

# Melodies For Summer

NEWS, PAGE 8

David and Catherine Fletcher of Herndon brought their daughter Leah to the concert at Frying Pan Farm Park last Thursday. As Friends of the Farm, they received an e-mail about the concert series. To become a Friend of Kidwell Farm and receive notices about activities and events at the farm, go to: [www.fairfaxcounty.gov/parks/fpp/friends.htm](http://www.fairfaxcounty.gov/parks/fpp/friends.htm).

## Dance-A-Thon Raises \$9,400 at Floris Elementary

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PHOTOS BY DEB COBB

Kindergartners and third graders do the limbo for Jordan.

## Dance-A-Thon Raises \$9,400 at Floris Elementary

**O**n the last full day of school last week, Floris Elementary School conducted a Leukemia Dance-A-Thon in honor of third-grade student Jordan Roberts, who has been battling the disease since September 2009.

The brainchild of Shannon Daly and Megan Seals, both teachers at the school and sponsors for the Student Council Association, the Dance-A-Thon was going to be a spring community service project that would hopefully raise \$1,000 for the Leukemia and Lymphoma Society. Students were invited to participate, form teams with classmates or friends, and commit to dance (or at least “move”) for an hour. They then found sponsors who pledged. With the donations still coming in, the event has raised more than \$9400 and involved hundreds of students and members of the Floris Elementary School Community.

— DEB COBB



**Phil Roberts, Jordan's father, takes a moment to thank the students for their participation. He emphasizes how their efforts, and the money they have raised, will make a direct, positive impact in someone's life. 'Leukemia is one of those diseases that money actually makes a difference,' he said.**



Fifth and sixth grade students start off their dancing with screening of the video 'We are the World 25 for Haiti.'



PHOTOS CONTRIBUTED

**Kristen Lloyd won a Cappies Award for Best Female Dancer for her role in Herndon's 'Oklahoma!'**

## Recognition for 'Oklahoma!' Herndon High's Kristen Lloyd wins Cappies Award, Joey Truncale and Trevor Morgan win nominations.

**H**erndon High School's Kirsten Lloyd, a theater actress and dancer, won the Cappies Award for Best Female Dancer for her role in Herndon's "Oklahoma!"

"We were proud of all of our nominees, as well as the four band/orchestra students from HHS who played in the Cappies orchestra on the Concert Hall stage at the Kennedy Center," said Zoe Dillard, the theater director at Herndon High School. Joey Truncale and Trevor Morgan were both nominees at the Cappies Gala. Truncale was nominated for Best Supporting Actor while Morgan was nominated for Best Male Vocalist Award. Both were nominated for their roles in Herndon's production of "Oklahoma!"

The Cappies program allows high school theater and journalism students the opportunity to

be trained as critics, attend shows at other high schools, write reviews and publish their reviews in local newspapers around major cities in the United States. A Cappies Gala takes place at the end of each school year at the John F. Kennedy Center for the Performing Arts, where awards are presented to students and high school theatres. At Herndon High School, Cappies critics, nominees, and commendees were recognized and received medallions and/or tickets to the June 13 Cappies Gala at the Kennedy Center Concert Hall.

Morgan and Truncale will have leading roles in Herndon High School Theater's Summer Musical Production of "Footloose" on July 29, 30 and 31. For more information about the Herndon Theatre/Drama Department, visit [www.herndonrama.org](http://www.herndonrama.org).



**Joey Truncale, Kristen Lloyd and Trevor Morgan were all nominated for awards at the Cappies Gala, which took place June 13 at the John F. Kennedy Concert Hall. Lloyd won a Cappies Award for Best Female Dancer for her role in Herndon's 'Oklahoma!'**

## Town of Herndon Fourth of July Schedule

Town of Herndon offices will be closed July 5. Refuse will not be collected July 5. Refuse normally collected on Monday will be collected July 6.

The Herndon Community Center will be open July 4, from 11 a.m. to 6 p.m., and July 5, from 6 a.m. to 9:30 p.m. The Herndon Centennial Golf Course will be open July 4 from 6 a.m. to 6 p.m. and July 5 from 6 a.m. to dark.

The Fourth of July celebration and fireworks will be at Bready Park, located at 814 Ferndale Ave. Festivities include children's carnival rides and refreshments beginning at 5 p.m. and music, children's activities and more at 6:30 p.m. The fireworks will start at 9:30 p.m. For more information, visit [www.herndon-va.gov](http://www.herndon-va.gov).

## Recycling Center To Close

Effective Monday, July 5, the recycling center located at 1481 Sterling Road will close. The closing of the recycling center is among the service and program reductions included in the town's fiscal year (FY) 2011 budget, adopted by the Herndon Town Council June 8.

Town-wide curbside recycling continues every Wednesday. Following the closure of the Herndon center, recycling centers nearest to the town are located at 2531 Reston Parkway, Reston, and 400 W. Laurel Ave., Sterling. Motor oil and other hazardous waste may be taken to Fairfax County's West Ox Road Transfer Station Complex, 4618 West Ox Road, Fairfax.

For more information, visit the town's website at [www.herndon-va.gov](http://www.herndon-va.gov).

## DPW Calls for Hazardous Materials Reduction

Reduction and proper disposal of common hazardous materials should be a priority in all households within the Town of Herndon, advises the town's Department of Public Works (DPW).

DPW has created a page on the town's website [[www.herndon-va.gov](http://www.herndon-va.gov)] for town services/refuse and recycling/household hazardous waste that defines hazardous waste products — household cleaners, yard care products, paints and paint thinners, petroleum products, rodent poisons and other commonly used products — and emphasizes why proper disposal of such products is critical.

According to DPW, the safest way for town residents to dispose of household hazardous waste is to carefully package and transport materials to Fairfax County's Household Hazardous Waste site at I-66 Transfer Station Complex, 4618 West Ox Road, Fairfax. Operating hours are Thursday-Saturday, 8 a.m.-4 p.m., and Sunday, 9 a.m.-4 p.m.

## Metro Community Workshop July 19

Town of Herndon citizens, business owners and all who have a stake in the pending arrival of Metrorail's Silver Line are encouraged to attend a Community Workshop July 19, 6 p.m., at the Herndon Senior Center, 873 Grace St., Herndon.

Presented in an open house format to include large and small group sessions, the workshop will cover such topics as ways to mitigate traffic impacts of the new Metrorail station, ideas for development in the impacted area and opportunities and challenges represented by the planning process. Visual displays will be presented at the workshop, giving participants a framework from which to explore their own visions for the coming of Metrorail.

See [www.vhb.com/HerndonMetrorail](http://www.vhb.com/HerndonMetrorail) for a project overview and updates, information is also available on the town's website, [www.herndon-va.gov](http://www.herndon-va.gov). For more information on the project, including the July 19 workshop, contact the Department of Community Development at 703-787-7830 or [metro.plan@herndon-va.gov](mailto:metro.plan@herndon-va.gov).

## NEWS

# Local Scout Receives Heroism Award

**Joey Rechner honored for saving friend's life.**

**T**he Boy Scouts of America National Court of Honor presented Joey Rechner, an Eagle Scout in Troop 1577, the Heroism Award for his swimming rescue of Eric Hardiman-Rhone on July 3, 2009.

While visiting friends on vacation, Joey went swimming with Eric and other friends on American Lake, near Fort Lewis, Wash. Joey and Eric decided to have a swimming race from the friend's dock they were standing on out to a neighbor's dock and back. The neighbor's dock was approximately 45 feet away from the dock from which Joey and Eric were starting. Eric counted off to start the race and Joey jumped in and starting swimming as fast as he could toward the other dock.

On his swim over to the dock, Joey noticed that Eric was not swimming with him, so Joey slowed down and continued to the neighbor's dock then returned to the dock from which he started.

After Joey returned to the dock, Eric and his father, Maj. Jamie Rhone, swam out to the neighbor's dock, where Eric rested after becoming winded from the swim. Joey, seeing that Eric was tired, swam out to the neighbor's dock to be with Eric and his Dad. After resting for a few minutes, Joey, Eric and Jamie Rhone started back to the dock from which they started. About halfway between the two docks, Eric became short of breath and started to panic. As Eric was struggling in the water, Jamie Rhone positioned himself directly in front of Eric and yelled, "Grab onto my back." Eric grabbed his Dad in a bear hug and they both went under the water. The depth of the murky lake in this area is approximately 20-30 feet deep.

