

Year of Sports

SPORTS, PAGE 10



2009 proved to be a strong year for local high school sports teams and the top sports stories for 2010 are beginning to take shape.

ATTENTION POSTMASTER:
TIME SENSITIVE MATERIAL.
REQUESTED IN HOME 1-8-10

PRSRPT STD
U.S. POSTAGE
PAID
MARTINSBURG, WV
PERMIT #86



FILE PHOTOS SPORTS, PAGE 10 ♦ CALENDAR, PAGE 8 ♦ CLASSIFIED, PAGE 12

Parents, Friends Answer Call To Serve

St. Stephen's Military Package Program sends care packages to soldiers across the Middle East.

BY JUSTIN FANIZZI
THE CONNECTION

St. Stephen's United Methodist Church's social outreach mission has its members continually working to make their communities better places to live and helping the citizens within them. Beverly and Jim Waldenfels, however, saw that a greater need existed beyond their backyards and answered the call to serve.

The Waldenfels created the St. Stephen's Military Package Program, which sends packages to troops serving in Iraq, Afghanistan, Kuwait and Yemen. Responsible for sending 2,951 boxes at a weight of 35,000 pounds overseas, the program has grown from a small, two-person effort to a church-wide calling.

"It's very important for us to support our troops as a church and as citizens," said program supporter Jeanette Parham. "Our troops can't get some of the niceties that they would like to have, and we pro-

vide those things to them."

The Waldenfels started the program in December 2005, when their son was deployed to Iraq. The couple wanted to send him a package for Christmas of things that he not only needed, but things from home that he missed. Their son enjoyed the package so much that they started mailing packages regularly, including things for other members of his unit.

The Waldenfels also began sending packages to six members of the church who were also deployed in addition to their son, who eventually spread the word to other units. Soon, they were mailing several packages at a time on a continuous basis, and what started as an informal favor to a few friends and relatives quickly became an official year-round program.

"When we started, we supported six deployed folks from our church," Beverly Waldenfels said. "They recommended other people

and commands that needed attention. Those recommendations from people who are deployed are the most popular way of getting requests."

Recommendations, Beverly Waldenfels said, may be the most popular

way to get requests, but they are not the only way. Waldenfels said that several people have been added to the mailing list after chance encounters in the post office near their home. Beverly Waldenfels said that

"It's very important for us to support our troops as a church and as citizens."

—Jeanette Parham, program supporter



Soldiers out in the field display the Christmas tree that the Waldenfels sent them.

SEE PACKAGES, PAGE 9

Perfect Opportunity To Get Involved

Braddock District Community Engagement Initiative enters in second phase in new year.

BY JUSTIN FANIZZI
THE CONNECTION

As the calendar changes, New Year's resolutions are made and the time for change is declared. Supervisor John Cook (R-Braddock) like many others made a list of resolutions, however, his have bigger goals in mind.

Cook's Braddock District Community Engagement Initiative, which was unveiled to the public in October, is entering its next phase this month with the Leadership Institute. The institute, slated for Jan. 23, seeks to provide residents with the tools to foster change in their neighborhoods.

"The Leadership Institute is designed for people who are, or want to be in, leadership positions in civic associations," Cook said. "It is a class that will teach the things that those people will need to know if they become community leaders."

While the Leadership Institute is the second phase of Cook's initiative to stimulate community involvement, it is the first segment of resident participation. According

to Cook, the institute is for people on homeowner association, civic association or other community boards or for those considering community leadership. Cook said that attendees of the seven-hour seminar will be educated on the responsibilities of leaders within community organizations and the body itself.

"The institute will give people the leadership skills that are essential for civic associations and homeowners' associations,"

"The goal is to get people ... believing that they can make a difference."

— Ken Disselkoen, director, Department of Systems Management for Human Services

said Ken Disselkoen, director of the Department of Systems Management for Human Services. "Those leadership skills include running meetings, learning the legal and fiduciary responsibilities, learning how to

recruit volunteers and how to reach out to people of different cultural backgrounds."

Those skills will be taught to the participants, according to Volunteer Fairfax's Tonya McCreary, through a series of lectures and seminars that will be hosted by several different groups at the institute. The institute will begin at 9 a.m. with a series of speeches on how to become a leader who "inspires people" to get involved and how to maintain that involvement by Cook, Deputy County Executive Patricia Harrison and Braddock District Council member Bill Barfield.

McCreary said that the attendees will then break into groups and participate in a series of hour-long workshops following that opening session. Members of the Fairfax County Police and Fire and Rescue Departments will host one workshop, "Creating and Maintaining Safe Neighborhoods." McCreary said that this workshop will discuss the importance of engaging residents in neighborhood watch groups, learning about code enforcement and emergency preparedness.

Another workshop, "The Nuts & Bolts of Managing and Sustaining Community Organizations," will educate participants about the responsibilities of a civic organization and its leaders. According to Cook,

Sign Up

Go to www.fairfaxcounty.gov/braddock/ for information on how to sign up for either the Leadership Institute or the Neighborhood Colleges.

this workshop will cover state statutes that govern community associations and the best practices on how to manage the organization's legal and fiscal responsibilities. In addition, ideas on how to successfully plan for succession and the long-term sustainability of the organization will be discussed.

"There really isn't another opportunity to learn about those things all in one place," Cook said. "Many people don't have the training or resources [covered in this workshop], and it will help them establish a vision or visioning process for their organizations."

The other two workshops will focus on environmental stewardship and engaging diverse populations. In the environmental workshop, members of the county's Environmental Coordinating Council will discuss ways to "live green" in the hopes of maintaining the cleanliness and livability of

SEE LEARN, PAGE 11

Candidates Get Down to Business

State Senate candidates meet with business owners at a networking breakfast.

BY JUSTIN FANIZZI
THE CONNECTION

The candidates for Attorney General-elect Ken Cuccinelli's vacant 37th District State Senate seat kicked off their last week of campaigning before the special election with a meeting with local business leaders Wednesday, Jan. 6 at a networking breakfast.

Hosted by the Greater Springfield Chamber of Commerce at the Fairfax Station Railroad Museum, the breakfast was the only joint appearance for Del. David Marsden (D-41) and Republican challenger and former School Board member Steve Hunt leading up to the Jan. 12 election. The candidates each spoke on the significant issues facing the district and took questions from the attendees. As expected, jobs and the economy dominated the discussion.

"I think we need to have our House of Delegates and State Senate be more pro-business," said Chamber of Commerce member Kathleen McDermott. "We need to

have less regulation and more of an effort to support developing small businesses."

McDermott's feelings echoed the sentiment of many of the event's attendees, many of whom are small business owners, and the candidates seized the opportunity to reach out to their audience. Marsden and Hunt were given 10 minutes to speak before taking questions, and both focused their speeches on economic recovery, including job growth, taxes and government regulation.

Marsden repeatedly stressed Virginia's rating as the "best state to do business in," as selected by Forbes Magazine, and outlined his plans on how to maintain that rating. He said that the state needed to keep the rating intact so that new small businesses would have incentive to open their doors in this area and to do that, he said, Richmond must

"I'm looking [to vote] for the person who is going to stand up for the small business owner."

— John Faith

take a pro-business, pro-growth stance. A pro-business stance, Marsden said, would include less regulation as well as ensuring that the governor's Opportunity Fund has money in it and that the Small Business Financing Authority remains able to guarantee small business loans.

"Job growth has not been strong," Marsden said. "We need to make sure our new governor have money in the Opportunity Fund and we need a small business loan guarantee to get [the number of] jobs back up. Small business is the engine that drives Virginia and I'm your partner in Richmond that will make sure you are not hindered."

Hunt, on the other hand, said that a market-based solution is needed for job growth and economic recovery instead of government involvement. Hunt said that government stimulus packages only result in tax increases and budget deficits and that the government should try to curb spending by examining programs and ser-

Special Election

The 37th State Senate District is comprised of parts of the Sully, Springfield and Braddock Districts. All registered residents of this district can vote in the special election on Tuesday, Jan. 12 from 6 a.m.-7 p.m. at their normal polling places.

vices to see which ones are effective and cutting the ones that are not. Keeping the budget in check, Hunt said, would do the job of maintaining a positive environment for small business growth, which he believes is the key element of the economy.

"I'm not going to Richmond to create jobs, because that is creating governmental jobs," Hunt said. "I'm going to Richmond to create an environment where you, the people, create jobs. My role is to represent the community to the government, not to justify the government's actions to the community."

While the economy was the focal point of the breakfast, the candidates also addressed tort reform, and by proxy, healthcare, as well. Marsden praised the

SEE SPECIAL ELECTION, PAGE 5

Prestigious Award for Spartan Teacher

West Springfield High science teacher Ann Wong wins Milken Educator Award.

BY JUSTIN FANIZZI
THE CONNECTION

The word "overwhelmed" is not usually a part of West Springfield High School biology teacher Ann Wong's lexicon. However, at a surprise assembly on Wednesday, Dec. 9, she found herself feeling exactly that.

The Milken Family Foundation last month selected Wong, a 16-year teaching veteran of the Fairfax County Public School system, as a recipient of the Milken Educator Award. Wong was one of 53 educators nationwide to receive the award that recognizes teachers who "exhibit exceptional educational talent, outstanding accomplishments and long-range potential for professional leadership and the ability to engage and inspire students and colleagues."

"This is quite an honor," Wong said. "It really does validate what I do and it puts a focus on how important teachers are. It is exciting."

"It really does validate what I do and it puts a focus on how important teachers are."

— Ann Wong

Wong's road to receiving the award, which Teacher Magazine called "the Oscars of teaching," has never strayed far from Fairfax County. Wong is a lifetime resident of the county, having attended Bailey's Elementary School in Falls Church, Glasgow Middle School in Alexandria and J.E.B. Stuart High School in Falls Church. She then attended Virginia Tech, majoring in biology with a minor in chemistry and obtained her teaching license. As graduation neared, though, she vacillated on potential career paths. The call to teach proved too strong to ignore.

"It always came back to teaching," Wong said. "I had amazing teachers [growing up] who showed support and encouraged me to do my best, and it was really important to me to get that feedback. In turn, I wanted to give it to others."

After graduation, she went back to an alma mater, Glasgow, and taught seventh- and eighth-grade science for three years. However, Wong said that she wanted an



Ann Wong, middle, in black, stands with the \$25,000 check that she was given at the assembly.

opportunity to utilize her degree in biology, as the seventh- and eighth-grade curriculum is essentially physical and earth science. So, when the Glasgow principal asked Wong if she wanted to follow him to West Springfield High School in 1997, she quickly accepted the invitation to become a biology teacher.

"Part of the reason [I left] was that my former principal at my middle school had

transferred [to West Springfield High School], but I also knew that West Springfield had a wonderful reputation," Wong said.

Wong currently teaches Advanced Placement (AP) to upperclassmen and Honors Biology to freshman, but her service to the school and its students extends far beyond the classroom. Wong serves as the school's AP academics coordinator, responsible for coordinating summer AP academies and disseminating information from the state and county to her fellow AP teachers. In addition, she is the sponsor of the Asian American Student Association.

This year, Wong also agreed to coordinate the school's newly formed "Freshman Transition Program," a program focused on helping students successfully navigate the challenges of moving from middle to high school. Wong said that the program began last summer with the identification of eighth graders who failed one or more SOLs. Then, Wong brought the students in for a three-day session in which she taught them basic learning skills and acquainted them with high school life. Throughout the year, Wong will meet with them once a week and will serve as a mentor.

