

McLean CONNECTION

The Langley and McLean High boys' cross country teams both competed at last week's Liberty District Championships at Burke Lake Park. Here, Saxon runner Thomas Zumot, left, stays just ahead of McLean's Jason Richards.



On The Run

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Historic Marker Installed in McLean

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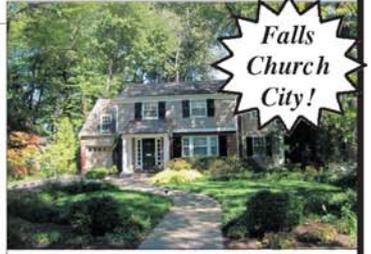
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PHOTO BY ALEX MCVEIGH/THE CONNECTION



From left, Supervisor John Foust (D-Dranesville), local historian Carole Herrick, School Board member Jane Strauss (Dranesville), Del. Jim Scott (D-53) and Del. Barbara Comstock (R-34) greet the crowd who came to see the unveiling of the historical marker at Salona Sunday.

Marking History

Historical marker placed at Salona.

BY ALEX MCVEIGH
THE CONNECTION

With development and new construction happening all over Northern Virginia, it can be easy to forget what history is still around. With that in mind, McLean and Great Falls Celebrate Virginia and other community groups were able to have a historical marker placed at Salona, a farm property that has figured in much of the area's history.

The property, which is located at the intersection of Dolley Madison Boulevard and Buchanan Road, was the home of Henry "Light Horse Larry" Lee, a Revolutionary War hero. It was also where first lady Dolley Madison fled when the White House was burned during the War of 1812 and part of the Union Army's headquarters during the Civil War.

"We're thrilled about the marker, it was quite an undertaking," said Carole Herrick, a local historian. "We hope that newcomers to McLean will take the time to read it and understand the property's significance."

The marker was unveiled Sunday, Oct. 31, on the side of Dolley Madison Boulevard, and many longtime residents and local officials attended the ceremony.

Sen. Janet Howell (D-32) said that markers like the one at Salona serve to remind people of where McLean came from.

"I love these markers, they're all over the state,

and they're a chance to think back on who we are," she said. "They're important to all of us."

Herrick said she was impressed with the large turnout to the event. The fact people are out here, during a Redskins game, shows how important people think this property is," she said.

The marker was sponsored by McLean and Great Falls Celebrate Virginia, with help from the Fairfax County History Commission, the McLean Historical Society and residents Kip Laughlin and Randy Dyer.

"It's a shame that the majority of people don't know the history of Salona, a lot of people just know it as a shopping center," said Dyer, whose family has lived in McLean since 1923. "Hopefully, people will see the sign, start asking questions and learn."

Most of the research to obtain the marker came from Herrick. While she didn't seem interested in taking any credit, her work was essential to getting the marker placed.

"We were looking for someone to do the meticulous research, to dig through a lot of our history, and Carole was that person," said School Board member Jane Strauss (Dranesville).

Another Road Sign

The road marker placed on Dolley Madison Boulevard reads:

"Salona was built on part of the 1719 Thomas Lee 2,862 acre grant known as Langley. During the War of 1812, the estate's owner, the Rev. William Maffitt, reputedly gave refuge to President James Madison as the British burned Washington. Civil War Camp Griffin occupied Salona, then owned by Jacob Smoot, through the winter of 1861/62, the house serving as headquarters for Union General William "Baldy" Smith. A working farm until the Smoot family began selling acreage in 1947. Salona was purchased in stages by Clive and Susan DuVal beginning in 1953. The DuVal family later arranged for the preservation of the house and property."

"We're thrilled about the marker, it was quite an undertaking."

— Carole Herrick, local historian



PHOTO BY ALEX MCVEIGH/THE CONNECTION

Voters make their choices at the auxiliary gym at Langley High School Tuesday morning.

Voice of the People

Voters make choices at Langley High School.

BY ALEX MCVEIGH
THE CONNECTION

Voters came out to Langley High School Tuesday to vote for their representative in the Senate. Incumbent Republican Frank Wolf faced off against challengers Jeff Barnett (Democrat) and Bill Redpath (Libertarian).

With a mid-term election, the turnout wasn't as high as it was for 2008's presidential election, but that didn't stop voters from coming out to the polls.

"In a mid-term election, the number of voters seems to drop off, but it's still an important election," said McLean resident Karl Pierson. "This year there's still plenty at stake."

Marit Peterson, daughter of Barnett, was at Langley High, and believes this is an important election "because this is the only ticket in the district, and it's important for people to get out and have their voice heard."

While citizens weren't flocking to the polls in huge numbers early Tuesday morning, there was a strong turnout, and more were expected later in the day.

"It's been a steady tricky so far this morning, but I'm optimistic there will be a good turnout," said McLean resident David H. Martin, who was assisting voters as they walked up by handing them sample ballots and information about several ballot initiatives.

There were three initiatives involving amendments to the

Virginia state constitution up for vote. The first would amend Section 6 Article X of the constitution to authorize legislation that would permit localities to grant property tax relief for homeowners over the age of 65 or "permanently and totally disabled." The second would permit property tax exemption for the principal residence of a veteran or their surviving spouse if the veteran has a "100 percent service-connected permanent and total disability."

The third proposed amendment would increase the permissible size of the Revenue Stabilization Fund from 10 percent to 15 percent of the state's average annual tax revenues derived from income and retail sales for the preceding three fiscal years.

The fund is used to offset shortfalls in anticipated revenues, in order to provide a cushion in the event of an economic downturn.

With so much partisan bickering over the last few months of campaigning, on election day itself, many voters seems more concerned with getting people out to the polls than who they were actually voting for.

"It's our civic duty, everyone should vote in every election," Martin said. "There are a lot of places in this world where you can't vote for the leader you think is best, and as Americans, we should take advantage of the opportunity whenever we can."

New Districts Will Alter Political Layout

County could lose House seat in redistricting, likely Democratic one.

BY STEPHEN GROVES
VIRGINIA STATEHOUSE NEWS

As Virginia prepares to redraw its voting lines to match-up with the latest census numbers, the northern part of the state looks to gain a larger section in the statehouse, but what the new districts might look like remains to be seen.

As the Commonwealth has grown in the last 10 years, Northern Virginia has become the economic engine as well as most populous area. Many in the statehouse predict three or four House of Delegates seats will shift to the area.

But most of the growth has been in the outer suburbs, Loudoun and Prince William. Fairfax County could even lose a delegate seat because most of its districts are have fewer than the ideal number of residents. (See chart.)

But local lawmakers are still hopeful that the added clout overall will add influence.

"There's no question that it's going to enhance our concerns, the concerns of the region, and going to make our voice heard in the General Assembly," said Del. Bob Brink (D-48), who represents Arlington.

NORTHERN VIRGINIA lawmakers agreed they would use this louder voice to bring up transportation issues in the statehouse. Traffic has clogged the highways of northern Virginia for years.

"Every time you change one line, you have to change another."

— Sen. Mary Margaret Whipple (D-31)

Del. Mark Sickles (D-43) of Franconia said that between the Northern Virginia and the Hampton Roads area, where traffic also is a major concern, the representatives from those areas could likely outweigh the rest of the state if they allied.

Northern Virginia District Projections

The deviation from ideal indicates how much change could be required in each district.

SENATE DISTRICTS- IDEAL DISTRICT- 197,277

Senate District	Total population 2000	Estimated Total Population 2009	% Deviation from estimated ideal	Number difference from estimated ideal	Incumbent
30	174,712	196588	-0.3%	-689	Patsy Ticer (D30)
31	174,500	188293	-4.6%	-8,984	Mary Margaret Whipple (D-31)
32	177,755	184926	-6.3%	-12,351	Janet Howell (D-32)
33	262,751	302342	53.3%	105,065	Mark Herring (D-33)
34	175,317	181280	-8.1%	-15,997	Chap Petersen (D-34)
35	158,737	185573	-5.9%	-11,704	Dick Saslaw (D-35)
36	184,196	206969	4.9%	9,692	Toddy Puller (D-36)
37	221,044	192102	-2.6%	-5,175	Dave Marsden (D-37)
39	170,581	191494	-2.9%	-5,783	George Barker (D-39)

CONGRESSIONAL DISTRICTS- IDEAL DISTRICT- 717,370

Congressional District	Total population 2000	Estimated Total Population 2009	% Deviation from estimated ideal	Number difference from estimated ideal	Incumbent
8	627,849	684340	-4.6%	-33,030	Jim Moran (D)
10	792,534	850337	18.5%	132,967	Frank Wolf (R)
11	649,553	741603	3.4%	24,233	Gerry Connolly (D)

HOUSE OF DELEGATES DISTRICTS- IDEAL POPULATION- 78,911

House District	Total population 2000	Estimated Total Population 2009	% Deviation from estimated ideal	Number difference from estimated ideal	Incumbent
34	75,006	71702	-9.1%	-7,209	Barbara Comstock (R-34)
35	68,244	78086	-1.0%	-825	Mark Keam (D-35)
36	83,956	73573	-6.8%	-5,338	Ken Plum (D-36)
37	66,183	73073	-7.4%	-5,838	David Bulova (D-37)
38	68,433	73844	-6.4%	-5,067	Kaye Kory (D-38)
39	67,421	75421	-4.4%	-3,490	Vivian Watts (D-39)
40	85,006	77551	-1.7%	-1,360	Tim Hugo (R-40)
41	63,280	70393	-10.8%	-8,518	Eileen Filler-Corn (D-41)
42	65,399	75228	-4.7%	-3,683	Dave Albo (R-42)
43	82,825	73892	-6.4%	-5,019	Mark Sickles (R-43)
44	65,226	73977	-6.3%	-4,934	Scott Surovell (D-44)
45	63,856	76632	-2.9%	-2,279	David Englin (D-45)
46	73,341	75938	-3.8%	-2,973	Charmiele Herring (D-46)
47	68,489	74408	-5.7%	-4,503	Patrick Hope (D-47)
48	70,999	80077	1.5%	1,166	Bob Brink (D-48)
49	66,103	77640	-1.6%	-1,271	Adam Ebbin (D-49)
53	72,521	76138	-3.5%	-2,773	Jim Scott (D-53)
67	90,871	86050	9.0%	7,139	Jim LeMunyon (R-67)
86	45,130	86876	10.1%	7,965	Tom Rust (R-86)

SOURCE: Virginia Division of Legislative Services, compiled by Virginia Statehouse News.