Joey saw what happened and then saw Eric's head at the surface



PHOTO BY KENT HAMBRICK

**Joey Rechner receives the award on Monday, June 21 at the quarterly Troop 1577 Court of Honor by Annie Sharp, Powhatan District Executive.**

of the lake. Making use of his Life-saving Merit Badge skills, Joey swam over to where he saw Eric's head and pulled him to the surface of the water, attempting to use a rescue stroke while trying to keep both himself and Eric afloat. Eric, still panicked, grabbed Joey, so Joey shook Eric off.

By this time, Jamie Rhone had recovered enough to swim over to Joey and Eric. Joey, grabbing hold of Eric again, tried to use a rescue stroke to move Eric towards the friend's dock. At the same time, Jamie Rhone was trying to throw Eric toward the dock, where Eric was pulled from the water onto the dock.

After resting and recovering on the dock from the experience, Joey, Eric and other family and friends continued their vacation

day on the water.

First issued in 1923, the Heroism Award is given to a youth member or adult leader who has demonstrated heroism and skill in saving or attempting to save a life at minimum risk to self. The action taken must put into practice Scouting skills and ideals. Of nearly 4 million registered members, only 79 people were awarded the Heroism Award in 2009.

The son of Air Force Col. Frank Rechner and Daphne Rechner of Chantilly, Joey is an Eagle Scout in Troop 1577, sponsored by Trinity Presbyterian Church in Herndon, where he stays active in the troop by mentoring younger scouts, including his two brothers, Jacob and Jeremy. He was in Troop 226, sponsored by Lacey Rotary in Lacey, Wash. at the time of the incident.

## SCHOOL NOTES

**Herndon High School's free SAT prep** is accessible through Blackboard. This program involves personalized pacing and lessons as well as two full-length practice timed SAT tests. Access by logon to Blackboard, click on Family Connection, click the "Colleges" tab, and from the left menu, click "Test Preparation".

### The Fall Sports Physical

**Collection Night** will be 5:30 p.m. Tuesday Aug. 3 in the Herndon High School Gym Lobby. All students who plan to tryout for a fall sport can hand in the necessary paperwork at that time. Information for specific teams is at [www.herndonathletics.org](http://www.herndonathletics.org).

Herndon residents **Amanda Barkan** and **Rachel Berman** have completed the Partnership

for Jewish Life and Learning's Jewish Youth Philanthropy Program. Barkan is a student at Hughes Middle School and Berman is a student at South Lakes High School. Both attend Congregation Beth Emeth.

**Evan Pohl** of Oak Hill has completed the Partnership for Jewish Life and Learning's Jewish Youth SEE SCHOOL NOTES, PAGE 7 [WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)



From left, Julie Gray-Roller, Betty Collins, Kathy Welsh-Prosperity Mortgage, Karen Kidwell, Amey Rasmeloung, Elizabeth DiGilio, and Anita Lasansky participate in Long & Foster's employees' drive for the Jeanie Schmidt Free Clinic.

### Collecting Medical, Office Supplies for Local Free Clinic

Long & Foster's Herndon and Reston North Hills sales offices participated in the company's 12th annual Community Service Day. The two local sales offices assisted the Jeanie Schmidt Free Clinic by collecting medical and office supplies. The clinic is located at 13525 Dulles Technology Drive in Herndon and serves a segment of the local population that can't afford health insurance.

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# OPINION

## Summer Fun, Safely

Enjoy your summer fun, including our features on places to go with great beer selections, but plan ahead; SoberRide needs more sponsors.

This week's Connection includes Summer Fun pages, with information about waterparks, local baseball and golf, places to watch the remaining weeks of World Cup Soccer, highlights of coming Independence Day events and, yes, a map of places to go that offer great beer selection. Enjoy.

By week's end, you'll find the listings and stories from all of our papers online at [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com) under Summer Fun.

That said, we know that Independence Day, like Halloween and Saint Patrick's Day, is a holiday that coincides with a higher rate of drinking and driving. When you head out for your celebration, plan ahead, arrange for a designated driver, or choose to abstain if a designated driver isn't available.

One safety net for those who might find themselves in the unfortunate position of drinking without a safe way home is the Washington Regional Alcohol Program SoberRide. Washington Regional Alcohol Program (WRAP), has offered free cab rides home on the Independence Day beginning at 10 p.m. July 4 and continuing until 6 a.m. the following day as a way to keep local roads safe from impaired drivers during this traditionally high-risk, holiday period. During this 12-hour period, area residents celebrating with alcohol could call the toll-free SoberRide phone number 1-800-200-TAXI and be afforded a no-cost (up to a \$ 50 fare), safe way home.

Founded in 1982, WRAP is a public-private partnership working to prevent drunk driving and underage drinking in the Washington-

metropolitan area, but its work is endangered by a combination of growing ridership on key holidays and a drop in funding. At presstime, the organization was counting up donations to be sure they would be able to offer the service this year.

Last Independence Day, 331 people in the Washington-metropolitan area used the area's SoberRide program as opposed to possibly driving home drunk. A 60 percent increase in use of the program since 2008 combined with a 35 percent decrease in corporate underwriting is threatening the free cab ride service to prevent drunk driving.

Behind SoberRide's services is a three-person charitable organization (WRAP) paying a projected \$73,000 in cab fares this year alone. WRAP relies on corporate sponsorship to offset these costs, but the recent downturn has contributed to the drop in funding.

WRAP is actively seeking contributors to bridge SoberRide's \$31,000 shortfall.

Call 800-200-TAXI for a free carbide (up to \$50 fare) home if you need it on July 4.

See [www.wrap.org](http://www.wrap.org) for sponsorship opportunities and information on how to contribute.

## School Food Contract Limits Health Options

BY MAGGIE SCHUMANN

The crackle of the wrapper sounds deafening in the hush of the early morning. School is beginning and the nauseating, repulsive smell of fake strawberries is just too much. Are

### TEEN PERSPECTIVE

Pop-Tarts really necessary at such an early hour? All you want is tea — an idea is born. Why not have a fund raiser for your club and sell tea on Friday mornings?

"Great idea," you think. Nope. Not possible. The contract between the school and its Food and Nutrition service supplier, Energy Zone, decrees that "nothing can be sold in competition with the school food service program." This clause is meant to promote the health of

the students by limiting their options. However, this restriction not only is hypocritical of a governmental institution, it is also negatively affecting the students and protecting an unhealthy and unworthy service.

The United States' economy is built upon the principles of capitalism, characterized by free market competition. Although the government regulates it with legislation to ensure the safety of the consumer, it always maintains the ability of the consumer to choose for him or herself.

Therefore, it is hypocritical of the School Board, a subset of government-run public education, to ban all competition with the



Maggie Schumann

school's food service provider. If we students look at the overall effects of limits on competition, we see that quality decreases.

If schools are the place where we are to learn good decision-making skills, we must be given the occasion to practice. By limiting our choices

to either processed, unhealthy but tasty foods (Pop-Tarts) or bland, more healthy ones, the school is not providing a good option to us as consumers.

In Finland, all students eat the school lunch, which is healthy and generally liked by the students; only 3 percent of schoolchildren aged 13 to 17 are obese compared

to 18.1 percent of children in the U.S. from ages 12 to 19. For those students who receive free or reduced fare lunches (about 17 percent of Marshall's student body), the school meals may be their only choice.

Energy Zone products are unworthy of protection. With the pretext of keeping unhealthy options away from students, it allows its food to be of low quality. Many of the food items that the cafeteria sells are prepackaged, processed foods.

Student groups should have the right to sell alternative options as fund-raising opportunities during the school day. The cafeteria needs a little healthy competition.

The writer is a 15-year-old Oakton rising sophomore at Marshall High School. She has a deep love of soccer, cooking and French but mostly eating.

### LETTER TO THE EDITOR

## Tightening Law On Seatbelt Use

To the Editor:

A new Virginia law will take effect on July 1. Anyone under the age of 18 will be required to wear his/her seatbelt while riding in the back seats of motor vehicles.

Traffic accidents are the number one cause of death for teenagers. Teenagers are four times as likely as older drivers to be involved in a crash, and three times as likely

to die in a crash.

Many teens (and people in general) believe they are safe in the back seat. They have a false sense of security, possibly because they are surrounded by seats. But that false sense of security is exactly that, false. When people are unbelted in the car, they can be ejected out of the back seat just as easily as they can be ejected from the front seat, which increases their chances of being killed by 25 percent.

There is much brain research

that shows that the region of the brain that inhibits risky behavior is not fully formed until about age 25. Teenagers will always be apt to engage in risky behaviors while driving. We may not be able to prevent all of their accidents, but we can require them to wear their seatbelts so that when they are involved in a crash, they will at least be strapped in and will be less likely to be killed or seriously injured.

