

Potomac ALMANAC

Class President
Swetha Iruku and
Class Treasurer
Daniel Buchanan at
Wootton High's
graduation on June 3.

KEEN Offers
Sports Festival

NEWS, PAGE 3

Foundation Supports
Nonprofits
Helping Seniors

NEWS, PAGE 3

Pitching Leads
Big Train to
First Victory

SPORTS, PAGE 8

Looking To the Future

NEWS, PAGE 2

CALENDAR, PAGE 6 ♦ SPORTS, PAGE 8 ♦ CLASSIFIED, PAGE 10

PHOTO BY LOUISE KRAFFT / THE ALMANAC

ATTENTION POSTMASTER:
TIME SENSITIVE MATERIAL.
REQUESTED IN HOME 6-10-10

PRSRRT STD
U.S. POSTAGE
PAID
MARTINSBURG, WV
PERMIT #86

VERIFIED
ADULT PENDING



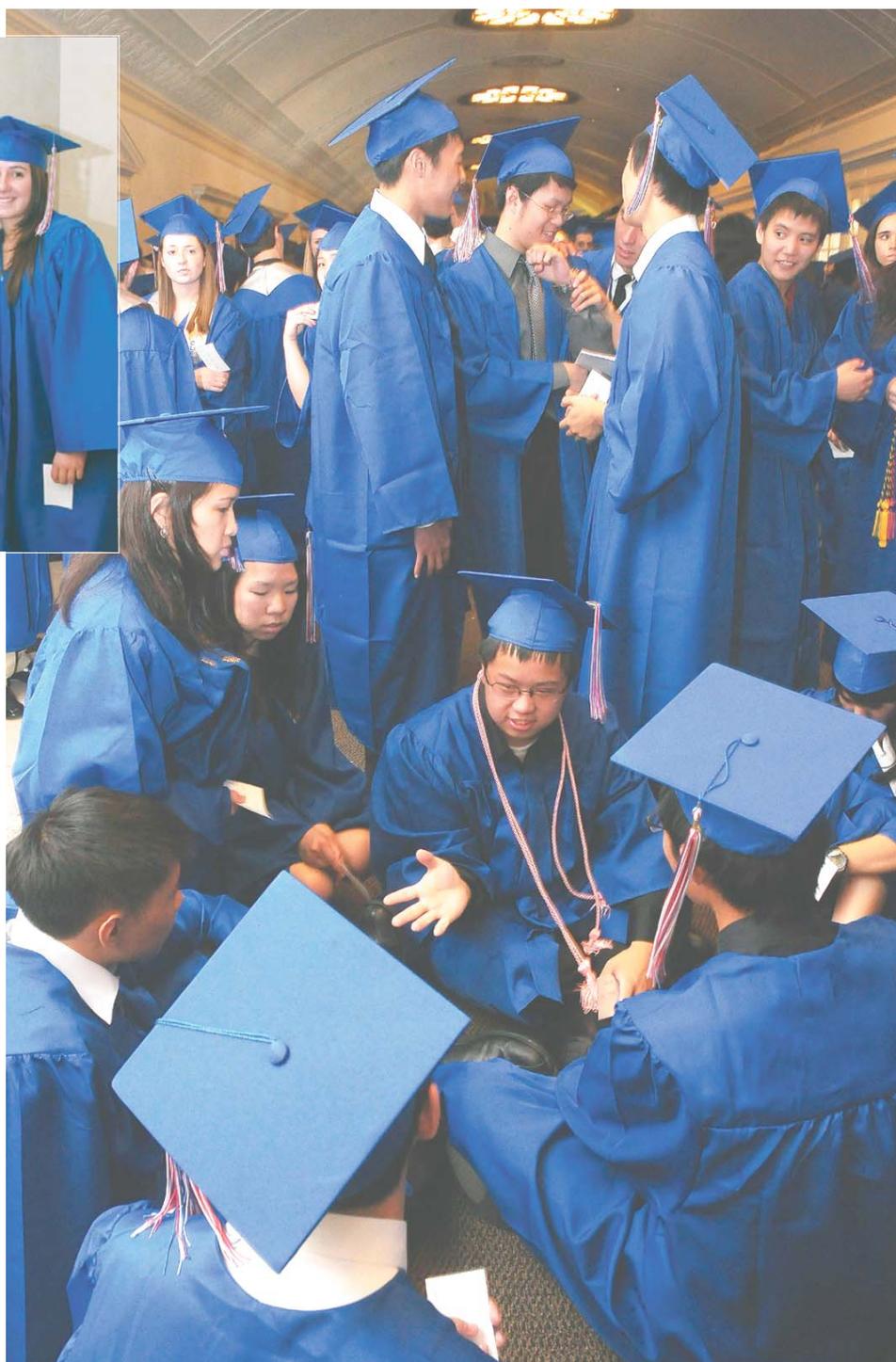
Yasamin Massahi, Keegan McDonald, Andrea Maxwell and Rachel Caroline Augostina.

PHOTOS BY LOUISE
KRAFFT/THE ALMANAC

Looking to The Future



Senior Annsley Victoria Wigger poses for a photo with Freda Jones and Nancy Hochberger.



Members of the Wootton Class of 2010 fill the hallways at D.A.R. Constitution Hall waiting for the procession to begin on June 3.



Afsie and Nicole Clark.



Samantha Marshall and Katherine Marston



Felipe Nunes Periera de Mello Coimbra, Ross Clark and Matthew Brock Mathais.



The Wootton Chamber Singers do a few warm-up songs in the lobby before the ceremony.



Elaine Fickenscher of Germantown has her face painted by Ayn Dietrich of Arlington, Va.



Brian Kao, 33 years old from Potomac, with volunteer helper Will Hawkins of Ballston, Va.

Recreation For All

The annual KEEN Sports Festival attracted athletes, their families and volunteers to Hadley's Park last weekend. KEEN, a volunteer-run, nonprofit organization, provides free recreational opportunities to children and young adults with disabilities by pairing them with trained volunteers for fun, non-competitive activities. For more information, email info@keengreaterdc.org.



Kavita Pattabiraman 18 years old from North Potomac

PHOTOS BY HARVEY LEVINE/THE ALMANAC



KEEN Executive Director Beata Okulska.



Beth Wenger, programs manager for KEEN



Jacob Arbeen, 5 years old from Burke, Va. is helped by volunteer Mary Rowland.

Foundation Supports Nonprofits Helping Seniors

Founder, a Potomac resident, reaches out to the less fortunate.

BY SENITRA MCCOMBS
THE ALMANAC

Most people celebrate a 40th anniversary with an elaborate party or celebration. However, Potomac resident and founder/chairman of Family and Nursing Care Inc. Sandy Kursban decided to start a foundation — the Family and Nursing Care Foundation — in 2008.

"I think what makes Family and Nursing Care Inc. special is the fact that it's kind of

unusual for a company our size to start a foundation to really give back to the community," Kursban said.

Recently, the Family and Nursing Care Foundation awarded \$30,000 in grants to Community Ministries of Rockville and HomeCare Partners in March 2010. Both nonprofit organizations provide care for low income seniors in Gaithersburg or Rockville.

Kursban also notes that with the expected number of the population over the age of 85 predicted to grow from "four million to almost six million," the "extra care" that these organizations provide will be in even greater demand.

FOR MORE THAN 40 years, Family and Nursing Care Inc. has referred nurses and nursing assistants to low income seniors and their families throughout Montgomery and

Prince George Counties and the District of Columbia.

Some of the services that Family and Nursing Care's nursing aides provide include help with daily living activities, companionship, mobility assistance and other support services.

Family and Nursing Care not only recognizes low income seniors' need for "quality home care," but they also recognize the dedication and hard work of health care professionals who fulfill this role.

The company held a banquet on June 9 in honor of National Nursing Assistant Week (June 10-17). To Kursban these individuals are the "unsung heroes" of society caring for the senior population.

After years of helping to improve the lives of foster children, Kursban decided to start Family and Nursing Care Inc. in 1968.

More

For more information on either the Family and Nursing Care Foundation or Family and Nursing Care Inc. visit www.familynursingcare.com and www.familynursingcarefoundation.org.

"I started the company ... because I wanted to help make a difference in peoples' lives. We've helped thousands of people through my company and now through the foundation we'll be able to help many more seniors who cannot afford private services." She said.

Kursban draws her own inspiration from another well know caregiver and humanitarian — Mother Theresa.

"She has always been a role model for me because of how she's always reaching out to other people especially those less fortunate than we are," she said.

