

PHOTO BY MIKE DICICCO/THE CONNECTION
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Yusef Atrous, 8, gets into the spirit of the ninth annual Reston Multicultural Festival, Saturday, Sept. 26, at Lake Anne Village Center.

Lake Anne Goes Global

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In the crafts area, Phoebe Liu of the Taiwan Buddhist Tzu Chi temple adjacent to Lake Anne Village Center teaches Sophi Kawachi, Nadia Aparicio, Isabel Babonneau and Suzi Kawachi to make dolls from string using Chinese knotting.

Lake Anne Goes Global

Multicultural Festival brings out performances, food, crafts and crowds of many cultures, in spite of rain.

The constant drizzle that set in early Saturday afternoon, Sept. 26 brought the many cultures represented at the ninth annual Reston Multicultural Festival that much closer together, as they gathered under tents, seeking shelter. Many festival goers, though, had come prepared with umbrellas and stood undaunted through the performances in the light rain. More than two dozen musical, dance, theatrical and martial arts groups from across the region, representing cultures from around the world, performed on three stages at Lake Anne Village Center throughout the day, although the one outdoor, uncovered stage was eventually shut down due to the weather. Children's games, arts and crafts, workshops, and demonstrations were also featured, and the Global Market sold various ethnic crafts and accessories, while the Global Café offered foods from Nigerian dishes to Virginia gourmet foods. The Reston Community Center sponsored the event.

— MIKE DICICCO



Osman Cubas of Guapos Rotisserie Chicken fixes a dish for Eva Arguello and Flavio Gonzales, 6. Guapos was one of several food stands in the festival's 'Gobal Café.'

PHOTOS BY MIKE DICICCO
THE CONNECTION
Claire Freeman of the Hawaii State Society Ukulele Hui dances as the band plays 'The Hawaiian War Chant.' 'Rain, in Hawaii, is considered to be good luck,' the bandleader told the crowd as the afternoon drizzle picked up.



PHOTO CONTRIBUTED

Iona Sedan Service owner Johnny Mills, right, poses with his wife, left, their Ghanaian partner Tsebi Obtesibi-Lampsey, center, and children from the Christian Worship Center Orphanage in Accra, Ghana, displaying some of the items the Mills Foundation donated last year.

Helping Overseas Orphans

Reston business owner returns to homeland bearing gifts.

On Oct. 16, Reston resident Johnny Mills, owner of the Reston-based Iona Sedan Service, will travel with his wife on a two-week trip back to his homeland of Ghana, where he hopes to bring aid to a children's hospital and two orphanages. Mills is attempting to raise enough money to cover the supplies needed for his mission.

Last year, after visiting Ghana in January, Mills and his wife started Mills Foundation Inc., a certified nonprofit organization, to build a playground at the Christian Worship Center Orphanage in the country's capital city of Accra. Over the course of two more trips to the country, and with help from Capital Baptist Church in Annandale, to which Mills belongs, they were able to build the playground and deliver clothes, shoes, books, sports equipment and school supplies to the orphanage. The facility, supported by a church, houses 36 children ages 2 to 16, who also attend school there, he said.

Mills said the couple had talked for years about doing something to help his homeland. "We don't have any kids of our own, so we figured we would find some kids to help out," he said.

Since last year, with the help

of a board member who lives in Ghana, they located another orphanage in need, Mei Wei Children's Home, located in Cape Coast, about two hours outside Accra. "Let's just say that the place where we built the playground is a little better established than the one in Cape Coast," Mills said. Twenty-two children and young adults between 6 months and 22 years old live at Mei Wei, he said, most of them having been found living on the streets. There, Mills plans to rebuild the fence, paint the building and replace the toilets and windows. He would also like to bring another shipment of clothes and supplies for both orphanages, he said.

Since they were helping the orphanages, he said, they thought they would try to help the hospital that serves them. Mills plans to buy ambulatory bags, digital thermometers, pediatric oxygen masks, nebulizers, and baby and pediatric scales for Princess Mary Louise Children's Hospital in Accra.

However, he said he wasn't asking for more from his church, which had already funded much of his first effort. "Mainly because of what I do, I'm relying on clients," he said. "With the economy, that didn't quite work out as well as I thought it would." So far, he has raised about a third of the \$20,000 that he estimated the supplies would cost, having priced them out at the favorable exchange rate, and is seeking donations from the community.

— MIKE DICICCO

Jazz & Blues Festival at Lake Anne

Lake Anne Village Center is hosting a free Jazz & Blues Festival on Saturday, Oct. 3, from 12-6 p.m. Some of the Washington, D.C. region's favorite bands are scheduled to perform on the lakeside plaza, including Afro Bop Alliance, 2009 Grammy Winner for "Best Latin Jazz Group," plus three more headline bands: Sara Jones, The Dixie Power Trio and the Mykle Lyons Quartet, on stage at Lake Anne Village Center, 1609 Washington Plaza, Reston. General admission and parking are free. A small fee of \$3 for wristbands provides access to the Food and Beer Garden. Spectators are welcome to also bring their own chairs. For Jazz & Blues Festival information, call 703-582-6475 and go to www.lakeanneplaza.com or www.lakeannearts.com.

Nominations Open for Citizen of the Year

The Reston Citizens Association is now accepting nominations for the 2009 Reston Citizen of the Year. Nomination forms may be obtained at the RCA Web site, www.restoncitizensassociation.org, or by contacting any member of the RCA Board of Directors, whose names are also available at the Web site. Completed Nomination Forms must be received by not later than Nov. 5, and should be sent to:

RCA Citizen of the Year Committee, c/o Ms. Barbara Burleson, 11400 Washington Plaza West, Reston, VA. 20190.

The criteria for selection are: Reston resident for at least five years; actions consistent with goals of Reston and RCA; actions contribute to better quality of life in Reston; people in need benefit from actions; deeds done without thought of personal recognition; and, person not currently serving as elected official or member of Board of community organizations RA, RCA, or RCC.

Light the Night Walk at Town Center

The National Capital Area Chapter of The Leukemia & Lymphoma Society (LLS) will host the Northern Virginia "Light The Night" walk on Saturday, Oct. 3 at the Reston Town Center. Festivities start at 3 p.m., registration at 5 p.m., walk at 7 p.m. LLS is calling upon area residents to join the fight against blood cancers, the leading disease killer of Americans under 20, by participating in this exciting fundraising walk event.

