

The Coldest Yet

NEWS, PAGE 11

Caroline Miller of Reston and Julianna Toth of Vienna take the plunge. Toth's family started the Virginia Polar Dip 4 years ago to raise money for Camp Sunshine, the only camp in the nation devoted entirely to serving whole families that have a child with a life-threatening illness.

Exploring Role Of Faith in Peace

NEWS, PAGE 3

Love In the Air at Reston Town Center

VALENTINE'S STORY, PAGE 10

FEBRUARY 9-15, 2011

PRSRPT STD
U.S. POSTAGE
PAID
MARTINSBURG, WV
PERMIT #86

ONLINE AT WWW.CONNECTIONNEWSPAPERS.COM

VIRGINIA WINE SHOWCASE

Get ready to *Swirl, Sip & Sizzle!*

FEBRUARY 12-13

Westfields Marriott

DC's Culinary Event of The Year

Your Ultimate Valentine Wine Getaway

Make it a weekend - Use group code **vws vwsa** for an incredible discount on hotel accommodations at Westfields for Valentine's weekend.

BECOME AN AFICIONADO IN SEMINARS LED BY

Greenbrier Resort
Wegmans
Mamma Agati's
Cooking School
Frenchman's Cellar
CakeLove & Love Cafe
Spice Rack Chocolates
Vino Selections
Briar Patch B&B
Virginia VS The World™
Farm Wineries Council
All seminars are included
FREE in ticket price.

SAVE \$10
off the
door price
online with
coupon code
CNT234

Coupon Expires 2/11/11

Tickets and Hotel Accommodations are available online at
www.VAwineshowcase.org

OUR FIRST ONE HUNDRED PATIENTS WILL RECEIVE
50% OFF TEETH WHITENING SERVICES!

WELCOME OFFER ONLY \$69
Per Person. Oral & Cancer Exam,
Cleaning, 4 Bite-wing X-rays.

Insurance may reduce to zero. New patients only. Offer not valid if you fail to keep a scheduled appointment. Must present coupon. Expires 3/31/11.

**\$500 OFF
invisalign**

Premiere provider. Offer not valid if you fail to keep a scheduled appointment. Must present coupon. Expires 3/31/11



smiles
AT RESTON TOWN CENTER

Dr. Riaz Rayek • Dr. Nassir Barekzi • Dr. Grace Lee • Dr. Maya Bachour
1861 Explorer Street, Reston Town Center • 703-437-0007 • www.rtcsmiles.com



TWO POOR TEACHERS

Kitchen and Bathroom Remodeling

Bringing the Showroom to YOU!!



Free Estimates
703-969-1179

Select your remodeling products from our mobile kitchen and bathroom showroom and design center!!



www.twopoorteachers.com

Fully Insured & Class A Licensed
EST. 1999

Tax Season Special!

\$6850

(5x7) Tub Bathroom Remodel:

- Granite countertop
- Porcelain or Ceramic
- Moen Brushed Nickel
- Upgraded Vanity

(Offer Expires 2/15/11)



**Direct
Medical
Access**



**New Internal Medicine/Primary Care
Practice in the heart of Great Falls, VA**

All Insurance's Accepted,
including Medicare, Medicaid
and discounted rate for uninsured
Blood-work drawn in-house

Our Hours: Monday-Friday 9:00AM-6:00PM

Early morning, evening and
Saturday appointments available

1146 Walker Road, Suite E • Great Falls, VA 22066

703-438-0720

www.directmedicalaccess.com

WHILE WE CAN'T PREVENT THE FLU,
together **WE CAN SLOW IT DOWN.**

Cleaning for health for over 15 years.



Save yourself from cleaning the toilet.

**ACT NOW TO RECEIVE \$50
OFF REGULAR MAID SERVICE.***

* Save \$30 on your first clean and \$20 on your fourth clean.
New customers only. Not valid with other offers. Not valid
with move-in/move-out cleans. Promo code: CON2011.

Call now to receive a free,
no-obligation estimate

703-691-7999

www.MAIDS.com



Referred for a reason.



PHOTOS BY ALEX MCVEIGH/THE CONNECTION

Imam Mohamed Magid, executive director of the All Dulles Area Muslim Society, speaks on the importance of faith in peace Feb. 3, during the ADAMS commemoration of World Interfaith Harmony Week.

Exploring Role of Faith in Peace

Interfaith leaders gather at All Dulles Area Muslim Society Feb. 3.

BY ALEX MCVEIGH
THE CONNECTION

Imam Mohamed Magid, executive director of the All Dulles Muslim Area Society, attended the National Prayer Breakfast the morning of Feb. 3 with interfaith leaders from around the world. That evening he shared what he learned with the interfaith community to celebrate World Interfaith Harmony Week.

"I spent the morning with people of faith who have no choice but to work together," he said. "We must dig deep within all of our scriptures and learn to love all of our neighbors, to move from just working together to helping together."

ADAMS welcomed dozens of people for their celebration of World Interfaith Harmony Week. The week was originally proposed in 2010 by King Abdullah II and Prince Ghazi bin Muhammad, both of Jordan. Proposed to the U.N. General Assembly last September, it was celebrated around the world from Feb. 1 through 7.



Rabbi Michael Holzman of the Hebrew Congregation of North America in Reston, speaks to interfaith community members at the All Dulles Area Muslim Society Feb. 3 to commemorate World Interfaith Harmony Week.

Leaders from Christ the Redeemer Catholic Church in Herndon, St. Thomas á Beckett in Reston, the Northern Virginia Hebrew Congregation in Reston and

Temple Rodef Shalom in Falls Church joined ADAMS leadership to discuss the role faith plays in peace.

SEE FAITH, PAGE 5



PHOTOS BY MIKE MCKEE

The six person Brazilian Delegation posed with Reston's community leaders.

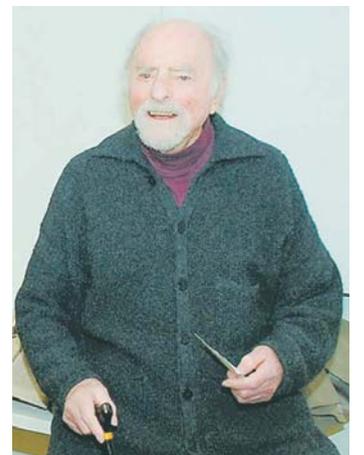
Brazilian Delegation Visits Reston

Tuesday morning, Feb. 2, Reston experienced a friendly foreign "invasion." A delegation from the largest residential developing company in Brazil visited with several of Reston's representatives. Their goal was to discover how a community could be developed where there initially was no other town or city.

They are contemplating the establishment of one or more communities near their capital, Brasilia, which itself is a planned city in the undeveloped middle of their country.

Reston Association President, Kathleen Driscoll McKee, invited the delegation to a meeting where Robert E. Simon Jr., the founder of Reston, Joe Ritchey, a developer, Milton Matthews, the CEO of RA, and other RA staff made presentations to the delegation and fielded many questions.

Maria Rosario, the Senior Architect at Alphaville Urbanismo, the company in Brazil,



Reston's founder, Bob Simon explained how most people thought Reston was "Too far West!"

Alphaville's President, Rodrigo Osmo, Marcelo Willer, VP of Business Development and others composed the visiting delegation. Rosario complimented the community leaders, saying that Reston was "the most successful case study" that they had examined.



Milton Matthews, the CEO of the Reston Association, explained how his organization is managed.

Capitol Steps Perform in Support of Reston Interfaith

The Reston Interfaith will host the 28th Annual Capitol Steps Benefit Performance on Sunday, Feb 13 at Hyatt Regency Reston. Silent auction opens at 6:15 p.m.; performance begins at 7 p.m. Nationally known, the Capitol Steps performances are entertaining political satires filled with song parodies and skits impersonating a wide variety of figures. Reston Interfaith was the first-ever nonprofit for which the political satire group gave a benefit performance, and nearly 30 years later, its supporters are still enjoying this annual event. The performance provides critical support for Reston Interfaith's social service programs.

Tickets are sold in blocks/table of 12 or individually. For more information on tickets contact Kitta Crawley at 571-323-9570 or email at kitta.crawley@restoninterfaith.org.

Reston Store Wins Marine Corps Marathon Award

The Marine Corps Marathon (MCM) will present the Potomac River Running store of Reston the 2010 Team Running Store Award. Potomac River Running won the Team Running Store Competition held during the 35th MCM on Oct. 31, 2010. The winning store topped 10 retailers who registered runners to represent their locations in Maryland, Washington, D.C. and Virginia.

Results are determined by combining the finishing times of each store's fastest three runners, including at least one runner of both genders. Potomac River Running's winning team members are Adam Condit of Ashburn, who finished the MCM in 2:31:00, Aaron Schwartzbard of Reston (2:44:00) and Deedee Loughran of Oak Hill (3:19:43). In addition to leading the running store team, Condit also placed eighth overall among 13,248 men running the 35th MCM.

The award will be presented at 7 p.m. on Thursday, Feb. 10 to the winning team and Potomac River Running store owners Ray and Cathy Pugsley and Margie and Brendan Shapiro at the Reston store located at 11911 Democracy Drive.

Black History in harmony at Hunters Woods ES

Reverb, a Washington, D.C.-based a cappella group, will present two concerts in honor of Black History Month at Hunters Woods Elementary School at 1:15 and 2:15 p.m. on Friday, Feb. 11. The group will perform Black History in Harmony, an educational musical play created by group members for students in grades K-12. The six-member male a cappella group has won Washington Area Music Association (Wammie) awards and has been featured on national and local television. Reverb has also performed the National Anthem at Nationals, Wizards, Mystics, and Philadelphia Eagles games. Contact Jennifer Arakelian at presidentelect@hwpta.org.

RCC to Host Meeting on Strategic Plan

The Reston Community Center Board of Governors is Hosting a Joint Community Relations and Program/Policy Committees' Meeting on Monday, Feb. 14, 6:30 p.m. at the

Reston Community Center Hunters Woods, 2310 Colts Neck Road, Reston. What are your expectations for RCC programs, facilities, and services in the future? Attend this meeting for your opportunity to contribute to RCC's Five Year Strategic Plan (2011-2016). RSVP to RCC Executive Assistant, Janet Dopsovic, at Janet.Dopsovic@fairfaxcounty.gov. If you are unable to attend, but wish to provide comments, send a statement that includes your name, address, contact information, and if applicable, organizational affiliation, to RCCcontact@fairfaxcounty.gov and identify your message with

"RCC Five Year Strategic Plan" in the subject line.

'Dating Abuse Stops Here'

Indoor, 5K walk in memory of Mountain View grad.

BY BONNIE HOBBS
THE CONNECTION

Participating in 5K walks is good exercise and raises money for worthy causes. In the case of the DASH 5K, it may well save the life of someone in an abusive and potentially deadly relationship.

DASH stands for Dating Abuse Stops Here, and the organization was created by Franklin Farm residents Lynne and Andy Russell in memory of their daughter Siobhan, murdered in April 2009 by her ex-boyfriend.

"We wanted to do advocacy of some kind and raise awareness of dating abuse," said Lynne Russell. "We thought this would be a way for Siobhan's voice to be heard and also a way for the victims' families to heal."

DASH is a nonprofit and needs funds to print the informational literature it places in doctors' offices, schools, community centers and anywhere else young people gather. So that's the reason for the DASH 5K.

It's a small walk and will be held Sunday, Feb. 13, at 9 a.m., at the Dulles Town Center, 21100 Dulles Town Circle, off Route 28 North. Enter via the doors between The Cheesecake Factory and P.F. Chang's.

Registration that day costs \$15 (cash or checks only) and is from 8:30-9 a.m., followed by the walk from 9-10 a.m. Or pre-register for \$12.50 at the DASH Web site, www.datingabusestopshere.com.

February is Teen Dating Violence Awareness and Prevention Month, so the upcoming event is especially timely. It's also in honor of a bright girl who was just 19 when her life ended. Siobhan was a student speaker and an award recipient at her February 2009 graduation from Mountain View. She wanted to be a psychologist and had started the enrollment process for NOVA.

TWO MONTHS LATER, on Easter Sunday, Siobhan was delivering presents to friends. She stopped by to see her former boyfriend, and that's when he killed her.

"We now know that dating abuse follows a pattern and there are symptoms that can be put together if people are aware of them," said her mother. "There's a link to the warning signs on the DASH Web site. I wish I'd known them, and I'm sure Siobhan didn't, either."

