

Reston CONNECTION Reston Seen As 'Part of The Dream'

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Squire Muse leads guests at the Reston Museum in singing freedom songs while Ellen Graves holds a sign like the ones used during the Civil Rights Movement at the Reston Museum's celebration of Black History Month Saturday.

Honoring Past,
Preparing
For Future

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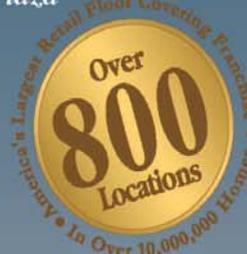
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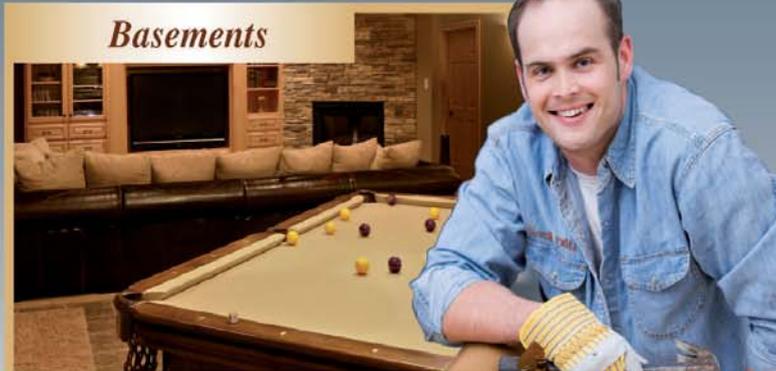
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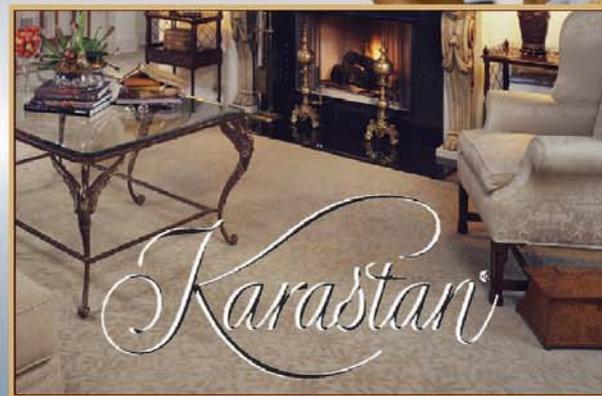


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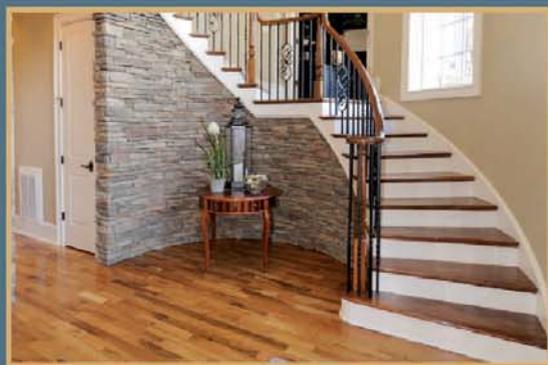
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Past Reston Association presidents and CEOs meet, have lunch and discuss the past, present and future of Reston Saturday at the RA Headquarters.



PHOTOS BY
ALEX McVEIGH/
THE CONNECTION

Honoring Past, Preparing for Future

Past Reston Association Leaders discuss past, present and future.

BY ALEX McVEIGH
THE CONNECTION

The Reston Association hosted a luncheon Saturday featuring six past presidents of the RA Board of Directors, spanning across the community's six decades of existence. The former presidents spend the afternoon reflecting on their time with Reston, as well as their views on Reston's future.

"I hope this inaugural luncheon is something we can make an annual thing," said current RA president Kathleen Driscoll McKee. "It's about honoring the past, but establishing a tradition for the future."

RA BEGAN as the Reston Homeowners Association, which were actually two separate organizations until 1970, with one group managing the area north of the Dulles Toll Road and one managing the area south of the toll road.

"Reston was only partially developed then, and it was set up to hedge the success of townhouses [to the north] with single family homes [to the south]," said Bernard O'Reilly, who served as president for the Reston Second Home Owners Association in 1970. "The theory as I understood it was the assurance that single family homes would succeed in the events the townhouses didn't."

Fred Naef, who served as president of the RHOA from April to September 1971, remembers early homeowners meetings that often



Kathleen Driscoll McKee, Reston Association Board president, shows past Reston presidents and CEOs a book of photos from Reston's history put together for the occasion.

began with cocktails and ended with snifters of brandy. Naef began serving as treasurer and eventually became president from April to September of 1971. He recalled much of his early years were spent trying to get the two associations together.

"The [Reston] Home Owners Association has been split over concerns that the single family houses would be a success and the townhouses would not," Naef said. "The biggest challenge of my tenure was to get the First and Second Home Owners Associations to work together."

The First and Second Reston Home Owners Associations eventually were combined after a citi-



Reston founder Robert Simon listens to stories from past Reston Association presidents and CEOs during a luncheon at the RA headquarters Saturday.

zen vote in April 1970, and one month later, citizens went to the polls to elect Reston's first Town Council.

SEVERAL PAST PRESIDENTS remember coming to a board and community that was divided on almost everything, and the struggles they had to start getting things done.

"We had to get away from the adversarial nonsense," said Joe Caravella, who served as RA president from April 1996 to April 1998. "We had a divided board personality-wise, but it was a matter of working out a compromise on a whole lot of stuff, and we got it done."

Vicky Wingert, who served as CEO from 1993 to 2000, remembers that the personality divisions weren't just limited to the board.

"We changed the format of the annual members meeting, origi-

VIEWPOINTS

What do you think is the biggest challenge the Reston Association is facing over the next 10 years?



Fred Naef, RHOA president, April 1970 to September 1970

"I would like to see the Reston Association try to shift some of the [development] funding burden to the new industrial occupants that will be coming. There ought to be a way to increase the revenue you get from them."



Mike Freeman, RA president, April 1988 to April 1989

"RA does a good job, but it's going to be a challenge to keep up their core functions and preserve the common amenities. I'd also like to see not only residents taxed, but the businesses as well."



Joe Caravella, RA president, April 1996 to April 1998

"We need to communicate with new members of this community. We know the founding principles of Reston, it's why we moved here, but we need to teach the new members what Reston is all about."



Mary Ellen Craig, RA president, April 2000 to April 2001

"Reston is filled with bright and capable people, and the more of them we can bring in to volunteer, the more you can incorporate them into the thoughts and processes here, the better. As we grow part of the challenge will be keeping this community a special environment."

nally it was the board members up front with the members facing them, it was a very adversarial exchange," she said. "But we started sitting around a table and serving food, to make it so it wasn't us versus them, but a real community meeting."

Mary Ellen Craig, who served as RA president from April 2000 to April 2001, said one of her biggest challenges was getting funding for the Reston Nature Center, which eventually opened in November 2009.

"The RA wouldn't commit to spending money on the Nature Center, any proposal wouldn't get the vote unless a foundation could raise the money," she said. "That's what they eventually did, and they did an incredible job."

THE LEADERS agreed that despite past conflicts, the staff of the RA deserved credit for meeting the needs of the community through

the years.

Jerry Volley, a former RA CEO, said the organization's commitment reminded him of his time serving in the armed forces.

"In 24 years in the Air Force, you get an attitude that whatever needs to be done gets done, no matter what," he said. "RA is a magic organization because of the people on staff, who had that same attitude. When I was here, all I had to do was think an idea and it would get done."

McKee said she too enjoys the approach the current RA board takes when it comes to issues, knowing that despite debates on how to proceed, people have the best interests of Reston at heart.

