 Mason Pond Drive, Fairfax. 703-563-1990.

**Lunch Bunnies**, 12 p.m. Bring lunch and listen to stories. Birth-5 with adult. Kings Park Library, 9000 Burke Lake Road, Burke. 703-978-5600.

**Eric Scott, The Method and Marie Miller**. Pop/funk. 9:30 p.m. \$12. Jammin' Java, 227 Maple Ave. N.E., Vienna. www.jamminjava.com.

## SUNDAY/JAN. 10

**Cathy and Marcy's Family Jamboree with Special Guests: music for families**. 5-7 p.m. \$10.

Jammin' Java, 227 Maple Ave. N.E., Vienna. www.jamminjava.com.

**John Eddie**. Rock. 9:30 p.m. \$15. Jammin' Java, 227 Maple Ave. N.E., Vienna. www.jamminjava.com.

**Microsoft Excel**, 2:30 p.m. Introduction to creating spreadsheets with Microsoft Excel. Age 13 and up. Fairfax City Regional Library, 10360 North St., Fairfax. 703-293-6227.

## SUNDAY/JAN. 11

**Dr. Laurant Lee, curator of African American History**, at Virginia Historical Society, followed by a gallery tour of "Sites and Stories: African American History in Virginia," 2 p.m., Fairfax Museum and Visitor Center, 10209 Main Street, Fairfax. Free. 703-385-8414.

**25th Annual Mid Atlantic Song Contest Awards Gala and Concert**. 4 p.m. \$7 in advance and for SAW members, \$10 at the door. Jammin' Java, 227 Maple Ave. N.E., Vienna. 703-255-1566 or www.jamminjava.com.

**Fairfax County Animal Shelter low-cost rabies clinic**. 2-4 p.m. at the animal shelter at 4500 West Ox Road, Fairfax. \$12 per dog, cat or ferret. All dogs should be leashed and all cats and ferrets should be in carriers. Bring proof of current rabies vaccination record to qualify for a three-year rabies vaccine. Fairfax County 2009 dog license will be sold separately at \$10 per dog. 703-830-1100.

## MONDAY/JAN. 12

**Crafty Kids**, 3:30 p.m. Age 6-12. Kings Park Library, 9000 Burke Lake Road, Burke. 703-978-5600.

**It's Snow Much Fun**, 10:15 a.m. Stories and activities about snow. Age 3-5 with adult. Pohick Regional Library, 6450 Sydenstricker Road, Burke. 703-644-7333.

**The War**. 7 p.m. \$10 advance, \$12 at the door. Jammin' Java, 227 Maple Ave. N.E., Vienna. 703-255-1566.

## TUESDAY/JAN. 13

**Computer Tutoring**, 3 p.m. and 4 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. 703-249-1520.

**Teen Game Night**, 7 p.m. Play games and have fun at the library. Age 12-18. Burke Centre Library, 5935 Freds Oak Road, Burke. 703-249-1520.

**Book Discussion Group**, 7:30 p.m.

"The Thirteenth Tale" by Diane Setterfield. Adults. Kings Park Library, 9000 Burke Lake Road, Burke. 703-978-5600.

**Tiny Tots**, 10:15 a.m. Very short stories, fingerplays and activities. Age 13-17 months with adult. Pohick Regional Library, 6450 Sydenstricker Road, Burke. 703-644-7333.

**Small Orders**, 11:15 a.m. Very short stories, fingerplays and activities. Age 18-23 months with adult. Pohick Regional Library, 6450 Sydenstricker Road, Burke. 703-644-7333.

**Book Discussion Group**, 1 p.m. Bend in the River by V.S. Naipaul. Adults. Pohick Regional Library, 6450 Sydenstricker Road, Burke. 703-644-7333.

**Evening Book Discussion Group**, 7:30 p.m. Love in the Time of Cholera by Gabriel Garcia Marquez. Adults. Pohick Regional Library, 6450 Sydenstricker Road, Burke. 703-644-7333.

**Genealogy Databases**, 7 p.m. Search for ancestors using the library's genealogy databases and other free databases. Age 13 and up. Fairfax City Regional Library, 10360 North St., Fairfax. 703-293-6227.

**Debris**. Rock. 7:30 p.m. \$10. Jammin' Java, 227 Maple Ave. N.E., Vienna. 703-255-1566 or www.jamminjava.com.

## WEDNESDAY/JAN. 14

**Al de Meola**, guitar virtuoso. 8 p.m. at The Barns. Tickets \$35. Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. 1-877-WOLFTRAP.

