

Adapting Aquatics

NEWS, PAGE 10

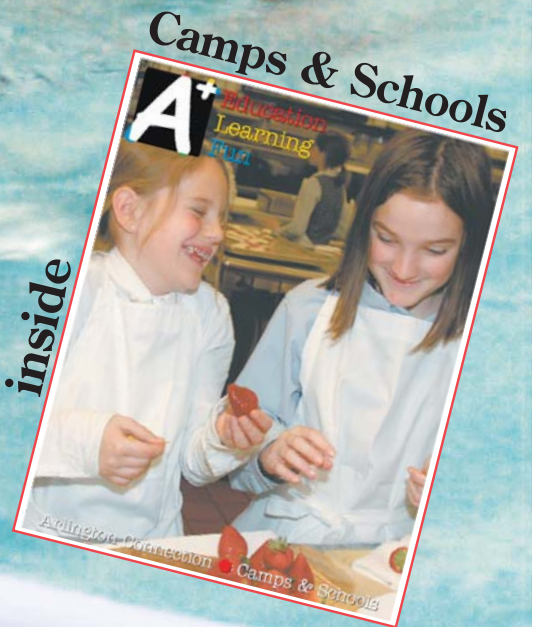
Volunteer Cassandra Kopecky guides Patrick Bailey through his exercises at Washington Lee Aquatics Centers' adapted aquatics class on Sunday, Jan. 24.

Creating Fund-raiser In Five Days

NEWS, PAGE 3

Returning To a Different Vietnam

NEWS, PAGE 3



Playing Point Guard

SPORTS, PAGE 13



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Homeless Hate

Freshman legislator introduces measure to add homelessness to those covered under hate-crime laws.

BY MICHAEL LEE POPE
THE CONNECTION

The video images posted to YouTube are hard to watch. Some feature homeless men being paid to fight each other in bathrooms. Others feature anonymous teenage boys attacking transient men in public parks. Collectively, these videos are known as “bum fights,” a dark corner of the Internet that has alarmed advocates of the homeless.

“I’m not laughing,” said Del. Patrick Hope (D-47), a former chairman of the Arlington Community Services Board. “Homeless people are already living life in the shadows, and now they’re being targeted by a bunch of thrill seekers.”

Earlier this month, the freshman legislator introduced a bill that would add homelessness to the list of groups protected by hate crime legislation. Under the current law, those who are found guilty of assaulting a homeless person are guilty of a Class 1 misdemeanor. But under Hope’s bill, they could be charged with a more serious

Class 3 misdemeanor. According to an analysis conducted by the Virginia Criminal Sentencing Commission, such a change would cost taxpayers at least \$50,000 each year in additional jail time.

“In these economic times, I would be reluctant to support new mandatory minimums,” said Arlington Commonwealth’s Attorney Richard Trodden, adding that his office is facing a \$177,000 shortfall. “That’s mandatory money we are spending.”

“I know this is controversial, but I’d really like to know where people stand on this issue.”

— Del. Patrick Hope (D-47)

THE DEBATE over hate crimes isn’t likely to be resolved during this General Assembly session, and Hope acknowledges that the measure has little chance of success this year. But that doesn’t mean he won’t give it a shot. The bill has been referred to the Courts of Justice Committee, where it may never be taken up. With budget shortfalls crippling Richmond, bills that create unfunded mandates are routinely set aside.

“I’m hoping we can at least get a hearing on this,” said Hope. “I know this is controversial, but I’d really like to know where people

SEE HOMELESS HATE, PAGE 15



PHOTO BY JOE GALLAGHER

Swing Shift, an 18-piece big band, performs at the Knights of Columbus event.

Knights Dance for Haiti

In five days, from idea to fund-raiser.

BY DELIA SAVA
THE CONNECTION

When Chris Bannon learned of the catastrophic earthquake that ravaged Haiti on Jan. 12, he was compelled to do something to help the victims. Bannon who serves on the executive committee of the Edward Douglass White Council of the Knights of Columbus in Arlington says the committee decided at its Thursday meeting to organize a benefit for Haitian relief. “It was like one of those old movies, where we said, ‘Let’s put on

a show,’” Bannon said.

Just five days after that committee meeting, on Jan. 19, Bannon and Jerry Garren, the council’s financial secretary, are greeting guests at a dance at the club’s facility on Little Falls Road. The Knights of Columbus are a Catholic fraternal service organization; the Arlington council serves four local parishes and is one of the largest in the country.

Swing Shift, an 18-piece big band is playing standards of the American songbook popular with the over-40 crowd of about 150 attendees. The band’s leader, Barkley Kern, says it was easy to say yes to the group’s request when you consider “the magnitude of the situation in Haiti.” All members of the band are donating their time.

“Proceeds will be sent to a special fund estab
SEE CREATING FUND-RAISER, PAGE 4

McCaffrey Returns to a Different Vietnam

Retired general leads humanitarian delegation.

BY TODD GEORGEAS
THE CONNECTION

When Gen. Barry McCaffrey (Ret.) last saw Vietnam in 1971 after two tours of wartime service, he was leaving a nation scarred by decades of ongoing civil war that left three million Vietnamese dead and four million more wounded.

“This war was a tragedy,” he said.

But when the retired four-star Army General and current foreign affairs analyst left his Arlington home earlier this month for his first extended trip back to Vietnam in almost four decades, he reached a personal conclusion about the former war zone.

“It’s hard to go back and find your war,” he said. Now he seems most enamored of the citizens of Vietnam, which he calls “the most beautiful people in

the world.”

McCaffrey led a 40-person delegation of Vietnam veterans and their families on a humanitarian tour of Vietnam, from Hanoi to Ho Chi Minh City. The group met with U.S. and Vietnamese officers, toured rural areas while pursuing cultural exchange and a de-mining awareness campaign. McCaffrey was joined by fellow Vietnam veterans Jan C. Scruggs, president and founder of the Vietnam Veterans Memorial Fund, and Peter Holt, owner of the NBA’s San Antonio Spurs, during the Jan. 11-17 tour.

IN PLACE OF the war-ravaged battlefield he left in the late-1960s, McCaffrey found an outward-looking, growing nation. When he last saw Ho Chi Minh City (then called Saigon), no building was higher than five floors. Now, he says there’s a rising skyline punc

SEE A DIFFERENT VIETNAM, PAGE 16



Gen. Barry McCaffrey (Ret.) delivers a lecture at the dedication ceremony of the Tuong Van Primary School in Trieu.

Man Dies After Struggle with Police

The Arlington County Police Department's Homicide/Robbery Unit is investigating a death that occurred on Sunday, Jan. 17. Shortly after 8 p.m., police responded to the Pentagon City Metro in the 1100 block of S. Hayes Street searching for a larceny suspect. The male suspect was located on the metro platform and was combative and uncooperative with an officer. He refused all verbal commands and assaulted the officer attempting to detain him. The officer deployed a Taser device, which did not have an incapacitating effect on the suspect who continued to struggle. A second officer arrived on scene and assisted handcuffing the suspect. The officers summoned medics who transported the suspect to an area hospital where he was later pronounced dead.

Anyone with additional information or anyone who may have witnessed this incident at the Pentagon City Metro stop on the night of Jan. 17, should contact Detective Alan Lowrey at 703-228-4199.

Cab Driver Dies After Accident

The Arlington County Police Department is investigating a fatal accident that occurred at around 3:30 p.m. on Friday, Jan. 15. A Fredericksburg man died after he was involved in a single car accident at N. 10th Street and N. Highland Street.

George Edward Woytach, 62, was driving a taxi cab eastbound on N. 10th Street when the vehicle crossed into the westbound lanes at N. Highland Street, striking the median. The vehicle continued forward, eventually striking a tree. Woytach was transported to an area hospital. He died due to his injuries last night. The preliminary investigation indicates the probable cause of the accident as a medical issue.

SEE CRIME REPORT, PAGE 6

Creating Fund-raiser in Five Days

FROM PAGE 3

lished by the Supreme Council of the Knights of Columbus for Haiti," Garren said.

Bannon estimates that the event will raise \$3,500. He added, "We want to be the firstest with the mostest" — the first council to donate the most money for Haiti.

WHEN ASKED how he was able to organize a fund-raiser in such a short time, Bannon said, "It's easy because I have good friends." He notes that "the power of viral marketing via the internet" was key to spreading the word. Suzanne and David Joseph of Falls Church received an email from the band. "What a wonderful way to help a good cause — by dancing!" said Suzanne Joseph, before being whisked back to the dance floor by her husband.

Even those who are not dancing seem happy to come together and enjoy the music; although the mood is light, everyone is keenly aware of the reason for the fundraiser — helping the victims of the earthquake. Art Gamotis who says he is at the dance to support his home council, explains that there is a special connection to Haiti, which has a large Catholic community. "Our chaplain, Father Joe Giordano is a Missionhurst and they have missions in Haiti." Missionhurst is a Roman Catholic missionary organization serving the needy of the world, based in Arlington. There have been reports that a hundred of the priests and seminarians at the mission perished in the earthquake and many have been displaced.

Even though Gamotis is not dancing, he is clearly



PHOTO BY JOHN M. WHITE

Jerry Garren (left), financial secretary of Knights of Columbus, Edward Douglass White Council 2473, and Chris Bannon, the council's Swing for Haiti chairman.

enjoying the music and watching couples on the dance floor. "I love the band — I love the old time music."

GAMOTIS ECHOES a sentiment expressed by others throughout the evening, their gratitude to other council members, volunteers, band members and attendees for their support in this effort.

At the conclusion of the evening Bannon offers his thanks and notes that Swing Shift was supposed to be in the recording studio that night but quickly agreed to volunteer their time for the event. "You will see Swing Shift here again." The crowd responds with enthusiastic cheers and applause.

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Know of something missing from the community calendar? E-mail it to arlington@connectionnewspapers.com. Deadline is 2 p.m. the Thursday before publication. Call Steve Hibbard at 703-917-6407 with any questions. Photos are welcome. For more volunteer opportunities, classes, announcements visit www.arlingtonconnection.com and click on Community.

