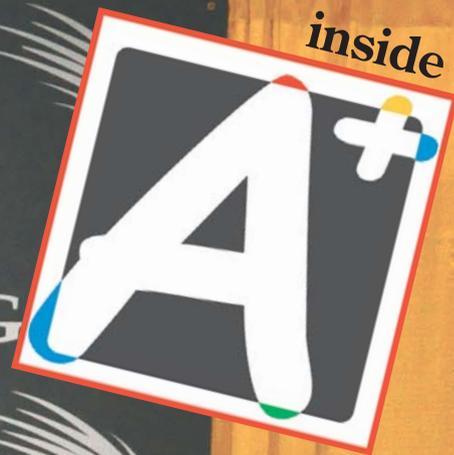


Honoring Herndon's Best

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OPINION, PAGE 6 ♦ ENTERTAINMENT, PAGE 8 ♦ SPORTS, PAGE 13 ♦ CLASSIFIEDS, PAGE 14

PHOTO BY ALEX McVEIGH/THE CONNECTION

From left, Barbara Glakas, Herndon Mayor Steve DeBenedittis, Marvin "Pete" Lindsay and Bob Thomas at the 27th annual Mayor's Volunteer Appreciation Night Sunday, April 18 at the Herndon Community Center. Glakas, Lindsay and Thomas were named Distinguished Service Award Winners, the highest honor given by the town, for 2011.

OF COMMUNITY
QUALITY OF LIFE

Girl Scouts Raise Funds, Awareness for Japan

NEWS, PAGE 4

Changing Price Tag For Phase Two?

NEWS, PAGE 2

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Changing Price Tag for Phase Two?

Rep. Frank Wolf (R-10) cites costs in calling for above ground Dulles Airport station, no Project Labor Agreement.

BY ALEX McVEIGH
THE CONNECTION

Rep. Frank Wolf (R-10) called on the Metropolitan Airports Authority to reverse two major decisions involving the Dulles Corridor Metrorail at a press conference Monday at his Herndon office. He said the board should reconsider their decision to build the proposed Metrorail station at the airport underground, which he said would significantly increase the cost of Phase Two of the Dulles Metrorail. He also called on the MWAA board to reverse their decision requiring a Project Labor Agreement for Phase Two.

Wolf called the situation the “first real hiccup” in bringing the rail to Dulles. He said that any increases would translate to increased tolls paid for by the drivers who use the Dull Toll Road.

“I think the [MWAA] board is out of control,” Wolf said. “This is an indication that they’re out of touch with the people in the region, because most people favor the rail to Dulles, but want to do it on budget and on time.”

THE PROJECT LABOR AGREEMENT would call for all construction contracts to be awarded to unionized firms. Dozens of protestors showed up at Wolf’s Herndon office Monday to protest his call to forego the use of a PLA, but Wolf said such an agreement would result in cost overruns.

“While the contract for Phase One carried such an agreement, it was entered into voluntarily by Dulles Transit Partners and



PHOTO BY ALEX McVEIGH/THE CONNECTION

Bechtel after the contract was signed, and expressly exempted merit shop contractors from agreeing to the PLA,” wrote Wolf in an April 18 letter to Charles D. Snelling, chairman of the MWAA Board of Directors. “It is my understanding that several large construction firms have indicated that they will not even submit a bid for Phase Two if they are required to agree to a PLA. Fewer bids will decrease competition and drive up costs.”

Wolf was not alone in saying that the underground station at Dulles Airport would be a poor decision. Leo J. Schefer, president of the Washington Airports Task Force, said that the above ground option was created after the groups involved did their due diligence.

“Last July, when the two options were put out for public comment, of above ground and below ground station, we looked into the matter, we made comparisons with National Airport where there is an above ground station,” he said. “We concluded

that because you’ve got the north parking structure at Dulles, which is used by about 10 percent of the airport’s travelers today, then you would have the above ground station on the terminal side of that. We wouldn’t see any increase in ridership as a result of putting the station underground.”

Schefer said that an above ground station could become an integral part of the airport itself, a possibility that wouldn’t be possible with a below ground station.

“We could see in the future an above ground location, a baggage drop, maybe automated ticketing or boarding passes, right there by the station to serve the passengers, which would allow the passengers to go straight through into the security mezzanine,” he said. “There’s really a lot of advantages.”

Lon Anderson, director of Public and Government Relations for AAA Mid-Atlantic, said the increase in cost wasn’t a political issue as much as it was something that is going to effect every single driver who uses

the Dull Toll Road.

“AAA has nothing to do with politics, it has everything to do with the motorists being the ones who shoulder 57 percent of the cost for this rail line,” he said. “To escalate another \$330 million when that is within their control is about four years worth of tolls in the toll road.”

Anderson also mentioned the Greenway, which has already seen recent increases, and said further increases could squeeze drivers even more.

“When you add the tolls that they’re projecting on the toll road, plus tolls on the Greenway you’re going to have, for many families who use both roads to commute, a payment that is equal to or larger than many car payments. It’s no longer dropping quarters,” he said. “Motorists are paying a huge part of this, and they’re not at the table.”

WOLF SAID he hopes to continue to persuade the MWAA to reconsider their decision.

“The next step is to just keep urging the airport authority to reverse this position so we can put this station above ground,” Wolf said. “Everyone but the airport authority now believes that the station should not be underground.”

While Schefer and others disagreed with the MWAA’s decision, he said he believed they should still be in control of the project.

“The airports authority has a 25 year track record of bringing major projects in on cost and on time, and funding those projects themselves,” he said. “I’m hopeful that this is just a temporary aberration. Everybody occasionally makes mistakes. We’ve all got to focus on the goal, the goal is to get rail built to Dulles and into Loudoun County in the most cost-effective and efficient way possible.”

Dulles Station Decision Called ‘Outrage’

Wolf, Fairfax Board oppose underground station.

BY NICHOLAS HORROCK
THE CONNECTION

After nearly two weeks of unrelenting pressure from federal, state and local authorities, the Washington Metropolitan Airports Authority hasn’t caved in, but it certainly blinked Monday.

On April 6, the WMAA board voted 9 to 4 to build an underground subway station at Dulles International Airport. It was the more expensive by \$330 million than the alternative design considered at that session.

The vote came after pleas from Fairfax

and Loudoun Counties and the State of Virginia to choose a less expensive plan and in the face of unrelenting criticism by Rep. Frank Wolf (R-10) that WMAA was squandering funds needlessly in the project.

ON APRIL 12, the Fairfax Board of Supervisors voted unanimously to approve a letter sent in the name of Fairfax, Loudoun County and the State of Virginia calling the decision an “outrage.”

“We cannot and will not fund the additional cost of the tunnel alternative in Dulles Airport when a less expensive alternative can be constructed with less risk and shorter period of time,” the letter said.

It complained that the decision had been made “in isolation” without consulting Fairfax, Loudoun and Virginia officials. All three jurisdictions share large amounts of the Dulles subway project and all can be committed to its costs.

The letter demanded that the total Phase

2 project costs come closer to an earlier \$2.5 billion estimate and include all garages, bus bays and ancillary station facilities in the preliminary cost estimate. “Fairfax and Loudoun Counties will not accept 100 percent of the cost or the construction risk for these garages.”

It wants a rail yard to accommodate 180 rail cars, not 250 and “use prevailing wage rates rather than Davis-Bacon rates.”

The letter asked for a feasibility study of the impact on rates along the Dulles Toll Road before the Virginia partners can approve the plans.

Many members of the Fairfax board expressed anger at the WMAA decision. Pat Herrity called it “taxation without representation” and even such mild members as Linda Smith moved to express “outrage,” rather than “disappointment” or a lesser word. Herrity argued that using Davis-Bacon wage rates alone inflated the cost by \$300 million.

On Friday Mame Riley, chairwoman of the Dulles rail committee told the Washington Post that “reopening the issue would not be in the best interest of the public and the authority we serve.”

“I’m not going to put it on the (committee) agenda and if it came up in the board meeting, I’d vote against it.”

ON MONDAY her boss, Charles D. Snelling, the chairman of the WMAA board, sent a letter with a lot more conciliatory message to the three partners. He wants a meeting, dated unspecified and “I want to emphasize at the outset that we greatly value our partnership with you and our other regional partners, and we respect your input and opinions.”

The WMAA board scheduled two special meetings this week with large amounts of executive session time, suggesting their may be an internal dispute.

From left, Bob Thomas, Barbara Glakas and Marvin "Pete" Lindsay were awarded the 2011 Distinguished Service Award at the 27th annual Mayor's Volunteer Appreciation Night April 17 at the Herndon Community Center.



PHOTOS BY
ALEX MCVEIGH/
THE CONNECTION

Honoring Herndon's Best

More than 360 volunteers recognized at Mayor's annual Volunteer Appreciation Night.

BY ALEX MCVEIGH
THE CONNECTION

During the 27th annual Herndon Mayor's Volunteer Appreciation Night Sunday, April 17, Mayor Steve DeBenedittis was reading the qualifications of the first Distinguished Service Award winner of the year. As Marvin "Pete" Lindsay, listened to DeBenedittis talk about the winner's service for the Council for the Arts of Herndon and the Towne Square Singers, it dawned on him: he was a winner.

