

Potomac ALMANAC Potomac Day: This Saturday

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Three members of the Potomac Hunt gather with their hounds to lead the Potomac Day Parade on a previous year. Potomac Day is this Saturday, Oct. 23.



Inventing
'Invisible'
Car Wipers

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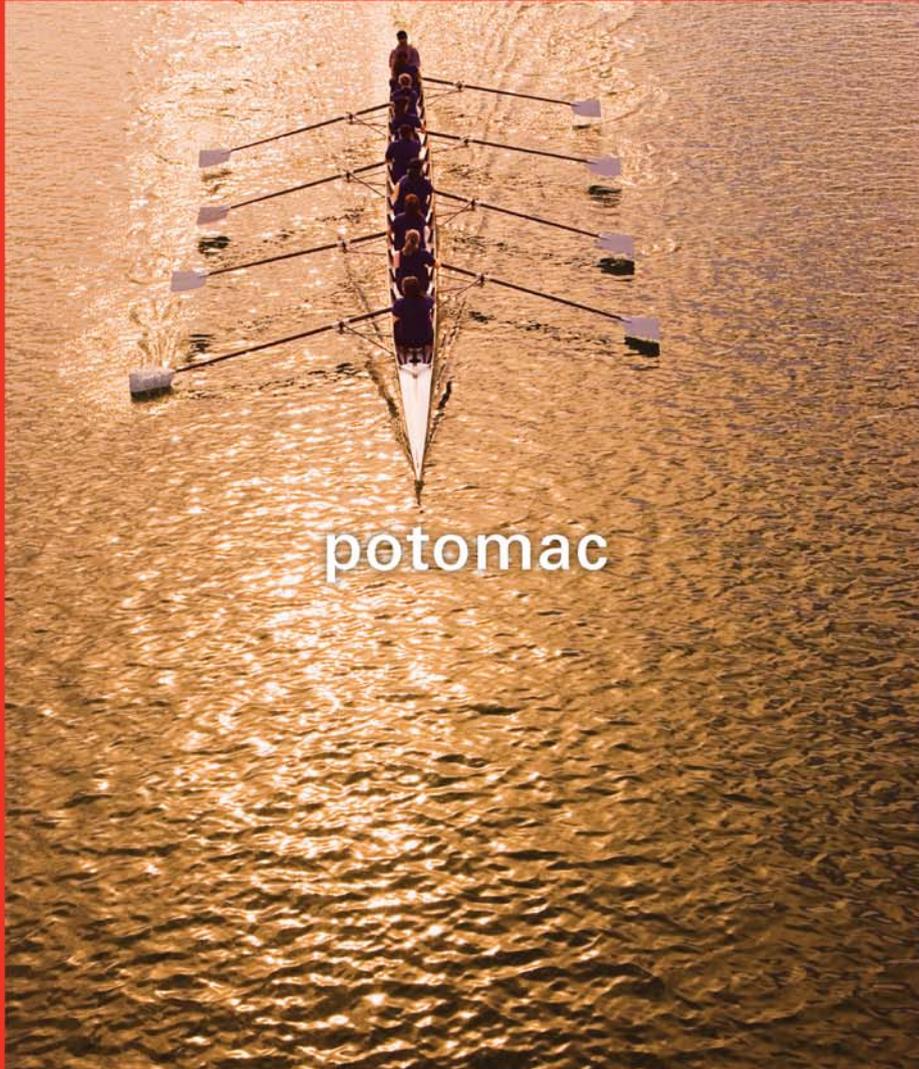
Vege-Gardens
Start To Sprout?

NEWS, PAGE 3

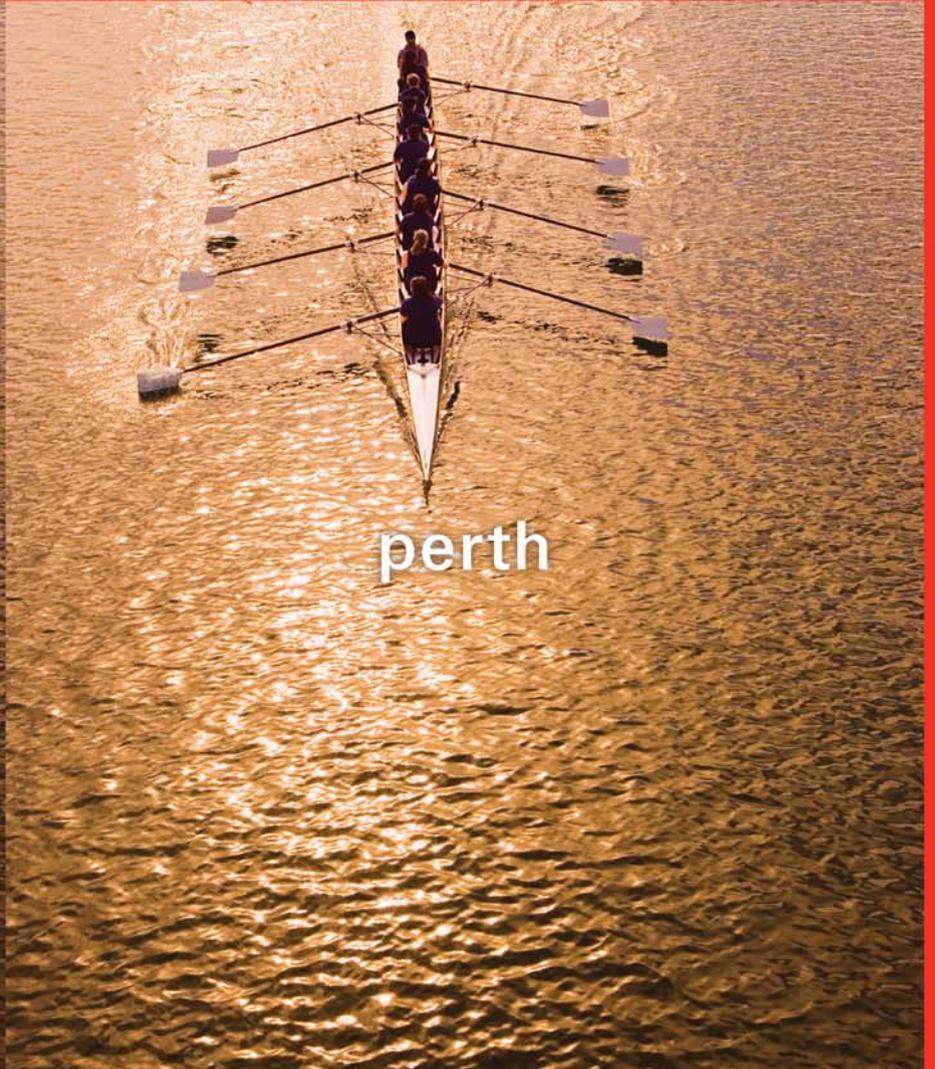
River Jam

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Event organizer Deanna Tricarico with musicians Timothy James and Brian Gorman of Franklin Flyer.



Nava and Avigayil Fichman-Charry.



River Jam

Pat Selling, Pam Smith and her son Jackson Smith going for a boat ride during River Jam on Sunday, Oct. 17 at the C&O Canal National Historic Park.

PHOTOS BY DEBBIE STEVENS/THE ALMANAC

Vege-Gardens Start To Sprout?

Garden “ban” a misstatement, says school system, despite memo.

BY KEN MOORE
THE ALMANAC

Vegetable gardens are an accepted part of schools in many other school districts around the region, including Fairfax and Arlington in Virginia. These gardens have been a part of a national effort, championed by First Lady Michelle Obama, to improve student diets and fight childhood obesity. They have also been a platform for science learning, quantitative learning about nutrition and environmental education.

Obama and Secretary of Agriculture Tom Vilsack visited one school in Fairfax County, Hollin Meadows Elementary, to celebrate its garden last fall.

But Montgomery County Public Schools does not permit vegetable gardens on school campuses, according to a Feb. 26 memorandum issued by Superintendent of Schools Jerry W. Weast.

“MCPS has not allowed community-type [vegetable] gardens ... for several reasons,” he wrote. Weast cited concerns about rodents and other pests, food allergies, stormwater management requirements and easements, and the costs associated with school gardens including summer months when gardens may fall into disrepair.

Last Tuesday, Oct. 12, County Council members asked for input from officials with the school system and those advocating for the inclusion of vegetable gardens into school grounds and the curriculum.

“Your inflexibility is consistent,” said Council President Nancy Floreen, as she introduced members from the

“Your inflexibility is consistent.”

— Nancy Floreen, Council President

“Thank you for that introduction.”

— Sean Gallagher, MCPS

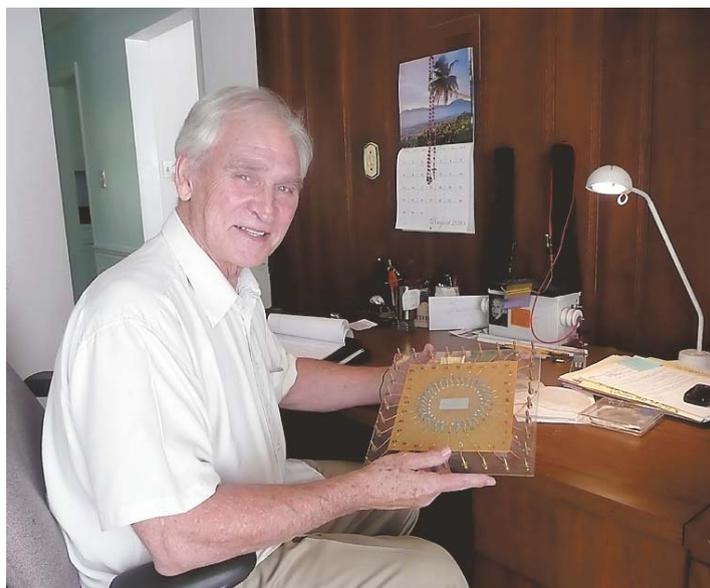
Resident Invents ‘Invisible’ Wipers

Clearing vehicle windshields with an electric field.

