

# Ashburn CONNECTION

Brambleton ❖ Braddock ❖ Lansdowne

VERIFIED  
AUDIT CIRCULATION  
APPROVED

PSRST STD  
U.S. POSTAGE  
PAID  
MARTINSBURG, WV  
PERMIT #86

ATTENTION POSTMASTER:  
TIME SENSITIVE MATERIAL.  
REQUESTED IN HOME 02-05-09

# Playing Around

NEWS, PAGE 5

## Last-Minute Changes

NEWS, PAGE 3

## Preparing To Serve

NEWS, PAGE 3

## Vacancy To Fill

NEWS, PAGE 3

The Stone  
Bridge High School  
theatre department  
competed in the Northern  
Region One Act Play Festival  
at Lake Braddock with  
their presentation of "Wake  
Up and Smell the Coffee."

FAITH, PAGE 7 ❖ HEALTH & FITNESS, PAGE 10 ❖ E, PAGE 8 ❖ REAL ESTATE, PAGE 11 ❖ SPORTS, PAGE 12 ❖ CLASSIFIEDS, PAGE 13

PHOTO BY ROBBIE HAMMER/THE CONNECTION

# No Heat? High Gas Bills?



Plumbing Air Conditioning Heating Electrical

# 800-571-HEAT

[www.McCarthyService.com](http://www.McCarthyService.com)

FREE Estimates and Second Opinions on replacement Equipment Sales Service Installation  
for Residential and Commercial Customers

Saturday Service at Regular Rates 24-Hour Emergency Service

**FREE WHOLE HOUSE  
HUMIDIFIER WITH  
ENTIRE HEATING & A/C  
REPLACEMENT**  
With coupon only. Not valid with any other offer.

**\$25 OFF**  
ANY REPAIRS  
INCLUDES HEATING, A/C,  
PLUMBING AND ELECTRICAL  
With coupon only. Not valid with any other offer.

**\$75 OFF**  
ANY WATER HEATER  
INSTALLATION  
With coupon only. Not valid with any other offer.



INTENSITY. SPIRIT. PASSION. TEAM WORK.  
**MADEIRA ATHLETICS**

“MADEIRA GIRLS  
have something  
to say”

The Madeira School  
8328 Georgetown Pike • McLean, Virginia 22102 • 703-556-8273 • [www.madeira.org](http://www.madeira.org)

## Last-Minute Changes

**School Board forwards revised proposed budget to supervisors.**

BY JENNIFER LESINSKI  
THE CONNECTION

The School Board approved its proposed operating budget Jan. 28 with a few modifications. Most significant among them is a freeze on employees' pay, which was suggested by Schools Superintendent Edgar Hatrick at a Jan. 22 budget work session. Next the budget must be presented to the county. Schools funding typically represents at least 70 percent of the county's overall budget. The Board of Supervisors approve the amount of funding while the School Board decides the specific expenditures.

**HATRICK RECOMMENDED** freezing employees' pay after attending a meeting of state school superintendents where he discovered none of his colleagues were recommending increases.

"I believe we will continue to be competitive," Hatrick told the School Board at the work session. "I've had employees tell me they would be willing to give up a raise in order to protect positions they feel are extremely important to the operation of their school."

In January, the superintendent proposed a fiscal year 2010 budget of \$757.7 million. The elimination of the pay increases freed up \$15.2 million, which Hatrick proposed be used to replace 88 positions and to fund things such as the activity bus and field

trips, IOWA testing and overtime and part-time salaries, all of which were eliminated or reduced in the originally proposed budget — at a cost of \$7,227,500.

School Board member John Stevens (Potomac) raised objections to freezing employees' pay, saying it was contrary to the budget priorities the board had given Hatrick.

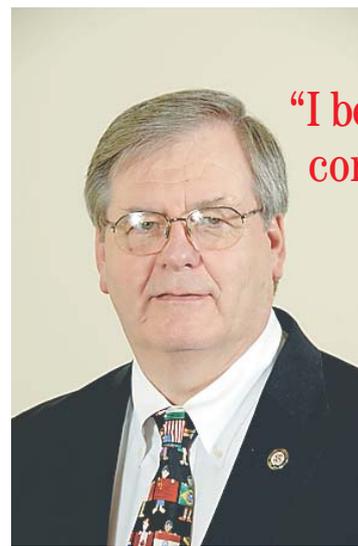
School Board member Priscilla Godfrey (Blue Ridge) questioned the timing of the suggested budget changes.

"There are 8,000 people out there that got up this morning and thought they were going to have a STEP increase and 10 hours later, it's taken away," she said.

Godfrey preferred the School Board wait until its Jan. 27 business meeting to make a decision on Hatrick's changes to give people a chance to speak at the public comments section of that meeting. Since the Jan. 22 meeting was a work session, no public comment is taken.

Hatrick also recommended an increase in

**"I believe we will continue to be competitive."  
— Edgar Hatrick,  
LCPS schools superintendent**



Edgar Hatrick

health-care expenditures to soften the blow of the pay freeze for employees. The School Board agreed to add funding to increase employees

co-pays, but rejected an increase for deductibles. The School Board voted 6-3 to approve the changes at the Jan. 22 work session. School Board members J. Warren Geurin (Sterling), Godfrey and Stevens cast the dissenting votes.

**AS A RESULT** of the changes to the base budget, Hatrick also revised his proposed tiered cuts, which suggest cuts at 5, 10 and 15 percent and would come into play based on the

SEE BUDGET, PAGE 10

### Important Dates

- ❖ **Monday, Feb. 9,** 4 p.m., county budget presentation, Government Center, 1 Harrison St. S.E., Leesburg
- ❖ **Wednesday, Feb. 25:** Board of Supervisors budget public hearing, 6 p.m., Government Center, 1 Harrison St. S.E., Leesburg
- ❖ **Thursday, Feb. 26:** Board of Supervisors budget public hearing, 3:30 p.m. and 6 p.m., Government Center, 1 Harrison St. S.E., Leesburg
- ❖ **Saturday, Feb. 28:** Board of Supervisors budget public hearing, 10 a.m. and 12:30 p.m., School Administrative Building, 21000 Education Court, Ashburn

## McDonnell To Step Down

**Bill Mims in-line to fill vacancy.**

Attorney General Bob McDonnell announced Feb. 3 that he will resign as Attorney General of the Commonwealth of Virginia effective Feb. 20. McDonnell is resigning as he begins his campaign for governor in earnest. Since 1985, every Attorney General running for governor has stepped down from the position in order to ensure that taxpayers have a full-time attorney general and that the office is free from politics during a campaign year.

"Personally this was a very difficult decision to make, but it is the right one for our commonwealth," McDonnell said in a written statement. "A campaign for governor demands a full-time candidate. The Office of the Attorney General is the commonwealth's law firm and demands a full-time Attorney General. Historically Democratic and Republican attorneys general have stepped down from this post in order to run for governor. It is the right and proper thing to do."

torney general "has been the highest professional honor of my life," citing the people and the duties of the office.

"The lawyers and professional staff with whom I work are dedicated public servants who serve the commonwealth selflessly," McDonnell said. "We enacted tough laws to combat sexual predators, made our Internet safety laws a national model, protected our environment, added important new safeguards for private property rights,

protected Virginian's Second Amendment rights, combated gang violence and the tragedy of OxyContin addiction and abuse, reformed Virginia's mental health laws, strengthened our Homeland Security measures and established a Senior Alert to help locate missing senior citizens with mental deficiencies. Eighty-three of

our legislative proposals were passed and signed into law by the governor, most with overwhelming bipartisan support."

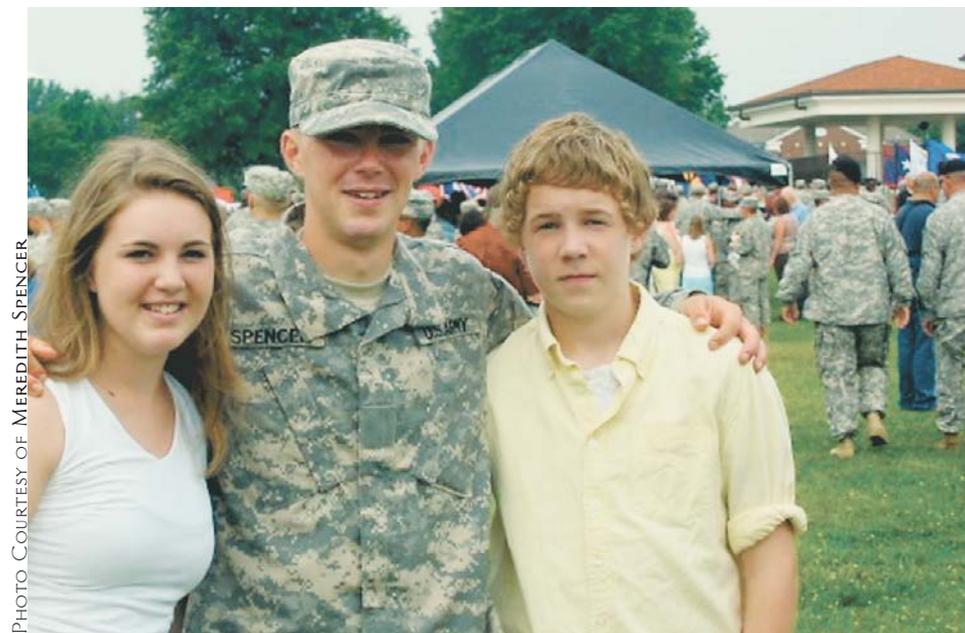
**MCDONNELL ALSO ANNOUNCED** that he is asking the General Assembly to appoint Chief Deputy Attorney General Bill Mims, a former state senator from Loudoun County, as the 45th Attorney General of the

**"I fully support his run for governor and the staff and I want to continue on the path he has set."**

**— Bill Mims,  
chief deputy attorney general**

SEE MIMS, PAGE 11

**MCDONNELL NOTED** that serving as at-



Meredith Spencer, Griffin Spencer and Auguste Spencer at Fort Knox, Ky.

## Preparing to Serve

**Stone Bridge grad prepares for military life.**

BY MEREDITH SPENCER  
STONE BRIDGE HIGH SCHOOL

Most students looked forward to an easy, relaxing 2007 summer, but for a 2005 Stone Bridge graduate, it was quite the opposite.

Griffin Spencer, a senior at James Madison University, plans to join the military as

he finishes college. To begin his training, Cadet Spencer spent four weeks of his summer vacation at Fort Knox, Ky., attending the United States Army ROTC Leader's Training Course, or commonly known as LTC.

"I was both a little nervous and excited

SEE SUMMER, PAGE 7

## Bowers Retires

Loudoun County Administrator Kirby M. Bowers announced his retirement after more than 31 years of service with the Loudoun County government. He has served as county administrator since June 1992. His retirement will be effective April 1.



**Kirby Bowers**

Bowers, 56, has accepted a position as executive director of the Triangle J Council of Governments, which provides regional planning and administrative services for local governments in the greater Raleigh-Durham area of North Carolina.

## BRMC Rejected

By a margin of 5-4, the Board of Supervisors denied, Tuesday, Hospital Corporation of America's special exception and zoning modification application that would have permitted the company to build a 164-bed full-service hospital in Broadlands. Supervisors Kelly Burk (Leesburg), Susan Klimek Buckley (Sugarland Run), Eugene Delgaudio (Sterling), Sally Kurtz (Catocin) and Lori Waters (Ashburn) voted against the applications.

"While today's decision is certainly disappointing to us, the real blow is to Loudoun County, whose hospital resources are inadequate to meet current community needs and will remain so," Margaret Lewis, president of HCA's Capital Division, said in a press release. "Loudoun loses not only the hospital beds and services it needs, but also the tax revenues, new jobs and charity care this facility would have generated — and it does so at a time when the county's financial health is fragile at best."

## Support of Earth Day

The Board of Supervisors adopted a resolution in support of Earth Day on April 22 and local Earth Day events being organized by the Broadlands Certified Community Wildlife Habitats Committee. The resolution was approved by a unanimous vote.

For information about EarthDay@Loudoun, contact the Broadlands Certified Community Wildlife Habitats Committee at 703-725-8040 or e-mail oya.simpson@gmail.com.

## Carjacking and Pursuit

A Sterling man is facing serious charges after he allegedly carjacked a vehicle and then led deputies on a pursuit through CountrySide. The individual, 21, of Sterling, was charged with robbery (carjacking), driving under the influence, driving on a revoked license and disregarding a signal to stop.

Deputies were called to the 400 block of Enterprise Street shortly before 8 p.m., Saturday, where a female victim told authorities her car was stolen at knifepoint. The victim left her three child-aged family members and a friend in a car in front of the CVS. An unknown Hispanic male entered the vehicle, eventually brandished a knife and told the occupants to get out. The suspect then drove away.

Approximately 30 minutes later a deputy on patrol on Route 7 observed a vehicle driving erratically in the area of Davenport Drive. The deputy initiated traffic stop and the vehicle pulled into a parking lot. The vehicle continued through the parking lot and then turned onto CountrySide Boulevard. During the pursuit it was learned the vehicle was involved in a reported car jacking.

The vehicle continued to flee deputies before losing control and ran into a median. The vehicle traveled into the opposite lanes where it eventually stopped. The driver then attempted to flee on foot but was apprehended by a Loudoun County Sheriff's Office K9 unit. The man is being held without bond at the Loudoun County Adult Detention Center.

## Committee Seeks Public Input

The joint Board of Supervisors and School Board committee is seeking public comment on the county/school land-acquisition process. The joint committee will hold a public input session, Thursday, Feb. 19, 6:30 p.m., in the Board Room of the Loudoun County Public Schools Administration Building, 21000 Education Court, Ashburn.

## POLITICS

# Parents Seek Help

More than 100 hundred speak at Richmond hearing.

BY STEPHANIE POWER  
CAPITAL NEWS SERVICE

**H**elen Hollis is a Fairfax County mother of two. Her daughter graduated from Mount Vernon High School in 2000 and her 22-year-old son significant delays in his cognitive development ability, with autistic tendencies and some retardation.

Because of a Medicaid waiver received in July, Hollis' son now lives in a group home in Richmond called Hands of Unity. Hollis attended a General Assembly public hearing Monday, Jan. 19, to speak up for those still on the waiting list to receive waivers.

Hollis had been on the waiting list since before age 10.

"We've had many peaks and valleys along the way," Hollis told legislators from the Senate Finance and House Appropriations committees. "We've had day-to-day behavioral challenges."

Hollis was one of 165 people who signed up to speak at the hearing, which gave the public a chance to address Gov. Tim Kaine's proposed budget cuts.

**ACCORDING TO** Delegate Kirk Cox (R-66) of the House Appropriations Committee, 80 percent of the speakers spoke on the issue of Medicaid waivers, which provide at-home services and benefits for individuals with mental retardation.

The Medicaid waivers, known as mental retardation waivers, make services found in state institutions available for qualifying individuals inside their house. They help relieve the cost of keeping those individuals at home.

According to Cox, about 4,200 Virginians are currently wait listed.

Cox filed House Bill 1853, which would eliminate



**Fairfax County resident Helen Hollis thanked legislators for her son's MR waiver.**

**"We're trying to do as little damage as possible to public education and services."**

— Sen. Janet Howell (D-32)

tolerable," Howell said. "We're trying to do as little damage as possible to public education and services."

Howell said that if Kaine's proposed cigarette-tax increase of 30 cents per pack is too tough to sell, the outcome will be "draconian" because Kaine earmarked the proceeds of the tax increase for health programs.

"We're cutting, literally, lifelines for people," Howell said. "If we don't get a substantial federal stimulus package for Medicaid, people are going to suffer and possibly die as a result."

