

January 12-18, 2011

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McLean Boy Scouts Achieve Eagle Rank

The Board of Review for Boy Scout Troop 128 in McLean has approved Andrew Havasy and Matthew Swarm for the highest rank, Eagle Scout. Requirements included leading Scouts in community service projects. Havasy's project removed invasive plant species and replanted native species at Marie Butler Levin Nature Preserve. Swarm's project installed three paved walks between two parking lots at Redeemer Lutheran Church. The Eagle rank patches have further significance since those earned during the Boy Scout Centennial Anniversary year carry a special marking. Boy Scouts of America was incorporated on Feb. 8, 1910.



Matthew Swarm and Andrew Havasy have been promoted to the rank of Eagle Scout.

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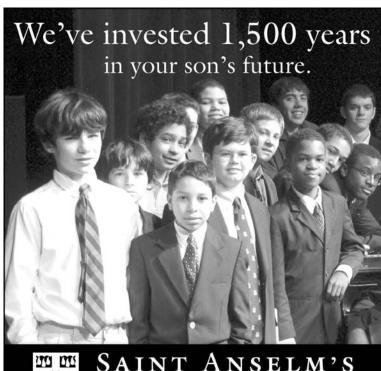
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News



Students on McLean High School's monthly video news magazine discuss possible segment ideas for the upcoming



From left, senior Hannah Menchhoff, senior Ibrahim Jacobs and sophomore Ben Jones set up for a live shot as part of McLean High School's daily morning

television show.

Live From McLean High School

Students learn the ins and outs of broadcasting.

BY ALEX McVeigh The Connection

hen the morning bell rings at McLean High School, most students are still shaking off the last of their sleep and sitting in their normal first period class. For students in Amy Poe's broadcasting class, the first bell means the clock is ticking: there are 96 minutes until showtime.

The broadcasting classes put together a daily, liveaction morning announcement show four days a week and students in the upper level class plan for their monthly television news magazine, where they examine more in-depth issues.

The students write, direct, produce, film, edit and perform in all the shows, with Poe providing guidance throughout the process. She says the students bring a lot of diverse interests to the program.

"They bring so many different strengths - some are writers, filmmakers, editors, artists — and it takes that sort of diverse approach to make it happen," Poe said. "They get a good base here, learning everything from editing to production. It takes them out of their comfort zone a little bit and they're able to find and work on things that they wouldn't otherwise be interested in."

ON THE MORNING OF JAN. 6, the news magazine team is discussing options for in-depth pieces for the monthly edition. Poe mentions that the school's new salad bar might attract the attention of First Lady Michelle Obama, who is no stranger to McLean, and has made children's nutrition one of her pet causes.



From left, seniors Nick Baker and Bryan Kress co-anchor the daily morning announcement show at McLean High School

As the students bounce around ideas about how to make contact with Obama, Michael Vaughan, an aspiring filmmaker, does research on his upcoming piece about the stresses faced by students.

"I've learned firsthand this year about how much stress has changed my life," said Vaughan, a senior. "We do a lot of light, humorous pieces, but I wanted to do something a little more real. I want to cover both sides though. I don't want the piece to be all about 'look what we're doing to our children!"

Many of the humorous pieces come from senior Elliot Duffy, who started as the school's weatherman but now has his own segment, "Elliot's Corner." Duffy takes the title literally: The opening shot of the segment is him standing in a brick-walled corner before he rants and raves about his subject of choice.

"It's nice to have a voice, not that I'm saying anything particularly profound, but I do like to say it," Duffy said.

Whether it's the price of movies or traffic jams in

SEE SHOWTIME, PAGE 5



Marvin Long in front of a painting depicting the construction of Tysons: as a mailman for 40 years he remembers the beginnings of the area development.

Serving Tysons for 40 Years

Mailman Marvin Long remembers the area when 'none of this existed.'

> By Nikki Cheshire The Connection

ven though only a few decades have passed since its development, it's hard to imagine Tysons Corner as anything different than the industrial jungle it is today. But one man doesn't have to imagine – he remembers.

Marvin Long, a mailman for the United States Postal Service, has been delivering mail to the Tysons area for about 40 years.

"I got this job right out of Oakton High School," said Long, explaining that he was part of a program at the school that allowed students to go to school for half a day and then go to a job for half a day to gain work experience. "My teacher asked me where I wanted to work, and off a whim I said 'Why not the Postal Service?' He got me an interview and I just stayed with it," he said. "I just loved it so much." Back then, said Long, he had to be sworn in with the Bible to work at the postal service.

When he first started, his route in Tysons consisted of just four stops on Leesburg Pike and a few on Gosnell, which deadended after a short while.

"None of this existed," said Long, gesturing out the window to the clustered chain stores, office buildings and car dealerships. "I saw everything get built.

"It used to just be property," Long said, describing Tysons' beginnings. "There was a house and a little two-pump Exxon on one side and farmland on the other." Now, he said, that Exxon grew as Tysons did, becoming large enough to accommodate the heavy traffic flow. "When I first started out, I never thought there'd be a Metro! It's unbelievable what's been accom-

In the beginning, Long had a walking route in Vienna. "It was great! I got to meet lots of people." He remembered that, though he encountered many dogs while delivering mail, he was only bitten once. "I've been followed by German Shepherds, but the only bite I got was from a Chihuahua," he said, laughing. "Didn't expect that one!"

Throughout his years of service, Long says he's "seen kids grow up to have kids" and that "they still come up to say 'hi.' It's very fulfilling." Describing himself as a "people-person,' Long has made many close friends while he worked, and is still visited by people who aren't on his route anymore.

After driving over 1 million miles for the postal service, one of Long's favorite places to deliver mail is a senior housing community on the short stretch of Tyspring Street.

"They're my heart and soul," Long said, explaining that helping them is very important to him as he knows they can't always get to the post office easily. "If they take them off my route, I'm really gonna retire," Long said with a laugh. "It really has been an adventure."

WEEK IN MCLEAN

Del. Comstock Appointed to Majority Whip Team

Delegate Barbara Comstock (R-34) has been appointed by House Majority Whip Bill Janis to be a Deputy Whip for the House Republican Caucus.

"I am honored to be a part of our leadership team that will continue to encourage job creation while crafting the common sense solutions voters sent us to Richmond to deliver while facing these challenging economic times," she said.

Majority Whip Bill Janis said: "Since joining the House Republican Caucus last January, Delegate Barbara Comstock has already earned a reputation among the veteran members of the House as a principled, practical problem-solver. Dynamic and industrious, Barbara brings a fresh perspective and sound judgment to our public policy challenges. While it is uncommon for a freshman to be appointed to this position, Barbara has already proven that she has the skills to be a valuable addition to our Majority Whip Team."

Volunteer Fairfax to Hold a Family Volunteer Day

Families will get to enjoy the opportunity to give back to the community by working on service projects provided by Facets, Fairfax 4-H, Herndon Senior Center, Jewish Community Center of Northern Virginia, Operation Military Kids and Orphan Foundation of America. Projects will benefit homeless animals, deployed military personnel and their families here at home, children, hospital patients and orphans.