Russell said her daughter had broken up with the boyfriend; she wanted to move on with her life and date someone else, but he refused to accept it. "She didn't tell anybody he was making threats to her," said Russell. "She tried to keep the peace and thought she could handle it."

"You never think the worst is going to happen," she continued. "But she hadn't mentioned his name



Siobhan Russell

To Pre-register for Dash 5K

Go to www.datingabusestopshere.com and click on the Donate/Sponsor button on the bottom right of the DASH home page. Click on the Donate button. After donating, click on the "special instructions to the seller" link and type DASH at Dulles. A confirmation e-mail will be sent.

- ❖ All participants receive a DASH wristband and keychain.
- ❖ For those eating breakfast after the walk at Mimi's Cafe, 21015 Dulles Town Circle, Mimi's will donate 15 percent of the proceeds to DASH.

in about eight months, so we thought it was over."

In October 2010, Siobhan's killer was sentenced to 40 years in prison, but that doesn't stop the pain her parents, brother Jordan, 18, or sister Frankie, 13, still feel.

"We cope on a day-to-day basis," said Russell. "It's a most-horrific thing – you don't ever expect to see your daughter in a coffin. And it's not as if time heals, in this case, because you get further and further away from the last time you held your child."

THE IDEA for the DASH 5K came up while Russell was talking with friend and neighbor, Wendy Claunch, who saw Siobhan grow up. "It's a very close community," said Russell. "We were devastated and so were our neighbors."

Russell also connected with another woman whose daughter was murdered by a boyfriend. This woman then included Siobhan in a victims' calendar that raised money for the activities of her Web site, www.endingteenviolence.com.

Likewise, it's important for the Russells to get the word out to other young people about the very real dangers they could face if they're in abusive relationships. That's why they print brochures about the subject and speak to groups whenever they can. Next week, for example, they'll talk to Chantilly High seniors.

"Kids should be knowledgeable about the signs," said Lynne Russell. "We don't counsel them, but we give them resources to contact. We encourage the victims or their friends

to call hotlines and get advice from the professionals."

So she's hoping for a good turnout at the DASH 5K. "Up to now, we funded the printing, ourselves, but we need some help to keep doing it," she said. "It's an ongoing thing because there's always a new generation of children coming up who need to know these things."

Russell said her mission against dating abuse gives her a focus and helps her keep Siobhan "with" her and her memory "current." She also hopes that knowing the warning signs will prevent a tragedy from happening to someone else.

"I hope people stand up, look at each other and say, 'That's not a healthy behavior and I won't accept it,'" said Russell. "We hope young people will speak out individually against it and, together, will have the strength to fight it, saying, 'Dating abuse stops here.'"

"We wanted to do advocacy of some kind and raise awareness of dating abuse. We thought this would be a way for Siobhan's voice to be heard and also a way for the victims' families to heal."

— said Lynne Russell

Plum Assesses the Assembly at Mid-point

BY LIZI ARBOGAST
CAPITAL NEWS SERVICE

The General Assembly is about halfway through its 2011 session, and the dust is starting to clear on which bills may become laws and which ones will end up in the dustbin.

The House of Delegates has made quite a bit of headway, especially in the areas of higher education and transportation. Last Friday, the House passed the transportation plan proposed by Gov. Bob McDonnell – one of many bills that could have a big impact on Northern Virginia.

Tuesday is “crossover day” in the assembly: If a bill hasn’t cleared the House or Senate by then, it is dead for the session.

With that as a backdrop, Connection Newspapers visited with Del. Ken Plum (D-36) asking for his assessment of the session to this point.

Q: What would you consider the main accomplishments so far?

Plum: It’s kind of a tough time to answer that question because crossover occurs this week, and some of the biggest bills we have are still before us. Let me answer it this way – by saying some of the things we’re working hard on at this point. One would be to try to stall any more cuts to public education. Public education has sustained cuts of about 14 percent over the last couple years.

For most programs that are run very frugally anyway, those kind



Del. Ken Plum (D-36)

of cuts mean that you have to reduce services. And in our school system in Fairfax, with the growth that we have in students and the diversity we have within our school system, we don’t really have any way of cutting back. We are still working on trying to preserve that money. Secondly, we’re working on the transportation congestion problem, the traffic congestion problem. Again, we’re working on solutions that might help to reduce congestion but not take money away from other programs, like the school programs.

Q: What would you say is your single most important contribution so far?

Plum: My single strongest contribution has to have been to highlight the problems that exist within

the governor’s transportation program and that it takes money away from public schools to build roads. I’ve highlighted that on the floor and in the press. I’m trying to have us not compete two important programs, one with the other, but to find funding separate for each.

I continue to work on the clean-up of the Chesapeake Bay. This session we are removing phosphates from fertilizers, which contribute to declining water quality that hurts lakes in Reston as well as in the Chesapeake Bay. That bill will become effective in 2013.

Q: What do you think has been the most disappointing part of the session?

Plum: The biggest disappointment has been a series of bills sponsored by Tea Party supporters that attempt to redefine federalism, and pretend it to take Virginia out of the federal system of government. These are kind of wacky ideas that people sometimes express that they’re somehow gaining additional freedoms, but in fact they don’t do that at all. They’re passing the House; I don’t think they’ll pass the Senate. But there’s a whole series of bills that say that Virginia has authority beyond the federal government in a number of areas, which the courts have found is not the case. Some people standing on the sidelines say, “It looks like we’re fighting the Civil War again.” That whole series of bills on the part of the Tea Party advocates has been a real disappointment.

Faith of Peace

FROM PAGE 3

RABBI MICHAEL HOLZMAN of the Northern Virginia Hebrew Congregation, whose congregation has been involved with ADAMS in many interfaith activities over the years, said getting different faiths together isn’t easy.

“Interfaith relations begin with honesty,” he said. “Being human beings require that we work to put things back together.”

Rizwan Jaka, president of ADAMS, spoke to his own interfaith experiences, which start in his family.

“A lot of us come from interfaith families, I have Jewish cousins and Catholic in-laws,” he said. “People have used religion to divide people, but we have to reject that as contradictory to all our faiths.”

Father C. Donald Howard of Christ the Redeemer said hospital-

ity is the key.

“Hospitality is how we receive peace, how we receive justice,” Howard said. “We have to listen with our heart, not just our ears, to hear what people are really saying, not just what we think they’re saying.”

It wasn’t only faith groups that were represented at ADAMS. Reverend Reginald Early, president of the Loudoun County Chapter of the NAACP, said his group must work like any other group to promote peace.

“We consider ourselves a peaceful organization, we work for peace through civil rights,” Early said. “Contrary to popular belief, the NAACP is an interracial, interdenominational group that comes together to fight social injustice.”

While representatives from all faiths agreed they must work to

further acceptance of all faiths within their own groups, Magid said the Muslim faith must work particularly hard, given the various groups that have used the faith as justification for terrorist acts.

“No matter how much we say Islam is a religion of peace, we must work to show people,” Magid said.

DR. SAYYID SAYEED, national director of the Islamic Society of North America said that international change starts at the local level, which was the reason for events like this.

“What we’re doing here at the local level has a lot of implications on the international level,” he said. “Faith communities have strived for centuries to create peace, and while we are proud of what we’ve done, there is still much to do.”

How To Successfully Take Advantage of Short Sale and Foreclosure Opportunities Available in the Real Estate Market!

Washington, D.C. — Experts have estimated that distressed properties make up as much as 45% of sales in the current real estate market. While these properties represent unprecedented opportunities for buyers there are also many more things to consider than ever before in today’s complex and rapidly changing real estate market. Making sure that pricing is correct; getting reliable estimates on closing costs, interest rates, and necessary repairs; getting reliable and current information on the sales and inventory in your area and picking the right professionals to help are all crucial. Mistakes in these areas could create a great disadvantage to you in negotiations. This could end up costing you thousands of dollars. The good news is that we have a **free, no obligation special report available to help you.** This report was compiled based on years of real estate experience and knowledge and in consideration of today’s unique market and its problems for buyers and sellers. You must read this report before you act.

Educate yourself concerning the process and the market, finding hidden values and systems to help you thrive..

Lack of preparation could cost you tens of thousands of dollars! Don’t let it happen to you. Call Now for your FREE report... 1-800-363-0356, Ext 2201, anytime 24 hours a day.

Provided by PenFed Realty, LLC Reston, VA Copyright© 2011.
This is a no-obligation community service

Paid Advertisement

60-75% OFF POTS
Area’s Largest Selection

50% OFF
Japanese Maples
Over 100 Varieties (6”-12’)
Evergreen Magnolias, Hollies,
Arborvitae & Leyland Cypress
Rhododendrons,
Crape Myrtle, Redbuds

Off-Season Pricing
Free Landscape
& Hardscape Estimates
Patios, Walls,
Walkways, Paver
Driveways & So
Much More
Ends Feb. 28th

Spring is in the
Greenhouse
Citrus, Cyclamen
& Amaryllis

Cravens Nursery & Pottery

9023 Arlington Blvd.,
Fairfax, Virginia
2 miles west of I-495 on Rt. 50,
1 mile from I-66 (Vienna Metro)
703-573-5025
www.cravensnursery.com
9:00-5:00 7 Days a Week

Culinary
COOKING SCHOOL

Treat yourself to a special Valentine’s Day Dinner this year — and leave the cooking to us!

We’re hosting a “Dinner for Two” class on Monday, February 14, from 7-10 p.m.

For \$120 / couple, you’ll not only learn to prepare these great dishes, but you will also feast on:

- Basil-Eggplant Soup
- Grilled Sea Scallops with Basil and Lavender Essence
- Pasta with Asparagus, Chicken, and Gorgonzola
- Warm Chocolate Cake with Grand Marnier Whipped Cream

For more information and to register for classes, please go to www.culinarycookingschool.com

BE MINE

Or give us a call at 703.865.7920

Step-by-Step to Cooking Success

110 Pleasant Street, NW
Vienna, Virginia 22180

OPINION

Happy Valentine's Day

Better than roses or chocolate, ratify equal rights for women; 35 states have done so but not Virginia; 38 states needed to amend the constitution.

Equality of rights under the law shall not be denied or abridged by the United States or by any State on account of sex."

These words, conceived in 1923 by Alice Paul, who was jailed at the Occoquan Workhouse in Lorton for demonstrating for women's right to vote, were approved by the United States Congress in 1972 as the Equal Rights Amendment to the United States Constitution.

To amend the constitution required the approval of 38 states; 35 voted in favor. Virginia was not among them.

This year, some of Northern Virginia's representatives in the General Assembly reintroduced the measure, and a resolution support-

ing the Equal Rights Amendment passed in the Virginia Senate 24-16, with all of Northern Virginia's senators voting in favor.

Thanks especially to state Sen. Patsy Ticer for advocating for what could have been a gift to all the women of Virginia and the United States, and thanks to Senators George Barker, Mark Herring, Janet Howell, Dave Marsden, Chap Petersen, Toddy Puller, Dick Saslaw, and Mary Margaret Whipple for voting in favor of equal rights for women.

Delegates Mark Sickles, Kay Kory and Scott Surovell sponsored the same legislation in the Virginia House of Delegates, but the measure, which previously died in the Virginia General Assembly in 1980, languished in subcommit-

tee.

With equal pay for women still just a goal or dream in the United States as just one example ongoing limits to women's rights, ratification of the Equal Rights Amendment would be welcome at the state and national level, and a worthy Valentine's Day present to the mothers, wives, daughters, sisters in Virginia and beyond. With women's rights as a concern worldwide and a consideration in U.S. foreign policy, such a step would send the message that the U.S. is committed to women's rights at home and beyond.

SENATE JOINT RESOLUTION NO. 357

RESOLVED by the Senate of Virginia, the House of Delegates concurring, That the General Assembly of the Commonwealth of Virginia hereby ratifies and affirms the Equal Rights Amendment to the United States Constitution proposed by the United States Congress on March 22, 1972, and ratified by 35 state legislatures.

— MARY KIMM.

MKIMM@CONNECTIONNEWSPAPERS.COM

EDITORIAL

Tough Choices

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

A legislative session is filled with tough choices. Allocating scarce resources in the budget presents difficult choices that have been discussed many times in this column. This legislative session has been presented the choice by the Governor of taking money from the general fund that supports public schools, police, and mental health programs and others and using it to support building highways. We need traffic congestion relief for sure, but I trust that it will not be at the expense of the schools that have already seen their budgets reduced with the recession.