"She sees beyond the confines of her own classroom and conceptualizes the big picture of how a high school operates, her role as an educator and school leader, the role

SEE AWARD, PAGE 11

OPINION

Happy New Year

Keep in touch.

At the Connection, we invite our readers to fill us in, literally. As we begin the New Year, we are reminded that we need to hear from our readers.

As local, weekly newspapers, the Connection's mission is to bring the news you need about your community, to give you the information you need to enjoy the best things in and near your community, to advocate for community good, to call attention to unmet needs, to provide a forum for dialogue on local concerns, and to celebrate and record milestones and events in community and people's lives.

To succeed at any of that, we need your help. Let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, call us or send us an e-mail.

We invite you to send letters to the editor or

to send an e-mail letting us know about something you especially liked or didn't like about our coverage.

We appreciate readers' ideas. If you see something that you think might be a story, or something you have a question about, give us a call, or drop us a line.

If you know of a person or an organization doing important work, something that might make a good feature story, we are looking for people to feature each week.

We want to know if someone in your family or your community published a book, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon or having art included in an art show.

We publish photos and notes of a variety of personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries.

We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc. E-mail us a photo and a note about the event. Be sure to include the names of all the people who are in a photo, and say when and where the photo was taken.

We also publish notes about news and events from local businesses. Notes about openings, new employees, anniversaries are welcome.

It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate getting notice at least two weeks ahead of the event, and we encourage photos. Events for our calendars should be free or at nominal cost and open to the public.

In covering the issues, we strive to provide a voice for our readers. We look forward to hearing from you.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

Get Involved

The first day of the 2010 General Assembly session is Wednesday, Jan. 13.

The House Appropriations and Senate Finance Committees will conduct a Regional Public Hearing on Friday, Jan. 8, at 10 a.m., at the Northern Virginia Community College, Annandale Campus. The hearing will focus on the Governor's proposed 2010-12 Biennial State Budget and is open to the public.

Fairfax County's delegation to the General Assembly will hold a pre-session public hearing on Saturday, Jan. 9, at 9 a.m. at the Fairfax County Government Center. Sign up to speak by calling the Clerk of the Board of Supervisors at 703-324-3151.

is assumed that they will not live within.

Unlike Fairfax County, schools in Pennsylvania are sustained by the local community; any budget shortfall must be made up by the residents who live within the school district (whether they have children in the schools or not). Education is seen as something of extreme importance — it's a way

out of the factories that our parents and grandparents have labored in all of their lives. It is the reason

that I did not follow the path of my father — I do not have to stand at the same machine like he has for the past 37 years. My father worked Saturdays and holidays so that I could receive a college education and an out from the mindless daily toil that he has faced. I can never thank him enough. While residents may complain about the costs, they step up and fund their schools. My 85-year-old grandmother, whose only income comes from Social Security somehow comes up with nearly \$5,000 every year to pay her school taxes. How can a county where 59 percent of its residents have achieved academic excellence not put every penny they have back into education? The parents of Fairfax County want their children to receive a Cadillac education but are

only willing to pay for a Pinto.

Homeowners in Fairfax County have serious decisions to make about where their priorities are. When times were good and their house values were overinflated, no one was complaining. Instead they were flipping houses in a mad dash to make a few extra dollars, while at the same time laying the foundation for the market collapse. Now that reality has set back in, residents simply want to use the drop in the value of their home as an excuse for not having to pay higher taxes. Candidates running for office all seem to think they can offer a tax reduction — how is that possible? Do people actually believe that this shortfall can be closed with a tax cut? We cannot have it both ways. The county cannot continue to educate children at a high level without the funds needed to do so. Further, as teachers get priced out of living in the area, they will move to communities where they are respected and taken care of. Parents want excellent teachers — raise their salaries and you will get them. I have four college degrees. I could be making much more in the private sector; however, the future of this nation and its youth is much more important to me than the greed that comes with an inflated income. I simply want to be able to live in the community that I teach

in. The nation elected a president who talked about change and commitment to community. Fairfax County voted for this "change." It is time to step up and act. As Ernest Gains wrote "Words mean nothing. Action is the only thing. Doing. That's the only thing."

Thomas Demharter
Fairfax

Disagrees with Smoking Ban

To the Editor:

I think Virginia was wrong to ban smoking in restaurants. While I, as a non-smoker, would choose to not frequent a restaurant that permitted smoking, it is not the role of government to tell a business owner what he may or may not do with his own capital.

The owner of a restaurant should be free to establish his own rules regarding smoking. Customers are free to choose whether to dine at a smoker's restaurant or not and workers are free to choose to offer their services (or not) to a restaurant that permits smoking. No one is "forced" to do anything against their will.

If no one comes to eat or no one

SEE LETTERS, PAGE 6

Contact Us

For the Burke Connection, e-mail fairfax@connectionnewspapers.com or contact Editor Michael O'Connell at moconnell@connectionnewspapers.com, or call 703-778-9416.

'Words Mean Nothing'

To the Editor

Fairfax County Public Schools face yet again another budget shortfall. With the 2009-10 school year nearing the halfway point, county leaders are already preaching gloom and doom for next year. As an educator in Fairfax County, this concerns me. Most teachers can barely afford to live in the communities that we teach in; another year without a step increase or COLA adjustment will drive more and more of us out of the district. Having been born and raised in Western Pennsylvania, how this county cannot come up with sufficient funds to meet the needs of its students is beyond my understanding. Unemployment stands at 4.8 percent in the county; the average family income is \$122,000/year; 59 percent of county residents hold at least a bachelor's degree. Let us compare this with Allegheny County, whose population is about the same as Fairfax County. Unemployment stands at 7.3 percent; average family income is \$46,402; only 28 percent of county residents hold a bachelor's degree. It is considered a disgrace to the district if a teacher cannot afford to live where they teach — in Fairfax County, it

LETTERS

THE CONNECTION

www.ConnectionNewspapers.com

Newspaper of
Burke
An independent, locally owned weekly newspaper delivered to homes and businesses.

1606 King Street
Alexandria, Virginia 22314

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
burke@connectionnewspapers.com

Michael O'Connell
Editor / 703-778-9416

Justin Fanizzi
Community Reporter
703-224-3032
jfanizzi@connectionnewspapers.com

Julia O'Donoghue
Education & Politics
703-778-9436
jodonoghue@connectionnewspapers.com

Ken Moore
Courts & Projects
kmoore@connectionnewspapers.com

Reed Albers
Sports Editor
703-224-3014
ralbers@connectionnewspapers.com

ADVERTISING:
To place an advertisement, call the ad department between 9 a.m. and 5 p.m., Monday - Friday.

Display ads 703-778-9410
Classified ads 703-778-9411
Employment ads 703-778-9413

Steve Hogan
Display Advertising
703-778-9418

Andrea Smith
Classified Advertising, 703-778-9411
classified@connectionnewspapers.com

Barbara Parkinson
Employment Advertising
703-778-9413
classified@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editors
Steve Hibbard, Michael O'Connell,
Kemal Kurspahic
Photography:
Robbie Hammer, Louise Krafft,
Craig Sterbutzel
Art/Design:
Geovani Flores, Laurence Foong,
John Heinly, Wayne Shipp,
John Smith
Production Manager:
Jean Card

CIRCULATION: 703-778-9427
Circulation Manager:
Ann Oliver

**CONNECTION NEWSPAPERS,
L.L.C.**
Peter Labovitz
President/CEO

Mary Kimm
Publisher/Chief Operating Officer
703-778-9433
mkimm@connectionnewspapers.com

Jerry Vernon
Executive Vice President
jvernon@connectionnewspapers.com

Wesley DeBrosse
Controller

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Special Election Jan. 9

FROM PAGE 3

state's actions in regards to tort reform, noting that Virginia has a \$2 million cap on malpractice lawsuits. The cap, he said, along with the Birth Injury Program, which pays out money that doctors contribute in the event of an injury during the birthing process, help to keep health care costs relatively low. Hunt, in turn, said that while the cap places a limit on lawsuit payouts, it still does not alleviate doctor's and insurance companies' fears of lawsuits and therefore, does not help to keep healthcare premiums in check.

Time restrictions limited the candidates to a 10-minute speech and two questions to answer, but for those in attendance, it was more than enough time to cover the issues that mattered most to them. Though most would not divulge their favored candidate, they acknowledged that the issues discussed were the ones that would sway their vote and that they got a good idea of which would be their best ally in office.

"Regulation, taxes and health care. Those are the important issues," said John Faith. "Those are the areas that will allow us to either do business or tie our hands. It's hard to separate those issues when small business is your livelihood, and I'm looking [to vote] for the person who is going to stand up for the small business owner."

BULLETIN BOARD

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

4601 West Ox Road, Fairfax. Free. 703-298-7876.

SUNDAY/JAN. 10

Ostomy Support Group of Northern Virginia. 1:30 p.m.
Inova Fairfax Hospital Physicians Conference Center. Annual Ostomates roundtable discussions with hints, tips and help. 703-802-3457.

THURSDAY/JAN. 7

Fairfax Family Forum's 37th State Senate District Candidate Forum. 7 p.m. at Fair Oaks Church,



Join Us for an Evening of Romance and Passion
The Fairfax Symphony Orchestra
 invites you to attend the
2010 Valentine Pops Gala and Silent Auction

Amore!

Friday, February 5, 2010
 Hilton McLean Tysons Corner

6:30 pm – Silent Auction and Cocktail Reception
 8:00 pm – Dinner
 9:30 pm – Fairfax Symphony Orchestra in concert, featuring Robert Petillo, tenor, and Jeanine Thames, soprano

Tables of 10 available for \$3,000, \$5,000 and \$7,500.
 Individual tickets available for \$300 each.

R.S.V.P. by January 22, 2010 • Black Tie Optional
info@fairfaxsymphony.org

The Fairfax Symphony Orchestra Board of Directors
 and the 2010 Valentine Pops Gala Committee

How would you like state of the art LASER dentistry without drills or needles?

What would you say if you could have your fillings placed painlessly without drills or needles, with laser precision and comfort? You'd probably say, "Where do I sign up?" Well, now you can with a revolutionary new laser we call the Water Laser. You may have seen it on TV lately.

This new Waterlase® is a breakthrough in comfortable dentistry. The laser sprays a computer-controlled spray of air, water and laser energy at the decay in the tooth. The laser energy is absorbed by the water and the energized microscopic water droplets are what actually remove the tooth decay. Rarely is a shot necessary to numb the patient. Since no heat is generated from the laser the Waterlase® is very safe to use on everyone.

What are the benefits of Waterlase® dentistry?

■ Patient Comfort

Heat, vibration and pressure are the primary causes of pain associated with the use of the traditional dental drill. Since cutting both hard and soft tissues (teeth and gums) with the Waterlase® does not generate heat, vibration or pressure, many dental procedures can be performed with fewer shots, less need for anesthesia, less use of the drill and fewer numb lips!

The Waterlase® allows us to prepare teeth with less trauma which results in significantly less tooth sensitivity after new fillings.

Additionally, using the Waterlase® for gum procedures reduces bleeding, post-operative pain, swelling and the need for pain medication in many cases. That means a new level of comfort and satisfaction for your entire family.

■ Sterilization

The laser sterilizes the tooth as it removes decay. This is very important. Because of bacterial contamination, many of you have had old fillings replaced with either new fillings, or in many cases, with crowns--and sometimes even root canals!! The reoccurrence of decay under fillings is a primary reason so many root canals are needed. Since this new laser sterilizes the tooth as it removes decay, and since many dentists now use 'bonded' filling materials enriched with fluoride, the chances of ever having recurrent decay under that new filling are much lower.

