

# Highlanders Win in Style

SPORTS, PAGE 16

McLean's 2010 queen, Kristina Bettner, and king, Chase Mills enjoyed the homecoming ceremonies during halftime of the McLean versus Fairfax football game. McLean overcomes 10-point deficit to remain unbeaten; next up is Stone Bridge.



## Helping The Hungry

NEWS, PAGE 3

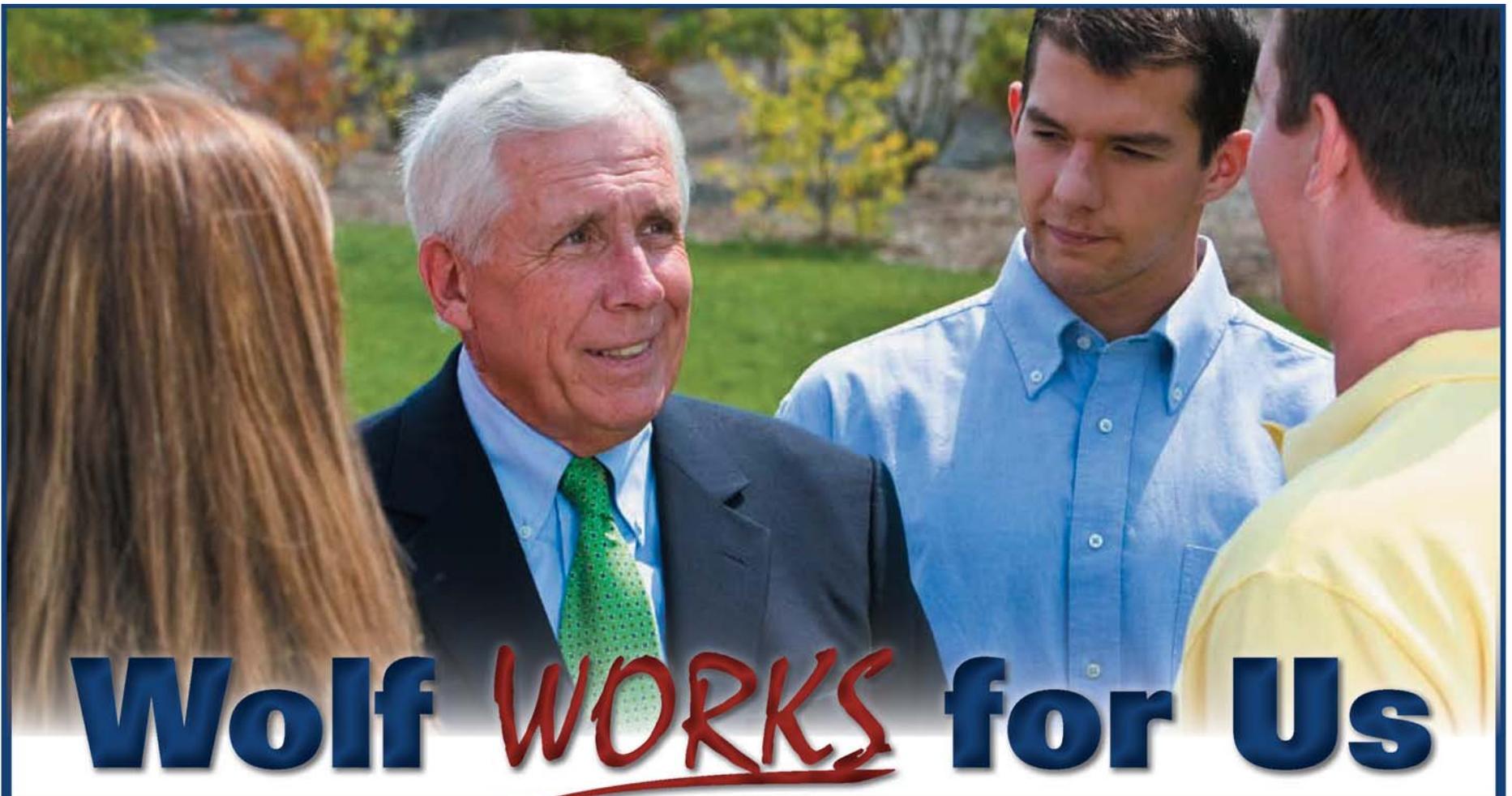
## McLean Orchestra To Open 'A Season Of Enchantment'

NEWS, PAGE 14

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# Wolf *WORKS* for Us

**FRANK WOLF HAS ALWAYS PUT US FIRST**

➤ **Making the GW Parkway Safer**

When a number of serious accidents on the GW Parkway were taking the lives of our friends and neighbors, Frank Wolf worked to have barriers installed in the median and to improve the guard rails on the shoulders from the Key Bridge to Route 123.

➤ **Easing Congestion at Spout Run**

When morning traffic delays on the George Washington Parkway at Spout Run were part of the daily routine, Frank Wolf worked to get a dedicated lane built to improve traffic flow and ease congestion.

➤ **Fixing Bottlenecks on the TR Bridge**

When traffic bottlenecks on the Teddy Roosevelt Bridge created gridlock every weekday into and out of the nation's capital, Frank Wolf convinced the District of Columbia to install a reversible lane on the bridge.

➤ **Protecting Georgetown Pike**

When historic Georgetown Pike has been threatened, Frank Wolf has worked with the community to protect the road and surrounding neighborhoods.

➤ **Creating New Jobs**

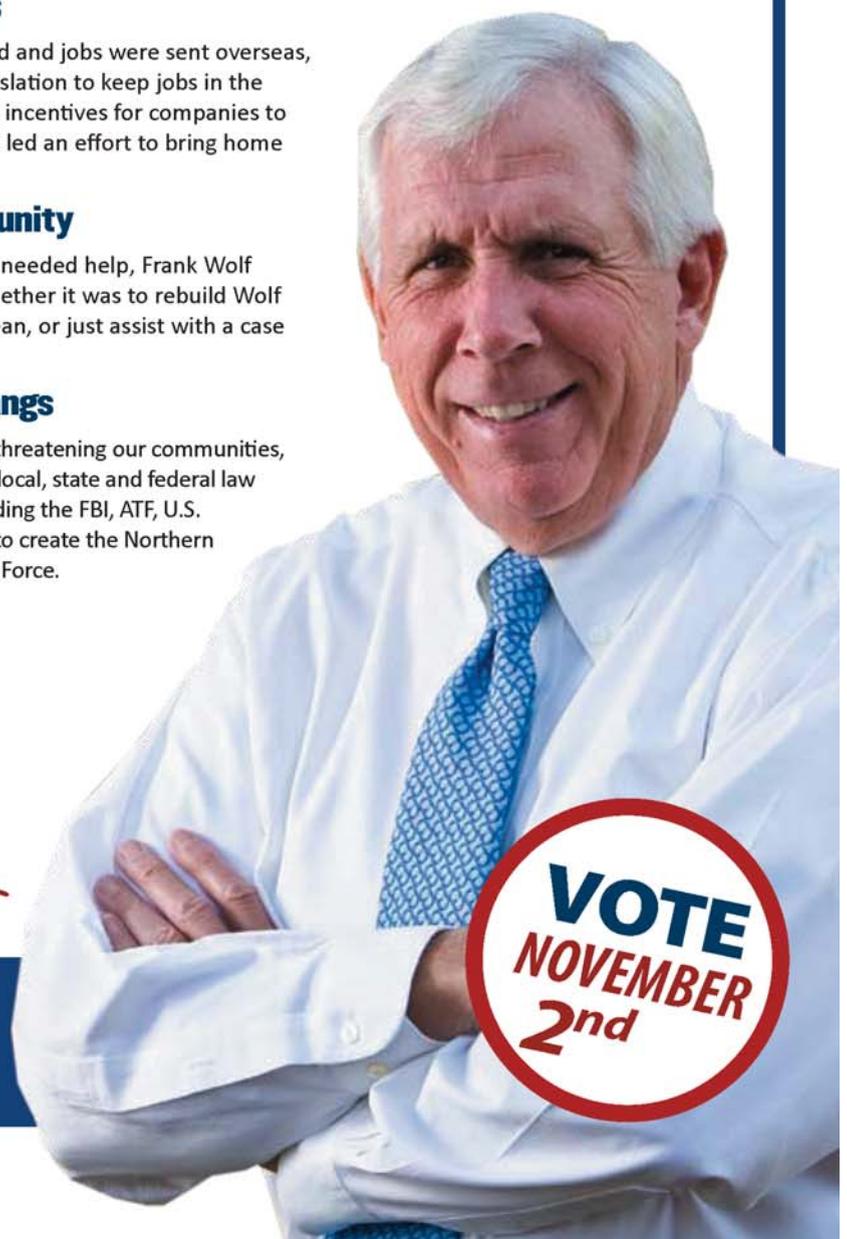
When our economy slowed and jobs were sent overseas, Frank Wolf introduced legislation to keep jobs in the United States by providing incentives for companies to expand in the U.S. and has led an effort to bring home jobs lost to outsourcing.

➤ **Helping Our Community**

When our community has needed help, Frank Wolf has always been there, whether it was to rebuild Wolf Trap, keep the CIA in McLean, or just assist with a case involving a federal agency.

➤ **Fighting Violent Gangs**

When violent gangs began threatening our communities, Frank Wolf pulled together local, state and federal law enforcement officials, including the FBI, ATF, U.S. Marshals Service and DEA, to create the Northern Virginia Regional Gang Task Force.