ONGOING

Learn how to be a **volunteer coach** for two computer-based programs on brain health and fitness. Arlington's Office of Senior Adult Programs

(OSAP) is currently offering two Posit Science programs. Call Jessica Vasquez, area supervisor at 703-228-0948.

MONDAYS

A Meaningful Life — General Program. Meets Mondays from 7-8:30 p.m. Cost is \$12. Topics include: Seize the Day, Nothing Stays the Same, The Continuum of the Mind, Shelter from the Storm, The Kindness of Karma. At 3800 Fairfax Drive, Suite 5, Arlington (The Griffin Center). Vajrayogini Buddhist Center - Arlington Branch. Visit www.meditation-dc.org 202-986-2257.

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5 Tax Tips That Could Save You Thousands

AMY MCANARNEY



EXECUTIVE DIRECTOR OF THE TAX INSTITUTE AT H&R BLOCK

Each year many taxpayers miss out on thousands of their own hard-earned dollars, simply because they are unaware of the many tax deductions and credits they are legally eligible to receive. Here are some of the recent tax law changes you need to be aware of, courtesy of Amy McAnarney, Executive Director of The Tax Institute at H&R Block.

Capital Assets: Thinking of selling an appreciated capital asset such as stock or a vacation home? You may even want to consider giving the asset to a child or grandchild who is in a lower tax bracket. He or she may be able to sell the property and have all or most of the gain taxed at 0%. However, be careful of "kiddie tax" rules which may tax some of your child's income at your rates.

New Vehicles: Did you know that you can deduct the sales tax paid on up

to \$49,500 of the purchase price of a new vehicle bought in 2009? This is helpful particularly if you do not itemize and instead take the standard deduction on your tax return. In that case, remember you can add the sales tax to the standard deduction. In order to deduct the sales tax paid on the purchase of a new vehicle, the auto must have been purchased between Feb. 17, 2009 and Dec. 31, 2009.

Business Vehicles: If you own a small business that bought an SUV or other vehicle that weighs over 6,000 pounds in 2009, and it's used

for business, you may be able to deduct up to \$25,000 of the cost this year, plus take a 50% depreciation deduction on the remaining cost of the vehicle. For example, if your new SUV cost \$75,000, you may be able to take a tax deduction of \$52,000 on your 2009 business return.

New Homebuyers: If you bought a home in 2009 or plan to in 2010, you may get some tax relief. First-time homebuyers can get a tax credit of up to \$8,000, and repeat homebuyers may be eligible for a credit

of \$6,500. Existing homeowners must have lived in their current home for five of the last eight years to be eligible in 2010 for the \$6,500 homebuyer credit.

Virginia Residents: Finally, in Virginia, there's a deduction for 20% of the sales tax paid on certain energy efficient equipment or appliances, up to \$500 per year for those who are married filing jointly. Visit an experienced Tax Professional to ensure that you are getting all of the credits and deductions you deserve.

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CRIME REPORT

FROM PAGE 4

Police ask that anyone who witnessed the accident or has information relating to this incident call Detective Michael Austin at 703-228-4241.

Exposure Suspect Sought

The Arlington County Police Department's Special Victim's Unit is investigating five incidents of indecent exposure that occurred during the week of Jan. 11-15, on the Washington and Old Dominion bike trail. A white male subject exposed himself to woman at various sections of the bike trail. Detectives are looking for more information from the public regarding these exposures.

Anyone who uses the W & OD Bike trail and observes any suspicious activity is asked to contact police. Police are increasing patrols on the bike paths. They also urge people who frequently spend time on bike trails and other secluded areas to be cautious and aware of their surroundings. Women should avoid walking or running alone, and they are encouraged not to use devices such as headphones that prevent hearing someone approach. Police recommend that bike trail users carry cell phones so that they can call police as soon as incidents occur. People should report anyone observed acting in a manner not consistent with other bike trail users, such as loitering in the wooded areas, as suspicious behavior.

Anyone with any information about this case is asked to contact Detective Comer at 703-228-4243 or Detective Austin at 703-228-4241.

Woman Dies After Car Accident

The Arlington County Police Department is investigating a fatal accident that occurred on Jan. 18 at approximately 4:20 p.m. An Arlington woman died after she was involved in a single car accident inside a parking garage in the 900 block of N. Taylor Street. Lowana R. Spencer, 86, was driving into the parking garage when she struck the exterior security door. The vehicle then continued into the garage and struck a pillar. She was transported to a nearby hospital where she died due to her injuries.

Police ask that anyone who witnessed the accident or has information relating to this incident call Detective Robert Icolari at 703-228-4240.

\$25,000 Reward Offered

The Arlington County Police Department's Homicide/Robbery Unit is investigating a homicide that occurred on Tuesday, Dec. 29, 2009. Carl Diener, 57, of Arlington, was found dead at 2:50 a.m. in the 3200 block of N. 13th Street. He died from upper body trauma. Friends, businesses, concerned citizens, and the family of Carl Diener have established a reward fund valued over \$25,000 for information leading to the arrest of the person/persons who committed this crime. Anyone who has information about this death or the identity of the suspect is asked contact Detective Rosa Ortiz at 703-228-7402. Ortiz can also be contacted via e-mail at rortiz@arlingtonva.us. Witnesses can also call the Arlington Police Tip-Line at 703-228-4242.

NEWS



PHOTO BY BILL RYAN

Iota Club and Café on Wilson Boulevard sponsored a concert Jan. 22 to raise funds for earthquake victims in Haiti.

Bands Rockin' for Relief

16 acts at Iota help raise funds for Haiti.

BY DELIA SAVA
THE CONNECTION

Stephen Negrey wanted to raise money to help the victims of the Jan. 12 earthquake in Haiti. Negrey organized a benefit concert this past Friday, Jan. 22, at Iota Club and Café on Wilson Boulevard, the business he co-owns with his sister, Jane Negrey Inge. Having the connections with local artists allowed Negrey to put together a line-up of 16 musical acts, all agreeing to volunteer their time.

"It's quite a testament to local artists that it filled up rather quickly," said Negrey.

Ashlee Wilcox, front woman with the band Boxcar Collision, was delighted that Negrey asked them to participate. "I'm just happy to do something for the cause. We have to contribute what we can — our time and our talent." Wilcox notes that the musicians were only too happy to help Negrey promote the event: "Iota is a wonderful venue that gives back

to the community."

While Negrey had set the suggested donation at \$10, many were at least doubling it by placing 20-dollar bills into the glass bowl at the door. Negrey says he is thrilled at the opportunity to make a difference and expressed his appreciation at the generosity of those present. "A lot of the musicians I saw were dropping money, in addition to their performance." Proceeds will be donated to the American Red Cross.

THE STANDING ROOM ONLY crowd was made up mainly of 20-somethings who came with friends or were attached to one of the musical acts. Jarrett Nicolay who performed with Sean Gaiser says many of the musicians in the local music scene have come to know one another. "It's like a family reunion."

Adrian Hardkor had responded to the call from Negrey and although he did not make it on the list of performers, he says he is happy to support his fellow musicians. "Yeah, I am glad there's so much activity ... the musicians are glad to do what we can. This is what we know how to do."

James Main was acting as the stage manager to

SEE 16 ACTS HELP, PAGE 7

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New Storytime Room

Shauna Boren and her children Samantha and Glenn share a tale in the new Storytime Room at Columbia Pike Branch Library. The two-wall mural was created by Arlington artist Kathy Fliger, who donated her time, talent and materials for the project. A reception to celebrate the Fliger mural will be held at the branch on Sunday, Feb. 14 at 2 p.m.

16 Acts Help Raise Funds for Haiti

FROM PAGE 6

ensure that the performers stayed on schedule and he also performed with Brother Shamus. Negrey admitted that having that many performers can make things challenging. "It's tricky, production wise to do four and a half hours ... it helps to have the finest sound technicians."

The artists participating in the concert:

Tiffany Thompson, Sean Gaiser and Jarrett Nicolay, Danni Rosner, Rene Moffatt, Stella Schindler, Taylor Carson, Derek Evry, Brother Shamus, Zelos, Boxcar Collision, Helo, Bobby Thompson, Practically Einstein, Tom McBride, No Second Troy, and The Walkaways.

"The objective is to raise money, interest and compassion for the situation in Haiti," Negrey said.

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Partners with CCH in the Haiti relief effort include: MedAssets; Inova Fairfax Hospital for Children; Missionary Flights International; and MTS Services.



"In addition to our prayers, the people of Haiti are in great need of our compassion and assistance."

— Charles Mann, Inova Health System Board Member



"Luciana and I have worked with the Community Coalition for Haiti and we ask you to join us in supporting the humanitarian efforts that are under way."

— Robert & Luciana Duvall



"We all need to take swift action to make sure that relief reaches the people of Haiti as quickly as it can."

— Darrell Green, NFL Hall of Fame

Photo by © Cameron Davidson

OPINION

Time for Civil Redistricting

Governor campaigned on non-partisan redistricting; now is time for proposals in General Assembly.

The U.S. Census is underway, an every-10-year process that attempts to count every single person in the United States at their home address. From the results of the count come a nearly infinite number of critical decisions. The way those decisions are carried out have consequences for every one of us.

One of those decisions is the redrawing of political lines for all political offices, including the General Assembly, U. S. Congress and local offices. In Virginia, the current process allows the political party in charge to draw the lines.

Proposals in the Virginia General Assembly could lead to a change in politics and democracy here. The measures would establish the Virginia Redistricting Commission to redraw Congressional and General Assembly district boundaries without the bitter partisan hatchet that has characterized Virginia's process under each party in the past.

Tradition in Virginia holds that the ruling

party decides how to redraw the lines around political districts after each census. The process in the past has involved the majority party using its power without any checks or balances to create districts that protect incumbents of the majority party and try to force out incumbents of the minority party.

