

# Recognizing Boy Scouts

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Boy Scout leaders Rus Pittman, Bob Freeman, Al Fox, Steve Costner, Jim Ashe and Jim Lee joined Optimist Club event organizer Jim Stivison for a group photo.

## Keam Calls for 'Part 2' Of Transportation Bill

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# Simplifying One's Life

Vienna organizer declutters, promotes time management and goal-setting.

BY DONNA MANZ  
THE CONNECTION

**D**o you have summer clothes wedged in the midst of heavy winter sweaters? Is there a knick-knack that you really don't like, from a favorite aunt, sitting in a prominent spot? Are there clothes too big, clothes too small, clothes you really don't like, taking up space in your closet? Are there things hanging around your office that you really don't need — or really don't like? What about those boxes you haven't peeked into for years?

There's an "app" for that. A human app, a professional organizer, someone like Gladys Kozlik of Vienna who has been decluttering lives since the early 1990s.

"If clutter is frustrating you, it's time to move forward," said Kozlik.

Kozlik works with physical space, time management, and

goal-setting. Time management Kozlik described as like decluttering your time.

**HER RELATIONSHIP** with a client usually starts with physical space, a particular room, such as home office or storage area. Frequently, people contact her because they are overwhelmed by a major life event, such as divorce or a move. Initially, Kozlik interviews new clients by phone, prioritizing their needs, ascertaining their organizational goals. She charges by the hour with a three-hour minimum.

"I tell people, 'less is more,'" said Kozlik. "If you're looking to make your life simpler, we might have to get rid of things. Are you ready to do that? I give them choices over the phone so they start thinking about the process."

Tracey Badger, a Vienna mother of three young children, moved into a new home about two years ago. When the family moved, Bad-

ger packed up everything in the former house bringing everything with the move. With boxes and kids, Badger looked for someone to organize her house and found Kozlik.

"She has a good way about her," said Badger of Kozlik. "She has a good eye about what goes but is sensitive to personal needs. There were some kids' clothes that were very sentimental to me, and some, not so sentimental."

Kozlik went through the house room by room, including the garage, and piece by piece in the closets. She filled bags with clothes for church donations, itemizing inclusions for tax purposes.

Badger uses Kozlik's services weekly.

"She's fantastic," said Badger.

"I couldn't have completed all the jobs I've done without her," Badger said. "Some people think it's an extravagant cost. But the value Gladys adds is priceless."

Kozlik came by her career before



PHOTO BY DONNA MANZ/THE CONNECTION

"Some people think it's an extravagant cost. But the value Gladys adds is priceless."

— Tracey Badger

**Gladys Kozlik organizes physical space and addresses time management in her job as a professional organizer.**

organizers were known as professionals. A single, working mother in 1992, Kozlik was reaching out for a career that would generate greater revenue and made use of her "knack" for organizing and time management and turned those skills into a full-time job.

**KOZLIK SHARED** some tips for organizing your space.

1. Keep like-things together. Kitchen items stay in the kitchen, closet items — coats, scarves — go in the closet, not over chairs. Ac-

cessibility is important. Coats go in the hall closet, not in a bedroom.

2. Keep life simple. Stick to the basics. You only want things around you that you truly love to see. You should surround yourself with the things that give you pleasure. Do you really like it? If not, get rid of it.

3. Everything should have a home. Office supplies should be in a convenient place. Kitchen things you use often should be accessible. Everyone in the house should know where the "homes" are.

4. Manage your time well. Prioritize and set goals for your life. Where would you like to be in five years? Set a plan.

5. Consider your space. If you're downsizing, recognize your new space limitations. You might have to get rid of a lot of things you no longer have space for in a smaller home.

Contact Gladys Kozlik at Glad2Organize, Inc., phone 703-725-3827 or 703-281-1345.

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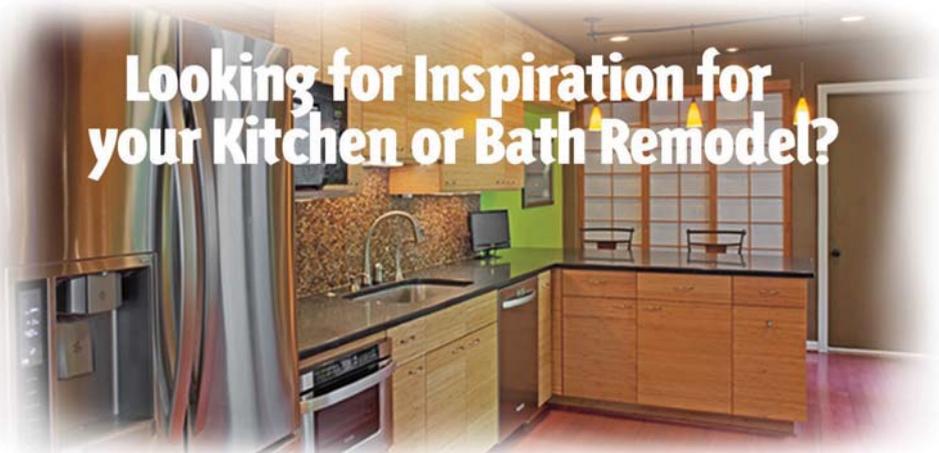
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## Recognizing Boy Scouts

The Optimists Club is dedicated to serving area youth.

The Optimists Club is all about promoting the welfare of youth, from pediatric cancer fundraising to school-aged competitions that foster optimism and good citizenship. On Feb. 2, the Optimist Club of Greater Vienna honored local Boy Scout leaders for their dedication and support to area youth. The Optimist Club and the Boy Scouts of America share similar goals, said event chair, Jim Stivison.

"The Scouts get recognized all the time but the Scoutmasters don't," Stivison said. All district Scoutmasters were invited to the dinner honoring them at Marco Polo. The Greater Vienna Optimists Club covers the area bounded by George C. Marshall High School, James Madison High School and Oakton High School.

**"Two organizations that come to mind as being in the forefront of supporting the youth of the United States are the Boy Scouts and the Girl Scouts."**

— Event Chair Jim Stivison

"Two organizations that come to mind as being in the forefront of supporting the youth of the United States are the Boy Scouts and the Girl Scouts," said Stivison, speaking to members and guests. The Optimist Club of Greater Vienna will honor the Girl Scout Scoutmasters on March 2. Stivison noted that the Scout Law embraces many of the same attributes – loyalty, friendliness, kindness and cheerfulness – that the Optimist Creed does.

**BOY SCOUT LEADERS** whose troops are sponsored by Emmanuel Lutheran Church, St.



Boy Scout leaders Rus Pittman, Bob Freeman, Al Fox, Steve Costner, Jim Ashe and Jim Lee joined Optimist Club event organizer Jim Stivison for a group photo.



PHOTOS BY DONNA MANZ/THE CONNECTION

Guest speaker Al Fox of Boy Scout Troop 1978 described the journey a Scout takes from joining to Eagle Scout rank.

Mark's Church, American Legion Post 180 and Vienna Presbyterian Church attended the recognition dinner, and Al Fox, Scoutmaster of St. Mark's Troop 1978, described the journey from newbie to Eagle Scout.

Rus Pittman and Bob Freeman represented an Emmanuel Lutheran Church troop; Al Fox represented St. Mark's Troop 1978; Steve Costner and Jim Ashe represented American Legion Post 180 Troop 1539; Jim Lee represented Vienna Presbyterian Church Troop 152.

Fox emphasized the bonding experience Scouting offers. The elementary school Scouts make friends they keep in middle school and beyond. "Bonding is one of the things that keep kids in Scouting," Fox said.

Each time a District-area Scout achieves Eagle rank, the Greater Vienna Optimists donate \$100 to his troop in the new Eagle Scout's name and the Eagle Scout is presented with a plaque recognizing his achievement. At Vienna Town Hall is a plaque naming each Eagle Scout honored by the Optimists.

The Optimist Club of Greater Vienna runs a childhood cancer campaign, sponsors academic competitions and essay contests, operates the Vienna Farmers' Market in the caboose parking lot and raises funds for its community service programs with the club's annual Christmas tree sales on Maple Avenue. The club also maintains the Washington & Old Dominion caboose.

