

Kristin Allgaier, who started the annual Walk for the Homeless at the Fox Mill Elementary, is pictured with Talon and Glory, mascots for DC United and Washington Freedom professional soccer teams.

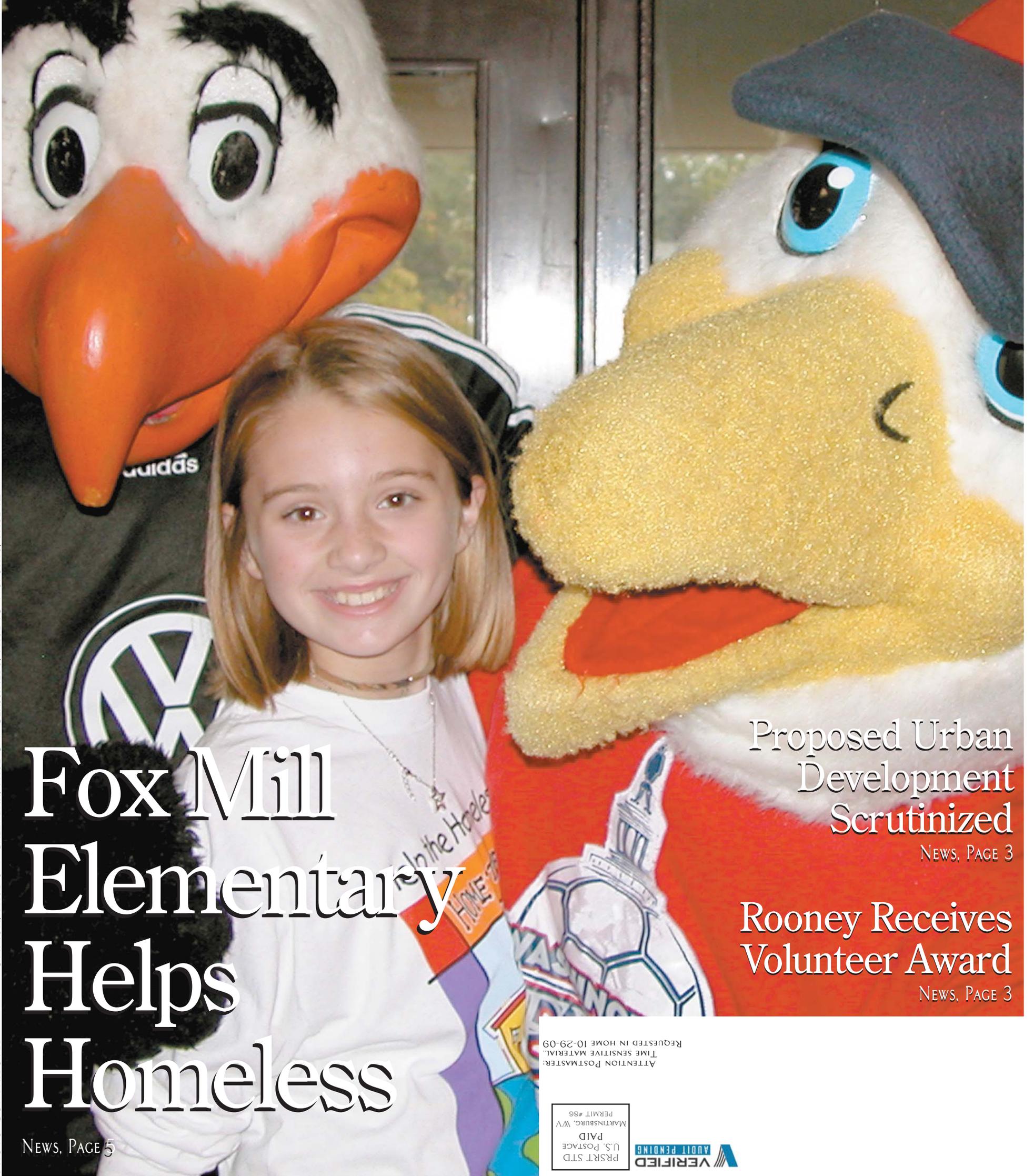


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SCHOOL NOTES

Army Pvt. **Nicholas Turse** has graduated from the Infantryman One Station Unit Training at Fort Benning, Columbus, Ga. The training consists of Basic Infantry Training and Advanced Individual Training. Turse is the son of Gary Turse of Berwick, Pa., and Patricia Samper of Tamarack Way, Herndon. He is a 2008 graduate of Berwick High School.

John B. Thibault gradu-

ated from the Army ROTC (Reserve Officer Training Corps) Leader Development and Assessment Course, also known as "Operation Warrior Forge," at Fort Lewis, Tacoma, Wash. Thibault is a student at the Ohio State University in Columbus, Ohio. He is the son of Michael J. Thibault of Lakeport Way, Reston, and Mary B. Thibault of Arusley Court, Herndon. Thibault is a 2006 graduate of Oakton High School, Vienna.

FAITH

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to **r e s t o n / herndon@connectionnewspapers.co.m** Deadline is Thursday.

Floris United Methodist Church, 13600 Frying Pan Road, Herndon, is looking for people to sing in a choir. Floris UMC has a season of music including concerts featuring Schubert's "Mass in G Major", Handel's "Messiah" and more. Rehearsal on Wednesdays at 7:30 p.m. and singing most Sunday mornings at the 11 a.m. service. Scott Glysson at **sglysson@florisumc.org** or 703-793-

0026.

Congregation Beth Emeth, 12523 Lawyers Road, Herndon, will host a **Yiddish Club** on the **first Tuesday of each month**. Members will engage in a variety of activities that utilize the Yiddish language, including reading stories, listening to music and radio broadcasts, reading Yiddish newspapers and more. Free. Call 703-860-4515, ext. 127.

Every Wednesday, at 12:15 p.m., **St. Timothy's Episcopal Church**, 432 Van Buren St., Herndon, offers a lunch-time Healing and Holy Communion service. This half-hour service is

offered to all and allows people an opportunity to worship during the work week when they may be away from their regular church. All baptized Christians are welcome to receive the Sacrament and all who have not been baptized may receive a blessing at the Altar rail. Call the church Mondays-Fridays, 9 a.m.-3 p.m., at 703-437-3790 or visit www.saint-timothys.org.

Nondenominational **Christian businessmen** meet for prayer, Biblical discussion and fellowship **every Friday**, at 7 a.m., at Anita's, 1051 Elden St., Herndon and **every Thursday** at noon at 555 Grove St., Suite 200, Herndon. Call 703-795-1257.

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OCT. 29 - 7pm Thursday	Corey Wallach, MD Inova Mt. Vernon Hospital 2501 Parker's Lane, Alexandria, VA	703-750-8800 inova.org/asktheexpert
NOV. 19 - 7pm Thursday	Dhruv Pateder, MD Reston Hospital Center 1850 Town Center Parkway, Reston, VA	877-689-DOCS (877-689-3627)

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ATTENDEES MUST R.S.V.P. FOR A SPECIFIC EVENT DATE.

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PHOTO BY MIKE DICICCO/THE CONNECTION

Members of the APR Task Force get down to work Monday night. The 15 members were appointed by Supervisor John Foust (D-Dranesville) to make recommendations to the county Planning Commission.

Proposed Development Scrutinized

County makes recommendations on high density sought north of Route 28 Metro station.

BY MIKE DICICCO
THE CONNECTION

After hearing a detailed presentation on what county staff thought of development being proposed near the planned Metro station next to Route 28, on the border of Fairfax and Loudoun counties, some members of the citizen task force appointed to examine the development proposals were left with broader questions about the wisdom of the planning process, the group's role in it and whether any development should be approved yet.

"I think we're talking about a radical departure from the way things are done in Fairfax County today," said Kathleen Murphy, an Area Plan Review (APR) Task Force member. "But we're still using the paradigm of the traffic jam as the metric." Rather than talk about adding traffic lanes, she said, the group could be examining questions such as, "What's a walkable space like? What's a human space like?"

Jody Bennett noted that some groups had spent hundreds of hours coming up with a vision for the sort of urban-style transit-oriented development being proposed for the area between the town of Herndon and Route 28.

"I'm not spending hundreds of hours," task force Chairman John Ulfelder laughed.

Darren Ewing pointed out that it would be difficult to come up with a holistic vision for the new community, as most of it lies in Loudoun, beyond the task force's jurisdiction. "We can't really incorporate the larger land mass," he said.

Rich Bliss thought the county might better wait until the Rail to Dulles was operational to see how it changed transportation in the area before approving such dense development. "There is the option that the task force could recommend leaving the land as it is for the time being," he said.

"We've got to find a great solution in all this to make things work."

— Dave Swan

But Dave Swan said the size of the project, with millions of square feet of residential, office, retail and hotel space, made it critical that the task force end up with a viable transportation plan. "We've got to find a great solution in all this to make things work," he said.

Three proposals to develop interlocking tracts of land north of the planned Route 28 Metro station were filed last year, as developers and landowners attempted to avail themselves of the county's provisions for high-density land use around Metro stops. Monday

night, county planners rolled out their recommendations for development around the westernmost station in the development, modifying the proposals and adding conditions.

IF THE CONDITIONS ARE MET, the county suggests that most of the densities that were proposed will be acceptable, except in the northernmost portion, farthest from the coming rail station.

Planner Clara Quintero Johnson said her department had also laid out guidelines to make the development a compact, attractive, pedestrian-friendly community, with higher densities oriented toward the Metro stop. Safe, inviting walkways are to connect residential areas to jobs, retail and rail, and a feeder transit system is to carry riders to and from the Metro. Plazas are encouraged. Parking is to be housed in structures and buildings are to be set close to roadways. Free-standing retail buildings are frowned upon. "When this comes in for development review, these are the things the reviewer is going to be looking for," Quintero Johnson said.

She said the county also recommends that, in addition to internal road grids, four though-lanes run north from the station to Route 606 and six lanes from station west to the interchange of Route 28 and Innovation Avenue.

