

Reston couple
Kathryn O'Sullivan
and Paul Awad
work on a set for
their recently
released horror
movie, 'The Fugue.'

Reston Couple Aims To Scare

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Reston Couple Aims To Scare

Local filmmakers' horror movie debuts.

BY MIKE DICICCO
THE CONNECTION

Reston resident Paul Awad knew he wanted a young girl's ghost in his story, as well as a strong female lead and a smart detective. He needed a script to tie them together, and he said the idea for the story sprang from a desire to do a lot of filming in long, run-down hallways such as those in a cousin's Washington, D.C. condo building.

"I'm a fan of '70s horror films that consist of scary buildings and creepy halls," he said, noting that long passages make one wonder what might be around the corner. He wanted to make a horror movie that relied more on psychological terror than gore.

A number of scenes throughout the movie that he and his wife, Kathryn O'Sullivan, recently completed, including a jarring opening sequence, are shot in a long, narrow, claustrophobia-inducing hallway.

Awad, a film professor at the Art Institute of Washington, began writing the script for "The Fugue" in early 2008, and he and his wife, an acting professor at the Manassas campus of Northern Virginia Community College and the movie's producer, finished the project last spring. The feature-length film about a graphic designer living in Chinatown who is haunted by the ghost of a childhood friend debuted with a free screening at the Old Town Theater in Alexandria on Thursday, July 30.

"I was literally down on my hands and knees, cleaning a location if we needed to."

— Kathryn O'Sullivan, producer

THE MOVIE is available on the IndieFlix Web site, and the couple hopes to soon have it for sale through iTunes, NetFlix, Amazon and Amazon on Demand.

They spent \$15,000 to make the film, and Awad said it would be difficult to make the money back. "But if I can make \$15,000, I'll start making a sequel," he said, adding that it was digital technology that enabled him to create a professional-quality movie on such a small budget. Years ago, he said, the same film would have cost about \$80,000.

O'Sullivan said her husband wrote the script over the course of a few months, and the couple began scouting locations and lining up actors in the spring of 2008. Many cast members were her former students, although a casting call was put out for the two lead roles. "Hopefully, you believe in how you trained an actor," she said. Likewise, many of the crewmembers were Awad's students.

Nicole Underwood of Sterling, a former student of O'Sullivan's, played the movie's

ghost. Before the rest of the film was shot, she said, Awad filmed her crawling and moving bizarrely in front of a green screen, editing her into scenes later.

"Now, with technology, it's become so easy to do that, Awad said. "A lot of these effects you can get with pretty basic software."

"Basically, I crawled around on the floor for three or four hours," Underwood said. She said the footage ended up being frightening to her when she saw it in the final product, after Awad had made her skin look sickly and added a sound effect that sounded like bones cracking. "I definitely didn't expect that at all," Underwood said.

While the girl whose ghost she played died at 8, Underwood is 24. "But I'm very tiny," she said.

If there is a sequel, she said, she will be on board. "It was really awesome. I'd love to do it again."

Kevin Murray of Fairfax, who played the "bad guy," said the superimposition of the ghost into the movie provided a challenge for him when his character has to interact with the spirit in the film's climactic scene. "There were certain things that happened in the movie that were

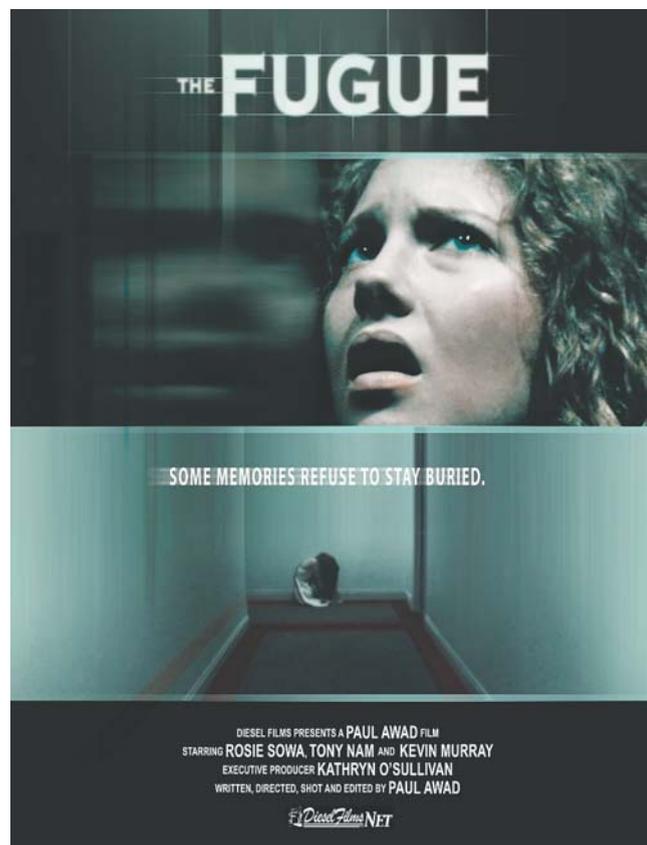
not happening in the real performance. So that was challenging," Murray said.