Policy issues present tough choices as well. Health care advocates who are concerned about the obesity epidemic among children advocated for mandatory physical education classes in the schools. School officials who are already mandated to raise reading and math scores, provide an introduction to science, technology, and engineering, and as of this legislative session teach financial literacy raised a question as to when the additional physical education would be offered and with a declining budget who would teach it. On financial education at the high school level, banks and financial institutions lobbied for an additional, mandatory course in fi-

ancial literacy. Obviously, more people need to better know how to handle their finances. But for families with children who are in art and music and advanced placement classes there is little or no time left in the schedule.

The Governor had a Commission on Governmental Reform that sought to eliminate nearly 20 small boards and commissions. These were small groups that had specialties that advised government agencies for free. The Governor will say he reduced the size of government. What he is eliminating are people who served the Commonwealth for free and provided expertise that is not present in state staff. Government gets a little smaller but is a lot less inclusive of people that probably increase the relevance and effectiveness of government.

Parents seeking support for their children who have autism had the choice of endorsing a bill that is very narrow in the number of children it serves with the hopes of building on it in the future or suffering defeat at the hands of the insurance lobby for about the tenth year. They went for the limited bill that hopefully can be expanded in the future.

Many choices in the legislative process are not black or white, right or wrong. There are many shades of gray and many interpretations of the same set of facts. There are many tough choices; that is what makes the job of a legislator both interesting and challenging.

LETTERS TO THE EDITOR

Imagining 'Car-free' Reston

To the Editor:

In her recent letter to the editor ["Planning for 'Car-Free Reston,'" Reston Connection, Feb. 2-8] Kathy Kaplan asked readers how they felt about creating a car-free Reston. Some people can easily envision a car-free Reston; they currently don't own a car and rely on public transportation and yes, bicycles to get around. Others may own cars but choose not to pay over \$3 per gallon for gas to sit in congested traffic when they need to go somewhere nearby. Most of these people would like more efficient and frequent transit service and better bike facilities.

However, most people in this area own a car and rely on it to get around. But there are other options. When you "keep a list of all the trips you take" as Ms. Kaplan suggested, you'll probably find that many of those trips can easily be taken by walking or biking. Robert Simon had a vision of more people leaving their cars at home by designing Reston so that most people live within walking or biking distance of a Village Center. Thirty years ago 40

percent of school kids walked to school; today it's around 15 percent. Take a look at the Kiss & Ride lot at your nearby elementary school; every one of those kids being driven to school could either walk, bike, or take the school bus. Instead we're building Kiss & Ride facilities and paying teachers to direct traffic. School staff would love it if parents thought about going car-free for a change.

My wife and I use bikes for the majority of our trips around Reston, even to get groceries. We're confident riding in traffic but that's not the case for most people. When asked, many people would bike or walk if they had a safe, convenient way to do it. I think that's the vision that Supervisor Hudgins has for the future of Reston, especially around the Metro stations: providing many options other than driving for getting around.

Unless that future comes true, many young professionals, who are seeking out more livable, walkable communities, will go elsewhere. And as Reston ages and residents aren't able to drive, they will also want car-free transportation options.

Bruce Wright
Reston

THE CONNECTION

www.ConnectionNewspapers.com

Newspaper of
Reston

An independent, locally owned weekly
newspaper delivered
to homes and businesses.

1606 King Street
Alexandria, Virginia 22314

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
reston@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Alex McVeigh
Community Reporter
703-778-9441
amcveigh@connectionnewspapers.com

Nick Horrock
County & Projects
nhorrock@connectionnewspapers.com

Rich Sanders
Sports Editor
703-224-3031
rsanders@connectionnewspapers.com

ADVERTISING:
To place an advertisement, call the ad
department between 9 a.m. and
5 p.m., Monday - Friday.

Display ads 703-778-9410
Classified ads 703-778-9411
Employment ads 703-778-9413

Trisha Hamilton
Display Advertising
703-778-9419
trisha@connectionnewspapers.com

Andrea Smith
Classified Advertising, 703-778-9411
classified@connectionnewspapers.com

Barbara Parkinson
Employment Advertising
703-778-9413
classified@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editors
Michael O'Connell, Kemal Kurspahic
Photography:
Louise Krafft,
Craig Sterbutzel
Art/Design:
Geovani Flores, Laurence Foong,
John Heinly, Wayne Shipp,
John Smith
Production Manager:
Jean Card

CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecquex
circulation@connectionnewspapers.com

CONNECTION NEWSPAPERS,
L.L.C.
Peter Labovitz
President/CEO

Mary Kimm
Publisher/Chief Operating Officer
703-778-9433
mkimm@connectionnewspapers.com

Jerry Vernon
Executive Vice President
jvernon@connectionnewspapers.com

Wesley DeBrosse
Controller

Debbie Funk
National Sales, 703-778-9444
debfunk@connectionnewspapers.com

Jeanne Theismann
Special Assistant to the Publisher
703-778-9436
jttheismann@connectionnewspapers.com

OPINION

The Law of Rules

BY JACK KENNY
PAST PRESIDENT, REPUBLICAN
CLUB OF GREATER RESTON

We frequently hear of the phrase “The Rule of Law” as one of the basic tenants of our democracy. The topic of this column turns the phrase around and applies it to the actions of our elected representatives: more specifically our Senator, Janet Howell. Howell is a member of five Senate of Virginia committees: Courts of Justice, Education and Health, Finance, Privileges and Elections, and the Rules Committee. As chairperson of the Privileges and Elections Committee in a committee hearing, she recently ruled a motion by the opposition to be “out-of-order”. The motion was to hear a bill, known as the Nullification Bill or more popularly referred to as the Repeal Amendment.

The nullification bill proposes an amendment to the U.S. Constitution reinforcing the Tenth Amendment which limits the Federal Government to those actions specifi-

cally authorized for Federal action: all other powers remain with the states. The proposal is being considered by some 39 other states and may well become the law of the land. The Cradle of Democracy will be absent on this muster.

Senator Howell’s ruling effectively killed the proposal for consideration by the Senate and the possibility of Virginia joining the states supporting this amendment. Chairperson Howell, by the rules of the Senate (recall she is a member of the Rules Committee) is within her rights to issue the ruling on technical grounds. However, the question then arises “What about the rights of the voters? Is she following the oath she took with respect to the Constitution of Virginia?”

The Senator comes down on the side of big, intrusive federal government poking its nose into our dishwashers. As a member of the



A DIFFERING POINT OF VIEW

Education and Health Committee (more popularly known as the Committee of Death) and the Finance Committee she assures that Planned Parenthood gets state support, carefully defeating any attempt to require abortion

mills to operate as a health care facility with adequate safety and emergency regulations to protect the citizenry.

There is a mountain top south of Charlottesville called Monticello: the home and burial place of one the stalwarts of democracy, Founding Father Thomas Jefferson who no doubt would be spinning in his grave at her actions. We constituents need to reflect on this denial of hearing our voices and take action on Nov. 8, 2011. Let’s elect someone who will take their oath of office seriously and put cheap politics aside when it comes to respecting our basic rights.

She said they were all out of order. And when she was challenged by Republican senators on what grounds she had to make that ruling, what was her response? “Because I think they’re out of order.”

Now isn’t that the kind of searing and irrefutable logic you want to see from an elected official?

No, I don’t buy it either. Senator Howell’s abuse of power to kill these bills without even an up or down vote was yet another indignity heaped upon the democratic process by the Democrats in the Senate.

Instead of requiring her colleagues on the Privileges and Elections Committee to take a number of hard votes to kill these Republican bills, she violated the rules of the Senate – rules dating back to Thomas Jefferson – in a cynical political move.

That’s not the kind of the leadership we need in Richmond and it’s not the kind of politics we should accept at any level.

Having been born and raised in Northern Virginia, I know this kind of behavior doesn’t represent me, and I’m sure it doesn’t represent you. We deserve a legislature that

reviews all legislation – even legislation proposed by the other side – with deliberation and with fair consideration. Senator Howell didn’t do that here. Her arrogance in violating the rules reminds me of former Speaker Nancy Pelosi’s ridiculous claim that Congress needed to pass the unconstitutional health care law so people would know what is in it. It’s laughable, but unfortunately, in the minds of politicians like Pelosi and Howell, those kinds of arguments not only make sense, they sound great.

We deserve better. You deserve better. We deserve a legislature and elected officials who do their job and who don’t play games to make their lives easier. I strongly urge all of you, as we move closer to Election Day 2011, to pay close attention to what is happening in Richmond – and help us fix it this November.

Spike Williams

Herndon

The writer is a candidate for State Senate in 2011.
www.Vote4Williams.com



Come and play ball!
Teams are forming now
for Girls Softball (ages 6-16).

Tryouts for team placement 3/5
Opening Day Ceremonies 4/2

Offering competitive, fun, and instructional youth softball program with clinics, practices, and games led by trained coaches.

Visit us at <http://gflsoftball.org>

Levels:
Coach Pitch
AA, AAA
Majors
Seniors

Welcoming girls
from some areas
of Reston, Herndon,
and Vienna. See
website for specifics.

Paul's Shoe & Luggage Repair

Don't Discard Your Favorite Shoes —
Bring Them In, They Will Be Just Like New!
Leather Jacket Repairs.

We Clean Uggs

- Remove Water and Salt Stain
- Remove Dirt and Soil
- Restore Original Color
- Safe and Effective

9903 Georgetown Pike
Great Falls, VA 22066

703.759.3735
www.Paulsleather.com

LETTER TO THE EDITOR

Fixing Richmond in November

To the Editor:

It should be comforting for all of us here in Northern Virginia that we have a Senator like Janet Howell representing us in Richmond. Senator Howell represents the people of McLean, Great Falls, Reston and Herndon in the 32nd District, and she chairs the important Privileges and Elections Committee in the State Senate.

I know I’m glad that we have someone like Senator Howell in that seat – she knows so much more than your average citizen, and she’s so smart, she doesn’t even have to give us a reason for doing the things she does. When a number of major bills reached her Committee last week – including bills that would strengthen our right to work laws, would protect private property from government overreaching through the use of eminent domain, and a bill that would have let state governments fight back against the constant encroachment of the federal government into aspects of our lives it has no business being in, she

killed them all without even hesitating.

She said they were all out of order. And when she was challenged by Republican senators on what grounds she had to make that ruling, what was her response? “Because I think they’re out of order.”

Now isn’t that the kind of searing and irrefutable logic you want to see from an elected official?

No, I don’t buy it either. Senator Howell’s abuse of power to kill these bills without even an up or down vote was yet another indignity heaped upon the democratic process by the Democrats in the Senate.

Instead of requiring her colleagues on the Privileges and Elections Committee to take a number of hard votes to kill these Republican bills, she violated the rules of the Senate – rules dating back to Thomas Jefferson – in a cynical political move.

That’s not the kind of the leadership we need in Richmond and it’s not the kind of politics we should accept at any level.

Having been born and raised in Northern Virginia, I know this kind of behavior doesn’t represent me, and I’m sure it doesn’t represent you. We deserve a legislature that

reviews all legislation – even legislation proposed by the other side – with deliberation and with fair consideration. Senator Howell didn’t do that here. Her arrogance in violating the rules reminds me of former Speaker Nancy Pelosi’s ridiculous claim that Congress needed to pass the unconstitutional health care law so people would know what is in it. It’s laughable, but unfortunately, in the minds of politicians like Pelosi and Howell, those kinds of arguments not only make sense, they sound great.

We deserve better. You deserve better. We deserve a legislature and elected officials who do their job and who don’t play games to make their lives easier. I strongly urge all of you, as we move closer to Election Day 2011, to pay close attention to what is happening in Richmond – and help us fix it this November.