For the development proposed by the Center for Innovative Technology (CIT) on about 25 acres of the land closest to the Metro, the county recommended approval of

SEE TASK FORCE, PAGE 11



Louise H. Rooney of Herndon, 2009 Barbara Varon Award recipient.

Rooney Receives Volunteer Award

Herndon resident recognized for "improving the community through volunteer service."

Louise H. Rooney of Herndon received the 2009 Barbara Varon Award for her service as a volunteer in the Fairfax community. "I was completely surprised," Rooney said. "I knew I was there to get an award but had no idea out of all the volunteers, I would get this award."

The award honors the memory of Barbara Varon, former chairman of the Fairfax County Electoral Board and is presented annually to a Fairfax County resident dedicated "to improving the community through volunteer service."

The Barbara Varon Volunteer Award nominees must live in Fairfax County and show

an appreciation for the diversity of the community's population, exhibit patriotism and have a positive effect on the community.

"I have been volunteering in the community for so many years," said Rooney. "I try to encourage everyone to get out and volunteer within their communities. It's how we make a positive difference."

Rooney has served as a volunteer with community organizations that provide a variety of services — the Herndon Fort-

nightly Club, the Herndon Fortnightly Library, the Closet, a local ESOL program, the Jeannie Schmidt Free Clinic, Reston Hospital, Herndon United Methodist Church and the National Association of Retired Federal Employees.

"It is an honor to think that someone nominated me think-

"I knew I was there to get an award but had no idea out of all the volunteers, I would get this award."

— Louise H. Rooney

ing that I deserved the award," Rooney said. "I wish I knew, so I can thank them"

Barbara Varon, a native of Germany, immigrated to the United States as an adult. She worked as a translator. After she joined the Fairfax County Office of the General Registrar, she commit-

ted herself to a voter outreach program to high school students. Appointed to the Fairfax County Electoral Board, she served as vice chairman and chairman. She fought for the rights and privileges of all citizens to participate in the electoral process.

The Board of Supervisors has memorialized her accomplishments through the Barbara Varon Volunteer Award to recognize volunteer efforts enriching Fairfax County.

— SUSAN NELSON

Clean Up Draws Dozens of Volunteers

Despite cold and wet weather, 53 volunteers turned out last weekend to work side-by-side cleaning up the wooded area and fields behind Hutchison Elementary School. Volunteers included Supervisor John Foust (D-Dranesville) and his staff members; members of the Fairfax County Police; Park Authority staff members; Community Connections program volunteers; students from Herndon High School's UNIDOS and Students Against Global Abuse; Herndon Youth Soccer players; members of the Reflections HOA; Herndon Rotary; ESOL students from Reston Interfaith-Herndon Neighborhood Resource Center and the Dulles Airport Authority.

The Crown Plaza- Houlihan's Restaurant served everyone a full buffet breakfast and Don Owens and Chris Griffin provided hot coffee and hot chocolate to help volunteers warm up at the end of the work. The Park Authority's Area Crew 6 supplied gloves, trash bags and tools. Volunteers gathered for a photo at the end of the day-long work effort that removed a great deal of trash and some unusual items as well including patio furniture, a portable grill and a gorilla costume.

Health and Wellness Center Marks Anniversary

American Health and Wellness Center (A.H.W.C.) has marked its first anniversary. Dr Karl Petrie and the staff used the opportunity to thank all those who have utilized their services. A.H.W.C is located in the Franklin Farm shopping plaza in Herndon, along the Fairfax County Parkway. They offer an array of services from chiropractic care, sports injury rehab, massage therapy, fitness, weight management, custom made foot orthotics and much more. To learn more, visit www.americanhealthandwellnesscenter.com

Town Web Site Offers 'New Resident Information'

Residents newly arrived in the Town of Herndon may now find all of the information they need on the "New Resident Information" page of the town's Web site, www.herndon-va.gov.

Information and direct links that enable residents to set up utilities, change addresses, register to vote — even to license their dogs — are now available in one location on the town's site. The "New Resident Information" page is located in the "About Herndon" section of the site and is also offered as a Quick Link from the homepage.

"Moving into a new location can be overwhelming, with all of the details that need to be taken care of," said Mayor Steve DeBenedittis. "This new feature on the town's Web site is designed to ease the transition of our new neighbors into their new homes and into the community."

Farmers Market To Close on Thursday

Herndon Farmers' Market, a weekly marketplace offering fresh fruits and vegetables, plants, herbs, cut flowers, baked goods, jams and more — all sold by the people who produce them — will close on Thursday, Oct. 29. The market is located in downtown Herndon, next to the red caboose on Lynn Street and will be open Thursday 8 a.m.-12 noon.

Ice Skating Season Opens at Reston Town Center

Reston Town Center's Ice Skating Pavilion will open for the skating season on Friday, Oct. 30, and remain open daily until March 2010. The opening weekend will serve as a fundraiser and a long-standing tradition. Reston's Character Counts! Coalition will receive 50% of proceeds from opening weekend, Oct. 30 until Nov. 1, from the Ice Skating Pavilion.

NEWS



PHOTOS BY JANELLE L. PLUMMER/THE CONNECTION



Brian Heffern, the senior budget analyst for Fairfax County, speaks at the community dialogue meeting for the Hunter Mill District.

Area residents expressed their support for preserving the quality of education in county schools.

Residents Raise School Budget Concerns

Community Dialogue highlights importance of education.

BY JANELLE L. PLUMMER
THE CONNECTION

About 100 local residents met and discussed concerns about the fiscal year 2011 budget at a community dialogue meeting for the Hunter Mill District, sponsored by the Fairfax County Government and Fairfax County Public Schools.

The meeting took place at the Reston Regional Library on Saturday, Oct. 24.

Brian Heffern, the senior budget analyst for Fairfax County, said the meeting was set up to garner input from the community in shaping the 2011 budget, a process impacted by the recession since the end of 2007.

Heffern said for the fiscal year 2011 forecast is a projected revenue loss of \$232.5 million or a decrease of 17.02 percent from fiscal year 2010.

According to the Fairfax County budget office, under the fiscal year 2011 no new programs were added. Per-pupil funding decreased from \$13,340 in FY 2009 to the approved cost of \$12,898 in FY 2010.

Doug Spencer, a Herndon resident and public affairs officer and communication specialist for the federal government, said educational programs are a priority.

"The diversity that we celebrate is critical," Spencer said. "To go and begin cutting programs is the avenue we don't want to go down."

The community dialogue ended with small groups. Facilitators from the budget office informed each group that their comments would be used as a key factor to help guide the development of criteria for making budget decisions.

Potential strategies were to eliminate a specific county or school program, adjust the real estate tax, implement the meals tax, increase fees and distribute reductions equally across all departments in both the county and schools.

Robert Lundegard, a Great Falls resident, said he hopes that there will not be additional eliminations of educational programs.

"We need more revenue to avoid the most extreme," Lundegard said.

VIEWPOINTS

What concerns you the most in the FY 2011 Budget?

— JANELLE L. PLUMMER

Sherry Blanton,
Herndon,
Data Analyst



"Basically, I know the economy is bad. Everything does need to be rebalanced. This was the time to use the rainy day fund. It doesn't really work that way."

Doug Spencer,
Herndon,
Public Affairs Officer/
Communication Specialist



"Teacher salaries. Teachers are some of the lowest paid in the country. For them to educate our students ... don't take advantage of that. They're with our kids more than we are."

Robert Lundegard,
Great Falls,
Friends of Colvin Run Mill



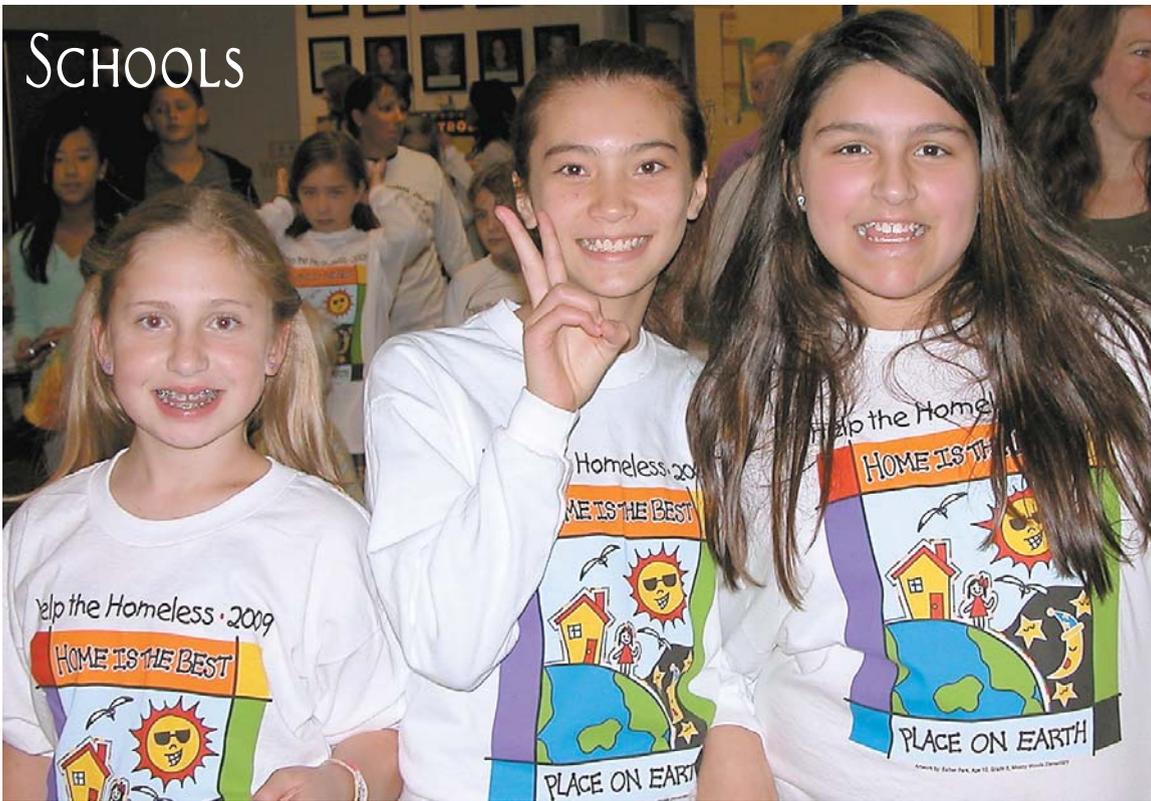
"Primary interest is in the parks, historic parks and nature centers. That's why I'm here."

