

Potomac ALMANAC Back from Westminster

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Champion
Pennywise Hot
Pursuit aka Dyson
at the Westminster
Dog Show.

Celebrating
Black
History
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Beat Churchill, Lose
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MARCH 10-16, 2010 ♦ VOLUME LIV, NUMBER 10

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Deuce is a 6-year-old male Pointer/Terrier mix. At 75 pounds, Deuce comes to PAW as a well-mannered gentleman with many social skills. He walks well on a leash, is good in cars and seems to get along well with other dogs. If you are looking for a companion who is ready to go as a new member of your family, Deuce may be your man.



Anise is a 2-year-old female Lab/Whippet mix. At 35 pounds, Anise is a sweet, playful girl who may be shy at first but warms up quickly to kind attention. She gets along with other romping dogs and appears to have some training. Anise will thrive with an active adopter who will indulge this girl's energetic, playful personality.

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LET'S TALK Real Estate



by **Michael Matese**

LUXURY HOMES ARE STILL SELLING STRONG

We've been hearing about the slowing real estate market in the news lately. In spite of the general slow-down, the high-end luxury market is still going strong. Homes priced above \$1 million are steadily growing in value and are predicted to keep doing so at a healthy pace for the foreseeable future. The old adage, "location, location, location" applies particularly well to high-end real estate. Most luxury properties are built on premium sites close to the most popular amenities and activities and offer stunning, one of a kind views. These properties will always be in high demand, even in a slowing economy. High-end buyers tend to have available cash for a sizeable down payment and better credit rating, so loans are easier to obtain. And foreign investors are taking advantage of the drop in the value of the dollar by snapping up available luxury properties while they are affordable. In the midst of the general housing slow-down, there are some bright spots for savvy investors. If you are looking for an investment that is most likely to grow over the next several years, consider the luxury property sector. A REALTOR® who is experienced in high-end real estate can help you find a property to fit your needs.

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An Appetite for Almost Anything

Dyson returns from Westminster dog show.

BY COLLEEN HEALY
THE ALMANAC

One of Potomac's most famous pooches has just returned to country living after an exciting city adventure at the Westminster Kennel Club dog show in New York City.

As the only Dandie Dinmont terrier entered in the show, Champion Pennywise Hot Pursuit aka Dyson returned home with a purple and yellow ribbon as well as a brand new vacuum cleaner. As a pup Dyson "sampled, sucked up and swallowed everything in sight," according to his owner Cathy Nelson. Hence the name Dyson after the Dyson vacuum cleaners that are known for their round ball design.

When Dyson the vacuum company heard about Dyson the dog, they sent him a purple vacuum to match his winning ribbon.

Now Dyson has many fans and followers on Facebook and he would consider being in a Dyson vacuum commercial if



FAMILY PHOTO

Owner Cathy Nelson with the Dyson — and a Dyson.

FAMILY PHOTO
Champion Pennywise Hot Pursuit aka Dyson at the Westminster Dog Show.



asked. Dyson is especially fond of eating fabric such as towels, chair cushions, and table skirts with a special fondness for quilts. Once while staying with a dog sitter; she let Dyson sleep in the room with her

SEE A DAYSON. PAGE 4

Scotland Celebrates Black History Month

BY ANSLEY LABARRE
THE ALMANAC

For the first time in its history, Scotland's annual Black History Month celebration was held at Bells Mill Elementary School last Friday, March 5. The new location — deemed a success by the event's organizers — brought more community members together to celebrate black heritage.

"We didn't think we were going to fill the chairs," said organizer Teresa Gasaway, who was pleased

with the full house. Although Black History Month is celebrated in February, the event was held last Friday after complications from the recent snowstorms.

Gasaway co-owns Minds in Motion Childcare at Saint James Episcopal Church on Seven Locks Road with her sister LaTisha. The former residents of Scotland and Bells Mill alumni view the Black History celebration as a way to give back to the community. The event, which includes an array of food, music, readings and step enter

SEE SCOTLAND. PAGE 4

Advocacy Workshop Honors McLean Parent

BY COLLEEN HEALY
THE ALMANAC

This weekend the McLean School of Maryland is hosting its first annual Cecily's Advocacy Workshop. The workshop titled "Learning Differences: What Works?" is named in memory of Cecily Kodis Kaufman, a McLean parent and longtime Potomac resident who served as a member of the Parents Association Executive Board and chaired the McLean School Book Fair. According to Martha Ein, director of learning services, the school thought of several ways to honor

Cecily's memory, "but nothing felt right. She was the best parent advocate for her children. She would bring me books and articles and bounced ideas off others to see if we should try this or that. The workshop in her honor really embodied her."

The goal of the workshop is to
SEE ADVOCACY. PAGE 4



Cecily Kodis Kaufman

Local Resident Developing New Treatment for Cancer

BY SUSAN BELFORD
THE ALMANAC

Potomac resident Larry Tamarkin has dedicated his life and career to fighting cancer. He started his company, CytImmune Sciences, Inc. in 1988 to develop drugs that are designed to look at cancer in a different light.

The company's first drug, Aurimune, seeks not only to treat solid tumors, such as lung cancer and ovarian cancer, by reducing the tumors, but also to treat cancer as a chronic disease, just as diabetes is currently treated. Instead of the standard regimen for cancer treatment which includes surgery first, followed by chemotherapy and radiation, CytImmune hopes to reduce tumors by using Aurimune plus chemotherapy.



Larry Tamarkin of CytImmune Sciences Corporation

Once the initial solid tumor is eliminated, then patients might be treated with Aurimune every few months.

"We feel that we can suppress tumor growth so it does not impact the patient's quality of life," said Tamarkin.

Based in Rockville, the company was founded in 1988 by Tamarkin, president and CEO, and Dr. Giulio Paciotti, chief scientific officer. Both were employed by the National Institutes of Health (NIH).