**THE GREATER VIENNA OPTIMISTS** meet at Marco Polo Restaurant in Vienna at 7 p.m. on the first and third Wednesdays of every month. The club is always looking for new members. See [www.optimistclubofgreatervienna.org/](http://www.optimistclubofgreatervienna.org/)

—DONNA MANZ



Firas Nasr (foreground left) and James Caracoglia (right) received college scholarships of \$10,000 from the In Hope Freedom Rings Foundation Jan. 10 at the Historic Blenheim Civil War Interpretive Center in Fairfax. Standing with Jack Dale, far right, Superintendent of Fairfax County Public Schools, are representatives of the businesses that contributed to the scholarships. Back Row: Tim Cropp, CroppMetcalf; Kevin Kaweck, Burke Centre Automotive; Joe Hadeed, Hadeed Oriental Rug Cleaning; Richard Lindsay, Mow Cow Lawn & Landscape; Mitchell Cropp, CroppMetcalf; Myron Boncarosky, Virginia Tire & Auto; Barbara Thompson, Papa John's Pizza; Middle Row: Margo R. Friedman, CouponsToGo.com; Sara Brendmoen and Larry Rosenman, Springfield Lorton Dental Group.

## Making College a Reality

Local businesses help two high school seniors to attend college.

A \$20,000 contribution by eight local businesses will help two high school seniors to attend college. Each student receives a \$10,000 In Hope Freedom Rings Foundation scholarship.

This is the sixth year that the foundation has awarded the college scholarships. The presentation was held on Jan. 10 at the Historic Blenheim & Civil War Interpretive Center in Fairfax. The foundation has awarded \$110,000 in scholarships to college bound students attending Fairfax County high schools.

This year Governor McDonnell also proclaimed Jan. 10 as the "In Hope Freedom Rings Foundation Day" in Virginia in honor of the foundation and its supporters who are "helping young people continue their education."

The businesses are: Burke Centre Automotive; CouponsToGo.com; Cropp-Metcalf Services; Hadeed Oriental Rug Cleaning; Mow Cow Lawn and Landscape; Papa John's Pizza; Springfield Lorton

Dental Group; and Virginia Tire and Auto.

Bill Freitas from Papa John's and Myron Boncarosky from Virginia Tire and Auto were singled out by the governor for their "charity, commitment and investment in our young citizens." Both companies have supported the scholarship program for five years.

Superintendent of Fairfax County Public Schools Dr. Jack Dale presented the 2011 scholarships to James Anthony Caracoglia from Oakton High School and Firas Nasr, a senior at James W. Robinson, Jr. Secondary School.

With the highest grade point average in his class, Caracoglia boasts an impressive list of academic and athletic achievements and holds leadership positions in school and church. His accomplishments include being named the Northern Region (VA) Scholar-Athlete six times, the Vienna Optimist Club Excellence Award in Academics, Oakton High School Cougar Commemorative Award in Academics, and the Virginia Tire and Auto Award in Academics.

SEE SCHOLARSHIPS, PAGE 5

## Vienna Police to Help with Safe Drug Removal

In conjunction with the United States Drug Enforcement Agency (D.E.A.) and state and local law enforcement agencies, the Vienna Police Department will again participate in a one-day initiative to remove potentially dangerous controlled substances from area homes.

On April 30, between 1 a.m. and 2 p.m. the Vienna Police Department will have a collection site for old, expired, unused, or unwanted medications. Prescription medications, controlled or non-controlled substances, and over the counter drugs may be turned in anonymously at the collection point inside Vienna Police Headquarters at 215 Center Street, South Vienna.

Participants may dispose of medication in its original container or by removing it and disposing of it directly in to the collection box. If an original container is used the individual should consider removing any identifying information from the prescription label. Liquid products should remain sealed in their original container to prevent leakage.

Intra-venous solutions, injectibles, and syringes will not be accepted due to associated hazards.

## Del Keam to Hold Town Hall Meeting

As the current session of the Virginia General Assembly reaches its midway point, Delegate Mark Keam announced that he will hold a town hall meeting in his District on Saturday, Feb. 12, 2011, from 10 a.m. to 11:30 a.m., in the 3rd Floor Conference Room at 1952 Gallows Rd. in Vienna.

This will be Keam's second public town hall meeting of 2011, following the joint hearing he held in the first week of session with State Senator Chap Petersen, on Saturday, January 15.

## Del. Comstock Honors Wolf Trap, Forms Arts Caucus

Del. Barbara Comstock (R-34) introduced HJR 655, a resolution commending Wolf Trap on the occasion of their 40th anniversary serving the community with "lasting memories that millions of people will treasure over their lifetimes, through unique performing arts experiences and arts education programs."

On Monday, Jan. 31, a special Center Aisle presentation in the House of Delegates was held to commend Wolf Trap and present the resolution to Karen Pittleman, Director of Wolf Trap National Park for the Performing Arts, and Terre Jones, President and CEO of the Wolf Trap Foundation for the Performing Arts.

On Arts Advocacy Day, Jan. 27, Del. Comstock and Del. Eileen Filler-Corn (D-41) held the inaugural meeting of the House of Delegates Arts Caucus. The mission of the caucus is to promote and work with local arts community to highlight and support their programs and performances and promote their efforts with the business community and the donor community.

## New Vienna Preschool to Hold Open Houses

Good Shepherd Preschool, a new weekly outreach ministry of The Church of the Good Shepherd (United Methodist) in Vienna, will hold open houses in February as registration opens for fall 2011 enrollment. Each Tuesday and Thursday in February from 10 a.m. to noon, an open house will be held at the preschool, located at 2351 Hunter Mill Rd.

"We are very excited to begin this new program for 3- and 4-year-old children in our area, and we are blessed to have an experienced preschool director to lead our efforts," said The Rev. Mark Burgess, pastor of the church.

Tina Harkness is the preschool's new director. She has more than 20 years' experience leading other church-related preschool programs.

For more information, call the church at 703-281-3987, ext. 18. You also may e-mail the director Tina Harkness at: thegoodshepherdpreschool@gmail.com. Information is also available at the church website: [www.GoodShepherdVA.com](http://www.GoodShepherdVA.com).

# Studying Lincoln, Law of War

## Burrus M. Carnahan looks at Emancipation Proclamation, Civil War.

BY DONNA MAN  
THE CONNECTION

**B**urrus Carnahan's two books on Abraham Lincoln and the "law of war" are timely on two fronts. One front brings to mind the present controversy surrounding the trials of unlawful combatants, such as terrorists, and the other hits closer to home, that of the sesquicentennial of the American Civil War.

Carnahan, who moved to Vienna from McLean in 2001, examines Lincoln's application of international law of war standards to the president's Emancipation Proclamation and to the code of conduct of the Union forces.

"People assume 'all's fair in love and war,'" said Carnahan. "That's not true. There are accepted international standards and these are usually internalized by the military, part of the code of behavior our armed forces are trained in.

"This process actually began in the Civil War."

There are elements of warfare thought to be controversial but are actually acceptable practices, such as snipers, Carnahan said.

"I think it's important for people to know that there are standards and what the limits of the standards are," he said. "The roots of the law of war go back to the Civil War and the Geneva Conventions."

**CARNAHAN SERVED** in the U.S. Air Force as a Judge Advocate General's [JAG] Corps lawyer for 20 years, specializing in international law and law of war issues.

He developed an interest in Lincoln growing up in Illinois where an A.P. history teacher taught that the importance of Lincoln's presidency was not just about slavery and the preservation of the Union but about the future of democracy around the world.

From 1974 to 1978, Carnahan taught at the U.S. Air Force Academy. After he left the air force in 1989, Carnahan went to work for SAIC as a consultant on arms control and nuclear nonproliferation. He's been doing the same thing

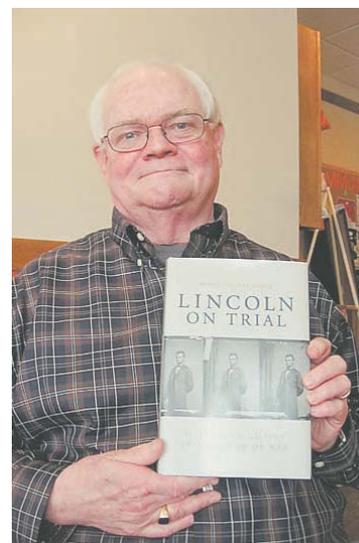


PHOTO BY DONNA MANZ/THE CONNECTION

**Burrus M. Carnahan, former U.S. Air Force lawyer, is a Vienna author on Lincoln and the law of war.**

since 2002 for the State Department.

His interest in Lincoln drew him into Civil War history and to hear dates and events roll off Carnahan's tongue is to be catapulted back into time, into the roiling years between 1860 and 1865.

"Civil War armies were incredibly destructive of property," said Carnahan. Both sides were. It wasn't planned, it's just the way they lived."

Vienna is an example of the destruction wreaked by Union forces. "Everything but the train station and Freeman House was torn down in Vienna," Carnahan said. "Abandoned building were destroyed and the wood re-used." Freeman House and the train station survived because they had military uses. Vienna was an area of active military operations and Freeman House was a Union cavalry post.