Co-patrons of HB 1853 include Delegates Dave Marsden (D-41), David Poisson (D-32), Tom Rust (R-86), and Mark Sickles (D-43).

the wait list for mental retardation waivers in 10 years.

"Each of our families is unique," Hollis said. "There are times when help is needed, when caring for a family and raising a disabled child to become the best that they can become."

Hollis said she is thankful for the care her son is receiving.

"The disabled child or children, teenagers or young adults deserve the resources to help them reach their full-potential," Hollis said.

**TO BALANCE VIRGINIA'S** 2009 budget, legislators must cut nearly \$4 billion. Kaine's proposed cuts affect areas like education, transportation and health care.

Sen. Janet Howell (D-32), a member of the Senate Finance Committee, knows how serious cuts to mental-health funding are.

"We're 48th among the states with what we do in public services, so to have to cut is just in-

## COMMUNITY NOTES

Send announcements or events, which are open to the public at no or minimal cost, to loudoun@connectionnewspapers.com. Deadline is Friday, two weeks before the event. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

The **AARP Tax Aide Program** will have IRS-certified counselors at the Cascades Library, 21030 Whitfield Place, Potomac Falls, to prepare federal and state tax returns Tuesdays and Thursdays, 10 a.m.-2 p.m., through April 14. There is no charge for this service and you do not need to be an AARP member. Bring photo identification, social security cards for taxpayer, spouse and dependents, all tax documents received for 2008, receipts for medical, tax, interest and charitable expendi-

tures, a copy of 2007 tax returns (federal and state) and the amount of the stimulus payment you received in 2008.

The Loudoun County Department of Animal Care and Control will hold its **Furry Friday program**, where adoptable animals visit the Sterling Community Center, 120 Enterprise St., Sterling on Fridays, **Feb. 6 and Feb. 23**, 5-7 p.m. Visit www.loudoun.gov/animals.

The **Loudoun Valley HomeGrown Markets Association** is accepting applications for its summer farmers markets. The season runs May-October in Leesburg, Ashburn, Middleburg, Purcellville, Lovettsville and Cascades. Anyone wishing to participate must fill out an application and submit it to the LVHMA board by **Feb.**

**6.** Applications received after this date will be considered on a space available basis. Applicants will be notified of their acceptance to the LVHMA markets by Feb. 23. There are also a few spaces available at the LVHMA winter market, which runs Saturdays, 9 a.m.-12 p.m., at Virginia Village Shopping Center, 32 Catocin Circle S.E., Leesburg, through April 25. Visit www.loudounfarmersmarkets.org or call market coordinator Judy Stroske at 540-454-8089.

The **Volunteer Income Tax Assistance Program**, locally known as the Northern Virginia CASH is seeking volunteers to deliver free tax preparation services at no cost to working families and individuals in the community who earned less than \$42,000 in 2008. Contact Karen Velez, 703-771-5718.

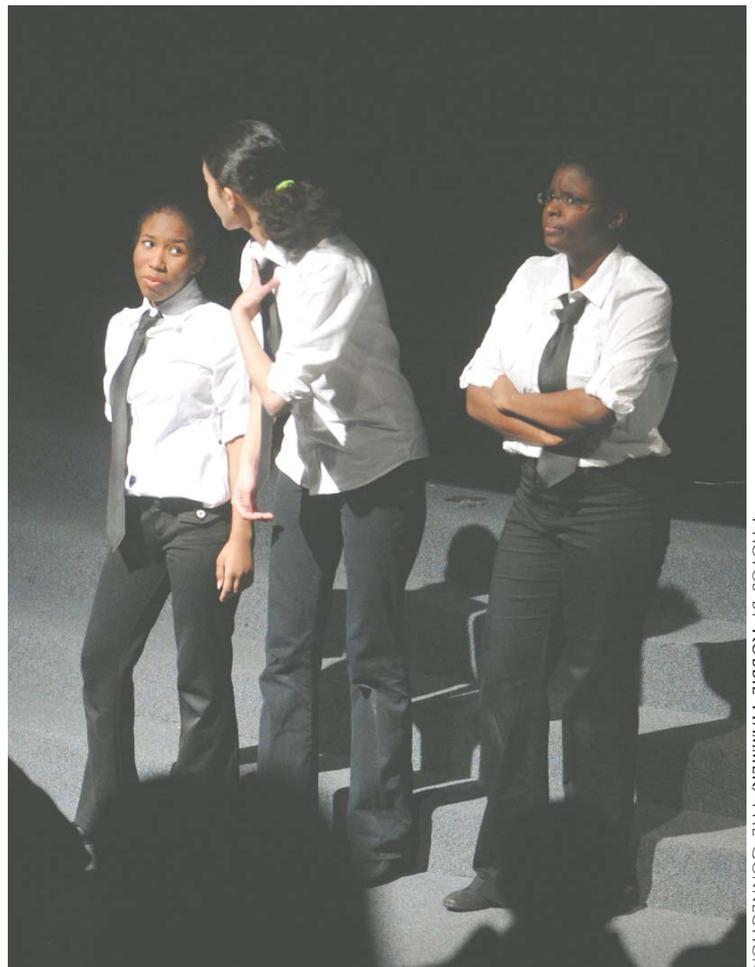
# SCHOOLS



The Stone Bridge High School theatre department competed in the Northern Region One Act Play Festival at Lake Braddock with their presentation of "Wake Up and Smell the Coffee."



In the scene of Harmonious, Ryan Daliagon, recites his part while participating in the Northern Region One Act Play Festival at Lake Braddock with the rest of his cast mates from Stone Bridge High School.



PHOTOS BY ROBBIE HAMMER/THE CONNECTION

Stone Bridge drama students Helena Hamilton, Melissa Wilde and Daniela Nianduillet are the voices in the wilderness in Stone Bridge High School's presentation of "Wake Up and Smell the Coffee."

## WINTER SAVINGS - HURRY SALE ENDS SOON!!!

### AIR DUCT CLEANING and CARPET CLEANING



**\$695** ONLY PER ROOM 2 ROOM MIN. Expires 2/20/09

**\$69.95** ONLY INCLUDES: 10 Vents, One Main And One Return

**FREE HALLWAY** WITH 5 ROOM ORDER **\$3475** ONLY Expires 2/20/09

**FREE FURNACE CHECK-UP** WITH AIR DUCT CLEANING! Was ~~\$49.95~~ Now **FREE**  
Check Up Includes: Evaluation Of All Furnaces, Blower Motors, Coils, Compressor, All Wires, Drain Pans & Thermostat Expires 2/20/09

- We Also Offer
- Two Step Corrective Cleaning for Heavily Soiled Carpet - .30¢ PSF
  - Dupont Teflon - .20¢ PSF (1 yr warranty)
  - Commercial Rates - .15¢ PSF
  - Pet Odor Removal - .20¢ PSF
  - Sanitizer - .20¢ PSF
  - Pre Conditioner - .20¢ PSF
  - Stairs - \$2.00 each
  - Expert Oriental Rug Cleaning

**WE ALSO OFFER** • A/C Coil Cleaning • Blower Motor Cleaning • UV Light Air-purifiers • Mold Removal • Sanitizer • Maintenance Programs • Outside Condenser Cleaning • Dryer Vent Cleaning • Electrostatic filters with lifetime warranty • Workmanship Guaranteed  
Additional Vents, \$10 Each, Returns \$15, And Mains \$50 Each. Multiple Systems Will Vary. Written Work Order And Complete System Inspection Included With This Offer.

**"CALL TODAY, CLEAN TODAY"**  
CAPITAL CLEANING AND RESTORATION SERVICES.



Licensed, Insured & Bonded For Your Protection. Let Our Experience And Knowledge Work For You & Your Family

**1-703-276-7600 • 1-202-393-3900 • 1-410-290-8010**

CELEBRATING 25 YEARS IN THE INDUSTRY  
TOLL FREE FOR YOUR CONVENIENCE **1-866-955-1521**  
6AM-9PM MONDAY THROUGH SUNDAY for your convenience. 10% OFF SENIOR CITIZEN AND GOVERNMENT WORKERS DISCOUNT

LOCALLY OWNED AND OPERATED. WE SERVICE, DC METRO, the WHOLE state of Virginia, the WHOLE state of Maryland, THE WHOLE state of DELAWARE. We will travel to any destination, absolutely NO travel charge.

## COMMUNITIES OF WORSHIP



**GOOD SHEPHERD**  
LUTHERAN CHURCH  
*Making more and better disciples of Christ*

1133 Reston Avenue, Herndon, VA 20170  
Sunday Worship: 8:00 and 11:00 am  
Sunday School: 9:30 am  
Church Office: 703.437.5020  
Preschool: 703.437.4511  
www.gslcva.org

Child care available at all services



Progressive & Welcoming

**ST. ANNE'S EPISCOPAL CHURCH- Reston**



9:00 a.m. Holy Communion  
11:15 a.m. Holy Communion  
(Children's Chapel & Nursery Provided)  
5:00 p.m. Contemporary Service  
The Rev. James Papile, Rector  
The Rev. Jacqueline Thomson  
703-437-6530  
www.stannes-reston.org  
1700 Wainwright Dr., Reston

*Who says you have to dress up for church?*



Come as you are  
Casual, contemporary service  
Great programs for kids and teens  
Uplifting, positive worship & music  
Encouraging, relevant Bible teaching  
Honest, authentic Christian community

Sundays, 10am at Rachel Carson Middle School in Herndon  
703.327.2700  
www.gatewaychurch.org

*Discover the power of Connections!*



For advertising information  
call Lauri Swift at 703-917-6460 or  
e-mail lauri@connectionnewspapers.com

## Importance of College Options

Northern Virginia Community College will have a growing and critical role in coming decade.

Here in Northern Virginia, residents, businesses and government all recognize the importance of quality public schools. Great schools benefit everyone, not just families with children in school.

In Fairfax County, the public schools absorb more than half the county funds available. In Loudoun, the percentage is much higher. Spending per student in Arlington and Alexandria demonstrate those localities' commitment to their public schools as well.

Another critical component of the quality of life, education and the economy here is the Northern Virginia Community College. While it's hard to overstate the importance of NOVA, the second largest community college in the nation with more than 60,000 students, will play an even bigger role in the decade to come.

While NVCC (or NOVA as it is more commonly known), along with local school districts, has taken its share of budget cuts, the General Assembly should not take steps to cap

its tuition. Northern Virginia Community College offers access to high quality college classes and degree programs at a very affordable price (well under \$3,000 annual tuition for a full-time student) and also offers support to students with financial need in a variety of ways. The school must have some flexibility to manage its revenues to continue to meet growing demand.

### EDITORIAL

NOVA is one of the most internationally diverse colleges in the United States, with students from more than 180 countries; international students make up about 20 percent of student population.

The community college conducts significant outreach to the many students in Northern Virginia high schools who could be the first in their family to go to college, many of them immigrants. This is a critical link to the American dream.

NOVA provides an affordable path to a four-year college degree, plus provides certificates and training in careers high in demand like nursing and health care, "green" technologies.

### LETTERS TO THE EDITOR

## Gift Beyond Measure

To the Editor:

More than a thousand Loudoun residents gave special gifts to the special people in their lives this past holiday season. They gave the gift of shelter to the homeless, health care to the poor, hope to people living with a mental illness, friendship to a homebound senior and much, much more. They did all this by participating in the Saint Gabriel's Alternative Gift Fair (AGF). To these Loudoun residents who helped the community while giving a meaningful gift for Christmas, Hanukkah or Ramadan, we say thank you. Your generosity provided \$34,046 to local nonprofits helping your neighbors in need.

Thanks to the Alternative Gift Fair's amazing sponsors, every cent given goes directly to help nonprofits and Loudoun residents. We are deeply grateful to the generous and gracious employees of NEW Customer Service Companies for their contributions and to NEW management for matching their employees' donations dollar for dollar. Event sponsors such as Blue Ridge Title & Escrow; Bob Miller with Southern Trust Mortgage; Michael J. O'Connor with O'Connor & Fierce Associates; Mel Pine with Allstate Insurance; Dr.

Gordon Culp; Peter Burnett with Burnett & Williams, the Lucketts Community Advisory Board; and Waterford Development contributed greatly to this year's AGF success. Special thanks to Inova Loudoun Hospital for the significant contribution that helped us to surpass last year's AGF totals and break the \$30,000 goal we had set. Lastly, thank you to the staff and management at Sonabank for donating venue space and going above and beyond to welcome and accommodate the gift fair volunteers and "shoppers."

Sponsors are vital to the AGF's success, but it's the support of Saint Gabriel's Episcopal Church that is essential. Pastor Jeunée Cunningham and her parishioners have our heartfelt appreciation for the many months they worked tirelessly to make this AGF the best ever. They secured generous sponsors, reached out to the media, located fair venues, set up online giving, staffed the fair and volunteered countless hours.

What began four years ago as Saint Gabriel's gift to the community has grown into an opportunity for the Loudoun community — in particular the faith community — to shine. We celebrate the interfaith collaboration that brought the AGF to Sha'are Shalom and Beth Chaverim Reform Jewish Congregations, St. James Episcopal Church and the All

Dulles Area Muslim Society.

We commend all who made this Alternative Gift Fair such a success and gave a gift beyond measure — they helped Loudoun County experience true community in troubled times. We look forward to seeing you and your family and friends at the 2009 AGF.

**Barbara Simpson**, Blue Ridge Speech & Hearing; **Bill Haney**, Every Citizen Has Opportunities (ECHOworks); **Julie Pastore**, Friends of Homeless Animals; **Judy Hines**, Friends of Loudoun Mental Health; **Vickie Koth**, Good Shepherd Alliance; **Yvette Castro-Green**, La Voz of Loudoun; **Andy Johnston**, Loudoun Cares; **Kim Burk**, Loudoun Families for Children; **Jennifer Montgomery**, Loudoun Free Clinic; **Alta Jones**, Loudoun Habitat for Humanity; **Bonnie Inman**, Loudoun Interfaith Relief; **Candace Kroehl**, Loudoun Literacy Council; **Amy Shelton**, Loudoun Volunteer Caregivers

## Are We Catching-22?

To the Editor:

The expression, "Catch-22" was one of the first few new phrases that I learned when I came to the United States twenty some years

ago. With even many affluent families feeling the effects of the economic crisis, many students in Northern Virginia will need to find alternatives to paying full freight for four years of college education.

NOVA accepts IB and AP credits, so an advanced student from Fairfax County could arrive at NOVA with a year's worth of college credit, get an associates degree in one year at an affordable rate, and then transfer to a four-year college, finishing in three years and potentially cutting their college costs in half.

Students who graduate from NOVA with an associate's degree and a minimum grade point average are guaranteed admission to other Virginia colleges and universities, including George Mason University, the University of Virginia, and the College of William and Mary.

NOVA has campuses in Alexandria, Annandale, Loudoun, Manassas, Springfield and Woodbridge along with educational centers in Reston and Arlington. NOVA offers more than 160 certificate programs and degrees at the associate's level, along with distance learning programs.

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

www.ConnectionNewspapers.com

Newspaper of  
Ashburn

An independent, locally owned weekly newspaper delivered to homes and businesses.

7913 Westpark Drive  
McLean, Virginia 22102

**NEWS DEPARTMENT:**  
To discuss ideas and concerns,  
Call: 703-917-6444  
Fax: 703-917-0991  
e-mail:

loudoun@connectionnewspapers.com

Submissions are due Friday.

