

The Arlington Connection

Insiders Guide

Residents Reflect
On Living Here

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10 Ways To
Have Fun

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Things To Do:
All Year Long

PAGE 14

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Welcome

This issue of the Connection includes our annual Newcomers and Community Guide, re-named the Insiders Guide.

Through narrative, listings, viewpoints and photographs, we endeavor to capture what it means to live here, highlights of places to visit and things to do, a snapshot of local history, help finding community resources and tips on adjusting to living here.

If you are new to the area, you'll find resources and ideas on these pages and on our Web site, www.ConnectionNewspapers.com. Even some longtime residents may not have visited some of the key places in and nearby their community.

We offer many more resources on our Web site.

There you will find the complete community guides for each of our 15 papers, including more extensive listings than appear in the newspapers.

You can also access the print edition of each of our papers online, showing each page exactly as it appears in the paper, including cover, photos, display ads and classified advertising. Go to www.ConnectionNewspapers.com, and click on "Print Editions" in the red bar.

As a locally owned, weekly newspaper, the Connection's mission is to bring the news you need about your community, to give you the information you need to enjoy the best things in and near your community, to advocate for community good, to provide a forum for dialogue on local concerns, and to celebrate and record milestones and events in community and people's lives.

AT THE CONNECTION, we invite newcomers to the area and long-time residents alike to be a part of providing more reader input. Let us know how we're doing and let us know what is going on in your part of the community. If you have questions or ideas, call or send us an e-mail.

We invite you to send letters to the editor or to send an email letting us know about something you especially liked or didn't like about our coverage, and suggestions for improvement.

We appreciate readers' ideas. If you see something that you think might be a story, or something you have a question about, give us a call, or drop us a line. If you know of a person or an organization doing important work, something that might make a good feature story, we are looking for people to feature each week.

We want to know if someone in your family or your community published a book, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon or having art included in an art show. We publish photos and notes of a variety of personal milestones and community events, including births, engagements, weddings, anniversaries, awards and obituaries. We are also interested in events at your church, mosque, synagogue, community center, pool, school, club, etc.

Email us a photo and a note about the event. Be sure to include the names of all of the people who are in a photo, and say when and where the photo was taken. We also publish notes about news and events from local businesses. Notes about openings, new employees, anniversaries are welcome. It is especially important to us to let people know about events ahead of time in our calendar of events. We appreciate getting notice at least two weeks ahead of the event, and we encourage photos. Events for our calendars should be free or at nominal cost and open to the public. In covering the issues, we strive to provide a voice for our readers.

I look forward to hearing from you.

— MARY KIMM,
MKIMM@CONNECTIONNEWSPAPERS.COM

New to Arlington County?

The Arlington County website provides resources to help get acclimated, including registering to vote, licensing animals, local rules about trash and recycling, libraries, parks, schools, the Department of Motor Vehicles and more: www.arlingtonva.us/web/NewResidents.aspx



PHOTO BY LOUISE KRAFFT / THE CONNECTION

Columbia Pike Farmer's Market.

Living in Arlington

Residents reflect on their community.

BY DELIA SAVA
THE CONNECTION

What is it like to live in America's smallest county? The question was posed to a cross-section of residents and it would seem that whether one is a life-long resident or a relative newcomer, living in Clarendon or Crystal City, Columbia Pike or Courthouse, Arlingtonians are all too happy to brag about their community and reflect on what makes this a great place to live.

"Before anything else, Arlington's strongest asset and most important attraction, are the people," said Takis Karantonis, executive director of the Columbia Pike Revitalization Organization (CPRO). He added, "Even the most recent newcomers will immediately feel that the community surrounding them is indeed special."

Sarah Rice, a native of Connecticut, who arrived in Arlington last August from San Diego, said she is thrilled to be back on the east coast. "My husband is career Navy, Medical Corps, and is also a general surgeon, but currently he works downtown at the Washington Navy Yard in charge of medical programs for our country's Merchant Mariners." She said, "We chose to live in Arlington because of its close proximity to the city for commuting, yet still having that woody, quiet feel."

For Rice, who has a daughter, Kylie who is starting preschool next month, and a baby named Kiera, the family-friendly atmosphere is another reason to love it here. "It is nice to be in a town that hasn't been overrun by all the "big box" shopping centers," she said, adding, "It keeps it quaint and historic, sort of like preserving what it was like for me growing up in a small town; I feel safe here and it's nice to be

able to pass that feeling on to my children."

After four military moves all over the country and overseas, Rice said she is grateful for all the community resources. "I like the emphasis Arlington places on walking, fitness and education. I have enjoyed using the drop-in fitness centers while I was trying to get back in shape after the second baby." As a family with children, Rice appreciates the local parks and libraries — she noted that her 3-year-old enjoys seeing local animals at the Gulf Branch Nature Center, "the little zoo, I call it."

LONG-TIME RESIDENT, Leni Gonzalez also gives



Takis Karantonis



Sarah Rice, grocery shopping with baby Kiera.



Leni Gonzalez.

SEE LIVING IN, PAGE 7



Who's in Charge?

The Arlington County Board is a five-member body elected at large by the voters of Arlington. It is the sole legislative body in the county and is responsible for all county services including real estate taxes, issuing building permits and funding local schools.

The Arlington School Board is a five-member body that is responsible for governance of Arlington County Public Schools. It deals with any school-related matters such as class size, teacher pay and constructing new facilities. The School Board does not have the authority to impose or collect taxes.

Both School Board and County Board Members serve four-year terms and face re-election in staggered intervals.

Chairman Jay Fisette

A resident of Arlington since 1983, Jay Fisette served as the director of the Whitman-Walker Clinic of Northern Virginia before his election to the Arlington County Board. He has a master of arts in public and international affairs from

the University of Pittsburgh and a bachelor of arts from Bucknell University.

Fisette was first elected in 1998, and he currently serves as chairman — a position he also had in 2001 and 2005.

While serving as president of the Virginia Municipal League in 2007 and 2008, Fisette created the Go Green Virginia Initiative. He is a member of the Northern Virginia Transportation Commission, and he also represents Arlington on the Greater Washington Initiative of the Board of Trade. Fisette was appointed by Democratic Gov. Mark Warner and re-appointed by Democratic Gov. Tim Kaine as a commissioner to the board of the Virginia Housing Development Authority. He is also a member of the Ashton Heights Civic Association, Unitarian-Universalist Church of Arlington, Arlington Committee of 100, Arlington Gay and Lesbian Alliance, Washington Area Bicyclist Association, Equality Virginia and Leadership Greater Washington.

Fisette and his partner Bob Rosen have been residents of the Ashton Heights neighborhood since 1987.



SEE GOVERNANCE, PAGE 6

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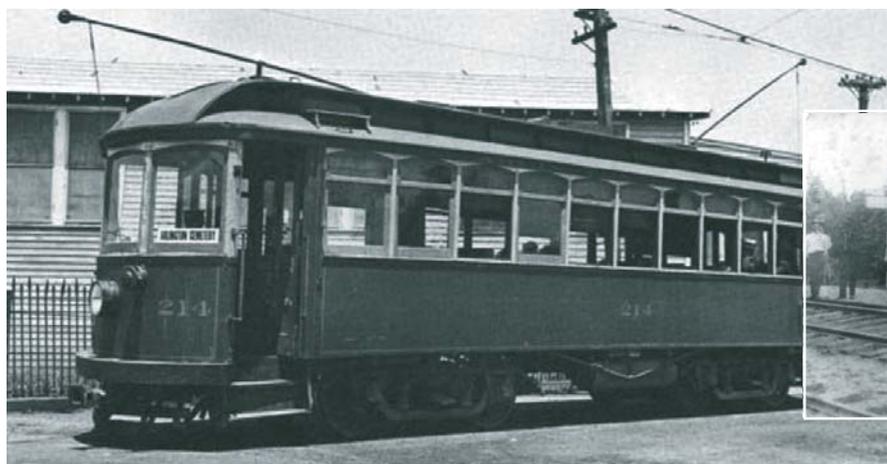


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Columbia Pike, 1810-2010 What a Difference 200 Years Can Make



Streetcar Nauck to Rosslyn, 1910

Yesterday



Barcroft Train Trolley Station, circa 1900

Tomorrow



Future Streetcar Photosimulation

Moving & Living on the Pike – Centennial Changes

The year was 1860 and the Civil War was still in the future. That year the Washington and Old Dominion Railroad Company began offering passenger service between Alexandria and Farmwell (now Ashburn in Loudoun County).

The train stopped at Arlington Mills – today's Barcroft Neighborhood – at the intersection with Columbia Pike. Then it passed through Falls Church, Vienna and Herndon on the way to its final destination. Trains circulated once a day in each direction.

That was 1860. Today the hikers and bikers on the W&OD trail on Four Mile Run between Columbia Pike and East Falls Church can still see remnants of that line. The Red Southern Railway Caboose at the Bluemont Junction (601 N. Manchester St. at Wilson Blvd) is a favorite meeting point.

Passenger trains remained steam powered until 1912 (and

freight trains well beyond). Electric trains had been crossing the Pike since 1892. After Barcroft, neighboring Alcovia Heights began developing around a train station – that was Columbia Station, just west of the intersection with Glebe Rd.

By the 1920s electric streetcars were providing for the public transportation needs of the developing Pike communities and across Arlington. Streetcars connected Rosslyn with Nauck and Falls Church, and Washington, D.C. with Mt. Vernon. Many neighborhoods were developed along streetcar lines; in fact, the Penrose neighborhood still features a streetcar as its emblem.

Today, 15,000 passengers per day ride on Pike Transit buses and Columbia Pike is the heaviest used public transportation Corridor in the Metropolitan Region. Heavily frequented bus stops (like around Arlington Mill, at Dinwiddie St. where the old trains used to stop) contribute up to 900 passengers daily to the flow.

Current planning in Arlington and neighboring jurisdictions anticipates the return of the streetcar as a modern, comfortable, high capacity means of transportation. The streetcar would return to the Pike to weave together all transportation modes including pedestrian walkability, bike lanes, and private transportation.

Almost a century after the deep changes brought to the Pike communities through the expansion and modernization of the transportation systems of the time, our area is slated to receive more than \$200 million of investment through the recently approved 6 year Arlington County Capital Improvement Program.

This planned investment will have a lasting impact to the way we move, but it won't be the first time that streetcars have been seen around here!

Submitted by Takis Karantonis, Executive Director, Columbia Pike Revitalization Organization



“... Arlington has everything at my fingertips and I don’t feel like it’s cramped.”

New Arrivals Learn Their Way Around Arlington

BY MEGHAN MARVILLE

“Is it 1203 or 1023?” Valera asked.

“It’s 1023 ...” I replied.

“OK, we’re here.” she said.

IN THE FIRST PERSON Ten minutes later my new roommate Valeria finally rolled into the lot, completely exasperated.

“We were on 7th Street,” she said.

“Oh yeah” I replied. “We live on 7th Road.”

“This is so confusing, did you know that 8th Road, 8th Street and 8th Place are all a block or so apart right over there?”

That’s one feature of Arlington Valeria Villarroel, a recent transplant from Boston has had trouble overcoming. “There are so many roads that just stop in one place, and pick up in another part of town. How’s anyone supposed to learn their way around? And I still don’t understand the North and South streets, I think I’m almost

to a place, and then realize I’m not on the right street. Traffic can be bad in Boston, but at least I can follow the roads.”

Fortunately, this first impression hasn’t ruined Arlington for Valeria, or my other roommate Katie Harding. She recently joined us from a small, rural town in New Hampshire. Between the three of us and our GPS phones, we do all right. Although, if I hear the mechanical word “recalculating” one more time, my phone may end up out a window.

TRAFFIC AND CONFUSING streets aren’t all Arlington has had to offer us of course. As we learn more about each neighborhood, we’ve started finding some locals spots to enjoy such as Bob and Edith’s Diner, and Lost Dog on Columbia Pike.

The neighbors have also been very welcoming. “I love the sense of community here. In the first week we were personally wel-



Meghan Marville

comed by several of our neighbors and I get the feeling that people here are generally friendly. I don’t know why, but I wasn’t expecting that right outside of D.C.” Valeria said. “Even when we went to the Planetarium, they held the show a few minutes when they knew we were coming and had gotten in-



Valeria Villarroel

credibly lost on the way.”

“**I LOVE HOW CLOSE** everything is.” Katie said. “The town I came from in New Hampshire had one little strip where everything was (and it wasn’t much). Here, it’s a larger area, but not so much that I feel like I live in a city. I love

that D.C. is so close, I can even see some of the monuments if I drive down the street a bit, but Arlington has everything at my fingertips and I don’t feel like it’s cramped. Even though a lot of people live here, there is still a lot of greenery. Glen Carlyn Park is practically our backyard. And there’s always so much fun (and free) stuff to do! We’ve really been enjoying the ‘90’s movies in Rosslyn this summer and the diversity of restaurants alone is enough to get me out and about, exploring more and more. Of course, the more I explore, the more I learn my way around. It seems like there’s always several different ways to get to the same place.”

We three have only been here a few months, but on the whole we’re really enjoying it. Arlington really is a splendid place to live. It’s not what I expected either and with each pleasant surprise, I feel more and more at home.