Spike Williams

Herndon

The writer is a candidate for State Senate in 2011.
www.Vote4Williams.com

**ROBERTS CARPETS
ORIENTAL RUG Co.**

FEBRUARY

FINANCING AVAILABLE

ORIENTAL RUG SALE MONTH

Hand-knotted, Persian, Pakistan and India

Prices Slashed!
Moving Out Total Stock of Rugs

Oriental Rug Cleaning
Washed at Our Location

- Reweaving • New Fringes
- Repairs of all types of Oriental Rugs • All repairs

20% OFF
Exp. 2/16/11

681 Spring Street, Herndon
Same Location 40 Years • In Business 47 Years
Around the corner from the Ice House • Across the street from the Fire Station
Hours: Mon & Fri: 9-6 • Wed: 9-5 • Tues & Thurs: 9-8 • Sat: 10-3

703-471-7120
www.RobertsCarpets.com

Our Technicians are our employees

ENTERTAINMENT

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/FEB. 10

Baby Steps Storytime. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Interactive storytime. Age 13-23 months with adult. 703-689-2700.

FRIDAY/FEB. 11

"Six Characters in Search of an Author", 8 p.m. at George Mason University Center for the Arts, 4400 University Drive, Fairfax. Luigi Pirandello's surrealistic tragicomedy, presented by Aquila Theatre of New York City. Tickets \$17-\$34 at 888-945-2468 or cfa.gmu.edu.

"Frozen", 8 p.m. The Elden Street Players in the Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Bryony Lavery's play entwines the lives of a murderer, the mother of one of his victims and his psychologist. Mature audiences. \$19 adults, \$16 students and seniors. 703-481-5930 or www.eldenstreetplayers.org.

The Vagina Monologues. 8 p.m. George Mason University Harris Theatre, 4400 University Drive, Fairfax. A benefit performance to raise awareness to stop violence against women and girls. Proceeds benefit George Mason University Victims of Violence Fund and the Tahirih Justice Center. Sponsored by George Mason University Sexual Assault Services, Office of Housing and Residence Life and Women and Gender Studies. Tickets \$5-\$25.



PHOTO COURTESY OF ELDEN STREET PLAYERS

Cassandra Hodziewicz, Adam Downs and Rebecca Lenehan in the Elden Street Players' production of 'Frozen,' playing at the Industrial Strength Theatre, 269 Sunset Park Drive, Herndon.

www.vday.org/about/more-about-or-dance@gmu.edu.

SATURDAY/FEB. 12

"Frozen", 8 p.m. The Elden Street Players in the Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Bryony Lavery's play entwines the lives of a murderer, the mother of one of his victims and his psychologist. Mature audiences. \$19 adults, \$16 students and seniors. 703-481-5930 or www.eldenstreetplayers.org.

481-5930 or www.eldenstreetplayers.org.
"Goldilocks and the Three Bears", 11 a.m. and 2 p.m. The Elden Street Players, Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Tom McCabe's retelling of the classic fairy tale. Goldilocks, with her "not so gold" hair is persecuted by all the other kids at The Enchanted Forest Kiddie Camp. She runs away and it's up to Ranger Roger to find her. \$7 general admission. 703-481-5930 or restonmuseum@gmail.com.

www.eldenstreetplayers.org.

Poland, the Philharmonic of Opole. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. With Maestro Boguslaw Dawidow. Mozart's overture to "Die Zauberflöte" (The Magic Flute) and Beethoven's Symphony No. 3, "Eroica." Virtuoso Evgeni Mikhailov is joined by the orchestra for Piano Concerto in A minor, Op. 17 by Paderewski. Tickets \$25-\$50, available at 888-945-2468 or cfa.gmu.edu.

Disney Princess Dinner Party. 6 p.m. South Lakes High School Theatre Arts Boosters, 11400 South Lakes Drive, Reston. For ages 3-12. Winter and valentine crafts activities, princess magic wand, face painting, video and board games, story telling, dinner, snacks and more. \$40, \$25 per additional child. Reserve by Feb. 10 at atdilkaslivinski@gmail.com or cenorfleet@msn.com.

19th Annual Chocolate Festival and Silent Auction. 11 a.m.-3 p.m. Floris United Methodist Church, 13600 Frying Pan Road, Herndon. Games, inflatables, a silent auction, food, card making, and chocolate. Bring a donation of diapers and enter the raffle to win four tickets to Kings Dominion. Proceeds benefit Student Ministry mission trips, the Help Hungry Kids Ministry and diaper collection for Grace Ministries. 703-793-0026 or www.florisumc.org.

Watershed Walk. 1:30 p.m. Reston Museum, 1639 Washington Plaza, Reston. Enjoy a walk to see the progress on the stream restoration work in the Colvin Run Watershed. Carpool from Reston Museum to the Uplands Tennis Court parking lot at 11302 Ring Road. All welcome. 703-709-7700 or restonmuseum@gmail.com.

The Vagina Monologues. 3 p.m. and 8 p.m. George Mason University Harris Theatre, 4400 University Drive, Fairfax. A benefit performance to raise awareness to stop violence against women and girls. Proceeds benefit George Mason University Victims of Violence Fund and the Tahirih Justice Center. Sponsored by George Mason University Sexual Assault Services, Office of Housing and Residence Life and Women and Gender Studies. Tickets \$5-\$25. www.vday.org/about/more-about-or-dance@gmu.edu.

SUNDAY/FEB. 13

"Frozen", 7 p.m. The Elden Street Players in the Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Bryony Lavery's play entwines the lives of a murderer, the mother of one of his victims and his psychologist. Mature audiences. \$19 adults, \$16 students and seniors. 703-481-5930 or www.eldenstreetplayers.org.

"Goldilocks and the Three Bears", 2 p.m. The Elden Street Players, Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Tom McCabe's retelling of the classic fairy tale. Goldilocks, with her "not so gold" hair is persecuted by all the other kids at The Enchanted Forest Kiddie Camp. She runs away and it's up to Ranger Roger to find her. \$7 general admission. 703-481-5930 or www.eldenstreetplayers.org.

28th Annual Reston Interfaith Benefit. 6:15 p.m. Hyatt Regency Reston, 1800 Presidents Street, Reston. Song parodies and political satire by the Capitol Steps, a silent auction and more. 571-323-9570 or kitta.crawley@restoninterfaith.org.
DASH at Dulles 5k Mall Walk. Registration 8:30 a.m., Walk begins 9

a.m. Dulles Town Center, 21100 Dulles Town Circle, Dulles. A fundraiser for Dating Abuse Stops Here (DASH), created in memory of Siobhan Russell, a 19-year-old Franklin Farm resident and Mountain View High School graduate murdered by her ex-boyfriend in April 2009. \$12.50-\$15. www.datingabusestopshere.com.

MONDAY/FEB. 14

Kids' Science. 3 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Explore scientific topics through activities. Age 6-8. 703-689-2700.

ESL For Jobs. 6 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. English conversation and job skills. Adults. 703-689-2700.

TUESDAY/FEB. 15

Drop-In Story Hour. 7 p.m. Herndon Fortnightly Library, 768 Center St., Herndon. Picture book favorites. Age 2-5 with adult. 703-437-8855.

Baby Steps Storytime. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Interactive storytime. Age 13-23 months with adult. 703-689-2700.

ESL Advanced. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Practice English in a group with a volunteer facilitator. Adults. 703-689-2700.

WEDNESDAY/FEB. 16

Baby Music. 10:30 a.m. Herndon Fortnightly Library, 768 Center St., Herndon. Babies can learn, socialize and develop through music and play. Reserve at 703-437-8855.

ESL Business Writing Course. 7 p.m.

Reston Regional Library, 11925 Bowman Towne Drive, Reston. Business Writing Course for ESL students. Adults. 703-689-2700.

THURSDAY/FEB. 17

"Frozen", 8 p.m. The Elden Street Players in the Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Bryony Lavery's play entwines the lives of a murderer, the mother of one of his victims and his psychologist. Mature audiences. \$19 adults, \$16 students and seniors. 703-481-5930 or www.eldenstreetplayers.org.

Terrific Twos. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Storytime for two-year-olds. Age 2 with adult. 703-689-2700.

Book Discussion. 7 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. The God of Small Things by Arundhati Roy. Adults. 703-242-4020.

FRIDAY/FEB. 18

Wagner's "The Valkyrie." 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. The second opera in "The Ring Cycle," performed by The Virginia Opera and the Virginia Symphony Orchestra. Tickets \$44-\$86, available at 888-945-2468 or cfa.gmu.edu. vaopera.org.

"Frozen", 8 p.m. The Elden Street Players in the Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Bryony Lavery's play entwines the lives of a murderer, the mother of one of his victims and his psychologist. Mature audiences. \$19 adults, \$16 students and seniors. 703-481-5930 or www.eldenstreetplayers.org.

BULLETIN BOARD

To have community events listed in the Connection, send to reston@connectionnewspapers.com. Deadline is Friday.

THURSDAY/FEB. 10

Peace Corps General Information Meeting. 7 p.m. REI Sporting Store, 11950 Grand Commons Ave., Fairfax. Peace Corps Recruiter Benjamin Burnes will speak on the importance of international volunteerism and why today's Peace Corps is more vital than ever. www.peacecorps.gov.

WEDNESDAY/FEB. 16

Preschool Open House. 10:30 a.m. Congregation Beth Emeth, 12523 Lawyers Road, Herndon. Take a tour, see classes in action, meet staff and learn about school programs. Classes for age 6 months to 5 years. Reserve at 703-860-4515, ext. 114 or renee@bethemeth.org. www.bethemeth.org/beccc.htm.

The Advisory Board of the Northwest Center for Mental Health Services. 7-9 p.m. at Northwest Center for Community Mental Health, 1850 Cameron Glen, Reston. Volunteers are needed to serve and act as advocates for women's shelters, homeless shelters, etc. The Board meets the 3rd Wednesday of every month. Contact Cleveland at 703-435-0868 or leaderwilliams@gmx.com.
Alzheimer's Caregiver Support Group. 6:30 p.m. Reston Police Station, 12000 Bowman Towne Drive, Reston. 703-204-4664 or 703-723-4657.

Hot: Living Through the Next Fifty Years on Earth. 7 p.m. George Mason University, 4400 University Drive, Fairfax. Environmental writer Mark Hertsgaard on mitigating green house gases and adapting to climate change. 415-874-9145 or www.markhertsgaard.com.

THURSDAY/FEB. 17

Greater Reston Newcomers & Neighbors Club Treasures Auction. St. John Neumann Church, Lawyers Road, Reston. Non-members welcome. Free. Contact 703-391-1363 for event time.

FRIDAY/FEB. 18

Syndicate Business Networking Group Monthly Luncheon. 11:45 a.m. Syrah Restaurant, Sheraton Hotel, 11810 Sunrise Valley Drive, Reston. With speaker Michael McCarthy, Editor in Chief & Content Director, Washington Flyer Magazine & Media. \$35. Register at www.thesyndicateva.com/next-event-details#lunch2.

MOMS Club of Herndon. 10 a.m. Herndon Fortnightly Library, 768 Center St., Herndon. For mothers who have chosen to stay home with their children. With stories and crafts in honor of Dr. Seuss' birthday. herndon_moms_info@yahoo.com.

SUNDAY/FEB. 20

Pancake Breakfast and Open House. 9-11 a.m. Great Falls Assisted Living, 1121 Reston Ave., Herndon. Pancakes, sausage and fruit. Learn more about this new dementia-specific community. Free. Reserve by Feb. 17 at 571-926-8867 or www.greatfallsassistedliving.com.

MONDAY/FEB. 21

Assistance League of Northern Virginia. 9:30 a.m. at the Sully Government Center, 4900 Stonecroft Blvd., Chantilly. A nonprofit, volunteer organization promoting literacy and well-being for women and children through community based programs, such as Operation School Bell: New Clothes for Kids and Weekend Food for Kids. Meetings are the third Monday of every month. 703-878-1928.

THURSDAY/FEB. 24

Lupus Support Group. 12 p.m. at Reston Hospital Center, The West Wing, 1850 Town Center Parkway, Reston. lh@ascendcomm.com or www.lupusgw.org.
Greater Reston Chamber of Commerce Virtual Reality Tour. 7:30 p.m. Hyatt Regency Reston, 1800 Presidents St., Reston. Commercial realty event with government agencies, commercial brokers and more. communications@restonchamber.org.
"Race to Nowhere." 7:30 p.m. St. Thomas a Becket Church Findley Hall, 1421 Wiehle Ave., Reston. A 30-minute panel discussion will be held immediately following the movie. \$10 advance, \$15 at the door. www.rtnherndonshpsa.eventbrite.com.

SATURDAY/FEB. 26

Medicare, Medicaid and Veteran Benefits: What You Should Know. 10 a.m. Great Falls Assisted Living, 1121 Reston Ave., Herndon. With speakers Jodi Lyons, a national geriatric care manager and Mindy Felinton, Attorney at Law. 703-421-090.