**VOTE  
NOVEMBER  
2<sup>nd</sup>**

**Frank Wolf is working hard for McLean and Great Falls.**

*On November 2 - Keep Him Working for Us.*

**VOTE  
EARLY!**

In-person absentee voting is under way at the McLean Government Center. For more information, go to: [www.WolfForCongress.com](http://www.WolfForCongress.com)

Paid for by Frank Wolf for Congress

**Volunteers at a Stop Hunger Now event measure out soy, rice and a chicken-flavored vitamin powder into meals. The McLean Rotary Club is hoping to package 100,000 meals Nov. 6 at the Lutheran Church of the Redeemer in McLean.**



PHOTO CONTRIBUTED

## Helping the Hungry

**McLean Rotary Club to package 100,000 meals for hungry people around the world.**

BY ALEX MCVEIGH  
THE CONNECTION

A few months ago, McLean resident Bob Hahne and his wife helped package 20,000 meals in two hours for starving people in 23 countries around the world. On Nov. 6, Hahne and the McLean Rotary Club will attempt to package 100,000 meals at the Lutheran Church of the Redeemer.

The event is for the charity Stop Hunger Now, which assembles nutritious, easily shipped meals around the world to aid hungry people. Hahne said when he heard the numbers at the Williamsburg event, it was something he wanted to get involved in.

"They emphasized that 30,000 people per day die of hunger, and it becomes a moral question: what's worse, to know that fact or to know that fact and do nothing about it?" he said.

**VOLUNTEERS** will package meals made up of soy protein, rice, freeze-dried vegetables and a chicken-flavored powder containing vitamins and minerals. Each meal costs 25 cents and meals are packaged in groups of six. Stop Hunger Now provides the packaging equipment and other materials, and volunteers will measure out servings of the various foods and package them together.

Hahne said they are seeking 500 volunteers to help assemble the meals in two shifts, one from 9 a.m. to 11 a.m. and one from 1 p.m. to 3 p.m. They are also seeking to raise \$25,000 to cover the cost of the 100,000 meals.

Both McLean and Langley high schools have thrown their support behind the event, as students

from both schools will be participating and raising money for the event.

"For McLean and Langley high schools the Stop Hunger Now project provides an opportunity for schools along with community partners to support and influence community service activities that address local, national and international needs through their commitment to building a stronger community," said Dr. Deborah Jackson, principal of McLean High School, and a program chair with the McLean Rotary Club. "It teaches habits of thought, word and deed that help young people learn, work and live together as families, friends, neighbors, communities and nations."

Hahne said that he hopes the event is the first of many in this area, given the enthusiasm coming from the community.

"The goal is to show how easy it is to get something done," he said. "It's been a pleasure to see the willingness of this community, especially the young people, to help."

Rod Brooks, CEO of Stop Hunger Now, says that 95 percent of the charity's events are mobile packaging events such as these.

"It's exciting to be able to give people a hands-on opportunity to help people who are suffering from hunger," Brooks said. "The experience is really powerful, and hopefully people come away with a sense of how we can take an active role in ending hunger."

**"The experience is really powerful, and hopefully people come away with a sense of how we can take an active role in ending hunger."**

— Rod Brooks,  
CEO of Stop Hunger Now

**THE MEALS** go to various school meal programs in foreign countries, which Brooks says also encourages education.

"We think by shipping to school feeding programs, we're providing a huge incentive to go to school. We find that enrollment rates go way up, which helps spread education and breaks the poverty cycle," Brooks said.

There will be a bell set up at the church, to be rung once for every 1,000 packaged meals. Hahne says "hopefully we'll be able to ring it 100 times."

The event will take place at the Lutheran Church of the Redeemer, 1545 Chain Bridge Road, Nov. 6 from 9 a.m. to 3 p.m. For more information, call 703-790-5319, or e-mail mclean.stophunger@gmail.com.

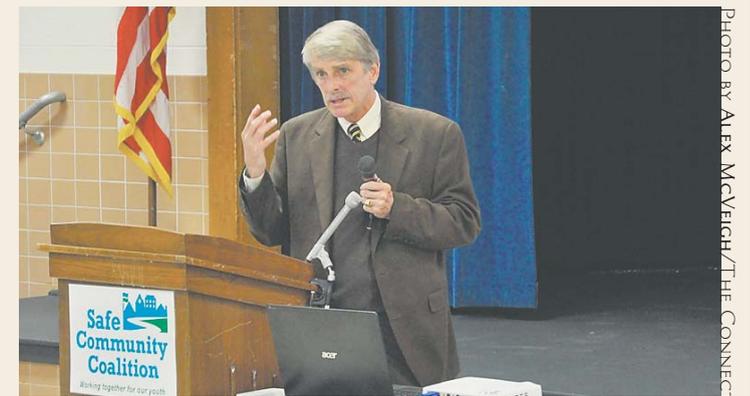


PHOTO BY ALEX MCVEIGH/THE CONNECTION

**Ralph Hingson, director of the Division of Epidemiology and Prevention Research at the National Institute on Alcohol Abuse and Alcoholism, speaks to members of the Safe Community Coalition Oct. 21 at Cooper Middle School.**

## Sobering Facts

**Safe Community Coalition examines ways to curb underage drinking.**

BY ALEX MCVEIGH  
THE CONNECTION

The Safe Community Coalition, a community group dedicated to educating parents and youth about making responsible decisions, held a meeting to discuss underage drinking Oct. 21. The featured speaker for the event, which was held at Cooper Middle School, was Ralph Hingson, director of the Division of Epidemiology and Prevention Research at the National Institute on Alcohol Abuse and Alcoholism.

Hingson came armed with statistics that pointed out just how many deaths and injuries occur because of alcohol, and specifically underage drinking. From 2001 to 2005, there were 9,625 alcohol-attributable deaths of people aged 25 or younger, and almost 5,000 deaths occurred because of underage drinking.

"We're losing more young people each year to underage drinking than soldiers we have lost in the entire [Middle East] war," he said.

Young people who use alcohol most frequently, and tend to binge more than adult drinkers, said Hingson.

"Alcohol is the psychoactive drug of choice for young people," he said. "Young people tend to drink less frequently than adults do, but on the occasions they do drink, they

drink more heavily."

With current knowledge of brain development, the fear is that heavy drinking at a young age will stunt that growth, and Hingson said that it is yet to be determined just how harmful long-term effects can be.

"We're concerned that the human brain is developing into your 20s, and that alcohol may have a deleterious effect on the developing brain," he said. "Some people worry about how long that damage lasts. Even if that damage is stopped if people curtail their drinking, the lost opportunity is the problem."

He said parents could do their part to help by fostering open lines of communication with their children and discussing problems that can arise with underage use of alcohol, establish rules, monitor behavior and setting healthy examples through their own behavior. Hingson also praised the work done by community groups such as the SCC.

"I'm always impressed by community groups that roll up their sleeves and address these issues head on," Hingson said.

District Supervisor John Foust (D-Dranesville) stopped by the meeting to thank the SCC for their efforts in fostering safe development of the community's youth.

"The work they have done

SEE DRINKING, PAGE 5



PHOTO COURTESY OF MCLEAN HIGH SCHOOL

## Line Dancing to Help Stop Hunger

Led by school principal Deborah Jackson, Ph.D., nearly 100 Highlanders students, faculty and staff members raised more than \$425 in just 30 minutes by line-dancing on McLean's football field. McLean High is joining with its rival Langley High as well as members of the Rotary Club of McLean and local service groups and area corporations to collect \$25,000 for Stop Hunger Now.

### WEEK IN MCLEAN

## Driver Dies in Crash at Home

McLean Police District Police are investigating a fatal crash that occurred around 4:25 p.m. Monday, Oct. 18 in the McLean area. David Marvil, 80, pulled up in front of his residence, located at 932 Woburn Court, to check the mail from his 1998 Jeep Wrangler.

For unknown reasons Marvil accelerated to the right side of the driveway. He continued into the front yard and hit a tree. Marvil was the sole occupant of the vehicle.

Marvil was medevaced to Inova Fairfax Hospital with life-threatening injuries. On Oct. 19, he succumbed to his injuries. Crash Reconstruction detectives do not believe speed or alcohol are factors in the crash.

## MCF Replaces Bryn Mawr Park Playground

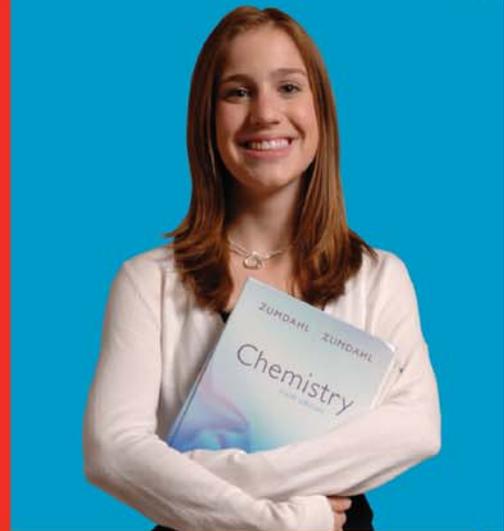
The Fairfax County Park Foundation recently received a grant for \$5,000 from the McLean Community Foundation (MCF) to fund the replacement of a deteriorated and unsafe playground at Bryn Mawr Park located at 6700 Tennyson Drive in McLean. Crew members completed the installation of the new equipment including a small plaque recognizing the generous contribution.

The McLean Community Foundation has a rich tradition of giving including a \$1,000 gift for the Liberty Swing at Clemyjontri Park, a playground where children with disabilities can play side-by-side with other children. MCF funded the Fitness 'n' Fun quadrant of Clemyjontri Park. That \$50,000 grant ranked among the largest single grants in the McLean Community Foundation's 28-year history.

For more information on how to support local parks, contact the Park Foundation at 703-324-8581 or visit online at <http://fairfaxparkfoundation.org>.

