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PHOTO BY BARRY WHEELER

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NEWS

It's Back to School for Senior Citizens

BY DONNA MANZ
THE CONNECTION

It's back to school ... for K-12, for college students, for preschoolers and for senior citizens whose thirst for knowledge has not ended. For the older demographic, there is the Adventures in Learning program, administered by Shepherd's Center of Oakton-Vienna [SCOV].

The Adventures in Learning [AIL] program is open to all adults age 50 or older. Three eight-week semesters offer topics ranging from health and wellness to world affairs, national affairs and philosophical exploration, led by experts in their fields, from retired State Department personnel to health care professionals. There's fun stuff in there, too. Classes, at one hour long, are held at Unitarian Universalist Congregation of Fairfax (UUCF) on Hunter Mill Road in Oakton.

"It's a lifestyle of continued learning," said AIL committee co-chair, Kathy Tugendhat of Vienna. "I love the classes. People come to them because they're stimulating and interesting and you're always learning something new."

"It's expanding one's life experiences," Tugendhat said.

When Tugendhat moved to Vienna in 1998, she knew no one but her son. All that changed when a neighbor handed her a flier promoting Adventures in Learning. Tugendhat thought a program like this would be a good way to meet people. She was right.

Tugendhat did not just take classes. She quickly immersed herself in volunteer opportunities and made many close friends who are also volunteers. Tugendhat co-chairs the AIL committee with Mike Garbacz of Oakton.

SCOV AND AIL participants hope that younger people, baby boomers newly out of the work force, will consider taking AIL classes. "You can meet many delightful older people who are very smart and friendly," Tugendhat said.

One of the delightful older people you may meet is Florence Andrews who said that one of the reasons she moved from Pennsylvania to the Vienna area in 2007 was the Adventures in Learning program. A retired activities director in a Pennsylvania nursing home, Andrews knows the importance of keeping alert and the brain active as people age. One of Andrews' most-enjoyed pro-



Casey Tarr and Mary Ann Hankin at Adventures in Learning registration desk in this 2009 photo.

grams is Socrates Corner, led by Bruno Walker. It's eight weeks of discussion on philosophical topics, such as hope or justice, the class chooses from week to week. Another favorite of Andrews' is World Affairs, which brings in 65 people at a time, Andrews said. She estimated she has taken 10 to 12 eight-week sessions since she started.

"There's only 65 of these units in the U.S.," said Andrews. "Everyone else wishes they had them."

"AIL is more challenging than the senior centers. Senior centers are wonderful, but this is better."

Andrews said she takes AIL classes for several reasons. One, she said, is that it is important to stay informed on what is going on in the U.S. and the world. "It's imperative for everybody to keep up with current events," Andrews said. She gave credit to the social element, as well. Calling herself a coffee pot volunteer, Andrews said that during lunch break, participants bring their own lunch and AIL supplies coffee and dessert. It's a time for socializing.

Tanya Hassan is fluent in Russian, German and English. She discovered AIL "quite a few years ago," and has both taken classes and instructed others. "I walked into the room [the first time] and it was filled with the most intelligent, stimulating, wonderful older people," Hassan said. "Not only intelligent, clever people but they ask good, thoughtful questions."

PARTICIPANTS in a memoir writing class Hassan taught a couple of years ago still meet even though the classes are over.

"I think this is one of the most important establishments ever done for old people," said Hassan.

Continuing series include health and wellness, World Affairs, National Affairs, T'ai Chi and bridge. Beginners' bridge class and chess class will be introduced in the fall session. The AIL committee is open to new ideas and class suggestions, and frequently, someone knows someone who would make a good speaker. An American who spent a week in a German POW camp was invited to speak in the fall in a single-class presentation after a committee member heard him speak in another venue.

The classes that Ralph Nider, a former diplomat, leads are always over-subscribed, Hassan said. George Mason University sends over two professors every semester to give classes.

"Come to SCOV during one of these classes, because once you come, you'll never leave," said Hassan.

Open house and registration day for fall semester is Thursday, Sept. 23, from 10 a.m. to 12 noon at Unitarian Universalist Congregation of Fairfax (UUCF), 2709 Hunter Mill Rd., Oakton.

The \$40 registration fee covers all classes in a single semester.

SEE CENTER, PAGE 5



In this photo from the 2009 Middle Eastern Food Festival, Marianne Tahhan, Barbara Fleshman, Jennifer Bawab (back), and Nikki Haddad take orders for Middle Eastern main dishes and sandwiches.



Omar Samaha oversees meat roasting on spits at Holy Transfiguration's annual Middle Eastern Food Festival in 2009.

Food Festival Highlights Labor Day Weekend

BY DONNA MANZ
THE CONNECTION

When the parishioners of Holy Transfiguration Melkite Greek-Catholic Church in McLean throw a food festival, they bring food and festival to new heights. Grilling and spit-roasting over 2,000 pounds of lamb, beef and chicken, offering more than 10,000 pieces of confections on a 30-foot long display, providing authentic Middle Eastern dance and music, and sharing warm hospitality are the mainstays of the church's annual Labor Day weekend Middle Eastern Food Festival. The 17th festival runs from 11 a.m. to 11 p.m. on Saturday, Sept. 4, and noon to 6 p.m. on Sunday, Sept. 5. The afternoon highlight both days is the lamb dinner prepared from a whole animal roasted outdoors on a spit.

"The whole point of this food festival is to be able to work side by side with other parishioners in service to the community," said parishioner and altar server Sabatino Carnazzo.

"We're here to open a door to people of all faiths and cultures and welcome them to our home," Carnazzo said.

Accompanying the food and cultural performances are children's activities and vendors offering Middle Eastern products. But it is the authentically prepared food that draws more than a thousand guests to the festival.

