

Potomac ALMANAC

Travilah Oak Day

NEWS, PAGE 4

Mackenzie Gross and Jennifer Clogg — along with their two friends — give a sense of scale to the Travilah Oak.

Undefeated
Churchill
Has Payback
On its Mind

SPORTS, PAGE 12

Students
Walk for
Homeless

NEWS, PAGE 3

Cut Cable Rings
Neighbors' Ire

NEWS, PAGE 3

PHOTO BY HARVEY LEVINE / THE ALMANAC

CALENDAR, PAGE 8 ♦ SPORTS, PAGE 12 ♦ CLASSIFIED, PAGE 15

ATTENTION POSTMASTER:
TIME SENSITIVE MATERIAL.
REQUESTED IN HOME 10-15-09

PRSRPT STD
U.S. POSTAGE
PAID
MARTINSBURG, WV
PERMIT #86

VERIFIED
ADULT PENDING

**On-line ordering
now available!
20% off your first
on-line order!**



POTOMAC PIZZA[®]

www.potomacpizza.com

**Dine-in, Carry-out, Delivery & Catering
Serving Our Communities Since 1978**



PHOTO BY ANSLEY LABARRE/THE ALMANAC

From left to right, Emily Moshyedi, Abbie Baldwin, Josie Walker, Karina Perez, Jimmy Stempien and Halh Farahifa advocate to end homelessness during Potomac Elementary's annual walk by students.

Students Walk for Homeless

Potomac Elementary's annual event to raise awareness.

BY ANSLEY LABARRE
THE ALMANAC

It was an out-of-the-ordinary recess Monday afternoon, Oct. 12, as students at Potomac Elementary dedicated their daily break from studies to the homeless. PES celebrated its annual Walk for the Homeless this past Columbus Day, advocating community awareness to help the less fortunate in Montgomery County.

Students followed a trail of signs around the playground field and wore t-shirts in honor of their service event. The walk was a follow-up to a presentation on homelessness by the Interfaith, an organiza-

tion that works with schools and other outlets to educate on local poverty. The students were read a story of "Saily the Snail" who must cope after losing his shell of a home.

"The idea is not to make [homelessness] scary, but something they understand," said Chris McClymont, a program coordinator with Interfaith. McClymont said the walk was another interactive feature to bring the concept full-circle with the children.

BEFORE EACH GROUP of students began their walk, PES Community Service co-chair and parent Karen Lipson addressed the children.

"Why are we wearing these t-shirts?" Lipson asked the students. "Why are we doing a special walk at recess?"

Lipson reminded the children of the people who went to sleep without roofs over their heads or food in their bellies. The students were encouraged to take

SEE STUDENTS WALK, PAGE 14

Cut Cable Rings Neighbors' Ire

Coldspring community without landline for more than one week.

BY ANSLEY LABARRE
THE ALMANAC

For 13 days, Sharon Cayelli's phone failed to ring. After a Verizon contractor cut two phone cables in her Coldspring neighborhood, the dial tone died on Cayelli's landline. The Potomac resident says she made futile attempts to have her service repaired while her concerns about neighborhood safety grew.

"It's inconvenient going without phone service," Cayelli said. "And, it's dangerous."

Cayelli's concerns were shared with neighbors who also lost their service. Harriet Epstein, who went without her landline for 11 days, said she and her husband use their home phone to keep in touch with their elderly parents on a regular basis.

"Not everyone has a cell phone or internet," said Epstein, noting the lack of communication heightened her anxiety about potential emergencies.

A total of 35 homes were affected by the Sept. 23 accident that occurred during an installation of fiber-optics cables. Sandra Arnette, a spokeswoman for

Verizon, said the ground is typically marked prior to construction projects to alert contractors of pre-existing facilities, but there were no marks to properly identify the phone cables in Coldspring and resulted in the damage to landline service.

In the immediate aftermath of the incident, Cayelli and her neighbors had neither phone or internet service. They say a Comcast team repaired their

internet connection within hours, but they received no response from Verizon for one week.

Arnette said after discovering the severed cables, crews were forced to dig in four separate locations of the

neighborhood to repair and test damaged lines.

"Unfortunately, this work takes time," said Arnette.

BUT THE COLDSPRING community feels Verizon took too much time. Aggravated by the delay, Cayelli organized an Oct. 5 neighborhood meeting at her home. Arnette said landlines had been fully restored by that time, and Verizon made every attempt

SEE LOSING, PAGE 14

"It's inconvenient going without phone service — and, it's dangerous."

— Sharon Cayelli

Breast Cancer Three-Day Camps at Avenel

BY ANSLEY LABARRE
THE ALMANAC

Jennifer Michael sat in a lawn chair gently massaging her feet. The 30-year-old plopped in the middle of the soccer field at Avenel Park to tend to her aches.

The grassy knolls of Avenel were transformed into a mobile city last weekend, hosting the base camp for Susan G. Komen's Breast Cancer Three-Day. Michael and more than 2,000 fellow walkers dedicated 72 hours and 60 miles to raise funds and awareness for breast cancer research.

"I believe in any cause for ending diseases that cause early deaths," said Michael, who, like all walkers, had to raise the

\$2,300 minimum before taking her first step.

The Three-Day is an annual event that makes 15 stops across the nation, but this year was the first time the walk came to Potomac. Avenel was chosen for its ability to accommodate the walkers, crew and their amenities over the duration of the weekend, as well as its access to the Washington D.C. walking routes.

Participants returned to Avenel each evening, donning Crocs and other varieties of massaging sandals to comfort their exhausted feet. Nearly 1,000 fluorescent pink camping tents stood in the grass and hot showers were located adjacent to the baseball field, replacing the typical sight of uniforms with flannel pants. The camp offered vari-

"It's so inspiring to have people cheering along the route."

— Evie Berman

SEE AVENEL, PAGE 14



PHOTO BY ANSLEY LABARRE/THE ALMANAC

Tad Hunt inflates an air mattress to rest among the sea of pink tents that covered Avenel Park last weekend. Avenel offered a base camp for the Susan G. Komen's Breast Cancer Three-Day, where walkers like Hunt covered 60-miles over the duration of the weekend. Each walker raised a minimum of \$2,300 for breast cancer research; Hunt said he did so in memory of his mother-in-law.



PHOTOS BY CAROLE DELL/THE ALMANAC

Little Ninja, Michelle Sies, 5, shows park police pony, Declan, 18, the way to the Karate demonstration “just over there.” Her father, Marco Sies, of North Potomac is a 7th degree Grand Master in Karate can be found at KICKSKarate “just over there” in the mall.



The members of Great Falls Vaulters are a group of young people who prefer to fly above their horses rather than sit tightly on their backs. Here, Lisa Cebula, 10, of Urbana, Md., shows her form as, Pete, 14, a gentle giant of a steed, keeps the pace perfect for her performance. According to Potomac’s Ed Brigham, husband of team manager Marie Brigham, many of the horses are Percheron-crosses and are chosen for their steady gait and love of children. “When these horses are groomed, it is by 3 to 4 kids, one on the mane, one on the tail and another on the hoofs,” he said.

Celebrating Annual Travilah Oak Day



PHOTOS BY CAROLE DELL/THE ALMANAC

All dressed up for her outing at Travilah Oak Day, 11-month-old Lauren Baptista, of Potomac, shows off her bonnet and big brown eyes.



For this sweet 1 1/2 -year-old Alpaca named Gwathmey, Travilah Oak Day was a revelation. The little children who lined up to pet her were dazzled by her big stuffed-animal appearance.



Kickskarate students perform. Marco Sies is the karate teacher.



Eunice Ahn and Melissa Yu, students at Wootton High School, were doing face painting. Melissa is already decorated.



PHOTOS BY HARVEY LEVINE/THE ALMANAC

Alyson Baumann copies a picture of a dog.



Carol Leahy, president of the Potomac Theatre Company, is dressed in colonial attire. The PTC was the designated charity of the Travilah Oak Day celebration.

A Discreet Disease

Resident pushes for dystonia awareness.

BY ANSLEY LABARRE
THE ALMANAC

Donna Driscoll dreads the walk to her mailbox. It’s not the bills or junk mail that terrifies her, it’s the walk itself. The Potomac resident suffers from focal dystonia, a neurological movement disorder that crumples her left foot and makes the 10 steps to the bottom of her driveway more difficult than a marathon.

The task of walking hasn’t always been a chore for Driscoll; it was once among her favorite hobbies. Walking kept the former first grade teacher active, as did gardening and playing tennis. But seven years ago Driscoll reached for a drop shot during a game of doubles that kept her foot rolling long after the ball cleared the net.

“From that point on, it just got more difficult to move,” she said.

It took doctors over two years to find the correct diagnosis. Driscoll was told she had Multiple Sclerosis, Wilson’s Disease, and everything in between. It was not until she saw a neurologist that Driscoll discovered she had the third most common movement disorder resulting from damage to her basal ganglia — the part of the brain controlling learned movements like walking.

Her dystonia forced Driscoll to retire from 32 years of teaching. She underwent a six and a half hour brain surgery with the hopes of restoring her foot’s muscle function. Driscoll continues to receive Botox injections in her calf every three months to make walking easier.

“I’m not going to die from dystonia,” Driscoll said. “But there’s no cure.”

THE DYSTONIA MEDICAL Research Foundation identifies 300,000 people in North America who suffer from the disorder. A spokesperson for the DMRF says the number is underestimated, as dystonia is difficult to diagnose and often goes unnoticed in hindsight of other conditions. It has proven difficult for researchers to attribute the causes of dystonia to a specific factor, noting affiliation to head trauma, genetic predispositions or environmental influences can all cause the neuron-altering lesions on

SEE A DISCREET DISEASE, PAGE 14

WWW.CONNECTIONNEWSPAPERS.COM

BULLETIN BOARD

To submit an item for the Civic Calendar, e-mail almanac@connectionnewspapers.com. Deadline is Thursday at noon two weeks prior to the event. For questions, call 703-778-9412.