Visit These Houses of Worship

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<p>Assemblies of God Arlington Assembly of God...703-524-1667 Calvary Gospel Church...703-525-6636</p> <p>Baptist Bon Air Baptist Church...703-525-8079 McLean Baptist Church...703-356-8080</p> <p>Buddhism The Vajrayogini Buddhist Center 202-331-2122</p> <p>Churches-Catholic St. Agnes Catholic Church...703-525-1166 Cathedral of St. Thomas More...703-525-1300 Holy Transfiguration Melkite Greek Catholic Church...703-734-9566 Our Lady of Lourdes...703-684-9261 Our Lady Queen of Peace Catholic Church...703-979-5580 St. Ann Catholic Church...703-528-6276 St. Charles Catholic Church...703-527-5500</p> <p>Vatican II Catholic Community NOVA Catholic Community...703-852-7907</p>	<p>Church of Christ Arlington Church of Christ...703-528-0535</p> <p>Church of God-Anderson, Indiana Church of God...703-671-6726</p> <p>Churches-Episcopal St Andrew Episcopal Church...703-522-1600 St George Episcopal Church...703-525-8286 St Johns Episcopal Church...703-671-6834 St Mary Episcopal Church...703-527-6800</p> <p>St Michael S Episcopal Church 703-241-2474</p> <p>St Paul Episcopal Church...703-820-2625 St Peter’s Episcopal Church...703-536-6606 St Thomas Episcopal Church...703-442-0330 Trinity Episcopal Church...703-920-7077</p> <p>Churches Lutheran(ELCA) Advent Lutheran Church...703-521-7010 Faith Lutheran Church...703-525-9283 German Lutheran Church...703-276-8952 Lutheran Church of The Redeemer 703-356-3346</p>	<p>Resurrection Lutheran Church 703-532-5991</p> <p>Churches Lutheran(Missouri, Synod) Our Savior Lutheran Church...703-892-4846</p> <p>Churches-Nazarene St Andrew Episcopal Church of the Nazarene...703-525-2516</p> <p>Church- Brethren Church of The Brethren...703-524-4100</p> <p>Churches-Baptist Arlington Baptist Church...703-979-7344 Cherrydale Baptist Church...703-525-8210 First Baptist of Ballston...703-525-7824 Mt. Zion Baptist Church...703-979-7411</p> <p>Churches -Baptist-Free Will Bloss Memorial Free Will Baptist Church...703-527-7040</p> <p>Churches -Christian Science McLean-First Church of Christ, Scientist... 703-356-1391</p>	<p>of Arlington 703-892-2565</p> <p>Churches-United Methodist Trinity United Methodist Church of McLean...703-356-3312 Charles Wesley United Methodist ...703-356-6336 Calvary United Methodist...703-892-5185 Cherrydale United Methodist...703-527-2621 Chesterbrook United Methodist ...703-356-7100 Clarendon United Methodist...703-527-8574 Community United Methodist...703-527-1085 Mt. Olivet United Methodist...703-527-3934 Walker Chapel United Methodist ...703-538-5200</p> <p>Churches- United Church of Christ Bethel United Church of Christ ...703-528-0937 Rock Spring Congregational United Church of Christ...703-538-4886</p> <p>Non-Denominational New Life Christian Church - McLean Campus ...571-294-8306</p> <p>Metaphysical Arlington Metaphysical Chapel ...703-276-8738</p> <p>Presbyterian Church in America Churches Christ Church of Arlington 703-527-0420</p> <p>Synagogues - Conservative Congregation Etz Hayim...703-979-4466</p> <p>Synagogues - Orthodox Fort Myer Minyan...703-863-4520 Chabad Lavavitch of Alexandria-Arlington ...703-370-2774</p> <p>Synagogue - Reconstructionist Kol Ami, the North Virginia Reconstructionist Community ... 571-271-8387</p>
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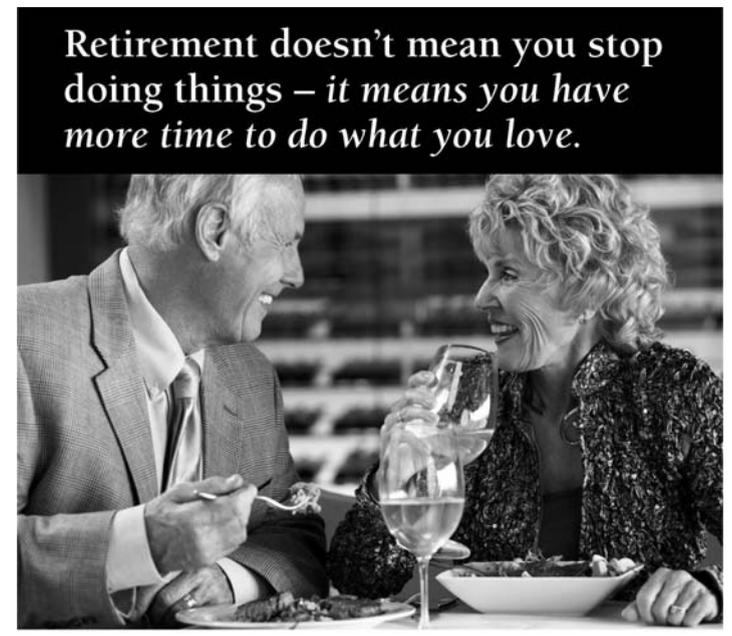
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WHAT'S AHEAD

November Election

When voters head to the polls in November, the congressional race will be at the top of the ballot. Ten-term incumbent U.S. Rep. Jim Moran (D-8) will be facing Republican Patrick Murray and Independent Green Ron Fisher. Democratic incumbent County Board member Chris Zimmerman will face Republican Mark Kelly and Green Party candidate Kevin Chisholm. Incumbent School Board member Sally Baird will face challenger Miriam Gennari.

Three proposed constitutional amendments will also be on the ballot. Question One asks voters if they would like to see localities have more of a say in who is eligible for property-tax relief. Question Two asks voters if they want to require the General Assembly to provide a real-property tax exemption for the principal residence of disabled veterans. Question Three asks if voters want to increase the size of Virginia's "rainy-day fund" from 10 to 15 percent of the commonwealth's annual tax income and sales tax revenues.

The county will also have bond referenda on the ballot. The first will ask voters to approve \$34.1 million loan to help finance projects for the Washington Metropolitan Area Transit Authority. The second is a \$6 million bond for county parks and recreation. The third is an \$18 million loan to finance capital projects for the public school system.

HOT Lanes Lawsuit

Last year, members of the Arlington County Board filed a civil rights lawsuit asking a federal judge to order a more stringent environmental study of high-occupancy toll lanes on the Shirley Memorial Highway. One of the more controversial aspects of the lawsuit is the allegation that air pollution resulting from the project will disproportionately harm low-income and minority residents who live in areas near highways. Essentially, the argument being made by County Board members is that suburban white drivers from Spotsylvania and Stafford counties would benefit to the detriment of racially and socio-economically diverse population in Arlington.

The legal drama started last summer, when the county's all-Democratic elected leaders filed suit in United States District Court for the District of Columbia against the commonwealth of Virginia and the Federal Highway Administration. Their complaint challenges the Bush-era decision to move ahead with the project in the waning days of the administration without first conducting an environmental impact study. In a series of hearing since then, the judge has set aside a civil-rights claim in favor of resolving environmental concerns first.

Police Transparency

Like other police agencies throughout Virginia, the Arlington County Police Department refuses to release incident reports — basic documents available in most other states that detail how officers use taxpayer money. Unlike other police departments, officials at the Arlington County Police Department won't even answer questions about their lack of transparency. It's all legal under the Virginia Freedom of Information Act, which includes broad exemptions for police agencies. Local jurisdictions use their exemption in all cases, regardless of what the case is about or whether the case is open or closed.

Some of that may change this year. State Sen. John Edwards (R-21) is considering a bill that would allow people who want documents to go before a judge. Under a proposal now under consideration by the Virginia Freedom of Information Advisory Council, people seeking documents would have to prove that failing to release them would harm the public.

Changing Rules

Arlington County could be on the verge of relaxing its longstanding policy for requiring retail on the ground floor of most new developments, which would allow developers to fill empty retail spaces throughout the county. A task force appointed two years ago is expected to recommend the change in late August, which will be followed by consideration of the issue by the Arlington County Board. If approved, changes to the Retail Action Plan would not be effective until six to 12 months.

— MICHAEL LEE POPE



Who's in Charge?

FROM PAGE 4

Vice Chairman Chris Zimmerman

A resident of Arlington County since 1979, Chris Zimmerman was a civic association president and planning commissioner before his election to the Arlington County Board. He holds a master of arts in economics from the University of Maryland and a bachelor of science in political science and economics from the American University.



First elected in 1996, Zimmerman served as chairman in 1998, 2002 and 2006. He also served as vice chairman in 1997, 2001 and 2005.

Zimmerman is one of Virginia's two members on the board of directors of the Washington Metropolitan Area Transit Authority and currently served as chairman in 2002 and 2008. He also served as chairman of the Northern Virginia Transportation Authority. In 2004, he was Chairman of the Transportation Planning Board for the National Capital Region. From 2004 to 2006, Zimmerman served as president of the Virginia Transit Association.

Zimmerman and his wife Mary Beth live in the Douglas Park neighborhood of south Arlington where they have raised three children: Madeleine attends Wakefield High School in Arlington County, Rebecca attends Marymount University, and Nathan, a graduate of Virginia Tech.

Walter Tejada

A native of El Salvador, Walter Tejada moved to the United States at the age of 13. He has been a resident of Arlington for more than 17 years. He's worked as an investigator, a business consultant and as an aide to U.S. Rep. Jim Moran (D-8), and he studied government and communication at George Mason University.



First elected to the County Board in a 2003 special election, Tejada was re-elected in 2007. He served as chairman to the board in 2008 and vice-chairman in 2007.

During his time on the board, Tejada helped establish the Community Volunteer Network and the Shirlington Employment and Education Center. Former Democratic Virginia Gov. Mark Warner appointed Tejada to serve as the first chairman of the Virginia Latino Advisory Commission. In October 2006, Tejada was appointed by Democratic Gov. Tim Kaine to the Governor's Urban Policy Task Force.

Tejada is the founding chairman of the Virginia Coalition of Latino Organizations, the founding president of the American Salvadoran Association of Virginia and of the Latino Democrats of Virginia.

Barbara Favola

A resident of Arlington since 1982, Favola was a policy advisor for 15 years at the U.S. Department of Health and Human Services before being elected to the Arlington County Board. She also worked on the House Budget Committee in the U.S. House of Representatives. She holds a master's of public administration from New York University and a bachelor of science degree from Saint

Joseph College in West Hartford, Conn.

First elected to the County Board in 1997, she served as chairwoman in 2000, 2004 and 2009. She served as vice chairman in 1999, 2003 and 2008.



In 2006, Favola was appointed by Democratic Gov. Tim Kaine to the State Health Board. She is the first vice president on the board of directors of the Virginia Association of Counties and chairwoman of the Metropolitan Washington Council of Government's Washington Area Housing Partnership. She serves on the board of the Ballston Science and Technology Alliance and the Child and Family Network Centers.

Since 1995, Favola has been a part-time employee at Marymount University, where she works in the area of institutional development and government relations. She and husband Douglas Weik live in Arlington's Lyon Village neighborhood with son Donald Patrick.

Mary Hynes

An Arlington County resident for more than 30 years, Mary Hynes served on the Arlington School Board before her election to the Arlington County Board.

Hynes served on the Arlington School Board from 1995 to 2006, and she was first elected to the County Board in 2007.



Hynes represents Arlington County on the Metropolitan Washington Council of Governments, where she chairs the Aviation Policy Committee. She is also a member of the Virginia Municipal League and Virginia Association of Counties, where she serves on the Legislative Committee and the Education Committee. She currently serves on the Board of Vanguard Services and Bowen McCauley Dance.

Hynes and her husband Patrick are parents of five Arlington Public School graduates. She is a graduate of the College of St. Benedict in St. Joseph, Minn.

Chairwoman Libby Garvey

A resident of Arlington since 1977, Libby Garvey has a bachelor of arts from Mount Holyoke College in Massachusetts. She served in the Peace Corps in Central Africa and worked as a legislative aide on Capitol Hill.

She has two daughters who graduated Arlington Public Schools, and four grandchildren.



Garvey joined the School Board in 1997, and served as chairwoman from 1999 to 2001, 2004 to 2005 and January through June 2007. She has served as the vice president of the County Council of PTAs, vice president of the Fairlington Civic Association and vice chair of the Advisory Council on Instruction.

She has also been involved in the PTAs of Abingdon Elementary, Drew Model School and the H-B Woodlawn program. She has served as the president of the Abingdon Elementary PTA and as secretary of the H-B Woodlawn Program Parent Advisory Committee.

Vice Chairwoman Abby Raphael

A resident of Arlington since 1989, Abby Raphael is a former prosecutor. She has a juris doctorate from the University of Virginia School of Law and her bachelor of arts from Duke University. Raphael and her husband Stuart have two daughters who attend Williamsburg Middle School and Washington-Lee High School.



Raphael joined the School Board on Jan. 1, 2008. Before that, she served as vice chairwoman of the Advisory Council on Instruction and as president of the Arlington Science Focus School PTA. As a member of the School Board, Raphael has served as the liaison to the Student Advisory Board, the Washington Area Boards of Education and the Partnership for Children, Youth and Families.

Sally Baird

A native of Ohio, Sally Baird earned an undergraduate degree in political science from Kenyon College. A South Arlington resident for more than 20 years, she lives in Arna Valley with her two sons who are students at Drew Model School.

Baird began her term on the School Board on Jan. 1, 2007. She has been active in the Arlington community and schools with the Arlington Public Schools Early Childhood Advisory Committee, the Drew Model School Association, the Nauck Civic Association, the East Nauck Community Action Group and the Arlington Gay and Lesbian Alliance.



James Lander

A product of the Philadelphia public-school system, Lander has a bachelor of science in marine engineering from the Massachusetts Maritime Academy and a master of engineering from the University of Virginia. Lander, his wife and their daughter live in the Oakcrest neighborhood.

Lander began his term on the School Board Jan. 1, 2009. He also serves as an officer in the Naval Reserves, having been recalled after 9/11 in support of Operation Enduring Freedom. He is also a veteran of the first Gulf War, having served in Saudi Arabia.



Emma Violand-Sánchez

A native of Bolivia, Emma Violand-Sánchez has lived in Arlington since 1978. She received a bachelor of science and a master of science from Radford University and a doctorate degree in education from George Washington University. She is currently an adjunct faculty at Georgetown University. Violand-Sánchez has two children, James and Julia, who are also educators and graduates of the Arlington Public Schools.



Violand-Sánchez joined the School Board Jan. 1, 2009. Before that, she was the supervisor of Arlington Public Schools's Office for English for Speakers of Other Languages and High Intensity Language Training. Violand-Sánchez represents Arlington on the Northern Virginia Community College Board.

She is the founder and past president of the League of United Latin American Citizens and the founder and past president of the board of directors of Escuela Bolivia, Inc.



Living in Arlington

FROM PAGE 3

the county high marks for its excellent school system, park and recreation programs and the relative safety of its streets. “As a woman, I feel very safe here, the crime rate in Arlington is much lower than in other areas,” she said. Gonzalez said she also appreciates the diversity of the population and the many languages spoken here, making it an interesting and very rich place. “This is the best place — I am very happy living here,” Gonzalez said.

