

# Elden Street Players Triumph at WATCH Awards

NEWS, PAGE 3

PHOTO BY JEANNE THEISMANN/THE CONNECTION  
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Cast and crew members from the Elden Street Players' productions of 'Rent,' 'Metamorphoses' and 'Wit' celebrate at the Washington Area Community Theatre Honors Awards ceremony March 6 at The Birchmere in Alexandria. ESP took home 17 awards, more than any other theatre.

## Catalysts for Downtown Herndon

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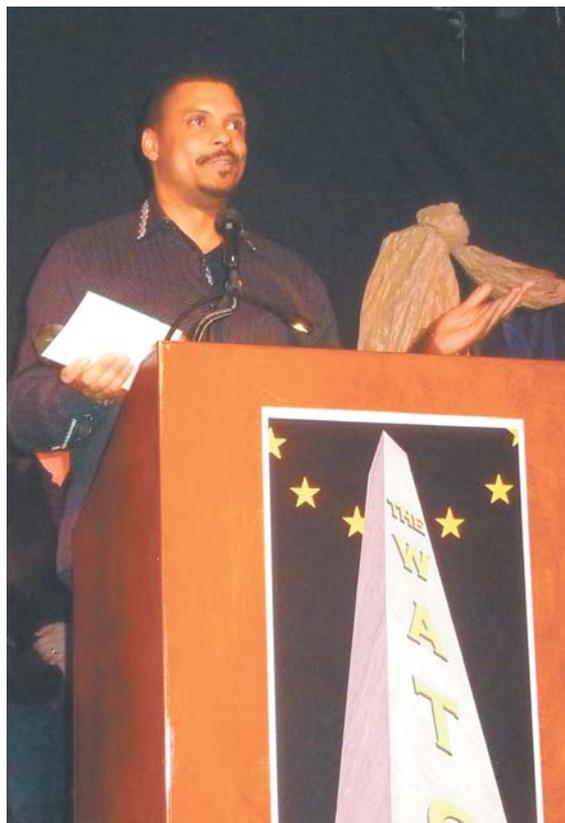


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**Laura Fontaine and Theresa Bender celebrate their WATCH Awards for their work at the Elden Street Players Community Theatre. Each took home two awards at the March 6 ceremony at the Birchmere in Alexandria.**



**John-Michael d'Haviland accepts the Outstanding Achievement in Music Direction award for 'Rent.'**



PHOTOS BY JEANNE THEISMANN/THE CONNECTION

**Melissa Romano, Jade Jones and Ryan Khatcheressian perform Seasons of Love from the Elden Street Players' production of 'Rent' at the Washington Area Theatre Community Honors ceremony March 6 at the Birchmere in Alexandria.**

## Elden Street Players Triumph at WATCH Awards

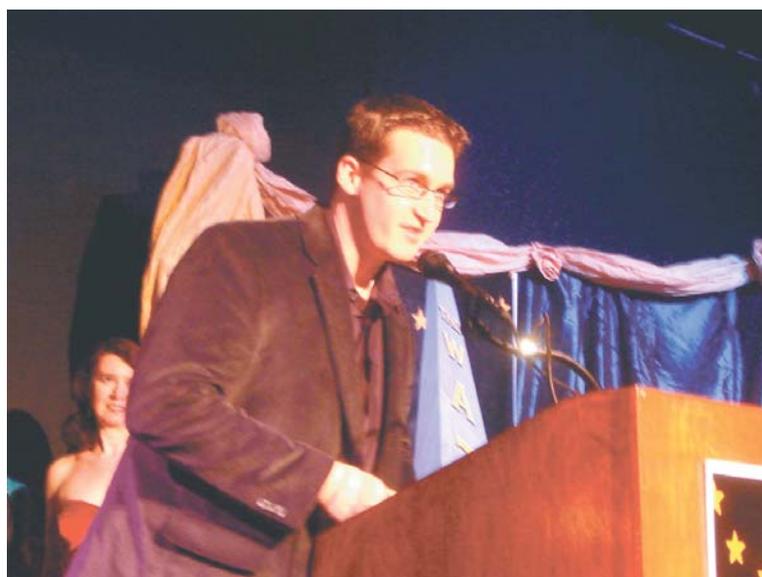
### Production of "Rent" leads ESP to 17 wins.

BY JEANNE THEISMANN  
THE CONNECTION

**T**he Elden Street Players theatre company was the big winner at this year's Washington Area Community Theatre Honors Awards, taking home 17 trophies at the March 6 ceremony at The Birchmere Music Hall in Alexandria.

"This is very exciting for us," said Theresa Bender, who garnered the Outstanding Properties in a Musical and Outstanding Set Decoration in a Musical awards for her work on the ESP production of "Rent." "We're going to do the same hard work either way but it's always nice to be recognized."

ESP completed a rare sweep of the coveted categories of Outstanding Play and Outstanding Musical, winning both awards in the same



**Evan Hoffman won the Outstanding Achievement of Direction in a Play for his work on 'Metamorphoses.'**

year for only the third time in the history of WATCH for the produc-

ESP is the only theatre to have accomplished this twice, winning in 2001 for the productions of "Side Man" and "The Rocky Horror Show." The Little Theatre of Alexandria swept the marquee categories in 2002 with "The Coconut" and "Master Class."

Going into the evening with a record 32 nominations among re-

**"We're going to do the same hard work either way but it's always nice to be recognized."**

**— Elden Street Players WATCH Award winner Theresa Bender**

tions of "Rent" and "Metamorphoses."

### Elden Street Players WATCH Awards

- Outstanding Direction of a Play - Evan Hoffmann - Metamorphoses
- Outstanding Play - Metamorphoses
- Outstanding Lead Actress in a Play - Lorraine Magee as "Vivian Bearing, Ph.D." - W;t
- Outstanding Direction of a Musical - Todd Huse - Rent
- Outstanding Featured Actor in a Musical - Mickey Daniel DaGuiso as "Angel Dumott Schunard" - Rent
- Outstanding Hair Design in a Musical - Laura Fontaine - Rent
- Outstanding Light Design in a Musical - AnnMarie Castrigno - Rent
- Outstanding Makeup Design in a Musical - Laura Fontaine - Rent
- Outstanding Music Direction - John-Michael d'Haviland - Rent
- Outstanding Musical - Rent
- Outstanding Properties in a Musical - Theresa Bender & Eliza Wolfe - Rent
- Outstanding Set Construction in a Musical - Marty Sullivan & Bill Behan - Rent
- Outstanding Set Decoration in a Musical - Theresa Bender & Eliza Wolfe - Rent
- Outstanding Set Design in a Musical - Kevin King - Rent
- Outstanding Set Painting in a Musical - Mary Rose Vasko & John Vasko - Rent
- Outstanding Sound Design in a Musical - Stan Harris - Rent
- Outstanding Special Effects - John Bordeaux & Todd Huse - Rent

gional theatres for the 2010 season, ESP's production of "Rent" led the evening with 14 WATCH Award wins. Joining Bender as a double winner for her work on the show was Laura Fontaine, who won for Outstanding Hair Design in a Musical and Outstanding Makeup Design in a Musical.

"Theresa and Laura are both extremely dedicated volunteers," said ESP president Todd Huse, who took home his own trophies for Outstanding Direction of a Musical and Outstanding Special Effects for "Rent." "They work tirelessly on ESP productions and are fun, positive spirits that have the

ability to make any room bright. We are grateful for their energy."

Winners were selected from 121 productions that were adjudicated at 31 community theatre companies. In each of 38 categories, five nominees were selected based on the average scores of eight judges.

"We are thrilled," said Bender as she juggled her two trophies. "ESP is like a family and this has been an incredible night for us."

For more information on the Elden Street Players theatre company, including a complete list of WATCH Awards won over the years, visit [www.eldenstreetplayers.org](http://www.eldenstreetplayers.org).

# Catalysts for Downtown Herndon

BY ALEX McVEIGH  
THE CONNECTION

As the Town of Herndon prepares for the future after the town council passed a resolution adopting a downtown master plan Feb. 22, local business leaders can already see the opportunities.

Don Owens of Griffin-Owens insurance, which has an office on Station Street, said he is pleased the town adopted form-based planning, which is zoning designed to achieve a certain look.

"Form-based planning is encouraging to a business owner, because it reduces the risk to the developer," Owens said. "The chamber of commerce had a seminar last summer that discussed form-based planning as a model of success."

Councilmember Grace Han Wolf said she is excited just to have the plan adopted and that they are eager to see the plan come to fruition.

