

**Captain of Team Captain Kirk and The Friendship Enterprise Anna Grill and Kirk Hammock, in whose honor the team participated in the Susan G. Komen Walk for the Cure.**

# Team Walks for A Friend

NEWS, PAGE 4

## 'Best Buddies' Foster Lasting Friendships

NEWS, PAGE 3

## Book Lovers Have Their Day

NEWS, PAGE 3

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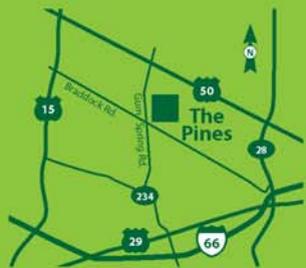
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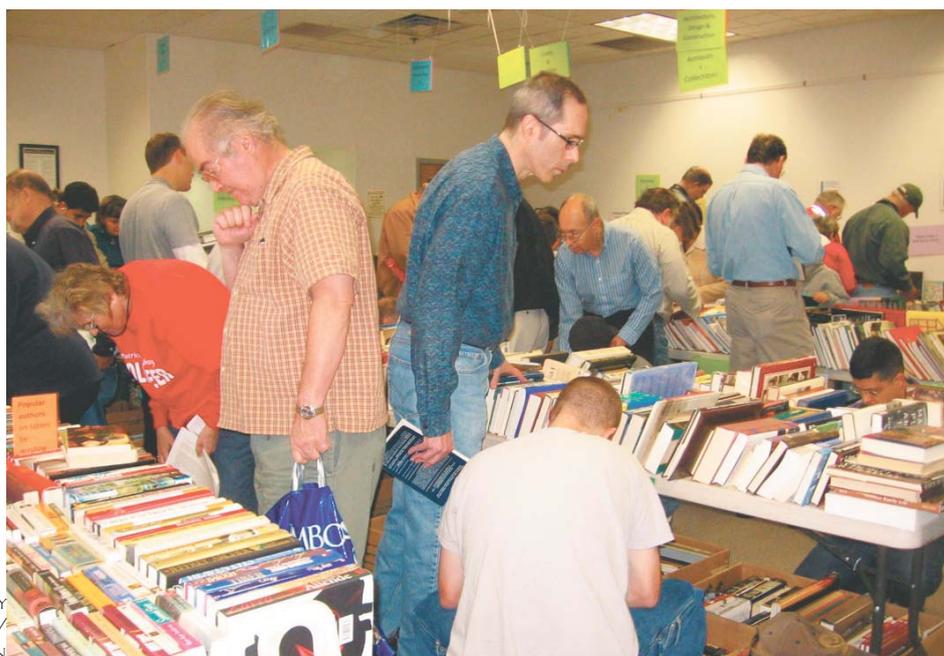
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There were books in every genre, for every age group. All books were in good to excellent condition.



PHOTOS BY DONNA MANZ/  
THE CONNECTION

## Book Lovers Have Their Day

Friends of the Patrick Henry Library semi-annual book sale offered thousands of books.

More than 30 minutes before the Friends of the Patrick Henry Library were to open the doors for the library supporters' semi-annual book sale on Oct. 16, buyers lined up in front of the library and down the sidewalk.

As patient as the people were – and they were quite courteous to one another – many took advantage of the early opening of the outdoor collections. Hundreds of nonfiction books were arranged in cartons in the front courtyard.

When the library opened at 10 a.m. the line surged to the interior book sale. People appeared to know what they wanted. Some took off directly to the children's department to get first dibs on the well-cared-for kids' books. Others headed to history and home living immediately.

Many buyers had a system. That is, they brought

boxes or bags from home and grabbed books that piqued their curiosity. At their leisure, they sorted through their cache.

Some customers said they were buying for Christmas. Others just love books. Some came from out-of-town specifically for Patrick Henry's book sale.

Revenue from the sale was a little down from last year, as reported by Friends of the Patrick Henry Library president Nancy Christmus. Still, the sale made a profit of \$6,270.49.

Student volunteers from Vienna and McLean schools helped carry boxes of books to the sale room during the week and, on Saturday morning, they carried the dozens of boxes outside.

The Friends moved and unpacked over 265 boxes of books, of which 221 boxes-worth were sold.

Volunteers put in over 273 hours over seven days preparing for the sale and working the sale. The remaining boxes of books will be picked up by Amvets to be sold in thrift stores.

Sunday, Oct. 17, was fill-your-bag for \$5 day and many of Saturday's customers said they planned on returning the second sale day.

For anyone who regrets not making the October sale, the spring sale is but six months away.

—DONNA MANZ

### VIEWPOINTS

## What do you like most about the Patrick Henry book sale?

—DONNA MANZ

**Peggy Herbert, Vienna**

"The good books, especially the hardcovers that are just like new. I heard people say they do their Christmas shopping here. I love mysteries, romances. I love books."



**Nick Bryan, Vienna**

"It gives me the chance to look for all the books I want but can't afford to pay full-price for. Also, I really like searching through the books in hopes of finding a special book. I look at this like a treasure hunt."



**Joseph Reynolds, Fairfax**

"It's always a nice selection of books. Sunday is bag day and there are always good books left on Sunday."



**Malcolm Bliss, Arlington**

"I just like this sale. It's convenient and it's always fun. You meet interesting people here. They're all wonderful."



**Laura Ford, Vienna**

"There are wonderful books here that are cheap. I do most of my Christmas shopping right here."



**Leah Moser, Vienna**

"My son [three years old] can look at all the books and he can bring some home."



CONTRIBUTED

K Scarry and her 'Best Buddy' Kyler, dance to Michael Jackson songs during one of Oakton High School's Best Buddy events last year.

## 'Best Buddies' Foster Lasting Friendships

Oakton High's program named 'Outstanding Chapter.'

BY VICTORIA ROSS  
THE CONNECTION

When K Scarry thinks about her senior year in high school, one moment stands out.

She was driving her friend, Kyler, home from Oakton High School on a sunny spring afternoon when they got stuck in traffic on Maple Avenue. They started blasting Michael Jackson music, singing and swaying to the beat of Smooth Criminal. Soon, several other people rolled down their car windows and joined in the impromptu concert, clapping and cheering.

"We had so much fun, and it was infectious, because other cars started joining in. We were all having such a good time," she said. "I cherish those times."

Now a freshman at Waynesburg University, a private Christian school in southwestern Pennsylvania, Scarry said she and Kyler, currently a junior at OHS, still keep in touch and are great friends.

Like most high-school friends, Scarry and Kyler shared many interests - dancing to Michael Jackson songs, seeing movies, playing laser tag and cheering at Oakton football games.

But they were brought together in a unique way.

**IN HER FRESHMAN YEAR** at Oakton, Scarry joined Best Buddies, an international non-profit organization founded by Anthony Shriver in 1989 that pairs an intellectually or physically disabled person with a

buddy to foster one-on-one friendships. School chapters are divided by age range; with groups beginning at the middle school level and extending all the way up through adulthood.

"People with intellectual disabilities are just like everyone else, so we hung out just like I did with my other friends. We went to school dances and sporting events together as well, just like other students," Scarry said.

Kyler and Scarry were among 18 sets of "buddies" who make up Oakton's Best Buddies program, which includes 50 associate members. The program was named Outstanding Chapter by Best Buddies International at its annual leadership conference in July at Indiana University.

Recognized for its dynamic and active program, the Oakton Best Buddies chapter held monthly events to provide buddy pairs with the opportunity to socialize outside school. Events included a Halloween party, a family potluck dinner, and a trip to a local movie theater. Oakton also hosted the statewide Best Buddies Walk for Life last spring, as well as a basketball tournament for area schools.

Oakton's Best Buddies chapter was chosen from more than 800 high school programs and 62 applicants for its dedication to the Best Buddies mission. The organization creates oppor

SEE OAKTON HIGH,  
PAGE 12



CONTRIBUTED

The 2010 Team Captain Kirk and The Friendship Enterprise walked the three-day, 60-mile Susan G. Komen Walk for the Cure in honor of their friend Kirk Hammock. From left, back row: Sharon Heinz, Elizabeth Gay, Jennifer Lucas, Nancy Rau, Karen Gentile, Kristin Walberg, Allie Jewsbury, Jill Ciccone, and Jan Murtha. Front row: Suzie Egolf, Elisabeth Barrand, Anna Grill, and Kelly Miller.

# Friendship Enterprise Battles Breast Cancer

**Vienna women walk the Susan G. Komen for the Cure on behalf of friend.**

By DONNA MANZ  
THE CONNECTION

**K**irk Hammock, a 41-year-old mother of two elementary school children, said she never thought, not in a million years, that she would ever get cancer.

The lump she felt in her left breast last January concerned her and her husband enough that she found herself in a doctor's office just two days after the discovery. First, a mammogram on Monday, ultrasound on Tuesday, biopsy on Wednesday. And what Hammock never imagined could happen to a healthy, active young woman, did. Stage three cancer in left breast that had spread to lymph node; Stage one in right breast. Within two weeks of finding the lump, Hammock and her family set out on a journey that thousands of families across the U.S. travel.

October is Breast Awareness Month. The Susan G. Komen Walk for the Cure walk raises money throughout the country and the world to fund breast cancer research.

From Oct. 8 through Oct. 10, Team Captain Kirk & The Friendship Enterprise of Vienna walked the three-day, 60-mile Susan G. Komen Walk for the Cure in honor of Kirk Hammock.