By working with animals, they discovered that if colloidal gold nanoparticles (2,000 Aurimune particles side-by-side is equal to the diameter of one strand of hair) is bound to potent anti-cancer agents, that the reconstituted agents will target and attack the tumor without the toxicity associated with the standard cancer treatment. Using nanotechnology, CytImmune developed Aurimune, and is currently in clinical trials for FDA approval.

"Our technology is designed to treat cancer medically which will reduce the financial burden of cancer surgeries," Tamarkin said.

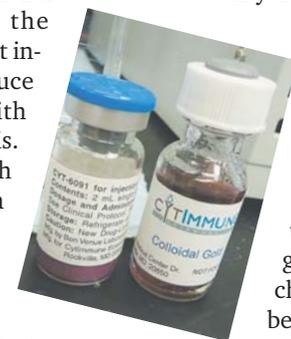
COLLOIDAL GOLD has been used since the 1930s to relieve joint inflammation to reduce pain associated with rheumatoid arthritis. After much research and study, Tamarkin and Paciotti decided to use the gold nanoparticles in combination with tumor necrosis factor (TNF) to develop a new family of cancer drugs. However, TNF by itself is extremely toxic.

They knew that TNF, in combination with approved chemotherapies, is being successfully used in

Europe for patients who have cancerous tumors in their arms or legs. They found that if colloidal gold nanoparticles are bound to TNF, that the toxicity was dramatically reduced. Tamarkin and

Paciotti believe that their drug, Aurimune breaks down the blood vessels that feed the tumor and thus, the tumor does not receive the nutrients it needs to grow, thereby allowing chemotherapies to work better and to keep the cancer in check.

The unique biology of the blood vessels supporting tumor growth causes it to respond well to Aurimune. "The ideal cancer nanomedicine is built like a three
SEE RESIDENT. PAGE 4



POTOMAC ALMANAC

www.PotomacAlmanac.com

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NEWS

Scotland Celebrates Black History Month

FROM PAGE 3

tainment by Quince Orchard High School, has been held off and on since the opening of the Scotland Community Center.

All children from Scotland were invited to participate, and their practices were held at the community center. LaTisha Gasaway said the children were diligent in their rehearsals since day one and eager to share their experiences with the Potomac community.

"Black History month is important to show pride," said nine-year-old Abigail Yosef, who read a Maya Angelou poem she described as inspirational. "And I'm glad I did it."

The children performed the assembly twice — for both the students of Bells Mill during the school day and for the general community. The Gasaway sisters used fliers and mass emails to encourage attendance.

Heather Wilson, a Bells Mill parent, said she brought her children to the celebration knowing the



PHOTO BY ANSLEY LABARRE/THE ALMANAC

Students from the Scotland community perform at Bells Mill Elementary School in celebration of Black History Month.

importance of understanding cultures and history.

"My son said: why don't we go?" said Wilson, who couldn't have agreed more. "It was good to see

the community spirit."

Teresa Gasaway says she hopes the assembly will continue to grow each year as Scotland works in partnership to host events at Bells

Mill and draw in more Potomac locals.

"We're bringing everything to the kids," said Teresa Gasaway. "So it's easy for them to get involved."

Resident Develops New Treatment for Cancer

FROM PAGE 3

legged stool," Tamarkin said. "By design, it avoids uptake by the liver and the spleen. It targets tumors in two ways — passively through leaky blood vessels that are unique to growing tumors and actively by binding to tumor-associated receptors on these tumor blood vessel cells. Finally, nanomedicines must be manufactured to defined specifications by a process that is simple, robust, characterizable and cost-effective."

THUS FAR, the drug has made it through the first of three clinical trial phases required by the FDA. The Phase I trial was completed at the National Cancer Institute (NCI) with a

small group of advanced-stage cancer patients. The results of this study indicated that the drug was able to be well tolerated by the patients with no adverse effects. Phase II will begin this spring with a larger group of patients who have lung and ovarian cancer. Aurimmune will be used in conjunction with chemotherapy in this trial.

Aurimmune is manufactured in Cleveland, Ohio in an FDA-approved facility. Once the drug is FDA approved, the company would like to bring the manufacturing arm to Montgomery County, to provide employment for people at all educational levels.

CytImmune is currently working with the University of Maryland Biotechnology Institute (UMBI) / Center for Applied Research in Biol-

ogy (CARB) located at the Universities of Shady Grove.

The company has more than 80 patents and, because cancer is not a single disease, they are in the process of developing a pipeline of nanomedicines to treat other cancers through a variety of therapeutic strategies.

"We are very proud of our science and manufacturing processes. We have built a company that has core competencies in nanotechnology and nanomedicine, and we are going to change the way that cancer is treated. It's exciting to make a difference," Tamarkin said.

For more information about CytImmune Sciences, Inc. visit its Web site at www.cytimmune.com or call Dr. Lawrence Tarmarkian at 301-332-4459.

Advocacy Workshop

FROM PAGE 3

provide tools for parents to help their children. Attendees choose two out of the five talks to attend and then there will be a working lunch where parents can talk one-on-one with the learning specialists and ask questions as well as look at the exhibits.

The workshop includes talks on children's anxiety, mindfulness, organization, adoption, healthy eating and attention as well as self-esteem. Melanie Twomey, Parent Association president, feels that "there isn't just one way to address issues children have. You try different things as their needs are always shifting and changing. This workshop is meant to give parents information on how to better manage their students' school and social experience."

The workshop is complementary for McLean school families and \$25 for community guests. The workshop is Saturday, March 13 from 8:30 a.m.-1:30 p.m. at the McLean School 8224 Lochinver Lane, Potomac. Call 240-395-0692 or email rsvp@mcleanschool.org to register.

A Dyson Delivered to Dyson

FROM PAGE 3

only to awake the next morning with the quilt gone, the Berber rug chewed and a bite out of the armoire. Luckily, Dyson has never had to have surgery due to his fondness for fabric.

