

Potomac ALMANAC


PET ALMANAC
INSIDE

Shared Custody
Works for
Husky

PET ALMANAC, PAGE 4

3 Dogs, 3 Horses,
3 Children
(And Only 1 Cat)

PET ALMANAC, PAGE 8

Positive Approach
To Pet Training

PET ALMANAC, PAGE 8

At Sanctuary,
All Animals
Are Pets

PET ALMANAC, PAGE 3

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like a good bath on
a hot afternoon.

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CALENDAR, PAGE 10 ♦ SPORTS, PAGE 12 ♦ CLASSIFIED, PAGE 14

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JULY 28-AUGUST 3, 2010 ♦ VOLUME LIV, NUMBER 30

ONLINE AT POTOMACALMANAC.COM

PET ALMANAC
Dog Parks

Talk of the Town



Dogs run around and play at the Cabin John Regional Dog Park.

Photos by Helen Rodriguez

A Dog-Gone Good Place To Socialize

Starting Aug. 1, permits will be needed to access all Montgomery County Dog Parks located in Cabin John Regional Park, Olney Manor Park, Black Hill Regional Park, Ridge Road Recreational Park and Wheaton Regional Parks. Permits cost \$40 plus \$5 for each additional dog and will need to be renewed annually. Colored dog tags will indicate whether the owners have a valid permit. Tags must be clearly visible on the dog collars as Park Police will be checking for them at the door. Fines may be issued to anyone using the dog parks without a permit or a visible permit tag. Cabin John Regional Dog Park visitors were asked what they thought of the park and the new permit law.

By Helena Rodriguez/The Almanac



Stephanie Kayden and her dog George visit the park early in the morning before the summer heat sets in.



Greg Weir and his handicapped dog Ilya like the soft mulch bedding and ramp outside the park entrance that help accommodate Ilya's needs. Weir says that he will pay the \$40 fee if the county keeps maintaining the park as it does now. Weir also thinks that people would be more comfortable paying the permit fee if they knew that the money would be going to directly help the park.

A CABIN JOHN REGIONAL PARK

10900 Westlake Drive
Bethesda, Maryland
Note: The dog park is closed from 9:00 am through 11:00 am every Tuesday for weekly park maintenance.

B BLACK HILL REGIONAL PARK

20930 Lake Ridge Drive
Boysd, Maryland

C OLNEY MANOR PARK

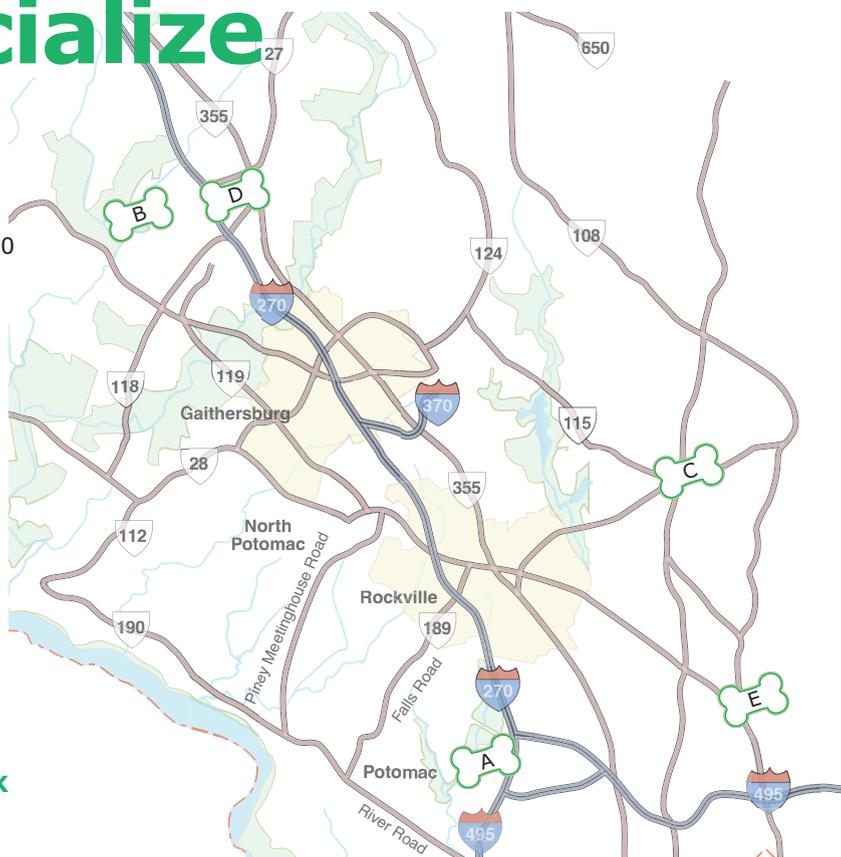
16601 Georgia Avenue
Olney, Maryland

D RIDGE ROAD RECREATIONAL PARK

21155 Frederick Road
Germantown, Maryland

E WHEATON REGIONAL PARK

2000 Shorefield Rd.
Wheaton, Maryland
(next to the old ice rink)



Karen Cid and her dog G like that the park offers a separate section for smaller dogs. Cid already paid the \$40 fee and says that she will keep on coming to the park as long as the county keeps up the good job of maintaining it.



Sandy Barr and her dog Duke love that the park offers spacious facilities and water for both pets and owners. Barr will pay the annual \$40 fee because she believes the park is a great place and is very well maintained, although Barr does feel that park visitors should have had a say in the whole permit process.

PET ALMANAC



Two-and-a-half-year-old twins Maximilian Iano-Stockton (striped shirt) and Noemi Iano-Stockton visit with a goat.



PHOTOS BY CAROLE DELL/THE ALMANAC

A Poplar Springs employee, Malita Kim-Schultz drives from Annandale, Va., to care for the animals. Here, she waters Penalopie, one of the pigs rescued as a baby 12 years ago from a truck abandoned in Washington, D.C. She uses a wand to water each napping pig during these very hot days. Upon her approach, they open their eyes just enough to see that refreshments are on the way, then grunt with pleasure.

At Poplar Spring Sanctuary, All Animals Are Pets



Terry Cummings, co-founder of Poplar Spring Animal Sanctuary, is dedicated to making the lives of abandoned and mistreated farm animals forever secure. At Poplar Spring, they soon become everyone's precious pets and their personalities blossom, she has said.

BY CAROLE DELL
THE ALMANAC

Saturday's Montgomery County Farm Tour gave families the opportunity to see firsthand the inner workings of some of the area's many farms and possibly experience what it is like to live or work there.

At one stop on the tour, at Poplar Spring Animal Sanctuary in Poolesville, children and parents alike were treated to an even more intimate experience. This non-profit organization, home to rescued or abused farm animals, prides itself on being hands-on.

In addition to a hayride and vegetarian treats on Saturday, there was a surprise in every barn. In one, children sometimes found themselves eye to eye with a snuffling pig, one of an ocean of behemoths lounging in the straw; in another, the tactile fun of grabbing a goat's large ridged horns was a first-time ex-

perience for many. Children and their parents discovered that these farm animals were as friendly and tolerant to the children's hugs as any family pet. Once secure and safe, the animals begin to show their individual personalities, said Terry Cummings, co-founder. Visitors discover the unique characters of each turkey, each chicken, and each pig.

Here, on this bucolic 400-acre property, families experienced how life moves slowly in a nostalgic old-fashioned way and the only hint of encroaching development is the sight of a silhouette of buildings hovering from across the Potomac River on the Virginia side.

The fortunate cows, horses, mules, goats, chickens, pigs, turkeys, ducks and several peacocks who live there enjoy a peaceful, permanent home for the rest of their lives, not exactly what they were bred for. "This is the best job I ever

More

For a different family experience, celebrate a vegetarian Thanksgiving with the turkeys. They eat first. Call 301-428-8128. Tours of Poplar Spring Animal Sanctuary are available. Call for appointment. To volunteer or make a donation: Call 301-428-8128 or go to the website: www.animalsanctuary.org



At the Poplar Spring's open house they served veggie burgers and veggie hot dogs, but Kayla Adams, 3, of Silver Spring, preferred a potato chip break during her farm visit.

SEE PETS, PAGE 7



Now, here's how to cool off ...

Shared Custody Works for Parents of Husky

Misty Blue shares her week and love.