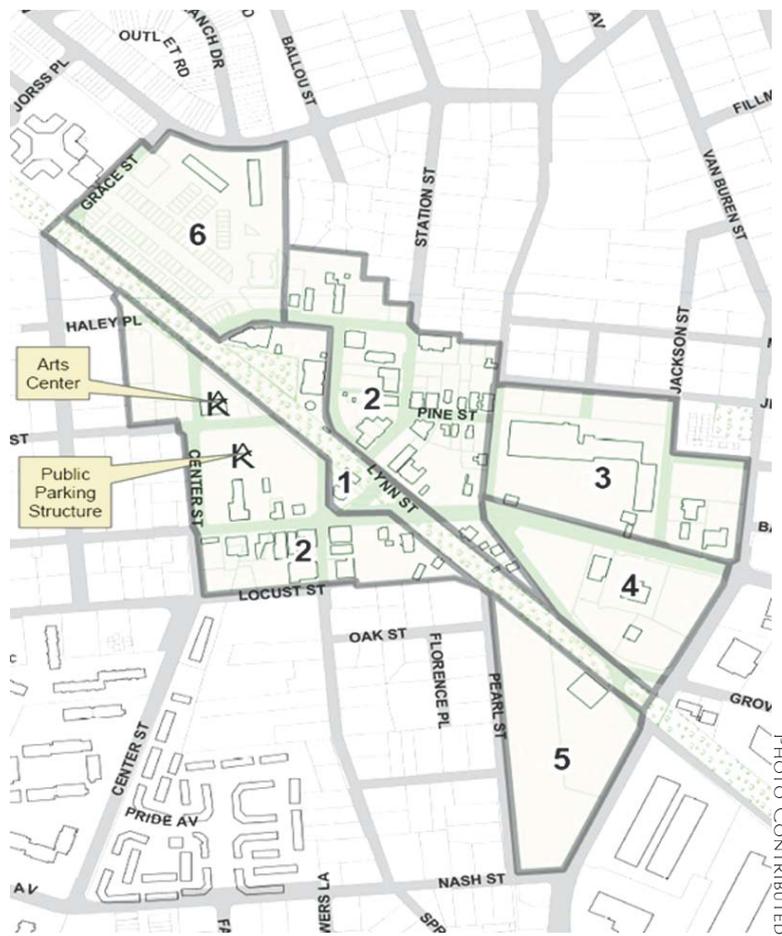
"I'm excited we finally have a master plan, and one that got a lot of citizen input," Wolf said. "It can be done piecemeal, we can develop it block by block."

Owens also said he agreed with the block-by-block breakdown of the downtown.

"In the past redevelopment has all been done in unison, we don't have to do that, but there's still a master plan," he said. "It makes it a lot easier to redevelop one piece at a time."

Bill Lauer, president of Tetra Parnters, owner of the TPI Center on the corner of Elden Street and Station Street says he has mixed feelings about the plan.

"I believe there's too much expectation of development on property the town doesn't own, like the Pine Shopping Center," he said. "I don't like the idea of planning for development without any indication that it will ever happen. I



**Local business leaders say that the combination of a parking structure and arts facility in downtown Herndon could be a big step towards creating a destination.**

think the town should focus on what it controls first."

Lauer said he did support the idea of a parking structure behind the TPI center at parking lot next to the W and OD Trail.

"Building a garage there first makes a lot of sense," he said. "It could really jump start development."

Owens agreed, saying a parking garage would be another way to bring people downtown.

"A parking garage is another thing that the business community thinks would be a catalyst," he said.

In addition to a parking structure, the area between Station Street and Center Street has plans

for a mixed-used arts facility at the current location of ArtSpace.

"I'm encouraged by plans to develop an art center. It could be a nice catalyst for the arts community and a way to create an attraction downtown," Owens said. "Anything to give downtown a theme, which would attract businesses, shoppers and tourism."

Lauer said that an arts center is a good idea, but he favors a more ambitious vision.

"An arts center combined with a university or a satellite university is a natural cohesion," he said. "That's one thing Herndon has never been able to say, it would be something for Herndon to tout."

necessary to move us forward. Oppressive traffic congestion caused by poor planning, an ever expanding bureaucracy bent on being the largest landlord in the county and a government that wants to absorb the private sector instead of supporting it are just a few examples."

Williams had been concentrating on a Virginia Senate run in late 2010. It was through his initial campaigning efforts that he began to realize his efforts were needed closer to home.

"Having grown up here, I am proud to call Fairfax my home. I have seen firsthand the benefit of world-class schools, plentiful jobs and a quality of life that few places in America can claim," Williams said. "Un

SEE WEEK IN HERNDON, PAGE 12

# Rust Evaluates General Assembly Session

BY LIZI ARBOGAST  
CAPITAL NEWS SERVICE

The 2011 session of Virginia's General Assembly came to a close Feb. 27 after being extended by one day. This was the sixth time in the last 12 years that legislators have had to extend their session. The extension was due mostly to the need to finalize budget issues. Del. Tom Rust (R-86) is very satisfied with the overall outcomes of the session.

Q&A

Rust did a large amount of work with Gov. Bob McDonnell, especially in the areas of higher education and transportation. This year, McDonnell proposed a transportation plan that will fund more than 900 projects over the course of the next three years.

Rust's only disappointment in the transportation discussion involved a bill he sponsored. House Bill 2404 would have dedicated a portion of sales tax revenues in Northern Virginia and Hampton Roads to transportation projects in those regions. The measure died in the House Appropriations Committee.

This week, Connection Newspapers visited with Rust to get his opinions on the highs and lows of the just-concluded session.

**Q:** What would you consider the biggest accomplishments of this year's session?

**Rust:** I think the biggest successes were the additional funds for transportation [and] the additional funds for higher education.

**Q:** What were the biggest disappointments for you this session?

**Rust:** My personal biggest disappointment was the transportation bill that I carried that would've carried a small percentage of the sales tax raised in Hampton Roads and Northern Virginia in those districts for transportation. All in all, though, I thought it was a good session, a productive session.

It's pretty evident by the budget vote – unanimous in both bodies – that at the end of the day, we came together with a lot of good things in the



**Del. Tom Rust (R-86)**

budget. I think we revisited that. We dramatically changed for the business – all the business – particularly the accelerated sales tax, which we did last year. Basically, that funded half of the rainy day fund for next year – \$228 million; we've got \$114 million in it. So I think the budget was a good document, but you know I think the landmark legislation was the transportation and higher education.

**Q:** What would you say was your single most important contribution?

**Rust:** I carried legislation for the governor that would bring Virginia's insurance in line with the portions of the federal act that are not controversial and give Virginia control over that as opposed to the federal government. While that's pretty lofty stuff, it's very, very critical to every Virginian.

I carried legislation to change the responsibilities and authorities on the transportation board; that was a fairly significant piece of legislation.

I carried some legislation requiring pharmacies to have a continuance quality improvement program. That was an issue brought to me by a constituent who had some problems in that area; [the legislation] would alleviate that. Those are the main things I think [my constituents] should know of.

To read House Bill 2404 in its entirety, visit [www.richmondsunlight.com/bill/2011/hb2404](http://www.richmondsunlight.com/bill/2011/hb2404)

## WEEK IN HERNDON

### Williams to Run for County Board Chairman

Michael "Spike" Williams announced that he is running for Chairman of the Fairfax Board of Supervisors. A small business owner, father and husband, Williams said his campaign will focus on providing the leadership he feels has been lacking in recent years.

"The current majority on the Board of Supervisors has a spending problem," Williams stated. "There is a lack of understanding of what it takes to create jobs and economic opportunity for Fairfax County and they have not provided the visionary leadership

## SCHOOLS

# GRACE Creates A Sense of Place

Reston gallery presents South Lakes, Herndon High students' artwork.

BY ERIN HODGE  
THE CONNECTION

At 5:01 the gallery was already buzzing with activity. Complex evasive maneuvers were required to avoid making awkward acquaintance with walls and other onlookers. In moments, however, physical contact was no longer necessary. The displays pulled their viewers out of cramped quarters and into a new sense of place.

The Greater Reston Arts Center (GRACE) hosts an exhibition every year featuring Fairfax County high school artists during Youth Art Month, Emerging Visions. Inspired by GRACE's fall exhibition, Journey by painter Freya Grand, this year's Emerging Visions centered on Herndon and South Lakes High School students' interpretation of a Sense of Place. Artists from Herndon and South Lakes High Schools partnered with creative writers to interpret the prompt and enter the competition.

Wayne Zink, an art teacher at Herndon High School, describes the process of choosing pieces for the exhibition: "It was an open competition. We simply published the deadline and allowed students to meet the criteria in whatever way they saw fit." Artists and writers were "sometimes best friends, and sometimes students who didn't know each other very well at all."

One such pair of friends was Hannah Smagh and Rachel Wolfe, seniors from Herndon High School. Smagh takes a photography class and was introduced to the competition by her teacher. "At first, I couldn't think of anything," says Smagh, "my sense of place is hard to define. I think a blank canvas is the closest I can get." Her photo depicts just that, forgotten paintbrushes lying in the grass beside a pristine canvas, the epitome of absent inspiration. Her partner thinks along the same lines. "Hannah sent me her picture a few days before the deadline and told me about the exhibition,"

### SCHOOL NOTES

Sixty-eight Fairfax County Public Schools students have been named to the 2011 Virginia All-State Chorus and will perform April 30 at the Visual and Performing Arts Academy at Salem High School in Virginia Beach. Forty-two students were named alternates. Virginia All-State Chorus is sponsored by the Virginia Choral Directors Association. The



Onlookers admire the work of two South Lakes High School students.