As a breed the Dandie Dinmonts are known as the gentleman of the terrier group and are more laid back than most terriers although very independent. According to Nelson, "Owning a dandie is like having a perpetually bright 3 year old." As a show dog Dyson is "not consistent. He is dutiful when he wants to be. We have come to an understanding that he will try to be agreeable on certain occasions. We never know how he will perform.

It is absolutely his choice in that moment that he decides to do it. He performed better than I feared and had flashes of brilliance. I am extremely proud of him as it is a noisy and stressful show."

Dyson enjoyed his hotel stay especially the elevator and adoring fans in the lobby. As for his future plans, Dyson is going to relax. He has been going to shows for two years and will now take rest. However, his British brother Champion Burning Ambition aka Bernie is due to show in Birmingham, England at the Crufts Dog Show on Friday. Dyson plans on watching his brother on TV while enjoying his special treat of liver brownies.

CRIME REPORT

❖ A **residential burglary** occurred in the 7700 block of Ivy Mount Terrace in Potomac on Saturday, Jan. 16 between 5 p.m. and 9:36 p.m. Forced entry; property was taken.

❖ A **residential burglary** occurred in the 9200 block of Mistwood Drive in Potomac on Thursday, Jan. 28 between 6:45 p.m. and 7:02 p.m. Forced entry; property was taken.

❖ A **residential burglary** occurred in the 9700 block of Pleasant Gate Lane in Potomac on Friday, Jan. 29 between 11:30 p.m. and 5:10 p.m. No forced entry; property was taken.

❖ A **theft** from a construction site at 8315 Quarry Manor Terrace (a new neighborhood near River Road and Seven Locks Road) in Potomac. Some-

time over the weekend between Friday, Jan. 29 and Monday, Feb. 1, entry was gained into two new homes under construction and property was taken.

❖ A **residential burglary** occurred in the 10500 block of Willowbrook Drive in Potomac on Tuesday, Feb. 2 between 6:48 a.m. and 5:22 p.m. Forced entry; property was taken.

❖ Two **thefts from vehicles** occurred in the Potomac area overnight Tuesday, Feb. 2 into Wednesday, Feb. 3. In both instances, GPS units were taken. Affected locations were: the 11600 block of Deborah Drive and the 11500 block of Gainsborough Road. Entry to the first vehicle was unforced; entry means to the second is unknown.

❖ A **residential burglary** occurred

in the 13100 block of Glen Road, Potomac, on Thursday, Feb. 4 between 8:15 a.m. and 2:55 p.m. Entry was forced and property was taken.

❖ An **attempted residential burglary** occurred in the 13500 block of Potomac Riding Lane, Rockville on Tuesday, Feb. 16 between 8:30 a.m. and 10:46 a.m. An attempted forced entry was not successful; no entry was made.

❖ A **burglary** occurred at the Bullis School, 10601 Falls Road in Potomac, on Tuesday, Feb. 23 between 1:08 a.m. and 1:30 a.m. Forced entry; property was taken.

Suspect: Unknown race/sex, black hat & bandana, camouflage jacket, black pants, black gloves

Suspect: Unknown race/sex, black

hat & bandana, black jacket, pants, carrying a red backpack

❖ A **residential burglary** occurred on Monday, Feb. 22 between 11:30 a.m. and 12:30 p.m. in the 11100 block of Freas Drive in North Potomac. Forced entry; nothing was taken.

❖ A **residential burglary** occurred on Tuesday, Feb. 23 between 11:40 a.m. and 11:45 a.m. in the 13400 block of Signal Tree Lane in Potomac. Forced entry to garage, then no forced entry to house; nothing was taken.

Suspect: White male or Hispanic male, darker complexion, 30-35 years old, ear-ring in left ear, grey hat, grey sweatshirt

Vehicle: Fire-engine red 4-door, smaller vehicle

SCHOOL NOTES

To have an item listed mail to almanac@connectionnewspapers.com. Deadline is Thursday at noon for the following week's paper. Call 703-778-9412

The Fourth Presbyterian School of Potomac will host the second annual Scripps Regional Spelling Bee for Montgomery County on Saturday, March 13 at 10 a.m. at the Fourth Presbyterian Church in Bethesda. The Meakem Group of Wells Fargo will be the sponsor of this year's Spelling Bee.

Adam Pelta-Pauls of Potomac, a sophomore at Gettysburg College, participated in the Spring 2010 production of "The Winter's Tale."



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CALENDAR

To have community events listed free in *The Potomac Almanac*, send e-mail to almanac@connectionnewspapers.com. Deadline is Thursday at noon for the following week's paper. Photos and artwork encouraged. Call 703-778-9412.

ONGOING

Montgomery County is recruiting talented adults 55-plus for its Montgomery's Got Talent! competition. Singers, comedians, dancers, musicians, actors, and storytellers welcome. Preliminary competitions will take place at community and senior centers throughout the County in April and May. Winners will advance to the Montgomery's Got Talent! finals at an area performing arts venue on May 22. Proceeds from the contest and finals will benefit Haitian seniors. For a registration form, call 240-777-4925. Registration deadline is March 31.

NOW THROUGH MARCH 21

"Peter and the Wolf." At Imagination Stage. Performances on Saturdays and Sundays at 1:30 p.m. 4 p.m. Some Saturday 11 a.m. performances as well. Tickets from \$10-\$21. Visit <http://www.imaginationstage.org>.

NOW THROUGH MARCH 24

"Connecting With God: An Exploration of Prayer." St James' five-week Lenten prayer study program. Sundays, Tuesdays and Wednesdays, Feb. 21-March 24. Sunday mornings, 10:15 a.m.: a 45-minute session with special sessions/breakouts for young children through high school age. Sessions take place

in the church undercroft (lower level) Tuesday mornings, 11 a.m. - 12:30 p.m., church undercroft Wednesday evenings, 7:30 - 9 p.m., St. James' Parish Hall. At St. James' Episcopal Church, 11815 Seven Locks Road, Potomac. Call 301-762-8040 or visit office@stjamespotomac.org.