This new law is the first seatbelt law that the Virginia Assembly has

passed in about 10 years. Preferably, all people, no matter what their age, should always wear their seatbelts, no matter where they sit in a car. Nevertheless, this new law is a good step forward. Many thanks to Virginia Sen. Janet Howell (D-32) for sponsoring this new law.

Barbara Glakas  
Herndon

The writer is a driver education teacher for Fairfax County Public Schools.

## THE CONNECTION

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# BULLETIN BOARD

To have community events listed in the Connection, send to [herndon@connectionnewspapers.com](mailto:herndon@connectionnewspapers.com). Deadline is Friday.

## THURSDAY/JULY 1

**Beginning, Intermediate and Advanced English Classes.** 7 p.m. at the Washington Plaza Baptist Church, 1615 Washington Plaza North, Reston. For speakers of other languages. Free. [www.WashingtonPlazaChurch.com](http://www.WashingtonPlazaChurch.com) or 703-471-5225.

**Herndon Farmer's Market.** Every Thursday, 3:30-6:30 p.m. at the Herndon Center, 460 Elden St., Herndon. Producer-only locally grown fruits and vegetables, locally raised meats and poultry, and local

foods from bread and cheese to salsa and sausage. [smartmarkets.org](http://smartmarkets.org).

## SUNDAY/JULY 4

**Beginning and Intermediate English Classes.** 2 p.m. at the Washington Plaza Baptist Church, 1615 Washington Plaza North, Reston. For speakers of other languages. Free. [www.WashingtonPlazaChurch.com](http://www.WashingtonPlazaChurch.com) or 703-471-5225.

## THURSDAY/JULY 7

**Beginning and Intermediate English Classes.** 2 p.m. at the Washington Plaza Baptist Church, 1615 Washington Plaza North,

Reston. For speakers of other languages. Free. [www.WashingtonPlazaChurch.com](http://www.WashingtonPlazaChurch.com) or 703-471-5225.

## THURSDAY/JULY 8

**Lupus Support Group.** 12 p.m. at Reston Hospital Center, The West Wing, 1850 Town Center Parkway, Reston. [lh@ascendcomm.com](mailto:lh@ascendcomm.com) or [www.lupusgw.org](http://www.lupusgw.org).

**Beginning, Intermediate and Advanced English Classes.** 7 p.m. at the Washington Plaza Baptist Church, 1615 Washington Plaza North, Reston. For speakers of other languages. Free. [www.WashingtonPlazaChurch.com](http://www.WashingtonPlazaChurch.com) or 703-471-5225.

## SCHOOL NOTES

FROM PAGE 4

Philanthropy Program. Pohl is a student at Oakton High School and attends Congregation Beth Emeth.

**Kelley Lubsen** of Oak Hill graduated with a bachelor of fine arts degree in illustration from the University of the Arts College of Art and Design in Philadelphia, Pa. Lubsen is a 2006 graduate of Westfield High School.

**Thomas P Baltazar Jr.** of Herndon has been named to the spring 2010 dean's list at Georgia Southern University of Statesboro, Ga.

**Kathleen A. Fallon** of Herndon has graduated with a bachelor of arts degree from Colby College of Waterville, Maine. Fallon was also named to the spring 2010 dean's list.

**Brittany A. Pressey** of Herndon has received a bachelor of arts from Castleton State College of Castleton, Vt.

**Nana Stephens** has received a master of business administration from the Goizueta Business School of Emory University in Atlanta, Ga. Stephens is the daughter of Nana Yaa Badu of Herndon and Charles K. Akyena of Sterling.

**Ruth Geiger** of Herndon was named to the spring 2010 merit list at Oxford College of Emory University in Oxford, Ga. She is the daughter of Charles T. Geiger and Kathleen H. Geiger.

**Jillian Lopina** of Oak Hill has been named to the spring 2010 dean's list at Saint Mary's College of Notre Dame, In. She is the daughter of Maureen and Brian Lopina.

**Hannah Brown** of Herndon has received a bachelors of art in elementary education from Saint Mary's College in Notre Dame, Ind. She is the daughter of Meg and James Brown.



## Dancers! Greetings from Miss Nancy! Summer Dance Classes Begin July 6

Can't find the summer classes you'd like? If not, come to Dynamic DanceWorx (in the Dranesville area) for summer dance classes in Tap - Ballet - Pointe - Jazz - Lyrical Jazz!

I am the owner/director of Dynamic DanceWorx, and I will be your instructor. I hold years of experience in dance, the performing arts, and international dance and show choir competitions. For more information, please contact me to discuss skill- and age-appropriate summer dance classes.

703.980.1982 [dynamicdanceworx@gmail.com](mailto:dynamicdanceworx@gmail.com)

### School Year 2010-11 Activities Include:

- Dance troupe for participation in dance competitions!
- December Holiday Recital in addition to the June Recital!
- Trip to New York City to see a musical! And more!
- Outside performance venues!

## COMMUNITIES OF WORSHIP



**GOOD SHEPHERD**  
LUTHERAN CHURCH  
*Making more and better disciples of Christ*

1133 Reston Avenue, Herndon, VA 20170

Sunday Worship: 8:00 and 11:00 am

Sunday School: 9:30 am

Church Office: 703.437.5020

Preschool: 703.437.4511

[www.gslcva.org](http://www.gslcva.org)

Child care available at all services



Progressive & Welcoming

**ST. ANNE'S EPISCOPAL CHURCH- Reston**



### Summer Schedule

8:00 a.m. Holy Eucharist Rite I, No Music

10:00 a.m. Family Service, Holy Eucharist Rite II

5:00 p.m. Come as You Are Contemporary Service with Communion

July 19-23, Vacation Bible School

The Rev. James Papile, Rector

The Rev. Jacqueline Thomson

The Rev. Denise Trogdon

703-437-6530

[www.stannes-reston.org](http://www.stannes-reston.org)

1700 Wainwright Dr., Reston



## St. LUKE A.M.E. Church

*"Serving the People of God"*

**SHERATON RESTON HOTEL**

SUNDAY SCHOOL 9 A.M.

SUNDAY WORSHIP 10 A.M.

**LET US WORSHIP GOD TOGETHER**

Rev. Dr. Peter G. Taylor, Pastor

571-337-2022

**To Highlight your Faith Community Call Winslow at 703-917-6473**

# SUMMER 2010



Natalie Barrett, right, and Kelly Jorgensen, both of Herndon, dance to the music at Frying Pan Farm Park last Thursday.



Area residents enjoy music under the moonlight last Thursday at Frying Pan Farm Park.

## Melodies for Summer

### Free concerts Thursdays at Frying Pan Farm Park

On July 24, the feathered and furry residents of Kidwell Farm, and a large group of community members were treated to the Calypso tunes of Sir Alan and the Calypso Ponzi Schemers. This concert was the third in the Hunter Mill Melodies at Frying Pan Park series, a summer-long free concert series

made possible through the efforts of the Hunter Mill District Supervisor, Friends of Hunter Mill Melodies and a number of corporate sponsors. The community is invited to pack a picnic dinner and come down to enjoy the concerts on Thursdays, 7:30 p.m., at the Frying Pan Farm Park, 2709 West Ox Road, Herndon,

The upcoming concerts include:  
 ❖ July 1: Swing Shift (swing).  
 ❖ July 8: Company Store (old-time fiddling & country humor)  
 ❖ July 15: Fairfax Symphony Orchestra's Dixieland Band (dixieland)

❖ July 22: Steep Canyon Rangers (bluegrass)  
 ❖ July 22: Alexandria Klezmet (Klezmer)  
 ❖ August 5: United States Navy Band "Cruisers" (pop/rock)  
 ❖ August 12: Elvis Tribute Band – Jed Duvall Band  
 ❖ August 19: Korean Cultural Heritage Night (Korean dance & music)  
 ❖ August 26: The Hall Monitors (rhythm and blues)  
 For more information about the series and upcoming performances, go to: [www.fairfaxcounty.gov/parks/performances](http://www.fairfaxcounty.gov/parks/performances).



The visitors bring their picnics and enjoy the sunset and the music at the park.

PHOTOS BY DEB COBB



PHOTO COURTESY/ESPN SOCCERNET

The World Cup finals will take place Sunday, June 11. In Fairfax, the big game will be celebrated with a Fan Fest block party.

## World Cup Fever – Catch It

### Street Party In Old Town Fairfax July 11

festivals of Berlin, Paris and Rio." Call 703-273-6097 for more information.

