

# Potomac ALMANAC

Churchill shortstop Bryce Shemer throws across the diamond against Richard Montgomery on April 22.

## Strong Supporting Cast

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1,250 Boxes of Cereal

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In Race for  
Hope To Honor  
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PHOTO BY HARVEY LEVINE/THE ALMANAC

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## In 'Race for Hope' To Honor 11 Year Old

Race this Sunday raises millions for brain cancer research, support programs, advocacy.

BY SANDY LEVITZ LUNNER  
THE ALMANAC

For Scott, Gina and Abigail Memmott, participating in the Race for Hope this year brings a mix of emotions. It is the third year they will be doing the 5K Walk/Run that raises money for brain tumor research. But it is the first time they will be there without Benjamin, their 11-year old son and brother who lost his battle with brain cancer last October.



**Benjamin Memmott in his yellow survivor t-shirt at the 2008 Race for Hope.**



**Vice Chair of the National Brain Tumor Society and Co-Chair of the Race for Hope, Potomac resident Jeff Kolodin at the stage for the 2009 Race for Hope.**

"Doing the Race for Hope this year means a couple of things," said Scott Memmott, Benjamin's father. "It's a way for us to honor Benjamin's fight and the spirit he demonstrated during the last two years of his life. We are as committed as ever to finding a cure for this terrible disease."

Still, he added, it's been a difficult time leading up to the race this year.

"Benjamin was with us for the last two years. The Race for Hope is an uplifting experience for those suffering," he said. "But it's combined with sadness for not having Benjamin."

Jeff Kolodin of Potomac met Benjamin and his family from Arlington through the Race for Hope. Kolodin is vice chair of the National Brain Tumor Society and co-chair of the annual Race for Hope 5K Walk/Run. As a two-time brain tumor survivor himself,

he feels very connected to all the race participants — especially the survivors and their families.

"Scott and Gina lost their son, and Abby lost her brother last fall, and they are still as — if not more — committed to this cause. In honor of Benjamin they fully continue this fight," Kolodin said.

"It's people like the Memmotts who keep me obsessed. They continue to put this in front of them everyday. It's something I both



**Jeff Kolodin's daughter Lauren pictured with American Idol David Cook at the 2009 Race for Hope. Cook and his race team will be at this year's Race for Hope on Sunday.**

can't fathom and am inspired by."

ACCORDING TO KOLODIN, the Washington, D.C. metro area Race for Hope 5K Walk/Run is the largest fundraiser for the brain tumor community in the country.

"Last year we raised over \$2-million in one day with more than 9,000 participants including more than 500 survivors, which is just incredible," he said.

"This year's goal is to increase the bottom line, of course — raise more money. But we also want to grow awareness of this brutal disease."

Kolodin shared some statistics:

- ❖ There are more than 600,000 people in the U.S. with brain tumors.
- ❖ Brain tumors are the leading cause of

### Race Details

The Race begins at 8:30 at Freedom Plaza at 13th and Pennsylvania Avenue in Washington, D.C. (Metro accessible)

Walk-ups are welcome up to 15 minutes prior to the start of the race.

Additional details and online registration are available at: [www.curebraintumors.org](http://www.curebraintumors.org)

cancer deaths in children under age 20 in the U.S. — surpassing even leukemia.

❖ Brain tumors are the top cause of cancer deaths in young adults — those under the age of 40.

**AS IN YEARS PAST**, the Memmotts, their

SEE RACE FOR HOPE, PAGE 5

## Bullis Students Collect 1,250 Boxes of Cereal

Donation benefits Manna Food Center in support of World Hunger Day.

BY SUSAN BELFORD  
THE ALMANAC

Bullis School fourth grade students were packing the Manna truck on Wednesday, April 21, with the 1250 cereal boxes collected from every student and staff member on World Hunger Day. The truck was nearly full when they finished their task.

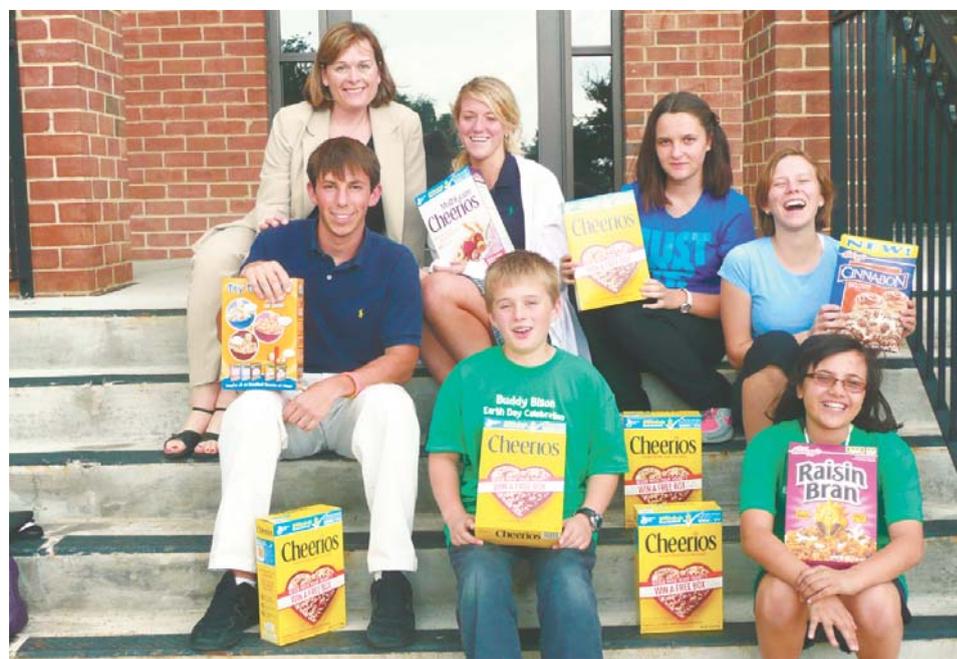
"We couldn't believe how many boxes there were," declared fourth grader Aine

Kenwood, "The sad thing is this whole truck of food will only last three weeks or less. Manna gives it to almost 200 needy families a day."

Manna Food Center is the main food bank in Montgomery County. Manna distributes food to about 3,300 Montgomery County residents each month at 14 locations throughout the county.

Initiated by Dr. Sara Romeyn, Social Stud

SEE DONATION, PAGE 7



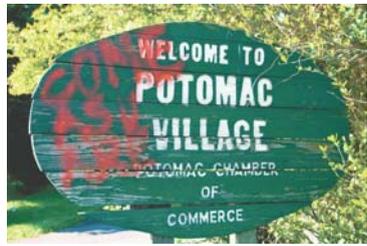
**Collection organizers, from left, are Dr. Sara Romeyn, Upper School Social Studies chair, Scott Peel, William Evans, Aine Kenwood, Kelly Kleifges, Anya Fasolyak and Oriana Theo.**

# New Signs for the Village

BY COLLEEN HEALY  
THE ALMANAC

It has been a two-year process but finally, on Earth Day, Potomac Village installed new signs to welcome residents and visitors into the Village. The signs will be posted on the way into the cross roads of River and Falls Roads. Potomac was given money by the County Council to enhance main streets and downtowns. The Potomac Chamber of Commerce had the idea for the signs at the four corners of the Village. The final sign will be installed this weekend.