He said he was normally cast as "guy-next-door" characters like businessmen, blue-collar workers and fathers, and he found the villain to be "a lot of fun to play."

Murray knew Awad and O'Sullivan because his wife, Mary Lechter, had acted in the couple's 2007 short film, "Dracula's Mother," in which Dracula brings home his black fiancée to meet his mother. "I was Dracula's mother. It was a blast," Lechter said. In "The Fugue," she plays a medical examiner, digging inside a cadaver for the movie's only gory scene.

"I'd never gotten to do anything with special effects before. That was fun," she said. A dummy with fake gore was used, "and Paul is an expert with computer graphics, so he was able to make it look real," she said. The scene was filmed in the autopsy room at Northern Virginia Community College's Medical Education Campus in Springfield.

OTHER SCENES were shot more locally. A



Movie poster for 'The Fugue.'

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restaurant scene was shot in the private dining area of Paolo's Ristorante in Reston Town Center, and Awad and O'Sullivan also turned their bathroom in the Market Street at Town Center condominiums into a set. Because that particular scene called for a lot of screaming, O'Sullivan said, "We just put a note on the door saying we were filming so nobody would call the police." With some work, their living room even became a morgue set.

The film was shot in three weeks. O'Sullivan said her husband's background in directing commercials made him used to fast-paced filming.

In addition to the producer's usual duties of managing the budget and schedule, O'Sullivan found herself getting food for the cast and crew, working with the Screen Actors Guild and scouting locations, because the budget was so small. "I was literally down on my hands and knees, cleaning a location if we needed to," she said.

But Awad said self-funding the film had its benefits. "Because Kathryn and I are the investors, we make all the decisions," he said. They chose the horror-thriller genre for a couple of reasons. "I like the aspect of horror that, if it works, like comedy, you get a sense that it's working," he said, adding that there also tended to be a market for such movies.

The couple has made a few short films together, and Awad made one other feature-length movie about 10 years ago, after graduating from film school. "The Fugue" was O'Sullivan's first feature.

"It was actually just a very fun time, and we hope people will check it out when it's available," Awad said.



PHOTO BY ABIGAIL ALBRIGHT/THE CONNECTION

Dr. Farid Gharagozloo's daughter, Samee Gharagozloo, takes a turn at test driving the da Vinci Si HD robot on Sunday, July 26, at the da Vinci Exhibit at Reston Town Center.

Robotic Surgery in Reston

Cutting-edge surgery displayed at Reston Town Center.

BY ABIGAIL ALBRIGHT
THE CONNECTION

The Reston community had a chance to see the state-of-the-art da Vinci Si robot in "action" on Sunday, July 26, at Reston Town Center.

OK, not really in "action" in its intended use, but more than 1,000 members of the Reston community watched as the physicians demonstrated the robot's precision by painting masterpieces. Members of the public were also able to get behind the controls of the demo-machine and see what these talented surgeons are using.

Reston Hospital Center owns one of these \$2 million machines and has six trained surgeons who operate with it. Four of the surgeons were at the exhibit: Dr. Farid Gharagozloo (Thoracic Surgery), Dr. Nicholas Lailas (Urology), Dr. Gregory Schenk (Urology) and Dr. Evelyn Felluca (Gynecology).

"We have a partnership with Reston, so the thoracic program is part of the GW program, it's a nice partnership because what we do is very complex stuff," said

SEE DA VINCI, PAGE 11

Seeking More Information from Police

Candidates for Attorney General, General Assembly should encourage more openness from police.

In Virginia, police are entitled to hold virtually all information from the public. Broad exemptions for police in the state laws pertaining to freedom of information requests leave it to the police themselves to decide what information from police reports of incidents and arrest can and cannot be released. The result is that the public has virtually no access to actual police reports.

Jody Donaldson, spokesman for the Alexandria Police Department, sums up succinctly: "We have a blanket policy to use the exemption in all cases."

This does not serve the public good.

In most states, the public and the press can access the actual reports filed by the police on the scene of an incident, with narrow excep-

tions — to protect the names of victims of sexual assault or undercover officers, for example.

In Virginia, the public, the press and even defendants facing charges based on those reports have no rights to see the actual reports.

EDITORIAL

Instead they can request a "summary" of the report. There are few requirements or standards for providing information in these summaries. The summary of the suppressed document, known as "criminal incident information," includes a "general description" of the criminal activity, the "general location" and "general description" of the injuries.

There is no reason for this level of secrecy and obfuscation. Law enforcement agencies that serve the public would be well advised to

be open with the public and the press, providing direct access to police reports and documents unless there is a specific compelling reason to redact some information to protect a victim, witness or law enforcement officer. No one would argue to release documents that might endanger someone.