ROASTING ON OUTDOOR

SPITS are lamb, beef and chicken. In the kitchen in the church hall, volunteers make sandwiches and platters to serve upon order.

Among the dishes served at the food festival are kebabs of lamb, chicken and beef, shawarma, marinated meats in pita bread, stuffed grape leaves and platters. Desserts include baklava and date or nut-filled maamoul among the assortment of dozens of varieties of sweets.

"It's the best, most family-friendly, most fun and enjoyable event that takes place on Labor Day weekend in the Washington area," said Carnazzo.

"Building bridges of understanding" is the motto of Holy Transfiguration's food festival.

Parishioners are likely to quote Father Joseph Francavilla who is given to say you can't eat with someone and hate them. "You can't be an enemy with someone you've shared bread with," Father Francavilla said in a 2009 interview. In that same interview, "Father Joe" called Middle Eastern hospitality legendary. "Welcoming guests, sharing food with them, is part of their culture," he said at the time. "People know that when they come to these ethnic festivals, they're going to get homemade food, authentic, really good food."

When one festival ends, volunteers start planning the following year's. "It takes a full year of preparation by committed and dedicated volunteers to

SEE FESTIVAL, PAGE 7

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BACK TO SCHOOL

Oakton High Introduces 'Cougar Time'

As we are approaching the beginning of yet another school year, The Connection has asked area schools' principals to respond to the following three back-to-school questions:

1. What is the most exciting news in your school approaching a new school year?
2. What is your single most important goal (in a new school year)?
3. Some of the upcoming events at the school?

John Banbury, Ed. D., Principal, Oakton High School

1. An exciting new initiative at Oakton High School this year involves a change in our master schedule. We will institute time during the school day for support for students for intervention or enrichment. "Cougar Time" will occur on Monday, Tuesday, Thursday, and Friday between 8:55 and 9:30. All students will attend a class where they need extra time. We will be continuing our practice of high expectations and will help



support students by:

- ❖ Assuring students who experience difficulty are given extra time and additional support for learning
- ❖ Providing timely intervention at the first indication of difficulty in a way that does not remove students from the classroom during new direct instruction.

❖ Being fluid, moving students in and out of various levels of intervention depending on their demonstrated proficiency.

2. The fundamental purpose of Oakton High School is to help all students achieve high levels of learning. Learning occurs in a student centered learning environment. Our teachers work to create and build relationships that promote a safe and positive environment that facilitate student responsibility, self-motivation and self-evaluation.

3. Packet/Schedule Pick-Up for 10th-12th grades will be only on Thursday, Sept. 2, 7 - 11 a.m. and 3 - 7 p.m. in the cafeteria. Freshman orientation is on Thursday, Sept. 2 at 1 p.m. Freshmen will receive their packets and schedules at orientation. Our annual Outback Bowl is our first game of the year. It will be Sept. 3, at 7:30 at Madison. Our band and our dance teams will perform. Our Homecoming is on Sept. 24, we will play Annandale High School.

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Jeanette M. Black, Principal, Vienna Elementary School
[pictured with John Carmichael, Assistant Principal]

1. We are thrilled that our 2-year renovation project is nearing completion. We are so proud of the beautiful new spaces for our students and staff.
2. We will continue our focus on student achievement for all of our students by increasing student engagement in learning. We want to increase the achievement of our struggling learners and raise the bar for our students who achieve at high levels. Vienna ES is a caring community and our teachers will collaborate on the use of best practices and ways to help every student succeed!
3. Some of the upcoming events include: Renovation Celebration - in October. Date TBD. Open House - Sept. 2; Back to School Night - Sept. 22.



Celebrating Golden Anniversary

Buddy and Gloria Payne will celebrate 50 years of marriage on Sept. 3, 2010. The couple grew up in Arlington and both attended W-L High School. They currently reside in Vienna and have four daughters and 11 grandchildren. The couple will celebrate the special occasion by taking a brunch cruise on the Spirit of Washington with their children: Kim and Scott Shanklin, Patti and Mike Stoll, Pete and Laurie Gaffney, and Jen and Doug Booth. Also attending will be the 11 grandchildren: Billy, Amanda, Ashley, Brian, Patrick, Allison, Nicholas, Morgan, Maddy, Taylor and Whitney.



NEWS

Center of Knowledge

FROM PAGE 5

Classes are held every Thursday, Sept. 30 – Nov. 11, 2010.

“The classes are well-worth \$40,” said Hassan. “It’s like giving it away.”

Shepherd’s Center of Oakton-Vienna, organized in 1997, is one of the nearly 70 Shepherd’s Centers nationwide. SCOV is a non-profit, volunteer-based, interfaith organization sponsored by area congregations and community groups to serve older persons in the Vienna and Oakton areas by providing them with resources to live independently and to offer programs which enrich, teach and offer means of socializing. SCOV encourages seniors to help other older adults.

To learn more about SCOV or its Adventures in Learning program, go to www.scov.org or call 703-281-0538. E-mail with questions to office@scov.org

SCOV office hours are 10 a.m. to 2 p.m., Monday through Friday, Room 203, Vienna Baptist Church, 541 Marshall Road SW, Vienna.

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NOTICE OF PUBLIC INFORMATION WORKSHOPS

On Proposed Updates to Phase 2 Design of the Dulles Corridor Metrorail Project

The Dulles Corridor Metrorail Project will hold two public information workshops to update the public on the latest design plans for the 11.6 mile section of Phase 2 of the Dulles rail project from Wiehle Avenue on the eastern edge of Reston in Fairfax County to Route 772 in Ashburn in eastern Loudoun County. Information will be provided on the six new Metrorail stations in Phase 2, including an alternative option for the Washington Dulles International Airport station. The other Phase 2 stations will be located near Reston Parkway, Herndon-Monroe, Route 28, Route 606 and Route 772. The meetings will be held:



- **Monday, September 13 – 6:00 p.m. to 8:00 p.m.**
Sheraton Reston, 11810 Sunrise Valley Drive, Reston VA 20191
- **Tuesday, September 14 – 6:00 p.m. to 8:00 p.m.**
Loudoun Heritage Farm Museum, Claude Moore Colonial Farm, 21668 Heritage Farm Lane, Sterling VA 20164

The meetings will be held in open house format and will provide an opportunity to learn about and comment on the changes. If you need special assistance, including a request for an interpreter, please call 571-265-2658 or TDD 711 by Friday, September 10.