According to Ken Hartman, director of the Bethesda/Chevy Chase Regional Services Center, the signs will help the district of the village “add to the identity. People think of where you are as a place. They develop an affinity to it. The signs will tell people where they are and promote a strong sense of community. It will give the area some oomph and character in this economic downturn. Identity is a key step to promotion. The Village had an iden-

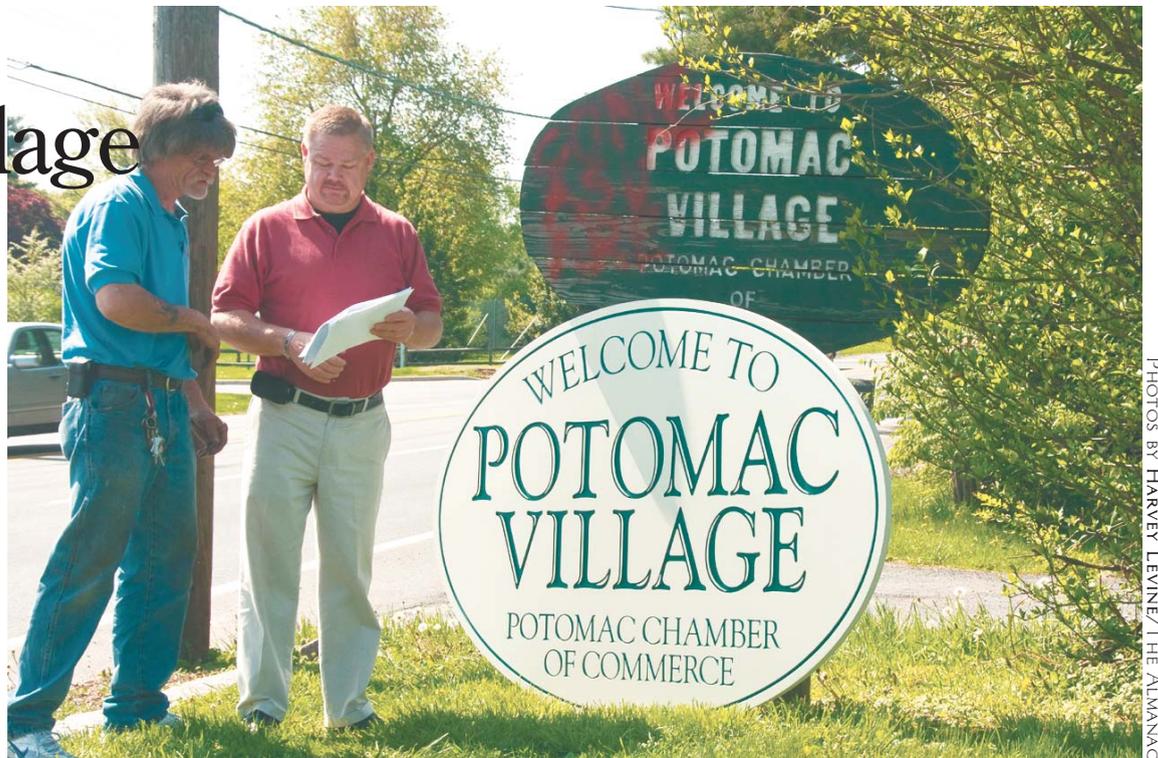


**The old sign shows the effects of time and graffiti.**

tity but you didn't see it. People can do their weekend shopping, or banking, there are local retailers right there.”

Adam Greenberg, president of the Potomac Chamber of Commerce, feels the new signs will “add to the beauty of Potomac and welcome everyone into Potomac Village. Potomac is a small town with lots of commercial districts. This is our little town.”

The designs were decided on by Montgomery County and the Potomac Chamber of Commerce chose the materials and colors. The signs are made of recycled plastics and, according to Ernie Galyan, vice president of Sterico Signs, they are “as green as you can get. The materials are not go-



**Wayne Tetlow listens as Ernie Galyan, both of Sign-A-Rama, explains how and where the sign will be installed. Tetlow will remove the old sign and install the new one.**

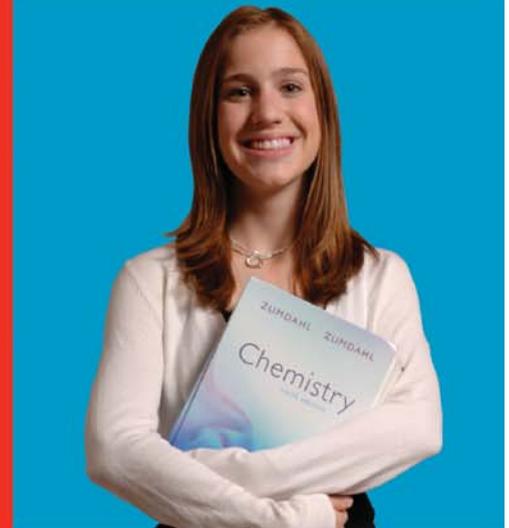
ing to decay. It is a nice ecological sign for the chamber of commerce. Potomac has a heritage of horses and families and it is nice to take something old and recycle it into something green.” Although it was a long process of permits, designs and approvals “in the end it turned out to be what everybody wanted and everyone will be pleased.”

**Ernie Galyan of Sign-A-Rama and Jennifer Matheson, secretary of the Potomac Chamber of Commerce.**



PHOTOS BY HARVEY LEVINE/THE ALMANAC

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# Race for Hope

FROM PAGE 3

friends and supporters will be walking in the race as part of the Children's National Medical Center team — Dr. Bear's Brain Tumor Busters. In 2008 and 2009 Benjamin and his sister Abby helped Children's raise over \$136,000. As recognition, the National Brain Tumor Society twice presented a "Benjamin Memmott Chair of Research" grant to Dr. William Weiss of the University of California at San Francisco to conduct research into therapies for high-grade gliomas, the type of cancer from which Benjamin suffered.

This year, Dr. Bear's team is walking to honor Benjamin's memory. Their goal is \$70,000, but the Memmotts would like to help them get to \$100,000.

"We have great expectations for the day," said Gina Memmott. "The team has been incredibly successful in the past. Hopefully we can help Children's exceed their fund-raising goal and help fund research like we did the past two years."

"It's with heavier hearts as we go this year," she said. "But, the race is such an inspiring event, despite the element of sadness to it. I've found it a life-changing event from all the stories of the families there."

Kolodin hopes people will make their way to Freedom Plaza in Washington, D.C. on May 2, even if it's just to watch the participants and cheer them on. He said 5-minutes before the race begins, every

survivor participating in the race gets a balloon.

"The crowd applauds as survivors come to get their balloons in wheelchairs, walkers, having just finished radiation or surgery," he said. "It's a very emotional and powerful moment when we honor these folks, and I'm proud to be one of them. They show up and face their disease and fears and it doesn't matter what shape they're in; they show up."

Gina Memmott hopes that whatever anyone can do, no matter how big or how small, they will at least consider attending The Race for Hope and help them honor Benjamin's spirit.

"He was such a fighter," she recalled. "His spirit and bravery inspired a community, and we're thrilled and honored with the support that the community has given us."

"We couldn't find a cure in time for Benjamin," added Scott Memmott, "but would like to help keep other parents from experiencing what we went through and continue to go through."

Kolodin recently recalled meeting Benjamin through The Race for Hope 5K Walk/Run.

