

Reston CONNECTION

Herndon Centennial Golf Course has been recognized as one of Golf Digest's 'Places to Play' for the past 14 years. A five-event seniors tournament series begins this month, and the annual Free Junior Golf Clinic allows children ages 7 to 16 a chance to learn the game.

Spring Fun: Hitting the Link

TALK OF THE TOWN, PAGE 14

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Nourish Communities

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APRIL 6-12, 2011

Reston Community Center

EGG NORMOUS EGG HUNT

For ages
1-8

Rain Date:
April 23

**Saturday, April 16, 2011
10:00 a.m. – 11:30 a.m.**

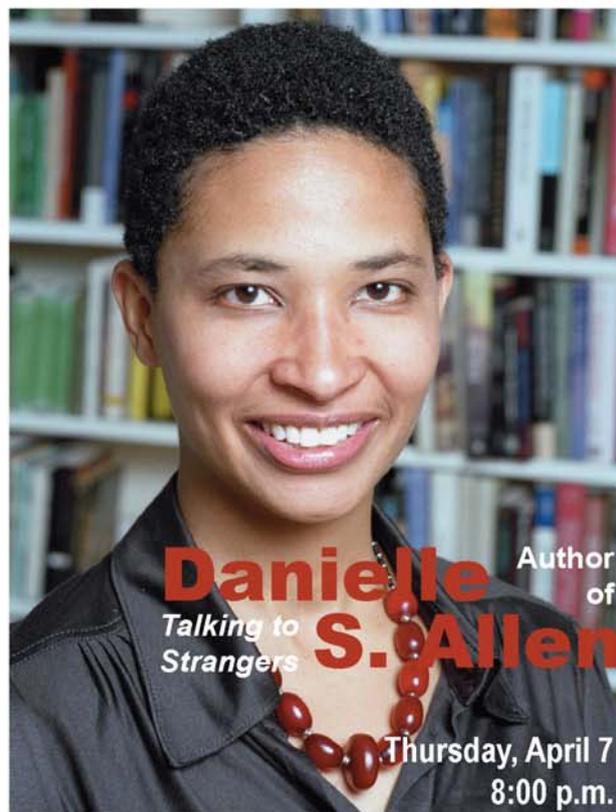
NEW Meeting Location:

**Brown's Chapel Park
11300 Baron Cameron Ave.**

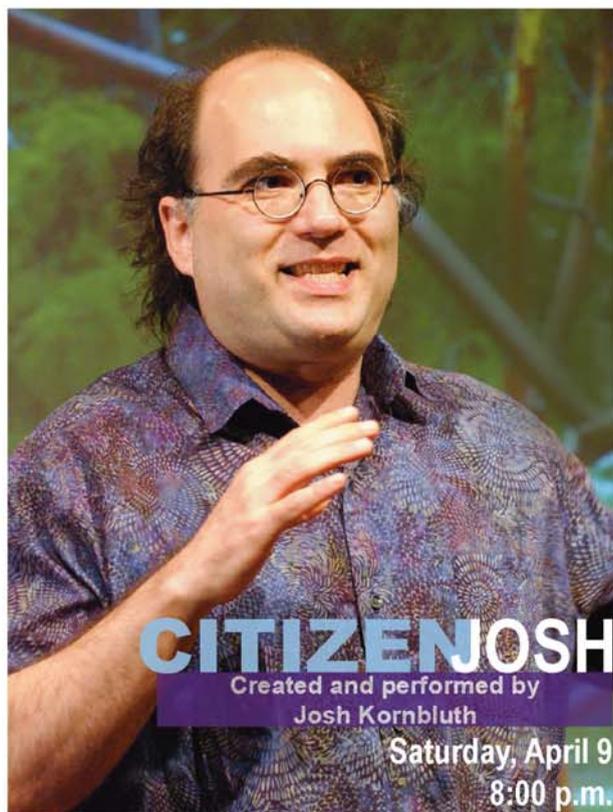
Please visit
www.restoncommunitycenter.com
for directions.



TWO EVENINGS. TWO TAKES ON CIVIC ENGAGEMENT.



Danielle S. Allen Author of
Talking to Strangers
Thursday, April 7
8:00 p.m.



CITIZENJOSH
Created and performed by
Josh Kornbluth
Saturday, April 9
8:00 p.m.

Calling Pet Lovers of All Ages!



RCC's First Annual Pet Fair
Saturday, April 9 • 1:00-4:00 p.m.
Behind RCC Hunters Woods • Free
Friendly Pets Welcome!
In the event of inclement weather, call 703-476-4500.



For more information about any of these events, please go to www.restoncommunitycenter.com

Reston Community Center
2310 Colts Neck Road, Reston VA 20191

To request reasonable ADA accommodations, call 703-476-4500 • 800-828-1120 (TTY)



SPRING FUN & ENTERTAINMENT

RESTON CONNECTION EDITOR KEMAL KURSPAHC
703-778-9414 OR MCLEAN@CONNECTIONNEWSPAPERS.COM



PHOTO BY MIKE MCKEE

Community leaders toast Reston founder Robert Simon at a past birthday celebration. This year's celebration will take place April 9 at Lake Anne Plaza.

Spring Fun in Reston

Founder's Day, Farmer's Market, bike ride and brunches highlight spring in Reston.

BY ALEX MCVEIGH
THE CONNECTION

Spring in Reston kicks off this Saturday with the annual Founder's Day event at Lake Anne. Celebrating founder Robert Simon's 97th birthday as well as 47 years since Reston's founding, the event celebrates everything that makes Reston Reston.

"How often can you live in a town with such a cohesive set of values, and celebrate that with the guy that founded the town?" said Harold Rhames of Reston. "Founder's Day is always a good time, and it's one of those things that really makes this place special. I think you'd be hard-pressed to find anything like it anywhere in the world."

The Reston Museum will host a video storytelling project from 1 to 3 p.m., where residents can record their own history with Reston. For more information, or to reserve a time for the video storytelling, call the Reston Museum at 703-709-7700.

ON APRIL 23, past and present members of the Washington Redskins will gather for Lorenzo Alexander's 2nd annual Ride to Provide event. Bikers can take a 10, 20 or 35 mile trip along the W and OD Trail, with proceeds benefiting Alexander's ACES Foundation, which serves area youth, orphans

Springtime in Reston

- ❖ April 9: Pet Fair, Reston Community Center Hunters Woods, 1 p.m. to 4 p.m. The fair will be in the grassy field behind the RCC. Pet care professionals and volunteers from local non-profit organizations will give presentations. There will also be pet CPR demonstrations, as well as advice on pet grooming and training.
- ❖ April 9: 8th Annual Reston Founder's Day, Reston Museum, noon. In honor of the 97th birthday of Reston Founder Robert Simon, all are invited to enjoy musical entertainment at Lake Anne Plaza. The inaugural Founder's Day Scavenger Hunt will allow guests to follow clues to 12 locations around Reston.
- ❖ April 16: Spring Wildflower Walk, Walker Nature Education Center, 1:30 p.m. A pleasant, downhill walk to the wildflower garden along the banks of Glade Stream. After viewing the wildflowers, walkers can continue along the stream to view the effects of the stream restoration going on in the area.
- ❖ April 16: Egg-normous Egg Hunt, Brown's Chapel Park, 11300 Baron Cameron Avenue, 10 a.m. The Easter Bunny will be available for photographs, and there will be carnival games and two moon bounces. The Egg Hunt will start at 10:30 sharp.
- ❖ April 23: Ride to Provide, Reston Town Center Pavilion, 9 a.m. Washington Redskin Lorenzo Alexander will host the second annual ride, which allows children and adults a chance for a 10, 20 or 35 mile bike ride to benefit Alexander's ACES foundation.
- ❖ April 30-May 1: Great Grapes! Wine, Arts and Food Festival, Reston Town Center Northeast parking lot, noon to 6 p.m. More than 200 wines, cooking demos, live music and arts and crafts will be available. There will also be a kids activity area. Admission is \$35 for both days, \$25 onsite, \$20 advance online and \$20 for designated drivers. Children under 13 enter free.
- ❖ May 5: Uncle Julio's Cinco de Mayo Street Fiesta, corner of Democracy Steet and Library Street, 4 to 11 p.m. Celebrate all day at Uncle Julio's, as well as a DJ and party outside in the evening.
- ❖ May 7: Farmer's Market re-opens, Lake Anne, 8 a.m. The Reston farmer's market starts May 7 and goes through October with a school bands music themes. In addition to local produce, meat, crafts and art, each week will have a music theme.
- ❖ May 21-22: 20th Annual Northern Virginia Fine Arts Festival, 10 a.m. to 6 p.m. This top-rated, two-day festival provides an interactive experience to purchase art from more than 200 artists from around the country. Presented by the Greater Reston Art Center.

from Africa and relief efforts in Japan.

"Get up, gear up and give a little of you to make a world of difference in the lives of the less fortunate," Alexander said. "I [was] thrilled to have so many commu-

nity members community members come out and join my first annual Ride to Provide."

Current players Rocky McIntosh and Anthony Armstong will be

SEE RESTON SPRING, PAGE 9

Using Talent to Nourish Communities

Sandy Amato uses her skills to help the community.

BY ALEX MCVEIGH
THE CONNECTION

As a trained chef, Sandy Amato is used to providing people with nourishment. This year, Reston Interfaith recognized her efforts, naming her Best of Reston for "Nourishing the Community."

Amato started Helping Hungry Kids with Connie Laurent-Roy, which operates through local nonprofit Giving Circle of HOPE to provide weekend meals to students in need.

"It just doesn't make sense that in this area there are people who don't have enough to eat," Amato said. "I love to cook, and not just the food itself, but the caring and compassion that's behind it, which is what we also hope to provide."

Laurent-Roy says her nature complements Amato, and they put that together for the good of the children.

"She's very good at networking for food and donations," Laurent-Roy said. "As long as I've known her, there's never been a time when she's let us down, she's very easy to work with, she's very direct and hardworking."

Helping Hungry Kids assembles 100 meals every Tuesday during the school year, and the meals are handed out to children at Dogwood Elementary every Friday. They made more than 2,500 meals during the 2009-2010 school year.

"A lot of people don't make the connection between childhood hunger and the ability to learn," Amato said. "When kids come in tired and cranky, maybe it's because they didn't have enough to eat that morning, or last weekend."

They try to keep the meals as nutritious as possible, using only organic, non-fat milk and 100 percent fruit juice. Instead of potato chips or other fried snacks, they use fruit cups, granola and applesauce.

