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PHOTO BY ALEX McVEIGH/THE CONNECTION

Beth Alwin and Kelly Alwin hug each other after finishing the Reindeer Romp 5K at Reston Town Center Saturday. The two ran as part of the Farmwell Station Middle School team.

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*Happy Holidays!*



PHOTOS BY ALEX McVEIGH/THE CONNECTION

**Runners take off at the Girls on the Run of Northern Virginia Reindeer Romp 5K at Reston Town Center Saturday.**

# Girls Go On The Run

BY ALEX McVEIGH  
THE CONNECTION

Most of Reston was snug in their beds at 7:30 a.m. Saturday morning. But more than 7,000 came out to run five kilometers around Reston Town Center for the annual Girls on the Run of Northern Virginia Reindeer Romp. More than 3,500 of the runners were girls from age eight to 13 from the Girls on the Run program, which is a nonprofit dedicated to involving young girls in a curriculum-based program designed to help them achieve a sense of self-awareness and team-building.

The girls trained together as part of the 10-week program, which included physical activities and seminars on issues like bullying, contributing to the community, peer pressure and self-esteem.

"They taught us about acting right and being nice," said Emily Treacy, 8, who goes to Forestville Elementary School and participated in the program. "But the best part of the whole thing was crossing the finish line."

Her twin sister Lauren agreed, and credited the program for helping her reach the finish line.

"It was fun, but sometimes you had to push through a lot," Lauren Treacy said.

The runners took off on their route just after 7:30 a.m., starting at the corner of Fountain Drive and Freedom Drive. The five kilometer (or just over three miles) route took them around Reston Town Center and the surrounding developments before finishing at the corner of Fountain Drive and New Dominion Parkway.

"Talk about a heck of a way to wake up on a Saturday morning," said Steve Shelton of Fairfax, who ran with his daughter. "I haven't run in something like this since college, so it was a bit of a shock, but it was a fun thing to do as a family."

Shelton had to walk slightly further than his daughter, Kylie, who climbed on her dad's shoulders between the finish line and the line of volunteers handing out water and bananas.

Allison Kelly coached the team from Haycock Elementary in Falls Church, and said it was well worth it.

"Believe it or not, we actually lucked out with the weather today, in years past it hasn't been this dry," said Kelly, who ran with her nine-year-old daughter

Katherine. "It was my first time coaching, which was a lot of fun."

Schools from across Fairfax County were represented, as well as other institutions such as Fort Belvoir.

"It really says a lot about a program like Girls on the Run that you've got so many people from all walks of life coming out to support them like this," said Paula Fry of Springfield, a participant. "It shows that there are a lot of parents who are invested in the well-being of their children, and also a group of girls that can say they were able to accomplish something like this at a relatively young age."



**Waves of runners start their 5K run Saturday at Reston Town Center. The race was the culmination of a 10-week program held by Girls on the Run of Northern Virginia, and featured more than 7,000 runners.**

# Getting It Done Now

**Governor speaks on Dulles transportation issues.**



**Virginia Governor Bob McDonnell addresses members of the Dulles Area Transportation Association at the Hyatt Regency Reston Monday afternoon.**

BY ALEX McVEIGH  
THE CONNECTION

Governor Bob McDonnell spoke at the Dulles Area Transportation Association's holiday luncheon Monday at the Hyatt Regency Reston. During his speech McDonnell addressed the current financial state of Virginia and what it means for the future of Dulles development such as the Metrorail Silver Line.

"We've just come out of the two worst fiscal years in Virginia history, we've never had two years in a row negative revenue growth," he said. "The good news is, we're projected to grow by about four percent this year and we're pretty well on track."

With the slow economic times have come more competitive bids for various projects, McDonnell said, and that is good news when it comes to getting things done.

"There has not been a time in modern Virginia history, where we're getting better deals on transportation projects," he said. "It's important to get projects done now, not in three,

four or 10 years."

McDonnell praised Virginia Transportation Secretary Sean Connaughton for helping get the \$750 million in stimulus funds contracted out for transportation improvements that were sorely needed.

"One-quarter of Virginia's roads, pavement and bridges are in need of major reconstructive work," he said. "We were last in the nation committing stimulus funds, and we were chewed out by congress for our lackadaisical approach. Secretary Connaughton took that on as a top issue to get those contracts committed, and by the end of September, I'm glad to say, 100 percent of the stimulus funds have been committed."

McDonnell called the rail to Dulles "critically important" to keeping Virginia competitive when it comes to attracting businesses.

"We're trying to sell our state, we have a great state. We have a great business climate here," he said. "I'm doing everything I can to get all those businesses that are fleeing California to [re]locate in Northern Virginia."

## BULLETIN BOARD

To have community events listed in the Connection, send to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Friday.

### THURSDAY/DEC. 9

**Lupus Support Group.** 12 p.m. at Reston Hospital Center, The West Wing, 1850 Town Center Parkway, Reston. [lh@ascendcomm.com](mailto:lh@ascendcomm.com) or [www.lupusgw.org](http://www.lupusgw.org).

### MONDAY/DEC. 13

**NARFE Dulles Chapter 1241**

**Luncheon Meeting.** 1 p.m. Amphora Diner, 1151 Elden St., Herndon. Installation of 2011 officers. Music by pianist Ernest Smith and The Chorus of Old Dominion. 703-435-3523.

### WEDNESDAY/DEC. 15

**The Advisory Board of the Northwest Center for Mental Health Services.** 7-9 p.m. at Northwest Center for Community Mental Health, 1850 Cameron Glen, Reston. Volunteers are needed to serve and act as

SEE BULLETIN, PAGE 7

## RA to Host Election Information Session

Residents interested in knowing what's needed to run for one of the seats on the Reston Association Board of Directors are invited to attend an election information session on Wednesday, Dec. 15, at 7 p.m. at the Reston Association offices at 12001 Sunrise Valley Drive.

Seats are open for the Hunters Woods/Dogwood district and for one at-large seat. All members of the association, including those who rent, are eligible to run.

In the spring of 2011, Restonians will elect two members to the Reston Association Board of Directors, which represents the interests of the 62,000-member community association. Representatives serve three-year terms and are eligible to be elected to one additional term. For more information, contact Cate Fulkerson at [cate@reston.org](mailto:cate@reston.org) or by phone at 703-435-6512.

## Clay Courts Close for Winter

The Reston Association's clay courts at Glade and North Hills are now closed for the season. Look for them to reopen in early April 2011.

Meantime, the lighted courts at Lake Newport, Glade, Shadowood, North Hills, Hook Road and Autumnwood will be open from 4-9 p.m. throughout the winter, weather permitting. For more information, log onto the website: [www.reston.org](http://www.reston.org) and choose "tennis" or follow Reston Tennis on Facebook: [www.facebook.com/restontennis](http://www.facebook.com/restontennis).