For more information, or to register, contact the National Capital Area Chapter of The Leukemia & Lymphoma Society at 703-399-2941, or visit www.lightthenight.org/nca.

Using Art to Promote Learning

The Fairfax County Office for Children, in partnership with Fairfax County Public Schools and Fairfax Futures, will launch the "Early Learning Through the Visual Arts" project on Monday, Oct. 5 at 9:45 a.m. at the Greater Reston Arts Center, located at 12001 Market St. in Reston.

Community-based preschool teachers, family child care providers and Head Start teachers worked together to develop a guide book that shows how exploring art can help prepare preschoolers for academic success.

Children from the Laurel Learning Center and the Lake Anne Elementary School Head Start program will tour Greater Reston Arts Center, participate in dance activities, and create artwork inspired by the current exhibition, "Divining Nature: An Elemental Garden."

Home Expo at Sheraton Hotel

Learn more about home related topics at the 2009 Reston Home Expo on Saturday, Oct. 2, from 10 a.m.-2 p.m. at the Reston Sheraton Hotel. Free. The six, half-hour mini-seminars will appeal to homeowners, board members and officers and organization planning committees.

NEWS

Cannon Gets Fired Up

On short schedule, 'Mac' Cannon campaigns against Plum as pragmatic consensus builder.

BY MIKE DICICCO
THE CONNECTION

Hugh "Mac" Cannon is hustling to make up for lost time. While many others running for the state legislature announced their candidacies in June, Cannon announced his intention to run as a Republican against longtime Del. Ken Plum (D-36) on Sept. 8, after the previous Republican runner backed out of the race. "Ever since that happened, we've just been running full-bore," he said, as he prepared to make the rounds of four more back-to-school nights last Wednesday, Sept. 16.

Cannon is the first Republican to run for the seat in a decade.

At 32, this is his first foray into politics. "I've always been enamored with the idea of serving in public office, and when I say serving, I mean serving," he said. With a background in business management, he is running as a fiscally conservative, pragmatic and business-friendly candidate who is not averse to reaching across the aisle. "I'm a big person on compromise. I'm not a divisive person by nature," he said, adding that if people agree on 80 percent of the issues, those issues ought to take the forefront. "The partisan bickering piece is tired and it's been used too long."

Since 2006, Cannon has worked as an association executive with Association Management Group Inc. in Tysons Corner, where he serves as executive director of the American Council of Engineering Companies of Metropolitan Washington, a trade association. He is aware this sounds confusing, so his business card is double-sided, he said. Previously, he worked as a senior program manager in the Leadership Department of the nonprofit Society of Nuclear Medicine in Reston.

He grew up in Oakton and now lives in south Reston with his wife and three young children.

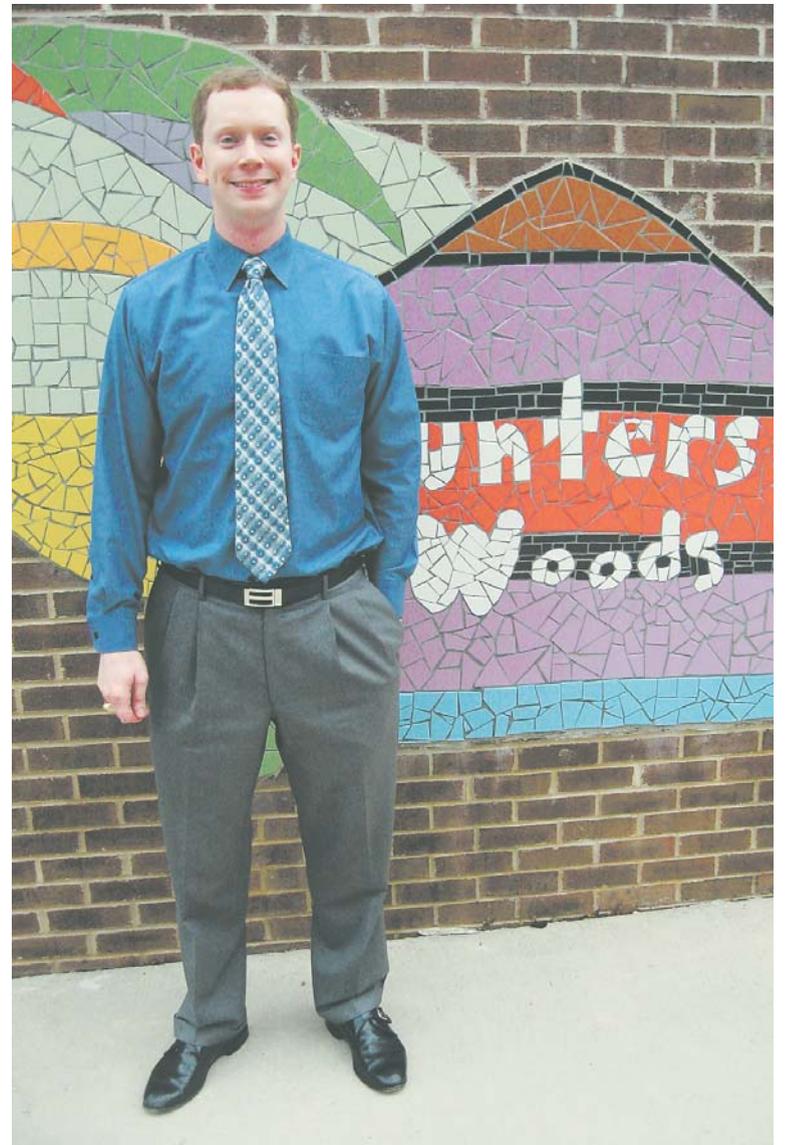


PHOTO BY MIKE DICICCO/THE CONNECTION

Hugh 'Mac' Cannon poses outside Hunters Woods Elementary School while he waits to greet parents at back-to-school night.

As a delegate, he said, his priorities would be cracking down on crime, reducing traffic congestion, maintaining a healthy environment for business and managing the funding and implications of Rail to Dulles.

Cannon said his professional experience had put him in contact with many of the players involved with Dulles Rail and that he supported the project but also had some concerns about it. "I want it to go to the airport. I'm glad that it's in Reston," he said, noting that he had moved to the area in part because he wanted to be close to a Metro line that he could take to and from his job. But with a rail to Wiehle Avenue the only certainty, he said planning was in order for dealing with the influx of traffic and Metro riders and figuring out the best way to complete the rail.