"I briefly got to see his drive and commitment and very positive nature," Kolodin said. "He became my kid in the two races he was in. He was definitely one of the true little warriors who know what they have, may not understand it — but continue to fight. Because of Benjamin and kids like him, we're going to get to the finish line."

**"He was definitely one of the true little warriors who know what they have, may not understand it — but continue to fight. Because of Benjamin and kids like him, we're going to get to the finish line."**

— Jeff Kolodin of Potomac

## PEOPLE NOTES

**Army 1st Lt. Ryan D. Swisher** has returned to Fort Richardson, Anchorage, Alaska after being deployed to Afghanistan for one year. The soldier is one of 3,500 members of the 4th Airborne Brigade Combat Team (Airborne), 25th Infantry Division stationed at Fort Richardson. He is the son of Robert D. Swisher of Scottish Autumn Court, Darnestown, Md., and Kathy E. Swisher of Pebble Hill Lane, North Potomac.

The lieutenant graduated in 2003 from Thomas S. Wootton High School, Rockville, and earned a bachelor's de-

gree in 2007 from the University of Colorado, Boulder.

**Army Spec. Frederic N. Phongsavanh** has returned to Fort Richardson, Anchorage, Alaska, after being deployed to Afghanistan for one year. The soldier is one of 3,500 members of the 4th Airborne Brigade Combat Team (Airborne), 25th Infantry Division stationed at Fort Richardson. He is the son of Frederic N. Phongsavanh of Coddle Harbor Lane, Potomac. The specialist graduated in 2007 from Winston Churchill High School, Potomac.

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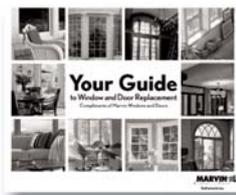
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# OPINION

## Outstanding Sales Professional of the Year

**K**enneth B. Lourie, award-winning columnist and sales representative with the Connection Newspapers and Potomac Almanac, was named Virginia Outstanding Sales Professional of the Year, receiving his award on Saturday, April 24, at the annual advertising conference of the Virginia Press Association in Portsmouth.

It's a bit unusual to use editorial space to tout sales awards, but this is an unusual case.

Many of our readers are familiar with Lourie's longstanding weekly humor column, The Daze of my Life, which runs in many of our papers and on our web site.

In the past year, Lourie has tackled the more serious topic of his diagnosis and treatment for stage IV lung cancer in his columns, but with the same pointed humor of his previous columns. Meanwhile, despite these challenges, he remains one of our top sales performers.

Lourie's award was presented by Carol Taylor, chairman of VPA's Advertising Committee and a sales executive with Richmond Times Dispatch. "This year's Outstanding Sales Professional of the Year award honors the kind of sales professional who is a role model, someone whose qualities have led to great success in the newspaper advertising profession," Taylor said in giving the award.

Taylor continued: "Among other important attributes, this award recognizes leadership and tenacity. ... It celebrates extraordinary customer service and an attitude that embraces the unprecedented change we're seeing inside and outside of our industry. ... Our recipient is well known for his cold calling prowess and his reliance on old-school technology, like note cards. His customers rave about his flexibility, his patience, his attention to detail and his ability to find a Boston Red Sox fan anywhere he goes. And he's an award-winning columnist who isn't afraid to write about his need for new underwear."

For more than 12 years, Lourie has been our

most organized and creative sales professional. Disciplined, committed and tenacious, he has always been among the top performers in our sales staff. His medical condition is relevant only as to the timing of this award and the recognition it provides and as proof of his unbelievable tenacity, commitment and good humor.

Lourie's column, The Daze of my Life, has developed a loyal following and addresses some of the quirks and milestones of every day life, but also tackling more serious topics. An excerpt from a recent letter he received from a reader exemplifies the effect his writing has had:

"While we have not met, I want to let you



**Kenneth B. Lourie**

know how much your newspaper columns related to your cancer mean to me; I have saved them all. I can relate to many of the feelings you write about from experience. ... It is impressive to see how you approach your situation with grace and honesty; that is the best one can ask of oneself. You are doing a lot by your writing to help other people learn and go through this experience with you. None of us really knows what is ahead of one in life, and you provide a good example of the value of approaching each

day with love and hope.

You can read Lourie's columns by going to [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com) and typing "Lourie" into the search field.

## Call for Mother's Day Photos (Father's Day Too ...)

Every year at this time, the Almanac puts out the call for photographs of moms and their children, grandmothers and their children and grandchildren. Most years, we're lucky enough to receive a photo or two that includes four generations, great-grandma and all the rest.

Mother's Day is Sunday, May 9, and once again the Connection will publish a gallery of Mother's Day photos, celebrating the mothers who make so many things possible in families, communities, schools and other institutions in local neighborhoods.

Send in photos as soon as possible, including information about who is in the picture, the date the picture was taken, the ages of the children and sentence or two about what is happening and the location (who, what, where, when, why).

We prefer digital photos in .jpg format; email them to [Almanac@ConnectionNewspapers.com](mailto:Almanac@ConnectionNewspapers.com), and write Mother's Day Photos in the subject line. Or you can mail a CD with your photos on it in .jpg format.

We will also accept prints, and we will do our best to return photos that include a self-addressed-stamped envelope for that purpose, but please do not send us any photos that cannot be replaced.

Send photos to [Almanac@ConnectionNewspapers.com](mailto:Almanac@ConnectionNewspapers.com), or mail to Potomac Almanac, Mother's Day Photo Gallery, 1610 King Street, Alexandria, VA 22314.

And remember, a few weeks from now it will be time to send photos of Dads and children, grandfathers and children and grandchildren. Or feel free to send your Mother's and Father's Day photos at the same time.

## Washington Episcopal Holds Community Service Day

**C**ounty Executive Isiah Leggett stopped by Washington Episcopal School on Saturday, April 17, during its Community Service Day where a group of more than 150 students (age 3 to grade 8), parents and faculty participated.

The school community collected and prepared donations for local organizations, provided assistance at several local groups, and raised nearly \$1,175 for Heifer International and Haiti earthquake relief.



**Washington Episcopal School students wash cars to raise money for Haiti earthquake victims.**

## POTOMAC ALMANAC

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# Donation Benefits Food Center

FROM PAGE 3

ies chairman, the drive is Bullis' third annual cereal collection to address hunger and provide food to needy families in Montgomery County.

Romeyn had personally volunteered at Manna and recognized a need for cereal in the baskets which are distributed to families. "Everyone likes cereal but it is expensive," she said, "I thought it would be a good idea to have students and faculty donate boxes of cereal, since they are light and easy to transport. The first year we collected 837 boxes. The second year, over 1,000 and this year, we managed to collect over 1,200. I also emphasized the importance of bringing in healthy cereal."

**IN ADDITION** to the cereal collection, a "Hunger Assembly" was held, demonstrating the impact of hunger in the world. To further understand what many families eat, the students ate a "rice and beans" lunch, instead of their standard school lunch. The difference in the cost of the two lunches, over \$600, was donated to a school in Belize where Bullis students had



**Dr. Sara Romeyn, Upper School Social Studies chair; Kim Damion, Manna director of development, and Mike Young celebrate the donation from the school upon the completion of its third annual cereal drive.**

volunteered last summer, as well as to Manna Food Center.

