

# Healing Space

NEWS, PAGE 2

**Young cancer survivors create artwork at The Dewberry Center art room.**

Recruit Me,  
Please

SPORTS, PAGE 10

Lamb Center  
To Stay Open

NEWS, PAGE 3



PHOTO BY LOUISE KRAFFT/THE CONNECTION

DINING, PAGE 12 ♦ SPORTS, PAGE 10 ♦ CLASSIFIED, PAGE 16

ATTENTION POSTMASTER:  
TIME SENSITIVE MATERIAL.  
REQUESTED IN HOME 04-10-09

VERIFIED  
ADULT PENDING  
U.S. POSTAGE  
PAID  
ELKTON, MD  
PERMIT #31



## The King's Chapel

### Welcomes you to Celebrate Easter Sunday with Us!

The King's Chapel warmly invites you to join us for a solemn observance of the Last Supper on Thursday, April 9th at 7:30pm.

We then welcome you to celebrate with us the resurrection of our Lord and Savior Jesus Christ on Easter Sunday, April 12 at 10am with a children's Easter egg hunt following.

Please join us for coffee, refreshments and fellowship after the service. We are a warm, loving, family church and hope that you will feel welcome!

12925 Braddock Road  
Clifton, VA  
703.543.6201  
www.thekingschapel.org

**Service Times:**  
10am Sunday Worship  
7pm Sunday Night Youth Group

Home Groups Meet throughout the Northern Virginia Area Weekly  
King's Kids-Children's Church Available

### PROGRAM FOR KIDS

## Healthy weight management and obesity prevention

The 2009 sessions will be held on **Saturdays** in the Inova Fair Oaks Hospital Medical Plaza Conference Center, 3700 Joseph Siewick Drive, Fairfax, VA.

### THE PROGRAM PROVIDES:

- An Exercise Physiologist who will teach proper physical fitness, sporting activities, stretching and balancing, as well as lifestyle choices (ie. sedentary behaviors vs. active behaviors).
- Our Registered Dietitians will teach balanced nutrition, including best food choices and OK food choices vs. food choices that should be limited.

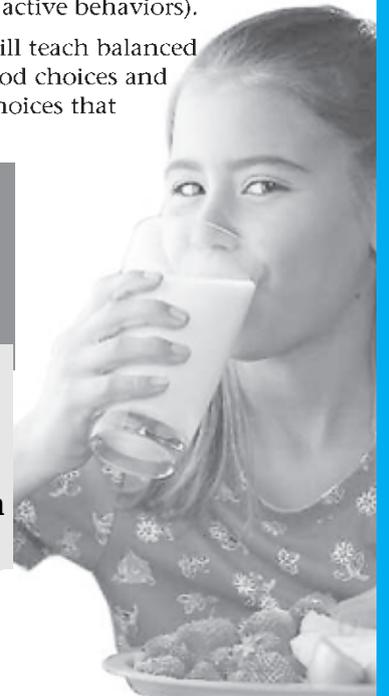
**F.U.N. & S.N.A.P.**  
Fitness, Simple  
Understanding and Nutrition ages 7-11  
Nutrition and Physical Activity ages 12-15

9:00 am - F.U.N (ages 7-11)  
10:00 am - S.N.A.P. (age 12-15)  
April 25 - June 6  
July 23 - Aug. 29 • Oct. 17 - Nov. 21

**FEE: \$60 for 6-week program**

**TO REGISTER:** Call 703-391-3783

 **INOVA FAIR OAKS HOSPITAL**



## Ensure Your Family's Comfort This Summer With An Air Conditioning System Tune-Up

### MCCARTHY-WILLON SERVICES

# 800-COOL-NOW

Entire Heating & A/C System Replacements

Starting at

## \$4999

\* Up to \$1,500 Federal Tax Credit Where applicable



We Service All Makes and Brands of HVAC Equipment

## Free Estimates

and Second Opinions on Replacement Equipment

Sales  
A/C - Heating  
Installation - Service  
for Residential and  
Commercial Customers

Air Conditioning System Inspection  
21 point Tune-Up

## \$69.95

 per system

With this coupon. Not valid with any other offer.

Saturday Service  
at Regular Rates  
24 Hour  
Emergency Service

16 Month same as Cash financing available

ASK FOR DETAILS TODAY!!

Reliable long lasting A/C systems. With the best warranty in the industry



 **TRANE**  
It's Hard To Stop A Trane.

## New Cancer Center Opens

Facility provides facilities for cancer survivors, their families.

Inova Health System opened a new community center for families living with cancer on Tuesday, April 7. Located at 8411 Pennell St. in Fairfax, The Dewberry Family Center is a 16,000-square-foot facility that offers education, counseling and support activities, with Gordon as director and Sabine Gnesdiloff, as program manager.

The Dewberry Family Center features a great room for meetings and workshop lectures, as well as individual and family counseling rooms. Visitors may also take advantage of the garden room dance and exercise studio and a studio for adult and children's art therapy. In addition, the facility has a waterfall garden and a dine-in kitchen. To learn more, visit [www.lifewithcancer.org](http://www.lifewithcancer.org).



Inova Health System officially opened The Dewberry Family Center on Tuesday, April 7.



Bonnie Chisholm and Bobbi Brady do meditative exercises by the waterfall in the garden.

PHOTOS BY LOUISE KRAFFT/THE CONNECTION

## Lamb Center Wins Zoning Appeals

Decision allows day shelter at Fairfax Circle to continue providing services to homeless.

BY JUSTIN FANIZZI  
THE CONNECTION

By a margin of 3-2 on three separate appeals, the City of Fairfax's Board of Zoning Appeals voted Tuesday night, April 7 to allow The Lamb Center to continue its operations, ending a longstanding conflict between city officials and the center's staff.

The appeals were made in response to two notices of violation and one determination made by Zoning Administrator Michelle Coleman that declared that the center was operating in violation of city zoning laws. After listening to Coleman's explanation of the violations and testimony from the Center's attorney and other concerned citizens on both sides of the aisle, the board members conferred and passed three motions rejecting Coleman's decision.

"We're pleased with the ruling and think

it's the correct ruling," said Dave Larrabee, the Lamb Center's director of operations. "Everything we do here has to do with counseling."

Specifically, the three violations were levied because Coleman felt that the Center, which provides a wide variety of services to the homeless, was operating in a fashion

**"We want to do anything we can to be good neighbors."**

— Dave Larrabee, The Lamb Center, director of operations

inconsistent with what the city's zoning laws deem acceptable in a commercial (C-2) district. The first notice was sent in August 2006, when Coleman made the determination that the Center was operating as an eleemosynary (charitable) institution,

which is not a permitted use in the C-2 district and is a violation of the center's non-residential use permit. The two violations were handed down August 2008, both officially penalizing the center for the conclusions reached in the determination in 2006.

"Frankly, I come up short on the logic a little bit," said Board member Robert Matthews, in response to Coleman's decision. "There is no list of prohibited uses in a commercial district. Is this an oversight or a way to have flexibility? I suspect that the code was consciously flexible in not explicitly identifying prohibited uses."

The issue at the heart of the debate was whether or not the center was operating as an office, which according to Coleman, is the only acceptable use for a facility in a C-2 district, barring any special exemptions. Coleman contended that the center, when issued its non-residential use permit, was operating as a counseling center, which is considered office use.

OVER TIME, however, Coleman said that

SEE BOARD, PAGE 4

## Two Years Prison for Rios-Leon

Fair Oaks thefts yield jail time.

BY BONNIE HOBBS  
THE CONNECTION

The judge couldn't hear him, and it's not known whether his father did, either. But, whispering "Popi!" the tousled, brown-haired, 5-year-old boy in the back of Courtroom 5G did his best to get his father's attention.

However, his father, Daniel Esteban Rios-Leon, 27, was busy listening to someone interpret the court proceedings into Spanish for him. At the conclusion, he was sentenced to two years in prison for stealing merchandise from a store in Fair Oaks Mall.

"This is a defendant who isn't stealing to put food on the table, but somebody who's truly come here as a predator," said Assistant Commonwealth's Attorney John Murphy. "He was stealing things here and transporting them to New York City to be sold."

When Rios-Leon pleaded guilty, Feb. 3, in Fairfax County Circuit Court to grand larceny, possession of burglary tools and larceny with intent to sell stolen property, Assistant Commonwealth's Attorney Dylan Gallagher detailed the case against him.

He said that, on July 18, 2008, Rios-Leon, another man and a woman, all from College Point, N.Y., stole more than \$1,000 worth of clothing from the Hollister store in the mall.

"The female stacked shirts inside the store while the other man kept a lookout outside," said Gallagher. "Then the defendant removed a bag from under his shirt, placed the shirts inside it and left the store."

After their arrest, continued the prosecutor, "The defendant told police the three had come from New York to steal clothing, and he showed police the vehicle he'd driven. Three hundred pieces of clothing worth \$15,000, with price tags and security sensors affixed, were found in laundry bags in the car."

Gallagher said 200 additional security sensors that had been removed from clothing were also in the vehicle. He said Rios-Leon told police that he stole for someone named Carlos and was paid \$100-\$150 a time to do so.

With his wife, son and daughter, 6,

SEE RIOS-LEON, PAGE 9

## Teens Charged With Theft

On Thursday, April 2 at 4:19 p.m., the manager of the Ulta store at 9600 Main St. in Fairfax reported that two young men had been seen taking bottles of fragrance by concealing them under a jacket. Using information and a vehicle description provided by witnesses, City of Fairfax police officers conducted a traffic stop and the stolen merchandise was recovered.

Two teen-age boys, a 16-year-old from Clifton and a 17-year-old from Centreville, were taken into custody and released to their parents. Juvenile petitions were to be obtained, charging them in the case.

## Two Arrested In Armored Car Robbery

City of Fairfax Police have charged two Woodbridge residents in connection with the Feb. 1, 2008 robbery of an armored-car company employee. They are Carlisle Darnell Brown, 25, and Christopher Blakeney, 21, both of the 1700 block of Shady River Court.

Shortly after noon, the day of the robbery, an employee of Loomis, Fargo & Co. was at the Navy Federal Credit Union office at 4088 Jermantown Road in Fairfax when he was approached from behind and forced at gunpoint to relinquish an undisclosed amount of cash.

The City of Fairfax Police Criminal Investigations Division investigated the case and, as a result, charged Brown and Blakeney with the crime. On Monday, April 6, they were both served with three felony warrants each at the Prince William-Manassas Regional Adult Detention Center where they are currently being held without bond on unrelated charges.

Police here charged Brown and Blakeney with robbery, use of a firearm in the commission of a felony and wearing a mask in public while committing a crime.

— BONNIE HOBBS

## Meet Lt. Gov. Candidates

The Democratic Women of Clifton, the Democratic Women of Lake Ridge and the Springfield District Democratic Committee are hosting a Candidate Forum on Sunday, April 19, from 3-5 p.m., at the

SEE NEWS BRIEFS, PAGE 18

## NEWS

# Police Chief Addresses Council

## Fairfax City Council conducts public outreach meeting on proposed FY 09-10 budget.

BY JUSTIN FANIZZI  
THE CONNECTION

**O**n Tuesday, March 31, the Fairfax City Council hosted public outreach meeting on the proposed budget, drawing several members of the community seeking to have their concerns expressed and addressed.

The meeting, which was divided into a public outreach segment followed by a work session, focused heavily on the most basic needs of the community, namely education and public safety. Two of the three speakers talked about these issues and Police Chief Col. Rick Rappoport also made an appearance to give recommendations to the council on the police budget.

The first speaker, Dr. Diane Tuininga, the Fairfax City representative on the Northern Virginia Community College Board, appealed to the council to continue its funding of the college system. Tuininga claimed that in this current economic climate, NOVA is seeing an increase in enrollment, as the programs it offers are particularly beneficial.

“With our tuition under \$3,000 per year and with programs offering guaranteed admission to all the state’s public universities, we anticipate the demand for the opportunities that NOVA offers will increase at an accelerated rate,” Tuininga said. “Diversity at NOVA now includes diversity of income and situation.”

Tuininga said that each city dollar promised to NOVA leverages \$23-\$33 in state funding, so she finished by requesting that

the council work with NOVA to determine a way to continue to gradually increase the city’s capital contribution over time. This way, Tuininga said, NOVA would be able to meet the demands of the college market.

The next speaker, Tom Dodson, chairman of the city’s Police Advisory Committee, addressed the council to request that they fully support the emergency services. While the budget is proposing public safety reductions totaling \$1.5 million, Dodson said that even in better times, the number of motor patrol officers never increased, making the proposed cuts a perilous endeavor.

“The city has grown considerably, but the number of motor officers on the street has not increased in 20 years,” Dodson said. “The [city’s] growth justifies more officers, not less. We strongly support full budgeting of the police because public safety comes first.”

The final citizen speaker was Mary Banks, a city hall employee. Banks’ concern lied in the proposed cuts to city personnel, which would total 16.5 positions eliminated and a \$4.1 million reduction. Banks listed each of the line-by-line reductions proposed, including the cutting of employee salary market adjustments, merit raises, tuition assistance and more. Banks calculated the total cost of the reductions to have an impact of \$2,000 on each staffer’s yearly salary. She

noted that with the proposed staff cuts that would mean that city employees would have to do more work for less pay.

“That’s an additional workload that for the most part, although some work is being reduced, is going to have to be absorbed by those 411 [city] employees who are taking a \$2,000 pay hit,” Banks said. “Unless you are going to come back next year and give double raises, their salaries will still be \$2,000 less.”

**“I would encourage us to pursue every opportunity to get the stimulus money.”**

— Police Chief Rick Rappoport

**AFTER THE PUBLIC OUTREACH** segment, the council welcomed Police Chief Rick Rappoport to clarify the police

department’s current position on the proposed budget cuts and how the department plans to respond to the changes in funding, specifically in the area of overtime pay.

Rappoport described how the department’s problems were a result of the increased employee turnover experienced recently. According to Rappoport, from 2000 to 2007, the department averaged only one retirement and 2.5 officers lost per year. This year, however, the department already had one retirement with three more planned. This statistic only grows more alarming as Rappoport said that the department projects to lose 28 officers from 2010-12 with no officers currently in the academy training to fill those vacancies.

To compensate for the losses and to meet mandatory minimum staffing levels, Rappoport said that backfilling the vacancies is essential, but that the backfilling leads to enormous spending increases. For

SEE BUDGET, PAGE 5

# Board Overturns Zoning Decision

FROM PAGE 3

the Lamb Center has “morphed” into a use that is not considered office use, since the center offers showers, food and laundry services, haircuts and more. As a result, Coleman decided that the center was now eleemosynary, and therefore in violation.

The hearing drew many members of the community, some supporting the center, while others testified before the board to detail all of the unsavory elements that the center brings to the area.

John Aidonis, owner of a plastic manufacturing company in the city, testified that the Lamb Center has become an eyesore in the area around Fairfax Circle. He has tried to remedy that by offering jobs to the people using the center, but said that they refused to take him up on his offer.

Aidonis also said that people from the center urinate behind the nearby 7-Eleven store, sleep behind buildings and even once broke into a gas station. Aidonis claimed

that the Truro Church, which operates the center, could easily provide the same services inside the church instead of the center, but that the church does not want the people inside its facility.

“[The people who use the Center] are over-spoiled with conveniences,” Aidonis said. “The Lamb Center provides these things because they take the tax breaks and because they are afraid that the people will break into the facility if they don’t.”

**AFTER THE PUBLIC** hearing concluded, the board members engaged in a short discussion. Board of Zoning Appeals Chairman Edward Calabria repeatedly stressed that the board members’ votes should be based on the validity of Coleman’s decision in regards to the letter of the law, not personal feelings on the center or its mission.

On all three appeals, board member Ellen Brouwer’s motion to reverse the Zoning Administrator’s ruling passed 3-2, with Brouwer, Matthews and Arlene Storace vot-

ing to reverse it and Calabria and John Clarke Jr. voting to uphold it.

The three that voted to reverse Coleman’s decision shared Matthews’ stance that the center’s core services have not changed since it received its non residential use permit and that the city was at fault for not explicitly denoting what is acceptable in the district and what is not. The dissenters, Clarke and Calabria, both agreed that the ancillary services that the center provides, beyond counseling, are not incidental to, but rather an accessory of the center’s services, thereby making it an eleemosynary institution.

Larrabee said that moving forward, the center is committed to alleviating the concerns of people like Aidonis, who feel that the Center is responsible for bringing more crime and other negativity into the area.