A soldier stationed in Vienna with the 16th New York Cavalry, Sgt. Boston Corbett, is credited with shooting Lincoln assassin John Wilkes Booth. The 16th New York Cavalry traced Booth from Washington to Bowling Green, Va., and Booth, in a barn cornered by the unit, lifted his gun to shoot the commanding officer. Corbett fired first and Booth died the next morning.

In his first book, "Act of Justice: Lincoln's Emancipation Proclamation and the Law of War," Carnahan combined his interest in Lincoln and the Civil War with his interest in the law of war. More than a decade before the publication of "Act of Justice," Carnahan had authored an article for the American Journal of International Law about the history of the law

**"One aspect that was never examined by historians was the roots of the Emancipation Proclamation ... All the colonial powers offered freedom to their enemy's slaves."**

— Vienna author, **Burrus M. Carnahan**

of war and its development during the Civil War. "One aspect that was never examined by historians was the roots of the Emancipation Proclamation," said Carnahan. "International laws and customs of war was the rule that Lincoln invoked when issuing the Emancipation Proclamation. Setting free your enemy's slaves was a common practice. The British did it, the French did it. All the colonial powers offered freedom to their enemy's slaves."

When Carnahan participated in the April 2003 unveiling of Lincoln's statue in Richmond, he was struck by the tone of protesters who looked upon Abraham Lincoln not as a unifier of a nation but as a war criminal, a leader of an unconstitutional invasion of the capital of the Confederacy.

**WHEN WRITING** his second book, "Lincoln on Trial," Carnahan looked at three things. What were the international standards of law during Lincoln's time? How did Lincoln become involved in the treatment of southern civilians? Did Lincoln attempt to rise above the standards of his time, become more humane?

For his research, Carnahan scoured the official records of the Union and Confederate armies and the collected works of Abraham Lincoln.

"Lincoln didn't violate the standards of war law," said Carnahan. "The standards were pretty rough back then."

*Burrus Carnahan is a frequent speaker to local groups. You don't have to be a Civil War buff to appreciate the account of Booth's capture. See [www.eyewitnesstohistory.com/booth.htm](http://www.eyewitnesstohistory.com/booth.htm)*

# NEWS

## Troop 1128 Promotes 100<sup>th</sup> Eagle Scout

**O**n Jan. 2, Warren Vernon became the 100th Boy Scout from Troop 1128 of Vienna to be awarded the rank of Eagle. Troop 1128 is sponsored by Andrew Chapel United Methodist Church and has been in existence since the 1960s. The first Eagle Scout from Troop 1128 was Marshall Decker who achieved the rank in 1971. In attendance at Warren's Eagle Court of Honor was Robert Leggett, Troop 1128's scoutmaster for the past 31 years and Bob Dise, a District Eagle board member. Warren rose quickly through the Boy Scout ranks taking on leadership positions at each level and participating in several high adventure trips with the troop.



**From left, Robert Leggett, Scoutmaster Troop 1128, Warren Vernon, and Bob Dise, Chain Bridge District Eagle Board member.**

Warren completed his Eagle Scout project by leading a group of 20 Scouts and 10 adults in a successful food drive in support of SHARE of McLean, an organization which supports needy families in the area. Over 1,900 pounds of food and \$550 in cash dona-

tions were collected for SHARE. Warren's efforts were acknowledged in a letter from the SHARE Board of Directors: "Your well planned and creative approach significantly increased the amount of donations over any previous drives

and helped set the standards for future events." Warren feels proud and honored to be the 100th Eagle Scout in Troop 1128. He plans to continue in Scouting and hopes to one day serve as an Assistant Scoutmaster.

## Scholarships

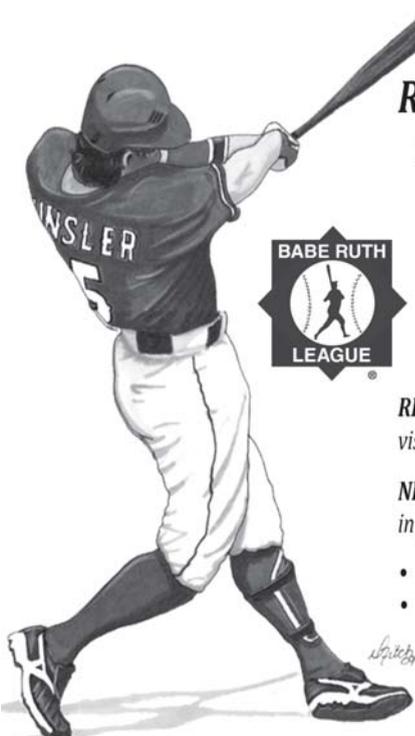
FROM PAGE 3

ation in Academic Achievement. He is fluent in both speaking and reading Spanish and served as the 2010-11 captain of the varsity track team (distance) and varsity cross country team. His true love is science and his ambition is to pursue a career in research.

Nasr exudes enthusiasm and his background includes receiving the "Discus Award," an academic and extra-curricular-based award presented to select students from around the country who demonstrate well-roundedness. He is co-captain of the speech and debate teams, co-president, English honor society and president of the Spanish honor society. With a school letter in orchestra, he plays the violin in a national award-winning philharmonic orchestra and is a Third Degree Black Belt in Tae Kwon Do. In addition, he is an entrepreneur and founder of Luna Jewelry where he designs, creates and sells unique jewelry pieces.

The Foundation was started six years ago by local business owner Margo R. Friedman, a former school teacher, who wanted to give back to the community in a meaningful way. Her dream was to help young people continue their education.

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# OPINION

## Happy Valentine's Day

**Better than roses or chocolate, ratify equal rights for women; 35 states have done so but not Virginia; 38 states needed to amend the constitution.**

**E**quality of rights under the law shall not be denied or abridged by the United States or by any State on account of sex."

These words, conceived in 1923 by Alice Paul, who was jailed at the Occoquan Workhouse in Lorton for demonstrating for women's right to vote, were approved by the United States Congress in 1972 as the Equal Rights Amendment to the United States Constitution.

To amend the constitution required the approval of 38 states; 35 voted in favor. Virginia was not among them.

This year, some of Northern Virginia's representatives in the General Assembly reintroduced the measure, and a resolution support-

ing the Equal Rights Amendment passed in the Virginia Senate 24-16, with all of Northern Virginia's senators voting in favor.

Thanks especially to state Sen. Patsy Ticer for advocating for what could have been a gift to all the women of Virginia and the United States, and thanks to Senators George Barker, Mark Herring, Janet Howell, Dave Marsden, Chap Petersen, Toddy Puller, Dick Saslaw, and Mary Margaret Whipple for voting in favor of equal

rights for women. Delegates Mark Sickles, Kay Kory and Scott Surovell sponsored the same legislation in the Virginia House of Delegates, but the measure, which previously died in the Virginia General Assembly in 1980, languished in subcommit-

tee.

With equal pay for women still just a goal or dream in the United States as just one example ongoing limits to women's rights, ratification of the Equal Rights Amendment would be welcome at the state and national level, and a worthy Valentine's Day present to the mothers, wives, daughters, sisters in Virginia and beyond. With women's rights as a concern worldwide and a consideration in U.S. foreign policy, such a step would send the message that the U.S. is committed to women's rights at home and beyond.

SENATE JOINT RESOLUTION NO. 357

**RESOLVED** by the Senate of Virginia, the House of Delegates concurring, That the General Assembly of the Commonwealth of Virginia hereby ratifies and affirms the Equal Rights Amendment to the United States Constitution proposed by the United States Congress on March 22, 1972, and ratified by 35 state legislatures.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

## About Energy

BY SHARON BULOVA, CHAIRMAN  
FAIRFAX COUNTY BOARD OF SUPERVISORS

**I**n ancient times, energy efficiency meant keeping the tribal cooking fires well-fed with branches and twigs gathered from the nearby forest. The gathering activity was not without some effort on the part of the tribe. Over the centuries, we've found easier ways of providing energy to cook our food, heat and cool our homes, support commerce and operate emerging tools and technologies.

Today, most of our energy sources are from fossil fuels such as coal, oil and natural gas and far too much of it is imported from other countries. Regardless of the origins, our reliance on fossil fuels is not sustainable and does not provide long-term supply security. It also takes its toll on the environment as it is dug, pumped or blasted out of the earth.

Thirty years ago, a similar story unfolded in Europe. Faced with potentially crippling supply threats, weak economies and serious environmental degradation countries such as Finland and Germany framed new energy policies around long-term supply reliability, technical flexibility and transportation alternatives.