"EXQUISITE THAI CUISINE"

★★★ Conde Nast Traveler
"50 Best" Washington Post
".. Would be equally hip in Paris, Bangkok or Soho."
The New York Times March, 1998

www.busara.com



Photo by Kenneth M. Wyner

Join Us For Valentine's Day

Monday, February 14, 2011

Open Till 11:00 PM

Open Daily: Mon - Sun
11964 Market Street (Reston Towncenter) Reston • 703-435-4188
8142 Watson St. (Tysons) McLean • 703-356-2288

FREE Delivery Available
Please call for details for each location.

RESTON ASSOCIATION 2011 BOARD ELECTIONS CANDIDATES FORUM

Meet the Candidates and learn their positions on the issues that affect the Reston community. Candidates are running for an At-Large Director and in the Hunters Woods/Dogwood District Director seat. The winner of each will hold the seat for three years. So take the time to Meet the Candidates.

TWO CONVENIENT SESSIONS

Reston Association, 12001 Sunrise Valley Drive
Reston, Virginia 20191-3404

Saturday, February 26 at 11 a.m.
Monday, February 28 at 7 p.m.

To learn more about the Reston Association Elections:
www.reston.org and click on 2011 Elections.

Contact Cate Fulkerson 703-435-6512 or
e-mail Cate@reston.org



NOTICE OF PUBLIC HEARING

Reston Association Board of Directors will hold a public hearing on proposed changes to Design Guidelines. The hearing is open to the public and will be held on **Feb. 24, 2011** at the Board's regular meeting, beginning at **7 p.m. 12001 Sunrise Valley Drive, Reston, VA 20191.**

Contact: Cate Fulkerson, Director of Administration, Member Services and IT, 703-435-6512 or via e-mail cate@reston.org

Proposed Design Guideline Changes

- Colors & Materials
- Gutters
- Landscaping
- Sheds & Storage Boxes
- Signs
- Teardowns



Gorgeous Flowers for your Valentine



In our greenhouses
Orchids • Hydrangeas • Cyclamen
Anthurium • Gardenias • Begonias
and so much more!

Merrifield's Florist Quality
Long Stemmed Roses

One Dozen
Only \$49.99 Boxed or \$69.99 In A Vase

FREE SEMINARS

SAT., FEB. 12 AT 10 A.M.

MERRIFIELD: Slow Cooking
(Registration appreciated but not required for this seminar on our website)

FAIR OAKS: Children's Gardening
(Registration appreciated but not required for this seminar on our website)

GAINESVILLE: Boxwoods
Stop by our stores or visit our website for the full schedule

Plus
Fresh Floral Bouquets and Arrangements

Enjoy delicious food at
MERRIFIELD'S GARDEN CAFE
Now open at our Gainesville Location



40th ANNIVERSARY
1971-2011

Merrifield • 703-560-6222
8132 Lee Hwy., Merrifield, VA
Fair Oaks • 703-968-9600
12101 Lee Hwy., Fairfax, VA
Gainesville • 703-368-1919
6895 Wellington Rd., Gainesville, VA

Hours: Monday - Saturday 8 am - 6 pm
Sunday 9 am - 5 pm

Check out our new website: MerrifieldGardenCenter.com

COMMUNITIES OF WORSHIP

GOOD SHEPHERD
LUTHERAN CHURCH
Making more and better disciples of Christ

1133 Reston Avenue, Herndon, VA 20170
Worship: Sunday, 8:00 A.M. and 11:00 A.M.
Sunday School: 9:30 A.M.

Child care available at all services

Church Office: 703.437.5020
Preschool: 703.437.4511
www.gslcva.org




Progressive & Welcoming

ST. ANNE'S EPISCOPAL CHURCH • Reston

7:45 a.m. Holy Eucharist, Rite I
9:00 a.m. Holy Eucharist, Rite II
Sunday school/Music: preschool - grade 2
10:25 a.m. Sunday school/Music: grades 3 - 12
11:15 a.m. Holy Eucharist, Rite II
5:00 p.m. Come Just as You Are Contemporary Service

Nursery care provided at 9:00 and 11:15 services

The Rev. James Papile, Rector
The Rev. Jacqueline Thomson
The Rev. Denise Trogdon
703-437-6530
www.stannes-reston.org
1700 Wainwright Dr., Reston




St. LUKE A.M.E. Church
"Serving the People of God"
SHERATON RESTON HOTEL
SUNDAY SCHOOL 9 A.M.
SUNDAY WORSHIP 10 A.M.
LET US WORSHIP GOD TOGETHER
Rev. Dr. Peter G. Taylor, Pastor
571-337-2022

Herndon United Methodist Church
www.HerndonUMC.org
Sundays

8:30 AM Traditional Worship
11:00 AM the Connection, Contemporary Worship Service
11:00 AM the Garden, Traditional Worship Service
other weekly services
5:30 PM Saturdays: Relax & Renew, Casual Worship Service
6:30 PM Wednesdays: Chapel, Prayer Service

701 Bennett St., Herndon, VA
703-707-6271

To Highlight your Faith Community,
Call Karen at 703-917-6468





A selection of handcrafted, made in America Valentine's Day gifts are available at Appalachian Spring in Reston Town Center.

PHOTOS BY MAHRYA MACINTIRE

Love In the Air at Reston Town Center

Town Center offers dining, gift opportunities for Valentine's Day.

BY ALEX McVEIGH
THE CONNECTION

As Valentine's Day approaches, Reston Town Center is teeming with opportunities to take that special someone out for a romantic meal or find a special gift. Whether it's the weekend before or the big day itself, there are opportunities for a special day all around.

On Saturday Feb. 12, Mon Ami Gabi will host a Valentine's Day pajama brunch, offering waffles, bananas foster, blueberry French toast and crepes among other things.

"We'll be having brunch all day long, and if you show up in your pajamas, we'll match whatever you spend in gift certificates," said Lee Patton, the general manager. "We'll also be featuring a special cocktail called the French Kiss, made with champagne and Pama liqueur."

This is the second year Mon Ami Gabi has had their pajama brunch, and some customers are looking to get in the spirit this year.

"We came last year, but we didn't really take the pajama part seriously," said Cindy Farrish of Reston. "We had a great meal, but I really wish we had gotten in the spirit more. We won't make that mistake this year."

Mon Ami Gabi is also open Feb. 14, and Patton recommends reservations for brunch and Valentine's Day. They can be made by calling 703-707-0233.

JUST DOWN THE ROAD, the Market Street Bar and Grill will be hosting a four-course Valentine's Day meal Saturday Feb. 12 and Monday, Feb. 14 from 5:30 to 10 p.m. Included with dinner is a champagne toast.

"If you haven't tried the place



Gifts available at Appalachian Spring, or other shops in Reston Town Center, can be wrapped Valentine's Day weekend by members of Kids R First, a local organization dedicated to providing school supplies for needy families.

before, Valentine's Day is an excellent day to try it for the first time," said Adam Dean, beverage manager. "We do our best to create a romantic atmosphere with excellent food and service."

Diners can choose between three different appetizers and five main courses as part of their dinner. On Feb. 14, there will also be live jazz starting at 8:30 p.m., featuring the Bobbe Shore and the Trio.

"My wife and I have been to Market Street Bar and Grill many times on Saturday night, and we've always had a good experience," said Kenny Bishop of Reston. "We're always looking to mix it up for our Valentine's dinner, so we're going to give it a try. The atmosphere is pretty special there normally, so I think we'll do well there."

Reservations are also recommended for Market Street Bar and Grill by calling 703-925-8250.

SHOPPERS looking for a special gift at Reston Town Center can head to Appalachian Spring, lo-

cated on Market Street, to get a gift, or to have a gift wrapped. Members of Kids R First, a local organization dedicated to giving school supplies to needy students, will be on hand throughout Valentine's Day weekend to help wrap any gift purchased at Reston Town Center, and will be taking donations.

"We offer handmade, crafted in the U.S. gifts for everyone from infant to grandmother," said store manager Liz Gardener. "We are proud to support Kids R First, there are students that don't even have money for a backpack, so it's nice to be part of something that helps."

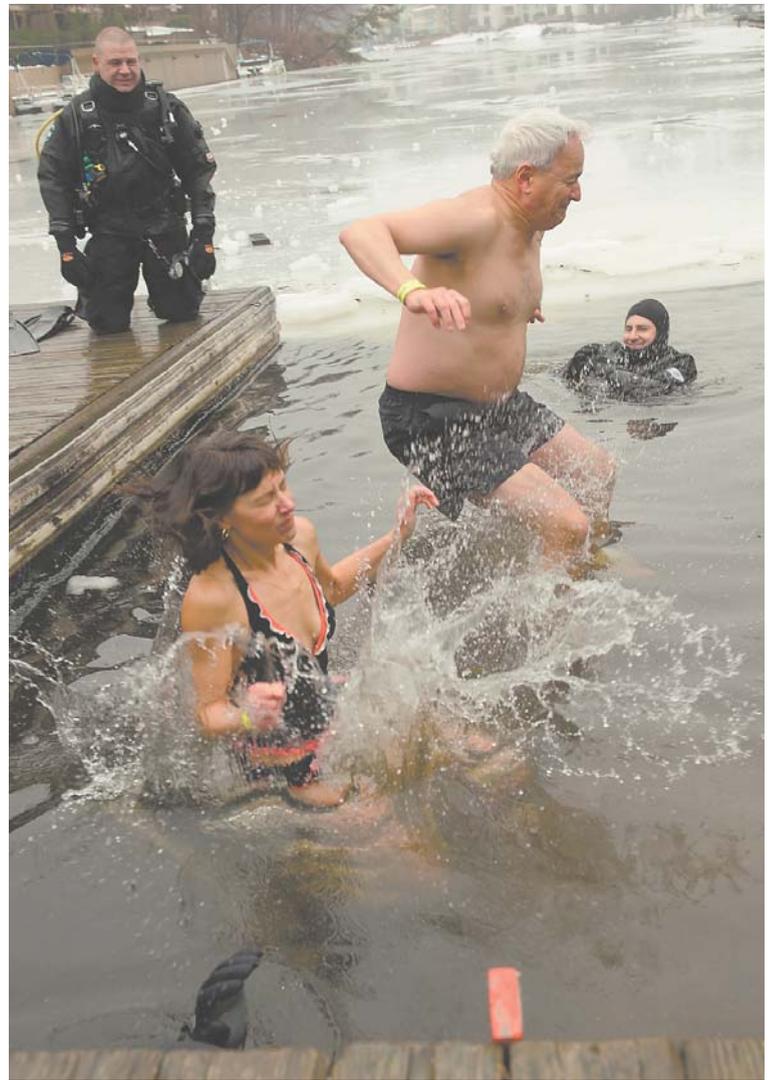
The store donates the space and the wrapping paper for the gifts. Items at Appalachian Spring include everything from vases to refrigerator magnets

Wrapping will take place at Appalachian Spring Friday, Feb. 11 from noon to 6 p.m., Saturday Feb. 12 from 10 a.m. to 8 p.m., Sunday, Feb. 13 from noon to 4 p.m. and Monday, Feb. 14 from 11 a.m. to 6 p.m.



PHOTOS BY DEB COBB/THE CONNECTION

South Lake High School sophomores Nicole Rappaport, Michelle Slivinski, Samantha Tremaine, and Sean McCrone raised \$1,395.



Gail and Bill Toth are the last plungers of the day. Says Gail Toth, 'This is the coldest year we've had so far.' Their family brought the Camp Sunshine Polar Dip to Reston four years ago. The Dip is a fundraiser for Camp Sunshine, a camp in Casco, Maine for children with life-threatening illnesses and their families. (www.campsunshine.org). This year's event has, to date, raised over \$73,000.

The Coldest Yet

The fourth annual Freezin' for a Reason Polar Dip at the Lake Anne Plaza set at least one record: It was noted as the "coldest year yet." Members of the Fairfax County Cold Water Dive Team had to break through about 6" of ice to clear an area for the 114 plungers who participated in the event.