PHOTOS BY ERIN HODGE/THE CONNECTION



Ponmali Photavath, a sophomore at South Lakes, standing with the painting and prose completed with classmates Lauren McGregor and Sindhu Elaganhala.

laughs Wolfe, drawing a nudge from Smagh, "My poem reflects my understanding of it."

A trio from South Lakes High School portrayed a different understanding of a sense of place. Ponmali Photavath, a sophomore at South Lakes, worked with Lauren McGregor and Sindhu Elaganhala to produce a large painting of a girl moving through a silhouetted crowd. "Our sense of place was a person's place in society," explains Photavath. "The girl is surrounded by people, but still completely alone." Admirers created their own crowd as they swarmed around the piece, each

lost in his individual thoughts.

No matter where a piece takes its viewers, the presence of each work is unmistakable. Students connect with their surroundings and each other in surprising and powerful ways, conveyed through poetry, prose and visual art. Joanne Bauer, Exhibitions Director at GRACE, explains the relationship: "Artists and writers have strong opinions about representation and ideas, but when they come together, it's beautiful."

The event is open March 4 – April 14 at the Greater Reston Arts Center.

### Cecily Jacobson.

South Lakes High School students **Ken Barros** and **Sobechukwu Chinaka**.

**Kevin Mohan** of Herndon has been named to the fall 2010 dean's list at the Georgia Institute of Technology, Atlanta, Ga.

## 7 Things You Must Know Before Putting Your Home Up for Sale

Washington, D.C. —A new report has just been released which reveals the 7 costly mistakes most homeowners make when selling their home, and a 9 Step System that can help you to avoid them and sell your home fast and for the most money.

This industry report shows clearly how the traditional approaches to selling homes have become increasingly less effective in today's complex and fast paced society. The fact of the matter is that three quarters of home sellers don't get what they want for their homes, become disillusioned and – worse – financially disadvantaged when they put their homes on the market.

As this report shows, most home sellers

make the same 7 deadly mistakes costing them thousands of dollars needlessly. The good news is that each and every one of these mistakes is preventable. In answer to this issue, industry insiders have prepared a FREE, Special Report called, "The (Step System to Get Your Home Sold Fast and For Top Dollar."

To learn more and order your personal copy of this FREE Special Report just call, toll-free, 1-800-363-0356 and when prompted enter ID # 2001 You can call any time, 24 hours a day, 7 days a week. Get this FREE Special Report NOW to find out how you can get the most money for your home in today's market.

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# OPINION

## Note to Gov: Sign the Autism Bill

### Bipartisan effort supports early treatment.

**A** new law to mandate very basic and limited insurance coverage for treating autism in young children awaits the signature of Gov. Bob McDonnell. The added coverage will be a lifeline to many families already coping with major challenges.

The bill passed by wide margins with wonderful bipartisan support (including all of our Northern Virginia legislators). It passed 29-8 in the Senate; 73-24 in the House of Delegates.

The governor is facing a major lobbying effort by some business and insurance company interests to veto the bill, and he has not yet said what his intentions are. The law would save money over time, because it will result in young adults with autism functioning at a higher level.

Contact him and urge him to sign this bill into law.

<http://www.governor.virginia.gov/contact.cfm>; (804) 786-2211.

#### SB 1062/HB 2467 verbatim:

Health insurance; mandated coverage for autism spectrum disorder. Requires health insurers, health care subscription plans, and health maintenance organizations to provide coverage for the diagnosis of autism spectrum disorder (ASD) and treatment for ASD in individuals from age two to six, subject to

an annual maximum benefit of \$35,000 of coverage for applied behavior analysis. This requirement does not apply to individual or small group policies, contracts, or plans. The mandate will also apply

#### EDITORIALS

## Safe for Saint Patrick's Day

### Plan ahead to get home safe after celebrations.

**W**hile the City of Alexandria holds its Saint Patrick's Day parade early, that leaves that much more time for celebration on the day itself, March 17.

The Saint Patty's Day SoberRide program will offer 12 hours of safe passage from 4 p.m. on Thursday, March 17th until 4 a.m. the following day impaired drivers off the road during this traditionally high-risk holiday.

First, plan ahead to manage this yourself: leave your car at home, take public transportation, arrange for a designated driver, or choose to abstain if a designated driver isn't available.

But if you find yourself needing a ride, area residents 21 and over celebrating with alcohol can call the SoberRide phone number 1-800-200-TAXI for a free, safe way home (up to \$30 cab fare).

to the state employees' health insurance plan and to the local choice health program. This measure will not apply to an insurer, corporation, or health maintenance organization, or to government employee programs, if the costs associated with coverage exceed one percent of premiums charged over the experience period.

Last Saint Patrick's Day, 525 possibly impaired people used the SoberRide service rather than possibly driving home impaired. More than a third of traffic fatalities on Saint Patrick's Day and the early morning hours of the next day are alcohol related nationwide.

Sponsors of this year's Saint Patrick's Day SoberRide include the Restaurant Association Metropolitan Washington, Volkswagen Group of America and the Washington Area New Automobile Dealers Association, as well as some of the area's Irish restaurants, including Ireland's Four Provinces and Murphy's, Ri Ra and Sine Irish pubs.

Since 1993, this program on targeted holidays has provided 51,718 safe and free cab rides home to would-be drunk drivers in the area. See [www.soberide.com](http://www.soberide.com).

#### LETTERS TO THE EDITOR

## An Open Letter to To Gov. McDonnell

We write to urge you to veto SB 966, a bill, which would mandate 150 minutes per week for physical education to all students in grades K-8 during the regular school year by 2014. This legislation would represent the first time that the Standards of Quality would mandate a specific amount of time for any individual subject.

We appreciate the concerns about childhood obesity that were focused on in the debate on this bill. However, there are significant fiscal and instructional impacts from this bill that were not thoroughly vetted or considered during our General Assembly session. In addition, our school system in Fairfax County, quite frankly, dropped the ball in communicating their concerns and many of my colleagues were left unaware of the financial and instructional impacts of this bill. We did vote against the bill. However, a number of our Fairfax colleagues who voted for the bill told us that it was only after final passage that they ever heard anything from the

school system and they might have voted differently had they known of these concerns. We know that our Superintendent and School Board Chair have now communicated to you and to our colleagues in detail about their concerns and we endorse their efforts. However, this information was unknown by many of our colleagues when we voted on this measure.

This bill is, first, an unfunded mandate that will cost Fairfax County schools, as well as others, millions of dollars. In Fairfax it is estimated that the additional costs for staffing alone will be between \$18-24 million. Second, this bill will crowd out other mandates and accountability requirements in academics. In science and math, we need to be increasing our time on task, not decreasing it. This bill would have the opposite impact and set us back academically. Given that there is no other subject where 150 minutes a week is mandated, it is illogical that physical education would get this kind of unique status over math, science, reading, or the humanities. Already we require physical education for the many of our students who participate in two or three sports outside school and would prefer more academic time instead.

And this bill does not allow recess to count as physical education time, so it is only academic time that can be depleted by this bill. If this bill goes into effect, after the 150 minutes of physical education is incorporated, there would be only 22 minutes of time left for all other activities such as art, music and the humanities.

Unlike many academic subjects that need class time, there are many other arenas where we can target help for overweight children without adding to deficits in their academics and providing a well-rounded education. After-school programs, targeted programs for particular populations at risk, or parent education programs through community, civil or church groups have all been addressing the threats of childhood obesity. We know the First Lady of Virginia has also joined with First Lady Michelle Obama in giv-

ing this issue public attention and we applaud their efforts. These private sector and public service education efforts can work on this issue instead of adding another "one size fits all" mandate to our schools.

Finally, since it is often low-income children who are most academically at risk, to take academic time away from them would do the most harm. While they can find other avenues for physical activity, they have fewer choices for academic challenges outside of the classroom.

For these reasons, and for the details outlined in the earlier letter you have received from Fairfax County school officials, we strongly urge you to VETO SB966.

**House Delegates Barbara Comstock (R-34), Dave Albo (R-42), Tom Rust (R-86) and Tim Hugo (R-40)**

## Write

The Connection welcomes views on any public issue. The deadline for all material is noon Friday. Send to:  
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1606 King St., Alexandria VA 22314  
Call: 703-778-9410.  
By e-mail: [herndon@connectionnewspapers.com](mailto:herndon@connectionnewspapers.com)

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# BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com. Deadline is Friday.

## SATURDAY/MARCH 12

**Cox E-Waste Recycling Event.** 9 a.m.-1 p.m. Cox Retail Center Parking Lot, 3080 Centreville Road, Herndon. Recycle old, unused and broken amplifiers, camcorders, CD players, cell phones, computers, copiers, digital cameras, DVD players, fax machines, game consoles, microwaves, remote controls, TVs, telephones, and more. Free and open to the public. coxwaste@cox.com.

