

Arts Festival A Success

NEWS, PAGE 3

PHOTO BY ROBBIE HAMMER / THE CONNECTION Opinion, Page 6 ♦ Calendar, Page 8 ♦ Classifieds, Page 13 ♦ Sports, Page 12

Lake Anne Location Pondered

NEWS, PAGE 4

Thousands of
area residents
browse a variety of arts by
over 200 artists during the
annual Reston Fine Arts
Festival held on May 16-17.

Consultation Continues On Indoor Rec Center

NEWS, PAGE 5

Happy 30th Birthday RCC!

June
Board of Governors' Meeting

JOINT RA/RCC BOARD MEETING
(TO RECEIVE CONSULTANT REPORT REGARDING THE INDOOR RECREATION FACILITY)
RCC HUNTERS WOODS
JUNE 1 • 6:30 P.M.

BOARD OF GOVERNORS'
MEETING
RCC HUNTERS WOODS
JUNE 1 • 8:00 P.M.

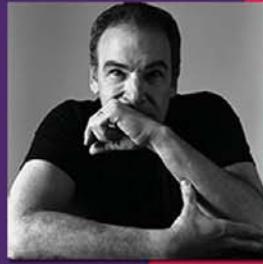
PROGRAM POLICY
COMMITTEE
RCC HUNTERS WOODS
JUNE 8 • 6:00 P.M.

BOARD OF GOVERNORS'
ANNUAL PUBLIC HEARING
FOR PROGRAMS AND BUDGET
RCC HUNTERS WOODS
JUNE 15 • 7:00 P.M.

Anniversary Celebration Events



Kathryn Grody
Obie Award-winning writer/actress
Friday, May 22 at 8:00 p.m.



Mandy Patinkin in Concert
renowned TONY and Emmy award winning singer/actor
Saturday, May 23 at 8:00 p.m.

\$40 (R) / \$60 (NR)
Ticket price includes both performances.

Limited Seats Available!

For 30 years, RCC has been the Center of community-building in Reston.

1 9 7 9 — 2 0 0 9

To order tickets, download our CenterStage Order Form (PDF) on our website or call our 24-hour Box Office at 703-476-4500 / Press '3'.



Volunteer Recognition Event

Tuesday, June 9 at 7 p.m.
RCC Hunters Woods

A heartfelt Thank You to all our volunteers for all your hard work and thousands of volunteer hours that you have so generously given to the Reston Community Center.

To become a volunteer, simply call Kevin Danaher at (703) 390-6166.

Summer Fashion Show *FREE!*

Ages 55 and older

Thursday, June 11
2 p.m. - 4 p.m.
RCC Lake Anne



Tired of your wardrobe but don't want to "break the bank" to buy new clothes? Check out this year's fashion show featuring styles from Reston's own upscale consignment shop, Vogue to Vintage!

Learn about upcoming RCC and RA activities!

Registration Required: Reg. # 505564-9A

Destination ALASKA

September 10 – 21

The 12-day Great Land Wilderness + Sea Cruise Tour with Princess Cruises on the Coral Princess

Registration and full payment are due by June 17!

Join the RCC travel club for an unforgettable journey to breathtaking Alaska. Prices start from only \$2249, which includes round-trip airfare from Dulles, lodging, cruise, tours, meals and fees.

Register for a free information packet! Reg. #:104735-9A



May Art Exhibits

Hunters Woods:
Acrylic, Oil, Pencil and Photography Works by Mary Steingesser and Sally Skene

Lake Anne:
RCC Teacher and Student Exhibit



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PHOTOS BY ROBBIE HAMMER/THE CONNECTION

Thousands Enjoy Reston Fine Arts Festival

Photography by Savannah artist Emerson Matabele was just one of over 200 artists that had work on display during the annual Reston Fine Arts Festival on May 16-17.



Visitors browse for photographs to buy while attending the annual Reston Fine Arts Festival on Saturday morning.

Artists See Familiar Faces in Crowd

Reston artists display their work at the 18th annual Northern Virginia Fine Arts Festival.

BY ABIGAIL ALBRIGHT
THE CONNECTION

The smell of kettle corn, funnel cakes and other treats filled the air of Reston Town Center for the 18th annual Northern Virginia Fine Arts Festival, May 16 and 17. The unusually cold weather didn't stop art enthusiasts from venturing to Reston for the festival, which was produced by the Greater Reston Arts Center (GRACE).

The two-day fair featured food vendors, over 220 artists in 18 categories and live entertainment by Cirque-tacular, an acrobatic, aerialist and contortionist group. Joining an established group of local artists, many others came from all over the country to show their art at the juried outdoor street festival.

Connie Slack of Reston was one of the founders of the festival and has displayed her paintings every year since then.

"I just love this show, good or bad I love this show, and it has never been bad," Slack said.

All of the local artists seemed to know each other and many of them have displayed together since the first years of the fair.

"It is much bigger and better since the first show, when we were just one little row of display panels," said Nancy Novick of Reston.

Not only has the festival grown since it began, Reston has changed and grown within the last two years.

"Each year, it gets more artists, and Reston has gotten bigger so there are bigger crowds," said Ann Barbieri of Reston. "More



PHOTO BY ABIGAIL ALBRIGHT/THE CONNECTION

Ann Barbieri of 2D Mixed Media and Joe Potenza, both of Reston, discuss one of Barbieri's paintings at The Northern Virginia Fine Arts Festival in Reston on Sunday. Barbieri has participated in the festival since its start, 18 years ago.

people are hearing about it and more people are coming."

IN ADDITION to the growing festival and cold weather, one thing seemed to be on everyone's mind: the economy.

"Economically, it is slower," Slack said. "People just don't seem to have the same kind of energy as they have in the past, but there is still some enthusiasm."

Ann Marie Williams of Reston said she has seen a change in the sales pattern from last year, when customers would typically

look on Saturday and buy on Sunday.

"It's always a good festival, a lot of art lovers come and are very interested in the art," Williams said. "I'm not sure if the economy is affecting other artists in the way I think it might be."

Founder and first executive director of GRACE, Brenda Belfield of Reston said she too noticed a change in business from past years but was still having a good experience.

"It's not always about the sales, it's about being a part of the festival," Belfield said.

All of the local artists agreed that the local people are always excited to see them. Many said they have repeat customers who visit them every year at the festival, or at their galleries or displays in the area.

"I have a lot of people that know my work that come to see it every year, and that want to see how it's changed," Barbieri said.