**Jennifer Lesinski**  
Editor

703-917-6454  
jlesinski@connectionnewspapers.com

**Mike DiCicco**  
Community Reporter

703-917-6448  
mdicicco@connectionnewspapers.com

**Justin Fanizzi**  
Editorial Assistant

703-917-6437  
jfanizzi@connectionnewspapers.com

**Rich Sanders**  
Sports Editor

703-917-6439  
richsand8@aol.com

**ADVERTISING:**

To place an advertisement, call the ad department between 9 a.m. and 5 p.m., Monday - Friday.

Display ads 703-821-5050  
Classified ads 703-917-6400  
Employment ads 703-917-6464

**Lauri Swift**

Display Advertising  
703-917-6460

**Andrea Smith**

Classified Advertising, 703-917-6401  
classified@connectionnewspapers.com

**Barbara Parkinson**

Employment Advertising  
703-917-6418  
classified@connectionnewspapers.com

**Editor & Publisher**

Mary Kimm  
703-917-6416  
mkimm@connectionnewspapers.com

**Editor in Chief**

Steven Mauren

**Managing Editors**

Steve Hibbard, Michael O'Connell,  
Kemal Kurspahic

**Photography:**

Robbie Hammer, Louise Krafft,  
Craig Sterbutzel

**Art/Design:**

Zohra Aslami, Geovani Flores,  
Laurence Foong, John Heinly,  
John Smith, Stu Moll,  
Wayne Shipp

**Production Manager:**

Jean Card

**CIRCULATION: 703-917-6480**

**Circulation Manager:**  
Linda Pecquex  
circulation@connectionnewspapers.com

**CONNECTION NEWSPAPERS,  
L.L.C.**

**Peter Labovitz**  
President/CEO

**Mary Kimm**

Publisher/Chief Operating Officer  
703-917-6416  
mkimm@connectionnewspapers.com

**Jerry Vernon**

Executive Vice President  
703-917-6404  
jvernon@connectionnewspapers.com

**Wesley DeBrosse**

Controller

**Debbie Funk**

National Sales  
703-518-4631  
debfunk@connectionnewspapers.com

**John Lovaas**

Special Assistant for Operations

# Summer School Military Style

FROM PAGE 3

because I didn't know anyone going into it, but I was getting to do something that not many people ever get to experience," Spencer said.

The living conditions consisted of a room with 40 other cadets on bunks, with a wall locker to hold all of their belongings.

"It took some getting used to, but it really wasn't too bad after a few days," Spencer said. "The food was actually pretty good, except we weren't allowed to have any sugared food, that was the hardest part, not getting to have my daily cherry Coke."

Men and women came from universities across the United States and Puerto Rico to become cadets in training.

"Even though no one knew each other and we were all from different places, we all had a common goal and worked together to achieve it," Spencer said.

**ONE OF THE** most important parts of LTC and ROTC are the cadets' drill sergeants, lieutenants and leaders. Capt. Lesley Kipling is Spencer's ROTC leader at JMU who helped him prepare to leave. Drill Sergeant Gatto led Spencer's platoon and Second Lieutenant Truslow led his squad. These three individuals had the most influence on Spencer because they geared him up, led him through challenges and kept him motivated and ready for all of the training throughout the camp.

"Drill Sergeant Gatto loved to yell and scream, but after he was done ripping us apart, he would build us back up and give us the confidence we had to have," Spencer said. "Second Lieutenant Truslow was a great teacher and was always there to help us out."

The cadets go through rigorous training meant to prepare them to become leaders and serve in the United States Army. They learn skills and tactics needed to survive in numerous situations.

"Some challenges are more mentally demanding than physically," Kipling said. "For example, the high ropes course, you have to push yourself through a fear of heights."

LTC is extremely physically demanding and the cadets end up in great shape. The drill sergeants and lieutenants put the men and women through tough situations so that they learn how to handle them correctly, without panicking.

"The most challenging event was our Field Training Exercise where we stayed in the woods for four days straight running simulated missions," Spencer said. "On the last night we had a six-mile march back

to base, with a 75-pound rucksack on our backs, in which some people dropped out, so it was a great feeling knowing that we made it to the end."

Although the activities were exhausting and demanded a tremendous amount of strength, physically and mentally, some of them were fun and enjoyable.

"The most fun event was definitely the Zodiac Boat Race," Spencer said. "As a squad, we had to run with the Zodiac Boat on our shoulders for a half-mile, pilot the boat through obstacles, capsize on purpose three different times and continue the race for two miles."

**THE CHALLENGING ACTIVITIES**, such as rappelling off of a helicopter skid, grenade assault course, rifle marksmanship and bridge building teach cadets a lot about how to achieve a goal sometimes individually and often as a squad.

"They learn the sense of pride and accomplishment and the importance of teamwork," Kipling said. "It teaches them to face challenges head on."

The cadets not only learn the physical aspect of serving their country, but they also build character, develop a great amount of confidence and learn life lessons that will never be forgotten.

"I've become much more confident in myself and in my abilities because I did things at LTC that I don't think I could have done without the leaders that helped me," Spencer said. "I feel dependable, that I can be counted on in high-pressure situations."

During training, the cadets are required to wear an army combat uniform, consisting of camouflage jacket, pants, hat and combat boots.

"I was very proud to have the uniform on because I have always looked up to the soldiers who wore them and wearing the uniform gave me the extra boost of energy and desire I needed sometimes to complete a task," Spencer said.

The United States Army ROTC Leader's Training Course shows cadets how to achieve the highest of expectations. The lessons and experiences that all of the cadets had the opportunity to learn and go through is something that they will use throughout their entire lives.

"I've always looked up to soldiers since I was very young because their sacrifices are the reason we have all of the luxuries we have in our lives and I want to be someone people can look up to," Spencer said.

*Meredith Spencer is a junior at Stone Bridge High School, Ashburn.*

**"Even though no one knew each other and we were all from different places, we all had a common goal and worked together to achieve it."**

— Griffin Spencer

## PEOPLE NOTES

Send announcements to [loudoun@connectionnewspapers.com](mailto:loudoun@connectionnewspapers.com). Deadline is Friday; photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

Author **Brian Francis O'Beirne** of Leesburg has written a new juvenile fiction book, "Chimerical." Chimerical is about one man's spiritual journey toward redemption and reconciliation. The book is available at any bookstore nationwide or can be ordered through the publisher at [www.tatepublishing.com/bookstore](http://www.tatepublishing.com/bookstore)

or at [barnesandnoble.com](http://barnesandnoble.com), [amazon.com](http://amazon.com) or [target.com](http://target.com).

**Chris Kingery** of the Loudoun County Office of Transportation Services has received the "Unsung Hero" award from the Chesapeake Chapter of the Association for Commuter Transportation, which includes Maryland, Virginia, Washington, D.C., and West Virginia. Kingery was nominated for her outstanding customer service skills in dealing with the growing ridership of LC Transit, the county's

commuter bus program.

Del. David Poisson (D-32) has appointed **Ibrahim Moiz** to be his legislative assistant in the upcoming General Assembly session, which convenes Jan. 14. Moiz served last year as law clerk to Maryland District Court Judge Thomas Love and more recently in the Fairfax law firm of Garbia, MacGregor & Plocki. He also previously served as director of civil rights for the Council on American-Islamic Relations.

Authorized Agent of *Karustan*

**ROBERTS CARPETS ORIENTAL RUG CO.**

**Carpet & Hardwood On Sale**

**Oriental Rug Cleaning & Repairs In Our Plant**  
Wall-to-Wall Carpet Cleaning  
In-Home or Office • High Rise a Specialty

**Master Weaving • Restoration • Pet Odor Removal**  
**• Woolgard • Water Damage Experts •**

**FREE Pickup & Delivery for Rolled & Ready Rugs**  
681 Spring Street, Herndon • Under same ownership for 45 years  
Around the corner from the Ice House • Across the street from the Fire Station  
Same block as Jimmy's Tavern

Hours: **Mon, Tues, Thurs & Fri: 9-6**  
**Wed: 9-5 • Sat: 10-3**  
**703-471-7120**  
All work done by our Employees

MasterCard  
VISA

INSTITUTE of INSPECTION CLEANING and RESTORATION CERTIFICATION

**Grand Prix Allsports**  
High Speed Indoor Kart Racing

**The Economy Getting You Down? Let Us Help!**

**'2 for 1' Racing ALL February!**  
That's 2 Races\* For The Price Of ONE!

\*Please visit our website for more details and restrictions  
[www.ALLSPORTSGP.com](http://www.ALLSPORTSGP.com)

Allsports Grand Prix  
45915 Maries Road  
Dulles, VA. 20166

Office (571) 434-9566  
Fax (571) 434-9570  
[www.AllsportsGP.com](http://www.AllsportsGP.com)

**Home Improvement**

**Don't Miss The Opportunity to Save**

703-378-2600 View the virtual tour at [WWW.NVSKB.COM](http://WWW.NVSKB.COM)

One of the area's most impressive showrooms!

**Award Winning Remodeling**

- Kitchens
- Bathrooms
- Additions
- Basements
- Porticos
- In-Law Suites
- Sundecks
- Media Rooms
- Garages
- Sun Rooms
- Built-Ins
- Porches

Call for a **FREE** in Home Consultation  
Delighting Homeowners for 23 Years

DURASUPREME CABINETRY  
2007 Top 500 Remodelers  
NARI NATIONAL ASSOCIATION OF REMODELING CONTRACTORS MEMBER  
BIG 50



ARTS ♦ ENTERTAINMENT ♦ LEISURE

### FOOD & DRINK

Send announcements or events, which are open to the public at no or minimal cost, to [loudoun@connectionnewspapers.com](mailto:loudoun@connectionnewspapers.com). Deadline is Friday, two weeks before the event. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

**Tuscarora Mill Restaurant**, 203 Harrison St. S.E., Leesburg, is hosting a Victory Brewery dinner Wednesday, **Feb. 4**, 7 p.m. Five courses of Tuskie's food and five beers will be served. The restaurant will also host their annual sparkling wine dinner Saturday, **Feb. 7**, 7 p.m. Sample champagne from France as well as sparkling wines from California and Australia, all matched with food. Cost: \$110 per person. Call 703-771-9300 or visit [www.tuskies.com](http://www.tuskies.com).

**Tarara Vineyard and Winery**, 13648 Tarara Lane, Leesburg, is hosting a "Time to Wine Anti-Valentine's Day Affair" Saturday, **Feb. 7**, 11 a.m.-6 p.m. Wine and cheese tasting for singles. Fees apply. Call 703-771-7100.

Demystify decanters, glassware and the gamut of wine accessories at an **oenology seminar** Sunday, **Feb. 8**, 1-3 p.m., at Tarara Winery, 13648 Tarara Lane, Leesburg. \$15 per person; fee for Wine Club members. Tarara will also host a **Valentine's wine dinner** Saturday, **Feb. 14**, 6:30 p.m., fee TBD. Tarara will also host a **day of wine sampling** and live jazz Saturday, **Feb. 28**, 11 a.m. Tasting fees apply. Call 703-771-7100.

**Willowcroft Farm Vineyards**, 38906 Mount Gilead Road, Leesburg, offers gourmet sweets and ice and dessert wines for Valentine's Day Saturday, **Feb. 14**, 12-4:30 p.m. Cost: \$12 per person. Call 703-777-0426.

**Tuscarora Mill Restaurant**, 203 Harrison St. S.E., Leesburg, is hosting an Australian wine dinner Wednesday, **Feb. 25**, 7 p.m. Wines made from Semillon, Shiraz and Grenache will be paired with Tuscarora's interpretations of Australian culinary classics. Cost: \$95 per person. Call 703-771-9300.

### THE ARTS

An **exhibition of quilts** made by members of the CountrySide Quilt Guild is on display at the Loudoun County Government Center's Gallery One, Government Center, first floor, 1 Harrison St. S.E., Leesburg. Ten quilters are participating in the exhibit, which showcases more than a dozen quilts. The quilts can be viewed through the month of **February** during regular business hours, 8:30 a.m.-5 p.m., Monday-Friday.

The **Sterling Playmakers** are holding open auditions for John Bishop's "The Musical Comedy Murders of 1940" Friday, **Feb. 6**, 7-9 p.m., and Saturday, **Feb. 7**, 1-4 p.m., at Sterling Middle School, 201 W. Holly Ave., Sterling. Auditions should be at least age 18-years-old. Visit [www.sterlingplaymakers.com](http://www.sterlingplaymakers.com) or e-mail [mcm1940@sterlingplaymakers.com](mailto:mcm1940@sterlingplaymakers.com).

A special exhibit of paintings by **Lavonne Donohue** opens **Feb. 6**, at Gallery 222, 222 S. King St., Leesburg, and runs through the month. Donohue is a member of the Loudoun Sketch Club and the Loudoun Arts Council. Visit [www.gallery222.com](http://www.gallery222.com) or call 703-777-5498.

# A Bit of 'Arsenic and Old Lace'

## Dominion High School stages classic period comedy Feb. 5-8

By STEVE HIBBARD  
THE CONNECTION

**D**ominion High School is gearing up for its production of "Arsenic and Old Lace," Feb. 5-8, at 7:30 p.m., with a Sunday matinee, at 3 p.m. The play is a dark comedy about a couple of sweet elderly sisters who are known for their acts of charity. Those acts include "mercifully" poisoning strangers who come into their home to put them out of their misery.

"The play is a classic period comedy where the actors have to practice stylized acting and comic timing with a twinge of the macabre," Amy Young, drama director, said. "It's hysterical and the actors continually bring their own zany personalities that add to the production."

**FIONA RITCHEY**, 17, of Lowes Island, plays Martha Brewster. "She is the one who actually does the poisoning of the charities," she said, referring to the old men. Her challenge, she said is not talking as much as her last role, and finding something to do with her time. She said the fun part is wearing a padded body suit and bra filled with split peas. "They're a character within themselves."

**Rachel Ayers**, 18, of Lowes Island, plays her sister Abby Brewster. "She's like a sweet old lady, but she's really the brains of the operation," she said.

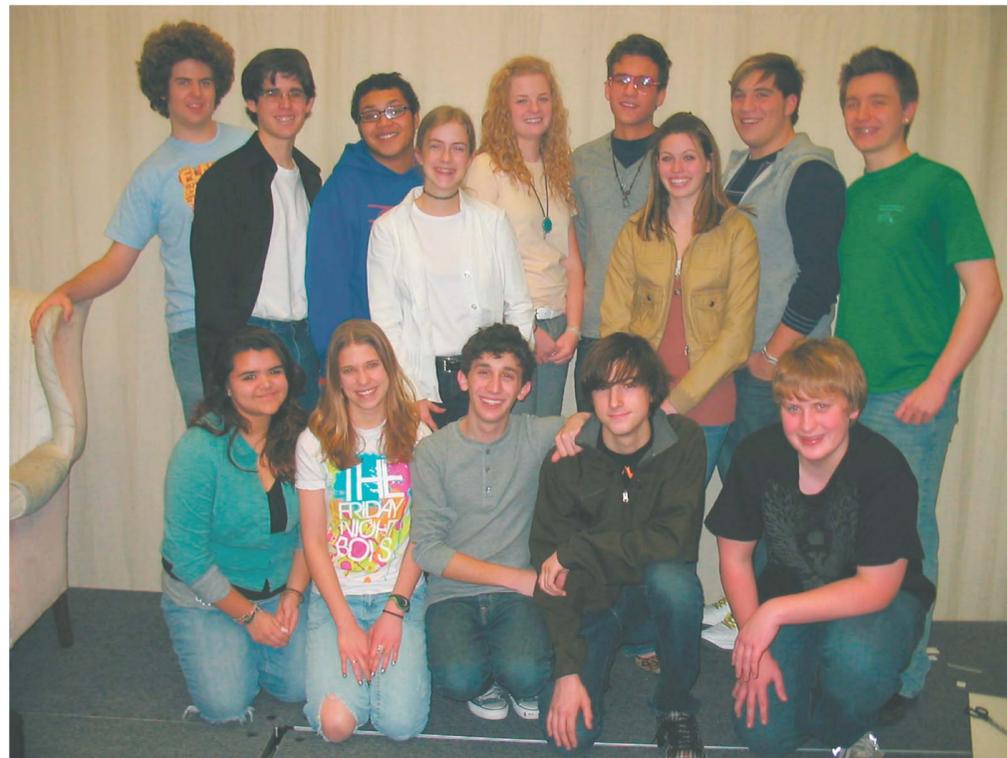
"She doesn't see anything wrong with killing people."