SEE WEEK, PAGE 13

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- Sunday, December 5 1:00 p.m.

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## Underage drinking discussed

FROM PAGE 3

has been an essential part of this community for the past 15 years," Foust said. "We're dealing with serious problems here, and I thought the presentation was fantastic."

Nyka Feldman, executive director of the SCC said she brought Hingson in to speak as an attempt to "keep challenging ourselves to find new approaches" to issues such as underage drinking.

SCC vice-president and parent Mimi Weisberg said that presen-

tations like this are invaluable for parents when it comes to discussing difficult topics with their children.

"Parents can be afraid of what they're going to hear, so it's important they feel ready to give answers, and where to find answers," she said. "It's important to talk to our teens about the data we heard tonight, and listen to what they're thinking when it comes to underage drinking."

For more information about the SCC, visit [www.safecommunitycoalition.net](http://www.safecommunitycoalition.net).

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[info@mclean-orchestra.org](mailto:info@mclean-orchestra.org)

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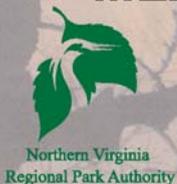
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\*Restrictions apply to obtain the Tax Credit. Work must be completed and invoiced before December 31, 2010. Visit [www.EnergyStar.gov](http://www.EnergyStar.gov) for complete details.

# TRICK OR TREAT THROUGH THE HAUNTED WOODS!

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## PEOPLE

### McLean Bakery Meets the Challenge

Lifelong McLean resident and graduate of Langley High School, Lara Stuckey will be featured in an upcoming episode of the Food Network's popular Challenge show. Stuckey and her assistant, Val, will be given eight hours to construct a masterpiece made almost exclusively out of sugar and flour. They will be going up against three other accomplished cake decorators and artists to compete for the \$10,000 prize money and bragging rights in the cake world.

For the last seven years, Stuckey has baked all of her cakes in a licensed kitchen out of her home. This past April, she realized her dream of opening her own bakery in her hometown of McLean. Fluffy Thoughts Cakes offers cupcakes, authentic French macrons, homemade bars, pastries and cookies – all made daily. Stuckey and her team create wedding cakes for brides and grooms around the metro area.

Fluffy Thoughts Cakes is located at 1320 Old Chain Bridge Rd. in McLean. [www.fluffythoughts.com](http://www.fluffythoughts.com)



Lara Stuckey

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## Reach Your Community



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- The Oak Hill/Herndon Connection
- The McLean Connection
- The Reston Connection
- The Springfield Connection
- The Vienna/Oakton Connection
- The Potomac Almanac

### FAITH NOTES

Faith Notes are for announcements and events in the faith community. Send to [vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com). Deadline is Friday.

There will be a **SHARE, Inc. Benefit Concert**, 5 p.m. on Saturday, Nov. 6 at the Charles Wesley United Methodist Church Sanctuary, 6817 Dean Drive, McLean. Musical groups from the Trinity, Chesterbrook, and Charles Wesley United Methodist Churches will perform to benefit SHARE Inc. of McLean, A Helping Hand for Our Community. Bring a Safeway or Giant grocery gift card, a bag of non-perishable groceries, paper goods, or see what other items are needed at [www.shareofmclean.org](http://www.shareofmclean.org) or [www.charleswesleyumc.org](http://www.charleswesleyumc.org)

**Immanuel Presbyterian Church**, 1125 Savile Lane in McLean, will host Christian scholar and author Diana Butler Bass on Saturday, Nov. 20, as part of the commemoration of the church's 50th Anniversary Year. Bass will discuss the church in the future, "Spiritual and Religion: The Shape of Congregations for a Vital Future". Contact [janetyss@gmail.com](mailto:janetyss@gmail.com) or 703-734-0120.

**Epiphany United Methodist Preschool**, 1014 Country Club Drive, N.E. in Vienna, is now enrolling 3-4-year-old students for the 2010/2011 school year. Contact 703-938-2391 or [www.epiphanypreschool.com](http://www.epiphanypreschool.com).

# COMMUNITY



Devin Diba, Kian Kazemzadeh, Cammy Diba, and Koko Kazemzadeh having a fun Sunday afternoon.

## Shoot For Change in McLean, Vienna

Angela Steever hosted a Shoot For Change gathering at her home in McLean last Saturday, a charity event that raises money for various causes by selling photographs and donating all the profit to an organization. This week Walter Grio, the photographer that started Shoot For Change, took family portraits at Steever's house. The price for a family shoot was \$200, and every cent was donated to One Small Step, a non-profit group that provides money and care for children at the Our Lady of Joyful orphanage in the Congo.

"The dollar can just go so far there," said Angela. "There was a huge trash pile outside of the orphanage, and we asked them how much it would cost to move it away from the children. Only \$480." So far, Shoot For Change has been very popular in the D.C.,



Lydia Kelley smiling for the camera in a photo taken to raise money for the One Small Step charity

area. "We're easily making \$800 to \$1,000 per event," said Grio.

"We're booked," said Steever. Since so many people responded to the event, another one was scheduled in Vienna to respond to the demand. That one will be held on Oct. 30, and proceeds will benefit the Capital Breast Care Center.

Saturday was the first time in Shoot For Change's history that a family hosted the event in their home. Through word of mouth, neighbors and friends heard about the occasion and signed up to help a charitable cause.

General information about Shoot For Change, including the Oct. 30 event in Vienna can be found via e-mail at [info@shootforchange.com](mailto:info@shootforchange.com), and at [www.shootforchange.com](http://www.shootforchange.com).

SEAN MCCALLEY



Elm Street Fitness celebrated the grand opening last Thursday.

## Promoting Fitness

Elm Street Fitness celebrates grand opening.

Elm Street Fitness celebrated the grand opening of its new, private health club last Thursday. Activities throughout the day included class demonstrations, raffle drawings, and an evening reception with catering by Sweet Leaf Cafe.

Linda Rudd is co-owner and trainer of STS Personal Training.

Elm Street Fitness offers the following range of services:

- ❖ A private health club with cardio and weight training equipment; small classes in

yoga, cardio, pilates, pre and post natal fitness and senior fitness; small group training; personal training; locker room with showers.

"We are excited to offer people an alternative to a big, impersonal health club," said co-owner and trainer, Jim Rudd.

Elm Street Fitness is located at 6867 Elm Street in McLean.

Contact: Linda Rudd, Co-Owner and American College of Sports Medicine Health Fitness Specialist, 703-442-0748.

[Linda@elmstfit.com](mailto:Linda@elmstfit.com)

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# OPINION

## Vote Nov. 2 (or Before)

**T**urnout could make a big difference in one or more of the three congressional races in Northern Virginia this year.

Every year is an election year in Virginia. This combined with a bevy of special elections in some areas can result in voter fatigue.

This year, every voter in Virginia will vote for a candidate for U.S. House of Representatives plus vote on three statewide constitutional questions.

Voters in Fairfax will also vote on a transportation bond referendum.

Voters in Arlington will also choose one member of Arlington County Board, one member of the Arlington School Board and vote on four bond questions, one for Metro funding, one for "county infrastructure," one for schools and one for parks.

You can still vote early. Voters are allowed to vote absentee if they might be unavailable to vote on Election Day, including people who might be at work or commuting to work for 11 hours on that day. That's eight hours at work, a possible one-hour commute each way plus a lunch hour.

**VOTERS' RIGHTS**, excerpts from the State Board of Elections, [www.sbe.virginia.gov](http://www.sbe.virginia.gov):

As a Virginia voter, you have the following rights:

- ❖ To be treated with courtesy and respect by the election officials

- ❖ To seek help from the election officials if you are unsure about anything relating to the voting process.

- ❖ To be given a demonstration of how the voting equipment works.

- ❖ To enter the full name of a write-in candidate.

- ❖ To have a ballot brought to your vehicle instead of entering the polling place if you are 65 years of age or older, or if you are disabled.

- ❖ To vote even if you have no identification with you at the polling place. You must sign the "Affirmation of Identity" statement before voting if you have no ID (unless you are voting for the first time and did not mail in a copy of your id). Even so, bring your identification with you.

- ❖ To vote by provisional ballot if your status as a qualified voter is in question, and to be present when the Electoral Board meets to determine if your ballot will be counted.

- ❖ To bring your child age 15 or younger into the voting booth with you to observe you vote.

**IF YOU FEEL** your voting rights have been violated or that you may have witnessed an election law being broken, it is important to report the incident immediately, before the polls close on ElectionDay, and preferably while

### Polls Open Nov. 2, 6 a.m.-7 p.m.

To find your polling place, see a sample ballot, check your registration, go to [www.sbe.virginia.gov](http://www.sbe.virginia.gov) and click on "Voter Information." Registered voters can vote in person absentee for many reasons before Election Day, see details below.

For more, contact your local election board.

#### IN FAIRFAX COUNTY:

Fairfax County Office of Elections  
12000 Government Center Parkway, Suite 323  
Fairfax, VA 22035-0081

[www.fairfaxcounty.gov/eb/](http://www.fairfaxcounty.gov/eb/)  
703-222-0776 phone

703-324-4700 for 24-hour recorded information  
In-Person Absentee Voting available until Oct. 30:

Office of Elections, 12000 Government Center Parkway, Suite 323, Fairfax, VA 22035, Monday-Friday, 8:00 a.m. -7:30 p.m., and Saturday, 9 a.m. - 5 p.m.

Also available thru Oct. 30, at the following satellite locations, Monday-Friday, 2:30 p.m. to 7:30 p.m., and Saturday, 9 to 5 p.m.

McLean Governmental Center, 1437 Balls Hill Road, McLean, VA 22101

North County Governmental Center, 12000 Bowman Towne Drive, Reston, VA 20190

you are still at your polling place. Contact the State Board of Elections at 1-800-552-9745, or via email at [info@sbe.virginia.gov](mailto:info@sbe.virginia.gov).