A Family Volunteer Day, celebrating Martin Luther King, Jr. Day and the spirit of service this day represents, will take place on Monday, Jan. 17, at the George Mason University: 4400 University Drive in Fairfax,

Shift 1: from 10:30 a.m. to 12:30 p.m. (Shift one is currently closed) and Shift 2: from 1:30 p.m. to 3:30 p.m.

This experience allows children to witness first-hand how fun and easy volunteering can be, while providing quality family time and working on projects that will benefit people in need. Registration: Contact Daneen Matheson

DMatheson@volunteerfairfax.org or 703-246-3826 for more information on Give Together: A Family Volunteer Day.

Elwyn 'Chip' Comstock Joins Park Foundation

At the Dec. 15 meeting of the Fairfax County Park Authority Board, Elwyn "Chip" Comstock was appointed to the Fairfax County Park Foundation Board of Directors for a three-year term. Comstock has been a leader in the community and a supporter of parks and recreational pursuits for many years.

Comstock and his wife, Barbara, have been residents of McLean for 28 years, where they have raised their three children. During that time, Comstock worked as a math teacher at Langley and Falls Church High Schools. He is currently in his 11th year as an assistant principal at Oakton High School. He has coached both soccer and basketball. Comstock also served on the Highlands Swim and Tennis Club Board, as well as acting as treasurer and club manager.

Comstock is currently a member of the Optimist Club of Greater Vienna and serves as the librarian for the Potomac River Smallmouth Bass Club. He has been a member of the Friends of Riverbend Park, Friends of the Shenandoah River, and is a supporter of the Shenandoah Riverkeepers. He enjoys fly fishing along the Potomac River and has an interest in the development and maintenance of the many trails in Fairfax County parks.

News

McLean & Great Falls Market Analysis of Home Sales

		(Based on Final Closed Price				
	>\$3 Mil.	\$2-3 Mil.	\$1.25-2 Mil	\$750k- \$1.25 Mil	<\$750k	
2009				•		
22101	2	29	53	143	182	
22102	8	7	22	53	205	
22066	3	12	38	80	48	
Total:	13	48	113	276	435	
	Combined Total: 174			Combined Total: 711		
All Sales 2009: 885						
2010				•		
22101	8	12	55	154	141	
22102	7	17	27	65	181	
22066	1	11	69	101	33	
Total:	16	40	151	320	355	
	Cor	Combined Total: 675				
All Sales 2010: 882						

A Tale of Price Recovery

Good houses, priced correctly for the current market, are selling.

By Karen Briscoe

he predominant theme for the 2010 real estate market in McLean and Great Falls is that of price recovery. The number of closed sales was effectively flat: 885 total sales in 2009 and 882 total sales in 2010. In the category of under \$1.25 million there were fewer sales than 2009: 675 in 2010 versus 711 in 2009. The most significant increase in number of sales was in the \$1.25 to \$2 million market segment with 151 in 2010, up from 113 in 2009.

In my view, there is still a price squeeze occurring. Inventory continues to be less relative to demand in the under \$1.25 million price range. With 675 total sales in 2010 in that market segment, that is a demand of 56.25 properties per month. As of Jan. 1, 2011, there were only 141 properties available to purchase, which represents a 2.5-month supply. At the end of the third quarter in 2010, there was a 3.5-month supply, which clearly shows that this market segment is recovering. A balanced market, thus neither a buyers or sellers market, offers a 6month supply of properties. When there is less than a 6-month supply of inventory, then the market is considered a seller's market.

The over \$2 million price range in McLean and Great Falls is also

on the road to recovery, just not quite as fast. The absorption rate for this segment in 2010 was almost five properties per month. With 95 properties available to purchase as of Jan. 1, 2011, that represents approximately a 19month supply of inventory, down from a 26-month supply at the end of the third quarter in 2010. It is clearly still a strong buyer's market in the over \$2 million price range and, in my view, true recovery will not happen in that market segment until it becomes balanced and stavs that way for some time. The good news though is that the market is moving in the right direction!

This market update continues the theme "A Tale of Hope" from the third quarter of 2010. Be of good cheer: Good houses, priced correctly for the current market, are selling.

Reviewing a New All-electric Car

"Amazing!," declared Christopher Gatti of McLean in his review of the new all-electric Nissan Leaf. The car "does not even have an exhaust pipe." St. John Academy's new fifth and sixth grade writing club got a chance to review the Leaf and gave it almost-allthumbs-up. The Leaf is one of three finalists in the North American Car of the Year awards now being decided by a group of 49 U.S. journalists including Jayne O'Donnell of McLean, a St. John Academy parent who helped launch the writing club. Cate Willing, also of McLean, found the Leaf "really cool" and assured "you would like to be seen in it." But McLean's Nora Stechschulte wasn't as effusive. While the car, which runs solely on battery power, is "a big step forward in the history of automobiles," she concluded it is "definitely not the best looking car on the market."



The children, left to right, are, front row: Christopher Gatti, Jeffrey Hales, Maddie Schultz, Julia Kushan. Back: Nora Stechschulte, Cate Willing, Katherine Hales, Edward McCormick, Eleanor Kinyon, Christina Martinez. Not visible: Alan Thomas.

News

Showtime at McLean High

From Page 3

the hallways of McLean High, his colleagues say they enjoy his "hating" nature, but Duffy insists, "I don't think of myself as particularly hateful. It normally takes a while to come up with a concept."

Senior Cassidy Kelty, who works on the monthly edition, says she came to broadcasting her sophomore year looking for an elective. She knew Poe from previous theater experience and soon became one of the co-anchors as well as a de facto "producer."

"I loved anchoring, but we had a lot of kids trying to do it as seniors last year, and I have the sort of personality where I want to get everything organized, to take charge," she said. "But I've also learned a lot about computer graphics and cameras and I've talked to some ABC news producers about internships, so I hope this is part of my fu-

On Jan. 6, the daily show is searching for places to do a live shoot. Poe says most of their eight-minute broadcast, which goes live at 8:56 a.m., is taken up with school announcements, a moment of silence and the pledge of allegiance, so they have to be creative when they can.

INSPIRED BY A WOMAN who came to register seniors to vote the day before, they decide to send their mobile crew to a history classroom to get a live shot of the class doing the pledge.

Senior Gordon Hall said he enjoys being in front of the camera, and he tries to have

"My mom does voiceover work, so I've always been interested in broadcasting, being in front of the camera," Hall said. "I try to have fun with it and be lively. My biggest influence is Scott Van Pelt from SportsCenter. You can always tell he has fun with what he's doing."

Other students just enjoy having their classmates see what they spend the first period of the day doing.

"It's pretty exciting that every day what we do is going out live to all the other students," said junior Robbie Maffei. "I joined at first to be with my friends but I could see myself doing something like this in the fu-

Jason Richards, a junior, who helps operate the console for the daily show, says he also enjoys "showing the students what we can do every day."