EDITORIAL

The losers in the process are the citizens of Virginia, who first find themselves in political districts that make little sense geographically or in terms of communities of interest. They then find that even if they are unhappy with their elected officials, the gerrymandering has created districts that have killed any competition between parties, and that each party strongly discourages any primary challenges.

The result: most voters have far less choice in who represents them than they should.

There are probably hundreds of ways to set up a commission or non-partisan board that would take the politics out of the process.

House Bill 323, introduced by Del. Ken Plum

ing paintings, drawings, essays, photography, poetry by children and young adults in Arlington's public schools. It's clear that you devoted considerable time and talent to create this exciting showcase for the imaginative, creative, exciting work coming out of our classrooms. What a treat for your readers as well

Summary of Redistricting Bill

"Bipartisan Redistricting Commission created. Establishes a seven-member temporary commission to prepare redistricting plans in 2011 and each tenth year thereafter for the House of Delegates, state Senate, and congressional districts. Appointments to the Commission shall be made one each by the four majority and minority party leaders of the House and Senate and by the state chairmen of the two major political parties. Those six appointees shall appoint the seventh member and chairman of the Commission. If they cannot agree, they shall submit the names of the two persons receiving the most votes to the Supreme Court for the Court to select the chairman. The Commission will prepare plans and submit them as bills to the General Assembly. The General Assembly shall then proceed to act on the bills in the usual manner. The bill provides for Commission comments on plans as they change in the legislative process. It also spells out the standards and process to be followed by the Commission in preparing plans, including limitations on the use of political data and opportunities for public comment on the plans."

SOURCE: <http://leg1.state.va.us/lis.htm>

(D) of Reston, and Senate Bill 626, introduced by Sen. Jill Holtzman Vogel (R) pave the way for real reform and integrity in the political process.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

as our teachers and students.

Thank you for taking children's art seriously.

Vivian Kallen

Cultural Affairs Chair, Arlington Branch American Association of University Women
Arlington

Campaign Funding Misstep

To the Editor:

Re: the Supreme Court's decision in the case of Citizens United v. Federal Elections Commission.

This Supreme Court decision represents a monumental step backwards for American democracy and will allow corporations to drown out the voices of average Americans. The Supreme Court's decision to overturn precedent and allow corporations to spend unrestricted resources on political activities will undermine people's confidence that the government is acting in their best interest on issues such as the economy, health care and energy policy.

Under current campaign finance law, corporations have the ability to influence the political process through regulated political action committees (PACs). Now, these PACs will be able to funnel all of their resources into direct dona

SEE LETTERS, PAGE 9

ARLINGTON CONNECTION

www.ConnectionNewspapers.com

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LETTERS TO THE EDITOR

Appreciates Student Art

To the Editor:

Heartfelt congratulations on your wonderful [Dec. 29] issue of The Connection featur-

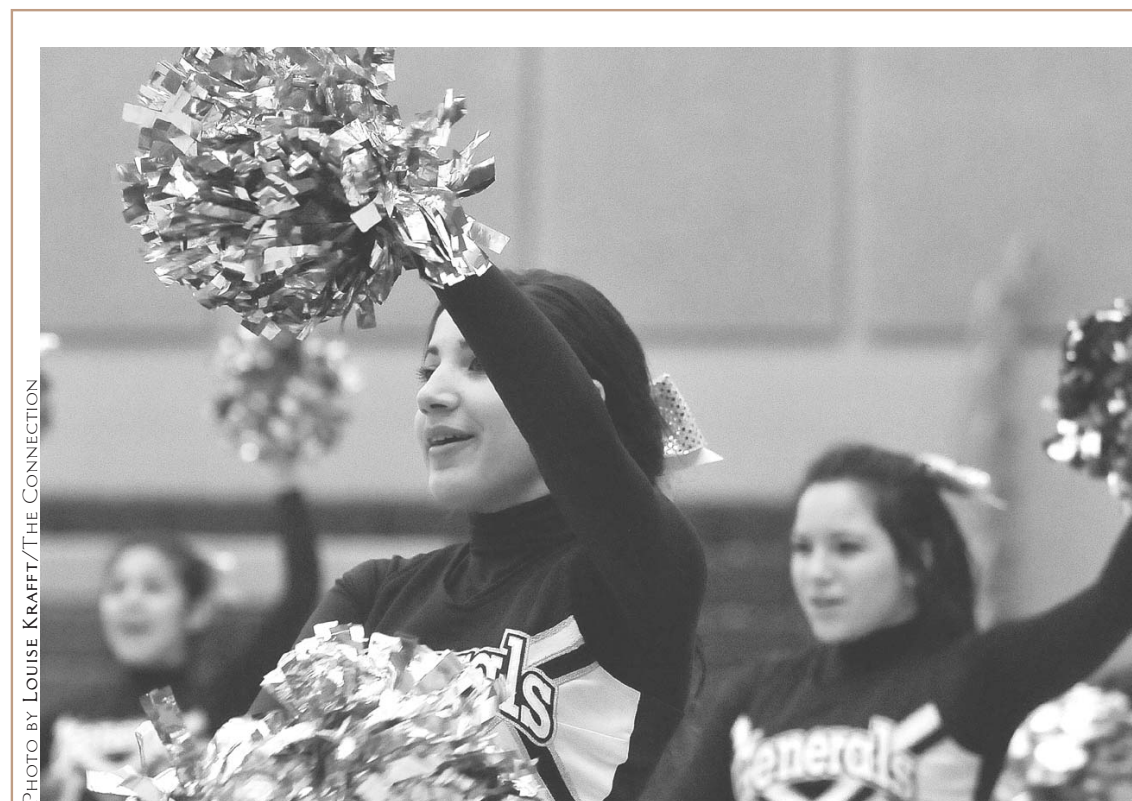


PHOTO BY LOUISE KRAFFT/THE CONNECTION

Snapshot

Washington-Lee cheerleaders applaud as the varsity girls score another basket against Mount Vernon Friday evening, Jan. 22, 8:25 p.m. Washington-Lee gym.



In Concert The Distinguished Concerts Orchestra International and Distinguished Concerts Singers International, comprising more than 400 auditioned chorus members from across the country, including the Metropolitan Chorus of Arlington, (Barry Hemphill, director), presented the Inaugural concert Jan. 18 of DCINY's 2010 Season at Lincoln Center's Avery Fisher Hall, home of the New York Philharmonic. Under the baton of DCINY Principal Conductor Dr. Jonathan Griffith, the Distinguished Singers/Orchestra International performed two pieces by world-renowned living composer Karl Jenkins, in a celebration of peace commemorating the spirit of Dr. Martin Luther King, Jr. Both pieces, "Requiem" and "The Armed Man," were set with film accompaniment, and were dedicated to the victims of the crisis in Haiti, with a portion of the night's proceeds being donated to the relief efforts.

LETTERS

FROM PAGE 8

tions to individual candidates, letting the corporation itself fund advertising out of general funds. The boundary between commerce and corporate advocacy has been decimated and consumers will be funding the political agenda of corporations — whether they like it or not.

We must find ways to limit special interest money in our political process. That's why I support the Fair Elections Now Act, which will provide matching federal funds for candidates that only accept donations of less than \$100, allowing them to compete on a level footing with special interest-funded candidates. I look forward to working with my colleagues in Congress to pass measures to mitigate the impact of this decision and restore the people's confidence in the American system.

U.S. Rep. Jim Moran

Write

The Connection welcomes views on any public issue. Send to:

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Call: 703-778-9410.
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Aquatics Center Praised for Adapted Facilities

The ENDependence Center of Northern Virginia, a community-based resource and advocacy center for persons with disabilities located in the Courthouse neighborhood of Arlington, recognized Washington-Lee Aquatics Center at its annual meeting on Dec. 15.

David Byrd, executive director of the Endependence Center, believes Washington-Lee has gone above and beyond in providing ease of access and safety to people with disabilities in the new facility.

Accepting the award on behalf of Arlington Public Schools, School Board member Emma Violand-Sanchez said, "The new facility is the result of close collaboration of Arlington Public Schools staff, the Washington-Lee community and the aquatics community. We are thrilled that the building can accommodate everyone, including people with disabilities. We are honored to receive this award and are proud of this facility. More importantly, we are grateful for our partnership with the Arlington community and look forward to continued efforts that benefit the entire community."



Lead Instructor Caroline Kramer guides student Wilton Stubbs to the center of the umbrella during a group activity.

PHOTOS BY MECHELLE SCHLOSS/THE CONNECTION



Lead instructor Caroline Kramer works with student Michael Shank as volunteers Michael Zuzul and Laura Sarasina stand by to encourage and offer support.



Adapted Aquatics Instructor Elizabeth Row and volunteer Laura Shmitt assist Ishan Chaturvedi with the reach of his strokes.



Lead Instructor (back to photograph) Caroline Kramer, assistant instructors, and several trained volunteers conduct a group activity in a 6-12 year old adapted aquatics class at Washington Lee Aquatics Center on Sunday Jan. 24.



Volunteers Cassandra Kopecky, Lissa Hanner, and Thad Jones encourage adapted aquatics student Wilton Stubbs during his class on Sunday.

THEATER

1 Actor - 35 Parts - 1 Incredible Story

Andrew Long tackles "I Am My Own Wife" at Signature.

BY BRAD HATHAWAY
THE CONNECTION

Even people who say they don't particularly care for solo performance shows because, after all, watching just one actor all evening long can often be something of a bore — find that the one-actor but 35-character play, which won the 2004 Pulitzer Prize for Drama, thoroughly engrossing and satisfying.

At least they do if the one performer is worth his salt and, in Andrew Long, Arlington's Signature Theatre found an actor who can hold the stage — and everyone's attention — for the full evening without seeming to resort to cheap tricks. His secret is that he trusts in the richness of the characters that author Doug Wright crafted in an effort to tell a most extraordinary story.