OPINION

Last Call For Father's Day Photos

Father's Day is Sunday, June 20, and once again the Potomac Almanac will publish a gallery of Father's Day photos.

Send in photos as soon as possible, including names of everyone in the picture, the date the picture was taken, the ages of the children and sentence or two about what is happening and where the photograph was taken. Be sure to include your town name and neighborhood.

Email photos to almanac@connectionnewspapers.com, or mail a disk or prints to The Potomac Almanac, Father's Day Photo Gallery, 1606 King Street, Alexandria, VA 22314.

LETTER

Appreciates Support

To the Editor:

I want to thank you for your article in the May 19-25 Almanac which focused on the Komen Global Race for the Cure. I am a 24-year breast cancer survivor and now a 1-year fallopian tube cancer survivor. It is my honor to serve as board chair of the Susan G. Komen for the Cure Breast Cancer Foundation. Your article was a wonderful endorsement of the work we do and all of the benefits that we bring to this entire community. Many people are unaware that 75 percent of the money raised from the race goes toward grants made to local non-profits.

Thank you again for your supportive editorial.

Alexine Clement Jackson
Potomac

Write

The Almanac welcomes views on any public issue.

The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers.

Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor
The Almanac
1606 King St.
Alexandria VA 22314
Call: 703-778-9410.
By e-mail:
almanac@connectionnewspapers.com



Truck Day

The children at the Greenzaid Early Childhood Center at Congregation B'nai Tzedek climbed into all of the city's municipal vehicles and the tractors from Potomac Farm Market, on Wednesday May 12. Jack Rosenstein (3), Leah Rosenstein (3), Israel Kaspi (2), Penny Rose (3), Theo Rose (3), Zefora Rapaport (3), Lauri Rapaport (Adult), Charlie Fields (3), Isaac Kaspi (2), Edward Grant (2), Koki Melaku (teacher), Kathy Goldstein (teacher), get a lesson of all the gadgets and gizmos on the fire engine.



Rabbi Stuart Weinblatt visited the museum, where Jack Perlman (5), Cameron Tanner (4), Ida London (5), Justin Greenzaid (5), and Carly Rose (5) demonstrate how different vehicles have different functions and purposes.



Zefora Rapaport (3) drives the tractor, provided by Steve Magassy, owner of Potomac Farm Market, while Koki Melaku (teacher) looks on.



Fred, the Good Humor Guy, explains the purpose of his vehicle, while the children enjoy a frozen treat. Pictured are Zefora Rapaport (3), Jack Rosenstein (3), Kathy Goldstein (Teacher), Isaac Kaspi (2), Theo Rose (3), and Penny Rose (3).

POTOMAC ALMANAC

www.PotomacAlmanac.com

Newspaper of **Potomac**
A Connection Newspaper

An independent, locally owned
weekly newspaper
delivered to homes and businesses.
1606 King Street
Alexandria, Virginia 22314

PUBLISHER

Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com

EDITORIAL

PHONE: 703-917-5050

E-MAIL:

almanac@connectionnewspapers.com

EDITOR

Steven Mauren, 703-778-9415
smauren@connectionnewspapers.com

COMMUNITY REPORTER

Aaron Stern, 703-917-6476
astern@connectionnewspapers.com

SPORTS EDITOR

Jon Roetman,
703-224-3015
jroetman@connectionnewspapers.com

ASSOCIATE EDITOR

Steve Hibbard, 703-778-9412
shibbard@connectionnewspapers.com

STAFF PHOTOGRAPHERS

Robbie Hammer, Louise Krafft

CONTRIBUTING WRITERS

Cissy Finley Grant, Carole Dell,
Kenny Lourie

Art/Design:

Geovani Flores, Laurence Foong,
John Heinly, Wayne Shipp,
John Smith

Production Manager:

Jean Card

ADVERTISING

PHONE: 703-821-5050
FAX: 703-518-4632

ACCOUNT EXECUTIVES

Display Advertising:
Kenny Lourie 703-778-9425
klourie@connectionnewspapers.com

Employment:

Barbara Parkinson
703-778-9413
bparkinson@connectionnewspapers.com
Andrea Smith 703-778-9411
Classified Advertising
asmith@connectionnewspapers.com

Potomac Almanac is published by
Connection Newspapers, L.L.C.

Peter Labovitz

President/CEO

Mary Kimm

Publisher/Chief Operating
Officer
703-778-9433
mkimm@connectionnewspapers.com

Jerry Vernon

Executive Vice President
jvernon@connectionnewspapers.com

Wesley DeBrosse

Controller

Debbie Funk

National Sales
703-778-9444
debfunk@connectionnewspapers.com

2000, 2001, 2002,
2003, 2004

First Place Award
Public Service

MDDC Press Association

1998, 2001, 2002, 2003
Newspaper
of the Year

An Award-winning Newspaper
in Writing, Photography, Editing,
Graphics and Design

NEWS

Ilene Abrams Mitzvah Day 2010

The Ilene Abrams Spring Mitzvah Day was held on Sunday, May 23 at Har Shalom in Potomac. The Social Hall was bustling with more than 20 tables of activities to help those in need within the greater community.

Seventh grade Religious School students volunteered to staff activity tables. Religious school students in grades 3-6 learned through their participation how they can have a positive impact on the lives of others. Following is a list of projects and where the items were donated.

- ❖ 700 cheese sandwiches were donated to D.C. Central Kitchen for the homeless.
- ❖ 25 Celebration Bag for children in need. Bags were donated to Montgomery County

Child Welfare Service.

- ❖ 25 Emergency Bags were donated to Montgomery County Child Welfare Services to be given to children removed from domestic violence homes.

- ❖ 25 Camp bags were donated to Montgomery County Child Welfare Services.

- ❖ Bookmarks and decorated pillowcases for the Children's Inn at NIH.

- ❖ Get Well cards for recovering soldiers at Walter Reed Army Medical Center.

- ❖ Placements for homebound recipients of Meals-On Wheels through JSSA .

- ❖ 100 Snack Bags for the Men's Emergency Shelter.

- ❖ 25 cleaning supply bags for residents at Open Arms Housing.

- ❖ Toiletry bags for local shelters.

PEOPLE NOTES

Rabbi Stuart Weinblatt of Congregation B'nai Tzedek in Potomac received an honorary degree from The Jewish Theological Seminary on Thursday, May 27.

Carol Knoblach of North Potomac won the 2010 Award for Excellence in Teaching from the Marian Greenblatt Education Fund. A fourth-grade teacher at Travilah Elementary School, Knoblach was recognized for helping her students achieve high levels in the Maryland School Assessment, guiding students to build a pond at the school, organizing the student government association and winning five grants to enrich the learning experience. In addition, she and her husband have raised

three children and been foster parents for 11. She received \$1,000.

Jason Denner of North Potomac was honored with the Undergraduate Student Academic Achievement Award at the "Tribute to the Stars" 6th Annual Student Achievement and Leadership Breakfast on April 16 at the Universities at Shady Grove (USG). Mark K. Shriver addressed the students representing the best and brightest of the class from institutions participating in the USG partnership.

SEE PEOPLE NOTES, PAGE 9



Before

After

Hair Donor Kyra Goldstein of Potomac donated 9 inches of her hair to Pantene Beautiful Lengths on June 1. Kyra, who is 8 and 3/4, donated her locks when she was ages 5 and 7. Mark LeFevre (Studio 355, Rockville) has had the privilege of doing all three haircuts. Kyra is a third-grader at the CES/JDS in Rockville. It takes six ponytails to make one wig. Half way there, Kyra hopes to meet that quota to help someone feel beautiful again.

Umberto's

"A favorite for three generations!"

Lunch Special

\$7.95

Including soda & salad
Every Day
Offer Expires 6/23/10

20% OFF

Total Bill

Good Anytime
Includes Alcohol
Offer Expires 6/23/10

"Tucked away in the back corner of Cabin John Shopping Center like a secret you want to keep to yourself"

7745 Tuckerman Lane
Cabin John Shopping Center
Potomac, MD
301.983.5566

4007 Norbeck Rd
Rockville, MD.20853
301-929-3291

No Power? No Problem. Gas Logs on Sale for Immediate Installation

Call for Free In-Home Professional Estimate!

Enjoy your fireplace without all the work!

- No carrying wood
- No lighting
- No damper worries
- Easy flame control by remote
- Beautiful efficient Heat

Evening Fyre Gas Logs are 99.9% efficient and you never lose heat through your chimney.