"I thought, what can I do," said Captain Kirk & The Friendship Enterprise team cap-

tain Anna Grill. "A friend of mine is facing a big challenge." Grill looked into the Komen walk in early winter and sent out e-mail messages recruiting team members. She said she had a quick response from many. Grill's husband thought up the team name.

"It's an amazing journey and not one that's over," said Grill. "Supporting our friend and raising money for breast cancer research gave us the opportunity to feel we were doing something for Kirk and for a greater cause."

"It gave us something to hold on to."

**EACH TEAM MEMBER** had to raise \$2,300 to participate in the Komen walk. It seemed like a lot of money at that time, Grill said. The women came up with fundraisers, from a wine-tasting at Vienna Vintners to home-based fashion and jewelry shows. Even children of the team members chipped in. They held bake sales and sold lemonade from front-yard stands, raising over \$200 themselves.

The biggest fundraiser, by far, "Caddyshack for the Cure," was held at Westwood Country Club in September and followed the theme of the Rodney Dangerfield/Bill Murray comedy, "Caddyshack." Guests came dressed as characters from the movie and the film played outside on a screen. Local businesses and individuals donated items for a silent auction.

"The community just came together to fight for the cure," Hammock said.

Westwood, said Grill and Hammock, supported the fundraiser by giving the team a price break and with props. "Caddyshack for the Cure" netted Team Captain Kirk &

SEE TEAM, PAGE 8

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# WEEK IN VIENNA

## Town Council Adopts New Parking Ordinance

During the Oct. 18 Town Council meeting, Council adopted an ordinance that restricts the parking of watercraft, boat trailers, motor homes, camping trailers and other restricted vehicles on public streets within town limits. This applies to both restricted vehicles that stand alone or are attached to another vehicle parked on a public street. The ordinance provides for the exception that on-street parking of these types of vehicles be permitted during active loading or unloading or emergency repair. The ordinance amends Chapter 9, Motor Vehicles and Traffic, Article 1, In General of the Town Code.

This ordinance will go into effect Monday, Nov. 1. Violating this ordinance may result in a fine of \$50 to \$200 for the first

offense with higher penalties for subsequent violations. Visit [www.viennava.gov](http://www.viennava.gov) to view a copy of the ordinance. Contact Lieutenant David Pelto with the Vienna Police Department at [dpelto@viennava.gov](mailto:dpelto@viennava.gov) or 703-255-6393.

## Auditions for 'Almost, Maine'

Auditions for the Vienna Theatre Company's winter production of the drama "Almost, Maine" will be held at 7:30 p.m. Nov. 9 and 11, at the Vienna Community Center, 120 Cherry St., S.E. "Almost, Maine" is a romantic comedy by John Cariani and directed by Suzanne Maloney.

The cast of four-to-twelve includes a mix of men and women. The show is scheduled to open Jan. 21, 2011. Call the Vienna Parks and Recreation Department at 703-255-6360 or visit [www.viennatheatrecompany.org](http://www.viennatheatrecompany.org).

## Free Halloween Cab Rides Offered in Northern Virginia

Free cab rides will be offered to would-be drunk drivers throughout Northern Virginia on the evening of Saturday, Oct. 30. Offered by the nonprofit Washington Regional Alcohol Program (WRAP), the Halloween SoberRide program will be in operation beginning at 10 p.m. Saturday, Oct. 30 and operate until 6 a.m. Sunday, Oct. 31 as a way to keep local roads safe from impaired drivers during this traditionally high-risk, holiday period.

During this eight-hour period, area residents ages 21 and older and celebrating with alcohol may call the toll-free SoberRide phone number 1-800-200-TAXI and be afforded a no-cost (up to a \$ 30 fare), safe way home.

SoberRide users are responsible for any amount of a SoberRide cab fare above \$ 30.

Since 1993, WRAP's SoberRide program has provided 48,727 free cab rides home to would-be impaired drivers in the Greater Washington area. More information about WRAP's SoberRide initiative can be found at [www.soberride.com](http://www.soberride.com).

## Fall Festival and Craft Show Nov. 13

The 50th Annual Harvest Bazaar Fall Festival and Craft Show will be on Saturday, Nov. 13, from 9:30 a.m. to 4 p.m. at the Vienna Community Center, 120 Cherry Street, SE. Admission is \$1 per person.

Sponsored by the Vienna Women's Club with support from the Town of Vienna, the show boasts over 75 crafters and vendors and will feature a bake sale and children's activities. Proceeds benefit the Vienna Women's Club's youth scholarship fund. For more information, contact Vienna Parks and Recreation at 703-255-6360.

### BULLETIN BOARD

To have community events listed in the Connection, send to [vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com). Deadline is Friday.

#### THURSDAY/OCT. 28

**Beulah Road Al-Anon Group.** 7:30 p.m. at the Antioch Christian Church, 1860 Beulah Road, Vienna. Practicing the Twelve Steps, welcoming and giving comfort to families of alcoholics, and giving understanding and encouragement to the alcoholic. [revku@cox.net](mailto:revku@cox.net).

**Life and Job Readiness Skills for Young Adults with Asperger's Syndrome.** 6 p.m. at JSSA, 3018 Javier Road, Fairfax. For ages 19-30. Brief assessment required. Thursdays through Dec. 16. Register at 703-204-9100.

#### FRIDAY/OCT. 29

**VTRCC Executive Level Leadership Development Program.** 7:30 a.m. at The Tower Club, 8000 Towers Crescent Drive, Vienna. Discover how the presence or absence of trust, conflict, commitment, accountability and results affect team performance. Learn the steps to take to get higher performance, more productivity, longer retention, and greater enjoyment from your team. Members \$39, non-members \$49. Complimentary breakfast buffet.

#### SATURDAY/OCT. 30

**Art at the Vienna Farmers Market.** At the corner of Dominion and Church St. N.E. in Vienna. Artists will be on hand to discuss their work, preview new pieces and offer other works for sale. Performance art also featured. [info@viennafarmersmarket.com](mailto:info@viennafarmersmarket.com) or 703-200-7806.

#### MONDAY/NOV. 1

**Family Abuse.** 7 p.m. The Women's Center, 127 Park St. N.E., Vienna. With Meredith Kerley, MSW, Therapist and Domestic Violence System Advocate. Free. Registration required at 703-281-2657 or [www.thewomenscenter.org](http://www.thewomenscenter.org).

#### THURSDAY/NOV. 4

**Successful Resume Essentials.** 11:30 a.m. The Women's Center, 127 Park St. N.E., Vienna. An overview of a professional resume and how to write it for maximize appeal. \$35, \$25 members. Register at 703-281-2657 or [www.thewomenscenter.org](http://www.thewomenscenter.org).



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# OPINION

## Vote Nov. 2 (or Before)

**T**urnout could make a big difference in one or more of the three congressional races in Northern Virginia this year.

Every year is an election year in Virginia. This combined with a bevy of special elections in some areas can result in voter fatigue.

This year, every voter in Virginia will vote for a candidate for U.S. House of Representatives plus vote on three statewide constitutional questions.

Voters in Fairfax will also vote on a transportation bond referendum.

Voters in Arlington will also choose one member of Arlington County Board, one member of the Arlington School Board and vote on four bond questions, one for Metro funding, one for "county infrastructure," one for schools and one for parks.

You can still vote early. Voters are allowed to vote absentee if they might be unavailable to vote on Election Day, including people who might be at work or commuting to work for 11 hours on that day. That's eight hours at work, a possible one-hour commute each way plus a lunch hour.

**VOTERS' RIGHTS**, excerpts from the State Board of Elections, [www.sbe.virginia.gov](http://www.sbe.virginia.gov):

As a Virginia voter, you have the following rights:

- ❖ To be treated with courtesy and respect by the election officials

- ❖ To seek help from the election officials if you are unsure about anything relating to the voting process.

- ❖ To be given a demonstration of how the voting equipment works.

- ❖ To enter the full name of a write-in candidate.

- ❖ To have a ballot brought to your vehicle instead of entering the polling place if you are 65 years of age or older, or if you are disabled.

- ❖ To vote even if you have no identification with you at the polling place. You must sign the "Affirmation of Identity" statement before voting if you have no ID (unless you are voting for the first time and did not mail in a copy of your id). Even so, bring your identification with you.

- ❖ To vote by provisional ballot if your status as a qualified voter is in question, and to be present when the Electoral Board meets to determine if your ballot will be counted.

- ❖ To bring your child age 15 or younger into the voting booth with you to observe you vote.

**IF YOU FEEL** your voting rights have been violated or that you may have witnessed an election law being broken, it is important to report the incident immediately, before the polls close on Election Day, and preferably while

### Polls Open Nov. 2, 6 a.m.-7 p.m.

To find your polling place, see a sample ballot, check your registration, go to [www.sbe.virginia.gov](http://www.sbe.virginia.gov) and click on "Voter Information." Registered voters can vote in person absentee for many reasons before Election Day, see details below.

For more, contact your local election board.

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In-Person Absentee Voting available until Oct. 30:  
Office of Elections, 12000 Government Center Parkway, Suite 323, Fairfax, VA 22035, Monday-Friday, 8:00 a.m. -7:30 p.m., and Saturday, 9 a.m. - 5 p.m.

Also available thru Oct. 30, at the following satellite locations, Monday-Friday, 2:30 p.m. to 7:30 p.m., and Saturday, 9 to 5 p.m.