When she graduates, she said she wants to be an army nurse on her four-year ROTC scholarship.

**Bryan Fountain**, 17, of Sugarland, plays Teddy Brewster who thinks he's Theodore Roosevelt. "He's not really right in the head," he said. The challenge is the voice because it's more "gruff and manly." He's having fun with the role because "I get to be the most crazy. There's nothing that's off limits to me." Bryan plans on majoring in film studies at VCU.

**Nazim Benarbane**, 17, of Sugarland, plays Jonathan Brewster, who he describes as "very mercurial." He adds, "He's driven by his goals, which are to kill, make money and exact revenge." The fun part, he said, is "It lets me exact all of my fantasies, like going ape and being unhinged without any repercussions." Nazim plans on majoring in philosophy at Evergreen College.

**Taylor Berrett**, 16, of Rivercrest, plays Mortimer Brewster who he describes as pretty much a "jerk" at the epicenter of all the craziness going on. "A lot of the humor comes from the fact that I'm a straight-laced guy and all this nonsense is going on



Dominion High School students in "Arsenic and Old Lace," top row, from left, Matt Eisenburg, Desi Sipes, Bryan Fountain, Rachel Ayers, Fiona Ritchey, Taylor Berrett, Julia Germain, Chris Wolf and Eric Abrahamsen. Bottom row, Stephanie Booth, Barbara Rion, Ty Sheedlo, Tyler Grad and James Russell.

PHOTO BY STEVE HIBBARD/THE CONNECTION

### To Go

#### "ARSENIC AND OLD LACE"

**Performances:** Feb. 5-8  
Thursday, Friday, and Saturday at 7:30 p.m.;  
Sunday at 3 p.m.  
**Location:** Dominion High School  
Auditorium, 21326 Augusta Drive, Sterling  
**Cost:** \$7 students and children; \$8 adults;  
tickets can be purchased at the door.

around." He hopes to study music in college.

**JULIA GERMAIN**, 17, of Lowes Island, plays Elaine Harper, the not-so-smart girlfriend of Mortimer. "Elaine is very flirtatious to say the least," she said. "She is definitely promiscuous."

She spends the whole time trying to get Mortimer to pay attention to her. "It's hard to be that promiscuous or that flirty," she adds.

**Tyler Grad**, 18, of Seneca Ridge, plays Officer O'Hara, the archetype of a bumbling Brooklyn police officer. "He simply lacks the perception of putting 2 and 2 together." He said the challenge was "dumbing myself down" to making simple statements. And the fun part is that he gets to act outrageously. Tyler hopes to study graphic design at the Corcoran College of Art.

**Ty Sheedlo**, 16, of Lowes Island, plays Dr. Einstein, who has a drinking problem. "I get

to act really stupid and do some funny things," he said. But the biggest challenge is having to act drunk. He also plays the character using a fake German accent.

**Matt Eisenberg**, 17, of Lowes Island, plays a cop named Brophy who has Brooklyn accent, and "not the brightest guy in the world," he said. "He thinks he's very smart and intelligent, but actually he's a goof." **Barbara Rion**, 16, of Rivercrest in Sterling, plays Lt. Rooney. "She is a really determined, domineering officer," which is fun because most of the guys in the police force are taller and idiotic, "so the contrast is really funny."

**James Russell**, 15, of Lowes Island, plays Elaine's father, the Rev. Harper, a similar role to one he played in "Little Women." The dad doesn't approve of his daughter going out late and coming home at 3 in the morning. "There's a lot of fun people in the cast," he added.

**Stephanie Booth**, 15, of Seneca Ridge, plays Ethel Gibbs, a lonely old lady who rents a room from the Brewsters. "They try to kill her, but she gets away," she said. Her challenge is playing an older woman with a lower voice. In one scene she gets chased while wearing heels. "I'm scared I'm

### Cast Members

Abby — Rachel Ayers  
Martha — Fiona Ritchey  
Mortimer — Taylor Berrett  
Elaine — Julia Germain  
Jonathon — Nazim Benarbane  
Einstein — Ty Sheedlo  
Teddy — Bryan Fountain  
Rev. Harper — James Russell  
O'Hara — Chris Wolfe and Tyler Grad  
Rooney — Barbara Rion  
Brophy — Matt Eisenberg  
Klein — Erik Abrahamsen  
Mrs. Gibbs — Stephanie Booth  
Mr. Witherspoon — Desi Sipes

going to fall on my face in front of everyone," she said.

**Erik Abrahamsen**, 15, of Sterling, plays Officer Klein who has a thick Brooklyn accent. "I just like being part of this community of everybody here at Dominion." He said getting down the accent is a bit difficult, but he uses his grandma's New York accent as a guide. He said he hopes to study musical theater in college.

## CALENDAR

Send events, which are open to the public at no or minimal cost, to [loudoun@connectionnewspapers.com](mailto:loudoun@connectionnewspapers.com). Deadline is Friday, two weeks before the event. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

### WEDNESDAY/FEB. 4

**BLACK HISTORY CELEBRATION.** 10:45 a.m.-3 p.m., Senior Center at Cascades Marketplace, 21060 Whitfield Place, Sterling. Travel to the Thomas Balch Library for a tour of the facility, discussion about black history and lunch at a local restaurant. Registration required, call Erik Onate, 703-430-2397.

### THURSDAY/FEB. 5

**CRIME CAPER MYSTERY.** 4 p.m., Cascades Library, 21030 Whitfield Place, Potomac Falls. Children, ages 8-11, can help solve the mystery of a missing item. Registration begins two weeks before by phone at 703-444-3228.

**PAJAMA TIME.** 7:30 p.m., Sterling Library, 120 Enterprise St., Sterling. Children ages 3-8 can wear their pajamas and bring a teddy bear to this story time featuring the books of author Sandra Boynton. Registration required; visit [library.loudoun.gov](http://library.loudoun.gov) or call 703-430-9500.

### FRIDAY/FEB. 6

**LED ZEPPELIN.** 7 p.m., Ned Devine's Irish Village, 21800 Town Center Plaza, Sterling. The Paul Green School of Rock Music will play Led Zeppelin's greatest hits. Cost: \$10. Call 703-444-7873 or visit [www.irishvillage.neddevines.com](http://www.irishvillage.neddevines.com).

**ARCHEOLOGY.** 7 p.m., the Loudoun Museum, 16 Loudoun St. S.W., Leesburg. Tammy L. Bryant, M.A., a senior archeologist at Thunderbird Archeology, will share the results of her archaeological excavations in Loudoun County. Cost: \$5 per person. Call 703-777-7427.

**SOMEBUNNY TO LOVE.** 5-7 p.m., Sterling Community Center, 120 Enterprise St., Sterling. The Loudoun County Animal Shelter and RabbitWise are teaming up to help shelter rabbits find new homes. Visit [www.loudoun.gov/animals](http://www.loudoun.gov/animals) to see rabbits available for adoption.

### SATURDAY/FEB. 7

**LED ZEPPELIN.** 7 p.m., Ned Devine's Irish Village, 21800 Town Center Plaza, Sterling. The Paul Green School of Rock Music will play Led Zeppelin's greatest hits. Cost: \$10. Call 703-444-7873 or visit [www.irishvillage.neddevines.com](http://www.irishvillage.neddevines.com).

**STORY TIME MATINEE.** 2 p.m., Ashburn Library, 43316 Hay Road, Ashburn. Stories, songs, a video storybook and a craft. Ages 3-6. Visit [library.loudoun.gov](http://library.loudoun.gov).

**BRIGID'S FAIRE.** 3-11 p.m., Esoterica, 25 S. King St., Leesburg. Brigid's Faire Winter Music Festival features live music throughout the day. Free admission prior to 3 p.m., \$5 fee after that.

**MUSIC AND DANCE.** 2 p.m., Cascades Library, 21030 Whitfield Place, Potomac Falls. Stories of young people of the Civil Rights Movement will be performed by the Smithsonian Associates Discovery Theater on Tour. Visit [library.loudoun.gov](http://library.loudoun.gov).

**SATURDAY AT THE SANCTUARY.** 9-10:30 a.m., Rust Nature Sanctuary, 802 Childrens Center Road, Leesburg. Learn about winter survival and look for signs of spring. Free. Call 703-737-0021.

**ADOPTION AND FOSTER CARE.** 10 a.m.-4 p.m., Dulles Town Center, Macy's wing, 21100 Dulles Town Circle, Dulles. Meet international and domestic adoption agencies, foster-care representatives and adoption attorneys. Music and face painting for children. Call 540-454-6480.

**CSI.** 1-2:30 p.m., Claude Moore Park, 21544 Old Vestal's Gap Road, Sterling. As a Critter Scene Investigator trainee, discover the clues animals leave behind then explore the woods and fields searching for those critters then enjoy hot chocolate and cookies. Cost: \$4 per child. An adult must accompany children. Call 571-258-3700.

**BIRDING ALGONKIAN PARK.** 8 a.m., Algonkian Park, Cascades Parkway, Sterling. Join Loudoun Wildlife Conservancy on a bird walk. Admission to the park is free and comfort stations are available. Meet at the parking lot by the pool. Bring binoculars. Contact Andy Rabin at [styrlus@gmail.com](mailto:styrlus@gmail.com) or 703-723-6926.

**WE LOVE OUR TEACHERS.** 10 a.m.-noon, Heritage Farm Museum, 21668 Heritage Farm Lane, Sterling. Ages 18 and up. Opportunity for area teachers to sample education program offerings for 2009 while networking with other



Stacey Earle and Mark Stuart perform as part of the Shenandoah Coffeehouse Series, Feb. 14, at the Unitarian Universalist Church of Loudoun.

CONTRIBUTED

education professionals. Refreshments will be served. Call 571-258-3800 to register.

**BOOK SWAP.** 10 a.m.-noon, Claude Moore Community Center, 46111 Loudoun Park Lane, Sterling. Trade adult and children's books, books on tape or CD, music CDs, VHS and DVD movies. Call 571-258-3500.

### SUNDAY/FEB. 8

**BLUEGRASS JAM.** 2:30-4:30 p.m., Heritage Farm Museum, 21668 Heritage Farm Lane, Sterling. Join musicians from the region in an afternoon of music. Free to visitors who bring a musical instrument. Refreshments provided. Blue Grass Jams will run the second and fourth Sundays through June. Call 571-258-3800 or visit [www.heritagefarmmuseum.org](http://www.heritagefarmmuseum.org).

### MONDAY/FEB. 9

**BUDDY STORY TIME.** 4:30 p.m., Ashburn Library, 43316 Hay Road, Ashburn. Encourage a child's love of books by pairing him with a teen reading buddy for one-on-one reading time. Recommended for ages 3-6. Visit [library.loudoun.gov](http://library.loudoun.gov).

**ALL ABOUT ARTHUR.** 4 p.m., Sterling Library, 120 Enterprise St., Sterling. A fun-filled time with books about Arthur and his buddies. Recommended for ages 6-11. Register at [library.loudoun.gov](http://library.loudoun.gov) or 703-430-9500.

**SNOWFLAKES.** 9:30-11 a.m. or 12:30-2 p.m., Claude Moore Park, 21544 Old Vestal's Gap Road, Sterling. Explore snow, winter cold and how the animals make it through these chilly months. Cost: \$10.50 per child. Ages 3-6. Call 571-258-3700.

**VALENTINE'S CRAFTS.** 3-6 p.m., Cascades Library, 21030 Whitfield Place, Sterling. The Humanity Institute for Children and Families invites children and teens to create Valentine's gifts for disadvantaged families, children, seniors and members of the military. Includes prizes and refreshments. Call 703-507-6023 to register.

### TUESDAY/FEB. 10

**FILM FESTIVAL.** 7 p.m., Sterling Library, 120 Enterprise St., Sterling. "The Defiant Ones" will be shown in the second installment of the Sidney Poitier film festival. Visit [library.loudoun.gov](http://library.loudoun.gov).

**SUSAN CRITES.** 7 p.m., Cascades Library, 21030 Whitfield Place, Potomac Falls. Special story time with Susan Crites, Warrenton resident and children's author of "I Love You More Than Rainbows." Call 703-444-3228.

**VALENTINE'S CRAFTS.** 4 p.m., Cascades Library, 21030 Whitfield Place, Potomac Falls. Children ages 6-11 can make a Valentine craft to take home. Register at [library.loudoun.gov](http://library.loudoun.gov) or 703-444-3228.

**MIROSLAV LONCAR.** 7 p.m., Park View High School, 400 W. Laurel Ave., Sterling. Guitarist Miroslav Loncar will give a solo concert. Music books will be available for sale and donations will be accepted for the Aguado Guitar Club and Guitar Competition. E-mail [m1oncar1@verizon.net](mailto:m1oncar1@verizon.net).

### WEDNESDAY/FEB. 11

**VALENTINE'S PARTY/DANCE.** 2-4 p.m., Senior Center Cascades Marketplace, 21060 Whitfield Place, Sterling. Music provided by disc jockey Sky Dantine, includes door prizes, light refreshments. Transportation provided afterward. Cost: \$3 for members in advance, \$5 day of and for nonmembers. Call 703-430-2397.

**SUSAN CRITES.** 11:15 a.m., Sterling Library, 120 Enterprise St., Sterling. Special story time with Susan Crites, Warrenton resident and children's author of "I Love You More Than Rainbows." Call 703-430-9500.

**COLONIAL KITCHEN.** 3:30-5 p.m., Claude Moore Park, 21544 Old Vestal's Gap Road, Sterling. Visit Lanesville House, explore the architecture and learn about cooking in kitchens during the colonial period. Cost: \$10.50 per child. Ages 6-10. Call 571-258-3700.

### THURSDAY/FEB. 12

**THEATER TRIP.** The Senior Center at Cascades Marketplace, 21060 Whitfield Place, will take a trip to Baltimore, Md., to Toby's Dinner Theatre for the production of "Sophisticated Ladies." Cost: \$61 for members, \$63 for nonmembers, includes transportation, show, buffet lunch and tip. Minimum walking. Call 703-430-2397 for departure and return times and locations.

**CASINO TRIP.** The Senior Center at Cascades Marketplace, 21060 Whitfield Place, will take a trip to Charles Town, W.Va. Includes slots and simulcast horse racing; lunch on own. Cost: \$8 for members, \$10 for nonmembers, includes transportation and \$5 cash back, subject to change. Minimum walking. Call 703-430-2397 for departure and return times and locations.

**SUSAN CRITES.** 11:15 a.m., Cascades Library, 21030 Whitfield Place, Potomac Falls. See Feb. 11 item for details. Call 703-444-3228

### FRIDAY/FEB. 13

**SUSAN CRITES.** 11 a.m., Sterling Library, 120 Enterprise St., Sterling. See Feb. 11 item for details. Call 703-430-9500.