"I've enjoyed every second I've been president," said McKee, who was elected in April 2010. "We work together to solve every problem, and though we don't always agree, I think we come up with good decisions."

Member Mixers... a new approach to Community District meetings

What matters to you?

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- Reston Association or our community?
- Fairfax County and Reston?
- The Commonwealth and Reston?
- VDOT?

This year, Reston Association's Community District meetings provide up to 30 members, selected at random, the opportunity to have dinner and a conversation with the Board of Directors' district representative and Reston Association senior staff.

So if you receive one of the invitations for your district Member Mixer, say yes and know it will be time well invested. Invitations will be mailed to the districts two weeks before the dates below:

DATES:

Lake Anne/Tall Oaks District
Thursday, 17 March at 7 p.m.

Hunters Woods/Dogwood District
Thursday, 16 June at 7 p.m.

North Point District
Thursday, 29 Sept. at 7 p.m.

South Lakes District
Thursday, 8 Dec. at 7 p.m.

All four of the meetings will be held at

Reston Association's Conference Center

12001 Sunrise Valley Drive, Reston, Virginia 20191-3404

Visit us online at www.reston.org.



Call For Volunteers On Design Review Board And Covenants Committee

There are three vacancies on the Design Review Board. Two design professionals (architect, land planner, or landscape architect); and one Lay Member are needed to serve three-year terms. The DRB interprets, administers, and renders decisions involving the design covenants in accordance with the Design Guidelines.

In addition, there is one vacancy on the Covenants Committee. One Member from the Lake Anne/Tall Oaks District is needed to serve a three-year term on the Covenants Committee. This Committee is responsible for administering the Use and Maintenance of Property Covenants and considers/determines cases concerning these areas.

If you are interested in applying to be a member of the Design Review Board or the Covenants Committee, please forward a brief statement of interest and any pertinent qualifications by March 11, 2010, by fax 703-435-9481, email cate@reston.org or mail to Reston Association, 12001 Sunrise Valley Drive, Reston VA 20191 ATTN: Cate Fulkerson.

Visit us online at www.reston.org.



NEWS

Reston Loses One of Its Best

Dave Edwards dies at 73.



Dave Edwards

The year after receiving his Master's degree in city and regional planning from the University of North Carolina, Dave Edwards moved to Reston. That was 1967. He involved himself in his community and making it a better place from the beginning.

Mr. Edwards played a key role in that shaping Reston in its earliest formative years and was back playing a vital role recently as Reston enters a period of urban expansion.

Dave made his living working for Fairfax County, first as a county planner where his work included developing the county's first comprehensive plan for the Upper Potomac Planning District, including Reston. Subsequently, he worked as executive director of the Fairfax County Economic Development Authority. His work included bringing to Reston dozens of businesses that made this their home.

Meanwhile, he helped to organize and energize the new Reston Citizens Association created in 1967 to protect the Robert Simon's founding vision following his firing by Gulf Oil Corporation. Mr. Edwards served on the RCA Board from 1968 to 1972, service which included chairing RCA's Planning and Zoning Committee. In this capacity, he worked to develop the agreements with Fairfax County establishing the P & Z as the recognized voice of the community in reviewing proposed new development. Previously, development proposals went directly to the county staff and elected officials with very limited community input. In those years, P & Z was a highly professional group that developers took seriously and whose recommendations were usually accepted by the county. It is hard to overstate the importance of this function and its impact over the last 40-plus years. Dave Edwards was a principal architect of this key institution.

In the early 1970s, Dave joined the Ad Hoc Committee to plan and design the Reston Community Center. This Committee later became the new Center's first Board of Governors. As a member of the Ad Hoc Committee, it was Dave who conceived the financing mechanism for the Center, the creation of Small Tax District #5. Last year, the Community Center celebrated the 25th anniversary of its founding. It has expanded to Lake Anne and serves thousands of Reston citizens of all income levels with a wide array of cultural, recreational and educational programs. We can, and should, thank Dave Edwards for his crucial role in shaping both its physical plant and the inclusive philosophy which still governs it today.

Over the years, Dave played scores of other roles serving Reston with no thought of personal reward. As a volunteer for Reston Association, he provided input into the planning for South Lakes High School; served on the Reston Metro Access Group (RMAG); served on the RA Election Committee, 2004-2010; and, served as member and Vice Chair of the Transportation Committee. Most recently, Dave was an active participant in preparing a new Master Plan for Reston, a plan to guide development for a generation and to convert Reston from a suburban to urban community. He was a dynamic force within the citizens Reston 2020 group providing skilled, experienced input fo

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WWW.CONNECTIONNEWSPAPERS.COM

NEWS Edwards

FROM PAGE 4

cused on assuring that Reston's future development is up to his high standards for excellence in design and quality of life.

On Feb. 17, 2011 cancer took this extraordinary force from us.

Mr. Edwards is survived by his beloved wife of 43 years, Abbie Edwards; son Bob Edwards of Smithfield, Va.; son Brian Edwards of Waynesboro, Va.; son Marc Edwards of Philadelphia, Pa.; daughter Julie Edwards of Charlotte, N.C.; eight grandchildren; and one great grandson.

Giving a Gift of Himself

Kathleen Driscoll McKee, President of Reston Association, on the passing of Dave Edwards:

"Dave was dedicated to Reston and to ensuring that what he did made a difference. He was also kind and willing to help others. For me, personally, I recall that when I first joined the Reston Association Board, Dave was a great mentor, who gave of his time, his knowledge and was incredibly generous in helping me understand the issues before us as a community.

Dave's final gift to us was himself. Dave loved and felt an obligation to Reston and by his commitment, our community — and each of us who had the gift working with him — will be forever enriched."

BULLETIN BOARD

To have community events listed in the Connection, send to reston@connectionnewspapers.com. Deadline is Friday.

THURSDAY/FEB. 24

Lupus Support Group. 12 p.m. at Reston Hospital Center, The West Wing, 1850 Town Center Parkway, Reston. lh@ascendcomm.com or www.lupusgw.org.

Greater Reston Chamber of Commerce Virtual Reality Tour. 7:30 p.m. Hyatt Regency Reston, 1800 Presidents St., Reston. Commercial realty event with government agencies, commercial brokers and more. communications@restonchamber.org.

"Race to Nowhere." 7:30 p.m. St. Thomas a Becket Church Findley Hall, 1421 Wiehle Ave., Reston. A 30-minute panel discussion will be held immediately following the movie. \$10 advance, \$15 at the door. www.rtnherndonhsptsa.eventbrite.com.

Board to Hear Design Changes. 7 p.m. Reston Association Board of Directors, 12001 Sunrise Valley Drive, Reston. The Board will hold a public hearing on proposed changes to Design Guidelines. Open to the public.



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7 Things You Must Know Before Putting Your Home Up for Sale

Washington, D.C. —A new report has just been released which reveals the 7 costly mistakes most homeowners make when selling their home, and a 9 Step System that can help you to avoid them and sell your home fast and for the most money.

This industry report shows clearly how the traditional approaches to selling homes have become increasingly less effective in today's complex and fast paced society. The fact of the matter is that three quarters of home sellers don't get what they want for their homes, become disillusioned and — worse — financially disadvantaged when they put their homes on the market.

As this report shows, most home sellers make the same 7 deadly mistakes costing them thousands of dollars needlessly. The good news is that each and every one of these mistakes is preventable. In answer to this issue, industry insiders have prepared a FREE, Special Report called, "The (Step System to Get Your Home Sold Fast and For Top Dollar."

To learn more and order your personal copy of this FREE Special Report just call, toll-free, 1-800-363-0356 and when prompted enter ID # 2000 You can call any time, 24 hours a day, 7 days a week. Get this FREE Special Report NOW to find out how you can get the most money for your home in today's market.

