

PHOTO BY MIKE DICICCO/THE CONNECTION

OPINION, PAGE 6 ♦ CALENDAR, PAGE 8 ♦ SPORTS, PAGE 12 ♦ CLASSIFIEDS, PAGE 13

# Fine Arts Festival Takes Flight

NEWS, PAGE 3

Bailey Kim, 9, of Reston and her cousin Sean Dresdner, 4, of Herndon sport the paper bag hats they made in the Children's Art Tent at the Northern Virginia Fine Arts Festival, which was sponsored by the Greater Reston Arts Center (GRACE) and took over Reston Town Center last weekend.

## Reston Hospital Bids Farewell To Bill Adams

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## Running For Life

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# Did You Lose Your Boat?

## Abandoned Boats

**Reston Association is currently looking for the owners of the following boats found on Reston lakes:**

**Lake Thoreau:**

- Yellow, "Sawyer" canoe
- Yellow, "Snark" sailboat
- Red, "Sears" canoe

**Lake Anne:**

- Red "Coleman" canoe

The following boat is available to be given away by a raffle. Please note: only Reston residents are eligible for the drawing.

A two-seater pontoon, gray "Sun Dolphin" with an electric motor and paddle.

**Names will be drawn during the second week of June.**

For Reston residents only.

To enter your name or to claim your boat, please call Brian Petty at Reston Association 703-435-6535.





PHOTOS BY MIKE DICICCO/THE CONNECTION

Reston artist Ann Barbieri poses in front of some of her mixed-media works.

## Fine Arts Festival Takes Flight

Throngs of visitors and 220 artists, including 'aerialists,' descend on Reston Town Center.

BY MIKE DICICCO  
THE CONNECTION

Reston painter Connie Slack recalled having to beg artists to participate in the first annual art festival staged by the Greater Reston Arts Center (GRACE). She had been co-chair for the event. About 35 artists had participated in the one-day show, but with very little preparation or advertising the event had drawn about 5,000 people, she said. "And it grew from there."

On Saturday and Sunday, May 15 and 16, about 220 artists from across the country set up booths in the streets of central Reston Town Center for GRACE's SEE ARTS CELEBRATED, PAGE 15



Alex Walker of Reston and her first-grade student Tejas Ashtaputre of Ashburn make their contribution to a community mural being created at the art festival.



Reston residents Jamieson Banton, 2, and her sister Maya work on mosaics in the Children's Art Tent.

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Dr. Kathy Dillon of the Dental Arts Center with Dogwood Elementary School student.

## Donating a Smile

Dental Arts Center of Reston gives dental care to underprivileged children.

On May 7, the Dental Arts Center of Reston provided 33 children from local low-income families with free dental education and more than \$30,000 in services ranging from comprehensive examinations and cleanings to fillings and crowns as part of national Give Kids A Smile day.

Teaming with Dogwood Elementary School, Reston Interfaith and Medical Care for Children Partnership Foundation to identify children in need of dental care, six Dental Arts Center

doctors, seven hygienists and their staff donated their time to spend this day in the service of those less fortunate.

"It's devastating to see a child's smile destroyed by severe tooth decay, especially realizing that decay can lead to other more serious medical conditions," said Scott Synnott, D.D.S., of the Dental Arts Center. "Our doctors were gratified to help these children from our immediate community in getting the dental care and education they so desperately need."



Dr. Robert Averno of the Dental Arts Center teaches Dogwood Elementary School student about proper dental care.

## WEEK IN RESTON

### Race, Run/Walk for a Cause

The Spinal Research Foundation is hosting the third annual We've Got Your Back 5k race, 1 mile fun run/walk and Spinal Health Fair on Saturday, May 22 during National Osteoporosis Awareness Month. Ethan Albright, Reed Doughty, Chris Samules and James Thrash of the Washington Redskins will serve as honorary chairs. In addition, the Washington Redskins Cheerleaders will make a special appearance at this year's event. Proceeds from the event will directly support programs of research and education to improve spinal health care for all Americans. The Spinal Health Fair is a fun filled community event open to all ages and will be held from 8 a.m. to 12 noon. Attendees are encouraged to bring their children to the Kids Corner for special activities including interactive play areas, color and learn stations and a moonbounce. The event will take place at 1831 Wiehle Ave., Reston. To register for the race/walk or get more information, visit the race website at [www.spinerf.org/race/reston](http://www.spinerf.org/race/reston) or email [race@spinerf.org](mailto:race@spinerf.org).

### Sen. Howell to Speak to Reston-Herndon AAUW

The Reston-Herndon Branch of AAUW will host a meeting on Thursday, May 20, at 7 p.m., at the meeting room of the Reston Regional Library, 11925 Bowman Towne Drive. The featured speaker will be State Sen. Janet Howell (D-32) who will outline the highs and the lows of the 2010 Virginia Legislative Assembly session and how they affect our area. All interested are invited to attend. Use the side entrance, as the library will be closed at this time. Membership in AAUW is open to anyone who has completed a two-year program or more from an accredited college or university. For more information, call 703-759-5543.

### Two Stores Fail Alcohol Compliance Check

On Friday, May 14, officers of the Reston District Station conducted business compliance checks at several locations in the Reston and Herndon areas of Fairfax County. This sting is part of the ongoing youth alcohol/business compliance enforcement campaign in which a Fairfax County Police cadet, dressed in plain clothes, attempts to purchase alcohol from various locations.

Fourteen locations were entered with two arrests made for illegal sale of alcohol to a minor. Locations that did illegally sell alcoholic beverages: 7-Eleven at 11846 Sunrise Valley Drive and Rite Aid at 2260A Hunter Woods Plaza in Reston.

### Bike to Work on Friday

Hundreds of bicycle commuters will celebrate the annual Bike to Work Day on Friday, May 21, at Reston Town Center Pavilion. Cyclists will gather from 6:30-9:30 a.m. for a free breakfast, raffles of bike-related prizes and bicycling information handouts. Supervisor Catherine Hudgins (D-Hunter Mill) will be there at 8 a.m. to greet riders. Participants can also try out new bike routing software, and pre-registered riders will receive a free T-shirt.

Winners of the Employer Challenge, a contest that recognizes the most bike-friendly business based on nominations from participants, will receive a free catered lunch from Whole Foods Market. Last year about 400 people attended the Reston event.

Reston Bike to Work Day is organized by the Reston Town Center Association, Reston Association, Reston Bike Club, Friends of the W&OD Trail, The Bike Lane and Fairfax Advocates for Better Bicycling with the help of many local sponsors.

To register, visit <http://www.waba.org/events/btwd/> and select the Reston pit stop. Space is limited, so register to attend by calling 703-478-0283 (Hunter Mill District) or 703-560-6946 (Providence District). Those needing an accommodation to attend this event should notify the office when they register.

### Correction

In the May 5 story, "Party Like It's 1949," the Connection incorrectly identified the swing dance group at the Senior Senior Prom in Herndon. The group, based in Ashburn, is called Gotta Swing.

## NEWS

# Reston Hospital Bids Farewell to Bill Adams

## Challenges await incoming CEO as new hospital approved for Loudoun.

BY DANA BIEBER  
THE CONNECTION

It'd be a lie to say the man who led the successful efforts to double the size of HCA's Reston Hospital Center goes around singing, "Build Your House On The Rock."

No. "All Shook Up" might be closer to the truth.

President and CEO Bill Adams of Reston Hospital, an avid karaoke singer, prefers tunes by Elvis Presley and Patsy Kline, his colleagues and employees secretly admitted Monday night, May 17, as they celebrated his upcoming retirement at the Hyatt Regency in Reston.