Stephanie Abbott,
Reston, Retired,
Hunter Mill District Trustee to the
Frederick County Library Board of
Trustees



"I would want to try to make sure that the quality of life is not diminished. OK, we have to make cuts, but we have to look at things that bring us together as a community."

SCHOOLS



Fox Mill Elementary has taken steps toward engaging all students in meaningful community service.

Fox Mill Elementary Helps Homeless

Mini-Walk raises more than \$5,000 for Reston Interfaith's shelter.

The fourth annual Fox Mill Elementary School PTA Mini-Walk for the Homeless was Thursday, Oct. 15, and though the rain brought the event indoors, spirits were not dampened for this important cause. A total of 285 walkers raised more than \$5,000 to help Reston Interfaith in their efforts to end homelessness in Fairfax County.

A large and enthusiastic group of students quickly shifted gears due to the rainy weather, and met in the school auditorium on the afternoon of Oct. 15. Talon and Glory, mascots for DC United and Washington Freedom professional soccer teams, along with school mascot, Foxy, joined the students, parents and teachers for the 1 mile, 14-lap walk through the school. Prior to the event, Fox Mill Student Council officers took a tour of Reston Interfaith's Embury Rucker Shelter in Reston, and then

shared facts about homelessness with the rest of the school. Many local businesses, such as Potomac River Running, The Auld Shebeen Irish Pub and Restaurant, Bowl America, Great Harvest Bread Co., Glory Days, Reston Music, ksb Bagel Cafe and Woody's Golf, contributed prizes to the event so it was both fun and educational for the students.

At the walk, fifth grader Kristin Allgaier spoke to her schoolmates, reminding them that children can make a positive difference in the community. Kristin, with the help of her mother, Beth, organized Fox Mill's first mini-walk as a second-grader in 2005, after she heard a report about the high numbers of homeless families living right here in Fairfax County. Now in its fourth year, the mini-walk is at the core of Fox Mill Elementary's goal that all children be able to provide service to the community as part of

their elementary school experience. With the ongoing support of Principal Pat Sheehy, Fox Mill has taken steps towards engaging all students in meaningful community service.

Over the past four years, Fox Mill's walks have raised more than \$28,000 in support of Reston Interfaith's social service programs. "Reston Interfaith has not only benefited from the funds raised by the Fox Mill walks, but even more so from the knowledge that a young person like Kristin is spreading the word about making a difference among her peers," said Reston Interfaith CEO Kerrie Wilson. "There is no greater investment that we can make as a community than in our children, and Kristin Allgaier is an incredible example of the impact that youth can have when they are engaged on local issues of importance. Our organization is truly fortunate to have developed a strong relationship with the Allgaier family and looks forward to many more years of meaningful walks at Fox Mill Elementary."



Rachel Pionke, Meredith Brooker and Kristin Allgaier pictured during the Fox Mill Elementary's Fourth Annual Mini Walk for the Homeless.



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Vote Nov. 3

Outcome of governor's race depends on who in Northern Virginia turns out to vote.

It's all about turnout. Statewide, voters in Virginia will pick a new governor and attorney general, vote for lieutenant governor, plus one House of Delegates seat. Turnout for these "off year" elections is notoriously low, meaning every vote will count.

The outcome will also count. Both statewide and in delegate races, there are stark differences between candidates. In a very tough economic environment, those who are elected will have tremendous influence on some very important details of living and working in Virginia.

You can find a link to all of the Connection's election coverage, plus to the Voters Guide of the League of Women Voters, which was published last week in the Connection, at www.ConnectionNewspapers.com.

VOTERS' RIGHTS, excerpts from the State Board of Elections:

As a Virginia voter, you have the following rights:

- ❖ To be treated with courtesy and respect by the election officials
- ❖ To seek help from the election officials if you are unsure about anything relating to the voting process.
- ❖ To be given a demonstration of how the voting equipment works.
- ❖ To enter the full name of a write-in candidate.
- ❖ To have a ballot brought to your vehicle instead of entering the polling place if you are 65 years of age or older, or if you are disabled.
- ❖ To vote even if you have no identification with you at the polling place. You must sign the "Affirmation of Identity" statement before voting if you have no ID.
- ❖ To vote by provisional ballot if your status as a qualified voter is in question, and to be

present when the Electoral Board meets to determine if your ballot will be counted.

- ❖ To bring your child age 15 or younger into the voting booth with you to observe you vote.
- ❖ To vote if you are in line by 7 p.m. when the polls close.

IF YOU FEEL your voting rights have been violated or that you may have witnessed an election law being broken, it is important to report the incident before the polls have closed, preferably while you are still there. Contact the State Board of Elections at 1-800-552-9745, or via email at info@sbe.virginia.gov.

If you still believe your voting rights may have been violated, you have 10 days to file a

formal complaint with the State Board of Elections.

For more information and to find your polling place, go to www.sbe.virginia.gov and click on "voter information." Polling places will be open from 6 a.m. to 7 p.m. on Election Day, or consult the local office of elections.

IN FAIRFAX COUNTY:

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Really Scary

With Halloween falling on a Saturday night this year, and Halloween being the sort of holiday that young adults and others can embrace in the midst of a recession, it could more than live up to its reputation as a holiday associated with drinking and driving.

More than half the fatal car accidents over Halloween weekends are caused by drunk drivers, according to the Washington Regional Alcohol Program.

As a means of making the Washington-metropolitan area's roadways a little less frightening this Halloween, the local organization will sponsor free cab rides to would-be drunk drivers throughout Northern Virginia and Suburban Maryland on Saturday, Oct. 31.

We encourage Halloween celebrants to plan ahead, party near public transportation, bring a designated driver, or make other arrange-

ments to stay off the roads after drinking. But if all of that fails, you can call for a free cab ride home.

Offered by the nonprofit Washington Regional Alcohol Program (WRAP), the Halloween SoberRide program will be in operation beginning Halloween at 10 p.m., Saturday, Oct. 31, and operate until 6 a.m. on Sunday, Nov. 1 to keep impaired drivers off the road during this traditionally high-risk holiday period.

During this eight-hour period, area residents ages 21 and older and celebrating with alcohol may call the toll-free SoberRide phone number 1-800-200-TAXI for a no-cost (up to a \$50 fare), safe way home.

Since 1993, WRAP's SoberRide program has provided 44,120 free cab rides home to would-be impaired drivers on specific holidays in the Greater Washington area. See www.soberride.com.

LETTERS TO THE EDITOR

Supervisors Back Deeds

To the Editor:

In these challenging economic times it is critical that Fairfax County has a leader in Richmond who understands our priorities. In Fairfax there are two major issues that stand above the rest and need to be addressed by the next Governor: education and transportation.

Our excellent school system is a major reason for our County's quality of life. Because we have a highly educated workforce, industry considers us a premium location. Our children find employment here instead of searching around the country. Our economic stability allows our residents to contribute fully to the rich fabric of our community. It is a successful recipe, but one that can unravel if threads of support are withdrawn.

While education is a major success story, transportation is the most urgent problem facing Fairfax County and Northern Virginia. Traffic congestion and shoddy maintenance directly impacts our quality of life and our economic well-being. Funding for transportation is a state responsibility. In recent years, to keep most major transportation projects moving, the county has had to obtain or provide funding from non-state sources including county bonds.

Our choice for governor is Creigh Deeds (D). He understands that the solution to our transportation challenges is complex and will require bringing people together from across the Commonwealth. He understands that new funding for transportation is critical, and the funding must not be siphoned out of the state's general fund for education and other critical services. In Fairfax our school

system relies on state aid as our second largest revenue stream. Mr. McDonnell's (R) transportation plan diverts funds from K-12 education — \$5.4 billion from Virginia's schools over 10 years. Less money from the Commonwealth means one of two things: educational programs are cut, or the loss is made up out of our real estate taxes.

We need a governor who will make responsible decisions. In 2004, Creigh Deeds supported then Gov. Mark Warner's (D) bipartisan budget, which made a record investment in public education. Mr. McDonnell voted "no."

It is critical for Fairfax County that the next governor rise to the challenge of righting the Commonwealth's fiscal ship while continuing to fund core priorities. As governor, Creigh Deeds will get Virginia's economy back on track, maintain the Commonwealth's

commitment to education, and offer real solutions for Northern Virginia's traffic problems.

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Supervisor, Dranesville

Linda Smyth (D)
Supervisor, Providence

Gerry Hyland (D)
Supervisor, Mount Vernon

Cathy Hudgins (D)
Supervisor, Hunter Mill

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PHOTOS BY MIKE DICICCO/THE CONNECTION



Linaje Escogido (Chosen Generation) of Shalom Baptist Church performs in English and Spanish.

UCP Explodes with Music

Music Explosion is planned to become annual event at United Christian Parish.

Jack Moore of United Christian Parish doesn't just want to make last weekend's ecumenical Music Explosion event an annual occurrence. He wants it to become the biggest local event of the weekend. "I want to own this weekend," Moore said during the first of two concerts at his church on Saturday.

Both the afternoon and evening shows included five acts, most of them from area churches. Moore, who coordinated the event, recruited the singers himself. "They asked me if I'd do an event and I said, 'Yeah, but it's got to be music,'" he said. "I want to grow a Christian music festival that embraces the full range of Christian musical traditions."

He said this year's event was a bit gospel-heavy, but many other genres could be tapped in the future.

Headlining the afternoon performance were twins Kim and Kelly Butler, who grew up in Reston and have sung with the White House Orchestra, appeared on the "Bobby Jones Gospel" show and performed the National Anthem at a Redskins game, among other appearances. Gospel singer Earnest Pugh capped off the evening performance. Pugh has been named male vocalist of the year by the independent gospel artists' award show En Sound Awards and won gospel album of the year at the 2006 Independent Music Awards.