BY SUSAN BELFORD
THE ALMANAC

Three and one-half years ago, June Bryant, was 93 years old — too old to keep up with her energetic Siberian husky, Misty Blue. Even though he was wonderfully trained and a marvelous companion, June decided she had to find another family for him. She placed an ad with a photo, asking someone to adopt her pet. Potomac residents Arlene and Ken Mirkin responded to the call for help. They already had a Siberian husky named Bailey — an incorrigible, but lovable dog who badly needed a playmate. They visited Misty Blue, fell in love, and adopted him.

But the story does not end there. Missing her dog's love and friendship, Bryant called the Mirkins to see how he was adjusting and to ask if she could visit Misty Blue. After discussing Bryant's loneliness and how much she missed Misty Blue, the Mirkins and Bryant came up with a solution — joint custody. Bryant would collect Misty Blue on Monday, and return him every Wednesday. She hired a trainer to walk and exercise him, but the visitation arrangement gave her the opportunity to enjoy his friendship, cook



Ken and Arlene Mirkin with their Siberian huskies Bailey, left, and Misty Blue.

him special meals, love him and receive his unconditional love in return. "June was just amazing," said Arlene Mirkin. "Every Monday she would arrive at exactly the same time — and return him precisely at noon on Wednesday. Misty Blue knew on Monday that June was coming, and would sit

by the door waiting for her to arrive."

Arlene Mirkin added, "June had always had dogs — in fact, Misty Blue was her eighth dog. June was an exceptionally accomplished person. She was a very talented artist who painted portraits, including one of Lyndon Baines Johnson for whom her

"Misty Blue knew on Monday that June was coming, and would sit by the door waiting for her to arrive."

— Arlene Mirkin

husband served as chief counsel. She drove until she was 97 and played golf and bridge weekly."

Bailey and Misty Blue require extensive amounts of exercise and Ken Mirkin is dedicated to walking and running them early every morning and afternoon through the streets and parks of Avenel where they reside. He and Arlene refer to the two dogs as "their boys."

This shared custody arrangement worked very well for over three and one-half years, until Bryant began to develop dementia and had to enter an assisted living facility. "It was a wonderful experience for all of us," said Arlene Mirkin. "We made an interesting new friend and Misty Blue loved visiting June but also loved to return to us and to his brother Bailey. It was the perfect solution for everybody. I know that Misty Blue will always remember and miss June."

New Dog Park Permit Fees Take Effect on Aug. 1

As of Sunday, Aug. 1, permits will be required for the use of all Montgomery County dog parks managed by Montgomery Parks, M-NCPPC.

The fee charged by Montgomery Parks will allow access to all Montgomery Parks dog parks located in Cabin John Regional Park, Olney Manor Park, Black Hill Regional Park, Ridge Road Recreational Park, and Wheaton Regional Park.

Permits issued between July 2010 - December 2011 will be valid through De-

ember 2011. As of January 2012, dog park permits will be renewed on an annual basis every January. Once the application and payment are received, permit holders will be issued a colored dog tag that must be clearly visible on their dogs' collars. Park Police will monitor permit compliance at the dog parks, and fines may be levied for anyone using the dog parks without a permit or a visible permit tag.

To receive a dog park permit, complete a

Dog Park Permit Application and submit it to the Park Permit Office:

❖ In person at Parkside Headquarters, 9500 Brunett Avenue, Silver Spring, MD 20901. Hours are: Monday-Wednesday 8:30 a.m.-5 p.m.; Thursday-Friday, 8:30 a.m.-7:30 p.m.

❖ By mail to the same address.

❖ Or by fax at 301-495-2484.

Applications can be submitted at any time. Checks or money orders should be made payable to "M-NCPPC." Note the

application does include a section that must be completed by a licensed veterinarian.

Montgomery County residents will pay \$40 annually for the first dog, \$5 annually for each additional dog.

Non-county residents will pay \$48 annually for the first dog, \$6 annually for each additional dog

After Aug. 31, 2011, prorated fees will be charged for the remainder of the 2011 calendar year for any new permit requests.

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PEOPLE



Kahns Celebrate 50th Wedding Anniversary

Sam and Irma Kahn were married July 17, 1960 in Tarrytown, N.J. Their children, Ken Kahn of Richmond, Va., and Edie Kahn of Chapel Hill, N.C., along with their families and friends at Normandie Farms in Potomac threw a celebration of the Golden Anniversary.

PEOPLE NOTES

Samantha Klein of Potomac designed a winning charm in the nationwide CHARM IT! Design-A-Charm contest.



Samantha's winning design is one of 36 chosen from thousands of entries. The CHARM IT! "What Charms You?" Collection is available at specialty retailers nationwide and local retailer, On Cloud 9.

Andre C. McClure has graduated from basic combat training at Fort Jackson, Columbia, S.C. He is the son of Gloria McClure of Whites Ford Way, Potomac. McClure is a 1999 graduate of Winston Churchill High School, Potomac.

Marine Corps 1st Lt. Jack W. Holloway, whose wife, Allison, is the daughter of Nona and David Ash of North Potomac, was recently designated a Naval Aviator while serving with Training Squadron 22, Naval Air Station, Kingsville, Texas. Holloway was presented with the "Wings of Gold," marking the culmination of months of flight training.

LET'S TALK Real Estate



by **Michael Matese**

IS YOUR HOME UNDER-INSURED?

You probably know that it is your responsibility to insure your property against damage from flood, fire, storm and theft. But how do you know if you have enough insurance?

It's estimated that 64 percent of American homes are underinsured by an average of 27 percent. One-third of the survivors of recent natural disasters such as the California wildfires and Florida hurricanes were horrified to discover that their insurance coverage was not sufficient to replace the home they lost.

You can prevent this from happening to you by reviewing your liability and personal possessions coverage. If you have improved your home or built an addition, talk to your agent about increasing the coverage to account for the additional square footage or increased property value. Look at the specific terms of coverage for hurricanes, earthquakes, fire or flooding.

Ask for a "guaranteed replacement policy", or insurers may only issue an extended replacement policy which sets limits on the amount that may be paid out to cover the cost of rebuilding a home that is destroyed by a natural disaster.

If you've upgraded your heating, electrical, plumbing or fire alarm systems, ask your agent whether you are eligible for a discount.

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Here's our dog, really our big sister, Redford. She loves to play in the snow — she is great at snowball fights, and she likes to go for walks with her siblings by the canal. The group photo is Redford with, from left, Jenna, Joel and Sonya.

— DIANE BERINSTEIN

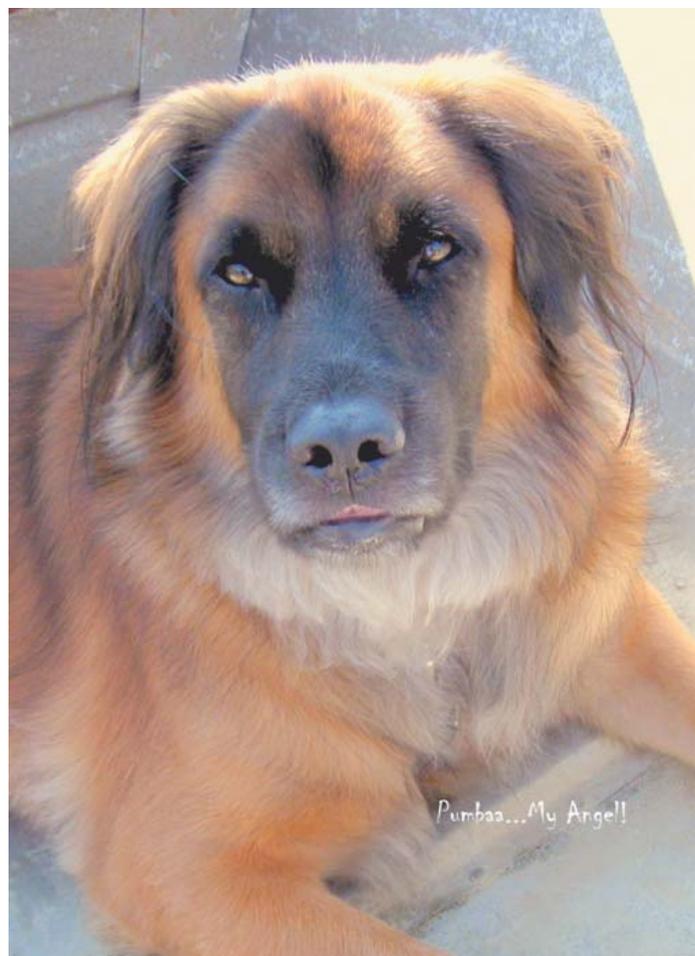


Harvey Levine's Jack Russell terrier: "Shuler, Ruler of the Universe."