That's not to say Adams, who will step down at the end of the month, hasn't made Reston Hospital rock-solid. In the 12 years that he has been there, Adams started and completed a \$100 million expansion project that included doubling the size of the emergency room, adding 60 certified hospital beds, a parking garage, surgery center and medical office building, among other features.

Additionally, Adams also reshaped the hospital clinically by adding and enhancing tertiary services, such as recruiting one of the United States' leading thoracic surgeons, and establishing clinical partnerships with facilities throughout the metro Washington area, said Margaret Lewis, president of HCA's Capital Division and senior executive of HCA Virginia.

"Twelve years ago, Reston was a sleepy little hospital, pulled by a horse-drawn wagon," said Phil Tobey, vice chair of Reston Hospital's board of trustees, at the retirement party. "Today, we have Bill to thank for helping to turn it into a tertiary center."

Lewis and Tobey were two of more than a dozen community officials who spoke on behalf of Adams contributions and to honor him for his role at Reston Hospital and 36 years with HCA.



PHOTOS BY DANA BIEBER/THE CONNECTION

**President and CEO Bill Adams of Reston Hospital Center and his wife, Kathy Adams, applaud to a comment made by Del. Tom Rust (R-86), not pictured, at Adams' retirement party Monday evening at the Hyatt Regency in Reston.**



**Bill Adams holds a Fairfax County proclamation with Supervisor Cathy Hudgins (D-Hunter Mill) at his retirement party Monday evening. The proclamation acknowledges that Adams is retiring, although Hudgins joked during her presentation that it was an ordinance to prevent Adams from retiring.**

### By the Numbers

- 1986:** Year Reston Hospital Center opened
- 187:** Number of certified beds in the hospital
- 2001:** Year in which the hospital started to expand
- 690:** Estimated number of primary care and specialty physicians with hospital privileges.
- 1,200:** Number of part- and full-time employees
- 180:** Number of volunteers who work at the hospital in a week

**SUPERVISOR** Cathy Hudgins (D-Hunter Mill) gave Adams a proclamation certificate acknowledging his retirement, although she joked during her speech that the certificate was an ordinance to prevent Adams from retiring. State Delegates Tom Rust (R-86) and Ken Plum (D-36) presented Adams with a commendation for making Reston Hospital a central part of the community.

Mark Ingrao, president of the Greater Reston Chamber of Com-

merce, gave Adams a framed picture of Reston, stating that when Adams left the chamber as a president in 2006, he's been trying ever since to undo a number of rules Adams had instituted, such as requiring a karaoke night once a month and that Elvis Presley songs be played in the chamber's lobby.

Although proud of the hospital, Adams credits his employees and management team for all the hard

SEE MCMANUS, PAGE 10

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PHOTOS BY MIKE DICICCO/THE CONNECTION

Debra Steppel and her daughter Madeleine, 7, get ready to have their hair cut off for Locks of Love, in preparation for the Reston Relay for Life.

Debra and Madeleine Steppel pose for an 'after' picture, having each had a foot of their hair cut off to be used to make wigs for patients undergoing chemotherapy.

## Running for Life

This weekend's event will afford visitors many opportunities for donation, entertainment.

BY MIKE DICICCO  
THE CONNECTION

Reston resident Madeleine Steppel, 7, recalled that her older cousin had lost her hair "a long time ago," but it had eventually grown back. Now, she said, it was her turn to help children who were without hair. "I want to do this for the rest of my life," Madeleine said. "I want to help children who have cancer."

Her mother, Debra, said she had learned about Locks of Love, which makes wigs for cancer patients from donated hair, after Madeleine's cousin had been diagnosed with leukemia as a child more than six years ago. Now, after letting their hair grow for four years, she and her daughter were getting sheared in as a lead-up to the Reston Relay for Life, scheduled for this Saturday and Sunday, May 22 and 23 at South Lakes High School. "She's been planning on this for more than half her life," she said of her daughter, adding that Madeleine planned to begin growing hair for her next donation immediately.

Stoppel has been participating in the relay since 2002, when she and her husband decided a neighborhood team would be a way to foster a sense of community in their neighborhood of Carriage Gate. Since then, she has become a breast cancer survivor herself, and she said many of her friends and family members had been affected by cancer. She said starting the team was "a way to bring the neighborhood together for a great cause."

**"I've lost far too many friends and family to cancer."**

— Kristina Baumler, relay co-chair

**TIME MAY BE RUNNING OUT** to start a team for this year's event, but Reston relay co-chair Lisa Nicholls, an Oak Hill resident, said planners were always looking for

volunteers to help with the event. And, she said, "A lot of the teams do fund-raising onsite." This means visitors can help the cause by showing up and partaking of silent auctions, bake sales, a moon bounce, games, a massage tent, refreshments, souvenir stands, face painting and other offerings. "There's all kinds of stuff you can buy," Nicholls said.

Other entertainment will include DJs, bands and a late-night lip sync contest. The event begins with an opening ceremony at 1 p.m. on Saturday and ends at 8:30 a.m. Sunday, with relay partici-

SEE RESTON, OAK HILL, PAGE 11



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# OPINION

## For the Cure

Awareness, money raised by Komen for the Cure, benefit many in our region.

Last year at this time, I was still in the midst of chemotherapy for breast cancer, reacting to my first year participating as a “survivor” in the Komen Race for the Cure. This year, sporting my own hair again and cancer-free, I find many more reasons to walk the walk.

First, the money raised by Komen has a robust local impact, outreach to underserved women in our region who need help with awareness, screening, treatment and more. Recently announced grant recipients that help poor women with screening and treatment including Arlington Free Clinic, Alexandria Neighborhood Health Services. Some Fairfax County recipients serve immigrant communities like the Korean Community Service Center, the Ethiopian Community Development Council, the Somali Family Care Network. Others, like the Breast Cancer Network of Strength in Herndon, provide support for women in the aftermath of diagnosis and treatment. The American Association on Health and Disability in Rockville reaches women with disabilities who often fall through the cracks of early detection.

Second, in the last year, the U.S. Preventive Services Task Force announced controversial and confusing new guidelines for screening for breast cancer that could give women one more reason to put off self-exams, mammograms and visits to the doctor. At 40, you still need to talk

### Get Involved

More than 50,000 people are expected on the National Mall on Saturday, June 5, 2010 for the Susan G. Komen Global Race for the Cure. Register at [www.globalracefortheCure.org](http://www.globalracefortheCure.org)

to your doctor about when to begin mammogram screening and how often, even if you have no history of breast cancer in your family. Be sure you’re talking to a health care professional with expertise in breast health. And if you find a lump or anything suspicious in your own breast, don’t delay visiting the doctor.

It takes more than money to ensure that women are in the best possible position to discover any breast cancer early on — it takes the kind of awareness that comes with 50,000 people coming together to walk on a Saturday morning, it takes education, it takes

### EDITORIALS

## Father’s Day Photos

Every year at this time, the Connection puts out the call for photographs of fathers and their children, grandfathers and their children and grand children.

Father’s Day is Sunday, June 20, and once again the Connection will publish a gallery of Father’s Day photos.

Send in photos as soon as possible, including names of everyone in the picture, the date

energy, time and effort.

I encourage you to join the Race for the Cure; there is still time to register and take part in the 5K itself. There are many ways to participate, including walking, running, and even “Sleeping in for the Cure” (you still get a T-shirt).

But most of all, I urge the women reading this to be sure that they are taking care of themselves, for everyone reading this to advocate for the women in their lives.

Early detection — along with a healthy lifestyle — is the key.