"It was quite a surprise, definitely a special thing to receive," Lindsay said. "I get plenty of enjoyment trying to entertain people, and it's always easy to help out when you enjoy it."

DeBenedittis said "there isn't one thing we've done that could have happened without his help."

Lindsay was one of three honorees for this year's Distinguished Service Award, which were announced at the Herndon Community Center, along with Bob Thomas of Herndon Reston Youth Softball and Barbara Glakas of the town's Cultivating Community Initiative.

"Volunteering is about taking action, encouraging individuals to foster that positive action," DeBenedittis said. "We're here to celebrate the power of the volunteer."

Glakas said she had no idea she would be recognized this year.

"I look around this room, and see all the people who volunteer and do a lot for this community, and it's hard to believe," she said. "I just enjoy helping wherever I can, and I've really enjoyed the camaraderie I've developed with my fellow volunteers."

Thomas, who serves as the commissioner of Herndon Reston Youth Softball, says his goal has always been to train youth, particularly girls, the importance of hard work and competition.

"It's so critical for youth to learn how to train, condition and compete, and it will help them down the road, long after they're done with softball," Thomas said. "I've had many girls come back after finishing



Herndon Mayor Steve DeBenedittis thanks more than 360 Outstanding Service Award winners at the 27th annual Mayor's Volunteer Appreciation Night at the Herndon Community Center Sunday, April 17.

college and say that the things they learned playing softball gave them the confidence to chase that job, or take that next step. That's great to hear, because it means we've done what we want to do: provide an environment to grow."

More than 360 volunteers were recognized as Outstanding Service Award recipients, having provided more than 100 hours of service in the Herndon community throughout the year.

Scott Thuman, a reporter with ABC7 News served as the event's guest speaker. He said that events like this helped him realize that there's more to the Washington, D.C. area, which is so often only noted for political conflicts.

"There are the kinds of stories you don't usually hear, but it's a way to connect with the people, which is why I do what I do," Thuman said. "It makes it a lot easier to get up every morning at 3 a.m. when you realize that most people watching are like the people here today."

The Distinguished Service Award is the highest level of recognition in the Town of Herndon, with only three or four recipients per year. According to the town's website, nominees "must have displayed extensive, community-wide volunteer support, a willingness to assume multiple responsibilities and a long-term dedication to the Herndon community through volunteer support."

Local Student Selected to Attend National Leadership Conference

Cory Rahman of Herndon has been selected to participate in the National Student Leadership Conference on Mastering Leadership this summer at the University of Maryland.

During the conference, Rahman will attend specialized workshops and classes designed to develop the skills and traits that define a leader. Leading professionals and professors from top colleges facilitate the programs and engage the students in hands-on activities that provide students with a day-in-the-life understanding of a prospective career. Trips and tours also enhance the student's experience by tailoring them to their specific conference.

Rahman will also have the opportunity to meet with and learn from recognized leaders. Past guest speakers have included: Secretary of Education Rod Paige, Surgeon General Richard Carmona, Secretary of Defense Robert Gates, CIA Director Michael Hayden, Secretary of Veterans Affairs James Nicholson, Supreme Court Justices Anthony Kennedy, David Souter and Sandra Day O'Connor, as well as U.S. senators, representatives, governors, ambassadors and leaders in the fields of medicine, business, engineering, diplomacy, law, politics journalism and the arts.

This year, thousands of high school students from across the United States will find themselves immersed in a learning environment unlike any they have ever experienced. These young leaders spend time with



Cory Rahman was selected to attend the National Student Leadership Conference this summer at the University of Maryland.

other high-achieving students who share the same drive to succeed. Then they will return to their schools with increased potential and newly developed abilities that will enable them to make a positive difference in their communities.

"Students develop a sense of independence and responsibility," said Dr. Paul M. Lisnek, NSLC Leadership Professor and former Assistant Dean of Loyola University Chicago School of Law. "They leave with a true feeling of accomplishment and confidence in their ability to handle the challenges that lie ahead."

The NSLC is entering its 21st summer, continuing with a mission: identify and recognize outstanding young leaders from around the world and provide them with a unique learning environment that encourages not only academic achievement, but also diversity, cooperation and social responsibility.

SCHOOL NOTES

Thomas C. Loper III, son of Thomas C. Loper II and Kathleen S. Loper of Herndon, has received an appointment to the Class of 2015 at the United States Military Academy at West Point. Loper is scheduled to graduate from Marion Military Institute in May 2011.

Herndon High School students **Patrick Miller** and **Zach Ward** made the All Virginia Orchestra and **Matt Larson**, **Ryan Little**, **Kat Lopes**, and **Caitlin Williams** made the All-Virginia Band and Orchestras. **Kevin Hopkins** is an alternate on English horn.

Robert Snow of Herndon received a bachelor of science in recreation and

parks management from Frostburg State University, Frostburg, Md.

Oak Hill residents **John Thomas Palmisano**, **Alison Virginia Silkworth** and **Molly Caitlin McKee** have been named to the fall 2010 dean's list at Miami University of Oxford, Ohio.

Lila Herk Rieber of Herndon was named to the fall 2010 honors list at Mary Baldwin College of Staunton, Va.

Herndon residents **Nicholas Jacobs** and **Yoshinori Takeda** have been named to the fall 2010 president's list at the University of Mary Washington in Fredericksburg.



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NEWS



Diane Noserale teaches Girl Scouts about weather-related disasters at the Girl Scout SU 51-7's "SOS Save Our Sisters" Japan Disaster Relief event on April 16 at Nysmith School in Herndon.



PHOTOS BY THERESE P. HOWE

Alexandra Toner shows off an origami crane she made at the Girl Scout SU 51-7's "SOS Save Our Sisters" Japan Disaster Relief event on April 16 at Nysmith School in Herndon.

Helping Japan

Herndon Girl Scouts raise funds, awareness for Japan.

Herndon Girl Scouts raised about \$434 for Japan Girl Scouts during an April 16 "SOS Save Our Sisters" Japan disaster relief event at Nysmith School in Herndon. All proceeds were sent to the Girl Scouts of Japan.

About 35 Girl Scouts ranging from kindergartners to high school students participated in the event coordinated by Girl Scout troop leaders Amy Fujii and Therese Howe of Service Unit 51-7, Association 51. "More than just raising funds for Japan disaster victims, we hoped to inspire the girls to go on and conduct their own disaster relief events by teaching them skills and showing them examples of fundraising activities that they could do as troops or by themselves," Howe said.

The event also offered opportunities for older Girl Scouts to demonstrate and practice their leadership skills by leading activities and demonstrations at the event.

Girl Scouts from Junior Troop



Teen Girl Scout Morgan Volpe leads a group of Daisies and Brownies in emergency preparedness activities at the Girl Scout SU 51-7's "SOS Save Our Sisters" Japan Disaster Relief event on April 16 at Nysmith School in Herndon.

777 demonstrated kendo, the Japanese martial art of swordfighting. Older Girl Scouts also led activities to teach younger girls about weather-related disasters such as thunderstorms, light-

ning and tornados. They used balloons to explore the concept of static electricity, exploded brown paper bags with their hands to

SEE GIRL SCOUTS, PAGE 5

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BULLETIN BOARD

To have community events listed in the Connection, send to herndon@connectionnewspapers.com. Deadline is Friday.

SATURDAY/APRIL 23

Kids' Trout-fishing. 8 a.m.-12 p.m.
Snakeden Branch stream between Soapstone Drive and Lake Audubon, Reston. Snakeden Branch will be stocked with trout, all necessary equipment will be provided. Wear shoes that can get wet and muddy. Children must be accompanied by an adult. Ages 2-12. Reserve a child's fishing rod at 703-435-7986 or habrock@reston.org.

SUNDAY/APRIL 24

Alzheimer's Caregiver Support Group. 6 p.m. Sunrise of Reston, 1778 Fountain Drive, Reston. 703-956-8934.

Girl Scouts

FROM PAGE 4

mimic thunder, and discovered how to signal "SOS" using flashlights and whistles.

"We wanted to tie in the Japan tsunami and earthquake disaster to weather events that the girls could connect to here in our region," Howe said.

At the event, girls also wrote messages of encouragement and sympathy to the Japanese people as part of Hope Letters, an online campaign to translate letters to Japanese and send them to the shelters in affected areas.

"The event was a great way to not only raise money for Japan but to raise awareness," Fujii said. "The Girl Scouts learned more about Japan to show their support for their sister Girl Scouts who were impacted by the earthquake and tsunami. The disaster preparedness activities at the event were also important to teach the girls that disasters can happen to anyone, even them, and that it is important to be prepared."

Admission to the event was free, but donations were requested for activities such as face painting, making origami cranes and creating Japanese flag pins out of beads. Sales of baked goods donated by Daisy Troop 4102 also contributed to the funds raised.

"I am glad we had so many Daisies and Brownies in attendance learning about Japan, Japanese culture, and emergency preparedness," said Service Unit Manager Bev Lesser, whose two daughters, both Girl Scouts, taught girls how to make origami cranes. "From the smiles I saw, I'd say it was a very successful event. Thank you so much to Nysmith School for opening their doors to our girls."