BY SUSAN BELFORD
THE ALMANAC

Forty years ago, Walter Hernandez was cautiously driving through a punishing rainstorm with his friend Jay Rubincam. He was having difficulty seeing the road because the wipers could not remove the rain fast enough. “These wipers were invented in 1903. Sixty-seven years later, why don’t the automakers produce a better one?” asked a frustrated Hernandez. Many years later, Rubincam reminded Hernandez of this episode — and five years ago, Hernandez decided to see what he could do to improve on the current automobile wiper technology. After numerous hours developing a theory, testing it and then producing prototypes, Hernandez has invented the digital electric windshield wiper. He calls it the DEW. This new wiper is invisible and has no moving parts, but most importantly, rapidly clears the entire windshield in heavy rains.

The new invention works like this: Inside the windshield are several thousand invisible wires, made of transparent indium tin oxide (ITO). Layers of quartz (SiO₂) separate the wires. To remove rainwater, voltage is applied to these wires by a small computer. This creates a varying electric field, which moves the water droplets across the windshield, clearing them rapidly from the



Walter Hernandez displays the prototype used for testing his theory of the movement of water by electrical fields.

driver’s vision and totally from the windshield. Thus, no wiper is necessary and the driver’s visibility is greatly improved.

“The most important outcome will be that lives will be saved

SEE INVENTOR, PAGE 7

SEE SEEKING GARDENS, PAGE 4

Seeking Gardens

FROM PAGE 3

school system at the Council's worksession.

"Thank you for that introduction," replied Sean Gallagher, with the school system's department of facilities management.

The term "ban" — bandied about during conversations about the school system's position on vegetable gardens — is a "misstatement," Gallagher said.

The school system proposes to work with Montgomery County Park and Planning to determine how community gardens can be successful, and to learn best practices and ways to remedy unwanted consequences such as rodents, pests and invasive species, said Gallagher.

The school system identified three sites it will donate to Park and Planning, which will operate the community gardens and teach the school system how to best operate them. These will give the school system a chance to develop a set of "best practices" to prepare schools that want such gardens in the future, Gallagher said.

"A few of us are quite puzzled why this is so hard," Floreen said to Gallagher.

"We have a wealth of people and talent to make this happen," said Councilmember Roger Berliner, who represents Potomac. "I would ask you not to have these concerns on the forefront of your minds."

Garden advocate Gordon Clark said the school's policy — whatever it is called — has had a "chilling effect," making schoolteachers or principals who would plant school gardens afraid since they were told such gardens would be shut down.

"Make it publicly clear that the ban — or whatever we want to call it — is no longer in effect," Clark asked the Council. Clark, project director with Montgomery Victory Gardens, said it appears the school system is setting up a multi-year process before allowing schools to start their own vegetable gardens.

More than 30 organizations, including West Montgomery County Citizens Association, supported Montgomery Victory Gardens'

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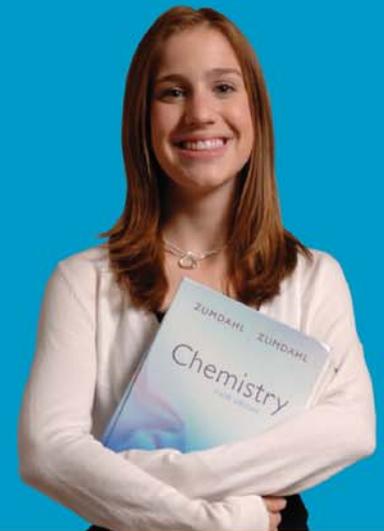


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Helping Patients Communicate with Doctors



Tip sheets for those living with lymphoma.

BY SUSAN BELFORD
THE ALMANAC

The diagnosis. The fear. Then the overwhelming feeling of how little you know about the disease that has invaded your body. A diagnosis of lymphoma is a life-changing and frightening message — and so often, the patient does not know where to turn or who to turn to for information.

Now, the Cancer Support Community (CSC) in collaboration with Cephalon is offering a program aimed at providing support for those who must live with lymphoma. To help with the often mystifying communication between patient and physician, they are providing the patient with tips through the new educational program “Framing Life with Lymphoma.” These research-based tip sheets provide the patient with information about the steps following diagnosis — to ensure effective communication with their healthcare team.

Potomac resident Jana Cayne was feeling tired and had put on some weight. During her routine OB/GYN visit, the doctor found a lump under her arm and ordered a

mammogram and sonogram. The results showed enlarged lymph nodes which led to the diagnosis of indolent non-Hodgkin’s lymphoma (NHL).

After receiving this news, Cayne and her husband decided that this cancer would not defeat them. She began intensely researching her illness. “For me, knowledge was most important. I had to make certain that I was totally informed of all my options. The information provided by the tip sheets would have been invaluable but they were not available when I was going through my treatment.”

NHL is a complicated disease. She attended medical conferences. She met with and questioned oncologists and hematologists. She called Hopkins, Sloan Kettering, and Georgetown University and several other major cancer centers to understand the latest research and treatment for this chronic disease. “Indolent NHL is a slow-growing disease, so I had time to do the research and decide on the best treatment and physician for me,” Cayne said.

Through her research, she found Dr. Bruce Cheson, professor of medicine, head of Hematology and director of Hematology Research at Lombardi Comprehensive Cancer Center.

NHL, the seventh most common cancer in the U.S., affects the lymphatic system. It can be divided into two main groups: ag-

gressive (fast-growing) and indolent (slower growing). Although INHL is not considered curable, patients may live for many years following diagnosis. However, treatment is often difficult because patients often relapse after chemotherapy or other forms of treatment.

The “Framing Life with Lymphoma” educational program was developed by the Cancer Support Community with support from Cephalon based on a survey of 150 hematologists/oncologists and patient focus groups with 133 indolent lymphoma patients. The survey results indicated that almost all physicians and most patients felt their communication could be more efficient with the development of some form of aid or assistance as a guide. The patient tip sheets were developed as a direct response to the communication needs indicated in the survey.

Senior Director of Research at the Cancer Support Community, Joanne Buzaglo, Ph.D. led the lymphoma patient focus groups. She explains, “In developing the tip sheets, we wanted to be careful not to bombard the patient with too much information when they had just been confronted by a scary diagnosis. The message of ‘Framing Life with Lymphoma’ is that the patient can live a full life while managing their lymphoma. We were very committed to incorporating the patient experiences into the

tip sheets. I can hear their voices when I read the tip sheets.”

The Cancer Support Community provides psychological and social support through community-based centers and online services run by trained and licensed professionals. They offer cancer patients and their families information about treatment options, the health care system, emotional needs of the cancer patient, wellness, support for caregivers — anything and everything related to cancer. They also provide group counseling by licensed social workers and family therapists, lifestyle programs, and networking groups for patients who share a diagnosis — all at no cost to the patient. Last year, more than 300,000 cancer patients and family members benefited from the services of the Cancer Support Community.

After several chemotherapy regimens which failed to put her into remission, Cayne was enrolled in a clinical trial and achieved complete remission. She has remained in remission for 5 and a half years. “Because I had cancer, I am a completely different person and I live each day with appreciation. Everything has more meaning,” she said.

The “Framing Life with Lymphoma” tip sheets are available at the Cancer Support Community website at www.FramingLifeWithLymphoma.org.

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The Potomac Day Parade features as many as 1,000 community participants, including dance troupes.



Traditionally, the Potomac Hunt leads the Potomac Day parade.

Potomac Day: Saturday, Oct. 23

Potomac Day in Potomac Village, the annual community festival sponsored by the Potomac Chamber of Commerce, is coming this Saturday, Oct. 23. Potomac Day takes place rain or shine.

The highlight of the day is the Potomac Day Parade beginning at 10 a.m., featuring hundreds of entrants, including bands, horses, antique cars, school groups, scouting organizations, and candidates for elected office.

The parade will also honor Potomac's Youth of the Year, Benjamin Kramer and Danielle Collins, Citizen of the Year, Dr. Naveed Naz, and Business Person of the Year, Guy Semmes.

Potomac Day Events

- 9:30 a.m. Road closures around the village.
- 10 a.m. Potomac Day parade, which features the people of the year and often as many 1,000 community participants. Political candidates will also be a feature of this year's parade since it is an election year.
- 11 a.m.-2 p.m. and beyond. Free



Even the spectators come dressed for Halloween on Potomac Day, which is this Saturday, Oct. 23.

The children's fair will kick off at 11 a.m. with free amusement rides and activities. Classic cars will be on display, and a business fair will be set up in the Potomac Promenade parking area.

children's festival will feature carnival rides, music and many activities.

Many other activities are scheduled including a Classic Car Show, an extensive business fair and food from around Potomac.

The day is sponsored by the Potomac Chamber of Commerce. Call the chamber at 301-299-2170.

Charity of the Year: Children's Charities of NIH

Every year, the Potomac Chamber of Commerce and sponsors of Potomac Day make a contribution to a special charity. This year, the Chamber will donate to the Children's Charities of NIH, which participates in Saturday's Potomac Day and receive its check at the annual awards dinner at Normandie Farm on Nov. 18.

The Youth (Benjamin Kramer and Danielle Collins), Citizen (Dr. Naveed Naz) and Business Person (Guy Semmes) of the Year will also be featured in the parade and honored at the awards dinner. To attend the dinner, call 301-299-2170.

THE CHILDREN'S INN AT NIH

The Children's Inn at NIH is a private, nonprofit, family centered residence for pediatric outpatients at the National Institutes of Health and their families.

Its purposes are to keep children together with their families during serious illness, reduce their stress, and facilitate their healing through mutual support.

www.childrensinn.org

SPECIAL LOVE

Special Love gives children and young adults with cancer and their families a chance to enjoy normal childhood activities that healthy kids often take for granted.

From week-long camps, like Camp Fantastic and BRASS Camp (for siblings), to weekend retreats for families, teens and young adults,

Special Love's programs represent a community of support that shows kids with cancer and their families that they are not alone www.speciallove.org

FRIENDS OF THE CLINICAL CENTER

FOCC is a non-profit charity organized to help patients of the National Institutes of Health who have financial and other emergency needs while they are participating in trials at the Clinical Center.