THURSDAY/MARCH 11

Mission to Haiti Talk. 8:15 p.m. Free. Dr. Mitchell J. Schwaber, director of the National Center for Infection Control of the Israel Ministry of Health, will be talking about his experiences as a member of the IDF medical mission to Haiti. At Beth Shalom Congregation, 11825 Seven Locks Road, Potomac. Call 301-279-7010.

Blues Dance. 8:15-11:30 p.m. Cost is \$8. Rotating DJs and instructors. Beginner workshop from 8:15 to 9 p.m. Dancing from 9 to 11:30 p.m. At the Ballroom Annex of Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Contact: info@capitalblues.org.

FRIDAY/MARCH 12

Children's Performance. 6:30 p.m. Tickets are \$10. Rocknocos and The Great Zucchini perform together. At the Children's Learning Center, 4511 Bestor Drive, in Rockville. Call Catherine Bise at 202-330-2386.

Contra Dance. 7:30 - 11:30 p.m. Cost is \$9. Contra dancing as well as some square dances and waltzes. Contra dance lesson from 7:30-8:15 p.m. Called dance to live music by the Glen Echo Open Band from 8:30-11:30 p.m. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Contact: fndcontra@yahoo.com.

Super Fiesta Latina Party. 8:15 p.m.

to midnight. Cost is \$15. Lesson from 8:15 to 9 p.m. for Salsa beginners and up. Dancing from 9 p.m. to midnight with teacher and DJ Fabio Bonini playing the best of Salsa, Bachata, Merengue, Cha-Cha, Reggaeton and more. At the Ballroom Annex of Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Contact: Jennifer@ForeverDancing.com

The Celtic Tenors. 9 p.m. Tickets \$28-\$65. At the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. Visit www.strathmore.org or call 301-581-5100.

Mambo Sauce. 8 p.m. Tickets are \$10/advance, \$12/door. At the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. Visit www.strathmore.org or call 301-581-5100.

SATURDAY/MARCH 13

Solo Organ Recital. 7:30 p.m. Music will include pieces by Jehan Alain, J.S. Bach, Johannes Brahms, Jean Guillou, Max Reger, Robert Schumann, Ad Wammes, and Charles-Marie Widor. A free-will offering will be collected to benefit Bethesda Cares, Inc., an organization helping the needy in Montgomery County. At Bradley Hills Presbyterian Church, 6601 Bradley Blvd., Bethesda. Call 301-365-2850 or visit www.bradleyhillchurch.org.

Songwriters' Concert. 7:30 p.m. Featuring singer-songwriters Victoria Vox, Cathy Fink, and Kevin Dudley. Admission: \$15. At 4508 Walsh Street, Bethesda. Visit www.writer.org or call 301-654-8664.

Used Book Sale. 9 a.m. to 1 p.m. Most hardback books and large paperback books are \$1 and regular paperback

FRIDAY/MARCH 19

Luna Negra Dance Theater. 8 p.m. Tickets are \$27-\$67. With Turtle Island Quartet and Paquito D'Rivera Danzon. At the Music Center at Strathmore, Concert Hall. At the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. Call 301-581-5100 or www.strathmore.org

books are \$.50. At the Potomac Library, 10101 Glenholden Drive, Potomac.

Swing Dance. 8 p.m. to midnight. Beginner lesson at 8 p.m. Swing dance to live music from 9 p.m. to midnight. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Contact: huh@thejamcellar.com.

SUNDAY/MARCH 14

Ambience of the Mediterranean. 11 a.m. to 4 p.m. Affordable Israeli Art Show and Sale with works by artists Ilan Hasson and Avi Biran.

Ilan's artistic themes are based on Jewish subjects from the Torah, Talmud, Passover Haggada, Kabbalah, and landscapes of Israel. Avi has produced a large array of Judaica using a broad variety of materials. At Magen David Sephardic Congregation, 11215 Woodglenn Drive, Rockville. Visit www.mdsce.org or call 301-770-6818.

Slow Blues and Swing Dance. 7-11 p.m. Cost is \$8/dance only, \$14/lesson and dance. Live music. Blues lesson from 7-8:30 p.m. with

SEE CALENDAR, PAGE 7

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CALENDAR



SATURDAY/MARCH 13

Celebrate Baba Marta (Grandma March). 8 p.m. to 11:30 p.m. \$5 donation. Custom from Balkan folklore that reminds spring is near. Woman's vocal ensemble Slaveya & Lyuti Chuski performs at Glen Echo Town Hall, 6106 Harvard Ave., Glen Echo. Contact Betsy at glen.echo@erols.com, or 301-717-4641.

FROM PAGE 6

instructors Donna Barker and Mike Marcotte. Dancing from 8:30-11 p.m. At the Ballroom Annex of Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Contact: dbarker@glenechopark.org

Contra and Square Dance. 7-10:30 p.m. Cost is \$12/nonmembers, \$9/members. Traditional American dancing with a focus on New England style contra dances, including square dances, country mixers, waltzes and couples dances. Newcomers' lesson at 7 p.m., followed by a called dance by Eva Murray to Taylor Among the Devils from 7:30-10:30 p.m. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Contact: www.fsgw.org

Zydeco Dance. 3-6 p.m. Admission is \$15. Introductory dance lesson from 3-3:30 p.m. Followed by dancing to River City Slim and the Zydeco Hogs from 3:30-6 p.m. At the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Contact: Dancingbythebayou@verizon.net

Frog and Toad. 1 p.m. At the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda.

MONDAY/MARCH 15

Patrick Street. 8 p.m. Tickets are \$25/advance, \$30/door. At the Kreeger auditorium, Jewish Community Center of Greater Washington, 6125 Montrose Road, Rockville. Call 301-754-3611 and visit www.imtfolk.org

The President's Own. 8 p.m. U.S. Marine Band presents "Beware the Ides of March: The Force of Destiny." Col. Michael J. Colburn conducting. Free but tickets required. Free tickets. At the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda.