Amato also hosts monthly food drives, usually the third Saturday of every month, at the Fox Mill Giant. She hands out lists of items needed, and shop-



PHOTO BY ALEX MCVEIGH/THE CONNECTION

Sandy Amato was named Best of Reston for "Nourishing the Community"

pers donate money or food items. Each drive can net as many as 800 food items and around \$100 dollars.

"Sandy is so organized, she gives out the lists of what we need, and in many cases she even lists the aisle numbers," Laurent-Roy said.

All proceeds go toward the food. The storage space they use is donated office space, and volunteers help assemble the meals.

Amato also works with other Giving Circle of HOPE events, such as Empty Bowls, another fundraiser.

"Sandy has been our 'kitchen boss' for four years, managing food donations, running the kitchen and making sure that we comply with all safety standards," said Linda Strup, co-founder of Giving Circle of HOPE. "Her experience as a professional chef has been invaluable and her cheerful personality makes the busy kitchen a fun place to be."

In addition to her work feeding the community, she has tutored ESL students and led a Relay for Life team from 2001 to 2008, raising more than \$70,000 for the American Cancer Society.

"I realized over 20 years ago that my purpose in life is to serve others. One of the best ways for me to do that is give my time, talent, energy and compassion to make someone's day a little more pleasant," Amato said. "There are a lot of ways to help your community, if everyone just did what they were good at and used it to help, we'd be in good shape."



From left, Maureen Palmedo, Karen Stevens, Dorothy O'Hara, Suzanne Fulton, Jane Blanchard and Dorothy Banzon are honored as "Star FISH" for their volunteer efforts at the FISH Fling Saturday at the Crowne Plaza in Herndon.



Guests at the FISH Fling hit the dance floor Saturday at the annual event at the Crowne Plaza in Herndon.

PHOTOS BY ALEX McVEIGH/THE CONNECTION

Providing Immediate Help

Herndon-Reston FISH holds annual fundraising gala.

BY ALEX McVEIGH
THE CONNECTION

As a volunteer with Herndon-Reston FISH, Jim Hardcastle remembers how hard it was for the organization to get its first grant.

"We had the hardest time getting it back in 1991, we didn't even have an office address to give them, because we didn't need one," he said. "Now we get grants that help us cover some overhead, like phone lines, fax machines and maintaining a database."

His wife Diane is now the treasurer of FISH and says the organization is much smarter about how they pursue their grants.

"Some of them are 100 pages of paperwork and have to be renewed every two years, so we've got to make sure we cross our T's and dot our I's," she said. "But there's a good reason for that, they want to make sure the money goes to a group that really helps."

THE EVENT allowed guests to bid on several dozen silent auction items donated from local businesses. Other items, including a week at a vacation house and an iPad were raffled off. There were also activities like a putting contest and bean bag toss that

guests purchased tickets for as well.

At every place setting during dinner, there was a scroll of paper telling a story of someone that has been helped by FISH. One scroll told the story of a young single mother of two who was diagnosed with breast cancer and was out of work for three weeks, and FISH assisted her with utility bills.

Another told the story of a family whose son was hit by a car leaving his job at the Hunters Woods Safeway. The son, a senior at South Lakes used his income to help pay his family's bills, and FISH was able to help them pay the bills while the son couldn't work.

Janet Hyman, who chaired the event, said that the people like the ones mentioned on the scrolls are why an organization like FISH exists.

"These are real people in need, and we have to be able to help them," Hyman said. "We'll pay the rent directly to the landlord, or the bill directly to Dominion Power, and in order to be able to give this money out so quickly, we need to raise funds, and that's what the Fling is about."

Del. Ken Plum (D-36) put on his auctioneer hat for the evening, holding a live auction for items such



Del. Ken Plum (D-36) auctions off a Redskins autographed football and poster, held by Don Owens.



FISH president Darlene Palmer presents a bouquet to FISH Fling chair Jane Hyman at the annual fundraiser for Herndon-Reston FISH April 2 at the Crowne Plaza in Herndon.

Stars of FISH

Herndon-Reston FISH recognized six people at the FISH Fling as "Star FISH" for their continued efforts on behalf of the organization.

- ❖ Maureen Palmedo has volunteered for FISH for eight years, and works at the Bargain Loft as a cashier every Wednesday morning. She has been a member of the board of directors for three years, and helped to run the registration desk for the FISH Fling and edit the "Cooking with FISH" cookbook.

- ❖ Karen Stevens has volunteered for eight years and been a member of

the board for the past five years. She serves as the grant administrator for the Fairfax county Consolidated Funding Pool Grant, and volunteers at the FISH Fling every year in multiple capacities.

- ❖ Dorothy O'Hara has been volunteering for the past 18 years, after retiring as a teacher at Terraset Elementary School. She serves as a family assistance telephone volunteer as well as at the Bargain Loft.

- ❖ Suzanne Fulton has been volunteering for four years, serving on the board every year. She also acts as publicity chair and managing editor for the newsletter. She has also worked to ob-

tain silent auction items at the FISH Fling for the past three years.

- ❖ Jane Blanchard has been volunteering for eight years, and serves as a pricer at the Bargain Loft every Thursday and the backup day manager as needed. She also works at the book nook section of the Bargain Loft, sorting and categorizing books.

- ❖ Dorothy Banzon has been involved for the past three years with FISH, and she provides graphic design work for the FISH Fling. She also redesigned the logo and branding of Herndon-Reston FISH across all of their printed materials.

SEE FISH, PAGE 5

NEWS

Reston Resident Achieves Boy Scouts' Highest Rank

David Acton of Reston was awarded the Boy Scouts of America's highest honor, the Eagle Scout Award, at a court of honor ceremony on March 5. Boy Scout Troop 1018, chartered by Dranesville United Methodist Church, presented Acton with his rank making him the 22nd, and youngest, Eagle Scout in the troop's 22-year history.

Approximately 4 percent of all Boy Scouts attain the Eagle rank, according to Troop 1018 Scoutmaster Doug Donnell. Each candidate must earn 21 merit badges, successfully plan and lead a major community service project, and pass a board of review before he earns the rank of Eagle Scout.

Since joining Troop 1018 in March 2007, Acton earned 31 merit badges and completed his Eagle project at Congressional Cemetery in eastern Washington,

D.C. in November 2009, where teams of Scouts and adults unearthed and repositioned more than 100 head and footstones that had sunk below ground level. A photo was taken of the individual markers to record each site for the cemetery. Acton chose Congressional Cemetery because he has relatives buried there.

In addition to developing leadership skills in several troop leadership positions, Acton has experienced several high adventure outings, including the Centennial National Jamboree with some 40,000 other scouts near Fort A.P. Hill and Northern Tier, a two-week canoe trip through the Boundary Waters area of Minnesota and Canada. This coming summer, he'll spend two-weeks at Philmont, trekking through the southern Rockies in northern New Mexico. He was recently selected for Or-



Newly minted Eagle Scout, David Acton of Reston with Scoutmaster Doug Donnell of Reston, after Acton's Eagle Scout court of honor. Acton and Donnell are part of Troop 1018 chartered by the Dranesville United Methodist Church in Herndon.

der of the Arrow, a national scouting honor organization.

Acton, 14, is a ninth grader at Herndon High School. He plays on the JV baseball team and competes in Certamen, a Latin "Jeopardy"-like competition. He is a member at St. Thomas a Becket Catholic Church in Reston. He is the son of John and Jane Acton.

FISH Honors Volunteers

FROM PAGE 4

as a football autographed by the Washington Redskins and another iPad.

Dorothy O'Hara was one of the volunteers honored as a "Star FISH" at the event that she has been volunteering at for the past 18 years.

"I was a teacher at Terraset Elementary School, and I met members of FISH during a canned food drive, and they were the nicest people, so generous," O'Hara said. "I decided after I retired that I wanted to help out."

O'Hara volunteers as a cashier at the Bargain Loft, FISH's thrift store, which sells household items, clothing, furniture and more. They provide cheap items for families to furnish their house, or to catch up on their wardrobe when re-entering the workforce.

"If you're coming back to work after not having a job for a while, you don't have a lot of money, but you need to wear the right clothes," O'Hara said. "The Bargain Loft is kind of the basis for much of our funding."

O'Hara said she is inspired by Marcia Di Trapani, who served as president of FISH from 2006 to 2010.

"She is a tremendous driving force for this organization, I've never seen anyone so dedicated to something in my life," she said.

Herndon-Reston FISH was founded in 1969 as a loose group of volunteers from churches around Herndon, Reston, Sterling and Great Falls, who rotated 24 hours a day on call assistance. Now they offer instant help to local residents who are in short-term crisis.

THEIR SERVICES include: contributing toward overdue rent or mortgage payments to prevent evictions of foreclosures, donating household furnishings to families with little or no furniture, providing payment support for prescription medications, driving people in need to medical appointments, making payments to prevent utility cut-offs and conducting financial workshops to mentor clients who need assistance in financial planning and budgeting.

Their assistance line can be reached at 703-391-0105, and they can be found online at www.herndonrestonfish.org.

WEEK IN RESTON

Police Investigate Stabbing in Reston

Police responded to a report of an assault outside of the McCormick and Schmick's restaurant at 11920 Democracy Lane shortly after midnight Monday, April 4. A 24-year-old Herndon man suffered apparent stab wounds following an altercation between him and an acquaintance during a birthday celebration the two were attending at the restaurant. The victim was transported to Reston Hospital but later flown to Inova Fairfax Hospital where he is in stable condition.

There was also a second man, age 28 of Fairfax, who suffered wounds when he tried to intervene. He was also transported to Reston Hospital.

Police have identified a suspect, who left the scene, but no charges have been placed yet. The investigation is continuing.

Anyone with information is asked to contact Crime Solvers by phone at 1-866-411-TIPS/8477, e-mail at www.fairfaxcrimesolvers.org or text "TIP187" plus your message to CRIMES/274637 or call Fairfax County Police at 703-691-2131.

Moran Receives Humane Society Honor

U.S. Rep. Jim Moran (D-8) was honored by the Humane Society of the U.S. Legislative Fund with their Legislator of the Year award. The award is in recognition of his leadership on the "Truth in Fur Labeling Act" and his work on the House Interior and Environment Appropriations Subcommittee.

Moran currently serves as the co-chair of the bipartisan Congressional Animal Protection Caucus. During his time in Congress, Representative Moran has led the charge on a number of issues related to the protection of animals.

9 Things You Must Know Before Putting Your Home Up for Sale

Washington, D.C. A new report has just been released which reveals the 7 costly mistakes most homeowners make when selling their home, and a 9 Step System that can help you to avoid them and sell your home fast and for the most money.