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OPINION

Time to Talk about 'Discipline'

Schools need to consider the best interests of the student.

Our hearts go out to the parents of Nick Stuben, a student at Woodson who died of suicide last month after an ordeal of navigating a suspension and disciplinary process that clearly has gone awry.

Nick was not the first local student to suffer from the process. In March 2009, Josh Anderson, then a junior at South Lakes High School, died of suicide the day before he was to face expulsion from the Fairfax County school system at a disciplinary hearing.

It is true that a teenage suicide never has only one cause; the students' deaths are not the "fault" of disciplinary policies. But no one can deny that the disciplinary process contributed to the unhappiness that these two students experienced.

We have heard now from many parents whose teenagers (and even younger children) have suffered through an inflexible and adversarial process that separates students from support systems and healthy activities and

even schoolwork at exactly the moment that they need them the most.

Students who have not been in serious trouble before suddenly find themselves isolated at home, unable to participate in sports or clubs, unable to interact with peers or teachers on a regular basis. The results have been devastating for many families.

Many people are seeking a dialogue to understand and hopefully modify the current approach.

Del. Kaye Kory introduced legislation in the Virginia House of Delegates that would have required schools to notify parents if their student was in trouble that might lead to suspension. The bill failed, but the idea that such legislation might be needed is eye-opening. Fairfax schools opposed it.

Caroline Hemenway founded Fairfax Zero Tolerance Reform, a community group that advocates for changes to Fairfax's approach to disciplinary matters, years ago after her family's ordeal with suspension years ago.

School board member Tina Hone (At-large) has been asking for data about suspensions and expulsions from schools staff, but reports that she has been unable to get good answers, leaving open questions about minority students being over-represented in students who have been suspended, among other issues.

EDITORIAL

And in this Corner... Bigger Government

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

COMMENTARY

The legislative process is not unlike a sporting event: one interest versus another. Complicated by the fact that many issues do not break down as simply as two competitors or two teams against each other, the playing field is broad with many teams competing together at the same time with some competitors working together in coalitions or partnerships around a common interest. The winner in the game is supposed to be the public interest as determined by legislators who sit not unlike international ice skating judges to determine the winner with less than objective criteria.

At the risk of pushing the analogy too far, a legislative session has the majority political party as the favorite on most issues. Republicans in the majority in the House of Delegates refuse to approve an independent redistricting commission for fear that they might lose power to the minority political party in the next election. The Republican Party in the House of Delegates with its new alliance with the Tea Party seeks to reduce the size of government with pro-

testations from the Democratic Party that wants to maintain the level of funding for public schools and for social service programs for people with disabilities and those in need.

Within the bigger event, there are many smaller competitions that are fought with great ferocity. The farmers represented by the Farm Bureau wanted to be able to shoot deer, bear, and elk that were eating their crops. The many hunter organizations saw the farmers as gaining an unfair advantage in taking trophy animals they could allege were eating their crops. This competition produced hundreds of e-mails and phone calls to try to influence the outcome with the hunters winning this round. The effort of hunters in a competition to gain expansion of their interest by hunting on Sundays fell short to the people who want to hike, bird, and enjoy the outdoors for one day of the week without fear of being accidentally shot. Win some, lose some.

The cooperative electric companies tangled with the cable com-

SEE PLUM, PAGE 7

BY JACK KENNY
PAST PRESIDENT, REPUBLICAN CLUB
OF GREATER RESTON

A DIFFERING POINT OF VIEW

The Fairfax County Board of Supervisors, having been manipulated by the Staff, has embarked on another flight of fancy: the idea that government can do a better job running a profit-making enterprise than private industry. At issue is the proposal to purchase what used to be referred to as the Energy Recovery Facility. In its planning stage, some 30+ years ago, the ERF was calculated to provide enough heat/steam to generate about 120 megawatts of power which would be sold to local power suppliers.

Subsequent to the approval and development of the private/public partnership, the United States Congress stepped in, at the behest of the Department of Energy and "big power" and placed a limitation on the amount of electricity local ERF's could generate. Thus, the Fairfax ERF was limited to generating 80 megawatts of power. The result is the Fairfax ERF vents a full one third of the heat generated to the atmosphere. Notice the frequent clouds of steam emanating from the facility at a cost to

The Fairfax County Board of Supervisors voted unanimously Feb. 8 to "make outreach efforts" to the local school system about student disciplinary tactics, hoping to begin a friendly and ongoing discussion about possible reforms to the schools' current system.

Fairfax County Superintendent Jack Dale made it clear he had no intention of discussing the disciplinary system with the county. Dale said in a statement that the resolution demonstrated a "serious misunderstanding" of the school system's current disciplinary policies.

Note that this exchange involved dueling "statements," not discussion.

Dale is correct when he suggests a broader approach of tackling teen depression in general, but this must be in addition to grappling with the challenges in the disciplinary process.

"I believe our efforts would be far more productive if we focused on the incidence of depression among our county youth and how our agencies can work together to tackle this problem," wrote Dale in his statement.

In the meantime, if you have a teenager in your family, it might be worth letting him or her know that they shouldn't sign any statements admitting they've done anything wrong at school without having the school call you first.

—MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

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THE CONNECTION

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Plum

FROM PAGE 6

panies who protested that they were being charged too much for attaching their cables to the cooperatives' poles. This issue was kicked upstairs to the State Corporation Commission for study and resolution. The doctors and trial lawyers who have been in combat in the legislative halls many times over the years chose a different approach this year. They resolved their differences over the cap on medical malpractice awards and brought their joint recommendation to the legislature for approval. Entering a competition with another interest before the legislature meets can be risky. There is no way of knowing who will win. The system works best when legislative officials know and follow the rule that the winner must always be the broad public interest.

Kenny

FROM PAGE 6

ernment services? Schools? Also, recall, as mentioned a number of times in this column, issuing bonds for \$400M equals a cost to the taxpayers of about \$800M in taxes to pay back the bonds.

At the publication of this column, the BOS held a public hearing on Tuesday, Feb 22, 2011. It is not too late to express your dismay at this ill-thought out government foray into the business world by contacting Supervisor Catherine Hudgins at 703-478-0283 or e-mail at hntmill@fairfaxcounty.gov. This whole deal has about the same odor as the 1-66 Solid Waste Transfer Station in the dog days of August.



HAIL DAMAGE

Dear Homeowner:

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COMMUNITY

Reston Seen as 'Part of the Dream'

Black History Month celebrated at Reston Museum.

BY ALEX McVEIGH
THE CONNECTION

While a young man, Reston founder Robert Simon came across a magazine article in the New Yorker that made a lifelong impression on him, and later the community he would found.

"Back then, you would get across the country on a train, and when you would stop, you would stop at a Harvey House to take a break. I read an article about how a group of black soldiers were transporting a group of white prisoners, and they stopped at a Harvey House outside Chicago," Simon said. "And while the white prisoners ate in the dining room, the black soldiers were confined to the kitchen."

Having grown up going to mostly white schools, Simon said he didn't realize such a disparity existed. But after reading that, he vowed that it wouldn't happen under his watch.

"When I founded this community, it was inconceivable that it not be an open community," he said.

SIMON AND OTHER RESTON RESIDENTS gathered at the Reston Museum last Saturday to share their experiences in the Civil Rights movement for the museum's celebration of Black History Month. Many residents had experiences

that placed them in the thick of the fight for racial equality.

Vern and Vicky Wingert have made their impression in Reston, with Vicky serving as Reston Association CEO from 1993 to 2000, and Vern playing the part of Santa every year. But decades ago, the couple were involved in the Civil Rights movement wherever they could be.

