

Sisters Christina and Rebecca Henriques take plunge in support of the Camp Sunshine in the Freezin' For A Reason Polar Dip at Lake Anne on Saturday, Feb. 20. The fund raiser almost doubled its goal of raising \$25,000.

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# Reston Community Center



**March  
Board of Governors  
Meetings**

LONG RANCE PLANNING  
COMMITTEE  
RCC HUNTERS WOODS  
MARCH 1 • 6:00 P.M.

BOARD OF GOVERNORS  
MEETING  
RCC HUNTERS WOODS  
MARCH 1 • 8:00 P.M.

COMMUNITY INPUT MEETING: COMBINED PROGRAM/POLICY  
AND COMMUNITY RELATIONS COMMITTEE  
RCC HUNTERS WOODS  
MARCH 8 • 6:30 P.M.

Dates subject to change. Please check website prior to attending.

## RESTON COMMUNITY CENTER BOARD OF GOVERNORS Joint Meeting of the Program/Policy and Community Relations Committees

Do you have ideas and opinions about the future of cultural, recreational, and leisure time amenities in Reston? Small district 5 residents are invited to attend the Reston Community Center Board of Governors Joint Meeting of the Program/Policy and Community Relations Committees to share your thoughts.

### NEW MEETING DATE:

(Rescheduled from February 8 due to inclement weather)

**Monday, March 8, 2010 • 6:30 p.m.**

Reston Community Center Hunters Woods • 2310 Colts Neck Road, Reston  
You may also submit your suggestions and comments or join our mailing list to receive news/updates by emailing us at [RCCcontact@fairfaxcounty.gov](mailto:RCCcontact@fairfaxcounty.gov).

**Save the  
Date**

### Generation Next: Reston Leadership Development Dialogue

Thursday, March 25, 7:00 p.m. – 9:00 p.m., RCC Community Room

For more information visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com)

Hosted and sponsored by Reston Community Center in cooperation with Reston Historic Trust.



Reston Community Center  
2310 Colts Neck Road, Reston VA 20191  
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PHOTO CONTRIBUTED

People of all ages showed up in fun and interesting costumes ready to take the plunge.

## Freezin' For A Reason at Lake Anne

**Fund raiser for Camp Sunshine almost doubles goal.**

**B**rave souls of all ages faced the cold in the Freezin' For A Reason Polar Dip at Lake Anne on Saturday, Feb. 20. People of all ages showed up in fun and interesting costumes ready to take the plunge.

While jumping into freezing water was a difficult thing to do, many people were more than willing to do it in order to help raise money for Camp Sunshine. All pro-

ceeds from this event went to Camp Sunshine, which is a program that gets children with life-threatening diseases and their families away from the stress and to a one-of-a-kind retreat in Maine for some fun and hope.

The goal of this event was to raise \$25,000, which would allow 16 families to Camp Sunshine. But with the help of residents from all over the area, they raised over \$47,000, almost doubling the goal.

For more information of Camp Sunshine and how to help out, visit [www.campsunshine.org](http://www.campsunshine.org)

— STEPHANIE KNAPP



Those jumping into the freezing water included some participants' best friends too.

PHOTOS BY STEPHANIE KNAPP/THE CONNECTION



Those taking the plunge included some area children.



PHOTO CONTRIBUTED

Sally Canoles, Wendy Spicer and John Thomas of Flint Hill School in Oakton take part in a plunge.



Kaitlyn, Shannon, Tess, and Baily jumped for their soccer team, RFC Herndon Arsenal.

## Officer Cleared in Reston Area Shooting

Commonwealth's Attorney Raymond F. Morrogh has informed Col. David M. Rohrer, Chief of the Fairfax County Police Department that he finds "no basis for criminal liability" on the part of the officer who shot and wounded a 25-year-old man on Friday, Feb. 5.

Police were called to a home in the 2500 block of Fallon Drive on Thursday, Feb. 4, just before 11 p.m. Officers learned the adult son living in the home had mental health issues, was very agitated, appeared to be under the influence of drugs, and had a weapon. Responding officers removed the family from the home for their own protection. Repeated telephone calls and text messages to the home went unanswered.

Two tactical officers, a police K-9 handler, and his dog entered a hallway in the basement to serve an Emergency Custody Order. The 25-year-old suddenly burst out from behind a partially closed bathroom door, pointed a gun directly at a TAC officer, and was advancing quickly when the officer fired his duty weapon.

Investigators have determined the weapon he pointed at officers is an air gun replica of a semi-automatic handgun. An internal investigation of this incident is continuing.

## Public Input Sought on Herndon-Monroe Metro Station

As part of the Reston Master Plan Special Study, the public can offer input about the character of the area to the south of the future Herndon-Monroe Metro station at a community forum on Saturday, Feb. 27, at 9 a.m. The event will take place at the Langston Hughes Middle School cafeteria, 11401 Ridge Heights Road, Reston. For the complete release, visit [www.fairfaxcounty.gov/news/2010/reston-master-plan-study-forum.htm](http://www.fairfaxcounty.gov/news/2010/reston-master-plan-study-forum.htm).

## Run for Haiti at South Lakes High

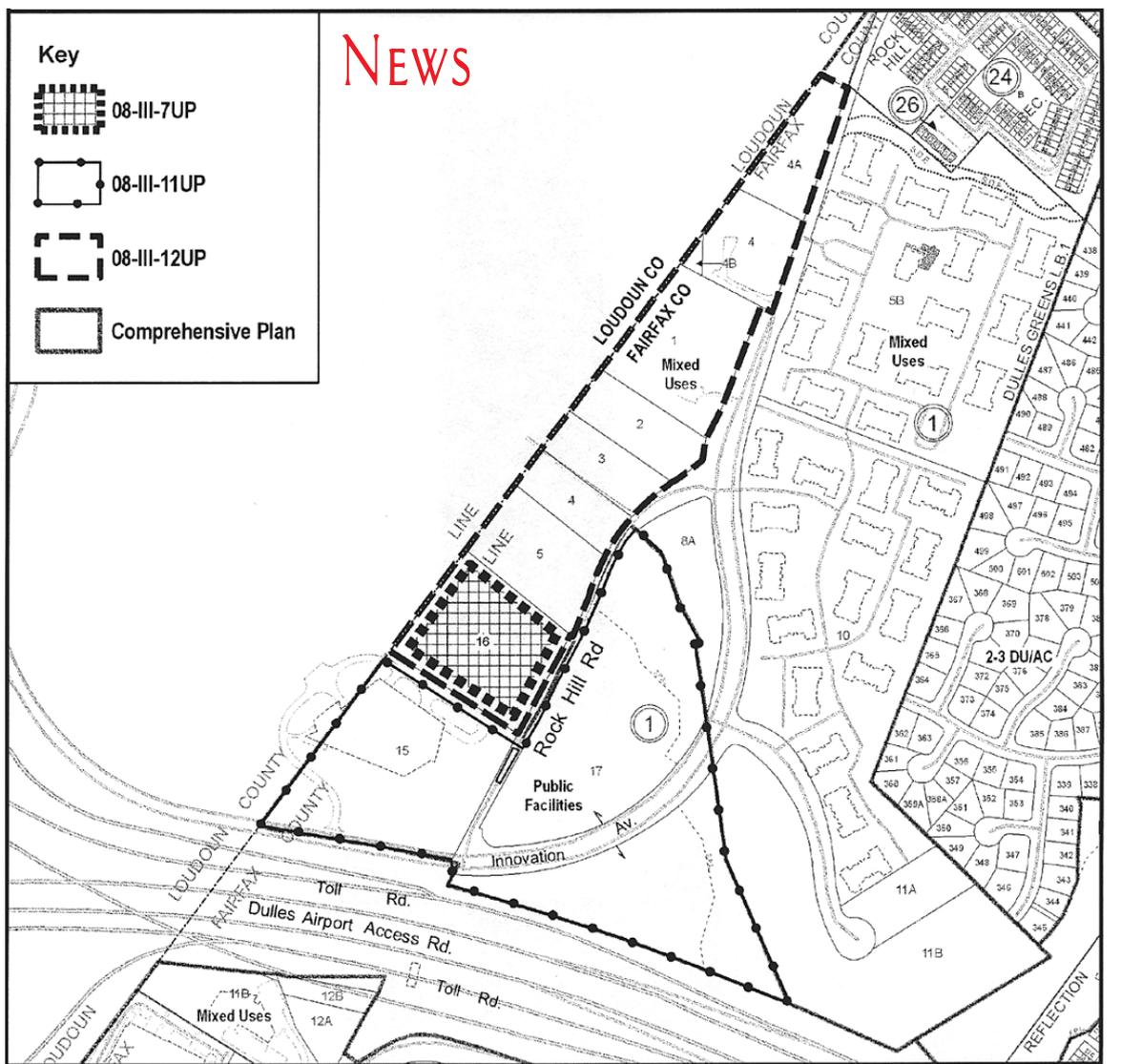
In the aftermath of the devastating earthquake that struck Haiti on Jan. 12, Potomac River Running is hosting the Run for Haiti 5K and Fun Run on Sunday, March 7, at 9 a.m. All race proceeds will be donated to the Haiti relief efforts to support the thousands needing medical treatment and basic supplies.

The 5K will be staged at South Lakes High School, 11400 South Lakes Drive, in Reston. The course will run on the asphalt paths throughout scenic Reston, with the start and finish on the South Lakes High School track. To help maximize donation efforts to the victims, race T-shirts will not be included in the race registration. Rather, a donation bin will be available on race day to collect old race T-shirts from participants. These shirts will be personally delivered to those in need by Moise Joseph, Haitian Olympian in the 800 meters and a PRR employee. All donations will be given to the American Red Cross. To register, go to [www.potomacriverrunning.com](http://www.potomacriverrunning.com) or visit a Potomac River Running store in Arlington, Ashburn, Burke, Reston, Tyson's, Cleveland Park or Rockville. Late registration and packet pick up will take place on Saturday, March 6, from 12-7 p.m., at the Reston Potomac River Running store located at 11911 Democracy Drive. Race day registration will take place at South Lakes High School on March 7, from 7-8:15 a.m. Top age-group winners will be awarded and recognized.

## Jahriahas Eric Evans, 28, Dies

Jahriahas Eric Evans, 28, of Manassas, formerly of Reston, died on Feb. 17. He was a son of Laverne Thomas of Manassas Park and Peter Evans of Jamaica and grandson of Ethel Chambers of Rockville, Md. and Edna Campbell of Campbell of Stamford, Conn. He is survived by two sisters and Lakea Marcelle of Manassas, and LaShaunda Thomas of Manassas Park, and one brother, Alijah Evans of Huntington, W.Va. He is also survived by nephews Jahvante, Jahmia and Jassan Marcelle; niece, Akira Evans and a host of aunts, uncles, cousins and extended family members and friends. Friends may call on Saturday Feb. 27, from 10 a.m. until time of service 12 noon at Mount Pleasant Baptist Church, 2516 Squirrel Hill Road, Herndon. Interment at Mount Pleasant Baptist Church Cemetery.

## NEWS



Two of the three parcels in question are entirely in Fairfax County, with just a corner of Dulles World Center extending across the county line.

# Can Counties Bridge Divide?

BY MIKE DICICCO  
THE CONNECTION

Proposals for three developments on the border of Fairfax and Loudoun counties, just north of the planned Route 28 Metro Station, have prompted unprecedented cooperation between the politicians and staffs of two counties, as well as the town of Herndon, which the developments would neighbor. However, a dispute between landowners is now causing friction between Fairfax and Loudoun.

At the second meeting of an interjurisdictional panel with representatives of the three localities on Friday, Feb. 19, members of the two boards of supervisors sparred over whose property a proposed bridge over the Dulles Toll Road should land on. The bridge was the main topic of the meeting.