Local leaders from Northern Virginia have been able to observe firsthand the success of these policies through a Sister-Region Partnership between the Northern Virginia Regional

Commission (NVR) and the Verband Region of Stuttgart, Germany. In Stuttgart, Helsinki and other European cities we saw large-scale applications of renewable energies from wind, solar and biomass. We studied district energy systems that combined heat and electrical power generation, including waste-to-energy, and distributed it efficiently through downtown central business districts.

Fairfax County has been a pioneer in energy innovation. An example is our Waste-to-Energy facility in Lorton, where heat from burning garbage is converted into energy that is then used to run the plant. Essential elements of our Environmental Agenda include the efficient use of energy resources, the promotion of energy conservation and support for alternative energy sources. We have made notable strides towards improving the energy efficiency of our County buildings, facilities and operations – but we can do more.

Real progress can only be achieved in partnership with the private sector. Redevelopment in Fairfax County, will offer significant oppor-



tunities for creativity and collaboration that we must explore. Additionally, technology is emerging that will help our residents and corporate neighbors save money and precious natural resources as we heat and cool our homes and offices and operate machinery and tools. During 2011, Fairfax County will be making innovation and collaboration for Energy that is clean, efficient, sustainable, secure and reliable a priority. At a Business Roundtable Discussion in December I presented a proposal to convene a Private Sector Energy Task Force. The Task Force is meeting throughout the winter and spring and includes representatives of the residential and business communities, institutional representatives such as George Mason University, Northern Virginia Community College, INOVA, and utilities operating in Fairfax County.

The group's purpose is to define steps our community can take to position ourselves as a leader in the area of energy efficiency, sustainability and "green" technology.

Fairfax County looks forward to collaborating with our neighboring jurisdiction in Northern Virginia where similar efforts are underway. Together we can ensure that our businesses remain competitive, while attracting green business to complement our existing industry sectors and serving as responsible stewards of our natural resources.

for good-faith discussions.

It is my sincere hope that the Board of Supervisors will embrace the MCA's proposed austerity measures and expand on their guidance to reduce the size and cost of county government.

**Dennis Husch**  
Herndon

### LETTER TO THE EDITOR

## MCA Helps Develop County Budget

To the Editor:

Congratulations to the McLean Citizens Association for their recently-approved resolution to guide development of the Fairfax County budget.

While it is easy to complain about taxes and an out of control, over-sized government bureaucracy, it is difficult to articulate specific proposals to control taxes and to make meaningful and rational reductions in government spending.

The MCA has done the hard work and while everyone may not agree on every proposed initiative, they have provided a starting point

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# Keam Calls for 'Part 2' Of Transportation Bill

Assessing the General Assembly session at mid-point.

BY LIZI ARBOGAST  
CAPITAL NEWS SERVICE

**T**he General Assembly is about halfway through its 2011 session, and the dust is starting to clear on which bills may become laws and which ones will end up in the dustbin.

The House of Delegates has made quite a bit of headway, especially in the areas of higher education and transportation. Last Friday, the House passed the transportation plan proposed by Gov. Bob McDonnell – one of many bills that could have a big impact on Northern Virginia.

Tuesday is “crossover day” in the assembly: If a bill hasn’t cleared the House or Senate by then, it is dead for the session.

**“I’ve introduced about 16 bills total, of which I think I’m going to have six passed under my name. I’ve been told that is a pretty decent number, especially in the minority party.”**

— Del. Mark Keam (D-35)

With that as a backdrop, Connection Newspapers visited with Del. Mark Keam (D-35). Here is his assessment of the session to this point.

**Q: What would you consider the main accomplishments so far?**

**A:** Aside from my own legislative accomplishments, I also feel like there’s a really



Del. Mark Keam (D-35)

strong sense of cooperation that I’ve felt this year, unlike what I’ve been told this place is – it’s not as partisan as I expected it to be. I mean, obviously, there’ll be wedge issues where Republicans and Democrats will fight over partisan issues, but by and large, most issues we’ve dealt with have been very cooperative. If it’s a good idea, it’ll pass; if it’s a bad idea, it’s not going to happen.

Given the financial situation of the Commonwealth and the budget restraints, there aren’t any really crazy things that have happened yet, so I guess I feel good about the fact that we’re all working toward common-sense solutions.

**Q: What would you say is your single most important contribution so far?**

**A:** I’ve introduced about 16 bills total, of which I think I’m going to have six passed under my name. I’ve been told that is a pretty decent number, especially in the minority party. I had a bill that passed to provide health care to military veterans, which I was really excited about. That was my favorite bill this year, and I had the governor’s endorsement as well as the American Legion and the Hospital Association supporting me on that.

I carried a bill for the governor on his government reform commission idea. I had a bill that dealt

with juvenile re-entry issues, which also was something coming from the governor’s counsel on prison re-entry, which I served on. That was an idea that came from there.

My point is that after last year’s experience and coming down here and learning how this place works, I’ve figured out that it takes a lot of effort to work in between the sessions; it’s not just a matter of showing up and hoping things get done, but you really have to work it. So I’ve spent some time working on it, asking for some support from Republicans, working with other organizations, and as a result of that, I’ve gotten a lot of bills passed, so I’m pretty happy about that part.

**Q: What do you think has been the most disappointing part of the session?**

**A:** My biggest disappointment – maybe it’s not disappointment as much as I wish we had a more robust conversation about the transportation plan. The House passed its version Friday, and the Senate will pass its version [soon]. There aren’t major differences between the two versions, but the sad thing was that the governor’s plan only included a one-time debt and a one-time taking of the surplus money from the general fund. There was no conversation whatsoever about the continuing streams of revenue. ...

In Northern Virginia and Fairfax County, we really need a steady source of revenue beyond a one-time shot in the arm. All of the other conversations were whether there were gas taxes or other types of taxing authorities in Northern Virginia. None of those provisions passed, and so I guess from that perspective – I mean, it’s a great first step, and I commend the governor for coming up with a transportation plan, but it really is only the first step.

I really wish that this year we were able to deal with the second part of it, which would be the continuing source of funding. I wouldn’t say it’s a frustration or disappointment as much as it’s a half of a loaf – so I wish we had the second half of the loaf as well.

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REVIEW

# Surprise and Laughter at 1<sup>st</sup> Stage

BY DAVID SIEGEL  
THE CONNECTION

Life is an action-packed ride when you wake up each morning with no memory of what happened the day before. Pity poor Claire. She is a sweet perky woman of middle years finding the world a very strange place as she wakes to the harsh tones of an alarm clock, a husband she does not recognize and a sullen son. And that is merely the beginning of the lively "Fuddy Meers" now at 1st Stage.

With the agreeable MiRan Powell as Claire, "Fuddy Meers" is an often silly, sometimes bizarre, engaging evening of entertainment. If you find outrageousness covering various sobering misdeeds appealing rather than unsettling, this production can engross.

Under the direction of Lee Mikeska-Gardner, "Fuddy Meers" is an animated dark comedy with little time for self-absorption or contemplation of



PHOTO COURTESY OF THE 1ST STAGE

**Miran Powell (left) and Kevin Hasser in the 1<sup>st</sup> Stage production of 'Fuddy Meers.'**

the increasingly uncovered shadows, until the final lovingly constructed tender scene. Produced Off-Broadway in 1999, this was the first major work written by David Lindsay-Abaire. He may be better

## 'Fuddy Meers'

Where and When: 1st Stage, 1523 Springhill Road, McLean, Feb. 4-27. Tickets \$15-\$25. Performances Friday, 8 p.m.; Saturday, 2 and 8 p.m. and Sunday, 2 and 7 p.m. Call 703-854-1856 or logon www.1ststageysons.org/fuddy.

known for his Tony Award nominated "Rabbit Hole," a recently released motion picture.

The mood is quickly set for the audience. A terrific set design, a flutter with large happy colored large puzzle pieces by Mark Krikstan along with a myriad of props by Kay Rzasa and focused lighting by Marianne Meadows, envelops the eyes. Jaunty pre-show music of summertime callopes glides the audience members into comfortable seats with a quizzical look and immediate interest. Then the play unfolds. Powell awakes; befuddled as to her place in life. She is always innocently questioning, wanting to trust others while confront

SEE REVIEW, PAGE 13

# ENTERTAINMENT

Send announcements to [vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com)

## THURSDAY/FEB. 10

**An Intimate Evening with SGGL.** 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).  
**McLean Historical Society: Everyday Life During the Civil War.** 7:30 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. Charles Mauro on the challenges and obstacles of living ordinary lives under extraordinary conditions. Free. [schulm@erols.com](mailto:schulm@erols.com) or 703-442-9370.