"The exemption for police reports is overly broad, and it should be narrowed," Ginger Stanley, executive director of the Virginia Press Association told Connection reporter Michael Lee Pope. "But police and sheriff associations have very powerful lobbyists, and they do not want this to change," Stanley added.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

End of Resistance

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

COMMENTARY

The panel recently assembled at the state capitol had made history 50 years ago. They had been the black teenagers who desegregated the public schools in Warren County, Charlottesville, Arlington County, Prince Edward County and Norfolk City. At the request of the Center on Politics at the University of Virginia, they had come to Richmond 50 years later to talk about the human side of the policy known as massive resistance.

Virginia was part of the cases decided by the Supreme Court in *Brown v. Board of Education* in 1954 in which the court found that separate schools were inherently unequal. Although the courts expected desegregation of the schools to take place with "all deliberate speed," it took Virginia more than a decade and dozens more court cases to fully desegregate its schools. The dominant political force in the state during the period, the Byrd Machine, adopted a policy of massive resistance in an attempt to keep Virginia's schools segregated. Based on the arguments put forth by John C. Calhoun in his theory of interposition, massive resistance was an attempt to thwart the directives of the courts to desegregate the schools.

The program at the state capitol a couple of weeks ago celebrated the 50th anniversary of the end of massive resistance. While the le-

gal and political history of the period is interesting, the Center for Politics program put a face on the integration struggle. Obviously, the panel members were successful men and women who had endured despite the struggles they had to face with having to attend school with the police present, to endure the "N word" and other heckling, and in the case of Prince Edward County, having their public schools close for five years.

Appropriately attending the program as a panelist was former Gov. Linwood Holton. In his Inauguration Speech in 1970, Gov. Holton, the first Republican governor in Virginia since Reconstruction, declared massive resistance dead. He dramatically demonstrated his sincerity to the cause by enrolling his daughter, Anne, who is now the First Lady of Virginia, and her siblings in the predominantly black public schools of Richmond.

The then evening version of the Richmond Times Dispatch, the News Leader, "relentlessly championed Massive Resistance and the dubious constitutional arguments justifying its unworthy cause," an editorial appearing before the conference observed. For their sordid role in this one of Virginia's darkest chapters, the editorial writers of the Richmond Times Dispatch expressed their regret. All who study the history of the Commonwealth must feel the same regret and commit to never letting this kind of thing happen again.

Gift to Tysons Oligarchy

BY JOHN LOVAAS
CIVIC LEADER AND RESTON
IMPACT PRODUCER/HOST

INDEPENDENT PROGRESSIVE

Sometimes sorely needed education springs from unlikely sources. In my case, I've gotten a real wake-up call from my complacency about rail to Dulles. I'm a long-time supporter of Dulles rail despite the project's known warts: four stations in Tysons Corner and none in Reston Town Center and the suspect construction contract. Still, I was happy to see the project to bring rapid transit to connect Reston to Dulles and D.C. actually begin.

Then, I was accosted by a local conservative outraged by the Metropolitan Washington Airports Authority's (MWAA) proposed toll increase on the Dulles Toll Road to fund rail construction. Initially, I paid him little heed, but when he challenged me to hold a public discussion of rail financing, I decided to look into it. I talked with a man who develops area land, but contributes a great deal to Reston. He supports rail and has just done a thorough analysis of the project's costs and benefits. His solid analysis of who benefits from and who pays for the project obliterated my complacency.

First, the benefits. They accrue overwhelmingly to a small number of powerful landowners in Tysons Corner as opposed to the landowners and residents living to the west of Tysons — Reston, Herndon and into Loudoun

County. His complete analysis in a clear PowerPoint form will be broadcast several times as a special on Comcast Channel 28 in the coming weeks. Here is a brief summary: 1) Tysons Corner will be served by four Metro stations — most residents will be able to walk to a station; 2) Tysons redevelopment will occur mostly on land now in obsolescent buildings, parking lots, etc. which are easily cleared for new construction; 3) Tysons redevelopment benefits from extensive Fairfax County studies (est. \$2 million) to plan an ideal "true urban center"; 4) Tysons landowners are guaranteed maximum building densities, F.A.R.s 4.0 and more; 5) Tysons landowners pay no Town or Community Center property taxes; and, 6) There will be no commuter parking at any of the four Tysons stations — commuter parking for 14,000 cars will all be to the west, including 2,300 spaces at Wiehle Avenue and 3,500 at Herndon/Monroe. In sum, Tysons landowners, with a huge assist from the Fairfax County Board of Supervisors, will make billions.

Landowners to the west will not see their properties get nearly the service Tysons gets. Short-term development opportunities will be far fewer because of newer buildings and lower density zoning.

NEXT TIME: Who pays? Latest funding allocations. Who made the decisions? The butt of the joke and can it be fixed?