Fairfax County staff presented three options for the traffic and pedestrian overpass, which it considers essential to the transportation network that would support the new developments. All three alternatives would take off from Sunrise Valley Drive at the point where it veers from an east-west route to a north-south alignment. The first option would touch down on Innovation Avenue near Greene

Drive, and the second would come down on Rock Hill Road, directly across the toll road from Sunrise Valley Drive. The third option would land in Loudoun, either on Shaw Road or Davis Drive, both of which are planned to be extended into the vicinity, and this was the alternative that staff recommended.

"There is no alternative three," Loudoun Board of Supervisors Chairman York (I-at large) said. "The CIT (Center for Innovative Technology) has absolutely refused to work with the developer of Dulles World Center to give up the deed to Innovation Drive." He said this was leaving plans unknown for the area where Fairfax was recommending that the bridge touch down.

**THE CIT**, a state-chartered nonprofit organization that has its headquarters near the site planned for the Metro station, submitted a proposed Comprehensive Plan amendment to allow a mixed-use development on its 25 acres of property in Fairfax County in 2008, and a proposal was also filed for Dulles World Center, a 75-acre mixed-use development, most of which would be in Loudoun. However, the CIT owns Innovation Avenue, which winds through the

Dulles World Center site.

Meanwhile, landowners with property to the north of the CIT proposed a 22-acre mixed-use development in Fairfax County. In all, 1,800 residential units and 2.3 million square feet of nonresidential were proposed in Fairfax County, and the Dulles World Center plan called for about 3.4 million square feet of nonresidential uses and almost 1,500 residential units.

A citizen task force has been working with Fairfax County staff since October to refine recommendations for the developments on the Fairfax side of the county line, and their final recommendations were made available in the last couple of weeks. The task force and county are recommending a scaled-back version of the proposals with a total maximum of 1,200 residential units and 1.9 million square feet of nonresidential space on the Fairfax side, county planner Clara Quintero Johnson told the panel on Friday.

In accordance with the county's transit-oriented development policy, higher densities are allowed closer to the Metro stop. Within a quarter-mile of the rail station, a maximum floor-area ratio (FAR) of

SEE ALTERNATIVE, PAGE 5  
[WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

# Alternative to Overpass Under Consideration

FROM PAGE 4

2.6 is being recommended, Quintero Johnson said, meaning that for each square foot of land, 2.6 square feet of floor space would be allowed. Only the CIT center falls in this range. Between a quarter- and a half-mile from the station, the floor-area ratio could be up to 1.6, and only residential units at an FAR of up to .5 are recommended beyond half a mile.

Quintero Johnson said the most important issues that faced planners and the task force were design guidelines, transportation and cooperation across county lines.

However, the fracas over Innovation Avenue has now placed the Dulles World Center application on hold and left last week's discussion about the bridge over the toll road far from conclusive.

**FAIRFAX STAFF** said the design for a bridge landing in Loudoun County would be preferable because, on the south end, it would not disrupt Sunrise Valley Drive and would allow entrances to remain open to adjacent properties, while on the north end, it would not interfere with a resource pro-

tection area in Fairfax County or the entrance to the CIT complex and would allow for an additional road to run east-west beneath it.

Moreover, said Kathy Ichter, director of the Fairfax County Department of Transportation, running the bridge onto the CIT site would threaten the principle of transit-oriented development by interfering with land use in the area closest to the Metro station. "I can tell you emphatically there is no money today to build this overpass," she said. "I think this is more from a planning standpoint, trying to retain the ability to put it in there."

York, however, said connecting the bridge to Rock Hill Road made the most sense, as it was the shortest route and he thought development could be built around it.

Fairfax County Board of Supervisors Chairman Sharon Bulova (D-At-large) asked whether Loudoun officials would have a problem with the bridge landing on their side of the line if ownership of Innovation Avenue were resolved.

"I think a bridge is critical here. We've got to have some kind of

connection in this area," York said. "If the CIT would do what they need to do, I think we could move forward and come up with something."

"A lot of unknowns wouldn't be so unknown if the dedication of Innovation Avenue weren't such a problem," said Loudoun Supervisor Stevens Miller (D-Dulles). "I don't like alternative three because it uses up a piece of land in Loudoun County that we've got some plans for." He, too, said landing the bridge on Rock Hill Road seemed like "the natural choice."

Fairfax Supervisor John Foust (D-Dranesville) said the two possible bridge locations in Fairfax County would not work from a land use perspective and that the county might have to work with the CIT to resolve the road ownership issue. "To land it in both Fairfax and Loudoun seems to me the way to go," he said. "I've never been convinced that this crossing is essential," he added, although he said he would support it because Herndon officials had expressed a desire for an overpass.

**FOUST** noted that the matter would come before the Fairfax

Board of Supervisors next month, but Quintero Johnson said the recommendation being put before the board acknowledged that the bridge was still being studied, although she said it contained language advising against landing the overpass in the transit-oriented development area. She said such a configuration would run counter to quality transit-oriented development and could discourage people from using the Metro station.

"In essence, it cuts all this development off from the TOD (transit-oriented development)," said Fairfax transportation planner Michael Garcia. "You're looking at a visual barrier too, not just a structural barrier."

"The land left to be developed has many opportunities there. Absent a bridge, I think it has a lot more opportunities," agreed Supervisor Cathy Hudgins (D-Hunter Mill).

York, however, told his staff to consider what sort of road network might be necessary without an overpass. "That could be an alternative here within this discussion," he said.

## FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Thursday.

**Congregation Beth Emeth's Annual Purim Carnival** will be 12-2:30 p.m. on Sunday, Feb. 28 at 12523 Lawyers Road, Herndon. Special start time for preschoolers only at 11:30 a.m. Carnival games, food and raffle prizes. Fun for the whole family; non-members are welcome. [www.bethemeth.org/carnival](http://www.bethemeth.org/carnival) or 703-860-4515, ext. 101.

Knitters needed the **first and third Wednesdays** of the month, at 7 p.m., at **St. Timothy's Episcopal Church**, 432 Van Buren St., Herndon. The church's Shawl Ministry is offering free knitting instruction while providing shawls, blankets and other knitted items for people in need. No cost and yarn can be provided. E-mail [shawl@saint-timothys.org](mailto:shawl@saint-timothys.org) or visit the Pastoral Care page at [www.saint-timothys.org](http://www.saint-timothys.org).

Nondenominational **Christian businessmen** meet for prayer, Biblical discussion and fellowship **every Friday**, at 7 a.m., at Anita's, 1051 Elden St., Herndon and **every Thursday** at noon at 555 Grove St., Suite 200, Herndon. Call 703-795-1257.

**Adult Sunday school** will be held **every Sunday**, at 9:30 a.m., at the Washington Plaza Baptist Church at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow every Sunday at 11 a.m.



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# OPINION

## Consider the Long-Term Costs

Virginia's budget proposals might balance on paper right now, but future costs will soar.

Virginia, like many states, is slashing the budget in response to record decreases in revenue. Tax collections are far below expected levels because of lost jobs, lost income and consumer restraint.

The cuts, as they translate locally and personally, will range from devastating to gut-wrenching to sad.

Across the country, such budget cutting at the state level will hurt the fledgling recovery, costing hundreds of thousands of jobs. One national economist said that state budget cuts "will be a serious drag on the economy at just the wrong time."

The Federal response to the economic meltdown might well have prevented a global economic catastrophe, but it also fell short by mostly abandoning the consumer and state and local governments.

Gov. Bob McDonnell, while creating a positive image by visiting homeless shelters, food pantries and soup kitchens, has shepherded budget reductions cut disproportionately from people who are most in need. The visits gave the appearance of a man who understood the dire needs of his fellow human beings in times of crisis, but his comments were a preview. He said essentially, he was glad there were faith-based and private organizations caring for the

needy, because government can't.

Many of these cuts might appear to help balance the budget right now, but will lead to higher costs.

Cutting health services to an estimated 28,000 poor children and pregnant women in Virginia will result in more expensive crisis care, more babies born with expensive and in some cases life-long special needs, as one example.

Cuts in funds that allow people with disabilities to get the supports they need to live in the community will force some into nursing homes and other institutions, where the costs will be enormously higher, and the results the opposite of what is desired.

## Using Available School Choices

While we agree with President Obama and Gov. McDonnell in encouraging more charter schools, it's also important to recognize that our schools do offer some significant options for students and families.

In Fairfax County, the public schools' high school career academies will hold open houses for students who are interested in academy courses for the next school year.

Students and their parents are invited to attend to meet academy faculty, tour classrooms, and learn about industry certifications, college credit, internships, apprenticeships, and other opportunities available to students who take academy courses. For more information about each academy's course offerings, visit the

In Northern Virginia, more than 700 people who are on waiting lists to receive services so they can have the supports they need to live in the community now know that help will not

### EDITORIALS

be forthcoming this year. On the waiting list, many identified as "urgent," 55 in Arlington, 12 in Alexandria, 587 in Fairfax and Falls Church, 134 in Loudoun. But the cuts go far beyond, probably taking away funding for people who currently are living in the community, and forcing some of them into institutions.

These are just two examples of proposed cuts that will hurt vulnerable people in devastating ways, but also will likely end up costing more in the not-too-distant future.

academy's Web pages or call.

Here are a few examples:

♦ Edison Academy — Engineering and Scientific Technology; Tuesday, March 2, 6 to 7:30 p.m., [www.fcps.edu/EdisonAcademy](http://www.fcps.edu/EdisonAcademy), 703-924-1800

♦ Fairfax Academy — Communications and the Arts, Thursday, March 4, 7:30 to 9 p.m., [www.fcps.edu/FairfaxAcademy](http://www.fcps.edu/FairfaxAcademy), 703-219-2226

♦ Falls Church Academy — Health and Human Services, individual visits are welcome, [www.fcps.edu/FallsChurchHS/academy/index.html](http://www.fcps.edu/FallsChurchHS/academy/index.html), 703-207-4011

♦ West Potomac Academy — Communications and the Arts, Health and Human Services, individual visits are welcome, [www.fcps.edu/WestPotomacAcademy](http://www.fcps.edu/WestPotomacAcademy), 703-718-2500

### LETTERS TO THE EDITOR

## EPA Works for Greater Good

To the Editor:

It is for the Commonwealth of Virginia's greater good to let EPA do its job. Please count the cost in the quality of life and health before you decide to enter any lawsuit against the EPA preventing them from protecting our majestic hills, our air and our water. Do you really want us to have the environmental problems China currently has? You may think you are acting to promote economic growth by following the interests of oil and coal, but in the end, would their fatter pockets help us when we go wheezing with increased health care costs to our graves?

Edia Stanford-Bruce  
Reston

SEE LETTERS, PAGE 8

## Protecting Our Liberties

BY KENNETH R. "KEN" PLUM  
STATE DELEGATE (D-36)

In the late 1980s, Virginia became known as the "gun-running capital of the East." Handguns seized from crime scenes in New York City and the northeast were more often traced to Virginia than to any other state. A wide open marketplace in guns in the state became attractive to drug dealers and other criminal elements as well as to legitimate gun owners.

The reputation of the Commonwealth became so tarnished and business and community leaders were so repulsed at the names the state was being called that Gov. L. Douglas Wilder was able to get a bill passed in the General Assembly in 1993 to limit handgun purchases to one gun per month. I voted for the bill that I thought was a modest and common-sense measure that could reduce crime. In retrospect, it was a bold step.