#1 In Safety

Come to the Fireplace Experts!!

Sales • Warranty Service • Installation
Family Owned and Operated Since 1957
We put safety first

EFVG18 Vent Free Gas Logs By R. H. Peterson

Save 10%*

On Anything in Our Showroom!

*Must present ad to redeem. Limit one per household. In-stock items only. Cannot be combined with any other offer or previous purchase. Offer expires 6/12/10 PA

#1 in Safety and Efficiency

THE *Fire Place*

EVERYTHING FOR THE FIREPLACE AND BARBECUE

301.990.6195

WWW.WASHINGTONFIREPLACE.COM

Serving the Washington Metropolitan Area Since 1957

16165 Shady Grove Road • Shady Grove Plaza • Gaithersburg, MD 20877

CALENDAR

To have community events listed free in The Potomac Almanac, send e-mail to almanac@connectionnewspapers.com. Deadline is Thursday at noon for the following week's paper. Photos and artwork encouraged. Call 703-778-9412.

EVERY SATURDAY NIGHT

Live Standup Comedy. 8 to 10 p.m. Five local comics. At the Laugh Riot at the Hyatt Regency Bethesda Hotel, 7400 Wisconsin Ave., Bethesda. Call 301-657-1234 or visit www.Bethesda.Hyatt.com.

WEDNESDAY/JUNE 9

"Happy Feet" — Free Movie Night. Popcorn and beverages available for purchase. At Rockwood Manor Park, 11001 MacArthur Blvd., Potomac. Visit parkpass.org to register.

THURSDAY/JUNE 10

Slow Blues and Swing Dance. 8:15 to 11:30 p.m. Admission is \$8. DJ Mike Marcotte and guests. Beginner workshop from 8:15 to 9 p.m. Dancing from 9 to 11:30 p.m. At the Ballroom Annex of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Email: info@capitalblues.org.

Financial Planning. 12 to 1 p.m. Presented by Karen Walker, LCSW-C. Free. For information visit www.accirockville.org. To register, call Affiliated Community Counselors, Rockville at 301-251-8965 or email accirockville@gmail.com.

JUNE 10-13

"Annie Get Your Gun." Shows are Thursday 6/10, Friday 6/11 and Saturday 6/12 at 7:30 p.m.; Sunday 6/13 at 2 p.m. Tickets prices are \$19/adult, \$17/students and \$12/unreserved balcony seats. Email groupsales@acttwo.org. For tickets

or additional information, visit www.ActTwo.org or call 888-402-ACT2. At Georgetown Preparatory School's Figge Theater, 10900 Rockville Pike.

FRIDAY/JUNE 11

Contra Dance. 7:30 to 11:30 p.m. Admission is \$9. Contra dancing, square dances and waltzes. Contra dance lesson from 7:30 to 8:15 p.m. Called dance to live music by the Glen Echo Open Band from 8:30 to 11:30 p.m. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Email: fdcontra@yahoo.com.

Swing Dance. 8 p.m. to midnight. Admission: TBD. Beginner lesson from 8 to 9 p.m. Dancing from 9 p.m. to midnight to a live band. At the Bumper Car Pavilion of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Visit www.americanswing.org.

SATURDAY/JUNE 12

Good Management? Good Dog! 2 to 4 p.m. Learn how to set your dog up for success by managing his environment; decide whether to use training, management, or both to solve common problems; and hear new, creative ways to enrich your dog's life through play. Speaker: Ann Melchior is an instructor of puppy, basic, and trick training classes. To register: www.YourDogsFriend.info or 301-983-5913. Please don't bring your dog.

Used Book Sale. 9 a.m. to 1 p.m. Most hardbacks and large paperbacks are \$1. Regular paperbacks are \$.50. At the Potomac Library, 10101 Glenholden Drive, Potomac.

English Language Conversation Club. 3-5 p.m. Join in practicing and improving your spoken English with the help of volunteers leading discussions. Drop-in. Registration not required. At the Potomac Library, 10101 Glenholden Drive, Potomac.



TUESDAY/JUNE 22

Wishing Chair Performs. 8 p.m. With multi-instrumentalist Miriam Davidson and songwriter Kiya Heartwood. At the Unitarian Universalist Church of Rockville, 100 Welsh Park Dr., Rockville. Tickets are \$18/door, \$15/advance at FocusMusic.org. Contact David Spitzer at focusrockville@earthlink.net or 301-275-7459.

Swing Dance. 8 p.m. to midnight. Admission is \$15. Boogie Woogie Piano Festival with multiple piano players. Along with Ann Rabson (of the Sapphire Uppity Blues Women), Dona Oxford, and Arthur Migliazza, this is a night to delight swing, rhythm and blues, jazz and blues fans alike. Beginner lesson with Tom and Debra at 8 p.m. Dancing from 9 p.m. to midnight. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Visit www.americanswing.org.

Solar Bethesda. A free solar expo for homeowners. Hear from neighbors living with solar. Get info on costs, benefits, rebates, tax credits. Check your home's solar readiness with satellite mapping. Meet local solar companies. Hands-on activities for kids. For more information about the expo, exhibiting or sponsorship opportunities, contact: solar@bethesdagreen.org.

SUNDAY/JUNE 13

Community Yard Sale. 8 a.m. to 2 p.m. Donations of items for the sale are being accepted by the congregation Monday through Thursday, 9 a.m. to 5 p.m. and 9 a.m. to 3 p.m. on Fridays. At Congregation Har Shalom, 11510 Falls Road, Potomac. Contact Yard Sale Coordinator Mikki Ashin at 301-526-9797 or mikkiashin@aol.com.

Open House. 2 to 4 p.m. The Bethesda Chevy Chase Jewish Community Group is having an open house for its Judaic Learning Program. At the Jewish Community Center, 6125 Montrose Rd., Rockville. Next year's programs include Sunday classes for Kindergarten through third grade, family activities, adult education, Israeli folk dancing, community service projects, Bar/Bat Mitzvah, and open High Holiday Services. Come and meet with this unique Jewish group that has been in existence for seventy years. Call Celia Barash at 301-762-4188.

"It's Cool in the Furnace." 11 a.m. Presented by the Emmanuel Lutheran Church Joyful Praise Youth Choir. At the church at 7730 Bradley Blvd., Bethesda. Call 301-365-5733.

Contra and Square Dancing. 7 to 10:30 p.m. Admission is \$12/nonmembers, \$9/FSGW members. Contra dancing with square dances, mixers, waltzes and couple dances. Lesson at 7 p.m. Dancing with the Contra Rebels from 7:30 to 10:30 p.m. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Visit: fsgw.org.

Waltz Dance. 3 to 6 p.m. Admission is \$8. Beginner waltz lesson from 3 to 3:30 p.m. Dancing from 3:30 to 6 p.m. Waltzes by Waltz Magic,

featuring musicians Alexander Mitchell, Barbara Heitz, Liz Donaldson and Ralph Gordon. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Email: info@waltztimedances.org

TUESDAY/JUNE 15

Film Screening: "Leon Blum." 7 p.m. at the Magen David Sephardic Congregation, 11215 Woodglen Drive, Rockville. Contact Andrea Choobineh 301-770-6818, magendavid@mdsbe.org

WEDNESDAY/JUNE 16

Assertiveness Training. 5 to 6 p.m. Presented by Ellery Owens, LCSW-C. Free. For information visit www.accirockville.org. To register, call Affiliated Community Counselors, Rockville at 301-251-8965 or email accirockville@gmail.com.

THURSDAY/JUNE 17

Story/Stereo: Nicole Cooley and Dawn Potter. 9 p.m. Free. The Writer's Center, 4508 Walsh Street, Bethesda. Visit www.writer.org or call 301-654-8664.

Parent Your Child Mindfully. 5:30 to 6:30 p.m. Presented by Vilasini Bala, LCPC. Free. For information visit www.accirockville.org. To register, call Affiliated Community Counselors, Rockville at 301-251-8965 or email accirockville@gmail.com.

Introduction to Understanding Anger. 12 to 1 p.m. Presented by Karen Walker, LCSW-C. Free. For information visit www.accirockville.org. To register, call Affiliated Community Counselors, Rockville at 301-251-8965 or email accirockville@gmail.com.

Slow Blues and Swing Dance. 8:15 to 11:30 p.m. Admission is \$8. DJ Mike Marcotte and guests. Beginner workshop from 8:15 to 9 p.m. Dancing from 9 to 11:30 p.m. At the Ballroom Annex of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Email: info@capitalblues.org.