WEDNESDAY/MARCH 17

Doris Bitler Discussion. 7 p.m. This professor of psychology at George Mason University will discuss the history and traditions of the spring season at the Davis Library, 6400 Democracy Blvd., Bethesda. Call 240-773-0922.

THURSDAY/MARCH 18

Blues Dance. 8:15 to 11:30 p.m.

Admission is \$8. Rotating DJs and instructors. Beginning workshop from 8:15 to 9 p.m. Dancing from 9 p.m. to 11:30 p.m. At the Ballroom Annex of Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Contact: info@capitalblues.org

FRIDAY/MARCH 19

Story/Stereo with Kathleen Flenniken and Anthony Varallo. 8 p.m. Story/Stereo welcomes visiting emerging writer fellows Kathleen Flenniken (Famous) and Anthony Varallo (Out Loud). Musical guest: More Humans. Visit www.writer.org or call 301-654-8664.

Contra Dance. 7:30-11:30 p.m. Admission is \$9. Contra dancing as well as some square dances and waltzes. Contra dance lesson from 7:30-8:15 p.m. Called dance to live music by Laura and the Lava Lamps from 8:30 to 11:30 p.m. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Email: fndcontra@yahoo.com.

La Divina Milonga Party. 8:30 to midnight. Cost is \$15. Lesson for Argentine Tango beginners and up from 8:30 to 9 p.m. Dance Party to recorded music from 9 p.m. to midnight with Teacher and DJ Fabio Bonini, playing Traditional Tango, Milongas, Waltz and Tango Nuevo. At the Ballroom Annex of Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Contact: Jennifer@foreverdancing.com

SATURDAY/MARCH 20

Swing Dance. 8 p.m. to midnight. Admission is \$15. The SingCo Rhythm Orchestra (SRO) specializes in the hot jazz of the late 1920s, the romantic and swing 1930's and the Benny Goodman/Tommy Dorsey/Glenn Miller "High Swing" of the 1940s. Beginner swing lesson with Tom and Debra at 8 p.m. is followed by the band from 9 p.m. to midnight. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Contact: www.americanswing.org

Gan Shabbatt. 11 a.m. An interactive Saturday morning service for young children and their families. Members and non-members welcome. At Congregation Har Shalom, 11510 Falls Road, Potomac.

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Whitman Girls Beat Churchill, Lose in Region Final

Vikings succumb to Gaithersburg's pressure in emotional final game.

BY JON ROETMAN
THE ALMANAC

Pete Kenah started to get mad. The Whitman girls basketball coach stood in the hall outside of the Vikings' locker room at Walter Johnson High School, ready to give the team his postgame address. One problem: guards Caroline Kahlenberg and Susan Russell were taking their sweet time in the gym while talking to media members.

Kenah walked over and pounded on the gym door. "Let's go!" he shouted, causing the seniors to scurry into the locker room.

But Kenah didn't stay mad at his star players for long. After their effort on March 3, they deserved a little slack.

Russell scored a game-high 17 points and Kahlenberg dished out 12 assists and played lockdown defense against Churchill standout Ashley Nelson as No. 2 Whitman defeated No. 3 Churchill 65-45 during the 4A West semifinals. The Vikings' season ended three days later, however, with a 53-41 loss to No. 4 Gaithersburg in the region final.

Whitman and Churchill split a pair of tightly contested regular season matchups, but Wednesday's game was a lopsided affair after the midway point of the second quarter. Churchill's Leeda Jewayni scored to cut Whitman's lead to 21-15 with five minutes remaining in the half, but the Vikings closed the period on an 8-2 run and held a double-digit lead for the remainder of the contest.

Kahlenberg assisted on Whitman's first four field

goals and put on a pinpoint transition passing display in the second half. Her most impressive assist came late in the third quarter when she threaded a long pass between Churchill defenders while leading Russell perfectly for a layup and a 43-28 lead. Kahlenberg also connected three times with a streaking Emily Savage for transition buckets.

"We were hitting our shots and we were running the floor and that was huge for us," Kahlenberg said. "We ran some plays and we got stuff off of our plays, but it was the transition that really got us [going]. ... Everyone is looking to catch it in transition so that makes it much easier to pass."

Defensively, Kahlenberg shut down Churchill's top perimeter threat. Nelson, who made the 100th 3-pointer of her career on March 1 against Northwest, finished with five points, two of which came while Kahlenberg was guarding her.

"I thought Caroline's defense on Nelson was awesome because Ashley Nelson is a very good player," Russell said. "Caroline really limited her impact."

Before the game, Kenah said he told Kahlenberg she would be the best player on the floor. The senior made her coach look like a genius.

"Just having a floor general like that is such a calming influence on everyone," Kenah said. "How much more can we ask her to do? 'Hey, be the floor general and can you shut down their best player?' We put a ton on her shoulders and she came through for us."

"Tonight, I just think you wouldn't know basketball [if] you didn't think she was the best player on the floor."

Whitman led by as many as 25 in the fourth quarter. A pair of free throws by Whitney Kolakowski capped a 19-5 run and put the Vikings ahead 58-33 with three minutes to play. During the run, Russell knocked down her second 3-pointer of the night. She



PHOTO BY HARVEY LEVINE/THE ALMANAC

The strong defensive effort of Whitman's Caroline Kahlenberg, right, on Churchill's Ashley Nelson helped the Vikings advance to the 4A West final.

SEE VIKINGS, PAGE 11

Whitman Girls Win Metros in Record-Breaking Fashion

Vikings set MCPS record in 200 medley relay, Schulkin sets 100 fly mark.