THURSDAY/OCT. 15

Education Forum. 7 p.m. Parents, staff, students, and community members are invited to share their views with the Board of Education at forums at John F. Kennedy High School and at 7 p.m. Community participants will be asked to address the question, "During difficult economic times, what priorities in the MCPS strategic plan should we focus on to improve achievement for

all students?" Register to speak by calling 301-279-3617.

SATURDAY/OCT. 17

Free Practice Tests. 9 a.m. Practice for the SAT and ACT. Summit's free practice tests are an excellent opportunity for students to gauge their strengths and weaknesses under realistic test-taking conditions. To register for a practice test, visit www.mytutor.com or call a Summit Program Director at 1-800-MYTUTOR (800-698-8867). At Winston Churchill High School in Potomac.

Community Emergency Preparedness Fair. Noon-5 p.m. Learn from our county's rescue

organizations (Red Cross, Homeland Security & many more) how to prepare for emergencies. Topics: Shelter-in-place & emergency evacuation plans, 72 hr survival kits, storing food & water, child fingerprinting, swine flu & more. Moonbounce & obstacle course for children. Church of Jesus Christ of Latter-day Saints, 11700 Falls Road, Potomac. Free. 301-717-1663 or www.EmergencyFair.com.

SUNDAY/OCT. 18

10-Year Anniversary. For Anne Benefield. 10:30 a.m. Children's

SEE BULLETIN, PAGE 7



PHOTO BY CAROLE DELL/THE ALMANAC

Snapshot Sunset over Potomac Village on Sunday, Oct. 11.

Potomac Day is Coming! Be Sure to Join Us!
October 24, 2009
 STEEPED IN TRADITION. COME FOR THE FUN. COMMUNITY IS OUR MIDDLE NAME.

Sign Up Today For more information, please contact Jennifer Matheson jennifer@potomacchamber.org or 301-299-2170

THE POTOMAC CHAMBER OF COMMERCE, PO BOX 59160, POTOMAC, MARYLAND 20859

== ROBERT BERNARD ==
 JEWELERS

FALL SALE
 20-40% OFF EVERYTHING

WE BUY GOLD & DIAMOND JEWELRY
 Expert Jewelry & Watch Repair
 1079 Seven Locks Road • Potomac, MD 20854
 Potomac Woods Plaza (next to the new Walgreens)
 301.838.9696

LET'S TALK Real Estate



by **Michael Matese**

A BREAK FOR HIGH-END HOME BUYERS

A recent action by the federal government has raised conforming loan limits for high end properties. This is good news for buyers in areas where median priced homes are selling above Fannie Mae's previous \$417,000 loan limit. This will also help homeowners of high end properties to refinance their present mortgage, get a better interest rate, and significantly reduce their monthly payments.

The legislation permits Fannie Mae and Freddie Mac to raise their conforming loan limits in those high priced areas. It's part of the Economic Stimulus Act of 2008 and will be in effect until December 31 of this year. The new jumbo loan limits are a function of median home prices as estimated by the Department of Housing and Urban Development (HUD). The maximum for temporary jumbo conforming loan limits are as high as \$729,750 for one-unit homes in the continental U.S. Two, three and four-unit properties have higher limits. Seventy-one local areas are affected by the ruling, including metro areas and 245 counties outside of metro areas that show increases in property values. If you are looking for a higher end home in one of these areas, consult your local Realtor or mortgage lender for the local lending limit or go to www.ofheo.gov/media/hpi/area_list.pdf.

For professional advice on all aspects of buying and selling real estate, call:

MICHAEL MATESE
 Washington Fine Properties
301-806-6829
Michael.Matese@wfp.com

THEY'RE COMING

WASHINGTON INTERNATIONAL HORSE SHOW
 Verizon Center Oct 20-25, 2009
Ticketmaster.com | WIHS.org

Kids 12 & under FREE - daytime performances before 5 pm, courtesy of Comcast.

Take Metrobus or Metrorail to the Washington International Horse Show.

Watza Network?
Personalized, In-Home Computer Help

Bob Mann
 10+ Years Experience

- PC Hardware & Software Repair and Upgrades
- Virus and Spyware Removal
- Wireless & Wired Network Expertise
- Router/Firewall/Broadband Setup
- Home of the WATZA Private Label Never-Fail Router
- Even Laser and Inkjet Printer Repair

Free Initial Consultation • Free Estimates • Satisfaction Guaranteed!

Call 301-495-3390
 email: bob@watzanetwork.com
 web: www.watzanetwork.com

Watzanetwork? is a service of WATZA, LLC.

PART-TIME OR FREELANCE REPORTER NEEDED
 General assignment reporter to cover news, business, feature stories and more. We will consider a part-time reporter who would write a set number of stories per week, or freelance, paid by the story. Ability to provide digital photos to accompany stories also required. Low pay, but fascinating beat and rare opportunity to work in journalism. Aspiring reporters without published clips can apply for a 4-6 week internship (unpaid). Please email cover letter, resume, three clips and a few story ideas to Mary Kimm, at resumes@connectionnewspapers.com.

"Portrait 'Gem,' by 'Tru.' © 2009 by Richard Suib



Artful Dog Seeks Humans for Great Falls Art Studios Tour.

Cat people welcome, too.

October 17 and 18, 10:00 am to 5:00 pm, rain or shine. Here's a great opportunity to see why even the dogs are artful in Great Falls. Come meet Woofy-Tru Suib and 44 other artists at the 6th annual Great Falls Art Studios Tour.

Free driving tour of artists' home art studios. Drive along some of the village's most scenic back roads and visit the artists' home art studios in historic buildings, barns, mansions and other unique buildings.

Artist demonstrations and treasures for sale. Watch demonstrations by potters, painters, photographers, sculptors, quilters, jewelry designers and more! Like what you see? Items will be available for purchase.

Pick up a free program with map and driving directions at any venue marked by directional signs and blue balloons. Or download a copy of the map and directory of artists from www.GreatFallsStudios.com.



Great Falls STUDIOS

This event is a benefit for Great Falls School of Art, administered by the non-profit Great Falls Foundation for the Arts. The 6th Annual Great Falls Art Studios Tour is supported by the Virginia Commission for the Arts, the Arts Council of Fairfax County, Great Falls Foundation for the Arts and the Great Falls Business & Professional Association.



At Madeira, there is no glass ceiling.



The Madeira School

8328 Georgetown Pike • McLean, Virginia 22102
703-556-8273 • www.madeira.org

BULLETIN BOARD

FROM PAGE 5

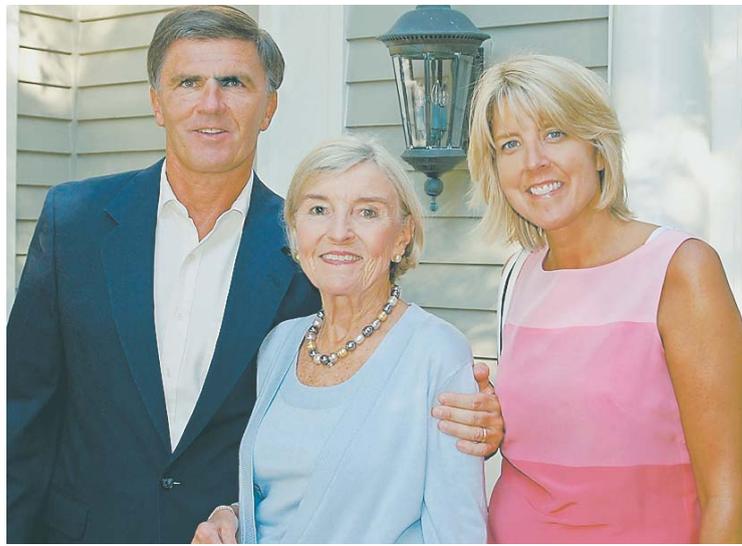
Sabbath service features the voices of the Pint-Size Praise Children's Choir and the ringing of the Geneva Chimes by the youth. At Geneva Presbyterian Church, 11931 Seven Locks Road, Potomac. Call 301-424-4346.

Bike Collection. 11 a.m. to 3 p.m. Donate your bike to Bikes for the World, a nonprofit organization that sends bikes to underprivileged people in developing countries. At Beth Shalom congregation, 11825 Seven Locks Road in Potomac. A contribution of \$10 is recommended to help in the cost of shipment. All

contributions are tax deductible. Contact Ben at benfbikes@aol.com.

TUESDAY/OCT. 20

Community Forum. 6-8 p.m. Montgomery County Department of Health and Human Services is gathering input on the FY2011 operating budget. A representative from the Office of Management and Budget will present an overview of the County's fiscal forecast for FY2011. At the Children's Resource Center, At 332 W. Edmonston Drive in Rockville. To sign up to speak, call 240-777-1211 (voice) or 240-777-1295 (TTY) by Oct. 16.



Visit from Ehrlich

Although he did not commit to be a Republican candidate for governor in 2010, Robert Ehrlich did energize more than 150 guests, state and national political figures at a recent Chevy Chase Republican Women's Club fund-raiser. Held at a Potomac home, Ehrlich stated that "taxes, as we all know were out of control in Maryland when I took office in 2007 and I left office with no debt." At left are: Gov. Robert Ehrlich, Joan McCain, president of CCWRC, and Mrs. Kendel Ehrlich. CCRWC, the largest membership club in the Montgomery Federation of Republican Women, sponsor many community and political events espousing Republican principles. Visit its Web site @mcfwrw.org.