FRIDAY/JUNE 18

Contra Dance. 7:30-11:30 p.m. Admission is \$9. There is a Contra dance lesson from 7:30 to 8:15 p.m. followed by the called dance with the band Jubilea from 8:30 to 11:30 p.m. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Email: fdcontra@yahoo.com.

Swing Speak. 8:30 p.m. to midnight. Admission is \$15. Swing Speak's early repertoire centered around the

swing and standards of the 1930's and 1940's, but their musical range soon expanded to include the full range of the American jazz repertoire. Beginner Swing dance lesson from 8:30-9 p.m. is followed by dancing from 9 p.m. - midnight. At the Bumper Car Pavilion of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Visit americanswing.org.

JUNE 18-20

"A Three Ring Fiasco" and "Once Upon a Time Again." Two original musical comedies featuring actors with and without disabilities. June 18-20 (Friday at 7:30 p.m.; Saturday and Sunday at 2:30 p.m.) and June 25-27 (Friday at 7:30 p.m.; Saturday and Sunday at 2:30 p.m.) Many Potomac residents will be participating. By ArtStream OnStage Inclusive Theatre Companies. At Rosborough Theater, Asbury Methodist Village, 333 Russell Ave., Gaithersburg. Visit www.artstream.org.

"Spelling Bee." 7:30 p.m. "The 25th Annual Putnam County Spelling Bee" will be performed at Churchill High School. Tickets are \$10/each. Six quirky young people and their three less-than grown up sponsors, portrayed by seniors Stephen Ahn, Ashley Austin, Aaron Braverman, Natasha Lazarev, Pedram Motevali, Becca Murphy, Josh Simon, Brian Sun and Shelby Sykes, will take the stage in this entertaining musical comedy. At Churchill High School, 11300 Gainsborough Road, Potomac. Call 301-469-1243.

SATURDAY/JUNE 19

Protecting Yourself from the Neighborhood Nuisance. 2-4 p.m. Every neighborhood has at least one - the dog that runs loose and unsupervised. Whether the owner is nowhere to be seen or is lagging behind because, after all, his dog "likes everyone and just wants to play", walking your dog becomes a nightmare. Speaker: Didi Clement, former Animal Control Officer (www.pethelp.net). Sponsored by Your Dogs Friend, 11401 South Glen Road, Potomac. Visit www.yourdogsfriend.info or call 301-983-5913.

Swing Dance. 8 p.m. to midnight. Admission TBD. Beginner swing dance lesson from 8 to 9 p.m. followed by dancing to live music from 9 p.m. to midnight. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Email: dance@flyingfeet.org

English Language Conversation Club. 3-5 p.m. Join in practicing and improving your spoken English with the help of volunteers leading discussions. Drop-in. Registration not required. At the Potomac Library, 10101 Glenholden Drive, Potomac.

Survivor: Minnie's Island. 9 a.m. to 5:30 p.m. . Activities will include canoeing, orienteering, fire building, and knot tying. Team-based competition will be good natured with an emphasis on outdoor skills. Instruction and informational workshops will be offered for children ages 8+ and their parents. Canoes will be available, although you are encouraged to bring yours if you have one. Cost is \$10 per person. RSVP to Deanna at Tricarico@potomac.org by June 16 to reserve a spot. At Minnie's Island, River Center at Lock 8, 7906 Riverside Ave., Cabin John.

Father's Day Garden Party. 10-11:30 a.m. Celebrate Father's Day early with your children at a garden party planned for dad. Games, arts and crafts, refreshments. \$20/child. Dads and moms free with child. Ages 3-8. At Rockwood Manor Park, 11001 MacArthur Blvd., Potomac. Visit



JUNE 10-13

"Annie Get Your Gun." Shows are Thursday, June 10, Friday, June 11, and Saturday, June 12, at 7:30 p.m.; Sunday, June 13, at 2 p.m. Tickets prices are \$19/adult, \$17/students and \$12/unreserved balcony seats. Email groupsales@acttwo.org. For tickets or additional information, visit www.ActTwo.org or call 888-402-ACT2. At Georgetown Preparatory School's Figge Theater, 10900 Rockville Pike.

FINE ARTS

Bethesda Art Walk

Patrons can delight in 12 downtown Bethesda galleries at the Bethesda Art Walk scheduled for Friday, June 11 from 6-9 p.m. The Bethesda Art Walk allows art lovers to visit downtown Bethesda's gallery community on the second Friday of every month.

Bethesda's galleries feature painting, sculpture, photography, pottery and mixed media. Many galleries change exhibits monthly and hold receptions showcasing the featured artist in conjunction with the Bethesda Art Walk. Attendees are invited to delight in the artwork, enjoy free refreshments and to shop at these unique and inspiring galleries.

The Bethesda Art Walk will continue through 2010 on June 11, July 9, Aug. 13, Sept. 10, Oct. 8, Nov. 12 and Dec. 10.

PARTICIPATING GALLERIES AND STUDIOS:

| | |
|---|---|
| Discovery Galleries, Ltd., 4840 Bethesda Ave. | gallery 360, 4836 Rugby Ave. |
| Orchard Gallery, Art & Framing, 7917 Norfolk Ave. | Urban Country, 7117 Arlington Rd. |
| Discovery Too, 7247 Woodmont Ave. | Gallery Neptune, 4901 Cordell Ave. |
| St. Elmo's Fire Gallery, 4928 St. Elmo Ave. | Washington School of Photography, 4850 Rugby Ave. |
| Fraser Gallery, 7700 Wisconsin Ave., Suite E | Lenore's Place, 7720 Wisconsin Ave. |
| Upstairs Art Studios, 4948 St. Elmo Ave. | Waverly Street Gallery, 4600 East-West Hwy. |
| | Call 301-215-6660 or visit www.bethesda.org . |



THEATER

JUNE 18-20

"Hansel & Gretel: The Witch's Twist." Presented by Adventure Theatre's "New Plays for Young Performers" series. Featuring young performers from Westland Middle School, Pyle Middle School, Sligo Middle School and Georgetown Day School. Tickets are \$10. All performances will take place at The Round House Theatre, 4545 East-West Highway, Bethesda. Tickets can be purchased through the box office by calling 301-634-2270 or online at www.adventuretheatre.org.

JULY 2 THROUGH AUG. 15

"If You Give a Pig a Pancake." At Adventure Theater. Tickets can be purchased through the box office by calling 301-634-2270 or online at www.adventuretheatre.org. Tickets are \$12 for children 12 and under and \$15 for adults. Group rates are available. Children under the age of 1 are free. At Adventure Theatre, 7300 MacArthur Blvd, Glen Echo, MD, 20812 in the historic Glen Echo Park. Visit www.adventuretheatre.org.

NOW THROUGH JUNE 13

"The Red Balloon" - U.S. Premiere. Adventure Theatre brings to the stage the 1956 award winning film "Le Ballon Rouge" by Albert Lamorisse. Pascal, a lonely French boy, befriends an enchanted and sometimes mischievous red balloon. The beguiling pair draw inquisitive looks from adults and the envy of other school children as they wander the streets of Paris. Adapted for the stage by Anthony Clarke. Directed by Roberta Gasbarre. Ages 4 and up. Performances on Saturdays and Sundays, 11 a.m. and 1:30 p.m. (Additional performances on weekends and weekdays are listed at adventuretheatre.org. Tickets \$12, children 12 and under; \$15, adults. Call 301-634-2270.

JUNE 10-13

"Annie Get Your Gun." Shows are Thursday 6/10, Friday 6/11 and Saturday 6/12 at 7:30 p.m.; Sunday 6/13 at 2 p.m. Tickets prices are \$19/adult, \$17/students and \$12/unreserved balcony seats. Email groupsales@acttwo.org. For tickets or additional information, visit www.ActTwo.org or call 888-402-ACT2. At Georgetown Preparatory School's Figge Theater, 10900 Rockville Pike.