It’s a sentiment echoed by Karantonis, “Civism, diversity, tolerance, respect and education are ubiquitous and well rooted in Arlington’s social life.” Karantonis explained that the term, “the Arlington Way” with reference to the commitment to local participation in decision-making, is applicable beyond politics. “It is about how Arlingtonians treat each other and how they organize living in community — truly, this is the nicest part of living here.”

Graham Dufault, a single 27-year-old, law student at George Mason University has been in the area for about five years, mostly in D.C. — he made the move to Clarendon a year ago. “I was worried that this area would be too suburban, but it’s basically urban with neighborhoods flanking on either side,” he said.

According to Dufault, he has been pleasantly surprised to find a vibrant night-life in Clarendon. “It’s a lot of fun, there are a lot of people my age who live in this area ... and lots of happy hours and people constantly outside enjoying the outdoors.” The new coffee shop and wine bar, by the Liberty Tavern team at the former location of Murky Coffee has become a regular haunt: “I love Northside Social — it reminds me of home. I’m from Portland and it’s almost like they’re replicating the coffee shop culture in Portland,” Dufault explained.

Having lived in other cities, Dufault said gives him a greater appreciation for the area. “When I was living in Atlanta, I realized how limited it is compared to the D.C. area where you have better transit and



Bob Brambilla.



Graham Dufault.

it’s easy to get around and fun places are easy to access.” An avid runner who also enjoys hiking, Dufault cites the proximity to areas like the Shenandoah Valley, Virginia Beach and the Maryland Shore for easy day trips as another advantage.

“I GREW UP in Arlington and I have seen it change quite a bit over the years,” said Bob Brambilla, a tax attorney who works for the IRS and lives in Fairlington. Because Arlington is centrally located, Brambilla said, it makes it easy and quick for him to get into downtown D.C.

And, Brambilla who is single, said he appreciates all the choices for dining and entertainment in Clarendon and Shirlington: “Iota Café, great for live music and the Clarendon Ballroom [for live music and dancing] ... as well as all the free outdoor concerts in Rosslyn, Shirlington and Crystal City.”

Brambilla is also a fan of farmers markets, and said he frequents the one at Courthouse on Saturday mornings or the one near the intersection of Columbia Pike and S. Walter Reed Drive on Sundays. He also had a list of local “hidden treasures” for good food and wine: wonderful German breads at the Heidelberg Bakery, great wine and cheese at Arrow Wine, great carry-out at Lebanese Taverna, and Italian subs and other specialties at the Italian Store.

“For outdoor enthusiasts, Arlington Cemetery, Roosevelt Island and the Potomac Heritage Trail are excellent hiking areas,” he said adding, “in addition, there are bike trails where you can go from South to North Arlington and do a loop, which I have done many times.” Brambilla, who is also bit of a history buff, encourages visiting local historical landmarks, like the Robert E. Lee house located within Arlington Cemetery.

In the short time Rice has been here, she has become quite an enthusiastic ambassador: “When I talk to friends planning a move to the nation’s capital region, I always try to talk them into living in Arlington — it really has an ideal blend of everything.”

PHOTOS BY DELIA SAVA/THE CONNECTION

Rehabilitation of Arlington House Under Way

Work has begun on the second phase of the rehabilitation of the Robert E. Lee Memorial (also known as the Arlington House), outbuildings and grounds. The George Washington Memorial Parkway, a unit of the National Park Service awarded a \$2.84 million contract

under the American Recovery and Reinvestment Act to Bell/Biscayne JV.

This phase of the project consists of rehabilitating the North Slave Quarters, completing new cli-

mate management systems within Arlington House and the North Slave Quarters; constructing a new underground mechanical structure with a green roof to support new systems (climate management and fire suppression) and utilities; removing the existing 1921 comfort station and constructing a new modern ADA-compliant facility at a more appropriate location; improving site accessibility and stabilizing soils, trails and landscaping within the historic area.



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10 Fun Things To Do in Arlington

BY MEGHAN MARVILLE

1

Catch a Movie at the Drafthouse

Grab a meal, a beer and a recent movie all at the same time at the Arlington Cinema & Drafthouse. You can even catch a live comedy show for a reasonable price. Check out their schedule at www.arlingtondrafthouse.com



is this little blue and white card. They're just giving them away at the library. In addition to that Arlington's eight county libraries offer classes, children's programs, film showings, book clubs and even art exhibits. Check it out at <http://library.arlingtonva.us>

2

Dance! - Try one of Arlington's many dance studios like the Dance Factory. There are many places around town to take a ballroom lesson and learn a new style of dance, or make new friends at one of many weekly open dances. <http://www.dancefactory.com>



5

Planetarium - Can't see through the city lights? Check out the stars at the David M. Brown Planetarium. See the local night sky and learn about our so-



lar system at the next "Stars Tonight" event on Sept. 13. This precious gem is in danger of closing, check it out at <http://www2.arlington.k12.va.us/1540108291847373/site/default.asp>

3

Hit the Trails - Arlington is the most bicycle friendly county with a multitude of bike/walking trails including the Custis, Four Mile Run, and W&OD Trails. Choose from one of many walkabouts at www.walkarlington.com and have a little adventure around town. Or try www.bikearlington.com to find a truly green way to get to work. Even in this suburban area there is an awful lot of beautiful scenery. And who knows, you may just get a little exercise!

6

Check Out the Arts - The new Artisphere in Roslyn opens Oct. 10 and will feature 62,000 square feet of art and culture. The space will include theatres, galleries, a ballroom and a two story video wall. www.artisphere.com



4

Go to the Library - Did you know you can get a huge selection of books and media for free? Yeah, all you need



7

Learn Something New - Check out the Arlington Historical Museum, the National Cemetery or the Iwo Jima Memorial — you can even take a walking tour. Being so close to the Nation's Capital offers a very rich local history to learn from. www.arlingtonhistoricalociety.org



8

Dine Out - Every neighborhood offers a new set of restaurants, pick a new one every time you go out. You don't have to go far to find something from the culture of your choice. Sometimes



they even come to you, eat at a food truck to see what I mean. www.rebelheroes.com

9

Spend An Evening in Shirlington - This picture-perfect little strip at the Village at Shirlington offers multiple yummy restaurants to choose



10

Drive Around

- Being new to the area I have discovered many fun places to eat, shop or walk around simply by hopping in the car and taking a little drive. Not only have I really started to learn my way around town, but I've found some really fantastic things to do. Next time you're bored, jump in the car and see what you've been missing.

What It's Like To Live Here ...

BY MEGHAN MARVILLE

"Arlington is a great place to come home to. I was born here, moved away for a while and eventually came back after college. I ended up coming back to a lot of the same friends from my old neighborhood and it was almost as if I'd never left. They are some of my best friends now. Even though I had moved away for a while, I consider Arlington my home."



— Jay Jenc

"What I love about Arlington: Every-

one has a dog. Now that they know they're never going to be able to move out of their "starter home" condos, they've started having kids. Arlington = predictable."



— Emily Thompson

"I like Arlington County because I have three daughters and four grandsons who've received very good educations here, and that's



high on my list. The county is also very sports oriented and I really like that too. The only thing I don't like is the traffic. It's been pretty bad for 50 years. There are too many people on the road so it takes a long time to get a short distance. I don't know there's much that can be done about that but Arlington is still a great place to live."

— Charlie Swearingen

"I hate that pedestrians never look before they cross the street. I know I have to yield to them, but in Man vs. Car, who's going to win? It's a safety issue, look



before you cross! On a more positive note, I love how easy it is to recycle here. Arlington is conscious about the environment."

— Josie McCormick

"The roads here really aren't great. I can't seem to drive a single mile without running across several hideous potholes or one of those speed humps. I understand the speed humps are for safety, but there are so many! And the potholes really are out of control."

— Bonnie Ruiz

ARLINGTON INSIDER

Arlington County operates six senior centers:

❖ **Arlington Mill Senior Center**, (meeting temporarily at Fairlington) 3308 S. Stafford St., 22206
Tuesday- Friday, 8:30 a.m. – 1 p.m., 703-228-7791 e-mail: evalencia@arlingtonva.us

❖ **Aurora Hills Senior Center**, 735 S. 18th St. 22202
Monday, Wednesday, Friday, 10 a.m. – 3 p.m., 703-228-5722 e-mail: jalber@arlingtonva.us

INSIDER'S GUIDE: SENIOR CENTERS

❖ **Culpepper Garden Senior Center**, 4435 N. Pershing Dr., 22203

Monday – Friday, 9 a.m. – 3 p.m., 703-228-4403 e-mail:

cbluford@arlingtonva.us

❖ **Langston-Brown Senior Center**, 2121 N. Culpeper St., 22207

Monday – Friday, 9 a.m. – 3 p.m., 703-228-5321 e-mail: emayor@arlingtonva.us

❖ **Lee Senior Center**, 5722 Lee Hwy., 22207

Monday – Friday, 10 a.m. – 3 p.m., 703-228-0555 e-mail: aperet@arlingtonva.us

❖ **Walter Reed Senior Center**, 2909 S. 16th St., 22204
Monday – Friday, 9 a.m. – 3 p.m., 703-229-0955 e-mail: nurbac@arlingtonva.us

For more information and a complimentary copy of Arlington's "55+ Guide," call the Office of Senior Adult Programs, 703-228-4721.

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Arlington REAL ESTATE

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On the Market



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A perfect opportunity exists to purchase this 7,500 Sq. Ft. parcel, redesign and expand the existing 1938 Bungalow or bring your own plans and build the "Home of Your Dreams." Add your personal character to the historic heritage of High View Park, originally known and still treasured as Hall's Hill. Perfectly located close-in to DC, Ballston Mall, restaurants, sought-after schools, great parks & more. Come join the new and long time residents working to maintain the historical, cultural and aesthetic values of High View Park. 2115 Edison Street, Arlington, VA 22207.

**For more information contact Sherry Young,
Keller Williams Realty, 703-407-3212, syoung@kw.com.
Listed at \$465,000.**

Coming Soon!

Updated and Walk-to-Metro Charming Brick Cape Cod with 3/4 bedrooms and 2 full baths, within easy walking distance to Ballston metro and shops.



Renovations include Unico A/C; new kitchen with maple cabinets and Silestone counters; updated bathrooms on main and upper floors; fireplace with new flue liners; new garage doors, retaining wall and front door. Hardwood floors throughout home. Spacious dining room for easy entertaining. Level back yard is perfect for child's play or relaxing. 711 North Abingdon Street, Arlington, VA 22203.

**For more information, contact Sally Webster, Long and Foster Real Estate, 703/626-9281, Sally.Webster@longandfoster.com
Listed for sale at \$624,900.**

Park Your Car Permanently!

This brick, end-unit town-house has been freshly painted. Kitchen has eat-in space with stainless kitchen appliances and pantry. Two master suites (three bedrooms and three-and-a-half baths in all). Family room opens onto a large deck for entertaining. Two fireplaces and an open floor plan for entertaining. Hardwood floors on main level.



Convenient to Virginia Square and Clarendon Metro stops, shops, restaurants, and nightlife. Small enclave of town-homes in Ashton Heights neighborhood. 870 N. Jackson St. #6, Arlington, VA 22201.

**For more information contact Debbie Miller,
703-241-0223, McEneaney Associates, Inc.,
www.DebMiller.com.
This house is offered at \$675,000.**

Profiles in Real Estate – Marcia Burgos

Coming from a real estate family, Marcia Burgos is a dedicated and knowledgeable real estate expert in the Virginia, DC and Maryland area. Her unique market knowledge and excellent negotiating skills enable her to get the optimal price for any property her clients are looking to buy or sell. While trust is hard to come by in today's fiercely competitive real estate market, Marcia provides the professionalism and integrity needed to ensure her clients feel secure in what can be one of the biggest decisions of their lives. Today, 90% of her business is by referral from other Realtors, current and former clients.

Experience: Marcia loves the challenge of negotiating "short sales". In her opinion, once you can do that, all other real estate transactions are a piece of cake!

Marcia's best advice for buyers: Find an experienced agent. The market is constantly changing. You need to work with a full time

dedicated Realtor who practically eats, sleeps and breathes real estate!

Marcia's best advice for sellers: Hire a Realtor who is a marketing specialist. 90% of buyers start their search on the Internet. Electronic presentation and networking is a MUST.

Marcia's favorite thing about living in Arlington: The wealth of opportunities to do just about anything you want. The excellent schools. Arlington is friendly to all lifestyle types whether single, married, children, etc. She couldn't live anywhere else.

Final thoughts: According to Marcia, "short sales" are becoming more common and reach across all price ranges. Many situations can cause these and it's imperative to hire a short sale specialist who will be dedicated to marketing your home when selling for less than you owe.