As far as funding the second phase of construction, Cannon said he would be open to all sides of the debate, "because that gives me a sense of where the center

point lies." He said he was wary of plans for a commercial tax district in the Dulles corridor to help pay for rail and wanted to know the details of how large the district would be and what the impact would be on those businesses. While rail should be a benefit to nearby businesses, he said he wouldn't want the tax to drive companies out or deter those thinking of moving to the corridor.

And Cannon said he was still listening to the debate about increasing tolls to fund the project. "I'm not against tolls being increased, and I'm not for them being increased, per se," he said, adding that the costs and benefits needed to be weighed. But he said he would "definitely" lobby the state for more funding for rail.

Another complication resulting from the arrival of rail, Cannon said, was that crime would spike, like it did around the Springfield Metro station in its first years, as access to the area was opened to people from other parts of the re-

SEE CANNON, PAGE 14

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GRACE Presents 'Divining Nature'

The Greater Reston Arts Center (GRACE) is presenting Rebecca Kamen's Divining Nature: An Elemental Garden, a sculpture installation inspired by the periodic table of chemical elements, Oct. 1-Nov. 14, with the Reception and Catalog Signing on Saturday, Oct. 17, 5-7 p.m. Gallery Talk is at 6 p.m.

Kamen is the recipient of numerous awards including a Virginia Museum of Fine Art Professional Fellowship, a Strauss Fellowship from the Arts Council of Fairfax County and a Pollack Krasner Foundation Grant.

Divining Nature: An Elemental Garden is funded in part by the Arts Council of Fairfax County. Additional support was provided by Helen and Ronald Dunn. Greater Reston Arts Center is also grateful for program support from the Reston Community Center. GRACE programs are sponsored in part by the Virginia Commission for the Arts and the National Endowment for the Arts. Upcoming GRACE programs include Appetite for Art: Contemporary Art Series, Co-sponsored by the Reston Community Center, Mondays, Oct. 5, 19, 26 and Nov. 9, 10:30 a.m.-12 p.m. Call Reston Community Center for registration and fees.

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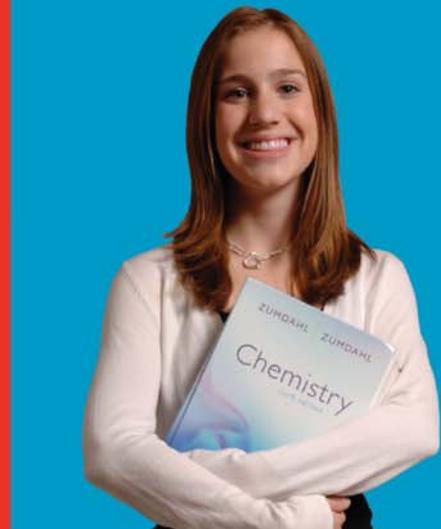
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Farmers Markets Still Open

One more way to support local businesses and the economy.

There might be a chill in the air, but local farmers markets will be open well through October, with many open well into November and beyond, with markets in Oakton, Alexandria and Leesburg open year round. Farmers markets are a wonderful source of locally grown and produced items, including fruits and vegetables of many

kinds, greens, apples, pumpkins, chrysanthemums, meat, dairy products, flowers, eggs, honey, baked goods, and more. The markets are colorful and friendly, and often also offer live music. Many markets include experts on gardening, landscaping and cooking. Recipes and tips for cooking with local produce are available.

But many farmers markets report a drop in customers after Labor Day.

Buying from local markets promotes local, sustainable and organic agriculture, and the local economy. Buying food grown close to home helps the environment and helps reduce global warming by saving the energy used to transport the produce.

EDITORIAL

Taking children to the farmers market to help pick out their fruits and vegetables can help expand their horizons on

healthy foods.

SAMPLER OF LOCAL FARMERS MARKETS

In Fairfax County, see <http://www.fairfaxcounty.gov/parks/farm-mkt.htm>
 Vienna/Oakton Farmers Market, Wednesdays, 8 a.m. – noon, through Nov. 18, Oak Marr RECenter, 3200 Jermantown Road
 Frying Pan Farmers Market, Herndon, Wednesdays, 8 a.m. - 12:30 p.m., through Oct. 28, Frying Pan Farm Park, 2709 West Ox Road, Herndon, in front of Frying Pan Country Store
 Herndon Farmers Market, Thursdays, 8 a.m. – noon, through Oct. 29, Old Town Herndon, 777 Lynn Street, next to the Red Caboose
 McLean Farmers Market, Fridays, 8:30 a.m. - 12:30 p.m., through Nov. 20, Lewinsville Park, 1659 Chain Bridge Road in McLean
 Great Falls Farmers Market at Village Centre, Saturdays until Nov. 21
 Reston Farmers Market, Saturdays, 8 a.m. – noon, through Oct. 31, Lake Anne Village Center, Reston
 Farmers Market at reston Town Center Pavillion, Thursdays, 3:30 p.m.

Keeping Virginia Business-Friendly

BY JACK KENNY

PAST PRESIDENT, REPUBLICAN CLUB OF GREATER RESTON

Yes, Virginia you are among the leaders as a business-friendly state. [“Top State for Business”, Ken Plum, The Reston Connection, Sept. 23-29, Page 4]. The reasons are many. However, in these difficult times and with the coming election on Nov. 3, we face a critical choice. Two proposals provide a serious threat to Virginia’s business reputation: Cap and Trade and the union-backed effort to eliminate the secret ballot in employment elections.

It is generally accepted that the Cap and Trade initiative will substantially increase the cost of doing business in Virginia. At present, Virginia is an energy-deficient state. We import energy from surrounding states. The cost of that energy will increase and the Law of Unintended Consequences will take over. The price of virtually every business activity in the Commonwealth will escalate and those costs will be passed on to Virginia consumers — a hidden tax. In our rush to somehow control global warming, we have yet to determine if “Cap and Tax” will solve or even measurably impact global warming.

The second threat to Virginia’s business base is the Big Labor bill in Congress. Known by some as “Card Check,” this union-driven proposal is a direct attack on one of the pillars of Virginia’s success — Virginia’s Right-to-Work laws. Labor costs for businesses in Virginia are balanced by competition. In the 36th state house district, we enjoy one of the highest rates of



A DIFFERING POINT OF VIEW

family income in the nation. This is mostly brought about by the federal government through direct employment and jobs with contractors.