Education funding was another concern on which lawmakers said they could use their weight.

"Northern Virginia is the economic engine of the state and deserves more resource allocation," Brink said.

In the last decade, Virginia's population has grown 11.4 percent to about 7.8 million people. Most of the growth has been in the metropolitan areas, while rural areas and small towns have seen fewer people living there.

The largest growth has been in the areas around Washington. Loudoun and Prince William counties both gained more than 100,000 people. Alexandria grew modestly from 128,000 to 150,000 in the last decade. Fairfax County also saw a jump of about 63,000 people.

"We know there's a lot of population growth ... so there's going to be a lot of changes," said state Sen. Mary Margaret Whipple (D-31) of Arlington.

While some areas of Northern Virginia such as Alexandria and Mount Vernon have had steady population growth that puts

those districts close to the estimated ideal for a House or Senate district, they could still see some change.

"Every time you change one line, you have to change another," Whipple said.

But for the first time in the modern history of redistricting, the General Assembly is split between a Republican House and Democratic Senate. Also only 59 of the 140 lawmakers in the statehouse served during the 2001 redistricting. Throw in a Republican governor who has veto power to amend the redistricting, and it's "a big monkey-wrench," said Michael McDonald, a politics professor at George Mason and nationally recognized expert on redistricting.

To make matters worse, Virginia has the smallest time period in the nation to approve the new districts. When the latest census numbers come out in February, Virginia has less

Get Involved

The Senate's Privileges and Elections Committee is conducting hearings across the state about legislative redistricting. The public hearing Northern Virginia is Thursday, Nov. 4, 7 p.m., Herndon Town Council Chambers, 765 Lynn St., Herndon

than two months to have new districts approved. They must draw the districts 60 days before the June 2011 primary elections so the Department of Justice has time to review the districts and approve them.

What this adds up to is a "you scratch my back, I'll scratch yours" deal likely being worked out between the House and Senate, said McDonald. Each legislative body will approve the plan that the other comes up with for their districts.

INCUMBENTS will protect their districts if this system goes according to plan. But this will not leave everyone happy.

"Partisan redistricting is not good for democracy," Sickles said.

In Northern Virginia, which will gain several House of Delegates seats, this could be interesting. The Republican held House might try to fit a Republican district or two into the Democrat-dominated north.

"There will be some very funny looking districts," McDonald said, suggesting that Republicans may try to draw "spoke-and-wheel" districts that start stretch out from urban centers to the suburbs.

But McDonald said parties may be able to make short-term gains by redrawing lines, but in the long run, an area gravitates to one party historically.

"I wouldn't be salivating if I was a Republican trying to draw Republican districts in Northern Virginia," he said.

For now, lawmakers are watching the series of public forums on redistricting being held around the state. And waiting for the mad dash that will fill the statehouse when census numbers are released in February.

"I wouldn't be salivating if I was a Republican trying to draw Republican districts in Northern Virginia."

— Michael McDonald, politics professor at George Mason

NEWS

Mini Walk Raises \$2,700

On Monday, Oct. 25, Churchill Road Elementary School conducted its fifth annual Help the Homeless Mini Walk for the benefit of Pathway Homes, a non-profit located in North Virginia that helps local homeless families. With 138 registered walkers, Churchill Road raised more than \$2,700 toward this effort. As in prior years, the effort was coordinated by third grade teacher Colleen Boyle, with the assistance of many staff members and parent volunteers.



PHOTO BY ERIK DAHLIN

Participants in the Help the Homeless Mini-Walk at Churchill Road begin their half-hour fund-raising walk around the neighborhood on Oct. 25.

Renoir Exhibit at Wentworth Gallery

A collection of works by artists Pierre Henri Matisse, together with the celebrated Modern Master Alexandre Renoir will be on exhibit and available for acquisition at the Wentworth Gallery on Nov. 20 and 21.

Wentworth Gallery at the Tysons Galleria in McLean, will host the exhibit Saturday, Nov. 20. The exhibit is an opportunity to meet both Renoir and Matisse, with a scheduled special appearance by the artists, who are also descendants of famed artists Pierre-Auguste Renoir and Henri Matisse, for the

public Nov. 20, from 6-9 p.m.

Important works by Picasso, Chagall, Miro and Henri Matisse will also be exhibited and available for acquisition.

Wentworth Gallery features a wide selection of original artwork, limited editions and sculptures from the world's most acclaimed artists.

Their website, www.wentworthgallery.com provides information on featured artists, upcoming exhibits, online orders and directions to the nearest Wentworth Gallery, or call 800-732-6140.

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OPINION

Be Part of the Children's Connection

Annual edition devoted to art, writing and creativity of local students.

It's a local tradition now, the annual Children's Connection. The entire edition, including the cover, is filled with the work of local children and students. Painting, drawing, sculpture, photography, and many other forms of artwork. Poetry, short stories, opinion pieces, and many other forms of writing.

Each year it comes together as alchemy, turning our newsprint pages to something golden, with the talent, insight, fresh perspective, humor and thoughtfulness of local young minds.

We have regular contributions from art teachers and writing teachers who pull together assignments from many classes. We receive individual submissions from teenagers, and the work of home-schooled students.

Some suggestions for artwork: Drawings that

represent the student's family, pets, school, friends, activities; seasonal artwork for the holidays or winter; representations of favorite things.

Some suggestions for writing: (submissions are ideally 200 words, please don't exceed 350) the most memorable things about 2010; one thing I would give my family that doesn't cost any money; my wish for my family or community or school or the world; descriptive poetry; my emotions in certain circumstances; brief review of a movie or book or play; or anything of your choice.

Don't be left out, the deadline is Dec. 1, 2010, for publication the last week of the year.

All submissions must be made digitally, either via email or by mailing in a disk, or by bringing in the data on some other digital media. Artwork should be photographed or

scanned in jpeg format. Writing should be submitted in a Word document saved as rich text, .rtf, or as plain txt.

Please e-mail submissions to mclean@connectionnewspapers.com. Mailed items should go to McLean Children's Connection, 1606 King St., Alexandria, Va. 22314. E-mail questions to the same e-mail address.

What Are You Thankful for in McLean?

The week of Thanksgiving, the Connection will publish a collection of viewpoints about what readers appreciate. What are you thankful for? We'd love to hear from you, with submission of 200 words or less, and possibly including a photo either of you, or representing what you are thankful for.

Send your thankful notes as soon as possible to mclean@connectionnewspapers.com, but not later than Nov. 18.

Thank you.

Check Your Child's Cholesterol

Doctors recommend early screening for obesity.

BY JASMEET KALSI,
PHARM.D. CANDIDATE 2011

Oct. 4 was National Child Health Day. Has your child ever been screened for high cholesterol? The guidelines from the American Academy of Pediatrics (AAP) say that because of the obesity epidemic with children, screening for cholesterol should start at an early age.

The lack of exercise and poor diets can lead to high cholesterol early in life. This is why the American Academy of Pediatrics wants cholesterol screening to start at a young age. Children should be screened even if they are not overweight. They may still develop an inherited form of high cholesterol. They should also be screened even if they do not have a family history of high cholesterol. If not treated, high cholesterol can result in major heart problems later in life.

The American Academy of Pediatrics recommends to first screen children with a family history of high cholesterol after 2 years of age. Screening should be done before the age of 10. The child should be screened if the family history is not known or the child is overweight.

The best way to screen is by getting a "fasting lipid profile" done. This profile shows the "good" cholesterol called HDL and the "bad" cholesterol called LDL. If the levels are normal, then the child should be tested again after three to five years. The main treatment for overweight children is to manage their weight by starting a healthy diet and exercising.

There is a growing trend with prescribing cholesterol lowering drugs called "statins" for children as young as 10. These drugs work to lower LDL and increase HDL. Statins have only been studied for short-term use in children.

There is only one statin that is FDA approved for use in children with the inherited form of high cholesterol. It is called Pravachol (Pravastatin). A study in the medical journal called "Circulation" looked at the use of Pravachol over four years in children and adolescents. Pravachol did work well by decreasing LDL. The study also stated that there were no safety problems in terms of sexual growth or physical growth.

A study done in the Netherlands showed no side effects reported for children that used simvastatin for 28 weeks. They did mention that the study was too short to understand the long-term side effects.

Long-term safety studies have not yet been done. Only the short-term safety is known.

In recognition of National Child Health Day, parents can get started on keeping their child healthy. Here are some tips:

❖ Make sure your child gets a yearly physical.

❖ Make sure your child is staying active.

❖ Make sure your child has a healthy diet that will help to prevent obesity. There are many restaurants that now offer a new "healthy option" menu for children. First lady Michelle Obama has asked restaurants to do more in order to prevent obesity. She wants restaurants to have an easier menu so that parents do not have to search for healthy options.

If you are worried that getting your child screened would result in prescription treatment right away, that is not the case. Prescription treatment is usually given af-

ter trying all other methods for controlling cholesterol. Doctors are not likely to prescribe medications for children because there are limited studies on the long-term safety of them.

Getting screened can help parents make decisions about their child's health before it is too late. It will help prevent your child from developing major heart problems later. The screenings may even help prevent heart attacks from occurring in teenagehood. The changes with American Academy of Pediatrics guidelines should result in a positive outcome with the health of children.

Jasmeet Kalsi will be graduating in May 2011 with a Doctor of Pharmacy degree from the Bernard J. Dunn School of Pharmacy at Shenandoah University. She did her undergraduate pre-requisites for pharmacy school at the University of Maryland, College Park.

Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.

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DONATED PHOTO

Joan Morton, Daisy Logan, Rosalie Donnelly and Ginny Sandahl are promoting the Woman's Club of McLean Holiday Homes Tour at the GFWC VA Northern District meeting Saturday Oct. 23 at the Montclair Country Club.

Opening Their Homes

Holiday Homes Tour to Feature Cluster of Five Houses.