THE WORKSPACE is in the school's media center, where the students meet in a room with two long tables and a full studio with multiple cameras, a news desk and professional sound and editing equipment. The studio has been there for the past five years and is also used to broadcast guest speakers, performances and other information throughout the school's closed-circuit system.

"We've gone on field trips to the local news affiliates and the students are always shocked to find the same equipment in the real studios," Poe said.

Vaughan credits the broadcasting program with improving his technical knowledge before he hopefully heads off to film school, saying "if it weren't for this program. I wouldn't really know what to do with a camera "

Senior Ibrahim Jacobs, who serves as editor-in-chief of the school's print news magazine as well, says the program has really helped him get a grasp on technology.

"It's really cool to do the live stuff. I hadn't done a lot with technology before," he said. "Now I can do a lot of stuff that doesn't involve just print."

Hannah Menchhoff, a senior, credits the program for helping her get over camera shyness.

"I like doing everything, but I used to be petrified of anchoring," Menchhoff said. "I'm not sure what I'll do with the experience, but the colleges I've applied to have broadcasting programs, so I'm keeping my options open.'

While Poe says the diversity of the interests and talents of the students is what makes it enjoyable, most students have at

Senior Cassidy Kelty goes over ideas for the McLean High School monthly video news magazine during class Jan. 6. The broadcasting department at McLean produces a daily morning show as well as monthly broadcast.

least one thing in common: They like taking classes Poe teaches. Many of them knew her from other classes or from the theater department.

"I love theater and when I needed my elective, I wanted to try broadcasting because I knew Miss Poe," Kelty said. "

While the end result of the group efforts are stored on hard drives and tapes in the school's archive, Poe says the students get more than just padding for a college re-

"It's different than other classes in this school. I see kids who never would have been friends form a tight-knit group that gets along great and they make decisions together," Poe said. "When they're in this program for two, three, four years, they really find a place and develop skill sets that will follow them into the future."

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OPINION

Be Sure To Let Us Know in 2011

Reaffirming our mission in the new year.

s local, weekly newspapers, the Connection's mission is to bring the news you need about your commu nity that you are not likely to get anywhere else — to advocate for community good, to provide a forum for dialogue on local concerns, and to celebrate and record milestones in community and people's EDITORIAL lives.

At the Connection, we begin 2011 by looking for more input from our readers.

First, send us photos of you and your pet plus a few sentences for our Pet Connection, which will appear the first week in February. We'd like to have photos by Jan. 20.

Let us know how we're doing, and let us know what is going on in your part of the com-

We invite you to e-mail us letting us know about something you especially liked or didn't like about our coverage, and to write us letters to the editor.

We learn a lot from readers' ideas and questions. If you see something that you think might be a story, or just something you wonder about, give us a call, or drop us a line.

We want to know if you have an idea for fixing traffic in your part of the world. We want to know if you've had a good or bad experience with local government or your schools.

We'd like to hear your ideas about how to make things better. If you know of a person or an organization that is interesting, doing important work, and might make a good feature story, let us know.

> This year, almost every state and local elected official is up for reelection, and we will do our best to let you know why this matters and what you need

to know in short bites with some longer analysis along the way. If you have questions you'd like us to ask candidates as we go forward, let

We are looking for interesting people to feature in our pages each week. If someone in your family or your community published a book, became an Eagle Scout, raised money for a good cause, accomplished some feat like running a marathon or having art included in an art show, these are all things that we want

The Connection will publish photos and notes of a variety of community events and milestones, including births, engagements, weddings, anniversaries, awards and obituar-

We are also interested in events at your church, mosque, synagogue, community center, school, etc. Email or mail us a photo and a note about the event. Be sure to include the names of all the people who are in a photo, and say when and where the photo was taken.

We also publish notes about news and events in local businesses. Notes about openings, new employees, anniversaries and other accomplishments and events are welcome.

Our calendar of events lets people know about upcoming events. Send the information at least two weeks ahead of the event, and include a photo if possible. Events to be listed in calendars should be free or at nominal cost and open to the public.

In covering the issues, we strive to provide a voice for our readers. We look forward to hearing from you in 2011. We have a new website in the works (our current site has served us well but is best described as an antique) that will open up many more lines of communication. Stay tuned.

> - MARY KIMM, MKIMM@CONNECTIONNEWSPAPERS.COM

Key Priorities: Jobs, Transportation, Education

Keeping Virginia the best place to live, work, start a business, raise a family and retire.

> By Barbara Comstock STATE DELEGATE (R-34)

n February 2009, a Newsweek cover told us: "We Are All So cialists Now." While this was telling in terms of letting us know where the new administration in Washington, D.C. and others may have wanted to lead the country, in Virginia – the home of George Washington, Thomas Jefferson and James Madison — we took a different path.

First, in November 2009, we elected a governor and a majority of the House of Delegates who wanted to reinvigorate entrepreneurial capitalism – not abandon it. Second, we observed Washington D.C.'s federal spending and taxing spree that our constituents were so concerned about and did the opposite.

In January 2010, when we started with a new governor, a new administration and 20 percent of held the line on both. And we did



the House of Delegates newly elected, we were faced with a daunting budget, a challenging economic environment and a \$4.2 billion budget shortfall. Outgoing Governor Tim Kaine left us a proposed budget for the biggest tax increase in our history - \$2 billion. And to add insult to injury, his budget would have cut \$60 million in Fairfax County school funds by freezing the school funding formula.

Fortunately, Governor Bob McDonnell and a healthy majority of the General Assembly went in quite a different direction and didn't tax and spend more. We

About the Author

Delegate Comstock (www.delegatecomstock.com) represents the 34th District (Great Falls, parts of McLean, Vienna and Herndon) in the Virginia House of Delegates. She serves on the Transportation Committee, the Science and Technology Committee and the General Laws Committee. She was appointed by the governor to serve on the Governor's Economic Development and Job Creation Commission and was also appointed by the speaker to serve on the Northern Virginia Transportation Commission and The National Capital Region Transportation Planning Board.

it on a bipartisan basis.

We balanced the budget without raising taxes. The vote against the outgoing budget with the \$2 billion tax hike was a unanimous 97-0. The Northern Virginia delegation was also unanimously opposed to the proposal to cut our school funding by \$60 million by freezing the school funding formula. We worked with Governor McDonnell, our local schools, teachers, PTAs and PTOs and our local business community to successfully restore these funds.

The budget cuts which returned our budget to 2006 spending levels were achieved through bipartisan agreement and the budget gained a strong bipartisan vote in the House and Senate. By the fall, we had a budget surplus and lower unemployment – a stark contrast to all but a handful of other states. We also continued to be recognized as a top business-friendly state with the top schools in the country.

There was also strong bipartisan

opposition (80-17 against) to the federal government's mandate to force individuals to buy health care insurance and impose fines if they didn't. Almost half the House Democrat caucus (19) joined Republicans to oppose Obamacare.