All proceeds from the event went to Graceful Spaces, which provides furniture for families in Reston Interfaith's transitional housing program, and the North County Hypothermia Prevention program, which provides winter shelter for the homeless and



Teens 4 Worship of Reston's Heritage Fellowship Church gives a performance.



The chorus of the Sterling-based Voices of Worship community choir brings its brand of musical worship to the celebration.



Restonian twins Kelly and Kim Butler headline the afternoon concert.

is run by Reston Interfaith.

Moore said United Christian Parish would have a new, 400-seat sanctuary in three years and that he hoped it would become a community venue for large events, including Music Explosion. And, he said, "I would personally like to have three concerts next year."

— MIKE DICICCO



Interstate 495 (Capital Beltway) and Route 267 (Dulles Access and Toll Road) Interchange Fairfax County Information Meeting

Tuesday, November 10, 2009, 7 – 9 p.m.
George C. Marshall High School
7731 Leesburg Pike, Falls Church, VA 22043

Find out about proposed design modifications to ramps at the Capital Beltway interchange with the Dulles Toll Road and Dulles Airport Access Road. The proposed design change would give motorists heading to or from Dulles Airport a direct connection to/from the Dulles Access Road. Currently, motorists heading to or from the Airport must weave across several lanes of the Dulles Toll Road to enter/exit the Dulles Access Road. These proposed design modifications are part of the I-495 Beltway HOT Lanes project.

Stop by anytime between 7 p.m. and 9 p.m. to view displays and learn more about the proposed design modifications. Virginia Department of Transportation representatives will be available to answer your questions.

Give your written or oral comments at the meeting or submit them by **November 24, 2009** to Ronaldo T. Nicholson, P.E., Regional Transportation Program Director, 6363 Walker Lane, Suite 500, Alexandria, VA 22310. You may also e-mail your comments to Meeting_Comments@VDOT.Virginia.gov. Please reference "I-495/DTR Interchange" in the subject line.

For more information please call 1-877-9595-222 or visit our Web site at www.VAmegaprojects.com.

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State Project: 0267-029-145, P101 UPC: 94611

Be a Part of CHILDREN'S (& TEENS') CONNECTION



Every year between Christmas and New Year's, the Herndon Connection turns its pages over to the contributions of local students. We are seeking artwork, photography, poetry, opinions, short stories and reflections. We welcome contributions from public schools, private schools and students who are home schooled.

E-mail to: PhotoR@connectionnewspapers.com, or mail or deliver contributions by Dec. 4, to 1606 King St., Alexandria, VA 22314. Please be sure to include the student's name, age, grade, school and town of residence along with each submission. For information, call 703-778-9410.

THE CONNECTION
NEWSPAPERS



Tom Flatt as Director Chris Belling in Reston Community Players' 'Curtains.'

Reston Players Present 'Curtains'

A whodunit comedy, romance and mystery at CenterStage Theater.

By SUSAN NELSON
THE CONNECTION

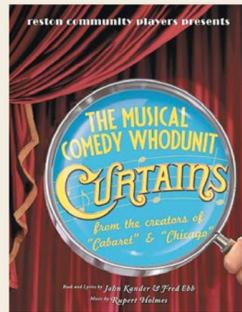
Reston Community Players opened this year's season with the musical "Curtains," a whodunit comedy, romance, and mystery story.

The musical is a "story within a story murder mystery" set in the backstage of a Boston theater where a new musical could be a great success, if not for its leading lady who lacks talent. When the leading lady is murdered during opening night, Lt. Frank Cioffi, who is a musical theater fan, arrives on the set to conduct his criminal investigation in order to solve the case.

Peter Stone's book, adapted for the stage by Rupert Holmes has the feel of a 1950s musical, complete with Wild West cowboys, dancing showgirls and numerous set pieces.

"Mayhem ensues and the murderer is found and there's lots of singing and dancing," said the show's director, Andrew Regiec. "Curtains" is a fairly new play, which debuted in 2006, and this is the first time it is being done in this area. The musical was written by John Kander and Fred Ebb, who also wrote "Cabaret" and "Chicago."

"I heard about the play and wanted to make sure I was here during the opening night," said Justice Manion of Reston. "It was hilarious, I couldn't stop laughing."



'Curtains' at CenterStage

Presented by the Reston Community Players. Performances are scheduled for Oct. 30 and 31 and Nov. 6, 7, 13, and 14 at 8 p.m.; and Nov. 1 and 8 at 2:30 p.m. Tickets are \$18 to \$21. CenterStage Theater, Reston Community Center, 2310 Colts Neck Road. Visit www.restonplayers.org.

Regiec said working on the show has been challenging because of the large ensemble cast. He said watching the cast learn Regiec and improve has been exciting and the choreography is exciting.

"I loved the cast, I loved the story line and I especially loved the romance," said Julie Easton of Herndon. The show has a cast of about 24 and even the pit orchestra conductor has a few lines. The show runs just short of three hours with a 15 minute intermission between acts.

CALENDAR

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/OCT. 29

Farmers' Market at Reston Town Center Pavilion. 3:30 p.m. at Reston Town Center, 11900 Market St., Reston. Locally grown fruits and vegetables, locally raised meats and poultry, bread and cheese, salsa and sausage. 703-689-4699.

Scary - Not Very! 11 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Suspenseful stories and activities to celebrate the season. Come in costume if you'd like. Age 3-5 with adult. 703-242-4020.

Book Buddy Reading Reinforcement Program. 4:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Sign up to read to a Big Buddy for 30 minutes every Thursday through Nov. 19. 703-242-4020.

BNI Power Networking Event. 6-9 p.m., Dulles Hilton, 13869 Park Center Road, Herndon. Meet business people from N. Va. chapters. \$30. info@IMPACTme.com or 703-731-7200.

Outlands Paranormal Tours. 6 p.m. and 7 p.m. at Outlands Historic House and Gardens, 20850 Outlands Plantation Lane, Leesburg. Take an evening tour through Outlands mansion to hear about ghostly legends and paranormal investigations and maybe experience something of your own. Adults \$12, under age 12 \$5. Space is limited, call 703-777-3174 for reservations.

FRIDAY/OCT. 30

Reston Community Players Present 'Curtains.' 8 p.m. CenterStage Theater at the Reston Community Center, 2310 Colts Neck Road, Reston. \$20 adults, \$17 seniors and students. 703-476-4500 or www.restonplayers.org.

Outlands Paranormal Tours. 6 p.m. and 7 p.m. at Outlands Historic House and Gardens, 20850 Outlands Plantation Lane, Leesburg. Take an

evening tour through Outlands mansion to hear about ghostly legends and paranormal investigations and maybe experience something of your own. Adults \$12, under age 12 \$5. Space is limited, call 703-777-3174 for reservations.

SATURDAY/OCT. 31

Reston Community Players Present 'Curtains.' 8 p.m. CenterStage Theater at the Reston Community Center, 2310 Colts Neck Road, Reston. \$20 adults, \$17 seniors and students. 703-476-4500 or www.restonplayers.org.

St. Joseph's Parish Annual Craft Fair. 9:30 a.m.-3:30 p.m. Admission is free. 750 Peachtree St., Herndon. Crafts, raffles, food and more. Special treats for anyone in costume.

Dog Costume Parade. 11 a.m. Herndon Fortnightly Library, 768 Center St., Herndon. Trick or Treat with your dog in a costume parade on the Town Green. Show off your dog in the Silly Tricks Contest. Cosponsored by Bark 'N Bubbles and the Council for the Arts of Herndon. All ages. 703-437-8855.

Inova HealthSource Fight the Flu. 12 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Flu shot clinic. Fee of \$25 or Medicare Part B. Adults. Call Inova at 877-895-5284.

Halloween Day 5K Run/Walk & Community Picnic. Bowman Green, across from Reston Town Center. 9 a.m. registration; 10 a.m. 5K Run/Walk; 10:30 a.m. 1 Mile Run/Walk; 11 a.m. Fall Festival; 12 p.m. community picnic. \$25 per person, under age 10 free. www.creatingwellnessatwork.com.

Kitten and Cat Adoptions. 1-4 p.m. at Pro Feed Pet Nutrition Center, 234 Maple Ave. E., Vienna. With Piedmont Feline Rescue League. 703-242-PETS.

Jimmy's 13th Annual Kids' Halloween Party. 12:30-3:30 p.m. at Jimmy's Old Town Tavern, 697 Spring St., Herndon. Reservations suggested. Dyno-bites, smiley fries, crafts, souvenir photos, indoor costume parade, music by Banjer Dan and more. \$11.95 per child; all children must be accompanied by an adult. 703-435-JIMS.

Jimmy's 13th Annual Adults



PHOTOS COURTESY OF PAUL GILLIS PHOTOGRAPHY

Halloween Bash. 9 p.m. at Jimmy's Old Town Tavern, 697 Spring St., Herndon. Dancing, \$150 cash prize for Best Costume, scary scream contests and more. Reservations suggested. 703-435-JIMS.

Virginia Band and Orchestra Directors Association State Marching Band Festival, Northeast Region. 9 a.m.-4 p.m. at West Springfield High School, 6100 Rolling Road, Springfield. Tickets available at the gate, cost unknown at this time. Twenty-two high school bands from Arlington, Alexandria, Loudoun County, Falls Church, Manassas, Fairfax, Centreville, Springfield, Burke, Woodbridge, Herndon, Lorton and Vienna are expected to compete. www.vboda.org/StateMarch/2009StMarch/schedules/northeast%202009.pdf.

SEE CALENDAR, PAGE 15

Schools on Ballot

Marshall High, Cunningham Park ES among beneficiaries.

In addition to choosing elected officials, voters will be asked to sign off on new debt in the amount of \$232,580,000 for Fairfax County Public Schools' construction projects Nov 3.

Residents are able to check "yes" or "no" on the election ballot regarding whether the Fairfax County Board of Supervisors should borrow money and issue capital improvement bonds to pay for school building projects.