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HOME SALES

JULY 2010
\$624,000 ~ \$509,000

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot	AC	Subdivision
888 QUINCY ST #1801	2	2	0	...	ARLINGTON	\$624,000	Hi-Rise 9+ Floors	RESIDENCES@LIBERTY CT
1511 ROLFE ST N #A402	2	2	0	...	ARLINGTON	\$622,000	Garden 1-4 Floors	RHODES HILL SQUARE
2616 12TH ST N	2	1	0	...	ARLINGTON	\$619,000	Detached	0.15	...	CLARENDON
304 EDISON ST N	3	2	0	...	ARLINGTON	\$619,000	Detached	0.16	...	ARLINGTON FOREST
1143 TAYLOR ST N #1143	3	3	1	...	ARLINGTON	\$612,500	Townhouse	OLDE BALLSTOWNE
2711 INGE ST S	4	2	1	...	ARLINGTON	\$612,000	Detached	0.16	...	OAKCREST
6029 22ND ST N	2	2	0	...	ARLINGTON	\$610,000	Detached	0.18	...	OVER LEE KNOLLS
614 GEORGE MASON DR	3	2	0	...	ARLINGTON	\$609,900	Detached	0.20	...	BRANDON VILLAGE
3808 PERSHING DR N	3	1	0	...	ARLINGTON	\$607,000	Detached	0.13	...	ASHTON HEIGHTS
1201 GARFIELD ST N #903	2	2	0	...	ARLINGTON	\$605,000	Hi-Rise 9+ Floors	STATION SQUARE
506 MADISON ST N	3	2	1	...	ARLINGTON	\$600,000	Detached	0.15	...	SPY HILL BLVD MANOR
1000 RANDOLPH ST N #501	2	2	0	...	ARLINGTON	\$599,500	Hi-Rise 9+ Floors	THE BERKELEY
6142 LEE HWY	3	3	1	...	ARLINGTON	\$598,800	Detached	0.14	...	OVER LEE KNOLLS
836 LEXINGTON ST	3	2	0	...	ARLINGTON	\$595,000	Detached	0.11	...	BONAIR
2506 JOHN MARSHALL DR	4	2	1	...	ARLINGTON	\$595,000	Detached	0.14	...	NORTH ARLINGTON
329 N. GREENBRIER ST	3	2	0	...	ARLINGTON	\$590,000	Detached	0.14	...	ARLINGTON FOREST
1816 GEORGE MASON DR N	3	3	1	...	ARLINGTON	\$590,000	Townhouse	0.07	...	TARA TOWNE
5705 FAIRFAX DRIVE	3	1	1	...	ARLINGTON	\$589,000	Detached	0.14	...	LACEY FOREST
5953 10TH RD N	3	1	0	...	ARLINGTON	\$587,000	Detached	0.18	...	DOMINION HILLS
3412 17TH ST S	4	3	1	...	ARLINGTON	\$586,000	Detached	0.13	...	DOUGLAS PARK NEW ARL.
1300 CRYSTAL DR #805S	3	2	1	...	ARLINGTON	\$585,000	Hi-Rise 9+ Floors	CRYSTAL GATEWAY
4917 11TH ST N	3	2	0	...	ARLINGTON	\$585,000	Detached	0.15	...	WAYCROFT
3650 GLEBE RD S #256	2	2	0	...	ARLINGTON	\$580,000	Hi-Rise 9+ Floors	ECLIPSE ON CENTER PARK
1504 POWHATAN ST N	3	2	0	...	ARLINGTON	\$559,000	Detached	0.16	...	POSTORIA,HIGHLAND PARK
1276 WAYNE ST N #1129	2	2	0	...	ARLINGTON	\$552,500	Hi-Rise 9+ Floors	WILLIAMSBURG
4724 WILSON BLVD	3	2	0	...	ARLINGTON	\$552,000	Detached	0.13	...	BRANDON VILLAGE
1610 TAYLOR ST N	3	1	1	...	ARLINGTON	\$550,500	Detached	0.18	...	WILLET HEIGHTS
1205 GARFIELD ST N #405	2	2	0	...	ARLINGTON	\$550,000	Hi-Rise 9+ Floors	STATION SQUARE
1122A STAFFORD ST	2	2	1	...	ARLINGTON	\$545,000	Townhouse	0.02	...	BALLSTON AREA TOWNH
5500 7TH ST S	4	2	0	...	ARLINGTON	\$542,000	Detached	0.14	...	FOREST GLEN
1511 ROLFE ST N #A302	2	2	0	...	ARLINGTON	\$540,000	Garden 1-4 Floors	RHODES HILL SQUARE
1800 WILSON BLVD #349	2	2	0	...	ARLINGTON	\$539,000	Garden 1-4 Floors	WILSON BOULEVARD
3436 12TH RD N	3	2	0	...	ARLINGTON	\$535,000	Detached	0.09	...	DOUGLAS EST
416 ABINGDON ST S	3	1	1	...	ARLINGTON	\$535,000	Detached	0.38	...	BARCROFT
1509 POWHATAN ST	3	2	0	...	ARLINGTON	\$534,000	Detached	0.20	...	WESTOVER FOSTORIA
2720 ARLINGTON MILL DR S#1112	2	2	0	...	ARLINGTON	\$530,000	Hi-Rise 9+ Floors	SHIRLINGTON VILLAGE
1205 GARFIELD ST N #906	2	2	0	...	ARLINGTON	\$528,000	Hi-Rise 9+ Floors	STATION SQUARE
1041 EMERSON ST S	3	2	0	...	ARLINGTON	\$525,000	Detached	0.18	...	COLUMBIA FOREST
2400 CLARENDON BLVD #604	2	2	0	...	ARLINGTON	\$520,000	Hi-Rise 9+ Floors	CHARLESTON CONDO
729 GEORGE MASON DR	3	2	0	...	ARLINGTON	\$519,900	Detached	0.17	...	BRANDON VILLAGE
1800 WILSON BLVD #237	2	2	0	...	ARLINGTON	\$519,000	Garden 1-4 Floors	WILSON BOULEVARD
832 FREDERICK ST N	2	2	1	...	ARLINGTON	\$515,000	Townhouse	0.02	...	CARLISLE PARK
2514E ARLINGTON MILL DR S#5	3	2	2	...	ARLINGTON	\$515,000	Townhouse	WINDGATE OF ARL
5100 12TH RD S	4	3	1	...	ARLINGTON	\$510,000	Townhouse	0.08	...	WILDE OAKS
3375 STAFFORD ST S	3	2	0	...	ARLINGTON	\$509,000	Townhouse	FAIRLINGTON MDWS

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2533 3rd St. N	\$769,900	Sun 1-4	Deborah Bash	Long and Foster	703-905-7236
2128 N. 21st Rd.	\$1,150,000	Sun 1-4	Matt Shepard	Keller Williams	703-403-4003
2421 N. Custis Rd.	\$1,695,000	Sun 1-4	Braze Kennedy	Keller Williams	202-255-2778

22204

742 S. Granada St.	\$519,900	Sun 1-4	Dave Lloyd & Associates	Weichert	703-593-3204
2910 19th St. S.	\$849,900	Sun 1-4	Kay Lee	Weichert	703-527-3300

22205

2300 N. Kensington St.	\$599,900	Sun 1-4	Dave Lloyd & Associates	Weichert	703-593-3204
6029 18th St. N.	\$689,900	Sun 1-4	Ron Layton	Re/Max Premier	703-421-1433
1101 N. Ohio St.	\$699,999	Sun 1-4	Gayle Fleming	Keller Williams	703-625-1358
5313 12th St. N.	\$1,395,000	Sun 1-4	Carol Jackson	Long and Foster	703-759-9190

22206

4626D #D 28th Rd. S.	\$285,000	Sun 1-4	AJ Heidmann	Coldwell Banker	703-518-8300
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22207

2501 Granada St. N.	\$510,000	Sun 2-4	Steve Wetzler	Zip Realty	301-675-3262
4040 40th St. N.	\$1,550,000	Sun 1-3	John Eric	Wash Fine Properties	202-274-4668
4389 Old Dominion Dr.	\$1,599,000	Sun 1-4	Heather Bennett	RE/MAX	703-508-5442

22209

1401 Rhodes St. N #206	\$490,000	Sun 1-4	Linda Miller	Weichert	703-760-8880
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SOLD

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Bellevue - LISTED & SOLD OVER ASKING in Less Than 3 Weeks

SOLD

Centreville - Listed \$600,000
Sold \$600,000 In 17 Days

SOLD

North Barcroft - Listed \$450,000
Sold \$470,000 In 4 Days

UNDER CONTRACT

River Crest
Buyer Represented

With More than 100 Parks, There's Something for Everybody

(7) BON AIR PARK

In addition to playgrounds, sports courts, picnic areas, and a nature area for viewing wildlife, this 23.65-acre park features an azalea garden, shade garden, sun garden, ornamental tree garden, and a memorial rose garden. The rose garden showcases hybrid tea roses grown by local rosarians and is often the site for wedding photos.



(1) POWHATAN SPRINGS PARK

This park features two main attractions — a skate park and a rain garden. The 15,000-square-foot skate park was designed for skateboarding and in-line skating with a combination of street-style elements as well as the more traditional bowls and half-pipes. The rain garden is geared towards children and combines an interactive learning experience with a self sustaining garden.



(9) UPTON HILL REGIONAL PARK

This urban park offers a wide variety of recreational activities. For a fee, this park offers a water park complete with waterslides, pools and fun water features for children, batting cages and a mini-golf course. For those not looking to spend any money, the park also offers picnic areas and hiking trails.



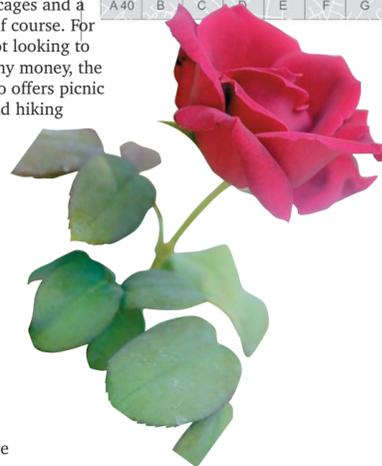
(3) BLUEMONT PARK

Situated in a residential area, this 70-acre park is popular for its wide range of amenities. In addition to a basketball court, three baseball fields, nine tennis courts with lights, a volleyball court and a horseshoe pit, Bluemont Park offers a Frisbee golf course — the only one in the area. If that's not enough, there are picnic tables, a paved trail, a stream and a bridge.



(5) HAYES PARK

The 2.86-acre Hayes Park isn't the biggest, but this planet-themed park offers great amenities for children, most notably the spray park. Unlike the "spraygrounds" at Drew Park and Lyon Village Park, this spray park is almost entirely in the shade. Water sprays from the ground in seemingly random cycles, keeping children guessing. In addition to the spray park is a shady playground with swings, slides, a large sand area, a tunnel and a small rock climb area.



(4) SHIRLINGTON PARK

Although Shirlington Park offers a paved trail for humans, this park caters to dogs. It's no wonder considering the park's large size and close proximity to a stream that dogs love to frolic in. If that's not enough, adjacent to the main park is a smaller fenced in area reserved for little dogs.



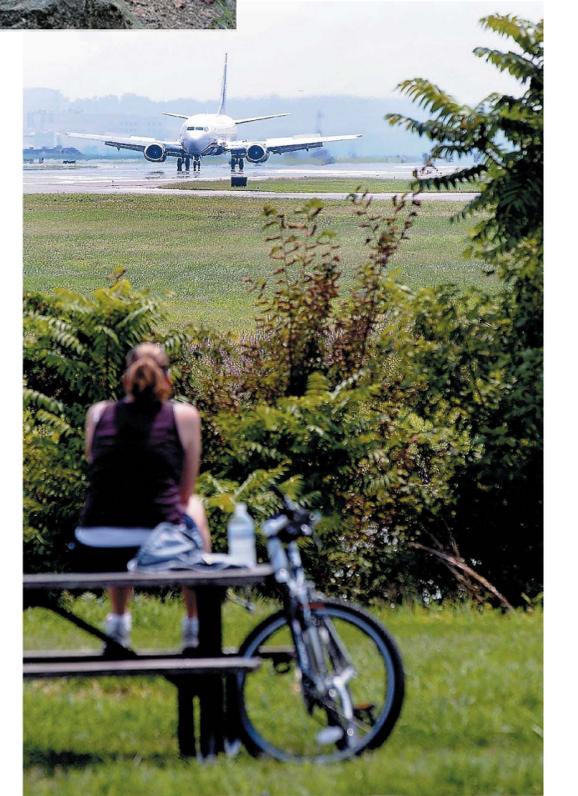
(8) NETHERLANDS CARILLON AND PARK

In 1954, the Dutch gave the U.S. a 40-meter-tall 49-bell tower in gratitude for its aid during and after WWII. Patriotic concerts and recitals are performed on the Carillon throughout the summer. Winchester Chimes play daily on the hour between 10 a.m. and 6 p.m. In front of the Carillon lie rolling greens with a spectacular view of the D.C. skyline.



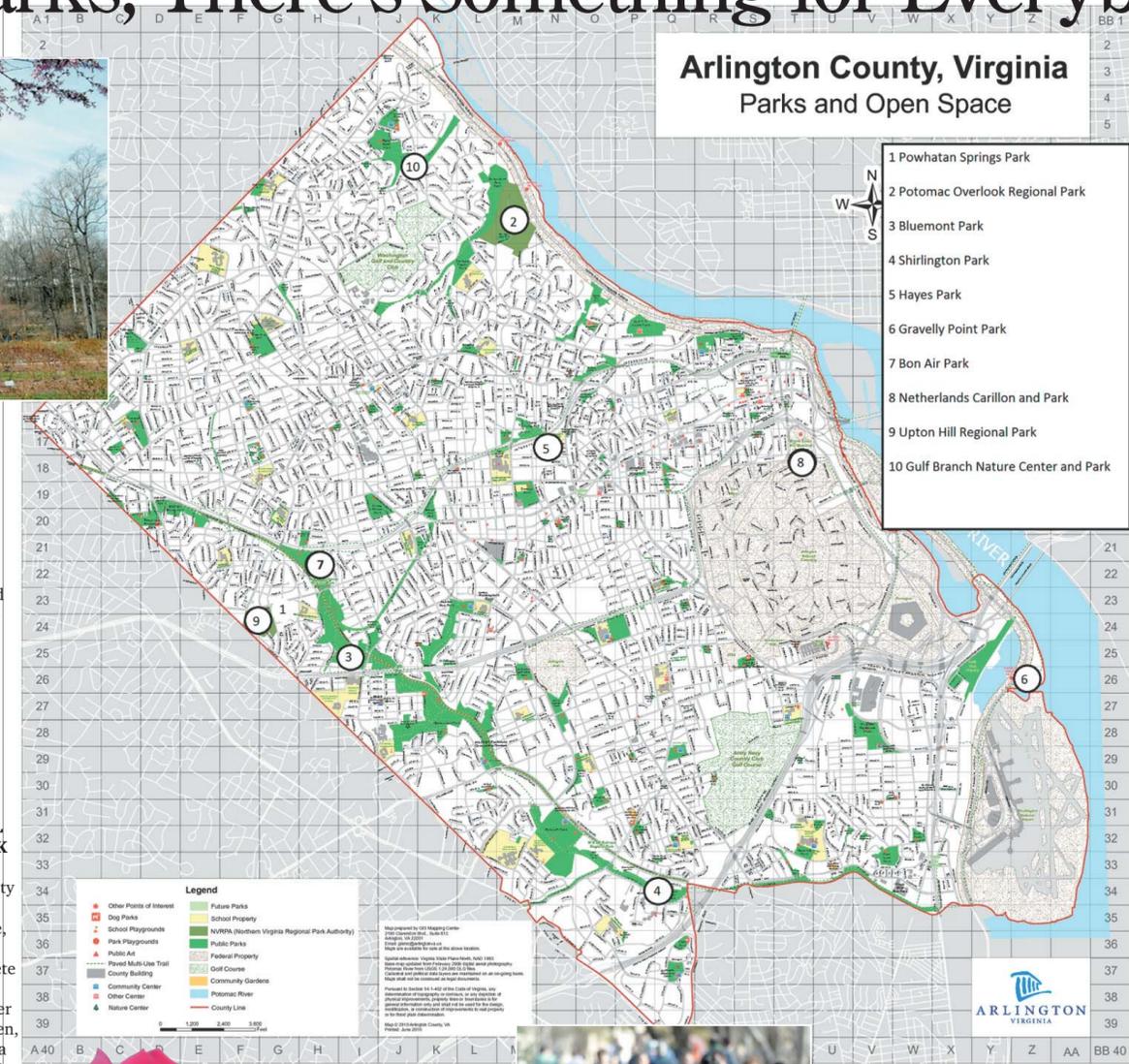
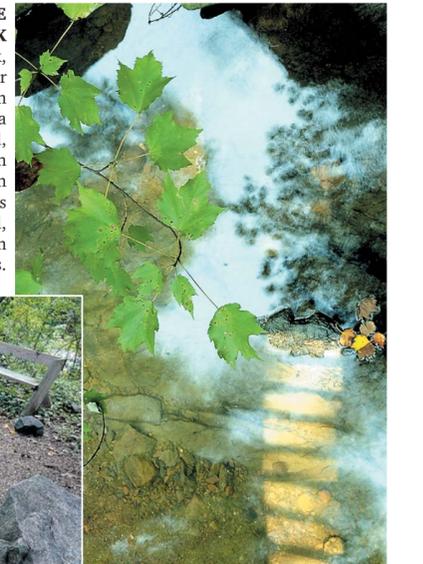
(6) GRAVELLY POINT PARK

Located just 400 feet from a Washington National Airport runway, Gravelly Point is one of the best places in the country to watch planes land and take off. Planes fly as low as 100 to 150 feet directly overhead and can be seen as often as 30 times an hour. The park also offers a great view of the Washington skyline.