One of those people is Joe Potenza, of Reston, who said he comes to the festival every year with his wife, and looks for Barbieri's booth.

"I think Ann's work is stunning," Potenza said. "Our unit is very modern and she brings out a lot of bold colors. My wife and I like, and buy a lot, from Ann."

Novick also said that she has a lot of repeat customers visit her booth every year and they seem to respond well to her work.

With all the familiar faces, the festival seems to pose as a social playground for the artists, many of whom have lived in Reston for most of their lives.

"Part of this is a reunion for us, seeing old friends and classmates," Belfield said.

Barbieri said that she always sees her friends and friends of her children, many with families of their own, and keeps a guest book for them to sign.

"I live in Reston and so many Reston people come out and you get to see people you don't normally get to see," Slack said.

EVEN with the cold weather and slow economy, all of the artists said that it was a success and they were enjoying themselves. Williams said she saw a lot of happy people walking around.

"They are doing a great job," said Val Proudkii of Vienna. "I think it's a neat opportunity to have artists from all over the country display their art here. It's good for the community and a lot of people are having a good time. It's very organized and it's definitely something for locals to look forward to once a year."

Other local artists included: Dana Ann Scheurer of Reston; Elissa Farrow-Savos of Sterling; Joyce McCarten, Huguette Roe and Novie Trump of Falls Church; and Dede Faller and Kay Layne of Washington, D.C.

PUBLIC NOTICE Through Truck Traffic Restrictions Fairfax County

Notice is hereby given that the Virginia Department of Transportation is accepting written and telephone comments regarding the restriction of through truck traffic for the following route:

Route 2912 (Randolph Drive), between Route 236 (Little River Turnpike) and Route 620 (Braddock Road). The proposed alternate route for trucks is via Route 236 (Little River Turnpike), between Randolph Drive and Braddock Road and Braddock Road, between Little River Turnpike and Randolph Drive.

Comments can be sent to Regional Traffic Engineer, 14685 Avion Parkway Chantilly, Va. 20151; or you may call (703) 383-2400.

NEWS

Lake Anne Location Pondered

With RA lease to expire, Simon works to bring association to historic community.

By MIKE DiCICCO
THE CONNECTION

Since before a referendum that sought money to buy a new Reston Association headquarters failed in late April, Reston founder Bob Simon has been looking for ways to bring the association to the Lake Anne Village Center.

"It would get RA where it belongs, in the heart of Reston," Simon said at a meeting of the Reston Community Reinvestment Corporation (RCRC) last Thursday, where he sought an endorsement of his latest plan. Moving the association to the historic development would begin the long-discussed process of revitalizing the lakeside community, he said.

Ultimately, the reinvestment corporation, which had already formally stated its support for the idea of putting the association's next headquarters at Lake Anne, passed another, more generic resolution than Simon's plan, urging the Reston Association, the county and Lake Anne landowners to cooperate swiftly to develop a home there for the association.

SIMON'S STRATEGY to make this happen would involve the RA swapping the land it owns at Lake Anne — about three noncontiguous, wooded acres — for a piece of property that would likely be smaller, on which to build a multi-story building. This would eliminate land costs. Simon suggested swapping with a landowner like Millennium Bank, which owns a large piece of the parking lot at the village center.

The new building's first story would be retail-oriented, and Simon suggested that the Association of School Business Officials (ASBO), now housed in an office building off the village center's parking lot, also be brought in.

The parking lot area where ASBO is housed and where Simon would like the next headquarters to be built is to be the focal point of redevelopment at the village center.

Simon said consultants working



PHOTO BY MIKE DiCICCO/THE CONNECTION

The Millennium Bank parking lot is one site Reston founder Bob Simon is proposing for the next Reston Association headquarters.

have to renew its current lease if the effort were to go forward.

However, RA President Robin Smyers said renegotiating the lease would only be viable if it were a stopgap measure with a permanent solution being readied.

Simon offered to renegotiate the lease himself but did not receive a definitive response.

SMYERS said a committee had just been appointed to examine all options for the next headquarters, and it had been tasked with considering Lake Anne among those.

"We would look at any and all options," she said, adding that she personally would like to see the headquarters moved to Lake Anne.

Smyers said she was fairly certain that swapping RA land would require a vote on a referendum, and Kurt Pronksie wondered if that would prove politically feasible.

"Whatever we're doing here is politically unfeasible," Simon said. "We know that. Whatever's good is bad."

He urged the reinvestment corporation endorse the idea rather than dwelling on the details. "There has rarely been a deal where a developer moving in on day-one knew every single item that was going to be in his way before he finished," he said. He added that he wanted to push the RA to consider Lake Anne a priority among its options.

The group considered supporting the plan with various contingencies, but there was concern the endorsement was too detailed. They settled on a more general appeal for speedy collaboration among any parties that could be involved.

SEE HQ. PAGE 11

"Me and My Dad"

To honor dad on Father's Day, send us your favorite snapshots of you with your dad and The Connection will publish them in our Father's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail digital photos, send to:

PhotoR@connectionnewspapers.com

Or to mail photo prints, send to:

The Reston Connection,
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7913 Westpark Dr., McLean, VA 22102

Photo prints will be returned to you if you include a stamped, self-addressed envelope, but please don't send us anything irreplaceable.

NEWS

Consultation Continues On Indoor Rec Center

To allow more opportunities for input from members, the Reston Association will host a series of district meetings to solicit community input on the idea of building an indoor recreational facility.

Therefore, the RA/RCC Joint Task Force meeting scheduled for May 18, 2009 will be rescheduled for June. However, a meeting of the Reston Community Center Finance Committee will take place at 6 p.m. on that night and the public is welcome to provide input on the idea of building an indoor recreational facility.

As part of the effort to capture as many ideas as possible and provide RA members additional information, RA and RCC will conduct district meetings after a market feasibility study is made public June 1. That report, by the firm of Brailsford and Dunlavey, will assess community needs and gauge whether Reston could support additional indoor recreation facilities.

ditional space. It will be delivered to a joint meeting of the RA Board of Directors and the Reston Community Center Board of Governors.

The dates for the district meetings are still being determined but are expected to take place in June. The June meetings already announced on the RA and RCC Web sites will still take place. Those are the RA and RCC joint Board session on Monday, June 1, at 6:30 p.m., to receive the report from the consultants. That meeting will be at RCC Hunters Woods. RCC's Annual Public Hearing for Programs/Budget for Fiscal Year 2011 will be June 15. That session will begin at 7 p.m. in RCC Hunters Woods. Members of the public are invited to provide comments at this annual public hearing and RCC's Board of Governors anticipates getting important feedback from the community there regarding the indoor recreation facility.