Information on the latest plans for Phase 2 will be available on the Dulles Metrorail Project website www.dullesmetro.com on September 2. Comments on these plans can be made online by visiting the website www.dullesmetro.com after September 2 by clicking on the “Phase 2 Information” section. Written comments can also be emailed to Phase2Comments@dullesmetro.com or mailed to: Dulles Corridor Metrorail – Phase 2, c/o Cordell & Crumley, PO BOX 2562, Reston, VA 20195.

The comment period ends October 1, 2010.



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Code Red

This summer, despite the heat, we've had fewer "Code Red" air quality days than one might have expected, possibly a result of the slower economy.

On "Code Red" days, children, older people and people with asthma, heart or respiratory problems should reduce outdoor activities. Even healthy individuals should limit strenuous outdoor work and exercise.

EDITORIALS

The primary causes of air pollution in Northern Virginia are vehicle emissions and pollution from coal-burning power plants here and to the west.

Approximately 60-70 percent of the pollutants that cause ground-level ozone are created from vehicles, lawn mowers, other garden equipment and common household products, according to the Washington Metropolitan Council of Governments.

VIEWPOINTS

What was your favorite summer memory?

— VICTORIA ROSS



Katherine Tomlin, 7, McLean

"I loved going to this huge candy store in Kittery, Maine called Yummies. They have about 10,000 kinds of candy, and lots of old-fashioned stuff like Pez and Juicy Pops. I got a Pixie stick that was about 5-feet long."



Michael Selton, 12, Cooper Middle School, McLean

"We went to the beach in New Jersey, and I got to see all of my cousins, which was really cool. I also really liked visiting my grandmother in New York City."



Jack Stipe, 9, Oakton Elementary School, Vienna

"We went to the lake and Medieval Times for my birthday, but I think my favorite summer memory is going to tennis camp in Fairfax for two weeks. I won three trophies, and one was a 1st-place trophy. I was kind of surprised because I had never won a 1st-place trophy before. Tennis is definitely my favorite sport now."



Dylan Hughes, 9, Oakton Elementary School, Vienna

"My favorite memory is going to Cedar Point (amusement park) in Ohio. I went on my first upside-down ride, and all these other crazy rides.

They have the Millennium Force roller coaster, which goes from like zero-to-125 mph in 3 seconds. It's about 300-feet tall, and you go straight up and then dive to the ground at an 80-degree angle, which is past vertical. It was so cool! We were the first in line for that ride, and my mom even went on it."



Jake Hughes, 12, Thoreau Middle School, Vienna

"We went to New Orleans this year, and we flew because everyone in my family loves to fly in airplanes. My grandmother lives in Slidell, which is close to New Orleans. It was my first time there, and we had a lot of fun. We went walking around the French Quarter, and I got to eat crawfish for the first time. It was pretty good; it tastes kind of sweet. Some of my aunts crack off the head, and then suck out the insides. It sounds gross, but that's how they eat crawfish."

Here are a few suggestions to help air quality in the short term:

- ❖ Limit driving, combine trips or work from home.
- ❖ Use area bus and rail lines.
- ❖ Avoid mowing lawns with gasoline-powered motors.

- ❖ Refuel vehicles after dusk; avoid idling.
- ❖ Conserve electricity, turn up the thermostat for air conditioning, turn off unneeded lights.

For the air quality forecast for Northern Virginia and links to maps, see <http://www.deq.virginia.gov/airquality>.

Starting School after Labor Day

We cruise into the last week of summer vacation for most Virginia school districts with temperatures in the high 90s and "Code Red" air quality, the state mandate to delay opening schools until after Labor Day doesn't seem like such a bad thing.

While students across the river in Montgomery County headed back to the classroom on Monday, Aug. 30, Virginia students have an

extra eight days of summer break.

Long held up as an example of corporate influence over the General Assembly (King's Dominion makes strategic donations to state delegates and senators while lobbying for the "start after Labor Day" rule), if the result is that families have a little more time for vacation, possibly giving the economy a little boost in the process, perhaps no harm is done.

LETTERS TO THE EDITOR

Alarming Decisions

To the Editor:

The School Board will stop at nothing to use our kids in the SOL game, resulting in total disregard for community schools, reasonable start times and bus rides, along with three lawsuits in the last three years. The most recent lawsuit was filed by Clifton Elementary parents to reverse the decision to close one of the highest performing schools in the region. During the vote to close the school, the School Board stated that the "renovation costs per student" were too high, even though the recent Capital Improvement Plan FY2011 - 2015 indicated that there are many schools smaller than Clifton and eight with higher renovations costs per student. Be forewarned - more schools will be closed without regard to sound financial, educational, community and environmental impact assessments - just because the school board says they "can do it." Clifton parents did not want their school renovated, but the school board insisted - because the school board "knows what is best" for our children. We are sick and tired of the backroom deals and when one school board member admitted to backroom deals on the night of the vote, I became sick to my stomach. Is this any way to run a school system? Parents, I ask you. We must bond together, voice our opinions and use our vote. It's not an option - our kids are depending on it.

Kim Farrell
Vienna

NEWS

Festival Celebrates Diversity

FROM PAGE 3
welcome what is now a few thousand people over the weekend," said Carnazzo.