Breast cancer is detected early by self-exams, by doctor exams and by mammograms. Be sure you show up for all of the above on your own behalf.

— MARY KIMM,

[MKIMM@CONNECTIONNEWSPAPERS.COM](mailto:MKIMM@CONNECTIONNEWSPAPERS.COM)

the picture was taken, the ages of the children and sentence or two about what is happening and where the photograph was taken. Be sure to include your town name and neighborhood.

Email photos to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com), or mail a disk or prints to Reston Connection, Father’s Day Photo Gallery, 1606 King Street, Alexandria, VA 22314.

## Reforming and Restructuring Virginia Government

BY KENNETH R. “KEN” PLUM  
STATE DELEGATE (D-36)



### COMMENTARY

winning use of technology. The Commonwealth received “best managed” recognition several times. There are several ways that Gov. McDonnell can build on this previous success, save taxpayers some money and maintain the best managed state designation.

Gov. McDonnell can build on this previous success, save taxpayers some money and maintain the best managed state designation.

First, he can rein in the Attorney General. In his first several months in office, Attorney General Cuccinelli (R) has embarked on questionable lawsuits that could easily cost taxpayers more than a million dollars. Suing the federal government over the health care reform bill may get headlines but does nothing for Virginians without health care. His recent fishing expedition against a former University of Virginia climatologist is pointless. If criminal activity is the

point of his action, the information upon which he is acting should be turned over to a Commonwealth Attorney for prosecution. If anti-climate change ideology is the point of his effort as suspected by most, he needs to step back from attacking a university and its research efforts.

Public schools are the big ticket cost item in the state budget. Recent research has shown conclusively that the way to save money in education is to invest in preschool programs. A dollar spent on programs for 3- and 4-year-olds will return \$7 to \$10 in savings by reducing the need for remedial programs, repeating of grades and lack of job skills. Wise investments do save money in the long run.

The Governor’s Prisoner and Juvenile Offender Re-entry Council should come up with recommendations to stop the revolving door of the Corrections system

that has almost a third of Virginia’s prisoners return to prison within three years. Virginia has one of the costliest criminal justice systems in the country without any lower crime rate than most other states that spend less. The Governor and the legislature will need the backbone and political will to enact reforms in this area.

The Governor should push his independent redistricting plan like the one I have advocated for years as a way to save money on lawsuits contesting partisan redistricting plans and as a way to reform government by having voters pick the legislators rather than legislators picking their constituents.

I will return to this topic of government reform in the future. In the meantime I would be pleased to learn of your suggestions for reforming state government and saving tax dollars: [kenplum@aol.com](mailto:kenplum@aol.com).

Gov. Bob McDonnell (R) is to be commended for appointing a Commission on Government Reform and Restructuring to “make government simpler and easier to use, more efficient and more effective.” The 30-person commission made up of businesspersons and legislators has an ambitious schedule of completing its initial report in two months on July 16. The final report deadline of Dec. 1 suggests that there will not be a special legislative session to deal with the recommendations this fall.

All recent governors have made efforts to modernize and streamline state government. Under governors Warner and Kaine real progress was made in modernizing state government with award-

### BULLETIN BOARD

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#### THURSDAY/MAY 20

**Reston-Herndon AAUW May Branch Meeting.** 7 p.m. at the Reston Regional Library Meeting

Room, 11925 Bowman Towne Drive, Reston. Branch Member and State Senator Janet Howell with an update on the 2010 Virginia Legislative Session. [mpsampson@aol.com](mailto:mpsampson@aol.com).

#### FRIDAY/MAY 21

**Reston Bike to Work Day 2010.** 6:30–9:30 a.m. at Reston Town

Center Pavilion. Gather for a free breakfast, raffles of bike-related prizes and bicycling information handouts. Hunter Mill Supervisor Catherine Hudgins will be there at 8 a.m. to greet riders. Participants can also try out new bike routing software, and pre-registered riders will receive a free T-shirt. [www.waba.org/events](http://www.waba.org/events).

#### SATURDAY/MAY 22

**Presentation on Rail to Reston.** 1:30 p.m. Reston Museum, 1639 Washington Plaza, Reston. With Patty Nicoson, chair of DCRA, followed by a walk. 703-709-7700 or

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## THE CONNECTION

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# OPINION

## How Much Is Enough?

BY JACK KENNY  
PAST PRESIDENT, REPUBLICAN  
CLUB OF GREATER RESTON

Reviewing the recent actions of the Fairfax County Board of Supervisors at just one meeting brought to light an interesting statistic. If one totals up the proposals for residential development of Reston, it appears that Reston population will grow about 5 percent. Our 60,000 residents will become 63,000 soon if all of the proposals are approved. Five percent might not seem like much. We can all say a mere 3,000 more residents will be a drop on the bucket. Our infrastructure should easily be able to accommodate that population increase.

Hold on. Those are the actions coming out of just one meeting. How many more Board meetings are on the calendar and how many more proposals for additional high-rise residential units are waiting for approval action? It is not inconceivable that mere 5 percent could grow to 25 percent in a very short time. Now we start to talk real numbers. Can Reston's infra-

structure support a 25 percent increase? What would Reston be like with a population of 75,000? The disgraceful part of the equation is that in order to qualify for federal funding, the projected ridership has to meet certain criteria; i.e., a population

base that will provide the revenue to make Rail to Dulles a reasonably viable operation. A certain amount of operating deficiency is calculated in to the equation. In this case, the last published figure was something like \$192 million per year. Yes, Rail to Dulles will require an additional operating subsidy each year forever from guess who? Yep, the Toll Road users. We may get some help from Fairfax County.

But little, if anything from the state and the Washington Metropolitan Airports Authority has already shown their concern for our pocketbooks.

Not long ago, the Reston Association discussed a proposal to allow reduced homeowner fees for



### A DIFFERING POINT OF VIEW

new residential developments. Shifting the burden of support to the current membership. Several clever arguments were advanced to support that proposal. "Oh, they

will all have their own recreational facilities and will not be a burden on the current 60,000 residents" was the rationale. In the recent RA Board elections, how much did we hear from the candidates on their position on growth and its impact on the community?

Of course, the Fairfax Board slipped in another tax increase and authorized another \$19 million for affordable housing.

Has anyone asked how much affordable housing is needed in Fairfax County? We keep buying more affordable housing and the numbers of those needing affordable housing keep growing. Of course, the Board can keep redefining the term "needy." It's called building an attractive nuisance and justifying another bureaucracy.



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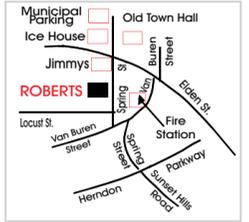
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## CALENDAR

Send announcements to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

### THURSDAY/MAY 20

**Herndon High School Guitar Boosters Raffle Drawing.** The Boosters are raffling off a Martin DXME Acoustic Electric Guitar and Gig Bag. Tickets are \$5 each or five for \$20. You do not need to be present to win. Proceeds benefit the Herndon Guitar Program. Purchase tickets at [www.herdonguitar.org](http://www.herdonguitar.org).

**Special Twos.** 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Storytime. Age 2 with adult. 703-689-2700.

### FRIDAY/MAY 21

**"Much Ado About Nothing."** 7:30 p.m. by Herndon High School Theatre Department at the HHS Auditorium, 700 Bennett St., Herndon. Shakespeare's comedy around obstacles to the union of two lovers, with a sub-plot about the "merry war" with a sub-plot about the "merry war"

of the sexes. \$10. [keh561@msn.com](mailto:keh561@msn.com) or 703-401-0428.

