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WINTER FIIN



Cub Scout Pack 321 from Bull Run Elementary School haul their Klondike Sled. The sleds are designed and built by the scouts, and stocked with a variety of supplies. All sleds were judged on numerous criterion, including their design and whether they were appropriately outfitted.

Klondike Derby: Ice Station Zebra

B oy Scouts, Webelos and Cub Scouts of the Sully District celebrated the heritage of the Klondike Gold Rush by holding their 16th Annual Klondike Derby at Camp Snyder in Haymarket last weekend. In appropriately cold weather, 190 Scouts "faced the challenges of the Klondike Trail" by building and

stocking sleds, camping out two nights, and testing their skills at numerous stations. Although the weekend lacked the snow of the Klondike, the arctic temperatures tested the scouts' preparedness and provided them with a unique - and, judging by the smiles and laughter — fun experience.



Jared Gruber of Boy Scout Troop 1137 at Colin Powel Elementary School gives an Air Rifle safety lecture to Boy Scout Troop 2 from St. Andrew's Lutheran Church of Centreville.



Mitch Berninger, Caleb Judkins, Junsung Na and Joshua Judkins of Boy Scout Troop 893 Panther Patrol of Centerville, move their sled.



From left: David Sheftel, Will Sutton (kneeling) Chris Badger, David Caccivio, and Garrett Kim of Cub Scout Pack 1684 from Virginia Run wait to see how long it takes to boil a can of water in the fire they www.ConnectionNewspapers.com

Encore To Perform at Dance Gala

Variety of styles presented at show.

By Bonnie Hobbs Centre View

hen the Fairfax County Dance Coalition (FCDC) formed in 2008, it was mainly to advise NOVA's Annandale campus on its stage renovations. But it decided to take things a step further.

"We have a lot of excellent dancers trained in Fairfax County, but they go elsewhere for careers because there's nothing here for them," said FCDC President Sherri Shortell. "So we want to make this county a place where they can work; we want Fairfax County to become a center of dance excellence.'

Toward that end, the Coalition is holding its hold its first annual gala, "A Celebration of Dance," Saturday, Jan. 29, at 8 p.m., and Sunday, Jan. 30, at 2 p.m., in the theater of NOVA'S Annandale Campus at at 8333 Little River Turnpike.

"We're trying to let the general public know there are professional dancers and dance companies right here," said Shortell. "So we thought the best way to do that was to have a performance."

Tickets are \$15 in advance and \$18 at the door. To buy them, or for more information, visit www.dancefairfax-gala.org, or contact any of the participating dance organizations.

Encore Theatrical Arts Project - comprised mainly of students attending schools in Centreville and Chantilly — is one of nine companies that will be performing. And director and choreographer Raynor van der Merwe says her dancers can hardly wait.

"They're excited to interact with other performers that share a common love for dance," she said. "This builds a network not just for us directors and choreographers to come together — but for the dancers, as well."

Fifteen Encore dancers total will perform three routines in the show. "They're all jazz numbers, but each has a different feel," said van der Merwe.

Wearing black-and-red costumes, they'll dance to the song, "Too Darn Hot," from the Broadway musical, "Kiss me, Kate." Said van der Merwe: "It's a bluesy, jazz number that builds up to a really high energy at the

For an uptempo number called "People Magazine" from the Broadway show, "The Life," the dancers will be adorned in red, fur hats with red dresses and gloves.

Encore will also dance to "Rhythm of Life" from the show, "Sweet Charity." And for this number, all the performers will wear different outfits and styles in various shades of green and black.

DESCRIBING THIS SONG as a "very athletic, technically challenging, dance piece,"



Photos courtesy of Linda Helms



Encore performers dance to the "Rhythm of Life" from the Broadway show, "Sweet Charity."

van der Merwe says it should really grab the audience's attention. "The music builds to a huge crescendo at the end," she said. "When the music reaches it, it makes you hold your breath."

The Encore dancers have been rehearsing for the gala since December; they've performed "People Magazine" and "Rhythm of Life" before, but van der Merwe choreographed "Too Darn Hot" specifically for this

"This is a wonderful opportunity for dance companies from this area to come together, be supportive of this whole art form and perform united on one stage," she said. "We all have the common goal of sharing the arts and our love of dance."

"We're a very eclectic group, with dance styles ranging from ballet to contemporary, jazz, hip hop, Indian and tap."

— Fairfax County Dance Coalition President **Sherri Shortell**

> Van der Merwe said Encore's rehearsals for the show are "coming along really nicely. There's always an excitement when there's a performance around the corner. The girls come to classes and rehearse all the time, but there's nothing quite like stepping on that stage."

The other companies participating this weekend include: BalletNova, Classical Ballet Theatre, Dancin' Unlimited Jazz Dance Co., Dream in Color Foundation - Impact Dance Co., Lasya Dance Co., The Ballet Arts Ensemble of Fairfax, Center Stage Dance Co. and the Virginia Ballet Co.

"We're a very eclectic group, with dance styles ranging from ballet to contemporary, jazz, hip hop, Indian and tap," said Shortell. "It's a great show - there's definitely something for everybody. A lot of us haven't seen what the other groups are doing, yet, so it'll be exciting to discover what everyone else is bringing to the table."

EACH COMPANY has 10 minutes to perform. The dance companies are all nonprofits, so the Coalition is currently trying to find affordable, local venues available for their performances. Said Shortell, "We'd ultimately like to build a performingarts center somewhere in Fairfax County.' Meanwhile, they're looking forward to the upcoming gala.

"All the directors have worked hard together to put this on - it's been wonderful," said Shortell. "Instead of being competitive, it's really been inspirational and a joy working with them. And this way, all of us get to introduce our students to each other's styles; I'm so glad I'm involved. It's going to be an excellent show; I hope people will come see what Fairfax County has to offer."

OPINION

General Assembly Gets Down to Business

By Dave Marsden State Senator (D-37)

his week is typically the busiest week of the session and it did not disappoint. Each day consisted of more than 20 events, meetings and legislative hearings.

I spent a great deal of time rewriting bills I had previously introduced to meet the needs of various individuals and groups who wanted to improve the bill or ensure that it did not have unintended consequences. Lobbyists and representatives of non-profit public interest groups were very helpful in doing some of the

RICHMOND DIARY

work while my staff, legislative services (who wrote the initial drafts) and I were in constant communication to ensure that the bills did what was in-

tended. Sounds easy but language is a funny thing, it can have unintended meanings or trigger conflicts with other parts of the Code of Virginia. The result was two successful bills getting through committee.

The first successful bill dealt with rewriting the code to clarify the services and placements available to foster care youth who could not be returned home or placed with relatives (kinship care). Five agencies and individuals were involved in discussions over several days to get

The second successful bill was passed easily



in my Local Government Committee, but now, the Virginia Association of Counties (VACO) wants to amend the bill on the floor of the Senate. It does not look like we can agree or work something out. Compromise is not always possible. The bill will not work

if I amend it the way they would like. I have to fix this by Monday or the bill gets voted on as is. Perhaps the House of Delegates will see it VACO's way when the bill is sent over there and amend it accordingly. This will create a difference in the Senate version of the bill and the House version. A conference committee of delegates and senators will then be appointed to resolve the differences. If they cannot agree, the bill will die.

My defeat this week was an attempt to reimburse the State Police for costs they incur for records they reproduce for attorneys as a result of civil subpoenas they have filed. Attorneys and their clients would have to pay for what they now get for free. The Courts of Justice Committee is made up of attorneys, so this bill was killed. Not surprising.

The most interesting issue brought to my attention this week was that automobile dealers can be required to renovate and modernize their facilities by auto manufacturers. Fair enough, but they also require the dealers to use renovation construction materials from vendors the manufacturers have chosen. These are often from overseas firms that have charged up to five times more than U.S. suppliers. This has to stop. We need to create law that gives our auto dealers the right to meet the requirements of manufacturers through U.S. (Virginia?) suppliers that will help reduce renovation costs, support jobs here at home and keep the costs of cars down.

I also met this week with groups and individuals concerned about insurance coverage for children diagnosed with Autism Spectrum Disorder. I support requiring Virginia insurance companies to provide this coverage so that Virginia's children can receive treatment prior to starting school. This will give them the best chance to succeed in the classroom and to live independent and productive lives as they grow up. I have introduced a bill this year to allow parents or grandparents of children diagnosed with autism or a developmental disability to create a third party trust that would allow \$2,000 tax deduction per year from taxable state income to provide for respite care and other needs as the child gets older. We provide these incentives for college savings, why not for these young people and their families who are in such great need?

The controversial bills will start coming before legislative committees this week. A lot of darned if you do ... darned if you don't votes will take place. Will update you next week.

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A Connection Newspaper

LETTER

Support New License Plate

To the Editor:

We would like the community to be aware of the "In Remembrance, April 16, 2007" license plate that we have requested the Virginia General Assembly to approve. Designed by 2010 Virginia Tech graduate, Zack Madrigal, the plate is simple and elegant. Our intent is to honor the 32 who died and the many who survived that tragic day. Virginia residents can choose to personalize their plates, transfer their existing plate or receive a six-character combination from the Commonwealth.