JUNE 10-JULY 25

"Sleeping Beauty." Thursdays and Fridays at 10 and 11:30 a.m., and Saturdays and Sundays at 11:30 a.m. and 1 p.m. Duration: 45 minutes. Tickets are \$10. At the Puppet Co. Playhouse, North Arcade Building of Glen Echo Park, Glen Echo, Md. Call 301-634-5380. Online Ticketing: www.thepuppetco.org

JUNE 23-AUG. 14

"How I Became a Pirate." A giddy, goofy pirate musical for ages 3 and

up. Cost is \$10-\$21. Matinee performances Tuesday-Friday at 10:30 AM and Saturday & Sunday at 1:30 and 4 p.m. See website (www.imaginationstage.org) for exact calendar; this show plays in repertory with Pirates! A Boy at Sea. At Imagination Stage, 4908 Auburn Avenue, Bethesda. Call 301-280-1660

"TINY TOTS"

June 12 — "Old McDonald's Farm," Saturday, 10 a.m.
 June 19 — "Animal Crackers," Saturday, 10 a.m.
 June 23 — "World on a String," Wednesday, 10 a.m.
 The Puppet Co. presents "Tiny Tots @ 10," a program designed for our youngest theater patrons (ages 0 - 4). The shows are shorter, the lights stay on, the doors stay open and the show is set up on the floor!
 Performances on select Wednesdays and Saturdays each month at 10 a.m. Tickets, \$5, adults and children (including babies). Call (301) 634-5380 visit www.thepuppetco.org.

**COMING TO
 AT ST. ANDREW'S SCHOOL
 IN POTOMAC!
 TenniStar®, SoccerStar
 & Field Hockey
 Camps**

**DIRECTED BY
 Mitch Henkin, Haroot Hakopian (Churchill
 Girls Varsity Soccer Coach) and Cay Miller**

Boys and Girls, Ages 5-17
One-Week Sessions Start June 14
Call 301-530-5472 or
Enroll at www.tennistar.com



Father's Day Weekend

Friday, June 18 – Sunday, June 20

**Dad's All American
 BBQ Meal \$19.95**

**3-Course Prime Rib
 Dinner \$29.95**

↔ **Cooking at home and need some help?** ↔
 Complete dinners or individual items
 available for carry out.

↔ **Open for Lunch & Dinner** ↔



**M&S
 GRILL**

RESTON TOWN CENTER
 11901 Democracy Drive
 (703) 787-7766

WASHINGTON DC
 600 13th Street NW
 (202) 347-1500

www.MandSGrill.com

*No purchase necessary to enter or win. Valid only at participating locations. Visit www.McCormickandSchmicks.com/FathersDay for more details and a list of participating restaurants.

DOYLE

NEW YORK



SELL AT AUCTION IN NEW YORK

GEORGETOWN, JUNE 16

We are scheduling appointments at our Georgetown Office to discuss with you the purchase or auction consignment of your property – single items or an entire collection.

**PAINTINGS
 PRINTS
 JEWELRY
 WATCHES
 COINS
 STERLING SILVER
 GENTLEMAN'S ACCESSORIES**

For appointments please contact Reid Dunavant at 202-342-6100 or email DoyleDC@DoyleNewYork.com

**DOYLE NEW YORK
 AUCTIONEERS & APPRAISERS
 3256 PROSPECT ST NW
 WASHINGTON, DC 20007
 202-342-6100
 DOYLENEWYORK.COM**



Pitching Leads Big Train to First Victory

Schneider, Lumpkins, Permison combine for four-hit shutout.

BY JON ROETMAN
THE ALMANAC

For two innings, Bethesda Big Train reliever Drew Permison was unhittable. The right-hander sizzled his fastball past the over-matched Alexandria Aces, striking out each of the six batters he faced. Permison, a rising senior at Towson, filled the night air at Shirley Povich Field with the sound of his heater snapping into the catcher's glove while the Aces swung in futility.

Permison's 28-pitch performance was a fitting end to the Big Train's first win of the 2010 season. After a shorthanded 0-2 start, Bethesda blanked Alexandria 4-0 on June 6 during a Cal Ripken Collegiate Baseball League contest. Three pitchers combined for the four-hit shutout, led by starter Josh Schneider, who allowed three hits in five innings. Left-hander Stephen Lumpkins (junior, American) pitched two innings, allowing one hit.

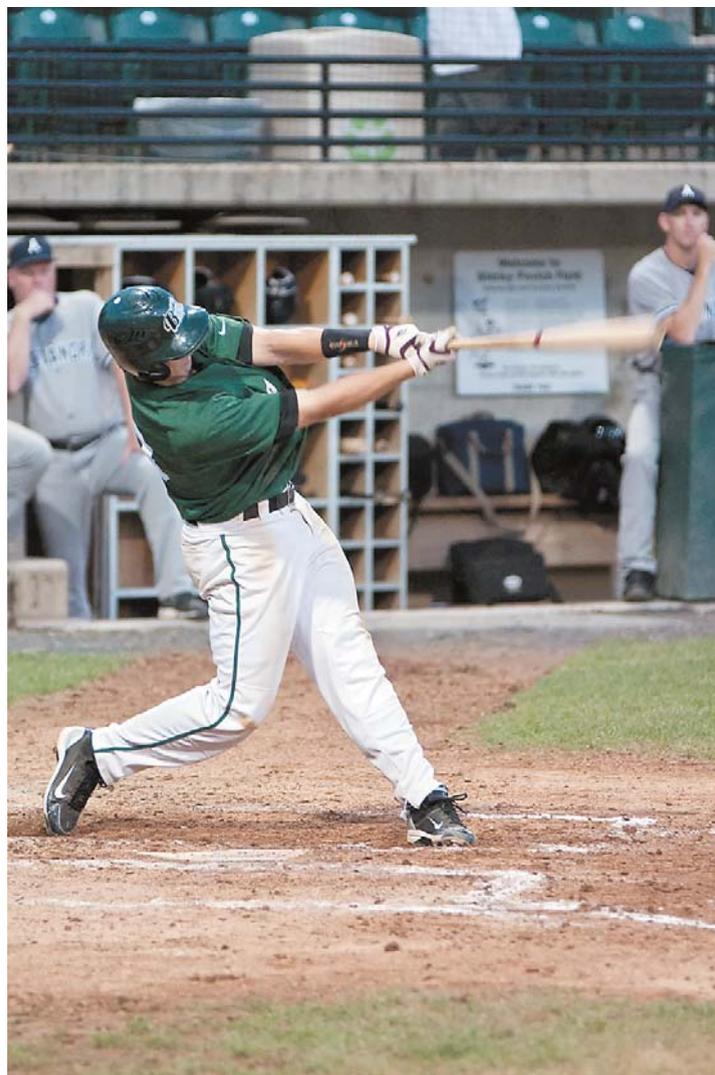
Schneider pitched "lights out," Bethesda manager Sal Colangelo said. "He did what we wanted: five innings, low pitch count, throw strikes, mix it up, let your defense play defense and just get outs. He's just a competitor. ... The way we started [the season, the win is] going to build confidence, big time. You know that you do have a good team and that you can compete. I think it will make a statement."

Bethesda returns 14 players from the team which captured the 2009 CRCBL championship, finished with a club-record 34 wins and broke many team batting records. Along with a group of new talent, the Big Train figures to contend once again for a league title, though Colangelo doesn't think the team will need to win as many games to get there.

"I think you win 20, 22 games you can win the regular season," he said. "I don't think the Big Train is going to win 30-plus games every year like we've done. I think it's going to be pretty balanced."

Leading the way offensively are Nick Vickerson (senior, Mississippi State), Cody Freeman (senior, Mississippi State), Jarrod Parks (senior, Mississippi State), Connor Bernatz (senior, San Francisco) and Danny Stienstra (senior, San Jose State). Stienstra set the Big Train record for batting average with a .391 clip in 2008. Bernatz set team records for runs scored (45), doubles (16) and total bases (78) in 2009. Parks set marks for on-base percentage (.526) and hit bit pitch (21) last season.

On the mound, Mike Kent (sophomore, Clemson), Cameron Love (junior, San Fran-



PHOTOS BY HARVEY LEVINE/THE ALMANAC

Nick Vickerson, a rising senior at Mississippi State, is expected to be one of the Bethesda Big Train's top hitters this summer.

Stephen Lumpkins, a rising junior at American University, was part of a combined shutout for the Bethesda Big Train on June 6.

cisco) and Jordan Beistline (senior, Jacksonville State) will be three of the team's top starters. Love tied team records for wins (6) and winning percentage (.857) in 2009.

Early in the season, CRCBL teams also need to find a way to get comfortable with a roster full of players from different colleges: an element Schneider said he enjoys.

"I'm a very social person, so I like interacting with a bunch of new guys," said Schneider, in his first season with the Big Train. "It's nice to be able to talk to guys [from] the West Coast, really knowing what gets them [going and] ... talking different grips and pitches with the other guys that I wouldn't really get to see over here on the East Coast."

Vickerson, who had three hits and an RBI against Alexandria, said he's also enjoyed himself during his first season with Bethesda. But while getting used to teammates is an experience, it doesn't really affect what happens on the field.

