Herndon High Presents Theater Awards

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Herndon High School Cappies Critics, Commendees and Nominees, receive recognition at the school’s theater awards presentation last week. From left, Brenda Perez, Brittany Bishop, Sidney Lawrence, James Snow, Evi Dobbs, Tiffany Schick, Trevor Morgan and Joey Truncale.
Faith Activists Named Lord, Lady of Fairfax

Tanveer A. Mirza and Michael Shochet recognized as exceptional citizens.

By Alex McVeigh
The Connection

Cantor Michael Shochet and Tanveer A. Mirza were named 2010 Lord and Lady of Fairfax, representing the Dranesville District. They were recognized for demonstrating superior service to their community.

Supervisor John Foust (D-Dranesville) nominated the two for this year’s awards, saying he “wanted to focus on the contributions the faith community is making.”

“I think sometimes the faith community doesn’t get the recognition they deserve for all the good they do, and I saw this as a chance to give them that recognition,” Foust said.

SHOCHET serves as senior cantor at Temple Rodef Shalom in Falls Church, but in his spare time, he serves as the chair of the Fairfax County Community Chaplains Corps. They are a team of clergy that will respond in the event of a crisis to help citizens in need.

“I try to be there for people in times of crisis, to give a universal religious perspective,” Shochet said. “I have to be prepared to handle issues of people of all faiths, or no faith at all.”

Shochet is also the Fairfax County Chaplain Coordinator, which ministers to police officers who might be facing issues. A former Baltimore police officer, Shochet knows the importance of helping police officers find a sense of hope and balance.

“As a former police officer, I definitely understand what they go through. They’re always there for us, so it’s nice to be there.

Tanveer A. Mirza is the president of FAITH, a charity aimed at giving people the opportunity to change their circumstances.

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Cantor Michael Shochet serves as the chair of the Fairfax County Chaplains Corps and as the chaplain coordinator for the county, in addition to being senior cantor at Temple Rodef Shalom in Falls Church.
Shining Stars of Coates Elementary

When students enter Lutie Lewis Coates Elementary School, a gleaming statue of a child reaching for the stars greets them at the door. The statue reminds the students to reach their full potential and shine in all they do.

This message of encouragement is inspired by Lutie Lewis Coates, an African American teacher and principal in Fairfax County whose memory lives on in Herndon’s recently built elementary school. While the school celebrated its first academic year at a Dedication Ceremony earlier this month, Herndon residents remember Coates and her passion for nurturing young minds.

Coates grew up in Manassas and was one of nine children. After studying at Virginia State College and New York University, Coates began a teaching career at the Floris Colored School that would last her 32 years.

She is best remembered for her constant encouragement and dedication to her students. Coates felt all children deserved to be educated, regardless of their ethnicity or financial status. She would often bring lunches for her students, provide transportation to school, and always kept a warm cup of soup on hand.

“Ms. Coates is known for her compassion and concern for the well-being of her students,” said Mary Weadon, former teacher of Floris Elementary School.

Weadon played a crucial role in ensuring Coates would always be remembered. She obtained 50 signatures in the hopes of preserving the original schoolhouse where Coates instructed. Unfortunately, the school was taken off the Historic Sites List and was demolished in 2006.

Luckily, a new elementary school was being constructed half a mile away, and Weadon led the petition to name the school after Coates.

“This choice would promote a more mindful consideration of the future by keeping history in close awareness,” said Weadon. “In part, it is a way to honor Ms. Coates while also remembering a time we so easily forget.”

After much campaigning and networking, Weadon’s suggestion to name the school after Coates gained momentum. Once the decision was made, Weadon felt joyful to have brought attention to a caring African American educator while also shedding light on the hard times of segregation.

“When it comes to the future, it’s important to show both the positive and dark sides of history,” said Weadon. “It helps us to be more realistic about ourselves and move ahead in the best possible way.”

Lutie Lewis Coates Elementary School is the first school in Fairfax County to be named after an African American woman since desegregation. Faculty members carry on Coates’ legacy by teaching their 550 stu

Herndon High Presents Theater

Herndon High School hosts Awards Ceremony to honor theater students.