Already, more than 200 companies and unions (about three dozen unions now that actually supported the bill but can't function under the mandate) have asked for exemptions from the bill, but states are still forced to shoulder these unfunded costs. The \$2 billion in additional costs to Virginia from the bill wouldn't even necessarily provide better or more care given the huge new bureaucracy that comes along with it. And this \$2 billion would be on top of the exploding state health care costs we already have. While we have begun to deal with this healthcare challenge, allowing Virginia to find our own solutions rather than Washington dictated

SEE KEY PRIORITIES, PAGE 7



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News



Three Cousins Receive Eagle Scout Awards, Congratulations

Three cousins from the McLean area received their Eagle Scout awards on Wednesday, Dec. 22, 2010. Lucas Alvarez and Sean Gomez from Troop 822, along with Travis Alvarez from Troop 821, were recognized in a formal ceremony. They received their awards along with letters of congratulation from McLean High School Principal Deborah Jackson, the Governor of Virginia, members of Congress, and President and Mrs. Barack Obama.

Key Priorities: Jobs, Transportation, Education

From Page 6

solutions would better serve the Commonwealth.

On transportation, we had a much delayed VDOT audit – which naysayers said was unnecessary. It turned out that while we were sitting in traffic and rest stops were being closed in the past administration, VDOT was sitting on \$1.4 billion in transportation dollars which could have been working for us. That has now changed, as well as putting \$500 million in bonds to work for our transportation needs.

And closer to home this year, we were able — through strong bipartisan work — to get VDOT to do an about face and work with our community for a single lane turn onto Georgetown Pike from Route 7 in Great Falls rather than the long planned two lane turn which was strongly opposed by the community. In McLean, we also worked together to make Transurban and VDOT aware of the community's opposition to extending the Hot Lanes past the 495 Georgetown Pike exit, resulting with the company declining to move forward on that proposal.

Of course, budget cuts are always difficult. But while bad habits are often acquired during good times, good habits can be relearned during tough times. Individual savings are up. We put a freeze on state government hiring.

We continue reform efforts and removing certain unfunded state mandates on localities. We continue to be one of the most generous communities. Particularly over our holiday season, we see our community coming together to help those less fortunate and to help fund valuable programs for our community when the government cuts back.

Our unemployment rate of 6.8 percent in Virginia and 4.6 percent in our area is well below the national average of 9.8 percent, and the 10th lowest in the nation. But with 280,000 Virginians out of work, they need our continued dedication.

We return to Richmond on Jan. 12, and once again our focus will continue to be on the key quality of life priorities of our community: Jobs, transportation and education. The governor's budget amendments include new job-creation initiatives, including \$25 million for our technology and research community to leverage private and federal research dollars so we will continue as a technology leader, new investments in higher education, and a plan to put \$4 billion into transportation over the next three years.

All of this leads to getting more people back to good, prosperous jobs and ensuring that Virginia will be the best place to live, work, start a business, raise a family and retire.





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Sports Saxon Swimmers Readying for Postseason

Langley girls remain unbeaten following victory over Madison.

> BY RICH SANDERS The Connection

oth the Langley High girls' and boys' swim/ dive teams are enjoying highly successful seasons within the Liberty District this win

The Lady Saxons improved their record to 5-0 last Friday night when they defeated Madison, 207-108, in the meet held at Oak Marr Recreation Center. Both teams, Langley and Madison, entered the pivotal district meet with unbeaten 4-0 records. But it was the Saxons who emerged victorious, remaining unbeaten and having the inside track to the regular season title with just a couple of weeks remaining.

The Langley boys, meanwhile, experienced their first loss of the season on Friday when they fell to unbeaten and defending district champion Madison, 200-115. Over their first four meets this season, Langley had beaten McLean, Stone Bridge, Marshall and

Both the Langley girls' and boys' teams will meet South Lakes High this Friday night at Audrey Moore Recreation Center before closing out the regular season the following Friday (Jan. 21) versus Jefferson.

The district championships will be held the weekend of Jan. 28-29 at Audrey Moore.

"We have been having a great season so far," said Langley head coach Ryan Jackson, of both his girls'

Sports Briefs

Langley High's Torrie Zarella has signed a National Letter of Intent to play women's lacrosse for the University of Cincinnati. This is the fourth straight year in which the Langley girls' lacrosse program has seen one or more of its players move on to compete at the NCAA Div. 1 level of collegiate women's lacrosse. A four-year varsity player, Zarella helped the Lady Saxons win their first-ever Northern Region Championship last spring, after Langley had captured the Liberty District tournament title earlier in the postseason.

The McLean 7th grade select boys' basketball team had a spectacular holiday season. First, the locals won the 7th grade Braddock Road Youth Club (BRYC) Thanksgiving Tournament by beating Vienna in the finals. Then, playing up a year, they won the more recent 8th grade **BRYC Holiday Tournament with a finals win** over the Virginia Rapids. Members of the team reside in Vienna, McLean, Great Falls and Falls Church. From left to right: Grant Robinson, Patrick Ryan, Preston Whitman, Jack Coleman, Chris Murphy, Chase Barrand, Coach-Chris Leggett, Andrew Trainer, and Brett Wellde. For more information on the team, contact coach Leggett at chrisleggett@yahoo.com.

and boys' squads.

The Langley squads have received strong leadership from their team captains - Meghan Overend, Karen Schirm, Christy Meyer, Alex Brumas, Chuck Katis, and Trager Metge.

"They have been instrumental in leading the team," said Jackson.

Several Langley swimmers have qualified for the Virginia State Championships postseason meet, which will take place the weekend of Feb. 18-19. For the Langley boys, both Chuck Katis and Ryan Natal have earned seedings at states - Katis in the 200-IM, 100-back, 100-free and 100-breastroke events; and Natal in the 100-fly, 50-free, 100-free and 200-free events. The boys' 200-medley relay is also a state

Meanwhile, on the girls' side, three Saxon relays the 200-medley, 200-free and 400-free - have earned state qualifications. Individual girls to earn state bids thus far have been Jayme Katis (200-IM) and Abi Speers (50 and 100-free races).

NUMEROUS SAXON swimmers have locked up seedings for the Northern Region Championships, which will take place the weekend of Feb. 3-5 at Oak Marr Recreation Center.

Chuck Katis has qualified to compete in the 200-IM, 100-back, 100-free and 100-breastroke events at regionals, while Natal has qualified in the 200free, 100-fly, 50-free and 100-free races.

For the Langley girls, region qualifiers include Jayme Katis in the 200-IM, 100-free, 200-free; Meghan Overend in the 50-free, 100-fly, 100-back, 100-free, 200- free; Karen Schirm in the 100-breaststroke; Abi Speers in the 50-free, 100-free, 200-IM; and Allie Zeidan in the 200-free.



PHOTO COURTESY/LANGLEY HIGH

Torrie Zarella (center) of Langley High School will play women's lacrosse at the University of Cincinnati next school year.





Jayme and Chuck Katis

'Wonder Twins' Move On

Chuck Katis will swim at Harvard, Jayme at Virginia Tech.

angley High's "Wonder Twins," Chuck and Jayme Katis, have gone crimson and maroon - with Chuck committing to swim at Harvard and Jayme at Virginia

The buzz of an alarm wakes them while all-nighter sessions are shutting down. In order to give themselves time to stretch, eat, and change before beginning practice at 4:50 a.m., the Katis twins - Chuck and Jayme, both Langley High seniors - set their clocks to sound as early as 4:10 on Monday and Friday mornings, not to mention three hour daily training sessions immediately following the school dismissal bell - a sound which normally signifies freedom to most other high school students.