BY JARED WASSERMAN
THE ALMANAC

Competing from Feb. 24-27, the Whitman girls' Swim team emerged victorious from the Metropolitan Championships after setting a new MCPS standard in the 200 medley relay to go along with senior Danielle Schulkin's record-setting performance in the 100 fly.

"The expectations were high with the fact that we were slotted to compete for the championship, but the reality is the girls really performed above and beyond the expectations," head coach Geoffrey Schaefer said. "They showcased their talent so well in that pool."

"It feels really cool being a freshman on the relay with other kids who have been swimming for Whitman for a couple of years, and breaking the relay record with them," freshman Charlotte Meyer said. "Everyone on the relay was so fast and it was a

lot of fun."

Schulkin's time of 55.07 set the tone for Whitman's successful showing at the meet. She also participated in the team's 200 medley relay victory.

"[Schulkin] was great; she set the MCPS and metro record, but more than that her leadership skills [stood out]," Schaefer said. "I knew that Dani would never relinquish her lead in the pool ... she has that killer instinct — she's great out there."

The girls' achievements can be attributed to team unity and support from the community, as well as their level of talent in the pool.

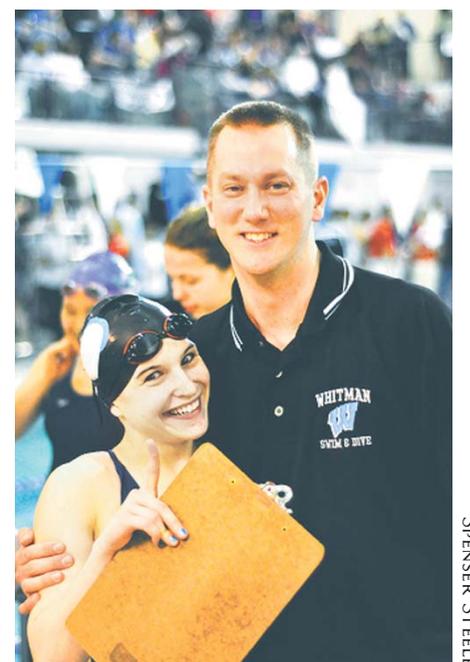
"Everyone showed up just to be a part of the energy in the air," Schaefer said. "I can tell you from looking around in each one of our lanes there was a blackout; the kids showed up to show their support and it was great. I saw the principal, some teachers I knew, my wife and baby were there. Everyone showed up."

The girls will graduate two of their top swimmers in Schulkin and Lauren Poore, who also competed in the 200 medley relay.

"We're not gonna be as strong ... I think Good Counsel has the edge next season," Schaefer said. "It's all about the new freshman class and who Good Counsel has recruited. I'm not sure about number one, but we'll definitely be in the top five. You never really know until Nov. 15, when the season starts."

"It really means a lot to be named the Metro Champs," sophomore Katie Mahaffie said. "Our team worked so hard this season and we deserved the win. It was kind of our one year to go big and we did. It was really a great feeling and I'm still excited about it."

Whitman scored 447 points, finishing 126 ahead of second-place Churchill. The Vikings won four events: the 100 butterfly (Schulkin), 200 medley relay (Victoria Kuhn, Reia Tong, Schulkin, Charlotte Meyer, 1:46.74), 200 freestyle relay (Mahaffie, Lauren Poore, Kuhn, Audrey Gould, 1:38.37) and 400 free relay (Tong, Poore, Meyer, Schulkin, 3:29.95).



SPENSER STEELE

Whitman's Danielle Schulkin, left, is seen with coach Geoff Schaefer after she set the MCPA and Metro record in the 100 butterfly with a time of 55.07 seconds.

FINE ARTS



Image by Timothy Hyde, "Seawall Shops, Galveston Island, 2008."

MARCH 19 TO APRIL 18

Mirror to the World. Photoworks Gallery at Glen Echo Park presents its 2nd Annual 'Mirror to the World' exhibition of documentary photography, featuring the work of eight photographers from the D.C. area. Opening reception is Friday, March 19 from 6-9 p.m. Photoworks Gallery is located on the first floor of the Arcade Building, at 7300 MacArthur Boulevard, Glen Echo. Visit: www.glenechophotoworks.org.

MARCH 20-21

"Students of Glen Kessler." Instructor and artist Glen Kessler presents highlights from the work of his many students. Reception is Saturday, March 20 from 5-7 p.m. The show will feature nearly 100 paintings and drawings from almost 30 artists. Featured artists include Cathy Grubman, Samantha Guerry, Amy Sabrin, Malathi Jayawickrama, Ray Immerman, Susan Shalowitz, Linda Cohen, Jim Hochron, Kathryn Lane, Kate Setzler, Jules Levine, Alex Leggin, Carolina Correa, Margarita Brovkina, Shannon Hood, Ron Jensen, Dian Levy, Madeleine Schaller, MaryLouise Roach, Homa Assar, Don Fredericksen, Shirley Cahill, Tanya Nguyen, Antonette Bowman, Quinlan Maggio, Leslie Kraff, Tom Semmes, Don Srull, and Glen

FRIDAY/MARCH 12

Bethesda Art Walk. Eleven galleries stay open late from 6-9 p.m. Bethesda's galleries feature painting, sculpture, photography, pottery and mixed media. Many galleries change exhibits monthly and hold receptions showcasing the featured artist in conjunction with the Bethesda Art Walk. Participating Galleries and Studios: Discovery Galleries, Ltd., 4840 Bethesda Ave. St. Elmo's Fire Gallery, 4928 St. Elmo Ave. Discovery Too, 7247 Woodmont Ave. Upstairs Art Studios, 4948 St. Elmo Ave. Fraser Gallery, 7700 Wisconsin Ave., Suite E Urban Country, 7117 Arlington Rd. Gallery 360, 4836 Rugby Ave. Washington School of Photography, 4850 Rugby Ave. Gallery Neptune, 4901 Cordell Ave. Waverly Street Gallery, 4600 East-West Hwy Orchard Gallery, Art & Framing, 7917 Norfolk Ave. Call 301-215-6660 or visit www.bethesda.org.