“We want to do anything we can to be good neighbors,” Larrabee said. “It’s important to be good stewards of what we have and be good neighbors.”

# NEWS

## Budget

FROM PAGE 4

one officer on one squad for one day, Rappoport said that it costs about \$600 in overtime spending. If an officer misses up to two months due to injury or sickness, that number could jump to as high as \$10,000 to \$15,000. Rappoport said that it is common costs like these that caused backfill spending to account for 23.6 percent of the department's 2008 budget.

Rappoport proposed that the council should not cut the currently vacant position just to save money, because until staffing is sufficient, overtime costs would continue to be an issue. He asked the council to authorize eight temporary overhire positions at 50 percent funding, which would increase salary costs in the short term but would help offset overtime costs. He also urged the council to secure money from the federal stimulus package if possible.

"I would encourage us to pursue every opportunity to get the stimulus money," Rappoport said. "But I would not encourage this as being the resolution to our problems."



### Handcrafted Jewelry

- We Buy Gold
- Appraisals
- Gold Ring Sizing \$20
- Watch Batteries \$5
- Repairs done while you wait

11211-D Lee Highway  
Fairfax, VA  
**703-293-6206**  
[www.ClarionJewelers.com](http://www.ClarionJewelers.com)



### TAX FREE DAY

April 15

Shop with us Wednesday and we'll pay All your TAXES!  
SALES TAX, THAT IS, ON YOUR PURCHASES

SPRING REDUCTIONS NOW IN PROGRESS

NEW ARRIVALS Daily

GET INSPIRED

**Judy Ryan**

O F F A I R F A X  
Twinbrooke Centre • 9565 Braddock Rd.  
Open 7 Days • (703) 425-1855

11325 Random Hills Rd.  
Suite 240  
phone: 703-436-3800  
fax: 703-436-3820  
[www.firstvirginiacommunitybank.com](http://www.firstvirginiacommunitybank.com)

**L. Burwell Gunn**  
President and COO

**First VIRGINIA Community Bank**

First Virginia Community Bank is dedicated to helping its small and medium business relationships and its consumer customers thrive in any economy. First Virginia Community Bank provides all the technology you need to bank from the comfort and convenience of your office.

**"Conveniently located in your office."**

Member FDIC

### Fairfax County Parkway Extension Pardon Our Dust Meeting

Topics to be discussed include:

- the overall project plan
- the preliminary construction schedule
- plans to minimize traffic impacts during construction and safety improvements such as new intersections and construction of the shared use path

**Tuesday, April 14 6:00 - 8:00pm**  
**West Springfield High School**  
**6100 Rolling Road, Springfield, VA**

### Merrifield Garden Center

*The Beautiful Colours of Spring!*



See our incredible selection including...

Flowering Cherries • Redbud  
Serviceberry • Camellia  
Poppies • Clematis • Dianthus

Plus a wonderful array of  
Annuals, Hanging Baskets  
and Container Gardens!

*Lovely*

#### EASTER PLANTS

Spectacular Lilies,  
Hydrangeas, Orchids,  
Azaleas, and Flowering  
Potted Plants

**J&P  
BOXED ROSES**  
**25% OFF** While they last  
In stock only • Reg. \$18.99  
Good 4/9 - 4/15/09

Excellent selection -

Shade Trees • Evergreens • Fruit Trees • Vegetables & Herbs  
And The New White Knock Out Roses Have Just Arrived!

**A BEAUTIFUL LAWN**  
with Merrifield's Custom Blends  
of Fertilizers and Grass Seed  
Plus Fresh Sod, Weed Preventers,  
Corn Gluten Meal and Expert Advice

Don't miss our free seminar  
**"PERENNIALS"**  
Saturday, April 11 - 10 am  
at our Gainesville Location  
And discover our array of  
Stepables® and Alpine Plants!

<b>MERRIFIELD</b> 8132 Lee Hwy., Merrifield, VA <b>703-560-6222</b>	<b>FAIR OAKS</b> 12101 Lee Hwy., Fairfax, VA <b>703-968-9600</b>	<b>GAINESVILLE</b> 6895 Wellington Rd., Gainesville, VA <b>703-368-1919</b>
---	--	---

Hours: Monday - Saturday 8 am - 8 pm • Easter Sunday 9 am - 5 pm  
[www.MerrifieldGardenCenter.com](http://www.MerrifieldGardenCenter.com)

# 3for3

**3.00% APY\***  
**for 3 Years**

Put your money  
where it can do  
you the most  
good in the  
long term -  
a VHB IRA CD  
account!



11166 Fairfax Boulevard  
Fairfax, VA 22030  
Phone: 703-359-4100  
Fax: 703-359-2776  
[www.virginiaheritagebank.com](http://www.virginiaheritagebank.com)

\*Annual Percentage Yield. APY is current as of 03/16/09 and is subject to change. \$500 minimum to open. Early withdrawal penalty may apply. Fees may reduce earnings. Refer to your IRA Plan Disclosure for additional features and limitations that may apply.



**your retirement:  
secure**

# OPINION

# Celebrating Poetry

The Connection will print poetry submitted by readers.

April is National Poetry Month according to the Academy of American Poets, and here at the Connection, we invite poets to send submissions for us to print.

On April 10, 2007, the Alexandria City Council named Mary McElveen as the city's poet laureate for a three year term.

This is one service local government could expand in these economic times; Fairfax, Arlington and Loudoun counties, the City of Fairfax, the towns of Herndon and Vienna could consider appointing their own poets laureate.

The National Poet Laureate serves as consultant to the Library of Congress and "seeks to raise the national consciousness to a greater

appreciation of the reading and writing of poetry."

**VIRGINIA** also has a poet laureate, a position established by the General Assembly and appointed by the governor from nominees submitted by the Poetry Society of Virginia. The current poet laureate of Virginia is Claudia Emerson, [claudiaemerson.org](http://claudiaemerson.org).

The Alexandria Poet Laureate will promote an appreciation of poetry as an art form, encourage creative writing and reading of all forms of literature, and promote literacy through poetry.

Are you a poet? The Connection will print poetry submitted by readers this spring and occasionally throughout the year.

## Poetry Reading

Program places poetry on Northern Virginia Metrobuses operating in Arlington, Alexandria, Falls Church, Fairfax County and Fairfax City. Winning poets read their work. Tuesday, April 21, 7-9 p.m., at Dome Theatre, 1101 Wilson Blvd., Rosslyn 703-228-1854, [www.arlingtonarts.org/cultural\\_affairs/movingwords.htm](http://www.arlingtonarts.org/cultural_affairs/movingwords.htm)

## Poetic Voices Without Borders, 2

April 23, 2009, 7-9 p.m., at The Arlington Arts Center, 3550 Wilson Blvd. Celebrate the release of *Poetic Voices Without Borders, 2* and National Poetry Month. The poets will read from the anthology and their current work. 703-248-6800

## Poem a Day

Go to [www.poets.org](http://www.poets.org) to sign up for a poem a day in your e-mail box.

## Drive To Survive

To the Editor:

In the next few months, most people will drive through a highway work zone. It may happen on the morning commute to the office or on a long trip to the beach. You'll notice the orange cones, caution signs, large trucks and equipment and white hard hats. But most likely, you won't see the faces of the people who are working to make your commute better, safer and more efficient.

Under those hard hats are the faces of mothers, fathers, sons and daughters who work every day to improve your commute in many ways, big and small. A distraction of only a few seconds and one of those workers could lose his or her life.

At the Virginia Department of Transportation, we pride ourselves on making safety our number one priority. It is the first and most important thing we do every day. But our efforts alone aren't enough.

Drivers are also responsible for keeping work zones safe. It only takes one speeding driver or one glance at a cell phone to end someone's life. And, that life could be your own. Eighty-five percent of those killed in highway work zones are drivers or passengers. Last year, seven people were killed in highway work zone crashes in Virginia. And although that's a 64 percent reduction in work zone crashes since 2007, we want to continue to reduce the number of work zone fatalities.

VDOT is working to prevent work zone crashes with the na-

tional observance of Work Zone Awareness Week, April 6-10.

This year's theme is "Drive To Survive — Our Future Is Riding On It." Help us keep our work zones safe.

We ask that you follow these simple rules when you encounter a work zone; slow down, stay alert for changing conditions and avoid distractions. When you see the orange signs, avoid adjusting your music and talking on your cell phone. We do our best every day to ensure our highways are safe. We hope you will partner with us.

## LETTERS

**Morteza Salehi**  
District Administrator  
Northern Virginia  
VDOT

## Concepts Too Radical?

To the Editor:

This is in response to the recent letter commending Sen. Ken Cuccinelli (R-37) for his proposed legislation to get more guns into Virginia communities. As the writer noted, the purpose of Sen. Cuccinelli's latest effort, SB-1528, was to make it clear that there should be no "competency" test for an applicant for a Virginia concealed gun permit. Fortunately for the citizens of Virginia, Gov. Tim Kaine (D) vetoed Cuccinelli's bill.

If he were concerned about public safety as he campaigns for Virginia attorney general, you might think that Sen. Cuccinelli would be introducing legislation to re-

quire some minimal level of competency prior to authorizing individuals to carry concealed guns. In western states like Arizona and New Mexico, where supposedly everyone knows how to shoot a gun, there are minimum standards of proficiency and competency in the use of a handgun before a concealed gun permit is issued. An applicant in New Mexico must actually shoot a gun at a target (what a concept!) and hit the target with some degree of accuracy. In addition, these states require that the training include some consideration of child safety; applicable laws regarding the use of deadly force; techniques to avoid violent confrontations; and methods to resolve disputes without violence. But these concepts may be too radical for Sen. Cuccinelli.

**Jim Sollo**  
Fairfax

## Cuccinelli and The Constitution

To the Editor:

I read, with amusement, the March 27 letter criticizing Sen. Ken Cuccinelli (R-37) for his continuing efforts to support Second Amendment rights for those within the confines of the Commonwealth of Virginia. The letter causes me to wonder if the writer knows the difference between what is commonly known as a Constitutional right, versus what he must believe is a state-granted privilege.

Cuccinelli voted against the "gun show" loop hole because if

an individual buys a weapon at a gun show from a federally-licensed firearms dealer, one must go through the instant background check. What the left was doing by trying to close the "loophole" was to regulate the private sales of firearms. After all, if permission was granted at a gun show to check people engaging in private sales, why not homes — even if that wasn't in the legislation that was killed?

Then, laughably, the letter writer tries to egg Cuccinelli record of consistently voting to secure a Constitutional right, even to the point of Cuccinelli's vote on the issue of carry concealed into a restaurant serving alcohol, even though that legislation forbade the carrier from consuming alcohol. Yes, the current state of the law is much better. I'd rather have to openly-carry my weapon into such an establishment so that any drunk could snuggle up to me at a bar and remove the weapon in a drunken rage.

**Dave Briggman**  
Rockingham County

## Write

Letters to the Editor  
The Connection  
7913 Westpark Drive  
McLean, Va. 22102  
Call: 703-917-6440.  
By fax: 703-917-0991.  
By e-mail:  
[fairfax@connectionnewspapers.com](mailto:fairfax@connectionnewspapers.com)

## THE CONNECTION

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

Newspaper of  
**Fairfax**  
serving areas of Burke  
An independent, locally owned weekly  
newspaper delivered to  
homes and businesses.

7913 Westpark Drive  
McLean, Virginia 22102

**NEWS DEPARTMENT:**  
To discuss ideas and concerns,  
Call: 703-917-6444  
Fax: 703-917-0991  
e-mail:  
[fairfax@connectionnewspapers.com](mailto:fairfax@connectionnewspapers.com)

**Michael O'Connell**  
Editor / 703-917-6440

**Bonnie Hobbs**  
Community Reporter  
703-917-6430  
[south@connectionnewspapers.com](mailto:south@connectionnewspapers.com)

**Julia O'Donoghue**  
Education & Politics  
703-917-6433  
[jodonoghue@connectionnewspapers.com](mailto:jodonoghue@connectionnewspapers.com)

**Ken Moore**  
Courts & Projects  
703-917-6417  
[kmoores@connectionnewspapers.com](mailto:kmoores@connectionnewspapers.com)

**Jason Mackey**  
Sports Editor  
703-917-6438  
[jmackey@connectionnewspapers.com](mailto:jmackey@connectionnewspapers.com)

**ADVERTISING:**  
To place an advertisement, call the ad  
department between 9 a.m. and  
5 p.m., Monday - Friday.

**Display ads 703-821-5050**  
**Classified ads 703-917-6400**  
**Employment ads 703-917-6464**

**Mike Sontag**  
Display Advertising, 703-917-6461

**Andrea Smith**  
Classified Advertising, 703-917-6401  
[classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)

**Barbara Parkinson**  
Employment Advertising  
703-917-6418  
[classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)

**Editor & Publisher**  
Mary Kimm  
703-917-6416  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)

**Editor in Chief**  
Steven Mauren  
**Managing Editors**  
Steve Hibbard, Michael O'Connell,  
Kemal Kurspahic  
**Photography:**  
Robbie Hammer, Louise Krafft,  
Craig Sterbutzel  
**Art/Design:**  
Zohra Aslami, Geovani Flores,  
Laurence Foong, John Heinly,  
John Smith, Stu Moll,  
Wayne Shipp  
**Production Manager:**  
Jean Card

**CIRCULATION: 703-917-6481**  
**Circulation Manager:**  
Ann Oliver

**CONNECTION NEWSPAPERS,**  
L.L.C.  
**Peter Labovitz**  
President/CEO  
**Mary Kimm**  
Publisher/Chief Operating Officer  
703-917-6416  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)

**Jerry Vernon**  
Executive Vice President  
703-917-6404  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

**Wesley DeBrosse**  
Controller  
**Debbie Funk**  
National Sales  
703-518-4631  
[debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)

# FAITH

Members and non-members are welcome to celebrate the **second night of Passover** on Thursday, April 9, at 6:30 p.m. with Congregation Adat Reyim and Rabbi Aft. Enjoy the Seder ritual, traditional foods, deserts and song. \$33 per adult (member) or \$48 (non-member). Children ages 5-12 are \$18 (member) or \$23 (non-member). No charge for children under 5. Reservations and payment must be received by April 3. Traditional seder meal includes matzoh ball soup, gefilte fish, salad, sweet carrot tzimmes, farfel kugel and more. For more information visit <http://adatreyim.org> or call 703-569-7577. Congregation Adat Reyim is located at

6500 Westbury Oaks Court, Springfield.

Lord of Life Lutheran Church offers the following opportunities at its two locations, 5114 Twinbrook Road, Fairfax, and 13421 Twin Lakes Drive, Clifton:

❖ **Maundy Thursday Worship** (Clifton and Fairfax) April 9, 7:30 p.m.

❖ **Good Friday April 10, 12 p.m.** (Fairfax) Children's Worship, 7:30 p.m. (Clifton); 7:30 p.m. (Fairfax) "A Vigil of Remembrance" by May Lu Warstler, a contemplative service based on the Gospel of Mark

❖ **Easter Sunday**, April 12, 6:30 a.m., Sunrise Communion Worship

(Fairfax); 8 a.m., Communion Worship (Fairfax); 9:30 a.m., Contemporary Communion Worship (Fairfax); 11 a.m. Communion Worship (Fairfax); 8:30 a.m. and 10 a.m. Communion Worship (Clifton).

Burke Presbyterian is offering a **Good Friday Service**, April 10. At 7:30 p.m. and **Easter services** on Sunday, April 12, 8:30 a.m., 10 a.m. and 11:30 a.m. Burke Presbyterian will be hosting the Grove City College Touring Choir from Grove City, Pa. on Thursday, April 9, 7:30 p.m. Burke Presbyterian is located at 5690 Oak Leather Drive, Burke.

**CONNECTION Photo Galleries**  
Now! Thousands of pictures of sports, graduations, current events and more—never published, but posted on the Web. Free for evaluation, available for prints.  
  