McLean Governmental Center, 1437 Balls Hill Road, McLean, VA 22101

North County Governmental Center, 12000 Bowman Towne Drive, Reston, VA 20190

you are still at your polling place. Contact the State Board of Elections at 1-800-552-9745, or via email at [info@sbe.virginia.gov](mailto:info@sbe.virginia.gov).

If you still believe your voting rights may have been violated, you have 10 days to file a formal complaint with the State Board of Elections.

### LETTERS TO THE EDITOR Capturing The Essence

To the Editor:

Victoria Ross captured the essence of Jill's House at McLean Bible Church and the power of one's faith in turning challenges into something beneficial to others [Where Children Can Laugh, Connection, Oct. 6-12, 2010]. She wrote about the heart of the matter—not only the pithy facts—as she movingly portrayed life with special needs children, the noble desires of the Solomon family, and the promise of respite care for many exhausted families. May this new facility be a model for others around the country.

**Marjorie Veiga**  
Vienna

### Write

Letters to the Editor  
The Connection  
1606 King St.  
Alexandria VA 22314  
Call: 703-778-9410.  
By e-mail:  
[vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com)

### VIEWPOINTS

## What are the most important issues you would like your congressman to address in 2011?

—DONNA MANZ

#### Anna Grill, Vienna

"One thing we deal with every day is transportation. Education. My husband and parents are teachers. Healthcare is huge. Social security. Not changing mammogram recommendations from 40 to 50 years old. Women in their forties need mammograms."



#### Doug Smith, Vienna

"Jobs are a big thing these days, unemployment at 10 percent. A lot of effort has to go into reducing the jobless rate. Issues like helping the homeless."

#### Kirk Hammock, Vienna

"Education and school budgets. Funding for mammograms for all women. Housing. There needs to be an equation that makes sure people are qualified for home loans before they get loans they cannot afford. Breast cancer research, finding a cure for breast cancer. People who don't have healthcare insurance should have the same level of treatment as insured people do."



#### Hillary Staats, Vienna

"Public school education is a priority. Not just for kids but for young single mothers who need a skill, for anyone who has no skills. Health care coverage that's affordable for small business owners and our employees. My husband and I are both self-employed. I would love to be able to afford to offer insurance to my employees [reporter's note: Staats is proprietor of Sanctuary on Church], to offer to them all the benefits the larger corporations are able to do."



#### Betty Rahal, Vienna

"I would like my congressman to look at an issue and say, 'what is the right thing for my country, not for my party?' My concern is that our country is multi-cultural now. I believe that our lawmakers need to keep, foremost, in their minds that our country has changed and that there are different issues now than we've ever had to deal with before."

## THE CONNECTION

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**Kemal Kurspahic**  
Editor ❖ 703-778-9414  
[kemal@connectionnewspapers.com](mailto:kemal@connectionnewspapers.com)

**Donna Manz**  
Contributing Writer  
[dmanz@connectionnewspapers.com](mailto:dmanz@connectionnewspapers.com)

**Julia O'Donoghue**  
Education & Politics  
703-778-9436  
[jodonoghue@connectionnewspapers.com](mailto:jodonoghue@connectionnewspapers.com)

**Rich Sanders**  
Sports Editor ❖ 703-224-3031  
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**Editor & Publisher**  
Mary Kimm  
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**Editor in Chief**  
Steven Mauren  
**Managing Editors**  
Michael O'Connell, Kemal Kurspahic  
**Photography:**  
Louise Krafft,  
Craig Sterbutzel  
**Art/Design:**  
Geovani Flores, Laurence Foong,  
John Heinly, Wayne Shipp,  
John Smith  
**Production Manager:**  
Jean Card

**CIRCULATION: 703-778-9426**  
**Circulation Manager:**  
Linda Pecquex  
[circulation@connectionnewspapers.com](mailto:circulation@connectionnewspapers.com)

**CONNECTION NEWSPAPERS, L.L.C.**  
**Peter Labovitz**  
President/CEO

**Mary Kimm**  
Publisher/Chief Operating Officer  
703-778-9433  
[mkimm@connectionnewspapers.com](mailto:mkimm@connectionnewspapers.com)

**Jerry Vernon**  
Executive Vice President  
[jvernon@connectionnewspapers.com](mailto:jvernon@connectionnewspapers.com)

**Wesley DeBrosse**  
Controllor

**Debbie Funk**  
National Sales  
703-778-9444  
[debfunk@connectionnewspapers.com](mailto:debfunk@connectionnewspapers.com)

# Tunnel Vision

BY ALEX McVEIGH  
THE CONNECTION

**U**.S. Sen. Mark Warner (D-Va.) and U.S. Rep. Gerry Connolly (D-11) visited the construction site for the Tysons Corner Metrorail Oct. 25. Both men were able to get a glimpse inside the 1,700-foot tunnel between the Tysons Central 7 and Tysons Central 123 stations.

Warner and Connolly have both been involved in making the project a reality throughout stages of development that go back 20 years.

"It's been a long time coming, it's good to see this project as a reality," Connolly said, about 50 feet into the tunnel. "When you work a long time at something, it's rewarding to actually see it happening. This project will make a huge difference for commuters along the Dulles Corridor, and I'm glad to be a part of it. It represents an investment that was needed and will have a major impact."

Warner, who also worked towards making the Silver Line a reality while governor said that actually seeing the tunnel was inspiring.

"We've been talking about it for 20 years, and I think if people see that tunnel, it gives us the energy to make sure it gets finished," he said.

The Silver Line will run parallel to the Orange Line until the East Falls Church station. Phase One, which includes four stops in Tysons Corner and Wiehle Avenue in Reston, is scheduled to open in 2013. Phase Two will run along the Dulles Toll Road to Ashburn, with stops in Reston, Herndon, Sterling and the Dulles Airport, and is scheduled to be completed in 2016.

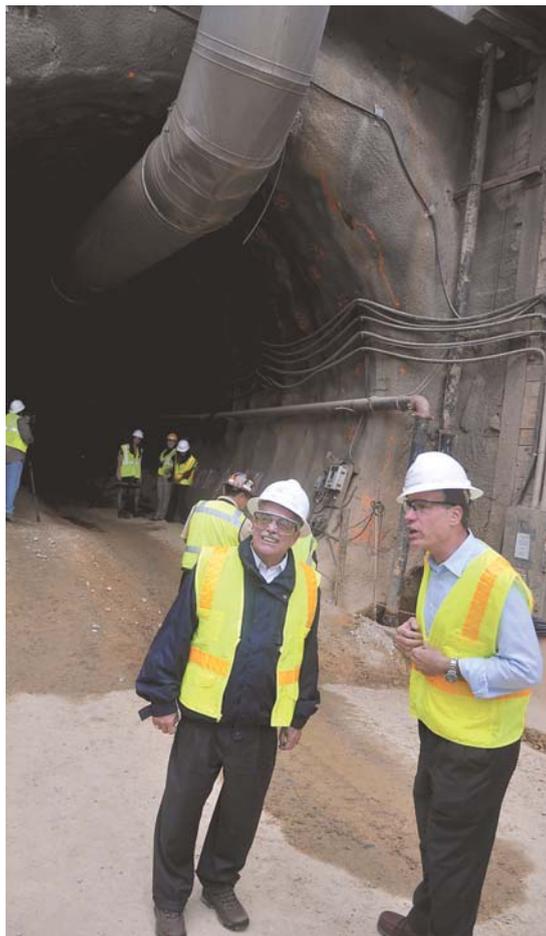


PHOTO BY ALEX McVEIGH/THE CONNECTION

From left, Senator Mark Warner (D-Va.) and Congressman Gerry Connolly (D-11), take a look at the construction site for a 1,700 foot tunnel for the Tysons Corner Metrorail Oct. 25.

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**Captain of Team Captain Kirk and The Friendship Enterprise Anna Grill and Kirk Hammock, in whose honor the team participated in the Susan G. Komen Walk for the Cure.**

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## Team Walks for a Friend

FROM PAGE 4

The Friendship Enterprise more than \$6,500.

The thirteen members of Team Captain Kirk raised over \$68,000 since last winter, \$3,000 more than the team's goal.

"The theme song, 'Don't Worry About Me,' summed up Kirk's attitude," said Grill.

In the 10 months since Kirk received her diagnosis, she underwent 16 weeks of chemotherapy, a radical double mastectomy, and 7 weeks of radiation. Hammock finished her cancer treatments the day before the Caddyshack fundraiser. She is doing well and will undergo reconstructive surgery in December.

"My husband, Statton, has been amazing throughout this journey," Hammock said. "He has stood beside me every step of the way and made me feel special even when I felt horrible. He helped with getting the girls to and from practices, after school activities, play dates."

Statton Hammock's company was also very supportive and gave him as much time off as needed to help Kirk and the children. Statton Hammock's family is from Morgantown, W. Va., and the weekend following Kirk's chemotherapy, his parents came and stayed for the weekend to help Statton with the girls. Kirk's parents are local and they helped everyday taking her to doctor appointments, sitting with her, and being there when she needed it. Kirk Hammock's mother was with her daughter when she got her diagnosis.

**THROUGHOUT THIS TIME** period, Statton Hammock continued to coach both daughters' basketball teams as head coach for the

younger one's team and assistant coach for the older one's.

"So, all in all, we did have a lot of help during the last 10 months," said Kirk Hammock.