(10) GULF BRANCH NATURE CENTER AND PARK

Nestled into a 37.74-acre park, the Gulf Branch Nature Center offers environmental education programs for all ages, exhibits, a live animal exhibit room, a pond, a restored log cabin and an observation bee hive. In addition to the nature center, the park has a stream, bridge, paved trail, nature trails, and a small garden with native shrubs and ferns.



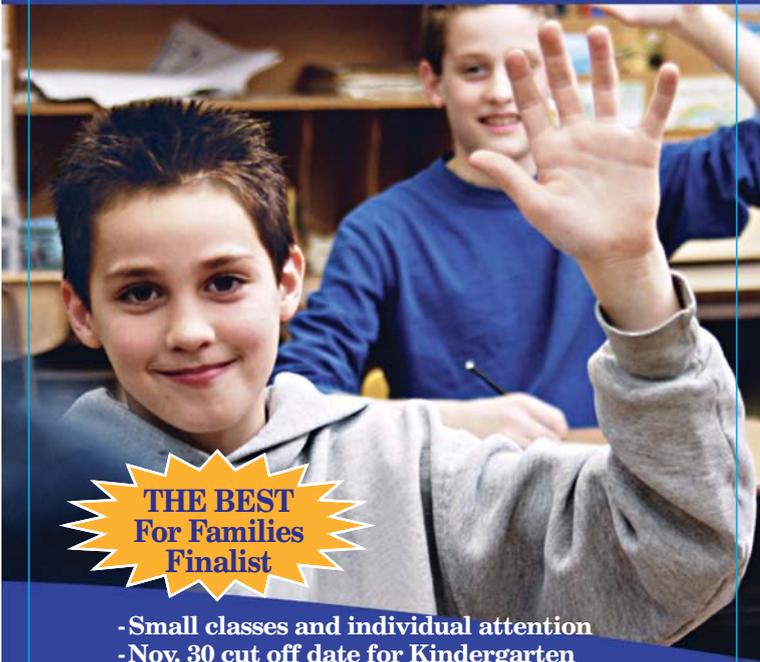
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PHOTOS BY LOUISE KRAFFT
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Things To Do:

ONGOING SUMMER AND FALL EVENTS

Free concerts every Thursday (Wilson Blvd. and N. Oak Street) in Rosslyn, at 11:45 a.m.-1:30 p.m. from May through September. Call 703-522-6628 or visit www.rosslynva.org.

US Army Band Free Concerts. Held 7:30 p.m. at Kenmore Auditorium. Visit usarmyband.com for show dates.

Marine Corps and Iwo Jima Memorial Sunset Parades. Every Tuesday and Friday evening at the U.S. Marine Corps Memorial, the U.S. Marine Drum and Bugle Corps and the Silent Drill Team are featured. Sunset Parades June through August are at 7 p.m. Parking is available at Arlington Cemetery. Call 202-433-6060.

ONGOING EVENTS

Volunteer Work Day at Potomac Overlook Regional Park, 2845 N. Marcey Road, Arlington, from 10 a.m.-noon, on the first Saturday of each month. Help with the gardens or trails. Call 703-528-5406.

The Horticulture Hotline is available from 9 a.m.-noon, Monday-Friday, year-round at 703-228-6414. Home gardeners are also welcome to visit the Virginia Cooperative Extension Office at the Fairlington Community Center, 3308 S. Stafford St., during these hours.

Exhibition of works by local painters. Showings sponsored by the Arlington Artists Alliance, a nonprofit organization in support of art and artists in Arlington. www.arlingtonartistsalliance.org. See Web site for location and dates.

The Crystal City Business Improvement District announces the movies in their 2011 outdoor movie series Crystal Screen: By The Numbers.

The schedule for Crystal Screen: By The Numbers is:
 June 6, 2011 — "Air Force One"
 June 13, 2011 — "Four Weddings and a Funeral"
 June 20, 2011 — "The Sixth Sense"
 June 27, 2011 — "District 9"
 July 4, 2011 — HOLIDAY (NO MOVIE)
 July 11, 2011 — "10 Things I Hate About You"



PHOTO BY LA SHAWN AVERY-SIMONS / THE CONNECTION

At the County Fair

Canan Duckworth rides the merry-go-around during the Arlington County Fair on Saturday, Aug. 22.

July 18, 2011 — "Oceans 11"
 July 25, 2011 — "Apollo 13"
 August 1, 2011 — "16 Candles"
 August 8, 2011 — "The 40-Year-Old Virgin"
 August 15, 2011 — "50 First Dates"
 August 22, 2011 — "(500) Days of Summer"
 August 29, 2011 — "2001: A Space Odyssey"

The festival is shown in one of Crystal City's many welcoming green spaces, owned, managed, and donated for the festival by Vornado/Charles E. Smith.

The Big Red Caboose at Bluemont is open to visitors during the summer

SEE ALL YEAR LONG, PAGE 15



Crystal City Fashion Show



Marine Corp Marathon

PHOTO BY LOUISE KRAFT / THE CONNECTION

jsda JAMES SCHOOL OF DANCE ARTS

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In the Heart of McLean at the corner of Whittier and Emerson.

2010-2011 Registration now in progress.

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All Year Long



PHOTO BY LOUISE KRAFT/THE CONNECTION

Canstruction at Ballston Commons

FROM PAGE 14

on Saturdays from 10 a.m.-6 p.m. and Sundays from 1 p.m.-4 p.m. Free for all ages. The caboose is located at 601 N. Manchester St. Call 703-525-0168.

The Ballston Art Market returns to Welburn Square in May, offering original creations for home decor, gifts and personal use, including handmade jewelry, pottery, quilts, wearable art, giftware, watercolors, oil paintings and photography May through October. The monthly outdoor market operates from 10 a.m.-4 p.m. the second Saturday of every month. Different artists exhibit each month. A select panel juries the artists. Welburn Square is adjacent to the Metro station at 9th and N. Stuart streets near Ballston Common Mall. For directions and further information, call 703-228-0560 or 703-528-3527.

Ballston hosts a weekly Farmers Market in Welburn Square, from 11 a.m.-3 p.m. every Friday from May through October. Welburn Square is located between N. Stuart and N. Taylor streets, across from the Ballston Metro Station. Call 703-528-3527 or e-mail ballstonvasquare.org/farmersmarket.

Clarendon Farmer's Market has locally produced breads and pastries, organic vegetables, flowers, soap, sorbet and more. Held Saturdays and Sundays from 8 a.m. to noon at Courthouse Parking Lot, 3195 North Wilson Blvd., Arlington. Also year-round on Wednesdays from 3-7 p.m. at Clarendon Metro Station. Visit www.Clarendon.org. Call 703-812-8881.

The Rosslyn Business Improvement District's Farmers Market returns on Thursdays through October, from 11 a.m. - 3 p.m. at Wilson Boulevard and North Oak Street in Arlington. The market will give residents, visitors, and office workers the chance to buy fresh and local from regional vendors who have become Rosslyn favorites. Bread, farm-fresh fruits and vegetables, herbs, exotic teas, gourmet baked goods, specialty coffee, and Italian marinades and sauces will be available during the market.

Columbia Pike Homegrown Farmer's Market. Another convenient farmer's market located at Pike Park on Columbia Pike at S. Walter Reed Drive. Market is open every Sunday from 9 a.m.-1 p.m. Call 703-892-2776.

Flea Market and Community Garage Sale.

WWW.CONNECTIONNEWSPAPERS.COM

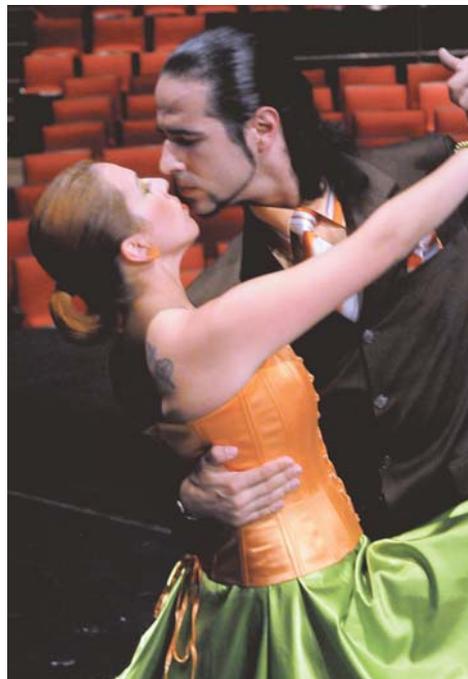
Run by the Arlington Civitan Club, the market is held the first Saturday of every month from 7 a.m.-1:30 p.m., April-November. The event is held at the I-66 parking garage at the corner of N. 15th and N. Quincy streets. Call 703-534-9268.

Arlington Farmer's Market. Fruits and vegetables, cut flowers, plants, meats, cheeses, milk, eggs, wine, honey, Christmas trees and more from as many as 30 producers. Located at the corner of N. 14th Street and N. Courthouse Road, near Courthouse Metro Station. Held from 8 a.m.-noon every Saturday. From January to April, the hours are 9 a.m. to noon. Call 703-228-3327.

SEPTEMBER

20th Annual Rosslyn Jazz Fest. Saturday, Sept. 11 from 1-7 p.m. Free. Features the Tierney Sutton Band, The Bad Plus, Jason Moran, Afro Bop Alliance and more. In Rosslyn's Gateway Park, North Lynn Street and Lee Highway,

SEE CALENDAR, PAGE 16



Tango at Thomas Jefferson Auditorium

WAGS 'N' WHISKERS

At The Village at Shirlington

Saturday, August 28

11 a.m.-4 p.m.

Exhibitors
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 Demonstrations
 Children's Entertainment & Activities
 Merchant Specials
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CALENDAR

FROM PAGE 15

Arlington. Visit www.arlingtonarts.org or www.RosslynVA.org or call 703-228-1850.

Speedy Tolliver Fiddler and Banjo Fest. Traditional fiddlers will perform in many styles in honor of fiddling legend Roy "Speedy" Tolliver. Sunday, Sept. 14 from 12-4 p.m. at Lubber Run Amphitheatre, N. 2nd and N. Columbus St., Arlington (two blocks off Route 50 at N.

Columbus, behind Arlington Forrest Shopping Center.) Call the Arlington County Office of Heritage Arts at 703-228-1899. Visit www.arlingtonarts.org.

Vintage Crystal. The Fourth Annual Vintage Crystal - A Taste of Wine and Jazz. Sept. 19 from 2-6 p.m. Event fee: \$20 includes wine sips, food tastes, entertainment and commemorative glass). Vintage is held in the courtyard at 220 20th Street. The event will feature 30 wineries, 25



Instructor Michelle Blake teaches an outdoor yoga class during the Crystal City Fit Fair on July 22.



PHOTOS BY LA SHAWN AVERY-SIMONS/THE CONNECTION

The crowd enjoys the sounds of the Swingin' Swamis in the Garden Plaza inside Pentagon City Mall on Aug. 6.

restaurants, Latin jazz, salsa dancing, wine tasting classes, tequila, and more.

Clarendon Day. The 13th annual street party held Saturday, Sept. 25 from 11 a.m. to 5 p.m., Clarendon Day features the cuisine of local restaurants, the music of local bands, antiques and collectibles markets, and the art of area craft makers and artists. Visit www.clarendonday.org.

OCTOBER

College Fair. Sponsored by Arlington Public Schools at Ballston Commons Mall on second Wednesday in

October. www.Ballston-common.com

Marine Corps Marathon. The annual marathon sponsored by the Washington Post begins and ends in Arlington at the Iwo Jima Memorial after running its course past Washington's monuments on Sunday, Oct. 31, beginning at 7:55 a.m. for wheelchair and hand cycle participants and 8 a.m. for runners. Call 800-RUN-USMC or visit <http://www.marinemarathon.com/>.

Arlington House. Free ticket entry system. Arlington House was the home of Robert E. Lee and his family for 30 years. The house is now a

memorial to Lee and is open all year from 9:30 a.m. to 4:30 p.m. The Robert E. Lee Museum and the grounds around the house are also open to the public. On the first Friday in October, the Arlington House opens its doors, giving visitors a chance to see the Arlington House and National Cemetery at night. Call 703-235-1530.

FEBRUARY

Mardi Gras Fat Tuesday Celebration. The Clarendon

SEE CALENDAR, PAGE 17

For a full day of Jousting, Feasting, Crafts, Theatre, Music and Merriment for the whole family.

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YMCA
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CALENDAR

FROM PAGE 16

Courthouse Mardi Gras begins with a parade at 8 p.m. on Fat Tuesday, Feb. 8, marching up Wilson Boulevard from Danville Street to the Metro station at N. Highland Street.