Students Oriana Theo, Anya Fasolyak, Kelly Kleifges and Scott Peel, along with other Bullis students, collected boxes of cereal and donations at the Safeway in Potomac Village. "We were able to educate people about Manna and their food distribution program. Once shoppers heard about Manna, they were very willing to donate cereal or money to help our project," said Kelly Kleifges.

William Evans, a fourth grade student, has also volunteered at the Manna Food Center. "I like donating food and volunteering. It made me realize that even a little bit of time, money and effort can go a long way."

The students felt the best part of the project was closing the door on the truck and watching it drive away, knowing that, because of their efforts, some Montgomery County families would not be hungry.

## SCHOOL NOTES

To have an item listed mail to [almanac@connectionnewspapers.com](mailto:almanac@connectionnewspapers.com). Deadline is Thursday at noon for the following week's paper. Call 703-778-9412

**William Kovacs**, a senior at Winston Churchill High School in Potomac, won third place in ASHG's National DNA Day Essay Contest for the response that he submitted to the following question: "Genetic testing allows geneticists to determine an individual's DNA sequence, and research has identified a number of genes, such as HMGA2 and GDF5, that are associated with height. Will such associations allow scientists and physicians to predict a person's final adult height from infancy?"

Kovacs' prize-winning essay provided an insightful explanation of the relationship between genes and traits. In his own words, Kovacs explains that, "Predicting height becomes rather difficult as it is not influenced by merely one gene but by the synergistic effects of multiple genes, also known as polygenic inheritance."

This is the second year in a row that William Kovacs has been recognized by the ASHG judges for his outstanding work; he was also an honorable mention for the essay he submitted to last year's DNA Day Essay Contest.

Also of note is the fact that William's older brother, Michael Kovacs, who graduated from Churchill High School in 2009, won first place in last year's National DNA Day Essay Contest when he was a senior at the school.

Kovacs will be awarded \$150 in recognition of his accomplishment as a third place prize-winner in the 2010 National DNA Day Essay Contest.

## LET'S TALK Real Estate



by

**Michael Matese**

### NEW INTEREST IN ACTIVE SENIORS COMMUNITIES

By year 2014 there will be nearly 85 million active adults ages 55 and older living in communities nationwide, and more than 40 percent of all households will be headed by someone over 55, according to a report from the National Association of Home Builders.

To meet the needs of this expanding demographic, more residential communities are being designed to fit their unique requirements. Today's seniors are looking for something different than the traditional retirement home of the past. They want to live in housing and neighborhoods that support their active lifestyle and cultural interests. New senior projects are taking all different forms, such as condominium or townhouse developments, cohousing neighborhoods, or groupings of single-family residences. Most of the projects are focused on people in the 55 to 62 age range, and offer amenities that support their active, socially involved lifestyle.

One type of project is the increasingly popular cohousing neighborhood, where fifteen to thirty separate single family homes collectively share central grounds, gardens and a community building for group activities.

This is just one example of how community designers and architects are finding new and creative alternatives to the growing reality of our maturing population.

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### Mother's Day Weekend

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## CALENDAR

To have community events listed free in *The Potomac Almanac*, send e-mail to [almanac@connectionnewspapers.com](mailto:almanac@connectionnewspapers.com). Deadline is Thursday at noon for the following week's paper. Photos and artwork encouraged. Call 703-778-9412.

### NOW THROUGH MAY 24

**Encore Chorale.** 1-2:30 p.m. Encore Creativity for Older Adults and Washington Conservatory of Music are joining to bring the 10th area Encore Chorale to Glen Echo Park. Seven-week session for adults age 55 or older, Mondays, April 12 to May 24. No audition required. Tuition is \$80/singer. At The Washington Conservatory at Glen Echo Park, South Arcade Building, 7300 MacArthur Blvd., Glen Echo. Contact Jeanne Kelly at 301-261-5747; or email [Jeanne.kelly@encorecreativity.org](mailto:Jeanne.kelly@encorecreativity.org) ([www.encorecreativity.org](http://www.encorecreativity.org)).

### WEDNESDAY/APRIL 28

**Meg Baker, Harp & Piano.** 1 p.m. Prepaid reservations, \$21. At the Mansion at Strathmore, 5301 Tuckerman Lane, North Bethesda. Call 301-581-5108.

**Max and Spencer Ernst.** 7:30 p.m. Tickets are \$12. At the Mansion at Strathmore, Music Room, 5301 Tuckerman Lane, North Bethesda. Call 301-581-5108.

### THURSDAY/APRIL 29

**Slow Blues and Swing Dance.** Admission is \$8. Slow Blues lesson from 8:15 to 9 p.m. Dancing from 9-11:30 p.m. DJ Mike Marcotte and Guests will play a variety of styles including traditional and contemporary blues music, and classic cover tunes going back through the history of blues music. At the Back Room of Glen Echo Park. Call Donna Barker at 301-634-2231 or go to [info@CapitalBlues.org](mailto:info@CapitalBlues.org) or [www.CapitalBlues.org](http://www.CapitalBlues.org). At 7300 MacArthur Blvd., Glen Echo.

**GECC Celebrate Young Authors Night.** 6-7:15 p.m. Books created by the children will be displayed and early childhood Judaic author, Rabbi Mindy Portnoy from Temple Sinai, will read and sign her books. At Weinberg Assembly Area at Congregation B'nai Tzedek, 10621 South Glen Road, Potomac.

### FRIDAY, APRIL 30

**Contra Dance.** 7:30-11:30 p.m. Admission is \$9. Contra dance lesson from 7:30 to 8:15 p.m. Called dance to live music from 8:30 to 11:30 p.m. This week, Woody Lane calls to KGB with Julie King on piano; Claude Ginsburg on fiddle; and Dave Bartley on guitar, mandolin, and cittern. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Email: [fndcontra@yahoo.com](mailto:fndcontra@yahoo.com).

**Coffee House Shabbat.** 7:30-10 p.m. A Night of Alternative pop with live music in an informal coffee house atmosphere featuring singer Zachary J. Check out his Web site at [www.zacharyjband.com](http://www.zacharyjband.com). Sponsored by Temple Beth Ami. At 14330 Travilah Road, Rockville. Visit [www.bethami.org](http://www.bethami.org). Call 301-340-6818.

**"Staged Reading: What Comes Next."** 7:30 p.m. A new play by Laurence Klavan presented by American Ensemble Theater. At The Writer's Center, 4508 Walsh Street, Bethesda. Visit [www.writer.org](http://www.writer.org). or call 301-654-8664.

### APRIL 30 AND MAY 1.

**Talent Show.** 7:30 p.m. Theme is Talent Show 2KX: Whitman's Inferno. Features 19 performances ranging from classical piano and electric violin to heavy rock and funk. Directed by senior Sarah Blush. Tickets are \$20/reserved, \$12/adult, \$8/students. The



### SATURDAY/MAY 1

**Klezmer Dance Kraze.** 7:30-10 p.m. Klezmer dance master Steve Weintraub will lead a Yiddish dance workshop followed by a dance party, 7:30-10 p.m. Drummer Elaine Hoffman Watts and her daughter, trumpet player Susan Watts, will perform accompanied by local Klezmer band Mrs. Toretzky's Nightmare. Party at Adat Shalom, 7727 Persimmon Tree Lane, Bethesda. \$18 a the door. Visit [www.adatshalom.net](http://www.adatshalom.net) or 301-767-3333 x106.

cast and crew have organized a canned food drive as a part of this production. Canned goods collected will be donated to a local food bank. At Walt Whitman High School.

