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MAY/JUNE 2009 ♦ VIENNA/OAKTON CONNECTION

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Home Spa in Vienna

BY JOHN BYRD

Dr. Andy Axelrad—who has lived in Vienna with his wife and two children since 2003, says the prize feature of his family exercise center, the resistance pool, evolved from his search for an alternative work-out routine.

A treadmill, the surgeon had decided, was the wrong exercise for him. What he needed was a way to stretch and loosen up that would also promote deeper relaxation.

After experimenting with several pool variants, he eventually discovered a model that generates a steady front-to-back current and eliminates the need for chlorine. It was a match perfectly suited to Axelrad's requirements, but not to the space limitations of the existing 200-square-foot family fitness center. The existing center had also begun to feel a bit dark and cramped, particularly in contrast to a lovely wooded setting just beyond a windowless bearing wall.

"The aesthetics were important to me," said Axelrad, 45, describing the steps through which his decision to expand the fitness center merged into a plan to introduce an indoor/outdoor continuum. "We were looking for a warmly finished interior... but also a way to maximize our connectedness to nature."



A resistance lap pool sits under skylights surrounded by views of the terraced garden.

Axelrad employed Sun Design Remodeling, a Burke-based design/build outfit.

"I knew this wasn't an easy assignment," Axelrad recalled. "The pool requires a six foot excavation, and all the electrical and HVAC systems were going to

be affected. I was pleased that the project designer, Jeremy Fleming, had a firm grasp of all the challenges".

Among the issues, Axelrad wanted the 12-by-6 foot pool placed into position with crane with minimal disruption to the



Kaleen Kitay and Andy Axelrad at home in their spa.

PHOTOS BY LOUISE KRAFFT

Fitness by Design

Remodeled 13 Times for Family and Functions

HomeLifeStyle ♦ Vienna/Caktion Connection ♦ May/June 2009

BY JULIA O'DONOGHUE

Bill and Bobbie Kilberg's red cedar house may be in the same place it was when their family first moved into it around Christmas in 1977 but the structure bears little resemblance to what the home was at that time.

In addition to a successful legal career that included arguing two cases successfully in front of the U.S. Supreme Court, Bill has also managed to oversee 13 additions and renovations to his McLean home since 1984.

In almost 32 years, the family has seen the size of their McLean home triple, from 3,000 square feet to 9,000 square feet above ground. Every room has changed. The kitchen alone

has been moved three times and is on its fourth renovation overall, he said.

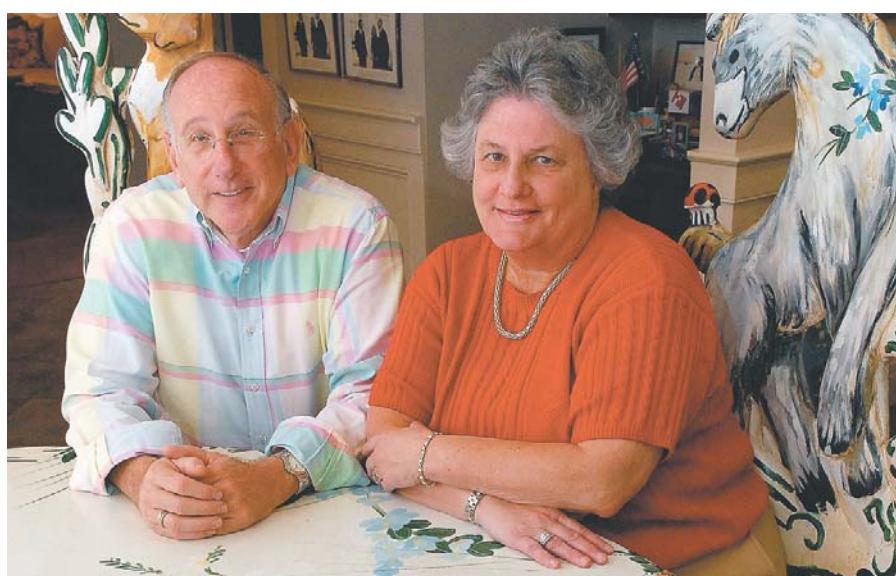
"[Bill] is really just a lawyer who is also a frustrated architect," said Bobbie, president and chief executive officer of the Northern Virginia Technology Council, one the largest such organizations in the country.