■ Great for Teenagers

The Waterlase® is especially great for teenagers. Sure, if the dentist is very good, shots should not really be painful. But **KNOWING** you're getting a shot is psychologically painful even if you can't feel the needle--especially for teenagers. By not getting a shot, not feeling the vibration of the drill, and by not hearing the loud drill, kids never become **afraid of the dentist**, so they don't grow up to be adults afraid of the dentist.

By incorporating laser technology into our dental practice, we are changing dentistry. It is no longer yesterday's world of painful shots, large silver mercury fillings, and fearful patients. Lasers have improved the lives of patients and their dentists.

Technology is something that makes life better. Better in this case is better clinical results, improved patient comfort, less use of anesthesia and antibiotics.

We are proud to be one of the first dentists in Fairfax County to offer this revolutionary technology. Since August 2003, Dr. Fox has completed over 3,000 laser fillings with no needle/no pain/no numbness. If you've been putting off going to the dentist because you were nervous about the drill and needle, you don't have to put it off any longer!

For more information about our dental practice please visit our website at www.larryfoxdds.com



LAWRENCE T. FOX, DDS

5200 Lyngate Court
 Burke, Virginia 22015
703-978-5253

Office Hours: Mon. - Thurs. 7 am - 4 pm
New Patients and Emergencies Welcome
All types of general dentistry done at our office.

Funding Formula Doesn't Add Up

Proposed budget freezes Local Composite Index to detriment of Fairfax Schools.

BY SEN. CHAP PETERSEN
D-34

On Dec. 18, Gov. Tim Kaine (D) announced the proposed state budget for the next two fiscal years. The press focused on the governor's proposal to finally end the car tax and replace it with an additional 1 percent income tax enacted at the local level.

One thing less noted but more insidious to Fairfax County was the governor's proposal to "freeze" the Local Composite Index for funding public education in Virginia. This is a terrible idea that will specifically take money away from Fairfax and break a promise made to all localities that education funding is based on "need" and not politics.

First, a word of background:

The Local Composite Index is a mathematical calculation which purportedly represents a locality's "ability to fund" public schools. It measures that by tracking the following public statistics: real property

assessments, retail sales and personal incomes.

That aggregated wealth number for each locality is then divided by the number of school age children. The final figure is ranked on a sliding scale from 0 (poorest) to 1 (wealthiest).

The state then funds public education in each locality in inverse proportion to its LCI rating. In other words, if a locality has a 0.20 LCI, then the state funds 80 percent of the basic costs of education. If the locality has a 0.80 LCI, then the state funds 20 percent of the basic costs of education.

For the past couple generations, localities in Northern Virginia have rated high on the LCI, which means we've been short-changed on state funding. For that reason, I have contended that the LCI is a pretext that simply enables Northern Virginia's money to be dispersed around the state for public education.

The process peaked a couple years ago



FILE PHOTO

Sen. Chap Petersen (D-34)

when Fairfax County — the state's largest school division — reached a .77 LCI, which meant that the state was only funding 23 percent of its base costs to the system educating 170,000 students. Due to our size, nearly every other school division became a

beneficiary under the LCI system.

Then a funny thing happened. The real estate market crashed in Northern Virginia and personal incomes also decreased.

For 2010, the LCI is re-balanced. And, shockingly, the numbers were tilting more favorably to Fairfax and its neighboring localities.

For example, Fairfax dropped from .77 to .71. Loudoun dropped from .67 to .58. Prince William fell from .44 to .40.

These marginal increases represent large amounts of money. For Fairfax, the 6 percent change represents nearly \$60 million in annual spending for K-12 education —

or enough to preserve all-day kindergarten and elementary school music.

That was good news. It was not entirely unexpected. And it was not undeserved. Our localities have been short-changed for years. It was only just that we gain ground.

Then the bad news.

In his Dec. 18 speech, Gov. Kaine stated that his proposed budget would "freeze the LCI" to its present levels in order to give localities "certainty" for budgeting.

Hogwash. In my years in the legislature, no one has ever proposed freezing the LCI before. No other region in this state would let the governor or General Assembly get away with altering a state formula — if it caused them to lose money.

The most infuriating part was the governor's claim that "seventy-nine school divisions" would benefit from the freeze.

Of course, that's because the big loser is Fairfax County whose size equals all the smaller divisions added together. And our schoolchildren apparently don't count the same.

Fairfax legislators can embrace the governor's logic or simply pretend the issue doesn't exist. Or they can stand up for the schoolchildren and taxpayers of Fairfax County and reject this discriminatory treatment.

COMMUNITIES OF WORSHIP



5690 Oak Leather Drive
Burke, VA 22015
703-764-0456
www.BurkePresChurch.org

Sunday Worship:
8:30 & 11:15 am
9:45 am Sunday School

Saturday Worship:
5:30 pm CoffeeHouse
casual, guest musicians

First Monday & Tuesday of the month: Labyrinth Prayer Walk
Great offerings for children, youth and adults throughout the week.
Wonderful opportunities in music and mission.

IMMANUEL BIBLE CHURCH

Weekend Worship Services

SATURDAY 6:30PM
SUNDAY 8, 9:30, 11AM
VENTURE (YOUNG ADULTS) 11AM
HISPANIC 12:30PM

Check out our

- Creative ministry to children, including Union Station, AWANA, and VBS
- Relevant ministry to middle and high school students
- Vibrant ministry to men, women, and couples
- Young Adults service at 11am
- Spanish-language service at 12:30pm
- ESL classes (fall/winter/spring)
- Immanuel Christian Bookstore

6911 BRADDOCK RD, SPRINGFIELD, VA 703.941.4124
on the web at www.immanuelbible.net

Messiah United Methodist Church

www.messiahumc.org

Check out our:

- dynamic youth group
- both men's and women's ministry
- wonderful choir, bell choirs and a full orchestra

Sunday Services 8:15, 9:30 and 11 am
Sunday School 9:30 and 11 am
Childcare is available during worship

6215 Rolling Road, Springfield
(near West Springfield High School)
703-569-9862



9800 Old Keene Mill Rd.
703-455-7041

Sunday School
9:15 AM
Worship Service
10:30 AM

www.calvaryfamily.com
"Continuing the ministry of Christ on earth"

St. Stephen's United Methodist Church
03-978-8724

Non-Denominational
Burke Community Church
703-425-0205

Calvary Christian Church
703-455-7041

Knollwood Community Church
703-425-2068

Jubilee Christian Center

Celebrating the Sounds of Freedom
Realtime Worship - Sunday 8:45 & 11 AM
Sunday School 10:10 AM
Sunday Evening - 6:30 PM Youth Meeting
Family Night - Wednesday 7:15 PM
Call for Sunday Evening Worship Home Group Schedule
visit our website: www.jccag.org

4650 Shirley Gate Road, Fairfax
Bill Frasnelli, PASTOR 703-383-1170
"Experience the Difference"

Presbyterian

Burke Presbyterian Church
703-764-0456
Sansaug Korean Presbyterian
703-425-3377

Unitarian Universalist
Accotink Unitarian Universalist
703-503-4579



LETTERS TO THE EDITOR

FROM PAGE 4

wants to work at a smoker's restaurant the owner is then free to change his rules.

Also, if we are going to live with the current law, there is nothing "unfair" in allowing "rich" restaurant owners to build and maintain a separate "smoker's environment." America does not guarantee an equal outcome to everyone. If a smart business owner, through efficient use of his resources, creates enough profit to build the separate smoker's room and that is attractive to his customers and employees, good for him!

Ben Glass
Fairfax Station

COLLEGE NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Michelle Lynch of Burke, a sophomore biology major at York College of Pennsylvania, has been named to the dean's list for the fall 2009 semester. To be eligible for this honor, a student must be registered for at least 12 academic credit hours and earn a semester GPA of 3.50 or higher.

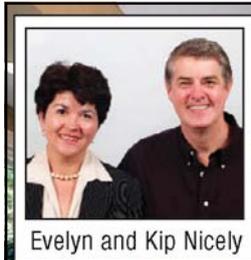
SCHOOLS

West Springfield High School Wind Symphony has accepted an invitation to perform at the Music for All National Festival, presented by Yamaha, in Indianapolis in March 2010. High school and middle school instrumental ensembles around the country audition for the festival through a taped audition sent to Music for All, a national organization that supports active music making. The West Springfield High School Wind Symphony is under the direction of Laurence Einuis.

Christina Wallin of Thomas Jefferson High School for Science and Technology, who plans to study computer science in college, has received a National Merit-The MITRE Corporation Scholarship, a corporate-sponsored scholarship from the National Merit Scholarship Corporation. Corporate-sponsored merit scholarship awards are renewable for up to four years of college undergraduate study and range from \$500 to \$10,000 per year. Others provide a single payment between \$2,500 and \$5,000. Recipients can use the awards at regionally accredited U.S. colleges or universities of their choice.

Qihui Xu of Thomas Jefferson High School for Science and Technology, who plans to study biomedical engineering in college, has received a National Merit Harris Corporation Scholarship, a corporate-sponsored scholarship from the National Merit Scholarship Corporation. Corporate-sponsored merit scholarship awards are renewable for up to four years of college undergraduate study and range from \$500 to \$10,000 per year. Others provide a single payment between \$2,500 and \$5,000.

Your "Nicely Done" Kitchen or Bath is Right Around the Corner! A "One-Stop Shop" That Goes Above and Beyond Your Imagination



Evelyn and Kip Nicely



Are you living with an out-of-date kitchen? Not enough space for your dishes...much less to entertain guests the way you would like? For most people, the main purposes of a kitchen are to cook, eat and socialize. Why not own a kitchen that allows all of that to happen with ease?

Family owned and operated by Evelyn and Kip Nicely, Nicely Done Kitchens is dedicated to making sure each and every client is amazed with

their new kitchen.

Evelyn and her highly professional team of designers strive to make every one of your ideas come true, while offering valuable recommendations from their years of experience. They will also take care of all the measuring, construction logistics and tedious details.

Feel free to stop by their newly-remodeled showroom to browse the gorgeous displays and get ideas for your new kitchen.

Custom Kitchen and Bath Design, Remodeling and Project Management

– Also, KitchenLite –

Ask about our KitchenLite program for a cost-effective smaller remodel.

PROFESSIONAL MEMBERSHIPS:

- The National Kitchen and Bath Association (NKBA)
- The American Institute of Architects (AIA)
- The American Society of Interior Designers (ASID)
- The SEN Design Group (SEN), Nationally Ranked #5
- The National Association of Remodeling Industry (NARI)
- The Better Business Bureau of Washington, D.C. (BBB)



Come Visit Our Showroom

8934 Burke Lake Road

Kings Park Shopping Center—At the intersection of Burke Lake, Rolling and Braddock Roads.

Hours 9:30 a.m.- 6 p.m. M-F; 10 a.m.- 3 p.m. Sat.

703-764-3748

Watch our informative video at www.NicelyDoneKitchens.com



Martin Luther King, Jr. Day of Service
Monday, January 18, 2010
from 10:30 a.m. – 2:30 p.m.
George Mason University's Johnson Center

Families of all shapes and sizes can volunteer at projects with Fairfax 4-H, FACETS, the Jewish Community Center of Northern Virginia and the Orphan Foundation of America – in the convenience of one, central location.