### APRIL 30 TO MAY 2

**Greek Festival.** Free admission. Friday, April 30, Saturday, May 1, and Sunday, May 2. Authentic Greek cuisine and vendors in the festival marketplace will make the experience complete for all who attend. Rain or Shine. For information visit the Web site at [www.stgeorge.org](http://www.stgeorge.org) or contact the St. George office at 301-469-7990.

**Azalea Garden Festival.** Festival hours run from 10 a.m. - 5 p.m. daily; general admission and parking are free. Garden tour, plant sale, shops, food and Funland. Parade Saturday morning at 11 a.m. Mark's Run (5K) on Sunday, May 2. Guests can tour the Perkins Garden, packed with azaleas, then shop the plant sale featuring azaleas, annuals, flowering shrubs and roses, herbs and vegetables, wildflowers and perennials. Specialty Boutiques will be located indoors, at the Barton Athletic Center. Shops will feature home and garden items, gifts, jewelry, furniture. At Landon School, 6101 Wilson Lane, Bethesda. Visit [www.Landon.net](http://www.Landon.net).

### SATURDAY/MAY 1

**Flea Market and Community Yard Sale.** 8:30 a.m. to 12:30 p.m. At the Potomac Community Center, 11315 Falls Road. Tables cost \$30 (proceeds to benefit community center). Call Linda Barlock at 240-777-6960.

**Strauss Waltz Ball.** Viennese Waltz Dancing from 9 p.m. to midnight. Admission is \$20. Viennese Waltz lesson from 8-9 p.m. No partner required. At the Spanish Ballroom at Glen Echo Park. With the band, Olde Vienna. Call Joan Koury at 202-238-0230 or Glen Echo Park at 301-634-2222. At 7300 MacArthur Blvd., Glen Echo Park.

**Swing Dance.** 8 p.m. to midnight. Lesson starts at 8 p.m. Dancing from 9 p.m. to midnight. With the band Jam Cellar. At the Bumper Car Pavilion at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo Park. Email: [huh@thejamcellar.com](mailto:huh@thejamcellar.com).

**Flea Market.** 8:30 a.m. to 12:30 p.m. At the Potomac Community Center, 11315 Falls Road, Potomac. Call 240-777-6960.

**Jigsaw Jones — The Case of the Class Clown.** 11 a.m. At the Robert E. Parilla Performing Arts Center, Montgomery College, 51 Mannakee Street, Rockville. Tickets are \$7 Regular, \$6 Seniors and Students. Call 240-567-5301

**Vivaldi's Gloria.** 8 p.m. National Philharmonic Music Director and Conductor Piotr Gajewski and Chorale Artistic Director Stan Engbretson will lead the Philharmonic in works by Vivaldi, Barber and Andreas Makris. At the Music Center at Strathmore. A free pre-concert lecture will be offered at 7 p.m. in the Education Center at the

Music Center. To purchase tickets to National Philharmonic's concert on May 1, 2010 at 8 p.m., visit [www.nationalphilharmonic.org](http://www.nationalphilharmonic.org) or call the box office at 301-581-5100. Tickets are \$29-\$79; kids 7-17 are free.

**Vintage Fashion Show.** 2-4 p.m. Presented by the Art Deco Society of Washington. Cost is \$30/members and students; \$45/nonmembers. At Positano Ristorante Italiano, 4940 Fairmont Ave., Bethesda. Reservations are required at [www.adsw.org](http://www.adsw.org).

**Kentlands Day.** 11 a.m. to 4 p.m. (Parade starts at 10 a.m.) A free festival and car show led by The Kentlands Market Square merchants to benefit the Kentlands Community Foundation, Rachel Carson Elementary PTA, and the Greater Kentlands community. More than 115 businesses exhibiting. At the Potomac Pizza/My Gym parking lots. Parade will run from the Main Street Farmers Market, through Market Square, and across Centerpoint Way to Heathwalk Street.

### SUNDAY/MAY 2

**Contra and Square Dance.** 7 p.m. to 10:30 p.m. Admission is \$12/nonmembers/ \$9 members.

Traditional American contra dancing, which includes square dances, mixers, waltzes, and other couple dances. Lesson at 7 p.m. followed by dances with KGB from 7:30 to 10:30 p.m. Sponsored by the Folklore Society of Greater Washington. At the Bumper Car Pavilion at Glen Echo Park. Visit [fsgw.org](http://fsgw.org).

**Fun Fair/Silent Auction.** Noon to 3 p.m. Fun, games, prizes, moon bounces, bake sale, arts and crafts, silent auction, raffles. Presented by the Washington Hebrew Congregation, 11810 Falls Road, Potomac. Contact RobBee Fredricks 301-983-6919 or [Robbee19@yahoo.com](mailto:Robbee19@yahoo.com)

**Open Door Reading Series.** 2 p.m. Free. Geraldine Connolly reads from Hand of the Wind, her new collection of poems. She is joined by Grace Cavalieri, who reads from Sounds Like Something I Would Say. At The Writer's Center, 4508 Walsh Street, Bethesda. Visit [www.writer.org](http://www.writer.org). or call 301-654-8664.

**Bnai Israel Sisterhood and Z'havah Boutique.** 9 a.m. to 3 p.m. Free admission. Shopping with many talented and unique vendors. Lunch for purchase. At Bnai Israel Congregation, 6301 Montrose Road, Rockville. Contact Christina Hersh at 301-838-5983.

**Dan Zanes & Friends.** 1 and 4 p.m. Dan Zanes performs songs from his latest recordings 76 Trombones and The Welcome Table: Songs of Inspiration, Mystery and Good Times, featuring the Washington Performing Arts Society Children of the Gospel Choir. For children ages 3-10. Tickets: \$15-\$32. At the Music Center at Strathmore. Call 301-581-5100 or [www.strathmore.org](http://www.strathmore.org).

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# COMMUNITY



## Bethesda Art Walk Is May 14

Patrons can delight in 12 downtown Bethesda galleries at the Bethesda Art Walk scheduled for Friday, May 14 from 6-9 p.m. The Bethesda Art Walk allows art lovers to visit downtown Bethesda's gallery community on the second Friday of every month.

Bethesda's galleries feature painting, sculpture, photography, pottery and mixed media. Many galleries change exhibits monthly and hold receptions showcasing the featured artist in conjunction with the Bethesda Art Walk. Attendees are invited to delight in the artwork, enjoy free refreshments and to shop at these unique and inspiring galleries.

The Bethesda Art Walk will continue through 2010 on June 11, July 9, Aug. 13, Sept. 10, Oct.

8, Nov. 12 and Dec. 10.

### Participating Galleries and Studios:

Discovery Galleries, Ltd., 4840 Bethesda Ave.  
Orchard Gallery, Art & Framing, 7917 Norfolk Ave.  
Discovery Too, 7247 Woodmont Ave.  
St. Elmo's Fire Gallery, 4928 St. Elmo Ave.  
Fraser Gallery, 7700 Wisconsin Ave., Suite E  
Upstairs Art Studios, 4948 St. Elmo Ave.  
gallery 360, 4836 Rugby Ave.  
Urban Country, 7117 Arlington Rd.  
Gallery Neptune, 4901 Cordell Ave.  
Washington School of Photography, 4850 Rugby Ave.  
Lenore's Place, 7720 Wisconsin Ave.  
Waverly Street Gallery, 4600 East-West Hwy.  
Call 301-215-6660 or visit [www.bethesda.org](http://www.bethesda.org).