"I Am My Own Wife" is the story of Charlotte von Mahlsdorf who was born male in 1928 in what became East Germany, but chose to live life as a woman. Her passion was furniture, but her challenge was survival. First the Nazis and then the Communists cracked down on unorthodox life styles. In 1991, after half a century of surviving such repressions, she



Helen Hayes Award-Winner Andrew Long stars in "I Am My Own Wife" at Signature Theatre.

moved to Sweden to live out her final days. Ah, but what compromises did she really have to make to have survived the Third Reich and the Cold War?

Just covering such a multi-faceted story in one evening might be quite a challenge. But Wright found additional dramatic material in his own struggle to understand Mahlsdorf, so he wrote a play about his own efforts to research a play about Mahlsdorf. He structured it in such a way that one actor can play both the playwright

and his subject as well as many people through whose memories the tale unfolds.

When the play was first produced in New York it earned a Tony Award for its one actor, Jefferson Mayes. When it closed on Broadway, Mayes took the show on the road, performing it in Washington at the National Theatre in 2005. Since then, local theater companies have found in it a property that can challenge an actor, a director and a design team and also can satisfy an audience

while avoiding the expense of a large cast or multiple sets. In fact, the attraction to theater companies of such a potentially inexpensive show able to sell a good number of tickets has been so strong that a recent tabulation showed it to be one of the 10 most produced non-classic plays in the past 10 years.

Signature's production doesn't skimp in terms of talent. Andrew Long appeared at Signature in its somewhat strange production of "My Fair Lady" and its premiere of

Where and When

"I Am My Own Wife" continues through March 7 in The ARK at Signature Theatre, 4200 Campbell Avenue in Shirlington. Performances are Tuesday and Wednesday at 7:30 p.m., Thursday - Saturday at 8 p.m. and Sunday at 7 p.m. with Saturday and Sunday matinees at 2 p.m. Tickets are \$47-\$71. Call 703-573-7328 or log on to www.signature-theatre.org.

the musical "Saving Aimee." He is a classically trained actor who is well known to local theater lovers for many performances at the Shakespeare Theatre Company as well as notable roles at other local companies including Studio Theatre where he earned the Helen Hayes Award for Outstanding Actor in the searing drama "Frozen."

His is an almost subtle treatment of a very flamboyant script. It isn't that he shies away from the peculiarities of the multiple characters he has to bring to life, but rather he puts the emphasis on those characters and not on his transitions from one to the other. That way he avoids drawing undue attention to himself as an actor, and instead, concentrates the audience's focus on the story. And with a story this interesting and intricate, covering decades of challenges and deceptions, this concentration is a good thing.

Brad Hathaway reviews theater in Virginia, Washington and Maryland as well as Broadway and writes about theater for a number of national magazines. He can be reached at Brad@PotomacStages.com.



FEB. 5-6
Comedian Todd Barry. 9:15 p.m. at the Arlington Drafthouse Comedy Theater. Tickets are \$20. At 2903 Columbia Pike, Arlington. Go to <http://www.arlingtondrafthouse.com/>

CALENDAR

Know of something missing from our community entertainment calendar? Send it to TheArlingtonConnection@connectionnewspapers.com. Deadline is 2 p.m. the Thursday before publication. Call Steve Hibbard at 703-778-9412 with any questions. Photos are welcome.

NOW THROUGH JAN. 30

"Reefer Madness." 8 p.m. Sunday matinee at 2 p.m.. Cost is \$15. Inspired by the original 1936 film of the same name, this musical comedy takes a tongue-in-cheek look at the hysteria caused when clean-cut kids fall prey to marijuana. Hosted by Dominion Stage. At Gunston Arts Center, Theatre One, 2700 S. Lang St., Arlington. Go to www.dominionstage.org. Reservations can be made online or by calling 703-683-0502.

NOW THROUGH FEB. 6

"Will Success Spoil Rock Hunter?" 8 p.m. nightly; Saturday/Sunday matinees 2:30 p.m. Sponsored by the American Century Theater. At the Theater Two, Gunston Arts Center, 2700 S. Lang St., Arlington. Tickets are \$26-\$32. Tickets can be ordered online

at www.americancentury.org or by calling 703-998-4555.

NOW THROUGH FEB. 21

"Unleashing the Wild Beasts." Come enjoy some refreshments while exploring each artists' interpretation of the "Fauvist" art movement. Sponsored by the Arlington Artists Alliance. At Cassatt's Café, 4536 North Lee Highway, Arlington. Call 703-894-0504.

WEDNESDAY/JAN. 27

Bowen McCauley Dance Fund-Raiser. Dine at Cassatt's for breakfast, lunch or dinner, and 15 percent of the day's sales will go to Bowen McCauley Dance. Cassatt's is at 4536 Lee Highway (near N. Glebe Road), in the Lee Height's Center, Arlington. Call 703-527-3330.

Brass Quintet Night.

7:30 p.m. Featuring musicians from The U.S. Coast Guard Band, The U.S. Naval Academy Band, The U.S. Army Brass Quintet, and special guests The Rodney Mack Philadelphia Big Brass. At Brucker Hall, Fort Myer. Visit www.usarmyband.com.

Film: "The Country Teacher

(2008)." 6:30 p.m. Free. Part of the Shirlington Library World Cinema Spotlight. Call 703-228-6545.

THURSDAY/JAN. 28

The U.S. Army Blues. 7:30 p.m. With guest soloists SSgt Ryan McGeorge ("The President's Own" U.S. Marine Band), euphonium, and SMSgt Gil Corella (The U.S. Air Force Band), tuba. At Brucker Hall, Fort Myer. Visit www.usarmyband.com.

Ice Skating Gala. 6-8 p.m. With 50 percent of proceeds to benefit the Cystic Fibrosis Foundation. Will include a live performance by the urban folk rock group, Woodburn Road. Also jugglers, stilt walkers, mimes, a human snow globe, and more. At Pentagon Row Ice Skating Rink. Contact Barbara Martin at 301-512-5078, barbara@fingerprinthdc.com.

FRIDAY/JAN. 29

Armed Forces Tuba-Euphonium Ensemble. 7:30 p.m. With The U.S. Army Orchestra with guest soloists Dr. Zach Collins, tuba; Dr. Martin Cochran, euphonium; GySgt Frank Crawford, tuba; and SFC Chris Sarangoulis, tuba. At Brucker Hall, Fort Myer. Visit

www.usarmyband.com.

Free Yoga Classes. 6:30-7:30 p.m. Fridays and Tuesdays. A balanced program of yoga classes for four weeks, for free. Held at Little River Yoga. Email suzanne@us1yoga.com or call 703-209-0049.

JAN. 29-APRIL 3

Transhuman Conditions. Opening reception is Friday, Jan. 29 from 6-9 p.m. Features 10 artists thinking about the future of the human body — from living forever, to redesigning our appearance and abilities at will, to leaving behind reality as we know it and starting over in a virtual world. At the Arlington Arts Center, 3550 Wilson Blvd., Arlington.

JAN. 29 THROUGH FEB. 13

"Arsenic and Old Lace." Free performances. Directed and produced in conjunction with Keegan Theatre. At Mount Olivet United Methodist Church, 1500 N. Glebe Rd., Arlington. Fridays, Saturdays and Sundays. Dinner Theater with Saturday shows (adults: \$12, children: \$6). Lunch Matinee on Feb 7 (adults: \$12, children: \$3). Tickets: 703-527-3934,

SEE CALENDAR, PAGE 16

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CALENDAR

FROM PAGE 15

www.mtolivet-umc.org (click on Event Registration).

SATURDAY/JAN. 30

2010 Tuba-Euphonium Conference Grand Concert. With guest soloists, including Carol Jantsch, Principal Tuba of the Philadelphia Orchestra. Featuring The U.S. Army Concert Band, COL Thomas Rotondi, Jr., conducting. At Brucker Hall, Fort Myer. Visit www.usarmyband.com.

Mardi Gras Friday. 6:30-9:30 p.m. Cost is \$65. The Samaritan Ministry of Greater Washington hosts a Mardi Gras celebration with jazz and Southern food. National Rural Electric Cooperative Association Conference Center, 4301 Wilson Blvd. Arlington. Call 202-722-2280, x 305, or www.samaritanministry.org

Country Western Dance. 7:30-11 p.m. Admission is \$10/members, \$12/nonmembers. Sponsored by the Northern Virginia Country western Dance Association. Kevin Handy will be the DJ. Bo and Ann Marlin will teach the "Queen's Waltz" line dance beginning at 7:30 p.m., and Matt Leonard will review the "Harmony Stroll" couples specialty dance at 8 p.m. Open dancing from 8:30-11 p.m. and includes Two Step, Waltz, line, Swing, Cha Cha, and specialty dances. At Luther Jackson Middle School, 3020 Gallows Road, Falls Church. Visit the Web site at www.nvcwda.org or call 703-860-4941.

SUNDAY/JAN. 31

Washington Saxophone Quartet. 4 p.m. At St. Peter's Episcopal Church, 4250 North Glebe Road, Arlington. Call 703-536-6606, or visit the St. Peter's music program Web site at: <http://www.stpetersmusic.org>.

MONDAYS, FEB. 1, 8

Theology on Tap. 7 p.m. gather; 7:30 p.m. talk followed by questions. The goal is to provide a forum for young adults to learn about and discuss their faith in a relaxing social setting. (Must be age 21). At Pat Troy's Ireland's Own, 111 North Pitt Street, Alexandria. Call 703-549-4535.

MONDAY/FEB. 1

"Consuming Kids: The Commercialization of Childhood." 7:30 p.m. Free film screening. The film offers an eye-opening account of the pervasive and pernicious effects of children's advertising on the health and well-being of today's kids. At the Unitarian Universalist Church of Arlington, 4444 Arlington Blvd., Arlington. RSVP to film@familyandhome.org. Call 703-931-3975.



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Winstead at Cinema N' Draft House

It's been a year since comedian Lizz Winstead's two sold out shows at the Arlington Cinema N' Draft House, and she's back again this Friday and Saturday to put her stamp on the past year in politics and media.