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LETTERS TO THE EDITOR

RCA Supports Move to Lake Anne

To the Editor:

Bob Simon has presented to the Reston Citizens Association (RCA) a plan to have the Reston Association's (RA's) headquarters, or part thereof, at Lake Anne, the "gem of Reston." RCA supports moving RA's headquarters to Lake Anne. RA's headquarters at Isaac Newton Square always lacked the sense of community found at the Reston Village Centers. Locating our homeowners' association in one of the Village Centers would be an improvement, and locating it in Lake Anne Village Center would be best of all.

RCA realizes that there are multiple interests involved with the selection of RA's next headquarters. We nevertheless urge all the parties involved to give special weight, along with all their other concerns, to locating RA headquarters in the place where Reston began.

Marion Stillson
President, RCA

Thanks, Colin Mills

To the Editor:

I want to thank Colin Mills publicly for his willingness to run as a write-in candidate in the elections to the Reston Citizens' Association last week. His action was of great importance.

I owe my life to a grandfather who made sure that his children left

Nazi-occupied Europe although he and his wife did not because he doubted that at their age they could make a living in an English-speaking country. I never had the privilege of knowing them, as they were gassed at Auschwitz when I was 10 months old. We are "lucky" enough to have documentation of their fate.

Yonna Kromholz
Reston

What Happened To Reston Pools?

To the Editor:

I was born and raised in Reston, but relocated to Austin with my

husband a few years ago.

This summer I decided to bring my twin girls to visit their grandparents and to escape the triple-digit heat in Texas, hoping that they would enjoy the place I grew up. I wanted them to play in the fountains at Lake Anne, dance to the music of the summer concert series at Town Center and learn to swim like little fish at the various Reston pools.

I am so saddened at the condition of the Reston pools I have visited this summer. Hunters Woods, Glade, Uplands and North Hills all had numerous broken gates, fountains and chairs. Most bathhouses were unclean and the staff all seemed completely uninterested in keeping the facilities safe and interacting with the public.

What happened to the pools I enjoyed as a child?

What happened to the pools I took pride in cleaning and keeping safe as a teenage lifeguard?

I so fondly remember them but ended up leaving them disappointed this summer.

Amy Stanmyre Wong
Austin, Texas
(Restonian at Heart)

OBITUARY

Paul E. Peters, 87, of Great Falls, Dies

Paul E. Peters, 87, of Great Falls, formerly of Long Island, N.Y. died on Au. 8, 2009 at Cameron Glen Nursing Center in Reston. He was born on April 10, 1922 in Queens, N.Y. to the late Paul L. and Magdalena Peters. Peters was a veteran of the U.S. Army serving in World War II. He was a member of St. Catherine of Siena Catholic Church in Great Falls and was

an avid sailor and dedicated family man. Peters was the beloved husband of Catherine Peters, loving and devoted father of Paulette Simpson of Great Falls and Kathy Jones of Mequon, Wis. and proud grandfather of five grandchildren.

A prayer service took place Monday, Aug. 10, at 4:30 p.m. at Adams-Green Funeral Home, 721 Elden St., Herndon.

Agnes Harris, 86, of Reston, Dies

On Saturday, July 18, 2009, Agnes Kivlehan Harris, 86, of Reston passed away peacefully at her daughter's Virginia Beach home. She was the wife of late Lyman C. Harris (USN). Her daughter, Laurie, and son Bill were with her on Saturday. In addition to her two children, Agnes is survived by four grandchildren (Heather and Lucy; David and Catherine) and two great grandchildren (Ben and Sophie). She was

loved by her many nieces and nephews in the USA and Ireland.

A Chapel service led by a priest from St. Thomas-a-Becket in Reston will take place on Sept. 3 at 11 a.m. at the Money & King Funeral Home in Vienna. There will be a graveside service at 1 p.m. at the Arlington National Cemetery with Navy Guards as pallbearers at the Arlington National Cemetery.

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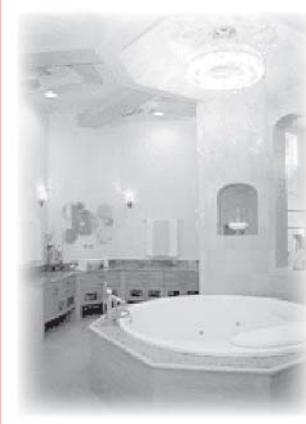
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Premiere Dance Showcase in Reston

Mosaic Language & Cultural Arts presents its premiere Dance Showcase, entitled, "Dances from a Colorful World," featuring Middle Eastern Dance performances by students, instructors and guest artists. The family oriented event will be Sunday, Aug. 23, at 5 p.m. at the Reston Community Center in the Hunters Woods Plaza. Admission is free and open to the public.

The program includes Oriental and Folkloric belly dance styles from Egypt and Lebanon, along with several styles of Persian dance. The show will include student performances, Troupe Eshveh, Northern Virginia's only folkloric belly dance ensemble and Katayoun, Mosaic's founder and chief instructor, choreographer and professional dancer. The show will be infused with educational elements, authentic costuming and exciting music and choreography.