On Friday, June 11, the Herndon High School Theater Department conducted its annual end of the year Awards Ceremony. The department distributed its awards, inducted new members in the International Thespian Society and recognized students involved with the Cappies Program.

Awards were distributed by Theater Director Zoe Dillard and Fine Arts Administrator Jim Hannon, as well as the Theater Department’s Alumni Stephanie Gordon, Alex Burns and Sam Ryan.

The night began with induc
tions into the International Thespian Honor Society for High School Theatre Students. Honor Thespians, theater studen
ts who produce 50 Thespian points, and International Thespians, theater students who produce 100 Thespian points, were also recognized. Then the
THE COUNTY LINE

In Diversity, TJ Is Low-Performer

New admissions process has failed to increase minority and poor student enrollment.

By Julia O'Donoghue

The Connection

It might seem obvious why students choose to attend Thomas Jefferson High School for Science and Technology. U.S. News and World Report has rated it the best high school in the country for the past three years.

“I came here because of the academic opportunities,” said Thomas Woodruff, a junior from Centreville who spends 90 minutes each weekday commuting to and from Jefferson’s Alexandria campus.

Students at the Northern Virginia magnet school, commonly referred to as TJ, have genuine interest in school and academicism, which creates a more congenial atmosphere, according to some current students.

“They are nice to each other. You can leave your stuff in the hallway and no one will take it,” said Alan Barte, a freshman from Herndon.

But one problem a few current students voiced about TJ is the homogenous student body. Less than five percent of TJ’s students are black or Hispanic. Over 80 percent of the pupils are white or Asian.

“The only thing I don’t like is how half the students at the school are Asian. I wish there was more diversity,” said Mary Kim Weidman, a freshman who is part Korean and from Reston.

GETTING ACCEPTED to TJ is not an easy task for anyone. The school admitted only 15.3 percent of the 3,119 student who applied to be part of the Class of 2014. That means TJ had a lower acceptance rate for its incoming freshman class than either Cornell University or Swarthmore College this year, according to information on U.S. News and World Report’s website.

Fairfax students also compete with children from around the region for slots at the Northern Virginia magnet school. About 80 percent of TJ’s student body comes from Fairfax but residents from Arlington, Loudoun, Prince William and Fauquier counties and the City of Falls Church can also attend the school.

Students who are black, Hispanic or poor have a particularly hard time getting admitted to TJ. Out of 480 students admitted to next year’s freshman class, just four are black and 13 are Hispanic. Only nine are considered poor enough to qualify for free or reduced-priced lunch.

And across all four grades at TJ last year, approximately 1.78 percent of students were black, 2.84 percent of students were Hispanic and 1.74 percent were poor.

Fairfax schools’ countywide enrollment is far more diverse than that of TJ. Across the school system, 18.1 percent of students are Hispanic and 10.5 percent are African American. Approximately 25 percent of all county students are considered poor.

None of Fairfax’s other 24 high schools posted such low percentages of black or Hispanic students as TJ.

TJ only high school, Langley in McLean, has a lower percentage of poor students enrolled.

TJ does enroll a higher-than-average percentage of Asian students, who will make up almost 58 percent of incoming freshman class next year. Countywide, Asian students account for just 18.5 percent of the school system population.

“There are a lot of people from a lot of different ethnic backgrounds here. But I wish there was more diversity,” said Sarah Sam, a sophomore who is part African American and a member of the school’s Black Student Union.

FAIRFAX COUNTY Public Schools has struggled to boost enrollment among black and Hispanic students at TJ since 1998, when the school board ended an affirmative action program at the school.

In 1998, the last year of the affirmative action program, TJ admitted 49 black and Hispanic students. By 2003, this number has dropped to just 16, prompting the school board to form at blue ribbon commission on the TJ admissions process that year.

The commission, which included admissions officers from Yale University and the University of Virginia, concluded TJ was behind other elite high schools and colleges, when it came to certain groups of minorities and poor students.

At the Bronx High School for Science in New York City for example, a school ranked fourth on U.S. News and World Report’s “best high schools” list in 2008, approximately 12 percent of the student body was black or Hispanic and one in three students was considered poor.

Two years later, the Bronx High School for Science was ranked third on the list.