My daughter Dorothy Oldach, 10, organized a donation to the Humane Society in December for her girl scout troop. When I went to drop her donation off, Muffy (pictured) was being given up in the waiting room. Muffy became a member of the family four days later. Dorothy and her sister Lily, 7, could not have found a better dog.

— JULIE OLDACH



Story of Pumba

One day, three years ago, our daughter Janani who was attending Churchill High School brought home this cute three-month-old mixed puppy out of nowhere. She had seen a picture of him on the internet at www.homewardtrails.org as a pet who was to be put to sleep in North Carolina as he was sick and 100 percent deaf. All of us immediately fell in love with the cuddly and playful little one and agreed to adopt. Since then he has become the center of attraction in our family and without any doubt, has brought the family even closer. Perhaps because Pumba is completely deaf, he has a heightened sense of how each of us feels at any given time. If he senses that one of us is sad, he would rise to the occasion by sitting by your side and be cuddly so that you would forget whatever is bothering you. He is loved and admired by many in our community and he even has his own Facebook account. You'll often see Pumba taking evening walks in his favorite River Falls and Fawcett Farm community.

— THE KARUNARATNE FAMILY



Emily Hanson, 11, and her pet rabbit Charlotte. Charlotte is somewhere between one and five years old. Emily adopted her in December of 2009 from the Maryland House Rabbit Society. She was rescued from a Maryland animal shelter. She loves cilantro, lettuce, and — for a special treat — green apple. She loves to have her head and cheeks rubbed. Emily lives in Potomac in Mazza Woods and will be attending Pyle Middle School in the fall. For more information on adopting a house rabbit go to www.rabbitsinthehouse.org.

PET ALMANAC



PHOTO BY CAROLE DELL/THE ALMANAC



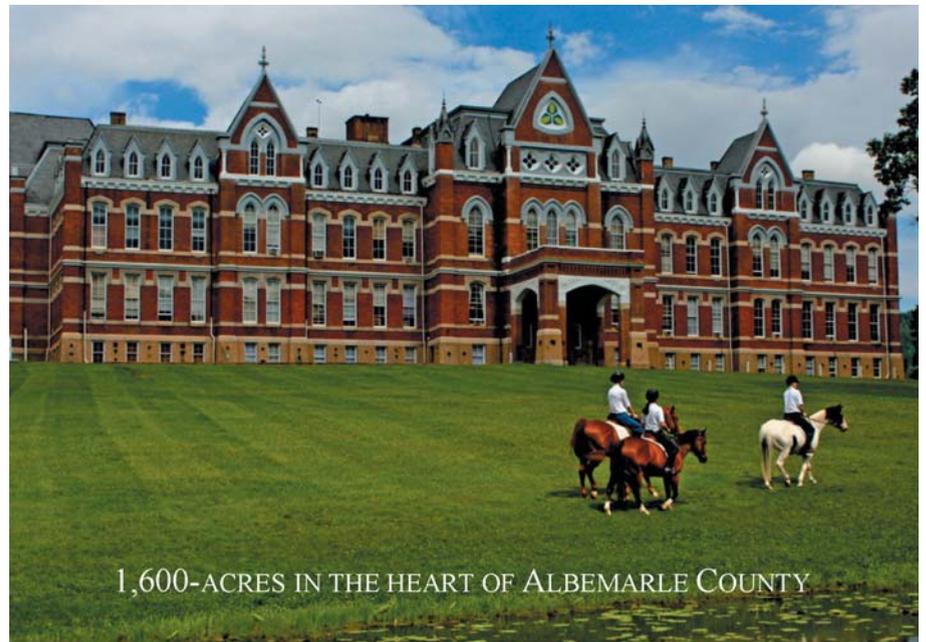
What else is there to do on a hot afternoon but nap. Luck, timing and kind hearts brought many of these pigs to Poplar Spring after some escaped their fate in a slaughterhouse and others were rescued from a truck abandoned in Washington, D.C. At 12 years old (they are not bred to live this long), they have developed arthritis and now take Aleve twice a day for their aches and pains. Once the Aleve kicks in, said Malita Kim-Schultz, an employee, they feel great.

Where All Animals Are Pets

FROM PAGE 3

had," said Malita Kim-Schultz, an employee who travels from Annandale, Va. "It is so peaceful just being with these animals."

Poplar Spring is a 501 (c) 3 organization entirely funded through donations from the public. All donations go directly to feeding and caring for the animals.



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3 Dogs, 3 Horses, 3 Children (and Only 1 Cat)

The Voorthuis house is filled with love and animals.

BY SUSAN BELFORD
THE ALMANAC

The Voorthuis family home on Dobbins Drive is less than two miles from Potomac Village — yet they have horses in their back yard, dogs who freely roam their acreage (inside the invisible fence) and a new cat who must adjust to living with three dogs. Most families on the street also have horses. “It’s as if we are out in the country, yet we are so close to the metropolitan area,” said Jackie Voorthuis.

Jackie Voorthuis grew up in Holland (now The Netherlands) where she was always involved with horses. At 18, she moved to England to study and become an au pair for horses — hired to take care of a stable of horses. “I was very lucky because I got to experience hunting for the first time as well as learn so much more about horses.”

When Joost and Jackie Voorthuis married, they came to Potomac looking for a home where they could have dogs and horses. They were elated to find the Dobbins Drive property and also to meet other equestrians with whom to ride. Jackie Voorthuis purchased their first thoroughbred, Northern Spirit, built a small barn and began



Hummer is the nosy dog in the Voorthuis household.

teaching their three children to ride. Their daughter Sheila is the most enamored with horses; in fact, she is currently at Meredith Manor Equestrian College in West Virginia, studying to become a horse trainer. She has Northern Spirit at college with her (keeps her from being lonely — but also keeps her very busy). Sheila will be returning to Potomac, hoping to find employment as a trainer or working with horses in some capacity.

The Voorthuis’ also have two thoroughbreds purchased at the Virginia Tech horse auction. They are Mac My Kind of Guy and Shindeagan, nicknamed Bubbles. Jackie Voorthuis rides them regularly in the Poolesville and Seneca areas of the county.

Rosha is their 10 year old Rotweiler and Hummer is a German short-haired pointer. “The other dog, Laurence, and the cat came



Burmese Mountain Dog Laurence knows how to beat the heat.

by accident,” said Jackie Voorthuis. “We had just finished playing golf and were having coffee in St. Jovit, just outside of Mont Tremblant, Canada. There was a pet store with the cutest Burmese mountain puppy in the window. He just seemed to want me to adopt him — so we went in (with the encouragement of our friends) and came home with him. His name is Laurence, named for the Laurentians. The cat just came last month. Charley is really my daughter’s cat. However, she moved into an apartment which has a no animal policy — so now Charley is mine! The cat is adjusting to all the dogs, except I think they often are an irritation! But I believe, ‘what’s one more animal?’”

WHEN THEY got the two horses from Virginia Tech, they were only foals (2 year



Rosha is old — but wise.

olds) and they had to be broken in order to ride them. Trainer Tony Elyer broke the horses, using the Horse Whisperer technique. They found farrier Dave Phillips to shoe the horses. Monocacy Veterinarians pay house calls to large animals and fortunately, there is shopping at The Surrey — long a Potomac store for equestrians which has recently moved out to Darnestown. Of course, the horses require feeding and exercising — a task handled by the entire family.

“Pierce and Juliet are working now, so not as available as they used to be. Now it pretty much is my task,” said Jackie Voorthuis. “But I love it and I truly love riding for pleasure. I am lucky to have such wonderful animals and to have the chance to truly enjoy each one. Riding in this area is just fantastic.”

Emphasizing a Positive Approach to Pet Training

BY SUSAN BELFORD
THE ALMANAC

My dog chews everything! My dog is out of control! My puppy needs obedience school! My dog is gaining weight — and I don’t know what the best food for her is! How do I choose what puppy to get — or do I get an older rescue dog? What is positive dog training and how do I learn to do it?

“Your Dog’s Friend,” a 501-c3 non-profit, was founded four years ago by Potomac resident Debra Ekman to help dog owners answer these questions and more. The main goal of this organization is to keep dogs out of shelters by educating dog owners.

Ekman was a volunteer at the Humane Society and at two rescue shelters. She had studied dog training and behavior with Animal Behavior College and was serving as an adoption counselor and also a trainer. The longer she volunteered, the more she realized that “people chose dogs that did not fit their lifestyles; people returned dogs for problems that could have been prevented; and people had no place to turn to for advice when they brought their dog home or when problems arose.” For these reasons, she started “Your Dog’s Friend”



Debra Ekman with her 10 dogs.