Kirk and Statton Hammock moved to Vienna shortly after getting married in 1990. They felt Vienna would be a great town in which to raise children, and living there over the last decade substantiated their belief. Kirk Hammock was president of the Westbriar P.T.A., a Daisy troop leader. The family joined Westwood Country Club. Statton Hammock coaches the girls' sport teams.

As Kirk Hammock discovered in the past ten months, Vienna proved to be a great town to find caring support for a neighbor in-need.

"After I got sick, people from everywhere - friends, neighbors, merchants, Westwood - everyone has shown me such overwhelming support. It shows what a wonderful community Vienna is."

Hammock said she never cried over her disease, was never depressed over it. She said she never asked, "why me?"

"This is what was given me. You deal with it and move on," said Hammock.

Several days after her diagnosis, Hammock and Grill were out with other girlfriends celebrating a friend's birthday. Her friends were unaware of the week Hammock had just gone through. "She just told us, 'I've got breast cancer,'" said Grill. "We all cried. From that day on, she was the one holding the rest of us up."

"It was her spirit that really got us through it."

A car drives around Vienna with a pink-ribbon Virginia license plate

SEE POWER, PAGE 19

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NEWS

# New Districts Will Change Much

When the latest census numbers come out in February, Virginia will have less than two months to have new districts approved.

BY STEPHEN GROVES  
VIRGINIA STATEHOUSE NEWS

As Virginia prepares to redraw its voting lines to match up with the latest census numbers, the northern part of the state looks to gain a larger section in the statehouse, but what the new districts might look like remains to be seen.

As the Commonwealth has grown in the last 10 years, Northern Virginia has become the economic engine as well as most populous area. Many in the statehouse predict three or four House of Delegates seats will shift to the area.

"There's no question that it's going to enhance our concerns, the concerns of the region, and going to make our voice heard in the General Assembly," said Del. Bob Brink (D-48), who represents Arlington.

**NORTHERN VIRGINIA** lawmakers agreed they would use this louder voice to bring up transportation issues in the statehouse. Traffic has clogged the

highways of northern Virginia for years.

Del. Mark Sickles (D-43) of Franconia said that between the Northern Virginia and the Hampton Roads area, where traffic also is a major concern, the representatives from those areas could likely outweigh the rest of the state if they allied.

Education funding was another concern on which lawmakers said they could use their weight.

"Northern Virginia is the economic engine of the state and deserves more resource allocation," Brink said.

In the last decade, Virginia's population has grown 11.4 percent to about 7.8 million people. Most of the growth has been in the metropolitan areas, while rural areas and small towns have seen fewer people living there.

The largest growth has been in the areas around Washington. Loudoun and Prince William counties both gained more than 100,000 people. Alexandria grew modestly from 128,000 to 150,000 in the last decade. Fairfax County also saw a jump of about 63,000 people.

"We know there's a lot of population growth ... so there's going to be a lot of changes," said Sen. Mary Margaret Whipple (D-31) of Arlington.

While some areas of Northern Virginia such as Alexandria and Mount Vernon have had steady population growth that puts those districts close to the estimated ideal for a House or Senate district, they could still see some change.

"Every time you change one line, you have to

SEE PUBLIC, PAGE 14

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# Dancing Under the Stars

Friday, Nov. 5, 2010

**7-8 p.m.**  
Free dance instruction

**8-11 p.m.**  
An evening of music and dancing!  
Appetizers and cash wine bar.

Live music by:  
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**Cost:**  
\$10 per person, resident  
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## Children's Flea Market

Saturday, Nov. 6, 2010  
11 a.m.-1 p.m.  
Free patron admission



Kids, sign up now to sell your old toys, games and other items. Buy cool books, games, toys and clothes at great prices.

**To sell:**  
\$20 per booth/\$10  
McLean district residents  
Advance booth registration is required.  
Registration fee includes the use of an 8-ft. x 3-ft. table and a 7-ft. x 8-ft. booth space.  
Activity No. 4502.210

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Caryn Hastie (South Africa), Ansie Horn (South Africa), Chintaphat Chanthonnithansri (Thailand) and Kanokwan (Som) Korsrimongkol (South Africa).

## Au Pairs Learn Halloween Traditions

**A**u Pair in America au pairs on Oct. 18 met in Vienna for their pumpkin carving and Halloween safety cluster meeting. They learned about American Halloween traditions, tried their hand at carving pumpkins, and reviewed the American Red Cross "Lucky 13 Halloween Safety Tips" <http://www.redcross.org/www-files/Documents/pdf/Preparedness/halloweentips.pdf>

There were au pairs from Thailand, Brazil, Germany, South Africa, Mexico, Croatia,

and Sweden — many of whom had never celebrated Halloween before, much less carved a pumpkin. Now they are prepared to bring their host families' children trick or treating safely.

"Au pair" means "on par" or equal. Au pairs and EduCare companions are international visitors who travel to the United States on a J-1 Visitor Exchange Visa to acquire a better understanding and appreciation of American life while living with an American family and caring for their young children.



Nadine Kessler, Anna Lena Zehn, Nina Milde, and Viktoria Krel (all from Germany) get started on their Jack-O-Lanterns.

## ENTERTAINMENT

Send announcements to [vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com)

### THURSDAY/OCT. 28

**Parachute and Hot Chelle Rae.** 7:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

**Patrick Henry Book Club.** 1 p.m. Patrick Henry Library, 101 Maple Ave. East, Vienna. Book discussion. Call for title. Adults. 703-938-0405.

**Craft Beer Class.** 6:30 p.m. Total Wine & More, McLean Shopping Center 1451 Chain Bridge Road, McLean. Style comparisons and tastings. \$15. Registration required, class size limited. 703-749-0011.

**Pianist Jim Brickman.** 8 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. \$35. [Wolftrap.org](http://Wolftrap.org).

### FRIDAY/OCT. 29

**Ninth Annual Jazz for Justice Concert.** 8 p.m. in the George Mason University Center for the Arts Concert Hall, 4500 University Drive, Fairfax. Proceeds benefit the charitable endeavors of the Fairfax Law Foundation and the music scholarship fund at George Mason University. [cnorris@fairfaxbar.org](mailto:cnorris@fairfaxbar.org).

**The Summer Set, Stereo Skyline, Mod Sun, Austin Gibbs and School Boy Humor.** 5:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

**Halloween Party for Teenagers.** 3:30 p.m. at the Club Phoenix Teen Center, Vienna Community Center, 120 Cherry St. SE., Vienna. Free admission. Costumes encouraged. Games, food and a costume contest. 703-255-5721.

**Old Firehouse Teen Center Halloween Fright Night.** 1440 Chain Bridge Road, McLean. Friday night dance for 7<sup>th</sup>-9<sup>th</sup> graders. Prizes for the most impressive costumes. [www.mcleancenter.org](http://www.mcleancenter.org).

**"Holiday."** 8 p.m. at 1st Stage, 1524 Spring Hill Road, McLean. A comedy of love, money and ambition by Philip Barry, set a year before the Great Depression. \$25 adults, \$15 students. 703-854-1856 or [www.1ststageytsos.org/holiday](http://www.1ststageytsos.org/holiday).

**"Aesop's Fables."** 7:30 p.m. ArtSpace Falls Church, 410 S. Maple Ave., Falls Church. A contemporary adaption of Aesop's classic tales. \$12 adults, \$10 students and seniors. 571-239-5288 or [www.creativecauldron.org](http://www.creativecauldron.org).

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**SATURDAY/OCT. 30**

**Fall Color Photographers' Field Day.** 5 a.m.-9 p.m. at Meadowlark Botanical Gardens, 9570 Meadowlark Gardens Court, Vienna. Classes, outdoor photo shoots and more will be offered throughout the day. Admission to Gardens \$5 for those arriving before 10 a.m. Extra charge for some activities. Field day box lunch available for \$7, must be pre-paid by Oct. 27. [www.nvrpa.org/parks/meadowlark](http://www.nvrpa.org/parks/meadowlark)

**Halloween Hike: Trick or Treat in the Haunted Woods.** 7:30-9 p.m. at Meadowlark Botanical Gardens, 9570 Meadowlark Gardens Court, Vienna. Visit treat stations throughout Meadowlark, with a special display at the Lake Gazebo. Ages 6 and up. \$10 per person, no groups larger than 6. Reservations required at 703-255-3631.

**Spanish Singer Buika.** 8 p.m. at George Mason University Center for the Arts, 4400 University Drive, Fairfax. A blend of jazz, blues and soul with gypsy rumba, Afro-Cuban

music and flamenco. A pre-performance discussion, free to ticket holders, begins 45 minutes prior to the performance on the Center's Grand Tier III. \$21-\$42. Charge tickets at 888-945-2468 or [cfa.gmu.edu](mailto:cfa.gmu.edu).

**McLean Orchestra Season Opening: Music of the Night.** 8 p.m. at Oakcrest School, 850 Balls Hill Road, McLean. Conducted by Emil de Cou of the National Symphony Orchestra. Tickets \$15-\$30. Guests are invited to wear Halloween costume, as will the musicians and conductor. 703-893-8646.

**Pianist Jim Brickman.** 7:30 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. \$35. [Wolftrap.org](http://Wolftrap.org).