Even in states that do not offer accelerated math. These schools tend to have larger populations of black, Hispanic and low-income students. And although students are not required to take Algebra I by the end of seventh grade to get into TJ, 80 percent of those accepted this year had done so. Starting next fall, advanced math at the sixth grade level will be available on all elementary campuses, said Paul Regnier, spokesperson for the school system.

While affluent parents may have been preparing their children’s list of activities with an eye toward applying to TJ for years, many lower-income parents — including those who are black and Hispanic — have not had such foresight, said Abraham Lerner, head of the diversity committee for TJ’s Parent Teacher Student Association.

“You have families who are doing everything that they need to do to get their children into TJ by the time they are in third grade. There are other parents who are learning about TJ for the first time when their children are in eighth grade,” said Lerner, who conducts outreach to the families of black and Hispanic middle school children who have high GPAs and could make good candidates for TJ.

MINORITY STUDENT advocates said there are several reasons why black and Hispanic students struggle to gain admission to TJ.

“There is not a lot of enthusiasm for going to this point. People look at the numbers and say there is not a lot of support for me going to that school,” said John Johnson, chair of the School Board’s Minority Student Achievement Oversight Committee.

Approximately 50 private companies and tutors offer test preparation specifically for the TJ admission exam. Since black and Hispanic families are more likely to be low-income, they are less likely to have the money to spend for a private tutor for the entrance exam, said Johnson.

Even minority and poor students who make it past the initial screening and into the semifinalist round may not have as strong applications as those from affluent backgrounds. In the final round of the TJ application process, staff look for an indication that students are interested in math or science. And students at-risk are less likely to have gone to math camp or away on a science expedition to another country.

“These families who are financially gifted have the means to provide more enrichment activities,” said Johnson.

Not enough students who are black, Hispanic or poor are being prepared earlier on in their educational careers for gifted and talented programs like TJ, said minority student advocates.

The majority of Fairfax public school students who attend TJ have come through elementary and middle school gifted and talented centers. And of the 10,514 students enrolled in those elementary and middle school gifted and talented centers, only 400 are black and 438 are Hispanic, according to Fairfax County Public Schools.

According to Johnson, there are also 22 elementary schools in Fairfax that do not offer accelerated math. These schools tend to have larger populations of black, Hispanic and low-income students. And although students are not required to take Algebra I by the end of seventh grade to get into TJ, 80 percent of those accepted this year had done so. Starting next fall, advanced math at the sixth grade level will be available on all elementary campuses, said Paul Regnier, spokesperson for the school system.

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Theater Students Honored

FROM PAGE 3

Theater Department recognized student involved with the Cappies Program, which allows high school theater and journalism students the opportunity to be trained as critics, attend shows at other high schools, write reviews and publish their reviews in local newspapers around major cities in the United States.

HHS Drama Boosters awarded four scholarships to students. The Thespian treasurer and student di-rector and actor, Dimitri Gann, received the HHS Theatre Arts Medallion. Erika Rodakowski received the Chuck Stanley Memorial Scholarship, awarded by the Stanley Family.

Students were also recognized for their involve-ment and production of Rodgers & Hammerstein’s “Oklahoma!” Trevor Morgan, Evi Dobbs, Ian Gildea, Joey Truncale, Andy Raoufi, James Snow, Sara Talebian and Ashleigh Marlin received acting awards for their “Oklahoma!” portrayals, with Giovanni Jimenez winning Best Lighting, Justin Burns for Best Sound, Ian Gildea and Hope Ruffner for Best Set Construction Master Carpenter for “Oklahoma!” Sophomore Colvin Rayburn was recognized as “Rising Star Technician.”

“Dogberry’s Crew” from the recent HHS Theatre production of “Much Ado About Nothing” was recog-nized as the “Best Ensemble.” Kudos to One-Act production of “Much Ado About Nothing” was recog-nized as the “Best Ensemble.” Kudos to One-Act production of “Much Ado About Nothing,” with performances on July 29, 30 and 31.