Nevertheless, the twins have been honing their focused regiment for more than 10 years; they started swimming when they were only six and slowly transitioned into year-round swimmers, starting at the age of seven, while playing other sports including ice-hockey and

Within the past year, they have contributed substantially to both the Langley High swim bridge, Mass.) in the spring, team and to their USA club team, Curl Burke.

The twins both served on national high school record setting relays, albeit in different strokes. Furthermore, while

Chuck was given the opportunity to represent the United States in Ireland at the 2010 Irish Nationals, Jayme held lifetime best times at the 2010 USA Speedo Super Sectionals meet in Buffalo over the summer, aiding Curl Burke's victory at the national competition.

Despite common assumptions that twins are generally similar, if not identical, in social aspects of life, Chuck and Jayme are more different than their common sports interests and abilities seem to imply. This especially resonates with them and their mother as their college years approach - the prospects of their separate ways loom ahead. However, their athletic and academic strengths have made the normal college search more inviting and much quicker. The twins were encouraged by coaches to complete their college applications prior to the start of the school year, before many students had considered where they wished to apply, and later took recruiting trips to the schools which most interested them.

In the end, Chuck committed to swim at Harvard (Caminspired by the surrounding city's energy, while Jayme decided to remain in her native Virginia and compete for the burgeoning swim program at Virginia Tech.

Home Life Style Elegant and Efficient

Less is more as homeowners seek higher quality in smaller spaces.

> By Joshua Baker, president, BOWA Special to the Connection

oday's homeowners are much more informed and educated about what they want in a home. Travel, home shows, the internet and a greater focus on the importance of transforming a house into a home, have led homeowners to be very particular about what renovations they do and how they go about them.

No longer are people limited to cookiecutter plans from a builder selecting little more than the color of the tile or carpets. Instead today's homeowners have embraced the idea of actively participating in determining customized solutions that will best suit their family's needs, wants and lifestyle.

Here are remodeling trends that BOWA Builders predicts for 2011.



Josh Baker, president of BOWA **Builders.**

2011 Trends

The trend to smaller, higher quality spaces continues as many local residents discover that what they need is not more space, but better space. Often when talking with clients about possible projects we find that making a home larger is not the answer to their concerns. The problem is the bulk of



This Great Falls renovation reconfigured existing space to provide a family and entertainment friendly space in the family room and kitchen.

the existing homes in our area were not designed for the way we live today. Small, compartmented rooms, a kitchen that is meant to be occupied by two or three people at most and formal rooms that separate the family from each other are no longer the types of spaces families' desire. As a result today's home remodeling projects often focus on reconfiguring, opening up and otherwise improving existing spaces to better suit the way today's families live, play and entertain. Because many BOWA clients lead hectic schedules outside of the home, they continue to trend toward remodeling projects that create highly usable, comfortable living spaces in their home. Families want practical and appropriate spaces in their home retreats because they treasure their time there.

KITCHENS - TRANSFORMA-TION BY DESIGN Kitchens are the social center of our homes and need **PROJECTS - SMALLER AND BETTER** to accommodate a myriad of uses. While sometimes the solution is adding square footage, particularly in homes built 30 or more years ago, frequently the solution lies in rethinking the layout and improving the connection to surrounding spaces, both interior and exterior. In



A sophisticated media room renovation in McLean allows for much more than viewing

one BOWA project, the wall separating the formal dining room from the kitchen was removed completely, creating a spacious casual kitchen. The new expanded eating area was a much improved use of the families existing space, and is now consistent with their lifestyle and priorities.

THEATERS - AS LIVING SPACES

Media rooms have become more and more prevalent as families look for ways to incorporate the latest technology into their homes and lives. While these rooms began as home theaters they are evolving to fit many more aspects of family life. No longer is their sole purpose to showcase a movie while the audience sits quietly in the dark in rows of comfortable seating. Incorporating theater seating with lounge seating and counter space provides an opportunity to socialize with friends during the game or gather the family on a weekday evening. After a recent BOWA renovation, the theater is now used each evening as the family relaxes together with their own focus or project.

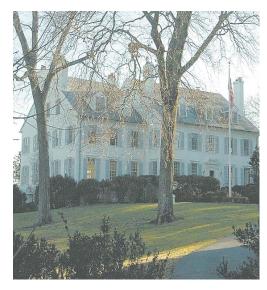
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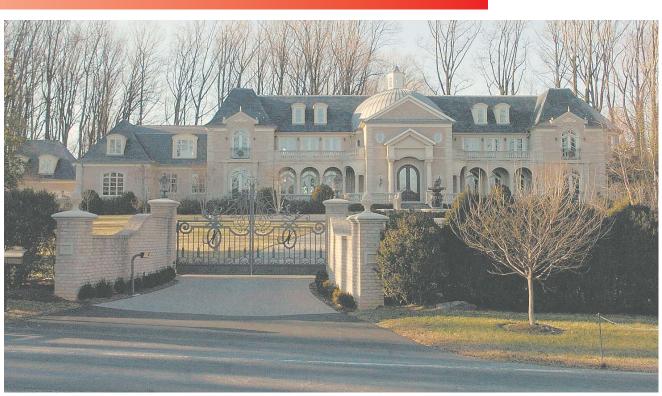
Fairfax County REAL ESTATE

Top Sales

A look at some of the top sales of 2010



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Home Life Style

Top 8

Home design and remodeling trends for 2011.

ase Design and Remodelng identified what they believe will be the the top eight trends in home design and remodeling for 2011. Based on emerging industry developments and customer requests, the list was compiled by Bill Millholland, executive vice president at Case.

- **1. LED or compact fluorescent (CFL) lighting** Homeowners are moving away from incandescent fixtures toward more energy-efficient choices such as LED and CFL bulbs.
- 2. High-quality synthetic materials for home exteriors Synthetic materials such as Hardie Plank siding and PVC trim pieces mimic the look of natural materials like wood, but are much more durable and better able to withstand climate changes.
- **3. Large format bathroom tiles** Smaller square tiles are being replaced with tiles measuring 12" x 12" or larger, as well as non-square shapes (12" x 18"), producing flooring and walls that showcase more tile and fewer grout lines.
- **4. Multiple finishes on kitchen cabinetry** Complementary multiple stains and a mix of painted and stained finishes on cabinetry enables homeowners to escape the look and feel of a "cookie cutter" kitchen where all surfaces match.
- 5. Screened porches Homeowners are extending their living areas with screened porches that allow them to enjoy the outdoors throughout the year without the nuisance of insects.
- **6. "Furniture-like" detailing in kitchens** Varied cabinet and counter heights, distressed finishes and furniture-style toe kicks provide visual interest and help eliminate the "component" look of many kitchen cabinet designs.
- **7. Heated bathroom flooring** Heated mats underneath bathroom flooring tiles provide radiant heat that is proven to keep homeowners warmer than forced-air heating systems, helping to save on energy costs.