If you still believe your voting rights may have been violated, you have 10 days to file a formal complaint with the State Board of Elections.

colon, cervical, skin, and breast cancers. As a member of their Board, I know the importance of routine check-ups including regular mammograms. Today a mammogram can detect barely visible tumors that a woman might not be able to "feel" for another decade.

Editor Mary Kimm had a more aggressive tumor, but she was aware from earlier exams that her symptoms merited a return visit to her doctor. She used her knowledge to be her own advocate, and she was treated in time as a result. According to the Virginia office of the Every Woman's Life program, the survival rate for breast cancer is 98 percent if diagnosed at an early stage, but only 26 percent if diagnosed at a later stage. Likewise, the survival rate for invasive cervical cancer is 92 percent if diagnosed early and only 15 percent if diagnosed late.

"A woman's race or economic status in the United States should not affect her chances of surviving breast cancer, but they do." This point is worth repeating, because in Virginia poor women must go to one of 26 health care centers in the state to be screened for breast or cervical cancer if they wish to have the cost of a positive diagnosis covered through Medicaid. Given their lack of accessibility to a diagnostic center, limited

resources, and fear of unknown outcomes, these women are often not diagnosed until they have a late stage cancer. Beyond the devastating personal impacts, the cost to the state is substantial: early stage breast cancer treatment is about \$28,000 as opposed to almost \$44,000 for late stage cancer. The disparities for cervical cancer are greater: \$11,700 as compared to \$38,500 for late stage treatment.

In 2009 as a legislator, I introduced HB2200 to establish a non-reverting, interest-bearing fund for underserved Virginia women diagnosed with breast or cervical cancer. The bill passed unanimously, and was signed into law. Now, The Breast and Cervical Cancer Prevention and Treatment Fund (BCCPT) may receive private donations that may not be diverted to other state funds and are matched two-to-one by federal funds established under a law passed in 2000. Once the Virginia fund reaches a self-sustaining threshold, the legislature can remove the requirement that poor women must be screened at one of the 26 centers.

Instead, they can receive their screenings close to their homes, and qualify for treatment under the current Every Woman's Life program. We will at a minimum, double the number of women

treated early for these two diseases.

If you would like to help Virginia women achieve the promise of early detection and treatment for breast or cervical cancer during October's Breast Cancer Awareness Month – or at any time – you may send a check made out to The Department of Medical Assistance Services "and write "BCCPT Fund" in the memo line. Contributions should be sent to: The Department of Medical Services, Fiscal Division/BCCPT, 600 Broad Street – 8th floor, Richmond, Virginia 23219.

Together we can save lives, save money, and savor a cause worth celebrating.

**Margaret Vanderhye**  
McLean

### Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Send to:

Letters to the Editor  
The Connection  
1606 King St.  
Alexandria VA 22314  
Call: 703-778-9410.  
By e-mail:  
[info@connectionnewspapers.com](mailto:info@connectionnewspapers.com)

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#### LETTERS TO THE EDITOR

### Saving Lives, Saving Money

Recent editorial ["October: Breast Cancer Awareness Month", Connection, Oct. 13-19, 2010] includes several points that deserve special emphasis because they can shape both our attitudes and our behavior regarding breast cancer.

The first point is: "...there is just one person in charge of your health care, and that person is you." While that statement may seem obvious today among educated people with sufficient health insurance, it still comes as a revelation to many who lack access to health care and regard illness and wellness passively – as forces we react to instead of managing. However our health care reform legislation evolves, a primary objective must be that we take ownership of our own health – knowing our risk factors, getting regular preventive check-ups, and adopting good nutrition and lifestyle choices.

That leads to a second point worth emphasizing: "...early detection really can save lives." The national Prevent Cancer Foundation based in Alexandria ([www.preventcancer.org](http://www.preventcancer.org)) advocates and funds research and outreach on early detection and prevention programs for treatable cancers, among them prostate,

# OBITUARY

## L. Mitchell Dick, 84, GAO Assistant General Counsel, Dies

L. Mitchell Dick, 84, retired Assistant General Counsel for the U.S. General Accounting Office (GAO) died peacefully after a long illness on Oct. 7, 2010 in McLean.

He was born in Winchester, Va., and moved to Arlington in 1932 and resided in McLean from 1966 until his death.

He graduated from Washington - Lee High School in 1944, Princeton University in 1948 and the George Washington University Law School in 1957. At W-L and Princeton Mr. Dick was a versatile trackman, scoring in many different track and field events.

During World War II, he served in the U.S. Navy. After the war and graduating from Princeton he went to work in the Transportation Division at GAO. He joined the Office of the General Counsel and retired after 35 years of service as an Assistant General Counsel. He received a meritorious Service Award in 1969.

At GAO Mr. Dick participated in

many employee activities, serving as Counsel and President of the GAO Employees Association and President of the GAO Federal Credit Union.

Mr. Dick was a Civil War buff and was a historian by avocation. He served on the old Fairfax Historical Landmarks & Preservation Commission and helped preserve Colvin Mill, Dranesville Tavern and Sully Plantation. He served as the first chairman of the Fairfax County History Commission.

Preceded in death by Faith Tucker Dick, his wife of 50 years. Survivors includes, three daughters - Doris Dillon, McLean; Laura Mendelsohn, Great Falls; Donna Buffington, McLean; four grandchildren - Cassel Moschetto, McLean, Michelle and Sarah Mendelsohn, Great Falls, Nicole Buffington, McLean; and a sister, Ann Edmondson, N. Myrtle Beach, S.C., a brother Donnie Dick of Falls Church, and brother James Dick of Manassas.

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Send announcements to [mclean@connectionnewspapers.com](mailto:mclean@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com)

### THURSDAY/OCT. 28

**Parachute and Hot Chelle Rae.** 7:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

**Craft Beer Class.** 6:30 p.m. Total Wine & More, McLean Shopping Center 1451 Chain Bridge Road, McLean. Style comparisons and tastings. \$15. Registration required, class size limited. 703-749-0011.

**Pianist Jim Brickman.** 8 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. \$35. [Wolftrap.org](http://Wolftrap.org).

### FRIDAY/OCT. 29

**Ninth Annual Jazz for Justice Concert.** 8 p.m. in the George Mason University Center for the Arts Concert Hall, 4500 University Drive, Fairfax. Proceeds benefit the charitable endeavors of the Fairfax Law Foundation and the music scholarship fund at George Mason University. [cnorris@fairfaxbar.org](mailto:cnorris@fairfaxbar.org).

**The Summer Set, Stereo Skyline, Mod Sun, Austin Gibbs and School Boy Humor.** 5:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

**Old Firehouse Teen Center Halloween Fright Night.** 1440 Chain Bridge Road, McLean. Friday night dance for 7<sup>th</sup>-8<sup>th</sup> graders. Prizes for the most impressive costumes. [www.mcleancenter.org](http://www.mcleancenter.org).

**"Holiday."** 8 p.m. at 1st Stage, 1524 Spring Hill Road, McLean. A comedy of love, money and ambition by Philip

Barry, set a year before the Great Depression. \$25 adults, \$15 students. 703-854-1856 or [www.1ststageysons.org/holiday](http://www.1ststageysons.org/holiday).

**"Aesop's Fables."** 7:30 p.m. ArtSpace Falls Church, 410 S. Maple Ave., Falls Church. A contemporary adaption of Aesop's classic tales. \$12 adults, \$10 students and seniors. 571-239-5288 or [www.creativecauldron.org](http://www.creativecauldron.org).

**Monster Mash.** 7 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. A party for 5<sup>th</sup> and 6<sup>th</sup> graders, with a DJ, dancing, games, snacks and more. Costumes encouraged. \$30, \$20 McLean district residents. [www.mcleancenter.org](http://www.mcleancenter.org).

**Pianist Jim Brickman.** 8 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. \$35. [Wolftrap.org](http://Wolftrap.org).

### SATURDAY/OCT. 30

**Fall Color Photographers' Field Day.** 5 a.m.-9 p.m. at Meadowlark Botanical Gardens, 9570 Meadowlark Gardens Court, Vienna. Classes, outdoor photo shoots and more will be offered throughout the day. Admission to Gardens \$5 for those arriving before 10 a.m. Extra charge for some activities. Field day box lunch available for \$7, must be pre-paid by Oct. 27. [www.nvrpa.org/parks/meadowlark](http://www.nvrpa.org/parks/meadowlark)

**Halloween Hike: Trick or Treat in the Haunted Woods.** 7:30-9 p.m. at Meadowlark Botanical Gardens, 9570 Meadowlark Gardens Court, Vienna. Visit treat stations throughout Meadowlark, with a special display at the Lake Gazebo. Ages 6 and up. \$10 per person, no groups larger than 6. Reservations required at 703-255-3631.

**Spanish Singer Buika.** 8 p.m. at George Mason University Center for



### 'Liquid Dreams' by Brenda Drake

**Liquid Dreams' by Brenda Drake. There will be an artist's reception with Brenda Drake at 2 p.m. on Saturday, Nov. 13, at the Great Falls Library, 9830 Georgetown Pike, Great Falls. 'Liquid Dreams' is a solo exhibition of Drake's paintings and mixed media works, on display from Nov. 2-30. [www.artistbrendadrake.com](http://www.artistbrendadrake.com).**

the Arts, 4400 University Drive, Fairfax. A blend of jazz, blues and soul with gypsy rumba, Afro-Cuban music and flamenco. A pre-performance discussion, free to ticket holders, begins 45 minutes prior to the performance on the Center's Grand Tier III. \$21-\$42. Charge

tickets at 888-945-2468 or [cfa.gmu.edu](http://cfa.gmu.edu).