(YDF).

Ekman owns 10 dogs — all shelter or rescue dogs. Prior to YDF, she was involved in community organizing, and ran another non-profit, Crossway Community.

The “Your Dog’s Friend” website (www.yourdogsfriend.info) gives advice and education on choosing a dog, breed tendencies, anxiety, puppy mill dogs, how to properly care for a dog and more. YDF also offers free workshops on topics such as “Nutrition for Dogs” (July 31), “Help, This Dog is Driving Me Crazy” (Sept 12),

“Living with Your Outta Control Dog” (Oct. 30) and “Dr. Meyer’s Top 10 Secrets for Well-Behaved Dogs and Happy Humans” (Nov. 20). In addition, classes for dog training are presented for a nominal fee. Reactive Dog Class will begin on Aug. 31. Other classes that will be starting soon include Agility Games, Confidence Building, Play and Games for Small Dogs and Dog Training Camp for Kids.

An advocate of positive training of dogs rather than physical or psychological intimidation, Ekman said, “The use of dominance

or compulsion training can develop anxieties and fears in dogs and it is not necessary. Would you learn better being rewarded for the right answer or being punished for the wrong one? You want your dog to enjoy training, instead of complying out of fear. You want him/her to use the brain, instead of being yanked into position. You don’t want to dominate your dog; you want your dog to want to work with you because it is rewarding and fun.” The website lists dog trainers who practice the philosophy of rewarding preferred behaviors and discouraging undesirable behaviors. The Association of Pet Dog Trainers (APDT) also supports this view.

Author of “The Shelter and Rescue Dog Book,” Ekman is involved in all aspects of YDF. Workshops attract from 40 – 100 people and over 2,300 people are now on the mailing list. To register to receive the YDF e-newsletter, sign up on the website. YDF volunteers are also available (mainly Ekman) to give free behavior and training advice by telephone or e-mail. Call 301-983-5913 or contact Ekman at administrator@yourdogsfriend.info. For advice, go to advice@yourdogsfriend.info. Training classes are held at 12221 Parklawn Drive in Rockville.



Lucy and Chris, Quarter Horses from Avenel, are shown here in the Potomac Day Parade in 2001, with Mary Kimm and her daughter Emma Kimm Dixon aboard.

Lucy and Chris

Lucy and Chris, two Quarter Horses with possibly the most wonderful dispositions in the world, joined our family in the '90s. Both horses were born in 1987, but Chris was actually born at Avenel, bred by the "chief executive" of the Avenel Equestrian Center, Nancy Evans. Nancy bought Lucy as a yearling at a sale at Frying Pan Park in Herndon; Lucy excelled at competition and as a broodmare for Nancy before becoming my trail and parade horse. Chris and Lucy meant so much to us, taught us so much, gave us so much, for so many

years. They gave us comfort and counsel and connection to nature, we'll always be grateful to Nancy Evans for sharing them with us.

Lucy retired to therapeutic riding at Great and Small at Rickman Farm Horse Park about five years ago, and died this past year. We gave Chris, now 23, the same age as Emma, to Nancy Evans' grandchildren, and she says he taught them everything. He's retired back at Avenel now with Nancy. "This will be his last home," she said.

— MARY KIMM



Bonnie, left, and Clyde are 14-month-old Cocker Spaniels who had to be seized from their owner because they were being starved, mistreated and were extremely matted. OBG Cocker Spaniel Rescue came to their aid and they have each gained a much needed 9 pounds after being taken from that home and cared for. In spite of being treated so badly, they are both trusting and loving, give kisses and affection and love to play ball. They get along great with other dogs. They are hoping for a forever home and can be adopted together or separately. Oldies But Goodies (OBG) Cocker Spaniel Rescue is an all volunteer, not-for-profit group. To adopt a cocker, volunteer or make a tax deductible donation, visit www.cockerspanielrescue.com or call 703-533-2373.

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10517 Tyler Terr.....	\$814,000.....	Sun 1-4.....	Seyed Tofigh.....	Libra Realty.....	301-580-2574
7811 Ivymount Terrace.....	\$849,900.....	Sun 2-5.....	Marty Resnick.....	ReMax 2000.....	301-442-6991
11732 Lake Potomac Dr.....	\$1,790,000.....	Sun 1-4.....	Patrick J. Brennan.....	Long and Foster.....	301-367-3951
13308 Beall Creek Ct.....	\$1,850,000.....	Sun 1-4.....	Kathy Lorenz.....	Long and Foster.....	240-350-7355
9852 Avenel Farm Dr.....	\$2,499,000.....	Sun 1-4.....	Jammie Coley.....	Long and Foster.....	202-669-1331

Bethesda (20817)

8000 Beach Tree Rd.....	\$688,500.....	Sun 1-4.....	Pam Powers.....	Long and Foster.....	202-253-0754
9823 Singleton Dr.....	\$699,000.....	Sun 1-4.....	Hilary Kam.....	Long and Foster.....	301-646-7883
8300 Still Spring Ct.....	\$874,500.....	Sun 1-4.....	Kay Beane.....	Long and Foster.....	301-520-7409
8025 Thornley Ct.....	\$998,850.....	Sat 2-5.....	Marty Resnick.....	ReMax 2000.....	301-442-6991
9115 North Branch.....	\$2,595,000.....	Sun 1-4 by Appt.....	Diann Gottron.....	Long and Foster.....	301-340-2347

Rockville (20850, 20852)

11750 Old Georgetown Rd. #2208...	\$343,720.....	Sat 11-6.....	Bob Lucido.....	Toll MD Realty.....	410-979-6024
11750 Old Georgetown Rd. #2316...	\$393,395.....	Sat 11-6.....	Bob Lucido.....	Toll MD Realty.....	410-979-6024
11750 Old Georgetown Rd. #2424...	\$395,890.....	Sat 11-6.....	Bob Lucido.....	Toll MD Realty.....	410-979-6024
11800 Old Georgetown Rd. #1227...	\$439,780.....	Sat 11-6.....	Bob Lucido.....	Toll MD Realty.....	410-979-6024
11800 Old Georgetown Rd. #1428...	\$459,920.....	Sat 11-6.....	Bob Lucido.....	Toll MD Realty.....	410-979-6024
11800 Old Georgetown Rd. #1328...	\$469,705.....	Sat 11-6.....	Bob Lucido.....	Toll MD Realty.....	410-979-6024
309 Fredrick Ave.....	\$525,000.....	Sun 1-4.....	Lana Borzova.....	Exit Realty Plus.....	240-505-4244
11750 Old Georgetown Rd. #2515...	\$534,995.....	Sat 11-6.....	Bob Lucido.....	Toll MD Realty.....	410-979-6024
1644 Piccard Dr.....	\$579,000.....	Sun 1-4.....	Marc D. Infeld.....	Coldwell Banker.....	240-355-5487
112 Evans St.....	\$585,000.....	Sun 1-4.....	Pat Shultz.....	Long and Foster.....	301-233-1906
11007 Cedarwood Dr.....	\$725,000.....	Sun 1-4.....	Hans Wydler.....	Long and Foster.....	301-986-6405

North Potomac (20878)

635 Gatestone St.....	\$509,900.....	Sun 1-4.....	Elaine Koch.....	Long and Foster.....	301-325-4621
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For an Open House Listing Form,
call Deb Funk at 703-778-9444 or e-mail
debfunc@connectionnewspapers.com
All listings due by Monday at 3 P.M.

CALENDAR

To have community events listed free in The Potomac Almanac, send e-mail to almanac@connectionnewspapers.com. Deadline is Thursday at noon for the following week's paper. Photos and artwork encouraged. Call 703-778-9412.

EVERY SATURDAY NIGHT

Live Standup Comedy. 8 to 10 p.m. Five local comics. At the Laugh Riot at the Hyatt Regency Bethesda Hotel, 7400 Wisconsin Ave., Bethesda. Call 301-657-1234 or visit www.Bethesda.Hyatt.com.

NOW THROUGH AUG. 8

"How I Became a Pirate." At Imagination Stage. Performances on Saturdays and Sundays at 1:30 and 4 p.m.; Tuesday-Friday at 10:30 a.m. Tickets from \$10-\$21. Visit [HYPERLINK http://www.imaginationstage.org](http://www.imaginationstage.org) <http://www.imaginationstage.org>.