## Designing For a Greener Tomorrow

Anne Smyers of House to Home One-Day Redecorating, a Reston Interior Redecorating Company, has completed her "Green Member Accreditation", of the Interior Redecorators Network, an organization of one-day redecorators.

A Greener Lifestyle is the new trend towards Eco-Friendly living through reducing, reusing, and recycling.

The IRN has been committed to green principles through "use what you have" and now supports formal continuing education of its members in this area through its rigorous Green Member Accreditation.

## Reston's Potbelly Sandwich Collects Toys for Tots

Potbelly Sandwich Shop in Reston will be an official drop off location for new and unwrapped toys that community residents and the local workforce wish to donate to Toys for Tots. Individuals who donate a toy through Thursday, Dec. 23, will receive a coupon for one free cookie that can be redeemed at any Potbelly location.

The mission of Toys for Tots is to collect new and unwrapped toys and distribute those toys as holiday gifts to children in need from the local community.

Potbelly Sandwich Shop is located at 12150 Sunset Hills Road (next to Reston YMCA), 571-203-0750. Shop Hours: Sunday through Thursday 11 a.m. to 9 p.m.; Friday and Saturday 11 a.m. to 10 p.m.

## FISH Needs Volunteer Drivers

Volunteers are needed by Herndon-Reston FISH, Inc., to periodically drive people to and from their medical appointment. FISH receives more than 100 calls per month for rides, primarily from low-income elderly folks, but cannot come close to meeting the need. If you have the time to help your community in this way, please sign up to drive.

Expect to submit to a background check. For more information about the driver program, please contact the FISH Information and Referral Service at 703-758-0346. To learn about all of FISH's programs, visit [www.HerndonRestonFISH.org](http://www.HerndonRestonFISH.org).

## NEWS

# Coming Together for Historic Preservation

## Sixth Annual Fairfax History Conference a success.

BY LYNNE GARVEY-HODGE  
HISTORY COMMISSIONER

With more than 100 attendees, the Sixth Annual Fairfax County History Conference, Preserving Our Paths in History, Nov. 6 was a tremendous success this year.

Dedicated to the memories of local historians Nan and Ross Netherton, event was sponsored by the Fairfax County History Commission, the Fairfax County Park Authority, the Fairfax Museum & Visitors Center and Preservation Virginia.

Conference Committee members were Rob Orisson (Preservation Virginia), Dr. Elizabeth Crowell, Fairfax County Park Authority; Fairfax County History Commissioners Naomi Zeavin, Esther McCullough, Sallie Lyons, Barbara Naef, Anne Barnes, Carole Herrick, Mary Lipsey and Mike Irwin; and Susan Gray, Fairfax Museum & Visitor Center.

**NINE AUTHORS AND NINE EXHIBITORS** participated as well and Fairfax County Board of Supervisors Chairwoman Sharon Bulova (D-At-large) kicked off the conference reminiscing about the importance of historic preservation, by sharing the story of Ilda, an early 20th century interracial community enclave near the site of the Jewish Community Center on Route 236. The community had been long forgotten and then rediscovered when the Virginia Department of Transportation began to expand the roads at that intersection.

Bulova also presented history awards to outstanding citizens which included Lifetime Achievement Awards to Ed Wenzel, for his 22 year work preserving and protecting Ox Hill Battlefield; John McAnaw, for more than 25 years of dedicated service as a Civil War historian and protector of land in the Kings Park area; and Michael Rierson, for more than 33 years of dedicated service with the Fairfax County Park Authority in preserving and protecting numerous county sites from Sully Plantation to Frying Pan Park.

John Browne was presented with the Beth Mitchell award for his work researching the Ravensworth estate, dating back



**Recipients of the Ross Netherton Award are members of the Hunter Mill Defense League History Committee, from left, Tom Evans, Bob Eldridge, Jim Lewis, Charlie Balch and Steve Hull. The award was presented by Fairfax County Board of Supervisor Chairwoman Sharon Bulova (D-At-large) and Conference Chairwoman Lynne Garvey-Hodge.**

to 1796, the original home of William Fitzhugh and land that once covered nearly an eighth of the county.

Susan Hellman received the Nan Netherton award for her outstanding research and documentation on the property called "Kenmore."

Cora Foley was not present, but she received the first Cultural Heritage Engagement Award, Maddy McCoy, also not present, received a Distinguished Service award for her assistance on the "Kenmore" paper as well as for her work creating the African-American Slave index of Fairfax County.

Rick Castelli received the Edith Moore Sprouse award for his extensive research on Fenwick Park.

**THE HUNTER MILL** Defense League History Committee received the most prestigious award that the Fairfax County History Commission bestows, the Ross Netherton Award, for their work in creating the DVD "Danger Between the Lines," a documentary relating the story of the people living amid the turmoil along Hunter Mill Road during the Civil War. Tom Evans, Jim Lewis, Charlie Balch, Bob Eldridge and Steve Hull accepted the award.

The Awards committee included Commissioners Naomi Zeavin, Bob Beach, Jack L. Hiller and Lynne Garvey-Hodge, chairwoman.

"We have never received so many awards nominations as we have this year, and we are delighted with the quality of the work done in preserving the county's history," said Hiller.

Thomas Jefferson High School students, under the leadership of

history teacher Larry Helm, also submitted historic papers.

The keynote speaker was Elizabeth Kostelny, who spoke on the importance of historic preservation, even during economically difficult times. As executive director of Preservation Virginia, she spoke on "Growing Virginia's Movement - Historic Preservation in the 21st Century" and encouraged Fairfax County to continue doing good work in preserving the rich historic resources of the county and affirmed the conference as evidence of this good work.

Michael C. Rierson gave a lively, animated talk on his time with the Park Authority, "It Docent Matter - The Beginnings of a Museum & Historic Preservation Program."

Andrea Loewenwarter from the Fairfax Museum & Visitors Center shared the history of preserving the newly renovated and preserved Blenheim Mansion, "Preserving Historic Blenheim" and the county Archaeology staff was on hand to discuss their work in their offices located at the conference site, the James Lee Community Center. Local railroad historian Ron Beavers spoke with tremendous energy and exuberance on "Fairfax County Railroads - Pre-Civil War & What is Left Today" and the final presentations of the conference reflected preservation of a number of local sites. Chuck Mauro spoke on the preservation and history of Laura Ratcliffe's home, "Merrybrook," David Goetz on John Singleton Mosby's home in Warrenton, "Brentmoor" and Mary Lipsey spoke on the good work of the Fairfax County Cemetery Preservation Association.

# SCHOOL NOTES

**Francesca Caroline Gunn** of Reston has received a bachelor of arts degree from Bard College of Annandale-on-Hudson, N.Y.

**Michael Rabinowitz** of Reston has been named to the spring 2010 dean's list at University of the Sciences in Philadelphia, Pa. Rabinowitz is a doctor of pharmacy student.