Kessler. At The Yellow Barn Gallery, Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Call 301-371-5593.

NOW THROUGH MARCH 14

"Cut Slash Paste: Collage Work By Chris Lawson and Jared Ragland." Reception is Friday, Feb. 5 at 7 p.m. At Photoworks Gallery on the first floor of the Arcade Building, at Glen Echo Park, 7300 MacArthur Boulevard, Glen Echo. Visit www.glenechophotoworks.org.

A Collage Exhibit by Chris Lawson and Jared Ragland. At Photoworks Studio, Glen Echo Park's resident photography studio and teaching facility, presents "A Collage Exhibit by Chris Lawson and Jared Ragland." Opening reception to be announced. Gallery is open Saturday, 1 - 4 p.m., and Sunday and Monday 1 - 8 p.m., or by appointment. Call 301-634-2274.

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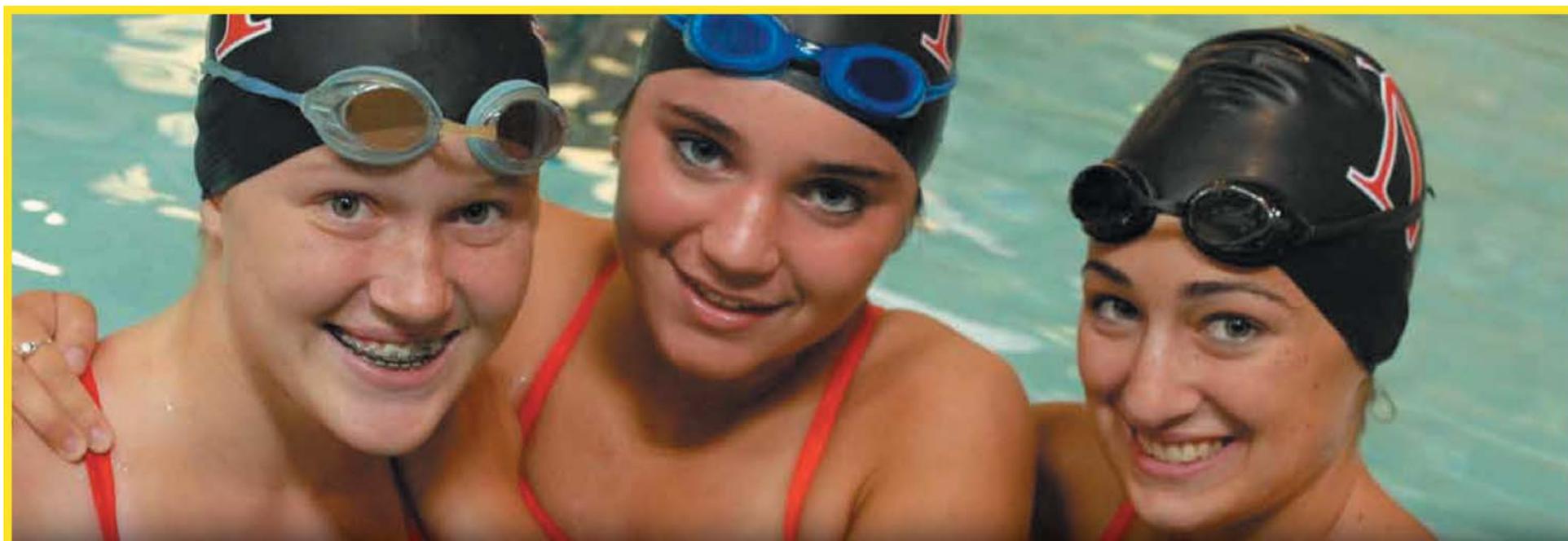
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Phase Two (Year Two, Diagnosis to Date)



By KENNETH B. LOURIE

Now that year one is over, what next? Ergo, the problem. So much of year one (post diagnosis) is spent assimilating; facts, feelings, and figuring out all the new people, places and things that cancer and its treatment present. Eventually, for me, anyway, it all becomes routine, second nature, almost. The mental energy/capacity needed to coordinate, arrange and integrate all the cancer elements into your life has lessened as year one has come to an end. No longer am I stressing over where do I go, who do I see, how do I get there and when will I know, whatever; now it has simply become, what happens next?

However, it's that uncertainty concerning what does happen next which is likely responsible for the malaise, the ennui, the lack of drive that has characterized my attitude/behavior over the past month or two. Originally I thought my missing motivation was simply a natural reaction to the cable-computer disconnect I wrote about ("Not Able Without Cable," 1/20/2010) and experienced during the last two weeks of December. Now, I'm beginning to think that the neutral in which I'm stuck might be more symptomatic and probably characteristic of cancer patients who've been given 13-month to two-year life expectancies; at some point, reality has to take its toll. As I find myself saying recently (and regularly) in trying to explain my feelings, I can be naive or I can be in denial, but I don't think I can be both. I have a serious situation here and pretending/presuming that somehow it's not, is hardly a long-term solution.

But it has been a year-one solution. However, that year is up and so too is the effectiveness of that solution. So now, I have to come up with a year-two solution, a solution which has been difficult to find, and one whose non-existence is likely responsible for my less-than-chipper mood of late. Fortunately, this mood is not the result of any new pain or deficit that I'm experiencing. Generally speaking, my symptoms remain relatively manageable, all things considered, and have not changed appreciably. My problem is more mental than physical. I'm in the second year of a diagnosis whose original prognosis was that patients rarely, if ever, live beyond two years. As my Oncologist said, "There are no parades for lung cancer survivors;" (in fairness, it was in response to one of our questions). Nevertheless, am I supposed to ignore that medical (albeit statistical) fact and forget that I ever heard it just because I feel – and look – pretty good?