To register to participate, visit www.volunteerfairfax.org.

Walk-in registrations will be accepted as supplies are available; pre-registration is encouraged. Projects best suited for elementary-aged children.

"Everybody can be great because anybody can serve."

Martin Luther King, Jr.



Find Your Children Safe & Sound

KIDDIE COUNTRY

DEVELOPMENTAL LEARNING CENTER

REGISTER NOW!

DEVELOPMENTALLY APPROPRIATE SCHOOL YEAR AND SUMMER CAMP PROGRAMS

Designed to provide a complete, happy, safe learning environment in harmony with the needs of the child.

CHILDREN AGES 2-5

Full (6:30 a.m.-6:30 p.m.) and half day (9:00 a.m.-1:00 p.m.) programs

SPECIAL FEATURES

- Developmental Curriculum • Degreed Teachers • Registered Nurse • Music Director • Nutritious Breakfast, Lunch and Snacks • Heated Swimming Pools • Spacious Shaded Playgrounds • Planned Orientations and Presentations for Parents • State Licensed

BEFORE & AFTER SCHOOL PROGRAMS

AGES SIX-ELEVEN YEARS

GRADES 1-6

Transportation provided to Terra Centre, Fairview, White Oaks, and Cherry Run Elementary Schools. Emphasis on special events, sports, time for homework, and student's choice of activities.

KINDERGARTEN

Registrations are now being accepted for the 2009-2010 School Year. Two Virginia certified teachers per classroom. Program emphasizes language arts, math, computer literacy, science, social studies, social development, art, music and physical development.

FULL DAY SUMMER CAMP PROGRAM AGES SIX TO ELEVEN YEARS

Program is organized into weekly themes packed with FANTASTIC FIELD TRIPS, A SENSATIONAL OVERNIGHT CAMP OUT, DAILY SWIMMING, SPORTS, DANCING, MUSIC, AND AN END OF THE SUMMER "SMASH" MUSICAL PRODUCTION BY OUR CAMPERS FOR THEIR FAMILIES.

KIDDIE COUNTRY I

Burke Centre
Fairfax Station (Fairfax)
6000 Schoolhouse Woods Rd.
Burke, Virginia 22015
703-250-6550

Come See Our Award-Winning Facilities!

(Both Schools Winners of American Institute of Architects Awards)

www.kiddiecountry.com

KIDDIE COUNTRY II

Burke-Springfield
Fairfax Station (Lorton)
9601 Old Keene Mill Rd.
Burke, Virginia 22015
703-644-0066

CALENDAR

To have community events listed, send to south@connectionnewspapers.com or call 703-778-9416 with questions. Deadline for calendar listings is two weeks prior to event.

THURSDAY/JAN. 7

Asylum Street Spankers. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. \$17. 703-255-1566 or jamminjava.com.

Bear Tales Story Time. 10:30 a.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Story time. Ages 13-23 months with adult. 703-249-1520.

Cowboy Tales. 10:30 a.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Stories, activities and a craft. Age 3-5 with adult. 703-644-7333.

FRIDAY/JAN. 8

An Evening with SGGL. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. \$25. 703-255-1566 or jamminjava.com.

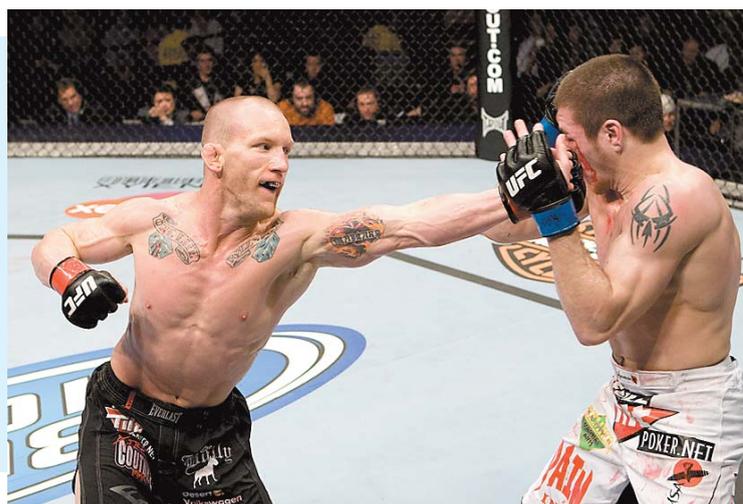
Lunch Bunnies. 12 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Bring lunch and listen to stories. Birth-5 with adult. 703-978-5600.

The Fairfax High School Choral Department Cabaret Night. 7 p.m. at Fairfax High School, 3501 Rebel Run, Fairfax. Classic jazz and Broadway songs. Tickets cover admission, dessert and a beverage. \$10 adults, \$5 seniors, students or children over two. \$25 for a family of four. Gift basket raffle available. www.fhschorus.net.

Chicago City Limits. 8 p.m. at The Barns at Wolftrap, Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. Improv

UFC Bout at GMU

Gray Maynard, left, fights Nate Diaz on Monday, Jan. 11, in a Ultimate Fighting Championship bout at the George Mason University Patriot Center.



COURTESY OF UFC

comedy. \$22. 703-938-2404 or www.wolftrap.org.

SATURDAY/JAN. 9

Help Send Packages to Troops Deployed Overseas. 10 a.m.-12 p.m. at the Little River Glen Senior Center, 4001 Barker Court, Fairfax. This project is being conducted in conjunction with the America's Adopt a Soldier program. Help pack care packages for service members overseas, collect or donate items for the boxes, or donate towards the mailing cost of \$13 per box. Make checks payable to USPS (United States Postal Service). Contact 703-503-8703, TTY 711 for a list of suggested items.

Burke Fairfax Chapter of Jack and Jill of America, Inc. National Bone Marrow Registry Drive. 10 a.m.-5 p.m. at Pohick Regional Library, 6450 Sydenstricker Road,

Burke. Testing is a simple swab of the inside of the cheek. Contact Tammy Mann at mannafamily11@msn.com.

John Jorgenson Quintet. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. \$20. 703-255-1566 or jamminjava.com.

Chicago City Limits. 7:30 p.m. at The Barns at Wolftrap, Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. Improv comedy. \$22. 703-938-2404 or www.wolftrap.org.

SUNDAY/JAN. 10

Thatswhathesaid, Counting Out Loud, Matthew Pablo and A+ Dropouts. 2 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. \$10 in advance, \$13 at the door. www.jamminjava.com.

This Day Waits, Sub-radio Standard, Streetlight Silhouettes, Bybrooke and Box

Robots. 6 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. \$10 in advance, \$13 at the door. www.jamminjava.com.

MONDAY/JAN. 11

Ultimate Fighting Championship, with Gray Maynard and Nate Diaz. 6:15 p.m. at George Mason University Patriot Center, 4400 University Drive, Fairfax. Tickets \$43-\$203, at www.ticketmaster.com or at 703-573-SEAT. 703-993-3000 or www.patriotcenter.com.

PAL Reading Visits. 4-5:30 p.m. Burke Centre Library, 5935 Freds Oak Road, Burke. Read aloud to a trained therapy dog. Call to reserve a 15-minute slot. 703-249-1520.

After-School Special: Puzzled? 3:30 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Puzzle fun. Age 6-12. 703-978-5600.

Friends Meeting. 7 p.m. Kings Park

Library, 9000 Burke Lake Road, Burke. Friends of the Library group monthly meeting. Adults. 703-978-5600.

Book Club Kids: "Where the Wild Things Are." 10:30 a.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. A book club for 3-5 year olds. Activities centered around the book "Where the Wild Things Are" by Maurice Sendak. Children should be familiar with this story before coming. 703-644-7333.

Get Ready for the Olympics Movie Program. 2:30 p.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Olympic-size fun. A hilarious movie about the first Jamaican bobsled team. 703-644-7333.

Open Mic Showcase hosted by Ron Goad. 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. \$2. www.jamminjava.com.

TUESDAY/JAN. 12

Let's Hear It for the Girls. 7 p.m. Kings Park Library, 9000 Burke Lake Road, Burke. Mother-daughter book discussion group. "The Boys Start the War" by Phyllis Reynolds Naylor. Age 9-11 with adult. 703-978-5600.

Tales for Twos: Snowmen Stories. 10:30 a.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. Stories and activities about snowmen. Age 24-35 months with adult. 703-644-7333.

Daytime Book Discussion Group. 1 p.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. "Goodbye and Amen" by Beth Richardson Gutcheon. Adults. 703-644-7333.

Reading Across the Centuries. 6:30 p.m. Pohick Regional Library, 6450 Sydenstricker Road, Burke. The Art of War by Sun-tzu. 703-644-7333.

GEORGE MASON vs. UNC WILMINGTON
SAT., JAN. 9 • 4PM
AT THE PATRIOT CENTER

ARMED FORCES DAY
sponsored by

See New Guard America Drill Team perform at halftime.
Postgame autographs & free throws for kids.

GEORGE MASON vs. GEORGIA STATE
WED., JAN. 13 • 7PM
AT THE PATRIOT CENTER

Receive \$5 Off with your Harris Teeter VIC Card.

GoMason.com
Group & Season Tickets: 703-993-3270
Individual Tickets: 703-573-SEAT or visit ticketmaster.com

WIZARDS JERSEY PACK

Each pack includes two tickets to three Wizards home games plus a Gilbert Arenas replica jersey!

- VW PENTHAUS packages are only \$99
- Lower/Club Level packages are \$199
- LOWER/CLUB LEVEL PACKAGE INCLUDES:
Sat., Feb. 6 vs. Atlanta Hawks @ 7PM
Fri., Feb. 26 vs. New York Knicks @ 7PM
Tue., Mar. 9 vs. Houston Rockets @ 7PM
- UPPER LEVEL PACKAGE INCLUDES:
Mon., Feb. 1 vs. Boston Celtics @ 7PM
Fri., Feb. 19 vs. Denver Nuggets @ 7PM
Fri., Feb. 26 vs. New York Knicks @ 7PM

CHARACTER

COMMITMENT

CONNECTION

CALL: 202.661.5050
CLICK: WWW.WASHINGTONWIZARDS.COM

CONNECTION

Photo Galleries

Now! Thousands of pictures of sports, graduations, current events and more—never published, but posted on the Web. Free for evaluation, available for prints.

Connection Newspapers.com

Click on "Photo Gallery"

COMMUNITY

Packages for Military

FROM PAGE 2

once, when she was in the post office mailing packages, she noticed that the man next to her was sending a package to the same location that she was mailing her boxes. The man, it turned out, was mailing a care package to his son who was in a different section of the same unit. Another time in the post office, Waldenfels noticed another man sending a package overseas as well. Waldenfels asked him why he was mailing the packages, and he said that he was in the military and was leaving in six hours to be deployed and was mailing the packages to himself. Both men were added to the list, and are still supported by the program today.

"You take care of each other when you're in a military family," said church member Bunny Monroe, who provides support to the program. "The units, squadrons and brigades are your family."

The best way to take care of their family, Beverly Waldenfels said, is to provide the troops with items that make their day-to-day life easier. She said that the program generally ships two kinds of packages, office supplies and field supplies. The office packages include snacks, coffee and even a small basketball hoop to play with. The field packages, she said, contain granola bars, easily prepared food, Powerbars, batteries and many other items. In all packages, a toiletry kit is also included that has travel-sized shampoo, body wash, shaving cream and more.