The McLean Woman's Club Holiday Homes Tour on Thursday, Dec. 2, will feature five large, elaborately decorated houses located close together in western McLean. The houses are on and near Holyrood Drive and Countryside Court, in Countryside Estates near Balls Hill Road and Georgetown Pike. The Woman's Club hopes that their closeness to each other and to the Beltway (Exit 44) will make them easily accessible.

Dubbed the Homes of Holyrood, all five houses are designed in the Williamsburg style and are centered on 1-acre lots with tall trees that once overlooked farmland.

"The neighborhood hints at the careful planning of Williamsburg, Va., with harmonious building design, wide lawns, meticulously landscaped lots and graceful streets," said resident and "honorary mayor" of the event Dick Schmitt. The community has a mix of age ranges and professions and is home to many children.

Countryside Estates was originally part of a large working farm that was subdivided and developed by one of its heirs, as many local farms were after World War II to accommodate expansion in Fairfax County. This activity increased after 1961, when completion of the nearby CIA headquarters brought many of its employees with it. The Holyrood Homes were built in 1977 and 1979 and have been upgraded and expanded to accommodate successive generations.

The most common upgrade is the enlargement and merging of

rooms and hallways to create a circular "flow," larger foyers and open floor space. Other added features include supplemental bedrooms and baths, terraces, French doors, bay windows, porches, cupolas and extra fireplaces. The floor space averages about 4,000 square feet.

The annual, self-guided Holiday Homes Tour will be the 44th such event organized by the Woman's Club to raise money for local charities and nonprofit organizations. These include Share, Inc., Alternative House, the McLean Project for the Arts, Claude Moore Colonial Farm, the McLean Volunteer Fire Department, Fisher House and the McLean Symphony. Honorary co-chairmen of the event will be TV news figure and longtime McLean resident Roger Mudd and his wife E.J., a published poet and writer.

The tour will be officially kicked off on Thursday, Dec. 2, at 10 a.m. with a ribbon cutting at Balls Hill Road and Holyrood Drive, where the Mudds and other officials will be present. The event will continue in all five houses until 3 p.m.

Tickets for the tour are available at Mesmeralda's Ltd., of McLean; Karin's Florist, Inc., of Vienna; and Great Dogs of Great Falls. They may also be purchased on the website for the Woman's Club of McLean, www.mcleanwc.org, or at the first house on the tour. The cost is \$25 if purchased before the day of the tour and \$30 if obtained at one of the houses.

Parking will be available on neighborhood streets and at Oak Crest School, at Balls Hill Road and Holyrood Drive.

— LAURA SHERIDAN

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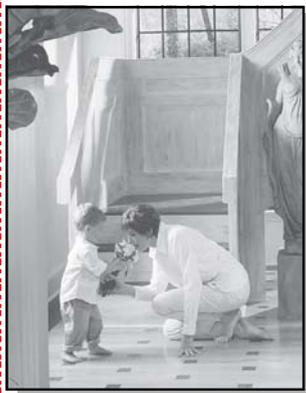
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FAIRFAX COUNTY PARK AUTHORITY

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SALONA PARK DRAFT MASTER PLAN SET FOR PUBLIC COMMENT MEETING

The Fairfax County Park Authority has prepared a draft master plan for Salona Park, located at 1235 Dolley Madison Blvd, in McLean. To gather public comment on the draft master plan, a Public Comment meeting will be held on Wednesday, November 17, 2010, at 7 p.m. in the cafeteria of Franklin Sherman Elementary School at 6630 Brawner Street, McLean, VA.

Salona is a privately owned historic property on 51 acres with significant natural and cultural features located in the Dranesville Supervisory District. The Park Authority holds a perpetual conservation easement on a 41-acre portion of the property, which permits a variety of community-serving park uses. This easement was acquired in 2005, followed by the completion of a cultural landscape report. Both documents have helped inform the planning process. The Salona Park master planning process focuses on providing a balance of recreational opportunities, resource stewardship and site interpretation.

This meeting will feature a presentation about the site's current conditions and potential future uses proposed in the draft park master plan. Following the staff presentation, public input on the draft master plan will be received in a moderated comment session. The proposed master plan and supporting documents are available for review at: <http://www.fairfaxcounty.gov/parks/plandev/salona.htm> or in hard copy from the Fairfax County Park Authority at the Herry Building, 12055 Government Center Parkway, Suite 406 during regular business hours.

If you would like to speak at the meeting or would like more information, please call Judy Pedersen, Public Information Officer for the Park Authority at 703-324-8662 or via e-mail at parkmail@fairfaxcounty.gov. Individuals may sign up to speak at the meeting as well. Comments on the plan will be received by the Park Authority for 30 days after the meeting.

The public comment period will close on December 20, 2010. All comments must be received by this date in order to be included in the official public record. Comments will be accepted at the meeting or can be e-mailed to: Parkmail@fairfaxcounty.gov. Written comments should be directed to Andy Galusha, Project Manager, Planning & Development Division, Fairfax County Park Authority, 12055 Government Center Parkway, Suite 406, Fairfax, VA 22035. After all comments have been considered, refinements may be made to the plan, as appropriate, prior to presentation to the Park Authority Board for final approval.



If accommodations and/or alternative formats are needed, please call 703-324-8563, at least ten working days in advance of the registration deadline or event. TTY: 703-803-3354 • 703-324-8700
ONLINE: www.fairfaxcounty.gov/parks • E-mail: parkmail@fairfaxcounty.gov

CRIME

Activities reported by the McLean police department through Oct. 29.

ATTEMPTED ARMED ROBBERY

On Sunday, Oct. 24 just after midnight, a 25-year-old man was talking on his cell phone near the 9400 block of Lee Highway when a masked man demanded the phone. The suspect produced a gun and struck the victim before fleeing without the phone. The victim did not require medical attention. The suspect was described as skinny, 6 feet tall, wearing a dark blue and red hooded, pullover sweat shirt.

SPEED TO ELUDE/ DWI/

POSSESSION OF MARIJUANA/

DRIVING ON SUSPENDED LICENSE/

ARREST

A man was arrested on Sunday, Oct. 24 around 2:20 a.m., for attempting to evade police. The officer observed the man driving unsteadily on a motorcycle and attempted to conduct a traffic stop. The man continued along Lee Highway near Hollywood Road without stopping or acknowledging

the officer. The suspect eventually pulled over in the 2500 block of New Providence Court, and was arrested. A 41-year-old male of the 2800 block of New Providence Court in Falls Church, was charged with felonious speed to elude, DWI, possession of marijuana, and driving on a suspended license.

ATTEMPTED BURGLARY OF

OCCUPIED DWELLING

Police responded to an alarm in the 9000 block of Edgepark Road in Vienna, on Wednesday, Oct. 27

around 6:54 a.m. The homeowner awoke to noises outside the house and then the alarm sounded. It does not appear entry was made inside the home.

LARCENIES

1400 block of Chain Bridge Road. Beer stolen from business.

7500 block of Colshire Drive. Wallet stolen from business.

6500 block of Georgetown Pike. Money envelope stolen from school.

6500 block of Georgetown Pike. Cell phone stolen from school.

8500 block of Hilltop Road. Copper

wire stolen from construction site. **2700 block of Hyson Lane.** License plate stolen from vehicle.

2000 block of International Drive. Jacket stolen from business.

2000 block of International Drive. iPad stolen from business.

7900 block of Jones Branch Road. Leaf blower and electric meters

stolen from business. **6600 block of Lawndale Drive.** Four tires stolen from vehicle.

8600 block of Locust Drive. Wallet stolen from business.

8000 block of Tysons Corner

SEE CRIME, PAGE 9

BULLETIN BOARD

To have community events listed in the Connection, send to mclean@connectionnewspapers.com. Deadline is Friday.

WEDNESDAY/NOV. 3

Parents and Caregiver Support

Group for Special Needs

Children. 7:30 p.m. at Jewish Community Center of Northern Virginia, 8900 Little River turnpike, Fairfax. Meets first Wednesday of each month. Register at 703-537-3040.

McLean Newcomers Club. 11 a.m. Contact Carol Kaminsky, 571-306-0010 or ckisok@hotmail.com, for the location. www.mcleannewcomers.com.

THURSDAY/NOV. 4

Beulah Road Al-Anon Group. 7:30 p.m. at the Antioch Christian Church, 1860 Beulah Road, Vienna. Practicing the Twelve Steps, welcoming and giving comfort to families of alcoholics, and giving understanding and encouragement to the alcoholic. revku@cox.net.

Successful Resume Essentials. 11:30 a.m. The Women's Center, 127 Park St. N.E., Vienna. An overview of a professional resume and how to write it for maximize appeal. \$35, \$25 members. Register at 703-281-2657 or www.thewomenscenter.org.

FRIDAY/NOV. 5

Line Dance Class. 10 a.m. Durga Temple, 8400 Durga Place, Fairfax Station. For age 55 and up. All levels. Ongoing, meets every Friday. \$5. Registration required at www.fairfaxcounty.gov/rec or 703-324-5544, TTY 711.

MOMS Club of McLean. 10:30 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Lisa Wilson, certified Health, Nutrition and Wellness Counselor and Certified Fitness Trainer, will discuss preparing healthy snacks for preschoolers, reading food labels and looking for hidden sugars in children's foods. juliebrowndc@aol.com.

Northern Virginia Republican Business Forum Breakfast. The Tower Club, 8000 Towers Crescent Drive, Vienna. With economist Richard Rahn. \$45. 703-922-6768.

SATURDAY/NOV. 6

T'ai Chi Practice. 8 a.m. at St. Luke's Catholic School Gymnasium, 7005 Georgetown Pike, McLean. Saturdays through March. Free, open to all. No special clothing or equipment needed. www.FreeTaiChi.org or 703-759-9141.

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CRIME

FROM PAGE 9

Center. Eight jackets stolen from business.

8000 block of Tysons Corner Center. License plate stolen from vehicle.

8400 block of Woodbranch Court. Purse and jewelry stolen from residence.

VEHICLE THEFTS

7400 block of Barley Walk. 1998 Mercury Mountaineer.

2200 block of Gallows Road. 1998 Honda Accord.

Shreve Road/Gordons Road. 1993 Mercedes.

Activities reported by the Fair Oaks police department through Oct. 29.