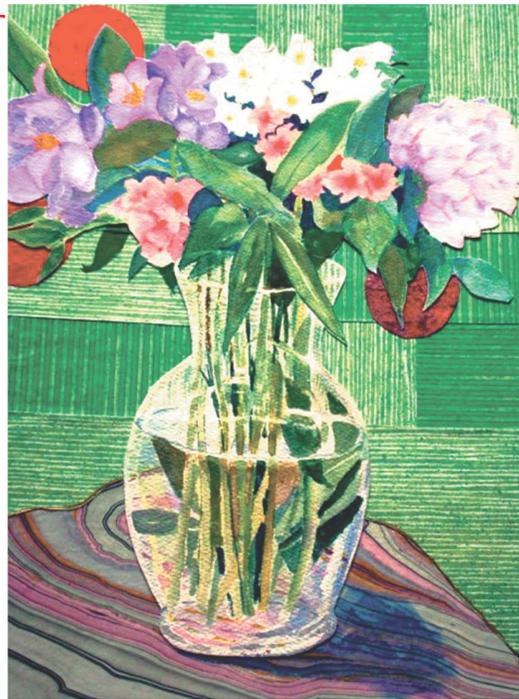
## FRIDAY/FEB. 11

**"Six Characters in Search of an Author".** 8 p.m. at George Mason University Center for the Arts, 4400 University Drive, Fairfax. Luigi Pirandello's surrealistic tragicomedy, presented by Aquila Theatre of New York City. Tickets \$17-\$34 at 888-945-2468 or [cfa.gmu.edu](http://cfa.gmu.edu).

**"Fuddy Meers" by David Lindsay-Abaire.** 8 p.m. 1<sup>st</sup> Stage Theater, 1524 Spring Hill Road, McLean. Claire's amnesia causes her to awaken each morning as a blank slate, and chaos arises as everyone tries to fill in the holes of her lost memory. A dirty puppet, an ex-criminal and a fake cop add to the dark comedy. 703-854-1856 or [www.1ststageysons.org](http://www.1ststageysons.org).

**Kid Architect CD Release, Attractions and Poly-Opto.** 10 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

**The Vagina Monologues.** 8 p.m. George Mason University Harris Theatre, 4400 University Drive,



**'Spring Bouquet' by Nancy Hornstein** The Vienna Arts Society presents a retrospective of former Artist of the Year Nancy Hornstein through the month of February. Open Tuesday-Saturday, 10 a.m.-4 p.m. at the Vienna Art Center, 115 Pleasant St., N.W., Vienna. Free and open to the public. 703-319-3971 or [www.ViennaArtsSociety.org](http://www.ViennaArtsSociety.org).

Fairfax. A benefit performance to raise awareness to stop violence against women and girls. Proceeds benefit George Mason University Victims of Violence Fund and the Tahrih Justice Center. Sponsored by George Mason University Sexual Assault Services, Office of Housing and Residence Life and Women and Gender Studies. Tickets \$5-\$25. [www.vday.org/about/more-about-or-dance@gmu.edu](http://www.vday.org/about/more-about-or-dance@gmu.edu).

**English Conversation Group.** 10 a.m. Patrick Henry Library, 101 Maple Ave. East, Vienna. Conversation group for adults learning English. 703-938-0405.

**Pokemon League.** 3 p.m. Patrick Henry Library, 101 Maple Ave. East, Vienna. Learn and play. Age 5-18. 703-938-0405.

## SATURDAY/FEB. 12

**"Fuddy Meers" by David Lindsay-Abaire.** 2 p.m. and 8 p.m. 1<sup>st</sup> Stage Theater, 1524 Spring Hill Road, McLean. Claire's amnesia causes her to awaken each morning as a blank slate, and chaos arises as everyone tries to fill in the holes of her lost memory. A dirty puppet, an ex-criminal and a fake cop add to the dark comedy. 703-854-1856 or [www.1ststageysons.org](http://www.1ststageysons.org).

**The Civil Wars and Lucy Schwartz** at 7 p.m. and **The Resistance, The Influence and Cerca Trova** at 10 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

**Poland, the Philharmonic of Poland.** 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. With Maestro Boguslaw Dawidow. Mozart's overture to "Die Zauberflöte" (The Magic Flute) and Beethoven's Symphony No. 3, "Eroica." Virtuoso

Evgeni Mikhailov is joined by the orchestra for Piano Concerto in A minor, Op. 17 by Paderewski. Tickets \$25-\$50, available at 888-945-2468 or [cfa.gmu.edu](http://cfa.gmu.edu).

**McLean Symphony Orchestra: Lullaby.** 8 p.m. Oakcrest School, 850 Balls Hill Road, McLean. Dvorak's Three Slavonic Dances, and the Khatchaturian's Masquerade Suite and more. [mclean-orchestra.org](http://mclean-orchestra.org).

**SteveSongs.** 10:30 a.m., 12:30 p.m. and 2:30 p.m. Jammin' Java, 227 Maple Ave. East, Vienna. With Mr. Steve of PBS Kids, for ages 2-10. 703-255-1566 or [www.jamminjava.com](http://www.jamminjava.com).

**Chinese New Year Festival.** 10 a.m.-7 p.m. Luther Jackson Middle School, 3020 Gallows Road, Falls Church. Dragon and Lion dances, Asian foods, cooking and language workshops, craft and business booths, children's world, Lunar New Year parade and more. Free admission. 703-868-1509 or [www.ChineseNewYearFestival.org](http://www.ChineseNewYearFestival.org).

**John Potter Artist's Reception.** 6-8 p.m. Applegate Gallery & Custom Framing, 101 Church St. N.W., Suite C, Vienna. Arlington photographer John Potter will discuss a showing of his "Images of Bologna." 703-281-1361 or [info@applegateframing.com](mailto:info@applegateframing.com).

**Puppetry Festival.** McLean Community Center, 1234 Ingleside Ave., McLean. Grey Seal Puppets in "Tangle of Tales" at 1:30 p.m., and Barefoot Puppets in "Trickster Tales" at 2:15 p.m. Puppet-making crafts for ages 4-8 after the performances. Tickets \$12, \$10 for McLean district residents. Register at [www.mcleancenter.org](http://www.mcleancenter.org).

**Sunday Soiree Dance.** 3-5 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. This month's theme is My Funny Valentine, with live music by The Wayne Tympanick Trio. Refreshments served. Admission

\$5. 703-790-0123, TTY 711.  
**The Vagina Monologues.** 3 p.m. and 8 p.m. George Mason University Harris Theatre, 4400 University Drive, Fairfax. A benefit performance to raise awareness to stop violence against women and girls. Proceeds benefit George Mason University Victims of Violence Fund and the Tahrih Justice Center. Sponsored by George Mason University Sexual Assault Services, Office of Housing and Residence Life and Women and Gender Studies. Tickets \$5-\$25. [www.vday.org/about/more-about-or-dance@gmu.edu](http://www.vday.org/about/more-about-or-dance@gmu.edu).

**VITA Tax Assistance.** 10 a.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Tax help. Dragon and Lion dances, Asian foods, cooking and language workshops, craft and business booths, children's world, Lunar New Year parade and more. Free admission. 703-868-1509 or [www.ChineseNewYearFestival.org](http://www.ChineseNewYearFestival.org).

**Autism Society and AMC Theatres Sensory Friendly Films: "Gnomeo & Juliet."** 10 a.m. AMC Tysons Corner 16, 7850 Tysons Corner Center, McLean. To provide a more accepting and comfortable setting for children with autism or other special needs, the auditorium will have lights up and sound turned down, and families can bring in gluten-free, casein-free snacks. Audience members can get up and dance, walk, shout or sing. Tickets \$6. [www.autism-society.org/sensoryfilms](http://www.autism-society.org/sensoryfilms).

**SUNDAY/FEB. 13**  
**"Fuddy Meers" by David Lindsay-Abaire.** 2 p.m. and 7 p.m. 1<sup>st</sup> Stage Theater, 1524 Spring Hill Road, McLean. Claire's amnesia causes her to awaken each morning as a blank slate, and chaos arises as everyone tries to fill in the holes of her lost memory. A dirty puppet, an ex-criminal and a fake cop add to the

dark comedy. 703-854-1856 or [www.1ststageysons.org](http://www.1ststageysons.org).

**Pat Sommers Rockshop.** 1:30 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

**All You Need Is Love 2: Jammin' Java's Songwriters' circle, A Tribute To The Beatles & Love Songs.** 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. [jamminjava.com](http://jamminjava.com).