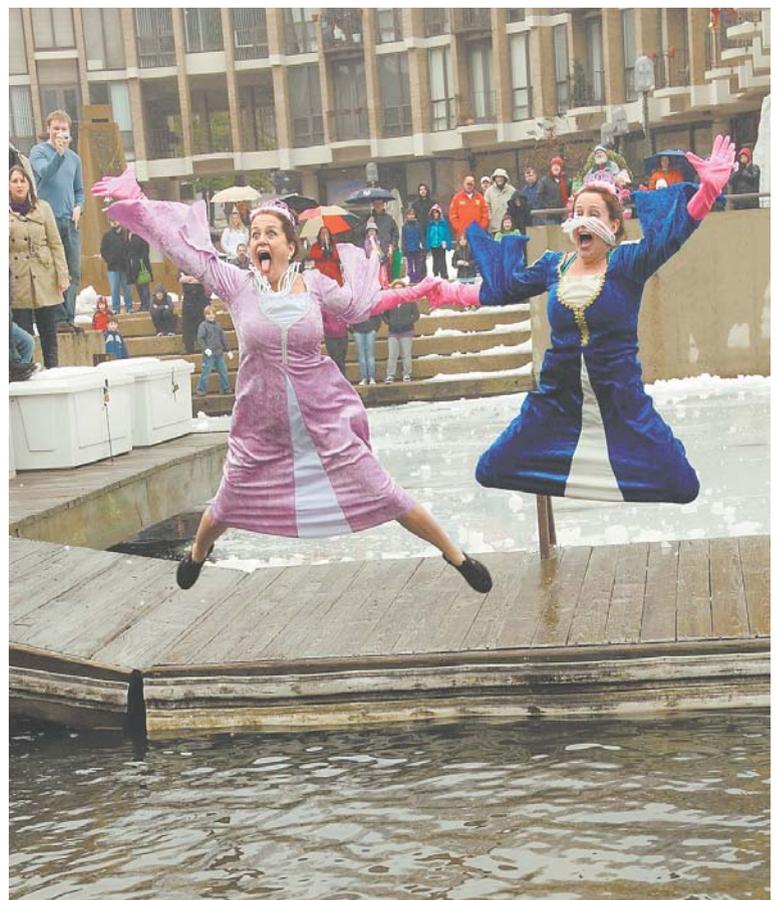
One of several plunges on the east coast benefiting Camp Sunshine, the only camp in the nation devoted entirely to serving families that have a child with a life-threatening illness, the Reston Freezin' for a Reason Polar Dip 2011 raised over \$73,000.

—DEB COBB

Radio personality Chilli Amar of Vienna, gives fiancé Don Carnevale, of McLean, a kiss after the plunge. Mix 107.3 was a sponsor of the event.



Caroline Miller of Reston and Julianna Toth of Vienna prepare to take the plunge. Toth's family started the Virginia Polar Dip four years ago to raise money for Camp Sunshine, the only camp in the nation devoted entirely to serving whole families that have a child with a life-threatening illness.



Sisters Christina and Rebecca Henriques drove from the Boston area to participate in plunge for the second year, this year as 'fancy princesses.' The sisters have volunteered at Camp Sunshine for eight years.

Chris Hanburger Epitomized Redskins Football

BY RICH SANDERS
THE CONNECTION

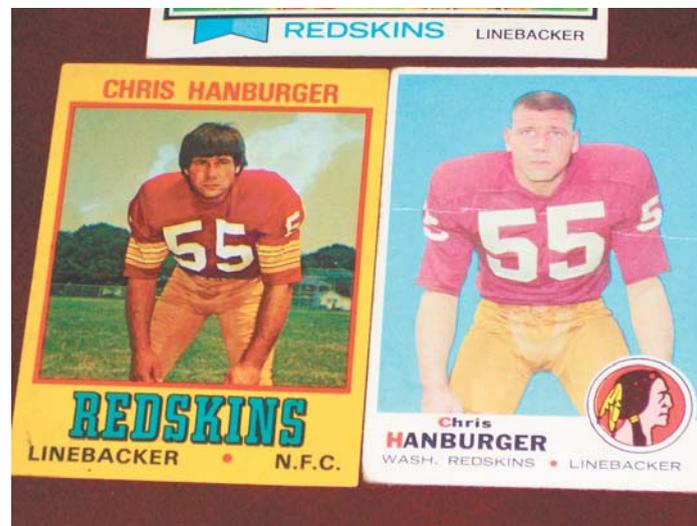
My favorite part of Super Bowl week had nothing to do with either of the two competing teams - the Green Bay Packers or Pittsburgh Steelers. But it did have something to do with my favorite team, the Washington Redskins.

To me, the next best thing to having your favorite team in the Super Bowl is finding out that one of your favorite all-time NFL players has been selected for induction into the NFL Hall of Fame. When the NFL announced, during Super Bowl week, that former Redskins linebacker Chris Hanburger would be one of seven new inductees to be enshrined next August in Canton, Ohio, I was thrilled.

Redskins' fans have been fortunate in recent years to see former players such as cornerback Darrel Green, wide receiver Art Monk and offensive tackle Russ Grimm inducted into the Hall of Fame. Those three were all part of the great Redskins teams of the 1980s and early '90s under legendary head coach Joe Gibbs, who himself is a member of the Hall.

Most current Redskins fans are well versed and learned of the great Redskins teams under Gibbs which won Super Bowls over the Miami Dolphins (1983), the Denver Broncos (1988) and the Buffalo Bills (1992).

But sort of forgotten by Redskins fandom were the exploits of the Redskins teams of the 1970s under head coach George Allen, who came to the Nation's Capital in 1971



Chris Hanburger football cards - from the Wonder Bread All-Star series in 1974 (left) and from the annual Topps set in 1968 (right).

PHOTO BY
RICH SANDERS/
THE CONNECTION

REFLECTIONS and, over the following seven years, led Washington to NFL glory it had not known since the 1940s.

Hanburger, an undersized, perennial standout defensive player who had been chosen by the Redskins out of the University of North Carolina way back in 1965 in the 18th round of the NFL Draft, was a hallmark member of the coach Allen teams - an era of Redskins history highlighted by a trip to Super Bowl VII in Los Angeles in January of 1973.

Hanburger was a coaches' dream. He was a quiet leader counted upon to call the team's defensive formations. He was quick, ultra tough and had a nose for the football. Hanburger, who throughout his Redskins' career was part of linebacker corps that included the likes of Jack Pardee, Harold McLinton and the great Sam Huff, was always, it seemed, involved in the middle of

a play doing his best to help stop opposing offenses.

When I was a youngster, I loved those Redskins teams of the 1970s, which included standout players such as running back Larry Brown, receiver Charley Taylor, center Len Hauss, quarterbacks Billy Kilmer and Sonny Jurgensen, defensive linemen Diron Talbert and Verlon Biggs, and cornerback Pat Fischer. And there was also the steady Hanburger, whom I and other young fans thought had a last name spelling of H-A-M-B-U-R-G-E-R - like what you ate at McDonald's.

Hanburger or Hamburger, it didn't really matter to me. The Redskins' linebacker was a humble, non-arrogant member of the Redskins' 'Over The Hill Gang,' the affectionate nickname given to coach Allen's aged group of winners.

One of Hanburger's signature plays was

the 'clothesline tackle,' in which the standout player would, with his swinging right arm, nail a ball carrier across the chin strap area to bring him down. That form of a tackle, now considered illegal, was a sight to behold when showcased by Hanburger.

But Hanburger was also a text-book, fundamentally sound linebacker who was known for his stunning, jarring hits on running backs. When in street clothes, Hanburger, with his handsome features and straight, boxer cut dark hair, looked anything but a star football player. But when attired in his football pads underneath his burgundy and gold uniform, the understated Hanburger was an NFL force.

Amazingly, up until recent weeks when his name was being tossed as a Hall of Fame candidate, most football fans, if asked to write down a list of the 100 or so best defensive players of all time, would not include Hanburger. Most probably would not even know who he was. He would not have fit into today's show boating style of players who raise their arms in triumph after sacking a quarterback or bringing down a ball carrier for no gain. Not physically imposing and anything but a flaunting, arrogant player, Hanburger was all about T-E-A-M. He could have cared less if his name was ever mentioned in a post game newspaper story, as long as he and his teammates had walked off the RFK Stadium field victorious. Those Redskins teams of the 70s, thanks in part to the heroics of Hanburger, were winners. Oh, if only the current Redskins' roster had more players the likes of a Chris Hanburger, who won Washington fans over with his consistent, first rate play and team-first mentality.

Seahawk Boys, Saxon Girls Victorious at District Track

Strong showings also come from Madison, McLean, and Fairfax athletes.

BY RICH SANDERS
THE CONNECTION

The South Lakes High boys' and the Langley High girls' indoor track and field teams earned titles at last week's Liberty District championships, which were held Feb. 1-3 at Prince George's Sports and Learning Center.

The Langley girls finished first with 101 team points, edging second place South Lakes (95). Jefferson (90) finished third and McLean (72) was fourth. Rounding out the district girls' field were Madison (69), Marshall (31) and Fairfax.

On the boys' side, the perennial district champion South Lakes team captured the title with 214 points, well ahead of second place finisher Langley (54.50) and third place Fairfax (51).

The fourth through seventh place finishers were McLean (48), Jefferson (46.50), Madison (41) and Marshall.

THE SOUTH LAKES' BOYS received a stellar meet from Sean Price, who finished first place in four events - the long jump, triple jump, high jump and 55 dash. The Seahawks were also dominant in several other events as Will Sickenberger and Nicholas Guarnaccia finished first and second, respectively, in the 1,600 race, and Armando Drain and Ian Angara were first and second in the 500. In the 300, Drain, Price and Corey Gilmore finished first, second and third. And in the 3,200 race, Guarnaccia and Austin Leggett finished first and second. The South Lakes boys also won both the 4x200 and 4x400 relay events.

Other place finishers for the South Lakes' boys included: Rashaan Jones

(second place in high jump, third place in long jump, fourth in triple jump); Stepfon Sanford (second in 55 dash, fourth in long jump); Gilmore (second in triple jump); Ken Robair (fourth in shot put); Drain (fourth in 55-hurdles); Leggett (fourth in 1,600); Sickenberger (second in 1,000); and Alex Clough (fourth in the 3,200).

The Langley boys took the top two spots in the pole vault, with Lucas Grim taking first and teammate Logan Besougloff second. Other place finishers for the Saxons were: Guilherme Coulilaby (second in long jump, third in 55 dash); Robert Yu (fourth in high jump); and Jake Peker (fourth in 1,000).

The McLean boys won the 4x800 relay, edging out second place South Lakes.

IN THE DISTRICT GIRLS' championships, champion Langley received an outstanding showing from Meigan

McManus, won both the long jump and pole vault events. Also earning a first place finish for Langley was Jessica Miles, who won the 1,000 meters.

For South Lakes, Kyannah Calhoun was champion in both the 500 dash and 300 dash events. Also for the Seahawks, Sumiya Yates was first place in the shot put with teammate Jasmin Colon finishing right behind her in second. And South Lakes' Aya Abdelhalim won the 55 hurdles.

Other girls' place finishers across the district included South Lakes' Danielle Hale (third in 55 dash, fourth in long jump).

South Lakes' girls won the 4x200 relay race as well as the 4x400 relay.

The Northern Region indoor track and field championships will take place on Saturday, Feb. 19 at George Mason University.

Alegra Supports FISH

Herndon-Reston FISH, a 41-year-old nonprofit that helps local residents who are experiencing emergency financial circumstances, was granted \$750 by Allegra Print & Imaging FootPRINTS program. John Flynn, owner of Allegra's Chantilly, Reston and Dulles sites, reports that this is the second year of their FootPRINTS Fund, established to provide annual grant awards for print services to local charitable organizations. FISH will put the grant to immediate use, to cover the costs of printing a multi-part invitation package for their fundraiser gala event.



Accepting the check from John Flynn were Herndon-Reston FISH Community Development Volunteer Marcia Di Trapani (left) and FISH Board Member Suzanne Fulton.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

Washington Plaza Baptist Church, 1615 Washington Plaza in Reston, will present a free Black History Month Joint Musical Concert on Sunday, Feb. 13 at 4 p.m., in conjunction with Martin Luther King Christian Church of Reston. This joint celebration of black history month will further examine Christ's teaching about diversity and reconciliation and begin to practice it with one another, through relationship building in the worship service and the reception afterwards. www.washingtonplazachurch.com

Dranesville Church of the Brethren, 11500 Leesburg Pike in Herndon, is collecting soap, toothbrushes and tooth paste, washcloths or hand towels, deodorant, combs and brushes, shampoo, tissues, lotion, hand sanitizers, safety razors and large socks to assemble 150 personal hygiene kits for the homeless. Size XL or larger t-shirts and coats, scarves, hats, gloves, and sweaters also needed. 703-430-7872 or www.dranesvillebrethren.org.