HOMICIDE/ ARREST

Police responded to the report of a shooting at a home in the 13800 block of Rembrandt Way around 3 a.m., on Friday, Oct. 22. Inside, they located the body of Kathleen Tran, 44, of the 13800 block of Rembrandt Way. Officers immediately took the victim's 43-year-old husband, of the same address, into custody. A police investigation determined this incident was domestic in nature. Tran suffered an apparent gunshot wound to the upper body.

VANDALISM

Officers were called to a report of property damage at the U.S. Marine Corps recruiting office, 13881 MetroTech Drive, around 8:30 a.m. Tuesday, Oct. 26. An employee contacted police after discovering two apparent bullet holes in a window of the office and one into an adjacent business when he arrived at work this morning. Officers do not believe that there was anyone in either of the businesses at the time of the shooting. They believe the incident occurred between 8:30 p.m., Monday, Oct. 25 and 8:30 a.m., Tuesday, Oct. 26. The Federal Bureau of Investigation announced that they had conclusively linked two recent shooting incidents: one at the Pentagon and the other at the U.S. Marine Corps Museum in Prince William County. The F.B.I. has added this incident in Fairfax County to their ongoing investigation although there is no evidence to link it to others at present. Fairfax County Police remind the community that the target in the shooting appears to have been unoccupied buildings. The investigation is ongoing.

LARCENIES

13300 block of Braddock Road. Money stolen from business.

2400 block of Carey Lane. GPS stolen from vehicle.

13000 block of Fair Lakes Shopping Center. DVDs stolen from business.

4100 block of Fountainside Lane. Jewelry stolen from residence.

13800 block of Metrotech Drive. Briefcase stolen from vehicle.

4000 block of Spring Pond Place. Money stolen from residence.

5300 block of Summit drive. Lawn mower stolen from residence.

REAL ESTATE NOTES

Nikki Ryan of Keller Williams Realty in Reston has earned the "Certified Distressed Property Expert" designation, having completed extensive training in foreclosure avoidance and short sales. Realtors with the designation have can offer the homeowner better alternatives to foreclosure, which virtually destroys the credit rating.

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E-mail to: mclean@connectionnews.com, or mail (.jpg and text files on disc only) by Dec. 1, to 1606 King St., Alexandria, VA 22314. Please be sure to include the student's name, age, grade, school and town of residence along with each submission. For information, call 703-778-9410.

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NEWS



PHOTO CONTRIBUTED

The Salona Park Draft Master Plan, as currently constructed. The Fairfax County Park Authority will be taking public comment Nov. 17 at Franklin Sherman Elementary School.

Park By Demand

Fairfax County Park Authority seeks public comment on Salona Park Draft Master Plan.

BY ALEX McVEIGH
THE CONNECTION

Residents of McLean and the surrounding areas are invited to a public comment meeting Wednesday, Nov. 17 on the Salona Park Master Plan, in order to find the best ways to utilize the 51-acre historic property.

The Fairfax County Park Authority has had a perpetual conservation easement for 41 acres of the property since 2005. The land consists mainly of three large fields separated by narrow strands of trees on the northern half, and forest and stream channels in the southern half. The easement allows for the 10 acres that border Dolley Madison Boulevard to be used for active recreation, with the remaining 31 acres reserved for resource protection.

The Fairfax County Park Authority began drafting the master plan in February, after a public information meeting. Community members discussed the need for park facilities, environmental management and trails, in addition to safety, traffic and site access issues.

SEE PARK PLANNING, PAGE 12

Voice Your Opinion

The public comment meeting for the Salona Park Draft Master Plan will take place Nov. 17 at 7 p.m. at Franklin Sherman Elementary School, 6630 Brawner St. in McLean. Individual comments are limited to 3 minutes, and if an individual is representing an organization, they have 5 minutes. Only one representative per group is allowed.

The draft can be found at www.fairfaxcounty.gov/parks/plandev/salona.htm. To sign up to comment, call Judy Pedersen at 703-324-8662, or e-mail parkmail@fairfaxcounty.gov.

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On Monday, Oct. 25, Churchill Road Elementary School was one of nine Fairfax County Public Schools to receive Golden Apple Wellness Award. The award recognizes schools that excel in promoting wellness, by encouraging exercise and a healthy diet. Pictured receiving the award are P.E. teacher and Wellness Liaison Jason Mastaler, School Board member Kathy Smith (Sully), Principal Don Hutzel, second grade teacher and last year's Wellness Liaison Ryan VanValen, School Board member Janie Strauss (Dranesville) and Cluster I Director Anita Wallace.

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NEWS

Park Planning

FROM PAGE 10

"By putting together a master plan, it gives the community and neighbors a look at how the land could be used, it sets expectations," said Sandy Stallman, manager at the Park Planning Branch of the Park Authority. "The idea is to introduce a possible plan for the site that takes into account any ideas and concerns the community has, and work from there."

As one of the few remaining open spaces in McLean, development in accordance to the public wishes is a priority of the Park Authority. Andy Galusha, project manager for the Park Authority says they are willing to listen to any and all suggestions for Salona.

"We're open to a lot of uses, as long as they don't conflict with the conservation easement," he said.

The current draft of the plan calls for two athletic, natural turf, non-lighted fields, an agriculture preservation area, dog park, meadow restoration area and a parking lot in the northern part of the park. The southern park would stay forested, with a network of trails installed.

Public comments taken at the Nov. 17 meeting will be taken into account, and

the draft master plan will be revised if needed. The presentation will also include an overview of the current condition and potential future uses.

The Park Authority hopes to have the revised plan completed by the first quarter of next year, but after that, it could be a while before the plan is implemented.

"We're open to a lot of uses, as long as they don't conflict with the conservation easement."

— Andy Galusha,
Fairfax County Park Authority

"We don't have anything budgeted, but by conceptualizing, it gives us a chance to find partners and sponsors to help fund the projects," said Judy Pedersen, public information officer for the Park Authority. "We have an open mind going into this, we want to hear from people."



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MILITARY

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Navy Seaman Apprentice **James C. McCracken** of McLean, a 2007 graduate of Langley High School, recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, Ill. During the eight-week program, McCracken completed a variety of training which included classroom study and practical instruction on naval customs, first aid, firefighting, water safety and survival, and shipboard and aircraft safety.

Air Force Airman **Hyun H. Jeong** graduated from basic military training at Lackland Air Force Base, San Antonio, Texas. Jeong is the nephew of Sunny Chung of Spring Gate Drive, McLean.

Coast Guard Seaman **Nicholas C. Pfautz**, son of Terry Pfautz of Warrenton and Richard Pfautz of McLean, recently graduated from the U.S. Coast Guard Recruit Training Center in Cape May, N. J.

Army 2nd Lt. **Andrew S. Oh** has entered the Uniformed Services University of the Health Sciences in Bethesda, Md., as a first-year medical student, to be trained as a physician. He is the son of Dai H. and Soon M. Oh of Falstaff Court, McLean. Oh is a 1997 graduate of Thomas Jefferson High School for Science and Technology, and he received a bachelor's degree in 2003 from James Madison University in Harrisonburg.

Army Pfc. **Anthony M. Collier** of McLean has graduated from basic combat training at Fort Jackson, Columbia, S.C. During training, Collier received instruction and practice in basic combat skills, military weapons, map reading, field tactics, military courtesy and justice, basic first aid and more. He is the son of Michael Collier of Mackall Ave., McLean.

Army National Guard Spec. **Sri V. Iyer** has graduated from basic infantry training at Fort Benning at Columbus, Ga. He is the son of Viji Iyer of Lewinsville Road, McLean. Iyer is a 2005 graduate of Langley High School and a 2009 graduate of Boston University in Mass.

U.S. Army PFC **Bo Buffkin** has completed Army Boot Camp at Ft. Jackson, S.C., as well as Advanced Individual Training - Cannon Crew-member (13-B) at Ft. Sill, Oklahoma. In May 2010, he reported for duty in Schweinfurt, Germany with the 77th Field Artillery Regiment. Buffkin is the son of Beverly and Mark Buffkin of McLean, and a 2008 graduate of Langley High School.

Nolan A. Bader has entered Basic Cadet Training at the U.S. Air Force Academy, Colorado Springs, Colo., in preparation to enter the first academic year at the academy. He is the son of Dan Bader of Barbee St., McLean. Bader is a 2010 graduate of Thomas Jefferson High School.

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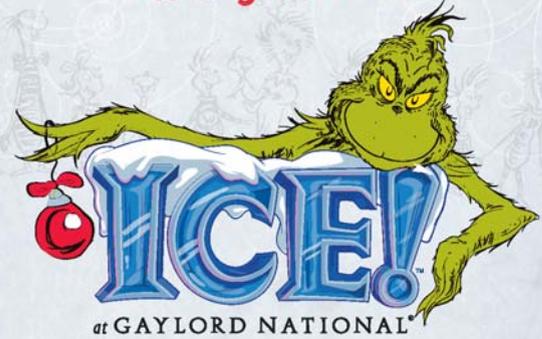
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Treatment provided by Virginia Functional Medicine, Inc. Studies show an average loss of 3 inches or more with a treatment series. Some patients have lost much more. Patient results may vary greatly depending on age, health, exercise level, diet, and other factors. For long term results proper diet and exercise are mandatory. Testimonials may be from our office, other offices, or generic. The woman pictured at the top of the page is a paid model and has not received any treatment at our facility. Not all patients are candidates for this treatment or accepted for this treatment. Diet and exercise need to be part of any program to reduce fat for long term results. Treatment will be by staff doctor, a licensed DC. The Zeroni® is a trademark of Erchonia Medical. Treatments are typical 40 minutes 3x a week for 2-3 weeks depending on patient needs and the laser used. Dr. Yvonne Petrie DC, owner, is licensed in CA and VA.

ENTERTAINMENT

Send announcements to mclean@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com

WEDNESDAY/NOV. 3

Green River Ordinance: the Grab Your Dancing Shoes Tour. 7:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

Paul Barrere and Fred Tackett of Little Feat. 8 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. Acoustic duo. \$25. www.wolftrap.org.

Inova HealthSource Fight the Flu. 2 p.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Shots \$30 or Medicare Part B; must be 18 or older. Adults. www.inova.org/flu or 703-750-8818.