This industry report shows clearly how the traditional approaches to selling homes have become increasingly less effective in today's complex and fast paced society. The fact of the matter is that three quarters of home sellers don't get what they want for their homes, become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report shows, most home sellers

make the same 7 deadly mistakes costing them thousands of dollars needlessly. The good news is that each and every one of these mistakes is preventable. In answer to this issue, industry insiders have prepared a FREE, Special Report called, "The 9 Step System to Get Your Home Sold Fast and For Top Dollar."

To learn more and order your personal copy of this FREE Special Report just call, toll-free, 1-800-363-0356 and when prompted enter ID # 2000. You can call any time, 24 hours a day, 7 days a week. Get this FREE Special Report NOW to find out how you can get the most money for your home in today's market.

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11:00 AM the Connection, Contemporary Worship Service
11:00 AM the Garden, Traditional Worship Service

other weekly services
5:30 PM Saturdays: Relax & Renew, Casual Worship Service
6:30 PM Wednesdays: Chapel, Prayer Service

Holy Week and Easter Services:
4/21-Maundy Thursday Tenebrae Service at 7:30pm
4/22-Good Friday Service at 7:30pm
4/23- Saturday Easter Vigil Service at 5:30pm
4/24- Easter Sunday Traditional Worship at 8:30 and 11am
Contemporary Worship at 11 a.m.

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SPRING FUN & ENTERTAINMENT



PHOTOS BY LOUISE KRAFFT/
THE CONNECTION

This home at 6028 Chesterbrook Road in McLean will be open for visitors during the Garden Club of Fairfax 2011 tour.

Harbinger of Spring

The 78th anniversary Historic Garden Week in Virginia.

The Garden Club of Fairfax will host five homes on the 2011 tour in Arlington and McLean. A cross between a ranch and a "A Cape Cod on steroids," designed and constructed by Marvin T. Broyhill for his son, Joel Thomas Broyhill; a modified Craftsman house by BOWA Builders; a brick cottage-rambler, a Tudor Revival Arts and Craft remodeled 1938 home and a French Country home are to be featured.

So far the cool weather is cooperating with extending the bloom time. At the Ceckowski-Christie home, a transformation of the grounds got underway six years ago. And now it boasts an Edgeworth chrsantha, a Pyrus communis Moonglow – Pear, a Mexican buckeye, a Continus grace Smoke tree, a Parsley-leaf Hawthorn, Chinese Fringe, a Japanese Snowbell and Cusa dogwoods, Cornell dogwoods, and a walking stick tree.

This year's co-chairs Sandra Hunt and Cheryl Freeman of Vienna are working up last minute details on the docent's notes and coordinating the multiple committee assignments. The Fairfax Tour will be held on Tuesday, April 19, from 10 a.m. to 4 p.m. Tickets are \$20 prior to the tour and \$25 day of tour; they may be purchased online at www.VAgardenweek.org or locally at participating retailers: Anita Perlut Interiors in Oakton, Burke Florists in the University Mall, Calico Corners on Williamsburg Boulevard, Color Wheel in McLean, Company Flowers in Arlington, Damon Galleries in Vienna, Executive Press in Fairfax, Express Jewelers in the Ballston Mall, Heart in Hand in Clifton, Judy Ryan of Fairfax, Katie's Coffee House in Great Falls, Lemon Twist in Arlington, McLean Cleaners in McLean, Mesmeraldas in McLean, Millie's Dry Cleaning in Arlington, Needlewoman East in Falls Church and the Old Brogue Irish Pub in Great Falls. Tickets may also be purchased with a map and brochure by sending a self-addressed stamped, legal-size envelope along with a check, payable to The Garden Club of Fairfax



A sun room looking out to the patio features a whimsical table remade from a damaged French stoneware sculpture of Diana the huntress by Cote Jardin Antiques in Georgetown.

by April 8 to Mrs. George Whipple, 11508 Yates Ford Road, Fairfax Station, VA 22039, or telephone 703-978-4130. On the day of the tour, tickets may be purchased at the Memorial Baptist Church and at any of the properties open for the tour.

Garden Week in Virginia hosted by the Garden Club of Virginia, the oldest and largest statewide tour in the country. This year 36 tours feature 250 homes, gardens, and historic landmarks during the week of April 16-23.

FAITH

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

Floris United Methodist Church, 13600 Frying Pan Road in Herndon, will present "The Seven Last Words of Christ," a Lenten concert by French composer Theodore DuBois, on Friday, April 8 at 7:30 p.m. Free, but donations accepted. Reserve tickets at www.florisumc.org/558809.ihtml. Floris UMC holds worship services at 8 a.m., 9:15 a.m., 11 a.m. and 5 p.m. on Sundays with a Latino service on Saturdays at 7 p.m. 703-793-0026 or www.florisumc.org.

Hope Fellowship Church will temporarily be meeting at Woody's Golf Range, 11801 Leesburg Pike, Herndon. Sunday Worship Services for this new Southern Baptist church are at 10:45 a.m. The public is invited to join a growing Bible believing, multi-ethnic/multi-cultural congregation, with Bible-based sermons and uplifting music. 703-599-3527 or www.hopefellowshipchurchloudoun.org.

Knitters needed the first and third Wednesdays of the month, at 7 p.m., at **St. Timothy's Episcopal Church**, 432 Van Buren St., Herndon. The church's Shawl Ministry is offering free knitting instruction while providing shawls, blankets and other knitted items for people in need. No cost and yarn can be provided. E-mail shawl@saint-timothys.org or visit the Pastoral Care page at www.saint-timothys.org.

Nondenominational **Christian businessmen** meet for prayer, Biblical discussion and fellowship 7 p.m. Fridays at Anita's, 1051 Elden St., Herndon and 12 p.m. Thursdays at 555 Grove St., Suite 200, Herndon. Call 703-795-1257.

Adult Sunday school will be held 9:30 a.m. Sundays at the Washington Plaza Baptist Church at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

Vajrayogini Buddhist Center offers ongoing classes on meditation and Buddhist philosophy, Mondays at 7 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. \$10 per class. 202-331-2122 or www.meditation-dc.org.

The Jewish Federation of Greater Washington and the Jewish Outreach Institute offer the Mothers/Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. Participants include Sha'are Shalom, Congregation Beth Emeth, Temple Rodef Shalom and the Jewish Community Center of Northern Virginia. ShalomDC.org.

The Baha'i community of McLean holds a weekly fireside, a meeting of discussion, devotion and fellowship, at 7500 Box Elder Court in McLean, at 8 p.m. every Friday. An opportunity to learn about the Baha'i faith. 703-556-3400.

Epiphany United Methodist Preschool, 1014 Country Club Drive, N.E. in Vienna, is now enrolling 3-4-year-old students for the 2010/2011 school year. Contact 703-938-2391 or www.epiphanypreschool.com.

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OPINION

Simply Disappointing

Sad to report that proposed General Assembly districts are not an April Fool's joke.

By the time the Connection is delivered to homes and businesses this week, there is a good chance that how you vote and who you can vote for will have changed. No one will have consulted you about this.

Virginia's every-10-year, hyper-partisan process of drawing political districts is in rare form this year. It's all the more disappointing since two years ago, there appeared to be developing consensus that this process should be approached in the best interests of voters.

Instead, the Democrats in control of the Virginia Senate and the Republicans in control of the Virginia House of Delegates have created a nearly obscene mess without even lip service to providing effective representation.

Proposed changes in districts split communities, localities, counties and even precincts and homeowners associations. The City of Alexandria will likely now have three state senators. Arlington, which could be represented by a single state senator in a compact and highly effective district, could instead have as many as three Senate districts within its boundaries. Arlington's primary senate seat, District 31, will now snake along the Potomac River through McLean and Great Falls and actually encompassing part of Sterling, covering three counties in a densely populated area that begs for compact districts.

This means residents of McLean and Great

EDITORIAL

Falls will likely be represented in the Virginia Senate by someone from Arlington, who will try to understand the complexities of three very different counties. The change shifts Janet Howell's district 32 to the west, leaving thousands of residents to get to know new candidates who will likely be focused on other areas first.

Mount Vernon, a highly diverse community, will also have its senate representation split, likely resulting over time in half being represented by someone from the City of Alexandria and half represented by someone from Prince William County, neither with the grasp of community needs that a Mount Vernon centered district would allow.

George Barker's district 39 scoops up parts of Prince William, the least densely populated parts of Fairfax County in Clifton and Fairfax Station, then takes a turn through densely populated Lorton, Newington and Franconia before poking its head into the City of Alexandria. This certainly does not comprise a "community of interest."

If Democratic voters were wealth, this would be the plan to spread the wealth around. Whether that will actually be effective for the Democrats in retaining seats is dubious. We've seen numerous examples of seats specifically drawn to benefit particular candidates or party that fail to hold up.

There are almost as many examples as there are senate seats in Northern Virginia.

There are similar problems with the Republican drawn delegate seats, but the smaller districts make for more compact districts, with the problems a bit harder to cherry pick.

Every seat in the General Assembly will be up for reelection in a few months, with August primaries and caucuses and November general election, which is one reason this process is happening with so little citizen scrutiny. Proposed boundaries will have been public for only a few days, and will be voted on and approved by the end of the week. Homeowners Association presidents who might object to having their neighborhood split won't have time to react, for example.

Is there hope to circumvent the madness for 10 years from now?

It really is time to give control of the redistricting process to an authority that will not consider voting patterns or incumbency, but instead will focus on what will create more effective representation.

Keeping communities of interest together is key. That means not splitting jurisdictions, creating compact shapes, minimizing the distance from one end to the other of populous districts.

But it's unlikely that the winners of the coming elections will be that interested in the project. After all, they will be the beneficiaries of the current flawed process.

It's time for a constitutional amendment that would save us from districts shaped like boa constrictors and clawed dragons a decade from now.

— MARY KIMM.

MKIMM@CONNECTIONNEWSPAPERS.COM.

ON TWITTER @MARYKIMM.

Special Sessions

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

On Monday, April 4, the General Assembly convened a special session to redraw legislative district boundaries based on the 2010 census. I wrote about the process in last week's column. Although proposals for new district lines were drawn by college students and the Governor's Commission on Redistricting, the only proposals before the legislature are those drawn by the majority party in each house. Public hearings will be held before a vote is taken on the measures. All proposals maintain Reston as a community of interest in one district except for the Governor's Commission, which for some unknown reason proposes to cut the community into two House districts. Congressional district lines will be redrawn before we go home.

Interrupting the special session will be the constitutionally re-



COMMENTARY

quired Reconvened Session to consider the Governor's amendments and vetoes of bills. Unlike the federal government, the Governor of Virginia can veto line items and recommend amendments to bills. One bill the Governor vetoed would have required 150 minutes of physical activity for elementary school students per week as a step towards ending obesity among young people. While well intended, the bill did not provide for lengthening the school day or providing the resources to accomplish it. Fairfax County Public Schools lobbied heavily for the bill to be vetoed; I voted against its initial passage. A two-thirds vote of both houses would be necessary to pass the bill over the Governor's veto.