Should the bond measure pass, the school system is not bound to use the financing for any specific projects it mentions in conjunction with the funding. Nevertheless, the school board has laid out the capital improvements on which they intend to spend the extra cash.

At \$101.8 million, the Marshall High School renovation is the largest, most expensive item on the list of projects the new money would cover. The school system is also asking for \$50 million to cover the cost

of a new middle school in the South County area, which Lorton area residents have been lobbying for over the past few years.

The next largest item on the list is "roof replacement" at \$11.25 million, though a school system press release does not indicate where these services are needed. There is also \$9.75 million requested for modular units, otherwise known as classroom trailers.

Several schools are also on the docket for capacity enhancements and modifications, mostly because their student population has outgrown the physical plant.

These schools include Spring Hill Elementary (\$6.33 million) in McLean and Cunningham Park (\$3.46 million) in Vienna.

The school system is also asking for \$5.75 million to do heating, ventilation and air conditioning system repairs; \$3.25 million to comply with the American with Disabilities Act; \$3.25 million for athletic infrastructure upgrades; \$1.5 million in security upgrades and \$1.25 million for paving, according to a school system press release.

— JULIA O'DONOGHUE

An Evening of Modern Dance, Sculpture at GRACE

On Wednesday evening, Oct. 21, Greater Reston Arts Center presented an artistic collaboration between exhibiting artist Rebecca Kamen and choreographer Jane Franklin. Franklin's company of five modern dancers activated Kamen's installation by dancing within the exhibition's spiral maze of pure white sculptures. The exhibition, *Divining Nature: An Elemental Garden*, is based on the periodic table of elements and includes a musical soundscape designed by composer Susan Alexander.

HALLOWEEN HOME OPENER

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Hershey's candy giveaway—trick-or-treating and in-game tosses

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Magnet giveaway—10,000 magnetic Wizards schedules given away upon exiting

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REAL ESTATE

Send announcements to herndon@connectionnewspapers.com. Deadline is Friday for the next week's paper.

P. Wesley Foster, Jr., chairman and chief executive officer of The Long & Foster® Companies, announced that Barry S. Redler has been selected to serve as chief marketing officer, a newly created position within the organization. Redler is an experienced marketing leader having worked with both Fortune 10 and privately held corporations. Prior to joining The Long & Foster Companies, he oversaw marketing and sales as a vice president for the Stanley Martin Companies, a privately held regional homebuilder. Redler also worked for The Ford Motor Company for over 20 years in various senior level marketing and sales

positions. Redler resides in Northern Virginia with his wife and two children.

Nikki Ryan of Keller Williams Realty in Reston has earned the "Certified Distressed Property Expert" designation, having completed extensive training in foreclosure avoidance and short sales. Realtors with the designation have can offer the homeowner better alternatives to foreclosure, which virtually destroys the credit rating.

Jeremy Staadeker, CPA at the Reston-based firm Ryan, Sharkey & Crutchfield, LLP, recently obtained the Certified Valuation Analyst designation. The National Association of Certified Valuation Analysts awards the designation.

HOME SALES

SEPTEMBER 2009 \$1,047,000 ~ \$80,000

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot	AC	Subdivision
11593 CEDAR CHASE RD	5	4	1		HERNDON	\$1,047,000	Detached	0.48		CEDAR CHASE
12812 NETHERLEIGH PL	4	4	1		OAK HILL	\$1,020,000	Detached	0.31		OAK HILL MANOR
11691 HANNA OVERLOOK	6	4	1		HERNDON	\$949,000	Detached	0.83		STUART HILLS
1172 SILVER BEECH RD	5	3	1		HERNDON	\$790,000	Detached	0.58		SUGAR CREEK
13338 HORSEPEN WOODS LN	5	5	0		HERNDON	\$771,000	Detached	0.33		MIDDLETON FARM
3221 SPRING RAIN CT	4	3	1		HERNDON	\$760,000	Detached	0.30		OAKTON RIDGE
13014 GREY FRIARS PL	5	3	1		OAK HILL	\$730,000	Detached	0.28		ASHBURTON OAKS
12807 WILLOW GLEN CT	4	3	1		OAK HILL	\$730,000	Detached	0.47		FRANKLIN FARM
13100 LOU ALICE WAY	5	4	1		HERNDON	\$672,000	Detached	0.36		SMITHSFIELD AT WEST OX
12832 WILLIAMS MEADOW CT	5	3	1		HERNDON	\$668,000	Detached	0.23		MONROE CHASE
2481 IRON FORGE RD	5	3	1		HERNDON	\$657,481	Detached	0.22		SYCAMORE RIDGE
13577 COBRA DR	4	3	1		HERNDON	\$630,000	Detached	0.25		CHANTILLY HIGHLANDS
13511 COPPER RIDGE DR	4	2	1		HERNDON	\$611,000	Detached	0.59		ROGERS FARM
12210 WOODVALE CT	4	3	1		HERNDON	\$599,900	Detached	0.24		KINGSTREAM
659 NATHANIEL CHASE LN	3	2	2		HERNDON	\$579,800	Townhouse	0.05		LOCUST STREET
13207 CAROLINE CT	4	3	1		HERNDON	\$575,000	Detached	0.21		CHANTILLY HIGHLANDS
3040 CASTLEVINE CT	5	2	1		HERNDON	\$530,000	Detached	0.56		FOLKSTONE
2722 SASSCERS HILL CT	5	3	1		HERNDON	\$528,000	Detached	0.33		SASSCERS HILL
13013 NEW ARDEN CT	5	2	1		HERNDON	\$519,500	Detached	0.25		MONTEREY
505 HOLLINGSWORTH TER	3	3	1		HERNDON	\$519,000	Townhouse	0.05		FONTAINE AT PRESIDENTS
2580 HUNTINGTON DR	5	3	0		HERNDON	\$510,000	Detached	0.35		FOX MILL ESTATES
13139 THORNAPPLE PL	4	3	1		HERNDON	\$507,500	Detached	0.26		FRANKLIN FARM
2954 EMERALD CHASE DR	4	3	1		OAK HILL	\$505,000	Detached	0.32		EMERALD CHASE
208 MEETING HSE STATION SQ	3	2	2		HERNDON	\$472,041	Townhouse	0.03		FORTNIGHTLY SQUARE
3143 SEARSMONT PL	4	2	0		HERNDON	\$470,000	Detached	0.47		SOUTHFIELD
202 MEETING HSE STATION SQ	3	2	2		HERNDON	\$466,134	Townhouse	0.03		FORTNIGHTLY SQUARE
12529 DARDANELLE CT	3	2	1		HERNDON	\$458,000	Detached	0.22		HASTINGS HUNT
1615 LOLLEY LICK CT	4	3	1		HERNDON	\$450,000	Detached	0.26		KINGSTON CHASE
2614 LOGAN WOOD DR	3	3	1		HERNDON	\$450,000	Townhouse	0.04		MCNAIR FARMS LANDBAY 5/6
1301 YELLOW TAVERN CT	3	3	1		HERNDON	\$440,000	Detached	0.20		CRESTBROOK
204 MEETING HSE STATION SQ	3	2	2		HERNDON	\$429,707	Townhouse	0.03		FORTNIGHTLY SQUARE
13608 BIG BOULDER RD	4	2	2		HERNDON	\$427,000	Townhouse	0.05		SQUIRREL HILL
1012 TRINITY GATE ST	4	2	1		HERNDON	\$420,000	Detached	0.24		HUNTERS CREEK
206 MEETING HSE STATION SQ	3	2	2		HERNDON	\$413,812	Townhouse	0.03		FORTNIGHTLY SQUARE
2595 LOGAN WOOD DR	3	2	1		HERNDON	\$412,000	Townhouse	0.04		MCNAIR FARMS LANDBAY 5/6
314 OLD DOMINION AVE	5	2	1		HERNDON	\$406,000	Detached	0.25		DOWNS
1411 HORIZON CT	4	3	1		HERNDON	\$400,000	Detached	0.21		FOUR SEASONS
12622 GLENBROOKE WOODS DR	4	2	0		HERNDON	\$400,000	Detached	0.52		GLENBROOKE WOODS
2711 WREXHAM CT	3	2	0		HERNDON	\$395,000	Detached	0.36		FOX MILL ESTS
2558 JAMES MONROE CIR	3	2	2		HERNDON	\$389,900	Townhouse	0.03		MCNAIR FARMS LANDBAY 5/6
13402 HAMER CT	5	3	0		HERNDON	\$385,000	Detached	0.25		REFLECTION LAKE
2477 ROLLING PLAINS DR	3	2	2		HERNDON	\$385,000	Townhouse	0.04		MCNAIR FARMS LAND BAY 2
2074 CAPSTONE CIR	3	2	2		HERNDON	\$382,500	Townhouse	0.04		ROCK HILL
2517 JAMES MADISON CIR	3	2	2		HERNDON	\$380,000	Townhouse	0.03		MCNAIR FARMS LANDBAY 5/6
2501 CLOVER FIELD CIR	3	2	2		HERNDON	\$375,000	Townhouse	0.03		MC NAIR FARMS LANDBAY 11
13707 VENTURI LN	3	2	1		OAK HILL	\$365,000	Townhouse	0.03		COPPERMINE CROSSING
13554 DAVINCI LN #87	3	2	1		HERNDON	\$340,000	Townhouse	0.03		COPPERMINE CROSSING
13694 SALK ST	3	2	1		OAK HILL	\$332,000	Townhouse	0.03		COPPERMINE CROSSING
13347 MISTY DAWN DR	4	3	0		HERNDON	\$330,000	Townhouse	0.04		MCNAIR FARMS LAND BAY 2
13704 VENTURI LN #253	3	2	1		HERNDON	\$330,000	Townhouse	0.03		COPPERMINE CROSSING
1320 SHALLOW FORD RD	4	2	1		HERNDON	\$325,000	Detached	0.19		CRESTBROOK
12830 PINECREST RD	4	2	0		HERNDON	\$316,000	Detached	0.25		FOX MILL ESTS
2518 TERRA COTTA CIR	3	2	1		HERNDON	\$300,000	Townhouse	0.03		COPPERMINE CROSSING LAND
403 HILLWOOD CT	4	2	1		HERNDON	\$299,900	Detached	0.23		DOWNS
13382 CLEEVE HILL CT	2	2	1		HERNDON	\$275,000	Townhouse	0.02		MCNAIR FARMS LANDBAY 5/6
2547 SANDBOURNE LN	2	2	1		HERNDON	\$272,000	Townhouse	0.03		MCNAIR FARMS LANDBAY 6
13304 COVERED WAGON LN	3	2	1		HERNDON	\$263,000	Townhouse	0.04		MCNAIR FARMS
13144 MARCEY CREEK RD #13144	3	2	0		HERNDON	\$258,000	Townhouse	0.00		FOX MILL STATION
751 PALMER DR	3	2	0		HERNDON	\$256,500	Detached	0.20		COURTS OF CHANDON TOWN H
1047 LEXUS WAY	4	3	1		HERNDON	\$255,000	Townhouse	0.06		PARKWAY PLAZA
1141 CYPRESS TREE PL	3	2	2		HERNDON	\$255,000	Townhouse	0.06		PARKWAY PLAZA
953 FERNDALE AVE	3	3	1		HERNDON	\$251,607	Townhouse	0.04		DUMBARTON SQUARE
1254 MAGNOLIA LN	4	2	1		HERNDON	\$250,000	Detached	0.22		DULLES PARK
2480 ANGELINE DR #103	2	2	1		HERNDON	\$245,000	Garden 1-4 Floors	0.00		MANORS AT MCNAIR FARMS
2124 MALEADY DR	5	3	0		HERNDON	\$242,200	Detached	0.20		REFLECTION LAKE
12925 CENTRE PARK CIR #111	2	2	0		HERNDON	\$239,000	Garden 1-4 Floors	0.00		BRYSON AT WOODLAND PARK
1354 OAKSHIRE CT	3	2	1		HERNDON	\$236,000	Detached	0.20		TRESIDE
3096 MCGRANE CT	2	2	1		HERNDON	\$227,000	Townhouse	0.03		HIGHLAND MEWS
12954 CENTRE PARK CIR #206	2	2	0		HERNDON	\$226,500	Garden 1-4 Floors	0.00		BRYSON AT WOODLAND PARK
1208 BOND ST	3	3	1		HERNDON	\$225,000	Townhouse	0.04		BLUEMONT
1210 SUMMERFIELD DR	4	2	0		HERNDON	\$220,000	Detached	0.36		FOUR SEASONS
1138 WHITWORTH CT	4	3	1		HERNDON	\$219,900	Townhouse	0.06		POTOMAC FAIRWAYS
1069 NICKLAUS CT	3	3	1		HERNDON	\$213,000	Townhouse	0.06		POTOMAC FAIRWAYS
12919 ALTON SQ #203	2	2	0		HERNDON	\$193,500	Garden 1-4 Floors	0.00		WORLDGATE
404 PATRICK LN	4	2	0		HERNDON	\$192,500	Detached	0.26		CHANDON
12915 ALTON SQ #113	2	1	0		HERNDON	\$190,000	Mid-Rise 5-8 Floors	0.00		WORLDGATE
700 HEMLOCK CT	3	2	1		HERNDON	\$175,000	Townhouse	0.09		COURTS OF CHANDON TOWN H
414 MAGNOLIA CT	3	2	1		HERNDON	\$170,000	Townhouse	0.04		COURTS OF CHANDON TOWN H
1230 MAGNOLIA LN	3	2	1		HERNDON	\$165,000	Townhouse	0.03		DULLES PARK TOWNHOUSES
13346 APGAR PL	3	2	1		HERNDON	\$165,000	Townhouse	0.05		REFLECTION LAKE
413 RENEAU WAY	3	2	1		HERNDON	\$155,000	Townhouse	0.05		CRESTVIEW
1293 SPRINGTIDE PL	3	2	1		HERNDON	\$150,000	Townhouse	0.06		FOUR SEASONS REGIME
301 RENEAU WAY	3	2	1		HERNDON	\$150,000	Townhouse	0.05		CRESTVIEW
12919 ALTON SQ #301	1	1	0		HERNDON	\$150,000	Garden 1-4 Floors	0.00		WORLDGATE
1295 SPRINGTIDE PL	3	2	1		HERNDON	\$150,000	Townhouse	0.06		FOUR SEASONS REGIME
13370 PREUIT PL	3	2	1		HERNDON	\$144,000	Townhouse	0.05		REFLECTION LAKE
1315 WEXFORD CT	5	3	0		HERNDON	\$140,000	Townhouse	0.06		TRALEE
2160 MONAGHAN DR	3	1	1		HERNDON	\$139,000	Townhouse	0.03		REFLECTION LAKE
1035 KINGS CT	3	2	1		HERNDON	\$135,000	Townhouse	0.03		CAVALIER PARK
13308 PREUIT PL	3	2	1		HERNDON	\$135,000	Townhouse	0.03		REFLECTION LAKE
1104 WATERFORD PL	3	2	1		HERNDON	\$130,000	Townhouse	0.03		TRALEE
1020 QUEENS CT	3	1	2		HERNDON	\$120,000	Townhouse	0.03		CAVALIER PARK
13252 POENER PL	2	1	0		HERNDON	\$100,000	Townhouse	0.04		REFLECTION LAKE
543 FLORIDA AVE #103	2	1	0		HERNDON	\$80,000	Garden 1-4 Floors	0.00		JEFFERSON MEWS