**Murphy Jensen Tennis Clinic.** 6 p.m. at Lake Newport Tennis Facility 11452 Baron Cameron Ave., Reston. Taught by the coach of the Washington Masters. \$50 Reston Association members, \$55 non-members. Adults. Registration required at [www.reston.org](http://www.reston.org).

### SATURDAY/MAY 22

**"Much Ado About Nothing."** 7:30 p.m. by Herndon High School Theatre Department at the HHS Auditorium, 700 Bennett St., Herndon. Shakespeare's comedy around obstacles to the union of two lovers, with a sub-plot about the "merry war" of the sexes. \$10. [keh561@msn.com](mailto:keh561@msn.com) or 703-401-0428.

**We've Got Your Back 5k Race & 1 mile Fun Run/Walk.** 8 a.m. at 1831 Wiehle Ave., Reston. \$20-\$30, age 12 and under free in the one mile fun run/walk. Free Spinal Health Fair and Kids Corner. Proceeds support research and education to improve spinal health care. [www.spinerf.org/race/reston](http://www.spinerf.org/race/reston)

**The Mikado.** 8 p.m. at Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. \$40-\$280. 703-938-2404 or [www.wolftrap.org](http://www.wolftrap.org).



**Beverly Cosham, accompanied here by Dingwell Fleary, performs 'Favorite Composers' on Saturday, May 22, at 7 p.m. at Reston Museum & Shop, 1639 Washington Plaza, Lake Anne Village Center, Reston.**

Foundation for the Performing Arts, 1645 Trap Road, Vienna. \$40-\$280. 703-938-2404 or [www.wolftrap.org](http://www.wolftrap.org).

# Metrorail Impact Debated

Learning from neighbors' experiences.

By EMILY POE  
THE CONNECTION

Reston community members and leaders met Saturday, May 15 to discuss options and concerns for the new Reston Metrorail project, which is part of the larger Dulles Corridor Metro Project.

Chief among many community members' interests in the new transit development plan is how local traffic patterns would be affected, especially in light of the planned Wiehle Metro station, which is set to open in 2013, with 2,000-plus spaces in a parking lot and station entrances on both sides of the Dulles Toll Road, according to the Dulles Metro website.

"We have to build the 2,700 spaces to start with but we don't necessarily need to ... build additional spaces," said Patricia Nicoson, president of the Dulles Corridor Rail Association.

Nicoson added that the Reston Task Force plans to develop a grid of streets and perhaps "super blocks," which are large blocks filled with a number of through streets, near Sunset Hills and Wiehle Avenue, to deal with the Wiehle station traffic.

While the Wiehle Station will be opened around 2013, The Reston Parkway and Herndon-Monroe Stations are set to open a bit later in 2016.

**THE MEETING**, which took place at South Lakes High School, was



**Bob Brosnan, chief of planning for Arlington County's Community Planning, Housing and Development, speaks at the meeting. Next to him is Patricia Nicoson, president of the Dulles Corridor Rail Association.**

entitled "A Tale of Two Counties and How a Connected Street Network Can Support a More Attractive and Walkable Reston." During the presentation, community members were presented transit development information from both Maryland and Arlington counties, in order to provide ideas and examples for Reston's upcoming Metro Stations.

"When we're doing this planning it's not just about that Metro corridor coming out of the Dulles Toll Road," said Bob Brosnan, chief of planning for Arlington County's Community Planning, Housing and Development. "It's about how everything's going to be connected in the community."

Along with Brosnan, keynote speakers at the Reston transit presentation were John Carter, chief of design Maryland-National Capital Park and Planning Commission and Ian Lockwood, a civil engineer and principal of design and planning at AECOM.

While Reston residents and workers expressed excitement at the transit opportunities that Metrorail would bring to the Reston area, some concerns were raised regarding the new transit plan.

Key concerns included the possible effects of Metrorail on pedestrian and biker traffic, as well as the monetary repercussions of the project and how it will affect things

**Sisters in Crime Chesapeake Chapter Workshop.** 1 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Author, editor and writing coach Chris Roerden presents a free writing workshop. 703-689-2700.

**Afternoon Program & Walk.** 1:30 p.m. Reston Museum & Shop, 1639 Washington Plaza, Lake Anne Village Center, Reston. Rail to Reston presentation by Patty Nicoson, chair of Dulles Corridor Rail Association, followed by a "Wiehle Station" walk. Free. [www.RestonMuseum.org](http://www.RestonMuseum.org).

**Singer Beverly Cosham.** 7 p.m. Reston Museum & Shop, 1639 Washington Plaza, Lake Anne Village Center, Reston. Cosham will perform "Favorite Composers". Free. [www.RestonMuseum.org](http://www.RestonMuseum.org).

**Classical Chamber Concert.** 2 p.m. at Washington Plaza Baptist Church, 1615 Washington Plaza, Lake Anne Center, Reston. Miron Yampolsky, cellist, performs Johann Sebastian Bach Suites for Unaccompanied Cello; Suite No. 4 in E-flat Major, BWV 1010 Suite No. 2 in D Minor, BWV 1008; and Suite No. 6 in D Major, BWV 1012. Free and open to the public. Bring a can of food to donate to

Reston Interfaith Food Pantry. [wpbevents.org](http://wpbevents.org).

**The Baby Boomer Show.** 7:30-10:30 p.m. at Café Montmartre, 1625 Washington Plaza North, Lake Anne, Reston. Live vocals and entertainment, music from the 1950s-1970s. Latin, ballroom, swing and disco dancing. 703-904-8080.

**Trail of Tails.** 10:30 a.m. at Walker Nature Education Center, 11450 Glade Drive, Reston. The many shapes and sizes of animal tails, and how animals use their tails. \$5 per child RA member, \$8 per child non-member. Ages 3-5. Reserve at 703-476-9689 ext. 6540 or [enviroed@reston.org](mailto:enviroed@reston.org).

### MONDAY/MAY 24

**ESL Beginners.** 11 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. ESL conversation group. Adults. 703-689-2700.

**Snakes.** 3 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Meet a snake, explore the world of reptiles, and find out which snakes can be dangerous. 703-689-2700.

### TUESDAY/MAY 25

**Women Artists and the Body:** A Moderated Dialogue. 7:30 p.m. at Greater Reston Arts Center, 12001 Market St. #103, Reston. With The Pink Line Project's Philippa Hughes. 703-471-9242 or [www.restonarts.org](http://www.restonarts.org).

**ESL Advanced.** 11 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Practice English in a group with a volunteer facilitator. 703-689-2700.

**Folk Club of Reston-Herndon 25th Jubilee.** 6 p.m. in the Back Room of the Tortilla Factory Mexican Restaurant, 648 Elden St., Herndon. 703-435-2402.

**Reston Sings.** 7:30 p.m. at the Reston Community Center, 2310 Colts Neck Road, Reston. A community sing-along of the Faure Requiem. \$10 participation fee, rental scores available. [www.restonchorale.org](http://www.restonchorale.org).

### WEDNESDAY/MAY 26

**Monkey Business Preschool Storytime.** 11 a.m. Herndon Fortnightly Library, 768 Center St., Herndon. Stories and activities about monkeys. Age 2-5 with adult. 703-437-8855.