NOW THROUGH AUG. 16

Lamaze Classes. 7 to 9:30 p.m. Cost is \$25/members; \$50/general public. L'Amazing Baby: Childbirth Preparation with a Jewish Twist. At the JCC of Greater Washington, 6125 Montrose Rd, Rockville. For more information and to register, visit www.jccgw.org or contact Julie Margel at jmargel@jccgw.org. 301-348-3837

Added Concerts to Strathmore's Guitar Festival Line-up Strathmore announced the addition of 12 concerts to its 2010-11 season including that of the legendary Chuck Berry. Tickets to the additional concerts are on sale now to Strathmore Stars, a new philanthropic program that supports arts programming, education programs and community outreach projects. Single tickets will go on sale to the general public on Monday, July 26, at 10 a.m.

WEDNESDAY/JULY 28

The Crowddaddies. Mini street festival 5:30 p.m. Music at 7 p.m. Free. Based in Baltimore, Md., The Crowddaddies infuse Cajun, Zydeco, Blues, Ska, Roots, Rock and Reggae into an incomparable, groove-laden sound that is unquestionably its own. At Gudelsky Gazebo at the Music Center at Strathmore, 10701 Rockville Pike, 5301 Tuckerman Lane, Bethesda. Call 301-581-5100 or visit [HYPERLINK http://www.strathmore.org](http://www.strathmore.org)

THURSDAY/JULY 29

Slow Blues and Swing Dance. 8:15 to 11:30 p.m. Admission is \$8. With DJ Mike Marcotte and guests. The beginner workshop runs from 8:15 - 9 p.m. followed by dancing. The lesson gives new dancers important partnering basics. As always, the class is included in the \$8 admission and no partner is necessary. We'll have an action-packed night for music with tunes from a variety of DJs. At the Ballroom annex of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Email: [HYPERLINK mailto:info@capitalblues.org](mailto:info@capitalblues.org)

Banjo to Beatbox with Cathy Fink, Marcy Marxer Christylez Bacon. 9:30 a.m. and 11:30 a.m. Tickets \$7 (Strathmore Stars \$6.30); age 2 and under free. The Grammy-nominated album, Banjo to Beatbox, features Children's Music Grammy Award winners Cathy Fink & Marcy Marxer and Washington, D.C.'s hip-hop sensation Christylez Bacon in a fresh new recording for kids and families. In this concert, Beatbox (mouth drums) meets the banjo, nursery rhyme meets the hip-hop fractured fairy tale and tradition meets the next generation of contemporary "hip." With nods to folk, rap and imagination, these artists show us that



Amilia Spicer



Lara Herscovitch

through music, our different neighborhoods (and musical styles) can come together. At Backyard Theater Stage at the Music Center at Strathmore, 10701 Rockville Pike, 5301 Tuckerman Lane, Bethesda. Call 301-581-5100 or visit [HYPERLINK http://www.strathmore.org](http://www.strathmore.org)

FRIDAY/JULY 30

Contra Dance. 7:30 to 11:30 p.m. Admission is \$9. The Friday Night Dancers present Contra dancing as well as some square dances and waltzes. Contra dance lesson from 7:30 to 8:15 p.m. followed by called dance to live music from 8:30 to 11:30 p.m. Beginners are always welcome. This week Janine Smith calls to Love Mongrels with Orrin Star on mandolin, guitar, and banjo, Danny Knically on mandolin, guitar, and percussion, Alexander Mitchell on fiddle, and Ralph Gordon on bass. At the Spanish ballroom of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Email: [HYPERLINK mailto:fndcontra@yahoo.com](mailto:fndcontra@yahoo.com)

Swing Dance. 8:30 p.m.-midnight. Admission is \$15. This primo jump blues band has it all — an amazing rhythm section, awesome sax playing, fabulous guitar, a killer front man, and fantastic songs. And more than all that, these guys have the ability to cross over from jump blues to swing to rock and back again, often within the same song. Formed in 2002, the Gas House Gorillas draws from the well of such greats as Wynonie Harris, Gene Autry, Sam Cooke, Cab Calloway and Elvis Presley as they move effortlessly between jump blues, gypsy swing, and classic rock. Beginner swing lesson at 8:30 p.m. followed by dancing from 9 p.m. to midnight. At Bumper Car Pavilion of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Visit americanswing.org.

SATURDAY/JULY 31

Voter Registration Drive. 11 a.m. to 1 p.m. Conducted by the Montgomery

County Board of Elections. At Potomac Library, 10101 Glenolden Drive, Potomac, 240-777-0690, 301-765-4083 (TTY).

Red Cross Pet First Aid Class. 9 a.m. to 1 p.m. Using video, lecture, discussion and practice, this course addresses giving temporary care to your dog or cat in an emergency. No animals are permitted in class. Presenter: Lynne Bettinger, certified American Red Cross pet first aid instructor (<http://www.sundownridge.com/>). Note: There is a \$60 fee, which includes a manual, DVD and Red Cross certificate. Register online and send check, payable to Your Dog's Friend: 11401 S. Glen Rd, Potomac, MD 20854.

Swing Dance. 8 p.m.-midnight. Admission is \$15. Along with the Rocket 88s, Mitch Woods has been the torchbearer of a great American blues musical heritage for two decades. Taking his inspiration from the great jump and boogie outfits of the late 40s and early 50s, Mitch breathes fresh life into the music that gave birth to rock and roll. The Rocket 88s are styled after the jumping and jiving, shouting and honking, pumping and pounding bands of Louis Jordan, Wynonie Harris, Joe and Jimmy Liggins, Amos Milburn, and Roy Milton. Adding a healthy dose of New Orleans rhythm and blues, pile-driving piano, and some of his own contemporary playful lyrics, Mitch forges his own style of music he calls "rock-a-boogie." American Swing presents a swing dance with fabulous live music. A beginning Swing dance lesson from 8 - 9 p.m. is followed by dancing from 9 p.m. to midnight. At the Bumper Car Pavilion of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Visit americanswing.org.

SUNDAY/AUG. 1

Waltz Dance. 3-6 p.m. Admission is \$8. With the band, Green Light Karma. Introductory Waltz workshop from 3-3:30 p.m.; dancing from 3:30-6 p.m. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd., Glen



Tresa Levasseur

AUG. 10-AUG. 24

Soul Sister Month. August is soul sisters month as Focus presents two singer/songwriter showcases, starting with a co-bill of soulful Americana performers amilia k spicer and Lara Herscovitch on Aug. 10, and closing with the multi-talented R&B singer Tresa Levasseur and her band on Aug. 24. Both shows, at the Unitarian Universalist Church of Rockville is located at 100 Welsh Park Dr., Rockville. Tickets are \$18 at the door, \$15 in advance at FocusMusic.org. For more information, contact David Spitzer at focusrockville@earthlink.net or 301-275-7459.

Echo. Call Joan Koury at 202-238-0230 or Glen Echo Park at 301-634-2222, go to www.WaltzTimeDances.org or e-mail info@WaltzTimeDances.org.

Slow Blues and Swing Dance. 7-11 p.m. Admission is \$17 for workshop and dance; \$12/dance only. With the band Terence McArdle & Friends. Slow Blues lesson from 7-8:30 p.m.; dancing from 8:30-11 p.m. At the Back Room of Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Call Donna Barker at 301-634-2231 or Glen Echo Park at 301-634-2222, send e-mail to dbarker@glenechopark.org or visit [HYPERLINK http://www.DanceDC.com](http://www.DanceDC.com).

Contra and Square Dance. 7:30-10:30 p.m. Admission is \$12 for nonmembers and \$9 for FSGW members. The Folklore Society of Greater Washington presents traditional American contra dancing. The evening can include square dances, mixers, waltzes and other couple dances. All Contras and Square dances are taught, no partner is necessary. Lesson at 7 p.m., followed by dances with Green Light Karma from 7:30 to 10:30 p.m. At the Bumper Car Pavilion of Echo Park, 7300 MacArthur Blvd. in Glen Echo. Visit fsgw.org.