**FATHER/DAUGHTER DANCE.** 7-9 p.m., Claude Moore Community Center, 46111 Loudoun Park Lane, Sterling. All ages. Dress up for a night to remember with a special date. Includes dancing, pictures, refreshments and more. Call 571-258-3500. Cost: \$15 per couple, \$5 for second child.

### SATURDAY/FEB. 14

**BIRDING BANSHEE.** 8 a.m., Banshee Reeks Nature Preserve, The Woods Road, Leesburg. Join Loudoun Wildlife Conservancy and the Friends of Banshee Reeks for the monthly bird walk. Bring binoculars. Contact Joe Coleman at 540-554-2542 or [jcoleman@loudounwildlife.org](mailto:jcoleman@loudounwildlife.org).

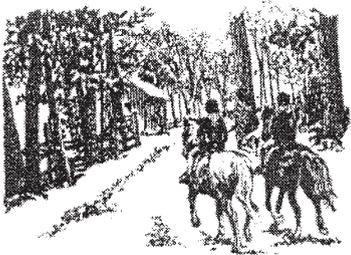
**VALENTINE'S DAY EXTRAVAGANZA.** 11 a.m., Sterling Library, 120 Enterprise St., Sterling. Children, ages 3-10, are invited to a morning of Valentine stories, activities and card making. Registration begins two weeks before the program, either online at <http://library.loudoun.gov> or by phone on 703-430-9500.

**FILM SERIES.** 2 p.m., Sterling Library, 120 Enterprise St., Sterling. Bring friends and family to watch great books on film, features "Cinderella," rated G. Visit <http://library.loudoun.gov> or call 703-430-9500.

**COFFEEHOUSE SERIES.** 8 p.m., Unitarian Universalist Church of Loudoun, [www.shenandoahacoustics.com](http://www.shenandoahacoustics.com) or call 703-737-7644.

### TUESDAY/FEB. 17

**ME AND MY WORLD.** 4 p.m., Sterling Library, 120 Enterprise St., Sterling. Explore books about your favorite dogs at this program called "Big Red Puppy Love." Register at [library.loudoun.gov](http://library.loudoun.gov) or 703-430-9500.



## Camp Strawderman

Est. 1929

In the Shenandoah Valley of Virginia. Girls 6-17. Real mountain camping in the foothills of the Allegheny Mountains. Riding, Swimming, Tennis, Archery, Hiking, Crafts, Dramatics, Nature Study, Indian Lore, Dancing and Music. Experienced Leaders. Cabins, 2, 4, 6 or 8 weeks. For brochure, write or phone: Margaret H. Gouldman, 10902 Brookwood Ave., Upper Marlboro, MD 20772.

June 21 - August 15  
(301) 868-1905

VALENTINE'S WEEK + FEB. 6TH-15TH

\$29<sup>95</sup> STEAK & LOBSTER  
3-COURSE MEAL

• Served with soup or salad and a signature chocolate dessert •



McCORMICK & SCHMICK'S  
SEAFOOD RESTAURANTS

RESTON TOWN CENTER

11920 Democracy Drive  
(703) 481-6600

TYSONS CORNER/MCLEAN

Westpark Dr at Leesburg Pike  
(703) 848-8000

WASHINGTON, D.C.  
1652 K Street NW at 17th  
(202) 861-2233

WASHINGTON, D.C.  
901 F Street NW  
(202) 639-9330

CRYSTAL CITY/ARLINGTON  
2010 Crystal Drive  
(703) 413-6400

TWO BETHESDA METRO CTR  
7401 Woodmont Avenue  
(301) 961-2626

NATIONAL HARBOR  
145 National Plaza  
(301) 567-6224

www.McCORMICKANDSCHMICKS.COM/DC

MAKE YOUR RESERVATION ONLINE TODAY

## NEWS

# Budget Shuffle

FROM PAGE 3

budget adopted by the supervisors. At the Jan. 27 meeting, the School Board, while approving its operating budget, voted to send just the proposed budget to the county in order to discuss the tiers at the Feb. 10 meeting. The School Board has also requested to formally present the budget to the supervisors March 4. The Board of Supervisors were set to vote on that request Tuesday, Feb. 3.

Due to an anticipated county

budget shortfall Hatrick's proposed FY'10 budget reflected a 1.6 percent increase over last year, however, the county transfer — the funds provided by the supervisors — was .2 percent less than last year. The difference was projected to come from state and federal funding. The tiered cuts represent reductions of \$26.8 million, \$53.7 million and \$80.5 million respectively.

To review the proposed budget and the revised tier cuts, visit [www.loudoun.k12.va.us](http://www.loudoun.k12.va.us).

## FAITH NOTES

Send announcements or events, which are open to the public at no or minimal cost, to [loudoun@connectionnewspapers.com](mailto:loudoun@connectionnewspapers.com). Deadline is Friday, two weeks before the event. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

The **Sant Nirankari Mission** held a blood drive Saturday, Dec. 20, at the Cascades Library with the help of the American Red Cross. About 30 mission members signed in for the blood donation and 21 units of blood were collected. The mission is expecting to hold another blood drive in April 2009.

Each 10:30 a.m. Sunday service at **Unitarian Universalists of Sterling**, 22135 Davis Drive, Sterling, has a different topic. The **Feb. 8** service is "Your One Wild and Precious Life." The **Feb. 15** service is "Ambiguity-The Challenge and the Responsibility." The **Feb. 22** service is "Agape, on the Rocks." Call 703-406-3068.

The Jewish "Lunch and Learn" schedule for 2009 has been announced. The program consists of lunch-time studies, featuring five rabbis from western Fairfax and Loudoun counties. The sessions will be held at noon on Wednesdays, **Feb. 11-June 17**. All sessions are "brown bag" lunches and will be held in Sterling. Free. E-mail to [JewishStudies.Teacher@gmail.com](mailto:JewishStudies.Teacher@gmail.com) to sign up.

The Washington D.C. Area branch of

Introducing...

## New Fast-Track hours on Monday mornings!

Now through February, from 9am to 10:15am every Monday, we are leaving our schedule open for walk-in SICK visits. If you have a sore throat, sinus infection, cough, cold, or the flu, walk-in during these hours. (All other conditions or routine visits need an appointment.)

**Not feeling well on Sat. Morning?**

Call us for a Sat., same-day Sick appointment  
From 8:30am to 11:30am

### Practice Philosophy...

As a family practice, we believe that preventive health care is the main path to total well-being. Spending the extra time with each individual's or family's needs enables us to help build a solid foundation for good health. It is very important to us to have each and every patient actively participate in his or her total health care.

## ASHBURN MEDICAL CENTER, P.C.

Comprehensive Family Care



### James Ditaranto, D.O

Dr. Ditaranto is a Board Certified Family Medicine Physician. He completed his Family Practice Residency in 1986. Dr. Ditaranto is a former Chairman of the Family Medicine Department at Reston Hospital Center and served on the Board of Medical Planning for Loudoun County. He has been practicing in Loudoun county for over 13 years.

Dr. Ditaranto's special interests include pediatric and adolescent health care. Other interests include Attention Deficit Disorders and Geriatrics.

### Cynthia Hersh FNP-BC

### Mary Anest FNP-BC

### Mary Anest, FNP-BC

Mary is a family nurse practitioner with board certification from the American Nurse Credentialing Center. She received her undergraduate nursing degree from Bob Jones University in Greenville, SC, in 2003. After working on an orthopedics unit and then a high-risk obstetrics unit, she attended Binghamton University in Binghamton, NY, for her graduate nursing degree.

### Cynthia Hersh, FNP-BC

Cynthia is a graduate of Sacred Heart Hospital School of Nursing. In 1999 she graduated from Creighton University magna cum laude with a Bachelor's of Science degree in nursing and in 2001 with a Master's of Science advanced practice nursing degree specializing in family medicine.

42882 Truro Parish Dr. #201 - Ashburn, VA 703-729-1660

# Mims In-Line for Job

FROM PAGE 3

Commonwealth of Virginia. The responsibility for choosing a new attorney general due to a resignation rests with the General Assembly if a vacancy occurs during the legislative session. It rests with the governor if the vacancy occurs when the General Assembly is not in session.

Mims is a veteran of Virginia politics, having represented parts of Loudoun County in the House of Delegates from 1992-1997 and from the state Senate from 1998-2005. In 2005, he left his post to become McDonnell's chief deputy attorney general. Mims has also served as chief of staff to Rep. Frank Wolf (R-10) and deputy legislative director for former

U.S. Sen. Paul S. Trible Jr.

"[McDonnell] has been the very best attorney general Virginia has ever had," Mims said. "I fully support his run for governor and the staff and I want to continue on the path he has set."

Mims said that with the tradition of attorneys general stepping down when running for governor, he knew for some time that McDonnell's resignation was a possibility so there was no great shock. Mims also said that there are no other candidates vying for the spot, so he expects the official appointment to be handed down by the General Assembly when they appoint new judges on Feb. 25.

— JUSTIN FANIZZI

## BULLETIN BOARD

### THURSDAY/FEB. 5

**ASHBURN KIDS' BOOK CLUB**  
will meet 7 p.m., at the Ashburn Library, 43316 Hay Road, Ashburn. The club, recommended for ages 8-11, explores one award-winning, high-quality book. Registration required and begins four weeks before the program. Register at library.loudoun.gov or 703-737-8100.

**CASCADES SENIOR CENTER**  
camera club will meet 1 p.m., at the center, 21060 Whitfield Place, Sterling. Includes discussion on camera gear and the month's theme is Cameras 101, the month's display is Think Spring. Call 703-430-2397.

### FRIDAY/FEB. 6

**LA LECHE LEAGUE OF ASHBURN**  
will hold its next meeting 10:15 a.m., at the Ashburn Library, 43316 Hay Road, Ashburn. The topic is "The Advantages of Breastfeeding." Pregnant and nursing women as well as their children are welcome to attend. Free. Call a La Leche League leader at 703-753-3214.

### SATURDAY/FEB. 7

**BROAD RUN HIGH SCHOOL**, 21670 Ashburn Road, Ashburn, is hosting its second annual "Spartan Spectacular" Winter Color Guard and Drum Line competition, 10 a.m.-1 p.m. More than 60 teams from across the area

will be participating. Admission: \$10 adults, \$7 students, free for children under 5.

**STERLING BOULEVARD CLEANUP** is scheduled 9 a.m.-12 p.m. and will start at the Park View Recycling Center, 400 W. Laurel Ave., Sterling. Volunteers needed. Call Kevin Chroninger at 703-406-7749 or visit www.sterlingfoundation.org.

### TUESDAY/FEB. 10

**MAD SCIENTISTS' CLUB** will meet 7 p.m., at the Ashburn Library, 43316 Hay Road, Ashburn. Children, ages 8-11, can explore scientific topics through fun and informational activities. Register at library.loudoun.gov or 703-737-8100.

## HOME SALES

12/25/08 ~ 12/31/08

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot AC	Subdivision
20269 MEDALIST DR	4	3	1		ASHBURN	\$1,546,563	Detached	0.86	BELMONT MASTERS
18360 CANOVA CT	4	3	1		LEESBURG	\$1,400,000	Detached	3.00	PARK MEADOWS
43261 OVERVIEW PL	5	5	2		LEESBURG	\$1,012,500	Detached	0.79	LANSLOWNE ON THE POTOMAC
40780 SPECTACULAR BID PL	5	5	1		LEESBURG	\$930,000	Detached	0.90	BEACON HILL
19222 MILL SITE PL	6	5	1		LEESBURG	\$899,000	Detached	0.29	LANSLOWNE ON THE POTOMAC
43245 OVERVIEW PL	5	4	2		LEESBURG	\$870,000	Detached	0.45	LANSLOWNE ON THE POTOMAC
43845 GOSHEN FARM CT	6	5	1		LEESBURG	\$820,000	Detached	0.21	LANSLOWNE ON THE POTOMAC
21808 IANNIS SPRING DR	4	2	1		ASHBURN	\$805,910	Detached	0.48	VILLAGE OF WAXPOOL
19574 ROTHBURY LN	4	4	2		LEESBURG	\$769,018	Detached	1.15	ROKEBY HAMLET
19817 SOMERCOTE LN	4	2	1		LEESBURG	\$752,593	Detached	0.95	ROKEBY HAMLET
42843 BRAMOUNT CIR	4	3	1		ASHBURN	\$565,000	Detached	0.22	WINDERMERE
18382 RENEE CT	3	2	1		LEESBURG	\$557,585	Detached	0.21	RIVER CREEK
23223 CHRISTOPHER THOMAS LN	4	5	1		ASHBURN	\$549,990	Detached	0.27	BRAMBLETON
20917 OLD HICKORY LN	6	3	1		LEESBURG	\$499,000	Detached	14.73	GOOSE CREEK FARMS
41348 WINDYBUSH DR	5	4	1		LEESBURG	\$475,000	Detached	0.20	RED CEDAR MIDDLE VILLAGE
19124 COTON RESERVE DR	4	3	1		LEESBURG	\$470,000	Detached	0.20	LANSLOWNE ON THE POTOMAC
19458 FRONT ST	3	3	1		LEESBURG	\$457,505	Townhouse	0.06	LANSLOWNE TOWN CTR
700 PRINCETON CT NE	6	3	2		LEESBURG	\$450,000	Detached	0.24	EDWARDS LANDING
19032 SNOWBERRY CT	4	4	1		LEESBURG	\$448,000	Detached	0.21	POTOMAC STATION
43022 LAKE RIDGE PL	5	4	1		LEESBURG	\$441,250	Detached	0.29	NORTHLAKE
20574 RINGOLD DR	4	2	1		ASHBURN	\$437,000	Detached	0.17	ASHBURN VILLAGE
43855 MERRYOAK WAY	4	3	1		ASHBURN	\$415,000	Detached	0.22	RIDGES AT ASHBURN
43252 SUNDERLEIGH SQ	4	3	1		BROADLANDS	\$404,000	Townhouse	0.07	BROADLANDS SOUTH
13904 TAYLORSTOWN RD	4	2	1		LEESBURG	\$400,000	Detached	2.00	CATOCTIN MT
21304 VICTORIAS CROSS TER	3	3	1		ASHBURN	\$345,500	Townhouse	0.05	ASHBURN VILLAGE
20807 YEATS SQ	3	3	1		ASHBURN	\$338,605	Townhouse	0.04	GOOSE CREEK VILLAGE
21313 LORD NELSON TER	3	2	2		ASHBURN	\$325,000	Townhouse	0.04	ASHBURN VILLAGE
43803 STONEBRIDGE DR	3	3	1		ASHBURN	\$317,000	Townhouse	0.06	ASHBURN FARM
44381 MALTESE FALCON SQ	3	2	1		ASHBURN	\$305,178	Multi-Family	0.03	POTOMAC GREEN
44140 MISTLETOE TER	4	3	0		ASHBURN	\$279,000	Townhouse	0.06	ASHBURN VILLAGE
42638 HIGHGATE TER	3	2	1		ASHBURN	\$265,000	Townhouse	0.03	BRAMBLETON LAND
21054 TYLER TOO TER	3	2	1		ASHBURN	\$250,000	Townhouse	0.04	ASHBURN VILLAGE
204 AYR ST NW	3	2	1		LEESBURG	\$250,000	Detached	0.24	AYRLEE
43956 BONLEE SQ	3	3	1		ASHBURN	\$248,000	Townhouse	0.03	ASHBURN VILLAGE
323 MILLBROOK TER NE	3	2	1		LEESBURG	\$233,000	Townhouse	0.05	EXETER
21820 JARVIS SQ #21820	3	3	0		ASHBURN	\$222,500	Townhouse	0.03	PARKSIDE AT ASHBURN
20855 APOLLO TER	4	3	1		ASHBURN	\$220,000	Townhouse	0.03	ASHBURN VILLAGE
111 BIRCH ST NE	3	2	0		LEESBURG	\$219,900	Detached	0.23	CARRVALE
902 REDBUD LN NE	3	2	1		LEESBURG	\$200,000	Detached	0.26	CARRVALE
440 ANDROMEDA TER NE	4	2	2		LEESBURG	\$192,900	Townhouse	0.05	SYCAMORE HILL
540 ROCKBRIDGE DR SE	3	2	1		LEESBURG	\$180,000	Detached	0.11	SILVER OAKS
105 SALEM CT SE	3	2	0		LEESBURG	\$175,000	Detached	0.11	SILVER OAKS
618 RADFORD TER NE	4	3	1		LEESBURG	\$159,000	Townhouse	0.05	EXETER
717 WIRT ST SW	5	2	0		LEESBURG	\$140,000	Detached	0.20	WAVERLEY HEIGHTS
665D CONSTELLATION SQ SE	2	2	0		LEESBURG	\$115,000	Garden 1-4 Floors		LEESBURG GATEWAY II

Copyright 2008 Metropolitan Regional Information Systems, Inc.  
For more information on MRIS, visit www.mris.com.  
To search for a home online, visit www.HomesDatabase.com.