**Vienna Choral Society Art Auction and Choral Concert.** At the Church of the Holy Comforter, 543 Beulah Road N.E., Vienna. Silent auction of Haitian art begins at 6:30 p.m., followed at 7:30 p.m. by "Will Sing for Food: A Concert for the Hungry and Homeless". Proceeds benefit hunger and homeless relief organizations. Adults \$20, seniors and students \$15, families \$35. Tickets available at [www.viennachoralsociety.org](http://www.viennachoralsociety.org) or 703-255-5508.

**States featuring Mindy White** at 7 p.m., **Halloween Party with The Speaks, Fight The Lion and Ivy Rose** at 10 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

**Mummenschanz.** 8 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. \$40, \$35 district residents. [www.mcleancenter.org](http://www.mcleancenter.org).

**National Master Chorale Romantic Classics Concert.** 4 p.m. at St. Luke Catholic Church, 7001 Georgetown Pike, McLean. Choral music by Schumann, Mendelssohn, Reinberger and Bruckner, and the complete performance of Brahms' Zigeunerlieder. Tickets \$20-30, available at [www.nationalmasterchorale.org](http://www.nationalmasterchorale.org) or 202-596-8934.

**Great Falls Library 10<sup>th</sup> Anniversary.** 10 a.m.-3 p.m. at the Great Falls Library, 9830 Georgetown Pike, Great Falls. Moon bounce, glitter tattoos, make your own bookmark and balloons. Puppet show by Kaydee Puppets at 11 a.m. and storyteller Gary Lloyd's Pumpkin Tales at 3 p.m. Free and open to all ages. Children encouraged to wear Halloween costumes. 703-757-8560 or [www.fairfaxcounty.gov/library/friends/ff](http://www.fairfaxcounty.gov/library/friends/ff).

**"Holiday."** 2 p.m. and 8 p.m. at 1st Stage, 1524 Spring Hill Road, McLean. A comedy of love, money and ambition by Philip Barry, set a year before the Great Depression. \$25 adults, \$15 students. 703-854-1856 or [www.1ststageysons.org/holiday](http://www.1ststageysons.org/holiday).

**"Aesop's Fables."** 2 p.m. and 7:30 p.m. ArtSpace Falls Church, 410 S. Maple Ave., Falls Church. A contemporary adaption of Aesop's classic tales. \$12 adults, \$10 students and seniors. 571-239-5288 or

[www.creativecauldron.org](http://www.creativecauldron.org).

**McLean Orchestra Season Opening: Music of the Night.** 8 p.m. at Oakcrest School, 850 Balls Hill Road, McLean. Conducted by Emil de Cou of the National Symphony Orchestra. Tickets \$15-\$30. Guests are invited to wear Halloween costume, as will the musicians and conductor. 703-893-8646.

**Pianist Jim Brickman.** 7:30 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. \$35. [Wolftrap.org](http://Wolftrap.org).

### SUNDAY/OCT. 31

**Rocknocoeros Halloween Party** at 10:30 a.m. **Boys Will Be Boys, Scott Norris, Brightview and The Comeback Season** at 6:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

**Mummenschanz.** 3 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. \$40, \$35 district residents. [www.mcleancenter.org](http://www.mcleancenter.org).

**"Holiday."** 2 p.m. and 7 p.m. at 1st Stage, 1524 Spring Hill Road, McLean. A comedy of love, money and ambition by Philip Barry, set a year before the Great Depression. \$25 adults, \$15 students. 703-854-1856 or [www.1ststageysons.org/holiday](http://www.1ststageysons.org/holiday).

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### MONDAY/NOV. 1

**Council Bluffs and The Silver Liners.** 7:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

### TUESDAY/NOV. 2

**Tyler Hilton and Josiah Leming.** 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

### WEDNESDAY/NOV. 3

**Green River Ordinance: the Grab Your Dancing Shoes Tour.** 7:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

### THURSDAY/NOV. 4

**Danielle Ate the Sandwich.** 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

### FRIDAY/NOV. 5

**Lar Lubovitch Dance Company.** 8 p.m. at George Mason University Center for the Arts, 4400 University Drive, Fairfax. Modern dance ensemble. A pre-performance discussion, free to ticket holders, begins 45 minutes prior to the performance on the Center's Grand Tier III. \$22-\$44. Charge tickets at 888-945-2468 or [cfa.gmu.edu](http://cfa.gmu.edu).

**Acoustic In-The-Round with Eric Brace, Dan Navarro and Peter Cooper.** 7 p.m. and 9:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

**Old Firehouse Teen Center Dance.** 1440 Chain Bridge Road, McLean. Friday night dance for 7<sup>th</sup>-8<sup>th</sup> graders. [www.mcleancenter.org](http://www.mcleancenter.org).

**"Holiday."** 8 p.m. at 1st Stage, 1524 Spring Hill Road, McLean. A comedy of love, money and ambition by Philip Barry, set a year before the Great Depression. \$25 adults, \$15 students. 703-854-1856 or [www.1ststageysons.org/holiday](http://www.1ststageysons.org/holiday).

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**Mummenschanz**  
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Sunday, Oct. 31, 3 p.m.  
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Mummenschanz has been enchanting audiences of all ages for 35 years with its clever, comic and bizarre world filled with strange creatures, amusing situations, astounding colors and imaginative shapes.

**OFTC Teacher Workday Trips**  
Monday, Nov. 1 - 8301.210  
Massanutten Indoor Water Park  
Tuesday, Nov. 2 - 8302.210  
Bowling at Strike Bethesda

Join the Old Firehouse Teen Center for these fun-filled trips for 5th-8th graders!

**Travel and Adventure Film Series**  
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**\$10/\$8** district residents

**Dancing Under the Stars**  
Friday, Nov. 5  
7-8 p.m. Free dance instruction  
8-11 p.m. Dance  
**\$20** per person; **\$10** district residents;  
**\$20** at the door

Come join us for a delightful evening of live music with **The Hot Society Orchestra of Washington**. Advance registration is recommended. Activity No. 1999.210

**Children's Flea Market**  
Saturday, Nov. 6, 11 a.m.-1 p.m.  
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Kids, sign up now to sell your old toys, games and other items or come and buy cool books, games, toys and clothes at great prices!

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Saturday, Nov. 6, 2010  
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**To sell:**  
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Activity No. 4502.210

**The McLean Community Center**  
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## Sterling

20502 Morningside Ter.....\$335,000...Sun 1-4...John Frantz.....Weichert.....571-748-7630

45826 Matador Terrace.....\$425,000...Sun 1-4...Diana LeFrancois.....Century 21.....703-930-6682

46781 Hollow Mountain Pl...\$565,000...Sun 1-4...Deb Frank.....Re/Max.....703-915-3664

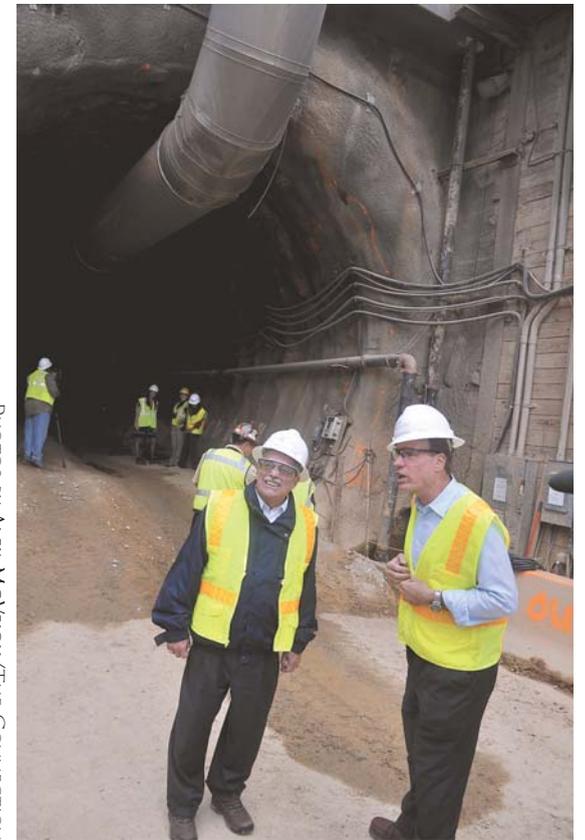
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## NEWS



PHOTOS BY ALEX McVEIGH/THE CONNECTION

From left, Senator Mark Warner (D-Va.) and Congressman Gerry Connolly (D-11), take a look at the construction site for a 1,700 foot tunnel for the Tysons Corner Metrorail Oct. 25.



From left, Sen. Mark Warner (D-Va.), Larry Melton, Tysons Corner Metrorail project manager, design-build, and Congressman Gerry Connolly (D-11) discuss the construction process of the Metrorail track going through Tysons Corner.

# Tunnel Vision

## Senator Warner, Congressman Connolly tour Tysons Corner Metrorail tunnel.

BY ALEX McVEIGH  
THE CONNECTION

U.S. Sen. Mark Warner (D-Va.) and U.S. Rep. Gerry Connolly (D-11) visited the construction site for the Tysons Corner Metrorail Oct. 25. Both men were able to get a glimpse inside the 1,700-foot tunnel between the Tysons Central 7 and Tysons Central 123 stations.

Warner and Connolly have both been involved in making the project a reality throughout stages of development that go back 20 years.

"It's been a long time coming, it's good to see this project as a reality," Connolly said, about 50 feet into the tunnel. "When you work a long time at something, it's rewarding to actually see it happening. This

project will make a huge difference for commuters along the Dulles Corridor, and I'm glad to be a part of it. It represents an investment that was needed and will have a major impact."