## FINE ARTS

### APRIL 29 THROUGH JULY 31

**Trees of Life II.** At the Chevy Chase Pavilion's Zenith Gallery. Meet the Artists Reception: Wednesday, May 19, from 6-8 p.m. 10 percent of sales from this exhibit will be donated to American Forests' Global ReLeaf Campaign to plant 100 million trees by 2020. At Chevy Chase Pavilion, 5335 Wisconsin Ave., NW, Chevy Chase.

### MAY 2-30

**Many Textures Many Colors.** With the artists Fran Abrams, Meg Branzetti, Elaine Brandes, Marcia Jestadet, Vicky Kokolski Nancy Smeltzer, Alfreda Southerland. A meet the artists reception will be held on Sunday, May 2 from 1:30-3:30 p.m. At the Dennis and Phillip Ratner Museum, 10001 Old Georgetown Road, Bethesda. Call 301-897-1518.

### MAY 8-9

**Eric Garner: The Quilt Series.** Paintings, 2004-2009. Bethesda artist Eric Garner will present



**Trees of Life II.**

abstract paintings inspired by American quilts. At the Yellow Barn Gallery. Hours are Saturday and Sunday, noon to 5 p.m. A reception is scheduled for Saturday, May 8 from 6-8 p.m. Contact the Yellow Barn Gallery, at 301-371-5593.

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—Cullen Hightower

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# Seniors Choose Colleges

Staying in state, looking for small school attention, environment for becoming a better person.

**Jon Roetman**  
The Almanac

**W**ootton senior Jared Wasserman said while some high schoolers want to escape the area, the University of Maryland is the right fit for his college experience.

After considering Penn State, Michigan and Syracuse, among other schools, Wasserman opted for College Park. The Connection Newspapers/Potomac Almanac intern was attracted to the school's journalism program and internship opportunities. He also has a familiarity with the campus.

"Financially, it was definitely the most suitable place, in-state tuition-wise," Wasserman said. "My sister is already there so I had a good feel for it. ... Kids say, 'I would never go to Maryland because I just want to get out of there.' I'm 40 minutes away. If I need anything, home is an option but I'm not going to

come back here all the time. The distance is perfect."

Wasserman said he will likely study print journalism, though he could have opportunities in broadcast. He's looking forward to taking a class taught by nationally renowned sports journalist Kevin Blackstone and pledging a fraternity.

Whitman senior Susan Russell went the small-college route. A standout basketball player for the Vikings, Russell will play at Division III Bates College in Lewiston, Maine, where she found the appropriate blend of academics, activities and hoops.

"I looked at a lot of colleges in that region," Russell said. "All the schools are very similar. I didn't expect to like Bates that much but when I went I really liked the people and the relationships with the professors that the students seemed to have and that's something I really value."

"I really like the small environment and it was one of the few places I could pick the classes I wanted and do the stuff I

wanted to do while playing basketball."

Russell, who said she wants to study political science or environmental science, is looking forward to having more control over her class schedule and the increased interaction with professors that comes with smaller class sizes.

Fellow Whitman senior Emily Savage and her 4.0 GPA were accepted to Dartmouth College, and she is strongly considering attending the Ivy League school. Savage applied to nearly 20 colleges, including her top three choices — Stanford, Brown and Yale. She was rejected by Stanford and Yale and wait-listed by Brown, but she acknowledged getting accepted to Dartmouth is still an accomplishment to feel good about. The day she realized how much she liked Dartmouth, the weather did its best to, um, rain on her parade.

"I remember going to Dartmouth, it was freezing and pouring down rain and I loved [the school]," she said. "I had such a good time. It was a place that really connected with me. ... I think there weren't many places I liked more than Dartmouth."



Harvey Levine/The Almanac

**Whitman senior Susan Russell feels she'll have a good balance of academics, activities and basketball at Bates College.**

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# Churchill: College Bound

By **Danielle Collins**  
The Almanac



If you're like me, you've been surviving off four hours of sleep, three shots of espresso, and two very demanding parents.

We all know it, we all live it: it's the college admissions process.

To all juniors with textbooks stacked three feet high, I sympathize with you, and to all seniors with acceptance letters, I envy you. As a Winston Churchill High School junior, I am living through the entire ordeal, reading college books instead of best sellers, searching university websites instead of Facebook. So many wonder, how do you make it out alive and still take the right steps to get into your dream school?

For current juniors, the typical plan of attack consists of a college counselor, college visits, and communication with the schools.

For Alex Zohore, a Churchill junior, the best way to get information is by "calling colleges to talk to an admissions officer because it establishes a stronger bond and gives more information. Once they know you, they are keener to send information and invitations to events."

While high school guidance counselors are a valuable resource for the latest information, for some students, a private college counselor is an additional aide. Stephanie Weinstein, a Churchill senior, hired "a private college counselor so I could get the attention I wanted. She asked me to write down a list of everything I wanted in a college, and she wrote down a list of colleges. I visited the schools on the list and fell in love with the University of Wisconsin at Madison where I am going next year."

Some are quick to comment on the pressure at Churchill to succeed and go to a highly respected university. "There is so much talent at Churchill along with many well-rounded kids with high grades and many extracurricular activities," said Melanie Landsman, a Churchill junior. "There is not only competition within classes, but it also exists within other activities. Even though there is so much competition, it only drives me more to succeed and try new things to keep up with my classmates."



**Stephanie Weinstein**

While students preparing for college are self-motivated and driven to succeed, parents also provide pressure to succeed, Melanie said. "My parents know how competitive Churchill is, so they pressure me to do as much as I can and get the best grades possible so I can get into a great college."

While the search may be over for seniors who have already received the telltale thick envelope in the mail, the college where they will pull their first all-nighter or explore the latest dining hall creation is a tough choice to make. But for a few lucky seniors, the choice was easy.

For Molly Kiniry, a rising freshman at Boston University, the decision was clear. "I chose Boston University because they have literally everything I want. It is a huge school, but I'm not daunted by that. I'm looking forward to studying and living in Boston."



Photos by Danielle Collins

**Alex Zohore and Molly Kiniry**

Some still remain undecided in the process. Monica Cho, a Churchill senior is still deciding between Cornell, Columbia, University of Pennsylvania, University of Maryland, and University of Southern California. "Among students, everyone at Churchill is high achieving with great grades, but what sets people apart are activities, essays, and recommendations," Cho said. "What set me apart was my personal statement about writing a persuasive speech about video games."

As for the competition at Churchill, Monica said that "people view us as very competitive, but in the college admissions process, we form a great support network. People were celebrating on Facebook and it really brings the seniors together."

*Danielle Collins is a junior at Winston Churchill High School in Potomac, and will be contributing regular columns to the Potomac Almanac.*



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# Churchill Soft-Tosser Excels in First Start

**Sophomore Spring doesn't throw hard, but throws six shutout innings.**

BY JON ROETMAN  
THE ALMANAC

**W**ith a frustrating day at the plate nearing an end for Richard Montgomery, a Rocket batter, facing a 2-2 count, swung, missed and cracked a sarcastic smile. He shook his head and returned to the dugout, grumbling about the pitcher's lack of velocity.