Many non-profit organizations, the military and colleges have specialized plates. For every license plate that is sold or renewed after the initial 1,000, organizations receive \$15. Such a program allows Virginia residents to not only show their loyalty but to financially support their organization as well.

VTV Family Outreach Foundation is composed of a majority of the family members of the victims and survivors of the April 16, 2007 tragedy at Virginia Tech. Our mission is to promote and advocate

for public safety and security of the nation's colleges and universities, and to provide assistance and services to victims of campus crime and their families.

State Sen. David Marsden of Fairfax County and Del. Luke Torian of Prince William County have graciously offered to patron our bills, SB 804 and HB 2245, respectively.

In order to receive consideration of our request, we must collect a minimum of 350 pre-paid license plate applications.

Information on obtaining the license plate design and application can be found on our website at http://vtvfoundation. wsiefusion.net/license-plates.html Facebook at http:// www.facebook.com and search VTV Family Outreach Foundation.

Please join us in spreading the word so that all who wish to honor the 32 and survivors can have the means to do so.

Joseph Samaha, Michael Pohle, Susan Carney, Jody McQuade, Bev Bluhm, Mike White, Lily Habtu, Uma Loganathan, Suzanne **Grimes and Kavita Suratkal**

The Board of Directors of the VTV Family Outreach Foundation, Centreville



Claire Palmer (left) and **Bonnie Atelsek of Girl Scout Junior Troup 696** from Marshall Road Elementary School in Vienna. learn about acids and bases and how to measure them in liquids.

Science Discovery Badge: Cub Run

of water.

irls from the Girl Scout numerous scientific experiments Marshall Road Elemen-

Junior Troop 696 of on a cold Monday afternoon, working on their Science Discovtary School in Vienna conducted ery Badges at Cub Run RECenter.

Michala Pound, of Girl

Scout Junior Troop 696,

ementary School in Vienna,

learns how dish detergent

affects the surface tension

from Marshall Road El-

Fugitive Centreville Man Returns to Jail

Former coach accused of sexually molesting boys had fled U.S.

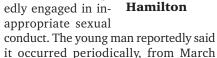
By Bonnie Hobbs CENTRE VIEW

ohn E. Hamilton's day in court has been a long time coming; but now, it looks as if it's finally on the horizon. Hamilton, 39, of Gabrielle Way in Centreville, fled the country before a scheduled, October 2009 court date to answer to charges that he allegedly sexually molested three boys, years ago, when he was their baseball coach.

Authorities apprehended him in Poland, last summer, but he wasn't officially extradited back to the U.S. until last week. He returned to the Fairfax County Adult Detention Center, last Thursday night, Jan. 20, and is being held without bond to guarantee his appearance in court next month.

Police first arrested Hamilton, of Centre Ridge, on May 22, 2009, charging him with one count of aggravated sexual battery and three counts of taking indecent liberties with a child by a person in custodial or supervisory relationship.

The alleged victim is now 25, but he reportedly told police that — when he was 12 and Hamilton was a Little League baseball coach for the Fort Hunt Youth Athletic Association Hamilton allegedly engaged in in-



through July of 1997. After Hamilton's arrest, detectives still searched for any other possible victims and, subsequently, two more alleged victims, one now 20, and the other, 29, came forward. And on June 5, 2009, police charged Hamilton with two counts of sodomy.

According to police, the incidents involving the 20-year-old reportedly occurred from October through December 2001. Those involving the 29-year-old allegedly happened from December 1992 until April 1993. At the time, both victims lived in the Hollin Hall area of Mount Vernon. Police say Hamilton coached both of them.

Hamilton never coached youth sports in Centreville. But he once lived in the Belle View area and coached baseball



Hamilton

at Bishop Ireton High School in

Following his arrest in May 2009, Hamilton was initially held in jail without bond, but was later released on \$32,000 bond. On Aug. 17, 2009, the grand jury indicted him on all six of his felony charges, and he was slated to enter his pleas to them, Oct. 7, 2009, in Circuit

However, when he failed to appear, Judge Randy Bellows issued a bench warrant for his arrest and nationwide extradition was approved. But Hamilton stayed on the loose and on the lam for a year and avoided capture until Aug. 25,

He was finally arrested by the Polish Border Guard as he tried crossing into the Czech Republic. Fairfax County police, the U.S. Marshals Service and the U.S. Department of Justice then began the long process of having Hamilton extradited back to the U.S.

Now, some five months later, he's once again on American soil and behind bars. This time, though, he's being denied bond. Hamilton is scheduled to begin a jury trial, March 29, in Circuit Court.

Chiropractors **Enter Guilty** Pleas for Fraud

For 20 years, husband-andwife doctor team Paul J. Curcio and Tammy Lee Cashion, have treated patients together at their Chiropractic Family Health Centre in the Centreville **Square Shopping**



Tammy Lee Cashion and Paul J. Curcio

Center. On Tuesday, they did something else together: Both pleaded guilty in federal court to conspiracy charges in connection with the operation of their business.

Cashion, 48, was convicted of conspiracy to commit health-care fraud and now faces a possible maximum of five years in prison when she's sentenced, April 22. Curcio, 47, was convicted of conspiracy to commit misdemeanor theft and could receive as much as a year behind bars when he's sentenced on April 26. In addition, the Clifton residents may also be ordered to pay full restitution to three health-insurance companies.

SEE CONSPIRACY, PAGE 10



Sue Avino-Dorna and Robert LaTour,

formerly of Creative Cuts in Centreville, are back for an ENCORE in Fairfax! The show has re-opened – our ensemble includes both new and familiar faces – five Master Colorists! Curious? Don't miss the performance!

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News

Some Parenting Advice from the Experts

"Nurture and respect teens, set and enforce rules and listen."

> By Bonnie Hobbs Centre View

t the outset of their talk to local parents of teen-agers, Michele Tureaud, Barbara Cohen and Wanda Holloway made it clear they have firsthand knowledge of their sub-

"Between the three of us, we have nine children," said Tureaud. "We each have two boys and a girl, so we've lived your life."

Speaking recently in the Centreville High media center, they provided information and insight on teen-agers and gave advice on how to parent them. Tureaud is a behavior-intervention instructor with Fairfax Vounty Public Schools' Cluster VII (the Centreville pyramid), and Cohen and Holloway hold the same positions with the McLean and Mount Vernon pyramids, respectively.

"We started these talks, the last school year, for the Parent Resource Center," said Tureaud. "And a lot of our information is based on Michael Bradley's book, 'Yes, Your Teens are Crazy.""

To better understand how to communicate with their teens, she said, parents need to understand where they are neurologically and developmentally. "Living with a 16year-old is a mystery because you never know what to expect, from one day to the next," said Holloway.

Agreeing, Cohen said, "The frontal lobe of a teen-ager's brain isn't fully developed, yet — which is why they sometimes appear crazy to us. So their brains are unpredictable and complicated."

The brain does most of its maturing between ages 12-20, she said; it's not fully developed before age 25. "Having this information helps us understand why they're behaving as they are, so we shouldn't take it so seriously or personally. It has nothing to do with our parenting skills."

From left are Fairfax **County Public** Schools behaviorintervention specialists Wanda Holloway, Michele Tureaud and Barbara Cohen.

control and risk-taking.

THEREFORE, explained Cohen, teen-age

behavior is often characterized by the fol-

lowing elements: A lack of common sense,

thinking that seems rigid; decisions that

seem irrational, disorganization, impulsive-

ness, mood changes, inadequate emotional

behaviors at once, or change from one to

another, in the blink of an eye," said

Tureaud. "At parties, your kids are going to

be faced with stress, decision-making and

peer pressure. So, as parents, you have to

make sure they know what is right."

"So our kids will demonstrate all these



"Listen to your children, even as they're shouting."

- Michele Tureaud, Behavior Interven-

She said barriers to communication include parents criticizing their teens and interrupting them. "Let them have their say, and really listen to them," said Cohen. "Another barrier is asserting your power by saying things like, 'Because I'm the mother' or 'I forbid you."

ASKING TOO MANY questions all at once, instead of one, general question, also causes problems. A better tactic is to casually pose questions to teens while driving them somewhere in the car. "You're both relaxed then and it's non-threatening," said

Tureaud also warned parents to be aware of their body language, such as having closed arms. "Communication is composed of words, tone of voice and body language," she said. "Give your children 'I' messages, such as 'I feel [this way] when you [do that],' so they're not on the defensive."

From the audience, a mom who said she and her teen have a good relationship noted that, when talking to her child, she thinks to herself, "Would I talk that way to my husband or boss, or if this wasn't my child?" Pleased, Holloway said that shows the importance of treating teen-agers with dignity

and respect.

"Probably nine out of 10 things that kids do each day are great," said Cohen. "So we shouldn't evaluate the whole child based on just one or two things."

Holloway told the parents to consider creating behavior contracts with their teens so they know what's expected of them. Tureaud said it's also a way of "getting their perception of how they think you communicate with them."