MONDAY/AUG. 2

FORE Autism Charity Golf Tournament. 10 a.m. breakfast and putting practice; 12 noon shotgun start; At the TPC Potomac at Avenel Farms. Visit www.foreautism.com

WEDNESDAY/AUG. 4

Elikeh. Mini street festival 5:30 p.m. Music at 7 p.m. Free. Elikeh is a band that performs its own brand of African Roots music. The material is a combination of traditional rhythms from Togo and 70's Afrofunk. At Gudelsky Gazebo at the Music Center at Strathmore, 10701 Rockville Pike, 5301 Tuckerman Lane, Bethesda. Call 301-581-5100 or visit [HYPERLINK http://www.strathmore.org](http://www.strathmore.org)

FRIDAY/AUG. 5

Blues Dance. 8:15-11:30 p.m. Admission is \$8. Beginner workshop runs from 8:15 - 9:00 p.m. The lesson gives new dancers important partnering basics. No partner necessary. Dance starts at 9 p.m. Music with tunes from a variety of DJs. You'll hear blues music from every corner of the genre. At the Ballroom Annex at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Email info@capitalblues.org.

FRIDAY/AUG. 6

Slow Blues and Swing Dancing. 8 p.m. to midnight. Admission is \$14 and includes workshop. With the band, BG and the Mojo Hands. Two dance workshops from 8-9 p.m. — Slow Blues or West Coast Swing. Dancing from 9 p.m. to midnight. At the Bumper Car Pavilion at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Call Donna Barker at dbarker@glenechopark.org or 301-634-2231.

Contra Dance. 7:30-11:30 p.m. Admission is \$9. Contra dancing as well as some square dances and waltzes. Contra dance lesson from 7:30 to 8:15 p.m. followed by the called dance to live music from 8:30 to 11:30 p.m. Beginners are always welcome. The band is Montage with Jane Knoeck on piano and accordion; Rachel Bell on accordion and flute; and Tom Santarsiero on guitar/mandolin/banjo/jaw harp/foot percussion. At the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Email fndcontra@yahoo.com

SATURDAY/AUG. 7

Swing Dance. 8 p.m.-midnight. Admission TBD. Swing dance with fabulous live music. Beginner Swing Dance lesson from 8 - 9 p.m. followed by dancing until midnight. At the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Email dance@flyingfeet.org

SUNDAY/AUG. 8

Bug Walk. 9:30-10:30 a.m. Volunteer naturalist Deborah Landau will lead the group on a walking journey along the C&O Canal to discover the creepy crawlies that everyone loves and can find in their own backyard and along the Potomac River. At River Center at Lock 8, 7906 Riverside Dr., Cabin John.

Voices of the River: River Stories.

11 a.m. - 12 p.m. Eco-historian Hayden Mathews will give an interactive talk which will weave regional history, natural history, and geology to interpret the forces and events that shaped both the Potomac River and the people that have lived on its banks for the past 12,000 years. At River Center at Lock 8, 7906 Riverside Dr., Cabin John.

Contra and Square Dance. 7:30-10:30 p.m. Admission \$12 nonmembers/\$9 FSGW members. Traditional American contra dancing. Square dances, mixers, waltzes and other couple dances. All Contras and Square dances are taught, no partner is necessary. Lesson at 7 p.m., followed by dances with live music from 7:30 to 10:30 p.m. At the Bumper Car Pavilion at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo. Visit fsgw.org.

AUG. 10-AUG. 24

Soul Sister Month. August is soul sisters month as Focus presents two powerful singer/songwriter showcases, starting with a co-bill of soulful Americana performers amilia k spicer and Lara Herscovitch on Aug. 10, and closing with the multi-talented R&B singer Tresa Levasseur and her band

FINE ARTS

AUG. 8 TO SEPT. 7

Portraits of Life. Features six of the area's top professional, female artists and aims to capture moments in daily life through the eyes of different artists using a variety of painting mediums. At Glenview Mansion Art Gallery, 603 Edmonston Drive, Rockville. Artist's reception is Sunday, Aug. 8 from 1:30-3:30 p.m.

NOW THROUGH AUG. 1

"The Silver Speaks: Stories in Wearable Art." The Glen Echo Park Partnership for Arts and Culture is pleased to present an exhibition of work by Glen Echo Park's newest artist-in-residence, Blair Anderson. In this collection of new works, Anderson depicts both personal themes as well as political, environmental, and women's issues using the craft of silversmithing. Wearable but provocative, both sculpture and jewelry, the titles include, "21 Gun Salute" which incorporates an actual shell casing from a 21 gun salute, and "Oil Spill" depicting the BP disaster. Other works incorporate precious gems, and more unconventional components like rare volcanic ash that the artists collected in Kilauea. In the Popcorn Gallery. Saturdays & Sundays, 12 p.m. to 6 p.m. An Artist Reception will be held on Saturday, July 3, from 7 p.m. to 10 p.m. Visit glenechopark.org for details.

NOW THROUGH JULY 31

"Exploration." New Work by Gallery Artists. Reception on Friday, July 9 from 6-9 p.m. Waverly Street Gallery, 4600 East-West Highway, Bethesda. Gallery hours are Tuesday through Saturday from noon to 6 p.m. Contact Liz Lescault lescault@earthlink.com or call 301-772-9340. Visit www.waverlystreetgallery.com

NOW THROUGH SEPT. 12

Photoworks "New Faculty" Exhibit. Photoworks, Glen Echo Park's resident photography studio and teaching facility, presents works by Sora DeVore, Robb Hill, and Michael Lang. Reception and Meet the Artists TBD. Visit glenechophotoworks.org for details.

JULY 30 - AUGUST 1

Paintings by Don Srull. The Yellow Barn Studio, Glen Echo Park's resident painting and drawing studio, presents works by Don Srull. In the Yellow Barn Gallery. 12 p.m. to 5 p.m. Call (301) 371-5593 or visit yellowbarnstudio.com.

NOW THROUGH JULY 31

Trees of Life II. At the Chevy Chase Pavilion's Zenith Gallery. Meet the



"Silhouette" (detail), black & white, 4x6" from "In Transit" series (no. 6).

NOW THROUGH JULY 31

Photographs by Timothy A. Ruane. An exhibit entitled "Images in Motion: An Experiment in Digital Photography" by Timothy A. Ruane is on display at the Potomac Community Library, 10101 Glenolden Drive, Potomac. Hours: Monday and Tuesday, 1-8 p.m.; Wednesday and Thursday, 10 a.m.-8 p.m.; Friday and Saturday, 10 a.m.-6 p.m.; Sunday, closed. Call 240-777-0690.

Artists Reception: Wednesday, May 19, from 6-8 p.m. 10 percent of sales from this exhibit will be donated to American Forests' Global ReLeaf Campaign. At Chevy Chase Pavilion, 5335 Wisconsin Ave., NW, Chevy Chase.

JULY 31 - SEPT. 12

Mind and Matter: New Faculty Exhibition. Photoworks, Glen Echo Park's resident photography studio and teaching facility, presents works by four of Photoworks' accomplished new faculty members Robb Hill, Terri Weifenbach, Michael Lang and Sora DeVore. Robb Hill's documentary series of black and white photographs are a record of life in the Chicago neighborhood called Back of the Yards. Terri Weifenbach's painterly landscapes of the woods in and around the DC metro area employ color and line to convey the energy of abstract expressionist painting. Michael Lang's images explore the lively yet sensitive atmosphere in "be bar," a local bar in the Shaw neighborhood of Washington, D.C. Sora DeVore's black and white photographs are from a 14-year long project "The Ramirez Family, Oaxaca, Mexico." An opening reception will be held Saturday, July 31, from 5 to 7 p.m. An Artists Talk is TBD. Visit glenechophotoworks.org.



SATURDAY/AUG. 7

Kiln Club Sale. 9 a.m. to 2 p.m. Some 27 potters are clearing out their studios this year; ceramics are sold as low as \$5. At Bethesda Elementary School, 7600 Arlington Road, Bethesda, at the intersection of Wilson Lane and Old Georgetown Road. Visit www.kilnclubwdc.com

www.CONNECTIONNEWSPAPERS.COM

AUG. 6-8

Paintings by John Donelan. The Yellow Barn Studio, Glen Echo Park's resident painting and drawing studio, presents works by John Donelan. In the Yellow Barn Gallery. 12 p.m. to 5 p.m. Call 301-371-5593 or visit yellowbarnstudio.com.

AUG. 7 - SEPT. 6

5th Annual Student Art Show. The Glen Echo Park Partnership for Arts and Culture presents the 5th Annual Student Art Show, featuring two and three-dimensional work created at Glen Echo Park by students of all ages and levels. An opening reception will be held Saturday, Aug. 7, from 3 to 5 p.m. The exhibition, in the Park's Popcorn Gallery, is open Saturdays and Sundays from 12 p.m. to 6 p.m. and by special arrangement. Call 301-634-2222 or visit glenechopark.org.