Hot spots for the World Cup contests include:

The thrill of World Cup 2010 and U.S. men's soccer fans celebrated a late-game miracle goal by Landon Donovan in a 1-0 win over Algeria on June 23. That goal catapulted the U.S. team into the round of 16 and went from being life support to perhaps the greatest moment in team history.

Here at home, that meant a huge shot of soccer adrenaline for the faithful. There are lots of places to enjoy the World Cup games over the remaining few weeks of competition.

One of the grandest celebrations in Northern Virginia will take place at the World Cup 2010 Fan Fest in Old Town Fairfax City on Sunday, July 11. The atmosphere and electricity surrounding Fan Fest in Fairfax is sure to be at a fever pitch.

"We're going to have a proper street party," said an event spokeswoman. "And the way things are going it should be the place to be."

The event, a soccer-inspired neighborhood block party as such, will begin at 1:30 p.m. with the game tabbed to begin at 2:30. There will be a big screen for viewing, live music and good food throughout the afternoon. Local food and business vendors will be on-hand.

North Street in Fairfax City, between Chain Bridge Road and University Drive, will be closed for the Fan Fest. Plenty of parking will be available downtown.

Don't miss a day that the City of Fairfax web site says will be "in the grand tradition of fan

**World Cup 2010 Fan Fest in Old Town Fairfax City, Sunday, July 11.** Celebration

"in the grand tradition of fan festivals of Berlin, Paris and Rio." The soccer-inspired neighborhood block party will begin at 1:30 p.m. with the game tabbed to begin at 2:30. There will be a big screen for viewing, live music and good food, Call 703-273-6097

**Babylon Futbol Café**, located at 3501 S. Jefferson St. in Falls Church. They are soccer crazy at this place, where servers and waiters will talk World Cup with patrons. There are lots of TVs, including high definition, and World Cup decorations throughout the eatery to add to the atmosphere. Call 703-820-3900.

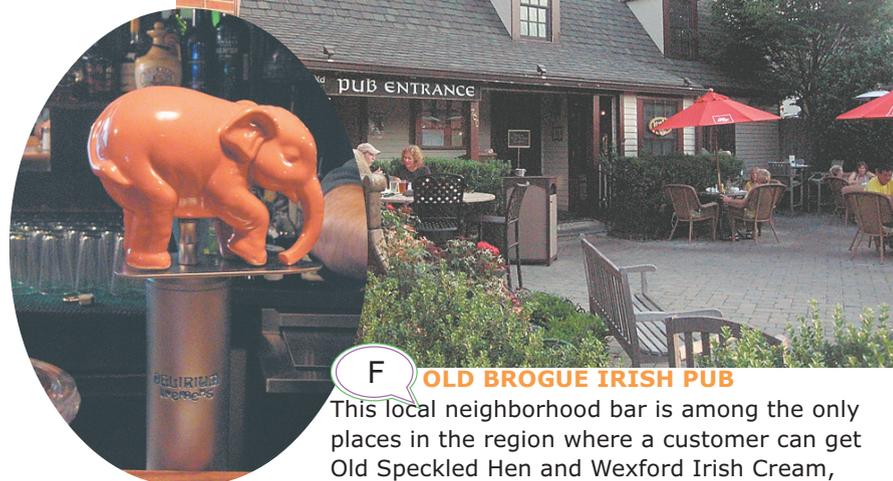
**Kitty O'Shea's**, located at 2403 N. Wilson Blvd. in Arlington. (703-522-5295). 'All Sports, All the Time,' is how things work at O'Shea's. All World Cup games are shown live, with replays shown at 6 and 9 p.m. They also carry DirecTV Package, including Major League Soccer Direct Kick games so locals can enjoy watching D.C. United whenever they play.

**Jackson 20**, located at 480 King St., Alexandria. Here, soccer fans can watch World Cup games live either indoors or outside in the courtyard area. This modern American tavern serves regional cuisine with a southern accent. Call 703-894-2790.

—RICH SANDERS

# Summer Fun Talk of the Town

Compiled by  
Julia O'Donoghue  
Graphics by  
Laurence Foong



## F OLD BROGUE IRISH PUB

This local neighborhood bar is among the only places in the region where a customer can get Old Speckled Hen and Wexford Irish Cream, brewed in Suffolk, England, on draft. The critically acclaimed Delirium Tremens and Dogfish Head 60 Minute India Pale Ale are also always available on tap.  
760 Walker Road, Great Falls;  
703-759-3309; [www.oldbrogue.com](http://www.oldbrogue.com)



## A DOGFISH HEAD ALEHOUSE

Known for experimentation and bold flavors, Dogfish Head Craft Brewery consistently produces brews that win high marks from beer critics around the world. The company is based in Delaware but has opened up three restaurants in the area, where many of its products are available on tap.  
7 Corners Shopping Center,  
6220 Leesburg Pike,  
Falls Church; 703-534-3342;  
[www.dogfishheadalehouse.com](http://www.dogfishheadalehouse.com)



## B MY LOCAL-HOME-BREW-SHOP

Interested in trying your own hand at making beer? This shop not only has the equipment you need but amiable staff that will offer a novice helpful tips.  
6201 Leesburg Pike,  
Falls Church; 703-241-3874;  
[www.lhbs.com](http://www.lhbs.com)



## H CARPOOL

With approximately 40 different beers on tap, this spacious bar offers the widest selection of drafts in northern Fairfax County by leaps and bounds. Choices range from Miller Lite and Pabst Blue Ribbon to 21<sup>st</sup> Amendment Watermelon Wheat, a wheat beer brewed in 400 pounds of fresh watermelon.  
208 Elden Street, Herndon; 571-203-7995;  
[www.carpoolweb.com](http://www.carpoolweb.com)



## E MAPLEWOOD GRILL

This intimate American-style restaurant offers an upscale dining option with a high quality beer selection. Chef Paul Kuchler rotates two of his six beers on draft each week. During the fall, winter and spring, his restaurants hosts a beer night, where Kuchler pairs four-course meal with four different brews.  
132 Branch Road S.E., Vienna;  
703-281-0070;  
[www.maplewoodgrill.com](http://www.maplewoodgrill.com)



## D NORM'S BEER & WINE

This locally-owned shop has more than 400 kinds of beer in stock, including international selections from the United Kingdom, Belgium and Germany. Patrons are allowed to mix individual bottles of brew and customize six packs.  
136 Branch Road S.E., Vienna; 703-242-0100;  
[www.normsbeerandwine.com](http://www.normsbeerandwine.com)



## C GORDON BIERSCH BREWERY

This international chain restaurant and brewing company supplies Trader Joe's with the grocery store's generic brand beer. When shopping at Tysons Corner, it is the best option for finding quality product on tap.  
Tysons Corner Center, McLean;  
703-388-5454;  
[www.gordonbiersch.com](http://www.gordonbiersch.com)

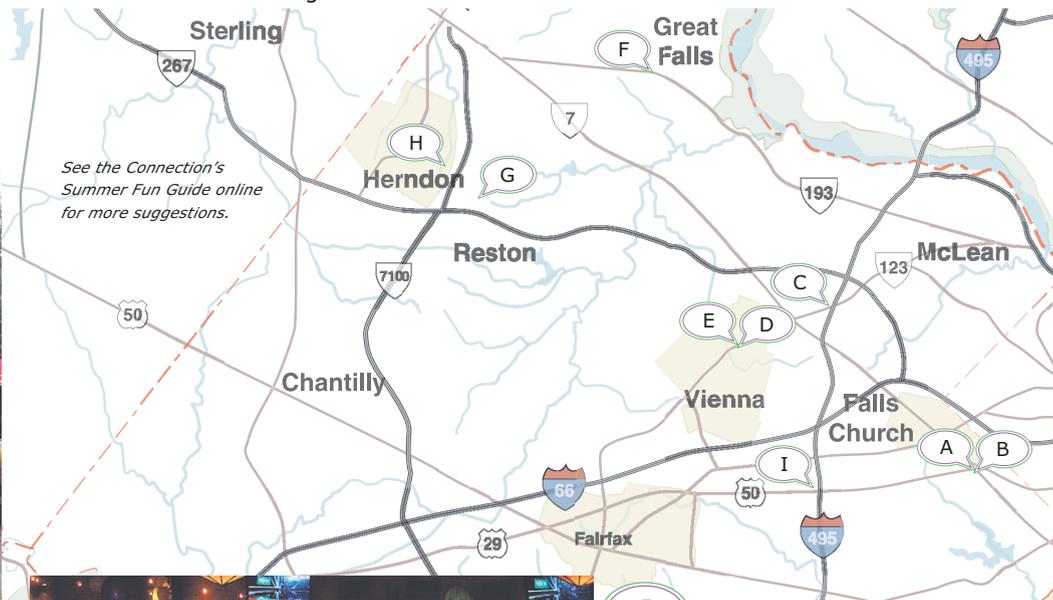


## G AMERICAN TAP ROOM

This casual restaurant with 18 beers on tap and 33 brews available in bottle form is your best bet for a wide selection at the Reston Town Center.  
Reston Town Center,  
1811 Library St, Reston;  
703-834-0400;  
[www.americantaproom.com](http://www.americantaproom.com)

## Brewing Up Choices

For years, restaurants have catered to wine connoisseurs with tastings, pairings and alternatives. But increasingly foodies are finding that some beers deserve same treatment as fine wine, and some craft beers approach the same alcohol content as wine as well. Americans are no longer limiting their beer choices; now hundreds of smaller breweries have sprung up across the country offering a wider range of options for the public's palette. Many stores and restaurants are also importing specialty beers from abroad for their patrons. A few nearby restaurants have started hosting beer tastings, where they pair their favorite specialty beers with dishes that will complement the brews' taste. For local beer lovers, here are some best bets for a good selection.