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- A high school runner seeking to prepare for the fall cross country season?
- Someone who has decided this is the year to check "finish a marathon" off your list of life goals?
- A competitive runner looking for a group and coach to help you improve?

=PR= Training, a venture from the folks at Potomac River Running, can help! Check out upcoming late spring/summer programs including:

Running 101, an introductory program designed for the novice runner or athlete returning to the sport after a layoff or injury. By the end of the session, participants should be prepared to complete a 5K or 10K race. 10-week program starts May 26 in Reston, meets on Tuesday and Thursday mornings or evenings.

Running 201, an intermediate/advanced program for runners seeking to improve performance and/or build additional endurance. Whether you can finish a 10K and now you want to go faster, or you're a seasoned racer seeking new PRs, you can fit in Running 201. 10-week program starts May 27 in Reston, meets on Monday and Wednesday evenings.

Marathon/Distance Training, a program developed to prepare new and experienced runners for a fall marathon or other long distance race. You've made the decision to run a marathon (or 10-miler or half-marathon) this year, why not train with a supportive coach and group! Runners will be grouped by experience and ability. 20-week+ program starts June 14 in Reston, meets on Sunday mornings.

=PR= Training Programs also offers a Summer High School Training Program and more tailored, individualized programs with in-person sessions in Arlington, as well as online coaching.



Visit www.prtrainingprograms.com for more details.

OPINION

Racing for the Cure, a Personal Note

In January, a biopsy of a lump I discovered in my breast revealed that I had an early but aggressive breast cancer.

In February, I had surgery to remove the tumor, and in March, I began chemotherapy.

Saturday, May 15, I opened my envelope from the Susan G. Komen Race for the Cure, pulling out a pink T-shirt that reads, "I believe ... I hope ... I am a survivor." Unfolding that message — about me for the first time — was jolting and emotional.

I'm now more than halfway through my chemotherapy treatments (and bald). In July, I'll begin radiation for six weeks plus a little.

I have long defined myself as a pathological optimist (note, still in the newspaper business). I've been upbeat through my treatment so far, able to work and walk, if a bit more slowly. It might seem like a lot at once — breast cancer, local recession, downturn in newspaper revenues — but I remain firmly optimistic on all fronts.

Because of the paths of millions of women before me, because of efforts for early detection, because of the research funded by Komen for the Cure and others, because of the efforts of thousands of scientists, by Labor Day my cancer could be behind me for good.



Mary Kimm, pictured here with daughter, Emma Kimm Dixon, 21, and son, Colin Kimm Dixon, 26, at Emma's May 9 graduation from Earlham College.

There is no good news when you are diagnosed with cancer. But there are successful, targeted treatments for many kinds of breast cancer; if detected early, it is among the most treatable cancers.

It takes more than money to ensure that women are in the best possible position to discover any breast cancer early on — it takes the kind of awareness that comes with 50,000 people coming together to run a 5K race, it takes education, it takes energy, time and effort.

On June 6, I plan, along with friends and family, to walk on the National Mall with 50,000 or so others in the Race for the Cure.

I encourage you to join the Race for the Cure; there is still time to register and take part in the 5K itself. There are many ways to participate, including walking, running, and even a "Sleep in for the Cure" option (you still get a T-shirt).

But most of all, I urge the women reading this to be sure that they are taking care of themselves, for everyone reading this to be

Get Involved

More than 50,000 people are expected on the National Mall on Saturday, June 6 for the Susan G. Komen Global Race for the Cure. Register at www.globalraceforthecure.org, or call 703-416-7223.

Read previous stories about the Race for the Cure at www.ConnectionNewspapers.com.

Survivors Triumph in a Sea of Pink
<http://www.connectionnewspapers.com/article.asp?article=315752&paper=83&cat=104>

Guest Editorial by Susan Sondley: Why I Race for the Cure
<http://www.connectionnewspapers.com/article.asp?article=315750&paper=83&cat=110>

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http://globalrace.info-komen.org/site/TR/GlobalRaceForTheCure/GlobalRace?px=2398911&pg=personal&fr_id=1140

sure the women in their lives are as well.

Early detection is the key, and I offer you no excuses. There is no history of breast cancer in my family. My mammogram five months before I found this lump was clear. Breast cancer is detected early by self-exams, by doctor exams and by mammograms. Be sure you show up for all of the above on your own behalf.

— MARY KIMM,
MKIMM@CONNECTIONNEWSPAPERS.COM

The Challenge of Alzheimer's

In the early 1980s a colleague brought to my attention her concern that doctors had concluded that her father had Alzheimer's Disease because their tests revealed no other cause for his dementia. At the time, I and many others knew little about the disease because it was dealt with generally as forgetfulness, aging or senility. A front-page newspaper article a few days after my colleague's conversation with me made me aware of the prevalence of the disease and its devastating impact on its victims and their caregivers. Legislation I introduced established an Alzheimer's Disease and Related Disorders Commission that I chaired for several years and the Alzheimer's Disease Research Award Fund that was the first state-level, seed-money fund for research to find the causes and cures of the dreaded disease.

Much more is known today about Alzheimer's Disease, and most people know at least one person with the disease. More than

5 million people including 17,000 in Fairfax County have the disease in what some term an escalating epidemic. There are no survivors of Alzheimer's, and there is no cure. It is the sixth leading cause of death in this country. Researchers are coming closer to developing accurate ways to diagnose Alzheimer's and treat the disease.

Alzheimer's is primarily but not exclusively a disease affecting older people. One in six women and one in 10 men who reach 55 can expect to develop Alzheimer's in their remaining lifetime. That would amount to 10 million baby boomers. Virginia's population as with the nation is getting older. The April 2009 issue of The Virginia News Letter published by the Weldon Cooper Center for Public Service (www.coopercenter.org) focused on Virginia's growing older population. It states that in the next 20 years, Virginians age 65 and older will double from 900,000 to 1.8 million and in per-

centage of the population will grow from 12 to 19 percent. By 2030, the number of persons over age 85 is expected to increase from about 90,000 currently to 250,000.

The higher prevalence of Alzheimer's is but one challenge brought about with an aging population. But with Alzheimer's there are unique challenges related to caregiving. It is estimated that a quarter million American children are providing for a loved one with Alzheimer's. Community resources to provide respite for the caregivers are essential. Recently at a meeting sponsored by the Alzheimer's Association, I learned of the assistance that is being provided to employers to make workplace adaptations for their employees who are caregivers.