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Month	Date	Band
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	14	Laura Lea & Tripp Fabulous
	21	Fools & Horses + Rise & Fall
	28	Crowded Streets + Mojo Nation
June	4	No Friday Night Live! (Herndon Festival)
	11	Drop Dead Sexy
	18	Dr. FU + Backseat Betties
	25	Kristen + The Noise
	25	Kristen + The Noise
July	2	Hyjinx + The Shields Brothers
	9	JunkFood + The Cheaters
	16	Love Seed Mama Jump
	23	The Reagan Years
August	30	Burnt Sienna
	6	Gonzo's Nose
	13	B2B (Jimmy Buffett Beach Band)
	27	The Benjamins Lost in Paris

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1319 Vintage Place ..... \$420,000 ... Sun 1-4 ... Mary Miceli ..... Long & Foster ..... 703-435-4900  
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2106 Sabrina Drive ..... \$574,900 ... Sun 1-4 ... Fran Rudd ..... ERA ..... 703-980-2572  
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## Great Falls

11109 Farm Rd ..... \$830,000 ... Sun 1-4 ... John Murray ..... Long & Foster ..... 703-608-4004  
 9417 Georgetown Pike ..... \$1,498,000 ... Sun 1-4 ... Ashton Vessali ..... Weichert ..... 703 760 8880

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10102 Tate Court ..... \$974,900 ... Sun 1-4 ... Cindy Harden ..... Jobin Realty ..... 703-615-2917

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7007 Roundtree ..... \$549,900 ... Sun 1-4 ... Pat Gallagher ..... Long & Foster ..... 571-241-6324  
 3302 Clearwood Ct ..... \$730,000 ... Sun 1-4 ... Debbie Miller ..... McEneaney ..... 703-241-0223

## Arlington (22207)

1743 N. Quincy St ..... \$560,000 ... Sun 1-4 ... Susan Shepard-Siple ..... Keller Williams ..... 703-598-5352  
 1908 N. Nelson St ..... \$749,900 ... Sun 1-4 ... Ron Cathell ..... Keller Williams ..... 703-975-2500  
 1809 N Randolph St N ..... \$749,900 ... Sat 1-4 ... Sharon Chamberlin ..... McEneaney ..... 703-533-0357  
 4105 Richmond Street North ..... \$765,000 ... Sun 1-4 ... Dick Nathan ..... Long and Foster ..... 703-284-9318  
 2929 North Sycamore ..... \$999,999 ... Sun 1-4 ... Jennifer Caterini ..... Coldwell Banker ..... 703-609-6258  
 4704 23rd Street North ..... \$1,149,900 ... Sun 1-4 ... Kevin Love ..... Re/Max ..... 703-807-1986  
 3005 N. Stuart Street ..... \$1,350,000 ... Sun 1-4 ... Dave Lloyd ..... Weichert ..... 703-593-3204  
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CONTRIBUTED

**Tim McManus takes over on June 1.**

# McManus to Replace Adams at Reston Hospital

FROM PAGE 4

work — the same team that his replacement, Tim McManus, will start working with June 1.

“You’re going to love Tim,” he said to his employees. “He’s very excited, very capable, and he will help the hospital to continue to thrive and grow.”

McManus, CEO of Garden Park Medical Center in Gulfport, Miss., will face the same challenges he

faced in Mississippi: growing the hospital with the community, competition for quality health-care providers and facing the unknowns of health-care reform, Adams said.

“None of us knows what’s going to happen with that,” Adams said in an interview Friday.

Perhaps one of the biggest challenges McManus faces is helping to build the Stone Spring Hospital in Loudoun County.

“Even though that’s a few years off, there are all sorts of challenges with trying to build an acute care hospital from the ground up,” Adams said. “We just got approvals from Loudoun County Board of Supervisors, but it’s probably five years off.”

**McMANUS** said he was looking forward to addressing those issues and others, such as helping area employers provide health awareness to their employees.

“Clearly, there is a strong relationship and tie among Reston Hospital’s employees, physicians, nurses and administration, which makes a world of difference to care at the end of the day,” he said. “I’m excited about coming into a place with such a great foundation. There are plenty of hospitals in the country that have gone through swings, up and downs, and changes in competitive health care.

“So coming into a hospital with such a strong quality medical staff and robust service lines, I think it’s perfectly positioned for incredible growth.”

Although sad to see Adams retire, his management team is excited for McManus to come as well.

“Thanks to Bill, we have a strategic plan. We have a roadmap set,” said Jane Raymond, chief operation officer of Reston Hospital. “We are set for the future, and Tim will give us another dimension to what we’re already doing.”

For most people, however, the big question is: Will McManus sing as well as Adams? No doubt, Adams will be missed either way.

“We’re excited, but we’re going to miss Bill,” said Cindy Glover, chief nursing officer.

She has worked with Adams since his duration at Reston Hospital. “He’s been so effective throughout his career.

His most famous line is, ‘Everything speaks,’ meaning if you see something that reflects poorly on the hospital, such as piece of trash, take care of it. ... He has been a great leader, and we wouldn’t be where we are today without him.”



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1142 ROUND PEBBLE LN	5	3	1		RESTON	\$1,025,000	Detached	0.54		RESTON
1559 REGATTA LN	4	4	1		RESTON	\$960,000	Detached	0.12		RESTON
11776 STRATFORD HSE PL#309	3	3	0		RESTON	\$900,000	Hi-Rise 9+ Floors			STRATFORD
1336 DASHER LN	5	3	1		RESTON	\$900,000	Detached	0.36		HUNT AT LAKE FAIRFAX
1915 LOGAN MANOR DR	3	4	1		RESTON	\$857,500	Townhouse	0.07		W MARKET/RESTON TOWN CTR
1561 TRAILS EDGE LN	5	3	1		RESTON	\$742,000	Detached	0.31		RESTON
1321 DEEP RUN LN	5	4	1		RESTON	\$725,000	Detached	0.36		RESTON
1389 PARK LAKE DR	6	3	1		RESTON	\$710,000	Detached	0.62		LAKE FAIRFAX PARK ESTATE
12006 AINTREE LN	5	3	0		RESTON	\$710,000	Detached	1.23		RESTON
1252 LAMPLIGHTER WAY	4	3	1		RESTON	\$676,000	Detached	0.14		RESTON
2035 BEACON PL	4	3	1		RESTON	\$675,000	Detached	0.14		RESTON
1569 OLD EATON LN	5	3	1		RESTON	\$667,500	Detached	0.27		RESTON
11516 HEMINGWAY DR	4	3	1		RESTON	\$650,000	Townhouse	0.05		RESTON
11990 MARKET ST #1413	2	2	0		RESTON	\$710,000	Hi-Rise 9+ Floors			MIDTOWN AT RESTON
12074 CHANCERY STATION CIR	3	2	1		RESTON	\$607,000	Townhouse	0.04		RESTON
2352 NASHUA CT	5	3	0		RESTON	\$560,000	Detached	0.26		RESTON
1586 BRASS LANTERN WAY	3	3	1		RESTON	\$552,000	Townhouse	0.08		RESTON
11990 MARKET ST #1307	3	2	0		RESTON	\$551,000	Hi-Rise 9+ Floors			MIDTOWN@RESTON TOWN
11776 STRATFORD HSE PL #608	2	2	0		RESTON	\$540,000	Hi-Rise 9+ Floors			STRATFORD
11047 SOLARIDGE DR	3	2	1		RESTON	\$540,000	Detached	0.12		RESTON
11776 STRATFORD HSE PL #708	2	2	0		RESTON	\$529,000	Hi-Rise 9+ Floors			STRATFORD
12009 LAKE NEWPORT RD	4	2	1		RESTON	\$515,000	Detached	0.31		RESTON
2080 COBBLESTONE LN	6	3	1		RESTON	\$512,500	Detached	0.09		RESTON
11519 WILD HAWTHORN CT	3	3	1		RESTON	\$510,000	Townhouse	0.05		RESTON
1205 WILD HAWTHORN WAY	3	2	2		RESTON	\$505,000	Townhouse	0.04		RESTON
2400 SWEETBAY LN	5	2	1		RESTON	\$496,000	Detached	0.39		RESTON
1713 BLUE FLINT CT	2	2	2		RESTON	\$492,000	Townhouse	0.03		RESTON
1389 PARK GARDEN LN	3	3	1		RESTON	\$486,000	Townhouse	0.06		RESTON
1265 WILD HAWTHORN WAY	3	2	2		RESTON	\$485,000	Townhouse	0.04		RESTON
12016 EDGEMERE CIR	3	2	1		RESTON	\$482,000	Townhouse	0.04		RESTON

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## Reston, Oak Hill Prepare for Reston Relay for Life

FROM PAGE 5

pants taking turns walking the track all night. Guests can stay as long as they like, provided that they sign in and get a wristband,

Kristina Baumler, the relay's other co-chair and another Oak Hill resident, said the event also provided an opportunity to "get your kids exposed to a caring community that really is there to meet a very important purpose." And, she said, fund raising will continue through August.