See the Connection's  
Summer Fun Guide online  
for more suggestions.



## I SWEETWATER TAVERN

Head brewer Nick Funnell creates 35 different varieties of beer annually exclusively for distribution at Sweetwater. The restaurant employs some brewers who used to work for Old Dominion Brewing Company.  
3066 Gatehouse Plaza, Merrifield;  
703-645-8100;  
[www.greatamericanrestaurants.com/sweetmainster/](http://www.greatamericanrestaurants.com/sweetmainster/)

# OPEN HOUSE LISTINGS

Will Return after the Holiday



To add your Realtor represented Open House to these weekly listings, please call 703-821-5050

# CALENDAR

Send announcements to [herndon@connectionnewspapers.com](mailto:herndon@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

## THURSDAY/JULY 1

**Pat McGee Band.** 8 p.m. at Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. \$57-\$471. 703-938-2404 or [www.wolftrap.org](http://www.wolftrap.org).

**Open Mic for Bands Night.** 9 p.m. at Jimmy's Tavern, 697 Spring St., Herndon. Bands will receive 30 minutes to play, and must pre-sign with Andre' Love at [soulcraftmusic@yahoo.com](mailto:soulcraftmusic@yahoo.com) or 703-984-9114. Walk-ins will only be accepted if time permits. All types of music welcomed. 703-435-5467.

**Wolftrap Childrens Theatre in the Woods.** Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. 10 a.m. Dinorock: The Great Dinosaur Mystery, 11:15 a.m. Hayes Greenfield's Jazz-a-Ma-Tazz. Free workshops follow the 10 a.m. performance; reservations required at 703-255-1824. \$8-\$10. [www.wolftrap.org](http://www.wolftrap.org).

**Swing Shift.** 7:30 p.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. New Orleans-style swing band. Free. 703-324-7469 or [www.fairfaxcounty.gov/parks/performance](http://www.fairfaxcounty.gov/parks/performance).

**Iona.** 7 p.m. at Lake Anne Plaza, Reston. Traditional Pan-Celtic. [www.mseproductions.com](http://www.mseproductions.com).

**Rocknokers.** 7 p.m. Herndon Fortnightly Library, 768 Center St., Herndon. Join Coach Cotton, Williebob, and Boogie Woogie Bennie for a rockin' good time. Register at 703-437-8855.

**ESL Beginners.** 10 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Practice English in a group with a volunteer facilitator. Adults. 703-689-2700.

**A Very Buggy Story Time!** 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Story time about bugs. Age 3-5 with adult. 703-689-2700.

## FRIDAY/JULY 2

**Gipsy Kings.** 8 p.m. at Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. \$58-\$471. 703-938-2404 or [www.wolftrap.org](http://www.wolftrap.org).

## SATURDAY/JULY 3

**Punk/Funk/Reggae Benefit Show.** 3-10 p.m. at 750 Center St., Herndon. Proceeds benefit Link Inc., providing food and financial assistance to people in need in Herndon, Sterling and Ashburn. Music by Soul Craft, Walk the Plank, Funk U, Never Submit, One Slack Mind and more. Refreshments by Jimmy's Old Town Tavern. Admission \$8. [www.linkagainsthunger.org](http://www.linkagainsthunger.org).

**Gipsy Kings.** 8 p.m. at Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. \$58-\$471. 703-938-2404 or [www.wolftrap.org](http://www.wolftrap.org).

**Wolftrap Childrens Theatre in the Woods.** Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. 10 a.m. Dinorock: The Great Dinosaur Mystery, 11:15 a.m. Hayes Greenfield's Jazz-a-Ma-Tazz. Free workshops follow the 10 a.m. performance; reservations required at 703-255-1824. \$8-\$10. [www.wolftrap.org](http://www.wolftrap.org).

**Swingin' on the Town.** 7:30 p.m. at the Reston Town Center, 1760 Reston Parkway, Reston. Upper East Side Big Band, swing and big band jazz. [www.restontowncenter.com](http://www.restontowncenter.com).

**Neighborhood Plant Clinic.** 10 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. The Fairfax County Master Gardeners Association gives tips and strategies. 703-242-4020.



Gipsy Kings perform at Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna on Friday and Saturday, July 2-3, 8 p.m. 703-938-2404 or [www.wolftrap.org](http://www.wolftrap.org).

## SUNDAY/JULY 4

**Fireworks Display And Family Fun.** Lake Fairfax Park, 1400 Lake Fairfax Drive, Reston. Starting at 10 a.m. visitors can picnic in the park, ride a horse on the antique carousel, travel around the lake on a paddle boat, ride on the tour boat, children's moonbounce and more. 703-471-5415.

**\*Sponsor a duck in the Toy Duck Races** at 12 p.m., 2 p.m. and 4 p.m.

**\*Marina and carousel,** open 11 a.m.-7 p.m.

**\*Water Mine Family Swimmin' Hole,** open 10 a.m.-8 p.m.

**\*Fireworks** begin at approximately 9:15 p.m.

## TUESDAY/JULY 6

**Wolftrap Childrens Theatre in the Woods.** Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. 10 a.m. Culkin School of Irish Dance: Tir na nOg, 11:15 a.m. Robbie Schaefer: Songs for Kids Like Us. Free workshops follow the 10 a.m. performance; reservations required at 703-255-1824. \$8-\$10. [www.wolftrap.org](http://www.wolftrap.org).

**Literary Heroines.** 7 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Explore the role of female characters. My Antonia by Willa Cather. Adults. 703-242-4020.

**ESL Advanced.** 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Practice English in a group with a volunteer facilitator. Adults. 703-689-2700.

## WEDNESDAY/JULY 7

**Bill Wellington.** 10 a.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. Folklore with songs, tales, tunes and poetry on banjo, fiddle and guitar. Free. 703-324-7469 or [www.fairfaxcounty.gov/parks/performance](http://www.fairfaxcounty.gov/parks/performance).

**Mamma Mia!** 8 p.m. at Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. \$44-\$231. 703-938-2404 or [www.wolftrap.org](http://www.wolftrap.org).

**ESL Intermediate.** 11 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Practice English in a group with a volunteer facilitator. Adults. 703-689-2700.

**Drawing, Anime and More.** 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Explore techniques and tips in this hands-on workshop with artist Lydia Bratton. Age 12-18. 703-689-2700.

## THURSDAY/JULY 8

**Wolftrap Childrens Theatre in the Woods.** Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. 10 a.m. Culin School of Irish Dance: Tir na nOg, 11:15 a.m. Robbie Schaefer: Songs for Kids Like Us. Free workshops follow the 10 a.m. performance; reservations required at 703-255-1824. \$8-\$10. [www.wolftrap.org](http://www.wolftrap.org).

**The Company Store.** 7:30 p.m. Frying Pan Farm Park, 2709 West Ox Road, Herndon. Old-time fiddling & country humor. Free. 703-324-7469 or [www.fairfaxcounty.gov/parks/performance](http://www.fairfaxcounty.gov/parks/performance).

**Sol Y Rumba.** 7 p.m. at Lake Anne Plaza, Reston. Hot Latin sounds. [www.mseproductions.com](http://www.mseproductions.com).

**Mamma Mia!** 8 p.m. at Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. \$44-\$231. 703-938-2404 or [www.wolftrap.org](http://www.wolftrap.org).