## MONDAY/MARCH 14

**Haven of Northern Virginia's Bereavement Support Group.** 7:30 p.m. Haven of Northern Virginia, Inc., 4606 Ravensworth Road, Annandale. Six weekly meetings, through April 18. Free. Register at 703-941-7000 or www.havenofnova.org.

## WEDNESDAY/MARCH 16

**The Advisory Board of the Northwest Center for Mental Health Services.** 7-9 p.m. at Northwest Center for Community Mental Health, 1850 Cameron Glen, Reston. Volunteers are needed to serve and act as advocates for women's shelters, homeless shelters, etc. The Board meets the 3rd Wednesday of every month. Contact Cleveland at 703-435-0868 or leaderwilliams@gmx.com.

**Alzheimer's Caregiver Support Group.** 6:30 p.m. Reston Police

Station, 12000 Bowman Towne Drive, Reston. 703-204-4664 or 703-723-4657.

**Graduate Business Programs Information Session.** 6:30 p.m. Marymount University Reston Center, 1861 Wiehle Ave., Reston. Register at 703-284-5902 or www.MURestonSBA.com.

## THURSDAY/MARCH 17

**Michael "Spike" Williams for State Senate Campaign Kickoff.** 4 p.m. 12365 Clareth Drive, Oak Hill. With Prince William Board of County Supervisors Chairman Corey Stewart and Fairfax County (Springfield District) Supervisor Pat Herrity. 571-641-9780.

## FRIDAY/MARCH 18

**Reston Republicans' Ninth Annual Lincoln-Reagan Dinner.** 7:15 p.m. Hidden Creek Country Club, 1711 Clubhouse Road, Reston. With guest of honor Lieutenant Governor Bill Bolling. Business attire. \$60 per person. sally@jmpa.us, 703-742-0149, engcat@aol.com or 703-406-9740.

## SATURDAY/MARCH 19

**Fairfax Connector Bus Program.** 1:30 p.m. Reston Museum, 1639 Washington Plaza, Reston. With the Fairfax Department of Transportation. Board a special training bus to learn how the system works. Hear stories from riders and 'busmeisters' of earlier commuter days and internal bus systems in Reston. 703-709-7700 or restonmuseum@gmail.com.

**CASA Information Session.** 11 a.m.

Burke Centre Library, 5935 Freds Oak Road, Burke. Fairfax Court Appointed Special Advocates (CASA) is hosting an information session for those who would like to learn more about advocating for abused or neglected children. 703-273-3526, x22 or ekosarin@casafairfax.org.

**Haven of Northern Virginia's Widow/Widower Support Group.** 2 p.m. Haven of Northern Virginia, Inc., 4606 Ravensworth Road, Annandale. Six weekly meetings, through April 30. Free. Register at 703-941-7000 or www.havenofnova.org.

## MONDAY/MARCH 21

**Assistance League of Northern Virginia.** 9:30 a.m. at the Sully Government Center, 4900 Stonecroft Blvd., Chantilly. A nonprofit, volunteer organization promoting literacy and well-being for women and children through community based programs, such as Operation School Bell: New Clothes for Kids and Weekend Food for Kids. Meetings are the third Monday of every month. 703-878-1928.

## TUESDAY/MARCH 22

**Virginia Lyme Disease Task Force Hearings.** 7 p.m. Immanuel Bible Church main auditorium, 6911 Braddock Road, Springfield. Anyone may address Chairman Michael Farris and other Task Force members at the hearing. The hearing is being held because of the growing concerns of Virginia residents about the spread and nature of Lyme Disease. Open to the public. Direct written comments to Lyme@PHC.edu.

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**Bo Jankans performs with his band, sayhi,bo and rapper Poe Mack at the House of Wing in Herndon Feb. 19, a stop on their Shoestring Budget tour.**



PHOTOS BY ALEX McVEIGH/ THE CONNECTION

## Hip-Hop, Herndon Style

**Herndon rapper Bo Jankans prepares mixtape, tours East Coast.**

BY ALEX McVEIGH  
THE CONNECTION

Herndon has always been a part of Brett Selestay, otherwise known as Bo Jankans. As the budding hip-hop artist is in the midst of his first tour, he says he brings Herndon with him everywhere he goes. It's this concept that is behind the title of his latest mixtape "Hoods Stealin' Hoods."

"If we're playing a show, say, in Baltimore, and even if you didn't come to see me, but you get into what I'm doing, that's a part of Herndon that's now in their 'hood,'" Jankans said.

While Jankans knows exactly who he is, he says sometimes it can be harder to convince other people.

"You get into a conversation with people, and they ask what I do, and when I say I'm in music, then they ask what kind. When I say I'm a rapper, I always get a certain look," Jankans said, describing how he got the title of his January 2010 album "Dumb Looks Are Free." "I don't find it offensive though, it makes sense people would look at me like that. I don't look like a rapper, that's always been the joke."

Jankans attended Shepherd College after graduating from Herndon High School in 2006, but didn't stay away from Herndon for long.

"I would go to school from Monday to Friday, then get a ride home, work at the Outback Steakhouse in Herndon Friday and Saturday night, spend the



**Bo Jankans performs a hometown show in Herndon at the House of Wing Feb. 19. Jankans, who graduated from Herndon High School in 2006, has been recording a mixtape and touring the East Coast.**

money on studio time and come back to Shepherd broke and do it all over again," he said. "I didn't have friends, I didn't care about meeting people, but I was writing a lot. It was the most prolific time I've ever had in my life. I was pumping out seven songs a week, good songs too."

Now he's working on a series of mixtapes, an album with sayhi,bo — a four-piece band formed late last year — and an East Coast tour, and Jankans said this is among the busiest he's ever been.

Unlike some musicians who start off doing live gigs and find their way into the studio, Jankans started off in the recording studio while in high school.

"It started out just a bunch of friends, sitting around freestyling," Jankans said. "It soon got to be whatever I was doing, I was rhyming, whether in the shower, walking to school, whatever. And soon I realized that I was almost getting

more out of it than the people listening, it was great finding a way to get my emotions out."

After working in various local studios for a few years, he did his first live gig in Washington, D.C. in 2007.

"It was the first time I'd ever touched a stage, and I used to be the last person you would see onstage," he said. "I had stage fright, almost to the point of being a phobia."

Jankans is over any apprehensions now, as he has been performing on the Shoestring Budget tour, which started in January and has gone from Raleigh, N.C. to New York City, with stops at college towns and cities in between.

"When you're playing live, as long as you're flowing and rhyming, the words aren't heard as much," he said. "There are just certain beats that hit me on an emotional level, but they won't make 60 to 100 people move. No one wants to pay a \$10 cover to hear a sappy poem I wrote about a breakup."

Jankans' most recent local performance was at the House of Wing with sayhi,bo Feb. 19, and it was truly a hometown show. His friends and neighbors from where he grew up off Powells Tavern Place filled the place hours before his scheduled midnight stage time and stayed throughout the entire show.

"It was an incredible show, he performed a Slick Rick cover, and I've never seen him do anything like that," said Dave Basile, who grew up a few houses down from him.

Victor Robinson of Herndon has been friends with Jankans since they played basketball together as children. And while he's seen his friend get more and more involved in his music,

SEE HERNDON RAPPER,  
PAGE 13

## ENTERTAINMENT

Send announcements to [herndon@connectionnewspapers.com](mailto:herndon@connectionnewspapers.com). Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit [www.connectionnewspapers.com](http://www.connectionnewspapers.com).

### THURSDAY/MARCH 10

**Jennifer L. Nelson's "24, 7, 365."** 8 p.m. George Mason University Harris Theatre, 4400 University Drive, Fairfax. Attitudes about race, class and social activism are put under a humorous microscope. \$25. [cfa.gmu.edu](http://cfa.gmu.edu).

**Tom Paxton.** 8 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. Folk music. \$22. [www.wolftrap.org](http://www.wolftrap.org).

**Preschool Storytime.** 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Stories and activities. Age 3-5 with adult. 703-689-2700.

### FRIDAY/MARCH 11

**Celtic Woman: Songs from the Heart.** 8 p.m. at George Mason University Patriot Center, 4500 Patriot Drive, Fairfax. Irish classics, contemporary covers and original compositions. Tickets \$34-\$79, available at [www.ticketmaster.com](http://www.ticketmaster.com) or 703-573-SEAT.

**Jennifer L. Nelson's "24, 7, 365."** 8 p.m. George Mason University Harris Theatre, 4400 University Drive, Fairfax. Attitudes about race, class and social activism are put under a humorous microscope. \$30. [cfa.gmu.edu](http://cfa.gmu.edu).

**"The End of Suburbia: Oil Depletion and the Collapse of the American Dream."** 7 p.m. Nature House at Walker Nature Education Center, 11450 Glade Drive, Reston. Film and discussion. \$5 donation to Friends of Reston and Fairfax Coalition for Smarter Growth/Sustainable Reston. Register at [naturecenter@reston.org](mailto:naturecenter@reston.org).

**Endless Cup Coffeehouse: Todd Walker and Tomy Wright.** 8 p.m. Unitarian Universalist Church in Reston, 1625 Wiehle Ave., Reston. \$5, includes light refreshments. [music@uureston.org](http://music@uureston.org).