Reston residents **Katie Cleveland, Cailin Clinton, Larry Stern** and **Vanessa Oakes** have gained membership to the Marching Virginians at Virginia Tech, commonly known as The Spirit of Tech. Cleveland is a sophomore and a trumpet player, majoring in mechanical engineering in the College of Engineering. Clinton is a freshman and a clarinet

player, majoring in mathematics in the College of Science. Stern is a senior and a trumpet player, majoring in both chemical engineering and chemistry in the College of Engineering and College of Science.

Stern is also a band section leader. Oakes is a senior and flag twirler, majoring in biological sciences in the College of Science.

**Sara Schlegel** a junior from Reston majoring in biological sciences in the College of Science, is now serving as a Hokie Ambassador for Virginia Tech.

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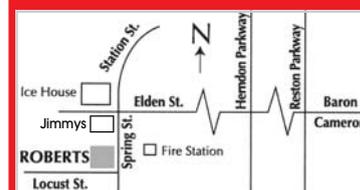
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# OPINION

## Tough Road Ahead

### State and local coffers will continue to shrink in 2011; transportation improvements unlikely.

The Northern Virginia Transportation Alliance quotes Gov. Bob McDonnell's remarks to the Dulles Area Transportation Association earlier this week. "I can't emphasize how important it is to get started now," McDonnell said, to take advantage of favorable infrastructure pricing [due to the recession] by starting to invest more in transportation.

But the Alliance, which advocates for spending on roads and highways, points out that McDonnell "provided few details as to new funding sources, but promised that specifics would surface in the weeks ahead."

Last January was the "now" to get started to take advantage of "favorable infrastructure pricing."

McDonnell has been in office a year now, and won in Northern Virginia largely because of his vigorous campaigning on transportation issues. But he allowed the first year of his tenure, including the first year's session of the General Assembly, to pass without a serious proposal on how to fund transportation im-

provements in Northern Virginia or elsewhere in the state.

Instead, McDonnell has spent the last months talking up a liquor privatization proposal as a solution to transportation. In fact, that proposal would possibly pay for one intersection or overpass improvement project in Northern Virginia before moving on to cost state funding for education, public safety and social services tens of millions of dollars a year by turning over the revenues for private companies' profit.

#### EDITORIAL

Meanwhile, localities in Northern Virginia received essentially zero dollars from the state for transportation improvements in past year.

More on the outlook ahead for public services from Deputy County Executive Ed Long as he prepared the budget forecast for the coming year:

❖ While home values are up for the first time in five years, the county still faces a multimillion dollar shortfall and the future of the local economy is uncertain.

❖ Government contracts are a major component of the Northern Virginia economy. In

Fairfax County alone in 2008, federal procurement contracts totaled \$17 billion. Since this is such a large component of the local economy, the discussion of cutbacks in federal contracts is a major concern.

❖ The Fairfax County budget gets less than 20 cents back from Richmond of every tax dollar it sends to the state.

❖ There are 30,000 unemployed people in Fairfax County, with the current unemployment rate approximately 4.9 percent, or close to half the national rate. Still, 30,000 people is a huge number of unemployed.

### Share Your New Year's Resolutions

It's early and much of the holiday eating season is still in front of us. But most of us will engage in some soul searching and resolution making around the New Year. In the first issue of 2011, the Connection will share the New Year's resolutions of individuals and offices. Send us your resolutions, plus your tips on keeping resolutions. Feel free to offer resolutions for local officials as well.

Please include a photo with your resolutions. E-mail to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com)

#### LETTERS TO THE EDITOR

### Checking 'Footprints'

To the Editor:

Kathleen Driscoll-McKee, Reston Association Board President, has mentioned in recent articles ... that people should get involved in Phase 2 of the revision of Reston's Master Plan. In Phase 2 the Task Force will recommend zoning changes to add residential units and more commercial and retail space to the village centers. What McKee neglects to spell out is that the neighborhoods around the village centers will be considered by the Task Force for rezoning to high-density.

What does this mean? It means developers will be able to buy out entire neighborhoods and redevelop whenever they want. The Virginia Legislature passed H2954 in 2007 which counteracts the Supreme Court Kelo vs. New London decision. Our neighborhoods cannot be taken by eminent domain by the county to increase revenue. However, developers can "consolidate" neighborhoods by making us offers we can't refuse. They can buy us out. Once the zoning is changed, Reston will be wide open for residential redevelopment

Currently the "footprints" of the village centers include some existing neighborhoods. The Task Force set up by Supervisor Cathy Hudgins will consider whether to expand, contract, or leave those footprints as they are. County maps that indicate village center footprints are attached.

Hunters Woods Village Center footprint includes the following neighborhoods: Glade at Hunters Woods Condos, Hunters Woods Village Condos, Hunters Woods Apartments (retirement). In addition, Hunters Square, Hunters Crossing Condos and Glenvale Condos may be considered for rezoning to high-density due to their proximity to the village center.

South Lakes Village Center footprint includes Harbor Point Condos and Thoreau Place Assisted Living (retirement). In addition, Villa Ridge Condos, Lakeport and Southbridge may be considered for rezoning to high-density due to their proximity to the village center.

North Point Village Center footprint includes The Apartments at North Point and North Point Village Condos. In addition, Summer Ridge Condos, Hampton Pointe Condos, and St. Johns Woods Apartments may be considered for rezoning to high-density due to their proximity to the village cen-

ter.

Tall Oaks Village Center footprint includes Tall Oaks at Reston Apartments (retirement). In addition, Bentana Park Condos and Villas de Espana may be considered for rezoning to high-density due to their proximity to the village center.

RA Board President McKee in her Patch and Reston magazine articles has not indicated how residents may participate in the planning process. Currently the Task Force is heavily weighted with developers, their attorneys, architects, and engineers. Many are not residents of Reston. Recently representatives of RA, RCA and ARCH suggested to Supervisor Hudgins that a different configuration of the Task Force is needed for Phase 2. Local residents need to be represented to discuss and vote about possible rezoning and redevelopment of their own neighborhoods. Supervisor Hudgins has indicated a willingness to consider reconfiguring the Task Force to include residents on subcommittees of the Task Force.

Neighborhoods in the vicinity of the village centers need to appoint representatives to participate in Phase 2. This needs to be done now. Phase 2 will begin early next year.

Supervisor Hudgins can be contacted at the North County Government Center, 12000 Bowman Towne Dr. Reston, VA 20190, 703-478-0283, [hntmill@fairfaxcounty.gov](mailto:hntmill@fairfaxcounty.gov).

**Kathy Kaplan**  
Reston

### Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

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# OPINION

## It Will Take More than Magic

BY KENNETH R. "KEN" PLUM  
STATE DELEGATE (D-36)

A hobby I pursue infrequently is performing magic tricks. Recently I did a magic show for preschoolers to help the United Christian Parish Preschool that my wife Jane directs to raise money to improve the preschool library.