**Paint a Funky Bowl.** 2:30 p.m. Herndon Fortnightly Library, 768 Center St., Herndon. Use rubber stamps to create a masterpiece. Glazed and fired bowls returned to the library two weeks later. 703-437-8855.

**ESL Beginners.** 10 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Practice English in a group with a volunteer facilitator. Adults. 703-689-2700.

**Dig Those Dinosaurs.** 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Beale Street Puppets presents prehistoric performers that bring the past alive. All ages. 703-689-2700.

**Friends of the Library Book Discussion.** 7:30 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. "Ahab's Wife" by Sena Naslund. Adults. 703-689-2700.

## FRIDAY/JULY 9

**Mamma Mia!** 8 p.m. at Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. \$44-\$231. 703-938-2404 or [www.wolftrap.org](http://www.wolftrap.org).

## SATURDAY/JULY 10

**Reston Festival.** 12-8 p.m. at Reston Town Center. Food, games, arts, crafts, a beer/wine garden, children's rides, bingo and live music. Featuring King Teddy, Cirque-tacular, Sierra Hull and Highway 111. 703-435-7989 or [www.restonfestival.com](http://www.restonfestival.com).

[www.connectionnewspapers.com](http://www.connectionnewspapers.com)

# VOLKSWAGEN

GROUP OF AMERICA

presents



Free Outdoor Concert Series  
Old Town Herndon  
777 Lynn Street  
(on the Green)  
6:30 - 10:30pm

Live Bands  
Every Friday  
Food, Beer & Wine  
Available

[www.HerndonRocks.com](http://www.HerndonRocks.com)  
703-481-6133



## Sponsors



## Music Schedule

Month	Date	Artist/Event
May	7	2U + 8 ohms Band
	14	Laura Lea & Tripp Fabulous
	21	Fools & Horses + Rise & Fall
	28	Crowded Streets + Mojo Nation
June	4	No Friday Night Live! (Herndon Festival)
	11	Drop Dead Sexy
	18	Dr. FU + Backseat Bettles
	25	Kristen & the Noise
	July	2
July	9	JunkFood + The Cheaters
July	16	Love Seed Mama Jump
July	23	The Reagan Years
July	30	Burnt Sienna
August	6	Gonzo's Nose
	13	B2B (Jimmy Buffett Beach Band)
	20	The Benjamins
	27	Lost in Paris



## HERNDON CHAMBER of COMMERCE

Town of Herndon  
Connection Newspapers  
The Observer Newspapers  
Anthem Blue Cross & Blue Shield  
EWM Design  
Party DC Events  
Sword Photography  
The Breeze of Herndon Restaurant & Sports Bar

Adams-Green Funeral Home  
All-American Landscaping  
BB&T Bank  
Canine Carousel  
Council for the Arts of Herndon  
Dr. Finley's Family Eyecare  
Fortnightly Square  
Fulton Bank (Southern Division)  
Griffin-Owens & Associates  
Herndon Dairy Queen  
HRI Associates  
McGrath Real Estate Services  
Meadows Farms Nurseries  
Mid-Atlantic Power  
Milestone Construction  
Prospective, Inc.  
Select Wines  
Sittely & Karstetter, CPAs  
TD Bank  
Tri-Tek Engineering  
Better Impressions Printing  
FastSigns of Dulles



PHOTOS BY DON SWEENEY/  
FAIRFAX COUNTY PARK AUTHORITY

There are several forms of water fun available at the Water Mine Family Swimmin' Hole in Reston.



Intertubing is just one way to enjoy one's time at the Water Mine Family Swimmin' Hole in Reston.

## Public Waterparks Abound

Those looking for a way to cool off from the summer heat have several options in the Washington D.C. metro area.

Among those is the **Water Mine Family Swimmin' Hole** in Reston. Located at 1400 Lake Fairfax Drive, the park features a bit of an old west theme for children, with covered wagons, rattlesnakes and ore carts involved in the water fun. There are also enjoyment opportunities for teenagers and adults with water volleyball or tubing on Rattlesnake River. The park is open from 10 a.m.-8 p.m. six days per week. On Wednesdays the park is open from 10 a.m.-5 p.m., but season pass holders may use the park from 5-8 p.m. Daily admission is \$13.50 for those taller than 4 feet and \$11.25 for those shorter than 4 feet. Cost is \$8.25 after 5 p.m. Monday-Friday and those 2 years old and younger enter free. Go to [www.fairfaxcounty.gov/parks/rec/watermine/](http://www.fairfaxcounty.gov/parks/rec/watermine/) for more information. 703-471-5415

**Atlantis Waterpark** at 7700 Bull Run in Centreville features a 1,000 gallon dumping bucket, waterfalls and squirters. There is also a 230-foot open slide and a 170-foot closed slide. Mermaids and dolphins help set the atmosphere for water fun. The park is open daily from 11 a.m.-7 p.m. On Aug. 23 hours change to Noon-6 p.m. on weekdays and noon-7 p.m. on the weekends. Admission is \$8 for those taller than 4 feet and \$6.75 for those shorter than 4 feet or 55 and older. Cost is \$5 after 4 p.m. on weekdays. Go to [www.nvrpa.org/park/bull\\_run/content/water\\_park](http://www.nvrpa.org/park/bull_run/content/water_park) for more information. Atlantis 703-631-0550

**Great Waves Waterpark** at 4001 Eisenhower Ave. in Alexandria. [www.CONNECTIONNEWSPAPERS.COM](http://www.CONNECTIONNEWSPAPERS.COM)

dria offers twisty four-story waterslides and speed slides. It also has a tad pool for toddlers. It is located in Cameron Run Regional Park, which also has miniature golf and batting cages. The waterpark is open from 11 a.m.-7 p.m. Daily admission is \$14.25 for individuals taller than 4 feet and \$10.95 for those shorter than 4 feet. Admission after 4 p.m. on weekdays and for those 55 and older is \$8. Children 2 and younger get in free. Go to [www.nvrpa.org/park/cameron\\_run](http://www.nvrpa.org/park/cameron_run) for more information. Great Waves 703-960-0767

**Volcano Island Waterpark** at 47001 Fairway Drive in Sterling features a Polynesian theme, with tiki thatching, bamboo, painted murals, palm trees and a constantly smoking volcano. The park is open from 11 a.m.-7 p.m. On Aug. 23 hours change to noon-6 p.m. on weekdays and noon-7 p.m. on weekends. Daily admission is \$8 for those taller than 4 feet and \$6.75 for those shorter than 4 feet and 55 and older. Cost is \$5 after 4 p.m. on weekdays. Go to [www.nvrpa.org/park/](http://www.nvrpa.org/park/)

downpour\_at\_algonkian for more information. Volcano Island 703-450-4655

**Pirates Cove Waterpark** at 6501 Pohick Bay Drive in Lorton features a 300-gallon dumping bucket, water cannons and a waterslide. The park is open daily from 11 a.m.-7 p.m., with hours changing on Aug. 23. Daily admission is \$7 for those taller than 4 feet and \$6 for those shorter than 4 feet and 55 or older. Cost is \$4 after 4 p.m. on weekdays. Go to [www.nvrpa.org/park/pohick\\_bay/content/outdoor\\_pool](http://www.nvrpa.org/park/pohick_bay/content/outdoor_pool) for more information. Pirates Cove 703-339-6104

**Upton Hill Waterpark** at 6060 Wilson Blvd. in Arlington is also an option. The park is open daily from 11 a.m.-7 p.m. with hours changing Aug. 23. Daily admission is \$8 for those taller than 4 feet and \$6.75 for those shorter than 4 feet and 55 or older. Cost is \$5 after 4 p.m. on weekdays. Go to [www.nvrpa.org/park/upton\\_hill/content/pool](http://www.nvrpa.org/park/upton_hill/content/pool) for more information. Upton Hill 703-534-3437

— JON ROETMAN



CONTRIBUTED

Pirates hang out at the pool at Pohick Bay Regional Park during the third annual Pirate Day on June 12.

# Records Continue To Fall

**Reston Swim Team Association enjoys record breaking season.**

**F**or the third consecutive Saturday, swimmers from the Reston Swim Team Association continued their assaults on the record books. Numerous records, some going back well over a decade, continue to fall.

For Autumnwood, Diya Murthy set a new record for the girls' 8 and under backstroke with a time of 21.37, breaking her own record of 22.01 set earlier this year. She also set a new record of 20.53 in the girls' 8 and under butterfly, besting the record of 21.14 set in 1998 by Caitlin Vierra.