For other resources and information on Alzheimer's and on aging, visit www.alz.org, www.vcu.edu/vcoa, and www.fairfaxcounty.gov/AAA. If I can provide additional information, write to me at kenplum@aol.com.

LETTERS Other Side of 'Money, Money'

To the Editor:

Your editorial in the May 13-19 edition of the Connection, "Money, Money, Money" asks that limits be imposed on Virginians' individual campaign contributions. You note that only five states currently maintain no limits on individual contributions. Then you dutifully list the totals raised as of March by the four leading candidates, which combined come to a staggering \$15.4 million. Finally you lay out the impending ruin that will befall Virginia should it continue to fail to impose contribution limits, a frightful vision of ... what exactly?

Actually, on further reading, you present no demonstrable case whatsoever that the unfettered right of Virginians to give freely to their preferred representative candidate in any way harms Virginia's politics, government or other institutions. And frankly, it's probably a hard case to make, to

SEE LETTERS, PAGE 10

THE CONNECTION

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WEEK IN RESTON

Reston Apartment Burglarized

A 25-year-old woman saw an unidentified man leaving her apartment in the 11000 block of Shire Court on Friday, May 15 around 6:50 a.m. The woman was getting dressed for work in her bedroom, when she saw a shadow walk down the hallway and exit her apartment. She then discov-

ered her wallet, purse and an undisclosed amount of money were missing. No injuries were reported.

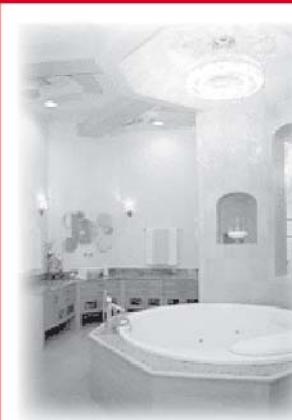
The suspect wore blue jeans and brown work boots.

Anyone with information is asked to contact Crime Solvers by phone at 1-866-411-TIPS/8477, e-mail at www.fairfaxcrimesolvers.org or text "TIP187" plus your message to CRIMES/274637 or call Fairfax County Police at 703-691-2131.

Very Special Arts Festival

The Reston Community Center will celebrate its 27th Annual Very Special Arts Festival (VSAF) Thursday and Friday, May 21 and 22, from 10:30 a.m.-12 p.m., at the Reston Community Center Hunters Woods. During the two-day event, RCC will host approximately 500 area students of all

SEE WEEK IN RESTON, PAGE 13



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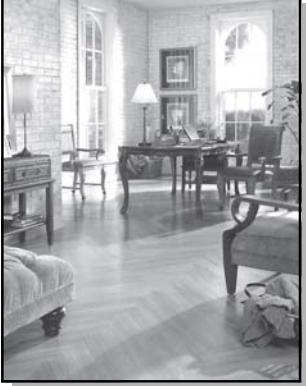
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Maestro Dingwall Fleary directs the RCO.

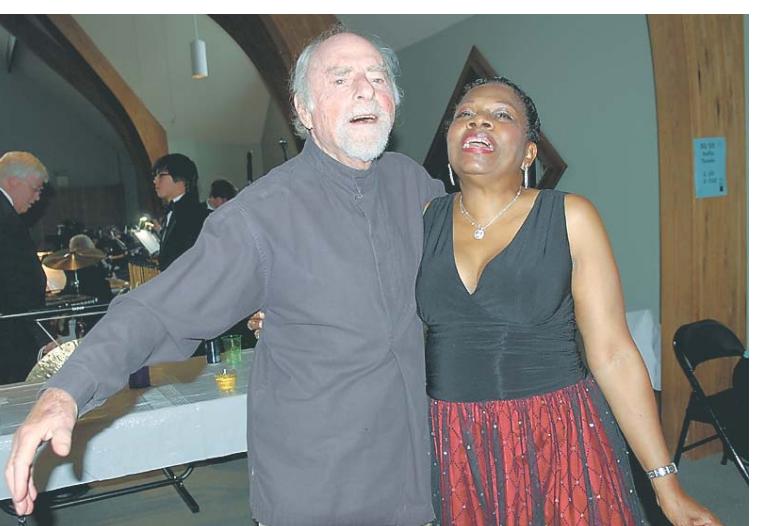
RCO Performs Broadway, Hollywood Music

A large crowd gathered in support of the Reston Community Orchestra at its Annual "Pops" Concert at the Sunset Hills Montessori School. The orchestra presented its once-a-year fundraiser and Robert E. Simon Jr., Del. Ken Plum (D-36),

PHOTOS BY MIKE MCKEE
Bob Simon and featured soloist Bev Cosham had a great time at the RCO 'Pops' Concert.



RCO President Dr. Michael McKee has Bob Simon select the winning ticket at the RCO raffle.



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CALENDAR

Send announcements to reston/herndon@connectionnewspapers.com or call 703-917-6437. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

<call1> Wednesday/May 20

Baby Signs. 10:30 a.m., Herndon Fortnightly Library, 768 Center St., Herndon. Meet Beebo the Baby Signs Bear, hear stories and learn songs. Ages 6-24 months with an adult. Call 703-437-8855.

Spanish Chat. 7 p.m., Reston Regional Library, 11925 Bowman Towne Drive, Reston. An informal refresher for adults who want to practice Spanish. Call 703-689-2700.

FRIDAY/MAY 22

Grand Finale Weekend. 8 p.m., CenterStage, Reston Community Center, 2310 Colts Neck Road, Reston. Kathryn Grody will follow up her one-woman tour de force, "A Mom's Life" with "A Mom's Life in the Middle." \$60/person for both Friday and Saturday. Limit two tickets per purchase. Download an order form at www.restoncommunitycenter.com or call the box office at 703-476-4500, option 3 for tickets.

NovaZanz. 7:30-11:30 p.m., Ice House Café and Oyster Bar, 760 Euden St., Herndon. Local band NovaZanz will perform live. Call 703-437-4500.

SATURDAY/MAY 23

Grand Finale Weekend. 8 p.m., CenterStage, Reston Community Center, 2310 Colts Neck Road, Reston. Mandy Patinkin will perform

live in concert with Paul Ford. Following the performance on there will be a reunion party in the Community Room. \$60/person for both Friday and Saturday. Limit two tickets per purchase. Download an order form at www.restoncommunitycenter.com or call the box office at 703-476-4500, option 3 for tickets.