In addition to the standard packages, the Waldenfels and the other supporters accommodate special requests for items that the troops miss from home. The most common items requested are coffee and Utz Potato Chips, but can range anywhere from beef jerky to socks. A soldier once requested barbecue sauce from his favorite rib joint in Texas, while an Italian soldier who was at one time stationed in the U.S. had become addicted to atomic fireball candies while here and asked for them. As long as the request is not for a perishable food item, the Waldenfels will send it.

"Our only other rule is that if we wouldn't send an

item to our son, we won't send it to anybody," Waldenfels said.

While the program began simply with donations from members of the congregation, it quickly expanded once word of their efforts spread throughout the community. Caribou Coffee in Kings Park Shopping Center, Waldenfels said, has become a major contributor to the project. The store initially donated all of the grounds that they did not use during store hours, but now, hold special events just for the program. The store recently conducted a promotion for the program and asked its customers to purchase bags of coffee beans and donate them. By the end of the day, the store had collected more than 100 pounds of coffee beans from its patrons.

In addition, the Waldenfels received a phone call a couple of years ago from the Hilton Hotel in Beverly Hills, Calif. saying that the hotel was changing its toiletry supplier. So, the hotel manager told them that he would like to donate all of the shampoo, soap and face wash from the former supplier. Since then, the hotel has donated towels and washcloths, as well.

"The Hilton in Beverly Hills said that they were switching their brand of shampoo and soap, and sent the old bottles," Waldenfels said. "We ended up getting 1,100 bottles, and the brand was Crabtree and Evelyn."

While sending the items gives the Waldenfels and other supporters more than enough satisfaction knowing that they are making the troops' intense 20-hour days a bit easier, the troops nonetheless regularly reach out to let the church know how much the packages mean to them. The troops send letters and e-mails expressing their gratitude, but they also make prayer rugs that they design personally and even plaques, both of which adorn the walls of the church. Though the expressions of thanks are appreciated, Waldenfels said, the gratitude is solely on the church's side.

"We love these troops and we really believe in what they do," Monroe said. "They truly keep the country free and these are the kids that say 'This is America, the land of the free because of the brave.'"

How To Help

E-mail Beverly and Jim Waldenfels at luckyodie2@aol.com for more information on how to support the Military Package Program.

MILITARY NOTES

Navy Ensign Christina L. Blum has entered into the Uniformed Services University of the Health Sciences (USUHS) in Bethesda, Md., as a first-year medical student of a four-year program. The student will be trained and prepared to serve as a physician in the Army, Navy, Air Force or the Public Health Service. Outstanding

scientists and health care practitioners are prepared for careers in service to the nation. Blum is the daughter of Corrine E. Lahti and Daniel E. Blum of Burke View Court, Burke. She graduated in 2003 from Lake Braddock Secondary School and received a bachelor's degree in 2006 from Emory University, Atlanta, Ga. In 2008, the ensign earned an additional bachelor's degree from the

University of Virginia, Charlottesville.

Timothy J. Hart has graduated from Officer Candidate School (OCS) at Fort Benning, Columbus, Ga., and was commissioned as a second lieutenant in the U.S. Army. Hart is the son of Randall K. and Eileen T. Hart of Turnbuckle Drive, Burke.

Comfort Dental Associates

Family & Cosmetic Dentistry

Rolling Valley Professional Center
9263 Old Keene Mill Rd.
Burke, Virginia 22015

Previously Dr. Gwendolyn Jones & Associates

(703) 455-3338

Most Insurances Accepted

DELTA DENTAL **UNITED CONCORDIA**
Insuring America's Dental Health

BURKE PROFESSIONAL PLAZA

The Corner of Rt. 123 (Ox Rd.) & Burke Centre Pkwy.

Henry F. Dutson, DDS MS *Orthodontic Specialists for Adults and Children*
D. Michael Ellis, DDS

5631-B Burke Centre Parkway
Burke, VA 22015
703-250-2214

4600 John Marr Dr., Suite #401
Annandale, VA 22003
703-750-9393



- Free Initial Exam
- 40+ Years Experience
- Two Board Certified Orthodontists
- Ceramic Braces
- Invisalign Treatment

www.dutson-ellisortho.com



Gary Kramer, D.D.S.

DIPLOMATE OF THE AMERICAN BOARD OF PEDIATRIC DENTISTRY FOR CHILDREN, ADOLESCENTS & THE HANDICAPPED

703-978-0051



Suite F • 5631 Burke Centre Parkway • Burke, VA 22015

Weekdays • Saturdays • Evenings
United Concordia Participant
24 Hour Emergency Care

To advertise please call Steve Hogan at 703-917-6463

FOR EMPLOYERS

Fill your job openings faster...

with Recruitment Advertising in

THE CONNECTION
to your community

703-917-6464

www.connectionnewspapers.com

Great Communities • Great Connections • Great Results

Paul T. Olenyn
D.D.S. LTD.

DENTISTRY FOR EVERYONE WITH CARE & CONCERN

703-978-8560
BY-APPT.

BURKE PROF. CENTER 5207 A. LYNGATE COURT BURKE, VIRGINIA 22015

Stories To Watch For in 2010

With 2009 over-and-done, here's a preview of a few of 2010's top high school sports stories.

BY REED S. ALBERS
THE CONNECTION

District Basketball Play Heats Up

With the holiday tournaments over and just about every local high school basketball team about to enter the bulk of its district play, the basketball scene is primed to heat up the frigid month of January.

The Woodson girls' team comes out of the holiday break with a 6-2 record, recording major victories over Fairfax and McLean. Led by senior Melissa Gallo, the Lady Cavs already have a 2-0 record against Patriot District opponents.

Woodson's boys' team has a 5-4 record after the break and has a 1-1 record in the Patriot District to start 2010.

The Fairfax boys' team, which endured a difficult 2-6 start to the season in December, opened January with a 61-31 victory over Madison. The boys' are currently 1-2 in Liberty District play.

Behind senior guard Lauren Buford, the Lady Rebels have a 5-4 record entering the month of January. The girls earned their first Liberty District victory on Dec. 18 against Marshall with a 48-32 win.

After earning back-to-back victories against Fairfax and West Springfield in mid-December, the Robinson boys' basketball team is enduring an uncharacteristic slump.

Since their Dec. 15 victory over West Springfield, the Rams have dropped five-in-a-row, but are looking to rebound against Chantilly on Jan. 8.

The Lady Rams currently have a 6-2 record and will have a chance to put some distance between themselves and the rest

of the Concorde District in January.

A rocky four-game losing streak started the season for the Lake Braddock boys' basketball team, but they were able to put together a string of four wins in December to earn a 4-4 record.

With a 0-1 record in the district, the boys will look to make up lost ground in January against South County and T.C. Williams. The girls' team is currently 1-6 and starts its January play against West Springfield.

Baseball and Softball Heats Up in 2010

With the winter sports season nearing the midway point, it's not too soon to be thinking about spring training and the upcoming baseball season.

Local teams will be looking to build upon the success they shared in 2009, starting with Lake Braddock and their 17-7 season. The Bruins advanced to the state playoffs but were defeated by Hanover 0-4.

Patriot District newcomer W.T. Woodson will be partaking in its first baseball and softball seasons in the Patriot District in 2010. The baseball team went 11-13 in 2009 and had their season ended by Westfield in the Northern Region playoffs.

Robinson's boys' baseball team ended 2009 with a 13-12 record and will look to compete in the historically strong Concorde District.

Area baseball and softball teams will also be looking to battle for home-field advantage in the state playoffs.

Westfield will be hosting the VHSL State Baseball Finals in 2010 and if local teams can garner top seeds, they'll enjoy playing in the comfy confines of Fairfax County in-



FILE PHOTOS

Coming out of the holiday break, the Woodson girls' basketball team has a 6-2 record and a 2-0 record in Patriot District play.

stead of journeying around the state in 2009. June.

Spring Soccer Fever

Anyone hankering for some soccer before the FIFA World Cup in South Africa arrives in mid-June should check out the local high school soccer scene.

A good starting place for those craving the beautiful game might be Robinson Secondary School, home of the 2009 Northern Region Boys' Soccer Champions.

In 2009 the Rams were the class of the Northern Region when it came to soccer.

In addition to capturing both Northern Region and Concorde District titles, the boys' team also shutout 10 opponents in the 2009 season.

With a season as successful and dominating as 2009, it's only natural that the Rams will have to contend with the ire of the Northern Region and play with a target on their backs.

Other local soccer teams of note include the Woodson girls' team who finished 2009 with a 13-1-2 record and the Lake Braddock girls' team who recorded a 9-7 record in

Patriot District Football

When it comes to ultra-competitive divisions, the NCAA has the Southeastern Conference, the NFL has the NFC East and the Northern Region has the Patriot District.

In the 2009 season, the historically strong Concorde District gave way to a new set of stars in the Patriot District.

Patriot District rivals Lake Braddock and Woodson squared off in the Northern Region finals and just a week before that, it was three Patriot District teams in the semifinals (South County, Woodson, Lake Braddock).

The Patriot District also featured one of the best quarterback rivalries in the area between Lake Braddock's Michael Nebrich and Woodson's Connor Reilly.

Further cementing the power-swap, two of the Concorde District's playoff teams, Oakton and Westfield, exited the playoffs

SEE 2010, PAGE 14

WWW.CONNECTIONNEWSPAPERS.COM



Patriot District rivals Lake Braddock and Woodson faced off in the Division 6 Northern Region football finals in 2009. In 2010, the Patriot District should be one of the most competitive districts in the region.

Learn Make-a-Difference Skills

FROM PAGE 2

the community's neighborhoods. In the final workshop, "Human Capital and Engaging Diverse Populations," topics include understanding the various demographic groups and how to utilize skills and abilities of all members of the community.

"Most people in civic associations are over 60 [years old], but not everyone in the community is over 60," Cook said. "Our meetings don't reflect the diversity of the community and we need to change that."

AFTER THE institute, Cook hopes that the ground work for community organization will be laid, and that the attendees will begin to take the things they

learned into their neighborhoods and get fellow residents involved. Then, in late February through May, Neighborhood Colleges are taking place for people who are just starting to get involved and do not know where to begin. Attendees will hear from graduates of the program, meet local elected officials and learn how to communicate with their fellow neighbors more effectively. Essentially, Cook said, the colleges will help fill out the ranks of community organizations and strengthen the foundation built by the participants of the Leadership Institute.

"The goal of this [program] is to increase civic engagement, to get people involved with their communities and believing that they can make a difference and make it a better place to live," Disselkoen said.

Award for Spartan Teacher

FROM PAGE 3

of her students and her specific program in that operation," Principal Paul Wardinski said.

Wong learned of her selection at the Dec. 9 assembly, where she was surrounded by her fellow faculty members and students. Wong said that she was told that a special science assembly hosted by an unnamed guest was taking place, so even after arriving at the gymnasium, she had no idea about the award. Patricia Wright, state superintendent of public instruction, and Milken Family Foundation Representative Jane Foley were at the ceremony and, when

they took the microphone, announced the real reason why they were there.

"It was a shock," Wong said. "It was kind of surreal. After she said my name, I didn't hear anything even though other teachers were patting me on the back and students were cheering. I broke down into tears because it was so overwhelming."

Though Wong once made the jump from middle to high school teaching, students and parents should have no fear of another move. Wong said that if she moved onto higher education, she would lose all of the relationships and bonds that she worked so hard, for so long, to form.