For Glade, Sophia Landeryou bested her record time of 21.92 in the girls' 8 and under backstroke with a new time of 21.40, while also topping her old time of 21.97 in the butterfly with a new record time of 21.53. Emily Landeryou set a record time of 38.49 for the girls 9-10 backstroke, smashing the old record of 39.56 set in 1999 by Mei Christiansen. The girls' mixed age freestyle relay, made up of Sophia Landeryou, Natalie Bardach, Emily Landeryou, Makenzie Evans and Maggie Morris, set a new record of 2:14.55. The old record of 2:14.80 was set in 1994 by Rebekah Ford, Sara Prochnow, Bonnie Gomolka, Laura Street and Alisa Gavin.

For Hunters Woods, Allen Lee, Greg Blanpied, Alex Li and Eric Tang broke the boys' 13-14, 200 medley relay with a record time of 2:17.58, besting the old time of 2:18.16 set in 2005 by Kevin Cho, Reid Brown, Nicholas Hazelton and Ashton Sinnathamby.

For Lake Audubon, John Hughes set a record time of 35.38 in the boys' 11-12 backstroke, breaking his own record of 35.79 set earlier this year. Sasha Avilov, Kaylyn Macaluso, Sabrina Groves and Madeleine Daum set a new record for the girls' 13-14 200 medley relay with a time of 2:20.89, topping the old record of 2:22.56 set earlier this year by Sasha Avilov, Kaylyn Macaluso, Sabrina Groves and Anna Weidman.

For Lake Newport, Anna Redican set a new record in the girls' 8 and under backstroke with



**Alyssa Avilov of Lake Audubon swims in the girls 15-18 butterfly against Hunters Woods on June 26.**

PHOTO BY DAVID CORDTS

a time of 21.26, smashing a record that was set in 1995 by Carolyn Kriso.

**SCORES AND SUMMARIES** of Saturday's meets follow:

Autumnwood Piranhas 489, Glade Gators 488 - For Autumnwood, triple event winners were Robin Brazier and Ryan Wait. Double event winners were Brendan Carrick, Gracie Grubbs, Diya Murthy, Anna Nielsen, Danielle Theberge, Benjamin Thompson and Maggie Williams.

For Glade, triple event winners were Tyler Ellis, Mackenzie Evans, Srikar Kuppa and Emily Landeryou. Double event winners were Alec Brown, Scott Confer, Andrew Draganov, Hunter Ellis, Maggie Morris and Jack Thomas.

Lake Audubon Barracudas 616, Hunters Woods Blue Marlins 489 - For Lake Audubon, triple event winners were Alissa Avilov, Austin Chute, John Hughes and Vela McBride. Double event winners were Scott Badgett, Jacob Cole, Georgia Corey, Sabrina Groves, Ellen Huber, Matthew Hughes, Katie Kroll, Tyler Macaluso, Seretha McHugh, Brooke O'Donnell and Garrison O'Donnell.

For Hunters Woods, triple event winners were Alex Li, Philip Pan, Carolyn Qu and Alex Wang. Double event winners were Connor Herron, Lauren Herron, Rachel Tang, Victoria Thai, Katie Vintimilla, Isabella Wnek and Josie



**Emily Sennett (16) of Ridge Heights awaits her start in the girls 15-18, 200-meter medley relay, which her team won.**

PHOTO BY MIKE COX

Wnek.

Newbridge Dolphins 589, Lake Newport Lightning 513 - For Newbridge, the triple event winner was Celia Compton. Double event winners were Elise Baldwin, Shannon Burke, Raphael Chambers, Eric Compton, Patrick Gibbons, Audrey Kelley, Lisa Kolgan, Spenser J. Kossler, Christian Matthews, Cat Mckinstry, Ian Meikle, Christopher Miner, Mary Okoth, Julia Springfield and Steven Swayne.

Lake Newport triple event winners were Jack Edgemond, Ryan McLoughlin and Anna Redican. Double event winners were Kevin Baldwin, Haley Brandt, Ryan Giebel, Nash Hemrajani, Dan Ni, Riley O'Donovan, Katie Storch,

Sally Storch and Amy Zhao.

Ridge Heights Sharks 536, North Hills Hurricanes 526 - Ridge Heights triple event winners were Ryan Coghlan, Ryan Ferzoco, John Hodge, Harrison Hughes, Emily Sennett and Margo Somer. Double event winners were Delaney Duchak, Andrew Heffernan, Ryan Klaff, Andrew McClellan, Mac Sogandares, Alexandra Vagonis, Zoe Van Winckel, Diego White, Maddy White, Brendan With and Tiana Young.

North Hills triple event winner was Lindsey Hill. Double event winners were Allison Boone, Michelle Boone, Jacob David, Emily Decker, Max Kwartin, Piper Luczak, Edward Lue, Emma Tierney and Grace Tierney.

**DC United** will run a week-long soccer camp at the Burke School as part of the club's 2010 Summer Camp schedule. The camp, intended for players of all skill levels ages 7 through 14, is available in both half day and full day sessions and runs from July 12-16. The Half Day session will run Monday-through-Friday from 9 a.m. to noon, and the Full Day session will last from 9 a.m. until 3 p.m. The Full Day camp includes a guest instructional and autograph session with D.C. United coach and former-player Ben Olsen on July 13.

In addition, participants in all camp programs will receive an Official D.C. United camp ball, an official camp T-shirt, a ticket voucher to a D.C. United regular season home match with other camp participants, and discount offers on D.C. United ticket packages.

Fees for the Camp will be \$295 for the Full Day Program, and \$195 for the Half Day Program. For more information regarding camp registration or curriculum, visit the D.C. United Summer Camp page at [www.dcunited.com/camps/summer-camps](http://www.dcunited.com/camps/summer-camps) or contact Greg Steininger at 202-587-5468.

In addition, the D.C. United Academy will be offering an Elite Residential Soccer Camp, designed for the area's top players, at Sandy Spring Friends School in Maryland from July 21-25. Space will be limited to 64 individuals ages 13 to 16. There will also be a group for commuters ages 11-14. Fees for the Residential Camp will be \$595; and \$395 for commuters.

**Chelsey Dunham**, the South County Secondary girls' senior softball pitcher who led the Stallions to the Northern Region semifinals this past spring, was notified on June 9 that she has been named the recipient of the 2010 Virginia Softball Gatorade Player of the Year award. Dunham, the 2010 Region Pitcher of the Year who recorded 1,007 strikeouts during her four varsity seasons at South County, will attend Yale University this fall where she will be a member of the Yale Bulldog softball team.

Gatorade, in collaboration with ESPN RISE, chose Dunham as its Virginia Player of the Year honor. She is the first Gatorade Virginia Softball Player of the Year to be chosen from South County Secondary School. Dunham is now a finalist for the prestigious Gatorade National Softball Player of the Year award.

Dunham, a 5-foot-6 inch right-handed pitcher, led the Stallions to a 25-1 record this season and to the region semis. A two-time Northern Region Pitcher of the Year and a four-time Patriot District Pitcher of the Year, Dunham compiled a 0.19 earned run average in the pitching circle this spring, recording 314 strikeouts in 184 innings and issuing just 23 walks. She fired seven no-hitters, including a perfect game, and pitched 21 shutouts. At the plate, she batted .295 with 13 walks and 18 RBI.

Dunham has maintained a 4.30 GPA in the classroom. An active member of her church community, she has volunteered locally at a homeless shelter and food bank in addition to serving as a peer science and math tutor at South County.

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## Magnetic Personality



By KENNETH B. LOURIE

This column is not about me. It is about nearly every home I have been in (including my own) and nearly every kitchen in any office where I have ever worked, played or visited: magnets abound, with their phone numbers ever present. Local franchises of somebody's favorite food: fast, slow, Chinese, Italian; pizza, sub joints, sandwich shops, etc. Ah, the memories. More importantly, the reminders. Any and all magnetic comers, all within easy, eye-viewing convenience, are encouraged to stick around.

What would any of us do without our magnetic maestros orchestrating our nearly every gastronomic move? Not that I, or the next person, can't think outside the take-out box (or need constant visuals), but when that box - make that a rectangular or square magnet, has a phone number on it, and its position is level with your eyes and placed in a can't-miss location, it's nearly impossible to ignore its nudge.

Viewing these refrigerator adornments is somewhere between reading somebody's tea leaves and looking right into their soul. There is no pretense here. There is no attempt at subterfuge. It is simply in your face, for any and all to see; what matters, what matters not, and who it all matters to: who to call and who's calling whom.