St. Timothy's Episcopal Church, 432 Van Buren St. in Herndon, presents "Journey to Adulthood", a comprehensive Christian Education for youth in grades 6-12. It uses Bible study, prayer, rites of passage, outreach ministries and both serious and playful activities to

underscore its core message that adulthood must be earned.

Floris United Methodist Church, 13600 Frying Pan Road in Herndon, holds worship services at 8 a.m., 9:15 a.m., 11 a.m. and 5 p.m. on Sundays with a Latino service on Saturdays at 7 p.m. 703-793-0026 or www.florisumc.org.

Hope Fellowship Church will temporarily be meeting at Woody's Golf Range, 11801 Leesburg Pike, Herndon. Sunday Worship Services for this new Southern Baptist church are at 10:45 a.m. The public is invited to join a growing Bible believing, multi-ethnic/multi-cultural congregation, with Bible-based sermons and uplifting music. 703-599-3527 or www.hopefellowshipchurchloudoun.org.

Knitters needed the first and third Wednesdays of the month, at 7 p.m., at **St. Timothy's Episcopal Church**, 432 Van Buren St., Herndon. The church's Shawl Ministry is offering free knitting instruction while providing shawls, blankets and other knitted items for people in need. No cost and yarn can be provided. E-mail shawl@saint-timothys.org or visit the Pastoral Care page at www.saint-timothys.org.

Nondenominational **Christian businessmen** meet for prayer, Biblical discussion and fellowship 7 p.m. Fridays at Anita's, 1051 Elden St., Herndon and 12 p.m. Thursdays at 555 Grove St., Suite 200, Herndon. Call 703-795-1257.

Adult Sunday school will be held 9:30 a.m. Sundays at the Washington Plaza Baptist Church at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

Vajrayogini Buddhist Center offers ongoing classes on meditation and Buddhist philosophy, Mondays at 7 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. \$10 per class. 202-331-2122 or www.meditation-dc.org.

The Jewish Federation of Greater Washington and the Jewish Outreach Institute offer the Mothers/Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. Participants include Sha'are Shalom, Congregation Beth Emeth, Temple Rodef Shalom and the Jewish Community Center of Northern Virginia. ShalomDC.org.

The Baha'i community of McLean holds a weekly fireside, a meeting of discussion, devotion and fellowship, at 7500 Box Elder Court in McLean, at 8 p.m. every Friday. An opportunity to learn about the Baha'i faith. 703-556-3400.

John James Hannigan, 88, Dies

John James Hannigan (Nov. 7, 1922-Jan 29, 2011) died in California at the age of 88.

He is survived by his wife Vera, his sons Marc, Steven, and Matthew Hannigan, eight grandchildren, his sister Julia Bursch and brother Patrick Hannigan.

John served in the US Army Air Corps during World War II in the Pacific theater. He graduated law school in California, and went on to serve as an officer with South-

ern Pacific and Amtrak Railroads. He was active in the Reston Community Association and the Reston Homeowner Association and served in many local political campaigns. John was a member of Reston Bible Church, and will be missed by his family and friends.

A memorial service will be held in California. In lieu of flowers, contributions may be made to the American Diabetes Association.



John James Hannigan

Academics Fine Arts Science Sports Technology

THE LANGLEY SCHOOL
summer
studi

CLASSES
Nearly 50 offerings that inspire children's creativity and self-exploration

AGES
Enrolling students in preschool to grade 8

DATES
Five weekly sessions
June 20 – July 29, 2011

EXTENDED CARE
Extended care available until 3:30 p.m. for 4-year-olds and until 5:00 p.m. for grades K-8

LOCATION
Held on The Langley School's state-of-the-art campus in McLean

1411 Balls Hill Road, McLean, VA www.langleyschool.org

HOW TO GET YOUR ORGANIZATION'S SPECIAL EVENTS IN THE CONNECTION

Calendar Listings

The Connection Newspapers contain a Calendar of Upcoming Events every week. While we cannot guarantee that every event we receive information about will be listed, here is the information we need for your upcoming event to be considered for the Calendar. We welcome photographs of similar events held previously, which sometimes appear with Calendar items.

- Name of Event:*
- Day of the Week, Date and Time:*
- Name of the Place Event will Be Held:*
- Address of the Place Event Will Be Held:*
- Name and Phone Number for More Information:*
- Three Sentences Describing the Event:*

Please submit your calendar information at least two weeks before your event. Clear photographs from similar previous events are always welcome. All events should be open to the public. We give first priority to free events. E-mail listings to:

reston@connectionnewspapers.com
or mail to:
Calendar, Connection Newspapers
1606 King Street
Alexandria, VA 22314.

For more information, call 703-778-9410.



www.connectionnewspapers.com

OPINION

Helping Most Vulnerable

To the Editor:

Why are anti-social and niggardly propensities being sanctioned by those responsible for advancing the public and common good?

The Temporary Assistance for Needy Families (TANF) caseload in Virginia has been reduced by 47 percent since the start of Welfare Reform in 1995 (from 70,797 families in June 1995 to 37,686 families as of November 2010). However, Federal funding for the program has remained constant.

Although funding has remained constant and the caseload has been reduced, there has been only one increase in the benefit payable since 1985—i.e., 25 years ago.

The math—fewer families in need but the same level of funding—makes it clear that Virginia has received sufficient funds that could be used to pay a modest increase. A typical family of three now receives a mere \$3,840 per year. That is about a fifth of the Federal poverty level!

Why has only one modest increase been considered in the past 25 years?

In addition to the niggardly and anti-social propensities that are manifested by this inconsiderate behavior toward the most vulnerable in our midst, there are also grave inequities in administration of benefits.

Consider these facts: If two siblings aged 3 and 5 live with a parent and are eligible for TANF, the family will receive a meager \$320 per month. If they live with a relative other than a parent and are eligible for TANF, the family will receive even less in benefits, \$254 per month. However, if they live in foster care, the foster family will receive \$918 per month to care for them. Why the disparity? Are poor children living with their families or a relative other than a parent less deserving than poor children living with a foster family? Could this not possibly encourage the breakup of a family, since parents could conclude that their children would be better supported in a foster family?

Virginia Sen. Janet Howell, Reston, and Del. James Scott, Merrifield, have proposed a TANF indexing budget amendment, a modest proposal that would provide an automatic adjustment for inflation and would “apply only in fiscal years following a fiscal year in which salary increases are provided for state employees.”

Their amendment clearly deserves support.

John Horejsi,
Coordinator
Social Action Linking
Together (SALT)
Vienna

ZONE 1: • RESTON
• HERNDON • LOUDOUN

EMPLOYMENT

703-917-6464

ZONE 1 AD DEADLINE:
TUESDAY 4 P.M.

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

Warehouse Maintenance/Driver

Chantilly HVAC contractor currently accepting applications for a full time warehouse maintenance/parts driver. Duties include, but are not limited to, janitorial services, stocking shelves, and delivering parts to and from distributors as well as our techs in the field. Must have excellent driving record and submit to drug screening. Email resume to sbelzer@ssihvac.com.

Garden Center Laborer and Merchandiser

Bell Nursery, a nationally recognized grower/vendor is looking for hardworking people to stock our products at a garden center near you. Must be flexible for weekend work. For job descriptions and locations go to www.bellimpact.com



Nysmith School hiring for • Extended Care Counselors •

Min. hs diploma plus 6 months childcare exp. \$8-\$15/hr. based on exp. Hours: 3pm-6:30pm
Send resumes to: resumes@nysmith.com
Fax: 703-713-3336

EDUCATION TRAINING

GET HIRED!

Dental, Medical & Pharmacy Staff
Trainees

Needed now!!

No Experience Necessary.

Medical, Dental Facilities & Pharmacies
NOW HIRING.

Local Job Placement & Training
Available

1-(800)-381-1734

C.T.O. SCHEV

LOVE TO DECORATE?

Decorating Den Interiors has targeted Fairfax County for expansion. Turn your passion into a business. Home-based, extensive training, wholesale accounts, low overhead. Call or email to learn more at 703-239-8112 or decorden@earthlink.net
www.decoratingden.com

Educational Internships

Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail internship@connectionnewspapers.com



HOW TO SUBMIT ADS TO

THE CONNECTION
Newspapers & Online

CLASSIFIED

DEADLINES

Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon

E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES

Zones 5, 6.....Tues @ 11:00
Zones 1, 3.....Tues @ 4:00
Zone 2.....Wed @ 11:00
Zone 4.....Wed @ 1:00

E-mail ad with zone choices to:
classified@connectionnewspapers.com
or call Barbara @ 703-778-9413

ZONES

- Zone 1:** The Reston Connection
The Oak Hill/Herndon Connection
- Zone 2:** The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/Lorton Connection
- Zone 3:** The Alexandria Gazette Packet
The Mount Vernon Gazette
- Zone 4:** Centre View North
Centre View South
- Zone 5:** The Potomac Almanac
- Zone 6:** The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
The Great Falls Connection

Employers: Are your recruiting ads not working in other papers?

Try a better way to fill your
employment openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

THE CONNECTION
to your community

703-917-6464

classified@connectionnewspapers.com

Great Papers • Great Readers • Great Results!

Minding My Own Business



By **KENNETH B. LOURIE**

I haven't been writing much the last few weeks. Heck, I haven't felt much like writing at all the last few weeks. And when I woke up this morning with some ideas on which to write, the reason for this not writing/not feeling like writing became clear: it had to do with my having cancer (doesn't everything?). However, my reasons for this specific inactivity had to do with the rather serious (to me, anyway) subject matter on which I had written the last few weeks: outliving my original prognosis and dealing with my now unknown life-expectancy/future as well as the as-yet undetermined treatment protocol going forward. Can you say angst? It seems, however, that after meeting with my oncologist on Friday, Jan. 7, and receiving the continuing good news that I did, we agreed on a treatment plan that's not nearly as reactive as I feared it might be, and as a result – in my opinion, my mind took a break, a time-out, if you will, from all the doom and potential gloom and non-stop pressure a terminal diagnosis can exert.

And though I have some deficits and some anti-cancer (pills and such) routine that I follow from which I never take a break – or need to take a break, and which I have assimilated into my daily – and nightly activities, it's the emotional stuff that can take its toll and exact a price. Sometimes I pretend. Sometimes I deny. Sometimes I get depressed. ("Sometimes?") And often I write. And recently I had written about the end of my original 13-month-to-two-year prognosis (Feb. 27, 2011). Heavy doesn't begin to describe the weight – and wait of that reality. So much so that I spent four columns writing about it. After seeing my oncologist on the 7th, apparently, my instincts for self-preservation took over and instructed my brain, subconsciously, to stop the cancer focus for awhile and give myself a mental rest.

Certainly there are ebbs and flows, highs and lows in this cancer battle; things you can control, things you can't. Knowing when to give in to the emotion (and how to get out of it when you do) and when not to, are the constants in this battle. And after a particularly stressful crossroads-type of moment ("Moment?" More like a month), I gave in and decided to exhale and give myself some time to breathe normally and wander emotionally and get off the cancer train, for however long I could. It didn't mean I stopped thinking about it, it meant I stopped focusing on it – as best I could.

And for a few weeks, I really didn't have a cancer thought worth writing/venting about. I was out of the woods for another quarter or so (the frequency of the all-telling scans), and I was going to try and get out from underneath the shadows as well. And I largely succeeded until today. I do consider the fortnight a success, though. When you're terminal and/or a cancer patient (stage notwithstanding), a minute away, an hour away, a day away from its grip, is heaven on Earth and time worth savoring. So even though I didn't have anything to say these last few weeks, I've enjoyed all the time not saying them.

Life goes on though (thank God!) and my cancer thoughts are back. To tell you the truth, I'm glad to have them. It means – to me – that all systems are go and I can return to normal, as normal as a 56-year-old life-long non-smoker, diagnosed with inoperable stage IV lung cancer, can be. But it's nothing I can't live with, as I have already done so going on two years. This is my new normal. It's the abnormal I'll likely have some difficulty adapting to.