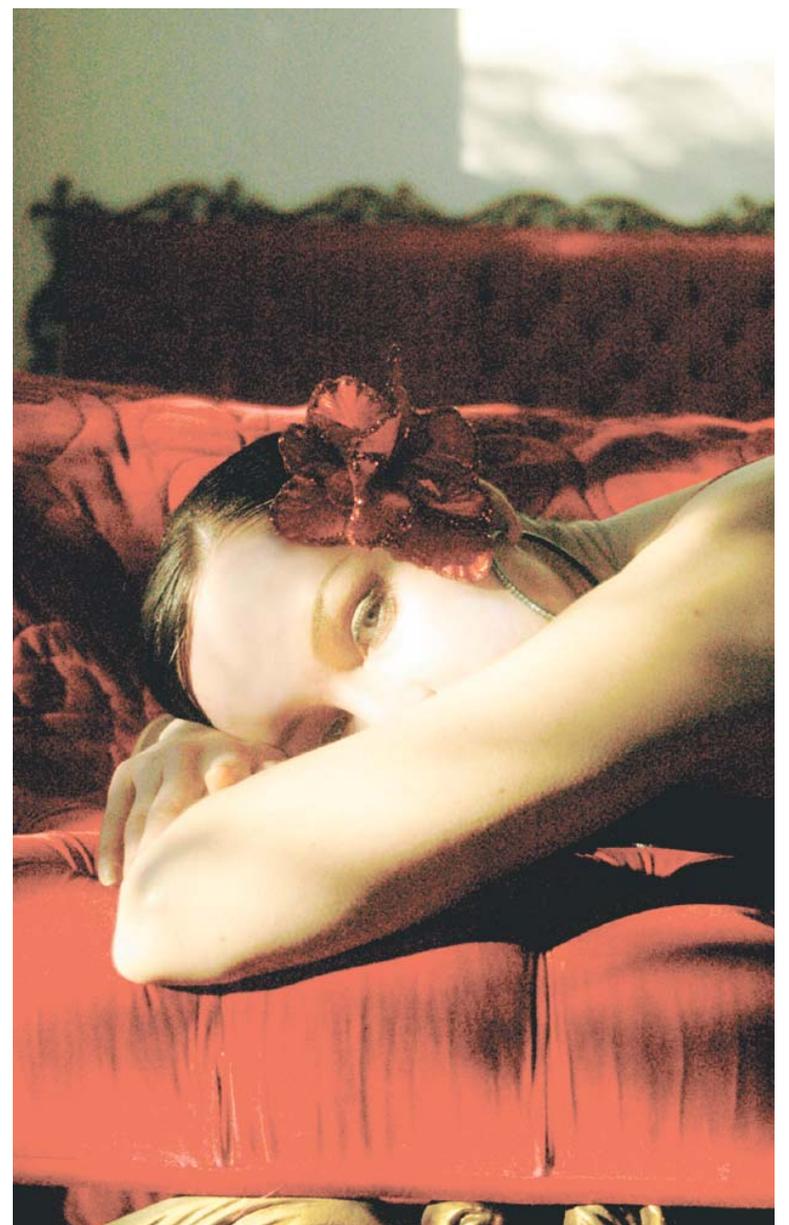
**Science and Stories**, 4:30 p.m. Stories and experiments. Age 4-6. Burke Centre Library, 5935 Freds Oak Road, Burke. 703-249-1520.

**Surfin' Safari**, 10:30 a.m. Stories, activities and a craft. Age 3-5 with adult. Kings Park Library, 9000 Burke Lake Road, Burke. 703-978-5600.

**County transportation services for older adults and adults with disabilities**, 11 a.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. 703-644-7333.

**Writer's Roundtable**, 7:30 p.m. Discuss your work with other writers. Adults. Pohick Regional Library, 6450 Sydenstricker Road, Burke. 703-644-7333.

**La Leche League of Fairfax City**, 10 a.m. Free. Fairfax Christian Church, 10185 Main St., Fairfax. 703-323-6683, 703-385-8847 or www.fairfaxcityll.org.



Lavay Smith & Her Red Hot Skillet Lickers bring the swing dance of the 1940s and '50s to The Barns at Wolf Trap Foundation for the Performing Arts on Friday, Jan. 9.

## THURSDAY/JAN. 15

**Friday Morning Music Club at Old Town Hall**, 11 a.m. at 3999 University Drive, Fairfax. Haydn Variations in F Minor with Barbara Peterson Cackler, piano. Selections from Lalo, Duke, Hue and Chabrier with Nancy MacArthur Smith, soprano and Patricia Parker, piano. Gary Schocker Memory Book with Michael Bowyer, flute, and Amy Rothstein, piano. 703-273-6097 or jormesh@fairfaxva.gov.

**Patty Larkin**, folk guitarist. 8 p.m. at The Barns. Tickets \$22. Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. 1-877-WOLFTRAP.

**Friday Morning Music Club**, 11 a.m. at Old Town Hall, 3999 University Drive, Fairfax. Free. 703-352-ARTS or www.fairfaxarts.org.

**Lunch N' Life for age 50 and up**, from 12-2 p.m. Sponsored by the Shepherd's Center of Fairfax-Burke at Jubilee Christian Center, 4650 Shirley Gate Road, Fairfax. "Secrets Behind the Lincoln Memorial" will be presented by the National Park Service. For reservations, call 703-620-0161 by Jan. 8. \$8 per person. If transportation is needed, call 703-323-4788. www.fairfax-burkesc.org.

**Let's Hear It for the Girls**, 7 p.m. Mother-daughter book discussion group. "The Black Book of Secrets" by F.E. Higgins. Age 9-11 with adult. Kings Park Library, 9000 Burke Lake Road, Burke. 703-978-5600.

**Independent Living Exercise Class**, 12 p.m. Reduce falls, improve balance and build strength. Pohick

Regional Library, 6450 Sydenstricker Road, Burke. 703-644-7333.

**Reading Across the Centuries**, 7 p.m. Writer and university instructor Wendi Kaufman leads discussion of "The Brothers Karamazov" by Fyodor Dostoyevsky. Pohick Regional Library, 6450 Sydenstricker Road, Burke. 703-644-7333.

**What Will I Wear?** 10:30 a.m. Stories and activities. Age 3-5 with adult. Fairfax City Regional Library, 10360 North St., Fairfax. 703-293-6227.

**Afternoon Reading Group**, 1 p.m. The Uncommon Reader by Alan Bennett. Adults. Fairfax City Regional Library, 10360 North St., Fairfax. 703-293-6227.

**Burke Preschool Fair**, with over 25 preschools from Burke and the surrounding area. 10 a.m.-12 p.m. at the Burke Fire Department Community Hall, 9501 Old Burke Lake Road, Burke. 866-841-9139 or www.geocities.com/momsclubburke.