If parents model good behavior, said Holloway, it will be reciprocated. "If our kids know we respect them, they'll respect us," she said. "Acknowledge their strengths and

the things they're doing right that make However, she said parents should still be as knowledgeable as possible about what's going on in their teen-agers' lives. "Be involved, know where they're going

and call those parents," said Holloway.

"Create rules and let them be a part of

that. Discuss your expectations - for example, what time for curfew - and their feelings about it so you can reach a consen-

SHE ALSO ADVISED parents to establish enforceable rules and be consistent in applying them. "Nurture your teens - be supportive, warm and encouraging," said Holloway. "But teach them how to behave, set and enforce limits and monitor their behavior. Keep talking to them about what you believe — and your morals and feelings about things — and somehow, they'll get it."

"There are a lot of behaviors that, if you ignore them, you'll feel better," said Cohen. Added Holloway: "Often, the teen years are harder on parents than on teens."

Cohen recommended that parents read Michael Bradley's book, "Yes, Your Teens are Crazy," as well as "Surviving your Adolescents" by Thomas Phellen. She also reminded parents that they're not alone and that other parents are going through the same things they are. Quoting from the Bradley book, she told them, "Have some faith in the parenting you've done — it is more powerful than you know."

tion Services, Cluster VII

Children take a great deal of risks, beginning in eighth grade, said Cohen. Added Tureaud: "They're demonstrating their independence at ages 15, 16 and 17 and want to show you they can handle whatever happens." And, Cohen told the parents, "You do want them to be able to break away and make smart decisions on their own."

"Listen to your children, even as they're shouting," advised Tureaud. "You can either escalate or de-escalate a heated discussion. Apply the 15-second rule, waiting this long even 10 seconds — before responding. That way, you don't yell at them and make them defensive and your conversation will be more productive."

Additionally, said Cohen, "If you tell your kids how you're feeling - for example, 'I'm hurt by what you're saying' - it'll blow them away. They're not used to hearing your

Ali Dettmer Is National Finalist in Flute

li Dettmer, a Centreville, native, will travel to Milwaukee, Wisc., in March to compete as a National Finalist in the Junior Woodwind category of the 2010-2011 Music Teacher's National Association (MTNA) National Competition.

Dettmer, the daughter of Cathy and Paul Dettmer, earned this opportunity after winning the Southern Division (regional) Competition, held in Columbus, Ga., on Jan. 15-16, 2011; previous to that, she had won the Virginia State Competition. A freshman at Centreville High School, Dettmer is the principal flute in the CVHS Wind Ensemble, directed by Melissa A. Hall, director of bands

at CVHS. She is also a member of Flutopia, an elite group of high school wind musicians from Northern Virginia, directed by her private teacher, Jennifer Lapple.

Dettmer began to prepare for this program with her beloved teacher, Judith Lapple, but suffered a serious setback when Lapple suddenly and unexpectedly died in August 2010. Shortly after, Lapple's daughter, Jennifer, brought Dettmer into her stu- Concert during the conference. dio where she continues her studies.

The opportunity to continue her music education with Jennifer Lapple went a long way in helping Dettmer heal from the loss, and ensuring that she was prepared for

these competitions.

In addition to playing the flute, Dettmer enjoys playing softball. Her brother, Andrew, is a fifth-grade trumpet player at Bull Run Elementary School in Centreville.

The National Competition will take place during the MTNA National Conference. The national winner of this competition receives a cash prize and will perform in a Winners

> Centreville High freshman Ali Dettmer is a National **Finalist in the MTNA Junior Woodwind Competition.**



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News

Grand Jury Indicts Three

Fairfax County grand jury last Tuesday, Jan. 18, indicted three people for crimes committed in the local area. They are Tony Tong, Joshua Gessler and Jennah Billeter.

TONY TONG

Tony Tong, 43, of Chantilly Green Estates, is accused of the Oct. 22, 2010 murder of his wife, Kathleen Tran, 44. According to police, he allegedly confessed to shooting her inside their home with a .45-caliber, semiautomatic handgun. Police say his ap-

parent motive for the crime is that he thought his wife was having an affair.

Following a Jan. 13 preliminary hearing in Juvenile and Domestic Relations Court, Tong's case was certified to the grand jury, which has now indicted him. He's scheduled for a March 15 jury trial in Circuit Court.

JOSHUA GESSLER

On Aug. 9, 2010, Fairfax County police arrested Joshua Gessler, 41, of 1310 Nina Court in McLean, in connection with al-

leged, sexual offenses against a 15-year-old Centreville girl. Detectives charged him with five counts of possession of child pornography and one count of production of child pornography.

After further investigation by detectives with the Child Exploitation Unit, on Sept. 16, police levied 10 additional counts of possession of child pornography against Gessler. Following his indictment last week on all 16 charges, he's slated for a March 28 jury trial in Circuit Court.

JENNAH BILLETER

Jennah Billeter, 33, a former special-education teacher at Deer Park Elementary, is charged with one count of misdemeanor simple assault and two counts of felony cruelty to children.

Police and Child Protective Services believe that, between May and July 2010, Billeter, of Federalist Way in Fair Oaks, reportedly physically assaulted and mistreated two boys, ages 4 and 5, assigned to her class. They were attending Deer Park's summer program for autistic children.

Billeter worked as a special-ed teacher at Clifton Elementary in 2003 and Bull Run Elementary in 2004, before coming to Deer Park in 2007. Following her arrest, the school system placed her on unpaid leave. She's scheduled for a Feb. 16 jury trial in Circuit Court.



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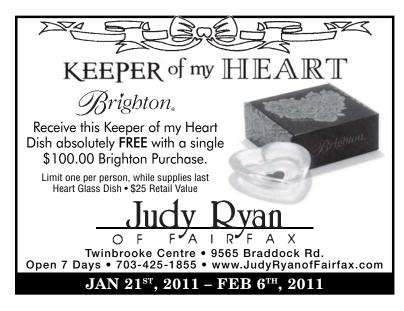
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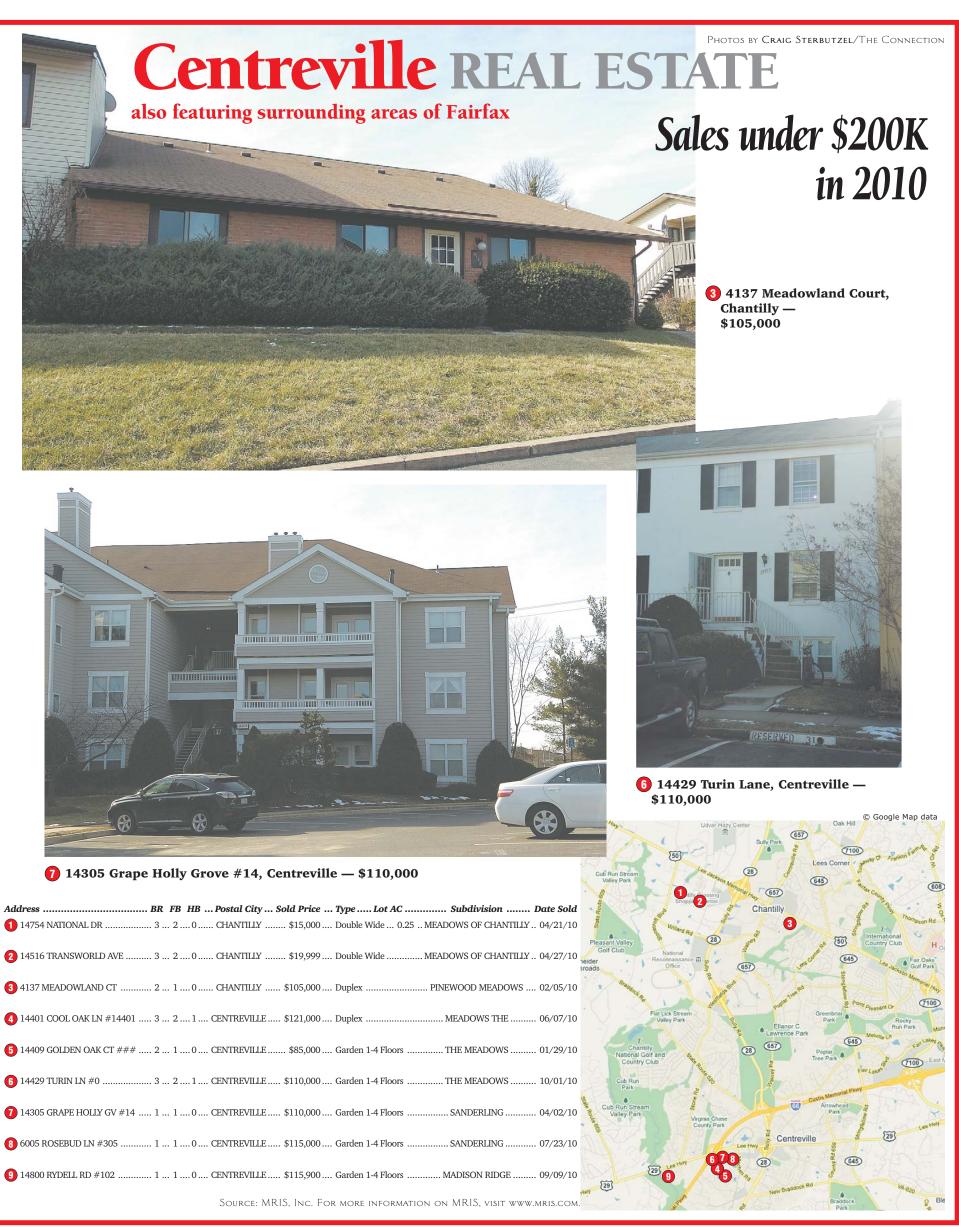
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*For a limited time. See sales manager for details