— Amir Noorbakhsh

who was voted “Rising Star Performer.” Senior Zack Gross was also honored for his contributions to the Theatre. The final awards of the evening, chosen by Dillard, went to Christopher George, “Most Im-proved,” Hope Ruffner for Stage Management, Tif-fany Schick for Technical Excellence, Sidney Lawrence for Best Thespian-Female and Joey Truncale for Best Thespian-Male. The two Best Thes-pian Awards, recognizing superior accomplishment in high school theater, went to leading roles: Beatrice and Benedick in the recent production of “Much Ado About Nothing.” Senior students recognized in-cluded, Sidney Lawrence, Herndon Thespian presi-dent and Cappies critic, who spent countless hours in technical theater, as well as played multiple roles. He will attend James Madison University this fall. Joey Truncale was recognized for leading and sup-porting roles in every full-length HHS theater pro-duction this year, as well as performances for HHS choir and last summer’s production of “Grease” for HHS Drama Boosters’ sponsored summer musical theatre program, “The Grand.” Truncale will be at-tending Virginia Polytechnic Institute and State Uni-versity this fall.

Many of the HHS theater students honored on Fri-day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1 day evening will be performing in this summer’s pro-ductions of “Footloose!,” with performances from July 30, 31 and 1
Be Part of the Pet Connection

Send us your photos and stories of your favorite creatures for our July edition.

We love our pets. Dogs and cats and other creatures great and small are essential members of our families. They offer us unconditional love, joy, comfort, companionship; humor. We know our children benefit from learning to empathize, care for and love our family pets.

We don’t hesitate when it comes to spending on their health care or rearranging our lives around basic needs.

To celebrate, we plan to publish the Pet Connection, including your family’s pets, in late July.

We invite photos of your pets with you, your children or with whole family. We’ll prefer photos that picture the pets with their humans. We also invite children’s artwork of their pets.

We also welcome short stories (200 words or less) about your pet. Tell us a funny story, or explain how your pet helped you or a member of your family through a tough time. Tell us how you came to adopt or rescue your pet. Tell us how your favorite places to go with your pet, or how you solved a particular challenge concerning your pet.

We haven’t forgotten horses, fish, birds, reptiles and amphibians, guinea pigs, hamsters, and other more unusual pets — we hope for photos about them all.

Be sure to identify the full names of everyone pictured in any photos, include information such as breed and age of the pet and children pictured, and (very important) the community where you live.

We prefer digital submissions, delivered on CD or via email. Please send in submissions as soon as possible, but at least before July 10. E-mail to mclean@connectionnewspapers.com, and write “Pets” in the subject line. You can mail submissions to McLean Pet Connection, 1606 King St., Alexandria, VA 22314.

Please be sure to include the name of the artist or author, and name of the home town, along with address and phone number to be used for verification purposes only.

Expertise for Annual Community Guides

What tips do you have for someone new to your town? What interesting, almost secret, places would you like to have learned about earlier when you moved in?

We invite you to share the expertise you’ve gained in living in your hometown with your neighbors and with people new to the area in our Newcomers and Community Guides, coming later this summer.

Connection staff members and interns are already working on the annual Newcomers and Community Guide, which will publish at the end of August.

We invite residents, businesses and organizations to send us suggestions. We invite calendar listings for major events for the upcoming year, information on how to get involved in nonprofits and charities, details about your club or other organization.

When are the major festivals, celebrations and other events at your church or temple or mosque?

We also invite readers to contribute directly to the newcomers and community guides. Send us a short letter: what do you love about your community? Tell us about one special place you’ve discovered. Does your family have different favorites in different seasons? How did you get involved in your town? Share your favorite pet. Tell us about your favorite annual event.

Helping pets adapt to new surroundings can be a big part of any family’s move. Share tips you have for acclimating a pet to a new home.

Do you have a favorite dog park?

Send you comments and submissions to mclean@connectionnewspapers.com or mail to McLean Newcomers Guide, 1606 King St., Alexandria, VA 22314.

— Mary Kimm

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Father’s Day Gallery

Mike Carney of Herndon with children — Joseph, Megan, Kelly and Thomas — in the pool in Lewes, Del. over Memorial Day weekend.

Father, Albert Evangelista, 93, with daughter AnnaMarie Lawson of Herndon, checking out a new Italian restaurant near St. Augustine, Fla. this past January. They drove about 30 minutes to get there only to find out they were closed that day.

Dad Brent Jones, with Luke, 4, and Claire, 5, of Herndon.