## FRIDAY/JAN. 16

**Baritone Keith Phares, mezzo-soprano Patricia Risley and pianist Kim Pensinger Witman**. 8 p.m. at The Barns. Tickets \$35. Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. 1-877-WOLFTRAP.

**AVP Hot Winter Nights Pro Beach Volleyball Tour**, at 7:30 p.m. Tickets from \$15 to \$65, through www.ticketmaster.com or 202-397-SEAT. George Mason Patriot Center, 4500 Patriot Circle, Fairfax. www.patriotcenter.com.



Altan performs Irish jigs and ballads at The Barns at Wolf Trap on Thursday, Jan. 8.

# FAITH

Send notes to the Connection at south@connectionnewspapers.com or call 703-917-6459. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

**Rev. Dr. David Anderson**, from the Youth and Family Institute, will speak about Navigating the Hazards of Raising Families in the 21st Century, and How the Church Can Help You!, on Sunday, Jan. 11, 3-5 p.m. at Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax. 703-323-9500 or www.lordoflifelutheran.com.

**Messiah United Methodist**

Church, 6215 Rolling Road, Springfield. 703-569-9862 or www.messiahumc.org.

❖ **A Community of Contagious Joy.** Sunday Worship 8:15 a.m., 9:30 a.m. and 11 a.m. Interactive praise and worship service, Sundays at 7 p.m.

❖ **When Dreams Become Nightmares, Financial Peace in a Troubled Economy**, sermon series beginning Sunday, Jan. 11 at all worship services.

**Gan Israel Academy** is a Montessori-influenced kindergarten and first grade that emphasizes Jewish elementary learning, located at Chabad of Fairfax, 3939 Prince William Drive,

Fairfax. 703-426-1980 or ganisraelpreschool@gmail.com.

❖ **Gan Israel Preschool Open House**, Tuesday, Jan. 13 at 7:30 p.m. and Tuesday, March 24 at 7:30 p.m.

❖ **Jewish Kindergarten Open House** on Wednesday, Dec. 17 at 7 p.m. and Tuesday, Jan. 27 at 7 p.m.

**New Women's Bible Study** meets at Jubilee Christian Center on Tuesdays, for three months beginning Jan. 13, 9:45 a.m.-12 p.m. The study will focus on "Spirit, Soul, and Body" by Andrew Wommack. \$10 per person. Nursery provided for registered children. 703-383-1170 or www.jccag.org.

## HOME SALES

11/01/08 ~ 11/14/08

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot	AC	Subdivision
4102 ORCHARD DR	5	4	1		FAIRFAX	\$700,000	Detached	0.15		HALEMHURST
4157 LEGATO RD	3	3	1		FAIRFAX	\$596,273	Other	0.00		CROSSPOINTE
12500 CHARLES STEWART CT	4	2	1		FAIRFAX	\$525,000	Detached	0.25		FAIR OAKS ESTATES
3534 CORNELL RD	4	2	1		FAIRFAX	\$485,000	Detached	0.24		FAIRFAX CNTRY CLUB ESTS
12672 MARCUM CT	4	3	1		FAIRFAX	\$420,000	Townhouse	0.06		FAIR WOODS
4001 DOGBERRY LN	3	2	2		FAIRFAX	\$411,500	Townhouse	0.08		BIRCH POND
13203 POPLAR TREE RD	3	2	1		FAIRFAX	\$385,000	Detached	0.22		GREENBRIAR
12434B LIBERTY BRIDGE RD#306B	3	2	1		FAIRFAX	\$380,000	Townhouse			E MARKET AT FAIR LAKES
12217 APPLE ORCHARD CT	3	2	2		FAIRFAX	\$335,000	Townhouse	0.04		FAIR RIDGE
3843 FOXFIELD LN	4	3	1		FAIRFAX	\$333,000	Townhouse	0.06		FOXFIELD
3910 FAIRVIEW DR	4	2	1		FAIRFAX	\$330,000	Detached	0.20		FAIRVIEW
4505 SUPERIOR SQ #4505	3	2	0		FAIRFAX	\$315,000	Garden 1-4 Floors			GATES OF FAIR LAKES
10212 RODGERS RD	5	3	0		FAIRFAX	\$310,000	Detached	0.22		MAPLE HILL
10921 PARK RD	2	1	1		FAIRFAX	\$299,000	Townhouse	0.11		WESTMORE
12849 POINT PLEASANT DR	4	3	0		FAIRFAX	\$290,000	Detached	0.24		GREENBRIAR
4480 MARKET COMMONS DR#212	1	1	0		FAIRFAX	\$280,131	Other			ELAN AT EAST MARKET
3801 RIDGE KNOLL CT #204A	2	2	0		FAIRFAX	\$237,500	Garden 1-4 Floors			OXFORD HOUSE
4490 MARKET COMMONS DR#406	1	1	0		FAIRFAX	\$230,000	Hi-Rise 9+ Floors			ELAN AT EAST MARKET
10139 MOSBY WOODS DR	3	1	1		FAIRFAX	\$190,000	Townhouse			MOSBY WOODS TH CONDOS
12151 PENDERVIEW LN #2007	1	1	0		FAIRFAX	\$141,750	Garden 1-4 Floors			PENDERBROOK SQUARE

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For more information on MRIS, visit www.mris.com.  
To search for a home online, visit www.HomesDatabase.com.