Mosaic provides enrichment programs for children and adults, integrating the disciplines of language, culture and the Arts to enhance and advance our daily lives.

Founded in January 2009 by Katayoun Hutson, an educator, dance director and language enthusiast, Mosaic's Mission and



Katayoun Hutson performs Egyptian folkloric dance in the traditional dress.

Values are:

- To promote and preserve the study of the world's languages, cultures and artistic contributions
- To provide sophisticated, educational and life-enriching experiences to the community
- Honor the traditions, products and influences of the world's cultures

• Appreciate language and art as a shared human experience.

Additionally, Mosaic offers membership options. Member benefits include free workshops, reduced class fees, networking opportunities and a quarterly journal.

For more information visit www.mosaiccenter.org.

CALENDAR

Send announcements to reston@connectionnewspapers.com or call 703-917-6437. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/AUG. 13

Celebration of 20 years of the Herndon Farmers' Market, 8 a.m.-12 p.m. at the Herndon Farmers' Market, 700 block of Lynn St., Herndon. Commemorative totebags for first 500 shoppers. Fresh produce, baked goods, cut flowers and more for sale. 703-787-7380 or www.herndon-va.gov.

Turley the Magician, 11 a.m. Lake Anne Village Center, 1609 Washington Plaza, Reston. www.lakeanneplaza.com.

Marty Nau Quartet. Bebop Jazz, 7 p.m. at the Reston Community Center. Free. 703-476-4500.

Farmers' Market at Reston Town Center Pavilion. 3:30 p.m. at Reston Town Center, 11900 Market St., Reston. Locally grown fruits and vegetables, locally raised meats and poultry, bread and cheese, salsa and

sausage. 703-689-4699.
Friends' Book Discussion. 7:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Call for title. Adults. 703-689-2700.

SATURDAY/AUG. 15

American Founders Bank Woodland Art Fair, beginning 10 a.m. at Woodland Park, 12950 Centre Park Circle, Herndon. Over 200 artists and craftsmen selling handcrafted items from pottery to oil paintings and everything in between. Other attractions include live entertainment and children's activities. Free.

Free Health Fair. 10 a.m.-3 p.m. at the 1st Baptist Church, 681 Elden Street, Herndon. Cosponsored by the Reston Lions Club and the Jeannie Schmidt Free Clinic. Blood pressure, sugar, eye and skin screening. Body Mass Index readings and nutrition information. Referrals available to local clinics. 703-437-7066 or spmrudiselle@msn.com.

Reston Farmers Market at Lake Anne Village Center. 8 a.m.-12 noon. A variety of locally grown fruits, vegetables, meats, poultry and

goat and cow cheeses. Plus four bakers and large selection of flowers, plants and cut flowers. Home made organic butterfat ice cream, honey and kettle corn round out choices at Reston Farmers Market. Go to: www.restonfarmersmarket.com or call 703-318-9628.

Lucia & Levi, Caribbean Calypso and Pop. 10 a.m. in front of Lake Anne Coffee House, and 11:30 a.m. in front of Reston's Used Book Shop, at the Lake Anne Village Center, 1609 Washington Plaza, Reston. 703-476-4500.

SUNDAY/AUG. 16

Northern Virginia Alzheimer Candlelight Rally. 8-9 p.m., Reston Town Center Pavilion. Bring family, friends and neighbors to help create a world without Alzheimer's to our candlelight rallies. With Supervisor Cathy Hudgins. 703-766-9008.

MONDAY/AUG. 17

Journey to the Jungle With Animal Ambassadors. 2:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. See macaws, a

goat and more on a visit to the tropical rain forests of the world. Age 6-12. 703-689-2700.

TUESDAY/AUG. 18

Amazing Phil: Juggling, Swords & More. 11 a.m. Lake Anne Village Center, 1609 Washington Plaza, Reston. www.lakeanneplaza.com.

WEDNESDAY/AUG. 19

Bach to Rock Summer Concert. 10:30 a.m. at Frying Pan Farm Park, 2739 W Ox Rd, Herndon. Dr. Divergent's Musical Adventures Puppet Show, bands and games. Farmers market open, 8 a.m.-12:30 p.m. 703-437-9101 or www.fairfaxcounty.gov/parks/fpp.
Preschool Storytime. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Enjoy stories and activities. Age 3-5 with adult. 703-689-2700.

Spanish Chats. 6 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Informal refresher for adults who want to practice Spanish. 703-689-2700.

SCHOOL NOTES

Sara Anne Schlegel of Reston, a sophomore majoring in biology in the College of Science, was one of 127 Hokie Ambassadors who volunteered for the Office of Undergraduate Admissions at Virginia Tech during the 2008-09 academic year.

Louis Marquet of Reston was one of nine Spanish majors from the College of the Holy Cross class of 2009 to be named North American Language and Culture Assistants by the Spanish government to teach English in primary, middle and

high schools throughout Spain.