THROUGHOUT THE FALL, church bakers begin making cookies and pastries to sell at Holy Transfiguration's annual holiday sweets sale. The sweets committee takes orders for the confections

and buyers pick up their orders the first week of December.

The Catholic faith that Holy Transfiguration follows originated in Antioch many centuries ago. Most of the McLean church's parishioners are of Lebanese descent and the food and music featured at the food festival are part of their home lives. "Our festival is open to all peoples, all cultures, all

faiths, all of whom are our brothers and sisters," said Carnazzo. For more information on the 17th Annual Middle Eastern Food Festival hosted by Holy Transfiguration Melkite Greek-Catholic Church in McLean, go to <http://www.middleeasternfoodfestival.com/>. To learn more about the church, see <http://www.holytransfiguration.org/>.

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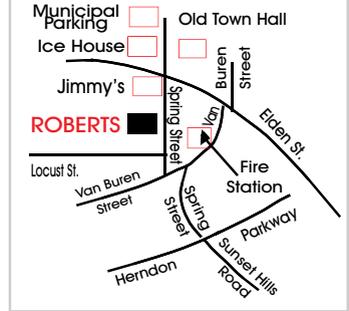
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Fairfax Symphony Orchestra Opens New Season on Sept. 11.

The Fairfax Symphony Orchestra's 2010-2011 season repertoire will include performances at George Mason University's Center for the Arts in Fairfax, and the expansion of their performances to the new Hylton Performing Arts Center on the GMU campus in Manassas.

"We are thrilled to be performing in Merchant Hall at the stunningly beautiful new Hylton Performing Arts Center," said Elizabeth Murphy, Executive Director of the Fairfax Symphony Orchestra.

Maestro Christopher Zimmerman, who is entering his second year as Fairfax Symphony Orchestra's music director said, "This is a great opportunity for the orchestra to expand both its audience and its opportunity to play together. This orchestra is definitely up to the challenges presented by adding another venue."

THE SEASON will open **Sept. 11** with **Tchaikovsky's The Tempest Fantasy-Overture**, **Schumann's Piano Concerto**, and **Rachmaninoff's Third Symphony**. Tchaikovsky and Rachmaninoff have always been staple fare of the FSO - and deservedly so, since these two composers have penned some of the most heartfelt and passionate music ever. "Here are two major works of theirs which, unaccountably, are not particularly known to both orchestras and audiences alike, but they show every bit the inspiration and mastery of their better known cousins *Romeo and Juliet* and *Symphony No. 2*," said Zimmerman. The guest artist is the **French pianist Philippe Bianconi** who, according to Zimmerman, "is both a beautiful pianist and profound interpreter."

The **Oct. 23** concert highlights the FSO and the fine players within it. As part of its three-year **Sibelius** exploration, the FSO will perform the symphonic fantasy **Pojhola's Daughter**, another of his wonderfully evocative tales. **Mozart's Sinfonia**

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2010-2011 Season

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Saturday - September 11, 8:00 p.m.

Philippe Bianconi, piano

George Mason University Center for the Arts

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- SCHUMANN: Piano Concerto
- RACHMANINOFF: Symphony No. 3

Upcoming Concerts

October 23rd - November 20th - January 15th
March 19th - May 14th

Tickets: 888-945-2468 or www.fairfaxsymphony.org
Subscriptions: 703-563-1990



Jim Donahue and Lisa Baltzer of Vienna are looking forward to a new Fairfax Symphony Orchestra season, opening on Sept. 11.

Concertante features **FSO Concertmaster, David Salness**, and **Principal Viola, Gregory Rupert**, as soloists. **Bartok's Concerto for Orchestra** makes similar virtuosic demands on individual players and orchestral sections alike, allowing the FSO to, as Zimmerman says, "place the spotlight on itself."

On **Nov. 20**, guest conductor **Eckart Preu** will lead the orchestra in a performance of music from the first half of the 19th century and the second half of the 20th. "Maestro Zimmerman described the musical selections as "sparkling, clean, and clear." "The mischief and humor of **Rossini's La Cenerentola Overture** contrasts with the drama and poetic introspection of **Mendelssohn's Symphony No. 3** of the early Romantic Period. "Both are counterbalanced by the unpredictability and rhythmic intensity of **John Adams' Violin Concerto** which reaches almost hypnotic proportions when played by guest artist, **Timothy Fain on violin**.

The **Jan. 15, 2011** program will mark both the Fairfax Symphony's first concert in a series of double performances, and its **debut performance at the beautiful new Hylton Performing Arts Center** in Manassas. From England, Central Europe and the United States, Zimmerman has chosen three masterpieces which he believes aptly

exemplify Western music's profound and beautiful legacy. **Bernstein's Overture to Candide** and **Dvorak's Symphony No. 9, "From the New World"** are traditional audience favorites, beloved in the repertoire. **Walton's Violin Concerto, not as frequently performed, will feature guest artist Chee-Yun**, who returns to the FSO after her acclaimed performance of Sylvie Bodorova's *Concerto dei Fiore* in its 2008-2009 season.

The first part of the 20th Century was one of the richest and most exciting eras in all of Western music, with composers reacting and responding to a successful aesthetic which had reached saturation point, i.e. the opulent orchestral language of the late Romantics. On **March 19, 2011** the FSO will present **Webern's Six Pieces for Orchestra** (revised/reduced version) and **Sibelius' Symphony No. 5**. "Written within only a few years of each other," said Maestro Zimmerman, "Sibelius and Webern's creations here show just how differently beautiful works of art can be expressed in the hands of great and sensitive composers. There, the prevailing techniques and modes of expression seem to have been shattered in the pursuit of a new voice." Sibelius' 5th Symphony is also programmed as part of the FSO's ongoing exploration of his symphonic development.