Last Tuesday, the House of Delegates voted 61-37 to repeal the law. The headline in the Richmond Free Press newspaper in two-inch-high letters proclaimed, "Wild West Legislators." The news story went on to say, "General Assembly fanatically supports gun-toters." I voted against repeal and spoke on the floor of the House of Delegates urging that the law be kept in place. I expressed concern that the state not return to its previous reputation for gun-running. All but two of the Democrats voted against the repeal. Only four of the 61 Republicans in the House voted against repealing the law. The Senate must still act on the measure. But the repeal of the one-handgun-a-month law was but one of more than a dozen bills passed that day to ease gun restrictions or expand liberty, depending on your point of view. Both the House and Sen-



ate have passed bills to allow concealed weapons in restaurants and bars, and the governor is expected to sign them. I voted against them. One bill combined the passion of the gun rights supporters and the tea party mania about the encroaching powers of the federal government. The bill provides that any gun made in Virginia and sold in Virginia is free from federal regulations. I voted against it. The legislature has reached the point of "crossover" when each house has completed work on its own legislation and must now consider the bills passed by the other house. Any differences between the houses on particular bills will be worked out in conference committees on the last week of the session. In the meantime, be confident that there are those here looking out for your liberties; sometimes maybe more than you would choose. Hopefully not at the expense of your safety.

## THE CONNECTION

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# CRIME

Activities reported by the Reston District of the Fairfax County Police Department through Feb. 19.

## ROBBERY

**Two men robbed a 44-year-old woman** of her purse in the 2200 block of Stone Wheel Drive on Tuesday, Feb. 16 around 10:40 p.m. The suspects were described as black, about 25 years old. They were between 5 feet 7 and 5 feet 8 inches tall and 190 pounds, with short, black hair and brown eyes. One suspect wore a black jacket and black pants; the other wore a khaki jacket with black pants. The victim did not require medical attention.

## LARCENIES

**2000 block of Carrhill Road.** Jewelry stolen from residence.  
**1200 block of Cobble Pond Way.** License plate stolen from vehicle.  
**12100 block of Sunset Hills Road.** Wallet and cell phone stolen from business.  
**11900 block of Winterthur Lane.** Computer stolen from residence.

## VEHICLE THEFTS

**1900 block of Villaridge Drive.** Isuzu Rodeo.

Activities reported by the Fair Oaks District of the Fairfax County Police Department through Feb. 19.

## LARCENIES

**13000 block of Cobble Lane.** Diamond ring and bonds stolen from residence.  
**12500 block of Fair Lakes Circle.** Hooks stolen from business.  
**11800 block of Fair Oaks Shopping Center.** Laptop computer and video recorder stolen from business.  
**9700 block of Kingsbridge Drive.** Cash stolen from vehicle.  
**13200 block of Leafcrest Lane.** Bumper, hood and lights stolen from vehicle.  
**13900 block of Lee Jackson Memorial Highway.** Liquor stolen from business.  
**2900 block of Tipperary Pass.** License plates stolen from vehicle.

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## LETTERS TO THE EDITOR

### An Advice to 'Density Deniers'

To the Editor:

Once again, I find it necessary to counter misleading characterizations in your Opinion column ["No Plan for Quality, Character of Affordability," Reston Connection, Feb. 17-23, 2010]. This problem is embodied in the following quote: "On the one side we have the maximalists (Bob Simon and the developer interests) who chant density, density, density. The other side is no more growth or no-change absolutists."

That I have repeatedly and consistently advocated completing Reston in accordance with the 1963 adopted Master Plan is relevant to this discussion, but more importantly will be my attempt, once again, to put this nonsense about developers and density to bed. Developers develop to meet market demand, to build what people want to buy or rent. Some people dream of owning a house on several acres in a neighborhood that is zoned for a minimum lot size of two acres. Other people like to live in a high rise apartment building for the pleasure of having close-in neighbors to relate to. There are developers to satisfy

these extremes and everything in between. Zoning provides potential customers with a good idea of what their environment will be if they become buyers. Before signing up, a buyer should familiarize himself with the zoning provisions for any areas that he feels need be compatible with his personal comfort zone, being prepared to see such areas developed to the fullest extent permitted under the existing zoning provisions. It is bad manners, to say the least, for a resident to lobby to prevent development that a developer has "by right" to develop.

We are being told that developers (evil, of course,—aren't they all?) are planning to increase density on the periphery of Lake Anne Village Center and on the site of the Fairway Apartments. The demagogues are stirring up neighbors to oppose these outrages. Suggestion for demagogues and neighbors: Why don't you study the current county planning documents. You will find that for both projects, the densities proposed are those provided for in the current planning documents that date back to 1963. The reason that higher-than-average-for-the-whole-community densities were prescribed for village centers and for Town Center was because such

densities define the character of these centers. It was assumed that there would be demand for housing in these centers from people who find community in urban living. That Lake Anne Village Center and Town Center have become models for planners and developers throughout Europe and Asia as well as the USA should be sufficient to persuade the density deniers to subside.

**Bob Simon**  
Reston Founder

### A Guy To Vote For

To the Editor:

The question was asked at a recent public meeting at Reston Association headquarters, "Will Reston survive?" Will Reston survive the redevelopment of the corridor that will create a knife blade of high-rises across the middle of our town? Was this question asked by one of the ardent anti-development voices one reads in the papers or the blogs? It was the voice of Richard Newlon, chairman of the Design Review Board.

His answer was a very sobering, "No." Perhaps he went on, if there were something in the way the new developments were designed

that connected them to the rest of the town, integrated them with what is already here, there might be some chance, but otherwise, he was not optimistic.

One has to ask the question why the Reston Association Board of Directors has been so silent about redevelopment. I went to them in November 2008 and begged them to send a letter to each homeowner telling them of the county's plans to redevelop Reston. My pleas were ignored.

Now we learn that there are proposals for an additional 23,413 residential units in the corridor between Sunrise Valley Drive and Sunset Hills Road (50,000 people). Our village centers and their surrounding neighborhoods will be redeveloped at high density. The Task Force that will write the criteria for redeveloping residential neighborhoods is meeting right now. How many homeowners in Reston know this?

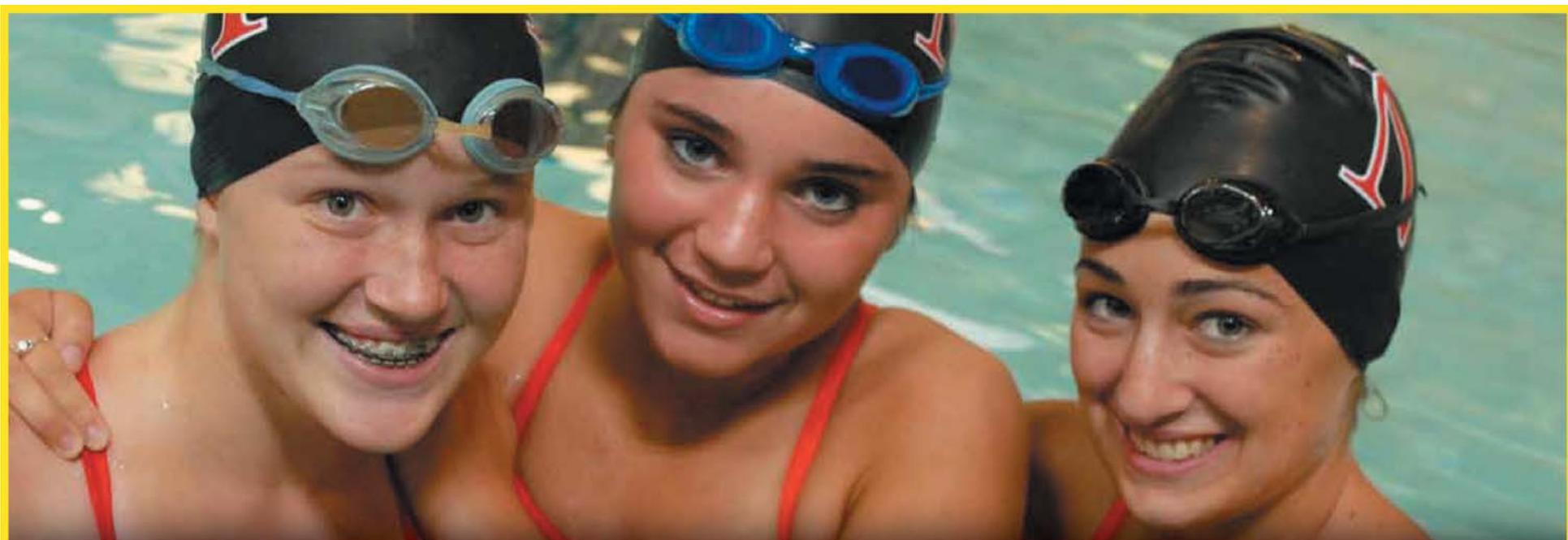
Last fall, I met with Guy Rando at Lake Anne for coffee. He wanted me to see the Comstock Wiehle development proposal for the area of the park and ride at Wiehle. If built as proposed, it will cause gridlock on Wiehle Avenue and Sunset Hills Road. After listening to his analysis of the Comstock Wiehle site plans, I asked him if

he would run for Robin Smyers' seat on the RA Board. (I had been asking people for six months). He didn't hesitate. He said he would.

Since October, Guy Rando and I have poured over site plans for Comstock Wiehle and Fairway Apartments. We have written analyses and sent them to P&Z, the Planning Commission, the Board of Supervisors and the Task Force. I am convinced that he is the right person for the Lake Anne/Talls Oaks board seat. He can read a site plan. He understands planning. He is an urban designer and he worked on Reston during the first phase of construction as a graduate student. He came down from New York City, walked the streams, and laid out the open spaces. He has lived in Reston for over 40 years. He is committed to this community. His hands drew some of the maps that constitute the original master plan. He helped create Reston. He is committed to preserving those open spaces.

As I asked Guy Rando last October to run for the RA Board, I am asking you to vote for him. I have lived here a long time. My daughter, like Guy's sons, grew up here. My grandchildren, like Guy's grandchildren, live here. For our grandchildren and yours and for

SEE LETTERS, PAGE 15



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# Reston Tennis Supervisor Wins National Award

Mary Conaway presented with USTA Service Award.

Mary Conaway of Reston was presented with the Professional Tennis Registry (PTR) United States Tennis Association (USTA) Service Award during the 2010 PTR International Tennis Symposium in Hilton Head Island, S.C.

The event, which includes 50-plus on-court and classroom presentations for tennis teachers and coaches, a tennis trade show and \$25,000 Championships took place Feb. 12-18 at PTR Headquarters.

Conaway serves as the organization's state representative for Virginia, and is manager and director of Tennis for the Reston Tennis Association. She has served the USTA Mid-Atlantic Section as vice president of the board, co-chaired the Volunteer Services Committee and is currently on the Marketing and Membership Committee. She was on the USTA Virginia District Junior Committee and was Northern Virginia Women's Division vice president for seven years. At the national level, Conaway is currently serving as the chair of the USTA Learning and Leadership Development Committee.



From left, PTR CEO Dan Santorum, Mary Conaway and Scott Schultz, USTA Managing Director Recreational Tennis.

In addition, Conaway volunteers at the Legg Mason Tournament, organizes and co-sponsors the Asian Festival, Singh Open Tournament and USTA Block Party and walks in the Avon Walk for Breast Cancer. No stranger to awards,

Conaway has been named Virginia District Program Promoter of the Year, Virginia District Teaching Professional of the Year, USTA Mid-Atlantic Organization of the Year and USTA National Junior Tennis League of the Year.



From left, Michael Wakefield, Meg Boyle, Adam Cleland, Janiel Li, Earle Rhee and Lion Jack Gazaly, competition chairman.