Vicky Wingert still remembers having dinner with Martin Luther King Jr. while in college in 1959: "He doesn't like peas," she remembers.

"His demeanor, his charismatic manner [made me] a follower from then on," she said. "In 1963, I was part of the March in Washington, and then got involved in the End the Slums campaign in Chicago. That was my first exposure to the systematic and legalized racism in this country."

She remembers playing the part of a white couple who would see about moving into houses, and then a black couple would follow them and be denied.

Vern Wingert grew up in Orlando, Fla., which he remembers as being "very segregated," including separate water fountains and restrooms.

While attending graduate school in Chicago, they took leave from 1966 to 1968 to participate in the Civil Rights movement, and Vern Wingert began to work for the

Southern Christian Leadership Conference, of which King served as the first president.

Vern Wingert says Reston fits very much with the goal of equality that he and his wife have spent their lives trying to achieve.

"Reston is certainly part of that dream to help shape that future for all of us," he said.

Carol Ann Bradley, a board member at the Reston Community Center, grew in up Jersey City, N.J. As "northerners," she said she grew up not realizing the problems facing African-Americans in this country. "We never took black history classes, we learned about the Southern struggles through the newspapers," she said.

Bradley became a teacher and taught at segregated school in Jersey City, Newark, N.J., Joliet, Ind. And Gary, Ind. She participated in Jesse Jackson's Operation PUSH and other civil rights organizations before moving to Reston 37 years ago, eventually becoming principal at Terraset Elementary School.

"We raised our children here, and they learned to live with a lot of different kinds of people," she said. "When I was principal, I really worked hard to make sure that all kids were welcome in all the programs we had."

Ralph Cosham, who is originally from England, has been in an interracial marriage for the last 41-and-a-half years with his wife

Beverly, who currently is the Chair of the Reston Community Center's Board of Governors.

He first came to the United States in 1962 as a features writer for United Press International.

"My experience in England of racial prejudice was limited to what I had seen on television," he said.

He moved to Washington, D.C. around 1967, and after the riots in the wake of King's assassination in 1968, became acquainted with civil rights leader Walter Fauntroy, who eventually presided over his wedding. After deciding to raise a family, they came to Reston.

"We became part of this incredible rainbow of people, and we've never regretted the decision," he said. "We have four children, two of whom still live in Reston, and we have four grandchildren who are growing up here."

AS A 95-YEAR-OLD, Oscar Haynes was the only person at the event that could truly be called a contemporary of Simon. A participant in lunch counter and bus terminal sit-ins during the Civil Rights movement, Haynes shared his life experiences from the past century. "There was so much bitterness and hatred, rooted in people being defined as less than human," he said.

Haynes has seen other groups segregated against as well as African-Americans. He recalled going to the Flamingo Hotel in Miami during college and seeing a sign



Reston Founder Robert Simon speaks about how he founded Reston to be an open community, welcome to people of all race, during the Black History Month Celebration at the Reston Museum.



Oscar Haynes, a 95-year-old Reston resident, shares his experiences of friendship and racism during the Reston Museum's celebration of Black History Month Saturday.

PHOTOS BY
ALEX McVEIGH/
THE CONNECTION

posted that said "No Dogs or Jews Allowed."

Another story he told involved meeting the grandsons of one of the brothers from the Cartier jewelry company.

"One day he invited me to go with him to the racetrack, and when we arrived, the ticket agent

refused to sell him two tickets because I was black," he said. "I had to go around to the side gate. But it did increase our friendship."

Putting that sort of positive spin on his experiences is Haynes' style. A story he had about being with a group of white friends who were refused service at a bar because he

was with them wasn't a bitter tale, but rather a fond memory of some of his closest friends.

"My life has been spent making friends of all races, and it's good. Try it if you haven't," he said. "I look forward to the day when all races will love and respect each other as I do."

ENTERTAINMENT

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/FEB. 24

Chinese Scrolls from the Dr. Chi Wang Collection. Mason Hall Alumni Atrium Gallery at George Mason University, 4400 University Drive in Fairfax. Panel discussion at 5 p.m., and Opening Reception 6-8 p.m. 888-945-2468 or cfa.gmu.edu.

World-music Violin Ensemble Barrage. 8 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. Dancing, traditional and modern songs. \$27. www.wolftrap.org.

FRIDAY/FEB. 25

Cypress String Quartet. 8 p.m. The Barns at Wolf Trap, 1635 Trap Road, Vienna. A multimedia collaboration with author Jacob Needleman and film producer Michael Schwarz. \$35. www.wolftrap.org.

Capitol Home and Garden Show. 9 a.m.-9 p.m. Dulles Expo

Center, 4368 Chantilly Shopping Center, Chantilly. HGTV stars Chip Wade of "Curb Appeal" and "Designed to Sell" and William Moss, the Garden Boss, on "Dig In;" Idea Gardens designed by local landscapers and more. Adults \$10-\$13, age 6-12 \$3, age 5 and under free. www.capitolhomeshow.com.

"Gianni Schicchi." 8 p.m. George Mason University Harris Theatre, 4400 University Drive, Fairfax. The GMU School of Music presents the Mason Opera & Chamber Orchestra performing Giacomo Puccini's satirical one-act opera. Tickets are \$20 adults, \$15 students/seniors, and a limited number of tickets are free for students with a valid Mason ID. Charge at 888-945-2468 or cfa.gmu.edu.

SATURDAY/FEB. 26

Weekend Bluegrass Concert



The Weekend Bluegrass Concert Series presents Bill Emerson and Sweet Dixie, on Saturday, Feb. 26 at 7:30 p.m. at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Tickets are \$15. Reserve at 703-435-8377 or www.bluegrassville.com/billemerison.

Series: Bill Emerson and Sweet Dixie. 7:30 p.m. at Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Bluegrass instrumentals and vocal harmony, led by a founder of the U.S. Navy's Country Current band. \$15. 703-435-8377 or www.bluegrassville.com/billemerison.

TobyMac Winter Wonder Slam Tour. 7 p.m. at the George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. With Brandon Heath and House of Heroes. Tickets \$15-\$50, available through www.ticketmaster.com or 703-573-SEAT.

Capitol Home and Garden Show. 9 a.m.-9 p.m. Dulles Expo Center, 4368 Chantilly Shopping Center, Chantilly. Adults \$10-\$13, age 6-12 \$3, age 5 and under free. www.capitolhomeshow.com.

The Reston Chorale: "Give My Regards to Broadway." 6 p.m. and 8 p.m. Reston Community Center, Hunters Woods Plaza, 2310 Colts Neck Road, Reston. With Bobby Tartaglia and The Reston

Chorale Jazz Trio in an evening of Broadway favorites. www.restonchorale.org.

Opening Reception for the "Live Fast- Harley Inspired Art Show." 5-8 p.m. Patriot Harley-Davidson, 9739 Fairfax Blvd., Fairfax. Artist Letterfly will demonstrate

traditional "old school" pinstriping, art inspired by Harley-Davidsons and custom Harley tanks painted for this show. The reception is free, but reservations are required for entrance and cocktails at Livefast@artwhino.com.

Ensemble Gaudiol: Barroca Nova (Music in the Key of Light). 2 p.m. Thoreau Place Retirement Community, 1951 Sagewood Lane, Reston. Chamber music by Scarlatti, Leclair, Buxtehude, Handel and more. Alexandra MacCracken on baroque violin, Elena Tsai on harpsichord, William Simms on theorb and Yayoi Barrack on viola da gamba. 703-395-2899 or www.ensemblegaudiol.com.