At Pumphrey's,
we've been helping families
memorialize their loved ones
for six generations.



The Pumphrey family started a tradition of quality, value and personalized service more than 155 years ago. Today we carry on this proud legacy. Whether burial or cremation is preferred, our complete range of custom services, including an on-site crematorium, is designed to turn difficult times into cherished memories.

In a time when many funeral homes are owned by corporations, we're proud to say that we remain a local family-owned business. Our locations are staffed with experienced and compassionate funeral directors.

Please call or visit our website and you will find personalized service options, staff introductions, obituaries, directions with maps, grief resources and seminars.

ROBERT A.
Pumphrey
FUNERAL HOMES
Family owned since 1854

Bethesda-Chevy Chase, Inc. — (301) 652-2200
7557 Wisconsin Ave.
Bethesda, MD 20814

Rockville, Inc. — (301) 762-3939
300 W. Montgomery Ave.
Rockville, MD 20850



William A. Pumphrey
Sixth Generation

www.pumphreyfuneralhome.com

Congratulations
to DC's Kelly Lovallo!
Featured this month in
Instyle Magazine's
Beauty Blackbook
Best Airbrush Tanning

For tanning inquiries see
kellysmobiletan.com
(703) 655-6025

Mention this ad to
save \$20 off your first tan



photo by: Emma E. Canfield



Butler's Orchard 29th Annual

Pumpkin Festival

Weekends Sep. 26 - Nov. 1

Admission: \$10 per person; under age 2 free – Includes Hayride, Mazes, Pumpkinland, Wildcat Run Slide, Hayloft, Barnyard Buddies, Rubber Ducky Derby, Pedal Tractors, Pumpkin Coach, Inflatable Farm Train & Tube Slide. Additional fee: pony rides, face painting, kids' crafts, Pumpkin Cannon (\$) Oct. 3, 4, 17, 18, 31; Nov. 1 Live Music every weekend, noon - 4 • Country Food Vendors

Pick a Pumpkin (\$) – sizes up to 80 lbs!

www.ButlersOrchard.com
Call 301-972-3299 for daily update

Enjoy a country outing in the midst of suburbia we're east of Germantown, just off Route 27, 22200 Davis Mill Road. Feed your family real food - Buy Local. Choose from our selection of great produce plus gourmet condiments and great gifts. Try our Home-Baked Fruit Pies - Call 301-428-0444 to place an order or choose one when you arrive.

Providing good, green fun and local produce for nearly 60 years.



CALENDAR



OCT. 16-18

Middle Eastern Bazaar. Saints Peter and Paul Antiochian Orthodox Christian Church will host its 26th annual Middle Eastern Bazaar and Food Festival. Friday and Saturday from 11 a.m. to 9 p.m. Sunday from noon to 6 p.m. Live music, arts and crafts, raffles, jewelry booths, international groceries, religious items and children's activities. The menu includes kabobs, gyros, hummus, marinated baked chicken, tabooley salad, falafel, kibbee, spinach pies and more. Located at 10620 River Road, Potomac. Call 301-765-9188 or go to <http://www.peterpaul.net>.

Bike Collection.

11 a.m. to 3 p.m. Donate your bike to Bikes for the World, a nonprofit organization that sends bikes to underprivileged people in developing countries. At Beth Shalom congregation, 11825 Seven Locks Road in Potomac. A contribution of \$10 is recommended to help in the cost of shipment. All contribution are tax deductible. Contact Ben at benfbikes@aol.com

Holocaust Poetry Reading.

2 p.m. Gail Rosen reads from Hilda Stern Cohen's Words that Burn Within Me: Faith, Values, Survival, a collection of poems, lost in the Auschwitz concentration camp, which were re-composed along with new poems after the war ended. Free and open to the public. 4508 Walsh Street, Bethesda. Contact 301-654-8664 or visit www.writer.org.

Washington Conservatory Concert.

3 p.m. Features 12 faculty members of the Washington Conservatory. The concert will feature both solos and chamber music from all musical eras. At Westmoreland Congregational UCC Church, 1 Westmoreland Circle, Bethesda. All concerts are offered on a pay-as-you-can basis. Call 301-320-2770 and www.washingtonconservatory.org

NASA Federal Credit Union

Halloween Young Run. For kids 12 and under. On West Gude Drive (at Route 355), which will be closed to traffic. Information and registration is available on the web site www.halloweenyoungrun.org or by calling the MCRRC Club Line at 301-353-0200.

Potomac River Jam,

8 a.m.-4 p.m. Join Potomac Conservancy for the Potomac River Jam — A day-long celebration of the river and canal. Various musicians will perform acoustic sets throughout the afternoon. Enjoy a little sample of this summer's River Center events, such as a morning bird walk and nature photography session as well as a tree identification and medicinal plant walk. Canoe trips over to Minnie's Island will be offered. Bring the kids for face-painting and other activities. All events are free. At Lockhouse 8 at the River Center, 7906 Riverside Ave, Cabin John, MD. Contact Deanna Tricarico, at tricarico@potomac.org or 301-608-1188 x204, or <http://www.potomac.org/site/discover-rlch8/>

SATURDAY/OCT. 24

The Johnson's 13th Annual Haunted Forest. 7-10 p.m. Free admission. Refreshments will be available and candy will be scattered throughout the haunted trails. Accepting donations to these charities: Stop Breast cancer Coalition, the Winston Churchill Boster Club and National Autism Walk. At 11930 Cragwood Way, Potomac. Call 301-299-9164.

Potomac Day.

11 a.m. to 3 p.m. Free. Halloween fun, scarecrow making and

SEE CALENDAR, PAGE 9

WWW.CONNECTIONNEWSPAPERS.COM

WEDNESDAY/OCT. 14

Customer Appreciation Day. 3:30-7 p.m. Free hors d'oeuvres and half-priced drinks. At the Hunter's Inn, 10123 River Road, Potomac. Call 301-299-9300.

THURSDAY/OCT. 15

Blues Dance. Beginner workshop 8:15 - 9 p.m. \$8 admission. Dancing from 9-11:30 p.m. \$8 admission. With rotating DJs and instructors. At the Ballroom Annex of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Email: info@capitalblues.org.

FRIDAY/OCT. 16

Chiara String Quartet Performs. 7:30 p.m. Featuring music by Debussy, Beethoven, Prokofiev and Webern. At Strathmore Mansion, Shapiro Music Room, 10701 Rockville Pike, North Bethesda. Tickets are \$28. Call 301-581-5100 or www.strathmore.org.

Contra Dance. Dance lesson 7:30-8:15. Called dance from 8:30-11:30 p.m. \$9 admission. Nils Fredland, with his trombone, calls to Elixir, with Ethan Hazzard-Watkins on fiddle, Anna Patton on clarinet, Jesse Hazzard-Watkins on trumpet, and Owen Morrison on guitar. At the Spanish Ballroom at Glen Echo. Email: findcontra@yahoo.com

Salsa Dance. 8 p.m. to midnight. \$12 admission. Salsa lesson from 8-9 p.m. taught by Keith Givens followed by dancing to recorded music. At the Bumper Car Pavilion of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Email: searchernet@comcast.net.

La Divina Milonga Party. 8:30-midnight. \$15 admission. Argentine Tango dance hosted by Fabio and Jennifer Bonini. Beginner's lesson from 8:30-9 p.m. Dancing to recorded music from 9 p.m. to midnight. At Glen Echo Park's Ballroom Annex, 7300 MacArthur Blvd. in Glen Echo. Email: Jennifer@foreverdancing.com.

SATURDAY/OCT. 17

The Johnson's 13th Annual Haunted Forest. 7-10 p.m. Free admission. Refreshments will be available and candy will be scattered throughout the haunted trails. Accepting donations to these charities: Stop Breast cancer Coalition, the Winston Churchill Boster Club and National Autism Walk. At 11930 Cragwood Way, Potomac. Call 301-299-9164.

Potomac Fiber Arts Show and Sale. 9:30 a.m. to 4 p.m. Beautiful scarves, shawls, hats, wall hangings, hand-dyed yarns, jewelry, clothing, table linens and more. At St. Mark Presbyterian Church, 10701 Old Georgetown Road, Rockville.

Helping Your Adopted Dog. 3-5 p.m. Free. How to help your adopted dog build trust and confidence; how your

dog can learn new habits (and "unlearn" old ones). At the Potomac Community Center, 11315 Falls Rd., Potomac.

Help the Homeless Walkathon and Homecoming Fun Fair. 9:30 a.m. registration. Proceeds go to Samaritan Ministry of Greater Washington. Watch St. Andrew's Episcopal student athletes compete while you enjoy games, food, music, face painting and shopping.

There are activities for children of all ages. At 8804 Post Oak Road in Potomac. Parking is next door at Hoover Middle School. Go to www.saes.org or call Brooke Norrett, Director of Special Events, at 301-983-5200 or bnorrett@saes.org.

Harvest Festival. 1-5 p.m. At North Bethesda United Methodist Church, 10100 Old Georgetown Rd. at Lone Oak. Snack bar opens at 12 p.m. Games, moon bounce, petting zoo and pony rides. Call 301-530-4342 or visit www.northbethesdaumc.org.

Life and Death on the C&O Canal. Cost is \$6/adult, \$4 for seniors and children 4-14. Children under 3 are free. Tours begin at 6:30 p.m. through 9 p.m. Costumed park rangers will present the one-hour guided tours. Visitors will witness historical vignettes portraying the life and death struggles of those who lived and worked along the C&O Canal and glimpse the impact of accidents, epidemics and the Civil War. Call 301-767-3714 to make reservations.

Clarinetist Richard Stoltzman. 8 p.m. Will perform the works of Mozart, George Gershwin and Aaron Copland with the National Philharmonic. At the Music Center of Strathmore. Conducted by Piotr Gajewski. Visit www.nationalphilharmonic.org or call the Strathmore ticket office at 301-581-5100.