Salesmen are encouraged (instructed might be too strong a word) when they first arrive on site for an in-person appointment, to look around, take in the scenery, and to pay most attention to what's on the walls: diplomas, artwork, family photos, memorabilia, as an informal way of gathering information and arriving at an agreeable end; a casual form of reconnaissance, you might call it. It's important to know something about the person/people with whom you're speaking, and to be keenly aware as well of what interests them. Your intention is to get their assistance in order to get their attention. It's not complicated or difficult, it's informative and instructive. It's common sense; heck, it's common courtesy.

Refrigerator magnets are simply smaller, more concise versions/indicators of what you get from what you see. They tell the tale of the tape. They show what's really going on, what every day life is really like. Of course, they don't explain or justify, they just represent. Their appearance is not about why, it's strictly about how. They're the nuts and bolts, the guts, the grease that "wheels" the family/business to whatever it's doing and however it plans to get there: by maintaining the status quo and/or providing a convenient blueprint for the many mundane activities of daily living that matter most and tend to last.

Magnets are a kind of modern day Rorschach inkblot test, but without the abstract designs, shapes, etc.; still subject to interpretation, though. But to what end? Certainly one can interpret what product-type service magnets mean and whether they're truly reflective of the personality of the magnet owner or simply something used to keep something in place and in sight, sort of like the garters my father snapped in place on his calves to keep his socks from falling down. He wasn't making any kind of statement, he was simply solving a problem with his socks. Nor do I think he was passively-aggressively attacking the sock manufacturer for making socks that wouldn't stay up. He was just getting dressed for work.

Maybe magnets are today's garters; they mean nothing, they indicate nothing; they just solve something. They're a convenience; nothing more, and probably a lot less. Still, I'm amused and intrigued by them. Perhaps it's their omnipresence (or is that omnipotence?). If they weren't everywhere, maybe I wouldn't be so curious about their underlying significance. They are more than a novelty, more than capitalistic America satiating its citizen's every need. They are, to quote Artie Johnson's character, Wolfgang the German Soldier, from Rowan and Martin's Laugh-in (1967-1973): "Very interesting...but shtupid."

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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Scoutmaster Gary Pan, the guest speaker Dawn-Lee Evans, and parent Sandy Smith pictured at the event.



# Saying 'No' to Peer Pressure

Great Falls Boy Scouts confront alcohol, drug use.

Boy Scout Troop 55 Scout leader Gary Pan felt that the pressure to take part in drinking and various drugs on area teens was an issue that needed to be communicated to all teens, and he felt the best way to start getting the message across was through a series of talks to his scouts and parents.

Not only would this series of talks be used as a means of prevention and education, but also as satisfying a part of the health component that is a substantial part of the scouting program. The troop hopes that this program will become part of an annual community service with outreach to parents within the local community.

"The scouting program addresses the development of character with respect to physical, moral, spiritual and mental health," said Pan. "Education and awareness is paramount in substance abuse prevention. Parental guidance is the first line of defense for our youth. It takes a community to help educate, monitor and protect our kids."

**DAWN-LEE EVANS** was the head speaker from the Alcohol and Drug Youth Services Student Assistance Program that came out on May 5 to talk to parents of the scout troop at St. Francis Episcopal Church in Great Falls. The goal of the program is to bring attention to at-risk students who may be feeling the pressure to take part in alcohol or drug based activities and encourage them to succeed academically as well as

socially through a variety of other activities as well as education. The speech is one of a four part series that will be held by the boy scout troop. The main goal of the talk this particular night was to give parents a sort of "how to" guide for how to better communicate to their teens about drug and alcohol use to hopefully stop it before it starts, as well as look for many of the warning signs, and also how to deal with teens if they are taking part in activities which involve alcohol and drug use.

Jennifer Goudy, a mother of one of the boys from the troop, said that Evans did an excellent job of explaining the issue at hand in our schools today and was left shocked by some of the information that was placed before her. "The paraphernalia she described simply blew me away, especially the ones that appeared to be simple school supplies, such as pipes that can be hidden in perfectly working highlighter," said Goudy. "Drugs are so accessible to teens today, which is such a scary thought especially for a mother of two teenagers myself."

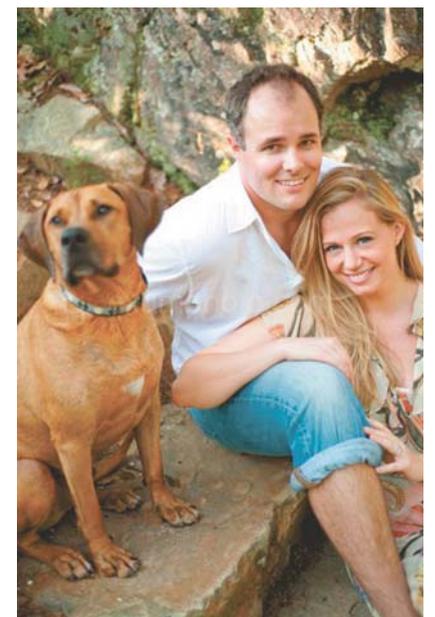
Evans went into detail of various places that students are easily able to hide their drugs or alcohol so that they are accessible to the teens whenever they may feel they "need" them. Some of the most shocking locations include, make-up compacts or lipstick tubes, in stuffed animals, under ceiling tiles or floorboards, and even candy containers

**SANDY SMITH**, another mother of teenage boys in the troop, said she had heard Evans give a talk at her son's high school and said it was a great idea to also have her come talk to the scouts and went to Pan with a referral. When asked after the talk if she felt that the Fairfax county school systems were doing a thorough job of address-

ing this particular issue and getting through to the children she said, "As parents we have a responsibility to our kids when it comes to awareness and education," she said. "Shaking the finger doesn't always do the trick. We need to learn how to talk to our kids and connect with them. The schools shouldn't be the sole messengers. You never know who will be that one person to get through to your child and truly inspire them, it can be their scout leader, a coach, a teacher, a church leader, etc. My feeling is that if they receive the message from a variety of different directions it might have a greater impact."

Evans works for the Student Assistance Program and works directly out of offices in South Lakes and Langley High Schools. She has a confidential relationship with the teens in which she is able to be an unbiased ear and a helping hand without them having the fear of being judged or punished. When asked what her piece of advice would be to teens who are feeling pressured from their peers to take part in drinking or drug usage she said, "It's not easy, there is a lot of pressure to fit in and feel accepted. The key is to have a plan ahead of time. If and when you are faced with that situation, many times parents are happy to be your scapegoat You don't have to work up a major speech first, oftentimes simply saying, 'no thanks, I'm not into that' will do the trick. Focus on surrounding yourselves with people involved in positive lifestyles and who partake in positive and drug free activities, this will help you feel less pressure to turn to substances and get involved."

Follow up sessions will include age appropriate material for audiences with separate sessions devoted to high school, middle school, and elementary school students accordingly.



Sarah Ashleigh Fulton and Mark Gregory Hutchins

Sarah Ashleigh Fulton, Mark Gregory Hutchins to Wed in October.

Steven Fulton of Great Falls and Suzanne Fulton of Reston are pleased to announce the engagement of their daughter, Sarah Ashleigh Fulton, to Mark Gregory Hutchins, son of Carol and Gregory Hutchins of Rocky Mount, N.C.

Sarah Fulton grew up in Great Falls and graduated from Langley High School in 2000. She attended Vanderbilt University and graduated in 2004. She later went on to attend William & Mary School of Law, graduating in 2008. She is now an associate at the law firm of Parker Poe Adams & Bernstein, LLP, in Charlotte, N.C.

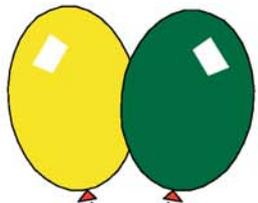
Mark Hutchins is employed by Technocom, Charlotte, N.C. He is a 2003 graduate of Appalachian State University.

The couple is planning an October wedding.

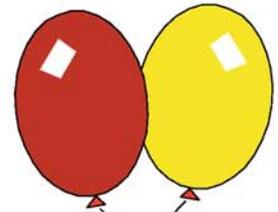
## REAL ESTATE NOTES

Send announcements to herndon@connectionnewspapers.com. Deadline is Friday for the next week's paper.

**David Houghtaling and Jalil Achir of Reston** were among the Coldwell Banker agents receiving The Award of Excellence from the nationally renowned real estate marketing and technology speaker and REALTOR.com® Vice President, Max Pigman. The Award of Excellence program was created to recognize top real estate agents across the country who consistently provide great marketing services on behalf of their buyers and sellers.



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