"Gianni Schicchi." 8 p.m. George Mason University Harris Theatre, 4400 University Drive, Fairfax. The GMU School of Music presents the Mason Opera & Chamber Orchestra performing Giacomo Puccini's satirical one-act opera. Tickets are \$20 adults, \$15 students/seniors, and a limited number of tickets are free for students with a valid Mason ID. Charge at 888-945-2468 or cfa.gmu.edu.

Fighting the Winter Blues with Music. 7:30 p.m. Café Montmartre, 1625 Washington Plaza North, Lake Anne, Reston. Music from the 1930s to the 1980s. Latin, ballroom, swing and disco dancing. 703-904-8080.

An Afternoon with the Art of Jacob Lawrence. 12:30-1:30 p.m. ArtSpace Herndon, 750 Center St., Herndon. A Black History Month event. 703-956-6590 or www.artspaceherndon.org.

SUNDAY/FEB. 27

Disney Live! presents Mickey's Magic Show. 12:30 p.m. and 3:30 p.m. at George Mason University Patriot Center, 4500 Patriot Drive, Fairfax. Featuring magic from legendary Disney films. Cinderella's rags turn into a beautiful ball gown in a split second. Aladdin's Princess Jasmine levitates into the air and the enchanted dancing brooms in Fantasia help sweep Minnie off of her feet. Mickey Mouse performs illusions along with Cinderella's Fairy Godmother. Alice in Wonderland's Mad Hatter and professional illusionist Brad Ross. Tickets \$22-\$50, available at www.ticketmaster.com or 703-573-SEAT. www.disneylive.com.

Capitol Home and Garden Show. 9 a.m.-6 p.m. Dulles Expo Center, 4368 Chantilly Shopping Center, Chantilly. Adults \$10-\$13, age 6-12 \$3, age 5 and under free. www.capitolhomeshow.com.

Drumline Live. 7 p.m. George Mason University Center for the Arts, 4400

University Drive, Fairfax. A 39-member cast in a percussion-driven performance. \$23-\$46, youth through grade 12 half-price when accompanied by adult. A pre-performance discussion, free to ticket holders, begins 45 minutes prior to the performance on the Center's Grand Tier III. 888-945-2468 or cfa.gmu.edu.

MONDAY/FEB. 28

Easy Reader Book Discussion, Level 2. 3 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Read aloud and enjoy a related craft. Call for title. Age 6-7. 703-689-2700.

ESL For Jobs. 6 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. English conversation and job skills. Adults. 703-689-2700.

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11602 Springhouse Pl.....\$669,000...Sun 1-4...Pat Flynn.....Keller Williams.....703-679-1700

Herndon

2556 Chase Wellesley Dr....\$369,000...Sun 1-4...Debbie Tittle.....Weichert.....703-821-8300

Great Falls

754 Ellsworth.....\$1,699,999.00...Sun 1-4...Dianne Van VolkenburgWeichert.....703-980-4553
10808 Lockmeade Ct.\$1,199,000.00...Sun 1-4...Glynis Canto.....Keller Williams.....703-395-2355

Falls Church

411 West Broad Street.....\$325,000...Sun 1-4...Jason Stubblefield.....Samson Properties...901-246-6898
310 Forest Dr.....\$1,177,250...Sun 2-4...JD Callander.....Weichert.....703-606-7901

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9705 Meadowmere Dr....\$1,295,000...Sun 1-4...Casey Samson.....Samson Properties...703-508-2535
105 Harmony Dr.....\$1,394,400...Sun 1-4...Jon Querolo.....Beneficial Real Estate 703-585-4900

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20488 McGees Ferry Way..\$610,000...Sun 1-4...Michelina Queri.....Long & Foster.....703-217-1234
20346 Clifton Point St.....\$719,900...Sun 1-4...Gina Tufano.....Keller Williams.....703-574-3478
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To add your Realtor represented Open House to these weekly listings, please call Karen Pechacek-Washburn at 703-778-9422 or E-Mail the info to kwashburn@connectionnewspapers.com All listings due by Monday at 3 pm.

HOME SALES

In January 2011, 55 Reston homes sold between \$975,000-\$100,000. This week's list represents those homes sold in the \$975,000-\$460,000 range. For the complete list, visit www.ConnectionNewspapers.com

Address	BR	FB	HB	Postal	City ..	Sold Price ..	Type ...	Lot	AC.....	Subdivision
11990 MARKET ST #1703	2	3	0	RESTON	RESTON	\$975,000	Hi-Rise 9+ Floors			MIDTOWN AT RESTON TOWN
11990 MARKET ST #1804	3	2	1	RESTON	RESTON	\$956,000	Hi-Rise 9+ Floors			MIDTOWN AT RESTON TOWN
1207 BISHOPSGATE WAY	4	3	2	RESTON	RESTON	\$950,000	Detached	2.58		ASCOT
12101 WALNUT BRANCH RD	5	4	1	RESTON	RESTON	\$797,500	Detached	0.38		RESTON
2039 BEACON PL	4	4	1	RESTON	RESTON	\$726,000	Detached	0.14		RESTON
12014 WALNUT BRANCH RD	5	3	0	RESTON	RESTON	\$720,000	Detached	0.41		RESTON
1507 ELK POINT DR	5	3	1	RESTON	RESTON	\$715,000	Detached	0.48		RESTON
11776 STRATFORD HSE PL#406	2	2	0	RESTON	RESTON	\$670,000	Hi-Rise 9+ Floors			STRATFORD
2615 BLACK FIR CT	5	4	1	RESTON	RESTON	\$650,000	Detached	0.34		FOX MILL WOODS
11307 HARBORSIDE CL	4	2	1	RESTON	RESTON	\$640,000	Detached	0.12		RESTON
12088 KINSLEY PL	3	3	0	RESTON	RESTON	\$602,000	Townhouse	0.03		RESTON
11675 STOCKBRIDGE LN	4	3	1	RESTON	RESTON	\$585,000	Detached	0.18		RESTON
1698 CHIMNEY HOUSE RD	3	2	1	RESTON	RESTON	\$530,000	Townhouse	0.03		RESTON
2483 FREETOWN DR	5	3	1	RESTON	RESTON	\$525,000	Detached	0.38		RESTON
11100 LAKESPRAY WAY	3	3	1	RESTON	RESTON	\$517,000	Townhouse	0.08		RESTON
12024 CANTER LN	4	2	2	RESTON	RESTON	\$506,000	Detached	0.64		RESTON
1373 PARK GARDEN LN	3	2	2	RESTON	RESTON	\$485,000	Townhouse	0.05		WINDSOR PARK
11536 WILD HAWTHORN CT	3	2	2	RESTON	RESTON	\$460,000	Townhouse	0.04		RESTON

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On Friday, Jan. 14, the fifth grade students had an extra opportunity to show their support and encouragement for people with intellectual disabilities as they attended the state level Special Olympic speed skating competition in Reston.

Opening Hearts, Changing Minds

Students pledge to always treat people with respect and dignity.

BY DONNA MECCA
ARMSTRONG ELEMENTARY READING SPECIALIST

Let me win, but if I cannot win, let me be brave in the attempt.

This oath, taken by the athletes who compete in the Special Olympics, was but one small part of a presentation given to fifth grade students at Armstrong Elementary School on Jan. 6. Ashley Counts, a Special Olympic athlete, came and spoke to the students about what it was like attending public school as a student with an intellectual disability, and how the Special Olympics has impacted her life in such a positive way.

The time she spent with the students included an educational component about the Special Olympics, an inside look at her heroes and friends, and an honest conversation about how difficult it was being ignored or teased in school.

"School was a very sad time for me," she recalled when discussing her memories of the way she was treated by other students. Her message to the fifth grade students focused on the importance of showing kindness to others and making an effort to include people with physical and/or intellectual disabilities.