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9 Things You Must Know Before Putting Your Home Up for Sale

Washington, D.C. A new report has just been released which reveals the 7 costly mistakes most homeowners make when selling their home, and a 9 Step System that can help you to avoid them and sell your home fast and for the most money.

This industry report shows clearly how the traditional approaches to selling homes have become increasingly less effective in today's complex and fast paced society. The fact of the matter is that three quarters of home sellers don't get what they want for their homes, become disillusioned and - worse - financially disadvantaged when they put their homes on the market.

As this report shows, most home sellers make the same 7 deadly mistakes costing them thousands of dollars needlessly. The good news is that each and every one of these mistakes is preventable. In answer to this issue, industry insiders have prepared a FREE, Special Report called, "The 9 Step System to Get Your Home Sold Fast and For Top Dollar."

To learn more and order your personal copy of this FREE Special Report just call, toll-free, 1-800-363-0356 and when prompted enter ID # 2000 You can call any time, 24 hours a day, 7 days a week. Get this FREE Special Report NOW to find out how you can get the most money for your home in today's market.

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7:30 p.m. Eucharist*

APRIL 22
GOOD FRIDAY
12:10 p.m. Way of the Cross*
7:30 p.m. Liturgy of Good Friday*

APRIL 23
HOLY SATURDAY
9:30 a.m. Liturgy of Holy Saturday
8:00 p.m. The Great Vigil of Easter

SUNDAY, APRIL 24
EASTER DAY
7:30 a.m. Eucharist
9:00 a.m. Choral Eucharist*
11:15 a.m. Choral Eucharist*

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OPINION

Please Share

Call for Mother's Day Photos, and Father's Day; prom photos also.

Every year at this time, the Connection puts out the call for photographs of moms and their children, grandmothers and their children and grandchildren. Most years, we're lucky enough to receive a photo or two that includes four generations, great-grandma and all the rest.

Mother's Day is Sunday, May 8, and once again the Connection will publish a selection of Mother's Day photos, celebrating the mothers who make so many things possible in families, businesses, communities, schools and other institutions in local neighborhoods.

EDITORIAL

Send in photos in jpeg format as soon as possible, including the full names of the people in the picture, hometowns, the approximate date and location the picture was taken, the ages of the children and sentence or two about the people and/or event.

Father's Day is June 19, so a few weeks from now it will be time to send photos of Dads and children, grandfathers and children and grandchildren.

PROMS AND ... While Connection photographers and writers will likely attend some proms as schedules permit, we also urge parents and students to document their proms (or

alternative activities) and send in photos in jpeg format, and also including who, what, where, when and why.

Send photos and text to herndon@connectionnewspapers.com.

Share Your Poetry

April is National Poetry Month, and we're extending an invitation a little late in the month this year, but we invite poets to send in submissions for inclusion in our papers and/or online. Are you a poet? The Connection will print poetry submitted by readers this spring, and occasionally throughout the year.

Seven Reasons to Buy Now

BY MORTEZA GHALAMBOR
CEO/PRESIDENT OF TPI GROUP,
INC.

ONE: HOME PRICES ARE AFFORDABLE

Because of the housing market correction, prices are affordable in Virginia/Maryland. On average, prices are down by more than 25 percent from the peak in 2005. (According to Zillow Statistics at Zillow.com and the National Association of Realtors)

It is a good time for first time home buyers, because there are many low priced homes to choose from. Low home prices combined with low interest rates makes buying cheaper than renting, plus the fact that you can still buy with only 3.5 percent down payment.

This is also a good time for investors to buy residential rental property because they can cover their expenses with rent, due to the increased demand for rental properties following the foreclosures of so many homes. Investors will be able to have positive cash flow from the rentals because the rental income will exceed the low carrying costs of the property (investors need only 25 percent down payment to buy).

Real estate cycles generally run 7 to 12 year swings and we are at the bottom of a cycle now. Real estate prices are as low as they are likely to get. In fact there are indications that the market will start a moderate upswing cycle.

TWO: INTEREST RATES ARE AT A HISTORIC LOWS

While interest rates have been inching up in recent weeks, they are still at a historic lows. At approximately 4.625 percent (as of March 2011), this is close to the lowest rate in over 40 years.

Example: a \$280,000 mortgage

on a townhouse carries a monthly cost of less than \$2,000 including all expenses.

THREE: HOUSING PRICES HAVE STABILIZED AND ARE STARTING TO RISE

Since the peak of the real estate market 2004-2006 prices on homes have come down from 25 to 45 percent as the market collapsed, sub-prime lending to many was the culprit of this bubble we lived and is nonexistent any more.

Prices in the metropolitan area of Washington have stabilized and this point was reinforced by the Virginia Association of Realtors. In their report, "Trends in Virginia's Housing Markets," they say that median sales prices in the third quarter of 2010 have increased 6 percent compared to the third quarter of 2009.

FOUR: ECONOMIC STABILITY AND EXPECTED GROWTH IN NORTHERN VIRGINIA

The economy in Northern Virginia will continue to grow in the future, drawing more people to the area, who will require housing, since it is a leading center for technology, defense, aerospace/aviation, IT, telecom and bioinformatics and other industries.

Northern Virginia has a low unemployment rate and has proven to be resilient in times of recession because of its proximity to Federal Government.

According to Gerald Gordon, president of the Fairfax County Economic Development Authority, in addition to Volkswagen and Hilton that moved here last year, several other companies are currently speaking with Virginia authorities about relocating here.

According to Stephen S. Fuller,

director of the George Mason School of Public Policy's Center for Regional Analysis, "we have the largest concentration of IT as well as a host of top tier hospitals that, along with bioinformatics research industry, will draw more people into the area"

FIVE: HEDGE AGAINST INFLATION

According to Smart Money magazine (Jan. 2011), we have been experiencing deflation since the early 1990s, and that cycle is slowly reversing itself. They advise holding real estate as a hedge against future inflation. He notes that "during the stagnation nightmare of the 1970s, real estate had a strong run."

And if inflation comes Real Estate owners will be the primary beneficiaries of asset protection.

SIX: LENDERS MAY LOOSEN STANDARDS

Tight lending restrictions have hurt the housing market in the last couple of years. However, The National Association of Realtors (NAR) has been lobbying lenders

and expects that lending restrictions will ease as the economy improves.

SEVEN: GOOD RETIREMENT PLAN

For people who are close to retirement, buying a property that produces rental income that's likely to increase with inflation makes a good long-term investment. Rentals bring in a steady income stream at a higher yield than most other fixed income investments.

Also, you can use your IRA assets to buy real estate investment property. Owning a home is much safer than owning stocks and the combination of low prices and low interest rates makes this the ideal time for investing, we at TPI Group are always ready to assist you and answer your concerns.

Please contact us for any inquiry, our consultations are free. We are located at 8601 Westwood Center Drive #240 in Tysons Corner/Vienna. Tel: 703-288-1998, email Morteza@tpigouprinc.com

LETTERS

Unaffordable Housing

To the Editor:

Your editorial [In Praise of Workforce Housing, Connection, March 30-April 5, 2011] is on the mark, but unfortunately, Supervisor Foust is not going along. He just recently paid \$3.5 million for four affordable rent houses and tore down three with two more to go, "to straighten the boundary of McLean central park." His rationale is that the owners

would build big houses and spoil the park. Apparently, the option of having a contractor refurbish them for the kind of workers that need them never entered into the decision making process. According to an article in the Connection, Foust's Dranesville district has the lowest percentage of affordable housing in Fairfax county. It is now lower.

John Rudzki
McLean

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NEWS

Easter Baskets for Children

Floris United Methodist Church members and friends donated six hundred Easter baskets to the children ages 2-14 in 10 shelters throughout Fairfax and Loudoun counties. Pictured, from left: Sienna Sullivan, Kayse Umbaugh and Diante Robinson.



Herndon High Navy Junior ROTC Wins Regional Competition

The Herndon High School Navy Junior ROTC unit finished the 2010 - 2011 competition year with a first place overall finish in the Northern Area Five Regional Meet. The meet was held at Bowie High School on March 26. The Herndon unit competed against 10 other teams and placed third or higher in all competition events. The unit earned first place in overall drill, the broad jump, 16x100 relay, 8x200 relay athletic events and armed drill event. Cadets Mark Frost and Alex Polk earned top finishes in the knock-out competition. The unit was coached by instructors Richard Cassara and John Maness.

Winning Tae Kwon Do Trophies

From left, Alexandra Bram, 5, Mason Bram, 10, and Mackenzie Bram, 7, from H.K. Lee Academy of Tae Kwon Do in Herndon show off their new trophies that they won at the National Capital Open Tae Kwon Do Championship on April 2 at South Lakes High School.



PHOTO BY NISA KATZ

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Reston resident Jeremy Novak explains how he built geothermal wells to heat his house, rather than replace his 30-year-old heat pump at the Walker Nature Education Center Friday, April 15.



PHOTOS BY ALEX McVEIGH / THE CONNECTION

Exploring Green House Effects

Reston Nature House hosts showing of "The Green House."