It seems strange that our representative to the House of Delegates boasts about how wonderful Virginia is for business. As chairman of the Democrat Caucus in the House of Delegates, he is heading a campaign being fueled in large measure by corrupt, out-of-state labor unions. Mr. Plum’s effort to win reelection and control of the House is being underwritten by the very people who are bent on attacking our business base. Ask yourselves, why should we vote for a delegate who tries to drape himself with respectability in his newspaper column for his constituents and then traipses to Richmond to vote against the very policies that make Virginia a great place for business?

He may applaud “reasonable regulations”, but then he advocates a Cap and Trade proposal loaded with mandates on business. He praises low taxes, but his record of more than 30 years since his first election to the House is

littered with advocacy of a plethora of tax hikes, including imposing a Fairfax County income tax and raising the gas tax, despite the fact that the formula under which gas tax revenues are distributed means Northern Virginia would get back some 25 cents for every dollar sent to Richmond.

Most amazing is the fact that our current delegate can even talk about business when he has never owned, operated or worked in one. His entire adult life has been spent on the public payroll. He is deeply ingrained in spending tax dollars. What he has never done is meet a private payroll that generates tax dollars. Over the past eight years, when Mr. Plum’s party has controlled the governor’s mansion, spending by Virginia state government has increased more than 8 percent per year. That’s faster than the rate of inflation and growth in population combined. And we’ve continued to get back just 25 cents on each dollar of such spending. The 36th House District will continue to be a cash cow for the rest of Virginia.

No Virginia, we do not need to handcuff our business community. We do not need our pockets picked. Ronald Reagan had an apt description of those with such a philosophy: “If it moves, tax it. And if it stops moving, subsidize it.”

The better course is to elect those who do not see business as a cow to be milked. Rather it is a goose that lays golden eggs. If we want jobs and small business growth, business should be nurtured through low taxes, reduced regulations and a favorable labor environment. Those are the issues in this campaign. Vote Nov 3.

LETTERS TO THE EDITOR

Lack of Leadership In Time of Change

To the Editor:

As a Reston resident for some 13 years, I have always been fascinated by the multiplicity of organizations representing Restonians’ interests. This has not always produced clear policies or decisions, but by and large our interests have been looked after reasonably well.

This is decidedly not the case where the much-debated, much-discussed, but unimplemented changes to the Reston Master Plan (RMP) are concerned. Everyone appears to agree that decisions on modernizing the RMP are badly needed, but so far, little has been achieved. This, in the face of the ongoing construction of the Metro extension, which will so fundamentally change our lives and neighborhoods.

I don’t so much blame RA, RCA, Arch, RCC, RCIG, Town Center and other groups for this; rather, I criticize our locally elected officials Howell, Hudgins and Plum for their lack of initiative, planning and leadership in the face of what is to come.

Without a revised and reconstituted RMP, how can Reston residents, business people and developers (yes, they need a fair shake, too) arrive at meaningful decisions to support our conjoint interests as the project gathers steam and Fairfax County (FC) begins to take fundamental decisions?

I don’t want to demonize FC. It is suffering budget cuts and has few staff or resources to devote to

SEE LETTERS, PAGE 7

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LETTERS TO THE EDITOR

FROM PAGE 6

discussions with so far uncoordinated Reston groups. The result is that even if there is a general wish on all sides to do a good job to improve Reston's roads, traffic, environment, structural growth and quality of life, it is unlikely to translate into a positive plan, as things stand.

Why have Ms. Howell, Ms. Hudgins and Mr. Plum not together organized all the many Reston entities and the public to reconstitute the RMP, in concert with FC and shown some initiative? Land Use Colleges and charrettes won't hack it, I'm afraid. Without a basic operating structure like a new RMP, how can anyone arrive at anything measurable or sensible at all? The result is that we are slowly but surely moving towards a series of confused and disconnected decisions that will affect our lives and neighborhoods for decades to come. Whether these will be for good, bad or indifferent is impossible to predict.

Restonians, whatever views they may hold individually or collectively, deserve better. All three of our representatives need to step up to the plate actively to define and organize our needs in a coherent way. Thus far, I think they have done a pretty poor job.

John Hanley
Reston

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Community Book Loving Festival

Friends of the Reston Regional Library sponsors Fall 2009 Semi-Annual Book Sale.

By JANELLE L. PLUMMER
THE CONNECTION

Friends of the Reston Regional Library sponsored its fall 2009 semi-annual book sale from Thursday, Sept. 24—Sunday, Sept. 27.

Andrew Pendergrass, the library branch manager, said nothing compares to book sales at Reston Regional library.

"I love the environment of the sale," Pendergrass said. "There are as many as 100 people. It's a community book loving festival."

Pendergrass said although the library supports the book sale, the Friends do the real work. The Friends of the Reston Regional Library are an active group who support the library.

"They support the library financially," he said. "They allow us to do many things such as programming and improve seating. They provide critical needed support."

Charly Karlsson, the organizer of

the semi-annual book sale, said book sales have generated more than \$30,000 over the past years.

While the money has remained constant from previous years, Friends hopes that this year's book sale will also be a success.

Books are donated from residents within the community. The Friends of the library hosts a book sale in the fall and one in April. The community donates between 35,000-40,000 books per sale.

Kelley Westenhoff, a board member of the Friends, said the group has no target goal for the book sale. However, she said, down the road, the library will be in need of renovations.

"We want to be in that position [to help]," Westenhoff said. "This is a great community."

In the end, Terri Gollofer, a teacher and Herndon resident who attended the book sale on Friday, Sept. 25, said used book sales are good, despite an economic downturn.

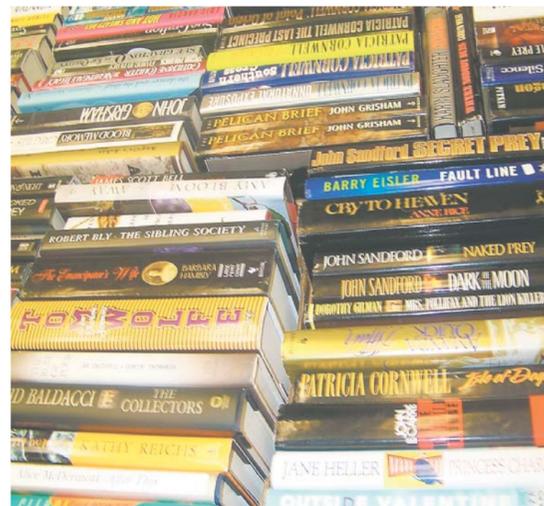


PHOTO BY JANELLE L. PLUMMER/THE CONNECTION

Reston Regional Library accepts book donations from residents within the community. More than 35,000-40,000 books are donated per book sale. The next used book sale will take place in April 2010.