**"The 25th Annual Putnam County Spelling Bee."** 8 p.m. CenterStage Theater in Reston Community Center, 2310 Colts Neck Road, Reston. Six teens battle for the top prize in a musical about a spelling bee. Four audience members will be selected to play a cameo. If interested, sign up in the lobby at least 30 minutes before curtain time. Recommended for age 10 and up. Tickets \$18-\$21 at 703-476-4500 or [www.rcp-tix.com](http://www.rcp-tix.com).

**The Second City: Fair & Unbalanced.** 8 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. Improv comedy. \$24. [www.wolftrap.org](http://www.wolftrap.org).

### SATURDAY/MARCH 12

**Jimmy Lange Boxing.** 7 p.m. George Mason University Patriot Center, 4500 Patriot Drive, Fairfax. Tickets \$35-\$50, through [www.ticketmaster.com](http://www.ticketmaster.com) and 703-573-SEAT.

**Northern Virginia's Metropolitan Jazz Orchestra.** 8 p.m. George Mason University Center for the Arts Concert Hall, 4400 University Drive, Fairfax. Directed by Jim Carroll, with percussionist Joe McCarthy, percussionist Roberto Quintero and jazz vocalist Sara Jones. Brazilian bossa nova, Argentine tango, Afro-Cuban beats from Harlem and more. \$20-\$40. Tickets are half price for youth through grade 12 when accompanied by an adult. Charge at 888-945-2468 or [cfa.gmu.edu](http://cfa.gmu.edu).

**Jennifer L. Nelson's "24, 7, 365."** 2 p.m. George Mason University Harris Theatre, 4400 University Drive, Fairfax. Attitudes about race, class



The Voce Chamber Singers will perform in two concerts, one on Saturday, March 19 at 7:30 p.m. in St. John Neumann Church, 11900 Lawyers Road in Reston, and the second Sunday, March 20 at 4 p.m. in St. Timothy's Episcopal Church, 432 Van Buren St. in Herndon. Both concerts will celebrate women composers from the Middle Ages to the present, with works by Hildegard von Bingen, Alice Parker, Dolly Parton, Ysaye Maria Barnwell and more, under the artistic direction of Dr. Kenneth Nafziger. Tickets are \$8-\$23, available at [www.voce.org/tickets](http://www.voce.org/tickets) or 703-277-7772.

and social activism are put under a humorous microscope. \$25. [cfa.gmu.edu](http://cfa.gmu.edu).

**Reston Contra Dance.** Reston Community Center, 2310 Colts Neck Road, Reston. Beginners' workshop 7:15 p.m., dance 8 p.m. Live music by the June Apple Band. Admission \$8, workshop free. Potluck snacks. Partner not necessary. 703-476-4500.

**"The 25th Annual Putnam County Spelling Bee."** 8 p.m. CenterStage Theater in Reston Community Center, 2310 Colts Neck Road, Reston. Six teens battle for the top prize in a musical about a spelling bee. Four audience members will be selected to play a cameo. If interested, sign up in the lobby at least 30 minutes before curtain time. Recommended for age 10 and up. Tickets \$18-\$21 at 703-476-4500 or [www.rcp-tix.com](http://www.rcp-tix.com).

**The Second City: Fair & Unbalanced.** 7:30 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. Improv comedy. \$24. [www.wolftrap.org](http://www.wolftrap.org).

### SUNDAY/MARCH 13

**Keyboard Conversations with Jeffrey Siegel: "Northern Stars."** 7 p.m. George Mason University Center for the Arts Concert Hall, 4400 University Drive, Fairfax. Works by Edvard Grieg, Jean Sibelius, Carl Nielsen, Johannes Brahms and more. \$19-\$38. Tickets are half price for youth through grade 12 when accompanied by an adult. Charge at 888-945-2468 or [cfa.gmu.edu](http://cfa.gmu.edu).

**Jennifer L. Nelson's "24, 7, 365."** 4 p.m. George Mason University Harris Theatre, 4400 University Drive, Fairfax. Attitudes about race, class and social activism are put under a humorous microscope. \$25. [cfa.gmu.edu](http://cfa.gmu.edu).

**"The 25th Annual Putnam County Spelling Bee."** 2:30 p.m. CenterStage Theater in Reston Community Center, 2310 Colts Neck Road, Reston. Six teens battle for the top prize in a musical about a spelling bee. Four audience members will be selected to play a cameo. If interested, sign up in the lobby at least 30 minutes before curtain time. Recommended for age 10 and up. Talk-back with cast and crew after this performance. Tickets \$18-\$21 at 703-476-4500 or [www.rcp-tix.com](http://www.rcp-tix.com).

### MONDAY/MARCH 14

**English Conversation.** 10:30 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. English practice for adult non-native speakers. 703-242-4020.

**Brain Games.** 3:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. After-school drop-in program. Play Blokus, Battleship, Rush Hour and other strategy games. Age 6 & up with adult. 703-242-4020.

**ESL For Jobs.** 6 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. English conversation and job skills. Adults. 703-689-2700.

### FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to [herndon@connectionnewspapers.com](mailto:herndon@connectionnewspapers.com). Deadline is Thursday.

**Rev. Dr. Norman A. Tate** invites the community to a weekly Spring Revival each Wednesday during March, beginning on March 9 at the Heritage Fellowship Church. March Gladness will feature a dynamic revivalist each week beginning with a praise and worship service at 7 p.m. at Heritage Fellowship Church, 13515-C Dulles Technology Drive in Herndon. 703-620-9515 or [jferebee@heritagefellowshipchurch.org](mailto:jferebee@heritagefellowshipchurch.org).

**Trinity Presbyterian Church,** 651 Dranesville Road in Herndon, will hold two Sunday services at 8:30 a.m. and 11 a.m. on the 1st

Sunday in Lent. All are welcome. 703-437-5500 or [www.trinityherndon.org](http://www.trinityherndon.org).

**Dranesville Church of the Brethren,** 11500 Leesburg Pike in Herndon, is collecting soap, toothbrushes and tooth paste, washcloths or hand towels, deodorant, combs and brushes, shampoo, tissues, lotion, hand sanitizers, safety razors and large socks to assemble 150 personal hygiene kits for the homeless. Size XL or larger t-shirts and coats, scarves, hats, gloves, and sweaters also needed. 703-430-7872 or [www.dranesvillebrethren.org](http://www.dranesvillebrethren.org).

**Floris United Methodist Church,** 13600 Frying Pan Road in Herndon, holds worship services at 8 a.m., 9:15 a.m., 11 a.m. and 5 p.m. on Sundays with a Latino service on Saturdays at 7 p.m. 703-793-0026 or [www.florisumc.org](http://www.florisumc.org).

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# Fairfax County REAL ESTATE

## 2011 Assessments

Hunter Mill Supervisor **Cathy Hudgins (D)** saw her assessment stay flat this year, unlike most Reston households that saw a slight increase in their home values. Her 2011 assessment, the same as last year, was \$545,440



Dranesville District Supervisor **John Foust (D)** saw a 4.29% gain in his property value when compared to 2010. The county valued Foust's house at \$2,765,510 last year and \$2,884,060 this year. Most McLean homes saw a smaller bump in their home values.



Lee Supervisor **Jeff McKay (D)** saw a slight increase of .58% in his home assessment in 2011. Last year, his home was worth \$641,330 and this year it is valued at \$645,030. Most households in Alexandria ZIP codes saw a larger bump of 1.64% in their real estate assessments.