The idea for Ashley's visit came about after Stephen Giese, fifth grade teacher, and I, as reading teacher, began a read-aloud unit with a fifth grade language arts class last November. As part of their reading workshop, the students have been listening to a book called *Out of my Mind*, by Sharon Draper, which focuses on the experiences of a fifth grade girl who has severe disabilities and is unable to communicate. When the main character finally receives a new state

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of the art communication device and can begin to "speak" for herself, the school community is stunned to discover that she is exceptionally smart.

With the book as the center of the teaching unit, the Armstrong fifth grade students have been led through a maze of complex issues that span topics like inclusion, tolerance, advances in technology, and fair treatment for people with disabilities of all types. Teachers have been trying to get the students to think deeply about these issues and have provided them with opportunities for role playing, discussion, journal response, blog entries, and the chance to engage with some special visitors who have deepened their understanding of how important it is to make an effort to include and support people with disabilities.

On Friday, Jan. 14, the fifth grade students had an extra opportunity to show their support and encouragement for people with intellectual disabilities as they attended the state level Special Olympic speed skating competition in Reston. Armed with supportive posters, the students showed up ready to be fans and cheered on the athletes. The teachers and students were thrilled to have a chance to watch the event and bring along some "Armstrong Spirit" to share.

With the end of the read-aloud unit now in sight, teachers feel that the last few months have had a positive impact on the students. "Students have inspired me with their thoughts, connections, and insights, as we have seen the world through the main character's eyes. I hope that this unit will help students better understand, respect, and include all people with disabilities," said Giese. His reading workshop students have each signed a pledge in their journals that seals their promise to always treat people with respect and dignity. The hope is that the students will think carefully about the words they choose to use and the treatment they choose to give others. As the ending phrase in the pledge states: "...we all have the power to open hearts and change minds."

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Seahawks Taking Flight in Basketball Postseason

Christian scores 28 points to lead South Lakes past Falls Church at regionals.

BY RICH SANDERS
THE CONNECTION

South Lakes fought off a gritty Falls Church High boys' basketball team on Monday night and defeated the Jaguars, 61-53, in a first round Northern Region playoff game held in South Lakes' spacious Wendell Byrd Field House.

It was a breakthrough victory for the Seahawks (14-11) who, under first year head coach Andrew Duggan, are experiencing one of their best seasons in recent history. The win over Falls Church, a surprise finalist in the National District tournament last week, advanced South Lakes into Wednesday's quarterfinals round contest versus cross-town rival and Concorde District champion Herndon, a first round region playoff winner over W.T. Woodson on Monday.

South Lakes, in the win over a physically small but determined Falls Church team, overcame a second half scare in which the Jaguars, after trailing by eight points midway through the third quarter, fought back to take the lead after three quarters and were in position to win right up until the final few minutes.

But in the end, South Lakes weathered the storm, outscoring the Jaguars 13 to three in the final four minutes to gain its first region playoff win in several years.

"It's a very big win," said junior forward D.J. Christian, who played a phenomenal game for the Seahawks with game-highs in points (28) and rebounds (11). "It's [the programs] first region win in about seven years. It's great for our coach and our team."



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

D.J. Christian (23) was all around the basket on Monday evening, converting close range shots or getting fouled and making his free throws. He was a huge factor in South Lakes' region playoff win over the visiting Jaguars of Falls Church.

South Lakes, late last week on Friday, Feb. 18, had undergone a lopsided, 64-37 loss to Langley in the finals of the Liberty District tournament. Langley, with the win, captured the district crown for the fourth straight year. South Lakes, while disappointed in that title game setback, took solace in the fact that it had made it to the championship game, having defeated Madison and McLean to do so.

"Making the finals was real big for us," said Christian. "In previous years we've had troubles in the first round, so to get to the district finals felt good for us."

AGAINST FALLS CHURCH, South Lakes, while far from playing a perfect game, bounced back strong from the discouraging Langley loss and reverted to the form it has shown most of this season - a campaign in which the Seahawks went a strong 9-5 in district play during the regular season.

South Lakes seemed to have the upper hand against Falls Church over the first half and on into the third quarter. The Seahawks led 15-10 after one quarter, 32-26 at halftime and 40-32 at the midway point of the third quarter following a fast break layup basket by junior guard J.D. Wallace (15 points) off an assist from Christian.

But Falls Church, which received stellar games from guards Nizar Alamin (22 points) and Romeo KC (14), then scored the game's next 11 points, capped by a driving layup by Alamin that made the score 43-40 Jaguars with 58 seconds remaining in the third quarter.

Moments later, Christian converted two free throws to snap the Falls Church scoring run and pull the Seahawks within 43-42 going into the final quarter.

South Lakes started the final quarter strong and led 48-43 on a rebound follow-up bucket by Christian with six minutes remaining. But the relentless Falls Church team answered with seven straight points to go back in front 50-48 with just over four minutes remaining.

Following a South Lakes timeout, Christian made a free throw to get his team within 50-49. Then, the Seahawks put together the biggest sequence of plays of the night to take command. A steal by Seahawks' senior forward Darius Smith (8 points) led to a layup by Wallace to put the home team up, 51-50. Then South Lakes

senior guard Joey Daye (6 points) came up with a steal, resulting in a short range basket by Christian to make the score 53-50 Seahawks with 2:40 left. Later, the lead increased to 55-50 on another Wallace layup with just over a minute left to play.

A Falls Church three-point basket by Alamin got the guests within 55-53 with 37 seconds left. But immediately following the three-pointer, South Lakes beat the Jaguars down the court for a layup basket by Christian to make the score 57-53 with 29 seconds left. Falls Church never got closer and South Lakes secured the win as both Christian and Wallace hit a pair of free throws over the final seconds.

"They're a tough team, disciplined and have one very good player [in Alamin]," said Wallace, of Falls Church. "The win feels great. We [struggled] but knew we could beat them."

Christian said, "It's a great win. We played hard, our defense was there, we rebounded and worked as a team."

South Lakes had a great game at the foul line, converting 19 free throws to just one for Falls Church. Christian, who throughout the game seemed to come up with that key rebound or follow-up basket to help the Seahawks get the win, scored 14 of his 28 points at the line.

Coach Duggan was thrilled with the hard-fought win and what his team has accomplished thus far in the postseason, reaching the district finals and advancing to the elite eight at regionals.

"I'm very happy for the kids, our school and the community," said Duggan. "This is something our players have been working for. We struggled tonight but had kids step up at the right time."

South Lakes was scheduled to play Herndon in a quarterfinals game on Wednesday (Feb. 23). The Hornets eliminated South Lakes in the first round of regionals last year. The two teams played twice early on this season in December with Herndon winning both times - 79-64 at home and 82-56 at South Lakes.

Seahawks Boys Win Region Track Crown

Great team effort leads the way for the South Lakes.

For the third consecutive year, the South Lakes High boys' track and field team captured the Northern Region indoor title. The postseason event took place this past Saturday at the George Mason University Field House.

The Seahawks, who are also three-time Liberty District champions, won the region meet with 71 points, finishing ahead of second place Annandale (62) and third place Chantilly (53). Oakton High (44)

finished in fourth place, ahead of fifth place Lake Braddock (41). Rounding out the top 10 teams were West Potomac (40), Robinson (37), Hayfield (36), Westfield (29) and Edison (27). Herndon High (10 points) finished 18th in the field of 25 teams.

South Lakes senior Sean Price won the triple jump and finished second in both the long jump and 55 dash events.

Corey Gilmore was third in the triple jump and eighth place in the 300. Armando Drain finished third in the 55-meter hurdles and seventh in the 300. Ian Angara finished second place in the 500 race, and Will Sickenberger earned a sixth place finish in the 1600. Nicholas Guarnaccia was sixth place in the 3200.