### COMMENTARY

As I explained to my eager audience, magic can make the seemingly impossible take place. When the children were insistent that sticking a balloon with a needle would cause it to pop, they held their ears as I inserted a long needle in one side and out the other side of a transparent balloon. When I removed the needle, I told them they were right all along, and I popped the balloon by pricking it with the same needle. Part of the fun of perform-

ing magic is in knowing the secret technique, sleight-of-hand, or apparatus that makes what appears to be magic happen.

There is no sleight-of-hand or trickery that will help in my regular duties as a member of the House of Delegates, although some members continue to act as though there may be. Responses to our transportation challenges have been more illusionary than real in recent years.

A seminar sponsored last week by the Northern Virginia Transportation Alliance (NVTA) entitled, "What Everyone Needs to Know about Transportation Funding," promised "just the facts." Actually the facts on transportation funding are well known, having been discussed thoroughly by NVTA President Bob Chase in an article



in the Fall 2010 edition of Virginia Issues and Answers from Virginia T e c h (www.via.vt.edu). As the career professional Commissioner of VDOT expressed it at the seminar, "VDOT does not have the money to do its job."

As Bob Chase expressed it in his article, "the need for new, dedicated, reliable transportation funding is paramount and undeniable."

Some of Governor McDonnell's tricks to fund transportation like offshore oil drilling and selling the ABC stores have been shown not to be viable. Recent discussions on the issue seem to be more magic show patter than real solutions. In the end, there is no magic solution. What is needed is what Bob Chase refers to in his article as "political will."

### BULLETIN BOARD

FROM PAGE 3  
advocates for women's shelters, homeless shelters, etc. The Board meets the 3rd Wednesday of every month. Contact Cleveland at 703-435-0868 or

leaderwilliams@gmx.com.

**THURSDAY/DEC. 16**  
**Committee for Dulles Luncheon.**

11:30 a.m. Hyatt Dulles, 2300 Dulles Corner Blvd., Herndon. Dulles Airport Manager Chris Browne's annual update. \$45-\$60. www.committeefordulles.org.

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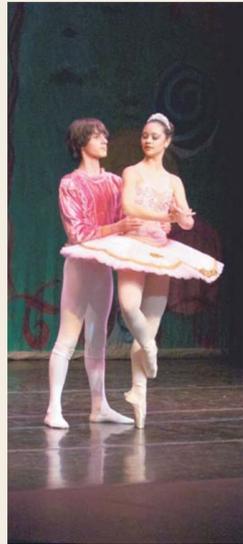
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**Sugar Plum Fairy Georgina Greenleaf, Herndon High sophomore, and her Cavalier Adrian Lamoureux, South Lakes High sophomore, weave fairy tale magic on area residents in the Conservatory Ballet's production of "The Nutcracker."**



**South Lakes freshman Rebecca Mattern performs the Snow Queen in Conservatory Ballet's annual production of "The Nutcracker."**

## Conservatory Ballet Presents 'Nutcracker Ballet'

A Herndon-based Conservatory Ballet presents the "Nutcracker Ballet" performances at Reston Center Stage at 2310 Colts Neck Road in Reston from Wednesday, Dec. 8 to Sunday, Dec. 12, featuring young area dancers. Tickets are \$22 for adults and \$17 for children 12 and under. For Sunday's 11 a.m. shortened performance, aimed at captivating young audience, tickets are \$20 and \$15. Call 703-476-4500 ext 3; Visit: [www.ConservatoryBallet.com](http://www.ConservatoryBallet.com).

## ENTERTAINMENT

Send announcements to [herndon@connectionnewspapers.com](mailto:herndon@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

### THURSDAY/DEC. 9

**"Nutcracker Ballet."** 7 p.m. at Reston Center Stage, 2310 Colts Neck Road, Reston. Presented by Conservatory Ballet. \$22 adults, \$17 age 12 and under. 703-476-4500 or [www.ConservatoryBallet.com](http://www.ConservatoryBallet.com).

### FRIDAY/DEC. 10

**Waverly Consort's "A Christmas Story."** 8 p.m. at George Mason University Center for the Arts, 4400 University Drive, Fairfax. In the spirit of the medieval church dramas and mystery plays, eight singers and five instrumentalists play reproductions of medieval instruments. \$21-\$42, youth through grade 12 half price. Tickets available at 888-945-2468 or [cfa.gmu.edu](http://cfa.gmu.edu).

**"Nutcracker Ballet."** 7:30 p.m. at Reston Center Stage, 2310 Colts Neck Road, Reston. Presented by Conservatory Ballet. \$22 adults, \$17 age 12 and under. 703-476-4500 or [www.ConservatoryBallet.com](http://www.ConservatoryBallet.com).

### SATURDAY/DEC. 11

**Family Friendly Irish Set & Ceili Community Dance.** 7 p.m. at Frying Pan Park Visitors Center, 2739 West Ox Road, Herndon. Live music by the Bogwonderers Ceili Band & Friends. \$12-\$35. [www.ccepotomac.org](http://www.ccepotomac.org) or 703-521-4340.

**Synergy Brass Quintet: "Christmas in Brass."** 8 p.m. at George Mason

University Center for the Arts, 4400 University Drive, Fairfax. Brass arrangements of Bach's choral works, Handel's triumphant "Messiah" and a selection of classic Christmas carols. \$22-\$44, youth through grade 12 half price. Tickets available at 888-945-2468 or [cfa.gmu.edu](http://cfa.gmu.edu).

**Holiday Recital.** 4 p.m. at The Music Loft, 1141 Elden St. Suite 212, Herndon. Holiday and classical pieces performed by Music Loft students. Refreshments served. [www.TheMusicLoftOnline.com](http://www.TheMusicLoftOnline.com).

**Local Civil War Authors Book Signing.** 6-8 p.m. at Jimmy's Old Town Tavern, on the corner of Elden and Spring Streets in Herndon. With local authors Eric Buckland, Don Hakenson and Chuck Mauro. 703-435-5467.

**Make A Winter Wreath.** 10:30 a.m. Walker Nature Education Center, 11450 Glade Drive, Reston. Making festive wreaths for your home. Listen to seasonal music, enjoy mulled cider and cookies. All supplies provided. \$15 per wreath for Reston Association members, \$20 per wreath for non-members. Open to all ages, but reservations required at 703-476-9689 or [naturecenter@reston.org](mailto:naturecenter@reston.org).

**"Nutcracker Ballet."** 11 a.m., 2:30 p.m. and 7:30 p.m. at Reston Center Stage, 2310 Colts Neck Road, Reston. Presented by Conservatory Ballet. Tickets \$15-\$22. 703-476-4500 or [www.ConservatoryBallet.com](http://www.ConservatoryBallet.com).

**Winter Holiday Open House.** 10 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Enjoy traditional holiday treats served by the Friends of Oakton Library. All ages. 703-242-4020.

**Holiday Open House.** 11 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Join the staff and Friends of the Reston Regional

Library for a holiday open house. Enjoy live music and refreshments. Children can enjoy Chuck's balloon hats and more. 703-689-2700.