**AI Petteway & Amy White.** 4 p.m., 6 p.m. and 8 p.m. Old Brogue Irish Pub, 760-C Walker Road, Great Falls. Guitars, Celtic harp, mandolin and percussion. \$15. 703-759-3309 or [www.ionamusical.com/brogue.shtml](http://www.ionamusical.com/brogue.shtml).

**Old Dominion Chrysanthemum Society: The Art of Floral Photography.** 2:30 p.m. Falls Church Community Center, 223 Little Falls St., Falls Church. A slideshow and tutorial featuring exhibitor and photographer Dr. Robert Howell. Free admission and refreshments. 703-560-8776.

**The Annapolis Bluegrass Band.** 1:30 p.m. Vienna Community Center, 120 Cherry St., S.E., Vienna. Free admission. 703-255-6360.

**MONDAY/FEB. 14**  
**English Conversation.** 10:30 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. English practice for adult non-native speakers. 703-242-4020.

**Brain Games.** 3:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Play Blokus, Battleship, Rush Hour and other fun strategy games. Age 6 and up with adult. 703-242-4020.

**Preschool Storytime.** 10:30 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Stories, fingerplays and activities. Age 3-5 with adult. 703-757-8560.

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The Connection Newspapers contain a Calendar of Upcoming Events every week. While we cannot guarantee that every event we receive information about will be listed, here is the information we need for your upcoming event to be considered for the Calendar. We welcome photographs of similar events held previously, which sometimes appear with Calendar items.

**Name of Event:**  
**Day of the Week, Date and Time:**  
**Name of the Place Event will Be Held:**  
**Address of the Place Event Will Be Held:**  
**Name and Phone Number for More Information:**  
**Three Sentences Describing the Event:**

Please submit your calendar information at least two weeks before your event. Clear photographs from similar previous events are always welcome. All events should be open to the public. We give first priority to free events. E-mail listings to: [vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com) or mail to: Calendar, Connection Newspapers 1606 King Street Alexandria, VA 22314.

For more information, call 703-778-9410.

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## SCHOOLS



Kilmer Middle School's MathCounts team displays trophies they won at the Regional Competition.

### Kilmer MathCounts Team Wins Awards at Regional Competition

Kilmer MathCounts team competed on Feb. 5 with 22 teams from various Northern Virginia schools at the MathCounts Northern Virginia Regional Competition at Lake Braddock Secondary School. After rigorous selection process and multiple exams, the following students were selected from among 50 students to represent the school: Kenneth Chen,

Jessica Guo, Peter Kim, Kevin Lin, William Long, David Noursi, Ramya Radhakrishnan, and Virginia Sun. All of them participated in the competition.

During a day-long competition, Kilmer achieved the following:

Third Place Overall; Count Down - Two students were selected to be among the 16 Count Down Students; First Place in the Count

Down round - Kevin Lin; First Place in Best Individual Performance - Peter Kim; Third Place in Best Individual Performance - Kevin Lin; Highest scoring individual student among all 23 teams - Peter Kim.

Peter Kim, an 8th grader, will be moving on to compete at the State level.

The team is being coached by Yeon Rhee of Solomon Academy.

### SCHOOL NOTES

Send school notes to [vienna@connectionnewspapers.com](mailto:vienna@connectionnewspapers.com). Deadline is Friday.

**Lily Alexandra Kruglak** of Vienna has been named to the fall 2010 dean's list at Juniata College of Huntingdon, Pa. The senior is studying peace and conflict studies with a secondary emphasis in theatre arts. Kruglak is the daughter of Dr. Gregory Kruglak and Patricia Kruglak.

**Stephanie Bitterman** of Vienna has been named to the fall 2010 dean's list at the University of Delaware. Bitterman is a first semester senior majoring in communication.

**Kathryn A. Moore** of Vienna has been named to the fall 2010 dean's list at Colby College in Waterville, Me. She is the daughter of Daniel Moore and Susan Hess.

**Kevin Clark Samson, Jr.** of Vienna has been named to the fall 2010 dean's list at Hampden-Sydney College. He is a graduate of James Madison High School and the son of Casey and Carol Samson.

Vienna residents **Amanda C. Althoff**, **Alexander C.**

**Andrews** and **Andrew M. Schrock** have been named to the fall 2010 dean's list at Mount St. Mary's University of Emmitsburg, Md. Althoff, a senior, is the daughter of Mr. and Mrs. W. Samuel Althoff, Sr. Andrews, a senior, is the son of Mr. and Mrs. Charles Andrews. Schrock, a junior, is the son of Elizabeth Tillson.

Oakton residents **Paul C. Gross**, a senior philosophy major, and **David T. Wozny**, a first-year medical laboratory sciences major, have been named to the fall 2010 dean's list at the University of Vermont of Burlington, Vt.

Vienna residents **Howard T. Lenz**, a first-year undeclared major in the College of Arts & Sciences, and **Rachel D. Park**, a junior biological science major, have been named to the fall 2010 dean's list at the University of Vermont of Burlington, Vt.

**Gregory Bowman Farrar** of Oakton has been named to the fall 2010 dean's list at Hampden-Sydney College. The junior is the son of Mr. and Mrs. Gregory N. Farrar.

**Brett Cramer Jr.** has received a 2010 Silver Level Award from the California Film Awards, at the

Bahia Resort Hotel in San Diego. Cramer was a 2007 graduate of Oakton High School, and graduated summa cum laude with a BA in film from Emerson College in July 2010. He is the son of Brett Cramer Sr. of Oakton.

**Melissa Bowman** of Vienna has been named to the fall 2010 dean's list at Manchester College of North Manchester, In. Bowman is a chemistry and Spanish major, and a graduate of Oakton High School.

**Steven Howard** of Oakton earned faculty honors for fall 2010 at the Georgia Institute of Technology.

Vienna residents **Nicole Mitter** and **Kyle Moad** have been named to the fall 2010 dean's list at the Georgia Institute of Technology of Atlanta, Ga.

**Ryan Stumvoll** of Oakton has been named to the fall 2010 dean's list at the Georgia Institute of Technology of Atlanta, Ga.

**Theyab M. Bin Alnehayan** of Vienna has been named to the fall 2010 dean's list at Florida Institute of Technology. Alnehayan is a Information Management major.

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**Back row, from left: Miss Taylor Johnson; Miss Catherine Mahoney; Miss Stephanie Kelly; Mrs. Charles Gallagher, Director, ODC; Mrs. Donald Pressley, Founder, Old Dominion Cotillion; Dr. Patricia Sushemihal, Founder, Reach Out and Read; Miss Mackenzie Peterson; and Miss Erin Dooley. Front row: Miss Morgan Doss, Miss Allison Mulligan, and Miss Jessie Brown. Not pictured: Miss Darja Lee and Miss Cassidy Watkinson.**

## Old Dominion Cotillion Honors 2011 Debutantes

The Old Dominion Cotillion twentieth anniversary holiday tea was held on Dec. 19 at the home of Mrs. Donald L. Pressley in Vienna.

Following Cotillion tradition, this event is hosted by the pages and future debs in honor of the debutantes who will be presented at the annual ball in July.

The ten 2011 debutantes are Miss Jessie Noelle Brown, daughter of Mr. and Mrs. Christopher Brown of Fairfax; Miss Erin Kathleen Dooley, daughter of Mr. and Mrs. Michael Dooley of Oak Hill; Miss Morgan Michelle Doss, daughter of Mr. and Mrs. Bradford Doss of Oakton; Miss Taylor Jane Johnson, daughter of Mr. and Mrs. Mitchell Johnson of Oakton; Miss Stephanie Joy Kelly, daughter of Mr. Joseph Kelly and Ms. Stephanie Dohanian of Arlington, and Ms. Kristine Kelly of Chantilly; Miss Darja Angelina Lee,

daughter of Mr. and Mrs. John Lee of Vienna; Miss Catherine Faye Mahoney, daughter of Dr. David and Dr. Karen Mahoney of Oakton; Miss Allison Jane Mulligan, daughter of Mr. and Mrs. Michael Mulligan of Fairfax; Miss Mackenzie Danielle Peterson, daughter of Mr. and Mrs. Tony Vance of Jacksonville, Fla.; and Miss Cassidy Joy Watkinson, daughter of Mr. and Mrs. Steven Watkinson of Clifton.

The holiday tea was also a philanthropic event dedicated to benefit the Fairfax INOVA Hospital Pediatric Center. In cooperation with the Reach Out and Read program of Falls Church, led by its founder Dr. Patricia Sushemihal, the young women of the Old Dominion Cotillion collected and donated boxes of children's books to the pediatric center.