Warner, who also worked towards making the Silver Line a reality while governor said that actually seeing the tunnel was inspiring.

"We've been talking about it for 20 years, and I think if people see that tunnel, it gives us the energy to make sure it gets finished," he said.

The Silver Line will run parallel to the Orange Line until the East Falls Church station. Phase One, which includes four stops in Tysons Corner and Wiehle Avenue in Reston, is scheduled to open in 2013. Phase Two will run along the Dulles Toll Road to Ashburn, with stops in Reston, Herndon, Sterling and the Dulles Airport, and is scheduled to be completed in 2016.



From right, Sen. Mark Warner (D-Va.) and Congressman Gerry Connolly (D-11) examine one of the aerial platforms at the Tysons Metrorail construction site.

## MCC Recognized for 35 Years of Service

The Fairfax County Board of Supervisors has recognized the McLean Community Center's 35th Anniversary with a resolution. Dranesville District Supervisor John W. Foust's Chief of Staff, Jane Edmondson, presented MCC Governing Board Chairman David Sanders with the resolution that congratulates the Center on 35 years of service to the community. Edmondson presented the plaque at the Center's 35th Anniversary Gala, which featured a performance by award-winning actor John Lithgow on Saturday, Oct. 16, at the Alden Theatre.

In accepting the resolution on behalf of the McLean Community Center, Sanders said, "The McLean Community Center was founded 35 years ago to foster a sense of community here in McLean. Our residents, who have come here to a watch a performance or participate in one, take a class, attend a meeting or participate in one of our special events like our McLean Day or Independence Day celebrations, have helped us succeed in that mission. All of us are grateful to those who had the foresight and the determination to make the McLean Community Center a reality and to



**Jane Edmondson presents MCC Governing Board Chairman David Sanders with the resolution that congratulates the Center on 35 years of service to the community.**

the Fairfax County Board of Supervisors for their 35 years of unwavering and continuing support."

The Center will continue its month-long anniversary celebration through Sunday, Oct. 31, with

a number of events and activities. For more detailed information, call the Center at 703-790-0123, TTY: 711, or visit the Center's Web site at: <http://www.mcleancenter.org/special-events/35anniversary.asp>.

FROM PAGE 4

## Free Halloween Cab Rides Offered in Northern Virginia

Free cab rides will be offered to would-be drunk drivers throughout Northern Virginia on the evening of Saturday, Oct. 30. Offered by the nonprofit Washington Regional Alcohol Program (WRAP), the Halloween SoberRide program will be in operation beginning at 10 p.m. Saturday, Oct. 30 and operate until 6 a.m. Sunday, Oct. 31 as a way to keep local roads safe from impaired drivers during this traditionally high-risk, holiday period.

During this eight-hour period, area residents ages 21 and older and celebrating with alcohol may call the toll-free SoberRide phone number 1-800-200-TAXI and be afforded a no-cost (up to a \$ 30 fare), safe way home.

SoberRide users are responsible for any amount of a SoberRide cab fare above \$ 30.

Since 1993, WRAP's SoberRide program has provided 48,727 free cab rides home to would-be impaired drivers in the Greater Washington area. More information about WRAP's SoberRide initiative can be found at [www.soberride.com](http://www.soberride.com).

## Concert to Benefit SHARE, Inc.

On Saturday, Nov. 6, 5-6:30 p.m. musical groups from the Trinity, Chesterbrook, and Charles Wesley United Methodist Churches will perform at the Charles Wesley United Methodist Church Sanctuary, 6817 Dean Drive in McLean to benefit SHARE Inc. of McLean, SHARE Inc. serves needy families in McLean, Great Falls, and Falls Church, and is sustained by donations of food, clothing, furniture and funds. Please bring a Safeway or Giant grocery gift card, a bag of non-perishable groceries, paper goods, or other items. To see what items are needed, visit [www.shareofmclean.org](http://www.shareofmclean.org).

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## McLean Orchestra to Open 'A Season of Enchantment'

The McLean Orchestra has announced its 2010-2011 concert season, "A Season of Enchantment". The McLean Orchestra's gala opening concert, Music of the Night, will be conducted by Maestro Emil de Cou of the National Symphony Orchestra on Saturday, Oct. 30. This haunting Halloween performance will be held at 8 p.m. at the Oakcrest School in McLean, home of the McLean Orchestra. The concert features classic horror music by Camille Saint Saens and Hector Berlioz and the haunting music of Phantom of the Opera and John Williams' epic score from Harry Potter and the Sorcerer's Stone. Guests are invited to wear their favorite costume in keeping with the musicians and conductor who will be "dressed" for the occasion.

The McLean Orchestra traditional holiday concert will be 'Twas the Night and will be performed on Saturday, Dec. 4, at 8 p.m. with an added family concert on Sunday, Dec. 5, at 3 p.m. Guest conductor for this concert will be Ernest Green, Music Director of the Annapolis Chorale and cover conductor for the National Symphony Orchestra at the Kennedy Center. Maestro Green will take the audience back into the magical poem of their childhood with his rendition of "Twas the Night Before Christmas. Guests should come ready to join the angelic voices of the Oakcrest Girls' Chorus in a traditional holiday sing-along.

The romance of Valentine's Day weekend will be celebrated this year with Lullaby, on Saturday, Feb. 12, at 8 p.m. The audience will sigh to the universally beloved "Lullaby" theme of Brahms in his evocative Symphony No. 2 in D Major. This concert, conducted by local favorite Christopher Hite, opens with three spirited Slavonic dances of Dvorak and Khatchaturian's Masquerade Suite. Maestro Hite is currently

the conductor of the Dominion Symphony Orchestra of Northern Virginia.

"Myths and Motion" is the title of the fourth concert of the season, to be held on Saturday, March 26, at 8 p.m. From Wagner's mythical Ride of the Valkyries to Peaslee's Arrows of Time, this concert features the virtuosic skills of Craig Mulcahy, Principal Trombonist of the National Symphony Orchestra. Guest conductor will be A. Scott Wood, Music Director and Conductor of the Amadeus Orchestra and interim Music Director of the Arlington Philharmonic. The ride continues after intermission with Cesar Franck's heroic Symphony in D Minor.

The orchestra's season finale welcomes back Maestro Emil de Cou, who will "pull a few strings" to finish the season with Stravinsky's ballet about the lovelorn puppet, Petrouchka. Supertitles will enhance this tragic story of unrequited love. Themed "Puppet Strings," this concert will segue after intermission to cello strings, featuring Amy Ward Butler, McLean Orchestra's Principal Cellist, closing the season with Dvorak's epic Cello Concerto in B Minor.

Also the McLean Orchestra will present for the second year a pre-concert lecture series entitled "Classical Insights with Kelly." These pre-concert lectures begin at 7:15 p.m. before each concert and will be presented by Dr. Kelly Ker Hackleman, Associate Professor of Music at George Mason University. These lectures are free to anyone attending the concert.

For more details, visit the McLean Orchestra website at [www.mclean-orchestra.org](http://www.mclean-orchestra.org). All audience members are invited to enjoy a cake and champagne reception after each concert in the foyer of Oakcrest School to meet and greet the conductor, the musicians, the guest artists, the board of trustees, and each other.

## COMMUNITY



PHOTO BY ALEX McVEIGH/THE CONNECTION

**Patrons at the Total Wine and More in McLean taste wines as part of a fundraiser to benefit the National Autism Walk.**

### Wine Tasting Raises Money for Autism Walk

The Total Wine and More in McLean held a wine tasting Oct. 7 to raise money for the National Autism Walk. Thirty percent of sales of winery direct wine—which is the bulk of the store's stock—went to the Autism Walk.

Guests were welcomed to the tour with a glass of champagne, and tables were placed throughout the store, each representing a different region of the wine-producing world.

"We were trying to think of something fun to do to raise funds, and a wine tasting was perfect," said Nora Fitzpatrick, one of the event's co-chairs, as well as captain of a team. "Thirty percent is the biggest

percentage we were able to get by far, and it was great of them to offer it."

Each table had four wines on it, and in addition to sampling them, guests could bid on a number of gift cards and other items from local businesses.

"We were just excited to get involved, to help the community," said Matt Indre, community relations manager for Total Wine. "It's the first time we've hosted something like this since we remodeled, and we tried to pick a selection of wine everyone could enjoy."

More information on the National Autism Walk can be found at [www.nationalautismwalk.org](http://www.nationalautismwalk.org).

### New Officers Inducted at Churchill Road Elementary

On Friday, Oct. 15, the Churchill Road SCA held its induction ceremony for its newly elected officers for 2010-2011: President – Aria Zand; Vice President – Kelly McCormick; Secretary – Katie Bellaschi; Historian – Charlotte Sununu; Treasurer – David Kim; and Sergeant At Arms – Lauren Markwart. Parents, teachers and students observed the ceremony. Speeches were delivered by Don Hutzler; CRS Principal; Alex Mantel; SCA sponsor and school counselor; and Pasha Mostaghim, President of Langley High School SGA. After reciting the SCA pledge, the officers were presented with Gerber daisies to mark the occasion. The 2010-2011 SCA leadership group will spearhead Churchill Road's going green efforts. They plan a hands-on approach which includes helping out with recycling, upcycling and composting in the cafeteria, as well as promoting environmentally friendly practices through an instructional video.



PHOTO BY LUTHER MARKWART

**Following the induction ceremony, Churchill Road SCA officers and guest presenters posed for a group photo. From left (front row) are: Churchill Road Principal Don Hutzler, Sergeant-at-Arms Lauren Markwart, Vice President Kelly McCormick; Treasurer David Kim; Churchill Road Counselor Alex Mantel; and Langley High School SGA President, Pasha Mostaghim. Back row: Historian Charlotte Sununu; President Aria Zand; and Secretary Katie Bellaschi.**

### SCHOOL NOTES

Send School Notes to [mclean@connectionnewspapers.com](mailto:mclean@connectionnewspapers.com). Deadline is Friday.