## Your New Home is Waiting for You at These OPENS February 7th & 8th



\*Featured Home-16580 Swanbourne Dr., Hamilton, \$874,900, Open Saturday 11-5  
Michael Severin, Keller Williams, 571-233-5712

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper.  
For more real estate listings and open houses visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com),  
click the Real Estate links on the right side.

**Call Specific Agents to Confirm Dates & Times.**

### Broadlands

42862 Springs Morning Ct...\$549,900...Sun 1-3.....Clark Smith.....RE/MAX Premier.....703-318-0067

### Hamilton

16580 Swanbourne Dr\* .....\$874,900...Sat 11-5.....Michael Severin.....Keller Williams.....571-233-5712  
38576 Ditchling Pl.....\$1,299,900...Sat & Sun 11-5 Michael Severin.....Keller Williams.....571-233-5712

### Leesburg

43032 Battery Point Pl., SE...\$499,900...Sun 1-4.....Paul Anderson.....Long & Foster.....703-477-0603  
42041 Brightwood Ln.....\$593,000...Sun 1-4.....Bridget Allen.....Weichert.....540-338-2024  
21036 Great Woods Dr.....\$685,000...Sun 1-4.....Jocelyn Santiago.....Long & Foster.....703-244-1344  
41086 Grenata Preserve Pl...\$1,895,000.Sun 1:30-4.....Kimberly Fortunato.....Long & Foster.....703-786-5757  
43487 Mill Wright Ter.....\$589,918...Sun 1-4.....Mary Tippett.....Avery-Hess.....571-236-1033  
18772 Ridgeback Ct.....\$1,099,000.Sat & Sun 1-4..Lisa Picciolo.....Weichert.....703-726-3909  
812 Vanderbilt Ter., SE.....\$299,900...Sun 1-4.....John McCambridge.....Samson.....703-430-4234

### Paeonian Springs

16879 Old Waterford Rd.....\$649,900...Sun 1-4.....Sherry Wilson.....RE/MAX.....540-338-6300

### Potomac Falls

21223 Edgewood Ct.....\$784,000...Sun 12-4.....Deborah Gorham.....Long & Foster.....703-581-9005

### Purcellville

19999 Colochester Rd.....\$574,900...Sun 1-4.....Chakib Rifae.....Samson.....703-430-4234

### South Riding

25844 Turlough Ter.....\$379,000...Sun 1-4.....Ben Turpin.....RE/MAX.....703-600-9947

### Sterling

46705 Corkwing Sq.....\$254,900...Sun 1-4.....Aziz Nawabi.....Coldwell Banker.....571-214-2265  
304 Johnson Rd.....\$215,000...Sat.11-2.....Valerie Pineo.....Weichert.....703-444-4700  
47304 Middle Bluff Pl.....\$645,000...Sun 1-4.....Mimi Glasgow.....Weichert.....703-759-6300

### Herndon

13515 Huntsfield Ct.....\$429,900...Sun 1-4.....Bernie Kagan.....Samson.....703-216-0985  
908 Monroe St.....\$325,000...Sun 1-4.....Janel Hansen.....Weichert.....703-753-3828  
2705 Robaleed Way.....\$825,000...Sun 1-4.....Bryan Felder.....Remax.....703-652-5710  
1100 Grand Hamptons Dr.....\$995,000...Sun 1-4.....Debbie McGuire.....Weichert.....703-856-4766  
13205 Stable Brook Way.....\$689,735...Sun 1-4.....Keith Harris.....Samson.....703-395-6601

### Reston

2517 Freetown Dr.....\$449,997...Sun 1-4.....Rhea Thomas.....Weichert.....703-938-6070

To add your Realtor represented Open House  
to these weekly listings, please call Lauri Swift or Winslow Wacker  
703-821-5050 or E-Mail the info to  
[Lauri@connectionnewspapers.com](mailto:Lauri@connectionnewspapers.com)  
All listings due by Monday at 3 p.m.

## COME FIND YOUR

Now! Thousands  
of pictures of  
sports, graduations,  
current events  
and more—never  
published, but posted  
on the Web. Free for  
evaluation, available  
for prints.



**PHOTOS AT**  
**ConnectionNewspapers.com**  
Click on "Photo Gallery"

# Broad Run Boys Remain in Hunt

Spartans handle Heritage behind McGaughey's 20 points.

BY RICH SANDERS  
THE CONNECTION

When opposing high-school boys basketball teams were beginning to figure out Broad Run's full-court pressing defense, the Spartans made some adjustments. Mainly, they dropped into a half-court defensive scheme that has stemmed off the other teams' scoring flows in recent consecutive Broad Run wins.

The Spartans' latest win going into this week came last Friday night when they put the defensive vice on Heritage in a 69-56 Dulles District road win. Broad Run had also played a solid all-around game in a 70-50 win at Briar Woods a week earlier.

The two wins came after a disheartening 26-point loss at first-place Dominion on Jan. 14 in which the Spartans struggled to make defensive stops against the red-hot Titans. But Broad Run (15-3 overall, 6-3 district) was much more stingy on the defensive end in the wins over Briar Woods and Heritage.

"I think our last two games have been

pretty solid," said Broad Run coach John Costello. "Against Briar Woods we got a real good performance and against Heritage the same thing. The defense has been the real difference. Our half court [defense] is much better.

"Teams had done a better job against our press [so] we've done a lot less pressing and more half court defense," he said.

**"The defense has been the real difference. Our half court [defense] is much better."**

—John Costello, Broad Run High boys basketball coach

**OFFENSIVELY IN THE** win over Heritage on Friday, Broad Run received a balanced scoring attack as three players — junior forward Kevin McGaughey (20 points), senior guard Breon Earl (16) and sophomore forward Taylor Johnson (12) — were each in double figures. Senior guard Didier Saidi contributed

seven points in the win. Broad Run led the Pride (3-15, 3-7) by a 35-25 lead at the half and continued to play well in the second half on way to the win.

"With three or four guys getting double figures a night, it's hard to beat a team when it's doing that," said Costello, whose team

SEE SOLID, PAGE 15

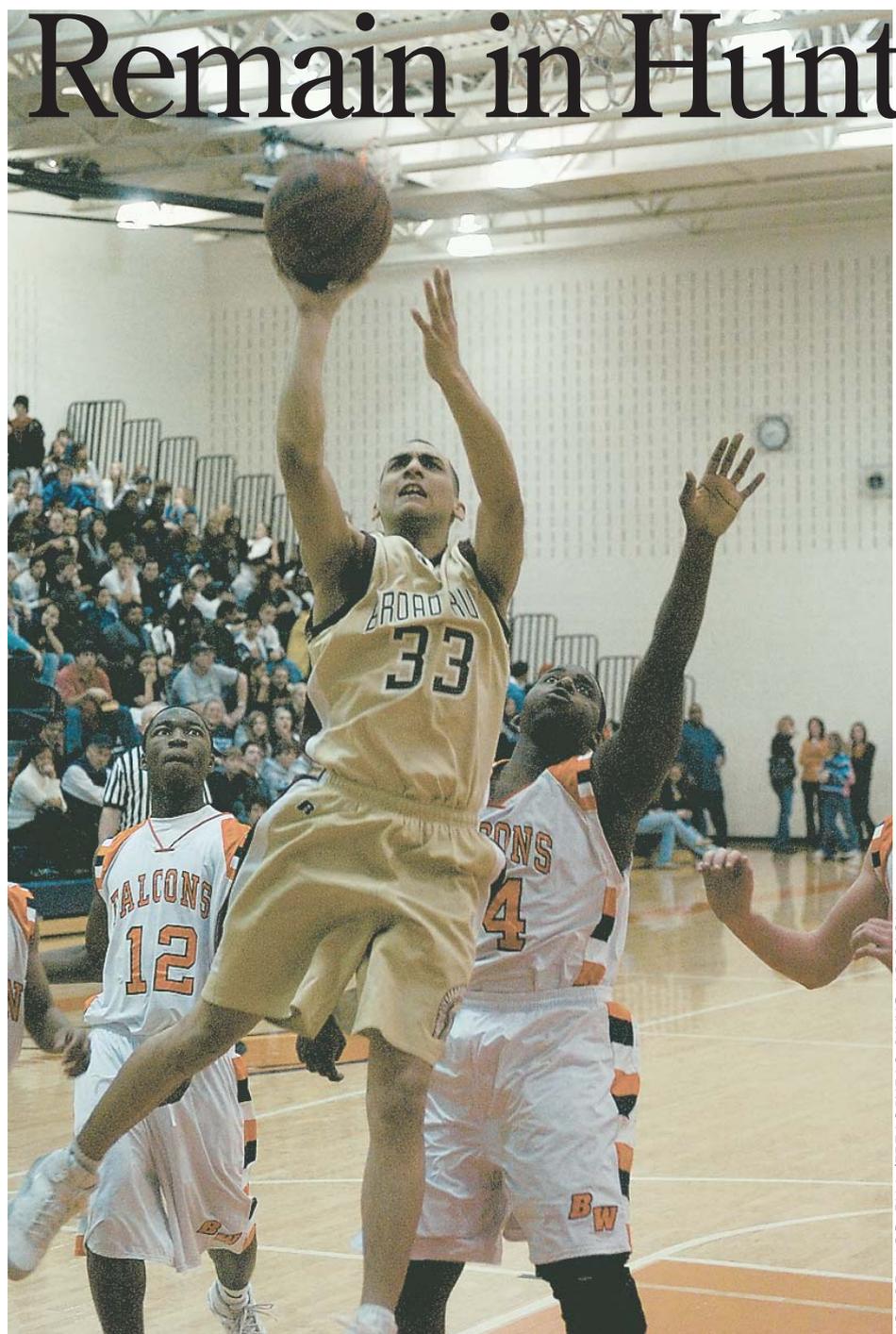


PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

**Broad Run High junior forward Ahmad Zafar goes strong to the basket in the Spartans' recent Dulles District win at Briar Woods. Going into this week, Broad Run carried an impressive 15-3 overall record and was second in the Dulles district standings.**

## Jessop Commits to Flagler

Broad Run senior has earned First-Team All-District honors at shortstop the past two years.

BY RICH SANDERS  
THE CONNECTION

Broad Run High senior Chris Jessop accepted a partial scholarship offer last week to play baseball at Flagler College, an NCAA Division II private school in St. Augustine, Fla.

Jessop, perhaps best known locally for quarterbacking the Broad Run football team to the Virginia State AA title this past fall, is a shortstop in baseball and has been a big contributor on a Spartans' team that has

captured Dulles District titles each of the past two spring seasons.

Flagler baseball coaches saw Jessop compete at a showcase camp in St. Augustine this past December.

"They were impressed with his size, speed and arm strength," Pat Cassidy, the Broad Run head baseball coach, said.

Last year for Broad Run, Jessop, out of the No. 2 spot in the batting order, batted .290 and was a perfect 20 for 20 in stolen

SEE JESSOP, PAGE 15



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION  
Mike Skinner

### Athlete of the Week

Mike Skinner, who coached high-school football in the Northern Region for 28 years before stepping down from his position as head coach at Centreville in 2006, will be inducted into the Fairfax County Football Hall of Fame Sunday, March 1. Ceremonies and a banquet will take place on that date at the McLean Hilton Hotel. Skinner, during his career, had long head coaching stints at both Marshall and Centreville high schools. He led both programs to numerous postseason appearances. He is currently the assistant athletic director at Stone Bridge High. Skinner, at the upcoming Hall of Fame banquet, will be inducted along with two other individuals — Eddie Royal, former Westfield High and Virginia Tech star and current member of the Denver Broncos; and John Schaffstall of the Braddock Road Youth Club.

**Athlete of the Week Sponsored by  
The Greg Wells Team**

For All Your Real Estate Needs  
www.TheGregWellsTeam.com

571-223-2947



ZONE I: • RESTON  
• HERNDON • LOUDOUN

# EMPLOYMENT

703-917-6464

ZONE I AD DEADLINE:  
TUESDAY 4 P.M.

## TELEPHONE

A great opportunity to  
**WORK AT HOME!**  
NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!  
**301-333-1900**  
Weekdays 9-4

## TELEPHONE

A great opportunity to  
**WORK AT HOME!**  
NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!  
**301-333-1900**  
Weekdays 9-4

**International Telecom Opportunity**  
Entrepreneurs, professionals or managers with vision, call for an appointment.  
**1 (703) 955-3746**

**VETERINARY ASSISTANT**  
Small animal hosp. Great Falls. Will train. 703-757-7570 • [www.ourvets.com](http://www.ourvets.com)

**KENNEL HELP (Herndon)**  
FT/PT. Flexible hours, Mon - Sat. Must be animal lover. Dependable. Exp. pref'd but will train. Call Missy @ Call:703-435-8777 or fax:703-435-8786

**AVON** Need an Extra \$500 - \$1000 per mo. to pay Bills ??  
Call Sue @ **703-451-5864**  
Email: [avonsatosell@yahoo.com](mailto:avonsatosell@yahoo.com)  
[www.youravon.com/sanderson5864](http://www.youravon.com/sanderson5864)

**NOW HIRING**  
Pool Cleaners  
Supervisors  
Construction Helpers  
Call: **703-321-7040**  
[www.continentalpools.com](http://www.continentalpools.com)

**MYSTERY SHOPPERS**  
Earn up to \$150/day. Undercover shoppers needed to judge retail and dining establishments. Exp. not req'd. Call: 877-737-7506 Fee with credit card required.

**AUTO REPAIR GENERAL SERVICE**  
Min 2 years exp, Reston location  
Competitive pay and benefits  
Call Keith at 703-620-6595

**Internships Available**  
Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. Call John Lovaas, 703-917-6405 or email [internship@connectionnewspapers.com](mailto:internship@connectionnewspapers.com)

**THE CONNECTION NEWSPAPERS**

**FT/PT TEACHERS & ASSISTANTS**  
A non-profit childcare in Herndon, VA is looking for **Teachers & Assistants**. We offer competitive salaries, & great benefits. Please call 703-713-3983/84; Fax resume: 703-793-2298 or email: [Sangley@va-childcare.com](mailto:Sangley@va-childcare.com)

**AGRICULTURAL CAREER**  
Local lawn care co. in Springfield is now interviewing for lawn tech pos. Learn and earn while completing a certification program in chemical applications. Career employment, no winter layoffs, benefits available. Valid VA DL a must. Call to set appt. **703-455-5296**

**EARN PAID TIME OFF!**  
**CNA's/Companions/Live - Ins**  
Needed immediately to help with daily meals, errands, chores, laundry, etc. Flexible schedules - work when you want. Paid training, double time for holidays. PT/FT. Call now 703-766-4019.