THE SOUTH LAKES BOYS' 4x400 relay team finished first. The foursome was made up of Angara, Gilmore, Sickenberger, and Drain.

The South Lakes boys' 4x800 relay team, made up of Alex Clough, Austin Leggett, Michael Mchugh and Jacob Grundahl, finished third behind first place West Potomac and second place Hayfield.

From Herndon High, Jimmy Luehrs finished seventh in the boys' 1600.

The Herndon boys' 4x200 relay team of Jesus Fernandez, Marshall Findley, Alex Fisher, and Josh Schow took third place, behind first place Oakton and second place Westfield.

ON THE GIRLS' SIDE, Herndon High fin-

ished third place overall with 46 points. The team champion was South County with 131.66 points, followed by second place Oakton (68.50). Edison (44) finished in fourth place and Chantilly (34.33) was fifth.

South Lakes' Kyannah Calhoun finished fourth in the girls' 500 race and sixth in the 300.

The South Lakes girls' 4x200 relay, made up of Naimah Coleman, Kristin Tran, Aya Abdelhalim and Danielle Hale, finished sixth.

The Virginia State AAA Indoor Track and Field Championships will be held this Friday and Saturday (Feb. 25-26) at the Boo Williams Sportsplex in Hampton.

SPORTS

South Lakes' Ryan Forrest (right), the Liberty District and Northern Region champion, won third place standing in the state.



PHOTO BY
CRAIG STERBUTZEL/
THE CONNECTION

Forrest Earns Third Place at State Wrestling Tournament

Seahawk junior finishes remarkable season with 41-1 overall record.

BY RICH SANDERS
THE CONNECTION

Ryan Forrest's quest for a Virginia State AAA wrestling title fell short last weekend at the mega state postseason event held at Robinson Secondary. But the junior, who wrestles at the 145-pound weight class, displayed the heart of a champion in bouncing back from a third round loss - his first setback of the entire season - and going on to earn a third place standing in the state.

"It was my first loss of the season, and that was tough," said Forrest, of a 7-1 setback in the semifinals to Kevin Johnson of Forest Park High (Woodbridge). I really wanted a shot at the state title."

Forrest, the Liberty District and Northern Region champion who entered the state tournament with a perfect 37-0 record, won his first two matches at states last Friday, Feb. 18 - a third round pin win over Mosiah Mitchell of Battlefield (Haymarket), followed by a 4-1 decision win over Brandon Smith of Great Bridge (Chesapeake). That put Forrest into Saturday afternoon's semifinals - one victory away from the opportunity to wrestle for the state crown. But Forrest, 39-0 going into the semis match against Forest Park's Johnson, experienced his first loss of the season, 7-1.

Naturally, the loss shook Forrest up somewhat with his opportunity at winning a state crown dashed. But prior to his next match - a mid-afternoon, loser's bracket bout against Zakeel Muhammad of Henrico High (Richmond) - Forrest re-adjusted his thinking.

"Going into the loser's bracket, I said to myself, 'Third place

would be pretty good,'" said Forrest, who would need two loser's bracket wins to garner third place overall.

He defeated Muhammad, 16-0, to move into the consolation finals for third place. Forrest recalled five years earlier when he had finished fourth place in a state youth wrestling tournament.

"I remember [at the time] thinking that fourth place didn't sound nearly as good as third," said Forrest, with a smile.

So, going into his consolation semifinals match on Saturday, Forrest didn't want anything to do with finishing the season in fourth place. He wanted the third place tournament medal. Going up against Alex Turley of Thomas Dale High (Chester), Forrest toughened his way to a 4-2 decision to get third place.

Forrest, in that match for third place, earned a two-point first period takedown to go up 2-0. He followed that up with reversal points in the second period to take a 4-0 advantage he never lost.

Later that evening, after accepting his third place medal, Forrest reflected on the semifinals loss to Johnson.

"I feel if I'd made some tactically better decisions I could have come out ahead," he said. "That one loss at states will stick with me."

But Forrest will likely have another chance to make a run at a state title next year. For this season, he had to settle for a 41-1 overall record and a third place finish at states - an awesome season to say the least.

ROBINSON SECONDARY captured the team championship on Saturday, marking the first time since 1985 - when Robinson also won it - that a team from the

Northern Region has won a state title. The Rams also won the state crown back in 1981. Like this year, Robinson Secondary was the host site for the '81 state tournament.

Robinson's individual state champions last weekend were Brooks Martino (135-division) and Jake Smith (119). Rams who reached the finals before losing were Dallas Smith (112), Jack Bass (125), and Jake Pinkston (heavyweight).

Robinson won the team title with 155.5 points, besting runner-up Cox High (125) of Virginia Beach and third place Colonial Forge (98.5) of Stafford.

Other individual state champions to come out of the Northern Region were Beau Donahue (140-division) of Westfield and Dane Harlowe (125) of Annandale. Henry Majano (130) of Wakefield High finished second.

Other top eight place finishers from the Northern Region were: Tyler DeLeon (eighth at heavyweight) of Westfield; Joseph Vanderplas (third place at 215) of Fairfax; Ali Musa (fourth at 215) of Annandale; Scott Blackstone (eighth at 189) of South County; Dusty Floyd (fifth at 171) of Mount Vernon; Tim Fitzpatrick (eighth at 171) of Robinson; Wes Jones (third at 160) of Robinson; Christian Merino (seventh at 160) of South County; Kombeh Koroma (fifth place at 152) of Lee; Zaq Depasquale (eighth at 145) of Robinson; Rory Renzi (fifth at 135) of Lake Braddock; Omar Maknassi (seventh at 135) of T.C. Williams; Santiago Valdez (third at 130) of Robinson; Nathan Cobu (sixth at 130) of Hayfield; Steven Aiello (eighth at 130) of Westfield; Derek Arnold (third at 125) of Westfield; Robert Dooley (fifth at 119) of Madison; Brett Campbell (third at 112) of Westfield; Jon Le (seventh at 112) of Annandale; and Hunter Manley (eighth at 103) of South County.

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Best of Reston Winners to Be Announced

The winners of the 2011 Best of Reston Awards will be announced Thursday, Feb. 24 at the "Revealing the Best" reception. The reception will be held at Google's Reston Office, 1818 Library Street, 6 - 8 p.m.

The 20th Annual Best of Reston Awards honor businesses, organizations, and individuals for their commitment to community service and improving the lives of others. The Awards and Gala are produced in partnership by Reston Interfaith and the Greater Reston Chamber of Commerce. Community members submitted nominations for the awards during the months of November and December 2010. An anonymous panel reviewed all nominations and selected the seven winners of this year's awards. Winners of the 2011 Best of Reston Awards will be formally honored at the 20th Annual Best of Reston Gala on Thursday, April 28, at the Hyatt Regency Reston. Sponsorship opportunities for the gala are available and details can be found at www.restoninterfaith.org. Proceeds from Best of Reston support the programs and services of Reston Interfaith.

Photo Exhibit to Open at ArtSpace

The March exhibit at ArtSpace Herndon will feature the finalists of the 2011 Fine Art Photography Competition. "I was impressed by the quality of the submissions for the first Fine Art Photography Competition produced by ArtSpace Herndon," said Erin Antognoli, juror. "The exhibit will include a wide variety of works by talented photographers."