Small Wonders. 10:30 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Short stories and songs. Age 13-23 months with adult. 703-242-4020.

English Conversation Group. 12 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. English practice for adult non-native speakers. 703-242-4020.

One-on-One Computer/Internet Tutoring. 2 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn the basics of the Internet, Word and Excel. Adults. 703-242-4020.

THURSDAY/NOV. 4

Origins of Thanksgiving Traditions. 10:15 a.m. The Hunter House at Nottoway Park, 9537 Courthouse Road, Vienna. The Gourds and Gobblers program, for children 2-5 years. \$6 per child. 703-222-4664 or www.fairfaxcounty.gov/parks/parktates.

Danielle Ate the Sandwich. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

Battlefield Band. 8 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. Traditional and contemporary Scottish music. \$24. www.wolftrap.org.

Shake, Rattle and Roll. 11:30 a.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Stories and activities. Age 2-3 with adult. 703-293-6227.

FRIDAY/NOV. 5

Lar Lubovitch Dance Company. 8 p.m. at George Mason University Center for the Arts, 4400 University Drive, Fairfax. Modern dance ensemble. A pre-performance discussion, free to ticket holders, begins 45 minutes prior to the performance on the Center's Grand Tier III. \$22-\$44. Charge tickets at 888-945-2468 or cfa.gmu.edu.

Acoustic In-The-Round with Eric Brace, Dan Navarro and Peter Cooper. 7 p.m. and 9:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

Old Firehouse Teen Center Dance. 1440 Chain Bridge Road, McLean. Friday night dance for 7th-8th graders. www.mcleancenter.org.

"Holiday." 8 p.m. at 1st Stage, 1524 Spring Hill Road, McLean. A comedy of love, money and ambition by Philip Barry, set a year before the Great

Depression. \$25 adults, \$15 students. 703-854-1856 or www.1ststagetysons.org/holiday.

"Aesop's Fables." 7:30 p.m. ArtSpace Falls Church, 410 S. Maple Ave., Falls Church. A contemporary adaption of Aesop's classic tales. \$12 adults, \$10 students and seniors. 571-239-5288 or www.creativecauldron.org.

SATURDAY/NOV. 6

BBC Concert Orchestra under Principal Conductor Keith Lockhart. 8 p.m. at George Mason University Center for the Arts, 4400 University Drive, Fairfax. Balakirev's Overture on Three Russian Folk Songs; Prokofiev's "Classical" Symphony No. 1, Op. 25; and Stravinsky's "The Firebird Suite" (1919 version). Pianist Ilya Yakushev performs Rachmaninoff's Piano Concerto No. 2, Op. 18. A pre-performance discussion, free to ticket holders, begins 45 minutes prior to the performance on the Center's Grand Tier III. \$30-\$60. Charge tickets at 888-945-2468 or cfa.gmu.edu.

"Holiday." 2 p.m. and 8 p.m. at 1st Stage, 1524 Spring Hill Road, McLean. A comedy of love, money and ambition by Philip Barry, set a year before the Great Depression. \$25 adults, \$15 students. 703-854-1856 or www.1ststagetysons.org/holiday.

FotoWeekDC Gallery Opening Reception. 5-7 p.m. Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna. View a juried exhibit of nature photographs, meet the photographers. Light refreshments. Tickets \$5. Reservations requested at 703-255-3631.

"Aesop's Fables." 2 p.m. and 7:30 p.m. ArtSpace Falls Church, 410 S. Maple Ave., Falls Church. A contemporary adaption of Aesop's classic tales. \$12 adults, \$10 students and seniors. 571-239-5288 or www.creativecauldron.org.

Northern Virginia Country Western Dance Association. At



Luther Jackson Middle School, 3020 Gallows Road, Falls Church. Intermediate Two Step lesson at 7:30 p.m. Open dancing 8:30-11 p.m. Two Step, Waltz, line, Swing, Cha Cha, and more. Couples and singles welcome. Admission \$5-\$12. www.nvcwda.org or 703-860-4941.

Alternative Christmas Gift Market. 10 a.m.-2 p.m. at McLean Baptist Church, 1367 Chain Bridge Road, McLean. Gifts from around the world and some non-gifts to give in honor of a special someone. Lunch available for \$5. 703-356-8080 or www.mcleanbaptist.org.

Sixth Annual Fairfax County History Conference. 8:30 a.m.-3 p.m. at James Lee Community Center, 2855 Annandale Road, Falls Church. Local authors and historians, history groups' plans for 2010-2011, Civil War Sesquicentennial programs, exhibits, lectures and more. \$20. Pre-registration required with Michelle Alexander, Resource Management Division, 12055 Government Center Parkway, Suite 936, Fairfax 22035-1118. Contact Lynn Garvey-Hodge, 703-322-1811 or lghassoc@erols.com.

Children's Flea Market. 11 a.m.-1 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. Free admission. \$20 per booth, \$10 McLean district residents. Advance booth registration required. www.mcleancenter.org.

SHARE, Inc. Benefit Concert. 5 p.m. at Charles Wesley United Methodist Church Sanctuary, 6817 Dean Drive, McLean. Musical groups from the Trinity, Chesterbrook, and Charles Wesley United Methodist Churches will perform. Bring a Safeway or Giant grocery gift card, a bag of non-perishable groceries or paper goods. See a list of other items needed at www.shareofmclean.org or www.charleswesleyumc.org.

The Nields with Sweet Remains. 8 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. Folk/rock and an acoustic trio. www.wolftrap.org.

Veterans' Outreach "One Stop" Enrollment Day. 10 a.m.-2 p.m. at VFW Post 1177, 401 Old Waterford Road, Leesburg. Co-sponsored by Veterans of Foreign Wars (VFW) Posts 9478 and 1177, to enroll eligible veterans in the Veterans Affairs health care system and provide information about VA benefits. Bring DD-214 and other relevant documents. 202-438-3959, www.washingtondc.va.gov or 877-DCVAMC1.

Sully Colonial Day. 11 a.m.-4 p.m. Sully Historic Site, 3650 Historic Sully Way,

Artist and anthropologist Gwynne Mason will discuss how she creates textured, hand-made papers on Thursday, Nov. 11, 10 a.m. at the Vienna Art Center, 115 Pleasant St. N.W. in Vienna. Free and open to the public. 703-319-3971 or www.ViennaArtsSociety.org.

Chantilly. Watch soldiers and militiamen muster and practice bayonet drill, as Colonial Day highlights daily life between 1775 and 1785. Live music, a juggler, weaving, cooking over an open campfire, 18th century games, crafts and more. 703-437-1794.

Inova HealthSource Fight the Flu. 1 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Shots \$30 or Medicare Part B; must be 18 or older. Adults. www.inova.org/flu or 703-750-8818.

SUNDAY/NOV. 7

Keyboard Conversations with Jeffrey Siegel. 7 p.m. at George Mason University Center for the Arts, 4400 University Drive, Fairfax. Performance of Robert Schumann works. With a free Young Artists Musicales at 6 p.m. in the Concert Hall lobby, with piano students, grades 3-12, and winners of the Northern Virginia Music Teachers Association Honors Recitals. \$19-\$38, youth through grade 12 half-price. Charge tickets at 888-945-2468 or cfa.gmu.edu.

The Wiggles Wiggly Circus Live. 2 p.m. at George Mason University Patriot Center, 4500 University Drive, Fairfax. Join The Wiggles, Captain Feathersword, Dorothy the Dinosaur, Henry the Octopus, Wags the Dog and all the Wiggly Dancers. \$15-\$76, available at www.ticketmaster.com or 703-573-SEAT.

Vienna Volunteer Fire Department Bingo. 7 p.m. at the VVFD, 400 Center St. South, Vienna. Games held every Sunday in the Flame Room. www.vvfd.org.

Daniel Cho Benefit Concert, Euphonium, Cate Song and Left On Vermont. 7:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

"Holiday." 2 p.m. and 7 p.m. at 1st Stage, 1524 Spring Hill Road, McLean. A comedy of love, money and ambition by Philip Barry, set a year before the Great Depression. \$25 adults, \$15 students. 703-854-1856 or www.1ststagetysons.org/holiday.

"Aesop's Fables." 2 p.m. ArtSpace Falls Church, 410 S. Maple Ave., Falls Church. A contemporary adaption of Aesop's classic tales. \$12 adults, \$10 students and seniors. 571-239-5288 or www.creativecauldron.org.

Organ Recital with Andrew M. Dobos. Christ the King Lutheran Church, 10550 Georgetown Pike, Great Falls. Free and open to the public. 703-759-6068.

Quality of Life Plus Veterans Day BBQ. 2-6 p.m. at The Pavilions of Turkey Run, Colonial Farm Road, McLean. BBQ meal, entertainment, auction and raffle items and more. The QL+ Program is a 501(c)(3) not-for-profit, whose mission is to aid and improve the quality of life of those injured in the line of duty. www.qlplus.org/BBQ2010.

Amadeus Orchestra and Festival Chorus. 4 p.m. St. Luke Church, 7001 Georgetown Pike, McLean. Mahler's "Adagietto" from his Fifth Symphony. Organist Paul Skevington performs the "Organ Concerto" by Poulenc. \$25, age 17 and under free. www.amadeusconcerts.com.

SEE CALENDAR, PAGE 15



Langley School students Josh Copito, Hanna Powers, and Allie Graham in "The Wonderful Wizard of Oz."

The Langley School, 1411 Balls Hill Road in McLean, will present the musical of L. Frank Baum's "The Wonderful Wizard of Oz" Nov. 11-13 at 7:30 p.m. Sixty-two students in grades 6-8 are involved in this production, on stage and behind the curtains. www.langleyschool.org.

FROM PAGE 15



Maggie Sansone
Hammered dulcimer player Maggie Sansone will perform at 5 p.m. and 7 p.m. on Nov. 14 at the Snuggery of the Old Brogue Irish Pub, 760-C Walker Road, Great Falls, and will release her newest CD of traditional Celtic music, 'Wind Drift'. 703-759-3309, www.ionamusic.com/brogue.htm or www.oldbrogue.com.

accompanying an adult. A pre-performance discussion, free to ticket holders, begins 45 minutes prior to the performance on the Center's Grand Tier III. Charge at 888-945-2468 or cfa.gmu.edu.