The Kilbergs' major home projects included the addition of a handicapped accessible bedroom, bathroom and billiard room, originally built for Bill's father.

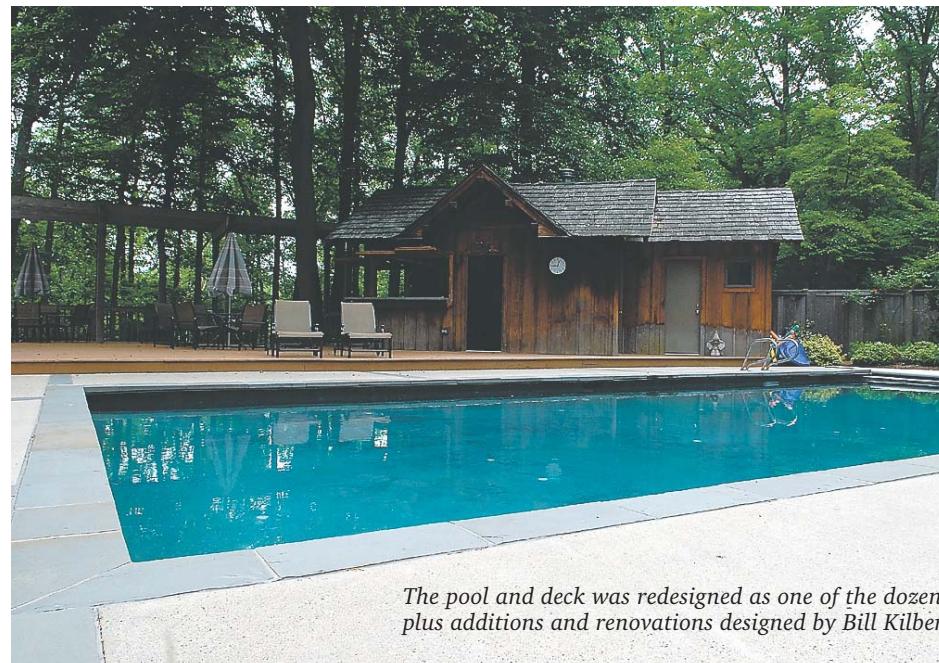
The couple also transformed a small, figure-eight-shaped pool into a larger, rectangular pool after a child's accident with wood

"There have been many times that [the architect] has told me I have a great idea, it just violates the laws of physics."

— Bill Kilberg



Bill and Bobbie Kilberg at home in McLean.



The pool and deck was redesigned as one of the dozen-plus additions and renovations designed by Bill Kilberg.



Bill Kilberg designed two vaulted ceilings in their McLean home.

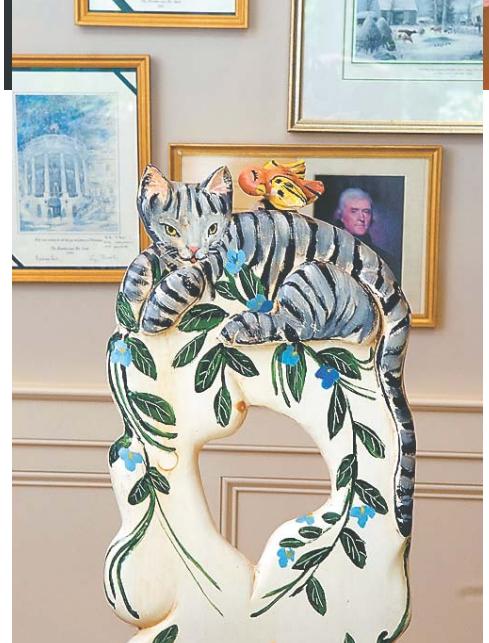


Bill Kilberg smiles as he reminisces about the birthday card he received from Charlton Heston on his 50th birthday. Heston made note that he as Moses only wandered with his people in the desert for 40 years whereas Bill had spent 50.

In the library, a hand-woven rug was created by weaver Christina Bergh. It took almost a year to complete.

PHOTOS BY LOUISE KRAFFT

At Home



A detail from one of the kitchen chairs.



A pool parlor was added as part of one of the many additions for Bill's dad to enjoy while he stayed with the family.