ROSENBERG
ORTHODONTICS
Dr. Jack Rosenberg, D.D.S., P.C.
Diplomat of the American Board of Orthodontics

At Rosenberg Orthodontics we feel that life is full of things to smile about. Orthodontic treatment is an investment that will provide a lifetime of benefits.

As a gift from Dr. Rosenberg, bring this ad with you and receive \$400.00 off your Treatment Plan!

Please visit our Burke or Gainesville Locations. Call today for your Complimentary Orthodontic Exam, Digital Photographs and X-Rays.
6045 Burke Centre Park Way • Suite 202 • Burke, VA 22015 • (703) 250-2208
7504 Iron Bar Lane • Gainesville, VA 20155 • (571) 248-4355

OPEN HOUSES

SAT./SUN. JAN. 9 & 10

5572 JOWETT CT • \$475,000 • Sun 1-4
RE/MAX • Dane Work • 703-869-4567

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click the Real Estate links on the right side.

Call Specific Agents to Confirm Dates & Times.

Fairfax Station (22039)

9934 SOUTH PARK CIR.....\$749,500 Sun 1-4..... Long & Foster..... Carol Hermandorfer..... 703-216-4949
11611 YATES FORD RD.....\$767,500 Sun 1-4..... Keller Williams..... Karen Paris..... 571-220-7503

Springfield (22150, 22151, 22152, 22153)

6605 WREN DR.....\$685,000 Sun 1-4..... Long & Foster..... Ginny Johnson..... 703-244-1024
6304 DANA AVE.....\$340,000 Sun 1-4..... Long & Foster..... Janice Buckley..... 571-239-2792
7909 TREESIDE CT.....\$399,900 Sun 12-4..... Weichert..... Monique Craft..... 703-628-9571
7602 PALOMA CT.....\$599,990 Sun 1-4..... Century 21..... Helen Grozbean..... 571-233-4287

Kingstowne/Alexandria (22310, 22315)

7805 KINCARDINE CT.....\$474,900 Sun 1-4..... PenFed..... Olga Gribanova..... 703-409-8187
5572 JOWETT CT.....\$475,000 Sun 1-4..... RE/MAX..... Dane Work..... 703-869-4567
1 NEELY ANN CT.....\$825,000 Sat 1-4..... Coldwell Banker..... Phyllis Patterson..... 703-408-4232
6112 REDWOOD LA.....\$509,905 Sun 1-4..... Weichert..... Phil Cefaratti..... 703-371-7601
5644 GLENWOOD DR.....\$799,000 Sat 1-4..... Coldwell Banker..... Phyllis Patterson..... 703-408-4232
6707 ROYAL THOMAS WAY.....\$449,900 Sun 1-4..... Avery-Hess..... Michael Malferrari..... 703-399-5774
7352 SPRINGLEIGH WAY.....\$399,900 Sun 1-4..... PenFed..... Olga Gribanova..... 703-409-8187

Annandale (22003)

4817 DODSON DR.....\$725,000 Sun 1-4..... McEneaney Assoc..... Joanne Gunn..... 703-786-1586

To add your FREE Realtor Open House listing in Springfield/Kingstowne, Burke, or Fairfax Station/Laurel Hill, Contact Steve Hogan at shogan@connectionnewspapers.com All listings due by Tuesday at noon.

#1 Weichert Agent in Burke & Fairfax Station
Call Kathleen today and ask for a copy of her "Satisfied Client List"

FREE REPORT!

Visit www.Kathleenhomes.com to instantly view recent home sales in Northern Virginia. Click on "Instant Home Values" tab and enter an address.

Burke **\$539,950**
Longwood Knolls Community
Beautifully maintained home on premium cul-de-sac backing to trees w/ 5BR, 3BA, fabulous remodeled eat-in kitchen w/ addition, huge screened porch, deck, quality remodeled MBA w/ granite & frameless shower drs, replaced roof, siding, windows, garage drs, HVAC & more.

Herndon **\$1,900**
Sunny & Spacious
Lovely TH w/ Sunroom, hrdwd flrs main lvl, huge fin walkout bsmt w/ frplc, 3BR, 2.55BA, deck, patio, eat-in kit w/ island opens to fmlyrm, fresh paint, MBA w/ double sinks & sep tub & shower MBR w/ walk-in closet, walk to school, pool & shops.

Springfield **\$239,950**
Multiple Offers Received
Immac & sunny 3 level townhouse w/ fin walkout bsmt, updated kit w/ cabinets replaced, fresh paint, large private fenced yard, dramatic sunken living room, large utility & storage room, new furnace 2003, walk to school, comm pool & tennis & easy access to bus, metro & I95/I495.

Kathleen Quintarelli
703-862-8808

Weichert, Realtors

#1 Weichert Realtor
Burke/Fairfax Station
Licensed Realtor 20 Years
NVAR Lifetime Top Producer

See Interior Photos at:
www.kathleenhomes.com • kathquintarelli@erols.com



Chanukah Party

Congregation Adat Reyim conducted its community Chanukah party on Dec. 13 with Chanukah-themed music, traditional Chanukah food, arts and crafts activities and more.

FAITH NOTES

Send notes to the Connection at south@connectionnewspapers.com or call 703-778-9416. Deadline is Friday. Dated announcements should be submitted at least two weeks prior to the event.

Film Screening: Food, Inc. 7:30 p.m. at Accotink Unitarian Universalist Church, 10125 Lakehaven Court, Burke. Free movie with Doug McCusker, author of Ethical Eating. Vegetarian potluck at 6:45 p.m., film starts at 7:30 pm. Reservations recommended. 703-503-4579 or administrator@accotinkuuc.org.

New Beginnings Divorce Care: a 13-week program with a Christian approach to divorce and separation. Beginning Saturday, Jan. 9 at Truro Church, 10520 Main St., Fairfax. The course runs continually and can be joined at any time. Free. Contact Don Emery at 703-815-6762 or donemery@aol.com.

Seniors are invited to the Lunch N' Life sponsored by the Shepherd's Center of Fairfax-Burke on Thursday, Jan. 21, from 12- 2 p.m., at Jubilee Christian Center, 4650 Shirley Gate Road, Fairfax. The program will be presented by Phyllis Verhalen performing as Abigail Adams in period costume. Seating is limited. For reservations, call Faye Quesenberry 703-620-0161 by Jan. 14. \$8; checks payable to SCFB. If transportation is needed, call the SCFB office 703-323-4788. See www.fairfax-burkesc.org.

United Methodist Men Breakfast is on Saturday Jan. 23, at 8 a.m., at Franconia United Methodist Church, 6037 Franconia Road, Alexandria. The men of Franconia UMM (United Methodist Men) will begin another year in ministry to the men of the congregation with their annual kickoff breakfast to plan out the entire year of 2010. All men are welcome. 703-971-5151 or www.franconiaumc.org.

Messiah United Methodist Church is located at 6215 Rolling Road, Springfield. For more information, call 703-569-9862 or visit www.messiahumc.org.

❖ **A Community of Contagious Joy.** Sunday Worship: 8:15 a.m., with Holy Communion every Sunday; and 9:30 a.m. and 11 a.m., Holy Communion on the first Sunday of the month.

❖ **Heartline:** An interactive praise and worship service, Sunday evenings at 7 p.m.

ZONE 2: • BURKE
• FAIRFAX • SPRINGFIELD

EMPLOYMENT

703-917-6464

ZONE 2 AD DEADLINE:
WEDNESDAY 11 A.M.

P/T MEDICAL RECEPTIONIST

Friendly, energetic person needed for solo practice in Burke. P/T, Mon, Tues & Wed. Must be organized, detail oriented and have excellent interpersonal skills. Please call 703-978-8100

AA/Administrative Secretary

Advanced skills in MS Word, PPT and Excel, 70+ WPM w/accuracy, Outlook calendar. Book travel. Multi-tasking ability, attention to detail essential. Phones. Min. 5 years direct experience. Fairfax, VA-based consulting firm. Business casual, good benefits, free parking. EOE. E-mail resume and salary requirement to pravenelle@gbbinc.com, or fax to 703-698-1306. No phone calls, please.

Driver-Patient Service Rep

Part-Time afternoons & eves. Fast growing regional Home Infusion Pharmacy seeks a PT Patient Service Rep – Driver to work for our Fairfax, VA loc. Cands must have a valid & clean driver's lic; excell communication & customer svce skills; & have their own vehicle. This position is mainly responsible for delivering medication to the homes of our patients. Hourly wage is between \$11 & \$12 plus mileage. Interested candidates should email resume to Human Resources at hr@tpnathome.com. EOE

Home Instead SENIOR CARE COMPANIONS & CNA's NEEDED

Enable seniors to live independently in their own homes with our non-medical companionship and home care services. Rewarding P/T days, evenings, weekends, live-ins, medical benefits offered.
Home Instead Senior Care.
Call Today: 703-750-6665

Nail Technician

Goodwin House Bailey's Crossroads is seeking a Nail Technician to work one day a week in our Beauty Salon. Responsibilities include manicures, pedicures, acrylic nails. Must be licensed in Virginia. Excellent communication and interpersonal skills required. To join our team, apply online www.goodwinhouse.org.
Ph: (703) 578-7204,
Fax: (703) 578-7233. EOE

Ladies Apparel

SALES PERSON

Part-time, Full-time • Top Salary
Excellent working conditions.
Flexible hours. No nights/Sundays.
Requirements: retail ladies fashion exp, energetic, mature 40+, pleasant personality, fluent English.
Call Mrs. Shipe Between 11am & 4pm
MAE'S DRESS BOUTIQUE
703-356-6333 • McLean, Virginia

TELEPHONE WORK AT HOME!

A great opportunity to
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

TELEPHONE WORK AT HOME!

A great opportunity to
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

FT/PT SALES ASSOCIATES

Our Health Food Store needs dependable, energetic people to participate in our growth. Retail exp. req'd. Health benefits, 401(K). Call: 540-751-9346

TEACHERS & ASSISTANTS

Play & Learn @ Dulles Corner in Herndon, VA is seeking F/T Teachers and Assistants. Please call 703-713-3983 or fax resume to 703-793-2298 or email at Sangley@va-childcare.com.

RETAIL SALES

FT/PT. Person who likes people and clothing. *Exc. pay & benefits.* Fairfax Circle loc. No Sundays. Call Audrey, M-F, 9:30-5:00
703-965-5322

Landscape

Chapel Valley Landscape Company in Dulles, VA is seeking a Property Manager with Landscape Management experience, to manage crews, customer service oriented, computer knowledgeable, organized, goal oriented, fluent in English. 2 year college degree in hort. or related field pref. Landscape sales exp. req. Must have DL & clean driving record. Competitive wages & benefit package. Fax or e-mail resume to carmenp@chapelvalley.com. EOE. Substance-free workplace.

Job Openings

7058 Columbia Pike
Annandale, VA 22003

Fast growing office looking for even more CAREGivers® and quality office staff

Recruiter – recruit and interview potential caregivers

Client Care Coordinator – help families find solutions to their home care needs. Work directly with clients and caregivers

Community Liaison – be the external face of Home Instead to healthcare professionals.

.....and always looking for great companions and CNAs to be caregivers for the elderly.



Companionship
Meal Preparation
Med Reminders
Light Housekeeping
Incidental Transportation
Personal Care and More

Friendly, cheerful, dependable people will have a successful career with Home Instead®. Health benefits, 401(k), paid vacation, and flexible work schedule. EOE.