A bill that reflected a compromise

SEE PLUM, PAGE 13

Sustainable Reston?

BY JACK KENNY
PAST PRESIDENT, REPUBLICAN
CLUB OF GREATER RESTON



On April 9, 2011 we celebrate Reston's 47th birthday. As part of that celebration, some unspecified person or group has decided to "officially launch" a Sustainable Reston "community-wide" initiative. One must wonder from where this initiative came? Who in Reston decided it should be a community-wide idea - whatever this initiative encompasses?

Did it emanate from the North County Government Center? May we wonder if it is sponsored by the Reston Association? After all, we just completed an election during which none, I repeat none of the candidates so much as even mentioned supporting it. Did the RA ballot ask for a vote on such a proposal or referendum? Perhaps it was sponsored or supported by the Reston Community Center or that in-the-death-throes Reston

A DIFFERING POINT OF VIEW

Citizen's Association or ARCH?

What might Sustainable Reston mean to the community? Does it come from the Sustainable Development movement otherwise known as "AGENDA 21" - espoused as "the perfect balance between the environment, the economy, and social equity (redistribution of wealth) in all developments. The concept of sustainable development arose after the United Nations adoption of a Declaration for the establishment of a "New International Economic Order." It got its start here in the United States with Bill Clinton's appointment of the President's Council on Sustainable Development (PCSD) on June 23, 1993. It operated from 1993 to 1999.

SEE KENNY, PAGE 13

THE CONNECTION

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SPRING FUN & ENTERTAINMENT

Reston Spring

FROM PAGE 3

present, as well as former Redskins Antwaan Randle El and Derrick Dockery. Riders and guests will have a chance to meet, mingle and ride with the players.

More information can be found at www.ridetoprovide.org.

Both Mon Ami Gabi and the Market Street Bar and Grill at Reston Town Center will be holding Easter brunches Sunday, April 24.

Mon Ami Gabi, will offer Easter specials in addition to their normal menu, and guests will leave with a surprise-filled Easter egg. More information can be found at www.monamigabi.com/reston, or by calling 703-707-0233.

Market Street Bar and Grill will feature an Easter buffet, complete with designer omelets, honey baked ham, smoked salmon, seafood, traditional brunch favorites and a dessert station. More information can be found at www.hyatt.com/gallery/reston, or by calling 703-925-8250.

THE RESTON FARMER'S MARKET will re-open Saturday, May 7 at 8 a.m. The market, which runs until October, features locally grown produce, arts and crafts and other vendors.

May heralds the coming of fresh asparagus, broccoli, spinach and other spring



PHOTO BY ALEX McVEIGH/THE CONNECTION

The Reston Farmer's Market will open May 7 at 8 a.m. at Lake Anne. The market runs every Saturday from 8 a.m. to noon until October.

greens. Baked goods, such as cakes, pies, breads and biscuits are also available.

"The Reston Farmer's Market is one of my favorite places to be every Saturday," said Sheila Rozelle of Vienna. "Just seeing all the produce sitting there, fresh as can be, makes a really cool place to be. There's something about the atmosphere there, whether it's the music or the scenery of the Lake Anne Plaza, that really makes you want to enjoy being outdoors."

More information can be found at www.restonfarmersmarket.com.



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ENTERTAINMENT

Send announcements to herndon@connectionnewsletters.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewsletters.com.

WEDNESDAY/APRIL 6

Treasures of the USGS Library. 7 p.m. US Geological Service, 12201 Sunrise Valley Drive, Reston. Dr. Richard Huffine, Director of the USGS Libraries Program, will present early maps of America, the provenance of the Hope Diamond, documentation of the exploration of the American West by Hayden, King, Powell and Wheeler and more. Requests for accommodations (i.e. sign language interpreting) require at least two weeks notice. Federal facility, photo ID required. Free. 703-648-4748 or www.usgs.gov/public-lecture-series/

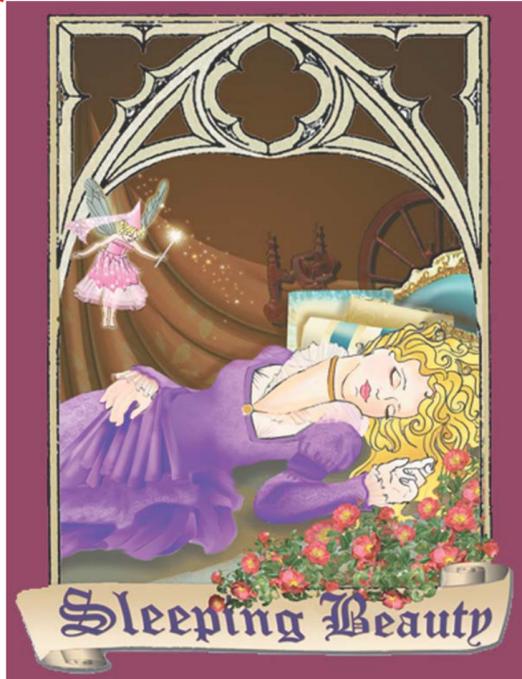
Herndon Book Club. 6 p.m. Herndon Fortnightly Library, 768 Center St., Herndon. Book discussion 703-437-8855.

FRIDAY/APRIL 8

"Thrill Me: the Leopold and Loeb Story." 8 p.m. The Elden Street Players at the Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. The story of Leopold and Loeb, the Chicago "Thrill Killers" of 1924. 703-481-5930 or www.eldenstreetplayers.org.

"Places." 7 p.m. GRACE Art Center, 12001 Market Street, #103, Reston. Dodgeball Theatre's Teen Ensemble original production, written and performed by the actors. Free. www.dodgeballtheatre.com.

Herndon Elementary PTA Silent Auction. 6:30 p.m. Herndon Elementary, 630 Dranesville Road,



The Classical Ballet Theatre, 320 Victory Drive in Herndon, will present "Sleeping Beauty" on April 9 and 10 at 1 p.m. and 4 p.m., in a one-hour narrated version of the classic fairytale. \$10. All proceeds from the Saturday 4 p.m. production will be donated to the American Red Cross to benefit Japanese relief efforts. cdonavin@cbtnva.org.

Herndon. Tickets to The Kennedy Center, gift cards for Exxon gas, baskets, gift certificates to restaurants and more.

SATURDAY/APRIL 9

8th Annual Reston Founder's Day & Treasure Hunt. 12-3:30 p.m. Reston Museum, 1639 Washington Plaza, Reston. In honor of the 97th birthday of Reston founder Robert E. Simon, Jr., all are invited for musical entertainment and cake. 15-minute oral histories will be video-recorded from 1-3 p.m., reserve time at restonmuseum@gmail.com or 703-709-7700. The Reston Founder's Day Hunt begins at 1:30 p.m.: follow clues to 12 sites around Reston, ending back at the Museum 3:30 p.m. All participants will receive a medal and enter a drawing to win one of three prizes. www.restonmuseum.org.

"Thrill Me: the Leopold and Loeb Story." 8 p.m. The Elden Street Players at the Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. The story of Leopold and Loeb, the Chicago "Thrill Killers" of 1924. 703-481-5930 or www.eldenstreetplayers.org.

Something Different 2011. 11 a.m. and 2 p.m. The Elden Street Players, Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Four short improvised plays for young audiences, including The Gingerbread Man, The Cracked Pot, The Pied Piper and The Rabbit's Judgment. Written and directed by Holly Harrington. \$7. 703-481-5930 or www.eldenstreetplayers.org.

Russian National Ballet Theatre: "Romeo and Juliet." 8 p.m. George Mason University's Center for the Arts Concert Hall, 4400 University Drive, Fairfax. With choreography by

Petipa and music by Tchaikovsky. Based on Shakespeare's classic tale of star-crossed lovers and family hatreds. A pre-performance discussion, free to ticket holders, begins 45 minutes prior to the performance on the Center's Grand Tier III. Tickets \$27-\$54. Youth through grade 12, half price when accompanied by an adult. Charge at 888-945-2468 or cfa.gmu.edu.

"Sleeping Beauty." 1 p.m. and 4 p.m. Classical Ballet Theatre, 320 Victory Drive, Herndon. A one-hour narrated version of the classic fairytale. \$10. All proceeds from the 4 p.m. production will be donated to the American Red Cross to benefit Japanese relief efforts. cdonavin@cbtnva.org.

Friends of Vale Schoolhouse Community Yard Sale. 8 a.m.-1 p.m. 3124 Fox Mill Road, Oakton. Household and children's items, small furniture, collectibles, books and more. Proceeds benefit the preservation of the 1884 Vale Schoolhouse. 703-620-2650.

Herndon High School Yard Sale. 8:30 a.m.-12 p.m. Herndon HS, 700 Bennett St., Herndon. \$25 vendor fees benefit the HHS Drug & Alcohol Free All Night Grad and After Prom events. Rain date April 30. lespetty@verizon.net.

Kaveri Kannada Sangha. 3 p.m. Herndon Fortnightly Library, 768 Center St., Herndon. Art and drama meeting. 703-437-8855.

SUNDAY/APRIL 10

Columbian Singer Juanes. 7 p.m. George Mason University Patriot Center, 4500 Patriot Circle, Fairfax. Tickets are \$39-\$125, available at www.ticketmaster.com or 703-573-SEAT. Accessible seating is available

for patrons with disabilities by calling 703-993-3035. www.patriotcenter.com.

"Thrill Me: the Leopold and Loeb Story." 7 p.m. The Elden Street Players at the Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. The story of Leopold and Loeb, the Chicago "Thrill Killers" of 1924. 703-481-5930 or www.eldenstreetplayers.org.

Walk MS. Check in 8:30-10 a.m. Start 8:30-10 a.m. A 3.5-mile route beginning and ending at the Reston Town Center Pavilion, 11900 Market St., Reston. Proceeds benefit the National Multiple Sclerosis Society. www.MSAndYou.org/walk or 202-296-5363, option 2.

Something Different 2011. 2 p.m. The Elden Street Players, Industrial Strength Theatre, 269 Sunset Park Drive, Herndon. Four short improvised plays for young audiences, including The Gingerbread Man, The Cracked Pot, The Pied Piper and The Rabbit's Judgment. Written and directed by Holly Harrington. \$7. 703-481-5930 or www.eldenstreetplayers.org.