As the co-creator and former head writer of The Daily Show and Air America Radio, Winstead is considered one of the nation's top political satirists. Hot on her list of topics this weekend will be an assessment of Wednesday's State of the Union address.

When visiting metro D.C., Winstead said she enjoys checking out the local music scene, getting outside and visiting the FDR Memorial, eating Thai cuisine at Bangkok 54 — which she highly recommends — and stopping by vintage clothing shops in Logan's Circle.

Follow Winstead on her weekly broadcast at broadcast.us, or view her most recently produced at pilot at wakeupworld.com.

— MECHELLE SCHLOSS



Lizz Winstead

Show Times

Where: Arlington Cinema N' Drafthouse

When: Jan. 29 and 30 at 9:45 p.m.

Tickets (\$22) are on sale now through the Arlington Cinema N' Drafthouse

<http://www.arlingtondrafthouse.com>
703-486-2345

TUESDAY/FEB. 2

Swing Dance. 9-11 p.m. Augie Swing. Vocals by Sue Matthews backed up by John Jensen on trombone, Robert Redd on piano, Steve Abshire on jazz guitar, Tom Mitchell on jazz guitar and vocals, and Ralph Gordon on bass. At 3185 Wilson Blvd., Arlington. \$10.

FEB. 2-MARCH 2

Cancer Prevention Cooking Course. \$25/class or \$80 total. Tuesdays 6:30-8:30 p.m. Sponsored by the Cancer Project. Call Cornelia Lesh at 703-558-6740 or e-mail CLesh@virginiahospitalcenter.com. At Virginia Hospital Center, 1701 N. George Mason Drive, Arlington.

WEDNESDAY/FEB. 3

Cooking Up a Love Life. Singles Cooking Classes. Features food from Thailand, Singapore, and Indonesia, will teach you how to make easy, sumptuous dishes perfect for entertaining. At the Open Kitchen in Falls Church. To register, call 703-334-1504 or visit: <http://openkitchen-dcmetro.com/cookingclasses/class-schedule/>. At 7115 Leesburg Pike, #107, Falls Church.

FRIDAY/FEB. 5

Peace Corps Lunch Time Information Session. Noon to 1 p.m. Meets at the Peace Corps Mid-Atlantic Recruiting Office, 1525 Wilson Blvd., Suite 100, Arlington.

FEB. 5-6

Comedian Todd Barry. 9:15 p.m. at the Arlington Drafthouse Comedy Theater. Tickets are \$20. At 2903 Columbia Pike, Arlington. Go to <http://www.arlingtondrafthouse.com/>

SATURDAY/FEB. 6

Simple Pleasures Are Life's Treasures. 2-3:30 p.m. Frank Cassel, "The Banjo Man," and Rich Bailey, park naturalist and Euphonium player,

will entertain with live music. The "Jazzy Juggler" will wow the crowd while naturalists will show live animals and share tricks for identifying and understanding animals and plants in Northern Virginia. At Arlington County Central Library. At 1015 N. Quincy Street in Arlington.

Singles Dinner and Movie Night. 5 p.m. At Rock Bottom Brewery in the Ballston Common Mall, 4238 Wilson Blvd., Arlington, followed by movies at Regal Ballston Common 12. Cost of \$30 includes dinner and movie. RSVP required. Sponsored by New Beginnings, a support group for separated/divorced men and women. Call 301-924-4101 or visit www.newbeginningsusa.org.

TUESDAY/FEB. 9

"Rooms With a View." 6-8 p.m. Synetic Theatre will offer sultry scenes from "Antony and Cleopatra" and WSC will give a sneak peak at its version of Moliere's "The Miser," followed by a lively conversation on leadership in the arts with the two artistic directors. At the Rosslyn Spectrum Theatre, 1611 N. Kent Street, Rosslyn. Call 703-582-6628 or email rsvp@rosslynva.org.

Swing Dancing. 9-11 p.m. Admission is \$10. With Scott Ramminger and the Crawstickers, which plays swing, R&B, blues, soul, rock, funk, jazz, and a little bit of twang. At the Clarendon Ballroom, 3185 Wilson Blvd., Arlington.

FEB. 19-MAR. 7

"Once on this Island." Chalice Theatre in partnership with The Keegan Theatre presents this Caribbean-themed musical with a multi-generational cast that earned eight Tony nominations. Story is based on The Little Mermaid legend. Fridays and Saturdays at 7:30 p.m., Sundays at 3 p.m., additional matinee performance Saturday March 6 at 3 p.m. At the Unitarian Universalist Church of Arlington, 4444 Arlington Blvd., Arlington. \$20 per ticket, \$15 for students and seniors. For tickets, call 703-892-0202 ext. 6.

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Confidence, Leadership Keys to Playing Point Guard

**O'Connell's Marshall well versed
in dealing with pressure.**

BY JON ROETMAN
THE CONNECTION

Senior point guard Kendall Marshall and his Bishop O'Connell teammates spent 30 minutes in their home locker room after the Knights' 83-55 blowout loss to DeMatha on Jan. 20.

When players finally emerged from the postgame meeting, Marshall was one of the last players to enter the hallway. Cool, calm and collected, Marshall answered questions about what it takes to be a successful point guard. Leadership was discussed, including the role Marshall felt he needed to take to help turn around an O'Connell team which had lost nine of 11 games.

"We have to be able to get everybody on the same page," said Marshall, speaking of O'Connell's half-hour postgame gathering. "Right now, our team, our coaching staff, we're not clicking right now. We're not going to be successful until we all learn to get on the right page. I'm definitely trying [to help smooth things over]. I feel like as a leader on this team, being a veteran here — this is my fourth year on varsity — and being a player that they look up to, they're going to do what I do."

The pressure to lead and to perform can be hard on a point guard. But few know more about dealing

with pressure than Marshall. As a sixth-grader, the Dumfries, Va., native garnered media attention when an editor of an online publication ranked Marshall the nation's No. 1 recruit for that age group. As a high school sophomore, Marshall committed to the University of North Carolina. As a senior, Marshall is the nation's No. 22 overall recruit in the class of 2010 and the No. 6 point guard, according to ESPN.com.

WHILE MARSHALL plays a position which attracts the focus of others, the 6-foot-4 left-hander has faced scrutiny longer than many could imagine.

"It's tough. That's probably one of the hardest things for me as I've grown up — since I was 12 years old. I've always been in the spotlight," Marshall said. "You just have to keep working hard and be able to get through that because at the end of the day, people are going to criticize you. The more you're in the spotlight, the more they're going to be nitpicky, the more they're going to notice all the [bad] things instead of the positive things you do, so you just have to be able to stay positive and work hard."

Marshall said he felt more pressure once he committed to North Carolina.

"I had that target on my back now," he said. "All eyes are on me

every time I step on the court. People whisper behind your back, they're talking about you: 'That's the kid right there.' So I just have to go out and perform every night."

Marshall said his family acts as his support group when he feels like talking about the pressure. As someone who has long been in the public eye, Marshall is careful about who he associates with.

"I feel like you have to keep your circle tight," he said. "You can't let too many people in because you never know why they're there. ... You have to deal with groupies all the time — male, female, it doesn't matter. They're coming from everywhere."

DR. KEITH KAUFMAN, a Washington, D.C. therapist specializing in sports psychology, said it is important for a point guard to maintain balance in his or her approach.

A point guard should "be decisive and confident but at the same time be balanced and incorporate as many facets as possible," Kaufman said. "... Basketball players like to get really fired up but they need to make sure they're not too fired up so they're making good decisions and thinking clearly. ... [A point guard should] express confidence and decisiveness but at the same time survey the opinions of teammates. ... If you have a point guard who isn't buying into what the rest of the team is doing that can create a lot of problems."

On the court, Marshall has the

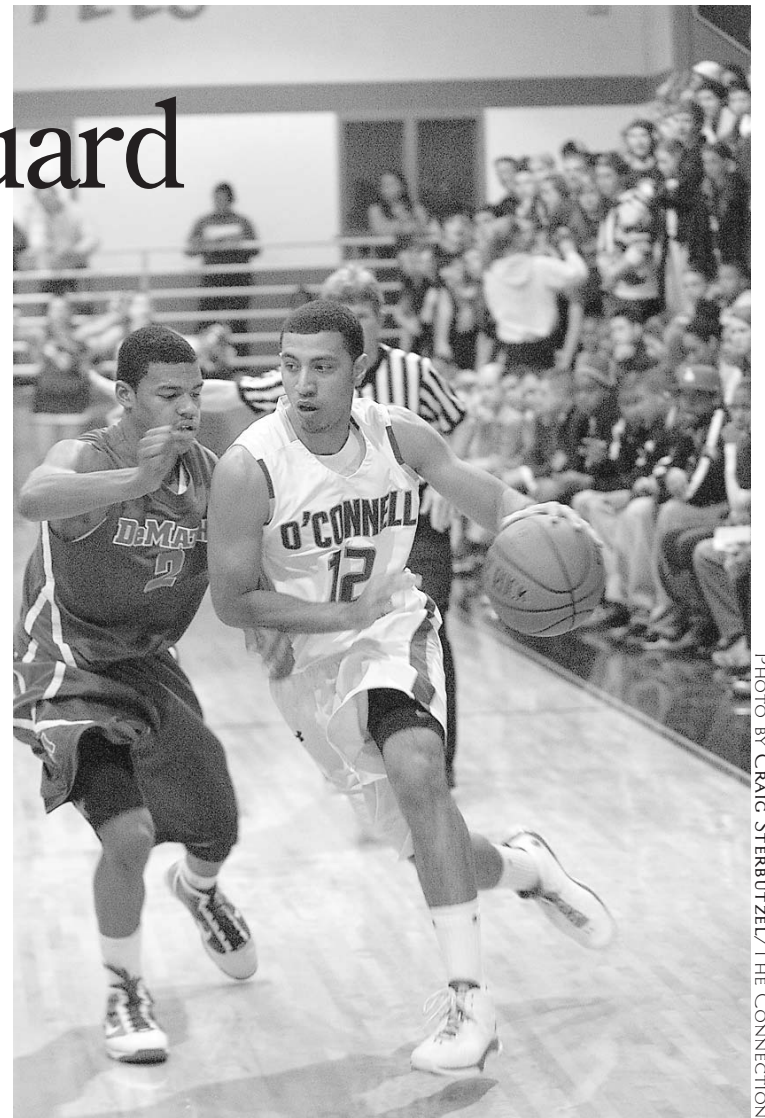


PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Bishop O'Connell point guard Kendall Marshall signed with the University of North Carolina as a sophomore.

athletic ability to score, but makes his biggest impacts distributing the ball, playing defense and being a leader.