More than three weeks are left to assemble a team for the Herndon Relay for Life, scheduled for June 12 and 13 at Herndon Middle School. Baumler said she and Nicholls had stuck with the older Reston relay because it was what they were familiar with.

She said she had started as a team member in 2000, become a team captain the next year and joined the organizing committee the year after that. This is the third time she has been a co-chair, but she also remains a team captain. One reason for her enthusiasm, she said, was that she had lost two grandparents to cancer and her mother and grandmother were breast cancer survivors. "I've lost far too many friends and family to cancer," she said.

Nicholls said she had not been all that familiar with cancer when she began helping a friend to put together teams for the Woodbridge relay in 1999. However, the next year, a close friend of hers died of

stomach cancer, and just two weeks ago, her sister-in-law died of ovarian cancer. "It's become really personal," she said.

Sandy Vigen, an office assistant at Fox Mill Elementary School in Oak Hill, said she was deepening her involvement with the relay simply because she had enjoyed participating last year. "I had such a great time I thought, 'I'm going to start a team myself,'" she said. The school had never had a Relay for Life team, but after Vigen made a request for participants among the staff earlier this year, Fox Mill suddenly had two teams. "We had so many people want to do this," she said. "People were so willing to sign up, and even our principal is doing it."

She noted that one of the school's goals was to encourage community service among students. "Not only are we teaching our kids to become responsible citizens, but we are leading by example," she said. As of last week, the two teams had raised a total of about \$6,600, and more donations continued to roll in.

Vigen said the school had settled on the Reston relay because it was held at South Lakes High School, which its students would one day attend.

Baumler said the Reston relay was typically one of the biggest Relay for Life fund raisers in the mid-Atlantic region, although others had more participants. "We typically are around 1,000 people for our event," she said, but she

added that the mix of participants was rare. "We have a very good mix of corporate, youth, community, school, friends, family, just a variety of groups that participate in the event, and that really makes a difference in the flavor of the event," she said.

Nicholls said the event raised more than \$300,000 last year and had raised about \$400,000 in years past.

**AS OF TUESDAY MORNING**, 706 participants were registered on 91 teams, and \$116,760 had been raised, although the number was expected to increase dramatically as team members began handing in the money they collected.

Steppel, who has been the captain of her neighborhood team for the last couple of years, said the team usually ended up with about 10 members, although they asked that all their neighbors contribute one way or another, such as by supporting a team member or donating an item for a silent auction. They might not reach 100 percent participation, she said, but they come close. "Everyone always seems really supportive of the cause."

For its part, the North Point Village Center Hair Cuttery lent its support by making a \$100 donation in recognition of Steppel's and her daughter's efforts and by offering their hair cuts free of charge.

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# Seahawks Experience Win, Heart-breaking Loss

**South Lakes  
High baseball  
5-15 over the  
regular season.**

BY RICH SANDERS  
THE CONNECTION

**T**he South Lakes High baseball team was scheduled to meet host Langley in a round one game of the Liberty District tournament earlier this week on Tuesday, May 18. The Seahawks, who were 5-15 over the regular season, are the No. 7-seed team of the eight-team tournament. Langley is the No. 6 seed.

The Langley-South Lakes winner will advance to the quarterfinals versus No. 3 Stone Bridge on Wednesday, May 19 at 6:30 p.m. in Ashburn.

The district tournament semifinals will take place this Friday, May 21 at McLean High School with round of four games scheduled at both 5 p.m. and 8 p.m. The district title game will take place Monday night, May 24, 6:30 p.m., at Madison High School in Vienna.

South Lakes' top hitters during the regular season were junior outfielder Wilfredo Corps-Ortiz (.407 batting average), followed by senior Kevin Ball (.310) and sophomore outfielder Ryan Forrest (.279). The Seahawks' top RBI men were Corps-Ortiz (13 RBIs) and Will Sweet (12).

On the mound, junior John Beck was the pitcher of record for all five of South Lakes' wins. Over 13 appearances and 46-1/3 innings of work, the right hander struck out 49 batters, walked 15 and gave up 34 hits. He carried a nifty earned run average of 2.42.

"He's a competitor and won all our games for us," said South Lakes coach Galvin Morris.

**SOUTH LAKES' LAST WIN** came on May 4 in a district game at Jefferson. After that, the Seahawks lost their final three games of the regular season to Marshall, 8-7, on May 7; Madison, 8-0 on May 11; and Fairfax, 14-5, on May 14.

The loss at Marshall was a heart-breaker. The Seahawks took a 7-6 lead into the seventh inning before the Statesmen rallied for two runs — both coming on squeeze bunts



PHOTO COURTESY OF SOUTH LAKES BASEBALL

**South Lakes players get charged up prior to their district road game at Jefferson on May 4.**

— in their final at-bats. Marshall designated hitter Franklyn Hall, with the bases loaded and the score tied at 7-7, executed his team's second successful squeeze bunt of the inning for the winning run.

Marshall took a 1-0 lead in the first inning. South Lakes countered with two runs in the third inning. Austin Schweppe legged out an infield single and Ryan Forrest hit a line drive triple to center for the first run. Wilfredo Corps-Ortiz drove Forrest home with a solid single to left for the second run of that inning.

Seahawk starting pitcher John Beck kept Marshall at bay until the fourth inning when the Statesmen scored three runs to take a 4-2 lead. The Seahawks closed the gap to one run in the fifth on a Schweppe double, followed by a Forrest infield single and a Marshall throwing error.

Marshall scored two unearned runs in the bottom of the fifth to take a 6-3 lead. The resilient Seahawks, however, came roaring back in the sixth inning with a two-out, four-run rally. David Odlen legged out an infield single and then took second base on an errant throw. Lucian Fox then drove a 2-0 pitch to deep right field for an RBI triple. After a Schweppe walk, Forrest hit a line drive triple to right center to score two runs and tie the game at 6-6. Will Sweet singled to plate the go-ahead run and make the score 7-6 Seahawks.

The Seahawks, in the game, had 10 hits, led by Forrest (three hits, including two triples, three RBIs). Schweppe had a pair of hits, including a double, and scored three runs. Other contributions on offense came from Sweet (hit, RBI), Odlen (hit, run scored) and Lucian Fox (RBI triple). Corps-Ortiz was 1 for 2 with an RBI and two inten-

tional walks. Wes Casson and Billy McLaughlin also added hits.

**EARLIER IN THE WEEK**, South Lakes had beaten Jefferson, 9-0. The Seahawks combined shutout pitching with explosive hitting to shut out the Colonials. South Lakes jumped out to a 3-0 lead in the first inning on a Forrest triple, Will Sweet RBI single, Corps-Ortiz RBI triple and a Kevin Ball RBI single.