Emily Hudsonburg, 11, Tim Hudsonburg, Dad, and Kaitlyn Hudsonburg, 14, of Herndon, Fox Mill, celebrate Thanksgiving Day.
Coates Elementary Celebrates Diversity

From Page 3

dents to welcome diversity and always pursue their goals.
“Our mascot is the star,” said Principal Karen Siple at the recent Dedication Ceremony. “We commit ourselves to excellence because we know that is what Ms. Coates expected of all her students. We’ve been shining ever since.”

COATES ELEMENTARY has had a very successful first year. Two staff members were nominated as Fairfax County Public School’s Outstanding First Year Teachers, and 100 percent of this year’s fifth graders passed their SOLs.
“Her service has not been in vain,” said Nickia Johnson, Coates PTA president.
Several government representatives attended the ceremony including Del. Tom Rust (R-86) and Dr. Jack Dale, superintendent of Schools for Fairfax County. Also in attendance were members of the Lewis and Coates family and several of Coates’ former students.
“This school is a real gift to the community,” said Coates’ niece, Diane Lewis.
Students of Coates Elementary understand the hardships Coates overcame during her lifetime. Every morning they recite the “Coates Pledge,” which calls all students to be respectful of others, responsible for one’s actions and ready to shine at all times.
“Every kind of boy and girl are joining together to make one whole perfect family,” wrote third-grader Gopika Mini in an assignment to remember Coates. “Lutie Lewis Coates was like a mom to students. We are proud of her and our new school.”

Each student wrote a favorite memory from the school year, which were placed in a time capsule to be opened in 2020. Also included in the capsule were pictures of the staff and student body, the yearbook and a book cataloging the major events of 2009 and 2010.
After the ceremony, students rushed off to class to enjoy the last days of school while faculty members recalled the source of their Coates “stars.”
“Ms. Coates could see the potential in her students,” said Advanced Academics teacher Tracey Jenkins. “As an African American woman myself, Ms. Coates is an absolute inspiration. She inspired students to reach that full potential, and she saw diamonds in the rough. Students come here to shine.”

— Karen Siple, principal of Lutie Lewis Coates Elementary School

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The Young Energy Detective

Herndon student promotes energy efficiency.

By Claire Babilonia
The Connection

E very morning, sixth-grader Satvika Kumar could not leave for school unless her computer, fan, and lights were switched off. Tired of hearing her parents’ countless reminders and complaints of expensive electric bills, Satvika knew it was time to change her habits.

While most 11-year-olds would be satisfied with turning off a single light, Satvika took matters into her own hands. She designed a blog to promote energy efficiency and simple lifestyle changes that can have long-term effects.

Entitled, “Young Energy Detective 411,” the blog catalogs common mistakes, such as leaving a faucet running, and encourages readers to take small steps towards conserving energy.

“In our times, it is all about the environment and global warming,” said Satvika. “If everyone does a little thing, like turning off the lights or unplugging their computers, we can make a big difference.”

The blog is filled with short video clips and energy-saving tips. Viewers follow her footsteps as she explores easy ways to conserve energy around the house.

“She would roam around the house in my old winter coat, gloves, and dark sunglasses,” mother Sandhya Kumar said. “She turned off lights, unplugged computers, and called herself ‘the energy detective.’”

Satvika submitted the blog in the Igniting Creative Energy Challenge, a national competition sponsored by Johnson Controls and the National Energy Foundation that challenges students in grades K-12 to submit creative, energy-efficient ideas.

Her blog placed first in the state of Virginia, and she was one of 11 state winners in the U.S. selected by Johnson Controls.

Lakisha Williams, surprised Satvika with the news during a school day at Nysmith School for the Gifted.

“Everyone can make a difference to become more energy efficient,” said Williams, during the surprise ceremony.

Satvika received a certificate of achievement, a solar backpack that charges most electrical devices, an iPod and a pizza party for her and her classmates.

“I was very excited to win,” Satvika said, after the presentation. “I did not expect it at all, but it felt very rewarding.”

This is not the only recognition Satvika has received in her community. She also placed first in the Engineering Girl Survival Design Challenge for her essay on survival tactics.