APRIL

Flea Market and Community Garage Sale. The Arlington Civitan Club hosts a flea market the first Saturday of every month from 5 a.m.-1 p.m. between April and November. The event is at the Arlington County parking garage on N. 15th St. Call 703-228-3314.

MAY

Neighborhood Day. May 14, 2011, in Arlington includes countywide events, including neighborhood fairs and street festivals and concluding with a parade from the Clarendon Metro to N. Wayne Street. Multicultural festival in Courthouse Plaza, 2100 Clarendon Blvd. Call 703-228-3155 TTY: 703-228-4611.

Walk for the Animals. Saturday, May 14, 2011. A pledge walk for people and dogs to benefit the Animal Welfare League of Arlington as part of the Neighborhood Day activities. Call 703-931-9241, ext. 280, or awla.org.

Taste of Arlington. May 15, 2011, from noon to 5 p.m. in Ballston Common Mall. Amazing food from 40 Arlington restaurants. It is held on 4238 Wilson Blvd. Street festival with restaurants, entertainment, crafts, auction and more. Free admission. Visit www.TasteofArlington.com partnering with Neighborhood Day.

SUMMER

Summer Concert Series. Beginning in June at Lubber Run Amphitheater and continuing throughout the summer. Call 703-228-4712 for more information.

Netherlands Carillon Concerts. Beginning in early June and continuing through the summer on Saturdays, enjoy guest artists playing the 50-bell Carillon in free concerts at the Carillon on Route 50 and George Washington Memorial Parkway. Concerts are held in May and December 2-4 p.m. and in June, July, and August 6-8 p.m. Call 703-289-2500. See www.nps.gov/gwmp.



The Arena Stage Crystal City had its last performance July 3, and closed to the public on Aug. 3. The Arena Stage will open its 2010/2011 inaugural season at the Mead Center for American Theater in Washington D.C. on Oct. 3.

"FLOURISHING AFTER 55"

"Flourishing After 55" from Arlington's Office of Senior Adult Programs, Sept. 6-10.

Senior trips: Monday, Sept. 6, Maryland Renaissance Festival, Crownsville, Md., \$27; Thursday, Sept. 9, evening baseball, Nationals vs Mets, \$56; Friday, Sept. 10, Rehoboth Beach, Del., \$44. Call Arlington Senior Adult Travel, 703-228-4748. Registration required.

Northern Virginia Senior Olympics registration deadline, Sept. 1. For information, call 703-228-4721 or check the website at www.nvso.us. Over 25 events; Sept. 18-29; opening day in Arlington. \$10 registration fee.

Seniors-only weight room hours, Monday, Sept. 6, 11 a.m. - 2 p.m., Langston-Brown. \$60/15 sessions. Details, 703-228-4745.

Watercolor painting classes be-

gin Tuesday, Sept. 7, 1 p.m., Culpepper Garden. \$36/6 two hour classes. Register, 703-228-4403.

Encore Chorale rehearsals begin Tuesday, Sept. 7, 2 p.m., Langston-Brown. 15 sessions, \$140, includes holiday performances. Call Encore director, Jeanne Kelly, 301-261-5747.

Beginners' full fitness exercise class, Tuesday, Sept. 7, 10 a.m., Lee. \$4 per class. Details, 703-228-0555.

Eat well and stay healthy nutrition series begins, Wednesday, Sept. 8, 9 a.m., Arlington Mill at Fairlington. Free. Register, 703-228-7791.

Jane Franklin Dance workshops, Wednesday, Sept. 8, 9:30 a.m., Langston-Brown, 11 a.m., Walter Reed. Free. Register, 703-228-6300 (L-B), 703-228-0955 (WR).

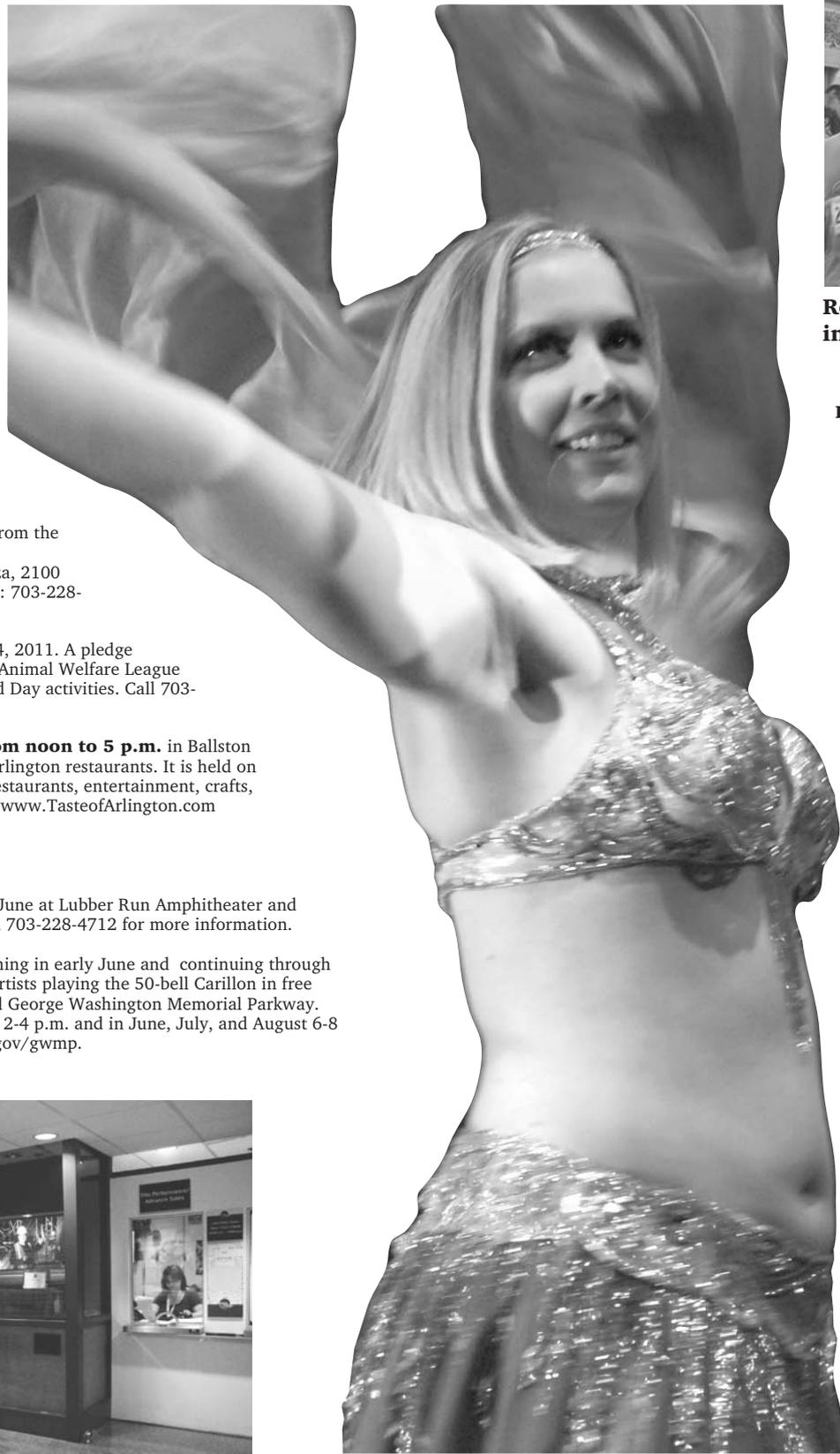
Introduction to drawing classes begins Wednesday, Sept. 8, 1 p.m.,

Walter Reed. \$36/6 two hour sessions. Register, 703-228-0955.

Composting information, Thursday, Sept. 9, 1 p.m., Walter Reed. Free. Register, 703-228-0955.

Green cleaning with homemade products, Friday, Sept. 10, 1 p.m., Aurora Hills. Free. Register, 703-228-5722.

The Power of Positive Aging, Friday, Sept. 10, 1 p.m., Langston-Brown. Free. Details, 703-228-6300.



Egyptian Nights, Saffron Dance's Summer Show, on Aug. 13 at the Rosslyn Spectrum Theatre, 1611 North Kent Street.

PHOTOS BY LA SHAWN AVERY-SIMONS/THE CONNECTION



Residents line up to watch runners participating in the Crystal City Twilighter 5K on July 24.

Rock at the Row Summer Concert Series. From June through the beginning of August, local rock, blues, and cover bands play on Thursday nights at Pentagon Row Plaza, located at Army Navy Drive and South Joyce Street. And yes, dancing is encouraged. Shows run from 7-9 p.m. Visit www.pentagonrow.com for more information. Call 703-413-6692

JULY

County Fireworks. The Arlington County Department of Parks and Recreation sponsors an annual fireworks display on July 4 at Barcroft Park, 4100 S. Four-Mile Run Drive, beginning at dusk (approximately 9:15 p.m.). The display lasts about 45 minutes.

AUGUST

National Night Out. An annual event observed in all 50 states on Tuesday, Aug. 2, 2011. Arlington County Police sponsors the event and encourages residents to turn on their porch lights and hold cookouts, ice-cream socials, flashlight walks and other activities that provide opportunities to get to know your neighbors. Call 703-228-4123.

Arlington County Fair. The annual Arlington County Fair takes place in mid-August at the Thomas Jefferson Community Center, 3501 S. 2nd St. The fair features exhibits, family entertainment, rides for children, food and entertainment. Shuttle buses leave from the designated Park and Ride areas regularly. For transportation and accessibility information, visit the Arlington County Fair Web site at www.arlingtoncountyfair.org.



Steve Collin and Mike Rugnetta hosts Kids Comedysportz inside Ballston Mall Arlington on July 30.

Walking through History

PHOTOS BY LOUISE KRAFFT/THE CONNECTION

COMPILED BY EDISON RUSS

CHAIN BRIDGE (VIRGINIA END)

In 1797, the merchants of Georgetown built here the first bridge over the Potomac River to compete with the Virginia port of Alexandria. The falls bridge allowed trade from the “upper country” of Virginia to move directly to Georgetown over the Georgetown-Leesburg road. After the first two bridges were destroyed by floods, a chain suspension bridge, considered a marvel of engineering with a span of 128 feet between stone towers, was built in 1808. Although this bridge has been replaced by other forms of construction, the popular name Chain Bridge continues to be used. The present bridge was built following the flood of 1936. http://www.arlingtonhistoricalsociety.org/learn/sites_properties/commercial.html#chain_bridge



Walker Chapel

1848. http://www.arlingtonhistoricalsociety.org/learn/sites_properties/places_of_worship.html#walker_chapel

MT. OLIVET METHODIST CHURCH

North 16th Street near North Glebe Road
This is Arlington’s oldest church site in continuous use. Land for a Methodist Protestant Meeting House was conveyed in 1855 by William and Ann Marcey and John B. and Cornetia Brown, for whom Brown’s Bend Road (now 16th Street, North) was named. The first church was completed in 1860. During the Civil War Union Troops used the church as a hospital and subsequently destroyed it. The present structure, erected in 1948-1949, is the fourth church on the site. Among those buried in the Mount Olivet cemetery is Sue Landon Vaughan, one of the founders of Decoration Day (now Memorial Day). In Mississippi during April 1865, she began the practice of decorating the graves of Civil War dead, both Confederate and Union. http://www.arlingtonhistoricalsociety.org/learn/sites_properties/places_of_worship.html#mtolivet

ARLINGTON MEMORIAL AND ARLINGTON HOUSE

Arlington House was the home of Robert E. Lee and his family for 30 years and is associated with the Washington and Custis families. George Washington Parke Custis built the house to be his home and a memorial to George Washington, his step-grandfather. It is now preserved as a memorial to General Lee, who gained the respect of Americans in both the North and the South. Located just across Memo-

WALKER CHAPEL AND CEMETERY

4102 North Glebe Road
A small frame country church of the Mount Olivet Circuit, was dedicated at this location on July 18, 1876. It was named in honor of the Walker family who donated the Walker Grave Yard as a site for the church. A new frame church was built nearby in 1903 although the original chapel structure continued in use as a Sunday School until its demolition in 1930. The present building dates from 1959. The earliest recorded burial in the adjacent cemetery was that of David Walker, who died in

Mt. Olivet Methodist Church

rial Bridge from the Lincoln Memorial. Arlington House is open to visitors every day from 9:30 a.m. to 4:30 p.m., with the exception of Jan. 1 and Dec. 25. <http://www.nps.gov/arho/>

ARLINGTON MEMORIAL BRIDGE AND MEMORIAL AVENUE

Symbolically, the bridge was designed to show the strength of a united nation by joining memorials representing the Union (the Lincoln Memorial) and the Confederacy (the Robert E. Lee Memorial). The bridge spans the Potomac River, a physical and symbolic divider of the “North” and the “South” during the Civil War. Arlington Memorial Bridge also connects the Nation’s Capital, where the country’s democratic processes takes place, to Arlington National Cemetery, where thousands who died fighting to preserve democratic processes lay in eternal rest. <http://www.nps.gov/gwmp/memorialave.htm>

BRANDYMORE CASTLE

This rocky outcrop resembles the collapsed battlements of an old castle with Four Mile Run serving as a moat. Located at North Roosevelt Street & Four Mile Run. This landmark was first described in 1724 by surveyor Charles Broadwater as “the rock stones called Brandy more Castle.” Research in 1972 established that the natural formation matched the boundary descriptions on the 18th century land grants from Lord Fairfax to William Gunnel, James Going and Simon Pearson, George Harrison, John Carlye and John Dalton, and Captain Charles Broadwater. http://www.arlingtonhistoricalsociety.org/learn/sites_properties/neighborhood.html#ashton_heights