## Music Competition Winners Announced

Winners of the Annual James A. Bland Music Scholarship, co-sponsored by the Reston Lions Club and the Reston Community Center, that took place Feb. 16 at the Community Center were as follows: first-place vocalist, Michael Wakefield, Potomac Falls High

School; second-place vocalist, Meg Boyle, Stone Bridge High School; first-place instrument, Adam Cleland, Flint Hill School; second-place instrument, Janiel Li, Thomas Jefferson High School and Earle Rhee, Lake Braddock Secondary School. Fourteen students participated in the competition.

Winners in each category are eligible to compete in Virginia Lions regional, district and state competitions and win additional scholarships. Judges for the competition in Reston were Lydia Kriso, Gretel Von Pischke, Elizabeth Kluegel and Kathryn Honan-Carter.



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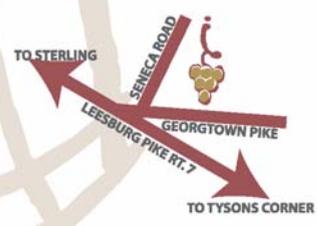
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**Tracie Griffith Tso, Gold and Lotus, mixed media art (20" x 16").**

## Reston Artist Exhibits at Museum

### Tracie Griffith Tso presents Chinese brushpainting on paper and pottery.

A timeline of an artist's evolution can be seen in the dual media exhibit of Chinese brushpainting on paper and pottery by Tracie Griffith Tso at the Reston Museum in the Lake Anne Historic District in March and April.

The transition from a traditional brushpainter with classical materials to a stoneware potter results in a contrast of soft, ethereal strokes and washes on paper to earthy warm brown and white stoneware that harmonizes with Asian-inspired ceramic forms and details.

"Each piece of pottery is a complete painting in itself," said Griffith Tso. "You can have your art and eat on it, too."

The Earth & Inks show consists of wheelthrown and handbuilt high-fire functional pottery pieces produced out of the Reston Community Center studio and includes rice paper as well as mixed media brushpaintings.

Subjects include bamboo, pine, horses, cranes, koi, rabbits, plum blossoms and a selection of birds and insects. "Brushpainting has a certain finesse to it, with a graceful nature that expresses the essential details of a flower, an animal, a scene," said Griffith Tso. "It is understated and powerful."

Griffith Tso began studying Chinese painting at age 12 and specializes in flower-bird painting. The award-winning artist developed her style with a teacher who was schooled by a master in Hong Kong. Her introduction to pottery was as a teenager at a local art center, and she returned to the clay medium in 2005, partnering with potter Patricia Ferrell at Brushy Fork Creek Gallery in Crofton, Ky.

Traveling from her native California, Griffith Tso has been teaching and lecturing nationwide about Chinese brushpainting, a 6,000-old technique, and is the current brushpainting instructor at the Reston Community Center. She is a member of the Washington Ceramic Guild and the Kiln Club, exhibit-



**Tracie Griffith Tso**

### Opening Reception on March 5

This show and sale event runs from March 5 to April 19, at the Reston Museum located at 1639 Washington Plaza. The opening reception is on Friday, March 5, 6-8 p.m., where the public can visit with the artist and traditional brushpainting techniques will be demonstrated. The museum is open Tuesday to Friday and Sunday, 12-5 p.m.; and Saturdays, 10 a.m.-5 p.m. For further information, call the Reston Museum at 703-709-7700 or visit [www.restonmuseum.org](http://www.restonmuseum.org) and [www.inksart.com](http://www.inksart.com).

monthly at the Torpedo Art Center's Scope Gallery. In addition to pottery, she has transferred the art form onto mediums including apparel and accessories and professional newspaper graphics.

The artist and her husband, along with her muse and rabbit, Rembrandt, reside in North Reston.

This exhibit is part of the Reston Museum's re-created mission to offer an exclusive selection of local art in its newly renovated space in Lake Anne Village. The museum is operated by the Reston Historic Trust, a community based non-profit organization focused on sustaining the history of the Reston community.

## CALENDAR

Send announcements to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

### THURSDAY/FEB. 25

**Herndon High School, Herndon Middle School and Reston Herndon Area Orchestras.** 7 p.m. at Herndon High School, 700 Bennett St., Herndon. Contemporary and classical selections. Free. 703-668-9543 or [nittany83@cox.net](mailto:nittany83@cox.net).

**Chez Nous Reston Salon** presents From Classical to Romantic A Violin and Piano Trio. Music by Franck, Mozart and Wieniawski, with commentary. Mark Dorosheff and Monica Chamasyan, Violin, Marina Chamasyan, Piano. 7-10 p.m. Location: Sunset Hills Montessori School, 11180 Ridge Heights Road in Reston. Reserve your tickets: \$30 advance (full buffet), \$40 at the door. Email: [cheznousreston@gmail.com](mailto:cheznousreston@gmail.com) or call 571-235-3556.

**Book Buddy Reading Reinforcement Program.** 4:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Read to a Big Buddy for 30 minutes once a week. Age 6-8. 703-242-4020.

**Preschool Storytime.** 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Storytime and activities. Age 3-5 with adult. 703-689-2700.

**Lupus Support Group.** 12 p.m. at Reston Hospital Center, The West Wing, 1850 Town Center Parkway, Reston. [tinyurl.com/lupusgrps](http://tinyurl.com/lupusgrps) or 1-888-349-1167.

**Organic Gardening Workshop.** 7 p.m. at Walker Nature Education Center, 11450 Glade Drive, Reston. Join a master gardener for some great tips on organic gardening. Reservations required by February 22. \$5 RA members, \$8 non-members. Adults. Register at 703-476-9689 ext. 6540 or [naturalist@reston.org](mailto:naturalist@reston.org).

**Lavay Smith.** 8 p.m. at Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. \$60-\$177. 703-938-2404 or [www.wolftrap.org](http://www.wolftrap.org).

### FRIDAY/FEB. 26

**The Virginia Opera presents Mozart's Don Giovanni.** 8 p.m. at George Mason University Center For The Arts Concert Hall, 4400 University Drive, Fairfax. \$48-\$98. 888-945-2468 or [www.tickets.com](http://www.tickets.com).

**'Who's Afraid of Virginia Woolf' by Edward Albee.** 8 p.m. at Taking Flight Theatre Company, Waddell Theatre, 1000 Harry Byrd Highway, Sterling. Students and seniors \$10, general admission \$15. [www.cct2ft.com](http://www.cct2ft.com).

**Herndon High School Band Bingo Night.** 6-9 p.m. in the Herndon High School Cafeteria, 700 Bennett St., Herndon. The community is invited to an evening of competition, camaraderie, laughs, and a chance to win prizes. Sponsored by the HHS Band Parents Association. [www.herndonband.org](http://www.herndonband.org) or [President@herndonband.org](mailto:President@herndonband.org).

**Herndon High School: An Evening of One Acts.** 7:30 p.m. in the Herndon High School Auditorium, 700 Bennett St., Herndon. "Nora's Lost," "Romeo & Juliet/Slashed" and "This Property is Condemned." Tickets \$5. [www.herndonrama.org](http://www.herndonrama.org).

### SATURDAY/FEB. 27

**Black History Month: An Evening of Jazz.** 7 p.m. at the Reston Museum & Shop, Lake Anne Village Center, 1609 Washington Plaza, Reston. Remembering African American jazz musicians with guests Beverly Cosham & Dingwall Fleary. 703-709-7700 or [www.restonmuseum.org](http://www.restonmuseum.org).

**'Who's Afraid of Virginia Woolf' by**



**Beth Patterson will perform Celtic-Cajun traditional and original songs on Sunday, Feb. 28, at 4 p.m., 6 p.m. and 8 p.m. at The Old Brogue Irish Pub, 760-C Walker Road, Great Falls.**

**Edward Albee.** 8 p.m. at Taking Flight Theatre Company, Waddell Theatre, 1000 Harry Byrd Highway, Sterling. Students and seniors \$10, general admission \$15. [www.cct2ft.com](http://www.cct2ft.com).

**Penguins and Polar Bears.** 11 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Fun activities. 703-689-2700.

**Book Sorter Training.** 12:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Book Sorter Training. Adults. 703-689-2700.

**Natalie MacMaster and Donnell Leahy: Masters of the Fiddle.** 8 p.m. at George Mason University Center for the Arts, 4400 University Drive, Fairfax. \$22-\$44. Youth through grade 12, half price. Charge at 888-945-2468 or [cfa.gmu.edu](http://cfa.gmu.edu).

**Civil War Author Book Mart.** 12-4 p.m. at The Civil War Interpretive Center at Historic Blenheim, 3610 Old Lee Highway, Fairfax. Local and regional Civil War authors and film directors will discuss, sell, and sign their fiction and non-fiction books and film productions. Sales include a 20% donation to the preservation of Historic Blenheim. Cash or checks only. Light refreshments served. 703-591-0560.

**Scott Berg Book Signing.** 2 p.m. at Reston Museum, 1639 Washington Plaza, Reston. Author of 'Pierre Charles L'Enfant, Grand Avenues: The Story of the French Visionary Who Designed Washington, D.C.' 703-709-7700 or [www.restonmuseum.org](http://www.restonmuseum.org).

**An Evening with Fred and Ginger.** 7:30 p.m. at Café Montmartre, 1625 Washington Plaza North, Lake Anne, Reston. Live vocals and dancing. Music from the 1930s to the 1980s. No cover charge. 703-904-8080.

**SUNDAY/FEB. 28**  
**The Virginia Opera presents Mozart's Don Giovanni.** 2 p.m. at George Mason University Center For The Arts Concert Hall, 4400 University Drive, Fairfax. \$48-\$98. 888-945-2468 or [www.tickets.com](http://www.tickets.com).

**Master Singers of Virginia.** 7 p.m. at Church of the Epiphany, 3301 Hidden Meadow Drive, Herndon. Preceded by a lecture at 6:15 p.m. and followed by a reception. Directed by Dr. Erik Jones. Tickets available online at \$15 adults, \$12 students and seniors or \$2 more at the door. [www.msva.org](http://www.msva.org) or 703-655-7809.

**Beth Patterson.** 4 p.m., 6 p.m. and 8 p.m. at The Old Brogue Irish Pub, 760-C Walker Road, Great Falls. Celtic, Cajun, original and folk music. 703-759-3309.

**The Board of Directors of the Washington Area Music Association and the 24th Wammies Award Show.** 8 p.m. at the State Theatre, 220 North Washington St., Falls Church. \$35

[www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

non-members, \$20 WAMA members, \$15 nominees. [www.wamad.com](http://www.wamad.com) or 703-366-3300.

### MONDAY/MARCH 1

**British alternative rock band Muse with Silversun Pickups.** 8 p.m. at George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. Tickets \$55, available online at [www.ticketmaster.com](http://www.ticketmaster.com) or via Phonecharge at 703-573-SEAT. Accessible seating is available for patrons with disabilities by calling 703-993-3035. [www.muse.mu](http://www.muse.mu) or [www.patriotcenter.com](http://www.patriotcenter.com).

### WEDNESDAY/MARCH 3

**Extreme Science: Understanding**

**our Earth.** 7 p.m. at the U.S. Geological Survey, 12201 Sunrise Valley Drive, Reston. USGS Director Marcia McNutt on how USGS scientists employ innovative techniques and perspectives to develop a more complete understanding of how the Earth works. Federal Facility, photo ID required. [www.usgs.gov/public\\_lecture\\_series/](http://www.usgs.gov/public_lecture_series/)

### THURSDAY/MARCH 4

**Open Mic for Bands Night.** 9 p.m. at Jimmy's Tavern, 697 Spring St., Old Town Herndon. Bands will receive 30 minutes to play, and must pre-sign with Andre' Love at [soulcraftmusic@yahoo.com](mailto:soulcraftmusic@yahoo.com) or 703-984-9114. Walk-ins will only be accepted if time permits. All types of music welcomed. 703-435-5467.