"I approach every game, first of all, thinking I'm going to win," he said. "You have to go into the game with that mentality. ... Second of all, I have to put my team on my back. Not scoring-wise, but to put them all on the same page. ... It takes a lot of confidence. ... [There

is] a fine line between being cocky and confident. You have to be able to yell at a player and realize off the court you all are still going to be cool, but he can hate you ... on the court. He will follow you if you tell him the right thing."

Along with Marshall's physical talents, O'Connell head coach Joe Wootten said the point guard has

SEE KEYS, PAGE 16

Patriots Split Meet with Washington-Lee Generals

The Yorktown swim and dive team traveled to Washington-Lee on Friday for the final dual meet of the season. The meet between undefeated National District and county rivals concluded with everyone having something to cheer about. The Yorktown boys fell behind early, but fought back in the second half of the meet only to lose a close meet by a 168-147 score. The girls dominated and beat the Generals 241-74. The boys concluded the dual meet season with a 6-1 record and the girls remained undefeated at 7-0.

While the boys won only two events, they picked up many valuable points with second-, third-, and fourth-place finishes. The Generals started fast and built a 25-point lead by the midpoint of the meet. Led by a

victory in the 100 freestyle by Connor Healy and a 1-2 finish in the 500 free by Max Fish and Will Tarkenton, the Patriots cut the deficit in half. Second-place finishes in the 100 back by Matthew Essig and the 100 breaststroke by Greg Crosswell, combined with several others finishing in the top six, allowed Yorktown to be only nine points down going into the final event. W-L took first and second in the final relay to secure the victory. Other second-place finishers for Yorktown included Essig (200 IM), Healy (50 free) and Angus Moloney (diving). Third-place finishes were registered by Carson Barry (diving), Collin Condron (100 fly), Scott Liddell (100 free), Tarkenton (100 back), and Fish (100 breast). The 200 Medley Relay team of Jimmy Linek,

Crosswell, Essig, and Healy finished second with a Region-qualifying time. Essig also secured a Region-qualifying time in the 200 IM.

The Yorktown girls won 11 events and had seven sweeps (top four places) in a dominating performance. The sweeps occurred in the 200 free, 200 IM, 50 free, 100 fly, 100 free, 500 free, and 100 back. Stephanie Romano was a double winner (200 free, 500 free). The other event winners were Abigail Young (200 IM), Ann Carpenter (50 free), Kaitlin Wolla (100 fly), Lydia Carpenter (100 free), Angela Slevin (100 back), and Abigail Ortmayer (100 breast). First place relays — 200 Medley Relay (Slevin, Ortmayer, Wolla, Carly Hinkle), 200 Free Relay (Hinkle, Wolla,

Lydia Carpenter, Ann Carpenter), and the 400 Free Relay (Romano, Kerry Sutherland, Carla Vazquez-Ramos, Katie Gentsch). The winning 200 Medley relay achieved a State-qualifying time, as did Wolla in the 100 fly. Region-qualifying times were achieved by Romano (200 free and 500 free), Amanda Didawick (100 fly), Molly Merkel (500 free), Slevin (100 back), Abigail Young (100 back), and the 200 Free Relay.

The Patriots return to W-L next weekend for the National District meet. The girls will be looking to keep their perfect record intact as they have won every District meet since the National District was formed. The boys will be swimming for their first title since 2007. They have finished first or second the past eight years with three titles.

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Cancer Can, Or It Can't (Me, Too)

By KENNETH B. LOURIE



I can mostly handle this cancer stuff. However, there is one area I can't totally manage – emotions. Specifically when certain things – physical, mental, spiritual – happen. I never know if what I'm feeling is attributable to the cancer, and thus worthy of a phone call/email to my study nurse and/or oncologist, or more a function of simply being who I am, independent of the cancer business; meaning a middle-aged, slightly overweight (“Slightly?” Be quiet, Dina.), out-of-shape, -collar worker bee. I don't want to overreact to symptoms, nor do I want to be stubborn and stupid and underreact either. For all I know (and it's not really very much), whatever I'm feeling might actually matter, or it might not. Ergo the problem.

It's hard, make that impossible (for me anyway) to separate fact from fiction, cancer-related from normal wear and tear, the beginning of the end from the end of the beginning. I am encouraged by the medical staff to call with any concerns (real or imagined) that I may have. Still, when I called last week to report a non-stop runny nose that required constant blowing and tissue use (which ultimately lead to a very chapped and sore nose, inside and out) I felt funny. Here I have stage IV lung cancer and I'm worried about a runny nose. Even the description “runny nose” sounds insignificant and not nearly as serious many of the other symptoms familiar to cancer patients: nausea, vomiting, diarrhea, loss of sleep, loss of appetite, weight loss, nose bleeds, tingling and loss of use/control of your extremities and so forth that might warrant a cancer-call. Runny nose! What am I going to call about next? A skinned knee? A boo-boo on my buttock? A pimple on my poopik? Finding that line between compulsively obsessing over my symptoms to accepting what's happening to me as normal, given my age (and thus not particularly worthy of cancer-induced worry/anxiety/fear/depression) has been most difficult for me.

This difficulty has manifested itself because my coping mechanism diagnosis-to-date, has been not to consume myself (or try not to) with everything that is happening to me medically (or could be in the future). That's not to say that I'm ignoring what's occasionally been happening, but more so attempting to keep it in perspective/context: try not to overreact to the things (side effects, symptoms, deficiencies), that typically happen to cancer/chemo patients and conversely, try to react positively to the things that don't happen. My concern is that I'm taking too much in stride, attributing too much of what cancer stuff I think I feel to the inevitability of the underlying health situation in which I find myself immersed (and thus not unique or worth mentioning) and instead go with the proverbial flow and not fight this rising tide.

I don't want to be swept away and drowned by these waves of emotion and end up in a sea of non-tranquility. Somehow I need to, as Katie Winter of Secret Deodorant marketing fame once made famous, “Keep myself cool, calm and collected.” I don't imagine that being in denial would help, but neither do I think proactively pursuing pathology reports (as but one example of the endless amount of information available from your health care provider) would provide the solace and balance I seek. I am open to suggestion.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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NEWS

Homeless Hate

FROM PAGE 3

stand on this issue.”

According to the National Coalition for the Homeless, 880 unprovoked attacks against homeless people have been reported over the last decade. Hope says that figure probably underestimates the problem because the majority of the crimes go unreported. Advocates for the homeless agree that a new category of hate crimes should be created to protect homeless people, even if that's unlikely to happen in the current economic climate.

“We definitely support this bill,” said Kathleen Siebert, executive director of the Arlington Street People's Assistance Network. “If a homeless person is the victim of one of these crimes, this would give added weight in the legal proceedings.”

UNDER CURRENT law, Virginia has a number of categories protected by hate-crime legislation — race, religion and national origin. Hope's legislation would add homelessness to this list. It would also allow homelessness to become new category of victims who can file an action for damages or harassment. Although the state would end up paying less for probation services, according to the fiscal impact statement attached to the legislation, it would also increase the cost for correctional facilities.

“Why should a homeless person get more protection than a person who owns a home? It's not fair,” said Courts of Justice Chairman David Albo (R-42). “Quite frankly, I wish we never started down this road in the first place because one you create one category of hate crimes, then a new groups comes around each year wanting to create a new category of hate crimes.”

Foundation Awards \$70,000 in Grants

Innovations in ending homelessness and immediate, emergency housing support are the dual themes of grant awards announced by the Arlington Community Foundation (ACF). Eight grants totaling \$70,000 were awarded.

Grant recipients were: Arlington Street People's Assistance Network (A-SPAN), Arlington Alexandria Coalition for the Homeless (AACH), Volunteers of America Chesapeake's Residential Program Center, Arlington Food Assistance Center (AFAC), Offender Aid and Restoration of Arlington (OAR), Arlingtonians Meeting Emergency Needs (AMEN), Friends of Guest House, and Shirlington Employment and Education Center (SEEC).

For information about how to apply for a Homelessness Prevention Prompt Response Grant or how to contribute to the Homelessness Prevention Fund, call 703-243-4785 or log onto www.arlcf.org.

Correction

In “Tree Stewards” [The Connection, Jan. 20-26], the number of volunteer hours contributed in 2009 should have stated 1,300 hours.



The children of the Tuong Van Primary School.

A Different Vietnam

FROM PAGE 3

tuated by modern, 20-story hotels and office buildings. Cruise ships pull into port and deposit international tourists ashore, while beaches and casinos in Da Nang contribute to a thriving tourist economy. Many of Hanoi's stores paired Vietnamese signs with English translations.

The Communist state that arose from the middle-century ideological battle remains, but central control has been relinquished since adopting a "renovation" policy in the mid-1980s. Since then, economic liberalization has transformed a nation that compresses the world's 13th largest population into an area not much larger than New Mexico. A stagnant agricultural economy has become increasingly manufacturing-oriented, employing the 1.5 million new workers that join the labor force each year.

The result McCaffrey describes seems a special relationship: Vietnam wants the three million expatriates who fled during the war to return and invest, while American consumers have already invested in Vietnamese exports, which increased nine-fold from 2001 to 2007.

"Definitely, unmistakably, from Hanoi down to the Delta, there was an enormous admiration for Americans," McCaffrey said. "We're their biggest investor now, and we're welcome in country. And that's genuine."