BALL-CARLIN CEMETERY

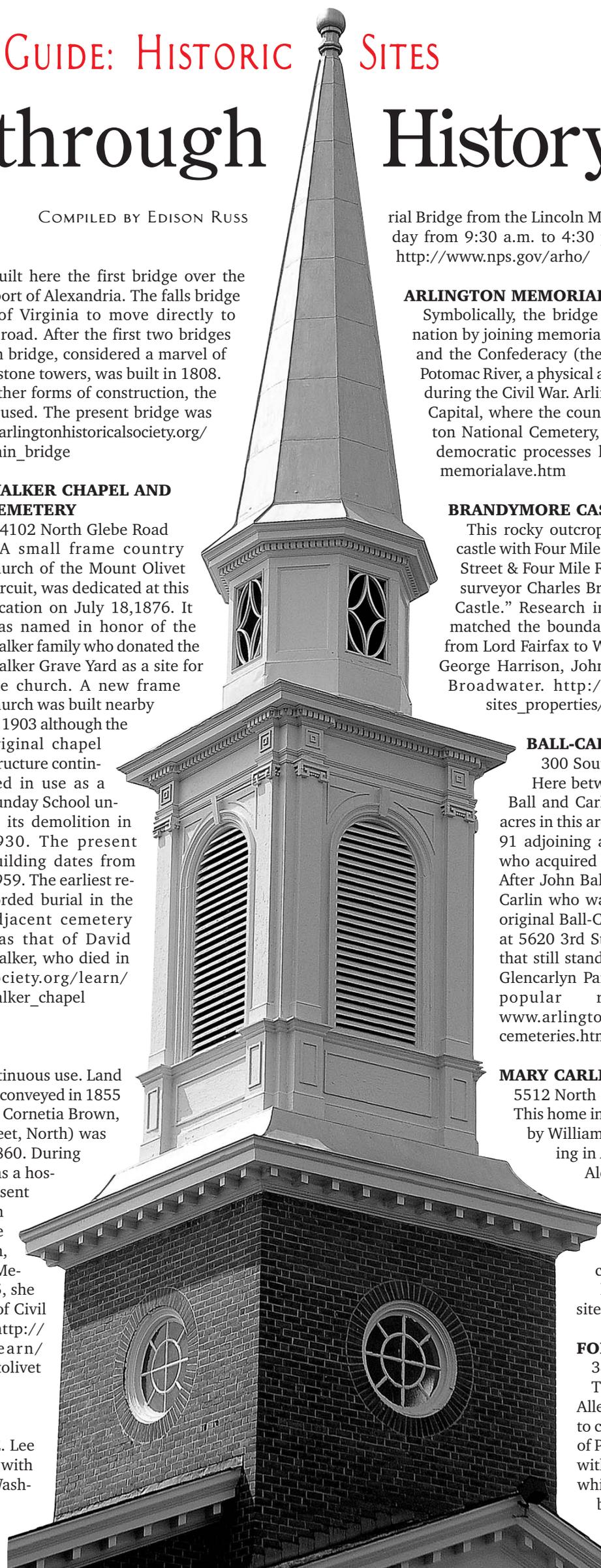
300 South Kensington Street
Here between 1766 and 1908 were buried members of the Ball and Carlin families. In 1742 John Ball was granted 166 acres in this area and in 1748 his brother Moses Ball was granted 91 adjoining acres. They were cousins of George Washington who acquired an adjoining tract along Four Mile Run in 1785. After John Ball’s death in 1766, his estate was sold to William Carlin who was one of Washington’s tailors. Fragments of the original Ball-Carlin log house are within the walls of the house at 5620 3rd Street South. About 1800 Carlin built a log house that still stands at 5512 North Carlin Springs Road. In present Glencarlyn Park his descendants operated “Carlin Springs,” a popular resort during 1872-1884. http://www.arlingtonhistoricalsociety.org/learn/sites_properties/cemeteries.html

MARY CARLIN HOUSE

5512 North Carlin Springs Road
This home incorporates the original log house built about 1800 by William Carlin. It is one of the earliest structures remaining in Arlington. At one time, Carlin had been a tailor in Alexandria whose clients included George Washington. Mr. Carlin’s granddaughter, Mary Alexander Carlin, a school teacher, was born in this house and lived here until her death in 1905. Hers was the last burial in the Ball-Carlin Cemetery adjacent to the Glencarlyn Library. http://www.arlingtonhistoricalsociety.org/learn/sites_properties/dwellings.html#mary_carlin

FORT ETHAN ALLEN

3829 North Stafford Street
This embankment was the south face of Fort Ethan Allen, a bastioned earthwork built in September 1861, to command all the approaches to Chain Bridge south of Pimmit Run. The fort had a perimeter of 736 yards, with emplacements for 39 guns. The embankments which still remain were the south face, less the west bastion; an interior bombproof shelter for protection against artillery fire from Hall’s Hill; the magazine and guardhouse near the north face; and a part of the east face.



INSIDERS GUIDE: HISTORIC SITES



Arlington House

Walking through History



Fort Ethan Allen

FROM PAGE 18

FORT C. F. SMITH HISTORIC DISTRICT

Near 2411 North 24th Street

Just to the north are the remains of Fort C. F. Smith, a lunette built early in 1863 to command the high ground north of Spout Run and protect the flank of the Arlington Line. It had a perimeter of 368 yards and emplacements for 22 guns.

This district is a designated Arlington County Landmark and is listed on the National Register of Historic Places. http://www.arlingtonhistoricalsociety.org/learn/sites_properties/military_use.html#ftcfsmith

COLONIAL VILLAGE

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Fort C.F. Smith

PHOTOS BY LOUISE KRAFT/THE CONNECTION

At Yorktown

School: Yorktown High School.

Mascot: Patriots.

School Colors: Columbia blue and white.

Athletic Director: Mike Krulfeld, 703-228-5388.

Football Coach: Bruce Hanson, (26th year).

The Patriots finished 6-5, 5-2 in the National District, and won their final four regular season contests to reach the playoffs. Yorktown beat Washington-Lee, 28-10, extending its winning streak over the Generals, which dates back to 1982. The Patriots lost to National District newcomer Hayfield in the, 35-6, in the first round of the playoffs.

Boys Basketball: Rich Avila.

Girls Basketball: David Garrison.

Baseball: Mike Ruck.

Rival School: Washington-Lee.

What Happened Last Season:

The volleyball team cruised through the district until all-region outside hitter Elyse Bush suffered a season-ending knee injury. The Patriots finished runner-up to newcomer Hayfield and lost to Herndon in the first round of

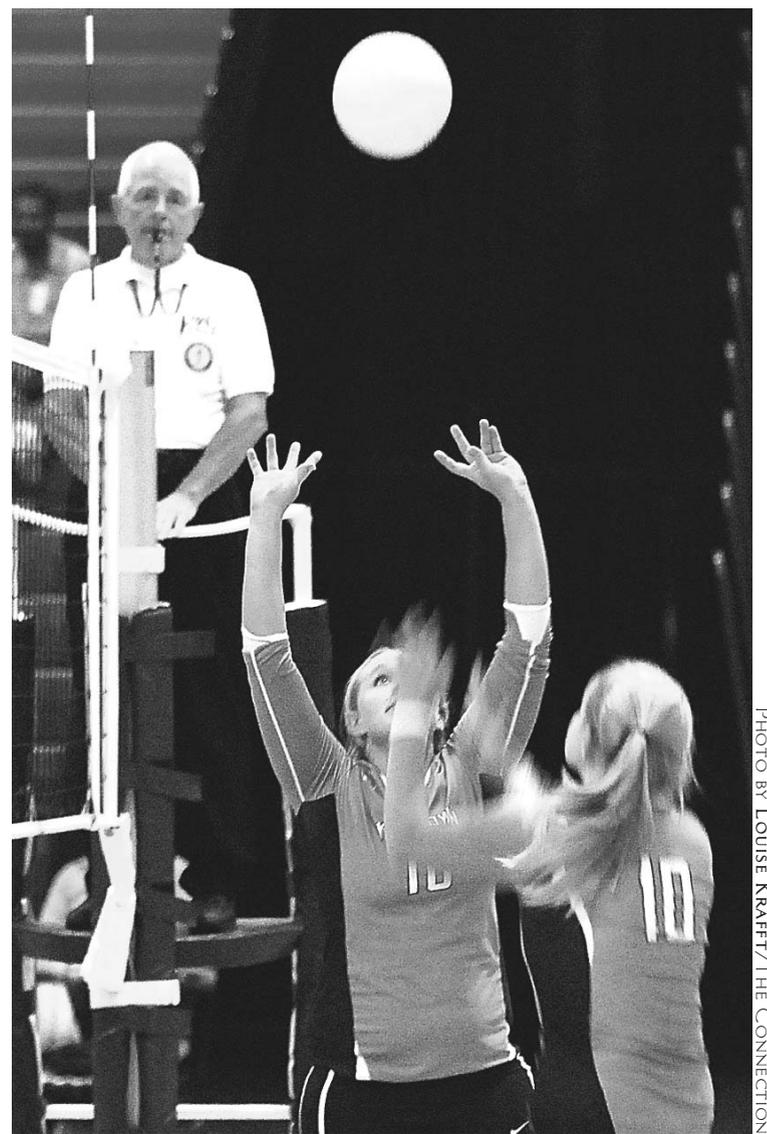
regionals. The boys basketball team, led by Mike Veith, advanced to the regional semifinals. The baseball, boys soccer, girls lacrosse and girls tennis teams won district championships. The girls lacrosse program has won five consecutive district titles and the boys soccer team has won four in a row. Junior tennis player Emily Flickinger finished the season 19-0 and won the AAA state singles championship. She also won the doubles title with sophomore Esu Erdenebat. The men's varsity first boat and the women's varsity first boat finished in the top 12 at the national crew championships, one of three public school programs to do so. Yorktown won the inaugural Mortgage National District Principals' Cup for the 2009-10 school year, awarded to the district's school with the best cumulative finish across all VHSL sponsored activities.

Historic Achievements: Flickinger and Erdenebat were the first state tennis champions in Yorktown's history. The girls swim and dive team won state in 2005-06 and 2006-07 and has won the National District championship for

13 consecutive seasons. The football team won region championships in 1988 and 1999.

Famous Graduates: Swimmer Tom Dolan, a 1993 graduate, won a gold medal in the 400-meter individual medley at the 1996 Summer Olympics in Atlanta and another in the 400 IM at the 2000 Olympic Games in Sydney. He also captured a silver medal in the 200 IM. The 6-foot-6 Dolan earned swimming accolades, which including setting a world record mark in the 400 IM, despite competing with exercise-induced asthma. CBS anchor Katie Couric (1975 graduate) and Google CEO Eric E. Schmidt (1972) are Yorktown alums.

Quotable: "It was nerve-wracking. ... I thought my baby was going to be delivered on the sideline." — First-year Yorktown girls lacrosse coach Anne Bodnar, eight months pregnant at the time, after her team held on to win the district championship against Hayfield by one goal despite the Patriots' best players — Hope Barrazotto and Olivia Shipley — watching from the penalty box during the game's closing minutes.



Yorktown vs. Hayfield varsity volleyball.

At Washington-Lee

School: Washington-Lee High School.

Mascot: Generals.

School Colors: Blue and Gray.

Athletic Director: Carol Callaway, 703-228-6207.

Football Coach: Josh Shapiro (fourth season).

The Generals started the 2009 season 0-3 while being outscored 114-14 by McLean, South County and Hayfield, but responded by winning five of their next six games. W-L had a shot at the playoffs, but lost to Yorktown in the season finale, extending its postseason drought to 34 years.

Boys Basketball: Bobby Dobson.

Girls Basketball: Angie Kelly.

Baseball: Doug Grove.

Rival School: Yorktown.

What Happened Last Season:

The field hockey team finished runner up in the National District. The boys lacrosse and girls soccer teams defeated rival Yorktown in their respective district championship games. Each team won a game at regionals. The baseball team finished runner up in the district and won a game in regionals.

Historic Achievements: The volleyball team last season defeated Yorktown for the first time in the program's history. The boys lacrosse team won its first National District championship.

Famous Graduates: Former Miami Dolphins safety Jake Scott graduated from W-L in 1963. Scott went

on to win two Super Bowls with the Dolphins (VII and VIII), intercepting a pair of passes in Super Bowl VII en route to game MVP honors. Running back Reggie Harrison (1969 graduate) won a pair of Super Bowls (IX and X) with the Pittsburgh Steelers. Actor Warren Beatty (1955) and actress Sandra Bullock (1982) also attended W-L.

Quotable: "We're going to be able to look back at 2010 forever. Right now you have plaques [for other W-L sports] hanging from 1942 — really old stuff. I'm glad we finally got ours up there and hopefully there will be a couple more up there." — First-year W-L boys lacrosse coach Patrick Gallagher after the Generals captured the program's first National District championship.

At Bishop O'Connell

School: Bishop Denis J. O'Connell High School.

Mascot: Knights.

School Colors: Blue and silver.

Athletic Director: Darrell Snyder, 703-237-1455

Football Coach: Steve Trimble.

The Knights started the 2009 season 3-0 and won four of their first five games, but lost their final five contests to finish 4-6. O'Connell, running the ground-oriented double wing offense, outscored opponents 109-74 during their 4-1 start before running into the teeth of their Washington Catholic Athletic Conference schedule.

Boys Basketball Coach: Joe Wootten.

Girls Basketball Coach: Jimmy Brown.

Baseball Coach: Rick Hart.

Softball Coach: Tommy Orndorff.