**Author and Pet Health Expert Ingrid King.** 7 p.m. at Barnes and Noble, Spectrum Center, 1851 Fountain Drive, Reston. [www.ingridking.com](http://www.ingridking.com).

### FRIDAY/MARCH 5

**Benefit concert for Haiti with the Aura String Quintet.** 7 p.m. at Community of Faith United Methodist Church, 13224 Franklin Farm Road, Herndon. \$10 adults, \$5 students. All proceeds will go to Community of Faith to benefit Haiti relief. [www.cof-umc.org](http://www.cof-umc.org) or 703-620-1977.

**SingStrong.** 8 p.m. at South Lakes High School, 11400 South Lakes Drive, Reston. Pro a cappella groups compete American Idol style. All profits go to the Alzheimer's Association and the support of local music programs. \$25 adults, \$15 seniors and students. [www.SingStrong.org](http://www.SingStrong.org).

## SCHOOL NOTES

**Allison Whitlock** of Reston has been named to the fall 2009 dean's list in the University of Notre Dame. Whitlock is a 2009 graduate of South Lakes High School.

**Chelsea Lowe** of Reston has been named to the fall 2009 dean's list at the University of Vermont. Lowe is a junior chemistry major in the College of Arts & Sciences.

**Monique Bailey** of Reston was named to the fall 2009 honor list at Oxford College of Emory University in Oxford, Ga. Bailey is the daughter of Austin T. Bailey and Mayuri A. Bailey of McLean.

Planning has begun for the **Herndon High School Class of 2010 All Night Grad Party**, a drug and alcohol free celebration. It costs \$40 to sponsor a student to attend the party. The goal is 100% Senior Class attendance. To become a sponsor, contact [www.herndonang.org/](http://www.herndonang.org/) or [HerndonDAFA@gmail.com](mailto:HerndonDAFA@gmail.com). 703-450-4372.

**Funny Mind Games Show at Herndon High School** will be Sunday, March 7 at 6:30 p.m. in the Herndon High Auditorium. A Comedic Hypnotist opens the show, followed by teams from HHS and HMS competing in a Family Feud style game show. Tickets are \$8 in advance for students and faculty and \$10 for everyone else and at the door. [www.herndonang.org](http://www.herndonang.org) or 703-450-4372.

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**Newcomers Night 2010**

**New to Reston?**  
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Photo by Charles A Veatch

**Thursday, March 11, 7-9 p.m.**  
Reston Association Main Conference Room

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# Late Rally Lifts Madison Girls Past Seahawks in Liberty Finals

BY RICH SANDERS  
THE CONNECTION

**W**ith South Lakes rolling late in the game in front of a feverish, excited fan base on Monday night, Feb. 22, it looked as if a new girls' basketball champion was about to be crowned in the Liberty District. But Madison, the defending champion, rallied over the final minutes of regulation before ultimately winning in overtime, 56-51, in the dramatic, well-played title game that took place in the South Lakes High gymnasium.

The district tournament title was the third straight for Madison (13-8) and second straight under head coach Kirsten Roberts, who's top-seeded Warhawks reached the finals with wins over No. 8-seed Jefferson and No. 5 McLean.

South Lakes, the No. 2-seed that made it to the championship game with victories over No. 7 Marshall and No. 3 Stone Bridge, struggled in the first half against Madison, trailing 21-6 after one quarter, before treating their vocal fans to a second half comeback.

"It's frustrating because it was right there for us," said Christy Winters Scott, the former University of Maryland women's star who, in recent years, has built the Seahawks into one of the Northern Region's better teams.

South Lakes (16-6), led by freshmen sensation Zoe Beard-Fails, was in great position to win following a three-point shot by ninth grader Gabrielle Schultz, from the top of the key, that gave the Seahawks a 43-37 lead with four minutes remaining in the fourth quarter. But the Warhawks received a huge lift from a freshman of their own, backup guard Megan Henshaw, who nailed a pair of three-pointers over the next one minute, 45 seconds to draw Madison within 44-43. Schultz, off an assist pass from Beard-Fails, answered with a short range shot off the left side to give South Lakes some breathing room at 46-43 with 1:17 remaining.

But moments later, Madison 6-foot-2 inch junior forward Anna Jay scored from 6 feet out on a rebound follow-up while being fouled. She converted the free throw to tie the game at 46 with 53 seconds left. Neither of the two teams scored again in regulation



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

**Gabrielle Schultz of South Lakes tries to make a defensive play during the Seahawks' district finals game against Madison on Monday night in Reston.**

and the championship contest went into overtime. There, Madison sophomore guard Sarah Schrock opened up the four minute extra session with a three-pointer off the right wing, igniting a 7-0 Madison run that made the score 53-46, Warhawks, with just over two minutes remaining. Later, South Lakes guard Marlina Tremba, another freshman, got the Seahawks within 53-51 with a trey from the right wing with 1:18 left. But South Lakes was not able to score again and Madison converted three foul shots over the final 33 seconds to secure the win and the title.

"Our freshman really stepped up and made those threes," said coach Roberts, of perhaps the game's key sequence late in regulation when Henshaw converted the two critical long rangers.

Winters Scott, the Seahawks' coach, said Madison hurt her team with 22 offensive rebounds on the night. Madison's Jay scored four baskets on follow-up shots. For the game, Jay was perhaps her team's top player with 16 points and 13 rebounds. Madison's other key contributors were junior guard Erin Kavanagh (12 points, 5 rebounds), Schrock (11 points, 4 rebounds) and Henshaw (9 points, all after halftime). Kavanagh earned tourney MVP honors during postgame awards ceremonies,

and teammate Schrock was also named to the six-member all-tourney team.

**FOR SOUTH LAKES**, freshmen Beard-Fails (12 points, 9 rebounds), the Seahawks' outstanding 6-2 forward, and Tremba (13 points, 4 boards) made the all-tournament team.

Winters Scott was disappointed that her team lost but said the championship game was a great experience for her team that consists of three freshmen starters and several other underclassmen.

"It's tremendously encouraging for them to be in that situation," said Winters Scott, of her players competing in a district title game. "Having gone through this experience is planting seeds for the future. [The returning players] will know how to play in games like this and how to finish them."

South Lakes trailed Madison 27-13 in the second quarter before closing the quarter with a 7-0 run and then outscoring the Warhawks, 17-6, in the third quarter to take a 37-33.

"We showed a lot of team character to battle back," said Winters Scott.

South Lakes was scheduled to host Chantilly on Wednesday night, Feb. 24, in a first round game of the 16-team Northern Region tournament.



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

**Marshall's Andrew Embree, right, captured the Northern Region title at the 215-pound weight class.**

## Westfield Prevails at Wrestling Championship

BY RICH SANDERS  
THE CONNECTION

**T**he Westfield High wrestling team captured the Northern Region championship last week. The annual postseason event took place Feb. 16-17 at Fairfax High School. The Bulldogs won the title with 345.50 points, finishing ahead of second place Robinson (286). Finishing third was Centreville High (126), followed by fourth place Woodson (123) and fifth place Langley (121.50). Other strong team showings at the 31-school meet came from Marshall (eighth place), Chantilly (10th), McLean (14th) and South Lakes (tied for 18th).

Westfield High had four wrestlers capture titles and four more finish second. Bulldog champs were: Kyle Arnold (140-pound weight class), Kevin Koch (152), Austin Fallon (189), and Tyler Deleon (heavyweight). Other local individual champions included Madison's Albert Schultz (125) and Marshall's Andrew Embree (215).

Madison's Schultz, at the 125-pound finals, was a 4-0 winner over Westfield's Dennon Carranza-Kee. At the 140-pound finals, Westfield's Arnold bested Robinson's Charlie Vannoy, 3-2. At 152 pounds, Koch defeated Robinson's Ben Stallings in overtime, 2-1.

Fallon, the Westfield 189-pound standout, defeated Marshall's Mark Bergenholtz, 7-2, in the championship match. In the 215-pound finals, Embree of Marshall was a pin winner over Lee's Steven Lucynski. And at heavyweight, Deleon of Westfield was a 5-1 finals victor over West Potomac's Sami Ahmady.

Westfield's Brett Campbell finished second at 103-pound weight class, falling to Robinson's Dallas Smith, 1-0, in the finals. Other Bulldogs who

finished second were: Stephen Aiello, who reached the 112-pound finals before falling to Annandale's Dane Harlowe by major decision; Beau Donahue, who lost to Robinson's Roman Perryman, 8-4, in the 135-pound finals; and Nick Grinups, who lost a tough 4-3 decision to Lake Braddock's Ross Renzi in the 160-pound finals.

Westfield's Harry Van Trees finished third at the 145-pound weight class, defeating Lee's Omar Ezzeddine, 4-2, in the consolation finals.

Other place finishers for Westfield were Dylan Doty (fourth at 171) and Karl Tanner (fourth at 119).

McLean High's Ethan Arkin finished fourth overall at the 130-pound weigh class. Also for the Highlanders, Billy Dvorkin finished fourth at 189.

Langley's Aaron Sahn finished third at heavyweight, winning by forfeit over Yorktown's Charles Whelden in the consolation finals.

From South Lakes, Ryan Forrest garnered a third place finish in the 135-pound weight class by defeating Centreville's Ricky Williams in the consolation finals.

Chantilly's Jack Carlson went all the way to the 145-pound finals before losing a close 5-4 decision to Robinson's Mickey Bennett.

For Centreville High, Martin Seneca made it to the 171-pound finals where he lost to Annandale's Stacey Anderson, 9-4. Centreville had two third place finishers: Jackson Islin, who pinned Mount Vernon's Dusty Floyd in the 140-pound consolation finals; and Daniel Johnson, a 3-1 overtime winner over Westfield's Rapheal Bamezon in the 215-pound consolation finals. Also for the Wildcats, Ricky Williams finished fourth at 135-pound weight class.

## SPORTS

# All the Hard Work Pays Off for Gymnast Hayden

BY RICH SANDERS  
THE CONNECTION

**M**aria Hayden, Herndon High's star gymnast, could not have come back in much stronger fashion than she did for her senior season.

A year ago, Hayden missed most of the high school winter gymnastics' season as a result of injuries. But she worked hard in order to be able to compete this winter for the Hornets. And last Saturday, she put together the finishing touches on an outstanding season and high school career by capturing first place in all-around at the Virginia State AAA individual gymnastics meet. The postseason event took place at Osbourn Park High School in Manassas.

"It's extremely impressive because you're dealing with the top 40 gymnasts in the state," said Keith Naquin, the Herndon High coach. "To be No. 1 is exemplary."

At states, Hayden finished with a winning score of 39 points, a career-best mark. She finished first in both uneven bars and floor exercise. She is the first state champion from the Northern Region in eight years. Earlier last week, Hayden had captured the all-around title at the Northern Region championships.

"It was so gratifying [to win the state title], especially after not being able to compete last year," said Hayden, an all-district and all-region gymnast in both her freshman and sophomore years at Herndon. "It's nice to finish your season with a bang."

"With Maria, she's always pretty consistent [as a gymnast]," said Naquin. "She's so technical and has great timing in all of the events she has worked on over the years.



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

**Maria Hayden has still had to deal with nagging injuries this season, but she has battled through them well enough to earn district, region and state championships this winter.**

She's confident competing with all the training she has had."

Hayden, a club team member of Gymini Gymnastics in Herndon, entered her final high school season wanting to enjoy herself and to help the Hornets have a successful season. Winning a state title was not her main priority.

"In the back of my mind I wanted to win, but I didn't want to get my hopes up too much because I knew the competition was real stiff and all the [competitors] were really good," she said. "I just wanted to have a fun season."