The following photographers were selected as finalists:

Rick Barnard, George Borden, Al Boze, Mike Cary, Maureen Costantino, Patricia Deege, Peter Del Toro, Thuy Dong, Marshall Dupuie, Jennifer Foley, Peter Karp, Carolyn Koslow, Jeffrey Miller, Alexis Mattila, Eric McCollum, Pete McCutchen, Martina Parsley, Wendy Paulas, Robert Rease, Fran Saunders, Madhu Sharma, D. B. Stovall, Steve Strawn, Karen Stringer, Kami Swingle, Michelle Touchette, Scott Zetlan. The exhibit runs from Tuesday, March 1 through Sunday, March 27, in the Post Gallery at ArtSpace Herndon. The opening reception and awards ceremony will be held Saturday, March 5 from 7-9 p.m. The exhibit and the opening reception are free and open to the public. ArtSpace Herndon is located near the Fortnightly Library and W&OD Bike Trail in downtown Herndon at 750 Center Street. The Post Gallery is open Tuesday -Thursday 10 a.m.-2 p.m., Friday 10 a.m.-8 p.m., Saturday and Sunday 12-5 p.m. For more information, call 703-956-6590.

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Attitude It To The List



By KENNETH B. LOURIE

As often as I think – and write, about my cancer-affected circumstances and consider the past, present and future; what I did, what I didn't do; what I'm doing, what I'm not doing; and what I might do – or not do – living forward, sometimes I wonder if the reason for whatever success or failure I've had in causing/preventing any of it is simply good genes/bad genes (luck) and not really anybody's fault? An admission Robin Williams' character (Sean Maguire) in the movie "Good Will Hunting" spent half the movie trying desperately to treat Matt Damon's character (Will Hunting) into admitting that the abuse he endured as an orphan from his foster father "was not his fault."

When I was first diagnosed, my oncologist was not interested – too much, in what had caused the malignant tumors in my mediastinum (doctor-speak for the middle of my lungs) to appear. They were there and the fact that I had never smoked cigarettes or that I smoked pot in college – 35 years previous, or that my mother smoked four packs of Chesterfield King cigarettes throughout my childhood and into my early adolescence, was not of any particular significance to him. His interest was in moving/treating forward, not researching/recriminating backward.

Nor has his interest been ever since – too much, in what things/changes (for me); lifestyle, diet, exercise, pills and supplements, etc., I've assimilated into my life to assist my body in fighting the cancer. If I had to characterize his approach/treatment, I would say it has been traditionally Western. However, since I have now outlived any other stage IV lung cancer patient he's treated with Avastin, he said (in fairness, others may have survived this long, but due to changes in their insurance, change of employer or some patients moved away/not in his care any longer), I am, at this point an exception to the two-year rule he cited back in Feb., 2009. That rule being, and I use the word pejoratively, a time-frame/prognosis of 13 months to two years – for someone who presented like I did.

But maybe his job his neither to concern himself with the why or the how, but rather concern himself with the what, as in what to do next – and the when, as in when to do it? I imagine treating terminal patients for a living has to cause some sleepless nights and plenty of agonizing days. Watching patients die under your care, not because of your care and/or concern, but in spite of it almost, has to be a frustrating and challenging endeavor. And managing the stress that naturally evolves from making life and death decisions for a living; some of which, for an oncologist specifically, are not likely to prevent the patient from dying, ultimately, has to create a survival-type, self-preservation instinct in the doctor. Somehow, he has to find a way, I would guess, not to get too emotionally invested or too interested/focused on what any particular patient is doing. He's probably more concerned with what the patient is not doing/not tolerating, treatment-wise; not what, in my case, the patient is doing on his own. As the Philadelphia comedian, David Brenner used to joke: "It's not the mosquitoes I can hear that worry me, it's the ones I can't hear." I'm doing so well (comparatively speaking) that my doctor can't worry about me, sort of. As my brother, Richard says: "He's got sick people to worry about."

And I don't consider myself sick, either – even though I have stage IV lung cancer, have inoperable tumors and am characterized as terminal. I consider myself a cancer patient, nothing more. And perhaps, that's how my oncologist has to treat me, as just another patient, nothing more. I know that's what helps me get through the day. He can't worry – too much, about me and apparently, I shouldn't worry too much about him. We both have more than enough to worry about already. That's not anybody's fault, that's just making the best of a very bad situation.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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HERNDON OFFICE
1500 Elden Street • Herndon, VA 20170
703-904-3700



Reston
\$365,000
WOW!
Absolutely Charming!
Move right in. All of the work has been done. Kitchen and baths beautifully renovated. New TREX deck, replaced windows, Pergo, Stainmaster carpet, & much more. Completely updated and gorgeous.

Call Mary Miceli 703-362-2242 or Mary.Miceli@longandfooster.com



Reston
\$850,000
Incredible Home!
Quality abounds. High end renovation includes gourmet kitchen & master bath. Amazing architectural details. Loads of light & gleaming hardwoods. The list of improvements is 4 pages long!



Herndon
\$524,900
Light Filled and Move-in Ready!
4BR, 3.5BA new everything including kitchen w/ granite island and countertops, appliances, refinished hardwoods, lighting. Walk out to deck and gorgeous backyard. Two story foyer, 1st floor library, bay window in DR, FR w/ vaulted ceiling and FP. Great storage and finished basement.

Call Gail Romansky
703-980-5300
gpromansky@aol.com or
Marcy Thomas
703-927-2190
mathoma8@aol.com



Reston
\$449,900
Walk to Town Center/Future METRO Station!
Breathtaking 2 level condo on top floor w/gleaming hardwoods, 2BR, 2.5BA, bright sunroom & den. Architectural features inc 2 story foyer, luxury master suite w/vaulted ceiling, open staircase to 2nd master BR. Garage and secure storage convey.

Call Terry@703-861-0538
terry.atherton@longandfooster.com



Arlington
\$438,000
In the Heart of Ballston
Don't miss this bright 1BR w/den-2nd BR condo w/over 900 SF. Steps from the METRO, underground secure garage. FP. Balcony, kitchen feature maple cabinets, granite counters & ceramic flooring. Fantastic bldg.-amenities include rooftop pool, business ctr, gym & movie rm. 2nd parking spot available to rent. Steps to dining and shops.

Call Leslie Thurman 703-895-6000 or e-mail lesliekthurman@gmail.com



Herndon
\$385,000
Make an Offer!
Short sale-super single family home on great lot w/enclosed screened in porch. Patio, shed & fence. Updated eat-in kitchen w/bay window, granite, tile backsplash, 4 large BR's, awesome master bath, crown molding, chair rail & FP.

Call Leslie Thurman 703-895-6000 or e-mail lesliekthurman@gmail.com



Reston
\$835,000
Custom Transformation
4BR, 3.5BA, open floor plan, main level master suite for today's lifestyle, plank wood floors, new windows, wiring, plumbing, upgraded carpet, HVAC, glazed maple cabinets, 40 year roof, professional landscaping, abundant storage.

Call Dale 703-408-2626 or e-mail
Dale.Repshas@Longandfooster.com



McLean \$332,000
Sought after
McLean House!
Spacious unit with cool, east facing balcony and scenic views. Open floor plan w/natural light. Master BR w/walk-in closet. In the center of McLean-walk to shops and dining! Two miles to future METRO stop. Underground garage space and 2 storage bins. Washer/dryer in unit. Condo fee inc all utilities, security, pool, tennis courts and gym.

Call Virgil Frizzell 703-585-1821
or virgil.frizzell@longandfooster.com



Reston
\$579,000
Luxury Condo!
in Stratford House Hi-Rise. 2BR, 2BA, 11 ft ceilings throughout, gallery entry, 38 ft balcony, 2 garage spaces + storage space. First floor location on corner w/abundant windows, recent upgrades-gorgeous! Town center location.

Call Debbie Gill 703-346-1373 •
www.DebbieGill.com or e-mail
Debbie.Gill@longandfooster.com



"I work hard for my agents so they can work hard for you!"

— Anita Lasansky, Managing Broker

703-435-4900
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