## HEALTH NOTES

Health notes are for support groups, exercise classes, blood drives and similar events open to the public at no or minimal cost. Send notes to the Connection at south@connectionnewspapers.com or call 703-917-6459. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

**The Ostomy Support Group of Northern Virginia, LLC** monthly meeting will be Sunday, Jan. 11 at 1:30 p.m. at the Physicians' Conference Center, INOVA Fairfax Hospital, 3300 Gallows Rd., Fairfax. Free admission. 703-802-3457 or www.ostomysupportofnova.org

**Healthy Heart Pass at South Run RECenter**, on sale through Feb. 14. Passes include membership at nine RECenters, use of fitness facilities and equipment, use of pool, spa and sauna, free XYO classes and Fitlinx Computer Systems. 7550 Reservation Drive, Springfield. 703-866-0566

**Stroke and Osteoporosis Screening** on Tuesday, Jan. 13, beginning at 9 a.m. at Community Covenant Church, 7018 Sydenstricker Road in Springfield. Appointments will begin at 9 a.m. To schedule an appointment, call 1-800-697-9721 or visit www.lifelinescreening.com. Pre-registration is required. Screenings are painless, accurate and affordable. Bone density screening, finger-stick blood tests and liver enzyme screenings are also available. Register for a Wellness Package with Heart Rhythm for \$149. All five screenings take 60-90 minutes to complete.

**Life with Cancer** has a variety of support programs for cancer patients and their families at the Cancer Family Center, 2700 Prosperity Ave., Fairfax. 703-776-2841 or www.lifewithcancer.org.

## COMMUNITIES OF WORSHIP



**Messiah**  
United Methodist Church  
6215 Rolling Rd., Springfield  
(Near West Springfield High School)  
**(703) 569-9862**

**Sunday Services**  
8:15, 9:30 & 11:00 am  
Heartline Contemporary Service 7:15 p.m.

**Sunday School**  
9:30 am & 11:00 am  
"Serving God by Serving Others"  
Visit our website: <http://www.messiahumc.org>

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**Assembly of God**  
Jubilee Christian Center  
703-383-1170  
Fairfax Assembly of God  
703-591-4284  
Way of Faith Assembly of God  
703-573-7221

**Baptist**  
Braddock Missionary  
703-830-4125  
Calvary Hill...703-323-1347  
Fairfax Baptist...703-273-1820  
Fairfax Circle...703-573-7372  
Greater Little Zion...703-764-9111

**Bible**  
Bancroft Bible Church  
703-425-3800

**Catholic**  
St. Leo the Great Catholic  
703-273-5369  
St. Mary of Sorrows Catholic  
Church...703-978-4141  
St. Paul Catholic Church  
703-968-3010

**Coptic Orthodox**  
St. Mark...703-591-4444

**Disciples of Christ**  
Fairfax Christian Church  
703-385-3520

**Episcopal**  
Church of the Apostles  
703-591-1974

**Jubilee Christian Center**  
Celebrating the sounds of Freedom  
Realtime Worship - Sunday 8:45 & 11 AM  
Sunday School 10:10 AM  
Sunday Evening - 6:30 PM Youth Meeting  
Family Night - Wednesday 7:15 PM  
Call for Sunday Evening Worship Home Group Schedule  
visit our website: [www.jccag.org](http://www.jccag.org)

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Truro Episcopal...703-273-1300

**Jewish**  
Congregation of Olam tikvah  
703-425-1880  
Chabad Lubavitch...703-426-1980

**Lutheran**  
Bethlehem Lutheran...703-978-3131  
Christ Lutheran...703-273-4094  
Kings of Kings...703-378-7272  
Lord of Life...703-323-9500

**Methodist**  
Bruen Chapel United...703-560-1665  
Fairfax United...703-591-3120  
Pender United...703-278-8023  
St. George's United...703-385-4550

**Non-Denominational**  
Fair Oaks...703-631-1112  
Fairfax Church of Christ...703-631-2100  
Fairfax Community Church...  
703-323-0110  
Sovereign Grace Church...703-691-0600  
Jesus Christ Crucified...703-385-9015  
Metropolitan Community Church  
703-691-0930  
Salvation Army...703-385-9700  
Shepherd's Heart...703-385-4833

Word of Life Church  
International...  
703-978-7101

**Pentecostal**  
The Greater Pentecostal Temple...  
703-385-9426

**Presbyterian**  
Christ Presbyterian Church...  
703-278-8365  
Fairfax Presbyterian...  
703-273-5300  
Korean Presbyterian...  
703-321-8090  
Providence Presbyterian...  
703-978-3934  
New Hope...703-385-9056  
Shalom Presbyterian...  
703-280-2777

**Seventh Day Adventist**  
Fairfax Seventh Day Adventist  
703-978-3386

**United Church of Christ**  
Little River United  
Church of Christ  
703-978-3060

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## OPEN HOUSES SAT./SUN. JANUARY 10 & 11



6404 Battle Rock Dr • \$629,000 • Sun Jan 11 from 1-4 • Long and Foster • AJ Garlich • (703)-338-6748

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper.  
For more real estate listings and open houses visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com),  
click the Real Estate links on the right side.