HomeLifeStyle ♦ Vienna/Caktion Connection ♦ May/June 2009

Sold: Million-dollar Homes

Ideas? E-mail HomeLifeStyle@ConnectionNewspapers.com

In April, 58 home in the area sold for \$1 million or more.

HomeLifeStyle • Vienna/Oakton Connection • May/June 2009

Vienna

- ❖ 9610 Atwood Rd (a 4BR, 5 FB, 3 HB) Detached Home on 1.15 acres in Beau Ridge for \$1,800,000 on April 10, 2009.
- ❖ 9519 Francis Young Ln (a 4BR, 3 FB, 1 HB) Detached Home on 0.36 acres in Francis Young Estates for \$1,370,720 on April 09, 2009.
- ❖ 2730 Willow Dr (a 5BR, 5 FB, 1 HB) Detached Home on 0.62 acres in Oakcrest for \$1,325,000 on April 29, 2009.
- ❖ 2195 Amber Meadows Dr (a 6BR, 5 FB, 1 HB) Detached Home on 0.17 acres in Tyson's Chase for \$1,211,045 on April 17, 2009.
- ❖ 8094 Westchester Dr (a 5BR, 5 FB, 1 HB) Detached Home on 0.34 acres in Crossing At Tyson Corner for \$1,150,000 on April 17, 2009.
- ❖ 9885 Palace Green Way (a 5BR, 4 FB, 1 HB) Detached Home on 0.18 acres in Williamsburg Commons for \$1,075,000 on April 27, 2009.
- ❖ 9203 Windsor Meadows Ln (a 4BR, 4 FB, 1 HB) Detached Home on 0.33 acres in Windsor Meadows for \$1,000,000 on April 10, 2009.

Oakton

- ❖ 2756 Marshall Lake Dr (a 5BR, 5 FB, 3 HB) Detached Home on 1.11 acres in Timber Lake for \$1,501,500 on April 13, 2009.
- ❖ 11700 Saddle Crescent Cir (a 5BR, 4 FB, 1 HB) Detached Home on 1.51 acres in Fairwinds for \$1,150,000 on April 23, 2009.

Oak Hill

- ❖ 12729 Ox Meadow Dr (a 4BR, 5 FB, 2 HB) Detached Home on 0.68 acres in Ox Meadow for \$1,100,000 on April 15, 2009.