**LAST WEEKEND'S** state competition was a great experience for Hayden, and not just because she won. She said she enjoyed seeing several of her friends — acquaintances from Chantilly High as well as Loudoun County schools such as Broad Run, Potomac Falls and Dominion — who were also competing at the meet.

"My friends from all those schools were also there and com-

peting," she said.

It was quite a contrast from a year ago when she watched but was not able to compete at states.

"Last year, I just observed states and remember saying, 'Oh my gosh, there are so many good athletes here,'" said Hayden.

Naquin said sitting out last year was probably best for Hayden, who was able to work her way back to decent health and, perhaps, gain an even better appreciation of the sport.

"It made her hungrier," said the coach. "She totally loves to compete. She has never been completely healthy [this season] but she has learned to overcome nagging injuries. She's very appreciative of her [improved] health and [winning at states] is icing on the cake." Hayden said she would like to compete on a club team in college next school year. She was recently accepted at Penn State and is waiting to hear from James Madison University, her likely school of choice.

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When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com), click the Real Estate links on the right side.



Call Specific Agents to Confirm Dates & Times.



### RESTON

12016 Edgemere Circle.....	\$485,000	...Sun 1-4...	Remax Slect.....	Dina Azzam.....	703-403-3830
11820 Great Owl .....	\$469,000	...Sun 1-4...	Long & Foster.....	Debbie Gill.....	703-346-1373
1655 Poplar Grove.....	\$324,900	...Sun 1-4...	Long & Foster.....	Sheri Daniel.....	703-437-3800
11418 Summer House Ct.....	\$544,000	...Sun 1-4...	Long & Foster.....	Mark Wilson.....	703-303-1934
11707 Old Bayberry.....	\$545,000	...Sun 1-4...	Long & Foster.....	Marnie Schaar.....	703-509-3107

### GREAT FALLS

1130 Riva Ridge.....	\$635,000	...Sun 1-4...	Weichert.....	Vivian Lyons.....	703-406-9009
11200 Raehn Ct.....	\$1,195,000	...Sun 1-4...	Weichert.....	Debbie McGuire.....	703-856-4766
1092 Loran Ct.....	\$722,170	...Sun 1-4...	Century 21.....	Lori Wertz.....	703-201-6523

### HERNDON

706 Main Dr.....	\$575,000	...Sun 1-4...	Coldwell Banker.....	Lisa Moffett.....	703-517-6708
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### VIENNA

1836 Batten Hollow Rd.....	\$849,000	...Sun 1-4...	Fairfax Realty.....	Sandy Leaf.....	703-727-3004
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To add your Realtor represented Open House to these weekly listings, please call Winslow Wacker at 703-821-5050 or E-Mail the info to [winslow@connectionnewspapers.com](mailto:winslow@connectionnewspapers.com) All listings due by Monday at 3 pm.

Address .....	BR	FB	HB	Postal	City ..	Sold Price ..	Type .....	Lot	AC .....	Subdivision
12016 CREEKBEND DR .....	7	4	1	RESTON	.....	\$1,162,500	Detached .....	0.51	.....	RESTON
11776 STRATFORD HSE PL#1104 ...	3	3	0	RESTON	.....	\$1,060,000	Penthouse .....	.....	.....	STRATFORD
1147 MEADOWLOOK CT .....	5	4	1	RESTON	.....	\$900,000	Detached .....	1.00	.....	PINEY RUN MEADOW
2025 PEPPERMINT CT .....	4	2	1	RESTON	.....	\$760,000	Detached .....	0.40	.....	RESTON
12212 DORRANCE CT .....	3	3	1	RESTON	.....	\$668,000	Townhouse .....	0.06	.....	RESTON
1976 LOGAN MANOR DR .....	3	2	2	RESTON	.....	\$640,000	Townhouse .....	0.06	.....	WEST MARKET RESTON TOWN CTR
2409 RED MAPLE LN .....	4	3	1	RESTON	.....	\$630,000	Detached .....	0.34	.....	RESTON
12076 KINSLEY PL .....	2	2	2	RESTON	.....	\$625,000	Townhouse .....	0.04	.....	RESTON
2404 SUGARBERRY CT .....	4	3	0	RESTON	.....	\$607,000	Detached .....	0.37	.....	RESTON
11526 HEMINGWAY DR .....	4	3	1	RESTON	.....	\$601,500	Townhouse .....	0.05	.....	RESTON
12823 TOURNAMENT DR .....	4	2	1	RESTON	.....	\$600,000	Detached .....	0.27	.....	POLO FIELDS
1274 WOODBROOK CT .....	3	3	1	RESTON	.....	\$600,000	Townhouse .....	0.06	.....	RESTON
1581 REGATTA LN .....	3	3	1	RESTON	.....	\$600,000	Detached .....	0.14	.....	RESTON
2325 CLUB POND LN .....	4	3	1	RESTON	.....	\$580,000	Detached .....	0.27	.....	POLO FIELDS
1339 PARK GARDEN LN .....	3	2	1	RESTON	.....	\$560,000	Townhouse .....	0.08	.....	BALDWIN GROVE
2027 LAKEBREEZE WAY .....	4	3	1	RESTON	.....	\$499,950	Townhouse .....	0.04	.....	RESTON
1501 STUART RD .....	5	2	1	RESTON	.....	\$495,000	Detached .....	0.76	.....	RESTON
1702 RANDOM STONE CT .....	4	3	1	RESTON	.....	\$485,000	Townhouse .....	0.04	.....	RESTON
1807 CRANBERRY LN .....	4	2	2	RESTON	.....	\$485,000	Detached .....	0.28	.....	RESTON
1311 WEDGEWOOD MANOR WAY	3	3	1	RESTON	.....	\$485,000	Townhouse .....	0.07	.....	RESTON
1282 WEDGEWOOD MANOR WAY	3	3	1	RESTON	.....	\$480,000	Townhouse .....	0.09	.....	RESTON
11722 GREAT OWL CIR .....	3	3	1	RESTON	.....	\$464,000	Townhouse .....	0.04	.....	RIDGEWOOD
1678 WAINWRIGHT DR .....	4	2	1	RESTON	.....	\$428,000	Townhouse .....	0.04	.....	RESTON
11472 HERITAGE COMMONS WAY2	2	2	1	RESTON	.....	\$417,900	Townhouse .....	0.03	.....	RESTON
11186 SAFFOLD WAY .....	4	3	1	RESTON	.....	\$394,900	Townhouse .....	0.07	.....	RESTON
1505 FARSTA CT .....	5	3	1	RESTON	.....	\$389,900	Townhouse .....	0.06	.....	RESTON
1507 FARSTA CT .....	3	2	2	RESTON	.....	\$378,000	Atth/Row Hse ..	0.04	.....	RESTON
12001 MARKET ST #434 .....	3	2	0	RESTON	.....	\$365,000	Garden 1-4 Floors .....	.....	.....	MARKET ST TOWN CTR
11126 GLADE DR .....	3	2	1	RESTON	.....	\$360,000	Townhouse .....	0.03	.....	THE WHARF
11800 SUNSET HILLS RD #507 ...	2	2	0	RESTON	.....	\$340,000	Hi-Rise 9+ Floors .....	.....	.....	CARLTON HOUSE
11124 BOATHOUSE CT #89 .....	2	2	1	RESTON	.....	\$325,000	Townhouse .....	.....	.....	DOCKSIDE
10987 GREENBUSH CT .....	3	2	1	RESTON	.....	\$320,000	Townhouse .....	0.03	.....	RESTON
10982 GRANBY CT .....	3	2	1	RESTON	.....	\$316,000	Townhouse .....	0.03	.....	RESTON
11990 MARKET ST #206 .....	1	2	0	RESTON	.....	\$315,000	Hi-Rise 9+ Floors .....	.....	.....	MIDTOWN AT RESTON
1304F GARDEN WALL CIR #107 2	2	2	1	RESTON	.....	\$310,000	Garden 1-4 Floors .....	.....	.....	BALDWIN GROVE
1511 NORTH POINT DR #104 ....	2	2	0	RESTON	.....	\$309,900	Garden 1-4 Floors .....	.....	.....	NORTH POINT VILLAS
1669 VALENCIA WAY .....	3	3	1	RESTON	.....	\$305,000	Townhouse .....	0.03	.....	RESTON
12001 MARKET STREET #382 ....	2	2	0	RESTON	.....	\$290,000	Garden 1-4 Floors .....	.....	.....	MARKET STREET
1716 LAKE SHORE CREST DR #3 ...	2	1	1	RESTON	.....	\$284,500	Garden 1-4 Floors .....	.....	.....	EDGEWATER AT TOWN CNTR
2425 SOUTHGATE SQ .....	3	3	1	RESTON	.....	\$283,500	Townhouse .....	0.03	.....	RESTON
2373 HUNTERS SQUARE CT .....	3	2	1	RESTON	.....	\$275,000	Townhouse .....	0.03	.....	HUNTERS SQUARE
2283 EMERALD HEIGHTS CT .....	3	2	0	RESTON	.....	\$267,000	Townhouse .....	0.03	.....	RESTON
2380 HUNTERS SQUARE CT .....	2	2	0	RESTON	.....	\$249,000	Townhouse .....	0.02	.....	HUNTERS SQUARE
1715 IVY OAK SQ #16 .....	3	2	1	RESTON	.....	\$245,000	Townhouse .....	.....	.....	IVY OAK
1708 LAKE SHORE CREST DR #21 ...	1	1	0	RESTON	.....	\$244,000	Garden 1-4 Floors .....	.....	.....	EDGEWATER AT TOWN CNTR
11614 IVYSTONE CT #05/201 ...	2	2	0	RESTON	.....	\$237,000	Garden 1-4 Floors .....	.....	.....	RESTON
2203 LOFTY HEIGHTS PL .....	3	1	2	RESTON	.....	\$235,000	Townhouse .....	0.03	.....	RESTON
2272 COQUINA DR .....	3	2	0	RESTON	.....	\$225,000	Detached .....	0.07	.....	RESTON
11800 SUNSET HILLS RD #903 ...	1	1	0	RESTON	.....	\$220,000	Hi-Rise 9+ Floors .....	.....	.....	CARLTON HOUSE
11709 OLDE ENGLISH DR #A ....	2	2	0	RESTON	.....	\$219,000	Garden 1-4 Floors .....	.....	.....	PARCRESTON
11735C SUMMERCHASE CIR .....	2	1	0	RESTON	.....	\$212,500	Garden 1-4 Floors .....	.....	.....	SUMMERRIDGE
11657A CHESTERFIELD CT .....	2	2	0	RESTON	.....	\$212,100	Garden 1-4 Floors .....	.....	.....	PARCRESTON
12132 CAPTIVA CT .....	3	2	1	RESTON	.....	\$210,000	Townhouse .....	0.03	.....	RESTON
12000 MARKET ST #212 .....	1	1	0	RESTON	.....	\$205,000	Mid-Rise 5-8 Floors ...	.....	.....	SAVOY AT RESTON TWN CNTR
1711B ASCOT WAY #B .....	2	2	0	RESTON	.....	\$205,000	Garden 1-4 Floors .....	.....	.....	PARCRESTON
1710 ABERCROMBY CT #1710B ...	2	2	0	RESTON	.....	\$200,000	Other .....	0.00	.....	PARCRESTON
1781 JONATHAN WAY #1781-A ....	2	2	0	RESTON	.....	\$193,000	Garden 1-4 Floors .....	.....	.....	PARCRESTON
2380 SOUTHGATE SQ .....	3	1	1	RESTON	.....	\$172,000	Townhouse .....	0.06	.....	RESTON
2206 LOFTY HEIGHTS PL .....	3	2	1	RESTON	.....	\$172,000	Townhouse .....	0.03	.....	RESTON
2014 COLTS NECK RD #21B .....	2	1	0	RESTON	.....	\$143,000	Garden 1-4 Floors .....	.....	.....	SOUTHGATE
2069 ROYAL FERN CT #36/11B ...	2	1	0	RESTON	.....	\$143,000	Garden 1-4 Floors .....	.....	.....	SOUTHGATE
2056 ROYAL FERN CT #22B .....	2	1	0	RESTON	.....	\$140,000	Garden 1-4 Floors .....	.....	.....	SOUTHGATE
11658 STONEVIEW SQ #11C .....	3	2	0	RESTON	.....	\$140,000	Garden 1-4 Floors .....	.....	.....	SHADOWOOD
2046 ROYAL FERN CT #20/12A ..	1	1	0	RESTON	.....	\$125,000	Garden 1-4 Floors .....	.....	.....	SOUTHGATE

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## BULLETIN BOARD

To have community events listed in the Connection, send to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Friday.