Some patients would not be able to participate in NIH research studies without financial assistance from the Friends of the Clinical Center.

www.foccharity.org

Fire House To Host Open House

The Cabin John Park Volunteer Fire Department will be holding its annual open house on Sunday, Oct. 24, from 10 a.m. until 5 p.m. at Fire Station 10. Learn more about the local fire department, participate in family-friendly activities, and watch Cabin John volunteers simulate the rescue of a person trapped in a damaged car.

Other activities include a petting zoo, moon bounce, free blood pressure checks, 911 simulation booth, tours of the fire sta-

tion and fire/rescue apparatus (including the ladder truck, fire engine, and ambulance), stickers and fire hats for children, a fire hose demonstration where youths can man the nozzle, rappelling and auto-extrication demonstrations and more.

The Brockway, Cabin John's antique 1930's fire engine, will be on display, as well as Cabin John's swift water rescue boats and tanker 730, a 3500-gallon water tanker used for firefighting where fire hydrants aren't accessible.

Early Voting Centers

For the first time the state of Maryland is implementing Early Voting for the Gubernatorial General Election. Montgomery County will open five Early Voting Centers from Oct. 22-28, excluding Sunday, from 10 a.m. - 8 p.m.

Early Voting Centers are located at:

- ❖ Bauer Drive Community Recreation Center, 14625 Bauer Drive, Rockville;
- ❖ Germantown Recreation Center, 18905 Kingsview Road, Germantown;
- ❖ Montgomery County Executive Office Building, 101 Monroe Street, Rockville;
- ❖ Silver Spring Civic Building, 8525 Fenton Street, Silver Spring.

Visit www.777vote.org to view additional information on the Early Voting Centers. During Early Voting hours, the website will display a scroll bar which will provide wait times of each of the five Centers, updated hourly. Call 240-777-VOTE (8683).

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PUBLISHER

Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com

EDITORIAL

PHONE: 703-821-5050
E-MAIL:
almanac@connectionnewspapers.com

EDITOR

Steven Mauren, 703-778-9415
smauren@connectionnewspapers.com

SPORTS EDITOR

Jon Roetman,
703-224-3015
jroetman@connectionnewspapers.com

ASSOCIATE EDITOR

Steve Hibbard, 703-778-9412
shibbard@connectionnewspapers.com

STAFF PHOTOGRAPHER

Louise Krafft

CONTRIBUTING WRITERS

Cissy Finley Grant, Carole Dell,
Kenny Lourie

Art/Design:

Geovani Flores, Laurence Foong,
John Heinly, Wayne Shipp,
John Smith

Production Manager:

Jean Card

ADVERTISING

PHONE: 703-821-5050
FAX: 703-518-4632

ACCOUNT EXECUTIVES

Display Advertising:
Kenny Lourie 703-778-9425
klourie@connectionnewspapers.com

Employment:

Barbara Parkinson
703-778-9413
bparkinson@connectionnewspapers.com
Andrea Smith 703-778-9411
Classified Advertising
asmith@connectionnewspapers.com

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Peter Labovitz

President/CEO

Mary Kimm

Publisher/Chief Operating
Officer
703-778-9433
mkimm@connectionnewspapers.com

Jerry Vernon

Executive Vice President
jvernon@connectionnewspapers.com

Wesley DeBrosse

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NEWS

Inventor

FROM PAGE 3

because drivers will have the ability to see the road more clearly during a rain storm," Hernandez said. "The DEW is 'green' in that current windshield wipers use 100 or more watts of power. This one only uses one watt – and there is no rubber or metal to dispose of."

Windshield wipers were invented by Mary Anderson of Alabama in 1903.

While visiting New York City, she noticed that streetcar drivers removed the front windows of their streetcars during rain and snowstorms because they could not see to drive. Anderson designed a mechanical wiper, which was hand-operated from inside the car. She received a U.S. patent, but automakers showed no interest in her invention. However, by 1913, this hand-operated wiper was standard on all vehicles and by 1921, the automatic wiper was included on all vehicles. Hernandez was never given credit or money for her innovative efforts. In 1964, Robert Kearns of Indiana invented the intermittent windshield wiper. By 1969, these

SEE CLEARING RAIN, PAGE 8

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NEWS

Clearing Rain without Wipers

FROM PAGE 7

Improved wipers were being installed by Ford, Chrysler and other automakers. However, the automakers, including Ford and Chrysler, refused to give Kearns recognition or financial reward for his invention. He successfully sued both companies and won — but the personal and emotional toll of the multi-year battle was enormous. The recent movie, "A Flash of Genius" focuses on his legal battle with Ford.

Hernandez began his quest for an improved windshield by figuring out that electric current could move water. He spent countless hours in his River Road residence testing various materials to prove his theory. A few years later, under his direction, small prototypes (1" x 2") were fabricated at the microelectronic nanocenters of the University of Maryland and Duke University. By applying electric voltage to the wires in the prototypes, he found that the droplets moved quickly from the prototype windshield.

Therefore, his theory was proven, and he began to study the feasibility of producing this windshield. He applied and was approved for both U.S. and International patents.

Hernandez recently reached an agreement with a windshield manufacturer to

build a full-size windshield using his imbedded technology. He is also talking to GM and Volkswagen about installing his windshield on their test cars. The U.S. Navy would like the windshield for their ships, and airplane manufacturers are indicating interest.

Recently, Hernandez's daughter Betsy, a physician's assistant, realized the technology could be used on an endoscope to keep the end clean to improve the physician's view. It would also be beneficial for cameramen and videographers who must film in the rain.

Hernandez majored in physics and mathematics at LSU and received his Ph.D. at the University of Maryland in astrophysics. He is married with three grown children. He has worked for several government agencies including NASA, DOD, NSA and the Naval Research Lab and owned and operated several companies.

"Since I was 6 years old, I loved to change the way things work and invent new things. I was always interested in the application of the sciences of physics and math to a wide range of problems — including everything from gambling, speech synthesis, and astronomy to investment theory, hypnosis and treasure hunting," said Hernandez. "All kinds of things that you would never think of can be attached by science."



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ENTERTAINMENT

To have community events listed free in *The Potomac Almanac*, send e-mail to almanac@connectionnewspapers.com. Deadline is Thursday at noon for the following week's paper. Photos and artwork encouraged. Call 703-778-9412.

MONDAYS THROUGH NOV. 22

Jazz Choir. 7:30 to 9:30 p.m. \$175 tuition for eight classes (Stars \$157.50). At the Mansion at Strathmore, Shapiro Music Room. Howard University professor and Afro Blue jazz choir arranger/director Connaitre Miller brings a new offering in Strathmore's expanding jazz class series. The class will cover ear-training and solo singing. Series concludes with a concert of songs learned in class. Choral experience suggested. Call 301-581-5100 or visit www.strathmore.org.

WEDNESDAY/OCT. 20

Book and Author Luncheon. 10 a.m. Kitty Kelley will discuss her latest book, "Oprah," Kay Shaw Nelson will talk about "Cloak and Dagger Cook," and Jason Meath will speak about "Hollywood on the Potomac."

Sponsored by the Greater Washington Women's Chapter of the Brandeis National Committee. Cost is \$70 for members, \$80 for non-members. Reservations are required. At the Lakewood Country Club, 13901 Glen Mill Road, Rockville. For information and reservations, contact Jackie Sherman at 301-294-8069 or jsherman123@verizon.net.

Preschool Fair. 10 a.m. to 12:30 p.m. Free. Learn more about local preschools at the 13th Annual Preschool Fair sponsored by the MOMS Club of Potomac. Approximately 30 preschools from the Potomac, Rockville, Bethesda, Chevy Chase and surrounding areas will be represented. At the Potomac Community Center, 11315 Falls Road, Potomac. Call Stacy Yu at 301-461-6770, or momspotomac@gmail.com.

Afternoon Tea. 1 p.m. \$21 reservation. At the Mansion at Strathmore. Guitarist Dave Almy and vocalist Cheryl Gearheart performing. Call 301-581-5108.

Andras Schiff, piano. 8 p.m. \$21 reservation. At the Music center at Strathmore, Concert Hall. Schiff performs works by Schumann. Presented by the Washington Performing Arts Society and underwritten by Betsy and Robert Feinberg. Call 301-581-5100 or visit www.strathmore.org.

THURSDAY/OCT. 21

Fill in the Gap Program. 9:15 a.m. to 12:30 p.m. Fall fun activities. Cost is \$45/members; \$55/nonmembers. Sponsored by the Har Shalom Early Childhood Education Center, 11510 Falls Road, Potomac. RSVP to Liran Laor at 301-299-7087, x244.

Slow Blues and Swing Dance. 9 to 11:30 p.m. Admission is \$8. Beginner lesson from 8:15 to 9 p.m. DJ Mike Marcotte & Guests will play a variety of styles. At the Back Room of Glen Echo Park. Call Donna Barker at 301-634-2231 or go to info@CapitalBlues.org or www.CapitalBlues.org.

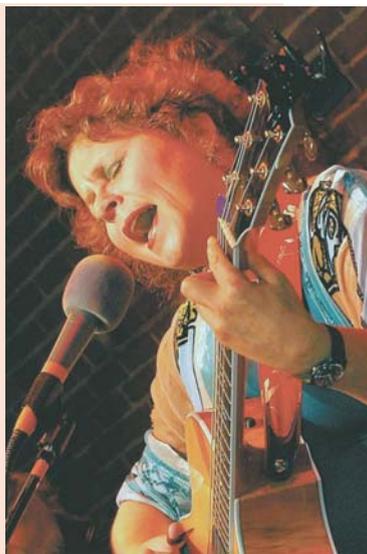
Literary Luncheon Lecture Series. Lectures at 11:30 a.m.; Book signing and luncheon at 12:30 p.m. Local

SATURDAY/OCT. 23

Potomac Day. 11 a.m. to 3 p.m. Free. The highlight of the day is the Potomac Day Parade beginning at 10 a.m. Lots of fun for adults and kids. Scarecrow making and pumpkin decorating; new 30-foot mobile, walk-thru aquarium; fingerprinting and photo ID by MCPD; games, inflatables, entertainment, deejay, food, sidewalk sales and more. From 3 to 4:30 p.m., Strosnidars Hardware will sponsor David Bromstad of HGTV who talk about color and design. Pick up a complimentary ticket in advance at Strosnidars in Potomac. Event sponsored by Potomac Place Merchants. At the Potomac Place Shopping Center, intersection of River and Falls Roads in Potomac. Call 301-299-2170 or visit www.potomacchamber.org.