“Satvika is a joy to have in the classroom,” said Science teacher Diane Carlivati. “This is her first year here (at Nysmith) and we’re very lucky to have her.”
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1021 Arlington Blvd. #405.$209,900...Sun 1-3....Randy Morrow.............Keller Williams.........703-629-1733

To add your Realtor represented Open House to these weekly listings, please call Winslow Wacker at 703-821-5050 or E-Mail the info to winslow@connectionnewspapers.com
All listings due by Monday at 3 pm.

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**Father’s Day Gallery**

Melissa Stettner and her father Will Stettner of Herndon enjoy some quality time together during the Blizzard of 2010.

Bob Hartley of Herndon with then 18-months-old daughter, Maeve, wrapped in a beach-towel and asleep on his chest after a long day playing in the Pamlico Sound, Outer Banks, N.C. North Carolina.

Herndon resident, Mark Gregory, with daughter, Navy Ensign Carleigh Gregory, 23, on Tiger Cruise — somewhere in the Pacific Ocean, November 2009.

Kathryn Van de Houten, 13, Dad Rick Van de Houten, and Christine Van de Houten, 13, of Herndon share happy moments posing for the picture.
Herndon Track and Field Teams Excel in Postseason

Nguyen comes back strong in boys’ shot put, Carina Peter leads girls at districts.

When Herndon High’s Kirk Nguyen failed to place in the boys’ shot put event at the Concorde District outdoor track and field championships May 19-21 at Westfield High School, his coaches challenged him to put more effort and focus into the event at the following week’s Northern Region championships.

Nguyen, gifted in both the shot put and discus events, had won the discus at districts but had totally fallen off the map in shot put, finishing tied for 14th overall. A few early mistakes in the first few rounds of the competition had put him in a hole he could not get out of in the event. “He was awful in the shot put at districts,” said Herndon head coach Pete Sherry. “He hit rock bottom in that event and realized he couldn’t ignore it [priority-wise] any further.”

With a new mindset in regards to shot put, Nguyen was a different competitor at regionals the following weekend (May 27-28) at Lake Braddock Secondary School where he won both the shot put and discus events to help boost the Hornet boys to a third place tie with host school Lake Braddock in the team standings. “He really stepped up at regionals,” said Sherry.

A week after that, Nguyen capped the postseason with a good effort at the state AAA championships at Sports Backers Stadium in Richmond with a sixth place finish in discus and a ninth place in shot.

Nguyen’s postseason resurgence was one of numerous highlights for Herndon High athletes throughout the districts, regionals and state competitions.

At districts, the Herndon girls’ team put together a strong second place showing with 126 points, finishing behind champion Oakton (146) and ahead of third place Robinson (99). Carina Peter had a fabulous showing at districts with first place finishes in both the 100 and 200 races, as well as the long jump event. “She’s a big, strong athletic kid,” said Sherry, of the sophomore. “She had a solid freshman year and has gotten better and better [as a sophomore].”

Other first place finishes at districts came from Cc Chambers in the discus and Mehnaz Haq in the 800 race. Chambers was also a third place finisher in the shot put. Another outstanding showing came from Tania Hassan, who was second in the 300 hurdles, third in both the 100 hurdles and triple jump and fourth in the pole vault.

Other solid district showings for the Herndon girls came from Carolyn Hennessey (second in the 1,600, third in the 3,200), Chelsea Proctor (fourth in triple jump, fifth in long jump), Enuma Ezenwa (fifth in the 400), Belle Burgess (fifth in the 1600, seventh in the 3,200) and Sarah Roethel (sixth in both high jump and pole vault).

The Herndon boys, at regionals the following week, put together an exceptional showing with their third place team finish (tied with Lake Braddock). It was a big improvement from the teams’ district showing.

“We certainly didn’t expect that,” said Sherry, of the boys tying for third at regionals. “We were really happy with that performance.”

Nguyen finished first in both the shot put and discus events to lead the Hornet boys. Good outings for Herndon also came from Jasper (fourth in the 1,600), Hernandez (fifth in the 200) and Miller (seventh in pole vault).

Herndon’s 4x100 relay team finished second to first place Robinson. The Hornets’ foursome was made up of Hernandez, DeShawn Summerville, Shariff Mazlan and Josh Schow. Herndon’s 4x800 relay team of Tim White, Jasper, David Kloosterboer and Omar Zaiki finished fifth. Both relays advanced to states.