By ALEX McVEIGH
THE CONNECTION

When it came time for Reston resident Jeremy Novak to replace the two 30-year-old heat pumps in his house, he decided to think outside the box.

"I'd been patching them up for 30 years, they were builder's grade and not very efficient," he said. "So I decided to take out the heat pumps and put in a geothermal heat pump. Between the tax credit and the amount I would have spent on new heat pumps, they didn't cost anymore."

Novak dug three 220-foot geothermal wells, which uses fluid heated by the earth's natural heat, to heat his house and provide hot water. He says the difference between his system and the old heat pumps is tangible.

"My house is more comfortable, it controls humidity better and most of the time I can't even tell when the heat comes on," he said. "I put it in about five months ago, and have already saved about \$1,100 on my heating bill."

GEOTHERMAL WELLS are also used at the Walker Nature Education Center in Reston, which was where Novak told his story. He told it Friday, April 15 at Sustainable Reston's Environmental Film Night, where "The Green House" was shown.

The film told the story of the first carbon-neutral house in the Washington, D.C. area, located in McLean. Designed using progressive environmental stan-



This house in McLean is the area's first carbon-neutral house, and was certified LEED platinum after it was completed in October 2009 and is the subject of the film "The Green House," which was shown April 15 at the Walker Nature Education Center.

dards, the house was built over about eight months in 2009.

The original house was demolished (with 98 percent of the material being recycled), and then a group of designers got together to make an environmentally friendly residence.

Everything from the house's alignment to room design was done to maximize energy efficiency. Geothermal power, as well as energy saving techniques such as a metal roof (it cools faster than traditional asphalt), radiant floor heating (which heat rooms from the floor, rather than ducts), energy saving appliances (the sub-zero refrigerator uses about the same amount of power as a 100-watt light bulb) and non-volatile

organic compound paints and furniture led to the building being certified LEED platinum.

"It was wonderful to see how beautiful sustainable design can be," said Jacqui Higgins, president of Accents by Design, the interior decorator of the Reston Nature House. "Even if you can't do everything they did in the film, every little bit helps."

Heating and cooling houses use about 43 percent of energy use nationwide. Troy Tanner, president of the Home Energy Detective, a company that conducts energy audits of homes to make them more efficient, said that number can be brought down with proper techniques.

"You have to look at a house as a whole system, not just getting better windows, or something like that," he said. "Now, to be LEED platinum is going to cost some money, but there are things you can do to seal your house up. That means you can use smaller equipment that will carry a smaller electrical load."

THE RESTON NATURE HOUSE, which was constructed around the same time as the house in the movie, is certified LEED gold. Katie Shaw, manager of the Nature House, says it can serve as an example for the community about what an environmentally friendly house is like.

"We've got many environmentally friendly features that you can come and see, touch and feel, to see if you like it," she said.

As for Novak, he still remembers when he turned on his new system for the first time. "At first, I thought it wasn't working, it wasn't making any sound," he said. "But it was working. And now the only heat pumps I hear belong to my neighbors."

ENTERTAINMENT

Send announcements to reston@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com.

THURSDAY/APRIL 21

Jessie and James: Mutts Gone Nuts! 2:30 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Jessie and James and their pack of mutts present a comic dog show with juggling, rope walking and crowd play. All ages. 703-242-4020.

Book Discussion. 7 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. *Anil's Ghost* by Michael Ondaatje. Adults. 703-242-4020.

Preschool Storytime. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Stories and activities. Age 3-5 with adult. 703-689-2700.

FRIDAY/APRIL 22

Ringling Bros. and Barnum & Bailey Circus. 1 p.m. and 7:30 p.m. George Mason University Patriot Center, 4500 Patriot Drive, Fairfax. Tickets \$7-\$15. www.ringling.com or 202-683-3238.

Vocalist Azam Ali. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. \$30-\$65. A sophisticated exploration of Iranian, Turkish, Lebanese, and Kurdish lullabies. cfa.gmu.edu.

SATURDAY/APRIL 23

Ringling Bros. and Barnum & Bailey Circus. 11:30 a.m., 3:30 p.m. and 7:30 p.m. George Mason University Patriot Center, 4500 Patriot Drive, Fairfax. Tickets \$7-\$15. www.ringling.com or 202-683-3238.

"Ride to Provide" with Washington Redskins Players. 8:30 a.m. Reston Town Center, 11900 Market St., Reston. Washington Redskins Lorenzo Alexander and Kedric Golston, other current and former Redskins and media personalities will ride on the W&OD Railroad Regional Park Trail for a 10, 20 and 35 mile scenic bike ride to raise money for the ACES Foundation, benefiting local underserved youth, disaster relief efforts in Japan and African orphans.

Win prizes, including Redskins game-day and VIP training camp tickets, hotel packages, autographed memorabilia and more. www.RideToProvide.org.

Culture Performances Showcase. 7 p.m. George Mason University Harris Theater, 4400 University Drive, Fairfax. Ethnic Chinese dance and music. Sponsored by the New World Bilingual Institute. Free admission. 703-978-7905 or nwb11@yahoo.com.

FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

Washington Plaza Baptist Church, 1615 Washington Plaza in Reston, has regular weekly Sunday worship services at 11 a.m., followed by lunch together at 12 p.m. 703-471-5225 or www.washingtonplazabaptistchurch.com.

***Maundy Thursday Service, April 21.** 7 p.m. Experience Christ's last night through narration and music.

***Reston Community Good Friday Service, April 22.** 12 p.m. Share the story of Christ's last hours through scripture & prayer.

***Easter Sunday, April 24.** 8:30 a.m. Sunrise service outside with music and prayer; 9 a.m. breakfast in the Plaza Room; 9:45 a.m. children's Easter Egg



The Weekend Bluegrass Concert Series presents Mill Run on Saturday, May 14 at 7:30 p.m. at Holy Cross Lutheran Church, 1090 Sterling Road in Herndon. The traditional bluegrass band from Disputanta, Va. features the husband and wife team of Bobby Goff, Jr. and Billie Sue Goff.

Tickets are \$12. <http://millrunbluegrass.intuitwebsites.com>.

SUNDAY/APRIL 24

Ringling Bros. and Barnum & Bailey Circus. 1 p.m. and 5 p.m. George Mason University Patriot Center, 4500 Patriot Drive, Fairfax. Tickets \$7-\$15. www.ringling.com or 202-683-3238.

MONDAY/APRIL 25

English Conversation. 10:30 a.m. Oakton Library, 10304 Lynnhaven Place, Oakton. English practice for adult non-native speakers. 703-242-4020.

Easy Reader Book Discussion - Level 2. 3 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Read a book aloud and enjoy a related craft. Call for title. Age 6-7. 703-689-2700.

ESL For Jobs. 6 p.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. English conversation and job skills. Adults. 703-689-2700.

TUESDAY/APRIL 26

Guest Author Tom Jones. 7 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Jones will discuss his latest books about space exploration. Book sale and signing. Adults. 703-242-4020.

One-on-One Computer Tutoring. 7 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Internet, Word and Excel basics. Adults. 703-242-4020.

ESL Advanced. 10:30 a.m. Reston Regional Library, 11925 Bowman Towne Drive, Reston. Adults practice

Hunt behind the church; 10:45 a.m. Worship Celebration with the choir; 12 p.m. coffee downstairs (no lunch this day).

Oakton United Methodist Church, 2951 Chain Bridge Road in Oakton, has announced their Holy Week services. 703-938-1234 or www.oaktonumc.org.

***Maundy Thursday Service, April 21.** Worship, Communion and Pastor Don Hawks' sermon "Jesus and the Farewell Dinner."

***Good Friday, April 22.** "The Seven Last Words of Jesus on the Cross." Word 1, Luke 23:34 at 12 p.m. Word 2, Luke 23: 43 at 12:25 p.m. Word 3, John 19: 26 at 12:50 p.m. Word 4, Matthew 27: 46 at 1:15 p.m. Word 5, John 19:28 at 1:40 p.m. Word 6, John 19:30 at 2:05 p.m. Word 7, Luke 23:46 at 2:30 p.m.

***Easter Sunday Services, April 24.** 8:30 a.m. in the Chapel and 10:55 a.m. in the Sanctuary. The Sanctuary Choir, instrumentalists and Pastor Don Hawks' sermon "Jesus and the Last Word."

www.ConnectionNewspapers.com

English in a group with a volunteer facilitator. 703-689-2700.

WEDNESDAY/APRIL 27

Thirty Seconds To Mars. 7 p.m. George Mason University Patriot Center, 4500 Patriot Drive, Fairfax. \$32.50-\$39.50, available at www.ticketmaster.com or 703-573-SEAT. Accessible seating is available at 703-993-3035. www.thirtysecondstomars.com or www.patriotcenter.com.

Advanced Birding Course: Bird Biology and Natural History. 7 p.m. National Wildlife Federation, 11100 Wildlife Center Drive, Reston. Major habitat types, migration, reproduction, plumage variations and more. \$10-\$45. 703-438-6008 or info@audubonva.org.

Senior Movie Day: "Wall Street: Money Never Sleeps." 10 a.m. Reston Town Center Theater, 11900 Market St., Reston. Free for age 55 and older. The Reston Association and Reston Town Center Theater present "Meet Me at the Movies." Refreshments and door prizes. www.reston.org or 703-435-6577.