### SUNDAY/MARCH 7

**Spring Forest Qigong Level I**  
Class. 7 p.m. at the Sports Edge Acupuncture Clinic, 600-D Carlisle Drive, Herndon. \$100. 703-707-8185.

### WEDNESDAY/MARCH 10

**The League of Women Voters of the Fairfax Area.** 12 p.m. at Sully District Governmental Center, 4900 Stonecroft Blvd., Centreville. Discussion of the impact of early Monday closings for elementary schools. [www.lwv-fairfax.org](http://www.lwv-fairfax.org).

### THURSDAY/MARCH 11

**The League of Women Voters of the Fairfax Area.** 9 a.m. at 20816 Noble Terr. #421, Potomac Falls. Discussion of the impact of early Monday closings for elementary schools. [www.lwv-fairfax.org](http://www.lwv-fairfax.org).

### WEDNESDAY/MARCH 17

**The Advisory Board of the Northwest Center for Mental Health Services.** 7-9 p.m. at Northwest Center for Community Mental Health, 1850 Cameron Glen, Reston. Volunteers are needed to serve and act as advocates for women's shelters, homeless shelters, etc. The Board meets the 3rd Wednesday of every month. Contact Cleveland at 703-435-0868 or [leaderwilliams@gmx.com](mailto:leaderwilliams@gmx.com).

### MONDAY/MARCH 29

**Weekly classes in Chen tai chi.** Beginners class every Monday, 6:30 p.m. at the Jow Ga Shaolin Institute, 600-D Carlisle Drive, Herndon. First class free. All levels and ages welcome. [truetaichi.com](http://truetaichi.com) or 703-801-0064.

### SATURDAY/APRIL 10

**The Reston Accessibility Committee (RAC)** meets are at 10 a.m. on the second Saturday of every

other month, at United Bank, 1801 Reston Parkway, Reston. The RAC works improve accessibility for mobility-impaired persons in Reston. Contact Ken Fredgren, 703-391-9019 or [fredgren.k@gmail.com](mailto:fredgren.k@gmail.com).

### TUESDAY/APRIL 13

**Public Hearing on Proposed Herndon Budget.** 7 p.m. Mary Ingram Council Chambers, 765 Lynn St., Herndon. 703-435-6805 or [www.herndonva.gov](http://www.herndonva.gov).

### WEDNESDAY/APRIL 21

**The Advisory Board of the Northwest Center for Mental Health Services.** 7-9 p.m. at Northwest Center for Community Mental Health, 1850 Cameron Glen, Reston. Volunteers are needed to serve and act as advocates for women's shelters, homeless shelters, etc. The Board meets the 3rd Wednesday of every month. Contact Cleveland at 703-435-0868 or [leaderwilliams@gmx.com](mailto:leaderwilliams@gmx.com).

## OPINION

# Getting Used to Flat Sodas

BY JACK KENNY  
PAST PRESIDENT, REPUBLICAN CLUB  
OF GREATER RESTON

Mom arrives in the driveway with the back of the SUV loaded with enough groceries to feed her husband and three teenage children for the week. Teenagers always being hungry particularly for junk food and drinks, help her unload and carry the groceries in the house. Included in the week's shopping haul are four 12-packs of canned sodas.

With the groceries unloaded, the teenagers dive into one of the 12-packs of Coke-a-Cola. Each, almost simultaneously pop the top and gulp a mouthful of the contents. Consternation crosses the looks of the 16-year-old as he tastes his drink. The 15-year-old daughter runs to the sink and spits out her mouthful with a loud "Yuk." The 13-year-old swallows her first gulp and screams "Mom, this stuff is flat". The ever cool, calm mom responds "Let me see" and takes a

taste, "Yup, it is. I'll take them back right away."

With her son carrying the 12-packs, they enter the local supermarket and are surprised to see a line of people at the customer service desk all holding at least one case of the soda. Big Ed, the local supermarket manager is standing there talking to the complaining customers. "Yes, I know it's flat. Look, I have three pallet loads of the latest shipment from this manufacturer. But, you have to understand the latest EPA ruling." The young son asks his mom, "What's the EPA?" Mom responds "The Environmental Protection Agency — that's part of the federal government that is supposed to decide what is good for us and what is harmful."

Big Ed continues. "The EPA has decided that the CO2 that provides the fizz in sodas is a harmful gas to Planet Earth's environment. So, I'm sorry folks, but there is nothing I can do."

In the past week, we learned that Attorney General Ken

Cuccinelli has asked the EPA to review and reconsider their position on CO2. We have a federal government agency, with a voracious appetite for expanding their reach and exerting ever more control over our lives using discredited research and unproven science to impose ever more regulations. Cuccinelli's request is the first step in what will probably be a long process to rein in a berserk bureaucracy that threatens our quality of life: not to be confused with having flat sodas but our entire economic structure. It's called "Cap and Tax".

Some may mock Cuccinelli's initiative to challenge the federal government's actions using the 10th Amendment of the Constitution. Perhaps, we had best re-read the Constitution before deciding whether it will or not pass a court test. Yes, Virginia, get used to flat sodas. They are coming! We may not like it but it may, repeat may, be good for the planet. Therefore, should we accept it? ObamaCare is next!

## LETTERS TO THE EDITOR

FROM PAGE 8

the future preservation of Reston, please vote for Guy Rando.

**Kathy Kaplan**  
Reston

## Voting for Problem Solver

To the Editor

Beginning on March 5, residents of Reston will have the opportunity to vote for Reston Association Board members.

I would like to take this opportunity to encourage a positive vote for Joe Leighton. Joe is president of our Wethersfield Cluster where he has been president for 10 years. In addition to serving our residents, he has served the greater Reston area by his Board involvement with Reston Association for 9 years.

Joe's leadership and "can do" attitude is seen in all his activities. For example, Joe increased the leaf removals in our cluster from two to three pick-ups, which made it so residents would not skid on the wet leaves.

In our Cluster, he has been responsive to the needs of the residents going that extra mile to get the business of our cluster done, alert officials to problems in a timely cost efficient manner and keeping us all informed. Joe can be seen walking the cluster, be-

friending neighbors and working for solutions to day-to-day problems and those that engage our larger community. His approach is not partisan and he always makes himself available to problem solving.

Wethersfield Cluster is directly off Sunrise Valley and we bear the brunt of traffic going to the Dulles Toll Road. In this last snowstorm, Joe brought our community together to find solutions to remove "Mount Wethersfield" — a snow mound that endangered residents leaving our cluster. He worked and negotiated with our county supervisor, VDOT, RA and our own snow plowing service to find a way to remove life threatening snow piles that each of the groups contacted claimed was not in their jurisdiction to handle. Joe got it done. My vote is for Joe hope yours will be too.

**Jane Anthony**  
Reston

## Open Space as Breathing Room

To the Editor

These days, people promoting superior land use planning have "open space" as their shibboleth. They importune their volunteer representatives, as well as their elected representatives, to hold out for what they consider to be a minimum acceptable percentage

of open space. They apply this percentage indiscriminately to the 1,700 acres of Tysons Corner, and to the 30 acres of Lake Anne Village Center. All this without a common understanding of what open space can mean, of the variety of amenities it furnishes.

I suspect that Reston's prime promoters have "nature" in mind when they rally for open space — trees, grass, as well as natural areas. Well, as a big fan of open space, I think of it as simply the space between buildings, breathing room. If any development is prohibited on 70 acres of a community, you can have a nature center — on 24 acres, you can have a lake. Create a wide paved boulevard with trees in wells and benches, as in many a European city. Open space? I think so.

May I suggest that we do away with relying on a predetermined percentage of "open space" (whatever that may mean) as a criterion for judging the merits of any proposed site plan. Each site plan should be judged on its own and, equally importantly, on its relationship to its immediate and its extended surroundings. Does it represent a pleasant place to work and/or live in, and, beyond that, is it compatible with its neighborhood and does it contribute to the goals of the entire community in which it is located?

**Bob Simon**  
Reston Founder

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Father (Chris Hrozencik) comforts his daughter (Tabi Schaffner).

## Herndon High Presents 'This House is Not Kosher'

Not just once, but twice last weekend Herndon High School put on its fun, silly comedy "This House is Not Kosher." The storyline was about a man whose house is just too loud to take. Between the chicken, the crazy children and the dog named Bear, the man is driven crazy. When he takes advice from the crazy hardware store owner, the situation gets more interesting.

Preparing for this performance was particularly difficult considering the amount of snow poured on the area. But the students involved in this show stepped up and made sure they were ready. Director Dimitri Gann said, "The crew has been great, and their dedication to their craft is what got this show off the ground."

— STEPHANIE KNAPP



PHOTOS BY STEPHANIE KNAPP/THE CONNECTION

The dog named Bear, Margarett Schaff, is not good at listening to the head of the house (Chris Hrozencik).

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# I've Been Wondering...



By KENNETH B. LOURIE

Perhaps some of you regular readers have noticed of late, but recently – for the first time in six months or so of commentating – I have strayed occasionally from my cancer-related norm. And I suppose that's a good thing, a sign or an indication that no longer am I consumed, mentally, by the condition in which I find myself so heavily involved. Apparently, I have assimilated having cancer into my routine. Not so much coordinating my weekly labs, my every three-week chemotherapy infusion, every three-week appointment with my oncologist and miscellaneous other scans, procedures and evaluations into my daily/weekly/monthly/quarterly schedule, all of which becomes (or has become for me) second nature, despite their primary – and ongoing – importance; but more so into the activities of my daily living: reading, writing and 'rithmetic, etc.

Life goes on, believe it or not, even after receiving devastating news. And though I might not have imagined normalizing it (the diagnosis) as I have (especially after that first weekend at home after meeting with the oncologist the previous Thursday), but I have, and the evidence has been in my writing, specifically the non-cancer subject matter (that once again matters). Though the material is still as I see fit to write it, I seem to be a bit more fit than I have been and the proof is in the prose.

Don't get me wrong, the column is still about me, as it always has been. But it's less about the struggles of dealing with a cancer diagnosis, subsequent – and continuing – treatment, plus all the related effects not unique to me, as it has been since June. Obviously, I'm still very caught up and consumed by my health situation/status (and will continue to be), but subconsciously my brain has rewired itself a little bit and compartmentalized/segregated some (definitely not all) of the cancer thoughts thereby enabling me to mentally meander once again and literally lose my my mind in some more ordinary and mundane minutiae, the kind of which has characterized my column for the past 12 years.