ConnectionNewspapers.com  
Click on "Photo Gallery"

**FREE CLEANING!**  
Have Your 2nd through 5th cleaning at regular price & your 6th cleaning is free (for weekly & bi-weekly clients only)

**Excel MAID SERVICE**  
We Don't Cut Corners, We Clean Them!

**For Complete Maid Service, Call 703-425-1377 Now!**

**\$30.00 OFF**  
Your FIRST House Cleaning  
**\$10.00 OFF**  
Your SECOND House Cleaning (New Customers Only)  
Not to be combined with other offers. Expires 5/31/09. With Coupon only

**MOVING?**  
**\$30.00 OFF**  
Our Move-in/out Special Service or Carpet Cleaning.  
Call for Special Combo Rate!  
Not to be combined with other offers. Expires 5/31/09. With Coupon only

We Specialize in Move-in/out Cleaning  
✓ Licensed ✓ Insured  
✓ Bonded ✓ Supervised

**WHERE SUMMER SCHOOL MEETS SUMMER CAMP.**

**Fishburne Summer Experience '09**  
Boys Grades 7-12 • June 28 - August 1, 2009

- ✓ **IMPROVE** study skills while earning credits toward graduation. **The Fishburne Summer Experience '09** offers an enriching academic and recreational program set in the mountains of the historic Shenandoah Valley of Virginia.
- ✓ **SELECT** from a range of academic classes in the morning complemented by afternoon sports and activities including soccer, basketball, golf, martial arts, and paintball.
- ✓ **ENJOY** weekly confidence-building activities sponsored by the Fishburne JROTC including rappelling, rope bridge building and orienteering.

For more information, please call our Admissions Office today toll free 1-800-946-7773

 **Fishburne MILITARY SCHOOL**  
www.fishburne.org

  
**LEADERSHIP for LIFE**  




**CARDIOLOGY**  
**DERMATOLOGY**  
**EMERGENCY/ CRITICAL CARE**  
**INTERNAL MEDICINE**  
**ONCOLOGY**  
**OPHTHALMOLOGY**  
**RADIATION ONCOLOGY**  
**RADIOLOGY**  
**REHABILITATIVE THERAPY**  
**SURGERY**

**RADIOCAT**  
Centers for The Treatment of Feline Hyperthyroidism

**WE LOVE THEM LIKE YOU DO**

6651 BACKLICK RD.  
SPRINGFIELD, VA 22150  
**703.451.8900**  
WWW.VETREFERRALCENTER.COM  
OPEN 24 HOURS 365 DAYS A YEAR

**THE REGIONAL VETERINARY REFERRAL CENTER**



**SAVE \$25**  
off first cleaning.  
New customers only.  
Not valid with other offers.  
Not valid on move-in / move-out cleanings

**100% SATISFACTION GUARANTEED**

Call today for a FREE estimate!

**703-691-7999**  
www.maids.com

**The Maids Home Services**  
Nobody Outcleans The Maids!

**HEALTHY TOUCH**

The differences between The Maids and other housecleaners are nothing to sneeze at.

Besides giving you the most thorough housecleaning in the industry, we also give you the healthiest. Customers with family members who have dust or other allergy problems often tell us they can see positive results after the first clean.

With our 22-Step Healthy Touch® Deep Cleaning System, we'll give you the healthiest, most thorough housecleaning every visit!

COMMUNITY

# Walking the Runway

Salvation Army Women's Auxiliary hosts fashion show.



Christina O'Connell heads down the runway.



Bridget Sampson shows off a new outfit.



Members of the Fairfax Salvation Army Women's Auxiliary watch the organizations' 29th Annual Fashion Show and Luncheon on April 3 at the Waterford Fair Oaks.



Delores Testerman takes a spin on the runway.

PHOTOS BY ROBBIE HAMMEN/THE CONNECTION



*Where you are a woman, not a number.*



**Regina M. Burton, M.D.**  
Board Certified OB/GYN

- ♥ Prenatal Care
- ♥ Gynecology
- ♥ Reproductive Surgery
- ♥ Menopause

No wait for new clients,  
**Call today!**  
**703-293-9111**  
Located in Fairfax Medical Center II  
10721 Main Street, Suite 1300  
Fairfax, VA 22030

**Potomac Paint & Design Center**  
(703) 961-1200





**\$4.00 OFF\***  
Per gallon of any  
**Regal Product**  
\*Retail Only

**FREE**  
Drop Cloth and  
Roller Cover

13900 Metrotech Dr. (near Lowes)  
Chantilly



THE ROAD TO  
INDEPENDENCE  
GALA 2009

Celebrate with us!  
May 8th, 2009  
6:30 pm  
Hilton McLean/Tysons  
Corner



NVFS Provides Hope  
for those in need.

For the last 85 years, Northern Virginia Family Service has risen to meet the challenges facing children and families in our region.

Join us on May 8 for a dynamic evening with live & silent auctions, dinner, and new Community Champion Award honorees!

Along with sponsors, donors, guests, volunteers and in-kind contributors, help make this event a stunning success benefitting our community!

Visit [www.nvfs.org](http://www.nvfs.org) for more information

Honor our Community Champions  
**Dr. Marian Houk and James & May Liang Lintott**  
presented by Dr. JC Hayward & The Honorable Tom Davis

We need your support!  
Tickets and Sponsorships Available  
call 703.219.2120



Northern Virginia  
Family Service

**Help • Hope • Here**

# NEWS

## Rios-Leon

FROM PAGE 3

in the last row of the courtroom, Rios-Leon returned March 20 for sentencing. This time, Murphy was the prosecutor.

"This was a major operation, with big money — a criminal enterprise of significant, interstate proportions," said Murphy. "He deserves more than a year in jail to make it very clear that this activity will not be tolerated."

But defense attorney Jonathan David also made it clear that every story has two sides. He said Carlos paid his client to steal, but the money was then given back to Carlos to pay off a debt.

"[Rios-Leon] paid Carlos to bring him into the country [from Colombia]," said David. "Then the man asked for more money and said, 'If you don't pay me, I'll harm your family.' Who's an illegal alien to turn to when he's being preyed upon this way?"

Also charged in connection with the thefts were Rafael Steven Rodriguez, 35, and Geraldine Henao-Gaviria, 19. David said Rodriguez was the "ringleader" and Henao-Gaviria was a friend. "They both posted bail and skipped town — and [Rios-Leon] has been sitting in jail for eight months," David said.

Furthermore, he said, Rios-Leon served 60 days in Loudoun County for similar offenses and is still serving six months in jail in Spotsylvania County. Saying his client wasn't a predator but, rather, "someone being used by someone else," David said Rios-Leon was sorry for his actions.

"He's going to be deported," said David. "There's probably an ICE detainer against him." Then, making an unusual request, he told Judge Leslie Alden that Rios-Leon "hasn't seen his two children in eight months and wants to hold them. Could you explain to him why court security won't allow it?"

She did, and then Rios-Leon stood and asked both her and his wife for their forgiveness. Alden sentenced him to two years, plus two years post-release supervision, and ran his sentence "concurrently with any other sentence" he's serving in other jurisdictions.

"I consider these to be crimes of professionalism," said the judge, while Rios-Leon's wife cried quietly in the back row. "It's a full-scale operation, and everyone involved in it needs to be punished." She also ordered Rios-Leon to pay the cost of his prosecution.

Afterward, outside the courtroom, David called the sentence "fair, given the circumstances. It's a hard situation."

WWW.CONNECTIONNEWSPAPERS.COM

**FREE ESTIMATES**  
**HARDSCAPING/PLANTING**

**60-75% OFF**  
**ALL POTTERY**  
Washington's Largest Selection

**25% OFF**  
**All Nursery Stock & Perennials**  
2008 STOCK ONLY

**Pansies & Impatiens .97¢**

**Mulch 3 cu. FT. \$2.99**  
**Bulk \$19.95 Per cu. YD.**

Open 9-7 • 7 Days  
9023 Arlington Blvd., Fairfax, VA  
703-573-5025  
2 miles west of I-495 on Rt. 50 (Vienna Metro)  
Cravens Nursery & Pottery  
CravensNursery.com






**Church of the Holy Comforter** (Episcopal)  
543 Beulah Rd, NE, Vienna, Virginia 22180 (703-938-6521)  
The Rev. Richard A. Lord, Rector

**MAUNDY THURSDAY, THURSDAY, APRIL 9**  
6:00 p.m. Agape Supper  
7:30 p.m. Eucharist\*

**GOOD FRIDAY, FRIDAY, APRIL 10**  
12:10 p.m. Way of the Cross\*  
7:30 p.m. Liturgy of Good Friday\*

**HOLY SATURDAY, SATURDAY, APRIL 11**  
9:30 a.m. Liturgy of Holy Saturday

**EASTER DAY, SUNDAY, APRIL 12**  
7:30 a.m. Eucharist  
9:00 a.m. Choral Eucharist\*  
11:15 a.m. Choral Eucharist\*

Visitors Always Welcome!



\* = Childcare Available

**SUMMER REGISTRATION**  Since 1980

**Swan Ballet Dance Schools**  
Ballet • Pointe • Jazz  
Tap • Lyrical  
Modern • Hip Hop  
**CALL NOW!**  
Ask about Summer Dance Camps For All Ages  
Workshops For Pre-teens, Teens and Adults

*Beginner to Advance Classes for Children, Preteens, Teens & Adults*

**Swan I: Fairfax**  
9416 Main St.  
Pickett Shopping Center  
703-425-7847/703-425-9400

**Swan II: Chantilly**  
13655 Lee Jackson  
703-803-8877/703-425-9400

[www.swanballet.com](http://www.swanballet.com)



**BATHROOM & KITCHEN REMODELING**

- Reliable
- Affordable
- Dependable

**TWO POOR TEACHERS**



Free Estimate Home Improvements and Repairs that Always Get an A+  
**703-969-1179** Fully Insured Class A Contractor

[www.twopoorteachers.com](http://www.twopoorteachers.com)



**Allsports Grand Prix**  
High Speed Indoor Kart Racing

**Beat the Recession Blues!**

- Want to inspire and get your employees excited again?
- Looking to reward or promote your clients?
- Or maybe just take a break from work stress?

**Come out and hit the track! Challenge your team on our 1/4 mile track as you race towards victory!**

\*Please visit our website for more details and reservations  
[www.ALLSPORTSGP.com](http://www.ALLSPORTSGP.com)

**Allsports Grand Prix**  
45915 Maries Road  
Dulles, VA. 20166

**Office (571) 434-9566**  
**Fax (571) 434-9570**  
[www.AllsportsGP.com](http://www.AllsportsGP.com)



**TAKE METROBUS OR METRORAIL TO THE FREE KING STREET TROLLEY...**




**SHOP, DINE & CELEBRATE ON ALEXANDRIA'S HISTORIC MAIN STREETS**

Nationally known for its early-American architecture, chic boutiques, art & antique galleries, award-winning restaurants, and historic attractions, Alexandria is your vacation from the ordinary. **Getting here is easy:**

- Metrobus or Metrorail to King Street Station
- Free King Street Trolley with Frequent Stops between the King Street Metro and the Waterfront, Every 20 Minutes, 11:30am-10pm Daily

**Alexandria ORIGINAL #1**  
"Visit us online for 'Alexandria Originals' like me... and find my acclaimed recipe for Bouillabaisse!"  
— Chef Armstrong, Restaurant Eve

**M opens doors**

**KING STREET TROLLEY FREE**

**Virginia Alexandria**  
[VISITALEXANDRIAVA.COM](http://VISITALEXANDRIAVA.COM)  
703.838.5005

© 2009, Alexandria Convention & Visitors Association. All rights reserved. A209-1149 (R)

Metro-operated parking lots are free on weekends and federal holidays. SmartTrip® cards with full parking fee are the only accepted form of payment for parking (except metered parking). Visit the Trip Planner at MetroOpenDoors.com or call 202-637-7000 (TTY 202-638-3780).

# RECRUIT ME, PLEASE How Far Some Will Go

Thousands of dollars and miles.

BY JASON MACKAY  
THE CONNECTION

Perhaps the only thing as practiced as Stephanie Sbardella's swing may be her penmanship. After each of the collegiate softball camps that Sbardella, a junior third baseman at South County, attends, she has made it a point to draft her own personal thank-you letter to that school's coach.

In the past two years, Paul Sbardella,

Stephanie's father, can count on one hand how many times the family has stayed home for the weekend, instead of electing to attend some sort of camp or clinic, which the Sbardellas believe are imperative for Stephanie's recruitment as a college athlete. During one particular weekend this past winter, the Sbardellas left Lorton on a Friday morning and drove to the University of North Carolina at Pembroke — roughly 350 miles away — for a camp. Later that day, they drove 167 miles to Charlestown, S.C. and stayed the night.

The next day, Stephanie Sbardella attended Charleston Southern University's camp from 10 a.m. until 5 p.m. and then hopped back in the car for a 10-hour drive

to the University of Delaware, which was Sunday's destination, again for a camp.

"It's something that she's really interested in," Paul Sbardella said. "I'm just there to support her. ... But it is a lot of driving."

Paul Sbardella estimates that he's spent between \$7,000-\$10,000 on travel expenses and fees associated with all of the camps, clinics and competitive tournaments that his daughter attended during the past year.

**BY DIRECTING** his own program at the high school level and also serving as an assistant soccer coach at Shenandoah University, Robinson girls' soccer coach Jim Rike has been on both sides of high-level recruitment.

Rike still attends camps as a Shenandoah representative but also hears about experiences that some of his high school players have had at them as well.

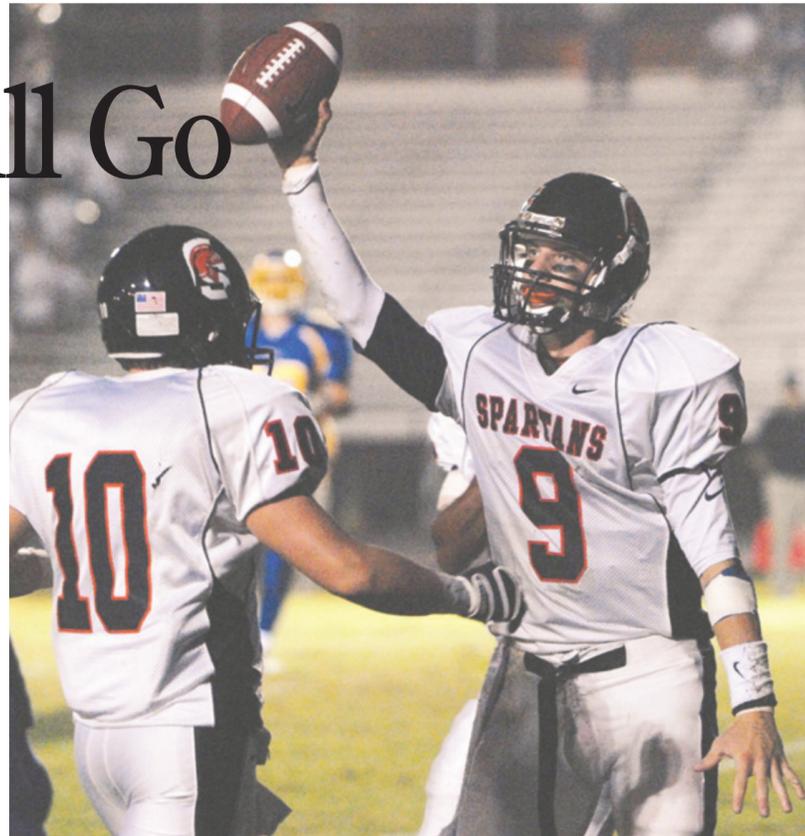
The defending Virginia AAA state champs, Robinson has four girls on its current roster committed to Division-I schools, with possibly two more on the way. To combat their rigorous club schedules, Rike has started to give his players at least one day off during the week, knowing that they had spent almost the entire weekend playing soccer.

**"You have to put college in your mind, but you also have high school to deal with, too. Because if you mess that up, you mess everything up."**

— Jordan Stanton, Robinson senior, signed with James Madison

"Five of my girls are on one club team, and they're approaching almost 150 games in a year of high level, premiere, showcase games because they keep going and going and going," Rike said. "I worry about the effect it's going to have on their bodies 10 years down the road."

"From my standpoint, as a college coach, I only need to see a kid a couple times to see whether he can play for me or not," Rike continued. "I don't see need to see him 40



FILE PHOTO

**With 5,872 career passing yards — the 14th-most in Virginia AAA state history — West Springfield's Bryn Renner, committed to the University of North Carolina, has been one of the area's most sought-after recruits.**

times. I've told my girls that you can have three or four great games, but all it takes is one really bad game and that gets set in the coach's mind and it evens out."

Dan Anderson, whose son, Holland Anderson, plays linebacker for the Centreville football team, has tried to find a steady mix. The Andersons did fly to San Antonio over New Year's for the U.S. Army National combine, which included 500 of the top juniors from across the country.