**Call Specific Agents to Confirm Dates & Times.**

### Centreville/Clifton

6404 Battle Rock Dr	\$629,000	Sun Jan 11 from 1-4	Long and Foster	AJ Garlich	703-338-6748
5212 Jarrett Ct	\$475,000	Sun Jan 11 from 1-4	Keller Williams	Deborah Reynolds	703-855-7827
7071 Balmoral Forest Rd	\$1,650,000	Sun Jan 11 from 1-4	Long and Foster	Maureen Amendola	703-437-3800

### Chantilly/Oak Hill

4302 Cub Run Rd	\$424,900	Sun Jan 11 from 1-4	Help-U-Sell Patriot	Dianne Rastelli	703-978-7355
4191 Week Pl	\$639,900	Sun Jan 11 from 1-4	RE/MAX Premier	Ronald Layton	703-421-1433

### Fairfax

5356 Ashleigh Rd	\$769,900	Sun Jan 11 from 1-4	Long and Foster	Judy Fulmer	703-795-1022
2655 Prosperity Ave, # 205	\$330,000	Sun Jan 11 from 2-4	Weichert	Kathy Shea	703-691-0555
9328 Glenbrook Rd	\$550,000	Sun Jan 11 from 2-4	Avery-Hess	Donna Henshaw	703-801-9000
5602 Surfbird Ct	\$589,500	Sun Jan 11 from 1-5	Keller Williams	Steve Eahart	703-995-9500
10179 Bessmer Ln	\$472,500	Sun Jan 11 from 1-4	Long and Foster	Catherine DeLoach	703-946-1775
4516 Billingham St	\$547,500	Sun Jan 11 from 1-4	ERA Elite Group	Paula DeVilbiss	866-718-9734

### Fairfax Station/Laurel Hill

7009 Sylvan Glen Lane	\$999,900	Sun Jan 11 from 1-4	Long & Foster	Marsha Wolber	703-618-4397
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### Burke

7320 Lightship Ct	\$409,900	Sun Jan 11 from 1-2	RE/MAX Premier	Diane Brisk	703-863-5665
6534 Koziara Dr	\$579,900	Sun Jan 11 from 1-4	Re/Max 100	Barbara White Adkins	571-339-6014
9732 Stipp St	\$624,950	Sun Jan 11 from 1-4	Re/Max 100	Monica Sims	703-642-3380

### Reston

11400 Windleaf Ct	\$349,900	Sun Jan 11 from 1-4	Samson Realty	Pete Giudici	703-851-0423
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To add your **FREE** Realtor Open House listing, call:

**Chantilly/Oak Hill, Centreville/Clifton, Fairfax**  
Contact: **Karen Washburn**  
[kwashburn@connectionnewspapers.com](mailto:kwashburn@connectionnewspapers.com)

**Springfield/Kingstowne, Burke, Fairfax Station/Laurel Hill**

Contact: **Tammy Johnson 703-868-1461**  
[tjohnson@connectionnewspapers.com](mailto:tjohnson@connectionnewspapers.com)

All listings due by **Mon. at 3pm.**

# The Muzzio Family Business

Sophomore Joey Muzzio approaches father's high jump mark at Robinson.

BY JASON MACKEY  
THE CONNECTION

**T**rack and field, unlike most other sports, offers participants a direct measuring stick of their performance. If a high school basketball player drills a 3-pointer from beyond the arc at 19 feet, 9 inches, that same shot would fall 4 feet short of an NBA basket.

In football, measurements are mostly standard throughout the sport but up to 21 other players can become a deciding factor on any given play. Pitch speeds and movements vary just a tad from high school to professional baseball, not to mention the differences between aluminum and wooden bats.

But in track and field and more specifically the high jump, 76 inches means 76 inches. No outside factors exist except the athlete and the bar. In the Muzzio household, those 76 inches have become a hot-button topic as of late.

Joey Muzzio is a sophomore high jumper on the Robinson track and field team. At an indoor meet on Dec. 13, Muzzio cleared 6 feet, 3 inches, which is one inch shy of the Robinson school record.

The current record holder? It's Muzzio's father, Rob, who's also a coach for the Rams.

"I saw that record and started thinking, 'Wouldn't that be awesome if I broke it?'" Joey Muzzio said of the 6-4 record. "Because it's my dad's, I know that would make him

**"I feel like I have a big advantage."**

— Robinson sophomore Joey Muzzio



PHOTO COURTESY OF PATRICK TAITANO

**Joey Muzzio, a sophomore on Robinson's track and field team, has cleared 6 feet, 3 inches on two occasions this season. His desired mark? His father's record of 6-4.**

happy and that would be really cool."

**ASKED WHETHER** or not it mattered if his record stood the test of time, Rob Muzzio didn't hesitate. And it was not the answer one might expect.

"Who else in the world would you want to have it other than your own kid?" he said. "It would be really nice if one of the kids that you coach were to get it, but for it to be your own son, that would be awesome."

Not only does Rob Muzzio hold the school's high jump record, his name appears a few other times on that list, too. Rob Muzzio holds the 110 outdoor hurdles, the 55 indoor hurdles and indoor long jump records.

He's also an Olympic decathlete, finishing fifth in the 1992 Barcelona Games. Earlier, Rob Muzzio attended George Mason

University and won the NCAA Division I decathlete title in 1984 and 1985, becoming the youngest to do so as a 19-year-old in 1984.

**THE ELDER** Muzzio never forced track and field on his son, although he admitted to giving a slight nudge toward the sport as a conditioning measure for football. "We told him to go and do something," Rob Muzzio joked.

Joey Muzzio started jumping with the Southwestern Youth Association and immediately started to gravitate toward the high jump. He had a natural jumping ability, and, before his form resembled anything the least bit formidable, relied heavily on the strength of his legs.

Once he got to Robinson, Muzzio played football during his freshman season but didn't come back as a sophomore, deciding instead to focus on indoor and outdoor

SEE FOLLOWING, PAGE 14

## Mason Makes It Work

Under Larranaga, Patriot basketball again off to strong start.

BY JASON MACKEY  
THE CONNECTION

**O**n Saturday, Jan. 3, the George Mason men's basketball team was able to drill a season-best number of 3-pointers (13) en route to a 101-60 drubbing of UNC Wilmington.

Two days later, Mason switched gears and game plans.