Jennifer Dawn O'Neil of Reston graduated with a master's degree in curriculum and instruction from McDaniel College.

Christopher Grill of Reston, a recent graduate from Virginia Tech's Architecture and Urban Studies with a degree in Industrial Design, has been selected for "Who's Who Among Students in American Universities and Colleges."

Jason Aaron Harte of Reston earned Bachelor of Science from Excelsior College in Albany, N.Y.

Kevin L. Moore, Michael Chirila, Tracy L. Tato and Zeb Barcus of Reston were named to Marymount University's Delta Epsilon Sigma National Honor Society.

Michael Cavaliere, Leslie Fishpaw and Christopher Tjomas of Reston were honored at Virginia Tech's fall graduate commencement ceremony Dec. 15.

Twenty-five **Armstrong Elementary students** recently traveled to the Hyatt Regency Reston where they spent the day shadowing Hyatt employees on the job. The students rode the Hyatt shuttle to the hotel then attended a staff meeting with the hotel's general manager. Students were able to shadow employees in a wide range of positions.

Summer Marie Thomas of Reston and was named to Episcopal High School's academic honor roll, for the third quarter of the 2008-09 school year. Thomas, a freshman, is the daughter of Tracy P. Thomas.

Aline Beaumont of South Lakes High School was named a Gold Award winner at the national level in the National Scholastic Art Awards.

Lake Anne Elementary was recognized as an official Certified Wildlife Habitat site by the National Wildlife Federation. In order to become certified, a

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com or call 703-917-6437. Deadline is Thursday.

Volunteers Sought for Annual Works Sunday, Aug. 15-16, sponsored by faith communities in Reston and Herndon featuring 22 opportunities for community service. 50 medical professionals and others are needed to help at a free health fair on Saturday, Aug. 15, 75 volunteers for a food drive at four area supermarkets on Sunday, Aug. 16, and 50 volunteers are needed to do maintenance at three Gabriel Homes residences for young adults with intellectual disabilities. Other projects include the Ronald McDonald House of Northern VA, the Jeanie Schmidt Free Clinic; worship services and luncheons at Hunters Woods and Lake Anne Fellowship Houses and

Herndon Harbor House; and musical programs at INOVA Cameron Glen, Tall Oaks at Reston and Sunrise Assisted Living. www.workssunday.org or 703-860-5141.

Congregation Beth Emeth Shabbat BBQ, Friday, Aug. 14 at 6:15 p.m. at 12523 Lawyers Road, Herndon. Hamburgers, hot dogs, games and sports followed by services outdoors at 8 p.m. \$10 individuals, \$30 per family. Prospective members free. 703-860-4515, ext. 101 or www.bethemeth.org/shabbatdinner.htm.

Chabad of Reston, Herndon's New Hebrew School provides an academic environment where children acquire a broad knowledge of Judaism through Hebrew reading, writing, Jewish history, holidays and more. Registration is now open for 2009-2010. 703-476-1829, Rabbi@chabadrh.org or www.chabadrh.org

property must provide the four basic elements that all wildlife needs—food, water, cover, and places to raise young—and must use sustainable gardening practices. The habitat at Lake Anne consists of a pollinator garden including a pond; a sponge garden, which is a natural way of filtering water; native plant species; and bird feeders.

Alex Chung of Reston has been named to the spring 2009 dean's list at Bryant University in Smithfield, R.I. Chung is a junior in international business in finance.

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SPORTS

Reston, Sterling Men Win World Championships

Greg Petrosian, from Reston, and Bruce McBarnette, from Sterling, won gold medals as part of the United States team at the World Masters Track and Field Championships in Lahti, Finland on Aug. 3-4. This competition is the world's premier age group track and field event. It groups competitors from around the globe into five-year age groups from 35 up to 100.

Both Petrosian and McBarnette competed in the 50 to 54 age group. Petrosian won the long jump at 20 feet 9 inches (6.32 meters) and McBarnette won the high jump at 6 feet and 2 3/4 inches (1.93 meters).

Both men won the World Masters Track and Field Championships in 2008 in the same events.

Petrosian holds the record for the best long jump of a man 5 feet and 6 inches tall, 27 feet and 9 inches. He is also a professional athletic trainer who has worked with world class athletes in many sports.

McBarnette has won a total of six world masters championships and competed for Princeton University when he was in college. His best performance is 7 feet 1 inch. McBarnette is an attorney, president of a real estate investing firm and is a professional film and TV actor.



From left, Bruce McBarnette and Greg Petrosian pictured in Lahti, Finland.



The Virginia Renegades include Nick Beaulac, Ryan Forrest, Billy McLaughlin, Austin Schweppe, Austin Lamon, R.J. Garcia, Kent Blackstone, Tommy Mulroney, Tyler Rice, Mitchell Bowers, Bobby Mason, Greg Krug and Devin Guthrie. The Renegades are coached by Joe Beaulac and Bob Lamon, and the team's Web site is <http://www.eteamz.com/renegebaseball/>.