"It's the ultimate way to recycle," Gollofer said. "[You can] save money in these economic times." The library accepts books in saleable good condition, collectibles,

puzzles maps, computer books and other items. See the Reston Regional Library official Web site for additional details. The next book sale will take place in April 2010.

— JANELLE L. PLUMMER

What did you come for; what did you find at the book sale?

Terri Gollofer, teacher, Herndon
"Audio books. I love audio books. In this fast paced area, it makes a drive more entertaining. It makes you a calm driver."



Ann Stephens, self-employed, Reston
"This is always like a party in Reston. You have all these riches you can find. You never know who you are going to meet."



Robyn L. Woodbury, Ph.D., principal scientist, Oak Hill
"Gift ideas. Good for family members. I also like to look for literature classics. Seem to have something for everybody. [I am also] supporting the library."



Andrea Okwesa, Analyst for the federal government, Reston
"I love books. They are my passion. I use them as gifts for friends. I never miss book sales. Extremely low prices. I purchased a book on herbs and tea. I'm surprised people don't take advantage of it."



On the Move Step by Step

By JANELLE L. PLUMMER
THE CONNECTION

More than 100 people gathered at the Reston Town Center on Saturday, Sept. 26 with one goal in mind — to raise awareness in the fight against Alzheimer's disease.

Anthony K. Sudler, president and CEO of the Alzheimer's Association, said the organization does memory walks across the country.

The 2009 Northern Virginia Memory Walk opened with registration at 9 a.m. followed by an opening ceremony. The walk began at 10 a.m.

"It focuses on raising money," Sudler said, "because the community needs a place to come and advocate."

While Sudler said this is the first memory walk in Reston, he said the organization is branching out. Sudler said the walk in Reston will generate \$100,000 in the fight against the disease.

Bryn Pavek, the owner of Home Instead Senior Care, said the Northern Virginia Memory Walk is coming back. She said she is proud of Reston Town Center.

"Together we are taking steps to end Alzheimer's," Pavek said. Home Instead Senior Care, which serves Arlington, Alexandria and Falls Church, partnered with neighboring HISC offices in Northern Virginia to participate in the Alzheimer's Association memory walk.

More than 80,000-90,000 people in the District of Columbia, Mary-

land and Virginia region have the disease, according to the Alzheimer's Association.

Every 71 seconds, someone in America develops Alzheimer's. Nevertheless, Karen Zimmerman, who has the disease, said she was diagnosed at age 51.

"People think it's an older people disease," Zimmerman said. "I am now 53, and I am fighting to save my life."

Zimmerman, who worked in the hotel business for 20 years, said she started failing. She said she couldn't keep up with meetings and she started losing track of time.

"I thought it was menopause," she said. After being sent to a neurologist, she was diagnosed with early-onset Alzheimer's, despite having no family history.

"The medications I am on, they do not stop the disease," she said, "but they may slow it down."

Although Zimmerman has the disease, she has been nominated to be on the national board of directors of the Alzheimer's Association.

She said if her memory is still good, she could serve for two years.

"I have a loving husband," she said. "He stands by my side. I'm very blessed. I am still driving."

In the end, Zimmerman said when people know that they have the disease they tend to hide behind the curtain, but she's determined to have a voice.

"I would rather go down fighting than behind the curtain," she said.



PHOTO BY JANELLE L. PLUMMER/THE CONNECTION

Karen Zimmerman and Anthony K. Sudler, the president and CEO of the Alzheimer's Association, at the Northern Virginia Memory Walk at the Reston Town Center on Saturday, Sept. 26.

CALENDAR

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/OCT. 1

Farmers' Market at Reston Town Center Pavilion. 3:30 p.m. at Reston Town Center, 11900 Market St., Reston. Locally grown fruits and vegetables, locally raised meats and poultry, bread and cheese, salsa and sausage. 703-689-4699.

Open Mic for Bands Night. 9 p.m. at Jimmy's Tavern, 697 Spring St., Old Town Herndon, on the Corner of Elden and Spring Streets. Bands will have 30 minutes to play, and must pre-sign at soulcraftmusic@yahoo.com or 703-984-9114. Walk-ins only accepted if time permits. All types of music welcome. 703-435-5467.

Special Twos. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Stories and activities. Age 2 with adult. 703-689-2700.

FRIDAY/OCT. 2

Weekend Bluegrass Concert Series with Highground. 8 p.m. at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Jimmy Almarode (mandolin), Rick Altis (bass), Jeff Ritchie (banjo), Larry Taylor (guitar). \$12. www.holycrosslutheranchurch.net.

SATURDAY/OCT. 3

The Leukemia & Lymphoma Society's (LLS) National Capital Area Chapter Reston Light The Night Walk. 5:30 p.m. at the Reston Town Center, to raise funds to cure blood cancers. LLS recommends a \$25 donation to participate. Corporate sponsorship packages also available. 703-399-2905 or www.lightthenight.org/nca.

Reston Home Expo 2009. 10 a.m.-2 p.m. at the Sheraton Reston Hotel. Free. Meet vendors from a cross-section of specialties and answer home improvement questions. 703-435-6503 or arlene@reston.org.

Dulles Day Family Festival and 17th Annual Plane Pull. 11 a.m.-4 p.m. at Washington Dulles

International Airport, behind Cargo Building 5. Follow signs on airport grounds to event parking. Admission and parking are free. The Plane Pull pits teams of 25 people in a game of "tug of war" against a FedEx jet. Proceeds benefit Special Olympics Virginia. Kids' Bus Pull, games and activities, live music and car show. Aircraft on display include military, civilian and World War II-era aircraft: P-51 Mustang "Quicksilver," F4U Corsair, HU-16 Albatross and A-26 Douglas Invader, KC-135R, G-160, A-10 and more. 703-359-4301 or www.planepull.com.

Herndon High School Homecoming Parade. 9:30 a.m. "Children's Playtime" floats, Herndon High School Marching Band, Girl Scout and Boy Scout troops and more. 703-810-2200 or www.visitherndon.com.

Sing-Along With Miss Belle. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Songs and hugs for everyone. Birth-5 with adult. 703-689-2700.

MONDAY/OCT. 5

Preschool Storytime. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Storytime and activities. Age 3-5 with adult. 703-689-2700.

Kids Science. 3 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Stories and a science experiment. Age 5-7. 703-689-2700.