Facing an early 10-4 deficit Monday night against Georgia State, the Patriots started to pound the ball inside, darting off on a 19-3 run that led to a 23-13 advantage.

But trailing 40-37 with about seven minutes left in the game, Mason switched yet again. This time to a four-guard lineup, with the hope of facilitating some fast-break points, and the Patriots rattled off the final margin necessary for a 58-52 win.

Thirteen games into the 2008-09 season, Mason has shown an ability to reinvent itself at a moment's notice, with the final seven minutes of Monday's game serving as the latest batch of evidence.

"The environment is going to be different every time; no game is going to be the same," said sophomore guard Cam Long, who finished with a game-high 18 points against the Panthers. "I think if we're mentally prepared, we're capable of doing anything."

Head coach Jim Larranaga noted another game-to-game mutation, though this one wasn't as pleasant as having the ability to score from anywhere on the floor.

"The first question you would ask yourself if you saw us play on Saturday and then watched us [Monday] would be, 'How do you go from 27 assists to seven assists?'" Larranaga joked at the start of his postgame press conference. "I thought mentally we looked a little tired."

Despite the lack of assisted baskets, Larranaga's team improved to 10-3 overall, 3-0 in the Colonial Athletic Association with the Georgia State win.

SEE GMU, PAGE 14

## Fairfax, Hayfield Play at Verizon

With a record of 7-26 through Wednesday morning, each win for the Washington Wizards at the Verizon Center has been special.

But on Saturday, Dec. 27, prior to a 104-95 defeat of the Oklahoma City Thunder, Fairfax and Hayfield teamed —

WEEK IN SPORTS

squared off, really — to make a special memory of their own. The schools' girls basketball teams enjoyed a 3 p.m. tip before the Wizards' game as part of the Marshall Holiday Tournament. Hayfield left with a 56-40 win, but the experience itself seemed to supersede the score.

"Just to have an opportunity to play on the floor, the kids really enjoyed it," said Hayfield coach Richard Carlock, whose team enjoyed the experience so much it parlayed the win over Fairfax into a three-game winning streak and a tournament title.

"It was a feeling that you can't describe," Carlock said. "We needed it." With four freshman on the varsity squad, Fairfax coach Marcus Konde had to continually remind his players that a basketball game was actually about to unfold.

"Despite wins and losses, it's all about the experience," Konde said. "It was one of those once-in-a-lifetime deals where not everyone can say that they played at the Verizon Center."

## Robinson's Bobsin Commits to ECU

Nearly a week before Christmas, Robinson senior Geoff Bobsin already had his most expensive present: a free education. One of the area's top swimmers, Bobsin verbally committed to compete next season at East Carolina University on scholarship. As a junior last season, Bobsin won a Virginia AAA state championship in the 50-yard freestyle in 21.34 seconds. He also finished ninth at states in the 100 backstroke (54.21) and was on two state championship relay teams (200 and 400 free). In addition to his first team All-State honors from a season ago, Bobsin won the 50

SEE WEEK IN SPORTS, PAGE 14

# OPINION

## Happy New Year

Let's have some fun in 2009.

**T**he news as we begin 2009 can be daunting, even with the excitement brewing over the inauguration of President Barack Obama later this month.

While there are a lot of serious things to be concerned about, at the Connection, we'll start the year with a look at fun things to do.

From visiting Great Falls (if you haven't, you really should) to playing Frisbee golf in McLean's central park or Burke Lake park, favorite bars, fun local festivals to mark on your calendar, spots for laser tag, skeet shooting practice, dog parks, equestrian opportunities, sailing lessons, and many fun things to do for free, over the month of January, The Connection will compile hundreds of ways to have fun.

Be sure to share your tips for fun things to do in your orbit.

As local, weekly newspapers, the Connection's mission is to bring the news you need about your community that you are not likely to get anywhere else — to advocate for community good, to provide a forum for dialogue on local concerns, and to celebrate and record milestones in community and people's lives.

We begin 2009 by looking for more input from our readers. Let us know how we're doing, and let us know what is going on in your part of the community.

We invite you to send letters to the editor, or just to send us an e-mail letting us know about

something you especially liked or didn't like about our coverage.

We appreciate readers' ideas. If you see something that you think might be a story, or just something you wonder about, give us a call, or drop us a line.

We want to know if you have an idea for fixing traffic in your part of the world. We want to know if you've had a good or bad experience with local government. If you know of a person or an organization that is interesting, doing important work, and might make a good feature story, let us know.

If someone in your family or your community published a book, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon or having art included in an art show, these are all things that we want to know. E-mail or mail us a photo and a note about the event. Be sure to include the names of all the people who are in a photo, and say when and where the photo was taken.

We also publish notes about news and events in local businesses. Notes about openings, new employees, anniversaries are welcome.

In covering the issues, we strive to provide a voice for our readers. We look forward to hearing from you in 2009.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM  
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### EDITORIALS

### COMMENTARY

## Petersen Seeks To Streamline Spending

General Assembly session begins Jan. 14.

BY SEN. CHAP PETERSEN  
D-34

**O**n Wednesday, Jan. 14, the General Assembly goes into session. In the weeks prior to the session, state legislators are working with the Department of Legislative Services to prepare legislation for the 2009 session.

In the short term, our focus in the State Senate is on solving the state budget deficit. In the long term, it is revitalizing the state economy.

In 2009, my focus will be on streamlining state spending, investing in "next generation" industries and working on transportation solutions in Northern Virginia.