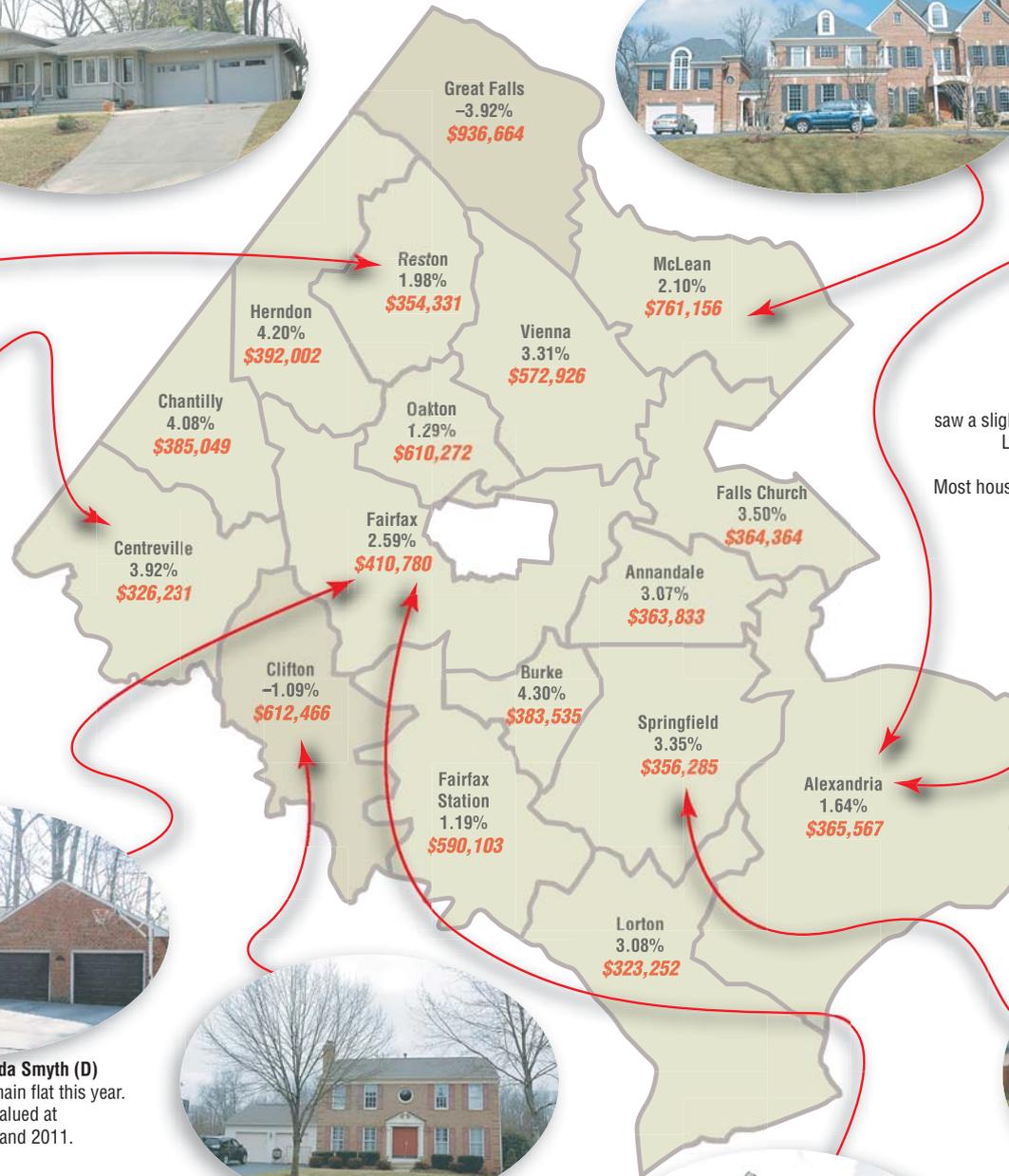
Mount Vernon Supervisor **Gerry Hyland (D)** was the only member of the Fairfax County board to see his assessment drop this year. Hyland lost .45% of his home value, taking him from \$402,810 to \$400,999.



Braddock Supervisor **John Cook (R)** saw a 6.1% increase in the value of his house when compared to last year. Cook's home was valued at \$381,570 in 2010 and \$404,860 in 2011. Cook's assessment increased more than most houses in his Springfield ZIP code.



Fairfax County Chairman **Sharon Bulova (D)** saw a much larger increase in her real estate assessment than most households in the county. Bulova's assessment went up 12.33% from \$526,990 in 2010 to \$591,990 in 2011.



Sully Supervisor **Michael Frey (R)** saw a 6.69% increase in the value of his home over the last year. Frey's home was assessed at \$195,410 in 2010 and \$208,480 in 2011. His home assessment increased more than most Centreville residences.



Providence Supervisor **Linda Smyth (D)** saw her home assessment remain flat this year. Smyth's house was valued at \$482,080 in both 2010 and 2011.



Springfield Supervisor **Patrick Herry (R)** saw his home value remain flat this year. Herry owns a house in Clifton assessed at \$525,750 in both 2010 and 2011.

**2011 County Average (Percent Change)**  
 Single Family Detached **\$535,298 (2.1%)**  
 Townhouse **\$318,614 (3.73%)**  
 Condos **\$211,281 (2.53%)**

ZIP CODE AREA	2010 MEAN	2011 MEAN	PERCENT CHANGE
Alexandria	359,674	365,567	1.64
Annandale	352,988	363,833	3.07
Burke	367,728	383,535	4.30
Centreville	313,922	326,231	3.92
Chantilly	369,952	385,049	4.08
Clifton	619,233	612,466	-1.09
Fairfax	400,391	410,780	2.59
Fairfax Station	583,177	590,103	1.19
Falls Church	352,035	364,364	3.50
Great Falls	974,906	936,664	-3.92
Herndon	376,196	392,002	4.20
Lorton	313,608	323,252	3.08
McLean	745,486	761,156	2.10
Oakton	602,520	610,272	1.29
Reston	347,456	354,331	1.98
Springfield	344,733	356,285	3.35
Vienna	554,550	572,926	3.31

### Changes in Real Estate Values Across the Region

Alexandria	0.46%
Arlington	1.4%
Fairfax	2.34%
Loudoun	2.45%
Prince William	5%

# HOME SALES

In January 2011, 26 homes sold between \$640,000-\$120,000 in the Herndon and Oak Hill area. This week's list represents those homes sold in the \$297,000-\$120,000 range. For the complete list, visit [www.ConnectionNewspapers.com](http://www.ConnectionNewspapers.com)

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot	AC	Subdivision
1111 CLARKE ST	5	3	1		HERNDON	\$297,000	Detached	0.21		HUNTERS CREEK
705 ALABAMA DR	3	2	0		HERNDON	\$250,000	Detached	0.25		CHANDON
13008 CABIN CREEK RD	2	2	0		HERNDON	\$219,000	Garden 1-4 Floors			FOX MILL STATION
631 CLEARWATER CT	3	1	1		HERNDON	\$195,900	Townhouse	0.04		FOUR SEASONS REGIME
766 CORDELL WAY	3	2	1		HERNDON	\$175,000	Townhouse	0.04		CRESTVIEW
2204 WESTCOURT LN #109	1	1	0		HERNDON	\$162,500	Garden 1-4 Floors			WORLDGATE
507 FLORIDA AVE #102	2	2	0		HERNDON	\$128,000	Other			JEFFERSON MEWS
527 FLORIDA AVE #102	3	1	0		HERNDON	\$120,000	Garden 1-4 Floors			JEFFERSON MEWS

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More information is available at [www.gulickgroup.com](http://www.gulickgroup.com).

“In time, a seed of inspiration transforms into a fully-developed community of homes. And just like a blossom, each delicate detail has its own mystique. It is my personal passion to instill that magic in every detail of your new home. -Peter Gulick, President and CEO”

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# OPEN HOUSES

## Saturday & Sunday, March 12 & 13



**2954 Mockernut Court, Herndon • \$464,900 • Open Sun. 1-4**  
**Karen Kidwell, Long & Foster, 703-216-7437**

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**Call Specific Agents to Confirm Dates & Times.**



### Reston

2055 Winged Foot Ct.	\$389,000	Sun 1-4	Jane Price	Weichert	703-628-0470
11011 Saffold Way	\$409,990	Sun 1-4	Helen Grozbean	Century 21	571-233-4287
12031 Creekbend Dr.	\$965,000	Sun. 1-4	Leslie Thurman	Long & Foster	703-904-3700
12647 Thunder Chase Dr.	\$599,999	Sun. 1-4	Elizabeth Hajost	Long & Foster	703-759-9190
2283 Dositia Ct.	\$479,900	Sun. 1-4	Marie Buck	Weichert	703-901-4166
2523 Freetown Drive	\$514,900	Sun. 1-4	Rich Langguth	Century 21	703-609-3079
11711 Stillbrook Ct.	\$387,500	Sun 1-4	Peggy Hamaker	KDH Real Estate	703-517-1762
11200 Wedge Dr.	\$496,600	Sun 1-4	Amir Razi	Long & Foster	703-517-5858

### Herndon

13100 Bramblewood Ln.	\$585,000	Sun. 1-4	Leslie Thurman	Long & Foster	703-904-3700
2519 Logan Wood Dr.	\$299,900	Sun. 1-4	Ron Layton	RE/MAX	703-421-1433
2954 Mockernut Court	\$464,900	Sun. 1-4	Karen Kidwell	Long & Foster	703-216-7437

### Great Falls

902 Winstead Street	\$1,229,000	Sun. 1-4	Holly Weatherwax	Momentum Realty	571-643-4902
1024 Challedon Road	\$750,000	Sun 1-4	Vivian Lyons	Keller Williams	703-406-9009
754 Ellsworth Ave.	\$1,699,999	Sun 1-4	Dianne Van Volkenburg	Weichert Realty	703-980-4553

### Vienna

9450 Deramus Farm Ct.	\$1,449,000	Sun 1-4	Diane Van Volkenburg	Weichert	703-980-4553
9705 Meadowmere Dr.	\$1,295,000	Sun 1-4	Casey Samson	Samson Properties	703-508-2535
2701 Bellforest Ct. Suite 409	\$330,000	Sun 1-4	Ron Fowler	Weichert	703-598-0511

### McLean

1710 Forest Lane	\$889,000	Sun.1 -4	Jane Price	Weichert	703-628-0470
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### Oakton

11305 Walnut Creek Ct.	\$1,325,000	Sun 1-4	Ashley White	TTR Sothebys	703-431-1705
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### Dunn Loring

8100 Bright Meadows Ln.	\$549,999	Sat 12-3	Taylor McNeal	Prudential Carruthers	703-898-2903
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### Ashburn

21925 Gullane Way	\$549,900	Sat. 1-4	Bob Scherbarth	Century 21	703-477-1043
21925 Gullane Way	\$549,900	Sun. 1-4	Suzanne Burch	Century 21	703-328-5606

### Sterling

11220 Birmingham Ct.	\$549,990	Sun 1-4	Nami Tan	Realty Direct	703-867-4184
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### South Riding

26016 Rachel Hill Dr.	\$465,000	Sun. 1-4	Donny Samson	Samson Properties	703-864-4894
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### Fairfax

12410 Meadow Field Drive	\$554,900	Sat/Sun 1-4	Elizabeth Sachero-Perez	Long & Foster	703-774-7448
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FROM PAGE 4

fortunately, I have also had to bear witness to its steady decline – and this concern is echoed in the voices of many residents concerned about the state of our county.”