Saturday Morning Music. 11:30 a.m.-1 p.m., Reston's Used Book Shop, 1623 Washington Plaza, Reston. Folk singer/guitarist Scott Malyska will perform live. Free. Call 703-435-9772.

Cooking Class. 12-3 p.m., Il Fornai, 11990 Market St., Reston. Learn how to prepare a main course. Participants will get a full lunch, glass of wine and Il Fornai gift. \$45/person. Call 703-437-5544 or visit www.ilfornao.com.

WEDNESDAY/MAY 27

Live Improv. 9:30 p.m., Paolo's Ristorante, Reston Town Center, 11900 Market St., Reston. Interactive improv games with audience suggestions and participation in the style of the television show "Who's Line is it Anyway?" will be played. Free. Call 703-318-8920 or visit www.paolos.com.

Saturday Morning Music. 11:30 a.m.-1 p.m., Reston's Used Book Shop, 1623 Washington Plaza, Reston. Folk singer/guitarist Scott Malyska will perform live. Free. Call 703-435-6530.

Mother Goose Time. 11 a.m., Herndon Fortnightly Library, 768 Center St., Herndon. Songs, stories and action rhymes for you and your baby. Birth-23 months with an adult. Call 703-437-8855.

Spanish Chat. 7 p.m., Reston Regional Library, 11925 Bowman Towne Drive, Reston. An informal refresher for adults who want to practice Spanish. Call 703-689-2700.

"Monkeying Around." 7:15 p.m., Reston Regional Library, 11925 Bowman Towne Road, Reston. Stories and activities for children of all ages. Call 703-689-2700.

Cake Tasting. 4-7 p.m., Edibles Incredible, 11919 Freedom Drive, Reston. Enjoy a complimentary cake tasting. Call 703-709-8200 or visit www.ediblesincredible.com.

THURSDAY/MAY 28

Doggie Expo. 8 a.m.-12 p.m., Herndon Community Center, 814 Ferndale Ave., Herndon. Go on a 2-kilometer walk with your dog through the neighborhood around the Herndon Community Center. After the walk, explore the Doggie Expo featuring pet care facilities, pet grooming, pet sitting and more. Register at

Call 703-787-7300.

Herndon Festival. 10 a.m.-11 p.m., Herndon Community Center, 814 Ferndale Ave., Herndon. Enjoy musical performances, a carnival, three stages of entertainment, an arts and crafts show, business expo, children's hands-on art area and more. Free. Call 703-716-7387 or visit www.HerndonFestival.net.

Herndon Festival. 10 a.m.-11 p.m., Herndon Community Center, 814 Ferndale Ave., Herndon. Enjoy musical performances, a carnival, three stages of entertainment, an arts and crafts show, business expo, children's hands-on art area and more. Free. Call 703-787-7300.

Saturday Morning Music. 11:30 a.m.-1 p.m., Reston's Used Book Shop, 1623 Washington Plaza, Reston. Folk singer/guitarist Scott Malyska will perform live. Free. Call 703-435-9772.

Knife Sharpening Event. 11 a.m.-3 p.m., Williams Sonoma, 11897 Market St., Reston. Alicia Gronki from Sharpen This will professionally sharpen kitchen knives for \$1 per blade inch. Call 571-203-8815.

SUNDAY/MAY 31

Reston Sprint Triathlon. 7 a.m., Lake Newport Pool, 11601 Lake Newport Road, Reston. Join 550 other runners to help raise money for Reston Interfaith in the Reston Sprint Triathlon, an annual event that promotes health, fitness and good will. Visit restonsprinttri.org/.

Herndon Festival. 11 a.m.-6 p.m., Herndon Community Center, 814 Ferndale Ave., Herndon. Enjoy musical performances, a carnival, three stages of entertainment, an arts and crafts show, business expo, children's hands-on art area and more. Call 703-787-7300.

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appointments at 1-866-256-6372 or www.inova.org/donateblood. Onsite registration is also available.

WEDNESDAY/MAY 27

Bicycling Essentials Clinic. 7:30 p.m., The Bike Lane, 11943 Democracy Drive, Reston. Learn how to fix a flat, do minor trailside adjustments on brakes and derailleurs, clean and lube your bike. \$25/person; participants receive \$25 gift card. Register at www.thebikelane.com or call 703-689-2671.

Herndon Festival. 10 a.m.-11 p.m., Herndon Community Center, 814 Ferndale Ave., Herndon. Enjoy musical performances, a carnival, three stages of entertainment, an arts and crafts show, business expo, children's hands-on art area and more. Free. Call 703-716-7387 or visit www.HerndonFestival.net.

www.herdon-va.gov,"registration code #0903.912 first dog, #0903.913 second dog. Event-day registration is also available. \$15/dog before May 23, \$20/May 24-30, \$10/each additional dog from same household. Call 703-716-7387 or visit www.HerndonFestival.net.

Herndon Festival. 10 a.m.-11 p.m., Herndon Community Center, 814 Ferndale Ave., Herndon. Enjoy musical performances, a carnival, three stages of entertainment, an arts and crafts show, business expo, children's hands-on art area and more. Free. Call 703-787-7300.

Saturday Morning Music. 11:30 a.m.-1 p.m., Reston's Used Book Shop, 1623 Washington Plaza, Reston. Folk singer/guitarist Scott Malyska will perform live. Free. Call 703-435-9772.

Senior Movie Day. 10 a.m., Reston town Center Multiplex, 11940 Market St., Reston. The Reston Association presents a feature presentation.

Refresments and door prizes will be given away prior to the movie. Free to those 55 and up. Call 703-435-6530.

Mother Goose Time. 11 a.m., Herndon Fortnightly Library, 768 Center St., Herndon. Songs, stories and action rhymes for you and your baby. Birth-23 months with an adult. Call 703-437-8855.

Il Fornai. 11990 Market St., Reston. Learn how to prepare a main course. Participants will get a full lunch, glass of wine and Il Fornai gift. \$45/person. Call 703-435-9772.

NOVA Blood Drive. 12-7:30 p.m., Reston Town Center Pavilion, 11900 Market St., Reston. NOVA will host a blood drive. Schedule

TUESDAY/MAY 26

Wine Tasting. 7-9 p.m., Il Fornai, 11990 Market St., Reston. Sample five wines and assorted antipasti. \$25/person. Call 703-437-5544 or visit www.ilfornao.com.