**The Wonder of the Nutcracker.** 3 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Dancing snowflakes, little mice, a sugar plum fairy and more characters read in storybook form. Crafts. Age 3 & up with adult. 703-689-2700.

### SUNDAY/DEC. 12

**The Holidays at Mason: Believe in Miracles.** 7 p.m. at George Mason University Center for the Arts Concert Hall, 4400 University Drive, Fairfax. The Mason Symphony Orchestra, University Chorale and University Singers perform selections composed by Alan Silvestri, Glen Ballard and John Rutter. Audience-sing-along. \$20 adults, \$15 students and seniors. Limited number of free tickets for students with a valid Mason ID. Charge tickets at 888-945-2468 or [cfa.gmu.edu](http://cfa.gmu.edu).

**Christmas Cantata.** During the 8 a.m., 9:15 a.m. and 11 a.m. worship services at Floris United Methodist Church, 13600 Frying Pan Road, Herndon. Presented by the Floris choir and a full orchestra. [www.florisumc.org](http://www.florisumc.org).

**Voce Chamber Singers: Home for Christmas.** 4 p.m. St. Timothy's Episcopal Church, 432 Van Buren St., Herndon. Christmas carols, classical and contemporary holiday music. \$23 adults, \$18 seniors, \$8 for age 24 and under. Tickets at the door an additional \$2. Purchase at [www.voce.org/tickets](http://www.voce.org/tickets) or 703-277-7772.

**Alternative Giving Event.** 2-4 p.m. United Christian Parish, 11508 North Shore Drive, Reston. Children's Christmas shop as well as alternative gifts offered by the Missions Ministry, including a Heifer International ([www.heimer.org](http://www.heimer.org)) Project, a Haiti Housing project and Opportunity International ([www.opportunity.org](http://www.opportunity.org)). [www.unitedchristianparish.org](http://www.unitedchristianparish.org).

**"Nutcracker Ballet."** 12 p.m. and 3 p.m. at Reston Center Stage, 2310 Colts Neck Road, Reston. Presented by Conservatory Ballet. Tickets \$15-\$22. 703-476-4500 or [www.ConservatoryBallet.com](http://www.ConservatoryBallet.com).

### TUESDAY/DEC. 14

**ESL Advanced.** 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Practice English in a group with a volunteer facilitator. Adults. 703-689-2700.

**Preschool Storytime.** 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Stories and activities. Age 3-5 with adult. 703-689-2700.

**Read to the Dog.** 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Read aloud to a trained therapy dog. Call or sign up online for a 15-minute session. Age 6-12. 703-689-2700.

### WEDNESDAY/DEC. 15

**Senior Movie Day.** 9:15 a.m. at the Reston Town Center Cinemas. The Reston Association presents "Meet Me at the Movies". Refreshments are provided and door prizes. Movie titles posted at [www.reston.org](http://www.reston.org) or contact [Ashleigh@reston.org](mailto:Ashleigh@reston.org) or 703-435-6577.

**ESL for Jobs.** 6:45 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. English conversation and job skills. 703-689-2700.

**All Aboard!** 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. A family celebration of the 25th Anniversary of The Polar Express. All ages. 703-689-2700.



**B.J. Nash, Megan Mott, Debra Gellert and Joanna Kuo perform "The Christmas Song."**

## Reston Chorale Rings In Holidays

Something for everyone in holiday concert.

A huge Reston crowd turned out Saturday night to see and hear the Reston Chorale perform a combination of classical and popular music relating to the holiday season. The Community Center staff had to provide a large number of extra chairs as, once again, the Chorale holiday concert proved to be extremely popular.

The performance had serious sacred numbers, featuring professional soloists and a harp accompanying Benjamin Britten's ten part "A Ceremony of Carols."

—MIKE MCKEE



**Lloyd Kinzer, as Santa, handed out gifts to the audience, as Sarah Coulter sang "Santa Claus is Coming to Town."**

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## 2010 Reston Association CALL FOR BOARD CANDIDATES

In Spring of 2011, Restonians will elect two Reston Association Board members - one from the Hunters Woods/Dogwood District and one At-Large Director, each serving a three-year term. The RA Board of Directors determines the Association's goals, policies and makes a significant and lasting contribution to the community.

Reston Association Members are invited to attend an Election Information Session on **Wednesday, Dec. 15, 2010, 7 p.m. at Reston Association, 12001 Sunrise Valley Drive Reston, VA 20191-3404.**

For additional information please contact **Cate Fulkerson** [cate@reston.org](mailto:cate@reston.org) or 703-435-6512.

**Reston ASSOCIATION**

# OPEN HOUSES

Saturday & Sunday, Dec. 11th & 12th



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408 Adahi Rd.....\$639,000...Sun 1-4....Casey Samson.....Samson.....703-508-2535

9411 Cello Ct.....\$739,500...Sun 1-4....Heather Embrey.....McEneaney.....571-236-2616

117 Locust St. SW.....\$1,200,000...Sun 12-3...Susan Fadoul.....Long & Foster.....703-402-1717

## Sterling

20512 Blue Heron Terr.....\$314,900...Sat 1-4....Vicky Noufal.....Century 21.....703-402-5416

703 Riverview Ct.....\$450,000...Sun 1-4....Sloan Wiesen.....Weichert.....703-869-4825

## Gainesville

8793 Ellis Mills Dr.....\$455,000...Sun 1-4....Leslie Thurman.....Thurman & Assoc.....703-895-6000

**To add your Realtor represented Open House to these weekly listings, please call Karen Pechacek-Washburn at 703-778-9422 or E-Mail the info to [kwashburn@connectionnewspapers.com](mailto:kwashburn@connectionnewspapers.com) All listings due by Monday at 3 pm.**

## SCHOOLS



**Bruce Butler, Principal of South Lakes High School, Officer Scott Bacon and Judge Glenn Clayton, Fairfax County Juvenile District Court, supervised “The Court Room Dilemma.”**



**Lisa Colaiani of Washington Regional Transplant Community and Nancy Susco, a nurse at Reston Hospital, focus on the Donor Remembrance Quilt patch dedicated to Susco's son.**

## South Lakes Seniors Learn the Difficulties of ‘Ethics’

More than four hundred South Lakes High School seniors learned last Tuesday that “Justice” is not equal to “Legal,” but that it is bigger, broader and deeper and includes principles of “Ethics.”

Both the shy and the assertive, males and females, all aged 17-18, learned that the tough decisions involved in “Doing the Right Thing” can be complicated and quite difficult.

They spent an entire day at the Sheraton Hotel before their Thanksgiving Day break debating problems involving organ donation, peer and parental pressure, illegal driving and in general what it takes to develop “Good Character.”