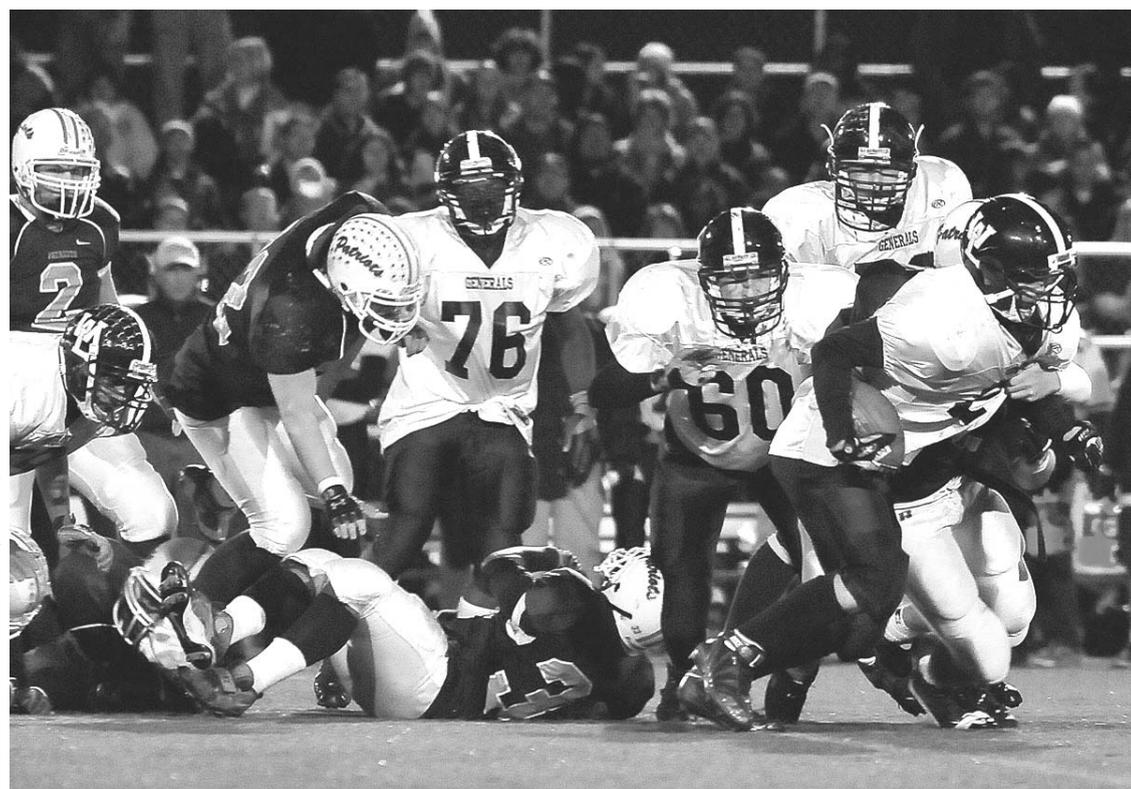
What Happened Last Year: The girls cross country team won the Virginia Independent Schools and WCAC championships. The girls soccer team lost to St. John's in the WCAC tournament quarterfinals. The boys basketball team won the VIS title, defeating Blue Ridge in the final, and lost the following day to Gonzaga, 63-61, in the WCAC semifinals. The softball team won the VIS and WCAC championships.

Historic Achievements: The softball program has won nearly 90 percent of its games in 25 seasons under head coach Tommy Orndorff. The Knights captured their 16th VIS title and 14th WCAC crown last season. O'Connell won 121 consecutive WCAC regular season games from

1999-2008. From 1997-99, the Knights went 106-2.

Famous Athletic Graduates: Eric Metcalf (1985 graduate) went on to play football at the University of Texas and was a first-round draft choice of the Cleveland Browns in 1989. Metcalf played running back and receiver but was most known for his exploits on special teams. He is the NFL's all-time leader in punt return touchdowns (10), a three-time pro bowler and a two-time first-team All-Pro selection. He also played for the Atlanta Falcons, San Diego Chargers, Arizona Cardinals, Carolina Panthers, Washington Redskins and Green Bay Packers. Metcalf was also a track standout at O'Connell, setting school records in the long jump, triple jump, 100, 200 and 400. He held find UT record and was top five in 15 other categories at the time of his 1989 graduation. Former Indianapolis Colts wide receiver and punt returner Terrance Wilkins graduated from O'Connell in 1994. Marcus Ginyard (2005) was the Gatorade Player of the Year and Mr. Basketball in the state of Virginia before playing at North Carolina. Kendall Marshall (2010) was a McDonald's All-American and considered one of the top point guards in the country. He will play for North Carolina in the winter.

Quotable: "It's always about us. We never look at what the other team is doing and get worried because that's when you start playing not to lose instead of to win. It was definitely key for us to just focus on what we were doing." — former O'Connell point guard Kendall Marshall after beating Bishop Ireton.



Washington Lee vs. Yorktown varsity football

SELF-STYLING



PHOTO BY DELIA SAVA/THE CONNECTION

Rosita Jain

Expressing One's Personality

BY DELIA SAVA
THE CONNECTION

Summer white shorts, as worn by Rosita Jain looked classic and cool, on a sweltering Sunday afternoon. The 38-year-old manager at an IT company was spotted in Clarendon looking fresh and polished. The length of these shorts are a smart choice for Jain who has slim, shapely legs; selecting the white wedges in the same color as the shorts elongate her silhouette, making her appear taller. A wedge is more comfortable than high heels for walking while still giving off a flirty vibe. Jain explained how she achieves her sophisticated, effortless look without breaking the bank.

What are you wearing?

This is my casual look for day — white shorts from White House/Black Market, a bright turquoise/white top from Banana Republic, and wedge sandals from DSW — I'm not sure of the brand but they are so cute! The silver/white bracelet is a gift from my good friend, author, Jess McCann.

Describe your style.

I would say that it's chic, fun, a bit edgy and smart.

Do you have any formulas for putting together your look?

My formula is to always look stylish because you'll feel good and you never know whom you might run into. I have a sense for style, so I think it just comes naturally. For me, it's not about shopping from the most expensive stores, rather it's about finding good deals and knowing how to put it together.

For you, what's the key to looking good?

I think, the key is to love your self, and to know your body type. Choosing styles that flatter your figure and express your personality.



Do you have any beauty secrets you'd like to share?

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Change - For the Worse



By KENNETH B. LOURIE

Of course, the Postal clerk wouldn't/ doesn't know I have cancer. How could she? It's not as if I am emblazoned with a scarlet "C" on my forehead (which is now mostly covered by a full head of hair, anyway) any more than I respond to any standard greeting by replying that I have cancer (see column entitled, "Fine," 8/4/2010). Still, in my head/brain, I can't help but filter everything I see - and hear, through that prism.

Consequently, when the clerk asked me if I wanted to buy a book of first class stamps (which I didn't need) to make her change-making of the twenty-dollar bill I had handed her less tedious (in fairness to her, all I owed was 34 cents. However, a twenty-dollar bill was all I had) and less problematic with respect to the cash she had in her register (now, in fairness to me; it was a Friday morning at 10 o'clock, she should have had plenty of cash on hand; it's the Post Office!), I hesitated. Not taking my hesitation sitting down (in point of actual fact, she was standing up), she proceeded to attempt to sell me on the benefits of buying 20 44-cent stamps: "They are a good investment. They're good to have." And then the killer, which sent me over the edge and onto a bit of a verbal tirade (although "tirade" is too strong a characterization of my outburst, even "outburst" is too strong a characterization. How about mild rebuke?): "They're forever stamps, they last for like 100 years." And before I went off, I went on the following internal thought process: As a cancer patient OR ANY OTHER HUMAN BEING having as a reason to buy stamps, that they will forever be first-class appropriate regardless of future price hikes - "for 100 hundred years," matters to me because, I'LL STILL BE LIVING IN 100 YEARS. Well, that finished me, or rather started me:

"What do you mean, 'They're good to have?' Is the Post Office closing tomorrow or something? Are you never opening again? 'Good investment?' Are my stamps gaining value every day that I don't use them? '100 years?' Is that reason to buy stamps so that I can still use them in a hundred years? That's so not that point."

Now my question is, if I were not living with a life expectancy-challenged time line, would I have reacted (you'll note, I didn't say, overreacted) in a similar fashion? Would the illogical ludicrousness of what she rationalized as reasons for me needing to buy stamps set me off if in fact I had 100 years still to live (instead of 100 days, hopefully a lot more, or less), not considering for a second whether the Post Office, as we know it, would itself even be around in 100 years? (I only know that it's pretty unlikely that I'll be around in 100 years.) The point is moot. I can't change who I am now and/or how I view the world - especially since I've become a member of the cancer club. I am forever affected by its insidious growth inside my body.

I don't blame the clerk for her ridiculous reasoning any more than I apologize for questioning her logic. It's not about her. It's about me. I don't want it to be, but it is. Cancer changes everything, even something as simple as a visit to the Post Office.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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INSIDERS GUIDE: SPORTS



PHOTO BY LOUISE KRAFT/THE CONNECTION

Wakefield varsity football

At Wakefield

School: Wakefield High School.
Mascot: Warriors.
School Colors: Kelly green and black.
Athletic Director: Noel Deskins, 703-228-6733.

Football Coach: Keith Powell, (fourth year)
 The Warriors finished the 2009 season 1-9, their lone win coming in the season finale against winless Mount Vernon. Wakefield had two losses (Dominion, Falls Church) by four points or less.

Boys Basketball: Tony Bentley
Girls Basketball: Marcia Richardson
Baseball: George Baker

What Happened Last Season: The boys basketball team lost to Stuart in the first round of the National District tournament. Senior Kireah Mathis represented the Warriors at the Northern Regional all-star game, hosted by Wakefield. The girls basketball team lost to Yorktown in the opening round of the district tournament. The baseball team finished 3-18, with wins over Falls Church (2) and Stuart, and was edged by Mount Vernon, 4-3, in the first round of the district tournament.

Historic Achievements: The Wakefield boys basketball program has eight region championships to its credit since 1951 and a state championship

in 1961, led by head coach Maynard Haitcock and co-captain Henry "Ric" Duques. The Warriors posted a single-season record 28 wins under coach Tony Bentley during the 2004-05 campaign.

Famous Graduates: Michelle Duhart (1996 graduate) played on the 1998-99 Purdue women's basketball national championship team, averaging 3.7 points, 5.7 rebounds and more than 30 minutes per game for the Boilermakers. The six-foot Duhart is Wakefield's all-time leading scorer with more than 1,000 points, and her No. 33 jersey is retired. Denver Broncos strength and conditioning coach Rich Tuten (1972) participated in football, wrestling and track for the Warriors. He enters his 16th season with the Broncos. Donna Floyd Fales (1958) was ranked in the United States Tennis Association top 10 from 1960-63 and 1965-66 and was the U.S. clay court singles champion in 1962. She was inducted into the Virginia All Sports Hall of Fame in 1997.

Quotable: "They played a better second half. They showed pride. They didn't lie down. They kept fighting, so that was good." — Head football coach Keith Powell on his team's performance against Robert E. Lee.

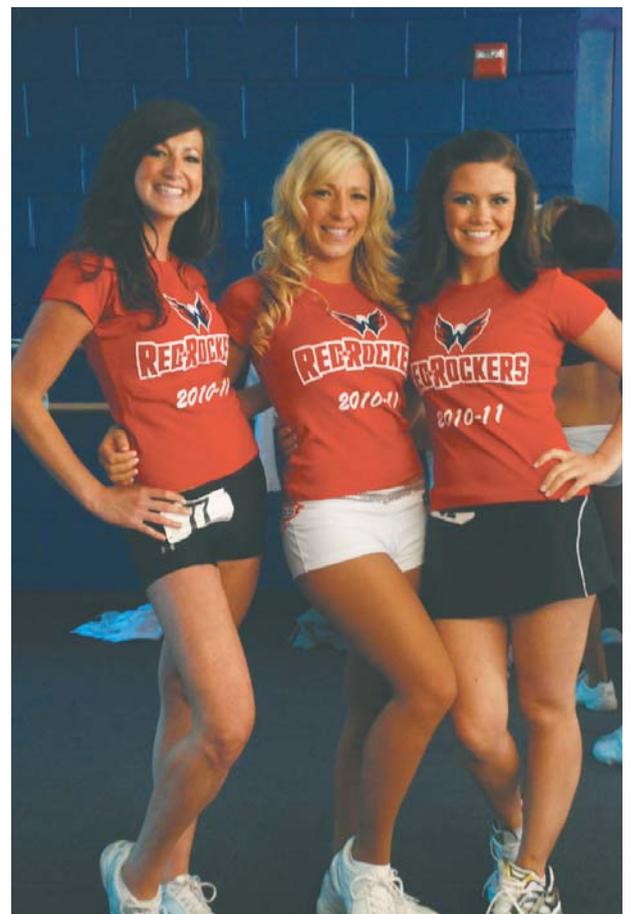


PHOTO BY LA SHAWN AVERY-SIMONS /THE CONNECTION

Red Rockers

Laura Hertzman, Keistie Muchnok, and Corrie Van Reuth, from Arlington, were selected for 2010-11 Red Rocket Cheerleaders for the Washington Capitals.

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21 Announcements 21 Announcements 21 Announcements

TRUSTEE'S SALE OF VALUABLE IMPROVED REAL ESTATE

Improved by the premises known as 2248 Central Avenue, Vienna, Virginia

In execution of a Deed of Trust from Ahmed Umar, dated June 14, 2004, and recorded June 15, 2004, in Deed Book 16167 at page 2029 among the Land Records of Fairfax County, Virginia, the undersigned substitute trustee will offer for sale at public auction at the front entrance of the Judicial Center for Fairfax County, at 4110 Chain Bridge Road, Fairfax, Virginia, on

Friday, September 3, 2010 at 11:30 a.m.

the following property being the property contained in said Deed of Trust, described as follows:

Lot 18-B, Campbell's Landing, Section ONE as per subdivision plat recorded in Deed Book 7619 at page 1982 as corrected and re-recorded in Deed Book 7661 at page 485, among the Land Records of Fairfax County, Virginia.

Commonly known as 2248 Central Avenue, Vienna, Virginia 22182.

TERMS OF SALE: A deposit of \$75,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 3.25 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the right: (i) to waive the deposit requirement; (ii) to approve or disapprove the creditworthiness of any bidder and/or purchaser; (iii) to withdraw the property from sale at any time prior to termination of the bidding; (iv) to extend the time for bidding; (v) to reject any or all bids; (vi) to postpone or set over the date or time of sale; and (vii) to extend the period of time for settlement hereunder.

Additional terms and conditions of sale may be announced at the time of sale.

DAVID N. PRENSKY
Substitute Trustee

FOR INFORMATION CONTACT:
David N. Prenskey
Chasen & Chasen
5225 Wisconsin Avenue, N.W. #500
Washington, D.C. 20015
(202) 244-4000

ABC LICENSE
Burke Retirement Center Limited Partnership trading as Heatherwood Retirement Community, 9642 Burke Lake Road, Burke, VA 22015. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Mixed Beverage on Premise license to sell or manufacture alcoholic beverages.
W. Heywood Fralin, President, Retirement Unlimited, Inc.

ABC LICENSE
Mad Rose, Inc trading as Mad Rose Tavern, 3100 Clarendon Blvd, Arlington, VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Beer, Wine and Mixed Beverage on Premises license to sell or manufacture alcoholic beverages. Naeem Mohd (president)

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ABC LICENSE
Prathumwal Uthes trading as Burapa Thai and Sushi Restaurant 1210 N. Garfield Street, Arlington, VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Mixed Beverage on premise license to sell or manufacture alcoholic beverages. Prathumwal Uthes, owner.

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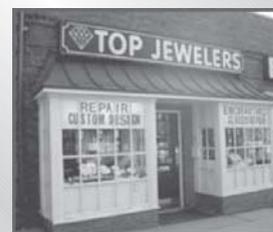
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