Deep River. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

Old Firehouse Teen Center Dance. 1440 Chain Bridge Road, McLean. Friday night dance for 7th-8th graders. Harry Potter Night: celebrate the Deathly Hallows release, win movie tickets. www.mcleancenter.org.

"Holiday." 8 p.m. at 1st Stage, 1524 Spring Hill Road, McLean. A comedy of love, money and ambition by Philip Barry, set a year before the Great Depression. \$25 adults, \$15 students. 703-854-1856 or www.1ststageysons.org/holiday.

"Aesop's Fables." 7:30 p.m. ArtSpace Falls Church, 410 S. Maple Ave., Falls Church. A contemporary adaptation of Aesop's classic tales. \$12 adults, \$10 students and seniors. 571-239-5288 or

English Conversation Group. 12 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. English practice for adult non-native speakers. 703-242-4020.

One-on-One Computer/Internet Tutoring. 2 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Learn the basics of the Internet, Word and Excel. Adults. 703-242-4020.

Treasured Three to Fives. 10:30 a.m. Patrick Henry Library, 101 Maple Ave. East, Vienna. Stories and songs. Age 3-5 with adult. 703-938-0405.

THURSDAY/NOV. 11

Great Falls Freedom Memorial Committee Veterans Day Ceremony. 11 a.m. at the Freedom Memorial, behind the Great Falls Library, 9830 Georgetown Pike, Great Falls. Speaker, Robert S. Boyd, a U. S. Army intelligence and security officer and wounded Vietnam Veteran. With the Langley High School Madrigal Choir. Open to all. 703-759-3282.

Chatham County Line. 7:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

Vienna Theatre Company Auditions. 7:30 p.m. at the Vienna Community Center, 120 Cherry St., S.E., Vienna. Auditions for a cast of 4-12 men and women for "Almost, Main," a romantic comedy by John Cariani and directed by Suzanne Maloney. The show will open Jan. 21. 703-255-6360 or www.viennatheatrecompany.org.

Artist Gwynne Mason. 10 a.m. at the Vienna Art Center, 115 Pleasant St. N.W. in Vienna. Discussion and display of hand-made paper. Free and open to the public. 703-319-3971 or www.ViennaArtsSociety.org.

"The Wonderful Wizard of Oz." 7:30 p.m. at The Langley School, 1411 Balls Hill Road. McLean. L. Frank Baum's classic, presented by 62 students in grades 6-8, both on stage and behind the curtains. www.langleyschool.org.

"Dandelion Wine." 7:30 p.m. at James Madison High School, 2500 James Madison Drive, Vienna. A man travels back in time to 1928 to recreate his childhood. Tickets \$8 online, \$10 at the door. www.madisondrama.com.

FRIDAY/NOV. 12

Bluegrass Duo Dailey & Vincent. 8 p.m. at George Mason University Center for the Arts, 4400 University Drive, Fairfax. \$20-\$48, half price for youth through grade 12 when

FAITH NOTES

Faith Notes are for announcements and events in the faith community. Send to mclean@connectionnewspapers.com. Deadline is Friday.

A new small group elective will be offered beginning 7 p.m. Nov. 3 at the **Antioch Christian Church**, 1860 Beulah Road, Vienna, entitled "The Christian Adventure- Beginning the Exciting Journey of Faith." The seven week study will cover The Christ-controlled life, Five Principles of Growing spiritually, The Christians authority, Learning to Pray and the Importance of the church. This discussion group is open to anyone who wants to explore the meaning of faith and Christianity. Contact Randy Beeman at 703-938-6753 or www.antiochdoc.org.

There will be a **SHARE, Inc. Benefit Concert**, 5 p.m. on Saturday, Nov. 6 at the Charles Wesley United

Methodist Church Sanctuary, 6817 Dean Drive, McLean. Musical groups from the Trinity, Chesterbrook, and Charles Wesley United Methodist Churches will perform to benefit SHARE Inc. of McLean, A Helping Hand for Our Community. Bring a Safeway or Giant grocery gift card, a bag of non-perishable groceries, paper goods, or see what other items are needed at www.shareofmclean.org or www.charleswesleyumc.org

Immanuel Presbyterian Church, 1125 Savile Lane in McLean, will host Christian scholar and author Diana Butler Bass on Saturday, Nov. 20, as part of the commemoration of the church's 50th Anniversary Year. Bass will discuss the church in the future, "Spiritual and Religion: The Shape of Congregations for a Vital Future". Contact janetyssse@gmail.com or 703-734-0120.

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Saint Ann Catholic Church

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21 Announcements

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MHG Cafe Clarendon, LLC trading as Circa at Clarendon, 3010 Clarendon Blvd. Arlington, VA 22201. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Beer and Wine on Premise, Mixed Beverage on Premise license to sell or manufacture alcoholic beverages. Stephen Gavula, Managing member

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21 Announcements

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-Elizabeth Barret Browning

21 Announcements

I Could Care More



By KENNETH B. LOURIE

As a stage IV lung cancer patient given a less than optimistic diagnosis/prognosis in February 2009, my view of the world and the things in it that matter – to me, has shrunk/narrowed considerably. Not that it all begins and ends with me, but I'm certainly the one most involved. As such, the relative and/or comparative significance of many things in my life has changed. In a peculiar twist of unexpected fate, this reduction has in fact simplified my life and accordingly, reduced the amount of the overall stress in that life. The net effect, I feel, especially for a cancer patient, has been: the less stress, the better. It may very well be the cause and positive effect on my body that has my oncologist characterizing my status as "partial stable remission;" a condition – and characterization – which can still change, at anytime. Ergo, the stress I do feel most.

However, as easy and much less complicated as my life has become, diagnosis to date, I do acknowledge how difficult it likely has become for my wife, Dina. She still wants to live a normal life ("normal" meaning Kenny not having cancer). She still wants things to matter. She still has hopes and dreams. Unfortunately for her, getting me to initiate/follow through – care even, about any of it, is almost impossible. It's almost as if my "caring" gene has disappeared. My explanation – and rationalization – has always been: cancer will do that. And as much as one tries and is encouraged to live that "normal" life and view the world "normally;" (not cancer-affected), a cancer diagnosis will change a few things, physically certainly, but mentally perhaps even more.

And it's not as if I'm unable to articulate my feelings concerning this 180-degree change in my priorities/areas of interest, it's more that the change is almost beyond my control. Not imperceptible, because I'm completely aware of my decision-making concerning all the things that formerly mattered in my life that now don't matter nearly so much, but it's still difficult to prevent. It's almost like having a new instinct, a knee jerk-type of mental response where I react without thinking. Although, I am thinking and still thoughtful in those responses. I'm just different now. I may look the same, sound the same, dress the same (still a point of contention), but that sameness is deceiving because I don't feel the same – in my head. And when you're terminal (or have been told you're terminal), doing things you really don't want to do, which may interest or benefit others more than it does you, becomes increasingly difficult as your original prognosis/timeline approaches. As I've been told once (heck, I've been told it a hundred times) by health care providers, friends, family and fellow cancer patient/survivors: "It's all about you, Ken." Those words resonate deeply when spoken by people working to keep you alive.

As a result, I find it increasingly challenging to prioritize things. If it's not health-related/pertaining to my treatment, its significance in my world is minimal – generally speaking. Granted, there are moments of normalcy where I'm not bogged down by the weight – and wait, of my diagnosis/prognosis, and it's better for me when I'm not bogged down by it. Still, it's hard to forget the facts.

I haven't given up hope or anything like that. All things considered, I'm doing remarkably well and will likely outlive my original diagnosis. However, it doesn't make living any easier and it doesn't help me to care about things that I don't care about any more. I wish it were different, but it's not. I don't blame myself, though. I blame the cancer. Sometimes, the side effects are worse than you anticipated.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.



PHOTO BY ALEX MCVEIGH/THE CONNECTION

A girls' lacrosse team practices at Leo Santabella Field in Great Falls. The Great Falls Lacrosse Association is proposing an artificial turf field for that location, citing the rain damage that often renders the field unplayable.

Defending Their Turf

Great Falls Lacrosse Association proposed artificial turf refurbishing at Santabella Field.

By ALEX MCVEIGH
THE CONNECTION

Anyone hoping to play lacrosse at Leo Santabella Field in Great Falls on a spring day has about a 50-50 chance of the field being in a dry, playable condition. With impervious parking lots surrounding the field, storm runoff tends to collect on the field.

With more than 500 players in the Great Falls Lacrosse Association relying primarily on Santabella Field to play, GFLA staff is searching for a solution. Installing artificial turf on the field is the solution they have come up with, and they are currently in the planning stage of doing so.

"Weather in the spring is unpredictable and the rain damage makes the field terrible, sometimes unplayable," said Glenn Tofil of the GFCA. "As we looked through the alternatives, we thought, why not make an investment in this field for our community?"

The GFLA would like to make the lacrosse field, located behind the Great Falls Library into a regulation-size field, and cover it with artificial turf, which would include a drainage system underneath. The cost of the field is projected at \$850,000.

THE GFLA is hoping to raise \$250,000 by the middle of December, and will have \$450,000 coming from financing. They would also get a \$150,000 grant from Fairfax County. They are hoping to begin the process in January 2011, with most of the actual construction happening for 60 to 90 days during the early summer.

"The economics behind why we put these fields in are very sound," said William Harvey, a member of the Fairfax County Board of Equalization of Real Estate Assessment. "The upfront costs are out-weighed by maintenance of a grass field for the next

20 years."

Lacrosse in Great Falls has become popular, and during the spring, Santabella Field is used every day of the week for practices, clinics and games. In the fall, field hockey and lacrosse practices take place seven days a week.

"We're just trying to get the kids out there on the field, so they can play," said Greg Beckwith, a member of the GFLA who also serves on the Fairfax County Athletics Commission.

Peyton Cross, a Great Falls resident and member of the GFLA, said that no plans are in place to put lights on the field, which was a major concern from neighbors.

"Our use of the fields is the same every spring, we're not interested in putting in lights, we don't need to be keeping the kids out past dark," he said.

Eric Knudsen, Great Falls Citizens Association transportation committee co-chair, said that the GFLA would be wise to make that commitment in writing when the idea is presented to the Great Falls Citizens Association.