Russian National Ballet Theatre: "Swan Lake." 4 p.m. George Mason University's Center for the Arts Concert Hall, 4400 University Drive, Fairfax. With choreography by Petipa and music by Tchaikovsky. Inspired by the German legend of Odette, a princess who was turned into a swan by an evil sorcerer's curse. A pre-performance discussion, free to ticket holders, begins 45 minutes prior to the performance on the Center's Grand Tier III. Tickets \$27-\$54. Youth through grade 12, half price when accompanied by an adult. Charge at 888-945-2468 or cfa.gmu.edu.

"Sleeping Beauty." 1 p.m. and 4 p.m. Classical Ballet Theatre, 320 Victory

Drive, Herndon. A one-hour narrated version of the classic fairytale. \$10. cdonavin@cbtnva.org.

Jim Van Slyke: The Sedaka Show. 2 p.m. Herndon High School, 700 Bennett St., Herndon. A benefit for the HHS Choir Scholarship Fund. \$10-\$15. www.herndonchoir.com.

Audubon Society Bird Walk. 7:30 a.m. Stratton Woods Park, 2431 Fox Mill Road, Reston. Free, no registration required. info@audubonva.org or 703-438-6008.

MONDAY/APRIL 11

English Conversation. 10:30 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. English practice for adult non-native speakers. 703-242-4020.

Mother Goose Time. 11 a.m. Herndon Fortnightly Library, 768 Center St., Herndon. Songs, stories and action rhymes for you and your baby. Birth-23 months with adult. 703-437-8855.

TUESDAY/APRIL 12

Barry and Holly Tashian. 7:15 p.m. The Folk Club of Reston-Herndon, in the Back Room at The Tortilla Factory, 648 Elden St., Herndon. Duet singer-songwriters, folk and bluegrass musicians. \$12, \$11 members. www.restonherndonfolkclub.com or 703-435-2402.

One-on-One Computer Tutoring. 7 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Internet, Word and Excel basics. Adults. 703-242-4020.

Money Matters. 7:15 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Monthly group discussion focuses on personal finance and investing. Adults. 703-242-4020.

BULLETIN BOARD

To have community events listed in the Connection, send to reston@connectionnewsletters.com. Deadline is Friday.

FRIDAY/APRIL 8

Oakton Elementary School Casino Royale Evening and Fundraiser. 8 p.m. Hidden Creek Country Club, 1711 Clubhouse Road, Reston. Includes two cocktails, heavy appetizers, casino chips, dancing and a D.J. Silent auction includes over 70 items ranging in value from \$30-\$7000. \$85 per person. Sponsored by Oakton Elementary School PTA.

Celebrate 50 Years of the Peace Corps. 6 p.m. Nature House, 11450 Glade Drive, Reston. With Aaron Williams, Director of Peace Corps and Reston resident. Music, wine and more. \$25. Reserve at katie.morris81@gmail.com

MONDAY/APRIL 11

Reston Presents. 7 p.m. Reston Association, 12001 Sunrise Valley Drive. A bi-monthly lecture and presentation series. Certified Elder Law Attorney Peggy O'Reilly describes the impact of the 2010 Health Care Reform on older adults, including changes in Medicare, insurance coverage, long-term care, Medicaid and nursing homes. Ashleigh@reston.org or 703-435-6577.

TUESDAY/APRIL 12

Annual Members Meeting. 7 p.m. Reston Association Conference Center, 12001 Sunrise Valley Drive Reston. Hear the results of the Board of Directors' election

and learn about the services and projects underway. Light refreshments. Reserve at annualmeeting@reston.org or 703-435-6539.

Alzheimer's Caregiver Support Group. 7 p.m. Tall Oaks at Reston, 12052 North Shore Drive, Reston. 703-264-0707.

WEDNESDAY/APRIL 13

R4 Collection Day. 1-4 p.m. Reston Town Center Pavilion, 11900 Market St., Reston. "Reduce, Re-use, Recycle, Reston," with on site collections by Bikes for the World (bicycle, sewing machine and hand tool collection); Reston Lions Club (eyeglasses, hearing aids); Secured Shred (document disposal on site); and Turtle Wings (computers and other electronics collection). Turtle Wings provides removal and destruction of computer hard drives on site. www.restontowncenter.com.

SATURDAY/APRIL 16

Phi Upsilon Zeta chapter of Zeta Phi Beta Sorority, Inc. 2011 Hattitude Luncheon. 1:30 p.m. Dulles Hyatt Hotel, 2300 Dulles Corner Blvd., Herndon. Food, fellowship and more. Tickets \$50, a portion will be used to fund scholarships for Loudoun County youth. 703-430-7853.

MONDAY/APRIL 18

NARFE Dulles Chapter 1241 Luncheon Meeting. 11:30 a.m. Amphora Diner, 1151 Elden St., Herndon. Marcia McAllister, Fairfax County Department of Transportation, on "What will the Dulles Metro Rail mean to us". \$17. 703-435-3523.

Culinary COOKING SCHOOL

Welcome Spring with Cooking Classes that Celebrate the Season.

Elegant Easter Dinner with Chefs Stephen Sands and Brian Batsel, with a selection of fine wines by John Peters: April 8, 6:30-10 pm, \$85 — Celebrate the start of spring with this feast of food and wine that includes: Wild Mushroom Ravioli, Jumbo Shrimp with Chive Butter, Roasted Beet & Baby Greens Salad with Brie Crostini, Rib-Eye Steak with Balsamic Demi-Glace, and Warm Chocolate Cakes.

Discover the Spring Flavors of Spain with Chef Pete Snaith: April 13, April 20, April 27, 7-10 pm, \$185 — This three-part series takes students on a journey through Spain. From Madrid: Toast Wedges with Mushrooms and Aioli. From the Mountains of Alcoy: Rice-Stuffed Peppers, Prawn & Bacon Brochettes, and Stuffed Mussels and Potatoes with Brava Sauce. That's just the first class. Don't miss it!

Spring Wine Dinner with Chefs Stephen Sands and John Peters: April 30, 6:30-10 pm, \$90 — Excite your senses with this spring gastronomic extravaganza. John Peters will pair wines with Chef Stephen's feast that includes Asparagus and Prosciutto Bundles with Orange-Scented Goat Cheese, Jumbo Sea Scallops with Red Peppers and Zucchini, Curried Shrimp over Mixed Greens, and more.

For more information and to register for classes, please go to www.culinarycookingsschool.com

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"Me and My Mom"

To honor Mom on Mother's Day, send us your favorite snapshots of you with your Mom and The Connection will publish them in our Mother's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail digital photos, send to: photoR@connectionnewsletters.com Or to mail photo prints, send to: The Reston Connection, "Me and My Mom Photo Gallery," 1606 King St., Alexandria, VA 22314

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Spring Fun: Brunch

Celebrate spring with a weekend meal on the town.

By Julia O'Donoghue/The Connection



J. GILBERT'S

This upscale steakhouse offers an omelette bar, lobster mac n' cheese and hand-carved tenderloin at their Sunday brunch. The meal is family friendly, though a variety of adult beverages — prosecco, mimosas and bellinis — are also offered. Adults pay \$22, with an extra charge for alcohol. Children between ages 5-12 are \$11. Brunch is offered on Sundays only, from 10 a.m. - 2 p.m. 6930 Old Dominion Drive, McLean, Va. 22101; 703-893-1034.

CLYDE'S

This Washington area institution offers a special Sunday brunch menu. Both kitchens produce Chesapeake Bay Rockfish and Eggs Chesapeake — a twist on Eggs Benedict where a crab cake is used instead of Canadian bacon. Clyde's brunch is Sunday only, 10 a.m.-4 p.m. 8332 Leesburg Pike, Vienna, Va. 22182; 703-734-1901 and 11905 Market Street, Reston, Va. 20190; 703-787-6601.



AMPHORA

Amphora has two 24-hour branches, Amphora Restaurant in Vienna and Amphora Diner in Herndon. Both locations have large menus with over 350 items, including 10 different types of "benedict" dishes. First opened in Vienna 35 years ago, Amphora serves breakfast at all times of day and night. It is also a affordable option with most breakfast dishes costing \$6-\$12. Amphora Restaurant is open 24 hours per day, 365 days per year and is located at 377 Maple Ave. West, Vienna, Va. 22180; 703-938-7877. Amphora Diner is also open 24 hours per day, 365 per year and is located at 1151 Elden Street, Herndon Va. 20170; 703-925-0900.



BAZIN'S ON CHURCH

Chef Patrick Bazin makes contemporary American food in this upscale Vienna restaurant he owns with his wife Julie. The brunch menu includes porcini risotto balls stuffed with fresh mozzarella, bananas foster french toast and a maple-pecan tart with salted caramel ice cream. The brunch drink list includes Bloody Marys and a variety of champagne cocktails; six speciality teas. Bazin's charges \$12-\$20 for an entree during brunch and \$8-\$10 for cocktail. The restaurant serves brunch on Sunday only from 11 a.m. to 2 p.m. Bazin's is located at 111 Church Street, Vienna, Va. 22180; 703-255-7212.



BRIX AMERICAN BISTRO

Owner Ashwani Ahluwalia was the executive chef at River Bend Country Club and general manager of The Tavern in Great Falls before opening the Brix. With a small outdoor patio, the restaurant gives diners a chance to enjoy brunch outside in the nice spring weather. Ahluwalia said he will be tweaking the brunch menu in the coming weeks but, for now, it includes dishes like a belgian waffle with warm maple syrup, corned beef hash and steak and eggs. Prices range from \$7 to \$16 for an entree. Bloody Marys and Mimosas cost \$5. Sundays only from 11 a.m. to 2 p.m. 1025-1 Seneca Road, Great Falls, Va. 22066; 703-433-9050.



L' AUBERGE CHEZ FRANCOIS

Though it does not technically serve brunch, L' Auberge Chez Francois offers a six-course lunch menu on Sundays from noon until 3 p.m. Located on six acres off a remote road in Great Falls, this French restaurant is considered one of the best in the entire region. The "Sunday lunch" menu includes a puff pastry tart with warm cheese and caramelized; braised chicken in a creamy Riesling white wine sauce with mushrooms and noodles; and rabbit with seasonal vegetables and candied chestnuts. The price of the meal varies from \$37 - \$49. Reservations are required. L'Auberge Chez Francois is located at 332 Springvale Road, Great Falls, Va. 22066; 703-759-3800.