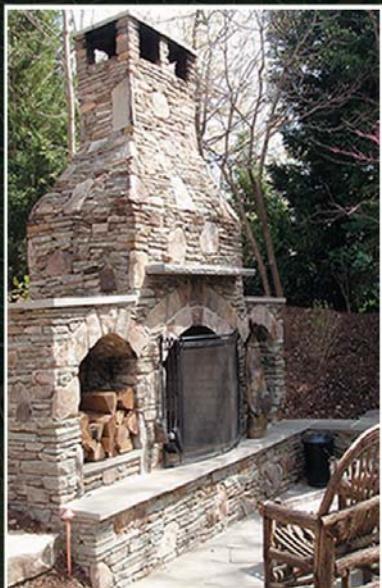


9610 Atwood Rd (a 4BR, 5 FB, 3 HB) Detached Home on 1.15 acres in Beau Ridge for \$1,800,000 on April 10, 2009.



2756 Marshall Lake Dr (a 5BR, 5 FB, 3 HB) Detached Home on 1.11 acres in Timber Lake for \$1,501,500 on April 13, 2009.

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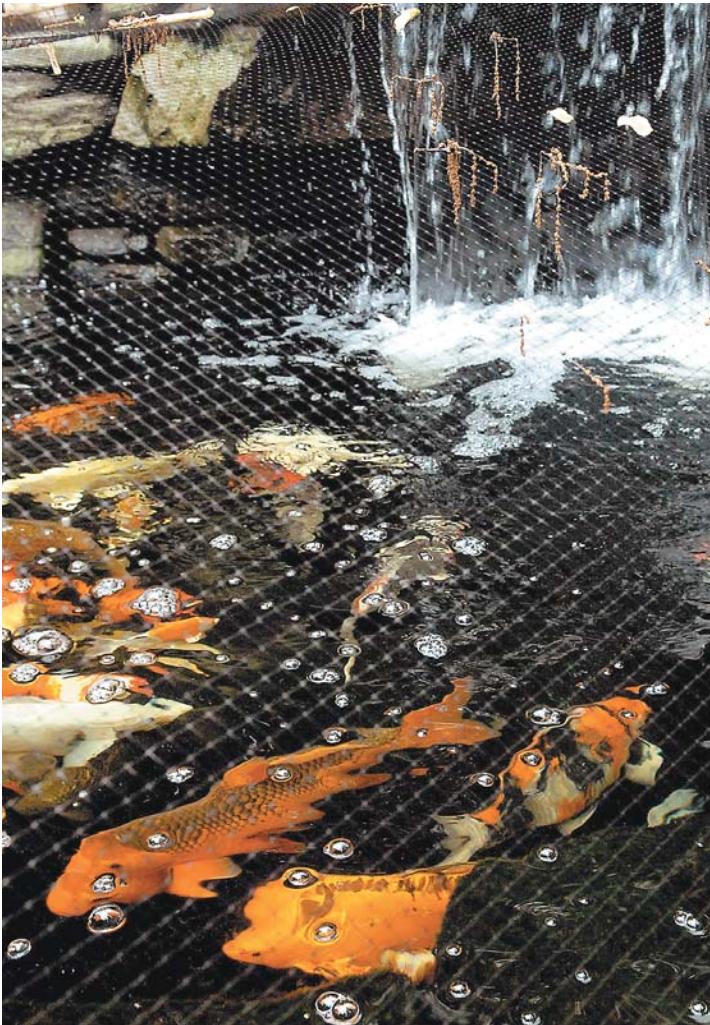
Fitness Center

FROM PAGE 3

He also answered questions in ways that made the options clear," Axelrad said.

Though Sun Design's solution adds only 170 square feet, the carefully angled elevations "cherry pick" sightlines, protecting privacy from one side via a course of elevated transom windows while inviting sensuous backyard views through floor-to-ceiling window walls.

"It's a full service gym and spa," Axelrad enthuses. "I can use it to start or finish my day, or both."



A waterfall flows into a pond swimming with Koi in the terrace garden at the Axelrad home in Vienna.



PHOTOS BY LOUISE KRAFFT

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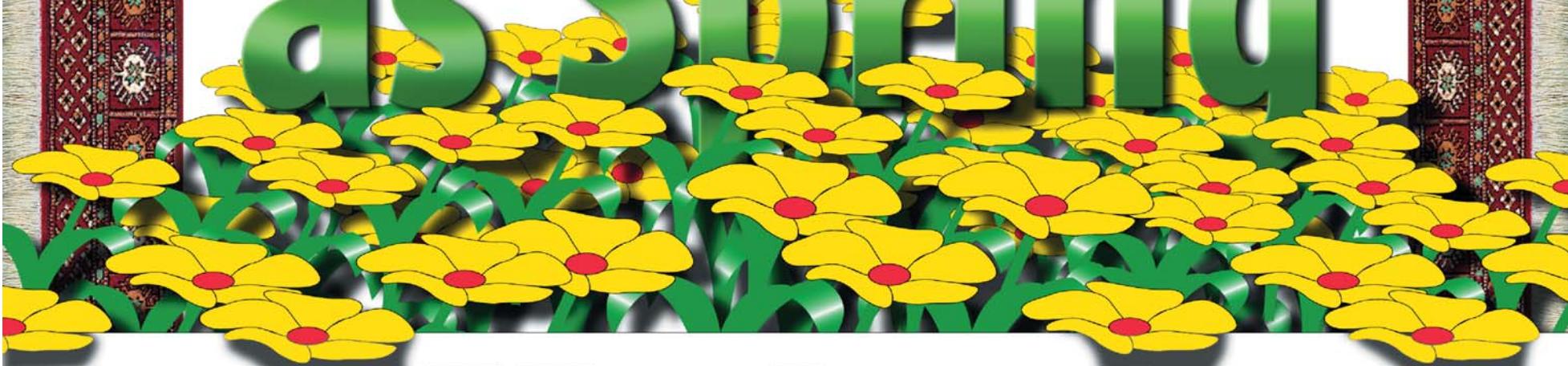
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