TUESDAY/OCT. 6

Colvin Run Community Center Weekly Dance. 7 p.m. at Colvin Run Schoolhouse, 10201 Colvin Run Road, Great Falls. \$10. www.colvinrun.org.

Turtle Time. 10:30 a.m. Oakton Library, 10304 Lymnhaven Place, Oakton. Meet a box turtle, explore the world of reptiles, and find out how you can help turtles in your neighborhood. Age 2-5 with an adult. 703-242-4020.

Literary Heroines. 7 p.m. Oakton Library, 10304 Lymnhaven Place, Oakton. Mansfield Park by Jane Austen. Adults. 703-242-4020.

Special Twos. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Stories and activities. Age 2 with adult. 703-689-2700.

GRACE TO HOLD MEMBERSHIP MEETING

The annual meeting of Greater Reston Arts Center membership will be held at the Arts Center on Tuesday, October 6 at 6:30 p.m. Beverages and hors d'oeuvres will be provided. The program will include highlights of GRACE programs over the past year and plans for the coming one, the introduction and confirmation of new board members and board appreciation for those who have completed their tenure of service to GRACE. Special thanks will be given to all GRACE volunteers and recognition to outstanding volunteers for their exceptional contributions. All members are invited to attend. Memberships are available and can be renewed at this meeting.

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The South Lakes High girls' volleyball team won the J.E.B. Stuart High School Raider Rumble Invitational on Sept. 12. The Seahawks defeated Springbrook and Wakefield high schools to advance to the championship match. There, South Lakes defeated host team Stuart, three games to two. The Seahawks were led by captains Stephanie Heimburg (middle hitter) and Jordan Hostetler (setter/opposite hitter).

Cheri Hostetler (left), head coach of the South Lakes girls' volleyball team, enjoys having daughter Jordan Hostetler on the squad. Jordan, who also played varsity for her mom last year, is one of the Seahawks' top players.



The Reston Seahawks prepare to run an offensive play against McLean in recent week one, 95-pound Central action of the Fairfax County Youth Football League. Reston won the game, 25-0. For write-ups on last Saturday's week two Reston football action, go to connectionnewspapers.com and go to either Reston or Herndon sports.

A Winning Mother, Daughter Combination for Seahawks Volleyball

Coach Cheri Hostetler is having a ball coaching daughter Jordan and the winning Seahawks.

BY RICH SANDERS
THE CONNECTION

For South Lakes volleyball player Jordan Hostetler, playing on a South Lakes' squad coached by her mother, Cheri Hostetler, is, well, pretty neat.

"For me it is real cool to have my mom as coach," said Jordan, a senior setter/opposite hitter and a team co-captain.

"She knows how I am and I know how she is. I know what she wants me to do and we don't fight a lot. Of course, I love my mom. But I am a teenage girl."

Cheri Hostetler loves having her daughter on the varsity squad. Jordan Hostetler is a key member for a South Lakes team that, going into this week, had already built a 7-3 record. That is a huge improvement from a Seahawks' team that was 5-12 last year and 2-15 two years ago.

"It's great," said Cheri Hostetler, of coaching her daughter. "It helps that she's talented. It would be harder if she didn't have good volleyball skills. She definitely holds her own on the court."

Jordan Hostetler, who did not begin playing volleyball until high school, leads South Lakes in assists (77) and aces (23). She and fellow co-captain Stephanie Heimburg, a senior middle hitter, are leaders on a team experiencing a breakthrough season. Heimburg leads the Seahawks in kills (96), solo blocks (73) and

stuffs (37).

Cheri Hostetler said both her daughter and Heimburg are good team leaders. Heimburg, a fourth year varsity player, often works with younger and lesser experienced players during practice. She is a natural teacher.

"Stephanie is more a coach," said Cheri Hostetler. "She will see someone's skill [level] and help them improve. She tries to pass her knowledge on to others. She coaches middle school [volleyball at Langston Hughes] in the spring."

Jordan Hostetler, meanwhile, comes alive on the court during team matches, encouraging and directing teammates.

"Jordan is more motivational," said Cheri Hostetler, of her daughter. "She'll say, 'Let's go, let's run this play' and that type of thing. Both Jordan and Stephanie would like to play in college one day."

Jordan Hostetler's near-perfect setting has been a huge factor in the Seahawks' ability to score points this season.

"She is serving, hitting and setting the ball better [than last year]," said Cheri Hostetler.

Jordan Hostetler, who plays during the offseason for the under-17 team within the Northern Virginia Volleyball Association, said she would love to coach volleyball one day at South Lakes.

"That's my plan," she said, enthusiastically. "I plan on coming back to South Lakes and coaching and teaching."

FOR NOW, Jordan Hostetler is excited about her senior year and the stellar season being experienced by the Seahawks. One of the season highlights thus far for South Lakes was capturing first place at the Raider Rumble, hosted by Stuart High School on Sept. 12.

"That was huge for them," said Cheri Hostetler, whose squad won three matches to take the tournament title. "They really worked hard for that."

South Lakes will have a big test this Wednesday, Sept. 30, when it hosts Stone Bridge in a Liberty District match at 7:15 p.m.

"It feels real good [to be winning] because this is my senior year," said Jordan Hostetler, a second year member of the varsity team. "We have always been known as the South Lakes girls' team that is easy to beat. Now, we are kind of a threat."

Jordan Hostetler said the Seahawks are a close knit team that focuses on playing well on the floor as a unit.

"We're all like friends," she said. "We don't have all the drama that you'd expect with teenage girls."

For Cheri Hostetler, being such a big part of Jordan's high school volleyball career is a thrill.

"The great thing is I get to see firsthand how well she is doing and I get to support her and be a part of her senior year volleyball experience," said Cheri Hostetler. "We've got a real good working relationship."

OPINION

Opportunities for Green Living

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)



It was déjà vu all over again, as they say, when I went to an announcement last week that several partnerships have been established in the area with General Motors and the Chevrolet Volt. The Chevy Volt is GM's entry into the electric vehicle market. It is a sleek looking, aerodynamic-styled, five-door, front wheel drive vehicle that uses electric power to drive the car at all times and speeds. For the first 40 miles it runs on battery current and for another 300 miles can

run on the electricity generated onboard from a four-cylinder engine generator. Everything looks good for the car except the price, which is now estimated to be in the \$36,000 to \$40,000 range.