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BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com. Deadline is Friday.

Tower of Dulles Honoree will be the Honorable Timothy M. Kaine, Governor of Virginia. Contact Mary Waters, 703-581-1700 or Susan Davis, 703-430-8749.

Aging Parents" at the Greater Reston Newcomers and Neighbors Club (GRNNC) General Meeting at 10 a.m. at St. John Neumann Church, 11900 Lawyers Rd., Reston. The change in date accommodates St. John Neumann Church Food Drive. For more information call the Membership Chairperson at (703) 437-6866 and visit www.restonnewcomers.org

FRIDAY/NOV. 6
Committee for Dulles 43rd Anniversary Gala. Reception 7 p.m., dinner and program 8 p.m. at Lansdowne Resort. Speaker and

THURSDAY/NOV. 19
Bill Fralin, an Elder Care and Estate Planning Attorney, will speak on "Life Care Planning for Your

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Call Specific Agents to Confirm Dates & Times.

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11849 Dunlop Ct	\$390,000	Sun 1-4	Coldwell Banker	Linda Gualtieri Haer	202-297-3052
2283 Emerald Heights Ct	\$279,900	Sun 1-4	Avery Hess	Tracy Wenger	703-615-2334
11401 Gate Hill Pl#65	\$323,000	Sun 1-4	Prudential Carruthers	Karen Parker	703-720-5560

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706 Main Dr	\$625,000	Sun 1-4	Coldwell Banker	Lisa Moffett	703-517-6708
3048 Promenade Pl	\$699,950	Sun 1-4	Nelson Realty	Lisa Nelson	703-217-4798

GREAT FALLS					
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639 Nalls Farm Way	\$1,995,000	Sun 1-4	Weichert	Carol Ellickson	703-862-2135

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1846 Mamie Dyer Ln	\$1,199,900	Sat & Sun 1-4	Terry Belt	Keller Williams	703-242-3975
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All listings due by Monday at 3 pm.

Task Force Examines Development Options

FROM PAGE 3

the requested density of 2.17 FAR (floor-area ratio). This means 2.17 square feet of floor space would be allowed for each square foot of land, for a total of about 2,400,000 square feet of development.

By way of comparison, Reston Town Center has an average FAR of just under 1, but densities reach from 4 to over 6 FAR in the town center's urban core.

Under the county's recommendation, 35 percent to 45 percent of the development around the CIT would be residential, with a minimum of 775 dwelling units. Forty percent to 50 percent would be office space, 5 percent to 15 percent hotel and 2 percent to 5 percent retail. The institutional use already approved for the site and currently housed in the CIT's recognizable black glass building would remain a focal point.

Both Dulles World Center, which is to lie primarily in Loudoun, and Stout and Teague Company, which filed a proposal for a swath of land between Rock Hill Road and the county line, had suggestions for about five acres of land just north of the CIT site. The county recommended that whoever develops the land be required to consolidate the property with two small parcels to the north, which lie in a resource protection area, in order to be able to develop the consolidated parcel at 1.25 FAR. This would result in a density of about 2 FAR on the developable area, which is what was requested. Offices and hotels with supporting retail uses are advised for this site.

The remaining 20 acres or so, much of which is more than half a mile from the Metro, would be allowed residential development at a density of 1 FAR, half what the original proposal asked for. This would allow for about 420 dwelling units.

Quintero Johnson said the county recommended that all of these densities be tied to the condition that the Metro station was fully funded and included a pedestrian bridge into the CIT area, where a kiss-and-ride would be established. Development on the two southern properties would have to be oriented toward the Metro, and construction on the northern tract would need to transition smoothly into the surrounding residential areas. Other than on the CIT site, densities would also be contingent on adequate

Drop In

The next meeting of the APR Task Force will be Monday, Nov. 9, at 7:30 p.m., at Hutchison Elementary School, 13209 Parcher Ave. At that time, the parties who submitted redevelopment proposals, as well as the Town of Herndon, will respond to the county's recommendations.

road connections with Loudoun.

THE DENSER CIT SITE would require infrastructure analysis to be submitted with any development application, and the community would have to take on a pedestrian-friendly, mixed-use character, including a street grid, plazas and open space, in the early stages of development.

"All previous conditions apply. These are just additional conditions layered on top of that," Quintero Johnson said.

She said the recommendations were based on a recent traffic analysis, as well as the need to make the new development fit with its surroundings.

Bliss said that if traffic reduction was the concern, the county might want to hold off and see how well Metro reduced traffic, instead of planning based on assumptions. "That's the kind of planning that's gotten us where we are," he said.

But Ulfelder said the goal was more along the lines of slowing traffic growth, and that jobs were expected to move to the area rapidly once the recession passed, not waiting for housing to be built near Metro stations.