Members of the North Hills Hurricanes, Teresa Porrier, left, and Christina Mazziotta, relax prior to swimming at the Reston Swim Team Association's All-Star meet on Saturday, July 25.

WEEK IN SPORTS

That's Fast

Competing at the USATF National Junior Olympic Track and Field Championships, on July 28-Aug. 2 at North Carolina A&T University in Greensboro, N.C., South Lakes graduate Vincent Brown won the 110-meter hurdles in the Young Men division. Brown finished the event with a time of 14 seconds flat. Earlier this summer, Brown ran a personal-best 13.91 in the 110 hurdles at the USATF Region III Championships.

RSTA Records

Under beautiful summer skies on Saturday, July 25, the Reston Swim Team Association conducted its final event of the season, which is the annual All-Star meet, which took place this summer at Lake Newport in Reston.

For the Hunters Woods Blue Marlins, Alex Li broke two individual records. Competing in the 11-12-year-old boys' age group, he set a team record in both the 50-meter freestyle and 50 backstroke. In the freestyle, Li broke his old record of 29.20 seconds with a time of 28.95, and in the backstroke

he broke his old mark of 34.52 with a new time of 33.54. Another team record was set in the 15-18 boys' age group when Kevin Cho swam the 50 freestyle in 25.60, breaking the previous record that was set in 1997 by Steven Webb (25.80). In the boys' mixed-age freestyle relay, Philip Pan, Thomas Evans, Alex Li, Logan Nasr and Kevin Cho set a record with their time of 2:03.68, eclipsing a mark that had stood since 1990.

Zachary Batts of the Lake Audubon Barracudas lowered his own time in the 15-18 boys' age group for the 50 breaststroke to 33.33. And in the 11-12 girls' 100 medley relay, Kaylyn Macaluso, Sabrina Groves, Anna Weidman and Madeleine Daum set a record with a time of 1:06.61. In the 15-18 boys' 200 medley relay, Austin Chute, Zachary Batts, Will Sickenberger and Andy Reinhold set a team record by touching the wall in 2:01.49.

The Lake Anne Stingrays' Jason Fu continued to impress. Swimming in the 11-12 boys' age group, he broke his old mark in the 50 breaststroke with a time of 37.62, bettering his old mark by well over two seconds. In the 15-18 boys' age group, Mark Rodakowski broke his old record in the 50

breaststroke with a time of 31.50, shaving almost three-quarters-of-a-second off of his previous best time.

By touching the wall in 33.21, Robin Brazier of the Autumnwood Piranhas set a record in the 15-18 girls' 50 backstroke, eclipsing a record that was set back in 1995.

Brad Dillon (Ridge Heights Sharks) set a record in the 15-18 boys' 50 backstroke with a time of 28.31, besting the record that was previously set by Adam Orton in 1997.

For the Newbridge Dolphins, Shannon Burke set a record in the 15-18 girls' age group. Her time in the 50 freestyle of 29.63 broke a mark that had stood since 2003. Burke also broke her old record in the 50 breaststroke with a her new time of 38.27, shaving over a second from her previous best time. In the 15-18 girls' 200 medley relay, the team of Krista Early, Maura Burke, Shannon Burke and Mary Okoth set a new record with a time of 2:21.19, breaking the old record of 2:21.44 that was set in 2003.

With a time of 29.50, Rachel Swarts of the North Hills Hurricanes set a record in the 13-14 girls' 50 freestyle, breaking her old mark that was set earlier this year.

Swarts also helped her teammates, Emma Tierney, Ellie Shelton and Patricia Tran, set a record in the 13-14 girls' 200 medley relay. Their time of 2:22.74 smashed the previous mark of 2:27.13 that was set in 2008.

Renegades Rule

The Virginia Renegades U-15 travel baseball team capped its season by winning the Cooperstown Baseball World Championship in Cooperstown, N.Y. The Renegades beat the San Francisco Fog, 3-0, behind a complete-game, two-hit shutout from Nick Beaulac. The Renegades scored three runs in the first inning and shut out the Fog with steady defense. To win the championship, the Renegades beat teams from the Dominican Republic, Puerto

Rico, Canada, New Hampshire, Pennsylvania and California. The victory in Cooperstown was the fourth tournament championship for the Renegades this season, as the team also won the Mickie Gordon Memorial Day Tournament in Purcellville, the Northern Virginia Travel Baseball League JV Championship and the Morgantown (W.Va.) Marathon.

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Time Out

By KENNETH B. LOURIE



It's been nine consecutive weeks of cancer-columns and though I have every intention (and need, quite frankly) of continuing them, this week I will be deviating from that most recent norm. And the reason for this deviation is a sad one. After 14 years and nearly two months, and after careful consideration and consultation with our veterinarian, we made the extremely difficult decision to euthanize Bailey, our sweet, affectionate and loving golden retriever.