Swing Dance. 8 p.m. to midnight. \$13 admission. Beginner swing lesson from 8-9 p.m. with Marc Shepanek and Ellen Engle followed by dancing to Natty Beaux from 9 p.m. to midnight. Email: dance@flyingfeet.org. At the Bumper Car Pavilion at Glen Echo, 7300 MacArthur Blvd. in Glen Echo.

OCT. 17-18

Fall Dance Festival. Two days of Cajun and Zydeco Music and Dance. Bands will include BeauSoleil Cajun Quartet, Nathan and the Zydeco Cha Chas, Leroy Thomas and the Zydeco Roadrunners, Cedric Watson & Bijou Creole, Jesse Lége & Bayou Brew with Joel Savoy, Squeeze Bayou Cajun Band, Little Red & the Renegades and more! Saturday, Oct. 17 from 11 a.m. to midnight, and Sunday, Oct. 18 from 11 a.m. to 6:30 p.m. At the Spanish Ballroom and Bumper Car Pavilion of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Go to <http://mysite.verizon.net/vzev7054/dancingbythebayoufalldancefestival/>.

SUNDAY, OCT. 18

Potomac Village Deli Catering

Breakfast • Lunch • Dinner Catering

301-299-5770

www.potomacvillagedeli.com

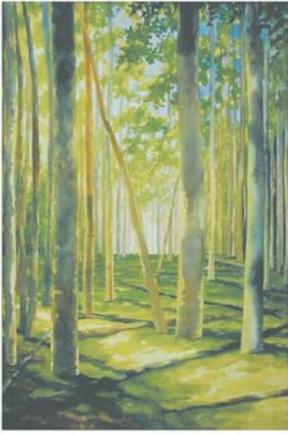


Home of Your Corporate & Residential Catering Headquarters

Serving the Community for over 35 Years



FINE ARTS



OCT. 17-18

Landscape artist, Kesra

Hoffman, brings a unique perception of mother nature to the Yellow Barn Gallery at Glen Echo Park, from noon to 5 p.m. The public is invited to meet the artist during the reception on Saturday, Oct. 17, from 5-7 p.m. Kesra Hoffman, a native of Middletown, Maryland, has been painting landscapes of her home and travels since 1996. Growing up in an area rich with farmland and forests cultivated within her a passion for the natural world. At 7300 MacArthur Blvd. in Glen Echo. Call 301-492-6229 or go to www.yellowbarnstudio.com.

CALENDAR

FROM PAGE 8

pumpkin decorating, money machine, inflatable obstacle course, face painting, giant tricycle races, a petting zoo, grilled hotdogs and hamburgers, and a Reggae band. In the Potomac Place Shopping Center, located in Potomac Village.

30th Anniversary of Imagination Stage. 6:30 p.m. Silent auction, one-hour performance of an original musical show, and a buffet supper. The Gala, titled "Once Upon a Time...Into the Future" is Imagination Stage's only fund-raising event of the year. First Lady Michelle Obama is the honorary chair. For more information about the Gala, visit www.imaginationstage.org.

Community Emergency Preparedness Fair. Noon-5 p.m. Saturday. Learn from our county's rescue organizations (Red Cross, Homeland Security & many more) how to prepare for emergencies. Church of Jesus Christ of Latter-day Saints, 11700 Falls Road, Potomac. Free. Call 301-717-1663 or www.EmergencyFair.com.

YMCA Youth & Family Services
www.ymcawashdc.org

SUBURBAN HOSPITAL
JOHNS HOPKINS MEDICINE

Cyber Bullying: Bullying in the Digital Age



Dr. Patti Agatston is co-author of the book, *Cyber Bullying: Bullying in the Digital Age* and *Cyber Bullying Curriculum for Grades 6 - 12* and the *Cyber Bullying Prevention Curriculum for Grades 3 - 5*. Dr. Agatston is a nationally certified trainer and technical assistance consultant for the Olweus Bullying Prevention Program. She has been quoted in *The Washington Post*, *Time Magazine*, and *Good Housekeeping Magazine*, and has appeared on local and national radio and television to discuss cyber bullying. She was a participant in the CDC's Expert Panel on Electronic Media and Youth Violence, and has presented nationally and internationally on cyber bullying. Dr. Agatston is a Licensed Professional Counselor with the Cobb County School District's Prevention/Intervention Center in Marietta, Georgia.

\$15/person, \$25/couple. Fee waivers available.

CEUs available (2 hours), Maryland Board of Social Work Examiners, \$10 Fee
Clock hours (2 hours), Office of Child Care: Core of Knowledge area of Health, \$10 Fee
All proceeds fund the prevention services of the YMCA Youth & Family Services.

Traducción al Español disponible. Se tiene que registrar con anticipación.
Reasonable disability accommodations available on request. Please contact Pam Mintz at 301.229.1347 by October 16. ♿ ☎

Thursday, October 22, 2009
Suburban Hospital Auditorium
6:30 pm **Registration**, (Please allow time for parking)
7 - 9 pm **Seminar**
8600 Old Georgetown Rd., Bethesda, MD
Registration Recommended, 301.896.3939 option 2

TRAWICK FOUNDATION ALMANAC

The Gazette Washington Parent SPECTRUM PRINTING & GRAPHICS

The Johnson's

13th Annual

HAUNTED FOREST

Come Families One and All!
Bring your friends and neighbors!

SATURDAYS, OCTOBER 17TH AND 24TH FROM 7 TO 10PM

What Join the Johnson Family for the 13th Annual Haunted Forest. Refreshments will be available and candy will be scattered throughout the haunted trails. There is no admission charge. However we gladly accept donations for charity and want to thank all our co-workers, friends and neighbors for their incredible generosity over the years. This year, we will be splitting the funds and giving donations to Stop Breast Cancer Coalition, the Winston Churchill Booster Club and National Autism Walk. You may send your donations directly through the links below. Please attribute your donation to "The Johnson's Annual Haunted Forest."
www.stopbreastcancer.org <http://churchillboosters.org/Links.aspx>
www.NationalAutismWalk.org

When Saturday, October 17th, and Saturday, October 24th, 7 to 10pm

Where 11930 Cragwood Way, Potomac, MD 20854. For door-to-door directions, visit Google Maps or Yahoo Maps.

Directions From Beltway 495, exit River Rd. - west, right on Lake Potomac Dr., right on Cragwood Way

If you have any questions, please let me know.
301.299.9164
Paul Johnson

The Johnson Family would like to thank the many volunteers and families who have helped to make "the forest" a huge success, including: Barrett; Beauregard; Berney; Boyland; Bowis; Brothers; Brundred; Caulk; Crutchfield/Day; Cullen; Feldstein; Fungler; Goss; Green; Gritz;; Hougen; Laurance; Patterson; Pereles; Pingho; Plummer; Raker; Rodman; Seftlage; Sickels; Spivak; Tahbaz; Thomas; Thaker; Weissman; and Yaworske families. A special thanks also goes to Sam Lerner and the Potomac Village Deli.

SPOOKY HOLLOW'S

HAUNTED TRAIL

October 16, 17, 18, 23, 24, 25, 30, 31 & November 1
7 P.M. - 10:30 P.M. Most Nights

\$15 Weekends & Halloween • Kids 8 & Under \$10

15101 Seneca Road, Darnestown, MD
www.valleymillhalloween.com

26th ANNUAL FALL

BAZAAR

Ss. Peter & Paul Antiochian Orthodox Christian Church
 10620 River Road, Potomac, MD
<http://www.peterpaul.net>
 301 765-9188

October 16, 17, 18, 2009

Continuously Serving
Authentic Middle Eastern Food
 (Kibbee, Tabooley, Hummos, Spinach Pies, Gyros and more!)

Live Music
 (Friday and Saturday Evenings)

Shop at Our
Pastry Booth and Grocery Store

Also Featuring
 Arts & Crafts,
 Jewelry, Raffles,
 Religious Items,
 Used Book Nook,
 Kids' Korner
 and more!

EVERYONE WELCOME! • FREE PARKING

FRI: 11 AM-9 PM
SAT: 11 AM-9 PM
SUN: NOON-6 PM

DIRECTIONS: From Beltway (495) take River Road exit towards Potomac, then 3/4 mile past the intersection of River Road and Falls Road (Potomac Village) to the Church on the left side of River Road.

SCHOOLS

'Chicago' Brings 'All That Jazz' to Churchill High

BY SUSAN BELFORD
THE ALMANAC

Murder, corruption, glamour and love abound in the play "Chicago - The Musical" soon to be showcased by the Drama Department of Churchill High School. "Chicago" is still playing on Broadway and holds the record as the longest-running musical revival on Broadway. This Kander and Ebb musical features a universal story of fame and fortune, dancing and one memorable song after another. Sixty of Churchill's most talented singers and dancers will be practicing and preparing for this challenging show — one that theater teacher/director Jessica Speck has wanted to perform for the past six years. Performances will be held Nov. 13, 14, 21, and 22 at 7:30 p.m. (unless the Churchill football team goes to Maryland State Play-offs. If so, the curtain time will be adjusted.)

"Auditions were quite rigorous," Speck said, "They included two days of singing, one day of danc-



Josh Simon (left) and Steven Rigaux while Alex Levenson looks on.

ing, and call-backs for certain roles. I wanted to see the students play specific character types as

well as observe the relationship between the characters. Sixty students were selected for the cast.

The entire production will include over 100 students including the orchestra and production crews. I

am fortunate to have a large group of talented kids and a wonderful orchestra conductor, Kris Sand. Nancy Newell will do the choreography."