CAFE MONTMARTRE

This casual French restaurant has a sprawling patio that allows diners to look out over Lake Anne in Reston while enjoying a Mimosa on sunny, weekend afternoons. Cafe Montmartre offers a special brunch special that includes the patron's choice of a entree, dessert and juice or a Mimosa for \$18. Restaurant dishes include four different types of quiche, scrambled eggs with french sausage and chocolate mousse. There are also snails sauteed with white wine sauce, grilled New York strip steak and pan seared trout with lemon sauce on the menu. Cafe Montmartre serves brunch on Saturday 11 a.m. - 3:30 p.m. and Sunday 10 a.m. - 3:30 p.m. It is located at 1625 Washington Plaza N. Reston, Va. 20190. 703-904-8080.



COMMUNITY CANTEEN

Located in the Reston Town Center, this cafe features simple, homemade food with a small patio and indoor dining area. It is attached to the french bistro, Mon Ami Gabi, located next door.

The restaurant features a yogurt bar, with patrons can add homemade muesli, fresh fruit, dried cherries, walnuts, brown sugar and compotes. There is also a build-your-own omelette option, oatmeal quiche, waffle and breakfast burrito on the menu. The cafe is open for breakfast and brunch from 8 a.m. - 3 p.m. on Saturday and Sunday. It also serves breakfast from 7 a.m. to 11 a.m. during the week. Most meals cost between \$3.95 - \$7.95. Community Canteen is located at 11950 Democracy Drive, Reston, Va. 20190; 703-707-9442.



THE BAGEL CAFE

This independently owned restaurant is a New York-style bagel shop and delicatessen. The Bagel Cafe offers homemade Matzoh ball soups, oversized black & white cookies and whitefish salad. The three-egg omelets go from

"Russian" (grilled potatoes, sour cream and green onion) to "New Orleans" (spicy sausage, cajun rice and cheddar cheese.) They are served with a buttered bagel and home fries. Bagel Cafe meals run from \$3.09-\$7.29. The restaurant is open from 6:30 a.m. to 3 p.m. seven days per week. It is located at 300 Elden Street, Herndon, Va. 20170. 703-318-7555.



WAFFLE KING'S VIRGINIA KITCHEN

Lincoln and Julie Kruger took over this local diner — which is approximately 40 years old — from Julie's father. The restaurant has traditional diner breakfast options, including freshly squeezed orange juice, chocolate chip waffles, country fried steaks, reuben sandwiches, fresh banana pancakes, and chili. Virginia Kitchen's entrees range from \$4.40-\$6.25. The restaurant's is open from 7 a.m. - 3 p.m. and is located at 450 Elden Street, Herndon, Va. 20170; 703-471-0808.

OPINION

Plum

FROM PAGE 8

between the medical and health communities and the trial lawyers that would have gradually increased the cap on medical malpractice suits was also vetoed by the Governor. It may well be passed over his veto as it has such wide support as a compromise measure.

The Governor sent down many amendments to the budget with most reflecting proposed additional spending coming from increased revenues from an economy that is slowly recovering. These proposals are not likely to be controversial, but oddly the Governor went back into the main

budget that had passed the General Assembly unanimously just a month ago and proposed some reductions. These were not reductions needed to balance the budget but rather reflected his belief in the role of government. He proposed reductions to the Healthy Families Virginia program that has had amazing success in getting children in poverty areas off to a good start. He proposed a reduction in funding for therapeutic foster care for children most in need. He also proposed to take away all funding for NPR.

These issues will get sorted out and legislative districts drawn in about a week. I look forward to reporting to you the final action on all these matters.

Kenny

FROM PAGE 8

An example of sustainable development might come from a 1976 U.N. conference on Human Settlements (Habitat). A quote from the Preamble "Private land ownership is also the principle instrument of accumulation and concentration of wealth, and therefore, contributes to social injustice..." You residents on Bright Pond Lane or Steeple-

chase Drive or North Village Road may well be accused of fostering social injustice and required to enlarge your 4,000 ft² homes to include a number of apartments for those not taking advantage of the opportunities available under the Constitution of the United States.

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Spring Fun: Hitting the Links

As the weather warms, the area's many golf courses, practice facilities and driving ranges offer great opportunities. From rookies to scratch golfers, from youth to adult, there are options for everyone. From a nationally recognized course at Laurel Hill, to a beginner's delight at the Par 3 at Burke Lake Park, to putt-putt that ranges from cartoonish to difficult, there are plenty of greens to approach.

By Alex McVeigh/The Connection

A WOODY'S GOLF

Celebrating 30 years, Woody's features a full driving range and "The Perils of the Lost Jungle," an 18-hole mini-golf course that features animatronic animals, which reflect owner Woody FitzHugh's creativity. The course has been ranked nationwide as one of the best mini-golf courses, and was recognized by Newsweek in 2007. The shop offers video swing analysis and custom club fitting, as well as other services.
11801 Leesburg Pike, Herndon,
703-430-8337



G BURKE LAKE GOLF COURSE

This 18-hole Par 3 offers a chance for golfers of all skill levels to hone their skills. Located on the 888 acre Burke Lake Park, the course features a lighted driving range, a practice bunker and an 8,000 square foot putting green. Private and group lessons are offered, as well as a Junior Golf Program. A current special offers nine holes for \$10, 18 holes for \$15, Mondays through Thursdays after 2:30, excluding holidays. Nearby Burke Lake Park also has an 18-hole mini-golf course.
7315 Ox Road, Fairfax Station,
703-323-1641



H GREENDALE GOLF COURSE

The 18-hole regulation course over 148 acres features a practice green and clubhouse with food service. Open since 1967, staff say they're proud to offer an old fashioned course with consistent customer service. Until May 15, there will be a discount on multiple rounds purchased, 10 percent off five rounds, 20 percent off 10 rounds, etc. Also home to the Greendale Senior Golf Club and the Greendale Women's Golf Association.
6700 Telegraph Road, Alexandria,
703-971-3788

I OAK MARR GOLF COURSE

Located at the Oak Marr Recreation Center, one of the premiere training facilities in the area features a 1,456-yard, nine-hole course, a lighted, 76-station driving range, a mini-golf course and practice bunkers, chipping area and putting green. Golf instruction is available in groups or privately for adults and juniors. Training includes driving range practice, on-course playing lessons and video swing analysis. Club fitting, repair and regripping also available.
3200 Germantown Rd, Oakton,
703-255-5390



J PINECREST GOLF COURSE

Known as "the best kept secret inside the beltway," the nine hole, par 35 course measures 2,462 yards. The course is dotted with ponds and hills to create a challenge for novices and experts alike. Clubs, riding and pull carts are available for rental, and golf lessons are offered. There is also a putting green, 10 driving cages and a full service pro shop.
6600 Little River Turnpike, Alexandria,
703-941-1061



B GOLF PARK AT HUNTER MILL

With 100 tee stations and a 300-yard landing area, the Golf Park at Hunter Mill offers golfers of all skill levels a place to practice. They use Top Flite tour-quality balls, and the ball inventory is replaced every year. There are also practice bunkers available. Swing coaching and beginner golf lessons are offered, as well as custom Legend Custom Club fitting, which were named among the world's Top 100 Golf Fitters in 2007 and 2008 by WorldGolf.com.
1627 Hunter Mill Road, Vienna,
703-759-5664



C TOP GOLF

Top Golf offers a twist on the standard driving range, using technology to track each player's ball as it goes into any number of portals on the range. Each of the 76 spots on the range are covered and heated. Two 18-hole mini-golf courses, the "mountain" and "valley" courses are also onsite, featuring a variety of obstacles. The location also features a clubhouse with a full-service restaurant and bar.
6625 South Van Dorn Street, Alexandria,
703-924-2600.



D HERNDON CENTENNIAL GOLF COURSE

The 18-hole, Par 71 course in Herndon was designed by Tom Clark, one of the most prolific golf-course designers in the area. It also features a driving range with grass and mat stations, an 11,000 square foot putting green, chipping area and practice bunker. The course has been recognized as one of



E RESTON NATIONAL GOLF COURSE

Located just off Sunrise Valley Drive, Reston National Golf Course is currently redoing the bunkers in response to customer feedback, and are about halfway finished. Home to the Mid-Atlantic's only Nike Golf Learning Center, lessons, clinics and camps are open to golfers of all skill levels. They also feature a

full driving range and putting and chipping greens. Reston National also participates in the Capital Area Golf Membership, which allows members to play at reduced rates at four other local courses.
11875 Sunrise Valley Drive, Reston,
703-620-9333



F LAUREL HILL GOLF CLUB

This 18-hole course was designed by Bill Love, who said his objective was to let the natural beauty of the property dictate the character of the course. Bud Key of the Teetime Golf Press said the course "occupies 280 acres and takes advantage of the site's outstanding features and views of the historic prison compound. Bar none, it rivals any course you'll play in Northern Virginia." Classes for beginners, intermediate and women are available.
8701 Laurel Crest Drive, Lorton,
703-493-8849



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21 Announcements

21 Announcements

ABC LICENSE

Bon Appetit Management, Co trading as Bon Appetit Management, Co, 1910 Oracle Way, Reston, Va 20190. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Mixed Beverage Caterer license to sell or manufacture alcoholic beverages. C. Palmer Brown, Sr. Vice President and Secretary

21 Announcements

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-Werner Heisenberg

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<http://gpl.php.ufl.edu/AgWorkerEsp>

21 Announcements

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NEWS



PHOTO BY ALEX McVEIGH/THE CONNECTION

From right, Gov. Bob McDonnell speaks at the ribbon-cutting ceremony for Raytheon Trusted Computer Solutions in Herndon March 29, while Ed Hammersla, COO of RTCS and Anthony DiFurio, vice president of Information Security Solutions for Raytheon listen.

Bringing Business to Herndon

BY ALEX McVEIGH
THE CONNECTION

Virginia Gov. Bob McDonnell spoke at the ribbon cutting ceremony for the Raytheon Trusted Computer Solutions headquarters in Herndon March 29. McDonnell said he was pleased that a company as large as Raytheon, which has 4,200 workers in Virginia, 120 at RTCS in Herndon, chose to bring business to the area.

"There are very few places better suited for business in this country than Fairfax County," McDonnell said. "As this area has grown and expanded, a leader has been the technology industry. We've got the second highest number of tech workers in the country, next to California."

Anthony DiFurio, vice president of Information Security Solutions for Raytheon said when the company decided to move from its Falls Church facilities, many neighboring states competed for them.

"Due to our employees and the drive of our customers, we decided to stay here, within the commonwealth and are proud to call it our home," he said. "Since then, we've made additional acquisitions to the company, Trusted Computer Solutions being one of them, so we continue to expand our presence here."

Trusted Computer Solutions was acquired by Raytheon in November.

McDonnell credited local officials in helping to attract businesses to the area, saying his goal is to get people working.