VIETNAM'S AUTHORITARIAN control also impacts one area: crime. With national identification cards and neighborhood watch captains, the country is surpassingly safe, though there is a growing drug addiction problem.

"My tour guide said, if you're a woman you could walk out of your hotel at midnight and go window shopping and never be bothered. Which you couldn't say in many places in the United States."

McCaffrey's visit was also a humanitarian tour. In Trieu, the delegation

helped dedicate the Tuong Van Primary School, which was tripled in size with just \$75,000 in private U.S. donations.

But the largest single focus of McCaffrey's tour was to promote the work of Project RENEW, which aims to rid Vietnam of the 350,000 metric tons of unexploded ordnance — rusted, half-buried bombs and munitions left over from the war that remain viable and deadly. The VVMF project sponsors a mine removal effort and educational campaign on these "remnants war" that maim or kill 1,000 people a year. McCaffrey personally detonated three cluster bombs while visiting a mine-contaminated site.

The rate of those killed and injured by unexploded ordnance has been cut in half since the project started, McCaffrey estimates, and it yields an additional benefit: returning deadly mined land to economic viability. Project RENEW is helping clear land for an extensive shopping complex in Quang Tri. "It has a huge economic impact on this poor country," he said.

The U.S. government recently awarded the project a \$1 million grant, which McCaffrey hopes represents the beginning of regular funding for an effort which helps move Vietnam from its past.

The dramatic transformation is illustrated by the fate of the Long Binh complex. Forty-five years ago it was the largest military post on earth, the base for 35-40,000 American troops. Today a shopping center stands there, and it will be the terminus of Vietnam's first subway line, to open in 2014 at a cost of a billion dollars.

McCaffrey also looked for his former officers' quarters in Saigon, but it's now a hotel.

"The reason to go back to Vietnam isn't necessarily to 'find your war,'" he said. "But to see Vietnam and what it's become."

NEWS



Center Dedicated The nature center at Potomac Overlook Regional Park was dedicated and re-named the James I. Mayer Center for Environmental Education in honor of James I. Mayer, former chair of the Northern Virginia Regional Park Authority on Saturday, Jan. 9. The dedication included remarks by Michael Nardolilli, NVRPA board member; Jay Fisette, Arlington Board Chair; Rob Hartwell, president of the Northern Virginia Regional Park Foundation; Su Webb, NVRPA Board Chair; Paul Ferguson, NVRPA Board Member, and Marjie Mayer, James Mayer's widow.

Keys to Playing Point Guard

FROM PAGE 13

a strong work ethic.

"I can't remember a practice where he hasn't worked his tail off," Wootten said. "... He enjoys passing the ball, which I think is something that any great point guard does — they enjoy seeing someone else find success. ... He's a great kid off the court. He's the type of kid you want to be around."

Be a Leader

Cavanaugh Hagen is in her second season as head coach of the T.C. Williams (Alexandria) girls basketball team. Hagen was

a point guard and four-year starter at T.C. Williams. After graduating in 2001, she went on to play at Canisius College in Buffalo, N.Y. Hagen said the most important traits a point guard can have are confidence and leadership.

"You have to be a confident point guard because if not then you'll get rattled easily — your team will get rattled," she said. "I think if you're the one that's leading that you need to be the one that has control over situations on the court. ... If you don't demand the ball in your hands your team won't know what to do because you're the one that's supposed to make them better, or set them up for success."

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington's Office of Senior Adult Programs for Feb. 8-12.

Arlington senior centers: Aurora Hills, 735 S. 18th St.; Walter Reed, 2909 S. 16th St.; Culpepper Garden, 4435 S. Pershing Dr.; Langston-Brown, 2121 N. Culpepper St.; Lee, 5722 Lee Hwy.; Madison, 3829 N. Stafford St.; TJ Comm. Center, 3501 S. 2nd St.; also TJ Community Center, 3501 S. 2nd St.

Identity theft protection, Monday, Feb. 8, 9:30 a.m., Langston-Brown, Free. Details, 703-228-5321.

Four-part series on **life and legacy of Abraham Lincoln** begins, Monday, Feb. 8, 10 a.m., Culpepper Garden Senior Center. Four two-hour DVD's, free. Call early to register 703-228-4403.

Strategies for **managing stress,** Monday, Feb. 8, 11 a.m., Culpepper Garden Senior Center, Free. Register early by calling, 703-228-4403.

Armchair tour of National Geographic Museum's exhibit, Terra Cotta Warriors, Monday, Feb. 8, 1 p.m., Aurora Hills Senior Center. \$6. Register early by calling 703-228-5722.

Strength training using weights, Monday,

Feb. 8 (upper body), Wednesday, Feb. 10 (torso), Friday, Feb. 12 (lower body), 9 a.m., Thomas Jefferson Community Center. Cost \$56/16 sessions or \$3.50 per drip in. Details, 703-228-4745.

New and experienced **pickleball** players, Monday, Feb. 8 through Friday, Feb. 12, 7:30 a.m.-2:30 p.m., Thomas Jefferson Community Center. Free with 55+ Pass. Details, 703-228-4771. Also available at Walter Reed Senior Center, 11 a.m. - 3 p.m., 703-228-0955.

Series of weekly **movies** to celebrate Black History Month begins Tuesday, Feb. 9 with a tribute to Dr. Martin Luther King, Jr., 1 p.m., Langston-Brown Senior Center. Free. Call to sign up, 703-228-5321.

Free legal counsel by Legal Services of Northern Virginia, Tuesday, Feb. 9, 9:30 a.m., Langston-Brown and 1 p.m., Lee Senior Center. Call for appt., 703-228-5321 (L-B), 703-228-0555 (Lee).

Wii Fit workshops, Tuesday, Feb. 9, Thursday, Feb. 11, 1 p.m., Langston-Brown Senior Center. Free. Call to sign up, 703-228-5321.

15 Steps to **Optimum Health** program, Wednesday, Feb. 10, 1 p.m., Aurora Hills Senior Center. Free. Details, 703-228-5722.

PEOPLE

To have engagements, weddings, obituaries, or other significant personal events listed in *The Arlington Connection*, e-mail arlington@connectionnewspapers.com or fax to 703-917-0991. Deadline is 2 p.m. the Thursday before publication. Call Steve Hibbard at 703-778-9412. Photos are welcome.

Army Reserve Pvt. Jhoel Villarroel has graduated from Basic Combat Training at Fort Sill, Lawton, Okla. He is the son of Mr. and Mrs. Villarroel of N. Madison St., Arlington, Va. Villarroel is a 2008 graduate of Yorktown High School, Arlington, Va.

Air Force Airman 1st Class Graham G. Staudt graduated from basic military training at Lackland Air Force Base, San Antonio, Texas. He is the son of David Staudt of Stacy Lane, Camarillo, Calif., and Barbara Staudt Saxton of S. Meade St., Arlington. Staudt is a 2002 graduate of Randolph-Macon Academy, Front Royal.

Air Force Airman 1st Class Matthew P. Misener graduated from basic military training at Lackland Air Force Base, San Antonio, Texas. He is the nephew of Mike Conway of S. Buchanan St., Arlington. Misener received a bachelor's degree in 2003 from the New England Conservatory of Music, Boston, Mass.

Yorktown High School senior **Waleska Solorzano** is the eighth Arlington Public School senior to receive Posse Scholarship and will attend Sawanee College.



Dog Portraits

Arlington artist Susie Hooban paints a portrait of Crash, a rescued hound dog, at "Scene. Art and Events" at the National Harbor, Saturday, Jan. 23. To commission a pet portrait, contact Amy Gardner at Scene, 301-839-0303.



Helping HOPE For Haiti

Morgan Kowalski-Botelle from Santa Fe, N.M. helped her cousins Bailey and Hallie Kowalski of Arlington raise funds for Project HOPE's Haiti Relief. The girls hosted a "Hot Chocolate for Haiti" fundraiser at the Lyon Village Shopping Center on Jan. 18, on Morgan's 15th birthday. Serving hot chocolate and lemonade, and answering questions for donors about HOPE's relief efforts in Haiti, the girls raised \$1,121.

3,600 Pounds of Food

Vornado/Charles E. Smith employees, tenants, and residents gathered over 3,648 pounds of food for the Arlington Food Assistance Center by launching a coordinated food drive in each of their over 80 properties across the metro region during the holiday season. The Arlington Food Assistance Center is Arlington's food pantry, now distributing groceries to over 1,200 families each week. For more information about AFAC, see www.afac.org.



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Arlington REAL ESTATE

For information about appearing on this page, contact Deb Funk at 703-778-9444 or debfunk@connectionnewspapers.com

On the Market



Exceptional Quality in Green Certified New Home

Architectural detail and quality construction make this new home by Concept & Contours one-of-a-kind. With six bedrooms and five bathrooms, fuel efficiency is created through compliance with Arlington Green Home Choice. The home has whole house “smart” wiring, coffered ceilings, hardwood floors, custom tile, three fireplaces, bedroom-level laundry and coffee bar, and a luxury master suite with sitting room and luxury bath. Formal dining and living rooms, great room with gourmet kitchen, media room, recreation room with wet bar and wine storage, au pair bedroom, screened porch, and detached garage with attic. 515 N. Lincoln St., Arlington, 22201.

Contact Diane Duston, Keller Williams Realty
703-203-8957 • www.dduston429@aol.com
From \$1,549,000.

Handy Man's House

This is a great opportunity at a good price in a sought-after neighborhood of higher priced homes. The house awaits your updating. It's a brick colonial with a large brick carport, two large bedrooms, a bath upstairs, and a powder room downstairs. The hardwood floors are beautiful and in excellent condition. There is a first floor family room and a good size dining room. The location is within walking distance to a grocery store, restaurants, coffee shop, shopping and playgrounds. It's close to Ballston Metro and convenient to I66. 2041 North Utah Street, Arlington 22207. Contact Carole Schweitzer, Weichert Realtors, 703-525-7568, Caroleschweitzer.ismyreagent.com. From \$550,000.