Bob Sima



Ellen Bukstel

TUESDAY/OCT. 26

Ellen Bukstel and Bob Sima. 8 p.m. Tickets are \$18/door; \$15/advance. At the Unitarian Universalist Church of Rockville, 100 Welsh Park Dr., Rockville. Contact David Spitzer at focusrockville@earthlink.net or 301-275-7459 or visit www.FocusMusic.org.

mystery writer and New York Times best-selling author Carolyn Parkhurst will read from her books, *The Dogs of Babel*, *The Nobodies Album*. Sponsored by Montgomery County's Friends of the Library. At Strathmore Mansion, 10701 Rockville Pike in North Bethesda. Call 240-777-0020 or visit www.folmc.org.

Midori performs Shostakovich. 8 p.m. Tickets start at \$28. At the Music Center at Strathmore, Concert Hall. Violinist Midori and the Baltimore Symphony Orchestra conducted by Gilbert Varga. Call 301-581-5100 or visit www.strathmore.org.

OCT. 22-24

Heavenly Harvest. Friday 3 to 8 p.m.; Saturday 9 a.m. to 5 p.m.; Sunday 10:30 a.m. to 3 p.m. All three days: harvest market, gifts, books, baked goods, pumpkins, handicrafts, food and more. Saturday only: Kidville, photo booth, flu shots. At Faith United Methodist Church, 6810 Montrose Road, Rockville.

FRIDAY/OCT. 22

Contra Dance. 7:30 to 11:30 p.m. Admission is \$9. Contra dance lesson from 7:30 to 8:15 p.m.; dancing to live music from 8:30 to 11:30 p.m. This week Anna Rain calls to Crowfoot with Adam Broome on guitar and cittern; Jaige Trudel on fiddle; and Nicholas Williams on flutes, accordion, and piano. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Email: fndcontra@yahoo.com.

La Divina Milonga Party. 8:30 p.m. to midnight. Admission is \$15. The evening will include a lesson for Argentine Tango beginners and up from 8:30 - 9 p.m.; dance party to recorded music from 9 p.m. to midnight with teacher and DJ Fabio Bonini playing Traditional Tango, Milongas, Waltz and Tango Nuevo. At the Ballroom Annex at Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Email: Jennifer@foreverdancing.com.

Swing Dance. 8 p.m. to midnight. Admission is \$14. Introductory swing lesson with Donna Barker and Mike Marcotte from 8 to 9 p.m.; dancing to the Boilermaker Jazz Band from 9 p.m. to midnight. At the Bumper Car Pavilion at Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Email: dbarker@glenechopark.org.

Readings by Authors. 7:30 p.m. Free. Reading by authors recently published by Alan Squire Press. James J. Patterson reads from *Bermuda Shorts*, his collection of essays; novelist Joanna Biggar reads from *That Paris Year*; and Linda Watanabe McFerrin reads from *Dead Love*. At the Writer's Center, 4508 Walsh Street, Bethesda. Visit www.writer.org. 301-654-8664.

Chuck Berry with the Daryl Davis Band. 8 p.m. Tickets are \$38 to \$65. At the Music Center at Strathmore, 5301 Tuckerman Lane, North Bethesda. Visit www.strathmore.org or call 301-581-5100.

Ruth. 9 p.m. \$10 tickets in advance (Stars & 9); \$12 at the door. At the Mansion at Strathmore, Shapiro Music Room. Jamaican singer and songwriter performs reggae music. Doors at 8:00 p.m. Call 301-581-5100 or visit www.strathmore.org.

Book Arts. 10 a.m. to 3 p.m. \$260 tuition plus \$30 material fee (Stars \$234). At Mansion at Strathmore, Shapiro Music Room. Professional artist and educator Karen O. Brown teaches an in depth approach to bookmaking in three intensive sessions. Call 301-581-5100 or visit www.strathmore.org.

SATURDAY/OCT. 23

The Laserface Show. Noon. Free. Jerome Benton will be visiting the Potomac Library to present juggling, pantomime and a laser-light show. Arrive early as seating is limited. At the Potomac Library.

Salsa Dance. 8 p.m. to midnight. Admission is TBA. Salsa lesson taught by Keith Givens from 8-9 p.m., followed by dancing to live music until midnight. At the Spanish Ballroom of Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Email: searchernet@comcast.net

Imagination Stage Gala. "Be Immortal. Let your Love of the Arts Live Forever." Chaired by Mikel and David Blair. \$250 per ticket; \$1,000 per sponsorship. Cocktails and silent auction at 6:30 p.m.; performance at 7:30 p.m.; buffet reception at 8:30 p.m. At Imagination Stage, 4908 Auburn Ave., Bethesda. Contact Lilly Goldberg at 301-280-1626 or

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ANIMAL PLANET

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301-299-7087, Ext. 244
www.HarShalomECEC.org

11510 Falls Road
Potomac, MD

SEE ENTERTAINMENT, PAGE 10

ENTERTAINMENT

FROM PAGE 9

lgoldberg@imaginationstage.org or
www.imaginationstage.org.

Buyer Seminar. 11 a.m. to 12:30 p.m. How to Prepare For, Find, and get the Home You Want. At the Cabin John Park Volunteer Fire Station, 8001 River Road, Bethesda. For seminar outlines, see www.HillSlowinski.com or call Hill Slowinski at 301-320-8430.

Family Light Saber Workshop. 11 a.m. Cost is \$10/person. Fight the dark side right alongside your kids with our Family Light Saber Workshop! Learn stage combat techniques with Light Sabers from a stage combat master and fellow Jedi enthusiasts! At Adventure Theatre, 7300 MacArthur Blvd., Glen Echo. Call 301-634-2268.

Theatre Costume Sale. 11 a.m. to 3 p.m. Need a Halloween costume? At Adventure Theatre, 7300 MacArthur Blvd., Glen Echo.

Master Class with Menahem Pressler, piano. 11 a.m. Free. Reservation required. At the Music Center at Strathmore, Education Center, Room# 309. International performer and pedagogue Menahem Pressler coaches select piano students from the Levine School of Music. Call 202-686-8000 ext. 1599 or visit www.levineschool.org.

Fall Foliage Bus Tours. 10 a.m. to 3:30 p.m. Cost is \$65, which includes lunch at the Comus Inn. Enjoy a bus tour through the up-county/ Agricultural Reserve. Join the staff of Heritage Montgomery as they share many of the region's fascinating stories and legends while pointing out orchards ripe with juicy apples, bountiful fields of pumpkins, and spectacular vistas adorned with autumn's changing leaves. Call 301-515-0753 or email director@heritagemontgomery.org.

OCT. 23 AND 24

National Philharmonic: Dvorák's



New World Symphony. 8 p.m. Saturday; 3 p.m. Sunday. At the Music Center at Strathmore, Concert Hall. Tickets start at \$32. Children 7-17 are free. Free pre-concert lecture one hour before each performance. National Philharmonic with cellist Zuill Bailey and conductor Piotr Gajewski. Call 301-581-5100 or visit www.strathmore.org.

FROM OCT. 23 TO NOV. 7

Drawing for Art Fundraiser and Exhibition. At the Mansion at Strathmore. Patrons peruse a broad selection of fine art and craft, plus a drawing where every ticketholder leaves with a piece of art. Reception and drawing 5:30 p.m. Sunday, Nov. 7. Call 301-581-5100 or visit www.strathmore.org.

FRIDAY/OCT. 22

The Carl Palmer Band Solo Tour.

8 p.m. Known for Emerson, Lake & Palmer and the band, Asia. Tickets are \$25/regular; \$23/seniors and students. At the Robert E. Parilla Performing Arts Center, Montgomery College, 51 Mannakee St., Rockville. Box Office: 240-567-5301.

SUNDAY/OCT. 24

The Commonwealth Brass Concert.

4 p.m. Free admission. Offers a wide variety of musical styles from the Renaissance to 20th century with humor and virtuosity. At The Chevy Chase Presbyterian Church, One Chevy Chase Circle, NW, Washington, D.C.

Cabin John Fire Station Open House.

10 a.m. to 4 p.m. This year's theme is "Smoke Alarms: A Sound You Can Live With." Tours of the station, fire safety activities, information/handouts, demonstrations of emergency equipment and more. Activities include petting zoo; moon bounce; free blood pressure checks; 911 simulation booth; stickers and fire hats for kids; a fire hose demonstration where kids can man the nozzle; rappelling and auto-extrication demonstrations and more. At 8001 River Road, Bethesda. Call 301-365-2028.

Pianist José Ramos-Santana.

3 p.m. Free. Will perform a concert featuring the complete Books I and II of the Iberia Suite by of the Spanish Cantalan pianist and composer, Isaac Albéniz. At Westmoreland Congregational UCC Church, One Westmoreland Circle, at

Massachusetts and Western Avenues, the boundary of D.C. and Bethesda.

Waltz Dance. 3:30 to 6 p.m. Admission is \$10. With the band Crowfoot. Waltz Workshop from 2:45 to 3:30 p.m. Lisa Brooks and Dan Kahn will teach a free Hambo workshop (a classic Swedish couple turning dance that is in 3/4 time, but with a rhythm different from the waltz) after the waltz from 6 to 7 p.m. At the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd., Glen Echo.

Contra and Square Dance. 7 to 10:30 p.m. Admission is \$12/nonmembers; \$9/FSGW members. The evening can include square dances, mixers, waltzes and other couple dances. All Contras and Square dances are taught, no partner is necessary. There is a lesson is at 7 p.m., followed by dances with the Crowfoot from 7:30 to 10:30 p.m. At the Spanish Ballroom at Glen Echo Park, 7300 MacArthur Blvd. in Glen Echo. Phone 202-518-1299.