The soft-tosser responsible for the Rockets' misery was Churchill left-hander Kelby Spring. Listed at 5 feet 9, 135 pounds, the sophomore is hardly an imposing figure. His upper-60s fastball appears unlikely to break a thin plate of glass. But on April 22, Spring, making his first varsity start, might as well have been throwing 95 mph.

Spring allowed three hits over six shutout innings

**“[The Rockets] even said ‘It’s slow! It’s slow! We’ve got to adjust!’ Still, I kept [calling] the same stuff the whole game and they couldn’t wait on it. They were on the front foot.”**

**— Churchill catcher Ian Shemer on pitcher Kelby Spring’s performance**

as Churchill defeated Richard Montgomery 5-0 at CHS. Spring did not allow a hit until the fifth inning, struck out one and did not walk a batter. He ran into trouble in the sixth inning, when a pair of singles gave the Rockets runners on first and second with one out. But Spring got out of the jam by inducing a 6-4-3 double-play grounder.

While Spring doesn't throw very hard, his combination of slow (fastball) and slower (change-up) kept the Rockets off balance.

“Kelby pitched great — absolutely phenomenal,” sophomore catcher Ian Shemer said. “He hit his spots; put it where I wanted him to. [The Rockets] even said ‘It’s slow! It’s slow! We’ve got to adjust!’ Still, I kept [calling] the same stuff the whole game and they couldn’t wait on it. They were on the front foot.”

Junior right-hander Russell Rentfro pitched a scoreless seventh in relief and also did not walk a batter. Because the Churchill staff had struggled with walks early in the season, head coach Scott Blackwood offered to run a triangle — home plate to foul pole to foul pole and back to home plate — if the Bulldogs completed a game



PHOTO BY HARVEY LEVINE/THE ALMANAC

**Churchill sophomore Kelby Spring threw six shutout innings against Richard Montgomery on April 22.**

SEE SOPHOMORE, PAGE 15

## Bullis Boys Lacrosse Improves to 13-3

**Bulldogs lose to Episcopal, respond with win over Heights.**

BY JON ROETMAN  
THE ALMANAC

**W**ith the Bullis boys lacrosse team comfortably ahead late in the third quarter, Nick Fields continued to hustle. The freshman midfielder grabbed a ground ball in the right corner, worked his way in front of the goal and found the back of the net while falling to the turf.

Fields' goal gave Bullis a 15-0 lead as the Bulldogs cruised to a 16-1 win over Heights on April 26 at Bullis.

“I was just lucky to be in the right spot to pick it up and finish it,” Fields said. “I was going for the jump shot. It worked.”

The victory improved Bullis' record to 13-3 and came three days after the Bulldogs dropped a home game to Episcopal, 8-7.

“Our focus was to come out ready to play,” first-year Bullis head coach Bobby Pollicino said, “and not to sit back and wait to see what happened.”

The Bulldogs built an 11-0 halftime lead. How is that for a response, coach?

“I prefer not to have to respond to a loss,” Pollicino said, “but all things considered, yes, I think we bounced back the way we needed to.”

Kylor Bellistri led Bullis with four goals. Cory



PHOTO BY HARVEY LEVINE/THE ALMANAC

**Robert Fleming (25) is one of Bullis' top offensive threats.**

Garfinkel finished with three goals, Robert Fleming and Fields each scored two and Will Abbott, Jeff Kimm, Lincoln Leahy, Scott Crow and Danny

SEE LACROSSE, PAGE 15

**Five questions with Churchill junior infielder Russell Rentfro**

**5Qs**



**Q: What location is the farthest from the Washington D.C. metro area that you've traveled?**

A: The Netherlands — the summer going into freshman year. I played baseball there. It was [for] a People to People organization.

**Q: Who is your favorite pro baseball team? Player?**

A: I'm a fan of the St. Louis Cardinals and Albert Pujols, as many people are. My grandfather's from St. Louis and my dad's always been a fan, so just keeping the tradition going.

**Q: Who is your favorite music artist?**

A: I'm going to go old school: I'm going to go Journey. Ever since I was 5 whenever we would travel my dad would

have the CD and we would play it. It's been in my brain for 12 years.

**Q: What's the best part about playing in this team?**

A: We know this team's special and we can do great things if we all play as a team. I'm just glad I can be a part of it.

**Q: What's your favorite movie?**

A: “Remember the Titans.” I'm a big history guy and racially everyone came together. ... I think it's just a great story in general.

— JON ROETMAN

# SPORTS



COURTESY PHOTO

The Whitman boys crew team competes in Baltimore.

## SPORTS BRIEFS

### Potomac's Mason Faces Challenge

Potomac native Marcus Mason's path to playing time with the San Diego Chargers just got a little bumpier.

The former Washington Redskins running back, who grew up in Potomac's Scotland neighborhood off Seven Locks Road, was claimed off waivers by San Diego on March 8. The Chargers' depleted pool of ball carriers signaled Mason's best chance for on-field action as he enters his fourth season in the NFL. But San Diego acquired another running back in the NFL Draft on April 22, trading up in the first round to select Fresno State's Ryan Mathews.

The Chargers swapped first-round picks with the Miami Dolphins, moving from the No. 28 selection to No. 12 in order to draft Mathews. The move cost San Diego a second-round pick (40), a fourth-round selection (126) and linebacker Tim Dobbins. The Chargers also received a sixth-round pick (173) from the Dolphins.

Mathews' ability — he led the NCAA in rushing average in 2009 and is considered an every down back — and the cost of acquiring him provide San Diego plenty of incentive to put him on the field. Before the draft, 5-foot-6, 185-pound Darren Sproles, an athlete yet to prove himself in a full-time role, and Curtis Brinkley, a player with no career carries, were the Chargers' other running backs. Mason said he expected San Diego to draft a running back. After the draft, he remained confident in his chances for playing time.

"They had to. When I was claimed, they told me they were gonna draft a back. It was expected," Mason said in a text message on April 26. "It's the NFL. I can only do what I do best and that's run the ball. This is going on year four for me. Worrying about what's next has been the only thing that's held me back from being great. It is what it is."

"They made a great move. He's a great back. But all the backs are here for a reason and that's because we can all play. I thought it was a great move for the organization."

Mason, who had brief stops with the New York Jets and Baltimore Ravens, received his first regular-season carries as a Redskin in 2009, finishing with 32 attempts for 127 yards. He also caught six passes for 58 yards.

The 25-year-old played high school ball at

Georgetown Prep in Bethesda. He later attended the University of Illinois before transferring and finding success at Youngstown State University.

— JON ROETMAN

### Whitman Crew Places High

The Whitman crew teams competed in the Maryland state championships on April 24, with the boys first varsity eight taking second place and the girls taking third. The girls second varsity took second and the freshman team finished first. The boys second varsity finished second and the freshmen were fourth.

Whitman girls coach Kirk Shipley said the teams, which are junior dominated, are training with their focus on the Washington Metropolitan Interscholastic Rowing Association championships on May 8 on the Anacostia River, and the Stotesbury Cup, May 14-15 in Philadelphia.

"We're looking forward to a strong WMIRA [performance]," Shipley said.