To learn more about The Old Dominion Cotillion, see [www.olddominioncotillion.org](http://www.olddominioncotillion.org).



**The event was open to the public and included two group exercise classes led by fitness gurus, Roger Mack and Ken Stewart.**



**Jennifer Williams from VH1's Basketball Wives.**

## 'Breakfast Boot-Camp' to Support Charities

Two local businesses joined forces to create a celebrity studded, fundraising event in the form of a "Breakfast Boot-Camp" which was held at Prospects Sports Training Facility in Vienna on Super Bowl Sunday (Feb. 6) at 7 a.m. Special guest appearances included Adam and Stacey Capers from NBC's, The Biggest Loser (husband & wife from Gainesville, Va, participated in the 6th season and have lost over 170lbs so far); Jennifer Williams from VH1's Basketball Wives (wife of NBA small forward Eric Williams).

This event was open to the public and included two group exercise classes led by fitness gurus, Roger

Mack and Ken Stewart, followed by an organic, gourmet breakfast buffet, courtesy of FUEL cafe. Ken Stewart of FUEL Café in McLean has spearheaded the event, choosing to support charities for colorectal cancer & TBI (traumatic brain injuries) as they have touched him personally.

All proceeds of the fundraiser will benefit: Colorectal Cancer Coalition, 1414 Prince Street, Suite 204, Alexandria, VA 22314

[www.FightColorectalCancer.org](http://www.FightColorectalCancer.org) and Brain Injury Association of VA, 1506 Willow Lawn Drive, Suite 212, Richmond, VA 23230

## VALENTINE'S VIEWPOINTS

### What is the recipe for a fulfilling and strong marriage?

—DONNA MANZ



**Joanna Slan, author, married 28 years, Vienna**

"The recipe for a fulfilling marriage is for each person to have his/her own life, as well as a shared life as a couple. You need to find your own interests so that when you are together you bring that zest for life to your couple-dom. That keeps your appreciation for each other fresh and vital."



**Barbara McHale, Realtor, married 44 years, Vienna**

"The thing with marriage is to realize that it's not easy, and not to have unrealistic expectations. Nobody is perfect. To make a marriage work is to recognize reality and not live in a dream world. Being willing to compromise and see the other side may be number one."



**Michele Wright Hegel, attorney, married 15 years, Vienna**

"You need to be flexible and realistic about expectations, willing to compromise and be respectful of the other person."



**M. Jane Seeman, Mayor, Town of Vienna, married 37 years before death of spouse**

"I think respect for each other is very important. Shared interests are great but each also needs their own time and interests."



**Mary Ellen Larkins, glass artist, married almost 41 years, Vienna**

"Blend together equal parts love, patience, understanding, perspective, compromise, and kindness, then add a double-helping of luck."

# Chris Hanburger Epitomized Redskins Football

BY RICH SANDERS  
THE CONNECTION

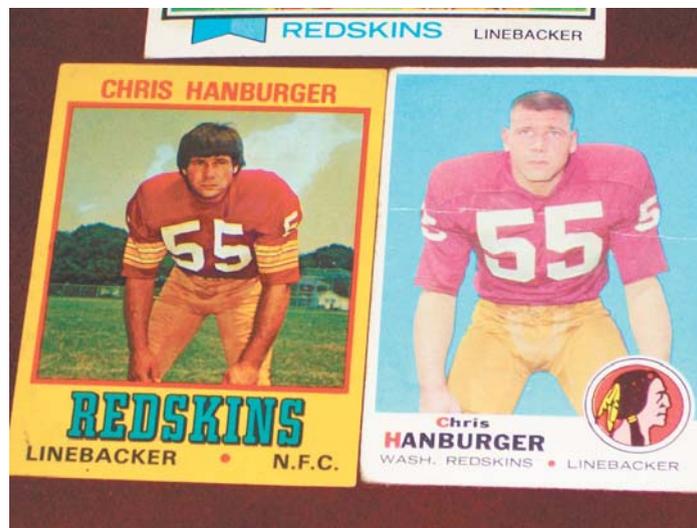
**M**y favorite part of Super Bowl week had nothing to do with either of the two competing teams - the Green Bay Packers or Pittsburgh Steelers. But it did have something to do with my favorite team, the Washington Redskins.

To me, the next best thing to having your favorite team in the Super Bowl is finding out that one of your favorite all-time NFL players has been selected for induction into the NFL Hall of Fame. When the NFL announced, during Super Bowl week, that former Redskins linebacker Chris Hanburger would be one of seven new inductees to be enshrined next August in Canton, Ohio, I was thrilled.

Redskins' fans have been fortunate in recent years to see former players such as cornerback Darrel Green, wide receiver Art Monk and offensive tackle Russ Grimm inducted into the Hall of Fame. Those three were all part of the great Redskins teams of the 1980s and early '90s under legendary head coach Joe Gibbs, who himself is a member of the Hall.

Most current Redskins fans are well versed and learned of the great Redskins teams under Gibbs which won Super Bowls over the Miami Dolphins (1983), the Denver Broncos (1988) and the Buffalo Bills (1992).

But sort of forgotten by Redskins fandom were the exploits of the Redskins teams of the 1970s under head coach George Allen, who came to the Nation's Capital in 1971



**Chris Hanburger football cards - from the Wonder Bread All-Star series in 1974 (left) and from the annual Topps set in 1968 (right).**

PHOTO BY  
RICH SANDERS/  
THE CONNECTION

**REFLECTIONS** and, over the following seven years, led Washington to NFL glory it had not known since the 1940s.

Hanburger, an undersized, perennial standout defensive player who had been chosen by the Redskins out of the University of North Carolina way back in 1965 in the 18th round of the NFL Draft, was a hallmark member of the coach Allen teams - an era of Redskins history highlighted by a trip to Super Bowl VII in Los Angeles in January of 1973.

Hanburger was a coaches' dream. He was a quiet leader counted upon to call the team's defensive formations. He was quick, ultra tough and had a nose for the football. Hanburger, who throughout his Redskins' career was part of linebacker corps that included the likes of Jack Pardee, Harold McLinton and the great Sam Huff, was always, it seemed, involved in the middle of

a play doing his best to help stop opposing offenses.

When I was a youngster, I loved those Redskins teams of the 1970s, which included standout players such as running back Larry Brown, receiver Charley Taylor, center Len Hauss, quarterbacks Billy Kilmer and Sonny Jurgensen, defensive linemen Diron Talbert and Verlon Biggs, and cornerback Pat Fischer. And there was also the steady Hanburger, whom I and other young fans thought had a last name spelling of H-A-M-B-U-R-G-E-R - like what you ate at McDonald's.

Hanburger or Hamburger, it didn't really matter to me. The Redskins' linebacker was a humble, non-arrogant member of the Redskins' 'Over The Hill Gang,' the affectionate nickname given to coach Allen's aged group of winners.

One of Hanburger's signature plays was

the 'clothesline tackle,' in which the standout player would, with his swinging right arm, nail a ball carrier across the chin strap area to bring him down. That form of a tackle, now considered illegal, was a sight to behold when showcased by Hanburger.

But Hanburger was also a text-book, fundamentally sound linebacker who was known for his stunning, jarring hits on running backs. When in street clothes, Hanburger, with his handsome features and straight, boxer cut dark hair, looked anything but a star football player. But when attired in his football pads underneath his burgundy and gold uniform, the understated Hanburger was an NFL force.

Amazingly, up until recent weeks when his name was being tossed as a Hall of Fame candidate, most football fans, if asked to write down a list of the 100 or so best defensive players of all time, would not include Hanburger. Most probably would not even know who he was. He would not have fit into today's show boating style of players who raise their arms in triumph after sacking a quarterback or bringing down a ball carrier for no gain. Not physically imposing and anything but a flaunting, arrogant player, Hanburger was all about T-E-A-M. He could have cared less if his name was ever mentioned in a post game newspaper story, as long as he and his teammates had walked off the RFK Stadium field victorious. Those Redskins teams of the 70s, thanks in part to the heroics of Hanburger, were winners. Oh, if only the current Redskins' roster had more players the likes of a Chris Hanburger, who won Washington fans over with his consistent, first rate play and team-first mentality.

## Seahawk Boys, Saxon Girls Victorious at District Track

**Strong showings also come from Madison, McLean, and Fairfax athletes.**

BY RICH SANDERS  
THE CONNECTION

**T**he South Lakes High boys' and the Langley High girls' indoor track and field teams earned titles at last week's Liberty District championships, which were held Feb. 1-3 at Prince George's Sports and Learning Center.