Home Instead SENIOR CARE®

To us, it's personal.™

Call or stop by:

703.750.6665

homeinstead.com/annandale

Each Home Instead Senior Care franchise office is independently owned and operated

COMPUTER SYSTEMS

ANALYST

CGI Technologies and Solutions Inc. seeks Computer Systems Analyst: participate in the full software development lifecycle; gather requirements, analyze existing systems, modify, design, develop systems & solutions; implement designs by developing solutions using object oriented programming languages; perform software testing using automated tools. Reqs: Bach in Comp Sci, CIS, MIS, Engineering, Math or foreign equivalent + 8 months exp in job offered. Must have working knowledge of C#, .Net, ASP.Net, Java, J2EE, JSP, XML, SQL Server, UML. Location: Lebanon, VA. Multiple openings. Send resume/cover letter Attn: Rebecca Shelp 14033 Denver West Parkway Golden, CO 80401, Ref: 22-2237

CAREER EDUCATION

WESTWOOD COLLEGE

Earn a bachelor degree in just three years at Westwood College
Call 877-852-9712 today to receive your free Career Success Kit!
www.westwood.edu/locations

EMPLOYMENT

ZONE 2: • BURKE
• FAIRFAX • SPRINGFIELD

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-917-6400

ZONE 2 AD DEADLINE:
TUESDAY NOON

Medical Office Insurance Clerk

Immediate FT opening in busy pediatric office in Fairfax, M-F, 9-5. Please call 703-914-8989 ext 128 or fax resume 703-914-5494.



Need an Extra \$500 - \$1000 per mo. to pay Bills ??

Call Sue @ 703-451-5864

Email: avonsatosell@yahoo.com
www.youravon.com/sanderson5864

DRIVER

- DEDICATED DRIVERS
 - Part-time (M-F schedule)
 - Home Daily, Dry Van
 - Drop-n-hook freight
 - CDL A w/1 yr exp, 23 yoa.
- Call NFI anytime, 888-801-0783
www.nficareers.com

BEST CHILDCARE JOBS!

F/T, P/T, On-Call, Top Salaries
No Fees, Must be 21, Legal & Drive
References Req'd
703-838-2100
White House Nannies, Inc

VETERINARY TECHNICIAN ASSISTANT

P/T position for experienced, reliable person. Must have excellent client service ability and be dedicated to superior animal care. We offer competitive salary and generous discounts.

CLIFTON-CENTERVILLE ANIMAL CLINIC
703-830-8844

Transportation Coordinator

Goodwin House Bailey's Crossroads is seeking a part-time Transportation Coordinator. This position is responsible for scheduling drivers and driving residents throughout the Washington, DC metro area. No CDL is required. Must have a valid driver's license with an insurable driving record. Must be proficient in Microsoft Word. To join our team, apply online www.goodwinhouse.org. Ph: 703-578-7204, Fax: 703-578-7233. EOE

HR Coordinator/ Employee Relations Specialist

No. VA company seeks an experienced, HR Generalist with excellent verbal/written communication skills. To provide employee relations support to employees and managers on issues relating to discipline, termination, employee relations and conflict resolution. Degree preferred in related field, HR certification a plus. All candidates must pass the required background screenings. Competitive salary and benefits offered. If interested in applying, please send resume and cover letter to resumes@ourpeoplework.org or fax to 703-461-3906.

CLEANING

Y & Y CLEANING

13 yrs Exp.
Excellent Refs,
Guaranteed Satisfaction,
Call Yamilet

703-967-7412

CARE MORE CLEANING SOLUTIONS

Residential & Commercial
10% Senior Citizen Discount

703-862-5904

OR

LICENSED 703-780-6749 INSURED
caremorecleaning.com

A CLEANING SERVICE

Since 1985/Ins & Bonded

Quality Service at a Fair Price
Satisfaction Guaranteed
Comm/Res. MD VA DC

acleaningserviceinc.com

703-892-8648

ELECTRICAL

ELECTRICAL

K & D ELECTRIC

COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated

Recessed Lighting
Ceiling Fans
Phone/CATV
Computer Network Cabeling
Service Upgrades
Hot Tubs, etc...

Licensed/Bonded/Insured
Office 703-335-0654
Mobile 703-499-0522

GUTTER

GUTTER

Metro Gutter

Clean/Install/Repair

- Wood Replace & Wrapping
- Pressure Washing
- Chimney Sweeping & Repair

20 YEARS EXP.

703-354-4333

metrogutter.com

MR. GUTTER

GUTTER CLEANING & REPAIRS

Townhouses \$50
Houses \$85

Ext. Painting • Power-Washing

LIC 703-323-4671 INS

PINNACLE SERVICES, Inc.

- LEAF REMOVAL
- GUTTER CLEANING

703-802-0483

GROUP RATES AVAILABLE
FREE EST

HANDYMAN

HANDYMAN

RCL HOME REPAIRS

Handyman Services

Springfld • Burke • Kingstowne
Light Electrical • Plumbing •
Bathroom Renovation • Ceramic Tile •
Drywall Repair

703-922-4190

LIC. www.rclhomerepairs.com INS.

THE #1 HANDYMAN

LICENSED • INSURED • RELIABLE

- BATHROOMS
- KITCHENS
- CAULKING
- PLUMBING
- DECK REPAIR
- STORM DOORS
- ELECTRICAL
- PAINTING

No JOB TOO SMALL • LOW PRICES • ON TIME

www.the1handyman.com

CALL: 703-444-0806

TAYLOR HANDYMAN

Small Jobs Welcome

Gutter repair, wood fencing,
deck restoration
pressure washing, landscaping,
bathroom caulking, vinyl floors, minor
plumbing, general repairs & more

703-780-4181

Cell: 571-245-7492

IMPROVEMENTS

IMPROVEMENTS

R&N Carpentry

◆ BASEMENTS ◆ BATHS ◆ KITCHENS
Foreclosure specialist/Power washing
◆ Exterior Wood Rot More!
Deck & Fence repair, Screen Porches
No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

M. C. Lynch

Home Improvement
Family Owned & Operated

Rotten Wood, Wind Damage, Trims,
Windows, Doors, Deck, Stairs, Vanity,
Basement Framing, Garbage Disposal,
Painting, Power Wash, Siding Repairs.

Licensed, Bonded, Insured

703-266-1233

R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring,
Kitchen & Bath, Windows,
Siding, Roofing, Additions &
Patios, Custom Deck, Painting

We Accept All Major Credit Cards

Licensed, Insured, Bonded • Free Estimates • Class A Lic
Phone: 703-887-3827 Fax: 703-830-3849
E-mail: rcontractorsinc@gmail.com

CLASSIC BUILDERS INC.

Complete Home Improvement
and Handyman

2nd Story additions to Decks

Since 1998

703-867-0119

Class A

GUTTER

PINNACLE SERVICES,
• GUTTER CLEANING
• SMALL REPAIRS
• SCREENING
• POWER WASHING
703-802-0483
GROUP RATES AVAILABLE
FREE EST

LANDSCAPING

ANGEL'S
LAWN MOWING
• Trimming • Edging
• Mulching • Yard Cleaning
• Hauling • Tree Work
703-863-1086
New# 571-312-7227

PAINTING

PATRIOT PAINTING

www.PatriotPainting.net
Wallpaper Removal,
Carpentry,
Power Washing.
Int/Ext Painting

Free Est. • Satisfaction Guar.
Lic./Ins. Int./Ext.

703-502-7840
Cell
571-283-4883

TREE SERVICE

ANGEL'S
TREE & HEAVY
TRASH HAULING
• Mulch
• Clean-up Grounds
• Lot Land Clearing
703-863-1086
New# 571-312-7227

Do what
you can, with
what you have,
where you are.
-Theodore
Roosevelt

IMPROVEMENTS

The
HANDYMAN
A DIVISION OF NURSE CONSTRUCTION
BATHROOM REMODELING
REPAIRS, CERAMIC TILE,
PAINTING, DRYWALL,
CARPENTRY, CUSTOM
WOOD REPAIR, LT. PLUMBING &
ELECTRICAL, POWER WASHING
Since 1964
We Accept VISA/MC
703-441-8811

IMPROVEMENTS

IMPROVEMENTS

HOME REMODELING

KITCHENS, BATHS, TILE, TRIM, INT.
ALTERATIONS, all HOME REPAIRS!

Steve's Remodeling

LIC. • INS. BONDED Call Steve Paris OWNER OPERATED
(703) 830-5681 - 703-932-0270
30 YEARS EXPERIENCE • FREE ESTIMATES

ROOFING

ROOFING

DBS
Roofing, LLC
Whether it's Repair or Replace...Relax,
We've Got You Covered.

Residential & Commercial Roofing Expert

Full Service Roofing Company

Repair • Refurbish • Replace
All Major Roof Types
703-455-Roof (7663)

Call today for your Free Estimate Lic. & Ins.

THE CONNECTION CLASSIFIED

Classified or Home • Lawn • Garden:
703-917-6400

Employment: 703-917-6464
Fax: 703-917-0992

E-mail: classified@connectionnewspapers.com

2010: Year Ahead

FROM PAGE 10



The Robinson boys' soccer team won the Northern Region championship in 2009. The Rams will be one of the top teams to watch this spring.

in the first round courtesy of Patriot District opponents.

While the Patriot District reigned supreme in 2009, the district is seeing some of its brightest stars leave at the end of the 2010 school year. Regardless of what lies in store for the district in 2010, there's no doubt that 2009 brought out some of the best storylines in local area football and will be a must-watch district in 2010.

One Down, Four To Go

Lake Braddock's cross-country team almost had its name erased from the Virginia High School League record book in 2009. That was until the Bruins stopped Midlothian from capturing their fifth straight state title at the 2009 state cross-country finals.

With the VHSL record for consecutive state championships currently being shared by Lake Braddock and Midlothian, 2010

might be the start of Lake Braddock's attempt to re-claim the mark for its own.

Although standout distance runner Liana Epstein will be graduating, the Bruins have found a new spark in a talented youngster. Freshman runner Sophie Chase finished second at the state finals and had another strong performance in the Northern Region finals.



Burke kindergarten teams up with national program to bring a 'Good Night' to Children in Need by collecting new pajamas.

Making Sweet Dreams Come True

Kindergartners at Kiddie Country Developmental Learning Center of Burke celebrated the holiday season by collecting 81 sets of warm pajamas for children in need. Every pair of pajamas will be matched with a book and distributed to children in shelters, group homes, foster care and orphanages through The Great Bedtime Story Pajama Drive, a partnership of the nonprofit Pajama Program and Scholastic Publishers. Virginia Chapter President Donna Karlinchak visited the class to thank them for their thoughtfulness and help them see the difference they will make in the lives of less fortunate children.

CLASSIFIED

703-917-6400

ZONE 2: • BURKE
• FAIRFAX • SPRINGFIELD

ZONE 2 Ad DEADLINE:
TUESDAY NOON

21 Announcements

ABC LICENSE
Alam Enterprises, Inc trading as Ledo Pizza & Pasta 11725 Lee Hwy, suite A9 Fairfax, VA 22030 is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Wine and Beer license to sell or manufacture alcoholic beverages. Akim Alam, Director, Owner

26 Antiques

We consign/pay top \$ for antique/semi antique furn. including mid century & danish modern Teak furniture, sterling, mens watches, painting/art glass, clocks, jewelry, costume jewelry, etc. Call Schefer Antiques @ 703-241-0790.

21 Announcements

Finance Your Garage!