"Local legislators have been terrific allies for me, trying to grow jobs, create economic opportunity, especially for the technology sector," he said. "My first bumper sticker said 'Bob's For Jobs,' and we're still all about that. There's no more important thing we can do right now. [We have] 9 percent national unemployment rate, we're down to about 6.4 percent in Virginia, but we still have 260,000 people not working and that's

a tragedy."

Dr. Gerald L. Gordon, president and CEO of the Fairfax County Economic Development Authority, said that bringing businesses like RTCS into the county helps on many levels.

"In Fairfax County, the Board of Supervisors unanimously and aggressively attracts business, because businesses as they grow contribute to the tax base, increasing the public services to constituents, while lowering the tax rate," Gordon said. "But to have a company of this magnitude come into the county, we recognize that it's not just a source of new jobs, not just a source of wealth and tax generation, it's also a great source of pride."

Bobbie Kilberg, president of the Northern Virginia Technology Council, also praised state and local officials for creating the type of business-friendly environment that attracted RTCS.

"They're creating jobs in a state that's ready for business, with elected and appointed officials who understand that the private sector is the best job creator we have," Kilberg said. "Gov. McDonnell is a pro-business, pro-job growth governor. The commonwealth is consistently ranked number one or number two in the best states in the nation to do business."

Forbes, U.S. News and World Report, CNBC and the U.S. Chamber of Commerce all rank Virginia at the top of pro-business states, often jockeying back and forth with Texas for the top spot.

"Why do we consistently rank this high? It's simple. We have a highly educated work force, we have world-class institutions of higher education, we are a right-to-work state, we have reliable, available and affordable energy, we have excellent ports and an international airport," Kilberg said. "We're a well-known state with a AAA bond rating, and we're open to new and innovative public-private partnerships, and we do this on a bipartisan basis."

SPRING FUN & ENTERTAINMENT

More Things I Know, Sort Of



By KENNETH B. LOURIE

While I'm discussing problems (see last week's column titled, "What It Is I Do Know"), let me tell you something else I know – and sort of understand: not admitting – to myself, that I may have worsening symptoms which indicate that the semi, symptom-free honeymoon I've been on since my treatment began two years ago is taking a turn for the worse – which it's not (so I say, ergo the problem). My thinking is, if I don't admit to it, it's not really happening (sort of like George Costanza's advice to Jerry Seinfeld on how to beat a lie detector test: "It's not a lie if you believe it").

As asymptomatic as I've been, generally speaking/comparatively speaking, I'm always looking for a sign that might portend trouble, health-wise. My oncologist has answered my "How will I know?" questions with a simple explanation: "Any change or worsening of symptoms, a persistent cough, shortness of breath/difficulty breathing, please call." Logically then, if I'm not experiencing these kinds of symptoms/changes then I'm not slipping away; "slipping" refers to the "slippery slope" reference a few columns ago.

And let's be honest here: my diagnosis, stage IV lung cancer, is hardly the 24-hour flu. It's not going away. It's not getting better. It is, as my oncologist said way back when: "Incurable." He "can treat me, but he can't cure me." Consequently, every day where I don't feel a worsening/change of symptoms is one day closer to the day when I will. I don't know that this is an absolute fact, but stage IV lung cancer survivors are fairly rare. In fact, when we specifically asked my oncologist, after he gave us my 13-month to two-year prognosis, what percentage of lung cancer patients survive beyond two years, his answer was that the percentage was in the low single digits, and as for five years, his answer was "Zero percent." Not emphatically, mind you, but rather convincingly. Then he added: "Could you be the first? Absolutely!"

Hearing that then and continuing to live with it now (25 months post-diagnosis/-prognosis), is the basis for the underlying mental challenges I endure every day. As a long-time salesman, I can characterize my thought process with two well-worn sales adages: "Waiting for the other shoe to drop;" meaning, something bad/discouraging is ultimately going to happen and, "Every no is one step closer to a yes;" meaning, results are just a matter of time, sort of. As the son of a salesman, having grown up in the world of sales and spent my entire adult career as a salesman, I am sensitive to and clearly effected by, these extremely familiar expressions/explanations.

I am not a fatalist, though. Nor am I a pessimist. And I'm not morbid about my rather less than favorable health circumstances. I am a realist, though. And my real approach, given my personality and career choices is: to not accept the reality of my circumstances, think positively and hope that somehow, that combination will win the day (and the night, and the month, year, decade, etc.). Nevertheless, it's impossible to ignore the underlying facts. And occasionally, they are overwhelming and probably the cause for my incessant need to arrange, interpret and clutter those facts/feelings in the confusing and haphazard manner that I do in order to not be driven completely insane by them.

Still, if I were to be really honest here, I'd have to say that my initial diagnosis, given that I'm a lifelong non-smoker, was plain bad luck; and that my most recent, much-better-than-predicted, life expectancy/quality of life, has been just the opposite: good luck. Whether – and how – control or mental fortitude (or diet and exercise) played a role in any of it, I'll never know. And how much longer can I go on not knowing? That's something I definitely don't know. That much I do know.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

Teens Having Fun: What is your favorite way to have fun this spring?

—NISA KATZ



Anna Pleskow, 10th Grade, South Lakes High School

"Hanging out outside with friends on the docks by Lake Audobon and taking pictures."



Victoria Jenkins, 9th Grade, Herndon High School

"Hanging out and chatting with friends, and going to the Reston Town Center."



Zach Deker, 10th Grade, South Lakes High School

"There are so many great things to do, it's hard to choose one. I could be in the mood for soccer, hanging out with friends, trying to get a pick up game, and just

spending time with my family."



Hala Nicolas, 12th Grade, South Lakes High School

"Mall hopping, gelato, milk shakes, and random miscellaneous drives with the windows down and music blasting with friends."



Ellie Shelton, 10th Grade, Herndon High School

"Playing lacrosse on Wiehle Field, hanging out at the Reston Town Center, house hopping at friends houses. Just

hanging out and having fun."



Walker Vaughn, 10th Grade, South Lakes High School

"Hanging out with friends at the Reston Town Center and at their houses playing video games and watching TV."



PHOTO BY MELANIE MILLER-CVILIKAS

The Vocal Jazz Chorus performing at the Walt Disney Festival in Orlando. The Vocal Jazz Chorus took home a Best in Class Award and a Gold Mickey Award.

Performing Magic at Disney World

The Herndon High School Choral and Guitar Departments recently went to Disney World in Orlando, Fla. to compete in the Walt Disney Festival from March 23-27. The Chorus Department Directors Dana and Jim Vanslyke, and Guitar Director Chris Cunningham, took 153 students and 20 adult chaperones to Orlando. The students' performances brought

home many awards.

All five of Herndon's Choral Department's Choruses received Superior rating and the Concert Choir, Show Choir, Vocal Jazz Choir, and Madrigals received Best in Class Awards. The Show Choir was awarded the overall Silver Mickey Award in the Specialty Choir Category. The Vocal Jazz Choir and Madrigals tied for the Gold Mickey Award

in the Specialty Choir Category and Hannah Glass received the Outstanding Vocal Soloist Award for her solos in Vocal Jazz.

The Guitar Department also received honors. Guitar 3 received an Excellent rating and Guitar 4 received a Superior and Best in Class.

—AMIR NOORBAKHSH

SCHOOL NOTES

Eighteen students from Fairfax County Public Schools (FCPS) won first place awards at the 2011 SkillsUSA Virginia State Leadership Conference this past weekend, and Dennis Belyea, who teaches computer systems technology at Edison Academy, was named the SkillsUSA Virginia Advisor of the Year. First place winners included: Nora Barczay, Ahou Goli, Elisha Johnson, and Nina Shostko of South Lakes High School in Entrepreneurship.

Herndon High School students **Patrick Miller** and **Zach Ward** made the All Virginia Orchestra and **Matt Larson, Ryan Little, Kat Lopes,** and **Caitlin Williams** made the All-Virginia Band and Orchestras. **Kevin Hopkins** is an alternate on

English horn.

Robert Snow of Herndon received a bachelor of science in recreation and parks management from Frostburg State University, Frostburg, Md.

Oak Hill residents **John Thomas Palmisano, Alison Virginia Silkworth** and **Molly Caitlin McKee** have been named to the fall 2010 dean's list at Miami University of Oxford, Ohio.

Lila Herk Rieber of Herndon was named to the fall 2010 honors list at Mary Baldwin College of Staunton, Va.

Herndon residents **Nicholas Jacobs** and

Yoshinori Takeda have been named to the fall 2010 president's list at the University of Mary Washington in Fredricksburg.

Katherine Diemer of Oak Hill was named to the fall 2010 president's list at the University of Mary Washington in Fredricksburg.

Oak Hill residents **Alex Harper** and **Jodi Lebolt** have been named to the fall 2010 dean's list at Washington and Lee University of Lexington, Va.

Taylor Malone of Herndon was named to the fall 2010 dean's list at Washington and Lee University of Lexington, Va.

Seahawks Bounce Back From Tough Baseball Stretch

South Lakes snaps three-game losing streak with win over Jefferson.

BY RICH SANDERS
THE CONNECTION

There have been some lopsided losses for the South Lakes High baseball team early on this season. Nonetheless, the Seahawks are gradually improving over the first month of the spring and, in going 3-4 over its first seven games, have received contributions from numerous players.

South Lakes improved its mark in the Liberty District standings to 2-2 this past Friday night, April 1 when they defeated visiting Jefferson, 8-6. The Seahawks overcame an early 3-0 deficit to beat the Colonials and gain their third win of the season overall.

"We're getting better every game," said South Lakes coach Galvin Morris, whose team went 6-16 last year. "Our district is so tough. Teams will be beating up one another all year. It's like the Big East in basketball."

The win over Jefferson snapped a three-game losing streak which had consisted of lopsided defeats at the hands of district opponents Stone Bridge and McLean by successive 11-1 and 11-0 scores, as well as a loss to cross-town rival Herndon, 20-1. Those games were not pretty and South Lakes sorely needed to get back into the win column when it took the field on a cold evening against Jefferson.

The game was originally scheduled to be played at Jefferson High, located off of Braddock Road in Alexandria. But the field conditions on the ball diamond at Jefferson were not good due to recent rainy weather and the game was switched to South Lakes in Reston.

SOUTH LAKES, trailing 3-0, scored a pair of runs in the third inning, the highlight base hit being an RBI double by Will Sweet. South Lakes tied the score at 3-3 in the fourth when pinch runner Austin Schweppe scored on a wild pitch. Schweppe had been

running for Taylor Gose, who had opened the half inning with a single.