Ball legged out a double to begin the third inning. McLaughlin followed with a two-run home run to left center to put South Lakes up 5-0. The Seahawks added another run in the fourth on a Corps-Ortiz double and Kevin Ball sac fly. Forrest added to the hitting attack in the fifth inning with a two-out, two-run double, scoring Casson and Odlen. Ball completed the Seahawk scoring with a solo home run to center field in the sixth inning. Beck started the game on the mound and went four innings, striking out seven and allowing just two hits with a walk.

"He kept Jefferson batters off balance," said Morris, of Beck's outing against Jefferson. "They had a hard time picking up his stuff. He pitched an overall good game for us."

Sweet pitched two innings in relief, allowing one hit and striking out one. Odlen pitched the seventh inning, allowing one hit and striking out three. Perfect Seahawk defense contributed to a great pitching effort with no errors and a 1-6-3 double play to end the first inning.

Ball led the 11-hit Seahawk attack, going 3 for 3 (with a homer) and knocking in three runs. Forrest (two RBIs), Sweet (one RBI) and Corps-Ortiz (one RBI) each had two hits. McLaughlin belted a two-run homer and Fox added a hit.



PHOTO COURTESY OF SOUTH LAKES LACROSSE

**South Lakes High boys' lacrosse player Nolan Boyle, a sophomore midfielder, looks for his options during a recent game. Standing in the background is senior defensive player and teammate Dan Reineberg, jersey No. 19. Boyle and his teammates reached last week's Liberty District tournament semifinals before losing to defending state champion Langley. But the Seahawks, who are 7-6, qualified for this week's Northern Region playoffs and were scheduled to play at Washington-Lee High in Arlington earlier this week on Tuesday, May 18, in a first round region playoff game.**

## SPORTS ROUNDUPS

**The 2010 Charity Volleyball Tournament** (men, women, co-ed) will take place on Saturday, June 26 at Hoops Magic, located at 14810 Murdock St., in Chantilly. The event is being hosted by the Afghan Relief Fund, a non-profit organization working towards noble cause of orphans and widows in Afghanistan. A Golden Sponsor of the benefit tournament will be NCL Holdings, Inc., owned by Hamed Wardak.

Afghan Relief Fund was established in July of 2001. Overwhelmed by the plight and suffering of the Afghan people, who endured one of the longest wars in history, Afghan Relief Fund's founder, staff and members have been committed to taking part in the reconstruction of Afghanistan and rebuilding the Afghan people's lives.

**The South Riding Storm**, a rising U-14 girls' select soccer team that competes in WAGS, is looking for committed, talented and highly motivated players for the Fall 2010 season. For more information or to schedule a tryout, contact Coach Jeff Rush at jeffrush@verizon.net. www.southridingstorm.org.

**Summer camp season** has been announced by Prospects Sports Training, the multi-sport complex located at 8500-B Tyco Road in the Tysons Corner area. Multi-sport camps, offered weekly, will include baseball, soccer, football, basketball, dodgeball and kickball. Youngsters will learn how to develop their skills in these sports. In addition, baseball camps will teach overall baseball skills such as throwing, fielding and hitting. Classes will include daily baseball games played in the facility's indoor space. Baseball sessions will be taught by former minor leaguers and Prospects Sports Training founders Matt Avery (Chicago Cubs and Washington Nationals) and Troy Allen (Atlanta Braves).

Weekly summer camps run June 28 through Aug. 30. Half-day ses-

sions (9 a.m.-12 noon) will cost \$200; full day sessions (9 a.m.-2 p.m.) will cost \$250. Extended day sessions (9 a.m.-5 p.m.) will run \$300 weekly.

For more information, go to www.ProspectsSportsTraining.com, or call 571-765-4700.

**The 16U Loudoun South Eagles baseball team** is looking for a couple of players to round out its roster for the summer season. The team will start practicing in late May and conclude the season in late July. The Eagles will compete in six tournaments/showcases in the Mid-Atlantic region this summer. Contact Gary Malacane at gary\_malacane@freddiemac.com for more information.

**The Dulles Airport Rotary Club** will present the 14th annual "Opportunities Open" Golf Tournament on Sept. 27. Since its inception, the tournament has been an event dedicated to making a positive impact on the lives of local people with disabilities. This year's event will once again be hosted by Hidden Creek Country Club in Reston. Proceeds will benefit Arc of Northern Virginia, Every Citizen Has Opportunities, Service Source and Arc of Loudoun. For further information on participation, or to become a club sponsor, contact the Dulles Rotary Club Opportunities Open Committee at 703-406-8200, ext. 245.

**George Marshall High** has d the hiring of Frank Johnson as the school's new girls' volleyball head coach. Coach Johnson comes to Marshall from South Lakes High where he was a varsity assistant coach. Originally from Cherry Hill, N.J., Johnson has coaching experience in a number of sports. He is dedicated to building and sustaining a strong program at Marshall. Mr. Johnson is also an educator endorsed to teach in three academic areas.

## VOLUNTEER OPPORTUNITIES

The area native trees, ferns and wildflowers are under attack by invasive exotic plants like English Ivy, Japanese Honeysuckle and Bamboo. That is why the Reston Association needs volunteers to join in rescuing Reston's parkland from aggressive plants. These fast growing, invasive plants escape from people's yards and threaten local ecosystems, taking away vital food and habitat from already stressed wildlife populations. Volunteers are needed to spend a couple hours in area parkland 4th Saturday of each month helping restore Reston's forests to their natural state.

Long pants and long sleeves are recommended. The RA will provide water, work gloves and tools.

### SATURDAY/MAY 22, 10 A.M. TO NOON

Volunteers ages 13 or older will battle Garlic Mustard, one of the many invasive exotic plants taking over the Wainwright natural area. Reston needs as many hands as possible to pull Garlic Mustard from the forest floor to help create space for native plants to grow. Meet at Wainwright Drive near the recreational field. Look for the RA truck. There is poison ivy at this site.

### SATURDAY/JUNE 5

Summer Bird Count at Walker Nature Educations Center - 11450 Glade Drive, 6:45 a.m. - Noon (optional lunch provided). Join Reston Association staff and volunteers for a half day annual summer bird count through Reston's natural areas. Meet local bird experts, learn tips on identification and have fun while helping RA obtain information to help our feather friends. Enjoy lunch, tally results and swap stories back at the Nature House following the count.

### SATURDAY, JUNE 26

English Ivy at Old Trail. Help RA beautify the natural area at the entrances of Old Trail Drive. The volunteers will be removing the English Ivy and any other invasive exotic plant that continues to encroach upon the natural area at both sides of the street. Meet at the first entrance to Old Trail Drive, heading east towards Soapstone Drive from Reston Parkway. There is poison ivy.

### SATURDAY-SUNDAY/JULY 10-11

Volunteers needed to help Reston Festival 2010 committee members. The festival will be held on Saturday, July 10 and Sunday, July 11 at Reston Town Center. Volunteers of all ages needed to help celebrate Reston's heritage with a variety of events, crafts, kids' activities, musical entertainment and festival food!. This will be Reston's 46th Birthday Celebration.

Volunteers are needed to assist the following committees:

**Children's Entertainment Committee** - This committee is responsible for recruiting quality entertainers, shows, and activities for children, while providing a safe area for them to operate. Volunteers work with, and act as liaisons between the groups managing the children's area.

**Food Committee** - This committee is responsible for recruiting a variety of quality food vendors. Volunteers work with the Health Department and Fire Marshall to ensure the food vendors are in compliance with all the rules of setting up an off-site food booth.