Purchased as an 8-week old, pure-bred puppy in Aug. 1995 (born June 10), Bailey was my constant companion. As is common with goldens, they tend to bond with one member of the family; I was that family member. I nurtured him, attended obedience classes with him, trained him, fed and watered him, "treated" him, played with him and slept with him. And for that, I received his loyalty and devotion, as only dogs can give.

His death, from complications from pneumonia (of unknown origin), a mega-esophagus, a cancerous tumor in his spleen which required major surgery, and hips which couldn't support his weight, were too much to overcome.

Trying not to be selfish, and trying to consider what would be in Bailey's best future-quality-of-life interest, given his age (88 on the relative-to-humans age chart), we all agreed that the medical demands on an old dog with limited life expectancy under ideal circumstances, let alone one needing anesthesia, surgery, post-op recovery and rehabilitation, multiple medications to treat his miscellaneous infections, all to be followed by weeks of chemotherapy, seemed excessive.

Three hours after the first phone call with our veterinarian when she outlined Bailey's multiple health problems, we decided to end Bailey's suffering and so we called back. A verbal authorization was needed. A second veterinarian came on the phone and asked me the necessary questions. With tears streaming down my face and my answers a jumbled, cracking mess, I got the words out to euthanize Bailey. And then it was over. We said we wanted Bailey's ashes and then they asked if we wanted a clay-mold paw print. Which of course we did; physical reminders we will always cherish. We'll likely bury Bailey's ashes next to his cat-brother Smokey, with whom Bailey was raised. They began their lives together (as kitten and puppy) and they now they will spend their after-lives together as well.

Bailey's demise seemed to happen so suddenly. Days before, he was trotting around the yard with a huge rock in his mouth (as usual). Then his eating slowed down, then he had trouble getting out of his bed, then he started throwing up; all in matter of days. I called the vet that morning and got an appointment later that same day. After an initial examination, the vet asked if he could take x-rays of Bailey.

With my help, we lifted Bailey on to the x-ray platform. A few minutes later, the vet showed me Bailey's x-rays. There was a huge mass/blockage in his throat, which explained why Bailey hadn't been eating. He had a temperature as well. The doctor's mood was grim. He recommended that to get Bailey the immediate medical care he needed (rather than waiting weeks to see a specialist; they're all so busy, he said) I should take Bailey to the Emergency Veterinary Hospital in Bowie, one with specialists, that night, for an immediate assessment, which I did. And the rest you've read. The end came approximately 20 hours later.

Bailey was a great dog. He was the center of our lives for more than 14 years. We loved him and miss him terribly. We think we see him and hear him all over the house. The last thing I did with him was hug him and kiss him on the mouth. We know he's at peace now and out of pain.

I imagine that soon we will be as well. Time is all we need.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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NEWS

Da Vinci Comes to Town Center

FROM PAGE 3

Gharagozloo, who is the surgeon-in-chief and director of the Washington Institute of Thoracic and Cardiovascular Surgery. "So, having the academic partnership and then the fantastic community situation we have (at Reston), it's just the best of both worlds. This is just the way it needs to be."

THE DA VINCI Si HD robot is a way to perform complex surgeries with less pain, greater precision, fewer complications, a shorter hospital stay, smaller incisions, less blood loss and a shorter recovery time.

"The savings to the patient from a psychological/physical/everything standpoint to the healthcare system of the nation is enormous," Gharagozloo said. "So you have a machine technology that has now transformed the way you deal with a disease. In the chest that is really a big deal."

Gharagozloo wrote the book "Robotic Surgery," which was published in 2008, and has been performing robotic chest surgeries for six years.

"Dr. (Marc) Margolis and I, we are the people who actually designed the surgeries for this in the chest," Gharagozloo said. "For the chest, that's the largest program in the world, so we weren't really trained, we designed it."

Gharagozloo explained that the machine replicates the physician's hand movements in real time, while the physician sees what

they are doing magnified three times.

"The issue is, this machine changes the whole way of dealing with a disease," Gharagozloo said. "When we do cancer surgery with this [da Vinci machine], I leave that [operating room] thinking, 'You know what, unless it's microscopic, there's nothing left in there.'"

In addition to all of the physical benefits of robotic surgery to the patient, there is a decrease in cost as well.

THE PARTNERSHIP of Reston Hospital Center and George Washington University Medical Center brings an academic level of care to a passionate community hospital, something that Gharagozloo is proud of and excited about.

"I think the message we would like to give to Northern Virginia is that, for a long time the [Potomac River] has been like The Great Wall of China, patients in Virginia have not seen what is on the other side," Gharagozloo said. "So, what has happened is patients who want care of an academic level go to Hopkins, Mayo Clinic or Cleveland, they go outside. I think what we are bringing to the table right now is an academically-based, patient-centered, caring program that is more cutting-edge than anybody else."

For more information about the da Vinci Si HD surgical system, visit www.daVinciSurgery.com.

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