**SUNDAY/OCT. 31**

**Rocknocoers Halloween Party at 10:30 a.m. Boys Will Be Boys, Scott Norris, Brightview and The Comeback Season at 6:30 p.m.** Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

**Mummenschanz.** 3 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. \$40, \$35 district residents. [www.mcleancenter.org](http://www.mcleancenter.org).

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**Vienna Volunteer Fire Department Bingo.** 2 p.m. at the VVFD, 400 Center St. South, Vienna. Doors open and sales begin at 12 p.m. A double session of bingo, with a costume contest, prizes and free dinner if you play both sessions. Games are held every Sunday in the Flame Room. [www.vvfd.org](http://www.vvfd.org).

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Mummenschanz has been enchanting audiences of all ages for 35 years with its clever, comic and bizarre world filled with strange creatures, amusing situations, astounding colors and imaginative shapes.

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Tuesday, Nov. 2 - 8302.210  
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**Travel and Adventure Film Series**  
*Cruising the Eastern Mediterranean*  
with Sid and Mary Lee Nolan  
Wednesday, Nov. 3, 7:30 p.m.  
**\$10/\$8** district residents

**Dancing Under the Stars**  
Friday, Nov. 5  
7-8 p.m. Free dance instruction  
8-11 p.m. Dance  
**\$20** per person; **\$10** district residents;  
**\$20** at the door

Come join us for a delightful evening of live music with **The Hot Society Orchestra of Washington**. Advance registration is recommended. Activity No. 1999.210

**Children's Flea Market**  
Saturday, Nov. 6, 11 a.m.-1 p.m.  
Sellers: **\$20** per booth/**\$10** district residents, advance registration required.  
Patron admission is **free**.

Kids, sign up now to sell your old toys, games and other items or come and buy cool books, games, toys and clothes at great prices!

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# Oakton High Program Honored

FROM PAGE 3

tunities for one-to-one friendships, integrated employment, and leadership development for individuals with intellectual and developmental disabilities.

“My philosophy is that God made everyone beautiful. I grew up with a boy who had Down syndrome, and he got me involved in Special Olympics. The summer before my freshman year of high school, I was talking to someone at Oakton about Special Olympics and she told me about Best Buddies, so I signed up, not really knowing what to expect. It was such a blessing,” Scarry said.

Scarry was matched with a different buddy each year of high school, and she remains friends with all of them. “It’s really simple friendship stuff; it’s not mentoring,” she said. “I was blessed to have been matched with Eduardo, Kyle, Kyler, and Adam. We all had things we enjoyed doing together. Kyler and I loved going to dances together, and driving around blasting Michael Jackson in the car and singing and dancing as loud as we could. All

of us loved bowling together, or just going out to eat.”

She said participating in Best Buddies had a profound impact on her life.

“Each one of the buddies is absolutely amazing. I learned so much from each of them. The genuine love and compassion they all have was so inspiring. The pressures of high school aren’t easy, but the buddies just want to be your friend. It doesn’t matter if you’re ‘popular,’ or what you look like, they just care about you for who you are. That taught me so much, and I hope that I was able to do the same,” Scarry said.

**DESPITE** the frenetic pace of college life, Scarry manages to keep in touch with all her best buddies.

“They’re just my friends, like anyone else,” she said. “I talk to a bunch of them on the phone, ones who were my ‘Buddies’ and who weren’t, and I am pen pals with Eduardo as well as with the Special Education English class at Oakton. I stay in touch with their families through email as well. When I go home to visit, we hang out. I miss them so much!”

Scarry, who has two older brothers, said her family was very supportive of her participation in the Best Buddies program. And she would strongly recommend the program to other students.

“Each moment with Best Buddies is special ... It is life-changing. It is so important for us to recognize the beauty in others and encourage them to shine. God can teach us so much through everyone around us – and Best Buddies proves that,” Scarry said.

Scarry said her positive experience with Best Buddies motivated her to apply for a Bonner Scholarship, a national community-service scholarship program. As a Bonner Scholar, Scarry is required to commit to 140 hours of volunteer service each semester, as well as two summers of service. Her summer project this year involves Best Buddies.

“One major thing we are working on is planning our summer service project through the Bonner program. Two other students and I have partnered with Best Buddies to plan an 8-week cross-country road trip to promote social acceptance, which is so exciting,” she said.

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## SCHOOLS

President Barak Obama shakes hands with the Pinnacle Academy's team at the White House Science Fair. Pictured from left to right: Selin Altintas, Nurbanu Simsek, Zehra Yilmaz, Kemal Taban, and Madina Khurishanova.



CONTRIBUTED

# Pinnacle Academy Team Meets President Obama

## Future City Team participates in the White House Science Fair.

The Pinnacle Academy Future City team was invited to meet with President Barack Obama and present their winning project at the White House Science Fair on Oct. 18. Pinnacle Academy is in Oakton.

Team members Selin Altintas, Zehra Yilmaz, Nurbanu Simsek, and Madina Khurishanova won first place at the Future City Competition of the Washington D.C. metropolitan area in February 2010. Their winning project, a city named "Yeshilist" was an engineering feat by being a green city that benefited earthquake victims. Yeshilist has solar panel roofs, wind-powered community centers, cork brick homes, and cable trains made from Lego pieces that are scattered around the city.

President Obama took the time to congratulate the students on their hard work, stressing the importance of technology and engineering in middle school education.

"So we welcome championship sports teams to the White House to celebrate their victories. I've had the Lakers here. I've had the Saints here, the Crimson Tide. I thought we ought to do the same thing for the winners of science fair and robotic contests, and math competitions. Because often we don't give these victories the attention that they deserve. And when you win first place at a science fair, nobody is rushing the field or dumping Gatorade over your head. But in many ways, our future depends on what happens in those contests — what happens when a young person is engaged in conducting an experiment, or writing a piece of software, or solving a hard math problem, or designing a new gadget.

"It's in these pursuits that talents are discovered and passions are lit, and the future scientists, engineers, inventors, entrepreneurs are born. That's what's going to help ensure that we succeed in the next century, that we're leading the world in developing the technologies, businesses and industries of the future," the President said.

*Pinnacle Academy is located at 2854 Hunter Mill Road in Oakton. Tel: 703-537-0355. [www.pinnacleacademyva.com](http://www.pinnacleacademyva.com)*



Pinnacle Academy's winning team, posing with their project and the school Principal Mustafa Akpinar, in front of the White House. From left: Dorian Supansic (7th grade), Nurbanu Simsek (8th grade), Madina Khurishanova (8th grade), Principal Mustafa Akpinar, Zehra Yilmaz (8th grade), Selin Altintas (8th grade) and Kemal Taban (7th grade).

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# Public to Debate Redistricting

FROM PAGE 9

change another," Whipple said. But for the first time in the modern history of redistricting, the General Assembly is split between a Republican House and Democratic Senate. Also only 59 of the 140 lawmakers in the statehouse served during the 2001 redistricting. Throw in a Republican governor who has veto power to amend the redistricting, and it's "a big monkey-wrench," said Michael McDonald, a politics professor at George Mason and nationally recognized expert on redistricting.

To make matters worse, Virginia has the smallest time period in the nation to approve the new districts. When the latest census numbers come out in February, Virginia has less than two months to have new districts approved. They must draw the districts 60 days before the June 2011 primary elections so the Department of Justice has time to review the districts and approve them.

What this adds up to is a "you scratch my back, I'll scratch yours" deal likely being worked out between the House and Senate said McDonald. Each legislative body will approve the plan that the other comes up with for their districts.

**INCUMBENTS** will protect their districts if this system goes according to plan. But

## Get Involved: Redistricting Hearing Nov. 4

The Senate's Privileges and Elections Committee is conducting hearings across the state about legislative redistricting. The public hearing Northern Virginia is Thursday, Nov. 4, 7 p.m., Herndon Town Council Chambers, 765 Lynn St., Herndon

this will not leave everyone happy.

"Partisan redistricting is not good for democracy," Sickles said.

In Northern Virginia, which will gain several House of Delegates seats, this could be interesting. The Republican held House might try to fit a Republican district or two into the Democrat-dominated north.

"There will be some very funny looking districts," McDonald said, suggesting that Republicans may try to draw "spoke-and-wheel" districts that start stretch out from urban centers to the suburbs.

"It's my hope that redistricting is fair ... that communities of interest are kept the same," said Del. Charniele Herring (D-46) of Alexandria.

But McDonald said parties may be able to make short-term gains by redrawing lines, but in the long run, an area gravitates to one party historically.

"I wouldn't be salivating if I was a Republican trying to draw Republican districts in Northern Virginia," he said.

## Northern Virginia District Projections

The deviation from ideal indicates how much change could be required in each district.