One-on-One Computer Tutoring. 3 p.m. Oakton Library, 10304 Lynnhaven Place, Oakton. Internet, Word and Excel basics. Adults. 703-242-4020.

Bunnies, Bunnies, Everywhere Preschool Storytime. 11 a.m. Herndon Fortnightly Library, 768 Center St., Herndon. Songs, rhymes and stories about bunnies. Age 2-5 with adult. 703-437-8855.

24. 8:30 a.m. in the Chapel and 10:55 a.m. in the Sanctuary. The Sanctuary Choir, instrumentalists and Pastor Don Hawks' sermon "Jesus and the Last Word."

Trinity Presbyterian Church, 651 Dranesville Road in Herndon, invites everyone to their Holy Week events. 703-437-5500, office@trinityherndon.org or www.trinityherndon.org.

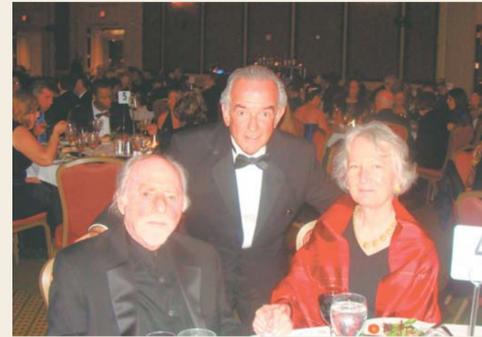
***Maundy Thursday Service, April 21** at 7:30 p.m.

***Good Friday Service, April 22** at 7:30 p.m.

***Easter Sunday Services, April 24** at 8:30 a.m. and 11 a.m. Two worship services with Holy Communion.

The Vajrayogini Buddhist Center will offer a Monthly Meditation Class at 1 p.m. on May 7 and May 14 at Brown's Chapel, 11450 Baron Cameron

www.ConnectionNewspapers.com



Rudy Tassara (standing), pictured at the last year's event with Reston founder Bob Simon and his wife Cheryl Terio Simon. Simon praised the event as a 'fantastic combination of location, food and music.'

Tango Comes to Reston

One of the most elegant and entertaining evenings of the year is once again coming to Reston: On Saturday, April 23, the Herndon Rotary Club with the support of the Haitian Embassy of Washington D.C. is sponsoring a special evening at the Reston Hyatt Regency Hotel featuring a live 30-piece orchestra, professional tango dancers and instructors, and a three-course dinner with complimentary Argentine wines.

Tango, popularized in the U.S. by the movies of Rudolph Valentino in the 1920s, has seen a recent resurgence in popularity thanks to Dancing With the Stars.

Argentine born Herndon businessman Rudy Tassara, who grew up with a passion for tango, has been planning every detail of the evening for months with a committee of business and professional leaders from

the Herndon-Reston community. The atrium of the Hyatt will welcome arriving guests with a cash bar, a wide variety of silent auction items and professional dancers giving a demonstration "taster" of the evening to come. After the meal and show, a professional tango dance instructor will give live lessons to guests on the dance floor.

Herndon Rotary is the community's oldest and largest service club, active since 1939. In the last several years, the Club has worked with Rotary Clubs in Haiti to provide access to education, health care and clean water. Proceeds from the evening will go to ongoing community projects in Pignon, Haiti and to helping youth, improving schools and providing scholarships for students in the greater Herndon area.

For tickets, call Rudy at 703-478-2800 or go to www.herndonrotary-tango.com

workshop taught by artist Christine Lashley. In case of rain, the workshop will be held indoors at ArtSpace Herndon. \$190. www.ArtSpaceHerndon.org.

Hope Fellowship Church will temporarily be meeting at Woody's Golf Range, 11801 Leesburg Pike, Herndon. Sunday Worship Services for this new Southern Baptist church are at 10:45 a.m. The public is invited to join a growing Bible believing, multi-ethnic/multi-cultural congregation, with Bible-based sermons and uplifting music. 703-599-3527 or www.hopefellowshipchurchloudoun.org.

Knitters needed the first and third Wednesdays of the month, at 7 p.m., at **St. Timothy's Episcopal Church**, 432 Van Buren St., Herndon. The church's Shawl Ministry is offering free knitting instruction while providing shawls, blankets and other knitted items for people in need. No cost and yarn can be provided. E-mail shawl@saint-timothys.org or visit the Pastoral Care page at www.saint-timothys.org.

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- Thursday, 4/28/11: Willem Dicke 8:30pm-12:30am
- Friday, 4/29/11: Hall Vote 9:30pm-1:30am
- Saturday, 4/30/11: Oren Polak 9:30am-1:30pm

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The Madrigals Chorus performing at the Walt Disney Festival in Orlando. Madrigals received a Best in Class Award and a Gold Mickey Award.



PHOTOS BY MELANIE MILLER-CYLIKAS

Herndon High School's Chorus Department's Show Choir performing at the Walt Disney Festival in Orlando. The Choir took home a Best in Class Award.

Performing Magic at Disney World

The Herndon High School Choral and Guitar Departments recently went to Disney World in Orlando, Fla. to compete in the Walt Disney Festival from March 23-27. The Chorus Department Directors Dana and Jim Vanslyke, and Guitar Director Chris Cunningham, took 153 students and 20 adult chaperones to Orlando. The students' performances brought home many awards.

All five of Herndon's Choral Department's Choruses received Superior rating and the Concert Choir, Show Choir, Vocal Jazz Choir, and Madrigals

received Best in Class Awards. The Show Choir was awarded the overall Silver Mickey Award in the Specialty Choir Category. The Vocal Jazz Choir and Madrigals tied for the Gold Mickey Award in the Specialty Choir Category and Hannah Glass received the Outstanding Vocal Soloist Award for her solos in Vocal Jazz.

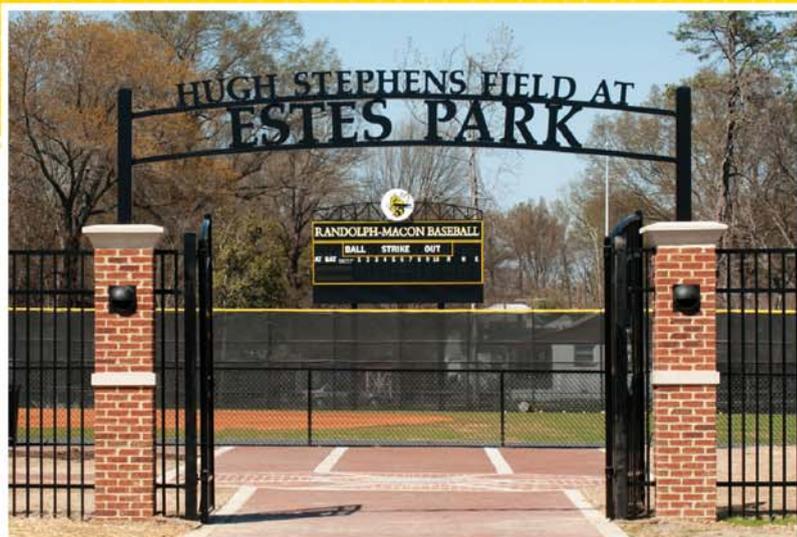
The Guitar Department also received honors. Guitar 3 received an Excellent rating and Guitar 4 received a Superior and Best in Class.

—AMIR NOORBAKSH



PHOTO BY DANA HAROLD

Herndon High Guitar students at Disney World for the Walt Disney Festival. Guitar 3 received an Excellent rating and Guitar 4 received a Superior and Best in Class.



EXTRAORDINARY THINGS ARE HAPPENING AT RANDOLPH-MACON COLLEGE!

RANDOLPH-MACON COLLEGE OPENS HUGH STEPHENS FIELD AT ESTES PARK

On April 9, 2011, Randolph-Macon College dedicated a new baseball stadium which features permanent grandstand seating, a new scoreboard and a 16-foot wall in left field—accompanied by architectural elements which were designed to complement the college's historic campus. The development of this stadium is another example of R-MC's commitment to its students and belief that their dedication to excellence deserves the same in return.



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Randolph-Macon College

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Being Creative at Herndon Elementary

Herndon Elementary School Lego Club members discuss and build creations based on weekly themes including mosaics, sculptures, animals, spacecrafts and much more. The students meet before school once a week.



PHOTO BY KELLY HORNE



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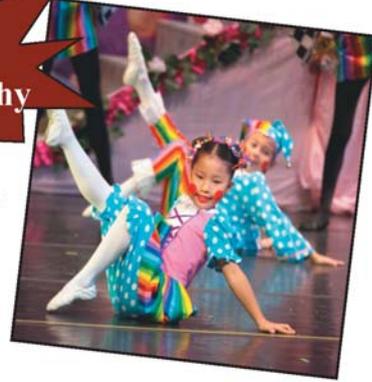
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Friday, April 22

Good Friday Service of Darkness - 7:30 pm

Sunday, April 24th

Easter Sunday

Services of Holy Communion to Celebrate Christ's Resurrection
7:00 am - 9:00 am - 11:00 am

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11:00 AM the Connection, Contemporary Worship Service
11:00 AM the Garden, Traditional Worship Service

other weekly services
5:30 PM Saturdays: Relax & Renew, Casual Worship Service
6:30 PM Wednesdays: Chapel, Prayer Service

Holy Week and Easter Services:
4/21-Maundy Thursday Tenebrae Service at 7:30pm
4/22-Good Friday Service at 7:30pm
4/23- Saturday Easter Vigil Service at 5:30pm
4/24- Easter Sunday Traditional Worship at 8:30 and 11am
Contemporary Worship at 11 a.m.