“We weren’t sure if either [relay] would get to states, and both did,” said Sherry. The coach credited Schow with leading the 4x100 team.

“We was the boys anchor and did a good job getting that group together,” said Sherry. Jasper, who will try to walk-on with the William & Mary men’s track team next school year, was the fastest leg on the 4x800 relay. “Being on the relay team helped him a lot,” said Sherry. “He was the most important leg and a senior on that relay. Putting some emphasis on relays took some of the pressure of some of his other events.”

The Herndon boys’ team MVP this spring, Austin Miller (fifth in pole vault), Kevin Proctor, Enuma Ezenwa and Peter. The Hornets’ 4x800 relay team of Nina Bagley, Haq, Belle Burgess and Hennessey was fifth.

For the Herndon boys at the state championships in Richmond, Jasper finished fifth in the 1,600 race. In field events, Nguyen earned sixth place in discus and ninth in shot put for the Hornets.

For the Herndon girls, Hennessey finished fifth in the 2-mile race and Peter was seventh in both the 100 and 200 races.

Nguyen, who will be competing as a member of the George Mason University track and field team next school year, was named the Herndon boys’ team MVP this spring.
Reston Public Art Gets Underway

By Alex McVeigh

More than 30 students at Hunters Woods Elementary are working with artist Valerie Theberge on the first project of Initiative for Public Art Reston. The project, a mosaic, will adorn the ceiling and walls of the underpass located near the intersection of Glade Road and Colts Neck Road.

IPAR is made up of a civic and community organizations dedicated to creating a new generation of public art works throughout the community. Students have been working after school on Wednesdays since May 19.

Hunters Woods Elementary was chosen because it is an arts and music-focused school, and it is located very close to the underpass. The students meet for an hour and a half every Wednesday, with their last session June 23. Each student is creating their own star, which Theberge will incorporate into the mural. Since more than 30 students are participating, the design will actually spill out of the underpass to make room for all the stars.

THE DESIGN, which features greens, yellows, reds and teals, will feature two triangular parts on the walls, which will lead into a piece covering the ceiling of the underpass.

“These students have really been amazing, they’re all so capable and I’ve been impressed with their focus and creativity throughout the project,” Theberge said.

Theberge has worked on public art projects all over the country, but she says she has been especially impressed with the level of support and involvement in Reston.

“There’s been a lot of community involvement and input, between meetings with the public and working with this class and school, it’s really nice to have that,” she said.

For teachers, parents and students, the project has been a fun way to do something after school as well as make their mark on their community.

“My son wakes up every Wednesday and reminds me that today is art day,” said Courtney Wilson, whose son Jonas, 9, is one of the artists in training. “I think it’s fantastic for the kids to be able to see a project like this from start to finish. At the end, when they see their product permanently affixed to the underpass, I think they’ll all get a sense of what it is to contribute to their community.”

THE STUDENTS enjoy the creative process, as they spend their sessions working on their stars, seeking input from others and working together to put out the best designs. Knowing that their art project will be on display for all is just a bonus.

“I really, really like art, which is why I wanted to do this,” said Monica Lannen, 12. “It’s fun to pick out the colors of tiles and put them all together. I’m looking forward to seeing it when it’s finished.”

The Reston Association and the Reston Community Center have partnered with IPAR and Hunters Woods to coordinate the after-school sessions.

“I think it’s a wonderful environment of collaboration and support for the students. Being able to share Valerie’s knowledge of art is going to help them going forward,” said Anne Delaney, executive director of IPAR. “This is a great way to start [IPAR projects], we hope to branch out to other schools on future projects.”

The students will submit their completed stars to Theberge June 23, and she will then take them to her studio to incorporate into her final design.
21 Announcements

Charitable Misgivings

By KENNETH B. LOURIE

I have never been particularly charitable. Oh sure, I've given money here or there, especially when friends, neighbors, co-workers or family members have embraced -- and solicited for -- a cause. But on the whole, my actions (make that inaction) have left a lot to be desired. Unless of course, there were cookies or candy involved, or self-addressed, pre-stamped envelopes provided, otherwise, my inclination has been, generally speaking, not to "incline." I have stayed pretty much within my perimeters, not navigating (heck, not even drawing) outside the lines. I have been happy traveling within the imaginary guidelines set for me, set by me, set because of me. Well, that's about to change.