"It's baseball," he said, "so it doesn't really change. It's fun."

Bethesda travels to face Southern Maryland at 7 p.m. on June 9.

"It's baseball, so it doesn't change much. It's fun."

— Nick Vickerson, adjusting to playing with the Big Train

5Qs

Five questions with Wootton senior Jeff Zifrony

Q: What location is the farthest from the Washington D.C. metro area that you have traveled?

A: Cancun, Mexico for spring break this year.

Q: Who is your favorite music artist?

A: John Mayer. He's really relaxing and has a good voice.

Q: What's your favorite movie?

A: "The Shawshank Redemption."

Q: What's your favorite food?

A: Cheesecake.



Q: What do you want to be when you grow up?

A: I'm planning on majoring in finance and working on Wall Street.

— JON ROETMAN

Safety Signs

Students from Washington Episcopal School have made it safer for Capital Crescent Trail pedestrian traffic and bikers. The school's robotics team, the "Dragonbots," comprised of students in grades 4-8, wrote a letter to the Montgomery County Council and Department of Parks explaining the safety issues they found as part of their research project for First Lego League Competition on transforming transportation. Their letter received a response from Mary Bradford, director of Montgomery County Parks. She wrote back stating that her department would institute some changes to improve safety. Florescent pedestrian warning signs were installed on Little Falls Parkway near the Bethesda Pool and pedestrian crosswalks were marked with double-faced delineators on the Little Falls Parkway roadway surface and on Dorset Avenue on the concrete median. The school is located along the Capital Crescent Trail, on Little Falls Parkway, near River Road. Washington Episcopal School, an independent school, educating students from age 3 through Grade 8 is located at 5600 Little Falls Parkway, Bethesda.



CRIME REPORT

❖ A **stolen vehicle** was recovered in the 9800 block of Avenel Farm Drive, Potomac on Tuesday, May 4 at 9:19 p.m. The vehicle below was stolen from Washington, D.C. on an unknown date. It was found abandoned. Vehicle: '02 Chrysler Sebring.

❖ A **commercial burglary** occurred at As You Like It Landscaping, 13860 Travilah Road, Potomac between 7 p.m. on Monday, May 3 and 8 a.m. on Tuesday, May 4. Entry was apparently unforced and property was taken.

❖ A **garage burglary** occurred in the 11700 block of Coldstream Drive, Potomac on Wednesday, May 5 between 6:35 a.m. and 8:35 a.m. The garage door had been left open; cash and property were taken from two unlocked vehicles inside.

❖ Six **thefts from vehicles** occurred overnight Tuesday, May 4 into Wednesday, May 5. Two vehicles were unlocked, three suffered broken windows and for

one the means of entry is unknown. Affected streets include: 11600 and 11700 blocks of Bunnell Court, 11700 block of Coldstream Drive and 8700 block of Liberty Lane.—all in Potomac. Items taken include: laptop computers, GPS's, iPods, an iPod cable and cash.

❖ A **vehicle theft** occurred in the 9400 block of Blackwell Road, Rockville between 10 p.m. on Tuesday, May 4 and 7:30 a.m. on Wednesday, May 5. Vehicle: black '07 Kawasaki motorcycle, MD tags.

❖ A **vehicle theft** occurred in the 10400 block of Garden Way, Potomac between 2:30 p.m. on Tuesday, May 4 and 10 a.m. on Wednesday, May 5. Vehicle: black '09 Suzuki motorcycle, VA tags.

❖ A **residential burglary** occurred in the 15000 block of Good Meadow Court, North Potomac between 12:30 p.m. and 12:45 p.m. on Thursday, May 6. Entry was forced, but nothing was

taken. A neighbor observed the suspects: white male, 18-20 years old, 5'8"-5'10", 160-170 lbs., brown Bermuda shorts; Asian male, 18-20 years old, short black hair; Vehicle: maroon mini-van with a gold stripe on the side.

❖ A **residential burglary** occurred in the 15500 block of Summer Grove Court, North Potomac on Friday, May 7 at 1 p.m. No forced entry; nothing was taken. The suspect was observed. Suspect: black male, 25-30 yrs. old, 6', 160 lbs., dirty grey T-shirt & blue jeans.

❖ Two **thefts from vehicles** occurred overnight from Tuesday, May 25 into Wednesday, May 26. Both victims had their window broken; a GPS was taken from the first victim and a cell phone from the second victim. The incidents occurred from 2 p.m. to 10:30 a.m. in the 9300 block of Orchard Brook Drive and from 10 p.m. to 7:30 a.m. in the 9000 block of Wandering Trail Drive, both in Potomac.

PEOPLE NOTES

FROM PAGE 5

The USC Gould School of Law recently honored **Abigail Greenspan** of Potomac with its Shattuck Award, which recognizes top law students who have made outstanding contributions to public service, student programs, legal scholarship or general quality of life at law school.

Greenspan plans to serve in the United States Department of Housing and Urban Development's Legal Honors Program.

Greenspan has been a leader in a number of public service projects at USC Law. During her three years in law school, she worked as the managing editor of the Southern California Review of Law and Social Justice and was a peer mentor for 2L transfer students.

Greenspan earned her undergraduate degree in public policy, management and planning from USC in 2005.

Jamie Burke, 17, of North Potomac, has advanced to the finalist round of the 2010 search for Huggable Heroes. Jamie is one of an elite group of 25 young people from the United States and Canada honored and celebrated by Build-A-Bear Workshop for their compassion and dedication to make their communities and the world a better place.

Jamie created "Knots of Love" custom blankets that she distributes to those living with Amyotrophic Lateral Sclerosis (ALS) — often referred to as "Lou Gehrig's Disease" — at the National Walk to Defeat ALS. She solicits donations in support of ALS and uses her creative energy to spark support for people with the disease. Jamie has raised more than \$100,000 for the ALS Association and has created and distributed 80 blankets to those living with ALS at the annual national walk.

Air Force Airman Ronald S. Chang graduated from basic military training at Lackland Air Force Base, San Antonio, Texas. The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills. Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force. He is the son of Nancy Chang of Declaration Lane, Potomac. Chang is a 2006 graduate of Winston Churchill High School, Potomac.

Navy Seaman Recruit Rupert N. Gillin, a 2006 graduate of Walter Johnson High School, Bethesda, recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, Ill.



Potomac Woods Plaza
1071 Seven Locks Road
301-294-4840

DON'T MISS OPEN ENROLLMENT FOR SUMMER CAMPS & CLASSES
www.thelittlegym.com/potomacmd

Programs for kids 4 months to 12 years old.
Parent/Child * Gymnastics * Dance * Sports Skills
Parties * Camps * Parents' Survival Nights
TRY A PREVIEW CLASS!

Watza Network?
Personalized, In-Home Computer Help



Bob Mann
10+ Years Experience

- PC Hardware & Software Repair and Upgrades
- Virus and Spyware Removal
- Wireless & Wired Network Expertise
- Router/Firewall/Broadband Setup
- Home of the WATZA Private Label Never-Fail Router
- Even Laser and Inkjet Printer Repair

Free Initial Consultation • Free Estimates • Satisfaction Guaranteed!

Call 301-495-3390
email: bob@watzanetwork.com
web: www.watzanetwork.com

Watzanetwork? is a service of WATZA, LLC.

Potomac Village Deli Catering
Breakfast • Lunch • Dinner Catering
301-299-5770
www.potomacvillagedeli.com



Home of Your Corporate & Residential Catering Headquarters

Serving the Community for over 35 Years



A Question of Answers



By **KENNETH B. LOURIE**

As much – and as hard – as I try, it's difficult to forget that I have cancer. There are reminders everywhere. But the reminders that arrive/appear unexpectedly – thwack, are the worst. Let me give you two examples: my application for Social Security Disability benefits (which is merely a reduced percentage of your retirement benefit paid early, before you're eligible for that retirement, if you are determined to be "disabled," that is, a determination which is not easily or quickly made).

These days, even applying for Social Security disability is an online exercise (hopefully not in futility, but there's certainly no guarantee) and one that is somewhat daunting at that. My joke has been that if an applicant is able to successfully complete their online application for disability benefits, it immediately disqualifies them from receiving those benefits since the applicant has proven he is not so disabled that he can't sit and type at a computer; (the definition of disability according to Social Security is extremely general, so much so that if you can do anything for which you have background, training, education or experience, Social Security can deny your claim). The process is supposed to take 45 minutes, the site advises; it took me two hours, but I did finish and was able to submit my application online.