HOME SALES

In December 2010, 83 Centreville homes sold between \$1,000,888-\$110,000. This week's list represents those homes sold in the \$387,000-\$310,000 range. For the complete list, visit www.ConnectionNewspapers.com

Address
5314 ROSEMALLOW CIR
6028 MACHEN RD #B
15001 JARSKI CT
6543 CREEK RUN DR
14561 WOODLAND RIDGE DR 4 2 0 CENTREVILLE \$363,000 Detached 0.29 NEWGATE FOREST
13538 PRAIRIE MALLOW LN 3 2 1 CENTREVILLE \$355,000 Townhouse 0.03
6014-B MACHEN RD
5140 WINDING WOODS DR 3 2 2 CENTREVILLE \$350,000 Townhouse 0.04
14803 CRANOKE ST
14552 OAKMERE DR
5712 HARRISON HOUSE CT 3 2 1 CENTREVILLE \$345,000 Detached 0.17
14627 BATAVIA DR
6809 CEDAR LOCH CT
14724 JARNIGAN ST
13949 BATON ROUGE CT
13931 SAWTEETH WAY
14107 BETSY ROSS LN
14637 THERA WAY
C



OPEN HOUSES

SAT./SUN. JAN. 29 & 30



12730 Dogwood Hills Lane, **Fairfax** \$439,900

Open Saturday 2-5

Pascale Karam, Long & Foster, 703-472-3749

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit vw.ConnectionNewspapers.com and click the Real Estate links on the right side.

		F	airfax		
4135 Fountainside Ln #202	\$309,000	Sun 1-4	Mary Beth Eisenhard	Long & Foster	571-261-140
12730 Dogwood hills lane	\$439,900	Sat 2-5	Pascale Karam	Long & Foster	703-472-374
3911 Green Look Court	\$449,900	Sun 1-4	Diana LeFrancois	Century 21	703-930-668
10923 Adare Dr	\$649,900	Sun 1-4	Lena Restivo	Weichert	703-855-734
9201 Briary Ln	\$665,000	Sat 11-1	Deborah Larson	Long & Foster	703-905-726
		Ce	ntreville		
13210 Maple Creek Ln	\$489,900	Sun 1-4	Jim Agnew	Avery-Hess	888-420-455
			Clifton		
13626 Wildflower La	\$285,000	Sun 1-4	Chris Stephenson	Weichert	703-901-094
12204 Henderson Rd	\$724,900	Sun 1-4	Carol Hermandorfer	Long & Foster	703-503-181
12851 Popes Head Rd	\$849,000	Sun 1-4	Carol Hermandorfer	Long & Foster	703-503-181
		Fairf	ax Station		
9328 Hallston Ct	\$685,750	Sun 1-5	Steve Childress	Long & Foster	703-981-327
10910 Rice Field Pl	\$929,900	Sun 1-4	Helen Grozbean	Century 21	571-233-428
		I	Lorton		
9054 John Sutherland La	\$799,000	Sat 1-5	John McNamara	TTR Sothebys Intl.	703-395-290
9043 John Sutherland La	\$999,900	Sat 1-5	John McNamara	TTR Sothebys Intl.	703-395-290
9684 Alexandra Nicole Dr	\$1,149,000	Sat 1-5	John McNamara	TTR Sothebys Intl.	703-395-290
			Burke		
6736 Sunset Woods Ct	\$369,950	Sun 1-4	Kathleen Quintarelli	Weichert	703-862-880
6206 Fushsimi Ct	\$450,000	Sun 1-3	Alana Faustina	Keller Williams	202-427-289
5913 Oak Leather Dr	\$539,950	Sun 1-4	Kathleen Quintarelli	Weichert	703-862-880
9638 Ironmaster Dr	\$549,900	Sun 1-4	Doris Crockett	Weichert	703-615-841
9814 Portside Dr	\$939,500	Sun 1-4	Kim McClary	Long & Foster	703-929-842
		Sp	ringfield		
7906 Greeley Blvd	\$449,000	Sun 1-4	Gil Clark	Clark Select Prop.	703-288-961
Alexandria/Kingstowne					
6321 Brocketts Crossing	\$719,950	Sun 1-4	Tom & Cindy and Associate	sLong & Foster	703-822-020
5670 Clouds Mill Dr	\$939 000	Sun 1-4	Tom & Cindy and Associate	s Inna & Foster	703-822-020

Karen Washburn at 703-778-9422 or E-Mail the info to kwashburn@connectionnewspapers.com All listings due by Tuesday at 3 pm.

News

Conspiracy To Defraud Health Insurers

From Page 5

According to statements of fact filed with both plea agreements, besides performing chiropractic adjustments which were properly billed to insurance companies, "both Cashion and Curcio conspired with their associate chiropractor, Benjamin Hopsicker, to bill for physical therapy ostensibly performed on their patients - when the therapy was either not performed, at all - or was not performed for a sufficient length of time to be billable under the American Medical Association's CPT codes."

These codes are numbers assigned to each service a doctor provides, and they're used by insurance companies to determine how much to reimburse the doctor for them.

Beginning in April 2008, Anthem Blue Cross required physicians and licensed therapists to spend a minimum of 8 minutes with a patient, one-on-one, performing certain therapeutic procedures in order to bill for those procedures. Regarding Chiropractic Family Health Centre, before Anthem Blue Cross

would pay any of its claims, it required Cashion and Curcio and their associate physicians to document in their notes the amount of time spent on each physical-therapy procedure.

Federal authorities say that, shortly thereafter, 'Curcio initiated an agreement with his employee, Hopsicker, to bill for physical therapy and, when necessary, to falsify their physician notes - making it appear that they had spent a minimum of eight minutes or more performing the procedure when, in fact,

According to both plea agreements, Cashion and Curcio have agreed to repay three insurance companies — Anthem Blue Cross, Aetna and United Health Care — a total of \$110,000 in restitution.

The FBI investigated this case and Assistant U.S. Attorney Stephen P. Learned is the prosecutor. Curcio and Cashion entered their pleas Tuesday, Jan. 25, in U.S. District Court in Alexandria before U.S. District Court Judge Claude M. Hilton and U.S. Magistrate Judge John F. Anderson.

Bonnie Hobbs

SCHOOL NOTES

Celebrate Catholic Schools **Week,** Jan. 29-Feb. 4, by visiting St. Andrew the Apostle Catholic School in Clifton. The Open House is Sunday, Jan. 30, from 10-11:30 a.m. Come experience the benefit of caring teachers and staff, strong academic programs, fun and challenging clubs, service opportunities, and a Catholic environment. Visit the website at www.standrew-clifton.org for informa-

tion about Catholic Schools Week activi-

Senior Alex Pepper of Centreville

was one of four members of the Grove City College Speech and Debate Team who competed in the World Universities Debating Championships Dec. 27 to Jan. 3 in Botswana, Africa. Both Grove City College teams placed in the top half of the field, 86th and 132nd.

The world competition included nearly 320 teams from 40 countries and was won by a team from Australia's Monash University. Nearly 65 U.S. teams participated. Grove City College's opponents included teams from the University College Dublin, Ireland; University of Singapore; Harvard University, Cambridge, Mass., and University of London, England.

BULLETIN BOARD

To have community events listed in View, e-mail centreview@connectionnewspapers.com. Call Steve Hibbard at 703-778-9412.

ONGOING

Learn English! Classes now available for adult English-language learners in Northern Virginia. 16 locations meet once or twice a week. Teachers are trained volunteers who support mission of welcoming immigrants to our community. Cost is \$30 to register for these classes at local churches. Visit www.eslim.org or contact English as a Second Language and Immigrant Ministries at 703-841-0292.

THURSDAY/JAN. 27

Natural Gas Explosion Meeting.

7:30 p.m. Will focus on causes of the natural gas explosion that destroyed a home in the 4300 block of Lees Corner Road in Chantilly. Speakers from Washington Gas, Sully District Police, and Fairfax County Fire Department will be in attendance. At Brookfield Elementary School cafeteria, 4200 Lees Corner Road, Chantilly. The Brookfield Civic Association continues its fund raising drive for the family displaced by this disaster. Contributions may be sent to the Brookfield Civic Association, P.O. BOX 222582, Chantilly, VA 20153-

SATURDAY/JAN. 29

Workshop. Free. Yoga for Weight Loss. Noon to 1 p.m. At the

Women's Club Fitness Center and Day Spa, 14175 Sullyfield Circle, Chantilly. Pre-registration is required. Call 703-817-0700 or send and email to womensclub@aol.com to reserve your space.