MONDAY/OCT. 25

Lecture on Dinah Washington, Queen of the Juke Box. 11 a.m. to 12:30 p.m. \$15 tuition (Stars \$13.50). At the Mansion at Strathmore, Shapiro Music Room. Jessica Boykin-Settles, jazz vocalist and lecturer on the music faculty at Howard University, explores the life of vocalist Dinah Washington. Call 301-581-5100 or visit www.strathmore.org.

TUESDAY/OCT. 26

Afternoon Tea. 1 p.m. \$21 reservation. At the Mansion at Strathmore. Pianist Becky Dukes performing. Call (301) 581-5108.

WEDNESDAY/OCT. 27

Read, Eat & Give. 7 p.m. Featuring author of The Fortune Cookie Chronicles Jennifer B. Lee. At VisArts

in the Rockville Town Square. For information on how to purchase tickets, visit www.folmc.org.

Matt Wigler, jazz and blues piano. 7:30 p.m. \$12 tickets (Stars \$10.80). At the Mansion at Strathmore, Shapiro Music Room. Wigler, a 16-year-old pianist and composer who fell in love with jazz and blues at age eight, has played festivals and venues throughout the U.S. Call 301-581-5100 or visit www.strathmore.org.

Specialty Tea: Halloween Tea. 1 p.m. \$26 reservation. At the Mansion at Strathmore. Murder mystery tea party with Celtic harpist Jo Morrison. Call 301-581-5108.

Joan Baez with Steve Earle. 8 p.m. At the Music Center at Strathmore. For tickets, visit www.Strathmore.org or call 301-581-5100.

Boy Scouts Collect and Retire Old American Flags

Boy Scout Troop 773 is collecting flags that have given good service are ready to retire. As a community service, they will have a flag collection point at the Potomac Day Fair on Saturday, Oct. 23, with a booth located in front of Wachovia Bank. Look for the uniformed Scouts and they will accept your flag for retirement at a later date. The Troop will be performing retirement ceremonies at various points across the year with the collected flags.

If you miss the collection point on Potomac Day, drop off your flag at the 773 Troop meeting on Tuesday, Nov. 9 from 7:30 to 9 p.m. at the Potomac United Methodist Church Meeting Hall, corner of Falls and Glen Roads.



Potomac Chamber of Commerce

PO Box 59160

Potomac, MD 20859

301-299-2170 • Fax 301-299-4650



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October 23rd, 2010*



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FINE ARTS

OCT. 23 - 24

Paintings by Arnie Casavant. 12 p.m. to 5 p.m. The Yellow Barn Studio, Glen Echo Park's resident painting and drawing studio, presents works by Arnie Casavant. In the Yellow Barn Gallery. Call 301-371-5593 or visit yellowbarnstudio.com.

NOW THROUGH OCT. 24

Contemporary Designs in Glass. Glassworks Presents: "Contemporary Designs in Glass." Featuring blown glass artwork by Paul Swartwood, Mark Hill, and Kevin Lurie. In the Popcorn Gallery. Open Saturdays and Sundays, 12 p.m. to 6 p.m. Call 301-634-2222 or visit glenechoglassworks.com.

SUNDAY/OCT. 24

Voices of the River: Scenes from the River. 3-6 p.m. Come to an exhibit at the Lockhouse at Great Falls Park, featuring the work of local artist Leea Baltes. Enjoy Leea's acrylic landscape paintings which capture the beauty and serenity of nature.

NOW THROUGH OCT. 24

Analogue: Work by Photoworks' Master Printing Class. Photoworks, Glen Echo Park's resident photography studio and teaching facility, presents works by its Master Printing students. In the Photoworks Gallery at Glen Echo Park. Open Saturdays, 1 p.m. to 4 p.m., and Sundays and Mondays, 1 p.m. to 8 p.m. Call 301-634-2274 or visit glenechophotoworks.org.

NOW THROUGH OCT. 26.

"Watercolor and Wood." Free. An exhibit of paintings by Judy Wengrovitz and wood sculptures by Sy Wengrovitz. At Gallery Har Shalom, 11510 Falls Road, Potomac. Call 301-299-7087.

OCT. 29 - DEC. 5

Gabriela Bulisova: The Option of Last Resort-Iraqi Refugees in the United States. Photoworks, Glen Echo Park's resident photography studio and teaching facility, presents works by Gabriela Bulisova, a documentary photographer from the former Czechoslovakia. In the Photoworks Gallery. Open Saturdays, 1 p.m. to 4 p.m., and Sundays and Mondays, 1 p.m. to 8 p.m. Call 301-634-2274 or visit glenechophotoworks.org.

OCT. 30 - 31

"Faces of the Future." High School Portfolio Class Show. 12 p.m. to 5 p.m. Yellow Barn Studio instructor and artist Glen Kessler presents work from last year's three sessions of the 'High School Scholarship Class.' The students' tuition as well as this exhibition are funded by a generous gift from Friend of The Yellow Barn, Carol Berman. Mrs. Berman will be honored at the artists' reception. A reception for the artists is scheduled for Sunday, Oct. 31 from 3 to 5 p.m. At the Yellow Barn Gallery, 7300 MacArthur Blvd., Glen Echo. Call 301-371-5593 or visit yellowbarnstudio.com.

NOW THROUGH OCT. 31

Paintings by Robinwyn Lewis. As Resident Artist in the Yellow Barn Studio at Glen Echo Park, Ms. Lewis will bring her Chautauqua sensibilities and display her art and greet visitors five days a week — Wednesday and Thursday from 10 to 3 p.m., Friday from 4 to 7 p.m. and Saturday and Sunday from 10 to 7

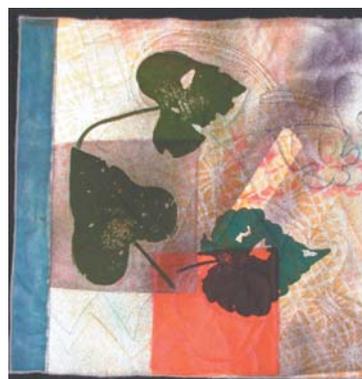
p.m. Glen Echo Park is located at 7300 MacArthur Boulevard. Visit www.robinwyn.com.

NOW THROUGH OCT. 31

Four Vibrant Visions. Free admission. Artists David Cochran, Gavin Glakas, Donna Golden, and Matthew Johnston. Museum hours are Sundays 10-4:30 p.m.; Mondays through Thursdays, noon to 4 p.m. At the Dennis and Phillip Ratner Museum, 10001 Old Georgetown Road, Bethesda. Call 301-897-1518.

NOW THROUGH NOV. 2

Potomac Artists Exhibit. Anna Shuman's paintings are focused on Flowers and Figures. Irene Glaser's paintings are focused on Multiples, four or five paintings joined together to form a unique whole. The other artists in this exhibit include Susan Stregack and Rollin Frasier (Photography) and Bill Moore and Judy Sutton Moore (Sculpture). At The Glenview Mansion Art Gallery, Rockville Civic Center Park, 603 Edmonston Drive, Rockville. Call 240-314-8682.



NOV. 1 TO DEC. 20

"Fabric: On and Off the Wall." An exhibit by Bethesda artist Dominic Nash and Alexandria artist Anne Buchal. Artists' reception Sunday, Nov. 14 from 1 to 3 p.m. At Gallery Har Shalom, 11510 Falls Road, Potomac. Call 301-299-7087.



NOV. 9 TO DEC. 4

Elsewhere. Photographs by Richard Lasner and New Work by Gallery Artists. The artist presents new photographs from Italy as well as from several other locations, including Croatia, the Czech Republic, Cambodia, Montenegro, Vietnam, New Zealand, Bosnia, and the Berkshire Mountains in Massachusetts. Reception is Friday, Nov. 12 from 6 to 9 p.m. At Waverly Street Gallery, 4600 East-West Highway, Bethesda. Call 301-951-9441. Visit waverlystreetgallery.com

LET'S TALK Real Estate



by
Michael Matese

QUESTIONS TO ASK BEFORE YOU HIRE A STAGING PROFESSIONAL

So you want your home staged, but you don't think you could do it yourself. How do you find a professional stager? Here are some questions you can ask once you've compiled your list of possibles.

1. Can I see your portfolio? Are the pictures attractive and presented well? Does the stylist's vision mesh with your home owners?
2. What kind of training do you have? Largely unregulated, it's important to find out if the stager has any formal training and what kind of certification as well.
3. Do you have a specialty? Many stagers have a specialty, whether it be lofts or condo, starter or luxury home. Do your homework to make sure the stager's specialty is what you're looking for.
4. How do you communicate with home owners? Make sure the stager has a sense of tact. If you don't think they can talk to you professionally, pass of them.
5. Do you have any other ideas to bring to the table? Some stagers see their role as going beyond just prepping a home and have other thoughts on strategies for stimulating sales. Ask if there are other ways of working together, asking if perhaps they'd be interested in co-hosting a staging class as a way to interest potential buyers.

For professional advice on all aspects of buying and selling real estate, call:

**MICHAEL MATESE
Long & Foster Realtors
301-806-6829**

Mike@michaelmatese.com.



If you scream in the forest and no one is around to hear it, will you ever be found?

Come find out at...

THE JOHNSON'S
14TH ANNUAL

Haunted Forest

Saturday, October 23rd
& Saturday, October 30th*
7:00 pm to 10:00 pm

*Rain Date: Sunday October 31st



Join the Johnson Family for the 14th Annual Haunted Forest. Refreshments will be available and candy will be scattered throughout the haunted trails.

There is no admission charge, however we gladly accept donations for charity. We want to thank all our co-workers, friends and neighbors for their incredible generosity over the years. This year, we will be splitting the funds and giving donations to the Winston Churchill Booster Club, National Autism Walk and Elizabeth Glaser Pediatric AIDS Foundation.