Amy Stephan, who lives on nearby Innsbruck Avenue, has concerns that the turf field would conflict with an effort by her neighborhood to restore a drainage pond at their own expense.

"I'm concerned about the effect it will have on our neighborhood's effort to clean our little pond," she said. "I'm certainly not against kids playing or anything like that, but we went to a great expense and a lot of effort, and I'd hate to see that go to waste."

THE PROJECT would be managed by the Fairfax County Park Authority's Synthetic Turf Fields Branch on behalf of the Board of Supervisors. Similar turf fields have been placed at Hutchinson Park in Herndon, Bailey's Park in Falls Church and Ossian Hall Park in Annandale.

Langley Girls Give Jefferson a Good Run

Highlander girls earn spot in region field.

BY RICH SANDERS
THE CONNECTION

The Langley High girls' cross country team might not have overcome district power Jefferson at last week's Liberty District Championship meet, on the afternoon of Wednesday, Oct. 27 on the hilly, 2.98-mile course at Burke Lake Park. But the Saxons, just as they did a year ago, gave the front-running Colonials all they could handle at the eight-school postseason event.

The Saxons finished second with 41 points, finishing just behind the defending champion Jefferson squad (35). The one-two team finish between the two rivals was a repeat of 2009 when Jefferson (26 points) also won the team title ahead of Langley (41).

While Langley did not win first place in the team standings last week, the Saxons did have the top two individual finishers as champion Jessica Miles (18 minutes, 21 seconds) and teammate Courteney West (18:34) garnered first and second place.

Langley will next compete at the 16-team Northern Region Championships at Burke Lake Park on Thursday, Nov. 4, at 3:15 p.m. The top four teams at the Liberty District meet earned an automatic bid to regionals. Along with Jefferson and Langley, the other two girls' teams to qualify for regionals were third place Madison (103) and fourth place McLean (115).

The top 15 individual runners at last week's districts earned medals. For the Saxons, those runners, along with Miles and West, included eighth place Elissa Purdy (19:07) and 12th place Esther Jeong (19:38).

Allison Brady, Bridget Chesney and Devon Clark, who were 18th, 23rd and 27th,

respectively, also gave Langley solid outings.

"I was thrilled by our girls' performance," said Langley head coach Gifford Krivak.

Miles, in winning the district individual title, recorded a season-best time on the Burke Lake course.

"Jessica Miles had an outstanding race," said Krivak. "I was real happy for her, as winning the district race is special. Very few people can say they are the district winner. She started off slow this season, but has worked incredibly hard and is in great form. Courteney West and Elissa Purdy also had solid races. All three being in the top 10 made the [team] race close."

"I was thrilled by our girls' performance."

— Langley head coach
Gifford Krivak

By placing three runners in the top 10, Langley gave Jefferson all it could handle. But the Saxons just could not quite overcome the Colonials, who had five top 10 finishers in third place Stephanie Marzen (18:41), sixth place Kelly Rogers (18:53), seventh place Sarah Stites, ninth place Sarah Neilsen and 10th place Rekha Schnepf.

"Jefferson is one of the top teams in the state," said Krivak. "They have a great program, so finishing six points behind them says that we're pretty good too. This has been a great season for the girls, and we're



Courteney West of Langley runs at last week's Liberty District Championships, where she helped the Saxons finish second overall in the team standings.

Potomac and Jefferson. Langley finished seventh in the region.

"There are some really good teams in the region," said Krivak. "I think the race to get into the top four for a berth in the state is going to be very interesting. I expect it will be very close and every point is going to count. We're focused and ready to go."

McLean High's top finishers at districts were Madalyn Harper (16th place), Nancy Eveleigh (17th) and Alexa Tabackman (22nd place). Also for the Highlanders, Samantha Downey (28th), Laura Baker (32nd) and Katerina Cronmiller (35th) had solid showings.

ON THE BOYS' SIDE, Langley (140 points) finished in fifth place at districts. South Lakes was the team champion with 30 points, followed by second place Jefferson (43), third place Madison (95) and fourth place Stone Bridge (119).

The Saxons' top finisher was Michael Meyer (16th place). Following Meyer on the Saxons' leader board were Ryan Swirsky (26th), Jack Flatley (29th), Thomas Cole (32nd) and Thomas Zumot (37th).

"My boys' team improved from eighth [place] last year to fifth this year," said Krivak. "I was disappointed that we didn't qualify [for regionals] by finishing in the top four, but we have

some good young runners who learned a lot this year and I think we'll get back to regionals next year."

The McLean boys were led by Eric Leimkuhler, who was 21st place overall. Jason Richards (38th) was the next Highlander to cross the finish line.

Saxons Competing at Volleyball Districts

Shifflett's No. 2-seed team was 13-5 during regular season.

BY RICH SANDERS
THE CONNECTION

The Langley High girls' volleyball team was scheduled to begin play in the Liberty District tournament this week with a quarterfinals round match versus Madison.

The Saxons wrapped up a successful regular season last Thursday evening, Oct. 28 with a close, three games to two loss at the hands of visiting district power Stone Bridge (19-1 overall, 7-1 district). The Bulldogs were the top seed going

into districts. Langley (13-5 overall, 6-1 district mark) is the No. 2 seed.

Madison, Langley's first round opponent, concluded the season with a 5-12 record, 1-6 in the district.

"This team has come in every day and continually gotten better each practice, each match," said Langley coach Susan Shifflett, of her squad.

Kathryn Caine, a senior middle hitter who is set to sign to play the sport at Virginia Tech, leads Langley in both kills (268) and blocks (36). She also has 71 assist blocks. Another key Saxon contributor has been

excited about regionals."

The top four teams at this week's regionals will earn automatic bids to the upcoming Virginia State AAA championship meet. A year ago, the top four finishers at the Northern Region Championships were Lake Braddock, West Springfield, West

nice to see them start and contribute to our success."

The coach said younger team members such as sophomore middle hitter Madeline Osburn and freshmen setter/opposite hitter Alex Andrejev have made valuable contributions as well.

Langley will have its hands full in trying to win the district tournament title with such teams as Stone Bridge and Fairfax to contend with. But the Saxons are certainly right up there in the mix.

"Fairfax and Stone Bridge are both very tough," said Shifflett. "Stone Bridge will be the team to beat both in our district and our [Northern] region. We have some work ahead of us."

senior setter Christine Baek, the team's leader in assists (416) and service aces (64).^o

Many of Langley's other top players this season have bided their time over the past few years.

"This is a group of players that have been waiting in the wings the past four years for their chance to perform," said Shifflett. "Seniors Kat Ngov (defensive specialist), Allison Prell (defensive specialist), Lindsay Warden (opposite hitter) and Olivia Justus (outside hitter) have all really upped their game and it has been really

PHOTO BY CRAIG STERBUZZEL/THE CONNECTION

SPORTS

Highlanders' Halt Westfield's Win Streak, Season

McLean field hockey eliminates powerful Bulldogs in opening round of regionals.

BY RICH SANDERS
THE CONNECTION

For the Westfield High girls' field hockey team, "losing" had not been in the squad's vocabulary this entire fall season. Under legendary Northern Region head coach Starr Karl, the Bulldogs were a perfect 16-0 through an unbeaten regular season before winning both of their contests, including a finals win over Oakton, at last week's Concorde District tournament. There seemed to be no beating the Bulldogs.

But Westfield's season came to an abrupt ending last Wednesday, Oct. 27 when the Bulldogs, the No. 1 seed from the Concorde, fell to the McLean Highlanders, the No. 4-seed of the Liberty District, by a 2-1 score in overtime in a first round game of the 16-team Northern Region tournament. The postseason meeting took place at Westfield High School.

The upset victory by the underdog McLean team, under head coach Summer Vanni, advanced the Highlanders to a region quarterfinals playoff meeting against W.T. Woodson earlier this week on Monday, Nov. 1 at West Springfield High School. Meanwhile, Westfield, with the first round playoff loss, saw its outstanding season come to an end without the fulfillment of making a strong run at regionals or realizing its hopes of a Virginia State playoff bid. The Bulldogs concluded the season with an 18-1 record.

McLean, which a week ago had beaten Langley in a first round Liberty District tournament game before losing to top seeded Jefferson in the semifinals, received goals in the triumph over Westfield from freshman Stephanie Noll and junior midfielder Kristen Ahearn. Senior forward Kristina Bettner, who a couple of weeks ago was crowned McLean High's 2010 Homecoming Queen, had an assist in the win and Highlander junior goalie Malalai Nawabi kept the talented Westfield offense at bay with 10 saves.

MCLEAN ELIMINATED a Westfield team that believed it had plenty more to accomplish this season. In her first season at the helm of Westfield, Karl, who led Fairfax High teams to region crowns in 1981 and 1992 and, later, did the same at Centreville High in 2000 and 2001, had turned the Bulldogs into a region, and perhaps state power, this autumn season. From the start of the season, Karl and her coaching staff stressed fundamentals, along with crisp, smart passing. The staff also emphasized the importance of a team-first mentality over individual accomplishments.

"It's in their grasps to get [a region title]," said

"We played a great game against a great team."

— **McLean Field Hockey Coach Summer Vanni**

"It's in their grasps to get [a region title]."

— **Westfield Coach Starr Karl**

Karl, who twice in the past had coached teams that entered the region playoffs with no losses, last week. "I feel the coaching staff has given them the tools."

Westfield defeated Centreville, 5-0, in a district tournament semifinals game last Wednesday, Oct. 6, then handled Oakton, 3-0, two days later in the championship game. Both games took place on Westfield's home field.

McLean was going up against a Westfield team that had won 10 games by shutout this season, including the two district tourney victories. During one stretch earlier in the fall, the Bulldogs won four straight games by shutouts, over Edison, T.C. Williams, Robinson and Yorktown.

Going into regionals, Westfield has outscored its opponents 68 (tops in the region) to 10. The most goals the Bulldogs gave up in a single game were three in a 4-3 Westfield win at Annandale on Sept. 21. Karl's team had won six games by a single goal – wins over Langley, 2-1, South County, 3-2, the Atoms, 4-3, Jefferson, 2-1, Chantilly, 2-1, and Fairfax, 2-1.