JAN. 29-FEB. 4

Celebrate Catholic Schools

Week by visiting St. Andrew the Apostle Catholic School in Clifton. The Open House is Sunday, Jan. 30, from 10-11:30 a.m. Come experience the benefit of caring teachers and staff, strong academic programs, fun and challenging clubs, service opportunities, and a loving Catholic environment. Visit the website at www.standrewclifton.org for information about Catholic Schools Week activities.

THURSDAY/FEB. 3

Open House. 7 to 8 p.m. New Family Open House at St. Timothy School in Chantilly. Applications will be accepted on Monday, Feb. 7 at 8 a.m. Snow date is Feb. 8.

SATURDAY/FEB. 5

Food Donations. A Fastran bus will be parked from 9:30 a.m. to 4:30 p.m. to collect food donations for the needy at the Colonnade Giant, 5740 Union Mill Road, Clifton. Sponsored by Neighborhood and Community Services, the Office of Public Private Partnerships and MV Transportation Inc. Visit http:/ /www.fairfaxcounty.gov/rec/ news/nr2011/fstb.htm. Call 703-222-9764, TTY 711.





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WINTER FIIN

TUESDAYS AND THURSDAYS

Centreville Stitchers welcome adults who enjoy knitting, crocheting, or other needlework crafts and conversation Meets at the Centreville Regional Library, 14200 St. Germain Dr., Centreville, VA. Admission is free. If you have any questions, contact Jo at 703-803-0595 or email joknitter@verizon.net.

Thursday, Jan. 27 - 1:30 to 3:30 p.m. Thursday, Feb. 10 - 1:30 to 3:30 p.m. Thursday, Feb. 24 - 1:30 to 3:30 p.m.

MONDAYS AND WEDNESDAYS

ZUMBA Classes. 7 to 8 p.m. Latin based dance fitness class The first class is free; afterward it's \$7-\$9 per class. At Cornerstone Montessori School, 4455 Brookfield Corporate Drive, Suite 201, Chantilly. Visit www.gozumbafun.com.

JAN. 28 THROUGH JAN. 30

Sugarloaf Crafts Festival. More than 250 craftspeople will display their handmade works. Hours are Friday from 10 a.m. to 6 p.m.; Saturday from 10 a.m. to 6 p.m.; Sunday from 10 a.m. to 5 p.m. Admission is \$7/online; \$9/door. At the Dulles Expo Center, 4368 Chantilly Shopping Center, Chantilly. Call 800-210-9900.

FRIDAY/JAN. 28

A Cappella Festival. 7:30 p.m. Centreville High Choral Boosters are hosting the Georgetown Chimes from Georgetown University, the Mixed Emotions from Virginia Tech and the UVA Sil'hooettes from the University of Virginia. The Sil'hooettes count as two of their members Brittany Peterson (CVHS class of 2008) and Alexandra Peterson (CVHS Class of 2010). All students in the CVHS pyramid schools: CVHS, Liberty Middle, Union Mill Elementary, Centre Ridge Elementary, Centreville Elementary, Colin Powell Elementary, and Bull Run Elementary are admitted free. General admission for all others is \$10. At Centreville High School's auditorium.

Swing Dancing. 9 p.m. to midnight. Admission is \$15. With Gina DeSimone and the Moaners. Beginner swing lesson from 8:30 to 9 p.m.; dancing from 9 p.m. to midnight. At the Hilton Washington Dulles Airport Hotel, 13869 Park Center Road (Route 28 near the airport), Herndon,

SATURDAY/JAN. 29

"The Miracle Worker." 7 p.m. The CHESS Drama Department presents the rue story of Helen Keller and her unstoppable teacher, Anne Sullivan. Tickets are \$5/ children, \$8/adults, general admission. Email miracleworkerplay@gmail.com or call 703-543-6606. At Centreville Baptist Church, 15100 Lee Hwy, Centreville.

Winter Dance Clinic. 10 a.m. to 3 p.m. For grades 1-8. Participants will learn two dances, and are invited to perform at halftime at the Chantilly Girls' Varsity Basketball game vs. Oakton on Tuesday, Feb. 1 at 7:30 p.m. The cost for the clinic is \$50 includes pizza lunch and a t-shirt. Registration forms can be found at www.chantillysports.org on the Dance Team page under "Camps and Clinics". Questions? Contact coach Casey Cassara at chargerdancers@gmail.com.

MONDAY/JAN. 31

Fund-raiser. 5 to 10 p.m. Come out to support the Chantilly High School Ice Hockey Team. At Tony's New York Pizza in Fair Lakes (Take Out or Dine In), 3087 Fair Lakes Shopping Center, Fairfax.

TUESDAY/FEB. 1

St. Andrew School will be collecting school supplies to send to an Afghanistan orphanage for girls. Drop off your donations at the School Office by 8:30 a.m. At St. Andrew School, 6720 Union Mill Road, Clifton.

FRIDAY/FEB. 4

Swing Dancing. 9 p.m. to midnight. Admission is \$15. With JP McDermott and Western Bop. Beginner swing lesson from 8:30 to 9 p.m.; dancing from 9 p.m. to midnight. At the Hilton Washington Dulles Airport Hotel, 13869 Park Center Road, Herndon.

SATURDAY/FEB. 5

Choral Cabaret. 7 p.m. The Centreville High Choral Department presents its annual Choral Cabaret (an informal and fun-filled evening of musical entertainment featuring individual student performances) in the CVHS Cafeteria. Desserts will be served. There will also be a silent auction and raffle to benefit the Choral Department. Tickets are \$10 for adults/ \$5 for students.

Beekeepers Beginners Class. 8:30 a.m. to 11:30 a.m. An eight-week class. The Beekeepers Association of Northern Virginia is offering beginner classes for those interested in learning about beekeeping. At Centreville Regional Library, 14220 St. Germain Drive, Centreville. Visit website at beekeepersnova.org.

SUNDAY/FEB. 6

Piano Concert. 2 p.m. Tickets are \$10/adults; \$5/children/ students. Canadian pianist Bryan Wagorn will perform Stravinsky's piano concerto with the Capital Wind Symphony; George Etheridge, conductor. Other pieces to be performed include Rimsky-Korsakov's "Capriccio Espagnol," Salfelder's "Cathedrals," Saint-Saens' "Occident Et Orient," and Gorb's "A Little Tango Music." At Lanier Middle School, 3801 Jermantown Road, Fairfax.

THURSDAY/FEB. 10

"Race To Nowhere" Screening. 7 p.m. Tickets are \$10/ online; \$15/door. Chantilly High School PTSA, Rocky Run Middle School PTA and the Franklin Middle School PTA are hosting a screening of the documentary film. The film is about the pressures faced by schoolchildren and their teachers in a system and culture obsessed with the illusion of achievement, competition and pressure to perform. Visit www.racetonowhere.com.

FRIDAY/FEB, 11

Swing Dancing. 9 p.m. to midnight. Admission is \$15. Havea-Heart Hop with the Fabulettes. Beginner swing lesson from 8:30 to 9 p.m.; dancing from 9 p.m. to midnight. At the Hilton Washington Dulles Airport Hotel, 13869 Park Center Road, Herndon.

FEB. 12-13

Wine and Food Showcase. More than 300 different wines produced by Virginia's leading wineries as well as food and wine demos and pairings. The goal is to offer wine lovers the opportunity to sample Virginia's wines all in one place. Tickets per person run \$45 at the door, \$36 online, and \$20 for non-drinkers. At the Westfields Marriott Hotel in Chantilly. (www.vawineshowcase.org).

SUNDAY/FEB. 13

DASH at Dulles 5K Mall Walk. 9 to 10 a.m. A fund-raiser for Dating Abuse Stops Here (DASH at www.datingabusestopshere.com). Created in memory of Siobhan Russell, a 19-year-old Franklin Farm resident and Mountain View High graduate who was murdered by her ex-boyfriend in April 2009. Registration 8:30 to 9 a.m. Cost is \$15 per walker. At Dulles Town Center.

MONDAY/FEB. 14

Marriage Seminar. 7 to 8 p.m. Free. "Falling in Love Again: Rekindling Romance and Restoring Hope in Your Marriage." Presented by Marriage Coach Lynn M. Griesemer at the Chantilly Regional Library, 4000 Stringfellow Rd., Chantilly. Reservations accepted, but not required. lynn@marriagecoachlynn.com. Visit www.marriagecoachlynn.com/Feb14Flyer.html.

SATURDAY/FEB. 19

Bluegrass Gospel Concert. 6 p.m. With Bob Stone and The Virginia Gospel Singers from Fredericksburg. A freewill offering will be received. At Oakton Baptist Church, 14001 Sullyfield Circle, Chantilly. The church is located on Route 50, 1/5 mile east of the Route 28 overpass on the corner of Route 50 and Sullyfield Circle. Call 703 631-1799.

MONDAY/FEB. 21

Traveloque on Greece and Turkey. 7 p.m. Free. Lois Price, retired Fairfax County teacher and long-time member and former President of the GFWC-Western Fairfax County Woman's Club (GFWC-WFCWC), will present a travelogue on her tours of Greece and Turkey at the WFCWC meeting. At the meeting room of the Total Wine store in the Greenbriar Plaza Shopping Center,13055-C Lee Jackson Highway, Chantilly. A tasting of selected South African wines will follow the presentation. Call Jackie at 703-378-8551 or e-mail westernfairfaxcountywc@gmail.com.