Complete Renovation for Current "Open" Concept

1957 All Brick Ranch Boasts a 2005 Complete Renovation and Remodel lending special attention to enhancing and accommodating family members of limited mobility. This renovation incorporates completely rearranging the original floor plan in favor of the current open concept. Simultaneously all major systems and infrastructure were replaced to include double paned windows, refinished seamless hardwoods floors, completely renovated bathrooms and kitchen, electrical, insulation, plumbing and HVAC systems. This home features four bedrooms and three full baths. It also has a daylight walkout basement and a garage on an 8,139 sq foot lot in a peaceful cul de sac in Woodmont. It is a two-block walk to 23-acre Fort C.F. Smith Park and a 10-minute stroll to the Potomac River. For more information contact Jonathan Prove, RE/MAX Allegiance, 202-489-8169. Coming soon for \$750,000.



Location, Design, Craftsmanship

Walk to Lyon Park, Virginia Square METRO and Ballston from this stunning custom-built home thoughtfully designed by Spring Street Development with every modern convenience and exquisite details. Situated on an oversized level lot on a quiet street, this home features five bedrooms, four-and-a-half baths, approximately 4,800 sq. ft. of living space. There is a detached garage, wraparound front porch, hardwood floors and 9-foot ceilings throughout. The beautifully-appointed master bedroom boasts an 11-foot tray ceiling, generous walk-in closet and a sumptuous master bath with whirlpool tub and walk-in rain head shower. The lower level offers a spacious recreation room and an au-pair/in-law suite with private entry. For more information contact John Plank, Long & Foster Real Estate, 703-284-9347 www.johnsellsarlington.com. Offered at \$1,489,900.



Profile in Real Estate – Ingrid Wooten

Ingrid Wooten has lived in Northern Virginia since 1973 and in Arlington since 1978. For 18+ years buyers and sellers have relied on her, knowing she works hard to achieve a happy ending. Ingrid helps first time buyers as well as sellers with growing family needs. She also helps sellers downsize to a smaller home. Most houses Ingrid sells are located in North Arlington along the Orange-Line Corridor, with an emphasis in Lyon Village.

Her advice for sellers: carefully assess your home with the aid of a knowledgeable real estate agent. Determine what you need to do in order to make the property look as attractive as possible. This can mean a little or a lot – interior and exterior painting, refinishing floors, and “staging” with plenty of decluttering, installing new light fixtures and appliances, moving furniture, and in a few rare cases even installing a new kitchen. Often Ingrid helps supervise the improvements.

Sometimes, at her own expense, she has a professional stager work with the seller to achieve the look buyers seek.

Her advice for buyers: find an experienced agent who knows the value of the different Arlington housing markets and understands the newest trends affecting the local market.

Ingrid considers Arlington an ideal location. The booming areas along the Wilson-Clarendon and Columbia Pike corridors with their retail and restaurant businesses, the public parks, pedestrian and bike paths, the outstanding public schools (her children are graduates of the International Baccalaureate at Washington-Lee High School), and the proximity to the cultural offerings in Washington, D.C. and Arlington, are just a few examples of the advantages of living in Arlington.

A compact three bedroom, one and a half baths house on Barton Street is a good example of her working with move-up sellers: they actively improved and staged their home, sold it in four days last summer, then moved into a much larger home in North Arlington where they had their second child soon after. Another storybook ending!



Ingrid Wooten
Long & Foster Realtors, Inc.

HOME SALES

DECEMBER 2009
\$642,000 ~ \$600,000

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot	AC	Subdivision
1817 HARRISON ST N	4	3	0	ARLINGTON	\$642,000	Detached	0.27	TARA
1276 WAYNE ST N #422	3	2	0	ARLINGTON	\$635,000	Hi-Rise 9+ Floors	WILLIAMSBURG
1704 STAFFORD ST N	3	2	1	ARLINGTON	\$635,000	Detached	0.17	CHERRYDALE
1704 STAFFORD ST N	3	2	0	ARLINGTON	\$635,000	Detached	0.17	CHERRYDALE
529 GEORGE MASON DR N	3	2	0	ARLINGTON	\$631,250	Detached	0.23	BRANDON VILLAGE
2910 23RD ST N	3	1	1	ARLINGTON	\$629,000	Detached	0.13	MAYWOOD
2211 KENSINGTON ST N	3	3	0	ARLINGTON	\$628,000	Detached	0.17	TUCKAHOE VILLAGE
3419 RANDOLPH ST	3	2	0	ARLINGTON	\$624,900	Detached	0.23	BROYHILL FOREST/HILLS
6305 23RD ST N	3	3	0	ARLINGTON	\$615,000	Detached	0.19	LINDSEY'S
2000 CAMERON ST N	5	3	0	ARLINGTON	\$615,000	Detached	0.18	HIGHVIEW PARK
1514 KENILWORTH ST	3	1	1	ARLINGTON	\$611,000	Detached	0.15	LEEWAY HEIGHTS
3611 6TH ST S	3	2	0	ARLINGTON	\$610,000	Detached	0.20	ALCOVA HEIGHTS
6038 9TH ST N	3	2	0	ARLINGTON	\$608,000	Detached	0.20	DOMINION HILLS
2631 UPSHUR ST N	4	2	0	ARLINGTON	\$606,000	Detached	0.18	LEE HEIGHTS
100 IRVING ST	3	2	0	ARLINGTON	\$600,000	Detached	0.25	ASHTON HEIGHTS

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Dave Lloyd & Associates
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www.davelloyd.net

Weichert, Realtors

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Rarely available -- Lovely and spacious 4-level, brick townhome in sought after 'Hillcrest'. Built with pride by Batal Builders, a few of this homes many features include: Crown molding; rounded dry wall corners; recessed lighting; hardwood floors; gourmet kitchen with cherry cabinets & a box bay window; large MBR suite w/ sitting room, fp, box bay window, lux bath, & 3 large closets; upper level guest quarters with full bath; lower level rec room w/fireplace, cherry entertainment center, full wet bar & storage/utility room. Fabulous location - close to 2 Metros, Georgetown, shopping etc. Backs to Spout Run National Park. Directions: From D.C. West Lee Hwy, R Vieth, L Courthouse, L 21st Rd (into Hillcrest) to 2128.

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When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com & click the Real Estate links on the right side.

Call Specific Agents to Confirm Dates & Times.

22201

1420 N Utah St.....\$729,900.....Sun 1-4pm.....Dave Lloyd.....Weichert.....703-593-3204

1301 N Court House Rd #1410.....\$445,000.....Sun 1-4pm.....Dave Lloyd.....Weichert.....703-593-3204

N Edgewood St.....\$1,349,900.....Sun 1-4pm.....Ron Cathell.....Keller Williams.....703-975-2500

1201 N Garfield St #810.....\$485,000.....Sun 1-4pm.....Derek Blain.....Keller Williams.....703-587-7132

2128 21st Rd N.....\$1,275,000.....Sun 2-5pm.....Matt Shepard.....Keller Williams.....703-867-5442

1931 Cleveland St N #201.....\$314,900.....Sun 2-4pm.....Kevin O'Neill.....Am Realty Group.....703-276-1200

22202

3600 S Glebe Rd #421W.....\$445,000.....Sun 1-4pm.....Dave Lloyd.....Weichert.....703-593-3204

22204

2700 13th Rd #377.....\$275,000.....Sun 1-4pm.....Christina Wood.....Keller Williams.....202-714-9817

5008 11th St S.....\$489,000.....Sun 1-4pm.....Scott Koval.....Samson.....703-896-5847

6605 Illinois St.....\$579,000.....Sun 1-4pm.....Chip Benjamin.....Long & Foster.....703-284-9331

22205

6402 N 16th ST.....\$579,900.....Sun 1-4pm.....Dave Lloyd.....Weichert.....703-593-3204

1001 Harrison St.....\$699,000.....Sun 1-4pm.....Priti Malhotra.....Weichert.....703-628-4212

22206

4858 28th St S #B2.....\$409,900.....Sun 1-4pm.....Barbara Murray.....Re/Max Allegiance.....703-916-8560

22207

4389 Old Dominion Dr.....\$1,599,900.....Sun 1-4pm.....J. Dane Work.....Re/Max 100.....703-399-4500

2720 Fillmore St.....\$1,199,000.....Sun 1-4pm.....Rob Ferguson.....Re/Max Allegiance.....703-824-4192

2082 Oakland St N.....\$825,000.....Sun 1-4pm.....Susan Joy.....Long & Foster.....703-284-9215

For an Open House Listing Form, call Deb Funk at 703-518-4631 or e-mail debfunk@connectionnewspapers.com

All listings due by Monday at 3 P.M.

Arlington S. \$445,000

Location, Location, Location!

OPEN SUN 1-4 PM

Gorgeous 2 br, 2 bath condo in one of Arlington's newest buildings "The Eclipse". Enjoy the open contemporary floor plan, 1,150 sqft. of space, walls of windows, island kitchen w/granite & SS/appliances opens to DR, LR w/FP, flat screen and balcony with fantastic views overlooking courtyard fountain and park, master with spa bath, loads of closets, in condo W/D, garage parking and 5 star building amenities including front desk service, pool, fitness room and a fabulous club room with deck overlooking the city. 3600 S. Glebe Road. 421-W

Dave Lloyd & Associates
703-593-3204
www.davelloyd.net

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Arlington N. \$445,000

Fireworks view from balcony!

OPEN SUN 1-4 PM

Gorgeous 1,143 sqft. 2 br, 2 bath luxury condo located in the heart of Courthouse is just steps to Orange Line Metro, shops & restaurants. This fantastic floor plan offers a separate entry foyer and the "coveted" split bedroom configuration, a chef's kitchen w/service bar, formal living room, separate dining room, in unit W/D, garage parking & 5 star building amenities. Enjoy spectacular 14th floor monument views from the covered balcony. Wow factor x 10! 1301 Courthouse Road, #1410.

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