Next week: The "cunancerdrum" of living with cancer continues.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

ZONE I: • RESTON
• HERNDON • LOUDOUN

HOME & GARDEN

CONNECTIONNEWSPAPERS.COM CONTRACTORS.com

703-917-6400

ZONE I Ad DEADLINE:
MONDAY NOON

ZONE I: • RESTON
• HERNDON • LOUDOUN

CLASSIFIED

703-917-6400

ZONE I Ad DEADLINE:
MONDAY NOON

CLEANING

A CLEANING SERVICE
Since 1985/Ins & Bonded

Quality Service at a Fair Price
Satisfaction Guaranteed
Comm/Res. MD VA DC
acleansingserviceinc.com
703-892-8648

GUTTER

PINNACLE SERVICES.
• GUTTER CLEANING
• SMALL REPAIRS
• SCREENING
• POWER WASHING
703-802-0483
GROUP RATES AVAILABLE
FREE EST.

PAINTING

PATRIOT PAINTING
www.PatriotPainting.net
Wallpaper Removal,
Carpentry,
Power Washing,
Int/Ext Painting

Free Est. • Satisfaction Guar!
Lic./Ins. Int./Ext.

703-502-7840
Cell
571-283-4883

THE CONNECTION
NEWSPAPERS

CLASSIFIED

For Local...

- Employment
- Employees
- Services
- Entertainment
- Announcements
- Real Estate
- Cars
- Trucks
- Vans
- RV's
- Boats
- Pets
- Yard Sales
- Crafts
- Hobbies
- And More!

For All
Your
Advertising
Needs...

It Works.
Week
After Week.

703
917-6400

Place
Your
Ad
Today!

THE CONNECTION
to your community

ELECTRICAL

K & D ELECTRIC
COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated

Recessed Lighting
Ceiling Fans
Phone/CATV
Computer Network Cabeling
Service Upgrades
Hot Tubs, etc...

Licensed/Bonded/Insured
Office 703-335-0654
Mobile 703-499-0522

HAULING

ANGEL'S TRASH REMOVAL
• Junk & Rubbish • Furn.
Yard, Construction
Debris • Tree Leaf
& Snow Removal
703-863-1086
703-582-3709

ROOFING

Roofing & Siding
(All Types)
Soffit & Fascia Wrapping
New Gutters
Chimney Crowns
Leaks Repaired
No job too small
703-975-2375

GUTTER

PINNACLE SERVICES, INC.
LAWN SERVICE

MOWING, TRIMMING,
EDGING, MULCHING
& TRIM HEDGES
Group Rates Avail.!

703-802-0483

AL'S HAULING
Junk & Rubbish
Concrete, furn., office,
yard, construction debris
Low Rates NOVA
703-360-4364
703-304-4798 cell

7 DAYS A WEEK

TREE SERVICE

ANGEL'S TREE REMOVAL
Brush & Yard Debris
Leaf & Snow Removal
Gutters & Hauling
Angeltreeslandscaping-hauling.com
703-863-1086
703-582-3709

HANDYMAN

HOME IMPROVEMENT
Repairs & Remodeling:
Plumbing, Electrical, & Painting!

703-455-3858
www.ZenouZHomeImprovement.com
No Job too Small

LANDSCAPING

ANGEL'S LAWN MOWING
• Trimming • Leaf & Snow
Removal • Yard Cleaning
• Hauling • Tree Work
703-863-1086
703-582-3709

PAINTING

MILLENNIUM, USA PAINTING LLC
Licensed & Insured • Interior o Exterior

Power Washing • Carpentry
Wall Paper Removal & Installation • Deck • Fences
Drywall Finishing • Tile Ceramic • Housekeeping
Services • Window Cleaning Interior & Exterior
Gutter Cleaning By \$100 Houses \$50 Townhouses

WE DO SNOW REMOVAL BEGIN 10\$
We clean, drive ways, walkways,
decks, roofs and parking lots

Great References
Great Prices
Quality Service

40% Discount
For New Customers

703-347-2476
millennium-usa@hotmail.com • www.millennium-usa-painting.com

IMPROVEMENTS

R&N Carpentry

♦ BASEMENTS ♦ BATHS ♦ KITCHENS
Foreclosure specialist/Power washing
♦ Exterior Wood Rot, Roofing & Siding
Deck & Fence repair, Screen Porches

No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

**Now! Complete
Print Editions
Online!**

The full print editions of all 18
Connection Newspapers are now
available on our Web Site in PDF format,
page by page, identical to our weekly
newsprint editions, including print
advertising. Go to
www.ConnectionNewspapers.com
and click on "Print Editions."



The HANDYMAN
A DIVISION OF NURSE CONSTRUCTION

BATHROOM REMODELING, DRYWALL,
PAINTING, CERAMIC TILE, CARPENTRY,
POWER WASHING & MUCH MORE

You have tried the rest - NOW CALL THE BEST!!
Proudly serving Northern VA - 46 yrs. exp.

Licensed Insured We Accept VISA/MC
703-441-8811

R.N. CONTRACTORS, INC.

Remodeling Homes, Flooring,
Kitchen & Bath, Windows,
Siding, Roofing, Additions &
Patios, Custom Deck, Painting

We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic
Phone: 703-887-3827 Fax: 703-830-3849
E-mail: rncontractorsinc@gmail

26 Antiques

We pay top \$ for antique
furniture and mid-century
Danish/modern
teak furniture, STERLING,
MEN'S WATCHES, jewelry
and costume jewelry,
paintings/art glass/clocks.
Schefer Antiques @
703-241-0790.
Email: theschefer@cox.net

102 Instruction

English Classes

Classes: Weds & Thurs
Feb 9 - April 14
7pm-9pm

Registration:
Feb 3rd
7pm-9pm

Crossroads UMC
43454 Crossroads Drive
Ashburn, VA
703-729-5100

33 Found

Found: Woman's Ring in the
parking lot of Reston's Nature
House the weekend of January
29th. If you lost a ring, please
emailmjarvill2@gmail.com to
claim it.

25 Sales & Auctions

Need an Estate Sale?
Get the highest price for your
estate and everything sold in 1 day.
CALL "THE ESTATE SPECIALIST"

Bolton Auctioneers
Frank E/Donna Bolton
Licensed/Bonded
703-494-5062

Sell the best way.....the auction way!
www.boltonauctioneers.com

4 RE for Sale

4 RE for Sale

4 RE for Sale

**Retire to waterfront living, keep city benefits,
without hassles and congestion of urban living**

* Deep water property in year round community
* Convenient to RDU International Airport
(Raleigh/Durham/Chapel Hill, NC)
* World class arts and theater, medical services at UNC,
Duke University

For Sale By Owner at \$399,000
Owner Financing with 25% down and approved credit

This waterfront lake property is quite a retirement retreat. It includes 2.5 acres of
land, a newly built boat house along pristine waterfront.
Enjoy the benefits of waterfront living on the private, quiet and treed landscape
including 3 bedrooms, 2 full baths, boat house (two boat slips) and dock, back
porch, covered walk to lake, all on deep water. Search **Hyco Lake, NC** to learn
more about this relaxing lake within an hour's drive to the urban-oriented
Research Triangle Park area, convenient to RDU International Airport as well as
the arts, education and cutting edge medical services found through the
University of North Carolina at Chapel Hill and Duke University

Call 336.643.6022
Qualified buyers only please. Sales commission to licensed agent.

21 Announcements

21 Announcements

21 Announcements

**YOUR LOVED ONES... YOUR ASSETS,
YOUR VALUES... YOUR PLAN
YES, YOU DO NEED A WILL!**

PLANNED GIVING
A LEGACY OF LOVE

You spend your life working to take care of the people who are
important to you. You know their needs and capabilities. There
are things you want them to remember about your values. Your
Will is your chance to provide for them and be sure your wishes
for them are granted. Otherwise, the courts decide.

Nearly everyone needs a Will... YOU need a Will.
The Salvation Army can help you get started.
And the help is FREE!

Call 1-800-814-3150 or send this coupon today to request your
free copy of our informative brochure "A Legacy of Love" and
to learn the date and location of a free estate planning seminar
in your area. Find out what a Will can do for you!

Name: _____
Address: _____
Phone: _____ Email: _____

Mail to: Planned Giving Dept., 2626 Pennsylvania Ave., NW,
Washington, DC 20037

Please send me: _____ "A Legacy Of Love" brochure
_____ Information about a Free Seminar
_____ in my area

W2011

OPEN HOUSES

Saturday & Sunday, Feb. 12th & 13th



2523 Freetown Drive, Reston • \$535,000 • Open Sun. 1-4PM
Suzanne Burch, Century 21, 703-328-5606

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses visit www.ConnectionNewspapers.com, click the Real Estate links on the right side.

 **Call Specific Agents to Confirm Dates & Times.** 

Reston

2523 Freetown Drive.....\$535,000...Sun 1-4...Suzanne Burch.....Century 21703-328-5606

Herndon

2495 Golden Harvest Ct....\$389,950...Sun 1-4....Kathleen Quintarelli.....Weichert.....703-862-8808

Great Falls

754 Ellsworth Ave.....\$1,699,999...Sun 1-4....Diane Van Volkenburg..Weichert.....703 980 4553

1024 Challedon Road.....\$750,000...Sun 1-4....Lyons and McGuire.....Keller Williams.....703 406 9009

10604 Springvale Ct.....\$750,000...Sun 1-4....Lyons and McGuire.....Keller Williams.....703 406 9009

10808 Lockmeade Ct.....\$1,199,000...Sun 1-4....Glynis CantoKeller Williams.....703 395 2355

7509 Royal Oak Drive.....\$1,495,000...Sun 1-4....Jan and Dan Laytham....Long and Foster.....703 759 7777

McLean

1453 Laburnum St.....\$975,000...Sun 2-4....JD CallanderWeichert.....703-606-7901

Vienna

9813 Bridleridge Ct.....\$770,000...Sun 1-4....Katreen RinaldiKorte Realty703-927-3863

601 Plum St.....\$847,000...Sun 1-4....Lauren SobolRealty Investment.....703-615-5812

Oakton

3208 Cobb Hill Lane.....\$599,950...Sun 1-4....Judy GrunerLong & Foster703-517-2464

Sterling

46792 Backwater Dr.....\$550,000...Sun 1-4....Gina Tufano.....Keller Williams.....703-574-3478

20676 Parkside Cir.....\$550,000...Sun 1-4....Kim Spear.....Keller Williams.....703-618-6892

20389 Water Valley Court...\$669,000...Sun 1-4....Gina Tufano.....Keller Williams.....703-574-3478

Manassas

9502 Ninebark Court #C....\$159,900...Sun 1-4....Diana LeFrancois.....Century 21703-930-6682

To add your Realtor represented Open House to these weekly listings, please call Karen Pechacek-Washburn at 703-778-9422 or E-Mail the info to kwashburn@connectionnewspapers.com All listings due by Monday at 3 pm.

WEDDINGS

Lindsey R. Welch and Christopher D. Whelan

Lindsey R. Welch and Christopher D. Whelan exchanged vows Aug. 7 at the Donovan Pavilion in Vail, Colo., where a reception with dinner and dancing followed.

Lindsey is the daughter of Connie and Bill Welch of Denver, Colo. Christopher is the son of Dolly and David Whelan of Great Falls.

Lindsey is currently the Assistant Athletic Director at the National Cathedral School in Washington D.C. and Christopher is the owner of Overtime Athletics and the boys' head varsity basketball coach at Herndon High School.

The couple spent their honeymoon in Aruba and currently reside in Reston.



Lindsey R. Welch and Christopher D. Whelan



Gulick Group at **AUTUMN WOOD**

In Spring 2011, the fully-furnished model home at Autumn Wood will make its public debut. This exclusive community of eighteen homes represents one of the last opportunities to build new and experience community living in Great Falls. To join the Priority Waiting List and have an early opportunity at the premier homesites, or to arrange a private showing, contact Deborah Lembo at 703.795.1333 or email autumn_wood@gulickgroup.com.

More information is available at www.gulickgroup.com.

“In time, a seed of inspiration transforms into a fully-developed community of homes. And just like a blossom, each delicate detail has its own mystique. It is my personal passion to instill that magic in every detail of your new home. -Peter Gulick, President and CEO”

The Difference is

Gulick