And as I find myself writing about non-sense once again, I'm feeling empowered, sort of, by its appearance; I'm me again. I'm not Kenny-with-cancer; I'm just, Kenny, who happens to have cancer, who writes about it regularly but not exclusively. And deviating from this most recent 'ab-norm' of late has re-routed me. No longer am I on the cancer train. No longer am I on the road to God-help-me. I'm simply back on the same road as everybody else, back dealing with and managing the same myriad problems as everybody else (with one major exception, of course). But the cancer thing doesn't define me anymore (yeah, right?). Oh sure, it precedes me, it categorizes me, it may even be me, but no more does it control me.

My brain (and my body) has persevered through it all now: the initial testing, the shock of the diagnosis, the chemotherapy which followed, the regular medical activities/appointments/scans which continue and the lifestyle changes, have all been integrated into my/our routine. Onward we go. I feel like I'm myself again and since I've always liked myself, I'm happy to be back (heck, as a cancer patient, I'm happy to be anywhere). I'm not cured of anything, though; I'm just more comfortable (subject to change, of course).

*Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.*

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 -Werner Heisenberg

**21 Announcements**

**NOTICE OF TRUSTEE'S SALE**  
 3015 Dower House Drive, Herndon, Virginia 20171  
 Fairfax County

In execution of a Deed of Trust dated September 29, 2006, in the original principal amount of \$479,000.00, recorded as Deed Book 18817 at Page 0551, and re-recorded in Deed Book 19139 at Page 235, in the Clerk's Office of the Circuit Court of Fairfax County, Virginia, the undersigned Trustee will on Friday, March 5, 2010 at 9:00 a.m., by the front main entrance to the Fairfax County Courthouse, 4110 Chain Bridge Road, Fairfax, VA 22030, offer for sale at public auction to the highest bidder the following property with improvements thereon commonly known as 3015 Dower House Drive, Herndon, Virginia 20171 and more particularly described as follows:

Lot Three Hundred Two (302), Section Three (3), Franklin Farm, as the same appears duly dedicated, platted and recorded in Deed Book 5532 at Page 1099 among the land records of Fairfax County, Virginia.

Tax Map No. 035-2-08-0302

This sale is subject to the restrictions, rights of way, conditions, easements, and mechanic's liens, if any, whether of record or not of record, to the extent any of the foregoing apply and take priority over the lien of the Deed of Trust.

Deposit of \$15,000.00, or 10% of the sales price, whichever is lower, by cashier's or certified check, shall be required to qualify as a bidder prior to the sale, except for the Noteholder.

The deposit, without interest, is applied to the purchase price at settlement. Settlement will be held on or before fifteen (15) days after sale. Upon purchaser's default, the deposit shall be forfeited and the property shall be resold at the risk and costs of the defaulting purchaser.

The balance of the purchase price shall be paid by certified or cashier's check, or wire transfer. Settlement shall be at the offices of the undersigned Trustee, or other mutually agreed upon location. The property and any improvements thereon shall be sold in "as is" condition without any warranties. The successful bidder shall assume all loss or damage to the property from and after the time of the sale. Purchaser shall be responsible for all costs of the conveyance, which shall be by special warranty including, but not limited to, the preparation of the deed and the grantor's tax. Real estate taxes shall be adjusted as of the sale date. The sale is subject to such additional terms as the Trustee may announce at the time of sale. The purchaser will be required to sign a Memorandum of Sale incorporating all the terms of the sale.

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PHOTO BY JOE DOUGLASS

Pictured, from left, Mimi Preda, Josh Doyle, Kate Roehr, Harv Lester.

# Reston Community Players Present Musical

**'I Love You, You're Perfect, Now Change'** premieres on March 5.

## Tickets

Tickets ranging \$18 - \$20 may be purchased by calling (703) 476-4500 or in person at the Reston Community Center box office or online at [www.rcp-tix.com](http://www.rcp-tix.com). Group rates are also available. RCP offers student and senior tickets. Parental discretion is advised.

More information at [www.restonplayers.org](http://www.restonplayers.org).

Tickets for Reston Community Players' spring production of "I Love You, You're Perfect, Now Change" are on sale now. This production will have 10 performances over four weekends, opening on Friday, March 5, at Reston Community Center's CenterStage, 2310 Colts Neck Road in Reston. Box Office: (703) 476-4500.

"It's 'Seinfeld' set to music," as the Star Ledger described, in this contemporary musical that celebrates the various stages of the mating game from dating through marriage - and that's just Act I! Act II reveals the ups and downs of parenthood, divorce and geriatric pick-up techniques. Highlights include "Single Man Drought", "Always a Bridesmaid", "On the Highway

of Love" and "Marriage Tango." Book and lyrics by Joe DiPietro and music by Jimmy Roberts.

This production is directed and choreographed by Joshua Redford (RCP's Brooklyn Boy) with musical direction by Elisa Rosman (RCP's Urinetown) and stars an all WATCH (Washington Area Theater Community Honors) nominated cast including Josh Doyle, Kate Roehr, Harv Lester and Mimi Preda; each portraying numerous roles throughout the show.

The show opens March 5 and plays Friday and Saturday nights through March 27, with 2:30 p.m. matinee on Sundays, March 14 and 27.



# Armstrong Community Helps Clear School Grounds

With the record-breaking snow Fairfax County recently received, the Armstrong Elementary community pulled together to help clear snow and ice from the school grounds. After Armstrong principal Shane Wolfe and the Armstrong PTA sent a message to the community requesting assistance with the clean-up effort, nearly 50 volunteers showed up Monday, Feb. 15 with shovels, wheelbarrows and snow blowers to help clear the walkways and bus loop. The collaborative effort of staff, parents, current students and previous students helped ensure the safety of Armstrong students as they returned to school Tuesday, Feb. 16.

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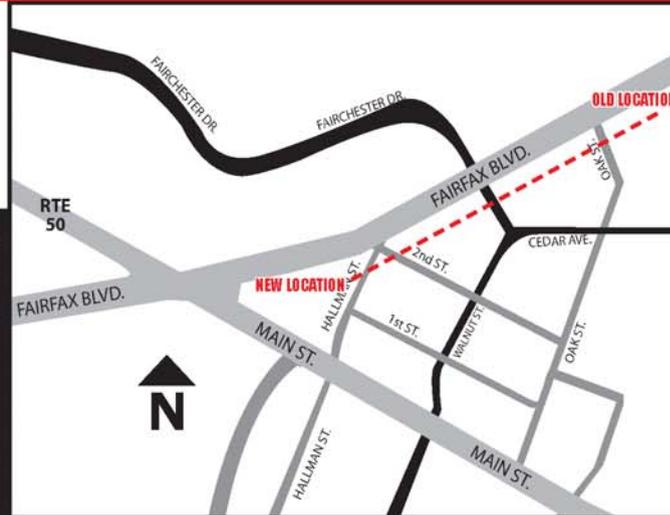
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# LONG & FOSTER

Reston North Hills Office

1700 Bracknell Drive • Reston, VA 20194 • 703-435-4900



## Reston Brand New Kitchen!

North Reston 2BR, 2.5BA luxury condo near everything—schools, shops, dining and commuter routes. This lovely kitchen boasts GE stainless appliances and sink, granite countertops and ceramic flooring. Updated hardware and fixtures in both baths. Immaculate condition, original owner, impeccably maintained.



Call Michelle Chauvin 571-216-0371  
Michelle.C Chauvin@longandfooster.com



## Reston Coming Soon!

Spectacular custom contemporary w/over 6,000 sq ft in the Lake Newport area. Main level master suite w/FP, chef's gourmet kitchen, gorgeous new inground



swimming pool, gleaming hardwoods, soaring ceilings and a fabulous floorplan for entertaining.

Call Missy Edmondson 703-932-8484  
missy.edmondson@LNF.com



## Oakton \$839,500 Set on 5 Acres

This home enjoys the natural seclusion, yet close-to-everything location! Charming Williamsburg colonial w/9ft ceilings, dual staircases, library, hardwoods, 2 fireplaces, finished walkout basement, 3 tiered deck.



## Herndon \$995,000 Designed for Entertaining

This 8-yr old elegant home features generous room sizes with an open floor plan.

Perched high at the end of a cul-de-sac the home boasts 5BR, 4.5BA and an oversized 3-car side load garage.



Call Debbie Gill 703-346-1373  
www.DebbieGill.com or e-mail  
Debbie.Gill@longandfooster.com



## Chantilly \$150,000 Short Sale Approved & Sold in 2 Weeks!

3 lvl, 2BR, 1.5 Ba off Rte 50. Walk to bus and shops.

2001 Market St. Condo. SOLD \$246,000!!!



1 bed, 1 bath, Fireplace, Upscale Living,



Call or text Amey @703-717-8318  
or AR@lfn.com www.propertysearchva.com



## Reston \$499,900 Ready to Move Right In!

3BR, 2.5BA garage TH. Wonderful open, versatile, neutral floorplan. Main level w/hardwoods, kitchen w/granite, 3 spacious levels w/walk-out to fenced yard. Walk to Aldrin



Elem, shopping, restaurants, pool, park and walking trails. Hurry- this is a great price in a great location!

Call Mary Miceli 703-362-2242  
Mary.Miceli@longandfooster.com



## Chantilly \$619,900 Golfer's Delight!

Beautifully updated home on wooded cul-de-sac adjacent to South Riding Golf Course. Spacious kit w/stainless and granite, master suite w/vaulted ceiling, luxury master bath, main level library, fin lower level w/walk-up steps to fenced yard.

Call Terry@703-861-0538 • terry.atherton@longandfooster.com



## Reston \$419,900 Backs to Parkland!

Beautifully updated end unit backing to Reston parkland—updated kitchen w/gorgeous cherry cabinets and SS appliances, baths, windows and doors. 4BR's on upper level, gas heat.

Call Terry@703-861-0538 • terry.atherton@longandfooster.com



## Annandale \$525,000 Backs to County Parkland!

Close in location yet so private & commuter friendly. 4BR, 3 full BA's, nicely updated

home with custom screened porch, 1-car garage.



## McLean \$198,000 Close To Everything!

Convenient studio/efficiency with excellent amenities and premier McLean address right in the heart of McLean. Former one-bedroom with wall removed creates large (24 by 14) studio with two-window view of landscaped gardens and pool. Dressing room with sink and vanity, separate bathroom with toilet and tub, walk-in closet, stacked washer/dryer. Condo fee includes all utilities.



## Herndon \$2100 rent Home, Great Location

Exquisite, well appointed 3BR, 2.5 BA, two-level home. Gourmet kitchen (tile floor, granite counters and newer appliances), dining and living rooms with hwdws. MBR and large BR w/twin closets and hardwoods. Large, well planted gardens, 2 fireplaces.



Call Virgil Frizzell 703-585-1821  
www.servingnorthernvirginia.com

## Attention Savvy Homeowners!

If you are contemplating selling your home in this upcoming Spring Market - Now is the time to be interviewing our knowledgeable and professional agents for a smart decision. We can do a Market Analysis for no obligation to help you obtain the highest possible price in the shortest amount of time.

Call us today!



## Reston \$475,000 Light and Bright Garage Townhouse Condo

3BR, 2.5BA's in desirable Reston Town Center location. Walk to everything. Fresh paint throughout.

Luxury master BR w/vaulted ceilings, 2 walk-in closets, bath w/2 sinks, separate soaking tub and shower.



## Reston \$545,000 Charming Williamsburg Colonial

Located in sought after North Reston. This house has been lovingly maintained and updated. Hardiplank siding, heat pump and A/C replaced. Kitchen w/cherry cabinets & Caesar stone

counter tops. Baths updated, hardwoods on main level. New carpet in LR, private fenced back yard w/deck, patio and shed. Fully fin basement w/awesome laundry rm & work shop, BA & den.



Call Marnie 703-509-3107  
marnie.schaar@LNF.com



"I work hard for my agents so they can work hard for you!"

— Anita Lasansky, Managing Broker

703-435-4900  
1-800-296-2593