**OFFICE HELP - MCLEAN**  
Family run business looking for special person to add to small office staff. Computer, accounting, people and phone skills required. Honest and dependable. Must have own transportation. Serious inquiries only.  
Fax resume: 703-893-2038,  
Email: [carpetyard@aol.com](mailto:carpetyard@aol.com)

**BEST CHILDCARE JOBS!**  
F/T, P/T, On-Call, Top Salaries  
No Fees, Must be 21, Legal & Drive  
References Req'd  
**703-838-2100**  
**White House Nannies, Inc**

**SECRETARY**  
Small Fairfax City law firm seeking a Secretary with excellent word processing, organizational and communication skills. Training possible. English/Spanish fluency a plus. Email resume & salary requirements to [nagsntops36@yahoo.com](mailto:nagsntops36@yahoo.com)

**ECONOMY, DOWNSIZING GOT YOU WORRIED? GOT A PLAN B?**  
• Billion \$ publicly traded company  
• Record sales 13 months in a row  
• Just into exclusive anti-aging break through  
• In 48 countries yet still ground floor opportunity  
• PT/FT, Learn more, call 571-248-8632

**2009 EXPANSION \$17.00 Base-Appt.**  
Immediate Openings. Ideal for students/others. Customer Sales/Svc. Flex Schedules. All ages 18+. Conditions apply.  
**Call 703-359-7600**

**LINQUEST CORPORATION**  
Satcom Engineer - Chantilly, VA  
Seeking individual with 3+ yrs satellite communications exp. to support the SEIT team on the Enhanced Polar System (EPS) contract for the Space & Missiles Systems Center (SMC). The position will support the Mission Control and Payload Integrated Product Teams (IPTs). US citizenship and an active DoD TS clearance required. Please go to [linquest.com](http://linquest.com), apply on line, noting requisition #542 in your e-mail cover letter. EOE

**COMPANIONS**  
**Become a Joy in a Senior's Life**  
**Immediate Positions Available**  
• Weekly Pay • Vacation Pay  
• Merit Increases • Over time Pay  
• Need Own Car  
— Call for interview —  
**Old Dominion Home Care**  
10366-C Democracy Lane, Fairfax, VA 22030  
**703-273-0424**

**Employers:**  
**Are your recruiting ads not working in other papers?**  
*Try a better way to fill your employment openings*

- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

**THE CONNECTION to your community**  
703-917-6464 • Fax 703-917-0992  
E-mail: [classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)  
Great Papers • Great Readers • Great Results!

## Vitamin Efficiency



By KENNETH B. LOURIE

Partially due to doctor's orders, partially due to advancing age and partially due to friends', relatives' and educated opinions I've heard on radio and seen on television, I have begun, over the last year, to gradually supplement my vitamin- and nutrient-challenged diet with an assortment of pills, capsules, gels, liquid gels and soft gels to provide healthy sustenance that so far has escaped me. Since I cannot beat them on my own, I have decided to join them. If I've learned anything in life, it is that!

Surely exercise would help, as would dropping another 20 pounds (only 20?). Completely changing my eating habits, and I mean, 180 degrees, likely would contribute as well to a healthier and more fit me. But it's rather difficult to turn an ocean liner around after it's headed out to sea, and so far as I can see, the horizon is in my rear view window.

However, I imagine a few unexpected and discouraging results in my next quarterly blood test would most assuredly get the captain of my ship to turn tail and return to port. And even though my current and birth-to-date eating habits would seem to indicate that I don't yet know port from starboard, if I was unfortunate enough to receive "the talk" from my primary care physician and/or his nutritionist, I'm sure my interest and predilection to focus on the inside aisles at the supermarket (pre-packaged, bottled, canned; generally speaking, manufactured foods) would change rather quickly to a more concerted re-focus on the outside aisles at the supermarket (fresh and prepared foods, produce, dairy, meat, poultry, fish, etc.).

In lieu thereof, I have been pill-popping in one form or another going on 18 months. And for all I know, and for all my lab results seem to indicate, there may actually have been some benefit to the 10 to 12 pills a day regimen that I've maintained and even added to recently: multivitamin, a few prescriptions, baby aspirin, fish oil, Resveratrol of late, and possibly COQ-10 in the future, all in an attempt to stem the biochemical tide and imbalance caused no doubt by the life, liberty and happiness that I pursue.

And even though I've never characterized these pursuits as any kind of declaration of my independence, in effect, they were, and continue to be so. Now whether this pursuit has caused irreparable harm or in fact created an internal environment in which these manufactured and presumably concentrated supplements have no counter-balancing effect, I certainly don't know. Nor do I imagine that even the health care professionals who speak so knowledgeably and eloquently on the subject know exactly how the human body will ultimately respond for sure. One thing I know for sure, however, I'm not getting any younger. Nor am I, unfortunately, able to go back in time and start all over. Therefore, I have to make the best of the hand — and the health — I've been given. From my perspective, it's certainly nothing to complain about, it's just a dozen pills a day — or more eventually, I'm sure — likely for the rest of my life. A life that, because of, in spite of, all these supplements, will last longer and maybe even be healthier than I have a right to expect.

*Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.*

**21 Announcements 21 Announcements**

**Writers Instructional Workshops**

Herndon, February 12-16 (Presidents Day Weekend)  
Leesburg, February 19-22  
Old Town Alexandria, February 2 - March 1

Instructional-motivational sessions, 9 a.m. to 5 p.m. Receive personalized writing directives and publishing help from professionals in a positive, supportive, small-group setting.

Leesburg, March 5-8 (Christian Writers Workshop)  
For information: [www.itsyourlifebetter.com](http://www.itsyourlifebetter.com) Or call: (540) 454-4495 9 a.m. - 8 p.m.

**21 Announcements 21 Announcements**

**TRUSTEE'S SALE  
OF VALUABLE  
IMPROVED REAL ESTATE**

Improved by the premises known as  
13430 Elevation Lane, Herndon, Virginia

In execution of a Deed of Trust from Joel C. Amundsen and Sarah E. Amundsen, dated July 21, 2005, and recorded July 22, 2005, in Deed Book 17544 at page 6 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on

**Tuesday, February 10, 2009 at 11:00 a.m.**

the following property being the property contained in said Deed of Trust, described as follows:

Lot 140, Section 10E, Franklin Farm, as the same appears duly dedicated, platted and recorded in Deed Book 5822 at page 1686, among the Land Records of Fairfax County, Virginia.

Commonly known as 13430 Elevation Lane, Herndon, Virginia 20171.

**TERMS OF SALE:** A deposit of \$35,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 5.875 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the right: (i) to waive the deposit requirement; (ii) to approve or disapprove the creditworthiness of any bidder and/or purchaser; (iii) to withdraw the property from sale at any time prior to termination of the bidding; (iv) to extend the time for bidding; (v) to reject any or all bids; (vi) to postpone or set over the date or time of sale; and (vii) to extend the period of time for settlement hereunder.

Additional terms and conditions of sale may be announced at the time of sale.

DAVID N. PRENSKY  
Substitute Trustee

FOR INFORMATION CONTACT:  
David N. Prenskey  
Chasen & Chasen  
5225 Wisconsin Avenue, N.W. #500  
Washington, D.C. 20015  
(202) 244-4000

**21 Announcements 21 Announcements**

**Public Notice – Environmental Permit**

PURPOSE OF NOTICE: To seek public comment on a draft permit from the Department of Environmental Quality to limit air pollution emitted by a facility in Sterling, Virginia.

Public comment period: February 5, 2009 to March 6, 2009

Permit name: State Operating Permit issued by DEQ, under the authority of the Air Pollution Control Board

APPLICANT Name, address and registration number: Sterling Park Parcel 12, LLC, 11501 Huff Court, North Bethesda, Maryland, Registration Number-73725

Project description: Sterling Park Parcel 12, LLC has applied for a new permit for operation at Sterling Park Technology Center located at 22400 Shaw Road, Sterling Park, Virginia. The permit would allow the source to operate three diesel engine driven generator sets.

HOW TO COMMENT AND/OR REQUEST A PUBLIC HEARING: DEQ accepts comments and requests for public hearing by e-mail, fax or postal mail. All comments and requests must be in writing and be received by DEQ during the comment period. Submittals must include the names, mailing addresses and telephone numbers of the commenter/requester and of all persons represented by the commenter/requester. A request for public hearing must also include: 1) The reason why a public hearing is requested. 2) A brief, informal statement regarding the nature and extent of the interest of the requester or of those represented by the requester, including how and to what extent such interest would be directly and adversely affected by the permit. 3) Specific references, where possible, to terms and conditions of the permit with suggested revisions. DEQ may hold a public hearing, including another comment period, if public response is significant and there are substantial, disputed issues relevant to the permit.

Contact for public comments, document requests and additional information: Howard Beeson; Northern Regional Office, 13901 Crown Court, Woodbridge, Virginia 22193 Phone: (703) 583-3969; E-mail: [hbeeson@deq.virginia.gov](mailto:hbeeson@deq.virginia.gov); Fax: (703) 583-3821. The public may review the draft permit and application at the DEQ office named above (by appointment).

**21 Announcements 21 Announcements**

**OPEN SAT/SUN 12-4**



**VA AFS01**

**TRF AUCTIONS 434.847.7741**  
[TRFAuctions.com](http://TRFAuctions.com) | [MarinersLandingAuction.com](http://MarinersLandingAuction.com)

**21 Announcements 21 Announcements 21 Announcements**

Call Today and Find Out How You Can - Save \$200 - \$2,000\*

**\$11,000** 24 x 40 x 10 Dutchway Pole Barns

**\$24,800** 24 x 40 x 10 CONESTOGA Buildings

All buildings include: 2 garage doors • 1 entry door • delivery • installation

24 x 32 x 10 \$10,300	30 x 50 x 12 \$17,000
24 x 40 x 10 \$11,000	40 x 60 x 12 \$22,750
30 x 40 x 10 \$12,300	40 x 80 x 14 \$30,750

[www.dutchwaypolebarns.com](http://www.dutchwaypolebarns.com) [www.conestogabuildings.com](http://www.conestogabuildings.com)

\*Contract must be signed by 2/20/09. May not be combined with any other offers or advertised building prices. Savings amount reflective of building style, size and load. Offer not valid with any previous contract.

1-877-434-3133

**3 RE for Rent**

Beautiful house, Reston 3 BR, 2 bath, nr office buildings, \$2100/mo 646-286-1123

**4 RE for Sale**

INVESTOR SPECIAL! Thousands below market value 703-439-7144

**21 Announcements**

**21 Announcements**

*Designated*  
**"Qualified in Submarines"**  
JOIN



**Call: Submarine Veterans Northern Virginia Base**  
Steve Jaeger  
703-696-5354  
[Treasurer@USSVINOVA.org](mailto:Treasurer@USSVINOVA.org)

**116 Childcare Avail.**

**116 Childcare Avail.**

**116 Childcare Avail.**

**A Sensible Child Care Solution**

- US Govt. Designated Program with 20 Years of Experience
- Large Online Selection of Carefully Screened Au Pairs
- Lowest Average Weekly Cost. All Inclusive!
- Local Support Throughout the Year
- Culturally Enriching Family Experience

Winner of the Au Pair of the Year Award 2007

[www.eurapair.com](http://www.eurapair.com)  
800-618-2002



**29 Misc. for Sale**

**Antique Mahogany Buffet** completely refinished, perfect condition \$600. **Antique Walnut Ladies Rocker** with inlay detail and cane seat & back completely refinished \$125. **Antique Wicker Baby Buggy** late 1800's perfect condition, completely refinished, has new lining excellent shape \$250. **Antique Maple Child's Bed** English late 1800's, all legs and guard rails are turned, very unique piece, completely refinished and perfect condition \$1500. Please call or email me for photos & info 703-868-1461 or [tamralea@gmail.com](mailto:tamralea@gmail.com)

**OPEN HOUSE**

**Fairway Apartments**  
Feb. 7 & 8...12-4pm  
Ask for V-day special!  
[www.fairwayapartments.reston.com](http://www.fairwayapartments.reston.com)

**110 Elderly Care**

**Adult care required**  
Flex hours, pay negotiable  
call after 2, 703-474-9698

**26 Antiques**

We consign/pay top \$ for antique/semi antique furn. including mid century & danish modern Teak furniture, sterling, mens watches, painting/art glass, clocks, jewelry, costume jewelry, etc. Call Schefer Antiques @ 703-241-0790.

**101 Computers**

**HDI**  
EASY COMPUTER SOLUTIONS FOR INDIVIDUALS & SMALL BUSINESSES  
**JENNIFER O. SMITH**  
COMPUTER CONSULTANT

- > TRAINING
- > INSTALLATION
- > TROUBLE-SHOOTING
- > LET US TAME THAT BEAST FOR YOU

Serving Area Since 1995  
**(703) 765-2222**  
[JSMITHHDI@aol.com](mailto:JSMITHHDI@aol.com)

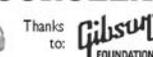


**21 Announcements**

**Donate Your Car!**  
**1-888-909-SONG(7664)**

FREE TOWING • TAX-DEDUCTIBLE • BOATS ACCEPTED  
Providing Personalized Songs for Seriously Ill Children

Donate and Be Entered To Win  
**A BRAND NEW TOYOTA COROLLA!**

Thanks to:   

The Medicine of Music™  
[www.songslovelove.org](http://www.songslovelove.org)  
Se Habla Español

**Featured on 60 Minutes and NBC Nightly News!**

**21 Announcements 21 Announcements 21 Announcements**

**BUILDING VALUE DAYS**

**BIGGEST Sales Event of the Year**

Exceptional savings. Exceptional buildings.  
Join us for our three-day Open House • February 5-7, 2009, from 8 a.m.-8 p.m.

- Best price of the year on your new building
- Consultants available
- Refreshments provided
- Free gift with building purchase

Call your local Morton office today.  
Culpeper, VA (540) 825-3633  
Richmond, VA (804) 739-0932  
Roanoke, VA (540) 366-3705

**MORTON BUILDINGS**

800-447-7436, ask for ext. 324  
[mortonbuildings.com](http://mortonbuildings.com)

Pricing and products subject to change without notice. Certain restrictions apply. Free gift available while quantities last. ©2009 Morton Buildings, Inc. #13V1902279001 #N1 007848 - #CB0336362

# SPORTS

## Jessop Heads South

FROM PAGE 12

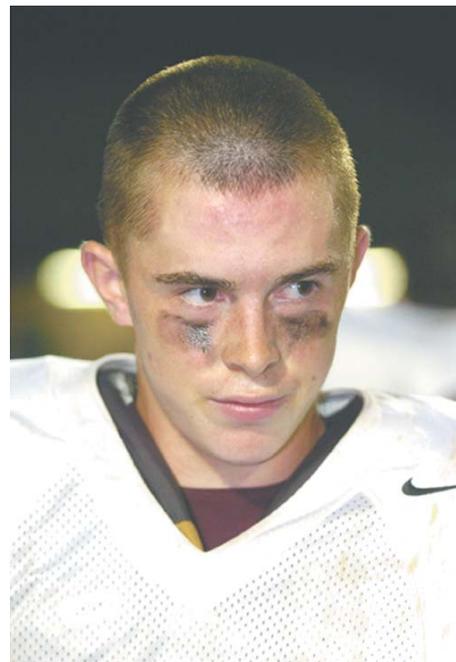


PHOTO BY CRAIG STERUTZEL/THE CONNECTION

bases. He earned First-Team All-Dulles District honors as a shortstop and was named to the Second-Team All-Region II squad.