With drawer inserts for cutlery, spices or dividers, homeowners are making better use of every available space within their kitchens, as in this McLean kitchen renovated by Case Design and Remodeling.

8. Kitchen cabinet accessories – With drawer inserts for cutlery, spices or dividers, homeowners are making better use of every available space within their kitchens.

"The remodeling industry is poised for substantive growth in 2011 due to the number of options available to homeowners wanting to revive their living spaces," said Millholland.

For more, see CaseDesign.com or call 800-513-2250.

Elegant and Efficient

From Page 11

ments for homes change as the family grows and matures. Often what worked wonderfully when a couple is starting out with small children is no longer the best option as everyone gets older and schedules, hobbies and family dynamics evolve. Many families find that they decide to complete multiple projects during the life of the home. In other cases it just makes sense to phase projects to minimize interruption or spread the costs over time. Year after year, a number of BOWA clients return to us ready to take on the next phase of their home remodeling projects. For one local family, BOWA recently completed its fifth project including a family room expansion, a master suite addition and garage, a guest suite renovation, kids' bath renovations, and an exterior make-over.

HIGH PERFORMANCE HOMES For some homeowners the desire to be "green" and minimize

their impact on the environment will drive them to investigate new available options, such as high-efficiency windows. For others it is the desire to reduce the costs of maintaining a home. For still others it is to reduce the contaminants that may exist in our homes. Today's answers to these issues can be flaunted in the design of a renovation or seamlessly incorporated into a home without compromising the integrity of the design. Whatever the goal, we recommend to all BOWA clients that they consider having an energy audit completed on their home before undergoing any renovations. The resulting report will pinpoint many small changes that can drastically improve a home's performance. Often these items can be incorporated into the planned renovation without driving substantial cost increases. These can include adding insulation in unseen gaps in the home envelope, changing the means of heating water or updating out-moded appliances and equipment.

For more, see www.bowa.com.

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Kathryn Peyton (fourth from left) with one of her IB economics classes.

Marshall High Teacher Honored

Kathryn Peyton named Virginia's 2010 Outstanding **Economic Educator** of the Year.

> BY MIRIAM MCPHIE The Connection

hree years ago, Kathryn Peyton be gan teaching at George C. Marshall High School and promptly started pushing for the school to offer International Baccalaureate (IB) classes in economics. Her interest in teaching economics sprung from years of putting her MBA to use in the professional business world. Last year, her hard work paid off when students began to enroll in the first IB Economics class Fairfax County Public Schools had seen in several years. She was recently rewarded for her efforts by being named Virginia's 2010 Outstanding Economic Educator of the Year.

Marshall is currently the only school in Fairfax County that offers IB Economics, though Peyton hopes more IB schools will follow Marshall's example soon. By next fall, all Virginia high schools will require students to take an economics class before graduation.

"Kids want to take econ," Peyton says, "and the current economic situation in our country provides the best lab." She encourages her students to keep up-to-date on the nation's financial conditions and to think critically about all the information presented to them.

Several schools in the area that provide Advanced Placement courses have economics classes, which Peyton explained are similar to the International Baccalaureate class. "The difference lies in where their focus is," Peyton notes. "AP economics focuses primarily on domestic and micro level matters, while our IB economics looks at both domestic and international issues."

Because IB does stress an emphasis on global topics, Peyton makes sure her students are aware of the financial situations in other regions of the world, particularly third world countries. Many of her lessons are interactive, such as having her students figure out ways they would balance our national budget and showing them videos of foreign sweatshops.

Peyton was nominated by Kurt Waters, the high school Social Studies Specialist for Fairfax County Public Schools. He said that while there are a great number of very strong economics teachers in Fairfax County, Peyton came immediately to mind this year.

"She has worked in the business industry and brings a lot of relevant perspectives to her teaching," Waters said.

Peyton is currently working to develop new lesson plans and creative ways to teach the course, which she hopes will make it easier for teachers to approach some of the more difficult content.

SCHOOL NOTES

Send School Notes mclean@connectionnewspapers.com. Deadline is Friday.

Whole Foods of Tysons will host a demonstration at Chesterbrook Elementary with Chef Matt Finarelli on Jan. 20, 5 p.m. Finarelli create a healthy lunch box and demonstrate how to make a nutritious meal for children. Samples and recipes

Whole Foods, 7511 Leesburg Pike, Falls Church. Claire.Montaut@WholeFoods.com.

McLean residents **Jun Woo Choi, Nathaniel** Eliason and Andrew Kwon were named to the fall 2010 dean's list at Choate Rosemary Hall. Choi

is the son of Mr. and Mrs. Byung Wook Choi and So Yeon Lee, Eliason is the son of Randall Dean Eliason and Cherie Renee Kiser, and Kwon is the son of Mr. and Mrs. Goohoon Kwon

McLean residents Gregory R. Epremian and Meaghan E. Gilmore have been named to the fall 2010 dean's list at Bucknell University of Lewisburg, Pa. Epremian is the son of Jeffrey and Annette Epremian, and Gilmore is the daughter of Shaun and Lynn Gilmore.

Gillian Eiserman of McLean has been named to the fall 2010 dean's list at Bridgewater College of Bridgewater, Va. Eiserman is a freshman majoring in business administration.

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21 Announcements 21 Announcements

Notice to Father

To: "Unknown Father" and to all interested persons: You are hereby notified that a guardianship case has been filed in the Circuit Court for Montgomery County, Case No. 15746A. All persons who believe themselves to be parents of a male child born on November 18, 2010 in Rockville, Maryland to Malaika Olivia Agwa (born June 24, 1989) and to "Unknown Father' (name and date of birth unknown), shall file a writter response. A copy of the show cause order may be obtained from the clerk's office at the Circuit Court for Montgomery County, Maryland, 50 Maryland Avenue, Rockville, Maryland 20850 and telephone number: 240-777-9422. If you do not file a written objection within 30 days from the later of (A) the date that this Notice is published in a newspaper or (B) the last day that this Notice is published on the Maryland Department of Human Resources website, you will have agreed to the perma nent loss of your parental rights to this child.

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21 Announcements 21 Announcements

LEGAL NOTICE

AT&T Mobility, LLC is proposing to modify an existing wirele telecommunications facility on an existing hotel located at 1401 Lee Hwy, Arlington, VA. Three new LTE antennas, one per sector, will be installed at heights of 130 feet, 133 feet and 137 feet on the roof. Two radio heads will be added per sector (6 total), and new equipment cabinets will be placed on the roof-top equipment platform. Any interested party wishing to submit comments regarding the potential effects the proposed facility may have on any historic property may do so by sending such comments to: Project 61107409-MAT c/o EBI Consulting, EBI Consulting, 6876 Susquehanna Trail South, York, PA 17403 or ia telephone at (781) 273-2500.