The play incorporates songs such as "All That Jazz," "When You're Good To Mama," and "My Own Best Friend" along with dance routines performed in a vaudeville style. This play became an Oscar award-winning movie in 2002.

The leads are Ashley Austin as Velma Kelly, Alexandra Levenson as Roxie Hart, Steven Rigaux as Billy Flynn and Josh Simon as Amos Hart — all experienced actors and actresses with the Churchill drama program. Not only must they shine in acting and singing, they must all be able to execute precision dancing. The training ground for these talented performers has been Showstoppers, Blast from the Past and previous musicals. In the past three years, Churchill student drama productions have been nominated for 12 CAPPIE awards.

SEE 'CHICAGO,' PAGE 15



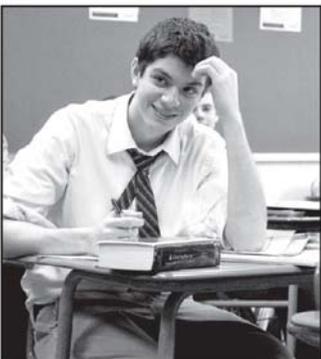
SAINT ANSELM'S

ABBAY SCHOOL

We've invested 1,500 years
in your son's future.

Take the 1,500-year-old Benedictine traditions of education and faith. Combine that with St. Anselm's 65-year history as one of the Washington area's leading schools for academically gifted young men. What you get is a foundation for lifelong learning grounded in the best of the classical liberal arts tradition.

DESIRE | SEEK | FIND



Discover St. Anselm's

- Close-knit, 250-student community, grades 6-12
- Challenging college-preparatory curriculum
- Catholic traditions, welcoming of all faiths
- Personal attention from teachers; 5:1 student-faculty ratio
- 40-acre Abbey campus
- Full range of sports, arts, music and extracurricular programs
- Shuttles from Friendship Heights and Fort Totten Metro; Carpool facilitation available

Join us for our Fall Open House
Sunday, November 1, 2009 • 11:00 a.m. - 3:00 p.m.

4501 South Dakota Avenue, NE • Washington, DC 20017 • Brookland/CUA Metro
202-269-2379 • www.saintanselms.org • admissions@saintanselms.org

WASHINGTON KNOWS . . .

For over 50 years, McLean School has been the only school that **CELEBRATES** each student's individual learning style.

WE'VE DONE IT LONGER.
WE DO IT BEST.

SPEAKER SERIES

7:00 pm Wednesday, October 14
Learning and Your Child's Brain
by
David Ghoogasian
Educational consultant and trainer
at the University of California

ADMISSION OPEN HOUSE

9:00 am Wednesday, October 21
1:00 pm Saturday, November 21

To learn more →
240.395.0698
admission@mcleanschool.org
www.mcleanschool.org



McLEAN SCHOOL of MARYLAND

8224 LOCHINVER LANE POTOMAC, MARYLAND 20854

McLEAN SCHOOL MAKES EDUCATION ACCESSIBLE FOR A BROAD RANGE OF LEARNERS IN K-12

PETS

Partnership for Animal Welfare (PAW) is an all-volunteer, not-for-profit group. To adopt an animal, volunteer or make a tax-deductible donation, visit www.paw-rescue.org, call 301-572-4729 or write to PAW, P.O. Box 1074, Greenbelt, MD 20768.



Gremlin is a 1 1/2-year-old female DSH cat. She is named for impish spirits that love to pull pranks and she definitely fits the name. She likes to cuddle but also likes to romp and play with active playmates. Gremlin would love to give a kind adopter love nips and wrestle the hand of a kind cat lover.



Lucy is a 2 1/2-year-old female hound mix. At 46 pounds, she became homeless when her owner passed away. She's a joyful, playful pup that loves car rides and people. Lucy would love to accompany you on your adventures and brighten up your days as a special pet.

POTOMAC HORSE CENTER

www.PotomacHorse.com

Fall Riding Session

Group or Private Lessons
for all ages from 5 through Adult

9 am - 9 pm	Weekdays
9 am - 5 pm	Weekends

Pony Parties - Pony Rides
Therapeutic Riding
Boarding - Training - Leasing

Trail Riding Classes
through Muddy Branch Park

A Potomac Tradition for over 40 years...
come see why we're **THE PLACE** where
Montgomery County Learns to Ride!

301-208-0200
Conveniently Located near Travilah &
Duffie Mill at 14211 Quince Orchard Rd

FREE Introductory
Lesson & Discounted
Trial Mini-Session!

A PUBLIC FACILITY LEASED FROM THE MARYLAND-NATIONAL
CAPITAL PARK AND PLANNING COMMISSION

OAKCREST SCHOOL
WHERE GIRLS MAKE A DIFFERENCE

I Think for myself

Open House
Sunday, October 18
1:00-3:00 p.m.

An independent school for girls grades 6-12
guided by the teachings of the Catholic Church

WWW.OAKCREST.ORG • (703) 790-5450

The Heights School
AN INDEPENDENT DAY SCHOOL FOR BOYS
GRADES 3-12
FOUNDED 1969

FALL OPEN HOUSE

Sunday, October 25, 2:30 - 5:00pm

www.heights.edu

- College preparatory; liberal arts curriculum
- Small class size
- Championship sports
- Award winning fine arts program
- Religious program for students who are Catholic

*Keeping Faith
with Every Boy*

40 YEARS

10400 Seven Locks Road ■ Potomac, Maryland 20854 ■ 301.365.4300

BURKE

EDMUND BURKE SCHOOL

Edmund Burke School invites you and your family to attend our Admissions Open Houses.

Burke, a coed, college-prep school serving grades 6-12, offers a challenging and creative academic program in a warm, supportive and inclusive environment.

Faculty, parents and students will happily introduce you to our programs, offer tours of the school, and answer your questions.

Fall Open House
Saturday, October 24, 2009
1:00-4:00 pm

Winter Open House
Saturday, January 9, 2010
1:00-4:00 pm

4101 Connecticut Ave. NW
Washington, DC 20008
202-362-8882
www.eburke.org

Undefeated Bulldogs Have Payback on Their Minds

Wootton win kept Churchill out of playoffs last season.

BY JARED WASSERMAN
THE ALMANAC

A team two games below .500 visiting an undefeated squad may not seem like the most intriguing of matchups — unless those two teams are the Wootton Patriots and the Churchill Bulldogs.

This rivalry, one filled with rich history, geographic proximity, and general dislike was revitalized two years ago when Churchill eliminated Wootton from playoff contention, and then most recently on Nov. 7 of last year. The Patriots emerged victorious from this late season contest by a score of 37-27, securing their place in the playoffs for the first time in 17 years, while simultaneously ending the Bulldogs' postseason aspirations.

"It makes our team even more excited to play this game," Churchill senior quarterback Alex Kantor said. "It adds extra incentive to win the game."

BOTH TEAMS feature first-year starting quarterbacks, but they are utilized differently. Churchill runs a more conservative offense, one that relies heavily on the power inside game of senior running back Ryan Quinn as well as Kantor's elusiveness on the edge. Wootton implements a spread-of-

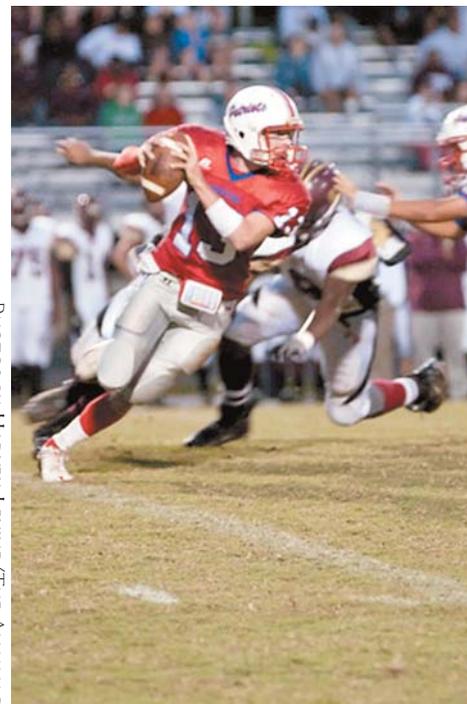


Churchill quarterback Alex Kantor, left, fakes a handoff to Kyle Shilling earlier this season. Kantor and the Bulldogs enter Friday's game against Wootton undefeated.

fense, one that utilizes senior quarterback Alex Kelly's play-making capabilities and a deep receiving corps.

The Patriots welcome the challenge of handing Churchill its first loss of the season Friday, despite relenting winnable early season games en route to a 2-4 record.

"Coming in as the underdog or the favorite in this matchup wouldn't matter," Kelly



Quarterback Alex Kelly and the Wootton football team hope to upset Churchill.

said. "It's Churchill week, everyone will be giving 110 percent — end of story."

Wootton has struggled to compensate for the losses of its top offensive and defensive contributors from a year ago, namely quarterback Mike Mooney, wide receiver Stephane N'goumou, and linebackers Mike Cresham and Justin Dhyani. Conversely,

Churchill has reloaded its talent and improved on last season's near playoff appearance.

"They're clearly well-coached and very disciplined out there," Wootton head coach Greg Malling said. "We have to do a better job as a coaching staff to eliminate all the little mistakes that have haunted us this season. Kantor, Quinn, and that group really make teams pay for mistakes — add in the confidence level they are playing with right now, and we really have our hands full this week."

WHILE PREPARING for this annual match up, each team's record is largely forgotten due to their uncommon familiarity with one another.

"This rivalry is so special because so many of the players on each team know each other and some went to middle school together," Kantor said. "The two schools are so close to each other that a lot of players see each other regularly."

One team's playoff appearance and the other team's unblemished regular season record are irrelevant. It's Wootton vs. Churchill week, and each team is afforded a clean slate.