90 Days No Monthly Payments & No Interest if Paid Within 90 Days!

Building Size	Cost	Monthly
24 x 32 x 10	\$7,500	\$112.50
30 x 40 x 10	\$9,500	\$142.50
30 x 50 x 12	\$14,000	\$210.00
40 x 60 x 14	\$19,500	\$292.50
40 x 80 x 12	\$23,500	\$352.50
60 x 120 x 16	\$54,500	Call Now

Special includes: 11 garage door • 11 entry door • material • delivery • contractor

CONESTOGA BUILDINGS
AFFORDABLE QUALITY

1-877-434-3133
www.cbstructuresinc.com

21 Announcements

101 Computers

HDI EASY COMPUTER SOLUTIONS FOR INDIVIDUALS & SMALL BUSINESSES
JENNIFER O. SMITH • COMPUTER CONSULTANT

> TRAINING > INSTALLATION > TROUBLE-SHOOTING
> LET US TAME THAT BEAST FOR YOU
Serving the Area Since 1995
(703) 765-2222
JSMITHHDI@aol.com

101 Computers

Employers:

Are your recruiting ads not working in other papers?

Try a better way to fill your employment openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

THE CONNECTION
to your community

703-917-6464
Fax 703-917-0992
E-mail: classified@connectionnewspapers.com

Great Papers • Great Readers
Great Results!

21 Announcements

STOP LEG CRAMPS BEFORE THEY STOP YOU.

Petite Tablet with More Calcium & Vitamin D3

Calcet® is designed to help stop low calcium leg cramps. Just ask your pharmacist.

Helps fight leg cramps • For those with milk allergies • Fights osteoporosis

Mission PHARMACEUTICAL

CALL-0992c Rev 0709 Copyright © 2009 Mission Pharmaceutical Company. All rights reserved.

21 Announcements

21 Announcements

MANUFACTURER'S COUPON EXPIRES 12/14/09 *Hurry!*

HEATER SALE! 45% OFF

Infrared Miracle Heater
CUT YOUR HEATING BILLS UP TO 50%
Heat up to 1000 sq. ft. for Pennies a day

Was \$499 • Cannot start fires • Full factory warranty
Now Only \$279 • Safe around kids & pets • Money Back Guarantee
w/ COUPON

1-877-497-4427
Must Mention Coupon Code 6566
Call Now, Supplies Limited

21 Announcements

21 Announcements

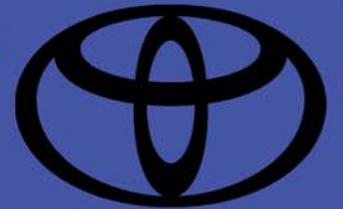
Mid-Atlantic's Largest Antique Market!

DC BIG FLEA MARKET
JANUARY 9-10--DULLES EXPO CENTER
4368 Chantilly Shopping Ctr, Chantilly, VA 20151
495 to I-66W...Exit 53B to 28N...3 Miles to Willard Rd

2 HUGE BUILDINGS! OVER 1100 BOOTHS!
Antiques & Collectibles @ Bargain Prices!
Sat 9am-6pm...Sun 11am-5pm
Adm \$10....Good for Both Bldgs & Both Days!
757-961-3988 www.damorepromotions.com

JACK TAYLOR'S ALEXANDRIA TOYOTA

FANTASTIC DEALS!



CELEBRATING OVER 35 YEARS OF BUSINESS!

WWW.ALEXANDRIATOYOTA.COM

GREAT DEALS ON ALL HYBRIDS!

ALL NEW 3RD GENERATION PRIUS AVAILABLE NOW!



NEW '10 PRIUS



FANTASTIC LEASES!

GREAT FINANCING OPTIONS!

GOT MPG? WE DO!

NEW '10 CAMRY



GET YOUR 2010 PRIUS WHILE THEY LAST

NEW '10 CAMRY



\$179 /MONTH FOR 36 MONTHS***

OR \$500 CUSTOMER CASH

OR 2.9% APR FOR 60 MONTHS

NEW '10 SIENNA



OR \$750 CUSTOMER CASH

OR 3.9% APR FOR 60 MONTHS

NEW '10 RAV4



\$199 /MONTH FOR 36 MONTHS***

OR 1.9% APR FOR 36 MONTHS

NEW '10 COROLLA



\$149 /MONTH FOR 36 MONTHS***

OR \$500 CUSTOMER CASH

(703) 684-0700 WWW.ALEXANDRIATOYOTA.COM OPEN SUNDAY 12-5

3750 Jefferson Davis HWY Alexandria, VA South of Reagan National on Rt. 1

PRICES PLUS TAX, TAGS, FREIGHT OF \$750 FOR CARS, \$800 FOR VANS, SUV'S, AND TRUCKS, PROCESSING FEE OF \$379 & ACQUISITION FEE OF \$650 ARE EXTRA. NO SECURITY DEPOSIT. APR FINANCING ON APPROVED CREDIT. INCLUDES ALL INCENTIVES. *CUSTOMER CASH PROVIDED BY CAT. ALL CUSTOMER CASH MUST BE TFS SPECIAL LEASE TO QUALIFY. **EPA HIGHWAY FUEL ESTIMATE. ***CAMRY, COROLLA AND RAV4 LEASE: \$1,999 DUE AT SIGNING, SIENNA LEASE: \$2,999 DUE AT SIGNING. OFFER ENDS 1/13/10.

CHECK OUT OUR PRE-OWNED VEHICLES ONLINE!



The Best New Cars Make The Best Used Cars

The Toyota Certified Used Vehicles Advantage
 3 month / 3,000 mile Comprehensive Warranty
 7 year / 100,000 mile Limited Powertrain Warranty
 7 year / 100,000 mile Roadside Assistance Plan
 160 Point Quality Assurance Inspection
 CARFAX Vehicle History Report
 Certified customers are eligible for standard new car financing rates



XD



TC



XB





LONG & FOSTER® # 1 in Virginia

703-425-8000



Carol Hermandorfer

703.216.4949

carolh@longandfoster.com

Personal Service & Focus on Your Goals



Fairfax Station \$749,500

The Wonderful Community of South Run!

Enjoy your sitting on your front porch or your large back deck! This lovely updated colonial has new hickory hardwoods on top two levels. Five full bedrooms and 3.5 baths. Main level library! Fully finished walk out lower level to large wooded lot. Pool, Tennis & Basketball courts, trails, great schools all within this very popular community! For more information and photos go to www.hermandorfer.com



BETTY & BOB BARTHLE

703-425-4466

OVER 30 YEARS EXPERIENCE
e-mail: betty@bettybarthle.com
website: www.bettybarthle.com

Ron & Susan Associates
Ron Kowalski & Susan Borrelli
Make the Right Move
1-888-495-6207
ronandsusanonline.com



Arlington \$189,900
One of the best views in River Place! Panoramic view from Gerogetown to the Capitol. New carpet, fresh paint, updated kitchen and bath. Wonderful rec facilities include health club and pool. Parking space conveys. Walk to Rosslyn Metro station. 1 bedroom & 1 bath.

3rd Annual **MONOPOLY** Tournament
to benefit



Top Prize \$500
Saturday, February 20th
More info at www.LortonMonopoly.com



CALL JUDY SEMLER

703-503-1885

judys@longandfoster.com
www.JudysHomeTeam.com



COMING SOON

Beautiful colonial featuring a pool & spa in fenced back yard overlooking one of Burke Centre's ponds * Updated eat-in kitchen and baths * Wood floors * Raised hearth brick fireplace in family room * 3 finished levels * Updated windows, siding & roof * Main level library
Call Judy at 703-503-1885.



BETSY RUTKOWSKI

703-503-1478, 703-282-5818

Betsy.Rutkowski@LongandFoster.com
www.Realty4Design.com
Real Service, Real Commitment, Real Results!

The Holleman Team

Specializing in Bryce Mountain Resort
(703) 503-1813



Buying? Or Selling?

Let Betsy lead the way to Meeting all of your Real Estate Goals...



Lots for sale with SPECTACULAR VIEWS to build your Dream Home. Located in the heart of Shenandoah County with easy access to I-81 and 15 minutes to Bryce Resort. Septic approval on file. Owner financing available.
Call the Holleman Team today for more information or visit www.jackholleman.lnfre.com.



David Billups & Virginia Clark-Billups
Associate Brokers, Lifetime NVAR Top Producers
703-690-1795
BillupsTeam.com

Laura Baranek

703-380-8993

Working For You!



Fairfax Station \$849,900
JUST SOLD!
Are you thinking of selling or buying a Crosspointe home? Be sure to call David & Virginia!
BillupsTeam.com 703-967-8700



Burke \$499,000
This beautiful Burke neighborhood home sold quickly! If you are considering selling your home--now is a great time. Many buyers are taking advantage of low interest rates. Whether in the market to buy or sell--call me Laura 703-380-8993



Buzz & Courtney Jordan

Your Local Father/Daughter Team!
703-503-1866 or 703-503-1835
TheJordanTeam@longandfoster.com
www.TheJordanTeam.com

Tired of dealing with banks?

Call us today for your total short sale solution!
Call Courtney
703-786-5330 or email
Court@LNF.com

STEVE CHILDRESS

"Experience...with Innovation!"
Life Member NVAR Top Producers
Buyer Broker since 1973!
703-981-3277



\$6,500 to \$8,000 TAX CREDIT

For 1st time AND repeat BUYERS..... and it does not have to be repaid as long as you own home at least 3 years! And credit can be used in 2010.....possibly as part of cash down payment!
Call me for full details.....703-981-3277



ANN & HAL GRAINGER
703-503-1870
Top 1% Nationwide Assoc. Broker, 33+ Yrs. Experience
www.GraingerTeam.com



Fairfax Station/Rondelay
In today's market, Experience and Service are a MUST in the sale of Your home! Our listings are selling! Let us show you how it's done!

Save A Date To Attend Long & Foster's FREE Real Estate Career Seminar

DATES IN 2010: February 3, March 3, March 31, April 28
TIME: 7:00-9:00 PM
LOCATION: Long & Foster's Northern Virginia Training Center 3069 Nutley St. Fairfax, VA 22031
From the Beltway (495), take Rte. 66 West to the Nutley St. South Exit (exit 62) towards Fairfax. Go through the intersection of Lee Highway and Nutley Street. The training center is located in the Pan Am Shopping Center on the left.
TO REGISTER:
Please contact Mary Ann Plonka at 703-503-1898 or maryann.plonka@longandfoster.com



Barbara Nowak & Gerry Staudte
"My Virginia Home Team"
703-503-1802, 703-503-1894
gerrystaudte@longandfoster.com
www.MyVirginiaHomeTeam.com



Dumfries \$108,900
Star Starter
Spacious 3 Bedroom, 2.5 Bath Townhouse with updated kitchen including granite counter tops, new DW, Refrig & Stove. Convenient location close to I-95, Quantico & shopping.

Catie & Steve

Direct: 703-278-9313
Cell: 703-362-2591
NVAR Top Producers
Multi-Million Dollar Sales Club



Middleridge Coming January 14th
One-of-a-kind, expanded colonial on exquisite cul-de-sac location. 6 legal bedrooms, 3.5 baths, 2-story addition, fully finished lower level, and a kitchen/family room with walls of glass all overlooking the lovely lot and park in the rear yard. This is a rare gem and won't last! Call today to get a sneak peak before it goes on the market and everybody knows about it!

LISTING YOUR HOME? CALL LONG AND FOSTER'S #1 OFFICE!
Call Dale Gabardy at 703-425-8000 • Email: gabardy@longandfoster.com