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HOME SALES

In March 2011, 55 homes sold between \$850,000-\$85,000 in the Herndon and Oak Hill area.

Address	BR	FB	HB	Postal	City	Sold Price	Type	Lot	AC	Subdivision
13265 MIDDLETON FARM LN	4	3	1		OAK HILL	\$850,000	Detached	0.22		MIDDLETON FARM
668 OLD HUNT WAY	4	2	2		HERNDON	\$685,000	Detached	0.36		OLD DRANESVILLE HUNT CLB
3170 KINROSS CIR	4	3	1		OAK HILL	\$679,900	Detached	0.20		CHANTILLY HIGHLANDS
134 PEARL ST	5	3	1		HERNDON	\$663,990	Detached	0.11		DARLINGTON OAKS
303 SENATE CT	5	3	1		HERNDON	\$630,000	Detached	0.10		PRESIDENTS COURT
904 MONROE ST	5	3	1		HERNDON	\$587,000	Detached	0.33		AZALEA WOODS
13152 BRYNWOOD CT	4	3	1		HERNDON	\$538,000	Detached	0.26		FRANKLIN FARM
13563 CEDAR RUN LN	4	3	1		OAK HILL	\$514,000	Townhouse	0.04		CREEKSIDE
13138 ROSE PETAL CIR	3	2	1		HERNDON	\$505,000	Townhouse	0.04		OAKMILL
13159 AUTUMN HILL LN	4	2	1		HERNDON	\$500,000	Detached	0.27		FRANKLIN FARM
12603 BAYOU DR	4	2	1		HERNDON	\$455,000	Detached	0.19		KINGSTON CHASE
3197 KINBRACE RD	4	3	0		HERNDON	\$440,000	Detached	0.24		CHANTILLY HIGHLANDS
2622 BASTIAN LN	4	2	1		HERNDON	\$405,000	Detached	0.26		FOX MILL ESTS
12726 BRADWELL RD	4	3	0		HERNDON	\$405,000	Detached	0.30		FOX MILL ESTS
2473 SUGAR MILL WAY	3	3	0		HERNDON	\$400,000	Townhouse	0.06		COPPERMILL
2421 FIELDCREEK DR	4	3	1		HERNDON	\$396,000	Townhouse	0.04		MCNAIR FARMS LANDBAY 12
2068 CAPSTONE CIR	3	2	2		HERNDON	\$390,000	Townhouse	0.05		ROCK HILL
503 ALABAMA DR	4	2	1		HERNDON	\$375,000	Detached	0.21		THE DOWNS
2539 BANSHIRE DR	3	2	1		HERNDON	\$375,000	Townhouse	0.04		WELLESLEY
400 CAVENDISH ST	4	2	1		HERNDON	\$360,000	Detached	0.35		HUNTERS CREEK
1617 NATHAN LN	3	2	1		HERNDON	\$356,000	Detached	0.22		KINGSTON CHASE
13392 BURROUGH FARM DR	3	2	1		HERNDON	\$350,000	Townhouse	0.04		MCNAIR FARMS LANDBAY
1334 GRANT ST	4	3	1		HERNDON	\$335,000	Detached	0.23		BARKER HILL
2523 JAMES MAURY DR	2	2	1		HERNDON	\$330,000	Townhouse	0.04		MCNAIR FARMS WEST
1351 ROCK CHAPEL RD	3	2	1		HERNDON	\$325,000	Detached	0.20		CRESTBROOK
2461 OLD SILO CT	2	2	1		HERNDON	\$325,000	Townhouse			MCNAIR FARMS LAND BAY 2
12665 WILLOW SPRING CT	3	2	0		HERNDON	\$320,000	Detached	0.30		HIDDENBROOK
2583 JAMES MADISON CIR	3	2	1		HERNDON	\$320,000	Townhouse	0.04		MCNAIR FARMS LANDBAY
2444 CORN CRIB CT	3	2	1		HERNDON	\$300,000	Townhouse	0.04		MCNAIR FARMS LAND BAY 2
1216 SUMMERFIELD DR	5	3	0		HERNDON	\$297,000	Detached	0.20		FOUR SEASONS
2427 DEW MEADOW CT	3	2	0		HERNDON	\$285,000	Townhouse	0.03		MCNAIR FARMS LAND BAY 2
13548 DAVINCI LN	3	2	1		OAK HILL	\$280,000	Townhouse			COPPERMINE CROSSING
12945 CENTRE PARK CIR #110	3	2	0		HERNDON	\$275,000	Garden 1-4 Floors			BRYSON AT WOODLAND PARK
712 FALL PL	4	2	0		HERNDON	\$263,000	Detached	0.20		FOUR SEASONS
1045 ELDER CT	3	3	1		HERNDON	\$257,000	Townhouse	0.04		POTOMAC FAIRWAYS
652 HERNDON PKWY	5	3	0		HERNDON	\$249,900	Detached	0.25		CHANDON WOODS
1402 SADLERS WELLS DR	3	2	0		HERNDON	\$245,500	Detached	0.21		HIDDENBROOK
13586 HIGHLAND MEWS CT	3	2	1		HERNDON	\$245,000	Townhouse	0.04		HIGHLAND MEWS
1435 BLUEMONT CT	4	3	1		HERNDON	\$235,000	Townhouse	0.03		BLUEMONT
1316 BAYSHIRE LN	3	2	0		HERNDON	\$230,000	Detached	0.23		BENICIA ESTATES
1060 NICKLAUS CT	3	3	1		HERNDON	\$224,500	Townhouse	0.04		POTOMAC FAIRWAYS
1018 SABER LN	3	2	2		HERNDON	\$200,000	Townhouse	0.03		CAVALIER PARK
1125 WHITEWATER PL	3	2	0		HERNDON	\$195,000	Townhouse	0.04		FOUR SEASONS REGIME
1014 SABER LN	3	3	1		HERNDON	\$190,500	Townhouse	0.03		CAVALIER PARK
13339 HUNGERFORD PL	3	1	2		HERNDON	\$190,000	Townhouse	0.03		REFLECTION LAKE
2189 MONAGHAN DR	3	1	1		HERNDON	\$184,900	Townhouse	0.03		REFLECTION LAKE
803 SYCAMORE CT	3	2	1		HERNDON	\$180,000	Townhouse	0.04		COURT'S OF CHANDON
1264 SPRINGTIDE PL	3	1	1		HERNDON	\$160,000	Townhouse	0.04		FOUR SEASONS REGIME
12945 CENTRE PARK CIR #207	1	1	0		HERNDON	\$160,000	Garden 1-4 Floors			BRYSON AT WOODLAND PARK
12915 ALTON SQ #209	1	1	0		HERNDON	\$155,000	Garden 1-4 Floors			WORLDGATE
12925 CENTRE PARK CIR #109	1	1	0		HERNDON	\$150,000	Garden 1-4 Floors			BRYSON AT WOODLAND PARK
2208 CHAMBLEE PL	3	1	1		HERNDON	\$140,100	Townhouse	0.03		REFLECTION LAKE
549 FLORIDA AVE #203	2	2	0		HERNDON	\$132,000	Garden 1-4 Floors			JEFFERSON MEWS
615 CENTER ST #201	2	1	1		HERNDON	\$125,000	Garden 1-4 Floors			LIFESTYLE
609 CENTER ST #T2	1	1	0		HERNDON	\$85,000	Garden 1-4 Floors			LIFESTYLE

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REAL ESTATE NOTES

Send announcements to herndon@connectionnewspapers.com. Deadline is Friday for the next week's paper.

Coldwell Banker Residential Brokerage in Reston has announced its sales associates, and teams who have earned the company's International President's awards. The winners include: Individual Achievements - President's Club

Bonnie Harrison, Shelley Lawrence, Alexis Norton, Suzanne Parisi, Deborah Pestronk and Vicky Robertson.

Group and Team Achievements - International President's Circle: The

Scoggin Home Team; President's Club - Lilyan Dickerson and Heather Watson.

Jim Weichert, founder and president of Weichert, Realtors®, has been selected for the Inman News list of the 100 Most Influential Real Estate Leaders for 2010. This year's selection is the fourth consecutive year that Weichert was honored with this distinction. Jim Weichert was recognized in the Brokerage category, which is reserved for company leaders who command the attention of real estate professionals through their words and actions. During his more than 40 years

of sales experience, Weichert has led the development of Weichert, Realtors from a single office in 1969 to one of the largest privately held real estate companies in the nation.

Bruce Green, regional vice president of announced Tahir Nisar of the Reston/Herndon office was recognized for industry success in December. A neighborhood specialist, Nisar led the region for resales. Weichert, Realtors experienced sales associates can be reached at Weichert's Reston/Herndon office, 703-264-0000, located at 1760 Reston Parkway #111.