21 Announcements 21 Announcements

In Re: Adoption of Baby Girl Tort, a minor , No A076 of 2010 ir the Orphans' Court Division of the Court of Common Pleas of Allegheny County, Pennsylvania. To: "Dave" The Unknown Natural Father of Baby Girl Tort, who was born on May 29 2010, in Pittsburgh, Allegheny County, Pennsylvania. A Petition has been filed asking the Court to put an end to all rights you have to the child, Baby Girl Tort. That hearing will be held in Orphans' Court, 1700 Frick Building, 437 Grant Street, Pittsburgh, Pennsylvania, 15219 on **Wednesday, February 16**, **2011, at 1:30pm.** You are warned that even if you fail to appear at the scheduled hearing, the hearing will go on without you and your rights to the child may be ended by the Court without your being present. You have the right to be represent ed at the hearing by a lawyer. You should take this paper to your lawyer at once. If you do not have a lawyer or cannot aflawyer, go to or telephone the office set forth find out where you can get legal help. If you cannot afford to hire a lawyer, please advise the office of that when you tele-

LAWYER REFERRAL SERVICE, The Allegheny County Bar Association, 11th floor, Koppers Building, 436 7th Avenue, Pittsburgh, PA 15219 412-261-5555.
DEBORAH L. LESKO, Esquire, attorney for Petitioner, 373 Va-

nadium Road, Pittsburgh, Pennsylvania 15243. 412-276-4200

Of Maximum **Importance**



By KENNETH B. LOURIE

By the time this column prints on Jan. 12, 2011, I will have met with my oncologist and discussed the results of my end-of-December scans. Given the Jan. 5, 2011 due date of this column however (as was the case with last week's column), it is being written and submitted for copy-editing consideration before the Jan. 7, 2011 appointment with my oncologist will actually have occurred. Ergo the continuing uncertainty.

This kind of waiting and wondering and mind-racing-out-of-control is nothing new for me, nor is it for any patient, terminal or otherwise, who is scanned/X-Raved and/or examined regularly (women waiting for the results of a mammogram certainly come to mind). And though I don't think I feel any differently (meaning symptomatic/worse), I do feel something. And that something is inevitability. Consider the fact that my oncologist initially told Team Lourie back on Feb. 27, 2009 that I had 13 months to two years to live and Feb. 27, 2011 (the end of that two years) is merely six weeks away, and I'm sure you can imagine the calendarwatching I'm obsessing on.

And as much as I want to, try to, ignore that original prognosis (I hesitate to characterize it as fact since medicine is, after all, a science; it's not arithmetic), it is nearly impossible to do so. Moreover, I have made many changes in my life since first receiving my cancer diagnosis, and they, presumably, along with my attitude, have served me well and likely enabled me to maintain an atypical quality of life (for a terminal patient, I mean) and to outlive that original prognosis. However, as a long-time salesman, I can't shake one of the adages that many of us have learned to live by: "Waiting for the other shoe to drop." Meaning, something negative is lurking - which you can't control. And the corollary to that adage/attitude is inevitability: the longer the news is positive, the closer it gets to being negative. (Or for non-terminal salespersons – in general: "Every 'No' is one step closer to a 'Yes.'"

Not that I'm depressed or on any kind of mental slide, it's more that I'm living a very time-sensitive existence, according to my oncologist. And having been diagnosed with stage IV lung cancer which, generally speaking, doesn't go away, and in my case is inoperable to boot, doesn't exactly enhance what quality of what life you do have. So minimizing anything that is happening to me: symptom-wise, diagnosis-to-date-wise or plain old words-to-the-wise-wise, is challenging to say the least; and the bane of that existence to say the most.

But what else is new? Nothing! This recurring quarterly cycle is of course familiar to me – at this juncture, and comfortable, sort of. I go to the same places, see the same people, follow the same routine. And for me, "same" is good as is "familiar." It lessens the impact and eliminates any of the awkwardness. All of which contributes to managing stress – and stress, as I've been repeatedly told, especially as it effects terminal/ cancer patients, is a killer (literally and figuratively). And since being the exception that proves the rule has been my mantra, I am happy to find a path of less resistance. Still, knowing what I know and doing

what I do, doesn't make life any easier, it just doesn't make it more difficult than it already is. And simplifying the cancer tasks (as well as most others, if you want to know the truth) is my goal, because I've reached a point where I can no longer be bothered. I'm already bothered enough.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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Entertainment

Send announcements to mclean@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com

THURSDAY/JAN. 13

Jammin' Java's Mid-Atlantic Band Battle IV. 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

International Guitar Night. 8 p.m.
Wolf Trap Foundation for the
Performing Arts, 1624 Trap Road,
Vienna. With Clive Carroll, Alexandre
Gismonti, Pino Forastiere and
International Guitar Night (IGN)
founder Brian Gore. \$25.
www.wolftrap.org.

FRIDAY/JAN. 14

The OK Corral CD Release. 6:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

"The Drowsy Chaperone." 8 p.m. McLean Community Center Alden Theatre, 1234 Ingleside Ave., McLean. Glamorous brides, tapdancing groomsmen and more. \$17-\$19. 703-790-9223 or www.mcleanplayers.org.

The Peabody Trio. 8 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. Chamber music. \$35. Wolftrap.org.

SATURDAY/JAN. 15

Sing Me Insomnia and Struan Shields at 6 p.m., JAMuary, Box & Won, Venise and Empuls at 10 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com. Fairfax Symphony Orchestra. 8 p.m. at the George Mason University Center for the Arts Concert Hall, 4400 University Drive, Fairfax. Tickets \$25-\$55, available at 888-945-2468 or cfa.gmu.edu.

945-2468 or cfa.gmu.edu. **The Mary Ann Redmond Band.** 8 p.m. 1st Stage Theater, 1524 Spring Hill Road, McLean. Heartfelt ballads and funky tunes. \$20. 703-854-1856

or www.1ststagetysons.org.

"The Drowsy Chaperone." 8 p.m.

McLean Community Center Alden
Theatre, 1234 Ingleside Ave.,
McLean. Glamorous brides, tapdancing groomsmen and more. \$17\$19. 703-790-9223 or
www.mcleanplayers.org.

Buskin & Batteau. 7:30 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. Folk duo. \$22. Wolftrap.org.

SUNDAY/JAN. 16

"The Drowsy Chaperone." 3 p.m. McLean Community Center Alden Theatre, 1234 Ingleside Ave., McLean. Glamorous brides, tapdancing groomsmen and more. \$17-\$19. 703-790-9223 or www.mcleanplayers.org.

In Layman Terms and Holly Montgomery at 1:30 p.m. and McTwist CD Release, Action Item and The Dukes at 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

MONDAY/JAN. 17

The Toasters (30th Anniversary Tour) with Alma Tropicalia and Ugly. 7:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

TUESDAY/JAN. 18

Mystery Book Discussion. 6:30 p.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Please join the mystery book discussion group. Call for title. Adults. 703-790-8088.