He also earned First-Team All-District accolades two years ago as a sophomore. That season, Jessop batted .395.

During his two varsity seasons, Jessop has been a steady presence defensively at shortstop. He has good range, quick hands and the ability to make plays in the hole with his strong arm. He made just three errors during the 2008 season.

"He can get to balls and has outstanding arm strength," Cassidy said. "He's got the arm, range and glove to play [at Flagler] right away."

Jessop, according to Cassidy, will likely play one of three positions — short, second or third — at Flagler.

He has always had a love for baseball. "He loves working at hitting and fielding ground balls," Cassidy said.

**Chris Jessop was named all-state in football last fall.**

said. "He may get a chance to play there right away. He visited the school and liked the guys, the coach and the team. The campus is about a mile from the beach. He'll get a great education. I really think he hit a home run with this one."

Flagler baseball is making the move into the NCAA this spring as a Division II program.

In recent years, the baseball program has competed as an NAIA team. The Saints, who compete in the Peach Belt Conference, are under the leadership of head coach Dave Barnett, who in 21 years at the helm has led Flagler to 657 wins with 502 defeats. Last year, Flagler went 25-25 in its final year as an NAIA program.

baseball program has competed as an NAIA team. The Saints, who compete in the Peach Belt Conference, are under the leadership of head coach Dave Barnett, who in 21 years at the helm has led Flagler to 657 wins with 502 defeats. Last year, Flagler went 25-25 in its final year as an NAIA program.

**"He visited the school and liked the guys, the coach and the team."**

**—Pat Cassidy, Broad Run baseball coach**

**AT THE PLATE**, Jessop is a solid contact hitter who can hit to the opposite field, bunt effectively and work the count. He has struck out only five times throughout his two years of varsity ball.

"He's a great contact hitter," Cassidy said. "And he's so fast. He can beat out a lot of groundballs [for infield hits]. He can handle the bat and hit and run."

Cassidy said the reserved Jessop is excited about going to the Florida school.

"He has an opportunity to play in the south where the weather is better," Cassidy

## Solid All-Around Game

FROM PAGE 12

also received a balanced scoring attack in the win over Briar Woods on Jan. 23.

McGaughey, a 6-foot-4 forward, scored 17 points in the win over the Falcons before his 20-point effort — on eight-of-14 shooting from the field — against Heritage.

"He's a solid inside, outside type player," Costello said of McGaughey's game. "He doesn't force shots. He shoots only when he has a high-percentage shot. He's really been solid rebounding wise and defense."

**ONE OF THE KEYS** to Broad Run's good season has been the impressive play of seniors Greg Snow, Tim Sanders and Will Fieldo. As juniors a year ago, each of the three saw limited playing time. But they have all been in the playing mix this season with Fieldo giving the Spartans strong minutes at center position and guards Snow and Sanders both making healthy contributions in the backcourt.

**HOME & GARDEN** 703-917-6400  
 ZONE I • RESTON ZONE I Ad DEADLINE: MONDAY NOON  
 • HERNDON • LOUDOUN CONNECTIONNEWSPAPERS.COM CONTRACTORS.com

**CLEANING**  
**A CLEANING SERVICE**  
 Since 1985/Ins & Bonded  
 Quality Service at a Fair Price  
 Satisfaction Guaranteed  
 Comm/Res. MD VA DC  
 acleaningserviceinc.com  
 703-892-8648

**CLEANING**  
**ENGLISH-SPEAKING ONE-WOMAN HOUSECLEANING.**  
 14 Years Experience.  
 Honest, reliable, loves animals.  
 Reasonable rates.  
 703-855-3302

**CLEANING**  
 \*\*\*\*\*  
**HOUSECLEANING**  
 20 yrs Experience  
 Great rates  
 Excellent refs  
 Theresa  
 703-980-3113

**IMPROVEMENTS**  
**The HANDYMAN**  
 A DIVISION OF NURSE CONSTRUCTION  
**HOME INSPECTION LIST**  
**REPAIRS, CERAMIC TILE, PAINTING, DRYWALL, CARPENTRY, CUSTOM WOOD REPAIR, LT. PLUMBING & ELECTRICAL, POWER WASHING**  
 Since 1964  
 We Accept VISA/MC  
**703-441-8811**

**GUTTER**  
**Metro Gutter**  
 Clean/Install/Repair  
 • Wood Replace & Wrapping • Pressure Washing  
 • Chimney Sweeping & Repair  
 20 YEARS EXP.  
**703-354-4333**  
 metrogutter.com

**GUTTER**  
**PINNACLE SERVICES, Inc.**  
 • GUTTER CLEANING  
 • SMALL REPAIRS  
 • SCREENING  
 • POWER WASHING  
 703-802-0483  
 GROUP RATES AVAILABLE  
 FREE EST.

**PAINTING**  
**PATRIOT PAINTING**  
 INTERIOR EXTERIOR RESIDENTIAL COMMERCIAL  
 www.PatriotPainting.net  
**Deep Winter Discounts**  
 Free Est. • Satisfaction Guar.  
 Lic./Ins. Int./Ext.  
**703-502-7840**  
 Cell  
**571-283-4883**

**IMPROVEMENTS**  
**PINNACLE SERVICES, Inc.**  
 • LEAF REMOVAL  
 • GUTTER CLEANING  
**703-802-0483**  
 GROUP RATES AVAILABLE  
 FREE EST

**HAULING**  
**ANGEL'S TRASH HAULING**  
 Construction Debris,  
 Residential, Office  
 & Tree Removal  
**703-863-1086**  
 New#- 571-312-7227

**ROOFING**  
**Roofing & Siding**  
 (All Types)  
 Soffit & Fascia Wrapping  
 New Gutters  
 Chimney Crowns  
 Leaks Repaired  
 No job too small  
**703-975-2375**

**IMPROVEMENTS**  
**HOME REMODELING**  
 KITCHENS, BATHS, TILE, TRIM, INT.  
 ALTERATIONS, all HOME REPAIRS!  
 Steve's Remodeling  
 LIC. • INS. BONDED Call Steve Paris OWNER OPERATED  
**(703) 830-5681 - 703-932-0270**  
 30 YEARS EXPERIENCE • FREE ESTIMATES

**AL'S HAULING**  
**Junk & Rubbish**  
 Concrete, furn., office,  
 yard, construction debris  
 Low Rates NOVA  
**703-360-4364**

**TREE SERVICE**  
**ANGEL'S TREE & HEAVY TRASH HAULING**  
 • Mulch  
 • Clean-up Grounds  
 • Leaf Removal  
**703-863-1086**  
 New#- 571-312-7227

**STRONG PACE CONSTRUCTION**  
 15 Yrs Class A VA Lic.  
 • Additions • Kitchens  
 • Basements • Comm Offices  
 • Decks • Painting • Drywall  
 • Windows & Wood Repairs  
**703-644-5206 • 703-750-0749**

**LANDSCAPING**  
**ANGEL'S TREE & HEAVY TRASH HAULING**  
 • Mulch  
 • Clean-up Grounds  
 • Leaf Removal  
**703-863-1086**  
 New#- 571-312-7227

**PAINTING**  
**FALL SPECIAL**  
 10% to 20% OFF All Services  
**Nuance Painting Inc.**  
 Family Owned and Operated  
 Serving Northern Virginia for Over a Decade  
 Winner of American Painting Contractors Residential Top Job Award  
 Residential and Commercial Services  
 • Interior and Exterior Painting  
 • Faux Finishing  
 • Drywall Hanging, Finishing and Repairs  
 • Interior Moldings Crown-Chair Rail-Shadow Boxing  
 • Exterior Trim Repair/Replacement  
 • Decks cleaned and Sealed  
 • General Contractor Services  
 • For Evaluation and Consultation Call  
**703-437-3037**  
 Licensed Insured  
 On the web at [www.nuancepainting.com](http://www.nuancepainting.com)  
 We Accept  
 VISA MASTERCARD DISCOVER

**RENDON**  
 REMODELING & DESIGN, LLC  
**PROFESSIONAL RESIDENTIAL REMODELING**  
 DESIGN/BUILD  
 • Custom Additions, Kitchens & Bathrooms  
 • Custom Painting: Interior and Exterior,  
 Wallpaper, Drywall Repairs  
**703-444-3127**

**PAINTING**

**PAINTING**

**M. C. Lynch**  
 Home Improvement  
 Family Owned & Operated  
 Rotten Wood, Wind Damage, Trims,  
 Windows, Doors, Deck, Stairs, Vanity,  
 Basement Framing, Garbage Disposal,  
 Painting, Power Wash, Siding Repairs.  
 Licensed, Bonded, Insured  
**703-266-1233**

**ROOFING**  
**St. Joseph's Roofing, Inc.**  
 "For the discerning homeowner set on getting their roof right"  
**10% OFF tree removal service**  
 Licensed, Bonded, Insured • Class A #020751A  
**FREE Estimates! 703-716-7663**  
 1000's of local references at [WWW.SJROOF.COM](http://WWW.SJROOF.COM)

**R.N. CONTRACTORS, INC.**  
 Remodeling Homes, Flooring,  
 Kitchen & Bath, Windows,  
 Siding, Roofing, Additions &  
 Patios, Custom Deck, Painting  
 We Accept All Major Credit Cards  
 Licensed, Insured, Bonded • Free Estimates  
 Phone: 703-887-3827 Fax: 703-803-3849  
 E-mail: [rncontractorsinc@yahoo.com](mailto:rncontractorsinc@yahoo.com)

# NEW HERNDON LOCATION

**We've Moved Our Store**

(Corner Rt. 606 & Oak Grove Road)

**703-707-0800**

# Fairfax

**AUTO PARTS**

**PARTS PRO GROUP®**  
EVERYTHING AUTOMOTIVE



**INTERSTATE BATTERIES**

Batteries  
priced from  
**\$44<sup>99</sup>**

#V75864 (60 mo.)  
500 CRANKING AMPS @32°F

**ALL FRAM FILTERS**



**SALE**  
**50% OFF**

Mfr. list price/Whole line



**Valvoline**

#177 (5W-30)  
#129 (10W-30)  
#141 (10W-40)

**\$3<sup>79</sup>/Qt**

**\$5 CASH BACK**

When you buy ONE (1) 1-gal. PRESTONE CONCENTRATE Antifreeze/Coolant Mail-In Rebate ~ See store for details Expires 2/28/09

**OR \$3 CASH BACK**

When you buy ONE (1) 1-gal. PRESTONE 50/50 Antifreeze/Coolant Mail-In Rebate ~ See store for details Expires 2/28/09



**\$3<sup>00</sup> OFF** ANY FRAM AIR FILTER

BY MAIL-IN REBATE



Improve Gas Mileage Up To 10%\*

Mail-in rebate offer • See store for details

**PROFESSIONALS' CHOICE**

Motor Oil

**\$2<sup>69</sup>/Qt**

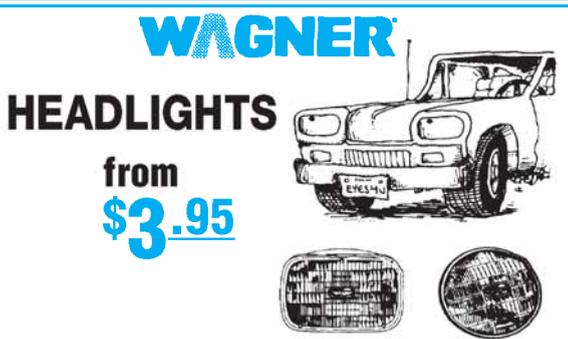
5W-30  
10W-30  
10W-40  
15W-40  
20W-50  
Dexron



**WAGNER**

**HEADLIGHTS**

from **\$3.95**



**MONROE**

**SHOCKS AND STRUTS**

All/Whole Line

**45% OFF**

Mfg. list price



**BRAKES Guardian**

By **WAGNER**

Brake Shoes From **\$9.55**

Disc Pads From **\$8.25**

We Stock the Full **WAGNER** Line of High Quality Brake Products



**ONLY \$1.00**

**1 GALLON OF WINDSHIELD WASHER FLUID**

- Valid at all locations
- Limit 1 per customer
- Offer valid while supplies last
- Must present coupon
- Expires March 3, 2009

CN

**WIPER BLADES** **ANCO**

Refills from **\$4<sup>99</sup> pair**



These are just a sample of the complete line of foreign & domestic parts and supplies in-stock at up to 70% off!

# Fairfax

**AUTO PARTS**

**PARTS PRO GROUP®**  
EVERYTHING AUTOMOTIVE

Parts Pro Group is a family of automotive parts stores with 15 locations in Northern Virginia. Fairfax Auto Parts and all the other stores are a family owned business serving the needs of the automotive market since 1962. We are pleased to serve and assist you with just about any kind of parts or products you need for your vehicles. Our reputation and your satisfaction are guaranteed.

• Most Stores Open 7 Days A Week • Most Stores Open Nights •

- |   |   |  |
|---|---|--|
| <b>ALEXANDRIA</b> 823-0800<br>456 S. Pickett Street<br>(Corner of Edsall & S. Pickett St.)      | <b>FALLS CHURCH</b> 534-1200<br>431 S. Maple Avenue<br>(Near intersection of Lee Hwy. & Rt. 7)            | <b>MERRIFIELD</b> 560-1560<br>(Machine Shop.....560-0813)<br>8701 Lee Highway                  |
| <b>ANNANDALE</b> 354-7600<br>7219 Columbia Pike<br>(Near Columbia Pike & Rt. 236)               | <b>HERNDON</b> 707-0800<br>23070 Oak Grove Rd<br>(corner Rt. 606 & Oak Grove Rd.)                         | <b>•THREE MANASSAS LOCATIONS•</b>  |
| <b>BURKE</b> 425-4400<br>5663 Burke Ctr. Pkwy.<br>(Rt. 123 & Burke Ctr. Pkwy behind McDonald's) | <b>NEWINGTON</b> 339-8300<br>8196-A Terminal Road<br>(Fairfax County Pkwy. across from Tank Farm)         | <b>MANASSAS</b> 368-7191<br>(Metro) 631-1867<br>(Manassas Auto Parts)<br>7809 Centreville Road |
| <b>CHANTILLY</b> 631-3800<br>14154-C Willard Road   | <b>STERLING</b> 450-6600<br>(Loudoun) 444-5096<br>47060 Harry Byrd Highway<br>(Rt. 7 at Dranesville Road) | <b>MANASSAS</b> 368-7106<br>(Metro) 631-1125<br>(Champ Auto Parts)<br>9088 Euclid Avenue       |
| <b>FAIRFAX</b> 978-4500<br>(Economy Auto Parts)<br>3855 Pickett Road                            | <b>VIENNA</b> 281-5700<br>121 Church Street, N.E.<br>(Behind the Vienna Inn)                              | <b>MANASSAS</b> 368-1002<br>(Metro) 631-1205<br>(Economy Auto Parts)<br>8106 Sudley Road       |
| <b>FAIRFAX</b> 591-6500<br>10912 LEE HIGHWAY  |   |  |

**10% OFF**

**EVERY ITEM IN THE STORE!**

You must present this coupon with your purchase. Not valid with any other discounted or promotional offer.  
Expires March 3, 2009

CN

**Sale Ends March 3, 2009**

**Complete Expert Machine Shop Service, Call (703) 560-0813**