"Last year was last year," Kelly said. "Until 6:30 on Friday, everything is even, and when the game is over, the team who plays harder and executes will come out on top."

"We don't want to end our undefeated season, and we really don't want to lose to Wootton," Kantor said.

Baird's Sense of Accomplishment

Churchill's second singles player wins match against Whitman.

BY JARED WASSERMAN
THE ALMANAC

In a battle for Montgomery County supremacy, the 10-1 Churchill girls tennis team narrowly defeated the previously undefeated Whitman Vikings by a score of 4-3 on Thursday. Churchill's top two singles players — junior Lauren Pinsky and senior Robyn Baird — won their matches, while Whitman's three and four seeds emerged victorious from their singles contests.

Senior Robyn Baird improved her record to 11-1 following her tightly contested second singles match, winning two sets to one (6-4, 2-6, 6-3).

Baird's steady ability to dictate points from the baseline and her excellent touch near the net

proved too much for her opponent. Baird attributes her on-court success to her "positive attitude and aggressiveness."

A member of the Churchill tennis team since her freshman year, Baird has gradually increased her role each season. As a freshman and sophomore, she played third-seeded doubles. As a junior she advanced to third singles, and reached the second singles title as a senior.

"It's a good feeling to have made a contribution to the team because I've been working really hard on my game for the last four years," Baird said, "and I feel that I can leave Churchill with a sense of accomplishment."

Churchill head coach Ben Woods cited strong first and second singles play as a key to victory in



Churchill senior Robyn Baird improved to 11-1 in singles play with a win against Whitman.

the match against Whitman. The Bulldogs took on Sidwell Friends on Oct. 13. Results were not available as of press time.

SPORTS BRIEFS

Churchill Wins in Double OT

The Churchill football team needed double overtime to remain undefeated as the Bulldogs defeated Magruder, 33-27 on Friday. Churchill quarterback Alex Kantor completed 5 of 16 passes for 71 yards and a touchdown. He also rushed 13 times for 50 yards and two touchdowns.

Running back Ryan Quinn finished with 114 yards and a touchdown on the ground, and Marcus Brown also scored a rushing touchdown.

Bret Sickels led Churchill (6-0) with 11 tackles and Danial Dadkhoo finished with 10.

The Bulldogs host Wootton on Friday.

Churchill Girls Soccer Clinches Division

The Churchill girls soccer team defeated Gaithersburg, 1-0, on Thursday, wrapping up its first division title in 12 years.

Whitman Football Beats Wootton

The Whitman football team defeated Wootton 6-0 on Friday. Whitman's Sassan Nejad scored the game's lone touchdown on a 1-yard run in the second quarter.

Whitman quarterback Henry Kuhn completed 9 of 20 passes for 115 yards. Miles Davis rushed 28 times for 160 yards for the Vikings.

Whitman improved to 5-1 while Wootton dropped to 2-4. Whitman travels to play Gaithersburg on Friday and Wootton travels to play Churchill.

FAITH

Deciding on the Message for the High Holidays

BY MARCIA HILLARY KAY
THE ALMANAC

What was the inspiration behind the sermons some Potomac rabbis imparted on their congregations this past High Holiday season? Are events of the past year included in their 20 or 25 minute talks? What then motivates rabbis, many of whom see the same congregants week after week, to speak on a subject many worshippers have already heard?

Discussing a host of topics was the mission of Rabbi Stuart Weinblatt, spiritual leader and founding rabbi at Congregation B'nai Tzedek of Potomac. A conservative congregation near Falls Road, Weinblatt said he prepared six sermons for the holidays and was finishing up his final Rosh Hashanah sermon days before the holiday, which began at sundown on Friday, Sept. 18 and ended at sundown on Sunday, Sept. 20. He had compiled subjects throughout the year, one of which focused on how the world had changed since Rosh Hashanah of 2008.

"I wanted to set the mood for the holiday," he said. Noting how the world has changed in the past 12 months, Weinblatt said he would talk about the "fragility of life," relating it to the economic downturn and the effect it has had on the world as a whole and perhaps congregants in particular.

Weinblatt's sermons covered personal events as well. He commented about the joys of becoming a grandparent and said that this topic was something to which many in his congregation could relate.

The rabbi also said his sermons revolve around the theme of "keeping Judaism relevant" in day-to-day lives.

On Yom Kippur, a fast-day, Weinblatt spoke about the Holocaust and the founding of Israel.

At the Chabad House on Seven Locks Road in Potomac, Rabbi Mendel Bluming spoke about the "bold new world" that was created after the Ark. "It was a new economy," said Bluming. "We didn't go back to the old."

On Yom Kippur, Bluming's intent was to provide "guidance" to his

congregants.

Bluming said the downturn in the economy has trickled down to all segments of his congregation and in some cases has caused fear and instability.

Congregants at Beth Shalom and Talmud Torah, an Orthodox synagogue also on Seven Locks Road, listened as Rabbi Joel

Tessler spoke about "the sounds of silence" and why the Shofar is not blown on Shabbat. The silence, he said, "can be more powerful" in some respects. "Silence may be stronger than the noise," he said.

Tessler acknowledged that these are "difficult times" for many members of his congrega-

tion but he did not deal with the Bernard Madoff scandal due to the fact that for some it is "too painful and close to home. Many people are still feeling the effects," he said.

Tessler said his sermons are meant to "touch the lives spiritually beyond the burning issues of the day."

HELP! Potomac Day is right around the corner! Saturday October 24, 2009

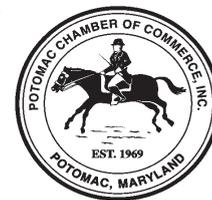
We need volunteers!

Need Community Service Hours? Adult help needed especially!

If you can dedicate some time please...



Contact Jennifer at the
Potomac Chamber of Commerce
in order to join the fun!
301-299-2170



Ruth
Weintraub
and Evan
Katz

Weintraub and Katz Are Engaged

Mr. and Mrs. Leon Weintraub of Potomac announce the engagement of their daughter, Ruth Ellen Weintraub to Evan Howard Katz of Manhattan, son of Mr. Lewis Katz and the late Libby Katz of Long Island, N.Y.

The bride-to-be is a graduate of Winston Churchill High School in Potomac. She graduated with honors from Clark University in Worcester, Mass., where she also

received an MBA. She is working as a corporate event planner with Morgan Stanley in Manhattan.

The prospective groom graduated with honors from the University of Pennsylvania's Wharton School and received a law degree from Harvard University. He does marketing and investor relations for a hedge fund in New York.

A May 2010 wedding is planned.

PEOPLE NOTES

Laura M. Eull has graduated from the Army ROTC (Reserve Officer Training Corps) Leader's Training Course at Fort Knox, Ky. The cadet is a student at Lehigh University, Bethlehem, Pa. Eull is the daughter of Walter S. and Mary Ann Eull of Bedfordshire Ave., Potomac.

Dake E. Williams has entered Basic Cadet Training at the U.S. Air Force

Academy, Colorado Springs, Colo., in preparation to enter the first academic year at the academy. The six-week, two-phased orientation program must be successfully completed by the cadets prior to entering their freshman year. He is the son of John and Karlene Williams of Peach Leaf Court, North Potomac. Williams is a 2009 graduate of Quince Orchard High School, Gaithersburg.

Early Fall Gas Log Sale-Ready for Immediate Installation! Free In-Home Professional Estimate!

Enjoy your fireplace without
all the work!

- No carrying wood
- No tending
- No lighting
- No clean-up!
- No damper worries
- Easy flame control by remote
- Beautiful efficient Heat

Evening Fyre Gas Logs are
99.9% efficient and you never
lose heat through your chimney.

#1 In Safety

Come to the Fireplace Experts!!

Sales • Warranty Service • Installation
Family Owned and Operated Since 1957
We put safety first



EFVG18 Vent Free Gas Logs By R. H. Peterson

Save 10%*

On Anything in Our Showroom!

*Must present ad to redeem. Limit one per household. In-stock items only.
Cannot be combined with any other offer or previous purchase. Offer expires
10/17/09 PA



THE *Fire Place*
EVERYTHING FOR THE FIREPLACE AND BARBECUE



**#1 in
Safety and
Efficiency**

301.990.6195

WWW.WASHINGTONFIREPLACE.COM

Serving the
Washington
Metropolitan Area
Since 1957

16165 Shady Grove Road • Shady Grove Plaza • Gaithersburg, MD 20877

Students Walk for Homeless

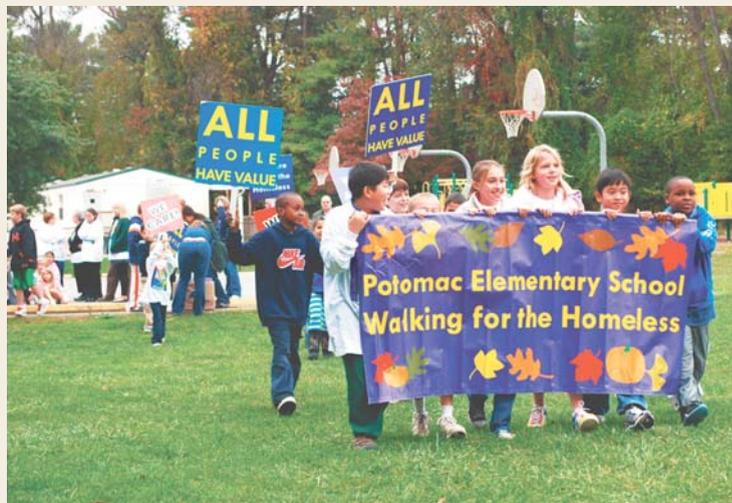
FROM PAGE 3

a moment during their outdoor walk to reflect on the prospect of being outside indefinitely without a place to call home. Emma Bomfim, a third-grader at PES, said she enjoyed their walk.