**Rep. Frank Wolf (R-10)** presented Congressional Awards to the following local students in recognition of their community service projects:

❖ Kelsie Mietla of Herndon, Congressional Award Gold Medal, University of Virginia;

❖ Lea Mulder of McLean, Congressional Award Bronze Medal, Langley

High School;

❖ Andy Crump of Herndon, Congressional Award Bronze Medal, Thomas Jefferson High School for Science & Technology;

❖ Jane Willner of McLean, Congressional Award Silver Medal, Thomas Jefferson High School for Science and Technology.

To earn the Congressional Award, young people must set and achieve goals in voluntary public service, personal development, physical fitness and expedition/exploration.

# BULLETIN BOARD

To have community events listed in the Connection, send to [mclean@connectionnewspapers.com](mailto:mclean@connectionnewspapers.com). Deadline is Friday.

## THURSDAY/OCT. 28

**Beulah Road Al-Anon Group.** 7:30 p.m. at the Antioch Christian Church, 1860 Beulah Road, Vienna. Practicing the Twelve Steps, welcoming and giving comfort to families of alcoholics, and giving understanding and encouragement to the alcoholic. [revku@cox.net](mailto:revku@cox.net).

**Life and Job Readiness Skills for Young Adults with Asperger's Syndrome.** 6 p.m. at JSSA, 3018 Javier Road, Fairfax. For ages 19-30. Brief assessment required. Thursdays through Dec. 16. Register at 703-204-9100.

## FRIDAY/OCT. 29

**VTRCC Executive Level Leadership Development Program.** 7:30 a.m. at The Tower Club, 8000 Towers Crescent Drive, Vienna. Discover how the presence or absence of trust, conflict, commitment, accountability and results affect team performance. Learn the steps to take to get higher performance, more productivity, longer retention, and greater enjoyment from your team. Members \$39, non-members \$49. Complimentary breakfast buffet.

**McLean Art Society Meeting.** 10 a.m. at the McLean Community Center, 1234 Ingleside Ave., McLean. With featured artist Joey P. Manlapaz, photorealistic painter and professor at the Corcoran College of Art and Design. 703-790-0123.

## SUNDAY/OCT. 31

**Dedication of Fairfax County Historic Roadside Marker for Salona.** 2 p.m. at Buchanan St. and Dolley Madison Blvd. in McLean. The marker was sponsored by McLean & Great Falls Celebrate Virginia and the McLean Historical Society. Invitees include Fairfax County History Commission, Randy Dyer and Kip Laughlin. Supervisor John Foust. A reception at Salona will follow. All are welcome. Contact Carole Herrick at 703-356-8223.

**Attacking the College Application Essay.** 10 a.m. at McLean Government Center, 1437 Balls Hill Road, McLean. Writing tips and worksheets and actual examples of essays written by students. \$35, \$25 Women's Center members. Register at 703-281-2657 or [www.thewomenscenter.org](http://www.thewomenscenter.org).

## MONDAY/NOV. 1

**Family Abuse.** 7 p.m. The Women's Center, 127 Park St. N.E., Vienna. With Meredith Kerley, MSW, Therapist and Domestic Violence System Advocate. Free. Registration required at 703-281-2657 or [www.thewomenscenter.org](http://www.thewomenscenter.org).

## WEDNESDAY/NOV. 3

**Parents and Caregiver Support Group for Special Needs Children.** 7:30 p.m. at Jewish Community Center of Northern Virginia, 8900 Little River turnpike, Fairfax. Meets first Wednesday of each month. Register at 703-537-3040.

**McLean Newcomers Club.** 11 a.m. Contact Carol Kaminsky, 571-306-0010 or [ckisok@hotmail.com](mailto:ckisok@hotmail.com), for the location. [www.mcleannewcomers.com](http://www.mcleannewcomers.com).

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# On Homecoming, Highlanders Win in Style

**McLean overcomes 10-point deficit to remain unbeaten; next up is Stone Bridge.**

BY RICH SANDERS  
THE CONNECTION

**T**he McLean High football team received Fairfax High's best shot last Friday night and still came out victorious. At game's end, it was the Highlanders - the still unbeaten Highlanders - who, despite trailing by 10 points in the second half, came out on top, 24-20, in their week eight homecoming game against their Liberty District opponent.

"It was huge with it being homecoming," said McLean senior running back Jimmy Ludwick. "There was so much excitement going into the game."

The win improved McLean's record to 8-0 - the first time the program has won its first eight games since the 1995 season when the Highlanders, then under head coach Karl Buckwalter, captured the Northern Region title and finished the season 12-1.

Homecoming is always a special occasion at McLean. But with the football team - 0-10 just two years ago - embarking on one of its best-ever seasons, the emotion level was near a fever pitch going into the Fairfax game. The Rebels, under first year head coach Kevin Simonds, had shown their potential earlier in the season by upsetting one of the Northern Region's elite programs - Robinson, 20-12. Going into Friday's contest, Fairfax had won two of its previous three games and was playing some of its best football of the season.

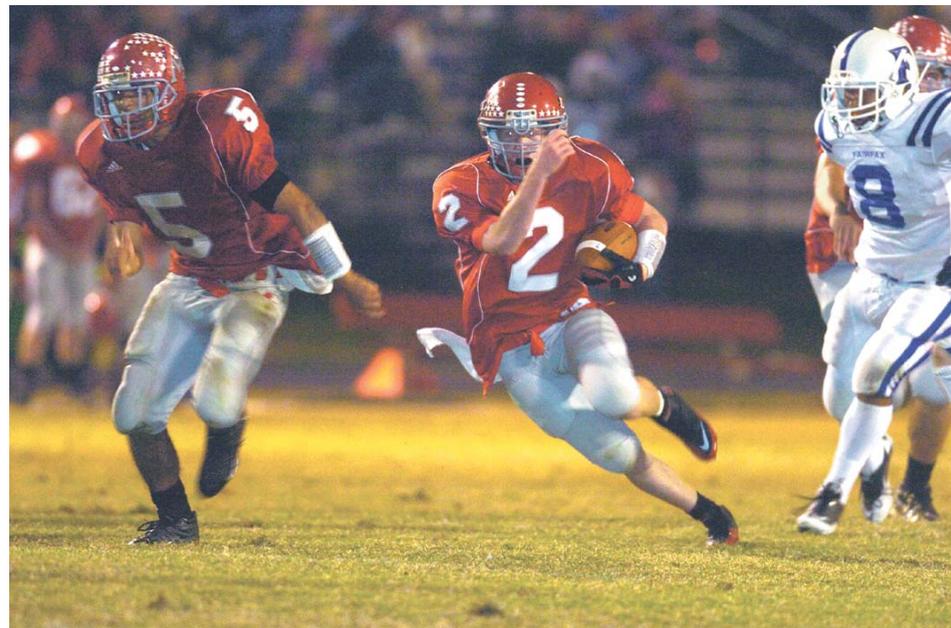
**FOR A GOOD WHILE** during the second half it looked as if the Rebels were going to put a damper on the Highlanders' homecoming celebration and hand the home team its first loss. The guests, leading 14-10 at halftime, had taken the second half kickoff and marched 65 yards in seven plays to extend their lead to 20-10 - the touchdown coming on a six-yard run by talented Rebels' back Marcus Bailey (21 carries, 163 yards, 2 TDs). The point-after kick missed but McLean found itself trailing 20-10.

The last time the Highlanders had trailed by as much was in a week four game at Madison when the McLean trailed 14-0 in the first quarter before rallying for a 24-22 district triumph.

On this night McLean, as good teams will do, once again rallied to win. On its first possession of the second half following the Fairfax score, the Highlanders displayed their fortitude by coming back with a touchdown drive of their own - one that covered 67 yards in eight plays. The touchdown came when backup quarterback Ryan



**McLean High running back Rafi Enriquez rushed for 130 yards in the Highlanders' homecoming win over Fairfax last Friday night.**



**Ryan McColgan (2) stepped up in a big way at quarterback, rushing for three touchdowns and helping the Highlanders erase a 20-10 deficit.**

McColgan (3 TD runs), a running back making his first start at QB as a result of an injury to starting signal caller Chase Mills, broke loose off the left side for a 21-yard touchdown option play run. On the second down play, McColgan, a junior, broke several arm tackles on his way to the end zone. Chris Rosenbaum's extra point kick brought the home team within 20-17.

Two possessions later, McLean began another drive at its own 32-yard line, still trailing by three with 7 minutes, 12 seconds remaining in the game. In perhaps its most important and most impressive scoring march of the season, the Highlanders moved the ball 68 yards in 10 plays - the touchdown coming on an 11-yard QB sneak by McColgan on a third-and-two play. The quarterback, on the touchdown, appeared to be stopped for a short gain before breaking through into open field and into the left side of the end zone for the go-ahead score

with just three minutes remaining. Rosenbaum's extra point kick made the score 24-20 McLean.

Fairfax would not go down easy and moved the ball from its 31 to the McLean 14 yard line in the game's final minutes. On the game's final play, Fairfax quarterback Spencer MacLeod (6 of 14, 99 yards, 1 TD) threw a pass into the left side of the end zone intended for senior Sam Bechert. McLean cornerback Connor Gilmartin was covering Bechert closely and the pass fell for an incompleteness to end the game.

It was a spectacular comeback and finish for the still undefeated Highlanders.