OPEN HOUSE LISTINGS
Will Return after the Holidays



To add your Realtor represented Open House to these weekly listings, please call 703-778-9410

PHOTO GALLERY!
"Me and My Mom"

To honor Mom on Mother's Day, send us your favorite snapshots of you with your Mom and The Connection will publish them in our Mother's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail digital photos, send to: photoOH@connectionnewspapers.com

Or to mail photo prints, send to: The Oak Hill/Herndon Connection, "Me and My Mom Photo Gallery," 1606 King St., Alexandria, VA 22314

Photo prints will be returned to you if you include a stamped, self-addressed envelope, but please don't send us anything irreplaceable.

SPORTS

Seahawks' Baseball Stifles Fairfax, 5-2

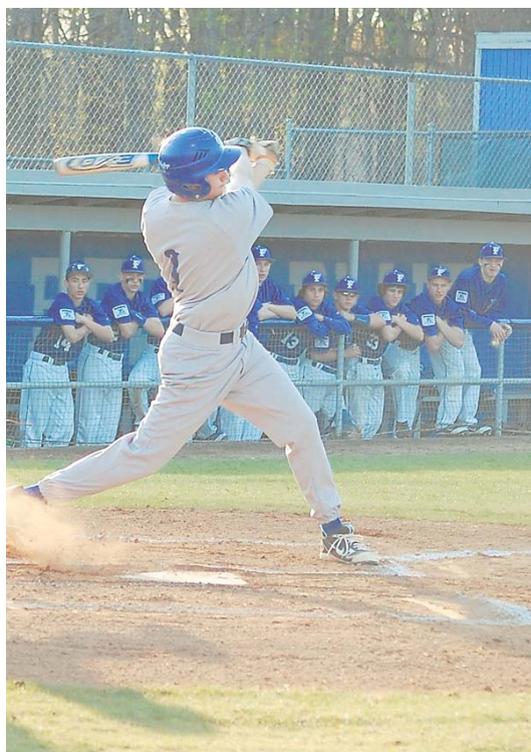
Pitcher Beck goes the distance for South Lakes.

A warm evening in Fairfax saw the visiting South Lakes High baseball team take down Fairfax High, 5-2, behind a complete game outing from winning pitcher John Beck and the nine-hit Seahawk hitting attack. The Liberty District game took place last Thursday, April 14.

The Seahawks scored twice in the first inning on RBI singles from right fielder Ryan Forrest and third baseman Will Sweet. The score remained 2-0 until the top of the fifth inning when center fielder Wilfredo Corps-Ortiz drove in teammate David Odlen on a sacrifice fly to deep right center field to make the score 3-0.

Fairfax came back and scored a single run in the bottom of the fifth inning. But the Seahawks answered with two insurance runs in the sixth, the highlight of the inning coming on a bases-loaded, two-run single to center field off the bat of Corps-Ortiz. The base knock scored pinch-runners Michael Francis (running for Austin Gibbons, who had singled) and Nathan Vellayan (running for Ausitn Schweppe, who had walked).

Fairfax managed a single run in the bottom of the sixth inning to get within 5-2. Following a scoreless Seahawk seventh,



PHOTOS BY CAREY MITCHELL

Wilfredo Corps-Ortiz comes up with a key base hit during the Seahawks Liberty District road win at Fairfax High last week.

Beck yielded a pair of leadoff singles in the bottom of the seventh before settling down. He coaxed an infield pop-up for the first out, than benefited from a slick 6-3 double play from shortstop JoJo Lear to end the game.

The Seahawks' offense was led by Corps-Ortiz (1 hit, 3 RBI) and first baseman Billy McLaughlin (2 hits, including a double, and



David Odlen of South Lakes puts down a bunt during the Seahawks' recent game versus Fairfax High.

a sacrifice fly).

Forrest and Sweet each contributed singles and had RBIs, and Odlen and Gibbons also added singles to complete the South Lakes attack.

Beck went the distance, scattering seven hits while striking out four and walking just one while throwing 79 pitches. He consis-

tently stayed ahead in the count, throwing a first-pitch strike to 21 of the 29 Fairfax batters he faced.

THE FOLLOWING DAY saw South Lakes lose a district road game at Langley, 9-5. On the cold, windy night in Great Falls, the Seahawks staked out a 4-0 lead, but Langley clawed back to win. After a scoreless first inning, the Seahawks came alive in the second inning behind two-run homers from both Nick Beaulac and Wilfredo Corps-Ortiz. Austin Schweppe, the South Lakes catcher, doubled and scored ahead of Beaulac and leftfielder David Odlen singled and scored ahead of Corps-Ortiz.

Langley, trailing 4-0, came back with two runs in the bottom of the second inning, then added four more runs in the fourth to take a 6-4 lead. Later, in the sixth, the Saxons scored three more times to go ahead 9-4 before South Lakes added a run in its last at-bats - the run crossing the plate on a Langley balk.

Corps-Ortiz (2 hits) led the Seahawks with his two-run homer to right center. Beaulac knocked his two-run shot over the left field fence.

Other offensive contributions in the six-hit Langley night came from first baseman Austin Gibbons (single), Schweppe (double), and Odlen.

South Lakes starting pitcher Will Sweet went the distance for the Seahawks, allowing nine hits over six innings with five strikeouts and no walks.

SPORTS ROUNDUPS

The Herndon High girls' softball team split a pair of Concorde District games last week, falling at Oakton, 6-2, on Monday, April 11, and then defeating visiting Robinson, 9-8, last Friday, April 15. The game versus Oakton was Herndon's first district outing of the spring season. Herndon, which had not played a game in nearly 10 days due to the rainy weather, jumped out to a 2-0 lead over the Cougars in the top of the first inning, the highlight at-bat coming on an RBI single from freshmen catcher Morgan Fries that scored teammate Sarah Kurtz, who had singled earlier in the inning.

Oakton broke out for three runs on five hits in the bottom of the third inning to go ahead 3-2. Meanwhile, following its two-run first inning, the Herndon bats were held at bay as a result of the fine pitching of Oakton's Allison Davis, a freshmen pitcher who earned the win. Davis went the dis-

tance (7 innings), allowing four hits and striking out 12. Madison's offense received two hits apiece from both Fries and Kurtz.

Oakton added an unearned run in the fourth inning to go ahead 4-2. In the sixth, Oakton got a two-run home run from sophomore Emily Krisanda to make the score 6-2. On the mound for Madison, Kurtz pitched well but took the loss.

Registration for the Spring 2 Session of Lil Sluggers Baseball and SoccerTots for the Greater D.C. area opened on Tuesday, April 5. Registration is on a first come, first served basis. The Spring 2 Session will begin the week of May 9-15 at Blue Box Sports' indoor locations in Chantilly, Falls Church, Greenbelt, Haymarket, Lansdowne, Manassas, and Tysons Corner. Online registration is available by visiting www.BlueBoxSports.com or by calling 703-953-1667. At this time, Lil Sluggers registrations can only be taken over the phone.

Blue Box will again offer the Grand Slam Discount for the Spring 2 Session. Children registered for both SoccerTots and Lil Sluggers this session are eligible to save up to \$33 for the 6-week program. Lil Sluggers classes fill quickly. The discount is only applicable over the phone. Blue Box Sports operates DC SoccerTots & Lil Sluggers Baseball early childhood development programs for ages 18 months-to- 6 years old in Northern Virginia, Maryland, and Washington, D.C.

The Run for the Children, a 10K Race and 3K Run/Walk hosted by Fairfax Court Appointed Special Advocates (CASA) and made possible through a generous partnership grant from Verizon and other local corporations, will take place on April 30 in historic Fairfax City. This is Fairfax CASA's first community awareness event. Participants will start from the Fairfax County court house complex in a symbolic nod to the CASA volunteers who advocate for abused and

neglected children under the court's protection. For more information on the race and CASA, visit www.fairfaxrunforthechildren.com.

The following is the Baseball Top 10 Northern Region Coach's Poll for the week of April 11. The top 10 is as follows: 1. South County; 2. Westfield; 3. Lake Braddock; 4. WT Woodson; 5. Stone Bridge; 6. Madison; 7. Oakton; 8. West Springfield; 9. McLean; 10. Marshall and Hayfield (tied). Other teams receiving votes: Chantilly and Yorktown.

Physical Education supervisors representing 27 Fairfax County schools gathered at Lanier Middle School in Fairfax on April 12 and received cricket sets donated by the United States Youth Cricket Association (<http://usyca.org>). The donation comes as a result of the USYCA Schools Program, which will donate cricket sets to over 1,000 schools in the United States this year.

Our Daily Bread, Inc., a Fairfax-based non-profit organization, invites golf enthusiasts of all skill levels to enjoy a great afternoon of golf to help struggling families in the Fairfax County area of Virginia. Our Daily Bread's Charity Golf Tournament is scheduled for Monday, May 16 at the South Riding Golf Club (43237 Golf View Drive, South Riding). Registration and lunch begin at noon, with a shotgun start at 1 p.m. Individual players and teams are invited to register. A \$130 registration fee includes lunch, full round of golf, driving range, golf cart, beverages, raffles, silent auction, dinner and prizes. Our Daily Bread continues to seek sponsors for the event as well as donations of silent auction and raffle items. For information on registration, sponsorship and donating goods, visit www.our-daily-bread.org, call 703-273-8829 or e-mail Diane Hill at develop@ODBfairfax.org.