Learn more and donate directly at www.johnsonhauntedforest.com. Please contribute your donations to "The Johnson's Annual Haunted Forest."

- Paul Johnson

SPECIAL THANKS TO:

The Brundred family
The Brothers family
The Bowis family
The Beauregard family
Hugh Barrett
The Boyland family

The Culleen family
The Crutchfield family
The Fungler family
The Green family
The Hougen family
Joel Laurance

Sam Lerner (Potomac Deli Catering)
The Pereles family
Mark Raker
The Rodman family
The Settlege family
The Sickels family

Potomac REAL ESTATE

For information about appearing on this page, contact Deb Funk at 703-778-9444 or debfunk@connectionnewspapers.com



On the Market



BRAND-NEW AND BEAUTIFUL IN BETHESDA!

Located on 1.58 acres in Bethesda, this custom home was designed by Custom Design Concepts and built by Bradbern Construction. With almost 9,500 glorious square feet, the open floor plan offers wonderful custom details, including custom moldings and cabinetry, walnut and limestone floors, custom chandeliers and a wonderful forged-iron railing. The heart of the home is the gourmet kitchen with Woodmode cabinets, granite countertops and professional stainless steel appliances. In addition to an elegant master suite, three additional upstairs bedrooms have their own full baths. The walkout lower level features an exercise room with full bath, fifth bedroom, additional full bath, recreation room with bar, and space for a media room. 10913 Burdette Road, Bethesda, MD 20817.

**For additional information, contact Marsha Schuman,
marsha.shuman@wfp.com,
Washington Fine Properties Potomac Village
301-983-6400, www.wfp.com.
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**For more information contact Mary Jo Joyce,
Weichert Realtors, 301-580-0144.
This house is priced at \$1,295,000.**

POTOMAC BEAUTY & SERENITY

Unique contemporary sited on almost three wooded acres overlooking a private creek. Kitchen completely renovated with stainless steel appliances, granite counters, center island & large pantry. Hardwood floors & two-sided cozy fireplace on main level. Light filled and airy from walls of windows and numerous skylights. This spectacular, private hideaway is the perfect retreat close to home! This three level home with four bedrooms, four baths and two fireplaces has lots of land to spread out and allows you enjoy your privacy along with being surrounded by the beauty of nature. 12000 Glen Mill Road, Potomac, Maryland 20854.



**For more information contact Leslie Friedson, Long & Foster/Potomac/Cabin John Office, 301-455-4506,
leslie.friedson@longandfoster.com, lesriefriedson.com.
This home is priced at \$899,000.**

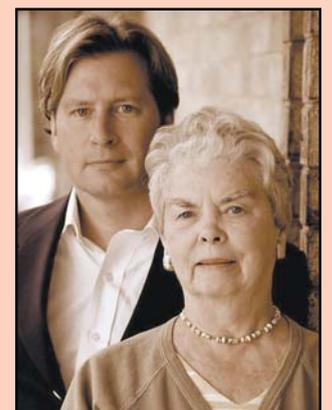
Profiles in Real Estate – Helen and Kurtis King

It's all in the family...Helen and Kurtis (mother and son), of the King "family" Real Estate Team which includes the other two family members as well. Kevin (other son) and Donald (husband) represent more than 100 years of combined service for this group of full-time Realtors.

Helen has been selling real estate for the past 39 years from the same office location, ideally situated on the border of Potomac and Bethesda. She is the proud recipient of all the sales awards including Montgomery County Board of Realtors "Hall of Fame Lifetime Sales Club" as well as her company's Chairman of the Board Award since it began in 1984, signifying a high level of sales achievement. They make it a practice

to sell anywhere in the DC Metro area, but find most of their business originates in the Bethesda/Potomac/Rockville triangle.

Their many years of success have generated a substantial referral network which enables them to focus their energy on representing clients. They receive approximately 80% of new business from their past satisfied clientele. Contrary to the majority of other high volume agent's use of less experienced assistants, their philosophy is simple: "personal attention and focused guidance provided directly from the experts." They have found this proven strategy continually brings them and their client's great success.



Helen and Kurtis King
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301 257-4125
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Rain Washes Away Drought

BY KEN MOORE
THE ALMANAC

Part of an occasional series on the Potomac River, water quality, and the people and agencies who advocate for its wellbeing.

On Oct. 7, the Metropolitan Washington Council of Governments lifted the drought watch for the region that went into effect on Sept. 9.

In the first seven days of October, the Potomac River basin got as much as 12 inches of rain from Tropical Storm Nicole. More rain in the second week of October also helped.

Residents are still encouraged to use water wisely throughout the entire year.

Overall, the flow in the Potomac River is running above long-term average levels and well above current water supply demands, according to the Council of Governments.

Before the precipitation, water levels in the Potomac River were so low that water was released from reservoirs constructed in the early 1980s to provide water supply during droughts. Low water levels on the Potomac River, which provides 75 percent of the Washington region's drinking water, prompted the release of 170 million gallons of water a day beginning Sept. 10 from the Jennings Randolph Reservoir.

Rainfall has also replenished water levels in those reservoirs.

Water levels at Little Falls, which had been under 2.5 feet, peaked above 4.5 feet on Oct. 3, and remains above 3 feet, according to the U.S. Geological Survey.

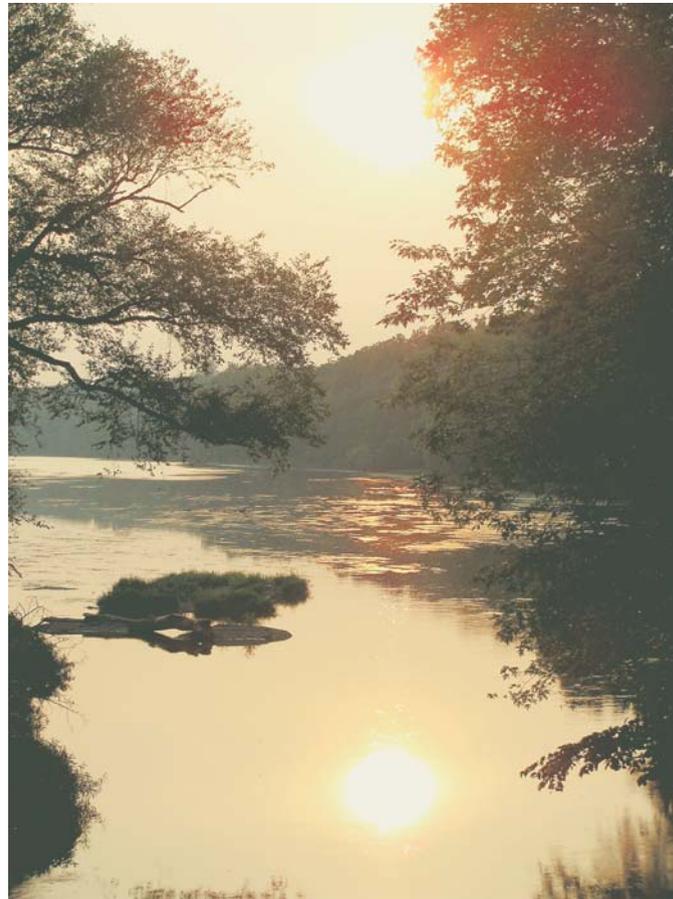
5,000 Signatures

The Potomac Conservancy presented petitions with more than 5,000 signatures to U.S. Rep. James P. Moran (D-Va.) last week. The petitions represented concerns of metropolitan residents about the presence of pollutants in the region's river and drinking water supply.

A toxic stew is brewing in the river, according to the Potomac Conservancy's "State of the Nation's River 2009: Emerging Contaminants in the Potomac River."

Intersex characteristics found in freshwater fish in the Potomac, Shenandoah River and the south fork of the Potomac River since 2002 serve as a "canary in the coal mine," according to the report. By 2003, a high prevalence of intersex characteristics was found in smallmouth bass collected from several sites on the Potomac River watershed. Most of the region's drinking water comes from the Potomac River.

"The fish are a sentinel, alerting scientists and authorities to the toxic levels and additive effects of [endocrine disrupting compounds], which can have significant implications for both humans and wild-life alike," according to the report.



The drought watch is over, water levels are higher, and fall colors are beginning to show along the Potomac River.

The petition the Potomac Conservancy handed Moran calls on Congress to:

- ❖ Direct the National Institutes of Environmental Health Sciences to research endocrine disrupting compounds and their effects on human health. The Potomac Conservancy requests research funding of \$2.5 million per year for three years.

- ❖ Research technology to filter endocrine disrupting compounds from drinking water and from sewage treatment plant output.

- ❖ Investigate the effectiveness of drug take-back programs to keep pharmaceuticals out of the water supply.

Moran cosponsored the Endocrine Disruptor Screen Enhancement Act (H.R. 5210) that would direct the EPA to establish a program that tests drinking water for endocrine disruptors and determine how they interfere with hormonal systems.

By 2006, a U.S. Geological Survey study of smallmouth bass in the Upper Potomac Basin found that male fish from the most densely inhabited and farmed areas had the greatest likelihood of carrying eggs, an unnatural occurrence.

"These studies suggest that EDC's are prevalent throughout the Potomac River," according to the Potomac Conservancy report.

The federal government "needs to employ 21st-century scientific testing and update the regulatory framework to deal with the emerging threat of endocrine disrupting compounds found in the Potomac River and its tributaries," said Potomac Conservancy President Hedrick Belin.

See www.potomac.org.

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Wootton Beats Churchill in 4-Overtime Thriller

Patriots quarterback Papadopoulos throws for 296 yards, four touchdowns

The Wootton football team suffered straight losses to open the 2010 season. During their Oct. 15 homecoming game against Churchill, the Patriots used dramatics to make up for lost time.

Quarterback Chris Papadopoulos came off the bench to pass for 296 yards and four touchdowns and Wootton defeated the rival Bulldogs 48-42 in four overtimes. The teams ended regulation tied at 21 after Wootton (1-6) blocked a 22-yard Churchill field goal attempted at the end of the fourth quarter. Four overtime periods later, the Patriots won the game on a touchdown run by Greg Potemken.