But Karl is grounded in the nature of sports enough to realize that an 18-0 record did not assure her team of region playoff success.

"On any given game, you can have a bad game and a team can come down the field and score," she said. "In the Oakton and Centreville [district playoff games], we didn't play well until the second half.

Then our team showed [their real selves] and when they turn it on they turn it on."

KARL AND VANNI, the Highlanders' head coach, are familiar with each other's teams and coaching styles. Both are coaches, along with Andy Muir, the West Springfield High Director of Student activities, within the Rampage Travel Field Hockey League, a travel league organization that was put together several years ago by Karl.

Westfield and McLean had played one another in an early season, 25-minute scoreless scrimmage at the Oakton High Jamboree. The Highlanders (12-8), last week, lost their Liberty District semifinals game, 2-1, to Jefferson, which went on to fall in the finals to Fairfax High.

Karl, prior to regionals, said her defense, which was so terrific all season long, had to continue to lead the way for the team at regionals. And the Bulldogs did hold McLean for the most part, but not enough as the Highlanders found the back of the box twice, including the overtime score.

As a result, it was McLean moving on with the hopes of great things over the next week or so while Westfield saw its incredible season end a little too soon.

The McLean-Woodson winner was scheduled to move on to a semifinals game versus the South County/Fairfax winner on Wednesday, Nov. 3, at 7:30 p.m. That contest will be the second of two semifinals games taking place at Washington-Lee High in Arlington. The region title game is slated for Thursday, Nov. 4, at 7 p.m., at Washington-Lee.

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1207 Bishopsgate Way....\$1,050,000...Sat 1-3/Sun 1-4...Nikki Ryan.....Keller Williams.....703-615-2663

Herndon

12506 Northern Valley Ct....\$579,900...Sun 1-4...Denene Crabbs.....Century 21.....202-487-4949

Sterling

110 Bickel Ct.....\$239,000...Sun 1-4...Arada Suwandee Grantz...Weichert.....703.863.8842

20502 Morningside Ter.....\$335,000...Sun 1-4...John Frantz.....Weichert.....571.748.7630

20395 Marguritte Sq.....\$369,900...Sat 1-4...Gus Anthony.....Keller Williams.....703.624.1845

45826 Matador Terrace.....\$425,000...Sat/Sun 1-4...Diana LeFrancois.....Century 21.....703-930-6682

20389 Cottswold Ter #68...\$439,000...Sun 1-4...Shiela Cooper.....Weichert.....703.626.1033

To add your FREE Realtor represented Open House to these weekly listings, please contact Trisha at 703-778-9419, or trisha@connectionnewspapers.com All listings are due by Monday at 3 p.m.

Erno Rubik stands in the back row, left, next to Alison Bauer, Spring Hill's science specialist. The students are, front row, from left, Ethan Wu and Alex Minutoli (holding check), Sneha Ravi, Caroline DiLorenzo and Gerald Wu; and, second row, Ramya Ravi, Boyoung Zhang, Takehiro Mochizuki, Sam Gurion, and David Chao



DONATED PHOTO

Spring Hill Rubik's Cube Team Advances to Finals

Eight Spring Hill Elementary students solved 25 scrambled Rubik's cubes as fast as possible. In the preliminaries on Wednesday, Oct. 20, they competed with 20 elementary and middle schools from Delaware, Maryland, West Virginia, Virginia and Washington, D.C. They placed in the top six, the only elementary school to do so, and earned a place at the finals on the National Mall on Saturday, Oct. 23.

The finals concentrated and lost to the winning team, Longfellow Middle, by only 2 seconds. They were awarded \$750 to spend on math and science equipment were held outside with tons of cheering sections for Spring Hill Elementary.

The competition was for the USA Science and Engineering Festival as part of the You Can Do the Cube organization. See the two websites www.youcandothecube.com and www.usasciencefestival.org for more information on the organizations.

The Belt Team, led by CEO Terry Belt of Keller Williams Realty's McLean office, was named one of America's top real estate teams for 2009 by the Wall Street Journal and REAL Trends. The Belt Team ranked in the Top 100 Residential Real Estate Teams by Sales Volume which is a component of the "Top 400 Real Estate Professionals," a prestigious national awards ranking sponsored by the two respected publications. The Belt Team is now ranked #95 out of more than 1.1 million realtors nationwide.

The Belt Team includes Terry Belt (CEO), Gail Belt (Founding Partner), four additional Realtor Partners (Pauline Knipe, Kevin Kleifges, Mary Jane Perry, Susan Hussey), Christy Grossman (Chief Operating Officer), Jerry Belt (Special Services) and Tara Miller (Client Care Manager). The Belt Team serves all of Northern Virginia and specializes in Vienna and Oakton where it has sold more homes than any other Realtor since 1972. For more information, visit <http://www.TheBeltTeam.com> Phone: 703-242-3975 Email: Sales@TheBeltTeam.com

Cindy Dwyer, sales associate in Weichert's Vienna office was named a winner in August for the company's new campaign, entitled "YOU Make the Weichert Difference," that spotlights the many ways its sales associates make a difference for their customers, colleagues and the community. Moved by the struggles of the injured soldiers she encountered in the area, Dwyer collects clothing for service members and their families, ensures that they are clean and in mint condition and continues to deliver them bi-monthly to Walter Reed Army Medical Center

"I've seen first hand how she opens her home to the soldiers," said Betty Holmes, manager of the Weichert Vienna office. "Cindy regularly hands her home keys to soldiers or invites them over for the holidays to provide a sanctuary from the daily grind at the medical center." For her prize, Dwyer earned an American Express gift card.

Should you wish to contribute to this cause, Dwyer may be contacted at 703-298-5442, via email cindydwyer@weichert.com or visit her at Weichert's Vienna office located at 156 Maple Avenue East.

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CAMPS & SCHOOLS

Vienna E.S. Student a Champion of Character

Joel Pool plays wheelchair basketball, sled hockey, and swims.

BY DONNA MANZ
THE CONNECTION

Vienna Elementary School sixth-grader Joel Pool plays basketball, ice hockey and swims. He's a conscientious student who loves to write and who thinks history is fun. The Fairfax County Athletic Council and the County Board of Supervisors recognized Joel on Oct. 21 for his exemplary achievement with the Champion of Character award, Providence District.

The 12-year-old is extraordinary, not for his physical prowess, but rather, for the resolve, determination and team spirit he exudes when playing sports. He plays basketball from a sports wheelchair, swims in a specialized league and plays hockey on a hockey "sled." He uses crutches and wears braces while at school.

"Sports are fun," said Joel. "I like trying new things."

Born with spina bifida, Joel has a dream, to make it to the Paralympics in a single sport, his mother, Grace Pool, said. "We support that Joel stays physically-fit, which is so important to kids with spinal bifida. Sports are a great venue to work on self-esteem and socialization. In these [Paralympic] sports, the playing field is leveled. I think it sets them for success. Rather than focusing on what he can't do, Joel gets to focus on what he can do."

THE INSCRIPTION ON JOEL'S PLAQUE reads, "Champion of Character Award presented to Joel Pool, for outstanding sportsmanship and exemplary achievement in pursuing victory with honor by demonstrating the basis of good character in Fairfax County sports."

The plaque was "signed" and dated by Neighborhood and Community Services, Fairfax County Athletic Council, October 2010.



Joel Pool, a Vienna Elementary School sixth-grader, received the Champion of Character award from the Fairfax County Athletic Council, representing the Providence District.

SCHOOL NOTES

Send School Notes to mclean@connectionnewspapers.com. Deadline is Friday.

Rep. Frank Wolf (R-10) presented Congressional Awards to the following local students in recognition of their community service projects:

- ◆ Kelsie Mietla of Herndon, Congressional Award Gold Medal, University of Virginia;

- ◆ Lea Mulder of McLean, Congressional Award Bronze Medal, Langley High School;

- ◆ Andy Crump of Herndon, Congressional Award Bronze Medal, Thomas Jefferson High School for Science & Technology;

- ◆ Jane Willner of McLean, Congressional Award Silver Medal, Thomas Jefferson High School for Science and Technology.

To earn the Congressional Award, young people must set and achieve goals

in voluntary public service, personal development, physical fitness and expedition/exploration.

Anthony Hayden Salazar of McLean, age 9, received honorable mention in the May 2010 Cricket League poetry competition. For this contest, each entrant was asked to submit an original poem about something in the sky. His poem "Eternal Sorrow" is available at www.cricketmagkids.com/contests.

Joel said he was surprised to have been nominated for the award, but also excited.

Eric and Lisa Rode of the Fairfax Falcons Paralympic Sports Team submitted Joel's nomination.

"Joel Pool has played several different sports with the Fairfax Falcons Wheelchair Sports team, including basketball, track and field, golf, fencing, and football," the Rodes said of Joel. "Joel consistently comes out to practice with a smile on his face and always tries his best. Even though he has only been with the team for about a year, he has worked hard to learn each sport to the best of his abilities. He regularly practices outside of our scheduled practices to sharpen his skills. Joel is an extremely enthusiastic player and always cheers on his teammates. Joel's great sportsmanship, hard work and enthusiasm make him a wonderful person and athlete."

A SPORTS WHEELCHAIR can "spin on a dime," Grace Pool said. It pivots in a tight circle. Joel plays for the Fairfax Falcons Paralympic Sports Team. The basketball program practices in Annandale. The sled hockey program practices at Kettler Ice Arena, the same venue where the Washington Capitals practice.

Sled hockey is not a top ESPN sport, but it shares the basic elements of ice hockey. [For a description of the game, go to <http://www.sledhockey.net/about.html>].

Rather than skates, players sit in sleds that are built to the player's individual specifications. The sleds have two hockey blades mounted on their frames. The hockey stick is approximately one-third the length of a regular ice hockey stick and includes two metal "pics" on the end.

Of the several sports he plays, Joel said his favorite is sled hockey. He's been playing that sport for 2-1/2 to three years.

When he grows up, Joel would like to own a restaurant, something serving American food, he said. As Joel says about sports, he likes trying new things.

TO LEARN MORE about Fairfax Falcons Paralympic Sports, go to <http://www.fairfaxfalcons.org/>



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