For more information or to volunteer contact Ha Brock, RA community outreach specialist, at habrock@reston.org or 703-435-7986.

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## Keeping Up Appearances, Sort Of



By KENNETH B. LOURIE

I'm not a "bucket list" kind of guy. Nor have I been a stop and smell the roses (bouquet) kind of guy. But until this past year, I had never been a guy diagnosed with cancer, the kind of cancer which my oncologist has said he "can't cure," although one which he "can treat." In his opinion, surgery was not an option. With inoperable-type news like that, one would think I'd be smelling every flower in town and looking for a bigger bucket as well to fill before I kick it. But I haven't.

Aside from neither pursuit being characteristic of who I am and how I roll, making a list (enjoying it once, let alone twice) or enjoying every aromatic scent that wafts my way, seemed to be a concession to the diagnosis, giving in to its inevitability. I felt, and still feel, that doing things that I wouldn't normally do (or hadn't ever done) would be - to me, anyway - like accepting my fate and acting accordingly; trying to fit 30 years into 24 months because, well, you know. It can't be done, any more than I can squeeze into a pair of 34-inch waist pants. I want to be who I am, not someone I'm trying to be. I can live with who I've become. I don't mind "dancing with the horse that brung me."

I don't want to act out of character. I want to act in character, with my dignity and humanity intact. If I were to find myself acting uncharacteristically, I would know the reason I'm doing so is because I have a disease/diagnosis whose prognosis has robbed me of the rest of my life, and knowing that would make kicking the bucket a frustrating and banal pursuit, not some kind of metaphorical joy of accomplishment. I don't want to know - or think I know - that I must do such and such by a certain time because, before too long I won't be kicking much of anything. That reasoning would be self-defeating and there's already more than enough pressure (and some pain and suffering) to go around. There is no need to create additional/external pressure points (of minimal return). That's not to say that I'm pretending I don't have cancer but, if I were to act abnormally (for me), that would be pretending that I'm somebody I'm not. And if there's one consideration (underlying and overriding) in all I do concerning this cancer train that I'm on (aside from wanting to get off and/or transfer at the next station), it is that I want to act in a way that brings me the most happiness. Because with that happiness comes reduced stress and with that reduced stress comes cancer fighters. And if I've been told once - which I haven't, I've been told multiple times by health care professionals and lay persons alike, it is how much effect a patient's positive, stress-free attitude can have on his or her prognosis. And so I look for any port in this storm.

My new favorite word is "stable." It used to be "shrinkage," (Seinfeld context not applicable here; this isn't funny, this is serious). As a cancer patient, I have come to appreciate - and spin super positively, scan interpretations which my oncologist characterizes as "stable." Shrinkage of tumors is obviously preferred - and ideal, but "stable" I can live with. Duh! And however long I do live, I don't want to be living my life constantly thinking of death as I race around the globe biting at those last few apples. Death will come soon enough. There's no sense rushing it. Hyacinth Bucket/"Bouquet" wouldn't have it any other way. There's a right way to do things and though I may not exactly aim to please, I do aim to live a little and laugh a lot.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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PHOTOS BY MIKE DICICCO/THE CONNECTION

Reston Town Center resident Talib Aleem and his granddaughter Mia, 6, chat with sculptor Matthew Fine of Norfolk about his artwork.

# Arts Celebrated

FROM PAGE 3

19th annual Northern Virginia Fine Arts Festival. In attendance were painters, sculptors, photographers, printmakers, jewelers, potters, leatherworkers, digital artists, clothiers, furniture makers and even the "aerialists" of Baltimore-based In-Flight Theater.

Although the weather was pleasant and throngs of visitors filled the streets, Slack said it was "not the greatest" year for sales. "I just doubled my sales in selling one painting," she said Sunday afternoon. But she said she had made contact with a number of people who would come see her in her studio at the Torpedo Factory in Alexandria. "It's a good way to keep in the public eye," she said.

Mixed media artist and Reston resident Ann Barbieri, who also remembered the first art festival, which was plagued by rain while the artists had no tents, agreed. "Sales have not been gangbusters, but it's OK, and I would do this anyway just to let people know that I'm at the Torpedo Factory," she said. And, she added, the organizers "take such good care of the artists," providing them with lunch, water and "booth-sitters" to give them breaks.

Festival Chairwoman Linda Stanley said

the event had come to be considered one of the top juried art festivals in the country and drew artists from as far away as Canada and the West Coast. Applications from artists started coming in about 10 months ago, and the participants were chosen by January.

Stanley said planners had been forced to pare back this year's festival after the event's major sponsor, Target, withdrew. For example, there was no artists' dinner, and rather than buying the usual 400 T-shirts, organizers had ordered 200, all of which were sold out by the end of Saturday.

The festival raises funds for GRACE's art education programs, and Stanley said the organization usually asked visitors for donations. This year, she said, organizers sold gift certificates donated by eight local restaurants. "You give \$10, you get \$10 off your check at one of these area restaurants, and we get to keep the \$10 in support of GRACE," she said.

Also, each artist donated a piece to be raffled off at the Collector's Choice Raffle and Sale in September, which also supports the art center's programs.

The festival has little overhead, as it is run by GRACE staff and more than 300 volunteers.



David Kitchen is one of a dozen musical acts to perform at the Northern Virginia Fine Arts Festival last weekend.



Connie Slack of Reston poses with one of her paintings.

3 RE for Rent

21 Announcements

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21 Announcements

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## 28 Yard Sales

COMMUNITY YARD SALE Bradley Farm HOA, Herndon. May 22, 8am-12pm.

Garage Sale - Sat, May 22, 2010 from 9 am - 12 noon. Gently used children's items. Location: The Reston Children's Center, 11825 Olde Crafts Dr, Reston, Va 20191 (just off Reston Pkwy & South Lakes Drive). No Early Birds Please!

Herndon-Oak Hill Emerald Chase (Drive) Community Yard Sale 5/22 8am to 12pm West Ox rd off Fairfax County Pkwy r/s



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21 Announcements

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FROM PAGE 6

[www.restonmuseum.org](http://www.restonmuseum.org).  
**Education Conference on ADHD.** At the Hyatt Regency in Reston. Regional education conference on attention-deficit/hyperactivity disorder for parents, educators, adults with ADHD, and healthcare professionals. Register at [www.chadd.org](http://www.chadd.org).  
**Reston Master Plan Special Study.** 9 a.m. at the Langston Hughes Middle School cafeteria, 11401 Ridge Heights Road, Reston. The public is encouraged to offer input about future land use in the northern part of the Reston Town Center. [www.fairfaxcounty.gov/news/](http://www.fairfaxcounty.gov/news/)

## MONDAY/MAY 24

**Reston Runners Women's Training Program.** 6:30 p.m. at South Lakes High School, 11400 South Lakes Drive Reston. For women walkers and runners, to begin or get back into an exercise routine. \$30. Speakers on running form, gear, common injuries, and nutrition. Register at [www.restonrunners.org](http://www.restonrunners.org).  
**Chen tai chi.** Beginners class every Monday, 6:30 p.m. at the Jow Ga Shaolin Institute, 600-D Carlisle Drive, Herndon. First class free. All levels and ages welcome. [truetaichi.com](http://truetaichi.com) or 703-801-0064.  
**NARFE Dulles Chapter 1241 Luncheon Meeting.** 11:30 a.m. at Amphora Diner, 1151 Elden St., Herndon. \$17. "Elder Physical and Financial Abuse" with Holly Lacasse from the Fairfax County Adult Protective Services of the Adult and Ageing Division, Department of Family Services. 703-435-3523.

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