INOVA Blood Drive. 12-7:30 p.m., Reston Town Center Pavilion, 11900 Market St., Reston. NOVA will host a blood drive. Schedule

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Call 703-787-7300.

Herndon Festival. 6-10 p.m., Herndon Community Center, 814 Ferndale Ave., Herndon. Enjoy musical performances, a carnival, three stages of entertainment, an arts and crafts show, business expo, children's hands-on art area and more. Free. Call 703-716-7387 or visit www.HerndonFestival.net.

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OPINION

Legitimizing RCC Preference Poll

BY JOHN LOVAAS
CIVIC LEADER AND RESTON
IMPACT PRODUCER/HOST

The Reston Community Center's Board of Governors recently resuscitated hope for greatly increased community participation in the Center's governance. The Board proposes to modify the Memorandum of Understanding (MOU) with its Fairfax County overlords, the Board of Supervisors. A principal change to the MOU would, if approved, permit mail-in and online balloting for the annual Board of Governors Preference Poll. The result would likely increase the number of votes cast from the current 300-500 to 10 times that number — maybe 5,000 or so. Instead of having a Board of folks selected by a few friends, family and neighbors, those selected could claim to genuinely represent the community, if Supervisor Cathy Hudgins (D-Hunter Mill) and the BOS approve the change.

A few years ago, a committee of the RCC Board overwhelmingly

approved an even more sweeping change to the RCC preference poll. (Note: While Restonians vote for Board members of the Community Center they built and pay for via a property tax surcharge, their votes are only an expression of preference or advice to the BOS that finally selects RCC Board members. Ironically, Hudgins' predecessor as supervisor once threatened to re-

ject one preference poll's winners, including Hudgins' husband Willie.) Supervisor Hudgins got the BOS to summarily block the proposed expansion of the franchise in Reston in 2003 — on the spurious grounds that the new process could be subject to vote fraud. Even if fraud had been a clear and present danger, the logical course of action would have been to modify the reform to assure tighter security instead of killing it and effectively suppressing voter turnout.

Current RCC Board member Bill



Bouie, a member of the committee that proposed the ill-fated reform in 2003, did not give up. He and the entire RCC Board are to be commended for renewing the effort to expand participation. While this version of reform has a high cost — restricting votes to one vote per residence as opposed to the one person-one vote rule previously in effect — it represents great progress assuming Supervisor Hudgins and Company do the right thing by approving reform this time.

In another area, affordable housing, the supervisor cannot be accused of doing the right thing lately.

In a recent two-week span, she voted to eliminate funding for additional affordable units from the county budget (leaving funds only for debt on previously acquired units); and, deleted the requirement to retain subsidized senior housing from the new Lake Anne comprehensive plan, a requirement specifically included by county staff.

INDEPENDENT PROGRESSIVE

LETTERS

FROM PAGE 6

show that arbitrarily and capriciously restricting the Constitutionally-enshrined freedom of a freedom-loving people to make their own decisions with respect to their leadership preferences in any way inhibits the process of selecting that leadership. To the contrary, the more that people par-

ticipate in a republic, the more our leaders are induced to respond to the demands and needs of the aggregate, rather than to the corporatist self-interests of the well-connected.

Contrast Virginia's full-disclosure standard with the Federal rules that allow massive donations to political action committees by

well-organized corporate and union interests, while forbidding the people themselves to compete in the marketplace of ideas under the same rules. Is that really the rulebook that Virginians should desire to emulate?

Michael Arko
Reston

Crutcher Wins National Achievement Scholarship

Madison Crutcher, a senior at South Lakes High School, has been awarded a \$2,500 scholarship toward her college education as a National Achievement Scholarship Winner. Crutcher, who is committed to school both inside the classroom and outside on the South Lakes soccer fields, won this award because of her high PSAT scores in 2008. Speaking about her plans for the future, Crutcher said, "I'm going to William and Mary next year and I will be studying neuroscience with the intention of going pre-med."

— DANIELLE LANDAU



Madison Crutcher

BULLETIN BOARD

To have community events listed in the Connection, send to reston@connectionnewspapers.com or call 703-917-6437 with questions. Deadline is Friday.

FRIDAY/MAY 22

Team in Training Information Night. 7:30 p.m., The Bike Lane, 11943 Democracy Drive, Reston. Learn more about Team in Training, the Leukemia and Lymphoma Society's sports training program where you can get in shape and raise funds for cancer research. Call 703-689-2671.

SATURDAY/MAY 23

Volunteer for the Weed Warriors Project. 10 a.m.-12 noon, Glade Pool, 11550 Glade Drive, Reston. Our native trees, ferns and wildflowers are under attack by invasive exotic plants like English Ivy, Japanese Honeysuckle and Bamboo. Volunteers helped removed aggressive Garlic Mustard and Burning Bush at this site in 2007. Join the RA to help clear what was left behind and help plant native species. Must be 13 years old or older to volunteer. Contact Ha Brock, RA Volunteer Coordinator, at 703-435-7986 or habrock@reston.org.

HQ Alternatives Debated

FROM PAGE 4

"I do think we can give impetus to it and I think that's what Bob wants to see accomplished," Green said.

Simon agreed and seconded the motion, voting against his own original motion.

After the resolution passed, John Lovaas asked whether it was any different than the group's prior endorsement of an RA move to Lake Anne, and Green said it should act as a reaffirmation of the group's position.

Smyers said she thought it was pertinent

SATURDAY/MAY 30

Autoimmune Disease Health Fair. 9 a.m.-12 p.m., Reston Town Center, 11900 Market St., Reston. This informational health fair will feature exhibits on numerous autoimmune diseases, area support groups, and resources as well as information on products and services to help those that suffer with an autoimmune disease. Free. Visit www.sjogrens.org or call the Sjögren's Syndrome Foundation at 1-800-475-6473, ext. 217.

TUESDAY/JUNE 2

Committee for Dulles Meeting. 11:30 a.m., Crown Plaza, 2200 Centreville Road, Herndon. Board of Supervisors Chairman Sharon Bulova will share her thoughts on the progress toward the completion of Phase II of the Dulles Metrorail Project, the creation of the Phase II tax district, and the planning for the areas around all the stations in the corridor. \$55/non members in advance, \$60/non members at door; \$45/CDF members in advance, \$50/CDF members at door. RSVP by the Friday prior to luncheon. Call 703-430-8749.