AUG. 13-15

Paintings by Julia Baumgart. The Yellow Barn Studio, Glen Echo Park's resident painting and drawing studio, presents works by Julia Baumgart. In the Yellow Barn Gallery. 12 p.m. to 5 p.m. Call 301-371-5593 or visit yellowbarnstudio.com.

AUG. 20-22

"The Way We See it." Paintings by Kathy Brady & Carolina Correa. The Yellow Barn Studio, Glen Echo Park's resident painting and drawing studio, presents works by Kathy Brady and Carolina Correa. In the Yellow Barn Gallery. 12 p.m. to 5 p.m. Call 301-371-5593 or visit yellowbarnstudio.com.

AUG. 28-29

Costa Rica, Bahamas Workshop Exhibition. The Yellow Barn Studio, Glen Echo Park's resident painting and drawing studio, presents works created by workshop participants who visited the Guanacaste Region in Costa Rica and workshop participants who visited Elbow Cay in the Bahamas. In the Yellow Barn Gallery. 12 p.m. to 5 p.m. Call (301) 371-5593 or visit yellowbarnstudio.com.

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WEDNESDAY, AUGUST 4
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We are scheduling appointments at our Georgetown Office with the Director of Doyle New York's Jewelry Department to discuss with you the purchase or auction consignment of your jewelry - single items or an entire collection.

Doyle specializes in providing our clients with the most accurate auction evaluations of fine jewelry, diamonds, colored stones and watches.

For appointments please contact Reid Dunavant at 202-342-6100 or email DoyleDC@DoyleNewYork.com

Art Deco Platinum, Gold, Black Onyx, Pearl and Oxblood Coral Pendant-Earrings, Ghiso, Circa 1920. Estimate: \$8,000-12,000

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SUBMITTED PHOTOS



Chris Verboncoeur of the Tallyho Foxes set three team records during the Foxes' Division G championship effort on Saturday.

Hannah Lindsey of the Regency Estates Sailfish won four events and broke the team record in the 50 fly on Saturday.

Verboncoeur Leads Tallyho to Division G Victory

The Tallyho Foxes won the Division G meet by a mere point and a half, 938-936.5 over Mohican. Chris Verboncoeur won three out of his four individual races and set three team records. He recorded times of 59.37 seconds in his backstroke, 1:08.36 in his breaststroke (breaking a 20-year-old record, and 25.96 in his fly. Verboncoeur now owns the team record in all four individual strokes and the Individual Medley for 15-18 boys.

SWIM BRIEFS The Tallyho boys free relay team of Kyle Barclay, Andy Rothstein, Alex Zhang and Ben Long Zuo set a new team record with a time of 1:52.25. Three quarters of the team is at the bottom of their age group.

Phoebe Bacon (7), Kyle Barclay (10), Lisa Deng (14), Andy Rothstein (11) were double event winners. Barclay broke a team record in the breaststroke with a time of 19.82.

Brian Tsau (13) and Mei Mei Zuo also won events.

Regency Estates Fifth

The Regency Estates Sailfish wrapped up a terrific season Saturday by finishing fifth in the Division D Championships in Poolesville. Hannah Lindsey led the Sailfish, winning the 12U girls 100 IM, and the 11-12 50 free, 50 back and 50 fly. In the 50 fly, Lindsey broke a team record she had set earlier this summer.

Also winning Division D championships were Laurence Bloch, Caitlin Doherty, Alicia Watkins and Erin O'Connor in the girls open 200 Medley, and Rocco Tranquill in 8U boys 50 breast.

Tranquill was among several RESC swimmers with first-time All-Stars times. They included Nikky Marders (13-14 girls 100 IM), Ryan Schricker (8U boys 25 back), Bloch (15-18 girls 50 fly) and Katie Wright (11-12 girls 50 free). Adam Watkins, Erin O'Connor and Caitlin Doherty and Gaoxing

Cosgrove also had standout performances.

At this weekend's All-Star Relays, the Sailfish will be represented by five relay teams that won Division D championships: mixed 15-18 Freestyle relay (Eric Shiang, Adam Watkins, Bloch, Alicia Watkins), mixed 11-12 200 freestyle relay (Katie Wright, Grant Taylor, Lindsey, Nino Tranquill), girls open 200 medley relay (Lindsey, O'Connor, Alicia Watkins, Bloch), boys 8U 100 medley relay (Michael Stewart, Rocco Tranquill, Cosgrove, Ryan Schricker) and girls 13-14 200 medley relay (Nikky Marders, Doherty, Regan Taylor, Nikki Roche).

At the Individual All-Stars meet this weekend, the Sailfish will be represented by Lindsey, Alicia Watkins, Cosgrove and Doherty.

For the season overall, the Sailfish finished fifth in MCSE's Division D, behind Darnestown, River Falls, Poolesville and Kentlands, and ahead of Robin Hood. Besides ranking fifth at the Divisional meet, the Sailfish finished third at the Division D Relay Carnival (behind only Darnestown and River Falls).

River Falls Swim Team Finishes 4-1

There was a reoccurring theme of victory for the River Falls Swim Team this year. The dolphins finished with a 4-1 record and a second-place finish at the A Relay Carnival and in Division D. The Dolphins had three swimmers, Talia Moss, Wyatt Talcott and Shoshana Swell, invited to the Coaches Long Course. Two team records were also broken in this 2010 season; one by Talia Moss for the 8U girls 25-meter butterfly and the other by Tommy Keane, Max Dubrovsky, Wyatt Talcott and Teddy Russell in the 14U boys 175-meter graduated relay. This River Falls team was carried by a strong group of seniors, family and coaches. The only bump in the road this season was the loss to the powerhouse of D division, the Darnestown

Demons. After this loss, the Dolphins came back stronger than ever by beating Kentlands, Regency Estates, Robin Hood and Poolesville. At the end of this season, the River Falls Dolphins finished second in Division D, with three relay teams eligible to swim at the All-Star Relay Meet and three swimmers, Michael Belt, Wyatt Talcott and Talia Moss on their way to Individual All-Stars.

— ADAM BLOOM

Inverness Finishes Fifth in Division H

The Inverness Forest Nessies swam to a

fifth-place finish in the Division H Championship meet at Calverton on Saturday. Nessies won 10 of the 50 events. Bridget Dromerick (13-14 girls backstroke), Natalie Kronfli (13-14 girls breaststroke), Daniel Garcia (undefeated in Division H all season and won three events on Saturday — boys 8U freestyle, breaststroke and butterfly) and Natalya Ares (undefeated in the division all season, and a champion in four

SEE SPORTS BRIEFS, PAGE 13

SPORTS BRIEF

Big Train To Host Playoff Opener

The Bethesda Big Train dropped its final two regular season games to Youse's Orioles on Saturday, 7-6 and 3-2 at Povich Field. The Big Train finished the regular season in third place, and will host the Baltimore Redbirds at 7:30 p.m. on July 28 for the opening round of the Cal Ripken Collegiate Baseball League playoffs. Bethesda is the No. 3 seed and will play as the visiting team against No. 2 Baltimore. The Orioles captured the top seed.

In game one against the Orioles on Saturday, Ryan Collins and Mason Morioka each had two RBIs for the Big Train. Austin Harclerode and Morioka each had two hits. David Russo suffered the loss on the mound, allowing three hits and two runs — one earned — in one inning of work.

In game two, Collins and Morioka each drove in a run for the Big Train. On the



PHOTO BY HARVEY LEVINE/THE ALMANAC

Mason Morioka, seen earlier this season, drove in three runs for the Bethesda Big Train during a Saturday doubleheader against Youse's Orioles. Bethesda will face Baltimore on July 28 in the opening round of the playoffs.

mound, Jimmy Reed suffered the loss, along six hits and two earned runs over five innings.

SPORTS

FROM PAGE 12

events — girls 15-18 freestyle, backstroke, individual medley and butterfly). The Nessie girls also won the Open Medley relay. Team records were set by Ares (breaking her own record in backstroke), Eric Eig (breaking his own record in boys 15-18 butterfly), and Austin Cole, who broke a 22-year-old team record in the Boys 15-18 backstroke.

Potomac Woods Wins Division C, Potomac Fourth

The Potomac Swim Team finished fourth in Division C with 744.5 points on Saturday. Potomac Woods won the division with 905 points.

Potomac's 12U swimmer Adrian Lin capped his summer with a perfect record of 24 wins in his 24 short-course races. Lin, who has swam for the Potomac Porpoises since he was an 8U, won the meet's opening race, the 12-and-under boys 100 meter short course individual medley. His medley time of 1:12.95 was almost two seconds faster than his season best time, and two seconds faster than the next closest competitor in Saturday's race.