"In his own way, too, Beethoven can be regarded as an artist who seemed to "tear up the rules" in his need to express himself fully," Zimmerman said. **Beethoven's Piano Concerto No. 5**, his final piano concerto, will be played by the eminent Finnish pianist, **Matti Raekallio**.

The Fairfax Symphony Orchestra's 2010-2011 season will close with another double performance on **May 14, 2011 at GMU's Center for the Arts in Fairfax** and on **May 15 at the Hylton Performing Arts Center in Manassas**. The **Fairfax Choral Society**, with Artistic Director Douglas Mears, and the **Reston Chorale** with Artistic Director David Brian Lang, join the FSO in a performance of **Mahler's spectacular Symphony No. 2, "Resurrection."** A step beyond Beethoven's 9th, "Resurrection" is a musical journey which speaks of the human condition in all its complexities and paradoxes and touches on the nature of existence, religion, and the afterlife. "Only Mahler could embrace such an ambitious agenda and succeed in producing one of the most exciting, beautiful and exultant works that has yet been written," said Zimmerman.

SUBSCRIPTIONS are available by calling 703-563-1990 or on the Web at www.fairfaxsymphony.org. Single tickets for the 2010 - 2011 Season range from \$25 - \$55 (Fairfax) and from \$25-\$45 (Manassas).

Directions to the concert halls and information on the FSO's education and outreach programs, podcasts, and other activities may also be found on the FSO's Web site. Program notes for each concert are posted on the site at least one week prior to the performance.

The orchestra is supported in part through funding by the Virginia Commission for the Arts, the Arts Council of Fairfax County, and the County of Fairfax, along with generous support from corporations, foundations, and individuals.

FSO PROFILES

A Lifetime of Teaching and Playing

Name: Lisa Baltzer
Age: 0
Instrument(s): Viola. Occasionally, keyboard instruments, too.
E mail: lisa@thebaltzers.com
Town of Residence: Vienna
Years in FSO: More than 45 years.
Studied Music At: St. Louis area, U of I, U of M
Career Outside of FSO: I gave piano lessons in my home for many years until I retired about ten years ago.



Lisa Baltzer

Groups Other Than The FSO: Free lance gigs, mostly in churches, especially my own church.

Did you grow up/go to high school or college in this area? I grew up in the St. Louis, Mo. suburbs. Graduated from the University of Illinois and the University of Michigan.

What sparked your interest in music? How old were you? My family is musical, and from a young age, it seemed natural that I would follow in their footsteps. One thing led to another, and I have been fortunate to enjoy a lifetime of teaching and playing.

What is one piece of advice you would give to a young person who is deciding how serious he/she is about music? If you love playing music, give it a serious try. Even if another career wins out, music can be for you a very fulfilling avocation.

What is one piece of advice you would give to someone who has stopped playing an instrument but would like to take it up again? Just do it!

What is your favorite piece to play? Anything by Mozart, especially the symphonies and piano concertos.

Do you have relatives/children who also perform? A couple of grandchildren who are discovering they like music a lot...

Where do you "hang out?" What do you like to do when you are not working? Spending time with others. Listening to music, attending concerts. Sharing meals with friends.

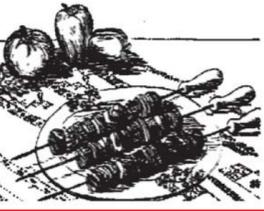
What is your favorite thing about playing with the FSO? Being a small part of a great and glorious whole, and, of course, the wonderful friendships forged over many years of making beautiful music together.

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McLean Community Center Governing Board
Work Session on Draft FY2012 Budget
(July 1, 2011-June 30, 2012)
Wednesday, Sept. 8, 2010 at 7:30 p.m. at the Center

Notice of Public Hearing on Proposed FY2012 Budget
Wednesday, Sept. 22, 2010 at 7:30 p.m. at the Center.

The current fiscal year has a tax rate of 2.4 cents per \$100 of real estate assessment, reduced from the previous fiscal year's rate of 2.6 cents.

Residents who wish to speak at the Public Hearing are asked to call 703-790-0123, TTY: 711, to be placed on the speakers' list. Details of the draft budget will be available during the Work Session. Copies of the proposed budget will be available before the Public Hearing.

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CALENDAR

Send announcements to vienna@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com

THURSDAY/SEPT. 2

Opening Reception for "Pieces and Parts". 6-8 p.m. at the Vienna Arts Society Art Center, 115 Peasant St. N.W. in Vienna. Experimental art forms show. 703-391-3971 or www.ViennaArtsSociety.org.

Thee Original Judge, D-Madness, Open 24, MOJO and Lucky Dub. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

Parent & Child Fishing Adventure. 5 p.m. at Riverbend Park, 8700 Potomac Hills St., Great Falls. Boats and PFDs provided, fishing rod rental available. Participants must be at least five years old and weight a minimum of 30 pounds. Maximum capacity per boat is three people. No experience necessary. \$10 per person. Register at 703-759-9018.

FRIDAY/SEPT. 3

Future, Mantras and Among Criminals. 9 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

Sit-On-Top Kayaking and Fishing. 5 p.m. at Riverbend Park, 8700 Potomac Hills St., Great Falls. Join a park naturalist for instruction in kayaking and fishing for smallmouth bass and sunfish. Kayaks, paddles and PFDs provided, fishing rod rental available. Participants must be at least 16 years old. \$77 per person. Register at 703-759-9018.

Opening Reception for "Signs of the Season". 7-9 p.m. at The



GFFFTA Gallery, 1144-D Walker Road, Great Falls. Group show of works by members of the Artists' Atelier. mcnairbishop@verizon.net.

SATURDAY/SEPT. 4

The Downtown Fiction, Struan Shields and New Crystal Dolls. 5:30 p.m. and 9 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

Fairfax County Master Gardeners. 10 a.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Horticultural tips, information, techniques and advice to home gardeners. Adults. 703-293-6227.