SPORTS BRIEFS

“They showed great heart — never gave up. We overcame a couple of mistakes. They just wouldn’t quit. It’s what you want to see out of a homecoming game.”

— Wootton head football coach Eddie Tolliver

Papadopoulos, who took over at quarterback on Wootton’s second possession, sparked the Patriots offense. He completed 23 of 36 passes, including three touchdown tosses to Mack Hollins and one to Curt Brooks.

“I think he stayed really poised,” Tolliver said, “in some critical situations.”

Potemken led Wootton with 52 rushing yards and two touchdowns. Matt Greenblatt rushed for 30 yards and a score. He also caught six passes for 73 yards — both team highs.

The 48 points were a season high for Wootton, which had been held to



Wootton quarterback Chris Papadopoulos came off the bench to lead the Patriots to a victory over rival Churchill on Friday.



Churchill running back Curtis Kamara rushed for 170 yards and two touchdowns in the Bulldogs’ loss to Wootton on Friday.

PHOTOS BY HARVEY LEVINE/THE ALMANAC

fewer than 10 points on four occasions.

Churchill (4-3) posted season highs in points and passing yards. Quarterback Lansana Keita completed 10 of 18 passes for 170 yards and two touchdowns. He was intercepted once. He completed passes to five different receivers, led by Dominique Williams, who hauled in four catches for 106 yards. Sam Edens and Justin Settlege each caught a touchdown pass.

Curtis Kamara led Churchill with 33 carries for 170 yards and two touchdowns. Keita rushed 11 times for 45 yards and a score.

Defensively, Mitch Rampp and Devyn Walton led Wootton with 11 tackles each. Ben Zacks and Sadiq Olanrewaju each finished with 10. Taariq Elliot intercepted a pass for the Patriots and Peter Dunlop recovered a fumble.

FOR CHURCHILL, Bret Sickels finished with 10 tackles and Robert Bowis and Jacob Suissa each recorded six. Edens, Alex Ha and Joe Kale each finished with one sack for the Bulldogs and Williams intercepted a pass.

Churchill had won four consecutive games after starting the season 0-2. The Bulldogs allowed only 20 points during the four-game win streak after being outscored 76-0 in their first two games. Last week,

Churchill defeated Magruder, 16-14 for homecoming. The Bulldogs trailed 14-3 entering the fourth quarter but Keita ran for a touchdown and threw for another score to guide Churchill to victory. Bret Sickels finished with 18 tackles and Jake Sickels recorded 11 tackles and an interception.

Wootton will travel to face Northwest at 6:30 p.m. on Oct. 22. Tolliver said the Patriots should be able to use their victory over the Bulldogs as momentum to close the season. It should also be a building point for those returning in 2011.

Churchill will host Sherwood at 6:30 p.m.

Whitman Suffers Loss No. 2

The Whitman football team matched its lowest offensive output of the season during a 26-7 loss to Gaithersburg on Oct. 15. The defeat dropped the Vikings’ record to 5-2.

Whitman trailed 20-0 in the first quarter and never recovered. The Vikings’ lone touchdown came on a run by Val Djidotor in the second quarter. Djidotor carried 19 times for 133 yards.

Quarterback Henry Kuhn completed 13 of 30 passes for 120 yards. He threw one

interception. Michael Flack led Whitman with six catches for 83 yards.

Whitman will travel to face Springbrook at 6:30 p.m. on Oct. 22. The Vikings face some tough competition down the stretch as the team looks to earn a spot in the playoffs. Whitman’s final three opponents — Springbrook, Seneca Valley and Churchill — have a combined record of 16-5. Springbrook and Seneca Valley are both 6-1.

Churchill Boys Soccer in 3rd

The Churchill boys soccer team was in third place in the 4A West standings as of last weekend with a 6-2-1 record. Defending state champion Whitman is in ninth place at 3-5-1, followed by 10th-place Wootton at 3-5.

Bullis Improves To 4-2

The Bullis football team defeated St. Stephen’s & St. Agnes 42-31 on Oct. 16, improving its record to 4-2. The Bulldogs will travel to face St. Albans at 2:30 p.m.

SEE SPORTS BRIEFS, PAGE 15
WWW.CONNECTIONNEWSPAPERS.COM

SPORTS

FROM PAGE 14
on Oct. 23.

Whitman Volleyball Loses to Magruder

The Whitman volleyball team dropped to 3-7 with a 3-0 (25-10, 25-15, 25-21) loss to Magruder on Oct. 14. Emma Bird led the Vikings with eight kills. Alex Rosenthal and Catherine Benz each had two and Vera Ivezic had one.

Whitman will host Wheaton at 6:30 p.m. on Oct. 20.

Running back Kevin Jones helped Bullis defeat St. Stephen's & St. Agnes, 42-31, on Oct. 16.



PHOTO BY HARVEY LEVINE/THE ALMANAC

Gardens

FROM PAGE 4

June letter to the Board of Education urging the school system to reconsider its stance.

The county's Commission on Health voted to promote school vegetable gardens.

"The benefits of these community gardens are clear," said Council Vice President Valerie Ervin. "Community gardens enhance the lives of residents by providing hands-on food production for adults and children; promoting social interactions among neighbors; encouraging self-sufficiency [and] beautifying areas."

"There are real issues, but I'm optimistic that we can work through these," said George Leventhal.

SCHOOL NOTES

To have an item listed mail to almanac@connectionnewspapers.com. Deadline is Thursday at noon for the following week's paper. Call 703-778-9412.

Adam Fox of Potomac was named to Millersville University of Pennsylvania's dean's list for the spring 2010 semester.

Birahim Thiam of North Potomac has been appointed to the student leadership organization of cadre within the Air Force Junior Reserve Officer Training Corps at Randolph-Macon Academy. Birahim is the son of Oumou and Idrissa Thiam. A junior at the academy, he received the rank of technical sergeant and will perform the duties assigned to

the India Flight Sergeant.

Arya J. Mortazavi of Potomac is enrolled at Colby College in Waterville, Maine. He is the son of Ala Mortazavi and Firoozeh Shahidi of Potomac. He is also a graduate of St. Albans School.

Braeden L. Lovett of Potomac is a

member of the Class of 2014 at McDaniel College in Westminster, Md.

Michael Hess of Potomac earned an MBA in marketing from Wagner College in Staten Island, N.Y.

David Lee, a freshman at Randolph-Macon Academy (R-MA) in Front Royal,

has been selected to be part of the Academy's inaugural "High Flight" Class. High Flight is R-MA's specialized track for students who have aspirations of attending a United States service academy and pursuing a career as a military officer.

David is the son of Hong Gang Li and Chun Qing Lei of Potomac.



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SCHOOLS

Spirit Week at Churchill

BY DANIELLE COLLINS
FOR THE ALMANAC

Monday, Oct. 4: Ahh, Pajama Day, my favorite day of Spirit Week. Thank goodness I can waltz into school in my pajamas without people staring! Flannel pants: check. Slippers: check. (Must try my best not to fall asleep during class today.)

Tuesday, Oct. 5: Sports Day, finally! Can you say Redskins jersey, Redskins jersey, Redskins jersey? Note to self: stare down Cowboys fans in the hallways.

Wednesday, Oct. 6: Wacky Day! Let's think ... how can I dress as crazy as possible? I know:

Step 1: Spray Paint hair
Step 2: Wear mismatched shoes
Step 3: Put bikini top over clothes (I don't know why, but it's always funny)

Thursday, Oct. 7: Corner Day! Show class spirit by dressing up according to Homecoming corner theme. (Best part: We are allowed to wear hats today!)

Friday, Oct. 8: Game Day and pep rally! I bleed blue and green, my face is covered in bulldog paw prints, and most importantly, I've got my cheering voice ready!

Saturday, Oct. 9: Homecoming Dance! Let the fun begin!

Homecoming at Churchill means planning weeks ahead to ensure the perfect evening. For many girls, this means jamming the local salons for manicures and blow-outs and hitting the mall for just the right dress. For many boys, it means securing a date and choosing a tie to wear 10 minutes before the photo-op begins. Dinner plans are arranged, and limousines (or party buses in some cases) are hired for many groups. The spirit at school is one of excitement and students' expectations are high in hopes that the Homecoming dance is fun. The evening continues with many students going to "after-parties" at someone's home.

In Churchill tradition, each grade creates decorated homecoming corners based on a chosen theme, which are eventually judged by teachers for a contest. Janey Asher, Churchill senior class president and member of the class Executive Board says, "The homecoming theme this year was 'Cities around the World.' Seniors had Paris, juniors had Washington, D.C., sophomores had Venice, and freshman had New York City. Everyone put in a really good effort this year and all the corners turned out to look amazing in the end. In the weeks leading up to Homecoming, each grade paints and builds things that are going to be put in their corner. On the day of set-up, we organize and put the corner together from 2:30 un-



Danielle Collins



Seniors (back row, from left) Ryan Kanfer, Alex Kim, Brian Green, John Talbot, Kyle Grissen, Harry Simon, Petey Liakakis, Alex Askinazi. Front row, from left, are Emily Shapiro, Janey Asher, Molly Shutt, Danielle Malament, Danielle Kram, Lauren Pinsky, Danielle Mandir, Noelle Hunsinger, and Allison Furfine.



Seniors (from left) Melanie Landsman, Tommy Eastman, Maddy Jacobs, Joe Ulica, Arielle Arnold, and Cameron Tahbaz.

til 10 p.m. It's a really long day, but in the end it's worth it."

Anna Kimelblatt, Churchill senior says, "I'm on the senior class Executive Board to plan homecoming corners, and this year was pretty hard for the seniors because our corner scored third place. We scored first place during sophomore and junior years, so it was a bit embarrassing that we didn't do as well this year. The planning was not as extensive as it had been in years past, and I think it was because more seniors were inclined to do college apps than to help out. In the end though, it was great to help build and see all the finished products."