Understudies, Punch Drunk Poets, Forever The Win, Caryn Server, Ethan Douglas, Treble Lifter and Chaotika. 6:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

WEDNESDAY/JAN. 19

Travelogue: Voyaging Alaska's
Inside Passages. 7:30 p.m. McLean
Community Center Alden Theatre,
1234 Ingleside Ave., McLean.
Preceded by a cooking demonstration
of Alaskan cuisine at 6:30 p.m.
sabrina.anwah@fairfaxcounty.gov.

Organ Recital by Russell

Weismann. 1 p.m. Saint Luke Parish, 7001 Georgetown Pike, McLean. Weismann is university organist and director of music and liturgy at Georgetown University. Free and open to the public. 703-356-0670 or www.musicinmclean.org.

Book Discussion Group. 10:30 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Call for title. Adults. 703-757-8560.

American Antique Arts

Association. 10 a.m. McLean Community Center, 1234 Ingleside Ave., McLean. "Oriental Rugs, History, Care and Conservation" by John Ayoub. pauljoanl@cox.net or 703-532-0280.

SEE ENTERTAINMENT, PAGE 15



Duane Monahan, playing Robert Martin, dances with Claire O'Brien, who plays his fiance Janet van der Graaf in "The Drowsy Chaperone" at the McLean Community Center Alden Theatre, 1234 Ingleside Ave., McLean, Jan. 14-29, Fridays and Saturdays at 8 p.m., Sunday at 3 p.m. A musical comedy with glamorous brides, tap-dancing groomsmen and more. Tickets are \$17-\$19 with group rates available. 703-790-9223 or www.mcleanplayers.org.

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Entertainment

From Page 14

Pierce Pettis and Grace Pettis. 7:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

THURSDAY/JAN. 20

Artist's Reception. 7-9 p.m. McLean Project for the Arts, 1234 Ingleside Ave., McLean. Paintings by Deborah Addison Coburn. Mpaart.org.

Warm Up to a Good Story. 10:30 a.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Stories and activities. Age 3-5 with adult. 703-293-6227

Afternoon Reading Group. 1 p.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Water for Elephants by Sarah Gruen. Adults. 703-293-6227

Book Discussion Group. 7:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Call for title. Adults. 703-757-8560. **OK Book Discussion.** 7 p.m. Oakton

Library, 10304 Lynnhaven Place, Oakton. People of the Book by Geraldine Brooks. Adults. 703-242-

Schiavone, We Were Kings and My **Radio.** 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. jamminjava.com.

FRIDAY/JAN. 21

"The Drowsy Chaperone." 8 p.m. McLean Community Center Alden Theatre, 1234 Ingleside Ave., McLean. Glamorous brides, tapdancing groomsmen and more. \$17-\$19. 703-790-9223 or www.mcleanplayers.org.

"Our Town". 7:30 p.m. James Madison High School, 2500 James Madison Drive, Vienna. Small town residents find love and learn about life. \$5. madisondrama.com.

BULLETIN BOARD

To have community events listed in the Connection, send to mclean@ connectionnewspapers.com. Deadline

THURSDAY/JAN. 13

Shepherd's Center of Oakton-Vienna Adventures in Learning Open House and Registration. 10 a.m.-12 p.m. Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton. Registration for classes Jan. 20-March 17 (no class Feb. 17). \$40 for the 8-week session. For a list of classes call 703-281-0538.

Building Your Self Esteem. 6 p.m. The Women's Center, Room 32,127 Park St., N.E., Vienna. Explore techniques to help build self-esteem and develop a more positive self-identity. Hosted by The Women's Center. Thursdays through Feb. 10. \$100 nonmembers, \$90 members. Register at www.thewomenscenter.org or 703-281-2657

Vienna-Tysons Regional **Chamber of Commerce Board Installation**

Luncheon. 11:30 a.m Maggiano's Restaurant, 2001 International Drive, McLean. \$40 members, \$50 non-members. Vtrcc.org.

SATURDAY/JAN. 15

Town Hall Meeting. 10 a.m. McLean Community Center, 1234 Ingleside Ave., McLean, With Delegate Barbara J. Comstock, State Senator Janet Howell and Delegate Jim Scott. emarsh@delegatecomstock.com.

Joint Program of McLean and

Great Falls Historical Societies. 2 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. Georgetown Pike: Virginia's first Scenic & Historic Byway, by Tanya Beauchamp and Christopher H Marston. Free. 703-759-3108 or gfhs.org.

MONDAY/JAN. 17

Give Together: A Family

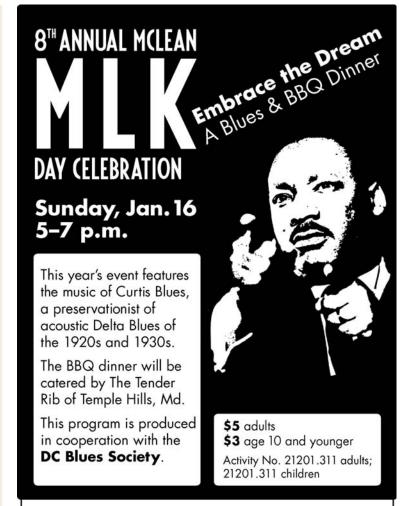
Volunteer Day. Dewberry Hall in the Johnson Center, George Mason University, 4400 University Drive, Fairfax. Volunteer Fairfax is calling all families to volunteer, in conjunction with the Martin Luther King, Jr. Day of Service. Projects are most appropriate to elementary school aged children, but can be completed by younger children with adult supervision. Service projects will benefit FACETS, Fairfax 4-H, Herndon Senior Center, the Jewish Community Center of Northern Virginia, Operation Military Kids and the Orphan Foundation of America. Register at 703-246-3826 or www.volunteerfairfax.org.

Martin Luther King, Jr. Day basketball clinic at The Potomac School in McLean from 9 a.m.-12 noon. Open to boys and girls of all ages. Cost: \$50. Email katie@gametimeskills.com for more information.

TUESDAY/JAN. 18

Stroke and Osteoporosis

Screenings. Beginning at 9 a.m. at Trinity United Methodist Church, 1205 Dolley Madison Blvd., McLean. Bone density, cardiovascular and more. Packages from \$139. Registration required at 1-877-237-1287 or www.lifelinescreening.com.

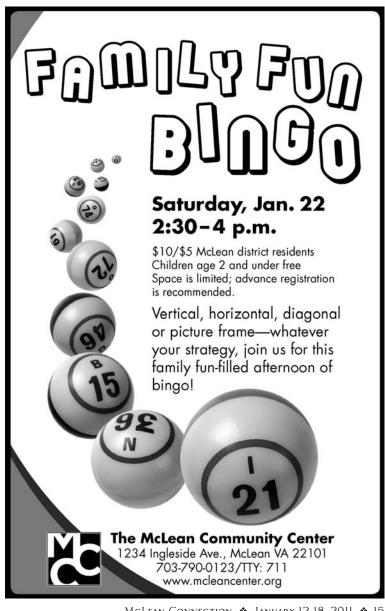


The McLean Community Center

1234 Ingleside Ave., McLean VA 22101 703-790-0123/TTY: 711

Registration is available online at www.mcleancenter.org





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