The girls team is led by junior Katie McGowan and senior Caroline Lippold.

McGowan is "not somebody that you would look at and say, 'That's a good rower,'" Shipley said. "She's very fit, but she's short. She strokes the boat. Any success we have is related to her ability to do that. ... [Lippold] has a really good work ethic and is a strong kid for her size. She puts her nose to the grindstone and people follow her."

The boys team is led by junior Jake Ross and senior Ben Hughes. Ross is "the biggest kid on the team and has a good work ethic and a good attitude," Shipley said. Hughes is being "recruited by Harvard. He's a real good, solid leader."

### Wootton Baseball Remains Undefeated

The Wootton baseball team improved its record to 12-0 with an 8-1 win over Churchill on April 24.

Mark Brown picked up the win, allowing one run on four hits in six innings. Pete Spriopoulos, Coki Cruz, Alex Kelly and James Wallerstedt each had two hits for Wootton. Wallerstedt hit a home run.

The Patriots travel to face Bethesda-Chevy Chase at 3:30 p.m. April 28.

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## Normal? What's Normal?



By KENNETH B. LOURIE

The good old days. Which means, any-time before Feb. 27, 2009; a date that will, to plagiarize FDR, "live in infamy," the date that I was officially – and somewhat surprisingly, given that I was a lifelong non-smoker – diagnosed with stage IV lung cancer. (I'm still trying to figure out what happened to stages 1-3.) And just as the attack on Pearl Harbor on Dec. 7, 1941, was a surprise, so too was the news that I had been diagnosed with a terminal disease. Fortunately no one else died or was wounded that day because of the news we received, but Team Lourie (me; my wife, Dina and my brother, Richard) felt similarly attacked and devastated. And with my inclusion in this less than exclusive cancer club, Team Lourie, especially yours truly, Kenneth Lourie, was likewise at war.

Diagnosis to date, I have fought many battles, fortunately without too many casualties (unless you consider loss of hair, and/or loss of weight a casualty: I consider them collateral damage and nothing more than the figurative cost of waging this cancer war's business). A year or so into this quagmire, I've maintained my health, generally speaking. My scan results show the tumors are "essentially stable" (my new favorite word), enough so that my oncologist characterized my most recent results as "Highly unusual," (see column titled, "Between a Rock and a Hard Place; 4/21/2010), so life goes on, thank God! But normal it will never be again, and that's the point/conundrum being discussed in this column.

With all that happens to cancer patients, emotionally and physically; with all the side effects, symptoms and deficits that become standard-attempting-to-operate-procedure, all you ever want is normal, a return to the way it used to be, the day when your health/diagnosis didn't dominate the activities of your daily living. But alas, "normal," like "jolly," (see column titled "Tis The Season ...") no longer exists in word or deed. These words are gone indeed, but not forgotten. Ergo the dilemma.

You want what you can't have and need what you can't control. You want tomorrow to be easier than today and for the day after tomorrow to be even easier. You want whatever is bothering you today (this week, this month; it changes) to end so you can return to "normal" (pre-cancer). In my experience, what happens tomorrow may indeed be the finish of what's been happening today (nausea, vomiting, diarrhea, muscle weakness, respiratory issues, headaches, bloody nose, bone pain, fatigue, depression, etc; in some combination or not), but inevitably, it likely will be the beginning of something else that's not normal (attributable to the cancer as the underlying problem and/or the treatment). It seems to be a series of ongoing and chronic-type problems that persist for awhile (it all varies and is predictably unpredictable and unique to each patient) and then it's over, replaced by some other similarly annoying unhealthful nuisance or some combination thereof.

This is life in the cancer lane, for me, anyway; slow and steady, more pain than pleasure, with enough hope to endure even the most arduous task/treatment. I don't mind, really. It beats the alternative.

*Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.*

# Sophomore Throws Six Shutout Innings

FROM PAGE 12

without walking a batter.

Blackwood was huffin' and puffin' after keeping his word and needed a time to catch his breath. Moments later, he praised Spring's performance.

"He can hit his spots," Blackwood said. "It doesn't matter how hard you throw, if you throw it right down the middle you're going to get hit. He's able to move it in and out. It gets the guys off balance; [they] don't know where to expect it."

Blackwood said Spring could make a few more starts down the stretch but will work primarily out of the bullpen.

"I said, 'Hey, here's your shot. Let's see what you've got,'" Blackwood said. "He did wonderful. If we need somebody to come in and throw strikes, he's that guy we can go to and not worry about what's going to happen."

Spring, who struck out one batter, said he relies on his defense. Churchill did not commit an error against Richard Montgomery.

"I was a little nervous but I knew I prepared well and I could do it," Spring said. "I always try to work quick and keep guys off base. I don't go for strikeouts. I just let them get the ball in play. We have a good defense behind me. They'll get it done."

Rentfro allowed a leadoff single in the seventh but struck out the next two batters before ending the game with a flyout to center.

"I know my defense has my back," he said, "and all I've got to do is throw strikes."

Churchill took a 1-0 lead in the second inning on an RBI single by Rentfro. The Bulldogs piled on in the fifth, scoring four runs on five hits. Seiya Eguchi had an RBI double and Harris Fanaroff and Eric Skrzyniarz each had an RBI single.

"They finally became more aggressive," Blackwood said of the offensive outburst in the fifth inning. "They weren't taking a lot of pitches and weren't letting [the Rockets pitcher] get deep in counts [when you've] got to hit his pitch instead of hitting your pitch. We started hitting our pitches."

Churchill, which improved to 5-2 with the win, travels to face Springbrook on April 29.



PHOTO BY HARVEY LEVINE/THE ALMANAC

**Churchill first baseman Harris Fanaroff stretches for a throw against Richard Montgomery on April 22.**

## Montgomery on Pilgrimage Tour

As part of the 73<sup>rd</sup> Maryland House & Garden Pilgrimage, a tour of Montgomery County will be held on Sunday, May 2. The tour features two properties that highlight the African-American history of Montgomery County — Josiah Henson Site (formerly known as "Uncle Tom's Cabin") and the Scotland A.M.E. Zion Church.

Proceeds from the Montgomery County tour will go to the Centennial Project of the Scotland A.M.E. Zion Church which seeks to restore the original part of the church and maintain the entire site as an historic landmark, listed on the Maryland Registry of Historic Sites. Construction of the current building began in 1914 and the congregation has existed for nearly 105 years.

For more information, tour details and tickets, visit [www.mhgp.org](http://www.mhgp.org) or call 410-821-6933, or send email to [mhgp@aol.com](mailto:mhgp@aol.com).

## Lacrosse

FROM PAGE 12

Dickstein each had one.

Pollicino said Garfinkel, Bellistri and Fleming have been standout attackmen, while Archer Knopes, John Kelly and goalkeeper Ryan

McMahon have been solid on defense.

Bullis travels to face Landon on April 30 and hosts St. Albans on May 4. The IAC tournament begins May 8.

"We've just got to keep doing the things we're doing," Dickstein said. "If we work hard, we don't really care about anyone else. It's pretty much just us — 25 guys just believing in ourselves."

### Trunk Show at Bloomingdale's

**Potomac native Alexandra Samit became the youngest designer to hold a trunk show at Bloomingdale's White Flint Mall. Here she shows her line of jewelry, Alexandra Beth Designs.**

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