What really complicates finding a year-two solution is that much of what was new and difficult and emotionally overwhelming in year one for me, after becoming a cancer patient; (again, I feel I have to qualify since I can't speak for all or any other cancer patients) is not nearly so in year two. As a consequence, I now have "brain space" available, space that previously was filled with all sorts of cancer treatment/lifestyle stuff. It's not exactly gone but, it has found its own level, and in that leveling, has enabled my brain (subconsciously and consciously; heck, maybe even unconsciously) to wander the emotional landscape and begin to consider and assess the past, present and hopefully future of, Kenny-the-cancer patient/survivor. Considerations that were beyond its reach/grasp while dealing with all the cancer clutter of year one.

And it's wearing on me. I wouldn't say I'm worrying about dying it but it's getting increasingly more difficult to ignore certain facts/arrangements – medical, financial, insurance, funeral etc. – that might need to be made, and better made in advance, presumably. If you think I need some help, you're probably right. At the least, I needed to write about it. It's a start, anyway. Thanks for reading.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

SPORTS

Vikings Succumb To Gaithersburg

FROM PAGE 8

made 11 in three playoffs.

Savage and Angelica Ceccone each scored 10 points for Whitman (19-4). Sarafina Arthur-Williams led Churchill with 15 points and was the only Bulldog in double figures. She also finished with seven rebounds two days after grabbing 20 against Northwest.

Churchill coach Kate McMahon said she wished Arthur-Williams had been more aggressive, but also complimented her improvement as a post player.

"Sarafina has just grown tremendously this year," McMahon said. "She's developed aspects of her game that weren't there last year."

Emotional End

With less than one minute to play and Whitman trailing by double digits, Kenah pulled Kahlenberg out of Saturday's game against Gaithersburg. Moments later he replaced Russell, who teared up and exchanged emotional hugs near the Viking bench at Montgomery Blair High School.

The seniors Kahlenberg and Russell, along with Kat Barth and Savage, played their final game for Whitman, losing to Gaithersburg 53-41 in the region final.

While pulling his seniors signified an acknowledgment of defeat, it also allowed them to receive recognition.

"The worst" is how Kenah described the move. "It was great that they were being honored and I'm really glad they got their applause and we got a chance to do that, but it was recognition this would be my

last time coaching them. ... They did everything for us. From the leadership to the on-court production, they helped carry on a tradition of hard work. ... They're going to very, very miss."

Whitman struggled against Gaithersburg's pressure defense, failing to establish an offensive rhythm. After a Kahlenberg basket tied the game at 23 early in the third quarter, Gaithersburg went on a 12-1 run and led the rest of the game. A 3-pointer by Russell, who finished with 17 points, cut the Trojan advantage to 38-35 early in the fourth, but the Vikings couldn't get over the hump.

"We knew if we got a little lead we could put pressure on them," Gaithersburg coach Adrian McDaniel said. "We knew they couldn't handle the pressure. They've never [faced pressure] before like our pressure. We knew if we could put pressure on them they would turn it over and we could execute."

While the season ended on a disappointing note, the four Viking seniors spoke fondly of their experiences.

"Yeah, we lost," Russell said, "but we accomplished a lot this season and we're all really close and I think that [matters] more than the score on the scoreboard."

Savage recalled memories of smashing a piñata to get excited before a game and covering Kenah's car in post-it notes as a joke.

"We're going to miss each other," Barth said.

Whitman finished 19-5, at one point winning 13 of 14 games.

"Of all four of my seasons, this has been the most tight-knit group," Kahlenberg said. "This group of 10, we're just all best friends."



PHOTO BY HARVEY LEVINE/THE ALMANAC

Whitman's Kat Barth, left, drives against Churchill's Jill Beauregard.

Students Tell Stories of the 'Uncelebrated and Unsung'

St. Andrew's Oral History Coffeehouse spotlights those who lived history.

Fifty-nine juniors at St. Andrew's Episcopal School compiled stories, narratives, interviews, files, documents and accounts of people who lived history in the 20th and early 21st centuries for the 13th annual American Century Project Oral History Coffeehouse.

Exhibits on display Tuesday, March 2, included presentations ranging from the Holocaust and the Tuskegee Airmen to the war in Iraq and the Human Genome Project. The projects captured nearly 70 years of the American experience told through the stories of whom the late Studs Terkel called "the uncelebrated and unsung." More than 200 students, teachers, parents and interviewees turned out for the event.

For the project, students researched historical experiences associated with their interviewee's life, interviewed the person, transcribed the interview and wrote and assembled various works to explain the significance of their particular historical event.

Glenn Whitman, St. Andrew's Dean of Studies, founded the project at St. Andrew's in 1997 — creating the American Century Project for the specific



Will Mellon with his presentation.

purpose of "having students be preservers of historical information and not just passive absorbers of historical facts."

In the process, each student creates an original primary source that is added to the historical record. And they add new entries to St. Andrew's growing oral history archive — with its more than 800 accounts.

The night's keynote speaker praised students for their efforts. "Oral history is not easy business. It takes preparation, thought, research, and asking the right questions. In doing so, one helps to reshape the discussion on a particular historical



Julia Karron, Krissia Rivera and Jessica Figueroa

event," said Dr. Spencer Crew, co-author of the book and HBO documentary, "Unchained Memories: Readings from the Slave Narratives."

Along with Crew's remarks, the event showcased the work of students such as Tim Gregg on Blaine Gibson Sr., an original Disney animator, and his work with Walt Disney; Ben Mitchell detailing George Piro's interrogation of Saddam Hussein and Julia Karron's talk with Mike Eruzione of the 1980 "Miracle on Ice" Olympic hockey game.

"While, in many ways, the project was a somewhat unorthodox way to learn history, I really liked being able to choose the topic and, in the end, knowing the subject matter very well," said Mario Dehesa-Azuara, a student who for his project interviewed a Secret Service agent that served during the Reagan administration.

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