"I like it because we're helping people that have no homes," she said.

Bomfim and all 570 of her fellow students at PES brought forms home to their parents enabling them to participate in the walk and raising donations. They were given the option of donating their free t-shirts to a person in need, and Bomfim's father says he was impressed with the response his child gave to the cause.

"Kids go home enthusiastic that they've done something,



Students at Potomac Elementary lead their annual walk for the homeless.

and parents jump on that," said McClymont. Interfaith donated 100 percent of their proceeds from the day to the homeless.

"They really understand the

whole idea of community service," PES principal Linda Goldberg said of her students and their Walk for the Homeless. "It's a win-win situation."

Avenel Plays Role in Komen Walk

FROM PAGE 3

ous comforts like karaoke and an endless buffet for walkers to wind down after completing each day's 20-mile stretch.

The Three-Day's spokeswoman Jeneé Fromm said Avenel not only offered walkers a beautiful campsite, but also encouragement from the Potomac community.

"People have been cheering on the walkers, leaning out their windows and off porches," said Fromm. "It goes to show what a supportive community they are."

TO MANY WALKERS, the support was motivational. Evie Berman, a Baltimore resident, said she chose to walk for the benefit of her daughters, granddaughters and future generations. Berman says walking was her way of reaching out, and she observed the Potomac community doing the same through its role as host.

"It's so inspiring to have people cheering along the route," said Berman.



Josie Seneta, far right, and the "Pink Angels" assemble their tent on Avenel's high field. Avenel hosted the camp site to the Susan G. Komen Breast Cancer Three-Day in D.C. last weekend.

The routes extended through D.C. on Friday, Bethesda on Saturday, and ended with closing ceremonies at the Lincoln Memorial after another walk through the nation's capitol on Sunday. Walkers were encouraged to begin 16 to 24-week training program before tackling the Three-Day.

Walkers from across the nation camped at Avenel, like Josie Seneta who brought her team of "Pink Angels" from Boston. Seneta gathers the group of breast cancer survivors to walk each year. As her team assembled their tents on the high slope of Avenel in Friday's twilight, Seneta said the day's walk hadn't been an easy one.

"We want to keep walking until a cure is found," said Seneta of the Angel's effort. She and her 12 teammates were looking forward to climbing inside their pink tents before rising at dawn to walk again.

The D.C. walk alone raised \$7.3 million in 2008 for Komen's cause, and plans to return in 2010 for a fourth year on the nation's capitol. Fromm said Avenel offered an environment conducive to the comfort of walkers, and the event is looking to return.

"It's a beautiful campsite, said Fromm. "We hope to have a long relationship with the community."

A Discreet Disease

FROM PAGE 4

the brain. As with her game of tennis, patients like Driscoll find the irreversible condition hits without warning.

In spite of the circumstances, Driscoll says she considers herself lucky. Her focal dystonia is limited to her foot, causing her toes curl and her arch to collapse under her weight. Although her dystonia makes walking painful and calls for the use of a cane, Driscoll says it could be worse. In the condition of generalized dystonia, patients lose whole-body control of muscle function in what Driscoll compares to the twisting of a pretzel.

Sally Presti knows such twisting, the involuntary muscle spasms from her generalized dystonia cause pain in every limb. After hitting her head over 19 years ago, Presti has been coping with the debilitating disease that also forced her into an early retirement. "I had gotten so bad, I just couldn't do it anymore," said the former special education teacher.

Presti became the leader of the Dystonia Support Group of Greater Washington D.C. in 1994, an organization Driscoll later turned to while coping with dystonia. In light of both of their conditions, the two women work with the support group to bring awareness to the disorder.

"Awareness is difficult because nobody's ever heard of it," said Presti, who admits she had also never heard of the illness prior to her own diagnosis. "I wish we could get dystonia out there as a more common word."

Presti says there are times when passersby assume she is drunk from her involuntary muscle spasms. Both she and Driscoll say

the lack of awareness about the disease causes many sufferers to be embarrassed and uncomfortable with the lack of control that accompanies their dystonia.

LIMITED AWARENESS makes dystonia harder for doctors to diagnose, and harder for insurance companies to cover. Driscoll says the number of attending physicians is limited and treatments are expensive. The support group of Greater Washington is compiled of a few dozen individuals who join advocates each spring to make a case before Congress for extended dystonia research.

"They put a lot of money and care into things that kill people, so [dystonia] gets secondary attention," said Presti, who noted dystonia is overshadowed by Parkinsons Disease although the two conditions take a similar toll on the body.

Driscoll, who is now a sitting board member with the DMRF, made a mission out of increasing awareness. She is holding the Dystonia Golf and Tennis Classic and Banquet at the Kenwood Golf and Country Club on Oct. 26 to raise proceeds for research foundations. She says she is concerned for returning soldiers and other head trauma victims who may be deprived of necessary treatment if knowledge of dystonia remains minimal. Although she finds her own condition exhausting, Driscoll has learned to manage the abrupt change dystonia brought upon her lifestyle. She pushes her brain to re-learn it's natural muscle movement, and starts by duck walking to her mailbox each day.

"I try not to let it stop me," she said.

Losing Telephone Service

FROM PAGE 3

to get their customers back in service as quickly as possible. At the meeting, homeowner Eric Yam said he was still waiting for his landline to ring after 17 days of silence.

The neighbors are outraged by the lack of communication with Verizon, saying their multiple requests for help were answered by automated emails and robotic receptionists.

"It was such a helpless situation," said Epstein, who was also displeased by the increased minute use on her cell phone.

In hopes of eliciting the response she said Verizon did not offer, Cayelli contacted County Councilmembers Phil Andrews and Roger Berliner. She was referred to the county's Office of Cable and Communications Services and Verizon's Intergovern-

mental Relations Office, both established to handle complaints like those of the Coldspring community. Cayelli says there is no direct outlet for homeowners to contact when confronted with such an incident.

The neighbors believe they deserve compensation from Verizon for putting them in what they call a precarious situation. The community fears lines may be cut again in future construction projects, and their concerns will remain unheard by a mega-corporation like Verizon. They say the loss of landline use presents an emergency that deserves immediate response and direct contact with the provider.

"We're not an activist community, but this got our hairs up," said Cayelli's husband Dan. "It is a major breakdown in customer service."

SCHOOLS

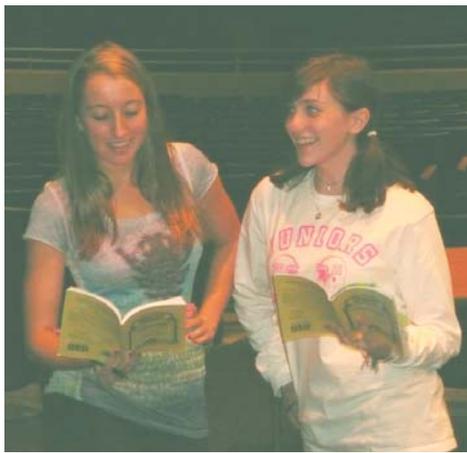


PHOTO BY SUSAN BELFORD/THE ALMANAC

Ashley Austin (left) and Alex Levenson.

'Chicago'

FROM PAGE 10

CAPPIE's — much like the Tony Awards — are awarded for high school productions in the Washington D.C. Metropolitan area.

The Churchill Drama Department was chosen from over 1,600 nominations to participate in the 2009 American High School Theatre Festival in Edinburgh Scotland. Many of the student performers had the opportunity to travel for two weeks last summer to Edinburgh, Scotland to perform "RENT."

"After much fund-raising and a lot of support from the Churchill community, 20 students were able to travel to Scotland to participate in and view some of the two thousand shows that are performed during the festival," said Speck. Senior Josh Simon said, "It was the most amazing experience. We saw plays, performed in ice cream shops and just everywhere." Other students added that they had opportunities to meet other students from everywhere, to make lasting friends and to view some amazing acting and plays.

Tickets can be purchased on-line at www.montgomeryschoolsmd.org/schools/churchillhs/ or by e-mailing Speck at Jessica_L_Speck@mcpsmd.org. Chicago-The Musical sweatshirts and tee shirts will also be available on-line.

SCHOOL NOTES

Thomas S. Wootton High School in Rockville is staging "You Can't Take It With You" Thursday, Nov. 5, Friday, Nov. 6 and Saturday, Nov. 7 at 7:30 p.m. Tickets are \$5/students and \$10/adults and can be purchased at the Wootton Box office Nov. 2-4 from 3-6 p.m. and two hours before show times. Call 301-279-8581. Wootton High is located at 2100 Wootton Pkwy., Rockville.

Collin Fishman, son of Cynthia Manion of Bethesda, began his first year at Saint Michael's College this semester. Fishman graduated from Our Lady of Good Counsel High School before coming to Saint Michael's, which is located in Burlington, Vt.

Kelly Bies of Potomac is a winner of the Rensselaer Medal for Holton-Arms School. To be honored with the Rensselaer Medal, a student must be a member of the junior class and the high school's single most promising science and mathematics student. Each medalist who is accepted and subsequently enrolls at Rensselaer receives a scholarship of \$60,000 payable in four yearly awards of \$15,000 each.