South Lakes Principal Bruce Butler was present to oversee the program and many of his staff appeared in the roles necessitated by a program of this magnitude. A large number of organizations such as the Greater Reston Chamber of Commerce, the Reston Association, the Reston Community Center and corporations such as BAE Systems, Fidelity Investments, Comcast, the Reston Hospital and many others contributed their time and talent.

The seniors first were divided into large groups of about 100 who went into large rooms where they were separated into teams of only six-to-eight students, each with a trained, adult table leader



PHOTOS BY MIKE MCKEE

**South Lakes senior class officers Kevin Muir, Krishna Hosi and Alex Turner expressed their gratitude to all the Ethics Day volunteers.**

that facilitated discussion. The seniors discussing behavioral standards at times referred to their goals as being righteous, correct, obligations, OK, and even simply as just the right thing to do. They also reviewed the six pillars of good character: citizenship, responsibility, trustworthiness, respect, caring and fairness. All this was put into hard, practical work as they discussed a series of ethical dilemmas.

The students agreed that they wanted to strive to always meet a code of good character and ethics.

Toward the end of the day, they indicated that they wanted to hold themselves to a higher standard than only the written law. In conclusion, the SLHS seniors were grateful for a day thought-provoking day.

— MIKE MCKEE

# FAITH

## Chabad of Reston-Herndon Lights Up

The pictures capture Chanukah happenings around town: The Ice Menorah at Lake Anne kindled by Reston founder Robert E. Simon and the menorah and dreidel workshop at the Home Depot. For more information on Chabad visit [www.chabadrh.org](http://www.chabadrh.org)

PHOTOS BY  
BRIAN NEMIROFF  
AND DON KEITH



## FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to [reston@connectionnewspapers.com](mailto:reston@connectionnewspapers.com). Deadline is Thursday.

**Washington Plaza Baptist Church**, 1615 Washington Plaza in Reston, has announced their Christmas week events. All are free and open to the public. [www.washingtonplazachurch.com](http://www.washingtonplazachurch.com)

❖**Christmas Concert.** Saturday, Dec. 18 at 4 p.m. A reception will follow in the church's Plaza Room. Canned food will be collected for local food pantry Reston Interfaith.

❖**Service of Light and Dark.** Sunday, Dec. 19 at 6 p.m. Prayers, special hymns and thoughtful mediation about grieving led by Rev. Amy Butler of Calvary Baptist, D.C.

❖**Christmas Eve Service.** Friday, Dec. 24 at 6 p.m. A candlelight, communion and mediation service with Rev. Elizabeth Hagan.

**Minister Regina Boyd, M.Div.**, will lead an Advent Discussion Group Sunday, Dec. 14 at 7 p.m. at Panera Bread, 460 Elden St., Herndon. The topic will be "Locating Our Theological World in Preparation for the Coming Christ."

Contact 703-758-0527 or [capuce21@gmail.com](mailto:capuce21@gmail.com).

**Floris United Methodist Church**, 13600 Frying Pan Road in Herndon, presents "A Service of Light and Hope for the Christmas Season" on Thursday, Dec. 16 at 7:30 p.m.

Receive Holy Communion, hear the gift of music, and light a candle to celebrate the peace that Christ offers the world. 703-793-0026 or [www.florisumc.org](http://www.florisumc.org).

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| 1/11/11  | Kindergarten Information<br>Session at 10:00 AM |
| 1/14/11  | 9:45 AM & 1:45 PM                               |
| 1/18/11  | 9:45 AM & 1:45 PM                               |
| 1/21/11  | 9:45 AM & 1:45 PM                               |
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**Herndon United Methodist Church**  
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**Christmas Eve**  
5:00 PM: Children's Service  
7:00 PM: Contemporary Worship Service  
9:00 PM: Traditional Worship Service  
11:00 PM: Traditional Worship Service

**Christmas Day**  
5:30 PM: Relax and Renew Casual Service  
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# For Wrestling Enthusiasts, It's a Classic

## NOVA Classic wrestling meet set for this weekend at Fairfax.

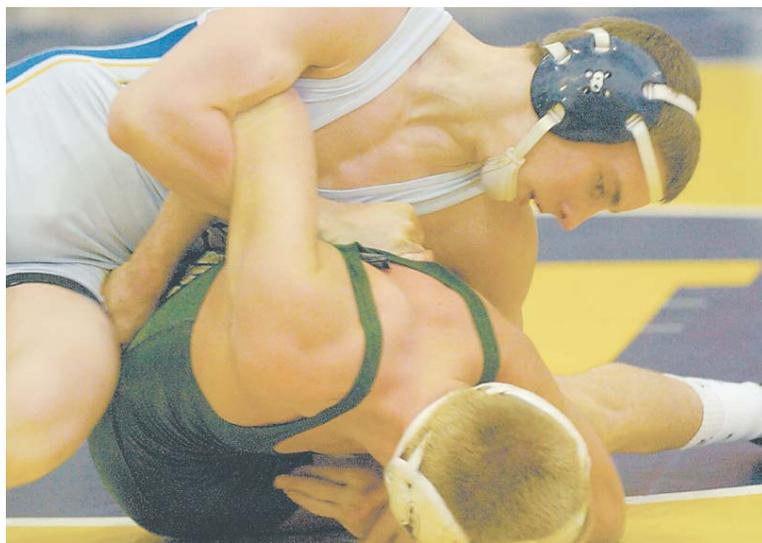
BY RICH SANDERS  
THE CONNECTION

One of the yearly highlights of the early high school winter sports season is the annual Northern Virginia (NOVA) Wrestling Classic, the large showcase extravaganza that is hosted by Fairfax High School and includes most of the public schools from across the Northern Region as well as other public and private schools from the metropolitan area and further out.

The Classic has been one of the most successful and longest-running booster-sponsored events in the region. This year's Classic, the unofficial starting point of the local prep school wrestling season, is believed to be in its 23rd straight year, although that fact is a little fuzzy to event coordinators.

"We were trying to do a countdown and we think this is the 23rd year," said Tim Gordan, Fairfax High's Director of Student Activities, in a recent e-mail regarding the event. "But our memories are fading!"

**THE CLASSIC** will be held this Friday, Dec. 10 and Saturday, Dec. 11 at Fairfax High. The action will begin at 10 a.m. on both days.



**Fairfax High will, once again, be hosting the annual early season Northern Virginia Wrestling Classic this Friday and Saturday.**

Thirty-one teams are expected to participate in this year's Classic, including local schools such as Herndon and South Lakes.

Last year's top five team finishers at the 2009 NOVA Classic were champion Westfield, second place Fairfax, third place Woodbridge, fourth place Annandale and fifth place Potomac Falls of the Dulles District.

Robinson Secondary won the team title in 2008 and Westfield took the crown in 2007. (Robinson is participating at another tournament this weekend in Annapolis).

**SOUTH LAKES**, under head coach Bruce Hall, has gotten off to a good start this season. The Seahawks won all three of their team matches at the Herndon Quads on Dec. 4 - victories over the host Hornets, 62-18, Washington-Lee, 48-34, and Langley, 54-

28. Langley's squad consisted of JV wrestlers as the Saxons' varsity was competing in a meet at McDonogh High in Maryland.