The memories the occasion brought back to me were from 1997 when I chaired a task force that produced a 2-inch report, "Northern Virginia EV Market Launch, The Path to an EV Ready Community." I pulled the report from the shelf where all such reports go and was pleased with how comprehensive we had been in

looking at building codes, infrastructure needs and policy implications of the widespread use of electric vehicles. At the time, our actions were spurred by a federal Clean Air grant and the introduction of the Chevrolet EV-1. General Motors even loaned me an EV-1 for a day, and I drove it on the Beltway and through the community. It seemed to be a great car,

but without an onboard generator its range was limited to about 50 to 60 miles. General Motors dropped its production suddenly and moved on to producing the Hummer and other SUVs. The report went on the shelf until I took it with me to the announcement event. I do not believe there is any turning back on electric and hybrid vehicles again.

Appropriately, the announcement was made at the Green House Carbon Neutral Home in McLean. Through the use of efficient building design, innovative

technology, and smart location, the home constructed by West Group is the first carbon neutral home on the East Coast. It has been decorated by local designers to be the Designer Showhouse 2009 for the Charity Works fundraising campaign for four charities. It will be open from Oct. 10 to Oct. 30.

Visit www.charityworksgreenhouse.com for details. I recommend a visit. It is, as they say, sensible, sustainable and spectacular. It provides an opportunity for getting great new ideas for your own home. The Chevrolet Volt will be parked in the garage.

The home is on the Dominion power grid, but it achieves its carbon neutrality by purchasing green power from Dominion that comes from wind, solar, biomass and hydro. Individuals can make the choice to buy green power by going to www.dom.com or by calling 1-888-667-3000. Renewable energy costs an additional 1.5 cents per kilowatt-hour.

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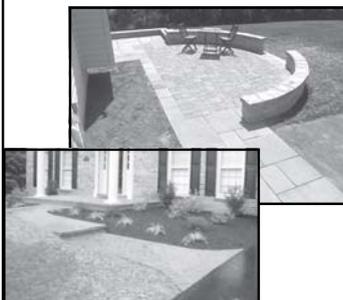
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BULLETIN BOARD

To have community events listed in the Connection, send to reston@connectionnewspapers.com. Deadline is Friday.

TUESDAY/OCT. 6

The annual meeting of the Greater Reston Arts Center, 6:30 p.m. GRACE is located at 12001 Market St #103 Reston VA 20190 - 703-471-9242. www.restonarts.org
Reston Garden Club will hold its meeting at the Lake Anne Community Center at 1 p.m. Members and guests are welcome to attend. The speaker, Chris Raney of the Washington Daffodil Society, will talk on "Daffodil Care and Culture." The club will also sell bulbs at the meeting. For more information visit www.restongardenclub.org.

WEDNESDAY/OCT. 7

USGS Public Lecture Series: Out of Africa—Dust in the Wind, by **Ginger Garrison**. 7 p.m. at the U.S. Geological Survey, 12201 Sunrise Valley Drive, Reston. Federal facility; photo identification required. Every year, billions of tons of fine desert dust from the Saharan Desert are transported thousands of miles through the atmosphere. What biological and chemical contaminants are hitch-hiking with the dust and how might downwind ecosystems such as coral reefs and human health be affected? 703-648-4333.

THURSDAY/OCT. 8

The Lupus Foundation of America Greater Washington Chapter (LWVFA) Support Group. 12 p.m. Reston Hospital Center, The West Wing Conference Room A, 1850 Town Center Parkway, Reston. Free. Cyndee Hochstrasser, 703-689-9240. www.lupusgw.org.

League of Women Voters of the Fairfax Area (LWVFA) October Meeting: A Look at Issues Critical to Democracy. 9:30 a.m. The League will be discussing its partnership with the U.S. Census Bureau. Materials will be on hand to suggest ways to reach out to Hard to Count Populations. 11908 Paradise Lane, Herndon. Charleen, 703-620-3593.

SCHOOL NOTES

David Shaw of Reston, a freshman majoring in general engineering in the College of Engineering, has finished new cadet week training with the Virginia Tech Corps of Cadets, the university's longest standing tradition of leadership development. The first year cadet experience at Virginia Tech is unlike the experience of most first year college students. The corps first year starts in August with new cadet week held the week prior to the start of classes. During new cadet week, incoming students undergo a series of challenges that build character and leadership skills.

St. Joseph School in Herndon is inviting all 4-year-old children and their parents to an open house from 10 to 11 a.m. Oct. 22. St. Joseph School received the Blue Ribbon of Excellence in 2007 because its students scored in the top 10 percent in the nation. Parents and their children will have the opportunity to meet Principal Joan Cargill, tour the state-of-the-art facility, including new kindergarten classrooms, science lab, art lab, and inner courtyard playground. Every child will receive a special gift at the open house.

"Discordant"



By **KENNETH B. LOURIE**

I dreamt it. Now I have to define it. Why that word was in my head while I slept, or the context in which it appeared, I do not know (I can't recall, actually). But when I awoke, there it was, top of mind. And, so to the dictionary I went and now I know the word's meaning. As to why (its literal meaning aside) it was in my thoughts, its meaning, now defined, escapes me.

According to The American Heritage Dictionary, New College Edition, discordant is defined as 1. "Not in accord; conflicting. 2. Disagreeable in sound; harsh or dissonant." ("Dissonant?" Now I have to look that up.) "Dissonant" - "Harsh or inharmonious in sound; discordant," (among other definitions). Well, now that we've cleared that up, I can get on with this column.

Up until this column/this moment, I don't believe I have used the word "discordant" in any sentence I have ever written or spoken. Why it appeared last night, in the middle of my sleep, seems most peculiar. Perhaps it was the Chinese food that I had for dinner with my brother, Richard, before we attended evening services for Rosh Hashanah that laid the groundwork. High Holiday services will definitely cause one to consider the big picture, especially when "reading responsively" all the passages about God, life, death, prayer, self-worth, etc. characteristic of the opening of the Book of Judgement. Perhaps it was our usual discussion concerning my lung cancer diagnosis and my activities of daily living, vis-a-vis, hoping and coping, that implanted some thoughts in my subconscious.

But none of it lead to any discord, that I was aware of. We both agreed that the Chinese food was edible. Both agreed why and when to leave the Rosh Hashanah services and both agreed that we needed to get together more often. Furthermore, we both agreed that, all cancer-treatment effects considered, I looked (and I felt) pretty good. In the parking lot, we hugged, said our good-byes and off we both drove. No fuss. No muss.