### SENATE DISTRICTS- IDEAL DISTRICT- 197,277

Senate District	Total population 2000	Estimated Total Population 2009	% Deviation from estimated ideal	Number difference from estimated ideal
30	174,712	196588	-0.3%	-689
31	174,500	188293	-4.6%	-8,984
32	177,755	184926	-6.3%	-12,351
33	262,751	302342	53.3%	105,065
34	175,317	181280	-8.1%	-15,997
35	158,737	185573	-5.9%	-11,704
36	184,196	206969	4.9%	9,692
37	221,044	192102	-2.6%	-5,175
39	170,581	191494	-2.9%	-5,783

### CONGRESSIONAL DISTRICTS- IDEAL DISTRICT- 717,370

Congressional District	Total population 2000	Estimated Total Population 2009	% Deviation from estimated ideal	Number difference from estimated ideal
8	627,849	684340	-4.6%	-33,030
10	792,534	850337	18.5%	132,967
11	649,553	741603	3.4%	24,233

### HOUSE OF DELEGATES DISTRICTS- IDEAL POPULATION- 78,911

House District	Total population 2000	Estimated Total Population 2009	% Deviation from estimated ideal	Number difference from estimated ideal
34	75,006	71702	-9.1%	-7,209
35	68,244	78086	-1.0%	-825
36	83,956	73573	-6.8%	-5,338
37	66,183	73073	-7.4%	-5,838
38	68,433	73844	-6.4%	-5,067
39	67,421	75421	-4.4%	-3,490
40	85,006	77551	-1.7%	-1,360
41	63,280	70393	-10.8%	-8,518
42	65,399	75228	-4.7%	-3,683
43	82,825	73892	-6.4%	-5,019
44	65,226	73977	-6.3%	-4,934
45	63,856	76632	-2.9%	-2,279
46	73,341	75938	-3.8%	-2,973
47	68,489	74408	-5.7%	-4,503
48	70,999	80077	1.5%	1,166
49	66,103	77640	-1.6%	-1,271
53	72,521	76138	-3.5%	-2,773
67	90,871	86050	9.0%	7,139
86	45,130	86876	10.1%	7,965

SOURCE: Virginia Division of Legislative Services, compiled by Virginia Statehouse News.

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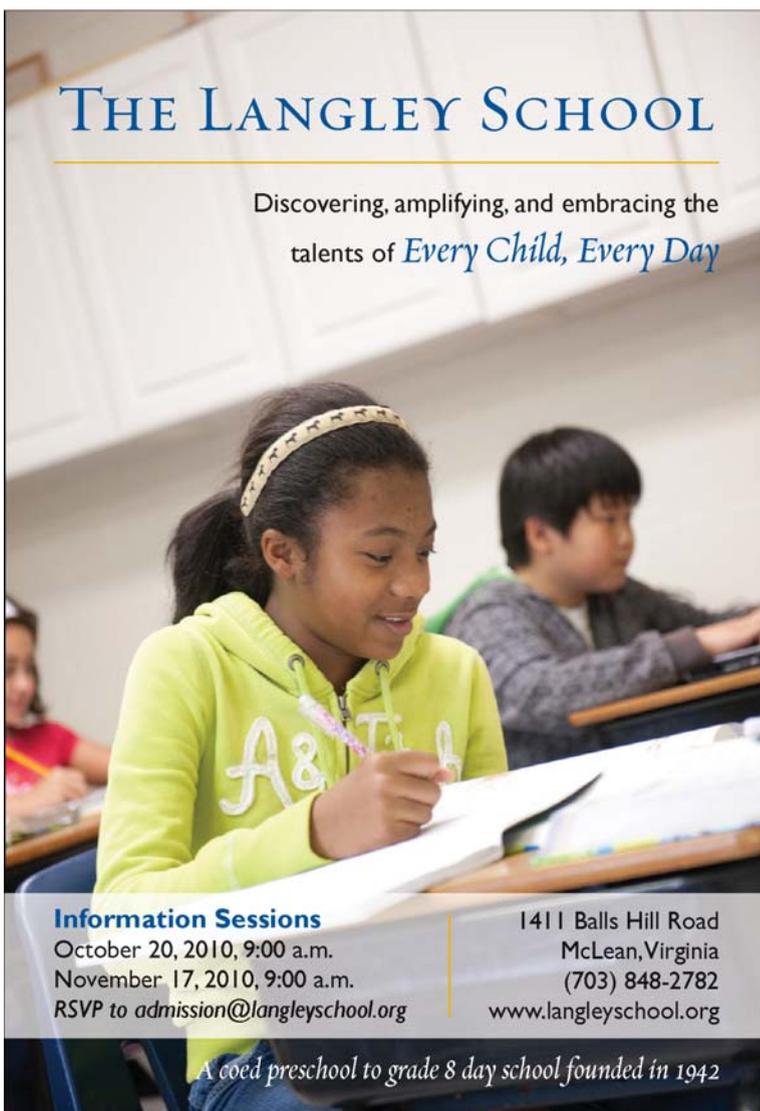
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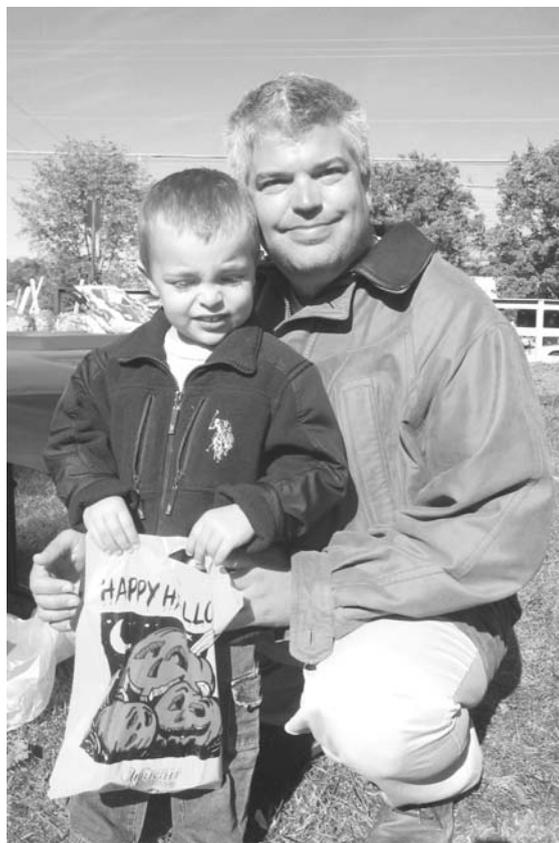
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PHOTOS BY DONNA MANZ/THE CONNECTION

**Alexandra Goodis, a Thoreau eighth-grader, takes a bite out of a homemade caramel apple, which she said was 'really juicy' and 'good, really good.'**



**Three-year-old Aiden Vasquez was a bit hesitant when his father Matt first brought him over to the pumpkin festival. Aiden warmed up quickly to the fun. Matt Vasquez grew up in Vienna.**

## Pumpkin Fest Serves Fun and Treats

Historic Vienna, Inc. hosts autumn festival on Freeman House grounds.

**H**istoric Vienna, Inc. [HVI] could not have created a more ideal setting for its first Pumpkin Fest. The sky was blue, the temperature in the upper sixties. Surrounded by trees sporting their autumn colors, and the steeple of Vienna Presbyterian Church looking down, the grounds of Freeman House were transformed into a tableau out of Norman Rockwell's portfolio. Running from 10 a.m. to noon on Saturday, Oct. 23, the pumpkin festival featured family-focused activities.

A table held pumpkins decorated by children and another featured caramel apples. Among children's activities were face painting, storytelling, music, sticker craft, and piñata-bashing. Each child left the two-hour pumpkin festival with a Halloween bag of treats provided by the Town of Vienna and local merchants. And every decorated pumpkin entry won a prize.

"This is a good way to get into the spirit of the season," said HVI president Anne Stunts. "The Halloween season, the fall season."

Pumpkin festival organizer Shirley McCoy, principal at Shreveewood Elementary, said board members were already looking to next year's event. "We're looking to see what we can make better for families, what we can do to offer more activities," McCoy said.

Some parents, shopping at the Farmers' Market across the street, wandered over to the pumpkin fest with their young children. Chin Yao of Vienna said



**Pumpkin Fest organizer Shirley McCoy, in pumpkin pullover, describes to Ana Lopez how she made the caramel apples. Dad Joel Lebrun shares the apple treat with children Daphne, 5, and Amelie, 2. Lopez said the event was a 'nice surprise,' and plans on bringing the children next year.**

she usually shops at the Farmers Market on Saturday. With her children, Nora and Albert, Yao saw signs at the market entrance directing families to Freeman House.

"We come for many of the events here," said Yao. "The Easter egg hunt, Santa, every year."

"The events are one of the beauties of living in Vienna."

—DONNA MANZ

## Voting for Common Good

What is the people of faith role in politics in 2010?

BY JOHN HOREJSI  
SALT COORDINATOR

**A**s we get ready to go to the polls on Nov. 2, Jim Wallis and the folks at Sojourners have reminded us of two important values that need our attention: truth and civility.

Without knowing the facts—i.e., the truth regarding a candidate and his/her stand on issues—good decisions cannot possibly be made. Without truth, wisdom will be absent from our decision-making, and folly will become the foundation for our efforts to build and renew a society so much in need of moral vision and our good faith efforts. Folly, as the stories of Sacred Scripture remind us, is analogous to a construction foundation that is of sand, one totally lacking in the needed stability for supporting any construction, whether it be that of a building or a nation—or a personal relationship, for that matter.

The Founding Fathers of our nation were very conscious of the value of truth in their deliberations to found a nation, calling them self-evident truths, and from that foundation our nation was shaped, one that was built on rock and has withstood the tests of time and many tribulations. Should not our concern for the truth/truths, whether the truth be self-evident or needing to be discerned via close scrutiny of the candidates and their assertions, be as much a value for us as it was for those who originally set the course for our nation, if we expect to keep alive and renew the country we all love?