FEB. 24 TO FEB. 27

"Les Miserables." Centreville Presbyterian Church's community theater group will present the musical, "Les Miserables," Thursday-Friday, Feb. 24-25, at 7:30 p.m.; Saturday, Feb. 26, at 2 and 7:30 p.m.; and Sunday, Feb. 27, at 2 p.m., at the church. The 56 cast members range in age from 12-18 and represent 20 high schools and six middle schools. Tickets are \$10 at the church office or via www.centrevillepres.com. Call 703-830-0098.

FEB. 25-27

Capital Home & Garden Show. More than 750 exhibits. Get ideas, investigate new products, gather information and meet the professionals to make remodeling, renovation or decorating projects a breeze. Hours are Friday and Saturday, 9 a.m. to 9 p.m.; Sunday 9 a.m. to 6 p.m. Tickets are \$10/adults online; \$13/door. At the Dulles Expo Center, 4368 Chantilly Shopping Center, Chantilly. Visit www.capitalhomeshow.com.

MARCH 5 TO 13

"Annie Jr." Tickets are \$10. Presented by the Alliance Theatre. Show dates are March 5-6 and March 11-13 at Mountain View School, 5775 Spindle Court, Centreville. For information on group discounts including special Girl Scout programs, show times and ticket purchase, call 703-220-8101 or visit www.thealliancetheatre.org.

SATURDAY/MARCH 12

Spring Carnival. Noon to 4 p.m. At Colin Powell Elementary School, 13340 Leland Road, Centreville.









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These sophomores were part of the National Honor Society Induction Ceremony at Centreville High School in late November. Displaying their membership certificates are (from left): Melissa Millis, Sydney Prior, Isabela Medina Mate, Jake Fulkerson, Matthew Seale, Andrew McLenigan and Carly Sane.

Centreville High Holds NHS Ceremony

In late November, the Centreville High School Chapter of the National Honor Society welcomed 208 new inductees into its membership. In a ceremony emceed by NHS Faculty Advisor and Social Studies teacher Jonathan Rutz, each of the CVHS chapter's student officers presented remarks on the four cornerstones of NHS membership -Scholarship, Leadership, Service and Character - before the newest NHS members walked across the stage in the Skip Maiden Theatre to receive their certificates of membership and congratulatory handshakes from Director of Student Services Gail Reynolds and Principal Mike Campbell. The ceremony was followed by a reception in the high school's atrium for the new members and their guests.

To be considered for membership, students must have a GPA of 3.5 or higher, and be in grades 10, 11 or 12. Centreville HS has more than 500 students in its chapter. The Fall 2010-2011 Centreville High School NHS inductees were: Abdelrahman Abdelhameed, Jonea Ahouissoussi, Sarah Alberstein, Joanna Ahn, Michael K. Ahn, Rameel Ahmad, Sabrine Ahmed-Iqbal, Jesse Asare- Addo, Kynat Akram, Rachel Avery, Peter Bahng, Andrew S. Balberde, Binta Barry, Andrew Bongardt, Denise Clare Bozek, Jessica Braaten, Jake Brodie, Stephen Broussard, Valerie Cateriano, Eunhee Cho, Christopher Choi, Jimmy Choi, Jonathan Chu, Allan Chua, Danny Chung, Sandra Ciappa, Holly Clark, John Clements, Jay Cowen, Connor James Crilly, Morgan Kathleen Cripe, Gabrielle Dagata, Hannah Dickey, Brian Dinschel, Bianca Dizon, Ellen Dranginis, Daniel Drangstveit, Dillon Dull, Elaine Edwards, Shannyn Esmond, Sarah Farooqi, Aidan Fitzgerald, Laura Foronda, Marissa Forte, Alexandra Frigerio, Jake Fulkerson, Shilpa Garg, Derek Gordon, Christa Guh, Hayley Harris, Liban Hashi, Jessie Healy, Kelly M. Hicks, Kristen Hoffman, Connor Howell, Kevin Hu, Kyle Hunt, Christopher Hyon, Lauren Ierardi, Alyssa Ignacio, Hanbi Jang, Gagandeep Jathoul, Diego F. Jauregui, Elizabeth Johnson, Young Shin Jun, Aman Kapoor, Charles Kelly, Meredith Kernbach, Isabel Kigo, April Kim, Beomjun Kim, Bo Yeon Hannah Kim, Brandon Kim,

Christine Kim, Ji Won Kim, Linda Kim, Matthew Kim, Michelle Kim, Pyoung Kang Kim, Sharon Kim, Sung Do Kim, Yoonah Kim, Rachel Knutti, Shaan Kololgi, Megan Kruse, Andrew Kurowski, Kevin Lachance, Andrea Lam, Diane Le, Thomas Le, Carrie Leaman, Garrett Leavitt, Boaz Lee, Chan Young Lee, Daniel Lee, Jennifer B. Lee, Joshua Lee, Kevin Lee, Rebekah Lee, Sunjoo Lee, Woo Seob Lee, Adrienne Lewis, Lauren Liddle, Jackie Lin, Praveena Logeswaran, Chloe Logsdon, Clara Logsdon, Taylor Marrow, Brett Andrew Martin, Katey Matragrano, Emily Mayer, Eric Mayer, Martin Xavier Maza, Jesse McCormack, Michael McKain, Andrew McLenigan, Isabela Medina Mate, Amanda Meny, Stephanie Merida, Brandon Miller, Melissa Millis, Maria Nasir, Moiz Nasir, Monica Nazir, Jolie Nguyen, Kevin Nguyen, Sean Nguyen, Emma O'Brien, Kerrianne O'Brien, Keawe Lee O'Connor, Basil H. Ok, Rachel Orlowsky, Andrew S. Pak, Elizabeth Park, Jung Hoon Park, Suna Park, Won Joon Park, Yieun Rachel Park, Kara Perdue, Kristen Pistell, Thuy Bang Phan, Sydney Pryor, Max Puckett, Ahmad Rahman, Arjun Rao, Seher Raza, Paige Reaman, Stephen Rechter, Anna Rhodes, Matthew Rice, Megan Riedel, Litha Rodgers, Jared Christopher Rondeau, Sana Saleem, Carly Sane, Matthew Seale, Katherine Marie Schwindt, Jamie Schoshinski, Eddie Sciortino, Neha Sharma, Patrick P. Shea, Baekkyung Shin, Mokhira Shokir, Kayley Shomers, Sameen Siddiqui, Connor M. Simmons, Sabetta Singh, Christopher Sokol, Haley Nicole Spencer, Katherine Steinbach, Joseph Steinbach, Shairin Syed, Labibah Tehreem, Melissa Tello, Matthew Tentoni, Summer Thrasher, Danvy Tran, Jennie Tran, Victoria Treires, Ari Tsogoo, Ingrid Unander-Scharin, Jenfrey Van, Heather Vass, Nicholas Viands, Rebecca Vinter, Jonathan Vu, Weerasu Warajuntano, Madison Warhurst, Chinnell Watson, Daniel Weisz, Texas C. Williams, Christopher Winans, Hannah C. Woodruff, Jessica Rosalia, Woolson, Katrina Wright, Ho Jin Yang, Christine Yen, Sabina Yim, Esther Yoo, Esther H. Yoo, Esther Yoon, Stephanie Yoon, Haley Yow, Ji Won Yu, Seung Wan Yu, Steven Joseph Yu, Ashley Yum and Bavish Zinzuwadia.

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Not Just Any Friday...



By KENNETH B. LOURIE

But Friday, Jan. 7, 2011, the date of my most recent post-scan appointment with my oncologist. The date when the results of those previous week's scans will be shared with Dina and me. The appointment when we will learn if my stage IV lung cancer has progressed – or not. And what we learned is, news we can live with: "No change." The tumors have not grown or moved. The status is quo. I am doing "Amazing," according to my oncologist. Two years into my treatment, and it's not, to invoke a Boston expression, "Katie bar the door;" which means trouble, sort of, figuratively speaking.

So what's next? No one knows for sure and that's the problem. Although not nearly the problem the original pain in my ribcage has turned out to be. But still a problem. A problem of the unknown. What to do, how to treat, a patient who has now outlived his prognosis and who has been on a chemotherapy drug -Avastin, longer than any other patient his oncologist has previously treated, and a patient who is as symptomatic and progressing as well as I am? "Uncharted territory" is how my oncology nurse has described my future.