But the father still wants the sport to be fun for his son, an approach that has led the Andersons to attend only three high-level combines: the U.S. Army National, the Nike Combine and the Schuman Underclassman Camp. Still, Dan Anderson said that his investment in his son's recruitment has cost more than \$4,000 to date.

"You can't overwhelm them and it's got to continue to be fun," Dan Anderson said. "You have to have a balance, and you have to pick two, three or four camps and that's it. It really comes down to which ones invite you because anybody can go and pay their money."

And just because an athlete stands out at a camp, doesn't mean the college that notices will be a good match.

"What we find is that kids who go to these showcases get wrapped up in the recruiting cycle with schools that aren't good fits for them," said Avi Stopper, who co-founded www.CaptainU.com — a Web-based recruiting service designed to match families with colleges or universities.



© 2009 GOOGLE MAP

**Sbardella family roadtrip: one weekend, more than 1,200 miles.**

"You get a lot of people who go to showcases and often they do get seen, but it doesn't make sense and suddenly they have mismatched colleges on their list. It's really conspicuous that it's not a good fit."

**MARK BENDORF** has coached multiple sports in Fairfax County for 20-plus years.

SEE HOW FAR TO GO. PAGE 15

## World Wide Web of Recruiting?

High school athletes, college coaches take recruiting to the Internet.

BY MARK GIANNOTTO  
THE CONNECTION

Even before they became two of the top runners in the Mount Vernon High School track and field program, seniors Shaquille Thomas and Johnathon McMillon did everything together.

Friends since early childhood, the pair was nearly inseparable according to Thomas's mother, Susan Crawford — play dates, walking the halls in school, recreational sports teams.

Thomas, who lived on Fort Belvoir military base between 1999 and 2005 began running in 2000 in a program on base that his mother helped coach. He convinced McMillon to join him two years ago.

So it should come as no surprise that as they chase dreams of running track in college, the pair has decided to go through the recruitment process together.

The two don't look to be the prototypical recruits who make a college coach salivate. Neither has finished better than third at the Northern Region championships during the outdoor or indoor track seasons and both have thus far qualified for the state championships just once, each finishing outside the top-15.

"I didn't really start track seriously until last year, so I didn't really have any expectations about recruiting," McMillon said. That's why last year towards the end of indoor track season, McMillon's father, Ron, took his son's recruitment in a direction many in this area and around the country have — to the Internet.

One day while surfing the web checking out track results, Ron McMillon stumbled upon a service called beRecruited.com, one of several online services that, for a fee, helps connect high school athletes with college coaches.

Almost immediately, Ron McMillon set up accounts for both his son and Thomas, posting video he had taken from meets to the web. A year and a half later, Thomas has received interest from more than 20 colleges, while Johnathon McMillon is slated to attend Virginia State University on a track scholarship next fall.

"Usually, they wouldn't get this kind of attention unless they were some one-of-a-kind talent," said Crawford. "The kids who don't make the newspapers need something like this."

**PART OF THE REASON** Avi Stopper got out of coaching college soccer at the University of Chicago was the misconception he perceived from recruits and their parents about how to get noticed on the recruiting trail.

A co-founder of captainU.com, which

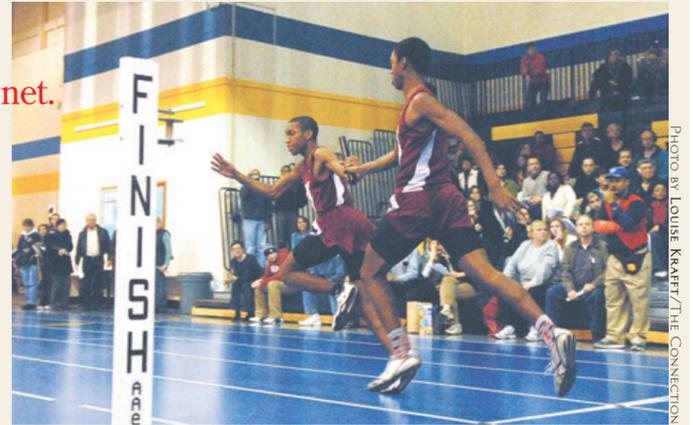


PHOTO BY LOUISE KRAFFT/THE CONNECTION

**Mount Vernon senior Johnathon McMillon (left) got a scholarship to run at Virginia State University next year thanks in large part to the online recruiting service beRecruited.com, which allowed him to post academic and athletic achievements, as well as video for coaches to look over.**

offers a somewhat similar service to beRecruited.com, Stopper thinks parents and athletes sometimes don't understand how college coaches think.

"A lot of people have the mentality that the way recruiting works is you go to showcase tournaments and then you get recruited, but that's really far from the reality," said Stopper. "There are 1,000 players at any given showcase and 50 college coaches and the odds of a college coach seeing you play randomly when you're doing

ting more and more used to going online and finding the information they're looking for. We just give them a place to do that."

Unlike captainU and its step-by-step guidelines to getting a coach's attention, beRecruited is more social network. For free, athletes can set up profiles with their interests, academic performance, and athletic achievements as well as post photos. To get the deluxe package, including the ability to post video clips for coaches to see, prospective recruits must pay a one-time fee of \$39.99.

**"You can't overwhelm them and it's got to continue to be fun."**

— Dan Anderson, Centreville High parent

something great is really slim."

Stopper's Web site, captainU, helps student athletes through the recruiting process, devising a step-by-step strategy. Potential recruits can create a profile on the site for free, with more services for \$39.95 a month.

"The best way is to really commit to a self-marketing campaign," said Stopper. "That's an intimidating process for kids, but you need to prove that you're serious. ... What we see is coaches love kids who do this. It removes a lot of the work for them."

Now beRecruited reports it has more than 150,000 athletes nationwide using its service, including 190 from Alexandria, 107 from Fairfax, 53 from Arlington, 31 from Reston, and 27 from McLean.

Jeff Cravens, the president of beRecruited, thinks the best evidence of just how many people need help with recruiting is seen in the site's newest service that allows parents to register to the site. In less than a year, more than 11,000 adults have signed up.

"I just think that this is a great place where you had a very inefficient process for years," explained Cravens. "I think people are get-

**STILL, THERE** are detractors. Bill Finney, the athletic director and women's basketball coach at Division III Marymount University in Arlington calls recruiting Web sites "a waste of money," especially for student-athletes trying to make it to the Division-I level.

He says coaches are more savvy than to believe clips on the web that create the illusion of a basketball player with a 100 percent shooting percentage or a soccer player whose every pass results in a goal. With the chances of a professional sports career after college slim to none, he thinks recruits should be focusing on everything but athletics when looking for the right college.

"I would rather have my daughter go into the guidance office and say this is what I want to do the rest of my life," said Finney, who had one daughter play basketball at Georgia Tech and another play for him at Marymount.

"Instead of throwing away all this money, put the responsibility on your kids. Families can do all this on their own. All they have to do is research what colleges match both their academic and athletic needs and reach out to them. A lot of people are expecting someone to call them up and say we want you, but that's just not how it works."

FILE PHOTO

**LeighAnne Baxter, a senior on Robinson's girls' soccer team, earned a scholarship to Richmond after scoring or assisting on every goal the Rams scored during last year's Virginia AAA state tournament, which her team eventually won, 2-1, over Battlefield.**

SPRING'S COMING!

**\$45 OFF** Any Complete Refinishing Project

Don't Replace It - Refinish It!

America's preferred refinisher since 1979!

Completely restore your

**BATHTUBS**

**WALL TILES OR COUNTERTOPS**

to just like new for up to 75% less than replacing!

Offer good through April 30, 2009 Call today for a free estimate.

**Miracle Method®**  
SURFACE RESTORATION

**703-738-4801**

[www.MiracleMethod.com](http://www.MiracleMethod.com)

**BLUE IGUANA**

**All Day!**

**Easter BUFFET**

9 AM - 4:30 PM

Brunch Specialties ★ Dinner Specialties

**\$24.95** • Children 6 - 12: \$8.95, Ages 5 and under: \$5

Special Buffet Featuring:

- Eggs Benedict & Omelettes At Brunch • Carving Station
- Seafood Station • Salads • Hot & Cold Specialties
- Dinner Entrees • Dessert Station • And More!

Don't Miss Our Famous **BLOODY MARY BAR!**

12727 Shoppes Lane, Fairfax, VA (Fair Lakes)  
Reservations Suggested 703/ 502-8108

AYPO is recognized as one of the leading orchestral training programs in the nation and provides competitive world-class training & performance opportunities for musicians ages 7 - 21. AYPO annually selects and trains over 400 of the most talented young musicians throughout the MD, VA, DC region. Come celebrate the 25th anniversary of Music Director Luis Haza of the National Symphony Orchestra at our spring performance:

**Virtuosity, American Youth Philharmonic**  
**Sunday, April 19, 1:00pm**  
GMU Center for the Arts, Fairfax, Virginia  
Marina Aikawa, student soloist, violin  
Tickets available at the door

For tickets & more info:  
**[www.aypo.org](http://www.aypo.org)**

Mention this ad to receive \$1 off the admission price!

**OPEN HOUSE LISTINGS**  
Will Return after the Holidays



To add your Realtor represented Open House to these weekly listings, please call 703-821-5050

## DINING



PHOTO BY MICHAEL O'CONNELL/THE CONNECTION

A signature item available at Nationals Stadium for the first time this year is The Big Catch, a foot-long Crab Louie sandwich that comes with a foot of crab-spiced fries.

# Eating at Home Plate

Washington Nationals hope to win fans over with revised concession menu.

BY MICHAEL O'CONNELL  
THE CONNECTION

In its sophomore season at the Nationals Stadium, Washington, D.C.'s Major League Baseball club is hoping the way to a fan's heart may be through his stomach. That was at least part of the message Stan Kasten, Nationals team president, offered Friday, April 3, during a "What's New at Nationals Park" media tour.

Between raindrops, Kasten showed off improvements that the team has made to the one-year-old stadium during the off-season, including a set of oversized starting line-up signs fashioned after baseball cards, additional picnic tables throughout the concourse and 7-foot tall bobblehead statues of the racing presidents, waiting to have their photos taken with fans.

**BUT THE** centerpiece of the tour was the new food unveiled by Executive Chef Phil Bucco of the Levy Restaurants. During the off-season, the Nationals hired Levy as its new concessionaire and asked them to freshen up the stadium's menu.

From day one, Bucco sought to blow the stadium's menu out of the water. "We try to work in the local favorites as well as give a lot of new options," he said. "There are going to be a lot of surprises, from the healthy options that we're going to put out there now, from the upgraded items that we've put on." As an example, he pointed to the "quasi-dilla," an inside out sandwich with the quesadilla as the bread.

"It's filled like a sandwich," he said. "That kind of innovative approach is what sets us apart."

Among the other new items available at the park this spring are a variety of hamburger selections, including a spicy shrimp po boy and a veggie burger; a Healthy Plate cart featuring fresh produce; and The Big Catch, a Crab Louise sandwich. Lightly smothered in dressing, lumps of crab meat and thinly sliced red onions fill up The Big Catch's foot-long soft bun, making it the signature item of the new menu.

"We loved the Crab Louis sandwich," said Jeff Saffelle of Alexandria, who authors the Nationals blog Nats320 [www.Nats320.blogspot.com]. "The shrimp burger is very spicy. It's got a nice taste to it."

Saffelle and his wife Sohna are season-ticket owners and expect to be at every game. Eighty-two home games means 82 opportunities to eat at the ballpark. The new expanded menu was something that they welcomed.

"We like the fact that there are some fresh new offerings," said Jeff Saffelle.

"Coming to every game like we do, it gets a little boring eating the same thing all the time like we did last year. This spices it up and makes it a little different."

"They also introduced more healthy food," said Sohna Saffelle. "Since we like to eat healthy, we have a problem with potato chips and that stuff." She appreciated having healthier choices at the ballpark.

**"Coming to every game like we do, it gets a little boring eating the same thing all the time."**

**— Jeff Saffelle, Alexandria**

# CALENDAR

To have community events listed, send to south@connectionnewspapers.com or call 703-917-6459 with questions. Deadline for calendar listings is two weeks prior to event.

## THURSDAY/APRIL 9

**Swing Speak**, 8-10 p.m. at the Old Town Hall, 3999 University Dr., Fairfax. Complimentary swing lesson, 7:30 p.m. \$10 per person. 703-424-1745 or www.headoverheelsdance.com.

**Bill Frisell Trio with Rudy Royston and Tony Scherr**, 8 p.m. at The Barns. \$25. Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. 1-877-WOLFTRAP.

**Swing Speak**, 8-10 p.m. at The Old Town Hall, 3999 University Drive, Fairfax. 7:30 beginner lessons. \$10. 703-414-1745 or www.headoverheelsdance.com.

**Ringling Bros and Barnum & Bailey Circus**, 7 p.m. at the Patriot Center, 4400 University Drive, Fairfax. Tickets \$14-\$95, available by Phonecharge at 703-573-SEAT or online at www.ticketmaster.com.

**Poor Man's Lobster**, 10 p.m. at Fat Tuesdays, 10673 Braddock Road, Fairfax. 703-385-5717.

**Chess Club**, 3:30 p.m. at Pohick Regional Library, 6450 Sydenstricker Road, Burke. Learn the rules and strategy, play the game. Age 6-12. 703-644-7333.

**FRIDAY/APRIL 10**

**Washington Saxophone Quartet**, 8 p.m. at the Old Town Hall, 3999 University Drive, Fairfax. Free. 703-352-ARTS.

**The Downtown Fiction**, 6 p.m. at Jammin' Java, 227 Maple Ave. E., Vienna. \$12. 703-255-1566 or

jamminjava.com.

**Chuck Brown General Admission dance**, 8 p.m. at The Barns. \$30. Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. 1-877-WOLFTRAP.

**Ringling Bros and Barnum & Bailey Circus**, 1 p.m. and 7:30 p.m. at the Patriot Center, 4400 University Drive, Fairfax. Tickets \$14-\$95, available by Phonecharge at 703-573-SEAT or online at www.ticketmaster.com.

**Dreamscape Project**, 10 p.m. at Fat Tuesdays, 10673 Braddock Road, Fairfax. 703-385-5717.

## SATURDAY/APRIL 11

**Deanna Bogart Band**, 7 p.m. \$17 in advance, at Jammin' Java, 227 Maple Ave. E., Vienna. \$20 at the door. 703-255-1566 or jamminjava.com.

**A Tribute to Allen Toussaint**, with the Nighthawks, Mary Ann Redmond, The Grandsons, The Junkyard Saints, Tommy Lepson, The January Allstars, Jon Carroll and more. 7:30 p.m. at The Barns. \$25. Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. 1-877-WOLFTRAP.

**Ringling Bros and Barnum & Bailey Circus**, 11:30 a.m., 3:30 p.m. and 7:30 p.m. at the Patriot Center, 4400 University Drive, Fairfax. Tickets \$14-\$95, available by Phonecharge at 703-573-SEAT or online at www.ticketmaster.com.

**Debauch and Reunion show**, 10 p.m. at Fat Tuesdays, 10673 Braddock Road, Fairfax. 703-385-5717.

**Bharathanatyam Arangetram (formal solo dance debut) of Rajashree Ranganathan**, 4 p.m. at the James Lee Community Center Theater, 2855-A Annandale Road, Falls Church. Free. E-mail

rsvprg@gmail.com with number of attendees before April 1.

**The Fairfax County Sheriff's Office** will photograph and fingerprint your children, 10 a.m.-1 p.m. at the Easter Eggstravaganza at Centerpointe Church, 4104 Legato Road, Fairfax. Free. Contact Master Deputy Sheriff Carol Dever at carol.dever@fairfaxcounty.gov or 703-246-3279.

**Complexions Contemporary Ballet**, 9 p.m., at George Mason University's Center for the Arts. Tickets are \$42, \$34, \$21. Charge by phone at 888-945-2468 or visit www.tickets.com. The Center for the Arts complex is located on the Fairfax campus of George Mason University at the intersection of Braddock Road and Route 123. Paid parking is located in the deck adjacent to the mainstage Concert Hall and free parking is located in university lot K. Visit www.gmu.edu/cfa.

## SUNDAY/APRIL 12

**Ringling Bros and Barnum & Bailey Circus**, 1 p.m. and 5 p.m. at the Patriot Center, 4400 University Drive, Fairfax. Tickets \$14-\$95, available by Phonecharge at 703-573-SEAT or online at www.ticketmaster.com.