"The language right now, it's kind of platitudinous," Murphy said, asking whether it was in the task force's purview to develop a holistic vision for a distinctive development. She was told that it was.

If possible, the task force is to complete its recommendations to the county Planning Commission by the end of November, although a December meeting is tentatively scheduled. The Planning Commission will decide on the matter in February, and the Board of Supervisors is to take it up in March.

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Hornets Hoping for Health At Cross Country Districts

Hit by illnesses, Herndon trying to ready for Concorde championships.

BY RICH SANDERS
THE CONNECTION

Pete Sherry is hoping his Herndon High cross country teams, both on the boys' and girls' sides, can regain their health by Thursday's Concorde District championships.

Numerous Herndon team members, like so many students throughout Fairfax County this fall, have been hindered by illnesses. Over the past two weeks, Sherry said four of his top 10 girls' runners and five of his top seven boys have been out of action as a result of the flu, swine flu, mononucleosis or pneumonia.

"We've been decimated by sickness," said Sherry, the program's head coach since 2005. "I've never had that happen before. I'm sure other schools are also going through it. I've canceled some practices at times to keep them away from each other and sent them home."

Sherry said those team members who have been under the weather are recovering. Still, he is unsure how healthy his teams would be for districts, set to take place Thursday, Oct. 29, at Burke Lake Park. The coach hopes that all of the team's hard work prior to the past two weeks will be apparent at districts.

"The good news is we trained hard in the summer and [com-

peted well] in the early fall," he said. "You just hope on that day [of district's] everyone's healthy. There is not much you can do. The kids who are [healthy] are training."

Both the boys' and girls' teams, when healthy, are talented enough to qualify for the Northern Region championships in two weeks, Sherry thinks. The top four team finishers at districts will automatically advance to regionals, also set to take place at Burke Lake. But of course, Herndon's success at districts will depend partly upon the teams' physical health.

"Hopefully, the girls are healthy enough where they can get into regionals," said Sherry.

SHERRY THINKS the Herndon boys are among the top two teams in the district and that the girls are bunched in the top four. The Hornets' top boys' runners this season have been senior Jack Jasper, sophomore Troy Hunsaker and junior Jimmy Luehrs. Leading the girls have been juniors Carolyn Hennessey and junior Carly Kulik, and freshman Belle Burgess.

Herndon had a tough showing at the Oct. 10 Albemarle Invitational at Fork Union School in Charlottesville. The Hornet boys finished a solid eighth place out of 40 teams. Jasper led the way with a 26th overall finish. The Herndon girls finished 17th place out of 33 teams, with Hennessey being the top Herndon runner

(21st overall).

Sherry thinks his team could have fared much better at that particular meet. He blamed poor planning on his part in Herndon reaching their Fork Union destination later than it wanted to by bus. He also said unfamiliarity with the course, as well as it being Herndon's third race in as many weeks hurt the Hornets.

Herndon ran much better a week earlier at the Octoberfest Invitational on the Great Meadows course in The Plains on Oct. 3. There, the Herndon boys finished sixth in a field of 51 teams with Jasper garnering a 24th place finish. The Herndon girls, meanwhile, were 12th among 46 teams. Hennessey led the Hornet girls with a 27th place finish.

"I was very happy," said Sherry, of his boys' teams showing at the Octoberfest. "We beat some good teams in the state and ran in a nice, tight pack. The bigger meet we get into the better we'll do because we run in a close pack."

The coach said Hennessey had a strong race for the girls at Octoberfest.

"She's been training real well," he said. "She's looking good and confident."

Herndon was not scheduled to run this week. Hopefully, the Hornets will be healthy again and ready to run well at districts on Thursday. The girls are scheduled to run at 4 p.m. and the boys at 4:45 p.m.

"Hopefully, the girls will finish in the top four," said Sherry. "We can't really tell right now [how it will go] because of the illnesses."



PHOTO BY RICH SANDERS/THE CONNECTION

The Oakton High football team, with some of its team members shown here after an early season win over Madison, fell to 4-4 on the season following a 21-7 home loss to Concorde District opponent Centreville Friday night, Oct. 23. The Cougars, who went unbeaten during last year's regular season on way to the Northern Region Division 6 title, have struggled this fall with losses to T.C. Williams, Edison, Westfield and now the Wildcats. This Friday, Oakton will play at Robinson, which is coming off a win at Madison.

Stone Bridge High School's Athlete-to-Athlete Program is conducting a Soccer clinic for athletes with disabilities on Saturday, Nov. 15 from 2:30 p.m. Athletes of all ages and ability levels are welcome to participate in the program that will pair special needs athletes alongside Stone Bridge High athletes for instruction, competition and camaraderie. The program is designed to foster connections between high school students and the special needs community. To register, athletes or their representatives should contact Cullen Fleming at athlete2athlete@gmail.com.

SPORTS NOTES

The 13-under Potomac Travel Baseball team, the Generals, were tournament champions at the Columbus Day Classic, which took place on the weekend of Oct. 10 at the Sports at the Beach Complex in Rehoboth, Del. The Generals are comprised of players from the McLean and Great Falls area and are coached by Charlie Ayoub. The team won the tournament championship game, 3-1, over the Woodbridge Diamondbacks of New Jersey.

The Generals entered Sunday's tournament round with a low seeding following lackluster pool play on Saturday. But they turned it around and won all four of their tournament games on Sunday, including a 7-4 victory over the top-seeded Long Island Prospects in a quarterfinals game. That victory avenged the only loss the Generals had suffered over the weekend, a 7-6 setback in their first game on Saturday.

The championship game win over Woodbridge was fueled by the dominant pitching of Billy Gerhardt, who allowed one run while striking out 16 in a complete game (7 innings) effort. Gerhardt was awarded the Tournament MVP trophy for his outing. The Generals also benefited from fine pitching performances over the weekend from Grant Newsome, Colin Morse, Cam Hester, Matt Spidi and Felix Propp. Big hits came off the bats of Caleb Beatty, Cam Hester, Grady Paine, Grant Newsome and Kennedy Dunn. Fine defense was provided behind the plate by Caleb Beatty and Grady Paine, and in the field from Colin Morse, Felix Propp, Mike Gannon, Grady Paine, Cam Hester, Grant Newsome, Alex Shapiro and Billy Gerhardt.

AC Cugini, an official Italian soccer school, is conducting week-night tryouts in Reston for guest spots on its 10, Play Soccer in Italy tournament teams, which will be traveling to Rome and the Italian Adriatic beach during the 2010 World Cup (June 23 through July 7). A three-day training camp with the Italian Olympic Committee is included in addition to tournament

play against Italian teams and a review by talent scouts for professional Italian teams. Boys and girls, ages 10-to-16, are eligible. Entire teams are welcome. For every 14 registered, the 15th person travels free. For further information, contact Cugini President Fabio Diletti at 703-477-5957; or go to info@cuginisoccer.com.

Seahawks Face Langley

PHOTO BY RICH SANDERS
THE CONNECTION

The South Lakes High football team, shown here with coach John Ellenberger, lost a game at non-region opponent Dominion, 46-20, Friday night, Oct. 23. The Seahawks, who are 5-3, will look to bounce back strong Friday night against visiting Liberty District opponent Langley.



NEWS

Reston Orchestra To Open New Season

The Reston Community Orchestra, under the baton of Maestro Dingwall Fleary, will begin its 2009 – 2010 concert season with an orchestral showcase; Brand New Among the Ageless. A special feature will be the World Premiere performance of the Symphony No. 5 in B flat by contemporary American composer, David Ott. The Orchestra will also present Symphony No. 7 in A, Op 92, by Ludwig van Beethoven and Fils du Mandarin Overture by Caesar Cui.

The program will be held on Sunday, November 22, at 4 p.m. at the Reston Community Center, Hunters Woods Village Center, 2310 Colt's Neck Road in Reston.

Admission to the concert is complimentary. Free-Will Donation in support of the orchestra will be greatly appreciated. For more information, visit www.restoncommunityorchestra.org, or call (703) 476-9181.

Donations Sought For Thanksgiving Outreach

The Herndon-based charity Nation Children will conduct a Thanksgiving outreach program at the Reston Community Center at Lake Anne Village Center on Wednesday, Nov. 25.

At last year's event, the organization distributed food and clothing to more than 400 people, and more people are expected this year. Low-income and homeless families will be able to pick up fresh food and vegetables, turkeys, children's clothing and other children's accessories. The event, which is held in collaboration with the Reston Community Center and the county's Department of Family Services, will be held from 11:30 a.m. until 5:30 p.m. Donations can be dropped off at the Nation Children headquarters at 603 Carlisle Drive, Herndon, VA 20170, or they can be picked up when donors fill out a donation form at www.nationchildren.org/donations.html. To learn more, e-mail esther@nationchildren.org or call 866-533-6629.

Sobriety Checkpoint Nets Three Areests

Fairfax County police officers from around the county conducted a sobriety checkpoint to deter and apprehend intoxicated drivers on Thursday, Oct. 22 from 11:30 p.m. until 2:30 a.m. Friday. All motorists were stopped and drivers were evaluated to assure that their abilities to drive had not been impaired by alcohol or drugs.

Approximately 371 motorists were stopped on the northbound lanes of the Fairfax County Parkway near the intersection of Walnut Branch Drive. Three arrests were made for DWI. Five summonses were issued for miscellaneous traffic offenses.

Nine officers and six auxiliary police officers participated in the checkpoint.

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Less Turns Out To Be More



By KENNETH B. LOURIE

Chronicling, as I have, my unexpected ride on the cancer train these past three months, I thought I'd acquaint you, in this column, anyway, with some of the unexpected benefits I've enjoyed, benefits I never would have thought would have mattered under such trying (I'm trying, I'm trying) circumstances.