But it's a future. A future that two years ago was not exactly promised to me. Not that promises are likely ever made to cancer patients during chemotherapy, but you get the idea I'm sure. And not that I ever took the characterizations personally but, after all the testing is completed to determine "the underlying problem" (as I call my lung cancer/diagnosis), you become a statistic, a compilation of data - which, according to medical science/history indicates/corresponds to a certain time line (I hesitate to use the term "deadline" anymore). And neither is that time line promised, but presumably, there is some methodology to their madness and statistical presumptions, so it's a bit hard to ignore. Although,

Nevertheless, it's a weight - and a wait, too. It's all about what happens next: results from lab work, X-Rays, CT scans, MRIs, physical examinations, etc., to determine your fate. Some of it is in your control, most of it is not. And upon reflection, you may recall what your oncologist said to you back in February 2009: there are exceptions to every rule - and he hopes that you are one of them. However, he was not the least bit encouraging. Presumably he is duty-bound and medically and ethically motivated as well, not to provide too much false hope. In my case, he didn't. Moreover, he suggested that perhaps I take that vacation I always wanted to. WHAT!?

But here I am, two years post diagnosis; an exception to the rule. You can now officially throw the statistics out the window. And though I am thrilled to be here (Duh!), here is where few of us have ever been before, unfortunately. As a result, there are no real treatment protocols to follow and so my oncologist has much less medical data on which to rely and more anecdotal-type feelings from me, the patient, to consider as he/we decide how best to proceed/how to treat. Not that the diagnosis-/treatment-to-date hasn't been collaborative, it has; it's more that, treatment going forward, there's less conventional wisdom on which to rely and more dependence on unconventional wisdom - mine, to decide dosages, frequency of chemotherapy and

This new decision-making, combined with where I am relative to my original prognosis/time line scares the living daylights out of me – if you want to know the truth. If you don't want to know the truth, welcome to the other half of my brain. Can you say dichotomy? (I can't, anymore than I can say "deadline".)

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

SPORTS

Centreville, Westfield Girls Hoops Set to Meet Thursday

Wildcats coming off big win over Rams; Bulldogs defeat Chargers.

BY RICH SANDERS Centre View

he Centreville and Westfield High girls' basketball teams are scheduled to meet on Thursday night, Jan. 27 of this week in a Concorde District contest at Westfield.

Centreville (10-6 overall, 2-3 in the district) is coming off a 64-59 district home win over Robinson last Friday night. The Wildcats' balanced scoring attack was led

by senior guard Erin Meador (25 points). She also pulled down 11 rebounds. Other solid games for Centreville came from junior frontcourt player Chaney Forbush (12 points, 5 rebounds), senior post Taylor O'Hara (10 points, 4 rebounds) and senior guard Haley Diamond (9 points).

It was Centreville's second district win of the season. The first came on Jan. 12 at Herndon — a 63-51 victory.

The win over Robinson snapped a twogame losing streak for Centreville, which

Chantilly and Oakton. In the 56-50 setback at Chantilly on Jan. 14, Meador and O'Hara scored 19 and 13 points, respectively, for the Wildcats. Chantilly (7-9, 1-4), which earned its first district victory of the season by beating the Wildcats, received strong outings from junior guards Katrina Hutzell (15 points) and Carmen Watson (14). Sydney Collier, a junior forward, added eight points for the Chargers.

Chantilly lost its following game, 53-40, to visiting district opponent Westfield last Saturday. Hutzell and Watson scored 14 and 11 points for the Chargers, while Allison Rowe, a sophomore forward, added eight points. For Westfield (8-6, 3-2), three play-

had lost consecutive district contests to ers scored in double figures — senior forward Siobhan Beslow (17 points), junior guard Yawrely Ramirez (15) and senior guard Jessica McNamara (10). The Bulldogs outscored the Chargers 16-8 in the final quarter to secure the victory.

> Chantilly is home against Robinson on Thursday.

> Westfield's district wins have come over Centreville, Herndon and Chantilly. The losses have come against Robinson and Oakton. The loss to the visiting Rams, 36-35, came on Jan. 13. Beslow and Ramirez scored 13 and 12 points, respectively, in that low-scoring affair. Dhyamond Crenshaw scored 16 points for Robinson that night.

Game To Support Soldiers

"We are excited to take

— baseball coach Morgan Spencer

part in the Wounded

Warrior Project."

he Centreville High School varsity baseball team, in a special game this upcoming spring season, will be hosting a fundraiser to benefit the Wounded Warrior Project in a home contest against Herndon High on Friday, April 8 at 6:30 p.m.

The two teams will be wearing Wounded Warrior Project hats

for the game and a donation box will be circulated throughout those in attendance during the meeting between the Concorde District rivals. The Centreville players will also be wearing camouflage jerseys with WWP patches on them and the teams, in ceremonies prior to the ball game, will honor several current and former U.S. military personnel that were injured while serving in Iraq or Afghani-

"We are excited to take part in the Wounded Warrior Project," said Centreville head baseball coach Morgan Spencer. "It is an honor to

support our soldiers who put their lives on the line for us and protect us each and every day. I hope that our players will really learn from this night and understand what it truly means to make a sacrifice. We appreciate our troops and all the sacrifices they make for our country."

Several local businesses are becoming involved in the event, which the Wildcats hope will attract local media, politicians and a large crowd of students and



Centreville High baseball coach Morgan Spencer

baseball fans throughout the Centreville and Herndon communities in hopes of raising over \$2,500 towards the cause.

"This is an event that we are thrilled to be a part of," said Herndon head baseball coach Greg Miller. "I don't think many people have a true appreciation of what some people do to defend our country. We're excited to be a part of something that is raising money for such a

great cause." The Wounded Warrior Project was founded Roanoke, Va. by a group of veterans and friends who took action to help the injured service

men and women of this generation. WWP is a nonprofit, nonpartisan organization headquartered in Jacksonville, Fla., with additional program offices located in New York City and Washington D.C. For more information or to learn how to become involved in the event. contact Joey Kamide, an assistant coach at Centreville, at either 703-919-5049 or go to Kamide9@gmail.com. For more on the Wounded Warrior Project, visit www.woundedwarrior project.org.

CVHS Sports Notebook

By Karen Fulkerson

The Centreville Boys Track 4x800 relay team set a new school record at the New Balance Games in New York this past weekend. The team, consisting of senior Bobby Kelley, sophomore Chan Young Lee, junior Chris Jones and freshman Chase Heiner, ran a gutsy race in a competitive field, taking 2nd place by a mere four-hundredths of a second. The lead was exchanged several times during the final leg alone. Their time of 8:03.77 is the fastest in the state and 7th fastest in the country during this

The girls 4x800 relay, consisting of sophomore Rebecca Vinter, senior Juli Cuomo, freshman Ashley Forbes, and sophomore Isabela Medina Mate, took 25th place in a field of over 80 teams and ran 10:00.76, the fourth fastest in the Northern Region and 11th fastest in Virginia to date. Both the boys and girls track and field teams look to continue their successful seasons at the Concorde District Championships this Friday, Jan.

GYMNASTICS: Congratulations to the CVHS gymnastics team for placing 2nd out of six teams in their meet on Wednesday, Jan. 19 at West Springfield HS. The team finished behind only Woodson HS, beating Westfield, Falls Church, Yorktown and West Springfield High Schools. In individual honors, Megan Riedel continued her winning ways, taking 4th on vault, 1st on bars, 5th on beam, 4th on floor and 3rd in all-around. Earlier this month, on Jan. 13, the team finished 5th out of seven in their meet at Herndon HS.

ICE HOCKEY: The Wildcats' ice hockey team cruised to a 6-2 victory on Monday afternoon, Jan. 17. over Loudoun Valley High School, Scoring for the Wildcats were Stephen Ryan (2 goals), Nathan Marks (2 goals), Shane Kehl, and Blake Johnston. Come out and support Wildcat ice hockey. For more information, go to www.wildcathockey.com

SWIMMING: On Friday, Jan. 14 and Friday, Jan. 21, the CVHS swim/dive team competed against Herndon and Westfield, respectively, in Concorde District action. The swim teams' times keep improving, reports Coach Jen McFeely, which is particularly impressive considering the team missed some days of preparation due to snow days. The meet on the 21st was the seniors' last dual meet for the year, and they were recognized for all of their hard work over the past 4 years. They are: Mitchell Cole, Nick Cole, Johnny Germanis, Taylor Avery, Gina Masters, Erin Hessler, Mary Pat Colandro (dive Captain), Chance Roman (dive Tommy Cramp, Lauren Johnston Kim, Rama Rafie, Haley Carlson (Manager) and Courtney Vick(Manager).

Congratulations to the following swimmers for their results and hard work at the following meets: Jan. 14, vs. Herndon: Boys 1st place finishers -200 Medley Relay: Germanis, Hamrick, Helme,

Clarke; 200 Free: Johnny Germanis; 100 Back:

Boys 2nd place finishers - Diving: Chance Roman; 100 Fly: Jonathan Clarke; 200 Free Relay: Balberde, M. Cole, Yom, Helme; 400 Free: Yom, Clarke, N. Cole, Germanis.