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SPORTS

RESTON CONNECTION SPORTS EDITOR RICH SANDERS
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Plenty of Positives For South Lakes Baseball

Despite tough season, young Seahawks played hard, had fun.

BY RICH SANDERS
THE CONNECTION

From a win-loss measure, it was a lost season for the South Lakes High baseball team. Despite the poor team record, head coach Galvin Morris took a lot of positives away from the 2009 spring campaign.

"Win-loss wise, yes [it was poor]," said Morris. "But I think we have a great group of kids. They work hard. We scrapped but couldn't get over the hump."

South Lakes' wins came over Woodson in a Liberty District game and non-district opponent West Potomac (Patriot District).

South Lakes, which saw its season end last week with a 4-0 loss to Marshall in a first round district tournament game, played several district opponents close in tough losses, including setbacks to Langley, 1-0; Madison, 5-4; and Stone Bridge, 3-0.

"We showed our inexperience [at times]," said Morris, who had only two seniors in his starting line-up.

South Lakes' two senior starters, second baseman Jon Baamonde and first baseman Tyler Siqueiros, were solid team leaders, accord-

ing to Morris.

Baamonde, an emotional leader and player, earned Second Team All-Liberty District honors this season. In 2008, he made All-District as an Honorable Mention selection.

"I look at him and he's kind of a coach on the field," said Morris, of Baamonde. "He kept everyone together and calm. He kind of guided [younger] guys in what varsity baseball is all about."

Baamonde, in the Seahawks' batting order, hit anywhere from leadoff to clean-up over the course of his varsity career. He hit mostly out of the No. 3 spot as a senior. He improved over his three years of varsity ball in all areas of the game and became a solid player.

"Defensively, he got better every year and on offense, his numbers improved," said Morris.

Siqueiros, more of a quiet leader, made his mark in the field as a sure-handed first bagger.

"He can pick it over there," said Morris, of the left-handed hitting Siqueiros, who had a knack of coming up with tough-hop grounders. "He saved us big time when balls were in the dirt."

THE TEAM'S TOP underclassmen ball players this season included sophomore third baseman Will Sweet, an All-District Honorable Mention selection, and sophomore center fielder Wilfredo Corps-Ortiz.

Sweet, along with playing the hot corner position for South Lakes, was also a key pitcher for

his team. He tossed a good game in the district playoff loss to Marshall. The Statesmen scored all of their runs in the first inning. Sweet allowed just four hits in the game and went the distance.

Corps-Ortiz played a steady centerfield for the Seahawks all season. Coach Morris said Corps-Ortiz learned a lot about playing outfield during his freshman season in 2008 from then-senior Noah Sweet, who was a top outfielder in the program.

"Wilfredo really anchored things out there," said Morris, of the 10th grader's stellar outfield play this spring. "Noah really taught him some things in the outfield [in 2008]. You really learn from those guys."

Corps-Ortiz batted in the lead-off position or in the No. 3 hole for the Seahawks. Morris said his hitting showed good improvement over the course of the season.

Freshman Nick Beaulac, who was the team's starting shortstop and a key member of the pitching staff, had a good season as well. Playing varsity shortstop as a ninth grader is no easy task, but Beaulac was impressive with his overall game.

"He's played a lot of baseball and kind of has things figured out," said Morris. "He made errors, but learned from them."

The team's most versatile player was freshman Billy McLaughlin, who saw playing time at second and third base, as well as in the outfield and on the pitching mound.



PHOTO COURTESY/COMETS

Comets Compete in State Cup

The Reston Comets' girls travel soccer team is competing in the Virginia State Cup tournament. Thus far, the team has won games over Lynchburg, 9-0; the BRYC Elite, 1-0; and FASA Premiere, 2-0. Next, the team will advance to the Cup semifinals, set to take place on May 30 in Williamsburg. The Comets are coached by Alberto Starface.



PHOTO COURTESY/HRYL

Lacrosse Action in Final Weeks

The Herndon Reston Youth Lacrosse action is in its final weeks of the spring season. Check out the latest league report at connectionnewspapers.com.

SPORTS ROUNDUPS

The Reston Masters Swim Team will be hosting an Open Water Swim Clinic, along with 1- and 2-mile swims, at Lake Audubon in Reston. The clinic will on Saturday, May 23 at 9 a.m. Check-in for the 1- and 2-mile races will begin on Sunday, May 24, at 6 a.m. The 1-mile race will start at 8 a.m., and the 2-mile race will begin at 9:30 a.m. The entry closing dates are May 1 for both races, and May 23 for the clinic. To obtain registration information, please visit www.restonmasters.org, or e-mail the registrar at lynhzw@usms.org.

South Lakes is looking to fill the following coaching

vacancies: varsity field hockey coach and dance team coach. All interested applicants may send their resumes to Linda.Jones@fcps.edu or fax them to her at 703-715-4688.

The 2009 South Lakes High School Summer Camp program will offer the following camps: All Sports Camps (session 1 - June 29-July 2; session 2 - July 27-31); Virginia Tech Volleyball Camp (June 26-27); Girl's Basketball Camps (session 1 - July 6-10; session 2 - July 13-17); Boy's Basketball Camps (session 1 - June 22-26; session 2 - June 29-July 2; session 3 - July 20-24); Girl's and Boy's Volleyball Camp (July 20-24). All camps are sponsored by

the South Lakes High Athletic Booster Club. For more information on the camps or to register, go to www.SouthLakesAthletics.org.

The Cardinal Girls Lacrosse league offers a year round program for girls from the fifth through eighth grades. Northern Virginia girls from areas including Reston, Great Falls and Leesburg, are encouraged to try out. The organization will likely fill two teams per age group.

Cardinals Girls Lacrosse, in its fourth year, is a non-profit, travel lacrosse organization. All the league money goes to uniforms, coaches and fields. The senior coach is the women's coach at

Georgetown University, while the junior coaches are players or alumni from Catholic University, James Madison University, Virginia Tech or the University of Virginia. Practices are at Our Lady of Good Counsel School in Vienna. The league Web site is: www.cardinalgirlslacrosseclub.com.

University of Virginia woman swimmer Mei Christensen (South Lakes High graduate) was recently named the ACC Swimmer of the Year. Christensen, a junior, had a stellar third season for the Cavaliers. At the NCAA championships, she took fifth place in the 100-backstroke and sixth in the 200-back to earn her first career individual

All-American honor. The Reston native also took part in the All-America 400 medley relay race—in which the Cavaliers finished sixth—and she was part of three Honorable Mention, All-American relay teams (200-free, 400-free, 200-medley).