Mr. Justin Ostry, the teacher who heads the Student Government Association (SGA), agrees, saying, "While there were plenty of kids staying to help with Homecoming corners until 10 p.m., some of the school work and tests prevented some students from participating. I think it would be great if the school could coordinate even more to create more involvement, and maybe one year we could even do something like homecoming floats or a parade. As for the

SEE DIARY, PAGE 17

SCHOOLS

Diary of a Churchill Student During Spirit Week

FROM PAGE 16

corners, however, they were all fabulous. They were so unbelievable I wish they could stay up even longer.”

Sophomore Matt Balfour explains that he “didn’t have the chance to help with Homecoming corners this year. Our theme was Venice and our corner was really great. My favorite part was the bridge we made in our corner. It really added to the theme and looked great with all the decorations.”

As for freshman Lauren Farrell, “Homecoming corners this year were good, but being freshmen, we had to improvise on a lot of stuff because we were new to the whole thing. Our theme was New York City, and my favorite part about our corner was the Lion King playbill we set up to represent Broadway.” Anna Tapparo, freshman, says, “Spirit week was really fun even though Corner Day was kind of stressful for the freshmen decorating. My favorite day was definitely Wacky Wednesday. I wore clothes with all different crazy colors and mismatched my whole outfit. It was really fun.”

After the Homecoming corners are viewed, the school congregates for a spirited pep rally, drawing students and teachers alike for competitions between grades and an afternoon of school cheer. Janey



A group of freshmen taking their first Homecoming pictures.

Asher says, “For the pep rally, each grade competes against each other in an obstacle course, tug of war, and cheering competition. The winner gets the Churchill spirit stick. This year, the seniors won the spirit stick which was really great.”

Matt Anderson, a freshman, liked going to the pep rally the Friday before the dance.

“Watching all the sports teams run through the banners and watching the obstacle courses and activities was a great way to get in the Homecoming spirit.”

Mr. Ostry believes that, “This year was the best pep rally we’ve seen in several years because it was so quick and efficient. Most students didn’t leave early this year and

everyone seemed enthralled with all the performances and events. We had some great pep rally activities this year.”

As for the dance itself, most people ended up going with a big group of friends to dinner, the dance, and an after-party. Janey Asher says that she and her friends “took pictures in my backyard. Lebanese Taverna catered dinner at my house and we had Georgetown Cupcake for dessert. It was by far the best Homecoming dinner and pictures I have been to.”

The dance was much better than it has been in previous years. My group wanted to stay even longer than we had planned on staying! My favorite part was definitely the party bus we rented to go to the dance. Everyone on the bus was dancing and having a really good time.”

Party buses seem to be a new trend. One enterprising group of freshmen rented two party buses for themselves and 60 of their closest friends. Anna Tapparo says, “The party bus was actually one of the most fun parts of Homecoming. Everyone was talking, laughing, and dancing and it really made the night great.”

For their first high school Homecoming dance, the Churchill freshmen had rave reviews! Dominic Singer says that he “went

SEE STUDENTS, PAGE 19

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The future comes one day at a time.
-Dean Acheson

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SCHOOLS

Driven to Distraction—Still

By KENNETH B. LOURIE



As much as I agree with, and commend the Maryland State Legislature for passing, a law penalizing drivers who talk on their cell phones while driving — those not using a hands-free device (heretofore known as “distracted drivers”), there is a part of me which, after semi-adhering to the law for not even one day, coincidentally its first day, October 1st, sees a hopefully-not-fatal flaw.

Although I am guilty, as yet to be charged, though, primarily or “secondarily” as the new law states, meaning drivers have to be cited for some other driving infraction (primary) before they can be given a warning first, then a ticket for the “secondary” infraction (talking on their hand-held cell phone), I am completely clear on the concept. Nevertheless, I am curious if perhaps this recently enforceable law might in fact be an inadvertent and convoluted cause for concern rather than a cause for legislative self-congratulation.

As logical and well-meaning as the attempt to curb such common and regularly occurring phone practices is (pervasive is not too harsh a characterization; everyone is talking on their cell phones while driving; young, old, citizens, immigrants; legal or otherwise, and everyone in between), I fear the ingenuity of many drivers who, accustomed to their communication cake and wanting still to be eating it — metaphorically speaking, while driving, will attempt to circumvent the new law.

Our 24/7 availability, combined with the technological improvements/enhancements with which many of us are familiar, has created a feedback loop which seems to require instant access and communication — whenever and wherever. The genie is out of the bottle, and unlike Barbara Eden, I don't see it returning — with or without folded arms and a nod. Putting toothpaste back in the tube seems like child's play compared to the effort required to change these new (comparatively speaking) habits of today's “cell phoning” drivers.

For those of us drivers/cell phone users too stubborn or stupid or disinclined to figure out how to integrate and/or connect a hands-free device into our talking-while-driving routine, unfortunately, not talking on the phone is not really an option anymore. Continuing to talk on the non hands-free phone is, though admittedly unsafe — and distracting, and now against the law as well. However, this new requirement/law is still a process with which many of us are unfamiliar. And though it may be dangerous, it is a danger that is known. What danger isn't known is what will happen when police officers start unexpectedly blaring their sirens and pulling cars over for erratic driving (as a semi pretense), and then ticket the drivers “secondarily” for cell phone usage without a hands-free device.

And so, to avoid this inevitability, what did I find myself doing on that first day of the new law, something that I had never done before — and have no experience doing? Not only looking at the road on which I was driving; front, back, side view, but looking as well at the adjacent cross and parallel roads for police cars ready to pinch my “cell phoning” but even though I was not committing any other driving infraction. Now that's distracting, all that looking around. (If ticketed, I don't see myself taking a day off from work either in order to go to court to dispute the officer's recollection of my alleged “erratic” driving which led to my “secondary” infraction.)

When I'm talking on the cell phone now, I'm not looking around. I'm looking and driving as I normally do but with my focus on two places: on what I'm seeing and what I'm hearing. If my cell phone rings now while I'm driving, to avoid being ticketed, I'll need to be looking around for what I can't see and can't hear (a police cruiser/siren) in addition to what I can see and can hear; in effect, doubling my distractions. Now that's scary.

And though I'm sure the intention of the law was not to make drivers and driving matters worse, I wonder if maybe it has. It's not the law that worries me, it's my reaction to it.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.



Churchill students cheering at the pep rally.



One of the party buses taken by the group of 60 freshmen.

Students Participate in Spirit Week

FROM PAGE 17

out with a big group in a limo and ate at Mama Lucia's restaurant. We went to the dance for a while and then went downtown to D.C. and walked around near the Capitol afterwards. It was a great night.”

Annie Frentzos says that she “had a lot of fun at my first Homecoming! We took a lot of pictures and then went to dinner. The dance was really crowded and fun but we left to go to an after-

party with our whole group.”

Churchill homecoming was a resounding success. Anna Kimelblatt, stated, “The goal this year was to modernize the dance. Our goal was to really get the songs on the Top 20 list playing and make the dance more fun. We spent a bit more money, got a great D.J. and really got people dancing to all the songs. We got a lot of positive feedback this year.”

And last but not least, thanks to the football team for pulling out that “come from behind” fourth quarter victory! Go Dawgs!



PHOTO COURTESY OF KAREN HINTON

Tiger Trot

Connelly School of the Holy Child first annual Tiger Trot 5K kicked off in fine fashion, with Holy Child senior Alex Guntle (left), winning her age group. The top finisher (to her right) Max Furman, 15, brother of Holy Child sixth grader Nat Furman. Guntle is the captain of the Holy Child Cross Country Team. She recently came in third place for her age group in the Stone Harbor Lions 5K Run in New Jersey.

What's New at Walt Whitman High

Walt Whitman High School's principal Dr. Alan S. Goodwin spoke with the Almanac about the upcoming school year:

Did you make any renovations to the school building(s) this year?

We renovated one classroom.

Has your enrollment went up this year?

Our enrollment is up by about 30 students.

Are there any new teachers at Walt Whitman this year?

We have three new English teachers, three new special education teachers, one new science teacher and one new math teacher.

What are your goals for the upcoming school year?*

We hope to make more students eligible this year which means helping students improve their grades. We are looking forward to a fine school year and we are off to a good start.

— SENITRA MCCOMBS

SCHOOL NOTES

To have an item listed mail to almanac@connectionnewspapers.com. Deadline is Thursday at noon for the following week's paper. Call 703-778-9412.

Some 14 members of the Landon Class of 2011 received national honors based on their performances on the PSAT. John Donelan was selected as a semi-finalist, one of approximately 16,000 in the nation. Alex Selowsky was named a finalist in the National Hispanic Recognition Program. He is one of nearly 5,000 outstanding Hispanic students selected based on PSAT scores and grade point average.

Twelve Landon seniors were named National Merit Commended Scholars. They are Alexander Becker of Potomac, Noah Bern of Potomac, James Craig, Jack Falvey, Michael Henochowitz of Potomac, Frederick Holcomb, Devin Jones, Michael Liu, Greg Russell, Alex Selowsky, Jonathan Slack and Sean Stouffer of Potomac. Ji Yu Zhao, an exchange student from China who studied at Landon last year, was also a Commended Scholar.

Five students at Potomac's McLean School of Maryland have earned AP Scholar Awards in recognition of their exceptional achievement on AP Exams. The College Board recognizes several levels of achievement based on students' performance on AP Exams.

❖ **Noah Tomares** was awarded the AP Scholar with Distinction Award.

❖ **Lauren Hoffman** was awarded the AP Scholar with Honor Award.

❖ **Andrew Luckett, Jonathan Slotkin and Ben Spiegel** were awarded the AP Scholar Awards.

Congratulations to the following local students who were named semifinalists in the 2011 National Merit Scholarship Program.

❖ **Bullis School** — Nina Randazzo and Kevin Tenenbaum

❖ **Winston Churchill High School** — Michael C. Ahn, Afif F. Bandak, Garrett M. Gourg, Sonia S. Gaur, Leila Y. Islam, James C. Lee, Michael A. Pratt, Hannah M. Roop, Emily A. Scher, Stephanie Yang, William N. Yau, Alison R. Zhang, Wendy W. Zhao.

❖ **Heights School** — Stephen M. Babendreier.

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