"Their varsity is going to be tough," said Hall, of Liberty District rival Langley. Of the host Hornets, Hall said, "The Herndon team is undermanned but the kids they have wrestled hard and did a good job."

South Lakes, at the Herndon Quad, was without key wrestlers Jake Slover, the defending district champ at 171-weight class, and four-year wrestler George Ramirez. Both were taking their SAT's. Harris Hafizi, a four-year starter at 145, was also not available.

"I had no idea what to expect," said Hall, who used some younger wrestlers to fill in some of the holes in the line-up.

Several South Lakes wrestlers

were a part of the Seahawks' successful fall football team which reached the second round of the region playoffs. As a result, they were not on-hand to wrestle for the first couple weeks of the winter season practices.

"The problem with having a good football team that goes deep into the playoffs is that you don't get those guys back at the start of the season," said Hall. "We had several starters and a great wrestler [Belmin Rivera] get injured during football season."

Rivera (215) is rehabbing a knee injury he suffered midway through the football season.

Other football players who got late wrestling starts included Chris Maginniss (140); two-time district champ Ryan Forrest; and district place-winner Justin Williams.

Williams wrestled at 145 at the Herndon Duals and went 3-0. Other Seahawks who won all three of their matches were Josh Forrest (135), Maginniss (140), Forrest (152), Owen Wolfe (215), and heavyweight Eduardo Molina.

"When Haris Hafizi and Jake Slover are added to the lineup, we're going to be very tough in the middle of our lineup," said Hall.

Forrest, who was third in the region last year, is South Lakes' top returning wrestler.

"Ryan will probably wrestle Div. 1 in college," said Hall. "If he wasn't such a great all-around athlete, he'd be a better wrestler but he's pretty good to begin with. He pinned three kids in the first and second periods [at Herndon] wrestling up [at 152]."

Maginniss, at 140, is a much improved wrestler from last year.

"He's going to be a force soon," said Hall.

Josh Forrest, Ryan's younger brother, is wrestling at 135 for the Seahawks.

"Josh will place high in the district and hopefully place in the region and go to states as a freshman," said Hall. "He is a tough, tough kid."

The team's 125-pounder is four-year starter Andrew Goldberg.

Other key members of the lineup are Kevin Argueta (103), who earned a varsity letter as a freshman last year; freshman Terry Petersen (112); Ian Spencer (119); Hafizi (152); and sophomore Michael Shoebottom (160), who earned 14 pin wins last year.

Slover, a team captain and the defending district champ at 171, should be in for another standout year. Kevin Canales or Owen Wolfe will wrestle at 189 for the Seahawks. Rivera, when he returns to health, will be at 215 and senior Eduardo Molina, perhaps the squad's most improved wrestler, will be at heavyweight.

"Our goal this year is to win the district tournament pure and simple," said Hall. "It's not how we start, it's how we finish. Our goal is also to have everyone academically eligible for the tournament season. That has become a major point of emphasis for our program. Whatever it takes, academics is the priority. "I'm proud of these kids and my coaching staff," said Hall. "We've put South Lakes on the map in wrestling in Northern Virginia. Hopefully, we can maintain that in the years to come. It's a great high school and we're very proud to be called Seahawks."

D.J. Christian, a junior forward on the South Lakes High boys' basketball team, converted two free throws with 1.9 seconds remaining in the fourth quarter to break a tie game and lift the Seahawks to a 56-54 season-opening win over visiting Yorktown on Dec. 3.

South Lakes, under new head coach Andrew Duggan, overcame a 10-point, first half deficit in earning the non-district victory.

South Lakes rallied in the final quarter to win, getting a huge emotional boost when junior point guard JD Wallace scored on a breakaway dunk shot. Ultimately, Christian, with his two late free throws, helped put the Seahawks into the victory column. Christian finished the game with 21 points.

**Fairfax Adult Softball (FAS)** hosts

a bowling tournament each year, benefiting Northern Virginia Special Olympics and Fairfax County Park Authority field improvements. The 11th annual tournament will be held on Jan. 30, 2011 at the Bowl America Shirley in Alexandria. It is time for Fairfax Adult Softball to solicit raffle prizes and tournament sponsorships in hopes of raising the maximum amount of funds for the Special Olympians.

Two types of sponsorships are available to choose from: Raffle prize/Goods Sponsorship - FAS conducts a big prize raffle auction at the event. Do you have college or professional sports team tickets, restaurant gift cards, movie tickets or concert tickets you would be gracious enough to donate? FAS would love to have them! The more raffle items FAS receives, the more tickets are sold and the more money is raised for the special Olympians.



**D.J. Christian converts his clutch free throws to lift South Lakes to its season-opening basketball win over Yorktown.**

# "Bank Error in My Favor"



By KENNETH B. LOURIE

I received a \$25 check in the mail today. It was sent to me by my bank, the bank with whom I've had a long-standing (through their name-changing) relationship. A bank however, with whom I've had minimal interaction, other than maintaining a checking account and being the recipient of any number of direct mail solicitations. I have no savings account, no money market account, no IRA account, no home equity and/or second trust and no personal loans; I may have a credit card (that I don't use) but it serves as a back-up/overdraft account which I most definitely have. Although, with the passage – and implementation recently of the new banking legislation, I'm not exactly sure what it is I still have, and/or what it is I'll be charged the next time a check presents itself without proper support. So you can imagine my surprise (or perhaps you can't), when I received a plain white business envelope from my bank which contained this mystery money and a brief explanation for its being sent – to me: some refund of a fee I don't remember paying and/or even caring about.

My reaction was to say aloud something like: "The bank made an error in my favor? Wow! That never happens." As soon as I said that 'bank error' line, I was transported – figuratively speaking, since I wasn't in a hot tub at the time, back some 45 years to those youthful days of playing board games, "Monopoly," specifically, on our back porch on Athelstane Road in Newton Centre, Ma., where my brother and I would play for hours on end (I always chose the dog, he chose the iron) until one player had all the money and/or all the property and the other player was unable to pay for landing on their Hotel/Utility/Railroad.

There I was, "Taking a 'Chance' on 'Community's Chest' (as I always intentionally mispronounced them) to see what fortune – or misfortune – would befall me: "Advance Token to Boardwalk," "Take a Ride on the Reading," "Elected Chairman of the Board, Pay Each Player \$50," "Pay School Tax of \$150," "You Have Won Second Prize in a Beauty Contest, Collect \$10," and of course, "Bank Error in your Favor, Collect \$200;" that was as much "found money" as there was in "Monopoly." Granted, the check I received in the mail was only for \$25, but collecting money out of the blue like that, when you're not expecting any and having done nothing to deserve it, made that \$25 feel like \$200. It was as if "Community's Chest" had advised me to "Advance To Go" and "Collect \$200," or even better, I had landed on "Free Parking" and collected the "kitty," as we called the money paid to the game/placed in the center of the board.