Prior to NCAAs, Christensen had a dominating showing at the ACC Championships, where she set new league standards in the 100-back (51.79) and 200-back (1:52.22) events, as well as the 200-free, 400-free, 200-medley and 400-medley relays. During the season, she twice earned ACC Performer of the Week and was named CollegeSwimming.com National Swimmer of the Week on Nov. 19.

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WEEK IN RESTON

FROM PAGE 7

abilities to celebrate creativity and the arts. Attendance at the event is by registration only.

Both days will feature special performances by Unified Jazz Ensemble and Cantare as well as hands-on workshops, demonstrations, and "quick-stops." Volunteers and staff will guide participants in creative drama, creative movement exercises, music and visual art projects.

Each year, the festival brings approximately 500 students from Fairfax County Public Schools' regular and special education classes together to celebrate the arts by participating in music, dance and visual arts workshops and theatre performances.

For more information, contact Cheri Danaher, RCC Arts education director at 703-390-6175 or cheri.danaher@fairfaxcounty.gov.

RA Board Announces New Officers

At the Annual Members' Meeting, the Reston Association Board of Directors elected officers, who serve one-year terms. These terms will be a part of each director's three-year term on the board as representatives of either their districts or at-large.

Robin Smyers, was re-elected as president, she has served as president since 2008. Kathleen Driscoll-McKee was elected vice-president and she was also re-elected as the South Lakes District representative to the board. Cheryl Beamer was elected secretary to the board. She represents the Hunters Woods-Dogwood District.

The Board also welcomed new director, Tom Vis, who was elected as an at-large director in the 2009 General Election. He will serve a three-year term and fills a vacancy left by Mark Watts who resigned from the board in March 2009.

MCCP Foundation Selects First Executive Director

The Medical Care for Children Partnership (MCCP), provider of health care for children of the working poor in Fairfax County for over 20 years, has announced both its new status as a foundation, a 501 (c)(3) organization and its selection of Margery Leveen Sher as its first executive director. Sher has a masters degree in developmental psychology from Rutgers University. A member of the Committee of 100 of the Washington Area Women's Foundation and a 2004 graduate of Leadership Greater Washington, Sher has received numerous awards for her efforts, ranging from a 1984 award as Child Care Professional of the Year in Fairfax County to a 2003 Individual Achievement Award from the Metropolitan Washington Work-Life Coalition.

She has served on the Board of Directors for several non-profit agencies, including Northern Virginia Family Service and the Metropolitan Washington Work-Life Coalition. For more information about the MCCP Foundation and its mission, as well as information regarding the Foundation's new Board of Directors, visit <http://www.mccponline.org/>.

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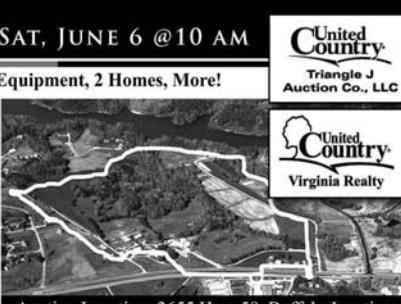
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Marketing 101



By KENNETH B. LOURIE

Perhaps you've noticed, as I have, that over time, certain familiar consumer products generally available at the supermarket (if all else fails, people at the very least, have to eat and clean and "hygiene" themselves) rework their appearance/packaging. I don't mean what's inside, I mean what's outside. And even though the old adage of not judging a book by its cover has to be as familiar to food/household product manufacturers as it is to the rest of us, the packaging/presentation of products does seem to change, for good reason, I'm sure. Perhaps there's a marketing cycle manufacturers follow that relates to a consumer's buying habits. (Yeah, it changes to retain the old customers and entice some new customers.)

Recently I've noticed changes in the packaging for a brand of orange juice I no longer buy (acid reflux issues) and for a brand of deodorant I most certainly still buy. And, though the packaging is definitely more attractive and eye-catching than previously (or maybe it's simply that change, any change in a familiar product is noticeable, style over substance you might say), I cannot say — so far as the deodorant is concerned — that the change in the packaging has provided me any noticeable benefit. So far as I can tell, I still stink when I'm supposed to and still smell fresh as a daisy when, after a shower, I apply my unscented gel.

All things considered, am I continuing to buy — or not buy — these products in spite of their packaging, because of their "new" packaging or does the packaging have zero effect on my decision-making other than as an aid in helping me locate the item on an increasingly crowded grocer's shelf?

If it is, indeed, not about the quality of the product (the inside), and more about the presentation (the outside) — then not only am I judging a book by its cover, I am judging that book by how it looks in comparison to its neighbor's covers (adjacent products on the shelf). And, when it comes to what I eat or how I personally "hygiene" myself, I would hate to think that all the studies that have been completed, focus groups paid and opinions solicited, to determine, from a distance exactly what would get me — the consumer — to buy a particular product (at least once to try) have no bearing on the real marketing reason behind the product's unique appearance. Moreover, is what I see on the grocer's shelves actually less about quality and more about quantity (the space allocated to a particular manufacturer/product on that extremely crowded shelf)?

If so, this attempt at market/consumer manipulation apparently is what makes the consumer's world go 'round. Still, when it comes to the food I eat and the household/manufacturer's products I buy and the manner in which I try to keep myself healthy and fit, I resent that outside interests are attempting to manage what goes on inside my house and inside my body.

I imagine one could say that this is simply the free-market system at work, and having the freedom to choose enables/empowers the consumer to buy or not to buy for their own personal reasons and not be effected by any of these psychological ploys. Still, I can't help wondering where all this theorizing starts and strategizing stops.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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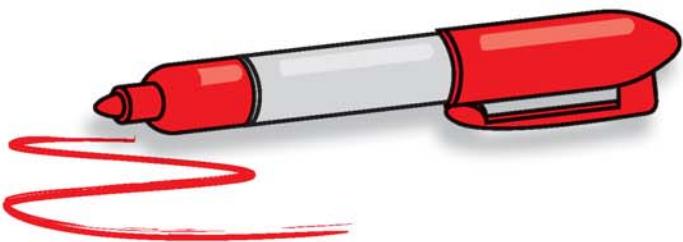
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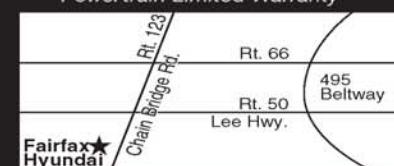
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