The need for civility—the need for graciousness and comity in our personal and public behavior—that Jim Wallis calls for was certainly a value cherished by one of our greatest presidents, Abraham Lincoln. He reminded us of this in his first inaugural address: "We are not enemies, but friends. We must not be enemies. Though passion may have strained it must not break our bonds of affection. The mystic chords of memory, stretching from every battlefield and patriot grave to every living heart and hearthstone all over this broad land, will yet swell the chorus of the Union, when again touched, as surely they will be, by the better angels of our nature."

Church leaders have frequently reminded us of our obligations as

people of faith to be involved in the political process so that the common good can be advanced. We have responsibilities for the direction of public life, and we can begin to meet those responsibilities by voting for candidates who are committed to promoting the common good.

A fairly common attitude or understanding of our responsibility that does not encapsulate the common good approach to life and politics is reflected in this observation regarding the mentality of some of our brothers and sisters: "Being American is about being free...some Americans see freedom as relief from responsibilities to others, rejection of claims of community, and single-minded devotion to self-interest" (Vincent Ragueau in *Thinking Faith*, the online journal of the British Jesuits). The common good does not permit us to reject "claims of community" and pursue a "single-minded devotion to self-interest." Candidates who encourage this understanding of freedom clearly fail the test of advancing the common good.

Here are a few suggestions:  
**❖ Vote:** Since our elected officials have a great deal of influence on the common good, it makes sense that we at least find out what candidates believe about important issues such as the economy, arms control, military spending, caring for the poor, health care reform, creating jobs, and other important moral issues. Then we have to make the effort to get to the polls and vote. To determine who is your legislator go to The General Assembly web page, <http://legis.state.va.us/> - "Who is My Legislator?" button on the top right.

**❖ Stay informed:** Even reading the newspapers or watching the news frequently helps us to be aware of the way political life does or does not promote justice (keep in mind that biblical justice is not principally about vengeance or retribution, but about restoring people to right relationships) and well-being in society. Books, periodicals and magazines are good sources for analyzing issues in light of reason and faith. Excellent sources for information and insight are ecumenical organizations like Bread for the World, the Virginia Interfaith Center and SALT.

**❖ Advocate:** Those elected to government posts respond to our opinions and concern especially when they are well reasoned and presented in a positive light. Our letters, calls and visits do contribute to a better future for all.

# Wildcats Get the Jump on Oakton in Football Win

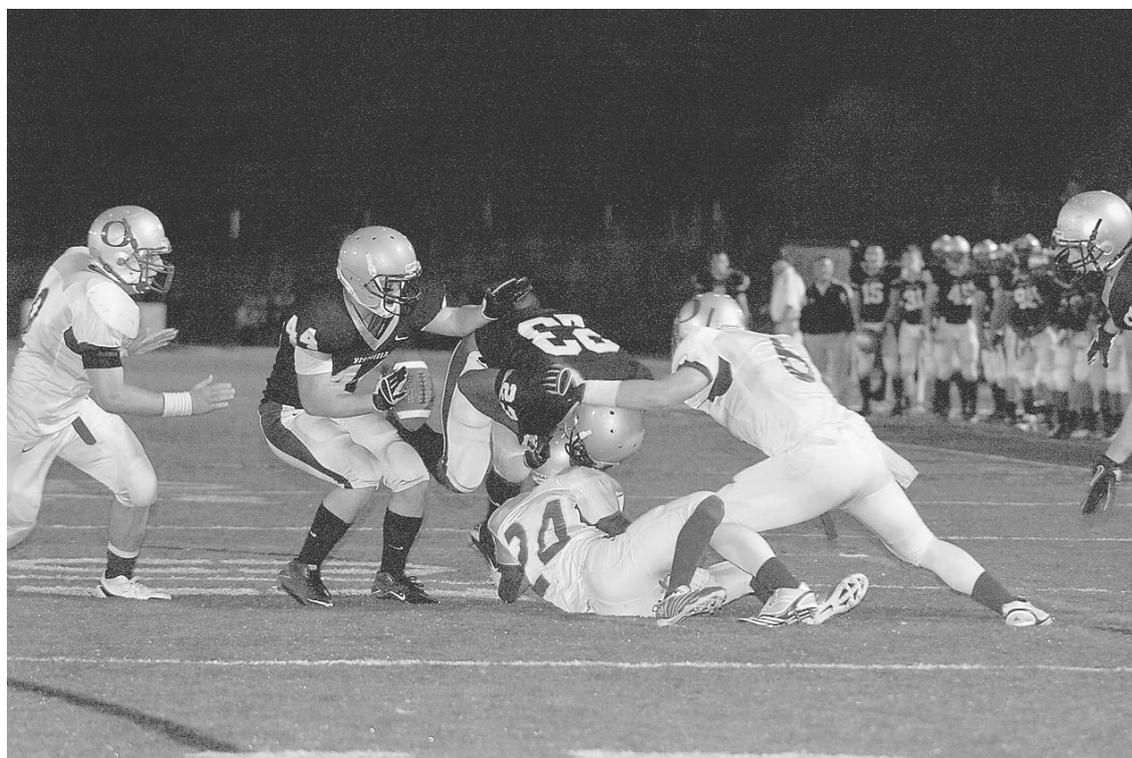
Cougars, set to host Robinson this Friday, lose for just the second time this season.

BY RICH SANDERS  
THE CONNECTION

One might have thought it likely that the Centreville High football team, following a dramatic overtime win over cross-town rival Chantilly on Oct. 15, would suffer an emotional let-down in its following game on Oct. 22 when the Wildcats hosted the Oakton Cougars in a late season Concorde District affair.

But that did not turn out to be the case at all as Centreville, celebrating its homecoming, took an early lead and never lost control on way to a 30-16 win over a talented Oakton squad.

"We felt like we might have played our best game against Oakton," said Centreville first year coach Chris Haddock. "They have some very talented players and we were very concerned about their high powered offense."



The Oakton defense, shown here earlier this season against Westfield, struggled to hold down Centreville star back Manny Smith.

PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Centreville, which won a battle of unbeaten the week before in its Sully Bowl victory over Chantilly, improved to 8-0 with the win over the Cougars, who lost just their second game of the season to six wins.

Oakton trailed 10-0 after one quarter, 16-0 at the half and 23-0 in the third quarter. Coach Joe

Thompson's team scored its lone two touchdowns in the final quarter - the first on a pass from backup QB Tuck Masker (3-of-3, 39 yards) to Jordan Willetts from 10 yards out, and the latter on a pass play from starting signal caller Jimmy Boone (10-of-21, 119 yards) to Luke Willis from 18 yards out.

The Oakton defense could not

slow down Centreville running back Manny Smith, one of the top backs in the Northern Region who rushed for 189 yards and two touchdowns on 24 carries. The Cougars did a good job in their pass defense, intercepting Wildcat quarterback Chance Roman (11-of-19, 133 yards, 1 TD) three times.

## Cougars Host Military Appreciation Night

All active duty, reserve and retired military personnel are invited to attend the Oakton home game versus Robinson on Friday, Oct. 29. Scholarship presentation at 7:20pm, kick off at 7:30pm. Oakton High School is located at 2900 Sutton Road in Vienna. Military personnel present your military ID at the box office to receive free admission, and a coupon for the concession stand.

Several tributes have been planned, but the one closest to the Cougars' hearts will be the presentation of the PFC David Sharrett II Memorial Scholarship. The scholarship honors the memory of David Sharrett II, a 1999 Oakton graduate and talented defensive end who was killed in Iraq while serving with the 101st Airborne Division in 2008. Oakton Head Coach Joe Thompson will present scholarships to two former Oakton football players that have demonstrated exceptional character traits on and off the field.

Oakton, 1-2 in district play, will be at home versus district opponent Robinson (6-2, 2-1) this Friday night before wrapping up the regular season the following week with a Nov. 5 home game against Chantilly. The Cougars will qualify for the eight-team region playoffs set to begin on Nov. 12. Centreville, 3-0 in the district, will be at Westfield this Friday night.

### SPORTS ROUNDUPS

**The Oakton High Cougars** defeated Herndon, 2-1 in overtime, in a first round Concorde District field hockey tournament game last week (Oct. 18). Herndon, which did not score a goal against a district opponent during the entire regular season, got a goal from senior captain Brittany Chinn in the first half of the playoff meeting against Oakton to give the Hornets a 1-0 lead.

The score set the Cougars back on their heels for most of the first half. Herndon received solid defensive play in the half, including three saves by goalie Alyssa Hughes.

The game changer came early in the second half when the Cougars' Colleen Gleason sent a strong lift off of a penalty corner to even the score at 1-1. The combination of Adelle Clinton and Maddie Ray helped set up the score.

Both teams continued to play hard throughout the end of regulation, with Cougar defenders Rachel Kuykendall, Kelsey Weathers and Danielle Somadelis strongly putting a stop to Hornet attacks. Oakton threatened to score on several penalty shots and ensuing rushes. However none of the shots found their marks as the teams headed

to overtime to settle the tie.

A secret weapon was re-released by Oakton, which sent Erika Kaufkhold into the game in overtime. She had only recently been cleared to play following an early season concussion that had sidelined her for several weeks. Kaufkhold lost little time in driving the offense, sending a strong cross to Jackie Rupp for the game-winning goal.

Oakton, two days following the win over Herndon, defeated Chantilly, 3-2, in a district semifinals game played at Westfield High School on Oct. 20. That put the Cougars into the district title game on Friday, Oct. 22 where they lost to host Westfield, 3-0. Oakton was scheduled to host Marshall in a first round game of the 16-team Northern Region tournament on Wednesday, Oct. 27 of this week.