As much as anything though, receiving that \$25 check and remembering "Monopoly" and the simpler, much less complicated days of my board game-playing youth, brought a smile to my face and a slew of wonderful memories to my mind. I had a happy childhood and it all came rushing back to me when I read the explanation for the check: "Bank error," a refund of a fee or overcharge, or something to that effect. It was a warm and fuzzy moment, that's for sure; one which always included milk and cookies because if my brother and I were in the house playing a game like that, there was always milk and cookies; my mother saw to that.

She (I can still hear my father admonishing my brother and I: "Don't call your mother 'she'") was determined to make sure my brother and I drank our eight glasses of milk every day; the medical prescription in the 50s and 60s to guarantee children consumed enough calcium in order to develop strong bones. And to make sure we drank our milk, we needed to eat something for it to wash down and cookies were the obvious choice: Oreos (before there was "Double Stuf"), Chips Ahoy or some other kind of chocolate chip cookie and Keebler's Fudge Town or Fudge Stripes; these were the most popular, there were others. And though it was a board game we were playing, we weren't bored. We were "Monopolized." It made us happy and it made our parents happy. No wonder it's a fond memory, everybody was happy and the living was good, so far as we knew.

Ah, the innocence of youth. There's no recapturing it, but it was sure nice remembering it.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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## 21 Announcements

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## NEWS

# Reston Police Donation Drive

Local Police Department organizes help for domestic abuse victims.

By SEAN MCCALLEY  
THE CONNECTION



**Reston Police Chief Capt. Deborah Burnett**

This holiday season, the Reston police department is trying something it has never done before: it is organizing a donation drive to help the Artemis House, a group that helps victims of domestic violence through sheltering and offering donated provisions.

Under the direction of Captain Deborah Burnett, the police station will serve as a drop-off point for people wanting to donate supplies for victims who seeking shelter in a moment of extreme need.

"Many leave [their homes] with little or no belongings," said Burnett.

The drive is still in its beginning stages. The station has created a flyer to introduce the efforts and Burnett hopes that the message can spread quickly throughout the Reston community.

"This is a grassroots effort that came out of the Reston station," she explained. "We're hoping that ... we can get the message out."

Reston police struck the partnership with the Artemis House in attempt to try a new method of reaching out to the community. It fits well with the everyday operations of the station since the Reston police have their own domestic violence coordinator.

Items that are needed for the drive are non-perishable foods, tools and medical supplies. For example, the Artemis House puts to good use crackers, batteries, clothes, thermometers, diapers, etc.

"We need to be prepared for at least five days," said Artemis House director Hanan Scrapper, referring to the usual length of stay for victims.

The shelter contacted the police directly this year to solicit support from the station. In the past, the domestic violence wing of the Reston police has helped the program coordinate and contact local victims.

"When we were thinking about ways to

involve the community and raise donations, we thought 'Who better than the police?'" said Scrapper.

"We usually get a lot of support from the community," said Scrapper. Unfortunately, the need for support never vanishes, and this year Reston citizens have an easy way to reach out and help their neighbors.

"I really want families and clients to see the police is on their side," said Scrapper.

A concentrated effort to help victims of domestic violence has existed since 1979 with the formation of the Women in Crisis Coalition. In 1991, the Artemis House was formed to provide a more permanent refuge for victims of the violence.

Staffed by volunteers, the Victims of Violence Intervention Program that runs in tandem with the Artemis House offers advocacy and support groups, children's programs and networking with law enforcement agencies.

The shelter can be contacted at 703-435-4940. If you or someone you know is the victim of domestic abuse, call that number or law enforcement immediately and seek shelter.

To make donations to the Reston police drive, visit the station at 12000 Bowman Towne Dr., Reston, or call 703- 478-0904 for more information.

### What is Needed

The Artemis House is in need of these emergency supplies:

Food - non-perishable; ready-to-eat canned meats, fish, fruits, vegetables, beans and soups; protein or fruit bars; dry cereal or granola; peanut butter and nuts; dried fruit; crackers; canned juices; bottled water; canned or jarred baby food; baby formula.

Other non-perishable items:

Tools and supplies; flashlight with extra batteries; portable radio; manual can opener; disposable diapers; paper plates, cups, utensils; personal hygiene items (toothbrush, toothpaste, comb, feminine products); Medical and

Health Emergency Supplies: Medicines for fever (acetaminophen or Ibuprofen); cough medicines; Infant/baby Tylenol and ibuprofen; thermometer; anti-diarrheal medication; sterile gauze pads (3 x 3 and 4 x 4); cohesive bandage; germicidal hand wipes; alcohol based hand sanitizer; antiseptic wipes; antibacterial ointment; cold packs; scissors (small, personal); vitamins; fluids with electrolytes; cleansing agent/soap. Drop off your donations to the Reston District Station, 12000 Bowman Town Drive, in Reston.

If you have any questions, contact the Reston Crime Prevention Office at 703-478-0799 or [restoncpo@fairfaxcounty.gov](mailto:restoncpo@fairfaxcounty.gov)

# 'Tis the Season to be Green!

Here are some tips to add Green to your Holidays:

## **GIVE YOUR HOME A TREE:**

Fairfax County is in need of more trees planted on residential properties. This holiday season - before the ground freezes - plant a tree on your property. If you plan on purchasing a live Christmas Tree, you might also consider purchasing a tree - with the root ball intact - to plant after the holiday. Trees can provide many benefits to your home. For details on tree planting and benefits, contact the Fairfax County Urban Forester at 703-324-1770, TTY 711.

## **USE CARE WITH LIGHTING:**

When using festive lighting arrangements, be sure to carefully inspect wires for fraying and other damage. Also, be sure to follow manufacturer's instructions when connecting lights in sequence, using power strips or connecting to outlet adapters - overloading a circuit can overheat wires and cause fires. Use caution when using open flames such as candles and food warmers.

## **CONSERVE ENERGY:**

Using LED decorative lights and timing devices can save on energy usage during the holiday season. Never leave lights on overnight.

## **CAN THE GREASE:**

You can prevent sewer backups and overflows by pouring grease into used cans, adding an absorbent (like kitty litter or a paper towel) and disposing of it in the trash when full.

## **RECYCLE PACKAGING AND GIFT WRAP:**

Cardboard boxes and packaging, all gift wrap (with the exception of foil wrap) and holiday cards, can be recycled through your normal curbside paper recycling collection.

## **RECYCLE YOUR LIVE CHRISTMAS TREE:**

All Christmas Trees less than 8 feet tall can be recycled at the curb in Fairfax County during the first two weeks in January at no additional cost. Please remove tree stands, ornaments, tinsel, lights and tree toppers. For larger trees, contact your trash collector for collection details.



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FAIRFAX COUNTY

**Department of Public Works  
& Environmental Services**

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