SUNDAY/SEPT. 5

Butterfly Garden Guided Tours. 3 p.m. Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court,

There will be an Opening Reception for the "Pieces and Parts" experimental art forms show, 6-8 p.m. on Thursday, Sept. 2, at the Vienna Arts Society Art Center, 115 Peasant St. N.W. in Vienna. 'Halls of Power', pictured above, is a mixed media painting by D. Marshall Elliott. 703-391-3971 or www.ViennaArtsSociety.org.

Vienna. An introductory guided stroll. Learn how the gardens attract butterflies. Members free, non-member adults \$4, seniors and age 7-17 \$1.50, under age 6 free. Rental binoculars available at the Visitor Center. 703-255-3631, ext. 0 or www.nvrpa.org/park/meadowlark_botanical_gardens.

Vienna Volunteer Fire Department Bingo. 7 p.m. at the VVFD, 400 Center St. South, Vienna. Games held every Sunday in the Flame Room. www.vvfd.org.

Jammin' Java's Songwriters' Circle: A Tribute to Bruce Springsteen. 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

Early Fall Tour of the Potomac Valley Native Plant Collection. 2 p.m. at Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna. Learn about goldenrod, sunflowers, wild senna, and other late-blooming plants. Free and open to the public. 703-255-3631.

SEE CALENDAR, PAGE 11

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CALENDAR

FROM PAGE 10

MONDAY/SEPT. 6

Open Mic Showcase hosted by Ron Goad. 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

TUESDAY/SEPT. 7

Zeroshift, Black Dog Prowl, One Ton Wonton and Pollock. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

English Conversation Group. 7 p.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Conversation group for adults learning English. 703-293-6227.

What's On Your Mind? 1 p.m. Patrick Henry Library, 101 Maple Ave. East, Vienna. Stop by and share any concern you may have on any issue with Supervisor Hudgins. Adults. 703-938-0405.

WEDNESDAY/SEPT. 8

Jonathan Mudd and Drew Gibson. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

Meet the Harleys! 6 p.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Get an up-close look at real Harleys, have your photo taken with a Harley and meet the people who ride them. Harleys will be on parking deck G2. All ages. 703-

293-6227.
Lapsit Storytime. 10:30 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Stories, fingerplays and activities. Ages birth-23 months with adult. 703-757-8560.

Treasured Three to Fives. 10:30 a.m. Patrick Henry Library, 101 Maple Ave. East, Vienna. Stories and songs. Age 3-5 with adult. 703-938-0405.

THURSDAY/SEPT. 9

Life Rocks! Benefit Concert to Support Youth Suicide Prevention. With Berret & Harrison and Reedo. 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

Experimenting With Color. 4 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Hands-on experiments help explain why the sky is blue and leaves are green. Learn to split light, create color and create secret messages. Ages 6-12. 703-757-8560.

FRIDAY/SEPT. 10

"Mauritius". 8 p.m. at 1st Stage, 1524 Spring Hill Road, Tysons Corner. Estranged sisters discover a book of rare stamps after their mother's death, then three seedy collectors arrive. \$25 adults, \$15 students. www.1stStageTysons.org/mauritus or 703-854-1856.

Lord of the Rings: Return of the King - Movie and Orchestral Performance. 7:30 p.m. at Wolf Trap Foundation for the Performing Arts, 1551 Trap Road, Vienna. \$44-\$471. 703-938-2404 or www.wolftrap.org.

McLean AAUW 41st Used Book Sale. 9 a.m.-7 p.m. at McLean Community Center, 1234 Ingleside Ave., McLean. Free admission. 703-356-8364 or www.mcleanaauw.org.

Grand Prix Lightweight MMA Tournament. 8 p.m. at George Mason University Patriot Center, 4500 University Drive, Fairfax. An eight-man, single-elimination tournament taking place in one night. Tickets \$24-\$350, available at ticketmaster.com.

Dreaming Of Eden, Madrone and Get Up Texas at 6 p.m., **SNRG Fireday** at 10 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

17th Annual Koi Show. 9 a.m.-5 p.m. at Meadowlark Botanical Gardens, 9570 Meadowlark Gardens Court, Vienna. Exceptional fish, vendors, bonsai and more. 703-255-3631.

SATURDAY/SEPT. 11

Artist's Reception. 4-6 p.m. at Red Caboose Gallery, 138 Church St., N.E., Vienna. "Yield" with painter and illustrator Norman Grandstaff. The exhibition will continue through Oct. 3. 703-349-7178.

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PHOTO BY BOB FRANKS/NVSS

In Northern Virginia Senior Softball postseason tournament action, the Red Team (pictured) captured the six-team National Conference Summer Slow-Pitch championship by defeating the Light Blue Team, 11-4, in the final game of the double-elimination tournament. The Red Team was also the regular season champion of the National Conference, with a record of 36-22. The average age of the team is 62. On the back row, left to right: Bill Grewe, Manager (Alexandria), Dan Patton (Fairfax Station), Mike Coleman (Alexandria), Tom Ramberg (Reston), Chuck Schillinger (Burke), Jack Katosh (Arlington), Mike Clark (Vienna), Wayne Glass (Alexandria), and Andy Loerch (Manassas). Front row: Bill Healey (Herndon), Jerry Evanosky (Burke), Mike Burchfield (Annandale), Curtis Smith (Woodbridge), Tom McCue (Clifton), and Harry Collins (Marshall).

SPORTS ROUNDUPS

Great Falls boxer Jimmy Lange, a Junior middleweight contender, won a convincing six-round decision over Baltimore's Mike McFail in Greensboro, N.C. Highlighted by knockdowns in both the third and sixth rounds - both courtesy of an effective right - Lange (33-4-2, 23 knockouts) came out dominating in the first round at the Greensboro Coliseum Complex's War Memorial Auditorium, utilizing his trademark stiff jab that caused McFail (12-40-2) to be issued a standing eight count. Lange pressed the action throughout the contest and finished strongly by battering a game, but wobbly McFail in the final stanza.