The questions begin simply enough; the non-medical ones, all the relevant facts; name, address, phone numbers, date of birth, social security number, employer, income, etc. Soon enough, the medical questions follow. About half-way through these questions, (treating physician, facility, medications, symptoms, date disability began), all of which were very reasonable and expected, humdrum even (sort of, given the seriousness of the matter at hand), came the following question which, had I not already been sitting, would have likely knocked me off my feet: "Is this disability likely to result in death in less than two years?" I hesitated then, as I'm hesitating now, writing the next sentence. Try asking yourself that question and then realizing you have to answer "Yes." Heavy doesn't begin to describe the weight I felt. Within a few minutes, I got my bearings and eventually re-engaged and ultimate completed the application. (By the way, when you answer "yes" to that "do you expect ..." question, you are fast-tracked to a special page within the application for extra-special attention.)

The second example of an unforeseen reminder that I didn't need, and one that came totally out of the blue, unlike the application for Social Security which certainly had the potential for such reminders but one that nevertheless I did not anticipate, came in the mail from my HMO. It was an innocent-sounding, customer service-type survey, asking me questions about my most recent visit with my oncologist: courtesy, efficiency, punctuality; did the doctor explain my treatment, discuss options, clarify procedures and so forth. There were maybe a dozen questions with each answer requiring a check mark beside "no experience" to "excellent," with multiple other characterizations in between. It took five minutes to complete.

At the bottom were a few additional questions, more general, summary-type questions about the responder/patient: "Would you recommend this doctor/HMO to another person?" "Overall, are you pleased with your level of care?" Then, the unexpected two by four: "How would you describe your health? "Poor, Fair, Good, Very Good, Excellent?" Again, I hesitated; gulped and said out loud: "I'm a cancer patient, I guess I'd have to say 'poor.' As much as I'd like to think otherwise, and as "above average" as my oncologist has described my diagnosis-to-date reaction/condition, I'd have to say/think that checking a box other than poor would be naive on my part so I checked 'poor', stuffed and sealed the envelope and then wrote this column.

In general, I feel fine. My oncologist is "pleased." However, I have stage IV lung cancer. Sometimes, the less said – and the less asked about it, the better.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

CLASSIFIED

ZONE 5: POTOMAC
AD DEADLINE: MONDAY NOON • 301-983-1900

112 Misc. Services

Interiors of Washington

Residential and Commercial

Decorating

Small or Large projects

301-654-1640

I'am a slow walker, but I never walk back.
-Abraham Lincoln

21 Announcements

****ONE DAY CLOSEOUT SALE - ED WILT, INC****
Thurs – June 17th 9am-5pm,
All offers wanted!!
Auto parts dist closing its doors, everything must go!!
6831 Hill Park Dr.,
Lorton, VA 22079
Call Matt at (703) 527-1481
for more information

21 Announcements

Buildings for Every Project ~ Solutions for Every Budget

ECONOMICAL AFFORDABLE QUALITY

...and everything in between...

Building Specials!

| | | | |
|----------|----------|-----------|----------|
| 24x32x10 | \$7,999 | 40x60x14 | \$18,999 |
| 30x40x10 | \$9,399 | 40x80x12 | \$22,999 |
| 30x50x12 | \$12,999 | 60x120x16 | \$53,999 |

1-877-434-3133 www.cbstructuresinc.com

POTOMAC ALMANAC CLASSIFIED

Classified or Home • Lawn • Garden:
703-917-6400

Employment: 703-917-6464

E-mail: classified@connectionnewspapers.com

EMPLOYMENT

ZONE 5: POTOMAC
AD DEADLINE: TUESDAY 11 A.M. • 301-983-1900

TELEPHONE WORK AT HOME!

A great opportunity to
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

TELEPHONE WORK AT HOME!

A great opportunity to
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

Educational Internships

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail internship@connectionnewspapers.com

HOW TO SUBMIT ADS TO THE CONNECTION

Newspapers & Online

CLASSIFIED

DEADLINES
Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon
E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES
Zones 5, 6.....Tues @ 11:00
Zones 1, 3.....Tues @ 4:00
Zone 2.....Wed @ 11:00
Zone 4.....Wed @ 1:00
E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Barbara @ 703-778-9413

ZONES

- Zone 1:** The Reston Connection
The Oak Hill/Herndon Connection
- Zone 2:** The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/Lorton Connection
- Zone 3:** The Alexandria Gazette Packet
The Mount Vernon Gazette
- Zone 4:** Centre View North
Centre View South
- Zone 5:** The Potomac Almanac
- Zone 6:** The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

HOME & GARDEN

POTOMACALMANAC.COM CONTRACTORS.COM
ZONE 5: POTOMAC
AD DEADLINE: MONDAY NOON • 301-983-1900

DECKS

High Pressure Cleaning & Sealing
●Decks
●Fencing ●Siding
For Free Estimate call Bill
703-944-1440

LANDSCAPING

GARDENER
Energetic gardener, speaks French & English.
Fall Cleanup, weeding, planting, edging, mulching, maintenance.
Excellent Potomac references.
301-980-8258

CLEANING

A CLEANING SERVICE

Since 1985/ Ins & Bonded

Quality Service at a Fair Price
Satisfaction Guaranteed
Comm/Res. MD VA DC

acleaningserviceinc.com

703-892-8648

SCHOOLS

To have an item listed mail to almanac@connectionnewspapers.com. Deadline is Thursday at noon for the following week's paper. Call 703-778-9412

Emily Jane Talbot of Potomac earned a degree in Psychology and a minor in Writing, Rhetoric and Media Arts during Trinity College's commencement ceremonies on May 23.

Charles Mann, former Redskin and business entrepreneur, will be the keynote speaker at the graduation ceremonies for the McLean School of Maryland in Potomac on Friday, June 11.

Tracy Mardirossian of Potomac made the dean's list for the spring term at Curry College in Milton, MA.

Geneva Day School of Potomac was notified on May 4 that it has been approved to receive a Maryland Green School Award from the Maryland Association of Environmental and Outdoor Education at a June 4 ceremony in Sandy Point State Park. The private pre-school and kindergarten program located has been involved in such environmental education activities as insect studies, nature and creek walks, nature center and farm visits, plus celebrations on Earth Days and Harvest Days, among others. With consultation from Living Classrooms and lots of direct student help, the school is developing a pollinator garden and Monarch Butterfly Way Station. One class also studied the life cycle of chickens, including incubating chicken eggs and raising baby chicks.

Amy Mute from Potomac, a senior at Winston Churchill High School, Potomac, is a runner-up in the Eighth Congressional District Art Competition sponsored by Congressman Chris Van Holler (D-MD). Her digital photography will be displayed in the U.S. Capitol for one year.

Congratulations to the following Potomac students who graduated May 15 from Rice University.

- ❖ **Kristin Anderson of Potomac** received a Bachelor of Science in Bioengineering .
- ❖ **Timothy Drain of Potomac** received a Bachelor of Science in Chemical Engineering .

Arden Kabob of Potomac graduated May 15 from Rice University. Kabob received a Master of Business Administration degree.

Colin Cameron of Potomac graduated from York College of Pennsylvania on May 15. Cameron earned a Bachelor of Arts degree in Public Relations and History.

Elizabeth Valhi of Potomac received her undergraduate degree from Providence College during the 92nd Commencement Exercises held on Sunday, May 16. Valhi received a Bachelor of Arts in Global Studies .

Michael Hayed Lively, son of Mike and loan Lively of Potomac, earned a Bachelor of Arts in Political Science and Religious Studies, from Saint Michael's College, May 13, in ceremonies held on the campus of the liberal arts residential Catholic college located in the Burlington area of Vermont.

Carry Master, a graduate of Winston Churchill High School, received a bachelor of arts degree from The College of Woosier during commencement exercises on May 10. A religious studies major, Master is a resident of Potomac.

The following local residents are among the more than 700 new graduates of Marymount University who received diplomas at the University's 59th Commencement Ceremonies at D.A.R. Constitution Hall in Washington, DC, on May 10.

- ❖ **Kie Anderson of North Potomac** graduated with a/an M.A. in School Counseling.
- ❖ **Maria Economides of North Potomac** graduated with a/an B.S. in Nursing (2nd degree).
- ❖ **Michael Raeder of North Potomac** graduated with a/an B.A. in History.
- ❖ **John McConnell of Potomac** graduated with a/an B.B.A. (Business Administration).
- ❖ **Alexis Sacks of Potomac** graduated with a/an M.Ed. in Elementary Education.