Once in the car, I turned on the radio to ESPN 980 to catch the end of the Red Sox/Orioles game from Camden Yards to find out that the Sox were leading 3-1 in the eighth inning. More good news. I enjoyed listening to that broadcast for about 20 minutes, as long as it took me to drive to the Greenbelt Metro Station where I was picking up my wife, Dina, coming home from Virginia, where she had been working and acclimating to a new job; again positive all the way around, no discord or dissonance.

Now what happened on the ride home and at home once we arrived was also nothing out of the ordinary, either. There may have been a few conflicting chords plucked but not so that my mind should have searched its data base to insert a word in my subconscious to explain it, so that when I awoke I was consciously preoccupied with determining its meaning. So what does it all mean?

I know one thing it means, maybe I should just mind my own business.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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Needed for busy private school. Previous experience handling a multi-line switchboard a MUST! Computer experience helpful, but not required. Job includes answering a busy, multi-line switchboard, greeting clients, copying and some data entry. Salary based on experience. Benefits are not included. Send resume to Gay Johnson-Huffman, School Business Manager, Christian Faith & Fellowship School, 21673 Beaumade Circle, Suite 600, Ashburn, VA 20147.

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Accounting firm in Reston seeks individual with knowledge of Word and Excel for full-time Administrative Assistant position in tax department. Attention to detail and accuracy are important. Responsibilities include billing and mailing tax returns, preparing tax extensions, word processing, data entry and filing. Excellent salary, benefits and flexibility. Fax resume to 703-391-9004. Visit our website: www.gcacpas.com.

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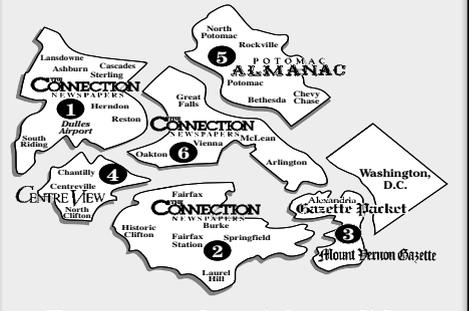
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Cannon Challenges Plum

FROM PAGE 4

gion. This brought him to another part of his platform. He said he wanted a “zero-tolerance” policy toward violent criminals, drug dealers and sexual predators, with an emphasis on cracking down on gangs.

Cannon said he agreed with Republican gubernato-

cataloguing and selling off some of its surplus land and said he thought Virginia could do likewise, with at least half the revenues going into the transportation fund, and he suggested that money from the sale of offshore oil-drilling licenses could also fund transportation. He also said he wanted to explore funding more transportation infrastructure through public-private partnerships, which were common in his field of engineering, bringing the power of the free market to bear on public needs. “I think it’s common sense,” he said. “I think it’s a no-brainer.”

Also, Cannon said he wanted transportation money allocated proportionately to vehicle miles traveled, population density or some other measure that would bring more funding to the clogged traffic arteries of Northern Virginia, noting that the region only gets back 25 cents from each dollar it pays in state taxes.

As far as nurturing businesses, he noted that Virginia was already ranked among the best places to do business, in large part because of the work of Democratic Gov. Mark Warner. “He worked with a bipartisan approach to get things done for the state,” Cannon said. He said he agreed with McDonnell’s idea of giving tax credits to new, small businesses

energy and air of leadership.

From what he knew, Locock said he expected the candidate to be hard on crime, fiscally conservative and business-friendly. With residents worried about unemployment, government spending and the funding plan for phase two of Rail to Dulles, Locock said Cannon would be appealing to voters. “I think he’ll do something to speak up for local taxpayers,” he said.

This was something he said he didn’t think Plum had done enough, but the delegate has rarely been challenged in his three decades in the House. “We think he’s had a bit of a free ride,” Locock said of Plum.

“I think he would bring some fresh, new ideas to the position,” said former Reston Republican Club President John Palatiello of Cannon. He said he was not surprised that a Republican would choose this year to try to unseat Plum. “When you look at what’s happening across the river and the governors’ race, this is going to be a pretty good year for Republicans,” he said.

He also cited the failure of the General Assembly to come up with a transportation plan or cut spending, as well as the imbalance between the taxes Northern Virginia pays and what it gets back, as factors that could help Cannon’s race against Plum. “If you’ve been there 30 years, you’re part of that process,” he said.

Reston is generally regarded as a relatively liberal community, but Palatiello said the votes were there for Cannon to win. “There is a significant

block of Republican voters in the 36th who generally vote every four years in the presidential election,” he said, noting that Republican congressmen Frank Wolf and Tom Davis had carried the area when it was part of their respective districts, as had former Sen. John Warner (R).

Having grown up in the area, Cannon said he wanted to give back to the community and “bring the representation they deserve. I think there’s a lack of that now.” Cannon was aware that the district tended liberal but had never been put off by large obstacles. “There are folks that deserve a change, and I want to be that change,” he said.

“He strikes me as a pragmatic problem solver,” said Republican Club of Greater Reston President Harry Locock. “I think he’s pretty much middle-of-the-road, sensible solutions.” Locock said he was still getting to know Cannon but had met him a couple of times and been impressed by his youthful

“I think he’ll do something to speak up for local taxpayers.”

— Harry Locock, president, Republican Club of Greater Reston

rial candidate Bob McDonnell’s proposal to expand the idea of gang-free school zones beyond schools. He wasn’t sure how far gang-free zones, where penalties are stiffer for gang-related activities, could be extended but said he wanted to find out. Also, Cannon said, he wanted to make gang recruitment a felony crime, particularly in the case of an adult recruiting a minor.

When Cannon moved into his neighborhood in the Deepwood area, he said, drug deals were going on under the neighbors’ noses. He worked with police to alleviate the problem and now heads his neighborhood watch. “We don’t

“I think he would bring some fresh, new ideas to the position.”

— John Palatiello, Republican Club of Greater Reston

want the gangs in our neighborhoods,” he said, noting that gang “tagging” was still common in the area. “If they’re tagging, they’re there.”

In addition to protecting residents, Cannon said he also wanted to protect the state’s transportation fund and make sure that the money could not be used for any other purpose. “We need to make sure we’ve got transportation avenues to get goods in and out and for people to be able to commute if they need to,” he said, but added, “I don’t think necessarily the first move should be a gas tax.”

Cannon noted that cash-strapped California was

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A native of North Carolina, Lang has a bachelor of music degree from Appalachian State University and a master of music degree from the University of Louisville. Before coming to the Washington, D.C. area, he served as conductor for the Lou-



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