**MONDAY/APRIL 13**

**Crafty Kids**, 3:30 p.m. at Kings Park Library, 9000 Burke Lake Road, Burke. Crafty fun. Age 6-12. 703-978-5600.

## TUESDAY/APRIL 14

**Book Discussion Group**, 1 p.m. at

SEE CALENDAR, PAGE 14

Bishop O'Connell presents  
**A Knight Day Camp**  
For Middle School Students



*Amazing Adventures*

Museum Madness

Comics and Superheroes

Birdbrain Birding

*Academic Antics*

Splash of Spanish

What's Happening?

Friendly French

*Creative Juice*

Purple Pen Writers

Knight Scenes Video

Photo Shop

*Pure Unadulterated Fun!*

Board Games!

Computer Games!

Plus Many More!

For more information and to Register, visit  
[www.bishopoconnell.org](http://www.bishopoconnell.org)

## BURKE NURSERY & GARDEN CENTRE



### Spring has Arrived! Trucks Loaded with Plants Arriving Daily

- Excellent selection of trees and shrubs
- Annuals, Perennials, Herbs
- House Plants and Gift Items
- Landscape Services
- Wild Bird Supplies
- Mulches, Soils and Seed
- We Deliver

BURKE NURSERY

Lawn Care

703-323-5544

Fertilizing, Seeding, Aeration,  
Tree & Shrub care.

### \$10 OFF

Any Purchase of \$100 or more

One coupon per customer. Not valid with any other offer. Not valid with landscape services or delivery. Expires 4/30/09

BURKE, VA  
9401 Burke Road  
703-323-1188  
Open Daily 8-Dark

Visit our website: [www.burkenursery.com](http://www.burkenursery.com)

## XER GAMES™

Interactive Fitness by Sportwall



Spring Sports  
Camp Enrolling\*

Bring this coupon  
to receive 50% off  
Xersession

Monday through Friday 4:00 pm to 5:30 pm  
Saturday and Sunday 3:00 pm to 5:00 pm

Valid Through 4/30/09  
Limit 2 people per coupon

Burke  
Racquet  
& Swim Club™

THE AREA'S BEST ALL INDOOR FITNESS FACILITY

- Group Training Stations by Sportwall®
- Performance-PT by Sportwall®
- Dance Platform Technology by Cobalt Flux™

Serious Fitness for People  
Who Love to Play

---

PARTY packages AVAILABLE  
Great for kids—adults—  
the whole family

---

703.250.1299

6001 Burke Commons Rd.  
Burke, Virginia  
15 minutes from Springfield,  
Newington, Fairfax & Centreville.

\*see website  
[www.burkeclub.com](http://www.burkeclub.com)

# CALENDAR

FROM PAGE 13

**Pohick Regional Library, 6450 Sydenstricker Road, Burke. The Diving Bell and the Butterfly** by Jean-Dominique Bauby. Adults. 703-644-7333.

**Fairfax Bibliophiles Book Collecting Group, 7:15 p.m.** at the City of Fairfax Regional Library, 10360 North St., Fairfax. Topic for discussion TBA. Adults. 703-293-6227.

**Computer Tutoring, 3:30 p.m. and 4:30 p.m.** at the Burke Centre Library, 5935 Freds Oak Road, Burke. Get one-on-one help with computers, common software applications and navigating the Internet. Call to sign up. Adults. 703-249-1520.

**Bedtime Stories: Hop Along With Us, 7 p.m.** at Pohick Regional Library, 6450 Sydenstricker Road, Burke. Stories and activities about rabbits. Pajamas optional. Age 3-6 with adult. 703-644-7333.

## WEDNESDAY/APRIL 15

**Writer's Roundtable, 7 p.m.** at Pohick Regional Library, 6450 Sydenstricker Road, Burke. Discuss your work with other writers. Adults. 703-644-7333.

**Yummy Stories About Food, 10:30 a.m.** at the City of Fairfax Regional Library, 10360 North St., Fairfax. Stories and activities. Age 3-5 with adult. 703-293-6227.

**Needlework Group, 10:30 a.m.** at the Burke Centre Library, 5935 Freds Oak Road, Burke. Bring a project to work on in the company of other needlecrafters. Adults. 703-249-1520.

## THURSDAY/APRIL 16

**Barrage. Fiddle music, song and dance. 8 p.m.** at The Barns. \$27. Wolf Trap Foundation for

**Rajashree Ranganathan will present her formal solo dance debut, known as Bharathanatyam Arangetram, on Saturday, April 11 at the James Lee Community Center Theater in Falls Church.**

## CLASSES & WORKSHOPS

Send notes to the Connection at [south@connectionnewspapers.com](mailto:south@connectionnewspapers.com) or call 703-917-6459. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

### DANCE

**Learn the Social Dances** such as ballroom, Latin, swing, night club, country western/ polka in Cy Richardson's group classes on Tuesday nights at the Oaks Community Center, 5708 Oak Leather Drive, Burke. Six-week sessions, eight hours. \$60 per person. Free make up class. Singles and couples welcome. Next session ( Ballroom I and Ballroom II ) starts April 28. Call Richardson at 703-250-5360.

**Singles' Dance.** Hearts in Motion School of Music & Dance hosts a Singles' Dance the third Friday of each month, 8 p.m.-midnight. Dances include cha cha, waltz, swing, hustle, El Paso, slow dances and line dances. Cost is \$12 (\$20 for couples). The

the Performing Arts, 1645 Trap Road, Vienna. 1-877-WOLFTRAP.

**Ringling Bros and Barnum & Bailey Circus, 7 p.m.** at the Patriot Center, 4400 University Drive, Fairfax. Tickets \$14-\$95, available by Phonecharge at 703-573-SEAT or online at [www.ticketmaster.com](http://www.ticketmaster.com).

**Ballyhoo and Revel, 10 p.m.** at Fat Tuesdays, 10673 Braddock Road, Fairfax. 703-385-5717.

**All the Colors of the Rainbow, 10:30 a.m.** at the City of Fairfax Regional Library, 10360 North St., Fairfax. Stories and activities. Age 3-5 with adult. 703-293-6227.

**Yoga for Preschoolers, 10:30 a.m.** at Kings Park Library, 9000 Burke Lake Road, Burke. Have fun and get fit with your preschooler. Dress comfortably. Age 3-5 with adult. 703-978-5600.

### Genealogy

**Databases, 2 p.m.** at the City of Fairfax Regional Library, 10360 North St., Fairfax. Search for ancestors using the library's genealogy databases and other free Internet resources. Age 13 and up. 703-293-6227.

**Let's Hear It for the Girls, 7 p.m.** at Kings Park Library, 9000 Burke Lake Road, Burke. Mother-daughter book discussion group. Age 9-11 with adult. 703-978-5600.

**Earth Day: Birthday! 10:30 a.m.** at the Burke Centre Library, 5935 Freds Oak Road, Burke. Stories, songs and a craft celebrating our Earth. Age 2-5 with adult. 703-249-1520.

**Afternoon Reading Group, 1 p.m.** at the City of Fairfax Regional Library, 10360 North St., Fairfax. Devil in the White City by Erik Larson. Adults. 703-293-6227.

**Boyd School Trike-a-Thon. 9:30-11:30 a.m., 3909 Oak St, Fairfax.** Proceeds benefit St. Judes Research Hospital. For more, visit [www.theboyschool.com](http://www.theboyschool.com), e-mail [Fairfaxdirector@theboyschool.com](mailto:Fairfaxdirector@theboyschool.com) or call 703-934-0920.

## FRIDAY/APRIL 17

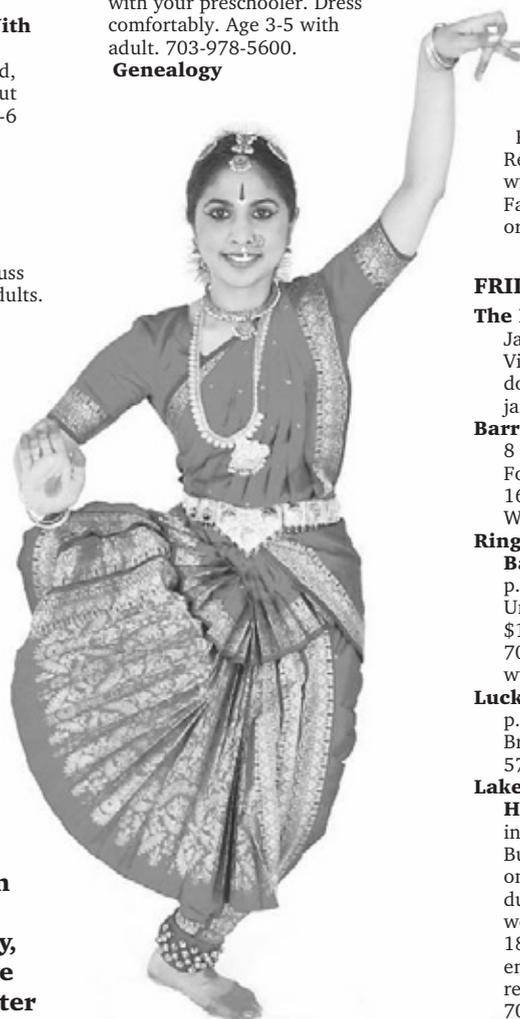
**The Hint CD Release, 6 p.m.** at Jammin' Java, 227 Maple Ave. E., Vienna. \$10 advance, \$12 at the door. 703-255-1566 or [jamminjava.com](http://jamminjava.com).

**Barrage. Fiddle music, song and dance. 8 p.m.** at The Barns. \$27. Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. 1-877-WOLFTRAP.

**Ringling Bros and Barnum & Bailey Circus, 10:30 a.m. and 7:30 p.m.** at the Patriot Center, 4400 University Drive, Fairfax. Tickets \$14-\$95, available by Phonecharge at 703-573-SEAT or online at [www.ticketmaster.com](http://www.ticketmaster.com).

**Lucky Dub and No Quick Fix, 10 p.m.** at Fat Tuesdays, 10673 Braddock Road, Fairfax. 703-385-5717.

**Lake Accotink Adult Civil War History Program, at Braddock Hall in the King's Park Library, 9000 Burke Lake Road, Burke.** The focus is on 1860's life in Fairfax County during the Civil War, the role of women during the war, slavery in 1860s society and period entertainments. \$10 fee. Pre-registration required by March 28 at 703-569-3464.



Opening April 10<sup>th</sup>, 2009

MurderOnAmericanIdle.com • 877-407-IDLE

# Mystery Dinner Show

**Fairfax Marriott**  
at Fair Oaks Mall

Seating 7:00PM Showtime 7:45PM  
Tickets 877-407-4353

visit [www.murderonamericanidle.com](http://www.murderonamericanidle.com)

## COMMUNITIES OF WORSHIP

**Messiah**  
United Methodist Church  
6215 Rolling Rd., Springfield  
(Near West Springfield High School)  
(703) 569-9862

**Sunday Services**  
8:15, 9:30 & 11:00 am  
Heartline Contemporary Service 7:15 p.m.

**Sunday School**  
9:30 am & 11:00 am  
"Serving God by Serving Others"  
Visit our website: <http://www.messiahumc.org>

**Assembly of God**  
Jubilee Christian Center  
703-383-1170  
Fairfax Assembly of God  
703-591-4284  
Way of Faith Assembly of God  
703-573-7221  
**Baptist**  
Braddock Missionary  
703-830-4125  
Calvary Hill...703-323-1347  
Fairfax Baptist...703-273-1820  
Fairfax Circle...703-573-7372  
Greater Little Zion...703-764-9111  
Iglesia Bautista La Gran Comisica...703-323-5858  
Judah Praise Fellowship Christian...703-758-1456  
Northern Virginia Primitive Baptist...703-255-0637  
**Bible**  
Bancroft Bible Church  
703-425-3800  
**Catholic**  
St. Leo the Great Catholic  
703-273-5369  
St. Mary of Sorrows Catholic Church...703-978-4141  
St. Paul Catholic Church  
703-968-3010  
**Coptic Orthodox**  
St. Mark...703-591-4444  
**Disciples of Christ**  
Fairfax Christian Church  
703-385-3520  
**Episcopal**  
Church of the Apostles  
703-591-1974

**Jubilee Christian Center**  
Celebrating the Sounds of Freedom  
Realtime Worship - Sunday 8:45 & 11 AM  
Sunday School 10:10 AM  
Sunday Evening - 6:30 PM Youth Meeting  
Family Night - Wednesday 7:15 PM  
Call for Sunday Evening Worship Home Group Schedule visit our website: [www.jccag.org](http://www.jccag.org)  
4650 Shirley Gate Road, Fairfax  
Bill Frasnelli, PASTOR 703-383-1170  
"Experience the Difference"

Truro Episcopal...703-273-1300  
**Jewish**  
Congregation of Olam tikvah  
703-425-1880  
Chabad Lubavitch...703-426-1980  
**Lutheran**  
Bethlehem Lutheran...703-978-3131  
Christ Lutheran...703-273-4094  
Kings of Kings...703-378-7272  
Lord of Life...703-323-9500  
**Methodist**  
Bruen Chapel United...703-560-1665  
Fairfax United...703-591-3120  
Pender United...703-278-8023  
St. George's United...703-385-4550  
**Non-Denominational**  
Fair Oaks...703-631-1112  
Fairfax Church of Christ...703-631-2100  
Fairfax Community Church...  
703-323-0110  
Sovereign Grace Church...703-691-0600  
Jesus Christ Crucified...703-385-9015  
Metropolitan Community Church  
703-691-0930  
Salvation Army...703-385-9700  
Shepherd's Heart...703-385-4833

Word of Life Church International...  
703-978-7101  
**Pentecostal**  
The Greater Pentecostal Temple...  
703-385-9426  
**Presbyterian**  
Christ Presbyterian Church...  
703-278-8365  
Fairfax Presbyterian...  
703-273-5300  
Korean Presbyterian...  
703-321-8090  
Providence Presbyterian...  
703-978-3934  
New Hope...703-385-9056  
Shalom Presbyterian...  
703-280-2777  
**Seventh Day Adventist**  
Fairfax Seventh Day Adventist  
703-978-3386  
**United Church of Christ**  
Little River United  
Church of Christ  
703-978-3060

To Advertise Your Community of Worship, Call 703-917-6463

## RECRUIT ME, PLEASE

MORE AT WWW.CONNECTIONNEWSPAPERS.COM

# Many Kinds of College Recruiting Experience

Local athletes remember the highs and lows of choosing a college.

BY RICH SANDERS  
THE CONNECTION

**H**ere is a look three college athletes from Northern Virginia — AJ Price (South Lakes), Ashley Abed (Oakton) and Jeff Allen (Langley). Each is pleased with where they ended up, but getting there was completely different for each, and anything but simple. For more on Price and Abed, and for Jeff Allen's walk-on story, see [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

### A.J. PRICE, SOUTH LAKES

A.J. Price, a 6-foot-4 inch football wide receiver at Penn State University, did not emerge into a major recruiting prospect until his senior year in high school at South Lakes.

That fall season, South Lakes coach John Ellenberger emphasized the Seahawks' passing attack, and Price had a breakout season, catching 32 passes for 816 yards and 11 touchdowns. He averaged 25.5 yards per catch and earned Second Team All-State accolades.

Major collegiate football programs, such as Duke, the University of Michigan, the University of Virginia and Penn State, contacted Ellenberger in order to make their intentions known about recruiting Price.

Each of those programs offered him a football scholarship. "I'm not really one for all

the glamour and all, and I wasn't used to being the person being talked about. I tried to take it in stride," said Price.

Price, who graduated in 2008, will never forget the December day during his senior year that Penn State, under legendary coach Joe Paterno, offered him a scholarship. The moment came during the school day. Ellenberger, teaching an English class, got a call from Penn State and was told by a member of the Nittany Lions' football staff that they would make an offer to Price. The teacher-coach immediately found Price to give him the big news.

"I thought, 'Wow, not too many people experience this.'"

Price committed about a month later during a weekend visit to Penn State with his mother. "I told my mom on my birthday, then I told coach Paterno ... the next day at brunch."

Price said his recruiting experience in dealing with Penn State was outstanding. His contact person through the process was Penn State assistant coach Larry Johnson, a former head coach at T.C. Williams High in Alexandria.

"I love it [at Penn State]," said Price, a history major.

**FOR ASHLEY ABED**, a 2007 Oakton High graduate, the path to becoming a women's college basketball player at NCAA Div. 2 Anderson University (S.C.) was an eventful journey.