Chemotherapy causes problems/has side effects (front effects, back effects, too): nausea, vomiting, fatigue, loss of appetite, increased risk of infection, nose bleeds, loss of hair, and the list goes on. The prospect of losing my hair, however, didn't sit well with me initially, but as the follicles fell, that hairy loss (scalp, eyebrows, eyelashes, nasal, body and anywhere else hair grows) created certain opportunities/efficiencies that I didn't anticipate:

No more shampooing and conditioning, no need for more shampoo and conditioner; no more shaving, no more shaving cream and razors needed; less deodorant used since less in its glide path, less deodorant purchased; less soaping since less hair/obstructions to absorb it (and more sedentary lifestyle), so fewer bars bought. In summary; less time, effort and money spent on hair-related personal hygiene (and believe me, no one suffered as a consequence).

Surprisingly, I began to realize other advantages of my condition: much less appetite so much less time and money spent on food and food preparation; commuting to work one day a week instead of five leading to much less wear and tear (stress) on the driver (yours truly) and of course on the vehicle, too, including much lower commuting costs for gas, oil, tolls, etc; fewer in-office and business appointments as a result meant less dressing for success and less laundering of "success" efforts, so less time and money spent on clothes and their cleaning and maintenance; and most importantly, greater control of my life and more freedom, too; for appointments; business, pleasure and medical; for errands; banking, shopping, activities of daily living; and so forth, all at my convenience.

To summarize further: I am now spending much less time doing the things that I don't want to be doing and spending a lot less money not doing them. Moreover, regaining freedom from my previous nine-to-five focus and in turn now being able to spend more time at home, doing more of the things that I never had time to do while working – and never being at home, has enhanced my life immeasurably, health and budget constraints/realities notwithstanding. Control and independence, that's what I feel. Empowered, too. As odd as it might sound, the stress/reality of the lung cancer is almost offset by the corresponding reduction in stress brought on by this change in lifestyle.

As my oncologist first advised, in response to my first question after hearing him read the reports from all the various doctors/scans (X-Ray, C.T., P.E.T, biopsy) identifying my cancer: "No, you shouldn't be working, and should also consider taking that vacation you've always dreamed of." WHAT!

It was brutal to hear. So unexpected, too. Surreal was the first word that came to mind to describe my/our emotional state. But eventually, over time, over treatment (it's now been seven months since I started chemotherapy) and over the fear, you find a place for it (I did, anyway). And the place that I have found, and chosen to focus, are the positives that have resulted, some of which I've listed in this column. Perhaps in your reading of them, they seem rather insignificant in the scheme of things. Not to me. To me, they feel like building blocks of normalcy, fuel to energize my emotional engine and salve to soothe my furrowed brow.

I have to admit, though, a furrowed brow is the least of my problems (heck, I don't even have a brow). Nevertheless, life is easier. Much less stress and a lot more control. Who says cancer is a bad thing? (Everybody, I know, and of course, it is; just go with my flow.) But my post-diagnosis life has been all right. It may be a funny perspective for a cancer patient to have but if humor is indeed the best medicine, then I am happy to over medicate.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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21 Announcements 21 Announcements



Helen "Bee" Nichols Bensten

Bee Bensten passed away in the Capital Hospice Suite at INOVA Cameron Glen Care Center in Reston, Virginia, on Wednesday, October 7th, ten days before her 95th birthday. She was married for almost fifty years to the late Marshall Edgar Bensten, a retired New York City policeman.

Daughter of Hilda and Ernest Nichols, Bee was born on October 17, 1914, in Manhattan New York. As a child, she accompanied her parents to Haiti, where her father served in the U.S. Marine Corps during the U.S. occupation. Both of her siblings, Alice Nichols Kneeland and Ernest Nichols, were born in Port au Prince. Following the occupation, Bee's father and mother became the proprietors of the American Hotel. In addition to a lively gathering place for expatriates, the hotel provided catered meals for the passengers on early Pan American Airlines flights from Haiti to Cuba and Puerto Rico. Bee often reminisced about Charles Lindbergh's February 8, 1928, visit to Port au Prince in his plane, the Spirit of St. Louis.

Bee returned to the States to attend Blackstone College in Virginia. Bee's first job was in the stock transfer department of Consolidated Edison on Irving Place in New York. She was a star on Con Ed's tennis team. She met her future husband Marshall on the subway in Brooklyn when he offered her his seat. They lived on Parkside Avenue in Brooklyn for decades.

In the 1950's until her first retirement in 1975, she worked in accounting at the New York Coffee and Sugar Exchange at 79 Pine Street. She was a Sunday School teacher at the Dutch Reformed Church of Flatbush.

When she and her husband first moved to Reston in the mid 1970's, Bee became a member of the Trinity Presbyterian Church in Herndon and volunteered for many years as the treasurer of the condominium association where they lived. For almost two decades, Bee worked in the office of Dr. Thomas M. O'Neill, until he retired when Bee was 93 years old. Even three months before she died, she lived independently in her townhome with her rescued cats Snowflake and Sparkles.

Bee is survived by her only child, June and her husband Alan Swan of Reston; two granddaughters: Nicole and her husband Glenn Gore of Reston, and Elisabeth and her husband Dirk Johnson of Cleveland, Georgia; and a five-month-old great-grandson Jack Johnson.

In lieu of flowers, donations in memory of Bee, who loved animals and had pets all her life, may be made to the SPCA of Northern Virginia, P.O. Box 100220, Arlington, Virginia 22210-3220. Bee was laid to rest in a private service at Chestnut Grove Cemetery in Herndon.

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Help the needy in Central America at this multi-family yard sale fundraiser. Hearts for Heaven, a registered Christian mission, donates feeding, medical and spiritual enrichment to the needy in Guatemala. Electronics, furniture, home furnishings, sporting goods, toys, books, games and clothes. 1111 Waywood Blvd, Alexandria VA 22308.

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LETTERS

Contrasting Record

To The Editor:
For a man who tries to paint a picture of himself as a "moderate," Del. Tom Rust's (R-86) record on reproductive rights is beyond the fringe. From 2002 through 2007, he has voted no less than 17 times to restrict a woman's right to choose. His votes included requiring teaching that abstinence is the "accepted norm," a position which has been thoroughly discredited and, in fact, has shown to have a result opposite to that intended (HB 164 - 2006). In 2007, he voted for an amendment that would have prohibited Medicaid funding in cases of profound fetal abnormality, incest, or rape (HB 1650, item 4-5.04). How about sending doctors to prison? Sure. In 2007, he voted to make it a felony to destroy a fetus by any means other than medically approved contraceptives (HB 2648). Not enough? Under HB 1126, in 2008, Rust voted to make pregnant women liable to classification as felons for causing an abortion. He has also voted to oppose stem cell research on at least four occasions. The list goes on.

Del. Rust is entitled to his opinion, but the question is, do these votes reflect the views of his constituents in the 86th District? I think not. There is a contrasting view. Stevens Miller, the Democratic candidate for the House of Delegates, currently on the Loudoun Board of Supervisors, has a 100 percent pro-choice record, in addition to his innovative and forward looking views on education, taxes and job creation. Miller has been endorsed by NARAL, Planned Parenthood, and NOW, as well as the Sierra Club, the Virginia PBA and Fairfax County Federation of Teachers. Over the last few months, I have gotten to know him well and I am incredibly impressed with his intelligence, integrity, energy and dedication to making our area a better place in which to live. I know he will do us right in the House of Delegates.

But you know what? However you feel, come out and vote, because that is what this democracy is all about. See you on Tuesday, Nov. 3.

Howard Carlin
Oak Hill

Parade of Nations at Herndon Elementary

Herndon Elementary School celebrated its annual International Night on Wednesday, Oct. 22. It was a fun-filled night celebrating the many cultures of the school. Students participated in a parade of nations with each student representing their heritage. Objects, clothing, posters, art and other artifacts were displayed to represent many countries. Samples of food were available for attendees. The talent portion of the evening showcased dance, music and stories from various countries.



CALENDAR

FROM PAGE 9

SUNDAY/NOV. 1

Reston Community Players Present Curtains. 2:30 p.m. CenterStage Theater at the Reston Community Center, 2310 Colts Neck Road, Reston. \$20 adults, \$17 seniors and students. 703-476-4500 or www.restonplayers.org.

MONDAY/NOV. 2

Auditions for The Violet Hour. at The Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Play runs Jan. 22-Feb. 14, 2010. 703-481-5930.

TUESDAY/NOV. 3

Auditions for The Violet Hour. at The Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Play runs Jan. 22-Feb. 14, 2010. 703-481-5930.

Colvin Run Community Center Weekly Dance. 7 p.m. at Colvin Run Schoolhouse, 10201 Colvin Run Road, Great Falls. \$10. www.colvinrun.org.

Fall Bazaar at the Herndon Adult Day Care Center. 7 a.m.-3 p.m. The Herndon Adult Day Care Center, 875 Grace St., Herndon. Rummage sale items, baked goods, ceramics and crafts made by the participants. 703-435-8729.

Rocknoceros. 10:30 a.m. at the Phoenix Worldgate Theatre, 13025 Worldgate Drive,

WEDNESDAY/NOV. 4

Fall Bazaar at the Herndon Adult Day Care Center. 7 a.m.-3 p.m. The Herndon Adult Day Care Center, 875 Grace St., Herndon. Rummage sale items, baked goods, ceramics and crafts made by the participants. 703-435-8729.

Science in Action: Expanding the Energy Frontier. 7 p.m. at the U.S. Geological Survey, 12201 Sunrise Valley Drive, Reston. Speaker, Brenda Pierce. Free and open to public; federal ID required to get into building. 703-648-4748.

THURSDAY/NOV. 5

Open Mic for Bands Night. 9 p.m. at Jimmy's Tavern, 697 Spring St., Old Town Herndon (on the Corner of Elden and Spring Streets). Bands will receive 30 minutes to play, and must pre-sign with Andre' Love at soulcraftmusic@yahoo.com or 703-984-9114. Walk-ins will only be accepted if time permits. All types of music welcomed. 703-435-5467.

FRIDAY/NOV. 6

Reston Community Players Present Curtains. 8 p.m. CenterStage Theater at the Reston Community Center, 2310 Colts Neck Road, Reston. \$20 adults, \$17 seniors and students. 703-476-4500 or www.restonplayers.org.

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