Boys 3rd Place finishers - 50 Free: Mitchell Cole; Diving: Rama Rafie: 500 Free: Nick Cole: 100 Back: Jonathan Clarke: 100 Breaststroke: Andy Balberde. Girls 1st place Finishers - 200 Free: Kylie Cuomo:

50 Free: Abby McCranie; 200 Free Relay: Cuomo, T. Avery, R. Anderson, A. McCranie.

Girls 2nd place Finishers - 200 Medley Relay: McCranie, Melanie Luck, R. Anderson, T. Avery; 200 IM: Rachel Anderson; 50 Free: Taylor Avery; Diving: Lauren Johnston; 100 Fly: Taylor Avery; 100 Free: Abby McCranie; 100 Back: Rachel Ander-

Girls 3rd Place Finishers - 200 Free: Brooke Worley; Diving: McKenzie Islin; 500 Free: Brooke Worley; 200 Free Relay: Morgan Cripe, Mackenzie Cripe, Erin Hessler, Brooke Worley; 100 Breaststroke: Melanie Luck; 400 Free Relay: Kylie Cuomo, Brooke Worley, Katie Schwindt, Erin

Jan. 21, vs. Westfield: Boys 1st place finishes -200 Free: Johnny Germanis (made the State Cut); 100 Fly: Johnny Germanis (State Cut); 200 Free Relay: J. Clarke, N. Cole, M. Cole, J. Germanis.

Boys 2nd place Finishes - 200 IM: J. Yom; 50 Free: C. Culleiton; Diving: Chance Roman; 100 Free: J. Clarke; 500 Free: N. Cole; 100 Back: J. Clarke; 400 Free Relay: Yom, Balberde, Kim,

Boys 3rd Place Finishes - 200 Medley Relay: Culleiton, Hamrick, Germanis, Clarke;

200 Free: M. Helme; 200 Free Relay: Ricke, Maney, Culleiton, Jenks; 100 Back: J. Yom.

Girls 1st Place Finishes - 200 Medley Relay: R. Anderson, Melanie Luck, T. Avery, A. McCranie; 100Fly: R. Anderson; 200 Free Relay: Cuomo, T. Avery, R. Anderson, A. McCranie.

Girls 2nd Place Finishes - 100 Free: A. McCranie; 100 Back: R. Anderson; 100 Breaststroke: E.

Girls 3rd Place Finishes - 200 Free: K Cuomo; 200 IM: Morgan Cripe; Diving: Lauren Johnston; 500: B. Worley; 400 Free Relay: Worley, Mackenzie Cripe, Morgan Cripe, Cuomo.

BOYS BASKETBALL: Cameron Owens achieved career highs in points (28) and rebounds (18) as Centreville overcame an early 13-4 deficit to defeat the Oakton Cougars 80-75 in overtime on Wednesday, Jan. 19. Drakkar Sanders scored 12 of his career high 25 points in the third quarter as Centreville extended its lead to 7. Jake Brodie, who also had 5 assists and 3 rebounds, scored all 4 of his points in the deciding overtime period. Ken Ekanem finished the night with 4 points, 8 rebounds, and a career high 4 assists while committing no turnovers.

Despite taking a 36-32 lead into halftime, the varsity boys basketball team could not sustain its momentum and fell 73-63 to the Robinson Rams. dropping the teams record to 5-11 (1-4 in the

SEE CVHS SPORTS. PAGE 15

SPORTS



Wildcat Triumph

Centreville High boys' basketball coach Drew Murphy (center) and the Wildcats won a dramatic 80-75 overtime affair at **Concorde District opponent** Oakton last Wednesday, Jan. 19. Cameron Owens scored a career high 28 points in the win for Centreville. The Wildcats will be at home versus Westfield on Thursday night, Jan. 27.

CVHS Sports Notebook

From Page 14

Concorde District). Cameron Owens led Centreville with 17 points and 7 rebounds. Drakkar Sanders added 16 points and 5 rebounds while Travis Whitney added 12 points and 4 rebounds. Ken Ekanem recorded 8 rebounds for Centreville while Jake Brodie had 6 assists. Centreville next plays at home against Westfield HS on Thursday night, Jan. 27 at 7:30.

GIRLS BASKETBALL: After an in-

spired first half, the Centreville Lady Wildcats could not sustain the pace as they fell to Oakton 71-42 on Thursday night, Jan. 20. The Cats trailed 30-22 at the half and had several opportunities to narrow the lead to three prior to the half. However, in the second half, Oakton showed why they are ranked 5th in the Washington, D.C. metro area, as their outside shooting abilities kicked in. C'ville was led in scoring by Erin Meador with 25 points, and junior post player Chaney Forbush

The Centreville Lady Wildcats overcame a first quarter 20-3 deficit to come away with a thrilling 64-59 victory over the Robinson Rams on Friday night, Jan. 21. The Cats were led in scoring by senior Erin Meador, with her second 25-point game in as many nights to go with 11 rebounds. Chaney Forbush had 12 points, Taylor O'Hara added 10 and Haley Diamond dropped three, 3-pointers in the team victory. Centreville improved to 2-3 in district play and 10-6 overall. Next up is Westfield on Thursday night, Jan. 27.

Sports Notes

The Chantilly High ice hockey **team** will be holding a fundraiser on the evening of Monday, Jan. 31 from 5 to 10 p.m. at Tony's NY Pizza in Fair Lakes, located at 3087 Fair Lakes Shopping Center in Fairfax. The funds raised from the event will go towards helping the Chantilly squad buy more practice ice time, among other team needs.

Members of the Chargers' team, along with playing for Chantilly, are also players at the junior national level on local teams such as the Little Caps, Reston Raiders, and NOVA Ice Dogs travel. The Chantilly team is under the direction of coach Nathan Van Nuys, a math teach at the school.

The team has scheduled upcoming games versus McLean on Monday, Jan. 31 at Reston SkateQuest; versus Robinson on Friday, Feb. 4 at Reston; against Mountain View (Stafford) Wednesday, Feb. 9 at The Lumberyard (Haymarket); and versus Paul VI High on Friday, Feb. 11.

The Chantilly team is a member of the Northern Virginia Scholastic Hockey League. Visit the league website at

DFK (Dreams for Kids) and the Washington Capitals are teaming up to give children with physical and developmental disabilities the opportunity to play hockey, many for the first time. The Extreme Recess clinic, set to take place Friday, Feb. 11 from 11:30 a.m. to 3

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p.m. at Kettler Capitals Complex in Arlington, will celebrate the ability in all children.

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The free clinic is being organized by the volunteer staff at Dreams for Kids, which consists of young adults, all under age 25, who are working to empower local youth of all abilities.

For more information about Dreams for Kids DC, visit www.dreamsfor kids.org/dc.

Oakton High School's girls' basketball coach Fred Priester has won the National Federation of High Schools (NFHS) 2010 Mideast Sectional Coach of the Year Award. The Mideast section includes the states of Delaware, Kentucky, Maryland, Ohio, Pennsylvania, Virginia, and West Virginia, as well as the District of Columbia. The award is presented by the NFHS Coaches Associa-

Priester celebrated his 500th career coaching win in a game last year - a 2009-10 season in which the Cougars won the Northern Region championship. He is currently in his 17th year as head coach at Oakton.

In the past 16 years, his teams have compiled a record of 371-61, while win-12 Concorde District championships and four region championships. His teams have advanced to the Virginia State AAA semifinals on five occasions.

Prior to his tenure at Oakton, Priester was the McLean High girls' coach for 10 years. There, Priester compiled the most wins in McLean High School girls' basketball history with 130.

Local Northern Virginia high school boys' basketball players who are nominees to play in the upcoming 2011 McDonald's All American High School Basketball game are: D'Angelo Boyce (Annandale High School); John Manning (Chantilly High); John Schoof (W.T. Woodson High); Sadiq Abubakar (Episcopal High in Alexandria); James Bourne (Bishop O'Connell High in Arlington); and Larry Savage (Bishop O'Connell).

Local high school girls' players who are nominees are: Shannen Cochraham (Hayfield Secondary School); Zora Stephenson (Oakton High); and Shannon Ericksson (Thomas Jefferson High).

McDonald's will name the final roster of 24 boys and 24 girls during the 2011 McDonald's All American Selection Show on ESPNU, airing Feb. 10 at 5:30 p.m. The 10th annual Girls Game will tip off on Wed., March 30 at the famed United Center in Chicago, and will broadcast live on ESPNU. The 34th annual Boys Game will follow the girls'



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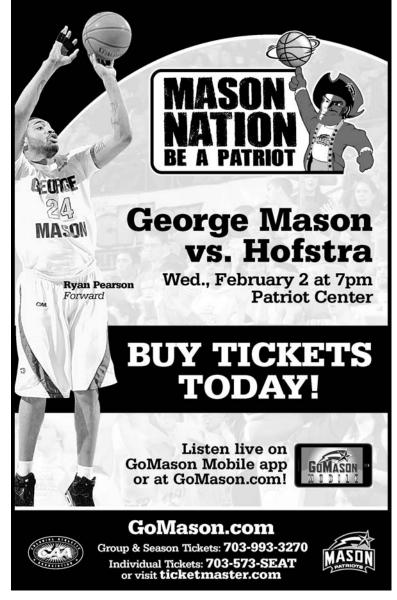
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(Includes Youth Classes)

9:45 AM 10:00 AM

7:00 9:00 PM

9:00-9:45 AM

MOUNT OLIVE BAPTIST CHURCH Administrative Office: 13924 Bradddock Road Suite 201 Centreville, VA 20120 Phone: 703-830-8769 Fax: 703-830-6718

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