Stage IV Lung Cancer Notwithstanding



By KENNETH B. LOURIE

Generally speaking, given my less than ideal health circumstances; my tolerance, my patience and my willingness to accommodate and/or understand alternative (not mine originally) points of view, opinions and/or actions is pretty much at an all-time low. Not that it's a conscious decision, although I am mostly conscious when I'm making it, it's more that, to quote Curly Howard from The Three Stooges: "I'm a victim of soycumstance," and I really can't help myself, sort of.

I imagine the feeling is similar to what soldiers, emergency responders, medical professionals, etc., experience when under stress: they focus and act on their training. However, I don't have any training – as a terminal cancer patient, that is. As such, I'm not exactly sure how to live my life, what's left of it, now that so much of what I thought remained has been remaindered. I guess what I've done then, is fall back on instinct, some of which I can control and some of which is a kind of emotional/personality reflex-type action. Reactions just sort of happen; I care, I don't care; I never really know in advance until the situation/conversation presents itself.

One recurring situation that is agitating me of late is excessive courtesy. And by excessive courtesy, I don't mean the simple "Please," "Thank you" or "Excuse me," one hopefully encounters throughout their day. No, my problem, my overreaction comes from customer servers expressing over-the-top gratitude and appreciation and empathy and offers of assistance – from my bank, my cable provider, my phone service, credit card issuer, even the M.V.A. Enough already! Too much of a good thing is still too much. I don't need all this emotional reinforcement. I'm OK, really. Just answer my question and stop with all the hand-holding (figuratively and euphemistically speaking).

Don't get me wrong. I want to – and deserve to – be treated like an adult, respectfully and courteously, but this recent depth of concern – for lack of a better word, is too intrusive, almost. I'm not that needy. I'm not that sensitive. I'm not that mad or distressed about any of it until – you're so busy caring and concerning yourself with my overall satisfaction/feeling about the exchange, that you're wasting my time (which, returning to my original point, I may not have a lot left of), rather than simply and efficiently answering my question and addressing or acknowledging my concern. Don't say you understand, understand! Don't tell me how glad you are to help, help! Do your job, politely of course, but stop trying to anticipate my angst about the process, just move the process forward to a logical and reasonable conclusion. I don't want to die waiting for an answer – or worse, a supervisor.

If I had to guess where this overreaching level of courtesy/willingness to serve a customer comes from, I would blame the "politically-corrected" world in which many of us inhabit. Not only can you not look at anybody cross-eyed (figuratively speaking), you can barely straight-talk anybody about a myriad of subjects – both personal and professional, without fear of reprisal or worse, a lawsuit. You're better off being safe (avoiding the subject/discussion altogether) rather than being sorry. "Sorry" will likely cost you your job or your reputation, and maybe even your cash reserves.

I don't want anybody bending over backwards for me. I would rather they just look me in the eye and speak to me directly. I realize my perspective may be a little skewed, but I hope I've made my point. And I'm not sorry if I haven't, and I don't need further assistance and I'm not interested in whether I've addressed all your needs, and I definitely don't want to wait to complete an automated questionnaire about the experience.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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- Zone 3:** The Alexandria Gazette Packet
The Mount Vernon Gazette
- Zone 4:** Centre View North
Centre View South
- Zone 5:** The Potomac Almanac
- Zone 6:** The Arlington Connection
The Vienna/Oakton Connection
The McLean Connection
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Community News Freelance Opportunity

The Connection Newspapers is looking for one or two writers to cover one or two news stories a week. Work with award-winning editor. On-the-beat training, nominal pay per story. Please send resume, letter of interest to Kemal Kurspahic, kemal@connectionnewspapers.com.



Summer Web Internships Available

Educational internships available for enthusiastic college students to join our new website launch team. This is an exciting opportunity to help develop content and sections for our new website, due to launch in late spring. Throughout the summer, we'll be adding specifics to our entertainment and events sections, creating special projects and content, and exploring new media. Internships are unpaid, but offer an unusual chance to work with award-winning editors while developing first-rate online presence. Internships require a commitment of at least six weeks, 16-40 hours a week. Please e-mail a statement of interest and a resume to internship@connectionnewspapers.com.



21 Announcements

ABC LICENSE
BRBTH, LLC trading as Be Right Burgers, 1820 Discovery Street, Reston, VA 20190. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Beer on and off Premises license to sell or manufacture alcoholic beverages. Ali Azima, Owner

ABC LICENSE
Toan Vu, trading as Reston Mercado, LLC, 1611 Washington Plaza N., Reston, VA 20190. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL for a Wine and Beer off Premises license to sell or manufacture alcoholic beverages. Tuan Vu, owner

26 Antiques

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks. Schefer Antiques @ 703-241-0790. Email: theschefer@cox.net

28 Yard Sales

Apt sale, entire contents must go! furn and misc. 4/23 & 4/24, 9-4pm, Harbor Park Apts. Building 11402 Esplanade Unit 120

When spider webs unite, they can tie up a lion.
-Ethiopian Proverb

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The full print editions of all 18 Connection Newspapers are now available on our Web Site in PDF format, page by page, identical to our weekly newsprint editions, including print advertising. Go to www.ConnectionNewspapers.com and click on "Print Editions."



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Police Charge Burglary Suspect in Reston

Officers arrested a 39-year-old Sterling man and are investigating whether or not he may be linked to a series of more than 30 burglaries that occurred primarily in the Reston area over the past year. The man was charged with two counts of burglary and two counts of grand larceny after police observed him on North Shore Drive in Reston around 10 p.m. on Wednesday, April 13. He was suspected of breaking into a home in the 11300 block of Fairway Court earlier that evening.

In addition to the Reston area, burglaries that may be associated with the suspect also took place in Loudoun County and the following police district locations across Fairfax County: Sully, Fair Oaks, Mason and McLean. The suspect in these incidents typically struck during the early evening hours when homes were unoccupied and dark. Jewels and cash were the primary items targeted.

Anyone with information is asked to contact Crime Solvers by phone at 1-866-411-TIPS/8477, e-mail at www.fairfaxcrimesolvers.org or text "TIP187" plus your message to CRIMES/274637 or call Fairfax County Police at 703-691-2131.

Empty Bowls Set for April 29

The Empty Bowls fundraiser hosted by the Giving Circle of HOPE will take place Friday, April 29, from 5:30 to 8:30 p.m. at St. John Neumann Catholic Church, 11900 Lawyers Road.

The minimum donation of \$20 includes meal and a handcrafted bowl. All the proceeds raised are donated to Food for Others, the largest distributor of free food to the hungry in Northern Virginia.

Local potters have agreed to give of their talents and make ceramic soup bowls. Many of local businesses will offer soups, breads and pastries. There will be local musicians who will give of their time and talent to create a festive atmosphere.

Order tickets by contacting emptybowls@givingcircleofhope.org or calling 703-608-2231

Volunteers to Clear Area for Earth Day

A group of volunteers from Verisign, Inc. will be celebrating Earth Day 2011 by helping to clear a natural area along the restored stream in Reston Monday, April 25 from 1 to 4 p.m. at the stream and open space near Beacon Tree Lake Drive

Approximately 15-20 employees from Verisign, Inc. Dulles, Va. headquarters will work on a portion of the stream near the Cedar Ridge Apartment complex. This is part of an ongoing effort to maintain the restored stream, thus protecting wildlife habitats and improving the forest floor.

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NEWS

The Search Is On

New reality show seeks top military talent.

The CW network, home to shows such as the Vampire Diaries, Gossip Girl, 90210 and One Tree Hill, is set to launch The Making of a Star, a new performance reality competition series from 5 Streams Global Entertainment that will kick off its nationwide eight-city audition tour April 28 in Washington.

In remembrance of the 10-year anniversary of the 9/11 attacks, the first season will be a salute to America's military. Auditions will be open exclusively to U.S. veterans and military personnel and held at American Legion Posts across the country. Historic American Legion Post 24 in Alexandria is the site of the Washington area contestant auditions.

Hosted by Grammy Award-winning singer and producer Donnie McClurkin, the series will film in New York City and premiere in July for 10 consecutive weeks. The winner will be chosen from among the finalists during a live-telecast finale in September aboard the USS Intrepid.



COURTESY PHOTO

Grammy-award winning Donnie McClurkin is set to host The Making of a Star, which will kick off nationwide auditions April 28 in Alexandria.

In addition to Washington, auditions will be held in Charlotte, N.C., Atlanta, New York, Chicago, Detroit, Los Angeles and Dallas. The competition is not limited to singers. Musicians, dancers, actors, jugglers, acrobats and comedians as well as other talents are invited to participate.

For additional requirements and audition registration information, visit www.makingofastartv.com and www.legion.org. (Note: The Washington area audition date has changed from April 27 to 28 and is not yet reflected on the website).

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