The Langley girls finished first with 101 team points, edging second place South Lakes (95). Jefferson (90) finished third and McLean (72) was fourth. Rounding out the district girls' field were Madison (69), Marshall (31) and Fairfax.

On the boys' side, the perennial district champion South

Lakes team captured the title with 214 points, well ahead of second place finisher Langley (54.50) and third place Fairfax (51). The fourth through seventh place finishers were McLean (48), Jefferson (46.50), Madison (41) and Marshall.

**THE LANGLEY BOYS** took the top two spots in the pole vault, with Lucas Grim taking first and teammate Logan Besougloff second. Other place finishers for the Saxons were: Guilherme Coullilaby (second in long jump, third in 55 dash); Robert Yu (fourth in high jump); and Jake Peker (fourth in 1,000).

James Madison's Travis Johnson earned a first place finish in the

boys' shot put. And McLean's Nicholas Hedrick took first place in the 1,000.

Other boys' athletes across the district to earn top four finishes were: McLean's Kyle Pyne (third in high jump) and Scott Lafoon (second in shot put); Marshall's Louis Fernandez (fourth in 55 dash); and Madison's Justin Rexroad (fourth in 300) and Joseph Galiano (third in 3,200).

The McLean boys won the 4x800 relay, edging out second place South Lakes.

**IN THE DISTRICT GIRLS'** championships, champion Langley received an outstanding showing from Meigan McManus, won both the long jump and pole vault

events. Also earning a first place finish for Langley was Jessica Miles, who won the 1,000 meters.

Other Saxon place finishers were: Gabriella Jacobson (second in triple jump, third in high jump); Kelly Martins (tied for second in pole vault); Catherine Flessas (fourth in pole vault); Adrienne Schmidt (second in 55 dash); Jessica Miles (second in 1,600); Liana Kramer and Sarah Woodford (third and fourth in 500); and Elissa Purdy (fourth in 1,000).

McLean's Pague Richards won the high jump. James Madison's Jaleece Durham won the 55 dash. For South Lakes, Kyannah Calhoun was champion in both the 500 dash and 300 dash events. Also for the Seahawks, Sumiya Yates was first place in the shot put with teammate Jasmin Colon finishing right behind her in second. And South Lakes' Aya Abdelhalim won

the 55 hurdles.

Other girls' place finishers across the district were: McLean's Clare Nelson (second in long jump, third in triple jump, third in 55 hurdles, fourth in high jump), Katalina Khoury (tied for second in pole vault), and Simone Jansen (fourth in 55 hurdles); Marshall's Claudia Castaneda (third in long jump), Kellie Marsh (fourth in shot put) and Madeleine Lewsen (second in 55 hurdles); South Lakes' Danielle Hale (third in 55 dash, fourth in long jump); Madison's Tara Razjouyan (second in high jump), Jaleece Durham (third in shot put), Murphy Massey (fourth in 55 dash, fourth in 300), Anna Stone (third in 3,200, fourth in 1,600), and Rebecca Henry (second in 500); and Fairfax's Chantel Smith (third in the 300).

# REVIEW

## Surprise and Laughter at 1<sup>st</sup> Stage

FROM PAGE 8

ing her amnesia and the oddities of her twisted life, asking “please give me the truth.”

There is a chipper group that brings fizz and pop to the production as they comically overplay various serious ailments; both

physical and mental. Nothing is left untouched or unscathed; domestic violence, the distressing aftermath of a stroke, incarceration for an act not perpetrated by the accused along with the meanderings of teen stoner. Oh, there is also an alter-ego hand puppet with a penchant for extremely

naughty words. Kudos go to the breathless antics of Jane Margulies Kalbfeld who cannot make herself understood and from whose lips comes the title of the show, Doug Mattingly and his hand puppet work, and Jacob Yeh who inhabits the role of the teen-aged son who truly does love his mother.



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# OPINION

## Helping Most Vulnerable

To the Editor:

Why are anti-social and niggardly propensities being sanctioned by those responsible for advancing the public and common good?

The Temporary Assistance for Needy Families (TANF) caseload in Virginia has been reduced by 47 percent since the start of Welfare Reform in 1995 (from 70,797 families in June 1995 to 37,686 families as of November 2010). However, Federal funding for the program has remained constant.

Although funding has remained constant and the caseload has been reduced, there has been only one increase in the benefit payable since 1985—i.e., 25 years ago.

The math—fewer families in need but the same level of funding—makes it clear that Virginia has received sufficient funds that could be used to pay a modest increase. A typical family of three now receives a mere \$3,840 per year. That is about a fifth of the Federal poverty level!

Why has only one modest increase been considered in the past 25 years?

In addition to the niggardly and anti-social propensities that are manifested by this inconsiderate behavior toward the most vulnerable in our midst, there are also grave inequities in administration of benefits.

Consider these facts: If two siblings aged 3 and 5 live with a parent and are eligible for TANF, the family will receive a meager \$320 per month. If they live with a relative other than a parent and are eligible for TANF, the family will receive even less in benefits, \$254 per month. However, if they live in foster care, the foster family will receive \$918 per month to care for them. Why the disparity? Are poor children living with their families or a relative other than a parent less deserving than poor children living with a foster family? Could this not possibly encourage the breakup of a family, since parents could conclude that their children would be better supported in a foster family?

Virginia Sen. Janet Howell, Reston, and Del. James Scott, Merrifield, have proposed a TANF indexing budget amendment, a modest proposal that would provide an automatic adjustment for inflation and would “apply only in fiscal years following a fiscal year in which salary increases are provided for state employees.”

Their amendment clearly deserves support.

**John Horejsi,**  
Coordinator  
Social Action Linking  
Together (SALT)  
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## Minding My Own Business



By **KENNETH B. LOURIE**

I haven't been writing much the last few weeks. Heck, I haven't felt much like writing at all the last few weeks. And when I woke up this morning with some ideas on which to write, the reason for this not writing/not feeling like writing became clear: it had to do with my having cancer (doesn't everything?). However, my reasons for this specific inactivity had to do with the rather serious (to me, anyway) subject matter on which I had written the last few weeks: outliving my original prognosis and dealing with my now unknown life-expectancy/future as well as the as-yet undetermined treatment protocol going forward. Can you say angst? It seems, however, that after meeting with my oncologist on Friday, Jan. 7, and receiving the continuing good news that I did, we agreed on a treatment plan that's not nearly as reactive as I feared it might be, and as a result – in my opinion, my mind took a break, a time-out, if you will, from all the doom and potential gloom and non-stop pressure a terminal diagnosis can exert.

And though I have some deficits and some anti-cancer (pills and such) routine that I follow from which I never take a break – or need to take a break, and which I have assimilated into my daily – and nightly activities, it's the emotional stuff that can take its toll and exact a price. Sometimes I pretend. Sometimes I deny. Sometimes I get depressed. (“Sometimes?”) And often I write. And recently I had written about the end of my original 13-month-to-two-year prognosis (Feb. 27, 2011). Heavy doesn't begin to describe the weight – and wait of that reality. So much so that I spent four columns writing about it. After seeing my oncologist on the 7th, apparently, my instincts for self-preservation took over and instructed my brain, subconsciously, to stop the cancer focus for awhile and give myself a mental rest.

Certainly there are ebbs and flows, highs and lows in this cancer battle; things you can control, things you can't. Knowing when to give in to the emotion (and how to get out of it when you do) and when not to, are the constants in this battle. And after a particularly stressful crossroads-type of moment (“Moment?” More like a month), I gave in and decided to exhale and give myself some time to breathe normally and wander emotionally and get off the cancer train, for however long I could. It didn't mean I stopped thinking about it, it meant I stopped focusing on it – as best I could.

And for a few weeks, I really didn't have a cancer thought worth writing/venting about. I was out of the woods for another quarter or so (the frequency of the all-telling scans), and I was going to try and get out from underneath the shadows as well. And I largely succeeded until today. I do consider the fortnight a success, though. When you're terminal and/or a cancer patient (stage notwithstanding), a minute away, an hour away, a day away from its grip, is heaven on Earth and time worth savoring. So even though I didn't have anything to say these last few weeks, I've enjoyed all the time not saying them.

Life goes on though (thank God!) and my cancer thoughts are back. To tell you the truth, I'm glad to have them. It means – to me – that all systems are go and I can return to normal, as normal as a 56-year-old life-long non-smoker, diagnosed with inoperable stage IV lung cancer, can be. But it's nothing I can't live with, as I have already done so going on two years. This is my new normal. It's the abnormal I'll likely have some difficulty adapting to.

Next week: The “cunancerdrum” of living with cancer continues.

*Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.*

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