The 5-10 forward said she always desired to play college basketball. During her junior season at Oakton, Abed believed she would fit in nicely with a Div. 2 college program.

Abed had to initiate contact with some of the schools she was interested in. Her high school coach, Fred Priester, made a highlight tape of Abed to give to schools.

She elected to accept an offer to play at Francis Marion University (Florence, S.C.). But during the summer prior to her freshmen year at Marion, Abed learned that a coaching change had occurred.

Abed did, in fact, like the new coach. But as things turned out,

she received less playing time than she had hoped. "It was kind of my role to be a verbal player on the bench and to be a practice player," said Abed.

Following the season, she decided she would transfer.

Anderson University women's coach Jeff Dow, upon learning about Abed, was interested in recruiting her. She visited the campus and met the coach.

"I knew he was a coach I wanted to play for," she said.

But again, the school Abed was ready to attend made a coaching change. Dow, Abed learned the summer prior to her sophomore year, was leaving. The new coach would be Jim Brunelli.

Abed, it turned out, had a terrific season. The Anderson team was not expected to do well as a result of the late coaching change, but won the Conference Carolina championship and qualified for the NCAA Div. 2 tournament. Abed, a guard-forward, played 20-plus minutes per game.

"Coach Brunelli taught me a lot about myself," said Abed. "It felt really good to play and help a team win."

FILE PHOTO



A junior on South County's softball team, Stephanie Sbardella and her family have traveled to college camps almost every weekend.

## How Far To Go

FROM PAGE 11

Currently, he's in charge of Robinson's football program, a perennial powerhouse when it comes to sending athletes on to continue their careers at the college level.

Comparing football's recruitment process to those of every other sport, Bendorf says is like comparing "apples to bricks." Loaded with revenue and resources at the college level, football coaches can often travel to visit recruits, both to meet them and to scout them.

"If you're a basketball coach or a lacrosse coach or a soccer coach or a swim coach, you have so many other opportunities because of those invitational meets, those tournaments, those fall leagues," Bendorf said. "Football has none of that. There is not AAU football."

What football does have, though, is the luxury of game film, which doesn't always exist when talking about field hockey or swim and dive. Coaches often rely on game film and in-person assessments during the fall, and only later do they factor in camp attendance.

Jordan Stanton, a 6-foot-4, 245-pound defensive end for Bendorf's Rams, has signed with James Madison University. Despite attending one-day camps at the University of Virginia and Virginia Tech, Stanton, who benefits from impressive, measurable numbers such as his bench press (310) and 40-yard dash time (4.7 seconds), was eventually plucked away by the Dukes.

Before signing, Stanton analyzed James Madison's depth

chart, its defensive system and evaluated his future coaches' personalities. Not only that, he put a strong emphasis on academics and the quality of the facilities where he would spend the bulk of his next four or five years.

"We didn't hit the panic button," Stanton said.

Stanton kept a positive outlook on the whole process, which, for better or worse these days, is becoming harder and harder to do.

"You have to put college in your mind, but you also have high school to deal with, too," Stanton said. "Because if you mess that up, you mess everything up."



Signed with James Madison University, senior defensive end Jordan Stanton had 83 tackles and four sacks last fall for Robinson's football team. "I needed to take care of high school first," he said of the whole recruiting process.

FILE PHOTO

PHOTO BY CRAIG STERBUTZEL/THE CONNECTION



AJ Price emerged to become one of the metro area's top receivers during his senior season at South Lakes, drawing the attention of several big-time college football programs.

**DRIVER**  
Office in Burke, DC deliveries.  
Approx 30 hrs per week. Clean DMV.  
US citizen. **703-426-4508**

**TELEPHONE**  
A great opportunity to  
**WORK AT HOME!**  
NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!  
**301-333-1900**  
Weekdays 9-4

**TELEPHONE**  
A great opportunity to  
**WORK AT HOME!**  
NATIONAL CHILDRENS CENTER  
No sell! Salary + Bonus + Benefits!  
**301-333-1900**  
Weekdays 9-4

**MYSTERY SHOPPERS**  
Mystery Shoppers earn up to \$150 a day.  
Under cover shoppers needed to judge retail  
and dining establishments. Exp. not req'd.  
Some Fees may apply. **877-448-3385**

**SALON & SPA**  
F/Srv Salon & Spa hiring  
Lic. Stylist w/wo clients. S/BONUS  
**571-263-3002**

**PART-TIME SECRETARY**  
15-25 hours per week. Office in Burke.  
\$11-\$12/hr. to start. Please fax resume:  
**703-426-2067**

**F/T DENTAL ASSISTANT**  
**Exp'd** Dental Assistant needed for busy  
family practice in Burke. For more info  
call: 703-250-5790. Fax or email re-  
sume: 703-250-2935, [bita@drhsed.com](mailto:bita@drhsed.com)

**EARN UP TO \$500 A DAY**  
in one of today's fastest growing service  
industries. Free revealing report: Dry  
Tech, Suite CL25093, 8920 Quartz Ave.,  
Northridge, CA 91324, (818) 576-0388

**AVON** Need an Extra \$500 - \$1000  
per mo. to pay Bills ??  
Call Sue @ **703-451-5864**  
Email: [avonsatosell@yahoo.com](mailto:avonsatosell@yahoo.com)  
[www.youravon.com/sanderson5864](http://www.youravon.com/sanderson5864)

**Adult Pool Attendant**  
Weekend positions at community swim-  
ming pools throughout Maryland and  
Virginia. Must be able to swim.  
Call: **571-730-3001** or  
Email: [chrisg@continentalpools.com](mailto:chrisg@continentalpools.com)

**LANDSCAPE**  
Chapel Valley Landscape Company is  
seeking US Citizen workers for Restrict-  
ed Government Projects. The candi-  
dates must have landscape maintenance  
or related field experience; willing to  
train the right candidate. Premium pay  
and benefits. Fax resume to Carmen  
Palacios at 703-406-9251 or e-mail to  
[carmenp@chapelvalley.com](mailto:carmenp@chapelvalley.com) EOE. Sub-  
stance free workplace.

**RETAIL INVENTORY MANAGER P/T**  
Manage all aspects of inventory from  
receiving goods to ready for selling; plus  
payables. Excel, Quickbooks, strong phone  
skills req'd. Fax resume to 703-425-1855 or  
call Judy at 703-425-1855.

**Home Instead SENIOR CARE**  
**COMPANIONS & CNA'S NEEDED**  
Enable seniors to live independently in their own  
homes with our non-medical companionship and home  
care services. Rewarding P/T days, evenings, weekends,  
live-ins, medical benefits offered.  
**Home Instead Senior Care.**  
Call Today: **703-750-6665**

## Internships Available

Unusual opportunity to  
learn many aspects of the  
newspaper business.  
Internships available in  
reporting, photography,  
research, graphics.  
Opportunities for students,  
and for adults considering  
change of career. Unpaid.  
Email [internship@connec-  
tionnewspapers.com](mailto:internship@connectionnewspapers.com)

**THE CONNECTION**  
NEWSPAPERS

**ATTENTION LIFEGUARDS**  
**NOW HIRING** lifeguards for the sum-  
mer. We offer training & flexible sched-  
ules. FT/PT positions in MD, VA & DC.  
Apply online [communitypools.com](http://communitypools.com)  
or Call: **1-800-966-2500**

**PT ADMIN/BOOKKEEPER**  
Exp'd in Quickbooks 2008-09,  
payroll, and Windows for  
Residential General Contractor.  
Fairfax Station area.  
Please fax resume: **703-425-8189**  
Email: [homesbymurphy@cox.net](mailto:homesbymurphy@cox.net)

**F/T STAFF ACCOUNTANT**  
Seeking degreed accountant w/at least 5  
yrs exp. Mon-Fri, Fairfax City location.  
Resps incld: A/P, A/R, Gen'l ledger,  
cash flow & financial statement report-  
ing. Excel salary & benefit pkg. Must  
pass criminal background check. Submit  
references & salary requirements with  
resume to [asax@alsi.us.com](mailto:asax@alsi.us.com).

**Seasonal Concession Supervisor**  
Great Waves Regional Park, Alexandria.  
Start immediately. 40 hrs/week. \$15.65/hr.  
Supervise very busy water park concession.  
Must have a safe driving record. Must be at  
least 18 years old. Must possess or have the  
ability to obtain Food Operators Certifica-  
tion. Apply on line, [www.nvrpa.org](http://www.nvrpa.org) or call  
Eric, 703 960-0767 ext 101.

**LEARN A TRADE AT MOUNT VERNON**  
Seeking individuals for seasonal cos-  
tumed historic interpreter positions at  
George Washington's Distillery, Grist-  
mill, Pioneer Farm and Blacksmith  
Shop. Contact Steve Bashore 703-799-  
6805, [sbashore@mountvernon.org](mailto:sbashore@mountvernon.org), via  
Fax 703-780-8320 or postal mail - P.O.  
Box 110. Mount Vernon, Va 22121

**Entry Level Sales Mgmt**  
Searching for a self-motivated individual to  
be a Team Leader. You will manage a team  
within the industry's finest Canvass Opera-  
tion. Requirements include desire to excel,  
ability to speak persuasively and effectively  
with all different personalities. Knowledge  
of Microsoft Excel is a must. We offer a pd  
professional training program; solid base +  
great incentives; 1st year potential \$55K+;  
benefits & 401K. Call Philip McPhail today!  
**301-560-1408**  
[www.thompsoncreek.com](http://www.thompsoncreek.com)

**EDUCATION**  
**FREE RENT & MAKE A DIFFERENCE HELPING INDIVIDUALS WITH DISABILITIES TO LIVE INDEPENDENTLY IN THEIR OWN HOME**  
We are looking for the right individual to live  
rent free with two people with disabilities in  
their own home. The live in must be there  
overnight as a safety net and assist/monitor the  
individuals for about an hour in the morn-  
ing as they prepare for work. Excellent ac-  
commodations in great neighborhoods with  
community rooms, swimming pool, close to  
universities, shopping, gyms, etc. For more in-  
formation, email [sgreen@csi-va.org](mailto:sgreen@csi-va.org) or call  
(703) 913-3150. Our website can be accessed at  
Community Systems, Inc. or [csi-va.org](http://csi-va.org). Our  
office is at 8136 Old Keene Mill Road  
Suite B-300, Springfield, Va. 22152

**Nysmith School Preschool - 8th Grade Hiring for Fall**  
• Teachers: College degree required  
\* Music Teacher  
\* PE Teacher  
\* Computer Teacher  
\* Elementary Co-Teachers  
Send resumes to: [resume@nysmith.com](mailto:resume@nysmith.com)  
FAX: 703-713-3336  
Web: [www.nysmith.com](http://www.nysmith.com)

**THE CONNECTION CLASSIFIED**  
NEWSPAPERS  
Classified or Home • Lawn • Garden:  
**703-917-6400**  
Employment: **703-917-6464**  
Fax: **703-917-0992**  
E-mail: [classified@connectionnewspapers.com](mailto:classified@connectionnewspapers.com)

**207 Boats** **207 Boats**  
**SOUTH RIVER MARINA**  
Edgewater, MD  
**Seasonal Hi & Dry Boat Storage as low as \$1,000**  
Annual Hi & Dry Boat Storage as low as \$1800  
Lift slips from \$4500  
**410-798-1717 301-261-4985**

**21 Announcements** **21 Announcements**  
**TRUSTEE'S SALE OF VALUABLE IMPROVED REAL ESTATE**  
Improved by the premises known as  
7610 Savannah Street, #201, Falls Church, Virginia

In execution of a Deed of Trust from Eris Bonilla, dated  
May 24, 2005, and recorded May 26, 2005, in Deed Book  
17328 at page 452 among the Land Records of Fairfax Coun-  
ty, Virginia, the undersigned substitute trustee will offer for sale  
at public auction at the front entrance of the Judicial Center for  
Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia,  
on  
**Monday, April 20, 2009 at 11:00 a.m.**

the following property being the property contained in said  
Deed of Trust, described as follows:  
Unit 201, Building 7610, FALLS CHURCH GARDENS  
CONDOMINIUM, Phase V

Tax Map No. 049-2-31-10-0201  
Commonly known as 7610 Savannah Street, #201, Falls  
Church, Virginia 22043.

**TERMS OF SALE:** A deposit of \$19,000.00 or ten per-  
cent (10%) of the sale price, whichever amount is less, in the  
form of cash or its equivalent will be required of the purchaser  
at the time and place of sale; the balance of the purchase mon-  
ey being due and payable within fifteen (15) days after sale,  
time expressly being of the essence, with interest at the rate of  
5.25 percent per annum from date of sale to date of  
settlement. Provided, however, that if the holder of the se-  
cured promissory note is the successful bidder at the sale, no  
cash deposit shall be required, and part of or the entire indebt-  
edness, including interest and costs, secured by the Deed of  
Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and  
stand the risk and cost of resale.

Sale shall be made subject to all existing easements  
and restrictive covenants as the same may lawfully affect the  
real estate. Sale is further subject to mechanic's and/or materi-  
alman's liens of record and not of record. The property will be  
sold subject to all conditions, covenants, restrictions, rights of  
redemption of federal lienholders or encumbrances, and agree-  
ments of record affecting the same, if any.

In the event the undersigned trustee is unable to con-  
vey to the purchaser good title, then purchaser's sole and ex-  
clusive remedy shall be in the refund of the deposit paid at the  
time of sale.

The subject property and all improvements thereon will  
be sold in "as is" condition without warranty of any kind. Pur-  
chaser shall be responsible for any and all building and/or zon-  
ing code violations whether of record or not of record, as well  
as for all unpaid and enforceable homeowners' or condomini-  
um owners' association dues and assessments, if any. Pur-  
chaser also shall be responsible for obtaining possession of the  
property at his/her expense. Purchaser shall assume the  
risk of loss and shall be responsible for any damage, vandal-  
ism, theft, destruction, or the like, of or to the property occur-  
ing after the time of sale. Conveyance will be by special war-  
ranty deed. Conveyancing, recording, transfer taxes, notary  
fees, examination of title, state stamps, and all other costs of  
conveyance are to be at the expense of purchaser. State and  
local taxes, public charges, and special or regular assess-  
ments, if any, shall be adjusted to the date of sale and there-  
after shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the  
right: (i) to waive the deposit requirement; (ii) to approve or dis-  
approve the creditworthiness of any bidder and/or purchaser;  
(iii) to withdraw the property from sale at any time prior to ter-  
mination of the bidding; (iv) to extend the time for bidding; (v)  
to reject any or all bids; (vi) to postpone or set over the date or  
time of sale; and (vii) to extend the period of time for settlement  
hereunder.

Additional terms and conditions of sale may be an-  
nounced at the time of sale.

DAVID N. PRENSKY  
Substitute Trustee

FOR INFORMATION CONTACT:  
David N. Prenskey  
Chasen & Chasen  
5225 Wisconsin Avenue, N.W. #500  
Washington, D.C. 20015  
(202) 244-4000

# CLASSIFIED

ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD

703-917-6400

ZONE 2 Ad DEADLINE:  
TUESDAY NOON

# HOME & GARDEN

ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD

703-917-6400

ZONE 2 Ad DEADLINE:  
TUESDAY NOON

CONNECTIONNEWSPAPERS.COM CONTRACTORS.COM

## 21 Announcements

### LEGAL SERVICES CORPORATION Notice of Availability of Competitive Grant Funds for Calendar Year 2010

The Legal Services Corporation (LSC) announces the availability of competitive grant funds to provide civil legal services to eligible clients during calendar year 2010. A Request for Proposals (RFP) and other information pertaining to the LSC grants competition will be available from [www.grants.lsc.gov](http://www.grants.lsc.gov) on April 10, 2009. In accordance with LSC's multiyear funding policy, grants are available for only specified service areas. The listing of service areas for each state and the estimated grant amounts for each service area will be included in Appendix-A of the RFP. Applicants must file a Notice of Intent to Compete (NIC) in order to participate in the competitive grants process. The NIC will be available from the RFP. Please refer to [www.grants.lsc.gov](http://www.grants.lsc.gov) for filing dates and submission requirements. Please e-mail inquiries pertaining to the LSC competitive grants process to [Competition@lsc.gov](mailto:Competition@lsc.gov)

## 21 Announcements

## 28 Yard Sales

Splfld, 7733 Gromwell Ct.  
RAIN or Shine, 8-2 Fri & Sat.  
BEAUTIFUL h/h items, antique  
furn, books, crystal, much mre

## 3 RE for Rent

Burke, VA. To rent a one bed  
room basement with its own  
Salon, full bath, kitchen and  
entrance call 703-298-2106

## 29 Misc. for Sale

FOR SALE Pool Membership  
in great community pool, Little  
Hunting Park. Cost of Share is  
\$550 plus \$100 transfer fee.  
Call Carole at 703-768-6075

## 101 Computers

### HDI EASY COMPUTER SOLUTIONS FOR INDIVIDUALS & SMALL BUSINESSES JENNIFER O. SMITH COMPUTER CONSULTANT

► TRAINING  
► INSTALLATION  
► TROUBLE-  
SHOOTING  
► LET US TAME THAT  
BEAST FOR YOU  
Serving Area Since 1995

(703) 765-2222  
JSMITHHDI@aol.com

## 34 Pets

REPTILE Show & Sale!  
Live Reptiles,  
Buy, Sell, Trade, Sat.  
1/10/09, 9am-3pm.  
\$7.00/person Community  
Center, 100 Larget Ln.  
Havre De Grace, MD  
(Rte 155 & I-95 exit 89)  
Info: 410/526-4184,  
[www.pythons.com](http://www.pythons.com)

## 116 Childcare Avail.

BURKE Childcare avail in my  
home, OFC Lic, FT & PT, days,  
evenings, Back-up care &  
special needs children  
welcome. Large yard for lots of  
fun! 703-569-8056

## 21 Announcements

### NATIONAL GUARD

Make it Happen.