**The Jefferson High cross country program** wrapped up its regular season schedule by competing at the 'Running with the Wolves Rocketoberfest' on Oct. 16 in Radford. Both the Jefferson girls' varsity and JV teams earned first place finishes. On the boys' side, the varsity Colonials finished third in the team standings and the JV boys were second.



PHOTO COURTESY/REGMI

The Thomas Jefferson High girls' cross country team finished first at the regular season-ending Rocketoberfest in Radford on Oct. 16. Pictured, left to right, are Sarah Nielsen, Taylor Reffett, Stephanie Marzen, Rachel Kuprenas, Kelly Rogers, Rekha Schnepf, and Sarah Stites.

# A Scary Thought



By KENNETH B. LOURIE

Not knowing (never knowing) if what I'm feeling physically is a direct result of the stage IV lung cancer (the "underlying problem," as I find myself describing it) with which I've been diagnosed, or rather the fact that I'm 56, overweight, physically unfit and sleeping on an old bed is unsettling to say the least, downright incapacitating to say the most. Are the aches and pains symptomatic of the tumors in my lungs growing and/or moving – or of the cancer appearing somewhere else in my body independent of the "underlying problem," or are they completely normal given my age and overall physical condition/lifestyle/diet, etc?

How do I separate fact from self-created fiction? Moreover, how do I prevent my brain from maximizing everything while minimizing nothing? I don't want to make a lot of a little any more than I want to make a little out of a lot. Sometimes I feel if I ignore a certain pain, maybe it will disappear and therefore not be symptomatic of anything cancer-related. Other times, if I accept the pain as legitimate and worthy of a call to my oncologist (which I am encouraged to do as often as I feel the need to), perhaps the pain will in fact represent bad news – for me, and the beginning of an unexpected and premature end. There's a naive part of me which thinks, if I don't mention it or, if I make light of it, it won't be cancer-related and thus not confirmation of my oncologist's original 13-months to two-year prognosis, given to me/us back on Feb. 27, 2009.

Whenever I do feel something: in my lungs, especially when I cough or have any breathing or respiratory problems; in my sternum; in my sides – where the pain first manifested itself back on Dec. 28, 2008; in my brain/head – where lung cancer spreads to in 30 percent of patients; in my arms and legs where regularly I have muscle weakness; in my lower back where my kidneys are located (my creatinine is high and constantly monitored), I worry if this pain is it. "It" not being as good thing.

Since this mental battle has been fought for nearly two years now (dating back to that original Emergency Room visit, which led, ultimately to where I am today) I feel like I've won a few skirmishes. However, it doesn't make me feel any more empowered having endured these challenges. Certainly I can say, "I've been there, done that," unfortunately the experience doesn't solve or address the "underlying problem." As such, the problem remains: how does one live with such uncertainty?

Every day I feel something somewhere in my body, I wonder, is that the cancer? Every day I don't feel something somewhere in my body, I wonder, is the cancer still active; maybe it's simply doing what cancer often does: kill without any real symptoms until it's too late to treat successfully. (I always ask myself: whatever happened to stages I, II and III?) Both thoughts wear on me, constantly. Is it something or is it nothing? Is it real or is it imagined? Should I call my oncologist or not? Sometimes I think the mental demands are worse than the physical ones. Everything is magnified, nothing is simplified – in my head, anyway.

Death comes to us all. Trying to convince myself that what I feel does or does not matter – relative to the "underlying problem," has kept me awake more nights than any pain or discomfort I've felt. It hasn't been easy. However, it sure beats not feeling anything; if you know what I mean.

*Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.*

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<p><b>21 Announcements</b></p> <p><b>ABC LICENSE</b> MHG Cafe Clarendon, LLC trading as Circa at Clarendon, 3010 Clarendon Blvd. Arlington, VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Beer and Wine on Premise, Mixed Beverage on Premise license to sell or manufacture alcoholic beverages. Stephen Gavula, Managing member</p>	<p><b>21 Announcements</b></p> <p><b>Buildings For Every Need!</b></p> <table border="1"> <tr><td>24 x 32 x 10</td><td>\$7,450</td></tr> <tr><td>30 x 40 x 10</td><td>\$9,450</td></tr> <tr><td>36 x 48 x 12</td><td>\$14,950</td></tr> <tr><td>40 x 60 x 14</td><td>\$19,450</td></tr> <tr><td>50 x 96 x 14</td><td>\$32,450</td></tr> <tr><td>60 x 120 x 16</td><td>\$50,450</td></tr> </table> <p>Specials include: (1) garage/slider door • (1) entry door • material • delivery • construction</p> <p>Financing Available!</p> <p><b>1-877-434-3133</b> STRUCTURES, INC. www.cbstructuresinc.com</p>	24 x 32 x 10	\$7,450	30 x 40 x 10	\$9,450	36 x 48 x 12	\$14,950	40 x 60 x 14	\$19,450	50 x 96 x 14	\$32,450	60 x 120 x 16	\$50,450
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Vienna Police Chief Robert A. Carlisle and Sergeant Tu Farhan

## Officer Tu Farhan Promoted to the Rank of Sergeant

On Oct. 21, a ceremony was held at Vienna Police Headquarters to honor newly promoted Sergeant Tu Farhan. Farhan is an 11-year veteran of the Town of Vienna Police Department and has served in several different capacities.

After graduating from the Fairfax County Criminal Justice Academy, a regional training facility, he began his career as a patrol officer. Having made several high profile arrests and tirelessly investigating suspicious activity he has made a name for himself with the residents of Vienna as well as

among his fellow officers. In addition to English Farhan is fluent in several languages. This has proven to be an invaluable asset during investigations and calls for service.

Most recently he served as a member of the Drug Enforcement Administration's Metro Area Narcotics Task Force. In his new role as a Sergeant, he will supervise a squad of patrol officers working both day and night shifts. The promotional ceremony was hosted by Chief Robert A. Carlisle.

## Power of Friendship

FROM PAGE 8

that reads, 'FYTBCK.' It belongs to Kirk Hammock. In less than a year, Hammock has learned that there are different types of breast cancer, that there are new protocols used in fighting the disease, that every day women you know are being diagnosed with the disease.

"Women need to know it [getting breast cancer] can happen to anybody," said Hammock. "You need to get checkups every year. Be aware that the healthiest person can get cancer."

"I was always so active, going a hundred miles an hour. The thing that sticks in my mind the most is that cancer will stop you in your tracks."

Hammock is planning on walking next

year with her team. With her treatments behind her, she is eager to continue with her life. She is still the optimist.

"This story is really about the power of positive thinking," said Grill. "And the power of friendship."

To support Team Captain Kirk & The Friendship Enterprise in 2011, go to [http://www.the3day.org/site/TR/2010/WashingtonDCEvent2010?team\\_id=152063&pg=team&fr\\_id=1474](http://www.the3day.org/site/TR/2010/WashingtonDCEvent2010?team_id=152063&pg=team&fr_id=1474). 2010 Team Captain Kirk & The Friendship Enterprise members included Anna Grill, Elisabeth Barrand, Jill Ciccone, Suzie Ego, Elizabeth Gay, Karen Gentile, Sharon Heinz, Allie Jewsbury, Jennifer Lucas, Kelly Miller, Jan Murtha, Nancy Rau and Kristin Urbach.

To learn more about the Susan G. Komen for the Cure, see <http://www.komen.org/>

### FAITH NOTES

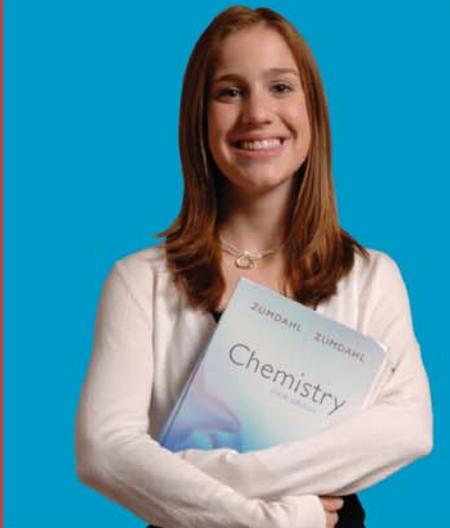
Faith Notes are for announcements and events in the faith community. Send to [vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com). Deadline is Friday.

A new small group elective will be offered beginning 7 p.m. Nov. 3 at the **Antioch Christian Church**, 1860 Beulah Road, Vienna, entitled "The Christian Adventure- Beginning the Exciting Journey of Faith." The seven week study will cover The Christ-controlled life, Five Principles of Growing spiritually, The Christians authority, Learning to Pray and the Importance of the church. This discus-

sion group is open to anyone who wants to explore the meaning of faith and Christianity. Contact Randy Beeman at 703-938-6753 or [www.antiochdoc.org](http://www.antiochdoc.org).

**Immanuel Presbyterian Church**, 1125 Savile Lane in McLean, will host Christian scholar and author Diana Butler Bass on Saturday, Nov. 20, as part of the commemoration of the church's 50th Anniversary Year. Bass will discuss the church in the future, "Spiritual and Religion: The Shape of Congregations for a Vital Future". Contact [janetyss@gmail.com](mailto:janetyss@gmail.com) or 703-734-0120.

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- Sunday, December 5 1:00 p.m.

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