The Time of Our Lives

BY DANIELLE COLLINS
FOR THE ALMANAC



As those blue and white caps are thrown up in the air with cheers and applause, a bittersweet sea of emotion flows through the crowd. There are tears and laughs, promises to keep in touch and fresh hopes of new beginnings at unfamiliar places. Cameras flash for hours, blinding reminders of a time to remember, a time to look back upon with great fondness. These pictures will sit forever in the photo albums that mark the beginning of a new transition in life, and even as they crinkle and brown, they will never lose their sentimentality. Reflecting on their time in high school, seniors speak of Churchill with the fondness of an old friend, a partner in crime, and a place of learning and loving.

For Churchill seniors, the lessons learned will help define who they are for the rest of their lives. Yanzhi Yang reflects, "I learned from Churchill that hard work is always appreciated and good ethics are often worth more than smart brains. And I'll miss my friends, great teachers and the fun I had playing sports."

For Elliot Antokas, "Churchill taught me to be outgoing because if you don't, you won't make the friends you need. I moved from New Jersey so I was really quiet in ninth grade and only had a few friends. I became more outgoing as the years went by and reached out to make a really close group of friends."

Churchill taught Daisy Hand "to balance having fun with doing work. I learned when it's OK to say you can't do something. Freshman should get involved in Churchill life by doing a sport, even if they are not the best at it. Sports teach time management and teamwork, and it showed me how to work with all different people."

Liam Regan says, "I learned from Churchill that as long as you apply yourself in school, you can achieve anything. High school went by really fast, but I'm really excited to graduate and go to college."

And from sports teams to school plays, each senior loved a different part of their high school experience. Joanne Liu says, "My favorite part of Churchill was the tennis team. It was lots of fun and everyone was nice. We had a really great season this year."

For Alex Leventer, "Friends were the best



At graduation: Saam Tashayyod, Ben Gloger, Jeremy Bernitt, Anish Bhatia, David Weiss, Leah Greenwald, and Chris Verboncoeur.

part of high school. I loved going to sports games, homecoming, and prom. One of the most important lessons I learned was honesty."

One of the year's most impressive accomplishments comes from Danny Dalrymple, a graduating senior with autism who sang the National Anthem at Churchill's graduation. Heading off to college next year, Danny says, "I will miss all the people I had in my class. I feel excited about graduation and I am very excited to sing the anthem. The group performing contains singers from Vogue, Jazz, Simply, and Showstoppers."

As the seniors depart to begin anew, they leave behind a bit of advice for incoming freshman. Elliot Antokas advises them, "to do whatever they want and don't worry too much or get too stressed over the small stuff."

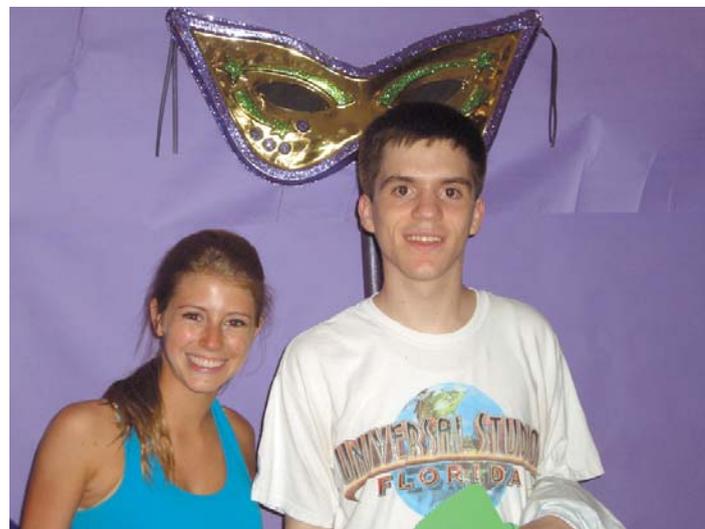
Eshe Hill believes that "all the friends I made at Churchill were amazing and I made great memories with them. I would advise freshman to get involved with activities at Churchill but not to stress too much. School

is overwhelming sometimes, but it all turns out OK."

Steven Ahn suggests "getting involved with the performing arts programs. Churchill has one of the best arts programs out there, and there are countless opportunities to learn, teach, and display your talents. I learned that nothing is given to you, but you have to go out and get it."

And for Jordan Kirschenbaum, "Graduation is really exciting, but for freshman coming to Churchill, I would say to get involved in anything and make a lot of friends."

But even amongst all the adjustments and stress of high school, perhaps the most overlooked advice comes from Alex Cort, who simply says to, "Savor the moments at Churchill while they last." The high school years may come and go, but the friendships will always remain. The memories made at Churchill will stay in the hearts and minds of these students forever, and school pride and spirit will last a lifetime. Congratulations to the class of 2010 — you will be missed.



Kristin McDonald and Danny Dalrymple at the After-Prom.

SCHOOL NOTES

FROM PAGE 10

Rachel Solnick of Potomac graduated May 15 from Rice University. She received a Bachelor of Arts in Visual and Dramatic Arts, Policy Studies and Psychology.

Bucknell University has released the dean's list for outstanding academic achievement during the spring semester of the 2009-10 academic year.

❖ **Katherine A. Brown, Potomac**, daughter of Russell and Barbara Brown of Potomac, and a 2008 graduate of Winston Churchill H S, Potomac.

❖ **Hannah L. Davis, Potomac**, daughter of Joseph and Sarah Davis of Potomac, and a 2008 graduate of Saint Andrews Episcopal School, Potomac.

❖ **David T. Isetan, Potomac**,

son of Richard and Amy Isetan of Potomac, and a 2006 graduate of Winston Churchill H S, Potomac.

Hannah Manke of Potomac graduated from Washington College in Chestertown, Md., with a degree in business management. She is the daughter of Mr. and Mrs. David C. Manke of Potomac.

Brittani Michelle Director of Potomac graduated with a Bachelor of Arts degree in Art History from McDaniel College on May 22.

Bucknell University has conferred bachelor's and master's degrees to students who completed their graduation requirements during this past spring semester. Degrees were awarded May 23 for studies in liberal arts and professional programs in engineering, education, management and music.

❖ **Charles S. Collins Jr., Potomac**, son of C. Scott and Amy Collins of Potomac, MD and Michelle and William Gerald of Potomac, MD, and a graduate of Saint Johns College H S, graduated with a B.S. in Business Admin. in Management.

❖ **David T. Isetan, Potomac**, son of Richard and Amy Isetan of Potomac, MD, and a 2006 graduate of Winston Churchill H S, graduated with a Bachelor of Arts in Political Science and History.

❖ **Andrew L. Litzenberger, Dulles**, son of Earle and Marianne Litzenberger of Potomac, and a 2005 graduate of International School Brussels, graduated Cum Laude with a B.S. in Chemical Engineering. Litzenberger received the Robert E. Slonaker Jr. Memorial Award for outstanding achievement within the field of materials science and engineering.

Local students have been named in the first round of college-sponsored National Merit Scholarships. The students are among 35 winners in Maryland of scholarships sponsored by colleges and universities throughout the nation. Each sponsor college selected scholarship winners from among finalists in the 2010 National Merit Scholarship Program who plan to attend their institution. Congratulations to the following:

❖ **Winston Churchill High School:** Brett G. Mead, Washington University in St. Louis, law; Brian C. Sun, University of Maryland, theater/performing arts

❖ **Thomas S. Wootton High School:** Hubert M. Shiau, University of Maryland, accounting/information systems

Bucknell University has released the dean's list for outstanding academic

achievement during the spring semester of the 2009-10 academic year. Congratulations to the following local students:

❖ **Katherine A. Brown, Potomac**, daughter of Russell and Barbara Brown of Potomac, and a 2008 graduate of Winston Churchill H S, Potomac.

❖ **Hannah L. Davis, Potomac**, daughter of Joseph and Sarah Davis of Potomac, and a 2008 graduate of Saint Andrews Episcopal School, Potomac.

❖ **David T. Isetan, Potomac**, son of Richard and Amy Isetan of Potomac, and a 2006 graduate of Winston Churchill H S, Potomac.

Potomac resident Joanne Daniel graduated with her degree from Worcester Polytechnic Institute.

**On-line ordering
now available!
20% off your first
on-line order!**



POTOMAC PIZZA®

www.potomacpizza.com

**Dine-in, Carry-out, Delivery & Catering
Serving Our Communities Since 1978**