Go Guard.

Call your local Recruiter!

SSG LOUIS PEREZ

434-713-8833

[louis.perez@us.army.mil](mailto:louis.perez@us.army.mil)

1-800-GO-GUARD.COM

Double Cemetery Plot -  
Alexandria  
Cemetery package with  
burial space & interment  
rights for 2 + granite  
base & marker installation -  
Mt Comfort in Alexandria  
area of Fairfax County, Va -  
\$6500 (current value over  
\$13,000 - moved from area)  
-540-869-0030

## 26 Antiques

We consign/pay top \$ for  
antique/semi antique furn.  
including mid century &  
danish modern Teak  
furniture, sterling, mens  
watches, painting/art glass,  
clocks, jewelry, costume  
jewelry, etc. Call Schefer  
Antiques @ 703-241-0790.

## 21 Announcements

## 21 Announcements

## 21 Announcements

## Donate Your Car!

### 1-888-909-SONG(7664)

FREE TOWING • TAX-DEDUCTIBLE • BOATS ACCEPTED  
Providing Personalized Songs for Seriously Ill Children

Donate and Be Entered To Win  
A BRAND NEW  
TOYOTA COROLLA!

Thanks to: **Gibson Foundation**

The Medicine of Music™  
[www.songslovelove.org](http://www.songslovelove.org)  
Se Habla Español

Featured on 60 Minutes and NBC Nightly News!

## 21 Announcements

## 21 Announcements

## 21 Announcements

## AUCTION

Sun. April 19 • 1 p.m. • On Site  
3032 Genito Road • Powhatan, VA 23139  
Auction to include real estate, antiques  
and equipment  
Open House Sat., April 11, 1 p.m. - 3 p.m.

"PAXTON"  
Historic circa-1820 Homestead  
Opening Bid: Only \$90,000  
Beautiful Brick Home  
on 10± Acres  
Fenced Pastures, Barn,  
Guest House and other  
outbuildings in country setting

**MOTLEY'S AUCTION & REALTY GROUP** (804) 355-2100  
Auctioneers • Brokers • Appraisers visit [motleys.com](http://motleys.com)  
VAAL #16

## 21 Announcements

## 21 Announcements

## 21 Announcements

## Dutchway Pole Barns

ECONOMICAL

\$4,999! 16 x 20 x 8 1 garage door	\$6,599	40 x 80 x 12 1 slider door	\$25,799
24 x 24 x 8	\$9,499	50 x 96 x 14	\$39,299
30 x 32 x 10	\$15,399	60 x 120 x 16	\$63,799

Specials Include: (1) garage/slider door • (1) entry door • material • delivery • construction

More Specials Sizes Available

\$22,199! 24 x 32 x 10  
Includes Second Floor!

CONESTOGA BUILDINGS  
AFFORDABLE QUALITY

[www.conestogabuildings.com](http://www.conestogabuildings.com) • [www.dutchwaypolebarns.com](http://www.dutchwaypolebarns.com)  
1-877-434-3133

## 21 Announcements

## 21 Announcements

Designated  
"Qualified in Submarines"  
JOIN



Call: Submarine Veterans  
Northern Virginia Base  
Steve Jaeger  
703-696-5354  
[Treasurer@USSVINOVA.org](mailto:Treasurer@USSVINOVA.org)

## 21 Announcements

## 21 Announcements

STATE OF NORTH CAROLINA IN THE GENERAL  
COURT OF JUSTICE

DISTRICT COURT DIVISION  
MECKLENBURG COUNTY FILE NO.: 08 SP 2435  
FREDDIE RAY BLACK,  
Petitioner,  
vs.  
NOTICE OF SERVICE OF PUBLICATION

KRISTY SAUNDERS BLACK  
[AKA: Kristy Michelle Saunders],  
Respondent,  
and  
DARIN RAMSEY,  
and  
CAROLINE ROSE BLACK,  
Child.

TO: DARIN RAMSEY

Take notice that a pleading seeking relief against you has  
been filed in the above-entitled action. The relief being sought  
is Legitimation of a Minor Child (under the age of 16).

You are required to make defense to such pleading no later  
than the 18th day of May, 2009, which is forty (40) days from  
the first publication of this notice. Upon your failure to file a  
pleading by the above date, the party seeking service against  
you will apply to the Court for the relief sought.

This the 6th day of April, 2009.

M. DeVondria McClure  
Attorney for Petitioner  
The Law Offices of M. DeVondria McClure, P.C.  
3325 Washburn Avenue, Suite 212  
Charlotte, North Carolina 28205  
Telephone: (704) 372-2031

## CLEANING

### A CLEANING SERVICE

Since 1985 / Ins & Bonded  
Quality Service  
at a Fair Price  
Satisfaction Guaranteed  
Comm / Res. MD VA DC  
[acleaningserviceinc.com](http://acleaningserviceinc.com)  
703-892-8648

### MARLEN'S MAIDS

Residential / Commercial  
Call Marlen at 571-643-6849  
Reasonable rates  
Professional cleaning  
services  
weekly/bi-wkly mnthly  
move in/out  
Carpet cleaning  
[marlensmaids@hotmail.com](mailto:marlensmaids@hotmail.com)  
15% OFF WITH AD!

### CARE MORE CLEANING SOLUTIONS

Residential & Commercial  
10% Senior Citizen Discount  
703-862-5904 or  
703-780-6749  
LIC [caremorecleaning.com](http://caremorecleaning.com) INS

## DECKS

### DECK RENEWAL

High Pressure  
CLEANING/SEALING  
• Fencing  
• Siding  
For Free Estimate  
call Bill  
703-944-1440

### GUTTER

#### PINNACLE SERVICES.

- GUTTER CLEANING
- SMALL REPAIRS
- SCREENING
- POWER WASHING

703-802-0483  
GROUP RATES  
AVAILABLE  
FREE EST.

Nothing is too  
small to know,  
and nothing too  
big to attempt.  
-William Van Horne

## HAULING

### ANGEL'S TRASH HAULING

Construction Debris,  
Residential, Office  
& Tree Removal  
703-863-1086  
New#- 571-312-7227

### AL'S HAULING

Junk & Rubbish  
Concrete, furn., office,  
yard, construction debris  
Low Rates NOVA  
703-360-4364  
703-304-4798 cell

## IMPROVEMENTS

### The HANDYMAN

A DIVISION OF NURSE CONSTRUCTION

HOME INSPECTION LIST  
REPAIRS, CERAMIC TILE,  
PAINTING, DRYWALL,  
CARPENTRY, CUSTOM  
WOOD REPAIR, LT. PLUMBING &  
ELECTRICAL, POWER WASHING  
Since 1964  
We Accept VISA/MC  
703-441-8811

## ELECTRICAL

## ELECTRICAL

### K & D ELECTRIC

COMMERCIAL / RESIDENTIAL SERVICE  
Family Owned & Operated

Recessed Lighting  
Ceiling Fans  
Phone/CATV  
Computer Network Cabeling  
Service Upgrades  
Hot Tubs, etc...

Licensed/Bonded/Insured  
Office 703-335-0654  
Mobile 703-499-0522

## GUTTER

## GUTTER

### PINNACLE SERVICES, INC.

## LAWN SERVICE

MOWING, TRIMMING,  
EDGING, MULCHING  
& TRIM HEDGES  
Group Rates Avail.!

703-802-0483

## LANDSCAPING

### SPRING CLEAN-UP

Yard Work, Trees & Shrubs  
Trimmed/Removed!  
Mulching, Hauling,  
Gutter Cleaning, etc.  
Free estimates!  
703-385-3338

### A&S LANDSCAPING

Spring Clean-up • Planting  
Mulching • Sodding • Patios  
Decks • Retaining Walls  
Drainage Solutions  
703-863-7465

### Metro Gutter

Clean/Install/Repair

- Wood Replace & Wrapping
- Pressure Washing
- Chimney Sweeping & Repair

20 YEARS EXP.  
703-354-4333  
[metrogutter.com](http://metrogutter.com)

### ANGEL'S TREE & HEAVY TRASH HAULING

- Mulch
- Clean-up Grounds
- Leaf Removal

703-863-1086  
New#- 571-312-7227

### MR. GUTTER

## GUTTER CLEANING & REPAIRS

Townhouses \$50  
Houses \$85  
Ext. Painting • Power-Washing  
LIC 703-323-4671 INS

## MULCH

### MULCH

Double Shredded Hardwood  
Dark in color, Fast Service  
Order Now For Best Quality  
703-327-4224  
703-568-8014

### HANDYMAN HANDYMAN

## RCL HOME REPAIRS

Handyman Services  
Springfld • Burke • Kingstowne  
Light Electrical • Plumbing •  
Bathroom Renovation • Ceramic Tile •  
Drywall Repair  
703-922-4190  
LIC. [www.rclhomerepairs.com](http://www.rclhomerepairs.com) INS.

## PAINTING

### PATRIOT PAINTING

www.PatriotPainting.net

## Deep Spring Discounts

Free Est. • Satisfaction Guar.!  
Lic./Ins. Int./Ext.  
703-502-7840  
Cell  
571-283-4883

# HOME & GARDEN

703-917-6400

ZONE 2 AD DEADLINE:  
TUESDAY NOON

ZONE 2: • BURKE  
• FAIRFAX • SPRINGFIELD

CONNECTIONNEWSPAPERS.COM CONTRACTORS.com

## NEWS

FROM PAGE 4

Clifton Town Meeting Hall, 12641 Chapel Road in Clifton. Democratic candidates for lieutenant governor, Jon Bowerbank, Pat Edmonson, Mike Signer and Jody Wagner, will present their views and answer questions.

Attorney General candidate, Del. Steve Shannon (D-35), will also participate. All Democrats from Northern Virginia are invited to attend. 703-239-2616.

## GOP Women Host Speaker

The Republican Women of Clifton will host a talk by Sasha Gong, on Monday, April 20, at 7:30 p.m. at Clifton Elementary, 7010 Clifton Road in Clifton. A social gathering at 7 p.m. will start the event. Gong grew up in China under a Communist regime and experienced firsthand the brutality of a totalitarian regime. Because of her counter-revolutionary writings, she was imprisoned in 1970. She's now a naturalized Chinese-American, proud to serve her adopted home country and pleased to share her story with the community.

## MILITARY NOTES

**Air Force Airman Kwang H. Kim** has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas. He is the son of Ki Hwa Kim and Sung Im Kim of Fairfax.

**Army Reserve Pvt. Raymond Kim** has graduated from Basic Combat training at Fort Sill, Lawton, Okla. Kim is the cousin of Jin Kim of Fairfax and Sierra Mori of Richmond. Kim graduated in 2005 from Fairfax High School.

**Army National Guard Pfc. Ashley F. Plaisted** has graduated from basic combat training at Fort Jackson, Columbia, S.C. She is the daughter of Rory Froehlich of Fairfax. Plaisted graduated in 2003 from Mountain View High School, Centreville, and received an associate degree in 2006 from Northern Virginia Community College, Annandale.

**Navy Seaman Rusty W. Noesner**, son of Gary and Carol Noesner, recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, Ill. Upon completion of his current training course, he will proceed to Coronado, Calif. for a six month training course to become a U.S. Navy Seal. Noesner is a 2003 graduate of Robinson High School and a 2007 West Virginia University graduate.

**Peter T. Brookes Jr.** has been commissioned as a second lieutenant in the U.S. Army after completing the Army ROTC program and graduating with a bachelor's degree from the Virginia Military Institute, Lexington. Brookes is the son of Peter Brookes Sr. of Springfield and Barbara Blosser of Purcellville, and a 2004 graduate of Paul VI Catholic High School in Fairfax.

**Marine Corps Cpl. Sean P. Hosey**, son of Debra M. and Glen G. Hosey of Fairfax, is currently deployed to the Navy's 5th and 6th Fleet area of operations in support of Maritime Security Operations and the Global War on Terror. Hosey is a 2003 graduate of W. T. Woodson High School of Fairfax, and joined the Marine Corps in August 2004.

### PAINTING

**Thomas Martin's**  
*Custom Decorating & Painting*  
Int. & Ext. Painting  
Wallpaper rem. & install.  
Custom Decorating  
Kitchen Rem.  
**703-327-1889**  
Free Est. Est. 1988

### ROOFING

**Roofing & Siding**  
(All Types)  
Soffit & Fascia Wrapping  
New Gutters  
Chimney Crowns  
Leaks Repaired  
No job too small  
**703-975-2375**

### IMPROVEMENTS

**STRONG PACE CONSTRUCTION**  
15 Yrs Class A VA Lic.  
• Additions • Kitchens  
• Basements • Comm Offices  
• Decks • Painting • Drywall  
• Windows & Wood Repairs  
**703-644-5206 • 703-750-0749**

### LANDSCAPING

**Verde Scapes**  
Incorporated  
Deck, Porch, Fence, Stamped Concrete,  
Stone, Paver, Driveway, Patio, Walkway,  
Retaining Wall, Landscape, Design & Build,  
Full Ground Maintenance  
**703-619-1133 • 703-599-2300**  
verdescapesllc.com

### PAVING

**GOLDY BRICK CONSTRUCTION**  
Walkways, Patios,  
Driveways, Flagstone,  
Concrete  
FREE ESTIMATE  
**703-250-6231**

### TREE SERVICE

**ANGEL'S TREE & HEAVY TRASH HAULING**  
• Mulch  
• Clean-up Grounds  
• Spring Clean-up  
**703-863-1086**  
New#- 571-312-7227

**M. C. Lynch**  
**Home Improvement**  
Family Owned & Operated  
Rotten Wood, Wind Damage, Trims,  
Windows, Doors, Deck, Stairs, Vanity,  
Basement Framing, Garbage Disposal,  
Painting, Power Wash, Siding Repairs.  
Licensed, Bonded, Insured  
**703-266-1233**

### ANTONIO LAWN & LANDSCAPING

Spring Cleanup • Lawn Mowing • Edging  
Mulching • Planting • Patios  
Expert Trimming & Removal • New Beds Made  
Outline/Extend Existing Beds  
Repairs • New Installations • & Much More  
**CALL NOW FOR FREE ESTIMATE**  
**571-201-5561**

### HANDYMAN

**AL'S HOME SERVICES**  
Painting, Wallpapering,  
General Repairs & Everyday Projects  
Call for Free Estimates  
Fairfax Station (703) 943-6928

### HANDYMAN

**R.N. CONTRACTORS, INC.**  
Remodeling Homes, Flooring,  
Kitchen & Bath, Windows,  
Siding, Roofing, Additions &  
Patios, Custom Deck, Painting  
We Accept All Major Credit Cards  
Licensed, Insured, Bonded • Free Estimates  
Phone: 703-887-3827 Fax: 703-803-3849  
E-mail: rncontractorsinc@yahoo.com

**703-587-0791**  
LIC./INS  
SINCE 1995  
**NW LANDSCAPING**  
**Complete Lawn Care**  
10% OFF New Customers  
09 Landscaping contracts  
NVlandscaping@gmail.com