The home team Seahawks broke the tie in the fifth inning when Gose, batting with the bases loaded and two outs, earned a clutch RBI walk to make it 4-3 South Lakes. The next batter, David Odlen, then gave his team some breathing room when he knocked a three-run triple to make it 7-3. Jefferson used four walks by Seahawk pitching in the sixth inning to tally three runs and get within 7-6. But in the bottom half of the inning, South Lakes added an insurance run on a sacrifice fly off the bat of Billy McLaughlin to make the score 8-6. Jefferson was held scoreless in the seventh with South Lakes reliever John Beck, who worked 1-1/3 innings, earning the save.

Sweet, the South Lakes starter, worked 5-2/3 innings, allowing six hits, for the win. At the plate, South Lakes finished with eight hits, with Odlen having the biggest night with a double, triple, sacrifice bunt and three RBIs. Two-hit games also came from freshmen shortstop JoJo Lear and McLaughlin, a junior third baseman.

"We started off slow," said Morris, of the comeback win. "They went up 3-0 against us and we battled back. It wasn't a pretty win but we'll take it."

South Lakes' other district win this season came over Langley, 5-3, in a home game on March 22. The Seahawks scored all five of their runs that game in a breakout second inning. The South Lakes hitting star that night was center fielder Ryan Forrest, who smacked a double and two singles to lead the way. Beck, on the mound, allowed one run over four innings for the win.

South Lakes ended Langley's season a year ago when the Seahawks defeated the Saxons in a first round district tournament game. So coach Morris and his players were expecting Langley to come out wanting some payback in the recent meeting.

"I told the kids Langley would come out with a chip on their shoulder because we had ended their season," said Morris.

South Lakes held off Langley and gained the win. But after that, South Lakes lost its next three before the victory over Jefferson.

South Lakes was scheduled to play district games this week at Marshall on Tuesday, April 5 and home against Madison this Friday evening, April 8 at 6:30.



PHOTO COURTESY/LIGHTNING

The under-12 girls' Reston Lightning soccer team won the Gold Division of the Fairfax Police Youth Club Liberty Cup Soccer Tournament this past weekend. The girls on the Lightning are primarily from the Great Falls, Reston and Herndon communities.

SPORTS ROUNDUPS

Annual Reston Little League Parade will be held on Saturday, April 9, at Reston Town Center. The parade will start at 9 a.m. and end at the pavilion.

The 2011 Reston Youth Club Summer League Basketball season is kicking off. Five-hundred youngsters participated in the organization last year, many of whom currently play high school basketball throughout Fairfax County. The season will run from June 20th to July 30th and there will be playoffs and an all-star game. The league will be made up of the following divisions: Instructional boys and girls; 9-under boys and girls; 11-under boys and girls; 13-under girls; 13-under boys; 15-under boys; and 18-under boys. All games will take place in Reston at the Southgate outside courts (off of Glade and Pinecrest), or at South Lakes High School in the event of rain. For more information, go to: <http://www.restonyouthclub.org> or call 703-689-4433.

Reggie Barnes, the Herndon High girls' basketball coach, along with many of his current varsity basketball players, will be running the upcoming Herndon Girls Summer Basketball Camp, set to take place the week of June 27 through July 1 at the United Methodist Church gymnasium. Daily camp times will be from 9 a.m. to 2 p.m. The camp is for girls from the fourth grade to rising ninth graders. The camp will provide instruction on developing basketball skills,

learning the basic fundamentals of the game, rules of the game and the principles of team play, all with an emphasis on having fun. United Methodist Church is located at 701 Bennett Street in Herndon. Anyone interested in attending the camp can register by going to the Herndon High School website, under Athletics, Girls Varsity Basketball, Camps and Clinics link, or by contacting Coach Barnes at reginald.barnes@fcps.edu.

Sarah Kurtz struck out five hitters and Mary Dugan drove in the game's only run as the Herndon High girls' softball team defeated Loudoun Valley High, 1-0, in a non-region high school game played last Friday, April 1.

Fairfax-based non-profit Our Daily Bread, Inc. invites golf enthusiasts of all skill levels to enjoy a great afternoon of golf to help struggling families in the Fairfax County area of Virginia. Our Daily Bread's Charity Golf Tournament is scheduled for Monday, May 16 at the South Riding Golf Club (43237 Golf View Drive, South Riding). Registration and lunch begin at noon, with a shotgun start at 1 p.m. Individual players and teams are invited to register. A \$130 registration fee includes lunch, full round of golf, driving range, golf cart, beverages, raffles, silent auction, dinner and prizes. Sponsorships are welcome. For information on registration, sponsorship and donating goods, visit www.our-daily-bread.org, or call 703-273-8829.

The South Lakes High boys' soccer team gave defending Liberty District champion McLean a strong match in a 2-0 loss to the visiting Highlanders last Friday night in Reston. The Seahawks will travel to Arlington on Thursday, April 7 to take on the Wakefield High Warriors.



PHOTO BY
CRAIG STERBUTZEL/
THE CONNECTION

REAL ESTATE

Send announcements to reston@connectionnewspapers.com. Deadline is Friday for the next week's paper.

Coldwell Banker Residential Brokerage in Reston supported the American Heart Association's national "Go Red for Women" campaign in February. "Go Red for Women" draws attention to the fact that heart disease is the #1 killer of women in the United States and encourages healthier habits. For more information about buying or selling a home in the Fairfax County area, contact Coldwell Banker Residential Brokerage in Reston at (703) 471-7220 or visit www.cbmove.com/Reston.

Coldwell Banker Residential Brokerage in Reston has announced its sales associates, and teams who have earned the company's International President's awards. The winners include: Individual Achievements - President's Club

Bonnie Harrison, Shelley Lawrence, Alexis Norton, Suzanne Parisi, Deborah Pestronk and Vicky Robertson.

Group and Team Achievements - International President's Circle: The Scoggin Home Team; President's Club - Lilyan Dickerson and Heather Watson.

Jim Weichert, founder and president of Weichert, Realtors

®, has been selected for the Inman News list of the 100 Most Influential Real Estate Leaders for 2010. This year's selection is the fourth consecutive year that Weichert was honored with this distinction. Jim Weichert was recognized in the Brokerage category, which is reserved for company leaders who command the attention of real estate professionals through their words and actions. During his more than 40 years of sales experience, Weichert has led the development of Weichert, Realtors from a single office in 1969 to one of the largest privately held real estate companies in the nation.



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When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click the Real Estate links on the right side.



Call Specific Agents to Confirm Dates & Times.



Reston

11711 Stillbrook Ct.....\$387,500.....Sat/Sun 1-4.....Peggy Hamaker.....KDH Real Estate.....703-517-1762
 2325 Glade Bank Way.....\$435,000.....Sun. 2-5.....Wade Gilley.....Keller Williams.....703-679-1700
 2420 Ivywood Rd.....\$439,900.....Sun. 1-4.....Tina DuBrule.....Avery-Hess.....703-448-0485
 2523 Freetown Drive.....\$514,900.....Sun. 1-4.....Stephanie Wayne.....Century 21.....703-965-1643
 & Rachel Pullen & 703-774-8800

Oak Hill

3116 Franklins Way.....\$969,850.....Sun. 1-4.....Keith Harris.....Samson Properties.....703-395-6601

Herndon

723 Grant St.....\$479,000.....Sun. 1-4.....Linda Joy Wilson.....Weichert.....202-326-1300

Vienna

2701 Bellforest Ct #409...\$330,000.....Sun. 1-4.....Ron Fowler.....Weichert.....703-598-0511
 2701 Bellforest Ct#402...\$409,000.....Sun. 1-4.....Ron Fowler.....Weichert.....703-598-0511
 1819 Abbey Oak Dr.....\$819,000.....Sun 1-4.....Casey Samson.....Samson Properties.....703-508-2535
 9530 Leemay St.....\$1,359,000.....Sun 1-4.....Judy Ramsey..Nat'l Capital Land & Dev.....703-447-1554

Oakton

2806 Chariton St.....\$799,500.....Sun 1-4.....Larry Osborn.....Chase Realty.....703-627-2975

McLean

6429 Georgetown Pike...\$1,900,000.....Sun 1-4.....Monica Gibson.....Keller Williams.....703-944-3434
 7322 Churchill Rd.....\$899,999.....Sun 1-4.....Cecelia A. Lofton.....Weichert.....703-508-3968

Ashburn

21925 Gullane Way.....\$539,900.....Sun. 1-4.....Bob Scherbarth.....Century 21.....703-477-1043

Dunn Loring

7950 Parsons Grove.....\$748,500.....Sun 2-4.....Hal Logsdon.....McEneaney.....202-372-6273

Great Falls

902 Winstead Street.....\$1,229,000.....Sun. 1-4.....Holly Weatherwax.....Momentum Realty.....571-643-4902
 991 Falls Chase Ct.....\$1,550,000.....Sun. 1-4.....Eileen Dubose.....National Realty.....703-403-6030

Sterling

20352 Hawick Terr.....\$424,750.....Sun 1-4.....Dina Azzam.....Re/Max.....703-403-3830
 20369 Fallsyay Terr.....\$434,900.....Sun 1-4.....Dina Azzam.....Re/Max.....703-403-3830
 47137 Kentwell Pl.....\$570,000.....Sun 1-4.....Ev Flynn.....Re/Max.....703-795-5994

To add your Realtor represented Open House to these weekly listings, please call Karen Pechacek-Washburn at 703-778-9422 or E-Mail the info to kwashburn@connectionnewspapers.com All listings due by Monday at 3 P.M.

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456 S. Pickett St.
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5663 Burke Centre Pkwy.
(Rt. 123 & Burke Center Pkwy., Behind McDonald's)

CHANTILLY703-631-3800
14154-C Willard Rd.

FAIRFAX CITY.....703-978-4500
(Economy Auto Parts) 3855 Pickett Rd.

FALLS CHURCH.....703-534-1200
431 S. Maple Ave.
(near intersection of Lee Hwy. & Rt. 7)

HERNDON.....703-707-0800
23070 Oak Grove Rd. #100
(Corner of Rt. 606 & Oak Grove Rd.)

FAIRFAX.....703-591-6500
10912 Lee Hwy.

MERRIFIELD.....703-560-1560
(Machine Shop) 703-560-0813
8701 Lee Hwy.

NEWINGTON.....703-339-8300
8196-A Terminal Rd.
(Fairfax County Pkwy. at Terminal Rd.)

STERLING703-450-6600
(LOUDOUN).....703-444-5096
47060 Harry F. Byrd Hwy.
(Rt. 7 at Dranesville Rd.)

VIENNA.....703-281-5700
121 Church St., N.E.
(Behind Vienna Inn)

2 MANASSAS AREA LOCATIONS

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(Champ Auto Parts) 9088 Euclid Ave.

MANASSAS/Rt. 234.....703-368-1002
(Metro).....703-631-1205
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