HOME & GARDEN

POTOMACALMANAC.COM CONTRACTORS.COM
ZONE 5: POTOMAC
AD DEADLINE: MONDAY NOON • 301-983-1900

FIREWOOD

FIREWOOD
Mixed Seasoned Hardwood
\$120 half cord
\$210 full cord
Call Joe at
301-856-4436
301-602-9528 Cell

LANDSCAPING

A&S LANDSCAPING
Planting • Mulching • Sodding
Patios • Decks • Driveway Sealing,
Asphalt • Retaining Walls
Erosion Control • Drainage Solutions
703-863-7465

LANDSCAPING

FALL CLEAN-UP
Yard Work, Trees & Shrubs
Trimmed/Removed!
Mulching, Hauling,
Gutter Cleaning, etc.
Free estimates!
703-385-3338

Nothing is too small to know, and nothing too big to attempt.
-William Van Horne

CLEANING

CLEANING

A CLEANING SERVICE

Since 1985/Ins & Bonded

Quality Service at a Fair Price
Satisfaction Guaranteed
Comm/Res. MD VA DC

acleaningserviceinc.com

703-892-8648

IMPROVEMENTS

IMPROVEMENTS

A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing



703-863-7465

LICENSED

Serving All of N. Virginia

CLASSIFIED

ZONE 5: POTOMAC

AD DEADLINE: MONDAY NOON • 301-983-1900

26 Antiques

We consign/pay top \$ for antique/semi antique furn. including mid century & danish modern Teak furniture, sterling, mens watches, painting/art glass, clocks, jewelry, costume jewelry, etc. Call Schefer Antiques @ 703-241-0790.

The reward of a thing well done, is to have done it.
- Ralph Waldo Emerson

29 Misc. for Sale

29 Misc. for Sale

FOR SALE

John Deere LX178 Lawn Tractor, 38-inch deck, Kohler water-cooled engine, good tires, new battery.
\$850

703-757-6506 or Fgaibler@cox.net

EMPLOYMENT

ZONE 5: POTOMAC
AD DEADLINE: TUESDAY 11 A.M. • 301-983-1900

Internships Available

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. Email internship@connectionnewspapers.com

THE CONNECTION
NEWSPAPERS

Employers:

Are your recruiting ads not working in other papers?

Try a better way to fill your employment openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

THE CONNECTION
to your community

703-917-6464 • Fax 703-917-0992

E-mail: classified@connectionnewspapers.com

Great Papers • Great Readers • Great Results!

Random Thoughts



By KENNETH B. LOURIE

So far, I don't mind living with cancer (heck, consider the alternatives; being deceased, having had cancer), but what I do mind is being reminded of it when I'm minding my own business. And by minding my own business, I mean, doing the normal-type things in life that have nothing at all to do with cancer. Everyday-type things like reading the newspaper, watching television, listening to the radio, talking with friends and family members about home, work, play, hobbies, etc. Invariably, and not even unexpectedly anymore, a lung cancer connection is revealed: a former Iranian leader (one of the many with whom I'm not familiar) dies from lung cancer (as reported by The Washington Post); Merle Haggard, in an interview in the Sept. 13 Parade magazine discusses his lung cancer diagnosis from last year; Kara Kennedy, Senator Ted Kennedy's daughter, appearing frail at her father's funeral, I learn, has been battling lung cancer since her May '03 diagnosis; and on and on and on. As my mother would say, "It's enough already."

Everywhere I look (and often even without looking), I bump into lung cancer. And so far, I must tell you, it's not bumping back. However, I have plenty of reminders in my daily/weekly routine: doctor's appointments, miscellaneous scans, weekly lab work, every-three-week chemotherapy, daily pills, diet restrictions/modifications, chronic neuropathy in my extremities, muscle weakness/soreness and an inability to work in my primary job and/or earn a regular income, that I don't need any more reminders; especially when for that particular moment/interval of time, I'm not in a cancer mode. Nevertheless, it happens all the time. It doesn't seem to matter where I am, what I'm doing or with whom I'm doing it. How and why matters not. The lung cancer reference/coincidence will rear its extremely ugly head.

It's reminiscent of whenever we've bought a new car (different make and model than we previously had owned). Once in our possession, all of a sudden, or so it seemed, we couldn't avoid seeing that make/model. Before we owned the car, we never saw one like it anywhere; now, we see them — or reminders of them, everywhere.

It's just so ironic that one day something doesn't really exist (in your world, anyway) and the next day, it's all over the place. Obviously, the world didn't change in that one day — you did. And my previous lack of awareness and recognition of something as serious as lung cancer not ever being a part of my world to now dominating it, is so striking and so surprising, quite frankly, that I'm beginning to doubt my self-proclaimed powers of observation.

How could I be so clueless? How could I be so insular? How could something so big effect someone so little (figuratively speaking)? I'm just one of millions out here trying to make a living, provide for my family and stay out of trouble; shouldn't cancer pick on someone its own size?

I realize cancer is indiscriminate and I'm not really taking it personally or bemoaning the fact that it is yours truly who has been diagnosed, I'm more railing at the constant reminders. Cancer is bad enough without it nagging at you. I got it already. I don't need to get it anymore.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.



INTERNATIONAL OFFERING
LANGLEY FARMS, McLEAN, VIRGINIA
 This newly constructed, timeless masterpiece features 13,000 sf of fine craftsmanship & materials unequaled in today's market. With virtually every amenity imaginable, quality abounds with top-of-the-line appliances & systems. True English garden.
Jennifer H. Thornett 202-415-7050
Victoria Kilcullen 703-915-8845



INTERNATIONAL OFFERING
POTOMAC, MARYLAND
 Custom colonial on two acres with circular driveway, indoor pool, tennis court, and over 20,000 square feet of finished space. \$4,999,500
Marsha Schuman 301-299-9598



INTERNATIONAL OFFERING
BETHESDA, MARYLAND
AVENEL - Elegant georgian colonial on almost one acre in Avenel with pool. Over 10,000 sf of outstanding finishes, large rooms, custom moldings, high ceilings & easy access to Washington, DC. \$2,995,000
Marsha Schuman 301-299-9598



INTERNATIONAL OFFERING
POTOMAC, MARYLAND
NEW PRICE! POTOMAC FALLS - Gated 2.63 acre estate redesigned with finest details found throughout the gracious interior and exterior. Pool & tennis court. \$2,995,000
Adaline Neely 301-580-2214
William F. X. Moody 202-243-1620
Robert Hryniewicki 202-243-1622



POTOMAC, MARYLAND
 Enclave of brilliantly-designed homes featuring wide plank oak floors; Chef's Kitchens; Master Suites with Luxury Baths with natural Travertine Stone, custom-crafted closets; 3 Car Garage, Immediate delivery or design your own on an existing lot. Starting at \$1,899,000
David Keeney 301-928-3310



POTOMAC, MARYLAND
 Welcome to a gracious home on two acres in Camotop. Beautifully updated and maintained by the present owners thought and attention to detail are evident. Numerous designer features including a state-of-the-art chef's kitchen, new baths and finished lower level. \$1,795,000
Marsha Schuman 301-299-9598



DARNESTOWN, MARYLAND
 This southern style colonial is located on five private acres and has over 9,000 sq ft of finished space. High ceilings, custom moldings and built-ins, designer finishes and much more. Fantastic value! \$1,450,000
Marsha Schuman 301-299-9598



POTOMAC, MARYLAND
 Stunning builder's home with beautiful custom features, updated kitchen and gorgeous master bath. High ceilings, exceptional room sizes, finished third floor. Close to Potomac Village. \$1,398,000
Anne Killeen 301-706-0067



POTOMAC, MARYLAND
RIVERWOOD - 10,000 +/- sq ft contemporary in beautiful Riverwood. 6 BR, 7.5 BA, 2-story family room, Living Room and library. Expansive rear yard backs to parkland, large entertaining deck overlooks lit tennis/basketball court. \$1,395,000
Ruffin Maddox 301-922-4443



POTOMAC, MARYLAND
NEW LISTING! POTOMAC CREST - You will be impressed the moment you enter the stunning Foyer of this meticulous Colonial with its open floor plan, high ceilings, and beautiful finishes. A perfect mix of formal and casual spaces - this home has it all. \$1,225,000
Michael Matese 301-806-6829



POTOMAC, MARYLAND
NEW PRICE! POTOMAC VILLAGE - Wonderful Contemporary features high ceilings and light-filled rooms. Living Room with fireplace, Dining Room with wet bar, Family Room with fireplace, beautiful updated Kitchen and so much more. \$1,199,000
Michael Matese 301-806-6829



POTOMAC, MARYLAND
 Picture perfect custom home with spacious and unique interior featuring amazing Owners Suite, Gourmet Kitchen with adjoining Breakfast Room/Solarium & gorgeous Living Room! Walk-out Lower Level has additional sunny bedrooms, Rec Room & Indoor Lap Pool! \$1,195,000
Meg Percesepe 240-441-8434



BETHESDA, MARYLAND
 This traditional home offers convenient neighborhood living, with a versatile floorplan including a library on the first level, 4 bedrooms, 3 full baths upstairs and a finished basement with additional BR and BA. Private fenced yard and 2 car garage. \$1,169,000
Marsha Schuman 301-299-9598



POTOMAC, MARYLAND
 Ideal location in the heart of Potomac Village close to shopping and restaurants. Rarely available home in sought after enclave. 4 finished levels, 4 bedrooms, 3 full baths and 2 car garage. \$995,000
Marsha Schuman 301-299-9598



POTOMAC, MARYLAND
 Welcome to this incredible Villa Townhome close to Great Falls Park. Easy commute to DC & VA. This home features an incredible renovation, brand-new Anderson windows, designer wall treatments, 3 finished levels. The large deck is great for gatherings. Whitman HS. \$779,000
Traudel Lange 240-463-6918



POTOMAC, MARYLAND
 Beautifully updated Villa Townhome in quiet neighborhood within minutes to Great Falls Park. Backing to parkland this home is in wonderful condition & features 3 finished levels & large deck perfect for relaxation. Easy commute to DC & VA. Whitman HS. \$689,000
Traudel Lange 240-463-6918

INTERNATIONAL NETWORKS • LOCAL AFFILIATE