### Hand and Hand Handyman

**General Remodeling**  
Residential & Commercial  
Specializing in:  
Kitchen/Bathroom/Basement Remodeling  
Plumbing • Electrical • Custom Carpentry  
Doors Windows • Hardwood Floors  
Crown Molding • House Cleaning  
Interior/Exterior Painting • Brick/Stone Work  
Ceramic Tile • Decks, Fences, Patios  
HOA Maintenance, Granite Counter Tops  
Realtors Work and Much More  
Licensed and Insured Serving Northern Virginia  
**703-296-6409**

**RENDON**  
PROFESSIONAL RESIDENTIAL REMODELING DESIGN/BUILD  
• Custom Additions, Kitchens & Bathrooms  
• Custom Painting: Interior and Exterior,  
Wallpaper, Drywall Repairs  
www.rendonremodeling.com **703-444-3127**

**J.E.S Services**  
**LANDSCAPE & CONSTRUCTION**  
• Patios • Walkways  
• Retaining Walls  
• Drainage Problems  
• Landscape Makeovers  
Call: **703-912-6886**  
Free Estimates

### SPRINGFIELD HANDYMAN

► Small Home Repairs  
► Good Rates  
► Experienced  
**703-971-2164**

**A&S Construction**  
• Basement Finishing  
• Retaining Walls • Patios  
• Decks • Porches (incl. screened) • Erosion & Grading Solutions  
• French Drains • Sump Pumps  
• Driveway Asphalt Sealing  
**703-863-7465**  
LICENSED

### PAINTING

**S&A PAINTING & HOME IMPROVEMENT**  
Interior/Exterior • Custom Paint  
Power Washing • Deck Sealing  
Free Estimates Lowest Prices  
VA Licensed - Insured  
**703-495-0594, 929-9495**  
SA.Painting@gmail.com  
Mention this ad receive 10% off

### IMPROVEMENTS

**Brian M. Sperty Remodeling**  
**Kitchens and Baths**  
30% less than Home Store Prices  
Class A and Insured  
**703-791-2003**  
Bsperty2@comcast.net

### HOME REMODELING

**KITCHENS, BATHS, TILE, TRIM, INT. ALTERATIONS, all HOME REPAIRS!**  
**Steve's Remodeling**  
LIC. • INS. BONDED Call Steve Paris OWNER OPERATED  
**(703) 830-5681 - 703-932-0270**  
30 YEARS EXPERIENCE • FREE ESTIMATES

### SPRING SPECIAL

10% to 20% OFF All Services

### REPAIR SOLUTIONS

• KITCHENS/BATHS • HANDYMAN A-Z  
• "HONEY DO" JOBS WELCOME  
**703-932-5078**

### KITCHEN & BATH REMODELING

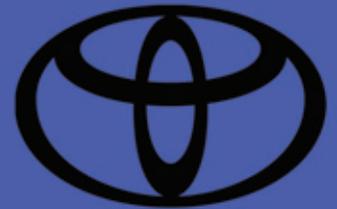
"Call For Special Promotions"  
Countertops, Floors, Cabinet Replacements & Refinishing, Cust. Painting, Complete Interior Remodeling  
Free Estimates • Excellent References  
Call Thomas Martins  
**703-327-1889**  
Established 1988

### Nuance Painting Inc.

Family Owned and Operated  
Serving Northern Virginia for Over a Decade  
Winner of American Painting Contractors Residential Top Job Award  
Residential and Commercial Services  
• Interior and Exterior Painting  
• Faux Finishing  
• Drywall Hanging, Finishing and Repairs  
• Interior Moldings Crown-Chair Rail-Shadow Boxing  
• Exterior Trim Repair/Replacement  
• Decks cleaned and Sealed  
• General Contractor Services  
• For Evaluation and Consultation Call  
**703-437-3037**  
Licensed Insured  
On the web at [www.nuancepainting.com](http://www.nuancepainting.com)  
We Accept  
VISA MasterCard Discover American Express

# JACK TAYLOR'S ALEXANDRIA TOYOTA

FANTASTIC DEALS!



CELEBRATING OVER 35 YEARS OF BUSINESS!

[WWW.ALEXANDRIATOYOTA.COM](http://WWW.ALEXANDRIATOYOTA.COM)

**THE ALL NEW VENZA HAS ARRIVED!**



**GREAT DEALS ON ALL HYBRIDS!**

**NEW '09 PRIUS**

**\$1,000** CUSTOMER CASH\* OR  
**48** MPG\*\* 0% APR FOR UP TO 36 MONTHS

**GOT MPG? WE DO!**

**NEW '09 CAMRY**

**34** MPG\*\* **\$1,500** CUSTOMER CASH\*

**NEW '08 HIGHLANDER**

**27** MPG\*\* **\$750** CUSTOMER CASH\* OR  
 3.9% APR FOR UP TO 60 MONTHS

**FANTASTIC LEASES!**

**GREAT FINANCING OPTIONS!**

**UP TO \$6,000 CUSTOMER CASH BACK!\***

**NEW '09 CAMRY**

**31** MPG\*\* **\$178** /MONTH FOR 36 MONTHS\*\*\*  
 OR \$1,500 CUSTOMER CASH\*

**NEW '08 SOLARA CONVERTIBLE**

**26** MPG\*\* **\$1,500** CUSTOMER CASH\*

**NEW '09 YARIS**

**39** MPG\*\* **\$99** /MONTH FOR 36 MONTHS\*\*\*  
 OR \$1,000 CUSTOMER CASH\*

**NEW '09 MATRIX**

**25** MPG\*\* **\$1,250** CUSTOMER CASH\*

**NEW '09 COROLLA**

**35** MPG\*\* **\$124** /MONTH FOR 36 MONTHS\*\*\*  
 OR \$1,750 CUSTOMER CASH ON S MODEL ONLY\*

**(703) 684-0700** [WWW.ALEXANDRIATOYOTA.COM](http://WWW.ALEXANDRIATOYOTA.COM) **OPEN SUNDAY 12-5**  
 3750 Jefferson Davis HWY Alexandria, VA South of Reagan National on Rt. 1

PRICES PLUS TAX, TAGS, FREIGHT: \$720 ON CARS AND \$745 ON LT. TRUCKS, & \$379 PROCESSING FEE. INCLUDES ALL INCENTIVES. SPECIAL APR ON APPROVED CREDIT. \*CUSTOMER CASH PROVIDED BY CAT. \*\*EPA HIGHWAY FUEL ESTIMATE. OFFER EXPIRES C.O.B. 4/30/09. \*\*\*YARIS: \$2,000 DUE AT SIGNING, CAMRY: \$1,900 DUE AT SIGNING, COROLLA: \$2,000 DUE AT SIGNING. NO SECURITY DEPOSIT. TAX, TAGS, FREIGHT, PROCESSING FEE OF \$379 & ACQUISITION FEE OF \$650 ARE EXTRA. FOR YARIS: MODEL 1421 ONLY. 3 DOOR, MANUAL. OFFER ENDS 4/30/09.

<b>CHECK OUT OUR PRE-OWNED VEHICLES!</b>	02 FORD MUSTANG GT 5SPD LTHR. LDED 69K.MI \$11995	06 LEXUS GS300 AWD LTHR. NAV 41K.MI \$24995
	04 HONDA CIVIC EX AUTO SR 55K.MI \$8995	06 LEXUS IS250 AWD LTHR NAV LDED 36K.MI \$23995
	08 HYUNDAI SONATA LIMITED SR. LTHR ALL OPT 37K.MI \$14995	08 MERCURY MARINER PREMIER LTHR SUNROOF 32K.MI \$16995
	06 INFINITI M35X AUTO LTHR. DVD NAV LDED 26K.MI \$26995	06 MINI COOPER S SUNROOF LTHR AUTO 19K.MI \$21995
	07 JAGUAR XK CONV. NAV LDED LTHR 9K.MI \$49995	07 NISSAN ALTIMA 2.5S LTHR AUTO 25K.MI \$15995

**SCION**

**XD** **33** MPG\*\*

**TC** **29** MPG\*\*

**XB** **28** MPG\*\*



# LONG & FOSTER® # 1 in Virginia

## 703-425-8000



**JIM WHITFIELD and CYNDEE JULIAN**

**703-503-1830**

TopAgent@Realtor.com

*Success Built on Trust through Excellent Service!*



Hooray! Your taxes are done! But what about all that paper?  
No problem! Gather all those papers and records and bring them to us!  
Saturday, April 18 from 10 a.m. to 2 p.m.  
Burke Presbyterian Church  
all material will be shredded & recycled



by a professional company on-site while you watch.

Sponsored by

**Jim Whitfield & Cyndee Julian**



**BETTY BARTHLE**

**703-425-4466**

OVER 30 YEARS EXPERIENCE  
e-mail: [betty@bettybarthle.com](mailto:betty@bettybarthle.com)  
website: [www.bettybarthle.com](http://www.bettybarthle.com)

**Ron & Susan Associates**

Ron Kowalski & Susan Borrelli

*Make the Right Move*

**1-888-495-6207**

[ronandsusanonline.com](http://ronandsusanonline.com)



**Fairfax Station \$629,000**  
4 bedrooms, 3 1/2 baths. MBR sitting room. Family room & den. Gorgeous landscaping with deck/pool/hot tub & fully fenced rear yard. Beautifully maintained home!



**Lorton Station \$629,900**

**A LOT to Offer!**

Fantastic 4BR 3.5BA home on one of the best lots! HUGE finished lower level, new hardwood floors, fresh paint. Backs to open space/trees/walking path/stream.  
For 24-hour recorded information, call 1-888-495-6207 x 242



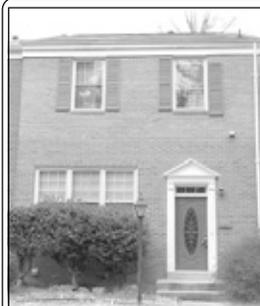
**CALL JUDY SEMLER**

**703-503-1885**

[judys@longandfooster.com](mailto:judys@longandfooster.com)  
[www.JudysHomeTeam.com](http://www.JudysHomeTeam.com)



**Stone Ridge \$634,900**  
Beautifully detailed home with 6 bedrms, 5.5 baths, 3 finished levels. Woods floors \* front porch \* gourmet kitchen with sun rm \* master bedrm with tray ceilings, wet bar, fpl, sitting rm, balcony, dressing rm & luxury bath \* 2 staircases \* main level bedrm & full bath \* basement w/rec rm, media rm, exercise rm, den. Outstanding value!!  
Call Judy @ 703-503-1885.



**Burke \$236,900**  
Lovely details in this 5 level home featuring 3 bedrms, 3.5 baths, wood floors on main and bedrm levels, formal dining and living rms, walkout recreation rm, den, kitchen & bath updates, fenced yard with brick patio. Great location near shopping & transportation.  
Call Judy @ 703-503-1885.



**Kinder Saund**  
Bilingual Realtor & Green Ambassador  
**703-278-8885**

**Pat Rehill**  
Associate Broker, Certified Appraiser  
**703-503-1993**

**The Holleman Team**

Specializing in Bryce

Mountain Resort

**(703) 503-1813**



**Fairfax Station Robinson School District \$649,000**  
Exclusive Fairfax location on 1/2 acre. You'll fall in Love with the kitchen renovation: Granite counters, new cabinets, ceramic tile and more. Three levels of fun! Deck with Hot Tub.  
[WWW.PattiRehill.com](http://WWW.PattiRehill.com)



**PRICE REDUCED!! \$159,000**

3 BR/3 BA condo at BRYCE RESORT perfect for vacation or rental home. Open floor plan leads to large deck with beautiful year round views. Immediate occupancy! LESS THAN A 2 HOUR DRIVE FROM METRO D.C. Call the Holleman Team today to view this great community in the heart of Shenandoah County!!



**David Billups & Virginia Clark-Billups**  
Associate Brokers, Lifetime NVAR Top Producers  
**703-690-1795**  
[BillupsTeam.com](http://BillupsTeam.com)

**Laura Baranek**

**703-380-8993**

Working For You!



**Falls Church \$660,000**  
**Walk to Metro!**  
McLean H.S. district! Luxury brick garage TH backs to wooded parkland! Tall ceilings, Hdwd flrs, updated kitchen w/ granite, 3BR, 3.5BA, walk out bsmt, home office!  
[BillupsTeam.com](http://BillupsTeam.com) 703-690-1795



**Burke \$2200**  
Great opportunity to rent in Burke. Single family 4BR/2.5BA with two car garage. Separate LR/DR/ Eat in kitchen & FR with fireplace. Main level washer/dryer. 2 level living at its best. Very clean.  
To view please call Laura 703-380-8993.



**Buzz & Courtney Jordan**

Your Local Father/Daughter Team!  
**703-503-1866 or 703-503-1835**  
[TheJordanTeam@longandfooster.com](mailto:TheJordanTeam@longandfooster.com)  
[www.TheJordanTeam.com](http://www.TheJordanTeam.com)

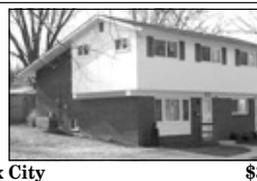
**Steve Childress**

*"Experience...with Innovation!"*

Life Member NVAR Top Producer

Buyer Broker since 1973!

**703-981-3277**



**Fairfax City \$399,900**

**LOCATION**

4 fin levels/4 bedrooms/1.5 baths  
New windows & doors/new carpet/  
Refinished Hrdwd floors/gas heat & Water  
\*Close to GMU & Fairfax City  
\* Nice corner lot\*Vacant and ready to go  
\*Call for an appointment to see\*

**Buzz Jordan 703-503-1866**



**BURKE CENTRE \$324,850**  
**BEAUTIFULLY RE-MODELED!**  
**LEASE/PURCHASE PLAN AVAILABLE**

Shows like a model home! 4 BRs, 2.5 BAs! Contemporary style TH style home w/ NEW Dishwasher, NEW HARDWOOD FLOORS on main level, NEW w/w carpet on upper level, NEW paint throughout! LARGE WOOD DECK w/ Storage shed, ICEMAKER Refrigerator, NEW dishwasher, window treatments, washer/dryer, and MORE! Robinson HS District. Close to all amenities. Quick Possession is OK & OWC Rental!  
Call Steve Childress NOW at 703-981-3277.



**ANN & HAL GRAINGER, CRS**

Assoc. Broker, 31+ Years of RE Experience  
Top 1% Nationwide - Lifetime Member NVAR Top Producer

**703-503-1870**

[ann.grainger@longandfooster.com](mailto:ann.grainger@longandfooster.com)



**Clifton**

**Get Ready for Summer Fun!**

Charming Colonial with Swimming Pool in serene setting on 5 acres! Total privacy yet very close to Historic town of Clifton. 5BR, 4BA, 3 fireplaces. All new Kitchen with Granite counters and upgraded appliances. Fully finished walkout lower level with 5th bedroom/den, full bath, & rec. room.  
See this property at [www.GraingerTeam.com](http://www.GraingerTeam.com)



**\$899,900**



**Barbara Nowak & Gerry Staudte**

*"My Virginia Home Team"*

**703-503-1802, 703-503-1894**

[gerry.staudte@longandfooster.com](mailto:gerry.staudte@longandfooster.com)  
[www.MyVirginiaHomeTeam.com](http://www.MyVirginiaHomeTeam.com)

**Catie & Steve**

Direct: **703-278-9313**

Cell: **703-362-2591**

NVAR Top Producers  
Multi-Million Dollar Sales Club



**Springfield \$330,000**

**Backs to Woods**  
This lovingly maintained 3 BR town-home features LR & DR hardwoods, large eat-in Kit w/SGD to deck. LL Rec Rm w/FP & French Dr to fenced yard. Newer HWH & roof, Replacement windows, & Much More, !



**Springfield \$365,000**

This 5 bd/3ba house in Monticello Woods is HUGE and ideal for a large family. Gleaming Hardwood Floors and Fresh Paint. Two large additions, plus a garage, with a country kitchen, beamed ceilings, rec room and family room and a den. Also has a large covered patio and deck. Walk to Springboard pool, park, schools and just a 3 minute drive to the metro station. A great home, at a great price in a great community.  
Call Catie, Steve & Associates today to see. 703-278-9313.

**LISTING YOUR HOME? CALL LONG AND FOSTER'S #1 OFFICE!**  
Call Dale Gabardy at 703-425-8000 • Email: [gabardy@longandfooster.com](mailto:gabardy@longandfooster.com)