Lange immediately headed back to Gleason's Gym in New York with trainer Jimmy Glenn to prepare for a co-main event bout (opponent to be determined) on a Sept. 18 show in Monroe, Mich. He is scheduled to return home to the Patriot Center on Nov. 6 to headline another Ice Promotions card presented by Valcourt Building Services.

The Fellowship of Christian Athletes' Northern Virginia chapter, on Tuesday, Oct. 5, will be holding its 11th Annual FCA One Way 2 Play Drug Free Golf Classic at Westfield's Golf Club in Clifton. FCA has been serving local athletes and coaches in the local community for many years and the One Way 2 Play Drug Free event will provide the needed resources for camp scholarships, leadership opportunities, and drug-free assemblies in area schools. To sign up for the upcoming golf event, please visit the local FCA website at www.novagolfclassic.org.

Team Virginia 1996 inline hockey earned a bronze medal at last week's State Wars U.S. Roller Hockey Championships in Chicago. The team, consisting of youngsters from Fairfax, Oakton, Great Falls, and other parts of Virginia, was 4-0 in round robin play before losing a semifinals game in overtime. Alex DeYoung (Fairfax) took Most Valuable Goalie honors and was selected to the All-Tournament Team.

'Give Blood, Play Hockey' has long been an adage among the ice hockey community. This tradi-



PHOTO BY PDX PHOTO

Jimmy Lange (right) defeated Baltimore's Mike McFail (left) in a junior middleweight boxing bout in Greensboro, N.C. last week.

tion will be on display in full force on Saturday, Sept. 11 when the Virginia Coaching Cardinals will take on the NCR Eagles in the second annual Charity Hockey Classic at Kettler Capitals IcePlex in Arlington. The afternoon event, which will run from 4 to 7, will benefit Inova Blood Donor Services. Comprising coaches from local youth hockey clubs, including the Ashburn Xtreme, Reston Raiders, Virginia Wild, and NOVA Ice Dogs, the Virginia Coaching Cardinals will face the NCR Eagles, a joint military hockey team consisting of players from the Army, Navy, Air Force, Coast Guard and Marines. The exhibition game will benefit Inova Blood Donor Services. In addition to the game, other activities throughout the afternoon will include a silent auction, appearances by local celebrities - including Washington Capitals players - and 'Mites on Ice' youth hockey exhibitions.

Last year's inaugural event saw coaches from the Ashburn Xtreme defeat the Reston Raiders, 7-1, before a raucous crowd of supporters from both clubs. The event raised over \$40,000 for a new Inova bloodmobile. For sponsorships, tickets or additional information, please contact event chairman Adam Bartholomew at Adam.Bartholomew@inova.org or visit www.charityhockeyclassic.com



PHOTOS BY MICHAEL K. BOHN

Vienna's Tommy Curley chips on the first sudden death playoff hole at the 2010 Bob Riley Junior Open on Aug. 3. Curley, a rising senior at Madison High School, placed second in the prestigious tournament.

Vienna's Curley Makes Strong Golf Showing

Madison High senior garners second place at Junior Open event in Alexandria.

BY MICHAEL K. BOHN
SPECIAL TO THE CONNECTION

Vienna resident Tommy Curley, a rising senior golfer at Madison High School, placed second in the Bob Riley Junior Open on Aug. 3 at Alexandria's Belle Haven Country Club. Curley tied for the lead after the second and final round with Alex Taylor of Woodbine, Md. Taylor won the championship on the first hole of a sudden death playoff.

Curley closed with a final round 73, the low score that day in the boys' ages 16-18 division. His 5-over, 76-73—149 forced the playoff with Taylor, who birdied the 17th en route to a 73-76—149. Both missed the green on the par-3, 10th hole, but Curley's tee shot hit a greenside tree and ricocheted onto an adjacent fairway. Unable

to reach the green in two, Curley watched Taylor get up and down for the championship.

"I played well in the second round," said Curley afterward, pointing to the five birdies on his card. "But a one-stroke penalty on the back nine, and a bogey on 15 did me in."

Curley was one of several juniors on the Madison golf team that finished second in the 2009 Virginia State AAA golf tournament last October. Curley, Chris Wendel, and Al Hubbard hope to have another good run this fall.

Formerly known as the DC Junior, the Riley tournament is one of the oldest junior championships in the country. In 2004, the event was renamed in honor of Alexandrian Bob Riley, the executive director of the Washington Metropolitan Golf Association 1983-2003.



Vienna resident Tommy Curley, left, placed second to Alex Taylor in the 2010 Bob Riley Junior Open. One of the country's oldest junior championships, the event is named for tournament director Bob Riley (center).

The Cancer of Cancer



By KENNETH B. LOURIE

As much as I'd like to write about something else other than my having cancer, the words to do so don't seem as readily in hand (or in-head) as they once were. I don't want to think, nor do I want to admit, that the longer I live – and the closer I come to my original two year-life expectancy deadline (double entendre intended), March, 2011, the more consumed with all of it I am becoming. Which is probably not a good thing, mental health-wise, but nearly impossible – or so I'm finding – common sense-wise, given the seriousness of my original diagnosis/prognosis: "Stage IV lung cancer, treatable but inoperable and not curable." Words I never thought I would hear an oncologist say to a lifelong non-smoker like me. Words I'm now supposed to ignore?

But that's exactly what I have to do, somehow: live without considering, too much, that I may be dying and dying sooner rather than the much later I had been anticipating all of my previous life (given my parent's health and ages when they died). And that's been my struggle, ever since Feb. 27, 2009; the date when my primary care doctor first informed me of the results of my biopsy: the previously unconfirmed things in my lungs were indeed malignant tumors.