❖ **State Spending:** There are two obvious places where the state government can save money. First, the state is currently spending a half-billion in our Department of Corrections, much of which is used to house nonviolent offenders. At an annual cost of \$50,000 per prisoner, this is a staggering cost. We must punish criminals for their crimes, but there is no value in housing them indefinitely. In 2009, I will be sponsoring sentencing reform mea-

sures that will save Virginia from the incarceration cost of minor crimes, while still punishing dangerous and repeat offenders.

Second, our state needs to cut costs like every homeowner does, by cutting back on utility usage and disposing of surplus property. In 2009, I will propose legislation to require new state buildings to be LEED certified, while permitting state agencies to enter contracts with outside system managers to reduce energy usage and costs. These are savings that will save the state long after the 2009 assembly has adjourned.

❖ **"Next Generation" Industries:** One of the growth industries in the U.S. is clean energy and energy efficiency. In 2009, I will also be sponsoring legislation to create a production tax credit for providers of "clean energy" (e.g. wind power or geothermal) as well as an income tax credit for resulting "green jobs." This policy matches the environmental goals of the incoming Obama administration and allows Virginia to encourage an industry that will likely receive significant Federal funding. That means more investment and more jobs in our state.

## More Serious Stuff Ahead

**I**n Fairfax County, a critically important election is coming up in less than a month.

Tuesday, Feb. 3 all polling places will be open from 6 a.m. to 7 p.m. to choose a replacement for Board of Supervisors Chairman Gerry Connolly, who begins representing much of Fairfax County in the U.S. House of Representatives this week.

Two current members of the Board of Supervisors are vying to replace Connolly, Sharon Bulova (D-Braddock) and Pat Herrity (R-Springfield). Both candidates are dedicated individuals with excellent experience and ample intellects. Their approaches to handing the county as it heads through a period of economic crisis would be quite different. You'll read more about them in the pages of the Connection. See their Web sites for more in the meantime: <http://sharonbulova.com>, and <http://herrity.balancegroup.us>

\* The Virginia General Assembly begins its annual session with a budget train wreck next week. Go to the Virginia General Assembly Web site for more at <http://legis.state.va.us>.

The House of Delegates and Senate of Virginia operate a toll-free message center to accept calls from citizens who want to express an opinion on legislation. The messages are relayed to the members' offices as requested. Call the Constituent Viewpoint line at 800-889-0229.

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**Managing Editors**  
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President/CEO

**Mary Kimm**  
Publisher/Chief Operating Officer  
703-917-6416  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)

**Jerry Vernon**  
Executive Vice President  
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	Governmental Funds	Fiduciary Funds
Assets	\$21,897	\$ 125,028
Liabilities	\$21,600	
Fund balance / net assets	\$297	\$ 125,028
Revenues / additions	\$151,740	\$149,602
Expenditures / deductions	\$151,698	121,759
Change in fund balance / net assets	\$ 42	\$27,843

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Summary statement of financial condition under Code of  
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by contacting NVTC Director of Finance, 4350 N. Fairfax Dr.,  
Ste 720, Arlington, VA 22203, 703-524-3322 x107.

	Governmental Funds
Assets	\$52,392
Liabilities	30,453
Fund balance / net assets	21,939
Revenues / additions	\$314,390
Expenditures / deductions	292,451
Change in fund balance / net assets	\$21,939

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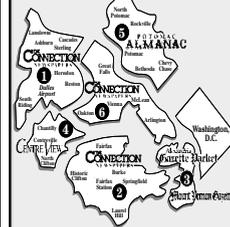
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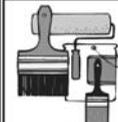
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### LEGAL NOTICE

AT&T intends to file an application to collocate telecommunications antennas on a water tower located at 2900 Sutton Road, Vienna, Virginia 22181. AT&T is publishing this notice in accordance with Federal regulation 37CFR1.1301 et seq, the National Environmental Policy Act and the Advisory Council on Historic Preservation 36 CFR 800. The project referenced as "Oakton" will consist of a 20-foot extension the existing 103-foot tall stealth light pole. A nine-foot by 20-foot concrete pad will be constructed west of the existing compound. The concrete pad will contain equipment cabinets and associated equipment that will be enclosed within an approximate 14-foot by 26-foot fenced area that will connect to the existing compound on the southwest side. An icebridge will extend north from the equipment to an existing icebridge that connects to the stealth light pole. The power and telco conduits will extend from the equipment north around the existing Sprint equipment and then east to the CSC (telco) and electrical service frame (power). Grounding activities will occur within the AT&T fenced area. Parties interested in submitting comments or questions regarding any potential effects of the proposed facility on Historic Properties may do so in writing by contacting Carolyn Mitchell, AT&T, at 7150 Standard Drive, Hanover, Maryland 21076 or c/o markos9@atcassociates.com

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### TRUSTEE'S SALE

### OF VALUABLE

### IMPROVED REAL ESTATE

Improved by the premises known as

3841 Gallows Road, Annandale, Virginia

In execution of a Deed of Trust from Arnulfo Valles Galdamez, dated October 17, 2007, and recorded November 21, 2007, in Deed Book 19668 at page 1477 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on

Tuesday, January 20, 2009 at 9:30 a.m.

the following property being the property contained in said Deed of Trust, described as follows:

Lot 1, Section 1, Lucius Addition to Kenwood as the same appears duly dedicated, platted and recorded in Deed Book 2152 at page 490, among the Land Records of Fairfax County, Virginia.

Commonly known as 3841 Gallows Road, Annandale, Virginia 22003.

**TERMS OF SALE:** A deposit of \$40,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 6.375 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the right: (i) to waive the deposit requirement; (ii) to approve or disapprove the creditworthiness of any bidder and/or purchaser; (iii) to withdraw the property from sale at any time prior to termination of the bidding; (iv) to extend the time for bidding; (v) to reject any or all bids; (vi) to postpone or set over the date or time of sale; and (vii) to extend the period of time for settlement hereunder.