"Adrian didn't lose a race the entire summer," Potomac coach Chris Schlegel said. "That's something that's impressive."

Potomac won the meet's first three races, including Lin's race, as well as 12U girl Fiona Asbury winning the girls individual medley in a time of 1:15.00, dropping 1.57 seconds from her season best for the

race. The third race was the 15-18 boys medley relay, with Potomac swimmers Colin Asbury (16), Collin Stanhope (15), and two 18-year-old boys swimming their final meet with the team, Cyrus Nasser and Trevor Cramp, with a time of 1:56.52.

Potomac's 12-and-under boy Adrian Lin prepares to race in Saturday's C Divisional season finale at Germantown.

Fallsmead Finishes 2-3

The Fallsmead Sharks finished the 2010 season with two wins and three losses. The Sharks had a record-setting appearance at the Division I Championships on July 24 at Old Farm Swim Club. Swimmer Michael Tran tied the 36-year-old team record of 16.50 seconds in the Boys 9-10 25-meter butterfly, which was set by Jim Krouse in 1974. Additionally, Tran had all-star times in 25-meter freestyle, 25-meter breaststroke and 25-meter butterfly.

All -Star times were also set by Grace Henschel in the 9-10 girls 25-meter backstroke with a time of 20.19, and Matthew Chen in 11-12 boys 50-meter breaststroke with a time of 42.59. The Sharks had personal best times from 23 swimmers during Divisionals: Samuel Browning, Juliet Carpenter, Matthew Chen, Ethan Cosgrove, Ben Fellman, Mikey Guiton, Grace Henschel, Joe Kelly, Rebecca Kelly, Mark Kennedy, Stephen Lang, Caroline Martin, Alex Mazze, Rosie McWilliams, Kyle Murdock, Meredith Murdock, Justin Quam, Michael Tran, Julian Wainer, and Lexie Zinselmeier. Head coach Lindsay Cromarty, assistant head coach Emily McWilliams, and minis/pre-team coach Rachel Roshfeld led the Sharks.

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Creature Comforts



By KENNETH B. LOURIE

If I've said it once, over the past 17 months (nearly to the day), I've said it a hundred times: I couldn't have endured my cancer treatment and subsequent lifestyle changes if Cappuccino and Biscuit, our two cats, had not been in my life and provided the nurturing nuzzles only cats can occasionally provide. The comfort, and joy, and stress reduction, that their constant attention and proximity to me created (they are both on the dining room table at this very moment as I attempt to write between tail swipes), along with their desire to be petted, has provided a less-than-thrilled cancer patient some real emotional relief, especially during chemotherapy initially and eventually through my date of destiny (the 13th month of my original 13-month-to-two-year prognosis) and presently, as life has gone on with better-than-expected scan results, as you regular readers may recall.

Part of the cancer process/experience (some experience) has involved real treatment: chemotherapy, diagnostic scans and X-Rays, regular lab work, physical examinations by my oncologist, change in diet (including ingestion of some immunology-supporting pills and miscellaneous supplements) and lifestyle (exercise), daily consumption of alkaline water, among other changes; and some has involved un-"real" treatment: positive attitude, reduction of stress, and having animals in my life/home. In fact, if it were not for these two feline brothers rubbing against my arms, I don't think I could have exhibited the kind of positive attitude I have and experienced the reduction in stress as well, important considerations which health care professionals often cite as non-medical-type means which might prevent the less-than-ignominious end many terminal patients experience. Though these kinds of beneficial effects are not exactly written about in chapter and verse, the health care providers with whom I regularly interact have been most encouraging and respectful to those patients (me in particular) fortunate enough to find a way to integrate such anecdotal assets into their treatment.

Anecdotally speaking then, I would say, the most tangible example of this non-medical-type effect which my two cats have provided, is companionship: I have never felt alone in all these months fighting this disease. And "Loneliness" as M*A*S*H's Capt. Hawkeye Pierce (Alan Alda) advised Corp. Radar O'Reilly, (Gary Burghoff) in response to Radar's discomfort regarding his widowed mother's recent dating, "is all it's cracked up to be."

In addition, their companionship has given me, on occasion, something to do that needed to get done: feeding, treating, litter box cleaning, playing; in general, taking care of somebody other than myself. And it's those animal responsibilities, I think, that helped push me/pull me forward. Oddly enough, it was a care and concern for others ("the Buff Boys" as we call them) that comforted me most during my darkest days as I struggled with my own cancer-related demons. And though cats may not reciprocate their affections for their owners the way dogs typically do: licking, tail wagging, coming-when-you-call-them/following commands; nevertheless, there are signs of affection from cats: they get in your way, they sit or rest/sleep nearby (occasionally even touching you), they rub up against you as they sort of walk away, and sometimes, they even lick you. For cat owners, the smallest signs - from their cats - carry the biggest meaning: a paw placed on your body somewhere, a tail curled up under your nose or jaw, a night spent sleeping in your closet and/or on top of your clothes/laundry, secure with your scent.

They do care, and in their caring, I have found comfort and serenity. It's a good thing, too, because I really needed to find something. Cappuccino and Biscuit are not just "something," they're everything! I couldn't have made it without them, yet again.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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PHOTOS BY CISSY FINLEY GRANT/THE ALMANAC

A huge tree fell along Falls Road near Rock Run Drive on Sunday afternoon, July 25, after a set of violent thunderstorms and high winds, pulling down the power and telephone lines Sunday afternoon. The wires kept the tree from falling all the way to the ground. On Tuesday morning, crews had roped off the section of road, but no repairs had begun, and before that cars continued to drive under the low-hanging power lines.

Still in the Dark

The majority of Potomac's homes and businesses remained in the dark without power, air conditioning and, in some cases, water more than two days after storms hit the area.

A violent thunder storm passed through Potomac on Sunday afternoon, July 25,

knocking out power to more than 216,000 homes and businesses in Montgomery County, according to Pepco's website on Sunday night. Pepco has slightly more than 300,000 customers in Montgomery County, so more than two-thirds were without power.

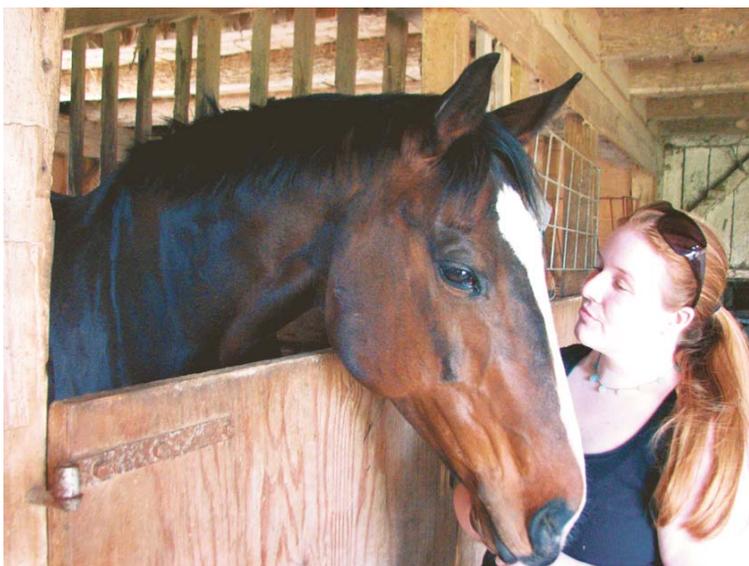
As of 3:30 p.m. Tuesday (at presstime), about 48 hours later, Pepco reported that 10,030 homes and businesses were still without power



Murray Berman, owner of Hunter's Inn, signals that his restaurant was closed Monday after losing power on Sunday afternoon. With almost all the homes in Potomac without power, many families were driving long distances to find an open restaurant. Most businesses in Potomac Village were closed and without power through Tuesday. Hunter's got power back at about 1 p.m. on Tuesday, July 27, and planned to reopen on Wednesday when they could restock.

in Potomac zip code 20854 alone, where there are a total of 17,687 Pepco customers. Another 6,798 out of 13,481 Pepco customers were without power in zip code 20817.

PET ALMANAC



Tempest

Tempest, pictured here with owner Emma Dixon in Indiana while Emma attended Earlham College, is a thoroughbred who raced at Charles Town Race Track in West Virginia before finding a new career with Emma at Windchase, a horse farm in Purcellville, Va. Tempest, whose registered name is Some Storm, is talented, energetic and even-keeled.



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