A little perspective goes a long way, and so too does an unexpected stage IV lung cancer diagnosis affect a life-long non-smoker at age 54, and so my perspective has changed as in "There are no atheists in foxholes," a quote most often attributed to World War II journalist, Ernie Pyle, evolved you might say, matured even, and now I'm redefining those of those lines. I'm certainly not on the front line, I'm more a rear guard-type action. I'm not addressing and/or stamping those envelopes or calling prospective donors over the phone, nor am I soliciting in public. I'm simply contributing, financially, more frequently than I have in the past. (That's not saying much, but it is saying something!) On the one hand, I figure it's not too late. On the other, I figure, given my prognosis, it's now or never. I don't think I'm making a Faustian-type deal, but neither do I know for sure that unless acts made in the face of death won't result in some kind of positive feedback down the line. Either the (line) or the (cure) of that future line. Nevertheless, I'd rather be safe than sorry, or at least think I'm being safe so maybe I won't be sorry. But who knows, really.

So yes, I suppose there is an ulterior motive. Now, whether a few dollars spread around (by me) to those less fortunate than I (cancer issues not always withstanding), although likely underlying every decision I now make, subconsciously probably, consciously discretely and/or considering more charitable endeavors (other than myself) won't likely help me in this life, I can't see how it would hurt, either. Am I counting chickens or hatching a plan. I'm simply trying to consider the bigger picture.

It's not like I'm donating all my worldly possessions or going on a pilgrimage to the Promised Land to find the true meaning of life and death. I'm still living my normal relatively speaking for a cancer patient receiving chemotherapy every three weeks life, but trying to work into that "normal" life more and less don't, and to be more sensitive to those who have not rather than to those who have a lot.

I wouldn't say this benevolence hit me recently. I would say it's been a gradual year or so ago awakening, having me on Feb. 27, 2009, when my internal medicine doctor first called me with the results of my scan. The "m" word has a way of sharpening your focus and maybe even redefining your values a bit.

So here I sit, 15 months later, approximately, doing better than my oncologist expected and grateful for every result he has characterized as "above average." I'm not so well thinking about death too much. I'm thinking about life. And not just mine, but others. In a peculiar way, it sort of helps.

Kenny Lourie is an Advertising Representative for The Almanac, The Connection Newspapers.

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21 Announcements

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28 Yard Sales

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SCHOOLS

Cailin Lan Ce Clinton

Julie Anne Busch of Oak Hill has been named to the spring 2010 dean's list at McDaniel College of Westminster, Md.

Herndon residents Jennifer Hardy (doctor of physical therapy in physical therapy) and Craig Stewart (bachelor of science in management) have graduated from Widener University of Chester, Pa.

Tammy Jones of Herndon has graduated with a master of science in management from Indiana Wesleyan University at Marion, Ind.

Genevieve Navin of Herndon has been named to the spring 2010 dean's scholars list at Millsaps College in Jackson, Miss.

Honored for Helping Others

From Page 2

for them," he said. "When you have healthy, supportive police officers out there, it ultimately benefits the community, because they interact with the police in their daily lives."

Shochet has always been involved in his community, he considers it his mitzvah. "Mitzvah means commandment, and this is my mitzvah to the world," he said.

Sandy Chisholm, the Fairfax County community interfaith liaison, said Shochet's "organizational skills and his ability to bring people together have been instrumental in the service he gives to the community."

Between family time and a large congregation, Shochet is careful about balancing his time, and he credits his family and his congregation for allowing him that time. "My family is forgiving, they allow me the time to be a chaplain, and generally that's time away from them, but that's a gift they've given me," he said.

Mirza has been serving the community as president of the Board of Trustees of FAITH, the Foundation for Appropriate and Immediate Temporary Help. She was one of the founding members, starting it out of the trunk of her car 11 years ago.

"Back then, we collected food and clothes and delivered them to those in need," Mirza said.

For more information about FAITH, call 571-323-2198, ext. 0 or 2, or visit www.faithus.org