That was 18 months ago, and much has happened in that last year and a half. We know two people in our circle who have died from lung cancer, both individuals having received their diagnosis after I received mine. I have also read multiple obituaries (some younger, some older) in The Washington Post that listed lung cancer as the cause of death. In addition, I have read miscellaneous other newsworthy articles citing lung cancer as the cause of something else unpleasant. Moreover, I have heard numerous stories from people who knew somebody, who knew somebody else (who I didn't know) who had lung cancer, who shared their less-than-encouraging news. (In fairness, I have likewise heard – and read – of some patients who outlived their prognosis.) So I have assimilated much anecdotal-type information about cancer and cancer patients during this last year and a half and learned a few lessons along the way as well.

Nevertheless, at the end of the day (heck, at the beginning of the day, too), the weight of living with a terminal disease (I know, there are exceptions to every rule; statistics are not really people, everybody/everybody's body reacts differently to treatment/medication; yada, yada, yada) can crush your enthusiasm – and appreciation – for some of the little things in life, the kinds of things which have nothing to do with cancer (and dying), but everything to do with living – and not dying prematurely. Apparently, there is something to be said and – in some internal effect as well – to be done, for living or trying to live life as normally as possible in spite of the odds because doing so, or at least attempting to do so, helps slay the emotional dragon that can so easily overpower you.

And what ego I have (which isn't much) doesn't want to be overpowered, and it and I certainly don't want to lose control. Every day after I wake up, I check to see if I'm all there (sort of a mental bed check if you will). Once I'm all present and accounted for, I get up and start the day. The routine I've developed seems to help me with my need to control. And with that control comes power and confidence, and with that power and confidence comes intestinal fortitude which, as a cancer patient, you need in abundance. Some days, the supply is a little low. The trick is pretending, somehow, that it's not.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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21 Announcements

21 Announcements

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the following property being the property contained in said Deed of Trust, described as follows:

Lot 18-B, Campbell's Landing, Section ONE as per subdivision plat recorded in Deed Book 7619 at page 1982 as corrected and re-recorded in Deed Book 7661 at page 485, among the Land Records of Fairfax County, Virginia.

Commonly known as 2248 Central Avenue, Vienna, Virginia 22182.

TERMS OF SALE: A deposit of \$75,000.00 or ten percent (10%) of the sale price, whichever amount is less, in the form of cash or its equivalent will be required of the purchaser at the time and place of sale; the balance of the purchase money being due and payable within fifteen (15) days after sale, time expressly being of the essence, with interest at the rate of 3.25 percent per annum from date of sale to date of settlement. Provided, however, that if the holder of the secured promissory note is the successful bidder at the sale, no cash deposit shall be required, and part of or the entire indebtedness, including interest and costs, secured by the Deed of Trust, may be set off against the purchase price.

Any defaulting purchaser shall forfeit the deposit and stand the risk and cost of resale.

Sale shall be made subject to all existing easements and restrictive covenants as the same may lawfully affect the real estate. Sale is further subject to mechanic's and/or materialman's liens of record and not of record. The property will be sold subject to all conditions, covenants, restrictions, rights of redemption of federal lienholders or encumbrances, and agreements of record affecting the same, if any.

In the event the undersigned trustee is unable to convey to the purchaser good title, then purchaser's sole and exclusive remedy shall be in the refund of the deposit paid at the time of sale.

The subject property and all improvements thereon will be sold in "as is" condition without warranty of any kind. Purchaser shall be responsible for any and all building and/or zoning code violations whether of record or not of record, as well as for all unpaid and enforceable homeowners' or condominium owners' association dues and assessments, if any. Purchaser also shall be responsible for obtaining possession of the property at his/her expense. Purchaser shall assume the risk of loss and shall be responsible for any damage, vandalism, theft, destruction, or the like, of or to the property occurring after the time of sale. Conveyance will be by special warranty deed. Conveyancing, recording, transfer taxes, notary fees, examination of title, state stamps, and all other costs of conveyance are to be at the expense of purchaser. State and local taxes, public charges, and special or regular assessments, if any, shall be adjusted to the date of sale and thereafter shall be assumed by the purchaser.

The undersigned trustee unconditionally reserves the right: (i) to waive the deposit requirement; (ii) to approve or disapprove the creditworthiness of any bidder and/or purchaser; (iii) to withdraw the property from sale at any time prior to termination of the bidding; (iv) to extend the time for bidding; (v) to reject any or all bids; (vi) to postpone or set over the date or time of sale; and (vii) to extend the period of time for settlement hereunder.

Additional terms and conditions of sale may be announced at the time of sale.

DAVID N. PRENSKY
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SATURDAY/SEPT. 4

T'ai Chi Beginners' Practice. 8 a.m. on the outdoor basketball court behind Dolley Madison Public Library at 1244 Oak Ridge Ave., McLean. 703-759-9141 or www.FreeTaiChi.org.

MONDAY/SEPT. 6

A Representative of Congressman Frank

Wolf at the McLean Community Center. 11:30 a.m.-12:30 p.m. 1234 McLean Community Center, 1234 Ingleside Ave., McLean. First Monday of every month. Citizens are invited to express opinions on issues before Congress, or seek assistance with federal problems. 703-709-5800.

WEDNESDAY/SEPT. 8

McLean Historical Society presents: Fairfax County and the Secession Vote, May 1861, 7:30 p.m. at the McLean Community Center, 1234 Ingleside Avenue in McLean. Eighty percent of Virginians approved the ordinance of secession on May 23, 1861. Fairfax County endorsed secession 862-289; 12 of 15 precincts voted in favor. Speaker: Michael Shumaker, Commander, Frank Stringfellow Camp, Sons of Confederate Veterans, Fairfax. Event is free; no reservations required. Contact: Jacquie-Lynne Schulman, 703-442-9370.

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