With the launch of his more locally focused campaign efforts, the Williams team is currently preparing for a kick-off scheduled for mid-April.

## Horses for Heroes at Frying Pan Farm Park

Frying Pan Farm Park in Herndon is offering a new program for returning military veterans called Horses for Heroes.

The program provides horseback riding sessions for veterans ranging from therapeutic to para-equestrian levels. Each lesson is tailored to the skill level and needs of the rider. No experience is required and horse and safety equipment are provided on site.

Horses for Heroes was created as a collaborative effort between Frying Pan Farm Park and Spirit Open Equestrian Program as part of the equestrian offerings with the Park Authority.

Sessions begin April 1 and registration is available online or by calling 703-222-4664. Scholarships may be available. Participants may need physician's approval to participate in classes.

To register online, visit <http://www.fairfaxcounty.gov/parks/fpp/classes.htm> and click on Equestrian Classes.

Any organizations interested in sponsoring a veteran in the Horses for Heroes program may do so by making a donation to the Friends of Frying Pan Farm Park. Call 703-437-9101 to speak with Teri Tucker.

## Red Shoe Run & Walk 5K on March 27

Red Shoe Run & Walk 5K on Sunday, March 27, will benefit Ronald McDonald House Charities of Greater Washington. Race starts 9 a.m. Family friendly 5K will be held on a scenic new course at 2303 Dulles Station Blvd. in Herndon. Red Shoe 5K includes cash prizes for racers, prizes and surprises for walkers and leisure runners.

Special Kids Run (\$20) at 10 a.m. Cost: Adults \$35pp/Kids \$25. Team & Family discounts. Sign up at [www.redshoe5K.org](http://www.redshoe5K.org) or call Ashley at 703-698-7080.

# Enjoying Sport and Health in Herndon

BY JAMES CULLUM  
THE CONNECTION

It looks like the renovated Sport&Health Worldgate indoor facility in Herndon has everything: four tennis courts, 85 flat screen televisions, a member lounge with Wi-Fi, a swimming pool and a day spa.

"This is one of our flagship locations, certainly one of the biggest at 116,000 square feet," said Mark Fisher, Sport&Health's Chief Executive Officer. "We hope to open five locations a year, but still not forget the flagship stores that got us here in the first place."

Open since 1990, the gym serves thousands of members. "It's big, but I don't think I'll have a problem finding a treadmill," said Mark Lewis of Herndon, who attended the ribbon-cutting.

Worldgate Sport&Health is one of the largest health clubs in the DC Metro Area. The three-floor facility has more than 100 new pieces of cardio equipment outfitted with viewing screens. Also new are group fitness studios, a new basketball court and eco-friendly Big Ass Fans® that moderate a



PHOTO BY JAMES CULLUM/THE CONNECTION

**Worldgate Sport&Health is one of the largest health clubs in the DC Metro Area.**

comfortable air temperature in the club's great room and wicks away perspiration. Other amenities include a Mind/Body studio that integrates feng shui; mood lighting and temperature control for yoga and meditation; a fully equipped Pilates studio and a Virtual Cycling studio.

Under the architectural direction of Vibe Design Inc. the rejuvenated Worldgate Sport&Health blends natural light from its three-story atrium with wave-sculpted

walls, vaulted ceilings, wide expansive spaces, earth-toned Italian porcelain tile floors and energetic carpet pattern.

*Sport&Health opened in 1973 and has 26 locations in Virginia, Maryland and DC. There are more than 127,000 members. The company is currently renovating a number of other locations and plans to open clubs in Gainesville and Woodbridge this December. For more, go to [www.sportandhealth.com](http://www.sportandhealth.com).*

# Herndon Rapper Presents a Hometown Show

FROM PAGE 8

Robinson said Jankans hasn't changed.

"I've been with him to a lot of different studios, and seen how his music has changed, but he's still got the same personality since I've known him," Robinson said. "He's got his head on right, he knows what he wants to do and he's making it work."

"I don't rap because I want to tell people what a good rapper I am. I don't want people to say 'that guy is cool because he told me he's cool,'" Jankans said. "I don't want to form anyone's judgment of me, I just want to put myself out there, and you make your own impression."

*Jankans can be found on Facebook, Twitter and MySpace and his album "Dumb Looks Are Still Free" can be found on iTunes and cdbaby.com. His work with Sleepy Hollows Studios in Herndon can be found at [www.sleepyhollows.com](http://www.sleepyhollows.com), and photos and video can be found at [www.jthorpephoto.com](http://www.jthorpephoto.com) and [www.badweatherproductions.com](http://www.badweatherproductions.com).*



PHOTO BY ALEX MCVIEGH/THE CONNECTION

**Bo Jankans performs at House of Wing in Herndon Feb. 19, part of his Shoestring Budget Tour. Jankans, who grew up in Herndon, has been touring around the East Coast since January, and is currently working on a mixtape.**

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## 21 Announcements

**ABC LICENSE**  
YCB Enterprises, LLC trading as Qdoba Mexican Grill, 13031 Worldgate Dr, Herndon, VA 20170. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Beer and Wine on Premises license to sell or manufacture alcoholic beverages. Yong K. Choi, President

## 21 Announcements

**ABC LICENSE**  
Tuan Vu, trading as Reston Mercado, LLC, 1611 Washington Plaza N., Reston, VA 20190. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Wine and Beer off Premises license to sell or manufacture alcoholic beverages. Tuan Vu, owner

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## 21 Announcements

**OBITUARY**  
Arthur Hyde Buell, Jr. (88), died December 10, 2010 in Phoenix, Arizona. He was born in Herndon, Virginia on March 29, 1922. A World War II Air Force Veteran, he attended Woodbury Forest School and the University of Virginia where he was a member of Alpha Tau Omega Fraternity. He was Director of Prudential's Mortgage Loan Department for Arizona and Vice President of the H.S. Pickrell Company in Phoenix, Arizona. He was also a past president of the Arizona Mortgage Bankers Association. Survivors include his daughter, Joye B. Baker, Dallas, Texas, 2 sons, Thomas R. Buell, II (Ruth) Pacific Grove, California and Chuck Buell (Betty) Phoenix, AZ and sister Alice Buell Knoop, Naples, Florida, 9 grandchildren and 4 great-grandchildren. Graveside services and interment in the family plot will be held on Saturday, March 12th at 1:30 p.m. in Chestnut Grove Cemetery. A reception will be held following the graveside service at ArtSpace, 750 Center St, Herndon, VA. Donations may be made to Woodbury Forest School, VA or the University of Virginia.

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## February 27, 2011



By KENNETH B. LOURIE

Two years ago, on February 27, 2009, after two months of medical testing and emotional upheaval which began innocently enough (isn't it always?) with a migrating pain in my side/rib cage and some difficulty breathing/inhaling, I was informed I had stage IV lung cancer; "Not curable, but treatable," according to my oncologist (my new best friend). My prognosis was grim: "13 months to two years," as many of you regular readers know. My reaction to this news was shock, to say the obvious; and fear, to say the truth. What has transpired since has been written about in this space nearly every week beginning June, 2009, when I first went public with my diagnosis/prognosis: "Dying To Tell You" was the column which wrote out the facts, as I understood them.

I have thought about - and certainly wrote about - today's date, 2/27/2011, my two-year anniversary (some anniversary), for as long as I've been indulging myself - and perhaps some of you readers as well, with the trials and tribulations of my journey to hell - and back: chemotherapy in particular, life as a terminal cancer patient in general. I have learned a lot - and seen a lot. In these past two years I have known of five people in our social circle who have been diagnosed with cancer (three with lung cancer) who have already died. As a result, I have attended funerals, wakes and Shiva's and made charitable contributions honoring their memory. I have been as involved with death and dying as I have been with life and living. I've had my moments to be sure, but overall, I've managed to find a methodology to this madness, though it hasn't been easy.