Additional terms and conditions of sale may be announced at the time of sale.

DAVID N. PRENSKY  
Substitute Trustee

FOR INFORMATION CONTACT:  
David N. Prenskey  
Chasen & Chasen  
5225 Wisconsin Avenue, N.W. #500  
Washington, D.C. 20015  
(202) 244-4000

## 21 Announcements

## 21 Announcements

### TRUSTEE'S SALE

### OF VALUABLE

### IMPROVED REAL ESTATE

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11350 Aristotle Drive #101, Fairfax, Virginia

In execution of a Deed of Trust from Khamphiou Thay and Chaysrun Thay, dated June 22, 2006, and recorded June 26, 2006, in Deed Book 18559 at page 2187 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on

Tuesday, January 20, 2009 at 9:30 a.m.

the following property being the property contained in said Deed of Trust, described as follows:

Unit 07-101, Fairfax Ridge Condominium

Tax Map No. 056-2-27-07-0101

Commonly known as 11350 Aristotle Drive #101, Fairfax, Virginia 22030.

**TERMS OF SALE:** A deposit of \$30,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 6.25 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

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Additional terms and conditions of sale may be announced at the time of sale.

DAVID N. PRENSKY  
Substitute Trustee

FOR INFORMATION CONTACT:  
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## SPORTS

# GMU Starts Strong

FROM PAGE 10

The Patriots played host to Towson Wednesday night, which ended after the Connection went to press.

Though Mason pulled itself out of that mid-game funk when Larranaga moved to the smaller, quicker lineup, fatigue will likely become a factor for the Patriots as they're in the middle of the toughest portion of their conference schedule.

Starting with a 66-62 loss at Dayton on Dec. 30, Mason will be playing five games in a 12-day stretch. In addition to Wednesday's game against Towson, the Patriots will host Old Dominion on Saturday.

But against a conference foe, George Mason started sluggish and allowed Georgia State's Leonard Mendez to score his team's first nine points — all from beyond the three-point line. Luckily, Mason tightened down and held Mendez to 16 for the game.

"Our energy was low," said senior forward Darryl Monroe, who chipped in with 15 points and 11 rebounds. "We had a good shoot-around. Everybody was ready to go, but we just got off to a slow start."

"We were not mentally sharp, and some of it had to do with Georgia State's defense," Larranaga said. "I thought they did a good job of contesting certain things that we do."

## Following in Dad's Footsteps

FROM PAGE 10

track. Oh, and paintball, another one of his interests.

Rob Muzzio tapes his son and Robinson's other high jumpers at practices and meets, and the group sits down with a portable television to analyze each other's performances. The coaching has helped Joey Muzzio mature not only as a jumper but as an overall contributor to Robinson's track and field program.

"He doesn't want to be labeled as just a jumper," said head coach Mark Gleason, who considers Joey Muzzio one of his top relay candidates as well. "He knows he has a gift there and he's working on it, but he also feels that he has more to offer to the program."

## WEEK IN SPORTS

FROM PAGE 10

free and 100 fly at the Concorde District championships and was a first team All-District selection.

## Fairfax Adult Softball Signup

Fairfax Adult Softball (FAS) is currently accepting applications for adult softball

Larranaga knows how rowdy George Mason's students can make the Patriot Center. A fabled run to the Final Four in 2006 turned Mason Nation upside down and little of that enthusiasm has dissipated in Fairfax.

But even a formidable program like the one Larranaga has built off of University Drive during his 12-year tenure can't move Christmas.

WITH THE bulk of Mason's students at home for the holiday break, season ticket holders and older fans got behind the home team, erupting when Dre Smith (9 points) fed Long for a 3-pointer to push Mason's lead to 50-42 with 2:49 left.

"I thought the crowd was really instrumental in helping us make the comeback," Larranaga said. "We had some students, but it was mostly our season ticket holders and our adult fans who really lifted us. I'm very, very pleased and thankful for that."

Larranaga, with a career record at the school of 218-135 — more wins than any other coach in Mason men's basketball history — is also thankful for his team's ability to adapt.

Asked when the first time was that he resorted to a four-guard alignment, Larranaga kept the humor coming.

"This season ... let me think," Larranaga said, "... uh, this was the first time."

Joey Muzzio hit the 6-3 mark again at the Friends of Indoor Track and Field Invitational at the Prince George's Sports and Learning Center on Dec. 29, finishing third. According to both father and son, Joey Muzzio needs to improve his approach to the bar and how he contorts his body when trying to clear it.

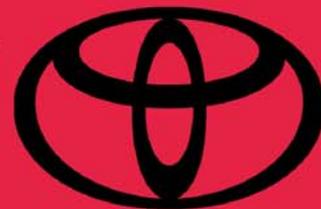
But regardless of whether his son owns Robinson's record before the end of the year, one thing is clear. Joey Muzzio is much farther along than his father was during his sophomore year as Rob Muzzio set his mark as a senior.

"I feel like I have a big advantage," Joey Muzzio said. "It's cool because if I have a problem, I'll go ask him and he normally knows everything. Every question I have, he has a way to fix it."

teams. Men's, women's, co-ed, corporate co-ed, senior's (age 50+) and master's (age 35+) leagues are available. Applications are accessible via the FAS home page at www.fairfaxadultsoftball.com. For further information, please call 703-815-9007 or e-mail office@fairfaxadultsoftball.com. FAS is a non-profit corporation registered in the state of Virginia which administers the largest adult softball program in the state with nearly 10,000 participants.

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