**MCLEAN** had a terrific game running the football, led by Rafi Enriquez (23 carries,

130 yards). McColgan (56 yards rushing) and Ludwick (41) contributed to the 200-plus running yardage night for the Highlanders.

"Rafi did a great job running and Ryan stepped up [at QB] and made the right reads," said Ludwick. "We knew we could win it. We came out in the second half [on offense] and worked hard and hit our holes."

McColgan, going into the Fairfax game, had gotten brief appearances at quarterback in a couple of games. During homecoming week he worked with offensive coach Greg Sullivan during practices to get better acquainted with the position. By game day he admittedly was a nervous wreck. But it didn't show too much during the game. McColgan, on the game's opening possession, led the Highlanders on a scoring drive that concluded with a 38-yard field goal by Rosenbaum.

He threw an interception in Fairfax territory on McLean's following possession and was pretty discouraged.

"That was very disappointing," said McColgan.

But his coaches and teammates, including coach Sullivan, Ludwick, and senior receiver Bruce Beatty, encouraged him and told him to forget the mistake.

He did. On McLean's next possession, McColgan led the Highlanders 75 yards on 12 plays and scored his team's touchdown on a one-yard sneak to make it 10-0 McLean.

Fairfax, however, would score the game's next 20 points to lead 20-10 in the third quarter.

"Fairfax certainly has the ability to score quickly," said McLean head coach Jim Patrick. "We were certainly on edge."

But McColgan, behind his steady offensive line and the help of his skill position teammates, directed touchdown drives on two of McLean's final three possessions of the game and the Highlanders won.

"I felt comfortable," said McColgan, of playing the position all game. "Getting this win was so important."

Coach Patrick was proud of McColgan's showing.

"He's just a good athlete," said Patrick. "He had all the reps [at QB] all week at practice and we felt confident with him. He had played very little at quarterback - against Marshall and Jefferson. I thought he did

a nice job running the offense."

Mills, the McLean starting QB who was sidelined with a foot injury, has played well all season long. He will likely be back at quarterback this week when McLean travels to Ashburn to take on district and region power Stone Bridge, also 8-0.

Even though he did not play, it was still a good night for Mills on homecoming. He watched his team win and he was also named homecoming king during halftime festivities.

**"There was so much excitement going into the game."**

— Jimmy Ludwick

# A Scary Thought



By KENNETH B. LOURIE

Not knowing (never knowing) if what I'm feeling physically is a direct result of the stage IV lung cancer (the "underlying problem," as I find myself describing it) with which I've been diagnosed, or rather the fact that I'm 56, overweight, physically unfit and sleeping on an old bed is unsettling to say the least, downright incapacitating to say the most. Are the aches and pains symptomatic of the tumors in my lungs growing and/or moving – or of the cancer appearing somewhere else in my body independent of the "underlying problem," or are they completely normal given my age and overall physical condition/lifestyle/diet, etc?

How do I separate fact from self-created fiction? Moreover, how do I prevent my brain from maximizing everything while minimizing nothing? I don't want to make a lot of a little any more than I want to make a little out of a lot. Sometimes I feel if I ignore a certain pain, maybe it will disappear and therefore not be symptomatic of anything cancer-related. Other times, if I accept the pain as legitimate and worthy of a call to my oncologist (which I am encouraged to do as often as I feel the need to), perhaps the pain will in fact represent bad news – for me, and the beginning of an unexpected and premature end. There's a naive part of me which thinks, if I don't mention it or, if I make light of it, it won't be cancer-related and thus not confirmation of my oncologist's original 13-months to two-year prognosis, given to me/us back on Feb. 27, 2009.

Whenever I do feel something: in my lungs, especially when I cough or have any breathing or respiratory problems; in my sternum; in my sides – where the pain first manifested itself back on Dec. 28, 2008; in my brain/head – where lung cancer spreads to in 30 percent of patients; in my arms and legs where regularly I have muscle weakness; in my lower back where my kidneys are located (my creatinine is high and constantly monitored), I worry if this pain is it. "It" not being as good thing.

Since this mental battle has been fought for nearly two years now (dating back to that original Emergency Room visit, which led, ultimately to where I am today) I feel like I've won a few skirmishes. However, it doesn't make me feel any more empowered having endured these challenges. Certainly I can say, "I've been there, done that," unfortunately the experience doesn't solve or address the "underlying problem." As such, the problem remains: how does one live with such uncertainty?

Every day I feel something somewhere in my body, I wonder, is that the cancer? Every day I don't feel something somewhere in my body, I wonder, is the cancer still active; maybe it's simply doing what cancer often does: kill without any real symptoms until it's too late to treat successfully. (I always ask myself: whatever happened to stages I, II and III?) Both thoughts wear on me, constantly. Is it something or is it nothing? Is it real or is it imagined? Should I call my oncologist or not? Sometimes I think the mental demands are worse than the physical ones. Everything is magnified, nothing is simplified – in my head, anyway.

Death comes to us all. Trying to convince myself that what I feel does or does not matter – relative to the "underlying problem," has kept me awake more nights than any pain or discomfort I've felt. It hasn't been easy. However, it sure beats not feeling anything; if you know what I mean.

*Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.*

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<p><b>21 Announcements</b></p> <p><b>ABC LICENSE</b> Bank Soil, Inc trading as Vienna Exxon/Tiger Mart, 395 Maple Ave. East, Vienna, VA 22182. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Wine and Beer off Premises license to sell or manufacture alcoholic beverages. Brajendra P. Sharma, President.</p>	<p><b>21 Announcements</b></p> <p><b>LEGAL NOTICE</b> Kings Manor I is a townhouse community in McLean, VA and is releasing an RFP for an upcoming lighting project. The RFP includes demolition and installation of approximately 104 exterior light posts with supporting infrastructure. If interested, please contact us via email at <a href="mailto:info@thejmmgroup.com">info@thejmmgroup.com</a> to receive more information and a copy of the RFP. All bids must be submitted by Nov. 12th 2010 at 5pm.</p>	<p><b>21 Announcements</b></p>
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<p><b>21 Announcements</b></p> <p><b>ABC LICENSE</b> MHG Cafe Clarendon, LLC trading as Circa at Clarendon, 3010 Clarendon Blvd. Arlington, VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Beer and Wine on Premise, Mixed Beverage on Premise license to sell or manufacture alcoholic beverages. Stephen Gavula, Managing member</p>	<p><b>21 Announcements</b></p> <p><b>ABC LICENSE</b> New Burapa, Inc trading as Burapa Thai and Sushi Restaurant 1210 N. Garfield Street, Arlington, VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Mixed Beverage on premise and beer &amp; wine on premise license to sell or manufacture alcoholic beverages. Prathumwal Uthes, owner.</p>	<p><b>21 Announcements</b></p>
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**Langley High Orchestra Presents 'Spookfest II'**

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## Team Five Guys Takes a Study Trip

**T**eam Five Guys, a group of 4th grade science enthusiasts from Chesterbrook Elementary School, recently visited Nascott, a high tech company which provides adult and pediatric Prosthetic, Orthotic and Pedorthic services at locations throughout the Washington, D.C. and Baltimore, Md. areas. Charles Crone, Clinical Director of Prosthetics, and Shawn Koehler, Clinical Director of Orthotics, provided a tour of the Nascott facilities and explained the latest technological advances. The team learned about the material used to create prosthetics, how they are made, and the technology used to fit the prosthetics. The team had the opportunity to meet a teenager who had undergone a below the knee amputation and was being fitted with a life changing prosthesis. The boys gained first hand understanding of how technology can improve life for those who have lost a limb. The field trip was part of the Five Guys participation in the FIRST LEGO League (FLL) program. FLL is a program for 9-to-14 year-old children created by a partnership between FIRST and The LEGO Group in 1998 to get children excited about science and technology. Children work alongside adult mentors to design, build, and pro-



From left, first row: Kyle Creaser, Jacob Hilliard; second row: Walker Stewart, Daniel Arnold, Will Faulks; third row: Charles Crone, Shawn Koehler.

gram autonomous robots and create innovative solutions to specified problems. This year's challenge is called "Body Forward" and requires forays into biomedical engineering and mastery of important principles of robotics. The robots, designed by the children, require a variety of mechanical capabilities to accomplish the missions set forth in the Challenge. To learn more about FIRST, go to [www.usfirst.org](http://www.usfirst.org). To learn more about the "Body Forward" Challenge, go to [www.FIRSTLEGOLeague.org](http://www.FIRSTLEGOLeague.org).

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**FABULOUS 4br/3 full bath renovated home in park-like setting features fully-fenced yard; great location; McLean schools!!**

1553 Dominion Hill Court  
 McLean \$1,262,000  
**Custom 5br/4.5 bath home with no detail overlooked! Gourmet isl. kitchen; 4' bump-out; stunning MBR suite w/ sitting rm, frpl & luxury bath!**

2701 Courthouse Oaks Road  
 Vienna \$759,000  
**BEAUTIFUL 4br/3.5ba stunning colonial on 3 finished levels w/ updated gourmet island kitchen; main level office; deck overlooking treed yard!**



6039 Franklin Park Road  
 \$1,589,000

6457 Dryden Drive  
 \$699,000

6218 Nethercombe  
 \$824,900

1343 Kirby Road  
 \$1,499,000

310 Forest Drive  
 \$1,177,250



2104 Hutchison Grove Ct.  
 \$424,250

303 Hillwood Avenue  
 \$679,000

1105 Tuckahoe Street, N.  
 \$1,269,000

6564 Snowbell Lane  
 \$499,000

479 Hampton Court  
 \$369,000

**CALL ME TODAY TO SCHEDULE A PRIVATE SHOWING OR FOR A FREE ANALYSIS OF YOUR HOME'S VALUE! (703) 606-7901**