I have been fortunate, however. I have tolerated all the treatment protocols that my oncologist has recommended. After my main chemotherapy was completed I was accepted into a Phase II FDA study - and actually received the medication, not the placebo. Moreover, as part of my acceptance and participation in that study, I was more closely monitored/examined and scanned than had I not been so involved and felt, as a direct result, that my health care was proactive rather than reactive, a much preferred alternative according to most educated opinions expressed about such matters.

And it has mattered - in my head, anyway. And by that I mean, psychologically/emotionally. I don't feel (and haven't felt) that I'm on my own in this pursuit (family and friends notwithstanding). I've had regular and recurring interaction with my doctor and all the oncology nurses treating me. Throughout this process, I have been encouraged to stay connected to all of them as often - and whenever - I felt the need. As a result, I have felt part of something that was bigger and better than me, and perhaps that inclusion has given me the confidence and wherewithal to fight this battle and ultimately outlive my original prognosis. As of this Feb. 27, 2011 date, I am officially an exception, an aberration, a statistical anomaly; a patient who has not succumbed to his disease, at least as originally projected by his oncologist. (In fairness, with respect to these sorts of time line projections, my doctor did say he was wrong all the time, and hoped he would be this time as well.)

Now that I've made it this far, is death more inevitable than it ever was?. Perhaps not. But as significant a date on my calendar as this Feb. 27, 2011 is - and has been, now that it's here (and I am, too), and I've written about its arrival, my feeling going forward is, the less said about it, the better. I don't want anybody in a position of authority/control to be alerted to my existence. I want to keep a low profile and fly under the radar so that any entity who's omnipotent, won't realize the mistake he's made: I'm alive and doing pretty well. (I realize there are no guarantees here, but I don't want to mess with what success I've had, diagnosis-to-date. In fact, I wish this column would self-destruct.) Next week: "February 28, 2011."

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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# Youth Girls' Lacrosse Continues to Grow

## Registration now open for Herndon-Reston Youth Lacrosse (HRYL).

**Y**ou probably know that both boys and girls play lacrosse. But did you also know they play different versions of the game?

The fundamentals of lacrosse are the same for both boys and girls but rules and equipment differ significantly. In both games, players use a lacrosse stick to throw, catch and carry (cradle) a ball down the playing field to ultimately shoot the ball into the opposing team's goal. Each goal scores one point and the team with the most points wins the game. The boys' game allows significant stick and body contact. Helmet, pads, gloves, and mouth guards are worn by male players. Girls' rules limit stick and body contact. Girls are required to wear eye protection and mouth guards. Even the lacrosse sticks used by girls and boys are different.

Lacrosse, often referred to as "the fastest game on two feet," is one of the fastest growing team sports in the United States. Lacrosse has had the greatest growth of any sport at the NCAA level over the past five years. At the high school level, lacrosse's growth has outpaced any other sport over the last 10 years. Youth membership (ages 15 and under) in U.S. Lacrosse has more than tripled since 1999 from 40,000 to over 125,000 players.

### SPORTS ROUNDUPS

**The Reston Youth Basketball League's** boys' 13-under Div. 2 North Travel/select team won the Fairfax County Youth Basketball League regular season championship in late February. Reston successfully clinched the title with a win over a well-prepared Vienna Elite team, giving the locals a perfect 14-0 undefeated season.

The select team from Reston is made up of top eighth grade players from surrounding Fairfax County middle schools, including Langston Hughes, Rachael Carson, Flint Hill and Herndon. Returning players Zach Pearl, Hamid Zamani, Spencer Kalman, and Austin Jobson welcomed new roster additions Parker Aylor, Brandon Fogno, John Frauenhem, Josh Wertzberger, Matt Skinner and Jason Stanley-Holley to form the 2011 team. Most of the players are products of the Reston Youth Basketball League's winter program. The 13-U team is coached by Reston Travel Basketball Commissioner, Mitch Kalman, and son, Aaron. Kalman, who has been in and around the Reston Basketball community for more than 13

Following the national trend, the Herndon Reston Youth Lacrosse (HRYL) club - sponsored by the Herndon Optimists - is experiencing tremendous growth locally. This club is a member of the Northern Virginia Youth Lacrosse League (www.NVYLL.org) and has teams for both boys and girls. The HRYL club is for boys and girls in the South Lakes and Herndon High School pyramid. Boys are divided by age with teams at the under-9, under-11, under-13 and under-15 divisions. The girls divisions are now divided by school grade: K-2; 3/4; 5/6; and 7/8. This change from age based was made by NVYLL to allow girls to play with their classmates, regardless of age. There are A, B, and C divisions for experienced, less experienced, and new players. The teams will play against similar teams from neighboring towns. For example, the 5/6 HRYL B team will play against the 5/6 B team from Great Falls, Vienna, Chantilly etc. - the goal being to have competitive games. The season will run from March to early June.

**WHILE GROWING** in popularity, some girls hesitate to try this up-and-coming sport. Few people have seen a girls' lacrosse



PHOTO COURTESY/HRYL

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game, let alone have had any playing experience.

"Girls can pick up lacrosse at any age," explained Jacqui Mathews, a youth coach for the HRYL club. "We can teach them the stick skills and get them up to speed quickly, especially if they've played another sport. We've found that once they experience how fast-paced and exciting the game of lacrosse can be they are motivated to learn and they usually get hooked."

While unfamiliar with lacrosse, many of the new players come with plenty of other sports' skills. Coaches build on this experience and focus on teaching the lacrosse-specific skills. This combination allows new

players to contribute quickly.

"If your daughter has experience in other sports such as basketball, soccer, and/or field hockey, she already has acquired many of the skills needed to make her a strong lacrosse player," stated Mathews. "The only difference is we are now putting a stick in her hand and asking her to throw and catch the ball in order to advance it up and down the field."

Members of the Herndon High School and South Lakes High girls' lacrosse teams volunteer at HRYL-sponsored clinics several times a year and are assistant coaches on many of the teams. The youth players benefit from the high school players' experience. Better yet, the high school players enjoy giving back to the program that taught them the game. Most of them are graduates of the HRYL program. It definitely is a win-win for everyone.

Lacrosse is growing and much of the growth can be attributed to the increasing popularity in the girls' programs. This popularity is evidenced at the NCAA Div. I level where there are more women's lacrosse programs than men's. Currently this finesse sport allows for many scholarship opportunities for girls at the collegiate level, much greater than soccer and basketball.

Registration and more information can be found at [www.HRYL.org](http://www.HRYL.org).

—STORY COURTESY OF HRYL



PHOTO COURTESY/RESTON TRAVEL 13-U

**Celebrating a winning season: The Reston Travel 13-U boys' basketball team went unbeaten and captured their regular season league title. Back row, left to right: Coach Aaron Kalman, John Frauenhem, Brandon Fogno, Hamid Zamani, Matt Skinner, Parker Aylor, Josh Wertzberger, and Coach Mitch Kalman. Front row: Jason Stanley-Holley, Spencer Kalman, Austin Jobson and Zach Pearl.**

years, serving as coach and referee for the local basketball program, recently announced his retirement from coaching. He is leaving the coaching of the Reston team to his son, Aaron, a former Westfield High basketball player.

"I am so proud of our players," commented Mitch Kalman.

"These boys have practiced and played hard as a team, and it's been a great journey to watch them compete and win the regular season championship. This team is unselfish and embraced their roles. I am thrilled to have played a part in their skills and development - this season has

absolutely been the culmination of a great basketball coaching career for me. The students have passed the teacher. Players today want a coach who they can relate to, and I am so happy to leave the coaching reigns in excellent hands. Aaron has tremendous basketball knowledge and patience. He often scrimmages with the boys and they simply adore him."

For additional information and registration dates on winter and summer programs, visit the Reston Youth Basketball League's web site at [www.restonbasketball.com](http://www.restonbasketball.com).

**Herndon High School** is pleased to announce Rebecca Waters as its new head volleyball coach. Coach Waters replaces former coach Pat Smith, who stepped down at the conclusion of this past season. Coach Waters is a graduate of Park View High School in Sterling as well as the University of Virginia. She has had previous head coaching duties at both West Potomac and Lee High Schools, both members of the Northern Region. At Lee in Springfield, she led the Lancers to back

to back Patriot District championships.

**AC Cugini**, an Italian style soccer school in Reston, is accepting girls and boys' ages 10-to-15 for a training camp in Italy and friendly matches against Italian teams. Cugini's 11th Annual Play Soccer in Italy program, which will take place June 22 through July 4, will include nine days at the Italian Adriatic Beach in Central Italy, plus three days in Rome. Chaperones available and entire families and friends are welcome. Talent scouts from professional Italian clubs will observe players during training and friendly matches. For every 13 people registered, the 14th is free. For further information, contact Lisa Cherubini at 703-477-6590 or at [executivedirector@cuginisoccer.com](mailto:executivedirector@cuginisoccer.com). For more details, go to: [www.cuginisoccer.com](http://www.cuginisoccer.com).

**Herndon Reston Youth Softball (HRYL) Spring Registration** is now open. The girls' fast-pitch softball league serves players ages 6 to 18 in the greater Herndon-Reston area. Go to [www.hrylfastpitch.com/Register](http://www.hrylfastpitch.com/Register).